

1991

### 1991 Press Release

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May 28, 1991

## GFC GETS FOUR ALL-AMERICAN PERFORMANCES IN NAIA TRACK NATIONALS

Four All-American performances, including one national championship, have given George Fox College's track teams the best combination national finish by any NAIA District 2 college.

The Newberg teams produced top five performances in the women's 5,000 and 10,000 meters and the men's 800 meter run and 10,000 meter racewalk. The Bruins also had two "near misses" when entrants finished seventh in their events, with the top six earning All-American designation.

The Lady Bruins, behind the national championship run of junior Jill Jamison Beals in the 10,000 meters, finished 12th nationally with 18 points. Fifty-five teams scored in the three-day meet ending Saturday (May 25) in Stephenville, Texas.

George Fox men compiled 11 points for a 27th finish among 73 scoring teams. The closest District 2 finish to the Bruins was by Western Oregon, with its men's squad in 20th and women's team at 23rd.

"We're beginning to get some notice here that there are some good things going on out there," said George Fox Coach Wes Cook from Texas late Saturday after the meet.

In addition to winning the 10,000 on Thursday (see separate story), Beals on Saturday finished third in the 5,000 meter run, timed at 17:19.42. She

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entered the nationals ranked second with a season best of 16:53.39.

Two Bruins finished fifth in the nation in their events. Todd Bos, a senior from Manhattan, Montana, set a new George Fox school record in the 800 when he finished at 1:50.00. It was the third day in a row Bos set the GFC record as he raced two preliminary heats to get to the finals. Bos, who won the NAIA District 2 title in the 800 meters at 1:53.66, went into the race ranked ninth.

Senior Vance Godfrey produced his best-ever time at the nationals when he finished fifth in the 10,000 meter racewalk at 46:37.36. The four-time District 2 champion won the crown this year with a meet record 46:11.57. Ranked sixth going into the national meet this year, Godfrey finished seventh a year ago at 48:08.9. He has a personal best of 45:40.5.

In the same race, Newberg sophomore David Thomas finished ninth at 51:39.81. He went to the national walk rated 11th after finishing as District 2 runnerup and with a personal record of 50:44.6.

In George Fox's near misses, freshman Jon Morse, Coquille, finished seventh in the 1,500 at 3:51.08, just missing All-American status. The same thing happened to senior Dianne Petersen in the 10,000 meter run. The senior from Entiat, Wash., finished seventh at 38:10.60. Morse went to the meet rated ninth, finishing as District 2 runnerup at 3:54.55. He has a personal record of 3:50.3.

Other George Fox finishes: senior Mark Mohnen, Beaverton, and sophomore Jon Wright, Caldwell, Idaho, ended 8th and 13th, respectively, in the 10,000

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meter race. Mohnen finished at 32:01.19 and Wright at 32:39.72. They went in ranked fifth and sixth, Mohnen with a personal best of 30:42.5 and Wright 30:46.6.

Salem junior Ron Marsh was ninth in the 1,500 meters at 3:54.78

Marlyss Stenberg, a sophomore from Canyonville, Ore., set three George Fox records in her 12th place finish in the heptathlon. She compiled 2,460 points the first day, 1,719 the second, compared to previous records of 2,409 and 1,703. She won the District 2 championship with 4,112

GFC sophomore Mike Murphy was the fastest non-qualifier in the steeplechase. Twelve runners make it to the finals and Murphy, from Monmouth, had a 13th place time of 9:48.76. He produced a 9:43.70 time in the district meet, finishing third.

Sophomore Phaydra Newport, Sitka, Alaska, was disqualified in the 3,000 meter race as she made contact with another runner.

The national meet was held in two days of "nice" weather, according to Cook. That is, he said, it wasn't the blistering heat of a year ago. This year the hot weather was reserved for the final day after morning thunderstorms.



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## GFC'S JILL BEALS WINS NATIONAL NAIA 10,000 METER RACE

George Fox College's Jill Jamison Beals has won her second NAIA 10,000 meter championship in three years, finishing more than a minute in front of the runnerup.

In dominating fashion, Beals reclaimed the 10K national title in a Thursday morning (May 23) run at the NAIA track and field championships in Stephenville, Texas.

A junior from Newberg, Beals ran alone the last three miles, completing the race in 35:50.39. In second place was 1991 NAIA indoor three-mile champion Amber Anderson of Midland Lutheran with a time of 36:53.90.

In winning handily, the second-ranked Beals didn't come close to a personal record 35:13.3 she set earlier this season. She did beat her 1989 championship time of 36:08.71.

The 1988 NAIA cross country runnerup lost her 10,000 distance crown last year when she finished ninth on a hot 90-plus degree race day that included a lap counting controversy. Beals and several other runners were signaled for a last lap, but when they completed it they were told they had another to go. Beals was seventh at that point, but finished ninth, at 39:05. After the exhausting run in the heat last spring, Beals and teammate Dianne Petersen, a senior from Entiat, Wash., spent the night in the hospital.

George Fox College

Beals Wins National NAIA 10,000

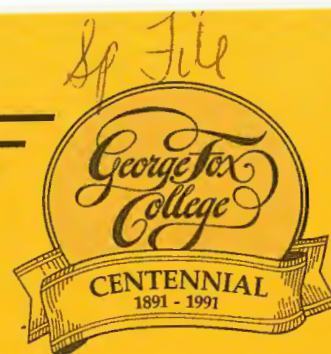
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George Fox coach Wes Cook described this year's 85-degree weather as "cooperative."

Peterson, ranked eighth in the nation going into the race, finished seventh Thursday with a time of 38:10.60. Her finish was 27 seconds away from All-American designation, an honor given to the top six runners. She has previously run 36:59.0 in the 10,000.

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June 17, 1991

## MORE NAIA NATIONAL HONORS GO TO TWO GEORGE FOX TRACK COMPETITORS

Two George Fox College track All-Americans have received one more national honor with their naming as NAIA Scholar Athletes.

Jill Jamison Beals and Todd Bos are 1991 selections for the NAIA's academic honors listing. Beals, with a 3.89 average as a math major, has the second highest grade average on the national honors listing. Bos is the only NAIA District 2 male on the national list. He has a 3.51 grade average in math education.

For Beals, the national recognition is her third this spring. On the track Beals led the Lady Bruins to 12th place in the NAIA National Track and Field Championships in Stephenville, Texas. On May 23, she won her second national 10,000 meter race at 35:50.39. Two days later, at the same meet, she placed third in the 5,000 meter run with a time of 17:19.42.

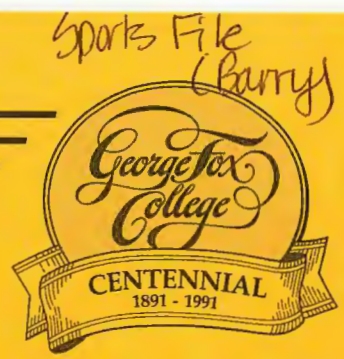
In the District 2 meet, the Newberg junior won two of the three races she entered. She took the 3,000 meter run at 10:12.03 and the 5,000 meter race at 17:44.31. She also finished second in the 1,500 meters with a ~~personal~~ <sup>personal</sup> best of 4:41.10. Beals is joined by Willamette's Jennifer Goettsche as the only two NAIA District 2 women athletes named Scholar Athletes. Beals, the 1988 NAIA cross country national runner-up, now has seven NAIA All-American designations.

Bos, a junior from Manhattan, Montana, set a George Fox school record in the national 800 meter dash when he finished fifth at 1:50.00. It was the third day in a row he set the GFC record as he raced two preliminary heats to get to the finals. Bos entered the nationals ranked ninth after winning the District 2 title at 1:53.66. He also won the district 1,500 meter race at 3:54.55.

