

2005

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GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Wednesday, January 25, 2006

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1/25 – ACADEMIC ALL-CONFERENCE: Five Bruins Named Volleyball Academic All-Northwest Conference

NEWBERG, Ore. – Five members of the volleyball team are among a total of 28 George Fox University athletes who have been named to the 2005 Academic All-Northwest Conference fall sports teams as announced by the league office recently.

Bruins who have been honored include **Elizabeth Anderson**, a sophomore middle blocker from Sherwood, Ore.; **Leilani Jackson**, a freshman defensive specialist from Warren, Ore.; **Ashlie Keimig**, a freshman outside hitter from The Dalles, Ore.; **Whitney Kolb**, a sophomore outside hitter from Jefferson, Ore.; and **Haley Stapleton**, a senior libero from Dallas, Ore.

Anderson is a History major with a 3.53 GPA. She played in all 23 matches this season, with 22 starts, and led the team with 1.01 blocks per game and a .227 hitting pct. Her blocks average was fifth in the NWC. She also averaged 2.28 kills per game.

Jackson is an International Studies / Christian Ministries major with a 4.00 GPA. She appeared in two matches and had four digs this season.

Keimig is a Health and Human Performance major with a 3.58 GPA. She played in four matches this year, and had two kills, two assists, six digs and a block.

Kolb is a Nursing major with a 3.75 GPA. She played in all 23 matches this season, with nine starts, and led the team with 300 kills and a 3.85 kills per game average, ranking fourth in the NWC in kills. She also had 75 digs and 11 blocks.

Stapleton is a Psychology major with a 3.88 GPA. She played in all 23 matches this season, starting one, and made 426 digs with a 4.84 digs per game average, second on the team and fourth in the conference, along with 16 assists and 22 aces. She ended her career tied for second in all-time Bruin digs with 1,556.

All athletes who are on a sport's varsity roster and who have a cumulative grade point average of 3.5 or higher, no matter what year they are in school, receive Academic All-Conference honors.

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Tuesday, November 8, 2005

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11/8 – ALL-CONFERENCE: Bruins' Stolsig, Stapleton Receive All-NWC Honors

NEWBERG, Ore. – Outside hitter Linzi Stolsig of George Fox University repeated as a First Team selection while teammate Haley Stapleton, a libero and defensive specialist, received honorable mention as the 2005 All-Northwest Conference women's volleyball teams, as chosen by the league's nine coaches, were announced today.

Stolsig, a senior from Lebanon, Ore., came on strong in conference play after a slow start to the season, finishing second in the league in digs per game (5.43) and 10th in kills per game (3.36). She reached double figures in kills 18 times and in digs 21 times, with highs of 21 kills vs. Puget Sound and 35 digs, a career best, at Willamette. She was named NWC Player of the Week for Oct. 17-23, the third time in her career to receive such accolades. Her average of 5.43 digs a game established a new George Fox single-season record, breaking the mark of 5.24 set by Mindi Cotner in 2002, while her total of 478 digs is the fifth-best number in one season.

While earning All-NWC First Team honors last year as well, Stolsig ranked second in the league in kills (4.40 kpg) and fourth in digs (4.89). In her George Fox career, she posted 723 kills and 952 digs, falling just short of the all-time top 10 in both categories despite only playing two seasons for the Bruins after transferring from Chemeketa Community College.

Stapleton, a senior from Dallas, Ore., was a rare four-year starter for the Bruins and ranked in the top 10 in the conference in digs every season. This year, she finished fourth in the league in digs per game (4.84), and was second on the Bruins in service aces (22). She posted double-figure digs 21 times, with a career-high 32 in matches vs. Salisbury and Colorado College. Her average of 4.84 digs per game is the eighth-best mark for one season at George Fox.

As a freshman, Stapleton ranked 10th in the NWC in digs, then was sixth in 2003 while earning honorable mention All-Conference honors, and ninth in 2004. She finished her career at George Fox with 1,556 digs, tying for second all-time in that category with Cindy Warner (1988-91).

With Stolsig and Stapleton playing major roles, this year's Bruins went 12-11 overall and were tied for fifth in the conference with Whitman College at 7-9. It was the 20th winning season in 24 years under head coach Steve Grant, whose career record stands at 507-314.

Natalie Danielson of league champion Whitworth College was named the NWC Player of the Year, and Mark Massey of the resurgent University of Puget Sound was named NWC Coach of the Year. The complete All-Northwest Conference Teams are available on the NWC web site at <http://www.nwcsports.com/sports/Volleyball/All-NWC.htm>.

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, November 5, 2005

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11/5 – PACIFIC LUTHERAN 3, GEORGE FOX 3: Bruins Let Lutes Escape in Season-Ending Squeaker

TACOMA, Wash. – Ahead 2-1 in games and with a 20-10 lead in the fourth game, the visiting George Fox University Bruins could not close the deal and wound up dropping a five-set match 3-2 to the Pacific Lutheran University Lutes in the Northwest Conference season-ending women's volleyball match for both teams Saturday night here in Memorial Gymnasium.

The Bruins fell 30-21, 22-30, 30-20, 28-30, 11-15 as the Lutes completed a sweep of the season series. Despite the setback, the Bruins finished 12-11 overall, their 20th winning season in 24 years under head coach Steve Grant, and ended up tied for 5th in the conference with Whitman College at 7-9. The Lutes posted a 14-9 record and were 4th in the league at 11-5.

After splitting the first two games, the Bruins won the third game by a wide margin and carried that momentum well into the fourth game. In game four, the Bruins built up a 10-point lead at 20-10 on a block by Elizabeth Anderson, but just at their highest point, the visitors stalled and went into free-fall.

Two Bruin errors and a Kati McGinn kill brought the Lutes to within seven, 20-13. George Fox called timeout in an attempt to stop the momentum, but the Lutes scored nine of the next 13 points to cut the margin to two, 24-22. Another Bruin timeout did little to change the tide as the Lutes got three straight kills from Stephanie Turner, two kills by McGinn, and one from Ashleigh Houlton, along with a George Fox attack error, to take a 29-26 lead. The Bruins rallied momentarily on Amanda Allen's kill and Linzi Stolsig's service ace, but Turner ended the game with another kill.

In the fifth game, a 7-2 Lute run put PLU in front 11-6. The Bruins scored the next four points, but the Lutes answered with Rachel Crossen's kill and a GFU attack error for a 13-10 lead. The Bruins scored again on a kill by Cassandra Woods, but kills by Turner and Rachel Shillinger completed the comeback victory.

Woods had a career-high 20 kills to lead the Bruins, and Stolsig and Anderson had 12 each, while setter Amy Knight finished with 60 assists. Stolsig had a team-high 25 digs, Michol Roberts added 14, and Haley Stapleton dug 11. Anderson contributed 5 blocks.

Turner finished with a match-high 24 kills for the Lutes, McGinn had 20, and Meghan Fagerberg added 13. Gina Di Maggio recorded 57 assists, and Nicole Potts was the only Lute in double figures in digs with 32. McGinn had 6 blocks.

Four seniors completed their George Fox careers Saturday: Stapleton, Stolsig, Roberts, and Shayla Armstrong. Stapleton ended her four-year career as a libero tied for 2nd with Cindy Warner (1988-91) on the Bruins' all-time list in digs with 1,556. Stolsig's final average of 5.43 digs per game broke the previous single-season best of 5.24 by Mindi Cotner in 2002.

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Pacific Lutheran (11/05/05 at Tacoma, Wash.)

George Fox		ATTACK					SET		SERVE		SRV/DEF		BLOCK			GEN
#	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
1	Philliber, Karina...	4	8	4	21	.190	0	0	0	0	4	0	0	0	0	0
2	Roberts, Michol....	5	1	1	2	.000	0	3	1	1	14	0	0	0	0	0
4	Anderson, Elizabeth.	5	12	5	27	.259	0	1	0	0	1	1	4	0	0	0
5	Knight, Amy.....	5	0	0	5	.000	60	1	3	0	7	0	1	0	0	0
7	Stolsig, Linzi.....	5	12	7	52	.096	0	1	0	2	25	0	4	0	0	0
11	Woods, Cassandra....	5	20	5	45	.333	0	0	0	0	1	0	3	0	0	0
3	Allen, Amanda.....	3	4	0	10	.400	0	2	0	1	5	0	2	0	0	0
9	Kolb, Whitney.....	2	6	5	18	.056	0	0	0	0	1	0	1	0	0	0
10	Stapleton, Haley....	5	0	0	3	.000	0	1	2	1	11	0	0	0	0	0
12	Armstrong, Shayla...	4	3	2	16	.062	1	0	2	1	8	0	1	0	0	0
Totals.....		5	66	29	199	.186	61	9	8	6	77	1	16	0	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	18	3	40	.375
2	12	9	40	.075
3	14	6	41	.195
4	16	8	51	.157
5	6	3	27	.111

TOTAL TEAM BLOCKS: 9.0

GAME SCORES		1	2	3	4	5	TEAM RECORDS	
George Fox.....	(2)	30	22	30	28	11	12-11	7-9 NWC
Pacific Lutheran....	(3)	21	30	20	30	15	14-9	11-5 NWC

Pacific Lutheran		ATTACK					SET		SERVE		SRV/DEF		BLOCK			GEN
#	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
2	Fagerberg, Meghan...	5	13	4	46	.196	1	0	0	0	4	0	1	0	0	0
7	McGinn, Kati.....	5	20	6	43	.326	0	0	1	1	3	0	6	0	0	0
8	Wytke, Kyla.....	4	3	3	10	.000	0	0	0	1	0	0	2	0	0	0
10	Turner, Stephanie...	5	24	4	51	.392	0	3	4	0	4	0	3	0	0	0

13	Di Maggio, Gina.....	5	3	0	14	.214	57	1	3	0	9	0	4	0	0
15	Shillinger, Rachel..	5	3	7	27	-.148	1	0	0	1	7	0	1	0	0
1	Drexler, Brianna....	5	0	0	0	.000	0	1	2	0	5	0	0	0	0
3	Kosel, Megan.....	5	0	0	1	.000	0	1	2	3	6	0	0	0	0
5	Potts, Nicole.....	5	0	0	2	.000	0	0	1	2	32	0	0	0	0
9	Crossen, Rachel.....	3	4	1	9	.333	0	0	0	0	1	1	1	0	0
14	Houlton, Ashleigh...	5	1	0	1	1.000	0	0	4	0	6	0	0	0	0
	TEAM.....									1					

	Totals.....	5	71	25	204	.225	59	6	17	9	77	1	18	0	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 10.0

Game	K	E	TA	Pct	
1	15	4	43	.256	Site: Tacoma, Wash. (Memorial Gymnasium)
2	17	2	42	.357	Date: 11/05/05 Attend: 475 Time: 2:21
3	11	9	41	.049	Referees: P.J. Jones, Teri Wood
4	18	6	47	.255	
5	10	4	31	.194	

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, October 29, 2005

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10/29 – GEORGE FOX 3, PACIFIC 0: Bruins Bash Boxers in Home Finale to Clinch Winning Season

NEWBERG, Ore. – Nailing down their 20th winning season in 24 years under coach Steve Grant, the George Fox University Bruins closed out the home portion of their 2005 schedule by routing the Pacific University Boxers 3-0 in a Northwest Conference women's volleyball match Saturday night here in the Wheeler Sports Center's Miller Gym.

In posting a 30-16, 30-14, 30-25 victory over the Boxers, George Fox improved to 12-9 overall with two matches left and evened their NWC record at 7-7. Pacific slipped to 9-15 overall and 2-12 in the conference with its 12th loss in the last 13 matches.

The Bruins trailed only twice all evening, at 0-1 and 1-2 in the first game. Sparked by three kills by Linzi Stolsig, the Bruins ran off a string of seven unanswered points to take a 9-2 lead, however, and the Boxers got no closer than six the rest of the way. Stolsig finished with six kills as the Bruins out-hit the Boxers .229 to -.167.

The Bruins were even hotter in game two, hitting .444 to .024 for the visitors and running off streaks of seven, six, and five winning points in a row at various times. Amanda Allen led the Bruins with six kills in the game and the defense picked up 27 digs.

When the George Fox offense cooled off in game three, hitting only .068, the defense stepped in again, this time making 30 digs, 11 alone by Haley Stapleton. The Bruins broke a 9-9 tie on a kill by Amy Knight and stretched their lead to 29-17 before the Boxers made a last-ditch effort to salvage the contest, reeling off eight points in a row, but a Boxer service error ended the comeback.

The Bruins dominated virtually every statistic in the match, out-hitting the Boxers .235 to -.031, out-digging them 71-43, out-blocking them 8-5 and even out-acing them 5-4. Stolsig was the only player in double figures in kills with 12, while Knight handed out 39 assists. Stapleton led the defense with 16 digs, Knight had 14, Stolsig and Michol Roberts 12 each, and Shayla Armstrong added 11. Elizabeth Anderson assisted on 5 of the Bruins' blocks.

Four Boxers – Jill Peacock, Sarah Monda, Megan Van Domelen, and Caitlin Gollehon – had 4 kills apiece, while Lisa Twigg and Anela Iseke had 9 assists each. Iseke had 11 digs and Hannah Gordon 10, with Van Domelen assisting on 3 blocks.

Both teams close their seasons on the road next weekend, George Fox going to Linfield College and Pacific at Pacific Lutheran University Friday for 7:00 p.m. matches.

Volleyball Box Score George Fox University 2005 Volleyball Pacific (Ore.) vs George Fox (10/29/05 at Newberg, Oregon)

Pacific (Ore.)			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
2	Gordon, Hannah.....	3	0	2	14	-.143	0	0	1	1	10	0	0	0	0	
8	Twigg, Lisa.....	3	3	5	14	-.143	9	0	2	0	5	0	1	0	0	
10	Peacock, Jill.....	3	4	7	17	-.176	0	1	1	0	2	0	1	0	0	
11	Monda, Sarah.....	3	4	3	18	.056	0	0	0	0	2	0	1	1	0	
15	Iseke, Anela.....	3	1	2	11	-.091	9	3	1	0	11	0	1	1	0	
16	Van Domelen, Megan..	3	4	1	14	.214	0	0	2	0	1	0	3	0	0	
3	Braun, Sarah.....	2	0	2	10	-.200	0	0	0	0	1	0	0	0	0	
6	Witheridge, Nettie..	2	0	0	0	.000	0	0	0	0	2	0	0	0	0	
7	Drake, Erica.....	3	0	0	0	.000	0	0	0	0	2	0	0	0	0	
9	Campbell, Tierra....	1	1	0	1	1.000	0	0	0	0	0	0	0	0	0	
12	Gollehon, Caitlin...	3	4	4	24	.000	0	0	0	0	1	1	1	0	0	
13	Delanty, Joanna.....	1	0	0	3	.000	0	0	0	0	0	0	0	0	0	
14	Furutani, Jamie.....	3	1	0	1	1.000	1	0	1	2	6	0	0	0	0	
21	Mitchell, Kayleen...	1	0	0	2	.000	0	0	0	0	0	0	0	0	0	
TEAM.....											2					
Totals.....			3	22	26	129	-.031	19	4	8	5	43	1	8	2	

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	6	12	36	-.167
2	7	6	42	.024
3	9	8	51	.020

TOTAL TEAM BLOCKS: 5.0

GAME SCORES		1	2	3	TEAM RECORDS	
Pacific (Ore.).....	(0)	16	14	25	9-15, NWC	2-12
George Fox.....	(3)	30	30	30	12-9, NWC	7-7

George Fox			ATTACK				SET	SERVE		SRV DEF		BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
2	Roberts, Michol....	3	0	0	3	.000	0	3	1	1	12	0	0	0	0
4	Anderson, Elizabeth.	3	8	2	14	.429	1	0	0	0	2	0	5	0	0
5	Knight, Amy.....	3	2	0	5	.400	39	2	0	0	14	0	2	0	0
7	Stolsig, Linzi.....	3	12	1	26	.423	2	0	1	0	12	0	0	0	0
11	Woods, Cassandra....	2	5	1	10	.400	0	0	0	0	0	0	1	0	0
12	Armstrong, Shayla...	3	3	2	14	.071	1	0	1	1	11	0	3	0	0

1	Philliber, Karina....	2	4	4	11	.000	0	0	0	0	3	0	1	0	0	
3	Allen, Amanda.....	2	7	2	13	.385	0	0	0	0	0	0	2	0	0	
6	Sheller, Ashley.....	2	2	0	3	.667	0	0	0	0	0	0	0	0	0	
8	Ameale, Mikaela.....	1	0	1	1-1.000	1	0	0	0	0	0	0	0	0	0	
9	Kolb, Whitney.....	2	4	6	12	-.167	0	0	0	0	0	0	1	0	0	
10	Stapleton, Haley....	3	0	0	2	.000	0	0	1	1	16	0	0	0	0	
13	Keimig, Ashlie.....	1	0	1	1-1.000	1	0	0	0	1	0	1	0	0	0	
14	Jackson, Leilani....	1	0	0	0	.000	0	0	0	0	0	0	0	0	0	
15	Pickett, Natalie....	1	0	0	0	.000	0	0	0	0	0	0	0	0	0	
TEAM.....										1						
Totals.....			3	47	20	115	.235	45	5	4	4	71	0	16	0	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 8.0

Game	K	E	TA	Pct	
1	15	7	35	.229	Site: Newberg, Oregon (Miller Gym)
2	19	3	36	.444	Date: 10/29/05 Attend: 275 Time: 1:25
3	13	10	44	.068	Referees: Dan Railsback, Terry Stephens

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, October 28, 2005

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10/28 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 11-9 (Home: 5-5, Away: 3-3, Neutral: 3-1) /

NWC: 6-7 (Home: 3-4, Away: 3-3)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

HIGHLIGHTS:

- * Coming Up: Final Home Game Saturday vs. Pacific**
- * Recent Games: Bruins Go 2-0 on Road but Fall at Home**
- * Stolsig Named NWC Player of the Week for Oct. 17-23**
- * Bruins Close in on 20th Winning Season in Last 24 Years**
- * Career Lists: Stapleton Moves Toward Top 3 in Digs**
- * NCAA, NWC Stats: Bruins Still Atop NWC in Digs, Assists**

COMING UP:

- * Sat., Oct. 29, 7:00 pm - vs. Pacific University (8-14, 1-11), Newberg, Ore. (NWC)**

The final home game of the season comes this Saturday for the Bruins as they host the Pacific Boxers before closing the campaign next weekend at Linfield and Pacific Lutheran. The Boxers started the season like a house afire, going 8-3 in their first 11 games, but have dropped the last 11 in a row. One of those losses was a 3-2 setback to the Bruins in Forest Grove, Ore., on Sept. 29. The Bruins have won 18 of the last 19

meetings and lead the all-time series 35-12 (since 1988). ... Visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* [Oct. 21 - George Fox 3, at Willamette 1 \(24-30, 30-19, 30-17, 30-27\)](#)

* [Oct. 22 - Puget Sound 3, at George Fox 1 \(25-30, 30-22, 22-30, 20-30\)](#)

* [Oct. 25 - George Fox 3, at Lewis & Clark 1 \(30-27, 24-30, 30-27, 30-28\)](#)

COACH STEVE GRANT

Steve Grant (Biola '69) is 506-312 (.619) in his 24th season as a college head coach, all at George Fox. On Sept. 23, he became the 17th active coach at the D-III level and 54th active coach at all levels of the NCAA to win his 500th match when the Bruins defeated Willamette. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Stolsig Named NWC Player of the Week for Oct. 17-23**

Linzi Stolsig (OH, Sr., Lebanon, Ore.) was named Northwest Conference Player of the Week for Oct. 17-23 with two fine matches as the Bruins went 1-1. In a 3-1 win at Willamette on Friday, she posted 17 kills and a .271 hitting pct., with 4 assists, equaling her career high, a new personal record of 35 digs, and 2 block assists. In a 3-1 loss to Puget Sound on Saturday, she kept the Bruins in the match with 21 kills and a .378 hitting pct., with a service ace and 14 digs. For the week, in 8 games, she had 38 kills (4.75 kpg) and 8 errors in 93 attempts (.323), 49 digs (6.13 dpg), 4 assists an ace, and 2 block assists. A First Team All-NWC performer last year, it was the second NWC Player of the Week honor of her two-year George Fox career.

