

1980

1980 Statistics

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NAIA DISTRICT #2 TEAM CHAMPIONS
TRACK AND FIELD

* * * * *

MEN'S TEAM

=====		
1955	Lewis & Clark	Eldon Fix
1956	Lewis & Clark	Eldon Fix
1957	Lewis & Clark	Eldon Fix
1958	Lewis & Clark	Eldon Fix
1960	Portland State	Ralph Davis
1961	Portland State	Ralph Davis
1962	Southern Oregon	Dan Bulkley
1963	Southern Oregon	Dan Bulkley
1964	Southern Oregon	Dan Bulkley
1965	Lewis & Clark	Eldon Fix
1966	Lewis & Clark	Eldon Fix
1967	Lewis & Clark	Eldon Fix
1968	Lewis & Clark	Eldon Fix
1969	Lewis & Clark	Eldon Fix
1970	Oregon College	Don Spinas
1971	Oregon College	Don Spinas
1972	Oregon College	Don Spinas
1973	Oregon College	Don Spinas
1974	Oregon College	Don Spinas
1975	Linfield	John Knight
1976	Linfield	John Knight
1977	Lewis & Clark	Eldon Fix
1978	Lewis & Clark	Eldon Fix
1979	Southern Oregon	Stan Goodell
1980	George Fox	Rich Allen
1981	Lewis & Clark	Eldon Fix
1982	Willamette	Charles Bowles
1983	Willamette	Charles Bowles
1984	Willamette	Charles Bowles
1985	Western Oregon	Don Spinas
1986	Southern Oregon	Monty Cartwright

WOMEN'S TEAMS

=====		
1983	Willamette	Charles Bowles
1984	Willamette	Charles Bowles
1985	Portland	Mike Johnson
1986	Western Oregon	Don Spinas

NAIA DISTRICT 2 RECORDS (Women)

100	12.1	Antonette Blythe	Northwest Nazarene	1983
200	25.47	Sheren Wegener	Western Oregon	1986
400	57.73	Kelley Wright	Western Oregon	1986
800	2:16.3	Julie Blum	Willamette	1985
1500	4:28.61	Laura Johnson	U. of Portland	1986
3000	9:33.6	Ann Manning	Portland	1985
5000	16:58.8	Clare Krill	Portland	1985
10,000	37:41.1	Molly Ostlund	Portland	1985
100 HH	15.3	Lisa Jacobs	Lewis & Clark	1985
400 LH	1:03.1	Petra Johnson	Linfield	1985
400 Relay	49.0	Seuell, Wright, Hannon, Wegener	Western Oregon	1986
Mile Relay	3:59.4	Woodside, Nichols, Johnson, Sieverling	Linfield	1985
Long Jump	18-2 3/4	Cindy Fulks	Western Baptist	1983
High Jump	5-8	Sandy Stearns	Western Oregon	1984
Shot Put	44-3 1/4	Paige Daugherty	Lewis & Clark	1985
Discus	140-4	Lea Bush	Willamette	1986
Javelin	152-9	Sandy Bean	Southern Oregon	1985
Heptathlon	4651	Sharon Jensen	Western Oregon	1987
800m Medley	1:48.49	Seuell, Hannon, Wegener, Wright	Western Oregon	1986

NAIA DISTRICT 2 RECORDS (Men)

100	10.4	Greg Griffin	George Fox	1977
		Terry Hendrix	Southern Oregon	1983
200	21.8	Keith Shriver	Linfield	1969
		Mark Burt	Pacific	1976
400	47.2	Carl Shaw	Linfield	1976
800	1:50.8	Bruce Vogel	Oregon College	1972
1500	3:49.7	Steve Hills	Northwest Nazarene	1975
Steeplechase	8:53.9	Kelly Jensen	Southern Oregon	1978
5000	14:22.4	Steve Blikstad	George Fox	1979
10,000	30:25.3	Don Stearns	Eastern Oregon	1981
110m H	14.0	Rick Fergesen	Lewis & Clark	1977
400m I.H.	52.1	Tim Gilbert	Northwest Nazarene	1978
400 Relay	41.7	Carter, Lazelle Smith, King	Linfield	1976
		Koroma, Reynolds, Neeley, Griffin	George Fox	1978
		Biamont, Taylor, Findling, Mobley	Western Oregon	1986
Mile Relay	3:14.8	Lazelle, Minors Carter, Shaw	Linfield	1976
Shotput	56-5 1/2	Ken Patera	Portland State	1963
Discus	170-11	Harland Yriarte	Southern Oregon	1969
Javelin	249-6	Tony Grant	Oregon Tech	1972
Hammer	178-9	Glen Hill	Western Oregon	1986
High Jump	6-10 1/4	Scott Wallace	Willamette	1980
Long Jump	23-11 1/4	Karl Koenig	Oregon College	1978
Triple Jump	48-10 1/4	Randy Jones	Pacific	1979
Pole Vault	15-7	Dave McDonald	George Fox	1969
Decathlon	7154	Mark Burt	Pacific	1976
Marathon	2:22.06	Larry Miller	Southern Oregon	1974
10,000 Walk	48:35.5	Sam Shick	Lewis & Clark	1979

MISSISSIPPI VALLEY VICTORIOUS IN NAIA OUTDOOR MEET

ABILENE, TX — Mississippi Valley State University accumulated 66 points in the sprint and middle-distance events with a contingent of only seven athletes, and captured its first NAIA National Outdoor Track and Field Championship, May 22-24 at Abilene Christian University's Gray Stadium.

A record 131 institutions were represented by a field of 578 athletes in the 29th annual meet which featured an exciting team title race. Mississippi Valley finished just ahead of local favorite ACU, runner-up for the second consecutive year, and Texas Southern, which placed third after back-to-back team championships in 1978 and '79.

Mississippi Valley claimed three individual event titles with victories in the 200 and 800 meters and the 440-yard relay. The Delta Devils earned a trio of second place finishes in the 100, 1500 and mile relay, were third in the 400, fourth in the 200 and fifth in the 100.

Charles Pickens was named winner of the Herbert B. Marrett "Most Valuable Performer" award as the Devils' senior sprinter won the 200 meter, finished second in the 100 and anchored the winning Mississippi Valley 440 relay team which also consisted of Frederick Johnson, Larry White and Reginald Williamson.

The most unexpected victory for the Devils, however, came in the 800 meters where Herman Sanders pulled off a major upset in defeating Evans White of Prairie View TX. White had won four NAIA indoor titles and three outdoor championships in the 800 prior to Sanders' 1:48.53 to 1:48.68 victory.

Perhaps the most excitement of the three-day meet centered around the pole vault pit where local fans turned out to see Abilene Christian sensation Billy Olson go for a world record.

After winning the event easily with an NAIA record vault of 18-2 (6-0% better than the previous record held by himself), the junior native of Abilene had the standards set at a world-record 18-10 despite ailing problems with a chronic hamstring injury.

On his second of three attempts, Olson came within a glancing arm of sending the crowd into delirium. Photos showed him with his hips at least a foot above the bar, but his momentum was not strong enough to carry him away from it on the way down and his left arm bumped it off.

Other significant achievements during the championships included a pair of

other outdoor meet records and some notable repeat performances. Kevin Jones of Northwood Institute MI tied the 400 meter record in winning the event in a time of :45.74 (ties record of Charles Oliver, Troy State, 1976). Bruce Beckel of Wisconsin-River Falls set a new outdoor championship mark in the high jump with a leap of 7-2. The previous record was 7-1½ by Vic White of Eastern Washington who was runner-up to Berkel this year after winning the last two years.

Harold Willers of Simon Fraser CAN won his third straight championship in the

hammer throw, Gary Wise of Azusa Pacific CA defended his decathlon title and Sammy Maritim of Azusa Pacific Ca repeated in the 5000 meter run. A freshman captured the 100 meter dash as Angelo State's Ellison Portis won in a time of :10.15 (wind-aided) just ahead of Charles Pickens.

Azusa Pacific's Dr. Marvin Mardock won the NAIA National Coach-of-the-Year award and Jim Neugent, former track and field standout at Oklahoma Christian College was inducted into the NAIA Hall of Fame.

29TH ANNUAL NAIA OUTDOOR TRACK AND FIELD CHAMPIONSHIP

TEAM SCORING

1. Mississippi Valley State .. 66	East Texas State..... 2
2. Abilene Christian TX..... 61	Lewis & Clark OR 2
3. Texas Southern 60	School of Ozarks MO 2
4. Azusa Pacific CA 43	Southwest Texas 2
5. Angelo State TX 41	Wayne State NE 2
6. Eastern Washington 33	Wisconsin-Whitewater 2
7. Malone OH..... 31	51. Central Washington..... 1
8. Northwood Institute MI .. 23	Linfield OR..... 1
9. Adams State CO..... 20	Pacific Lutheran WA 1
10. Southern Colorado 19	Saginaw Valley State MI .. 1
11. Jackson State MS 18	
Prairie View A&M TX 18	
Simon Fraser CAN..... 18	
Hillsdale MI 18	
15. William Jewell MO 16	
16. Arkansas Tech 14	
Concordia NE 14	
18. Fort Hays State KS 12	
19. Cumberland KY 10	
Pembroke State NC..... 10	
St. Augustine's NC 10	
Wisconsin-Eau Claire 10	
Wisconsin-River Falls 10	
Wisconsin-Stevens Point . 10	
25. Spring Arbor MI 8	
Western Washington 8	
Willamette OR..... 8	
28. Oklahoma Christian 7	
St. Thomas MN..... 7	
Wisconsin-Parkside 7	
31. Clarion State PA..... 6	
Ferris State MI 6	
Hamline MN..... 6	
Howard Payne TX 6	
LeTourneau TX..... 6	
Point Loma CA 6	
Stephen F. Austin TX 6	
Wisconsin-LaCrosse 6	
39. Eastern New Mexico 4	
College of Ozarks AR..... 4	
Southern Utah..... 4	
42. Macalester MN 3	
43. Black Hills SD..... 2	
Dordt IA 2	

Teams Participating But Not Scoring:

Alabama State; Anderson IN; Arkansas-Monticello; Aquinas MI; Belmont TN; Benedictine KS; Bethany KS; Bethel MN; Berea KY; Biola CA; California Lutheran; California-San Diego; Carson-Newman TN; Cedarville OH; Central Arkansas; Chadron State NE; Central Oklahoma State; Colorado School of Mines; Dakota State; Defiance OH; Doane NE; East Central Oklahoma; Eastern Oregon; Emporia State KS; Findlay OH; George Fox OR; Georgetown KY; Grand Valley State MI; Greenville IL; Harding AR; Hastings NE; Henderson State AR; Kansas Wesleyan; Kearney State NE; Lewis IL; Loras IA; McMurry TX; McPherson KS; Manchester IN; Marion IN; Marymount KS; Mid-America Nazarene KS; Midland Lutheran NE; Milligan TN; Minot ND; Moorhead MN; Northeastern Oklahoma; Northern State SD; Northwest Nazarene ID; Northwestern IA; Oklahoma Baptist; Oregon Tech; Ouachita Baptist AR; Pittsburg State KS; Rio Grande OH; Sam Houston State TX; South Dakota School of Mines; South Dakota-Springfield; Southern Arkansas; Southern Oregon; Southwestern Kansas; Tarleton State TX; Taylor IN; Texas A&I; Walsh OH; Washburn KS; Wayland Baptist TX; Westmont CA; Western New Mexico; Westmar IA; Westminster MO; Wisconsin-Platteville; Wisconsin-Stout; Wisconsin-Superior.

1980 NAIA OUTDOOR TRACK & FIELD RESULTS

(All Time Full Automatic Unless Noted)

100 METERS: 1. **Ellison Portis**, Angelo State TX, :10.15w; 2. Charles Pickens, Mississippi Valley, :10.24w; 3. Alvin Mathias, Adams State CO, :10.27w; 4. Mike Nettles, Texas Southern, :10.31w; 5. Larry White, Mississippi Valley, :10.31w; 6. Elton Francis, Southwest Texas, :10.32w.

200 METERS: 1. **Charles Pickens**, Mississippi Valley, :20.77w; 2. Ellison Portis, Angelo State TX, :20.89w; 3. Carl Williams, Texas Southern, :20.91w; 4. Larry White, Mississippi Valley, :21.05w; 5. Barry Sample, Angelo State TX, :21.13w; 6. Elton Francis, Southwest Texas, :21.19w.

400 METERS: 1. **Kevin Jones**, Northwood Institute MI, :45.74 (Ties Record of Charles Oliver, Troy State AL, 1976); 2. Clifton Terrell, Prairie View A & M TX, :46.24; 3. Eugene Saunders, Mississippi Valley, :46.25; 4. Tyrone Cross, Texas Southern, :46.69; 5. Michael Joseph, Texas Southern, :46.73; 6. Tim Hart, Central Washington, :47.37.

800 METERS: 1. **Herman Sanders**, Mississippi Valley, 1:48.53; 2. Evans White, Prairie View A & M TX, 1:48.68; Clifton Perry, Texas Southern, 1:48.98; 4. Robert Bullard, Texas Southern, 1:49.45; 5. Brian Starks, Texas Southern, 1:49.3 (HT); 6. Jerome Krone, Angelo State TX, 1:49.5 (HT).

1500 METERS: 1. **Michael Watson**, Jackson State MI, 3:46.86; 2. Herman Sanders, Mississippi Valley, 3:49.03; 3. Brad Erickstaf, LeTourneau TX, 3:49.29; 4. James Green, Texas Southern, 3:50.46; 5. Linall Dodson, School of Ozarks MO, 3:50.81; 6. John Esquibel, Adams State CO, 3:50.98.

3,000 METER STEEPLECHASE: 1. **Kregg Einspahr**, Concordia NE, 8:58.4 (HT); 2. Graham MacDonald, Simon Fraser CAN, 9:08.4 (HT); 3. Mike Herndon, Oklahoma Christian, 9:10.2 (HT); 4. Mark Malander, St. Thomas MN, 9:13.1 (HT); 5. Curt Fiedler, Black Hills State SD, 9:15.6 (HT); 6. Pat Porter, Adams State CO, 9:20.1 (HT).

5,000 METERS: 1. **Sammy Maritim**, Azusa Pacific CA, 14:34.19; 2. **David Fleming**, Willamette OR, 14:34.52; 3. Tim Schmid, William Jewell MO, 14:43.25; 4. Gordon Sanders, Hillsdale MI, 14:45.78; 5. Peter King, St. Thomas MN, 14:46.04; 6. Paul Mausling, Macalester MN, 14:46.75.

10,000 METERS: 1. **Tim Schmid**, William Jewell MO, 30:05.86; 2. Gordon Sanders, Hillsdale MI, 30:09.57; 3. Joe Yurkovich, Malone OH, 30:09.58; 4. Sammy Maritim, Azusa Pacific CA, 30:09.74; 5. Paul Mausling, Macalester MN, 30:26.8; 6. Paul Peterson, Saginaw Valley State MI, 30:46.3.

MARATHON: 1. **Bill Langhout**, Wisconsin-Eau Claire, 2:30.33.30; 2. Joe Yurkovich, Malone OH, 2:31:33.60; 3. Ken Gribshaw, Clarion PA, 2:31:34.00; 4. Kelly Carter, Abilene Christian TX, 2:31:46.60; 5. Greg Kuiper, Dordt IA, 2:32:40.37; 6. Jeff Coulter, Western Washington, 2:33:35.78.

10,000 METER WALK: 1. **Jeff Ellis**, Wisconsin-Stevens Point, 47:35.1; 2. Mel McGinnis, Spring Arbor MI, 48:00.2; 3. Mike Rummelhart, Wisconsin-Parkside, 48:18.8; 4. Steve Hoyer, Concordia NE, 49:14.5; 5. Tom McMillan, Wisconsin-La Crosse, 49:17.3; 6. Steve Ball, Wisconsin-Parkside, 49:24.6.

110 METER HIGH HURDLES: 1. **Steve Parker**, Abilene Christian TX, :13.84w; 2. Lionel Campbell, Northwood Institute MI, :13.89w; 3. Mike Donley, Southern Colorado, :13.98w; 4. Stan O'Neal, Abilene Christian TX, :14.18w; 5. Ed Blackburn, Wayne State NE, :14.19w; 6. Paul Bowe, Jackson State MS, :14.20w.

400 METER INTERMEDIATE HURDLES: 1. **James Baldwin**, Texas Southern, :50.48; 2. Carl Powell, Pembroke State NC, :51.46; 3. Dewaine Dieterman, Stephen F. Austin TX, :52.17; 4. Byron Patterson, Ferris State MI, :52.34; 5. Danny Dixon, Abilene Christian TX, :52.85; 6. John Kostogeanus, Western Washington, No Time.

440 YARD RELAY: 1. **Mississippi Valley State** (Fredrick Johnson, Larry White, Reginald Williamson, Charles Pickins), :40.22; 2. St. Augustine's NC, :40.54; 3. Angelo State TX, :40.95; 4. Arkansas Tech, :41.09; 5. Adams State CO, :41.31; 6. Jackson State MS, :41.39.

MILE RELAY: 1. **Texas Southern** (Michael Joseph, Kenneth Williams, Robert Bullard, Tyrone Cross), 3:07.2; 2. Mississippi Valley State, 3:08.7; 3. Jackson State MS, 3:09.1; 4. Angelo State TX, 3:09.5; 5. Prairie View A&M TX, 3:09.7; 6. Abilene Christian TX, 3:11.4.

FIELD

LONG JUMP: 1. **Carl Hanns**, Cumberland KY, 25-3½ (7.71); 2. Prelo Harris, Arkansas Tech, 25-2 (7.67); 3. Larry Sutton, Howard Payne TX, 24-4½ (7.43); 4. Bill Patza, Wisconsin-LaCrosse, 24-4½ (7.42); 5. David Gilliam, St. Augustine's NC, 23-9¾ (7.26); 6. Woody Bowles, Oklahoma Christian, 23-9 (7.24).

TRIPLE JUMP: 1. **Vick White**, Eastern Washington, 52-8 (16.05)w; 2. Ron Gill, Southern Colorado, 51-1¾ (15.59)w; 3. Brett Courville, Texas Southern, 51-1 (15.57)w; 4. Kenneth Little, College of Ozarks AR, 50-10¾ (15.51)w; 5. Charles

Swindell, Pembroke State NC, 50-6¼ (15.40)w; 6. Mike Little, Southern Colorado, 50-6¼ (15.40)w.

HIGH JUMP: 1. **Bruce Beckel**, Wisconsin-River Falls, 7-2 (RECORD: Old mark, 7-1½ set by Vic White, Eastern Washington and Dave Bergstrom, Moorhead State MN, 1979); 2. Vic White, Eastern Washington, 7-0; 3. Daniel Gifford, Hillsdale MI, 6-10; 4. Carl Turner, Southern Colorado, 6-10; 5. Joe Bob Wise, Arkansas Tech, 6-10; 6. Mark Norman, Northwood Institute MI, 6-10.

POLE VAULT: 1. **Billy Olson**, Abilene Christian TX, 18-2 (5.53) (RECORD: Old mark, 17-6¾ set by Olson, 1979); 2. Brad Pursley, Abilene Christian TX, 17-8¾ (5.40); 3. Kim Stewart, Fort Hays State KS, 16-8 (5.08); 4. Ron Hunt, Abilene Christian TX, 16-0 (4.87); 5. Tom Plummer, Wisconsin-Whitewater, 16-0 (4.87); 6. Ken McIlwain, Malone OH, 16-0 (4.87).

SHOT PUT: 1. **Harold Ledet**, Angelo State TX, 60-11½ (18.58); 2. Bob Urey, Malone OH, 60-0 (18.29); 3. Mike Manders, Hamline MN, 58-4 (17.78); 4. Mike Baysinger, Eastern New Mexico, 57-10 (17.63); 5. Mark Lundy, Texas Southern, 56-10¾ (17.34); 6. Brad Boland, Eastern Washington, 56-10 (17.32).

DISCUS: 1. **Martin Guerrero**, Abilene Christian TX, 195-7 (59.62); 2. Bob Urey, Malone OH, 194-7 (59.30); 3. Brad Boland, Eastern Washington, 193-4½ (58.94); 4. Roger Axelsson, Point Loma CA, 183-1 (55.80); 5. J.R. Hanley, East Texas, 179-10 (54.82); 6. Douglas Dietz, St. Thomas MN, 177-7 (54.12).

JAVELIN: 1. **Mike Barnett**, Azusa Pacific CA, 242-5 (73.88); 2. Brad Boland, Eastern Washington, 227-7½ (69.38); 3. Gary Sechrist, Fort Hays KS, 222-9 (67.90); 4. Robert Shirts, Southern Utah, 218-11½ (66.74); 5. **Todd Lovell**, Lewis & Clark OR, 217-8 (66.34); 6. **Rob Casteel**, Linfield OR, 214-4½ (65.34).

HAMMER: 1. **Harold Willers**, Simon Fraser CAN, 195-5 (59.56); 2. Doug Barnett, Azusa Pacific CA, 189-9 (57.84); 3. Martin Rudy, Western Washington, 177-3½ (54.04); 4. Ron Lunetta, Northwood Institute MI, 176-8 (53.64); 5. Doug Gillard, Ferris State MI, 175-7 (53.52); 6. Ron Ponciano, Azusa Pacific CA, 165-10 (50.54).

DECATHLON: 1. **Gary Wise**, Azusa Pacific CA, 7331; 2. Keith Stewart, Abilene Christian TX 7056; 3. Alan Stahlecker, Adams State CO, 6998; 4. Kenneth Day, Adams State CO, 6938; 5. Dave Tolson, Point Loma CA, 6807; 6. Phil Schot, Pacific Lutheran WA, 6807.

