

1981

1981 Media Guide

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George Fox College BRUINS



1981
Track
Media Guide

FINGERTIP FACTS

College Location Newberg, Ore. (10,000 pop.)
Founded 1891
Denomination Affiliation Friends (Quaker)
Enrollment 734
College President Dr. David Le Shana
Athletic Director Sam Willard
Track and Cross-Country Coach Rich Allen
Sports Information Director Barry Hubbell

HOW TO REACH US . . .

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Women's Basketball/Volleyball Coach Jan Barlow ext. 253
Home 538-6493
Women's Athletic Coordinator Marge Weesner ext. 251
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Women's Track Coach Randy Winston ext. 249
Home 538-3798
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COVERING THE BRUINS

George Fox College appreciates the cooperation it has shared with the news media. This book has been prepared as a service for area newspaper, radio and television stations, and wire services.

All requests for information, statistics, photographs, and press passes should be directed to Barry Hubbell, Sports Information Director, George Fox College, Newberg, Oregon 97132. Office phone: (503) 538-8383, ext. 224 or 255. Home phone: (503) 538-4332. Athletic Department phone: (503) 538-8383, ext. 250.



NEWBERG, OREGON 97132

HOW IT LOOKS FOR 1981

Two years ago George Fox College literally ran away with the NAIA District 2 track title, with the Bruins claiming the crown by the largest margin (79½ points) ever. Last year it was a repeat—another win, but by a closer 21-point margin. Those back-to-back victories were preceded by two runner-up showings.

How good are the Bruins this season? Are they still in control?

Veteran coach Rich Allen's not yet ready to concede the title, but he does admit to a little less optimism. For one thing there's the numbers. A slightly smaller crew this year—22 rather than 27—and half of last year's team is gone, replaced by newcomers.

And there have been some heavy losses via the graduation of some top people with firsts in the district last year: Monte Anders in the 400, Steve Stuart in the 1,500, Charlie Keeran in the discus.

"I'm even more cautious than usual," says Allen. "We've got some unproven people who will have to come through."

He adds: "If we're in the top, every person will have to really compete very well and do the best possible in everything."

Allen sees for the Bruins in district perhaps fewer firsts, but more backup finishes and picking up points at lower levels.

But don't count the Bruins out. Returning are five competitors who have been at the NAIA nationals: Steve Curtis in the hammer; Mark Reynolds in the 400 relay and hurdles; Rick Frisk, a semifinalist in the intermediate hurdles; Wendell Otto in the 1,500 and Scott Celley in cross-country.

Then there's Owen James, whose incoming high school mark of 6-10 in the high jump is better than the existing GFC record of 6-7 and just one-fourth inch less than the district record.

Here's Allen's quick rundown: same in the vault; middle distances should be solid; Curtis in the hammer is even better; down in the discus and shot; solid in the hurdles; looking good in the 400; improved in the high jump; sprints the same.

"We're not going to give anything up," says Allen. "We have some definite goals and a very positive attitude—one of hard work, great cooperation, and a particular closeness."

"Overall I guess it's a feeling of optimism, despite knowing we have some definite hurdles," Allen says. "We expect to compete at the highest level."

And the Bruins have an advantage for the first time ever—with their new all-weather track they'll be hosting the NAIA District 2 track championships May 8-9.

Much of the Bruins' hope is in a quartet of runners, jumpers, and throwers. Probably the Bruins' top contender for national recognition is senior Wendell Otto. He holds the GFC record in the 800 at 1:52.7, and in the 1,500 at 3:49.7, both set in 1979, when he was district champ in both. The 1,500 clocking is equivalent to the district record. "Wendell has a real, honest chance to place in the national meet in the 1,500," says Allen.

Newberg senior Mark Reynolds is high on Allen's list. "One of the best sprint men in the district," is his assessment. He holds the GFC record in the 110 meter high hurdles at 14.6. A year ago he compiled more points for the Bruins (73¼) than any other person during the season.

Junior Steve Curtis, Monmouth, returns to defend his district hammer title from last spring, when he had a career best of 156-11 to win the crown. He finished 11th in the nation in the NAIA nationals.

Although only a sophomore, Rick Frisk, Entiat, Wash., already is being noted. He went to the semifinals in the NAIA nationals last spring in the 400 meter hurdles as a freshman after a second place in the district at 53.3.

THE BRUINS—AS INDIVIDUALS

BRIAN BARKDULL

A basketball forward for the Bruins, Barkdull tries collegiate track for the first time. He has good high school credentials with a 6-5 high jump that gave him district champion honors and a third-place finish in Idaho. Born 11-25-57. A business major.

