

Friendly Endeavor

Northwest Yearly Meeting of Friends Church
(Quakers)

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Friendly Endeavor, October 1933

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The Friendly Endeavor

Volume 12, Number 10.

PORTLAND, OREGON

October, 1933.

NARCOTIC ADDICTION

John C. Brougher, M. D.
Vancouver, Washington.

(Read before a Sunday Service of the First Friends Church, Vancouver, Washington, April 9th, 1933.)

Opium is the juice obtained from the unripe capsule of *papavar somniferum* dried by spontaneous evaporation. It is usually derived from just this one source, but every species of poppy is capable of yielding it to a greater or less extent. The opium poppy, *papaver somniferum*, is an annual herb growing to height of four feet, indigenous to Asia, but is also cultivated in many tropical and temperate countries. It possesses large, oblong, sinuate to dentate serrate leaves, fastening at the base, and long peduncles with nodding buds that extend to erect flowers, which while usually purplish in color are sometimes white, pink or red. There are several varieties of this species, but the two most prominent are distinguished by sometimes the black and white poppy derived from the color of their seed. In India they appear in February; in Europe and the United States, not earlier than June, July or August. The leaves contain a narcotic juice but yield none of the active principles by which opium is characterized. The seeds are destitute of narcotic properties and are even used as food. The Romans used them in the preparation of various dainties.

The poppy was cultivated by the ancient Greeks and was mentioned by Homer in the Garden Plants. It is at present cultivated in Persia, India, Turkey, Macedonia, Bulgaria, China and Asia Minor for opium, and some parts of Europe chiefly for its seed. Opium has a strong, clean odor and a bitter, somewhat acrid taste. When long used it excites much irritation of the lips and tongue and may even blister the mouths of those unaccustomed to its use. Its color is reddish brown and deep fawn. When drawn over paper it usually leaves an interrupted space of light brown color.

Opium when analyzed contains some twenty-five alkaloids, among which are morphine, codeine and papaverine. These different alkaloids have produced different effects upon the body. Some relieve pain effectively, others relieve cough. However, one fraction when given to lower animals produces convulsions closely simulating those caused by strychnine. In moderately large doses, opium produces generally a pleasurable feeling of languor followed by drowsiness. In toxic doses, the most important symptom is sleep from which in the moderate degrees of poisoning, the patient can be easily awakened by loud noises, shaking, etc. If the dose is very large, there may develop a poisoning, especially of the circulatory system, with a rapid, feeble pulse and a cold, clammy, cyanotic skin. An addict can take larger doses, even as high as eight grains of morphine at a dose with no

serious consequences; thirty-two times as large a dose as would be given a large, healthy man in a case of necessity. The use of opium or one of its various derivatives, especially morphine, is one of the most common and one of the most injurious of drug addictions. In the Orient it has been commonly employed by smoking, but among European people the hypodermic needle has been the favorite method of the morphine addict.

When opium is withheld from the addict what is known as withdrawal symptoms develop, causing him untold suffering. Bishop recently gave the symptoms and the order in which they appear when the administration of the opiate is stopped, as follows:

"There is at first a feeling of uneasiness, a 'nervousness' as the patient expresses it, with an increasing sense of depression and apprehension of some impending calamity. This is followed quickly by yawning, sneezing, watering of the eyes and excessive mucous secretion from the nose. The extremities become cold and there is a clammy sweating, nausea, vomiting and purging, with tremors and muscular twitchings. These symptoms accompany or are quickly followed by intense abdominal pains, shooting leg pains, cramps, and a general feeling of abject misery and dilapidation. In this condition the pulse rate varies between extreme slowness and extreme rapidity, usually with a marked drop in the blood pressure. The patient is very miserable, indeed, and occasionally he justifies his appearance by collapsing and passing on."

(Continued next month)

CHURCH MEMBERS, ATTENTION !!

Are we doing our best financially for the Yearly Meeting? Most of the meetings are in arrears on the 1932-33 fixed expense and the fixed expense for 1933-34 is \$1680.

However, since June only \$213.28 has been received for fixed expense. The Yearly Meeting owes Chester Hadley, the Yearly Meeting Superintendent, \$700 in back salary. He has not received a cent of salary since June.

This condition should not continue. The Superintendent's salary is a part of the fixed expense, so if we are to keep a Yearly Meeting Superintendent in the field, we must make substantial payments on our fixed expense immediately.

Friends, this is serious. Are you doing your part?

WALTER LEE,
Financial Secretary.

John the Baptist would call our attention to the fact that Christianity has made America great. . . A pagan philosophy and an alien religion have created a new America in two decades, and we are reaping the consequences in the lawlessness and hard times of our day. The only hope of the republic is a nation wide revival or the personal return of our Lord. One of these two events must take place soon. . . It is Christ or chaos.—President Rood.

FRIENDLY ENDEAVOR ANNUAL

After this present issue there will be only one more Friendly Endeavor before the first Annual will make its appearance. A Local Representative has been appointed from each Monthly Meeting to manage the affairs of the Annual for their particular group. When your Local Representative approaches you with a request for your whole-hearted support, either in regard to advertising or purchasing, give it to him!

The Friendly Endeavor Annual will be a worthy companion to other activities of the Young People of Oregon Yearly Meeting. The Annual will contain twenty pages of Missionary (home and foreign), Yearly Meeting, Conference and Society news, as well as many inspirational articles. Also, there will be more than a dozen cuts. In short, it will be a summary of the work of Oregon Yearly Meeting and another link in the chain of Yearly Meeting Christian Endeavor activities that serve to bind the young people more closely together in their common purpose to serve Jesus Christ more fully.