1980 SEASON'S BEST

400 Relay Sherman, Frisk 43.0 Olds, Frisk 43.0 Sherman, VanWinkle 43.5
M. Reynolds, Anders M. Reynolds, Anders M. Reynolds, Anders

1500 Stuart 3:50.97 Otto 3:52.8 Rochholz 4:01.0 Cole 4:02.9 Pearson 4:03.7

110 HM M. Reynolds 14.7 Swafford 14.8 Frisk 15.0 Quiring 16.8

400 Anders 48.4 VanWinkle 49.7 Olds 51.3

100 M. Reynolds 10.8 Sherman 11.2 Cloud 11.8 Carson 11.8

800 Pearson 1:54.5 Cole 1:54.6 Otto 1:55.7 Stuart 1:56.5 Oberat 2:00.5

1M Hurdles Frisk 53.2 Swafford 54.0 M. Reynolds 56.5 Olds 1:57.6 Anders 1:56.5

200 M. Reynolds 22.1 Anders 22.5 Sherman 22.6 Cloud 22.9 Oberat 23.2

1600m Olds, VanWinkle Frisk, VanWinkle Anders, Otto Frisk, Olds Anders, Reynolds
Frisk, Anders Cole, Anders Stuart, Frisk Cole, VanWinkle VanWinkle, Oberat
3:18.1 3:19.55 3:20.0 3:22.2 3:23.6

1000 Stuart 14:45.4 Rochholz 15:01.0 Bright 15:53.5 Pearson 16:18.8 Winter 16:51.0

0,000 Rochholz 31:57.0 Bright 32:37.4 Winter 34:08.7
~~5-4-80~~ ~~5-4-80~~

Keplechase Otto 9:22.5 Stuart 9:37.2 Rochholz 9:46 Bright 10:01.69 Cole 10:38.5

1000m Vault Oberat 14-0 Heydel 13-0 Wilkinson 10-6

1000m Jump Quiring 6-6½ Swafford 6-0 Heydel 5-9

1000m Jump Quiring 21-10 M. Reynolds 21-9 Could 21-7 VanWinkle 20-9½ Carson 20-2

1000m Jump M. Reynolds 43-10 Smith 43-6 Wilkinson 42-0 Carson 40-10

Shot	Keeran 42-9	Curtis 41-4	K. Reynolds 39-5
Discus	Keeran 168-6	Curtis 125-2½	Miller 124-4
Javelin	Nolbrook 202-6	K. Reynolds 191-7	Carson 188-2 Oberst 157-7
Hammer	Curtis 156-11	Smith 139-3	Miller 109-6
Decathlon	Oberst 5513	Wilkinson 50007	
10,000k Walk	Winter 59:49.0	Wilkinson 60:37	
Marathon	Bright 2:39.18	Winter 2:50.27	

GEORGE FOX COLLEGE
Bruin
Track & Field Records
5-27-80

<u>EVENT</u>	<u>MARK</u>	<u>NAME</u>	<u>YEAR</u>
100M	10.4	Gregg Griffin	79
	10.25 ^w ET	Gregg Griffin	78
200M	21.2	Gregg Griffin	79
400 M	48.1	Werner Seibert	79
800 M	1:52.7	Wendell Otto	79
1500M	3:49.7	Wendell Otto	79
5000 M	14:22.4	Steve Blikstad	79
10,000 M	30:22.8*	Steve Blikstad	77
Steeplechase	8:49.8	Steve Blikstad	79
110M HH	14.5	Mark Reynolds	78
400 M IH	52.34 ET	Chad Neeley	78
Long Jump	23-2 3/4	Amadu Koroma	78
	23-9 ^w	Amadu Koroma	78
Triple Jump	48-5	Mark Halland	72
High Jump	6-7	Bob Quiring	79
Pole Vault	15-8	Dave McDonald	69,71
Shot	55-3	Bob Hadlock	68
Discus	168-6	Charlie Keeran	80
Javelin	230-6	Ed Buck	75
Hammer	170-3	Allan Morrow	79
Decathlon	7054	Ed Buck	75
Marathon	2:25.19	Curt Ankeny	73
400 M Relay	41.3	Amadu Koroma Chad Neeley Mark Reynolds Gregg Griffin	78
1600 M Relay	3:18.1*	Tim Olds Tom VanWinkle Rick Frisk Monte Anders	80
10K Walk	59:49.0	Jack Winter	80

*Converted from yards

GEORGE FOX COLLEGE

Bruin

Track & Field Records

<u>EVENT</u>	<u>MARK</u>	<u>NAME</u>	<u>YEAR</u>
800 M Relay	1:27.5	Gregg Griffin Chad Neeley Mark Reynolds Werner Seibert	78
Sprint Medley	1:33.3	Chad Neeley 220 Mark Reynolds 110 Tim Sherman 110 Werner Seibert 440	78
Sprint Medley (mile)	3:30.4	Gregg Griffin 220 Chad Neeley 220 Werner Seibert 440 Larry Bales 880	77
3200 M Relay	7:42.0	Chris Maura Larry Bales Wendell Otto Randy Ware	78
Distance Medley	10:17.3	Bruce Greone 1320 Chad Neeley 440 Randy Ware 8880 Steve Blikstad mile	76
4 Mile Relay	17:27.6	Wendell Otto Dave Molstad Chris Maura Steve Blikstad	78
6400 M Relay	17:25.62	Steve Stuart Dave Molstad Chris Maura Steve Blikstad	78
Long Jump Relay	61-6	Amadu Koroma Eb Buck John Koroma	75
Javelin Relay	548-5	Eb Buck Del Dittus Lon Austin	75

GEORGE FOX COLLEGE

Bruin Track & Field Records

<u>EVENT</u>	<u>MARK</u>	<u>NAME</u>	<u>YEAR</u>
High Jump Relay	18-5	Bob Quiring Lon Austin Duane Swafford	79
Hammer Relay	381-7	Allan Morrow Steve Curtis Rob King	79
Shot Relay	123-9½	Allan Morrow 47-7½ Steve Curtis 37-7 Charlie Keeran 38-7	79
Discus Relay	401-10	Charlie Keeran 141-7 Allan Morrow 134-6 Steve Curtis 125-9	79

BRUIN TRACK

POINT TOTAL

1980

NAME	WIL		UPS		EOSC INV		OSU- UP		L&C		LIN-EOSC		DISTRICT	NATL
Anders, Monte	5	0	12 $\frac{1}{2}$	17 $\frac{1}{2}$			6 $\frac{1}{2}$	24	10 $\frac{1}{2}$	34 $\frac{1}{2}$	4 $\frac{1}{2}$	36	13	49
Bright, Jim	1	0	3	4			0		0		5	9	12	21
Carson, Tony	6	0	5	11			0	11	1	12	inj	12	—	12
Cloud, Rob	3	3	5	8			0	8	4	12	0	12	2	14
Cole, John	3	3	1	4			2 $\frac{1}{2}$	6 $\frac{1}{2}$	1	7 $\frac{1}{2}$	6 $\frac{1}{2}$	14	1	15
Curtis, Steve	5	5	8	13			1	14	4	18	7	25	10	35
Frisk, Rick	3	3	12 $\frac{1}{2}$	20 $\frac{1}{2}$			6 $\frac{1}{2}$	26	12 $\frac{1}{2}$	39 $\frac{1}{2}$	9 $\frac{1}{2}$	48	11	59
Haydel, Brent			8	8			2	10	3	13	3	16	11 $\frac{1}{2}$	17 $\frac{1}{2}$
Holbrook, Larry	0	0	5	5			0	5	3	3	1	9	0	9
Keeran, Charlie	6	6	6	12			inj	12	5	17	7	24	10	34
Miller, Roger	0	0	0	0			0	0	0	0	0	0	—	0
Oberst, Bruce	inj	0	inj				0	0	5	5	5	10	6	16
Olds, Tim	1	1	1	2			—	2	2 $\frac{1}{2}$	4 $\frac{1}{2}$	5 $\frac{1}{2}$	9	3	12
Ortce, Wendell	inj	0	6 $\frac{1}{2}$	6 $\frac{1}{2}$			0	6 $\frac{1}{2}$	6 $\frac{1}{2}$	12 $\frac{1}{2}$	7	19 $\frac{1}{2}$	10	29 $\frac{1}{2}$
Pearson, Keith	1	1	6	7			0	7	0	7	4	11	8	19
Quiring Bob	inj	0	inj	0			inj	0	inj	0	5	5	0	5
Reynolds, Kelly	3	3	3	6			1	7	0	7	0	7	0	7
Reynolds, Mark	2	2	12 $\frac{1}{2}$	14 $\frac{1}{2}$			6	20 $\frac{1}{2}$	19 $\frac{1}{2}$	39 $\frac{1}{2}$	15 $\frac{1}{2}$	54	18 $\frac{1}{2}$	73 $\frac{1}{2}$
Rochholz, Tim	3	3	10	13			3	16	2	18	3	21	8	29
Sherann, Tim	8	8	4 $\frac{1}{2}$	12 $\frac{1}{2}$			inj	12 $\frac{1}{2}$	inj	12 $\frac{1}{2}$	inj	12 $\frac{1}{2}$	2	14 $\frac{1}{2}$
Smith, Nolan	1	1	8	9			0	9	1	10	0	10	1	11
Stuart, Steve	10	10	6 $\frac{1}{2}$	16 $\frac{1}{2}$			1	17 $\frac{1}{2}$	6 $\frac{1}{2}$	23 $\frac{1}{2}$	10	33 $\frac{1}{2}$	10	43 $\frac{1}{2}$
Wafford, Duane	7	7	inj	7			3 $\frac{1}{2}$	10 $\frac{1}{2}$	7	17 $\frac{1}{2}$	6	23 $\frac{1}{2}$	8	31 $\frac{1}{2}$
VanWinkle, Tom	3	3	inj	3			2 $\frac{1}{2}$	5 $\frac{1}{2}$	3	8 $\frac{1}{2}$	6 $\frac{1}{2}$	14 $\frac{1}{2}$	6 $\frac{1}{2}$	21
Wilkinson, Dave	5	5	0	5			0	5	0	5	4	9	0	9
Winter, Jack	inj	0	0	0			—	0	0	0	3	3	4	7

Performances through 3/22/80

NCWSA TRACK & FIELD

Leading Performances

100 METERS

*Connie Taylor	BSU	12.2	3/1
*Jana Olson	PLU	12.29	3/22
*Val Dworak	BSU	12.3	3/1
*Karen Osburn	BSU	12.4	3/1
*Jamie Day	EWU	11.6yi	3/1
*Sheri McCormick	CWU	12.7	3/1
*Cindy Kauzlaric	UPS	12.7	3/22
*Julie Heiden	PLU	12.7	3/22
*Kelly Morgan	BSU	12.8	3/1
Jacque Davis	GFC	13.0	3/15
Connie Wishart	Lin	13.5	3/1
Paula Stewart	WU	13.5	3/15
Sherrie Gott	LC	13.5	3/1

800 METERS

Cindy Henry	UPS	2:23.67	3/22
C. Petrovich	WWU	2:24.0	3/22
Nancy Fredricks	LC	2:25.4y	3/1
LeeAnn Roleff	UI	2:24.4i	2/16
Suzanne Tourea	Lin	2:26.0y	3/1
Judy Smith	BSU	2:25.18	3/22
Marie DeHart	OCE	2:26.3y	3/1
Cydie Beale	LC	2:27.1y	3/1
Cheryl Hoff	WW	2:27.4	2/16
Monica Johnson	PLU	2:27.5	3/1

200 METERS

*Val Dworak	BSU	25.4	3/1
*Sheri McCormick	CWU	25.6	3/15
*Debora Carter	SPU	25.6	3/15
*Sharon Dennis	GFC	25.7	3/15
*A. Pleasant	CWU	26.4	3/15
*L. Jones	CWU	26.5	3/15
Becki Koon	UI	26.6i	2/16
Darla Hasselquist	BSU	26.7	3/1
Karen Osburn	BSU	26.69e	3/22
Kim Ward	UI	26.7i	2/16
Joyce Taylor	BSU	26.8i	2/16
Cathy Davis	EWU	26.9i	2/16
Cindy Kauzlaric	UPS	26.9	3/1
Jana Olson	PLU	26.9	3/1

1500 METERS

*Patsy Sharples	UI	4:32.5i	2/9
*Cathy Torens	EWU	4:49.6i	2/9
Myers	CWU	4:55.6	3/15
Suzanne Tourea	Lin	4:56.3	3/1
Jan Milick	SPU	4:57.0	3/15
Christi Colburn	WU	4:57.1	3/15
Jane Abbott	WWU	4:57.3	3/22
Eileen McDougal	GFC	4:59.3	3/15
Marie DeHunt	OCE	5:02.1	3/14
Erwin	SPU	5:02.6	3/15
Debbie Tri	PLU	5:02.6	3/22
Cindy Peter	UPS	5:03.0	3/15
Reynette Blessing	BSU	5:21.99	3/22

400 METERS

*Ann Damiano	BSU	59.63e	3/22
Karen Osburn	BSU	60.5i	2/16
Sharon Dennis	GFC	61.2	3/15
Carolyn Gore	Lin	61.3	3/1
Darla Hasselquist	BSU	61.5	3/15
J. Swanson	WWU	62.33	3/22
Brenda Allenbaugh	CWU	62.7	3/1
Marie DeHart	OCE	62.8	3/1
B. Rom	PLU	63.74	3/22
Nancy Nilson	CWU	63.8	3/1
Randolph	WU	63.9	3/15

3000 METERS

*Patsy Sharples	UI	9:43.4i	2/9
*Kathy Kearney	BSU	10:16.48	3/22
*Ronda Burnett	EOSC	10:31.1	3/8
Angie French	UPS	10:44.0	3/15
Lisa Riddel	WWU	10:44.3	3/15
Sonia Blakstoek	UI	10:47.0i	2/16
McLean	SPU	10:51.1	3/15
Janet Pearson	WWU	10:52.6	3/15
Dixie Reimer	WW	11:01.8	3/8
Jeri Watson	CWU	11:07.0	3/15
Signe Harrang	LC	11:11.4	3/14
Christi Colburn	WU	11:20.0	3/15

5000 METERS

* Lisa Riddel	WWU	18:51.65	3/22
* Jeri Watson	CWU	18:56.2	3/1
* Tommy Asher	Lin	19:13.0	3/1
* Janet Pierson	WWU	19:20.11	3/22
* Cisca Wery	PLU	19:22.0	3/22
* Angie French	UPS	19:22.8	3/1
Janet Rue	CWU	20:34.1	3/1

400 METER HURDLES

* Donna Davidson	WWU	1:08.5	3/22
Teri Meece	BSU	1:09.98	3/22
Karen Maxwell	GFC	1:10.1	3/15
Mauraen Freitag	MNC	1:11.7	3/1
Frenda Allenbaugh	CWU	1:11.9	3/15
Wendy Malich	WWU	1:14.56	3/22
Heather Jahr	PLU	1:15.7	3/22
Leslie Wickman	WU	1:16.6	3/15
Debbie Maier	PLU	1:17.7	3/15
Jody Tracy	CWU	1:19.0	3/1

10000 METERS

Denise Stohl	Lin	38:44	3/1
Sonia Blackstock	UI	39:59.01	2/20
Jody Garrard	Lin	41:37	3/1
Cindy Partridge	UI	42:24.51	2/20

HIGH JUMP

* Cindy Stewart	BSU	5-4i	2/16
* Kris Sorrenson	WM	5-4i	2/16
* A. M. Solomonson	SPU	5-4i	3/1
* Leslie Wickman	WU	5-2	3/1
* Lori Laughney	LC	5-2	3/1
* Patti Bennet	UI	5-2i	3/1
* Cathy Wilson	SPU	5-2	3/15
* B. Schuster	WWU	5-2	3/22
Julie Heiden	PLU	5-1	3/1
Terri Johnson	BSU	5-0	3/15
Sarah McIntyre	WU	5-0	3/8
Esme Jensen	LC	5-0	3/14
Barb Smith	OCE	5-0	3/14

100 METER HURDLES

* Cathy Wilson	SPU	15.9	3/15
* Karen Maxwell	GFC	16.0	3/15
Teri Meece	BSU	16.46e	3/22
Donna Davidson	WWU	16.3	3/22
Joyce Taylor	BSU	16.57e	3/22
Wendy Malich	WWU	16.6	3/15
Wendy Swartz	BSU	17.0	3/15
Sandra Burns	GFC	17.2	3/15
Heather Jahr	PLU	17.2	3/22
Kris Sorrenson	WM	17.7	3/8
Cindy Stewart	BSU	17.97e	3/22

SHOT PUT

* Cathy Wilson	SPU	44-9 $\frac{1}{2}$ i	3/1
* Jackie Degel	RMC	44-2 $\frac{1}{2}$	3/22
Cindy Pottle	CWU	39-3 3/4	3/15
Ann Davis	WU	36-9	3/15
Sheryl Ward	OCE	35-6	3/1
Sue Laughlin	OCE	34-5 $\frac{1}{2}$	3/14
Janet Bronson	LC	33-11 $\frac{1}{2}$	3/14
Diane McAnulty	BSU	33-10 3/4	3/1
Jean Hamer	CWU	31-4 $\frac{1}{2}$	3/1
C. Viebrock	PLU	30-10	3/22
Cindy Simpkins	BSU	30-8 3/4	3/1

Performances through 3/29/80

NCWSA TRACK & FIELD

Leading Performances

100 METERS

*Connie Taylor	BSU	12.2	3/1
*Jana Olson	PLU	12.29	3/22
*Val Dworak	BSU	12.3	3/1
*Karen Osburn	BSU	12.4	3/1
*Jamie Day	EWU	11.6yi	3/1
*Pleasant	CWU	12.5w	3/29
*Cathy Davis	EWU	12.5w	3/29
*Sheri McCormick	CWU	12.7	3/1
*Cindy Kauzlarie	UPS	12.7	3/22
*Julie Heiden	PLU	12.7	3/22
*Jacque Davis	GFC	12.7	3/29
*Kelly Morgan	BSU	12.8	3/1
*Chris Pease	NNC	12.9w	3/29
*Laura Jones	CWU	12.9w	3/29

800 METERS

Cathy Nash	WU	2:22.4	3/29
Cindy Henry	UPS	2:23.67	3/22
C. Petrovich	WWU	2:24.0	3/22
Nancy Fredricks	LC	2:25.4y	3/1
LeeAnn Roleff	UI	2:24.4i	2/16
Suzanne Tourea	Lin	2:26.0y	3/1
Judy Smith	BSU	2:25.18	3/22
Laura Meyers	CWU	2:25.5	3/29
Marie DeHart	OCE	2:26.3y	3/1
Cyndie Beale	LC	2:27.1y	3/1
Cheryl Hoff	WW	2:27.4	2/16
Monica Johnson	PLU	2:27.5	3/1

200 METERS

*Val Dworak	BSU	25.4	3/1
*Sheri McCormick	CWU	25.6	3/15
*Debora Carter	SPU	25.6	3/15
*Sharon Dennis	GFC	25.7	3/15
*A. Pleasant	CWU	26.4	3/15
*Laura Jones	CWU	26.5	3/15
Becki Koon	UI	26.6i	2/16
Darla Hasselquist	BSU	26.7	3/1
Karen Osburn	BSU	26.69e	3/22
Kim Ward	UI	26.7i	2/16
Joyce Taylor	BSU	26.8i	2/16
Cathy Davis	EWU	26.9i	2/16
Cindy Kauzlarie	UPS	26.9	3/1
Jana Olson	PLU	26.9	3/1

1500 METERS

*Patsy Sharples	UI	4:32.5i	2/9
*Ronda Burnett	EOSC	4:43.8	3/29
*Cathy Torens	EWU	4:49.6i	2/9
*Denise Stohl	Lin	4:53.8	3/29
Laura Myers	CWU	4:55.6	3/15
Suzanne Tourea	Lin	4:56.3	3/1
Jan Miliek	SPU	4:57.0	3/15
Christi Colburn	WU	4:57.1	3/15
Jane Abbott	WWU	4:57.3	3/22
Eileen McDougal	GFC	4:59.3	3/15
Marie DeHunt	OCE	5:02.1	3/14
Erwin	SPU	5:02.6	3/15
Debbie Tri	PLU	5:02.6	3/22
Cindy Peter	UPS	5:03.0	3/15

400 METERS

*Saron Dennis	GFC	57.5e	3/22
*Kathy Mayberry	EWU	58.2	3/29
*Ann Damiano	BSU	59.63e	3/22
Karma Osburn	BSU	60.5i	2/16
Merrily Boast	CWU	60.2	3/29
Sharon Dennis	GFC	61.2	3/15
Carolyn Gore	Lin	61.3	3/1
Darla Hasselquist	BSU	61.5	3/15
Dena Sale	EWU	61.5	3/29
Trish Bolland	EWU	62.0	3/29
Michele Randolph	WU	62.1	3/29
J. Swanson	WWU	62.33	3/22
Janis Rue	WU	62.6	3/29
Brenda Allenbaugh	CWU	62.7	3/1

3000 METERS

*Patsy Sharples	UI	9:43.4i	2/9
*Ronda Burnett	EOSC	10:13.7	3/29
*Kathy Kearney	BSU	10:16.48	3/22
Angie French	UPS	10:44.0	3/15
Lisa Riddel	WWU	10:44.3	3/15
Janet Keeney	Lin	10:46.3	3/29
Sonia Blackstock	UI	10:47.0i	2/16
McLean	SPU	10:51.1	3/15
Janet Pearson	WWU	10:52.6	3/15
Christi Colburn	WU	10:54.0	3/29
Jackie VandeBrake	EWU	10:57.2	3/29
Dixie Reimer	WW	11:01.8	3/8
Lori Solby	EWU	11:02.5	3/29
Asher	Lin	11:03.0	3/29

NCWSA Leading Performances

JAVELIN

* Ann Davis	WU	131-5	3/1
Lorna Raabe	CWU	124-10	3/15
Sue Laughlin	OCE	119-0	3/14
Suzie Devore	PU	118-1	3/1
Beaver	CWU	115-3	3/29
Kathy Peterson	NNC	112-4	3/1
Theresa Church	WU	107-11	3/29
Mary English	Lin	107-7	3/1
Kathy Sauer	LC	107-7	3/14
Holden	EDSC	104-3	3/29
Linda Ashburn	CWU	101-3 $\frac{1}{2}$	3/15

DISCUS

* Cathy Wilson	SPU	144-2	3/15
* Jackie Degel	RMC	142-10	3/15
* Cindy Pottle	CWU	140-10	3/15
* Ann Davis	WU	126-2	3/1
* Teresa Groshong	Lin	125-3	3/29
Diane McAnulty	BSU	121-2	3/1
Janet Bronson	LC	117-0	3/1
Theresa Church	WU	111-5	3/15
Rachel Hampton	GFC	104-11	3/29
Kathy Peterson	NNC	99-3 $\frac{1}{2}$	3/15

400 METER RELAY

BSU	48.0 ^e	3/22
GFC	49.7 ^{he}	3/8
CWU	50.3	3/15
EWU	50.6	3/29
SPU	51.3	3/15
WWU	51.4	3/15
Willamette	52.2 ^y	3/29
PLU	52.0	3/22
UPS	52.8	3/22
Linfield	52.96 ^e	3/8
NNC	53.3	3/29
OCE	53.4	3/14

1600 METER RELAY

GFC	4:06.13	3/8
CWU	4:10.0	3/29
WWU	4:12.9	3/15
Linfield	4:13.4	3/8
SPU	4:14.5	3/15
BSU	4:14.99	3/22
LC	4:15.22	3/14
EWU	4:17.0	3/29
Willamette	4:17.13	3/8
OCE	4:17.2	3/14
PLU	4:18.8	3/15

2-MILE RELAY

Idaho	10:00.31	2/16
Linfield	9:58.89 ^m	3/8
Willamette	10:08.2 ^m	3/8
LC	10:24.0 ^m	3/8

800 METER MEDLEY RELAY

BSU	1:53.4	3/15
CWU	1:54.4	3/15
UPS	1:55.7	3/15
Willamette	1:58.35	3/8
SPU	1:58.8	3/15
GFC	1:59.26	3/8

* - Regional Qualifying
i - Indoors
y - Non metric distance
m - Metric distance
e - Electronic timing

LONG JUMP

* Laurie Flagg	Lin	18-3 $\frac{1}{2}$	3/1
* Cindy Kauzlaric	UPS	18-0	3/29
* Sandi Thomas	UI	17-11 $\frac{1}{2}$ i	2/16
* Alice Pleasant	CWU	17-10 $\frac{1}{2}$	3/15
* Christie Reinstre	WWU	17-8 $\frac{1}{2}$	3/15
* Kim Ward	UI	17-6 $\frac{1}{2}$ i	2/16
* Sue Colvin	EWU	17-5 $\frac{1}{2}$	3/29
Wendy Swartz	BSU	16-11	3/1
Kris Sorrenson	WM	16-8	3/29
Wendy Malich	WWU	16-7 3/4	3/15
Jacquie Williams	GFC	16-7 3/4	3/29
Peggy Calvin	CWU	16-7 $\frac{1}{4}$	3/15
Brenda Rom	PLU	16-2	3/1
Joyce Taylor	BSU	16-1 3/4	3/22
Gwen Tuney	OCE	16-0	3/1

Performances through 4/5/80

NCWSA TRACK & FIELD

Leading Performances

100 METERS

*Connie Taylor	BSU	12.2	3/1
*Jana Olson	PLU	12.29	3/22
*Val Dworak	BSU	12.3	3/1
*Sandi Thomas	UI	12.3w	3/29
*Alice Pleasant	CWU	12.3	4/5
*Karen Osburn	BSU	12.4	3/1
*Debra Carter	SPU	12.4	4/5
*Jamie Day	EWU	11.6yi	3/1
*Cathy Davis	EWU	12.5w	3/29
*Sheri McCormick	CWU	12.7	3/1
*Cindy Kauzlarie	UPS	12.7	3/22
*Julie Heiden	PLU	12.7	3/22
*Jacque Davis	GFC	12.7	3/29
*Christy Smith	WWU	12.7	4/5
*Kelly Morgan	BSU	12.8	3/1
*Josseline Mangia	WWU	12.8	3/22
*Laurie Dominoski	WWU	12.8	4/5

200 METERS

*Allison Falkenberg	UI	25.3	3/29
*Val Dworak	BSU	25.4	3/1
*Sheri McCormick	CWU	25.6	3/15
*Debra Carter	SPU	25.6	3/15
*Sharon Dennis	GFC	25.7	3/15
*Alice Pleasant	CWU	26.4	3/15
*Jacque Davis	GFC	26.43	4/5
*Laura Jones	CWU	26.5	3/15
Becki Keon	UI	26.6i	2/16
Darla Hasselquist	BSU	26.7	3/1
Karen Osburn	BSU	26.69e	3/22
Kim Ward	UI	26.7i	2/16
Joyce Taylor	BSU	26.8i	2/16
Cathy Davis	EWU	26.9i	2/16
Cindy Kauzlarie	UPS	26.9	3/1
Jana Olson	PLU	26.9	3/1