*** 2005 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

NWC Player of the Week - Linzi Stolsig (Oct. 17-23)

*** Bruins Close in on 20th Winning Season in Last 24 Years**

With three matches remaining and an 11-9 record, the Bruins need at least one more win to guarantee a winning season in 2005. If they can secure one victory in matches vs. Pacific at home, or on the road at Linfield or Pacific Lutheran, it would be the 20th winning season in the 24 years that Steve Grant has been the Bruins' head coach. The Bruins ran off a streak of 13 consecutive winning seasons from 1987-99. Prior to Grant taking over the program in 1982, the Bruins had achieving winning records only five confirmed times since 1950.

*** Career Lists: Stapleton Moves Toward Top 3 in Digs**

Haley Stapleton: With 370 digs this season, Stapleton has boosted her career total to 1,500, 4th on the GFU all-time list. Ahead are Nicole Bostic (1,549, 2000-03), Cindy Warner (1,556, 1988-91), and Sharon Barnett (1,641, 1996-99) ...

Amy Knight: With 850 assists this season, Knight has 1,264 in two years, 9th on the GFU all-time list. In 8th is Gina Coolen (1,797, 2003-04) ...

Elizabeth Anderson: With 76 blocks this season, Anderson has 171 blocks in two years, 7th in the GFU all-time list. In 6th is Mindi Cotner (182, 1999-2003) ...

*** NCAA, NWC Stats: Bruins Still Atop NWC in Digs, Assists**

In NCAA national stats thru games of Oct. 16, **George Fox** was 7th in digs (23.88), 18th in assists (13.70) ...

Amy Knight was 14th in assists (12.32) ...

In Northwest Conference stats thru games of Oct. 25, **George Fox** is 1st in digs (23.87), assists (13.46), 2nd in kills (14.47), 5th in blocks (1.96), opponent hitting pct. (.164), 6th in hitting pct. (.165), 9th in service aces (1.49) ...

Amy Knight is 1st in assists (11.97), 6th in digs (3.69), 7th in service aces (0.44) ...

Linzi Stolsig is 2nd in digs (5.39), 10th in kills (3.36) ...

Haley Stapleton is 3rd in digs (4.87) ...

Elizabeth Anderson is 4th in blocks (1.01) ...

Whitney Kolb is 4th in kills (3.97) ...

Cassandra Woods is 6th in bocks (0.82) ...

Visit the NCAA web site for the latest complete [NCAA Statistics](#).

Visit the Northwest Conference web site for the latest complete [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, October 21, 2005

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10/21 – GEORGE FOX 3, WILLAMETTE 1: Outside-Inside Balance Boost Bruins by Bearcats

SALEM, Ore. – Outside hitters Linzi Stolsig and Whitney Kolb combined for 29 kills while the George Fox University defense blocked 14 shots for winners, leading the visiting Bruins to a 3-1 win over the Willamette University Bearcats in Northwest Conference women's volleyball Friday night here in the Cone Fieldhouse.

The Bruins posted a 24-30, 30-19, 30-17, 30-27 decision in completing a season sweep of the Bearcats, improving to 10-8 overall and 5-6 in the conference. The Bearcats fell to 1-14 overall and 1-10 in the league.

Willamette started off strong in the match, winning the first seven points on serves by Jessica Drumm, with Jessica McGraw and Kelley Lindstrom each posting a pair of kills in that early spurt. George Fox came back within one at 16-15 before a Bruin error, a service ace by Kristin Kutara, and a pair of kills from Marci Bird put the Bearcats back ahead comfortably. Another two kills from McGraw gave the Bearcats game one.

The next two games went to George Fox in similar fashion, the Bruins opening up big leads – 10-4 in both games – as they cruised to easy wins. The Bruins' front line of Stolsig and Kolb on the outside and Cassandra Woods and Elizabeth Anderson in the middle dominated play throughout the two games.

In game four, the Bruins opened up a 13-9 lead on a Bearcat error and a kill by Woods. Time and again, as the Bearcats battled back, George Fox came up with big plays. Stolsig's kill made it 18-16, and Kolb's kill kept the Bruins ahead at 20-18. Still holding a 22-21 lead, the Bruins reeled off six straight points that included three Bearcat attack errors, a service ace by Amy Knight, and another kill by Woods. The Bearcats pulled within two at 29-27 on a kill by Mary Butler and two attack errors by the Bruins, but Stolsig iced the match when she pounded home her final kill.

Stolsig had an all-around game with 17 kills and 35 digs, while Kolb had 12 kills and Knight dished out 29 assists. On defense, Woods had 8 blocks and Anderson 6 among the Bruins' total of 14. Joining Stolsig with double-digit digs were Amanda Allen with 17, Knight and Haley Stapleton with 16, and Michol Roberts with 11 as the Bruins had 113 in the match.

McGraw's 22 kills led all hitters, but she was the only Bearcat in double figures. Jessica Drumm had 38 assists. Willamette had 121 digs on defense, led by Roni Schneider with 39, while McGraw added 30, Kutata 16, and Drumm 11. Butler was in on 5 of the Bearcats' 7 blocks.

Both teams are back on the court Saturday at 7:00 p.m., George Fox hosting the University of Puget Sound and Willamette welcoming Lewis & Clark College.

Volleyball Box Score															
George Fox University 2005 Volleyball															
George Fox vs Willamette (10/21/05 at Salem, Ore.)															
George Fox		ATTACK					SET	SERVE	SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE

1	Philliber, Karina...	1	0	1	1	.000	0	0	0	1	0	0	0	0	0
4	Anderson, Elizabeth.	4	5	4	30	.033	3	2	3	0	8	1	5	1	0
5	Knight, Amy.....	4	0	0	5	.000	29	4	1	0	16	0	3	2	0
7	Stolsig, Linzi.....	4	17	4	48	.271	4	0	0	1	35	0	2	0	0
11	Woods, Cassandra....	4	8	1	30	.233	1	0	0	0	0	3	5	0	0
12	Armstrong, Shayla...	1	3	2	15	.067	1	1	0	0	6	0	0	1	0
2	Roberts, Michol....	4	0	0	3	.000	0	0	0	3	11	0	0	0	0
3	Allen, Amanda.....	3	3	6	24	.125	2	2	0	2	17	0	4	0	0
9	Kolb, Whitney.....	4	12	5	44	.159	0	0	0	0	4	0	1	1	0
10	Stapleton, Haley....	4	0	0	7	.000	1	0	2	2	16	0	0	0	0

Totals.....		4	48	23	207	.121	41	9	6	9	113	4	20	5	0

TEAM ATTACK PER GAME															
Game	K	E	TA	Pct	TOTAL TEAM BLOCKS: 14.0										
1	12	6	59	.102	GAME SCORES										
2	11	7	50	.080	George Fox..... (3) 24 30 30 30 10-8, 5-6 NWC										
3	11	3	45	.178	Willamette..... (1) 30 19 17 27 1-14, 1-10 NWC										
4	14	7	53	.132											

7	Smith, Jordyn.....	4	5	6	25	-.040	2	2	1	0	6	0	2	0	0
12	Lindstrom, Kelley...	4	5	7	34	-.059	0	0	0	0	2	0	3	0	0
24	McGraw, Jessica.....	4	22	9	62	.210	2	1	0	1	30	0	3	0	0
32	Butler, Mary.....	4	9	2	32	.219	0	0	0	0	4	1	4	4	0
2	Houston, Angelica...	1	0	0	1	.000	0	1	0	2	1	0	0	0	0
3	Streng, Ashleigh....	1	0	0	0	.000	0	0	0	0	1	0	0	0	0
5	Schneider, Veronica.	4	0	3	8	-.375	4	0	1	1	39	0	0	0	0
6	Kutara, Kristin.....	4	0	0	5	.000	1	2	2	2	16	0	0	0	0
8	Bird, Marci.....	4	8	10	42	-.048	0	0	0	2	3	0	0	0	0
10	Durham, Jessica.....	2	0	2	3	-.667	0	0	0	0	4	0	0	0	0
Totals.....		4	50	39	224	.049	48	9	8	9	121	1	12	4	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	16	7	60	.150
2	8	12	58	-.069
3	10	11	52	-.019
4	16	9	54	.130

TOTAL TEAM BLOCKS: 7.0

Site: Salem, Ore. (Cone Field House)

Date: 10/21/05

Attend: 375

Time: 2:00

Referees:

GEORGE FOX UNIVERSITY

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10/20 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 9-8 (Home: 5-4, Away: 1-3, Neutral: 3-1) /

NWC: 4-6 (Home: 3-3, Away: 1-3)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

HIGHLIGHTS:

- * Coming Up: Trip to Willamette, Puget Sound at Home**
- * Recent Games: Bruins Go 0-2 on Swing thru Eastern Washington**
- * Anderson Honorable Mention for NWC Player of the Week**
- * Career Lists: Stapleton Closing In on Top 3 in Digs**
- * NCAA, NWC Stats: Bruins Stay Atop NWC in Kills, Digs, Assists**

COMING UP:

- * Fri., Oct. 21, 7:00 pm - at Willamette University (1-13, 1-9), Salem, Ore. (NWC)**
- * Sat., Oct. 22, 7:00 pm - vs. University of Puget Sound (11-4, 8-3), Newberg, Ore. (NWC)**

Hoping to bounce back from a winless weekend in eastern Washington, the Bruins visit NWC cellar-dweller Willamette Friday before playing their next-to-last home game Saturday against Puget Sound, which is tied for 2nd in the league ... Willamette's record is no reflection of the their abilities; the Bearcats play everyone tough and are 2nd in the NWC defensively to the Bruins, averaging 20.20 digs per game. Veronica Schneider

is the league leader and ranks 17th nationally in digs (6.43). Jessica McGraw leads the team in kills (3.60). The Bruins defeated the Bearcats 3-1 in Newberg on Sept. 23 ... The Puget Sound Loggers are coming off a loss to Pacific Lutheran Wednesday that dropped them into a 2nd-place tie with the Lutes. UPS edged the Bruins 3-2 in five very close games in Tacoma on Sept. 24. The Loggers are led offensively by Kayla Roof (3.98 kpg), while Jamie Eggers averages 3.33 kills and 4.40 digs per game ... Visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* Oct. 14 - at #20 Whitworth 3, George Fox 0 (20-30, 14-30, 16-30)

* Oct. 15 - at Whitman 3, George Fox 1 (28-30, 26-30, 30-24, 19-30)

COACH STEVE GRANT

Steve Grant (Biola '69) is 504-311 (.618) in his 24th season as a college head coach, all at George Fox. On Sept. 23, he became the 17th active coach at the D-III level and 54th active coach at all levels of the NCAA to win his 500th match when the Bruins defeated Willamette. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Anderson Honorable Mention for NWC Player of the Week**

Elizabeth Anderson (MB, So., Sherwood, Ore.) received honorable mention for Northwest Conference Player of the Week for Oct. 10-16 with her steady play during the Bruins' 0-2 trip to eastern Washington. In a 3-0 loss at #20 Whitworth on Friday, she had 3 kills and a .375 hitting pct., with 1 service ace and 3 block assists. In a 3-1 loss at Whitman on Saturday, she had 13 kills and a .235 hitting pct., with 2 digs and 3 block assists. For the week, in 7 games, she had 16 kills (2.29 kpg) and 5 errors in 42 attempts for a .262 hitting pct., with 1 ace, 2 digs, and 5 block assists. Anderson is 2nd in the NWC in blocks (1.05) and 4th in hitting pct. (.282)

*** 2005 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

*** Career Lists: Stapleton Closing In on Top 3 in Digs**

Haley Stapleton: With 315 digs this season, Stapleton has boosted her career total to 1,445, 4th on the GFU all-time list. Ahead are Nicole Bostic (1,549, 2000-03), Cindy Warner (1,556, 1988-91), and Sharon Barnett (1,641, 1996-99) ...

Amy Knight: With 728 assists this season, Knight has 1,142 in two years, 9th on the GFU all-time list. In 8th is Gina Coolen (1,797, 2003-04) ...

Elizabeth Anderson: With 66 blocks this season, Anderson has 161 blocks in two years, 7th on the GFU all-time list. In 6th is Mindi Cotner (182, 1999-2003) ...

*** NCAA, NWC Stats: Bruins Stay Atop NWC in Kills, Digs, Assists**

In NCAA national stats thru games of Oct. 16, **George Fox** was 7th in digs (23.88), 18th in assists (13.70) ...

Amy Knight was 14th in assists (12.32) ...

In Northwest Conference stats thru games of Oct. 16, **George Fox** is 1st in kills (14.67), digs (23.88), assists (14.67), 3rd in blocks (1.98), 6th in hitting pct. (.179), opponent hitting pct. (.176), 9th in service aces (1.41) ...

Amy Knight is 1st in assists (12.32), 6th in digs (3.76), 9th in service aces (0.41) ...

Elizabeth Anderson is 2nd in blocks (1.05), 4th in hitting pct. (.282) ...

Linzi Stolsig is 2nd in digs (5.27), 10th in kills (3.12) ...

Haley Stapleton is 3rd in digs (4.92) ...

Whitney Kolb is 3rd in kills (4.09) ...

Visit the NCAA web site for the latest complete [NCAA Statistics](#).

Visit the Northwest Conference web site for the latest complete [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, October 15, 2005

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10/15 – WHITMAN 3, GEORGE FOX 1: Missionaries Block Bruins' Path to Victory

WALLA WALLA, Wash. – Stifling the George Fox University offensive attack with 17 blocks and 90 digs, the Whitman College Missionaries stopped the visiting Bruins 3-1 in a Northwest Conference women's volleyball match Saturday night here in the Sherwood Center.

In completing a sweep of the season series from the Bruins, the Missionaries posted a 30-28, 30-26, 24-30, 30-19 victory, improving to 10-8 overall and 5-5 in the conference. The Bruins, with their third straight setback, fell to 9-8 overall and 4-6 in the league.

Game one was a tight affair that saw nine ties and neither team take more than a four-point lead. The Bruins held a 26-22 lead before the Missionaries went on a 6-2 run to tie it 28-28, then won it on a block by Leslie Compean and Kristen Marshall and a final kill by Compean.

George Fox led the first half of game two, taking its largest lead at 17-11 on a kill by Cassandra Woods, but Whitman battled back to forge a 20-20 tie on a putaway by Rosa Brey. Lydia Hayes broke a 24-24 tie with a kill that ignited a 6-2 Whitman burst to close out the game.

A kill by the Bruins' Linzi Stolsig broke an early 1-1 tie and the visitors never trailed again in game three. After building as much as a seven-point lead at 23-16 on another winner by Stolsig, the Bruins saw the Missionaries rally within one at 25-24, but scored the final five points on three Whitman attack errors, a kill by Whitney Kolb, and a block by Woods and Amy Knight.

Game four was all Missionaries, however, as the Bruins hit a minus-.064 for the game to .216 for the home team. Whitman scored the first four points of the game, took its first 10-point lead at 13-3, and the Bruins got no closer than five points the rest of the way. A block by Marshall and Emily Seider closed out the match.

Elizabeth Anderson led the Bruins with 13 kills, with Stolsig and Kolb chipping in 11 apiece. Knight handed out 46 assists. Defensively, Haley Stapleton recorded a match-high 25 digs while Stolsig had 19 and Knight 13. Woods was in on 7 of the Bruins' 9 blocks.

Hayes led all hitters with 18 kills for Whitman, with Compean adding 14 and Brey 10. Kate Borsato passed out 51 assists and had 20 digs, while Hayes added 18 digs, Kaelyn Merkel 15, and Brey and Kristen Brown 14 each. Marshall was in on 9 blocks, Brey on 7, Seider 6, and Compean 5.

George Fox returns to action Friday, visiting Willamette University for a 7:00 p.m. match. Whitman is also on the road Friday, visiting Pacific University at 7:00 p.m.

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Whitman (10/15/05 at Walla Walla, Wash.)

