

2003

### 2003 Media Guide

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GEORGE FOX UNIVERSITY

# Volleyball



**2003**

BRUIN  
WOMEN'S  
VOLLEYBALL  
GUIDE





## VOLLEYBALL GEORGE FOX UNIVERSITY

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## 2002 VOLLEYBALL SEASON HIGHLIGHTS

# Bruins Ranked No. 23 in the Nation

*Four Bruins earn All-Northwest Conference honors*

A 20-6 record and a No. 23 ranking in the final AVCA/Division III national poll, made 2002 one of the finest seasons in Bruin volleyball history.

The Bruins made a splash early when they started the year 9-1, including winning the Whitworth Invitational. The Bruins defeated nationally ranked University of Puget Sound and regionally-ranked Linfield College and Colorado College. It was the Bruins' 12th 20-win season in the last 19 years.

Setter Mindi Cotner (Sr., Keizer, Ore.) and middle blocker Shelly Schultens (Sr., The Dalles, Ore.) were named First Team All-Conference, while outside hitter Nicole Bostic (Jr., Lake Stevens, Wash.) was Second Team and outside hitter Brandy Mailer (Sr., Honolulu, Hawaii) was Honorable Mention. Cotner led the Northwest Conference (NWC) and ranked

17th nationally in digs (5.24), Schultens led the NWC and was 16th nationally in blocks (1.60), and Bostic ranked 28th nationally in digs (5.08).

Cotner was also voted to the Verizon Academic All-District VIII First Team with a 3.89 GPA in elementary education.

*Left: Honorable mention all-conference outside hitter Brandy Mailer.*

As a team, the Bruins finished 2nd in the nation in digs (24.39), establishing a new single-season record in that category.

Cotner ended her career ranked 2nd all-time at George Fox in assists (3,411), 3rd in digs (1,383), and 5th in blocks (182). Schultens was 3rd in career blocks (405), 7th in kills (842), and 8th in service aces (122), and Mailer was 5th in digs (1,097) and 10th in assists (197).



*Above: First Team all-conference setter Mindi Cotner.*

*Left: Second Team all-conference outside hitter Nicole Bostic (1) and First Team all-conference middle blocker Shelly Schultens (11).*



BRUIN  
VOLLEYBALL  
WINNING  
TRADITION 2003



➤ George Fox volleyball has recorded winning seasons in 18 of the last 21 years

George Fox volleyball won the 1984 and 1987 National Christian College Athletic Association national titles (George Fox is now a member of NCAA Div. III)



1990



1992

First Team NCCAA  
All-American  
Cindy Warner



1992

Second Team  
NAIA All-  
American  
Jamie Suehiro

1993



First Team  
All-Cascade  
Conference Kari  
(Bashford) Cline

➤ George Fox is 65-33 since joining the NCAA Div. III in 1999

➤ George Fox volleyball has been ranked in the top-25 of the NCAA Div. III, the NAIA, and the NCCAA

1998



Third Team NAIA  
All American  
Sharon Barnett

Honorable  
Mention NAIA  
All-American  
Joanna  
Lofgren



1995



## A Winning Tradition

*Coach Steve Grant is among the nation's leaders in career wins*

Steve Grant has established the George Fox volleyball program as one of the most consistent winners in the nation.

In his 21 years at George Fox, the Bruins have recorded 18 winning seasons, including last year's 20-6 team that finished with a final national ranking of 23rd in the

AVCA/NCAA Division III poll.

With a career record of 470-277 (.629), Grant ranks 17th on the list for victories among active NCAA Division III coaches.

Grant's teams have made their mark in post-season play as well. While a member of the National Christian College Athletic

Association (NCCAA), George Fox won NCCAA national championships in 1984 (30-10) and 1987 (33-22), and each time he was named NCCAA National

Two Grant-coached teams have won conference championships. His very first team in 1982 (17-14) captured the crown in the Women's Conference of Independent Colleges, the predecessor to the Northwest Conference. In 1998, while a dual member of both the NAIA and the NCAA, the Bruins went 31-8, won the Northwest Conference regular season and tournament titles, and advanced to the NAIA National Tournament. Grant was named NWC Coach of the Year.

During the 1990s, five of his athletes won NAIA All-American

awards, and five were named NAIA All-American Scholar-Athletes.

Grant is a 1969 graduate of Biola University, where he was a three-sport athlete.

Grant, who earned a master's degree in education from Linfield College in 1985, lives in Newberg with his wife Kathy. They have two adult children, Jeff and Bryan.