400 METERS

*Kathy Mayberry	EWU	56.7	4/5
*Sharon Dennis	GFC	57.5e	3/22
*Allison Falkenberg	UI	58.6	3/29
*Kim Ward	UI	58.7	4/5
*Merrily Beast	CWU	59.4	4/5
*Ann Damiano	BSU	59.63e	3/22
Becki Keon	UI	60.1	4/5
Karma Osburn	BSU	60.5i	2/16
Laurie Flagg	Lin	61.1	3/29
Carolyn Gere	Lin	61.3	3/1
Darla Hasselquist	BSU	61.5	3/15
Dena Sale	EWU	61.5	3/29
Janis Swanson	WWU	61.5	4/5
Trish Boland	EWU	62.0	3/29

800 METERS

Cheryl Petrovich	WWU	2:20.2	4/5
Carolyn Gere	Lin	2:20.8	3/29
Marie DeHart	OCE	2:21.3	3/29
Cathy Nash	WU	2:22.4	3/29
Cindy Henry	UPS	2:23.67	3/22
Jan Milcie	SPU	2:24.7	4/5
Nancy Fredricks	LC	2:25.4y	3/1
LeeAnn Roleff	UI	2:24.4i	2/16
Suzanne Tourea	Lin	2:26.0y	3/1
Judy Smith	BSU	2:25.18	3/22
Laura Meyers	CWU	2:25.5	3/29
Cyndie Beale	LC	2:27.1y	3/1
Cheryl Hoff	WW	2:27.4	2/16
Patsy Sharples	UI	2:27.4	4/5
Monica Johnson	PLU	2:27.5	3/1

1500 METERS

*Patsy Sharples	UI	4:32.5i	2/9
*Ronda Burnett	EOSC	4:43.8	3/29
*Cathy Terens	EWU	4:49.6i	2/9
*Laura Myers	CWU	4:52.4	4/5
*Jane Abbott	WWU	4:53.5	4/5
*Denise Stohl	Lin	4:53.8	3/29
Suzanne Teurea	Lin	4:56.3	3/1
Rebbia McMicken	UI	4:56.9	4/5
Jan Miliek	SPU	4:57.0	3/15
Christi Colburn	WU	4:57.1	3/15
Coffman	UI	4:58.1	4/5
Marie DeHart	OCE	4:58.4	4/5
Eileen McDougal	GFC	4:59.3	3/15
Erwin	SPU	5:02.6	3/15
Debbie Tri	PLU	5:02.6	3/22
Cindy Peter	UPS	5:03.0	3/15

3000 METERS

*Patsy Sharples	UI	9:43.4i	2/9
*Ronda Burnett	EOSC	10:13.7	3/29
*Kathy Kearney	BSU	10:16.48	3/22
Angie French	UPS	10:44.0	3/15
Lisa Riddel	WWU	10:44.3	3/15
Janet Keeney	Lin	10:46.3	3/29
Sonia Blackstock	UI	10:47.0i	2/16
Brenda MeLede	SPU	10:51.1	3/15
Bridgette Cooke	OCE	10:51.3	3/29
Janet Pearson	WWU	10:52.6	3/15
Christi Colburn	WU	10:54.0	3/29
Jackie VandeBrake	EWU	10:57.2	3/29
Dixie Reimer	WW	11:01.8	3/8
Lori Selby	EWU	11:02.5	3/29

NCWSA Leading Performances

JAVELIN

*Sue Laughlin	OCE	131-11.6	4/5
*Ann Davis	WU	131-5	3/1
*Cathy Wilson	SPU	130-10	4/5
Lorna Raabee	CWU	129-8	4/5
Donna Regan	UI	118-2	4/5
Suzie Devore	PU	118-1	3/1
K. Winterbotham	SOSC	118-1	3/29
Beaver	CWU	115-3	3/29
Shannon Joseph	SOSC	114-0.1	4/5
Kathy Peterson	NNC	112-4	3/1
Theresa Church	WU	107-11	3/29
Mary English	Lin	107-7	3/1
Kathy Sauer	LC	107-7	3/14

DISCUS

*Cathy Wilson	SPU	144-2	3/15
*Jackie Degel	RMC	142-10	3/15
*Gindy Pottle	CWU	141-1	3/29
*Donna Regan	UI	129-8	3/29
*Ann Davis	WU	126-2	3/1
*Teresa Groshong	Lin	125-3½	3/29
Diane McAnulty	BSU	121-2	3/1
Janet Bronson	LC	117-0	3/1
Jill Palmquist	CWU	116-3	3/29
Shannon Joseph	SOSC	113-11	3/29
Theresa Church	WU	111-5	3/15
Rachel Hampton	GFC	104-11	3/29
Kathy Peterson	NNC	99-3½	3/15

LONG JUMP

*Sandi Thomas	UI	18-8	3/29
*Christy Smith	WWU	18-4½	3/29
*Laurie Flagg	Lin	18-3½	3/1
*Cindy Kauzlarie	UPS	18-0	3/29
*Alice Pleasant	CWU	17-10½	3/15
*Judy Wildey	UI	17-9	3/29
*Kim Ward	UI	17-6½	2/16
*Sue Colvin	EWU	17-5½	3/29
Wendy Swartz	BSU	16-11	3/1
Jacque Williams	GFC	16-7½	3/29
Wendy Malieh	WWU	16-7½	3/15
Peggy Calvin	CWU	16-7½	3/15

400 METER RELAY

BSU	48.0e	3/22
UI	48.6	4/5
GFC	49.74e	3/8
CWU	49.9	4/5
SPU	50.3	4/5
WWU	50.3	4/5
EWU	50.6	3/29
OCE	51.86	4/5
WU	52.2	3/29
PLU	52.0	3/22
UPS	52.8	3/22
Lin	52.96e	3/8

1600 METER RELAY

GFC	4:06.13	3/8
WWU	4:07.8	3/29
CWU	4:10.0	3/29
Lin	4:13.4	3/8
SPU	4:14.5	3/15
BSU	4:14.99	3/22
LC	4:15.22	3/14
EWU	4:17.0	3/29
WU	4:17.13	3/8
OCE	4:17.2	3/14
PLU	4:18.8	3/15

2-MILE RELAY

SPU	9:43.0	4/5
WWU	9:44.0	4/5
Lin	9:58.89	3/8
Idaho	10:00.31	2/16
WU	10:08.2m	3/8
LC	10:24.0m	3/8

800 METER MEDLEY RELAY

BSU	1:53.4	3/15
CWU	1:54.4	3/15
UPS	1:55.7	3/15
WU	1:58.35	3/8
SPU	1:58.8	3/15
GFC	1:59.26	3/8

PENTATHLON

Karen Maxwell	GFC	3242	3/1
Laurie Flagg	Lin	3004	4/2
Leslie Wickman	WU	2857	4/2
Suzanne Tourea	Lin	2251	4/2

*Regional Qualifying

i-Indoors

y-Non metric distance

m-Metric distance

e-electronic timing

NCWSA TRACK & FIELD

Leading Performances

100 METERS

* Connie Taylor	BSU	12.2	3/1
* Val Dworak	BSU	12.2	4/5
* Jana Olson	PLU	12.29	3/22
* Sandi Thomas	UI	12.3w	3/29
* Alice Pleasant	CWU	12.3	4/12
* Karen Osburn	BSU	12.4	4/5
* Debra Carter	SPU	12.4	4/5
* Jamie Day	EWU	11.6yi	3/1
* Cathy Davis	EWU	12.5w	3/29
* Sheri McCormick	CWU	12.7	3/1
* Cindy Kauzlaric	UPS	12.7	3/22
* Julie Heiden	PLU	12.7	3/22
* Jacque Davis	GFC	12.7	3/29
* Christy Smith	WWU	12.7	4/5
* Kelly Morgan	BSU	12.8	3/1
* Josseline Mangin	WWU	12.8	3/22
* Laurie Dominoski	WWU	12.8	4/5

200 METERS

* Allison Falkenberg	UI	25.3	3/29
* Val Dworak	BSU	25.4	4/12
* Sheri McCormick	CWU	25.6	3/15
* Debra Carter	SPU	25.6	3/15
* Shavon Dennis	GFC	25.7	3/15
* Alice Pleasant	CWU	26.4	3/15
* Karen Osburn	BSU	25.8	4/12
* Cindy Kauzlaric	UPS	26.2	3/2
* Jacque Davis	GFC	26.43	4/5
* Laura Jones	CWU	26.5	3/15
* Merrily Boast	CWU	26.5	4/12
Becki Koon	UI	26.61	2/16
Darla Hasselquist	BSU	26.7	3/1
Kim Ward	UI	26.71	2/16
Joyce Taylor	BSU	26.81	2/16
Cathy Davis	EWU	26.91	2/16
Jana Olson	PLU	26.9	3/1

400 METERS

* Kathy Mayberry	EWU	56.7	4/5
* Shavon Dennis	GFC	57.7	3/22
* A. Falkenberg	UI	58.07e	4/12
* Kim Ward	UI	58.7	4/5
* Ann Damiano	BSU	58.86e	4/5
* Merrily Boast	CWU	59.4	4/5
* Darla Hasselquist	BSU	59.56e	4/12
Karma Osburn	BSU	59.65e	4/12
Becki Koon	UI	60.1	4/5
Laurie Flagg	Lin	61.1	3/29
Carolyn Gore	Lin	61.3	3/1
Dena Sale	EWU	61.5	3/29
Janis Swanson	WWU	61.5	4/5
Nancy Frederick	LC	61.6	4/5

800 METERS

* Patsy Sharples	UI	2:19.04	4/12
* LeeAnn Roloff	UI	2:19.92	4/12
Cheryl Petrovich	WWU	2:20.2	4/5
Carolyn Gore	Lin	2:20.5	4/5
Laura Myers	CWU	2:20.8	4/12
Judy Smith	BSU	2:20.81	4/12
Marie DeHart	OCE	2:21.3	3/29
Cathy Nash	WU	2:22.4	3/29
Jan Milcic	SPU	2:22.8	3/22
Cindy Henry	UPS	2:23.67	3/22
Nancy Fredericks	LC	2:25.4y	3/1
Suzanne Tourea	Lin	2:26.0y	3/1
Shirley Bates	SPU	2:25.5	3/22
Cyndie Beale	LC	2:27.1y	3/1
Monica Johnson	PLU	2:27.5	3/1

1500 METERS

* Patsy Sharples	UI	4:32.51	2/9
* Ronda Burnett	EDSC	4:43.8	3/29
* Dixie Reimer	WW	4:46.1	4/12
* Cathy Torens	EWU	4:49.61	2/9
* J. Vandebrake	EWU	4:50.7	4/12
* Laura Myers	CWU	4:52.4	4/5
* Jody Smith	BSU	4:53.04	4/12
* Jane Abbott	WWU	4:53.5	4/5
* Denise Stohl	Lin	4:53.8	3/29
Suzanne Tourea	Lin	4:56.3	3/1
Brenda McGlade	SPU	4:56.5	3/22
Robbin McMicken	UI	4:56.9	4/5
Jan Milcic	SPU	4:57.0	3/15
Christi Colburn	WU	4:57.1	3/15
Coffman	UI	4:58.1	4/5
Marie DeHart	OCE	4:58.4	4/5

3000 METERS

* Patsy Sharples	UI	9:43.41	2/9
* Ronda Burnett	EDSC	10:13.7	3/29
* Kathy Kearney	BSU	10:16.48	3/22
Angie French	UPS	10:44.0	3/15
Lisa Riddel	WWU	10:44.3	3/15
Janet Keeney	Lin	10:46.3	3/29
Sonia Blackstock	UI	10:47.01	2/16
Brenda McGlade	SPU	10:51.1	3/15
Bridgette Cooke	OCE	10:51.3	3/29
Janet Pearson	WWU	10:52.6	3/15
Christi Colburn	WU	10:54.0	3/29
J. Vandebrake	EWU	10:57.2	3/29
Dixie Reimer	WW	11:01.8	3/8
Lori Solby	EWU	11:02.5	3/29

NCWSA Leading Performances

JAVELIN

*Lorna Raabe	BSU	139-6	4/5
*Sue Laughlin	OCE	131-11.6	4/5
*Ann Davis	WU	131-5	3/1
*Cathy Wilson	SPU	130-10	4/5
Shannon Merris	BSU	120-1½	4/12
Donna Regan	UI	118-2	4/5
Suzie Devore	PU	118-1	3/1
K. Winterbotham	SOSC	118-1	3/29
Beaver	CWU	115-3	3/29
Shannon Joseph	SOSC	114-0.1	4/5
Kathy Peterson	NNC	112-4	3/1
Deveny Zent	EMC	110-2	4/8
Kathy Wilkinson	RMC	109-10½	4/8

400 METER RELAY

BSU	48.0e	3/22
UI	48.6	4/5
CWU	48.8	4/12
GFC	49.74e	3/8
SPU	50.3	4/5
WWU	50.3	4/5
EWU	50.3	4/12
OCE	51.86	4/5
PLU	52.0	3/22
UPS	52.0	3/2
WU	52.2	3/29
Lin	52.96e	3/8

1600 METER RELAY

CWU	4:04.8	4/12
GFC	4:06.13	3/8
WWU	4:07.8	3/29
BSU	4:09.05	4/5
UI	4:09.56	4/12
Lin	4:11.6	4/5
SPU	4:14.7	3/22
LC	4:15.22	3/14
EWU	4:17.0	3/29
WU	4:17.13	3/8
OCE	4:17.2	3/14
PLU	4:18.8	3/15

2-MILE RELAY

SPU	9:43.0	4/5
WWU	9:44.0	4/5
Lin	9:58.89	3/8
Idaho	10:00.31	2/16
BSU	10:07.01	4/12
WU	10:08.2m	3/8
LC	10:24.0m	3/8

800 METER MEDLEY RELAY

UI	1:53.09	4/12
BSU	1:53.4	3/15
CWU	1:54.4	3/15
UPS	1:55.7	3/15
WU	1:58.35	3/8
SPU	1:58.8	3/15
GFC	1:59.26	3/8

PENTATHLON

Karen Maxwell	GFC	3242	3/1
Laurie Flagg	Lin	3004	4/2
Leslie Wickman	WU	2857	4/2
Suzanne Teurea	Lin	2251	4/2

DISCUS

*Cathy Wilson	SPU	148-11	3/22
*Jackie Degel	RMC	142-10	3/15
*Cindy Pettie	CWU	141-1	3/29
*Donna Regan	UI	135-10½	4/12
*Paula Nickerson	EWU	131-6½	4/12
*Diane McAnulty	BSU	129-5	4/5
*Teresa Groshong	Lin	128-6	4/5
*Ann Davis	WU	126-10	4/5
Jill Palmquist	CWU	122-0	4/12
Janet Bromson	LC	117-3	4/5
Shannon Joseph	SOSC	113-11	3/29
Theresa Church	WU	111-5	3/15
Sessions	RMC	110-2½	4/8

LONG JUMP

*Sandi Thomas	UI	18-8	3/29
*Christy Smith	WWU	18-4½	3/29
*Laurie Flagg	Lin	18-3¼	3/1
*Cindy Kauzlarie	UPS	18-0	3/29
*Alice Pleasant	CWU	17-10½	3/15
*Judy Wildey	UI	17-9	3/29
*Kim Ward	UI	17-6¼	2/16
*Sue Colvin	EWU	17-5½	3/29
Peggy Colvin	CWU	16-11¼	4/12
Wendy Swartz	BSU	16-11	3/1
Joyce Taylor	BSU	16-8½	4/12
Jacquie Williams	GFC	16-7¼	3/29
Wendy Malieh	WWU	16-7¼	3/15
Susie Caffee	PU	16-7¼	4/5

*-Regional Qualifying
i-Indoors

y-Non metric distance
m-Metric distance

e-Electronic timing

PENTATHLON 100m HURDLES

FLIGHT ONE		TIME	
LANE 1	Desiree Gauthier, CI	16.3	617
LANE 2	Lexie Miller, UO	14.8	770
LANE 3	Carina Westover, OSU	14.9	759
LANE 4	Esne Jensen, L&C	18.3	454

FLIGHT TWO			
LANE 1	Sally Harmon, UO	18.0	477
LANE 2	Sonja Pereboom, UW	16.2	626
LANE 3	Lynn Kinney, BF	15.4	705
LANE 4	Cindy Greiner, OSU	16.4	608

FLIGHT THREE			
LANE 1	Jeanne Borchardt, UO	16.3	617
LANE 2	Karen Maxwell, GF	15.7	675
LANE 3	Kari Easton, UO	18.2	462

TOTALS TO
THIS POINT,

PENTATHLON SHOT PUT

FLIGHT ONE -- 3 puts				1st	2nd	3rd
1170	1. Karen Maxwell, GF	POINTS 495	288	8.66	8.29	8.59
784	2. Kari EAston, UO	322		6.22	6.46	6.29
1193	3. Desirée Gauthier, CI	576		8.61	9.81	----
1305	4. Lexie Miller, UO	535		9.22	8.38	8.84
1326	5. Carina Westover, OSU	567		8.13	9.15	9.68
865	6. Esne Jensen, L&C	411		6.82	7.55	7.55
FLIGHT TWO -- 3 puts						
1101	1. Sally Harmon, UO	624		9.91	9.88	10.52
1073	2. Sonja Pereboom, UW	447		----	8.02	7.75
1444	3. Lynn Kinney, BF	739		12.33	11.57	11.69
1223	4. Cindy Greiner, OSU	615		-----	10.38	10.16
1127	5. Jeanne Borchardt, UO	510		8.86	8.87	----

PENTATHLON HIGH JUMP

Cindy Greiner, OSU	1.60	834	2057
Jeanne Borchardt, UO	1.60	834	1961
Karen Maxwell, GF	1.50 <i>4-11</i>	726	1896
Kari Easton, UO	1.63	865	1649
Desiree Gauthier, CI	1.60	834	2027
Lexie Miller, UO	1.60	834	2139
Carina Westover, OSU	1.73	964	2290
Esne Jensen, L&C	1.55	781	1646
Sally Harmon, UO	1.60	834	1935
Sonja Pereboom, UW	1.55	781	1854
Lynn Kinney, Big Foot	1.63	865	2309

PENTATHLON LONG JUMP

OTAL AFTER

ONG

UMP

FLIGHT ONE -- 3 jumps

1st

2nd

3rd

470	2	1. Sonja Pereboom, UW	4.63	4.68	4.75	616
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954		2. Lynn Kinney, BF	4.83	4.83	4.87	645
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590	6	3. Cindy Greiner, OSU	4.42	4.42	-----	533
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697		4. Jeanne Borchardt, UO	5.25	5.12	4.77	736
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494	4	5. Karen Maxwell, GF ^{5-4/4}	4.50	4.68	4.50	598
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197	1	6. Kari Easton, UO	4.23	4.48	4.40	548
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FLIGHT TWO -- 3 jumps

699		1. Desiree Gauthier, CI	4.84	4.98	4.73	672
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954		2. Lexie Miller, UO	5.46	5.46	5.59	815
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012		3. Carina Westover, OSU	5.06	4.92	5.19	722
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207	2	4. Esne Jensen, L&C	4.29	4.45	4.53	561
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523	5	5. Sally Harmon, UO	4.64	4.50	4.45	588
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PENTATHLON 800m

HEAT ONE

1	Esne Jensen	<u>2:35.0</u>	619	2826	
2	Kari EAston	<u>2:31.5</u>	656	2853	
6	Sonja Pereboom	<u>2:45.8</u>	515	2985	
3	Karen Maxwell	<u>2:23.4</u>	748	3242	5th
5	Sally Harmon	<u>2:41.0</u>	559	3082	6th
4	Cindy Greiner	<u>2:25.2</u>	727	3317	4th

HEAT TWO

5	Lexie Miller	<u>2:23.1</u>	752	3706	1st
3	Lynn Kinney	<u>2:24.0</u>	741	3695	1st open
1	Jeanne Borchardt	<u>2:26.1</u>	716	3413	3rd
2	Desiree Gauthier	<u>2:26.8</u>	708	3407	2nd open
4	Carina Westover	<u>2:39.0</u>	579	3591	2nd

The Oregon State Pentathlon and Special Events meet

- Meet Records -

Pentathlon - 3418 by Sandy Huntley, OSU, 1979

100 hurdles - 15.8 Sandy Huntley, OSU
Karen Maxwell, George Fox

1980
Lexie Miller - U.O. 14.8

Shot Put - 38' 2½" (11.64 m) Sandy Huntley, OSU

Lynn Kinney - BF-12-33

High Jump - 5' 6" (1.67 m) Sandy Huntley, OSU

1.73 Carina Westover

Long Jump - 17' 2" (5.23 m) Wendy Limbaugh;
Oregon State Spikettes

Lexie Miller 5.59

800 m - 2:28.4 Karen Maxwell, George Fox

Discus - 139' 11" (42.64 m) Kathy Picknell Univ. of Ore.

Lynn Wimbler - 50.6

Javelin - 155' 6" (47.40 m) Teri Cooper, OSU

47.92

Shot put - 44' 2" (13.46 m) Carrie Albano, Univ. of Ore.

15.33 Carol
Van Pelt
Sports West

10,000 m - 38:21.5 Brenda Cardin; OSU

Caroline Walker
35:44.1

5,000 m - New event in 1980.

Allison Snow
17:45.94

10,000 METERS

1. Bev Harger, LIN. _____
2. Carolyn Walker, Spikettes 35° 44:1 (1)
3. Jody Garrard, LIN. 41° 37 (3)
4. Denise Stohl, LIN 38° 44 (2)
5. Janet Keeney, LIN _____

5000 METERS

1. Liz Kiemele, LIN. _____
2. Anne Harry, OSU _____
3. Allison Snow, UO 17:45:94 (1)
4. Rachel Warga, Un. 18:37.05 (5)
5. Mary Hansen, OSU 17:54:00 (2)
6. ~~Joan Hopfenspieler~~, UO _____
7. Chris Leskovec, OSU _____
8. Joanne Lortie, OSU 18:10:04 (4)
9. ~~Eryn Forbes~~, UO _____
10. Irene Griffith, UO 17:59:96 (3)
11. Renee Dorjahn, UN. _____
12. Gayle Proudfoot, UN _____
13. Mimi Carlo, UN 18:42 (6)
14. ~~Lori Alzner~~, UO _____
15. Tammy Asher, LIN _____
16. ~~Tina Francario~~, UO _____

Caroline 35.44.01

4594

SHOT PUT

Place

1	Carol VanPelt, Sports West	15.33m
2	Nora Judd, OSU	12.34m
3	Lori Dresser, UO	12.11m
4	Kelly Buntjer, UO	11.46m
5	Joan Tavernia, OSU	11.17m
6	Tammy Nygren, OSU	10.99m

JAVELIN

<u>Place</u>		<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>
1	Teresa Cooper, OSU	47.92m	(44.95), (46.12), (47.92), (F), (Pass), (Pass)				
2	Deanna Carr, UW	47.36m	(47.36), (47.04), (F)	(F), (F), (F)			
3	Tonja Reigle, OSU	45.96m	(42.04), (45.96), (42.54), (44.08), (45.40), (45.63)				
4	Kitsy Hall, OSU	43.18m	(40.94), (42.33), (43.18), (F), (F), (Pass)				
5	Louise Jean-Marie, UO	41.03m	(F), (41.03), (34.06), (F), (F), (37.98)				
6	Lisha Lass, UO	38.57m	(38.57), (36.55), (F), (35.34), (32.62), (34.59)				
7	Lisa Vance, UO	37.59m	(36.39), (35.64), (37.59), (F), (37.25), (34.70)				

OSU BEAVER PREVIEW RELAYS

MARCH 8, 1980

CORVALLIS, OREGON

6400 Meter Relay (1600 x 4)

Cal. State-Hayward (Hester, Stoutt, Rieboldt, Castro)	20.38.9	(meet record & field record; old records 20:55.8, OSU, 1979)
Spokane CC	21.04.3	
Oregon	21.08.5	
Oregon State	21.10.16	
Mt. Hood C.C.	21.47.10	
Linfield		

400-meter Relay (100 x 4)

Oregon State (Gibson, Weston, Jordan, Pennington)	47.46
Oregon	48.04
George Fox	49.74
Spokane CC	49.76
Ca. State-Hayward	50.29
Willamette	52.28
Linfield	52.96
Titan Track Club	55.10

High Jump Relay

Oregon State (Tammy Collman 1.65 m. Sue Blake - 1.75 m. Carina Westover - 1.70 m.)	5.10 m 16' 8 3/4"	(meet record, old record 15-10, Oregon, 1979)
Oregon	16' 3"	
Willamette	14' 9 1/2"	
Spokane CC	14' 6 1/2"	
Linfield	14' 3 1/4"	
George Fox	14' 1/4"	

High Jump Relay cont.

