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Catchings and Petersens' "Catch a star: Shining through adversity to become a champion (book review)"

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Book Reviews



Catchings, T., & Petersen, K. (2016). *Catch a star: Shining through adversity to become a champion*. Grand Rapids, MI: Revell. 261 pp. \$13.99. ISBN 9780800723958

Former WNBA star Tamika Catchings has an impressive list of achievements, including high school state basketball championships in two states (Illinois and Texas), a college national championship with the Tennessee Lady Vols, a WNBA championship, multiple collegiate all-American and WNBA all-star honors, and four Olympic gold medals. Catchings overcame personal challenges on the way to a successful basketball career. She has a hearing disorder that affected her social interaction with her childhood classmates. She discovered that the strategies she used to negotiate daily life with a hearing impairment gave her an edge on the basketball court. Her memoir recalls her early childhood and her family's moves to follow her father's professional basketball career, her parents' divorce and the division of the family between two households, high school championships with her sister as a teammate in Illinois and a subsequent high school championship after she moved with her mother to Texas, her recruitment by legendary coach Pat Summitt and her career as a Tennessee Lady Vol, her professional career with the Indiana Fever, and her Olympic experiences. Catchings describes her salvation experience during her college years, and in retrospect she recounts evidence of God's presence throughout her life. Catchings' story will inspire Christian athletes and sports fans alike, and it would be a suitable purchase for public libraries, Christian school libraries, and Christian colleges and universities with sports majors or athletic programs. Academic libraries supporting disabilities or special education programs may find it useful as a firsthand account of living with a hidden disability.

Reviewer

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