

2000

### 2000 Statistics

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NWC Championships  
100

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 21

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
PRELIMINARY RESULTS		SECTION # 1			
40	David Plotts	4	George Fox University	1	11.04
175	Kevin Giboney	2	Pacific Lutheran U.	2	11.11
108	John Nosler	4	Linfield College	3	11.19
30	Zach Davidson	1	George Fox University	4	11.36
344	Damon Foreman	1	Willamette University	5	11.39
181	Kendall McNeal	1	Pacific Lutheran U.	6	11.49
68	Matt Miller	2	Lewis & Clark	7	11.51
PRELIMINARY RESULTS		SECTION # 2			
295	Joel Robnett	3	Whitworth College		11.02
111	Andrew Rager	2	Linfield College		11.08
287	Bryce McDonnell	1	Whitworth College		11.12
289	Chad Miyamoto	3	Whitworth College		11.17
290	Marshall Ochi	4	Whitworth College		11.20
330	David Austin	2	Willamette University		11.37
352	John McDowell	1	Willamette University		11.67
340	Josh Davis	1	Willamette University		11.82

NWC Championships  
200

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 22

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
PRELIMINARY RESULTS		SECTION # 1			
295	Joel Robnett	3	Whitworth College		22.47
287	Bryce McDonnell	1	Whitworth College		22.61
330	David Austin	2	Willamette University		22.97
108	John Nosler	4	Linfield College		23.26
189	Jesse Thomas	1	Pacific Lutheran U.		23.52
65	Michael Jackson	3	Lewis & Clark		24.28
68	Matt Miller	2	Lewis & Clark		24.53
177	LeRoy Horton	1	Pacific Lutheran U.		NO MARK
PRELIMINARY RESULTS		SECTION # 2			
40	David Plotts	4	George Fox University		22.37
300	Leo Suzuki	2	Whitworth College		22.45
289	Chad Miyamoto	3	Whitworth College		22.74
31	Tyler Gassaway	3	George Fox University		22.95
290	Marshall Ochi	4	Whitworth College		22.97
292	Josh Pasma	2	Whitworth College		23.17
36	Steve Martin	3	George Fox University		23.59
142	Russ Meeuf	1	Pacific University		24.37



NWC Championships  
100

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 1

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

86	Melody Sherman	4	Linfield College	1	12.19
146	Sarah Axley	4	Pacific Lutheran U.	2	12.33
265	Alisha Simchuk	3	Whitworth College	3	12.88
55	Kirtlye Lohof	1	Lewis & Clark	4	12.91
51	Maile Barrett	4	Lewis & Clark	5	12.93
7	Colleen Forbes	2	George Fox University	6	13.01
148	Becca Ehli	2	Pacific Lutheran U.	7	13.25
202	April Nelson	1	Univ. of Puget Sound	8	13.33

NWC Championships  
100

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 21

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

295	Joel Robnett	3	Whitworth College	1	10.93
287	Bryce McDonnell	1	Whitworth College	2	10.95
40	David Plotts	4	George Fox University	3	11.03
111	Andrew Rager	2	Linfield College	4	11.11
290	Marshall Ochi	4	Whitworth College	5	11.13
289	Chad Miyamoto	3	Whitworth College	6	11.23
108	John Nosler	4	Linfield College	7	11.28
175	Kevin Giboney	2	Pacific Lutheran U.	8	11.30

NWC Championships  
200

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 2

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

86	Melody Sherman	4	Linfield College	1	25.06
146	Sarah Axley	4	Pacific Lutheran U.	2	25.17
162	Jill Wilmovsky	2	Pacific Lutheran U.	3	26.19
265	Alisha Simchuk	3	Whitworth College	4	26.46
2	Sharon Barnett	4	George Fox University	5	26.51
55	Kirtlye Lohof	1	Lewis & Clark	6	26.71
148	Becca Ehli	2	Pacific Lutheran U.	7	28.18

NWC Championships  
200

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 22

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

287	Bryce McDonnell	1	Whitworth College	1	21.80
295	Joel Robnett	3	Whitworth College	2	21.85
40	David Plotts	4	George Fox University	3	22.05
290	Marshall Ochi	4	Whitworth College	4	22.42
300	Leo Suzuki	2	Whitworth College	5	22.53
31	Tyler Gassaway	3	George Fox University	6	22.60
289	Chad Miyamoto	3	Whitworth College	7	22.82
330	David Austin	2	Willamette University	8	23.02





NWC Championships  
400

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 3

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
PRELIMINARY RESULTS SECTION # 1				
81	Amber Larsen	3	Linfield College	58.86
318	Lindsay Ogle	1	Willamette University	1:01.23
90	Lisa Taylor	3	Linfield College	1:01.35
246	Jessica Austin	1	Whitworth College	1:01.91
305	Natalie Flindt	3	Willamette University	1:02.10
125	Jen Jacobson	1	Pacific University	1:05.03
269	Laura Zenke	2	Whitworth College	1:05.27
132	Michaela Ryder	1	Pacific University	1:06.27
PRELIMINARY RESULTS SECTION # 2				
162	Jill Wilmovsky	2	Pacific Lutheran U.	58.78
5	Christina Davis	2	George Fox University	1:02.53
303	Kate Burke	1	Willamette University	1:02.58
254	Diana Huey	1	Whitworth College	1:03.79
319	Jessica Parker	1	Willamette University	1:03.89
127	Rebecca Lucas	1	Pacific University	1:06.42
253	Abby Jo Hornstein	2	Whitworth College	NO MARK

NWC Championships  
800

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 24

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
PRELIMINARY RESULTS SECTION # 1				
178	Mike Houston	2	Pacific Lutheran U.	1:56.44
176	Forrest Griek	4	Pacific Lutheran U.	1:56.56
107	Nate Miller	4	Linfield College	1:56.86
222	Ben Kevan	1	Univ. of Puget Sound	1:57.23
350	Joey Janota	2	Willamette University	1:58.86
170	Carsten Croff	1	Pacific Lutheran U.	2:00.75
281	Adam Hoesly	2	Whitworth College	2:01.45
PRELIMINARY RESULTS SECTION # 2				
35	John Mantalas	4	George Fox University	1 1:57.79
302	Campbell White	4	Whitworth College	1:57.80
356	Michael Semenza	1	Willamette University	1:58.25
74	Neil Weare	2	Lewis & Clark	1:58.35
118	Pieter Voskes	4	Linfield College	1:59.22
43	Nick Ryland	1	George Fox University	2:00.40
280	Todd Goselin	1	Whitworth College	2:09.85
SEMI-FINAL RESULTS SECTION # 2				
356	Michael Semenza	1	Willamette University	4 1:58.25



NWC Championships  
400

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 3

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

81	Amber Larsen	3	Linfield College	1	56.68
162	Jill Wilmovsky	2	Pacific Lutheran U.	2	58.51
1	Jessica Adams	4	George Fox University	3	59.72
90	Lisa Taylor	3	Linfield College	4	1:00.90
318	Lindsay Ogle	1	Willamette University	5	1:00.98
246	Jessica Austin	1	Whitworth College	6	1:01.17
305	Natalie Flindt	3	Willamette University	7	1:01.92
5	Christina Davis	2	George Fox University	8	1:02.25

NWC Championships  
400

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 23

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

300	Leo Suzuki	2	Whitworth College	1	48.85
174	Shipley Ennis	4	Pacific Lutheran U.	2	49.78
292	Josh Pasma	2	Whitworth College	3	49.93
231	Tye Tolentino	3	Univ. of Puget Sound	4	50.22
29	Eric Costa	3	George Fox University	5	50.23
31	Tyler Gassaway	3	George Fox University	6	50.33
355	Tyson Raymond	1	Willamette University	7	50.82
238	Bracan Williams	2	Whitman College	8	52.10

NWC Championships  
800

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 4

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

326	Lisa Starkey	3	Willamette University	1	2:13.82
150	Amy Friedrich	4	Pacific Lutheran U.	2	2:16.70
244	Elizabeth Abbey	1	Whitworth College	3	2:17.79
206	Jessica Sotelo	3	Univ. of Puget Sound	4	2:18.27
83	Leah Moore	1	Linfield College	5	2:19.07
13	Jamie McElwain	3	George Fox University	6	2:20.11
317	Buffy Morris	2	Willamette University	7	2:21.32

NWC Championships  
800

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 24

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

107	Nate Miller	4	Linfield College	1	1:55.88
178	Mike Houston	2	Pacific Lutheran U.	2	1:56.03
176	Forrest Griek	4	Pacific Lutheran U.	3	1:56.43
302	Campbell White	4	Whitworth College	4	1:56.50
27	Ryan Austin	3	George Fox University	5	1:57.27
222	Ben Kevan	1	Univ. of Puget Sound	6	1:57.98
356	Michael Semenza	1	Willamette University	7	2:00.54
35	John Mantalas	4	George Fox University	8	2:03.54



NWC Championships  
1500

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 5

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Entrant # Name GR Affiliation Place Mark

-----  
FINAL RESULTS

151	Maree George	4	Pacific Lutheran U.	1	4:41.14
326	Lisa Starkey	3	Willamette University	2	4:42.48
4	Ember Brosius	3	George Fox University	3	4:44.19
13	Jamie McElwain	3	George Fox University	4	4:47.91
256	Julia Lucas	3	Whitworth College	5	4:49.10
203	Kyra Patterson	2	Univ. of Puget Sound	6	4:53.65
329	Evelyn Williams	1	Willamette University	7	4:54.50
315	Annie Mockford	2	Willamette University	8	4:59.26
316	Erin Moore	2	Willamette University	9	5:02.80
79	Lotus Hartley	4	Linfield College	10	5:05.30
17	Kirsten Norgaard	2	George Fox University	11	5:07.40
201	Julie Meyer	1	Univ. of Puget Sound	12	5:10.17

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NWC Championships  
1500

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 25

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Entrant # Name GR Affiliation Place Mark

-----  
FINAL RESULTS

214	Dave Davis	4	Univ. of Puget Sound	1	3:52.98
176	Forrest Griek	4	Pacific Lutheran U.	2	3:56.20
50	Brandon Workman	4	George Fox University	3	3:59.33
184	Ryan Reed	3	Pacific Lutheran U.	4	3:59.88
339	Stephen Cruise	4	Willamette University	5	4:00.02
35	John Mantalas	4	George Fox University	6	4:01.54
98	Gabe Doebler	3	Linfield College	7	4:02.32
96	Paul Davis	3	Linfield College	8	4:03.34
301	Adam Thornton	2	Whitworth College	9	4:10.06
349	Mat Hunnicutt	3	Willamette University	10	4:11.31
274	Erik Brucker	3	Whitworth College	11	4:12.43
74	Neil Weare	2	Lewis & Clark	12	4:13.08
178	Mike Houston	2	Pacific Lutheran U.	13	4:16.38
350	Joey Janota	2	Willamette University	14	4:18.72
294	Ben Robinson	1	Whitworth College	15	4:20.42

-----

NWC Championships  
3000

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 6

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Entrant # Name GR Affiliation Place Mark

-----  
FINAL RESULTS

151	Maree George	4	Pacific Lutheran U.	1	10:12.91
4	Ember Brosius	3	George Fox University	2	10:23.65
23	Tori Taylor	2	George Fox University	3	10:26.07
264	Annie Scott	3	Whitworth College	4	10:32.64
243	Jennie Wood	3	Whitman College	5	10:47.76
329	Evelyn Williams	1	Willamette University	6	10:57.63
316	Erin Moore	2	Willamette University	7	11:02.87
17	Kirsten Norgaard	2	George Fox University	8	11:04.01
201	Julie Meyer	1	Univ. of Puget Sound	9	11:23.43
245	Jessica Alley	3	Whitworth College	10	11:25.96
247	Elizabeth Bailey	1	Whitworth College	11	11:33.29
79	Lotus Hartley	4	Linfield College	12	11:40.76



NWC Championships  
3000m Steeplechase

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 30

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
50	Brandon Workman	4	George Fox University	1 9:13.4
218	Reagan Grabner	1	Univ. of Puget Sound	2 9:32.0
349	Mat Hunnicutt	3	Willamette University	3 9:32.8
184	Ryan Reed	3	Pacific Lutheran U.	4 9:35.0
98	Gabe Doebler	3	Linfield College	5 9:35.4
38	Michael Owen	1	George Fox University	6 9:53.1
353	Zach Meyers	3	Willamette University	7 10:03.0
288	Peter Metcalf	3	Whitworth College	8 10:06.1
47	Forrest Towne	2	George Fox University	9 10:10.0
282	Jon Houk	1	Whitworth College	10 10:15.0
211	Sam Berg	4	Univ. of Puget Sound	11 10:21.9
72	Brian Schoeneman	1	Lewis & Clark	12 10:24.1
223	Jarrold Larson	2	Univ. of Puget Sound	13 10:41.0
280	Todd Goselin	1	Whitworth College	14 10:48.9
139	Russ Getchell	2	Pacific University	15 10:55.8

NWC Championships  
10,000

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 8

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
268	Holly Weiler	3	Whitworth College	1 39:46.16
84	Kari Newby	2	Linfield College	2 40:03.82
155	Lisa Lindsay	3	Pacific Lutheran U.	3 40:09.38
328	Amber Strickler	3	Willamette University	4 40:28.85
312	Tonya Lutz	4	Willamette University	5 40:47.60
152	Sarah Gogert	3	Pacific Lutheran U.	6 41:45.48
14	Marisa Merritt	3	George Fox University	7 41:53.80
320	Lisa Pohlit	1	Willamette University	8 42:56.15
307	Jasmin Hanson	1	Willamette University	9 43:28.78
120	Kim Ball	2	Pacific University	NO MARK

NWC Championships  
10,000

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 27

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
61	Andrew Ault	2	Lewis & Clark	1 32:39.13
63	Andrew Cody	2	Lewis & Clark	2 32:58.50
227	Brian Mulry	3	Univ. of Puget Sound	3 33:11.01
96	Paul Davis	3	Linfield College	4 33:15.17
171	Alan Davies	1	Pacific Lutheran U.	5 33:46.05
277	Justin Davis	3	Whitworth College	6 34:05.03
232	Brett Venn	1	Univ. of Puget Sound	7 34:40.54
37	Scott Oswald	4	George Fox University	8 34:55.75
237	Lars Tysver	3	Whitman College	9 35:10.7
346	Nate Gushwa	3	Willamette University	10 35:18.1
69	Derek Oldham	2	Lewis & Clark	11 35:29.6
233	Ryan Gold	1	Whitman College	12 35:46.8
179	Josh Lennox	1	Pacific Lutheran U.	13 35:49.7
224	Paul McClaskey	3	Univ. of Puget Sound	14 36:42.3
228	Mike Neuner	1	Univ. of Puget Sound	15 36:54.4
140	Karl Hoogesteger	1	Pacific University	16 37:20.4
143	John Purdy	2	Pacific University	17 37:25.1
145	Darren Bowe	1	Pacific University	NO MARK





NWC Championships  
100 Sprint Hurdles

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 9

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

51	Maile Barrett	4	Lewis & Clark	1	14.56
2	Sharon Barnett	4	George Fox University	2	14.63
15	Karrie Nelson	4	George Fox University	3	14.90
82	Katie McArthur	4	Linfield College	4	15.34
311	Laura Leineweber	2	Willamette University	5	16.03
207	Julie Vanni	1	Univ. of Puget Sound	6	16.15
259	Katie Nuechterlein	2	Whitworth College	7	16.25
87	Mandy Sitz	1	Linfield College	8	16.60

=====

NWC Championships  
110m Sprint Hurdles

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 28

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

174	Shipley Ennis	4	Pacific Lutheran U.	1	15.0
336	Paul Colby	4	Willamette University	2	15.03
279	Navin Fernandes	3	Whitworth College	3	15.12
106	Fritz Mesenbrink	3	Linfield College	4	15.13
112	Randy Rider	1	Linfield College	5	15.43
358	Josh Smith	1	Willamette University	6	15.67
210	Joel Baldwin	4	Univ. of Puget Sound	7	15.90
299	Spencer Stiglets	1	Whitworth College	8	16.12

=====

NWC Championships  
400m Hurdles

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 10

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

81	Amber Larsen	3	Linfield College	1	1:03.59
15	Karrie Nelson	4	George Fox University	2	1:03.86
8	Megan Heuberger	1	George Fox University	3	1:04.24
246	Jessica Austin	1	Whitworth College	4	1:06.03
202	April Nelson	1	Univ. of Puget Sound	5	1:07.41
54	Vania Ito	1	Lewis & Clark	6	1:09.08
82	Katie McArthur	4	Linfield College	7	1:09.32
314	Tansy Middag	3	Willamette University		DISQUALIFIED

NWC Championships  
400m Hurdles

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 29

----- Clerk of the Course™ (c)1993 Tournament Specialists -----  
Entrant # Name GR Affiliation Place Mark

FINAL RESULTS

174	Shipley Ennis	4	Pacific Lutheran U.	1	53.81
111	Andrew Rager	2	Linfield College	2	53.86
30	Zach Davidson	1	George Fox University	3	55.30
166	Chris Bertholf	2	Pacific Lutheran U.	4	55.33
210	Joel Baldwin	4	Univ. of Puget Sound	5	55.46
49	Kevin Whitaker	1	George Fox University	6	55.65
279	Navin Fernandes	3	Whitworth College	7	55.93
275	Ben Bunfill	1	Whitworth College		DISQUALIFIED

=====



NWC Championships  
110m Sprint Hurdles

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 28

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
PRELIMINARY RESULTS		SECTION # 1		
279	Navin Fernandes	3	Whitworth College	1 15.43
174	Shipley Ennis	4	Pacific Lutheran U.	2 16.21
210	Joel Baldwin	4	Univ. of Puget Sound	3 16.30
299	Spencer Stiglets	1	Whitworth College	4 16.34
166	Chris Bertholf	2	Pacific Lutheran U.	5 16.75
283	Matt Kaemingk	1	Whitworth College	6 17.26
341	Toby Dean	1	Willamette University	7 17.63
PRELIMINARY RESULTS		SECTION # 2		
336	Paul Colby	4	Willamette University	1 15.25
106	Fritz Mesenbrink	3	Linfield College	2 15.31
358	Josh Smith	1	Willamette University	3 15.86
112	Randy Rider	1	Linfield College	4 15.88
66	Loran Joseph	2	Lewis & Clark	5 17.00
188	Carl Strong	1	Pacific Lutheran U.	6 17.02
213	Martin Cochran	1	Univ. of Puget Sound	NO MARK

NWC Championships  
400m Hurdles

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 29

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
PRELIMINARY RESULTS		SECTION # 1		
111	Andrew Rager	2	Linfield College	54.18
166	Chris Bertholf	2	Pacific Lutheran U.	55.48
210	Joel Baldwin	4	Univ. of Puget Sound	56.18
279	Navin Fernandes	3	Whitworth College	58.00
299	Spencer Stiglets	1	Whitworth College	59.15
110	Ryan Powell		Linfield College	59.28
217	Dan Gargas	1	Univ. of Puget Sound	59.71
PRELIMINARY RESULTS		SECTION # 2		
174	Shipley Ennis	4	Pacific Lutheran U.	54.88
30	Zach Davidson	1	George Fox University	55.25
49	Kevin Whitaker	1	George Fox University	55.76
275	Ben Bunfill	1	Whitworth College	57.92
28	Keith Christiansen	1	George Fox University	58.58
33	Caleb Harris	4	George Fox University	59.42
66	Loran Joseph	2	Lewis & Clark	59.79
165	Chris Anderson	1	Pacific Lutheran U.	1:00.95



NWC Championships  
4 x 100m Relay

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 19

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
365	Relay team		Linfield College	1 48.75
367	Relay team		Pacific Lutheran U.	2 48.82
364	Relay team		Lewis & Clark	3 49.17
363	Relay team		George Fox University	4 49.57
370	Relay team		Whitworth College	5 50.52
371	Relay team		Willamette University	6 50.99
366	Relay team		Pacific University	7 52.01

NWC Championships  
4 x 100m Relay

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 39

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
370	Relay team		Whitworth College	1 41.72 *
363	Relay team		George Fox University	2 42.82
365	Relay team		Linfield College	3 42.86
371	Relay team		Willamette University	4 43.01
367	Relay team		Pacific Lutheran U.	5 43.21
364	Relay team		Lewis & Clark	6 45.38
366	Relay team		Pacific University	7 45.93
368	Relay team		Univ. of Puget Sound	8 45.94

NWC Championships  
5000

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 7

----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR	Affiliation	Place Mark
-----				
FINAL RESULTS				
151	Maree George	4	Pacific Lutheran U.	1 17:54.72
264	Annie Scott	3	Whitworth College	2 18:06.43
4	Ember Brosius	3	George Fox University	3 18:10.84
23	Tori Taylor	2	George Fox University	4 18:19.1
268	Holly Weiler	3	Whitworth College	5 18:45.27
312	Tonya Lutz	4	Willamette University	6 18:49.46
155	Lisa Lindsay	3	Pacific Lutheran U.	7 19:15.87
328	Amber Strickler	3	Willamette University	8 19:20.71
152	Sarah Gogert	3	Pacific Lutheran U.	9 19:43.56
263	Katie Schlotfeldt	3	Whitworth College	10 19:51.57
247	Elizabeth Bailey	1	Whitworth College	11 20:06.97
84	Kari Newby	2	Linfield College	12 20:22.63
57	Helen Tammela	4	Lewis & Clark	13 20:39.33

=====



NWC Championships  
Long Jump

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 13

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
240	Lindsay Bull	1	Whitman College	1	5.44 (17-10.25)
3	Kelsey Baron	1	George Fox University	2	5.12 (16-09.5)
262	Jamie Rydbom	1	Whitworth College	3	5.10 (16-08.75)
308	J. J. Hurley	4	Willamette University	4	5.10 (16-08.75)
55	Kirtlye Lohof	1	Lewis & Clark	5	5.10 (16-08.75)
311	Laura Leineweber	2	Willamette University	6	5.10 (16-08.75)
10	Jocelyn Kennedy	4	George Fox University	7	5.06 (16-07.25)
318	Lindsay Ogle	1	Willamette University	8	4.94 (16-02.5)
87	Mandy Sitz	1	Linfield College		4.81 (15-09.25)
7	Colleen Forbes	2	George Fox University		4.77 (15-07.75)
82	Katie McArthur	4	Linfield College		4.68 (15-04.25)
253	Abby Jo Hornstein	2	Whitworth College		NO MARK

NWC Championships  
Long Jump

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 33

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
108	John Nosler	4	Linfield College	1	6.89 (22-07.25)
31	Tyler Gassaway	3	George Fox University	2	6.80 (22-03.75)
359	Jimmy Watts	4	Willamette University	3	6.63 (21-09.0)
104	Ray Lions	1	Linfield College	4	6.48 (21-03.25)
174	Shipley Ennis	4	Pacific Lutheran U.	5	6.47 (21-02.75)
167	David Brown	1	Pacific Lutheran U.	6	6.29 (20-07.75)
360	Terrence Wong	1	Willamette University	7	6.28 (20-07.25)
30	Zach Davidson	1	George Fox University	8	6.18 (20-03.5)
64	Jason Hill	2	Lewis & Clark	9	6.13 (20-01.5)
291	Kei Omo	3	Whitworth College	10	6.10 (20-00.25)
213	Martin Cochran	1	Univ. of Puget Sound	11	6.07 (19-11.0)
334	Mike Bernatz	3	Willamette University	12	5.72 (18-09.25)

NWC Championships  
Triple Jump

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 14

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
10	Jocelyn Kennedy	4	George Fox University	1	11.35 (37-03.0)
53	Christine Donehower	3	Lewis & Clark	2	11.04 (36-02.75)
3	Kelsey Baron	1	George Fox University	3	10.99 (36-00.75)
240	Lindsay Bull	1	Whitman College	4	10.83 (35-06.5)
87	Mandy Sitz	1	Linfield College	5	10.71 (35-01.75)
21	Heidi Smith	2	George Fox University	6	10.53 (34-06.75)
7	Colleen Forbes	2	George Fox University	7	10.51 (34-05.75)
262	Jamie Rydbom	1	Whitworth College	8	10.36 (34-00.0)
258	Erica Moen	3	Whitworth College	9	9.82 (32-02.75)
19	Angie Powell	4	George Fox University	10	9.79 (32-01.5)
197	Erin Haney	2	Univ. of Puget Sound	11	9.65 (31-08.0)
147	Laura Cobb	1	Pacific Lutheran U.	12	9.50 (31-02.0)





NWC Championships  
Triple Jump

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 34

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
106	Fritz Mesenbrink	3	Linfield College	1	13.74 (45-01.0)
273	Aaron Baldwin	3	Whitworth College	2	13.22 (43-04.5)
291	Kei Omo	3	Whitworth College	3	13.19 (43-03.25)
64	Jason Hill	2	Lewis & Clark	4	13.07 (42-10.75)
108	John Nosler	4	Linfield College	5	12.99 (42-07.5)
213	Martin Cochran	1	Univ. of Puget Sound	6	12.94 (42-05.5)
360	Terrence Wong	1	Willamette University	7	12.81 (42-00.5)
334	Mike Bernatz	3	Willamette University	8	12.69 (41-07.75)
297	Caleb Stewart	2	Whitworth College	9	12.67 (41-07.0)
92	Bo Bennett		Linfield College	10	12.66 (41-06.5)
299	Spencer Stiglets	1	Whitworth College	11	12.51 (41-00.5)
271	Quantae Anderson	1	Whitworth College		NO MARK

NWC Championships  
High Jump

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 11

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
6	Amy Forbes	3	George Fox University	1	1.63 (5-04.25)
311	Laura Leineweber	2	Willamette University	2	1.63 (5-04.25)
19	Angie Powell	4	George Fox University	3	1.59 (5-02.5)
193	Sarah Dillon	2	Univ. of Puget Sound	4	1.59 (5-02.5)
15	Karrie Nelson	4	George Fox University	5	1.54 (5-00.5)
246	Jessica Austin	1	Whitworth College	6	1.49 (4-10.5)
82	Katie McArthur	4	Linfield College	7	1.49 (4-10.5)
132	Michaela Ryder	1	Pacific University		NO MARK
258	Erica Moen	3	Whitworth College		NO MARK
159	Lori Rolf	2	Pacific Lutheran U.		NO MARK

NWC Championships  
High Jump

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 31

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
359	Jimmy Watts	4	Willamette University	1	2.05 (6-08.75)
183	Garrett Miller	4	Pacific Lutheran U.	2	2.00 (6-06.75)
106	Fritz Mesenbrink	3	Linfield College	3	2.00 (6-06.75)
293	John Ranheim		Whitworth College	4	1.95 (6-04.75)
71	Reid Schooler	2	Lewis & Clark	5	1.90 (6-02.75)
334	Mike Bernatz	3	Willamette University	6	1.85 (6-00.75)
361	Matt Zosel	2	Willamette University	6	1.85 (6-00.75)
220	Jeff Jones	2	Univ. of Puget Sound	8	1.85 (6-00.75)
115	Joe Sanchez		Linfield College	8	1.85 (6-00.75)
64	Jason Hill	2	Lewis & Clark		NO MARK
167	David Brown	1	Pacific Lutheran U.		NO MARK
351	Marques Johnson	1	Willamette University		NO MARK



NWC Championships  
Pole Vault

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 12

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
9	Heather Hunt	3	George Fox University	1	3.67 * (12-00.5)
85	Kristin Russell	1	Linfield College	2	3.38 (11-01.0)
208	Amy Wells	4	Univ. of Puget Sound	3	3.28 (10-09.0)
56	Christie Olsson	2	Lewis & Clark	4	3.03 (9-11.25)
24	Helena Telfer	1	George Fox University	5	2.88 (9-05.25)
258	Erica Moen	3	Whitworth College	6	2.73 (8-11.5)
83	Leah Moore	1	Linfield College	6	2.73 (8-11.5)
310	Fiona Lee	3	Willamette University	6	2.73 (8-11.5)
209	Britta Winterowd	3	Univ. of Puget Sound	9	2.58 (8-05.5)
313	Marika Middag	3	Willamette University	9	2.58 (8-05.5)
76	Lisa Baumann		Linfield College	11	2.43 (7-11.5)
163	Kelly Wright	1	Pacific Lutheran U.	11	2.43 (7-11.5)
129	Melanie Reinmuth	1	Pacific University	11	2.43 (7-11.5)
200	Erika Kuchera	1	Univ. of Puget Sound	14	2.28 (7-05.75)
267	Elizabeth Ties	1	Whitworth College	14	2.28 (7-05.75)

NWC Championships  
Pole Vault

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 32

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
116	Brent Sagnotti	2	Linfield College	1	4.63 (15-02.25)
169	Regis Costello	4	Pacific Lutheran U.	2	4.48 (14-08.25)
359	Jimmy Watts	4	Willamette University	3	4.33 (14-02.5)
174	Shipleigh Ennis	4	Pacific Lutheran U.	4	4.18 (13-08.5)
180	Jason Mauch	1	Pacific Lutheran U.	5	4.03 (13-02.5)
104	Ray Lions	1	Linfield College	6	4.03 (13-02.5)
273	Aaron Baldwin	3	Whitworth College	7	4.03 (13-02.5)
106	Fritz Mesenbrink	3	Linfield College	8	3.88 (12-08.75)
189	Jesse Thomas	1	Pacific Lutheran U.		NO MARK
42	Aaron Routon	4	George Fox University		NO MARK

NWC Championships  
Shot Put

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 15

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
241	Mari Ruiz	1	Whitman College	1	12.24 (40-02.0)
248	Mindy Bandy	3	Whitworth College	2	11.79 (38-08.25)
121	Sarah Cotton	3	Pacific University	3	11.69 (38-04.25)
257	Nichole Marich	3	Whitworth College	4	11.60 (38-00.75)
249	Jennifer Bennett	3	Whitworth College	5	11.54 (37-10.5)
325	Kasey Sorenson	1	Willamette University	6	11.30 (37-01.0)
80	Lindsay Holbrook	4	Linfield College	7	11.18 (36-08.25)
160	Leslie Seelye	3	Pacific Lutheran U.	8	11.10 (36-05.0)
122	Lauri Duensing	1	Pacific University	9	10.82 (35-06.0)
133	Jonna Vavra	2	Pacific University	10	10.66 (34-11.75)
22	Marian Stevens	2	George Fox University	11	10.63 (34-10.5)
52	Janelle Braun	3	Lewis & Clark	12	10.49 (34-05.0)
77	Kelly Bradstreet		Linfield College	13	10.28 (33-08.75)
205	Lace Smith	2	Univ. of Puget Sound	14	10.24 (33-07.25)
131	Angela Rosario	1	Pacific University	15	9.97 (32-08.5)
207	Julie Vanni	1	Univ. of Puget Sound	16	9.66 (31-08.5)



NWC Championships  
Shot Put

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 35

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
44	Ian Strauss	4	George Fox University	1	14.89 (48-10.25)
342	Adam Dittman	3	Willamette University	2	14.59 (47-10.5)
186	Trevor Roberts	3	Pacific Lutheran U.	3	14.30 (46-11.0)
272	Takashi Atkins	3	Whitworth College	4	14.26 (46-09.5)
95	Jason Caponette	2	Linfield College	5	13.96 (45-09.75)
70	Dan Reichenbach	4	Lewis & Clark	6	13.91 (45-07.75)
172	Ryan Dirks	3	Pacific Lutheran U.	7	13.82 (45-04.25)
45	Joel Strunk	4	George Fox University	8	13.62 (44-08.25)
348	Pat Halstead	2	Willamette University	9	13.58 (44-06.75)
114	Nick Sackman	2	Linfield College	10	13.51 (44-04.0)
362	Rodney Wood	4	Willamette University	11	12.99 (42-07.5)
119	Jeff York	1	Linfield College	12	12.96 (42-06.25)

NWC Championships  
Discus

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 16

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
241	Mari Ruiz	1	Whitman College	1	45.36 * (148-10.0)
22	Marian Stevens	2	George Fox University	2	39.96 (131-01.0)
80	Lindsay Holbrook	4	Linfield College	3	39.28 (128-10.0)
322	Sarah Reichner	1	Willamette University	4	39.19 (128-07.0)
260	Crissy Oneal	1	Whitworth College	5	38.30 (125-08.0)
261	Stacey Roberts	3	Whitworth College	6	37.90 (124-04.0)
257	Nichole Marich	3	Whitworth College	7	37.10 (121-09.0)
252	Elysia Hanna	2	Whitworth College	8	35.20 (115-06.0)
156	Tina Lohse	1	Pacific Lutheran U.	9	34.52 (113-03.0)
158	Stacey Neils	2	Pacific Lutheran U.	10	34.06 (111-09.0)
123	Heidi Fuhrmann	2	Pacific University	11	34.00 (111-06.0)
121	Sarah Cotton	3	Pacific University	12	33.19 (108-11.0)
11	Paige Lewis	2	George Fox University		NO MARK

NWC Championships  
Discus

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 36

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
44	Ian Strauss	4	George Fox University	1	50.48 (165-07.0)
172	Ryan Dirks	3	Pacific Lutheran U.	2	49.47 (162-04.0)
359	Jimmy Watts	4	Willamette University	3	44.70 (146-08.0)
272	Takashi Atkins	3	Whitworth College	4	43.60 (143-00.0)
114	Nick Sackman	2	Linfield College	5	42.29 (138-09.0)
343	Jay Douglass	4	Willamette University	6	42.16 (138-04.0)
361	Matt Zosel	2	Willamette University	7	42.02 (137-10.0)
270	Jon Abbey	3	Whitworth College	8	41.02 (134-07.0)
332	James Banks	3	Willamette University	9	39.37 (129-02.0)
348	Pat Halstead	2	Willamette University	10	39.22 (128-08.0)
95	Jason Caponette	2	Linfield College	11	37.10 (121-09.0)
174	Shipley Ennis	4	Pacific Lutheran U.	12	36.10 (118-05.0)



NWC Championships  
Javelin

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 18

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
=====					
FINAL RESULTS					
266	Danielle Swift	4	Whitworth College	1	42.70 (140-01.0)
126	Ann Kaltwasser	3	Pacific University	2	42.18 (138-05.0)
192	Anne Crase	2	Univ. of Puget Sound	3	38.12 (125-01.0)
313	Marika Middag	3	Willamette University	4	37.66 (123-07.0)
323	Monica Scott	3	Willamette University	5	37.48 (122-11.0)
164	Rochelle Weems	1	Pacific Lutheran U.	6	37.44 (122-10.0)
83	Leah Moore	1	Linfield College	7	35.96 (118-00.0)
260	Crissy Oneal	1	Whitworth College	8	35.74 (117-03.0)
251	Brooke Evans	3	Whitworth College	9	34.48 (113-01.0)
134	Gail Wootan	4	Pacific University	10	33.56 (110-01.0)
58	Nikki Thompson	2	Lewis & Clark	11	33.46 (109-09.0)
248	Mindy Bandy	3	Whitworth College	12	31.46 (103-02.0)
246	Jessica Austin	1	Whitworth College	13	30.18 (99-00.0)
=====					

NWC Championships  
Javelin

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 38

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
=====					
FINAL RESULTS					
298	Whit Spencer	1	Whitworth College	1	57.98 (190-03.0)
41	Jon Roberts	4	George Fox University	2	56.66 (185-11.0)
343	Jay Douglass	4	Willamette University	3	55.98 (183-08.0)
104	Ray Lions	1	Linfield College	4	55.64 (182-06.0)
117	Aaron Thornton	1	Linfield College	5	55.28 (181-04.0)
46	Ty Taylor	4	George Fox University	6	54.86 (180-00.0)
359	Jimmy Watts	4	Willamette University	7	54.54 (178-11.0)
106	Fritz Mesenbrink	3	Linfield College	8	51.44 (168-09.0)
64	Jason Hill	2	Lewis & Clark	9	51.42 (168-08.0)
185	Marcus Rismiller	2	Pacific Lutheran U.	10	49.72 (163-01.0)
357	Brandon Shaver	1	Willamette University	11	49.50 (162-05.0)
=====					

NWC Championships  
Hammer

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 17

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
=====					
FINAL RESULTS					
80	Lindsay Holbrook	4	Linfield College	1	48.26 * (158-04.0)
160	Leslie Seelye	3	Pacific Lutheran U.	2	45.50 (149-03.0)
252	Elysia Hanna	2	Whitworth College	3	43.94 (144-02.0)
257	Nichole Marich	3	Whitworth College	4	40.28 (132-02.0)
158	Stacey Neils	2	Pacific Lutheran U.	5	40.16 (131-09.0)
325	Kasey Sorenson	1	Willamette University	6	37.94 (124-06.0)
156	Tina Lohse	1	Pacific Lutheran U.	7	36.20 (118-09.0)
149	Caryn Flint	1	Pacific Lutheran U.	8	35.54 (116-07.0)
248	Mindy Bandy	3	Whitworth College	9	33.60 (110-03.0)
52	Janelle Braun	3	Lewis & Clark	10	32.44 (106-05.0)
20	Erin Simon	1	George Fox University		NO MARK
123	Heidi Fuhrmann	2	Pacific University		NO MARK