On campus, Beals and Bos also have won similar honors in post-season awards. Each was named Most Valuable teammates. Beals shared the MVP award with Marlyss Stenberg, Canyonville, who won the District 2 heptathlon title and also received the team's "Exemplify" award. Bos also was named Most Inspirational for the Bruins.

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May 20, 1991

## GEORGE FOX TO SEND 16 TO NAIA TRACK NATIONALS IN TEXAS

George Fox College will send 16 track and field athletes to Stephenville, Tex., to run and walk with the nation's elite.

The Bruins will compete Thursday through Saturday (May 23-25) at the NAIA track championships.

Coach Wes Cook will take eleven Bruin men, including four NAIA District 2 champions. Five Lady Bruins will make the trip, two of them district champions. Only one George Fox athlete will compete in a non-racing events. Cook hopes his endurance people will overcome the short distance speed bent of the meet.

Not counting tenth-ranked heptathlon competitor Marlyss Stenberg, who won the District 2 title, the shortest distance race in which a GFC entrant will compete will be the 400 meter intermediate hurdles.

Cook is excited with the endurance group. "We've never had this many so high ranked," he says, "It's the most we've had ranked in the top 15." Of 16 GFC tracksters, all but 2 have times in the top 15 in the nation and 8 are in the top 10.

The Bruins' best chance to place will probably come in the 10,000 meter running and walking events. Senior Vance Godfrey, Independence, Ore., will enter his fourth national racewalk ranked sixth in the nation. He finished seventh last year at 48:08.9. Godfrey won his fourth district title with a meet record 46:11.57. His personal record and season best is 45:40.5.

Eleventh-ranked sophomore David Thomas of Newberg, who finished as district runner-up in the racewalk, will take his 50:44.6 personal record into the same race.

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George Fox 10,000 meter runners Mark Mohnen, a senior from Beaverton, and sophomore Jon Wright, from Caldwell, Idaho, are ranked fifth and sixth, respectively, in the nation but did not compete in that event in the district meet. Cook explained that running the demanding event so close to the national race could have affected the runner's performance. Mohnen, with a personal best of 30:42.5, and Wright, at 30:46.6, will be competing in their first national meet.

District 10,000 meter and 5,000 meter champion Aaron Howard, a junior from Roseburg, will enter the shorter run. Howard won the 5,000 two weeks ago with a time of 15:20.02.

Todd Bos, the district's 800 and 1,500 meter champ, returns to nationals with a ninth place ranking in the 800. The senior from Manhattan, Montana, won the 800 at 1:53.66 and the 1,500 meters at 3:53.73.

George Fox will send the district's top two intermediate hurdlers to Texas. Two-time champion Brian Hartenstein, a junior from Colton, Ore., and senior Scott Brown, Tigard, will enter the 400 meter event. Hartenstein, won this year's crown at 54.70. Brown was second at 55.53.

Freshman Jon Morse, Coquille, Ore., will join 16th ranked Ron Marsh, a junior Salem, in the 1,500 race. Morse, ninth ranked nationally, has a personal record of 3:50.3 and was district runner-up with a time of 3:54.55. Marsh finished fifth in the district.

Sophomore Mike Murphy, Monmouth, Ore. will enter the steeplechase competition ranked ninth. Murphy placed third in the district meet, finishing the 3,000 meter race in 9:43.70.

Junior Jill Jamison Beals, Newberg, will lead the Lady Bruins in her third national track appearance. Beals, the 1988 10,000 meter national champion, suffered from heat and a

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lap counting controversy last year and finished ninth, at 39:05 after winning the year before with a time of 36:08.71.

This year Beals, the 3,000, 5,000, and half-marathon district champion, has the second best 10K time in the nation at 35:13.3. Beals will run in the 10,000 race and may enter the 5,000 meters run where she also is ranked second with a time of 16:53.39.

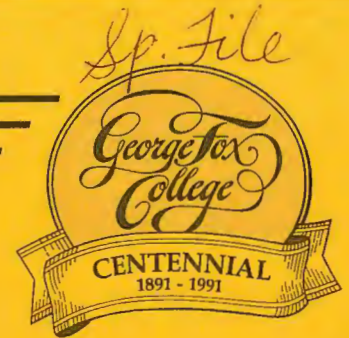
Eighth ranked Dianne Petersen, a senior from Entiat, Wash., will run with Beals in the 10,000 and could run the 5,000 meter distance. Peterson was second in the district 5,000 run at 18:31.42. She has a personal best of 36:59.0 in the 10,000 meters.

Stenberg, a sophomore from Canyonville, Ore., has a personal best of 4,112 in the heptathlon and also may enter the long jump contest.

Michelle Brown, a freshman from Beaverton, will run the 5,000 meter race. She was third in the District 2 meet at 18:38.29. Sophomore Phaydra Newport, Sitka, Alaska, will compete in the 3,000. She was fourth in the district at 10:35.67.

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May 13, 1991

## DISTRICT 2 TRACK CHAMPIONSHIPS: GFC SECOND AND SECOND FOR SECOND TIME

If it sounds familiar -- it is.

For the second year in a row, both George Fox College track teams are second in NAIA District 2, the women for the third consecutive year.

For the second year, both squads finished runner up to Western Oregon State. Last year the men's score was 205 for the Wolves, 173 for the Bruins. This year it was 180-150. A year ago GFC women were runnersup at 175-149. This year the gap narrowed to 144-133.

Last year the men picked up five individual district titles. This year they secured seven. The Lady Bruins had one champion a year ago, this spring they earned ~~three~~<sup>5</sup> titles.

George Fox women squeaked by Southern Oregon, which finished third with 132 points. Bruin men were well ahead of third place Linfield with 95 points.

GFC women made their move behind the two titles of distance runner Jill Jamison Beals. The junior standout, arguably the district's top track female, won both events in national qualifying times. Beals, from Newberg via Seattle, took the 3,000 meter run at 10:12.03 and the 5,000 meter race at 17:44.31. She also finished second in the 1,500 meters with a personal best of 4:41.10.

Beals beat national qualifying marks of 17:48.24 in the 5,000, where she has a personal best of 16:53.39, and bettered the national standard of 10:15.24 in the 3,000 meters.

In addition, Beals won the district's half marathon held earlier this year, with a time of 1:23.25.0, giving her three district titles in the year. Nevertheless, the Athlete of the Meet designation went to Jennifer Goettsche of Willamette, who won the 800 and 1,500 meter distances and was second to Beals in the 3,000 meters.

The other women's title went to sophomore Marlyss Stenberg, who won the 100 meter hurdles at 15.85. In the true definition of sportsmanship, she gave up her first place award to Tara Bevell of Eastern Oregon State. Stenberg, from Canyonville, Ore., would have finished second to Bevell, who stumbled and fell just before the finish line, and literally crawled to finish

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fifth. Bevell was recorded at 16.20.

Earlier in the year Stenberg won the district's heptathlon with 4,112 points, setting a new GFC record and qualifying for the NAIA nationals. In the district championships she was third in both the long jump at 17-4 1/2 and the 400 meter hurdles at 1:06.7.

In men's competition, GFC senior Vance Godfrey won his fourth consecutive District 2 race walk title. Godfrey, from Independence, timed the 10,000 meter distance in a meet record and national qualifying 46:11.57. He won last year at 47:35.7.

Godfrey's clocking broke the previous meet record of 46:46.5 set in 1979 by Sam Shick of Lewis & Clark.

Behind Godfrey was Newberg sophomore Dave Thomas, whose 50:58.26 second place finish also betters the national standard of 51:30.14.