Coach of the Year. While holding dual membership in the National Association of Intercollegiate Athletics at the same time, he was named National Association of Intercollegiate Athletics (NAIA) District 2 Coach of the Year in 1984 and 1990 (31-13).

### Steve Grant's Coaching Ledger

Year	Record/Pct.	Conf.	Team Honors
1982	17-14/.548	---	WCIC 1st
1983	14-17/.452	---	
1984	30-10/.750	---	NCCAA national champions
1985	17-15/.530	---	
1986	15-15/.500	---	
1987	33-22/.600	---	NCCAA national champions
1988	30-13/.698	---	
1989	27-18/.600	---	
1990	31-13/.705	---	
1991	24-17/.585	---	
1992	28-20/.583	---	
1993	28-18/.609	---	
1994	16-15/.516	---	
1995	22-11/.667	---	
1996	19-13/.594	---	
1997	23-5/.821	---	
1998	31-8/.795	---	NWC 1st; NWC Tourn. 1st; NAIA national tourn.
1999	19-7/.731	---	NWC 2nd
2000	7-15/.318	---	NWC 7th
2001	19-5/.792	---	NWC 3rd
2002	20-6/.769	---	NWC 3rd; No. 23 national ranking
Years: 21 Record: 470-277 Percentage: .629			

### Grant's Honors

1984	NAIA District 2 Coach of the Year
1984	NCCAA National Coach of the Year
1987	NCCAA National Coach of the Year
1990	NAIA District 2 Coach of the Year
1998	NWC Coach of the Year



## Five Foundational Principles

by Steve Grant

Mind, body, and spirit — these words are the basic essence in the quest for development of the whole person and thus are a significant part of what the George Fox University volleyball program hopes to accomplish in working with student-athletes. We want to recognize the interplay between those words in our approach toward academics, toward volley-

ing the degree to which a player's work ethic and focus emphasizes always doing our best in every activity in which we participate.

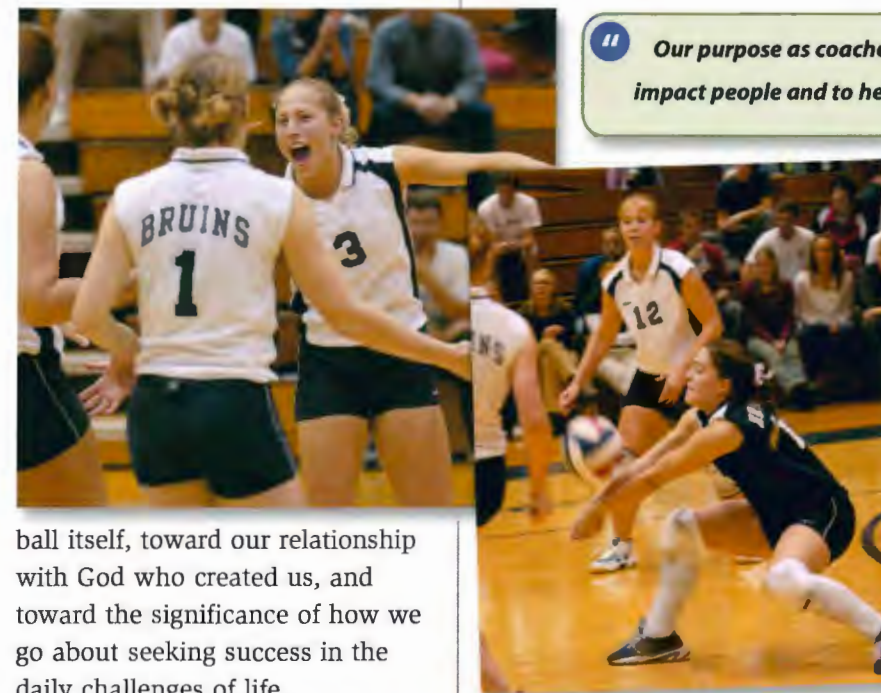
Five foundational principles we desire to instill in our players are these:

**Industriousness** | The things we do in life, if they are worth doing at all, are worth doing well, and hard work is the key.

**Cooperation** | We believe that helping others to achieve their goals and finding ways to place the good of others about our own desires shows maturity.

**Enthusiasm** | When a person's heart is in his or her work, there little doubt about what excites a person, and there is a resultant stimulation that permeates an entire team or group.

" Our purpose as coaches in volleyball is a humble one: to positively impact people and to help them become the best they can be. "



ball itself, toward our relationship with God who created us, and toward the significance of how we go about seeking success in the daily challenges of life.

