

1999

1999 Media Guide

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Volleyball



*George Fox
University*



Roster

No.	Name	Pos.	Ht.	Class	Hometown/Previous School
1	Amy Forbes	OH	5-7	Jr.	Jackson, Wyo./Jackson Hole HS
2	Wendy Clark	MB	5-11	Sr.	Bainbridge Island, Wash./Skagit Valley College
3	Mindi Yost	S	5-7	Fr.	Rogue River, Ore./Rogue River HS
4	Tristan Nicholas	S	5-6	Sr.	Camano Island, Wash./Stanwood HS
5	Bree Stairs	OH	5-9	Jr.	McMinnville, Ore./McMinnville HS
6	Lynette Domench	MB	5-10	Fr.	Battle Ground, Wash./Battle Ground HS
7	Stacie Wilton	OH	5-8	Sr.	Tigard, Ore./Tigard HS
8	Jennifer Westerberg	OH	5-9	So.	Vancouver, Wash./Clark College
9	Heidi Vander Stoep	OH/DS	5-9	So.	Woodland, Wash./Woodland HS
10	Allison Sherbo	MB/OH	5-11	So.	Wilsonville, Ore./Wilsonville HS
11	Shelly Schultens	MB	6-0	Fr.	The Dalles, Ore./The Dalles HS
12	Sharon Barnett	OH	5-9	Sr.	Salem, Ore./Salem Academy
13	Brandy Mailer	OH/DS	5-9	So.	Northridge, Calif./Kamehameha (Hawaii) HS
14	Beth Davis	MB	5-11	Sr.	Salem, Ore./Salem Academy
15	Sarah Jertberg	OH	5-9	Fr.	Klamath Falls, Ore./Henley HS

Junior Varsity

Kelsey Bates	S	5-6	Fr.	Stayton, Ore./Stayton HS
Charlotte Fox	MB/OH	5-10	Fr.	Brookings, Ore./Brookings Harbor HS
Angie Frank	OH	5-7	Fr.	Lebanon, Ore./East Linn Christian Academy
Brandi Hess	DS	5-3	Fr.	Boise, Idaho/Capital HS
Lacey Langmade	OH	5-10	Fr.	Camas, Wash./Camas HS
Lori Miller	DS/OH	5-5	Jr.	Aurora, Ore./Canby HS
Sara Sendele	OH	5-8	Fr.	Weiser, Idaho/Weiser HS
Andri Sharpe	OH	5-6	So.	Mabton, Wash./Mabton HS

Head Coach: Steve Grant Assistant Coaches: Mike McConaughy, Coby Van der Meer

George Fox University Volleyball Quick Facts

University Information

Location:	Newberg, Oregon
Founded:	1891
Denominational Affiliation:	Evangelical Friends (Quaker)
Enrollment:	2,432
President:	Dr. David Brandt
Faculty Athletic Rep:	Diane Wood
Switchboard Phone:	(503) 538-8383

Athletics Information

Nickname:	Bruins
Colors:	Navy Blue & Old Gold
National Affiliation:	NCAA Division III
Conference:	Northwest Conference
Director of Athletics:	Craig Taylor
Office Phone:	(503) 554-2911
Athletics Secretary:	Patty Findley
Office Phone:	(503) 554-2910
Athletics Trainer:	Dale Isaak
Office Phone:	(503) 554-2916
Athletics FAX:	(503) 554-3864

Coaching Staff

Head Coach:	Steve Grant (Biola '69)
Record at GFU:	405-244, 17 years
Office Phone:	(503) 554-2917
Assistant Coaches:	Mike McConaughy (George Fox '93) Coby Van der Meer (George Fox '99)

Team Information

Home Court (capacity):	Wheeler Sports Center (2,750)
1998 Record:	31-8 (NWC 15-1, 1st)
Letterwinners Back/Lost:	6/8
Starters Back/Lost:	2/4

Sports Information Office

Sports Information Director:	Blair Cash
Office Phone:	(503) 554-2127
Home Phone:	(503) 554-8067
Student Assistant SIDs:	Brian Durick, John Felton, Bryan Williford
Office Phone:	(503) 554-2139
Sports Information FAX:	(503) 554-3830
Mailing Address:	414 N. Meridian St. #6305, Newberg, OR 97132
E-mail:	bcash@georgefox.edu
Web Site:	www.georgefox.edu

On the cover: Senior outside hitter Sharon Barnett

Small photo, left to right: Beth Davis, Jennifer Westerberg, Mindi Yost, Bree Stairs, Heidi Vander Stoep

Outlook

Two's Company

George Fox hopes a pair of returning starters can lead a talented crowd to continued success in 1999

The Bruins are coming off the finest back-to-back seasons in George Fox University volleyball history — (23-5 in 1997 and a 31-8 mark in 1998 that



Above: Senior outside hitter Sharon Barnett
Below: Senior middle blocker Beth Davis



saw the team reach the NAIA national tournament for the first time. Veteran coach Steve Grant admits it will be hard for them to maintain such spectacular success in 1999.

"That's not to say we won't be good," says Grant, the 1998 Northwest Conference Coach of the Year, who has guided the George Fox fortunes for 17 years, "but realistically, a lot of key players are gone. Our conference is improved, and it may be harder to get into the post-season now that we are an

NCAA Division III program only."

Gone from last year's squad, which won both the regular-season and Northwest Conference tournament titles, are setter Jennie Rennie, an Honorable Mention All-American, and left front hitter Jen Schultens, a Second Team All-NWC and Second Team All-Regional Tournament selection. The team also loses Schultens' twin sister, middle blocker Amy Schultens, and opposite side hitter Charysse Chowning. Missing on defense will be whiz Rachel Evans and defensive specialist Coby Van der Meer, the team leader in service aces. Van der Meer now serves as one of Grant's assistant coaches.

The Bruins will build around two top-notch returning starters: outside hitter **Sharon Barnett** (Sr., Salem, Ore.) and middle blocker **Beth Davis** (Sr., Salem, Ore.). Barnett was Co-Most Valuable Player in the NWC last season and received Third Team All-American honors. Davis made the All-Sectional Team during the first round of the post-season.

