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OCT-DEC 1986

George Fox College Archives

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Library Campaign: A Big Boost

The largest grant ever in Oregon by the Burlington Northern Foundation has been made to George Fox College for expansion of library holdings.

The Seattle-based foundation has awarded \$250,000 in the College's Century II Campaign.

The grant, the largest so far in the three-year campaign that started in January, will purchase from 8,000 to 10,000 library volumes.

Announcement of the grant was made at a campaign dinner for members of the College's President's Council. President Edward F. Stevens reported the grant brings to \$2.4 million the amount pledged and raised so far in the \$8.3 million campaign that will expand the College's library building, purchase additional volumes and provide scholarships through the College's annual fund and endowment.

CENTURY II CAMPAIGN

The process of purchasing additional volumes will start as soon as possible while further fund raising is underway and library building plans are being prepared.

Burlington Northern Foundation President Donald K. North was present for the announcement. "We are especially pleased to give this support to George Fox College. You are providing an excellent education experience and we are happy to be identified with your efforts," he said in notifying the College of the award.

Stevens said "we are elated the Burlington Northern Foundation has such confidence in GFC. It is a great boost to our Century II Campaign and an encouragement to others to make the library project a success."

"We consider the size of the grant as the ultimate compliment from Don North and foundation trustees," he said. "Don is very thorough; he was on our campus twice before making the grant."

The Burlington Northern Foundation represents the Burlington Northern Railroad Company, Plum Creek Timber Company and Glacier Park Company.

George Fox's Century II Campaign is being conducted in two phases, starting



President Edward F. Stevens (right) and Donald North, President Burlington Northern Foundation

with a \$5 million Base or Phase I goal. The campaign includes \$2.25 million to double the size of the present 17,000-square-foot Shambaugh Library, and \$1.25 million for additional library holdings. The drive goal contains \$1.8 million for student financial aid and scholarships and \$3 million for expansion of the College's endowment.

The campaign, the largest ever conducted by the 96-year-old College, has separate programs for alumni, President's Council, foundations and corporations, faculty and staff, trustees, the Newberg community and other geographical areas.

Eight New Board Members

Eight persons in four states, five of them alumni, have been named to the George Fox College Board of Trustees.

They met for the first time with the full 42-member board when it held its fall meeting on campus Oct. 3-4. The meeting was held two months earlier than traditional.

Four of the new members are from Oregon: Ken Austin, founder and owner of A-Dec, Inc., a dental equipment manufacturing firm in Newberg; William Brewster, Central Point elementary school principal; Dale Hadley, partner, Interwest Financial Advisors, Inc., Portland; and Richard Withnell, owner of Teague Dodge, Salem, and Valley River Dodge, Eugene.

Other new members are Steve Fellows, administrative director for Sutter Memorial Hospital, Sacramento, Calif.; Donald Lamm, pastor of the Greenleaf, Idaho, Friends Church; Stanley Morse, research chemist with Hewlett-Packard, Boise, Idaho; and Fred Neumann, personnel manager, Martin Marietta Corporation, Littleton, Colo.

Fellows is a 1976 George Fox graduate, Hadley a 1972 graduate, Morse a 1972 graduate, Neumann a 1966 graduate and Lamm a member of the class of 1956.

All were confirmed to the board by the Northwest Yearly Meeting of Friends Church. One-third of the board, or 14

members, are elected each year, six nominated by the current board, six by the church organization and two by alumni. Terms are for three years.

George Fox alumni selected Hadley and Fellows. The board chose Austin, Neumann and Withnell. Northwest Yearly Meeting named Brewster, Lamm, and Morse.

Members leaving the board include Oregon Senator Mark Hatfield, a member since 1959. He is being given lifetime honorary trustee status, along with Portland investor James Miller, who leaves the board after 12 years, and Caldwell, Idaho, businesswoman Thelma Martin after 20 years.

Others leaving the board are Dean Campbell, executive director of Friendsview Manor, Newberg; Gerald Dillon, retired pastor, Vancouver, Wash.; Philip Harmon, corporate president, Camano Island, Wash.; Earl Tycksen, pastor, Spokane Friends Church; and Norman Winters, Nampa, Idaho, school administrator.

The College board has traditionally met the first weekend in December, then in May. Because of the College's change from a term to semester system, classes now will end in April, rather than May and meetings are being held in April and October.

An Oregon College Leader

George Fox College President Edward F. Stevens has been elected chairman of the Oregon Independent College Association.

Stevens will serve a one-year term after serving as president-elect for one year.

Formed in 1960, the OICA is composed of 15 Oregon colleges, universities and educational centers. The OICA is headquartered in Lake Oswego.

