

2014

2014 Media Guide

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GEORGE FOX UNIVERSITY



WOMEN'S BASKETBALL

2014-2015 ROSTER

 #1 Kimberly Frost Position: PG Height: 5-5 Year: So. Hometown: Woodinville, WA	 #10 Kaycee Creech Position: W Height: 5-9 Year: So. Hometown: Sumner, WA	 #21 Rachel Martin Position: W/F Height: 5-11 Year: Fr. Hometown: Redding, CA	 #34 Dacia Heckendorf Position: W Height: 5-9 Year: Sr. Hometown: Marysville, WA
 #2 Kyla Miner Position: PG/W Height: 5-7 Year: Jr. Hometown: Albany, OR	 #12 Kylie Dummer Position: W Height: 5-9 Year: So. Hometown: Beaverton, OR	 #22 Lauren Codling Position: W/F Height: 5-11 Year: Sr. Hometown: Sherwood, OR	 #42 Kaitlin Jamieson Position: F/P Height: 6-3 Year: Fr. Hometown: Forest Grove, OR
 #4 Nicole Blizzard Position: PG/W Height: 5-10 Year: Jr. Hometown: Lake Oswego, OR	 #14 Sammy Naluai Position: PG/W Height: 5-7 Year: Jr. Hometown: Sammamish, WA	 #25 Justine Benner Position: PG/W Height: 6-0 Year: Jr. Hometown: Naches, WA	 #44 Kennedy Hobert Position: W Height: 5-10 Year: So. Hometown: Buckley, WA
 #5 Jami Morris Position: PG/W Height: 5-7 Year: Sr. Hometown: Salem, OR	 #15 Julie Litchfield Position: W Height: 5-8 Year: Fr. Hometown: Soldotna, AK	 #30 Sydney Beadle Position: P Height: 6-3 Year: So. Hometown: Watsonville, CA	



Visit our website.

MEET THE COACHES



Michael Meek
Head Coach (2010-)
mmeek@georgefox.edu
503-554-2920

Michael Meek, the 2011-12 D3hoops.com NCAA Division III National Coach of the Year, enters his fifth season as the head coach of the George Fox University women's basketball program in 2014-15, having successfully transitioned to the college ranks after leading Southridge High School of

Beaverton, Ore., to five Oregon large-school classification state titles in a six-year span between 2005 and 2010. Replacing 14-year veteran Scott Rueck, who had taken over the women's program at his alma mater, Oregon State University, Meek kept the wheels spinning smoothly at George Fox in 2010-11 as he guided the Bruins to a 25-6 overall record and a 14-2 Northwest Conference mark that earned the team a share of its fifth straight conference crown. After

winning the NWC Tournament in overtime over co-champion Lewis & Clark College, the Bruins made their fifth straight appearance in the NCAA Division III National Tournament, reaching the "Elite 8" round for the third consecutive year (the 2008-09 team went on to win the Bruins' first national championship). George Fox was ranked sixth in the final USA Today/ESPN/Women's Basketball Coaches of America poll and 12th in the D3hoops.com final poll.



Tom Batsell
Assistant Coach (2010-)



Kevin Eakin
Assistant Coach (2010-)



Keisha Gordon
Assistant Coach (2012-)



G.C. Hillburn
Assistant Coach (2012-)



Tashawna Gordon
Chaplain (2013-)

ABOUT THE TEAM

In his fifth year at the helm of the women's basketball team, head coach Michael Meek enters the 2014-15 season led by a trio of seniors, four juniors, five sophomores and three freshmen.

The 12 returners enter the new season after posting a 22-5 record in 2013-14. The Bruins finished 13-3 in the Northwest Conference and made their 10th NCAA appearance in the last 15 seasons.

Although the famous "Big Three" resides in Cleveland, the Bruins welcome back their

own "Big Three," as George Fox will be led by Jami Morris, Lauren Codling and Dacia Heckendorf. The three seniors not only possess a highly competitive spirit, they also have the leadership skills to inspire the 2014-15 team.

The women's basketball program has been one of the most successful teams here at George Fox. They have made two NCAA "Final Four" appearances (2009, 2012), had five NCAA "Elite 8 appearances" (2005, 2009, 2010, 2011 and 2012) and seven

NCAA "Sweet 16" appearances (2000, 2005, 2008, 2009, 2010, 2011 and 2012). In fact, the women's program has had 21 consecutive winning seasons (1994-2014) and nine Northwest Conference Championships (2000, 2001, 2005, 2007, 2008, 2009, 2010, 2011 and 2012). Coach Meek has also become the fastest coach in George Fox history to hit 100 wins after taking down the University of La Verne on Sunday, Nov. 16, 2014.

2014-2015 SEASON SCHEDULE

DATE	OPPONENT	LOCATION	TIME	SCHEDULE NOTES
NOVEMBER				
Sat. 15	Trinity Texas *	Newberg, OR	W, 63-40	* Non-Conference Event
Sun. 16	La Verne *	Newberg, OR	W, 74-47	Bold: Home Event
Fri. 21	vs. Wisconsin Whitewater *	Milwaukee, WI	W, 74-57	Gold: George Fox Classic
Sat. 22	at Wis. Lutheran *	Milwaukee, WI	W, 65-58	Red: 2014 Paul F. Kneuppel Classic
DECEMBER				
Tue. 2	Northwest Christian *	Newberg, OR	7 p.m.	Blue: Northwest Conference
Fri. 5	at California Lutheran *	Thousand Oaks, CA	6 p.m.	Tournament Semi-Finals
Sat. 6	at Claremont-Mudd-Scripps *	Claremont, CA	5 p.m.	
Sat. 20	vs. Wheaton (Mass.) *	Honolulu, HI	10 a.m.	
Sun. 21	vs. Lake Forest *	Oahu, HI	11 a.m.	
JANUARY				
Fri. 2	at Linfield	McMinville, OR	6 p.m.	
Sat. 3	Puget Sound	Newberg, OR	4 p.m.	
Fri. 9	Pacific Lutheran	Newberg, OR	6 p.m.	
Sat. 10	at Willamette	Salem, OR	4 p.m.	
Fri. 16	Whitman	Newberg, OR	6 p.m.	
Sat. 17	Whitworth	Newberg, OR	4 p.m.	
Tue. 20	Pacific (Ore.)	Newberg, OR	6 p.m.	
Sat. 24	at Lewis & Clark	Portland, OR	4 p.m.	
Fri. 30	at Puget Sound	Tacoma, WA	6 p.m.	
Sat. 31	Linfield	Newberg, OR	4 p.m.	
FEBRUARY				
Fri. 6	Willamette	Newberg, OR	6 p.m.	
Sat. 7	at Pacific Lutheran	Parkland, WA	4 p.m.	
Fri. 13	at Whitworth	Spokane, WA	6 p.m.	
Sat. 14	at Whitman	Walla Walla, WA	4 p.m.	
Tue. 17	at Pacific (Ore.)	Forest Grove, OR	6 p.m.	
Fri. 20	Lewis & Clark	Newberg, OR	6 p.m.	
Thu. 26	Conference Tournament	TBD	TBD	
Sat. 28	Conference Tournament	TBD	TBD	





2014-2015