

2002

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GEORGE FOX UNIVERSITY

SPORTS PRESS RELEASE --- TRACK & FIELD

Wednesday, August 21, 2002 --- For Immediate Release

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8/21 -ACADEMIC ALL-AMERICA: Three Bruins, Both Track Teams Receive Academic AA Honors

NEWBERG, Ore. – Three members of George Fox University's track and field teams, and both the men's and women's teams, have received NCAA Division III Academic All-America recognition from the United States Track Coaches Association for their performances during the 2002 outdoor season.

To receive an individual award, athletes need a minimum grade point average of 3.250 (on a 4.000 scale) and have to have participated in the NCAA Division III National Championships at Macalester College in St. Paul, Minn. Teams with a minimum of 14 members who participated in the 2002 season and with a combined GPA of 3.100 or better received All-Academic honors.

Individual Bruins who have been named Academic All-Americans are **Kelsey Baron (Jr., Nehalem, Ore.)**, **Jo Boatright (Fr., Coos Bay, Ore.)**, and **Ben Salisbury (So., Bellingham, Wash.)**. **Baron**, who was an Academic All-American in 2002 as well, participated in the NCAA National Championships in the long jump and the triple jump, earning All-America honors with a seventh-place finish in the long jump. **Boatright**, the 2002 Northwest Conference Women's Athlete of the Year, competed in the high jump and 100 meter hurdles in the nationals, while **Salisbury** was entered in the 200 meter dash.

The George Fox men's team placed fourth in the nation out of 12 teams in combined GPA (Allegheny College was first), while the Bruin women were seventh out of 25 (the University of Wisconsin-Stevens Point was tops).

In the three years that George Fox has been a full-fledged member of the NCAA, the track and field program has produced 10 Academic All-Americans.

A link to the United States Track Coaches Association web site, where there is a complete list of athletes and teams receiving Academic All-America recognition, is <http://www.d3track.com/>.

Monday, May 27, 2002 --- For Immediate Release

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

* **Baron Earns All-America in Long Jump as Four Bruins Compete in NCAAs**

* **Baron Named to Verizon Academic All-District VIII Team**

COMING UP:

Season concluded.

LAST WEEK (recap below):

Thur.-Sat., May 23-25, -- NCAA Division III National Championships, St. Paul, Minn.
(Macalester College, host)

NCAA CHAMPIONSHIPS: Baron's All-America Honor in Long Jump Tops Bruins' Efforts

ST. PAUL, Minn. -- **Kelsey Baron** (Jr., Nehalem, Ore.) earned All-America honors with a seventh-place finish in the women's long jump, highlighting performances by four George Fox University Bruins in the NCAA Division III National Track and Field Championships here Thursday-Saturday (May 23-25) at Macalester Stadium on the campus of Macalester College.

Baron, who entered the long jump ranked 14th nationally with a George Fox record of 18-06, jumped 18-01 in flight two of round one on Friday to qualify for the finals, then just missed her own record by a mere one-quarter of an inch, jumping 18-05.75 to earn seventh place (the top eight in each event are according All-America status). The long jump was won by Tessa Donoghue of Wheaton (Mass.) College at 19-04.

Ben Salisbury (So., Bellingham, Wash.) and **Jo Boatright** (Fr., Coos Bay, Ore.) were the first Bruins to compete in this year's championships with Thursday events. **Salisbury** was up first for the Bruins, running a time of 22.11 in the men's 200 meter dash to place fifth in the second heat of round one. However, that was not quite fast enough to qualify for the finals on Saturday. He had entered the meet ranked 10th in the nation at 21.62. Robert Hargrove of William Paterson won the 200 with a time of 21.05.

Boatright was next, jumping a height of 5-03.75 to tie for 12th in the women's high jump. That was four inches less than champion Beth Grzybowski of John Carroll. Boatright, the Northwest Conference Women's Athlete of the Year, had entered the event tied for fourth nationally at 5-07.

In the other two George Fox efforts on Friday, **Matt Gassaway** (Fr., Washougal, Wash.) missed All-America honors in the men's javelin by one spot, finishing ninth, while **Boatright** placed seventh in the second flight of the women's 100 meter high hurdle trials and did not qualify for the finals.

Gassaway was eighth in the nation with a 202-07 in the javelin coming in, but could not reach that mark in the nationals. He tossed a 193-07 to place third in flight two of round one and was seventh entering the finals, but did not improve on his other throws and slipped to ninth. Bryan Black of Middlebury won the javelin with a stadium-record 221-04.

Boatright, 18th nationally in the high hurdles before Friday with a time of 14.84, ran a 15.00 in her heat and missed qualifying by 0.35 seconds. The eventual champion was Kristin Cullen of Wheaton (Mass.) in 14.48.

In the only performance by a George Fox athlete on the final day, **Baron** came up a bit short in what is usually her best event, the triple jump, and did not qualify for the finals. She had set a Bruin record of 39-01 in the triple jump earlier in the spring and was ranked seventh nationally with that mark, but despite a good effort of 37-7.75, a quarter of an inch shorter than the final qualifier, she finished sixth in flight one of round one. Had she equaled her GFU record-

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setting mark, she would have finished seventh in the finals. The triple jump was eventually won by Darcell Edwards of McMurry with a 41-03.

Wisconsin-La Crosse won the men's title with 64.0 points, while the women's team champion was Wheaton (Mass.) with 67.0 points. The **George Fox** women were tied for 65th in the nation with 2.0 points.

5/23 – ACADEMIC ALL-AMERICA: Baron Named to Verizon Academic All-District VIII Team

NEWBERG, Ore. – **Kelsey Baron** of George Fox University, a two-event participant in the NCAA Division III National Championships in St. Paul, Minn., has been named to the Verizon Academic All-District VIII Women's Cross Country/Track and Field Team, College Division, as voted on by the College Sports Information Directors of America (CoSIDA).

Baron, a junior from Nehalem, Ore., has compiled a 3.74 grade point average while majoring in health education. She won the Northwest Conference championships this spring in both the triple jump and the long jump, and won three other meets in both events. She set George Fox records in both events, 39-01 in the triple jump and 18-06 in the long jump. Entering the NCAA nationals, she ranked seventh in the country in the triple jump and 14th in the long jump.

District VIII includes non-Division I schools from Oregon, Washington, California, Hawaii, Alaska, Idaho, Montana, Utah, Nevada, and Arizona.

Other members of the Academic All-District VIII Cross Country/Track and Field College Division Team are Stephanie Huffman, Sarah Kraybill, and Laura Widman of Seattle Pacific, Jessica Anderson of Willamette, Leslie Boyd of Alaska-Anchorage, Alicen Maier of Central Washington, Amanda McDermott of Cal Poly-Pomona, Nicole Robertson of Southern Oregon, and Audrey Sung of Cal-San Diego.

This year marks the 50th year of the Academic All-America programs, as the inaugural team was announced on Dec. 6, 1952. Since that time, more than 12,000 students have been named Academic All-America team members at colleges and universities at all levels for every recognized NCAA sport. The program's popularity resulted in a significant expansion for the current academic year, as 816 student-athletes – a 19 percent increase over the previous high – will be selected to 12 different Academic All-America teams during the 2001-02 season.

BRUIN BITS:

*** Bruin 2002 All-Northwest Conference:**

Women

Jo Boatright – NWC Women's Athlete of the Year; 100 (1st, 15.25); High Jump (1st, 5-07); Triple Jump (2nd, 35-06.75); Long Jump (2nd, 17-11.50); Heptathlon (3rd, 4,615 points)

Kelsey Baron – Long Jump (1st, 18-04.25); Triple Jump (1st, 39-01); 4x100 (3rd, 50.16)

Tori Taylor – 3,000 Steeplechase (2nd, 11:34.87)

Gina Coolen – Javelin (2nd, 121-03)

Nicole Bostic – Triple Jump (3rd, 35-01.25)

Michelle Forbes – 4x100 (3rd, 50.16)

Melissa Matthews – 4x100 (3rd, 50.16)

Brooke Pitner – 4x100 (3rd, 50.16)

Men

Jon Robinson – Long Jump (1st, 22-11.25); 4x100 (2nd, 42.62)

Ben Salisbury – 200 (1st, 21.77); 400 (3rd, 49.06); 4x100 (2nd, 42.62)

Matt Gassaway – Javelin (2nd, 20-1-02)

Steve Beardsley – 4x100 (2nd, 42.62)

Brad Bates – 4x100 (2nd, 42.62)

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins to Take Four to NCAA National Championships May 23-25
- * Five Bruins Compete in Last Chance Meet in Salem
- * Where Bruins Rank Nationally

COMING UP:

Thur.-Sat., May 23-25, – NCAA Division III National Championships, St. Paul, Minn.
(Macalester College, host)

LAST WEEK (recap below):

May 18 – Willamette Last Chance Meet, Salem, Ore.

5/19 – NCAA CHAMPIONSHIPS: Bruins to Take Four Athletes to NCAA Nationals

NEWBERG, Ore. – In the NCAA Division III National Track and Field Championships coming up this Thursday-Saturday, May 23-25, at Macalester College in St. Paul, Minn., the George Fox University Bruins will be represented by two women and two men competing in at least four and possibly up to seven events.

Automatic qualifiers for George Fox are **Kelsey Baron** in the women's triple jump, ranking 7th nationally at 39-01; **Jo Boatright** in the women's high jump, tied for 4th nationally at 5-07; and **Matt Gassaway** in the men's javelin, 8th in the nation at 202-07. **Ben Salisbury** in the men's 200 has qualified provisionally, but his time of 21.62 ranks 11th in the nation, and with at least 16 competitors selected to fill out two heats in most events, his participation is assured barring some unforeseen circumstance.

Other provisional qualifiers for the Bruins are **Baron** in the long jump, tied for 14th at 18-06.00; **Boatright** in the long jump, tied for 23rd at 18-02.25; the triple jump, 24th at 37-04.50; and the 100 high hurdles, 18th at 14.84; **Tori Taylor** in the women's steeplechase, 31st at 11:24.31; and **Helena Telfer** in the women's pole vault, tied for 41st at 10-06. **Baron** in the long jump and **Boatright** in the hurdles and possibly the long jump are "on the bubble" for chances to participate in those events, and official fields will not be posted until some time Monday evening.

Scheduled events for the Bruins (all times listed are CDT):

Thur., May 23, 10:30 a.m. – Ben Salisbury in men's 200 prelims

Thur., May 23, 5:40 p.m. – Jo Boatright in women's high jump

Fri., May 24, 10:30 a.m. – Matt Gassaway in men's javelin

Fri., May 24, 2:30 p.m. – Kelsey Baron and Jo Boatright (possibly) in women's long jump

Fri., May 24, 6:00 p.m. – Jo Boatright (possibly) in women's 100 high hurdles prelims

Sat., May 25, 11:30 a.m. – Kelsey Baron in women's triple jump

Sat., May 25, 2:10 p.m. – Jo Boatright (possibly) in women's 100 high hurdles finals

Sat., May 25, 4:30 p.m. – Ben Salisbury in men's 200 finals

5/18 – WILLAMETTE LAST CHANCE: Good Efforts but No Bruin Qualifiers in Final Meet

SALEM, Ore. – Hoping for one final shot at qualifying for the NCAA Division III National Championships, five George Fox University Bruins put forth some good efforts Saturday (May 18) here at the Willamette Last Chance track and field meet but did not achieve qualifying status.

In the women's events, **Erin Paisley** tossed the hammer 134-04 to finish third, and **Gina Coolen** threw the javelin 114-11 for second.

In the men's events, **Nathan Paisley** was ninth in the 800 at 2:04.82, **Darin Krueger** was sixth in the hammer at 152-10, and **Kyle Dixon** was sixth in the javelin at 157-0.

BRUIN BITS:

*** Bruin 2002 All-Northwest Conference:**

Women

Jo Boatright – NWC Women's Athlete of the Year; 100 (1st, 15.25); High Jump (1st, 5-07); Triple Jump (2nd, 35-06.75); Long Jump (2nd, 17-11.50); Heptathlon (3rd, 4,615 points)

Kelsey Baron – Long Jump (1st, 18-04.25); Triple Jump (1st, 39-01); 4x100 (3rd, 50.16)

Tori Taylor – 3,000 Steeplechase (2nd, 11:34.87)

Gina Coolen – Javelin (2nd, 121-03)

Nicole Bostic – Triple Jump (3rd, 35-01.25)

Michelle Forbes – 4x100 (3rd, 50.16)

Melissa Matthews – 4x100 (3rd, 50.16)

Brooke Pitner – 4x100 (3rd, 50.16)

Men

Jon Robinson – Long Jump (1st, 22-11.25); 4x100 (2nd, 42.62)

Ben Salisbury – 200 (1st, 21.77); 400 (3rd, 49.06); 4x100 (2nd, 42.62)

Matt Gassaway – Javelin (2nd, 20-1-02)

Steve Beardsley – 4x100 (2nd, 42.62)

Brad Bates – 4x100 (2nd, 42.62)

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

Bruins in NCAA Division III Rankings (thru May 19):

Women

100 High Hurdles – Jo Boatright 14.84 (18th)

3,000 Steeplechase – Tori Taylor 11:24.31 (31st)

Long Jump – Kelsey Baron 18-06.00 (14th, tie); Jo Boatright 18-02.25 (23rd, tie);

Triple Jump – Kelsey Baron 39-01 (7th); Jo Boatright 37-04.50 (24th)

High Jump – Jo Boatright 5-07 (4th, tie)

Pole Vault – Helena Telfer 10-06 (41st, tie)

Heptathlon – Jo Boatright 4,165 (28th)

Men

200 – Ben Salisbury 21.62 (11th)

Javelin – Matt Gassaway 202-07 (8th)

2002 Qualifying Marks:

<i><u>Women</u></i>	<i><u>Event</u></i>	<i><u>Time/Distance</u></i>	<i><u>Qualified For</u></i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	18-06.00 *	NWC, NCAA provisional
Kelsey Baron	Triple Jump	39-01 *	NWC, NCAA automatic
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-07	NWC, NCAA automatic
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC

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Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	141-09 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA provisional
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-06.00	NWC, NCAA provisional

<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	202-07	NWC, NCAA automatic
Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	156-05	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:39.34	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.06	NWC
Ben Salisbury	200	21.62	NWC, NCAA provisional
Ben Salisbury	400	49.03	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.58	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

* - new George Fox record

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins Post Good Numbers at Eugene, Seattle Meets
- * Where Bruins Rank Nationally
- * New Qualifying Marks and Personal Bests

COMING UP:

Sat., May 18, TBA -- Willamette Last Chance Meet, Salem, Ore.

LAST WEEK (recap below):

May 11 -- Oregon Twilight Meet, Eugene, Ore.

May 11 -- Ken Foreman Invitational (SPU/UW), Seattle, Wash.

5/11 -- OREGON TWILIGHT: Small Group of Bruins Post Strong Finishes in Twilight Meet

EUGENE, Ore. -- Going up against numerous NCAA Division I athletes, what few George Fox University Bruins there were posted impressive finishes in the Oregon Twilight Track and Field Meet Saturday (May 11) here at the University of Oregon's Hayward Field.

Ben Salisbury finished fourth in the men's 200 meter dash with a time of 21.62, improving upon his previous NCAA Division III National Championships provisional qualifying time of 21.77 and setting a new personal record. He stands 11th in the country in the 200 this season.

Jon Robinson place third in the long jump with a distance of 22-01.75.

Kelsey Baron recorded two seconds in women's events, jumping 18-02.25 in the long jump and 38-04 in the triple jump and being bettered only by University of Oregon athlete Amanda Brown. Northwest Conference "Women's Athlete of the Year" **Jo Boatright** was third in the 100 meter hurdles with a time of 15.07 and fourth in the long jump at 17-11.

Gina Coolen came in fourth in the javelin with a throw of 114-09.

Bruins who have not done so yet will have one more shot at qualifying for the NCAA National Championships with the Willamette Last Chance Meet next Saturday (May 18) in Salem, Ore.

