

2016

2016 Media Guide

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GEORGE FOX UNIVERSITY

BRUINS



MEN'S BASKETBALL

2016-2017

2016-2017 ROSTER

SEASON INFORMATION



0 Jonathan Doult



1 Thomas Rico



2 Mason Green-Richards



3 Willie Perkins



4 Chris Fedler



5 Ryan Thistlewood



10 Michael Mercado-Smith



11 Brendan Jones



12 Adam Schwarz



13 Felix Tsai



15 Joshua Caddel



20 Isaac Lee



22 JJ Lacey



24 Hayden Ford



25 Jad Darger



35 Dylan Hamlett

No.	Name	Pos.	Ht.	Wt.	Ac./El.	Hometown/High School
0	Jonathan Doult	G	6-2	170	Jr./Jr.	Keizer, Ore. / McNary
1	Thomas Rico	G	6-1	170	Jr./Jr.	Glendora, Calif. / Glendora
2	Mason Green-Richards	G	6-0	185	So./So.	Eugene, Ore. / South Eugene
3	Willie Perkins	G	5-11	165	So./So.	Lancaster, Calif. / Quartz Hill
4	Chris Fedler	F	6-3	210	So./So.	Keizer, Ore. / 22 Feet Academy
5	Ryan Thistlewood	W	6-4	170	So./So.	Golden, Colo. / Golden
11	Brendan Jones	G	5-10	185	Sr./Sr.	Missoula, Mont. / Hellgate / Everett CC
12	Adam Schwarz	F	6-7	190	Fr./Fr.	Chehalis, Wash. / W.F. West
13	Felix Tsai	G	6-1	170	So./So.	Taipei, Taiwan / St. Georges School
15	Joshua Caddel	G	5-11	185	Sr./Sr.	Kelso, Wash. / Three Rivers Christian
20	Isaac Lee	F	6-5	230	So./So.	Oxnard, Calif. / Oaks Christian
22	JJ Lacey	G	6-4	180	Sr./Sr.	Auburn, Wash. / Auburn Mountainview
24	Hayden Ford	W	6-4	180	Fr./Fr.	Sydney, Australia / Turramurra
25	Jad Darger	W	6-6	190	Fr./Fr.	Herriman, Utah / Herriman
35	Dylan Hamlett	F	6-7	220	So./So.	Spring Valley, Calif. / Steele Canyon



Season Preview

Head coach Maco Hamilton is excited about the George Fox men's basketball roster and expects his team to make a splash in the Northwest Conference this season.

The team is made up of a trio of seniors, two juniors, seven sophomores and four freshmen. The young group is anxious and ready for the 2016-17 season to get underway.

"This is year two of me having complete control over the roster," Hamilton said. "Our goal is to take another step in our development. We expect to be better than we were last year. Regardless of wins or losses, we are going to have better competition. All of our guys came back from the offseason looking fit, in shape and healthy. Everything seems to be pointing in the right direction."


Experience is a crucial asset for the Bruins this year since last year's team didn't graduate any athletes. JJ Lacey, Joshua Caddel and Brendan Jones will lead the young team as the team's only seniors.

Lacey was excellent for the Bruins in 2015-16, leading the team in points, minutes and assists. He was also second on the team in steals and three-pointers made.

"We have great leadership in our senior class," Hamilton said. "Lacey has been with me all four years and is looking to close his career out on a high note. Caddel and Jones bring a mixture of great work ethic and drive that help push our guys to get better."

Don't let the size of the junior class fool you; Thomas Rico and Johnathan Doult pack a punch at the guard position. Rico and Doult finished second and third, respectively, on the team in scoring last season.

Coaching Staff



Maco Hamilton, who built the Union High School boys' basketball program in Camas, Wash., from inception to state champion in just three years, took charge of the George Fox program prior to the 2013-14 season.

Hamilton enters his fourth season at the helm of the men's basketball program for the 2016-17 season. Last season (2015-16), the Bruins went 7-18 and 4-12 in conference play. They averaged 72.8 points per game and made the second-most threes in the NWC (218). The Bruins were also tied for third in the Northwest Conference in 3-point percentage (37.2). The Bruins moved up in the rankings on defense as well with an average of 9.1 steals per game, which was the second best in conference.

Hamilton has strong basketball connections in Oregon and Washington. He played at Fort Vancouver High School, Mt. Hood Community College (1998-99) and Eastern Oregon University (1999-01). He has assisted at Mountain View High School in Vancouver (2001-03; 04-06), the University of Portland (2003-04) and Ridgefield (Wash.) High School (2006-07).