"After those two, we have a lot of questions," Grant admits. "We have several returning bench players, but they're pretty inexperienced — their playing time was minimal due to the strength of our front-line players. It's just a matter of how quickly some of them adjust to stepping into full-time positions."

Wendy Clark (Sr., Bainbridge Island, Wash.), a former MVP at Skagit Valley College, was injured much of last year, but could step into a middle blocker role now that she is healthy, as could **Shelly Schultens** (Fr., The Dalles, Ore.), younger sister of Amy and Jen. **Jennifer Westerberg** (So., Vancouver, Wash.), a transfer from Clark College, is a talented outside hitter, as is **Heidi**

Vander Stoep (So., Woodland, Wash.). **Tristan Nicholas** (Sr., Camano Island, Wash.) will try to make the transition from backup to starting setter.

"**Brandy Mailer** (So., Northridge, Calif.) could be very important to us as a defensive specialist," Grant remarks, "and **Stacie Wilton** (Sr., Tigard, Ore.) is another we hope will give us some quality time in moving to a defensive role."

Other candidates for outside posts on the attack include returnee **Amy Forbes** (Jr., Jackson, Wyo.) and newcomers **Sarah Jertberg** (Fr., Klamath Falls, Ore.), **Lacey Langmade** (Fr., Camas, Wash.), and **Bree Stairs** (Jr., McMinnville, Ore.). **Allison Sherbo** (So., Wilsonville, Ore.) and **Lynette Domench** (Fr., Battle Ground, Wash.) bring some fresh talent to the middle blocker position. Other setters with a chance to start or see significant playing time include **Jerrah Vail** (Jr., Stanwood, Wash.) and **Mindi Yost** (Fr., Rogue River, Ore.).

Adding to the difficulty of achieving the success of recent years is the improvement in the overall strength of the Northwest Conference. "Pacific Lutheran appears to be the top team on paper because of who they have back," Grant predicts. "Willamette should be strong again, as should Linfield and Puget Sound. Lewis & Clark had two of the best freshmen in the league last year, so they should be much better. Our conference doesn't have an automatic bid to the NCAA tournament yet, though we're hopeful of getting one within the next two to three years. Until then, it looks like the best we can hope for is an at-large bid."

The Right Staff

Steve Grant

The Northwest Conference 1998 Coach of the Year returns for his 18th season as the guiding force behind the George Fox University women's volleyball team. Steve Grant has established the Bruins' program as one that can be successful year-in and year-out at any level of competition.

While a member of the National Christian College Athletic Association, Grant's teams won NCCAA national championships in 1984 and 1987, and each time he was named NCCAA National Coach of the Year. While George Fox held dual membership in the National Association of Intercollegiate Athletics at the same time, Grant was named NAIA District 2 Coach of the Year for leading the Bruins to outstanding seasons in 1984 and 1990.



Last year, as a member of the NAIA and the National Collegiate Athletic Association, the Bruins recorded one of their finest seasons ever. Going 31-8, they won the Northwest Conference regular-season and tournament crowns and reached the NAIA national tournament in Kankakee, Ill., for the first time.

Grant's overall record stands at 405-244, a .624 percentage, and his wins total places him 17th on the list for victories among

active NCAA Division III coaches and 25th on the all-time list of D-III coaches.

During the 1990s, five of his athletes have won NAIA All-American awards, and five were also named NAIA All-American Scholar-Athletes.

In addition to his volleyball duties, Grant served as basketball assistant coach at George Fox until 1995, and now serves as associate professor in the health and human performance department.

Grant is a 1969 graduate of Biola University, where he was a three-sport athlete. As a guard for the basketball team, he was named team MVP both his junior and senior years. He earned First Team All-Conference, All-District, and All-Far West honors as an Eagles' defender on the soccer team, and played baseball his freshman and junior years. He remained at his alma mater upon graduation for two years as basketball and soccer assistant coach.

In 1971, Grant became head boys basketball coach and head baseball coach at Salem (Ore.) Academy. In 1975, he switched from baseball to volleyball.

At Western Baptist College in 1981-82, Grant coached the women's basketball team and was head men's soccer coach.

Grant, who also earned a master's degree in education from Linfield College in 1985, lives in Newberg with his wife, Kathy. Both work at George Fox, where Kathy is an admissions counselor for the continuing education department. They have two children: Jeff, 27, and Bryan, 24.

Mike McConaughey

Mike is in his ninth season as assistant coach. McConaughey, 28, played club volleyball in Washington and Oregon and coached the George Fox men's volleyball club team. In 1993, he earned a language arts teaching degree from George Fox and was selected to "Who's Who Among Students in American Universities and Colleges."



McConaughey and his wife, Adina, live in Newberg, where he teaches middle school and drama at C.S. Lewis Community School. They have one daughter, Amanda, 3.

Coby Van der Meer

After graduating this past spring with her degree in secondary education, Coby Van der Meer passed up her final year of eligibility to begin her coaching career as an assistant volleyball coach at her alma mater.



Last year Van der Meer was team captain and a record-setting member of the 1998 team. Her eight aces in a match against Northwest Nazarene in the NAIA Pacific Northwest Regional Tournament broke the old team record of seven held by three others. She finished her three-year career with 73 aces, third-best in school history; her career average of .53 aces per game ranks as seventh-best. She also made 767 digs, eighth on the all-time list.

A native of Boring, Ore., Van der Meer played for the 1994 Class 4A state championship team at Sam Barlow High School.

12 Sharon Barnett

Outside Hitter • 5-9 • Senior
Salem, Oregon • Salem Academy '96

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1996	102	379	80	1,146	.260	9	27	428	14/12
1997	75	254	72	662	.290	6	19	328	6/23
1998	129	517	142	1,453	.258	14	19	631	12/32
3 yrs.	306	1,150	294	3,261	.262	29	55	1,387	32/55



1999: Outstanding athlete who is a legitimate All-America candidate... "The best all-around volleyball player in my 18 years of coaching," says Coach Grant... Three-year starter who enters this season fourth on the all-time list in career kills (1,150), needing 121 to break Cindy Warner's record (1,270)... Also ranks second in career digs (1,387), needing 170 to break another Warner record (1,556)... Highly recruited out of high school... Unselfish team player... Great quickness.