The Bruins fielded a pair of double winners. Senior Aaron Howard, Roseburg, won the two longest running events held on the track. He won the 10,000 meter race at 32:04.2 and the 5,000 meters at 15:20.02.

Senior Todd Bos, Manhattan, Montana, won the 1,500 meter race at 3:53.73 and the 800 meter dash at 1:53.66. In both distances he was followed in second by Jonathan Morse, a Beaverton sophomore, who was second in the 1,500 run at 3:54.55 and runnerup in the 800 at 1:54.07. It was identical finish for GFC in both races as each time Ron Marsh, a junior from Salem, and Rolf Potts, a sophomore from Wichita, Kansas, finished fifth and sixth.

Winning the 400 meter intermediate hurdles for the second year was Brian Hartenstein. The Colton, Ore., junior won this year at 54.70, last year at 53.55. Teammate Scott Brown, a Tigard senior, was second at 55.53.

The Bruins' other individual champion is freshman Jonathan Huwe, Bigfork Montana. He won first in the discus with a toss of 147-9.

George Fox picked up a second place in the 4 by 400 meter relay with a 3:20.27 finish, behind Lewis & Clark at 3:18.0

The Bruins earned two third places with senior James Oshiro, Pearl City, Hawaii, finishing the 100 meters in 11.15, and Mike Murphy, a sophomore from Monmouth, timing the 3,000

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meter steeplechase at 9:43.70.

Other GFC finishers included Oshiro in the 400 intermediate hurdles, in fourth at 55.78 with Nate Moffett, a sophomore from Eagle River, Alaska, in sixth at 57.62. In the 5,000 meters, Jon Wright, a sophomore from Caldwell, Idaho, was fourth at 15:30.98; Mark Mohnen, a senior from Beaverton, was fifth at 15:31.55, and Matt Kirkpatrick, a sophomore from Beaverton, was sixth at 15:36.51.

Nate Grandle, a senior from Colton, Ore, was fifth in the hammer at 149-8 and Doug McLucas, a junior from Aloha was fifth in the 10,000 meters at 34:08.54.

In women's scoring, senior Diane Peterson, Entiat, Wash., finished second behind Beals in the 5,000 meters at 18:31.42. In third was Michelle Brown, a Beaverton freshman, at 18:38.29.

In the 3,000 meters Beals was followed by Peterson in third at 10:35.32, then Phaydra Newport, a sophomore from Sitka, Alaska, fourth at 10:35.67 and Brown in fifth at 10:36.58.

Freshman Tina Golden, Portland, was third in the high jump at 5-2 1/2. Also third was the Lady Bruin 4 by 100 meter relay team at 50.88. Members were Denise Carlson, West Linn senior; Tammy Peterson, Portland sophomore; Tina Golden, Portland freshman; and Stenberg. The 4 by 400 meter team was fifth.

Carlson was fifth in the 100 meters at 12.94. In fourth, fifth and sixth places in the 800 meters were Marne VanSise, a sophomore from Portland, at 2:19.63; Melissa Wilson, a junior from Salem, at 2:22.04; and Hannah Smith, a freshman from Lakeside at 2:22.66.

George Fox Coach Wes Cook decides this week which of his athletes he will take to the NAIA nationals starting May 23 in Stephenville, Tex.

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March 11, 1991

## TRACK BRUINS WIN SEVEN TEAM RUNNING EVENTS IN OREGON SMALL COLLEGE RELAYS

George Fox College track men won three team running events and women four in the Oregon Small College Relays Saturday (Mar. 9) at Western Oregon State in Monmouth.

In addition, George Fox freshman Jonathan Huwe won the discus throw with a toss of 133-7 to lead the Bruins to a first-place team finish in the discus competition. The three Bruins totaled 363-11 in distance, with Huwe, from Bigfork, Montana, followed by junior Mark Bingham, Medford, at 118-9 and sophomore Steve Prewitt, Battle Ground, Wash., at 111-07.

In winning the 4 X 800-meter relay the Bruin men set a new meet record at 7:50.34, breaking the old mark of 7:51.2 set by Western Oregon in 1985. Racing to the record were junior Ron Marsh, Salem; sophomore Ralph Potts, Wichita, Kan.; sophomore Jonathan Morse, Beaverton; and senior Todd Bos, Manhattan, Mont.

The 4 X 200 race was won at 1:32.9 by a team of senior James Oshiro, Pearl City, Hawaii; freshman Jason Lewis, Portland; junior Brian Hartenstein, Colton; and sophomore Darren Dilley, Portland.

GFC's 4 X 1,600 meter team won with a time of 18:01.6. Combining for the win were sophomore Mike Murphy, Monmouth; Bos; sophomore Jon Wright, Caldwell, Idaho; and senior Mark Mohnen, Aloha.

Bruin men took second in three other relays. The 4 X 100-meter team finished at 43.28 with Portland State in first with a meet record of 42.47. GFC team members were Oshiro, Lewis, Hartenstein and senior Scott Brown, Tigard. George Fox was runnerup in the sprint medley, composed of 100, 100, 200 and 400 distances. GFC's time of 1:36.5 was bettered by the 1:34.59, a new meet record, by Western Oregon. GFC members were Dilley, Oshiro, Hartenstein and sophomore Aaron Barnett, Salem.

The Bruins also took second in the 4 X 400 relay at 3:24.97, edged by Linfield's 3:24.36. Members were Marsh, Lewis, Potts and Hartenstein.

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George Fox was third in the javelin, long jump and high jump team competition. In the javelin, Trevor Lewis, a junior from Monmouth, was third overall at 173-6, with Rob Flanagan, a senior from Woodland, Wash., fifth at 156-8, and Brown 13th at 129-9 for a combined total of 459-11.

Brown led the long jump effort at 20-5 3/4. Flanagan was next at 19-11 1/2 and Eric Thompson, a sophomore from Hines, Ore., had a 17-5 1/2 effort for a team total of 57-10 3/4.

In the high jump two Bruins qualified for NAIA District 2 championship competition. Freshman Scott Borden jumped 6-4 and Brown went 6-2 to meet qualifying, followed by Lewis at 5-8 for a team total of 18-2.

In the 5,000 meters, sophomore Matt Kirkpatrick, Beaverton, was second at 15:35.54, qualifying for the district run.

In women's competition the Lady Bruins set a meet record in winning the distance medley at 12:39.75. That breaks the old mark of 12:47.10 set in 1989 by the University of Portland. Team members for the 1,200, 400, 800 and 1600-meter distances were junior Melissa Wilson, Salem; freshman Tammy Petersen, Portland; sophomore Phaydra Newport, Sitka, Alaska; and junior Jill Jamison Beals, Seattle.

GFC's 4 X 200 team won at 1:53.42, edging Lewis and Clark at 1:53.84. Team members were senior Denise Carlson, West Linn; sophomore Heather Burns, Newberg; Petersen and freshman Tammy Golden, Portland.

The Lady Bruin 4 X 400 team finished first at 4:11.99, a second ahead of the University of Portland. Team members were Hannah Smith, a sophomore from North Bend; Wilson; sophomore Marne VanSise, Portland, and sophomore Marlyss Stenberg, Canyonville.

The fourth relay title went to the 4 X 1,600-meter relay team, which won at 22:33.02. Composing the squad that set a new GFC record were senior Diane Petersen, Entiat, Wash; freshman Anita Linhart, Albany; sophomore Angie Murrell, Salem; and Newport. GFC's second squad finished second in the race at 22:43.5. Members were Beals; junior Karolyn Williams, Vancouver, Wash.; VanSise; and Michelle Brown, a freshman from Beaverton.

