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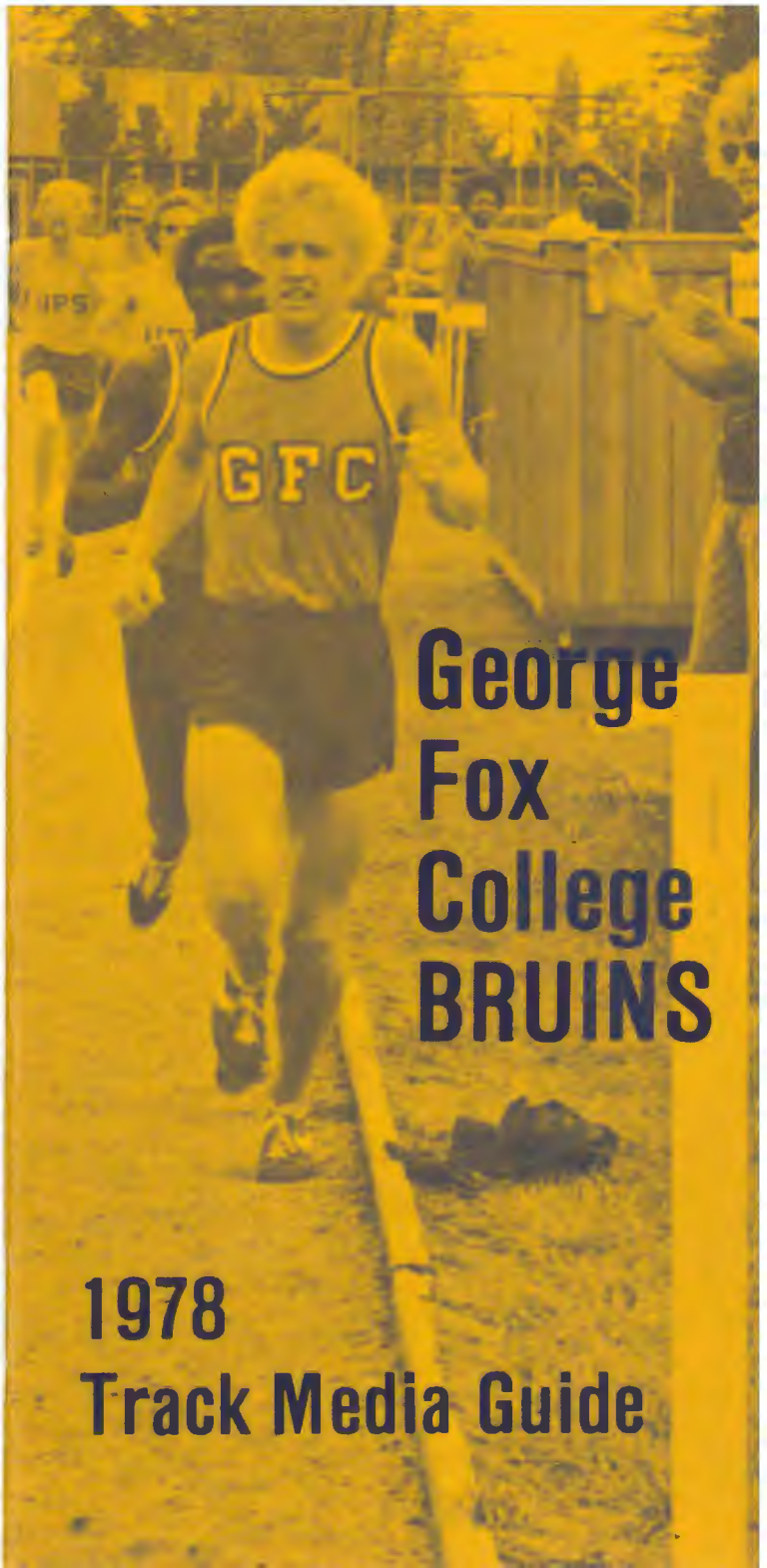