1998: GFU's Female Athlete of the Year... Rewrote the team record book while earning NAIA Third Team All-American honors... NAIA First Team All-Pacific Northwest Region and All-Pacific Northwest Sectional... All-Northwest Conference First Team and league co-MVP along with Puget Sound's Anna Dudek... Named to the GTE Academic All-District VIII Team... Led the team and set new school single-season records for kills (517), digs (631), and digs per game (4.89)... Kills-per-game average of 4.01 was fourth-highest ever in one season... Also led in attacks (1,453) and attack percentage (.258)... Reached double figures in kills 30 times and digs 29 times, including 26 double-doubles... 20 or more kills nine times and digs 11 times... Had season highs of 32 kills, tying the school record, and a school-record 52 digs in a match at Western Oregon.

1997: NAIA All-Region First Team... All-Conference First Team... NWC Player of the Week (9-15)... Second-most digs (4.37) and third-most kills (3.39) per game in the conference... All-Tournament at George Fox Invitational.

1996: All-Conference First Team... Second in digs per game and 10th in kills per game in the conference... Team leader in kills and digs... Team Offensive MVP.

HS: Coached by Ellen Zarfes at Salem Academy... High school teammate of current Bruin player Beth Davis... 1995: Class 2A All-State First Team... Class 2A State All-Tournament Team... Tri-River League Athlete of the Year... Salem Statesman-Journal All-Region Team... Selected for Nike Summer Volleyball Series... 1994: Class 2A All-State First Team... Class 2A State All-Tournament Team... Salem

Statesman-Journal All-Region Team... 1993: Class 2A All-State First Team... First Team State All-Tournament Team... Received Johnny Carpenter Award at The Oregonian Banquet of Champions as Oregon's top female athlete in 1995-96... Won nine individual and two relay Oregon Class 2A state track championships... Selected Oregon 2A Female Athlete of the Year by "Who's Who in Oregon Track"... 1995-96 Salem Statesman-Journal Athlete of the Year.

Personal: Born July 20, 1978, in Dallas, Texas... Daughter of Wendell and Donita Barnett... Interdisciplinary major (psychology, sociology, and biology)... Also competes for George Fox track... 1996 NAIA national runner-up in 100-meter hurdles... Spent summer of 1998 in Australia on volleyball/Christian mission team... Father, mother, sister and brother are all George Fox graduates... Favorite book: anything by C.S. Lewis... Favorite movie: *The Sound of Music*... Favorite food: Breyer's ice cream... Favorite athlete: Gail Devers... Enjoys singing, making cards, and beach activities.



Senior middle blocker Wendy Clark

2 Wendy Clark

Middle Blocker • 5-9 • Senior
Bainbridge Island, Washington • Bainbridge HS '96
Skagit Valley College

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	13	22	5	47	.362	2	0	6	4/5



1999: Expected to step into a starting role and provide senior leadership... Intelligent player who exploits other teams' weaknesses well... Powerful arm swing... Solid blocker... Good athlete.

1998: Participated in 13 games and recorded 22 kills on the season... Best outing came at Lewis & Clark with six kills and two digs... Had four kills vs. Northwest and at Pacific.

JC: Coached by Kerri Molitor and Tina Adams at Skagit

Players

Valley College in Mt. Vernon, Wash....Also played basketball...1997: Skagit Valley College Female Athlete of the Year...NWAACC Northern Region MVP...First Team All-Northern Region...Team captain...Team MVP and Most Inspirational...Lower Columbia College Crossover All-Tournament Team...Team was undefeated in league play...1996: Second Team All-Northern Region...Voted Most Inspirational...Team finished fourth in NWAACC Tournament.

HS: Coached by Mike Florian at Bainbridge High in Bainbridge Island, Wash....1995: First Team All-Olympic League...League MVP...Team captain...Capital City Invitational All-Tournament Team...1994: First Team All-Olympic League...Team captain...1993: All-Wesco League Honorable Mention...Also lettered in basketball and water polo.

Personal: Born Aug. 21, 1978, in Hartford, Conn.... Daughter of Jeff and Bonny Clark...Psychology major...Also plays basketball at George Fox...Favorite book: *Reviving Ophelia*...Favorite movie: *Tommy Boy*...Favorite food: Cheese Nips...Favorite athlete: Jay Clark, "my 15-year-old brother!"...Enjoys snowboarding and sailing.



Senior middle blocker Beth Davis

14 Beth Davis

Middle Blocker • 5-11 • Senior
Salem, Oregon • Salem Academy '96

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1996	103	230	89	528	.270	2	9	112	41/53
1997	68	169	47	468	.261	4	8	85	33/45
1998	134	398	128	1,099	.246	13	15	258	54/91
3 yrs.	305	797	264	2,095	.254	19	32	455	128/189



1999: All-conference candidate...Three-year starter who loves defense and gives the team many offensive options...Enters the season ranked seventh on the all-time list for kills (797)...An intelligent, hard-working perfectionist.

1998: Named to NAIA All-Pacific Northwest Region Second Team...Made All-Pacific Northwest Sectional Team in first round of NAIA playoffs...Selected for GTE Academic All-District VIII Team and chosen as an NAIA All-American Scholar-Athlete...Led the team in blocks solo (54), second in block assists (91), total blocks (145), and blocks per game (1.08), third in kills (398), kills per game (2.98), attacks (1,099), and attack percentage (.246)...Kills

total was seventh best ever in a single season...Recorded double-digit numbers in kills 23 times and digs 12 times, with 10 double-doubles...Had back-to-back 20-plus kill performances against Puget Sound (23) and at Western Oregon (20), in addition to 12 digs against both...Had high of 19 digs at Willamette... Posted 13 blocks (3 BS, 10 BA) vs. Northwest Nazarene...Had high of four blocks solo vs. Pacific and at Willamette.

