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Monday, April 22, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

Overall: 8-9 (Home 3-2, Road 3-5, Neutral 2-2)

NWC: 5-6 (Home 1-2, Road 3-4, Neutral 1-0)

NWC Seeding: 2-6 (Home 1-2, Road 1-4)

HIGHLIGHTS:

- * Bruins Conclude Winningest Season with Finish of 7th in NWC Tourney
- * Trefts Named First Team All-Northwest Conference

THIS WEEK: Season over

LAST WEEK (recaps below):

--- at Northwest Conference Tournament, Yakima, Wash. ---

Apr. 19 – Linfield 9, George Fox 0 (1st round)

Apr. 19 – Pacific Lutheran 6, George Fox 3 (consolation semifinals)

Apr. 20 – George Fox 6, Willamette 3 (7th-place match)

COACH RICK CRUZ (George Fox '98) is now 11-24 (.314) after two years as the women's tennis coach at George Fox, and two years overall as a college women's coach. He has also finished his 4th season as the men's tennis coach.

4/22 – ALL-NWC: Trefts Garner All-Northwest Conference First Team Honors

NEWBERG, Ore. – It has been a trying season for the George Fox University women's tennis team, primarily due to the team's van accident in California on March 23 that fortunately resulted in only some broken bones and lots of cuts and bruises, at least physically. The team has persevered, however, and the rewards have begun to pay off for the team's persistence.

As evidence of that tenacity, the Bruins' No. 1 player, **Lisa Trefts**, a sophomore from Spokane, Wash., has been named to the All-Northwest Conference Women's Tennis First Team. While her record was not outstanding in terms of wins and losses (4-11 at #1 singles, 5-10 in doubles, mostly at #1), her spirit and drive while pitted against the other team's very best every time out earned her accolades from the NWC's other coaches.

2002 NWC Women's Tennis All-Northwest Conference Team

First Team All-NWC:

Paola Vicaino, Whitman (So., Metepec, Mexico)
Nicole Ralston, Linfield (So., Lincoln City, Ore.)
Sara Schippani, L&C (Sr., San Francisco, Calif.)
Jill Huibregtse, Whitworth (Jr., Yakima, Wash.)
Heidi Ruud, PLU (Sr., Port Angeles, Wash.)
Lisa Trefts, George Fox (So., Spokane, Wash.)
Jade-Lin Wong, UPS (Jr., Gig Harbor, Wash.)
Lori Bokovoy, Willamette (Sr., Edina, Minn.)

Second Team All-NWC:

Kirsten Changstrom (Jr., Linfield)
Jill Vaughan (Jr., Whitworth)

Player of the Year: Paola Vizcaino (Whitman)

Sportswoman of the Year: Jill Vaughan (Whitworth)

Coach of the Year: Heidi Tate (Whitman)

4/19-20 – NWC TOURNAMENT: Bruins Conclude Winningest Season with 7th Place in NWC Tourney

YAKIMA, Wash. – In the previous five years that George Fox University has had women's tennis, the most matches the team had ever won was three – and that came just last year. With this year's 8-9 record, by far the most wins ever, the Bruin program appears to be making progress at last.

Despite a van accident on March 23 that short-circuited the season for a while and left them with only six medically-cleared players by the time the Northwest Conference Tournament rolled around here Friday and Saturday (April 19-20), the Bruins gave it their best. As a result, despite the odds against them, the Bruins went 1-2 in the tournament and came away with a 7th-place finish.

Seeded 7th after a 2-6 record against conference opponents in matches designated for seeding purposes, the Bruins first ran up against 2nd-seeded Linfield College in Friday's first-round matchup. The Wildcats, who would go on to win the tournament with a 5-4 win over Whitman College, blanked the Bruins 9-0 in a match at Selah High School.

In the consolation semifinals against the Pacific Lutheran University Lutes Friday afternoon on the indoor courts of the Yakima Tennis Club, the Bruins showed themselves to be improved but still lost a 6-3 decision. Bruin victories came at #4 singles by Heidi Stagge, #6 singles by Rebecca Kromer, and at #2 doubles by Stagge and Trefts.

The Bruins closed out the tournament and their most successful season to date with a 6-3 win over Willamette University on Saturday at the indoor courts. Singles winners were Stephanie Selid at #2, Anne Robinson at #3, Heidi Stagge at #4, and Keri Ingraham at #5. Doubles wins went to Selid and Robinson at #1, and to Trefts and Stagge at #2 doubles.

George Fox University Bruins in NWC Women's Tennis Tournament:
April 19-20, 2002 – Yakima, Washington

April 19 – First Round: #2 Linfield d. #7 George Fox 9-0 (at Selah HS)

Singles:

- 1 - Nicole Ralston (L) d. Lisa Trefts (GF) 6-3, 4-6 (10-2)
- 2 - Kirsten Changstram (L) d. Stephanie Selid (GF) 7-5, 6-1
- 3 - Laura Worzniak (L) d. Anne Robinson (GF) 6-0, 6-2
- 4 - Lindsey Carlson (L) d. Heidi Stagge (GF) 6-3, 6-1
- 5 - Lindsay Paladeni (L) d. Keri Ingraham (GF) 6-3, 6-2
- 6 - Katie Leitheiser (L) d. Rebecca Kromer (GF) 6-2, 6-2

Doubles:

- 1 - Ralston/Paladeni (L) d. Selid/Robinson (GF) 8-1
- 2 - Worzniak/Leitheiser (L) d. Trefts/Stagge (GF) 8-3
- 3 - Changstrom/Stroud (L) d. Ingraham/Kromer (GF) 8-4

April 19 – Consolation semifinals: #6 Pacific Lutheran d. #7 George Fox 6-3 (at YTC Indoor)

Singles:

- 1 - Heidi Ruud (P) d. Lisa Trefts (GF) 6-2, 6-1
- 2 - Becky Summerer (P) d. Stephanie Selid (GF) 6-1, 6-1
- 3 - Andrea Hively (P) d. Anne Robinson (GF) 6-3, 6-2
- 4 - Heidi Stagge (GF) d. Monica Cafferty (P) 3-6, 6-3, 7-5
- 5 - Emily Sinn (P) d. Keri Ingraham (GF) 6-2, 6-4
- 6 - Rebecca Kromer (GF) d. Whitney Madison (P) 6-4, 2-6 (10-4)

