

2005

## 2005 Press Release

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# GEORGE FOX UNIVERSITY

**SPORTS RELEASE: WOMEN'S SOCCER – Wednesday, January 25, 2006**

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## **1/25 – ACADEMIC ALL-CONFERENCE: Four Bruins Named Women's Soccer Academic All-Northwest Conference**

**NEWBERG, Ore.** – Four members of the women's soccer team are among a total of 28 George Fox University athletes who have been named to the 2005 Academic All-Northwest Conference fall sports teams as announced by the league office recently.

Bruins who have been honored include **Amy Heide**, a freshman goalkeeper from Portland, Ore.; **Lindsay Jacobs**, a junior defender from Bend, Ore.; **Melissa Noyd**, a junior defender from Salem, Ore.; and **Katlynn Tuttle**, a sophomore midfielder from East Wenatchee, Wash.

**Heide** is a Health and Human Performance major with a 3.63 GPA. She played in one game this season as a back-up to Second Team All-NWC keeper Jessica Cardwell and earned the victory in a 5-0 win over Cascade.

**Jacobs** is a Psychology major with a 3.50 GPA. She appeared in 19 games, all starts, this season, and scored her only goal of the year in a 3-1 setback to Pacific Lutheran.

**Noyd** is an Elementary Education major with a 3.93 GPA. She was one of only two Bruins to play in every game this season, starting all 20, and had one goal and one assist. She assisted on the winning goal in a 2-1 win at Pacific and scored the final goal, the first of her career, in a 5-0 win at Cascade.

**Tuttle** is a Health and Human Performance major with a 3.70 GPA. She appeared in 19 games with 16 starts this season, assisting on the game-winning goal in a 5-0 victory at Cascade.

All athletes who are on a sport's varsity roster and who have a cumulative grade point average of 3.50 or higher, no matter what year they are in school, receive Academic All-Conference honors.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Thursday, November 10, 2005

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## 11/10 – ALL-NWC: League Saves Leader Cardwell Named to All-NWC Second Team

**NEWBERG, Ore.** – After ranking second in the Northwest Conference in saves as a freshman last year, George Fox University goalkeeper Jessica Cardwell went one better and led the league in saves this fall, earning All-NWC Women's Soccer Second Team honors as voted on by the league's nine coaches for her defensive efforts.

Cardwell, a sophomore from Fall Creek, Ore., and Thurston High School, had 147 saves last year and earned Honorable Mention All-NWC accolades. This year, she totaled 144 stops in the net, 20 more than anyone else in the conference, and was also the league leader in saves per game with a 7.20 average. She tied for 4th in the NWC with five shutouts, which equals the third-best single-season effort in Bruin history, was 4th in save percentage (.847), and was 6th in goals-against average (1.30). Her teammates simply had trouble scoring for her, getting only 16 goals all season, resulting in her record being only 5-13-1 as the Bruins went 6-13-1 overall and 3-12-1 in the conference.

Cardwell now has 291 saves and nine shutouts in just two years. She is already fourth all-time at George Fox in career shutouts, and is over halfway to the all-time record of 16 by Meghan Gibson, who did it in just two seasons (1997-98).

Cardwell was the only Bruin named to the All-NWC First, Second, and Honorable Mention teams. League champion University of Puget Sound locked up all the top awards, Cortney Kjar getting NWC Offensive Player of the Year, Katie Wullbrant receiving Defensive Player of the Year, and Dan Keene taking home Coach of the Year honors.

The entire list of All-Northwest Conference women's soccer honorees for 2005 is available on the NWC web site at [http://www.nwcsports.com/sports/soccer\\_women/All-NWC.htm](http://www.nwcsports.com/sports/soccer_women/All-NWC.htm).

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, November 5, 2005

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## 11/5 – GEORGE FOX 1, LINFIELD 0: Bruins Down Wildcats to End Season on a Winning Note

WEST SALEM, Ore. – Closing out a competitive yet frustrating season that saw them play 15 contests decided by one or fewer goals, the George Fox University Bruins ended the 2005 campaign on a positive note with a 1-0 overtime victory over the Linfield College Wildcats in a Northwest Conference women's soccer match Saturday here at West Salem High School.

The game had been moved to the West Salem turf field due to wet conditions on the Wildcats' home field in McMinnville.

The two Yamhill County rivals battled through 90 minutes of regulation with Linfield dominating the game, though neither team could score. The Wildcats took 17 shots during that time, 7 on goal, while limiting the Bruins to only 4 shots, none on goal.

George Fox controlled the overtime, however, taking 3 good shots to none for Linfield, and finally got one to make it through. Julie Alexander's shot five minutes into overtime hit the post and bounced out, and Kaylee Ross took one that was saved by Linfield keeper Allison Cartmill shortly thereafter. Ross later got a second try and succeeded at 96:42 when her shot scooted past a diving Cartmill and settled in the bottom right corner of the net for her first goal of the year. A long kick from Cherie Beck to Alexander, who quickly moved the ball to Ross, set up the score.

Bruin keeper Jessica Cardwell recorded 7 saves in posting her 5th shutout of the season and 9th in her two-year career. She is 4th on the George Fox career shutout list.

Although it was the final game of the season, the Bruins said goodbye to no one on the team. The squad's only academic seniors, Lindsay Jacobs and Amaris Tronson, both have another year of eligibility.

George Fox finishes the season with an overall record of 6-13-1 and in 9th place in the conference at 3-12-1. The Bruins were 4-5 in games that ended 1-0 and 1-4 in 2-1 games. Linfield is through at 5-11-4 overall and finishes in 8th in the NWC at 3-10-3.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Linfield (11/05/05 at Salem, Ore.)

George Fox (6-13-1, 3-12-1 NWC) vs.  
 Linfield (5-11-4, 3-10-3 NWC)  
 Date: 11/05/05 Attendance: 68  
 Weather: Rainy, Blustery, and Cloudy

Goals by period	1	2	OT	Tot
-----	-----	-----	-----	-----
George Fox.....	0	0	1	1
Linfield.....	0	0	0	0

George Fox						
Pos	##	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica....	-	-	-	-
	2	Jacobs, Lindsay.....	2	-	-	-
	3	Noyd, Melissa.....	-	-	-	-
	4	Atkinson, Emily.....	-	-	-	-
	7	Hall, Whitney.....	-	-	-	-
	8	Alexander, Julie....	2	-	1	-
	9	Zirschky, Bethany...	-	-	-	-
	10	Tuttle, Katie.....	-	-	-	-
	11	Stevens, Amber.....	1	-	-	-
	17	Ross, Kaylee.....	2	2	1	-
	18	Roots, Kelli.....	-	-	-	-
		-----	-----	-----	-----	-----
		Substitutes				
	5	Beck, Cherie.....	-	-	1	-
		Totals.....	7	2	1	2

Linfield						
Pos	##	Player	Sh	SOG	G	A
GK	0	Cartmill, Allison...	-	-	-	-
	2	Franklin, Kate.....	1	1	-	-
	3	Inouye, Martha.....	-	-	-	-
	4	Calcagno, Amber.....	2	1	-	-
	10	Covey, Ashley.....	6	2	-	-
	13	Richwine, Anna.....	-	-	-	-
	14	Siler, Kristine.....	-	-	-	-
	15	Wochnick, Kathleen..	2	-	-	-
	16	Nauman, Kelsey.....	-	-	-	-
	17	Stoltz, Chelsey.....	2	1	-	-
	19	Wood, Heidi.....	-	-	-	-
		-----	-----	-----	-----	-----
		Substitutes				
	5	Gard, Darcy.....	-	-	-	-
	8	Williams, Maura.....	1	1	-	-
	9	Caster, Steff.....	-	-	-	-
	11	Edstrom, Sarah.....	1	1	-	-
	20	Reuland, Nellis.....	2	-	-	-
	23	Ensminger, Ashley...	-	-	-	-
		Totals.....	17	7	0	0

George Fox				
##	Player	MIN	GA	Saves
22	Cardwell, Jessica...	96:42	0	7

Linfield				
##	Player	MIN	GA	Saves
0	Cartmill, Allison...	96:42	1	1

Shots by period

	1	2	OT	Tot
--	---	---	----	-----

George Fox.....	3	1	3	-	7
Linfield.....	9	8	0	-	17

Corner kicks

	1	2	OT	Tot
--	---	---	----	-----

George Fox.....	2	1	0	-	3
Linfield.....	2	1	0	-	3

Saves by period

	1	2	OT	Tot
--	---	---	----	-----

George Fox.....	3	4	0	-	7
Linfield.....	0	0	1	-	1

Fouls

	1	2	OT	Tot
--	---	---	----	-----

George Fox.....	3	6	0	-	9
Linfield.....	2	8	0	-	10

SCORING SUMMARY:

GOAL	Time Team	Goal Scorer	Assists	Description
1.	96:42 GFUW	Ross, Kaylee	Beck, Cherie; Alexander, Julie	Keeper dove and missed, bottom right cor

CAUTIONS AND EJECTIONS:

YC-GFUW #18 (86:05)

Officials: Referee: Jordan Wilson; Asst. Referee: Ron Lagraf; Fred Parish;  
Timekeeper: Shawn Morgan; Scorer: Cristina Konnecke;  
Offsides: George Fox 4, Linfield 2.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, October 29, 2005

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## 10/29 – PACIFIC 2, GEORGE FOX 1: Bruins Bow to Boxers to Close Out Home Schedule

**NEWBERG, Ore.** – In their 13th game this season decided by a single goal, the George Fox University Bruins dropped another nail-biter in their final home game 2-1 to the Pacific University Boxers in a Northwest Conference women's soccer match Saturday afternoon here at Morse Field.

The Boxers took an early 1-0 lead when Kaleigh Stubblefield intercepted a George Fox attempt to clear the ball from the keeper's box and reversed it into the left back of the net 8:59 into the game, her second score of the season. The Bruins struck back quickly to tie it 34 seconds later, Emily Atkinson heading in a corner kick from Julie Alexander that skipped off a Pacific defender and left her with an open shot. It was Atkinson's third goal of the year.

Pacific broke the deadlock at 57:35 in the second half when Stubblefield took a shot from the right corner of the keeper's box toward the left corner of the net. George Fox keeper Jessica Cardwell dove and deflected the ball, but Brooke Hayashi was there for the second attempt and connected from point-blank range for her fourth goal of the season.

The game was an evenly-played match, the Boxers taking 14 shots and 8 on goal to 13 and 6 for the Bruins. Each team collected 4 corner kicks. Cardwell made 6 saves and Shannon Tillman had 5 in goal for Pacific.

George Fox fell to 5-12-1 overall and 2-11-1 in the conference, while Pacific improved to 7-10-1 overall and 4-9-1 in the league. The Bruins close out the season next weekend with two road games, the first on Friday at 11:00 a.m. at league-leading and 9th-ranked University of Puget Sound. The Boxers visit Willamette University Friday at 11:00 a.m. as well.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Pacific (Ore.) vs George Fox (10/29/05 at Newberg, Ore.)

Pacific (Ore.) (7-10-1, NWC 4-9-1) vs.  
 George Fox (5-12-1, NWC 2-11-1)  
 Date: 10/29/05 Attendance: 125  
 Weather:

Goals by period 1 2 Tot  
 Pacific (Ore.)..... 1 1 - 2  
 George Fox..... 1 0 - 1

Pacific (Ore.)	Sh	SOG	G	A
GK 40 Tillman, Shannon....	-	-	-	-
M 5 Stubblefield, Kalsieg	5	5	1	1
F 7 Krebs, Tessa.....	-	-	-	-
M 8 Ratty, Courtney.....	-	-	-	-
D 10 Donohoue, Rose.....	-	-	-	-
F 11 Dolphin, Katie.....	-	-	-	-
M 16 Hayashi, Brooke.....	2	1	1	-
D 17 Hilson, Megahan.....	1	1	-	-
D 19 Saban-Roach, Anna....	1	-	-	-
D 20 Guenther, Lynne.....	-	-	-	-
M 21 Vondrachek, Lindsay.	2	-	-	-
----- Substitutes -----				
2 Johnson-Endo, Jenna....	-	-	-	-
3 Susoka, Stacy.....	-	-	-	-
4 Markle, Janell.....	1	-	-	-
9 Ganiko, Kelli.....	1	-	-	-
12 Bailey, Katie.....	-	-	-	-
15 Feucht, Mandy.....	1	1	-	-
Totals.....	14	8	2	1

George Fox	Sh	SOG	G	A
GK 22 Cardwell, Jessica....	-	-	-	-
D 2 Jacobs, Lindsay.....	-	-	-	-
D 3 Noyd, Melissa.....	-	-	-	-
M 4 Atkinson, Emily.....	2	1	1	-
D 5 Beck, Cherie.....	-	-	-	-
F 7 Hall, Whitney.....	2	-	-	-
M 8 Alexander, Julie....	2	-	-	1
F 9 Zirschky, Bethany... 3	3	3	-	-
M 10 Tuttle, Katie.....	1	1	-	-
F 11 Stevens, Amber.....	1	-	-	-
M 18 Roots, Kelli.....	1	1	-	-
----- Substitutes -----				
17 Ross, Kaylee.....	1	-	-	-
Totals.....	13	6	1	1

Pacific (Ore.)	MIN	GA	Saves
40 Tillman, Shannon....	90:00	1	5

George Fox	MIN	GA	Saves
22 Cardwell, Jessica....	90:00	2	6

Shots by period	1	2	Tot
Pacific (Ore.).....	6	8	14
George Fox.....	7	6	13

Saves by period	1	2	Tot
Pacific (Ore.).....	4	1	5
George Fox.....	4	2	6

Corner kicks	1	2	Tot
Pacific (Ore.).....	2	2	4
George Fox.....	2	2	4

Fouls	1	2	Tot
Pacific (Ore.).....	9	3	12
George Fox.....	3	4	7

SCORING SUMMARY:

GOAL Time Team Goal Scorer Assists Description

1. 8:59 PAC-W Stubblefield, Kaleig (2) (unassisted)
2. 9:33 GFUW Atkinson, Emily (3) Alexander, Julie - Corner kick
3. 57:35 PAC-W Hayashi, Brooke (4) Stubblefield, Kaleig

**CAUTIONS AND EJECTIONS:**

Officials: Referee: Marco Benavides; Asst. Referee: Ahmad Shams; Cindy Brooks;  
Offsides: Pacific (Ore.) 0, George Fox 1.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Wednesday, October 26, 2005

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## 10/26 – GEORGE FOX 1, WILLAMETTE 0: Alexander's Goal Leads Bruins to Upset of #15 Bearcats

SALEM, Ore. – Julie Alexander scored an unassisted goal in the 72nd minute, leading the visiting George Fox University Bruins to a 1-0 upset of the 15th-ranked Willamette University Bearcats in a Northwest Conference women's soccer match Wednesday night here at Sparks Field.