5/11 -- KEN FOREMAN INVITATIONAL: Fourths by Gassaway, Taylor Top Bruin Showings

SEATTLE, Wash. -- Fourth-place finishes by **Matt Gassaway** in the men's javelin and by **Tori Taylor** in the women's 3000 meter steeplechase were the top performances for George Fox University as a limited number of Bruins participated in the Ken Foreman Invitational Track and Field Meet, hosted by Seattle Pacific University and the University of Washington, Saturday (May 11) here at Husky Stadium.

Gassaway tossed the javelin 57.12 meters while Taylor ran an 11:47.20 to earn their places. The Bruins also placed two others in the top five during the day, **Darin Krueger** throwing the men's hammer 47.99 meters and **Nicole Bostic** posting a mark of 10.64 meters in the triple jump.

Krueger joined men's steeplechaser **Michael Owen** in recording personal bests, Owen running the 3,000 meter race in 9:37.72.

Bruins who have not done so yet will have one more shot at qualifying for the NCAA National Championships with the Willamette Last Chance Meet next Saturday (May 18) in Salem, Ore.

BRUIN BITS:

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Jo Boatright – NWC Women's Athlete of the Year; 100 (1st, 15.25); High Jump (1st, 5-07); Triple Jump (2nd, 35-06.75); Long Jump (2nd, 17-11.50); Heptathlon (3rd, 4,615 points)

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Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

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100 High Hurdles – Jo Boatright 14.84 (16th)

3,000 Steeplechase – Tori Taylor 11:24.31 (21st)

Long Jump – Kelsey Baron 18-06.00 (11th); Jo Boatright 18-02.25 (17th);

Triple Jump – Kelsey Baron 39-01 (5th); Jo Boatright 37-04.50 (22nd)

High Jump – Jo Boatright 5-07 (4th)

Pole Vault – Helena Telfer 10-06 (38th)

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200 – Ben Salisbury 21.62 (11th)

Javelin – Matt Gassaway 202-07 (7th)

2002 Qualifying Marks:

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Kelsey Baron	Triple Jump	39-01 *	NWC, NCAA automatic
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Jo Boatright	High Jump	5-07	NWC, NCAA automatic
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC

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Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	141-09 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA provisional
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-06.00	NWC, NCAA provisional

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Adam Puckett	Long Jump	21-08.75	NWC
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Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.06	NWC
Ben Salisbury	200	21.62	NWC, NCAA provisional
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Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

* - new George Fox record

Personal Bests Set at UO Twilight Meet / Ken Foreman Invitational:

Men

Darin Krueger (Sr., Portland, Ore.) – Hammer (47.99 m)
 Michael Owen (Jr., Anchorage, Alaska) – 3,000 Steeplechase (9:37.72)
 Ben Salisbury (So., Bellingham, Wash.) – 200 (21.62)

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HIGHLIGHTS:

- * Bruins Win Five Events in Linfield Invitational
- * Baron Sets Bruin Long Jump Record at Linfield Meet
- * Where Bruins Rank Nationally
- * New Qualifying Marks and Personal Bests

COMING UP:

Sat., May 11, TBA – Oregon Twilight Meet, Eugene, Ore.

Sat., May 11, TBA – Seattle Pacific Open, Seattle, Wash.

LAST WEEK (recap below):

May 4 – Linfield Invitational, McMinnville, Ore.

. 5/4 – LINFIELD INVITATIONAL: Baron's Long Jump Record Among Five Bruins Wins

McMINNVILLE, Ore. – With graduation ceremonies taking place during the day at George Fox University, the Bruins sent a limited number of competitors to the Linfield Invitational Track and Field Meet here Saturday (May 4), but still came away with five first-place finishes.

Leading the way for the Bruins was **Kelsey Baron**, who won the women's long jump with a career-best distance of 18-06. It was a new George Fox record, tied for the 9th-best jump in the nation this season, and improved upon her provisional qualifying status for the NCAA National Championships May 23-25 in St. Paul, Minn.

Other winning women for the Bruins were **Jo Boatright**, the 2002 Northwest Conference "Women's Athlete of the Year", who took the top spot in the 100 meter hurdles with a time of 15.65, and **Janelle Goeres**, who captured the 5,000 meter run in a personal-record time of 18:50.74.

In the 3,000 meter steeplechase, **Tori Taylor** was second in 11:43.31 and **Beth Moyer** was third in 12:34.44. In the triple jump, **Nicole Bostic** was second at 34-09.75, and **Boatright** was third at 34-04.75. **Gina Coolen** took second in the javelin at 118-02.

For the Bruin men, **Ben Salisbury** was a winner in the 200 meter dash in 21.90, while **Jon Robinson** was the long jump champion at 21-08. Two other Bruins posted the top college scores but finished second to athletes competing as "unattached": **Darin Krueger** in the hammer throw at 152-00, and **Matt Gassaway** in the javelin throw at 188-08.

The Bruins also recorded three seconds: **Steve Beardsley** in the 400 meter hurdles at 59.14, **Brett Yeager** in the high jump at 6-02.75, and **Bryan Wadlow** in the triple jump at 43-09.

"It was hard for us to compete well, coming off the Northwest Conference meet and then four days of final exams, studying, having to move, etc., etc.," said Bruin coach **Wes Cook**. "Few of our athletes had improvements or came anywhere near where they were at Spokane, Kelsey and our high jumpers (Yeager and **Tevin Taylor**) being the exceptions.

"Krueger beat the conference hammer champ, and so did Coolen, I believe, in the javelin. Salisbury ran probably the best first hundred meters of the 200 he has ever run; he just needed someone in the race to make him run the last hundred. Goeres had an 11-second personal record of her previous PR last weekend, and **Amy Watson** got her season's best in the shot by 1/3 of an inch (32-00.25)."

As the season winds down, most of the Bruins will be looking to improve upon their standings as qualifiers for the NCAA Championships or seeking to reach qualifying status in the next two weeks. Some George Fox athletes will compete in the Oregon Twilight Meet in Eugene, while others will go to the Seattle Pacific Open, both next Saturday (May 11).

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"I don't know about the men yet, but Kelsey, Jo, and Gina will compete in Eugene next Saturday evening, beginning at 4:30 p.m.," said Cook. "The steepers will be in Seattle, as will several of the other men, I'm presuming, but I probably won't know for sure until midweek."

BRUIN BITS:

*** Bruin 2002 All-Northwest Conference:**

Women

Jo Boatright – NWC Women's Athlete of the Year; 100 (1st, 15.25); High Jump (1st, 5-07); Triple Jump (2nd, 35-06.75); Long Jump (2nd, 17-11.50); Heptathlon (3rd, 4,615 points)

Kelsey Baron – Long Jump (1st, 18-04.25); Triple Jump (1st, 39-01); 4x100 (3rd, 50.16)

Tori Taylor – 3,000 Steeplechase (2nd, 11:34.87)

Gina Coolen – Javelin (2nd, 121-03)

Nicole Bostic – Triple Jump (3rd, 35-01.25)

Michelle Forbes – 4x100 (3rd, 50.16)

Melissa Matthews – 4x100 (3rd, 50.16)

Brooke Pitner – 4x100 (3rd, 50.16)

Men

Jon Robinson – Long Jump (1st, 22-11.25); 4x100 (2nd, 42.62)

Ben Salisbury – 200 (1st, 21.77); 400 (3rd, 49.06); 4x100 (2nd, 42.62)

Matt Gassaway – Javelin (2nd, 20-1-02)

Steve Beardsley – 4x100 (2nd, 42.62)

Brad Bates – 4x100 (2nd, 42.62)

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

Bruins in NCAA Division III Rankings (thru May 6):

Women

100 High Hurdles – Jo Boatright 14.84 (13th)

3,000 Steeplechase – Tori Taylor 11:24.31 (19th)

Long Jump – Kelsey Baron 18-06.00 (9th); Jo Boatright 18-02.25 (16th);

Triple Jump – Kelsey Baron 39-01 (5th); Jo Boatright 37-04.50 (16th)

High Jump – Jo Boatright 5-07 (4th)

Pole Vault – Helena Telfer 10-06 (34th)

Heptathlon – Jo Boatright 4,165 (22nd)

Men

200 – Ben Salisbury 21.77 (13th)

Javelin – Matt Gassaway 202-07 (7th)

2002 Qualifying Marks:

<u>Women</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	18-06.00 *	NWC, NCAA provisional
Kelsey Baron	Triple Jump	39-01 *	NWC, NCAA automatic
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-07	NWC, NCAA automatic

Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	141-09 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA provisional
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-06.00	NWC, NCAA provisional

<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	202-07	NWC, NCAA automatic
Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	156-05	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:39.34	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.06	NWC
Ben Salisbury	200	21.77	NWC, NCAA provisional
Ben Salisbury	400	49.03	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.58	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

* - new George Fox record

Personal Bests Set at Linfield Invitational:

Women

Kelsey Baron (Jr., Nehalem, Ore.) – Long Jump (18-06.00)
Janelle Goeres (So., Gold Hill, Ore.) – 5,000 (18:50.74)
Amy Watson (Fr., Aloha, Ore.) – Shot Put (32-00.25)

Men

Doug Beatty (Fr., Boise, Idaho) – Long Jump (18-05.25, tie)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruin Women 4th, Men 5th in NWC Championships
- * Boatright Named NWC "Women's Athlete of the Year"
- * Where Bruins Rank Nationally and in NWC
- * New Qualifying Marks and Personal Bests

COMING UP:

Sat., May 4, TBA – Linfield Limited, in McMinnville, Ore.

LAST WEEK (recap below):

Apr. 26-27 – Northwest Conference Championships, Spokane, Wash.
(Men – 5th / Women – 4th)

4/26 – NWC CHAMPIONSHIPS: Bruins Finish 4th in Women's Division, 5th in Men's;

SPOKANE, Wash. – Freshman sensation **Jo Boatright** of George Fox University was named Northwest Conference "Women's Athlete of the Year" after a string of outstanding performances in the NWC Track and Field Championships here at Whitworth College's Boppell Track over the weekend, but even her efforts could not prevent the Bruins from slipping to fourth place after being second on Friday. The Bruin men wound up fifth overall after holding down third after the first day.

Women

Boatright earned the conference's top accolade by winning the 100 meter hurdles in 15.25 and the high jump with a personal best of 5-07. She also finished second in the triple jump at 35-06.75, second in the long jump on Friday at 17-11.50, and was third in the heptathlon a week and a half ago. Her high jump tied both the NWC record and the Boppell track record, tied for the fourth-best jump in the nation this season, and automatically qualified her for the NCAA national championships. She earned All-NWC honors in the 100 hurdles, long jump, high jump, triple jump, and the heptathlon.

"With a total point production of 42, including two firsts, two seconds, and one third, Jo was head and shoulders (figuratively) above anyone else who could be considered for the award," marveled Bruin coach Wes Cook. "It was obvious at her last event, the triple jump, that she was totally spent, yet she summoned up what reserves she had left for one final tremendous jump on her last try. It was an amazing performance."

Kelsey Baron posted a career best of 18-04.25 to win the long jump on Friday and moved into 12th for the longest jump in the nation this season. She became a double winner on Saturday with an NWC-record mark of 39-01 in the triple jump. It was a personal high for her, the fifth-best jump in the nation this spring, and another automatic qualifier for the NCAA nationals. She was, of course, All-NWC in the triple jump and the long jump.

Other Bruins earning All-NWC for finishing in the top three on Friday were Tori Taylor, second in the 3,000 meter steeplechase with a time of 11:34.87, and Gina Coolen, second in the javelin with a throw of 121-03.

Scoring points for the Bruins Friday by placing eighth or better on the first day were Janelle Goeres, fourth in the 10,000 meter run with a personal best 39:12.60; Beth Moyer, sixth in the steeplechase at a career best 12:05.11; Helena Telfer, fourth in the pole vault at 10-00.50; and Erin Paisley, sixth in the hammer at 122-09.

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On Saturday, posting top-three finishes to earn All-NWC honors were Nicole Bostic, whose 35-01.25 in the triple jump was a personal best and gave the Bruins a sweep of the top three spots, and the 4x100 meter relay team of Michelle Forbes, Melissa Matthews, Baron, and Brooke Pitner, who were third at 50.16, the best for the team this season.

Scoring points for the Bruins by placing eighth or better Saturday were Matthews, seventh in the 100 meter dash at 13.10 (a personal record), and fifth in the 200 at 27.00; Jenn Tyhurst, sixth in the 400 at 1:01.89 (a personal record); Goeres, sixth in the 5,000 meter run at 19:01.48 (a personal record); Taylor, seventh in the 5,000 at 19:08.42; Forbes, sixth in the high jump at 5-01 and in the triple jump at 33-01; Arlene Burnham, eighth in the shot put at 35-01.25; and the 4x400 relay team of Matthews, Boatright, Pitner, and Tyhurst, fourth at 4:11.20 (a record for that group).

Willamette University captured the NWC crown with 225 points, followed by Pacific Lutheran University at 141, Whitworth 138, George Fox 132, the University of Puget Sound 62.5, Lewis & Clark College 40, Pacific University 13, and Whitman College 10.

Men

Jon Robinson repeated his men's long jump title on Friday with a distance of 22-11.25, 11 inches further than his closest pursuer and bettering his own personal record by five and a half inches. He earned All-NWC honors for his effort.

Ben Salisbury took the 200 in a time of 21.77 on Saturday, posting the eighth-best time in the country and qualifying provisionally for the NCAA nationals. He also placed third in the 400 at 49.06, thus earning All-NWC honors in both events.

On Friday, Matt Gassaway also made All-NWC with a second-place finish in the javelin at 201-02.

Other Bruin men to finish in the top eight Friday and score points were Michael Owen, fifth in the 3,000 meter steeplechase with a time of 9:42.76; Adam Puckett, eighth in the long jump at 20-05.25; Darin Krueger, fifth in the hammer at 149-00; and Kyle Dixon, seventh in the javelin at 179-10.

On Saturday, making All-NWC with a second-place time of 42.62, their best of the season, was the 4x100 meter relay team of Robinson, Steve Beardsley, Brad Bates, and Salisbury.

Other Bruin men to finish in the top eight and score points for George Fox Saturday were Robinson, who was fourth in both the 100 at 11.11 and the 200 at 22.38; Bates, sixth in the 400 at 51.10; Owen, seventh in the 5,000 meter run at 16:01.54; Tevin Taylor, sixth in the 110 meter hurdles at 16.23 and seventh in the 400 hurdles at 58.72; Keith Christiansen, eighth in the pole vault at 12-07.50; Bryan Wadlow, fifth in the triple jump at 44-01.25; and the 4x400 relay team of Beardsley, Salisbury, Andrew Paine, and Bates, fourth at 3:23.09, their best time of the season.

Willamette also locked up the men's title handily, posting 254 points to Linfield with 165.5, Pacific Lutheran 141.5, Whitworth 100, George Fox 88, Lewis & Clark 40, Puget Sound 17, Pacific 8, and Whitman 0.

Summary

"It was a great meet for us," commented Cook, "obviously not in the sense that we were a top team finisher, but we pretty much did about everything we could do at the competition. Most of our entrants scored; only a handful did not. As an example, although our distance crew is smaller than ever and in almost every meet was pretty much overwhelmed, only one runner, I believe, didn't score – and he was a ninth, one spot away from scoring.

"This team, both men and women, has truly been something special. The spiritual bonds that they have developed and the 'outreach' they've undertaken to their fellow competitors as well as to each other is remarkable. We're excited about the rest of the season and sending some of these young men and women to the nationals."

With graduation exercises this Saturday (May 4), the Bruins will not send a complete squad to the Linfield Limited in McMinnville, as the team's seniors and other students participating in the ceremonies have those duties to attend. In an effort to qualify for the NCAA National Championships May 23-25 in St. Paul, Minn., or to keep their skills sharp for the nationals, the Bruins will also participate in either the Oregon Twilight Meet in Eugene or the Seattle Pacific Open on May 11, and the Willamette Last Chance Meet in Salem on May 18.

Complete Results

Complete results for all teams and individuals in the Northwest Conference Championships can be found at the following web site: <http://www.whitworth.edu/athletics/Teams/Track/Releases/NWCCChamps.htm>.