George Fox College BRUINS

1978 Track Media Guide

FINGERTIP FACTS

College President ..... Dr. David Le Shana
College Location ..... Newberg, OR (8,300 pop.)
Founded 1891
Denomination Affiliation ..... Friends (Quaker)
Enrollment 706
Athletic Director ..... Sam Willard
Baseball Coach ..... Craig Taylor
Sports Information Director ..... Barry Hubbell
Athletic Affiliation ..... Independent—NAIA
Colors ..... Old Gold, Navy Blue
Nickname ..... Bruins

HOW TO REACH US . . .

College Switchboard (503) 538-8383

Baseball Coach Craig Taylor ..... ext. 254
Track/Cross-country Coach Rich Allen ... ext. 252
Basketball Coach Sam Willard ..... ext. 250
Soccer Coach Doug McKenna ..... ext. 300
Women's Track Coach Randy Winston ..... ext. 236
Women's Hockey/Basketball/Softball
Coach Dee Bright ..... ext. 253
Women's Volleyball/Tennis Coach Marge Weesner
Coach Marge Weesner ..... ext. 251
Sports Information Director
Barry Hubbell ..... ext. 224/255

COVERING THE BRUINS

George Fox College appreciates the cooperation it has shared with the news media. This book has been prepared as a service for area newspapers, radio and television stations, and wire services.

All requests for information, statistics, photographs, and press passes should be directed to Barry Hubbell, Sports Information Director, George Fox College, Newberg, Oregon 97132. Telephone him at his office or at home (503) 538-4332. Athletic Department phone: ext. 250.

Bruin Outlook: HOW IT LOOKS FOR 1977-78

Potentially the Bruins have their best track team ever. Coming off a good season last spring in which George Fox finished second in NAIA District 2, Coach Rich Allen has had a good recruiting year and the Bruins should be even stronger than last year.

There are some questions, of course, including injuries and untried freshmen, but the Bruins are thinking district title as they compete this season.

The Bruins lost just two senior track men from last season's squad and both have been replaced by persons with even better marks. Last spring the Bruins finished in the district competition with eight first places, more than any of the 13 other schools and more than the five of district champion Lewis and Clark which, with stronger depth, finished with 172 points to 104 for the Bruins.

"We'll emphasize--as usual--team unity," says Allen, "And, fine quality athletes." Those he has.

Lost from last year's team are Ron Boschult, with a 6-3 high jump mark. He'll be succeeded by freshman Terry White, from Longview, Wash., who has a high school best of 6-8, second in Washington. Half-mile record holder Cliff McCurdy graduated, leaving behind a 155.5 standard in the 880. But Allen has replaced with Wendell Otto who has a high school (Madison of Portland) best of 155.0.

Perhaps the best recruit, however, is Mark Reynolds of Cottage Grove. "He's potentially the best hurdler we've ever had," says Allen of Reynolds who produced marks of 14.0 in the 120-high hurdles and 38.4 in the 330-intermediate hurdles and was the top senior hurdler in the state.

He'll be backed by Cottage Grove teammate Dave Varnon whose triple jump mark of 46-4 was third best in Oregon last spring.

And there's sprinter Tim Sherman, who Allen calls "a sleeper." Sherman is quick and still developing and will help in the 100, 220 and 440-relay.

The freshmen are untested. But Allen already knows the strengths of his returners. And that brings a smile--Steve Blikstad, Chad Neeley and Gregg Griffin, head the list.

Blikstad's name appears nine times in the GFC track records list. Last spring he was the best American steeplechase runner in the NAIA nationals, earning All-American designation for his 8:50.16 finish, second in the nation. Last spring he was selected as NAIA District 2's Track Athlete of the Year. And for George Fox he holds records in the two-mile, three-mile, six-mile and steeplechase as well as a variety of metric distance marks.

