

1993

### 1993 Statistics

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GEORGE FOX COLLEGE BRUIN TRACK & FIELD

1993 SEASON'S BESTS

( \*\* DISTRICT QUALIFYING MARK/ ++ NATIONAL QUALIFYING MARK)  
(...) Eligibility

<u>100</u>	** ++ (11.34/10.74)	<u>200</u>	(23.14/21.64)	<u>400</u>	(50.84/47.94)
11.33	Tim Robinson (2)	22.68	Jason Lewis (3)	48.97	Jason Lewis (3)
11.52	Rob Rising (2)	22.84	Tim Robinson (2)	50.24	Torrey Lindbo (2)
11.74	John Smith (1)	22.94	Rob Rising (2)	51.24	Rob Rising (2)
11.94	Aaron Young (2)			52.44	Tim Robinson (2)
				53.14	Aaron Young (2)
				54.44	John Smith (1)
<u>800</u>	(1:58.14/1:53.24)	<u>1500</u>	(4:02.24/3:53.54)	<u>5000</u>	(15:28.94/14:52.24)
1:54.73	Torrey Lindbo (2)	3:51.44	Jonathan Morse (3)	14:31.17	Jonathan Morse (3)
1:55.65	Chuy Rome (1)	3:56.87	Rolf Potts (4)	15:22.63	Jon Ulmer (1)
1:56.84	Rolf Potts (4)	3:57.64	Josh Kneeshaw (2)	15:33.14	Ed Sloan (3)
1:57.24	Jonathan Morse (3)	4:02.29	Ed Sloan (3)	15:36.24	Jon Wright (4)
1:58.11	Josh Kneeshaw (2)	4:02.64	Chuy Rome (1)	15:39.97	Jim Brewer (1)
1:59.74	Tom Heuberger (1)	4:04.58	Dave Dewar (1)	15:42.24	Rolf Potts (4)
2:01.44	Jason Lewis (3)	4:07.20	Jon Ulmer (1)	16:04.84	Tim Tank (1)
2:01.84	Dennis Sinclair (3)	4:11.44	Jim Brewer (1)	16:29.24	Dave Dewar (1)
2:01.94	Jon Ulmer (1)	4:15.04	Tim Tank (1)		
2:02.08	Dave DeWar (1)	4:18.24	Jon Wright (4)		
2:08.34	Tim Tank (1)	4:22.84	Tom Heuberger (1)		
2:18.30	Brent Samodurov (1)	4:28.28	Brent Samodurov (1)		
		4:37.14	Aaron Young (2)		
<u>10,000</u>	(-nm-/31:30.24)	<u>3000</u>	(not contested)	<u>5,000 PACEWALK</u>	(-nm-/25:30.24)
32:09.71	Jim Brewer (1)	8:25.34	Jonathan Morse (3)	22:30.1	David Thomas (4)
32:14.45	Jon Wright (4)	8:53.04	Josh Kneeshaw (2)	25:35.	Alin Ifrim (1)
		9:05.84	Dave Dewar (1)		
		9:23.24	Jon Wright (4)		
<u>110 HH</u>	(15.94/14.64)	<u>400 IH</u>	(56.74/53.24)	<u>3000m STEEPLE</u>	(9:50.44/9:20.24)
15.64	Aaron Young (2)	57.74	Aaron Young (2)	9:15.55	Ed Sloan (3)
15.80	Kevin Alteneder (2)	57.93	Kevin Alteneder (2)	9:43.50	Dave Dewar (1)
17.04	John Smith (1)	59.94	Ed Sloan (3)	10:12.54	Rolf Potts (4)
				11:01.14	Brent Samodurov (1)
<u>HIGH JUMP</u>	(6-1/6-10.75)	<u>POLE VAULT</u>	(13-0/15-7)	<u>LONG JUMP</u>	(21-7/23-11.5)
6-8	Aaron Young (2)	15-1	Jason Strait (3)	23-7.25	Rob Rising (2)
6-2	Duane Londagin (3)	15-0	John Smith (1)	22-3	Aaron Young (2)
5-10.75	John Smith (1)	12-0	Aaron Young (2)	22-1.75	John Smith (1)
				19-10	Duane Londagin (3)

**TRIPLE JUMP** (42-11/48-4.5)

47-7 Aaron Young (2)  
 45-11.25 John Smith (1)  
 44-11.50 Rob Rising (2)

**SHOT PUT** (46-11/52-2)

43-5 Jon Huwe (3)  
 38-2 Jason McKee (1)  
 36-9.5 Steve Liernan (1)  
 34-8 John Smith (1)  
 32-6 Aaron Young (1)

**DISCUS** (134-8/158-0)

154-11 Jon Huwe (3)  
 110-11 John Smith (1)  
 101-7 Sam Morrow (2)  
 87-5 Aaron Young (2)

**JAVELIN** (179-5/195-6)

171-6 Jason Bingham (4)  
 166-6 John Smith (1)  
 151-1 Sam Morrow (2)  
 148-8 Andrew Glover (1)  
 141-9 Rob Rising (2)  
 125-8 Aaron Young (2)

**HAMMER** (149-5/170-0)

124-7 Sam Morrow (2)

**DECATHLON** (-nm-/6000)

6076 Aaron Young (2)  
 6072 John Smith (1)

<b><u>4 x 1</u></b>	43.70	Robinson, Lindbo, Rising, Lewis	5-8-93
	43.74	Robinson, Lindbo, Rising, Lewis	4-3-93
<b><u>4 x 4</u></b>	3:18.17	Lewis, Robinson, Rising, Lindbo	5-8-93
	3:20.74	Lewis, Robinson, Rising, Lindbo	4-24-93
	3:22.04	Lewis, Robinson, Rising, Lindbo	3-6-93 / 4-3-93
	3:22.08	Lewis, Kneeshaw, Rising, Lindbo	4-17-93
	3:22.74	Robinson, Morse, Rising, Lewis	4-10-93

**SCORING**

101.75	Rising
94.5	Young
73	Morse
55.25	Lindbo
44.75	Lewis
44	Huwe
31	Dewar
30.75	Robinson
30	Smith
29	Thomas
25.5	Potts
24	Sloan
21	Wright
20.5	Kneeshaw
19	Alteneder
17.5	Brewer
16.25	Ulmer
16	Rone
14	Strait
9	Tank
8	Bingham, Ifrim
4.5	Londagin
4	Armstrong
3.5	Sinclair
2.5	Heuberger
1	McKee, Samodurov, Morrow, Glover

**400 RELAY SPLITS**

48.6 Lindbo  
 49.1 Rising  
 49.2 Lewis  
 50.5 Robinson  
 51.6 Morse  
 51.9 Potts  
 52.2 Kneeshaw  
 52.5 Rone  
 52.9 Sinclair  
 53.2 Heuberger  
 53.4 Dewar  
 56.7 Tank  
 58.0 Brewer  
 63.3 Glover

( \*\* DISTRICT QUALIFYING MARK/ ++ NATIONAL QUALIFYING MARK )  
(..) Eligibility

<u>100</u>	** ++ (13.14/12.24)	<u>200</u>	(27.24/24.94)	<u>400</u>	(62.84/56.84)
12.64	Billie Bentley (1)	26.84	Billie Bentley (1)	60.44	Debbie Kintrea (4)
13.24	Terri Gortler (4)	26.94	Marlyss Stenberg (4)	60.74	Amy Dahl (4)
13.62	Tina Golden (2)	27.39	Terri Gortler (4)	61.84	Sheryl Van Tassel (1)
14.24	Gennie Sluder (1)	28.04	Tina Stauffer (2)	61.94	Eva Crawford (2)
		28.04	Liz Stephens (1)	63.11	Val VanLandingham (1)
		28.72	Amy Dahl (4)	66.84	Amy Odgon (1)
		29.20	Amy Odgon (1)		
		29.24	Wendy Abel (2)		
		29.35	Val Vanlandingham (1)		
		29.44	Gennie Sluder (1)		
		30.04	Cheryl Shepherd (4)		
<u>800</u>	(2:23.54/2:16.04)	<u>1500</u>	(4:58.54/4:41.74)	<u>3000</u>	(11:09.94/10:20.24)
2:14.74	Debbie Kintrea (4)	4:36.24	Juli Cyrus (3)	9:46.42	Juli Cyrus (3)
2:20.03	Warne VanSise (4)	4:47.37	Debbie Kintrea (4)	10:15.20	Michelle Brown (3)
2:20.34	Hannah Smith (3)	4:50.84	Michelle Brown (3)	10:47.55	Angela Murrell (4)
2:20.92	Sheryl Van Tassel (1)	4:54.77	Jenny Campbell (1)	10:51.14	Sandy Taylor (1)
2:22.58	Juli Cyrus (3)	4:55.34	Sandy Taylor (1)	10:51.74	Jenny Campbell (1)
2:23.14	Marlyss Stenberg (4)	4:58.84	Hannah Smith (3)	10:56.24	Stephanie Rosen (2)
2:26.34	Tina Stauffer (2)	5:03.84	Dawn Hartwig (1)	11:00.00	Dawn Hartwig (1)
2:27.94	Liz Stephens (1)	5:05.84	Stephanie Rosen (2)	11:03.00	Warne VanSise (4)
2:28.59	Sandy Taylor (1)	5:17.44	Emily Bergman (1)	11:25.24	Mindy Fox (2)
2:31.04	Dawn Hartwig (1)			11:48.30	Emily Bergman (1)
2:32.24	Stephanie Rosen (2)			11:54.04	Ruth Hinds (1)
2:33.27	Heather Burns (4)				
2:54.84	Cheryl Shepherd (4)				
* <u>5000</u>	(19:41.14/17:47.24)	<u>10,000</u>	(-nm-/38:05.24)	<u>HEPTATHLON</u>	(-nm-/4000)
17:01.87	Juli Cyrus (3)	39:38.66	Steph Rosen (2)	4556	Marlyss Stenberg (4)
18:25.54	Michelle Brown (3)	41:09.67	Mindy Fox (2)	3870	Liz Stephens (1)
18:46.70	Angela Murrell (4)	41:40.13	Ruth Hinds (1)	3834	Tina Stauffer (2)
18:49.01	Jenny Campbell (1)			3394	Cheryl Shepherd (4)
19:09.14	Dawn Hartwig (1)				
19:17.14	Stephanie Rosen (2)				
19:38.04	Mindy Fox (2)				
20:11.94	Sandy Taylor (1)				
20:27.6	Ruth Hinds (1)				
<u>100 HH</u>	(17.04/14.84)	<u>400 LH</u>	(70.64/63.44)	<u>3000m RACEWALK</u>	(-nm-/17:45.24)
15.29	Marlyss Stenberg (4)	62.78	Marlyss Stenberg (4)	16:50.0	Kristin Thomas (3)
15.46	Liz Stephens (1)	65.63	Liz Stephens (1)	17:42.4	Liz Evon (1)
16.84	Tina Stauffer (2)	67.07	Eva Crawford (2)		
19.64	Cheryl Shepherd (4)	68.54	Warne VanSise (4)		
		70.03	Tina Stauffer (2)		
		70.41	Heather Burns (4)		
		71.24	Renee Ross (1)		

**HIGH JUMP** (4-11/5-6)

5-5 Tina Golden (2)  
 5-2 Sara Luckensmeyer (1)  
 5-0.5 Marlyss Stenberg (4)  
 4-10.25 Tina Stauffer (2)  
 4-7.25 Cheryl Shepherd (4)  
 4-5.25 Liz Stephens (1)

**LONG JUMP** (16-6/18-6)

17-11 Marlyss Stenberg (4)  
 16-3 Tina Stauffer (2)  
 16-0.25 Amy Dahl (4)  
 15-8 Terri Gortler (4)  
 14-9 Cheryl Shepherd (4)  
 14-5.5 Heather Burns (4)  
 14-5 Liz Stephens (1)  
 13-7 Wendy Abel (2)

**TRIPLE JUMP** (33-1/36-11)

31-10.5 Tina Stauffer (2)  
 31-9 Wendy Abel (2)  
 31-1 Cheryl Shepherd (4)  
 29-10 Terri Gortler (4)  
 29-4 Heather Burns (4)