George Fox		GP	ATTACK				SET	SERVE		SRV	DEF	BLOCK				GEN
##	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
2	Roberts, Michel.....	4	0	0	0	.000	0	1	1	1	6	0	0	0	0	
4	Anderson, Elizabeth..	4	13	5	34	.235	0	0	0	0	2	0	2	0	0	
5	Knight, Amy.....	4	2	7	11	-.455	46	0	1	0	13	0	2	0	0	
7	Stolsig, Linzi.....	4	11	8	48	.062	3	1	0	2	19	0	3	0	0	
11	Woods, Cassandra....	4	5	5	32	.000	1	0	0	0	2	2	5	0	0	
12	Armstrong, Shayla...	4	4	0	11	.364	0	0	0	0	2	0	1	0	0	
1	Philliber, Karina...	2	0	0	1	.000	1	1	0	0	4	0	0	0	0	
3	Allen, Amanda.....	4	9	7	28	.071	0	1	0	1	8	0	0	0	0	
9	Kolb, Whitney.....	4	11	9	42	.048	0	0	0	0	5	0	1	0	0	
10	Stapleton, Haley....	4	0	0	1	.000	0	1	2	0	25	0	0	0	0	
Totals.....		4	55	41	208	.067	51	5	4	4	86	2	14	0	0	

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	14	8	52	.115
2	17	11	55	.109
3	14	9	54	.093
4	10	13	47	-.064

TOTAL TEAM BLOCKS: 9.0

GAME SCORES

George Fox.....	(1)	28	26	30	19	9-8, 4-6
Whitman.....	(3)	30	30	24	30	10-8, 5-5

Whitman		GP	ATTACK				SET	SERVE		SRV	DEF	BLOCK				GEN
##	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	

1	Irvine, Christina...	1	0	0	1	.000	0	0	0	0	0	0	1	0	0	
4	Hayes, Lydia.....	4	18	8	59	.169	0	1	2	3	18	0	1	0	0	
6	Marshall, Kristen...	4	9	1	22	.364	0	1	0	0	0	1	8	0	0	
7	Borsato, Kate.....	4	2	1	8	.125	51	0	1	0	20	0	3	0	0	
10	Brey, Rosa.....	4	10	8	36	.056	0	2	3	0	14	0	7	0	0	
13	Compean, Leslie.....	4	14	9	39	.128	0	0	0	1	8	1	4	0	0	
5	Merkel, Kaelyn.....	4	1	0	1	1.000	2	0	0	1	15	0	0	0	0	
11	Seider, Emily.....	3	8	3	20	.250	2	0	0	0	0	0	6	0	0	
14	Brown, Kristen.....	4	0	1	2	-.500	2	0	0	0	14	0	0	0	0	
15	Clark, Margaret.....	1	0	0	0	.000	0	0	0	0	1	0	0	0	0	
Totals.....			4	62	31	188	.165	57	4	6	5	90	2	30	0	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 17.0

Game	K	E	TA	Pct	
1	16	9	52	.135	Site: Walla Walla, Wash. (Sherwood Center)
2	17	5	53	.226	Date: 10/15/05 Attend: 250 Time: 2:00
3	14	10	46	.087	Referees: David Smith, Mike Stankovich
4	15	7	37	.216	

Totals..... 3| 50 14 101 .356| 48| 10 6| 2| 49| 1 10 1| 5

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	20	3	28	.607
2	18	4	36	.389
3	12	7	37	.135

TOTAL TEAM BLOCKS: 6.0

Site: Spokane, Wash. (Whitworth Fieldhouse)

Date: 10/14/05 Attend: 275 Time: 1:32

Referees: Bob Francis, Bob McCullough

Match delayed 15 minutes at 23-13 in game three.

Whitworth ranked #20 nationally.

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, October 13, 2005

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10/13 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 9-6 (Home: 5-4, Away: 1-1, Neutral: 3-1) /

NWC: 4-4 (Home: 3-3, Away: 1-1)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

HIGHLIGHTS:

- * Coming Up: Eastern Washington Swing to #20 Whitworth, Whitman**
- * Recent Games: Bruins Upend #8 Linfield, Fall to PLU at Home**
- * Stolsig Honorable Mention for NWC Player of the Week**
- * Grant's 500th Win Now vs. Willamette Due to Deletion of NWCC Game**
- * Career Lists: Anderson Climbs to 7th in All-Time Blocks**
- * NCAA, NWC Stats: Kolb Takes Over Top Spot in NWC in Kills**

COMING UP:

- * Fri., Oct. 14, 7:00 pm - at #20 Whitworth College (12-2, 8-0), Spokane, Wash. (NWC)**
- * Sat., Oct. 15, 7:00 pm - at Whitman College (8-8, 3-5), Walla Walla, Wash. (NWC)**

Having knocked off one nationally-ranked team last week with a 3-0 sweep of #8 Linfield, the Bruins hope to do similar damage on their eastern Washington trip this weekend. The first stop is against the #20 Whitworth Pirates Friday in Spokane, followed by the Whitman Missionaries Saturday in Walla Walla ... The

Pirates lead the NWC in hitting pct. (.241), due in large part to Natalie Danielson, who leads the league in hitting pct. (.368) and is 3rd in kills (4.14 kpg). The Bruins dropped a close five-game thriller to the Pirates in Newberg on Sept. 16, 30-16,16-30,30-26,29-31,8-15 ... The Bruins lost in three games, by a total of seven points, to Whitman at home on Sept. 17, 27-30,30-32,28-30. The Missionaries are the top blocking team in the NWC (2.27 bpg). Offensively, Lydia Hayes ranks 2nd in the NWC in kills (4.20 kpg) ... visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* Oct. 7 - at George Fox 3, #8 Linfield 0 (30-21,30-28,30-25)

* Oct. 8 - Pacific Lutheran 3, at George Fox 1 (28-30,28-30,30-23,27-30)

COACH STEVE GRANT

Steve Grant (Biola '69) is 504-309 (.620) in his 24th season as a college head coach, all at George Fox. On Sept. 23, he became the 17th active coach at the D-III level and 54th active coach at all levels of the NCAA to win his 500th match when the Bruins defeated Willamette. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Stolsig Honorable Mention for NWC Player of the Week**

Linzi Stolsig (OH, Sr., Lebanon, Ore.) received honorable mention for Northwest Conference Player of the Week for Oct. 3-9 after leading the Bruins to a 2-1 week, including an upset of #8 Linfield. In a 3-0 win over Cascade on Tuesday, she had 19 kills, a .455 attack pct., 17 digs, 1 assist, and 2 blocks. In the 3-0 win over Linfield on Friday, she posted 14 kills, an attack pct. Of .214, 18 digs, and 3 blocks. In a 3-1 loss to Pacific Lutheran on Saturday, she scored 12 kills, a .258 attack pct., a career-high 34 digs, and 1 service ace. For the week, in 10 games, she had 45 kills (4.5 kpg) and 13 errors in 106 attempts (.302), 69 digs (6.9 dpd),

1 assist, 1 ace, and 5 blocks (1 solo, 4 assists). Stolsig was a two-time NWC Player of the Week honoree last year and a First Team All-Conference selection.

*** 2005 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

*** Grant's 500th Win Now vs. Willamette Due to Deletion of NWCC Game**

For those keeping a close watch on the Bruins' record in 2005, sharp eyes might have detected a change in the team's record and results. That is because the season-opening 3-0 win over Northwest Christian on Sept. 3 has been deleted from the team's record (two other Northwest Conference teams also had to delete results against NWCC). This is the first year of volleyball for NWCC, a Eugene-based school that is a member of the National Christian College Athletic Association, and their official status this season is that of a club team rather than intercollegiate. As a result, games against the Beacons count against an NCAA Division III team's allotment of 24 playing dates, but cannot be included in records.

Because of this, Coach Steve Grant's 500th career coaching victory is officially against Willamette on Sept. 23, rather than vs. Warner Pacific on Sept. 20 as originally announced. Said Grant, "Who it is against isn't that important; I'm just glad I've been around long enough to have reached it!"

*** Career Lists: Anderson Climbs to 7th in All-Time Blocks**

Haley Stapleton: With 284 digs this season, Stapleton has boosted her career total to 1,414, 4th on the GFU all-time list. Ahead are Nicole Bostic (1,549, 2000-03), Cindy Warner (1,556, 1988-91), and Sharon Barnett (1,641, 1996-99) ...

Amy Knight: With 678 assists this season, Knight has 1,092 in two years, 9th on the GFU all-time list. In 8th is Gina Coolen (1,797, 2003-04) ...

Elizabeth Anderson: With 61 blocks this season, Anderson has 156 blocks in two years and has passed Jamie Suehiro (155, 1991-93) for 7th on the GFU all-time list. In 6th is Mindi Cotner (182, 1999-2003) ...

*** NCAA, NWC Stats: Kolb Takes Over Top Spot in NWC in Kills**

In NCAA national stats thru games of Oct. 2, **George Fox** was 3rd in digs (24.18), 21st in assists (13.26) ...

Amy Knight was 13th in assists (11.56) ...

In Northwest Conference stats thru games of Oct. 10, **George Fox** is 1st in kills (15.14), digs (24.79), assists (14.18), 3rd in blocks (1.98), 5th in hitting pct. (.195), 6th in opponent hitting pct. (.170), 9th in

service aces (1.46) ...

Whitney Kolb is 1st in kills (4.27) ...

Amy Knight is 1st in assists (12.54), 7th in service aces (0.44), digs (3.87) ...

Elizabeth Anderson is 1st in blocks (1.09), 3rd in hitting pct. (.285) ...

Linzi Stolsig is 2nd in digs (5.51), 10th in kills (3.19) ...

Haley Stapleton is 3rd in digs (4.98) ...

Visit the NCAA web site for the latest complete [NCAA Statistics](#).

Visit the Northwest Conference web site for the latest complete [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, October 7, 2005

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10/7 – GEORGE FOX 3, LINFIELD 0: Bruins Stun 8th-Ranked Wildcats with Three-Game Sweep

NEWBERG, Ore. – With four hitters posting double figures in kills and an 81-58 defensive edge in digs, the George Fox University Bruins stunned the 8th-ranked Linfield College Wildcats 3-0 in a Northwest Conference women's volleyball match Friday night here at the Wheeler Sports Center's Miller Gym.

The Bruins posted a 30-21, 30-28, 30-25 upset to improve to 9-5 overall and 4-3 in the conference. The Wildcats, whose only other loss was to league-leading and 23rd-ranked Whitworth College, fell to 13-2 overall and 5-2 in the NWC.

George Fox took control of game one early, breaking a 4-4 tie on a kill by Whitney Kolb and racing away to a 12-4 lead. The Wildcats climbed within four at 21-17 on a kill by Lisa Brocard, but Amanda Allen had four kills in a 9-4 Bruin run that finished it.

Linfield sought to even the match in game two as the Wildcats broke a 12-12 tie on a kill by Kelsey French and went on to take a commanding 26-20 lead. Two kills and a block by Elizabeth Anderson, however, keyed a 7-1 Bruin rally that knotted the game 27-27. Linfield regained the lead momentarily on a spike by Brocard, but a kill by Kolb, who had eight in the game, a block by Linzi Stolsig and Allen, and a putaway by Stolsig gave the Bruins the comeback win.

George Fox appeared ready to finish off the visitors as Allen sandwiched a pair of kills around two by Stolsig and an Amy Knight service ace for a comfortable 18-10 lead in game three, but the Wildcats rebounded when the Bruin offense went sour. Helped by eight George Fox attack errors, the Wildcats mounted a 15-7 run that tied it 25-25. Allen, who had eight kills in the game, then brought the Bruins out of their slump with five kills in a row that secured the win.

Kolb had 18 kills to lead all hitters, along with a match-high .412 attack percentage. Stolsig and Allen added 14 kills each, and Anderson had 10. The Bruins posted 60 kills to 42 for the Wildcats and out-hit them .222 to .151. Knight, ranked 13th nationally in assists, had 52 in this one. Michol Roberts led defensive effort for the Bruins, who are 3rd nationally in digs, with 23. Stolsig had 18, and Shayla Armstrong and Haley Stapleton had 14 each. Anderson and Allen were in on 4 of the Bruins' 8 blocks.

Brocard with 13 kills and Lauren Krieger with 10 topped the Wildcats, while Chelsey Gellatly had 37 assists. Gellatly and Kelly Rilee made 14 digs and Lindsay Harksen had 13, and Molly Taylor contributed on 6 of the Wildcats' 8 blocks.

The contest also featured a match-up of coaches with 500-plus wins, George Fox's Steve Grant now with 504 and Linfield's Shane Kimura with 520. Said Grant, "I told our team before the match that this was one time when we had to have everyone play up to their potential if we were going to win, and you know, I think just about everyone did. I thought we'd have a chance if we could get it to a fifth game, but I never expected something like this."

The Bruins will need a similar effort Saturday as they host one of the pre-season co-favorites in the league, Pacific Lutheran University, in a 7:00 p.m. match. The Wildcats return home to entertain the University of Puget Sound Saturday, also at 7:00 p.m.

Volleyball Box Score George Fox University 2005 Volleyball Linfield vs George Fox (10/07/05 at Newberg, Ore.)

Linfield ## Name	GP	ATTACK				PCT	SET A	SERVE		SRV RE	DEF DIG	BLOCK			GEN BHE
		K	E	TA				SA	SE			BS	BA	BE	
3 French, Kelsey.....	3	5	1	38	.105	0	0	0	0	1	4	0	1	0	0
4 Harksen, Lindsay....	3	9	4	32	.156	0	1	1	0	0	13	0	3	1	0
6 Krieger, Lauren.....	3	10	6	29	.138	1	0	1	0	0	1	0	1	0	0
8 Taylor, Molly.....	3	4	3	13	.077	0	0	0	0	0	3	3	3	1	0
10 Wyatt, Michelle.....	3	0	0	4	.000	0	1	1	1	1	5	0	0	0	0
11 Gellatly, Chelsey...	3	1	0	6	.167	37	0	0	0	0	14	0	1	0	0
2 Rilee, Kelly.....	3	0	0	3	.000	2	0	2	1	14	0	0	0	0	0
9 Brocard, Lisa.....	3	13	5	26	.308	0	0	0	0	0	1	0	1	0	0
12 Fisher, Staci.....	3	0	0	1	.000	0	1	0	0	0	3	0	0	0	0
TEAM.....										1					
Totals.....	3	42	19	152	.151	40	3	5	4	58	3	10	2	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	11	7	40	.100
2	17	8	58	.155
3	14	4	54	.185

GAME SCORES

Linfield.....	(0)	21	28	25	13-2, NWC 5-2
George Fox.....	(3)	30	30	30	9-5, NWC 4-3

TOTAL TEAM BLOCKS: 8.0

TEAM RECORDS

George Fox		ATTACK					SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
2	Roberts, Michol.....	3	1	0	2	.500	0	0	1	0	23	0	0	0	0
3	Allen, Amanda.....	3	14	5	30	.300	0	0	0	0	1	1	3	1	0
4	Anderson, Elizabeth.	3	10	5	26	.192	0	0	0	0	1	0	4	0	0
5	Knight, Amy.....	3	0	2	4	-.500	52	1	0	0	7	0	3	0	0
7	Stolsig, Linzi.....	3	14	5	42	.214	0	0	1	0	18	0	3	0	0
12	Armstrong, Shayla...	3	3	4	17	-.059	4	2	0	0	14	0	0	0	0
9	Kolb, Whitney.....	3	18	4	34	.412	0	0	0	0	3	0	1	0	0
10	Stapleton, Haley....	3	0	0	3	.000	0	1	0	3	14	0	0	0	0
Totals.....		3	60	25	158	.222	56	4	2	3	81	1	14	1	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	20	9	46	.239
2	18	7	49	.224
3	22	9	63	.206

TOTAL TEAM BLOCKS: 8.0

Site: Newberg, Ore. (Wheeler Sports Ctr.)
 Date: 10/07/05 Attend: 350 Time: 1:45
 Referees: Mary Jacobson, Saff Evans
 Linfield ranked #8 nationally

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, October 6, 2005

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10/6 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 9-5 (Home: 4-3, Away: 2-1, Neutral: 3-1) /

NWC: 3-3 (Home: 2-2, Away: 1-1)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#) / [Press Releases](#) / [Box Scores](#)

HIGHLIGHTS:

- * **Coming Up: #8 Linfield, NWC Co-Favorite Pacific Lutheran in Town**
- * **Recent Games: Bruins Complete Non-Conference Part of Schedule**
- * **Knight, Anderson Honorable Mention for NWC Player of the Week**
- * **Kolb Threatens Kills Record in Epic Match vs. Colorado College**
- * **Career Lists: Stapleton in Digs, Anderson in Blocks Move Up**
- * **NCAA, NWC Stats: Bruins 3rd Nationally in Digs, Knight 13th in Assists**

COMING UP:

- * **Fri., Oct. 7, 7:00 pm - vs. #8 Linfield College (13-1, 5-1), Newberg, Ore. (NWC)**
- * **Sat., Oct. 8, 7:00 pm - vs. Pacific Lutheran University (7-6, 4-2), Newberg, Ore. (NWC)**

The Bruins face perhaps their toughest weekend of the season with #8-ranked Linfield in town Friday and pre-season Northwest Conference co-favorite Pacific Lutheran on Saturday. Linfield's Wildcats won their first 10 matches before their only setback, to league-leading and #23 Whitworth. All-American Lindsay Harsen

paces the Wildcats with 3.66 kills per game and a .294 hitting percentage. PLU's Lutes got off to a 3-5 start but won four straight conference matches before a tough five-set loss to Whitworth in their last outing. Stephanie Turner leads the Lutes in kills (3.92) but has missed half the season with injuries. Visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* Sept. 29 - George Fox 3, at Pacific 2 (30-28, 28-30, 30-27, 29-31, 15-12)

* Sept. 30 - Colorado College 3, at George Fox 2 (30-25, 22-30, 30-32, 30-27, 12-15)

* Oct. 4 - at George Fox 3, Cascade 0 (30-18, 30-22, 30-23)

COACH STEVE GRANT

Steve Grant (Biola '69) is 504-308 (.621) in his 24th season as a college head coach, all at George Fox. On Sept. 20, he became the 17th active coach at the D-III level and 54th active coach at all levels of the NCAA to win his 500th match when the Bruins defeated Warner Pacific. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Knight, Anderson Honorable Mention for NWC Player of the Week**

Amy Knight (S, So., Yakima, Wash.) received honorable mention for Northwest Conference Player of the Week for Sept. 26-Oct. 2. In a 3-0 win over Lewis & Clark on Tuesday, she had 40 assists and 19 digs with 2 kills, 1 service ace, and 3 block assists. In a 3-2 win at Pacific on Thursday, she had 45 assists and 19 digs, with 2 kills, an ace, and 3 block assists. In a 3-2 loss to Colorado College on Friday, she had a career-high 65 assists and 18 digs, with 3 kills, 4 aces, and 2 block assists. For the week, she had 150 assists (11.54 apg), 56 digs (4.31 dpd), 7 kills and a .107 attack pct., 6 aces, and 8 block assists.

Elizabeth Anderson (MB, So., Sherwood, Ore.) was honorable mention for NWC Player of the Week for Sept. 19-25. In a 3-0 win over Warner Pacific on Sept. 20, she had 15 kills in 27 attempts and a .519 attack

pct., with 4 digs, 3 aces, and 4 block assists. In a 3-1 win over Willamette on Sept. 23, she had 12 kills and a .385 pct., with 3 digs, 2 assists, an ace, and 5 blocks (1 solo, 4 assists). In a 3-2 loss at Puget Sound on Sept. 24, she had 6 kills, 1 dig, 1 ace, and 4 blocks (1 solo, 3 assists). For the week, she had 33 kills in 84 attempts and a .286 hitting pct., 8 digs, 2 assists, 5 aces, and 13 blocks (2 solo, 11 assists, 1.09 bpg).