ALLEN ADDS: "Brian's not jumped for awhile, so it will take some time to get the techniques and confidence back, but he is a hard worker and has fine leaping ability"



SCOTT CELLEY

After missing last season with a knee problem, Celley is back trying to reclaim honors that included fifth in the district in the 1,500 as a freshman with a 3:57.8 time. He also was fifth in the steeplechase at 9:26.8. He has a best of 15:27.4 in the 5,000, and 32:23.2 in the 10,000. Also a cross-country runner two seasons, including all-district honors and Most Valuable for GFC. Is a tri-captain this season and was Most Inspirational as a freshman. Born 9-4-60. An interdisciplinary major. Name pronunciation: "See-ly"

ALLEN ADDS: "His knee could be a problem; however Scott is a smart runner and able to make up a late start through his intelligence"



STEVE CURTIS

The district's champion hammer thrower returns. Curtis last spring threw a career best of 156-11 to win the district. Finished 11th in the nation in the NAIA nationals. Also has collegiate best of 134-4 in the discus and 41-2 in the shot. Was named Most Improved his freshman year. Born 7-28-59. A PE (Sports Medicine) major.

ALLEN ADDS: "Steve's back, and stronger; he's making rapid technique progress in his events; he's competed on the national level and is likely to repeat"



DAVE DRIESNER

Dave joins older brother Mark as a track Bruin. Has a best of 52.8 in the 400 last spring, finishing eighth in Oregon A high school competition. Born 1-15-62. A biology major. Name pronunciation: "Dreez-ner"

ALLEN ADDS: "Dave is a young man who is just developing and maturing; he works hard and I expect him to be a real asset"



MARK DRIESNER

Perhaps the "Hard Luck Bruin" on the squad, Driesner is again scheduled for the 400 meter distance. He has a best of 50.5 in one leg of the mile relay with the Bruins as a freshman. Since then he's had a severely broken leg and back surgery, missing two seasons. As a frosh he was on the district champion 1,600 meter team. Before his injuries, one of the best Bruins in the 400. Born 9-13-58. A chemistry major. Name pronunciation: "Dreez-ner."

ALLEN ADDS: "Mark's looking like he did before his injuries; I expect good things this year—if his body holds together"



RICK FRISK

One of the best of the Bruins. Went to the NAIA national semifinals in the 400 meter hurdles last spring as a freshman after a second place in the district at 53.3. Helped set a new GFC record in the 1,600 meter relay at 3:18.1 and helped the Bruins win the event in the district at 3:19.14. Helped the Bruins to fifth in the district in the 400 m. relay. Has a 120 high hurdle best of 15.1. Was second in season point production for the Bruins a year ago. His showing backed a high school career that included Washington State A champion in both low and high hurdles. Was his school's Male Athlete of the Year. Born 6-10-61. A business-economics major.

ALLEN ADDS: "Rick's a proven hurdler and one of the best in the district; as his techniques improve, his time continues to improve; a great competitor"



BRENT HEYDEL

A pole vaulter, Heydel has a best of 13-0, an effort that ranked him fifth in the district a year ago as a freshman. Born 5-5-61. A business major. Name pronunciation: "Hi-dell"

ALLEN ADDS: "Brent's picking up where he left off and he's improved and will continue to do so"



SKIP HOLCOMBE

A freshman in eligibility after transferring (Oral Roberts) and time in the service, Holcombe will be a distance (1,500 and up) runner. Born 6-1-55. A religion major.

ALLEN ADDS: "Skip is working with our distance runners, still in the process of determining in what event he may be best"



STEVEN HUISENGA

A weights participant, Huisenga is a transfer to the Bruins from Lane Community College, where he had a discus best of 129 and a hammer best of 132 a year ago. He'll compete in those, and also the javelin, for the Bruins. Probably best in the hammer, Huisenga was bothered by a groin injury winter term, slowing workouts. Born 11-16-56. A business-economics major. Name Pronunciation: "Who-zen-gay"

ALLEN ADDS: "Steve's skill looks good and I expect him to make a solid contribution to the throwing crew"

OWEN JAMES

A super high jumper, James has a best of 6-10 in high school last spring; the GFC school record is 6-7, the district's 6-10¼. His efforts set a school and meet record, and he was the state AA champion in the event. He also has a 53.1 time in the 400 and a 50.1 split in the mile relay, along with a 174 foot javelin throw, seventh in Oregon last spring in the AA level. Born 3-11-62. A P.E. major.

ALLEN ADDS: "Owen's a gifted high jumper and a good athlete; we're expecting much"

ROGER MILLER

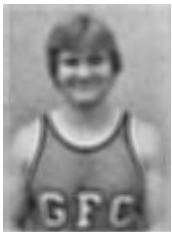
A potential helper in the discus and the shot, Miller has a 109-2 best in the hammer, and a 123-4 in the discus a year ago, although he tossed the discus 139-11½ in high school. Born 10-2-61. A social studies teaching major.