**SHOT PUT** (35-7/43-5.5)

39-4 Leah Johanson (1)  
 36-5 Cheryl Shepherd (4)  
 32-11 Marlyss Stenberg (4)  
 32-7 Kristy Fleming (2)  
 31-7.75 Tina Stauffer (2)  
 28-11.5 Liz Stephens (1)  
 27-4.5 Della Doyle (2)

**DISCUS** (117-2/138-0)

117-0.5 Leah Johanson (1)  
 109-1 Rachel Lewis (1)

**JAVELIN** (122-0/140-0)

140-9.5 Cheryl Shepherd (4)  
 137-9 Leah Johanson (1)  
 136-4 Kristy Fleming (2)  
 105-9 Marlyss Stenberg (4)  
 102-1 Dina Kauffman (2)  
 95-2.5 Liz Stephens (1)  
 82-3.5 Tina Stauffer (2)

**4 x 100** 49.44 Bentley, Stenberg, Golden, Gortler 4-24-93  
 50.13 Crawford, Dahl, Golden, Stenberg 5-8-93  
 50.62 Bentley, Dahl, Golden, Gortler 4-17-93  
 52.24 Stenberg, Dahl, Golden, Gortler 3-13-93  
 52.54 Stenberg, Dahl, Golden, Stephens 4-3-93

**4 x 400** 4:04.24 Stenberg, VanSise, Smith, Kintrea 4-24-93  
 4:04.24 Dahl, Smith, Stenberg, Kintrea 4-3-93  
 4:05.92 Dahl, VanSise, Smith, Kintrea 4-10-93  
 4:06.24 Dahl, Smith, Stevens, Kintrea 4-17-93

**800 HEDLEY** 1:51.17 Dahl, Golden, Bailey, Kintrea 5-7-93

**400 RELAY SPLITS**

59.6 Stenberg  
 60.7 Smith  
 61.2 Stephens  
 62.0 VanSise  
 62.3 Stauffer  
 63.9 Burns

**SCORING**

90 Cyrus  
 81.5 Stenberg  
 64 Shepherd  
 55.25 Kintrea  
 50 Johanson  
 44.25 Golden  
 35 Brown  
 34 Fleming  
 32.75 Smith  
 32 Stephens  
 31.58 Bentley  
 23.75 Crawford  
 23 Rosen  
 22.75 Dahl  
 22 Murrell  
 21.5 Gortler  
 20.5 Taylor  
 20 Thomas  
 19.5 Campbell  
 19.25 VanSisel  
 18 Evon  
 16 Van Tassel  
 14.75 Vanlandingham  
 12.5 Luckensmeyer  
 10 Stauffer, Hartwig  
 9 Ross  
 8 Fox  
 6.25 Abel  
 4 Hinds, Burns  
 2 Lewis  
 0.25 Ogden, Sluder



# 1993 NAIA Women's Track & Field Statistics

May 13, 1993

Final Report

## 100 Meter Dash

Chantel Rolle	Southern-New Orleans LA	11.60
Carmelia MacKey	Southern-New Orleans LA	11.80
Kim Vanderhoek	Simon Fraser BC	11.84
Kendall Matheson	Simon Fraser BC	11.94
Amelida Merriwether	Southern-New Orleans LA	11.95
Cynthia Owens	Wayland Baptist TX	12.01
Madie Chunn	Arkansas-Pine Bluff	12.05
Julie Boroff	Huntington IN	12.14
DeAnna Campbell	Wayland Baptist TX	12.15
Carmel Donaldson	Huntington IN	12.24
Rowena Welford	Wayland Baptist TX	12.34
Danielle Butler	Hillsdale MI	12.37
Flo Mark-Booth	Western Washington	12.44
Terri Campbell	Findlay OH	12.44
Marlo Henke	Minot State ND	12.44
Marielle Stanton	Western Washington	12.44
Shannon O'Neill	Western Washington	12.54
Sandy Lavaras	Eastern Oregon	12.54
Asa Lundh	Point Loma Nazarene CA	12.57
Tanisho Nimmer	Biola CA	12.60

## 200 Meter Dash

Fatima Yusuf	Southern-New Orleans LA	22.90
Carmelia MacKey	Southern-New Orleans LA	23.61
Chantel Rolle	Southern-New Orleans LA	23.89
Amelida Merriwether	Southern-New Orleans LA	24.76
Katina Johnson	Findlay OH	25.14
Madie Chunn	Arkansas-Pine Bluff	25.20
Aminda Sloan	Point Loma Nazarene CA	25.25
Jane Kunz	Wisconsin-Parkside	25.29
Carmel Donaldson	Huntington IN	25.34
Julie Boroff	Huntington IN	25.34
Danielle Butler	Hillsdale MI	25.54
Cynthia Owens	Wayland Baptist TX	25.54
Michelle Campbell	Azusa Pacific CA	25.57
Tammy Walker	Arkansas-Pine Bluff	25.63
Terri Campbell	Findlay OH	25.64
Shannon Parton	Linfield OR	25.78
Amy Gall	Midland Lutheran NE	25.79
Patrina Roy	Tarleton State TX	25.84
Brandi Stevenson	Western Washington	25.84
Ann Tibbs	Wayland Baptist TX	25.87

## 400 Meter Dash

Fatima Yusuf	Southern-New Orleans LA	53.33
Elizabeth Onyambu	Biola CA	55.02
Magalli Segovia	Wayland Baptist TX	55.88
Jane Kunz	Wisconsin-Parkside	56.18
Aminda Sloan	Point Loma Nazarene CA	56.67
Fiona Sobers	Arkansas-Pine Bluff	56.68
Angela Barker	Arkansas-Pine Bluff	56.82
Katina Johnson	Findlay OH	56.84
Jennifer Harman	Southern Oregon	56.97
Shannon Parton	Linfield OR	56.98
Nicole DeVries	Azusa Pacific CA	57.28
Marie Lassiter	Findlay OH	57.34
Asa Lundh	Point Loma Nazarene CA	57.75
Tammie Floriense	Missouri Valley	57.84
Audra Bierman	Tarleton State TX	58.02
Brandi Stevenson	Western Washington	58.14
Ann Tibbs	Wayland Baptist TX	58.52
Liz Boiden	Hillsdale MI	58.60
Dawn Maschmann	Doane NE	59.00
Maddie Liseblad	Point Loma Nazarene CA	59.21

## 800 Meter Run

Elizabeth Onyambu	Biola CA	2:05.54
Lara Leitch	Simon Fraser BC	2:12.24
Danita Erickson	Puget Sound WA	2:12.84
Rachael Rowberry	Wayland Baptist TX	2:13.81
Angela Barker	Arkansas-Pine Bluff	2:14.01
Suzanne Weeder	Doane NE	2:14.39
Debbie Kintrea	George Fox OR	2:14.74
Jennifer Harman	Southern Oregon	2:15.14
Nicole DeVries	Azusa Pacific CA	2:15.49
Tina McKinney	Hillsdale MI	2:15.69
Mag Tamas	Wisconsin-Parkside	2:16.04
Lisa Hallock	Findlay OH	2:17.02
Jody Fox	Minot State ND	2:17.44
Kim Johnson	Wisconsin-Parkside	2:17.63
Joy Wright	Hillsdale MI	2:17.83
Tina Dickmeyer	Midland Lutheran NE	2:18.25
Marry Upshaw	Linfield OR	2:18.45
Laura Hemberger	Doane NE	2:18.50
Shannan Albrecht	Wayland Baptist TX	2:18.64
Tammy Seblink	Berry GA	2:18.94

## 1500 Meter Run

Elizabeth Onyambu	Biola CA	4:28.23
Lindsay McLaren	Simon Fraser BC	4:30.04
Lara Leitch	Simon Fraser BC	4:30.24
Danita Erickson	Puget Sound WA	4:33.14
Renee Peck	Rio Grande OH	4:33.85
Suzanne Weeder	Doane NE	4:36.28
Rosa Ibarra	Wayland Baptist TX	4:39.23
Joy Wright	Hillsdale MI	4:40.03
Tigest Moreda	Wayland Baptist TX	4:40.53
Juli Cyrus	George Fox OR	4:40.54
Lupe Ambriz	Point Loma Nazarene CA	4:41.07
Jody Fox	Minot State ND	4:45.64
Emily Kellman	Puget Sound WA	4:45.84
Kelly Watson	Wisconsin-Parkside	4:47.82
Pam Tucker	Wisconsin-Parkside	4:48.94
Shawn Perkins	Puget Sound WA	4:49.62
Stephanie McClure	Findlay OH	4:50.04
Michelle Palmer	Berry GA	4:50.24
Lisa Hallock	Findlay OH	4:52.34
Starlet Yoder	Huntington IN	4:52.99

## 3000 Meter Run

Lindsay McLaren	Simon Fraser BC	9:41.99
Renee Peck	Rio Grande OH	9:53.18
Juli Cyrus	George Fox OR	9:59.94
Emily Kellman	Puget Sound WA	10:00.29
Rosa Ibarra	Wayland Baptist TX	10:04.24
Karen Perry	Hillsdale MI	10:05.24
Amber Anderson	Midland Lutheran NE	10:11.48
Jessica Bissonnette	Whitman WA	10:14.37
Lupe Ambriz	Point Loma Nazarene CA	10:15.09
Michelle Brown	George Fox OR	10:15.20
Melanie Kosin	Whitworth WA	10:16.02
Shauna Queen	Harding AR	10:19.64
Elizabeth Onyambu	Biola CA	10:29.24
Michelle Palmer	Berry GA	10:31.24
Shawn Perkins	Puget Sound WA	10:33.04
Jennifer Burningham	Puget Sound WA	10:33.54
Kelly Watson	Wisconsin-Parkside	10:33.84
Beth Sonnenberg	Hillsdale MI	10:34.54
Andrea Ellanson	Jamestown ND	10:35.04
Bonnie Evans	Rio Grande OH	10:38.74



# 1993 NAIA Women's Track & Field Statistics – Page 2

## 5000 Meter Run

Tigest Moreda	Wayland Baptist TX	16:44.52
Juli Cyrus	George Fox OR	17:01.87
Emily Kelman	Puget Sound WA	17:09.54
Amber Anderson	Midland Lutheran NE	17:25.45
Karen Perry	Hillsdale MI	17:26.14
Bonnie Evans	Rio Grande OH	18:06.64
Rosa Ibarra	Wayland Baptist TX	18:07.63
Michelle Palmer	Berry GA	18:10.24
Kris Maraveller	Western Washington	18:16.14
Jodie Young	Wayland Baptist TX	18:17.87
Lupe Ambriz	Point Loma Nazarene CA	18:23.94
Michelle Brown	George Fox OR	18:25.54
Jennifer Burningham	Puget Sound WA	18:26.44
Andrea Ellanson	Jamestown ND	18:32.44
Peggy Murphy	Oklahoma Christian	18:33.94
Kristina Larkner	Linfield OR	18:38.24
Kirsten Brenkert	Puget Sound WA	18:40.04
Monica Ferguson	Malone OH	18:58.16
Beth Herah	Concordia NE	19:14.07
Cindy Robertson	Wheeling WV	19:06.24

## 10,000 Meter Run

Tigest Moreda	Wayland Baptist TX	33:49.06
Bonnie Evans	Rio Grande OH	36:51.22
Jodie Young	Wayland Baptist TX	37:44.75
Peggy Murphy	Oklahoma Christian	38:23.24
Kathleen Gibson	Whitman WA	38:31.74
Melissa Moffett	Puget Sound WA	38:38.14
Kristina Larkner	Linfield OR	38:49.24
Jenny Kohl	Olivet Nazarene IL	39:13.86
Stephanie Rosen	George Fox OR	39:38.66
Kris Maraveller	Western Washington	39:45.90
Kristy Langley	Northwood MI	40:16.33
Andrea Nye	Western Washington	40:39.24
Allison Carrico	Midland Lutheran NE	40:41.24
Sonya Weir	Azusa Pacific CA	40:43.24
Monica Ferguson	Malone OH	41:03.24
Jenny Fish	Huntington IN	41:45.24
Liz Fashun	Wisconsin-Parkside	42:10.34
Nichole Schultz	Marian IN	43:26.24
Andi Porter	Berry GA	43:45.24
Kjersten Swanson	Jamestown ND	43:55.24