Cal St-Hayward 13' 5 $\frac{1}{2}$ "

Lewis & Clark 5' $\frac{1}{4}$ "

Individual best:

Sue Blake, OSU 5' 9"

400 Meter Shuttle Relay

Oregon 1:04.26

(Costello, Stapleton,
Borchardt, Cimmeyotti)

Oregon State 105.02

George Fox 1:09.38

Titan Track Club 1:11.59

Cal State-Hayward 1:05.24 - disqualified

Shot Put Relay

Oregon State 35.76

(Joan Tavernia - 12.34 m 117' 4"

Tammy Nygren - 11.15 m

Nora Judd - 12.27 m.)

Oregon 35.53
116' 6.7"

Titan Track Club 33.50
109' 11"

Cal. St.-Hayward 33.44
109' 8 $\frac{1}{2}$ "

Spokane CC 33.20
108' 11"

Umpqua CC 31.3
102' 1 $\frac{1}{2}$ "

Mt. Hood CC 31.02
101' 9-3

Willamette 27.11
88' 11 $\frac{1}{4}$ "

Linfield 25.65
84' 1 $\frac{3}{4}$ "

George Fox 25.30
83'

Lewis & Clark 25.08
82' 3 $\frac{1}{2}$ "

Individual Best

Kelly Buntjer, UO 12.41 m.

Javelin Relay

Oregon	137.85 m	(meet record, old record
(Patty Kearney 160' 2"	452' 3"	445 $\frac{1}{2}$, OSU, 1979)
Sally Harmon 153' 3"		
Louise Jean-Marie 138' 10"		

Oregon State	132.64
	435' 2"

Spokane CC	108.24
	355' 4"

Cal. State-Hayward	103.4
	339' 3"

Umpqua CC	92.11
	302' 6"

Linfield	79.83
	261' 11"

Willamette	62.18
	204'

Mt. Hood CC	41.38
	135' 9"

Titan Track Club	33.45
	109' 9"

Individual best:		(individual meet record, old
Terri Cooper, OSU	165' 10"	record 156' 7 $\frac{1}{4}$ " Terri Cooper,
		OSU, 1979)

800-meter Sprint Medley (100, 100, 200, 400)

Oregon	1:47.00
(Cimmiyotti, Walton,	
Costello, Warren)	

Oregon State	1:48.89
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Spokane CC	1:50.97
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Cal. State-Hayward	1:56.54
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Willamette	1:58.35
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George Fox	1:59.26
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5200-Meter Relay (800 x 4)

Oregon State	8:59.91
(Trom, Costello,	
Blaine, Weston)	

Cal. State-Hayward	9:30.19
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3200-Meter Relay (800 x 4) cont.

Spokane CC	9:51.45
Titan Track Club	9:53.46
Linfield	9:58.89
Willamette	10:08.20
Lewis & Clark	10:24.00

800-Meter Relay (200 x 4)

Oregon State (Gibson, Fitzgerald, Pennington, Jordan)	1:42.13
Oregon	1:44.33
George Fox	1:46.50
Spokane CC	1:46.49
Cal. State-Hayward	1:51.05
Willamette	1:53.05
Titan Track Club	1:57.56
Lewis & Clark	1:58.20

Distance Medley (400, 800, 1200, 1600)

Oregon (Redditt, Warren, Francario, HopFens, Perger)	12:12.38
Mt. Hood CC	12:19.60
Spokane CC	12:25.18
Cal. State-Hayward	12:48.29
Oregon State	12:48.44
Linfield	13:32.20
Titan Track Club	13:47.10
Umpqua CC	15:16.40

1600-Meter Relay (400 x 4)

Oregon State (Wallace, Blaine, Jordan, Weston)	3:50.29	(meet record, old record 3:51.4, Oregon, 1979)
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Spokane CC	3:55.46
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Oregon	4:04.06
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George Fox	4:06.13
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Titan Track Club.	4:11.69
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Cal. State-Hayward	4:11.86
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Linfield	4:14.19
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Willamette	4:17.13
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Lewis & Clark	4:17.15
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Discus Relay

Oregon (Kathy Picknell - 39.60 m. Mary Stevenson - 45.53 m. Lori Dresser - 38.37 m.)	123.50 405' 2"	(meet record, old record 404' 8", Oregon, 1979)
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Cal. State-Hayward	108.26 354' 11 3/4"
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Oregon State	104.97 344' 4 3/4"
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Titan Track Club	104.14 344" 11 1/2"
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Mt. Hood CC	97.44 321' 1/4"
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Spokane CC	89.60 293' 11 1/2"
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Willamette	66.84 219' 3 1/2"
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Unattached	46.53 152' 8"
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Linfield	35.69 117' 1"
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Umpqua CC	32.42 106' 4.8"
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Individual best: Lisha Lass, unattached	46.53 152' 8"	(meet record, old record 141' 1" Picknell, Oregon, 1979)
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Long Jump Relay

Oregon State	16.00	(meet record, old record
Sylvia Green - 5.01 m.	52' 6"	52' 5 3/4", Montana St, 1979)
Carina Westover - 5.27 m.		
Colleen Gibson - 5.72 m.)		
Oregon	15.82	
	51' 10 3/4"	
Spokane CC	15.04	
	49' 4 1/4"	
Cal. State-Hayward	15.03	
	49' 3 3/4"	
Linfield	14.10	
	46' 3 1/4 "	
George Fox	13.05	
	42' 9 3/4"	
Willamette	8.65	
	28' 4 1/2 "	
Individual best:		(meet record, old record 18' 4"
Colleen Gibson, OSU	18' 9 1/4"	Heintz, Montana State, 1979)

TEAMS

Oregon State	106
Oregon	102
Spokane CC	62
Cal. State-Hayward	51
Titan Track Club	26
George Fox	25
Mt. Hood CC	12
Willamette	11
Linfield	9
Umpqua CC	8

OSU BEAVER PREVIEW RELAYS

MAR. 8. 1980

CORVALLIS, ORE.

6400-meter relay (1600 x 4)--(1) Cal. State-Hayward (Hester, Stoutt, Rieboldt, Castro), 20:38.9 (meet record & field record; old records 20:55.8, Oregon State, 1979); (2) Spokane CC 21:04.3 (3) Oregon 21:08.5; (4) Oregon State 21:10.16; (5) Mt. Hood CC 21:47.10; (6) Linfield.

400-meter relay (100 x 4)--(1) Oregon State (Gibson, Weston, Jordan, Pennington) 47.46; (2) Oregon 48.04; (3) George Fox 49.74; (4) Spokane CC 49.76 (5) Cal. State-Hayward, 50.29; (6) Willamette 52.28; (7) Linfield 52.96; (8) Titan Track Club 55.10.

High Jump Relay--Oregon State (Collman, Blake Westover), 16-8-3/4; (meet record, old record 15-10, Oregon, 1979); (2) Oregon 16-3; (3) Willamette 14-9-1/2; (4) Spokane CC 14-6-1/2; (5) Linfield 14-3-1/4; (6) George Fox 14-0-1/4. ; (7) Cal.St.-Hayward 13-5-1/2; (8) Lewis & Clark 15-1/4. Individual best: Sue Blake, OSU, 5-9.

400-meter shuttle relay--(1) Oregon (Costello, Stapleton, Borchardt, Cimmiyotti), 1:04.26; (2) Oregon State 1:05.02; (3) George Fox 1:09.38; (4) Titan Track Club 1:11.59. Cal. State-Hayward, 1:05.24-disqualified.

Shot Put Relay--(1) Oregon State (Tavernia, Nygren, Judd) 35.76 (117-40); (2) Oregon 35.53 (116-6.7); (3) Titan Track Club 33.50 (109-11); (4) Cal. St.-Hayward 33.44 (109-8-1/2) (5) Spokane CC 33.20 (108-11); (6) Umpqua CC 31.3 (102-1-1/2) (7) Mt. Hood CC 31.02 (101-9-8) Willamette 27.11 (88-11-1/4); (9) Linfield 25.65 (84-1-3/4); (10) George Fox 25.30 (83-0) (11) Lewis & Clark 25.08 (82-3-1/2); Individual Best: Joan Tavernia, OSU, 40-5-3/4.

Javelin Relay--(1) Oregon (Kearney, Harmon, Jean-Marie), 137.85 (452-3); (meet record, old record 445-1/2, Oregon State, 1979); (2) Oregon State 132.64 (435-2); (3) Spokane CC 108.24 (355-4); (4) Cal. State-Hayward 103.4 (339-3); (5) Umpqua CC 92.11 (302-6); (6) Linfield 79.83 (261-11); (7) Willamette 62.18 (204-0); (8) Mt. Hood CC 41.38 (135-9); (9) Titan Track Club 33.45 (109-9). Individual best Terri Cooper, OSU, 165-10 (individual meet record, old record 156-7-1/4, Terri Cooper, OSU, 1979.

800-meter Sprint Medley (100, 100, 200, 400)--(1) Oregon (Cimmiyotti, Walton, Costello, Warren), 1:47.00; (2) Oregon State 1:48.89; (3) Spokane CC 1:50.97 (4) Cal. State-Hayward 1:56.54; (5) Willamette 1:58.35; (6) George Fox 1:59.26.

3200-meter relay (800 X 4)--Oregon State (Trom, Costello, Blaine, Weston), 8:59.91; (2) Cal. State-Hayward, 9:30.19; (3) Spokane CC 9:51.45; (4) Titan Track Club 9:53.46; (5) Linfield 9:58.89; (6) Willamette 10:08.20; (7) Lewis & Clark 10:24.00.

800-meter Relay (200 x 4)--(1) Oregon State (Gibson, Fitzgerald, Pennington, Jordan) 1:42.13; (2) Oregon 1:44.33; (3) George Fox 1:46.50; (4) Spokane CC 1:46.49; (5) Cal. State-Hayward 1:51.05; (6) Willamette 1:53.05; (7) Titan Track Club 1:57.56 (8) Lewis & Clark 1:58.20.

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OSU BEAVER PREVIEW RELAYS -2-2-2-2-2

1600-meter Relay (400 x 4)--(1) Oregon State (Wallace, Blaine, Jordan, Weston) 3:50.29 (meet record, old record 3:51.4, Oregon 1979); (2) Spokane CC 3:55.46; (3) Oregon 4:04.06; (4) George Fox 4:06.13; (5) Titan Track Club 4:11.69; (6) Cal. State-Hayward 4:11.86; (7) Linfield 4:14.19; (8) Willamette 4:17.13; (9) Lewis & Clark 4:17.15.

Discus Relay--(1) Oregon (Picknell, Stevenson, Dresser) 123.50 (405-2) (meet record, old record 404-8, Oregon, 1979); (2) Cal. State-Hayward 108.26 (354-11-3/4); (3) Oregon State 104.97 (344-4-3/4); (4) Titan Track Club 104.14 (344-11-1/2); (5) Mt. Hood CC 97.44 (321-0-1/4); (6) Spokane CC 89.60 (293-11-1/2); (7) Willamette 66.84 (219-3-1/2); (8) Unattached 46.53 (152-8); (9) Linfield 35.69 (117-1); (10) Umpqua CC 32.42 (106-4.8). Individual best: Lisha Lass, unattached, 46.53 (152-8) (meet record, old record 141-1, Picknell, Oregon, 1979).

Long Jump Relay--(1) Oregon State (Green, Gibson, Westover), 16.00 (52-6) (meet record, old record 52-5-3/4, Montana State, 1979); (2) Oregon 15.82 (51-10 3/4); (3) Spokane CC 15.04 (49-4-1/4); (4) Cal. State-Hayward 15.03 (49-3-3/4); (5) Linfield 14.10 (46-3-1/4); (6) George Fox 13.05 (42-9-3/4); (7) Willamette 8.65 (28-4-1/2). Individual best: Colleen Gibson, OSU, 18-9-1/4 (meet record, old record 18-4, Heintz, Montana State, 1979).

TEAMS--Oregon State 106; Oregon 102; Spokane CC 62; Cal. State-Hayward 51; Titan Track Club 26; George Fox 25; Mt. Hood CC 12; Willamette 11; Linfield 9; Umpqua CC 8.

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MAR. 8. 1980

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OSU BEAVER PREVIEW RELAYS -2-2-2-2-2-2

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GEORGE FOX COLLEGE/UNIVERSITY OF PUGET SOUND DUAL MEET
Newberg, Oregon
March 29, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	UPS	GFC
HIGH JUMP	1st-Sandra Burns	GFC	4'8"	5		
	2nd-Karen Maxwell	GFC	4'6"	3		
	3rd-Jacque Williams	GFC	4'6"	1	0/0	9/9
SHOT	1st-Rachel Hampton	GFC	30'4"	5		
	2nd-Karen Maxwell	GFC	27'1"	3		
	3rd-Jody Hawkins	GFC	26'6½"	1	0/0	9/18
400m RELAY	1st-Davis, Maxwell Williams, Dennis	GFC	50.0	5		
	2nd-Waters, Hopwood Kight, Kauzlaric	UPS	54.7	0	0/0	5/23
JAVELIN	1st-Tiny Stephenson	GFC	73'1"	5	0/0	5/28
100m HH	1st-Karen Maxwell	GFC	15:6	5		
	2nd-Sandra Burns	GFC	16:4	3	0/0	8/36
DISCUS	1st-Rachel Hampton	GFC	104'11"	5		
	2nd-Jody Hawkins	GFC	80'3"	3		
	3rd-Dee Hopwood	UPS	45'10"	1	1/1	8/44
1500m RUN	1st-Cindy Peter	UPS	5:12.6	5		
	2nd-Helen Loutsis	UPS	5:49.8	3	8/9	0/44
LONG JUMP	1st-Cindy Kauzlaric	UPS	18'	5		
	2nd-Jacque Williams	GFC	16'7 3/4"	3		
	3rd-Dee Hopwood	UPS	15'¼"	1	6/15	3/47
300m DASH	1st-Shavon Dennis	GFC	59:5	5		
	2nd-LaDonna House	GFC	66:6	3		
	3rd-Julie Kight	UPS	68:2	1	1/16	8/55
100m DASH	1st-Jacque Davis	GFC	12:7	5		
	2nd-Cindy Kauzlaric	UPS	13:0	3		
	3rd-Jacque Williams	GFC	13:5	1	3/19	6/61

800m RUN	1st-Cindy Peter	UPS	2:35.7	5	3/27	0/61
	2nd-Helen Loutsis	UPS	2:59.8	3		
400m IH	1st-Karen Maxwell	GFC	1:08.7	5	3/30	6/67
	2nd-Debbie Ocken	UPS	1:11.5	3		
	3rd-Saundra Burns	GFC	1:15.8	1		
200m DASH	1st-Shavon Dennis	GFC	25:8	5	1/31	8/75
	2nd-Jacque Davis	GFC	27:3	3		
	3rd-Cindy Kauzlaric	UPS	27:4	1		
800 RUN	1st-Angela French	UPS	18:43.7	5	8/39	0/75
	2nd-Jo Geissler	UPS	20:28.9	3		
600m RELAY	1st-Burns, Maxwell	GFC	4:13	5	0/39	5/80
	Dennis, Williams					
	2nd-Peter, Oliver	UPS	4:34.4	0		
Kight, Ocken						

OR-CAL RESULTS 1980

EVENT	Name:	School	Pts.	Effort
High Jump	1 Kathy Winterbottom	SDSC	10	5'2"
	2 Barb Smith	OCE	8	5'1"
	3 Stasia Allen	Humboldt	6	4'10"
	4 Kathy Allen	SDSC	4	4'8"
	5 Karen Maxwell	GFC	2	4'8"
	6			
Javelin Shot Put	1 Sheryl Ward	OCE	10	36' 1/2"
	2 Ivanzina Zuniga	Humboldt	8	35' 1/4"
	3 Lynette Phillips	GFC	6	33' 10"
	4 Sue Loughtin	OCE	4	33' 1 1/4"
	5 Shannon Joseph	SDSC	2	29' 10"
	6 Rachel Hampton	GFC	1	29' 5 1/2"
Shot Javelin	1 Sue Loughtin	OCE	10	131' 11.6"
	2 Shannon Joseph	SDSC	8	114' 0.1"
	3 Kathy Winterbottom	SDSC	6	111' 10.5"
	4 Lynette Phillips	GFC	4	99' 3"
	5 Pam Weaver	OCE	2	82' 5"
	6 Jody Hawkins	GFC	1	80' 8"
2 Mile Rly	1 Humboldt State	Humboldt	10	10:47.9
	2			
	3			
	4			
	5			
	6			
440 Rly	1 George Fox		10	50.73
	2 OCE		8	51.86
	3 Humboldt		6	52.19
	4 SDSC		4	55.5
	5			
	6			
1500 M	1 Marie Dehart	OCE	10	4:58.4
	2 Shelle Moskovich	Humboldt	8	4:59.1
	3 Eileen McDougal	GFC	6	5:02.9
	4 Michelle Lemay	OCE	4	5:08.8
	5 Kathy Allen	SDSC	2	5:10.4
	6 Nancy Pannel	Humboldt	1	5:10.5
100 M Hrd	1 Karen Maxwell	GFC	10	15:52
	2 Stasia Allen	Humboldt	8	16.03
	3 Kathy Selburg	OCE	6	16.70
	4 Denise Thomas	OCE	4	17.35
	5 Sandra Burns	GFC	2	17.50
	6 Kelly Clawson	OCE	1	19.50
Long Jmp	1 Kathy Selberg	OCE	10	16' 0
	2 Jacqui Williams	GFC	8	16' 0
	3 Stasia Allen	Humboldt	6	15' 9 1/2"
	4 Gwen Turner	OCE	4	15' 2"
	5 Kathy Allen	SDSC	2	14' 11"
	6 Karen Maxwell	GFC	1	14' 10 1/2"

	2	Ivanzina Zuniga	Humboldt	8	1:07' 1/2"
	3	Rachel Hampton	GFC	6	58' 1 1/2"
	4	Jody Hawkins	GFC	4	52'
	5	Nancy Ingles	Humboldt	5	69'
	6	Nancy Wilson	Humboldt	1	67' 1/4"
400 M	1	Shawon ^{Denise} Dennis	GFC	10	59.98
	2	Lori Haggerty	Humboldt	8	1:02.38
	3	LaDanna House	GFC	6	1:03.33
	4	Dolores Adams	Humboldt	2	1:08.70
	5				
	6				
100 M	1	Jacque Davis	GFC	10	12.75
	2	Karen Costello	Humboldt	8	13.16
	3	Susie Halliday	OCE	6	13.16
	4	Jacque Williams	GFC	4	13.25
	5	Kathy Gowers	GFC	2	13.25
	6	Kathy Ford	SOSC	1	13.61
800 M	1	Mahe Dehart	Humboldt	10	2:26.26
	2	Kathy Allen	SOSC	8	2:35.89
	3	Muneez Alcorn	Humboldt	6	2:36.56
	4	Kathy Gregoren	Humboldt	4	2:43.05
	5	Joan Van Vleet	SOSC	2	3:07.9
	6				
400 M Hrd	1	Karen Maxwell	GFC	10	1:07.5
	2	Denise Thomas	OCE	8	1:09.76
	3	Kate Sentic	Humboldt	6	1:10.86
	4	Saundre Burns	GFC	4	1:13.8
	5				
	6				
200 M	1	Denise Shawon	GFC	10	25.52
	2	Karen Costello	Humboldt	8	26.33
	3	Jacque Davis	GFC	6	26.43
	4	Susie Halliday	OCE	4	27.00
	5	Fritz Verling	OCE	2	27.93
	6	Kathy Ford	SOSC	1	28.20
3000 M	1	Shiela Maskovich	Humboldt	10	10:53.2
	2	Dolores Adams	Humboldt	8	11:25.59
	3	Bridget Cooke	OCE	6	11:38.16
	4	Nancy Pennel	Humboldt	4	11:44.40
	5				
	6				
Mile only	1	George Fox	GFC	10	4:12.5
	2	OCE	OCE	8	4:18.85
	3	SOSC	SOSC	6	5:01.39
	4				
10,000 m	1	George Fox	GFC	10	4:12.5
	2	OCE	OCE	8	4:18.85
	3	SOSC	SOSC	6	5:01.39
	4				
TEAM TOTALS		SOSC	GEORGE FOX	HUMBOLDT STATE	OCE
		66	143	120	125

ORE-CAL-NEV- INVITATIONAL
Southern Oregon State College
Fuller Field

April 5, 1980

Time Schedule

12:30	High Jump
	Javelin
	Shot Put
	2 Mile Relay
1:00	440 Relay
1:20	1500 m.
1:30	100 m. Hurdles
1:45	Long Jump
	Discus
	400 m.
2:00	100 m.
2:15	800 m.
2:30	400 m. Hurdles
2:45	200 m.
3:00	3000 m.
3:35	1 Mile Relay
3:45	10,000 m.

Teams staying over should contact motels well in advance. Many are booked for the Shakespearean plays.
Motel list enclosed.