ALLEN ADDS: "Roger's making regular progress in throwing, although not as fast as he'd like; we're trying to channel his quickness, and I expect him to do well"

WENDELL OTTO

Probably the Bruins' top contender for national recognition and one of the best athletes on the team. He holds the GFC record in the 800 at 1:52.7 and in the 1,500 at 3:49.7, both set in 1979 when he was district champ in both. The 1,500 timing is equivalent to the District record. Last spring he was third in the 1,500 at 3:52.75 and fourth in the steeplechase in the district at 9:22.5. The versatile athlete also can triple jump 45 feet and high jump 6-4. He's been a four-year cross-country runner for GFC. A tri-team captain. Born 10-17-59. A P.E. major.

ALLEN ADDS: "Wendell can do almost everything and he has a real honest chance to place at the national meet in the 1,500. He is becoming more consistent and dedicated to go along with his natural ability"



TOM PAUGSTAT

A motivated walk-on, Paugstat is being tried in the decathlon. A transfer (Westmont) without collegiate track experience, he also may enter some individual events as the season progresses. Born 10-6-59. A math major. Name pronunciation: "Pog-stat"

ALLEN ADDS: "Tom is totally unproven to us but is picking things up well with a good skill level in a number of events"

KEITH PEARSON

Pearson was second in the district in the 800 meters last spring, at 1:54.6, just seven tenths of a second from the championship in his first year of collegiate competition. A State A champion in high school in the mile and 880, Pearson will compete for the Bruins in the 1,500, 5,000, and the steeplechase. Named Most Improved last season. Born 6-18-58. A literature major.

ALLEN ADDS: "Keith's running the best I've seen him run; I expect to see him improve over last year because of his confidence"

MARK REYNOLDS

One of the best sprint men in the district, Reynolds holds the GFC record in the 110 m. high hurdles at 14.5 and shares in the 400 relay record (41.4). A year ago he compiled more points for the Bruins (73¼) than any other person during the season. He was second in the district in the long jump at 21-9, he was third in the 200 meters at 22.1 and fifth in the 110 high hurdles at 15.0. He has clocked 10.8 in the 100. The versatile athlete led the team in five events, including the triple jump at 43-10. He was named the teams' MVP last season. Born 11-8-59. A P.E. major.

ALLEN ADDS: "Mark is as much, if not more, pure athlete than anyone we have; he has so much ability it's hard to eliminate some things to have him concentrate"

TED SHERMAN

Another younger brother who joins an older brother (Tim) with the Bruins. While Tim is a sprinter, Ted is a pole vaulter, coming to collegiate competition with a best of 11-6 in high school. Born 1-19-62. A P.E. major.

ALLEN ADDS: "Ted is very unproven to us in the vault, but he's making improvement every practice and could score at district"



TIM SHERMAN

With best times of 11.0 in the 100 meters and 22.5 in the 200, both recorded last spring, Sherman will see action in those distances and also in both relays. He was sixth in the district last spring in both distances. A two-sport man, he was captain of the Bruins soccer squad for two seasons (including last fall) and this year is also team tri-captain for track. Born 12-5-57. A P.E. teaching major.

ALLEN ADDS: "If Tim can avoid the injuries of the last several years, he should place higher in the district than last; he's running very well"

DUANE SMILEY

Returning to the Bruins after a year's absence, Smiley will compete in the 1,500, 5,000, and the 10,000. Born 9-27-59. Christian Ministries major.

ALLEN ADDS: "Duane joins just spring term, so the physical condition he brings will play a great part in his success this year, but he's working out well"

NOLAN SMITH

Versatility is developing for Smith, who last spring was sixth in the district in the hammer at 139-9, his best so far. Also triple jumped 43-6 a year ago and again this winter indoors. Will be long remembered for a third place in the district in the 10,000 walk in 1979 after only five days of practice and his first walk ever. Born 12-30-59. A history/pre-law major.

ALLEN ADDS: "Nolan is more versatile than we first realized; he's an extremely hard worker who can do many things and has good basic skills"

TOM VAN WINKLE

A runner and jumper, Van Winkle last spring helped establish a new GFC record in the 1,600 meter relay at 3:18.1 on a team that won the district title. He was fourth in the district in the 400 distance at 49.7. He has a best of 1:57.5 in the 800 meters and has long jumped 20-7. Born 1-25-60. A math education major.

ALLEN ADDS: "If Tom's knee is OK, he could be another in a long line of excellent 400 runners for us. He's a very intelligent young man and that seems to be helping him recover from his injury"



DAVE WILKINSON

The triple jump is Wilkinson's best event. He has a best of 44-6. But he's versatile. Last spring he was eighth in the district in the 10,000 m. walk at 60:50 and was eighth in the decathlon with 5,005 points. Born 2-22-60. A P.E./Education/Art major.

ALLEN ADDS: "The triple jump is Dave's best event, but he may be tried in others; it depends on his knee (surgery after cross-country)"

JACK WINTER

The Bruins' marathon man, Winter will specialize in that event. Last spring he was fourth in the district at 2:50.27. Also a cross-country runner. He was seventh a year ago in the 10,000 walk at 59:49. Born 6-1-54. A P.E. teaching major.