Griffin last spring was fourth in the nation in the 100-meters with a 10.6 time in the nationals, but he has a best time of 10.4 and is the reigning district champion in that event. He also holds the district 200-meter title at 21.4 and is Bruin record holder in both events.

Neeley is last year's MVP and captured the district crown in the decathlon with 6,875 points for a sixth place national ranking. And won the district 400-meter title with a 49.26 finish.

Also back are school record holders Werner Seibert (48.6 in the 440-yard dash) and Allan Morrow (154-11 in the hammer), both improved over last spring.

"I expect we'll do well," says Allen, now in his ninth year as track coach. "I fully expect we'll have several people in the nationals."

That will be decided in the district championships May 13-14 in Salem and in a schedule of eight meets preceding.

COACH RICH ALLEN

RICH ALLEN begins his ninth year as head track coach for the Bruins and it's been an era of success for George Fox College.

From his start in 1970 season, Allen has built up a track program that rivals the best among Northwest small colleges. In his career at George Fox, Allen has produced more than a dozen national competitors in track on the NAIA level--five have won national All-American designation. Two of his thinclads have been named District 2 Athlete of the Year.

And it's more than just individuals that Allen has guided. The George Fox track team last year was second among the 14 teams in the district and this year the prospects are even brighter.

Allen, advanced to associate professor of physical education in January, also has cross country coaching duties among his George Fox activities. And Allen is just as successful there. Last fall the Bruin team won the District 2 title with six men running in national competition in Kenosh, Wisc., finishing with a 22nd place standing.

Previously, Allen served seven years as assistant basketball coach for the Bruins, helping Lorin Miller establish the Bruins as a strong Northwest contender in that sport--going to the district playoffs six of those seven years.

A 1960 graduate of Seattle Pacific, Allen, 39, began his teaching and coaching in Seattle Public Schools where he stayed two years before being named athletic director, head football and basketball coach at Salem (Ore.) Academy. He also was track coach during his five-year span and at the same time found time to earn a masters degree from the University of Oregon, received in 1968.

Allen and his wife Flora are members of the Newberg Free Methodist Church. They have two sons, Mike, 13 and Greg, 12.

THE BRUINS—AS INDIVIDUALS

MONTE ANDERS--A member of GFC's district entry into the mile-relay last spring, Anders, a sophomore, specializes in the 440 where he has clocked a 50.6. He also may run the intermediate hurdles for the Bruins. He should be a definite asset to the team since he looks even better than last year.

LON AUSTIN--Coming into his own, Austin, a junior, holds the school record in the high jump at 6-6. The Most Improved member of the team last year, Austin finished sixth in the district in the javelin with a 196-8 toss. He is continuing his improvment in all areas, and has a 201-6 best in the javelin.

LARRY BALES--A runner and good competitor, Bales, a junior, was in the district finals last spring in the 800-meters. He helped set the school mile-relay record of 3:20.3 in the 1975 season, and ran the 880 in the mile-medley relay which set a school record last spring at 3:30.4. He shares in 1,600-meter relay school record set in 1976.

STEVE BLIKSTAD--His name appears nine times in the GFC track records. Blikstad last spring was the best American steeplechase runner in the NAIA, finishing the course in 8:50.16 in the nationals and earning All-American designation to go with his previous All-American award in NAIA cross country. Last spring, Blikstad, a junior, was named NAIA District 2 Track Athlete of the Year. He holds school records in the two-mile (9:07.8), three-mile (14:09.3) six-mile (29:19.5), steeplechase (8:50.16), and shares in the distance medley (mile portion) at 10:17.8 and four-mile relay (17:30.8). He holds metric marks in the 1,500 at 3:53.7 and the 5,000 run at 15:36.66.

PAUL COZENS--An All-American NAIA basketball candidate, Cozens, who led NAIA District 2 in scoring (23.9) and rebounding (12.8) shifts to track for the first time this spring. The muscular athlete, a senior, will try his arm at throwing the javelin.