BRUIN BITS:

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

Bruins in NCAA Division III Rankings:

Women

100 High Hurdles – Jo Boatright 14.84 (7th)

3,000 Steeplechase – Tori Taylor 11:24.31 (15th)

Long Jump – Kelsey Baron 18-04.25 (12th); Jo Boatright 18-02.25 (14th);

Triple Jump – Kelsey Baron 39-01 (5th); Jo Boatright 37-04.50 (13th)

High Jump – Jo Boatright 5-07 (4th)

Pole Vault – Helena Telfer 10-06 (25th)

Heptathlon – Jo Boatright 4,165 (14th)

Men

200 – Ben Salisbury 21.77 (9th)

Javelin – Matt Gassaway 202-07 (6th)

2002 Qualifying Marks:

<u>Women</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	18-04.25	NWC, NCAA provisional
Kelsey Baron	Triple Jump	39-01 *	NWC, NCAA automatic
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-07	NWC, NCAA automatic
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	141-09 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA provisional
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-06.00	NWC, NCAA provisional

<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	202-07	NWC, NCAA automatic
Nick Hulthberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	156-05	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:39.34	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC

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Ben Salisbury (So., Bellingham, Wash.)	100	11.06	NWC
Ben Salisbury	200	21.77	NWC, NCAA provisional
Ben Salisbury	400	49.03	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.58	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

** - new George Fox record*

Personal Bests Set at NWC Champinships:

Women

Kelsey Baron (Jr., Nehalem, Ore.) – Long Jump (18-04.25); Triple Jump (39-01.00)
Jo Boatright (Fr., Coos Bay, Ore.) – High Jump (5-07)
Nicole Bostic (So., Spokane, Wash.) – Triple Jump (35-01.25)
Janelle Goeres (So., Gold Hill, Ore.) – 10,000 (39:12.60); 5,000 (19:01.48)
Melissa Matthews (Fr., Keizer, Ore.) – 100 (13.10)
Beth Moyer (So., Camarillo, Calif.) – 3,000 Steeplechase (12:05.11)
Jenn Tyhurst (Fr., Oregon City, Ore.) – 400 (1:01.89)

Men

Jon Robinson (So., Cannon Beach, Ore.) – Long Jump (22-11.25)
Ben Salisbury (So., Bellingham, Wash.) – 200 (21.77)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Boatright Third, Taylor Fourth in NWC Combined Events
- * Gassaway Makes NCAA Automatic Qualifying in Javelin
- * Paisley Extends Hammer Record in Cougar Invitational
- * Where Bruins Rank Nationally and in NWC
- * New Qualifying Marks and Personal Bests

COMING UP:

Fri.-Sat., Apr. 25-26, TBA – NWC Championships, Spokane, Wash.

LAST WEEK (recap below):

Apr. 15-16 – NWC Combined Events, Salem, Ore.

Apr. 20 – Cougar Invitational, Oregon City, Ore.

4/17 – NWC COMBINED: “More Than Meets the Eye” to Efforts by Boatright, Taylor in Combined Events

SALEM, Ore. – At first glance, the good efforts turned in by George Fox University's **Jo Boatright** in the Northwest Conference women's heptathlon and **Tevin Taylor** in the men's decathlon April 15-16 here at Willamette University would appear to be just that – good efforts, although nothing spectacular.

But it's time you knew, as Bruin coach **Wes Cook** might put it in his best Paul Harvey imitation, “the rest of the story.”

Boatright finished third in the heptathlon with 4,165 points, winning the long jump (17-10.75), tying for first in the high jump (5-05.25), and finishing second in the 100 low hurdles (15.45) and the 200 (27.08). Taylor was fourth in the decathlon with 5,819 points, finishing second in the 110 high hurdles (15.58) and the 1,500 (4:34.74), and third in the 400 (52.15). David Kilian also competed in the decathlon for the Bruins, placing 10th with 4,824 points, his best event being a fourth in the discus (95-00).

While most athletes have one or two events in which they excel, the heptathlon and the decathlon test an athlete's all-around skills by entering them in several wide-ranging events. Heptathletes compete in the 100 meter low hurdles, high jump, shot put, 200 meter dash, long jump, javelin, and the 800. Decathletes compete in the 100, long jump, shot put, high jump, 400, 110 high hurdles, discus, pole vault, javelin, and the 1,500.

“This was Jo's first heptathlon,” pointed out Cook, “and she proclaimed before the first event on Monday that she wasn't feeling well. Whether it was from an actual illness or just how intensely she desires to do well, and feeling a bit apprehensive because of ‘uncharted water’ ... she continued to feel less than well for both days. She came out of the dressing room for the final event, the 800, and it was pretty apparent that she wasn't into running her first 800 ever.”

So all Boatright did for those two days was post a points total that qualified provisionally for the NCAA National Championships (had she been feeling better for the 800, she might have qualified automatically), break the NWC heptathlon record for the high jump, miss the long jump record by only an inch, and set George Fox heptathlon records in the long jump, high jump, hurdles, and first-day points (2,726)!

The only two athletes to finish ahead of Boatright were seniors, and her points total would have won the event last year (which was held at George Fox's Colcord Memorial Field).

Boatright set new personal standards in the 200, high jump, shot put (27-10.75), and javelin (71-06), posted the third-best heptathlon score in team history and fourth-best high jump mark, set the freshman record for points, and came within 14 points of the sophomore class record

(4,179), making her only the second Bruin freshman or sophomore over 4,000 points. She reached NCAA provisional qualifying status in the high jump.

In the men's decathlon, Taylor was sixth after the first day, but came on strong on Tuesday to climb two spots, nearly making it all the way to third. "Tevin ran an extremely courageous final event (the 1,500)," said Cook, "missing third by only 28 points. About four seconds faster would have earned him third place."

Taylor posted personal bests in five events – the 100 (11.84), high hurdles (his regular event), pole vault (10-01.25), javelin (170-04), and the 1,500. His hurdles time put him ninth all-time at George Fox.

"Tevin had only one legal throw in the discus (72-01)," Cook pointed out, "and if he had thrown anything near his best (111-11) in the event, it would have put him over 6,000 points and made him a provisional qualifier for nationals."

Adding to the impressiveness of the performances was the fact that the competition took place in "some of the worst track meet weather I've been in since coming to Oregon!" declared Cook. "I grew up in Nebraska, where there's wind all the time, so I have been spoiled by not having to deal with it very much here. But for this meet, it was cold, windy, wet, and probably far worse for those of us just getting to sit around during the two days. The athletes seemed to handle it far better than we did."

The strong efforts by Boatright and Taylor will give the Bruins a good start for the Northwest Conference Championships, as the Combined Events count toward team scores. The remainder of the NWC Championships are coming up this Friday-Saturday, April 26-27, at Whitworth College in Spokane, Wash.

4/20 – COUGAR INVITATIONAL: Gassaway Qualifies for Nationals in Javelin at Cougar Invitational

OREGON CITY, Ore. – Matt Gassaway won the javelin with a personal best throw of 202-07, qualifying automatically for the NCAA National Championships May 23-25 in St. Paul, Minn., to lead the George Fox University men's efforts in the Cougar Invitational Saturday (April 20) here at Clackamas Community College.

Erin Paisley extended her school and sophomore class record in the hammer with a personal best throw of 141-09 while finishing second overall in the event, highlighting the Bruin women's performances.

In addition to Gassaway's victory for the men, **Jon Robinson** captured the long jump (21-11.75). Seconds went to **Ben Salisbury** in the 100 (11.06), **Brett Yeager** in the high jump (6-02), and the 4x100 relay team of **Robinson, Steve Beardsley, Brad Bates, and Salisbury** (42.67). A third-place finish was turned in by **Salisbury** in the 200 (21.90).

Kelsey Baron was a double winner for the Bruin women in the long jump (17-10.75) and the triple jump (37-08.50). **Paisley** had the only second for the Bruins with her school record in the hammer. Thirds were recorded by **Michelle Forbes** in the high jump (5-00), **Jo Boatright** in the triple jump (36-00), and the 4x100 relay team of **Forbes, Melissa Matthews, Baron, and Brooke Pitner** (50.82). Although she was only sixth overall, **Helena Telfer** met the NCAA provisional qualifying mark with a personal-best pole vault of 10-06.

BRUIN BITS:

*** Boatright, Gassaway Get Honorable Mention for NWC "Athlete of the Week"**

Jo Boatright for the George Fox women and **Matt Gassaway** for the men received Honorable Mention for Northwest Conference "Athlete of the Week" for April 15-21.

Boatright finished 3rd in the NWC heptathlon and qualified provisionally for the NCAA national championships with 4,165 points on April 15-16 in Salem. She was first in the long jump (17-07.75), tied for first in the high jump (5-05.25), and was second in the 100 low hurdles (15.45) and the 200 (27.08). Her high jump was a new record in the NWC heptathlon, and she was an inch short of the record in the long jump. Her 200 time was a new personal record. Her long jump, high jump, 100 hurdles, and first-day total of 2,726 points were GFU heptathlon records. She also finished third in the Cougar Invitational triple jump (36-00).

Gassaway won the Cougar Invitational at Clackamas Community College in Oregon City on April 20 with a javelin toss of 202-07, qualifying automatically for the NCAA national championships. It was Gassaway's personal best, a freshman class record, and moved him to #2 on the all-time GFU javelin list.

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

Bruins in Northwest Conference Rankings (Top 10):

Women

100 – Michelle Forbes 13.17 (8th); Brooke Pitner 13.20 (9th); Melissa Matthews 13.20 (9th)
200 – Melissa Matthews 26.90 (6th); Jo Boatright 27.08 (8th); Brooke Pitner 27.14 (9th)
400 – Brooke Pitner 1:02.35 (10th)
3,000 Steeplechase – Tori Taylor 11:24.31 (3rd); Beth Moyer 12:15.14 (7th)
5,000 – Tori Taylor 19:23.34 (10th)
10,000 – Janelle Goeres 40:47.54 (4th)
100 High Hurdles – Jo Boatright 14.84 (1st)
4x100 Relay – George Fox "A" 50.44 (3rd)
4x400 Relay – George Fox "A" 4:12.21 (4th)
High Jump – Jo Boatright 5-05.25 (2nd); Michelle Forbes 5-01.00 (6th)
Pole Vault – Helena Telfer 10-06 (3rd)
Long Jump – Jo Boatright 18-02.25 (1st); Kelsey Baron 18-01.75 (2nd)
Triple Jump – Kelsey Baron 38-07.75 (1st); Jo Boatright 37-04.50 (2nd); Nicole Bostic 34-07.50 (4th); Michelle Forbes 33-04.00 (8th)
Shot Put – Arlene Burnham 36-03.00 (7th)
Javelin – Gina Coolen 122-04 (3rd)
Hammer – Erin Paisley 141-09 (5th)
Heptathlon – Jo Boatright 4,165 (3rd)

Men

100 – Jon Robinson 10.99 (3rd); Ben Salisbury 11.20 (9th)
200 – Ben Salisbury 22.02 (1st); Jon Robinson 22.30 (4th)
400 – Ben Salisbury 49.03 (2nd); Brad Bates 50.44 (7th)
3,000 Steeplechase – Michael Owen 9:39.34 (6th); Forrest Towne 10:02.54 (10th)
110 High Hurdles – Tevin Taylor 15.58 (5th)
400 Int. Hurdles – Zach Davidson 58.04 (6th); Steve Beardsley 58.09 (7th); Tevin Taylor 58.63 (10th)
4x100 Relay – George Fox "A" 42.67 (3rd)
4x400 Relay – George Fox "A" 3:23.46 (4th)
High Jump – Brett Yeager 6-02.00 (7th)
Pole Vault – Keith Christiansen 13-06.00 (5th); Nick Wymore 12-06.00 (9th)
Long Jump – Jon Robinson 22-05.75 (2nd); Adam Puckett 21-08.75 (3rd); Bryan Wadlow 20-09.00 (7th)
Triple Jump – Bryan Wadlow 44-05.50 (3rd); Adam Puckett 43-10.00 (6th); Reggie Davis 41-10.00 (9th)
Javelin – Matt Gassaway 202-07 (2nd); Kyle Dixon 186-00 (7th); Nick Hultberg 177-03 (10th)
Hammer – Darin Krueger 156-05 (3rd)
Decathlon – Tevin Taylor 5,819 (4th); David Kilian 4,824 (10th)

Bruins in NCAA Division III Rankings:

Women

100 High Hurdles – Jo Boatright 14.84 (6th)
3,000 Steeplechase – Tori Taylor 11:24.31 (15th)
Long Jump – Jo Boatright 18-02.25 (11th); Kelsey Baron 18-01.75 (12th)
Triple Jump – Kelsey Baron 38-07.75 (4th); Jo Boatright 37-04.50 (11th)
High Jump – Jo Boatright 5-05.25 (11th)
Pole Vault – Helena Telfer 10-06 (26th)
Heptathlon – Jo Boatright 4,165 (11th)

Men

Javelin – Matt Gassaway 202-07 (6th)

2002 Qualifying Marks:

<i>Women</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	18-01.75	NWC, NCAA provisional
Kelsey Baron	Triple Jump	38-07.75 *	NWC, NCAA provisional
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-05.25	NWC, NCAA provisional
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	141-09 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA provisional
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-06.00	NWC, NCAA provisional
<i>Men</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	202-07	NWC, NCAA automatic
Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	156-05	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:39.34	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.06	NWC
Ben Salisbury	200	21.90	NWC
Ben Salisbury	400	49.03	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.58	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

* - new George Fox record

Personal Bests Set at Combined Events / Cougar Invitational:**Women**

Sarah Anderson (Fr., Canby, Ore.) – 400 (1:09.56)
 Kelsey Bates (Fr., Stayton, Ore.) – 400 (1:05.32)
 Jo Boatright (Fr., Coos Bay, Ore.) – 200 (27.08); High Jump (5-05.25); Shot Put (27-10.75); Javelin (71-06)
 Nicole Bostic (So., Spokane, Wash.) – Long Jump (15-03.50)
 Janelle Goeres (So., Gold Hill, Ore.) – 1,500 (5:25.95); 3,000 (10:56.90)
 Brandi Hess (Fr., Boise, Idaho) – Javelin (81-11)
 Melissa Matthews (Fr., Keizer, Ore.) – 100 (13.20)

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Beth Moyer (So., Camarillo, Calif.) – 1,500 (5:01.53)
Erin Paisley (So., Salem, Ore.) – Hammer (141-09)
Mary Ann Panner (Fr., Sherwood, Ore.) – Shot Put (28-03.75); Discus (95-09)
Brooke Pitner (So., Vancouver, Wash.) – Javelin (89-11)
Helena Telfer (Jr., Monmouth, Ore.) – Pole Vault (10-06)
Jenn Tyhurst (Fr., Oregon City, Ore.) – 400 (1:02.62)
Amy Watson (Fr., Aloha, Ore.) – Discus (100-05)

Men

Luke Barsalou (Fr., Anchorage, Alaska) – Long Jump (17-11.75)
Steve Beardsley (Fr., Banks, Ore.) – 400 Int. Hurdles (58.09)
Doug Beatty (Fr., Boise, Idaho) – Triple Jump (40-07)
Kris Clifton (Fr., Sutherlin, Ore.) – 5,000 (17:30.20)
Reggie Davis (Fr., Portland, Ore.) – Triple Jump (41-10)
Matt Gassaway (Fr., Washougal, Ore.) – Javelin (202-07)
Andy Haehlen (Fr., Portland, Ore.) – Pole Vault (12-00)
Nick Hultberg (So., Salem, Ore.) – Hammer (121-00)
Chris Kelley (Fr., Newberg, Ore.) – 1,500 (5:27.64)
David Kilian (Jr., Gresham, Ore.) – 400 (55.20); 1,500 (5-09.94); Pole Vault (7-09.75)
David Malcolm (So., Talent, Ore.) – Shot Put (40-07.50)
Nathan Paisley (Sr., Salem, Ore.) – 800 (2:03.79)
Ben Salisbury (So., Bellingham, Wash.) – 200 (21.90)
Tevin Taylor (So., Portland, Ore.) – 100 (11.84); 1,500 (4:34.74); 110 High Hurdles (15.58); Pole Vault (10-01.25); Javelin (170-04)
Forrest Towne (Sr., Springfield, Ore.) – 5,000 (16:12.40)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * **Baron Wins Three Events, Salisbury Two in DC/AC Meet**
- * **School Records Set by Baron in Triple Jump, Paisley in Hammer**
- * **Baron Wins 2nd NWC "Athlete of the Week" Award; Salisbury HM**
- * **New Qualifying Marks and Personal Bests**

COMING UP:

Mon.-Tue., Apr. 15-16, 10:00 am – NWC Combined Events, Salem, Ore.