Playing in a steady drizzle, Alexander scored late in the second half when her shot from the top of the box slipped through the hands of Bearcat goalie Kari Woody for the game's only score. The Bruins then hung on defensively as the Bearcats had numerous scoring opportunities in the game, out-shooting GFU 19-6, but Bruin keeper Jessica Cardwell turned aside nine Bearcat shots on goal. Woody had three saves for Willamette.

The win snapped a string of 10 straight losses by the Bruins to the Bearcats, who are year in and year out one of the top teams in the conference and the country. George Fox's last win against Willamette was another 1-0 squeaker on Oct. 8, 2000, in Newberg, when the Bruins ended a 58-game regular-season winning streak for the 4th-ranked Bearcats and handed them their first NWC defeat in three years.

The Bruins, with their second straight win, are now 5-11-1 overall and 2-10-1 in the conference. The Bearcats lost their second straight game and fell to 10-6-1 overall and 8-4-1 in the league. George Fox returns home Saturday for its final home game of the season, hosting Pacific University at 11:00 a.m. Willamette hosts Linfield College Sunday at 11:00 a.m.

Soccer Box Scores (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Willamette (10/26/05 at Salem, Ore.)

George Fox (5-11-1, 2-10-1 NWC) vs.  
 Willamette (10-6-1, 8-4-1 NWC)  
 Date: 10/26/05 Attendance: 110  
 Weather:

Goals by period 1 2 Tot  
 George Fox..... 0 1 - 1  
 Willamette..... 0 0 - 0

George Fox	Sh	SOG	G	A
Pos ## Player				
GK 22 Cardwell, Jessica...	-	-	-	-
2 Jacobs, Lindsay.....	1	-	-	-
3 Noyd, Melissa.....	1	1	-	-
4 Atkinson, Emily.....	1	-	-	-
7 Hall, Whitney.....	-	-	-	-
8 Alexander, Julie.....	2	2	1	-
9 Zirschky, Bethany...	-	-	-	-
10 Tuttle, Katie.....	-	-	-	-
11 Stevens, Amber.....	1	1	-	-
14 Ah Choy, Jasmine....	-	-	-	-
18 Roots, Kelli.....	-	-	-	-
----- Substitutes -----				
5 Beck, Cherie.....	-	-	-	-
Totals.....	6	4	1	0

Willamette	Sh	SOG	G	A
Pos ## Player				
GGK 00 Woody, Kari.....	-	-	-	-
D 1 Kyrkos, April.....	1	1	-	-
F 3 Tenold, Allie.....	1	1	-	-
M 5 Gregoire, Michelle..	1	-	-	-
D 6 Standifer, Jennifer..	-	-	-	-
F 7 Gross, Emily.....	3	-	-	-
M 8 Uhlmansiek, Laura...	2	1	-	-
M 9 Butler, Susan.....	3	2	-	-
F 11 Hindman, Brenna....	-	-	-	-
D 12 Post, Sam.....	-	-	-	-
M 14 Lammers, Jessica....	2	1	-	-
----- Substitutes -----				
2 Priest, Kelsey.....	2	2	-	-
4 Clevenger, Rachel...	1	1	-	-
13 Hewitt, Britteny....	-	-	-	-
Totals.....	16	9	0	0

George Fox	MIN	GA	Saves
## Player			
22 Cardwell, Jessica...	90:00	0	9

Willamette	MIN	GA	Saves
## Player			
00 Woody, Kari.....	90:00	1	3

Shots by period	1	2	Tot
George Fox.....	4	2	6
Willamette.....	7	9	16

Saves by period	1	2	Tot
George Fox.....	2	7	9
Willamette.....	2	1	3

Corner kicks	1	2	Tot
George Fox.....	0	0	0
Willamette.....	4	4	8

Fouls	1	2	Tot
George Fox.....	3	4	7
Willamette.....	2	5	7

SCORING SUMMARY:

GOAL	Time Team	Goal Scorer	Assists	Description
1.	72:20 GFUW	Alexander, Julie	(unassisted)	

CAUTIONS AND EJECTIONS:

Officials:

Offsides: George Fox 0, Willamette 1.



# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Monday, October 24, 2005

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## 10/24 – GEORGE FOX 5, CASCADE 0: Bruins Topple Thunderbirds in Final Non-Conference Match

PORTLAND, Ore. – With five different players scoring a goal apiece, the George Fox University Bruins led all the way in defeating the Cascade College Thunderbirds 3-1 in their final non-Northwest Conference women's soccer match of the season Monday afternoon here at Williams & Smith Field.

The Bruins wasted no time getting on the board as Emily Atkinson scored her second goal of the season, with an assist from Katie Tuttle, a mere 2:19 into the game. Just over six minutes later, Katelyn Brandt notched her first collegiate goal with an assist from Julie Alexander at the 8:42 mark. Alexander scored her second of the season off a feed from Brandt at 29:07, and Whitney Hall's unassisted goal, the first of her career, at 39:36 gave the Bruins an insurmountable 4-0 lead at the half. Melissa Noyd, a senior defender, closed out the scoring with her first career goal in the second half, scoring at the 58:04 mark after a pass from Atkinson.

The George Fox defense did the rest, allowing the T'Birds only one shot and none on goal for the entire match, while the visitors took 16 shots, 10 on goal. Amy Heide, who made her first career start in goal and got the win in 64+ minutes of work, and Jessica Cardwell combed for the shutout. Kelci Harn started and got the loss for the Thunderbirds, she and Dani Ferris combining for five saves against the Bruins.

George Fox improved to 4-11-1 with the win, while Cascade fell to overall 1-16 with its eighth straight loss in its final game of the season. The Bruins are back to conference action Wednesday when they travel to Salem to take on Willamette University at 5:00 p.m., followed by the men's game at 7:30 p.m.

### Soccer Box Score (Final) The Automated ScoreBook For Soccer George Fox vs Cascade (10/24/05 at Portland, OR)

George Fox (4-11-1) vs.  
 Cascade (1-16)  
 Date: 10/24/05 Attendance: 75  
 Weather: Sunny, Breezy

Goals by period 1 2 Tot  
 -----  
 George Fox..... 4 1 - 5  
 Cascade..... 0 0 - 0

George Fox		Sh	SOG	G	A
Pos	## Player				
GK	23 Heide, Amy.....	1	1	-	-
	3 Noyd, Melissa.....	2	1	1	-
	4 Atkinson, Emily.....	1	1	1	1
	5 Beck, Cherie.....	1	1	-	-
	7 Hall, Whitney.....	3	2	1	-
	8 Alexander, Julie....	2	1	1	1
	9 Zirschky, Bethany...	-	-	-	-
	10 Tuttle, Katie.....	1	-	-	1
	17 Ross, Kaylee.....	1	1	-	-
	19 Roots, Kelli.....	-	-	-	-
	20 Skjelstad, Rachael..	-	-	-	-
----- Substitutes -----					
	11 Stevens, Amber.....	2	1	-	-
	12 Brandt, Katelyn.....	2	1	1	1
	22 Cardwell, Jessica...	-	-	-	-
Totals.....		16	10	5	4

Cascade		Sh	SOG	G	A
Pos	## Player				
GK	13 Kelci Harn.....	-	-	-	-
	0 Dani Ferris.....	-	-	-	-
	4 Nicole Wheeler.....	-	-	-	-
	5 Whitney Maxwell.....	-	-	-	-
	6 Jacki Goodban.....	-	-	-	-
	8 Amanda Bergum.....	-	-	-	-
	9 Cassie Nelson.....	-	-	-	-
	10 Daena Leffler.....	-	-	-	-
	11 Jessica Johnson.....	-	-	-	-
	14 Lisa Lyons.....	1	-	-	-
	16 Tara Anderson.....	-	-	-	-
----- Substitutes -----					
	15 Jessika Anderson....	-	-	-	0
Totals.....		1	0	0	0

George Fox	MIN	GA	Saves
## Player			
23 Heide, Amy.....	64:26	0	0
22 Cardwell, Jessica...	25:34	0	0

Cascade	MIN	GA	Saves
## Player			
13 Kelci Harn.....	29:07	3	2
0 Dani Ferris.....	60:53	2	3

Shots by period	1	2	Tot
George Fox.....	13	3	16
Cascade.....	0	1	1

Saves by period	1	2	Tot
George Fox.....	0	0	0
Cascade.....	3	2	5

Corner kicks	1	2	Tot
George Fox.....	2	2	4
Cascade.....	0	2	2

Fouls	1	2	Tot
George Fox.....	3	6	9
Cascade.....	5	1	6

#### SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	2:19	GFUW	Atkinson, Emily	Tuttle, Katie	
2.	8:42	GFUW	Brandt, Katelyn	Alexander, Julie	
3.	29:07	GFUW	Alexander, Julie	Brandt, Katelyn	
4.	39:36	GFUW	Hall, Whitney	(unassisted)	
5.	58:04	GFUW	Noyd, Melissa	Atkinson, Emily	

**CAUTIONS AND EJECTIONS:**

**Officials:**

**Offsides: George Fox 1, Cascade 0.**

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Wednesday, October 19, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## 10/19 – LEWIS & CLARK 1, GEORGE FOX 0: Bruins Fall in Night Contest to Pioneers for Second Time

PORTLAND, Ore. – Completing a season sweep, the Lewis & Clark College Pioneers scored a first-half goal and the defense made it stand up for a 1-0 win over the George Fox University Bruins in Northwest Conference women's soccer action Wednesday night here at Griswold Stadium.

Brittany Larson scored the lone goal of the game, booting a shot over the left shoulder of Bruin goalkeeper Jessica Cardwell into the upper corner of the net at the 23:45 mark of the first period. The Pioneer defenders then held the Bruins to four shots in the game, including just one in the second half. Goalkeeper Nora Germano had three saves in the Pioneers' fifth shutout of the season, while Cardwell had seven for the Bruins.

George Fox, playing its 7th 1-0 game of the season, fell to 3-10-1 overall and 1-9-1 in the conference. Lewis & Clark, which won the first meeting between the two teams 2-1 in Newberg on Sept. 24, improved to 5-8-2 overall and 3-7-1 in the NWC

Both teams return to action Saturday, the Bruins hosting Pacific Lutheran University and the Pioneers welcoming Willamette University. Game time both places is 12:00 noon.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Lewis & Clark (10/19/05 at Portland, Ore.)

George Fox (3-10-1, 1-9-1 NWC) vs.  
 Lewis & Clark (5-8-2, 3-7-1 NWC)  
 Date: 10/19/05 Attendance: 56  
 Weather:

Goals by period 1 2 Tot  
 -----  
 George Fox..... 0 0 - 0  
 Lewis & Clark..... 1 0 - 1

George Fox	Sh	SOG	G	A
Pos ## Player				
GK 22 Cardwell, Jessica...	-	-	-	-
2 Jacobs, Lindsay.....	-	-	-	-
3 Noyd, Melissa.....	-	-	-	-
4 Atkinson, Emily.....	-	-	-	-
7 Hall, Whitney.....	2	2	-	-
8 Alexander, Julie.....	-	-	-	-
9 Zirschky, Bethany...	2	1	-	-
10 Tuttle, Katie.....	-	-	-	-
11 Stevens, Amber.....	-	-	-	-
14 Ah Choy, Jasmine.....	-	-	-	-
18 Roots, Kelli.....	-	-	-	-
----- Substitutes -----				
5 Beck, Cherie.....	-	-	-	-
17 Ross, Kaylee.....	-	-	-	-
Totals.....	4	3	0	0

Lewis & Clark	Sh	SOG	G	A
Pos ## Player				
GK 00 Germano, Nora.....	-	-	-	-
4 Housman, Lisa.....	1	1	-	-
6 Habbit, Kelsey.....	2	1	-	-
9 Larson, Brittany....	4	3	1	-
10 Burnett, Katie.....	3	1	-	-
13 Diaz, Mihana.....	-	-	-	-
15 Phillips, Kate.....	-	-	-	-
17 Kieffer, Sarah.....	-	-	-	-
18 Whitford, Lindsey...	-	-	-	-
20 Kelly, Celeste.....	-	-	-	-
21 Thurin, Stephanie...	3	2	-	-
----- Substitutes -----				
3 Nicolai, Rachelle...	-	-	-	-
5 Hudson, Alison.....	1	-	-	-
7 Ticus, Marissa.....	-	-	-	-
8 Conroy, Rebecca.....	-	-	-	-
Totals.....	14	8	1	0

George Fox	MIN	GA	Saves
## Player			
22 Cardwell, Jessica...	90:00	1	7
Shots by period	1	2	Tot
-----			
George Fox.....	3	1	- 4
Lewis & Clark.....	5	9	- 14
Corner kicks	1	2	Tot
-----			
George Fox.....	1	0	- 1
Lewis & Clark.....	4	1	- 5

Lewis & Clark	MIN	GA	Saves
## Player			
00 Germano, Nora.....	90:00	0	3
Saves by period	1	2	Tot
-----			
George Fox.....	1	6	- 7
Lewis & Clark.....	2	1	- 3
Fouls	1	2	Tot
-----			
George Fox.....	9	4	- 13
Lewis & Clark.....	2	5	- 7

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	23:45	L&C	Larson, Brittany	Corner kick	Over goalie's left shoulder into corner

CAUTIONS AND EJECTIONS:

Officials: Referee: Cindy Brook; Asst. Referee: Dex Miller; Dennis Carr;  
 Timekeeper: Ryan Clayman; Scorer: Melissa Dudek;  
 Offsides: George Fox 0, Lewis & Clark 2.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Sunday, October 16, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## 10/16 – GEORGE FOX 0, WHITMAN 0 (2 OT): Cardwell Saves Scoreless Tie for Bruins in Duel with Missionaries

**WALLA WALLA, Wash.** – Goalkeeper Jessica Cardwell frustrated the Whitman College Missionaries at every turn, stopping 14 shots on goal by the Missionaries as the visiting George Fox University Bruins battled the home team to a 0-0 double-overtime standoff in Northwest Conference women's soccer action here Sunday afternoon.

In out-shooting George Fox 35-11, the Missionaries racked up a 15-5 advantage in shots on goal, but Cardwell kept the Bruins in the game, making 14 saves (one on goal was blocked by a teammate), including a game-saving dive to her left on a Kristen Berndt shot with six minutes remaining in the second overtime. "Their keeper played a fantastic game," Whitman coach Scott Shields said of Cardwell, who posted her third shutout of the season.

The Missionaries had several good scoring chances in the first half. McKenzie Hoffman had a shot from inside the 18 saved by a diving Caldwell, and knocked another blast off the crossbar. Berndt put a shot from inside the 18 just out of Caldwell's reach and only inches outside of the right post. In the second half, Betsy Neel got a good crack on a direct kick from 30 yards, but the shot hit the crossbar and ricocheted away.

