

1986

## Tilikum Women's Retreats: He Restores My Soul Info and Sign Ups

George Fox University Archives

# TILIKUM RETREAT FOR WOMEN

MAY 2 - 4, 1986

Are you worn and frazzled? Are you always on the go? Do you feel like you are always responding to other people's needs? Do you find it difficult to have a meaningful quiet time? In fact do you find that it is difficult even to find time to have a quiet time?

If you answered yes to three or more of these questions, perhaps you should take a Tilikum break!!! Join the growing number of women who make this "Woman's Weekend Out" a tradition.

What can this two- day break do for you?

**Refresh** - In an atmosphere of natural beauty, slow down, breath deeply and let the lake, trees and blowing breeze refresh you.

**Restore** - You can sleep later than usual, eat someone else's great cooking, walk away from dirty dishes, soak up the sun by the lake and be served by a willing Tilikum staff.

**Renew** - You can renew your spiritual zest. Tilikum's staff will share Bible tips, allowing you to learn to live out of a quiet inner center, and not always be controlled by the demands of things around you.

To whet your appetite, here are a few topics to be covered:

- \* The sinkhole syndrome
- \* Discovering your "being place"
- \* Breath prayers
- \* Empty hands

**Theme - "He restores my soul"**



"If it is woman's function to give, she must be replenished too. But how?"

Anne Morrow Lindbergh

That is what this retreat is all about. Come and see!

**Time:** Friday, May 2, 7:00 p.m. through Sunday, May 4, 1:30 p.m.

**Cost:** \$40.00 This includes 5 meals (3 on Saturday, 2 on Sunday), lodging, and all the extras.

**Bring:** Sleeping bag or bedding, towel, Bible, and your favorite nutritional snack food.

**REGISTRATION FORM** (Please tear off & return to: Tilikum: 15321 NE North Valley Road Newberg, Oregon 97132)

Please reserve \_\_\_\_\_ places for Tilikum's Retreat for Women, May 2-4, 1986.

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ CHURCH AFFILIATION \_\_\_\_\_

My \$10.00 non-refundable deposit is enclosed.  
(This applies toward the \$40.00 fee.)

I may need scholarship help.