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Biggers's " Estudio Bíblico de 5 minutos para mujeres" (book review)

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Book Review



Biggers, E. (2021). *Estudio Bíblico de 5 minutos para mujeres*. Uhrichsville, OH: Barbour Publishing. 191 pp. \$5.99. ISBN 9781643528472

Emily Biggers is an elementary school teacher and author of several devotional books for women or children. This volume of Bible studies for women was originally published in English by Barbour Books (*The 5-Minute Bible Study for Women*) in 2018. The design of this collection of short Bible studies is intended to equip readers to engage with Scripture even when their time is limited. Each 2-page study includes a reference for a passage of Scripture, the text of one to three key verses from that passage, questions for the reader to contemplate, a devotional that highlights avenues for personal application of Biblical principles, a prayer, and a lined space for journaling. The book comprises 93 studies arranged in Biblical order (Genesis – Revelation). The majority of the books of the Bible are represented by at least one study, but some books are omitted. Each study functions independently, so the reader is free to use them in any order. The straightforward, conversational style of the studies is accessible for the layperson. With few exceptions (e.g. Proverbs 31), the passages selected and Biblical principles discussed are not especially focused on women. The studies' reflection questions and devotionals occasionally reveal that women are the audience the author has in mind, but the studies' focus centers on scriptural truths that are valid for any Bible student. While reading the selected Bible passage and its study within the suggested 5-minute timeframe is reasonable for most readers, doing so would not allow much time for reflection on the posed questions or for taking advantage of the provided journaling space. Nonetheless, the goal of providing concise Bible studies for those with limited time is certainly accomplished.

Reviewer

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