The Bruin offense was led by Julie Alexander, who took six shots, three of them on goal, but Whitman goalie Erica Goad matched Cardwell's shutout, making five saves for her third shutout as well. Whitman's attack was headed by Sammie Arthur's eight shots, four on net, and by Berndt, who also took eight shots, three on goal.

George Fox is now 3-9-1 overall and 1-8-1 against NWC opponents. Whitman, which has played to a scoreless deadlock in three of its last five games, is 6-4-3 on the season and 4-3-3 in the league. The Bruins are back in action Wednesday at Lewis & Clark College, playing their only night game of the season at 7:00 p.m. The Missionaries visit Pacific University Saturday at 12:00 noon.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Whitman (10/16/05 at Walla Walla, Wash.)

George Fox (3-9-1, 1-8-1) vs.  
 Whitman (6-4-3, 4-3-3)  
 Date: 10/16/05 Attendance: 200  
 Weather:

	Goals by period	1	2	OT	O2	Tot
George Fox.....		0	0	0	0	0
Whitman.....		0	0	0	0	0

George Fox		Sh	SOG	G	A
Pos	## Player				
GK	22 Cardwell, Jessica...	-	-	-	-
	2 Jacobs, Lindsay.....	2	1	-	-
	3 Noyd, Melissa.....	1	1	-	-
	4 Atkinson, Emily.....	-	-	-	-
	5 Beck, Cherie.....	-	-	-	-
	7 Hall, Whitney.....	1	-	-	-
	8 Alexander, Julie.....	6	3	-	-
	10 Tuttle, Katie.....	-	-	-	-
	11 Stevens, Amber.....	1	-	-	-
	14 Ah Choy, Jasmine....	-	-	-	-
	18 Roots, Kelli.....	-	-	-	-
----- Substitutes -----					
	9 Zirschky, Bethany...	-	-	-	-
	17 Ross, Kaylee.....	-	-	-	-
Totals.....		11	5	0	0

Whitman		Sh	SOG	G	A
Pos	## Player				
GK	0 Goad, Erica.....	-	-	-	-
	3 Frame, Erin.....	-	-	-	-
	4 Mackenzie, Kara.....	2	1	-	-
	6 Chisholm, Hillary...	1	1	-	-
	7 Telfer, Jennifer....	1	-	-	-
	9 Hoffman, McKenzie...	5	2	-	-
	10 Marshall, Emily.....	-	-	-	-
	12 Arthur, Sammie.....	8	4	-	-
	14 Wymmer, Lindsay.....	1	-	-	-
	15 DeYoung, Lauren....	1	-	-	-
	19 Berndt, Kristen....	8	3	-	-
----- Substitutes -----					
	2 Warner, Vanessa.....	-	-	-	-
	8 Neel, Betsy.....	5	2	-	-
	21 McConville, Megan...	1	1	-	-
	22 Mittelsteadt, K.....	2	1	-	-
Totals.....		35	15	0	0

George Fox		MIN	GA	Saves
##	Player			
22	Cardwell, Jessica...	110:00	0	14
TM	TEAM.....	0:00	0	1

Whitman		MIN	GA	Saves
##	Player			
0	Goad, Erica.....	110:00	0	5

Shots by period		1	2	OT	O2	Tot
George Fox.....		5	3	1	2	11
Whitman.....		16	12	5	2	35

Saves by period		1	2	OT	O2	Tot
George Fox.....		6	7	1	1	15
Whitman.....		1	3	1	0	5

Corner kicks		1	2	OT	O2	Tot
George Fox.....		0	0	0	0	0
Whitman.....		3	5	1	1	10

Fouls		1	2	OT	O2	Tot
George Fox.....		4	8	2	1	15
Whitman.....		3	4	2	1	10

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
------	------	------	-------------	---------	-------------

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CAUTIONS AND EJECTIONS:

YC-GFUM #4 (48:04)

Officials: Referee: Scott Lawrence; Asst. Referee: RC Hefner; Chris Lewis;  
Timekeeper: Cheyenne; Scorer: JD;  
Offsides: George Fox 1, Whitman 2.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, October 15, 2005

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## 10/15 – WHITWORTH 1, GEORGE FOX 0: Bruins Fall to Pirates in 6th 1-0 Game of Season

**SPOKANE, Wash.** – Playing their sixth game this year with a 1-0 score, the George Fox University Bruins dropped yet another one-goal heartbreaker when the Whitworth College Pirates scored with 23 minute left in a Northwest Conference women's soccer match Saturday afternoon here at the Whitworth soccer field.

The only goal was headed in by the Pirates' Ashley Fisk at 67:18 off a corner kick by Penelope Crowe, her 5th goal of the season. The Pirates out-shot the Bruins 28-4, with an 8-0 edge in shots on goal, and also held the advantage in corner kicks 8-1. George Fox keeper Jessica Cardwell made 5 saves while Whitworth's Jenn Miller had none to make.

George Fox, now 2-4 in games decided by a 1-0 score, are 3-9 overall and 1-8 in conference play. Whitworth is 5-4-3 overall and 4-3-2 in the league.

The Bruins visit Whitman College and the Pirates host Willamette University Sunday, both games beginning at 12:00 noon, followed by men's games at 2:30 p.m.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Whitworth (10/15/05 at Spokane, Wash.)

George Fox (3-9, NWC 1-8) vs.  
 Whitworth (5-4-3, NWC 4-3-2)  
 Date: 10/15/05 Attendance: 90  
 Weather: sunny with light breeze

Goals by period 1 2 Tot  
 -----  
 George Fox..... 0 0 - 0  
 Whitworth..... 0 1 - 1

George Fox	Pos	##	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica...	-	-	-	-	-
D	2	Jacobs, Lindsay.....	-	-	-	-	-
D	3	Noyd, Melissa.....	-	-	-	-	-
M	4	Atkinson, Emily.....	-	-	-	-	-
D	5	Beck, Cherie.....	-	-	-	-	-
F	7	Hall, Whitney.....	2	-	-	-	-
M	8	Alexander, Julie.....	1	-	-	-	-
M	10	Tuttle, Katie.....	-	-	-	-	-
F	11	Stevens, Amber.....	1	-	-	-	-
D	14	Ah Choy, Jasmine....	-	-	-	-	-
M	18	Roots, Kelli.....	-	-	-	-	-
----- Substitutes -----							
	12	Brandt, Katelyn.....	-	-	-	-	-
	17	Ross, Kaylee.....	-	-	-	-	-
	20	Skjelstad, Rachael..	-	-	-	-	-
Totals.....			4	0	0	0	0

Whitworth	Pos	##	Player	Sh	SOG	G	A
GK	1	Miller, Jenn.....	-	-	-	-	-
F	3	Thibodeau, Greta....	3	2	-	-	-
M	7	Troxel, Ashley.....	4	1	-	-	-
M	9	Hudson, Meghan.....	2	-	-	-	-
F	10	Ramsey, Whitney.....	3	1	-	-	-
D	13	Jones, Katy.....	3	1	-	-	-
D	15	Mitchell, Kimberly..	-	-	-	-	-
M	16	Fisk, Ashley.....	3	1	1	-	-
D	17	Rucinski, Jody.....	2	-	-	-	-
F	18	Tisthammer, Kara....	4	2	-	-	-
D	23	Baker, Kelly.....	1	-	-	-	-
----- Substitutes -----							
	6	Nakasone, Erin.....	1	-	-	-	-
	11	Crowe, Penelope.....	1	-	-	1	-
	19	Starky, Nicole.....	1	-	-	-	-
	24	Crain, Tori.....	-	-	-	-	-
Totals.....			28	8	1	1	

George Fox	##	Player	MIN	GA	Saves
	22	Cardwell, Jessica...	90:00	1	5
TM TEAM.....			0:00	0	2

Whitworth	##	Player	MIN	GA	Saves
	1	Miller, Jenn.....	90:00	0	0

Shots by period	1	2	Tot
George Fox.....	2	2	4
Whitworth.....	15	13	28

Saves by period	1	2	Tot
George Fox.....	4	3	7
Whitworth.....	0	0	0

Corner kicks	1	2	Tot
George Fox.....	1	0	1
Whitworth.....	5	3	8

Fouls	1	2	Tot
George Fox.....	4	10	14
Whitworth.....	5	4	9

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	67:18	WHTW-W	Fisk, Ashley (5)	Crowe, Penelope	cross from left side to far post, headed

CAUTIONS AND EJECTIONS:  
 YC-GFUW #4 (65:19); YC-GFUW #8 (85:22)

Officials: Referee: Art Ramirez; Asst. Referee: Craig Frank; Jason Panos;  
 Timekeeper: Lindsay Tootell; Scorer: Scott Churchill;  
 Offsides: George Fox 0, Whitworth 1.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Friday, October 14, 2005

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## **10/14 WHAT'S BRUIN: GEORGE FOX WOMEN'S SOCCER 2005 - Weekly News & Notes**

**Record: 3-8 (Home: 2-7, Away: 1-1) /**

**NWC: 1-7 (Home: 0-6, Away: 1-1)**

### **LINKS FOR WOMEN'S SOCCER TO:**

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

### **HIGHLIGHTS:**

- \* **Coming Up: Road Trip to Eastern Washington for Two NWC Games**
- \* **Recent Games: Home Losses to Linfield and #9 Puget Sound**
- \* **Offensive Aberration in Puget Sound Game**
- \* **Career Lists: Stevens Tied for 9th in Goals, 15th in Points**
- \* **NWC Stats: Bruins League Leaders in Goalkeeper Saves**

### **COMING UP:**

- \* **Sat., Oct. 15, 12:00 pm - at Whitworth College (4-4-3, 3-3-2), Spokane, Wash. (NWC)**
- \* **Sun., Oct. 16, 12:00 pm - at Whitman College (6-3-2, 4-2-2), Walla Walla, Wash. (NWC)**

The Bruins play back-to-back road games for the first time this season as they travel to eastern Washington for a pair of Northwest Conference games. Friday's opponents, the Whitworth Pirates, are fifth in the league standings, while Saturday's foes, the Whitman Missionaries, are fourth. Both teams have strong 1-2 offensive punches. The Pirates' Marissa Williams is 4th in the NWC in points with 12 (3 goals, league-leading 6 assists), while Ashley Fisk is 8th with 9 points (4 goals, 1 assist). Whitman's Kristen Berndt is 3rd in the NWC in points with 13 (6 goals, 1 assist), while McKenzie Hoffman is 9th in points per game at 0.88 (3

goals, 1 assist in 8 games). The Bruins lost 2-0 to Whitworth on Sept. 18 and 1-0 to Whitman on Sept. 17 in Newberg ... Visit the Northwest Conference web site for the latest [NWC Women's Soccer Standings](#).

**RECENT GAMES:** (click on links for releases and box scores)

\* [Oct. 8 - Linfield 1, at George Fox 0](#)

\* [Oct. 9 - Puget Sound 5, at George Fox 0](#)

### **COACH ANDY HETHERINGTON**

**Andy Hetherington** (St. John's, U.K., '76) is 16-49-1 (.250) in his 4th season as the women's soccer coach at George Fox. He was 123-20-5 in 10 seasons as a high school coach in the Portland, Ore., area before taking the position at George Fox. Click here for the complete bio on [Coach Hetherington](#).

### **BRUIN BITS:**

#### **\* 2005 Honors**

**NWC Defensive Player of the Week** - Jessica Cardwell (Sept. 5-11)

#### **\* Offensive Aberration in Puget Sound Game**

Defense had been the name of the game - for both teams - in every George Fox contest this season until the #9-ranked Puget Sound Loggers finally broke loose in a 5-0 win over the Bruins on Oct. 9. In the Bruins' first 10 games, neither team in any game had scored more than 2 goals. The Bruins had played five 1-0 games, four 2-1 games, and a 2-0 game.

#### **\* Career Lists: Stevens Tied for 9th in Goals, 15th in Points**

**Amber Stevens:** With 2 goals in the Bruins' 2-1 win at Pacific on Oct. 2, Stevens has 11 career goals, tying for 9th on the GFU all-time list with Tori Taylor (1999-2000), Noelle Miller (1998-99), Kyla Yokers (1995-98), Amy Maas (1992-95), and Brittni Estep-Carmichael (1994). In 8th is Sarah Bowder (13, 1995-98) ... With 27 total points (11 goals, 5 assists), Stevens is tied for 15th in career points with Tori Taylor (1999-2000). Ahead are Janet Killary (28, 1991-94) and Sara Oates (29, 2000-01) ...

**Jessica Cardwell:** With 1-0 shutouts in the first two games this year, Cardwell ranks 4th in career



goalkeeper shutouts at GFU with 6. In 3rd place is Cori Wulf (10, 1999-2002) ...

**Emily Atkinson:** With 10 career goals, Atkinson is tied for 15th on the GFU goals list with Sara Oates (2001-02) and Janet Killary (1991-94). Ahead are Amber Stevens (2004-), Noelle Miller (1998-99), Kyla Yokers (1995-98), Amy Maas (1992-95), and Brittni Estep-Carmichael (1994) ...

**\* NWC Stats: Bruins League Leaders in Goalkeeper Saves**

Through games of Oct. 10, **George Fox** is 1st in the Northwest Conference in saves (88 total, 8.00 spg), 5th in shots per game (14.64), 6th in shots (161), 7th in fewest goals allowed (17, tie), corner kicks (43), 8th in goals-against average (1.52), shutouts (2, tie), 9th in points (18, 1.64), goals (7, 0.64), assists (4, 0.36) ...

**Jessica Cardwell** is 1st in saves (87), saves per game (7.91), 4th in shutouts (2, tie), 5th in save pct. (.837), 8th in goals-against average (1.52) ...

**Bethany Zirschky** is 10th in assists (2, tie) ...

**Julie Alexander** is 5th in shots (34, tie), 8th in shots per game (3.09) ...

**Amber Stevens** is 5th in shots per game (3.30), 7th in shots (33), 9th in goals (3, tie), 10th in goals per game (0.30, tie) ...

Visit the Northwest Conference web site for the latest [NWC Women's Soccer Statistics](#).

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Sunday, October 9, 2005

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## 10/9 – PUGET SOUND 5, GEORGE FOX 0: No. 9 Loggers Exploit Injury-Riddle Bruins for Big Win

**NEWBERG, Ore.** – Taking on a national power without one's top three scorers is usually not a recipe for success. The George Fox University Bruins gave it a gallant try Sunday afternoon here at Morse Field but got burned by the 9th-ranked University of Puget Sound Loggers, who posted a comfortable 5-0 win in a Northwest Conference women's soccer match.