## 100 Meter Hurdles

Michelle Campbell	Azusa Pacific CA	13.48
Michaela Colluney	Simon Fraser BC	13.91
Vivian Bell	Wayland Baptist TX	14.18
Kim Vanderhoek	Simon Fraser BC	14.22
Kim Fullmer	Doane NE	14.50
Tiajuana Newell	Findlay OH	14.54
Sharon Polk	Arkansas-Pine Bluff	14.62
Rene Zimmerman	Sterling KS	14.64
Mario Henke	Minot State ND	14.74
Carmen Kapke	Doane NE	14.88
Shannon Egbert	Huntington IN	15.03
Michelle Patton	Southwestern KS	15.04
Anneli Svard	Point Loma Nazarene CA	15.08
Flo Mark-Booth	Western Washington	15.14
Tami Burger	Midland Lutheran NE	15.18
Mariyssa Stenberg	George Fox OR	15.29
Tiffany Wylie	Jamestown ND	15.44
Liz Stephens	George Fox OR	15.46
Anna Likins	Wheeling WV	15.54
Tonia Poehlis	Jamestown ND	15.74
Kirsten Braithwaite	Puget Sound WA	15.74

## 400 Meter Hurdles

Michaela Colluney	Simon Fraser BC	59.16
Vivian Bell	Wayland Baptist TX	60.25
Liz Morland	Simon Fraser BC	62.04
Brandi Stevenson	Western Washington	62.54
Mariyssa Stenberg	George Fox OR	62.78
Yvette Hollaway	Arkansas-Pine Bluff	62.82
Tiajuana Newell	Findlay OH	63.04
Vashell Brackett	Arkansas-Pine Bluff	63.10
Sharon Polk	Arkansas-Pine Bluff	64.24
Amy Carlson	Willamette OR	64.29
Tami Burger	Midland Lutheran NE	64.75
Missy Payne	Southwestern KS	65.04
Maddie Lisblad	Point Loma Nazarene CA	65.25
Carmen Gage	Azusa Pacific CA	65.32
Kristin Peterson	Whitman WA	65.54
Liz Stephens	George Fox OR	65.63
Kara Dodd	Central Washington	65.84
Tiffany Wylie	Jamestown ND	66.14
Kerri Wannemacher	Findlay OH	66.30
Marie Aerts	Hillsdale MI	66.78

## 3000 Meter Walk

Jennifer Zalewski	Wisconsin-Parkside	13:46.24
Kelly Watson	Wisconsin-Parkside	14:31.24
Joanne Fox	Simon Fraser BC	14:48.64
Ali DeWitt	Wisconsin-Parkside	15:13.04
Margaret Ditchburn	Wisconsin-Parkside	15:28.24
Liz Fashun	Wisconsin-Parkside	15:34.54
Dani Kupkovits	Wisconsin-Parkside	15:45.24
Jennifer Moss	Wisconsin-Parkside	16:03.14
Tracey Pope	Wisconsin-Parkside	16:03.34
Kristin Thomas	George Fox OR	16:50.24
Liz Evon	George Fox OR	17:42.64
Valerie Chan	Puget Sound WA	28:56.74

## 4 x 100 Meter Relay

Southern-New Orleans LA	45.98
Wayland Baptist TX	47.19
Simon Fraser BC	47.89
Arkansas-Pine Bluff	48.02
Findlay OH	48.26
Western Washington	48.54
Azusa Pacific CA	48.60
Huntington IN	48.71
Biola CA	48.89
Point Loma Nazarene CA	49.02
Linfield OR	49.35
George Fox OR	49.44
Jamestown ND	49.53
Midland Lutheran NE	49.71
Rio Grande OH	50.39
Minot State ND	50.41
Sterling KS	50.54
Southwestern KS	50.54
Puget Sound WA	51.24
Malone OH	51.72



**4 x 400 Meter Relay**

Wayland Baptist TX	3:49.12
Arkansas-Pine Bluff	3:50.22
Hillsdale MI	3:51.85
Tarleton State TX	3:52.24
Azusa Pacific CA	3:52.97
Southern-New Orleans LA	3:53.04
Point Loma Nazarene CA	3:54.58
Findlay OH	3:54.60
Simon Fraser BC	3:57.06
Missouri Valley	3:59.89
Linfield OR	3:59.96
Midland Lutheran NE	3:59.96
Western Washington	4:00.54
Minot State ND	4:03.12
Wisconsin-Parkside	4:03.70
Huntington IN	4:04.14
George Fox OR	4:04.24
Biola CA	4:04.79
Puget Sound WA	4:04.84
Jamestown ND	4:10.29

**Sprint Medley Relay**

Simon Fraser BC	1:43.84
Findlay OH	1:46.04
Arkansas-Pine Bluff	1:46.11
Biola CA	1:46.86
Western Washington	1:47.34
Point Loma Nazarene CA	1:48.57
Southern Oregon	1:48.90
Minot State ND	1:50.45
Midland Lutheran NE	1:50.61
Missouri Valley	1:50.99
Puget Sound WA	1:51.04
Jamestown ND	1:51.50
Southwestern KS	1:52.04
Linfield OR	1:52.04
Azusa Pacific CA	1:53.40
Rio Grande OH	2:01.11
Marian IN	2:21.24

**High Jump**

Vashell Brackett	Arkansas-Pine Bluff	5-11
Latrese Moffitt	Azusa Pacific CA	5-10
Corinna Wolf	Simon Fraser BC	5-09 3/4
Tracy Holtzen	Western Oregon	5-07
Shelly Morris	Simon Fraser BC	5-07
Kim Vanderhoek	Simon Fraser BC	5-07
Veronica Persons	Central Washington	5-07
Shawna Gobrick	Jamestown ND	5-06
Rebekah Kemp	Findlay OH	5-06
Theresa Harris	Doane NE	5-06
Rene Zimmerman	Sterling KS	5-06
Alison Hunkins	Western Oregon	5-06
Terri Pruitt	Azusa Pacific CA	5-06
Penny Mayberry	Harding AR	5-06
Misti Harris	Findlay OH	5-06
8 others tied at		5-04

**Long Jump**

Rowena Welford	Wayland Baptist TX	19-09 3/4
Kim Vanderhoek	Simon Fraser BC	19-02 1/2
Wendy Mullins	Tarleton State TX	18-09 3/4
Lisa Pilakowski	Doane NE	18-08
Shannon Egbert	Huntington IN	18-06 1/2
Rene Zimmerman	Sterling KS	18-02 1/2
Tami Burger	Midland Lutheran NE	18-01 1/4
Jennifer Ponder	Azusa Pacific CA	17-11 3/4
Carmen Gage	Azusa Pacific CA	17-11 3/4
Danielle Butler	Hillsdale MI	17-11 1/2
Anneli Svard	Point Loma Nazarene CA	17-11
Tina Golden	George Fox OR	17-08 1/4
Renee Belkman	Concordia NE	17-07
Shawna Gobrick	Jamestown ND	17-05 1/2
Keri Jones	Malone OH	17-04 1/4
Jolene Rebsom	Minot State ND	17-01 1/4
Kristy Lindsey	Rio Grande OH	16-10 1/2
Anita Shaw	Jamestown ND	16-10 1/2
Kim Sowers	Rio Grande OH	16-09 3/4
Shenika Shelton	Oklahoma Christian	16-09 1/2

**Triple Jump**

Rene Zimmerman	Sterling KS	38-06 1/2
Regina Flynn	Western Oregon	37-08 1/2
Renee Belkman	Concordia NE	37-07
Rowena Welford	Wayland Baptist TX	37-05
Lisa Ostrander	Central Washington	37-03 1/2
Missy Walz	Jamestown ND	37-02 3/4
Lisa Pilakowski	Doane NE	36-07 1/2
Dawn Farden	Concordia NE	36-07
Tiajuana Newell	Findlay OH	36-06 1/2
Carmen Gage	Azusa Pacific CA	36-05
Terri Pruitt	Azusa Pacific CA	36-04 1/2
Monica Walz	Jamestown ND	36-00
Flo Mark-Booth	Western Washington	35-10 3/4
Jolene Rebsom	Minot State ND	35-10 1/4
Sandy Blinde	Midland Lutheran NE	35-08
Meredith Osborn	Western Washington	35-04
Tamar Nitcher	Azusa Pacific CA	35-00
Danielle Butler	Hillsdale MI	34-10 3/4
Stacey Ritter	Rio Grande OH	34-01 3/4
LeeAnne Corry	Jamestown ND	34-01 1/2

**Shot Put**

Kim Hayes	Doane NE	47-11 1/2
Molly Duggan	Western Oregon	46-04 3/4
Kathleen Johnson	Jamestown ND	45-02
Michelle Smith	Huntington IN	44-06 1/2
Debbie Malachowski	Azusa Pacific CA	44-06
Heather Rhoademer	Doane NE	44-01
Kim Vanderhoek	Simon Fraser BC	43-11 3/4
Melissa Aardema	Hillsdale MI	43-09
Chris Mudget	Hillsdale MI	43-01
Tamara Peacock	Findlay OH	42-09
Karri Kuzma	Hillsdale MI	42-03 1/4
Tereasa Van Zee	Dordt IA	42-03
Kim Barents	Dakota Wesleyan SD	41-04 1/2
Jennifer Morris	Malone OH	41-04
Jennifer McClure	Whitman WA	40-06 3/4
Jennifer Wardner	Jamestown ND	40-06 1/2
Melissa Stewart	Azusa Pacific CA	40-05
Tiffany Green	Linfield OR	40-01
Kim Walters	Linfield OR	40-01
Anneli Svard	Point Loma Nazarene CA	39-04
Leah Johanson	George Fox OR	39-04



**Discus**

Kim Hayes	Doane NE	159-06
Debbie Malachowski	Azusa Pacific CA	157-02
Kathleen Johnson	Jamestown ND	153-00
Dee Balderson	Western Washington	148-01
Rachel Squillace	Puget Sound WA	146-08
Kim Rice	Huntington IN	144-09
Molly Duggan	Western Oregon	144-06
Chris Mudget	Hillsdale MI	140-03
Linda Hellborg	Point Loma Nazarene CA	140-01
Diana Triplett	Whitworth WA	135-08
Jennifer Wardner	Jamestown ND	135-07
Chel Fletcher	Missouri Valley	135-00
Heather Rhoades	Doane NE	134-10
Melissa Stewart	Azusa Pacific CA	134-06
DeAnna Lauchlen	Hillsdale MI	132-11
Leslie Norris	Concordia NE	130-11
Tamara Peacock	Findlay OH	130-09 3/4
Kari Thacker	Jamestown ND	128-09

**Javelin**

Debbie Malachowski	Azusa Pacific CA	155-06
Mea Frantz	Willamette OR	151-01
Kim Vanderhoek	Simon Fraser BC	150-04
Shelly Morris	Simon Fraser BC	142-08
Cheryl Shepherd	George Fox OR	140-09 1/2
Stacy Koontz	Bethel KS	140-00
Leah Johanson	George Fox OR	137-05
Christi Johnson	Jamestown ND	137-01
Kristy Fleming	George Fox OR	136-04
Shelly Wilfong	Huntington IN	126-08
Steph Snapp	Jamestown ND	126-06
Dee Balderson	Western Washington	124-03
Tammy Oaler	Jamestown ND	121-08
Amy Gall	Midland Lutheran NE	121-07
Stephanie Liles	Linfield OR	121-00
Jennifer Morris	Malone OH	114-10
Pam Siefert	Marian IN	95-11
Carmen Gage	Azusa Pacific CA	93-04
Michelle Crouse	Rio Grande OH	91-00
Stephanie Benitez	Azusa Pacific CA	87-05

**Marathon**

Marion Smith	Mobile AL	2/39:32
Peggy Murphy	Oklahoma Christian	2/46:38
Stacey Boyette	West Florida	3/24:22
Tracey Thomas	West Florida	3/25:52
Lisa Van Denend	Dordt IA	3/31:10

**Half-Marathon**

Amber Anderson	Midland Lutheran NE	1/20:52
Jennifer Burningham	Puget Sound WA	1/25:53
Kristine Lackner	Linfield OR	1/28:36
Erica Hubertz	West Florida	1/28:39
Theresa Watton	Southern Oregon	1/29:00
Melissa Moffett	Puget Sound WA	1/29:31
Shawn Perkins	Puget Sound WA	1/30:29
Tamara DePue	Southwestern KS	1/33:12
Sonya Weir	Azusa Pacific CA	1/33:23
Natalie Lupica	Azusa Pacific CA	1/34:33
Tina Wenning	Findlay OH	1/35:45
Kesi Hutchison	Harding AR	1/36:50
Betty Miller	Findlay OH	1/37:28