ALLEN ADDS: "Jack has good endurance, and is developing greater confidence; he is very self-disciplined"



GEORGE FOX COLLEGE 1981 TRACK ROSTER



Standing: (left to right): Coach Rich Allen, Dave Driesner, Steve Huisenga, Nolan Smith, Wendell Otto, Steve Curtis, Dave Wilkinson, Brian Barkdull, Scott Celley, Mike Brewer (no longer on team), Duane Smiley, Owen James, Tom Paugstat, Mark Driesner, Keith Pearson, Brent Heydel, Earl Flemming (no longer on team), Asst. Coaches Charlie Keeran, Chad Neeley. Front: Tim Sherman, Mark Reynolds, Rick Frisk, Jack Winter, Tom Van Winkle, Roger Miller, Ted Sherman, Skip Holcombe.

Name	Ht.	Wt.	Yr.	Hometown	Event	Name	Ht.	Wt.	Yr.	Hometown	Event
Brian Barkdull	6-4	175	Fr.	Boise, Idaho	high jump	Wendell Otto	5-10	140	Sr.	Portland, Ore.	800, 1,500, 5,000, steeplechase
Mike Brewer	6-5	180	Sr.	Ft. Wayne, Ind.	400, 1,500	Tom Paugstat	6-0	170	Fr.	Klamath Falls, Ore.	decathlon
Scott Celley	6-1	150	So.	Canby, Ore.	1,500 m up	Keith Pearson	6-0	145	Jr.	Santa Ana, Calif.	800, 1,500, 5,000, steeplechase
Steve Curtis	6-5	225	Jr.	Monmouth, Ore.	hammer, discus, shot	Leonard Renfer	5-9	155	So.	Grants, Pass, Ore.	long jump mile relay, 400
Dave Driesner	6-2	165	Fr.	Tigard, Ore.	400 m, 1,600 relay	Mark Reynolds	5-8	165	Sr.	Newberg, Ore.	hurdles, 100, 200, long jump, relays, decathlon
Mark Driesner	6-1	155	So.	Tigard, Ore.	400 m, 1,600 relay	Ted Sherman	5-8	145	Fr.	San Jose, Calif.	pole vault
Earl Flemming	6-0	175	Sr.	Indianapolis, Ind.	sprints, long jump	Tim Sherman	5-7	140	Sr.	San Jose, Calif.	100, 200, relays
Rick Frisk	6-0	170	So.	Entiat, Wash.	sprints, hurdles, relays	Duane Smiley	6-1	145	Jr.	Portland, Ore.	1,500 and up
Brent Heydel	6-2	185	So.	Milwaukie, Ore.	pole vault	Nolan Smith	6-2	180	Jr.	Battle Ground, Wash.	triple jump, 1,600 relay
Skip Holcombe	5-10	150	Fr.	Tigard, Ore.	800, 1,500 m	Tom Van Winkle	5-8	140	Jr.	Gladstone, Ore.	400 m, 1,600 relay, long jump, decathlon
Steve Huisenga	5-9	190	Jr.	Swishhome, Ore.	hammer, discus, javelin	Dave Wilkinson	5-10	155	Jr.	Lebanon, Ore.	triple jump
Owen James	6-3	175	Fr.	Tillamook, Ore.	high jump, javelin, 1,600 relay	Jack Winter	5-7	125	Sr.	Canyonville, Ore.	marathon
Roger Miller	5-9	180	So.	Lebanon, Ore.	shot, discus						

COACH RICH ALLEN

Rich Allen, for the last three years NAIA District 2 Track Coach of the Year, is in his 12th season with the Bruins, and it's been an era of success for George Fox College.

From his start in the 1970 season Allen has built up a track program that is perhaps the best among Northwest small colleges. In his career at George Fox, Allen has produced 21 national competitors in the NAIA—6 who have won All-American designation. Two of his thinclads have been named District 2 Athlete of the Year.

For the last two seasons Allen has guided his Bruins to the District 2 championship after two runner-up positions the previous two years. Two years ago the Bruins won by the largest margin ever for a district team, compiling 201½ points, besting the second-place finisher by 79½. Last year the Bruins retained their title with a 21-point margin.

In 1978 Allen was named District Coach of the Year for all sports, to go along with Cross-country and Track Coach of the Year designation. In Cross-country Allen guided the Bruins to the district title in 1977, to third places the following two seasons, and fifth last fall.

In his GFC career Allen, associate professor of physical education, served seven seasons as assistant basketball coach, helping Lorin Miller establish the Bruins as a strong Northwest contender in the sport—going to the district playoffs six of those seven years.