Sat., Apr. 20, 10:00 am – Cougar Invitational, Oregon City, Ore.

LAST WEEK (recap below):

April 12 – GFU Distance Carnival, Newberg, Ore.

April 13 – GFU All-Comers Meet, Newberg, Ore.

4/12-13 – DISTANCE CARNIVAL/ALL-COMERS MEET:

Baron Wins Three Events, Salisbury Two in Big Home Weekend

NEWBERG, Ore. – **Kelsey Baron** won three women's events and **Ben Salisbury** won two men's events, highlighting numerous outstanding performances by the George Fox University men's and women's track and field teams in the GFU Distance Carnival / All-Comers Meet Friday-Saturday (April 12-13) here at Colcord Memorial Field.

Women

Baron captured the long jump with a distance of 18-01.75, the triple jump at 38-07.75, and ran the third leg for the winning 4x100 relay team that posted a 50.44 time. Both her jumps were NCAA provisional marks, and her triple jump metrically (11.78) was 0.02 short of automatic qualification for the nationals. As it was, she stands third in the nation in the triple jump anyway. Her triple jump was also a new George Fox and Colcord Field record, while both jumps were junior class records.

Erin Paisley, although only fourth overall in the meet, set a new Bruin and sophomore class record in the hammer with a throw of 140-01, and qualified for the NWC Championships April 26-27 in Spokane, Wash.

Other event winners for the Bruins were **Brooke Pitner** in the 100 (13.36); **Janelle Goeres** in the 10,000 (40:47.54); the 4x100 relay team of **Michelle Forbes**, **Melissa Matthews**, **Baron** and **Pitner** (50.44); and the 4x400 relay team of **Matthews**, **Christina Davis**, **Pitner** and **Jenn Tyhurst** (4:19.42). **Goeres** qualified for the NWC Championships in the 10,000.

Second place finishes for the Bruins included **Forbes** in the high jump (5-01); **Matthews** in the 100 (13.37) and the 200 (26.90); **Tori Taylor** in the 3,000 steeplechase (11:28.44); and the 4x400 relay "B" team of **Kelsey Bates**, **Mona Matthews**, **Jessica Howard**, and **Sarah Anderson** (4:39.97). **Matthews** qualified for the NWC Championships in the 200.

Thirds went to **Helena Telfer** in the pole vault (9-10); **Gina Coolen** in the javelin (118-09); **Tyhurst** in the 400 (1:03.10); and the 4x100 relay "B" team of **Anderson**, **Bates**, **Mona Matthews**, and **Tyhurst** (56.24).

Men

Salisbury won the 200 in a time of 22.21 and the 400 in a personal-best time of 49.03, and ran a 48.5 on the second leg of the 4x400 relay team which finished second.

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Seconds went to **Michael Owen** in the 3,000 steeplechase (9:39.34); and the 4x400 relay team of **Steve Beardsley, Salisbury, Andrew Paine, and Brad Bates** (3:23.46).

Finishing in third were **Bryan Wadlow** in the triple jump (44-05.50); **Darin Krueger** in the hammer (156-05); **Kris Clifton** in the 3,000 (10:16.34); and the George Fox 4x400 "B" team of **Dan White, Zach Smith, Silas Towne, and Nathan Paisley** (3:37.88).

Complete results of the Distance Carnival / All-Comers meet are available on the George Fox track and field web site at www.georgefox.edu/athletics.

BRUIN BITS:

* Baron Earns Second NWC "Women's Athlete of the Week" Award; Salisbury Men's HM

Kelsey Baron received her second Northwest Conference "Women's Athlete of the Week" award for her three wins in the George Fox Distance Carnival / All-Comers Meet April 12-13 in Newberg. She won the long jump, triple jump, and ran the third leg for the winning 4x100 relay team. She had a distance of 18-01.75 in the long jump and 38-07.75 in the triple jump, both NCAA provisional qualifying marks (she was 0.02 centimeters short of automatic qualification in the triple jump), while the 4x100 winning team had a time of 50.44. Her long jump was a season's best, while her triple jump was a new Bruin record, a Colcord Field record, and the 3rd-best jump in the nation this year. Baron was also named NWC "Women's Athlete of the Week" for March 25-31.

Ben Salisbury was Honorable Mention for Northwest Conference "Men's Athlete of the Week" for April 8-14 after capturing two events and setting two new personal highs in the GFU Distance Carnival / All-Comers meet April 12-13. He won both the 200 and 400 meter dashes, the 200 in 22.21 and the 400 in a personal-best 49.03. He qualified for the NWC championships in the 400. He also had a personal best split time of 48.5 in the 4x400 relays, helping the Bruins to a 2nd-place finish in a season-best time of 3:23.46.

* Bruin NWC "Athletes of the Week" in 2002:

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31; April 8-14)

2002 Qualifying Marks:

<u>Women</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	18-01.75	NWC, NCAA provisional
Kelsey Baron	Triple Jump	38-07.75 *	NWC, NCAA prov. (#3 in nation)
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-03.00	NWC
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Janelle Goeres (So., Gold Hill, Ore.)	10,000	40:47.54	NWC
Melissa Matthews (Fr., Keizer, Ore.)	200	26.90	NWC
Erin Paisley (So., Salem, Ore.)	Hammer	140-01 *	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA prov. (#5 in nation)
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-00.00	NWC

* - new George Fox record

<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	196-08	NWC, NCAA provisional

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Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	156-05	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:39.34	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.20	NWC
Ben Salisbury	200	22.02	NWC
Ben Salisbury	400	49.03	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.79	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	44-05.50	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

Personal Bests Set at GFU Distance Carnival / All-Comers Meet:**Women**

Sarah Anderson (Fr., Canby, Ore.) – 800 (2:39.85); 4x400 split (69.9)
 Kelsey Baron (Jr., Nehalem, Ore.) – Triple Jump (38-07.75)
 Kelsey Bates (Fr., Stayton, Ore.) – 200 (29.38); 400 (1:06.38); 4x400 split (67.6)
 Janelle Goeres (So., Gold Hill, Ore.) – 10,000 (40:47.54)
 Jessica Howard (Jr., Portland, Ore.) – 4x400 split (71.5)
 Melissa Matthews (Fr., Keizer, Ore.) – 200 (26.90); 4x400 split (63.7)
 Mona Matthews (So., Huntington, Ore.) – 4x400 split (70.4)
 Erin Paisley (So., Salem, Ore.) – Hammer (140-01)
 Mary Ann Panner (Fr., Sherwood, Ore.) – Discus (93-06)

Men

Brad Bates (Fr., Stayton, Ore.) – 4x400 split (49.6)
 Kris Clifton (Fr., Sutherlin, Ore.) – 3,000 (10:16.34); 5,000 (17:39.8h)
 Chris Kelley (Fr., Newberg, Ore.) – 3,000 (21:23.6h)
 Darin Krueger (Sr., Portland, Ore.) – Hammer (156-05)
 Michael Owen (Jr., Anchorage, Alaska) – Steeplechase (9:39.34)
 Andrew Paine (Fr., Walla Walla, Wash.) – 400 Int. Hurdles (1:00.08); 4x400 split (51.7)
 Nathan Paisley (Sr., Salem, Ore.) – 4x400 split (53.8)
 Ben Salisbury (So., Bellingham, Wash.) – 400 (49.03); 4x400 split (48.5)
 Forrest Towne (Sr., Springfield, Ore.) – Steeplechase (10:02.54)
 Silas Towne (So., Springfield, Ore.) – 1,500 (4:24.01)
 Bryan Wadlow (So., Albany, Ore.) – Triple Jump (44-05.50)
 Dan White (Fr., Meridian, Idaho) – 400 (55.20); 4x400 split (55.1)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins Compete Well in Willamette Open
- * Robinson Honorable Mention for NWC "Men's Athlete of the Week"
- * Bruins Welcome Participants for Distance Carnival, All-Comers Meet
- * New Qualifying Marks and Personal Bests

COMING UP:

Fri., Apr. 12, 6:00 pm – GFU Distance Carnival, Newberg, Ore.

Sat., Apr. 13, 11:00 am – GFU All-Comers Meet, Newberg, Ore.

LAST WEEK (recap below):

April 6 – at Willamette Open, Salem, Ore.

4/7 – Bruins to Host Distance Carnival, All-Comers Meet This Weekend

NEWBERG, Ore. – The George Fox University men's and women's track programs invite one and all to test their skills at the GFU Distance Carnival and All-Comers Meet this Friday and Saturday, April 12-13, at Colcord Memorial Field.

Entry fees are \$5 per individual if registered by Thursday, April 11, to a maximum of \$100 per co-ed team, or \$10 on the day of the events. Participants may enter by phone (503-554-2915), by fax (503-554-3864), or by e-mail to Bruin coach Wes Cook at wcook@georgefox.edu.

The distance events will be run Friday evening, with the following schedule:

6:00	Women's 3k steeplechase
6:20	Men's 3k steeplechase
6:40	Men's 5k
7:05	Women's 5k
7:30	Co-ed 10k

Saturday's schedule, which includes the field and short track events, is as follows:

11:00	Hammer, shot put, javelin, pole vault, high jump
12:00	Ling jump, triple jump, 4x100 relay
12:15	1500
12:35	Sprint hurdles
12:50	400
1:05	100
1:20	800
1:35	400m hurdles
1:55	200
2:10	3,000
2:35	4x400 relay

4/6 – WILLAMETTE OPEN: Robinson Extends Long Jump Lead in Willamette Open

SALEM, Ore. – Jon Robinson (So., Cannon Beach, Ore.) extended his lead in the Northwest Conference men's long jump with a third-place finish and personal-best leap of 22-05.75, and Helena Telfer (Jr. Monmouth, Ore.) became the No. 2 all-time women's pole vaulter with a height of 10-0 feet, highlighting George Fox University performances in the Willamette Open track and field meet at Willamette University here Saturday (April 6).

The Bruin men finished high in several events. **Michael Owen (Jr., Anchorage, Alaska)** placed second in the 3,000 meter run with a time of 9:12.83, and **Robinson** placed sixth in the 100 at 11.17. **Bryan Wadlow (So., Albany, Ore.)** was fifth in the triple jump with a distance of 43-02.25, while **Matt Gassaway (Fr., Washougal, Wash.)** was fifth in the javelin at 190-04. In the relays, the 4x100 team of **Robinson, Steve Beardsley (Fr., Banks, Ore.), Brad Bates (Fr., Stayton, Ore.), and Ben Salisbury (So., Bellingham, Wash.)** placed fourth at 42.79, and the 4x400 team of **Dan White (Fr., Meridian, Idaho), Zach Smith (Fr., East Wenatchee, Wash.), Andrew Paine (Fr., Walla Walla, Wash.), and Nathan Paisley (Sr., Salem, Ore.)** was fifth at 3:33.50.

Robinson's long jump moved him to 6th all-time in that event, and was the 3rd-best sophomore class mark.

Top finishes for the women included a fifth by the 4x100 relay team of **Melissa Matthews (Fr., Keizer, Ore.), Michelle Forbes (Fr., Jackson, Wyo.), Kelsey Baron (Jr. Nehalem, Ore.), and Brooke Pitner (So, Vancouver, Wash.)** in a time of 50.89, and a sixth by **Gina Coolen (Fr., North Bend, Ore.)** in the javelin with a throw of 116-10.

Telfer's vault moved her to 2nd all-time behind All-American Heather Hunt and also to 2nd in the junior class.

Automatic qualifying marks reached or improved in the Willamette Open (all NWC marks) included **Telfer** in the pole vault (10-0), **Arlene Burnham (Fr., Adrian, Ore.)** in the shot put (36-03), **Robinson** in the long jump (22-05.75), **Wadlow** in the triple jump (43-02.25), and **Salisbury** in the 100 (11.20).

BRUIN BITS:

*** Robinson Honorable Mention for NWC "Male Athlete of the Week:**

Jon Robinson received Honorable Mention for Northwest Conference "Men's Athlete of the Week" for the week of April 1-7 with several fine efforts in the Willamette Open Saturday in Salem. He finished third in the long jump while extending his Northwest Conference lead with a leap of 22-05.75, placed sixth in the 100 meter dash with a time of 11.17, and ran the first leg of the 4x100 meter race, helping the Bruins to a fourth-place finish in 42.79. NWC "Men's Athlete of the Week" honors went to Jacob Stout of Willamette, who won the 5,000 meter run with a national-best time this year of 14:35.84.

*** Bruin NWC "Athletes of the Week" in 2002:**

Matt Gassaway (Men's, March 11-17)

Jo Boatright (Women's, March 18-24)

Kelsey Baron (Women's, March 25-31)

2002 Qualifying Marks:

<i>Women</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-11.00	NWC
Kelsey Baron	Triple Jump	38-05.00 *	NWC, NCAA prov. (#1 in nation)
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-03.00	NWC
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-03.00	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA prov. (#5 in nation)
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	10-00.00	NWC

* - new George Fox record

<i>Men</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	196-08	NWC, NCAA provisional

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Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	147-09	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:54.88	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-05.75	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.20	NWC
Ben Salisbury	200	22.02	NWC
Ben Salisbury	400	49.50	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.79	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	43-02.25	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

Personal Bests Set at Willamette Open:

Women

Sarah Anderson (Fr., Canby, Ore.) – 800 (2:40.24)
Kelsey Bates (Fr., Stayton, Ore.) – 400 (1:08.14)
Jo Boatright (Fr., Coos Bay, Ore.) – Shot Put (25-01); Javelin (70-09); 100 (13.31)
Janelle Goeres (So., Gold Hill, Ore.) – 1,500 (5:28.42); 3,000 (11:13.79)
Beth Moyer (So., Camarillo, Calif.) – 800 (2:31.45)
Mary Ann Panner (Fr., Sherwood, Ore.) – Shot Put (27-05)
Brooke Pitner (So., Vancouver, Wash.) – 400 (1:02.35)
Sarah Stark (Fr., Ontario, Ore.) – 800 (2:31.88)
Helena Telfer (Jr., Monmouth, Ore.) – Pole Vault (10-0)
Jenn Tyhurst (Fr., Oregon City, Ore.) – 100 (13.47); 200 (27.74)

Men

Luke Barsalou (Fr., Fr., Anchorage, Alaska) – 100 (12.78)
Brad Bates (Fr., Stayton, Ore.) – 200 (22.99)
Kris Clifton (Fr., Sutherlin, Ore.) – 1,500 (4:49.03)
Rob Gaslin (Fr., Tualatin, Ore.) – 1,500 (4:37.86)
David Kilian (Jr., Gresham, Ore.) – Javelin (134-03)
David Malcolm (So., Talent, Ore.) – Shot Put (39-04)
Michael Owen (Jr., Anchorage, Alaska) – 800 (2:03.44)
Andrew Paine (Fr., Walla Walla, Wash.) – 100 (12.02); 400 Int. Hurdles (1:01.20); 4x400 split (51.9)
Nathan Paisley (Sr., Salem, Ore.) – 4x400 split (54.0)
Jon Robinson (So., Cannon Beach, Ore.) – Long Jump (22-05.75)
Zach Smith (Fr., East Wenatchee, Wash.) – 1,500 (4:25.22)
Dan White (Fr., Meridian, Idaho) – 200 (24.95); 4x400 split (55.1)
Nick Wymore (Fr., Carlton, Ore.) – Pole Vault (12-06)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * **Baron Triple Jumps to 1st in Nation at Stanford Meet**
- * **Taylor Sets School Record in Steeplechase and Ranks 5th Nationally**
- * **New Qualifying Marks and Personal Bests**

COMING UP:

Sat., Apr. 6, 10:00 am – at Willamette Invitational, Salem, Ore.

LAST WEEK (recap below):

Mar. 29-30 – at Stanford Invitational, Stanford, Calif.