*** 2005 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

*** Kolb Threatens Kills Record in Epic Match vs. Colorado College**

Two of the finest hitting nights in George Fox history were on display on Sept. 30 as the Bruins lost a closely-contested 3-2 match to perennial power Colorado College. **Whitney Kolb** challenged the Bruins' single-game record for kills when she put away 28 in the match, falling just four short of the best-ever mark of 32. GFU Hall of Famer Joanna Lofgren established the record vs. Albertson in five games on Oct. 28, 1994, then tied it in just four games vs. Pacific on Oct. 25, 1995. Sharon Barnett also tied the mark in five games on Nov. 14, 1998, vs. Western Oregon. Lofgren also holds the record for kills in a three-game match with 25 vs. Pacific Lutheran on Oct. 28, 1995.

Kolb's terrific night was overshadowed, however, by Colorado College All-American Sarah Morrill, who set a school record, and probably a record for a GFU opponent, with 39 kills. The Tigers needed every one of them, too, as they edged the Bruins 25-30, 30-22, 32-30, 27-30, 15-12.

*** Career Lists: Stapleton in Digs, Anderson in Blocks Move Up**

Haley Stapleton: With 273 digs this season, Stapleton has boosted her career total to 1,403 and moved past Mindi Cotner (1,383, 1999-2002) into 4th on the GFU all-time list. Ahead are Nicole Bostic (1,549, 2000-03), Cindy Warner (1,556, 1988-91), and Sharon Barnett (1,641, 1996-99) ...

Amy Knight: With 595 assists this season, Knight went over the 1,000 mark and has 1,009 in two years, 9th on the GFU all-time list. In 8th is Gina Coolen (1,797, 2003-04) ...

Elizabeth Anderson: With 59 blocks this season, Anderson has 154 blocks and has passed Christy Fowler (133, 1992-93) for 8th on the GFU all-time list. In 7th is Jamie Suehiro (155, 1991-93) ...

*** NCAA, NWC Stats: Bruins 3rd Nationally in Digs, Knight 13th in Assists**

In NCAA national stats thru games of Oct. 2, **George Fox** is 3rd in digs (24.18) and 21st in assists (13.26)

...

Amy Knight is 13th in assists (11.56) ...

In Northwest Conference stats thru games of Oct. 4, **George Fox** is 1st in digs (24.19), assists (13.62), 2nd in kills, (14.55), blocks (2.09), 4th in hitting pct. (.197), opponent hitting pct. (.161), 9th in service aces (1.53) ...

Amy Knight is 1st in assists (12.12), 6th in service aces (0.45), 8th in digs (3.78) ...

Elizabeth Anderson is 1st in blocks (1.13), 2nd in hitting pct. (.299) ...

Linzi Stolsig is 2nd in digs (5.17) ...

Haley Stapleton is 3rd in digs (5.15) ...

Whitney Kolb is 4th in kills (4.04) ...

Visit the Northwest Conference web site for the latest [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Tuesday, October 4, 2005

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10/4 – GEORGE FOX 3, CASCADE 0: Bruins Bounce Thunderbirds in Final Non-Conference Match

NEWBERG, Ore. – Completing the non-conference portion of their schedule in fine fashion, the George Fox University Bruins scored a 3-0 victory over the Cascade College Thunderbirds in women's volleyball action Tuesday evening here at the Wheeler Sports Center's Miller Gym.

Meeting the T-Birds for only the second time ever on the volleyball court (their previous meeting was nine years ago to the day), the Bruins posted a 30-18, 30-22, 30-23 win to finish with a 6-2 record outside the Northwest Conference while improving to 9-5 overall. Cascade fell to 2-10 with its fifth straight setback.

George Fox took early control in each of the first two games. In the opener, they jumped ahead 11-4 on four consecutive winning serves by Shayla Armstrong and hit an even .500 in the game, with 20 kills in 36 attempts. In game two, the Bruins took a 14-4 lead on a kill by Elizabeth Anderson and the Thunderbirds got no closer than six the rest of the way.

Game three was the closest of the match, neither team taking more than a three-point lead until late in the contest. The Bruins finally broke a 20-20 tie with five unanswered points, Linzi Stolsig contributing a kill and two blocks in that run, and closed out the match with a Natalie Pickett kill.

Stolsig led George Fox with match highs of 19 kills and 17 digs as she and Haley Stapleton were the only Bruins to play in all three games. Mikaela Ameele had 16 digs in two games and Stapleton had 12. Ameele passed out 25 assists and Amy Knight had 20, all in the first game. The Bruins hit .286 as a team compared to .066 for the Thunderbirds.

Jennifer Bracerros had 14 kills to pace the visitors, while Tiffany Hornbeck had 30 assists and 11 digs. Danielle Selvidge contributed seven blocks, six of them solo.

Both teams return to matches in their respective conferences Friday, George Fox hosting Linfield College at 7:00 p.m. in NWC action and Cascade entertaining Southern Oregon University at 7:00 p.m. in a Cascade Collegiate Conference contest.

Volleyball Box Score George Fox University 2005 Volleyball Cascade vs George Fox (10/04/05 at Newberg, Ore.)

##	Name	GP	ATTACK				SET	SERVE			SRV/DEF		BLOCK			GEN
			K	E	TA	PCT		A	SA	SE	RE	DIG	BS	BA	BE	
3	Tiffany Hornbeck....	3	0	0	3	.000	30	1	1	0	11	0	0	0	0	0
4	Kelsey Killen.....	3	6	6	28	.000	0	1	3	2	8	0	1	0	0	0
6	Jennifer Bracerros...	3	14	9	42	.119	1	0	0	1	9	0	0	0	0	0
7	Valerie Dalton.....	3	0	2	4	-.500	1	0	0	0	3	0	1	0	0	0
12	Danielle Selvidge...	3	8	2	32	.188	0	0	0	0	8	6	1	0	0	0
13	Lisa Berger-Freeman..	3	5	5	23	.000	1	0	0	0	6	0	1	0	0	0
2	Alicia Wade.....	2	0	0	3	.000	0	1	0	0	8	0	0	0	0	0
5	Mariah Callistini...	1	0	0	0	.000	0	0	0	0	0	0	0	0	0	0
11	Tauna Pile.....	1	0	0	1	.000	0	0	0	0	0	0	0	0	0	0
TEAM.....											1					
Totals.....			3	33	24	136	.066	33	3	4	4	53	6	4	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	13	8	40	.125
2	9	7	37	.054
3	11	9	59	.034

TOTAL TEAM BLOCKS: 8.0

GAME SCORES

Cascade.....	(0)	18	22	23	2-10
George Fox.....	(3)	30	30	30	9-5

##	Name	GP	ATTACK				SET	SERVE			SRV/DEF		BLOCK			GEN
			K	E	TA	PCT		A	SA	SE	RE	DIG	BS	BA	BE	
2	Roberts, Michol.....	1	0	0	0	.000	0	0	0	0	3	0	0	0	0	0
3	Allen, Amanda.....	2	3	0	5	.600	0	0	0	0	0	0	1	0	0	0
4	Anderson, Elizabeth..	2	8	3	16	.312	0	1	1	0	0	0	1	1	0	0
5	Knight, Amy.....	1	0	0	1	.000	20	0	0	0	1	0	0	0	0	0
7	Stolsig, Linzi.....	3	19	4	33	.455	1	0	1	1	17	1	1	0	0	0
12	Armstrong, Shayla...	2	5	0	12	.417	2	1	0	0	6	0	1	0	0	0
6	Sheller, Ashley.....	2	5	5	18	.000	0	0	0	0	2	0	0	0	0	0
8	Ameele, Mikaela.....	2	1	0	2	.500	25	1	0	0	16	0	0	0	0	0
9	Kolb, Whitney.....	1	6	0	10	.600	0	0	0	0	1	0	0	0	0	0
10	Stapleton, Haley.....	3	0	0	1	.000	2	1	0	1	12	0	0	0	0	0
11	Woods, Cassandra....	2	6	3	18	.167	0	0	0	0	3	1	0	0	0	0
13	Keinig, Ashlie.....	2	1	2	9	-.111	1	0	0	1	5	0	0	0	0	0
14	Jackson, Leilani....	2	0	0	0	.000	0	0	0	0	4	0	0	0	0	0
15	Pickett, Natalie....	1	2	1	8	.125	0	0	0	0	3	0	0	0	0	0

Totals..... 3| 56 18 133 .286| 51| 4 2| 3| 73| 3 4 0| 0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 5.0

Game K E TA Pct

1	20	2	36	.500	Site: Newberg, Ore. (Wheeler Sports Ctr)
2	19	9	45	.222	Date: 10/04/05 Attend: 175 Time: 1:45
3	17	7	52	.192	Referees: Mark Sykes, Deb Weldon

SPORTS RELEASE: VOLLEYBALL – Friday, September 30, 2005

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9/30 – COLORADO COLLEGE 3, GEORGE FOX 2: Record Night for Morrill Lifts Tigers over Bruins

NEWBERG, Ore. – A record-setting performance by Sarah Morrill of Colorado College offset a near-record night by Whitney Kolb of George Fox University as the visiting Tigers squeezed out a hard-fought 3-2 win over the home-standing Bruins in a non-conference volleyball thriller Friday evening here at the Wheeler Sports Center's Miller Gym.

Morrill hammered home 39 kills in leading the Tigers to a 25-30, 30-22, 32-30, 27-30, 15-12 victory, establishing a new Colorado College record for kills in a match and moving within eight of becoming the 5th Tiger to reach 1,000 for a career. That effort overshadowed 28 kills by the Bruins' Kolb, who came up just four kills short of the George Fox record.

In the opening game, George Fox jumped out to a 4-0 lead and never looked back, stretching the lead to as much as 10 at 17-7. Colorado College got within four at 29-25 before an Amanda Allen kill ended it. Morrill had five kills in the game and Kolb four, but the two offensive stars were just getting warmed up.

The Tigers took a 3-0 lead to start game two and led the entire way, building as much as an 8-point lead at 21-13 on a kill by Heidi Schultdt. The Bruins closed within three at 23-20 on a put-away by Linzi Stolsig, but Morrill had three of her 11 kills in the game in a final 7-2 Tiger run that closed things out.

Kolb erupted for 10 kills in game three as the Bruins led for a majority of the contest. Down 29-27, the Tigers fought back with a pair of combination blocks by Tania Morosan and Hanna Elmen-Gruys, and took a 30-29 lead on an ace by Anna Clithero. A service error enabled the Bruins to tie it before a block by Morosan and Morrill's 7th kill of the game ended it.

The Bruins fell behind 7-3 early in the fourth game but again rallied behind Kolb, who had eight kills in 10 attempts in the contest as the home team forged ahead 17-15. The game remained tight the rest of the way as Morrill put down 12 kills, but a pair of spikes by Kolb broke a 27-27 tie, and an attack error by Clithero sent the match to a deciding fifth game.

The Tigers took control of game five quickly with a 7-2 start. The Bruins closed the gap to 8-7 on a block by Kolb and Elizabeth Anderson before the Tigers reasserted themselves, moving ahead 12-8. A block by Stolsig and Allen pulled the Bruins back within two at 13-11, but Colorado College hung on with Morrill, appropriately enough, ending the duel with her 39th kill.

Kolb, who hit .411 in the match, was aided in the offensive department by 13 kills by Stolsig and 11 by Allen, with Amy Knight passing out a career-high 65 assists. Haley Stapleton tied her career high with 32 digs, Stolsig added 22, Knight had 18, and Karina Philliber and Shayla Armstrong chipped in with 14 and 12 respectively. Anderson was in on seven of the Bruins' nine blocks.

In addition to Morrill's big night, Clithero had 25 kills and a .404 hitting percentage, with Meryn Grant dishing out 37 assists and Schuldts 18. Clithero had 29 digs, Elaine Sherson 27, Morrill 19, and Schuldts 13. Morosan participated in seven of the Tigers' 10 blocks and Elmen-Gruys was in five.

George Fox (8-5) plays again Tuesday, hosting Cascade College in another non-conference clash at 7:00 p.m. Colorado College (13-2) looks to extend its six-game winning streak Saturday at 5:00 p.m. against Pacific University in Forest Grove, Ore.

Volleyball Box Score
Colorado College vs George Fox (09/30/05 at Newberg, Oregon)

Colorado College			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
2	Meryn Grant.....	5	1	0	3	.333	37	3	2	0	9	0	0	0	0
6	Tania Morosan.....	5	8	5	29	.103	1	0	2	0	6	1	6	0	0
8	Anna Clithero.....	5	25	4	52	.404	1	1	1	0	29	0	2	0	0
10	Sarah Morrill.....	5	39	10	98	.296	1	0	0	0	19	0	0	0	0
12	Terra Wishon.....	5	1	3	5	-.400	1	0	0	0	2	1	2	1	0
15	Hanna Elmen-Grays..	5	1	1	15	.000	6	0	0	0	2	0	5	0	0
4	Heldi Schudt.....	5	3	1	6	.333	18	0	1	0	13	0	0	0	0
7	Elaine Sherson.....	5	0	0	4	.000	2	0	1	4	27	0	0	0	0
11	Alina Ford.....	2	0	0	0	.000	0	0	0	0	0	0	0	0	0
16	Jessica Cline.....	5	4	5	27	-.037	9	0	0	0	6	0	1	0	0
Totals.....		5	82	29	239	.222	76	4	7	4	113	2	16	1	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	16	9	53	.132
2	21	6	53	.283
3	18	4	47	.298
4	19	7	64	.188
5	8	3	22	.227

TOTAL TEAM BLOCKS: 10.0

GAME SCORES		1	2	3	4	5	TEAM RECORDS
Colorado College....	(3)	25	30	32	27	15	13-2
George Fox.....	(2)	30	22	30	30	12	9-5

George Fox		GP	ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
1	Philliber, Karina...	5	0	0	3	.000	0	0	0	0	14	0	0	0	0
3	Allen, Amanda.....	5	11	7	31	.129	4	0	0	0	7	0	3	0	0
4	Anderson, Elizabeth.	5	9	2	26	.269	1	0	1	0	6	2	5	0	0
5	Knight, Amy.....	5	3	2	14	.071	65	4	2	0	18	0	2	0	0
7	Stolsig, Linzi.....	5	13	5	60	.133	2	0	0	0	22	0	2	0	0
11	Woods, Cassandra....	4	8	10	38	-.053	0	0	0	0	1	0	1	0	0
9	Kolb, Whitney.....	5	28	5	56	.411	0	0	0	0	5	0	1	0	0
10	Stapleton, Haley....	5	0	1	2	-.500	1	0	0	2	32	0	0	0	0
12	Armstrong, Shayla...	5	5	3	17	.118	1	0	0	1	12	0	0	0	0
15	Pickett, Natalie....	1	1	1	5	.000	0	0	0	0	0	0	0	0	0
TEAM.....										1					
Totals.....		5	78	36	252	.167	74	4	3	4	117	2	14	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	20	6	60	.233
2	11	7	51	.078
3	21	11	52	.192
4	18	5	63	.206
5	8	7	26	.038

TOTAL TEAM BLOCKS: 9.0

Site: Newberg, Oregon (Miller Gym)
Date: 09/30/05 Attend: 325 Time: 2:35
Referees: Amy Harrison, Susan Dubickas

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, September 29, 2005

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9/29 – GEORGE FOX 3, PACIFIC 2: Bruins Outlast Boxers in Two-and-a-Half Hour Marathon Match

FOREST GROVE, Ore. – In a five-set marathon that lasted two-and-a-half hours, the George Fox University Bruins outlasted the Pacific University Boxers 3-2 in a Northwest Conference women's volleyball match Thursday night here at the Pacific Athletic Center.

Errors at the service line proved to be the Boxers' undoing as the visiting Bruins endured 30-28, 28-30, 30-27, 29-31, 15-12. Pacific committed 19 service errors in falling to 8-6 overall and 1-4 in the conference, while George Fox had only five serving errors in raising its record to 8-4 overall and 3-3 in the league.

George Fox used six service errors by Pacific in the first game to steal away with the victory. Ahead 28-27, the Boxers committed two errors in a row before Linzi Stolsig sealed the deal for the Bruins, her third kill of the game giving the Bruins the win.

The Boxers held off a late George Fox surge to eke out the win in the second game. Pacific led by as much as eight points in the early stages, but George Fox was helped along by five Pacific attack errors and a kill by Elizabeth Anderson that cut the Boxer lead to 28-27. Sarah Monda then hit her fifth kill of the game to make the score 29-27 Pacific, and the Boxers went on to take the game.

The Bruins took a 2-1 advantage as they led the entire way in game three. Once again, errors hampered the Boxers as they committed 12 attack errors while George Fox only committed five. The Boxers pulled within a point at 28-27 on an Anela Iseke kill, but a kill by Stolsig and a Boxer attack error gave George Fox the win.

The fourth game needed extra points to be decided. With Pacific working the match to a tie at 29-29, Monda and Melissa Dunn each came up with Boxer kills to finish off the Bruins and tie the match at two games each.

The fifth game saw the Boxers jump out to an early 3-2 lead, but the Bruins had other plans, gaining the lead 4-3 on an Anderson kill and never looking back. Holding a 13-12 lead, Stolsig and Amanda Allen recorded one kill each to put the final touches on the Bruin victory.

The Bruins' offensive attack was led by Allen, who recorded a team-high 15 kills, with Anderson adding 12, Stolsig 11, and Cassandra Woods 10. Amy Knight had 45 assists. Defensively, Stolsig made 28 digs, Knight and Haley Stapleton had 19 each, and Allen posted 13. Woods and Anderson had 4 blocks apiece.

Dunn pounded out a game-high 26 kills in 84 attempts for the Boxers, tying a school record for kills and setting a new record for attempts with 84. Dunn tied and broke the records previously held by Rachel Larson, who recorded 65 attacks in 2003 against Whitworth, and had 26 kills in the same year against Puget Sound. Jill Peacock added 15 kills, Lisa Twigg had 36 assists and 18 digs, and Anela Iseke recorded 28 digs and 29 assists.

George Fox hosts Colorado College, which is off to a 12-2 start, in a non-conference match Friday at 7:00 p.m. Pacific visits Willamette University in Salem, Ore., Friday, also at 7:00 p.m., for another NWC encounter.

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Pacific (Ore.) (09/29/05 at Forest Grove, Ore.)