1997: NWC Honorable Mention.

1996: Started as middle hitter...Led team in blocks (94)...Third on team in kills per game (2.23)...Best attack percentage on team (.270).

HS: Coached by Ellen Zarfes at Salem Academy, where she played with current GFU teammate Sharon Barnett...1995: Class 2A All-State First Team...Class 2A State All-Tournament Team...Statesman-Journal All-Region Team...First Team All-Tri-River League...Selected for Nike Summer Volleyball Series...1994: Second-Team All-Tri-River League...1993: Class 2A All-State Second Team...Was named 1996 Oregon Class 2A Softball Player of the Year as pitcher.

Personal: Born June 26, 1978, in Salem, Ore....Daughter of William and Katrina Davis...History major...Also plays softball for George Fox...Traveled to Zimbabwe during summer of 1998 on a softball/Christian mission team...Favorite book: *Left Behind* series...Favorite movies:

Top Gun, Notting Hill...Favorite food: Anything with sugar!...Favorite athletes: Tiger Woods, Sharon Barnett...Enjoys reading, doll collecting, friends and outdoor activities.

6 Lynette Domench

Middle Blocker • 5-10 • Freshman
Battle Ground, Washington • Battle Ground HS '99



1999: Could become a middle hitter backup as a freshman...Quick reactions and a quick arm...Great reach.

HS: Coached by Stuart Rowe at Battle Ground High...1998: Honorable Mention All-Greater St. Helen's League...First Team Academic All-League...1997: Honorable Mention All-Greater St. Helen's League...Also ran track...First Team Academic All-League in both volleyball and track in freshman and sophomore seasons.

Personal: Born Jan. 7, 1981, in Sacramento, Calif.... Daughter of John and Carol Domench... Biology/elementary



Senior middle blocker Beth Davis and junior outside hitter Amy Forbes

education major... Favorite book: *The James Herriot series*... Favorite movie: *Pretty Woman*... Favorite athlete: Steve Young... Enjoys music and playing the piano.

1 Amy Forbes

Outside Hitter • 5-7 • Junior
Jackson, Wyoming • Jackson Hole HS '97

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	13	21	16	77	.065	2	0	28	1/2



1999: Great athlete who plays two sports (volleyball and track)...Quick with outstanding jumping ability...Power-ful arm swing...Will play a significant role this year.

1998: Saw limited action in 13 games...Made her presence felt with six kills vs. Simon Fraser...Four kills and high of eight

digs in first match vs. Northwest.

1997: Played with junior varsity.

HS: Coached by Julie Hoklin at Jackson Hole HS...Also lettered in basketball and track...1996: First Team All-Wyoming West Conference...1995: All-Wyoming West Conference Honorable Mention...Wyoming state high jump champion in 1997.

Personal: Born Oct. 12, 1978, in El Paso, Texas...Daughter of Alvis and Barbara Forbes...Psychology/secondary education major...JHHS 1997 salutatorian...Favorite book: *Redeeming Love*...Favorite movie: *Father of the Bride*...Favorite food: Teriyaki...Favorite athlete: Michael Jordan...Enjoys water skiing, kayaking, rock climbing and high jumping.

15 Sarah Jertberg

Outside Hitter • 5-9 • Freshman
Klamath Falls, Oregon • Henley HS '99



1999: Very determined...Hard-working player with an excellent future...Will serve as a backup to starting hitters this season.

HS: Coached by Chuck Shannon at Henley High...Played for three Skyline Conference title teams and one 3A state second-place team...1998: Named Second Team All-Conference...Also played basketball and track...Four-time Scholar-Athlete and "Who's Who Among American High School Students"...School valedictorian and won Top Biology Student Award as a senior.

Personal: Born April 25, 1981, in Susanville, Calif.... Daughter of Randy and Laura Jertberg...Biology major... Favorite book: *An Echo in the Darkness*...Favorite food: Sandwiches...Favorite athlete: Michael Jordan...Enjoys guitar, fly fishing, backpacking and snowboarding.

13 Brandy Mailer

Outside Hitter/Defensive Specialist • 5-9 • Sophomore
Northridge, California • Kamehameha (Hawaii) HS '98

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	110	30	16	147	.095	25	15	288	7/21



1999: Solid all-around player...Excellent feel for game...Anticipates and reads hitters well...Consistent offensive game...Has become an outstanding defensive player.

1998: Played in 110 games as a freshman...Third on the team in assists (25), fourth in digs (288)...Reached double figures in digs 14 times, with a high of 20 at Western

Oregon...Averaged 3.5 digs per game over last half of the season...Posted high of five kills in back-to-back matches vs. Northwest and Northwest Nazarene...Had five assists vs. Puget Sound...Six blocks (1 BS, 5 BA) vs. Northwest Nazarene.

HS: Coached by Dan Kitashima at Kamehameha High in Honolulu, Hawaii...1997: All-State Honorable Mention...All-Interscholastic League of Honolulu First Team...Team captain...Team won state championship.

Personal: Born Nov. 2, 1979, in Honolulu, Hawaii... Daughter of Don and DeeJay Mailer...Liberal arts major...

Players

Played club volleyball...Favorite book: the Bible...Favorite movie: *Top Gun*...Favorite food: Hawaiian...Favorite athlete: Michael Jordan...Enjoys canoeing, surfing and snowboarding.

4 Tristan Nicholas

Setter • 5-6 • Senior
Camano Island, Washington • Stanwood HS '96

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	37	11	9	59	.034	372	6	54	0/10



1999: Will be bidding for the wide-open starter's role at setter...Hard worker who puts the team first.

1998: Recorded 372 assists, second on the team, while backing up All-NWC setter Jennie Rennie... Earned NWC Player of the Week honors while subbing for an ill

Rennie with 45 assists vs. Oregon Tech, 39 vs. Pacific, and 55 at Willamette...Reached twin figures in assists 13 times...Had high of 12 digs vs. Oregon Tech.