Mar. 30 – at Willamette Spring Fling, Salem, Ore. (selected individuals)

3/29-30 – STANFORD INVIT.: Baron Triple Jumps to National Lead at Stanford Meet

STANFORD, Calif. – Kelsey Baron (Jr., Nehalem, Ore.) set a new George Fox University triple jump record and moved into the national NCAA Division III lead, and **Tori Taylor (Jr., Portland, Ore.)** broke the school's steeplechase record, highlighting performances by the Bruin men's and women's track and field teams in the Stanford Invitational here Friday-Saturday (Mar. 29-30).

Most of the Bruins' competition in the Stanford meet were Division I schools, so the Bruins concentrated more on personal improvement than on actual event wins.

In another interesting sidelight to the Bruins' California trip, several athletes chose to participate in a hastily-arranged second meet, which George Fox coach Wes Cook called the "Stanford Rejects Meet", at West Valley Community College, about half an hour a way in Saratoga, Calif. This occurred because the Stanford Invitational was overbooked and some athletes, despite having traveled all that way expecting to compete, were instead turned away.

Women

Baron's first three triple jumps at Stanford were 37-4, 38-0, and then 38-5, all D-III provisional qualifying marks and the last one the best in the nation this season. It is, of course, a new junior class record as well. She finished 16th overall in the event, with 14 Division I athletes and one junior college athlete ahead of her. She also came in 16th in the long jump, B Division, at 16-09.25

Taylor ran the steeplechase in 11:24.31, setting a new senior class record and moving into 5th in this year's national D-III rankings. She was 8th overall in the event, with six D-I runners ahead of her.

Jo Boatright (Fr., Coos Bay, Ore.) continued her outstanding freshman year, placing 9th in the long jump, B Division, at 17-11.

Jenn Tyhurst (Fr., Oregon City, Ore.) placed 18th in the 400 meter dash, B section, with a new personal best of 1:02.64. In the 4x400 meter relay, three runners set new marks in their split times: **Boatright** at 61.9, **Brooke Pitner (So., Vancouver, Wash.)** at 61.9, and **Tyhurst** at 61.9.

In the Stanford Rejects Meet, the Bruins got personal bests from **Beth Moyer (So., Camarillo, Calif.)** at 12:15.14 in the 3,000 meter steeplechase, the #2 all-time and #2 sophomore class marks, and from **Mary Ann Panner (Fr., Sherwood, Ore.)** in the discus at 91-02.

Men

The Bruins had two athletes reach Northwest Conference qualifying marks at Stanford, **Ben Salisbury (So., Bellingham, Wash.)** in the 400 meter dash at 49.50, and **Michael Owen (Jr., Anchorage, Alaska)** in the steeplechase at 9:54.88. Salisbury's mark was a new personal high and placed 10th in the B section, while his time of 22.19 in the 200 meter dash was good for 11th in the B section.

Nathan Paisley (Sr., Salem, Ore.) also set a new high in the 800 meter dash with a time of 2:05.61.

In the Stanford Rejects Meet at West Valley College, **Steven Beardsley (Fr., Banks, Ore.)** had two new all-time bests, in the 100 meter dash (11.56) and in the 400 meter hurdles (58.80). **Kris Clifton (Fr., Sutherlin, Ore.)** in the 5,000 meter run had a new personal best (18:40.54), as did **Doug Beatty (Fr., Boise, Idaho)** in the long jump (18-05.25).

3/30 - WILLAMETTE SPRING FLING: Pole Vaulters Finish in Top Five at Willamette

SALEM, Ore. - Pole vaulters **Helena Telfer (Jr., Monmouth, Ore.)** and Nick Wymore (**Fr., Carlton, Ore.**) finished 3rd and 5th respectively in the women's and men's divisions of the Willamette Spring Fling here Saturday (Mar. 30), George Fox's only representatives in the meet.

Telfer's vault of 9-07.75 was good enough to qualify for the Northwest Conference meet coming up the end of this month (Apr. 26-27) in Spokane, Wash.

BRUIN BITS:

2002 Qualifying Marks:

<i>Women</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-11.00	NWC
Kelsey Baron	Triple Jump	38-05.00 *	NWC, NCAA prov. (#1 in nation)
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-03.00	NWC
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-02.25	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC
Tori Taylor (Jr., Portland, Ore.)	Steeplechase	11:24.31 *	NWC, NCAA prov. (#5 in nation)
Helena Telfer (Jr., Monmouth, Ore.)	Pole Vault	9-07.75	NWC

* - new George Fox record

<i>Men</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	196-08	NWC, NCAA provisional
Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	147-09	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Michael Owen	Steeplechase	9:54.88	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-04.25	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.24	NWC
Ben Salisbury	200	22.02	NWC
Ben Salisbury	400	49.50	NWC

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Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.79	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	42-04.25	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

Personal Bests Set at Stanford Invitational / Stanford Rejects / Willamette Spring Fling:

Women

Kelsey Baron (Jr., Nehalem, Ore.) – Triple Jump (38-05)
Jo Boatright (Fr., Coos Bay, Ore.) – 4x400 split (61.9)
Beth Moyer (So., Camarillo, Calif.) – 3,000m Steeplechase (12:15.14)
Mary Ann Panner (Fr., Sherwood, Ore.) – Discus (91-02)
Brooke Pitner (So., Vancouver, Wash.) – 4x400 split (61.9)
Tori Taylor (Jr., Portland, Ore.) – Steeplechase (11:24.31)
Jenn Tyhurst (Fr., Oregon City, Ore.) – 400 (62.64); 4x400 split (61.9)

Men

Steve Beardsley (Fr., Banks, Ore.) – 100 (11.56); 400 Hurdles (58.80)
Doug Beatty (Fr., Boise, Idaho) – Long Jump (18-05.25)
Kris Clifton (Fr., Sutherlin, Ore.) – 5,000 (18:40.54)
Nathan Paisley (Sr., Salem, Ore.) – 800 (2:05.61)
Ben Salisbury (So., Bellingham, Wash.) – 400 (49.50)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins Win 7 Events in D-III Challenge in California
- * Boatright NWC "Female Athlete of the Week" with Assault on Record Book
- * Gassaway HM for NWC "Male Athlete of the Week"
- * New Qualifying Marks and Personal Bests

COMING UP:

Mon.-Tue., Mar. 25-26, TBA – at Linfield Combined Events, McMinnville, Ore.

Fri.-Sat., Mar. 29-30, TBA – at Stanford Invitational, Stanford, Calif.

LAST WEEK (recap below):

Mar. 23 – D-III Challenge, Claremont, Calif.

(Men – 3rd of 4 / Women – 3rd of 4)

Mar. 23 – Western Oregon Open (selected individuals)

3/23 – D-III CHALLENGE: Bruins Win Seven Events while Placing 3rd in Both Divisions

CLAREMONT, Calif. – Led by a record-setting day by **Jo Boatright (Fr., Coos Bay, Ore.)**, the George Fox Bruins captured four firsts in the women's division and three firsts in the men's division, with both teams finishing 3rd, in the D-III Challenge track and field meet Saturday (Mar. 23) here at Claremont-Mudd-Scripps Colleges.

Women

Host Claremont-Mudd-Scripps College won the women's division with 195 points, followed by Williams College with 190, George Fox with 118, and Whitworth College with 114.

In what Bruin coach Wes Cook called "the best single track and field multiple event performance in GFU history", Boatright won the high jump, long jump, and triple jump, and finished second in the 100 meter high hurdles. She set meet records in the long jump at 18-02.25 (#2 all-time at GFU) and in the triple jump at 37-04.50 (#3 all-time) while meeting NCAA provisional qualifying standards in both, and set Bruin freshman class records in both. Her triple jump mark broke the standard of 38-00.25 set by George Fox's Jocelyn Kennedy in 2000. She won the high jump in a jump-off at 5-03 (#8 all-time), and her runner-up time in the hurdles was 14.84 (#2 all-time), just missing the record of 14.57 set by Sharon Barnett in 1999.

Gina Coolen (Fr., North Bend, Ore.) won the javelin for the Bruins' other women's win with a throw of 122-04 (#8 all-time), three feet short of provisional qualifying.

Other seconds in addition to Boatright in the hurdles were recorded by **Kelsey Baron (Jr., Nehalem, Ore.)** in both the long jump (17-11.00) and the triple jump (36-10.50). A third went to **Michelle Forbes (Fr., Jackson, Wyo.)** in the high jump (5-01), and a fourth to **Beth Moyer (So., Camarillo, Calif.)** in the 3,000 meter run (11:21.61). **Nicole Bostic (So., Spokane, Wash.)** posted the #10 all-time triple jump mark (33-04.50), and **Arlene Burnham (Fr., Adrian, Ore.)** had her #10 all-time hammer throw (92-07).

Men

Claremont-Mudd-Scripps took the title with 193 points, followed by Williams with 170, George Fox 141, and Whitworth 131.

For the Bruin men, **Jon Robinson (So., Cannon Beach, Ore.)** won the 100 meter dash at 10.99 (#8 all-time), **Ben Salisbury (So., Bellingham, Wash.)** captured the 200 meter dash in

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22.02 (#4 all-time), and **Matt Gassaway (Fr., Washougal, Wash.)** set a new meet record in winning the javelin with a throw of 196-08.00 (#2 all-time and a freshman class record).

Robinson, **Keith Christiansen (Jr., Grass Valley, Ore.)**, **Brad Bates (Fr., Stayton, Ore.)**, and Salisbury ran the 4x100 meter relay in 43.16, good for second. Other runner-up finishes included Christiansen in the pole vault (13-06) and Robinson in the long jump (22-04.25), Robinson's mark placing him #8 all-time.

Adam Puckett (So., Bend, Ore.) was third in the long jump (21-08.75) and the high jump (5-11.50), Salisbury was third in the 400 meter dash (49.87), and **Kyle Dixon (So., Springfield, Ore.)** placed third in the javelin (186-00) with the 8th-best throw all-time and a junior class record. **Tevin Taylor (So., Portland, Ore.)** was fourth in both the 110 high hurdles (15.79) and the 400 intermediate hurdles (58.63), **Jake Ambert (Fr., Corvallis, Ore.)** was fourth in the pole vault (12-00), and **Nick Hultberg (So., Salem, Ore.)** came in fourth in the javelin (177-03).

For Bruins on the California trip, it is on to Santa Barbara for a few days of "beach training", followed by the Stanford Invitational in Stanford, Calif., on Friday-Saturday (Mar. 29-30).

3-23 – WESTERN OREGON OPEN: Selected Athletes Compete WOU Event

MONMOUTH, Ore. – A few George Fox University Bruins who were unable to make the Claremont meet participated in the Western Oregon Open in Monmouth Saturday (Mar. 23).

Best performances were by Janelle Goeres, who finished 6th in the women's 5,000 meter run (19:35.53), and by **Bryan Wadlow (So., Albany, Ore.)**, who was 8th in the men's long jump (18-10.75)

Next up for the Bruins still in the area is the Linfield Combined Events Monday and Tuesday, Mar. 25-26 in McMinnville.

BRUIN BITS:

* Boatright NWC "Female Athlete of the Week"; Gassaway HM for men's Honor

Jo Boatright received Northwest Conference "Female Athlete of the Week" honors for March 18-24 by putting on what Bruin coach Wes Cook called "the best single multiple event performance in GFU history". She won three events and placed second in a fourth by a split second in leading the Bruins to a 3rd-place finish in the D-III Challenge in Claremont, Calif., Saturday. She won the long jump (18-02.25), triple jump (37-04.50), and high jump (5-03), and was edged in the 100 meter high hurdles 14.77 to 14.84, earning 36 points for the Bruins. Her long and triple jumps met NCAA provisional marks. Her long jump and hurdles marks put her #2 all-time at GFU, her triple jump is #3 all-time, and her high jump makes her #8 all-time.

Matt Gassaway was Honorable Mention for Northwest Conference "Male Athlete of the Week". Already a provisional qualifier for the NCAA nationals in the javelin, he improved upon his previous career best for the second straight week, throwing the javelin 196-08 to win the D-III Challenge in Claremont, Calif., Saturday. NWC "Male Athlete of the Week" went to Joe Giananni of Linfield, who won the 400 and anchored the winning 4x400 relay team in the Western Oregon Open Saturday.

2002 Qualifying Marks:

<u>Women</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-11.00	NWC
Kelsey Baron	Triple Jump	37-01.0	NWC, NCAA provisional
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	18-02.25	NWC, NCAA provisional
Jo Boatright	High Jump	5-03.00	NWC
Jo Boatright	Triple Jump	37-04.50	NWC, NCAA provisional
Jo Boatright	100 Hurdles	14.84	NWC, NCAA provisional
Nicole Bostic (Fr., Spokane, Wash.)	Triple Jump	34-07.50	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-02.25	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	122-04	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-01.00	NWC

George Fox Track & Field ... Mar. 25, 2002 ... page 3

<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	186-0	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	196-08	NWC, NCAA provisional
Nick Hultberg (So., Salem, Ore.)	Javelin	177-03	NWC
Darin Krueger (Sr., Portland, Ore.)	Hammer	147-09	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Adam Puckett	Long Jump	21-08.75	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-04.25	NWC
Jon Robinson	100	10.99	NWC
Jon Robinson	200	22.30	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.24	NWC
Ben Salisbury	200	22.02	NWC
Ben Salisbury	400	49.87	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.79	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	42-04.25	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC
Keith Christiansen (Jr., Grass Valley, Ore.)	Pole Vault	13-06.00	NWC

Personal Bests Set at the D-III Challenge:Women

Mona Matthews (So., Huntington, Ore.) – 100 (13.91); 200 (29.17)
Sarah Anderson (Fr., Canby, Ore.) – 100 (14.96)
Melissa Matthews (Fr., Keizer, Ore.) – 200 (27.02), 4x400 split (65.5)
Jenn Tyhurst (Fr., Oregon City, Ore.) – 400 (62.94), 4x400 split (63.2)
Jessica Howard (Jr., Portland, Ore.) – 400 (68.51)
Beth Moyer – 1,500 (5:06.78)
Jo Boatright – 100 Hurdles (14.84); High Jump (5-03); Long Jump (18-02.25); Triple Jump (37-04.00)
Nicole Bostic – Triple Jump (34-07.50)
Amy Watson (Fr., Aloha, Ore.) – Shot Put (32-00); Discus (95-05)
Mary Ann Panner (Fr., Sherwood, Ore.) – Discus (76-10)
Arlene Burnham – Hammer (92-07)

Men

Jon Robinson – 100 (10.99); Long Jump (22-04.25)
Ben Salisbury – 200 (22.02); 400 (49.87)
Steve Beardsley (Fr., Banks, Ore.) – 400 (52.41)
Dan White (Fr., Meridian, Idaho) – 400 (55.73); 4x400 split (56.9)
Silas Towne (So., Springfield, Ore.) – 1,500 (4:30.64)
Rob Gaslin (Fr., Tualatin, Ore.) – 1,500 (4:47.17)
David Kilian (Jr., Gresham, Ore.) – 110 Hurdles (17.33)
Keith Christiansen – 4x400 split (52.1)
Andy Haehlen (Fr., Portland, Ore.) – 4x400 split (58.0)
Doug Beatty (Fr., Boise, Idaho) – Triple Jump (39-08.75)
David Malcolm (So., Talent, Ore.) – Shot Put (38-10.50); Discus (94-07); Hammer (78-00)
Tevin Taylor – Discus (111-11)
Matt Gassaway – Javelin (196-08)
Kyle Dixon – Javelin (186-00)
Nick Hultberg – Javelin (177-03)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins Win 10 Events in Bruin Open
- * Gassaway Earns NWC Male Athlete of the Week Award
- * New Qualifying Marks and Personal Bests

COMING UP:

Sat., Mar. 23, TBA – at Western Oregon Open, in Monmouth, Ore.

Sat., Mar. 23, 12:00 noon – at D-III Challenge, in Claremont, Calif.