Doubles:

- 1 - Ruud/Hively (P) d. Selid/Robinson (GF) 8-2
- 2 - Stagge/Trefts (GF) d. Cafferty/Liz George (P) 8-3
- 3 - Summerer/Sinn (P) d. Kromer/Ingraham (GF) 8-1

April 22 – Seventh Place Match: #7 George Fox d. # 8 Willamette 6-3 (at YTC Indoor)

Singles:

- 1 - Lori Bokovoy (W) d. Lisa Trefts (GF) 6-3, 1-6, 6-3
- 2 - Stephanie Selid (G) d. Katherine Sorensen (W) 7-5, 5-7 (10-5)
- 3 - Anne Robinson (G) d. Cortney Groves (W) 6-3, 3-6, 6-2
- 4 - Heidi Stagge (G) d. Jessica Bruck (W) 6-2, 6-1
- 5 - Keri Ingraham (G) d. Ashely Layton (W) 6-3, 6-3
- 6 - Melody Kerber (W) d. Rebecca Kromer (G) 6-4, 6-7 (10-5)

Doubles:

- 1 - Selid/Robinson (G) d. Bokovoy/Bruck (W) 8-6
- 2 - Trefts/Stagge (G) d. Groves/Sorensen (W) 8-3
- 3 - Layton/Amber Martin (W) d. Kromer/Ingraham (G) 8-6

Monday, April 8, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

Record 6-5: Home 3-0, Road 2-5, Neutral 1-0 /
NWC 4-4: Home 1-0, Road 2-4, Neutral 1-0 /
NWC Seeding 2-4: Home 1-0, Road 1-4

HIGHLIGHTS:

*** Bruins Return to Courts Two Weeks after Van Accident in California**

THIS WEEK:

Tue., April 9, 3:00 pm – at Pacific University, in Forest Grove, Ore. (NWC)
Fri., April 12, 3:30 pm – vs. Whitworth College, in Newberg, Ore. (NWC)
Sun., April 14, 1:00 pm -- vs. Whitman College, in Newberg, Ore. (NWC)

LAST WEEK (recaps below):

April 6 – at Pacific Lutheran 8, George Fox 1
April 7 – at Puget Sound 8, George Fox 1

NORTHWEST CONFERENCE (www.nwcsports.com) - thru April 8:

Team	Seed	NWC	Overall
Whitman Missionaries	5-0	6-0	7-4
Linfield Wildcats	5-1	6-1	8-4
Lewis & Clark Pioneers	4-2	6-4	6-6
Whitworth Pirates	3-2	3-3	4-7
Puget Sound Loggers	3-3	4-3	7-4
Pacific Lutheran Lutes	3-3	3-4	4-6
George Fox Bruins	2-4	4-4	6-5
Willamette Bearcats	1-5	2-7	3-11
Pacific Boxers	0-6	0-8	0-10

(Tennis does not play a double round-robin; only one match per NWC opponent counts for NWC Tournament seedings.)

COACH RICK CRUZ (George Fox '98) is now 9-20 (.310) in his 2nd year as the women's tennis coach at George Fox, and 2nd year overall as a college women's coach. He is also in his 4th season as the men's tennis coach.

4/6 – PAC LUTHERAN 8, GEORGE FOX 1: Bruins Fall at PLU in 1st Match Since Accident

TACOMA, Wash. – Although they lost the physical match 8-1, it was a definitely a triumph of spirit for the George Fox University women's tennis team as they got back on the courts here Saturday (April 6) against Pacific Lutheran University for the first time since their near-tragic accident in California two weeks ago.

The Bruins brought only four players to Tacoma – Stephanie Selid and Heidi Stagge, who were not on the trip, and Lisa Trefts and Anne Robinson, the only two players involved in the accident who have received medical clearance to begin playing again. Five other players – Kristen Miller, Keri Ingraham, Rebecca Kromer, Katie Metier, and Marcy Walter – are still being held out.

Stagge got the only win for the Bruins, defeating Whitney Madison 6-4, 6-3 at #4 singles. The Lutes won with first three singles, with Heidi Ruud defeating Trefts 6-0, 6-1 at #1; Andrea Hively over Selid 6-1, 6-3 at #2; and Monica Cafferty over Robinson 6-0, 7-5 at #3.

George Fox Women's Tennis ... Apr. 8, 2002 ... page 2

In doubles, Ruud and Hively defeated Trefts and Robinson 8-2 at #1, and Cafferty and Liz George downed Selid and Stagge 8-6 at #2. The other doubles and the last two singles matches were defaulted by George Fox.

The Bruins, now 6-4 overall and with twice as many wins as in any previous season, take on the University of Puget Sound Sunday (April 7) in Tacoma in a match postponed from Friday, beginning at 11:30 a.m.

4/7 – PUGET SOUND 8, GEORGE FOX 1: Trefts Wins #1 Singles but Bruins Fall to Loggers

TACOMA, Wash. – Playing their second match with only four healthy players since being involved in a van accident in California two weeks ago, the George Fox University Bruins put forth a valiant effort but dropped an 8-1 decision to the University of Puget Sound Loggers in a Northwest Conference women's tennis match here Sunday afternoon (April 7).

Lisa Trefts picked up the only Bruin win at #1 singles, defeating Jade-Lin Wong 5-7, 6-3, 6-1. Puget Sound got wins from Anne James over Stephanie Selid 6-4, 6-0 at #2, Ali Mathieu over Anne Robinson 6-2, 6-3 at #3, and Laura Brock over Heidi Stagge 6-3, 6-1 at #4. The Bruins defaulted at #5 and #6.

In doubles, the Loggers' James and Mathieu defeated the Bruins' Trefts and Robinson 8-6 at #1, and Wong and Holly Frank downed Selid and Stagge 8-7 at #2. The #3 doubles was a default.

The match was originally scheduled for Friday, but was postponed due to inclement weather.

George Fox is now 6-5 on the season, 4-4 against conference opponents, and 2-4 for conference seeding. The Bruins return to the courts Tuesday (April 9), visiting Pacific University at 3:00 p.m.

