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GEORGE FOX UNIVERSITY

Volleyball



2005 BRUIN
WOMEN'S
VOLLEYBALL
GUIDE



VOLLEYBALL
GEORGE FOX UNIVERSITY
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2005 VOLLEYBALL
COACH
STEVE GRANT

Standard of Excellence

Coach Steve Grant is among the nation's leaders in career wins

Steve Grant has established the George Fox volleyball program as one of the most consistent winners in the nation.

In his 23 years at George Fox, the Bruins have recorded 19 winning seasons. With a career record of 495-303 (.621), Grant ranks

17th on the list for victories among active NCAA Division III coaches.

Grant's teams have made their mark in postseason play as well. While a member of the National Christian College Athletic Association (NCCAA), George Fox won NCCAA national champi-

onships in 1984 (30-10) and 1987 (33-22), and each time he was named NCCAA National Coach of the Year. While holding dual membership in the National Association of Intercollegiate

very first team in 1982 (17-14) captured the crown in the Women's Conference of Independent Colleges, the predecessor to the Northwest Conference. In 1998, while a dual member of both the NAIA and the NCAA, the Bruins went 31-8, won the Northwest Conference regular season and tournament titles, and advanced to the NAIA National Tournament. Grant was named NWC Coach of the Year.

During the 1990s, five of his athletes won NAIA All-American awards, and five were named NAIA All-American Scholar-Athletes.

Steve Grant's Coaching Ledger

Year	Record/Pct.	Conf.	Team Honors
1982	--17-14/.548	-----	-WCIC 1st
1983	--14-17/.452		
1984	--30-10/.750	-----	-NCCAA national champions
1985	--17-15/.530		
1986	--15-15/.500		
1987	--33-22/.600	-----	-NCCAA national champions
1988	--30-13/.698		
1989	--27-18/.600		
1990	--31-13/.705		
1991	--24-17/.585		
1992	--28-20/.583		
1993	--28-18/.609		
1994	--16-15/.516		
1995	--22-11/.667		
1996	--19-13/.594		
1997	--23-5/.821		
1998	--31-8/.795	----15-1	-- NWC 1st; NWC Tourn. 1st; NAIA national tourn.
1999	--19-7/.731	---12-4	-- NWC 2nd
2000	--7-15/.318	----5-11	-- NWC 7th
2001	--19-5/.792	----11-5	-- NWC 3rd
2002	--20-6/.769	----11-5	-- NWC 3rd; No. 23 national ranking
2003	--12-14/.438	--7-9	-- NWC 5th (tie)
2004	--13-12/.520	--8-8	-- NWC 4th
Years: 23 Record: 495-303 Percentage: .621			



Grant's Honors

- 1984 --NAIA District 2 Coach of the Year
- 1984 --NCCAA National Coach of the Year
- 1987 --NCCAA National Coach of the Year
- 1990 --NAIA District 2 Coach of the Year
- 1998 --NWC Coach of the Year

Athletics at the same time, he was named National Association of Intercollegiate Athletics (NAIA) District 2 Coach of the Year in 1984 and 1990 (31-13).

Two Grant-coached teams have won conference championships. His

Grant is a 1969 graduate of Biola University, where he was a three-sport athlete.

Grant, who earned a master's degree in education from Linfield College in 1985, lives in Newberg with his wife, Kathy. They have two adult children, Jeff and Bryan.

BRUIN
VOLLEYBALL
WINNING
TRADITION 2005



George Fox volleyball has recorded winning seasons in 18 of the last 22 years

George Fox volleyball won the 1984 and 1987 National Christian College Athletic Association national titles (George Fox is now a member of NCAA Div. III)



1984



1992

First Team NCCAA All-American **Cindy Warner**

1992



Second Team NAIA All-American **Jamie Suehiro**

1993



First Team All-Cascade Conference **Kari (Bashford) Cline**

George Fox volleyball has recorded five 30-win seasons

George Fox is 90-59 since joining the NCAA Div. III in 1999

George Fox volleyball has been ranked in the top-25 of the NCAA Div. III, the NAIA, and the NCCAA

1998



Third Team NAIA All American **Sharon Barnett**

Honorable Mention NAIA All-American **Joanna Lofgren**



1995

Five Foundational Principles

by Steve Grant

"Mind," "Body," and "Spirit": these words are integral to the development of the whole person and are thus significant to the success of the George Fox volleyball program. We want to recognize the importance of these words in our approach to academics, volleyball, our relationship with God, and life's daily challenges.

The interplay between those

is worth doing is worth doing well, and there is nothing "hard" about hard work when we've determined the goal is worthy of our efforts.

Friendship | We know that whether or not the ultimate goal is reached, the "journey" will color our appreciation for whatever is achieved. We show our teammates respect on that journey, treat others as we hope to be treated, and

but to those who depend on us.

Cooperation | We believe in helping others achieve their goals and rejoicing with them when those goals are realized. Placing the good of others above our own desires shows maturity and commitment to our team concept.