NWC Championships  
Hammer

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 37

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
172	Ryan Dirks	3	Pacific Lutheran U.	1	54.52 (178-10.0)
332	James Banks	3	Willamette University	2	49.24 (161-06.0)
70	Dan Reichenbach	4	Lewis & Clark	3	46.18 (151-06.0)
272	Takashi Atkins	3	Whitworth College	4	45.74 (150-01.0)
45	Joel Strunk	4	George Fox University	5	45.40 (148-11.0)
34	Eric Kunze	4	George Fox University	6	43.52 (142-09.0)
95	Jason Caponette	2	Linfield College	7	43.00 (141-01.0)
270	Jon Abbey	3	Whitworth College	8	42.96 (140-11.0)
348	Pat Halstead	2	Willamette University	9	38.30 (125-08.0)
97	Ben Dittman	3	Linfield College	10	34.48 (113-01.0)
62	Bobby Brown	4	Lewis & Clark	11	32.54 (106-09.0)
225	Micah Melton	4	Univ. of Puget Sound		NO MARK

NWC Championships  
5000

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 26

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
214	Dave Davis	4	Univ. of Puget Sound	1	15:09.22
75	Anthony Young	1	Lewis & Clark	2	15:24.35
184	Ryan Reed	3	Pacific Lutheran U.	3	15:26.89
176	Forrest Griek	4	Pacific Lutheran U.	4	15:26.92
50	Brandon Workman	4	George Fox University	5	15:27.76
339	Stephen Cruise	4	Willamette University	6	15:33.23
171	Alan Davies	1	Pacific Lutheran U.	7	15:35.40
63	Andrew Cody	2	Lewis & Clark	8	15:39.41
61	Andrew Ault	2	Lewis & Clark	9	15:40.92
96	Paul Davis	3	Linfield College	10	15:54.50
227	Brian Mulry	3	Univ. of Puget Sound	11	16:10.85
38	Michael Owen	1	George Fox University	12	16:38.28
211	Sam Berg	4	Univ. of Puget Sound		DID NOT FINISH

NWC Championships  
4 x 400m Relay

Newberg, OR  
Division: Women

May 5-6, 2000  
Event # 20

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
367	Relay team		Pacific Lutheran U.	1	3:54.89
365	Relay team		Linfield College	2	3:57.14
363	Relay team		George Fox University	3	3:59.71
371	Relay team		Willamette University	4	4:07.67
370	Relay team		Whitworth College	5	4:10.12
368	Relay team		Univ. of Puget Sound	6	4:15.76
364	Relay team		Lewis & Clark	7	4:19.32
366	Relay team		Pacific University	8	4:22.77



**WOMEN**FINAL TEAM SCORING

1	George Fox	168
2	Linfield	137
3	Whitworth	132
4	PLU	120
5	Willamette	104
6	Lewis & Clark	52
7	Puget Sound	42
8	Whitman	39
9	Pacific	17

**MEN**FINAL TEAM SCORING

1	PLU	158
2	Whitworth	156
3	Linfield	139.5
4	George Fox	127
5	Willamette	118
6	Puget Sound	62.5
7	Lewis & Clark	53
8	Pacific	2
8	Whitman	2

NWC Championships  
4 x 400m Relay

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 40

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
=====					
FINAL RESULTS					
370	Relay team		Whitworth College	1	3:19.5
363	Relay team		George Fox University	2	3:20.8
368	Relay team		Univ. of Puget Sound	3	3:23.3
367	Relay team		Pacific Lutheran U.	4	3:23.7
371	Relay team		Willamette University	5	3:26.0
365	Relay team		Linfield College	6	3:28.8
364	Relay team		Lewis & Clark	7	3:32.7
369	Relay team		Whitman College	8	3:36.7
=====					



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# 2000

## Northwest Conference Men's & Women's Outdoor Track & Field Championships

Hosted by George Fox University

MAY 5-6, 2000

HEAT SHEETS - DAY II

RESULTS DAY I





# SATURDAY'S FINALS

High Jump, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 11  
May 5-6, 2000

Pole Vault, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 32  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
19 Angie Powell	4 George Fox University		1.59	1		
253 Abby Jo Hornstein	2 Whitworth College		1.50	2		
246 Jessica Austin	1 Whitworth College		1.54	3		
132 Michaela Ryder	1 Pacific University		1.42	4		
193 Sarah Dillon	2 Univ. of Puget Sound		1.61	5		
159 Lori Rolf	2 Pacific Lutheran U.		1.52	6		
6 Amy Forbes	3 George Fox University		1.64	7		
15 Karrie Nelson	4 George Fox University		1.50	8		
82 Katie McArthur	4 Linfield College		1.55	9		
311 Laura Leineweber	2 Willamette University		1.64	10		
258 Erica Moen	3 Whitworth College		1.50	11		

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
229 Matt Perry	1 Univ. of Puget Sound		3.96	1		
42 Aaron Roubon	4 George Fox University		4.11	2		
116 Brent Sagotti	2 Linfield College		4.88	3		
174 Shipley Ruis	4 Pacific Lutheran U.		4.30	4		
180 Jason Mauch	1 Pacific Lutheran U.		4.43	5		
169 Regis Costello	4 Pacific Lutheran U.		4.47	6		
359 Jimmy Watts	4 Willamette University		4.40	7		
106 Fritz Mesenbrink	3 Linfield College		3.99	8		
215 Kevin Delary	3 Univ. of Puget Sound		4.03	9		
104 Ray Lyons	1 Linfield College		3.99	10		
189 Jesse Thomas	1 Pacific Lutheran U.		4.03	11		
273 Aaron Baldwin	3 Whitworth College		3.97	12		

Triple Jump, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 14  
May 5-6, 2000

Triple Jump, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 34  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
3 Kelsey Baron	1 George Fox University		10.98	1		
147 Laura Cobb	1 Pacific Lutheran U.		9.67	2		
197 Erin Hasey	2 Univ. of Puget Sound		10.04	3		
10 Jocelyn Kennedy	4 George Fox University		11.28	4		
19 Angie Powell	4 George Fox University		9.89	5		
21 Heidi Smith	2 George Fox University		10.52	6		
53 Christine Donehower	3 Lewis & Clark		10.81	7		
258 Erica Moen	3 Whitworth College		10.14	8		
262 Jamie Rydman	1 Whitworth College		10.26	9		
240 Lindsay Bull	1 Whitman College		11.11	10		
87 Mandy Sitz	1 Linfield College		10.75	11		
7 Colleen Forbes	2 George Fox University		10.44	12		

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
291 Kei Oao	3 Whitworth College		12.90	1		
271 Quantae Anderson	1 Whitworth College		13.22	2		
334 Mike Bernatz	3 Willamette University		12.89	3		
64 Jason Hill	2 Lewis & Clark		12.80	4		
299 Spencer Stiglitz	1 Whitworth College		12.75	5		
108 John Mosler	4 Linfield College		12.70	6		
273 Aaron Baldwin	3 Whitworth College		13.45	7		
92 Bo Bennett	1 Linfield College		13.03	8		
297 Caleb Stewart	2 Whitworth College		12.72	9		
360 Terrence Wong	1 Willamette University		12.81	10		
106 Fritz Mesenbrink	3 Linfield College		12.85	11		
213 Martin Cochran	1 Univ. of Puget Sound		13.30	12		

Shot Put, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 15  
May 5-6, 2000

Shot Put, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 35  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
52 Janella Braun	3 Lewis & Clark		11.29	1		
205 Lace Smith	2 Univ. of Puget Sound		10.91	2		
325 Kasey Sorenson	1 Willamette University		11.30	3		
80 Lindsay Holbrook	4 Linfield College		10.72	4		
241 Mari Ruiz	1 Whitman College		12.06	5		
207 Julie Vanni	1 Univ. of Puget Sound		11.10	6		
160 Leslie Seelye	3 Pacific Lutheran U.		11.43	7		
77 Kelly Bradstreet	1 Linfield College		10.76	8		
122 Lauri Duensing	1 Pacific University		11.19	9		
131 Angela Rosario	1 Pacific University		11.64	10		
248 Mindy Bandy	3 Whitworth College		11.85	11		
22 Marian Stevens	2 George Fox University		10.99	12		
121 Sarah Cotton	3 Pacific University		11.83	13		
249 Jennifer Bennett	3 Whitworth College		11.76	14		
257 Nichole Marich	3 Whitworth College		11.71	15		
133 Janna Vavra	2 Pacific University		10.79	16		

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
362 Rodney Wood	4 Willamette University		13.98	1		
186 Trevor Roberts	3 Pacific Lutheran U.		14.36	2		
119 Jeff York	1 Linfield College		13.54	3		
45 Joel Strunk	4 George Fox University		14.04	4		
342 Adam Dittman	3 Willamette University		15.44	5		
44 Ian Strauss	4 George Fox University		14.79	6		
95 Jason Caponette	2 Linfield College		13.13	7		
70 Dan Reichenbach	4 Lewis & Clark		12.82	8		
272 Takashi Atkins	3 Whitworth College		13.51	9		
348 Pat Halstead	2 Willamette University		13.83	10		
114 Nick Sackman	2 Linfield College		14.22	11		
172 Ryan Dirks	3 Pacific Lutheran U.		14.10	12		

Javelin, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 18  
May 5-6, 2000

Javelin, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 38  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
58 Rikki Thompson	2 Lewis & Clark		36.86	1		
260 Crissy Oneal	1 Whitworth College		37.86	2		
246 Jessica Austin	1 Whitworth College		34.74	3		
192 Anne Crase	2 Univ. of Puget Sound		37.84	4		
164 Rochelle Weems	1 Pacific Lutheran U.		38.80	5		
83 Leah Moore	1 Linfield College		34.18	6		
323 Monica Scott	3 Willamette University		39.82	7		
251 Brooke Evans	3 Whitworth College		35.04	8		
248 Mindy Bandy	3 Whitworth College		35.02	9		
266 Danielle Swift	4 Whitworth College		42.78	10		
134 Gail Wootan	4 Pacific University		36.84	11		
126 Ann Kaltwasser	3 Pacific University		41.44	12		
313 Marika Midgay	3 Willamette University		35.24	13		

Entrant # Name	GR Affiliation	(c)1993 Tournament Specialists	Prev. Mark	Position	Place	Mark
298 Whit Spencer	1 Whitworth College		60.24	1		
345 Matt Graham	2 Willamette University		55.52	2		
185 Marcus Rasmiller	2 Pacific Lutheran U.		57.60	3		
46 Ty Taylor	4 George Fox University		57.42	4		
117 Aaron Thornton	1 Linfield College		59.54	5		
359 Jimmy Watts	4 Willamette University		58.31	6		
64 Jason Hill	2 Lewis & Clark		51.90	7		
343 Jay Douglass	4 Willamette University		53.44	8		
106 Fritz Mesenbrink	3 Linfield College		53.46	9		
357 Brandon Shaver	1 Willamette University		58.59	10		
104 Ray Lyons	1 Linfield College		57.02	11		
41 Jon Roberts	4 George Fox University		58.58	12		



1 x 100m Relay, Women Prelims Event # 19 4 x 100m Relay, Men Prelims Event # 39  
 NWC Championships Newberg, OR May 5-6, 2000 NWC Championships Newberg, OR May 5-6, 2000  
 Schedule - Prelim: Semi: Final: 12:00pm-Saturday Schedule - Prelim: Semi: Final: 12:10pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark	Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
363 Relay team	George Fox University	49.61	1			364 Relay team	Lewis & Clark	45.27	1		
367 Relay team	Pacific Lutheran U.	48.76	2			367 Relay team	Pacific Lutheran U.	42.80	2		
371 Relay team	Willamette University	50.78	3			363 Relay team	George Fox University	43.03	3		
366 Relay team	Pacific University	53.08	4			366 Relay team	Pacific University	46.14	4		
365 Relay team	Linfield College	48.78	5			370 Relay team	Whitworth College	41.66	5		
364 Relay team	Lewis & Clark	50.30	6			365 Relay team	Linfield College	43.36	6		
370 Relay team	Whitworth College	50.57	7			371 Relay team	Willamette University	43.60	7		
			8			368 Relay team	Univ. of Puget Sound	46.45	8		

500, Women Prelims Event # 5 1500, Men Prelims Event # 25  
 NWC Championships Newberg, OR May 5-6, 2000 NWC Championships Newberg, OR May 5-6, 2000  
 Schedule - Prelim: Semi: Final: 12:15pm-Saturday Schedule - Prelim: Semi: 5:20pm-Friday Final: 12:25pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark	Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
106 Beth Fitzgerald	4 Willamette University	4:34.84	1			176 Forrest Griek	4 Pacific Lutheran U.	3:56.01	1		
79 Lotus Bartley	4 Linfield College	5:04.44	2			339 Stephen Cruise	4 Willamette University	3:59.95	2		
116 Erin Moore	2 Willamette University	5:04.58	3			178 Mike Houston	2 Pacific Lutheran U.	4:04.18	3		
126 Lisa Stuckey	3 Willamette University	4:49.14	4			35 John Mantalas	4 George Fox University	4:00.62	4		
156 Julia Lucas	3 Whitworth College	4:56.39	5			214 Dave Davis	4 Univ. of Puget Sound	3:52.74	5		
1 Ember Brosius	3 George Fox University	4:44.71	6			301 Adam Thornton	2 Whitworth College	4:12.76	6		
103 Kyra Patterson	2 Univ. of Puget Sound	4:50.05	7			74 Neil Weare	2 Lewis & Clark	3:56.14	7		
151 Karae George	4 Pacific Lutheran U.	4:47.34	8			184 Ryan Reed	3 Pacific Lutheran U.	4:02.67	8		
129 Evelyn Williams	1 Willamette University	4:56.49	9			350 Joey Janota	2 Willamette University	4:10.50	9		
13 Jemelle McElwain	3 George Fox University	4:47.54	10			294 Ben Robinson	1 Whitworth College	4:14.14	10		
345 Jessica Alley	3 Whitworth College	5:16.60	11			96 Paul Davis	3 Linfield College	4:04.64	11		
101 Julie Meyer	1 Univ. of Puget Sound	5:06.00	12			50 Brandon Workman	4 George Fox University	4:01.10	12		
315 Annie Mockford	2 Willamette University	5:04.24	13			349 Mat Bunnicut	3 Willamette University	4:10.70	13		
17 Kirsten Norgaard	2 George Fox University	5:07.64	14			98 Gabe Doehler	3 Linfield College	4:06.58	14		
						274 Erik Bruckner	3 Whitworth College	4:13.57	15		

100 Sprint Hurdles, Women Prelims Event # 9 110m Sprint Hurdles, Men Finals Event # 28  
 NWC Championships Newberg, OR May 5-6, 2000 NWC Championships Newberg, OR May 5-6, 2000  
 Schedule - Prelim: Semi: Final: 12:40pm-Saturday Schedule - Prelim: Semi: 2:35pm-Friday Final: 12:50pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark	Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
82 Katie McArthur	4 Linfield College	15.72	1			218 Joel Baldwin	4 Univ. of Puget Sound		1		
2 Sharon Barnett	4 George Fox University	14.76	2			112 Randy Rider	1 Linfield College		2		
87 Mandy Sitz	1 Linfield College	16.20	3			279 Navin Fernandes	3 Whitworth College		3		
51 Maile Barrett	4 Lewis & Clark	14.66	4			336 Paul Colby	4 Willamette University		4		
311 Laura Leineweber	2 Willamette University	16.30	5			106 Fritz Mesenbrink	3 Linfield College		5		
207 Julie Yanni	1 Univ. of Puget Sound	16.53	6			358 Josh Smith	1 Willamette University		6		
15 Karrie Nelson	4 George Fox University	14.87	7			174 Shipley Ennis	4 Pacific Lutheran U.		7		
259 Katie Muechterlein	2 Whitworth College	16.71	8			299 Spencer Stiglets	1 Whitworth College		8		

400, Women Semis Event # 3 400, Men Prelims Event # 23  
 NWC Championships Newberg, OR May 5-6, 2000 NWC Championships Newberg, OR May 5-6, 2000  
 Schedule - Prelim: Semi: 2:50pm-Friday Final: 1:00pm-Saturday Schedule - Prelim: Semi: Final: 1:10pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark	Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
305 Natalie Flindt	3 Willamette University	1:02.10	1			29 Eric Costa	3 George Fox University	50.61	1		
90 Lisa Taylor	3 Linfield College	1:01.35	2			238 Bracan Williams	2 Whitman College	52.21	2		
1 Jessica Adams	4 George Fox University	59.48	3			231 Tye Tolentino	3 Univ. of Puget Sound	50.52	3		
162 Jill Wilamovsky	2 Pacific Lutheran U.	58.78	4			174 Shipley Ennis	4 Pacific Lutheran U.	50.61	4		
81 Amber Larsen	3 Linfield College	58.86	5			355 Tyson Raymond	1 Willamette University	51.52	5		
318 Lindsay Ogle	1 Willamette University	1:01.23	6			31 Tyler Gassaway	3 George Fox University	50.03	6		
246 Jessica Austin	1 Whitworth College	1:01.91	7			292 Josh Pasma	2 Whitworth College	49.86	7		
5 Christina Davis	2 George Fox University	1:02.53	8			300 Leo Suzuki	2 Whitworth College	48.51	8		

800, Women Prelims Event # 1 1000, Men Semis Event # 21  
 NWC Championships Newberg, OR May 5-6, 2000 NWC Championships Newberg, OR May 5-6, 2000  
 Schedule - Prelim: Semi: Final: 1:20pm-Saturday Schedule - Prelim: Semi: 3:20pm-Friday Final: 1:30pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark	Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
1 Maile Barrett	4 Lewis & Clark	12.51	1			188 John Hosler	4 Linfield College	11.19	1		
6 Melody Sherman	4 Linfield College	12.37	2			287 Bryce McDonnell	1 Whitworth College	11.12	2		
48 Becca Ehli	2 Pacific Lutheran U.	12.84	3			111 Andrew Roger	1 Linfield College	11.08	3		
65 Alisha Sluchuk	3 Whitworth College	12.77	4			40 David Plotts	4 George Fox University	11.04	4		
02 April Nelson	1 Univ. of Puget Sound	12.89	5			295 Joel Robnett	3 Whitworth College	11.02	5		
5 Kirtlye Lohof	1 Lewis & Clark	13.03	6			175 Kevin Giboney	2 Pacific Lutheran U.	11.11	6		
46 Sarah Axley	4 Pacific Lutheran U.	12.17	7			289 Chad Miyamoto	3 Whitworth College	11.17	7		
Colleen Forbes	2 George Fox University	13.04	8			290 Marshall Ochi	4 Whitworth College	11.20	8		



100, Women Prelims  
 MC Championships Newberg, OR Event # 4  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 1:40pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
3 Leah Moore	1 Linfield College	2:20.83	1		
50 Amy Friedrich	4 Pacific Lutheran U.	2:15.04	2		
106 Jessica Sotelo	3 Univ. of Puget Sound	2:18.91	3		
26 Lisa Starkey	3 Willamette University	2:11.96	4		
144 Elizabeth Abbey	1 Whitworth College	2:18.22	5		
17 Buffy Morris	2 Willamette University	2:20.13	6		
06 Beth Fitzgerald	4 Willamette University	2:11.81	7		
3 Jamie McElwain	3 George Fox University	2:16.00	8		

00m Hurdles, Women Prelims  
 MC Championships Newberg, OR Event # 10  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 2:05pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
46 Jessica Austin	1 Whitworth College	1:09.32	1		
4 Vania Ito	1 Lewis & Clark	1:09.64	2		
14 Tansy Midgley	3 Willamette University	1:07.09	3		
5 Karris Nelson	4 George Fox University	1:05.45	4		
1 Amber Larsen	3 Linfield College	1:01.74	5		
2 Katie McArthur	4 Linfield College	1:08.81	6		
02 April Nelson	1 Univ. of Puget Sound	1:07.48	7		
Megan Neuburger	1 George Fox University	1:04.02	8		

100, Women Prelims  
 MC Championships Newberg, OR Event # 2  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 2:25pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
165 Alisha Simchuk	3 Whitworth College	26.45	1		
148 Becca Ehli	2 Pacific Lutheran U.	26.51	2		
35 Kirtlye Lohof	1 Lewis & Clark	26.84	3		
36 Melody Sherman	4 Linfield College	25.71	4		
51 Maile Barrett	4 Lewis & Clark	26.28	5		
146 Sarah Asley	4 Pacific Lutheran U.	25.35	6		
1 Sharon Barnett	4 George Fox University	26.95	7		
162 Jill Wilkowsky	2 Pacific Lutheran U.	26.24	8		

5000, Women Prelims  
 MC Championships Newberg, OR Event # 7  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 2:50pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
14 Marisa Merritt	3 George Fox University	19:54.25	1		
263 Katie Schlotfeldt	3 Whitworth College	18:45.24	2		
84 Kari Newby	2 Linfield College	19:16.0	3		
151 Maree George	4 Pacific Lutheran U.	17:21.20	4		
152 Sarah Goyert	3 Pacific Lutheran U.	19:44.46	5		
247 Elizabeth Bailey	1 Whitworth College	19:52.24	6		
320 Lisa Pohlitz	1 Willamette University	20:17.20	7		
155 Lisa Lindsay	3 Pacific Lutheran U.	18:53.65	8		
264 Annie Scott	3 Whitworth College	18:07.80	9		
328 Amber Strickler	3 Willamette University	19:16.44	10		
23 Tori Taylor	2 George Fox University	18:28.05	11		
312 Tonya Lutz	4 Willamette University	18:39.78	12		
57 Helen Tasmela	4 Lewis & Clark	20:20.64	13		
268 Holly Weiler	3 Whitworth College	19:02.04	14		
199 Bre Rickal	1 Univ. of Puget Sound	20:51.44	15		
4 Amber Brosius	3 George Fox University	18:04.64	16		

1 x 400m Relay, Women Prelims  
 MC Championships Newberg, OR Event # 20  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 3:35pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
165 Relay team	Linfield College	3:59.51	1		
370 Relay team	Whitworth College	4:14.94	2		
164 Relay team	Lewis & Clark	4:32.28	3		
171 Relay team	Willamette University	4:15.74	4		
163 Relay team	George Fox University	4:04.27	5		
167 Relay team	Pacific Lutheran U.	3:55.42	6		
166 Relay team	Pacific University	4:30.14	7		
168 Relay team	Univ. of Puget Sound	4:13.80	8		

800, Men Prelims  
 MC Championships Newberg, OR Event # 24  
 May 5-6, 2000

Schedule - Prelim: Semi: 3:45pm-Friday Final: 1:50pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
27 Ryan Austin	3 George Fox University	1:58.84	1		
302 Campbell White	4 Whitworth College	1:57.88	2		
35 John Mantalas	4 George Fox University	1:57.79	3		
222 Ben Kevan	1 Univ. of Puget Sound	1:57.23	4		
187 Nate Miller	4 Linfield College	1:56.86	5		
176 Forrest Griek	4 Pacific Lutheran U.	1:56.56	6		
178 Mike Houston	2 Pacific Lutheran U.	1:56.44	7		
356 Michael Semenza	1 Willamette Univ.	1:58.25	8		

400m Hurdles, Men Prelims  
 MC Championships Newberg, OR Event # 29  
 May 5-6, 2000

Schedule - Prelim: Semi: 4:15pm-Friday Final: 2:15pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
275 Ben Bunfill	1 Whitworth College	57.92	1		
49 Kevin Whitaker	1 George Fox University	55.76	2		
30 Zach Davidson	1 George Fox University	55.25	3		
111 Andrew Rager	2 Linfield College	54.18	4		
174 Shipley Ennis	4 Pacific Lutheran U.	54.88	5		
166 Chris Bertholf	2 Pacific Lutheran U.	55.48	6		
210 Joel Baldwin	4 Univ. of Puget Sound	56.18	7		
279 Navin Fernandes	3 Whitworth College	58.00	8		

200, Men Prelims  
 MC Championships Newberg, OR Event # 22  
 May 5-6, 2000

Schedule - Prelim: Semi: 4:40pm-Friday Final: 2:35pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
330 David Austin	2 Willamette University	22.97	1		
289 Chad Miyamoto	3 Whitworth College	22.74	2		
300 Leo Suzuki	2 Whitworth College	22.45	3		
40 David Plotts	4 George Fox University	22.37	4		
235 Joel Robnett	3 Whitworth College	22.47	5		
287 Bryce McDonnell	1 Whitworth College	22.61	6		
31 Tyler Gassaway	3 George Fox University	22.95	7		
290 Marshall Ochi	4 Whitworth College	22.97	8		

5000, Men Prelims  
 MC Championships Newberg, OR Event # 26  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 3:15pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
75 Anthony Young	1 Lewis & Clark	15:28.86	1		
211 Sam Berg	4 Univ. of Puget Sound	15:18.03	2		
96 Paul Davis	3 Linfield College	15:34.90	3		
98 Gabe Doehler	3 Linfield College	15:32.73	4		
38 Michael Owen	1 George Fox University	15:40.74	5		
171 Alan Davies	1 Pacific Lutheran U.	15:38.33	6		
339 Stephen Cruise	4 Willamette University	15:14.75	7		
214 Dave Davis	4 Univ. of Puget Sound	14:17.18	8		
50 Brandon Workman	4 George Fox University	14:46.24	9		
227 Brian Mulry	3 Univ. of Puget Sound	15:43.52	10		
63 Andrew Cody	2 Lewis & Clark	15:56.04	11		
218 Reagan Graboer	1 Univ. of Puget Sound	15:49.43	12		
346 Nate Gusham	3 Willamette University	15:48.42	13		
35 John Mantalas	4 George Fox University	15:48.16	14		
184 Ryan Reed	3 Pacific Lutheran U.	15:22.01	15		
72 Brian Schoeneman	1 Lewis & Clark	16:06.34	16		
61 Andrew Ault	2 Lewis & Clark	15:38.54	17		
176 Forrest Griek	4 Pacific Lutheran U.	14:33.86	18		

4 x 400m Relay, Men Prelims  
 MC Championships Newberg, OR Event # 40  
 May 5-6, 2000

Schedule - Prelim: Semi: Final: 3:45pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
370 Relay team	Whitworth College	3:17.36	1		
368 Relay team	Univ. of Puget Sound	3:25.97	2		
365 Relay team	Linfield College	3:30.04	3		
363 Relay team	George Fox University	3:20.37	4		
371 Relay team	Willamette University	3:26.45	5		
367 Relay team	Pacific Lutheran U.	3:23.17	6		
369 Relay team	Whitman College	3:35.72	7		
364 Relay team	Lewis & Clark	3:36.24	8		



# RESULTS

## WOMEN

### TEAM SCORING THROUGH SEVEN EVENTS

Linfield	52
Whitworth	50
George Fox	49
Willamette	41
PLU	34
Whitman	24
Puget Sound	12
Lewis & Clark	11
Pacific	0

#### HEPTATHLON (April 17-18 @ PLU)

1. Katie McArthur, Linfield	4092
2. Laura Leineweber, Willamette	4028
3. Julie Vanni, Puget Sound	3986
4. Jessica Austin, Whitworth	3871
5. Mandy Sitz, Linfield	3801
6. Leah Moore, Linfield	3725
7. Kirsty Lohof, Lewis & Clark	3705
8. Abby Jo Homstein, Whitworth	3555
9. Sarah Dillon, Puget Sound	3236
10. Erin Haney, Puget Sound	3098
11. Janna Vavra, Pacific	3090
12. Michaela Ryder, Pacific	2155

NWC Championships  
3000

Newberg, OR  
Division: Women

Entrant # Name Clerk of the Course<sup>SM</sup> (c)1993 Tournament Specialists  
GR Affiliation Place Mark

#### FINAL RESULTS

151	Maree George	4	Pacific Lutheran U.	1	10:12.91
4	Embar Brosius	3	George Fox University	2	10:23.65
23	Tori Taylor	2	George Fox University	3	10:26.07
264	Annie Scott	3	Whitworth College	4	10:32.64
243	Jennie Wood	3	Whitman College	5	10:47.76
329	Evelyn Williams	1	Willamette University	6	10:57.63
316	Erin Moore	2	Willamette University	7	11:02.87
17	Kirsten Morgaard	2	George Fox University	8	11:04.01
201	Julie Meyer	1	Univ. of Puget Sound	9	11:23.43
245	Jessica Alley	3	Whitworth College	10	11:25.96
247	Elizabeth Bailey	1	Whitworth College	11	11:33.29
79	Lotus Hartley	4	Linfield College	12	11:40.76

NWC Championships  
10,000

Newberg, OR  
Division: Women

Entrant # Name Clerk of the Course<sup>SM</sup> (c)1993 Tournament Specialists  
GR Affiliation Place Mark

#### FINAL RESULTS

268	Holly Weiler	3	Whitworth College	1	39:46.16
84	Kari Newby	2	Linfield College	2	40:03.82
155	Lisa Lindsay	3	Pacific Lutheran U.	3	40:09.38
328	Amber Strickler	3	Willamette University	4	40:28.85
312	Tonya Lutz	4	Willamette University	5	40:47.60
152	Sarah Gogert	3	Pacific Lutheran U.	6	41:45.48
14	Marisa Merritt	3	George Fox University	7	41:53.80
320	Lisa Pohlit	1	Willamette University	8	42:56.15
307	Jasmin Hanson	1	Willamette University	9	43:28.78
120	Kim Ball	2	Pacific University		NO MARK

## MEN

### TEAM SCORING THROUGH SEVEN EVENTS

Willamette	61
Linfield	51.5
PLU	50
George Fox	40
Lewis & Clark	31
Whitworth	21
Puget Sound	18.5
Pacific	0
Whitman	0

#### DECATHLON (April 17-18 @ PLU)

1. Jimmy Watts, Willamette	7102
2. Shipley Ennis, PLU	6774
3. Fritz Mesenbrink, Linfield	6305
4. Ryan Boatsman, Linfield	5791
5. Ray Lions, Linfield	5514
6. Jason Hill, Lewis & Clark	5308
7. Dan Gargas, Puget Sound	5224
8. Matt Zosel, Willamette	5178
9. Loran Joseph, Lewis & Clark	5106
10. Ty Taylor, George Fox	4731

NWC Championships  
3000m Steeplechase

Newberg, OR  
Division: Men

Entrant # Name Clerk of the Course<sup>SM</sup> (c)1993 Tournament Specialists  
GR Affiliation Place Mark

#### FINAL RESULTS

50	Brandon Workman	4	George Fox University	1	9:13.4
218	Reagan Grabner	1	Univ. of Puget Sound	2	9:32.0
349	Mat Hummcutt	3	Willamette University	3	9:32.8
184	Ryan Reed	3	Pacific Lutheran U.	4	9:35.0
98	Gabe Doebler	3	Linfield College	5	9:35.4
38	Michael Owen	1	George Fox University	6	9:53.1
353	Zach Meyers	3	Willamette University	7	10:03.0
288	Peter Metcalf	3	Whitworth College	8	10:06.1
47	Forrest Towne	2	George Fox University	9	10:10.0
282	Jon Houk	1	Whitworth College	10	10:15.0
211	Sam Berg	4	Univ. of Puget Sound	11	10:21.9
72	Brian Schoeneman	1	Lewis & Clark	12	10:24.1
223	Jarrod Larson	2	Univ. of Puget Sound	13	10:41.0
280	Todd Goselin	1	Whitworth College	14	10:48.9
139	Russ Gatchell	2	Pacific University	15	10:55.8

NWC Championships  
10,000

Newberg, OR  
Division: Men

Entrant # Name Clerk of the Course<sup>SM</sup> (c)1993 Tournament Specialists  
GR Affiliation Place Mark

#### FINAL RESULTS

61	Andrew Ault	2	Lewis & Clark	1	32:39.13
63	Andrew Cody	2	Lewis & Clark	2	32:58.50
227	Brian Mulry	3	Univ. of Puget Sound	3	33:11.01
96	Paul Davis	3	Linfield College	4	33:15.17
171	Alan Davies	1	Pacific Lutheran U.	5	33:46.05
277	Justin Davis	3	Whitworth College	6	34:05.03
232	Brett Venn	1	Univ. of Puget Sound	7	34:40.54
37	Scott Oswald	4	George Fox University	8	34:55.75
237	Lars Tysver	3	Whitman College	9	35:10.7
346	Nate Gushwa	3	Willamette University	10	35:18.1
69	Derek Oldham	2	Lewis & Clark	11	35:29.6
233	Ryan Gold	1	Whitman College	12	35:46.8
179	Josh Lemnox	1	Pacific Lutheran U.	13	35:49.7
224	Paul McClaskay	3	Univ. of Puget Sound	14	36:42.3
145	Darren Bowe	1	Pacific University	15	36:54.4
228	Mike Neuner	1	Univ. of Puget Sound	16	37:20.4
140	Karl Hoogesteger	1	Pacific University	17	37:25.1
143	John Purdy	2	Pacific University		NO MARK



NWC Championships  
Pole Vault

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
9 Heather Runt	3 George Fox University	1	3.67	(12-00.5)
85 Kristin Russell	1 Linfield College	2	3.38	(11-01.0)
208 Amy Walls	4 Univ. of Puget Sound	3	3.28	(10-09.0)
56 Christie Olsson	2 Lewis & Clark	4	3.03	(9-11.25)
24 Helena Telfer	1 George Fox University	5	2.88	(9-05.25)
258 Erica Moen	3 Whitworth College	6	2.73	(8-11.5)
83 Leah Moore	1 Linfield College	6	2.73	(8-11.5)
310 Fiona Lee	3 Willamette University	6	2.73	(8-11.5)
209 Britta Winterowd	3 Univ. of Puget Sound	9	2.58	(8-05.5)
313 Marika Middag	3 Willamette University	9	2.58	(8-05.5)
76 Lisa Baumann	1 Linfield College	11	2.43	(7-11.5)
163 Kelly Wright	1 Pacific Lutheran U.	11	2.43	(7-11.5)
129 Melanie Reinmuth	1 Pacific University	11	2.43	(7-11.5)
200 Erika Ruchera	1 Univ. of Puget Sound	14	2.28	(7-05.75)
267 Elizabeth Tiegs	1 Whitworth College	14	2.28	(7-05.75)

NWC Championships  
Long Jump

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
240 Lindsay Ball	1 Whitman College	1	5.44	(17-10.25)
3 Kelsey Baron	1 George Fox University	2	5.12	(16-09.5)
262 Jamie Rydholm	1 Whitworth College	3	5.10	(16-08.75)
308 J. J. Humley	4 Willamette University	4	5.10	(16-08.75)
55 Kirtlye Lohof	1 Lewis & Clark	5	5.10	(16-08.75)
311 Laura Leineweber	2 Willamette University	6	5.10	(16-08.75)
10 Jocelyn Kennedy	4 George Fox University	7	5.06	(16-07.25)
318 Lindsay Ogle	1 Willamette University	8	4.94	(16-02.5)
87 Mandy Sitz	1 Linfield College		4.81	(15-09.25)
7 Colleen Forbes	2 George Fox University		4.77	(15-07.75)
82 Katie McArthur	4 Linfield College		4.68	(15-04.25)
253 Abby Jo Bornstein	2 Whitworth College		NO MARK	

NWC Championships  
Discus

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
241 Mari Ruiz	1 Whitman College		45.36	(148-10.0)
22 Marian Stevens	2 George Fox University		39.96	(131-01.0)
80 Lindsay Holbrook	4 Linfield College		39.28	(128-10.0)
322 Sarah Reichner	1 Willamette University		39.19	(128-07.0)
260 Crissy Neal	1 Whitworth College		38.30	(125-08.0)
261 Stacey Roberts	3 Whitworth College		37.90	(124-04.0)
257 Nichole Marich	3 Whitworth College		37.10	(121-09.0)
252 Elysia Hanna	2 Whitworth College		35.20	(115-06.0)
156 Tina Lohse	1 Pacific Lutheran U.		34.52	(113-03.0)
158 Stacey Neils	2 Pacific Lutheran U.		34.06	(111-09.0)
123 Heidi Fuhrmann	2 Pacific University		34.00	(111-06.0)
121 Sarah Cotton	3 Pacific University		33.19	(108-11.0)
11 Paige Lewis	2 George Fox University		NO MARK	