Monday, March 25, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

(Record 6-3: Home 5-0, Road 1-3, Neutral 0-0 / NWC 4-2: Home 1-0, Road 2-2, Neutral 1-0 /
NWC Seeding 2-2: Home 1-0, Road 1-2)

HIGHLIGHTS:

- * Tennis Team Involved in Accident on Spring Break Trip
- * Bruins Drop Only Match of Week at Southern Oregon

THIS WEEK:

Thur., Mar. 28, 2:00 pm – at Occidental College, in Los Angeles, Calif. (cancelled)

LAST WEEK (recaps below):

Mar. 22 – at Southern Oregon 8, George Fox 1

NORTHWEST CONFERENCE (www.nwcsports.com) - thru Mar. 24:

<i>Team</i>	<i>Seed</i>	<i>NWC</i>	<i>Overall</i>
Linfield Wildcats	4-0	5-0	7-0
Whitman Missionaries	3-0	3-0	4-4
Lewis & Clark Pioneers	3-1	5-3	5-5
Whitworth Pirates	2-1	2-1	3-5
George Fox Bruins	2-2	4-2	6-3
Willamette Bearcats	1-2	2-5	2-9
Pacific Lutheran Lutes	1-2	1-3	2-5
Puget Sound Loggers	0-3	1-3	4-4
Pacific Boxers	0-4	0-6	0-8

(Tennis does not play a double round-robin; only one match per NWC opponent counts for NWC Tournament seedings.)

COACH RICK CRUZ (George Fox '98) is now 9-18 (.333) in his 2nd year as the women's tennis coach at George Fox, and 2nd year overall as a college women's coach. He is also in his 4th season as the men's tennis coach.

3/25 – Bruin Women's Tennis Team Involved in Accident on Spring Break Trip

NEWBERG, Ore. – A tire blowout along Interstate 5 near Redding, Calif., resulted in a loss of control and rollover of a George Fox University van carrying nine members of the Bruin women's tennis team on their spring break trip Saturday morning (Mar. 23).

The accident resulted in injuries to all nine passengers in the van, though none are life-threatening. Three players were airlifted from the scene to nearby Redding hospitals, with all but one person being released Saturday evening.

The most serious injury was to **Kristin Miller (So., Pendleton, Ore.)**, who suffered a compression fracture of the vertebrae between her shoulder blades and is expected to remain in Redding for several days. Head coach **Rick Cruz** was remaining with her until her parents arrived from Pendleton. Her prognosis is good, as there was no paralysis after the injury.

Others involved in the accident were Cruz and his brother, assistant coach **Rob Cruz**, and players **Keri Ingraham (Jr., Edmonds, Wash.)**, **Rebecca Kromer (Fr., Gresham, Ore.)**, **Katie Metier (Fr., Otis Orchards, Wash.)**, **Anne Robinson (So., Wilson, Wyo.)**, **Lisa Trefts (So., Spokane, Wash.)**, and **Marcy Walter (Fr., Ceresco, Mich.)**. Redding hospital personnel arranged to have all the team members flown home, with Walter going home with Ingraham. Two other squad members, **Stephanie Selid (So., Portland, Ore.)** and **Heidi Stagge (Fr., East Wenatchee, Wash.)**, were not traveling to California.

The Bruins had stopped in Ashland, Ore., Friday afternoon to play Southern Oregon University, and were on their way to Los Angeles, Calif. According to reports, the van was traveling about 70 miles an hour on the interstate when the left rear tire blew, causing the van to roll over several times along an embankment.

"I haven't seen a police report yet, but from what I've heard, we could have had a number of fatalities if our people had not been wearing their seat belts," said George Fox director of athletics Craig Taylor. "We are very fortunate that what is certainly a serious accident was not nearly as bad as it could have been."

The Bruins, who are having their best season ever at 6-3, were to have played Occidental College Thursday, Mar. 28, but that match has been cancelled. No decision has been made on the rest of the team's spring season.

"To be honest, that issue has not even come up yet; our number one concern is to be sure everyone is safe and cared for," said Taylor. "I'll sit down with Coach Cruz on Friday to discuss several matters surrounding the accident, and we will probably talk about it then. There were some significant injuries, such as damage to soft tissues and some broken bones, that could weigh heavily in the decision."

Brad Lau, vice-president for student life at George Fox, said in a statement to university personnel and students via e-mail, "I'm sure that I echo our thoughts as a GFU community in thanking God from the very depths of our souls that the accident (while certainly serious) was not near as serious as it could have been. I also trust that our prayers will continue to be with the coaches, students, and their families as they recover from the physical and emotional trauma of the accident. This also serves as another reminder to pray for the many GFU teams, Serve trips, students, faculty members, and staff members who are still traveling over the break."

3/22 – SOUTHERN OREGON 8, GEORGE FOX 1: Bruins Begin Spring Break with Loss to Raiders

ASHLAND, Ore. – Heading to California for spring break, the George Fox University Bruins stopped off here Friday afternoon (Mar. 22) and dropped an 8-1 decision to the Southern Oregon University Raiders in women's tennis.

The only win for the Bruins came at #2 doubles, where **Lisa Trefts** and **Rebecca Kromer** teamed up to defeat Kristin Maloney and Julie Nelson 8-2. Southern Oregon doubles winners were Bridget Wagner and Lindsey Chrisman over **Kristin Miller** and **Anne Robinson** 8-0 at #1, and Sabrina Dake and Megan Loeding over **Stephanie Selid** and **Marcy Walter** 8-0 at #3.

The Raiders took all the singles matches, with Wagner over Trefts 6-4, 6-4 at #1; Maloney over Selid 7-5, 6-1 at #2; Nelson over Miller 6-3, 6-2 at #3; Loeding over Robinson 6-3, 6-1 at #4; Chrisman over **Keri Ingraham** 6-4, 6-3 at #5; and Dake over Kromer 6-3, 6-4 at #6.

Monday, March 11, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

(Record 6-2: Home 5-0, Road 1-2, Neutral 0-0 / NWC 2-1: Home 1-0, Road 1-1)

HIGHLIGHTS:

- * Bruins Win Three Straight to Set Team Record for Wins in a Season
- * Stagge Earns First NWC Player of the Week Award

THIS WEEK:

There are no matches scheduled until March 22 at Southern Oregon University.