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The Lady Bruins picked up two second-place finishes. The 4 X 100 team was timed at 51.98. Members were Carlson, Tammy Petersen, Tammy Golden and her sister, Tina, also a freshman.

The 4 X 800 meter team was runnerup at 10:13.82. Running were Smith, Brown, Wilson and Beals.

Tina Golden placed second in the high jump at 5-0. Freshman Bobbi Sloan, Redmond, was second in the long jump at 14-7 and sixth in the triple jump at 32-1.

"We had some really good efforts," GFC Coach Wes Cook said. "It was a lot of fun. When it was over, I wished there were more ... despite the weather." The day featured rainy and cool weather.

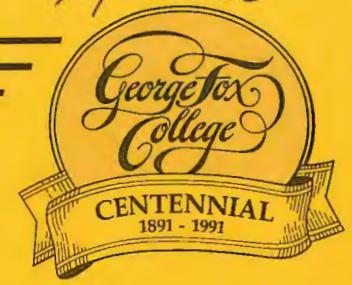
The Bruins split up for the weekend competition. Friday (Mar. 15) some of the Bruins are at the Willamette Open in Salem starting at 1 p.m. Saturday some are in Eugene at the Oregon Open or at the University of Washington Classic in Seattle.



*Sp. File*

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April 29, 1991

## TRACK BRUINS SET FOUR DISTRICT BESTS, TWO SCHOOL RECORDS IN UNIVERSITY OREGON INVITATIONAL

George Fox College track athletes stepped out of NAIA District 2 action Saturday (April 27) and stepped up to NCAA competition.

The challenge scheduled by Bruin coach Wes Cook didn't leave his athletes in awe. They simply used the occasion to produce two new national NAIA qualifying marks, two school records and four NAIA District 2 season's bests.

Senior Todd Bos, Manhattan, Montana, blazed the 800 in 1:52.0 to set a new GFC record, qualify for nationals and producing NAIA District 2's fastest time this season. The previous Bruin record was 1:52.7 set by Wendell Otto in 1979. The national standard is 1:52.24.

Senior Mark Mohnen did nearly the same in the 10,000 meters. Mohnen, from Beaverton, produced an NAIA national qualifying time of 30:42.5, the best in NAIA District 2 this season and a national qualifying time, under the required 31:00.24. It's the second fastest time ever by a GFC athlete, topped only by the 30:22.8 Steve Blikstad in 1977.

Junior Brian Hartenstein ran the 400 intermediate hurdles in 53:59, the fastest in the district in 1991 and a personal record. He just missed national qualifying -- 53.24.

Melissa Wilson, a junior from Salem, matched Bos in the 800, producing a women's season district best at 2:19.24, third fastest ever at GFC.

GFC's men's 4 X 4 relay team nipped the previous school record at 3:18.32. The previous record was 3:18.34. All four Bruin runners produced personal records in their splits: James Oshiro, a senior from Pearl City, Hawaii, led off with a 49.9; junior Ron Marsh, Salem, equaled it; Hartenstein ran his leg in 49.5 and Bos picked up his second personal record of the day with a 48.9 finish.

Freshman Michelle Brown, Beaverton, ran the 3,000 meters in 10:17.2, the second fastest time ever for a Lady Bruin. Teammate Jill Jamison Beals holds the school title at 9:54.0. In

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Track Bruins Set Four District Bests

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the same race, Phaydra Newport, a sophomore from Sitka, Alaska, ran a 10:18.4, third fastest ever at GFC.

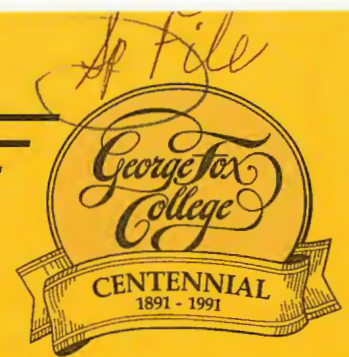
Jonathan Morse, a Beaverton sophomore, won the 1,500 at 3:53.17, with Marsh third at 3:53.45.

Also on Saturday, two Bruins competed in the Willamette University-Linfield College duo meet in Salem. Senior Vanni Tilzey, Nampa, Idaho, won the 1,500 at 3:59.5, his season best; and freshman Dennis Sinclair, Beaverton, was third in the 800 with a personal-best 2:00.5.

Saturday, May 4, the Bruins are at the Western Oregon Open in Monmouth.

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April 22, 1991

## BRUINS RECORD 27 DISTRICT QUALIFYING MARKS; MORSE WINS 1,500 AT WOSC

He's only a sophomore, but George Fox College's Jon Morse has served notice he's in contention to claim NAIA District 2's 1,500 meter championship.

Morse took defending district champion Carl Roelle of Western Oregon State to the wire Saturday (April 20) on Roelle's home track -- and won, nipping him 3:50.3 to 3:50.5.

How fast was the time? Last year Roelle won the district crown at 3:55.7.

This year Morse's timing is national qualifying, under the 3:52.0 NAIA standard to compete in the nationals May 23-25 in Stephenville, Tex.

Morse, from Beaverton, set a personal record, the second fastest time ever for George Fox. Wendell Otto holds the record at 3:49.7. Morse's time Saturday was the second-best ever at McArthur Sports Field.

Morse led a pack of Bruins in the race. George Fox placed eight runners in the top ten finishers, six in the top seven.

Four of the Bruins passed District qualifying. Senior Todd Bos, Manhattan, Mont., was third at 3:52.5, a personal record; junior Ron Marsh, Salem was fourth at 3:54.1; and junior Aaron Howard, Roseburg, was fifth at 3:59.9.

In women's competition in the non-team scoring meet, Jill Jamison Beals won the 5,000 meters in a national qualifying time of 17:13.7, setting a new McArthur Sports Field record. Her time surpassed by more than two minutes the previous best of 19:29 set last season by the University of Portland's Becky Henry.

The Lady Bruins swept the event, winning the top four spots, all marks the fastest ever at GFC and all district qualifying. Finishing, in order, were senior Diane Petersen, Entiat, Wash., at 17:59.4; freshman Michelle Brown, Beaverton, 18:10.8; and sophomore Phaydra Newport, Sitka, Alaska, at 18:21.1

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George Fox College

Bruins Record 27 District Qualifying Marks

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Sophomore Marylss Stenberg led the way in Lady Bruin scoring, winning three events and setting one GFC record. Stenberg, from Canyonville, Ore., produced a personal and school record 17-5 long jump; claimed the 100 hurdles at 15.6; and recorded a personal record time of 1:05.8 to win the 400 low hurdles in a new McArthur Sports Field record.

In all, George Fox produced 27 district qualifying times or distances, the men with 15.

Sophomore Rolf Potts, Wichita, Kan., won the 800 dash with a personal best and district qualifying 1:54.8; freshman thrower Jon Huwe, Bigfork, Montana, hurled the discus 147-1 to win and qualify; and Scott Brown, a senior from Tigard, won the 400-meter intermediate hurdles at 54.4 . He was followed by teammate James Oshiro, a senior from Pearl City, Hawaii, at 54.9, also district qualifying.

The men's 4 by 400 relay team of Oshiro, Bos, Morse and Marsh took first at 3:22.4, a district-qualifying time. GFC's 4 by 100 meter team finished third, but qualified for district at 44.0. Members are Oshiro, senior Randy Hutchins, Sweet Home; junior Brian Hartenstein, Colton; and Brown.

Freshman Jason Strait, Newberg cleared 14-0 in the pole vault, a foot over district qualifying to finish third with a personal record and GFC's third all-time best mark.