The OICA represents its members at both state and national levels regarding public policy decisions relating to the independent institutions.

It serves as a source of information about the members for the media, the public and various agencies and organizations. The cooperative venture joins the separate interests in pursuit of common objectives.

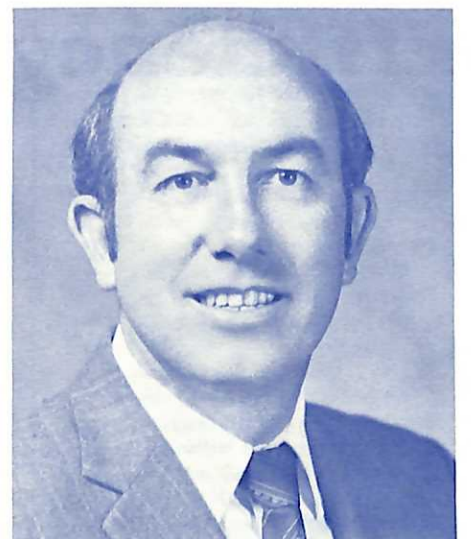
OICA members include Columbia Christian, Concordia, George Fox, Lewis

& Clark, Linfield, Marylhurst College of Lifelong Learning, Mt. Angel Seminary, Pacific Northwest College of Art, Northwest Christian, Pacific, Reed, University of Portland, Warner Pacific, Western Baptist and Willamette.

Stevens became George Fox president in 1983, the tenth president of the College. Previously, he was executive assistant to the president and business professor at Sioux Falls College, South Dakota. He has a background in education, business and coaching.

Stevens, 46, has a doctoral degree in higher education, marketing and management from the University of Minnesota.

Stevens also is a member of the board of directors of the Oregon Independent College Foundation and is secretary-treasurer of the national Christian College Consortium.



President Edward F. Stevens

Providing That Extra Help

Some George Fox College freshmen this year are taking an additional class along with their usual courses.

Unlike what might be expected, it's not the academically gifted who are enrolled in the extra two hours of classes per week.

Instead, it's those students who are admitted to the College, but who do not meet standard academic requirements.

The program, started this fall, is designed to help students who, by some estimations, might not succeed in college or who perhaps would not even have been admitted at other colleges.

Admitted as provisional students, participants in the Academic Success Program are being aided in a four-part plan designed to get them off to a good start, perhaps changing their ways, including study habits, time management, giving them more self esteem.

Provisional students are those with a predicted GPA between 1.6 and 1.9, based on a formula that takes into consideration SAT scores and cumulative high school GPA.

The students are admitted on the basis that they have exemplified some potential for succeeding, even though they may have low grades. They may have shown determination in some way, may have a stronger than usual support system or even a high school counselor who feels the student could do well under a certain environment or structure.

Program director is Bonnie Jerke, associate dean of students. She says some of the students have learning disabilities, some just need to apply themselves and some need to learn how to manage their time better.

"We give them support so they can experience success," she says. "We would like to provide them with resources

they can plug into that will help them, rather than just let them out there and have their education haphazard."

The help is coming in a variety of ways. Students began their year with a presemester preparatory time involving an evening at the College's Tilikum Retreat Center and a day on the Newberg campus. The purpose, according to Jerke, was for students to get to know one another and to start building bonds with their advisors. "It's an inspirational time," she says.

The second phase is the advising system. Students are required to meet with special advisors every week during a five-week period. Depending on their progress, students can reduce the amount of advising appointments.

A tutoring service is the third part of the program. Currently 15 tutors have signed up to assist the provisional students needing help. As the need arises, students go to Jerke's office to arrange for a tutor to assist.

The fourth part is the required study skills development class. Meeting for two hours each week, on Tuesdays and Thursdays, the class will continue through the first semester. Topics to be covered include time management, reading skills, notes and test-taking skills, health and self esteem, available resources for help, and relationships with professors.

"Students with learning disabilities need to work twice as hard to succeed in school," says Jerke. "They may be very bright, but still have some disabilities they need to overcome," she says.

The program, she notes, helps the provisional students find the problem areas, focus on them and then work to improve in those areas. "We really want students to make it," says Jerke.

From GFC—A National Pattern

When the new fall McCall's pattern book arrived in stores across the nation this fall, there was no one happier than 21-year-old Angie Dunn.

Her splashy-print jacket was among the fashions offered to American seamstresses.

Dunn, a home economics major at George Fox, worked on the non-classical jacket—she terms it "rather trendy"—as part of a senior internship with a Portland designer firm.

In May the idea was taken in sketch form (technically a croquis) to New York where it was accepted by McCall's.