MARK DRIESNER--Young and just developing physically, Driesner, a freshman, is expected to develop into a good 440 runner. A hard worker, he also may participate in the mile-relay. Driesner last year finished eighth in the state in the 440 with a 52.0 time for his Portland Christian High. He helped his mile-relay squad to a seventh place state position at 51.8.

DEAN GADD--A distance runner, Gadd will help the Bruins in the marathon, and possibly the 5,000 and-10,000 meter events. A member of the Bruins' district champion cross country team, Gadd, a sophomore, enjoys road and marathon running

GREGG GRIFFIN--Another Bruin national contender, Griffin, a junior, last spring was fourth in the nation with a 10.6 time in the 100-meters in the nationals. He has a best time of 10.4 and last year was the district champion in the event with a 10:48 clocking. He holds the school record in the 100-meters and in the 100-yards at 9.7, also the 220-yard dash record at 21.5 and the 200-meters at 21.4. As the district champion he also shares in the school's 440-relay record of 42.4, the 880-relay of 1:29.9, and the spring medley relay of 2:30.4.

ROB KING--A first-timer in track, King is a freshman transfer from the University of Idaho after attending Nampa (Idaho) Christian High. A walk-on, King is learning the hammer and discus, using his hard work to try to develop in those events.

AMADU KOROMA--Back for his senior year, Koroma is the district champion in the long jump with a 22-11 effort last spring. He also ran a leg of the district-winning 440-relay team that clocked a 42.54 time. He is expected to do well for the Bruins again in the long jump and 440-relay, but also some sprint events, perhaps the 100. He ran a leg on the school-record 440-relay team that produced a 42.4 effort in 1977. He shares school records in the sprint medley and the long jump relay.

JIM LE SHANA--A fine long jumper at Newberg High School, Le Shana, a freshman, produced a 20-8 distance, good for a fifth place district finish in 1974 but since has been bothered with a leg problem. A leader on and off the field, Le Shana, a member of the Bruin cross country team, also may try some running events

DAVE MOLSTAD--A good, solid distance runner, Molstad, a senior, ran third on the district champion cross country team in the nationals. Plagued by injuries during his previous years, Molstad, if he remains healthy, should have a fine season in the mile, 5,000 and perhaps the 10,000-meters.

ALLAN MORROW--A possible national-level contender, Morrow, a junior, holds the school record in the hammer at 154-11 and is still improving. A good weight man, he also will throw the discus and the shot, in which he was fourth in the district last spring with a 47-7½ heave. He has a best in that event of 48-2 and a 136-2 toss in the discus.

CHRIS MWAURA--The second man on the Bruin cross country squad, Mwaura last spring also was the district's second best in the 1,500 meters with a 3:57.98 clocking. He has a best in that event of 3:51.0. A solid runner, Mwaura, a junior, will run events from the 880 (in which he has a best of 1:56) to the three mile (a best of 14:31).

CHAD NEELEY--The team's Most Valuable track man the last two years, Neeley, a junior, is a versatile athlete who captured the district title last spring in the decathlon with 6,875 points, then added the 400 title with a 49.2 clocking, and ran a leg on the championship 440 relay team that finished at 42.54. He holds the school record in the 110 meter hurdles at 15.4 and helped set Bruin records in the 440-relay, mile relay, 880 relay, sprint medley relay, distance medley. He finished with a sixth place standing in the NAIA nationally last year in the decathlon.

1978 Bruin Track team (Back row) Nofziger, Morrow, King, Driesner, Weisner, Austin, Seibert, Varnon, Molstad and Bales. (Middle row) Coach Allen, Griffin, Neeley, Anders, White, Gadd, Le Shana, Smiley, Otto. (Front row) Rochholz, Sherman, Stuart, Reynolds, Ware, Koroma, Blikstad.