**Heptathlon**

Kendall Matheson	Simon Fraser BC	4914
Kim Vanderhoek	Simon Fraser BC	4892
Annel Svard	Point Loma Nazarene CA	4806
Carmen Kapke	Doane NE	4600
Jennifer Harman	Southern Oregon	4597
Mariyssa Stenberg	George Fox OR	4556
Shelly Morris	Simon Fraser BC	4435
Amy Gall	Midland Lutheran NE	4407

# NAIA DISTRICT 2 TRACK AND FIELD MEET, Maxwell Field, McMinnville, May 7-8, 1998

## TOP FIVE WOMEN'S FINISHERS

Event	Time	V	#	\$
<b>100 meters</b>				(12.06, 12.24)
1 Sandy Lauarlas	12.78			EOOSC
2 Alicia Smith	12.78			WOSC
3 Heather Ewing	12.86			WOSC
4 Shelley Pondergrass	13.23			LIN
5 Stephanie Friesen	13.39			SOOSC
<b>200 meters</b>				(24.77, 24.94)
1 Alicia Smith	25.59			WOSC
2 Heather Ewing	26.01			WOSC
3 Shannon Parton	26.04			LIN
4 Jennifer Harman	26.12			SOOSC
5 Kelli Kerns	26.50			SOOSC
<b>400 meters</b>				(56.4, 56.84)
1 Jennifer Harman	56.97			SOOSC
2 Shannon Parton	56.98			LIN
3 Kelli Kerns	59.21			SOOSC
4 Denise Toyooka	60.62			LIN
5 Sandy Dahl	60.74			GFC
<b>800 meters</b>				(02:15.80, 02:16.04)
1 Lonna Larson	02:15.40			# \$ WOSC
2 Mary Upshaw	02:19.07			LIN
3 Gina Miller	02:19.59			NNC
4 Marie Vansise	02:20.03			GFC
5 Cheryl Venturini	02:20.02			GFC
<b>1,500 meters</b>				(04:28.61, 04:41.74)
1 Julie Cyrus	4:41.80			GFC
2 Julie Klatzer	4:47.37			GFC
3 Katie Purkiss	4:50.87			SOOSC
4 Jenny Venichhoffel	5:00.28			EOOSC
5 Jenny Campbell	5:24.95			GFC
<b>3,000 meters</b>				(09:33.6, 10:20.24)
1 Julie Cyrus	10:08.08			# \$ GFC
2 Katie Purkiss	10:22.03			SOOSC
3 Michelle Brown	10:41.10			GFC
4 Andrea Gemmell	10:44.92			WOSC
5 Jenni Venichhoffel	10:47.56			EOOSC
<b>5,000 meters</b>				(16:58.1, 17:47.24)
1 Julie Cyrus	17:28.30			# \$ GFC
2 Theresa Walton	18:16.80			SOOSC
3 Michelle Brown	18:27.20			GFC
4 Andrea Gemmell	18:46.15			WOSC
5 Angela Murrell	19:07.59			GFC
<b>10,000 meters</b>				(37:41.1, 38:05.24)
1 Theresa Walton	37:21.95			# \$ SOOSC
2 Stephanie Kisten	39:38.66			GFC
3 Monique Lankast	40:28.11			WOSC
4 Kristina Lockner	40:48.54			LIN
5 Mindy Fox	41:40.13			GFC
<b>100 High Hurdles</b>				(14.62, 14.84)
1 Maryssa Stenberg	15.29			GFC
2 Amy McKinney	15.46			WOSC
3 Lisa Stephens	15.94			GFC
4 Sarah DeBoard	15.95			NNC
5 Tina Stauffer	16.84			GFC
<b>400 meter hurdles</b>				(1:03.1, 1:03.44)
1 Maryssa Stenberg	1:03.78			GFC
2 Amy Carlson	1:04.29			WU
3 Regina Blynn	1:04.50			WOSC
4 Lisa Stephens	1:05.98			GFC
5 Amy McKinney	1:08.00			WOSC

Event	R Inches	Metric	#	\$
<b>High Jump</b>				(1.75, 1.68)
1 Tracy Holzen	5 - 4.00	1.65		WOSC
2 Allison Hunkins	5 - 4.00	1.63		WOSC
3 Susie Burright	5 - 2.00	1.58		WOSC
4 Tina Golden	5 - 2.00	1.58		GFC
5 S. Roberts	5 - 0.00	1.53		SOOSC
6 S. Luckenmeyer	5 - 0.00			GFC
<b>Long Jump</b>				(5.72, 5.64)
1 Alicia Smith	18 - 0.75	5.51		WOSC
2 Heather Ewing	17 - 10.00	5.44		WOSC
3 Maria Stenberg	17 - 8.25	5.40		GFC
4 Jennifer Harman	17 - 6.25	5.35		SOOSC
5 Sarah DeBoard	17 - 3.50	5.28		NNC
<b>Triple Jump</b>				(11.44, 11.25)
1 Regina Blynn	37 - 3.75	11.38		# \$ WOSC
2 Alicia Smith	37 - 2.75	11.35		# \$ WOSC
3 Heather Holly	36 - 0.75	11.00		WU
4 Heather Ewing	35 - 8.00	10.88		WOSC
5 H. Richards	35 - 7.25	10.86		WOSC
<b>Javelin</b>				(47.56, 42.68)
1 Dr. Shepherd	136 - 11.00	41.74		GFC
2 Moa Frantz	136 - 9.00	41.69		WU
3 Leah Johnson	123 - 7.00	37.68		GFC
4 Carrie Hill	118 - 10.00	36.23		EOOSC
5 Sharon Johnson	116 - 6.00	35.52		WOSC
<b>Discus</b>				(46.97, 42.06)
1 Molly Duggan	139 - 5.00	42.50		# \$ WOSC
2 Sarah Patillo	129 - 3.00	39.41		WU
3 Lisa Blacketter	127 - 3.00	38.80		L&C
4 Grindalyn Lyster	127 - 2.00	38.77		EOOSC
5 Kathleen Fuller	119 - 5.00	36.41		EOOSC
<b>Shot Put</b>				(13.99, 13.25)
1 Molly Duggan	46 - 10.00	14.28		# \$ WOSC
2 Sarah Patillo	40 - 4.50	12.31		WU
3 Tiffany Green	40 - 1.00	12.22		LIN
4 Kim Walters	40 - 1.00	12.22		LIN
5 Leah Johnson	39 - 4.00	11.99		GFC
<b>Sprint Medley</b>				(1:48.30, 1:47.24)
1 SOOSC	1:48.90			SOOSC
2 WOSC	1:49.61			WOSC
3 WU	1:50.96			WU
4 GFC	1:51.17			GFC
5 LIN	1:53.19			LIN
<b>4 X 100 RELAY</b>				(48.4, 48.84)
1 Linfield				
2 Southern Oregon	49.59			LIN
3 George Fox	49.68			SOOSC
4 Willamette	50.13			GFC
5 Northwest Nazarene	50.16			WU
4 X 400 RELAY				(03:57.20, 03:54.24)
1 Linfield				
2 Willamette	03:59.96			LIN
3 Western Oregon	04:01.46			WU
4 Northwest Nazarene	04:01.95			WOSC
5 Northwest Nazarene	04:05.27			NNC

V Converted from Hand times

# NAIA District 2 Record (FAT or Metric)

\$ National Qualifying (FAT or Metric)





----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
1	Central State OH	132
2	Simon Fraser BC	116
3	Prairie View A&M TX	64
4	Wayland Baptist TX	62
5	Doane NE	43.5
6	Azusa Pacific CA	40
7	Wisconsin-Parkside	37
8	Southern-New Orleans LA	35
9	George Fox OR	26
10	Western Oregon State	23.5
11	Rio Grande OH	21
12	Pacific Lutheran WA	19
13	Puget Sound WA	18
14	Northern State SD	16
15	Findlay OH	14.5
16	Point Loma Nazarene CA	14
16	Southern Oregon State	14
18	Hillsdale MI	13
19	Biola CA	12
19	Cedarville OH	12
21	Black Hills State SD	11
22	Oklahoma Christian	10
23	Ottawa KS	8
24	Park MO	7
25	Jamestown ND	6
25	Mary ND	6
25	Midland Lutheran NE	6
25	Western Washington	6
25	Westmont CA	6
30	Arkansas-Pine Bluff	5
30	Benedict SC	5
30	Fresno Pacific CA	5
33	Sterling KS	4.5
34	Bethel KS	4
34	Huntington IN	4
34	Linfield OR	4
34	Minot State ND	4
34	Tarleton State TX	4
34	Whitman WA	4
40	Moorhead State MN	3
40	Walsh OH	3
42	Berry GA	2
42	South Dakota Tech	2
44	Olivet Nazarene IL	1
44	Southwestern KS	1
44	Whitworth WA	1

The first part of the paper discusses the importance of understanding the cultural context of the research. It highlights the need for researchers to be sensitive to the values and beliefs of the communities they are studying. This is particularly important in the field of health care, where cultural differences can significantly impact the effectiveness of interventions.

The second part of the paper presents a review of the literature on cultural competence in health care. It examines the various models and frameworks that have been developed to guide the development of culturally competent health care providers. The review also identifies the challenges and barriers to achieving cultural competence in practice.

The third part of the paper describes the methodology used in the study. It details the selection of participants, the data collection methods, and the analysis techniques. The study was conducted in a community-based setting, and the participants were recruited through a variety of channels.

The fourth part of the paper presents the results of the study. It discusses the findings related to the cultural beliefs and practices of the participants, and how these findings relate to the broader literature on cultural competence. The results also highlight the need for further research in this area.

The final part of the paper provides a conclusion and discusses the implications of the findings for practice and policy. It emphasizes the importance of ongoing education and training for health care providers to ensure they are able to provide culturally competent care to all patients.



## 100-meter Dash, Women

## FINAL RESULTS

1. Layphane Carnagie (Central State OH) 11.62; 2. Carmetia Mackey (Southern-New Orleans LA) 11.82; 3. Bridgette Edwards (Central State OH) 11.87; 4. Sandra Kidd (Central State OH) 11.88; 5. Chantel Rolle (Southern-New Orleans LA) 11.98; 6. Cynthia Owens (Wayland Baptist TX) 12.16; 7. Antonette Jones (Central State OH) 12.28; 8. Julie Boroff (Huntington IN) 12.34;

## 800-meter Dash, Women

## FINAL RESULTS

1. Elizabeth Onyambu (Biola CA) 2:04.42; 2. Sherdon Smith (Central State OH) 2:05.02; 3. Danita Erickson (Puget Sound WA) 2:09.63; 4. Dytonya Maryland (Prairie View A&M TX) 2:11.05; 5. Lonna Larson (Western Oregon State) 2:12.03; 6. Ingrid Gordon (Central State OH) 2:12.63; 7. Rachael Rowberry (Wayland Baptist TX) 2:12.85; 8. Tanya Wilde (Moorhead State MN) 2:21.10;

## 1500-meter Run, Women

## FINAL RESULTS

1. Lindsay McLaren (Simon Fraser BC) 4:25.85; 2. Suzanne Weeder (Doane NE) 4:28.22; 3. Lara Leitch (Simon Fraser BC) 4:28.55; 4. Becky Allred (Mary ND) 4:30.35; 5. Rosa Ibarra (Wayland Baptist TX) 4:36.32; 6. Renee Peck (Rio Grande OH) 4:36.53; 7. Joy Wright (Hillsdale MI) 4:37.06; 8. Casi Montoya (Pacific Lutheran WA) 4:40.56; 9. Kelly Watson (Wisconsin-Parkside) 4:46.19; 10. Stephanie McClure (Findlay OH) 4:49.37; 11. Jody Fox (Minot State ND) 4:50.39; 12. Kendra Larson (Winona State MN) 4:51.82; 13. Leanne Moore (North Florida) 4:53.45; 14. Pam Tucker (Wisconsin-Parkside) 4:56.88; 15. Jen Vonlohoffel (Eastern Oregon State) 4:59.66; 16. Tonja Shaw (Oklahoma Christian) 5:00.28;