LAST WEEK (recaps below):

Mar. 8 – George Fox 5, at Willamette 4,
Mar. 9 – at George Fox 6, Pacific 1
Mar. 10 – George Fox 5, at Lewis & Clark 4

NORTHWEST CONFERENCE (www.nwcsports.com) - thru Mar. 10:

Visit the Northwest Conference web site for the latest standings and other tennis information.

COACH RICK CRUZ (George Fox '98) is now 9-17 (.346) in his 2nd year as the women's tennis coach at George Fox, and 2nd year overall as a college women's coach. He is also in his 4th season as the men's tennis coach.

BRUIN BITS:

*** Stagge Earns First NWC Player of the Week Award:**

Heidi Stagge (Fr., East Wenatchee, Wash.) became the first Northwest Conference Women's Tennis Player of the Week for Mar. 4-10 by going 6-0 and helping the Bruins to a 3-0 week. Against Willamette, she defeated Cortney Groves 6-1, 1-6, 6-2 at #5 singles and won with Rebecca Kromer (Fr., Gresham, Ore.) over Jessica Bruck and Rebekah Murphy 8-5 at #3 doubles. Against Pacific, she defeated Lei Tokuda 6-1, 6-2 at #4 singles, and with Kromer downed Tokuda and Fern Koga 8-3 at #2 doubles. She capped off the week with a 6-3, 6-3 win over Kristin Head of Lewis & Clark at #5 singles, and teamed with Stephanie Selid (So., Portland, Ore.) to defeat Kemarre Barton and Lindsay Hogan 8-4 at #2 doubles.

*** Bruins Wins Three in a Week to Set New Record for Wins:**

With three straight victories this past week over Willamette, Pacific, and Lewis & Clark, the George Fox women's team has established a new single-season record for wins with their 6-2 slate. In the previous five years of the women's program, which was started in 1997, the best record the team ever had was last year's 3-15 mark.

"Oh, by far and away, we're having the best year any women's tennis team at George Fox has ever had," said 2nd-year coach Rick Cruz. "And the most amazing thing is that we are still a very young team, with only one senior. These young ladies are building something good here and are having a lot of fun doing it!"

*** NWC Tournament to be Held in Yakima for 2nd Straight Year:**

For the second year in a row, the Yakima (Wash.) Tennis Club will be the host site for the Northwest Conference Men's and Women's Tennis Tournaments, according to NWC information director Steve Flegel of Whitworth College. The dates for the events Friday-Saturday, April 19-20. Both George Fox teams finished 8th in the tournaments last year.

3/8 – GEORGE FOX 5, WILLAMETTE 4: Bruins Surpass '01 Wins Total with Defeat of Bearcats

SALEM, Ore. – Completing a season sweep of Northwest Conference rival Willamette University, the George Fox University posted a 5-4 win over the Bearcats Friday afternoon (Mar. 8) here at the Courthouse and surpassed last year's total for wins in only their sixth match of the spring.

The Bruins, who opened the season with a 5-4 win over the Bearcats, are now 4-2, besting their wins total during a 3-15 season in 2001. The Bruins won by splitting the six singles matches and taking two out of three in the doubles.

Doubles winners for the Bruins were **Lisa Trefts (So., Spokane, Wash.)** and **Anne Robinson (So., Wilson, Wyo.)** 8-6 over Lori Bokovoy and Ashley Layton at #1, and **Heidi Stagge** and **Rebecca Kromer** over Jessica Bruck and Rebekah Murphy 8-5 at #3. The Bearcats' doubles win came as Courtney Groves and Katherine Sorensen defeated **Kristin Miller (So., Pendleton, Ore.)** and **Stephanie Selid** 8-5 at #2.

Winning in singles for George Fox were Selid over Layton 6-4, 6-0 at #3, Stagge over Groves 6-1, 1-6, 6-2 at #5, and **Keri Ingraham (Jr., Edmonds, Wash.)** over Murphy 7-5, 6-2 at #6. Willamette wins were Bokovoy over Trefts 7-6 (7-2), 4-6, 7-5 at #1, Sorensen over Miller 6-1, 6-1 at #2, and Bruck over Robinson 6-3, 6-3 at #4.

3/9 – GEORGE FOX 6, PACIFIC 1: Bruins Win Abbreviated Match over Boxers

NEWBERG, Ore. – Although rain and darkness overtook the teams before the match was completed, the George Fox University Bruins had already secured enough wins to post a 6-1 victory over the Pacific University Boxers in Northwest Conference women's tennis action Saturday afternoon (Mar. 9) here at the GFU campus courts.

The Bruins took five of the six singles and the #2 doubles matches, but time and the elements prevented completion of the #1 and #3 doubles. Still, the Bruins were able to post their second straight win and improve to 5-2 on the season.

Singles winners for George Fox were **Lisa Trefts** over Josie Vu 6-1, 6-0 at #1; **Stephanie Selid** over Erin Milliron 7-6 (7-5), 6-1 at #2; **Heidi Stagge** over Lei Tokuda 6-1, 6-2 at #4; **Keri Ingraham** over Carey Kadohiro 6-3, 6-2 at #5; and **Rebecca Kromer** over Dace Samta 6-0, 6-2 at #6. Pacific's singles winner was Fern Koga over **Anne Robinson** 6-2, 6-1 at #3.

Stagge and Robinson finished an 8-3 win over Koga and Tokuda at #2 doubles, but Trefts-Robinson vs. Vu-Milliron at #1 and Selid-Marcy Walter vs. Kadohiro-Samta at #3 were stopped.

3/10 – GEORGE FOX 5, LEWIS & CLARK 4: Bruins Rally for Thrilling Comeback Win over Pioneers

PORTLAND, Ore. – Calling it "one of the most exciting matches I've seen in a long time," George Fox University women's tennis coach **Rick Cruz** praised his team for a remarkable comeback that gave the Bruins a 5-4 Northwest Conference win over the Lewis & Clark College Pioneers Sunday (Mar. 10) here at the L&C Fieldhouse.

The match had originally been scheduled for the GFU campus courts in Newberg, but was moved indoors at Lewis & Clark because of rain.