George Fox		ATTACK					SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHR
2	Roberts, Michol.....	3	1	0	1	1.000	0	1	0	3	3	0	0	0	0
3	Allen, Amanda.....	5	15	3	48	.250	1	0	0	0	13	0	2	0	0
4	Anderson, Elizabeth.	5	12	5	36	.194	0	0	1	0	3	2	2	0	0
5	Knight, Amy.....	5	2	0	4	.500	45	1	0	0	19	0	3	0	0
7	Stolsig, Linzi.....	5	11	6	55	.091	2	0	0	2	28	1	1	0	0
12	Armstrong, Shayla...	4	0	2	10	-.200	0	0	0	2	8	0	0	0	0
1	Philliber, Karina...	4	3	6	27	-.111	0	0	1	1	7	0	0	0	0
9	Kolb, Whitney.....	2	4	6	22	-.091	0	0	0	0	4	0	0	0	0
10	Stapleton, Haley....	5	0	0	5	.000	0	3	3	4	19	0	0	0	0
11	Woods, Cassandra....	4	10	1	24	.375	2	0	0	0	2	0	4	0	0
Totals.....		5	58	29	232	.125	50	5	5	12	106	3	12	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	11	6	46	.109
2	12	8	50	.080
3	12	5	48	.146
4	13	8	52	.096
5	10	2	36	.222

TOTAL TEAM BLOCKS: 9.0

GAME SCORES		1	2	3	4	5	TEAM RECORDS	
George Fox.....	(3)	30	28	30	29	15	8-4, NWC	3-3
Pacific (Ore.).....	(2)	28	30	27	31	12	8-6, 1-4	NWC

Pacific (Ore.)		ATTACK				SET	SERVE			SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
2	Gordon, Hannah.....	4	0	0	4	.000	2	2	4	1	17	0	0	0	0
8	Twiggy, Lisa.....	5	3	1	19	.105	36	0	3	0	18	0	0	0	1
14	Furutani, Jamie.....	5	0	0	0	.000	0	2	0	0	18	0	0	0	0
15	Iseke, Anela.....	5	3	2	16	.062	29	2	3	0	28	0	1	0	0
16	Van Domelen, Megan..	5	12	6	32	.188	0	2	3	0	6	0	2	0	0
22	Dunn, Melissa.....	5	26	11	84	.179	1	4	6	1	17	0	2	0	0
3	Braun, Sarah.....	1	0	0	0	.000	1	0	0	0	0	0	0	0	0
6	Witheridge, Nettie..	5	2	0	3	.667	1	0	0	3	23	0	0	0	0
7	Drake, Erica.....	3	0	0	0	.000	0	0	0	0	1	0	0	0	0
10	Peacock, Jill.....	5	15	10	45	.111	0	0	0	0	3	0	1	0	0
11	Monda, Sarah.....	5	12	5	27	.259	0	0	0	0	0	0	4	0	0
20	Werges, Caitlyn.....	5	5	1	17	.235	1	0	0	0	5	0	2	0	0
Totals.....		5	78	36	247	.170	71	12	19	5	136	0	12	0	1

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 6.0

Game	K	E	TA	Pct			
1	15	6	53	.170	Site: Forest Grove, Ore. (Pacific Ath. Center)		
2	20	10	55	.182	Date: 09/29/05 Attend: 175 Time: 2:30		
3	16	12	54	.074	Referees: Deb Weldon, Susan Dubickas		
4	18	6	54	.222			
5	9	2	31	.226			

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL –Tuesday, September 27, 2005

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9/27 – GEORGE FOX 3, LEWIS & CLARK 0: Defense Digs Out a Win for Bruins over Pioneers

NEWBERG, Ore. – An outstanding defensive effort in which they averaged almost 30 digs a game and held a 25-dig margin in the match led the George Fox University Bruins to a 3-0 sweep of the Lewis & Clark College Pioneers in Northwest Conference women's volleyball Tuesday night here at the Wheeler Sports Center's Miller Gym.

The Bruins were in control for the majority of the 30-20, 30-23, 30-22 win, never trailing in the first two games and falling behind by only two points twice early in the final game.

A balanced attack that produced a .349 hitting percentage and defensive play that included 9 digs by Linzi Stolsig enabled the Bruins to jump out to an 11-point 18-7 lead midway through game one, and the Pios got no closer than six points the rest of the way. Amanda Allen had 5 kills while Stolsig, Shayla Armstrong, and Whitney Kolb had 4 kills each.

The Bruins made 32 digs, 10 of them by Haley Stapleton, and Elizabeth Anderson had 5 kills to lead the way offensively in game two. The Pios battled back from an early 7-2 deficit to close within a pair at 19-17, but Michol Roberts served five straight winning points to put the home team back in control.

George Fox did not take the lead for good in game three until a kill by Armstrong broke an 8-8 tie, and the Bruins led by as many as 10 points four times before the end. Armstrong had 5 kills in the game, while Amy Knight had 8 digs to lead the Bruins' 31-dig effort.

In hitting .253 for the match, the Bruins spread the wealth around as Anderson, Stolsig, and Armstrong all had 11 kills. Knight passed out 40 assists, and Armstrong had 10 assists as well, just missing a triple-double when she finished with 9 digs. Stolsig and Stapleton totaled 20 digs apiece, Knight had 19, and Roberts dug 12. The Bruins out-dug the Pioneers 86-61 and had 23 more kills, 58-35.

The Pioneers had no one in double figures in kills, Nicki Smith topping the visitors with 8. Tamara Moores had 31 assists, while Denielle Espejo led the way defensively with 19 digs and Jessica Morales added 10.

George Fox (7-4, NWC 2-3) visits Pacific University in Forest Grove in NWC play and Lewis & Clark (5-7, NWC 1-4) hosts Colorado College in a non-conference contest Thursday, both matches at 7:00 p.m.

Volleyball Box Score George Fox University 2005 Volleyball Lewis & Clark vs George Fox (09/27/05 at Newberg, Oregon)

Lewis & Clark ## Name	GP	ATTACK				SET A	SERVE			SRV RE	DEF DIG	BLOCK			GEN BHE
		K	E	TA	PCT		SA	SE	SE			BS	BA	BE	
1 Moores, Tamara.....	3	1	1	6	.000	31	2	0	0	0	5	0	0	0	0
5 Dilling, Audrey.....	3	5	3	19	.105	0	0	0	0	0	1	0	1	1	0
6 Smith, Lara.....	3	2	5	31	-.097	0	0	0	0	0	4	0	1	0	0
7 Morales, Jessica.....	3	1	0	7	.143	2	1	0	1	1	10	0	1	1	0
11 Neussl, Kelsey.....	2	3	6	21	-.143	0	1	2	0	0	1	0	0	1	0
13 Clark, Kelsey.....	2	6	1	13	.385	0	0	0	0	0	1	0	0	0	0
3 Collins, Leah.....	3	0	0	0	.000	0	1	0	1	1	8	0	0	0	0
4 Espejo, Denielle.....	3	0	0	1	.000	0	0	1	1	1	19	0	0	0	0
9 Johnson, Danielle....	1	0	2	5	-.400	0	0	1	0	0	1	0	1	0	0
10 Chase, Andrea.....	2	1	1	15	.000	0	0	0	0	0	3	0	0	0	0
12 Lessner, Lauren.....	3	1	1	8	.000	0	0	0	1	1	8	0	0	0	0
14 Kettler, Sara.....	2	7	1	12	.500	0	0	0	0	0	0	1	2	0	0
15 Smith, Nicki.....	3	8	2	17	.353	0	0	1	0	0	0	0	0	0	0
Totals.....	3	35	23	155	.077	33	5	5	4	61	1	6	3	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	11	9	47	.043
2	12	7	57	.088
3	12	7	51	.098

TOTAL TEAM BLOCKS: 4.0

GAME SCORES				TEAM RECORDS			
Lewis & Clark.....	(0)	20	23	22	5-7	NWC	1-4
George Fox.....	(3)	30	30	30	7-4	NWC	2-3

George Fox ## Name	GP	ATTACK				SET A	SERVE			SRV RE	DEF DIG	BLOCK			GEN BHE
		K	E	TA	PCT		SA	SE	SE			BS	BA	BE	
2 Roberts, Michol.....	3	0	0	0	.000	0	2	0	1	12	0	0	0	0	0
3 Allen, Amanda.....	2	8	3	21	.238	0	0	0	0	0	0	0	1	0	0
4 Anderson, Elizabeth.	3	11	2	18	.500	0	0	0	0	4	1	2	0	0	0
5 Knight, Amy.....	3	2	2	10	.000	40	1	2	0	19	0	3	0	0	0
7 Stolsig, Linzi.....	3	11	3	34	.235	1	0	0	1	20	0	0	0	0	0
12 Armstrong, Shayla...	3	11	3	24	.333	10	0	1	1	9	0	0	0	0	0

1	Philliber, Karina...	1	3	2	14	.071	0	0	0	0	1	0	0	0	0
9	Kolb, Whitney.....	2	8	4	19	.211	0	0	0	0	1	0	0	0	0
10	Stapleton, Haley....	3	0	0	3	.000	3	1	0	0	20	0	0	0	0
11	Woods, Cassandra....	1	4	1	7	.429	0	0	0	0	0	0	0	0	0
	TEAM.....									2					

	Totals.....	3	58	20	150	.253	54	4	3	5	86	1	6	0	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 4.0

Game K E TA Pct

1	20	5	43	.349	Site: Newberg, Oregon (Miller Gym)
2	18	7	49	.224	Date: 09/27/05 Attend: 200 Time: 1:40
3	20	8	58	.207	Referees: Denny Palunuk, Margaret Bates

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, September 24, 2005

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9/24 – PUGET SOUND 3, GEORGE FOX 2: Loggers Rally From Match Point Twice to Frustrate Bruins

TACOMA, Wash. – Serving twice for the match, once in game four and once in game five, the George Fox University Bruins could not close the deal as the University of Puget Sound Loggers frustrated the Bruins escaping with a 3-2 win in Northwest Conference women's volleyball Saturday night here at Memorial Fieldhouse.

Puget Sound rallied from a 0-2 deficit to take three straight games from the visiting Bruins by scores of 25-30, 18-30, 30-17, 32-30, 17-15. The Bruins fell to 6-4 overall and 1-3 in the NWC, while the Loggers moved to 6-2 overall and 3-1 in the conference.

The Bruins dominated games one and two behind the hitting of Whitney Kolb and Shayla Armstrong, who had 8 and 7 kills respectively. The Loggers struggled at the service line, committing 9 service errors.

Puget Sound found new life in game three, forging small early leads before jumping ahead 20-13 behind 5 kills by Kayla Roof. The Bruins struggled offensively in game three, hitting just .087.

Game four was tied six times in the early stages, the last at 9-9, before George Fox opened up a five-point lead at 28-23 on a kill by Linzi Stolsig. The Loggers reeled off five unanswered points, however, knotting the game 28-28. A kill by Kolb gave the Bruins a chance to end it, but Nikki Esposito's put-away and a block by Monica Groves gave the Loggers a one-point lead. Armstrong's kill tied it at 30-30 before kills by Groves and Jamie Eggers forced a decisive fifth game.

George Fox broke a 6-6 tie on a service ace by Haley Stapleton and the Bruins moved ahead 12-8, only to see another five-point rally give the Loggers a 13-12 lead. Kills by Stolsig and an ace by Elizabeth Anderson gave the Bruins a 14-13 lead and a second chance at match point, but a service error kept the Loggers alive. After a 15-15 tie, Puget Sound finished off the comeback with kills by Alena Bennett and Eggers.

Leading all hitters was Kolb with 22 kills and a .391 attack percentage for the Bruins, while Stolsig and Amanda Allen had 16 and 10 kills respectively. Amy Knight had a match-high 57 assists. The Bruins played outstanding defense throughout the match, collecting 99 digs, led by Stolsig's 24 and Knight's 23.

Eggers collected 20 kills and Groves and Roof added 16 each in the Logger cause, while Jessica McPhee-Hayes had 54 assists. Eggers with 16 digs and Rachel Gross with 15 were the top defenders for the Loggers. Bennett had 2 solo blocks and 8 block assists as Puget Sound made 16 blocks in all.

George Fox returns to action Tuesday, hosting Lewis & Clark College at 7:00 p.m. Puget Sound welcomes Whitworth College Friday at 7:00 p.m.

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Puget Sound (09/24/05 at Tacoma, Wash.)

George Fox			ATTACK				SET	SERVE	SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
3	Allen, Amanda.....	5	10	5	26	.192	0	0	0	1	1	1	2	0	0
4	Anderson, Elizabeth.	5	6	6	31	.000	0	1	2	0	1	1	3	0	0
5	Knight, Amy.....	5	2	2	9	.000	57	2	0	0	23	0	0	1	0
7	Stolsig, Linzi.....	5	16	7	48	.188	0	1	1	2	24	0	1	0	0
9	Kolb, Whitney.....	5	22	4	46	.391	0	0	0	0	3	0	0	0	0
12	Armstrong, Shayla...	5	9	3	31	.194	5	0	2	4	16	0	4	0	0
2	Roberts, Michol....	5	0	0	0	.000	0	2	1	3	13	0	0	0	0
10	Stapleton, Haley....	5	0	0	4	.000	0	1	0	1	18	0	0	0	0
11	Woods, Cassandra....	2	4	3	8	.125	1	0	0	0	0	0	0	0	0
Totals.....		5	69	30	203	.192	63	7	6	11	99	2	10	1	0

TEAM ATTACK PER GAME				
Game	K	E	TA	Pct
1	13	6	44	.159
2	15	2	30	.433
3	13	9	46	.087
4	19	8	60	.183
5	9	5	23	.174

TOTAL TEAM BLOCKS: 7.0

GAME SCORES		1	2	3	4	5	TEAM RECORDS	
George Fox.....	(2)	30	30	17	30	15	6-4,	1-3 NWC
Puget Sound.....	(3)	25	18	30	32	17	6-2,	3-1 NWC

Puget Sound			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
3	Eggers, Jamie.....	5	20	7	58	.224	0	4	2	0	16	0	1	0	0
6	Bennett, Alena.....	5	9	2	33	.212	0	1	1	0	4	2	8	0	0
7	Esposito, Nikki.....	4	8	2	17	.353	5	2	3	3	11	0	1	0	0

12 Groves, Monica.....	5	16	1	30	.500	1	0	0	0	1	2	3	2	1
14 Roof, Kayla.....	5	16	6	51	.196	0	1	2	2	9	1	4	0	0
16 McPhee-Hayes, Jessic	5	2	0	12	.167	54	1	1	0	14	0	3	0	0
1 Hunsinger, Molly....	2	0	1	4	-.250	0	1	1	0	6	0	0	0	0
2 Fred, James.....	2	0	0	1	.000	4	0	0	0	0	0	0	0	0
5 Hargett, Angela.....	1	1	0	2	.500	0	0	0	0	1	0	0	0	0
9 Kerns, Alexis.....	2	0	2	2-1.000	0	1	3	0	7	0	0	0	0	0
10 Davis, Jen.....	2	1	1	6	.000	0	0	0	0	0	0	2	1	0
17 Gross, Rachel.....	5	0	1	4	-.250	0	0	0	2	15	0	0	0	0
Totals.....	5	73	23	220	.227	64	11	13	7	84	5	22	3	1

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 16.0

Game	K	E	TA	Pct
1	16	7	50	.180
2	11	7	40	.100
3	14	2	46	.261
4	22	6	64	.250
5	10	1	20	.450

Site: Tacoma, Wash. (Memorial Fieldhouse)
 Date: 09/24/05 Attend: 125 Time: 2:25
 Referees:

George Fox		ATTACK				SET	SERVE			SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
3	Allen, Amanda.....	4	15	4	41	.268	1	0	0	0	6	0	1	1	0
4	Anderson, Elizabeth.	4	12	2	26	.385	2	1	0	1	3	1	4	0	0
5	Knight, Amy.....	4	1	2	9	-.111	57	0	1	0	8	0	2	1	0
7	Stolsig, Linzi.....	4	18	5	49	.265	1	1	1	1	21	0	0	0	0
9	Kolb, Whitney.....	4	11	12	38	-.026	0	0	0	0	3	0	0	0	0
12	Armstrong, Shayla...	4	6	4	21	.095	3	1	0	2	18	0	3	0	0
2	Roberts, Michol.....	4	1	1	2	.000	0	0	1	1	11	0	0	0	0
6	Sheller, Ashley.....	3	5	1	12	.333	0	0	0	0	1	0	0	1	0
10	Stapleton, Haley....	4	0	0	5	.000	1	0	0	1	21	0	0	0	0
Totals.....		4	69	31	203	.187	65	3	3	6	92	1	10	3	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	19	13	61	.098
2	16	5	37	.297
3	15	7	59	.136
4	19	6	46	.283

TOTAL TEAM BLOCKS: 6.0

Site: Newberg, Ore. (Miller Gymnasium)
 Date: 09/23/05 Attend: 375 Time: 2:05
 Referees: Amy Harrison, Jim Rom

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, September 22, 2005

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9/22 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 5-3 (Home: 1-2, Away: 1-0, Neutral: 3-1) /

NWC: 0-2 (Home: 0-2, Away: 0-0)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#)

HIGHLIGHTS:

- * **Coming Up: First Confernece Road Game Between Two at Home**
- * **Recent Games: Bruins Go 1-2 in First Three Home Matches**
- * **Knight Honorable Mention for NWC Player of the Week**
- * **Grant Notches 500th Coaching Win vs. Warner Pacific**
- * **Career Lists: Anderson Moves into 9th in All-Time Blocks**
- * **NCAA, NWC Stats: Bruins 4th Nationally in Digs, Knight 24th in Assists**

COMING UP:

- * **Fri., Sept. 23, 7:00 pm - vs. Willamette University (0-6, 0-2), Newberg, Ore. (NWC)**
- * **Sat., Sept. 24, 7:00 pm - at University of Puget Sound (5-2, 2-1), Tacoma, Wash. (NWC)**
- * **Tue., Sept. 27, 7:00 pm - vs. Lewis & Clark College (4-5, 0-2), Newberg, Ore. (NWC)**

Three Northwest Conference matches in the space of five days await the Bruins as they try to get back into the race after two narrow defeats last weekend.

The Willamette Bearcats have struggled in the early going but are one of the best defensive teams in the NWC, ranking 5th nationally in digs (23.86). The Bearcats' Veronica Schneider leads the league and is 4th

nationally in digs (7.91).

The Puget Sound Loggers aim to be contenders again after a disappointing 2004 season in which they finished 5th. The Loggers lead the league in kills (14.38) and aces (2.67), with Kayla Roof their prime offensive weapon (4.25 kpg).