With starting forwards Amber Stevens and Bethany Zirschky and midfielder Emily Atkinson on the bench due to various injuries, the Bruins still mustered eight shots, seven on goal, but could not put any of them in the net as Logger keeper Erin Williams saved all seven shots and posted her 9th shutout of the season. The Puget Sound offense, however, would not likely have been deterred anyway, the Loggers taking 28 shots, 19 on goal, and riddling a George Fox defense that had not allowed more than two goals in any previous game this year.

The Loggers spread the offensive wealth around, five different players scoring a goal apiece. Fiona Gornick got things going when she rebounded her own blocked shot and punched it home after receiving a short baseline cross from Cortney Kjar just 2:31 into the game. Elizabeth Pitman made it 2-0 when she drilled home a shot from 20 yards out at 23:33 after recovering a George Fox attempt to clear a loose ball. Kjar, the league's leading scorer, closed out the first half with a header after a cross from Kate Demers for her 11th goal of the season at 36:14.

The Loggers tacked on two insurance goals late in the second half. Megan Shivers headed in a corner kick from Pitman at the 73:13 mark, and Nikki Graff scored from straight on with an assist from Janece Levien at 80:08.

Jessica Cardwell made 14 saves in goal for the Bruins, who fell to 3-8 overall and 1-7 in the conference. The Loggers improved to 8-1-1 overall and 7-0-1 in the league, tightening their grip on first place.

George Fox hits the road for eastern Washington next weekend, visiting Whitworth College on Saturday at 12:00 noon. Puget Sound is at home next Sunday against Linfield College at 12:00 noon

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Puget Sound vs George Fox (10/09/05 at Newberg, Oregon)

Puget Sound (8-1-1, NWC 7-0-1) vs.  
 George Fox (3-8, NWC 1-7)  
 Date: 10/09/05 Attendance: 115  
 Weather:

Goals by period 1 2 Tot  
 -----  
 Puget Sound..... 3 2 - 5  
 George Fox..... 0 0 - 0

Puget Sound	Sh	SOG	G	A
GK 1 Williams, Erin.....	-	-	-	-
D 3 Shivers, Megan.....	1	1	1	-
F 9 Pitman, Elizabeth...	2	2	1	1
M 10 Dwiggin, Jenna.....	1	-	-	-
D 11 Levien, Janece.....	8	5	-	1
D 12 Wullbrandt, Katie...	1	-	-	-
F 13 Folsom, Adrienne....	-	-	-	-
M 14 Demers, Kate.....	2	1	-	1
F 16 Kjar, Cortney.....	6	5	1	1
M 17 Gornick, Fiona.....	4	2	1	-
M 18 John, Lea.....	-	-	-	-
----- Substitutes -----				
2 Daly, Katy.....	-	-	-	-
4 Milleson, Caroline..	-	-	-	-
5 Norris, Meagan.....	-	-	-	-
6 Gehring, Lauren.....	-	-	-	-
7 Anderson, Tera.....	1	1	-	-
8 Gillette, Katie.....	-	-	-	-
15 Conti, Jenny.....	-	-	-	-
19 Graff, Nikki.....	1	1	1	-
20 Ogaard, Abbie.....	-	-	-	-
21 Wood, Tara.....	1	1	-	-
Totals.....	28	19	5	4

George Fox	Sh	SOG	G	A
GK 22 Cardwell, Jessica...	-	-	-	-
D 2 Jacobs, Lindsay.....	1	1	-	-
D 3 Noyd, Melissa.....	-	-	-	-
D 5 Beck, Cherie.....	-	-	-	-
F 7 Hall, Whitney.....	-	-	-	-
M 8 Alexander, Julie....	2	2	-	-
M 10 Tuttle, Katie.....	1	1	-	-
D 14 Ah Choy, Jasmine....	-	-	-	-
M 17 Ross, Kaylee.....	1	1	-	-
M 18 Roots, Kelli.....	-	-	-	-
M 20 Skjelstad, Rachael..	2	2	-	-
----- Substitutes -----				
16 Welch, Mackenzie....	1	-	-	-
Totals.....	8	7	0	0

Puget Sound	MIN	GA	Saves
1 Williams, Erin.....	90:00	0	7

George Fox	MIN	GA	Saves
22 Cardwell, Jessica...	90:00	5	14

Shots by period	1	2	Tot
Puget Sound.....	15	13	- 28
George Fox.....	3	5	- 8

Saves by period	1	2	Tot
Puget Sound.....	3	4	- 7
George Fox.....	7	7	- 14

Corner kicks	1	2	Tot
-----			
Puget Sound.....	1	5	- 6
George Fox.....	1	2	- 3

Fouls	1	2	Tot
-----			
Puget Sound.....	1	5	- 6
George Fox.....	2	3	- 5

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
-----					
1.	2:31	UPS	Gornick, Fiona (3)	Kjar, Cortney	
2.	23:33	UPS	Pitman, Elizabeth (1)	(unassisted)	
3.	36:14	UPS	Kjar, Cortney (11)	Demers, Kate	
4.	73:13	UPS	Shivers, Megan (1)	Pitman, Elizabeth - Corner kick	
5.	80:08	UPS	Graff, Nikki (2)	Levien, Janece	

CAUTIONS AND EJECTIONS:  
 YC-GFUW #20 (25:01)

Officials: Referee: Carlos Perez; Asst. Referee: Bill Allison; Randi Nicolai;  
 Timekeeper: Amanda Newman; Scorer: Stephen Saavedra;  
 Offsides: Puget Sound 0, George Fox 0.  
 Puget Sound ranked #9 nationally

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Friday, October 7, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## 10/7 WHAT'S BRUIN: GEORGE FOX WOMEN'S SOCCER 2005 - Weekly News & Notes

**Record: 3-6 (Home: 2-5, Away: 1-1) /**

**NWC: 1-5 (Home: 0-4, Away: 1-1)**

### LINKS FOR WOMEN'S SOCCER TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

### HIGHLIGHTS:

- \* **Coming Up: Linfield, #9 Puget Sound in Town for NWC Games**
- \* **Recent Games: Bruins Net 1st NWC Win after Two Close Losses**
- \* **Stevens, Cardwell Honorable Mention for NWC Players of the Week**
- \* **Career Lists: Stevens Tied for 9th in Goals, 15th in Points**
- \* **NWC Stats: Stevens Moves into Top 10 in League Goals Leaders**

### COMING UP:

- \* **Sat., Oct. 8, 12:00 pm - vs. Linfield College (3-5-2, 1-4-1), Newberg, Ore. (NWC)**
- \* **Sun., Oct. 9, 12:00 pm - vs. #9 University of Puget Sound (6-1-1, 5-0-1), Newberg, Ore. (NWC)**

The Bruins host two teams at opposite ends of the Northwest Conference spectrum this weekend. Friday's opponent, the Linfield Wildcats, have been struggling with narrow defeats, much like the Bruins, and find themselves one place ahead of GFU in 8th in the league standings. Chelsey Stoltz and Kathleen Wochnick, who scored twice in the Wildcats' last game vs. Dallas to become the all-time leading scorer at Linfield, lead the team with 3 goals apiece ... Puget Sound, on the other hand, was a heavy favorite to repeat as NWC champion, and the #9-ranked Loggers have lived up to expectations with their 1st-place standing. Cortney Kjar, a two-time NWC Offensive Player of the Week this year, is the runaway scoring leader in the league

with 19 points (8 goals, 3 assists) ... Visit the Northwest Conference web site for the latest [NWC Women's Soccer Standings](#).

**RECENT GAMES:** (click on links for releases and box scores)

\* [Sept. 28 - Willamette 1, at George Fox 0](#)

\* [Oct. 1 - Dallas 2, at George Fox 1 \(2 ot\)](#)

\* [Oct. 2 - George Fox 2, at Pacific 1](#)

### **COACH ANDY HETHERINGTON**

**Andy Hetherington** (St. John's, U.K., '76) is 16-47-1 (.258) in his 4th season as the women's soccer coach at George Fox. He was 123-20-5 in 10 seasons as a high school coach in the Portland, Ore., area before taking the position at George Fox. Click here for the complete bio on [Coach Hetherington](#).

### **BRUIN BITS:**

#### **\* Stevens, Cardwell Honorable Mention for NWC Players of the Week**

Forward **Amber Stevens** (So., Medford, Ore.) received honorable mention for Northwest Conference Offensive Player of the Week for Sept. 26-Oct. 2 after leading the Bruins to a 2-1 win at Pacific on Saturday. Stevens scored both goal for the Bruins, her first one putting the team ahead 1-0 in the first half and the second breaking a 1-1 tie in the second half. She ws the Bruins' offensive leader in their other two games during the week, taking 2 shots vs. Willamette on Wednesday and 3 vs. Dallas on Friday.

Goalkeeper **Jessica Cardwell** (So., Fall Creek, Ore.) was honorable mention for NWC Defensive Player of the Week for Sept. 26-Oct. 2. Although the Bruins were only 1-2 during the week, she kept the team in every game, posting 8 saves vs. Willamette, 4 vs. Dallas, and 5 in a 2-1 win at Pacific. She was NWC Defensive Player of the Week for Sept. 5-11 when she recorded her second straight shutout to start the season in a 1-0 win over Warner Pacific.

#### **\* 2005 Honors**

**NWC Defensive Player of the Week** - Jessica Cardwell (Sept. 5-11)

**\* Career Lists: Stevens Tied for 9th in Goals, 15th in Points**

**Amber Stevens:** With 2 goals in the Bruins' 2-1 win at Pacific, Stevens has 11 career goals, tying for 9th on the GFU all-time list with Tori Taylor (1999-2000), Noelle Miller (1998-99), Kyla Yokers (1995-98), Amy Maas (1992-95), and Brittni Estep-Carmichael (1994). In 8th is Sarah Bowder (13, 1995-98) ... With 27 total points (11 goals, 5 assists), Stevens is tied for 15th in career points with Tori Taylor (1999-2000). Ahead are Janet Killary (28, 1991-94) and Sara Oates (29, 2000-01) ...

**Jessica Cardwell:** With 1-0 shutouts in the first two games this year, Cardwell ranks 4th in career goalkeeper shutouts at GFU with 6. In 3rd place is Cori Wulf (10, 1999-2002) ...

**Emily Atkinson:** With 10 career goals, Atkinson is tied for 15th on the GFU goals list with Sara Oates (2001-02) and Janet Killary (1991-94). Ahead are Amber Stevens (2004-), Noelle Miller (1998-99), Kyla Yokers (1995-98), Amy Maas (1992-95), and Brittni Estep-Carmichael (1994) ...

**\* NWC Stats: Stevens Moves into Top 10 in League Goals Leaders**

Through games of Oct. 4, **George Fox** is 3rd in the Northwest Conference in saves (61 total, 6.78 spg, tie), 4th in shots per game (15.78), 5th in shots (142), fewest goals allowed (11, tie), 6th in goals-against average (1.19), shutouts (2, tie), corner kicks (39), 9th in points (18, 2.00), goals (7, 0.78), assists (4, 0.44) ...

**Jessica Cardwell** is 2nd in saves (60), 3rd in saves per game (6.67), 4th in shutouts (2, tie), 5th in save pct. (.845), 6th in goal-against average (1.19) ...

**Bethany Zirschky** is 8th in shots (26, tie), 9th in shots per game (2.89), assists (2, tie) ...

**Julie Alexander** is 5th in shots (31), shots per game (3.44) ...

**Amber Stevens** is 6th in shots (30), shots per game (3.33), 7th in goals (3, tie), 8th in goals per game (0.33, tie) ...

Visit the Northwest Conference web site for the latest [NWC Women's Soccer Statistics](#).

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Sunday, October 2, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## 10/2 – GEORGE FOX 2, PACIFIC 1: Stevens Scores Twice to Send Bruins by Boxers for 1st NWC Win

FOREST GROVE, Ore. – In its eighth game out of nine decided by a single goal this season, George Fox University pulled out its first Northwest Conference victory of 2005 when Amber Stevens found her way to the net twice, lifting the Bruins to a 2-1 win over the Pacific University Boxers in women's soccer action Sunday afternoon here at Tom Reynolds Field.

Stevens gave the Bruins (3-6, 1-5 NWC) their first NWC win in a match that was slowed by rain and mud. The weather may have cost the Boxers (4-4-1, 2-3-1 NWC) more than just a game, however. Forward Laura Hill, the Boxers' leading scorer, had to leave the match in the third minute when she planted wrong in the mud and came up with an apparent ankle injury.

Stevens opened the scoring in the 40th minute when she was able to hit from five yards out past the outstretched hands of Pacific goalkeeper Shannon Tillman for her second goal of the season. Bethany Zirschky sent the ball to the box, earning credit for the assist.

Two minutes later, Lynne Guenther earned her first collegiate goal for the Boxers on a left-side breakaway, chipping a slow roller past George Fox goalie Jessica Cardwell to even things at 1-1 going into halftime. Stevens came up with the game-winner in the 67th minute when she fired back at the goal after Tillman muffed a save on Melissa Noyd's shot, pushing her season's goal total to three.

Other than the final score, all of the offensive numbers went the way of the Boxers. Pacific out-shot the Bruins 12-8 and held a 6-3 advantage on corner kicks. Tillman made three saves in the loss, while Cardwell came away with five saves.

Both teams return to action Saturday at 12:00 noon in conference battles. George Fox hosts Yamhill County rival Linfield College, while Pacific, in the midst of a five-game home stand, entertains #11-ranked University of Puget Sound.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Pacific (Ore.) (10/02/05 at Forest Grove, Ore.)