It was a fast rise in the fashion design area for Dunn, a 1982 graduate of Rex Putnam High and a West Linn, Ore., resident. She started her field experience course with Palmer/Pletsch in Portland in the warehouse, filling orders. She then helped write a procedures manual and later researched the possibility for a greeting card line for fabric stores, with cards appropriate for seamstresses.

But when Palmer/Pletsch president Pati Palmer asked her to help design a piece from ready-to-wear knit, Dunn put to good use her George Fox class in Pattern Drafting and Apparel Design.

Using a basic idea of a kimono-sleeved, oversized jacket, Dunn made small models, then a final half-size jacket that was taken to New York for acceptance. The jacket features simplicity—only one seam, and a dart in the shoulder.

"It's very versatile," says Dunn. "It can be either dress-up, for fun or evening, or dress down." It's designed to go with blouse, skirt or pants.

A final jacket Dunn wears is of turquoise, purple, jade and black knit, with ribbing.

George Fox home economics professor Flora Allen also modeled the original, in a cream-colored, quilted silk.



Angie Dunn (right) models her McCall's pattern jacket with home economics professor Flora Allen.

"She's brought us national recognition."

And she admits, Dunn, president of the college's student home economics association, as a senior, did receive an "A" grade for her class project and her three-hour credit internship.

Allen lined up the internship with Palmer/Pletsch. "Portland is becoming more and more a design center," she says, citing the Pendleton, White Stag, and Jantzen lines based in Portland.

She also praises both Dunn and Palmer. "I've never worked with a person more willing to give the student the credit, good credit for what they've done," she says.

Of Dunn, Allen says with pride: "She's brought us national recognition."

Allen says Dunn's success illustrates home economics now involves more than homemaking, cooking, and being a good mother and wife.

"This (home economics) can be a career-oriented program," she says. "Our students are going this way; they do these other things (traditional homemaking) well, but they also enter the work world and do have careers."

With her degree in hand and nationally-offered pattern in her portfolio, Dunn already has her first job. She is now a designer with Jantzen, Inc., Portland, specializing in sports and swimwear, involved with new color lines and design and working with model presentations.

Your Weight: Heredity, Habits, Efficiency

If you're overweight it may not be your fault and it may be wrong to feel guilty, says George Fox College psychology professor Mark McMinn.

It may be that you've been born with, perhaps ironically, an efficient metabolism. It may be the result of tendencies from your parents.

And, says McMinn, you should get away from any easy answers to losing weight.

McMinn, whose article "Mechanisms of Energy Balance in Obesity" drew worldwide response in 1984, now reports obesity is not caused solely by eating. It involves, he says, a balance of exercise and eating habits.

McMinn, assistant professor of psychology and a licensed Oregon psychologist, says some persons are born with a metabolism that is not very efficient. That means they can take in more calories and not gain weight.

"It's the efficient metabolism that turns everything into fat," McMinn says. He says a 1979 study shows obese persons actually may eat less than persons at a normal weight. "We often assume that obese people are the ones that eat the most, and that isn't necessarily true."

McMinn began his research on obesity while completing a doctoral degree (in clinical psychology with a biochemistry minor) at Vanderbilt University.

McMinn says a significant portion of problems leading to obesity are due to genetic factors. If neither parent is overweight, a person has about a 10 percent chance of becoming overweight. If both parents are overweight, a person has about a 60 percent chance of becoming overweight. "But that doesn't mean it's all due to heredity," he says. "It could be some combination of heredity plus learned eating habits."



McMinn's recommendation for overweight persons wishing to lose weight is to "get away from all the easy answers." He says to avoid the grapefruit diets and fat-burning pills. McMinn suggests persons follow a comprehensive plan that includes exercise. For the psychological benefit, he suggests doing some dieting. "I'd do it in a way that would maximize physiology—not just use any diet; I'd have the person follow the rotation diet."

The rotation diet varies caloric intake week by week, keeping the body "off-guard" and adjusting to varying calorie intakes, resulting in lost weight. McMinn describes this process with the term "adaptive metabolic variances."

He says when a person goes on a diet, his or her body adapts to a certain decreased caloric intake. The body keeps the number of calories burned in relation to the amount of calories consumed, so by varying caloric intake week by week "you surprise your body so it never has a chance to adjust to a certain caloric intake level," he says.

"It seems to have a good effect," McMinn reports. But he also adds the rotation diet is so new there is little scientific research on its real effectiveness.

McMinn says it is only in recent years that people have begun to focus on a balance of exercise and eating habits. "It's all a matter of balance of how much eaten versus how much activity," he says.

