

2004

2004 Media Guide

George Fox University Archives

Follow this and additional works at: https://digitalcommons.georgefox.edu/athletics_mentennis

Recommended Citation

George Fox University Archives, "2004 Media Guide" (2004). *Men's Tennis*. 24.
https://digitalcommons.georgefox.edu/athletics_mentennis/24

This Media Guide is brought to you for free and open access by the George Fox University Athletics at Digital Commons @ George Fox University. It has been accepted for inclusion in Men's Tennis by an authorized administrator of Digital Commons @ George Fox University. For more information, please contact arolfe@georgefox.edu.

GEORGE FOX UNIVERSITY

Tennis



2004 GEORGE
FOX
TENNIS
GUIDE

TENNIS
GEORGE FOX UNIVERSITY

Coach Rick Cruz
414 N. Meridian St. #6068, Newberg, OR 97132
Phone: 503-554-2923 • Fax: 503-554-3864
E-mail: rcruz@georgefox.edu
www.georgefox.edu/athletics/mens_tennis
www.georgefox.edu/athletics/womens_tennis



2004 TENNIS
ATHLETIC
AFFILIATIONS

Excellence in Academics and Athletics

The Northwest Conference and NCAA Division III Experience

National Collegiate Athletic Association Division III

Colleges and universities in the National Collegiate Athletic Association (NCAA) Division III place their highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. Division III institutions seek to establish and maintain an environment in which a student-athlete's athletics activities are conducted as an integral part of the student-athlete's educational experience.

Division III consists of more than 400 institutions, making it the largest division in the NCAA. All Division III institutions award no athletically related financial aid to any students. Division III sponsors 13 national championships in men's sports, 14 in women's, and eight national collegiate championships that are combined with other divisions.

George Fox University has been a member of the NCAA since 1995 when — along with the other institutions in the Northwest Conference — it elected to transfer its membership from the National Association of Intercollegiate Athletics (NAIA).



The Northwest Conference

The nine colleges and universities in the Northwest Conference are known for their academics and athletics.

The conference is building a reputation as one of the most competitive NCAA Division III alliances in the country. In the academic arena, every Northwest Conference institution has been ranked by *U.S. News and World Report* as a top-tier school in its category.

Formed in 1926, the conference is one of the oldest athletic alliances in the western United

States. Its nine members are all private colleges or universities located in Oregon or Washington.

George Fox left the Cascade Collegiate Conference to join the Northwest Conference in 1995, shortly before the Northwest Conference shifted national affiliation from the NAIA to the NCAA. Leaving behind years of success at the NAIA level, the conference embraced the move as one that would foster equity, sportsmanship, and genuine concern for the student-athlete in all endeavors of competition.



- George Fox University**, Newberg, Ore.
- Lewis & Clark College**, Portland, Ore.
- Linfield College**, McMinnville, Ore.
- Pacific University**, Forest Grove, Ore.
- Pacific Lutheran University**, Tacoma, Wash.
- University of Puget Sound**, Tacoma, Wash.
- Whitman College**, Walla Walla, Wash.
- Whitworth College**, Spokane, Wash.
- Willamette University**, Salem, Ore.



*First Team
All-Northwest
Conference Todd
Hamman*



2000

*Second Team
All-Northwest
Conference
Shawna Hughes*



2002

*First Team
All-Northwest
Conference Joe
Gonzales*



*Second Team
All-Northwest
Conference*



2000

*Second Team
All-Northwest
Conference*



2002

*First Team
All-Northwest
Conference
Lisa Trefts*

George Fox University

Mind, Body, and Soul

George Fox University is a Christian university of the liberal arts, sciences, and professional studies ranked by *U.S. News & World Report* as a "Best Value" and as a top-tier master's university in the West. More than 2,900

overseas study tour led by professors. Past trips have gone to every continent but Antarctica.