George Fox (3-6-0, 1-5-0 NWC) vs.  
 Pacific (Ore.) (4-4-1, 2-3-1 NWC)  
 Date: 10/02/05 Attendance: 75  
 Weather: Rain, 55 degrees

Goals by period 1 2 Tot  
 -----  
 George Fox..... 1 1 - 2  
 Pacific (Ore.)..... 1 0 - 1

George Fox	Sh	SOG	G	A
Pos ## Player				
GK 22 Cardwell, Jessica....	-	-	-	-
D 2 Jacobs, Lindsay.....	2	-	-	-
D 3 Noyd, Melissa.....	1	1	-	1
D 5 Beck, Cherie.....	-	-	-	-
F 7 Hall, Whitney.....	1	1	-	-
M 8 Alexander, Julie.....	-	-	-	-
M 9 Zirschky, Bethany....	-	-	-	1
D 10 Tuttle, Katie.....	-	-	-	-
F 11 Stevens, Amber.....	4	3	2	-
D 14 Ah Choy, Jasmine....	-	-	-	-
M 17 Ross, Kaylee.....	-	-	-	-
Substitutes				
16 Welch, Mackenzie....	-	-	-	-
18 Roots, Kelli.....	-	-	-	-
Totals.....	8	5	2	2

Pacific (Ore.)	Sh	SOG	G	A
Pos ## Player				
GK 40 Tillman, Shannon....	-	-	-	-
M 3 Suecka, Stacy.....	-	-	-	-
D 5 Stubblefield, Kaleig	-	-	-	-
F 6 Hill, Laura.....	-	-	-	-
M 9 Ganiko, Kelli.....	-	-	-	-
M 12 Bailey, Katie.....	1	-	-	-
F 13 Fredette, Meghan....	2	-	-	-
D 14 Post, Kathy.....	2	1	-	-
D 17 Hilson, Megahan....	-	-	-	-
D 19 Saban-Roach, Anna...	1	1	-	-
M 21 Vondrachek, Lindsay.	-	-	-	-
Substitutes				
2 Johnson-Endo, Jenna.	-	-	-	-
7 Krebs, Tessa.....	-	-	-	-
8 Ratty, Courtney.....	3	2	-	-
10 Donohoue, Rose.....	1	1	-	-
11 Dolphin, Katie.....	1	-	-	-
15 Feucht, Mandi.....	-	-	-	-
20 Guenther, Lynne.....	1	1	1	-
Totals.....	12	6	1	0

George Fox	MIN	GA	Saves
## Player			
22 Cardwell, Jessica...	90:00	1	5

Pacific (Ore.)	MIN	GA	Saves
## Player			
40 Tillman, Shannon....	90:00	2	3

Shots by period	1	2	Tot
George Fox.....	3	5	8
Pacific (Ore.).....	4	8	12

Saves by period	1	2	Tot
George Fox.....	1	4	5
Pacific (Ore.).....	1	2	3

Corner kicks	1	2	Tot
George Fox.....	2	1	3
Pacific (Ore.).....	1	5	6

Fouls	1	2	Tot
George Fox.....	3	3	6
Pacific (Ore.).....	7	4	11

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	39:25	GFUW	Stevens, Amber (2)	Zirschky, Bethany	5 yards out left to right
2.	41:33	PAC-W	Guenther, Lynne (1)	(unassisted)	Breakway on left side, beat goalie
3.	66:24	GFUW	Stevens, Amber (3)	Noyd, Melissa	Rebound off muffed goalie save

CAUTIONS AND EJECTIONS:

YC-PAC-W #19 (74:57)

Officials: Referee: David Grbavac; Asst. Referee: Cindy Brooks; Drew Brooks;

Scorer: Blake Timm;

Offsides: George Fox 2, Pacific (Ore.) 0.



# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, October 1, 2005

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## 10/1 – DALLAS 2, GEORGE FOX 1: Texas Visitors Upend Bruins with Goal Late in 2nd Overtime

NEWBERG, Ore. – Jen Fallon's rebound goal on a shot off the post late in the second overtime period gave the University of Dallas Lady Crusaders a 2-1 win over the George Fox University Bruins in a non-conference women's soccer game Saturday afternoon here at Morse Field.

With time running out, Dallas's Jen Carpenter sent a corner kick to the right post, where Bruin keeper Jessica Cardwell went high in the air to knock the ball down but was jostled and could not control it. Christine Read corralled the loose ball and sent a shot off the post, which rolled free across the mouth of the goal and was tapped across the line by Fallon for the winner at the 108:32 mark.

George Fox got on the board first in the contest with perhaps the quickest goal in Bruin history. After Dallas kicked off, Bethany Zirschky intercepted a pass, dribbled down the middle to the top of the keeper's box, and rifled a shot into the left corner of the net before the defense had time to set up a mere 12 seconds into the game. It was Zirschky's second score of the season.

The Bruin defense made that lightning strike last until seven minutes had gone by in the second half. With the first big Oregon rain of the fall pouring down during the first half of the period, the field was getting slippery, and it proved costly for the Bruins. The Lady Crusaders' Maddy Brink crossed from the left to the center for Stephanie Byrd, who got past two defenders and drilled a shot just to the left of Cardwell, who could not react quickly enough on the soggy surface. That knotted the score 1-1 at the 52:35 point, where it remained until the sudden-death strike by Fallon.

George Fox dropped its sixth straight, five of them by one goal, despite out-gunning the Texans 24-15, including a 12-6 margin in shots on goal, and out-cornering them 9-3. Cardwell made four saves while Kelly Scofield had nine saves in goal for the Lady Crusaders.

Both teams are play again Sunday at 12:00 noon. George Fox (2-6) returns to Northwest Conference play, visiting Pacific University in Forest Grove, Ore., while Dallas (7-1) continues its Pacific Northwest trip, moving just down the road to McMinnville, Ore., to take on Linfield College.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Dallas vs George Fox (10/01/05 at Newberg, Ore.)

Dallas (7-1) vs.  
 George Fox (2-6)  
 Date: 10/01/05 Attendance: 75  
 Weather: cool, overcast

Goals by period 1 2 OT O2 Tot  
 -----  
 Dallas..... 0 1 0 1 - 2  
 George Fox..... 1 0 0 0 - 1

Dallas	Pos	##	Player	Sh	SOG	G	A
GK	1	Kelly Scofield.....	-	-	-	-	-
M	2	Maddy Brink.....	-	-	-	1	-
D	4	Blair Ross.....	-	-	-	-	-
D	7	Christi Zohorsky....	1	1	-	-	-
M	8	Bree Whitney.....	-	-	-	-	-
M	9	Stephanie Byrd.....	4	3	1	-	-
M	12	Jen Fallon.....	2	1	1	-	-
F	13	Christine Read.....	6	-	-	1	-
M	17	Kaela Linnstaedter..	-	-	-	-	-
D	25	Peachey Wiseman.....	-	-	-	-	-
M	26	Jen Carpenter.....	2	1	-	-	-
----- Substitutes -----							
		10 Becca Altsman.....	-	-	-	-	-
		27 Krista Raef.....	-	-	-	-	-
Totals.....				15	6	2	2

George Fox	Pos	##	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica...	-	-	-	-	-
D	2	Jacobs, Lindsay.....	6	4	-	-	-
D	3	Noyd, Melissa.....	-	-	-	-	-
D	5	Beck, Cherie.....	-	-	-	-	-
F	7	Hall, Whitney.....	2	1	-	-	-
M	8	Alexander, Julie....	5	1	-	-	-
F	9	Zirschky, Bethany...	5	4	1	-	-
M	10	Tuttle, Katie.....	-	-	-	-	-
M	13	Tronson, Amaris.....	2	-	-	-	-
M	17	Ross, Kaylee.....	-	-	-	-	-
M	18	Roots, Kelli.....	1	1	-	-	-
----- Substitutes -----							
		11 Stevens, Amber.....	3	1	-	-	-
		14 Ah Choy, Jasmine...	-	-	-	-	-
		16 Welch, Mackenzie....	-	-	-	-	-
		20 Skjelstad, Rachael..	-	-	-	-	-
Totals.....				24	12	1	0

Dallas	##	Player	MIN	GA	Saves
	1	Kelly Scofield.....	108:32	1	9
TM TEAM.....			0:00	0	2

George Fox	##	Player	MIN	GA	Saves
	22	Cardwell, Jessica...	108:32	2	4

Shots by period	1	2	OT	O2	Tot
Dallas.....	9	3	0	3	15
George Fox.....	8	12	3	1	24

Saves by period	1	2	OT	O2	Tot
Dallas.....	4	6	1	0	11
George Fox.....	2	2	0	0	4

Corner kicks	1	2	OT	O2	Tot
Dallas.....	1	1	0	1	3
George Fox.....	2	6	1	0	9

Fouls	1	2	OT	O2	Tot
Dallas.....	1	5	2	1	9
George Fox.....	3	3	0	1	7

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	0:12	GFWW	Zirschky, Bethany (2)	(unassisted)	
2.	52:35	UD-W	Stephanie Byrd	Maddy Brink	
3.	108:32	UD-W	Jen Fallon	Christine Read	

CAUTIONS AND EJECTIONS:

Officials: Referee: Patrick Duffy; Asst. Referee: Ahmed Shams; Jordan Wilson;  
Offsides: Dallas 0, George Fox 0.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Wednesday, September 28, 2005

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## 9/28 – WILLAMETTE 1, GEORGE FOX 0: Bruins Stymied by Bearcat Defense in Yet Another One-Goal Loss

NEWBERG, Ore. – Susan Butler scored the game's one goal off a loose ball and the Willamette University defense held George Fox University to only five shots all day, leading the visiting Bearcats to a 1-0 win over the Bruins in a Northwest Conference women's soccer match Wednesday afternoon here at Morse Field.

The teams battled to a 0-0 deadlock through the first half, although the Bearcats out-shot the Bruins in the period 12-4. Willamette finally broke through at the 50:41 mark of the second half when the Bruins let the ball get away from them while trying to clear it on a Bearcat attack near the keeper's box, and Butler was there to shoot the free ball into the left corner of the net for her second score of the season.

The Bearcats made that goal stand up by limiting George Fox to only one shot the entire second half, the Bruins finishing with five total shots and four on goal. The Bruin defense did a good job as well; while Willamette was able to get off a total of 26 shots, only nine were on goal. George Fox keeper Jessica Cardwell collected eight saves, while Willamette keeper Laura Holahan, starting in place of injured regular Kari Woody, netted four saves in the shutout.

The game proved to be yet another narrow defeat for the Bruins, who are 2-5 overall and 0-5 in the conference. Four of their five setbacks have been by a single goal, and the other was by only two. The Bruin's two wins were both 1-0 games. The Bearcats, winning their 10th straight against the Bruins, are now 5-4 overall and 3-2 in the league.

George Fox steps outside the NWC for its next opponent, hosting the University of Dallas Saturday at 12:00 noon. Willamette's schedule is a bit more conventional as the Bearcats are at Linfield College Saturday at 12:00 noon in conference action.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Willamette vs George Fox (09/28/05 at Newberg, Ore.)

Willamette (5-4, NWC 3-2) vs.  
 George Fox (2-5, NWC 0-5)  
 Date: 09/28/05 Attendance: 110  
 Weather:

Goals by period 1 2 Tot  
 Willamette..... 0 1 - 1  
 George Fox..... 0 0 - 0

Willamette						
Pos	#	Player	Sh	SOG	G	A
GK	25	Holahan, Laura.....	-	-	-	-
M	3	Tenold, Allie.....	1	1	-	-
F	4	Clevenger, Rachel.....	-	-	-	-
M	5	Gregoire, Michelle..	1	1	-	-
D	6	Standifer, Jennifer..	-	-	-	-
M	8	Uhlmansiek, Laura...	4	2	-	-
M	9	Butler, Susan.....	5	2	1	-
F	11	Hindman, Brenna.....	6	2	-	-
D	12	Post, Sam.....	1	-	-	-
M	14	Lammers, Jessica.....	3	-	-	-
D	15	Rogel, Kelsey.....	1	-	-	-
----- Substitutes -----						
	2	Priest, Kelsey.....	1	-	-	-
	7	Gross, Emily.....	3	1	-	-
	13	Hewitt, Britteny....	-	-	-	-
Totals.....			26	9	1	0

George Fox						
Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica...	-	-	-	-
D	2	Jacobs, Lindsay.....	-	-	-	-
D	3	Noyd, Melissa.....	-	-	-	-
M	4	Atkinson, Emily.....	-	-	-	-
M	8	Alexander, Julie....	2	2	-	-
M	9	Zirschky, Bethany...	1	1	-	-
M	10	Tuttle, Katie.....	-	-	-	-
F	11	Stevens, Amber.....	2	1	-	-
D	14	Ah Choy, Jasmine....	-	-	-	-
F	16	Welch, Mackenzie....	-	-	-	-
M	18	Roots, Kelli.....	-	-	-	-
----- Substitutes -----						
	5	Beck, Cherie.....	-	-	-	-
	7	Hall, Whitney.....	-	-	-	-
	12	Brandt, Katelyn....	-	-	-	-
	13	Tronson, Amaris.....	-	-	-	-
	17	Ross, Kaylee.....	-	-	-	-
Totals.....			5	4	0	0

Willamette			
#	Player	MIN	GA Saves
25	Holahan, Laura.....	90:00	0 4
-----			
Shots by period 1 2 Tot			
-----			
Willamette..... 12 14 - 26			
George Fox..... 4 1 - 5			
-----			
Corner kicks 1 2 Tot			
-----			
Willamette..... 1 1 - 2			
George Fox..... 1 0 - 1			

George Fox			
#	Player	MIN	GA Saves
22	Cardwell, Jessica...	90:00	1 8
-----			
Saves by period 1 2 Tot			
-----			
Willamette..... 3 1 - 4			
George Fox..... 4 4 - 8			
-----			
Fouls 1 2 Tot			
-----			
Willamette..... 5 6 - 11			
George Fox..... 5 6 - 11			

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	50:41	WUW	Butler, Susan (2)	(unassisted)	

CAUTIONS AND EJECTIONS:  
YC-WUW #3 (66:47)

Officials: Referee: Thomas Brown; Asst. Referee: Hugo Savedra; Randi Nicolai;  
Offsides: Willamette 4, George Fox 0.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Sunday, September 25, 2005

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## 9/25 – PACIFIC LUTHERAN 2, GEORGE FOX 1: Bruins Fall to Lutes in Second Straight One-Goal Squeaker

TACOMA, Wash. – Jackie Oehmcke scored with just over 10 minutes left in the game, breaking a 1-1 tie and lifting the Pacific Lutheran University Lutes to a 2-1 win over the George Fox University Bruins in a Northwest Conference women's soccer match Sunday afternoon here on the PLU soccer field.

Christina McDuffie put the Lutes ahead 1-0 with a goal, assisted by Melissa Buitrago, from five yards inside the goal box at the 27:35 mark of the first half. The Bruins' Amber Stevens tied the score at 1-1 at 34:54 with a shot from 35 yards out, just out of the reach of PLU goalkeeper Alyssa Blackburn. The teams then battled on even terms for 40 minutes before PLU broke through, Oehmcke scoring the game-winner on a breakaway shot down the middle of the field at 79:57.

PLU out-shot George Fox 22-8, and 11-4 in shots on goal. Blackburn had three saves for the Lutes to earn her third victory of the year, while GFU's Jessica Cardwell had nine saves in the loss.

George Fox, losing its second straight game by a single goal, slipped to 2-4 overall and 0-4 in the conference. Pacific Lutheran, playing its conference home opener, improved to 4-3 overall and 2-2 in the NWC. The Bruins host Willamette University Tuesday at 4:00 p.m., while the Lutes host Whitman College Saturday at 12:00 noon.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 George Fox vs Pacific Lutheran (09/25/05 at Tacoma, Wash.)