Carnold Insley
Women's Track Coach
482-6236

OR-CAI HEAT AND LANE ASSIGNMENTS

High Jump:	1.	Winterbotham, Cathy	SOSC	5'2"
	2.	Smith, Barb	OCE	5'1 1/2"
	3.	Allen, Stasia	HUM	5'3/4"
	4.	Maxwell, Karen	G.F.	4'10"
	5.	Williams, Jacque	G.F.	4'10"
	6.	Burns, Sandra		4'10"

Javelin:	1.	Winterbotham, Cathy	SOSC	118
	2.	Joseph, Shannon	SOSC	117
	3.	Laughlin, Sue	OCE	117
	4.	Phillips, Lynette	G.F.	105
	5.	Weaver, Pam	OCE	96
	6.	Wilson, Nancy	HUM	95
	7.	Hawkins, Jody	G.F.	85
	8.	Stephenson, Tina	G.F.	80

SHOTPUT:	1.	Ward, Cheryl	OCE	37'2"
	2.	Phillips, Lynette	G.F.	35'9"
	3.	Laughlin, Sue	OCE	34'5"
	4.	Luniga, Ivanzina	HUM	33'
	5.	Hampton, Rachel	G.F.	30'4"
	6.	Jackman, Julie	OCE	28'6"
	7.	Hawkins, Jody	G.F.	26'
	8.	Ingles, Nancy	HUM	24'
	9.	Sackett, Kelly	HUM	21'
	10.	Joseph, Shannon	SOSC	ND

2 Mile Relay:

Humboldt State (only entry)

				Lanes
440 Relay:	1.	George Fox	49.74	1
	2.	OCE	55.29	2
	3.	SOSC	59.00	3
	4.	Humboldt	NT	4

				Lanes	
1500 Meter:	1.	McDougal, Eileen	G.F.	4.59	2
	2.	Dshart, Marie	OCE	5.02	5
	3.	Cooke, Bridget	OCE	5.08	7
	4.	Moskovich, Sheila	HUM	5.10	1
	5.	LeMay, Michelle	OCE	5.12	3
	6.	Allen, Kathy	SOSC	5.14	6
	7.	Pannell, Nancy	HUM	5.20	4
	8.	Breggren, Kathy	HUM	5.30	8
	9.	Sullivan, Pauline	SOSC	6.10	9

100 Meter

				Lanes	
Hurdles:	1.	Maxwell, Karen	G.F.	15.6	8
	2.	Burns, Sandra	G.F.	16.4	5
	3.	Allen, Stasia	HUM	16.5	3
	4.	Williams, Jacque	G.F.	17.0	2
	5.	Thomas, Denise	OCE	17.1	7
	6.	Johnson, Leslie	HUM	18.3	6
	7.	Clawson, Kelly	OCE	20.1	4

LONG JUMP:	1.	Williams, Jacque	G.F.	16'73/4"
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LONG JUMP (CONT'D)

2. Tumey, Gwen	OCE	16'2"
3. Maxwell, Karen	G.F.	16'
4. Allen, Kathy	SOSC	16'
5. Buchanan, Carrie	OCE	16'
6. Johnson, Leslie	HUM	14'6 $\frac{1}{2}$ "
7. Stacy, Adhede	HUM	14'1$\frac{1}{2}$"
8. McClaren, Shawna	G.F.	13'5 $\frac{1}{2}$ "
9. Selberg, Kathy	OCE	N/D

DISCUS: 1. Joseph, Shannon	SOSC	114'
2. Hampton, Rachel	G.F.	104'11"
3. Zuniga, Ivezina	HUM	98'
4. Willson, Nancy	HUM	95'
5. Ingles, Nancy	HUM	93'
6. Sackett, Lelly	HUM	92'
7. Hawkins, Jody	G.F.	80'3"
8. Ward, Sheryl	OCE	76'1"
9. Jackman, Julie	OCE	73'5 $\frac{1}{2}$ "

400 Meters:

<u>HEAT ONE</u>			Lanes
1. Dennis Shavon	G.F.	57.5	1
2. Ford, Kathy	SOSC	61.0	4
3. Haggerty Lori	HUM	63.1	2
4. Costello, Karen	HUM	63.1	5
5. House, LaDonna	G.F.	64.0	3

<u>HEAT TWO</u>			
1. Adams, Dolores	HUM	65.0	4
2. Thomas, Denise	OCE	66.0	5
3. Aldorn, Munees	HUM	66.5	2
4. Selberg, Kathy	HUM	N/T	1
5. Van Vleet, Joan	SOSC	80.6	3

LN		<u>FIRST HEAT</u>			Lanes
100 Meters:					
5	1. Davis, Jacque	G.F.	12.7	3	
1	2. Costello, Karen	HUM	12.95	5	
9	3. Ford, Kathy	SOSC	12.9	4	
	4. Haggerty, Lori	HUM	13.0	2	
	5. Peacock, Michelle	HUM	13.1	7	
6	6. Halliday, Susie	OCE	13.4	6	
4	7. Williams, Jacque	G.F.	13.4	8	

		<u>SECOND HEAT</u>			
7	1. Bowersox, Cathy	G.F.	13.5	7	
3	2. Mansfield, Deedee	OCE	13.7	2	
	3. Buchanan, Carrie	OCE	13.7	5	
8	4. Graham, Kathy	SOSC	14.8	4	
2	5. Harris, Jeannine	SOSC	15.4	3	
	6. Selberg, Kathy	OCE	n/t	8	

3

Lanes

800 Meters:	1. Dehart, Marie	OCE	2.21	5
	2. McDougall, Mileen	G.F.	2.29	3
	3. Allen, Kathy	SOSC	2.33	2
	4. Alcorn, Munciea	HUM	2.34	4
	5. Braggren, Kathy	HUM	2.39	1
	6. VanVlack, Joan	SOSC	N/T	6

400 Meters:	(Hurdles)			
	1. Maxwell, Karen	G.F.	68.7	2
	2. Santich, Kate	HUM	69.5	4
	3. Burns, Sandra	G.F.	77.8	3
	4. Thomas, Denise	OCE	N/T	5

200 Meters:	<u>FIRST HEAT</u>			Lanes
	1. Shavon, Denise	G.F.		3
	2. Ford, Kathy	SOSC		5
	3. Davis, Jacque	G.F.		2
	4. Costello, Karen	HUM		4
	5. Peacock, Michelle	HUM		6

6. SUSIE Halladay
SECOND HEAT

	1. Winkle, Vonda	G.F.	28.0	4
	2. Johnson, Leslie	HUM	28.1	3
	3. Verling, Fritz	OCE	28.5	6
	4. Graham, Kathy	SOSC	31.0	2
	5. Harris, Jeannine	SOSC	33.0	5

3000 Meters:	1. Cooke, Bridget	OCE	10.50	Lanes 1
	2. Pennell, Nancy	HUM	11.22	2
	3. LeMay, Michelle	OCE	11.24	3
	4. Adams, Delores	HUM	11.51	6
	5. Braggren, Kathy	HUM	12.00	5
	6. Broadsword, Dawn	SOSC	N/T	4

10156 MASCOVITCH →

Mile Relay:	George Fox	4.06	Lane 1
	OCE	4.24	Lane 2
	SOSC	4.40	Lane 3

10,000 Meter: HUMBOLDT WOULD LIKE TO RUN IF ANYONE ELSE WILL ENTER

Event - 5-3-2-1
Relay 5-3-4-0

GFC - LIN - PLU - OCE
APRIL 12, 1980

WARM, SUNNY

EVENT	FIRST	SECOND	THIRD	FOURTH
DISCUS	Teresa ^{134'9"} Croshung Lin	Hampton GFC ^{92'3"}	D. Budisich PLU ^{86'11"}	Hawkins GFC ^{82'8"}
4x100 Relay	GFC 49.6	Lin 51.2	PLU 51.3	OCE 51.5
-10,000 M -	Jody Garrow Lin ^{42.5}	Bev Harger Lin ^{42.05}		
High Jump	Barb Smith OCE ^{5'0"}	Lori Flagg Lin ^{5'0"}	Karen Maxwell GFC ^{4'10"}	Sandra Burns GFC ^{4'5"}
1500 M	Suzanne Toura Lin ^{4:55.2}	Debbie Tri PLU ^{5:05.5}	Eileen McDougal GFC ^{5:08.9}	Michelle Lemay OCE ^{5:30.8}
Long Jump	Flagg Lin ^{18'4"}	Selberg OCE ^{17'1 1/2"}	Williams GFC ^{16'8 1/2"}	Maxwell GFC ^{16'3"}
100 M Hurdle	K Maxwell GFC ^{15.2}	S. Burns GFC ^{16.4}	K. Selberg OCE ^{16.7}	Denise Thomas OCE ^{17.9}
400 M	Sharon Dennis GFC ^{58.2}	La Donna House GFC ^{1:03.3}	Brenda Rom PLU ^{1:02.5}	Lori Johanson PLU ^{1:02.7}
100 M	Jana Olson PLU ^{12.5}	Davis GFC ^{12.6}	Jacquie Williams GFC ^{13.1}	Halliday OCE ^{13.2}
Shot Put	Ward OCE ^{36'11 1/2"}	Croshung Lin ^{36'6"}	Buskala Lin ^{34'6"}	Phillips GFC ^{34'5 1/2"}
800 M	Carolyn Gore Lin ^{2:17.2}	Monica Johnson PLU ^{2:28.2}	Lisa Corwin PLU ^{2:31.3}	Eileen McDougal GFC ^{2:34.4}
400 M Hurdle	Karen Maxwell GFC ^{1:06.6}	Sandra Burns GFC ^{1:07.1}	Denise Thomas OCE ^{1:12.2}	Heather Jahn PLU ^{1:14.8}
200 M	Sharon Dennis GFC ^{25.6}	Jacque Davis GFC ^{26.5}	Janna Olson PLU ^{26.6}	Christie Mixson PLU ^{27.6}
3000 M	Janet Keeney Lin ^{10:44.0}	Diane Johnson PLU ^{10:57.1}	Cisca Mary PLU ^{11:03.0}	Tammy Asm. Lin ^{11:23.6}
Javelin	Laughlin OCE ^{119'13"}	Phillips GFC ^{104'6"}	Harger Lin ^{99'10"}	Viebrock PLU ^{96'2"}
4x400 Relay	George Fox ^{4:09.0}	Finfield ^{4:15.8}	PLU ^{4:17.5}	

7/1/80

WCIC TRACK AND FIELD CHAMPIONSHIPS

APRIL 16, 1980

Newberg, Oregon

OFFICIAL STATISTICS

400 METER RELAY

1. GEORGE FOX (Davis, Maxwell, Williams, Dennis) 49.4
2. LINFIELD (Wishart, English, Gore, Flagg) 51.6
3. WILLAMETTE (Johnson, Rue, Reinisch, Stewart) 52.0
4. PLU (Olson, Rom, Jahr, Nixon) 52.2
5. PACIFIC (Tokuhisa, Chaffee, DeVore, Martelon) 52.9
6. LEWIS & CLARK (Gott, Shelton, Pfaffner, Beala) 53.9

(New record, Old record 51.6 by George Fox 1979)

1500 METER RUN

- | | | |
|--------------------|------------------|--------|
| 1. Denise Stohl | Linfield | 4:52.2 |
| 2. Christi Colburn | Williamette | 4:56.7 |
| 3. Signe Harrang | Lewis & Clark | 5:00.0 |
| 4. Janet Keeney | Linfield | 5:00.3 |
| 5. Debbie Tri | Pacific Lutheran | 5:02.0 |
| 6. Suzanne Tovrea | Linfield | 5:02.1 |

(New record, Old record 4:54.9 by Eileen McDougal, GFC 1979)

100 METER HURDLES

- | | | |
|--------------------|------------------|------|
| 1. Karen Maxwell | George Fox | 15.5 |
| 2. Sandra Burns | George Fox | 16.1 |
| 3. Jeanne Pfeiffer | Lewis & Clark | 16.2 |
| 4. Leslie Wickman | Williamette | 16.6 |
| 5. Suzi Chaffee | Pacific Lutheran | 18.2 |
| 6. Laurie Buskala | Linfield | 18.9 |

(New record, Old record 15.7 by Karen Maxwell, GFC 1979)

500' PUT

1. Teresa Groshong	Linfield	38' 3½"
2. Ann Davis	Willamette	36' 7½"
3. Laurie Buskala	Linfield	34' 10"
4. Theresa Church	Willamette	34' 3½"
5. Lynette Phillips	George Fox	33' 3½"
6. Cameon Viebrock	Pacific Lutheran	31' 11½"

100 METER DASH

1. Jacque Davis	George Fox	12.7
2. Jana Olson	Pacific Lutheran	12.8
3. Jacquie Williams	George Fox	13.0
4. Lynn Johnson	Willamette	13.1
5. Susi Chaffee	Pacific	13.2
6. Cathy Bowersox	George Fox	13.7
6. Lisa Marteloo	Pacific	13.7
6. Jeannie Pfeiffer	Lewis & Clark	13.7

400 METER DASH

1. Shavon Dennis	George Fox	57.6
2. Laurie Flagg	Linfield	59.9
3. Carolyn Gore	Linfield	61.0
4. Janet Rue	Willamette	61.3
5. Nancy Frederick	Lewis & Clark	62.2
6. Brenda Rom	Pacific Lutheran	62.9

(Conference record tied, Shavon Dennis, GFC 1979)

800 METER RUN

1. Carolyn Gore	Linfield	2:24.7
2. Monica Johnson	Pacific Lutheran	2:25.7
3. Cathy Nash	Willamette	2:25.8
4. Suzanne Tovrea	Linfield	2:29.9
5. Kenlynn Snowden	Willamette	2:30.0
6. Eileen McDougal	George Fox	2:30.2

JAVELIN

1. Susie DeVore	Pacific	118'1"
2. Ann Davis	Willamette	114'4"
3. Kathy Sauer	Lewis & Clark	107'9"
4. Laurie Buskala	Linfield	106'6"
5. Lynette Phillips	George Fox	97'10"
6. Cameon Viebrock	Pacific Lutheran	94'4"

400 METER HURDLES

1. Karen Maxwell	George Fox	65.8
2. Sandra Burns	George Fox	68.4
3. Esme Jensen	Lewis & Clark	70.5
4. Molly Schmeiding	Lewis & Clark	74.4
5. Heather Jahr	Pacific Lutheran	76.0
6. Mary English	Linfield	1:17.6

200 METER HURDLES

1. Shavon Dennis	George Fox	25.7
2. Jacquie Williams	George Fox	26.7
3. Jacque Davis	George Fox	26.8
4. Laurie Flagg	Linfield	26.9
5. Jana Olson	Pacific Lutheran	27.0
6. Christie Nixon	Pacific Lutheran	27.3

(New record, Old record Sharon Canda of Willamette 1977 26.1)

HIGH JUMP

1. Leslie Wickman	Willamette	5'2"
2. Sue Widmer	Willamette	5'0"
3. Esme Jensen	Lewis & Clark	4'10"
3. Debbie Tokuhisa	Pacific	4'10"
5. Laurie Flagg	Linfield	4'10"
6. Karen Maxwell	George Fox	4'10"

3,000 METER RUN

1. Christi Colburn	Willamette	10:52.7
2. Diane Johnson	Pacific Lutheran	10:54.3
3. Janet Keeney	Linfield	10:56.1
4. Cisca Wery	Pacific Lutheran	11:00.5
5. Signe Harrang	Lewis & Clark	11:08.3
6. Debbie Jensen	Willamette	11:13.4

(New record, Old record 11:01.0 by Barb Ruth of Linfield 1979)

DISCUS

1. Teresa Groshong	Linfield	130'1"
2. Ann Davis	Willamette	126'9½"
3. Janet Branson	Lewis & Clark	116'10"
4. Teresa Church	Willamette	115'6"
5. Rachel Hampton	George Fox	93'6"
6. Laurie Buskala	Linfield	92'9"

LONG JUMP

1. Laurie Flagg	Linfield	17'9½"
2. Jacquie Williams	George Fox	17'2½"
3. Susie Chaffee	Pacific	16'4½"
4. Diane Demorest	Linfield	16'4"
5. Brenda Rom	Pacific Lutheran	16'1 3/4"
6. Debbie Tokuhisa	Pacific	15'11"

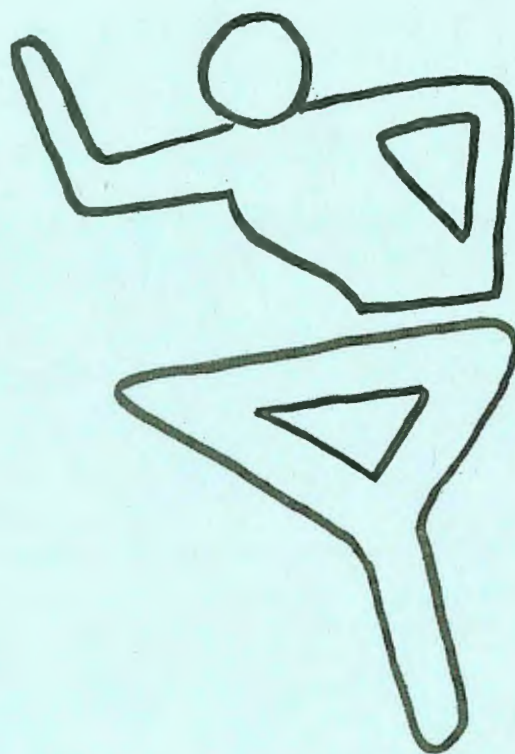
1600 METER RELAY

1. GEORGE FOX (Burns, Williams, Dennis, Maxwell)	4:07.4
2. WILLAMETTE (Nash, McIntyre, Snowden, Rue)	4:11.2
3. LINFIELD (Stohl, English, Flagg, Gore)	4:14.5
4. LEWIS & CLARK (Beale, Frederick, Jensen, Pfeiffer)	4:19.3
5. PACIFIC LUTHERAN (Johanson, Rom Corwin, Olson)	4:19.3

(New record, Old record 4:08.0 by George Fox 1979)

Team Standing: 1. George Fox - 122 1/3 Linfield - 116 Willamette - 103
Pacific Lutheran - 49 Lewis & Clark - 48½ Pacific - 28½

W.C.I.C.



Track and Field

Conference Championships

Wednesday, April 16, 1980

George Fox College

Newberg, Oregon

George Fox

Coach: Randy Winston

Cathy Bowersox
Saundra Burns
Jacque Davis
Shavon Dennis
Rachel Hampton
Jody Hawkins
LaDonna House
Karen Maxwell
Shawna McClearen
Eileen McDougal
Lynette Phillips
Tina Stephenson
Jacquie Williams
Vonda Winkle

Willamette

Coach: Charles Bowles

Barbara Canda
Theresa Church
Christi Colburn
Ann Davis
Jodi Hendry
Debbie Jensen
Lynn Johnson
Sarah McIntyre
Cathy Nash
Michelle Randolph
Beth Reinisch
Janis Rue
Liz Saxe
Kenlynn Snowden
Paula Stewart
Leslie Wickman
Sue Widmer

Lewis & Clark

Coach: Brad Moore

Lori Longhney
Esme Jensen
Janet Bronson
Sherrie Gott
Kathy Sauer
Susan Shelton
Shelly Pontier
Molly Schmeiding
Jeannie Pfieffer
Barbara Allen
Signe Harrang
Leslie Slocum
Nancy Frederick
Cyndie Beale
Wendy Weidkamp
Cindy Wallace

Pacific University

Coach: Randy Denley

Debbie Tokuhisa
Kathy Hoagland
Joanne Hamer
Susi Chaffee
Lisa Martelon
Susie DeVore
Shari Bacon
Cindi Carrell

Linfield

Coach: Stover Harger

Laurie Buskala
Teresa Groshong
Carrie Eastman
Laurie Flagg
Diane Demorest
Jody Garrard
Mary English
Bev Harger
Connie Wishart
Carolyn Gore
Denise Stohl
Suzanne Tovrea
Janet Keeney
Leanna Mountjoy
Denise Brown
Tammy Asher
Liz Kiemle
Geri Hall
Dian Blunt
Pam Johnson
Elaine Flatch

Pacific Lutheran

Coach: Carol Auping

Mary Branson
Diana Budiselich
Lois Christian
Lisa Corwin
Tammy Gilbertson
Julie Heiden
Heather Jahr
Lori Johanson
Dianne Johnson
Monica Johnson
Rachel Lorenz
Debbie Maier
Jana Olson
Brenda Rom
Heidi Thompson
Debbie Tri
Cisca Wery
Christie Mixcon
Cameon Viebrock
Patty Buethe

LONG JUMP

WCIC RECORD:	Laurie Flagg		Linfield 1979		18'2½"
Laurie Flagg	L	18'4"	Debbie Tokuhisa	PU	15'7½"
Susie Chaffee	PU	17'43/4"	Tammy Gilbertson	PL	15'7"
Jacquie Williams	GF	16'8½"	Sarah McIntyre	W	15'6"
Karen Maxwell	GF	16'3"	Cindy Wallace	LC	ND
Brenda Rom	PL	16'2"	Jody Garrard	L	ND
Diane Demorest	L	15'11½"	Shawna McClearen	GF	ND
Paula Stewart	W	15'10½"			

HIGH JUMP

WCIC RECORD:	Lorie Loughney		Lewis & Clark 1979		5'2½"
Laurie Flagg	L	5'4"	Saundra Burns	GF	4'10"
Leslie Wickman	W	5'3"	Karen Maxwell	GF	4'10"
Lori Loughney	LC	5'2"	Sue Widmer	W	4'10"
Esme Jensen	LC	5'1"	Diane Demorest	L	4'10"
Julie Heiden	PL	5'1"	Debbie Tokuhisa	PU	4'10"
Sarah McIntyre	W	5'0"			

SHOT PUT

WCIC RECORD:	Julie Cabrido		Linfield 1977		42'5"
Teresa Groshong	L	37'11"	Cameon Viebrock	PL	32'4"
Ann Davis	W	37'2"	Esme Jensen	LC	30'4"
Kathy Hoagland	PU	35'	Rachel Hampton	GF	30'4"
Laurie Buskala	L	34'6"	Sherri Gott	LC	29'
Lynette Phillips	GF	34'2½"	Jody Hawkins	GF	29'
Janet Bronson	LC	33'11½"	Susie Devore	PU	27'
Theresa Church	W	32'53/4"	Carrie Eastman	L	ND

JAVELIN

WCIC RECORD:	Sue Banta		George Fox 1977		146'4"
Ann Davis	W	131'5"	Laurie Buskala	L	105'5"
Susie Devore	PU	119'	Lynette Phillips	GF	104'
Theresa Church	W	107'11"	Bev Harger	L	99'10"
Kathy Sauer	LC	107'7"	Cameon Viebrock	PL	96'
Mary English	L	107'7"	Jody Hawkins	GF	88'
			Tina Stephenson	GF	80'

DISCUS

WCIC RECORD: Teresa Groshong Linfield 1979 132'7"

Teresa Groshong	L	134'9"	Diana Budiselich	PL	94
Ann Davis	W	126'10"	Cameon Viebrock	PL	90'
Janet Bronson	LC	117'3"	Laurie Buskala	L	85'11½"
Theresa Church	W	111'5"	Jody Hawkins	GF	82'
Rachel Hampton	GF	104'11"	Carrie Eastman	L	ND
Kathy Hoagland	PU	100'			

400 METER RELAY

WCIC RECORD: George Fox (Yates, Sparks, Hatfield, Beckler) 1979 51.6

George Fox	(Davis, Maxwell, Williams, Dennis)	49.6
Linfield	(Wishart, English, Gore, Flagg)	51.2
Pacific Lutheran	(Olson, Rom Heiden, Mixon)	51.3
Willamette	(Johnson, Rue, Reinisch, Stewart)	51.9
Lewis & Clark	(Gott, Shelton, Pfeiffer, Wallace)	53.2
Pacific	(Tokuhisa, Chaffee, Devore, Martelon)	53.5

1500 METERS

WCIC RECORD: Eileen McDougal George Fox 1979 4:54.9

Denise Stohl	L	4:53.8	Cathy Nash	W	5:05.7
Suzanne Tovrea	L	4:56.3	Cisca Wery	PL	5:06
Christie Colburn	W	4:57.1	Debbie Jensen	W	5:11.9
Eileen McDougal	GF	4:59.0	Leslie Slocum	LC	5:21.6
Debbie Tri	PL	5:02	Joanne Hamer	PU	5:25
Barbara Allen	LC	5:02	Diane Johnson	PL	NT
Signe Harrang	LC	5:02.7	Janet Keeney	L	NT

100 METER HURDLES

WCIC RECORD: Karen Maxwell George Fox 1979 15.7

Karen Maxwell	GF	15.2	Susi Chaffee	PU	17.3
Leslie Wickman	W	16.3	Esme Jensen	LC	18.0
Jeannie Pfiffer	LC	16.4	Diane Demorest	L	18.3
Saundra Burns	GF	16.4	Debbie Maier	PL	19.2
Lynn Johnson	W	17.0	Laurie Buskala	L	19.3
Jacquie Williams	GF	17.0	Leanna Mountjoy	L	21.0
Heather Jahr	PL	17.2			

400 METER DASH

WCIC RECORD:	Sharon Canda	Willamette 1977	57.6
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Shavon Dennis	GF	57.5	Brenda Rom	PL	1:02.5
Laurie Flagg	L	1:01.1	Janis Rue	W	1:02.6
Carolyn Gore	L	1:01.3	Laurie Johanson	PL	1:02.7
Nancy Frederick	LC	1:01.6	Cindy Beale	LC	1:03.0
Michelle Randolph	W	1:02.1	Mary English	L	1:03.3
LaDonna House	GF	1:02.3	Beth Reinisch	W	1:03.9

100 METER DASH

WCIC RECORD:	Joyce Yates	George Fox 1979	12.5
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Jana Olson	PL	12.3	Paula Stewart	W	13.3
Jacque Davis	GF	12.6	Lisa Martelon	PU	13.3
Julie Heiden	PL	12.7	Jeannie Phieffer	LC	13.4
Susi Chaffee	PU	13.1	Cindy Wallace	LC	13.5
Jacque Williams	GF	13.1	Tammy Gilbertson	PL	13.5
Lynn Johnson	W	13.2	Connie Wishart	L	13.5
Cathy Bowersox	GF	13.2	Debbie Tokuhisa	PU	13.7
Sherrie Gott	LC	13.3			

800 METER

WCIC RECORD:	Eileen McDougal	George Fox 1979	2:24.5
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Carolyn Gore	L	2:17.2	Kenlynn Snowden	W	2:29.4
Cathy Nash	W	2:22.4	Lisa Corwin	PL	2:31
Suzanne Tovrea	L	2:25.3	Jodi Henry	W	2:34
Monica Johnson	PL	2:27.6	Shari Bacon	PU	2:35
Debbie Tri	PL	2:29	JoAnne Hamer	PU	2:38
Eileen McDougal	GF	2:29	Denise Stohl	L	NT
			Leslie Slocum	LC	NT