## 3000-meter Run, Women

## FINAL RESULTS

1. Lindsay McLaren (Simon Fraser BC) 9:33.46; 2. Juli Cyrus (George Fox OR) 9:46.42; 3. Renee Peck (Rio Grande OH) 9:50.02; 4. Rosa Ibarra (Wayland Baptist TX) 9:58.90; 5. Lupe Ambriz (Point Loma Nazarene CA) 10:02.40; 6. Katie Purkiss (Southern Oregon State) 10:09.50; 7. Jessica Bissonette (Whitman WA) 10:10.51; 8. Melanie Kosin (Whitworth WA) 10:22.39; 9. Dawn Yauk (Bethany KS) 10:24.86; 10. Beth Sonnenberg (Hillsdale MI) 10:29.01; 11. Naomi Moore (Taylor IN) 10:29.49; 12. Shauna Queen (Harding AR) 10:32.87; 13. Kim Pawelek (North Florida) 10:53.0;

## 5000-meter Run, Women

## FINAL RESULTS

1. Tigest Moreda (Wayland Baptist TX) 16:52.44; 2. Juli Cyrus (George Fox OR) 17:02.29; 3. Emily Kellman (Puget Sound WA) 17:14.00; 4. Amber Anderson (Midland Lutheran NE) 17:30.82; 5. Bonnie Evans (Rio Grande OH) 17:35.26; 6. Karen Perry (Hillsdale MI) 17:59.24; 7. Michelle Palmer (Berry GA) 18:01.85; 8. Misty Allen (Westmont CA) 18:18.35; 9. Kris Maraveller (Western Washington) 18:50.80; 10. Ashley Schultz (Bethany KS) 18:56.25; 11. Melissa Brunner (Mid-America Nazarene KS) 19:27.52; 12. Leslie Smolen (Siena Heights MI) DID NOT START; 13. Wendi Schrock (Walsh OH) DID NOT START; 14. Jodie Young (Wayland Baptist TX) DID NOT START;

## 10,000-meter Run, Women

## FINAL RESULTS

1. Tigest Moreda (Wayland Baptist TX) 35:12.46; 2. Bonnie Evans (Rio Grande OH) 36:19.16; 3. Kris Maraveller (Western Washington) 37:52.11; 4. Misty Allen (Westmont CA) 37:56.78; 5. Jodie Young (Wayland Baptist TX) 38:03.38; 6. Wendi Schrock (Walsh OH) 38:08.00; 7. Kathleen Gibson (Whitman WA) 38:42.00; 8. Jenny Kohl (Olivet Nazarene IL) 39:03.04; 9. Melissa Moffett (Puget Sound WA) 39:42.00; 10. Leslie Smolen (Siena Heights MI) 39:56.01; 11. Andrea Nye (Western Washington) 40:06.95; 12. Turi Widsteen (Pacific Lutheran WA) 41:15.46; 13. 39:5;

## Marathon, Women

## FINAL RESULTS

1. Peggy Murphy (Oklahoma Christian) 2:52:54.0; 2. Theresa Walton (Southern Oregon State) 2:59:27.0; 3. Krista Pritchard (Cedarville OH) 3:06:34.0; 4. Shirley Rojas-Weller (Fresno Pacific CA) 3:08:13.0; 5. Kristina Lackner (Linfield OR) 3:19:34.0; 6. Crystal Kuyper (Northern State SD) 3:20:33.0; 7. Sonia Weir (Azusa Pacific CA) 3:22:51.0; 8. Tamara DePue (Southwestern KS) 3:25:19.0; 9. Susan Holliman (Aquinas MI) 3:46:43.0; 10. Lisa Van Denend (Dordt IA) 3:47:33.0; 11. Keri Hutchison (Harding AR) 3:54:34.0; 12. Betty Miller (Findlay OH) DID NOT FINISH;

## 100-meter Hurdles, Women

## FINAL RESULTS

1. Carolin Sterling (Central State OH) 13.57; 2. Michelle Campbell (Azusa Pacific CA) 13.84; 3. Michaela Colluney (Simon Fraser BC) 14.21; 4. Vivian Bell (Wayland Baptist TX) 14.37; 5. Marlo Henke (Minot State ND) 14.44; 6. Deon Hemmings (Central State OH) 14.50; 7. Tiajuana Newell (Findlay OH) 14.57; 8. Yvette French (Prairie View A&M TX) 14.60;

## 400-meter Hurdles, Women

## FINAL RESULTS

1. Deon Hemmings (Central State OH) 55.14; 2. Christine Gray (Prairie View A&M TX) 57.55; 3. Michaela Colluney (Simon Fraser BC) 58.10; 4. Vivian Bell (Wayland Baptist TX) 59.14; 5. Liz Morland (Simon Fraser BC) 1:01.70; 6. Tiajuana Newell (Findlay OH) 1:02.70; 7. Tanya Wilde (Moorhead State MN) 1:02.98; 8. Tammy Hafner (Mary ND) 1:05.90;

## 3000-meter Race Walk, Women

## FINAL RESULTS

1. Jennifer Zalewski (Wisconsin-Parkside) 13:53.3; 2. Kelly Watson (Wisconsin-Parkside) 14:17.1; 3. Dani Kupkovits (Wisconsin-Parkside) 15:01.5; 4. Margaret Ditchburn (Wisconsin-Parkside) 15:05.0; 5. Ali DeWitt (Wisconsin-Parkside) 15:05.6; 6. Liz Fashun (Wisconsin-Parkside) 15:17.9; 7. Joanne Fox (Simon Fraser BC) 15:41.6; 8. Jennifer Moss (Wisconsin-Parkside) 15:51.6; 9. Valerie Chan (Puget Sound WA) 16:22.3; 10. Tracey Pope (Wisconsin-Parkside) 16:40.3; 11. Kristin Thomas (George Fox OR) 16:52.1;

## 4x100-meter Relay, Women

## FINAL RESULTS

1. (Central State OH) 45.46; 2. (Simon Fraser BC) 47.08; 3. (Findlay OH) 47.20; 4. (Black Hills State SD) 47.70; 5. (Park MO) 48.84; 6. (Huntington IN) 48.89; 7. (Wayland Baptist TX) DID NOT FINISH; 8. (Southern-New Orleans LA) DISQUALIFIED;





Discus Throw, Women FINAL RESULTS  
26. Darcy Cantrell (Bethany KS) 31.72 (104-01.0); 27. Deanna Balderson (Western Washington) 25.40 (83-04.0);

Javelin Throw, Women FINAL RESULTS  
1. Debbie Malachowski (Azusa Pacific CA) 45.32 (148-08.0); 2. Kirsten Schultz (Ottawa KS) 44.24 (145-02.0); 3. Kim Vanderhoek (Simon Fraser BC) 43.40 (142-05.0); 4. Cheryl Shepherd (George Fox OR) 42.82 (140-06.0); 5. Stacy Koontz (Bethel KS) 42.66 (139-11.0); 6. Stephanie Hutchins (Pacific Lutheran WA) 42.54 (139-07.0) Stac; 7. Leah Johanson (George Fox OR) 42.00 (137-09.0); 8. Kristy Fleming (George Fox OR) 41.56 (136-04.0); 9. Shelley Morris (Simon Fraser BC) 41.40 (135-10.0); 10. Mary Karol Raymond (Doane NE) 40.14 (131-08.0); 11. Mea Frantz (Willamette OR) 38.80 (127-03.0); 12. Christi Johnson (Jamestown ND) 38.28 (125-07.0); 13. Heather Meharry (Pacific OR) 35.00 (114-10.0);

Heptathlon, Women FINAL RESULTS  
1. Kim Vanderhoek (Simon Fraser BC) 459-05.0; 2. Anneli Svard (Point Loma Nazarene CA) 409-03.0; 3. Kendall Matheson (Simon Fraser BC) 396-01.0; 4. Carmen Kapke (Doane NE) 388-06.0; 5. Shelley Morris (Simon Fraser BC) 382-09.0 (Simon; 6. Jennifer Harman (Southern Oregon State) 374-04.0; 7. Marlyss Stenberg (George Fox OR) 371-03.0 (Simon; 8. Amy Gall (Midland Lutheran NE) 369-00.0;

Heptathlon 100m Hds, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 15.14; 0. Marlyss Stenberg (George Fox OR) 15.70; 0. Amy Gall (Midland Lutheran NE) 16.20 Simo; 0. Anneli Svard (Point Loma Nazarene CA) 14.94; 0. Kendall Matheson (Simon Fraser BC) 15.59 16.20; 0. Shelley Morris (Simon Fraser BC) 16.51; 0. Kim Vanderhoek (Simon Fraser BC) 14.41; 0. Jennifer Harman (Southern Oregon State) 15.65;

Heptathlon High Jump, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 1.63 (5-04.25); 0. Marlyss Stenberg (George Fox OR) 1.54 (5-00.5); 0. Amy Gall (Midland Lutheran NE) 1.39 (4-06.75); 0. Anneli Svard (Point Loma Nazarene CA) 1.60 (5-03.0); 0. Kendall Matheson (Simon Fraser BC) 1.57 (5-01.75); 0. Shelley Morris (Simon Fraser BC) 1.69 (5-06.5); 0. Kim Vanderhoek (Simon Fraser BC) 1.69 (5-06.5); 0. Jennifer Harman (Southern Oregon State) 1.57 (5-01.75);

Heptathlon Shot Put, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 10.56 (34-07.75); 0. Marlyss Stenberg (George Fox OR) 9.16 (30-00.75); 0. Amy Gall (Midland Lutheran NE) 11.62 (38-01.5); 0. Anneli Svard (Point Loma Nazarene CA) 11.97 (39-03.25); 0. Kendall Matheson (Simon Fraser BC) 10.32 (33-10.25); 0. Shelley Morris (Simon Fraser BC) 10.56 (34-07.75); 0. Kim Vanderhoek (Simon Fraser BC) 12.79 (41-11.5); 0. Jennifer Harman (Southern Oregon State) 8.34 (27-04.5);

Heptathlon 200m Dash, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 27.22; 0. Marlyss Stenberg (George Fox OR) 27.02; 0. Amy Gall (Midland Lutheran NE) 26.05 aser; 0. Anneli Svard (Point Loma Nazarene CA) 26.25; 0. Kendall Matheson (Simon Fraser BC) 25.48 26.05; 0. Shelley Morris (Simon Fraser BC) 27.68; 0. Kim Vanderhoek (Simon Fraser BC) 24.79; 0. Jennifer Harman (Southern Oregon State) 25.94;

Heptathlon Long Jump, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 4.71 (15-05.5) w: +3.62; 0. Marlyss Stenberg (George Fox OR) 5.26 (17-03.0) w: +4.00; 0. Amy Gall (Midland Lutheran NE) 4.83 (15-10.0) w: +4.04; 0. Anneli Svard (Point Loma Nazarene CA) 5.51 (18-01.0) w: +4.91; 0. Kendall Matheson (Simon Fraser BC) 5.45 (17-10.5) w: +4.18; 0. Shelley Morris (Simon Fraser BC) 4.88 91(16-00.0) w: +3.16; 0. Kim Vanderhoek (Simon Fraser BC) 5.76 (18-10.75) w: +3.27; 0. Jennifer Harman (Southern Oregon State) 5.06 (16-07.25) w: +5.93;

Heptathlon Javelin, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 40.40 (132-06.0); 0. Marlyss Stenberg (George Fox OR) 28.44 (93-04.0); 0. Amy Gall (Midland Lutheran NE) 31.90 (104-08.0); 0. Anneli Svard (Point Loma Nazarene CA) 33.28 (109-02.0); 0. Kendall Matheson (Simon Fraser BC) 29.70 (97-05.0); 0. Shelley Morris (Simon Fraser BC) 41.32 (135-07.0) ndall Math; 0. Kim Vanderhoek (Simon Fraser BC) 45.58 (149-06.0); 0. Jennifer Harman (Southern Oregon State) 28.58 (93-09.0) 0.;