George Fox (2-4, 0-4 NWC) vs.  
 Pacific Lutheran (4-3, 2-2 NWC)  
 Date: 09/25/05 Attendance: 100  
 Weather:

Goals by period 1 2 Tot  
 -----  
 George Fox..... 1 0 - 1  
 Pacific Lutheran.... 1 1 - 2

George Fox	Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica...	-	-	-	-	-
D	2	Jacobs, Lindsay.....	-	-	-	-	-
D	3	Noyd, Melissa.....	-	-	-	-	-
M	4	Atkinson, Emily.....	1	1	-	-	-
D	5	Beck, Cherie.....	-	-	-	-	-
M	8	Alexander, Julie.....	3	1	-	-	-
F	9	Zirschky, Bethany... 1	1	-	-	-	-
M	10	Tuttle, Katie.....	-	-	-	-	-
F	11	Stevens, Amber..... 1	1	1	1	-	-
F	16	Welch, Mackenzie.... 1	-	-	-	-	-
M	17	Ross, Kaylee.....	-	-	-	-	-
----- Substitutes -----							
	7	Hall, Whitney.....	1	-	-	-	-
	12	Brandt, Katelyn.....	-	-	-	-	-
	20	Skjelstad, Rachael..	-	-	-	-	-
Totals.....			8	4	1	0	

Pacific Lutheran	Pos	#	Player	Sh	SOG	G	A
GK	0	Blackburn, Alyssa...	-	-	-	-	-
M	2	Jordan, Meredith....	-	-	-	-	-
F	4	Shannon, Megan.....	3	2	-	-	-
M	5	Northcutt, Lauren... 1	-	-	-	-	-
F	9	Gabler, Andrea.....	6	3	-	-	-
D	12	Meyer, Lauren.....	-	-	-	-	-
M	16	Roeder, Nicole.....	1	1	-	-	-
D	17	Vanden Bos, Breann..	-	-	-	-	-
M	18	Crawford, Amanda.... 2	-	-	-	-	-
D	19	Greenman, Bre'.....	-	-	-	-	-
F	23	McDuffie, Christina. 5	3	1	1	-	-
----- Substitutes -----							
	6	Reinke, Nicole.....	-	-	-	-	-
	7	Lyski, Mindy.....	-	-	-	-	-
	10	Buitrago, Melissa... 1	1	1	-	1	-
	11	Veth, Nicole.....	-	-	-	-	-
	13	Ironside, Jenny.....	-	-	-	-	-
	15	Oehmcke, Jackie..... 3	1	1	1	-	-
Totals.....			22	11	2	1	

George Fox	#	Player	MIN	GA	Saves
22	Cardwell, Jessica...	90:00	2	9	

Pacific Lutheran	#	Player	MIN	GA	Saves
0	Blackburn, Alyssa...	90:00	1	3	

Shots by period 1 2 Tot  
 -----  
 George Fox..... 4 4 - 8  
 Pacific Lutheran.... 8 14 - 22

Saves by period 1 2 Tot  
 -----  
 George Fox..... 3 6 - 9  
 Pacific Lutheran.... 1 2 - 3

Corner kicks 1 2 Tot  
 -----  
 George Fox..... 0 0 - 0  
 Pacific Lutheran.... 5 4 - 9

Fouls 1 2 Tot  
 -----  
 George Fox..... 4 6 - 10  
 Pacific Lutheran.... 6 2 - 8

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	27:35	PLUW	McDuffie, Christina	Buitrago, Melissa	
2.	34:54	GFUW	Stevens, Amber	(unassisted)	
3.	79:57	PLUW	Oehmcke, Jackie	(unassisted)	

CAUTIONS AND EJECTIONS:

Officials: Referee: Beth Britz; Asst. Referee: Tom Erickson; Matt Webb;  
 Offsides: George Fox 0, Pacific Lutheran 1.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, September 24, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## 9/24 – LEWIS & CLARK 2, GEORGE FOX 1: Pioneers Pick Up First-Ever NWC Win at Bruins' Expense

**NEWBERG, Ore.** – There's a first time for everything, and for the Lewis & Clark College women's soccer team, that special moment came with their first-ever Northwest Conference women's soccer win, the Pioneers posting a 2-1 victory at the expense of the George Fox University Bruins Saturday afternoon here at Morse Field.

Last year was the first intercollegiate season for women's soccer at Lewis & Clark, and the Pios had gone 0-16 in NWC play, plus 0-2 in their first two league games this year. Lewis & Clark is now 2-4-1 overall and 1-2 in the NWC, while the Bruins fell to 2-3 overall and 0-3 in the conference.

The Pios got on the board in the first half on Sarah Kieffer's first goal of the season. Lisa Housman dribbled through the Bruin defense from the right, drawing out goalkeeper Jessica Cardwell to challenge. Housman then flicked the ball to the left, where it was deflected by a Bruin defender, but Kieffer, coming down the middle, caught the ball and tapped it into a wide-open net at the 22:57 mark.

A foul on Housman inside the box set up a penalty kick for Katie Burnett at 57:21 in the second half, and she sent a shot just inside the left post for her first goal and a 2-0 L&C lead. That insurance goal would prove to be big as the Bruins, battling furiously, finally broke through for a goal at the 88:33 mark when Kelli Roots sent a cross from the right side to Emily Atkinson, who booted it into the middle of the net for her first score of the season. The Pios were able to run out the clock before George Fox could get another shot, however.

Both teams had numerous scoring opportunities, Lewis & Clark taking 19 shots to 18 for George Fox, and each team had 13 shots on goal. Cardwell had 10 saves for the Bruins, while Nora Germano made 9 stops for the Pioneers.

George Fox visits Pacific Lutheran University in Tacoma Saturday for a 12:00 noon match, followed by the men's game at 2:30 p.m. Lewis & Clark hosts Linfield College Wednesday at 7:00 p.m. in Portland.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Lewis & Clark vs George Fox (09/24/05 at Newberg, Ore.)

Lewis & Clark (2-4-1, NWC 1-2) vs.  
 George Fox (2-3, NWC 0-3)  
 Date: 09/24/05 Attendance: 90  
 Weather:

Goals by period 1 2 Tot  
 Lewis & Clark..... 1 1 - 2  
 George Fox..... 0 1 - 1

Lewis & Clark	Pos	#	Player	Sh	SOG	G	A
GK	00	Germano, Nora	-	-	-	-	-
M	4	Housman, Lisa	11	8	-	1	-
D	9	Larson, Brittany	-	-	-	-	-
M	10	Burnett, Katie	2	1	1	-	-
D	11	Greenberg, Nicole	-	-	-	-	-
D	13	Diaz, Mihana	-	-	-	-	-
D	15	Phillips, Kate	-	-	-	-	-
M	17	Kieffer, Sarah	1	1	1	-	-
D	18	Whitford, Lindsey	-	-	-	-	-
F	20	Kelly, Celeste	-	-	-	-	-
F	21	Thurin, Stephanie	2	2	-	-	-
----- Substitutes -----							
	3	Nicolai, Rachele	-	-	-	-	-
	7	Ticus, Marissa	-	-	-	-	-
	8	Conroy, Rebecca	2	1	-	-	-
	12	Coffey, Kevan	1	-	-	-	-
Totals				19	13	2	1

George Fox	Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica	-	-	-	-	-
D	2	Jacobs, Lindsay	-	-	-	-	-
D	3	Noyd, Melissa	2	1	-	-	-
M	4	Atkinson, Emily	2	2	1	-	-
D	5	Beck, Cherie	-	-	-	-	-
M	8	Alexander, Julie	7	6	-	-	-
F	9	Zirschky, Bethany	1	-	-	-	-
F	11	Stevens, Amber	2	1	-	-	-
D	14	Ah Choy, Jasmine	-	-	-	-	-
M	17	Ross, Kaylee	-	-	-	-	-
M	18	Roots, Kelli	1	1	-	1	-
----- Substitutes -----							
	7	Hall, Whitney	-	-	-	-	-
	10	Tuttle, Katie	1	1	-	-	-
	16	Welch, Mackenzie	2	1	-	-	-
Totals				18	13	1	1

Lewis & Clark	#	Player	MIN	GA	Saves
	00	Germano, Nora	90:00	1	9
	TM	TEAM	0:00	0	3

George Fox	#	Player	MIN	GA	Saves
	22	Cardwell, Jessica	90:00	2	10
	TM	TEAM	0:00	0	1

Shots by period	1	2	Tot
Lewis & Clark	9	10	- 19
George Fox	6	12	- 18

Saves by period	1	2	Tot
Lewis & Clark	4	8	- 12
George Fox	6	5	- 11

Corner kicks	1	2	Tot
Lewis & Clark	2	2	- 4
George Fox	4	2	- 6

Fouls	1	2	Tot
Lewis & Clark	2	3	- 5
George Fox	2	8	- 10

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	22:57	L&C	Kieffer, Sarah (1)	Housman, Lisa	touch pass frm R into open goal
2.	57:21	L&C	Burnett, Katie (1)	Penalty kick	
3.	88:33	GFW	Atkinson, Emily (1)	Roots, Kelli	cross from R into mid-net

CAUTIONS AND EJECTIONS:

Officials: Referee: David Page; Asst. Referee: Patrick Bowman; Miles Crumley;  
Offsides: Lewis & Clark 3, George Fox 0.

# GEORGE FOX UNIVERSITY

## SPORTS RELEASE: WOMEN'S SOCCER – Sunday, September 18, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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### 9/18 – WHITWORTH 2, GEORGE FOX 0: Miller's Defense in Goal Preserves Pirates' Shutout of Bruins

**NEWBERG, Ore.** – Goalkeeper Jenn Miller made 10 saves, several at virtually point-blank range, preserving a 2-0 win for the Whitworth College Pirates over the George Fox University Bruins in a Northwest Conference women's soccer contest Sunday afternoon here at Morse Field.

George Fox out-shot Whitworth 20-10 (and 11-7 in shots on goal), but Miller's often-spectacular stops kept the home team from scoring. The Bruins had three outstanding opportunities in the second half, the first in the first minute as Miller blocked a line drive by Bethany Zirschky from about 10 feet away. The Bruins' Lindsay Jacobs tapped the rebound toward a wide-open net for a potential tying goal, only to have a Pirate defender boot the ball away just before it crossed the line.

Miller again thwarted the Bruins' efforts to tie with 23 minutes left when she stopped a liner by Amber Stevens directly in front of her, then fell on the ball just as the Bruins' Julie Alexander kicked the rebound. Three minutes later, with Whitworth ahead 2-0, Zirschky had two shots seven seconds apart from no more than 10 feet from the goal line, but Miller again deflected both shots.

Ashley Troxel scored off an assist from Kara Tisthammer at the 21:12 mark of the first half for the only score the Pirates would need, and Sarah Brogden-Thome headed in a pass from the right corner by Marissa Williams at the 67:33 mark of the second half for some insurance. It was the first goal of the season for both. Jessica Cardwell had 5 saves in goal for the Bruins.

Both teams play at home Saturday at 12:00 noon, George Fox (2-2, NWC 0-2) hosting Lewis & Clark College and Whitworth (3-1-1, NWC 2-0) entertaining Pacific University.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Whitworth vs George Fox (09/18/05 at Newberg, Ore.)

Whitworth (3-1-1, NWC 2-0) vs. George Fox (2-2, NWC 0-2) Date: 09/18/05 Attendance: 130 Weather:	Goals by period ----- Whitworth..... 1 1 - 2 George Fox..... 0 0 - 0
---	---

  

Whitworth	Sh	SOG	G	A
GK 1 Miller, Jenn.....	-	-	-	-
F 3 Thibodeau, Greta....	1	1	-	-
M 7 Troxel, Ashley.....	1	1	1	-
M 9 Hudson, Meghan.....	-	-	-	-
B 12 Brogden-Thome, Sarah	3	1	1	-
M 13 Jones, Katy.....	-	-	-	-
M 14 Williams, Marissa...	-	-	-	1
D 15 Mitchell, Kimberly..	-	-	-	-
M 16 Fisk, Ashley.....	2	2	-	-
D 17 Rucinski, Jody.....	-	-	-	-
F 18 Tisthammer, Kara....	2	1	-	1
----- Substitutes -----				
5 Painter, Diana.....	-	-	-	-
6 Nakasone, Erin.....	-	-	-	-
10 Ramsey, Whitney.....	1	1	-	-
11 Crowe, Penelope.....	-	-	-	-
19 Starky, Nicole.....	-	-	-	-
Totals.....	10	7	2	2

George Fox	Sh	SOG	G	A
GK 22 Cardwell, Jessica...	-	-	-	-
D 2 Jacobs, Lindsay.....	1	1	-	-
D 3 Noyd, Melissa.....	-	-	-	-
M 4 Atkinson, Emily.....	1	-	-	-
D 5 Beck, Cherie.....	-	-	-	-
M 8 Alexander, Julie....	5	2	-	-
F 9 Zirschky, Bethany...	6	4	-	-
F 11 Stevens, Amber.....	4	3	-	-
D 14 Ah Choy, Jasmine....	-	-	-	-
M 17 Ross, Kayles.....	1	-	-	-
M 18 Roots, Kelli.....	-	-	-	-
----- Substitutes -----				
7 Hall, Whitney.....	1	1	-	-
10 Tuttle, Katie.....	1	-	-	-
16 Welch, Mackenzie....	-	-	-	-
20 Skjelstad, Rachael..	-	-	-	-
Totals.....	20	11	0	0

Whitworth	MIN	GA	Saves
1 Miller, Jenn.....	90:00	0	10
TM TEAM.....	0:00	0	1

George Fox	MIN	GA	Saves
22 Cardwell, Jessica...	90:00	2	5

Shots by period	1	2	Tot
Whitworth.....	4	6	10
George Fox.....	11	9	20

Saves by period	1	2	Tot
Whitworth.....	4	7	11
George Fox.....	2	3	5

Corner kicks	1	2	Tot
Whitworth.....	3	2	5
George Fox.....	1	2	3

Fouls	1	2	Tot
Whitworth.....	6	2	8
George Fox.....	8	3	11

**SCORING SUMMARY:**

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	21:12	WHTW	Troxel, Ashley (1)	Tisthammer, Kara	
2.	67:33	WHTW	Brogden-Thome, Sarah (1)	Williams, Marissa	



CAUTIONS AND EJECTIONS:  
YC-GFUW #14 (57:10)

Officials: Referee: Jim Sernoffsky; Asst. Referee: Carlos Perez; Peg Phillips;  
Offsides: Whitworth 2, George Fox 0.