Lewis & Clark jumped out to an early lead by winning two of the three doubles matches, with the Pios' Sara Schipani and Kristin Head defeating the Bruins' **Kristin Miller** and **Anne Robinson** 8-3 at #1, and Laura Willner and Emily Kraff winning over **Lisa Trefts** and **Keri Ingraham** 8-6 at #3. George Fox took the #2 doubles as **Stephanie Selid** and **Heidi Stagge** defeated Kemarre Barton and Lindsay Hogan 8-4.

In singles, the first two matches to finish were the #1 and #4 matches, with the Pios' Schipani defeating Trefts 6-4, 6-2 at #1, and Willner sweeping Robinson 7-5, 6-3 at #4. Down 4-1, however, the Bruins rallied to win all four of the remaining singles and pull out the surprising victory.

Selid overcame Hogan 6-7 (7-5), 7-5, 7-5 at #2; Miller defeated Barton 7-5, 7-5 at #3; Stagge chopped off Head 6-3, 6-3 at #5; and Ingraham hung on to edge Kraff 7-5, 7-6 (7-5) at #6.

The thrilling win was the third straight for the Bruins and improved their record to 6-2, 2-1 in the conference. Their wins total of 6 doubles the previous best for a George Fox women's team, last year's 3-15 record being the most wins in a season for the program, which began in 1997.

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GEORGE FOX WOMEN'S TENNIS

(Record 3-2: Home 3-0, Road 0-2, Neutral 0-0 / NWC 1-1: Home 1-0, Road 0-1)

HIGHLIGHTS:

- * Bruins Post Back-to-Back Wins for First Time in Four Seasons
- * Bruins Equal Last Year's Total for Wins with 10 Matches Left
- * Conference Matches Looming This Weekend, One Away, One Home

THIS WEEK:

Fri., Mar. 8, 2:00 pm – at Willamette University, in Salem, Ore. (NWC)

Sat., Mar. 9, 2:00 pm – vs. Pacific University, in Newberg, Ore. (NWC)

LAST WEEK (recaps below):

Mar. 1 – at George Fox 7, Seattle 2

Mar. 2 – at George Fox 7, Albertson 2

Mar. 3 – at Linfield 8, George Fox 1

NORTHWEST CONFERENCE (www.nwcsports.com) - thru Mar. 3:

Team	All	Pct.	NWC	Pct.
Whitman Missionaries	3-1	.750	3-0	1.000
Linfield Wildcats	1-0	1.000	1-0	1.000
Lewis & Clark Pioneers	3-2	.600	3-1	.750
Whitworth Pirates	2-2	.500	2-1	.667
George Fox Bruins	3-2	.600	1-2	.333
Pacific Lutheran Lutes	1-2	.333	1-2	.333
Willamette Bearcats	1-3	.250	1-2	.333
Pacific Boxers	0-2	.000	0-2	.000
Puget Sound Loggers	1-3	.250	0-3	.000

COACH RICK CRUZ (George Fox '98) is now 6-17 (.261) in his 2nd year as the women's tennis coach at George Fox, and 2nd year overall as a college women's coach. He is also in his 4th season as the men's tennis coach.

BRUIN BITS:

*** Bruins Equal '01 Wins Total with Victory over Albertson:**

Only four matches into the season, the George Fox women's tennis team has already equaled its wins total for all of last year, when the Bruins struggled to a 3-15 record. Saturday's win over Albertson gave the Bruins a 3-1 record at that point. Coupled with a 7-2 win the previous day over Seattle (a late addition to the schedule), the Bruins posted back-to-back wins for the first time since the 1998 season. The Bruins could not get that 4th win Sunday against a powerful Linfield team, but hope to get it with two Northwest Conference matches coming this weekend. The Bruins opened the season with a 6-1 win over Willamette, whom they play Friday in Salem, then host Pacific, whom they beat twice last season, on Saturday.

*** NWC Tournament to be Held in Yakima for 2nd Straight Year:**

For the second year in a row, the Yakima (Wash.) Tennis Club will be the host site for the Northwest Conference Men's and Women's Tennis Tournaments, according to NWC information director Steve Flegel of Whitworth College. The dates for the events Friday-Saturday, April 19-20. Both George Fox teams finished 8th in the tournaments last year.

3/1 – GEORGE FOX 7, SEATTLE 2: Bruins Improve to 2-1 with Win over Seattle

NEWBERG, Ore. – Taking five singles and two doubles matches, the George Fox University Bruins climbed over the .500 mark to 2-1 with a 7-2 win over the Seattle University Redhawks in a non-conference women's tennis match here Friday afternoon (Mar. 1).

The Bruins opened by winning the #2 doubles, **Kristen Miller** and **Stephanie Selid** taking Mary Grady and Christina Dahlstrom 9-7, and the #3 doubles, **Keri Ingraham** and **Marcy Walters** defeating Lauren Ciminera and Stacy Weber 8-4. The Redhawks captured the #1 doubles with Jessica Fry and Marita DeLeon winning over **Lisa Trefts** and **Anne Robinson** 9-7.

The Bruins wrapped up the match with five singles victories, starting with Trefts over Fry 6-4, 6-2 at #1. Also winning for the Bruins were Miller over DeLeon 1-6, 7-6 (7-4), (7-5 TB) at #3; **Heidi Stagge** over Weber 6-2, 6-0 at #4; **Rebecca Kromer** over Dahlstrom 2-6, 6-1, (7-3 TB) at #5; and Ingraham over Ciminera 6-1, 6-0 at #6. Seattle's lone singles victory came at #2 as Grady downed Selid 6-4, 6-0.

3/2 – GEORGE FOX 7, ALBERTSON 2: Bruins Make It Two in a Row with Win over Albertson

NEWBERG, Ore. – Winning a second straight match for the first time in two seasons, the George Fox University Bruins improved to 3-1 with a 7-2 win over the Albertson College Lady Coyotes in a non-conference women's tennis match here Saturday morning (Mar. 1).

The Bruins, who defeated Seattle University Friday, took two of three doubles matches and five of the six singles matches. Doubles winners for George Fox were **Stephanie Selid** and **Kristen Miller** over Whitney Gibbon and Kathy Taylor 8-3 at #2, and **Heidi Stagge** and **Rebecca Kromer** over Alana Hansen and Lacy Van England 8-0 at #3. Albertson won the #1 doubles, Catherine Rinaldi and Lauren Writer downing **Lisa Trefts** and **Anne Robinson** 8-2.