NAME	Yr.	Ht.	Wt.	Event	Hometown
Monte Anders	So.	5-10	160	440/Mile-Relay	Nampa, Idaho
Lon Austin	Jr.	6-7	190	Javelin/HJ	Prineville, Ore.
Larry Bales	Jr.	5-10	150	440/880/Mile-Relay	Beaverton, Ore.
Steve Blikstad	Jr.	6-0	155	Stpl/10,000/5,000	Vancouver, Wash.
Paul Cozens	Sr.	6-6	215	Javelin	Seattle, Wash.
Mark Driesner	Fr.	6-1	160	440/Mile-Relay	Tigard, Ore.
Dean Gadd	So.	5-10	150	Marathon/10,000	Salem, Ore.
Gregg Griffin	Jr.	5-10	175	100/200/440-Relay	Seattle, Wash.
Rob King	Fr.	6-0	190	Hammer/Discus	Nampa, Idaho
Amadu Koroma	Sr.	5-6	145	Long Jump/440-Relay	Freetown, Sierra Leone
Jim Le Shana	Fr.	5-11	155	Long Jump	Newberg, Ore.
Dave Molstad	Sr.	6-0	150	Mile/5,000	Baker, Montana
Allan Morrow	Jr.	6-0	225	Hammer/Shot/Discus	Newberg, Ore.
Chris Mwaura	Jr.	5-8	130	880/Mile/Three-Mile	Nairobi, Kenya
Chad Neeley	Jr.	5-10	160	Decathlon/Pole Vault/440	Nampa, Idaho
Keith Nofziger	So.	6-0	180	Discus/Hammer	Lebanon, Ore.
Wendell Otto	Fr.	5-10	140	Decathlon/HJ/880/Mile/Int. Hurdle	Portland, Ore.
Mark Reynolds	Fr.	5-8	160	Hurdles/Triple Jump/100	Newberg, Ore.
Tim Rochholz	Jr.	5-11	140	3-,6-mile/5,000/10,000	Wichita, Kansas
Werner Seibert	Jr.	6-2	180	440/220/mile/relays	Billings, Mont.
Tim Sherman	Fr.	5-7	140	100/220/440-Relay	San Jose, Calif.
Duane Smiley	Fr.	5-10	130	5,000/10,000	Portland, Ore.
Steve Stuart	So.	5-8	130	440/880/Mile-Relay	Eugene, Ore.
Dave Varnon	Fr.	6-0	175	Triple Jump/LJ/100	Cottage Grove, Ore
Randy Ware	Sr.	5-9	140	880/1,500	Meridian, Idaho
Darcy Weisner	Fr.	6-3	175	Javelin	Mt. Vernon, Wash.
Terry White	Fr.	6-3	185	High Jump	Longview, Wash.

KEITH NOFZIGER--Back for his second year, Nofziger is a good technique thrower in the discus where he has a 130-0 best. A hard worker, he's trying to gain weight to help in his distances. He also may try the hammer.

WENDELL OTTO--"Super potential" are the words to describe Otto, a freshman, who is a potential decathlon athlete in the steps of Neeley and Eb Buck. Extremely versatile, Otto, a member of the Bruin cross country squad, has these high school (Madison of Portland) bests: 880- 1:55, triple jump- 45-10, long jump- 21-8, decathlon - 6310, high jump- 6-4, 440- 50.8. His 880 time was sixth best in Oregon last spring, his triple jump eighth best. For the Bruins he'll also compete in the mile, mile relay and intermediate hurdles.

MARK REYNOLDS--The best senior hurdler in the state last spring, Reynolds, a freshman from Cottage Grove High, has All-American potential, and is the Bruins' best hurdler prospect. He'll also help in the long and triple jumps and the sprints. Listed in the 1977 edition "High School All-Americans," Reynolds has these high school bests: 120-hurdles- 14.0, 330-intermediate hurdles- 38.4, triple jump- 46-11, and 100- 10.0.