A 1960 graduate of Seattle Pacific, Allen, 42, began his teaching and coaching in Seattle public schools, where he stayed two years before moving to Salem (Ore.) Academy, where at various times he served as athletic director and head football and basketball coach. He was track coach during his five-year span and at the same time found time to earn a master's degree from the University of Oregon, received in 1968.

Allen and his wife Flora, a member of the George Fox home economics faculty, are members of the Newberg Free Methodist Church. They have two sons, Mike 16 and Gregg 15.



ASSISTANT COACHES

Chad Neely rejoins the Bruins, this time on the coaching level, after one of the most successful careers ever for the track Bruins. Neeley was an NAIA All-American in 1978, finishing second in the nation in the hurdles at 52.34. He was the NAIA District 2 champion in the 400 meters two consecutive years as a junior and senior. In 1977 he was the district's decathlon champion. His hurdles time is still the Bruin school record and he shares in the school's 400 meter relay record. He was the team's MVP three consecutive years. Now he's in construction work in the area, as well as coaching.

Charlie Keeran remains with the Bruins for another season, this time as a coach after last year as a senior (in eligibility) setting a new GFC record in the discus at 168-6, finishing ninth in the nation. He set that in the NAIA nationals after two weeks earlier winning the district with a lifetime best of 165. A year before he missed the district title by one inch. He's continuing his college studies this year, in addition to coaching.

ABOUT GEORGE FOX COLLEGE

George Fox College is the outgrowth of a desire by early Willamette Valley Quaker settlers who established Pacific Academy in 1885 for the Christian education of their children. The college division was organized in 1891 to provide more advanced instruction for students. In 1949, because of the many colleges in the Northwest with Pacific in their name, the college was renamed George Fox in honor of the founder of the Friends (Quaker) Church. The college is governed by a 42-member Board of Trustees elected by Northwest Yearly Meeting of Friends Church, which comprises more than 8,500 members in 56 churches in Oregon, Washington, and Idaho.

Today the 60-acre rural, tree-shaded campus a half-hour drive from Portland is undergoing a major expansion with eight new buildings completed in the last four years with total investment of nearly \$7 million. The new facilities include a \$2.7 million sports complex, an \$800,000 academic building, two new residence halls in a \$1.25 million project, a \$1.3 million fine arts/religion center, a \$170,000 television center, and a \$520,000 dining commons/student center expansion. A new \$100,000 all-weather track was completed last spring, and a \$320,000 residence hall this fall. A new athletic field complex, including baseball field, two softball fields, soccer field, and archery range, is being readied.

College enrollment is at a record 750. The college has grown for eight consecutive years, increasing by 75 percent in that span.

Accredited by the Northwest Association of Secondary and Higher Schools, the college offers 20 majors in six divisions: Education, Fine and Applied Arts, Language Arts, Natural Science, Religion, and Social Science. George Fox is one of 13 members of the national Christian College Consortium. The college has a student-faculty ratio of 16/1, with about 55 percent of faculty members having doctorates.

George Fox students come from 23 states and 5 foreign countries. Nearly 40 religious denominations are represented on campus.

Alumni of George Fox are primarily in service-oriented vocations of Christian ministries, education, social work, and medical fields. The college's most prominent alumnus is the late President Herbert Hoover, who attended Pacific Academy.

NAIA DISTRICT 2

George Fox College men's athletic teams compete in District 2 of the National Association of Intercollegiate Athletics (NAIA). Nineteen teams currently make up the district, all but six within the state of Oregon. They include the four members of the Northwest Conference, four members of the former Evergreen Conference, and 11 independent schools, including George Fox.

Members of NAIA District 2 are Brigham Young—Hawaii, Chaminade University, College of Idaho, Columbia Christian, Concordia College, Eastern Oregon State, George Fox, Hawaii Pacific College, Lewis and Clark, Linfield, Northwest Nazarene, Oregon College of Education, Oregon Institute of Technology, Pacific, Southern Oregon, University of Hawaii—Hilo, Warner Pacific, Western Baptist, and Willamette.

GFC ATHLETICS

Intercollegiate athletics is an integral part of the overall education program at George Fox. Men's varsity athletic teams represent the college in baseball, basketball, track, soccer, and cross-country.

George Fox College competes as an independent on the varsity level. Its schedules are coordinated with the Northwest Conference and with other independents in the Northwest. George Fox is a member of the National Association of Intercollegiate Athletics (NAIA), District 2.

Women students compete in volleyball, cross-country, basketball, tennis, track, and softball. The college is a member of the Women's Conference of Independent Colleges and the Northwest College Women's Sports Association.

For students not participating in the varsity program, GFC has a complete intramural program including flag football, basketball, volleyball, softball, and tennis.

Athletic facilities include the Coleman H. Wheeler Center for Sports and Physical Education; Colcord Field, which includes a football/soccer field and new all-weather rubberized track; and tennis courts. A new athletic field complex containing baseball diamond, two softball fields, soccer field, and archery range is under construction, to be completed this school year.