Heptathlon 800m Run, Women FINAL RESULTS  
0. Carmen Kapke (Doane NE) 2:33.40; 0. Marlyss Stenberg (George Fox OR) 2:23.61; 0. Amy Gall (Midland Lutheran NE) 2:23.26 era; 0. Anneli Svard (Point Loma Nazarene CA) 2:33.57; 0. Kendall Matheson (Simon Fraser BC) 2:26.52 2:23.26; 0. Shelley Morris (Simon Fraser BC) 2:32.98; 0. Kim Vanderhoek (Simon Fraser BC) 2:39.48; 0. Jennifer Harman (Southern Oregon State) 2:22.96;

400-Dash, Women FINAL RESULTS  
1. Audrea Sterling (Central State OH) 52.33; 2. Fatima Yusuf (Southern-New Orleans LA) 53.52; 3. Amy Von Wald (Northern State SD) 55.45; 4. Magali Segovia (Wayland Baptist TX) 56.05; 5. Cecilia Crear (Prairie View A&M TX) 56.22n Stat; 6. Tami Freeman (Park MO) 57.40; 7. Amlinda Sloan (Point Loma Nazarene CA) 57.87; Fiona Sobers (Arkansas-Pine Bluff) DISQUALIFIED;

200-Meter Dash, Women FINAL RESULTS  
1. Layphane Carnagie (Central State OH) 23.78; 2. Audrea Sterling (Central State OH) 24.22; 3. Chantel Rolle (Southern-New Orleans LA) 24.29; 4. Bridgette Edwards (Central State OH) 24.53; 5. Danielle Butler (Hillsdale MI) 25.01; 6. Lisa Rosbrough (Prairie View A&M TX) 25.27; 7. Sandra Kidd (Central State OH) 25.35; 8. Alma Merriewether (Southern-New Orleans LA) 25.37;







## 4x400-meter Relay, Women

## FINAL RESULTS

1. (Central State OH) 3:38.24; 2. (Prairie View A&M TX) 3:44.87; 3. (Simon Fraser BC) 3:45.72; 4. (Arkansas-Pine Bluff) 3:46.72; 5. (Tarleton State TX) 3:51.51; 6. (Pacific Lutheran WA) 3:51.52 (Arkansas-; 7. B (Azusa Pacific CA) 3:52.36; (Southern-New Orleans LA) DISQUALIFIED;

## 800-m Medley Relay, Women

## FINAL RESULTS

1. (Central State OH) 1:40.04; 2. (Southern-New Orleans LA) 1:43.19; 3. (Prairie View A&M TX) 1:43.25; 4. (Simon Fraser BC) 1:44.45; 5. (Northern State SD) 1:46.38; 6. (Wayland Baptist TX) 1:46.59; 7. (Biola CA) 1:48.10; 8. (Findlay OH) 1:48.20;

## High Jump, Women

## FINAL RESULTS

1. Corinna Wolf (Simon Fraser BC) 1.80 (5-10.75); 2. Latrese Moffitt (Azusa Pacific CA) 1.80 (5-10.75); 3. Shelley Morris (Simon Fraser BC) 1.65 (5-05.0); 4. Rene Zimmerman (Sterling KS) 1.65 (5-05.0); 4. Tracy Holtzen (Western Oregon State) 1.65 (5-05.0); 6. Theresa Hanus (Doane NE) 1.65 (5-05.0); 7. Alison Hunkins (Western Oregon State) 1.65 (5-05.0); 8. Jana Hochstetler (Doane NE) 1.60 (5-03.0); 8. Misti Harris (Findlay OH) 1.60 (5-03.0); 10. Terri Pruitt (Azusa Pacific CA) 1.60 (5-03.0); 10. Angie Grimes (Pacific Lutheran WA) 1.60 (5-03.0); 12. Vashell Brackett (Arkansas-Pine Bluff) 1.60 (5-03.0); 12. Veronica Persons (Central Washington) 1.60 (5-03.0); 12. Denise Allen (Southwestern KS) 1.60 (5-03.0); Dawn Farden (Concordia NE) NO HEIGHT; 6 Marchell Lupton (Dakota Wesleyan SD) NO HEIGHT; Rebekah Kemp (Findlay OH) NO HEIGHT; Tina Golden (George Fox OR) NO HEIGHT; Penny Mayberry (Harding AR) NO HEIGHT; Shawna Gohrick (Jamestown ND) NO HEIGHT; Kim Vanderhoek (Simon Fraser BC) NO HEIGHT; Selisha Hudson (Southern-New Orleans LA) NO HEIGHT; Kelly Barnes (Westmont CA) NO HEIGHT; Shelley Coffman (Glenville State WV) SCRATCHED;

## Long Jump, Women

## FINAL RESULTS

1. Carolin Sterling (Central State OH) 6.23 (20-05.25) w: +1.12; 2. Kim Vanderhoek (Simon Fraser BC) 5.82 (19-01.0) w: +2.62; 3. Rowena Welford (Wayland Baptist TX) 5.69 (18-08.0) w: +0.56; 4. LaTasha Hughes (Benedict SC) 5.63 (18-05.5) 2w: +3.40; 5. Alicia Smith (Western Oregon State) 5.48 (17-11.75) w: +3.28; 6. Lisa Pilakowski (Doane NE) 5.47 (17-11.25) w: +1.87; 7. LaTasha Edwards (Prairie View A&M TX) 5.42 (17-09.25) w: +3.37; 8. Cecilia Crear (Prairie View A&M TX) 5.41 (17-09.0) w: -0.19; 9. Jennifer Ponder (Azusa Pacific CA) 5.38 (17-07.75) w: +1.14; 10. Jennifer Frazier (Pacific Lutheran WA) 5.26 (17-03.0); 11. Heather Ewing (Western Oregon State) 5.26 (17-03.0) 1Jen; 12. Michele Candray (Lindenwood MO) 5.26 (17-03.0); 13. Kendall Matheson (Simon Fraser BC) 5.25 (17-02.75) en; 14. Michaela Colluney (Simon Fraser BC) 5.25 (17-02.75); 15. Stephanie Sherman (Cedarville OH) 5.22 (17-01.5) ra; 16. Renae Beikmann (Concordia NE) 5.21 (17-01.0); 17. Rene Zimmerman (Sterling KS) 5.19 (17-00.25) (17-01.; 18. Wendy Mullins (Tarleton State TX) 5.17 (16-11.5); 19. Kristin Zoeller (Indiana Wesleyan) 5.14 (16-10.25) 01; 20. Shannon Egbert (Huntington IN) 5.13 (16-10.0); 21. Shawna Gohrick (Jamestown ND) 5.02 (16-05.5) 5) 01.; 22. Kenya Ford (Prairie View A&M TX) 4.91 (16-01.25); 23. Kim Sowers (Rio Grande OH) 4.81 (15-09.25); 24. Stacy Ruebhausen (Ottawa KS) 4.57 (15-00.0); 25. Michelle Olson (Dakota Wesleyan SD) 4.41 (14-05.5);

## Triple Jump, Women

## FINAL RESULTS

1. Christine Gray (Prairie View A&M TX) 12.93\* (42-05.25) w: -1.84; 2. Yvette French (Prairie View A&M TX) 12.28 (40-03.5) bh; 3. Stephanie Sherman (Cedarville OH) 11.72 (38-05.5); 4. Kenya Ford (Prairie View A&M TX) 11.61 (40-38-01.25) se; 5. Jennifer Frazier (Pacific Lutheran WA) 11.51 (37-09.25); 6. LaTasha Edwards (Prairie View A&M TX) 11.51 (37-09.25); 7. Tracy Fox (Pacific Lutheran WA) 11.51 (37-09.25); 8. Regina Flynn (Western Oregon State) 11.38 (37-04.0); 9. Renae Beikmann (Concordia NE) 11.36 (37-03.25); 10. Narayana Hall (West Virginia Wesleyan) 11.26 (36-11.5); 11. Lisa Ostrander (Central Washington) 11.24 (36-10.5); 12. Dawn Farden (Concordia NE) 11.20 (36-09.0) se; 13. Rene Zimmerman (Sterling KS) 11.17 (36-07.75); 14. Lisa Pilakowski (Doane NE) 11.11 (36-05.5) (36-0; 15. Kalimba Perry (Prairie View A&M TX) 11.06 (36-03.5); 16. Rowena Welford (Wayland Baptist TX) 11.05 (36-03.0) n; 17. Michele Candray (Lindenwood MO) 11.02 (36-02.0); 18. Alicia Smith (Western Oregon State) 11.00 (36-01.25) .0; 19. Missy Walz (Jamestown ND) 10.98 (36-00.25); 20. Kristin Zoeller (Indiana Wesleyan) 10.97 (36-00.0) .2; 21. Carmen Gage (Azusa Pacific CA) 10.79 (35-05.0); 22. Heather Ewing (Western Oregon State) 10.76 (35-03.75) n; 23. Stacey Ritter (Rio Grande OH) 10.70 (35-01.25); 24. Heidi Nelson (Northern State SD) 10.58 (34-08.5) 5-; 25. Kristy Lindsey (Rio Grande OH) 10.56 (34-07.75); 26. Terri Pruitt (Azusa Pacific CA) 10.53 (34-06.75) 5); 27. Jill Ellwood (Bethany KS) 10.34 (33-11.25); 28. Kim Strong (Bethany KS) 10.06 (33-00.25) (;

## Shot Put, Women

## FINAL RESULTS

1. Kim Hayes (Doane NE) 14.84 (48-08.25); 2. Molly Duggan (Western Oregon State) 14.50 (47-07.0); 3. Heather Rhoadarmer (Doane NE) 13.69 (44-11.0); 4. Anne Deaver (Black Hills State SD) 13.44 (44-01.25) eather Rho; 5. eMelissa Aardema (Hillsdale MI) 13.32 (43-08.5); 6. Kim Vanderhoek (Simon Fraser BC) 13.27 (43-06.5); 7. Wendy Cordeiro (Pacific Lutheran WA) 13.13 (43-01.0); 8. Kathleen Johnson (Jamestown ND) 12.99 (42-07.5) en dy Corde; 9. Tereasa Van Zee (Dordt IA) 12.92 (42-04.75); 10. Karri Kuzma (Hillsdale MI) 12.67 (41-07.0) dy Co; 11. Amy Feekin (Graceland IA) 12.59 (41-03.75); 12. Tamara Peacock (Findlay OH) 12.44 (40-09.75); 12. Amy Estes (Midwestern State TX) 12.44 (40-09.75); 14. Debbie Malachowski (Azusa Pacific CA) 12.41 (40-08.75); 15. Jennifer A. Morris (Malone OH) 12.25 (40-02.25); 16. Chris Mudget (Hillsdale MI) 11.96 (39-03.0); 17. Kirsten Schultz (Ottawa KS) 11.94 (39-02.25); 18. Jennifer McClure (Whitman WA) 11.81 (38-09.0); 19. Kimberley Barents (Dakota Wesleyan SD) 11.64 (38-02.25); 20. Leah Johanson (George Fox OR) 11.61 (38-01.25);

## Discus Throw, Women

## FINAL RESULTS

1. Debbie Malachowski (Azusa Pacific CA) 49.28 (161-08.0); 2. Kim Hayes (Doane NE) 49.24 (161-06.0); 3. Rachel Squillace (Puget Sound WA) 45.74 (150-01.0); 4. Kathleen Johnson (Jamestown ND) 45.60 (149-07.0) Rachel Squ; 5. Wendy Cordeiro (Pacific Lutheran WA) 45.20 (148-03.0); 6. Amy Ellis (Northern State SD) 42.48 (139-04.0); 7. Elizabeth Vandel (South Dakota Tech) 42.20 (138-05.0); 8. Anne Deaver (Black Hills State SD) 41.10 (134-10.0) Elizab; 9. Molly Duggan (Western Oregon State) 40.82 (133-11.0); 10. Linda Hellborg (Point Loma Nazarene CA) 40.54ab (133-00.0); 11. Kim Rice (Huntington IN) 40.36 (132-05.0); 12. Tracy Meadows (Fresno Pacific CA) 40.02 54ab (131-03.0); 13. Rochelle L. Fletcher (Missouri Valley) 39.70 (130-03.0); 14. Melissa Stewart (Azusa Pacific CA) 38.36 31-(125-10.0); 15. Heather Rhoadarmer (Doane NE) 38.16 (125-02.0); 15. Diana Triplett (Whitworth WA) 38.16 (125-02.0) ); 17. Leslie Norris (Concordia NE) 38.04 (124-10.0); 18. Amy Estes (Midwestern State TX) 37.90 (124-04.0) 25; 19. Chris Mudget (Hillsdale MI) 37.86 (124-02.0); 20. Debbie Meredith (Black Hills State SD) 37.724.0 (123-09.0); 21. Barb Erni (Malone OH) 37.46 (122-11.0); 22. Deanna Lauchlen (Hillsdale MI) 34.78 (114-01.0); 23. Laura L. Davis (Missouri Valley) 34.66 (113-08.0); 24. Tereasa Van Zee (Dordt IA) 33.44 (109-08.0); 25. Elizabeth Vandel (South Dakota Tech) 33.25 (107-10.0);