# GEORGE FOX UNIVERSITY

## SPORTS RELEASE: WOMEN'S SOCCER – Saturday, September 17, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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### 9/17 – WHITMAN 1, GEORGE FOX 0: Berndt's Breakaway Boosts Missionaries by Bruins in NWC Opener

NEWBERG, Ore. – Kristen Berndt's breakaway goal 35 minutes into the game was the only score as the Whitman College Missionaries edged the George Fox University Bruins 1-0 in the Northwest Conference women's soccer opener for both teams Saturday afternoon here at Morse Field.

Hillary Chisholm near midfield passed the ball to Berndt racing in from the left side, and Berndt outraced the defense before firing a shot to the left of George Fox keeper Jessica Cardwell and into the net at the 34:39 mark. It was Berndt's fourth goal of the season, and the first allowed by the Bruins after a pair of 1-0 wins in their previous two matches.

The remainder of the game was mainly a matter of Whitman keeping the ball away from the home team, allowing the Bruins only 11 shots all day and only 4 on goal, all turned away by keeper Annie Owen. The Missionaries took 19 shots, 13 on goal, with 12 saved by Cardwell.

George Fox fell to 2-1 overall while Whitman improved to 3-1. Both teams play Sunday, the Bruins hosting Whitworth College and the Missionaries going to Willamette University. Game times are at 12 noon, followed by men's games at 2:30 p.m.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Whitman vs George Fox (09/17/05 at Newberg, Ore.)

Whitman (3-1, 1-0) vs.  
 George Fox (2-1, 0-1)  
 Date: 09/17/05 Attendance: 150  
 Weather:

Goals by period 1 2 Tot  
 -----  
 Whitman..... 1 0 - 1  
 George Fox..... 0 0 - 0

Whitman	Pos	#	Player	Sh	SOG	G	A
GK	1	Owen, Annie	-	-	-	-	-
D	2	Warner, Vanessa	-	-	-	-	-
D	3	Frame, Erin	2	2	-	-	-
M	4	Mackenzie, Kara	-	-	-	-	-
M	6	Chisholm, Hillary	1	1	-	1	-
M	7	Telfer, Jennifer	3	1	-	-	-
F	9	Hoffman, McKenzie	1	1	-	-	-
M	10	Marshall, Emily	1	1	-	-	-
M	15	DeYoung, Lauren	1	-	-	-	-
D	17	Nostdal, Sarah	-	-	-	-	-
F	19	Berndt, Kristen	6	4	1	-	-
----- Substitutes -----							
	8	Neel, Betsy	2	1	-	-	-
	14	Wymer, Lindsay	-	-	-	-	-
	16	Doane, Jennifer	-	-	-	-	-
	18	Mittelsteadt, K	-	-	-	-	-
	21	McConville, Megan	2	2	-	-	-
Totals				19	13	1	1

George Fox	Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica	-	-	-	-	-
D	2	Jacobs, Lindsay	-	-	-	-	-
D	3	Noyd, Melissa	1	-	-	-	-
M	4	Atkinson, Emily	-	-	-	-	-
D	5	Beck, Cherie	-	-	-	-	-
M	8	Alexander, Julie	2	1	-	-	-
F	9	Zirschky, Bethany	4	2	-	-	-
F	11	Stevens, Amber	2	-	-	-	-
D	14	Ah Choy, Jasmine	-	-	-	-	-
M	17	Ross, Kaylee	1	-	-	-	-
M	18	Roots, Kelli	-	-	-	-	-
----- Substitutes -----							
	6	Winters, Whitney	-	-	-	-	-
	7	Hall, Whitney	-	-	-	-	-
	10	Tuttle, Katie	1	1	-	-	-
	16	Welch, Mackenzie	-	-	-	-	-
	20	Skjelstad, Rachael	-	-	-	-	-
Totals				11	4	0	0

Whitman	#	Player	MIN	GA	Saves
1	Owen, Annie	90:00	0	4	

George Fox	#	Player	MIN	GA	Saves
22	Cardwell, Jessica	90:00	1	12	

Shots by period	1	2	Tot
Whitman	9	10	19
George Fox	5	6	11

Saves by period	1	2	Tot
Whitman	3	1	4
George Fox	6	6	12

Corner kicks	1	2	Tot
Whitman	1	1	2
George Fox	1	2	3

Fouls	1	2	Tot
Whitman	5	6	11
George Fox	5	5	10

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	34:39	WTMN-W	Berndt, Kristen (4)	Chisholm, Hillary	

CAUTIONS AND EJECTIONS:

Officials: Referee: J osh Studenny; Asst. Referee: David Page; Bill Allison;  
 Timekeeper: Amanda Newman; Scorer: Jaime Hudson;  
 Offsides: Whitman 1, George Fox 0.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Thursday, September 15, 2005

Contact: Blair Cash, SID (E-mail) [bcash@georgefox.edu](mailto:bcash@georgefox.edu) (Web) [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)  
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## **9/15 WHAT'S BRUIN: GEORGE FOX WOMEN'S SOCCER 2005 - Weekly News & Notes**

**Record: 2-0 (Home: 2-0, Away: 0-0) /**

**NWC: 0-0 (Home: 0-0, Away: 0-0)**

### **LINKS FOR WOMEN'S SOCCER TO:**

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#)

### **HIGHLIGHTS:**

- \* **Coming Up: Conference Play Begins with Whitman and Whitworth**
- \* **Recent Games: Bruins Open Season with Pair of 1-0 Wins**
- \* **Cardwell NWC Defensive Player of the Week; Alexander HM on Offense**
- \* **Career Lists: Cardwell Already 4th in Lifetime Shutouts**
- \* **NWC Stats: Bruins NWC's Top Team in Defensive Stats**

### **COMING UP:**

- \* **Sat., Sept. 17, 12:00 pm - vs. Whitman College (2-1, 0-0), Newberg, Ore. (NWC)**
- \* **Sun., Sept. 18, 12:00 pm - vs. Whitworth College (1-1-1, 0-0), Newberg, Ore. (NWC)**

The Bruins begin Northwest Conference play this weekend as the eastern Washington teams come to Newberg for Games 3 and 4 of a season-opening five-game home stand. The Whitman Missionaries from Walla Walla were picked 4th in the NWC pre-season coaches' poll, while the Whitworth Pirates from Spokane were tabbed 3rd. The Bruins were picked 6th. ... Whitman's offensive leader is Kristen Berndt (3 goals, 6 points). The Missionaries have won the last eight meetings, including a 3-1 win in Walla Walla on Sept. 19 and a 3-0 win in Newberg on Oct. 16 last year ... Whitworth is led in scoring by Ashley Fisk (2 goals, 1 assist, 5 points). The Bruins and Pirates split last year, Whitworth winning 1-0 in Spokane on Sept. 18 and

GFU winning in Newberg 4-1 on Oct. 17. Julie Alexander set a new Bruin record for assists in a game (3) in the Whitworth win. ... Visit the Northwest Conference web site for the latest [NWC Women's Soccer Standings](#).

**RECENT GAMES:** (click on links for releases and box scores)

\* [Sept. 2 - at George Fox 1, Southern Oregon 0](#)

\* [Sept. 10 - at George Fox 1, Warner Pacific 0](#)

### **COACH ANDY HETHERINGTON**

**Andy Hetherington** (St. John's, U.K., '76) is 15-41-1 (.272) in his 4th season as the women's soccer coach at George Fox. The Bruins' progress under the native of Manchester, England, can be seen in the team's 7-4 record in their last 11 games. He was 123-20-5 in 10 seasons as a high school coach in the Portland, Ore., area before taking the position at George Fox. Click here for the complete bio on [Coach Hetherington](#).

### **BRUIN BITS:**

#### **\* Cardwell NWC Defensive Player of the Week; Alexander HM on Offense**

Goalkeeper **Jessica Cardwell** (So., Fall Creek, Ore.) has been named the Northwest Conference Defensive Player of the Week for Sept. 5-11 after posting her second straight shutout in a 1-0 over Warner Pacific on Saturday. She turned back 3 shots on goal as the Bruins held the Knights to only 5 shots in all. Cardwell was honorable mention for NWC Defensive Player of the Week for Aug. 29-Sept. 4 when she blanked Southern Oregon 1-0.

**Julie Alexander** (M, So., Salt Lake City, Utah) was honorable mention for NWC Offensive Player of the Week for Sept. 5-11. Her goal with four minutes left in the first half was the only score in the 1-0 win over Warner Pacific. **Bethany Zirschky** (So., Gig Harbor, Wash.) was honorable mention for NWC offensive honors Aug. 29-Sept. 4 when her unassisted goal gave the Bruins a 1-0 win over Southern Oregon in the season opener.

#### **\* 2005 Honors**

**NWC Defensive Player of the Week** - Jessica Cardwell (Sept. 5-11)

**\* Career Lists: Cardwell Already 4th in Lifetime Shutouts**

**Jessica Cardwell:** With 1-0 shutouts in the first two games of her sophomore year, Cardwell already ranks 4th in career goalkeeper shutouts at George Fox with 6. In 3rd place is Cori Wulf (10, 1999-2002). The all-time leader is Meghan Gibson (16, 1997-98) ...

**Emily Atkinson:** With 9 career goals, Atkinson needs one more to tie for 14th on the GFU goals list with Sara Oates (2001-02) and Janet Killary (1991-94) ...

**\* NWC Stats: Bruins NWC's Top Team in Defensive Stats**

Through games of Sept. 12, **George Fox** is 1st in the Northwest Conference in fewest goals allowed (0), goals-against average (0.00), shutouts (2, tie), and shots (24.00), 3rd in corner kicks (7.00), 5th in saves (3.50), 8th in goals (1.00), and 9th in points (1.00) and assists (0.50) ...

**Jessica Cardwell** is 1st in shutouts (2, tie), shutouts per game (1.00, tie), goals-against average (0.00, tie), save pct. (1.000), 6th in saves per game (3.50, tie), and 7th in saves (7) ...

**Bethany Zirschky** is 1st in game-winning goals (1, tie), 6th in shots per game (4.00, tie), 7th in assists per game (0.50, tie), and 9th in assists (1, tie) ...

**Julie Alexander** is 1st in game-winning goals (1, tie), 9th in shots per game (3.50) ...

**Amber Stevens** is 2nd in shots per game (6.00), 5th in shots (12) ...

Visit the Northwest Conference web site for the latest [NWC Women's Soccer Statistics](#).

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Saturday, September 10, 2005

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## 9/10 – GEORGE FOX 1, WARNER PACIFIC 0: Bruins Dominate Play but Just Squeeze Past Knights

NEWBERG, Ore. – Despite an overwhelming 33-5 advantage in shots taken, George Fox University could maneuver only one shot into the net – but it was enough to give the Bruins a 1-0 win over the Warner Pacific College Knights in a non-conference women's soccer match Saturday afternoon here at Morse Field.

Forty minutes into the game, the Bruins held a 15-2 margin in shots, but the game was still a scoreless struggle. The home team finally broke through at the 41:00 mark as Julie Alexander took a pass from the right side from Bethany Zirschky and lofted it over Warner Pacific keeper Samantha Gordon into the top of the net. It was Alexander's first goal of the season.

George Fox controlled the offensive play throughout the game, holding a 12-0 edge in corner kicks and 20-3 in shots on goal. Gordon turned away 19 shots on goal to keep her team in the game, while Bruin keeper Jessica Cardwell had only three saves as the George Fox defensive line of Melissa Noyd, Cherie Beck, Jasmine Ah Choy, and Lindsay Jacobs allowed the Knights few scoring opportunities.

George Fox (2-0) enters Northwest Conference play next Saturday, hosting Whitman College at 12:00 noon, followed by the men's game at 2:30 p.m. Warner Pacific (1-3) plays a Cascade Collegiate Conference game Friday at 3:00 p.m. at the Oregon Institute of Technology in Klamath Falls.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Warner Pacific vs George Fox (09/10/05 at Newberg, OR)

Warner Pacific (1-3) vs.  
 George Fox (2-0)  
 Date: 09/10/05 Attendance: 150  
 Weather:

Goals by period 1 2 Tot  
 Warner Pacific..... 0 0 - 0  
 George Fox..... 1 0 - 1

Warner Pacific	Pos	#	Player	Sh	SOG	G	A
GK	1	Samantha Gordon	.....	-	-	-	-
F	4	Emily Chan	.....	1	1	-	-
M	7	Andrea Kruggle	.....	-	-	-	-
M	9	Karie-Beth Baldwin	.....	-	-	-	-
D	11	Kelsey Walton	.....	2	1	-	-
D	15	Casey Hursh	.....	-	-	-	-
M	16	Lindsi Lambert	.....	-	-	-	-
M	17	Jayme Dodrill	.....	-	-	-	-
M	19	Lindsey Schumaker	.....	1	-	-	-
M	21	Cybill Tores	.....	-	-	-	-
D	24	Alysson Mapother	.....	-	-	-	-
----- Substitutes -----							
	12	Ashley Chase	.....	-	-	-	-
	18	Joanna Hefflinger	.....	1	1	-	-
	20	Megan Wilson	.....	-	-	-	-
Totals	.....	.....	.....	5	3	0	0

George Fox	Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica	.....	-	-	-	-
D	2	Jacobs, Lindsay	.....	1	1	-	-
D	3	Noyd, Melissa	.....	-	-	-	-
M	4	Atkinson, Emily	.....	5	4	-	-
D	5	Beck, Cherie	.....	-	-	-	-
F	7	Hall, Whitney	.....	2	-	-	-
M	8	Alexander, Julie	.....	5	3	1	-
F	9	Zirschky, Bethany	.....	7	3	-	1
D	14	Ah Choy, Jasmine	.....	1	-	-	-
F	16	Welch, Mackenzie	.....	-	-	-	-
M	17	Ross, Kaylee	.....	1	1	-	-
----- Substitutes -----							
	11	Stevens, Amber	.....	8	5	-	-
	18	Roots, Kelli	.....	3	3	-	-
	20	Skjelstad, Rachael	.....	-	-	-	-
Totals	.....	.....	.....	33	20	1	1

Warner Pacific	#	Player	MIN	GA	Saves
1	Samantha Gordon	.....	90:00	1	19

George Fox	#	Player	MIN	GA	Saves
22	Cardwell, Jessica	.....	90:00	0	3

Shots by period	1	2	Tot
Warner Pacific	3	2	5
George Fox	18	15	33

Saves by period	1	2	Tot
Warner Pacific	11	8	19
George Fox	2	1	3

Corner kicks	1	2	Tot
Warner Pacific	0	0	0
George Fox	9	3	12

Fouls	1	2	Tot
Warner Pacific	4	3	7
George Fox	4	8	12

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	41:00	GFUW	Alexander, Julie (1)	Zirschky, Bethany	

CAUTIONS AND EJECTIONS:

YC-GFUW #8 (19:32); YC-WPC-W #11 (43:06); YC-GFUW #14 (75:55)

Officials: Referee: Fred Parrish; Asst. Referee: Josh Studenny; Ted Lunsford;  
 Timekeeper: Stephen Saavedra; Scorer: Amanda Newman;  
 Offsides: Warner Pacific 1, George Fox 6.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Friday, September 2, 2005

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## 9/2 – GEORGE FOX 1, SOUTHERN OREGON 0: Bruins Win Opener with One-Goal Edge over Raiders

NEWBERG, Ore. – Bethany Zirschky scored an unassisted goal in the first half and the George Fox University Bruins made it stand up the rest of the way for a 1-0 win over the Southern Oregon University Raiders in the Bruins' women's soccer opener Friday afternoon here at Morse Field.