LAST WEEK (recap below):

Mar. 16 – Bruin Open / Northwest Conference 5-Way Meet, Newberg, Ore.
(Men – 3rd of 5 / Women – 2nd of 5)

3/16 – BRUIN OPEN: Bruins Win 10 Events but Willamette Takes First in Both Divisions

NEWBERG, Ore. – In their first home meet in two years, the George Fox University Bruins captured firsts in 10 events, but Willamette University stole the home teams' thunder by winning both the men's and women's divisions of the Bruin Open / Northwest Conference Five-Way Meet here at Colcord Memorial Field Saturday (Mar. 16).

The meet began in mid-morning in rain and snow flurries, proceeded under partly-sunny skies with cold temperatures in the early afternoon, and closed with cloudy skies and occasional light hail.

In the men's division, Willamette collected 171 points to edge Linfield College with 168 and George Fox with 159. Lewis & Clark College totaled 78 and Pacific University came up with 15.

In the women's division, Willamette dominated with 231 points, followed by George Fox with 129, Linfield with 106, Lewis & Clark with 73, and Pacific with 26.

Men

The Bruin men placed first in six events. **Matt Gassaway (Fr., Washougal, Wash.)** improved on his NCAA provisional qualifying mark in the javelin with a throw of 195-02.0 to lead the way, and **Adam Puckett (So., Bend, Ore.)** won the long jump with a distance of 21-02.0. The Bruins also got firsts from **Darin Krueger (Sr., Portland, Ore.)** in the hammer throw at 147-09.0; **Tevin Taylor (So., Portland, Ore.)** in the 100 meter hurdles with a time of 15.84; **Ben Salisbury (So., Bellingham, Wash.)** in the 200 meter dash at 22.3; and **Jon Robinson (So., Cannon Beach, Ore.)** in the 100 meter dash with an 11.0.

Bruin seconds went to Salisbury at 11.24 in the 100; Puckett in the triple jump at 43-01.0; **Brad Bates (Fr., Stayton, Ore.)** in the 400 meter dash at 50.44; **Forrest Towne (Sr., Springfield, Ore.)** in the 3,000 meter run at 9:32.8; **Keith Christiansen (Jr., Grass Valley, Ore.)** in the pole vault at a height of 12-05.5; and the George Fox "A" team of **Steve Beardsley (Fr., Banks, Ore.)**, Taylor, Bates, and Salisbury in the 4x400 meter relay with a time of 3:24.40.

Qualifying marks were met in the Bruin Open by **Bryan Wadlow (So., Albany, Ore.)** for the NWC Championships in the triple jump at 42-04.25; Gassaway in the javelin at 195-02.0 which bettered his mark of 194-00 which also qualified for both the NWC and the NCAA provisionally. **Kyle Dixon (So., Springfield, Ore.)** threw the javelin 177-01 to qualify for the NWC meet. Krueger's hammer throw met the NWC qualification mark. Salisbury reached the qualifying mark for the NWC in the 100, as did Bates' 50.44 mark in the 400, and Taylor's 15.84 in the 110 high hurdles.

Women

Kelsey Baron (Jr., Nehalem, Ore.) posted wins in the long jump and the triple jump, half of the Bruins' total of four firsts in the meet. She took the long jump at 17-07.0 and the triple jump at 37-01.0. Other women's firsts for George Fox were **Jo Boatright (Fr., Coos Bay, Ore.)** at 15.3 in the 100 meter hurdles, and **Tori Taylor (Jr., Portland, Ore.)** with a 19:23.1 to win the 5,000 meter run.

Seconds for the women included **Melissa Matthews (Fr., Keizer, Ore.)** in both the 100 meter dash with a 13.3 and the 200 at 27.9; **Beth Moyer (So., Camarillo, Calif.)** in the 3,000 meter run at 11:04.1; **Michelle Forbes (Fr., Jackson, Wyo.)** at 5-00.25 in the high jump; Boatwright in the long jump at 17-04.0 and the triple jump at 35-02.5; **Gina Coolen (Fr., North Bend, Ore.)** in the javelin at 112-09.0; and the George Fox "A" team of Matthews, Forbes, Baron, and **Brooke Pitner (So., Vancouver, Wash.)** in the 4x100 meter relay (51.54).

Forbes' high jump of 5-00.25 qualified her for the NWC meet April 26-27 in Spokane, Wash. Baron's triple jump of 37-01.0 qualified for both the NWC and for the NCAA provisionally.

Coming Up

Next weekend, the Bruins split up, with athletes participating in both the Western Oregon Open in Monmouth and the D-III Challenge in Claremont, Calif., on Saturday, Mar. 23.

BRUIN BITS:

* Gassaway Wins NWC Male Athlete of the Week; Baron HM for Women

Matt Gassaway's javelin throw of 195-02.0, which won the Bruin Open meet on Mar. 16 and improved his NCAA Division III National Championships provisional qualifying standing from 194-00.0, was impressive enough to earn him Northwest Conference "Male Athlete of the Week" for events of Mar. 11-17. **Kelsey Baron** received Honorable Mention for NWC "Female Athlete of the Week" by winning both the long jump and the triple jump at the Bruin Open, but the honor went instead to Abby Jo Hornstein of Whitworth, who finished second at the Eastern Washington Multi-Events meet with an NCAA provisional qualifying score of 4,076 points.

2002 Qualifying Marks:

<i>Women</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-07.00	NWC
Kelsey Baron	Triple Jump	37-01.0	NWC, NCAA provisional
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	17-09.75	NWC
Jo Boatright	100 Hurdles	15.44	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-02.25	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	118-03	NWC
Michelle Forbes (Fr., Jackson, Wyo.)	High Jump	5-00.25	NWC
<i>Men</i>			
Brad Bates (Fr., Stayton, Ore.)	400	50.44	NWC
Kyle Dixon (So., Springfield, Ore.)	Javelin	177-01	NWC
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	195-02	NWC, NCAA provisional
Darin Krueger (Sr., Portland, Ore.)	Hammer	147-09	NWC
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-01.75	NWC
Jon Robinson	100	11.18	NWC
Ben Salisbury (So., Bellingham, Wash.)	100	11.24	NWC
Ben Salisbury	200	22.20	NWC
Tevin Taylor (So., Portland, Ore.)	110 hurdles	15.84	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	42-04.25	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC

Personal Bests Set at the Bruin Open:

Women

Mary Ann Panner (Fr., Sherwood, Ore.) – Shot Put (26-08.50); Discus (63-03)
Amy Watson (Fr., Aloha, Ore.) – Discus (93-04)
Melissa Matthews – 100 (13.54)
Sarah Stark (Fr., Ontario, Ore.) – 1,500 (5:11.54), 4x4 split (66.7)
Ashley Crisell (Fr., Woodburn, Ore.) – 3,000 (12:22.14)
Mona Matthews – 4x4 split (70.4)

Men

Tevin Taylor – High Jump (5-06.00)
Luke Barsalou (Fr., Anchorage, Alaska) – Long Jump (17-07.50)
Doug Beatty (Fr., Boise, Idaho) – Long Jump (18-03.25)
David Kilian – Discus (97-00)
Zach Davidson (Jr., Albany, Ore.) – Discus (87-06)
David Malcolm (So., Talent, Ore.) – Discus (77-05)
Kyle Dixon (So., Springfield, Ore.) – Javelin (177-01)
Steve Beardsley (Fr., Banks, Ore.) – 100 (11.74)
Brad Bates – 400 (50.44), 4x4 split (50.2)
Andrew Paine – 800 (2:11/64)
Nathan Paisley (Sr., Salem, Ore.) – 4x4 split (56.1)
Silas Towne (So, Springfield, Ore.) – 4x4 split (57.0)
Forrest Towne (Sr., Springfield, Ore.) – 4x4 split (57.3)
Rob Gaslin (Fr., Tualatin, Ore.) – 4x4 split (58.9)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * **Salisbury, Robinson Post Wins in PLU Salzman Open**
- * **Robinson, Baron Receive Honorable Mention for NWC Athletes of the Week**
- * **New Qualifying Marks and Personal Bests**
- * **First Home Event Coming Up with Bruin Open on Mar. 16**

COMING UP:

Sat., Mar. 16, 11:00 am – Bruin Open, in Newberg, Ore.

LAST WEEK (recap below):

Mar. 9 – at PLU Salzman Invitational, Tacoma, Wash.

3/9 – PLU SALZMAN INVITATIONAL: Salisbury, Robinson Post Wins for Bruins

TACOMA, Wash. – Ben Salisbury (So., Bellingham, Wash.) won the men's 200 meter dash with a time of 22.20, **Jon Robinson (So., Cannon Beach, Ore.)** won the long jump with a distance of 22-01.75, and **Kelsey Baron (Jr., Nehalem, Ore.)** finished second in the triple jump at 36-05.75, highlighting the George Fox men's and women's track and field performances in the PLU Salzman Invitational Saturday (Mar. 9) here at Pacific Lutheran University.

Women

Other high finishes for the Bruin women included a 3rd by **Jo Boatright (Fr., Coos Bay, Ore.)** in the 100 meter high hurdles with a time of 16.06 seconds; a 4th by **Baron** in the long jump at 17-04.75; a 5th by **Nicole Bostic (So., Spokane, Wash.)** in the triple jump at 33-1.25; a 5th by **Erin Paisley (So., Salem, Ore.)** in the hammer throw at 124-05; and a 5th by the 4x400 meter relay team of **Mona Matthews (So., Huntington, Ore.)**, **Bostic**, **Melissa Matthews (Fr., Keizer, Ore.)**, and **Jessica Howard (Jr., Portland, Ore.)** at 4:30.20.

Paisley's throw was a sophomore class record in the hammer and moved her into the #2 spot on the all-time Bruin list in that event.

Arlene Burnham (Fr., Adrian, Ore.) qualified for the Northwest Conference Championships April 26-27 in Spokane, Wash., in the shot put with a distance of 36-02.25, 8th in the meet. **Gina Coolen (Fr., North Bend, Ore.)** also qualified for the NWC in the javelin with a throw of 118-03, 7th in the meet, and moved into the #10 spot on the all-time list.

Men

Other top men's finishes included a 3rd by **Adam Puckett (So., Bend, Ore.)** in the long jump at 20-06; a 5th by **Puckett** in the triple jump at 43-06.50; a 5th by **Robinson** in the 100 meter dash at 11.18; a 5th by **Matt Gassaway (Fr., Washougal, Wash.)** in the javelin at 180-03; a 5th by the 4x100 meter relay "A" team of **Dan White (Fr., Meridian, Idaho)**, **Robinson**, **Brad Bates (Fr., Stayton, Ore.)**, and **Salisbury** at 43.55 seconds; and a 5th by the 4x400 meter relay "B" team of **Zach Davidson (Jr., Albany, Ore.)**, **Tevin Taylor (So., Portland, Ore.)**, **David Kilian (Jr., Gresham, Ore.)**, and **Andrew Paine (Fr., Walla Walla, Wash.)** at 3:35.76.

Robinson's time in the 100 qualified him for the NWC Championships while his long jump distance improved his previous qualifying mark. **Salisbury** also improved his qualifying time in the 200. **Brett Yeager (So., Oakridge, Ore.)** reached the NWC with a 6-02 in the high jump, 10th in the meet, and **Bryan Wadlow (So., Albany, Ore.)** also qualified in the triple jump with a distance of 42-04, 6th in the event.

BRUIN BITS:

*** Robinson, Baron Receive Honorable Mention for NWC Athletes of the Week:**

Jon Robinson for the men and **Kelsey Baron** for the women received Honorable Mention for Northwest Conference Athletes of the Week for track and field during the week of Mar. 4-10.

Robinson captured the long jump at the PLU Salzman Invitational with a distance of 22-01.75, his season's best and bettering his previous qualifying mark for the NWC championships. He also placed 5th in the 100 meter dash at 11.18 seconds, another season's best and qualifying for the NWC for the first time. As a part of the 4x100 meter relay team, he helped the Bruins to a 5th-place finish at 43.55.

Baron finished 2nd to Brittany Roberts of the University of Washington in the triple jump at the PLU Salzman Invitational with a distance of 36-05.75. She also placed 4th in the long jump at 17-04.75, and helped the 4x100 meter relay team to a season's best time of 51.76 and a 6th-place finish.

NWC Athlete of the Week honors went to Chris Bertholf of Pacific Lutheran, who won the men's 400 hurdles and was 4th in the 110 high hurdles at the Salzman Invitational, and to Nancy Weyler of Willamette, who won the women's discus and was 2nd in the shot put at the Mt. Hood CC Open.

*** Old Athletes Never Die ... :**

Bruin coaches **John Smith** and **Scott Brown**, competing for the Bruin Track Club (composed of former George Fox track and field athletes), posted good showing in the long jump at the PLU Salzman Invitational in Tacoma, Wash., on Mar. 9. **Smith** finished 4th with a distance of 20-03.25, and **Brown** was 14th at 18-02.75.

2002 Qualifying Marks:

<i>Women</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-07.00	NWC
Kelsey Baron	Triple Jump	36-08.25	NWC
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	17-09.75	NWC
Jo Boatright	100 Hurdles	15.44	NWC
Arlene Burnham (Fr., Adrian, Ore.)	Shot Put	36-02.25	NWC
Gina Coolen (Fr., North Bend, Ore.)	Javelin	118-03	NWC
<hr/>			
<i>Men</i>	<i>Event</i>	<i>Time/Distance</i>	<i>Qualified For</i>
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	194-00	NWC, NCAA provisional
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	22-01.75	NWC
Jon Robinson	100	11.18	NWC
Ben Salisbury (So., Bellingham, Wash.)	200	22.20	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC
Bryan Wadlow (So., Albany, Ore.)	Triple Jump	42-04	NWC
Brett Yeager (So., Oakridge, Ore.)	High Jump	6-02	NWC

Personal Bests Set at the PLU Salzman Invitational:

Women

Mona Matthews – 200 (29.34)

Kelsey Bates (Fr., Stayton, Ore.) – 200 (29.78)

Jessica Howard – 200 (31.22)

Beth Moyer – 800 (2:32.63); 2000 Steeplechase (7:49.27)

Mary Ann Panner (Fr., Sherwood, Ore.) – Shot Put (21-10); Discus (40-08)

Erin Paisley – Hammer (124-05, So. Class record, #2 all-time)

Brandi Hess (Fr., Boise, Idaho) – Javelin (80-0)

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Men

Brad Bates – 100 (11.34); 200 (23.05)
Keith Christiansen (Jr., Grass Valley, Ore.) – 100 (11.65)
Dan White – 100 (12.43); 200 (25.26)
Andy Haehlen (Fr., Portland, Ore.) – 100 (12.57)
Nick Wymore (Fr., Carlton, Ore.) – 100 (12.67)
Jacob Ambert (Fr., Corvallis, Ore.) – 100 (12.70)
Andrew Paine – 800 (2:12.25)
Michael Owen (Jr., Anchorage, Alaska) – 1,500 (4:11.26)
Forrest Towne (Sr., Springfield, Ore.) – 1,500 (4:20.61)
Rob Gaslin (Fr., Tualatin, Ore.) – 1,500 (4:53.60)
Kris Clifton (Fr., Sutherlin, Ore.) – 10,000 (41:28.55)
David Kilian – 110 High Hurdles (18.02); Javelin (132-01)
Steve Beardsley Fr., Banks, Ore.) – 400 Int. Hurdles (60.38)
Luke Barsalou (Fr., Anchorage, Alaska) – Triple Jump (33-09.25)
Doug Beatty (Fr., Boise, Idaho) – Triple Jump (37-04)
David Malcolm (So., Talent, Ore.) – Discus (88-06)
Nick Hultberg (So., Salem, Ore.) – Hammer (117-08)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

- * Bruins Open Outdoor Season with Four 1sts at Linfield Icebreaker
- * Several Athletes Qualify for NWC Championships
- * Bruins Set 28 New Personal Bests

COMING UP:

Sat., Mar. 8, 10:00 am – at PLU Salzman Invitational, in Tacoma, Wash.

LAST WEEK (recap below):

Mar. 2 – at Linfield Icebreaker, McMinnville, Ore.

3/2 – LINFIELD ICEBREAKER: Bruins Post Four 1sts, Three 2nds in Opening Outdoor Meet

McMINNVILLE, Ore. – Posting four 1st-place finishes and three 2nds, the George Fox University Bruins got their 2002 men's and women's outdoor track and field seasons off to good starts in the Linfield Icebreaker here Saturday (Mar. 2) at Linfield College's Maxwell Field.