In the 400 meters, Jason Lewis, a freshman from Portland, was timed at 50.6, fifth overall, but district qualifying. Scott Borden, a freshman from Sherwood went 6-2 1/4 to top district qualifying (6-1) in the high jump., He was fourth. GFC alumnus Tim Hagen was first in a non-counting 6-8 1/4. In the javelin, Trevor Lewis, a junior from Monmouth qualified - exactly -- at 177-1.

In women's competition, the Lady Bruins won two other events in addition to those captured by Stenberg and Beals. Hannah Smith, a freshman from North Bend, won the 800 meter race at 2:22.4, two seconds under qualifying. Teammate Marne VanSise, a sophomore from Portland, was second at 2:24.5, missing qualifying by a tenth of a second.

Karolyn Williams, a sophomore from Vancouver raced the 10,000 distance at 43:52.2 to win.

In the 200 meter dash, freshman Tami Golden, Portland, finished second at 26.9, a district qualifying time. Her sister, Tina, also a freshman, was second in the high jump at

George Fox College

Bruins Record 27 District Qualifying Marks  
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5-3, a district qualifying leap.

Sophomore Debbie Sitz, Crane, was fourth in the triple jump at 33-0 1/2, but qualified for district.

Following Stenberg in the 100 meters and in the 400-meter low hurdles was Tammy Peterson, a freshman from Portland, third overall at 17.9 in the 100 and third overall in the hurdles at 1:10.1, a district qualifying time. Following Stenberg in the long jump was freshman Bobbi Sloan, Redmond, at 15.5.5, in third place.

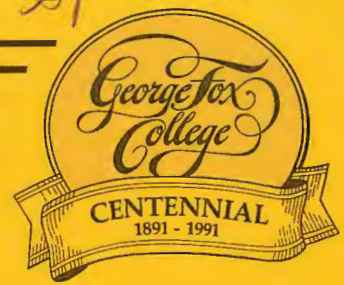
The Lady Bruins picked up three non-qualifying second place finishes: Tammy Shepherd, a freshman from Eagle River, Alaska, in the shot at 30-7; Angela Murrell, a sophomore from Salem in the 1,500 meter run at 5:07.6, and Denise Carlson, a senior from West Linn, with a 27.6 in the 200 meters.

Next up for George Fox is the University of Oregon Invitational Saturday, April 27, starting at 9 a.m. The NAIA District 2 championships are May 10 and 11 at Southern Oregon State in Ashland.

Sp. File

# SPORTS NEWS

GEORGE FOX COLLEGE  
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May 6, 1991

## TRACK BRUINS SET TWO SCHOOL RECORDS IN FINAL MEET BEFORE DISTRICT CHAMPIONSHIPS

Running the second fastest time reported in the nation this year in the NAIA, George Fox College junior Jill Jamison Beals on Saturday (May 4) set a new school record in the 5,000 meters.

Beals, from Newberg, was clocked in a meet record 16:53.39 at the Western Oregon State College Open in Monmouth. Beals beat her own previous school record of 17:12.42. She demolished the previous meet record of 19:29.41 set last spring by Becky Henry of Portland State University.

The NAIA standout in distance running already had qualified for national competition May 23-25 in Stephenville, Tex.

The school record was one of two set by the Lady Bruins in the competition. In the high jump, freshman Tina Golden, Portland, went 5-5 to pass the previous GFC best of 5-4 set by Sue Woolsey in 1987. Golden had matched that height in an April 13 meet on GFC's Colcord Field.

Five others from GFC qualified for NAIA District 2 championship competition Friday and Saturday (May 10-11) at Southern Oregon in Ashland.

Qualifying Bruins were senior Randy Hutchins, Sweet Home, in the 110-meter high hurdles with a personal best at 15:97; and junior Brian Nienaber, Bellevue, Wash, in the 800 at 1:57.59. He was third in his heat, and Hutchins was third in his race.

Three Lady Bruins passed district standards: sophomore Marne VanSise, Portland, ran the 800 in a personal best 2:18.14, for fourth place; senior Denise Carlson, West Linn, ran the 200 meter dash in 27.03, a personal best and fifth place; and sophomore Marlyss Stenberg, Canyonville, was sixth in the same race at 27:32, a personal record, to qualify.

Senior Todd Bos, Manhattan, Montana, set a meet record in the 1,500 meters with a 3:53.01. The old mark of 3:53.21 was set last season by Western's Carl Roelle.

In the 400 intermediate hurdles GFC junior Brian Hartenstein, Colton, Ore., finished second at 54:24, just ahead of teammate James Oshiro, a senior from Pearl City, Hawaii, at

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George Fox College

Final Meet Before District Championships

May 6, 1991

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55:01.

In the 800 meters, Jon Morse, Beaverton, and junior Ron Marsh, Salem, ran personal best times of 1:52.82 and 1:53.55, respectively, to finish fourth and fifth. Morse's time is a freshman record.

In the women's 1,500 distance, sophomore Phaydra Newport, Sitka, Alaska, was third at 4:45.37, followed by freshman Michelle Brown, Beaverton at 4:50.67 for fourth. Both set personal records.



*Sp File*  
sports news

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April 30, 1990

FOUR BRUINS QUALIFY FOR NATIONALS AT UNIVERSITY OF OREGON INVITATIONAL

Competing with the "big boys," George Fox College junior Scott Brown set four personal bests Thursday and Friday (April 26-27) to qualify for the NAIA decathlon nationals.

Brown finished fifth in the University of Oregon Invitational decathlon in Eugene, the top NAIA District 2 finisher, outscored only by PAC-10 competitors from Oregon and the University of Washington.

Brown compiled 6,112 points to pass the 6,000 standard for NAIA national competition May 23-26 in Stephenville, Tex. He set personal bests in the 400 with a 50.72 time, in the 110 high hurdles with a 17.00, in the javelin with a 147-9 throw, and in the pole vault at 13-3 1/2, a district-qualifying height.

Brown, from Portland's Madison High, won the 1,500 race at 4:20.13 as he helped pace Oregon's Mike Leonesio to a PAC-10 qualifying mark. Leonesio followed Brown at 4:23.90.

Brown was fifth in the hurdles, eighth in discus at 83-11, sixth in the pole vault, fifth in the javelin. He tossed the shot 29-0 the first day as he compiled 3,152 points, just under his personal record of 3,205. His second day total of 2,960 was a personal best.

The impressive showing followed a disappointing fourth-place in District 2 decathlon competition April 16-17 in La Grande. Brown was fifth in last spring's district championships.

Three others from George Fox also met NAIA national qualifying standards in the Oregon Invitational afternoon competition. Sophomore Brian Hartenstein, Colton, won the 400 meter hurdles race at 53.5, topping his previous 54.0 best and producing the

GEORGE FOX COLLEGE/NEWBERG, OREGON 97132



George Fox College

Four Bruins Qualify for Nationals

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third fastest time in the distance at GFC.

Sophomore Jill Jamison, Seattle, ran a season-best in the 5,000 meters in 17:49.5 to qualify for the nationals. Teammate Phaydra Newport, a freshman from Sitka, Alaska, finished at 18:23.0, the second best all-time at GFC, to finish in the top 15 nationally and eligible for national NAIA competition.

Sophomore Debbie Kintrea, Portland, set a George Fox record in the 800 meters with a 2:14.54, breaking her previous record of 2:16.0.

Also in the men's afternoon competition, freshman Shane Covelli, Beaverton, won the long jump at 22-4 1/2; freshman Mike Murphy, Monmouth, set a personal record in the steeplechase at 9:43.7, despite falling on the first hurdle; junior Vanni Tilzey, Nampa, Idaho, set a season best in the 1,500 distance at 3:58.23; senior Todd Bos, Manhattan, Montana, set a personal best in the 800 at 1:53.45; and sophomore Doug McLucas, Beaverton, clipped 20 seconds off his previous best to finish the 5,000 meters at 15:15.6, passing the district qualifying mark as he had done previously.