400 METER HURDLES

WCIC RECORD:	Elaine Kostrikin	Willamette 1979	67.1
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Karen Maxwell	GF	1:06.6	Leanna Mountjoy	L	1:18.2
Saundra Burns	GF	1:07.1	Theresa Church	W	1:22.4
Esme Jensen	LC	1:10.5	Cindi Carrell	PU	1:25
Heather Jahr	PL	1:14.6	Mary English	L	NT
Debbie Maier	PL	1:16.2	Sarah McIntyre	W	NT
Molly Schmeiding	LC	1:16.4	Connie Wishart	L	NT
Leslie Wickman	W	1:16.6			

200 M DASH

WCIC RECORD:	Sharon Canda	Willamette 1977	26.1
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Shavon Dennis	GF	25.5	Lisa Martelon	PU	27.9
Jacque Davis	GF	26.5	Michelle Randolph	WU	28.5
Jana Olson	PLU	26.6	Sherrie Gott	LC	28.7
Julie Heiden	PLU	27.0	Susan Shelton	LC	28.9
Laurie Flagg	L	27.2	Jacque Williams	GF	NT
Christie Mixon	PLU	27.4	Carolyn Gore	L	NT
Janis Rue	WU	27.7	Jeannie Pfieffer	LC	NT
Paula Stewart	WU	27.8	Denise Brown	L	NT

3,000

WCIC RECORD:	Barb Ruth	Linfield 1979	11:01.0
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Janet Keeney	L	10:44.0	Windy Weidkamp	LC	12:02
Christi Colburn	WU	10:54	Liz Saxe	WU	13:16
Signe Harrang	LC	10:56.9	Jody Garrard	L	NT
Diane Johnson	PLU	10:57.1	Kirsten Ludwig	PLU	NT
Tammy Asher	L	11:02.0	Eileen McDougal	GF	NT
Cisca Wery	PLU	11:03.0	Liz Kiemle	L	NT
Debbie Jensen	WU	11:27.7	Geri Hall	L	NT
Shelley Pontier	LC	11:29.9	Bev Harger	L	NT

1600 M RELAY

WCIC RECORD:	GFC (Maxwell, Beach, Beckler, Burns)	4:08.0
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George Fox	(Burns, Williams, Dennis, Maxwell)	4:06.1
Linfield	(Stohl, English, Flagg, Gore)	4:11.6
Lewis & Clark	(Beal, Frederick, Jensen, Pfieffer)	4:15
Willamette	(Nash, McIntyre, Snowden, Rue)	4:17.13
Pacific Lutheran	(Johanson, Rom, Corwin, Olson)	4:17.5
Pacific	(Bacon, Hamer, Chaffee, Martelon)	4:25

April 26, 1980

Event	PLACE NAME	SCHOOL	TIME DISTANCE	POINTS	LIN	GFC
HIGH JUMP	tie Sandra Burns	GFC	4'8"			
	1st Karen Maxwell	GFC	4'8"			
SHOT PUT	1st Teresa Groshong	LIN	37'3 1/2"			
	2nd Laurie Baskala	LIN	34'7"			
	3rd Lynette Phillips	GFC	34'3 1/2"			
JAVELIN	1st Lynette Phillips	GFC	106'2"			
	2nd Laurie Baskala	LIN	104'3"			
	3rd Bev Harger	LIN	86'0"			
1500m	1st Suzanne Torres	LIN	4:59.5			
	2nd Eileen McDougal	GFC	5:06.9			
	3rd Tammy Asher	LIN	5:19.3			
LONG JUMP	1st Laurie Fhagg	LIN	18'5 1/2"			
	2nd Leanna Mountjoy	LIN	14'2"			
100m HURDLES	1st Sandra Burns	GFC	16.8			
	2nd Laurie Baskala	LIN	20.5			
3000 M	1st Tammy Asher	LIN	11:32.2			
	2nd Geri Hall	LIN	12:02.3			
5000 M	1st Janet Keeney	LIN	18:43.1			
	2nd Denise Stohl	LIN	19:23.2			
	3rd Jody Garrard	LIN	20:35.4			
	4th Liz Kiemle	LIN	20:47.8			
400 M	1st Laurie Fhagg	LIN	1:00.1			
	2nd Karen Maxwell	GFC	1:08.1			
	3rd LeDenna House	GFC	1:04.4			
	4th Denise Brown	LIN	1:06.7			
	5th Leanna Mountjoy	LIN	1:10.5			
400M	1st Sandra Burns	GFC	1:11.7			
	2nd Leanna Mountjoy	LIN	1:19.3			
200 m	1st Jacquie Davis	GFC	26:7			
	2nd Mary English	LIN	27:6			
Discus	1st Teresa Groshong	LIN	132'6 1/4"			
	2nd Rachel Hampton	GFC	98'10"			
	3rd Laurie Baskala	LIN	85'4"			
	4th Jody Hawkins	GFC	81'8"			
1600 MR	1st GFC Burns, House		4:12.5			
	Bowersox, Maxwell					
	2nd Lin Brown, Flagg,		4:15.7			
	English, Gere					

INTERCOLLEGIATE TRACK & FIELD --- GEORGE FOX COLLEGE vs LEWIS & CLARK --- 4/19/80

WOMEN'S

WEATHER: rain. 57 degrees

LC GFC

HIGH JUMP - Esme Jensen, LC 5-0; Karen Maxwell, GFC 4-10; Sandra Burns, GFC 4-6	5	4
SHOT PUT - Janet Bronson, LC 43-1 $\frac{1}{2}$, Lynette Phillips GFC 33-3 $\frac{1}{2}$, Esme Jensen LC 29-0	6	3
400 METER RELAY - GFC (Davis, Maxwell, Williams, Dennis) 49.3 LC (Gott, Shelton, Beale, Pfeiffer) 52.8	0	5
LONG JUMP - Jacquie Williams, GFC 16-9 $\frac{1}{2}$, Esme Jensen, LC 15-8 $\frac{1}{2}$, Karen Maxwell GFC 15-6 $\frac{1}{2}$	6	3
1500 METERS - Eileen McDougall, GFC 5:00.0, Signe Harrang, LC 5:01.1, Leslie Slocum, LC 5:17.4	4	5
JAVELIN - Kathy Sauer, LC 108-0, Lynette Phillips, GFC 103-9 $\frac{1}{2}$, Jody Hawkins, GFC 83-11	5	4
100m HURDLES - Karen Maxwell, GFC 15.4, Sandra Burns, GFC 15.4, Jeannie Pfeiffer, LC 16.3		
400 METERS - Shavon Dennis, GFC 58.0, LaDonna House, GFC 63.4, Cyndie Beale, LC 65.1	1	8
100 METERS - Jacque Davis, GFC 12.8, Jacquie Williams, GFC 13.5, Cathy Bower- son, GFC 13.6	1	8
DISCUS - Janet Bronson, LC 111-5, Rachel Hampton, GFC 93-0, Jody Hawkins, GFC 75-1	5	4
200 METERS - Shavon Dennis, GFC 25.7	0	5
400 IM - Karen Maxwell, GFC 65.5, Esme Jensen, LC 68.8, Sandra Burns, GFC 1:12.9	3	6
800 METERS - Nancy Frederick, LC 2:29.3, Eileen McDougall, GFC 2:35.3	5	4
3000 METERS - Signe Harrang, LC 11:06.0, Cindy Weidkamp, LC 11:50.9, Shelly Pontier, LC 12:22.0	9	0
1600 METER RELAY - GFC (Burns, House, Dennis, Maxwell) 4:06.7 LC (Beale, Pfeiffer, Allen, Frederick) 4:09.8		

GEORGE FOX COLLEGE/WILLAMETTE DUAL MEET
Newberg, Oregon
March 15, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	WU	GFC
SHOT	1st-Ann Davis	WU	36'9"	5		
	2nd-Rachel Hampton	GFC	28'10"	3		
	3rd-Karen Maxwell	GFC	28'7"	1	5/5	4/4
HIGH JUMP	1st-Leslie Wickman	WU	5'0"	5		
	2nd-Sue Widmer	WU	4'10	3		
	3rd-Sarah McIntyre	WU	4'10	1	9/14	0/4
1500	1st-Christi Colburn	WU	4:57.1	5		
	2nd-Eileen McDougal	GFC	4:59.3	3	5/19	3/7
JAVELIN	1st-Ann Davis	WU	114'5"	5		
	2nd-Theresa Church	WU	101'5"	3		
	3rd-Jody Hawkins	GFC	78'4"	1	8/27	1/8
400m RELAY	1st-Davis, Maxwell					
	Williams, Dennis	GFC	50.8	5		
	2nd-Randolph, Rue					
	Reinisch, Stewart	WU	52.8	0	0/27	5/13
100m H	1st- Karen Maxwell	GFC	16.0	5		
	2nd-Saundra Burns	GFC	17.2	3		
	3rd-Leslie Wickman	WU	18.3	1	1/28	8/21
LONG JUMP	1st-Jacquie Williams	GFC	16'3"	5		
	2nd-Karen Maxwell	GFC	15'6"	2		
	2nd-Sarah McIntyre	WU	15'6"	2	2/30	7/28
400	1st-Shavon Dennis	GFC	61.2	5		
	2nd-Michelle Randolph	WU	63.9	3		
	3rd-LaDonna House	GFC	64.7	1	3/33	6/34

GEORGE FOX COLLEGE/WILLAMETTE DUAL MEET
Newberg, Oregon
March 15, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	WU	GFC
DISCUS	1st-Ann Davis	WU	117'3"	5		
	2nd-Theresa Church	WU	111'5"	3		
	3rd-Rachel Hampton	GFC	93'11"	1	8/41	1/35
800	1st-Eileen McDougal	GFC	2:29.2	5		
	2nd-Cathy Nash	WU	2:29.4	3		
	3rd-Sarah McIntyre	WU	2:36.8	1	4/45	5/40
100	1st-Jacque Davis	GFC	13.0	5		
	2nd-Paula Stewart	WU	13.5	3		
	3rd-Jacque Williams	GFC	13.55	1	3/48	6/46
200	1st-Shavon Dennis	GFC	25.7	5		
	2nd-Jacque Davis	GFC	27.2	3		
	3rd-Paula Stewart	WU	27.9	1	1/49	8/54
400m IH	1st-Karen Maxwell	GFC	1:10.01	5		
	2nd-Leslie Wickman	WU	1:16.6	3	3/52	5/59
3000	1st-Christi Colburn	WU	11:20.0	5		
	2nd-Debbie Jensen	WU	11:29.5	3	8/60	0/59
1600m RELAY	1st-Davis, Burns					
	Maxwell, Dennis	GFC	4:12.7	5		
	2nd-Nash, Snowden					
	Reinisch, Randolph	WU	4:20.5	0	0/60	5/64

GEORGE FOX COLLEGE/UNIVERSITY OF PUGET SOUND DUAL MEET
Newberg, Oregon
March 29, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	UPS	GFC
100m JUMP	1st-Sandra Burns	GFC	4'8"	5		
	2nd-Karen Maxwell	GFC	4'6"	3		
	3rd-Jacquie Williams	GFC	4'5"	1	0/0	9/9
HOT	<i>Annemette</i>		<i>33.10</i>			
	1st-Rachel Hampton	GFC	30'4"	5		
	2nd-Karen Maxwell	GFC	27'1"	3		
	3rd-Jody Hawkins	GFC	26'6 1/2"	1	0/0	9/18
100m RELAY	1st Davis, Maxwell Williams, Dennis	GFC	50.0	5		
	2nd-Waters, Hopwood Knight, Kauzlaric	UPS	54.7	0	0/0	5/23
100m HURD	1st-Tiny Stephenson	GFC	73'1"	5	0/0	5/28
	<i>Annemette</i>		<i>99</i>			
	1st-Karen Maxwell	GFC	15:6 15:2	5		
	2nd-Sandra Burns	GFC	16:4	3	0/0	8/36
100m USCUS	1st-Rachel Hampton	GFC	104'01"	5		
	2nd-Jody Hawkins	GFC	80'3"	3		
	3rd-Dee Hopwood	UPS	45'10"	1	1/1	8/44
500m RUN	1st-Cindy Peter	UPS	5:12.6	5		
	2nd-Helen Loutis	UPS	5:19.8	3	8/9	0/64
100m JUMP	1st-Cindy Kauzlaric	UPS	18	5		
	2nd-Jacquie Williams	GFC	16'7 3/4"	3		
	3rd-Dee Hopwood	UPS	15'4"	1	6/16	3/47
100m DASH	1st-Shavon Dennis	GFC	59.5 54.9	5		
	2nd-LaDonna House	GFC	66.6	3		
	3rd-Julie Knight	UPS	68.2	1	1/13	3/55
100m DASH	1st-Jacquie Davis	GFC	12.7	5		
	2nd-Cindy Kauzlaric	UPS	13:0	3		
	3rd-Jacquie Williams	GFC	13:5	1	3/19	6/61

Jackie Davis 12:7.5
 Williams 13:25
 Cathy Bell 13:25

300m RUN 1st-Cindy Bell UPS 2:35.7 5
 2nd-Helen Loutsis UPS 2:53.8 3 8/27 0/61

1:07
 300m IH 1st-Karen Maxwell GFC 1:08.7 5
 2nd-Debbie Ocken UPS 1:11.5 3
 3rd-Saundra Burns GFC 1:15.8 1 3/30 6/67

300m DASH 1st-Shavon Dennis GFC 25:8 95:00 5
 2nd-Jacque Davis GFC 27:3 3
 3rd-Cindy Kauzlaric UPS 27:4 1 1/31 8/75

300m RUN 1st-Angela French UPS 18:43.7 5
 2nd-Jo Geisler UPS 20:28.9 3 8/39 0/75

600m RELAY 1st-Burns, Maxwell
 Dennis, Williams GFC 4:13 5
 2nd-Peter, Oliver
 Kight, Ocken UPS 4:34.4 0 0/39 5/80

NCWSA REGIONAL CHAMPIONSHIPS
BOISE STATE UNIVERSITY
FINAL RESULTS
TEAM STANDINGS

May 10, 1980

1.	Seattle Pacific	101
2.	Idaho	99
3.	Boise State	74
4.	Western Washington	60
5.	Central Washington	60
6.	Simon Fraser	57
7.	Eastern Oregon	34
8.	Linfield	28
9.	Eastern Washington	27
10.	George Fox	26
11.	Willamette	11
12.	Southern Oregon	10
13.	Puget Sound	8
	Lewis and Clark	8
	Whitworth	8
16.	Pacific Lutheran	5
17.	OCE	3
18.	Rocky Mountain	2

NCWSA REGIONAL CHAMPIONSHIPS

BOISE STATE UNIVERSITY

FINAL RESULTS

May 8, 1980 Conditions: 65°, sunny, breezy

Pentathlon

1. Cathy Wilson	SPU	3762 pts.**
2. Esme Jensen	L&C	3179 pts.
3. Anna Marie Solomonson	SPU	3161 pts.
4. Karen Maxwell	GFC	3153 pts.
5. Liv Jonassen	WWU	2985 pts.
6. Leslie Wickman	WU	2939 pts.

Cathy Wilson set a new Bronco Stadium record, breaking the old mark of 3187 points set by Sue Sterns of Western Washington State College in 1976.

10,000 Meter Run

1. Gail Volk	SPU	38:04.4**
2. Kathy Armstrong	WW	39:20.5
3. Sonia Blackstock	Idaho	39:50.6
4. Brenda McGlade	SPU	41:29.9
5. Lynn Frisbey	RMC	43:03.5
6. Jody Garrard	Lin	43:14.8

Gail Volk set a new Bronco Stadium record, breaking the old mark of 40:08.4 set by Anne Harry of Oregon State University in 1979.

May 9, 1980 Conditions: 55°, light drizzle, light breeze

4 X 880 Yd. Relay

1. Western Washington (Jonassen, Davidson, Abbott, Petrovich)	9:24.93**
2. Linfield (Stohl, Tovrea, Keeney, Gore)	9:26.88
3. Boise State (Jody Smith, Lorah, Kearney, Judy Smith)	9:31.73
4. Seattle-Pacific (Bates, McGrade, Irwin, Underhill)	9:43.99
5. Central Washington (Teller, Nilson, Colvin, Myers)	9:57.04
6. Idaho (Nuxoll, Blackstock, McMicken, Roloff)	9:57.65

WWU set a new Bronco Stadium record, breaking the old mark of 9:26.1 set by the University of Oregon in 1976.

NCWSA REGIONALS
FINAL RESULTS, CONT.

Discus

1. Cindy Pottle	CWU	45.04
2. Paula Nickerson	EWU	42.12
3. Donna Regan	Idaho	41.66
4. Cathy Wilson	SPU	41.66
5. Diana McAnulty	BSU	39.30
6. Ann Davis	WU	39.24

Long Jump

1. Christy Smith	WWU	5.78
2. Sandi Thomas	Idaho	5.72
3. Laurie Flagg	Lin	5.63
4. Cindy Kauzlaric	UPS	5.53
5. Wendy Malich	WWU	5.26
6. Robyn Munn	SFU	5.20

3000 Meter Run

1. Patsy Sharples	Idaho	9:53.06**
2. Ronda Burnette	EOSC	10:07.31
3. Janet Pearson	WWU	10:18.36
4. Gail Volk	SPU	10:29.65
5. Angela French	UPS	10:30.39
6. Kathy Kearney	BSU	10:35.14

Patsy Sharples set a new Bronco Stadium record, breaking the old mark set by Ronda Burnette of Eastern Oregon State College in 1979 of 10:27.21

4 x 110 Meter Relay

1. Karen Osburn, Valerie Dworak, Joyce Taylor, Connie Taylor	BSU	48.16
2. Lynnette Glowa, Robyn Munn, Marianne Ball, Tracy Cairns	SFU	48.69
3. Merrily Boast, Laura Jones, Sheri McCormick, Alice Pleasant	CWU	49.27
4. Wendy Malich, Laurie Dominoski, Christy Smith, Janis Swanson	WWU	50.59
5. Jana Olson, Brenda Rom, Julie Heiden, Christy Mixsom	PLU	50.78
6. Dawn Waggoner, Denise Riley, Glynnette Harwood, Debra Carter	SPU	51.24

100 Meter Hurdles

Wind Guage: 2.1136363

1. Marianne Ball	SFU	14.96
2. Sandi Thomas	UI	14.97
3. Karen Maxwell	GFC	15.17
4. Colleen Williams	UI	15.37
5. Donna Davidson	WWU	15.55
6. Teri Meece	BSU	15.56

NCWSA REGIONALS
FINAL RESULTS, CONT.

400 Meter Dash**

1. Shavon Dennis	GFC	56.22
2. Kathy Mayberry	EWU	56.58
3. Allison Falkenberg	UI	56.97
4. Debra Carter	SPU	57.21
5. Kim Ward	UI	58.39
6. Darla Hasselquist	BSU	58.43

Kathy Mayberry set a new stadium record of 56.18 in the semi-finals, breaking the old mark of 56.2 h set by Kathy Weston of Oregon State University in 1979.

1500 Meter Run

1. Ronda Burnett	EOSC	4:44.26**
2. Patsy Sharples	UI	4:44.58
3. Kathy Kearney	BSU	4:49.31
4. Jane Abbott	WWU	4:50.56
5. Marie de Hart	OCE	4:51.26
6. Jody Smith	BSU	4:52.15

Ronda Burnett set a new Bronco Stadium record of 4:44.26, breaking the old mark of 4:44.74 set by Patsy Sharples of University of Idaho in 1980.

100 Meter Dash

Wind Guage: 6.75

1. Tracy Cairns	SFU	12.21
2. Val Dworak	BSU	12.24
3. Karen Osburn	BSU	12.39
4. Connie Taylor	BSU	12.49
5. Jana Olson	PLU	12.54
6. Jamie Day	EWU	12.66

800 Meter Run

1. Cheryl Petrovich	WWU	2:17.64
2. Karen Rudd	SFU	2:19.16
3. Carolyn Gore	Lin	2:19.36
4. LeeAnn Roloff	UI	2:19.92
5. Judy Smith	BSU	2:21.74
6. Kathy Nash	WU	2:22.56

Javelin

1. Michelle McCandless	SFU	41.76
2. Lorna Raabe	CWU	41.62
3. Cathy Winterbotham	SOSC	41.18
4. Terri Lutze	SOSC	41.16
5. Cathy Wilson	SPU	38.42
6. Sue Laughlin	OCE	38.36

NCWSA REGIONALS
FINAL RESULTS, CONT.

400 Meter Hurdles

1. Glynette Harwood	SPU	1:04.46
2. Cathy Peterson	CWU	1:04.78
3. Colleen Williams	UI	1:05.88
4. Donna Davidson	WWU	1:06.26
5. Karen Maxwell	GFC	1:07.27
6. Brenda Allumbaugh	CWU	1:09.36

200 Meter Dash

Wind Guage: 6.75

1. Tracy Cairns	SFU	24.96
2. Val Dworak	BSU	25.12
3. Debra Carter	SPU	25.26
4. Shavon Dennis	GFC	25.46
5. Allison Falkenberg	UI	25.56
6. Karen Osburn	BSU	25.61

5000 Meter Run

1. Patsy Sharples	UI	17:45.42**
2. Ronda Burnett	EOSC	17:58.87
3. Gail Volk	SPU	18:17.58
4. Janet Keeney	Lin	18:22.36
5. Angela French	UPS	18:26.37
6. Janet Pearson	WWU	18:29.3 h

Patsy Sharples set a new Bronco Stadium record of 17:45.42, breaking the old mark of 18:36.25 set by Ronda Burnett of Eastern Oregon State College in 1980.

High Jump

1. Anna Marie Solomonson	SPU	5-6
2. Leslie Wickman	WU	5-4
3. Terri Johnston	BSU	5-4
4. Patti Bennett	UI	5-2
5. Cindy Stewart	BSU	5-2
6. Julie Heiden	PLU	5-2

Shot Put

1. Cathy Wilson	SPU	13.61
2. Paula Nickerson	EWU	13.34
3. Jill Palmquist	CWU	13.05
4. Cindy Pottle	CWU	12.72
5. Donna Regan	UI	12.15
6. Teresa Groshong	Lin	12.07

NCWSA REGIONALS
FINAL RESULTS, CONT.

880 Medley Relay

1.	Jamie Day, Lori Smith, Cathy Davis, Kathy Mayberry	EWU	1:47.8**
2.	Karen Osburn, Connie Taylor, Valerie Dworak, Karma Osburn	BSU	1:49.2
3.	Sheri McCormick, Dawn Allenbaugh, Laura Jones, Merrily Boast	CWU	1:51.2
4.	Denise Riley, Glynnette, Dawn Waggoner, Debra Carter	SPU	1:52.6
5.	Lee Ann Roloff, Donna Regan, Lisa Payne, Becki Koon	UI	1:54.4
6.	Josseline Mangin, Teri Houghton, Laurie Dominoski, Rosie Simpson	WWU	1:54.6

EWU set a new Bronco Stadium record of 1:47.8 , breaking the old mark of 1:50.15 set by BSU in 1979.

Mile Relay

1.	Linda Holt, Colleen Williams, Allison Falkenberg, Kim Ward	UI	3:58.0
2.	Brenda Allenbaugh, Kathy Peterson, Peggy Colvin, Merrily Boast	CWU	4:02.4
3.	Glynnette Harwood, Judy Ray, Cathy Wilson, Eliza Underhill	SPU	4:02.6
4.	Dawn Graham, Cheryl Petrovich, Christy Smith, Janis Swanson	WWU	4:04.0
5.	Mary English, Laurie Flagg, Denise Brown, Carolyn Gore	Lin	4:04.3
6.	Ann Damiano, Terri Johnston, Judy Smith, Darla Hasselquist	BSU	4:05.7

NCWSA REGIONAL CHAMPIONSHIPS

May 8, 1980

PENTATHLON SCORING SHEET

FINAL RESULTS

110 Meter Hurdles

1.	Karen Maxwell	GFC	15.5	695 pts.
2.	Cathy Wilson	SPU	15.8	665 pts.
3.	Anna Marie Solomonson	SPU	16.5	598 pts.
4.	Leslie Wickman	WU	16.6	589 pts.
5.	Liv Jonasson	WWU	17.6	505 pts.
6.	Esme Jensen	LSC	17.7	499 pts.
7.	Teri Houghton	WWU	18.5	440 pts.

