Leman's "Making children mind without losing yours" (book review)

Torri Beck
Toccoa Falls College

The Christian Librarian is the official publication of the Association of Christian Librarians (ACL). To learn more about ACL and its products and services please visit //www.acl.org/

Follow this and additional works at: http://digitalcommons.georgefox.edu/tcl
Part of the Early Childhood Education Commons, and the Family, Life Course, and Society Commons

Recommended Citation
Available at: http://digitalcommons.georgefox.edu/tcl/vol61/iss1/79

This Book Review is brought to you for free and open access by Digital Commons @ George Fox University. It has been accepted for inclusion in The Christian Librarian by an authorized editor of Digital Commons @ George Fox University. For more information, please contact arolfe@georgefox.edu.

Dr. Kevin Leman, an internationally known author and psychologist, has written several best-selling and award-winning books and this is one that every parent should read. The 7 basic principles of reality disciplines are the secret to making your children mind and Leman does an excellent job of describing situations that could occur and how to respond to them. This type of discipline (not punishment) shows characteristics of both authoritarian and permissive styles of parenting, which gives kids the ability to make some choices, but also holds them accountable for their actions. Each chapter ends with a “things to think about” section and it challenges you to look at your own style of parenting. If you’re not practicing Dr. Leman’s suggestions to improve or change your parenting skills, you will! I recently tested one of his suggestions with my strong-willed 3-year-old and was amazed that it worked! Remembering that kids want attention and will do anything to get it and that your response to their actions is critical will help you succeed at remaining in control and earning their respect. Communication with your child is a key factor to listening, responding, and showing them unconditional love and encouragement. While this book is certainly a must-have for parents, it could also be beneficial for those who work with children, helping others understand why kids act the way they do and how to react to them.

**Reviewer**
Torri Beck, Toccoa Falls College