McMinn and his wife, Lisa, have recently completed a paper "Is Fat a Matter of Faith?" They point out that many Christian books on obesity imply that if you have enough faith, then you will lose the weight. "That's really ignoring the laws of nature," McMinn says. "Being overweight is an unfortunate thing that does happen to some people, but viewing it as a spiritual defeat only adds guilt."

McMinn joined the George Fox faculty in 1984 after completing an internship in the Department of Medical Psychology at the Oregon Health Sciences University.

Students: How They Spend Their Dollars

George Fox College will give the Newberg area an economic boost of nearly \$4 million during the school year.

A new survey by the George Fox Office of College Relations shows students estimate they will spend more than \$803,000 with Newberg merchants.

They'll spend it at the rate of \$100,000 a month during the eight months they are on campus. That's an average of \$1,386 per student for the year, \$173 a month.

The student spending is added to a payroll for George Fox faculty and staff of \$2,570,000, and direct College spending of about \$600,000 for a total of \$3,973,000.

The economic impact compares to \$3.2 million projected five years ago in the last survey. It does not include "indirect" benefits, including money spent by out-of-town visitors who come to Newberg for College events or summer conferences.

Neither does the economic impact estimate include "second-round" expenditures by businesses and individuals that result from George Fox's direct impact. Some estimates would double or triple the direct spending to estimate the total impact.

The student spending survey involved questioning about 15 percent of the College's student body through a 32-point questionnaire. Students were specifically asked to estimate Newberg city spending by month, eliminating on-campus purchases or buying in hometowns or in the Portland area. Married students and single students were questioned separately and their answers tabulated separately because of their widely different spending patterns.

Single students at George Fox estimate they spend \$104.42 a month, \$835.42 a year with city merchants. Those who eat on campus with the college's Saga Food Service spend \$98.74 a month (\$789.89 a year), while those preparing their own meals spend \$122.82 monthly, \$982.52,

presumably the difference is grocery purchases at local stores.

Married students, according to the survey, average \$780 a month in Newberg spending or \$9,366 a year. Their totals included expenses for housing, utilities and appliance purchases, in addition to expenses for children.

Overall, the estimate is that single students spend a total of \$447,763 locally, while married students bring \$355,908. The survey is based on a student body of 580, with 38 married students.

As might be expected, the largest expenditure category is for food. The survey shows the average spent per month for groceries (including snacks) is \$28.50 a month, \$228 a year or a total of more than \$127,000 during the year with local grocery stores. That amounts to about 16 percent of total expenditures in Newberg.

Prepared food served by restaurants also is a high draw. Students estimate they spend \$11.34 a month at restaurants and drive-ins, or just over \$90 a year.

Vehicle-related purchases are next. Students estimate they spend \$12.24 a month for gasoline and oil products, just under \$100 a year at \$97.92. Purchase of auto parts and or repair costs are estimated at \$3.60 monthly, \$28.80 a year.

Students say they spend an average of \$4.71 monthly for birthday and special event, holiday-related gifts, \$37.68 a year.

Next is rental of videocassette movies, a new category with monthly estimates of \$1.63 per month, or just over \$13 a year.

The survey also showed that as the students grow older they spend more money locally. Freshmen estimate they spend \$522 a year (\$65 monthly) in Newberg. Sophomores say it is \$651 (\$81 monthly), juniors report \$695 (\$87 monthly) and seniors report they spend \$958 per year in Newberg or \$120 a month, nearly twice that of freshmen.

The GFC People

COLE NAMED ARCHIVIST

Frank L. Cole, long associated with George Fox College as student, employee, trustee and alumni leader, has been named archivist for the College.

Cole is the second person to hold the post. He replaces Charles A. Beals, who was named when the position was created in 1978. Beals asked to step down.

Cole, who simultaneously will be archivist for the Northwest Yearly Meeting of Friends Church, is a 1930 graduate of the College, then named Pacific. He joined the George Fox staff in 1963, serving as assistant professor of business and Director of Public Relations. He served as Dean of Administration until 1972, when he became Director of Institutional research, in charge of long-range planning. He retired in 1974.

It was his second retirement. He took an early retirement from government service to join the College staff. For 21 years he was with the U.S. Army Corps of Engineers, the last eight as Civilian Personnel Director, North Pacific Division. He then transferred (in 1954) to the Post Office Department to assist in establishing the personnel program in the newly formed Portland region.

Cole for 10 years, before becoming a College employee, was a member of the George Fox Board of Trustees. For two years (1947-49) he was president of the College's Alumni Association. Currently, he and his wife, Genevieve, are chairmen for the alumni portion of George Fox's Century II campaign to raise \$8.3 million for library facilities, holdings and student scholarships.