He serves on the board of Courts for Kids, a nonprofit organization

"When they are playing at a high level they are some of the best point guards in our conference," boasted Hamilton. "I'm looking for them to take a huge role this year."

The sophomore class is the biggest on the roster for the Bruins and includes Mason Green-Richards, Willie Perkins, Chris Fedler, Ryan Thistlewood, Felix Tsai, Isaac Lee and Dylan Hamlett. Five of the seven recorded 10 or more minutes per game, giving the class plenty of experience.

"This group showed good moments last year, but I expect them to take another step in the right direction," Hamilton said. "The experience they gained as freshmen will be huge coming into this year."

The newcomers are made up of Michael Mercado-Smith, Adam Schwarz, Hayden Ford and Jad Darger.

"We brought in a lot of length in our freshman class," explained Hamilton. "They don't have a lot of pressure to figure it out right away, which will be helpful in their growth."

The Bruins have beefed up their schedule this season, hosting Claremont-Mudd-Scripps, Chapman and California Lutheran to start the year. All three are part of a tough conference in California. December will also be a crucial month for the Bruins with two road trips, the first against Wisconsin-Oshkosh and Wisconsin-Whitewater. Oshkosh finished second in its conference, while Whitewater placed fifth. The second road trip will be in Texas against Southwestern (Texas) and Trinity (Texas).

"The goal was to prepare us for the NWC," Hamilton said. "I wanted our guys to face tough competition early on, so mentally we're ready once we get to conference."

that sends sports teams to economically disadvantaged areas where they partner with local organizations to build courts for use by youth. He has joined Courts for Kids trips to the Philippines, Uganda and Costa Rica. Recently, he joined a U.S. Department of State-funded trip to lead a coaches' clinic in Uganda, where he worked with more than 200 coaches. In 2001, he played on an Athletes in Action basketball team that traveled through Kenya playing professional teams.

Hamilton and his wife Shayna have two beautiful children, Mia and Kyrie. They reside in Camas, Washington.



Jamal McKenzie has been by Maco's side for the past seven years, and has 10 years of coaching under his belt.

He currently works as an at-risk advocate at Union High School and as the scheduling coordinator for Janus Youth Programs. In his own words, Jamal had this to say, "I'm blessed to be able to still be coaching with Maco who shares the passion of using basketball as a tool to build great young men. I am excited about where we are going as a program."

2016-17 SCHEDULE

MEN'S

DATE	OPPONENT	TIME
NOVEMBER		
Tue. 17	at Portland State #	7 PM
Fri. 18	Claremont-Mudd-Scripps	7 PM
Wed. 23	Chapman	8 PM
Sat. 26	California Lutheran	7 PM
DECEMBER		
Fri. 2	Pacific (Ore.) *	8 PM
Sat. 3	at Puget Sound *	6 PM
Wed. 7	at Concordia-Portland *	7 PM
Sat. 10	at Wis.-Oshkosh	3 PM
Sun. 11	at Wisconsin-Whitewater	5 PM
Sat. 17	vs. Southwestern (Texas)	12 PM
Sun. 18	at Trinity (Texas)	1 PM
Wed. 21	Wesley	7 PM
JANUARY		
Tue. 3	Lewis & Clark *	8 PM
Fri. 6	at Pacific Lutheran *	8 PM
Fri. 13	at Willamette *	8 PM
Sat. 14	Linfield *	6 PM
Fri. 20	Whitman *	8 PM
Sat. 21	Whitworth *	6 PM
Fri. 27	Puget Sound *	8 PM
Sat. 28	at Pacific (Ore.) *	6 PM
Tue. 31	at Lewis & Clark *	8 PM
FEBRUARY		
Sat. 4	Pacific Lutheran *	6 PM
Fri. 10	at Linfield *	8 PM
Sat. 11	Willamette *	6 PM
Fri. 17	at Whitworth *	8 PM
Sat. 18	at Whitman *	6 PM
Thu. 23	vs. TBA @ TBA	TBA