NWC Championships  
Discus

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
44 Ian Strauss	4 George Fox University	1	50.48	(165-07.0)
172 Ryan Dicks	3 Pacific Lutheran U.	2	49.47	(162-04.0)
359 Jimmy Watts	4 Willamette University	3	44.70	(146-08.0)
272 Takashi Atkins	3 Whitworth College	4	43.60	(143-00.0)
114 Rick Sachman	2 Linfield College	5	42.29	(138-09.0)
343 Jay Douglass	4 Willamette University	6	42.16	(138-04.0)
361 Matt Zosel	2 Willamette University	7	42.02	(137-10.0)
270 Jon Abbey	3 Whitworth College	8	41.02	(134-07.0)
332 James Banks	3 Willamette University	9	39.37	(129-02.0)
348 Pat Halstead	2 Willamette University	10	39.22	(128-08.0)
95 Jason Caponette	2 Linfield College	11	37.10	(121-09.0)
174 Shipley Emis	4 Pacific Lutheran U.	12	36.10	(118-05.0)

NWC Championships  
High Jump

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
359 Jimmy Watts	4 Willamette University	1	2.05	(6-08.75)
183 Garrett Miller	4 Pacific Lutheran U.	2	2.00	(6-06.75)
106 Fritz Mesenbrink	3 Linfield College	3	2.00	(6-06.75)
293 John Ranheim	3 Whitworth College	4	1.95	(6-04.75)
71 Reid Schooler	2 Lewis & Clark	5	1.90	(6-02.75)
334 Mike Bernatz	3 Willamette University	6	1.85	(6-00.75)
361 Matt Zosel	2 Willamette University	6	1.85	(6-00.75)
220 Jeff Jones	2 Univ. of Puget Sound	8	1.85	(6-00.75)
115 Joe Sanchez	1 Linfield College	8	1.85	(6-00.75)
64 Jason Hill	2 Lewis & Clark		NO MARK	
167 David Brown	1 Pacific Lutheran U.		NO MARK	
351 Marques Johnson	1 Willamette University		NO MARK	

NWC Championships  
Long Jump

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
108 John Mosler	4 Linfield College	1	6.89	(22-07.25)
31 Tyler Gassaway	3 George Fox University	2	6.80	(22-03.75)
359 Jimmy Watts	4 Willamette University	3	6.63	(21-09.0)
104 Ray Lions	1 Linfield College	4	6.48	(21-03.25)
174 Shipley Emis	4 Pacific Lutheran U.	5	6.47	(21-02.75)
167 David Brown	1 Pacific Lutheran U.	6	6.29	(20-07.75)
360 Terrence Wong	1 Willamette University	7	6.28	(20-07.25)
30 Zach Davidson	1 George Fox University	8	6.18	(20-03.5)
64 Jason Hill	2 Lewis & Clark	9	6.13	(20-01.5)
291 Kai Oso	3 Whitworth College	10	6.10	(20-00.25)
213 Martin Cochran	1 Univ. of Puget Sound	11	6.07	(19-11.0)
334 Mike Bernatz	3 Willamette University	12	5.72	(18-09.25)

NWC Championships  
Discus

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
44 Ian Strauss	4 George Fox University	1	50.48	(165-07.0)
172 Ryan Dicks	3 Pacific Lutheran U.	2	49.47	(162-04.0)
359 Jimmy Watts	4 Willamette University	3	44.70	(146-08.0)
272 Takashi Atkins	3 Whitworth College	4	43.60	(143-00.0)
114 Rick Sachman	2 Linfield College	5	42.29	(138-09.0)
343 Jay Douglass	4 Willamette University	6	42.16	(138-04.0)
361 Matt Zosel	2 Willamette University	7	42.02	(137-10.0)
270 Jon Abbey	3 Whitworth College	8	41.02	(134-07.0)
332 James Banks	3 Willamette University	9	39.37	(129-02.0)
348 Pat Halstead	2 Willamette University	10	39.22	(128-08.0)
95 Jason Caponette	2 Linfield College	11	37.10	(121-09.0)
174 Shipley Emis	4 Pacific Lutheran U.	12	36.10	(118-05.0)

NWC Championships  
Hammer

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant # Name	GR Affiliation	Place	Mark	
FINAL RESULTS				
80 Lindsay Holbrook	4 Linfield College	1	48.26	(158-04.0)
160 Leslie Seelye	3 Pacific Lutheran U.	2	45.50	(149-03.0)
252 Elysia Hanna	2 Whitworth College	3	43.94	(144-02.0)
257 Nichole Marich	3 Whitworth College	4	40.28	(132-02.0)
158 Stacey Neils	2 Pacific Lutheran U.	5	40.16	(131-09.0)
325 Kasey Sorenson	1 Willamette University	6	37.94	(124-06.0)
156 Tina Lohse	1 Pacific Lutheran U.	7	36.20	(118-09.0)
149 Caryn Flint	1 Pacific Lutheran U.	8	35.54	(116-07.0)
248 Mindy Bandy	3 Whitworth College	9	33.60	(110-03.0)
52 Janelle Bram	3 Lewis & Clark	10	32.44	(106-05.0)
20 Erin Simon	1 George Fox University		NO MARK	
123 Heidi Fuhrmann	2 Pacific University		NO MARK	



**GEORGE FOX**

Entrant #	Name	GR
1	Jessica Adams	4
2	Sharon Barnett	4
3	Kelsey Baron	1
4	Ember Brosius	3
5	Christina Davis	2
6	Amy Forbes	3
7	Colleen Forbes	2
8	Megan Heuberger	1
9	Heather Hunt	3
10	Jocelyn Kennedy	4
11	Paige Lewis	2
12	Pam Longman	2
13	Jamie McElwain	3
14	Marisa Merritt	3
15	Karrie Nelson	4
16	Jessica Nies	4
17	Kirsten Norgaard	2
18	Rosie Ofstie	2
19	Angie Powell	4
20	Erin Simon	1
21	Heidi Smith	2
22	Marian Stevens	2
23	Tori Taylor	2
24	Helena Telfer	1
25	Mimi VanHooser	1
26	Lori Miller	3
27	Ryan Austin	3
28	Keith Christiansen	1
29	Eric Costa	3
30	Zach Davidson	1
31	Tyler Gassaway	3
32	Scott Greene	3
33	Caleb Harris	4
34	Eric Kunze	4
35	John Mantalas	4
36	Steve Martin	3
37	Scott Oswald	4
38	Michael Owen	1
39	Nathan Paisley	2
40	David Plotts	4
41	Jon Roberts	4
42	Aaron Routon	4
43	Nick Ryland	1
44	Ian Strauss	4
45	Joel Strunk	4
46	Ty Taylor	4
47	Forrest Towne	2
48	Beau West	3
49	Kevin Whitaker	1
50	Brandon Workman	4

**LINFIELD**

Entrant #	Name	GR
76	Lisa Baumann	
77	Kelly Bradstreet	
78	Jennifer Cregg	2
79	Lotus Hartley	4
80	Lindsay Holbrook	4
81	Amber Larsen	3
82	Katie McArthur	4
83	Leah Moore	1
84	Kari Newby	2
85	Kristin Russell	1
86	Melody Sherman	4
87	Mandy Sitz	1
88	Shannon Tait	
89	Erin Tammock	1
90	Lisa Taylor	3
91	Jimmy Adamek	
92	Bo Bennett	
93	Ryan Boatsman	1
94	Justin Buckner	1
95	Jason Caponette	2
96	Paul Davis	3
97	Ben Dittman	3
98	Gabe Doebler	3
99	Garrett Fergus	1
100	Matt Greco	2
101	Andy Hockema	
102	J. P. Kloninger	
103	Jake Kienholz	
104	Ray Lions	1
105	Brent Lord	2
106	Fritz Mesenbrink	3
107	Nate Miller	4
108	John Nosler	4
109	Bobby Plotts	1
110	Ryan Powell	
111	Andrew Rager	2
112	Randy Rider	1
113	Wolf Rudolph	3
114	Nick Sackman	2
115	Joe Sanchez	
116	Brent Sagnotti	2
117	Aaron Thornton	1
118	Pieter Voskes	4
119	Jeff York	1

**LEWIS & CLARK**

Entrant #	Name	GR
51	Maile Barrett	4
52	Janelle Braun	3
53	Christine Donehower	3
54	Vania Ito	1
55	Kirtlye Lohof	1
56	Christie Olsson	2
57	Helen Tammela	4
58	Nikki Thompson	2
59	Sarah Warnock	3
60	Billy Alexander	2
61	Andrew Ault	2
62	Bobby Brown	4
63	Andrew Cody	2
64	Jason Hill	2
65	Michael Jackson	3
66	Loran Joseph	2
67	Nick Kitzerow	3
68	Matt Miller	2
69	Derek Oldham	2
70	Dan Reichenbach	4
71	Reid Schooler	2
72	Brian Schoeneman	1
73	Luke Speckman	1
74	Neil Weare	2
75	Anthony Young	1

**PACIFIC**

Entrant #	Name	GR
120	Kim Ball	2
121	Sarah Cotton	3
122	Lauri Duensing	1
123	Heidi Fuhrmann	2
124	Ruth Ann Heim	3
125	Jen Jacobson	1
126	Ann Kaltwasser	3
127	Rebecca Lucas	1
128	Mindy Perkins	1
129	Melanie Reimmuth	1
130	Haley Ronningen	1
131	Angela Rosario	1
132	Michaela Ryder	1
133	Jonna Vavra	2
134	Gail Wootan	4
135	Dave Biglen	1
136	Peter Boyle	1
137	Doug Christ	4
138	Greg Dubberke	2
139	Russ Getchell	2
140	Karl Hoogesteger	1
141	Ken Kozuma	1
142	Russ Meeuf	1
143	John Purdy	2
144	Tim Reilly	2
145	Darren Bowe	1

**PACIFIC LUTHERAN**

Entrant #	Name	GR
146	Sarah Axley	4
147	Laura Cobb	1
148	Becca Ehli	2
149	Caryn Flint	1
150	Amy Friedrich	4
151	Maree George	4
152	Sarah Gogert	3
153	Anna Goodsell	1
154	Lacey Helm	1
155	Lisa Lindsay	3
156	Tina Lohse	1
157	Juli Miller	1
158	Stacey Neils	2
159	Lori Rolf	2
160	Leslie Seelye	3
161	Nicole Sharp	1
162	Jill Wilmovsky	2
163	Kelly Wright	1
164	Rochelle Weems	1
165	Chris Anderson	1
166	Chris Bertholf	2
167	David Brown	1
168	John Catandella	1
169	Regis Costello	4
170	Carsten Croff	1
171	Alan Davies	1
172	Ryan Dirks	3
173	Derick Dong	3
174	Shipley Ennis	4
175	Kevin Giboney	2
176	Forrest Griek	4
177	LeRoy Horton	1
178	Mike Houston	2
179	Josh Lennox	1
180	Jason Mauch	1
181	Kendall McNeal	1
182	Gabe Miller	2
183	Garrett Miller	4
184	Ryan Reed	3
185	Marcus Rismiller	2
186	Trevor Roberts	3
187	Andy Rothenburger	2
188	Carl Strong	1
189	Jesse Thomas	1
190	Michael Wright	1



**PUGET SOUND**

Entrant #	Name	GR
191	Dana Boyle	2
192	Anne Crase	2
193	Sarah Dillon	2
194	Emily Elasky	1
195	Kristen Emura	1
196	Sarah Gross	1
197	Erin Haney	2
198	Marika Henderson	2
199	Bre Hickel	1
200	Erika Kuchera	1
201	Julie Meyer	1
202	April Nelson	1
203	Kyra Patterson	2
204	Kim Racine	1
205	Lace Smith	2
206	Jessica Sotelo	3
207	Julie Vanni	1
208	Amy Wells	4
209	Britta Winterowd	3
210	Joel Baldwin	4
211	Sam Berg	4
212	Jacob Chapman	1
213	Martin Cochran	1
214	Dave Davis	4
215	Kevin DeLury	3
216	J. R. Floweree	1
217	Dan Gargas	1
218	Reagan Grabner	1
219	Robert Graham	4
220	Jeff Jones	2
221	Sean Jonick	2
222	Ben Kevan	1
223	Jarrold Larson	2
224	Paul McClaskey	3
225	Micah Melton	4
226	Geoffrey Miller	
227	Brian Mulry	3
228	Mike Neuner	1
229	Matt Perry	1
230	T. C. Roe	1
231	Tye Tolentino	3
232	Brett Venn	1
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**WHITMAN**

Entrant #	Name	GR
233	Ryan Gold	1
234	Josh Lane	1
235	David Prins	1
236	Ben Shardlow	1
237	Lars Tysver	3
238	Bracan Williams	2
239	Elisa Bobnes	2
240	Lindsay Bull	1
241	Mari Ruiz	1
242	Staci St. John	1
243	Jennie Wood	3

**WHITWORTH**

Entrant #	Name	GR
244	Elizabeth Abbey	1
245	Jessica Alley	3
246	Jessica Austin	1
247	Elizabeth Bailey	1
248	Mindy Bandy	3
249	Jennifer Bennett	3
250	Caroline DeVries	1
251	Brooke Evans	3
252	Elysia Hanna	2
253	Abby Jo Hornstein	2
254	Diana Huey	1
255	Holly Knoll	2
256	Julia Lucas	3
257	Nichole Marich	3
258	Erica Moen	3
259	Katie Nuechterlein	2
260	Crissy Oneal	1
261	Stacey Roberts	3
262	Jamie Rydbom	1
263	Katie Schlotfeldt	3
264	Annie Scott	3
265	Alisha Simchuk	3
266	Danielle Swift	4
267	Elizabeth Tiegs	1
268	Holly Weiler	3
269	Laura Zenke	2
270	Jon Abbey	3
271	Quanta Anderson	1
272	Takashi Atkins	3
273	Aaron Baldwin	3
274	Erik Brucker	3
275	Ben Bunfill	1
276	Aaron Cloud	1
277	Justin Davis	3
278	K. C. Dameron	1
279	Navin Fernandes	3
280	Todd Goselin	1
281	Adam Hoesly	2
282	Jon Houk	1
283	Matt Kaemingk	1
284	Danny Kezele	4
285	Clint Lacaden	3
286	Josh Maurer	2
287	Bryce McDonnell	1
288	Peter Metcalf	3
289	Chad Miyamoto	3
290	Marshall Ochi	4
291	Kei Omo	3
292	Josh Pasma	2
293	John Ranheim	
294	Ben Robinson	1
295	Joel Robnett	3
296	Josh Sherven	1
297	Caleb Stewart	2
298	Whit Spencer	1
299	Spencer Stiglets	1
300	Leo Suzuki	2
301	Adam Thornton	2
302	Campbell White	4
372	Karen Robnett	1
374	Austin Jessica	1
375	AJ Hornstein	1
376	Nathan Porter	
377	Mark Finney	

**WILLAMETTE**

Entrant #	Name	GR
303	Kate Burke	1
304	Amber Emery	1
305	Natalie Flindt	3
306	Beth Fitzgerald	4
307	Jasmin Hanson	1
308	J. J. Hurley	4
309	Kyla Kilantang	1
310	Fiona Lee	3
311	Laura Leineweber	2
312	Tonya Lutz	4
313	Marika Middag	3
314	Tansy Middag	3
315	Annie Mockford	2
316	Erin Moore	2
317	Buffly Morris	2
318	Lindsay Ogle	1
319	Jessica Parker	1
320	Lisa Pohlit	1
321	LeeAnn Price	2
322	Sarah Reichner	1
323	Monica Scott	3
324	Sukhee So	1
325	Kasey Sorenson	1
326	Lisa Starkey	3
327	Maren Stilson	1
328	Amber Strickler	3
329	Evelyn Williams	1
330	David Austin	2
331	Eduard Baba	1
332	James Banks	3
333	Nate Bell	2
334	Mike Bernatz	3
335	Tony Cassinerio	3
336	Paul Colby	4
337	Jonathan Cooper	1
338	Justin Cooper	1
339	Stephen Cruise	4
340	Josh Davis	1
341	Toby Dean	1
342	Adam Dittman	3
343	Jay Douglass	4
344	Damon Foreman	1
345	Matt Graham	2
346	Nate Gushwa	3
347	Anthony Hager	3
348	Pat Halstead	2
349	Mat Humnicutt	3
350	Joey Janota	2
351	Marques Johnson	1
352	John McDowell	1
353	Zach Meyers	3
354	Andy Miguel	3
355	Tyson Raymond	1
356	Michael Semenza	1
357	Brandon Shaver	1
358	Josh Smith	1
359	Jimmy Watts	4
360	Terrence Wong	1
361	Matt Zosel	2
362	Rodney Wood	4

# RESULTS

## WOMEN

### TEAM SCORING THROUGH SEVEN EVENTS

Linfield	52
Whitworth	50
George Fox	49
Willamette	41
PLU	34
Whitman	24
Puget Sound	12
Lewis & Clark	11
Pacific	0

#### HEPTATHLON (April 17-18 @ PLU)

1. Kase McArthur, Linfield	4092
2. Laura Laineboer, Willamette	4028
3. Julie Vanni, Puget Sound	3986
4. Jessica Austin, Whitworth	3871
5. Mandy Sitz, Linfield	3801
6. Leah Moore, Linfield	3725
7. Kristy Lohof, Lewis & Clark	3705
8. Abby Jo Hornstein, Whitworth	3555
9. Sarah Dillon, Puget Sound	3236
10. Erin Haney, Puget Sound	3098
11. Janna Vavra, Pacific	3090
12. Michaela Ryder, Pacific	2155

NWC Championships  
3000

Newberg, OR  
Division: Women

## MEN

### TEAM SCORING THROUGH SEVEN EVENTS

Willamette	61
Linfield	51.5
PLU	50
George Fox	40
Lewis & Clark	31
Whitworth	21
Puget Sound	18.5
Pacific	0
Whitman	0

#### DECATHLON (April 17-18 @ PLU)

1. Jimmy Watts, Willamette	7102
2. Shipley Ennis, PLU	6774
3. Fritz Mesenbrink, Linfield	6305
4. Ryan Boatsman, Linfield	5791
5. Ray Lions, Linfield	5514
6. Jason Hill, Lewis & Clark	5308
7. Dan Gargas, Puget Sound	5224
8. Matt Zosel, Willamette	5178
9. Loran Joseph, Lewis & Clark	5106
10. Ty Taylor, George Fox	4731

NWC Championships  
3000m Steeplechase

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR	Affiliation	Place Mark
FINAL RESULTS				
151	Maree George	4	Pacific Lutheran U.	1 10:12.91
4	Ember Brosius	3	George Fox University	2 10:23.65
23	Tori Taylor	2	George Fox University	3 10:26.07
264	Amie Scott	3	Whitworth College	4 10:32.64
243	Jennie Wood	3	Whitman College	5 10:47.76
329	Evelyn Williams	1	Willamette University	6 10:57.63
116	Erin Moore	2	Willamette University	7 11:02.87
17	Kirsten Morgegaard	2	George Fox University	8 11:04.01
201	Julia Meyer	1	Univ. of Puget Sound	9 11:23.43
245	Jessica Alley	3	Whitworth College	10 11:25.96
247	Elizabeth Bailey	1	Whitworth College	11 11:33.29
79	Lotus Hartley	4	Linfield College	12 11:40.76

NWC Championships  
10,000

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR	Affiliation	Place Mark
FINAL RESULTS				
268	Holly Weiler	3	Whitworth College	1 39:46.16
84	Kari Newby	2	Linfield College	2 40:03.82
155	Lisa Lindsay	3	Pacific Lutheran U.	3 40:09.38
328	Amber Strickler	3	Willamette University	4 40:28.85
312	Tonya Lutz	4	Willamette University	5 40:47.60
152	Sarah Gogert	3	Pacific Lutheran U.	6 41:45.48
14	Marissa Merritt	3	George Fox University	7 41:53.30
320	Lisa Pohlitt	1	Willamette University	8 42:56.15
307	Jasmin Hanson	1	Willamette University	9 43:28.78
120	Kim Ball	2	Pacific University	NO MARK

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR	Affiliation	Place Mark
FINAL RESULTS				
50	Brandon Workman	4	George Fox University	1 9:13.4
218	Reagan Grabner	1	Univ. of Puget Sound	2 9:32.0
349	Mat Himmicutt	3	Willamette University	3 9:32.8
184	Ryan Reed	3	Pacific Lutheran U.	4 9:35.0
98	Gabe Doehler	3	Linfield College	5 9:35.4
38	Michael Owen	1	George Fox University	6 9:53.1
353	Zach Meyers	3	Willamette University	7 10:03.0
288	Peter Metcalf	3	Whitworth College	8 10:06.1
47	Forrest Towns	2	George Fox University	9 10:10.0
282	Jon Houk	1	Whitworth College	10 10:15.0
211	Sam Berg	4	Univ. of Puget Sound	11 10:21.9
72	Brian Schoeneman	1	Lewis & Clark	12 10:24.1
223	Jaxrod Larson	2	Univ. of Puget Sound	13 10:41.0
280	Todd Goselin	1	Whitworth College	14 10:48.9
139	Russ Gatchall	2	Pacific University	15 10:55.8

NWC Championships  
10,000

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR	Affiliation	Place Mark
FINAL RESULTS				
61	Andrew Bolt	2	Lewis & Clark	1 32:39.13
63	Andrew Cody	2	Lewis & Clark	2 32:58.50
227	Brian Mulry	3	Univ. of Puget Sound	3 33:11.01
96	Paul Davis	3	Linfield College	4 33:15.17
171	Alan Davies	1	Pacific Lutheran U.	5 33:46.05
277	Justin Davis	3	Whitworth College	6 34:05.03
232	Brett Venn	1	Univ. of Puget Sound	7 34:40.54
37	Scott Oswald	4	George Fox University	8 34:55.75
237	Lars Tysver	3	Whitman College	9 35:10.7
346	Mate Gushwa	3	Willamette University	10 35:18.1
69	Derek Oldham	2	Lewis & Clark	11 35:29.5
233	Ryan Gold	1	Whitman College	12 35:46.3
179	Josh Lemnox	1	Pacific Lutheran U.	13 35:49.7
224	Paul McClaskay	3	Univ. of Puget Sound	14 36:42.3
145	Darren Rowe	1	Pacific University	15 36:54.4
228	Mike Neumer	1	Univ. of Puget Sound	16 37:20.4
140	Karl Hoogestager	1	Pacific University	17 37:25.1
143	John Purdy	2	Pacific University	NO MARK

Championships  
Vault

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
RESULTS				
1	Heather Hunt	3 George Fox University	1	3.67 (12-00.5)
2	Kristin Russell	1 Linfield College	2	3.38 (11-01.0)
3	Amy Walls	4 Univ. of Puget Sound	3	3.28 (10-09.0)
4	Christie Olsson	2 Lewis & Clark	4	3.03 (9-11.25)
5	Helena Telfer	1 George Fox University	5	2.88 (9-05.25)
6	Erica Moen	3 Whitworth College	6	2.73 (8-11.5)
7	Leah Moore	1 Linfield College	6	2.73 (8-11.5)
8	Fiona Lee	3 Willamette University	6	2.73 (8-11.5)
9	Britta Winterowd	3 Univ. of Puget Sound	9	2.58 (8-05.5)
10	Marika Middag	3 Willamette University	9	2.58 (8-05.5)
11	Lisa Baumann	1 Linfield College	11	2.43 (7-11.5)
12	Kelly Wright	1 Pacific Lutheran U.	11	2.43 (7-11.5)
13	Melanie Reinmuth	1 Pacific University	11	2.43 (7-11.5)
14	Erika Kuchera	1 Univ. of Puget Sound	14	2.28 (7-05.75)
15	Elizabeth Tieg	1 Whitworth College	14	2.28 (7-05.75)

Championships  
Jump

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
RESULTS				
1	Lindsay Bull	1 Whitman College	1	5.44 (17-10.25)
2	Kelsey Baron	1 George Fox University	2	5.12 (16-09.5)
3	Jamie Rydholm	1 Whitworth College	3	5.10 (16-08.75)
4	J. J. Burley	4 Willamette University	4	5.10 (16-08.75)
5	Kirtlye Lohof	1 Lewis & Clark	5	5.10 (16-08.75)
6	Laura Leineweber	2 Willamette University	6	5.10 (16-08.75)
7	Jocelyn Kennedy	4 George Fox University	7	5.06 (16-07.25)
8	Lindsay Ogil	1 Willamette University	8	4.94 (16-02.5)
9	Mandy Sitz	1 Linfield College	8	4.81 (15-09.25)
10	Colleen Forbes	2 George Fox University	8	4.77 (15-07.75)
11	Katie McArthur	4 Linfield College	8	4.68 (15-04.25)
12	Abby Jo Hornstein	2 Whitworth College		NO MARK

Championships  
is

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
RESULTS				
1	Mari Ruiz	1 Whitman College	1	45.36 (148-10.0)
2	Marian Stevens	2 George Fox University	2	39.96 (131-01.0)
3	Lindsay Holbrook	4 Linfield College	3	39.28 (128-10.0)
4	Sarah Reichner	1 Willamette University	4	39.19 (128-07.0)
5	Crissy Oneal	1 Whitworth College	5	38.30 (125-08.0)
6	Stacey Roberts	3 Whitworth College	6	37.90 (124-04.0)
7	Nichole Marich	3 Whitworth College	7	37.10 (121-09.0)
8	Elysia Hanna	2 Whitworth College	8	35.20 (115-06.0)
9	Tina Lobse	1 Pacific Lutheran U.	9	34.52 (113-03.0)
10	Stacey Neils	2 Pacific Lutheran U.	10	34.06 (111-09.0)
11	Heidi Fuhrmann	2 Pacific University	11	34.00 (111-06.0)
12	Sarah Cotton	3 Pacific University	12	33.19 (108-11.0)
13	Paige Lewis	2 George Fox University		NO MARK

Championships  
r

Newberg, OR  
Division: Women

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
RESULTS				
1	Lindsay Holbrook	4 Linfield College	1	48.26 (158-04.0)
2	Leslie Sealye	3 Pacific Lutheran U.	2	45.50 (149-03.0)
3	Elysia Hanna	2 Whitworth College	3	43.94 (144-02.0)
4	Nichole Marich	3 Whitworth College	4	40.28 (132-02.0)
5	Stacey Neils	2 Pacific Lutheran U.	5	40.16 (131-09.0)
6	Kasey Sorenson	1 Willamette University	6	37.94 (124-06.0)
7	Tina Lobse	1 Pacific Lutheran U.	7	36.20 (118-09.0)
8	Caryn Flint	1 Pacific Lutheran U.	8	35.54 (116-07.0)
9	Mindy Bandy	3 Whitworth College	9	33.60 (110-03.0)
10	Janelle Braun	3 Lewis & Clark	10	32.44 (106-05.0)
11	Erin Simon	1 George Fox University		NO MARK
12	Heidi Fuhrmann	2 Pacific University		NO MARK

NWC Championships  
High Jump

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
FINAL RESULTS				
1	Jimmy Watts	4 Willamette University	1	2.05 (6-08.75)
2	Garrett Miller	4 Pacific Lutheran U.	2	2.00 (6-06.75)
3	Fritz Mesenbrink	3 Linfield College	3	2.00 (6-06.75)
4	John Ranheim	3 Whitworth College	4	1.95 (6-04.75)
5	Raid Schooler	2 Lewis & Clark	5	1.90 (6-02.75)
6	Mike Bernatz	3 Willamette University	6	1.85 (6-00.75)
7	Matt Zosel	2 Willamette University	6	1.85 (6-00.75)
8	Jeff Jones	2 Univ. of Puget Sound	8	1.85 (6-00.75)
9	Joe Sanchez	1 Linfield College	8	1.85 (6-00.75)
10	Jason Hill	2 Lewis & Clark		NO MARK
11	David Brown	1 Pacific Lutheran U.		NO MARK
12	Marques Johnson	1 Willamette University		NO MARK

NWC Championships  
Long Jump

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
FINAL RESULTS				
1	John Mosler	4 Linfield College	1	6.89 (22-07.25)
2	Tyler Gassaway	3 George Fox University	2	6.80 (22-03.75)
3	Jimmy Watts	4 Willamette University	3	6.63 (21-09.0)
4	Ray Lyons	1 Linfield College	4	6.48 (21-03.25)
5	Shipley Emis	4 Pacific Lutheran U.	5	6.47 (21-02.75)
6	David Brown	1 Pacific Lutheran U.	6	6.29 (20-07.75)
7	Terrence Wong	1 Willamette University	7	6.28 (20-07.25)
8	Zach Davidson	1 George Fox University	8	6.18 (20-03.5)
9	Jason Hill	2 Lewis & Clark	9	6.13 (20-01.5)
10	Kei Ono	3 Whitworth College	10	6.10 (20-00.25)
11	Martin Cochran	1 Univ. of Puget Sound	11	6.07 (19-11.0)
12	Mike Bernatz	3 Willamette University	12	5.72 (18-09.25)

NWC Championships  
Discus

Newberg, OR  
Division: Men

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
FINAL RESULTS				
1	Ian Strauss	4 George Fox University	1	50.48 (165-07.0)
2	Ryan Dirks	3 Pacific Lutheran U.	2	49.47 (162-04.0)
3	Jimmy Watts	4 Willamette University	3	44.70 (146-08.0)
4	Takashi Atkins	3 Whitworth College	4	43.60 (143-00.0)
5	Nick Sackman	2 Linfield College	5	42.29 (138-09.0)
6	Jay Douglass	4 Willamette University	6	42.16 (138-04.0)
7	Matt Zosel	2 Willamette University	7	42.02 (137-10.0)
8	Jon Abbey	3 Whitworth College	8	41.02 (134-07.0)
9	James Banks	3 Willamette University	9	39.37 (129-02.0)
10	Pat Halstead	2 Willamette University	10	39.22 (128-08.0)
11	Jason Caponette	2 Linfield College	11	37.10 (121-09.0)
12	Shipley Emis	4 Pacific Lutheran U.	12	36.10 (118-05.0)

NWC Championships  
Hammer

Newberg, OR  
Division: Men

May 5-6, 2000  
Event # 37

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
FINAL RESULTS				
1	Ryan Dirks	3 Pacific Lutheran U.	1	54.52 (178-10.0)
2	James Banks	3 Willamette University	2	49.24 (161-06.0)
3	Dan Reichenbach	4 Lewis & Clark	3	46.18 (151-06.0)
4	Takashi Atkins	3 Whitworth College	4	45.74 (150-01.0)
5	Joel Strunk	4 George Fox University	5	45.40 (148-11.0)
6	Eric Kunze	4 George Fox University	6	43.52 (142-09.0)
7	Jason Caponette	2 Linfield College	7	43.00 (141-01.0)
8	Jon Abbey	3 Whitworth College	8	42.96 (140-11.0)
9	Pat Halstead	2 Willamette University	9	38.30 (125-08.0)
10	Ben Dittman	3 Linfield College	10	34.48 (113-01.0)
11	Bobby Brown	4 Lewis & Clark	11	32.54 (106-09.0)
12	Michal Melton	4 Univ. of Puget Sound		NO MARK

# SATURDAY'S FINALS

High Jump, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 11  
May 5-6, 2000

Pole Vault, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 32  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
19	Angie Powell	4 George Fox University	1.59	1		
253	Abby Jo Hornstein	2 Whitworth College	1.50	2		
246	Jessica Austin	1 Whitworth College	1.54	3		
132	Michaela Ryder	1 Pacific University	1.42	4		
193	Sarah Dillon	2 Univ. of Puget Sound	1.61	5		
159	Lori Rolf	2 Pacific Lutheran U.	1.52	6		
6	Amy Forbes	3 George Fox University	1.54	7		
15	Karrie Nelson	4 George Fox University	1.50	8		
82	Katie McArthur	4 Linfield College	1.55	9		
311	Laura Leineweber	2 Willamette University	1.64	10		
258	Erica Moen	3 Whitworth College	1.50	11		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
229	Matt Perry	1 Univ. of Puget Sound	3.96	1		
42	Aaron Routon	4 George Fox University	4.11	2		
116	Brent Sagotti	2 Linfield College	4.88	3		
174	Shirley Brms	4 Pacific Lutheran U.	4.30	4		
180	Jason Nauch	1 Pacific Lutheran U.	4.43	5		
169	Regis Costello	4 Pacific Lutheran U.	4.47	6		
359	Jimmy Watts	4 Willamette University	4.40	7		
106	Fritz Mesenbrink	3 Linfield College	3.99	8		
215	Kevin Delury	3 Univ. of Puget Sound	4.03	9		
104	Ray Lions	1 Linfield College	3.99	10		
189	Jesse Thomas	1 Pacific Lutheran U.	4.03	11		
273	Aaron Baldwin	3 Whitworth College	3.97	12		

Triple Jump, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 14  
May 5-6, 2000

Triple Jump, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 34  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
3	Kelsey Baron	1 George Fox University	10.98	1		
147	Laura Cobb	1 Pacific Lutheran U.	9.67	2		
197	Erin Baney	2 Univ. of Puget Sound	10.04	3		
10	Jocelyn Kennedy	4 George Fox University	11.28	4		
19	Angie Powell	4 George Fox University	9.89	5		
21	Heidi Smith	2 George Fox University	10.52	6		
53	Christine Donehower	3 Lewis & Clark	10.81	7		
258	Erica Moen	3 Whitworth College	10.14	8		
262	Jamie Rydman	1 Whitworth College	10.26	9		
240	Lindsay Bull	1 Whitman College	11.11	10		
87	Mandy Sitz	1 Linfield College	10.75	11		
7	Colleen Forbes	2 George Fox University	10.44	12		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
291	Kai Oso	3 Whitworth College	12.90	1		
271	Quanta Anderson	1 Whitworth College	13.22	2		
334	Mike Bernatz	3 Willamette University	12.89	3		
64	Jason Hill	2 Lewis & Clark	12.80	4		
299	Spencer Stiglitz	1 Whitworth College	12.75	5		
108	John Mosler	4 Linfield College	12.70	6		
273	Aaron Baldwin	3 Whitworth College	13.45	7		
92	Bo Bennett	1 Linfield College	13.03	8		
297	Caleb Stewart	2 Whitworth College	12.72	9		
360	Terrence Wong	1 Willamette University	12.81	10		
106	Fritz Mesenbrink	3 Linfield College	12.85	11		
213	Martin Cochran	1 Univ. of Puget Sound	13.30	12		

Shot Put, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 15  
May 5-6, 2000

Shot Put, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 35  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
52	Janalle Braum	3 Lewis & Clark	11.29	1		
205	Lace Smith	2 Univ. of Puget Sound	10.91	2		
325	Kasey Sorenson	1 Willamette University	11.30	3		
80	Lindsay Holbrook	4 Linfield College	10.72	4		
241	Mari Ruiz	1 Whitman College	12.06	5		
207	Julie Vanni	1 Univ. of Puget Sound	11.10	6		
160	Leslie Seelye	3 Pacific Lutheran U.	11.43	7		
77	Kelly Bradstreet	1 Linfield College	10.76	8		
122	Lauri Duensing	1 Pacific University	11.19	1		
131	Angela Rosario	1 Pacific University	11.64	2		
248	Mindy Bandy	3 Whitworth College	11.85	3		
22	Marian Stevens	2 George Fox University	10.99	4		
121	Sarah Cotton	3 Pacific University	11.83	5		
249	Jennifer Bennett	3 Whitworth College	11.76	6		
257	Nichole Marich	3 Whitworth College	11.71	7		
133	Jonna Vavra	2 Pacific University	10.79	8		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
362	Rodney Wood	4 Willamette University	13.38	1		
186	Trevor Roberts	3 Pacific Lutheran U.	14.36	2		
119	Jeff York	1 Linfield College	13.54	3		
45	Joel Strunk	4 George Fox University	14.04	4		
342	Adam Dittman	3 Willamette University	15.44	5		
44	Ian Strauss	4 George Fox University	14.79	6		
95	Jason Caponette	2 Linfield College	13.13	7		
70	Dan Reichenbach	4 Lewis & Clark	12.82	8		
272	Takashi Atkins	3 Whitworth College	13.51	9		
348	Pat Halstead	2 Willamette University	13.83	10		
114	Nick Sackman	2 Linfield College	14.22	11		
172	Ryan Dirks	3 Pacific Lutheran U.	14.10	12		

Javelin, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 18  
May 5-6, 2000

Javelin, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 38  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 10:30am-Saturday

Schedule - Prelim:

Semi:

Final: 1:00pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
58	Nikki Thompson	2 Lewis & Clark	36.86	1		
260	Crissey Oneal	1 Whitworth College	37.86	2		
246	Jessica Austin	1 Whitworth College	34.74	3		
192	Anne Crase	2 Univ. of Puget Sound	37.84	4		
164	Rochelle Weems	1 Pacific Lutheran U.	38.80	5		
83	Leah Moore	1 Linfield College	34.18	6		
323	Monica Scott	3 Willamette University	39.82	7		
251	Brooke Evans	3 Whitworth College	35.04	1		
248	Mindy Bandy	3 Whitworth College	35.02	2		
266	Danielle Swift	4 Whitworth College	42.78	3		
134	Gail Wootan	4 Pacific University	36.84	4		
126	Ann Kaltwasser	3 Pacific University	41.44	5		
313	Marika Middag	3 Willamette University	35.24	6		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
298	Whit Spencer	1 Whitworth College	60.24	1		
345	Matt Graham	2 Willamette University	55.52	2		
185	Marcus Rismiller	2 Pacific Lutheran U.	57.60	3		
46	Ty Taylor	4 George Fox University	57.42	4		
117	Aaron Thornton	1 Linfield College	59.54	5		
359	Jimmy Watts	4 Willamette University	58.31	6		
64	Jason Hill	2 Lewis & Clark	51.90	7		
343	Jay Douglass	4 Willamette University	53.44	8		
106	Fritz Mesenbrink	3 Linfield College	53.46	9		
357	Brandon Shaver	1 Willamette University	58.59	10		
104	Ray Lions	1 Linfield College	57.02	11		
41	Jon Roberts	4 George Fox University	58.58	12		



4x100m Relay, Women  
NWC Championships  
Prelims  
Newberg, OR  
Event # 19  
May 5-6, 2000  
Schedule - Prelim:  
Semi:  
Final: 12:00pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
364	Relay team	Lewis & Clark	45.27	1		
367	Relay team	Pacific Lutheran U.	42.80	2		
363	Relay team	George Fox University	43.03	3		
366	Relay team	Pacific University	46.14	4		
370	Relay team	Whitworth College	41.66	5		
365	Relay team	Linfield College	43.36	6		
371	Relay team	Willamette University	43.60	7		
368	Relay team	Univ. of Puget Sound	46.45	8		

men  
NWC Championships  
Prelims  
Newberg, OR  
Event # 5  
May 5-6, 2000  
Schedule - Prelim:  
Semi:  
Final: 12:15pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
176	Forrest Griek	4 Pacific Lutheran U.	3:56.01	1		
339	Stephen Cruise	4 Willamette University	3:59.95	2		
178	Mike Houston	2 Pacific Lutheran U.	4:04.18	3		
35	John Mantalas	4 George Fox University	4:00.62	4		
214	Dave Davis	4 Univ. of Puget Sound	3:52.74	5		
301	Adam Thornton	2 Whitworth College	4:12.76	6		
74	Neil Weare	2 Lewis & Clark	3:56.14	7		
184	Ryan Reed	3 Pacific Lutheran U.	4:02.67	8		
350	Joey Janota	2 Willamette University	4:10.50	9		
294	Ben Robinson	1 Whitworth College	4:14.14	10		
96	Paul Davis	3 Linfield College	4:04.64	11		
50	Brandon Workman	4 George Fox University	4:01.10	12		
349	Mat Hamnutt	3 Willamette University	4:10.70	13		
98	Gabe Doehler	3 Linfield College	4:06.58	14		
274	Erik Brucker	3 Whitworth College	4:13.57	15		

100m Sprint Hurdles, Men  
NWC Championships  
Prelims  
Newberg, OR  
Event # 28  
May 5-6, 2000  
Schedule - Prelim:  
Semi:  
Final: 12:50pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
210	Joel Baldwin	4 Univ. of Puget Sound		1		
112	Randy Rider	1 Linfield College		2		
106	Fritz Mesenbrink	3 Linfield College		3		
336	Paul Colby	4 Willamette University		4		
279	Navin Fernandes	3 Whitworth College		5		
358	Josh Smith	1 Willamette University		6		
174	Shirley Ennis	4 Pacific Lutheran U.		7		
299	Spencer Stiglets	1 Whitworth College		8		

men  
NWC Championships  
Prelims  
Newberg, OR  
Event # 3  
May 5-6, 2000  
Schedule - Prelim:  
Semi:  
Final: 1:10pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
29	Eric Costa	3 George Fox University	50.61	1		
238	Bracan Williams	2 Whitman College	52.21	2		
231	Tye Tolentino	3 Univ. of Puget Sound	50.52	3		
174	Shirley Ennis	4 Pacific Lutheran U.	50.61	4		
355	Tyson Raymond	1 Willamette University	51.52	5		
31	Tyler Gassaway	3 George Fox University	50.03	6		
292	Josh Pasma	2 Whitworth College	49.86	7		
300	Leo Suzuki	2 Whitworth College	48.51	8		

men  
NWC Championships  
Prelims  
Newberg, OR  
Event # 21  
May 5-6, 2000  
Schedule - Prelim:  
Semi:  
Final: 1:30pm-Saturday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Prev. Mark	Specialists Position	Place	Mark
108	John Hosler	4 Linfield College	11.19	1		
287	Bryce McDonnell	1 Whitworth College	11.12	2		
111	Andrew Rager	2 Linfield College	11.08	3		
40	David Plotts	4 George Fox University	11.04	4		
295	Joel Rabnett	3 Whitworth College	11.02	5		
175	Kevin Giboney	2 Pacific Lutheran U.	11.11	6		
289	Chad Miyamoto	3 Whitworth College	11.17	7		
290	Marshall Ochi	4 Whitworth College	11.20	8		

100, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 4  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 1:40pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
13 Leah Moore	1 Linfield College	2:20.83 1		
50 Jay Friedrich	4 Pacific Lutheran U.	2:15.04 2		
36 Jessica Sorcelo	3 Univ. of Puget Sound	2:18.31 3		
36 Lisa Starkey	3 Willamette University	2:11.96 4		
44 Elizabeth Abbey	1 Whitworth College	2:18.22 5		
17 Buffy Morris	2 Willamette University	2:20.13 6		
36 Beth Fitzgerald	4 Willamette University	2:11.81 7		
3 Jamie McElwain	3 George Fox University	2:16.00 8		

800, Men  
NWC Championships

Finals  
Newberg, OR

Event # 24  
May 5-6, 2000

Schedule - Prelim:

Semi: 3:45pm-Friday

Final: 1:50pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
27 Ryan Austin	3 George Fox University	1		
187 Nate Miller	4 Linfield College	2		
176 Forrest Griek	4 Pacific Lutheran U.	3		
178 Mike Houston	2 Pacific Lutheran U.	4		
35 John Mantalas	4 George Fox University	5		
382 Campbell White	4 Whitworth College	6		
222 Ben Kevan	1 Univ. of Puget Sound	7		
356 Michael Senerza	1 Willamette University	8		

400m Hurdles, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 10  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 2:05pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
46 Jessica Austin	1 Whitworth College	1:09.32 1		
4 Vania Ito	1 Lewis & Clark	1:09.64 2		
14 Tanya Midgley	3 Willamette University	1:07.09 3		
5 Karris Nelson	4 George Fox University	1:05.45 4		
1 Amber Larsen	3 Linfield College	1:01.74 5		
2 Katie McArthur	4 Linfield College	1:08.81 6		
62 April Nelson	1 Univ. of Puget Sound	1:07.48 7		
Megan Heuberger	1 George Fox University	1:04.02 8		

480m Hurdles, Men  
NWC Championships

Finals  
Newberg, OR

Event # 29  
May 5-6, 2000

Schedule - Prelim:

Semi: 4:15pm-Friday

Final: 2:15pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
275 Ben Banfill	1 Whitworth College	57.92 1		
49 Kevin Whitaker	1 George Fox University	55.76 2		
38 Zach Davidson	1 George Fox University	55.25 3		
111 Andrew Roger	2 Linfield College	54.18 4		
174 Shipley Ennis	4 Pacific Lutheran U.	54.88 5		
166 Chris Bertholf	2 Pacific Lutheran U.	55.48 6		
218 Joel Boldrin	4 Univ. of Puget Sound	56.18 7		
279 Navin Fernandes	3 Whitworth College	58.00 8		

100, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 2  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 2:25pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
165 Alisha Stachuk	3 Whitworth College	25.45 1		
148 Becca Shli	2 Pacific Lutheran U.	25.51 2		
15 Kirtlye Lohof	1 Lewis & Clark	25.84 3		
16 Malody Sherman	4 Linfield College	25.71 4		
11 Katie Barnett	4 Lewis & Clark	25.28 5		
146 Sarah Bailey	4 Pacific Lutheran U.	25.35 6		
1 Sharon Barnett	4 George Fox University	26.95 7		
162 Jill Wilkowsky	2 Pacific Lutheran U.	26.24 8		

200, Men  
NWC Championships

Semis  
Newberg, OR

Event # 22  
May 5-6, 2000

Schedule - Prelim:

Semi: 4:40pm-Friday

Final: 2:35pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
338 David Austin	2 Willamette University	22.97 1		
289 Chad Miyamoto	3 Whitworth College	22.74 2		
388 Leo Suzuki	2 Whitworth College	22.45 3		
40 David Plotts	4 George Fox University	22.37 4		
235 Joel Robnett	3 Whitworth College	22.47 5		
287 Bryce McDonnell	1 Whitworth College	22.61 6		
31 Tyler Gossaway	3 George Fox University	22.95 7		
290 Marshall Ochi	4 Whitworth College	22.97 8		

5000, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 7  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 2:50pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
14 Marisa Merritt	3 George Fox University	19:54.25 1		
263 Katie Schlotfeldt	3 Whitworth College	18:45.24 2		
84 Kari Newby	2 Linfield College	19:16.0 3		
151 Marcus George	4 Pacific Lutheran U.	17:21.20 4		
152 Sarah Gogert	3 Pacific Lutheran U.	19:44.66 5		
247 Elizabeth Bailey	1 Whitworth College	19:52.24 6		
320 Lisa Pohlit	1 Willamette University	20:17.20 7		
155 Lisa Lindsay	3 Pacific Lutheran U.	18:53.65 8		
264 Annie Scott	3 Whitworth College	18:07.80 9		
328 Amber Strickler	3 Willamette University	19:16.44 10		
23 Tori Taylor	2 George Fox University	18:28.05 11		
112 Tanya Lutz	4 Willamette University	18:39.78 12		
57 Helen Tammela	4 Lewis & Clark	20:20.64 13		
268 Holly Weller	3 Whitworth College	19:02.04 14		
199 Bre Michael	1 Univ. of Puget Sound	20:51.44 15		
4 Amber Brosius	3 George Fox University	18:04.64 16		

5000, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 26  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 3:15pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
75 Anthony Young	1 Lewis & Clark	15:28.86 1		
211 Sam Berg	4 Univ. of Puget Sound	15:18.03 2		
96 Paul Davis	3 Linfield College	15:34.90 3		
98 Gabe Doehler	3 Linfield College	15:32.73 4		
38 Michael Owen	1 George Fox University	15:40.74 5		
171 Alan Davies	1 Pacific Lutheran U.	15:38.33 6		
339 Stephen Cruise	4 Willamette University	15:14.75 7		
214 Dave Davis	4 Univ. of Puget Sound	14:17.18 8		
50 Brandon Workman	4 George Fox University	14:46.24 9		
227 Brian Milroy	3 Univ. of Puget Sound	15:43.52 10		
63 Andrew Cody	2 Lewis & Clark	15:56.04 11		
218 Benjamin Grabner	1 Univ. of Puget Sound	15:49.43 12		
346 Nate Graham	3 Willamette University	15:48.42 13		
35 John Mantalas	4 George Fox University	15:48.16 14		
184 Ryan Reed	3 Pacific Lutheran U.	15:22.01 15		
72 Brian Schoeneman	1 Lewis & Clark	16:06.34 16		
61 Andrew Malt	2 Lewis & Clark	15:38.54 17		
176 Forrest Griek	4 Pacific Lutheran U.	14:33.86 18		

1 x 400m Relay, Women  
NWC Championships

Prelims  
Newberg, OR

Event # 20  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 3:35pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
165 Relay team	Linfield College	3:59.51 1		
370 Relay team	Whitworth College	4:14.94 2		
364 Relay team	Lewis & Clark	4:32.28 3		
371 Relay team	Willamette University	4:15.74 4		
363 Relay team	George Fox University	4:04.27 5		
367 Relay team	Pacific Lutheran U.	3:55.42 6		
366 Relay team	Pacific University	4:30.14 7		
368 Relay team	Univ. of Puget Sound	4:13.80 8		

4 x 400m Relay, Men  
NWC Championships

Prelims  
Newberg, OR

Event # 40  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 3:45pm-Saturday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
370 Relay team	Whitworth College	3:17.36 1		
368 Relay team	Univ. of Puget Sound	3:25.97 2		
365 Relay team	Linfield College	3:30.04 3		
363 Relay team	George Fox University	3:20.37 4		
371 Relay team	Willamette University	3:26.45 5		
367 Relay team	Pacific Lutheran U.	3:23.17 6		
369 Relay team	Whitman College	3:35.72 7		
364 Relay team	Lewis & Clark	3:36.24 8		



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**2000**

**Northwest Conference  
Men's & Women's  
Outdoor Track & Field  
Championships**

Hosted by George Fox University

**MAY 5-6, 2000**

**HEAT SHEETS -- DAY I**







**NORTHWEST CONFERENCE  
TRACK & FIELD CHAMPIONSHIPS 2000  
MAY 5TH - 6TH**

# *MEET SCHEDULE*

## FRIDAY, May 5th

10:00 - 10:45 Weighing and Certification of implements

10:30 Coaches Meeting, Wheeler Center 208

### FIELD EVENTS

NOON	--	Women's Hammer (south)	<i>Simon</i>	Final
	--	Men's Long Jump	<i>Cassaway, Davidson</i>	Final
	--	Men's Discus (north)		Final
12:45	--	Women's Pole Vault		Final
		(starting @ 2.13; 15 cm increments)		
		<i>Hunt, Tetter</i>		
2:30	--	Men's High Jump		Final
		(starting @ 1.85; 5 cm increments)		
	--	Men's Hammer (south)		Final
	--	Women's Long Jump	<i>Baron</i>	Final
	--	Women's Discus (north)		Final
		<i>Stevens, Lewis</i>		

### TRACK EVENTS

NOON	Men's 3000m Steeplechase	Final
12:20	Women's 3000m Run	Final
	<i>Brosius, Taylor</i>	
12:40	Men's 10,000m Run	Final
1:30	Women's 10,000m Run	Final
	<i>Merritt</i>	
2:35	Men's Sprint Hurdles (110m)	Semi
2:50	Women's 400m Dash	Semi
	<i>Davis</i>	
3:20	Men's 100m Dash	Semi
	<i>Davidson, Martin</i>	
3:45	Men's 800m Run	Semi
	<i>Martin, Ryland</i>	
4:15	Men's 400m Hurdles	Semi
	<i>Whittaker, Davidson, Christensen</i>	
4:40	Men's 200m Dash	Semi
	<i>Martin, Cassaway</i>	

## SATURDAY, May 6th

8:30 - 9:15 Weighing and Certification of implements

### FIELD EVENTS

10:30	--	Women's Javelin (south)	Final
	--	Women's High Jump	Final
		(starting @ 1.49; 5 cm increments)	
	--	Men's Pole Vault	Final
		(starting @ 3.88; 15 cm increments)	
	--	Men's Triple Jump	Final
	--	Men's Shot Put	Final
1:00	--	Men's Javelin (south)	Final
	--	Women's Triple Jump	Final
	--	Women's Shot Put	Final

### TRACK EVENTS

NOON	Women's 4 x 100m Relay	Final
12:10	Men's 4 x 100m Relay	Final
12:15	Women's 1500m Run	Final
12:25	Men's 1500m Run	Final
12:40	Women's Sprint Hurdles (100m)	Final
12:50	Men's Sprint Hurdles (110m)	Final
1:00	Women's 400m Dash	Final
1:10	Men's 400m Dash	Final
1:20	Women's 100m Dash	Final
1:30	Men's 100m Dash	Final
1:40	Women's 800m Run	Final
1:50	Men's 800m Run	Final
2:05	Women's 400m Hurdles	Final
2:15	Men's 400m Hurdles	Final
2:25	Women's 200m Dash	Final
2:35	Men's 200m Dash	Final
2:50	Women's 5000m Run	Final
3:15	Men's 5000m Run	Final
3:35	Women's 4 x 400m Relay	Final
3:45	Men's 4 x 400m Relay	Final
4:00	Awards Ceremony -- All Scorers	



000m Steeplechase, Men  
MNC Championships

Prelims  
Newberg, OR

Event # 30  
May 5-6, 2000

3000m Women  
MNC Championships

Prelims  
Newberg, OR

Event # 6  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 12:00pm-Friday

Schedule - Prelim:

Semi:

Final: 12:20pm-Friday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
18	Michael Owen	1 George Fox University	9:50.97	1		
182	Jon Houk	1 Whitworth College	10:22.31	2		
50	Brandon Workman	4 George Fox University	9:26.26	3		
98	Gabe Doebler	3 Linfield College	9:36.14	4		
223	Jarrod Larson	2 Univ. of Puget Sound	11:06.94	5		
288	Peter Metcalf	3 Whitworth College	10:13.24	6		
139	Russ Gettchall	2 Pacific University	10:46.14	7		
184	Ryan Reed	3 Pacific Lutheran U.	9:44.93	8		
280	Todd Goselin	1 Whitworth College	10:16.76	9		
353	Zach Meyers	3 Willamette University	10:04.34	10		
47	Forrest Toome	2 George Fox University	10:10.64	11		
72	Brian Schoeneman	1 Lewis & Clark	10:02.02	12		
211	Sam Berry	4 Univ. of Puget Sound	9:49.29	13		
218	Rangan Grabner	1 Univ. of Puget Sound	9:42.14	14		
349	Mat Rummicutt	3 Willamette University	9:40.52	15		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
245	Jessica Alley	3 Whitworth College	11:28.69	1		
264	Annie Scott	3 Whitworth College	10:28.08	2		
243	Jamie Wood	3 Whitman College	10:50.24	3		
17	Kirsten Morygaard	2 George Fox University	11:09.04	4		
247	Elizabeth Bailey	1 Whitworth College	11:26.19	5		
79	Lotus Bartley	4 Linfield College	10:59.84	6		
316	Erin Moore	2 Willamette University	11:16.71	7		
201	Julie Meyer	1 Univ. of Puget Sound	11:19.33	8		
151	Maree George	4 Pacific Lutheran U.	10:03.01	9		
329	Evelyn Williams	1 Willamette University	11:10.24	10		
4	Amber Bromus	3 George Fox University	10:27.34	11		
23	Tori Taylor	2 George Fox University	10:29.94	12		

0,000, Men  
MNC Championships

Prelims  
Newberg, OR

Event # 27  
May 5-6, 2000

10,000, Women  
MNC Championships

Prelims  
Newberg, OR

Event # 8  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 12:40pm-Friday

Schedule - Prelim:

Semi:

Final: 1:30pm-Friday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
45	Darren Rowe	1 Pacific University	37:12.74	1		
43	John Purdy	2 Pacific University	36:48.00	2		
1	Andrew Ault	2 Lewis & Clark	33:00.66	3		
40	Karl Hoogesteger	1 Pacific University	35:36.74	4		
77	Justin Davis	3 Whitworth College	35:24.24	5		
3	Andrew Cody	2 Lewis & Clark	33:29.26	6		
32	Brett Venn	1 Univ. of Puget Sound	34:49.96	7		
17	Scott Oswald	4 George Fox University	34:58.09	8		
37	Lars Tysser	3 Whitman College	34:23.24	9		
79	Josh Lemox	1 Pacific Lutheran U.	35:01.24	10		
27	Brian Mulry	3 Univ. of Puget Sound	33:02.84	11		
23	Ryan Gold	1 Whitman College	36:38.24	12		
28	Mike Neuner	1 Univ. of Puget Sound	35:29.02	13		
146	Nate Gushwa	3 Willamette University	32:54.54	14		
19	Derek Oldham	2 Lewis & Clark	34:37.94	15		
16	Paul Davis	3 Linfield College	33:17.16	16		
196	Josh Sherven	1 Whitworth College	37:15.40	17		
171	Alan Davies	1 Pacific Lutheran U.	32:21.55	18		
124	Paul McClaskey	3 Univ. of Puget Sound	35:43.65	19		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
84	Kari Newby	2 Linfield College	40:57.00	1		
328	Amber Strickler	3 Willamette University	39:31.14	2		
14	Maria Merritt	3 George Fox University	42:44.34	3		
120	Kim Ball	2 Pacific University	38:39.00	4		
268	Bolly Weiler	3 Whitworth College	40:31.24	5		
307	Jamain Benson	1 Willamette University	43:09.24	6		
152	Sarah Gogert	3 Pacific Lutheran U.	41:16.42	7		
320	Lisa Pohlit	1 Willamette University	42:08.24	8		
155	Lisa Lindsay	3 Pacific Lutheran U.	41:10.65	9		
312	Tonya Lutz	4 Willamette University	38:50.34	10		

110m Sprint Hurdles, Men  
MNC Championships

Prelims  
Newberg, OR

Event # 28  
May 5-6, 2000

400, Women  
MNC Championships

Prelims  
Newberg, OR

Event # 3  
May 5-6, 2000

Schedule - Prelim:

Semi: 2:35pm-Friday

Schedule - Prelim:

Semi: 2:50pm-Friday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
210	Joel Baldwin	4 Univ. of Puget Sound	15.87	1		
341	Toby Dean	1 Willamette University	16.92	2		
279	Nevin Fernandes	3 Whitworth College	15.06	3		
299	Spencer Stiglitz	1 Whitworth College	16.14	4		
166	Chris Bertholf	2 Pacific Lutheran U.	15.64	5		
174	Shipley Emis	4 Pacific Lutheran U.	15.44	6		
283	Matt Kramink	1 Whitworth College	16.96	7		
				8		
112	Randy Rider	1 Linfield College	15.83	1		
213	Justin Cochran	1 Univ. of Puget Sound	16.44	2		
358	Josh Smith	1 Willamette University	15.78	3		
106	Fritz Mesebrink	3 Linfield College	15.24	4		
188	Carl Strong	1 Pacific Lutheran U.	17.00	5		
336	Paul Colby	4 Willamette University	15.29	6		
66	Loran Joseph	2 Lewis & Clark	16.84	7		
				8		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
81	Amber Larsen	3 Linfield College	58.02	1		
132	Michaela Ryder	1 Pacific University	1:03.84	2		
246	Jessica Austin	1 Whitworth College	1:01.69	3		
318	Lindsay Ogle	1 Willamette University	1:01.71	4		
305	Natalie Flindt	3 Willamette University	1:02.52	5		
125	Jen Jacobson	1 Pacific University	1:03.74	6		
90	Lisa Taylor	3 Linfield College	1:02.90	7		
269	Laura Lemke	2 Whitworth College	1:05.92	8		
127	Rebecca Lucas	1 Pacific University	1:05.84	1		
254	Diana Huey	1 Whitworth College	1:03.72	2		
5	Christina Davis	2 George Fox University	1:02.24	3		
319	Jessica Parker	1 Willamette University	1:03.61	4		
303	Kate Burke	1 Willamette University	1:02.37	5		
162	Jill Wilosvsky	2 Pacific Lutheran U.	59.86	6		
1	Jessica Adams	4 George Fox University	59.57	7		
253	Abby Jo Hornstein	2 Whitworth College	1:05.45	8		

100, Men  
MNC Championships

Prelims  
Newberg, OR

Event # 21  
May 5-6, 2000

800, Men  
MNC Championships

Prelims  
Newberg, OR

Event # 24  
May 5-6, 2000

Schedule - Prelim:

Semi: 3:20pm-Friday

Schedule - Prelim:

Semi: 3:45pm-Friday

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
30	Zach Davidson	1 George Fox University	11.24	1		
68	Matt Miller	2 Lewis & Clark	11.57	2		
40	David Plotts	4 George Fox University	11.12	3		
108	John Nosler	4 Linfield College	11.14	4		
175	Kevin Giboney	2 Pacific Lutheran U.	10.71	5		
344	Damon Foreman	1 Willamette University	11.43	6		
36	Steve Martin	3 George Fox University	11.46	7		
181	Kendall McNeal	1 Pacific Lutheran U.	11.24	8		
289	Chad Miyamoto	3 Whitworth College	11.24	1		
287	Bryce McDonnell	1 Whitworth College	11.08	2		
111	Andrew Rager	2 Linfield College	11.24	3		
295	Joel Bobnett	3 Whitworth College	11.00	4		
330	David Austin	2 Willamette University	11.27	5		
290	Marshall Ochi	4 Whitworth College	11.24	6		
352	John McDowell	1 Willamette University	11.51	7		
340	Josh Davis	1 Willamette University	11.54	8		

Entrant #	Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark	Position	Place	Mark
170	Carsten Croff	1 Pacific Lutheran U.	1:59.81	1		
337	Jonathan Cooper	1 Willamette University	2:01.74	2		
107	Nate Miller	4 Linfield College	1:57.14	3		
222	Ben Kawan	1 Univ. of Puget Sound	1:57.82	4		
178	Mike Houston	2 Pacific Lutheran U.	1:54.55	5		
176	Forrest Grieb	4 Pacific Lutheran U.	1:57.18	6		
281	Adam Rooley	2 Whitworth College	1:58.70	7		
350	Joey Janota	2 Willamette University	2:00.01	8		
356	Michael Semenza	1 Willamette University	1:59.79	1		
27	Ryan Austin	3 George Fox University	1:56.74	2		
43	Nick Ryland	1 George Fox University	2:00.74	3		
35	John Mautalas	4 George Fox University	1:57.65	4		
280	Todd Goselin	1 Whitworth College	2:01.30	5		
118	Pieter Voskas	4 Linfield College	1:59.33	6		
302	Campbell White	4 Whitworth College	1:57.60	7		
74	Neil Weare	2 Lewis & Clark	1:55.67	8		



400m Hurdles, Men  
NMC Championships

Prelims  
Newberg, OR

Event # 29  
May 5-6, 2000

200m, Men  
NMC Championships

Prelims  
Newberg, OR

Event # 22  
May 5-6, 2000

Schedule - Prelim:

Semi: 4:15pm-Friday

Schedule - Prelim:

Semi: 4:40pm-Friday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
217 Dan Gargas	1 Univ. of Puget Sound	59.04 1		
358 Josh Smith	1 Willamette University	57.25 2		
110 Ryan Powell	1 Linfield College	59.12 3		
111 Andrew Rager	2 Linfield College	54.00 4		
299 Spencer Stiglets	1 Whitworth College	57.68 5		
279 Gavin Fernandes	3 Whitworth College	56.81 6		
166 Chris Bertholf	2 Pacific Lutheran U.	54.57 7		
210 Joel Baldwin	4 Univ. of Puget Sound	56.00 8		
174 Shipley Bonis	4 Pacific Lutheran U.	53.92 1		
66 Loran Joseph	2 Lewis & Clark	57.14 2		
275 Ben Bumfill	1 Whitworth College	57.98 3		
49 Kevin Whitaker	1 George Fox University	55.74 4		
30 Zach Davidson	1 George Fox University	54.80 5		
165 Chris Anderson	1 Pacific Lutheran U.	59.14 6		
33 Caleb Harris	4 George Fox University	58.52 7		
28 Keith Christiansen	1 George Fox University	56.84 8		

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
189 Jesse Thomas	1 Pacific Lutheran U.	23.52 1		
330 David Austin	2 Willamette University	23.07 2		
65 Michael Jackson	3 Lewis & Clark	24.14 3		
108 John Nosler	4 Linfield College	22.74 4		
287 Bryce McDonnell	1 Whitworth College	22.33 5		
295 Joel Robnett	3 Whitworth College	22.18 6		
177 LeRoy Horton	1 Pacific Lutheran U.	22.71 7		
68 Matt Miller	2 Lewis & Clark	23.04 8		
36 Steve Martin	3 George Fox University	23.36 1		
289 Chad Miyamoto	3 Whitworth College	22.76 2		
300 Leo Suzuki	2 Whitworth College	22.71 3		
31 Tyler Gussaway	3 George Fox University	22.74 4		
292 Josh Passa	2 Whitworth College	23.09 5		
290 Marshall Ochi	4 Whitworth College	22.67 6		
142 Russ Meerf	1 Pacific University	24.60 7		
40 David Plotts	4 George Fox University	22.06 8		

Long Jump, Men  
NMC Championships

Prelims  
Newberg, OR

Event # 33  
May 5-6, 2000

Discus, Men  
NMC Championships

Prelims  
Newberg, OR

Event # 36  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 12:00pm-Friday

Schedule - Prelim:

Semi:

Final: 12:00pm-Friday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
359 Jimmy Watts	4 Willamette University	6.70 1		
104 Ray Lucas	1 Linfield College	6.43 2		
167 David Brown	1 Pacific Lutheran U.	6.30 3		
108 John Nosler	4 Linfield College	6.85 4		
213 Martin Cochran	1 Univ. of Puget Sound	6.35 5		
291 Kei Oso	3 Whitworth College	6.40 6		
334 Mike Bernatz	3 Willamette University	6.32 7		
174 Shipley Bonis	4 Pacific Lutheran U.	6.40 8		
64 Jason Hill	2 Lewis & Clark	6.50 9		
360 Terrence Wong	1 Willamette University	6.54 10		
30 Zach Davidson	1 George Fox University	6.34 11		
31 Tyler Gussaway	3 George Fox University	6.63 12		

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
343 Jay Douglas	4 Willamette University	42.88 1		
174 Shipley Bonis	4 Pacific Lutheran U.	42.18 2		
44 Ian Strauss	4 George Fox University	49.72 3		
332 James Banks	3 Willamette University	39.99 4		
348 Pat Balstead	2 Willamette University	40.88 5		
361 Matt Zosel	2 Willamette University	42.98 6		
359 Jimmy Watts	4 Willamette University	42.82 7		
114 Nick Sacosman	2 Linfield College	44.62 8		
95 Jason Caponetta	2 Linfield College	39.80 9		
272 Takashi Atkins	3 Whitworth College	40.98 10		
270 Jon Abbey	3 Whitworth College	41.88 11		
172 Ryan Dirks	3 Pacific Lutheran U.	50.60 12		

Hammer, Women  
NMC Championships

Prelims  
Newberg, OR

Event # 17  
May 5-6, 2000

Pole Vault, Women  
NMC Championships

Prelims  
Newberg, OR

Event # 12  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 12:00pm-Friday

Schedule - Prelim:

Semi:

Final: 12:45pm-Friday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
160 Leslie Sealye	3 Pacific Lutheran U.	45.94 1		
20 Erin Simon	1 George Fox University	35.06 2		
149 Caryn Flint	1 Pacific Lutheran U.	39.36 3		
123 Heidi Fuhrmann	2 Pacific University	43.90 4		
325 Kasey Sorenson	1 Willamette University	36.12 5		
248 Mindy Bandy	3 Whitworth College	34.62 6		
252 Elysia Hanna	2 Whitworth College	41.18 7		
158 Stacey Neils	2 Pacific Lutheran U.	42.70 8		
257 Nichole Marich	3 Whitworth College	39.16 9		
52 Janelle Braun	3 Lewis & Clark	38.72 10		
80 Lindsay Holbrook	4 Linfield College	48.10 11		
156 Tina Lohse	1 Pacific Lutheran U.	38.40 12		

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
267 Elizabeth Ties	1 Whitworth College	2.30 1		
85 Kristin Russell	1 Linfield College	3.50 2		
56 Christie Olsson	2 Lewis & Clark	2.91 3		
83 Leah Moore	1 Linfield College	3.06 4		
9 Heather Hunt	3 George Fox University	3.66 5		
128 Mindy Perkins	1 Pacific University	2.29 6		
163 Kelly Wright	1 Pacific Lutheran U.	2.58 7		
24 Helena Telfer	1 George Fox University	2.91 8		
258 Erica Moen	3 Whitworth College	2.88 9		
200 Brika Ruchera	1 Univ. of Puget Sound	2.29 10		
76 Lisa Baumann	1 Linfield College	2.43 11		
129 Melanie Reinmuth	1 Pacific University	2.59 12		
208 Amy Wells	4 Univ. of Puget Sound	3.69 13		
209 Britta Winterowd	3 Univ. of Puget Sound	2.60 14		
313 Marika Middag	3 Willamette University	2.30 15		
310 Fiona Lee	3 Willamette University	2.74 16		

Discus, Women  
NMC Championships

Prelims  
Newberg, OR

Event # 16  
May 5-6, 2000

Hammer, Men  
NMC Championships

Prelims  
Newberg, OR

Event # 37  
May 5-6, 2000

Schedule - Prelim:

Semi:

Final: 2:30pm-Friday

Schedule - Prelim:

Semi:

Final: 2:30pm-Friday

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
257 Nichole Marich	3 Whitworth College	34.68 1		
322 Sarah Reuchner	1 Willamette University	40.79 2		
121 Sarah Cotton	3 Pacific University	34.72 3		
22 Marian Stevens	2 George Fox University	39.26 4		
156 Tina Lohse	1 Pacific Lutheran U.	36.37 5		
11 Paige Lewis	2 George Fox University	37.96 6		
252 Elysia Hanna	2 Whitworth College	38.36 7		
260 Crissy Oneal	1 Whitworth College	38.88 1		
241 Mari Ruiz	1 Whitman College	42.08 2		
123 Heidi Fuhrmann	2 Pacific University	35.32 3		
158 Stacey Neils	2 Pacific Lutheran U.	36.95 4		
80 Lindsay Holbrook	4 Linfield College	38.60 5		

Entrant # Name	Clerk of the Course <sup>SM</sup> GR Affiliation	(c)1993 Tournament Specialists Prev. Mark Position	Place	Mark
70 Dan Reichenbach	4 Lewis & Clark	49.16 1		
225 Mitch Melton	4 Univ. of Puget Sound	41.04 2		
270 Jon Abbey	3 Whitworth College	42.52 3		
97 Ben Dittman	3 Linfield College	38.02 4		
34 Eric Runze	4 George Fox University	45.22 5		
332 James Banks	3 Willamette University	48.09 6		
45 Joel Strunk	4 George Fox University	48.34 7		
172 Ryan Dirks	3 Pacific Lutheran U.	56.50 8		
62 Bobby Brown	4 Lewis & Clark	34.18 9		
272 Takashi Atkins	3 Whitworth College	47.52 10		
348 Pat Balstead	2 Willamette University	38.08 11		
95 Jason Caponetta	2 Linfield College	43.40 12		



Long Jump, Women  
NAC Championships

Prelims  
Newberg, OR

Event # 13  
May 5-6, 2000

High Jump, Men  
NAC Championships

Prelims  
Newberg, OR

Event # 11  
May 5-6, 2000

Schedule - Prelims:

Semi:

Final: 2:30pm-Friday

Schedule - Prelims:

Semi:

Final: 2:30pm-Friday

Clark of the Course® (c)1993 Tournament Specialists							Clark of the Course® (c)1993 Tournament Specialists								
Entrant #	Name	GR	Affiliation	Prev. Mark	Position	Place	Mark	Entrant #	Name	GR	Affiliation	Prev. Mark	Position	Place	Mark
308	J. J. Burley	4	Willamette University	4.98	1	_____	_____	220	Jeff Jones	2	Univ. of Puget Sound	1.84	1	_____	_____
253	Abby Jo Hornstein	2	Whitworth College	4.89	2	_____	_____	71	Reid Schooler	2	Lewis & Clark	1.93	2	_____	_____
7	Colleen Forbes	2	George Fox University	4.90	3	_____	_____	293	John Ranshous	_____	Whitworth College	2.00	3	_____	_____
87	Mandy Sitz	1	Linfield College	5.13	4	_____	_____	183	Gaurett Miller	4	Pacific Lutheran U.	2.03	4	_____	_____
82	Katie McArthur	4	Linfield College	4.88	5	_____	_____	64	Jason Hill	2	Lewis & Clark	1.89	5	_____	_____
318	Lindsay Ogil	1	Willamette University	5.02	6	_____	_____	334	Mike Bernatz	3	Willamette University	1.84	6	_____	_____
3	Kelsey Baron	1	George Fox University	5.08	7	_____	_____	359	Jimmy Watts	4	Willamette University	2.10	7	_____	_____
262	Jamie Rydman	1	Whitworth College	5.12	8	_____	_____	106	Fritz Mesenbrink	3	Linfield College	2.01	8	_____	_____
240	Lindsay Bull	1	Whitman College	5.38	9	_____	_____	351	Marques Johnson	1	Willamette University	1.89	9	_____	_____
55	Kirtlye Lohof	1	Lewis & Clark	5.04	10	_____	_____	115	Joe Sanchez	_____	Linfield College	1.88	10	_____	_____
10	Jocelyn Kennedy	4	George Fox University	5.00	11	_____	_____	167	David Brown	1	Pacific Lutheran U.	1.80	11	_____	_____
311	Laura Leineweber	2	Willamette University	5.00	12	_____	_____	361	Matt Zosel	2	Willamette University	1.84	12	_____	_____