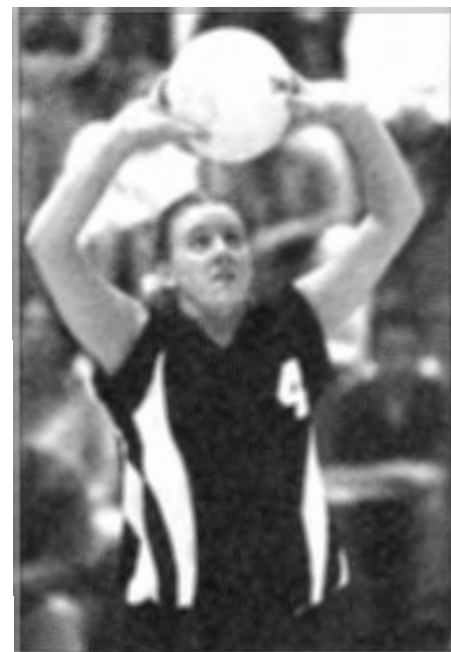
1997: Played outside hitter for junior varsity team.

1996: Part-time varsity.

HS: Coached by Keri Von Moss at Stanwood High...Also lettered in basketball and softball...1995: First Team All-Wesco

League...Team captain... Stanwood Female Athlete of the Year...1994: First Team All-Northwest League...1993: All-League Honorable Mention.

Personal: Born Oct. 5, 1977, in Mt. Vernon, Wash....Daughter of Walt and Mary Nicholas... Psychology major...Favorite food: Cheerios... Enjoys all sports.



Senior setter Tristan Nicholas

11 Shelly Schultens

Middle Blocker • 6-0 • Freshman
The Dalles, Oregon • The Dalles HS '99



1999: Effective hitter playing the opposite side...Provides a formidable block against an opponent's strong-side hitter... Bidding for a starting role as a freshman.

HS: Coached by Dave Cornell at The Dalles High...1998: First Team All-Tri-Valley Conference...Third Team All-

State...Named to State 3A All-Tournament Team while leading conference champions to a third-place finish in the state... Team MVP...1997: Second Team All-Conference...Honorable Mention All-State...1996: Honorable Mention All-Conference...Also earned all-conference honors in basketball and softball in '99...Four-time member of TDHS Honor Roll and National Honor Society...Class salutatorian...Received "Most Outstanding Girl" and "Female Scholar-Athlete" awards as a senior.

Personal: Born Feb. 5, 1981, in The Dalles, Ore....Daughter of Bob and Jozette Schultens...Undecided on major...Father played baseball at Oregon...Older sisters, Amy and Jen, played volleyball at George Fox...Favorite book: *Pride and Prejudice*... Favorite movie: *Dumb and Dumber*...Favorite food: Hamburgers on bagels with tater tots...Favorite athlete: David Robinson ...Enjoys outdoor sports, time with family and reading.

10 Allison Sherbo

Middle Blocker • 5-11 • Sophomore
Wilsonville, Oregon • Wilsonville HS '98



1999: Much-improved player who has the ability to play middle or right side... Excellent arm swing...Could see playing time as a varsity backup this fall.

1998: Played for junior varsity team as a freshman.

HS: Coached by Jay Schauer at Wilsonville High...1998: Honorable Mention All-Tri-Valley League...1997: Named "Most Improved"...1995: Won "Most Improved" Award...Also played softball...Three-year member of WHS Honor Roll.

Personal: Born April 1, 1980, in Ottawa, Kansas...Daughter of Paul and Judy Sherbo...Communications major...Favorite book: *Left Behind* series...Favorite movie: *Ever After*...Favorite food: Pasta...Enjoys photography and journalism.

5 Bree Stairs

Outside Hitter • 5-9 • Junior
McMinnville, Oregon • McMinnville HS '97



1999: Has made great strides defensively... Will be an important contributor to the Bruin defense.

HS: Coached by Jodi Mechals at McMinnville High...1997: Honorable Mention All-Pacific 8...Received "Most Inspirational" and "Best Offensive Player"

awards...1996: Received Coaches' Award...Also named "Most Inspirational" in softball.

Personal: Born May 22, 1979, in Salem, Ore....Daughter of Craig and Kathy Taylor...Elementary education major...Father played basketball and baseball at George Fox and is now the school's athletic director... Mother played volleyball at Western

Oregon...Favorite book: the Bible... Favorite movie: *Say Anything*...Favorite food: Chocolate peanut butter ice cream...Enjoys white-water rafting and camping.



Sophomore outside hitter/defensive specialist Heidi Vander Stoep

9 Heidi Vander Stoep

Outside Hitter/Defensive Specialist • 5-9 • Sophomore
Woodland, Washington • Woodland HS '98

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	53	14	9	56	.089	9	3	81	0/4



1999: Very quick...Strong jumper...Selective hitter with power...Versatile player who can fill in at defensive or offensive positions.

1998: Recorded 81 digs on defense, highlighted by 11 digs at Willamette and 10 vs. Oregon Tech...Had a five-kill, six-dig performance vs. Simon Fraser.

HS: Coached by Jeff Nesbitt at Woodland High...Also let-

tered in basketball...1997: First Team All-Trico League...Team captain...Team won state championship...1996: Second Team All-League...1995: All-League Honorable Mention...Most Inspirational.

Personal: Born March 21, 1980, in Vancouver, Wash.... Daughter of Terry and Celeste Vander Stoep...Elementary education major...High school valedictorian...High school all-league basketball player...Favorite movie: *Ann of Green Gables*...Favorite food: Pizza and fruit...Favorite athlete: Brian Grant...Enjoys reading, hiking and anything outdoors.

8 Jennifer Westerberg

Outside Hitter • 5-9 • Sophomore
Vancouver, Washington • Mt. Vernon HS '98 • Clark College



1999: Capable of hitting with both power and intelligence...Hard worker on defense...Will be a key player as a top sub and spot starter.