Exhibition * Conference Game Bold: Home Event

DATE	OPPONENT	TIME
NOVEMBER		
Tue. 15	Multnomah Bible	7 PM
Sat. 19	Northwest (Wash.)	6 PM
Wed. 23	Bedlands	6 PM
Sun. 27	at Chapman	4 PM
Mon. 28	at California Lutheran	4:30 PM
DECEMBER		
Fri. 2	Pacific (Ore.) *	6 PM
Sat. 3	at Puget Sound *	4 PM
Sat. 10	Whittier	4 PM
Thu. 22	Bethesda University	4 PM
Thu. 29	at Trinity (Texas)	1 PM
Fri. 30	at Southwestern (Texas)	1 PM
JANUARY		
Tue. 3	Lewis & Clark *	6 PM
Fri. 6	at Pacific Lutheran *	6 PM
Sat. 7	Future College	1:30 PM
Fri. 13	at Willamette *	6 PM
Sat. 14	Linfield *	4 PM
Fri. 20	Whitman *	6 PM
Sat. 21	Whitworth *	4 PM
Fri. 27	Puget Sound *	6 PM
Sat. 28	at Pacific (Ore.) *	4 PM
Tue. 31	at Lewis & Clark *	6 PM
FEBRUARY		
Sat. 4	Pacific Lutheran *	4 PM
Fri. 10	at Linfield *	6 PM
Sat. 11	Willamette *	4 PM
Fri. 17	at Whitworth *	6 PM
Sat. 18	at Whitman *	4 PM
Thu. 23	vs. TBA % @ TBA	TBA
MARCH		
Fri. 3	at TBA %	TBA

* Conference Game % Postseason Bold: Home Event

WOMEN'S

2016-17 SCHEDULE

2016-2017 ROSTER



1 Kimberly Frost



2 Emily Spencer



3 Ashley-Alohi Kiko



4 Kylin Collman



5 Bailey McDevitt



10 Kaycee Creech



11 Haylee Hutzler



12 Emma Klym



14 Madelynn Krotzer



15 Julie Litchfield



21 Emily Arellanes



22 Tavin Headings



23 Alyssa St. Peter



24 Hailey Hartney



25 Haley Strowbridge



30 Matney Jamieson



31 Anjenae Torregano



42 Kaitlin Jamieson



43 Emily Holder

No.	Name	Pos.	Ht.	Ac./El.	Hometown/High School
1	Kimberly Frost	PG	5-5	Sr./Sr.	Woodinville, Wash. / Woodinville
2	Emily Spencer	PG	5-7	Fr./Fr.	Woodinville, Wash. / Woodinville
3	Ashley-Alohi Kiko	PG/W	5-6	Fr./Fr.	Honolulu, Hawai'i / Roosevelt
4	Kylin Collman	W	5-8	Fr./Fr.	LaGrande, Ore. / La Grande
5	Bailey McDevitt	W/F	6-1	So./So.	Beaverton, Ore. / Valley Catholic
10	Kaycee Creech	W	5-9	Sr./Sr.	Sumner, Wash. / Cascade Christian
11	Haylee Hutzler	W/F	5-11	So./So.	Clackamas, Ore. / Clackamas
12	Emm Klym	PG/W	5-9	Fr./Fr.	Springfield, Ore. / Springfield
14	Madelynn Krotzer	PG/W	5-7	Fr./Fr.	Amity, Ore. / Amity
15	Julie Litchfield	W	5-8	Jr./Jr.	Soldotna, Alaska / Soldotna
21	Emily Arellanes	W/F	5-9	So./So.	Whittier, Calif. / Rosary
22	Tavin Headings	W/F	5-11	So./So.	Hermiston, Ore. / Hermiston
23	Alyssa St. Peter	W	5-10	Fr./Fr.	Aumsville, Ore. / Cascade
24	Hailey Hartney	W/F	6-0	Fr./Fr.	Vancouver, Wash. / Mountain View
25	Haley Strowbridge	W	5-10	Fr./Fr.	Stanwood, Wash. / Stanwood
30	Matney Jamieson	F/P	6-0	So./So.	Condon, Ore. / Condon
31	Anjenae Torregano	PG/W	5-7	Sr./Sr.	Portland, Ore. / St. Mary's Academy / Central Arizona College
42	Kaitlin Jamieson	F/P	6-3	Jr./Jr.	Forest Grove, Ore. / Forest Grove
43	Emily Holder	W/F	5-11	Fr./Fr.	Tacoma, Wash. / Evergreen Lutheran



SEASON INFORMATION

Season Preview

With back-to-back undefeated regular seasons in the rearview mirror, the George Fox women's basketball team looks poised to make its mark in the 2016-17 campaign. They enter the season with a No. 6 national ranking in the USA Today Coaches' Poll and a No. 8 national ranking from D3hoops.com.