## RESULTS

### WOMEN

#### HEPTATHLON (April 17-18 @ PLU)

1.	Katie McArthur, Linfield	4092
2.	Laura Leineweber, Willamette	4028
3.	Julie Vanni, Puget Sound	3986
4.	Jessica Austin, Whitworth	3871
5.	Mandy Sitz, Linfield	3801
6.	Leah Moore, Linfield	3725
7.	Kirtlye Lohof, Lewis & Clark	3705
8.	Abby Jo Hornstein, Whitworth	3555
9.	Sarah Dillon, Puget Sound	3236
10.	Erin Haney, Puget Sound	3098
11.	Janna Vavra, Pacific	3090
12.	Michaela Ryder, Pacific	2155

#### TEAM SCORING

Linfield 17	
Willamette	8
Puget Sound	6
Whitworth	6
Lewis & Clark	2

### MEN

#### DECATHLON (April 17-18 @ PLU)

1.	Jimmy Watts, Willamette	7102
2.	Shipley Ennis, PLU	6774
3.	Fritz Mesenbrink, Linfield	6305
4.	Ryan Boatsman, Linfield	5791
5.	Ray Lions, Linfield	5514
6.	Jason Hill, Lewis & Clark	5308
7.	Dan Gargas, Puget Sound	5224
8.	Matt Zosel, Willamette	5178
9.	Loran Joseph, Lewis & Clark	5106
10.	Ty Taylor, George Fox	4731

#### TEAM SCORING

Linfield 15	
Willamette	11
PLU	8
Lewis & Clark	3
Puget Sound	2



**GEORGE FOX**

Entrant #	Name	GR
1	Jessica Adams	4
2	Sharon Barnett	4
3	Kelsey Baron	1
4	Ember Brosius	3
5	Christina Davis	2
6	Amy Forbes	3
7	Colleen Forbes	2
8	Megan Heuberger	1
9	Heather Hunt	3
10	Jocelyn Kennedy	4
11	Paige Lewis	2
12	Pam Longman	2
13	Jamie McElwain	3
14	Marisa Merritt	3
15	Karrie Nelson	4
16	Jessica Nies	4
17	Kirsten Norgaard	2
18	Rosie Ofstie	2
19	Angie Powell	4
20	Erin Simon	1
21	Heidi Smith	2
22	Marian Stevens	2
23	Tori Taylor	2
24	Helena Telfer	1
25	Mimi VanHooser	1
26	Lori Miller	3
27	Ryan Austin	3
28	Keith Christiansen	1
29	Eric Costa	3
30	Zach Davidson	1
31	Tyler Gassaway	3
32	Scott Greene	3
33	Caleb Harris	4
34	Eric Kunze	4
35	John Mantalas	4
36	Steve Martin	3
37	Scott Oswald	4
38	Michael Owen	1
39	Nathan Paisley	2
40	David Plotts	4
41	Jon Roberts	4
42	Aaron Routon	4
43	Nick Ryland	1
44	Ian Strauss	4
45	Joel Strunk	4
46	Ty Taylor	4
47	Forrest Towne	2
48	Beau West	3
49	Kevin Whitaker	1
50	Brandon Workman	4

**LINFIELD**

Entrant #	Name	GR
76	Lisa Baumann	
77	Kelly Bradstreet	
78	Jennifer Cregg	2
79	Lotus Hartley	4
80	Lindsay Holbrook	4
81	Amber Larsen	3
82	Katie McArthur	4
83	Leah Moore	1
84	Kari Newby	2
85	Kristin Russell	1
86	Melody Sherman	4
87	Mandy Sitz	1
88	Shannon Tait	
89	Erin Tannock	1
90	Lisa Taylor	3
91	Jimmy Adamek	
92	Bo Bennett	
93	Ryan Boatsman	1
94	Justin Buckner	1
95	Jason Caponette	2
96	Paul Davis	3
97	Ben Dittman	3
98	Gabe Doeblor	3
99	Garrett Fergus	1
100	Matt Greco	2
101	Andy Hockema	
102	J. P. Kloninger	
103	Jake Kienholz	
104	Ray Lions	1
105	Brent Lord	2
106	Fritz Mesenbrink	3
107	Nate Miller	4
108	John Nosler	4
109	Bobby Plotts	1
110	Ryan Powell	
111	Andrew Rager	2
112	Randy Rider	1
113	Wolf Rudolph	3
114	Nick Sackman	2
115	Joe Sanchez	
116	Brent Sagnotti	2
117	Aaron Thornton	1
118	Pieter Voskes	4
119	Jeff York	1

**LEWIS & CLARK**

Entrant #	Name	GR
51	Maile Barrett	4
52	Janelle Braun	3
53	Christine Donehower	3
54	Vania Ito	1
55	Kirtlye Lohof	1
56	Christie Olsson	2
57	Helen Tammela	4
58	Nikki Thompson	2
59	Sarah Warnock	3
60	Billy Alexander	2
61	Andrew Ault	2
62	Bobby Brown	4
63	Andrew Cody	2
64	Jason Hill	2
65	Michael Jackson	3
66	Loran Joseph	2
67	Nick Kitzerow	3
68	Matt Miller	2
69	Derek Oldham	2
70	Dan Reichenbach	4
71	Reid Schooler	2
72	Brian Schoeneman	1
73	Luke Speckman	1
74	Neil Weare	2
75	Anthony Young	1

**PACIFIC**

Entrant #	Name	GR
120	Kim Ball	2
121	Sarah Cotton	3
122	Lauri Duensing	1
123	Heidi Fuhrmann	2
124	Ruth Ann Heim	3
125	Jen Jacobson	1
126	Ann Kaltwasser	3
127	Rebecca Lucas	1
128	Mindy Perkins	1
129	Melanie Reirmuth	1
130	Haley Rommingen	1
131	Angela Rosario	1
132	Michaela Ryder	1
133	Jonna Vavra	2
134	Gail Wootan	4
135	Dave Biglen	1
136	Peter Boyle	1
137	Doug Christ	4
138	Greg Dubberke	2
139	Russ Getchell	2
140	Karl Hoogesteger	1
141	Ken Kozuma	1
142	Russ Meeuf	1
143	John Purdy	2
144	Tim Reilly	2
145	Darren Bowe	1

**PACIFIC LUTHERAN**

Entrant #	Name	GR
146	Sarah Axley	4
147	Laura Cobb	1
148	Becca Ehli	2
149	Caryn Flint	1
150	Amy Friedrich	4
151	Maree George	4
152	Sarah Gogert	3
153	Anna Goodsell	1
154	Lacey Helm	1
155	Lisa Lindsay	3
156	Tina Lohse	1
157	Juli Miller	1
158	Stacey Neils	2
159	Lori Rolf	2
160	Leslie Seelye	3
161	Nicole Sharp	1
162	Jill Wilmovsky	2
163	Kelly Wright	1
164	Rochelle Weems	1
165	Chris Anderson	1
166	Chris Bertholf	2
167	David Brown	1
168	John Catandella	1
169	Regis Costello	4
170	Carsten Croff	1
171	Alan Davies	1
172	Ryan Dirks	3
173	Derick Dong	3
174	Shipley Emnis	4
175	Kevin Giboney	2
176	Forrest Griek	4
177	LeRoy Horton	1
178	Mike Houston	2
179	Josh Lennox	1
180	Jason Mauch	1
181	Kendall McNeal	1
182	Gabe Miller	2
183	Garrett Miller	4
184	Ryan Reed	3
185	Marcus Rismiller	2
186	Trevor Roberts	3
187	Andy Rothenburger	2
188	Carl Strong	1
189	Jesse Thomas	1
190	Michael Wright	1



**PUGET SOUND**

Entrant #	Name	GR
191	Dana Boyle	2
192	Anne Crase	2
193	Sarah Dillon	2
194	Emily Elasky	1
195	Kristen Emura	1
196	Sarah Gross	1
197	Erin Haney	2
198	Marika Henderson	2
199	Bre Hickel	1
200	Erika Kuchera	1
201	Julie Meyer	1
202	April Nelson	1
203	Kyra Patterson	2
204	Kim Racine	1
205	Lace Smith	2
206	Jessica Sotelo	3
207	Julie Vanni	1
208	Amy Wells	4
209	Britta Winterowd	3
210	Joel Baldwin	4
211	Sam Berg	4
212	Jacob Chapman	1
213	Martin Cochran	1
214	Dave Davis	4
215	Kevin DeLury	3
216	J. R. Floweree	1
217	Dan Gargas	1
218	Reagan Grabner	1
219	Robert Graham	4
220	Jeff Jones	2
221	Sean Jonick	2
222	Ben Kevan	1
223	Jarrold Larson	2
224	Paul McClaskey	3
225	Micah Melton	4
226	Geoffrey Miller	
227	Brian Mulry	3
228	Mike Neuner	1
229	Matt Perry	1
230	T. C. Roe	1
231	Tye Tolentino	3
232	Brett Venn	1

**WHITMAN**

Entrant #	Name	GR
233	Ryan Gold	1
234	Josh Lane	1
235	David Prins	1
236	Ben Shardlow	1
237	Lars Tysver	3
238	Bracan Williams	2
239	Elisa Bobnes	2
240	Lindsay Bull	1
241	Mari Ruiz	1
242	Staci St. John	1
243	Jennie Wood	3

**WHITWORTH**

Entrant #	Name	GR
244	Elizabeth Abbey	1
245	Jessica Alley	3
246	Jessica Austin	1
247	Elizabeth Bailey	1
248	Mindy Bandy	3
249	Jennifer Bennett	3
250	Caroline DeVries	1
251	Brooke Evans	3
252	Elysia Hanna	2
253	Abby Jo Hornstein	2
254	Diana Huey	1
255	Holly Knoll	2
256	Julia Lucas	3
257	Nichole Marich	3
258	Erica Moen	3
259	Katie Nuechterlein	2
260	Crissy Oneal	1
261	Stacey Roberts	3
262	Jamie Rydbom	1
263	Katie Schlotfeldt	3
264	Amie Scott	3
265	Alisha Simchuk	3
266	Danielle Swift	4
267	Elizabeth Tiegs	1
268	Holly Weiler	3
269	Laura Zemke	2
270	Jon Abbey	3
271	Quanta Anderson	1
272	Takashi Atkins	3
273	Aaron Baldwin	3
274	Erik Brucker	3
275	Ben Bumfill	1
276	Aaron Cloud	1
277	Justin Davis	3
278	K. C. Dameron	1
279	Navin Fernandes	3
280	Todd Goselin	1
281	Adam Hoesly	2
282	Jon Houk	1
283	Matt Kaemingk	1
284	Danny Kezele	4
285	Clint Lacaden	3
286	Josh Maurer	2
287	Bryce McDonnell	1
288	Peter Metcalf	3
289	Chad Miyamoto	3
290	Marshall Ochi	4
291	Kei Omo	3
292	Josh Pasma	2
293	John Ranheim	
294	Ben Robinson	1
295	Joel Robnett	3
296	Josh Sherven	1
297	Caleb Stewart	2
298	Whit Spencer	1
299	Spencer Stiglets	1
300	Leo Suzuki	2
301	Adam Thornton	2
302	Campbell White	4
303	Karen Robnett	1
304	Austin Jessica	1
305	AJ Hornstein	1
306	Nathan Porter	
307	Mark Finney	

**WILLAMETTE**

Entrant #	Name	GR
303	Kate Burke	1
304	Amber Emery	1
305	Natalie Flindt	3
306	Beth Fitzgerald	4
307	Jasmin Hanson	1
308	J. J. Hurley	4
309	Kyla Kilantang	1
310	Fiona Lee	3
311	Laura Leineweber	2
312	Tonya Lutz	4
313	Marika Middag	3
314	Tansy Middag	3
315	Annie Mockford	2
316	Erin Moore	2
317	Buffy Morris	2
318	Lindsay Ogle	1
319	Jessica Parker	1
320	Lisa Pohlit	1
321	LeeAnn Price	2
322	Sarah Reichner	1
323	Monica Scott	3
324	Sukhee So	1
325	Kasey Sorenson	1
326	Lisa Starkey	3
327	Maren Stilson	1
328	Amber Strickler	3
329	Evelyn Williams	1
330	David Austin	2
331	Eduard Baba	1
332	James Banks	3
333	Nate Bell	2
334	Mike Bernatz	3
335	Tony Cassinerio	3
336	Paul Colby	4
337	Jonathan Cooper	1
338	Justin Cooper	1
339	Stephen Cruise	4
340	Josh Davis	1
341	Toby Dean	1
342	Adam Dittman	3
343	Jay Douglass	4
344	Damon Foreman	1
345	Matt Graham	2
346	Nate Gushwa	3
347	Anthony Hager	3
348	Pat Halstead	2
349	Mat Hummcutt	3
350	Joey Janota	2
351	Marques Johnson	1
352	John McDowell	1
353	Zach Meyers	3
354	Andy Miguel	3
355	Tyson Raymond	1
356	Michael Semenza	1
357	Brandon Shaver	1
358	Josh Smith	1
359	Jimmy Watts	4
360	Terrence Wong	1
361	Matt Zosel	2
362	Rodney Wood	4





NWC 5-Way  
Shot Put

Newberg, Ore.  
Division: Women

4/8/2000  
Event # 1

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
305	Rosario, Angela		Pacific University	1	11.25 (36-11.0)
355	Vanni, Julie		University of Puget Sound	2	11.10 (36-05.0)
428	Sorenson, Kasey		Willamette University	3	10.85 (35-07.25)
262	Stevens, Marian		George Fox University	4	10.73 (35-02.5)
294	Cotton, Sarah		Pacific University	5	10.60 (34-09.5)
260	Simon, Erin		George Fox University	6	10.29 (33-09.25)
248	Lewis, Paige		George Fox University	7	10.23 (33-06.75)
295	Duensing, Lauri		Pacific University	8	10.01 (32-10.25)
352	Smith, Lace		University of Puget Sound	9	9.97 (32-08.5)
307	Vavra, Janna		Pacific University	10	9.91 (32-06.25)
404	Hurley, J.J.		Willamette University	11	9.83 (32-03.0)
249	Longman, Pamela		George Fox University	12	9.66 (31-08.5)
255	Nies, Jessica		George Fox University	13	8.92 (29-03.25)
340	Haney, Erin		University of Puget Sound	14	6.95 (22-09.75)

Shot Put		Division: Men		Event # 2	
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FINAL RESULTS					
206	Dittman, Adam	Willamette University	1	14.50	(47-07.0)
26	Strauss, Ian	George Fox University	2	13.83	(45-04.5)
236	Wood, Rodney	Willamette University	3	12.95	(42-06.0)
214	Halstead, Pat	Willamette University	4	12.89	(42-03.5)
237	Zosel, Matt	Willamette University	5	12.49	(40-11.75)
48	Reichenbach, Dan	Lewis & Clark College	6	11.94	(39-02.25)
51	Speckman, Luke	Lewis & Clark College	7	10.81	(35-05.75)
29	Taylor, Ty	George Fox University	8	10.72	(35-02.0)
1	Fletcher, John	George Fox University	9	10.00	(32-09.75)
132	Gargas, Dan	University of Puget Sound	10	9.91	(32-06.25)
43	Joseph, Loran	Lewis & Clark College	11	9.06	(29-08.75)
124	Chaput, Eric	University of Puget Sound		NO MARK	

Discus		Division: Women		Event # 3	
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FINAL RESULTS					
423	Reichner, Sarah	Willamette University	1	39.52	(129-08.0)
296	Fuhrmann, Heidi	Pacific University	2	35.32	(115-10.0)
248	Lewis, Paige	George Fox University	3	34.77	(114-01.0)
294	Cotton, Sarah	Pacific University	4	34.73	(113-11.0)
297	Heim, Ruth Ann	Pacific University	5	32.74	(107-05.0)
299	Kaltwasser, Ann	Pacific University	6	32.57	(106-10.0)
262	Stevens, Marian	George Fox University	7	32.42	(106-04.0)
421	Price, LeeAnn	Willamette University	8	32.03	(105-01.0)
341	Henderson, Marika	University of Puget Sound	9	30.33	(99-06.0)
428	Sorenson, Kasey	Willamette University	10	30.06	(98-07.0)
305	Rosario, Angela	Pacific University	11	29.73	(97-06.0)
295	Duensing, Lauri	Pacific University	12	28.41	(93-02.0)
249	Longman, Pamela	George Fox University	13	27.86	(91-05.0)
338	Emura, Kristen	University of Puget Sound	14	25.07	(82-03.0)
260	Simon, Erin	George Fox University	15	22.26	(73-00.5)



Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
26	Strauss, Ian		George Fox University	1	48.99 (160-09.0)
232	Watts, Jimmy		Willamette University	2	42.82 (140-06.0)
214	Halstead, Pat		Willamette University	3	40.88 (134-01.0)
197	Banks, James		Willamette University	4	38.62 (126-08.0)
237	Zosel, Matt		Willamette University	5	38.36 (125-10.0)
206	Dittman, Adam		Willamette University	6	36.81 (120-09.0)
48	Reichenbach, Dan		Lewis & Clark College	7	33.20 (108-11.0)
51	Speckman, Luke		Lewis & Clark College	8	28.00 (91-10.0)
1	Fletcher, John		George Fox University	9	27.84 (91-04.0)
41	Hill, Jason		Lewis & Clark College	10	25.39 (83-04.0)
43	Joseph, Loran		Lewis & Clark College	11	24.33 (79-10.0)

Javelin Division: Women Event # 5

FINAL RESULTS					
252	Miller, Lori		George Fox University	1	40.02 (131-03.0)
427	Scott, Monica		Willamette University	2	39.58 (129-10.0)
299	Kaltwasser, Ann		Pacific University	3	37.75 (123-10.0)
308	Wootan, Gail		Pacific University	4	36.85 (120-11.0)
334	Cruse, Anne		University of Puget Sound	5	36.67 (120-04.0)
278	Thompson, Nikki		Lewis & Clark College	7	33.74 (110-08.0)
273	Lohof, Kirtlye		Lewis & Clark College	8	29.44 (96-07.0)
355	Vanni, Julie		University of Puget Sound	9	28.85 (94-08.0)
261	Smith, Heidi		George Fox University	10	27.15 (89-01.0)
304	Ronningen, Hayley		Pacific University	11	26.67 (87-06.0)
249	Longman, Pamela		George Fox University	12	25.98 (85-03.0)
339	Gross, Sarah		University of Puget Sound	13	25.87 (84-10.0)
255	Nies, Jessica		George Fox University	14	20.15 (66-01.5)
475	Becky Harper		Unattached		38.91 (127-08.0)

400m Hurdles Division: Women Event # 29

FINAL RESULTS					
254	Nelson, Karrie		George Fox University	1	1:05.45
245	Heuberger, Megan		George Fox University	2	1:05.89
411	Middag, Tansy		Willamette University	3	1:07.09
266	Barrett, Maile		Lewis & Clark College	4	1:07.47
346	Nelson, April		University of Puget Sound	5	1:07.54
272	Ito, Vania		Lewis & Clark College	6	1:11.42
337	Elasky, Emily		University of Puget Sound	7	1:15.28

400m Hurdles Division: Men Event # 30

FINAL RESULTS					
8	Davidson, Zach		George Fox University	1	55.42
120	Baldwin, Joel		University of Puget Sound	2	56.00
229	Smith, Josh		Willamette University	3	58.27
11	Harris, Caleb		George Fox University	4	59.15
6	Christiansen, Keith		George Fox University	5	59.44
33	Whitaker, Kevin		George Fox University	6	1:00.00
129	Dinkins, Jonathan		University of Puget Sound	7	1:03.54
144	Odell, David		University of Puget Sound	8	1:08.60





Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	58.31 (191-04.0)
228	Shaver, Brandon		Willamette University	2	57.07 (187-03.0)
23	Roberts, Jonathan		George Fox University	3	54.41 (178-06.0)
29	Taylor, Ty		George Fox University	4	53.60 (175-10.0)
211	Graham, Matt		Willamette University	5	52.84 (173-04.0)
15	Kunze, Eric		George Fox University	6	49.67 (162-11.0)
36	Alexander, Billy		Lewis & Clark College	7	47.01 (154-03.0)
1	Fletcher, John		George Fox University		NO MARK

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Hammer	Division: Women	Event # 7
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FINAL RESULTS					
296	Fuhrmann, Heidi		Pacific University	1	39.15 (128-05.0)
428	Sorenson, Kasey		Willamette University	2	33.08 (108-06.0)
352	Smith, Lace		University of Puget Sound	3	32.16 (105-06.0)
260	Simon, Erin		George Fox University	4	28.39 (93-02.0)
279	Warnock, Sarah		Lewis & Clark College	5	26.10 (85-07.0)
341	Henderson, Marika		University of Puget Sound	6	24.41 (80-01.0)
338	Emura, Kristen		University of Puget Sound	7	22.94 (75-03.25)

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Hammer	Division: Men	Event # 8
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FINAL RESULTS					
48	Reichenbach, Dan		Lewis & Clark College	1	47.27 (155-01.0)
197	Banks, James		Willamette University	2	44.28 (145-03.0)
15	Kunze, Eric		George Fox University	3	41.95 (137-07.0)
214	Halstead, Pat		Willamette University	4	37.25 (122-02.0)
51	Speckman, Luke		Lewis & Clark College	5	32.16 (105-06.0)
124	Chaput, Eric		University of Puget Sound	6	31.85 (104-06.0)
1	Fletcher, John		George Fox University	7	27.06 (88-09.0)

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High Jump	Division: Women	Event # 9
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FINAL RESULTS					
408	Leineweber, Laura		Willamette University	1	1.64 (5-04.5)
243	Forbes, Amy		George Fox University	2	1.59 (5-02.5)
258	Powell, Angie		George Fox University	3	1.59 (5-02.5)
336	Dillon, Sarah		University of Puget Sound	4	1.54 (5-00.5)
355	Vanni, Julie		University of Puget Sound	5	1.39 (4-06.75)
306	Ryder, Michaela		Pacific University	6	1.34 (4-04.75)
273	Lohof, Kirtlye		Lewis & Clark College	6	1.34 (4-04.75)
340	Haney, Erin		University of Puget Sound	8	1.27 (4-02.0)

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High Jump	Division: Men	Event # 10
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FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	2.07 (6-09.5)
219	Johnson, Marques		Willamette University	2	1.89 (6-02.25)
41	Hill, Jason		Lewis & Clark College	3	1.89 (6-02.25)
50	Schooler, Reid		Lewis & Clark College	4	1.89 (6-02.25)
198	Bernatz, Mike		Willamette University	5	1.84 (6-00.5)
135	Jones, Jeff		University of Puget Sound	6	1.84 (6-00.5)
237	Zosel, Matt		Willamette University	7	1.84 (6-00.5)
207	Douglass, Jay		Willamette University	8	1.79 (5-10.5)
10	Greene, Scott		George Fox University	8	1.79 (5-10.5)
132	Gargas, Dan		University of Puget Sound	10	1.69 (5-06.5)



Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
357	Wells, Amy		University of Puget Sound	1	3.66 (12-00.0)
246	Hunt, Heather		George Fox University	2	3.51 (11-06.25)
275	Olsson, Christie		Lewis & Clark College	3	2.91 (9-06.5)
264	Telfer, Helena		George Fox University	4	2.61 (8-06.75)
430	Stilson, Maren		Willamette University		NO MARK
344	Kuchera, Erica		University of Puget Sound		NO MARK
407	Lee, Fiona		Willamette University		NO MARK
405	Kilantang, Kyla		Willamette University		NO MARK

## Pole Vault

## Division: Men

## Event # 12

FINAL RESULTS					
128	DeLury, Kevin		University of Puget Sound	1	4.02 (13-02.25)
232	Watts, Jimmy		Willamette University	2	4.02 (13-02.25)
24	Routon, Aaron		George Fox University	3	4.02 (13-02.25)
145	Perry, Matthew		University of Puget Sound	4	3.87 (12-08.25)
123	Chapman, Jacob		University of Puget Sound	5	3.72 (12-02.5)
132	Gargas, Dan		University of Puget Sound	6	3.57 (11-08.5)
29	Taylor, Ty		George Fox University	7	3.42 (11-02.5)
80	Boyle, Peter		Pacific University		NO MARK
43	Joseph, Loran		Lewis & Clark College		NO MARK
41	Hill, Jason		Lewis & Clark College		NO MARK
474	John Smith		Unattached		NO MARK

## Long Jump

## Division: Women

## Event # 13

FINAL RESULTS					
240	Baron, Kelsey		George Fox University	1	5.05 (16-06.75)
273	Lohof, Kirtlye		Lewis & Clark College	2	5.04 (16-06.5)
247	Kennedy, Jocelyn		George Fox University	3	4.91 (16-01.25)
408	Leineweber, Laura		Willamette University	4	4.81 (15-09.25)
355	Vanni, Julie		University of Puget Sound	5	4.73 (15-06.25)
336	Dillon, Sarah		University of Puget Sound	6	4.72 (15-05.75)
398	Flindt, Natalie		Willamette University	7	4.68 (15-04.25)
261	Smith, Heidi		George Fox University	8	4.61 (15-01.5)
417	Ogle, Lindsay		Willamette University	9	4.57 (15-00.0)
340	Haney, Erin		University of Puget Sound	10	4.44 (14-06.75)
244	Forbes, Colleen		George Fox University	11	4.43 (14-06.25)
427	Scott, Monica		Willamette University	12	4.25 (13-11.25)
307	Vavra, Janna		Pacific University		NO MARK

## Long Jump

## Division: Men

## Event # 14

FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	6.70 (21-11.75)
9	Gassaway, Tyler		George Fox University	2	6.63 (21-09.0)
41	Hill, Jason		Lewis & Clark College	3	6.50 (21-04.0)
126	Cochran, Martin		University of Puget Sound	4	6.35 (20-10.0)
224	Miguel, Andy		Willamette University	5	6.26 (20-06.5)
235	Wong, Terrence		Willamette University	6	6.09 (19-11.75)
200	Cassinario, Tony		Willamette University	7	5.70 (18-08.25)
207	Douglass, Jay		Willamette University	8	5.56 (18-02.75)
16	Lovejoy, David		George Fox University	9	5.52 (18-01.25)
29	Taylor, Ty		George Fox University	10	4.82 (15-09.75)
195	Baba, Eduard		Willamette University	11	4.72 (15-05.75)



----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
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FINAL RESULTS					
240	Baron, Kelsey		George Fox University	1	10.82 (35-06.0)
244	Forbes, Colleen		George Fox University	2	10.21 (33-06.0)
258	Powell, Angie		George Fox University	3	9.89 (32-05.5)

Triple Jump	Division: Men	Event # 16
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FINAL RESULTS					
126	Cochran, Martin		University of Puget Sound	1	13.20 (43-03.75)
198	Bernatz, Mike		Willamette University	2	12.82 (42-00.75)
10	Greene, Scott		George Fox University	3	12.17 (39-11.25)
235	Wong, Terrence		Willamette University	4	11.93 (39-01.75)
6	Christiansen, Keith		George Fox University	5	11.60 (38-00.75)

4 x 100 Relay	Division: Women	Event # 17
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FINAL RESULTS					
458	A		George Fox University	1	50.66
462	A		Willamette University	2	51.68

4 x 100 Relay	Division: Men	Event # 18
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FINAL RESULTS					
464	#1		George Fox University	1	43.28
472	#1		Willamette University	2	44.09
469	#1		University of Puget Sound	3	46.45
465	#2		George Fox University		46.00

1500	Division: Women	Event # 19
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FINAL RESULTS					
429	Starkey, Lisa		Willamette University	1	4:49.14
250	McElwain, Jamie		George Fox University	2	4:52.38
347	Patterson, Kyra		University of Puget Sound	3	4:55.68
434	Williams, Evelyn		Willamette University	4	4:56.49
263	Taylor, Tori		George Fox University	5	4:58.07
413	Moore, Erin		Willamette University	6	5:04.88
412	Mockford, Annie		Willamette University	7	5:06.41
256	Norgaard, Kirsten		George Fox University	8	5:14.72
418	Page, Carissa		Willamette University	9	5:18.59

1500	Division: Men	Event # 20
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FINAL RESULTS					
127	Davis, Dave		University of Puget Sound	1	3:56.68
35	Workman, Brandon		George Fox University	2	4:01.10
17	Mantallas, John		George Fox University	3	4:02.95
2	Austin, Ryan		George Fox University	4	4:06.25
133	Grabner, Reagan		University of Puget Sound	5	4:06.29
53	Young, Anthony		Lewis & Clark College	6	4:07.75
121	Berg, Sam		University of Puget Sound	7	4:09.72
131	Floweree, J.R.		University of Puget Sound	8	4:10.06
218	Janota, Joey		Willamette University	9	4:15.18
37	Ault, Andrew		Lewis & Clark College	10	4:15.54
39	Cody, Andrew		Lewis & Clark College	11	4:17.17
49	Schoeneman, Brian		Lewis & Clark College	12	4:18.48
149	Venn, Brett		University of Puget Sound	13	4:21.96
44	Kitzerow, Nick		Lewis & Clark College	14	4:25.09
140	McClaskey, Paul		University of Puget Sound	15	4:25.85



Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
138	Larson, Jarrod	University of Puget Sound	16	4:26.17
21	Paisley, Nathan	George Fox University	17	4:28.18
143	Neuner, Michael	University of Puget Sound	18	4:34.96
83	Getchell, Russ	Pacific University	19	4:36.84

## 100 Sprint Hurdles

Division: Women

Event # 21

## FINAL RESULTS

266	Barrett, Maile	Lewis & Clark College	1	15.00
254	Nelson, Karrie	George Fox University	2	15.52
239	Barnett, Sharon	George Fox University	3	16.17
408	Leineweber, Laura	Willamette University	4	16.50
355	Vanni, Julie	University of Puget Sound	5	17.22
272	Ito, Vania	Lewis & Clark College	6	17.48
337	Elasky, Emily	University of Puget Sound	7	18.31
273	Lohof, Kirtlye	Lewis & Clark College	8	18.70
307	Vavra, Janna	Pacific University	9	19.55
336	Dillon, Sarah	University of Puget Sound	10	19.61
340	Haney, Erin	University of Puget Sound	11	19.90

## 110 Sprint Hurdles

Division: Men

Event # 22

## FINAL RESULTS

229	Smith, Josh	Willamette University	1	16.05
8	Davidson, Zach	George Fox University	2	16.47
120	Baldwin, Joel	University of Puget Sound	3	16.57
126	Cochran, Martin	University of Puget Sound	4	17.02
205	Dean, Toby	Willamette University	5	17.18
11	Harris, Caleb	George Fox University	6	17.65
132	Gargas, Dan	University of Puget Sound	7	18.97

## 400

Division: Women

Event # 23

## FINAL RESULTS

238	Adams, Jessica	George Fox University	1	1:01.72
242	Davis, Christina	George Fox University	2	1:02.36
398	Flindt, Natalie	Willamette University	3	1:02.52
395	Burke, Kate	Willamette University	4	1:02.86
306	Ryder, Michaela	Pacific University	5	1:05.29
419	Parker, Jessica	Willamette University	6	1:05.68
406	Krall, Katie	Willamette University	7	1:08.54

## 400

Division: Men

Event # 24

## FINAL RESULTS

148	Tolentino, Tye	University of Puget Sound	1	50.52
7	Costa, Eric	George Fox University	2	51.20
33	Whitaker, Kevin	George Fox University	3	51.22
225	Raymond, Tyson	Willamette University	4	51.52
227	Semenza, Michael	Willamette University	5	52.34
42	Jackson, Michael	Lewis & Clark College	6	53.84
78	Biglen, Dave	Pacific University	7	55.02
88	Reilly, Tim	Pacific University	8	55.23
12	Jacoby, Beau	George Fox University	9	1:01.37





Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR	Affiliation	Place Mark
FINAL RESULTS				
244	Forbes, Colleen		George Fox University	1 13.44
239	Barnett, Sharon		George Fox University	2 13.49
417	Ogle, Lindsay		Willamette University	3 13.53
346	Nelson, April		University of Puget Sound	4 13.66
246	Hunt, Heather		George Fox University	5 14.16
300	Lucas, Rebecca		Pacific University	6 14.31
405	Kilantang, Kyla		Willamette University	7 14.51
335	DeChabert, Kamaria		University of Puget Sound	8 15.80

100 Division: Men Event # 26

FINAL RESULTS				
22	Plotts, David		George Fox University	1 11.34
9	Gassaway, Tyler		George Fox University	2 11.40
208	Foreman, Damon		Willamette University	3 11.55
452	Bell, Nate		Willamette University	4 11.74
18	Martin, Steve		George Fox University	5 11.77
204	Davis, Josh		Willamette University	6 11.83
224	Miguel, Andy		Willamette University	7 11.88
222	McDowell, John		Willamette University	8 11.92
86	Meeuf, John		Pacific University	9 12.19
16	Lovejoy, David		George Fox University	10 12.26
202	Cooper, Justin		Willamette University	11 12.44
145	Perry, Matthew		University of Puget Sound	12 12.45
195	Baba, Eduard		Willamette University	13 12.46
220	Kim, Jerome		Willamette University	14 12.98
200	Cassinero, Tony		Willamette University	NO MARK

800 Division: Women Event # 27

FINAL RESULTS				
353	Sotelo, Jessica		University of Puget Sound	1 2:15.88
250	McElwain, Jamie		George Fox University	2 2:19.22
348	Racine, Kim		University of Puget Sound	3 2:20.02
414	Morris, Buffy		Willamette University	4 2:24.32
396	Emery, Amber		Willamette University	5 2:32.63
256	Norgaard, Kirsten		George Fox University	6 2:40.82

800 Division: Men Event # 28

FINAL RESULTS				
17	Mantallas, John		George Fox University	1 2:00.25
2	Austin, Ryan		George Fox University	2 2:00.41
137	Kevan, Ben		University of Puget Sound	3 2:00.44
218	Janota, Joey		Willamette University	4 2:00.81
25	Ryland, Nicholas		George Fox University	5 2:00.92
201	Cooper, Jonathan		Willamette University	6 2:01.74
133	Grabner, Reagan		University of Puget Sound	7 2:02.61
53	Young, Anthony		Lewis & Clark College	8 2:03.25
436	Ball, Scott		Unattached	9 2:04.90
81	Christ, Doug		Pacific University	10 2:04.92
37	Ault, Andrew		Lewis & Clark College	11 2:07.20
21	Paisley, Nathan		George Fox University	12 2:10.37
4	Butler, Kenan		George Fox University	13 2:13.81
83	Getchell, Russ		Pacific University	14 2:22.03



----- Clerk of the Course™ (c)1993 Tournament Specialists -----				
Entrant #	Name	GR Affiliation	Place	Mark
-----				
FINAL RESULTS				
239	Barnett, Sharon	George Fox University	1	26.97
242	Davis, Christina	George Fox University	2	27.56
417	Ogle, Lindsay	Willamette University	3	27.76
246	Hunt, Heather	George Fox University	4	28.53
300	Lucas, Rebecca	Pacific University	5	28.58
238	Adams, Jessica	George Fox University	6	28.65
355	Vanni, Julie	University of Puget Sound	7	28.67
408	Leineweber, Laura	Willamette University	8	28.72
336	Dillon, Sarah	University of Puget Sound	9	28.91
259	Powell, Sarah	George Fox University	10	29.61
306	Ryder, Michaela	Pacific University	11	29.69
335	DeChabert, Kamaria	University of Puget Sound	12	32.65

## 200 Division: Men

Event # 32

-----				
FINAL RESULTS				
22	Plotts, David	George Fox University	1	22.63
9	Gassaway, Tyler	George Fox University	2	22.89
148	Tolentino, Tye	University of Puget Sound	3	23.13
225	Raymond, Tyson	Willamette University	4	23.68
208	Foreman, Damon	Willamette University	5	23.78
18	Martin, Steve	George Fox University	6	23.80
204	Davis, Josh	Willamette University	7	23.90
42	Jackson, Michael	Lewis & Clark College	8	24.23
132	Gargas, Dan	University of Puget Sound	9	24.28
3	Bergh, Conley	George Fox University	10	24.57
86	Meeuf, John	Pacific University	11	24.60
12	Jacoby, Beau	George Fox University	12	25.93