George Fox University was established in 1885 by Quaker settlers as Friends Pacific Academy. Herbert Hoover, the 31st president of the United States, attended the academy

before it became a college in 1891. The George Fox name honors the founder of the Friends (Quaker) church.

George Fox offers bachelor's degrees in more than 30 majors, degree-completion programs for working adults, a seminary, and 14 master's and doctoral degrees.



students—including 1,500 traditional undergraduates—attend classes at the Newberg campus and at teaching sites in Oregon and Idaho. The George Fox faculty includes a former U.S. senator, the 2000 Oregon Professor of the Year, and three Fulbright Scholars.

George Fox offers unique programs. Every incoming freshman is provided a laptop computer to use and keep upon graduation. Students also can take advantage of the university's study-abroad program. George Fox pays transportation costs for a three-week



GEORGE FOX UNIVERSITY

Cruz Control

Head coach Rick Cruz has been a Bruin since 1996

Rick Cruz, a part of the Bruins' tennis program since its inception in 1996, begins his sixth season as the men's tennis coach and his fourth as the women's tennis coach at George Fox University.

With the men's program, Cruz's teams have posted a 21-55 (.276) record in four and a half years. Previously an assistant coach, he became head coach in the 1999 season. Adding the women's program to his duties in time for the 2001 season, he has directed the Bruins to a 17-35 (.327) record in three seasons.

When he played for the Bruins as a student (1996-98), Cruz rotated among the No. 1, 2, and 3 singles positions during the first three years of the program. He compiled an overall singles record of 15-30 and a doubles record of 11-32, with his best season being his senior year when he went 8-10 in singles and 7-11 in doubles. He graduated from George Fox with a B.A. in business in 1998.

Cruz comes from an athletic family. His identical twin brother,

Rob, is his assistant coach who also played tennis at George Fox (1996-98). His younger brother, Ryan, played basketball and tennis for three years at George Fox (1998-2000).

A 1994 graduate of Hillsboro High School, Cruz still resides in Hillsboro and is a co-owner with Rob of two Cold Stone Creamery stores in the Beaverton-Hillsboro area.



TENNIS

Talent and Commitment

by Coach Rick Cruz

When you open a can of new tennis balls there is that distinct smell. When you hear the sound of a tennis ball hitting the court or the racket, it is unmistakable. When you hear the crowd "ooh" and "ahh," you know you are at a match. These are words that bring tennis to life and make it the sport it is. Tennis is a passion of mine and of the staff here at George Fox.



While tennis has long been considered an individual sport, I believe in stressing the team concept. One player cannot win a team meet. It takes a group of individuals working together to create a winning atmosphere. Here at George Fox University, the tennis staff is committed to having players who are competitive, are committed, and driven to excellence.

Talent can only get an athlete so far. A competitive drive is a must for any great athlete. I believe this is especially true with tennis. Tennis is a sport that can come down to just a few points. The drive to succeed and to do well can be the difference in a match. While the staff here does its best to build the strengths and improve the weaknesses of each

individual player, it is the drive within each individual that can make the difference.

Commitment is another big key to success. Whether it is in tennis or any other challenge a student-athlete takes on, long-term success will not happen without commitment. I believe that when an individual makes a decision to join a team, they are making a commitment. This commitment is not only to themselves, but also to their teammates. Building a quality program starts with commitment from both the players and the coaches. Without this commitment, we are bound to fail.

As a staff, it is our goal for each player to pursue excellence on and off the court. We want each player to reach his or her ultimate potential. This only can happen if the individual and staff are all pursuing excellence. This pursuit occurs during practice and in matches. The coaches strive to give individual attention during these times to make the players as competitive as possible. Whether we are working with the fundamentals of the game or striving to make the players better

conditioned, it is our goal to encourage the players to pursue excellence.

Here at George Fox, the student athlete not only gets an incredible education, they also get an opportunity to leave the school with added memories, lessons learned, and relationships that can last a lifetime. For the years I have been here, it is the relationships that I remember more than any of the wins or losses. When a player leaves the tennis program, it is our desire that he or she leaves not only as a better athlete, but also as a better person.