The interplay between those words and how we seek to succeed impacts our attitude toward winning, which allows the players to aspire to greatness and to achieve team goals and success without adding the pressure of a "must win" mentality, yet without lessen-

**Friendship** | We believe in mutual esteem, respect, and devotion to the "cause," and we desire that the players in our program show that to one another.

**Loyalty** | We believe that there is a commitment made to oneself and to all those who depend on us.

With these principles as a base, we can go on to greater levels of expectations regarding the dynamics of building individuals and teams.

Our purpose as coaches in volleyball is a humble one: to positively impact people and to help them become the best they can be. We want to encourage people to be great in the game of volleyball, but also to be good leaders and good followers, to be example setters, to be strivers toward excellence, to be self-disciplined, to be goal oriented, and to be encouragers. Finally, we feel that each player's associations with teammates should result in wonderfully positive relationships, helping to create not only ongoing great friendships but also lifelong memories.



# Excellence in Academics and Athletics

*The Northwest Conference and NCAA Division III Experience*

## National Collegiate Athletic Association Division III

Colleges and universities in the National Collegiate Athletic Association (NCAA) Division III place their highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. Division III institutions seek to establish and maintain an environment in which a student-athlete's athletics activities are conducted as an integral part of the student-athlete's educational experience.

Division III consists of more than 400 institutions, making it the largest division in the NCAA. All Division III institutions award no athletically related financial aid to any students. Division III sponsors 13 national championships in men's sports, 14 in women's, and eight national collegiate championships that are combined with other divisions.

George Fox University has been a member of the NCAA since 1995 when — along with the other institutions in the Northwest Conference — it elected to transfer its membership from the National Association of Intercollegiate Athletics (NAIA).



## The Northwest Conference

The nine colleges and universities in the Northwest Conference are known for their academics and athletics.

The conference is building a reputation as one of the most competitive NCAA Division III alliances in the country. In the academic arena, every Northwest Conference institution has been ranked by *U.S. News and World Report* magazine as a top-tier school in its category.

Formed in 1926, the conference is one of the oldest athletic alliances in the western United

States. It's nine members are all private colleges or universities located in Oregon or Washington.

George Fox left the Cascade Collegiate Conference to join the Northwest Conference in 1995, shortly before the Northwest Conference shifted national affiliation from the NAIA to the NCAA. Leaving behind years of success at the NAIA level, the conference embraced the move as one that would foster equity, sportsmanship, and genuine concern for the student-athlete in all endeavors of competition.



**George Fox University**, Newberg, Ore.  
**Lewis & Clark College**, Portland, Ore.  
**Linfield College**, McMinnville, Ore.  
**Pacific University**, Forest Grove, Ore.  
**Pacific Lutheran University**, Tacoma, Wash.  
**University of Puget Sound**, Tacoma, Wash.  
**Whitman College**, Walla Walla, Wash.  
**Whitworth College**, Spokane, Wash.  
**Willamette University**, Salem, Ore.



## UNIVERSITY INFORMATION:

Location: .....Newberg, Oregon (18,750)  
Mailing address: .....414 N. Meridian St.  
Newberg, OR 97132  
Founded: .....1891  
Denomination: .....Evangelical Friends (Quaker)  
Enrollment: .....2,913  
President: .....David Brandt  
Faculty athletic rep: .....Becky Ankeny  
Switchboard phone: .....503-538-8383  
Web site: .....www.georgefox.edu

## ATHLETIC INFORMATION:

Nickname: .....Bruins  
Colors: .....Navy Blue and Old Gold  
Affiliation: .....NCAA Division III  
Conference: .....Northwest Conference  
Director of athletics: .....Craig Taylor  
Office phone: .....503-554-2911  
Assoc. dir. of athletics: .....Pat Bailey  
Office phone: .....503-554-2914  
Athletics secretary: .....Patty Findley  
Office phone: .....503-554-2910  
Athletics FAX: .....503-554-3864

## SPORTS INFORMATION OFFICE:

Sports info director: .....Blair Cash  
Office phone: .....503-554-2926  
Home phone: .....503-554-8067  
E-mail: .....bcash@georgefox.edu  
Sports info FAX: .....503-554-3864  
Sports Hotline: .....503-554-3868  
Sports Web site: .....www.georgefox.edu/athletics

## COACHING STAFF:

Head coach: .....Steve Grant (22nd yr)  
Alma mater: .....Biola '69  
GFU record: .....470-277 (.629), 21 yrs  
Overall record: .....470-277 (.629), 21 yrs  
Office phone: .....503-554-2920  
Assistant coaches:  
Scott Cornwall (2nd yr)  
Bree Stairs (2nd yr) .....Alma Mater: George Fox '01