Easter Relays-Women's Results  
March 20, 1993

Hammer

1. Beard AIA 152'4"

3000-section B

1. Wester	Biola	12.03.0
2. Daudel	FPC	12:33.0
3. Beltran	FPC	12:46.0
4. Seghers	Biola	12:51.6

1500

1. Kara Bradbury	UCSB	4.44.5
2. Mary Crane	UCSB	4.44.7
3. Julie Cyrus	GFC	4.47.7
4. Deanna Hadley	UCSB	4.52.8
5. Jenny Campbell	GFC	4.54.8
6. Thea Roberts	UCSB	4.56.5
7. Kristin VonTeuber	UCSB	4.59.2
8. Andrea Talbot	WH	5.06.0
9. Cami Gillman	SUS	5.08.1
10. Carrie Haas	WH	5.08.5
11. Lisa Hunziker	SUS	5.14.2
12. Dao Truong	WC	5.51.0

4X100

1. APU (Gage, pruit, Spattin, Campbell)	50.32
2. WC	52.82
3. GFC	53.12
4. UR	DQ

Shot Put-1

1. Debbie Malachowski	APU	43'2.75"
2. Tracy Meadors	FPC	38'
3. Lou Elison	SUS	37'3"
4. Mellissa Stewart	APU	36'5.5"
5. Melanie Dear	UR	33'6"

Shot Put-2

6. Jennifer Flynn	WH	32'1"
7. Jen Stengel	CMS	31'8"
8. Laura McCombs	B	31'4.5"
9. Marcelina Compton	FPC	29'1"
10. Lynell Johnson	B	27'9.5"
11. Desiree Gentis	APU	25'1.5"

Shot Put-3

12. Karina Escobar	ND	24'3"
13. Stacey Mills	APU	23'7.25"
14. Ami Lloyd	WH	21'11"
15. Desiree Woolen	ND	19'4"

Long Jump

1. Lisa Hale	SBTC	20'.5"
2. Kim Carter	UNAT	18'
3. Jennifer Ponder	APU	17'3.75"
4. Erika Bornhorst	UCSB	17'2.25"
5. Carmen Gage	APU	16'8"
6. Penny Porter	UR	16'.75"
7. Steph Benitez	APU	15'7.25
8. Liz Bradley	UCSB	15'1.5"
9. Tamar Nitcher	APU	14'4.75"
10. Lynell Johnson	B	13'3.75"
11. Kim Bates	WH	12'10.75"



100M LH-1

1.Michelle Campbell APU 13.79  
 2.Lisa Hale SBTC 14.22  
 3.Becky Thomas UCSB 14.94  
 4.Lisa Knott UCSB 15.61  
 5.Shelley Snyder WC 15.66  
 6.Brenda Foy SUS 15.9  
 7.Debbie Child SUS 16.51  
 8.Heather Hanger WC 17.19

100M LH-2

1.Erika Bornhorst UCSB 16.39  
 2.Tamika Taylor UR 17.62  
 3.Denette Wilson UR 18.89  
 4.Brandy Williams ND 20.04  
 5.Kim Bates WH 20.24

100M-1

1.Tanisha Nimmer B 12.91  
 2.Lynn Spradlin APU 13.02  
 3.Jacque Dixon APU 13.28  
 4.Kristin Johnson UCSB 13.5  
 5.Tamar Nitcher APU 13.91  
 6.Karen Morales UCSB 13.98  
 7.Stella Singleton SBTC 14.36

100M-2

1.Gilda Banks UCSB 13.19  
 2.Allison Pinto CMS 13.52  
 3.Shannon Geraghty WC 13.84  
 4.Alison Triarsi UR 14.7  
 5.Andrea Durham ND 14.8

4X800

1.GFC (VanTassel, Campbell, Smith, Kintrea) 9:35.87  
 2.UCSB 'A' 9:46.4  
 3.SUS 9:56.18  
 4.WC 10:01.71  
 5.UCSB 'B' 10:42.34

400H-1

1.Tami Olson UCSB 1:03.82  
 2.Lisa Knott UCSB 1:05.87  
 3.Brenda Foy SUS 1:06.24  
 4.Carmen Gage APU 1:09.51  
 5.Stephanie Benitez APU 1:13.83  
 6.Debbie Child SUS DQ

400H-2

1.Juli Mosier UCSB 1:07.24  
 2.Alison Higgins UCSB 1:11.59  
 3.Candice Guyer WC 1:11.69

Javelin--1,2&3

1.Debbie Malachowski APU 155'6"  
 2.Donna Beard AIA 136'9"  
 3.Nicole Schexnayder SUS 133'3"  
 4.Angie Weiss FPC 132'4"  
 5.Becky Schofield SUS 128'  
 6.Dawn Marusov UCSB 118'4"  
 7.Kathy Seagle FPC 117'1"  
 8.Rose Goodrich SUS 97'7"  
 9.Erika Bornhorst UCSB 84'6"  
 10.Dana Leitch APU 71'7"  
 11.Jennifer Flynn WH 69'10"  
 12.Ami Lloyd WH 64'  
 13.Karina Escobar ND 59'  
 14.Sabrina Spinali ND 136'9"  
 15.Christi Garcia 50'3"  
 16.Shelley Miles FPC 42'5"

3000-A

1.Jackie Love SBTC 10:00.23  
 2.Julie Thomas UCSB 10:11.9  
 3.Michelle Brown GFC 10:15.2  
 4.Anna Pett SUS 10:46.68  
 5.Shirley Rojas-Welder FPC 10:49.3  
 6.Sandy Taylor GFC 10:53.53  
 7.Stephanie Rosen GFC 10:56.24  
 8.Dawn Hartwig GFC 11:00.0  
 9.Erika Timm SUS 11:03.8  
 10.Tara Barnhardt WH 11:16.6  
 11.Heidi Riukin CMS NT  
 12.Jenifer Wheelock ND 12:25.8

Triple Jump

1. Jennifer Lagle	UCSB 33'10.5"	5. Tamar Nitcher	APU 32'7.25"
2. Carmen Gage	APU 35'7.25"	6. Cheryl Shepherd	UR 32'5.5"
3. Terri Pruitt	APU 35'6.75"	7. Nell Hergenrather	UCSB 31'4"
4. Liz Bradley	UCSB 34'8.25"	8. Christy Taylor	APU 29'3.75"

Sprint Medley

1. APU (Nitcher, Ponder, Spalin, Dixon) 1:55.77  
 2. WC 1:56.03  
 3. UCSB 1:58.89  
 4. UR 2:00.42  
 5. B 2:18.99

Distance Medley

1. WC (Bazzoli, Grant, Helsabeck, Allen) 12:21.31  
 2. UCSB 'A' 12:37.31  
 3. B 12:41.97  
 4. GFC 12:46.88  
 5. CMS 13:16.76  
 6. WH 13:31.93  
 7. UCSB 'B' 14:00.92

High Jump

1. Jennifer Fielding	FPC 5'4"	5. Wendy Heaton	SUS 5'2"
2. Debbie Childs	SUS 5'2"	6. Kalina Freeman	UCSB 5'2"
Terri Pruitt	APU 5'2"	7. Katy Seagle	FPC 4'10"
4. Julie Rusher	UCSB 5'2"	Erika Bornhorst	UCSB 4'10"
		8. Nell Hergenrather	UCSB 4'10"

Discus-1,2,3

1. Debbie Malachowski	APU 154'8"	5. Angie Weiss	FPC 107'8"
2. Melissa Stewart	APU 133'2"	6. Laura McCombs	B 105'6"
3. Tracy Meadors	FPC 121'	7. Lou Elison	SUS 104'2"
4. Jen Stengel	CMS 118'10"	8. Lewis	102-

Mile Relay

1. APU (Gage, Westley, Devries, Campbell) 3:59.54  
 2. WC 'A' 4:06.2  
 3. UCSB 4:06.22  
 4. SUS 4:07.91  
 5. GFC 4:14.97  
 6. WC 'B' 4:19.7  
 7. B 4:29.00  
 8. CMS 4:30.9

## WOMEN'S RESULTS

FRIDAY, MARCH 26, 1993, STANFORD STADIUM

400 METER HURDLES - (HEAT 1) - 1. Hemmings (CENT. ST) 60.63; 2. Woods (W) 62.49; 3. Weidmon (ORE) 63.55; 4. Sandberg (WSU) 64.19; 5. Boyd (S) 65.26; 6. Neitling (ORE) 66.18; (HEAT 2) - 1. Taormina (WSU) 63.90; 2. Paul (WSU) 63.95; 3. Gabrielson (CPSLO) 65.60; 4. Stenberg (G. FOX) 66.45; 5. Mercer (CS) 66.57; 6. Adams (P) 69.24; (HEAT 3) - 1. Anderson (ORE) 64.59; 2. Heath (ORE) 65.15; 3. Patil (UCD) 66.50; 4. Sisti (D) 67.20; 5. Anderson (UCD) 67.25; 6. Monahan (UCSD) 67.78; (HEAT 4) - 1. Breedlove (ORE) 66.23; 2. Persons (CSS) 67.35; 3. Howell (UCD) 67.75; 4. Mings (CSS) 69.23; 6. Ross (G. FOX) 71.39; HEAT 5 - 1. Brown (UCD) 69.46; 2. Popek (S) 71.22; 3. Cochran (CS) 71.97; 4. Munoz (S) 72.09; 5. Dalton (S) 74.51; 6. Killeen (UCD) 77.95; (HEAT 6) - 1. Ferrara (UCD) 66.85; 2. Hall (WSU) 68.29; 3. Andrade (UCD) 70.27; 4. Pollaro (CS) 73.25; 5. Fejeran (CS) 74.88

OVERALL WINNERS: 1. Hemmings (CENT. ST) 60.63; 2. Woods (W) 62.49; 3. Weidmon (ORE) 63.55

UNIVERSITY 3,000 METERS - (SECTION 1) - 1. Carlson (ORE) 9:56.83; 2. Pillow (ARK) 9:59.78; 3. Kriz (W) 10:03.29; 4. Cyrus (G. FOX) 10:09.76; 5. Truitt (S) 10:15.6; 6. Sanchez (D) 10:17.73; 7. Back (W. VALLEY) 10:22.0; 8. Purkis (S. ORE) 10:22.5; 9. Flathers (CPSLO) 10:24.1; 10. Brayton (W) 10:25.7; 11. Dockter (P) 10:28.9; Manwaring (D) 10:30.6; 13. Harlick (UCD) 10:36.2; 14. Doering (UCD) 10:43.6; (SECTION 2) - 1. Fetherson (CCSF) 10:19.45; 2. Bjornson (CS) 10:26.28; 3. Zwagerman (ORE) 10:26.75; 4. Hall (WSU) 10:28.89; 5. Ottaway (CCSF) 10:30.60; 6. Wells (S) 10:43.49; 7. Heidt (UCD) 10:50.2; 8. Kemp (UCD) 10:51.0; 9. Campbell (G. FOX) 10:51.5; 10. Gay (CS) 10:52.2; 11. Kaiser (UCD) 11:00.5; 12. Lange (S) 11:05.3; 13. Wheelock (CND) 12:46.0

OVERALL WINNERS: 1. Carlson (ORE) 9:56.83; 2. Pillow (ARK) 9:59.78; 3. Kriz (W) 10:03.29

100 METERS - (HEAT 1) - 1. Harris (CS) 12.17; 2. Smith (WSU) 12.50; 3. Guiffen (W) 12.51; 4. Mathewson (W) 12.52; 5. Kidd (CENT ST) 12.53; 6. Washington (UCSD) 12.69; 7. Hoggatt (S) 12.89; (HEAT 2) - 1. Kissinger (CSS) 12.62; 2. Bridgeman (S) 12.83; 3. Robinson (W) 12.97; 4. Casbere (W) 12.97; 5. Adams (P) 13.75; (HEAT 3) - 1. Terry (W) 12.89; 2. Werner (W) 13.00; 3. Sutton (W) 13.15; 4. Hobbs (CSS) 13.32; 5. Hardy (SFS) 13.45; 6. Coreen (MENLO) 13.83; 7. Love (SAC ST) 13.8.