Head Coach Michael Meek enters his seventh season at the helm for the Bruins with an overall record of 159-21. He is currently third on the all-divisions (NCAA Div. I, II and III) winningest active coaches list.

The 2016-17 team is made up of three seniors, two juniors, five sophomores and nine freshmen. It's Meek's youngest team to date and his largest recruiting class since his arrival in 2010.

With the underclassmen outnumbering the upperclassmen 14-5, the Bruins expect to hit some adversity in the coming year.

"We have a really young team this year," Meek said. "We have brought in a ton of talent, but it will take some time for us to click on the court. Anytime you go through a transition period it's better to do it when you are young."

The Bruins kick off their season with three straight home games, which hasn't happened since the 2010-11 season. After playing Multnomah University, Northwest (Wash.) and Redlands, the Bruins will travel to California to play Chapman and California Lutheran, which are the top two teams in the Southern California Intercollegiate Athletic Conference.

The other notable road trip comes when the Bruins travel to Texas on Dec. 29 and 30 against Trinity (Texas) and Southwestern (Texas). Trinity qualified for the NCAA Tournament last year, but fell in the opening round.

"We do our best to play a tough nonleague schedule before we start Northwest Conference play," said Meek. "We have a mix of NAIA schools and some strong Div. III programs on the slate this year. It will help get us ready for the NWC, but our league has been so strong you have to be tested in that manner. I believe this year is the strongest fans will see in our conference."

Coaching Staff

Michael Meek, the 2011-12 D3hoops.com NCAA Division III National Coach of the Year, became the fastest coach in George Fox history to reach 100 wins in a five-year span. Meek enters his seventh season at the head of the program with an overall record of 159-21 in six seasons, making him third on the All-Divisions (NCAA Div. I, II, III) winningest active coaches list.

Last season (2015-16), Meek led the Bruins to their second straight perfect season in the Northwest Conference with a 16-0 record. The Bruins completed their 23rd straight winning season with an overall record of 29-1. They made their third straight appearance in the NCAA Tournament, but fell in the "Sweet 16" to Texas Tyler in overtime. The Bruins enjoyed their 11th Northwest Conference Championship and ninth straight berth into the NWC Tournament. The Bruins were ranked No. 2 in the preseason poll and held onto that ranking for the entire season.

Meek and his wife Lisa reside in Beaverton with their daughters McKelle and Audrey. The Meeks attend Beaverton Foursquare Church.



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Meek and his wife Lisa reside in Beaverton with their daughters McKelle and Audrey. The Meeks attend Beaverton Foursquare Church.

Kimberly Frost, Kaycee Creech and Anjenae Torregano will guide the young team in their final seasons as a Bruin.

Frost was spectacular in the 2015-16 season, becoming No. 2 on the program's all-time list in single-season steals with 94. She also tied for fourth on the team in points with an average of 7.9 points per game.

Creech and Torregano played in all 30 games as juniors, logging critical minutes. Creech was second on the team in 3-point percentage (40.0), while Torregano was third (37.7).

"Our senior class is doing a really nice job of leading this team," explained Meek. "They have strong leadership and great attitudes, which rubs off on the young players. They know it's going to be a work in progress, but aren't afraid to tackle it head on. Their biggest challenge this year will be keeping this team together through adversity."

The junior class is the smallest on the team and is comprised of Kaitlin Jamieson and Julie Litchfield. Jamieson was a force in the front court, leading the Bruins and the Northwest Conference in blocks (74). She also led the team in field-goal percentage (51.3).

"I expect to see a big jump in our junior class this year," said Meek. "Having such a small class is going to force them to act like this is their senior season as well."

The sophomore class is dynamic with Bailey McDevitt, Haylee Hutzler, Emily Arellanes, Tavin Headings and Matney Jamieson. They bring depth and experience, and according to Meek, are the most competitive class on the team. "They all have really improved from last year and look hungry to be on the court. I'm very pleased with what I've seen so far from this group."

The final class on the depth chart will bring new life and a ton of depth for Meek to choose from. The freshman class is made up of Emily Spencer, Ashley-Alohi Kiko, Kylin Collman, Emma Klym, Madelynn Krotzer, Alyssa St. Peter, Hailey Hartney, Haley Strowbridge and Emily Holder.



Tom Batsell
Assitant
Coach
(2010-)



Kevin
Ruble
Special
Assistant
Coach
(2015-)



Kelsey
Khaw
Assistant
Coach
(2015-)



Tashawna
Gordon
Chaplain
(2013-)

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BRUINS



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