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Kyle's "The Girl's guide to life" (book review)

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Book Reviews



Kyle, S. (2015). *The Girl's guide to life*. Carson, CA: RoseKidz. 192 pp. \$10.99. ISBN 9781584111498

The Girl's Guide to Life is one book among nearly a dozen in the Girl's Guide series about friendship, faith, family relationships, fashion, and decorating. Part devotional, part activity book, it is designed for pre-teen girls, and is reminiscent of the style of *American Girl* magazine. Each chapter contains an opening narrative of one fictitious girl's dilemma, followed by questions about the narrative. If that were the only thing contained in each chapter, one might classify this as a devotional book. But after the initial narrative, the first chapter includes a craft project, a section about goals and time management, a set of random fun facts (for instance: "It's physically impossible to lick your elbow" p. 17), a scripture memorization exercise, a journaling and prayer exercise, another craft, and a concluding prayer. Each chapter has some common elements such as the narrative, a short Bible study, and a craft, but beyond that each chapter is a bit different. In one chapter, the activity might involve asking parents and grandparents about their lives and heritage. In another chapter, there might be a quiz about personality or about various friendship scenarios. Though this may not be appropriate for a library due to the temptation for patrons to fill in their own answers, this may be a great gift for a pre-teen girl. More than a devotional book, *The Girl's Guide to Life* holistically incorporates devotional elements into wide-ranging topics from money management to healthy lifestyle choices, and from relationships with parents to challenging issues with friends.

Reviewer

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