Wheeler Center, completed in 1977 in a \$2.7 million project, includes the James and Lila Miller Gymnasium with three basketball courts and seating for up to 2,700; multipurpose, class, and weight rooms; faculty and administrative offices; handball courts; dressing and therapy rooms.

THE BRUIN NICKNAME

George Fox College is represented by the nickname and mascot "Bruin." But it's not always been so, even though it should have been.

The nickname comes from a real bear captured in 1887 just two years after Pacific Academy (the college's predecessor) was established. The small cub was captured in the coast range foothills west of Carlton when its mother was shot. The young cub was brought to campus by a student and later lived with a faculty member. When it grew to adulthood it was kept in a pit in what is now known as Hess Creek Canyon south of the campus. It escaped one too many times and was turned into steak for the dining table and the hide preserved on a frame and displayed in an early campus museum. When it deteriorated several years later, it was taken to a campus furnace room to be destroyed, but the framework proved a problem in dismantling, so it was left sitting in a corner. Students found the old Bruin skin later and began skirmishes over ownership, a tradition that continued 85 years later. "Bruin Junior," a replica, under a set of guidelines passed down for years, was fought over periodically in class competition with the class able to physically drag the Bruin replica off campus declared the rightful owner until next "flashed."

Even with the Bruin tradition, somewhere along the line, the "Quaker" tag to athletic teams came into popularity with sports-writers because of the college's church affiliation, and that nickname was used, along with a mascot "Foxy George," a little fox with a Quaker hat. Both gained acceptance for a period in the 1950s and 1960s until a vote of faculty, students, and administration in 1970 reinstated the Bruin nickname to its rightful place.

THIS IS WHERE MEETS ARE HELD

George Fox College is in its second year on its new \$100,000 all-weather track facility.

The construction project, completed over a two-year span, has converted the quarter-mile cinder-finish oval of Colcord Field to a metric distance track with rubberized surface.

Lanes have been expanded from six to eight, race starts have been relocated to the northwest corner of the oval from the previous southeast, and a new javelin runway has been provided, along with additional drainage.

The project also gives the college its first steeplechase course. The Bruins' Steve Blikstad in 1979 won the national NAIA small college steeplechase title, giving the college its first-ever national champion—and he never ran a race at home.

Funds for the new track were raised through a "jog-a-thon" by students, faculty and staff, by direct contributions, and through the college's general budget.

The new track surface is of "C-Trak," an asphalt-bound material designed to meet an extreme of temperatures and moistures. The new track meets all NAIA, AAU and Olympic specifications.

George Fox track Coach Rich Allen calls the new finish "the fastest surface available for the cost." Existing pole vault, high jump and long jump areas, with rubberized surfaces previously, have not been changed.

The track project nearly completes a total sports/athletic project started in 1976 and costing more than \$2.7 million. The Coleman Wheeler Sports Center adjacent to the track was opened in 1977. And also being completed this year is a new athletic field complex of two softball diamonds, baseball field, soccer field, and archery range.

Colcord Field is named for the late Frank C. Colcord, a former two-term mayor of Newberg and for 35 years a member of the George Fox College Board of Trustees. He was treasurer of the college at the time of his death in 1968.

An alumnus of the college (class of 1921), Colcord was an outstanding basketball player (all-conference) on a team that in 1917 twice defeated Oregon State. He was student body treasurer, president of the Men's Athletic Association, and associate editor of the student newspaper, *The Crescent*. From 1922 to 1963 Colcord was manager of the Newberg office of Portland General Electric.



Dedication last spring of the new all-weather track was held under foggy conditions. Bruin All-American Steve Blikstad cuts ceremonial ribbon held by Mildred Colcord Patton and George Fox Board member Richard Beebe.