Zirschky's goal came as she collared a free ball near midfield and took off down the middle on a fast break, with two other Bruins streaking down the sidelines. Two Raiders shadowing Zirschky backed off momentarily near the top of the keeper's box to prevent her from passing the ball off, but that allowed her to split the defenders and right-cross a shot into the left corner of the net at the 31:31 mark.

Southern Oregon's best chance to tie came with 31 minutes left in the game as Dacarie Robertson got past GFU goalkeeper Jessica Cardwell, who had come out to challenge for the ball on a Raider offensive drive. Robertson could not maintain control of the ball, however, and got off only an off-balance shot that skirted the wide-open net mere inches to the left of the post.

The game was a defensive struggle throughout, the Bruins getting 15 shots to 9 for the Raiders, and just 8 on-goal shots to 4 for the visitors. Cardwell had four saves in the game, while SOU keeper Stephanie Hopkins had 7.

George Fox (1-0) hosts Warner Pacific College at 1:00 p.m. a week from Saturday (Sept. 10) in its next action. Southern Oregon (1-1) entertains Fresno Pacific University Monday in a "neutral-site" game in Medford at 1:00 p.m.

Soccer Box Score (Final)  
 The Automated ScoreBook For Soccer  
 Southern Oregon vs George Fox (09/02/05 at Newberg, Ore.)

Southern Oregon (1-1) vs.  
 George Fox (1-0)  
 Date: 09/02/05 Attendance: 185  
 Weather:

Goals by period 1 2 Tot  
 -----  
 Southern Oregon..... 0 0 - 0  
 George Fox..... 1 0 - 1

Southern Oregon	Pos	#	Player	Sh	SOG	G	A
GK	00	HOPKINS, Stephanie..	-	-	-	-	-
F	2	ROBERTSON, Dacarie..	2	1	-	-	-
D	3	REED, Julia.....	-	-	-	-	-
D	6	SMYTH, Hannah.....	1	-	-	-	-
F	7	HOWARD, Lisa.....	2	-	-	-	-
D	9	KARSTEN, Lindsey....	1	-	-	-	-
M	11	ARKENBURG, Lindsey..	-	-	-	-	-
M	12	RAPPLEYEA, Mara.....	-	-	-	-	-
M	14	VILARINO, Nicole.....	-	-	-	-	-
M	17	BRADACH, Kara.....	-	-	-	-	-
M	20	VALDEZ, Katy.....	2	2	-	-	-
----- Substitutes -----							
	5	ARAKAWA, Chelsea....	-	-	-	-	-
	10	McCOY, Brei.....	1	1	-	-	-
	13	SPENCER, Morgan.....	-	-	-	-	-
	16	DIETZ, Judi.....	-	-	-	-	-
	18	PRICE, Jessica.....	-	-	-	-	-
Totals.....			9	4	0	0	

George Fox	Pos	#	Player	Sh	SOG	G	A
GK	22	Cardwell, Jessica...	-	-	-	-	-
D	2	Jacobs, Lindsay.....	-	-	-	-	-
D	3	Noyd, Melissa.....	2	1	-	-	-
M	4	Atkinson, Emily.....	1	-	-	-	-
D	5	Beck, Cherie.....	-	-	-	-	-
M	8	Alexander, Julie....	2	2	-	-	-
F/M	9	Zirschky, Bethany...	1	1	1	-	-
M	10	Tuttle, Katie.....	-	-	-	-	-
F	11	Stevens, Amber.....	4	1	-	-	-
D	14	Ah Choy, Jasmine....	-	-	-	-	-
M	17	Ross, Kaylee.....	3	1	-	-	-
----- Substitutes -----							
	6	Winters, Whitney....	-	-	-	-	-
	16	Welch, Mackenzie....	2	2	-	-	-
Totals.....			15	8	1	0	

Southern Oregon	#	Player	MIN	GA	Saves
00	HOPKINS, Stephanie..	90:00	1	7	

George Fox	#	Player	MIN	GA	Saves
22	Cardwell, Jessica...	90:00	0	4	

Shots by period	1	2	Tot
Southern Oregon.....	4	5	- 9
George Fox.....	10	5	- 15

Saves by period	1	2	Tot
Southern Oregon.....	3	4	- 7
George Fox.....	2	2	- 4

Corner kicks	1	2	Tot
Southern Oregon.....	2	1	- 3
George Fox.....	0	2	- 2

Fouls	1	2	Tot
Southern Oregon.....	4	6	- 10
George Fox.....	5	6	- 11

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
1.	31:31	GFUW	Zirschky, Bethany (1)	Unassisted	dribbled in from middle field

CAUTIONS AND EJECTIONS:

Officials: Referee: Dick Horner; Asst. Referee: Craig Langley; Peg Phillips;  
 Offsides: Southern Oregon 1, George Fox 2.

# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Wednesday, August 31, 2005

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## 8/31 – PREVIEW: Still-Youthful Bruins Aim for Winning Season and Top Half of Conference

**NEWBERG, Ore.** – Buoyed by a strong finish to the 2004 campaign and nine returning starters, the George Fox University Bruins are looking for their most successful season under fourth-year coach Andy Hetherington as the 2005 season opener approaches.

"We finished really strong last year," notes Hetherington, pointing to the Bruins' 5-4 mark after a 4-7 start that left them just short of a break-even season at 9-11. "Now it's a question of how fast we can start, and we need to take advantage of having our first five games at home. With the experience we have back and some exciting newcomers, I am cautiously optimistic that we can achieve our two main goals: the first winning season since I've been here, and a finish of fifth or higher in the conference."

The Bruins were 6-10 and placed sixth in the Northwest Conference last year. Two starters are gone from that team: First Team All-NWC defender Jill Steinfeld and midfielder Kiersten Luginbill, who tied for the team lead in assists (5).

### Returns

Anchoring the Bruin defense is goalkeeper **Jessica Cardwell** (So., Fall Creek, Ore. / Thurston HS), an Honorable Mention All-NWC selection who was second in the league in saves (147). "I'm very happy with my keeper," beams Hetherington. "She has excellent skills and is very dependable." Cardwell will be backed up by returnee **Amaris Tronson** (Jr., Cashmere, Wash. / Cashmere HS), who started three games in goal last year with 12 saves and who will also see duty as a utility player out in the field.

The defensive line will feature veterans **Cheri Beck** (So., Renton, Wash. / Liberty HS) and the team's two co-captains, **Lindsay Jacobs** (Jr., Bend, Ore. / Mountain View HS) and **Melissa Noyd** (Jr., Salem, Ore. / Sprague HS). Jacobs had a pair of assists while seeing duty at midfield in '04.

**Emily Atkinson** (Jr., Fircrest, Wash. / Henry Foss HS), whom Hetherington calls "a key in the middle", and **Julie Alexander** (So., Salt Lake City, Utah / Brighton HS) are back, providing both defensive ability and scoring skills at midfield. Atkinson scored five goals while Alexander had six goals and five assists, including a Bruin-record three assists in one game vs. Whitworth. **Katie Tuttle** (So., East Wenatchee, Wash. / Eastmont HS), who scored two goals as a starting midfielder last year but suffered a knee injury in the spring, is the likely starter at an outside mid position if her knee is sound.

At forward, the Bruins return **Amber Stevens** (So., Medford, Ore. / South Medford HS), whose eight goals and five assists enabled her to rank 6th in the conference in points per game (1.10), and **Bethany Zirschky** (So., Gig Harbor, Wash. / Gig Harbor HS), who tallied three goals and an assist. "Amber has shown an ability to score from anywhere, and we will count on her for more of the same," says Hetherington. "Bethany has come back quicker and stronger, and will be very dangerous to opponents this year. She elevates our competitiveness."

**Mackenzie Welch** (So., Bend, Ore. / Bend HS) provided a quick offensive punch off the bench last year with five goals in 13 games, and Hetherington says, "She's stronger and we're expecting good things from her this year." **Kelli Roots** (So., Grants Pass, Ore. / Grants Pass HS) at midfield and **Rachael Skjelstad** (So., Springfield, Ore. / Thurston HS) on defense are also back, adding much-needed depth to the squad.

### Newcomers

"I'm very excited about our freshmen recruits," says Hetherington, especially **Kaylee Ross** (Fr., Poulsbo, Wash. / King's West HS) and **Jasmine Ah Choy** (Fr., Honolulu, Hawaii / Moanalua HS). "Kaylee can play anywhere but will probably be one of our midfielders. Jasmine is an outstanding defender who can play anywhere we need her."

**Whitney Winters** (Fr., Central Point, Ore. / Cascade Christian HS) at midfield and local talent **Whitney Hall** (Fr., Newberg, Ore. / Newberg HS) will add skill and pace offensively. **Katelyn Brandt** (So., Eugene, Ore. / Marist HS) has shown herself to be a versatile player at both defender and midfielder.

### Summary

"We're much quicker and 'pacier' this year," observes Hetherington, "but we're still young; we have one senior and will be playing a lot of junior and sophomores. It will be a matter of how quickly we can meld as a team, and of working out as soon as possible our optimum style of play. I think this will be a balanced team that will be quicker on the outside and more experienced. We are deeper in terms of talent at all positions, but numbers-wise, we have a smaller squad than usual."

"I'm not sure we're quite ready to challenge for the conference title yet, but it's coming. We will definitely be a factor and have something to say about the race this year, though – and it's still fun to play the 'spoiler'."



# GEORGE FOX UNIVERSITY

SPORTS RELEASE: WOMEN'S SOCCER – Monday, August 29, 2005

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## 8/29 – NWC POLL: Improving Bruins Picked to Finish 6th in Pre-Season NWC Women's Soccer Poll

**NEWBERG, Ore.** – With nine starters returning from a team that tripled its number of wins from the year before, the George Fox University Bruins have been picked to finish sixth in the 2005 Northwest Conference women's soccer race in a pre-season poll of the league's nine coaches but hope to do even more damage than that.

George Fox lost two starters, including First Team All-Conference defender Jill Steinfeld, from a team that narrowly missed a break-even season by going 9-11. The Bruins were 6-10 in conference play and finished sixth in the standings. The nine regulars who return are all sophomores and juniors whose continuing progress should make the Bruins a factor in the conference race for the next couple of years.

Honorable Mention All-NWC goalkeeper **Jessica Cardwell** (So., Fall Creek, Ore.), who was second in the league in saves (147), will anchor the Bruin defense. On offense, the team's top three scorers return: Forward **Amber Stevens** (So., Medford, Ore.), who had 8 goals and 5 assists; forward **Julie Alexander** (So., Salt Lake City, Utah), with 6 goals and 5 assists; and midfielders **Emily Atkinson** (Jr., Fircrest, Wash.), who scored 5 goals. The Bruins are under the direction of fourth-year coach **Andy Hetherington**.

The University of Puget Sound is a strong favorite to win its fourth straight NWC title and fifth in the last six years. The Loggers, who advanced to the NCAA Division III championship match after winning last season's conference crown, picked up five first place votes and 80 total points to finish ahead of Willamette University and Whitworth College.

Puget Sound, which finished 22-2 overall and 15-1 in the NWC last year, returns three First Team All-NWC selections, including 2004 NWC Offensive Player of the Year Courtney Kjar. Also back are senior goalkeeper Erin Williams and senior forward Elizabeth Pitman. However, the Loggers must overcome the graduation of two-time NWC Defensive Player of the Year Bridget Stolee and six-time NWC Coach of the Year Randy Hanson. Former assistant coach Dan Keene has taken over for Hanson. UPS fell 5-4 in penalty kicks after tying Wheaton (Ill.) 1-1 in last year's NCAA Division III national championship match.

Willamette, which picked up two first place votes and 72 total poll points, will be led by First Team All-NWC midfielder Susan Butler and senior forward Brenna Hindman. The Bearcats, who finished 12-6-2 overall and 10-5-1 in the NWC, have won or shared nine NWC titles in the last 12 years but have not won since 2002.

Whitworth is third in the poll with 70 points. The Pirates (13-5-1 overall, 12-3-1 NWC) return All-NWC forward Jael Hagerott and First Team All-NWC midfielder Ashley Fisk. Whitworth's second place finish in 2004 was the team's highest since sharing the NWC title with Willamette in 1995.

Whitman College totaled 52 points for fourth in the poll, coming off of an 11-8-1 season that included an 8-7-1 conference mark. Pacific Lutheran University (46 points) and George Fox (32 points) followed in fifth and sixth places respectively. PLU senior Andrea Gabler was a First Team All-NWC forward last season and returns to lead the Lutes (9-8-2, 9-6-1 NWC).

Pacific University (27 points) and Linfield College (24 points) finished in the seventh and eighth places in the poll. Pacific does not return an All-NWC selection from 2004's team (5-10-3, 4-9-3 NWC), while Linfield (4-14-2, 4-11-1 NWC) must replace Erica Crossman.

Lewis & Clark College is ninth in its second NWC pre-season coaches' poll. The Pioneers, in their first season as a varsity program, finished 2-16-1 overall and 0-16 in the NWC, while goalkeeper Nora Germano was a Second Team all-conference selection.

The Bruins open with five home games in a row, starting with a match against Southern Oregon University on Friday, Sept. 2, at 12:00 noon at GFU's Morse Field.

### NWC Women's Soccer Coaches' Preseason Poll:

School	(1st)	Pts.	2004 records	
			All	NWC
1. Puget Sound (Wash.)	(5)	80	22-2	15-1
2. Willamette (Ore.)	(2)	72	12-6-2	10-5-1
3. Whitworth (Wash.)	(2)	70	13-5-1	12-4-1
4. Whitman (Wash.)		52	11-8-1	8-7-1
5. Pacific Lutheran (Wash.)		46	9-8-2	9-6-1
6. George Fox (Ore.)		32	9-11	6-10
7. Pacific (Ore.)		27	5-10-3	4-9-3
8. Linfield (Ore.)		24	4-14-2	4-11-1
9. Lewis & Clark (Ore.)		11	2-16-1	0-16

(First-place votes in parenthesis. Points awarded on 10-8-7-6-5-4-3-2-1 basis)