The Lady Bruin 4 X 100 relay team of senior Kelli Hagen, Newberg; junior Denise Carlson, West Linn; freshman Tracey Allmer, Bellevue, Wash., and sophomore Ginean Lewis, Pomona, Calif., won the event at 50.20

Sophomore Heather Morgan, Shelton, Wash., finished the 1,500 meters at 5:01 for a second best.

In the evening invitational the GFC men's 4 X 400 relay squad finished sixth overall, the highest NAIA District 2 team, at 3:21.65. Members are freshman Bill Dianda, St. Maries, Idaho; Covelli, Bos, and Hartenstein.

Junior Mark Mohnen, Beaverton, was 14th in the 5,000 meters at 14:53.2.

George Fox on Saturday (May 5) will participate in the Western Oregon Open in Monmouth, tuning up for the NAIA District 2 championships the following weekend in Salem.



April 15, 1991

## TRACK BRUINS SET TWO SCHOOL RECORDS; EIGHT MORE QUALIFY FOR DISTRICT

Before most of the competitors were even warmed up Saturday (April 13), George Fox College's Vance Godfrey already had blazed a new school record on GFC's Colcord Field.

The senior racewalker from Independence, Ore., toured the 5,000 distance in 21:51.2, clipping nearly four seconds off his previous GFC record of 21:55.1 set in March.

Godfrey already is qualified for the NAIA national meet in the 10,000 racewalk, scheduled to make his fourth national appearance May 23-25 in Stephenville, Tex. His time at that distance would have placed him third at national's last spring.

Godfrey's new mark was one of two set in the meet as George Fox hosted Western Oregon and University of Portland.

In women's competition, freshman Tina Golden tied a school record in the high jump, going 5-4 to match the height of Sue Woolsey in 1987. District qualifying is 4-11.

George Fox fell to Western Oregon 102-61 in men's competition. Western Oregon women dropped the Lady Bruins 108-46 and University of Portland topped GFC women 88-61.

Bruin coach Wes Cook held some of his top athletes out of competition because of the NAIA District 2 Multi-Events meet at Linfield Monday and Tuesday (April 15-16).

Even so, the Bruins set 29 personal records, 15 season bests and eight set new district qualifying marks.

Passing the district steeplechase standard of 10:00 was senior Vanni Tilzey, Nampa, Idaho, who finished in a personal record 9:55, and in first place. He was followed by sophomore Rolf Potts, Wichita, Kansas, in a personal record 10:11.8.

Qualifying in the high hurdles was sophomore Nathan Moffet, Eagle River, Alaska. He finished first at 15.7, just under the 15.8 standard. The Bruins swept the top three places with senior Randy Hutchens, Sweet Home, in second at 16.1, followed by sophomore Duane Wheeler, Coquille, at 16.2.

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George Fox College

Track Bruins Set Two School Records

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Senior Todd Bos, Manhattan, Montana, met the standard of 1:57.9 in the 800 meters, finishing second at 1:54.0. In first was sophomore Jonathan Morse, Beaverton, with a personal record at 1:53.6. GFC captured the top three places as junior Ron Marsh, Salem, finished at 1:54.3.

In the intermediate hurdles, sophomore James Oshiro, Pearl City, Hawaii, was second at 55.0 to pass the 56.6 qualifying. He was topped by teammate Brian Hartenstein, a junior from Colton, who won at 54.5. Oshiro was followed by Moffet at 57.5 in a Bruin sweep.

In the 5,000 meters, junior Doug McLucas, Aloha, was second, with his 15:34.2 time under the required 15:36.5.

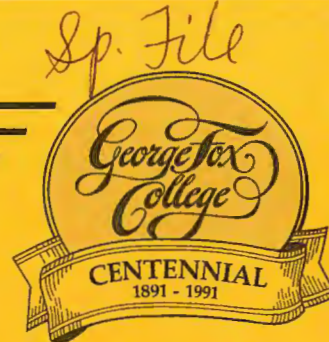
Women district qualifiers included Hannah Smith, a freshman from Lakeside, Ore., who ran the 400 in 1:02.5, second place, just under the 62.8 qualifying time.

Freshman Amy Gail, Klamath Falls, produced at 32-10 1/2 triple jump to pass the district standard of 32-8. The day's third place finish was the third best ever for a Lady Bruin.

The other Bruin event winners were freshman Jonathan Huwe, Bigfork, Montana, with a 144-10 discus toss, and sophomore Phaydra Newport, Sitka, Alaska, who claimed the 3,000 race at 10:36.8 a personal record. She was followed by Karolyn Williams a sophomore from Vancouver, Wash., who crossed the finish at 11:59.4.

George Fox and Western Oregon go at it again next Saturday (April 20) as GFC travels to Monmouth to also meet Linfield and Simon Fraser University.

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April 8, 1991

## FIVE NATIONAL QUALIFYING MARKS MET AS BRUINS HAVE "RED-NUMBER" DAY

A red-letter day signifies something memorable.

George Fox College track coach Wes Cook and his contingent made it a "red-number" day Saturday (April 6) in Bellingham, Wash., at the Western Washington University Invitational.

And, here are the numbers:

- \*\*\* 5 NAIA national qualifying marks
- \*\*\* 23 NAIA District 2 qualifying marks
- \*\*\* 15 GFC all-time best records
- \*\*\* 21 personal records
- \*\*\* 19 season bests.

Newberg junior Jill Jamison Beals qualified for the NAIA national championships twice in one race. On her way to winning the 10,000 meter run, Beals qualified for the 5,000 meter run as well.

Beals clocked the 5,000 meter stretch in 17:25.8, a time that would have placed her fifth in the national open 5,000 run last spring. Beals broke her own meet record in the 10,000 by 56 seconds, a record she set two years ago when she later won the NAIA national race at that distance. Her ~~36~~<sup>35</sup>:13.3 time was a national qualifying mark.

Also qualifying for the nationals in the same race was GFC senior Dianne Petersen, Entiat, Wash. She finished in 36:59 for fifth place. Freshman Michelle Brown, Beaverton finished in 38:14.9 as the trio swept to the top three all-time marks in the 10K at GFC.

Also qualifying for national competition: sophomore Jon Wright, Caldwell, Idaho, who was third in the men's 10,000 meters. He timed it at 30:46.6, second best ever at GFC. Freshman Jonathan Morse, Beaverton, was third in the 1,500 meters at 3:51.7 to qualify. His time is the third fastest at GFC at the distance.

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In addition to Beals, GFC's other event winner was sophomore Mike Murphy, Monmouth. He won the steeplechase at 9:45.6.

George Fox picked up two second places in the competition. Freshman Jason Strait, Newberg, pole vaulted to 12-11 1/2, and sophomore Marlyss Stenberg, Canyonville, had a leap of 16-11 in the long jump.

Senior Scott Brown, Tigard, was third in the 400 meter hurdles at 54.9. He also had a personal best on his leg of the 4 X 400 meter relay, at 49.4.

In the 5,000 meter racewalk, sophomore Dave Thomas, Newberg, finished fourth at 23:45.7. Stenberg was fourth in the 400-meter hurdles at 69.2.

Freshman Tina Golden, Portland, was fourth in the high jump at 4:11 1/4. Senior Aaron Howard, Roseburg, finished the 5,000 meters in 14:56.9, earning him fourth. Also placing fourth for GFC was the Lady Bruin 4 X 100-meter relay team, which ran a season's best at 51.8.