JC: Attended Clark College in Vancouver, Wash.

HS: Coached by Ron Larson at Mt. Vernon High...1997: All-State AAA...Ram Class All-Tournament Team...1996: Ram Classic All-Tournament Team...Team went to state tournament all four years.

Personal: Born April 3, 1980, in Vancouver, Wash....Daughter of Tim and Jan Westerberg...Fashion marketing/interior design major...Favorite book: *Of Mice and Men*...Favorite movie: *Empire Records*...Favorite food: Anything from Jack-in-the-Box...Enjoys painting and singing.

7 Stacie Wilton

Outside Hitter • 5-8 • Senior
Tigard, Oregon • Tigard HS '96

Career Stats

Year	Games	Kills	Errors	Att.	Pct.	Assists	Aces	Digs	BS/BA
1998	14	12	11	55	.018	1	0	15	1/1



1999: Well-rounded player who will bid for a starting job this season...Good hitter and defensive player.

1998: Saw limited action in 14 games, posting 12 kills...Best performance came vs. Lewis & Clark with three kills and five digs...Also had three kills vs. Pacific.

1997: Played on junior varsity.

Players

1996: Part-time varsity player.

HS: Coached by Shay Nanna at Tigard High...Also lettered in softball.

Personal: Born Oct. 5, 1978, in Newport Beach, Calif... Daughter of Lane and Kathie Wilton...Fashion merchandising/interior design major...Favorite movie: *Clueless*...Favorite food: Pasta...Enjoys horseback riding, friends and shopping.

3 Mindi Yost

Setter • 5-7 • Freshman
Rogue River, Oregon • Rogue River HS '99



1999: Very athletic with great quickness... Fast learner with a desire to improve... Will be a part-time starter at setter in her freshman season.

HS: Coached by Steve Levesque and Briana Grieve at Rogue River High...1998: First Team All-Skyline Conference...

Honorable Mention All-State...1997: First Team All-Conference... Was All-Conference and Second Team All-State in basketball as a senior... Won state in 300 hurdles in '99 and placed second in state on 4x400 relay team in '98.

Personal: Born June 4, 1981, in Bellingham, Wash... Daughter of David and Rongi Yost...Elementary education major...Favorite book: *A Voice in the Wind*...Favorite movie: *You've Got Mail*...Favorite food: Spaghetti...Enjoys basketball, track and swimming.



Freshman setter Mindi Yost



Senior outside hitter Stacie Wilton

George Fox Volleyball Records

Year	Record	Coach
+1998	.31-8	Steve Grant
1997	.23-5	Steve Grant
1996	.19-13	Steve Grant
1995	.22-11	Steve Grant
1994	.16-15	Steve Grant
1993	.28-18	Steve Grant
1992	.28-20	Steve Grant
1991	.24-17	Steve Grant
1990	.31-13	Steve Grant
1989	.27-18	Steve Grant
1988	.30-13	Steve Grant
*1987	.33-22	Steve Grant
1986	.15-15	Steve Grant
1985	.17-15	Steve Grant
*1984	.30-10	Steve Grant
1983	.14-17	Steve Grant
#1982	.17-14	Steve Grant
1981	.17-14	Mark Vernon
1980	.17-14	Jan Barlow
1979	.17-14	Marge Weesner

+ NWC Champion

* NCCAA National Champion

WCIC Co-Champion

Statistics and Records

Career Records

Digs

1556	Cindy Warner	1988-91
1387	Sharon Barnett	1996-98
1298	Michelle Nelsen	1992-95
1051	Rachel Evans	1995-98
1042	Jamie Suehiro	1991-93
1034	Kari Bashford-Cline	1991-94
891	Tricia Branderhorst	1988-91
767	Coby Van der Meer	1996-98
685	Teri Johnson	1989-90
678	Janette Monckton	1994-97

Aces

219	Kim Meche	1985-88
195	Cindy Warner	1988-91
190	Michelle Nelsen	1992-95
189	Stacie Wright	1988-90
147	Diane Walter	1982-85
136	Coby Van der Meer	1996-98
130	Jamie Suehiro	1991-93
88	Rachel Evans	1995-98

Assists

4023	Jamie Suehiro	1991-93
2868	Kim Meche	1985-88
2704	Kari Guyer	1994-97
2681	Stacy Wright	1988-90
2330	Jennie Rennie	1995-98
2099	Denise (Iverson) Vernon	1979-81; 84

Kills

1270	Cindy Warner	1988-91
1165	Michelle Nelsen	1992-95
1164	Kari Bashford-Cline	1991-94
1150	Sharon Barnett	1996-98
1091	Tricia Branderhorst	1988-91
807	Diane Walter	1982-85
797	Beth Davis	1996-98
775	Joanna Lofgren	1994-95
762	Melody Groeneveld-McMaster	1981-84
686	Becky Cate	1986-88
683	Jen Schultens	1995; 97-98

Season Records

Attack Pct. (Min. 350 att)

401	Kristi Rau	1993
366	Joanna Lofgren	1995
352	Cindy Warner	1990
349	Melody Groeneveld-McMaster	1984
314	Tricia Branderhorst	1990
313	Amy Schultens	1997
310	Amy Schultens	1995
302	Diane Walter	1985
296	Kari Bashford-Cline	1993
295	Christy Fowler	1993

Kills

517	Sharon Barnett	1998
483	Kari Bashford-Cline	1993
463	Jen Schultens	1998
431	Joanna Lofgren	1995
416	Cindy Warner	1990
407	Cindy Warner	1991
398	Beth Davis	1998
394	Michelle Nelsen	1993
385	Tricia Branderhorst	1991
379	Sharon Barnett	1996

Kills per Game

5.60	Joanna Lofgren	1995
4.07	Diane Walter-Davis	1985
4.02	Melody Groeneveld-McMaster	1984
4.01	Sharon Barnett	1998
3.98	Melody Groeneveld-McMaster	1985
3.93	Kari Bashford-Cline	1993
3.85	Diane Walter-Davis	1984
3.82	Cindy Warner	1992
3.74	Joanna Lofgren	1994
3.72	Cindy Warner	1991
3.72	Sharon Barnett	1996

