

1980

1980 Press Release

George Fox University Archives

Follow this and additional works at: https://digitalcommons.georgefox.edu/athletics_womentrack

Recommended Citation

George Fox University Archives, "1980 Press Release" (1980). *Women's Track and Field*. 30.
https://digitalcommons.georgefox.edu/athletics_womentrack/30

This Press Release is brought to you for free and open access by the George Fox University Athletics at Digital Commons @ George Fox University. It has been accepted for inclusion in Women's Track and Field by an authorized administrator of Digital Commons @ George Fox University. For more information, please contact arolfe@georgefox.edu.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

March 10, 1980

BRUIN TRACK WOMEN SNAP FIVE MARKS

George Fox College track women set five school records on their way to a finish as the best small college team in Oregon in the 1980 Oregon State Beaver Preview Relays Saturday (Mar. 8) in Corvallis.

The Bruin women were fifth overall in a field of 11 teams, a meet dominated by host OSU and University of Oregon.

The Bruins with 25 points, were well ahead of Willamette University with 11 points and Linfield with 9. Lewis & Clark did not score.

The GFC 400-meter relay team, with a 49.74 time, broke last year's record in the event of 49.90. Establishing the new mark were Jacque Davis, a Tacoma, Wash., sophomore; Karen Maxwell, Salem junior; Jacque Williams, Portland freshman; and Shavon Dennis, Monrovia, Calif., freshman. George Fox was third in the event, topped by OSU and the U of O.

The Bruins women also were third in the 400 shuttle hurdle relays. The 69.38 clocking easily passed the 71.15 previous school record set last spring. Setting the mark were Williams, Saundra Burns, Tacoma, Wash., sophomore; Lois Thomas, Quincy, Wash., sophomore, and Maxwell.

Another third was captured in the 800 meter relay with a new school mark of 1:46.50, besting the previous 1:50.20 time of last spring. Team members were Davis, Maxwell, Williams and Dennis.

An 83-0 distance in the shot relay was eight feet further than the old school record. Tossing were Maxwell; Rachel Hampton, Yamhill freshman; and Jody Hawkins, Lincoln City senior.

George Fox College
Bruin Track Women Snap Five Marks
Page 2

A new record, because it was the first time run, was established in the 800 meter sprint. The time of 1:59.26 was set by Davis, Tina Stephenson, Siletz freshman; La Donna House, Santa Marie, Calif., freshman; and Eileen McDougal, Newberg sophomore.

The mile relay team of Burns, Williams, Dennis and Maxwell missed setting a new GFC mile record by one-fourth of a second, finishing in 4:06.

"I beleive we can be a power-house of small colleges," a confident coach Randy Winston said. "We're doing tremendously well as shown by our large margins over previous marks."

Next up for the track women is a coed meet Saturday (Mar. 15) with Willamette University as George Fox holds its first meet on its newly completed all-weather track.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

March 24, 1980

GFC'S SHAVON DENNIS SETS 400 METERS MARK

Shavon Dennis, a George Fox College freshman, is leading Region 9 of the Association for Intercollegiate Athletics for Women (AIAW), Divisions 2 and 3, in the 400 meters.

Dennis, from Monrovia, Calif., clocked her school record breaking mark of 57.6 in the University of Oregon Open Saturday, March 22, in Eugene.

Dennis broke the old George Fox record of 61.3 set last year by Karen Beckler. Dennis's time is the best reported from 28 schools in Oregon, Washington and Idaho.

That race may have been costly, however. Dennis pulled a hamstring and is now doubtful for competition this Saturday (March 29) as the Bruins host University of Puget Sound in a double dual meet.

- 30 -

ED. NOTE: Shavon is the correct spelling.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224
March 31, 1980

WOMEN\ STRACK BRUINS SWAMP UPS

George Fox College track women won all but 4 of 15 events Saturday (Mar. 29) to swamp visiting University of Puget Sound 80-39 in a duo track meet.

The Bruin women won half of the 14 seconds spots and half of the eight thirds to pile up their points.

Coach Randy Winston's team swept the shot and high jump and finished 1-2 in four other events.

Two Bruins each contributed 12.5 points to the cause. Salem junior Karen Maxwell won both hurdles--the highs at 15.6 and the intermediates at 1:10.7, then assisted with wins by both relay teams.

Freshman Shavon Dennis captured wins in the 200 at 25.8 and the 400 at 59.5, then also helped in the relays, with the Bruins winning the 400 relays at 50.7, 4.7 seconds ahead of UPS, and taking the 1,600 meter relay at 4:13, more than 20 seconds ahead of the Logger entry.

Perhaps the outstanding performance was by freshman Rachael Hampton who set a new school record in the discus at 104-11, bettering the 1977 mark of Deanna Lankey by 11 inches. Hampton also won the shot at 30-4, a personal record.

