

2015

## 2015 Media Guide

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GEORGE FOX UNIVERSITY

# BRUINS



# WOMEN'S SOCCER

*FALL 2015*



# 2015 ROSTER



00 Kelsey Kammerzell 0 Morgan Bars 1 Sydney Christensen 2 Melissa Fox 3 Kacie Morgan 4 Caitlyn Connor 5 Hannah Harder 6 Avery Miller 7 Kenna Meinhart 8 Emma Weme 9 Michelle Young 10 Cassie Wilson



11 Tenlee Holser 12 Jordyn Brenneman 13 Lael Papenfuse 14 Camilla Carpenter 15 Shelby Byerly 16 Brette Dodson 17 Cassandra Arruda 18 Savannah Moisan 19 Ashley Richards 21 Becca Allen 22 Danielle Hendricks 25 Emma Laurion



26 Caitlyn Fettig 27 Ashley Behrens 28 Lauren Swinney 29 Sarah Tuemmler 31 Jayli Miyamoto 32 Ally Swanson 33 Maci Jokumsen 34 Sydney Sykes

No.	Name	Pos.	Ac./El.	Ht.	Hometown/High School/College
00	Kelsey Kammerzell	GK	Fr./Fr.	5-8	Milliken, Colo. / Roosevelt High School / -
0	Morgan Bars	GK	Jr./Jr.	5-11	Grants Pass, Ore. / Hidden Valley / -
1	Sydney Christensen	GK	Fr./Fr.	5-5	Ogden, Utah / Bonneville High School / -
2	Melissa Fox	D	So./So.	5-3	Ventura, Calif. / Foothill Technology High School / -
3	Kacie Morgan	F	So./So.	5-6	Pullman, Wash. / Pullman Christian High School / -
4	Caitlyn Connor	M/D	Fr./Fr.	5-7	Portland, Ore. / Sunset High School / -
5	Hannah Harder	F/M	Jr./Jr.	5-5	Yamhill, Ore. / Yamhill-Carlton / -
6	Avery Miller	M	So./So.	5-3	Olympia, Wash. / North Thurston High School / -
7	Kenna Meinhart	F	So./So.	5-7	Portland, Ore. / Wilson High School / -
8	Emma Weme	F	So./So.	5-7	Sandpoint, Idaho / Sandpoint High School / Trinity Western
9	Michelle Young	D/M	Sr./Sr.	5-4	Sisters, Ore. / Sisters High School / -
10	Cassie Wilson	M	Fr./Fr.	5-2	Kapa'a, Hawai'i / Kapa'a High School / -
11	Tenlee Holser	D/M	Sr./Sr.	5-7	Hillsboro, Ore. / Liberty High School / -
12	Jordyn Brenneman	F	Sr./Sr.	5-8	Tualatin, Ore. / Tualatin High School / -
13	Lael Papenfuse	D	Jr./Jr.	5-7	Battle Ground, Wash. / CAM Academy / -
14	Camilla Carpenter	D	Fr./Fr.	5-6	Bellevue, Wash. / Eastside Catholic High School / -
15	Shelby Byerly	M	Fr./Fr.	5-4	Dayton, Ore. / Dayton High School / -
16	Brette Dodson	D	So./So.	5-5	Fullerton, Calif. / Troy High School / -
17	Cassandra Arruda	D/M	Fr./Fr.	5-3	Sisters, Ore. / Sisters High School / -
18	Savannah Moisan	F	Fr./Fr.	5-5	North Pole, Alaska / North Pole High School / -
19	Ashley Richards	D	Sr./Sr.	5-5	Eatonville, Wash. / Eatonville / -
21	Becca Allen	M	Sr./Sr.	5-7	Medford, Ore. / North Medford / -
22	Danielle Hendricks	F	Jr./Jr.	5-8	Elk Grove, Calif. / Cosumnes Oaks High School / -
25	Emma Laurion	F/M	Fr./Fr.	5-2	Bremerton, Wash. / Crosspoint Academy High School / -
26	Caitlyn Fettig	F	Fr./Fr.	5-3	Corvallis, Ore. / Santiam Christian High School / -
27	Ashley Behrens	F	Fr./Fr.	5-3	Newport, Wash. / Newport High School / -
28	Lauren Swinney	F/D	Fr./Fr.	5-3	Puyallup, Wash. / Rogers High School / -
29	Sarah Tuemmler	M	Sr./Sr.	5-7	Marysville, Wash. / Marysville Pilchuck High School / Skagit Valley
31	Jayli Miyamoto	F/M	Fr./Fr.	5-3	Kaneohe, Hawai'i / James B. Castle High School / -
32	Ally Swanson	GK	Sr./Sr.	5-8	Roseburg, Ore. / Roseburg High School / -
33	Maci Jokumsen	F/D	Fr./Fr.	5-1	Grants Pass, Ore. / Grants Pass High School / -
34	Sydney Sykes	F/D	So./So.	5-8	Sparks, Nev. / Excel Christian High School / -

# COACHING STAFF



**Cory Hand**, the director of the Girls Youth Development Westside Timbers program and a staff member of the Portland Timbers Olympic Development Program, is the head women's soccer coach at George Fox University, becoming only the third coach in the 22-year history of the sport at the school.