Women's Top Ten

Jo Boatright (Fr., Coos Bay, Ore.) captured the only 1st for the Bruin women, winning the Long Jump with a distance of 17-09.75 to edge teammate and last year's Northwest Conference champion, **Kelsey Baron (Jr., Nehalem, Ore.)**, who leapt 17-07 to finish 2nd. **Baron** was also 2nd in the Triple Jump at 36-08.25, while **Boatright** took runner-up in the 100 Meter Hurdles with a time of 15.44.

Other top 10 finishes for the Bruins were **Michelle Forbes (Fr., Jackson, Wyo.)**, 5th in the High Jump (5-00); **Nicole Bostic (So., Spokane, Wash.)**, 7th in the Triple Jump (33-11.25); **Gina Coolen**, 8th in the Javelin (114-06); **Boatright**, 10th in the 200 Meter Dash (27.20); **Beth Moyer (So., Camarillo, Calif.)**, 4th in the 5000 Meter Run (19:40.70); **Janelle Goeres (So., Gold Hill, Ore.)**, 5th in the 5000 Meter Run (19:43.80); the 4x100 Meter Relay team of **Jenn Tyhurst (Fr., Oregon City, Ore.)**, **Melissa Matthews (Fr., Keizer, Ore.)**, **Baron**, and **Brooke Pitner (So., Vancouver, Wash.)**, 5th (52.96); and the 4x400 Meter Relay team of **Ashley Crisell (Fr., Woodburn, Ore.)**, **Christina Davis (Sr., Edmonds, Wash.)**, **Melissa Matthews**, and **Tyhurst**, 6th (4:30.90).

Men's Top Ten

The Bruin men won three events, as **Jon Robinson (So., Cannon Beach, Ore.)** won the Long Jump at 21-11.75, **Matt Gassaway (Fr., Washougal, Wash.)** captured the Javelin with a throw of 194-00, and the 4x100 Meter Relay team of **Steve Beardsley (Fr., Banks, Ore.)**, **Robinson**, **Brad Bates (Fr., Stayton, Ore.)**, and **Ben Salisbury (So., Bellingham, Wash.)** finished 1st with a time of 43.51.

Brett Yeager (So., Oakridge, Ore.) was 9th in the High Jump (6-00); **Bryan Wadlow (So., Albany, Ore.)**, 7th in the Long Jump (20-09); **Adam Puckett (So., Bend, Ore.)**, 7th in the Triple Jump (40-11.5); **Darin Krueger (Sr., Portland, Ore.)**, 9th in the Hammer (140-07); **Salisbury**, 5th in the 200 Meter Dash (22.67) and 6th in the 400 Meter Dash (51.85); **Bates**, 9th in the 400 Meter Dash (52.09); and the 4x400 Meter Relay team of **Dan White (Fr., Meridian, Idaho)**, **Robinson**, **Bates**, and **Zach Smith (Fr., East Wenatchee, Wash.)**, 9th (3:37.04).

Qualifying Marks

Women qualifying for the Northwest Conference Championships in Spokane, Wash., were **Boatright** in the Long Jump (17-09.75) and 100 Meter Hurdles (15.44), and **Baron** in the Long Jump (17-07) and the Triple Jump (36-08.25).

Men qualifying for the NWC Championships were **Robinson** in the Long Jump (21-11.75), **Puckett** in the Triple Jump (43-10), **Gassaway** in the Javelin (194-00), **Salisbury** in the 200 Meter Dash (22.67), **Michael Owen (Jr., Anchorage, Alaska)** in the 10,000 Meter Run (35:15.70), and **Forrest Towne (Sr., Springfield, Ore.)** in the 10,000 Meter Run (35:47.90).

Gassaway was the only Bruin to qualify provisionally already for the NCAA Division III Championships, May 23-25 at Macalester College in St. Paul, Minn., in the Javelin (194-00).

2002 Qualifying Marks:

<u>Women</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Kelsey Baron (Jr., Nehalem, Ore.)	Long Jump	17-07.00	NWC
Kelsey Baron	Triple Jump	36-08.25	NWC
Jo Boatright (Fr., Coos Bay, Ore.)	Long Jump	17-09.75	NWC
Jo Boatright	100 Hurdles	15.44	NWC
<u>Men</u>	<u>Event</u>	<u>Time/Distance</u>	<u>Qualified For</u>
Matt Gassaway (Fr., Washougal, Wash.)	Javelin	194-00	NWC, NCAA provisional
Michael Owen (Jr., Anchorage, Alaska)	10,000	35:15.70	NWC
Adam Puckett (So., Bend, Ore.)	Triple Jump	43-10	NWC
Jon Robinson (So., Cannon Beach, Ore.)	Long Jump	21-11.75	NWC
Ben Salisbury (So., Bellingham, Wash.)	200	22.67	NWC
Forrest Towne (Sr., Springfield, Ore.)	10,000	35:47.90	NWC

Personal Bests Set at the Linfield Icebreaker:

Women

Jo Boatright – 200 (27.20)
Nicole Bostic – Long Jump (14-03); Triple Jump (33-11.25)
Melissa Matthews – 4x400 split (66.2)
Beth Moyer – 5000 (19:40.70)
Sarah Stark (Fr., Ontario, Ore.) – 800 (2:38.80); 1500 (5:27.60)

Men

Luke Barsalou (Fr., Anchorage, Alaska) – Long Jump (17-04.25)
Steve Beardsley – 200 (23.88)
Doug Beatty (Fr., Boise, Idaho) – Long Jump (18-00.50)
Keith Christiansen (Jr., Grass Valley, Ore.) – 200 (23.96)
Zach Davidson (Jr., Albany, Ore.) – Shot Put (22-11)
Reggie Davis (Fr., Portland, Ore.) – Long Jump (18-09.25); Triple Jump (40-11.50)
Matt Gassaway – Javelin (194-00)
Andy Haehlen (Fr., Portland, Ore.) – 200 (24.94)
Nick Hultberg (So., Salem, Ore.) – Hammer (115-05)
David Kilian (Jr., Gresham, Ore.) – Long Jump (18-09.25); Shot Put (30-08.25); 100 (12.22)
David Malcolm (So., Talent, Ore.) – Shot Put (38-03.25)
Michael Owen – 10,000 (35:15.70)
Adam Puckett – Triple Jump (43-10)
Tevin Taylor (So., Portland, Ore.) – Long Jump (19-08.25); Shot Put (35-10), 200 (23.89)
Dan White – 400 (58.05), 4x400 split (57.7)
Nick Wymore (Fr., Carlton, Ore.) – 200 (24.88)

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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

* Pre-Season Outlook, Rosters, Schedule, Quick Facts

* Bruins to Open Outdoor Season Saturday at Linfield Icebreaker

COMING UP:

Sat., Mar. 1, 10:00 am – at Linfield Icebreaker, in McMinnville, Ore.

LAST WEEK (recap below):

No events scheduled

George Fox University 2002 Track & Field Outlook ---

YOUTH MOVEMENTS UNDER WAY FOR BOTH TEAMS IN UPCOMING BRUIN TRACK & FIELD SEASONS

NEWBERG, Ore. – Youth will be the order of the day for both the men's and women's track and field teams at George Fox University as the 2002 spring outdoor seasons get under way.

Each team boasts only three seniors. On the women's side, 21 of the 26 on the roster are either freshman or sophomores, while for the men, 25 of 34 are in their first two years of college.

"We're very young, and we lost some quality athletes from last year's teams," admits Bruin coach **Wes Cook**, who is entering his 15th season as the track and field coach at George Fox. "I'd say the girls have an outside shot at the Northwest Conference title and could improve on last year's 4th-place finish. The guys are 'iffy' – we're awfully young – so doing better than 5th, where we finished last year, would be good. But we do have some athletes who could develop into something good in the next year or two."

Women's Outlook

The Bruins lost seven athletes who won All-Conference honors in 11 events, including pole vaulter Heather Hunt, who finished second in the NCAA National Championships, but return nine letterwinners, including two All-NWC honorees.

Christina Davis (Sr., Edmonds, Wash.), All-NWC as a part of the third-place 4x400 team, heads a strong contingent of Bruin sprinters. **Mona Matthews (So., Huntington, Ore.)** gained valuable experience in her first year and will be counted on for leadership. **Brooke Pitner (So., Vancouver, Wash.)** missed virtually all of 1st year with an injury, but had a solid high school career and was a scorer in several events in the Washington state championships.

The Bruins are flush with new faces, including **Sarah Anderson (Fr., Canby, Ore.)**, **Kelsey Bates (Jr., Stayton, Ore.)**, **Nicole Bostic (So., Spokane, Wash.)**, **Michelle Forbes (Fr., Jackson, Wyo.)**, **Brandi Hess (Fr., Boise, Idaho)**, **Jessica Howard (Jr., Portland, Ore.)**, **Melissa Matthews (Fr., Keizer, Ore.)**, and **Jenn Tyhurst (Fr., Oregon City, Ore.)**.

"Our sprint group is very good," says Cook, "especially if we get over some nagging injuries. Pitner suffered a stress fracture in her foot during soccer season. Anderson had rotator cuff surgery not too long ago, but she's gutsy and will be a big help. Bates' dad was one of the top sprinters in the state, so she's got the genes. I expect Tyhurst to be a big contributor in the spring, and Bostic and Pitner both ran on a scoring relay team at the Washington state high school meet."

In the distance races, Cook says, "We don't have enough bodies to cover all the events – we have no one proven in the 800 meters, for instance – but the ones we do have are pretty good."

Tori Taylor (Sr., Portland, Ore.) "will be one of the conference favorites in the steeplechase," Cook predicts, "as will **Beth Moyer (So., Camarillo, Calif.)**, a USTAF Junior All-American in the event this past summer." **Sarah Stark (Fr., Ontario, Ore.)**, another soccer player, will also compete in the distances.

Kirsten Norgaard (Sr., Everett, Wash.) and **Janelle Goeres (So., Gold Hill, Ore.)** are experienced runners who could have outstanding seasons if they have recovered from some early setbacks. **Shannon Gaydeski (Jr., Forks, Wash.)** "has gone almost four years without running in competition because of injuries, but she can be one of the best if she's healthy," Cook asserts. **Ashley Crisell (Fr., Woodburn, Ore.)** adds depth to the distance crowd.

The jumps will be another plus for the Bruins, led by **Kelsey Baron (Jr., Nehalem, Ore.)**, who won the conference, set new George Fox records, and participated in the NCAA National Championships in both the long jump and the triple jump.

In newcomers **Jo Boatright (Fr., Coos Bay, Ore.)**, **Michelle Forbes (Fr., Jackson, Wyo.)**, and **Bostic**, the Bruins have several talented jumpers to back up Baron.

"Boatright was a national Junior Olympic qualifier in the triple jump, as well as a state scorer in the high jump and hurdles," says Cook. "Forbes was a high school state champion in the high jump and scored in the triple jump and the 100 meters. Fitch was a one-time high jump state champion in Washington, but has been hampered by back problems."

Only **Erin Paisley (So., Salem, Ore.)** in the hammer has any college experience among the Bruins' seven throwers, so the newcomers will have to contribute immediately. **Arlene Burnham (Fr., Adrian, Ore.)** was All-State last year in the shot put, while **Gina Coolen (Fr., North Bend, Ore.)** is a definite threat to improve enough to qualify for the nationals. **Amy Watson (Fr., Aloha, Ore.)** will help immediately, as will Hess, a javelin hurler. Another newcomer to the throws is **Mary Ann Panner (Fr., Sherwood, Ore.)**.

Men's Outlook

The George Fox men return 14 letterwinners, but with nine of them sophomores, the Bruins are still relatively young. Of that bunch, three were All-Conference sprinters last spring.

Jon Robinson (So., Cannon Beach, Ore.) and **Ben Salisbury (So., Bellingham, Wash.)** captured five firsts between them in the NWC meet, Robinson in the long jump and 4x100, and Salisbury in the 200, 4x100, and 4x400. **Zach Davidson (Jr., Albany, Ore.)** also earned All-NWC honors with a second in the 400 Hurdles.

Neil Cantrall (Jr., Salem, Ore.) is the only other sprinter with experience. "Neil isn't quite as talented as some of our other sprinters," admits Cook, "but he is a dedicated worker and a great team leader."

Dan White (Fr., Meridian, Idaho) was a hurdler in high school but sat out three years at George Fox due to back problems; he's giving the sprints a try for the first time this spring. **Brad Bates (Fr., Stayton, Ore.)**, an All-State 3A performer, is "a tough kid who will help us; he and Robinson and Salisbury really go at each other on the track!"

The Bruins appear set in the hurdles with conference contender Davidson, **Tevin Taylor (So., Portland, Ore.)**, **Keith Christiansen (Jr., Grass Valley, Ore.)**, and **David Kilian (Jr., Gresham, Ore.)**, who was injured most of last season. Providing depth will be **Steve Beardsley (Fr., Banks, Ore.)** and **Andrew Paine (Fr., Walla Walla, Wash.)**.

Setting the pace in the distance races will be several cross country veterans, including brothers **Forrest Towne (Sr., Springfield, Ore.)** and **Silas Towne (So., Springfield, Ore.)**, **Nathan Paisley (Sr., Salem, Ore.)**, **Michael Owen (Jr., Anchorage, Alaska)**, and **Matt Burg (Fr., Newberg, Ore.)**.

Burg red-shirted last spring due to mononucleosis. Owen appears to have recovered from a hip problem and could be primed for a good year in the steeplechase. Paisley is another "outstanding leader in our program," says Cook, "someone who does lots of little things to help in any way he can."

Also available in the distance events are newcomers **Zach Smith (Fr. East Wenatchee, Wash.)**, **Kris Clifton (Fr., Sutherlin, Ore.)**, **Rob Gaslin (Fr., Tualatin, Ore.)**, and **Chris Kelley (Fr., Newberg, Ore.)**. Smith, coming off an injured cross country season, was one of the top 3A athletes in Washington last year, and will challenge in the 800 and play a significant role in the long relay if he is healthy.

With Robinson leading the way in the long jump, the Bruins expect to show continued improvement in the jumping events. **Brett Yeager (So., Oakridge, Ore.)** in the high jump and **Bryan Wadlow (So., Albany, Ore.)** in

the triple jump, and both in the long jump, were NWC participants last year. **Adam Puckett (So., Bend, Ore.)** qualified for the NWC in both the long jump and the triple jump, but was unable to participate due to a pulled hamstring. New Bruins in the jumps include **Doug Beatty (Fr., Boise, Idaho)** and **Reggie Davis (Fr., Portland, Ore.)**.

Christiansen gives the Bruins a contender for conference honors in the pole vault, while **Jake Ambert (Fr., Corvallis, Ore.)**, **Andy Haehlen (Fr., Portland, Ore.)**, and **Nick Wymore (Fr., Carlton, Ore.)** are untested vaulters at the college level. Ambert is still dealing with the aftereffects of a vaulting accident last year. **Kyle Dixon (So., Springfield, Ore.)** and Taylor are top returning javelin throwers, but they will get a major challenge from Matt Gassaway (Fr., Washougal, Wash.), Washington's top 3A performer last year.

In the throws, **Darin Krueger (Sr., Portland, Ore.)** will fight for conference honors, particularly in the hammer, and could threaten some Bruin records, while **Nick Hultberg (So., Salem, Ore.)** is an up-and-coming threat in both the hammer and javelin. **David Malcolm (So., Talent, Ore.)** and **Luke Barsalou (Fr., Anchorage, Alaska)** are new to the program and could later in the season.

For all-around competition, the Bruins can turn to Davidson, Taylor and Kilian in the decathlon.