Qualifying for the regionals was Jacquie Davis with a 12.7 time in the 100, beating the standard by eight-tenths of a second.

Sandra Burns won the high jump at 4-8 and at 16.4 in the 100 hurdles just missed the regional qualifying by four-tenths of a second.

Also capturing a first for George Fox was Tiny Stephenson with a 73-1 throw in the javelin.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

April 7, 1980

BRUIN TRACK WOMEN WIN ORE/CAL/NEV INVITATIONAL

George Fox College track women kept their small college undefeated string going Saturday, April 5, handily outdistancing three other schools in the Oregon/California/Nevada Invitational in Ashland.

Coach Randy Winston's Bruin squad compiled 143 points to 125 for second place Oregon College of Education, 120 for Humboldt State, a school of 7,500; and 66 points for host Southern Oregon State.

The Bruins won 7 of the 15 events. "They performed magnificently," said Winston afterward, "we really ran away with it."

The Bruins won both relays, taking the short distance in 50.7, outracing OCE at 51.86, and winning the mile relay at 4:12.5, again besting second place OCE at 4:18. The short relay team is composed of Jacque Davis, Karen Maxwell, Jacquie Williams and Shavon Dennis. The mile foursome is Sandra Burns, LaDonna House, Dennis and Maxwell.

Maxwell, a Salem junior, captured both hurdles races, winning the 100-meter distance at 15.52 and taking the 400 meters at 67.5

The Bruin women also won the 100, 200 and 400 meter runs. Dennis, a Monrovia, Calif. freshman, won the 200 at 25.5 and the 400 meters at 59.8. In the 200 distance Davis was third at 26.43 and with that time qualified for regional competition. Previously she also qualified in the 100.

Davis raced to first in the 100 dash at 12.75.

- more -

George Fox College
Track Women Win Invit.
Page 2

Williams nearly gave the Bruins an eighth first place finish as she went 16-0 in the long jump, the same as OCE's Kathy Selberg, but Selberg, on the strength of a better second jump, was awarded first.

Next up for the Bruin women is a four-way meet Saturday (April 12) in Tacoma with host Pacific Lutheran also taking on Linfield and OCE.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

April 14, 1980

UNDEFEATED TRACK WOMEN TO HOST CONFERENCE CHAMPIONSHIPS

The 1980 track championship for the Women's Conference of Independent Colleges (WCIC) will be determined (April 16) at George Fox College.

The Bruins will host five schools, beginning at 12:30 p.m. on George Fox's new all-weather track facility, Colcord Field.

Competing will be George Fox, Pacific University, Willamette University, Lewis & Clark College, Linfield College and Pacific Lutheran.

George Fox, defending conference champions, and unbeaten in action this year, tuned up for the meet Saturday (April 12) to easily win a four-way meet at Pacific Lutheran in Tacoma.

The Bruins piled up 64 points to 50 for Linfield, 32 for host PLU and 26 for Oregon College.

George Fox set a school record in the 400 meter relay at 49.6, breaking the previous 49.7 mark set earlier this year. Team members are Jacque Davis, Karen Maxwell, Jacquie Williams and Shavon Dennis.

With a 1:07.1 in the 400 intermediate hurdles Sandra Burns qualified for the NCWSA Region 9 competition in May at Boise State. Her time was a personal best.

Salem junior Karen Maxwell set a personal mark in the long jump with a 16-3 effort. She won the 400 intermediate hurdles (1:06.6) and the 100 high hurdles (15.2) was third in the high jump (4-10), and helped on both winning relay squads.

- more -

George Fox College
Undeclared Track Women 4/14/80
Page 2

The Bruins claimed six firsts, including two by Dennis who won the 400 meters at 58.2 and the 200 at 25.6.

George Fox won the 1,600 meter relay at 4:09 with a team of Dennis, Burns, LaDonna House and Maxwell.

Following Wednesday's championship meet the Bruin women join the men for a coed meet Saturday in Newberg with Lewis & Clark of Portland.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

April 21, 1980

BRUIN TRACK WOMEN WIN WCIC CONFERENCE CROWN

George Fox College track women, for the second straight year, wear the crown as champions of the Women's Conference of Independent Colleges.

The Bruin women captured the title on their own field, breaking four district records and tying another on their way to piling up 122 points for the victory.

Linfield College was the closest competitor with 116, followed by Willamette at 103, Pacific Lutheran with 49, Lewis and Clark with 48½ and Pacific with 28½.