SPORTS INFORMATION OFFICE

Sports info director.....Blair Cash
Office phone503-554-2926
Home phone503-554-8067
E-mailbcash@georgefox.edu
Sports info FAX503-554-3864
Sports Hotline503-554-3868
Sports Web sitewww.georgefox.edu/athletics

UNIVERSITY INFORMATION

LocationNewberg, Oregon (18,750)
Mailing address414 N. Meridian St.
Newberg, OR 97132
Founded1891
DenominationEvangelical Friends (Quaker)
Enrollment2,913
PresidentDavid Brandt
Faculty athletic repBecky Ankeny
Switchboard phone503-538-8383
Web site:www.georgefox.edu

ATHLETIC INFORMATION

NicknameBruins
Colors.....Navy Blue and Old Gold
Affiliation.....NCAA Division III
ConferenceNorthwest Conference
Director of athleticsCraig Taylor
Office phone503-554-2911
Assoc. dir. of athleticsPat Bailey
Office phone503-554-2914
Athletics secretaryPatty Findley
Office Phone503-554-2910
Athletics FAX503-554-3864

COACHING STAFF

Head coachRick Cruz (6th yr)
Alma mater.....George Fox '98
Office phone503-554-2923
Assistant coach.....Rob Cruz (4th yr)



MEN'S AND
WOMEN'S
TENNIS
SCHEDULE **2004**



FEBRUARY

13	Fri.	*	at Puget Sound	4:00 p.m.	W
14	Sat.	*	at Puget Sound	10:00 a.m.	M
20	Fri.	*	Lewis & Clark	3:00 p.m.	W
20	Fri.	*	at Lewis & Clark	3:00 p.m.	M
27	Fri.	*	at Whitworth	11:00 a.m.	W
28	Sat.	*	Whitman	10:00 a.m.	M
28	Sat.	*	at Whitman	2:00 p.m.	W
28	Sat.	*	Whitworth	3:00 p.m.	M

MARCH

5	Fri.	*	Lewis & Clark	3:00 p.m.	M
5	Fri.	*	at Lewis & Clark	3:00 p.m.	W
6	Sat.	*	Linfield	10:00 a.m.	W
6	Sat.	*	Pacific	3:00 p.m.	W
6	Sat.	*	at Pacific	3:00 p.m.	M
7	Sun.	*	at Linfield	2:00 p.m.	M
13	Sat.	*	Albertson	9:00 a.m.	W
19	Fri.	*	at Willamette	3:00 p.m.	W
22	Mon.	#	vs. St. Thomas (Minn.)	11:00 a.m. EST	W
23	Tue.	#	vs. Huntingdon	8:00 a.m. EST	W
24	Wed.	#	vs. Lincoln Memorial	1:00 p.m. EST	W
25	Thur.	#	vs. Calvin	3:00 p.m. EST	W

APRIL

1	Thur.	*	Willamette	3:00 p.m.	M
2	Fri.	*	at Whitworth	4:00 p.m.	M
3	Sat.	*	Whitman	9:00 a.m.	W
3	Sat.	*	at Whitman	10:00 a.m.	M
3	Sat.	*	Whitworth	3:30 p.m.	W
9	Fri.	*	Puget Sound	3:30 p.m.	W
9	Fri.	*	at Puget Sound	3:30 p.m.	M
10	Sat.	*	at Pacific Lutheran	12:00 noon	M
10	Sat.	*	Pacific Lutheran	3:30 p.m.	W
16-17	Fri.-Sat.		NWC Tournament	TBA	M/W
			(George Fox, host school)		

MAY

1-2	Sat.-Sun.		NCAA D-III Tourn., 1st/2nd Rounds....	TBA	M/W
-----	-----------	--	---------------------------------------	-----	-----