Shot Put

1.	Cathy Wilson	SPU	14.11	845 pts.
2.	Anna Marie Solomonson	SPU	9.5	555 pts.
3.	Esme Jensen	LSC	9.3	541 pts.
4.	Leslie Wickman	WU	8.55	487 pts.
5.	Liv Jonasson	WWU	8.46	480 pts.
6.	Karen Maxwell	GFC	8.36	473 pts.
7.	Teri Houghton	WWU	7.65	419 pts.

High Jump

1.	Anna Marie Solomonson	SPU	1.69	925 pts.
2.	Leslie Wickman	WU	1.61	844 pts.
3.	Esme Jensen	LSC	1.556	791 pts.
4.	Cathy Wilson	SPU	1.53	759 pts.
5.	Karen Maxwell	GFC	1.466	693 pts.
5.	Liv Jonasson	WWU	1.466	693 pts.
7.	Teri Houghton	WWU	1.310	501 pts.

Long Jump

1.	Cathy Wilson	SPU	5.41	773 pts.
2.	Esme Jensen	LSC	4.85	640 pts.
3.	Anna Marie Solomonson	SPU	4.74	613 pts.
4.	Karen Maxwell	GFC	4.53	561 pts.
5.	Liv Jonasson	WWU	4.49	551 pts.
6.	Teri Houghton	WWU	4.34	512 pts.
7.	Leslie Wickman	WU	4.23	484 pts.

800 Meter Run

1.	Liv Jonasson	WWU	2:22.7	756 pts.
2.	Karen Maxwell	GFC	2:24.8	731 pts.
3.	Cathy Wilson	SPU	2:25.8	720 pts.
4.	Esme Jensen	L&C	2:26.8	708 pts.
5.	Teri Houghton	WWU	2:33.7	632 pts.
6.	Leslie Wickman	WU	2:43.6	535 pts.
7.	Anna Marie Solomonson	SPU	2:51.0	470 pts.

Total Points and Places

1.	Cathy Wilson	SPU	3762 points**
2.	Esme Jensen	L&C	3179 points
3.	Anna Marie Solomonson	SPU	3161 points
4.	Karen Maxwell	GFC	3153 points
5.	Liv Jonasson	WWU	2985 points
6.	Leslie Wickman	WU	2939 points
7.	Teri Houghton	WWU	2504 points

**Set a new Bronco Stadium record, breaking the old record of 3187 set by Sue Sterns from Western Washington State College in 1976

NCWSA

Region 9

Divisions II & III

Track & Field Championships



May 8-10, 1980

Boise State University

50¢

Welcome to Boise State University

THE PRESIDENT

On behalf of the Boise State University community, I extend a warm welcome to all participating institutions and student athletes in the NCWSA Regional Track and Field Championships. We are pleased to host this event and will do our best to provide real hospitality to our guests.

On this campus, athletics provide an important link between the University and the community, as well as an opportunity for student athletes to compete against standards set by themselves and their competitors. In our view, everyone who competes to the maximum of his or her ability is a champion.

We are proud of our efforts, impressed by your achievements, and we wish each of you the best of luck in this meet, as well as in your futures.

John H. Keiser
President

THE ATHLETIC DIRECTOR

We welcome the visiting athletes and spectators to the 1980 NCWSA Divisions II and III track and field championships. We deem it a privilege to again host this meet. We look forward to seeing some outstanding performances and keen competition.

Please let us know if there is anything that we can do to assist you during your stay at Boise State.

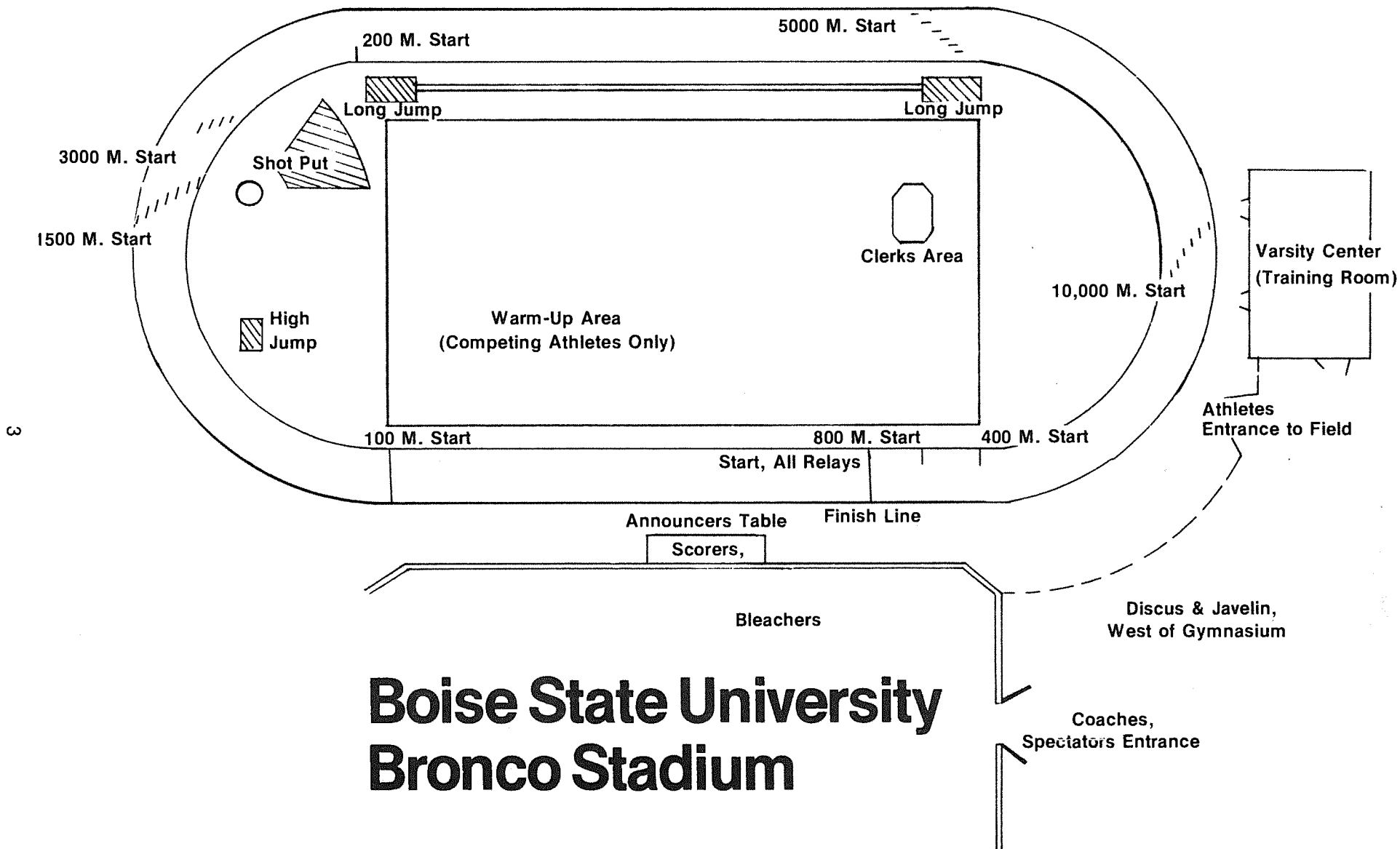
Good Luck.

Lyle H. Smith
Director of Athletics

THE ASSISTANT ATHLETIC DIRECTOR OF WOMEN

On behalf of the Women's Athletic Department of Boise State University I wish to welcome you to Bronco Stadium in beautiful Boise, Idaho. It is a pleasure to be the hostess school for the 1980 Northwest College Women's Sports Association Divisions II and III track and field championships. We wish the best of luck to all competitors and are sure that those of us who are spectators will enjoy the performances we are about to see.

Carol J. Ladwig
Assistant Director, Women's Athletics



Oregon College of Education

Coach: Len Campbell
Cindy Musgrove

- 131) Marie De Hart, So.
- 132) Susie Halliday, Fr.
- 133) Sue Laughlin, Fr.
- 134) Michelle Le May, Fr.
- 135) Dee Dee Mansfield, Sr.
- 136) Kathy Selberg, So.
- 137) Barb Smith, Fr.
- 138) Denise Thomas, Fr.
- 139) Fritz Verling, So.
- 140) Sheryl Ward, Fr.

Pacific Lutheran University

Coach: Carol Auping
Paul Hoseth

- 141) Lisa Marie Corwin, Fr.
- 142) Julie Heiden, Fr.
- 143) Heather Jahr, Fr.
- 144) Lori Johanson, Jr.
- 145) Dianne Johnson, So.
- 146) Monica Johnson, Fr.
- 147) Kirsten Ludwig, So.
- 148) Christie Mixson, Fr.
- 149) Jana Olson, Sr.
- 150) Brenda Rom, Fr.
- 151) Debbie Tri, Jr.
- 152) Cameon Viebrock, Fr.
- 153) Cisca Wery, Sr.

Pacific University

Coach: Randy Denley
Debbie Tokuhisa

- 154) Susi Chaffee, Fr.
- 155) Susie DeVore, Fr.

University of Puget Sound

Coach: Joe Peyton
Betty Andrews
Chris Luther

- 156) Angela French, Jr.
- 157) Cindy Henry, So.
- 158) Cindy Kauzlaric, Fr.
- 159) Cindy Peter, Fr.

Rocky Mountain College

Coach: Sally Jepson

- 160) Jackie Degel, Jr.
- 161) Lynn Frisbey, So.
- 162) Lynne Hogue, So.
- 163) Joan French-Keller, So.
- 164) Tammy LaPlante, Fr.
- 165) Julie Pasma, Jr.
- 166) Richelle Richards, Fr.
- 167) Susie Sessions, Sr.
- 168) Elvira Skurdal, Jr.
- 169) Kathy Wilkison, So.

Seattle Pacific University

Coach: Doris Heritage

- 170) Shirley Bates
- 171) Deborah Carter
- 172) Gynette Harwood
- 173) Linda Irwin
- 174) Brenda McGlade
- 175) Jan Milcic
- 176) Judy Ray
- 177) Denise Riley
- 178) Terri Simons
- 179) Anna Marie Solomonson
- 180) Elisa Underhill
- 181) Gail Volk
- 182) Dawn Waggoner
- 183) Cathy Wilson

Simon Fraser University

Coach: Ric Richie

- 184) Marianne Ball
- 185) Tracy Cairns
- 186) Lynette Glowa
- 187) Corinna Lee
- 188) Michelle McCandless
- 189) Robyn Munn
- 190) Karen Rudd

Southern Oregon State College

Coach: Gerald Insley
Mike Jones

- 191) Cathy Allen, Sr.
- 192) Shannon Joseph, Fr.
- 193) Terri Lutze, Fr.
- 194) Cathy Winterbetham, Fr.

Western Montana College

Coach: Bonnie J. Sheriff

- 195) Teri Amberson, Fr.
- 196) Gail Bissell, Fr.
- 197) Jeri Burner, Jr.
- 198) Laurie Hamer, Jr.
- 199) Gayla Hill, Fr.
- 200) Kim Hulse, Fr.
- 201) Patty Mecklenburg, So.

Western Washington University

Coach: Tony Bartlett

- 202) Jane Abbott, So.
- 203) Barb Bentley, So.
- 204) Donna Davidson, So.
- 205) Laurie Dominoski, So.
- 206) Dawn Graham, So.
- 207) Teri Houghton, Fr.
- 208) Liv Jonassen, Fr.
- 209) Wendy Malich, Fr.
- 210) Josseline Mangin, Sr.
- 211) Janet Pearson, Jr.
- 212) Cheryl Petrovich, Fr.

213) Lida Reidel, Jr.

- 214) Bernice Schuster, So.
- 215) Rosie Simpson, Jr.
- 216) Christy Smith, Jr.
- 217) Carol Strickland, Jr.
- 218) Janis Swanson, Sr.

Whitman College

Coach: Keith Jensen

- 219) Kristin Sorensen

Whitworth College

Coach: Joanne Scrivner
Teddy Breeze
Terry Kelly

- 220) Kathy Armstrong, So.
- 221) Lori Carlton, Fr.
- 222) Connie Copland, Fr.
- 223) Tami Elliott, So.
- 224) Darren Nelson, Fr.
- 225) Lori Pickard, Fr.
- 226) Dixie Reimer, Sr.
- 227) Cindy Standley, Sr.
- 228) Annette Swanson, Fr.
- 229) Norreen Thornock, Fr.

Willamette University

Coach: Renne Lambrecht

- 230) Christi Colburn, Jr.
- 231) Ann Davis, So.
- 232) Jodi Hendry, So.
- 233) Debbie Jensen, Jr.
- 234) Cathy Nash, Fr.
- 235) Kenlynn Snowden, Fr.
- 236) Leslie Wickman, Sr.

PENTATHLON

Event No. 1

Thursday, 10:00 AM

AIAW Qualifying Standard

3780 Points

Pentathlon Schedule

100 M. Hurdles: Thursday, 10:00 AM

Shot Put: Thursday, 10:45 AM

High Jump: Thursday, 11:45 AM

Long Jump: Thursday, 2:00 PM

800 M. Run: Thursday, 3:00 PM

Top 1980 Marks and Entries

Name	School	Points
Karen Maxwell	GFC	3242
Cathy Wilson	SPU	3157
Leslie Wickman	WU	2857
Liv Jonasson	WWU	2854
Esme Jensen	Lewis & Clark	2832
Teri Houghton	WWU	2511

Results

100 M. Hurdles

Name School Time

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Shot Put

Name School Distance

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

High Jump

Name School Height

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Long Jump

Name School Distance

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

800 M. Run

Name School Time

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Team Points (Scoring: 18-8-6-4-2-1)

School	Points
1. _____	
2. _____	
3. _____	
4. _____	
5. _____	
6. _____	

TWO MILE RELAY

Event No. 3

Friday, 1:00 PM

AIAW Qualifying Standard
9:00.0

Top 1980 Marks and Entries

School	Time
WWU	9:41.5
SPU	9:43
Linfield	9:58.89 (m)
U of I	10:00.3
BSU	10:07.01
WU	10:08.2 (m)
WW	10:11.9
PLU	10:18.2
CWU	10:34.4
EWU	NT
Lewis & Clark	NT
NNC	NT

Results

Name	School	Time
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

DISCUS

Event No. 5

Saturday, Noon

AIAW Qualifying Standard

46.64 m

153-0

Top 1980 Marks and Entries

Name	School	Distance
Cathy Wilson	SPU	148-11
Cindy Pottle	CWU	143-3½
Jackie Degel	RMC	142-10
Donna Regan	U of I	135-10½
Teresa Groshoug	Linfield	134-9
Paula Nickerson	EWU	131-6½
Diana McAnulty	BSU	129-5
Ann Davis	WU	127-1
Jill Palmquist	CWU	125-4½

Results

Name	School	Distance
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

4x110 YARD RELAY

Event No. 7

Saturday, 1:00 PM

AIAW Qualifying Standard

	Hand Held	Electronic
440 y	46.5	46.64
400 m	46.2	46.34

Top 1980 Marks and Entries

School	Time
BSU	48.0
CWU	48.8
SFU	48.8
GFC	49.3
EWU	49.7
WWU	49.8
SPU	50.2
PLU	50.8
Linfield	51.2
OCE	51.5
NNC	51.9
WMC	53.3
U of I	NT

Results

Name	School	Time
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

HIGH JUMP

Event No. 9

Saturday, 1:00 PM

AIAW Qualifying Standard

1.79 m

5-10½

Top 1980 Marks and Entries

Name	School	Height
Anna Marie Solomonson	SPU	5-8
Cindy Stewart	BSU	5-4
Laurie Flagg	Linfield	5-4
Kris Sorrenson	WM	5-4
Leslie Wickman	WU	5-3
Terri Johnston	BSU	5-2
Barb Smith	OCE	5-2
Julie Heiden	PLU	5-2
Cathy Wilson	SPU	5-2
Kathy Winterbothom	SOSC	5-2
Patti Bennett	U of I	5-2
Donna Regan	U of I	5-2
Bernice Schuster	WWU	5-2

Results

Name	School	Height
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

1500 METER RUN

Event No. 11

Saturday, 1:20 PM

AIAW Qualifying Standard

Mile 4:48

1500 m 4:28

Top 1980 Marks and Entries

Name	School	Time
Patsy Sharples	U of I	4:32.5 i
Ronda Burnett	EOSC	4:43.8
Jane Abbott	WWU	4:43.9
Dixie Reimer	WW	4:46.1
Kathy Kearney	BSU	4:50.52
Jackie Vandebrake	EWU	4:50.7
Jody Smith	BSU	4:51.74
Denise Stohl	Linfield	4:52.2
Laura Myers	CWU	4:52.3
Marie DeHart	OCE	4:53.10
Shirley Bates	SPU	4:53.8
Debbie Tri	PLU	4:54.0

Results

Name	School	Time
1.		
2.		
3.		
4.		
5.		
6.		

Team Points: (Scoring: 10-8-6-4-2-1)

School	Points
1.	
2.	
3.	
4.	
5.	
6.	

100 METER DASH

Event No. 13

Saturday, 1:45 PM

AIAW Qualifying Standard

	Hand Held	Electronic
100 y	10.7	10.94
100 m	11.7	11.94

Top 1980 Marks and Entries

Name	School	Time
Tracy Cairns	SFU	11.9
Karen Osburn	BSU	11.15 ye
Val Dworak	BSU	12.1
Connie Taylor	BSU	12.2
Alice Pleasant	CWU	12.3
Jana Olson	PLU	12.3
Sandi Thomas	U of I	12.3
Debra Carter	SPU	12.4
Cathy Davis	EWU	12.5
Jamie Day	EWU	11.6 yi
Jacque Davis	GFC	12.6
Chris Pease	NNC	12.6
Corinna Lee	SFU	12.6
Sheri McCormick	CWU	12.7
Julie Heiden	PLU	12.7
Cindy Kauzlaric	UPS	12.7
Robyn Munn	SFU	12.8
Dawn Waggoner	SPU	12.8
Laurie Dominoski	WWU	12.8
Josseline Mangin	WWU	12.8
Laura Jones	CWU	12.9
Cindy Favero	EMC	11.9 y
Susie Halliday	OCE	12.9
Lynette Glowa	SFU	12.9

Results

Name	School	Time
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

SHOT PUT

Event No. 15

Saturday, 2:00 PM

AIAW Qualifying Standard

14.63 m

48-0

Top 1980 Marks and Entries

Name	School	Distance
Cathy Wilson	SPU	44-9½
Jackie Degal	RMC	44-2½
Paula Nickerson	EWU	42-1½
Lisa Smith	EWU	42
Cindy Pottle	CWU	41-5½
Jill Palmquist	CWU	40-3¼
Donna Regan	U of I	39-7
Sheryl Ward	OCE	39-½
Teresa Groshong	Linfield	38-3½
Elvira Skurdal	RMC	37-3¼
Ann Davis	WU	37-2

Results

Name	School	Distance
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

200 METER DASH

Event No. 17

Saturday, 2:15 PM

AIAW Qualifying Standard

	Hand Held	Electronic
220 y	24.0	24.24
200 m	23.9	24.14

Top 1980 Marks and Entries

Name	School	Time
Tracy Cairns	SFU	25.1
Val Dworak	BSU	25.2
Allison Falkenberg	U of I	25.3
Shavon Dennis	GFC	25.6
Sheri McCormick	CWU	25.6
Debra Carter	SPU	25.6
Karen Osburn	BSU	25.7
Darla Hasselquist	BSU	25.9
Alice Pleasant	CWU	25.9
Jacque David	GFC	26.43
Cindy Kauzlaric	UPS	26.2
Cathy Davis	EWU	26.3
Laura Jones	CWU	26.5
Merrily Boast	CWU	26.5
Jana Olson	PLU	26.5

Results

Name	School	Time
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____
6.	_____

880 YARD MEDLEY RELAY

Event No. 19

Saturday, 2:50 PM

AIAW Qualifying Standard

880 y 1:43.8

800 m 1:43.3

Top 1980 Marks and Entries

880 YARD MEDLEY RELAY

School	Time
SPU	1:46.6
EWU	1:49.8
BSU	1:50.28
CWU	1:52.8
U of I	1:53.09
WWU	1:53.4
WMC	1:58.1
GFC	1:59.2
NNC	2:01.6
OCE	NT
RMC	NT

Results

Name	School	Time
1.		
2.		
3.		
4.		
5.		
6.		

Team Points (Scoring: 10-8-6-4-2-1)

School	Points
1.	
2.	
3.	
4.	
5.	
6.	

BRONCO STADIUM RECORDS

Event		Recordholder	School	Year
100 M. Dash	12.06e	Lorin Barnes	Flathead Valley Community College	1979
200 M. Dash	24.9e	Lorin Barnes	Flathead Valley Community College	1979
400 M. Dash	56.2h	Kathy Weston	Oregon State University	1979
800 M. Run	2:17.1	Kristin Trom	Oregon State University	1979
1500 M. Run	4:44.74	Patsy Sharples	University of Idaho	1980
3000 M. Run	10:27.21	Ronda Burnette	Eastern Oregon State College	1979
5000 M. Run	18:36.25	Ronda Burnette	Eastern Oregon State College	1980
10,000 M. Run	40:08.4	Anne Harry	Oregon State University	1979
100 M. Hurdles	14.3e	Marsha Hamilton	University of Montana	1976
400 M. Hurdles	61.5e	Denise Anderson	Seattle Pacific College	1976
4 x 110 Yd. Relay	47.9e	Seattle Pacific College		1976
880 Yd. Medley Relay	1:50.15e	Karen Osburn, Sue Wessels Connie Taylor, Karma Osburn	Boise State University	1979
4 x 440 Yd. Relay	3:57.2	Seattle Pacific College		1976
4 x 880 Yd. Relay	9:26.1	University of Oregon		1976
High Jump	6-0	Pam Spencer	Seattle Pacific College	1976
Long Jump	19-9¼	Sherron Walker	Seattle Pacific College	1976
Shot Put	50-6½	Marcia Mecklenburg	Seattle Pacific College	1976
Discus	153-9½	Marcia Mecklenburg	Seattle Pacific College	1976
Javelin	155-10½	Mary Ann Furlong	University of Montana	1976
Pentathlon	3187 pts.	Sue Sterns	Western Washington State College	1976

W.C.I.C.