The Bruins' strong spring crew accounted for 76 of the points. Shavon Dennis, Jacquie Williams and Jacque Davis scored 50 points in the three sprints--100, 200 and 400 meters. Dennis won both the 200 and 400 at 25.7 and 57.6, respectively. It was a sweep for the Bruins in the 200 as Williams was second at 26.7 and Davis in third at 26.8.

The 200 time was a new record, breaking the old 26.1 set in 1977. Dennis also tied the 400 meters record time. Davis won the 100 at 12.7.

It was a record-smashing time for George Fox's relay teams as they raced to a 49.4 time in the 400 meters, bettering their old mark of 51.6 a year ago, and then timed the 1,600 meter distance at 4:07.4, shaving the old 4:08.0 mark, also a year ago by GFC.

Dennis, Williams and Davis teamed up with Salem Junior Karen Maxwell in the 400 relay, and it was Williams, Maxwell, Dennis and Sandra Burns in the 1,600.

It was Maxwell who earned individual honors. She scored 26 points in five

more

of six events she entered, winning both hurdles races, setting a record in the process, helping with the relays, and picking up another point with a sixth-place finish in the high jump (4-10).

Maxwell raced the 100 meter hurdles at 15.5, two-tenths a second better than her record of last year. She was first in the 400 meter hurdles at 65.8 with Burns second at 68.4. She also was second in the 100 hurdles at 16.1.

The Bruin women also picked up points with the second place of Williams in the long jump at 17-2½ and her third in the 100 meters at 13.0.

Junior Lynette Phillips was fifth in the shot put at 33-3½ and in the javelin at 97-10. Rachel Hampton was fifth in the discus with a 93-6 effort and sixth places were garnered by Cathy Bowersox in the 100 at 13.7, Eileen McDougal in the 800 meters at 2:30.2.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224
April 21, 1980

BRUIN TRACK WOMEN ROMP PAST LEWIS & CLARK

Taking nine of 15 first places and setting a new school record in the 400-meter relay, George Fox College's track women Saturday (April 19) romped past visiting Lewis & Clark 75-47.

The Bruin women set the new mark in the short relay at 49.3, snapping a 49.5 record that lasted just three days. Setting the new record were Jacque Davis, Karen Maxwell, Jacquie Williams and Shavon Dennis.

Maxwell took both hurdles events, winning the 100 in 15.4 and the 400 hurdles at 65.5.

Dennis won the 400 meter race at 58.0 and picked up more points in the 200 meters at 25.7.

Williams jumped 16-9½ in the long jump to win the event and Davis raced the 100 meter distance in 12.8 for a win.

Dennis and Maxwell teamed up with LaDonna House and Saundra Burns to capture the closing 1,600 meter run at 4:06.7.

Newberg sophomore Eileen McDougal claimed the 1,500 meter run with 5:00.0 timing.

The Bruin women posted a 1-2-3 sweep in the 100, with Williams at 13.5 following Davis, and Cathy Bowersox third at 13.6.

Randy Winston's squad also piled up points with second places by Lynette Phillips, taking two places (the shot at 33-3½ and the javelin at 103-9½), Maxwell in the high jump at 4-10, Burns in the 100 hurdles at 16.2, House in the 400 meters at 63.4, and Rachel Hampton in the discus with a 90-0 toss.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

April 28, 1980

BRUIN TRACK WOMEN HOST LINFIELD IN NONCOUNTER

When is a track meet not a meet? A good example might be the George Fox-Linfield women's competition Saturday (April 26).

The two squads did meet on the field, but the coaches in advance decided to call off the team scoring and therefore it was not really a meet--at least a counting one.

The WCIC conference champion Bruins won six events and Linfield, seven, in the abbreviated day of competition.

Both teams were suffering from injuries and the coaches decided the results with the remaining competitors would not be a true test of the abilities.

George Fox was missing its two top sprinters and relay team members--Shavon Dennis and Jacquie Williams. Both were recovering from injuries and Coach Randy Winston did not want to risk further injury as the squad prepares for regional action in two weeks.

Saundra Burns was a triple winner for the Bruins, high jumping 4-8, winning the 100 meter hurdles at 16.8, then coming back to take the 400 intermediate hurdles at 1:11.7.

Lynette Philips was in first in the javelin at 106-2, Jacque Davis took the 200 meters at 26.7 and the Bruin relay team of Burns, LaDonna House, Cathy Bowersox and Karen Maxwell won the 1,600 relay at 4:12.5.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

May 6, 1980

GFC TRACK WOMEN AWAIT REGIONAL CHAMPIONSHIPS

George Fox College track women, with the WCIC (Women's Conference of Independent Colleges) track title in hand, travel to bigger things this weekend (May 8-10) as they compete in the Northwest College Women's Sports Association track championships at Boise State University.

