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Thomas and Sosin's "Therapeutic Expedition: Equipping the Christian Counselor for the Journey" (Book Review)

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and encourage any seminarian but that is accessible to the earnest Baptist church member who is unafraid to dig deeper and work harder in their biblical studies.

Because the original essays have had multiple examinations and reviews since publication, I will focus on the contents unique to this revised edition. This revised edition keeps the structural form of each essay, but the physical book has been redesigned as a larger book with fewer pages in an effort, I suspect, to make the book look slightly less overwhelming. It still contains the scholarship of leading Baptist thinkers Paige Patterson, Albert Mohler, Timothy George, and Mark Dever, among others, but this revised edition contains two new essays and two updated ones. Bruce Riley Ashford and Keith Whitfield open this revised edition with an essay devoted to theological method, thereby setting the stage for the rest of the volume. Chad Brand contributes an essay devoted to the doctrine of creation, providence, and Sabbath, which should prove clarifying for many church members bogged down in the popular mire of creation versus evolution among other things. David Dockery has made a few revisions to his chapter on special revelation while John Hammett has done likewise with his essay on human nature. While the first three sections of each essay are typically well-written and convincingly presented, the final section tying it all together will prove especially helpful to the lay reader who wants to move from comprehending the knowledge presented to action based on those beliefs. It functions as a “bottom line” of sorts.

A review of a volume of this magnitude can just not be accomplished in these few words. Each essay deserves its own review, but the conclusion for the parts and the whole will certainly be positive. To the acquisitions librarian, buy it. To the professor, teach it. To the student, read it. To the church member, analyze it and begin to see God’s Word in a brand new way. I cannot recommend the book more strongly.

**Therapeutic Expedition: Equipping the Christian Counselor
for the Journey,**

by John C. Thomas and Lisa Sosin. Nashville: B&H Academic, 2011. 634 pp.
\$49.99. ISBN 9781433672361

Reviewed by Gary R. Averill, Librarian, Spiritual Life Bible College, Minneapolis, MN

This is a very comprehensive book providing an introduction to counseling. It is based on biblical teachings but is also strong in the area of time-tested counseling techniques which do not conflict with biblical teachings. The authors have been teaching and counseling for a combined 50 years. The book has a lot of references but this is more of a practical book. One interesting technique used in this book is mnemonics.

The book provides both theory and real life scenarios. In this book the authors have achieved what ground school is to flying: they give the reader all the tools and examples so that when they go into a counseling session, while it will be a new experience, the setting will not be alien to them. There are exercises at the end of each chapter to reinforce the main points of the chapter. It also has a website with 17 vignettes so that the reader can see the skills being used.

The book starts by giving the reader a thorough understanding of what it means and what is like to be a counselor. It then moves into the skills needed by a counselor. The third part talks about the various aspects of counseling such as conducting an assessment. It can be used at the undergraduate or graduate level and would make an excellent textbook. It is so well done that there is a possibility a novice will try to use these skills without supervision which is not the intention of the authors. The citations are comprehensive. The book includes samples of forms that the counselor may need as well as two codes of ethics.

A Trinitarian Anthropology: Adrienne von Speyr and Hans Urs von Balthasar in Dialogue with Thomas Aquinas,

by Michelle M. Schumacher. Washington, DC: Catholic University of America Press, 2014. 451 pp. \$79.95. ISBN 9780813226972

Reviewed by Yvonne Wilber, Manager of Collection Development, Pearson Library, California Lutheran University, Thousand Oaks, CA

Swiss theologian Hans Urs von Balthasar (d. 1988) was arguably one of the foremost theologians of the twentieth century. It is well known that his theology was deeply influenced by the Swiss doctor, Adrienne von Speyr (d. 1967), a Catholic convert and spiritual mystic. The two opened a publishing house through which Balthasar published over 60 volumes of von Speyr's mystical theology which she dictated to him almost in their entirety.

Despite this close relationship, few scholars have addressed the influence of von Speyr on Balthasar's theology. In this work, independent scholar Michelle Schumacher systematically examines the Trinitarian theological anthropology of von Speyr, and compares it to Balthasar's anthropology as expressed in his mystery of the "difference-in-unity." Schumacher's anthropology discusses how difference-in-unity in the human person expresses certain tensions: between nature and grace; body and spirit; the individual and the church community; as well as man and woman. Before discussing this mystery as it pertains to the human person, Schumacher presents an understanding of difference-in-unity in the Son's revelation of the Father through obedient surrender and how it reveals the disposition of faith.