Aces

87	Kim Meche	1987
79	Stacie Wright	1989
73	Coby Van der Meer	1998
63	Michelle Nelsen	1995
62	Stacie Wright	1990
59	Cindy Warner	1990
57	Cindy Warner	1991
55	Kim Meche	1988
50	Diane Walter-Davis	1984
50	Jamie Suehiro	1992

Aces per Game

0.68	Michelle Nelsen	1995
0.66	Kim Meche	1987
0.62	Stacie Wright	1989
0.61	Stacie Wright	1990
0.56	Joanna Lofgren	1995
0.54	Cindy Warner	1990
0.53	Coby Van der Meer	1998
0.52	Cindy Warner	1991
0.47	Michelle Nelsen	1994
0.45	Diane Walter-Davis	1985

Digs per Game

4.89	Sharon Barnett	1998
4.51	Cindy Warner	1990
4.37	Sharon Barnett	1997
4.20	Sharon Barnett	1996
4.07	Michelle Nelsen	1994
3.92	Michelle Nelsen	1995
3.62	Kari Bashford-Cline	1994
3.49	Jamie Suehiro	1992

3.47	Cindy Warner	1991
3.45	Kristi Marquette	1992
3.41	Rachel Evans	1998

Blocks per Game

2.16	Kim Reidel	1988
2.11	Kim Reidel	1989
2.07	Stacie Chandler	1988
1.72	Stacie Chandler	1987
1.63	Teri Johnson	1989
1.61	Diane Walter-Davis	1985
1.44	Diane Walter-Davis	1984
1.42	Becky Cate	1987
1.34	Heide Keller	1991
1.34	Amy Schultens	1997

Individual Season Records

Assists	1,465	Jamie Suehiro	1993
Digs	631	Sharon Barnett	1998
Blocks	241	Kim Reidel	1988

Team Season Records

Kills	2,033	1998
Assists	1,836	1998
Aces	500	1989
Digs	2,711	1998
Blocks	686	1988

Single-Match Records

Kills

Five Games
32... Sharon Barnett... 11/14/98 vs. West. Ore.
32... Joanna Lofgren... 10/28/94 vs. Albertson
Four Games
32... Joanna Lofgren... 10/25/95 vs. Pacific
Three Games
25... Joanna Lofgren... 10/28/95 vs. PLU

Assists

85... Jennie Rennie... 11/14/98 vs. West. Ore.
--

Aces

10... Michelle Nelsen... '95 vs. Albertson
--

Digs

52... Sharon Barnett... 11/14/98 vs. West. Ore.

Blocks

19... Stacie Chandler... '88 vs. Columbia Christian

Accolades

Individual Awards

Joanie Snyder	
WCIC Honorable Mention	1978
Melody Groeneveld-McMaster	
First Team NAIA District 2	1982; '84
NCCAA All-American	1984
Diane (Walter) Davis	
First Team NAIA District 2	1985
NCCAA District 8 Player of the Year	1984; '85
Second Team NAIA District 2	1984
Denise (Iverson) Vernon	
NCCAA All-American	1984
Andrea Marthaller	
Second Team NAIA District 2	1987
NCCAA All-American	1987
Rebecca Cate	
Second Team NAIA District 2	1987; '88
NCCAA All-American	1987
Katie Lang	
NCCAA All-American	1987
Kim Riedel	
NCCAA All-Tournament Team	1989
Cindy Warner	
Second Team NAIA District 2	1989
First Team NAIA District 2	1990; '91
NAIA Honorable Mention All-American	1990; '91
NAIA All-American Scholar-Athlete	1990
NAIA District 2 Female Scholar-Athlete	1990
NCCAA All-American First Team	1990
NAIA District 2 All-Tournament Team	1990
Two-Time NAIA District 2 Player of the Week	1990
NCCAA All-Tournament Team	1989
Stacy Wright	
NCCAA All-American	1989
Second Team NAIA District 2	1990
NCCAA All-Tournament Team	1989
Tricia Branderhorst	
Second Team NAIA District 2	1990
Kristy Rau	
Honorable Mention Cascade Conference	1993
Jamie Suehiro	
NAIA Honorable Mention All-American	1993
GTE Academic All-American Second Team	1993
GTE Academic All-District VIII First Team	1993
NAIA District 2 Scholar-Athlete	1993
NAIA District 2 Player of the Year	1993
NAIA All-American Scholar-Athlete	1992; '93
NAIA District 2 All-Tournament Team	1991
First Team Cascade Conference	1992; '93
NAIA Second Team All-American	1992
First Team NAIA District 2	1991; '92; '93
Cascade Conference Player of the Year	1992; '93
Cascade Conference Player of the Week	11/1/92
Two-Time NAIA District 2 Player of the Week	1993
NAIA District 2 Female Scholar-Athlete	1993