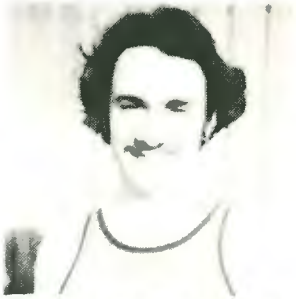
TIM ROCHHOLZ--The only transfer on the team, Rochholz, a junior, is basically a distance runner who comes from Hutchinson (Kansas) Community junior college where he was named an academic All-American. He was named Most Inspirational for the Bruin cross country team last fall. Plagued with a foot problem, Rochholz may be a red shirt, but is trying for the 5,000- and 10,000-meter runs.

WERNER SEIBERT--An exceptionally hard worker with proven ability, Seibert, a junior, is the leading quarter miler who holds the school record in the 440 with a 48.6 time. Leading in the Northwest at the time, he suffered a hamstring pull last spring and did not compete in the district. A team leader--voted captain and Most Inspirational in his two previous years--Seibert will run anything from the 440 down.

TIM SHERMAN--A sprinter with good potential, Sherman is quick and is developing endurance. A freshman, he is expected to make a strong contribution to the team in the short distances and relays. A member last fall of the Bruin soccer squad, Sherman has these high school times: 100- 10.3, 220- 22.6, andhelped run a 44.6 time in the 440-relay.

DUANE SMILEY--The captain of his high school (Madison, Portland) cross country team as a senior, Smiley, a freshman, is a question mark for the Bruins this season because of knee surgery last fall. If healthy, he'll run the 5,000- and 10,000-meter distances and may do some high jumping.

STEVE STUART--One of the best middle distance men in the district, Stuart, a sophomore, is versatile: the mile-relay to the quarter mile and steeplechase. Probably best at the half mile and mile, last year he set a personal best in those events at each meet. He also was a member of last fall's district champion cross country team, finishing 20th. Last spring he recorded a 4:18 in the mile, a 155.6 in the 880 and a 50.6 in the 440.



DAVE VARNON--A quality triple jumper, Varnon, a freshman and a teammate of Reynolds at Cottage Gove, is expected to do well at the district level. A hard worker, he also has sprint ability. His high school bests include a 46-4 effort in the triple jump that was third best in the Oregon meet last spring. He has a 21-3 mark in the long jump and a 10.0 in the 100-yard dash.

RANDY WARE--A runner in the half-mile and 1,500-meter races, Ware owns the school record in the 800-meters at 1:53.7 and shares in the 1,600-meter relay title of 3:25.8. A finalist in the district last spring in the 800, Ware is looking for his best year yet.

DARCY WEISNER--A solid javelin thrower, Weisner last spring as a senior at Mt. Vernon, Wash., high had a 200-foot throw and finished second in his high school district. He also has a 21-0 best in the long jump, and a 44-0 in the triple jump and may compete for the Bruins in those events. Weisner also is a member of the Bruin basketball team as a guard/forward.

TERRY WHITE--A promising high jumper, White, a freshman, has a 6-7 mark in that event that placed him second in the state (Washington) last spring as he competed for Mark Morris High School. That mark is better than the existing GFC record. Has recorded a 6-8 mark, but not in competition. With lots of potential, his marks may depend on overcoming a thigh injury this fall.

METRIC RECORDS

3000-Steeplechase	8:50.16	1977	Steve Blikstad
400-Meter Relay	43.8	1977	Amadu Koroma Werner Seibert Greg Mitchell Jack Lyda
1500-Meter Run	3:53.7	1977	Steve Blikstad
110-High Hurdles	15.4	1977	Chad Neeley
400-Meter Run	48.9	1977	Werner Seibert
100-Meter Run	10.4	1977	Gregg Griffin
800-Meter Run	1:53.7	1977	Randy Ware
200-Meter Run	21.4	1977	Gregg Griffin
400-Meter Intermediate Hurdles	55.8	1977	Duane Swafford
5000-Meter Run	14:36.66	1977	Steve Blikstad
1600-Meter Relay	3:25.8	1976	Werner Seibert Randy Ware Larry Bales Chad Neeley

ABOUT GEORGE FOX COLLEGE

George Fox College is the outgrowth of a desire by early Willamette Valley Quaker settlers who established Pacific Academy in 1885 for the Christian education of their children. The college division was organized in 1891 to provide more advanced instruction for students. In 1949, because of the many colleges in the Northwest with Pacific in their name, the college was renamed George Fox in honor of the founder of the Friends (Quaker) Church. The college is governed by a 42-member Board of Trustees elected by Northwest Yearly Meeting of Friends Church, which comprises more than 8,300 members in 56 churches in Oregon, Washington, and Idaho.