It is hoped that the Annual will be such a financial success that the net proceeds can be applied on next year's Friendly Endeavor and thus materially reduce quotas for 1934. The Annual will be sold for 25 cents each and it is hoped that many will be able to purchase several copies and have them mailed to friends and relatives residing elsewhere. For further details see your Local Representative:

Society	Local Representative
Bethany	Esther Hendricks
Boise	Elizabeth Brockman
CHEHALEM CENTER	John Astleford
ENTIAT	Doris Wilcox
Greenleaf	Ralph Choate
HIGHLAND	Clifford M. Armstrong
Kelso	Oscar Brown
LENTS	J. Emel Swanson
Marion	Rev. Robert Smith
MELBA	John Paul Eichenberger
Middleton	Alison H. Rogers
NEWBERG	Josephine Smith
Piedmont	Mildred Raymond
Quilcene	Ethel Cowgill
Rosedale	Rev. Milo Ross
Scotts Mills	
South Salem	Mrs. Irma B. Cunningham
SPRINBROOK	Myrtle G. Newby
SUNNYSIDE	Frank L. Cole
Star	Rev. William Murphy
Tacoma	Rev. I. G. Lee
Valley Mound	A. Glen Birch
VANCOUVER	Dr. John Brougher

Note—The Societies printed with capital letters have paid their 1932 and 1933 quotas in full.

The Business Manager wishes to call attention to his change of address, so that payments on quotas and requests for information regarding The Friendly Endeavor Annual to be printed in December may be promptly received.

New address is
FRANK L. COLE,
8217 S. E. Franklin Street,
Portland, Oregon.

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For Catalogue and Full Information, Address LEVI T. PENNINGTON, President Pacific College, Newberg, Oregon

For several weeks a group of Friends have gone each Sunday evening after Church to hold a short service for Mrs. Bartholomew, who has been confined to her bed for more than two months. There is song, prayer and testimony, and those attending feel that they share in the blessings received.

Four new members were given the right hand of fellowship recently: Mrs. Ida Adams and sons Howard and Ivan, and Lorraine Bennight. We are glad to welcome these friends into our midst.

A church rally and fellowship supper was enjoyed in the church basement on September 12th. The program following the meal consisted of special music furnished by Mr and Mrs. Coffin, Fern Mills and her sister, Lena Fewless, instrumental music given by Gerald Perry, Howard Adams and Mildred Raymond, and Merrill Coffin gave an interesting inspirational address.

Our Sunday School picnic was held Saturday afternoon, September 16th, at Peninsula Park. About 60 were present, and some very enjoyable games were played. Ice cream and cookies proved the most popular pastime, and my! did we eat?

Margaret Merz has returned from a recent visit with relatives in California, and has entered for her second year at the Baptist Seminary. Florence Ritter has begun her teaching again, and Mildred Merz has resumed her teaching at Hood River. Hazel Thomas has

returned to Piedmont and is being welcomed home by her many friends.

TACOMA

God has been marvelously blessing the young people, as well as the membership at large. Our pastors are such a blessing and encouragement to all of our hearts.

The following people were received into membership: Laurence Berg, Mr. and Mrs. Wold and two children, Ethel Daniels, Roma and June Britton, Mr. Parker, Betty Byrd, Dorothy Toulouse, Esther Shade and George Gustafson.

At our September Monthly Meeting we received Rev. and Mrs. L. Russell and family into our membership. They have organized a Christian Endeavor at N. E. Tacoma, with Donald McGath as president.

Preceding the regular business of our monthly meetings, J. L. Simpson explains a portion of the Discipline, which is of great value to the younger members.

A group of our members attended Tacoma Quarterly Meeting at Entiat and came back with glowing reports.

We are fortunate to have Eunice Simpson with us for a few weeks before she returns to Portland Bible Institute.

Madge Harmon and Mona Byrd are attending Pacific College, and Mary Etta Pierson the College of Puget Sound.

"TARRY—AND TRIUMPH"

Mark 14:34—"Tarry ye here and watch."

"Tarry ye here," came the Master's low words;
" 'Tis so hard just to tarry," I cried to my Lord,
"When I long to be laboring—doing Thy work;
Then, 'tis seeming to others, my part I thus shirk
When I tarry and watch."

"Tarry ye here—and then triumph, my son,"
The dear Saviour replied. "For when'er thou art done
With thy waiting and watching, thy work will be there
As of old, and thy hand strong to lift all thy share,
Though thou tarry and watch."

"Tarry, my Lord? Am I only to wait?
When the fields now are rip'ning, and harvest is late?
'Tis Thy word, so I wait; though it seeming is hard,
And my heart is so heavy: 'Tis Thy word, precious Lord,
So I tarry and watch."

"Tarry ye here—ah what blessed command!
I have found it so sweet, just to hold His dear hand,
Just to trust, though my way be dark or be drear;
There is peace in my heart, and there's never a fear
So I tarry and watch."

"Tarry ye here"—and by waiting with Him
Thus, I found the true vict'ry o'er weakness and sin;
For His presence so precious in life's darkest hour
Fills my heart with His glory and victorious power;
So I tarry—and triumph!

—Gladys Hadley Cook.

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