As archivist, Cole will gather, evaluate and preserve documents that record the events and activities of George Fox College. Materials are made available to those studying, writing about or researching history of the College.

The College archives are located in the lower level of Sutton Hall. A new location is planned in the library expansion project.

Preserving the history of George Fox College will not be a new task for Cole, who also has been assisting his wife, who is curator for the College's John C. Brougher Museum. Also a 1930 GFC graduate, she was named in 1984 after serving 11 years as assistant librarian for Shambaugh Library.

LACEY: DREAMS, VISIONS

"The small college is a place for dreamers, and dreams give birth to purpose and direction," says George Fox College Dean of Students Debra Lacey in a recent publication.

Lacey's comments are included in "Private Dreams, Shared Visions," the annual publication of the National Association of Student Personnel Administrators.



Named to the GFC position last spring after four years as Associate Dean, Lacey says, "It is personally gratifying to see a student graduate who has developed a strong sense of worth and direction from experiencing student life in college."

"This is what makes student affairs work rewarding, both professionally and personally, and is the legacy that one generation of students and student affairs staff passes on to the next generation," Lacey says.

Lacey describes both the advantages and disadvantages of being a student affairs person on a small campus. She says the close working relationship between faculty and staff tends to characterize small colleges and that it is an advantage.

Because of the informal, flexible atmosphere in many small colleges, Lacey says, "pressure may be intense for upper-level administrators to be effective leaders." She adds: "There may be more pressure in the small college environment to be competent both personally and professionally since both the personal and professional aspects of performance are visible to many members of the community."

"Students need to see an administrator's humanness and frailties," Lacey says. "They need to have a glimpse of the professional's own account of personal growth."

Lacey, who has a master's degree in social sciences/student development from Azusa Pacific University, is one of three contributors to a chapter "The Small College Experience: The Generalist's Perspective."

ALLEN IN NATIONAL POST

A national position in NAIA track and field administration is held by George Fox track coach Rich Allen.

Allen has been named one of three members on the NAIA Men's Games Committee. He was selected by the national Track Coaches Association of the NAIA.

Allen will serve a three-year term. He replaces Jim Mack Sawyer of Henderson State in Arkansas and joins Jack Hazen of Malone College, Ohio, and Russ Smelley of Westmont in California.

The committee, which confers in telephone conference calls and meets ahead of the national NAIA track and field championships, is responsible for the planning and supervision of the national meet, supervising facilities and meet organization.

There also is a Women's Games Committee, and the men's committee meets both separately and jointly with that committee.

Allen, 47, has been Bruin track coach for 17 years and for four years (1981-85) also was GFC athletic director. Three times he has been named NAIA District 2 Track Coach of the Year and in 1978 was District Coach of the Year for all sports.



Allen was inducted into the NAIA District 2 Coaches Hall of Fame in 1981. He has produced 29 national competitors in the NAIA—10 who have won All-American designation. He is associate professor of physical education.

FODGES FEATURED

A George Fox College couple has been featured nationwide in the church publication "Power for Living."

Quincy and Eilene Fodge, founders of Vesper Melodies, were the subject of a four-page article, "Praise with a Harp."



Quincy and Eilene Fodge

It detailed their worldwide ministry with taped music they record in their home. He is a member of the College's physical plant staff and she is at home with the recording and processing of the tapes. He is a 1947 George Fox graduate, a former pastor, teacher and farmer, and she was a member of the Class of 1948. They met at the College.

"Power for Living" is a weekly supplement to church bulletins, designed for adults. It is published by SP Publications, Inc., Glen Ellyn, Ill. Circulation is more than 400,000 nationwide and internationally.

Since 1981 the couple has distributed more than 13,000 inspirational tapes to 48 states and 48 nations. All copies are given free.

Motivated by a desire to help hurting people, they send the tapes, by request, to hospitals, nursing homes, counseling offices, health centers, churches, and to missionaries, housewives and businessmen.

Their musical tape ministry started with Eilene playing hymns at the piano and organ. They now have eight tapes available, including those with vocal music. Both sing, and he also recites Scripture and poetry.

After investing thousands of dollars of their own, the couple's ministry now has grown to a nonprofit corporation, still centered in their home, with volunteers assisting in the packaging and mailing process and donors helping to keep the project expanding.

Of their ministry, Fodge says: "We feel very definitely it is one led of the Lord—a vital ministry to help in the healing of broken hearts. As long as He keeps this door open by providing the financial assistance we need, we will continue."

History,
Dreams,
Leadership,
and Ministry