Today the 60-acre rural, tree-shaded campus a half-hour drive from Portland is undergoing a major expansion with four new buildings completed this year, including a new $2.4 million sports complex, an $800,000 academic building, and two new residence halls in a $1.25 million project. A new $1.3 million Fine Arts Center currently is under construction. Enrollment is at a record 706, George Fox this year being one of Oregon's fastest growing colleges with a 12 percent enrollment increase.

Accredited by the Northwest Association of Secondary and Higher Schools, the college offers 20 majors in six divisions: Education, Fine and Applied Arts, Language Arts, Natural Science, Religion, and Social Science. George Fox is one of 14 members of the national Christian College Consortium. The college has a student-faculty ratio of 16/1, with more than 60 percent of faculty members having doctorates.

George Fox students come from 20 states and 7 foreign countries. Nearly 40 religious denominations are represented on campus.

Alumni of George Fox are primarily in service-oriented vocations of Christian ministries, education, social work, and medical fields. The college's most prominent alumnus is the late President Herbert Hoover, who attended Pacific Academy.

BRUINS COMPETE IN NAIA DISTRICT 2

George Fox College men's athletic teams compete in District 2 of the National Association of Intercollegiate Athletics (NAIA). Fourteen teams currently make up the district, all but three within the state of Oregon. They include the five members of the Northwest Conference, four members of the Evergreen Conference, and five independent schools, including George Fox.

The National Association of Intercollegiate Athletics was officially formed in 1952, the outgrowth of the National Association of Intercollegiate Basketball, which had been organized in 1937, primarily to determine a national champion in basketball. The purpose of the NAIA is "to champion the cause and promote the interests of the colleges of moderate enrollment and sound athletic philosophy and program." NAIA now sponsors 16 national champions for the 565 member institutions and 27 affiliated conferences in the United States and Canada. The national headquarters is at 1205 Baltimore, Kansas City, Mo. 64105.

Members of NAIA District 2 are: College of Idaho, Eastern Oregon State, George Fox, Lewis & Clark, Linfield, Northwest Nazarene, Oregon College of Education, Oregon Institute of Technology, Pacific, Southern Oregon, University of Hawaii-Hilo, Warner Pacific, Western Baptist, and Willamette.

GFC ATHLETICS

Intercollegiate athletics is an integral part of the overall education program at George Fox. Varsity athletic teams represent the college in baseball, basketball, track, soccer, and cross-country.

George Fox College competes as an independent on the varsity level. Its schedules are coordinated with both the Evergreen Conference and the Northwest Conference and with other independents in the Northwest. George Fox is a member of the National Association of Intercollegiate Athletics (NAIA), District 2, and the National Christian College Athletic Association.

Women students compete in field hockey, volleyball, basketball, tennis, track, and softball. The college is a member of the Women's Conference of Independent Colleges and the Northwest College Women's Sports Association.

For students not participating in the varsity program, GFC has a complete intramural program including flag football, basketball, volleyball, softball, and tennis.

Athletic facilities include the new Coleman H. Wheeler Center for Sports and Physical Education; Colcord Field, which includes a football-soccer field and track; a baseball field; and tennis courts.

Wheeler Center, completed this summer in a $2.4 million project, includes the James and Lila Miller Gymnasium with three basketball courts and seating for up to 2,700; multipurpose, class, and weight rooms; faculty and administrative offices; handball courts; dressing and therapy rooms, and saunas.