**GEORGE FOX UNIVERSITY "BRUINS"
2002 MEN'S & WOMEN'S TRACK & FIELD SCHEDULE**

<u>DATE</u>	<u>DAY</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>TIME</u>
<u>March</u>				
2	Sat.	Linfield Icebreaker	McMinnville, Ore.	10:00 a.m.
9	Sat.	PLU Salzman Invitational	Tacoma, Wash.	TBA
16	Sat.	BRUIN OPEN	Newberg, Ore.	11:00 a.m.
23	Sat.	Western Oregon Open	Monmouth, Ore.	TBA
<u>Spring Fling X</u>				
23	Sat.	D-III Challenge	Claremont, Calif.	12:00 noon
25-26	Mon.-Tues.	Linfield Combined Events	McMinnville, Ore.	TBA
29-30	Fri.-Sat.	Stanford Invitational	Stanford, Calif.	TBA
<u>April</u>				
6	Sat.	Willamette Invitational	Salem, Ore.	TBA
12	Fri.	GFU DISTANCE CARNIVAL	Newberg, Ore.	6:00 p.m.
13	Sat.	GFU ALL-COMERS	Newberg, Ore.	11:00 a.m.
15-16	Mon.-Tues.	NWC Combined Events	Salem, Ore.	10:00 a.m.
20	Sat.	Cougar Invitational	Oregon City, Ore.	10:00 a.m.
26-27	Fri.-Sat.	NWC Championships	Spokane, Wash.	TBA
<u>May</u>				
4	Sat.	Linfield Limited	McMinnville, Ore.	TBA
11	Sat.	Oregon Twilight	Eugene, Ore.	TBA
11	Sat.	Seattle Pacific Open	Seattle, Wash.	TBA
18	Sat.	Willamette Last Chance	Salem, Ore.	TBA
23-25	Thur.-Sat.	NCAA Division III National Championship (at Macalester College)	St. Paul, Minn.	TBA

Home events in **BOLD CAPS**.

All times Pacific and subject to change.

Ath. Dept. 503-554-2910 / Sports Info. 503-554-2127 / Sports Hotline 503-554-3860

Athletics Web site: www.georgefox.edu

GEORGE FOX UNIVERSITY "BRUINS"
2002 MEN'S TRACK & FIELD ROSTER

<u>Name</u>	<u>Events</u>	<u>Ht.</u>	<u>Wt.</u>	<u>Yr./El.</u>	<u>Hometown (Previous School)</u>
Jake Ambert	Pole Vault	6-0	165	Fr./Fr.	Corvallis, Ore. (Crescent Valley HS)
Luke Barsalou	Jumps/Throws	6-1	170	Fr./Fr.	Anchorage, Alaska (A.J. Dimond HS)
Brad Bates	Sprints	5-8	140	Fr./Fr.	Stayton, Ore. (Stayton HS)
Steve Beardsley	Hurdles/Sprints/Relays	6-0	180	Fr./Fr.	Banks, Ore. (Banks HS)
Doug Beatty	Jumps	5-2	120	So./Fr.	Boise, Idaho (Centennial HS)
Matt Burg	Distance	5-9	135	So./So.	Newberg, Ore. (Newberg HS)
Neil Cantrall	Sprints	5-8	160	Sr./Jr.	Salem, Ore. (Salem Academy)
Keith Christiansen	Hurdles/PV	5-11	179	Jr./Jr.	Grass Valley, Ore. (Sherman HS)
Kris Clifton	Distance	5-4	110	Fr./Fr.	Sutherlin, Ore. (Missouri Military Academy)
Zach Davidson	Spr/Hur/Jumps/Decath	5-10	155	Jr./Jr.	Albany, Ore. (Santiam Christian HS)
Reggie Davis	Jumps	5-8	158	Fr./Fr.	Portland, Ore. (Roosevelt HS)
Kyle Dixon	Javelin	6-1	185	Sr./So.	Springfield, Ore. (Thurston HS)
Rob Gaslin	Distance	6-2	165	Fr./Fr.	Tualatin, Ore. (Tualatin HS)
Matt Gassaway	Throws	6-3	195	Fr./Fr.	Washougal, Wash. (Washougal HS)
Andy Haehlen	Pole Vault	6-1	180	So./Fr.	Portland, Ore. (Portland Christian HS)
Nicholas Hultberg	Throws	6-3	250	Jr./So.	Salem, Ore. (North Salem HS)
Chris Kelley	Distance	5-10	170	So./Fr.	Newberg, Ore. (Newberg HS)
David Kilian	Decath/Hurdles/Relays	5-11	165	Sr./Jr.	Gresham, Ore. (Sam Barlow HS)
Darin Krueger	Throws	5-10	270	Sr./Sr.	Portland, Ore. (Mt. Hood CC)
David Malcolm	Throws	5-10	250	Jr./So.	Talent, Ore. (Phoenix HS)
Michael Owen	Distance	6-0	166	Jr./Jr.	Anchorage, Alaska (Grace Christian HS)
Andrew Paine	Hurdles	5-11	157	Fr./Fr.	Walla Walla, Wash. (Walla Walla HS)
Nathan Paisley	Mid-Distance	6-0	155	Sr./Sr.	Salem, Ore. (North Salem HS)
Adam Puckett	Jumps	6-1	152	So./So.	Bend, Ore. (Mountain View HS)
Jon Robinson	Sprints/Jumps	5-9	150	So./So.	Cannon Beach, Ore. (Seaside HS)
Ben Salisbury	Sprints/Relays	6-3	200	So./So.	Bellingham, Wash. (Sehome HS)
Zach Smith	Mid-Distance	6-0	162	Fr./Fr.	East Wenatchee, Wash. (Eastmont HS)
Tevin Taylor	Hurdles/Javelin/Decath	5-11	175	Jr./So.	Portland, Ore. (Wilson HS)
Forrest Towne	Distance	5-11	145	Sr./Sr.	Springfield, Ore. (Thurston HS)
Silas Towne	Distance	5-10	150	Jr./So.	Springfield, Ore. (Thurston HS)
Bryan Wadlow	Jumps	6-4	195	So./So.	Albany, Ore. (West Albany HS)
Dan White	Sprints	5-11	160	Sr./Fr.	Meridian, Idaho (Meridian HS)
Nick Wymore	Pole Vault	5-9	160	Fr./Fr.	Carlton, Ore. (Yamhill-Carlton HS)
Brett Yeager	High Jump	6-4	200	So./So.	Oakridge, Ore. (Oakridge HS)

Head Coach: Wes Cook

Assistant Coaches: Scott Brown, Dave Guzman, John Smith, Chad Riddle

3rd: 02/28/02

**GEORGE FOX UNIVERSITY "BRUINS"
2002 WOMEN'S TRACK & FIELD ROSTER**

<u>Name</u>	<u>Events</u>	<u>Ht.</u>	<u>Yr./El.</u>	<u>Hometown (Previous School)</u>
Sarah Anderson	Sprints	5-4	So./Fr.	Canby, Ore. (Clackamas CC)
Kelsey Baron	Jumps	5-9	Jr./Jr.	Nehalem, Ore. (Neah-kah-nie HS)
Kelsey Bates	Sprints	5-7	Jr./Fr.	Stayton, Ore. (Stayton HS)
Jo Boatright	Jumps/Hurdles	5-5	Fr./Fr.	Coos Bay, Ore. (Marshfield HS)
Nicole Bostic	Jumps/Relays	5-8	So./So.	Spokane, Wash. (North Central HS)
Arlene Burnham	Throws	5-11	Fr./Fr.	Adrian, Ore. (Adrian HS)
Gina Coolen	Throws	5-4	Fr./Fr.	North Bend, Ore. (North Bend HS)
Ashley Crisell	Distance	5-6	Fr./Fr.	Woodburn, Ore. (Willamette Valley Christian HS)
Christina Davis	Sprints/Relays	5-8	Sr./Sr.	Edmonds, Wash. (Meadowdale HS)
Michelle Forbes	Jumps/Sprints	5-9	Fr./Fr.	Jackson, Wyo. (Jackson Hole HS)
Shannon Gaydeski	Distance	5-2	Sr./Jr.	Forks, Wash. (Univ. of Washington)
Janelle Goeres	Distance	5-4	So./So.	Gold Hill, Ore. (Crater HS)
Brandi Hess	Sprints/Javelin	5-3	Jr./Fr.	Boise, Idaho (Capital HS)
Jessica Howard	Sprints	5-8	Jr./Jr.	Portland, Ore. (Faith Bible HS)
Melissa Matthews	Sprints	5-6	So./Fr.	Keizer, Ore. (McNary HS)
Mona Matthews	Sprints/Relays	5-5	So./So.	Huntington, Ore. (Oakland HS)
Beth Moyer	Distance	5-5	Jr./So.	Camarillo, Calif. (Rio Mesa HS)
Kirsten Norgaard	Distance	5-5	Sr./Sr.	Everett, Wash. (Everett HS)
Erin Paisley	Hammer	5-10	Jr./So.	Salem, Ore. (North Salem HS)
Mary Ann Panner	Throws	5-8	Fr./Fr.	Sherwood, Ore. (Southwest Christian HS)
Brooke Pitner	Sprints/Relays	5-8	So./So.	Vancouver, Wash. (Skyview HS)
Sarah Stark	Distance	5-9	Fr./Fr.	Ontario, Ore. (Ontario HS)
Tori Taylor	Distance	5-7	Sr./Sr.	Portland, Ore. (Wilson HS)
Helena Telfer	Pole Vault	5-4	Jr./Jr.	Monmouth, Ore. (Willamina HS)
Jenn Tyhurst	Sprints	5-4	Fr./Fr.	Oregon City, Ore. (Canby HS)
Amy Watson	Throws	5-10	Fr./Fr.	Aloha, Ore. (Aloha HS)

Head Coach: Wes Cook

Assistant Coaches: Scott Brown, Dave Guzman, John Smith, Chad Riddle

3rd: 02/28/02

**GEORGE FOX UNIVERSITY BRUINS
2002 MEN'S & WOMEN'S TRACK & FIELD QUICK FACTS**

UNIVERSITY INFORMATION

Location: Newberg, Oregon (18,064)
Mailing Address: 414 N. Meridian St.
Newberg, OR, 97132
Founded: 1891
Denomination: Evangelical Friends
(Quaker)
Enrollment: 2,730
President: Dr. David Brandt
Faculty Athletic Rep: Becky Ankeny
Switchboard Phone: 503-538-8383
Website: www.georgefox.edu

SPORTS INFORMATION OFFICE

Sports Info Director: Blair Cash
Office Phone: 503-554-2127
Home Phone: 503-554-8067
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Student Assistants: John Felton
Ernie Stuzinger
Chantel McDorman
Office Phone: 503-554-2139
Sports Info FAX: 503-554-3110
Sports Web site: www.georgefox.edu/athletics

ATHLETICS INFORMATION

Nickname: Bruins
Colors: Navy Blue & Old Gold
Affiliation (yrs): NCAA Division III (3rd)
Region: West
Conference (yrs): Northwest Conference (7th)
Director of Athletics: Craig Taylor
Office Phone: 503-554-2911
Assoc. Dir. of Athletics: Pat Bailey
Office Phone: 503-554-2914
Athletics Secretary: Patty Findley
Office Phone: 503-554-2910
Dir. of Ath. Training Ed.: Dale Isaak
Office Phone: 503-554-2916
Athletic Trainer : Karen Hostetter
Office Phone: 503-554-2922
Athletics FAX: 503-554-3864

COACHING STAFF

Head Coach: Wes Cook (15th yr)
Alma Mater: Northern Colorado '61
Office Phone: 503-554-2915
Assistant Coach: Scott Brown (10th yr)
Alma Mater: George Fox '91
Assistant Coach: Dave Guzman (8th yr)
Alma Mater: Linfield '61
Assistant Coach: Chad Riddle (4th yr)
Alma Mater: Linfield '98
Assistant Coach: John Smith (4th yr)
Alma Mater: George Fox '96

TEAM INFORMATION

Home Field: Colcord Memorial Field
2001 NWC Results (M): 5th
2001 NWC Results (W): 4th
2001 NCAA Results (W): 31st (tie)
Letterwinners Back/Lost: Men 14/16, Women 9/12

Top Returnees (M) CL., Hometown Honors, Events

Jon Robinson	So., Cannon Beach, Ore.	All-NWC (Long Jump 1st, 4x100 1st)
Ben Salisbury	So., Bellingham, Wash.	All-NWC (200 1st, 4x100 1st, 4x400 1st)
Zach Davidson	Jr., Albany, Ore.	All-NWC (400 Hurdles 2nd)

Key Losses (M) CL., Hometown Honors, Events

Tyler Gassaway	Sr., Oregon City, Ore.	All-NWC (4x100 1st, 4x400 1st, 200 3rd)
Eric Costa	Sr., Beaverton, Ore.	All-NWC (4x100 1st, 4x400 1st)
Ryan Sprunger	So., Dundee, Ore.	All-NWC (4x400 1st)
Steve Willmer	So., Fullerton, Calif.	All-NWC (800 3rd)

Top Returnees (W) CL., Hometown Honors, Events

Kelsey Baron	Jr., Nehalem, Ore.	All-NWC (Long Jump 1st, Triple Jump 1st)
Christina Davis	Sr., Edmonds, Wash.	All-NWC (4x400 3rd)

Key Losses (W) CL., Hometown Honors, Events

Heather Hunt	Sr., Turner, Ore.	NCAA A-A (Pole Vault 2nd), All-NWC (Pole Vault 1st)
Amy Forbes	Sr., Jackson, Wyo.	All-NWC (High Jump 1st)
Lori Miller	Sr., Aurora, Ore.	All-NWC (Javelin 2nd)
Jamie McElwain	Sr., Tigard, Ore.	All-NWC (800 2nd, 4x400 3rd)
Sarah Zempel	Fr., Rogue River, Ore.	All-NWC (Shot Put 1st, Discus 2nd)
Sarah Oates	Fr., Grover Beach, Calif.	All-NWC (400 2nd, 4x400 3rd)
Colleen Forbes	Jr., Jackson, Wyo.	All-NWC (Triple Jump 3rd, 4x400 3rd)

Monday, February 18, 2002 --- For Immediate Release
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GEORGE FOX TRACK & FIELD

HIGHLIGHTS:

*** Bruins Prepare for Outdoor Season with Good Showing in Idaho Indoor Event**

COMING UP:

No events scheduled this week.

LAST WEEK (recaps below):

Feb. 16 – at McDonald's II Indoor Open, University of Idaho, Moscow, Idaho

2/16 – McDONALD'S OPEN: Four New Records Set by Bruins in Idaho Indoor Event

MOSCOW, Idaho – There is no official indoor season for the George Fox University track and field program, but the Bruins used the McDonald's II Open, an indoor event here at the University of Idaho, to tune up for the upcoming outdoor season, and set several George Fox indoor records in the process.

In the long jump, **Kelsey Baron (Jr., Nehalem, Ore.)** and **Jo Boatright (Fr., Coos Bay, Ore.)** tied for 7th in the meet with new record jumps of 17-08. **Boatright** also established a Bruin indoor mark in the triple jump with a distance of 35-08, good for 11th overall, and **Baron** was 12th at 35-01.75.

Darin Krueger (Sr., Portland, Ore.) set a new men's indoor mark in the 35-pound weight throw with a heave of 43-05.25, placing 11th in the event. **Jon Robinson (So., Cannon Beach, Ore.)** finished 4th in the long jump with a mark of 21-10, one inch off the Bruin record, and **Ben Salisbury (So., Bellingham, Wash.)**, with a time of 49.97, was just over a second off the 400-meter dash record set by Ryan Chaney when he won the NAIA National Indoor Championship.

Other top 15 finishes for the Bruins included a 14th-place finish by **Melissa Matthews (Fr., Keizer, Ore.)** in the women's 60-meter dash (8.50); a 15th by **Arlene Burnham (Fr., Adrian, Ore.)** in the women's shot put (33-05.75); an 11th by **Robinson** in men's 60-meter dash; and an 11th by **Krueger** in the men's shot put (40-09).

"We had some really top quality season-launching efforts in Idaho," commented head coach **Wes Cook**, now in his 15th season as the George Fox track and field director. "This was not a required meet for anyone – only those who wanted to go did – but we took 19, and 18 participated. Our distance runners, for example, are still getting into shape and nursing some 'owies', so they stayed home and got some much-needed rest. We kick off in earnest in two weeks, and we hope to have everyone healthy by then. I'm certainly encouraged by the early returns."

The George Fox outdoor track and field season commences with the Linfield Icebreaker on Saturday, March 2, at 10:00 a.m. in McMinnville, Ore.