BRUIN RECORDS

Event	Mark	Name	Year
100 m	10.4	Gregg Griffin	1979
	10.25w	Gregg Griffin	1978
200 m	21.2	Gregg Griffin	1979
400 m	48.1	Werner Seibert	1979
800 m	1:52.7	Wendell Otto	1979
1,500 m	3:49.7	Wendell Otto	1979
5,000 m	14:22.4	Steve Blikstad	1979
10,000 m	*30:22.8	Steve Blikstad	1977
3,000 m Steeplechase	8:49.8	Steve Blikstad	1979
110 m High Hurdles	14.6	Mark Reynolds	1978
400 m Inter. Hurdles	52.34	Chad Neeley	1978
Long Jump	23-2¾	Amadu Koroma	1978
	23-9w	Amadu Koroma	1978
Triple Jump	48-5	Mark Halland	1972
High Jump	6-7	Bob Quiring	1979
Pole Vault	15-8	Dave McDonald	1969,
			1971
Shot	55-3	Bob Hadlock	1968
Discus	168-6	Charlie Keeran	1980
Javelin	230-6	Eb Buck	1975
Hammer	170-3	Allan Morrow	1979
Decathlon	7,054	Eb Buck	1975
Marathon	2:25.19	Curt Ankeny	1973
10k walk	59:49.0	Jack Winter	1980
400 m Relay	41.4	Amadu Koroma	1978
		Chad Neeley	
		Mark Reynolds	
		Gregg Griffin	
1600 m Relay	3:18.8	Tim Olds	1980
		Tom VanWinkle	
		Rick Frisk	
		Monte Anders	
800 m Relay	1:27.5	Gregg Griffin	1978
		Chad Neeley	
		Mark Reynolds	
		Werner Seibert	
Sprint Medley	1:33.3	Chad Neeley (220)	1978
		Mark Reynolds (110)	
		Tim Sherman (110)	
		Werner Seibert (440)	
Sprint Medley (mile)	3:30.4	Gregg Griffin (220)	1977
		Chad Neeley (220)	
		Werner Seibert (440)	
		Larry Bales (880)	
3,200 m Relay	7:42.0	Chris Mwaura	1978
		Larry Bales	
		Wendell Otto	
		Randy Ware	
Distance Medley	10:17.8	Bruce Greene (1320)	1976
		Chad Neeley (440)	
		Randy Ware (880)	
		Steve Blikstad (mile)	
4 Mile Relay	17:27.6	Wendell Otto	1978
		Dave Molstad	
		Chris Mwaura	
		Steve Blikstad	
6,400 m Relay	17:25.62	Steve Stuart	1978
		Dave Molstad	
		Chris Mwaura	
		Steve Blikstad	
Long Jump Relay	61-6	Amadu Koroma	1975
		Eb Buck	
		John Koroma	

Event	Mark	Name	Year
Javelin Relay	548-5	Eb Buck	1975
		Del Dittus	
		Lon Austin	
High Jump Relay	18-5	Bob Quiring	1979
		Lon Austin	
		Duane Swafford	
Hammer Relay	381-7	Allan Morrow	1979
		Steve Curtis	
		Rob King	
Discus Relay	410-10	Charlie Keeran	1979
		Alan Morrow	
		Steve Curtis	

*Converted from yards

GFC NATIONAL COMPETITORS

1970	Dave McDonald	Pole Vault
1971	Dave McDonald	Pole Vault (indoor)
	Dave McDonald	Pole Vault (outdoor) (3rd)
	Ken Bell	Six Mile
1972	Ken Bell	Two Mile (indoor)
	Mark Halland	Triple Jump
	Curt Ankeny	Marathon
1973	Randy Winston	Triple Jump
	Curt Ankeny	Marathon (3rd)
1974	Eb Buck	Decathlon
	Curt Ankeny	Marathon (3rd)
1975	Eb Buck	Decathlon (2nd), Javelin (4th)
	Mark Adamson	Marathon (9th)
	Team Finish:	17th (12 points)
1976	Mark Adamson	Marathon
	Chad Neeley	Decathlon
	Steve Blikstad	5,000 m
1977	Steve Blikstad	Steeplechase (2nd)
	Gregg Griffin	100 m (4th)
	Chad Neeley	Decathlon (24th)
	Team Finish:	19th (12 points)
1978	Steve Blikstad	Steeplechase (3rd)
	Gregg Griffin	100 m, 400 m Relay
	Amadu Koroma	Long Jump, 400 m Relay
	Dave Molstad	10,000 m (12th)
	Allan Morrow	Hammer, Shot
	Chad Neeley	Inter. Hurdles, (2nd), 400 m Relay
	Mark Reynolds	High Hurdles, 400 m Relay
	Team Finish:	16th (14 points)
1979	Steve Blikstad	Steeplechase (1st)
	Wendell Otto	1,500 m (8th)
	Lyndal Smith	5,000 m (10th)
	Tim Rochholz	Marathon
	Gregg Griffin	100 m, 200 m
	Allan Morrow	Hammer, Shot
	Team Finish:	15th (10 points)
1980	Rick Frisk	Inter. Hurdles (semifinal)
	Steve Stuart	1,500 m (9th)
	Steve Curtis	Hammer (11th)
	Charlie Keeran	Discus (9th)

1980 SEASON'S BESTS

100 m	10.8	Mark Reynolds
200 m	22.1	Mark Reynolds
400 m	48.4	Monte Anders
800 m	1:54.5	Keith Pearson
1,500 m	3:50.97	Steve Stuart
5,000 m	14:45.4	Steve Stuart
10,000 m	31:57.0	Tim Rochholz
Steeplechase	9:22.5	Wendell Otto
110 m High Hurdles	14.7	Mark Reynolds
400 m Intermediate Hurdles	53.2	Rick Frisk
400 m Relay	43.0	Tim Sherman
		Rick Frisk
		Mark Reynolds
		Monte Anders
1,600 m Relay	3:18.1	Tim Olds
		Tom Van Winkle
		Rick Frisk
		Monte Anders
Pole Vault	14-0	Bruce Oberst
High Jump	6-6½	Bob Quiring
Long Jump	21-10	Bob Quiring
Triple Jump	43-10	Mark Reynolds
Shot	42-9	Charlie Keeran
Discus	168-6	Charlie Keeran
Javelin	202-6	Larry Holbrook
Hammer	156-11	Steve Curtis
Decathlon	5,513	Bruce Oberst
10k Walk	59:49.0	Jack Winter
Marathon	2:39.18	Jim Bright