## TEAM INFORMATION:

Home court (cap.): .....Wheeler Sports Center/  
Miller Gym (2,750)  
2002 overall record: .....20-6 (.769)  
2002 conference record: .....11-5 (.688), 3rd  
2002 post-season: .....None; No. 23 final ranking  
Letter winners back/lost: .....6/9  
Starters back/lost: .....2/5

## WHEELER SPORTS CENTER/ MILLER GYM

Entered by crossing a wooded canyon on a 200-foot bridge, the Wheeler Sports Center is the home of the George Fox Bruins volleyball team. The \$2.7 million, 55,000-square-foot complex is the university's largest building.

Wheeler's main feature is the James and Lila Miller Gymnasium. With a total seating capacity of 2,750, and measuring 116' x 174', the gym contains three full-length basketball courts, three volleyball courts, and 10 badminton courts. The ceilings are 32 feet above the hardwood maple floor.

Adjacent to the gym on the upper level are a staff room, multipurpose room, classrooms, and athletics administration and faculty offices. The building's weight room was remodeled and expanded during the summer of 2002 and now contains 1,800 square feet of floor space. On the lower level are a concessions area, dressing rooms, team rooms, laundry facilities, an equipment-issuing room, and storage space. An east wing of the building houses two racquetball courts.



# BRUIN VOLLEYBALL EVENT SCHEDULE 2003



## AUGUST

29	Fri.	#	University of St. Thomas (Minn.)	Tacoma, Wash.	9:00 a.m.
29	Fri.	#	University of Wisconsin-La Crosse	Tacoma, Wash.	3:00 p.m.
30	Sat.	#	Nebraska Wesleyan University	Tacoma, Wash.	11:00 a.m.
30	Sat.	#	at University of Puget Sound	Tacoma, Wash.	5:00 p.m.

## SEPTEMBER

5	Fri.	+	Claremont-Mudd-Scripps Colleges	Whittier, Calif.	10:00 a.m.
5	Fri.	+	vs. University of La Verne	Whittier, Calif.	2:00 p.m.
6	Sat.	+	at Whittier College	Whittier, Calif.	12:00 p.m.
6	Sat.	+	vs. University of Redlands	Whittier, Calif.	6:00 p.m.
19	Fri.	*	<b>Whitman College</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
20	Sat.	*	<b>Whitworth College</b>	<b>Newberg, Ore.</b>	<b>1:00 p.m.</b>
23	Tue.		<b>Warner Pacific College</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
26	Fri.	*	<b>Lewis &amp; Clark College</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
27	Sat.	*	at University of Puget Sound	Tacoma, Wash.	7:00 p.m.

## OCTOBER

1	Wed.	*	<b>Linfield College</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
4	Sat.	*	at Pacific University	Forest Grove, Ore.	7:00 p.m.
10	Fri.	*	<b>Pacific Lutheran University</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
11	Sat.	*	at Willamette University	Salem, Ore.	7:00 p.m.
17	Fri.	*	at Whitman College	Walla Walla, Wash.	7:00 p.m.
18	Sat.	*	at Whitworth College	Spokane, Wash.	7:00 p.m.
23	Thu.		<b>University of California-Santa Cruz</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
24	Fri.	*	at Lewis & Clark College	Portland, Ore.	7:00 p.m.
25	Sat.	*	<b>University of Puget Sound</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
29	Wed.	*	at Linfield College	McMinnville, Ore.	7:00 p.m.

## NOVEMBER

29	Wed.	*	at Linfield College	McMinnville, Ore.	7:00 p.m.
1	Sat.	*	<b>Pacific University</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
7	Fri.	*	at Pacific Lutheran University	Tacoma, Wash.	7:00 p.m.
8	Sat.	*	<b>Willamette University</b>	<b>Newberg, Ore.</b>	<b>7:00 p.m.</b>
13-15	Thu.-Sat.		NCAA Division III Regionals	on-campus sites	TBA
22	Sat.		NCAA Division III Quarterfinals	on-campus sites	TBA

# University of Puget Sound Tournament, Tacoma, Wash.

+ Whittier College Tournament, Whittier, Calif.

\* Northwest Conference match

Home games in **Bold**. Home games played at Wheeler Sports Center/Miller Gym

All times Pacific and subject to change

Athletics Dept. 503-554-2910 | Sports Hotline 503-554-3868 | Sports Info. 503-554-2926

Sports Info. Fax 503-554-3864 | Web site: [www.georgefox.edu/athletics](http://www.georgefox.edu/athletics)