Enthusiasm | When we love what we do and have goals that reach higher than merely winning,

" Our purpose as coaches in volleyball is a humble one: to positively impact people and to help them become the best they can be. "

our enthusiasm for the game takes on amazing significance — and we infect others with our enthusiasm and joy.

With these principles in place, we believe we can rise to greater levels of achievement regarding the dynamics of building up individuals and teams.

Our goal is simple: We desire to positively impact people and help them become the best they can be. We encourage people to be great volleyball players but also to be good leaders and followers, example-setters, strivers toward excellence, and encouragers who are self-disciplined and goal-oriented. We believe attention to these principles will result in wonderfully positive relationships that create ongoing friendships and lifelong memories.

esteem others more highly than ourselves.

Loyalty | Our society tends to be committed to the "me" ideal and to make decisions without regard to the impact on others. We want our players to share in a commitment made not only to oneself,



words impacts our attitude toward winning, which allows players to aspire to greatness and achieve team goals without adding the pressure of a "must-win" mentality. A player's work ethic and focus are valued as we strive to do the very best in every activity in which we participate.

Our five foundational principles, taken from John Wooden's Pyramid of Success, are these:

Industriousness | Whatever

Excellence in Academics and Athletics

The Northwest Conference and NCAA Division III Experience

National Collegiate Athletic Association Division III

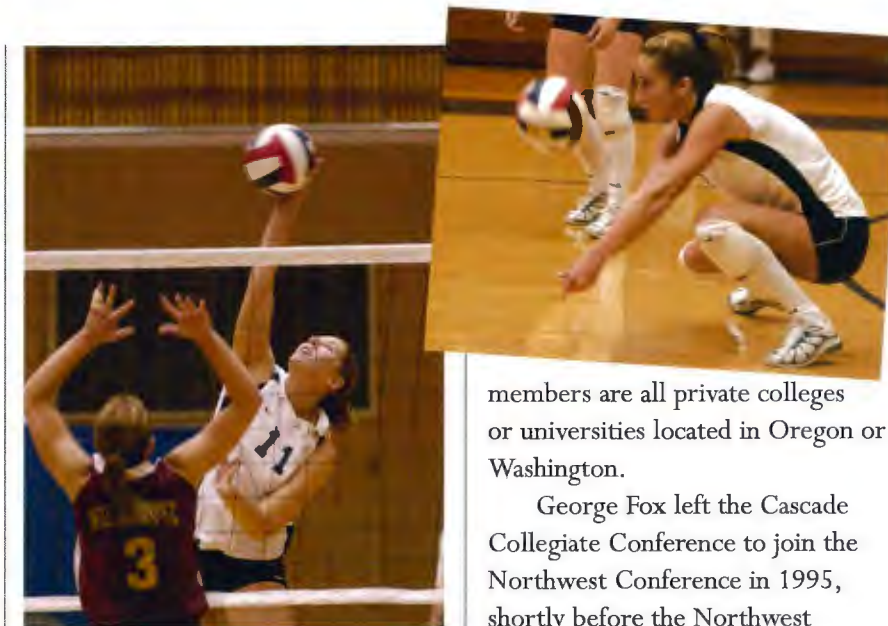
Colleges and universities in the National Collegiate Athletic

Association (NCAA) Division III

place their highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. Division III institutions seek to establish and maintain an environment in which a student-athlete's athletics activities are conducted as an integral part of the student-athlete's educational experience.

Division III consists of more than 400 institutions, making it the largest division in the NCAA. All Division III institutions award no athletically related financial aid to any students. Division III sponsors 13 national championships in men's sports, 14 in women's, and eight national collegiate championships that are combined with other divisions.

George Fox University has been a member of the NCAA since 1995 when — along with the other institutions in the Northwest Conference — it elected to transfer its membership from the National Association of Intercollegiate Athletics (NAIA).



members are all private colleges or universities located in Oregon or Washington.

George Fox left the Cascade Collegiate Conference to join the Northwest Conference in 1995, shortly before the Northwest Conference shifted national affiliation from the NAIA to the NCAA.

Leaving behind years of success at the NAIA level, the conference embraced the move as one that

would foster equity, sportsmanship, and genuine concern for the student-athlete in all endeavors of competition.

The Northwest Conference

The nine colleges and universities in the Northwest Conference are known for their academics and athletics.

The conference is building a reputation as one of the most competitive NCAA Division III alliances in the country. In the academic arena, every Northwest Conference institution has been ranked by *U.S. News & World Report* magazine as a top-tier school in its category.

Formed in 1926, the conference is one of the oldest athletic alliances in the western United States. Its nine



George Fox University, Newberg, Ore.

Lewis & Clark College, Portland, Ore.

Linfield College, McMinnville, Ore.

Pacific University, Forest Grove, Ore.

Pacific Lutheran University, Tacoma, Wash.

University of Puget Sound, Tacoma, Wash.

Whitman College, Walla Walla, Wash.