The Lewis & Clark Pioneers are much improved with a bigger, stronger lineup. Sarah Kettler (.324) and Audrey Dilling (.322) are two of the most effective hitters in the NWC, ranking 3rd and 4th in hitting pct. Visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* Sept. 16 - Whitworth 3, at George Fox 2 (30-16, 16-30, 30-26, 29-31, 8-15)

* Sept. 17 - Whitman 3, at George Fox 0 (27-30, 30-32, 28-30)

* Sept. 20 - at George Fox 3, Warner Pacific 0 (30-19, 30-24, 30-21)

COACH STEVE GRANT

Steve Grant (Biola '69) is 500-306 (.620) in his 24th season as a college head coach, all at George Fox. He ranked 17th among active coaches at the D-III level with 495 wins entering the season. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Knight Honorable Mention for NWC Player of the Week**

Amy Knight (S, So., Yakima, Wash.), as the Bruins' most consistent player during an 0-2 week, received honorable mention for Northwest Conference Player of the Week for Sept. 12-18. In a 3-2 loss to Whitworth on Friday, she had 50 assists and 13 digs, with a kill, an ace, and 3 block assists. In a 3-0 loss to Whitman on Saturday, she had 36 assists and 12 digs, with 3 kills and 2 aces. For the week, in 8 game, she had 86 assists (10.75), 25 digs (3.15), 4 kills and 4 errors in 15 attempts (.000), 3 service aces, and 3 block assists. She is 24th nationally in assists per game (11.65).

*** 2004 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

*** Grant Notches 500th Coaching Win vs. Warner Pacific**

Veteran coach **Steve Grant** joined an elite group of coaches Tuesday night in Newberg as his Bruins knocked off the Warner Pacific Knights 3-0. The Bruins' 30-19, 30-24, 30-21 win over the Knights put Grant's record at 500-306 in his 24th season of college coaching, all at George Fox, making him the 17th active NCAA Division III coach in the 500 club and the 54th at all three levels of the NCAA. Grant's teams have posted 19 winning records in his 23 previous seasons. Among the many honors he has received during his career are the NAIA District 2 Coach of the Year in 1984 and 1990, the NCCAA National Coach of the Year in 1984 and 1987, and the Northwest Conference Coach of the Year in 1998. His '84 and '87 teams won the NCAA national title, and his '98 team made the NAIA playoffs for their first and only time.

*** Career Lists: Anderson Moves into 9th in All-Time Blocks**

--- **Haley Stapleton:** With 151 digs in the Bruins' first eight matches, Stapleton has boosted her career total to 1,281, 6th on the all-time list. In 5th is Michelle Nelsen (1,298, 1992-95) ...

--- **Amy Knight:** With 311 assists this season, Knight has 725 in her career, 10th on the all-time list. In 9th is Tristan Nicholas (791, 1998-99) ...

--- **Elizabeth Anderson:** With 34 blocks this season, Anderson has 129 for her career and passed Lynette Domench (128, 1999-2001) and Charysse Chowning (128, 1997-98) Tuesday night to move into 9th all-time. Christy Fowler (133, 1992-93) is 8th ...

*** NCAA, NWC Stats: Bruins 4th Nationally in Digs, Knight 24th in Assists**

In **NCAA stats** thru Sept. 18, **George Fox** is 4th nationally in digs (25.36) ...

--- **Amy Knight** is 24th nationally in assists (11.65) ...

Visit the NCAA volleyball web site for the latest [NCAA Statistics](#).

In **NWC stats** thru Sept. 21, **George Fox** is 1st in digs (25.32), assists (13.04), 2nd in blocks (2.54), 4th in

hitting pct. (.202), kills (13.68), 6th in service aces (1.93) ...

--- **Amy Knight** is 1st in assists (11.96), 5th in aces (0.54), 9th in digs (3.73) ...

--- **Elizabeth Anderson** 1st in hitting pct. (.351), 2nd in blocks (1.21) ...

--- **Cassandra Woods** is 3rd in blocks (1.10) ...

--- **Haley Stapleton** is 2nd in digs (5.39) ...

--- **Whitney Kolb** is 3rd in kills (3.96) ...

--- **Linzi Stolsig** is 3rd in digs (5.07) ...

--- **Amanda Allen** is 8th in blocks (0.77) ...

--- **Shayla Armstrong** is 10th in digs (3.57) ...

Visit the Northwest Conference web site for the latest [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Tuesday, September 20, 2005

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9/20 – GEORGE FOX 3, WARNER PACIFIC 0: Grant Gains 500th Coaching Victory as Bruins Batter Knights

NEWBERG, Ore. – Joining an elite group of coaches in the 500-win circle, George Fox University volleyball coach Steve Grant notched his 500th Tuesday evening here at the Wheeler Sports Center's Miller Gym as the host Bruins knocked off the Warner Pacific College Knights 3-0 in a non-conference women's volleyball match.

The Bruins' 30-19, 30-24, 30-21 win over the Knights puts Grant's record at 500-306 in his 24th season of college coaching, all at George Fox. He is the 17th active NCAA Division III coach in the 500 club and the 54th at all three levels of the NCAA.

The Bruins trailed only twice all evening, at 2-3 in game one and 0-1 in game two, but the Knights refused to go quietly. In the opener, Michol Roberts served eight straight winning points as the Bruins took an 11-3 lead, eventually stretching it to as many as 11 on six different occasions, including the final score.

In game two, George Fox took a 10-point lead at 19-9 before Warner rallied to within five at 21-16. Three attack errors and a bad serve ended the Knights' momentum, however, and Elizabeth Anderson finished off the visitors with a kill for the final point.

Game three was the tightest as the Knights battled back from an 11-5 deficit to within one at 18-17. The Bruins then asserted themselves with a 12-4 run to close the game, Anderson putting three away in that span and Amy Knight blocking a Warner attack for the final point of the match.

Anderson turned in a brilliant performance for the Bruins, making 15 kills and only one error in 27 attempts for a .519 attack percentage, while serving 3 aces and making 4 blocks. Whitney Kolb added 12 kills and Knight had 43 assists. On defense, Linzi Stolsig led the way with 19 digs, Haley Stapleton added 16, Knight 13, and Roberts 11. Shayla Armstrong led all blockers with 5.

Erin Kinney led all hitters with 19 kills for the Knights and Katey Carpenter put away 15. Kaylee Stone passed out 31 assists. Amy Rispler made 19 digs, Stone and Carpenter 15 each, Naomi Head 12, and Kinney 11.

Both teams play again Friday night at 7:00 p.m. George Fox (5-3) returns to Northwest Conference play, hosting Willamette University, while Warner Pacific (1-9) will try to snap a nine-game losing streak when it hosts Evergreen State College.

Volleyball Box Score George Fox University 2005 Volleyball Warner Pacific vs George Fox (09/20/05 at Newberg, Oregon)

Warner Pacific			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
1	Kaylee Stone.....	3	0	1	14	-.071	31	1	0	0	15	0	0	0	0
4	Katey Carpenter....	3	15	8	33	.212	0	1	0	0	15	0	0	0	0
7	Erin Kinney.....	3	19	8	50	.220	0	0	1	1	11	0	0	0	0
9	Amy Rispler.....	3	2	4	22	-.091	4	0	1	4	19	0	0	0	0
10	Laura Wheeler.....	3	0	1	5	-.200	0	0	0	0	0	1	0	0	0
13	Ann-Erika Whitmarsh	3	5	7	30	-.067	0	2	0	0	6	1	0	0	0
5	Naomi Head.....	3	0	2	6	-.333	1	0	0	0	12	0	0	0	0
TEAM.....											1				
Totals.....		3	41	31	160	.062	36	4	2	6	78	2	0	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	14	10	60	.067
2	18	11	52	.135
3	9	10	48	-.021

GAME SCORES

Warner Pacific.....	(0)	19	24	21	1-9
George Fox.....	(3)	30	30	30	5-3

TOTAL TEAM BLOCKS: 2.0

TEAM RECORDS

Warner Pacific.....	(0)	19	24	21	1-9
George Fox.....	(3)	30	30	30	5-3

George Fox			ATTACK				SET	SERVE	SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
3	Allen, Amanda.....	3	7	2	21	.238	0	0	0	0	2	0	3	0	0
4	Anderson, Elizabeth.	3	15	1	27	.519	0	3	0	0	4	0	4	0	0
5	Knight, Amy.....	3	0	1	8	-.125	43	0	1	0	13	1	0	0	0
7	Stolsig, Linzi.....	3	6	1	24	.208	0	0	0	2	19	0	0	0	0
9	Kolb, Whitney.....	3	12	5	35	.200	0	0	0	0	3	0	1	0	0
12	Armstrong, Shayla...	3	5	3	25	.080	2	1	1	0	7	0	5	0	0
1	Philliber, Karina...	1	3	1	8	.250	0	0	0	0	0	0	1	0	0
2	Roberts, Michol....	3	1	0	4	.250	1	2	0	1	11	0	0	0	0
10	Stapleton, Maley....	3	0	0	4	.000	1	0	0	1	16	0	0	0	0
15	Pickett, Natalie....	1	0	1	1	1.000	0	0	0	0	0	0	0	0	0
Totals.....			3	49	15	157	.217	47	6	2	4	75	1	14	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	17	3	54	.259
2	16	2	56	.250
3	16	10	47	.128

TOTAL TEAM BLOCKS: 8.0

Site: Newberg, Oregon (Miller Gym)

Date: 09/20/05 Attend: 150 Time: 1:30

Referees: Denny Palanuk, Terry Stephens

500th win for GFW coach Steve Grant

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, September 17, 2005

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9/17 – WHITMAN 3, GEORGE FOX 0: Missionaries Down Bruins in Battle of 'Milestone Coaches'

NEWBERG, Ore. – George Fox University volleyball coach Steve Grant was going for his 500th win. Whitman College coach Dean Snider was going for his 200th. Something had to give.

In a battle of teams with milestone-seeking coaches, it was the visiting Whitman Missionaries who gave their coach his 200th, prevailing in three extremely-close games 30-27, 32-30, 30-28 over the George Fox Bruins in Saturday night's Northwest Conference match here at the Wheeler Sports Center's Miller Gym.

After the Bruins took a 12-7 lead in game one on a kill by Cassandra Woods, the Missionaries reeled off eight unanswered points, keyed by three service aces by Kristen Brown, for a 15-13 lead. George Fox bounced back to take a 26-24 lead, but Whitman ended the game with a 6-1 run, Rosa Brey recording two kills and teaming with Leslie Compean for a game-ending block.

Game two was the tightest of the match. Led by Linzi Stolsig and Whitney Kolb with 8 kills each in the game, George Fox took an 18-14 lead before the Missionaries came back. The game was tied at every number between 18 and 30 – 13 ties with neither team taking more than a one-point lead – until a kill by Brey and combination block by Brey and Lydia Hayes broke a 30-30 deadlock.

George Fox led for two-thirds of game three and was up 28-24 before Whitman scored the last six points. Three Bruin attack errors, a kill by Hayes, and two aces by Brey fueled the final drive.

Stolsig and Kolb led all hitters with 15 kills apiece for the Bruins, and Amy Knight passed out 36 assists. Stolsig had a match-high 16 digs on defense and Knight added 12. Elizabeth Anderson made 5 blocks.

Compean with 14 kills, Brey with 12, and Hayes with 10 paced the Missionaries, with Kate Borsato handing out 37 assists. Kaelyn Merkel made 15 digs, Brey 12, and Hayes, Borsato, and Compean had 10 each. Brey was in on 7 blocks and Compean on 6.

George Fox (4-3, NWC 0-2) hosts Warner Pacific College Tuesday at 7:00 p.m. in a non-conference game. Whitman (7-3, NWC 2-0) entertains Pacific University Friday at 7:00 p.m. in NWC action.

Volleyball Box Score George Fox University 2005 Volleyball Whitman vs George Fox (09/17/05 at Newberg, Oregon)

Whitman			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
4	Hayes, Lydia.....	3	10	6	43	.093	0	1	0	1	10	0	1	0	0
6	Marshall, Kristen...	1	2	2	5	.000	1	0	0	0	2	0	0	0	0
7	Borsato, Kate.....	3	2	0	2	1.000	37	1	0	0	10	0	1	0	0
10	Brey, Rosa.....	3	12	6	30	.200	0	2	2	1	12	1	7	0	0
11	Seider, Emily.....	3	4	6	18	-.111	1	0	0	0	0	0	0	0	0
13	Compean, Leslie.....	3	14	1	26	.500	0	1	0	1	10	0	6	0	0
1	Irvine, Christina...	3	2	3	12	-.083	1	0	0	0	3	1	0	0	0
5	Merkel, Kaelyn.....	3	0	0	3	.000	2	0	0	1	15	0	0	0	0
14	Brown, Kristen.....	3	0	0	2	.000	0	3	1	0	6	0	0	0	0
15	Clark, Margaret.....	2	0	1	2	-.500	0	0	0	0	1	0	1	0	0
Totals.....		3	46	25	143	.147	42	8	3	4	69	2	16	0	0

TEAM ATTACK PER GAME					TOTAL TEAM BLOCKS: 10.0				
Game	K	E	TA	Pct	1	2	3	TEAM RECORDS	
1	15	7	37	.216	Whitman..... (3) 30 32 30 7-3, 2-0				
2	15	7	59	.136	George Fox..... (0) 27 30 28 4-3, 0-2				
3	16	11	47	.106					

George Fox		GP	ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
4	Anderson, Elizabeth.	3	6	2	12	.333	2	1	0	3	4	4	1	0	0
5	Knight, Amy.....	3	3	1	8	.250	36	2	1	0	12	0	0	0	0
7	Stolsig, Linzi.....	3	15	3	40	.300	1	0	2	1	16	0	0	0	0
9	Kolb, Whitney.....	3	15	11	48	.083	0	0	0	1	1	0	1	0	0
11	Woods, Cassandra....	2	3	3	9	.000	0	0	0	0	0	0	0	0	0
12	Armstrong, Shayla...	3	2	1	12	.083	0	0	0	1	9	0	0	0	0
2	Roberts, Michol....	3	0	0	1	.000	1	1	2	0	7	0	0	0	0
3	Allen, Amanda.....	2	2	5	12	-.250	1	0	0	1	6	0	0	0	0
10	Stapleton, Maley....	3	0	0	4	.000	1	0	0	1	9	0	0	0	0
13	Keimig, Ashlie.....	1	1	0	1	1.000	0	0	0	0	0	0	0	0	0
15	Pickett, Natalia....	2	1	2	15	-.067	0	0	0	0	0	0	0	2	0
Totals.....		3	48	28	162	.123	42	4	5	8	64	4	2	2	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 5.0

Game	K	E	TA	Pct
1	15	9	40	.150
2	21	12	74	.122
3	12	7	48	.104

Site: Newberg, Oregon (Miller Gym)

Date: 09/17/05

Attend: 325

Time: 1:45

Referees: Mark Sykes, Linda McKinney

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, September 16, 2005

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9/16 – WHITWORTH 3, GEORGE FOX 2: Pirates Outlast Upset-Minded Bruins in Conference Opener

NEWBERG, Ore. – In a match in which most of the hitters struggled with consistency, Whitworth College's Natalie Danielson proved to be a constant thorn in the side of the George Fox University Bruins, slamming 26 kills to lead the Pirates to a 3-2 win in the Northwest Conference volleyball opener for both teams Friday night here at the Wheeler Sports Center's Miller Gym.

Whitworth, a pre-season co-favorite along with Pacific Lutheran University to win the conference, had to battle back from a game down twice before prevailing over an upset-minded George Fox bunch 16-30, 30-16, 26-30, 31-29, 15-8. The Bruins fell to 4-2 overall while the Pirates improved to 5-2.

Game one was tight through the first half before the Bruins broke away from a slim 11-10 edge with a 10-3 run, sparked by three kills by Whitney Kolb. After the Pirates closed with four at 17-13, the Bruins raced away with a 13-3 run to end the game, hitting .262 while holding Whitworth to an .021 percentage.

Game two was virtually a mirror image of the first one, only Whitworth held the upper hand this time, hitting .303 to a minus-.029 for George Fox. Brittney Bower had four kills in the game and served seven straight winning points at one stretch to boost the Pirates from an 11-7 lead to an insurmountable 18-7 margin.

George Fox took a 19-9 lead in game three on a kill by Kolb, but Danielson responded with six kills over the remainder of the game as the Pirates climbed to within two at 28-26. Kills by Kolb and Amanda Allen secured the win for the Bruins, however.

Neither team held more than a four-point advantage in game four, and there were nine ties. The Bruins, hoping to pull off a stunner, were up 28-26 and serving, but Danielson responded with three kills to bring the Pirates back for the two-point match-tying win.

The Pirates finally asserted themselves in game five, breaking a 5-5 tie with a 10-3 run to close out the match. The Bruins contributed six attack errors in that closing span and hit minus-.033 for the game to .316 for the Pirates.

Danielson hit .345 for the match while the Pirates were hitting only .170 as a team, with 67 kills but 34 errors. The Bruins had 57 kills, led by Kolb with 17, but committed 37 errors on offense.

Whitworth setter Rebekah Horner turned in a triple-double, tallying 10 kills, 50 assists, and 18 digs, and was also in on 6 blocks. Whitney Murphy and Holly Coleman had 19 digs each, Taryn Smith dug 17, and Bower had 10.

Kolb was the only Bruin in double digits in kills, but Elizabeth Anderson, Linzi Stolsig, and Amanda Allen had 9 each. Amy Knight passed out 50 assists and made 13 digs. Haley Stapleton led all defenders with 23 digs, Stolsig made 18, and Michol Roberts dug 10. Anderson helped out with 6 blocks.

George Fox hosts Whitman College Saturday at 6:00 p.m. while Whitworth visits Lewis & Clark College Saturday at 2:00 p.m. in conference matchups.