THE BRUIN NICKNAME

George Fox College is represented by the nickname and mascot "Bruin." But it's not always been so, even though it should have been.

The nickname comes from a real live bear captured in 1887 just two years after Pacific Academy (the college's predecessor) was established. The small cub was captured in the coast range foothills west of Carlton when its mother was shot. The young cub was brought to campus by a student and later lived with a faculty member. When it grew to adulthood it was kept in a pit in what is now known as Hess Creek Canyon south of the campus. It escaped one too many times and was turned into steak for the dining table and the hide preserved on a frame and displayed in an early campus museum. When it deteriorated several years later, it was taken to a campus furnace room to be destroyed, but the framework proved a problem in dismantling, so it was left sitting in a corner. Students found the old Bruin skin later and began skirmishes over ownership, a tradition that continued 85 years later. "Bruin Junior," under a set of guidelines passed down for years, was fought over periodically in class competition with the class able to physically drag the Bruin replica off campus declared the rightful owner until next "flashed."

Even with the Bruin tradition, somewhere along the line, the "Quaker" tag to athletic teams came into popularity with sportswriters because of the college's church affiliation, and that nickname was used, along with a mascot "Foxy George," a little fox with a Quaker hat. Both gained acceptance for a period in the 1950s and 1960s until a vote of faculty, students, and administration in 1970 reinstated the Bruin nickname to its rightful place.

BRUIN RECORDS

Event	Time/ Distance	Year	Holder
100-Yard Dash	9.7	1977	Gregg Griffin John Koroma
220-Yard Dash	21.5	1976	Gregg Griffin
440-Yard Dash	48.6	1977	Werner Seibert
880-Yard Dash	1:55.3	1977	Cliff McCurdy
Mile Run	4:11.1	1976	Bruce Greene
2-Mile Run	9:07.8	1977	Steve Blikstad
3-Mile Run	14:09.3	1976	Steve Blikstad
6-Mile Run	29:19.5	1977	Steve Blikstad
Steeplechase	8:50.16	1977	Steve Blikstad
120 High Hurdles	15.1	1966	Gary Blackmar
440 Intermediate Hurdles	55.3	1973 1974	Tim Weaver Bruce Ponder
Long Jump	23-1	1964	Allen Fowler
Triple Jump	48-5	1972	Mark Halland
High Jump	6-6	1977	Lon Austin
Pole Vault	15-8	1969	Dave McDonald
Shot Put	55-3	1968	Bob Hadlock
Discus	151-3½	1975	Dell Dittus
Javelin	230-6	1975	Eb Buck
Hammer	154-11	1977	Allan Morrow
440-Yard Relay	42.4	1975	Amadu Koroma Chad Neeley Bruce Ponder John Koroma
Mile Relay	3:20.3	1975	Chad Neeley Larry Bales Matt Heathco Pruce Ponder
Decathlon	7,054	1975	Eb Buck
Marathon	2:25.19	1973	Curt Ankeny
880-Yard Relay	1:29.2	1977	Gregg Griffin Chad Neeley Duane Swafford Werner Seibert

1978 GEORGE FOX COLLEGE BRUIN TRACK & FIELD

Date		Opponent	Site
Feb.	25	Trails End Marathon NAIA Championship Marathon	Seaside
Mar.	4	Linfield Icebreaker Invitational	McMinnville
	11	Oregon College Relays	Portland
	18	Spring Vacation	
	25	GFC Invitational (Coed)	Newberg
Apr.	1	NNC Invitational	Nampa
	8	Oregon College of Education/ Southern Oregon College/ Spokane Falls Community	Salem Sprague HS
	15	University of Puget Sound	Tacoma
	22	Mt. Hood Relays	Gresham
	28	Willamette (Coed)	Newberg
May	6	Open	
	13-14	NAIA District 2 Championships	Salem
	18-20	NAIA National Championships	Abilene, Tex.