Whitworth College, Spokane, Wash.

Willamette University, Salem, Ore.

George Fox University

A matter of mind and spirit

George Fox University is a Christian university of the liberal arts, sciences, and professional studies ranked by *U.S. News & World Report* as a "Best Value" and as a top-tier master's university in the West. More than 3,200



students—including 1,600 traditional undergraduates—attend classes at the Newberg campus and at teaching sites in Oregon and Idaho. The George Fox faculty includes a former U.S. Senator, the 2000 Oregon Professor of the Year, and three Fulbright Scholars.

George Fox offers unique programs. Every incoming freshman is provided a laptop computer to use and keep upon graduation. Students also can take advantage of the university's study-abroad program. George Fox pays transportation costs for a three-week overseas

study tour led by professors. Past trips have gone to every continent but Antarctica.

George Fox University was established in 1885 by Quaker settlers as Friends Pacific Academy.

Herbert Hoover, the 31st president of the United States, attended the

academy before it became a college in 1891. The George Fox name honors the founder of the Friends (Quaker) church.

George Fox offers bachelor's degrees in more than 35 majors, degree-completion programs for working adults, a seminary, and 14 master's and doctoral degrees.



GEORGE FOX UNIVERSITY



WHEELER SPORTS CENTER/
MILLER GYM

Entered by crossing a wooded canyon on a 200-foot bridge, the Wheeler Sports Center is the home of the George Fox Bruins volleyball team. The \$2.7 million, 55,000-square-foot complex is the university's largest building.

Wheeler's main feature is the James and Lila Miller Gymnasium. With a total seating capacity of 2,750, and measuring 116' x 174', the gym contains three full-length basketball courts, three volleyball courts, and 10 badminton courts. The ceilings are 32 feet above the hardwood maple floor.

Adjacent to the gym on the upper level are a staff room, multipurpose room, classrooms, and athletics administration and faculty offices. The building's weight room was remodeled and expanded during the summer of 2002 and now contains 1,800 square feet of floor space. On the lower level are a concessions area, dressing rooms, team rooms, laundry facilities, an equipment-issuing room, and storage space. An east wing of the building houses two racquetball courts.

UNIVERSITY INFORMATION:

LocationNewberg, Ore. (19,500)
Mailing address414 N. Meridian St.
Newberg, OR 97132
Founded1891
Denomination.....Evangelical Friends (Quaker)
Enrollment3,210
PresidentDavid Brandt
Faculty athletic rep.....Kendra Irons
Switchboard phone.....503-538-8383
Website.....georgefox.edu

ATHLETIC INFORMATION:

NicknameBruins
ColorsNavy Blue and Old Gold
AffiliationNCAA Division III
ConferenceNorthwest Conference
Director of athletics.....Craig Taylor
Office phone503-554-2911
Assoc. dir. of athleticsPat Bailey
Office phone503-554-2914
Athletics secretaryPatty Findley
Office phone503-554-2910
Athletics fax503-554-3864

SPORTS INFORMATION OFFICE:

Sports info directorBlair Cash
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E-mail.....bcash@georgefox.edu
Sports info fax503-554-3864
Sports hotline503-554-3868
Sports website.....georgefox.edu/athletics

COACHING STAFF:

Head coachSteve Grant (24th yr)
Alma materBiola '69
Overall record.....495-303 (.621), 23 yrs
Office phone503-554-2920
Assistant coaches
Scott Cornwall (4th yr)
Tami Ankeny (2nd yr)
Gina Coolen (1st yr)

INTERCOLLEGIATE ATHLETICS

are an important part of George Fox University, home to one of the Northwest's most successful small-college sports programs. Winning programs, of course, are accompanied by a proper balance between academics and athletics. At George Fox University, student-athletes compete for conference and national titles at a Christ-centered university where professors and coaches help them grow in mind, body, and spirit. Intercollegiate athletics competition provides for practical application of what is learned in the classroom and at practice.



THE UNIVERSITY fields teams in 13 varsity sports, seven for women (volleyball, soccer, cross country, basketball, softball, tennis, and track and field) and six for men (soccer, cross country, basketball, baseball, tennis, and track and field). More than 15 percent of George Fox's traditional undergraduate students participate in these sports. Their records over the years serve as shining testimonies to the administration's conviction that an institution can play for the glory of God, follow the rules and ethics of its governing organizations, and be successful on the fields and courts of competition at the same time.

At George Fox, the values of athletics are integrated with the goals of Christian higher education in a process that includes:

- Physical conditioning
- Managing emotions
- Courage
- Teamwork
- Cooperation
- Graciousness in winning and losing



Consider the growing legacy:

- George Fox has earned district or conference titles 17 times during the last decade.
- George Fox athletes have earned more than 300 All-America and All-America Scholar-Athlete honors.
- Seven of the 11 coaches on staff have been named Coach of the Year at various levels a total of 38 times.
- George Fox coaches have held their positions for an average of 10 years, and together have accumulated more than 1,400 collegiate wins.