## 3000 Division: Women

Event # 33

-----				
FINAL RESULTS				
263	Taylor, Tori	George Fox University	1	10:50.10
434	Williams, Evelyn	Willamette University	2	11:16.93
345	Meyer, Julie	University of Puget Sound	3	11:40.00
342	Hickel, Breanne	University of Puget Sound	4	11:50.53

## 3000m Steeple Division: Men

Event # 34

-----				
FINAL RESULTS				
217	Hunnicutt, Matt	Willamette University	1	9:46.04
20	Owen, Michael	George Fox University	2	9:50.97

## 4 x 400 Relay Division: Women

Event # 35

-----				
FINAL RESULTS				
458	A	George Fox University	1	4:10.1
461	A	University of Puget Sound	2	4:29.3



NWC 5-Way  
4 x 400 Relay

Newberg, Ore.  
Division: Men

4/8/2000  
Event # 36

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Entrant #	Name	GR	Affiliation	Place	Mark
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FINAL RESULTS

464	#1		George Fox University	1	3:26.21
469	#1		University of Puget Sound	2	3:28.09
466	#1		Lewis & Clark College	3	3:45.16
465	#2		George Fox University		3:34.93
470	#2		University of Puget Sound		3:51.23

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5000		Division: Women		Event # 37
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FINAL RESULTS

293	Ball, Kim		Pacific University	1	18:46.01
431	Strickler, Amber		Willamette University	2	19:16.44
455	Pohlit, Lisa		Willamette University	3	20:17.20
454	Tammela, Helen		Lewis & Clark College	4	21:21.17

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5000		Division: Men		Event # 38
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FINAL RESULTS

52	Weare, Neil		Lewis & Clark College	1	15:50.3
49	Schoeneman, Brian		Lewis & Clark College	2	16:09.1
134	Graham, Robert		University of Puget Sound	3	16:09.9
39	Cody, Andrew		Lewis & Clark College	4	16:33.6
30	Towne, Forrest		George Fox University	5	16:52.4
19	Oswald, Scott		George Fox University	6	16:57.3
47	Oldham, Derek		Lewis & Clark College	7	17:35.0
87	Purdy, John		Pacific University	8	18:02.0

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## Shot Put, Women

## FINAL RESULTS

1. Rosario, Angela (Pacific University) 11.25 (36-11.0); 2. Vanni, Julie (University of Puget Sound) 11.10 (36-05.0); 3. Sorenson, Kasey (Willamette University) 10.85 (35-07.25); 4. Stevens, Marian (George Fox University) 10.73 (35-02.5); 5. Cotton, Sarah (Pacific University) 10.60 (34-09.5); 6. Simon, Erin (George Fox University) 10.29 (33-09.25); 7. Lewis, Paige (George Fox University) 10.23 (33-06.75); 8. Duensing, Lauri (Pacific University) 10.01 (32-10.25); 9. Smith, Lace (University of Puget Sound) 9.97 (32-08.5); 10. Vavra, Janna (Pacific University) 9.91 (32-06.25); 11. Hurley, J.J. (Willamette University) 9.83 (32-03.0); 12. Longman, Pamela (George Fox University) 9.66 (31-08.5); 13. Nies, Jessica (George Fox University) 8.92 (29-03.25); 14. Haney, Erin (University of Puget Sound) 6.95 (22-09.75);

## Shot Put, Men

## FINAL RESULTS

1. Dittman, Adam (Willamette University) 14.50 (47-07.0); 2. Strauss, Ian (George Fox University) 13.83 (45-04.5); 3. Wood, Rodney (Willamette University) 12.95 (42-06.0); 4. Halstead, Pat (Willamette University) 12.89 (42-03.5); 5. Zosel, Matt (Willamette University) 12.49 (40-11.75); 6. Reichenbach, Dan (Lewis & Clark College) 11.94 (39-02.25); 7. Speckman, Luke (Lewis & Clark College) 10.81 (35-05.75); 8. Taylor, Ty (George Fox University) 10.72 (35-02.0); 9. Fletcher, John (George Fox University) 10.00 (32-09.75); 10. Gargas, Dan (University of Puget Sound) 9.91 (32-06.25); 11. Joseph, Loran (Lewis & Clark College) 9.06 (29-08.75); Chaput, Eric (University of Puget Sound) NO MARK;

## Discus, Women

## FINAL RESULTS

1. Reichner, Sarah (Willamette University) 39.52 (129-08.0); 2. Fuhrmann, Heidi (Pacific University) 35.32 (115-10.0); 3. Lewis, Paige (George Fox University) 34.77 (114-01.0); 4. Cotton, Sarah (Pacific University) 34.73 (113-11.0); 5. Heim, Ruth Ann (Pacific University) 32.74 (107-05.0); 6. Kaltwasser, Ann (Pacific University) 32.57 (106-10.0); 7. Stevens, Marian (George Fox University) 32.42 (106-04.0); 8. Price, LeeAnn (Willamette University) 32.03 (105-01.0); 9. Henderson, Marika (University of Puget Sound) 30.33 (99-06.0); 10. Sorenson, Kasey (Willamette University) 30.06 (98-07.0); 11. Rosario, Angela (Pacific University) 29.73 (97-06.0); 12. Duensing, Lauri (Pacific University) 28.41 (93-02.0); 13. Longman, Pamela (George Fox University) 27.86 (91-05.0); 14. Emura, Kristen (University of Puget Sound) 25.07 (82-03.0); 15. Simon, Erin (George Fox University) 22.26 (73-00.5);

## Discus, Men

## FINAL RESULTS

1. Strauss, Ian (George Fox University) 48.99 (160-09.0); 2. Watts, Jimmy (Willamette University) 42.82 (140-06.0); 3. Halstead, Pat (Willamette University) 40.88 (134-01.0); 4. Banks, James (Willamette University) 38.62 (126-08.0); 5. Zosel, Matt (Willamette University) 38.36 (125-10.0); 6. Dittman, Adam (Willamette University) 36.81 (120-09.0); 7. Reichenbach, Dan (Lewis & Clark College) 33.20 (108-11.0); 8. Speckman, Luke (Lewis & Clark College) 28.00 (91-10.0); 9. Fletcher, John (George Fox University) 27.84 (91-04.0); 10. Hill, Jason (Lewis & Clark College) 25.39 (83-04.0); 11. Joseph, Loran (Lewis & Clark College) 24.33 (79-10.0);

## Javelin, Women

## FINAL RESULTS

1. Miller, Lori (George Fox University) 40.02 (131-03.0); 2. Scott, Monica (Willamette University) 39.58 (129-10.0); 3. Kaltwasser, Ann (Pacific University) 37.75 (123-10.0); 4. Wootan, Gail (Pacific University) 36.85 (120-11.0); 5. Crase, Anne (University of Puget Sound) 36.67 (120-04.0); 7. Thompson, Nikki (Lewis & Clark College) 33.74 (110-08.0); 8. Lohof, Kirtlye (Lewis & Clark College) 29.44 (96-07.0); 9. Vanni, Julie (University of Puget Sound) 28.85 (94-08.0); 10. Smith, Heidi (George Fox University) 27.15 (89-01.0); 11. Ronningen, Hayley (Pacific University) 26.67 (87-06.0); 12. Longman, Pamela (George Fox University) 25.98 (85-03.0); 13. Gross, Sarah (University of Puget Sound) 25.87 (84-10.0); 14. Nies, Jessica (George Fox University) 20.15 (66-01.5); Becky Harper (Unattached) 38.91 (127-08.0);



## Pole Vault, Women

## FINAL RESULTS

1. Wells, Amy (University of Puget Sound) 3.66 (12-00.0); 2. Hunt, Heather (George Fox University) 3.51 (11-06.25); 3. Olsson, Christie (Lewis & Clark College) 2.91 (9-06.5); 4. Telfer, Helena (George Fox University) 2.61 (8-06.75); Stilson, Maren (Willamette University) NO MARK; Kuchera, Erica (University of Puget Sound) NO MARK; Lee, Fiona (Willamette University) NO MARK; Kilantang, Kyla (Willamette University) NO MARK;

## Pole Vault, Men

## FINAL RESULTS

1. DeLury, Kevin (University of Puget Sound) 4.02 (13-02.25); 2. Watts, Jimmy (Willamette University) 4.02 (13-02.25); 3. Routon, Aaron (George Fox University) 4.02 (13-02.25); 4. Perry, Matthew (University of Puget Sound) 3.87 (12-08.25); 5. Chapman, Jacob (University of Puget Sound) 3.72 (12-02.5); 6. Gargas, Dan (University of Puget Sound) 3.57 (11-08.5); 7. Taylor, Ty (George Fox University) 3.42 (11-02.5); Boyle, Peter (Pacific University) NO MARK; Joseph, Loran (Lewis & Clark College) NO MARK; Hill, Jason (Lewis & Clark College) NO MARK; John Smith (Unattached) NO MARK;

## Long Jump, Women

## FINAL RESULTS

1. Baron, Kelsey (George Fox University) 5.05 (16-06.75); 2. Lohof, Kirtlye (Lewis & Clark College) 5.04 (16-06.5); 3. Kennedy, Jocelyn (George Fox University) 4.91 (16-01.25); 4. Leineweber, Laura (Willamette University) 4.81 (15-09.25); 5. Vanni, Julie (University of Puget Sound) 4.73 (15-06.25); 6. Dillon, Sarah (University of Puget Sound) 4.72 (15-05.75); 7. Flindt, Natalie (Willamette University) 4.68 (15-04.25); 8. Smith, Heidi (George Fox University) 4.61 (15-01.5); 9. Ogle, Lindsay (Willamette University) 4.57 (15-00.0); 10. Haney, Erin (University of Puget Sound) 4.44 (14-06.75); 11. Forbes, Colleen (George Fox University) 4.43 (14-06.25); 12. Scott, Monica (Willamette University) 4.25 (13-11.25); Vavra, Janna (Pacific University) NO MARK;

## Long Jump, Men

## FINAL RESULTS

1. Watts, Jimmy (Willamette University) 6.70 (21-11.75); 2. Gassaway, Tyler (George Fox University) 6.63 (21-09.0); 3. Hill, Jason (Lewis & Clark College) 6.50 (21-04.0); 4. Cochran, Martin (University of Puget Sound) 6.35 (20-10.0); 5. Miguel, Andy (Willamette University) 6.26 (20-06.5); 6. Wong, Terrence (Willamette University) 6.09 (19-11.75); 7. Cassinerio, Tony (Willamette University) 5.70 (18-08.25); 8. Douglass, Jay (Willamette University) 5.56 (18-02.75); 9. Lovejoy, David (George Fox University) 5.52 (18-01.25); 10. Taylor, Ty (George Fox University) 4.82 (15-09.75); 11. Baba, Eduard (Willamette University) 4.72 (15-05.75);

## Triple Jump, Women

## FINAL RESULTS

1. Baron, Kelsey (George Fox University) 10.82 (35-06.0); 2. Forbes, Colleen (George Fox University) 10.21 (33-06.0); 3. Powell, Angie (George Fox University) 9.89 (32-05.5);

## Triple Jump, Men

## FINAL RESULTS

1. Cochran, Martin (University of Puget Sound) 13.20 (43-03.75); 2. Bernatz, Mike (Willamette University) 12.82 (42-00.75); 3. Greene, Scott (George Fox University) 12.17 (39-11.25); 4. Wong, Terrence (Willamette University) 11.93 (39-01.75); 5. Christiansen, Keith (George Fox University) 11.60 (38-00.75);

## 4 x 100 Relay, Women

## FINAL RESULTS

1. A (George Fox University) 50.66; 2. A (Willamette University) 51.68;

## 4 x 100 Relay, Men

## FINAL RESULTS

1. #1 (George Fox University) 43.28; 2. #1 (Willamette University) 44.09; 3. #1 (University of Puget Sound) 46.45; #2 (George Fox University) 46.00;



## 400m Hurdles, Women

## FINAL RESULTS

- 
1. Nelson, Karrie (George Fox University) 1:05.45; 2. Heuberger, Megan (George Fox University) 1:05.89; 3. Middag, Tansy (Willamette University) 1:07.09; 4. Barrett, Maile (Lewis & Clark College) 1:07.47; 5. Nelson, April (University of Puget Sound) 1:07.54; 6. Ito, Vania (Lewis & Clark College) 1:11.42; 7. Elasky, Emily (University of Puget Sound) 1:15.28;
- 

## 400m Hurdles, Men

## FINAL RESULTS

- 
1. Davidson, Zach (George Fox University) 55.42; 2. Baldwin, Joel (University of Puget Sound) 56.00; 3. Smith, Josh (Willamette University) 58.27; 4. Harris, Caleb (George Fox University) 59.15; 5. Christiansen, Keith (George Fox University) 59.44; 6. Whitaker, Kevin (George Fox University) 1:00.00; 7. Dinkins, Jonathan (University of Puget Sound) 1:03.54; 8. Odell, David (University of Puget Sound) 1:08.60;
- 

## Javelin, Men

## FINAL RESULTS

- 
1. Watts, Jimmy (Willamette University) 58.31 (191-04.0); 2. Shaver, Brandon (Willamette University) 57.07 (187-03.0); 3. Roberts, Jonathan (George Fox University) 54.41 (178-06.0); 4. Taylor, Ty (George Fox University) 53.60 (175-10.0); 5. Graham, Matt (Willamette University) 52.84 (173-04.0); 6. Kunze, Eric (George Fox University) 49.67 (162-11.0); 7. Alexander, Billy (Lewis & Clark College) 47.01 (154-03.0); Fletcher, John (George Fox University) NO MARK;
- 

## Hammer, Women

## FINAL RESULTS

- 
1. Fuhrmann, Heidi (Pacific University) 39.15 (128-05.0); 2. Sorenson, Kasey (Willamette University) 33.08 (108-06.0); 3. Smith, Lace (University of Puget Sound) 32.16 (105-06.0); 4. Simon, Erin (George Fox University) 28.39 (93-02.0); 5. Warnock, Sarah (Lewis & Clark College) 26.10 (85-07.0); 6. Henderson, Marika (University of Puget Sound) 24.41 (80-01.0); 7. Emura, Kristen (University of Puget Sound) 22.94 (75-03.25);
- 

## Hammer, Men

## FINAL RESULTS

- 
1. Reichenbach, Dan (Lewis & Clark College) 47.27 (155-01.0); 2. Banks, James (Willamette University) 44.28 (145-03.0); 3. Kunze, Eric (George Fox University) 41.95 (137-07.0); 4. Halstead, Pat (Willamette University) 37.25 (122-02.0); 5. Speckman, Luke (Lewis & Clark College) 32.16 (105-06.0); 6. Chaput, Eric (University of Puget Sound) 31.85 (104-06.0); 7. Fletcher, John (George Fox University) 27.06 (88-09.0);
- 

## High Jump, Women

## FINAL RESULTS

- 
1. Leineweber, Laura (Willamette University) 1.64 (5-04.5); 2. Forbes, Amy (George Fox University) 1.59 (5-02.5); 3. Powell, Angie (George Fox University) 1.59 (5-02.5); 4. Dillon, Sarah (University of Puget Sound) 1.54 (5-00.5); 5. Vanni, Julie (University of Puget Sound) 1.39 (4-06.75); 6. Ryder, Michaela (Pacific University) 1.34 (4-04.75); 7. Lohof, Kirtlye (Lewis & Clark College) 1.34 (4-04.75); 8. Haney, Erin (University of Puget Sound) 1.27 (4-02.0);
- 

## High Jump, Men

## FINAL RESULTS

- 
1. Watts, Jimmy (Willamette University) 2.07 (6-09.5); 2. Johnson, Marques (Willamette University) 1.89 (6-02.25); 3. Hill, Jason (Lewis & Clark College) 1.89 (6-02.25); 4. Schooler, Reid (Lewis & Clark College) 1.89 (6-02.25); 5. Bernatz, Mike (Willamette University) 1.84 (6-00.5); 6. Jones, Jeff (University of Puget Sound) 1.84 (6-00.5); 7. Zosel, Matt (Willamette University) 1.84 (6-00.5); 8. Douglass, Jay (Willamette University) 1.79 (5-10.5); 8. Greene, Scott (George Fox University) 1.79 (5-10.5); 10. Gargas, Dan (University of Puget Sound) 1.69 (5-06.5);
-





## 1500, Women

## FINAL RESULTS

- 
1. Starkey, Lisa (Willamette University) 4:49.14;
  2. McElwain, Jamie (George Fox University) 4:52.38;
  3. Patterson, Kyra (University of Puget Sound) 4:55.68;
  4. Williams, Evelyn (Willamette University) 4:56.49;
  5. Taylor, Tori (George Fox University) 4:58.07;
  6. Moore, Erin (Willamette University) 5:04.88;
  7. Mockford, Annie (Willamette University) 5:06.41;
  8. Norgaard, Kirsten (George Fox University) 5:14.72;
  9. Page, Carissa (Willamette University) 5:18.59;
- 

## 1500, Men

## FINAL RESULTS

- 
1. Davis, Dave (University of Puget Sound) 3:56.68;
  2. Workman, Brandon (George Fox University) 4:01.10;
  3. Mantalas, John (George Fox University) 4:02.95;
  4. Austin, Ryan (George Fox University) 4:06.25;
  5. Grabner, Reagan (University of Puget Sound) 4:06.29;
  6. Young, Anthony (Lewis & Clark College) 4:07.75;
  7. Berg, Sam (University of Puget Sound) 4:09.72;
  8. Floweree, J.R. (University of Puget Sound) 4:10.06;
  9. Janota, Joey (Willamette University) 4:15.18;
  10. Ault, Andrew (Lewis & Clark College) 4:15.54;
  11. Cody, Andrew (Lewis & Clark College) 4:17.17;
  12. Schoeneman, Brian (Lewis & Clark College) 4:18.48;
  13. Venn, Brett (University of Puget Sound) 4:21.96;
  14. Kitzerow, Nick (Lewis & Clark College) 4:25.09;
  15. McClaskey, Paul (University of Puget Sound) 4:25.85;
  16. Larson, Jarrod (University of Puget Sound) 4:26.17;
  17. Paisley, Nathan (George Fox University) 4:28.18;
  18. Neuner, Michael (University of Puget Sound) 4:34.96;
  19. Getchell, Russ (Pacific University) 4:36.84;
- 

## 100 Sprint Hurdles, Women

## FINAL RESULTS

- 
1. Barrett, Maile (Lewis & Clark College) 15.00;
  2. Nelson, Karrie (George Fox University) 15.52;
  3. Barnett, Sharon (George Fox University) 16.17;
  4. Leineweber, Laura (Willamette University) 16.50;
  5. Vanni, Julie (University of Puget Sound) 17.22;
  6. Ito, Vania (Lewis & Clark College) 17.48;
  7. Elasky, Emily (University of Puget Sound) 18.31;
  8. Lohof, Kirtlye (Lewis & Clark College) 18.70;
  9. Vavra, Janna (Pacific University) 19.55;
  10. Dillon, Sarah (University of Puget Sound) 19.61;
  11. Haney, Erin (University of Puget Sound) 19.90;
- 

## 110 Sprint Hurdles, Men

## FINAL RESULTS

- 
1. Smith, Josh (Willamette University) 16.05;
  2. Davidson, Zach (George Fox University) 16.47;
  3. Baldwin, Joel (University of Puget Sound) 16.57;
  4. Cochran, Martin (University of Puget Sound) 17.02;
  5. Dean, Toby (Willamette University) 17.18;
  6. Harris, Caleb (George Fox University) 17.65;
  7. Gargas, Dan (University of Puget Sound) 18.97;
- 

## 400, Women

## FINAL RESULTS

- 
1. Adams, Jessica (George Fox University) 1:01.72;
  2. Davis, Christina (George Fox University) 1:02.36;
  3. Flindt, Natalie (Willamette University) 1:02.52;
  4. Burke, Kate (Willamette University) 1:02.86;
  5. Ryder, Michaela (Pacific University) 1:05.29;
  6. Parker, Jessica (Willamette University) 1:05.68;
  7. Krall, Katie (Willamette University) 1:08.54;
- 

## 400, Men

## FINAL RESULTS

- 
1. Tolentino, Tye (University of Puget Sound) 50.52;
  2. Costa, Eric (George Fox University) 51.20;
  3. Whitaker, Kevin (George Fox University) 51.22;
  4. Raymond, Tyson (Willamette University) 51.52;
  5. Semenza, Michael (Willamette University) 52.34;
  6. Jackson, Michael (Lewis & Clark College) 53.84;
  7. Biglen, Dave (Pacific University) 55.02;
  8. Reilly, Tim (Pacific University) 55.23;
  9. Jacoby, Beau (George Fox University) 1:01.37;
- 

## 100, Women

## FINAL RESULTS

- 
1. Forbes, Colleen (George Fox University) 13.44;
  2. Barnett, Sharon (George Fox University) 13.49;
  3. Ogle, Lindsay (Willamette University) 13.53;
  4. Nelson, April (University of Puget Sound) 13.66;
  5. Hunt, Heather (George Fox University) 14.16;
  6. Lucas, Rebecca (Pacific University) 14.31;
  7. Kilantang, Kyla (Willamette University) 14.51;
  8. DeChabert, Kamaria (University of Puget Sound) 15.80;
-



## 100, Men

## FINAL RESULTS

- 
1. Plotts, David (George Fox University) 11.34; 2. Gassaway, Tyler (George Fox University) 11.40; 3. Foreman, Damon (Willamette University) 11.55; 4. Bell, Nate (Willamette University) 11.74; 5. Martin, Steve (George Fox University) 11.77; 6. Davis, Josh (Willamette University) 11.83; 7. Miguel, Andy (Willamette University) 11.88; 8. McDowell, John (Willamette University) 11.92; 9. Meeuf, John (Pacific University) 12.19; 10. Lovejoy, David (George Fox University) 12.26; 11. Cooper, Justin (Willamette University) 12.44; 12. Perry, Matthew (University of Puget Sound) 12.45; 13. Baba, Eduard (Willamette University) 12.46; 14. Kim, Jerome (Willamette University) 12.98; Cassinerio, Tony (Willamette University) NO MARK;
- 

## 800, Women

## FINAL RESULTS

- 
1. Sotelo, Jessica (University of Puget Sound) 2:15.88; 2. McElwain, Jamie (George Fox University) 2:19.22; 3. Racine, Kim (University of Puget Sound) 2:20.02; 4. Morris, Buffy (Willamette University) 2:24.32; 5. Emery, Amber (Willamette University) 2:32.63; 6. Norgaard, Kirsten (George Fox University) 2:40.82;
- 

## 800, Men

## FINAL RESULTS

- 
1. Mantalas, John (George Fox University) 2:00.25; 2. Austin, Ryan (George Fox University) 2:00.41; 3. Kevan, Ben (University of Puget Sound) 2:00.44; 4. Janota, Joey (Willamette University) 2:00.81; 5. Ryland, Nicholas (George Fox University) 2:00.92; 6. Cooper, Jonathan (Willamette University) 2:01.74; 7. Grabner, Reagan (University of Puget Sound) 2:02.61; 8. Young, Anthony (Lewis & Clark College) 2:03.25; 9. Ball, Scott (Unattached) 2:04.90; 10. Christ, Doug (Pacific University) 2:04.92; 11. Ault, Andrew (Lewis & Clark College) 2:07.20; 12. Paisley, Nathan (George Fox University) 2:10.37; 13. Butler, Kenan (George Fox University) 2:13.81; 14. Getchell, Russ (Pacific University) 2:22.03;
- 

## 200, Women

## FINAL RESULTS

- 
1. Barnett, Sharon (George Fox University) 26.97; 2. Davis, Christina (George Fox University) 27.56; 3. Ogle, Lindsay (Willamette University) 27.76; 4. Hunt, Heather (George Fox University) 28.53; 5. Lucas, Rebecca (Pacific University) 28.58; 6. Adams, Jessica (George Fox University) 28.65; 7. Vanni, Julie (University of Puget Sound) 28.67; 8. Leineweber, Laura (Willamette University) 28.72; 9. Dillon, Sarah (University of Puget Sound) 28.91; 10. Powell, Sarah (George Fox University) 29.61; 11. Ryder, Michaela (Pacific University) 29.69; 12. DeChabert, Kamaria (University of Puget Sound) 32.65;
- 

## 200, Men

## FINAL RESULTS

- 
1. Plotts, David (George Fox University) 22.63; 2. Gassaway, Tyler (George Fox University) 22.89; 3. Tolentino, Tye (University of Puget Sound) 23.13; 4. Raymond, Tyson (Willamette University) 23.68; 5. Foreman, Damon (Willamette University) 23.78; 6. Martin, Steve (George Fox University) 23.80; 7. Davis, Josh (Willamette University) 23.90; 8. Jackson, Michael (Lewis & Clark College) 24.23; 9. Gargas, Dan (University of Puget Sound) 24.28; 10. Bergh, Conley (George Fox University) 24.57; 11. Meeuf, John (Pacific University) 24.60; 12. Jacoby, Beau (George Fox University) 25.93;
- 

## 3000, Women

## FINAL RESULTS

- 
1. Taylor, Tori (George Fox University) 10:50.10; 2. Williams, Evelyn (Willamette University) 11:16.93; 3. Meyer, Julie (University of Puget Sound) 11:40.00; 4. Hickel, Breanne (University of Puget Sound) 11:50.53;
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## 3000m Steeple, Men

## FINAL RESULTS

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1. Hunnicutt, Matt (Willamette University) 9:46.04; 2. Owen, Michael (George Fox University) 9:50.97;
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## 4 x 400 Relay, Women

## FINAL RESULTS

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1. A (George Fox University) 4:10.1; 2. A (University of Puget Sound) 4:29.3;
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## 4 x 400 Relay, Men

## FINAL RESULTS

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1. #1 (George Fox University) 3:26.21; 2. #1 (University of Puget Sound) 3:28.09; 3. #1 (Lewis & Clark College) 3:45.16; #2 (George Fox University) 3:34.93; #2 (University of Puget Sound) 3:51.23;
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## 5000, Women

## FINAL RESULTS

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1. Ball, Kim (Pacific University) 18:46.01; 2. Strickler, Amber (Willamette University) 19:16.44; 3. Pohlit, Lisa (Willamette University) 20:17.20; 4. Tammela, Helen (Lewis & Clark College) 21:21.17;
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## 5000, Men

## FINAL RESULTS

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1. Weare, Neil (Lewis & Clark College) 15:50.3; 2. Schoeneman, Brian (Lewis & Clark College) 16:09.1; 3. Graham, Robert (University of Puget Sound) 16:09.9; 4. Cody, Andrew (Lewis & Clark College) 16:33.6; 5. Towne, Forrest (George Fox University) 16:52.4; 6. Oswald, Scott (George Fox University) 16:57.3; 7. Oldham, Derek (Lewis & Clark College) 17:35.0; 8. Purdy, John (Pacific University) 18:02.0;
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## MEN

## 100 -

Heat 1: 1. Mike Hinshaw, WOU, 10.81; 2. Tony Perkins, UNAT, 11.08; 3. Jeremy Peil, WOU, 11.25; 4. Nate Brissett, MHCC, 11.31; 5. Corey Sutton, WOU, 11.35; (tie) Mike Wheeler, UNAT, 11.35; 7. Jaye Wilder, Clack, 11.48.

Heat 2: 1. Aaron Buckendorf, Chem, 11.23; 2. Joel Alley, WOU, 11.33; 3. John Pickett, UNAT, 11.53; 4. Nick Swanegan, UNAT, 11.59; (tie) Jason Rice, WOU, 11.59; 6. Jerome Kingston, UNAT, 11.76; (tie) Luke Ehlis, CCS, 11.76.

Heat 3: 1. Reggie Kerney, MS, 11.51; 2. Evan Robbins, UNAT, 11.54; 3. Matt Miller, CCS, 11.61; 4. Trevor Edd, WOU, 11.67; 5. Kirk Tyner, Clark, 11.71; 6. David Stoddard, UNAT, 11.71; 7. Josh Manley, MHCC, 12.11.

Heat 4: 1. Antwaun Sherman, MS, 11.33; 2. Dana Navarro-Arias, UNAT, 11.49; 3. Mark Dreiling, WOU, 11.86; 4. Tony Valdez, UNAT, 11.89; 5. R.J. Mohoric, LCCC, 12.23; 6. Ian Long, Clark, 12.29; 7. Ryan Berry, CCS, 12.43.

Heat 5: 1. Madison Ceaser, MS, 11.60; ② Steve Martin, GFU, 11.90; 3. Chad Peck, EOU, 12.07; 4. Joseph Kirk, LBCC, 12.14; 5. Aron Steinke, Clark, 12.17; 6. Robert Plotts, LIN, 12.57; 7. Jason Griffith, MHCC, 12.90.

Heat 6: 1. Trinh Le, LBCC, 12.15; ② Kevin Whitaker, GFU, 12.22; 3. Paul Shkarovskiy, Clark, 12.75; 4. David Phillips, Cas, 12.85; 5. David Inman, Cas, 12.99; ⑥ Beau Jaccoby, GFU, 13.22. DNP: Dan Miller, NIC, DQ.

## 200 -

Heat 1: 1. Dante Betha, WOU, 22.45; 2. Joel Alley, WOU, 23.09; 3. David Lemen, Clack, 23.09; 4. Antwaun Sherman, MS, 23.12; 5. Evan Robbins, UNAT, 23.62; 6. Jaye Wilder, Clack, 23.86. DNP: Seth Morris, CCS.

Heat 2: 1. Ryan Hoyt, Clack, 23.17; 2. Reggie Kerney, MS, 23.37; 3. Madison Ceaser, MS, 23.44; 4. Ben Baker, EOU, 23.47; 5. Steve West, MHCC, 23.57; 6. Luke Ehlis, CCS, 23.94; 7. Chris Livermore, LBCC, 23.97.

Heat 3: 1. Kirk Tyner, Clark, 23.61; 2. Matt Miller, CCS, 23.85; 3. Scott Darland, UNAT, 24.11; 4. Joseph Kirk, LBCC, 24.31; ⑤ David Lovejoy, GFU, 24.61; 6. Ray Dandeneau, LBCC, 24.65; 7. Eric Konzelman, LBCC, 24.81.

Heat 4: 1. Shaun Michael, NIC, 24.29; 2. Josh McIntyre, WOU, 24.29; 3. Jesse Glessner, NIC, 24.52; 4. Jason Jurick, Clack, 24.59; 5. Shane Therrian, NIC, 25.06; 6. Devin O'Neal, MS, 25.19; 7. Ian Long, Clark, 25.29.

Heat 5: ① Steve Martin, GFU, 23.99; 2. Javon Allen, WOU, 24.25; 3. Donie Joseph, EOU, 24.35; 4. Mike Bonadurer, Clack, 24.42; 5. Erik Bjornstad, WOU, 24.55; 6. Justin Kennedy, LBCC, 24.62; 7. John Davis, Clark, 25.32; 8. Paul Schkarovskiy, Clark, 25.85.

Heat 6: 1. Erik Anderson, Clack, 23.74; 2. Duston Sackett, PAC, 23.76; 3. Brian Hartley, EOU, 25.18; 4. Peter Boyle, PAC, 25.75; 5. Jason Griffith, MHCC, 26.11; ⑥ Beau Jaccoby, GFU, 26.65; 7. David Inman, Cas, 26.95; 8. Dan Miller, NIC, 27.35.

## 400 -

Heat 1: 1. David Richmond, WOU, 49.24; 2. Ryan Hoyt, Clack, 49.44; 3. Seth Morris, CCS, 50.61; ④ David Plotts, GFU, 50.71; 5. Ryan Bergere, CCS, 51.11; 6. Mike Lundsford, CCS, 51.51; 7. Jeff Schlecht, UNAT, 52.14.

Heat 2: 1. Jason Newton, WOU, 51.36; 2. Andy Kessinger, Clack, 51.79; 3. Ben Baker, EOU, 51.86; 4. Chris Livermore, LBCC, 52.22; 5. Ray Dandeneau, LBCC, 53.26; 6. Ray Castillo, Chem, 53.39.

**400 (Continued)**

Heat 3: 1. Chris McIntosh, WOU, 52.09; 2. Scott Darland, UNAT, 52.55; 3. Jesse Glessner, NIC, 53.15; 4. Erik Bjornstad, WOU, 53.56; 5. Bracan Williams, WC, 53.89; 6. Josh Lane, WC, 54.59; 7. Devin O'Neal, MS, 56.26.

**800 -**

Heat 1: 1. Stuart Chaffee, WOU, 1:57.95; 2. Kelan McKiernan, CCS, 1:58.38; 3. Erik Anderson, Clack, 1:58.65; 4. Will Driessen, UNAT, 1:59.35; 5. Josh Roys, CCS, 1:59.95; 6. Justin Nakamura, WOU, 2:00.29; 7. Pieter Voskes, LIN, 2:00.95; 8. Trevor Dodge, UNAT, 2:02.95; 9. Ryan Coleman, UNAT, 2:03.76.

Heat 2: 1. Paul Kezes, CCS, 1:58.74; 2. Dave Terry, EOU, 1:59.28; 3. Sean McLachlan, CCS, 2:02.45; 4. Nathaniel Shilz, Clark, 2:04.01; 5. Ryan Green, CCS, 2:04.62; 6. Dustin Waugh, MHCC, 2:04.68; 7. Jason Ostrowski, UNAT, 2:06.32; 8. Nick Faunce, UNAT, 2:07.32; 9. Marty Toohey, MHCC, 2:07.92.

Heat 3: 1. Andy Monhead, Clack, 1:59.97; 2. Curt Poole, Cas, 2:01.34; 3. Gary Nickelson, WOU, 2:03.31; 4. Mike Barbero, CCS, 2:04.88; 5. Todd Fayant, CCS, 2:06.45; 6. Will Vollstedt, UNAT, 2:06.75; 7. Dallas Kinch, EOU, 2:06.91; 8. John Klimek, PAC, 2:07.58; 9. Brian Potter, LBCC, 2:09.32. DNP: Kenny Wood, DNF.

Heat 4: ① Michael Owen, GFU, 2:05.21; 2. Shawn Edgerly, NIC, 2:05.78; ③ Nicholas Ryland, GFU, 2:06.58; 4. James Shepard, NIC, 2:11.05; ⑤ Tevin Taylor, GFU, 2:11.91; 6. Kyle Hart, NIC, 2:12.08; 7. Mike McDonald, UNAT, 2:13.38; 8. Erik Kjall, CCS, 2:13.85; 9. Rick Engstrom, NIC, 2:16.32; 10. Eric Aleskus, MHCC, 2:22.19.

**1,500 -**

Heat 1: 1. Paul Kezes, Clack, 3:59.63; 2. Pat Valisto, UNAT, 4:02.24; 3. Scott Limbach, UNAT, 4:06.14; 4. Josh Piper, WOU, 4:06.47; 5. Andy Monhead, Clack, 4:06.61; 6. Jose Avalos, MHCC, 4:09.64; 7. Trevor Dodge, UNAT, 4:10.31; 8. Kenny Wood, UNAT, 4:13.01; 9. Dave Terry, EOU, 4:13.15; 10. Hector Osuna, Clack, 4:13.31; 11. Will Vollstedt, UNAT, 4:15.62; 12. Rosario Blanco, UNAT, 4:21.42.

Heat 2: 1. Jason Kunz, NIC, 4:13.50; ② Michael Owen, UNAT, 4:13.70; 3. Dallas Kinch, EOU, 4:18.20; 4. Curt Poole, Cas, 4:18.40; 5. Shawn Edgerly, NIC, 4:20.70; 6. Scott Ball, BTC, 4:23.90; 7. James Shepard, NIC, 4:24.10; 8. Brent Lord, LIN, 4:25.0; 9. Jeremy Wedell, BTC, 4:27.70; 10. Arlo de Leon, Clark, 4:33.80; ⑪ Silas Towne, UNAT, 4:34.60; 12. Brian Hartley, EOU, 4:54.20.