Albertson took the #1 singles, Rinaldi defeating Trefts 6-1, 6-2, but it was all Bruins after that. Selid defeated Writer 6-2, 6-2 at #2; Miller downed Taylor 6-1, 6-2 at #3; Stagge upstaged Gibbon 6-2, 6-0 at #4; Robinson dropped Hansen 6-4, 6-3 at #5; and **Keri Ingraham** knocked off Kristen Gribben 6-2, 6-0 at #6.

The Bruins have now equaled last year's total for wins, when they were 3-15.

3/3 – LINFIELD 8, GEORGE FOX 1: Trefts Only Winner for Bruins in Loss at Linfield

McMINNVILLE, Ore. – **Lisa Trefts** at #1 singles provided the only win for the George Fox University Bruins as they dropped an 8-1 decision to the Linfield College Wildcats in a Northwest Conference women's tennis match here Sunday afternoon (Mar. 3)

Trefts posted a 6-3, 5-7, 6-3 win over Nicole Ralston, but Linfield took the rest of the singles and all three doubles. Singles winners for the Wildcats were Kirsten Changstrom over **Stephanie Selid** 4-6, 7-6 (7-3), 6-3 at #2; Laura Worzniak over **Kristen Miller** 6-2, 6-1 at #3; Lindsay Paladeni over **Heidi Stagge** 6-1, 6-2 at #4; Lindsey Carlson over **Rebecca Kromer** 4-6, 6-2, 6-0 at #5; and Kasey Stroud over **Keri Ingraham** 6-3, 6-3 at #6.

In doubles, Ralston and Paladeni defeated Trefts and **Anne Robinson** 8-2 at #1; Worzniak and Katie Leitheiser downed Selid and Miller 8-5 at #2; and Changstrom and Stroud dropped Stagge and Kromer 8-2 at #3.

GEORGE FOX UNIVERSITY "BRUINS" 2002 WOMEN'S TENNIS ROSTER

<u>Name</u>	<u>Plays</u>	<u>Ht.</u>	<u>Yr./El.</u>	<u>Hometown (Previous School)</u>
Keri Ingraham	R	5-4	Jr./Jr.	Edmonds, Wash. (King's HS)
Rebecca Kromer	R	5-6	Fr./Fr.	Gresham, Ore. (Gresham, Ore.)
Katie Metier	R	5-7	So./Fr.	Otis Orchards, Wash. (East Valley HS)
Kristin Miller	R	5-5	So./So.	Pendleton, Ore. (Pendleton HS)
Anne Robinson	R	5-7	So./So.	Wilson, Wyo. (Jackson Hole HS)
Stephanie Selid	R	5-5	So./So.	Portland, Ore. (Sunset HS)
Heidi Stagge	R	5-6	Fr./Fr.	East Wenatchee, Wash. (Eastmont HS)
Lisa Trefts	R	5-8	So./So.	Spokane, Wash. (Shadle Park HS)
Marcy Walter	R	5-6	Sr./Fr.	Ceresco, Mich. (Harper Creek HS)

Head Coach: Rick Cruz

Assistant Coach: Rob Cruz

Monday, February 25, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

(Record 1-1: Home 1-0, Road 0-1, Neutral 0-0 / NWC 1-0: Home 1-0, Road 0-0)

HIGHLIGHTS:

- * Bruins Fall to .500 with Road Loss to Lewis & Clark
- * Next Weekend Features One Non-Conference Match, One NWC Challenge

THIS WEEK:

Sat., Mar. 2, 9:00 am – vs. Albertson College, in Newberg, Ore.
Sun., Mar. 3, 4:00 pm – at Linfield College, in McMinnville, Ore. (NWC)

LAST WEEK (recaps below):

Feb. 22 – at Lewis & Clark 6, George Fox 3

NORTHWEST CONFERENCE (www.nwcsports.com) - thru Feb. 24:

Visit the Northwest Conference website, maintained by Steve Flegel, sports information director at Whitworth College, for the latest scores and standings. Regular reports on the conference are expected to begin next week.

COACH RICK CRUZ (George Fox '98) is now 4-16 (.200) in his 2nd year as the women's tennis coach at George Fox, and 2nd year overall as a women's coach.

BRUIN BITS:

*** NWC Tournament to be Held in Yakima for 2nd Straight Year:**

For the second year in a row, the Yakima (Wash.) Tennis Club will be the host site for the Northwest Conference Men's and Women's Tennis Tournaments, according to NWC information director Steve Flegel of Whitworth College. The dates for the events Friday-Saturday, April 19-20. Both George Fox teams finished 8th in the tournaments last year.

2/22 – LEWIS & CLARK 6, GEORGE FOX 3: Bruins Fall to 1-1 with Setback to Pioneers

PORTLAND, Ore. – After taking two of the three doubles matches to get off to an early lead, the George Fox University Bruins could manage only one win in the six singles matches and fell 6-3 to the Lewis & Clark College Pioneers in Northwest Conference women's tennis here Friday afternoon (Feb. 22).

The Pioneers' Sara Schipani and Kristin Head took the #1 doubles from **Lisa Trefts (So., Spokane, Wash.)** and **Anne Robinson (So., Wilson, Wyo.)** 9-8 (7-4), but the Bruins bounced back to capture the #2 doubles, **Kristin Miller (So., Pendleton, Ore.)** and **Stephanie Selid (So., Portland, Ore.)** over Kerriane Barton and Lindsay Hogan 9-7, and the #3 doubles, **Heidi Stagge (Fr., East Wenatchee, Wash.)** and **Rebecca Kromer (Fr., Gresham, Ore.)** over Laura Willner and Emily Krafft 9-7.

The only singles winner for the Bruins, however, was **Miller** over Barton 6-2, 2-6, 6-3 at #3. Lewis & Clark winners were Schipani over **Trefts** 6-2, 6-1 at #1; Hogan over **Selid** 4-6, 6-1, 6-1 at #2; Willner over **Stagge** 6-2, 6-3 at #4; Head over **Kromer** 7-5, 6-1 at #5; and Krafft over **Keri Ingraham (Jr., Edmonds, Wash.)** 6-2, 2-6, 6-2 at #6.