Volleyball Box Score George Fox University 2005 Volleyball Whitworth vs George Fox (09/16/05 at Newberg, Oregon)

Whitworth		GP	ATTACK				SET A	SERVE		SRV/DEF		BLOCK			GEN
#	Name		K	E	TA	PCT		SA	SE	RE	DIG	BS	BA	BE	
2	Danielson, Natalie..	5	26	7	55	.345	0	0	0	0	1	2	3	0	0
5	Hornor, Rebekah....	5	10	5	29	.172	50	0	4	0	18	0	6	0	0
6	Bower, Brittney....	5	8	5	28	.107	2	1	0	2	10	0	0	0	0
10	Murphy, Whitney....	5	7	3	21	.190	4	0	0	0	19	0	2	0	0
15	Marsh, Julie.....	5	9	7	31	.065	2	3	3	0	9	0	1	1	0
17	Smith, Taryn.....	5	0	1	5	-.200	2	0	0	1	17	0	0	0	0
7	Coleman, Holly.....	5	0	0	1	.000	2	2	2	3	19	0	0	0	0
9	Florence, Angie....	2	0	2	3	-.667	0	0	0	0	0	1	0	0	0
13	Guhke, Carey.....	5	7	4	21	.143	0	0	0	0	1	3	1	0	0
18	Moore, Cassie.....	2	0	0	0	.000	0	0	0	0	1	0	0	0	0
TEAM.....										1					
Totals.....		5	67	34	194	.170	62	6	9	7	94	3	16	2	0

TEAM ATTACK PER GAME					
Game	K	E	TA	Pct	
1	10	9	47	.021	
2	16	6	33	.303	
3	14	7	50	.140	
4	20	11	45	.200	
5	7	1	19	.316	

TOTAL TEAM BLOCKS: 11.0

GAME SCORES					
	1	2	3	4	5
Whitworth.....	(3)	16	30	26	31
George Fox.....	(2)	30	16	30	29

TEAM RECORDS					
	1	2	3	4	5
Whitworth.....	5-2	1-0			
George Fox.....	4-2	0-1			

George Fox			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
4	Anderson, Elizabeth.	5	9	3	36	.167	0	2	1	0	2	0	6	2	0
5	Knight, Amy.....	5	1	3	7	-.286	50	1	1	0	13	0	3	0	0
7	Stolsig, Linzi.....	5	9	6	31	.097	0	0	0	1	18	0	1	0	0
9	Kolb, Whitney.....	5	17	8	55	.164	1	0	0	0	4	0	1	0	0
11	Woods, Cassandra....	5	7	7	37	.000	0	0	0	0	1	1	2	1	0
12	Armstrong, Shayla...	3	4	2	12	.167	0	0	0	0	8	0	0	0	0
2	Roberts, Michol.....	5	0	0	1	.000	0	2	2	1	10	0	0	0	0
3	Allen, Amanda.....	4	9	7	29	.069	0	0	0	1	3	1	3	1	0
10	Stapleton, Maley....	5	1	1	7	.000	0	2	0	1	23	0	0	0	0
TEAM.....										2					
Totals.....		5	57	37	215	.093	51	7	4	6	82	2	16	4	0

TEAM ATTACK PER GAME

TOTAL TEAM BLOCKS: 10.0

Game	K	E	TA	Pct
1	16	5	42	.262
2	7	8	35	-.029
3	16	9	61	.115
4	12	8	47	.085
5	6	7	30	-.033

Site: Newberg, Oregon (Miller Gym)

Date: 09/16/05

Attend: 350

Time: 2:20

Referees: Susan Dubickas, Debra Madore

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, September 15, 2005

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9/15 WHAT'S BRUIN: GEORGE FOX VOLLEYBALL 2005 - Weekly News & Notes

Record: 4-1 (Home: 0-0, Away: 1-0, Neutral: 3-1) /

NWC: 0-0 (Home: 0-0, Away: 0-0)

LINKS FOR VOLLEYBALL TO:

[Quick Facts](#) / [Roster](#) / [Schedule](#) / [Statistics](#) / [Results](#)

HIGHLIGHTS:

- * Coming Up: Bruins Open Northwest Conference Play at Home**
- * Recent Games: Bruins Go 3-1 in Gettysburg Battlefield Classic**
- * Kolb Honorable Mention for NWC Player of the Week for 2nd Straight Week**
- * Grant One Win Short of 500 for 24-Year Coaching Career**
- * Career Lists: Stapleton Looks to Move Up from 6th in Digs**
- * NWC Stats: Bruins Have Early Lead in 7 Categories**

COMING UP:

- * Fri., Sept. 16, 7:00 pm - vs. Whitworth College (4-2, 2-0), Newberg, Ore. (NWC)**
- * Sat., Sept. 17, 6:00 pm - vs. Whitman College (5-3, 0-0), Newberg, Ore. (NWC)**
- * Tue., Sept. 20, 7:00 pm - vs. Warner Pacific College, Newberg, Ore.**

After a 4-1 start against non-conference opponents, the 2nd-best in the Northwest Conference, the Bruins begin NWC play at home this weekend against two teams expected to contend for the crown. The Whitworth Pirates (4-2, NWC 0-0) come in Friday, followed by the Whitman Missionaries (5-3, NWC 0-0) on Saturday.

The Whitman match is an hour earlier than usual, at 6:00 p.m., due to travel considerations. Whitworth was

ranked 24th in the AVCA D-III pre-season poll but is listed among "others receiving votes" in the latest poll. The Pirates, led by All-NWC hitter Julie Marsh, tied for 1st with Pacific Lutheran in the NWC poll, while Whitman was picked to finish 6th but did draw one 1st-place vote. George Fox was tabbed for 5th. Visit the Northwest Conference web site for the latest [NWC Standings](#).

RECENT GAMES (click on links for releases and box scores):

* Sept. 2 - George Fox 3, at Northwest Christian 0 (30-10, 30-27, 30-19)

* Sept. 9 - George Fox 3, Salisbury 1 (21-30, 30-20, 30-26, 31-29) at Battlefield Classic, Gettysburg, Pa.

* Sept. 9 - George Fox 3, Washington (Md.) 0 (30-11, 30-28, 30-24) at Battlefield Classic, Gettysburg, Pa.

* Sept. 10 - George Fox 3, Johns Hopkins 1 (30-26, 30-19, 21-30, 30-24) at Battlefield Classic, Gettysburg, Pa.

* Sept. 10 - Eastern 3, George Fox 0 (22-30, 25-30, 24-30) at Battlefield Classic, Gettysburg, Pa.

COACH STEVE GRANT

Steve Grant (Biola '69) is 499-304 (.621) in his 24th season as a college head coach, all at George Fox. He ranked 17th among active coaches at the D-III level with 495 wins entering the season. He was Northwest Conference Coach of the Year in 1998, NAIA District 2 Coach of the Year in 1984 and 1990, and NCCAA National Coach of the Year in 1984 and 1987 when his teams won NCCAA national championships. Click here for the complete bio on [Coach Grant](#).

BRUIN BITS:

*** Kolb Honorable Mention for NWC Player of the Week for 2nd Straight Week**

Whitney Kolb (OH, So., Jefferson, Ore.) was named to the All-Tournament Team at the Battlefield Classic in Gettysburg, Pa., earning honorable mention for Northwest Conference Player of the Week for Sept. 5-11. In a 3-1 win over Salisbury on Friday, she had 20 kills with a .353 hitting percentage and 6 digs, then followed up with 10 kills, a .138 pct., 2 digs in a 3-0 win over Washington (Md.). On Friday, she had 14 kills, no errors, a .359 pct. and 3 digs in a 3-1 win over Johns Hopkins. In a 3-0 loss to eventual tourney champion and unbeaten Eastern University, she had 16 kills, a .359 pct., and 3 digs. For the week, she had

60 kills in 14 games (4.29 kpg), a .323 attack pct., and 15 digs (1.07 dpg).

Kolb was also honorable mention for POTW for Aug. 29-Sept. 4 as she had 7 kills and a .545 pct. in the Bruins' season opener, a 3-0 win at Northwest Christian on Sept. 2.

*** 2004 Honors:**

Battlefield Classic All-Tournament Team - Whitney Kolb

*** Grant One Win Short of 500 for 24-Year Coaching Career**

Veteran coach **Steve Grant** hopes to attain a significant milestone as Northwest Conference play begins this weekend - his 500th victory as head coach of the George Fox women's volleyball team. With his 2005 Bruins off to a 4-1 start, his record stands at 499-304 entering Friday night's contest vs. Whitworth at home. Grant's teams have posted 19 winning records in his 23 previous seasons. He will become the 54th active coach to with 500 wins at all levels when he does reach the magic mark.

*** Career Lists: Stapleton Looks to Move Up from 6th in Digs**

Haley Stapleton: With 103 digs in the Bruins' first five matches, Stapleton boosted her career total to 1,233, which is 6th on the GFU all-time list. In 5th is Michelle Nelsen (1,298, 1992-95) ...

Amy Knight: With 182 assists in the Bruins' first five matches, Knight increased her career total to 596, which is 10th on the GFU all-time list. In 9th is Tristan Nicholas (791, 1998-99) ...

Elizabeth Anderson: With 19 blocks in the Bruins' first five matches, Anderson has 114 blocks and is closing in on the GFU all-time top 10. Tied for 9th are Charysse Chowning (128, 1997-98) and Lynette Domench (128, 1999-2001), with Christy Fowler (133, 1992-93) in 8th ...

*** NWC Stats: Bruins Have Early Lead in 7 Categories**

Thru games of Sept. 13, **George Fox** is 1st in digs (28.71), assists (13.24), and blocks (2.82), 2nd in hitting pct. (.250), 3rd in kills (13.47), 4th in service aces (2.18), 7th in opponents' hitting pct. (.186) ...

Amy Knight is 1st in assists (12.13) and service aces (0.73), 10th in digs (3.93) ...

Elizabeth Anderson is 1st in hitting pct. (.382) and 3rd in blocks (1.12) ...

Cassandra Woods is 1st in blocks (1.43) ...

Haley Stapleton is 2nd in digs (6.06) ...

Whitney Kolb is 3rd in kills (3.94), 4th in hitting pct. (.337) ...

Linzi Stolsig is 3rd in digs (5.25) ...

Amanda Allen is 6th in digs (4.31), 7th in blocks (0.77) ...

Shayla Armstrong is 9th in digs (4.14) ...

Visit the Northwest Conference web site for the latest [NWC Statistics](#).

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Saturday, September 10, 2005

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9/10 – BATTLEFIELD CLASSIC: Grant Notches 499th Win as Bruins Split on Final Battlefield Day

GETTYSBURG, Pa. – Veteran coach Steve Grant notched his 499th career win as his George Fox University Bruins split a pair of matches, defeating the Johns Hopkins University Blue Jays 3-1 but falling to the Eastern University Eagles 3-0 on the final day of the Battlefield Classic women's volleyball tournament Saturday here at Gettysburg College.

After winning both their matches Friday, the Bruins moved into the final round of Pool BB by pinning a 30-26, 30-19, 21-30, 30-24 loss on the Jays. The Eagles, however, stopped the Bruins' season-opening four-game winning streak with a 30-22, 30-25, 30-24 win. Eastern went on to defeat the host Gettysburg College Bullets 3-2 in the championship game.

Against JHU, the Bruins hit a season-high .358, with 65 kills and only seven errors in 162 attempts. Linzi Stolsig had 16 kills, Whitney Kolb 14, and Elizabeth Anderson 12 for the Bruins, with Anderson hitting .500 for the match. Amy Knight passed out 56 assists.

On defense, six Bruins had double figures in digs, led by Haley Stapleton with 22 and Stolsig with 21. The Bruins recorded 14 blocks, paced by Cassandra Woods with 6.

In the Eastern contest, the Bruins again had a good hitting percentage of .303, but had fewer digs and blocks against a powerful Eagles' attack. Kolb led the Bruins with 16 kills while Anderson and Amanda Allen chipped in with 10 each. Knight had 39 assists. Stapleton with 17 digs and Stolsig with 15 were the top defenders for George Fox.

Kolb was named to the All-Tournament Team after totaling 60 kills (4.29 per game) and hitting .323 (60 kills and 10 errors in 155 attempts) in 14 games over four matches.

Grant, whose record in his 24th season at George Fox now stands at 499-304, will aim for his 500th win as the Bruins begin Northwest Conference play next weekend. The Bruins welcome Whitworth College Friday and Whitman College Saturday. The Whitworth match is at 7:00 p.m., the Whitman contest at 6:00 p.m.

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Johns Hopkins (09/10/05 at Gettysburg, Pa.)

George Fox			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
4	Anderson, Elizabeth.	4	12	1	22	.500	1	0	0	0	7	1	4	0	0	
5	Knight, Amy.....	4	5	0	8	.625	56	0	0	0	14	1	4	0	0	
7	Stolsig, Linzi.....	4	16	3	42	.310	0	0	0	0	21	0	2	0	0	
9	Kolb, Whitney.....	4	14	0	36	.389	0	0	0	0	4	0	0	0	0	
11	Woods, Cassandra....	4	6	0	16	.375	0	0	0	0	3	2	4	0	0	
12	Armstrong, Shayla...	4	6	1	11	.455	1	0	1	0	16	0	0	0	0	
2	Roberts, Michol.....	4	0	0	3	.000	1	0	1	0	18	0	0	0	3	
3	Allen, Amanda.....	4	6	2	20	.200	3	1	1	0	17	1	4	0	1	
10	Stapleton, Haley....	4	0	0	4	.000	1	0	0	0	22	0	0	0	0	
Totals.....			4	65	7	162	.358	63	1	3	0	122	5	18	0	4

TEAM ATTACK PER GAME						TOTAL TEAM BLOCKS: 14.0					
Game	K	E	TA	Pct		1	2	3	4	TEAM RECORDS	
1	0	0	0	.000	GAME SCORES	1	2	3	4	4-0	
2	0	0	0	.000	George Fox.....	(3)	30	30	21	30	4-0
3	0	0	0	.000	Johns Hopkins.....	(1)	26	19	30	24	
4	0	0	0	.000							

Johns Hopkins		GP	ATTACK				SET A	SERVE		SRV RE	DEF		BLOCK			GEN
##	Name		K	E	TA	PCT		SA	SE		DIG	BS	BA	BE	BHE	
Totals.....		4	0	0	0	.000	0	0	0	0	0	0	0	0	0	

TEAM ATTACK PER GAME						TOTAL TEAM BLOCKS: 0.0					
Game	K	E	TA	Pct		1	2	3	4	TEAM RECORDS	
1	0	0	0	.000	Site: Gettysburg, Pa.						
2	0	0	0	.000	Date: 09/10/05	Attend:					
3	0	0	0	.000	Referees:						
4	0	0	0	.000							

Volleyball Box Score
George Fox University 2005 Volleyball
George Fox vs Eastern (09/10/05 at Gettysburg, Pa.)

George Fox			ATTACK				SET	SERVE		SRV	DEF	BLOCK			GEN	
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
4	Anderson, Elizabeth.	3	10	2	18	.444	1	1	1	0	2	0	0	0	0	
5	Knight, Amy.....	3	0	0	2	.000	39	2	2	0	11	0	1	0	0	
7	Stolsig, Linzi.....	3	1	3	10	-.200	0	0	0	5	15	0	0	0	0	
9	Kolb, Whitney.....	3	16	2	39	.359	1	0	0	0	3	0	0	0	0	
11	Woods, Cassandra....	3	6	0	21	.286	0	0	0	0	1	0	2	0	0	
1	Philliber, Karina...	1	0	0	8	.000	0	0	0	0	0	0	0	0	0	
2	Roberts, Michol....	3	0	0	1	.000	0	0	0	3	4	0	0	0	0	
3	Allen, Amanda.....	3	10	0	17	.588	1	1	0	2	11	1	1	0	0	
6	Sheller, Ashley.....	1	0	0	0	.000	0	0	2	0	4	0	0	0	0	
10	Stapleton, Haley....	3	0	0	1	.000	1	1	0	3	17	0	0	0	0	
12	Armstrong, Shayla...	3	0	0	2	.000	0	0	1	0	2	0	0	0	0	
Totals.....			3	43	7	119	.303	43	5	6	13	70	1	4	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 3.0

GAME SCORES		1	2	3	TEAM RECORDS
George Fox.....		(0)	22	25	24 4-1
Eastern.....		(3)	30	30	30

Eastern		ATTACK					SET	SERVE		SRV	DEF	BLOCK			GEN
##	Name	GP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE
Totals.....		3	0	0	0	.000	0	0	0	0	0	0	0	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 0.0

Site: Gettysburg, Pa.
Date: 09/10/05 Attend: Time:
Referees:

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, September 9, 2005

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9/9 – BATTLEFIELD CLASSIC: Bruins Win Twice on Opening Day of Tournament in Gettysburg

GETTYSBURG, Pa. – A 3-1 victory over the Salisbury University Sea Gulls and a 3-0 win over the Washington College (Md.) Shorewomen got the George Fox University Bruins off to a rousing start in the Battlefield Classic women's volleyball tournament Friday here at Gettysburg College.

The Bruins used an outstanding defensive effort in their opener against Salisbury, recording 165 digs and 11 blocks en route to a 20-30, 30-20, 30-26, 31-29 win over the Sea Gulls. Six different players recorded double figures in digs, led by Haley Stapleton and Linzi Stolsig with 32 apiece. Shayla Armstrong and Michol Roberts had 27 and 22 respectively, while Amy Knight added 19 and Amanda Allen 16. Elizabeth Anderson anchored the defense in the middle with 9 blocks, 5 solo and 4 assists.

Whitney Kolb led the offensive attack with 20 kills and a fine .353 hitting percentage, and Stolsig added 13 kills. Knight passed out 45 assists.

The Bruins had a relatively easy time in the first game but had to pull out two close ones after that in defeating Washington 30-11, 30-28, 30-24. Again the defense played a major role for the Bruins as they recorded 79 digs and 9 blocks in three games. Stapleton led the way with 16 digs while Knight and Allen had 10 each. Cassandra Woods made 5 blocks.

Kolb was the only Bruin in double figures in kills offensively with 10. Knight had 23 assists in two games and Mikaela Ameele had 15 as the setter in another game. Knight also had 4 service aces as the Bruins tallied 12 aces in all.

The twin wins moved George Fox coach Steve Grant within two of 500 for his career. Now in his 24th season with the Bruins, he has a record of 498-303. His 495 wins entering the season ranked him 17th in career wins among active coaches at the NCAA Division III level.

George Fox, Salisbury, and Washington comprise Pool F in the 18-team tournament. Salisbury defeated Washington 27-30, 30-16, 30-21, 30-14 in the second-round game in Pool F.

For Saturday's pairings, first, second, and third-place teams from each of the tournament's six pools will be matched up in new pools. George Fox, champion in Pool F, will be included with the winners from Pools D and E in a new Pool BB. The Bruins will meet Johns Hopkins University (Pool E champion) at 11:00 a.m. (8:00 a.m. Pacific) and Eastern College (Pool D champion) at 1:00 p.m. (10:00 a.m. Pacific). Should the Bruins win that bracket, they would play in a tournament championship game against the winner of Pool AA at 4:00 p.m. (1:00 p.m. Pacific).

Volleyball Box Score George Fox University 2005 Volleyball George Fox vs Salisbury (09/09/05 at Gettysburg, Pa.)