**3,000 Steeplechase -**

1. Paul Low, 3KS, 9:32.0; 2. Todd Fayant, CCS, 9:46.0; 3. Tomm Johnson, Clack, 9:50.0; 4. Sean McLachlan, CCS, 9:55.0; 5. Ryan Mastropietro, Clack, 10:12.0; ⑥ John Mantalas, GFU, 10:15.0; 7. Iain Hunter, OSU, 10:30.0; 8. Aaron Long, WOU, 10:32.0; 9. Matthew Barreau, 3KS, 10:33.0; 10. Mike Barbero, CCS, 10:36.0;

11. Jim Satterfield, ATC, 12:28.0.

**5,000 -**

① Brandon Workman, GFU, 15:05.44; 2. Paul Low, UNAT, 15:08.98; 3. Oliver Redig, MHCC, 15:15.16; 4. Jeremy Kirk, MHCC, 15:18.47; 5. Colden Baxter, OSU, 15:29.89; 6. Gabe Doebler, LIN, 15:32.73; 7. Jeremy Park, UNAT, 15:34.51; 8. Bill Dolan, Clark, 15:40.81; 9. Tim Riley, EOU, 15:42.18; 10. Andrew Wall, Clack, 15:43.15;

**5,000 (Continued)**

11. Noah Megowan, UNAT, 15:49.20; 12. James Corliss, UNAT, 15:59.06; 13. Jim Marlow, CCS, 16:05.01; 14. Lars Tysver, WC, 16:07.48; 15. Tim Brown, Clack, 16:10.66; 16. Brannon Forrester, OSU, 16:11.13; 17. Brett Franz, WOU, 16:11.82; 18. Chris Deulen, CCS, 16:20.81; 19. Jason Kunz, NIC, 16:42.57; 20. Monty Champoux, UNAT, 16:42.87;

21. Erik Bond, Clack, 16:43.99; 22. Carl Hoogesteger, PAC, 16:46.52; 23. David Moorhouse, UNAT, 16:51.29; 24. Russ Getchell, PAC, 16:57.11; 25. Matt Powell, Chem, 17:20.06; 26. Randy Faddis, UNAT, 17:21.25; 27. Nathan Paisley, GFU, 17:27.91.

DNF: Darren Bowe, PAC; Bill Raitter, UNAT; Todd Dietmeyer, UNAT.

**10,000 -**

1. Sergio Cabada, UNAT, 31:03.71; 2. Bill Raitter, 10K, 31:59.57.; 3. Greg Mitchell, 10K, 32:02.40; 4. Ahrlin Bauman, 10K, 32:24.75; (tie) Casey Jackson, WOU, 32:24.75; 6. Ryan Coordes, CCS, 33:00.22; 7. Ernesto Espinoza, CCS, 33:04.97; 8. Paul Davis, LIN, 33:17.16; (tie) Ben Gall, EOU, 33:17.16; 10. Matt Holcom, Clark, 33:53.84;

11. Ryan Parmenter, LBCC, 34:00.97; 12. Lars Tysver, WC, 34:26.95; 13. Forrest Towne, GFU, 34:48.57; 14. Chris Black, NIC, 34:56.64; 15. Scott Oswald, GFU, 34:58.09; 16. Jason Griffiths, Chem, 35:26.23; 17. Gideon Kiprotich, Cas, 35:26.41; 18. Richard Biy, UNAT, 36:17.34; 19. David Harding, UNAT, 36:51.72; 20. Ryan Gold, WC, 36:52.96;

21. Vince Rinehart, LIN, 39:46.40.

**110 Hurdles -**

Heat 1: 1. David Lemen, Clack, 15.44; 2. Randy Rider, LIN, 16.28; 3. Jeremy Fortner, WOU, 16.34; 4. M.J. Canady, Chem, 16.44; 5. Michael Morrison, CCS, 16.91; 6. Keith Gill, CCS, 18.05.

Heat 2: 1. Jim Chroninger, UNAT, 15.27; 2. David Stoddard, UNAT, 15.91; 3. Nate Brissett, MHCC, 15.94; 4. Curtis Parrish, CCS, 17.74; 5. Donie Joseph, EOU, 23.11. DNP: Brandon Conroy, WOU, DQ.

Heat 3: 1. Fritz Mesenbrink, LIN, 16.05; 2. Dana Navarro-Arias, UNAT, 16.42; 3. Ryan Wecker, WOU, 16.95; 4. David Michael, MHCC, 17.55; 5. David Phillips, Cas, 17.95; 6. Josh Pearson, EOU, 18.02; 7. Chad Peck, EOU, 18.42.

Heat 4: 1. Justin Kennedy, LBCC, 16.97; 2. Zach Davidson, GFU, 17.77; 3. Ty Volle, EOU, 18.24; 4. Sean Gabe, WOU, 18.47; 5. Keith Christiansen, GFU, 18.57; 6. Ray Lion, LIN, 19.51; 7. Caleb Harris, GFU, 19.61.

**400 Hurdles -**

Heat 1: 1. Ed Swartz, CCS, 54.73; 2. Curtis Parrish, CCS, 55.06; 3. Zach Davidson, GFU, 56.56; 4. David Stoddard, UNAT, 56.97; 5. Andrew Rager, LIN, 58.07; 6. Shane Scroggie, CCS, 59.83.

Heat 2: 1. Nathan Anderson, MHCC, 55.71; 2. Darrin Olson, OSU, 58.75; 3. David Michael, MHCC, 59.75; 4. Tyler Nitzke, MHCC, 59.85; 5. Keith Christiansen, GFU, 1:01.32.

Heat 3: 1. Michael Morrison, CCS, 57.80; 2. Leonard Ulrich, EOU, 59.73; 3. Ryan Vise, Clark, 59.77; 4. Kevin Whitaker, GFU, 59.80; 5. Ryan Powell, LIN, 1:00.97.

Heat 4: 1. Cassidy Beaver, LBCC, 1:00.52; 2. Caleb Harris, GFU, 1:02.62; 3. Ryan Anderson, LCCC, 1:03.22; 4. David Prins, WC, 1:05.56.

**Shot Put -**

1. Cory Loeb, UNAT, 47-7; 2. Chuck Chapin, UNAT, 47-6 1/2; Jesse Middleton, CCS, 43-7; 4. Brian Crawford, WOU, 43-5 1/2; 5. Sean Shull, CCS, 42-4 1/2; 6. Sam Vandagriff, UNAT, 41-3 1/2; 7. Jason Caponette, LIN, 41-3; 8. Cimeron Kormendi, Chem, 40-0; 9. Ryan Bruhn, Clark, 39-4.

**Discus -**

1. Brian Crawford, WOU, 156-7; 2. Cory Loebel, UNAT, 148-7; 3. David Gregory, WOU, 141-9; 4. Ben Snyder, UNAT, 140-3; 5. Ryan Bruhn, Clark, 139-3; 6. Brad Thompson, UNAT, 133-11; 7. Bryant Strot, MHCC, 133-5; 8. Cimeron Kormendi, Chem, 130-2; 9. Jason Calapp, CCS, 129-0; 10. Greg Gottfried, UNAT, 127-2;

11. Luke Franzke, WOU, 126-1; 12. Jake Nickerson, WOU, 124-7; 13. Chuck Chaplin, UNAT, 124-2; 14. Sean Shull, CCS, 122-9; 15. Joe Mason, WOU, 118-9; 16. Erik Kjall, CCS, 113-11; 17. Justin Buckner, LIN, 113-9; 18. Sam Vandagriff, UNAT, 110-6; 19. Jason Caponette, LIN, 106-5; 20. Ty Taylor, GFU, 106-2;

21. Dustin Ampania, Clark, 105-11; 22. Brian Hartley, EOU, 105-2; 23. Jesse Pierce, MHCC, 104-9; 24. Ryan Berry, CCS, 99-5; 25. Justin Kline, UNAT, 93-9; 26. James Stever, WOU, 90-1; 27. Jeff York, LIN, 89-8; 28. Jordon Abbott, Chem, 80-0; 29. Michael Morrison, CCS, 70-3.

**Javelin -**

Finals: 1. Charlie Beck, NIC, 201-3; 2. Joey McCain, Chem, 194-4; 3. Michael Rivers, UNAT, 191-6; 4. John Smith, BTC, 186-2; 5. Ty Taylor, GFU, 178-5.

Preliminaries: Travis Olson, UNAT, 186-5; Justin Scott, MHCC, 147-4; Jonathan Roberts, GFU, 171-11; John Sohlman, WOU, 168-11; J.P. Kloninger, LIN, 127-6; Gordon Hartung, UNAT, 155-8; Fritz Mesenbrink, LIN, 152-10; Dustin Ampania, Clark, 164-10; Jimmy Adamek, LIN, 149-3; Eric Schmitt, Chem, 134-11; Jared Tippetts, UNAT, 168-7; Tyler Cox, WOU, 174-11; Ray Lions, LIN, 160-1; Ray Henschel, Chem, 170-7; Darren Gillenwater, WOU, 153-7; Garrett Fergus, LIN, 136-6; Chris Switzer, UNAT, 152-11; Ryan Bruhn, Clark, 163-10; Brent Sagnotti, LIN, 152-3; Eric Kjall, CCS, 104-2; Ryan McCracken, Clark, 119-7; Jeremy Vogel, UNAT, 125-9; Wolfgang Rudolf, LIN, 155-5; Matt Greco, LIN, 157-8; Dustin Larson, WOU, 141-5; Brad Thompson, UNAT, 182-7; Ryan Wecker, WOU, 148-8; Sam Vandagriff, UNAT, 139-0; Josh Randolph, LCCC, 133-2; Kenyon Elliot, UNAT, 126-11; Travis Elam, Clark, 146-8; Marten Roos, Clark, 133-4.

No Mark: Jamie Jansen, UNAT; Brandon Conroy, WOU; Luke Ehlis, CCS.

**Hammer -**

Finals: 1. Todd Taylor, UNAT, 176-3; 2. Luke Franzke, WOU, 164-11; 3. Aaron Coriell, Clark, 141-3; 4. Chuck Chapin, UNAT, 161-10; 5. David Gregory, WOU, 159-5; 6. Chad Riddle, UNAT, 159-4; 7. Ben Snyder, UNAT, 149-5; 8. Sean Shull, UNAT, 141-7; 9. Joel Strunk, UNAT, 138-8.

Preliminaries: Eric Kunze, GFU, 125-8; Bryant Strot, MHCC, 116-3; Nathaniel Grandle, UNAT, 131-7; Ryan Bruhn, Clark, 136-4; Eric Schmitt, Chem, 94-0; Joe Mason, WOU, 114-3; Jeff York, LIN, 98-4; Cory Loebel, UNAT, 104-5; Ben Dittman, LIN, 116-0; Jason Calapp, CCS, 121-7; Jake Nickerson, UNAT, 125-10; Jason Caponette, LIN, 121-5; Jesse Pierce, MHCC, 100-7.

NM: Cimeron Kormendi, Chem.

**High Jump -**

Finals: 1. Mike Bonadurer, Clark, 6-8; 2. Travis Olson, UNAT, 6-6; 3. David Lemen, Clark, 6-4; 4. Ryan Berry, CCS, 6-2; 5. Brandon Neff, NIC, 6-0; (tie) Fritz Mesenbrink, LIN, 6-0; (tie) Pat Ferguson, WOU, 6-0; 8. Travis Elam, Clark, 6-0; 9. Marten Roos, Clark, 6-0.

Preliminaries: Mike Jaqua, UNAT, 5-6; M.J. Canaday, Chem, 5-8; Robert Riley, LCCC, 5-6.

No Mark: Jerrad Ely, CCS; Peter Rockerfeller, CCS; Jerome Powell, WOU.



**Long Jump -**

1. Cory Wells, MHCC, 22-0 1/2; 2. Eric Konzelman, LBCC, 21-11 1/4; 3. Ryan Wecker, WOU, 21-9; 4. Wiley King Jr., MS, 21-8 1/2; 5. Jeremy Vogel, UNAT, 21-6 1/4; 6. Jamie Jansen, UNAT, 21-3 1/4; 7. John Nosler, LIN, 21-2 1/2; 8. Nate Anderson, MHCC, 20-9 1/2; 9. Ray Lions, LIN, 20-7; 10. Brian Kruse, WOU, 20-1 3/4;

11. Marten Roos, Clark, 20-1 1/4; 12. Joe Woodland, EOU, 19-10; 13. Ryan Boatsman, LIN, 19-9 3/4; 14. Aron Steinke, Clark, 19-0 3/4; 15. Tony Valdez, UNAT, 18-8 1/2; (tie) James Stever, WOU, 18-8 1/2; 17. Daniel Straw, WOU, 18-8; 18. Jason Jurick, Clack, 18-6 3/4; 19. Linn Syravong, UNAT, 18-5 1/4; 20. Josh Pearson, EOU, 17-11 1/2;

21. R.J. Mohoric, LCCC, 17-10 1/4; 22. Ryan McCracken, Clark, 17-8; 23. Ty Volle, EOU, 17-7 1/2; 24. Shane Therrian, NIC, 17-5; 25. Ty Taylor, GFU, 15-7 1/2; 26. Brandon Conroy, WOU, 15-7 1/4; 27. Brandon Neff, NIC, NM; 28. Dustin Larson, WOU, 18-4 1/2; 29. DNP: Jake Keinholz, LIN, NM.

**Triple Jump -**

1. Kawan Martin, UNAT, 47-1; 2. Tyrone Wilson, MHCC, 45-11 1/2; 3. Travis Elam, Clark, 43-5 1/4; 4. Thomas Porter, Clack, 42-5; 5. Aron Steinke, Clark, 41-4 1/2; 6. Jeff Schindler, Clack, 40-1 1/2; 7. Joe Woodland, EOU, 39-10 3/4; 8. Daniel Straw, WOU, 38-9 1/2.

No Mark: Ryan Boatsman, LIN.

**Pole Vault -**

1. Brent Sagnotti, LIN, 16-0; 2. Curtis Heywood, UNAT, 16-0; 3. Matt Colyar, CCS, 14-6; 4. Greg Jordan, UNAT, 14-0; 5. Jim Chroninger, UNAT, 14-0; 6. Joe Getchius, NIC, 14-0; 7. Josh Cummings, Clack, 13-6.

NH: Paul Lapke, EOU; Josef Pfister, UNAT; Jon Stroschine, WOU; David Cross, UNAT; Aaron Routon, GFU; Ben White, MHCC; Chris Cockrell, NIC; John Stypa, NIC; Matt Muravez, Clack; Tyler Eikenberry, UNAT; Duston Sackett, PAC; Peter Boyle, PAC; Michael Ellingson, Chem; Richard Olsen, UNAT.

**4 X 100 Relay -**

Heat 1: 1. WOU A, 41.87; 2. WOU B, 42.94; 3. MHCC A, 42.97; 4. CCS, 44.11; 5. MHCC B, 44.24; 6. MTC, 44.91; DQ, Clack.

Heat 2: 1. MHCC C, 44.84; 2. UNAT, 44.88; 3. Clark, 45.38; 4. EOU, 45.68; 5. GFU, 45.71; 6. LIN, 45.88, DQ, Chem.

**4 X 400 Relay -**

Heat 1: 1. WOU A, 3:18.65; 2. WOU B, 3:22.95; 3. GFU A, 3:23.65; 4. CCS A, 3:24.25; 5. MHCC A, 3:26.25; 6. Clark A, 3:38.64.

Heat 2: 1. WOU C 3:28.35; 2. CCS B, 3:29.38; 3. LIN, 3:31.92; 4. WOU D, 3:32.69; 5. MHCC B, 3:33.42; 6. MHCC C 3:37.96; 7. CCS C 3:38.69.

Heat 3: 1. EOU, 3:34.84; 2. WOU E, 3:42.28; 3. NIC, 3:42.55; 4. GFU B, 3:44.55; WC, 3:46.65; 6. Clark B, 3:48.95.

## WOMEN

## 100 -

Heat 1: 1. Hilary Holly, UO, 12.64; 2. Heather Murtaugh, UO, 12.65; 3. Debra Jones, MS, 12.94; 4. Alexis Yeater, UO, 13.17; 5. Stacey Fitzgerald, MHCC, 13.44; 6. Rachel Austin, Clack, DQ.

Heat 2: 1. Daisy Pressley, CHEM, 13.17; 2. Teresa Soles, WOU, 13.34; 3. Amber Peck, MHCC, 13.47; (tie) Kiana Womack, WOU, 13.47; 5. Lisa Cortez, WOU, 13.54; 6. Dasha Wakefield, Clack, 13.71; 7. Jackie Bashaw, Chem, 13.91.

Heat 3: 1. Jennifer Swanstrom, NIC, 13.49; 2. Rochelle Diggins, Clark, 13.79; 3. Teresa Garner, Clark, 13.96; 4. Tenile McAlister, MHCC, 14.02; 5. Jaimee Brown, MHCC, 14.09; 6. Renee Smith, MHCC, 14.62.

Heat 4: 1. Cassie Moorhouse, Clack, 13.76; 2. Jennifer Jacobson, PAC, 13.86; 3. Rebecca Lucas, PAC, 14.16; 4. Heather Hunt, GFU, 14.30; 5. Sarah Powell, GFU, 14.53; 6. Ana Brooks, LCCC, 14.73.

## 200 -

Heat 1: 1. Melody Sherman, LIN, 26.04; 2. Debra Jones, MS, NT; 3. Rachel Johson, CCS, 26.54; 4. Annie Pogue, UO, 27.34; 5. Erica Kelly, UO, 27.44; 6. Kiana Womack, WOU, 28.04.

Heat 2: 1. Daisy Pressley, CHEM, 26.91; 2. Jennifer Swanstrom, NIC, 27.27; 3. Kabbiba Wincher, MHCC, 27.57; 4. Rachel Austin, Clack, 27.64; 5. Cassie Moorhouse, Clack, 28.24; 6. Brooke Alexander, EOU, 28.27.

Heat 3: 1. Bernice Penn, UNAT, 27.40; 2. Jennifer Jacobson, PAC, 28.74; 3. Becky Holliday, UNAT, 28.80; 4. Tiffany Prinslow, CHEM, 28.90; 5. Kara Bentley, CAS, 28.97; Rebecca Lucas, PAC, 29.04; 7. Michaela Ryder, PAC, 29.60; 8. Jazzmin Reece, Clack, 29.61.

## 400 -

Heat 1: 1. Endia Abrante, UO, 58.26; 2. Melody Sherman, LIN, 59.26; 3. Alisa Worley, WOU, 1:01.30; 4. Allison Brown, UO, 1:03.67; 5. Kara Bentley, CAS, 1:06.34.

Heat 2: 1. Brooke Alexander, EOU, 1:01.30; 2. Renee Eder, CHEM, 1:02.14; 3. Kara Cozby, WOU, 1:04.27; 4. Amy Brima, MS, 1:04.41; 5. Rachel Pitchlynn, Clark, 1:05.77; 6. Lisa Taylor, LIN, 1:06.21.

## 800 -

Heat 1: 1. Alicia Carlson, UO, 2:20.40; 2. Taylor Stevenson, UO, 2:23.72; 3. Jamie McElwain, GFU, 2:24.18; 4. Celina Ingalls, CCS, 2:24.28; 5. Ember Brosius, GFU, 2:25.39; 6. Eryn Fordney, UO, 2:25.75; 7. Kendel White, UNAT, 2:26.69.

Heat 2: 1. Lindsay Roberson, Clark, 2:29.40; 2. Camille Van Hooser, GFU, 2:31.39; 3. Jill Heinz, EOU, 2:33.09; 4. Sarah Meyer, NIC, 2:34.79; 5. Ellie Enos, WOU, 2:34.96; 6. Ashley Wisheart, NIC, 2:37.99; 7. Carri Jones, EOU, 2:45.94.

## 1,500 -

1. Nattalie Wright, UO, 4:47.31; 2. Ember Brosius, GFU, 4:51.84; 3. Kendel White, Clack, 4:55.25; 4. Amanda Sherland, UO, 5:00.29; 5. Ellie Enos, WOU, 5:04.09; 6. Paula Montoya, EOU, 5:14.63; 7. Amy King, UNAT, 5:15.10; 8. Jill Heinz, EOU, 5:16.90; 9. Andrea Galluzzo, OSU, 5:17.00; 10. Christina Scriven, UNAT, 5:18.64;

11. Carrie Lacey-Krietz, UNAT, 5:19.64; 12. Ashley Wisheart, NIC, 5:25.28; 13. Ariel Andrews, UNAT, 5:28.68; 14. Carri Jones, EOU, 5:36.02; 15. Michelle Parker, NIC, 5:36.59; 16. Tiffany Windor, Clack, 5:40.73; 17. Kate Stockert, UNAT, 5:51.20.

**3,000 -**

1. Sarah Raitter, UNAT, 10:21.42; 2. Wendy Bruneau, WS, 10:23.52; 3. Rebecca Moore, OSU, 10:34.76; 4. Ann Patten, UNAT, 10:46.31; 5. Jennie Wood, WC, 10:58.99; 6. Erin Gray, TCTC, 11:05.43; 7. Amelia Kinney, WOU, 11:08.73; 8. Katlin Lafferty, EOU, 11:10.10; 9. Emily Herndon, UNAT, 11:13.10; 10. Elisa Bobnes, WC, 10:13.90

11. Mandy Bates, Clack, 11:14.47; 12. Deearn Dougherty, UNAT, 11:14.67; 13. Debbie McClanahan, UNAT, 11:21.04; 14. Stacy St. John, WC, 11:32.84; 15. Tyana Morales, Clack, 11:41.74; 16. Sarah Block, Clack, 11:43.24; 17. Kelsey Jones, EOU, 11:43.54; 18. Jessika Sill, CCS, 11:47.14; 19. Robin Vesey, UNAT, 11:47.04; 20. Amy Conant, EOU, 11:48.44; 21. Brooke Ralston, Clark, 12:01.64; 22. Michelle Parker, NIC, 12:19.34; 23. Rosana Ramirez, MHCC, 12:21.54; 24. Mary Beth New, Clark, 12:23.84; 25. Cristy Campbell, UNAT, 12:26.34; 26. Michelle McNulty, NIC, 12:39.44; 27. Michelle Peck, Clark, 13:18.54; 28. Amander Wager, Clark, 14:09.74

**3,000 Steeplechase**

① Tori Taylor, GFU, 11:51.20; 2. Wendy Bruneau, WS, 12:05.5; 3. Crystal Glenn, Clark, 12:19.1; 4. Lynn Gurney, WOU, 13:06.5.

**10,000 -**

1. Jennifer Rea, UNAT, 38:29.0; 2. Kim Ball, PAC, 38:39.0; 3. Lisa Dick, EOU, 39:45.0; 4. Kari Newby, LIN, 40:57.0; 5. Janel Falk, NIC, 41:35.0; 6. Jenni Hardie, Clack, 43:04.0; 7. Lotus Hartley, LIN, 43:18.0; 8. Kelly Bean, NIC, 44:28.0; 9. Destry Nelson, Clark, 46:23.0; ⑩ Rosie Ofstie, UNAT, 47:26.0;

11. Susan Holland, NIC, 47:58.0.

**100 Hurdles -**

Heat 1: 1. Chris Jansen, WOU, 15.58; 2. Katie McArthur, LIN, 16.31; ③ Karrie Nelson, GFU, 16.58; 4. Tiffany Prinslow, CHEM, 16.82; 5. Katherine L. Cook, WOU, 16.95; 6. Mandy Sitz, LIN, 17.08; 7. Carrie Hoburg, CCS, 17.48.

Heat 2: 1. Amy Henderson, NIC, 17.40; 2. Kati Knutson, NIC, 17.47; 3. Shannan Bartlett, CHEM, 18.10; 4. Jenifer Schwab, LBCC, 18.44; 5. Carrie Wales, WOU, 18.74; 6. Carly Shuman, CCS, 18.90; 7. Julie Lia Bratten, EOU, 19.44.

**400 Hurdles -**

Heat 1: 1. Amber Larsen, LIN, 1:04.96; ② Megan Heuberger, GFU, 1:07.90; ③ Karrie Nelson, GFU, 1:09.94; 4. Carly Shuman, CCS, 1:13.61.

Heat 2: 1. Kati Knutson, NIC, 1:09.21; 2. Amanda Razey, CHEM, 1:12.25; 3. Heather Creech, WOU, 1:12.82; 4. Amy Henderson, NIC, 1:16.25; 5. Trina Resari, WC, 1:19.39.

**Shot Put -**

1. Mary Etter, UO, 47-7; 2. Nola Watts, UNAT, 40-9 1/2; 3. Rachelle Schultz, CCS, 38-0 1/2; 4. Dorthy Kerr, WOU, 37-8; 5. Holly Conrad, WOU, 37-6; 6. Lorna Defreest, UNAT, 37-3; 7. Rachel Haataja, LCCC, 37-2 1/2; 8. Krystal Schneider, 36-9; 9. Lindsay Horton, UNAT, 36-4 1/2.

**Discus -**

Finalists: 1. Mary Etter, UO, 159-5; 2. Jordan McDaniels, UO, 132-10; 3. Dorothy Kerr, WOU, 132-3; 4. Mari Ruiz, WC, 129-10; 5. Krystal Schneider, Clack, 119-3; 6. Criss Collier, EOU, 116-4; 7. Lindsay Holbrook, LIN, 116-0; 8. Rachel Haataja, LCCC, 113-9; 9. Danielle Better, Clark, 112-10.

Preliminaries: Kelly Webb, Clark, 99-7; Ruth Ann Heim, PAC, 107-3; Kathleen Hewitt, WOU, 97-6; Paige Lewis, GFU, 96-3; Kara Blagg, EOU, 94-7; Amber Pantages, CCS, 91-5; Kristie Bell, UNAT, 69-4; Kim Takeuchi, NIC, 97-2; Jaimi Lambert, CCS, 101-9; Stephanie Robertson, Clack, 74-6; Ann Kaltwasser, PAC, 93-10; Sarah Cotton, PAC, 94-4; Angela Rosario, PAC, 85-4; Erin Tannock, LIN, 71-9; Katie Dye, CCS, 105-10; Caitlyn Firth, UNAT, 107-9; Heidi Fuhrmann, PAC, 105-3; Lindsay Horton, UO, 102-7.

**Javelin -**

Finalists: 1. Cheryl Weingaiten, UO, 142-2; 2. Wendy Olson, UO, 136-0; 3. Jennifer Gardener, UNAT, 135-6; 4. Sara Dingmore, UO, 128-7; 5. Julie De Marni, NIC, 123-6; 6. Kellie Kathman, WOU, 119-9; 7. Kathleen Bigelow, MHCC, 112-7; 8. Gail Wootan, PAC, 112-3; 9. Holly Conrad, WOU, 107-11

Preliminaries: Heather Revis, CHEM, 93-3; Chris Shively, CCS, 100-9; Kellie Kathman, WOU, 119-9; Jennifer Cregg, LIN, 96-0; Ann Kaaltwasser, PAC, 106-3; Kristyn Kholer, LBCC, 103-1; Pamela Longman, GFU, 72-6; Hayley Ronningen, PAC, 100-8; Jessica Fuqua, NIC, 97-0; Karina Elstrom, UO, 63-3; Tiffany Prinslow, CHEM, 76-7; Michaela Ryder, PAC, 53-2

NM: Kristen Merrill, PAC.

**Pole Vault -**

1. Karina Elstrom, UO, 12-0; 2. Becky Holliday, UNAT, 10-6; 3. Dasha Wakefield, Clack, 10-0; 4. Heather Hunt, GFU, 10-0; 5. Tara Haga, WOU, 9-6; 6. Amy Mortensen, CCS, 9-6; 7. Helena Telfer, GFU, 8-6; 8. Katie Henes, WOU, 8-0; 9. Renee Smith, MHCC, 8-0; 10. Samantha Neal, CCS, 8-0;

11. Kathleen Bigelow, MHCC, 7-6; 12. Jaimi Lambert, CCS, 7-6; 13. Katie Dobek, LBCC, 7-6; 14. Katey Pohlschneider, WOU, NH; Holly Speight, UO, NH.

**Hammer**

Finalists: 1. Jordan McDaniels, UO, 157-0; 2. Heather Carpenter, LBCC, 156-6; 3. Leah Merrell, EOU, 155-9; 4. Mary Etter, UNAT, 149-7; 5. Heather Hill, UO, 153-3; 6. Lindsay Holbrook, LIN, 149-9; 7. Candace Ekhoft, WOU, 148-8; 8. Kate Jackson, WOU, 147-9; 9.

Preliminaries: Rachelle Schultz, CCS, 117-0; Heidi Fuhrmann, PU, 126-6; Lorna Defreest, UNAT, 143-3; Amanda Evey, WOU, 123-6; Criss Collier, EOU, 122-11; Anati Neiffer, WOU, 96-10; Kelly Webb, Clark, 103-8; Katelin Firth, UNAT, 104-0; Katie Dye, CCS, 88-8; Danielle Better, Clark, 121-0; Janice Hallyburton, UNAT, 123-3; Dawn Lauzon, Clark, 118-9; Jennifer Dunkin, WOU, 96-3; Kathleen Hewitt, WOU, 95-2; Kara Blagg, EOU, 85-3; Erin Tannock, LIN, 84-11; Shalese Borden, WOU, 113-1; Amber Pantages, CCS, 109-9; Kim Takeuchi, NIC, 111-6; Jessica Fuqua, NIC, 113-4; Lindsay Brisbin, UNAT, 107-6; Heather Revis, UNAT, 89-0.

**High Jump -**

1. Amy Forbes, GFU, 5-2; 2. Bernice Penn, UNAT, 5-0; 3. Angie Powell, GFU, 5-0; 4. Laura Gibson, LIN, 5-0; 5. Shannan Bartlett, CHEM, 4-10; 6. Jenny Eggers, UO, 4-10; (tie) Jennifer Schwab, LBCC, 4-10.

### Long Jump -

1. Farrah McCubbin, WOU, 18-0 3/4; 2. Bernice Penn, UNAT, 17-9 1/4; 3. Lindsay Bull, WC, 17-3; 4. Stacey Fitzgerald, MHCC, 17-0; 5. Mandy Sitz, LIN, 16-6 1/2; 6. Charlene Postlewait, WOU, 16-4 3/4; 7. Erica Kelly, UO, 16-1 1/4; 8. Tenile McAlister, MHCC, 16-1; 9. Regan Zachrichsson, MHCC, 15-11 3/4; 10. Trista Christensen, EOU, 14-11 1/2; 11. Melissa Osbourn, WOU, 14-10 3/4; 12. Michelle Magnuson, LCCC, 14-10 1/4; 13. Whitney Bond, Clack, 14-7 1/2; 14. Danielle Booth, EOU, 14-6; (tie) Carrie Wales, WOU, 14-6.

### Triple Jump -

Finalists: 1. Farrah McCubbin, UNAT, 36-2 1/2; 2. Kelsey Baron, GFU, 35-3; 3. Mandy Sitz, LIN, 34-4; 4. Rachel Johnson, CCS, 34-1; 5. Trista Christensen, EOU, 33-10 1/2; 6. Erica Kelly, OU, 33-7; 7. Michelle Magnuson, LCCC, 33-4; 8. Jocelyn Kennedy, GFU, 32-6 1/4; 9. Colleen Forbes, GFU, 32-3 1/2.

Preliminaries: Tiffany Leder, LTC, 32-0; Danielle Booth, EOU, 31-5;

### 4 X 100 Relay -

Heat 1: 1. UO, 48.37; 2. LIN, 50.04; 3. WOU, 50.67; 4. CHEM, 50.74; 5. GFU, 51.91; 6. EOU, 54.34.

Heat 2: 1. MHCC, 50.62; 2. Clark, 52.65; 3. CCS, 52.82; 4. GFU, 53.92; 5. Clack, DQ.

### 4 X 400 Relay -

Heat 1: 1. LIN, 4:04.70; 2. WOU, 4:08.67; 3. GFU, 4:13.17; 4. MHCC, 4:22.65; 5. NIC, 4:28.26

Heat 2: 1. Clark, 4:23.53; 2. EOU, 4:29.67; 3. WOU, 4:31.24; 4. WC, 4:46.96; DNF: PAC

### TEAM ABBREVIATIONS

Apex Track Club	ATC
Boxer Track Club	BTC
Bruin Track Club	BRTC
Cascade College	Cas
Chemeketa CC	Chem
Clackamas CC	Clack
Clark CC	Clark
CC of Spokane	CCS
Eastern Oregon	EOU
George Fox	GFU
Leder Track Club	LTC
Linfield College	LIN
Linn-Benton CC	LBCC
Lower Columbia CC	LCCC
McKenzie Striders	MS
Mt. Hood CC	MHCC
North Idaho College	NIC
Oregon International	OI
Oregon State	OSU
Oregon	UO
Pacific	PAC
Unattached	UNAT
Western Oregon	WOU
Whitman	WC
Willamette Striders	WS
3,000 Steeplechase Club	3KS
10,000 Track Club	10K





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# NORTHWEST CONFERENCE RELAYS

at George Fox University

Saturday, Feb. 26, 2000

RECORDS

## MEN

### 4 x 100 (Whitworth, 43.43, 1999)

1. Whitworth "A," 42.81 #
2. PLU, 43.82
3. GFU, 45.03
4. Linfield, 45.37
5. Whitworth "B," 46.02
6. Pacific, 46.16
7. L&C, 46.48
8. UPS, 46.60

### 4 x 400 (GFU, 3:22.44, 1999)

1. Whitworth "A," 3:24.11
2. GFU "A," 3:24.86
3. UPS "A," 3:30.32
4. PLU "A," 3:31.05
5. PLU "B," 3:34.22
6. Whitworth "B," 3:35.06
7. Linfield, 3:35.96
8. Whitworth "C," 3:42.83
9. L&C, 3:42.91
10. Pacific "A," 3:43.0
11. UPS "B," 4:00.61
12. Pacific "B," 4:05.90

### 4 x 1600 (Willamette, 18:07.64, 1999)

1. UPS "A," 18:22.62
2. PLU, 18:54.05
3. GFU, 19:06.86
4. Whitworth "A," 19:20.11
5. UPS "B," 19:43.93
6. Whitworth "B," 20:05.25

### SMR (2-2-4-800) (GFU, 3:34.31, 1999)

1. Whitworth, 3:36.54
2. UPS "A," 3:45.65
3. PLU, 3:48.35
4. GFU, 3:50.44
5. L&C, 3:51.82
6. Pacific, 3:55.54
7. UPS "B," 4:18.20

### DMR (1200-400-800-1600) (GFU, 10:28.1 ht, 1999)

1. UPS "A," 10:22.89 #  
Reagan Grabner  
Joel Baldwin  
Robert Graham  
Dave Davis
2. PLU, 10:23.79
3. GFU, 10:31.23
4. Linfield, 10:38.20
5. UPS "B," 10:55.35
6. Whitworth "A," 11:02.61
7. Whitworth "B," 11:29.25

### CO-ED 4 X 200 (GFU, 1:39.28, 1999)

1. Whitworth "A," 1:40.47
2. GFU "A," 1:40.49
3. PLU, 1:42.32
4. GFU "B," 1:46.86
5. Pacific, 1:47.01
6. Whitworth "B," 1:50.42

### 110 H (TEAM-PLU, 31.14; IND-Ennis, PLU, 15.52, 1999)

#### Teams

1. Whitworth, 31.62
2. PLU, 32.08
3. Linfield, 32.24

#### Individual

1. Navin Fernandes, Whitworth, 15.27 #
2. Shipley Ennis, PLU, 15.84
3. Randy Rider, Linfield, 15.92
4. Chris Bertholf, PLU, 16.24
5. Fritz Mesenbrink, Linfield, 16.32
6. Spencer Stiglets, Whitworth, 16.35
7. Garry Terranova, Pacific, 16.82
8. Carl Strong, PLU, 17.03

## WOMEN

### 4 x 100 (PLU, 48.52, 1999)

1. PLU (Eli, Willmovsky, Friedrich, Axley), 50.82
2. L & C 51.28
3. Linfield 51.50
4. GFU "A" 52.89
5. Whitworth 52.89
6. GFU "B" 53.75
7. Pacific 53.79
8. GFU "C" 55.01

### 4 x 400 1. PLU, 4:03.67, 1999)

1. Linfield 4:09.67
2. PLU "A" 4:11.24
3. GFU "A" 4:14.14
4. UPS 4:28.42
5. L & C 4:32.28
6. PLU "B" 4:37.12

### 4 x 1600 (UPS, 21:43.29, 1999)

1. Whitworth 23:01.7

### SMR (2-2-4-800) (PLU, 4:18.81, 1999)

1. Linfield 4:18.89
2. PLU 4:24.61
3. GFU 4:34.01

### DMR (1200-400-800-1600) (Willamette, 12:42.25, 1999)

1. UPS (Patterson, Nelson, Sotelo, Boyle), 12:39.50
2. GFU 12:55.43
3. PLU 13:08.61
4. Whitworth 13:32.30

### CO-ED 4 X 200 (GFU, 1:39.28, 1999)

1. Whitworth "A," 1:40.47
2. GFU "A," 1:40.49
3. PLU, 1:42.32
4. GFU "B," 1:46.86
5. Pacific, 1:47.01
6. Whitworth "B," 1:50.42