George Fox slipped to 1-1 on the young season, and will try to get back over the .500 mark a week from Saturday (Mar. 2) when the Bruins host Albertson College at 9:00 a.m. in a non-conference match.

Monday, February 18, 2002 --- For Immediate Release
Contact: Blair Cash, SID (E-mail) bcash@georgefox.edu
(O) 503-554-2127 (Fax) 503-554-3110 (H) 503-554-8067
Sports website: www.georgefox.edu/athletics Sports Hotline: 503-554-3868

GEORGE FOX WOMEN'S TENNIS

(Record 1-0: Home 1-0, Road 0-0, Neutral 0-0 / NWC 1-0: Home 1-0, Road 0-0)

HIGHLIGHTS:

- * Pre-Season Outlook, Roster, Schedule, Quick Facts, 2001 Results & Records
- * Bruins Start Strong with 5-4 Win over Willamette in Season Opener

THIS WEEK:

Fri., Feb. 22, 3:30 pm – at Lewis & Clark College, in Portland, Ore (NWC)

LAST WEEK (recaps below):

Feb. 16 – George Fox 5, Willamette 4 (at Lewis & Clark)

NORTHWEST CONFERENCE (www.nwcsports.com) - thru Feb. 17:

Visit the Northwest Conference website, maintained by Steve Flegel, sports information director at Whitworth College, for the latest scores and standings. Regular reports on the conference are expected to begin next week.

George Fox 2002 Women's Tennis Outlook ---

YOUTHFUL BRUINS EXPECTING TO MOVE UP IN NWC STANDINGS AS SPRING PROGRESSES

NEWBERG, Ore. – Another young team will take to the courts for the George Fox University women's tennis program this spring – but unlike last year, the 2002 Bruins will have some experience that should begin to pay off in a move up the ladder in the Northwest Conference standings.

Last year's six-woman roster had only one player with more than three matches of college experience, and four players with none whatsoever, resulting in a 3-15 record, 2-11 against NWC opponents. With a year of experience to rely upon, however, head women's tennis coach **Rick Cruz** and his assistant, twin brother Rob, believe that the Bruins are on the verge of making a few waves in the conference.

"We're definitely moving up this year, although we're not yet ready to take on the very top teams in the conference," admits Cruz. "Finishing about sixth is probably a realistic goal, although if we progress faster than expected, we could challenge for fifth. We've got some good young players, and by the time the conference tournament rolls around, we might be ready to upset one of the leaders if they take us too lightly."

Kim Reimer, who was 6-12 at #3 singles and 5-12 in doubles, mostly at #1, was a senior and the team's only loss. Four newcomers, however, should fill in nicely with the five returning players, giving the Bruins the best depth they have had in a while.

Anchoring the top two spots are **Lisa Trefts** (So., Spokane, Wash.) and **Stephanie Selid** (So., Portland, Ore.), who could be improved enough to merit All-Conference consideration this season. Trefts was 7-10 at #1 singles and 5-12 at #1 doubles, while Selid was 6-11 at #2 singles and 3-14 at #2 doubles.

With Reimer gone, **Kristin Miller** (So., Pendleton, Ore.) is expected to step up to #3 after going 6-11 at #5 singles and 3-14 at #3 doubles. Last year's #4 singles player, **Anne Robinson** (So., Wilson, Wyo.), will play doubles only this season; she was #2-14 in singles and 3-13 while splitting time between #1 and #2 doubles.

Newcomer **Heidi Stagge (Fr., East Wenatchee, Wash.)** is targeted for #4 singles, although Cruz says, "Heidi and Kristin are pretty much interchangeable at 3 and 4; it could just depend on who's playing the best at the time."

Much-improved **Keri Ingraham (Jr., Edmonds, Wash.)** moves up to #5 singles after posting a 3-12 record at #6 singles and 3-12 at #3 doubles. The #6 spot in the early stages of the season appears to belong to **Marcy Walter (Fr., Ceresco, Mich.)**, an academic senior who has played no varsity tennis but has shown good skills despite her inexperience.

Rebecca Kromer (Fr., Gresham, Ore.) could break through into the top six and has shown the potential to move up quickly, while **Katie Metier (Fr., Otis Orchards, Wash.)** provides the team with some much-needed depth.

In doubles, Trefts and Robinson will take on all comers at #1, Kromer and Stagge have looked sharp together and could be at #2, and Miller and Selid will be a formidable tandem at #3.

"Our doubles teams are mostly interchangeable, other than #1," says Cruz. "Keri, Katie, and Marcy will all get chances to show what they can do in doubles as well."

Having a roster 50 percent larger than last year is one of the team's biggest plusses this year, according to Cruz, who admits, "It's nice having the numbers. Because of the others, each player is under a good kind of pressure to play well and improve, which can only benefit the team. The players have worked hard to get ready, and I think we're going to spring a few surprises this spring."

2/16 – GEORGE FOX 5, WILLAMETTE 4: Bruins Start Season Strong with Win over Bearcats

PORTLAND, Ore. – Moving their season-opening home match to the fieldhouse at Lewis & Clark College due to a threat of rain, the George Fox University women's tennis team made the most of the opportunity to play by defeating Willamette University 5-4 in the Bruins' first match of the 2002 campaign.

The Bruins opened the match by capturing two out of three doubles, winning at #1 and #3, then took the #2-3-4 singles for the win.

Singles winners for the Bruins were Stephanie Selid over Kathryn Sorensen 6-4, 6-4 at #2; Kristin Miller over Cortney Groves 6-3, 6-4 at #3; and Heidi Stagge over Rebekah Murphy 6-3, 6-1 at #4. Bearcat winners were Lori Bokovoy over Lisa Trefts 7-6 (7-5), 6-2 at #1; Jessica Bruck over Keri Ingraham 6-1, 6-1 at #5; and Melody Kerber over Marcy Walter 6-1, 6-1 at #6.

In doubles, the Bruins got victories from Trefts and Anne Robinson over Bokovoy and Grove 8-5 at #1, and Stagge and Rebecca Kromer over Murphy and Sorensen 8-3 at #3. The lone Bearcat doubles win was Bruck and Ashley Layton over Selid and Miller 9-8 (7-5) at #2.

