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Young's "Abigail's story: Biblical wisdom from a woman of strength and faith" (book review)

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Book Reviews



Young, S. (2014). *Abigail's story: Biblical wisdom from a woman of strength and faith*. CrossBooks: Bloomington, IN. 90pp. \$11.95 ISBN 9781462738359

Sarah Young, the author of this work, attended Cedarville University. She is a pastor's wife, who has ministered to many women through her church and the university. Her family includes her two daughters and a son-in-law. She happens to share the name of the bestselling author of *Jesus Calling*.

Young's aim in this book is to give insight on the character of Abigail through a Bible study, which is especially geared toward women. "Abigail's story highlights many basic life principles, that with a little application position us to be vessels God can use for His glory and to make a difference in our world" (p. 84). This is not a lengthy book, but to get the most out of it, you will need to look up scripture. At the end of each chapter, there are "Reflections on the heart of God," which list Old and New Testament scriptures that point to attributes of God and the character He wants to develop in us. Thought provoking "Questions for further Reflection," are also included and may take time to ponder.

Young illustrates how God gave Abigail discernment, which spurred her into action. She knew that King David was God's anointed and humbly gave provisions to him and his men. She had godly wisdom and knew when to take initiative. Nabal (her husband) had refused and would have caused David's men to seek vengeance on him and his servants. Abigail was blessed, while God himself judged Nabal. Her story shows us how Abigail listened to God and was available to obey Him. She had the right priorities and people could approach her with their concerns. She was also hospitable and is an example of serving God and others.

This book could potentially be used for a small women's group as well as for individual study, though many of the reflection questions could be better answered privately.

Reviewer

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