OVERALL WINNERS: 1. Harrié (CS) 12.17; 2. Smith (WSU) 12.50; 3. Guiffen (W) 12.51.

HIGH JUMP - 1. Campana (CPSLO) 5-6; 2. Izoco (NV) 5-4; 3 (TIE) Carnathan (S), Sprowl (UCS & Korbel (CPSLO) 5-4; 6. Jensen (NV) 5-2; 7. Koebel (CPSLO) 5-1; 8. Sims (UCD) 5-1; 9. Blaney (S) 4-8.

DISTANCE MEDLEY RELAY: 1. Villanova 11:40.7; 2. Stanford 11:47.2; 3. Washington 12:22.4; 4. CPSLO 12:26.7; 5. George Fox 12:41.5; 6. Dartmouth 12:43.1; 7. CS Stanislaus 12:43.8.

5,000 METERS - 1. Zajac (V) 16:17.0; 2. Stieger (Unat) 17:05.9; 3. Orifice (CPSLO) 17:08.4; 4. Van Borkuld (ORE) 17:15.4; 5. Berry (Unat) 17:20.0; 6. Lacovara (CPSLO) 17:23.0; 7. Sapienza (Unat) 17:37.7; 8. Hayward (S) 17:41.2; 9. Callero (ORE) 17:53.2; 10. Lsichte (CPSLO) 17:56.4; 11. Garner (S) 18:04.8; 12. Cobb (D) 18:05.5; 13. Mifsud-Ell (F) 18:08.9; 14. McLoughlin (SFSU) 18:11.2; 15. Smith (UCD) 18:13.1; 16. Brown (G. Fox) 18:25.6; 17. Rothman (S) 18:28.1; 18. Hanna (UCSD) 18:33.4; 19. Hinkle (UCSD) 18:41.4; 20. Calveet (CPSLO) 18:43.7; 21. Johnson (UCD) 19:34.7; 22. Rosen (G. Fox) 19:41.3; 23. Hartwig (G. Fox) 19:47.3; 24. Taylor (G. Fox) 20:11.6.

LONG JUMP - 1. Lanovaz (Canada) 19-9; 2. Odita (Stanford TC) 19-8 1/4; 3. Warner (W) 18-6 1/4; 4. Silvis (W) 18-0; 5. Axtell (S) 17-9 1/4; 6. Cochran (CS) 17-7 3/4; 7. Smith (CS Stanislaus) 17-3; 8. Vermeere (W) 17-2 1/4.

SHUTTLE HURDLES - (HEAT 1) - 1. WSU 64.2; 2. Stanford 65.2; 3. Sac. State 75.9; (HEAT 2) - 1. Washington 60.5; 2. Oregon 63.3;

OVERALL WINNERS - 1. Washington 60.5; 2. Oregon 63.3; 3. WSU 64.2.

SPRINT MEDLEY RELAY - 1. Central State 3:53.3; 2. WSU 4:00.1; 3. Washington 4:01.4; 4. G. Fox 4:25.7.

10,000 METERS - Cossio (CSLA) 35:07.0; 2. Mount (Arkansas) 35:11.0; 3. Ojeda 35:53.0; 4. Cazaros 36:57.0; 5. Walton 38:32.9; 6. McCarthy 39:22.0; 7. Eckberg 39:42.8; 8. Atkinson 40:05.3; 9. Romo 41:06.6

WOMEN'S TRIPLE JUMP; 1. Hudson (Unat) 43-5; 2. Li (WSU) 40-9; 3. Harris (CS) 40-4 1/4; 4. Phillips (WSU) 39-1 3/4; 5. Weeks (S) 38-7; 6. Silvis (W) 38-6 1/4; 7. Morrison (WSU) 38-0 3/4; 8. Lee (S) 38-0.



THE 1993 STANFORD TRACK & FIELD FESTIVAL (SPONSORED BY DIET PEPSI & BANK OF AMERICA)  
SATURDAY, MARCH 27, 1993; STANFORD STADIUM

WOMEN'S RESULTS

DISCUS: - 1. Sue Demars (S) 45.98; 2. Kimya Phillips (CSLA) 45.32; 3. Jennifer Peters (CPSLO) 43.92; 4. Winchester (D) 42.38; 5. Ahmann (CPSLO) 41.28; 6. Rouse (CSS) 41.24; 7. Roth (ORE) 40.30; 8. Lewis (W) 39.78.

100 METER HURDLES: - (HEAT 1) 1. Robinson (W) 14.01; 2. Gabrielson (CPSLO) 14.93; 3. Hall (WSU) 14.95; 4. Warner (W) 15.18; 5. Lee (S) 15.60; 6. Breedlove (ORE) 15.60; 7. Beesley (Sac. State) 15.98; 8. Peters (UCD) 16.29; (HEAT 2) 1. Kissinger (CSS) 14.90; 2. Anderson (ORE) 15.02; 3. Rieger (D) 15.03; 4. Weidman (ORE) 15.17; 5. Harmon (S. ORE) 15.65; 6. Pau (WSU) 15.77; 7. Stayberg (G. Fox) 15.80; 8. Atkinson (Sac. State) 15.93; (HEAT 3) 1. Woods (W) 15.54; 2. Neitling (ORE) 15.64; 3. Vermeere (W) 16.09; 4. Cochran (CS) 16.93; 5. Popek (S) 17.07; 6. Munoz (S) 17.27.

OVERALL WINNERS: 1. Claudine Robinson (W) 14.01; 2. Ann Kissinger (CSS) 14.90; 3. Carrie Gabrielson (CPSLO) 14.93.

EAST/WEST INVITATIONAL SHOT PUT - 1. Janet Hill (CSLA) 51-9; 2. Georgette Reed (Canada) 49-9; 3. Julie Beck (ORE) 45-7; 4. Winchester (D) 44-2; 5. Shoemaker (D) 43-0; 6. Lewis (W) 41-5; 7. Barden (Nev) 40-10.

INVITATIONAL JAVELIN - 1. Erica Wheeler (UNAT) 173-4; 2. Ashley Selman (ORE) 164-8; 3. Nicole Carroll (UNAT) 162-0; 4. Roth (ORE) 153-0; 5. McCormick (S) 151-3; 6. Stellick (ORE) 150-9; 7. Parker (W) 145-10; 8. Ronning (W) 143-5.

EAST/WEST 100 METERS - 1. Chryste Gaines (UNAT) 11.50; 2. Layphane Carnagie (Central State OH) 11.90; 3. Lareina Woods (ORE) 11.91; 4. Brunner (WSU) 12.07; 5. Oliver (S) 12.15; 6. Edwards (Central State OH) 12.41; 7. Gaines (UNAT) 12.54.

EAST/WEST LONG JUMP - 1. Jackie Edwards (STAN TC) 20-10 1/2; 2. Chantal Brunner (WSU) 19-10 1/4; 3. Nancy Lanovaz (Canada) 19-1 1/2; 4. Jackie Bridgeman (S) 18-0 1/2; 5. Mathewson (W) 17-11; 6. Atkinson (SAC STATE) 17-7.

EAST/WEST 4X880 RELAY - 1. Villanova 9:03.06; 2. Washington 9:16.99; 3. Stanford 9:20.09; 4. Washington State 9:26.43; 5. George Fox 9:47.33.

EAST/WEST 100 METER HURDLES - 1. Claudine Robinson (W) 13.84; 2. Felicia Harris (CS) 14.12; 3. Christy Boyd (S) 14.50; 4. Shannon McKinney (WSU) 14.51; 5. Kami Warner (W) 14.95; 6. Rieper (D) 15.48.

EAST/WEST INVITATIONAL MILE - 1. Jennifer Bravard (WSU) 4:51.10; 2. Carrie Luis (CSS) 4:53.69; 3. Jenna Carlson (ORE) 4:55.16; 4. Karr (P) 4:55.22; 5. Flowers (V) 4:55.91; 6. Woodward (ORE) 4:55.94; 7. Hoitink (W) 5:01.07; 8. Jones (UCD) 5:03.16; 9. Johnson (W) 5:05.79; 10. Lopez (CCSF) 5:07.67; 11. Rotherston (CCSF) 5:16.44.

INVITATIONAL HIGH JUMP - 1. Peggy Odita (STAN TC) 5-7; 2. Kathy Unruh (S) 5-5; 3. Amo Olson (ORE) 5-5; 4. Vermeere (W) 5-3; 5. (TIE) Sandberg (SAC STATE) & Beesley (SAC STATE) 5-1; 7. Campana (CPSLO) 5-1.

INVITATIONAL DISCUS - 1. Pam Dukes (UNAT) 168.9; 2. Janet Hill (CSLA) 149-9; 3. Sue Demars (S) 140-6; 4. Beck (ORE) 136-8; 5. Reed (CANADA) 136-6.

EAST/WEST 800 METERS - 1. Rene Manfredi (UNAT) 2:12.27; 2. Erika Klein (ORE) 2:12.28; 3. Ingrid Gordon (CENTRAL STATE OH) 2:13.66; 4. Spies (V) 2:14.22; 5. Moore (CPSLO) 2:15.09; 6. Molway (UCD) 2:18.35; 7. Harman (S. OREGON STATE) 2:19.82; 8. Farnady (NEV) 2:22.56.

400 METER RELAY - 1. Oregon 46.06; 2. Washington State 46.85; 3. Washington 47.13; 4. Stanford 47.42; 5. UC Davis 47.42; 6. UC San Diego 48.78.

1500 METERS - (HEAT 1) 1. Rainey (UNAT) 4:34.7; 2. Ruopoll (V) 4:40.8; 3. Rhimes (V) 4:41.2; 4. Malloy (V) 4:43.0; 5. Horn (CPSLO) 4:47.6; 6. Van Borkul (ORE) 4:50.0; 7. Brathoyd (WSU) 4:51.0; 8. Brown (WSU) 4:52.5; 9. Zack (WSU) 4:54.4; 10. Nemanic (Sac State) 5:04.7;

11. Maier (ORE) 5:04.8; (HEAT 2) - 1. Sheehy (S) 4:43.7; 2. Luo (S) 4:49.2; 3. Friedman (S) 4:51.0; 4. Anderson (W) 4:52.1; 5. Brayton (W) 4:52.4; 6. Palten (ORE) 4:52.6; 7. Churchman (CCSF) 4:54.0; 8. Bjornsen (CS) 4:55.4; 9. Hunt (ORE) 5:01.1; 10. Lanning (ORE) 5:05.5;

OVERALL WINNERS - 1. Meredith Rainey (UNAT) 4:34.7; 2. Reemie Ruopoll (V) 4:40.8; 3. Jen Rhimes (V) 4:41.2.

HAMMER - 1. Chamberlain (D) 143-11; 2. Wolf (CSH) 140-7; 3. Thompson (D) 133-7; 4. Alderman (S) 124-1; 5. Templeton (S) 121-9.

SHOT PUT - 1. Candi Shoemaker (D) 43-2 1/2; 2. Tiann Rouse (CSS) 41-4 1/4; 3. Tonia Roth (ORE) 40-6 3/4; 4. Lewis (W) 40-6 1/4; 5. Thompson (D) 40-4 1/4; 6. Stice (WSU) 38-8 3/4; 7. Marvich (Sac State) 38-0 3/4; 8. Holton (CPSLO) 37-11 1/2.

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SATURDAY, MARCH 27, 1993 (STANFORD STADIUM)

WOMEN'S RESULTS

4X400 RELAY - (HEAT 1) - 1. Central State Ohio 3:46.0; 2. Washington 3:52.4; 3. Washington State 3:55.3; 4. Cal Poly SLO 3:59.9; (HEAT 2) - 1. UC Davis 3:57.8; 2. Oregon 3:59.3; 3. UC San Diego 4:04.5; 4. Washington 4:07.2;

OVERALL WINNERS - 1. Central State Ohio 3:46.0; 2. Washington (A) 3:52.4; 3. Washington State 3:55.3.