Last season, Hand led the young Bruins to a 3-14-3 overall record and 3-12-1 in the Northwest Conference. Graduating just three seniors the Bruins look eager and ready for the 2015 season. In 2013, the Bruins posted a 3-15-2 overall record and 1-13-2 in Hand's first season at the head of the program.

After graduating from Wilsonville (Ore.) High School, Hand went to Whitworth University in 2001 before injuries ended his own soccer-playing days. He began his career as a staff coach for Portland City United from 2001-06 before becoming an assistant coach at Willsonville High School a few years later. He created and ran his own goalkeeper academy before he started coaching for the Westside Timbers Soccer Club in 2006, which he continues today. While coaching at Westside Timbers Soccer club, Hand has led the team to state and regional championships, and has developed athletes who have gone on to receive national recognition. Players from his club teams have gone on to compete at every level of college soccer.

**Jake Maguire**  
Goalkeepers Coach (2013-)

**Johnny Lucero**  
Assistant Coach (2013-)

**Tom Lathrop**  
Volunteer Coach (2013-)

**Jen Overstreet**  
Volunteer Coach (2014-)

**Scottie Hand**  
Volunteer Coach (2015-)

# SEASON PREVIEW

There are coaches who know their players and then there is head coach Cory Hand. Hand enters his third season at the helm of the women's soccer program, and the sky is the limit when you ask him about his 2015 squad.

"We are still building on the foundation of this program," Hand said. "We are committing to each other and investing in this program. This year I'm excited because we will expand upon development and have some players step up in leadership roles. We lost key leaders last year, but I'm excited to see which players will step up in that role."

One of those players is Ally Swanson, who returns for her senior season in the net. Last year, Swanson set the single-season save percentage record with an average of .857. She also moved up to fifth on the all-time career saves list with 214 total saves.

"Ally had an absolutely gifted season last year," Hand said. "Not only did she set a single-season record, but she was top of the conference and region with that percentage. I expect her to have a monstrous senior season."

# 2015 SCHEDULE

DATE	OPPONENT	TIME
<b>SEPTEMBER</b>		
Fri. 4	<b>Carleton</b>	6:30 PM
Sun. 6	<b>Wis.-Eau Claire</b>	6 PM
Fri. 11	at Texas-Dallas (Dallas Challenge)	7 PM
Sun. 13	at Dallas	4 PM
Wed. 16	<b>Pacific (Ore.) *</b>	7 PM
Sat. 19	at Whitworth *	Noon
Sun. 20	at Whitman *	Noon
Sat. 26	at Lewis & Clark *	Noon
Sun. 27	<b>Pacific Lutheran *</b>	Noon
<b>OCTOBER</b>		
Sat. 3	<b>Willamette *</b>	Noon
Sat. 10	at Puget Sound *	Noon
Sun. 11	<b>Linfield *</b>	Noon
Wed. 14	at Pacific (Ore.) *	7 PM
Sat. 17	<b>Whitworth *</b>	Noon
Sun. 18	<b>Whitman *</b>	Noon
Sat. 24	<b>Lewis &amp; Clark *</b>	Noon
Sun. 25	at Pacific Lutheran *	Noon
Sat. 31	at Willamette *	Noon
<b>NOVEMBER</b>		
Sat. 7	<b>Puget Sound *</b>	11 AM
Sun. 8	at Linfield *	Noon

**Bold:** Home Game, \* Conference Game

Swanson won't be the only contender for the Bruins in the net, either, as Morgan (Hanson) Bars and Sydney Christensen will share time with her.

"I truly believe the battle for conference goalkeeper will be held here at George Fox," Hand said. "Our goalies are extremely strong this year, and I expect them all to have great seasons."

Brette Dodson was another reason why Swanson was so successful in goal last year, as Dodson used her talents to shape and keep the back line tight for the Bruins.

"Brette comes back after starting almost every game as a freshman last year," Hand said. "She was relied upon a lot last year, and her spring season has helped her tremendously. She will be a factor for us. She brings composure and intelligence to our back line. She will be our anchor."

On the other side of the ball, the offense will take a major leap in the right direction, according to Hand. "Our offense will be much stronger this year than last year," he said. "We had a phenomenal defense last year and had a new young attack line. This year we have more experience and recruited heavily for offense. This incoming class brings in a combined 200-plus goals scored. We are excited to see that transformation in us being strong offensively. They will all be dangerous. It lives in their DNA."





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