George Fox		GP	ATTACK				SET	SERVE			SRV	DEF	BLOCK			GEN
#	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
3	Allen, Amanda.....	4	4	5	30	.033	0	0	0	0	16	0	1	0	0	0
4	Anderson, Elizabeth.	4	2	2	16	.000	1	0	0	0	8	5	4	0	0	0
5	Knight, Amy.....	4	2	0	7	.286	45	1	0	0	19	0	1	0	0	0
7	Stolsig, Linzi.....	4	13	4	43	.209	0	0	0	0	32	1	0	0	0	0
9	Kolb, Whitney.....	4	20	2	51	.353	0	0	0	0	6	0	0	0	0	0
12	Armstrong, Shayla...	4	1	0	19	.053	0	0	0	0	27	0	1	0	1	1
2	Roberts, Michol.....	4	0	0	1	.000	0	0	0	0	22	0	0	0	0	0
10	Stapleton, Haley....	4	0	0	3	.000	0	1	0	0	32	0	0	0	1	1
11	Woods, Cassandra....	4	4	1	32	.094	0	0	0	0	3	1	1	0	0	0
Totals.....		4	46	14	202	.158	46	2	0	0	165	7	8	0	2	2

TEAM ATTACK PER GAME					TOTAL TEAM BLOCKS: 11.0							
Game	K	E	TA	Pct								
1	0	0	0	.000	GAME SCORES	1	2	3	4	TEAM RECORDS		
2	0	0	0	.000		George Fox.....	(3)	20	30	30	31	2-0
3	0	0	0	.000		Salisbury.....	(1)	30	20	26	29	3-2
4	0	0	0	.000								

Salisbury		GP	ATTACK				SET	SERVE			SRV	DEF	BLOCK			GEN
#	Name		K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BE	BHE	
Totals.....		4	0	0	0	.000	0	0	0	0	0	0	0	0	0	0

TEAM ATTACK PER GAME						TOTAL TEAM BLOCKS: 0.0					
Game	K	E	TA	Pct							

1 0 0 0 .000 Site: Gettysburg, Pa.
 2 0 0 0 .000 Date: 09/09/05 Attend: Time:
 3 0 0 0 .000 Referees:
 4 0 0 0 .000

Volleyball Box Score
 George Fox University 2005 Volleyball
 George Fox vs Washington (Md.) (09/09/05 at Gettysburg, Pa.)

George Fox		GP	ATTACK				SET A	SERVE		SRV RE	DEF DIG	BLOCK			GEN
##	Name		K	E	TA	PCT		SA	SE			BS	BA	BE	
5	Knight, Amy.....	2	0	0	0	.000	23	4	0	0	10	0	1	0	0
7	Stolsig, Linzi.....	3	8	5	30	.100	0	2	1	0	9	0	0	0	0
9	Kolb, Whitney.....	3	10	6	29	.138	0	1	0	0	2	0	0	0	0
10	Stapleton, Haley....	3	0	0	2	.000	0	0	1	0	16	0	0	0	0
11	Woods, Cassandra....	3	9	3	18	.333	0	0	0	0	1	4	1	0	0
12	Armstrong, Shayla...	3	4	0	9	.444	2	1	1	0	7	0	1	0	0
1	Philliber, Karina...	1	0	0	3	.000	0	0	1	0	2	0	0	0	0
2	Roberts, Michol....	2	0	0	0	.000	0	0	0	0	5	0	0	0	0
3	Allen, Amanda.....	2	3	3	7	.000	0	1	2	0	10	1	0	1	0
4	Anderson, Elizabeth.	3	5	0	11	.455	0	3	0	0	7	2	1	2	1
6	Sheller, Ashley.....	2	0	0	4	.000	0	0	2	0	4	0	0	0	1
8	Ameele, Mikaela.....	1	0	0	3	.000	15	0	0	0	6	0	0	1	1
Totals.....		3	39	17	116	.190	40	12	8	0	79	7	4	4	3

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 9.0

GAME SCORES

	1	2	3	TEAM RECORDS
George Fox.....	(3)	30	30	30 3-0
Washington (Md.)....	(0)	11	28	24 3-3

Washington (Md.)		GP	ATTACK				SET A	SERVE		SRV RE	DEF DIG	BLOCK			GEN
##	Name		K	E	TA	PCT		SA	SE			BS	BA	BE	
Totals.....		3	0	0	0	.000	0	0	0	0	0	0	0	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 0.0

Site: Gettysburg, Pa.

Date: 09/09/05

Attend:

Time:

Referees:

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, September 2, 2005

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9/2 – GEORGE FOX 3, NORTHWEST CHRISTIAN 0: Bruins Open Season with Road Sweep of Beacons

EUGENE, Ore. – With everyone on the roster getting an opportunity to play, the George Fox University Bruins opened their 2005 volleyball season with a 3-0 victory over the Northwest Christian College Beacons Friday night (Sept. 2) here at NWCC's new Morse Events Center.

The Bruins defeated Chemeketa Community College 3-1 in a match just before the NWCC contest, but juco matches do not count on the team record. Against the Beacons, the Bruins won by scores of 30-10, 30-27, 30-19.

Returnee Whitney Kolb and newcomer Amanda Allen led the Bruins with 7 kills apiece, while returning starters Linzi Stolsig and Elizabeth Anderson had 5 each. Amy Knight had 19 assists and Mikaela Ameele had 12 as each setter played about a game-and-a-half. Four-year starting libero Haley Stapleton had 16 digs on defense, and Cassandra Woods had 5 blocks as the Bruins stuffed 11 shots in all.

Northwest Christian, now 0-2, is participating in intercollegiate volleyball for the first time this year.

George Fox now heads for Gettysburg, Pa., and the Battlefield Classic Sept. 9-10. On Friday, the Bruins meet Salisbury University at 12:00 noon Pacific time (3:00 p.m. Eastern), followed by Washington College (Md.) at 4:00 p.m. (7:00 p.m. Eastern). The Bruins will play two matches against opponents to be determined on Saturday.

The George Fox home opener is Friday, Sept. 16, at 7:00 p.m. vs. 24th-ranked Whitworth College.

Volleyball Box Score																
George Fox University 2005 Volleyball																
George Fox vs Northwest Christian (09/02/05 at Eugene, Ore.)																
George Fox		GP	ATTACK				SET A	SERVE		SRV/DEF		BLOCK			GWN BHE	
##	Name		K	E	TA	PCT		SA	SE	RE	DIG	BS	BA	BE		
3	Allen, Amanda.....	2	7	0	20	.350	0	0	0	0	2	0	1	0	0	
4	Anderson, Elizabeth..	3	5	0	9	.556	0	0	0	0	5	0	2	0	0	
5	Knight, Amy.....	2	1	0	2	.500	19	1	0	0	5	0	0	0	0	
7	Stolsig, Linzi.....	2	5	1	26	.154	0	1	0	0	7	0	2	0	1	
9	Kolb, Whitney.....	3	7	1	11	.545	0	0	0	0	0	0	1	0	0	
12	Armstrong, Shayla...	3	4	4	13	.000	0	1	0	0	6	0	4	0	0	
1	Philliber, Karina...	1	4	1	8	.375	0	0	0	0	4	0	0	0	1	
2	Roberts, Michol.....	3	0	0	0	.000	0	1	0	0	6	0	0	0	0	
6	Sheller, Ashley.....	2	0	0	3	.000	0	0	0	0	1	0	0	0	0	
8	Ameele, Mikaela.....	2	0	0	0	.000	12	0	0	0	0	1	0	0	1	
10	Stapleton, Haley....	3	0	0	2	.000	0	3	0	0	16	0	0	0	1	
11	Woods, Cassandra....	2	2	0	7	.286	0	0	0	0	0	1	4	1	0	
13	Keimig, Ashlie.....	1	0	1	3	-.333	2	0	0	0	0	1	0	0	0	
14	Jackson, Leilani....	1	0	0	0	.000	0	0	0	0	0	0	0	0	0	
15	Pickett, Natalie....	1	1	0	2	.500	0	0	0	0	0	1	0	0	0	
Totals.....		3	36	8	106	.264	33	7	0	0	52	4	14	1	4	

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 11.0

GAME SCORES

George Fox.....	(3)	30	30	30
Northwest Christian..	(0)	10	27	19

TEAM RECORDS

George Fox.....	1-0
Northwest Christian..	0-1

Northwest Christian		GP	ATTACK					SET	SERVE			SRV/DEF		BLOCK		
##	Name		K	E	TA	PCT	A		SA	SE	RE	DIG	BS	BA	BE	BHE
Totals.....		3	0	0	0	.000	0	0	0	0	0	0	0	0	0	0

TEAM ATTACK PER GAME

Game	K	E	TA	Pct
1	0	0	0	.000
2	0	0	0	.000
3	0	0	0	.000

TOTAL TEAM BLOCKS: 0.0

Site: Eugene, Ore.

Date: 09/02/05

Attend: 75

Time: 1:30

Referees:

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Thursday, September 1, 2005

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9/1 – PREVIEW: Five Returning Regulars Give Bruins Chance of Improvement in '05

NEWBERG, Ore. – With five returning players who saw action regularly, veteran George Fox University women's volleyball coach **Steve Grant** will call on those veterans to shift their games into an even higher gear in 2005 in hopes of improving upon last year's record and climbing in the Northwest Conference standings.

"Last year, we were a relatively inexperienced team, particularly in the middle, and many of our opponents with great middle hitters took advantage of that," recalls Grant. "We got 'schooled' a bit – but we learned, and that experience will help, as we will have about the same group as we had last year.

The Bruins were 13-12 overall, the 19th winning season in Grant's 23 years at George Fox, and finished 4th in the NWC at 8-8. Grant enters the season with a 495-303 record, ranking 17th in wins among active coaches in the NCAA Division III and 46th in won-lost percentage (.620).

Headlining a group of eight returning letterwinners are outside hitter **Linzi Stolsig** (Sr., Lebanon, Ore. / Lebanon HS) and libero **Haley Stapleton** (Sr., Dallas, Ore. / Amith HS). Stolsig was a First Team All-Conference pick after ranking second in the league in kills per game (4.40) and fourth in digs (4.89). Stapleton, a three-year starter, was ninth in digs (4.28) and should finish her career among the top three in career digs at GFU.

"Linzi was our offensive and defensive leader," Grant says, "a consistent, strong player who earned the respect of everyone in our league. She had one of the best years ever at George Fox and must play that way again if we are to improve. Haley has been one of our real constants on defense, and will be one of the few four-year starters we've had."

While Stapleton has been the Bruins' regular libero and a defensive specialist, Grant expects to work in **Michol Roberts** (Sr., Pacific Palisades, Calif. / Marymount HS) more often this season. "Michol has persevered and will get more defensive substitutions this year," says Grant.

Returning as the right front hitter is **Shayla Armstrong** (Sr., Wilsonville, Ore. / Wilsonville HS), who average 1.77 kills and 1.70 digs per game. "Shayla has become more comfortable with her swing and is hitting the ball with authority, so we're looking for good things from her this season," says Grant.

The brightest spot for the Bruins in the fall has been the improved play of **Whitney Kolb** (So., Jefferson, Ore. / Jefferson Christian HS), who is moving from middle blocker to outside hitter. "Whitney has improved tremendously in the physical aspects of volleyball, but more importantly, she has learned to believe in herself," says Grant. "She is physically capable of giving us three or four kills a game, but she's still green; all she needs is consistency."

Providing depth at outside hitter are a trio of newcomers, **Ashlie Keimig** (Fr., The Dalles, Ore. / The Dalles-Wahatoka HS), **Ashley Sheller** (Fr., Gresham, Ore. / Sam Barlow HS), and juco transfer **Karina Philliber** (Jr., Battle Ground, Wash. / Bethel HS) from Clark College in Vancouver, Wash.

With a year of college experience under their belts, **Elizabeth Anderson** (So., Sherwood, Ore. / Westside Christian HS) and **Cassandra Woods** (So., Clatskanie, Ore. / Clatskanie HS) should give the Bruins even better offense at the middle blocker positions. Anderson averaged 2.19 kills and led the NWC with 1.02 blocks per game, while Woods posted numbers of 1.41 kills and 0.71 blocks. Pressing them for playing time will be Chemeketa Community College transfer **Amanda Allen** (Jr., Culver, Ore. / Culver HS) and **Natalie Pickett** (Fr., Albany, Ore. / West Albany HS).

The Bruins' most significant loss was Second Team All-NWC setter Gina Coolen, now a GFU assistant coach. **Amy Knight** (So., Yakima, Wash. / A.C. Davis HS) is expected to step into the breach, backed by newcomer **Mikaela Ameele** (Fr., Corvallis, Ore. / Crescent Valley HS). Knight averaged 8.12 assists and 2.27 digs per game while appearing in 21 matches last season.

"Amy worked hard during the summer and is stepping up her game," says Grant. "She is anticipating the ball better and is leading the team more vocally. Mikaela is quick to the ball, pursues well, and just needs an opportunity to work with the team and learn what is expected of her in the college game."

"We are still a fairly young team in terms of college experience," admits Grant, "so we don't really know what level we can reach. We had a couple of unexpected non-returnees that caught us by surprise, so we really are going to have to take the season one game at a time and try to improve game-by-game as we fit in the newcomers."

GEORGE FOX UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Monday, August 29, 2005

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8/29 – NWC POLL: Bruins Squeeze into 5th Place in Pre-Season NWC Volleyball Poll

NEWBERG, Ore. –In a close race in the middle of the pack, the George Fox University Bruin squeezed into 5th place between No. 4 Linfield College and No. 6 Whitman College in the predicted finish of the 2005 Northwest Conference women's volleyball race as forecast by the league's nine coaches.

George Fox came in 4th in the conference last year with an 8-8 league mark, and were 13-12 overall, the 19th winning season in Steve Grant's 23 years as the Bruins' coach. With five out of seven starters returning (counting the libero), the Bruins hope to be just as competitive this year.

Anchoring those hopes are a pair of seniors, outside hitter **Linzi Stolsig** (Lebanon, Ore.) and libero **Haley Stapleton** (Dallas, Ore.). Stolsig was a First Team All-Conference pick after ranking second in the league in kills per game (4.40) and fourth in digs (4.89). Stapleton, a three-year starter, was ninth in digs (4.28) and should finish her career among the top three in career digs at GFU. The Bruins will have to replace Second Team All-Conference setter Gina Coolen, however.

Defending NWC champion Pacific Lutheran University will be challenged by Whitworth College, according to the coaches' poll. Whitworth and PLU each had 77 points in the poll, but Whitworth had four first place votes to the Lutes' three.

Whitworth returns five starters from 2004, including All-NWC hitter Julie Marsh. The Pirates finished 19-5 overall and 12-4 in the conference last season. The Lutes finished 17-7 overall and 15-1 in the NWC last fall, winning the title by two games. PLU must overcome the graduation of NWC Player of the Year Julie Locke, but welcomes back All-NWC hitter Stephanie Turner.

Willamette picked up a single first place vote and finished third in the poll with 58 points. The Bearcats, 19-6 overall and 13-3 in the NWC in 2004, will have All-NWC hitter Angie Sammons back in the lineup.

Linfield (8-14 overall, 6-10 NWC), the 2003 conference champion, is fourth with 46 points and will be led by All-American right side hitter Lindsay Harksen. George Fox with 43 points and Whitman (7-17 overall, 5-11 NWC) with 42 points are close on Linfield's heels in fifth and sixth. Whitman picked up the final first place vote.

The University of Puget Sound (8-16 overall, 7-9 NWC), which is seventh with 40 total points, will rely on Second Team All-NWC hitter Nikki Esposito this fall. Pacific University (5-19 overall, 4-12 NWC) is eighth in the poll with 20 points after making solid strides last season, while Lewis & Clark (3-19 overall, 2-14 NWC) is ninth with 11 points and will strive to improve on last season's ninth-place finish.

The season opens for George Fox with a match at Northwest Christian College in Eugene, Ore., at 7:00 p.m. Friday, Sept. 2. The Bruins then play in the Battlefield Classic in Gettysburg, Pa., Sept. 9-10, before their home opener against Whitworth on Friday, Sept. 16. Game time for the Whitworth match, which begins conference play, is 7:00 p.m. in the Wheeler Sports Center/Miller Gym.

NWC Volleyball Coaches' Pre-Season Poll:

School	(1st)	Pts.	2004 records	
			All	NWC
1. Whitworth (Wash.)	(4)	77	19-5	12-4
2. Pacific Lutheran (Wash.)	(3)	77	17-7	15-1
3. Willamette (Ore.)	(1)	58	19-6	13-3
4. Linfield (Ore.)		46	8-14	6-10
5. George Fox (Ore.)		43	13-12	8-8
6. Whitman (Wash.)	(1)	42	7-17	5-11
7. Puget Sound (Wash.)		40	8-16	7-9
8. Pacific (Ore.)		20	5-19	4-12
9. Lewis & Clark (Ore.)		11	3-19	2-14

(First-place votes in parenthesis. Points awarded on 10-8-7-6-5-4-3-2-1 basis)

GEORGE Fox UNIVERSITY

SPORTS RELEASE: VOLLEYBALL – Friday, July 15, 2005

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7/15 – Olympic Star Ryan Millar to Headline Volleyball Camp at George Fox

NEWBERG, Ore. – Olympic and international competitor and former NCAA men's volleyball All-American Ryan Millar will be the featured instructor for "The Next Level" volleyball camp for girls and boys August 8-12 at George Fox University.

Millar was the starting middle blocker for the United States national team at the 2004 Olympic Games in Athens, Greece. The U.S. team qualified for the Olympics by winning the gold medal at the NORCECA Olympic Qualifying Tournament. Millar has participated in numerous international events since his college playing days at Brigham Young University. One of only five players to earn AVCA First Team All-America honors three times, he led BYU to its first national championship as a senior in 1999 and was named National Player of the Year by *Volleyball Magazine* after leading the nation in hitting percentage (.498) and blocks per game (2.14).

All camp activities will be held in Miller Gym in the Wheeler Sports Center at George Fox's Newberg campus, with current and former coaches and players for George Fox assisting Millar. The elementary and middle school girls' camp will be held from 8:00 a.m.-12:00 noon each day, with the high school girls' camp from 1:00-5:00 p.m. A camp for boys only will be held Monday, Tuesday, and Thursday evenings from 7:00-9:00 p.m.

Cost for the girls' camp is \$150.00, while the boys' camp is \$50.00. A \$25.00 non-refundable registration fee is required, and that check should be made out to Steve Grant, GFU's volleyball coach, and mailed to him at George Fox University, 414 N. Meridian St., Newberg, OR 97132. Final payment should be made out to Ryan Millar and sent to him at 1325 East 720, North Provo, UT 84606, by Monday, July 25.

Registration forms may be obtained and questions answered by contacting Coach Grant (sgrant@georgefox.edu) at 503-554-2917 or Dori Hopp (dshopp@comcast.net) with the Newberg Volleyball Club at 503-538-6693.