Bruin Coach Randy Winston says he has hopes his squad can finish in the top five. That could be impressive, considering there will be 22 teams entered, including state schools in Oregon, Washington, Idaho and Montana.

"We've never really been tested in some events," Winston says. "This should give a real challenge and incentive."

The Bruin women have some strong reasons for that expectation. George Fox runners are listed with some of the best times in the Northwest.

Salem Junior Kern Maxwell has the best pentathlon score of the season with 3,242. She tied for first in the 400 hurdles at 1:05.5. Maxwell also has the second best time in the 100 hurdles at 15.2.

And sprinter Shavon Dennis is second rated in the 400 with her 57.6 timing.

Both of the Bruin's relay squads are fourth ranked. The 400 meter relay team of Jacque Davis, Maxwell, Jacquie Williams and Dennis has produced a 49.3 effort. The 1,600 relay team of Sandra Burns, Davis, Dennis and Maxwell has a 4:06.13 time in that event. The 800 relay distance team (Davis, Maxwell, Williams and Eileen McDougal) has the ninth best time at 1:59.26.

Dennis's 26.6 clocking is fifth best in the 200, and Burns is listed sixth in the 400 hurdles at 16.1. Davis is tenth in the 100 at 12.6 and Williams tenth in the long jump with a 17-2½ leap.

Injuries are some problem to the Bruin women. Several athletes missed the last dual meet (with Linfield) and Dennis has been reinjured with an ankle cut, suffered in a bicycling accident.

In addition to the WCIC schools of Linfield, Pacific, Willamette, Lewis & Clark, and Pacific Lutheran, other teams in the NCWSA title chase are Seattle Pacific, Central Washington, Eastern Washington, Western Washington, Western Montana, Northern Montana, Eastern Montana, Rocky Mountain, Eastern Oregon, Southern Oregon, Whitworth, Idaho, Northwest Nazarene, Oregon College of Education, and University of Puget Sound.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

May 12, 1980

BRUIN TRACK WOMEN 10TH IN NORTHWEST DIVISION MEET

George Fox College's hopes of matching its women's track team results with the impressive district championship for the men were dashed over the weekend (May 9-10) in Boise, Idaho.

The Bruin women, although setting four school records in Northwest College Women's Sports Association Division 2 and 3 meet at Boise State University, settled for 10th place overall among 18 schools, earning 26 points.

Coach Randy Winston's team was setback twice in preliminary races. The 400-meter relay team was disqualified for dropping the baton, and the 1,600-meter relay team was eliminated when Jacquie Williams suffered a foot injury long jumping.

The Bruins got all of their points from just two runners. Monrovia, Calif., freshman, Shavon Dennis won the 400 meter dash in a school record time of 56.22. She later took fourth place in the 200 distance at 25.46, to produce a total of 14 points for the Bruins.

Teammate, Karen Maxwell, a Salem junior, contributed the other 12 on the strength of her third finish in the 100 hurdles at 15.17, her fourth place in the pentathalon at 3,153, and her fifth position in the 400 hurdles at 1:07.27. She set a George Fox record of 1:05.3 in a preliminary heat.

- more -

George Fox College
Bruin Women 10th in Meet
Page 2

Although not scoring for the team in the meet, Jacque Davis set a GFC record in the 100 dash at 12.25, and the Bruin 800 meter medley relay team of Davis, Maxwell, Cathy Bowersox, Salem, and Eileen McDougal, Newberg, set a new school mark at 1:56.9.



sports news

for further information contact:
Athletic Director (503) 538-8383 Ext. 250
Information Director (503) 538-8383 Ext. 224

May 28, 1980

GFC WOMEN WIN TRACK AWARDS

Shavon Dennis, one of the Northwest's top sprinters, has been named Most Valuable for the George Fox College women's track team.

Dennis, a Monrovia, Calif., freshman, won the 400 dash in a school record time of 56.22 at the Northwest College Women's Sports Association Division 2 and 3 this month in Boise. She topped runners from 18 colleges. Dennis finished fourth in the 200 at 25.46.

Earlier, as the Bruin women won the Women's Conference of Independent Colleges track title for the second straight year, Dennis won both the 200 (at 25.7) and 400 (at 57.6). Both were school records. Dennis also helped the Bruins capture both relays at the district.

The Most Improved designation went to Jacque Davis and LaDonna House. Davis, a Tacoma sophomore, set a new GFC record in the 100 dash at 12.25 in the regional competition. She also participated in the district-winning 400-relay squad, and was third in the district in the 200 at 26.8.

House, a Santa Marie, Calif., freshman, competed for the Bruins in the 400 meters, and helped with the 1,600 relay.

Winning the Most Inspirational nod was Tina Stephenson, a Siletz, Ore., freshman.

Awards were presented by Bruin women's track coach Randy Winston.