Kari (Bashford) Cline	
Second Team Cascade Conference	1994
First Team Cascade Conference	1993
Second Team NAIA District 2	1993
Michelle Nelsen	
Second Team Cascade Conference	1994
Second Team Northwest Conference	1995
Joanna Lofgren	
NAIA Honorable Mention All-American	1995
GTE Academic All-District VIII Second Team	1995
First Team Northwest Conference	1995
PNW Region Player of the Week	10/2/95, 10/30/95
NCIC Player of the Week	10/2/95, 10/9/95, 10/30/95
First Team Cascade Conference	1994
Cascade Conference Player of the Week	10/17/94
Kari Guyer	
First Team Northwest Conference	1995
Honorable Mention Northwest Conference	1996
GTE Academic All-District VIII Team	1996
Michelle Harper	
Honorable Mention Northwest Conference	1996
Second Team Northwest Conference	1997
Sharon Barnett	
First Team Northwest Conference	1996; '97; '98
Northwest Conference Player of the Week	10/7/96, 9/15/97, 9/20/98, 11/8/98
First Team NAIA Pacific Northwest Region	1997; '98
Third Team NAIA All-American	1998
Northwest Conference Co-MVP	1998
All-Pacific Northwest Independent Section Team	1998
GTE Academic All-District VIII Team	1998
Whitworth Invitational All-Tournament Team	1998
Charysse Chowning	
NAIA All-American Scholar-Athlete	1998
Beth Davis	
Honorable Mention Northwest Conference	1997
NAIA All-American Scholar-Athlete	1998
Second Team NAIA Pacific Northwest Region	1998
All-Pacific Northwest Independent Section Team	1998
GTE Academic All-District VIII Team	1998
Rachel Evans	
NAIA All-American Scholar-Athlete	1998
Second Team Northwest Conference	1998
Tristan Nicholas	
NAIA Regional Player of the Week	10/25/98
Northwest Conference Player of the Week	10/25/98
Jennie Rennie	
Honorable Mention NAIA All-American	1998
First Team NAIA Pacific Northwest Region	1998
First Team Northwest Conference	1998
NAIA National Setter of the Week	11/17/98
Second Team Northwest Conference	1998
All-Pacific Northwest Independent Section Team	1998

Amy Schultens	
Northwest Conference Co-Player of the Week	10/11/98
Jen Schultens	
Honorable Mention Northwest Conference	1998
Northwest Conference Co-Player of the Week	10/11/98

Most Valuable Players

Sharon Barnett	1998
Sharon Barnett (offense)	
Rachel Evans (defense)	1997
Sharon Barnett	1996
Joanna Lofgren	1995
Joanna Lofgren	1994
Jamie Suehiro	1993
Jamie Suehiro	1992
Jamie Suehiro/Cindy Warner	1991
Cindy Warner	1990
Stacie Wright	1989
Becky Cate/Kim Meche	1988
Becky Cate	1987
Diane Walter	1986
Diane Walter/Melody Groeneveld-McMaster	1985
Diane Walter/Melody Groeneveld-McMaster	1984
Melody Groeneveld-McMaster	1982
Denise (Iverson) Vernon	1979
Joni Snyder	1977



Sophomore outside hitter/defensive specialist
Brandy Mailer



George Fox University Bruin Athletics

Intercollegiate athletics are an important part of George Fox University, home to one of the Northwest's most successful small-college sports programs. Winning programs, however, are accompanied by a proper balance between academics and athletics: George Fox teams are members of the Northwest Conference and compete in Division III of the National Collegiate Athletic Association, in which need and academic ability, not athleticism, determine scholarships and financial aid.

At George Fox University, intercollegiate athletic competition provides a practical application of what is learned in classrooms and practices. Student-athletes compete for conference and national titles at a Christ-centered university where professors and coaches help them grow in mind, body and spirit. The values of athletics are integrated with the goals of Christian higher education in a process that includes

- physical conditioning
- managing emotions
- courage
- teamwork
- cooperation
- being gracious in winning and losing

More than 15 percent of George Fox's traditional undergraduate students participate in the school's 13 varsity sports, seven for women and six for men. Their records over the years serve as shining testimonies to the administration's conviction that an institution can play for the glory of God, follow the rules and ethics of its governing organizations, and be successful on the fields and courts of competition. Consider that:

- George Fox has earned district or conference titles in nine sports during the 1990s.

- George Fox athletes have earned more than 250 All-American and All-American Scholar-Athlete honors.
- Nine of the 11 coaches on staff have been named district or conference Coach of the Year at least once.
- George Fox coaches have held their positions for an average of nearly eight years, and together have accumulated more than 1,000 collegiate wins.



The 1999 George Fox University Volleyball Guide was produced by the Office of Sports Information in the Department of University Relations, Barry Hubbell, director. Writer and Editor: Blair Cash, sports information director. Writing and Editing Assistants: Sports information student assistants Brian Durick, John Felton, Bryan Williford. Proofreading: Anita Cirulis, Susan Fawver. Design and Layout: Colin Miller. Photography: Anita Cirulis, Chijo Takeda (Newberg Graphic). Printing: Michaels Printing, Tigard, Oregon.



1999 Volleyball Schedule

September

8	Wednesday	University of California-Santa Cruz	Newberg, Ore.	7:00 p.m.
10-11	Fri.-Sat.	at University of Puget Sound Tournament	Tacoma, Wash.	TBA
18	Saturday	* University of Puget Sound	Newberg, Ore.	7:00 p.m.
22	Wednesday	* Pacific University	Newberg, Ore.	7:00 p.m.
24	Friday	* Whitworth College	Newberg, Ore.	7:00 p.m.
25	Saturday	* Whitman College	Newberg, Ore.	2:00 p.m.
29	Wednesday	* at Linfield College	McMinnville, Ore.	7:00 p.m.
30	Thursday	Colorado College	Newberg, Ore.	7:00 p.m.

October

2	Saturday	* at Willamette University	Salem, Ore.	7:00 p.m.
6	Wednesday	* Lewis & Clark College	Newberg, Ore.	7:00 p.m.
9	Saturday	* at Pacific Lutheran University	Tacoma, Wash.	7:00 p.m.
13	Wednesday	* at University of Puget Sound	Tacoma, Wash.	7:00 p.m.
15-16	Fri.-Sat.	at UC-Santa Cruz Tournament	Santa Cruz, Calif.	TBA
20	Wednesday	* at Pacific University	Forest Grove, Ore.	7:00 p.m.
22	Friday	* at Whitworth College	Spokane, Wash.	7:00 p.m.
23	Saturday	* at Whitman College	Walla Walla, Wash.	4:00 p.m.
29	Friday	* Linfield College	Newberg, Ore.	7:00 p.m.
30	Saturday	* Willamette University	Newberg, Ore.	7:00 p.m.

November

3	Wednesday	* at Lewis & Clark College	Portland, Ore.	7:00 p.m.
6	Saturday	* Pacific Lutheran University	Newberg, Ore.	7:00 p.m.

Home games played in Miller Gymnasium

*Northwest Conference game