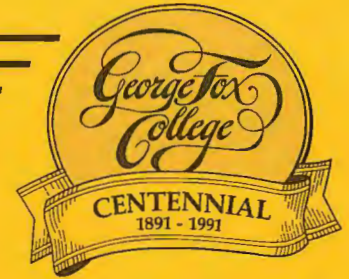
Fifth places went to: Morse, at 1:54.6 in the 800 meters; Ron Marsh, a junior from Salem, at 3:53.6 in the 1,500 meters; Matt Kirkpatrick, Beaverton, at 31:40.8 in the 10,000 meters; Marne VanSise, a Portland sophomore, 69.4 in the 400 hurdles; Nathan Moffet, a sophomore from Eagle Creek, Alaska, at 16.0 in the 110 meter hurdles; and both GFC men's relay teams. The 4 X 100 meter relay team finished at 43.8 and the 4 X 400 squad finished in 3:23.2.

Senior runner Todd Bos, Manhattan, Montana, became the 12th GFC runner to finish under four minutes in the 1,500 as he was clocked at 3:59.6.

Senior James Oshiro, Pearl City, Hawaii, tied his season best in the 100 meters at 11.2, had a personal best in the 400 meter hurdles at 57.3, and had a personal-best split in the 4 X 400 relay at 50.2.

George Fox hosts its only home meet of the year this Saturday (April 13), as Western Oregon visits. The racewalk starts at 11:30 a.m. , the hammer throw at 12:30 p.m. and running events at 1:15 p.m.

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## FOUR-WAY MEET FOR BRUINS LAST WEEKEND

George Fox College's track team had some great efforts to go with the great weather last Saturday at Western Oregon State.

In the men's field events, the Bruins had two district-qualifying efforts. In the pole vault, freshman Jason Straight of Newberg vaulted 13 feet for third place. In the javelin, sophomore Trevor Lewis of Monmouth was second with a throw of 187 feet. Other efforts in the field events included a 134-0 toss in the hammer by senior Nate Grandle of Colton for fourth place, and a throw of 117-8 by sophomore Steve Prewitt of Battle Ground, Wash., for sixth place and a personal record (PR). In the long jump, senior Tom Turcotte jumped 20-2 for third. In the shot-put, the Bruins had four of the top ten: Trevor Lewis, 40-3 (PR), third; freshman Ryan Gibb of Oregon City, 37-5, fifth; freshman Jonathan Huwe of Bigfork, Montana, 29-5 1/2, eighth; and senior Scott Brown of Tigard, 29-1, ninth. In the high jump, senior Aaron Irish of Albany was seventh with a leap of 5-10. In the discus, Huwe was third at 131-6, and junior Mark Bingham of Medford was fifth at 124-4.

In the running events, the men had seven marks good enough to qualify them for district. In the 1500-meter run, junior Ron Marsh of Salem won in a district-qualifying time of 3 minutes, 58.4 seconds, and Vanni Tilzey was second with 3:59.7, also a district-qualifying mark. The Bruins also took five of the next six places. Senior Aaron Howard of Roseburg, third, 4:05.8; sophomore Rolf Potts of Wichita, Kan., fourth, 4:07.9; sophomore Jon Wright of Caldwell, Idaho, fifth, 4:09.1 (PR). Matt Kirkpatrick, a Beaverton sophomore, was seventh in 4:12.3 (PR), and junior Jeff Larson, LaGrande, 4:16 was eighth.

In the 400-meter dash, freshman Jason Lewis of Portland, was second in 50.1, a time which qualifies him for district. Aaron Barnett, a sophomore from Salem, was fifth with a time of 51.8.

In the 100-meter dash, senior James Oshiro of Pearl City, Hawaii, qualified for district with a time of 11.2.

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In the first heat of the 800-meter dash, sophomore Jonathan Morse of Beaverton, was second over-all with a time of 1:54.4. Morse's time qualified him for district, was number five all-time for Fox, and is the freshman class record. (Morse is a freshman in eligibility after red shirting last season.) Potts was fifth with a time of 2:01.4. Junior Brian Nienaber of Bellevue, Wash., was sixth with a time of 2:03.4. In the second heat, Aaron Howard was second in 2:01.5. Freshman Dennis Sinclair of Beaverton, was fourth with a time of 2:03.1. Matt Kirkpatrick was sixth in 2:04.6 and Jon Wright was seventh in 2:09.8.

In the 400-meter hurdles, junior Brian Hartenstein of Colton qualified for district with a time of 55.3. Oshiro was second in 58.3, and sophomore Nathan Moffet of Eagle River, Alaska, was fourth in 1:00.1.

In the second heat of the 200-meter dash, Jason Lewis was fourth with a district-qualifying time of 22.5 (PR). Lewis also tied for number ten all-time for the Bruins. Aaron Irish was sixth at 24.6 in the same heat. In the first heat, Aaron Barnett was fifth in 23.7, and freshman Billy Reeves of Clatskanie was sixth in 25.5.

In the 110-meter hurdles, Nathan Moffet was first in 16.1, and sophomore Duane Wheeler of Coquille, was second in 16.4.

In the 5000-meter run, junior Doug McLucas of Newberg won in a time of 15:38.4.

The team of Oshiro, Lewis, Hartenstein, and Brown won the 400-meter relay in a time of 43.6. Oshiro, Tilzey, Hartenstein, and Marsh placed second in the 1600-meter relay, 3:25.2.

In women's competition, sophomore Phaydra Newport of Sitka, Alaska, won the 1500-meter run in a time of 4:55.9 (district qualifying).

In the 100-meter hurdles, sophomore Marlyss Stenberg of Canyonville won in 15.3. Stenberg's time was district qualifying and tied number two all-time for George Fox. Freshman Tammy Petersen of Portland was sixth in 18.3.

In the 100-meter dash, freshman Tammy Golden of Portland finished the race in a time of 15.6, despite injuring her leg.

In the 800-meter dash, junior Melissa Wilson of Salem won and qualified for district with a time of 2:21.9 (#4 all-time for the Bruins). Freshman Hannah Smith of North Bend, was third

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in 2:25.9.

In heat one of the 400-meter hurdles, sophomore Marne VanSise of Portland won in 1:08.9, qualifying her for district. Also qualifying for district was sophomore Heather Burns of Newberg in a time of 1:11.5 (PR). In the second heat, Marlyss Stenberg won in a time of 1:08.0, and Tammy Petersen was second in 1:12.0. Both women qualified for district.

In the 3000-meter run, junior Jill Jamison Beals of Newberg qualified for both district and nationals when she won in a time of 10:13. Senior Dianne Petersen of Entiat, Wash., was second in 10:26.2, a time which qualified her for district and moved her to number two on the all-time best list for Fox. Also qualifying for district were freshman Michelle Brown of Beaverton, third, 10:36.6, and sophomore Angie Murrell of Salem, fourth, 11:20.5. Phaydra Newport was sixth in 12:23.6, and Karolyn Williams was seventh in 12:23.9.

The team of Tina Golden, Tammy Golden, Smith, and Wilson placed second in the sprint medley relay in a time of 1:56.8. In the 400-meter relay, the team of sophomore Debbie Sitz, Crane, T. Petersen, Tammy Golden, and Tina Golden was second in 52.3. The Lady Bruins won the 1600-meter relay in 4:15.1. The team consisted of Sitz, Burns, VanSise, and Wilson.

In the triple jump, Debbie Sitz was second at 32-3 3/4. Heather Burns was second at 31-11 1/4 (PR), and freshman Bobbi Sloan of Redmond, was fifth, 31-4 1/2.

In the shot-put, freshman Tammy Shepherd of Eagle River, Alaska, was fifth at 29-2, and Marlyss Stenberg was sixth at 28-5 1/2.