TRACK AND FIELD STANDARDS

Event	District	National
100 m	11.2	10.6
200 m	22.9	21.4
400 m	50.6	47.4
800 m	1:57.2	1:50.9
1,500 m	4:02.7	3:49.5
Steeplechase	9:37.2	9:14.4
5,000 m	15:22.9	14:42.4
10,000 m	33:30.9	31:01
110 m High Hurdles	15.4	14.5
400 m Intermediate Hurdles	55.6	52.0
High Jump	6-2	6-9
Long Jump	21-4	24-0
Triple Jump	44-3	48-8
Pole Vault	12-11	15-6
Shot	46-6	54-5
Discus	138-7	165
Javelin	191-3	212-5
Hammer	134-9	162-8
10 k Walk	59:59.5	50:55.3
Decathlon	5,605	*6,750
Marathon	—	2:32.36.7
440 m Relay	—	41.6
Mile Relay	—	3:13.1
Standard to be met	Once	Twice & District Champ.

* Subject to review

NAIA DISTRICT 2 RECORDS

Event	Mark	Name, College	Year
100 m	10.4	Gregg Griffin, George Fox	1977
200 m	21.1*	Keith Shriver, Linfield	1969
		Mark Burt, Pacific	1976
400 m	47.2*	Carl Shaw, Linfield	1976
800 m	1:50.8*	Bruce Vogel, Oregon College of Education	1972
1,500 m	3:49.7*	Steve Hills, Northwest Nazarene	1975
Steeplechase	8:53.9	Kelly Jensen, Southern Oregon	1978
5,000 m	14:22.4	Steve Blikstad, George Fox	1979
10,000 m	30:53.2	Dave Molstad, George Fox	1978
10 k walk	48:35.5	Sam Shick, Lewis & Clark	1979
High Hurdles	14.0	Rick Fergesen, Lewis & Clark	1977
400 m Intermediate Hurdles	52.1	Tim Gilbert, Northwest Nazarene	1978
Shot Put	56-5½	Ken Patera, Portland State	1963
Javelin	249-6	Tony Grant, Oregon Tech.	1972
Discus	170-11	Harland Yriate, Southern Oregon	1969
Hammer Throw	168-11	Scott Burkhardt, Lewis & Clark	1975
Pole Vault	15-7	Dave McDonald, George Fox	1969
High Jump	6-10¼	Scott Wallace, Willamette	1980
Long Jump	23-11½	Karl Koenig, Oregon College of Education	1978
Triple Jump	48-10¼	Randy Jones, Pacific	1979
Decathlon	7,154	Mark Burt, Pacific	1976
400 m relay	41.5*	Gary Smith, Linfield	1976
		Randy Carter	
		Keith Lazell	
		Gerald King	
		also: Amadu Koroma, GFC	1978
		Chad Neeley	
		Mark Reynolds	
		Greg Griffin	
1,600 m Relay	3:13.7*	Keith Lazell, Linfield	1976
		Stew Minors	
		Randy Carter	
		Carl Shaw	

* Converted from yards



GEORGE FOX COLLEGE TRACK SCHEDULE

SPRING 1981

JANUARY

31 Portland Indoor
10:30 a.m. & 4:00 p.m. Portland

FEBRUARY

28 Trails End Marathon, 11:30 a.m. Seaside

MARCH

7 Oregon College Relays
1:00 p.m. Portland

14 Linfield Icebreaker
12:00 p.m. McMinnville

28 Whitman Invitational
1:00 p.m. Walla Walla

APRIL

4 Eastern Oregon, Northwest Nazarene,
Univ. of Portland 1:00 p.m. Newberg

11 Lewis & Clark, Oregon College
1:00 p.m. (double dual)* Portland

18 Linfield, Oregon College, Pacific,
Pacific Lutheran, GFC Alumni*
1:00 p.m. Newberg

20, 21 NAIA District II Decathlon
Championships, 12:30 p.m. Portland

24 Willamette 3:00 p.m. Newberg

MAY

1 Univ. of Portland
Twilight, 4:00 p.m. Portland

8-9 NAIA District II Championships
Friday, 1:30 p.m.
Saturday, 11:30 a.m. Newberg

21-23 NAIA National
Championships Houston, Texas

*Co-ed