Track and Field

Conference Championships

Wednesday, April 16, 1980

George Fox College

Newberg, Oregon

George Fox

Coach: Randy Winston

Cathy Bowersox
Saundra Burns
Jacque Davis
Shavon Dennis
Rachel Hampton
Jody Hawkins
LaDonna House
Karen Maxwell
Shawna McClearen
Eileen McDougal
Lynette Phillips
Tina Stephenson
Jacquie Williams
Vonda Winkle

Willamette

Coach: Charles Bowles

Barbara Canda
Theresa Church
Christi Colburn
Ann Davis
Jodi Hendry
Debbie Jensen
Lynn Johnson
Sarah McIntyre
Cathy Nash
Michelle Randolph
Beth Reinisch
Janis Rue
Liz Saxe
Kenlynn Snowden
Paula Stewart
Leslie Wickman
Sue Widmer

Lewis & Clark

Coach: Brad Moore

Lori Longhney
Esme Jensen
Janet Bronson
Sherrie Gott
Kathy Sauer
Susan Shelton
Shelly Pontier
Molly Schmeiding
Jeannie Pfieffer
Barbara Allen
Signe Harrang
Leslie Slocum
Nancy Frederick
Cyndie Beale
Wendy Weidkamp
Cindy Wallace

Pacific University

Coach: Randy Denley

Debbie Tokuhisa
Kathy Hoagland
Joanne Hamer
Susi Chaffee
Lisa Martelon
Susie DeVore
Shari Bacon
Cindi Carrell

Linfield

Coach: Stover Harger

Laurie Buskala
Teresa Groshong
Carrie Eastman
Laurie Flagge
Diane Demorest
Jody Garrard
Mary English
Bev Harger
Connie Wishart
Carolyn Gore
Denise Stohl
Suzanne Tovrea
Janet Keeney
Leanna Mountjoy
Denise Brown
Tammy Asher
Liz Kiemle
Geri Hall
Dian Blunt
Pam Johnson
Elaine Flatch

Pacific Lutheran

Coach: Carol Auping

Mary Branson
Diana Budiselich
Lois Christian
Lisa Corwin
Tammy Gilbertson
Julie Heiden
Heather Jahr
Lori Johanson
Dianne Johnson
Monica Johnson
Rachel Lorenz
Debbie Maier
Jana Olson
Brenda Rom
Heidi Thompson
Debbie Tri
Cisca Wery
Christie Mixcon
Cameon Viebrock
Patty Buethe

LONG JUMP

WCIC RECORD:	Laurie Flagg		Linfield 1979		18'2½"
Laurie Flagg	L	18'4"	Debbie Tokuhisa	PU	15'7½"
Susie Chaffee	PU	17'43/4"	Tammy Gilbertson	PL	15'7"
Jacquie Williams	GF	16'8½"	Sarah McIntyre	W	15'6"
Karen Maxwell	GF	16'3"	Cindy Wallace	LC	ND
Brenda Rom	PL	16'2"	Jody Garrard	L	ND
Diane Demorest	L	15'11½"	Shawna McClearen	GF	ND
Paula Stewart	W	15'10½"			

HIGH JUMP

WCIC RECORD:	Lorie Loughney		Lewis & Clark 1979		5'2½"
Laurie Flagg	L	5'4"	Saundra Burns	GF	4'10"
Leslie Wickman	W	5'3"	Karen Maxwell	GF	4'10"
Lori Loughney	LC	5'2"	Sue Widmer	W	4'10"
Esme Jensen	LC	5'1"	Diane Demorest	L	4'10"
Julie Heiden	PL	5'1"	Debbie Tokuhisa	PU	4'10"
Sarah McIntyre	W	5'0"			

SHOT PUT

WCIC RECORD:	Julie Cabrido		Linfield 1977		42'5"
Teresa Groshong	L	37'11"	Cameon Viebrock	PL	32'4"
Ann Davis	W	37'2"	Esme Jensen	LC	30'4"
Kathy Hoagland	PU	35'	Rachel Hampton	GF	30'4"
Laurie Buskala	L	34'6"	Sherri Gott	LC	29'
Lynette Phillips	GF	34'2½"	Jody Hawkins	GF	29'
Janet Bronson	LC	33'11½"	Susie Devore	PU	27'
Theresa Church	W	32'53/4"	Carrie Eastman	L	ND

JAVELIN

WCIC RECORD:	Sue Banta		George Fox 1977		146'4"
Ann Davis	W	131'5"	Laurie Buskala	L	105'5"
Susie Devore	PU	119'	Lynette Phillips	GF	104'
Theresa Church	W	107'11"	Bev Harger	L	99'10"
Kathy Sauer	LC	107'7"	Cameon Viebrock	PL	96'
Mary English	L	107'7"	Jody Hawkins	GF	88'
			Tina Stephenson	GF	80'

DISCUS

WCIC RECORD: Teresa Groshong Linfield 1979 132'7"

Teresa Groshong	L	134'9"	Diana Budiselich	PL	94
Ann Davis	W	126'10"	Cameon Viebrock	PL	90'
Janet Bronson	LC	117'3"	Laurie Buskala	L	85'11½"
Theresa Church	W	111'5"	Jody Hawkins	GF	82'
Rachel Hampton	GF	104'11"	Carrie Eastman	L	ND
Kathy Hoagland	PU	100'			

400 METER RELAY

WCIC RECORD: George Fox (Yates, Sparks, Hatfield, Beckler) 1979 51.6

George Fox	(Davis, Maxwell, Williams, Dennis)	49.6
Linfield	(Wishart, English, Gore, Flagg)	51.2
Pacific Lutheran	(Olson, Rom Heiden, Mixon)	51.3
Willamette	(Johnson, Rue, Reinisch, Stewart)	51.9
Lewis & Clark	(Gott, Shelton, Pfeiffer, Wallace)	53.2
Pacific	(Tokuhisa, Chaffee, Devore, Martelon)	53.5

1500 METERS

WCIC RECORD: Eileen McDougal George Fox 1979 4:54.9

Denise Stohl	L	4:53.8	Cathy Nash	W	5:05.7
Suzanne Tovrea	L	4:56.3	Cisca Wery	PL	5:06
Christie Colburn	W	4:57.1	Debbie Jensen	W	5:11.9
Eileen McDougal	GF	4:59.0	Leslie Slocum	LC	5:21.6
Debbie Tri	PL	5:02	Joanne Hamer	PU	5:25
Barbara Allen	LC	5:02	Diane Johnson	PL	NT
Signe Harrang	LC	5:02.7	Janet Keeney	L	NT

100 METER HURDLES

WCIC RECORD: Karen Maxwell George Fox 1979 15.7

Karen Maxwell	GF	15.2	Susi Chaffee	PU	17.3
Leslie Wickman	W	16.3	Esme Jensen	LC	18.0
Jeannie Pfiffer	LC	16.4	Diane Demorest	L	18.3
Sandra Burns	GF	16.4	Debbie Maier	PL	19.2
Lynn Johnson	W	17.0	Laurie Buskala	L	19.3
Jacque Williams	GF	17.0	Leanna Mountjoy	L	21.0
Heather Jahr	PL	17.2			

400 METER DASH

WCIC RECORD:	Sharon Canda	Willamette 1977	57.6
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Shavon Dennis	GF	57.5	Brenda Rom	PL	1:02.5
Laurie Flagg	L	1:01.1	Janis Rue	W	1:02.6
Carolyn Gore	L	1:01.3	Laurie Johanson	PL	1:02.7
Nancy Frederick	LC	1:01.6	Cindy Beale	LC	1:03.0
Michelle Randolph	W	1:02.1	Mary English	L	1:03.3
LaDonna House	GF	1:02.3	Beth Reinisch	W	1:03.9

100 METER DASH

WCIC RECORD:	Joyce Yates	George Fox 1979	12.5
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Jana Olson	PL	12.3	Paula Stewart	W	13.3
Jacque Davis	GF	12.6	Lisa Martelon	PU	13.3
Julie Heiden	PL	12.7	Jeannie Phieffer	LC	13.4
Susi Chaffee	PU	13.1	Cindy Wallace	LC	13.5
Jacque Williams	GF	13.1	Tammy Gilbertson	PL	13.5
Lynn Johnson	W	13.2	Connie Wishart	L	13.5
Cathy Bowersox	GF	13.2	Debbie Tokuhisa	PU	13.7
Sherrie Gott	LC	13.3			

800 METER

WCIC RECORD:	Eileen McDougal	George Fox 1979	2:24.5
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Carolyn Gore	L	2:17.2	Kenlynn Snowden	W	2:29.4
Cathy Nash	W	2:22.4	Lisa Corwin	PL	2:31
Suzanne Tovrea	L	2:25.3	Jodi Henry	W	2:34
Monica Johnson	PL	2:27.6	Shari Bacon	PU	2:35
Debbie Tri	PL	2:29	JoAnne Hamer	PU	2:38
Eileen McDougal	GF	2:29	Denise Stohl	L	NT
			Leslie Slocum	LC	NT

400 METER HURDLES

WCIC RECORD:	Elaine Kostrikin	Willamette 1979	67.1
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Karen Maxwell	GF	1:06.6	Leanna Mountjoy	L	1:18.2
Saundra Burns	GF	1:07.1	Theresa Church	W	1:22.4
Esme Jensen	LC	1:10.5	Cindi Carrell	PU	1:25
Heather Jahr	PL	1:14.6	Mary English	L	NT
Debbie Maier	PL	1:16.2	Sarah McIntyre	W	NT
Molly Schmeiding	LC	1:16.4	Connie Wishart	L	NT
Leslie Wickman	W	1:16.6			

200 M DASH

WCIC RECORD:	Sharon Canda	Willamette 1977	26.1
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Shavon Dennis	GF	25.5	Lisa Martelon	PU	27.9
Jacque Davis	GF	26.5	Michelle Randolph	WU	28.5
Jana Olson	PLU	26.6	Sherrie Gott	LC	28.7
Julie Heiden	PLU	27.0	Susan Shelton	LC	28.9
Laurie Flagg	L	27.2	Jacquie Williams	GF	NT
Christie Mixon	PLU	27.4	Carolyn Gore	L	NT
Janis Rue	WU	27.7	Jeannie Pfieffer	LC	NT
Paula Stewart	WU	27.8	Denise Brown	L	NT

3,000

WCIC RECORD:	Barb Ruth	Linfield 1979	11:01.0
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Janet Keeney	L	10:44.0	Windy Weidkamp	LC	12:02
Christi Colburn	WU	10:54	Liz Saxe	WU	13:16
Signe Harrang	LC	10:56.9	Jody Garrard	L	NT
Diane Johnson	PLU	10:57.1	Kirsten Ludwig	PLU	NT
Tammy Asher	L	11:02.0	Eileen McDougal	GF	NT
Cisca Wery	PLU	11:03.0	Liz Kiemle	L	NT
Debbie Jensen	WU	11:27.7	Geri Hall	L	NT
Shelley Pontier	LC	11:29.9	Bev Harger	L	NT

1600 M RELAY

WCIC RECORD:	GFC (Maxwell, Beach, Beckler, Burns)	4:08.0
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George Fox	(Burns, Williams, Dennis, Maxwell)	4:06.1
Linfield	(Stohl, English, Flagg, Gore)	4:11.6
Lewis & Clark	(Beal, Frederick, Jensen, Pfieffer)	4:15
Willamette	(Nash, McIntyre, Snowden, Rue)	4:17.13
Pacific Lutheran	(Johanson, Rom, Corwin, Olson)	4:17.5
Pacific	(Bacon, Hamer, Chaffee, Martelon)	4:25

WCIC TRACK AND FIELD CHAMPIONSHIPS

APRIL 16, 1980

Newberg, Oregon

CHAMPIONS

OFFICIAL STATISTICS

400 METER RELAY

1. GEORGE FOX (Davis, Maxwell, Williams, Dennis) 49.4
2. LINFIELD (Wishart, English, Gore, Flagg) 51.6
3. WILLAMETTE (Johnson, Rue, Reinisch, Stewart) 52.0
4. PLU (Olson, Rom, Jahr, Nixon) 52.2
5. PACIFIC (Tokuhisa, Chaffee, DeVore, Martelon) 52.9
6. LEWIS & CLARK (Cott, Shelton, Pfeiffer, Beale) 53.9

(New record, Old record 51.6 by George Fox 1979)

1500 METER RUN

- | | | |
|--------------------|------------------|--------|
| 1. Denise Stohi | Linfield | 4:52.2 |
| 2. Christi Colburn | Willamette | 4:56.7 |
| 3. Signe Harrang | Lewis & Clark | 5:00.0 |
| 4. Janet Keeney | Linfield | 5:00.3 |
| 5. Debbie Tri | Pacific Lutheran | 5:02.0 |
| 6. Suzanne Tovrea | Linfield | 5:02.1 |

(New record, Old record 4:54.9 by Eileen McDougal, GFC 1979)

100 METER HURDLES

- | | | |
|---------------------|------------------|------|
| 1. Karen Maxwell | George Fox | 15.5 |
| 2. Saundra Burnas | George Fox | 16.1 |
| 3. Jeannie Pfeiffer | Lewis & Clark | 16.2 |
| 4. Leslie Wickman | Willamette | 16.6 |
| 5. Susi Chaffee | Pacific Lutheran | 18.2 |
| 6. Laurie Buskala | Linfield | 18.9 |

(New record, Old record 15.7 by Karen Maxwell, GFC 1979)

V

SHOT PUT

1. Teresa Groshong	Linfield	38'3½"
2. Ann Davis	Willamette	36'7½"
3. Laurie Buskala	Linfield	34'10"
4. Theresa Church	Willamette	34'3½"
5. Lynette Phillips	George Fox	33'3½"
6. Cameon Viebrock	Pacific Lutheran	31'11½"

100 METER DASH

1. Jacque Davis	George Fox	12.7
2. Jana Olson	Pacific Lutheran	12.8
3. Jacquie Williams	George Fox	13.0
4. Lynn Johnson	Willamette	13.1
5. Susi Chaffee	Pacific	13.2
6. Cathy Bowersox	George Fox	13.7
6. Lisa Martelon	Pacific	13.7
6. Jeannie Pfeiffer	Lewis & Clark	13.7

400 METER DASH

1. Shavon Dennis	George Fox	57.6
2. Laurie Flagg	Linfield	59.9
3. Carolyn Gore	Linfield	61.0
4. Janet Rue	Willamette	61.3
5. Nancy Frederick	Lewis & Clark	62.2
6. Brenda Rom	Pacific Lutheran	62.9

(Conference record tied, Shavon Dennis, GFC 1979)

800 METER RUN

1. Carolyn Gore	Linfield	2:24.7
2. Monica Johnson	Pacific Lutheran	2:25.7
3. Cathy Nash	Willamette	2:25.8
4. Suzanne Toyrea	Linfield	2:29.9
5. Kenlynn Snowden	Willamette	2:30.0
6. Eileen McDougall	George Fox	2:30.2

JAVELIN

1. Susie DeVore	Pacific	118'1"
2. Ann Davis	Willamette	114'4"
3. Kathy Sauer	Lewis & Clark	107'9"
4. Laurie Buskala	Linfield	106'6"
5. Lynette Phillips	George Fox	97'10"
6. Cameon Viebrock	Pacific Lutheran	94'4"

400 METER HURDLES

1. Karen Maxwell	George Fox	65.8
2. Sandra Burns	George Fox	69.4
3. Esme Jensen	Lewis & Clark	70.5
4. Molly Schmeiding	Lewis & Clark	74.4
5. Heather Jahr	Pacific Lutheran	76.0
6. Mary English	Linfield	1:17.6

200 METER HURDLES

1. Shavon Dennis	George Fox	25.7
2. Jacquie Williams	George Fox	26.7
3. Jacque Davis	George Fox	26.8
4. Laurie Flagg	Linfield	26.9
5. Jana Olson	Pacific Lutheran	27.0
6. Christie Nixon	Pacific Lutheran	27.3

(New record, Old record Sharon Canda of Willamette 1977 26.1)

HIGH JUMP

1. Leslie Wickman	Willamette	5'2"
2. Sue Widmer	Willamette	5'8"
3. Esme Jensen	Lewis & Clark	4'10"
3. Debbie Tokuhisa	Pacific	4'10"
5. Laurie Flagg	Linfield	4'10"
6. Karen Maxwell	George Fox	4'10"

3,000 METER RUN

1. Christi Colburn	Willamette	10:52.7
2. Diane Johnson	Pacific Lutheran	10:54.3
3. Janet Keeney	Linfield	10:56.1
4. Cisca Wery	Pacific Lutheran	11:00.5
5. Signe Harrang	Lewis & Clark	11:08.3
6. Debbie Jenson	Willamette	11:13.4

(New record, Old record 11:01.0 by Barb Ruth of Linfield 1979)

DISCUS

1. Teresa Groshong	Linfield	130'1"
2. Ann Davis	Willamette	126'9½"
3. Janet Bronson	Lewis & Clark	116'10"
4. Teresa Church	Willamette	115'6"
5. Rachel Hampton	George Fox	93'6"
6. Laurie Buskala	Linfield	92'9"

LONG JUMP

1. Laurie Flagg	Linfield	17'9½"
2. Jacquie Williams	George Fox	17'2½"
3. Susis Chaffee	Pacific	16'4½"
4. Diane Demorest	Linfield	16'4"
5. Brenda Rom	Pacific Lutheran	16'1 3/4"
6. Debbie Tokuhisa	Pacific	15'11"

1600 METER RELAY

1. GEORGE FOX (Burns, Williams, Dennis, Maxwell)	4:07.4
2. WILLAMETTE (Nash, McIntyre, Snowden, Rue)	4:11.2
3. LINFIELD (Stohl, English, Flagg, Gore)	4:14.5
4. LEWIS & CLARK (Beale, Frederick, Jensen, Pfeiffer)	4:19.3
5. PACIFIC LUTHERAN (Johnson, Rom Corwin, Olson)	4:19.3

(New record, Old record 4:08.0 by George Fox 1976)

Team Standing: 1. George Fox - 122 1/3 Linfield - 116 Willamette- 103
Pacific Lutheran - 49 Lewis & Clark - 48½ Pacific - 28½

GEORGE FOX COLLEGE/WILLAMETTE DUAL MEET
Newberg, Oregon
March 15, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	WU	GFC
SHOT	1st-Ann Davis	WU	36'9"	5		
	2nd-Rachel Hampton	GFC	28'10"	3		
	3rd-Karen Maxwell	GFC	28'7"	1	5/5	6/4
HIGH JUMP	1st-Leslie Wickman	WU	5'0"	5		
	2nd-Sue Widmer	WU	4'10	3		
	3rd-Sarah McIntyre	WU	4'10	1	9/14	0/4
1500	1st-Christi Colburn	WU	4:57.1	5		
	2nd-Eileen McDougal	GFC	4:59.3	3	5/19	3/7
JAVELIN	1st-Ann Davis	WU	114'5"	5		
	2nd-Theresa Church	WU	101'5"	3		
	3rd-Jody Hawkins	GFC	78'4"	1	8/27	1/8
400m RELAY	1st-Davis, Maxwell					
	Williams, Dennis	GFC	50.8	5		
	2nd-Randolph, Rue					
	Reinisch, Stewart	WU	52.8	0	0/27	5/13
100m H	1st- Karen Maxwell	GFC	16.0	5		
	2nd-Saundra Burns	GFC	17.2	3		
	3rd-Leslie Wickman	WU	18.3	1	1/28	8/21
LONG JUMP	1st-Jacquie Williams	GFC	16'3"	5		
	2nd-Karen Maxwell	GFC	15'6"	2		
	2nd-Sarah McIntyre	WU	15'6"	2	2/30	7/28
400	1st-Shavon Dennis	GFC	61.2	5		
	2nd-Michelle Randolph	WU	63.9	3		
	3rd-LaDonna House	GFC	64.7	1	3/33	6/34

GEORGE FOX COLLEGE/WILLAMETTE DUAL MEET
Newberg, Oregon
March 15, 1980

EVENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	WU	GFC
DISCUS	1st-Ann Davis	WU	117'3"	5		
	2nd-Theresa Church	WU	111'5"	3		
	3rd-Rachel Hampton	GFC	93'11"	1	8/41	1/35
800	1st-Eileen McDougal	GFC	2:29.2	5		
	2nd-Cathy Nash	WU	2:29.4	3		
	3rd-Sarah McIntyre	WU	2:36.8	1	4/43	5/40
100	1st-Jacque Davis	GFC	13.0	5		
	2nd-Paula Stewart	WU	13.5	3		
	3rd-Jacquie Williams	GFC	13.55	1	3/48	6/46
200	1st-Shavon Dennis	GFC	25.7	5		
	2nd-Jacque Davis	GFC	27.2	3		
	3rd-Paula Stewart	WU	27.9	1	1/49	8/54
400m IH	1st-Karen Maxwell	GFC	1:10.01	5		
	2nd-Laslie Wickman	WU	1:16.6	3	3/52	5/59
3000	1st-Christi Colburn	WU	11:20.0	5		
	2nd-Debbie Jensen	WU	11:29.5	3	8/60	0/59
1600m RELAY	1st-Davis, Burns					
	Maxwell, Dennis	GFC	4:12.7	5		
	2nd-Nash, Snowden					
	Reinisch, Randolph	WU	4:20.5	0	0/60	5/64

U. of Puget Sound vs. George Fox (women)

Event	First	Effort	Second	Effort	Third	Effort	UPS	GFC
1st Jump	Saundra Burns GF	4'8	Karen Maxwell GF	4'6	Jacqueline Williams GF	4'6	0/0	9/9
2nd Jump	Rachel Hampton GF	30'4	Karen Maxwell GF	27'1	Jody Hawkins GF	26'6 1/2	0/0	9/18
Relay	George Fox	50.0	U of Puget Sound	54.7	-	-	0/0	5/23
Relay	Tha Stephenson	73'1	-	-	-	-	0/0	5/28
100M	Gindy Peter UPS	5:12.6	Heleen Loustzis UPS	5:49.8	-	-	8/8	0/28
100M	Rachel Hampton GF	10'4"11	Jody Hawkins GF	8'0"3	Dee Hopwood UPS	4'5"10	1/9	8/36
100M	Karen Maxwell GF	15.6	Saundra Burns GF	16.4	-	-	0/9	8/44
200M	Gindy Kaulzlaric UPS	18'0	Jacqueline Williams GF	16'7 3/4"	Dee Hopwood UPS	15'4"	6/15	3/47
200M	Sharon Bernits GF	59.5	Labonna House GF	66.6	Judie Kight UPS	68.2	1/16	8/55
200M	Jacqueline Davis GF	12.7	Gindy Kaulzlaric UPS	13.0	Jacqueline Williams GF	13.5	3/19	6/61
200M	Gindy Peter UPS	2:35.7	Heleen Loustzis UPS	2:53.8	-	-	8/27	0/61
200M	Karen Maxwell GF	68.7	Debbie Ocken UPS	71.5	Saundra Burns GF	75.8	3/30	6/67
200M	Sharon Bernits GF	25.8	Jacqueline Davis GF	27.3	Gindy Kaulzlaric UPS	27.4	1/31	8/75
200M	Angela French UPS	18:43.7	J. Geisler UPS	20:28.9	-	-	8/39	9/75
200M	George Fox	4:13	U of Puget Sound	4:34.4	-	-	0/39	5/80

GEORGE FOX COLLEGE/UNIVERSITY OF PUGET SOUND DUAL MEET

Newberg, Oregon

March 29, 1980

VENT	PLACE-NAME	SCHOOL	TIME-DISTANCE	POINTS	UPS	GFC
IGH JUMP	1st-Sandra Burns	GFC	4'8"	5		
	2nd-Karen Maxwell	GFC	4'6"	3		
	3rd-Jacquie Williams	GFC	4'6"	1	0/0	9/9
HOT	1st-Rachel Hampton	GFC	30'4"	5		
	2nd-Karen Maxwell	GFC	27'1"	3		
	3rd-Jody Hawkins	GFC	26'6½"	1	0/0	9/18
00m RELAY	1st-Davis, Maxwell					
	Williams, Dennis	GFC	50.0	5		
	2nd-Waters, Hopwood					
	Kight, Kauzlaric	UPS	54.7	0	0/0	5/23
AVELIN	1st-Tiny Stephenson	GFC	73'1"	5	0/0	5/28
00m HH	1st-Karen Maxwell	GFC	15:6	5		
	2nd-Sandra Burns	GFC	16:4	3	0/0	8/36
ISCUS	1st-Rachel Hampton	GFC	104'11"	5		
	2nd-Jody Hawkins	GFC	80'3"	3		
	3rd-Dee Hopwood	UPS	45'10"	1	1/1	8/44
500m RUN	1st-Cindy Peter	UPS	5:12.6	5		
	2nd-Helen Loutsis	UPS	5:49.8	3	8/9	0/44
ONG JUMP	1st-Cindy Kauzlaric	UPS	18'	5		
	2nd-Jacquie Williams	GFC	16'7 3/4"	3		
	3rd-Dee Hopwood	UPS	15'½"	1	6/15	3/47
00m DASH	1st-Shavon Dennis	GFC	59:5	5		
	2nd-LaDonna House	GFC	66:6	3		
	3rd-Julie Kight	UPS	68:2	1	1/16	8/55
00m DASH	1st-Jacquie Davis	GFC	12:7	5		
	2nd-Cindy Kauzlaric	UPS	13:0	3		
	3rd-Jacquie Williams	GFC	13:5	1	3/19	6/61

800m RUN	1st-Cindy Peter	UPS	2:35.7	5	8/27	0/61
	2nd-Helen Loutsis	UPS	2:53.8	3		
400m IH	1st-Karen Maxwell	GFC	1:08.7	5	3/30	6/67
	2nd-Debbie Ocken	UPS	1:11.5	3		
	3rd-Saundra Burns	GFC	1:15.8	1		
200m DASH	1st-Shavon Dennis	GFC	25:8	5	1/31	8/75
	2nd-Jacque Davis	GFC	27:3	3		
	3rd-Cindy Kauzlaric	UPS	27:4	1		
1000 RUN	1st-Angela French	UPS	18:43.7	5	8/39	0/75
	2nd-Jo Geissler	UPS	20:28.9	3		
600m RELAY	1st-Burns, Maxwell	GFC	4:13	5	0/39	5/80
	Dennis, Williams					
	2nd-Peter, Oliver	UPS	4:34.4	0		
Kight, Ocken						