Tina Golden qualified for district in the high jump with a jump of 5-2, for third place.

In the long jump, Bobbi Sloan was third with a jump of 16-3, which was also a district qualifying mark, and tied her for number five on the GFC all-time best list.

Freshman Eva Pattee of Silverton was fifth in the javelin with a throw of 118-1, making her number three all-time at George Fox. Marlyss Stenberg was seventh with a throw of 79-6.

The Bruins next meet will be the Western Washington Invitational in Bellingham, Wash., Saturday, April 6.



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March 18, 1991

## BRUINS WALK, RUN TO NATIONAL TIMES AND GFC RECORDS

George Fox College senior Vance Godfrey went for a walk Friday afternoon (Mar. 15) on his last day before spring break.

It was a walk of national-level importance.

In 45 minutes, 40.5 seconds Godfrey walked 10,000 meters.

That time is good enough to have placed third in the nation last year in the NAIA national track and field meet. It sets a George Fox school record.

Godfrey, from Independence, took just less than two minutes off his previous school record of 47:30 set a year ago. He was nearly six minutes under NAIA qualifying time of 51:30.24. In winning the race at the annual Willamette University Open in Salem, Godfrey was nearly four minutes ahead of his closest competitor, Andrew Hermann of Willamette.

But it wasn't just Godfrey who qualified for GFC in the national race. Teammate David Thomas, a Newberg sophomore, walked the course in a national-qualifying time of 50:44.6, the second-fastest GFC competitor ever in the distance.

And, Godfrey and Thomas are not the only national qualifiers in weekend competition.

Saturday (Mar. 16) in Eugene, GFC junior Jill Jamison Beals ran the 3,000 meters in 9:53.7. The time clips her 9:54 school record set two years ago and qualifies her for NAIA national competition May 23-25 in Texas.

Beals, who now lives in Newberg, was fifth overall in the University of Oregon Preview meet. Teammate Dianne Petersen, a junior from Entiat, Wash., was timed at 10:34.3, third all-time at GFC, and a district qualifying mark. She claimed the third-place position less than 24 hours after Michelle Brown, a freshman from Beaverton, timed the distance at 10:34.6 (now fourth all-time for GFC women) to win the 3,000 meter run at Willamette.

Splitting his squad into competition in both Salem and Eugene, Bruin coach Wes Cook came up with nine district qualifying marks in each meet.

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George Fox College

Track Sets GFC Records

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At Willamette, senior Mark Mohnen, Aloha, finished second in the 1,500 meters -- first among District 2 runners, at 4:02.7 with teammate Todd Bos, a senior from Manhattan, Montana in third at 4:04.1.

In the 400 intermediate hurdles junior Brian Hartenstein, Colton, was the top District 2 competitor, second overall, at 55.4.

Senior Vanni Tilzey, Nampa, Idaho, was the top district runner in the 5,000 meters, fourth overall, at 15:23.50. In the javelin, Rob Flanagan, a junior from Woodland, Wash., was the second district finisher, at 179-0, qualifying for district with a new personal record.

In women's competition, Tammy Golden a freshman from Portland, jumped 5-2 to qualify for district. Tammy Petersen, a freshman from Portland, completed the 400 intermediates in 1:11.6 to qualify for district. She was fourth overall, second among district runners.

Marlyss Stenberg, a sophomore from Canyonville, Ore., raced the 100 high hurdles in 16.6 to qualify for district.

In the 10,000 meters, sophomore Phaydra Newport, Sitka, Alaska, won at 38:41.3, third all time at that distance for GFC.

Seven men passed district-qualifying standards at the University of Oregon meet.

Just one second off national qualifying was Ron Marsh, a junior from Salem, who ran the 800 in 1:54.08, a personal record that is fourth best all-time at GFC.

In the 1,500 meters two Bruins qualified. Jonathan Morse, a sophomore from Beaverton, finished fourth overall at 3:53.34, a personal record by seven seconds, fourth best time ever at GFC. Teammate Aaron Howard, a junior from Roseburg, finished at 4:00.04, his personal best at the distance.

Trevor Lewis, a sophomore from Monmouth, threw the javelin 185-4, a season best. Also throwing a qualifying mark was Jonathan Huwe, a freshman from Bigfork, Montana, who tossed the discus 145-6, a personal best.

Also with a personal record and district qualifying time was Mike Murphy, a sophomore from Monmouth. He posted a 9:27.81 in the 3,000 steeplechase.

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George Fox College

Track Sets GFC Records

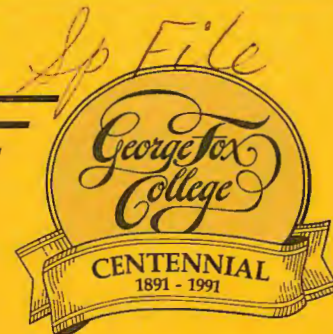
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Scott Brown, a senior from Tigard, ran the 400 meters in 50:88, a season best and district qualifying time.

This week most of the Bruins take a weekend out of competition because of spring break on campus, resuming March 25-26 at the Spring Open Multi-Events at Linfield.

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March 4, 1991

## GEORGE FOX TRACK BRUINS OPEN SEASON IN ICEBREAKER

Good performances and bad weather teamed up as George Fox College opened its 1991 track season Saturday (Mar. 2) in McMinnville.

The Linfield College Icebreaker didn't have ice, but it did feature strong winds and driving rain. Despite the weather, the Bruin competitors did well.

"We had a terrible day weather-wise," said GFC Coach Wes Cook. "But our people turned in some good performances."

At the top was the school-record effort of senior Vance Godfrey in the 5,000 racewalk. Godfrey, from Independence, Ore., won the event, covering the course in 21:55.1, breaking his previous best of 22:31.4.

Two other GFC competitors won their races. Jason Lewis, a freshman from Portland, was the winner of his 400-meter heat at 51.1, second overall in the four-heat event. For the Lady Bruins, the individual winner was senior Diane Peterson, Entiat, Wash. She captured the 10,000 meter run in 38:46.1, the third fastest time for a GFC runner at the distance.

Both the men's and women's long-relay squads won. The men won their 1,600 meter race at 3:24.8, with a team of Ron Marsh, a junior from Salem; Jon Morse, a sophomore from Beaverton; Aaron Barnett, a sophomore from Salem; and Scott Brown, a senior from Tigard.

The Lady Bruins won their 1,600 relay at 4:20.9. Team members are: Hannah Smith, a freshman from Lakeside; Carrie Hansen, a freshman from North Bend; Tammy Petersen, a freshman from Eagle River, Alaska; and Melissa Wilson, a junior from Salem.

In the 1,500 meter distance two Bruins qualified for NAIA District 2 competition: Marsh at 4:02.9, fourth overall, and Morse, at 4:03.9.

Four Bruins qualified for the district 5,000 meter distance: Mike Murphy, a Monmouth sophomore, third at 15:16.5; Jon Wright, a sophomore from Caldwell, Idaho, fourth at 15:17.6; Mark Mohnen, a senior from Aloha, fifth at 15:21.4; and Aaron Howard, a senior from Roseburg, sixth at 15:27.1.

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George Fox College

Track Open Season in Icebreaker

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Thrower Nate Grandle, a Colton senior, qualified in the hammer throw with a 151-4 toss.

In the women's 3,000 meter run, sophomores Phaydra Newport, Sitka, Alaska, and Angie Murrell of Salem, both qualified for the district championship run. Newport was fourth at 10:49 and Murrell sixth at 11:08.

George Fox competes Saturday, March 9, in the Oregon Small College Relays at Western Oregon State, starting at noon.