GEORGE FOX UNIVERSITY "BRUINS"
2002 WOMEN'S TENNIS ROSTER

<u>Name</u>	<u>Plays</u>	<u>Ht.</u>	<u>Yr./El.</u>	<u>Hometown (Previous School)</u>
Keri Ingraham	R	5-4	Jr./Jr.	Edmonds, Wash. (King's HS)
Rebecca Kromer	R	5-6	Fr./Fr.	Gresham, Ore. (Gresham, Ore.)
Katie Metier	R	5-7	So./Fr.	Otis Orchards, Wash. (East Valley HS)
Kristin Miller	R	5-5	So./So.	Pendleton, Ore. (Pendleton HS)
Anne Robinson	R	5-7	So./So.	Wilson, Wyo. (Jackson Hole HS)
Stephanie Selid	R	5-5	So./So.	Portland, Ore. (Sunset HS)
Heidi Stagge	R	5-6	Fr./Fr.	East Wenatchee, Wash. (Eastmont HS)
Lisa Trefts	R	5-8	So./So.	Spokane, Wash. (Shadle Park HS)
Marcy Walter	R	5-6	Sr./Fr.	Ceresco, Mich. (Harper Creek HS)

Head Coach: Rick Cruz

Assistant Coach: Rob Cruz

GEORGE FOX UNIVERSITY "BRUINS"
2002 WOMEN'S TENNIS SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
<u>February</u>				
16	Sat.	* WILLAMETTE UNIVERSITY	Newberg, Ore.	1:00 p.m.
22	Fri.	* at Lewis & Clark College	Portland, Ore.	3:30 p.m.
<u>March</u>				
2	Sat.	ALBERTSON COLLEGE	Newberg, Ore.	9:00 a.m.
3	Sun.	* at Linfield College	McMinnville, Ore.	4:00 p.m.
8	Fri.	* at Willamette University	Salem, Ore.	2:00 p.m.
9	Sat.	* PACIFIC UNIVERSITY	Newberg, Ore.	2:00 p.m.
10	Sun.	* LEWIS & CLARK COLLEGE	Newberg, Ore. TBA	
22	Fri.	at Southern Oregon University	Ashland, Ore.	TBA
28	Thur.	at Occidental College	Los Angeles, Calif.	2:00 p.m.
<u>April</u>				
5	Fri.	* at University of Puget Sound	Tacoma, Wash.	3:30 p.m.
6	Sat.	* at Pacific Lutheran University	Tacoma, Wash.	TBA
9	Tue.	* at Pacific University	Forest Grove, Ore.	3:00 p.m.
12	Fri.	* WHITWORTH COLLEGE	Newberg, Ore.	3:30 p.m.
14	Sun.	* WHITMAN COLLEGE	Newberg, Ore.	1:00 p.m.
19-20	Fri.-Sat.	Northwest Conference Tournament	TBA	TBA

* Northwest Conference match

Home matches in **BOLD CAPS**

All home matches played at campus courts

All times Pacific and subject to change

Athletics Dept. 503-554-2910 / Sport Info. 503-554-2127 / Sports Hotline 503-554-3868

Web site: www.georgefox.edu/athletics

**GEORGE FOX UNIVERSITY "BRUINS"
2002 WOMEN'S TENNIS QUICK FACTS**

UNIVERSITY INFORMATION

Location: Newberg, Oregon (18,064)
Mailing Address: 414 N. Meridian St.
Newberg, OR, 97132
Founded: 1891
Denomination: Evangelical Friends
(Quaker)
Enrollment: 2,730
President: Dr. David Brandt
Faculty Athletic Rep: Becky Ankeny
Switchboard Phone: 503-538-8383
Website: www.georgefox.edu

ATHLETICS INFORMATION

Nickname: Bruins
Colors: Navy Blue & Old Gold
Affiliation (yrs): NCAA Division III (3rd)
Region: West
Conference (yrs): Northwest Conference (7th)
Director of Athletics: Craig Taylor
Office Phone: 503-554-2911
Assoc. Dir. of Athletics: Pat Bailey
Office Phone: 503-554-2914
Athletics Secretary: Patty Findley
Office Phone: 503-554-2910
Dir. of Ath. Training Ed.: Dale Isaak
Office Phone: 503-554-2916
Athletic Trainer : Karen Hostetter
Office Phone: 503-554-2922
Athletics FAX: 503-554-3864

SPORTS INFORMATION OFFICE

Sports Info Director: Blair Cash
Office Phone: 503-554-2127
Home Phone: 503-554-8067
E-mail: bcash@georgefox.edu
Student Assistants: John Felton
Ernie Stuzinger
Chantel McDorman
Office Phone: 503-554-2139
Sports Info FAX: 503-554-3110
Sports Web site: www.georgefox.edu/athletics

COACHING STAFF

Head Coach: Rick Cruz (2nd yr)
Alma Mater: George Fox '98
GFU Record: 3-15 (.167), 1 yr
Overall Record: 3-15 (.167), 1 yr
Office Phone: 503-554-2923
Assistant Coach: Rob Cruz (2nd yr)
Alma Mater: George Fox '98

TEAM INFORMATION

Home Courts: GFU Campus Courts
2001 Overall Record: 3-15 (.167)
2001 NWC Record: 2-11 (.154), 8th
2001 NWC Tournament: 1-3, 8th
2001 Post-Season: None
Letterwinners Back/Lost: 5/1

<u>Top Returnees</u>	<u>CL, Hometown</u>	<u>Records</u>	<u>Honors</u>
Lisa Trefts	So., Spokane, Wash.	7-10 at #1 S, 5-12 at #1 D	
Stephanie Selid	So., Portland, Ore.	6-11 at #2 S, 3-14 at #2 D	
Anne Robinson	So., Wilson, Wyo.	2-14 at #4 S, 3-13 at #2 D	
Kristin Miller	So., Pendleton, Ore.	6-11 at #5 S, 3-14 at #3 D	
Keri Ingraham	Jr., Edmonds, Wash.	3-12 at #6 S, 3-12 at #3 D	

<u>Key Losses</u>	<u>CL, Hometown</u>	<u>Records</u>	<u>Honors</u>
Kim Reimer	Sr., Dallas, Ore.	6-12 at #3 S, 5-12 at #1 D	