### 100 H (TEAM-PLU, 32.41; IND-Osborne, PLU, 15.17, 1999)

#### Team

1. Linfield, 32.27
2. PLU, 38.19

#### Individual

1. Katie McArthur, Linfield, 15.87
2. Kristie Brooks, Una, 15.93
3. Mandy Sitz, Linfield, 16.40
4. Emily Elasky, UPS, 17.77
5. Anna Goodsell, Linfield, 18.47
6. Lacy Helm, PLU, 19.72

### 3000M RUN (new event)

#### Team

1. Whitworth, 22:44.7 #
2. Linfield, 23:16.2
3. GFU, 23:33.4
4. L & C, 23:53.3

#### Individual

1. Tori Taylor, GFU, 10:59.3 #
2. Katie Schlotfeldt, Whitworth, 11:08.8
3. Kari Newby, Linfield, 11:29.1
4. Lisa Lindsay, PLU, 11:29.6
5. Elizabeth Bailey, Whitworth, 11:35.9
6. Andrea Prebys, Linfield, 11:47.1
7. Talia Epstein, L & C, 11:48.4
8. Kristin Crandall, L & C, 12:05.2
9. Rosie Ofstie, GFU, 12:34.1
10. Julie Meyer, UPS, 13:11.9

### HJ (TEAM-Whitworth, 8-08.25, IND-Dillon, UPS, 5-03, 1999)

#### Team



# NORTHWEST CONFERENCE RELAYS

## at George Fox University

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Saturday, Feb. 26, 2000

RECORDS

### MEN

9. Ben Bunfill, Whitworth, 17.42
10. Matt Kaemington, Whitworth, 17.68
11. Martin Cochran, UPS, 17.81
12. Ray Lions, ?, 19.08

### 3000M RUN (new event)

#### Team

1. L&C, 18:16.62 #
2. Whitworth, 18:33.2
3. GFU, 18:36.02
4. UPS, 19:09.1
5. Pacific, 19:28.2

#### Individual

1. Neil Weare, L&C, 8:58.4
2. John Mantalas, GFU, 9:08.2
3. Josh Sherven, Whitworth, 9:12.5
4. Brian Mulry, UPS, 9:15.9
5. Anthony Young, L&C, 9:18.22
6. Andrew Ault, L&C, 9:18.5
7. Peter Metcalf, Whitworth, 9:21.7
8. Brian Schoeneman, Linfield, 9:27.4
9. Derek Oldham, L&C, 9:27.7
10. Forrest Towne, GFU, 9:28.0
11. Scott Oswald, GFU, 9:29.2
12. Justin Davis, Whitworth, 9:34.9
13. Russ Gotchell, Pacific, 9:37.7
14. Scott Ball, Unattached, 9:42.7
15. Darren Bowe, Pacific, 9:50.5
16. Carl Hoogersteger, Pacific, 9:52.4
17. Jared Larson, UPS, 9:53.2
18. Mike Wenner, PLU, 9:57.0
19. Nathan Paisley, GFU, 10:13.0

### VAULT (TEAM-GFU, 25-00; IND--Parker, GFU, 13-00, 1999)

#### Team

1. GFU, 22'

#### Individual

1. Brent Sagnotti, Linfield, 14' #
  2. Jason Mauch, PLU, 13' 6"
  3. Keith Christiansen, GFU, 11'
  4. Aaron Routon, GFU, 11'
  5. Dan Gargas, UPS, 11' \*
- Peter Boyle, Pacific, --  
Dusten Sackett, Pacific, --  
Aaron Baldwin, Whitworth, --  
Jesse Thomas, PLU, --

### LJ (TEAM-Whitworth, 41-07.25; IND--Omo, Ww, 22-03.75, 1999)

#### Team

1. Whitworth, 38' 7.5"
  2. Linfield, 21' 0.5"
- #### Individual
1. Ray Lions, Linfield, 21' 0.5"
  2. Martin Cochran, UPS, 19' 6"
  3. Kei Omo, Whitworth, 19' 5"
  4. Aaron Baldwin, Whitworth, 19' 2.5"
  5. Quante Anderson, Whitworth, 16' 1"
- Ryan Boatsman, PLU, --

### TJ (TEAM-Whitworth, 75-03.5; IND--Omo, Ww, 37-09.5, 1999)

#### Team

1. Whitworth, 81' 5" #
- #### Individual
1. Aaron Baldwin, Whitworth, 41' 3" #
  2. Quante Anderson, Whitworth, 40' 2"
  3. Kei Omo, Whitworth, 39' 9.5"
  4. Martin Cochran, UPS, 38' 9"

### HJ (TEAM-L&C, 11-05.75, IND--Gibbs, Lewis & Clark, 5-10.75, 1999)

#### Team

1. L&C, 11' 11" #
  2. GFU, 10' 9"
- #### Individual
1. Travis Olson, Unattached, 6' 6" #
  2. Reid Schooler, L&C, 6' 3"
  3. Fritz Mesenbrink, Linfield, 6'

### WOMEN

### VAULT (TEAM-UPS, 17-07 IND-- Wells, UPS, 10-01, 1999)

#### Team

1. GFU, 18'8" #

#### Individual

1. Kristin Russell, Linfield, 11'4" #
2. Heather Hunt, GFU, 10'8"
3. Helena Tefler, GFU, 8'0"
4. Erica Moen, Whitworth, 7'8"
5. Kelly Wright, PLU, 7'8"

### LJ (TEAM-PLU, 32-03; IND--Osborne, PLU, 17-05.25 1999)

#### Team

1. GFU, 30' 9" 3/4
2. Whitworth, 27' 11"
3. PLU, 26' 2" 3/4

#### Individual

1. Kristie Brooks, Una, 17' 3" 1/2
2. Mandy Sitz, Linfield, 15' 8" 1/2
3. Kelsey Baron, GFU, 15' 6" 1/2
4. Heidi Smith, GFU, 15' 2" 1/2
5. Jocelyn Kennedy, GFU, 14' 10" 1/2
6. Erin Haney, UPS, 14' 7"
7. Laura Cobb, PLU, 14' 3" 1/2
8. Abby Jo Homstein, Whitworth, 14' 3"
9. Caroline Devries, Whitworth, 13' 8"
10. Nicola Murphy, GFU, 12' 7" 1/2
11. Julie Miller, PLU, 11' 11" 1/2

### TJ (TEAM-UPS, 68-05; IND--Wells, UPS, 34-05.75, 1999)

#### Team

1. PLU, 57' 2" 1/2

#### Individual

1. Christina Donehower, L & C, 34' 3" 1/2
2. Erin Haney, UPS, 30' 11"
3. Laura Cobb, PLU, 30' 2"
4. Nikki Sharp, PLU, 27' 1/2"

### HJ (TEAM-Whitworth, 8-08.25, IND--Dillon, UPS, 5-03, 1999)

#### Team

1. GFU, 9' 10"

#### Individual

1. Sarah Dillon, UPS, 5'0"
- Angie Powell, GFU, 5'0"
3. Kristie Brooks, PLU, 4' 10"
4. Amy Forbes, GFU, 4' 10"
5. Lori Rolf, PLU, 4' 8"
6. Erica Moen, Whitworth, 4' 8"
7. Michelle Ryder, Pacific, 4' 6"

### SHOT (TEAM-Whitworth, 66-01.75; IND--Stevens, GFU, Seelye, PLU and Gallagher, Ww, 33-08 '99)

#### Team

1. Pacific, 66' 6" 3/4
  2. GFU, 64' 7" 1/4
  3. Whitworth, 62' 1" 1/4
  4. Willamette, 54' 5" 1/4
- #### Individual
1. Nichole Marich, Whitworth, 34' 4" 1/4
  2. Sarah Cotton, Pacific, 34' 1" 1/2
  3. Pam Longman, GFU, 32' 7" 3/4
  4. Lauri Duensing, Pacific, 32' 5" 1/4
  5. J.J. Hurley, Willamette, 32' 0" 1/4
  6. Lace Smith, UPS, 32' 0"
  7. Erin Simon, GFU, 31' 11" 1/2
  8. Jessica Nies, GFU, 31' 2"
  9. Tina Lohse, PLU, 30' 5" 1/4
  10. Kirtye Lohof, L & C, 28' 11" 3/4
  11. Abby Jo Homstein, Whitworth, 27' 9"
  12. Paige Lewis, GFU, 26' 8" 1/4
  13. Laura Leineweber, Willamette, 22' 4" 3/4

### DISCUS (TEAM-Pacific, 211-08; IND--Stevens, GFU, 118-02, 1999)

#### Team

1. Whitworth, 206' 4"
2. Pacific, 196'



# NORTHWEST CONFERENCE RELAYS

at George Fox University

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RECORDS

## MEN

4. Scott Greene, GFU, 5' 9" \*
5. Gary Terranova, Pacific, 5' 9"
6. Loran Joseph, L&C, 5' 9"
7. Ty Taylor, GFU, 5'

### SHOT (TEAM--Whitworth, 87-03; IND--Jacobson, PLU, 48-07.25, '99)

#### Team

1. Linfield, 83' 7.75"
2. GFU, 82' 0.25"
3. Whitworth, 80' 9.5"
4. L&C, 74' 4"

#### Individual

1. Joel Strunk, GFU, 44' 9.5"
2. Jeff York, Linfield, 43' 8.5"
3. Takashi Atkins, Whitworth, 43' 3"
4. Dan Reichenbach, L&C, 41' 3"
5. Travis Olson, Unattached, 40' 8.5"
6. Jason Caponette, Linfield, 39' 11.25"
7. Ben Dittman, Linfield, 38' 2.25"
8. Justin Buckner, Linfield, 37' 7.5"
9. Jon Abbey, Whitworth, 37' 6.5"
10. Ty Taylor, GFU, 37' 2.75"
11. Eric Chaput, UPS, 33' 9.75"
12. Luke Speckman, L&C, 33' 1"
13. David Kilian, GFU, 28' 8.5"
14. Ken Kozuma, Pacific, 26' 11.5"

### DISCUS (TEAM--PLU, 284-09; IND--Jacobson, PLU, 160-05, 1999)

#### Team

1. Linfield, 205' 9"
2. L&C, 194' 10"

#### Individual

1. Ryan Dirks, PLU, 138' 1"
2. Jon Abbey, Whitworth, 124' 1"
3. Dan Reichenbach, L&C, 111' 10"
4. Jason Caponette, Linfield, 104' 2"
5. Justin Buckmon, Linfield, 101' 7"
6. Luke Speckman, L&C, 83'
7. Jeff York, Linfield, 82' 9"

### JAVELIN (TEAM--PLU, 394-03; IND--Logue, PLU, 197-06, 1999)

#### Team

1. Linfield, 319'
2. PLU, 301' 5"
3. Whitworth, 231' 1"
4. UPS, 202' 7"

#### Individual

1. Travis Olson, Unattached, 182' 2"
2. Matt Greco, Linfield, 163'
3. Aaron Thorton, ?, 159' 7"
4. Ray Lions, Linfield, 156'
5. Marcus Rismiller, PLU, 153' 9"
6. Gary Terranova, Pacific, 151' 8"
7. Jon Catandella, PLU, 147' 8"
8. Walt Rudolph, Linfield, 146' 6"
9. Jimmy Adamek, Linfield, 141' 8"
10. Billy Alexander, L&C, 135' 2"
11. Matt Kaemingk, Whitworth, 126' 5"
12. Garrett Fergus, Linfield, 113' 5"
13. Elliott Edwards, Whitworth, 104' 8"
14. Sean Jonick, UPS, 101' 8"
15. Eric Chaput, UPS, 100' 11"

### HAMMER (TEAM--PLU, 297-11; IND--Jacobson, PLU, 170-04, 1999)

#### Team

1. Whitworth, 268' 11"
2. GFU, 259'
3. L&C, 253' 5"
4. Linfield, 236' 7"

#### Individual

1. Ryan Dirks, PLU, 175'
2. Dan Reichenbach, L&C, 145' 11"
3. Takashi Atkins, Whitworth, 138' 10"
4. Joel Strunk, GFU, 132"
5. Jon Abbey, Whitworth, 130' 1"
6. Eric Kunze, GFU, 127'

## WOMEN

3. GFU, 179' 2"
  4. UPS, 174' 11"
- #### Individual
1. Elysia Hanna, Whitworth, 112' 3"
  2. Lindsay Holbrook, Linfield, 110' 4"
  3. Sara Cotton, Pacific, 99' 2"
  4. Ruth Ann Heim, Pacific, 96' 10"
  5. Marika Henderson, UPS, 94' 8"
  6. Nichole Marich, Whitworth, 94' 1"
  7. Heidi Fuhrmann, Pacific, 93' 8"
  8. Ann Kaltwasser, Pacific, 93' 4"
  9. Paige Lewis, GFU, 90' 7"
  10. Pam Longman, GFU, 88' 7"
  11. Lauri Duensing, Pacific, 88' 1"
  12. Kristen Emura, UPS, 80' 3"

### JAVELIN (TEAM--Pacific, 335-03; IND--Kaltwasser, PU, 120-09, 1999)

1. Whitworth, 209' 10"
2. UPS, 201'

3. GFU, 192' 10"

4. Pacific, 208'

5. Willamette, 153' 6"

#### Individual

1. Danielle Swift, Whitworth, 130' 4"
2. Anne Crace, UPS, 114' 8"
3. Nikki Thompson, L & C, 110' 6"
4. Lori Miller, GFU, 110' 5"
5. Rochelle Weens, PLU, 107' 1"
6. Ann Kaltwasser, Pacific, 106' 5"
7. Gail Wooten, Pacific, 101' 7"
8. Kristie Brooks, Una, 100' 4"
9. Jennifer Cregg, 95' 6"
10. Hayley Ronningen, Pacific, 89' 3"
11. Sarah Gross, UPS, 86' 4"
12. Pam Longman, GFU, 82' 5"
13. J.J. Hurley, Willamette, 81' 9"
14. Abby Jo Hornstein, Whitworth, 79' 6"
15. Laura Leinweber, Willamette, 71' 9"
16. Kristen Merrill, Pacific, 64' 7"
17. Kirtiye Lohof, L & C, 63' 2"
18. Michaela Ryder, Pacific, 47' 6"

### HAMMER (TEAM--PLU, 292-04; IND--Seelye, PLU, 148-05, 1999)

#### Team

1. PLU, 235' 11"
2. Whitworth 234' 6"
3. UPS 179' 5"

#### Individual

1. Lindsay Holbrook, Linfield, 139' 10"
2. Heidi Fuhrmann, Pacific, 128'
3. Stacey Neils, PLU, 123' 6"
4. Elysia Hanna, Whitworth, 121' 7"
5. Nichole Marich, Whitworth, 112' 11"
6. Caryn Flint, PLU, 112' 5"
7. Tina Lohse, PLU, 111' 3"
8. Lace Smith, UPS, 99' 3"
9. Marika Henderson, UPS, 80' 2"
10. Sarah Warnock, L & C, 77' 3"

### Throwers 4x100

1. Pacific 1:03.38





**NORTHWEST CONFERENCE RELAYS**  
**at George Fox University**

P 4

Saturday, Feb. 26, 2000

RECORDS

**MEN**

7. Jason Caponette, Linfield, 125' 7"
8. Micah Melton, UPS, 117' 1"
9. Jeff York, Linfield, 111'
10. Bobby Brown, L&C, 107' 6"
11. Ben Dittman, Linfield, 106' 5"
12. Luke Speckman, L&C, 89' 6"

**WOMEN**

**Thrower's 4x100**

1. Linfield, 49.82
2. L&C, 50.73
3. Whitworth, 53.80



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## Triple Jump

### Round 1, Flight 1

- 1 Nicole Campbell, Sr, Amherst College  
39-2 1/2 [-1.7w] (11.95m)q
- 2 LaNeatra Johnson, Fr,  
Christopher Newport 38-3 1/2 [-2.2w] (11.67m)q
- 3 Kara Hedin, Jr, St. Thomas (Minn)  
38-3 1/2 [-0.3w] (11.67m)q
- 4 Desiree Peterkin, Sr, Swarthmore College  
38-1 1/4 [-1.7w] (11.61m)q
- 5 Mary Jo Kuntz, Jr, Wisconsin La Crosse  
37-6 [-1.3w] (11.43m)
- 6 Denita Eason, Jr, Christopher Newport  
36-11 3/4 [-1.0w] (11.27m)
- 7 Tammie Beasley, So, Augustana College  
36-9 3/4 [-1.3w] (11.22m)
- 8 Stacey Hornickel, Sr,  
Wisconsin Whitewater 36-0 3/4 [-0.4w] (10.99m)
- 9 Anne Moore, Sr, California San Diego  
35-8 1/2 [-1.4w] (10.88m)
- 10 Julie Korish, So, Wisconsin Platteville  
35-7 1/4 [-1.3w] (10.85m)

### Round 1, Flight 2

- 1 Casey Taylor, Sr, Christopher Newport  
39-6 1/2 [-3.0w] (12.05m)q
- 2 Kristin Meade, Sr, Washington (Mo)  
37-11 1/4 [-0.7w] (11.56m)q
- 3 Yurissa Mitchell, Sr, Mary Washington  
37-6 1/2 [-2.1w] (11.44m)q
- 4 Jill Kincaid, So, Wisconsin Oshkosh  
37-6 1/2 [-2.0w] (11.44m)q
- 5 Lisa Zimmermann, Jr, Wisconsin Oshkosh  
37-2 1/4 [-1.5w] (11.33m)
- 6 Kim Alvis, Sr, Mary Washington  
36-3 1/2 [-0.9w] (11.06m)
- 7 Lilian Liu, Sr, California San Diego  
36-2 [-0.7w] (11.02m)
- 8 Jocelyn Kennedy, Sr,  
George Fox University 35-9 1/2 [-2.0w] (10.91m)

Shimera Daniels, So,  
Wheaton College (Ma)

ND

Final

- 1 Nicole Campbell, Sr, Amherst College  
40-2 3/4 [-0.8w] (12.26m)
- 2 Casey Taylor, Sr, Christopher Newport  
39-6 1/2 [-3.0w] (12.05m)
- 3 Yurissa Mitchell, Sr, Mary Washington  
39-3 1/4 [-2.0w] (11.97m)
- 4 LaNeatra Johnson, Fr,  
Christopher Newport 38-3 1/2 [-2.2w] (11.67m)
- 5 Kara Hedin, Jr, St. Thomas (Minn)  
38-3 1/2 [-0.3w] (11.67m)
- 6 Desiree Peterkin, Sr, Swarthmore College  
38-1 1/4 [-1.7w] (11.61m)
- 7 Kristin Meade, Sr, Washington (Mo)  
37-11 1/4 [-0.7w] (11.56m)
- 8 Jill Kincaid, So, Wisconsin Oshkosh  
37-6 1/2 [-2.0w] (11.44m)

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100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H  
4x100 | 4x400 | LJ | TJ | SP | DT | HT | JT | HJ | PV  
HEP | Top | Scores

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TEAM SCORES

Scored 10-8-6-5-4-3-2-1

3000 Meter Run, 10000 Meter Run, 4x100 Meter Relay, Long Jump, Triple Jump,  
Shot Put, Discus Throw, Javelin Throw, High Jump, Pole Vault, Heptathlon

- |     |                       |      |
|-----|-----------------------|------|
| 1   | Christopher Newport   | 42.0 |
| 2   | Wheaton College (Ma)  | 21.5 |
| 3   | Wisconsin Whitewater  | 20.0 |
| 4   | Williams College      | 19.0 |
| 5=  | Loras College         | 13.0 |
| 5=  | Rowan University      | 13.0 |
| 7=  | Carthage College      | 12.0 |
| 7=  | Middlebury College    | 12.0 |
| 9   | Wisconsin La Crosse   | 10.5 |
| 10= | Lincoln University    | 10.0 |
| 10= | Baldwin-Wallace       | 10.0 |
| 10= | Eastern Mennonite     | 10.0 |
| 10= | Calvin College        | 10.0 |
| 10= | Springfield College   | 10.0 |
| 10= | Amherst College       | 10.0 |
| 10= | University Of Chicago | 10.0 |
| 10= | Wheaton College (Il)  | 10.0 |
| 18= | St. Thomas (Minn)     | 8.5  |
| 18= | Wisconsin Oshkosh     | 8.5  |
| 18= | St. Olaf College      | 8.5  |
| 21= | California San Diego  | 8.0  |
| 21= | Roanoke College       | 8.0  |
| 21= | Central College (Ia)  | 8.0  |
| 21= | Whitworth College     | 8.0  |
| 21= | Univ Of Puget Sound   | 8.0  |
| 26  | McMurry University    | 7.0  |
| 27= | Pacific Lutheran      | 6.0  |
| 27= | Mary Washington       | 6.0  |
| 27= | Willamette University | 6.0  |
| 27= | Colby College         | 6.0  |
| 27= | Carleton College      | 6.0  |
| 27= | Hope College          | 6.0  |
| 33  | Principia College     | 5.5  |
| 34= | ClaremontMuddScripps  | 5.0  |
| 34= | Smith College         | 5.0  |

34=	Emory University	5.0
37=	Univ Of Redlands	4.5
37=	John Carroll	4.5
39=	Wartburg College	4.0
39=	Hamilton College	4.0
39=	Wisconsin Platteville	4.0
39=	Buena Vista	4.0
39=	Whitman College	4.0
44	College Of New Jersey	3.5
45=	Swarthmore College	3.0
45=	Bates College	3.0
45=	Pacific University	3.0
48=	Washington (Mo)	2.0
48=	University Of South	2.0
48=	Moravian College	2.0
48=	George Fox University	2.0
48=	Wisconsin Eau Claire	2.0
53=	Augustana College	1.0
53=	Cortland S U N Y	1.0
53=	Ithaca College	1.0
53=	Concordia (Moorhead)	1.0
53=	Ohio Northern	1.0
58	DePauw University	0.5

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## 100m High Hurdles

Round 1, Heat 1

Wind = -0.5 m/s

- |  |        |
|--|--------|
| 1 Rhondale Jones, So, Lincoln University       | 14.08Q |
| 2 Janice Brenner, Sr, Montclair State          | 14.38q |
| 3 Sara Grineski, Jr, Concordia (Moorhead)      | 14.90  |
| 4 Sharon Barnett, Sr,<br>George Fox University | 15.01  |
| 5 Crystal Bullion, Jr, Wisconsin Oshkosh       | 15.04  |
| 6 Deb Hanson, Fr, Wisconsin La Crosse          | 15.41  |
| 7 Carolyn Stuart, So, Carleton College         | 15.86  |

Round 1, Heat 2

Wind = 0.0 m/s

- |   |        |
|---|--------|
| 1 Casey Taylor, Sr, Christopher Newport         | 14.26Q |
| 2 Erica DiStefano, So,<br>College Of New Jersey | 14.64q |
| 3 Laura Janesch, Jr, Nebraska Wesleyan          | 14.82q |
| 4 Maile Barrett, Sr, Lewis & Clark College      | 14.89  |
| 5 Claudine Rigaud, Sr, Washington (Mo)          | 14.90  |
| 6 Kiara Eisner, Sr, Wisconsin La Crosse         | 14.93  |
| 7 Emily Menden, Jr, St. Thomas (Minn)           | 15.21  |

Round 1, Heat 3

Wind = -0.7 m/s

- |  |        |
|--|--------|
| 1 Tenille Johnson, Jr,<br>Wheaton College (Ma) | 14.62Q |
| 2 Chisa Perry, Jr, Lincoln University          | 14.78q |

3 Katie Bestul, Jr, St. Thomas (Minn) 14.85q  
4 Paulette Baldwin, Fr, Lehman College 14.87  
5 Kelly Tan, Sr, Carleton College 15.49  
Kendra Peters, Sr, Anderson University DNF

Final

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## 3000m Steeplechase

- 1 Abe Mendoza, Jr, Wisconsin Oshkosh  
8:55.09
- 2 Peter Morse, Sr, St. Olaf College  
9:02.26
- 3 Randy Krahulik, Sr, Nebraska Wesleyan  
9:03.27
- 4 Matt Twiest, Sr, Bates College 9:03.64
- 5 Shane Suehring, Jr, Wisconsin Stevens Pt  
9:04.03
- 6 Brandon Workman, Sr,  
George Fox University 9:05.40
- 7 Justin Easter, Fr, Bates College  
9:05.76
- 8 Ross Substad, Jr, Wisconsin La Crosse  
9:06.31
- 9 Paul Chellefold, Sr, Wisconsin Oshkosh  
9:08.17
- 10 Tim Campbell, Jr, Williams College  
9:09.60
- 11 David Patterson, Jr, Tufts University  
9:13.13
- 12 Dan Draine, Jr, St. Thomas (Minn)  
9:14.45
- 13 Jason Geipel, Sr, College Of New Jersey  
9:17.48
- 14 John Aerni, Jr, Grinnell College  
9:25.21
- 15 Pat Gaynor, So, Wisconsin Whitewater  
9:27.63
- 16 Rob Voss, Jr, Wisconsin Eau Claire  
9:33.52
- 17 J B Haglund, So, Haverford College  
9:35.03
- 18 Ryan McCumber, Sr, Wisconsin Oshkosh  
9:40.75

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#) | [STEEP](#)

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#### TEAM SCORES

Scored 10-8-6-5-4-3-2-1

10000 Meter Run, 3000m Steeplechase, Long Jump, Discus Throw, Hammer Throw,  
Pole Vault

1	Nebraska Wesleyan	23.0
2	North Central College	18.0
3=	Bates College	14.0
3=	Wheaton College (Ma)	14.0
5	McMurry University	11.0
6=	Wisconsin Oshkosh	10.0
6=	Rensselaer Poly Inst	10.0
6=	Colby College	10.0
9	Wisconsin Stevens Pt	9.0
10	Wisconsin La Crosse	8.5
11=	Millikin University	8.0
11=	Pacific Lutheran	8.0
11=	St. Olaf College	8.0
11=	California San Diego	8.0
11=	Hamline University	8.0
16=	Rose-Hulman Institute	7.0
16=	Allegheny College	7.0
18=	Saint John's (Minn)	6.0
18=	Christopher Newport	6.0
18=	John Carroll	6.0
21=	Wisconsin Stout	5.0
21=	George Fox University	5.0
23=	Mass Inst Technology	4.0
23=	Eastern Oregon	4.0
25=	Williams College	3.0
25=	Eastern Connecticut	3.0
25=	DePauw University	3.0
28=	Montclair State	2.0
28=	Wisconsin Platteville	2.0
30=	Puget Sound	1.0
30=	Lynchburg College	1.0
30=	Worcester Poly Inst	1.0
33	Illinois Wesleyan	0.5

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## Discus Throw

### Round 1, Flight 1

- |  |                 |
|--|-----------------|
| 1 Ben Nyquist, So, Hamline University          | 162-0 (49.38m)q |
| 2 Adam Moodie, So, North Central College       | 161-2 (49.12m)q |
| 3 Colin Smith, Jr, DePauw University           | 158-0 (48.16m)q |
| 4 Jon Rhiddlehoover, Jr,<br>McMurry University | 153-3 (46.72m)q |
| 5 Luke Speltz, Fr, Gustavus Adolphus           | 152-11 (46.60m) |
| 6 Bryan Mayhew, Sr, Calvin College             | 146-4 (44.60m)  |
| 7 Nick Wietor, So, Carroll College             | 144-7 (44.06m)  |
| 8 Jesse Harvey, Jr, Gustavus Adolphus          | 140-11 (42.96m) |

### Round 1, Flight 2

- |   |                  |
|---|------------------|
| 1 Josh Beaver, Jr, Nebraska Wesleyan      | 173-7 (52.92m)q  |
| 2 Chad Stein, Jr, John Carroll            | 163-11 (49.96m)q |
| 3 Ian Strauss, Sr, George Fox University  | 156-9 (47.78m)q  |
| 4 Bill Monette, Jr, Rensselaer Poly Inst  | 153-0 (46.64m)q  |
| 5 Mike Pestilli, Sr, Rensselaer Poly Inst | 150-1 (45.74m)   |
| 6 Ryan Dirks, Jr, Pacific Lutheran        | 144-11 (44.18m)  |
| 7 Jason Dennis, Sr, Illinois Wesleyan     | 129-4 (39.42m)   |
| 8 Kels Farmer, Sr, Trinity (Tex)          | 125-3 (38.18m)   |

### Final

- |  |                 |
|--|-----------------|
| 1 Josh Beaver, Jr, Nebraska Wesleyan     | 173-7 (52.92m)  |
| 2 Ben Nyquist, So, Hamline University    | 170-2 (51.88m)  |
| 3 Chad Stein, Jr, John Carroll           | 163-11 (49.96m) |
| 4 Adam Moodie, So, North Central College | 161-2 (49.12m)  |
| 5 Bill Monette, Jr, Rensselaer Poly Inst |                 |

	161-0 (49.08m)
6 Colin Smith, Jr, DePauw University	
	158-0 (48.16m)
7 Ian Strauss, Sr, George Fox University	
	156-9 (47.78m)
8 Jon Rhiddlehoover, Jr, McMurry University	
	153-3 (46.72m)

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#### TEAM SCORES

Scored 10-8-6-5-4-3-2-1

10000 Meter Run, Long Jump, Discus Throw, Hammer Throw, Pole Vault

1	North Central College	18.0
2	Nebraska Wesleyan	17.0
3	Wheaton College (Ma)	14.0
4	McMurry University	11.0
5=	Rensselaer Poly Inst	10.0
5=	Colby College	10.0
7=	Millikin University	8.0
7=	Pacific Lutheran	8.0
7=	California San Diego	8.0
7=	Hamline University	8.0
11	Wisconsin La Crosse	7.5
12=	Bates College	7.0
12=	Rose-Hulman Institute	7.0
12=	Allegheny College	7.0
15=	Saint John's (Minn)	6.0
15=	Christopher Newport	6.0
15=	John Carroll	6.0
18=	Wisconsin Stevens Pt	5.0
18=	Wisconsin Stout	5.0
20=	Mass Inst Technology	4.0
20=	Eastern Oregon	4.0
22=	Williams College	3.0
22=	Eastern Connecticut	3.0
22=	DePauw University	3.0
25=	Montclair State	2.0
25=	Wisconsin Platteville	2.0
25=	George Fox University	2.0
28=	Puget Sound	1.0
28=	Lynchburg College	1.0
28=	Worcester Poly Inst	1.0
31	Illinois Wesleyan	0.5

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## Pole Vault

1	Laura Rosenberger, Fr, Eastern Mennonite	11-11 3/4 (3.65m)
2	Amy Wells, Sr, Univ Of Puget Sound	11-5 3/4 (3.50m)
3	Marnie Holley, Sr, Principia College	11-5 3/4 (3.50m)
3	Ellen Findlay, So, Wisconsin La Crosse	11-5 3/4 (3.50m)
5	Janet Hengel, Jr, St. Olaf College	10-11 3/4 (3.35m)
5	Kerry Teamey, So, Wheaton College (Ma)	10-11 3/4 (3.35m)
7	Heather Hunt, Jr, George Fox University	10-11 3/4 (3.35m)
8	Kyna Powers, Sr, ClaremontMuddScripps	10-11 3/4 (3.35m)
9	Rachel Veltkamp, So, Calvin College	10-6 (3.20m)
9	Julianna Mittino, Fr, California San Diego	10-6 (3.20m)
9	Kristin Russell, Fr, Linfield College	10-6 (3.20m)
9	Niki Riemer, So, Wisconsin Oshkosh	10-6 (3.20m)
13	Jodi Waltz, Fr, California San Diego	10-6 (3.20m)
14	Marisa Omori, Fr, Occidental College	10-6 (3.20m)
15	Jackie Vu, Fr, California San Diego	10-0 (3.05m)
15	Kim Baier, Jr, Augustana College	10-0 (3.05m)
17	Anna Van Drie, Fr, Calvin College	9-0 1/4 (2.75m)

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)  
[4X100](#) | [4X400](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#) | [PV](#)  
[HEP](#) | [Top](#) | [Scores](#)

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## TEAM SCORES

Scored 10-8-6-5-4-3-2-1

Pole Vault

1	Eastern Mennonite	10.0
2	Univ Of Puget Sound	8.0
3=	Wisconsin La Crosse	5.5
3=	Principia College	5.5
5=	Wheaton College (Ma)	3.5
5=	St. Olaf College	3.5
7	George Fox University	2.0
8	ClaremontMuddScripps	1.0

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Seattle Pacific Invitational  
Husky Stadium; Seattle, Wash. - Saturday May 13, 2000

## COMPLETE RESULTS - FINALS

## Event 1 Men's 100 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Ryan, Willem	Coquitlam	10.73 -2.0	1	
2	Harrison, Jelani	Washington	10.81 -2.0	1	
3	Faulconer, Chris	Central Wash	10.91 -2.0	1	
4	Small, Larry	Coquitlam	10.94 -2.0	1	
5	Minshaw, Mike	Western Ore.	10.97 -2.0	1	
6	Delay, Josh	Central Wash	11.05 -2.0	1	
7	Hill, Lorenzo	Club Ballard	11.11 -1.7	2	
8	Betha, Dante	Western Ore.	11.14 -2.0	1	
9	Morris, Seth	Spokane CC	11.20 -1.7	2	
9	Edwards, Ryon	Portland St.	11.20 -2.0	1	
11	Robnett, Joel	Whitworth	11.25 -1.7	2	
12	Robinson, Kyle	Coquitlam	11.36 -1.7	2	
13	Brathwaite, Sydney	Highline CC	11.38 -1.7	2	
14	Medina, Cory	Central Wash	11.39 -1.7	2	
15	Dukowski, Jason	Coquitlam	11.61 -1.7	2	
16	Forni, Greg	Washington	11.68 -1.7	2	

## Event 2 Men's 200 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Ryan, Willem	Coquitlam	21.46 -1.5	1	
2	Morris, Seth	Spokane CC	21.79 -1.5	1	
3	Faulconer, Chris	Central Wash	21.82 -1.5	1	
4	Delay, Josh	Central Wash	21.88 -1.5	1	
5	Edwards, Ryon	Portland St.	21.94 -1.5	1	
6	Lynch, Mike	Western Wash	22.11 -1.8	2	
7	Harrison, Jelani	Washington	22.25 -1.5	1	
8	Small, Larry	Coquitlam	22.31 -1.8	2	
9	Robnett, Joel	Whitworth	22.32 -1.8	2	
10	Plotts, David	George Fox	22.55 -1.8	2	
11	Hill, Lorenzo	Club Ballard	22.83 -1.8	2	
12	Brathwaite, Sydney	Highline CC	22.96 -1.8	2	
13	Lunsford, Mike	Spokane CC	23.01 -1.8	2	
13	Forni, Greg	Washington	23.01 -1.5	1	
15	Dukowski, Jason	Coquitlam	23.12 -1.5	1	

## Event 3 Men's 400 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Hooker, Ja'Warren	Washington	44.91	1	
2	Mackey, James	Washington	47.41	1	
3	McLellan, Iain	Simon Fraser	47.66	1	
4	Suzuki, Leo	Whitworth	48.91	1	
5	Williams, Johnnie	Eastern Wash	48.99	1	

## Event 3 Men's 400 Meter Dash (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
6	Blakeley, Manzell	Highline CC	49.36	2	
7	Richmond, David	Western Ore.	49.37	2	
8	Swartz, Ed	Spokane CC	49.49	2	
9	Wilkerson, Sean	NW Coll.	49.55	2	
10	Bergere, Ryan	Spokane CC	49.71	2	
11	Cole, Andrew	Club Ballard	49.71	2	
12	Morris, Seth	Spokane CC	51.11	1	
13	Lunsford, Mike	Spokane CC	51.42	2	
14	Karrer, Ryan	Unattached	52.06	1	

## Event 4 Men's 800 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Cote, John	Unattached	1:50.47	1	
2	Swanson, Jon	Unattached	1:51.36	1	
3	Trimble, Brian	Eastern Wash	1:51.77	1	
4	Berkey, Christian	SPU	1:52.13	1	
5	Leighty, Billy	Oregon Tech	1:52.63	1	
6	Klinge, Derek	Unattached	1:52.95	1	
7	Hurlen, Eric	Simon Fraser	1:53.41	2	
8	Houston, Mike	Pacific Luth	1:53.68	2	
9	Nakamura, Justin	Western Ore.	1:53.71	2	
10	Chaffee, Stuart	Western Ore.	1:53.99	1	
11	Cadman, Jason	Washington	1:54.25	1	
12	Roys, Josh	Spokane CC	1:54.73	2	
13	Nguedjeoubel, Dousi	NW Nazarene	1:54.82	1	
14	Ohnemus, Brandon	Western Wash	1:55.05	2	
15	Hart, Tim	Eastern Wash	1:55.12	2	
16	Robledo, Manuel	Portland St.	1:55.23	2	
17	McKierman, Kelan	Spokane CC	1:55.26	2	
18	Poole, Curt	Cascade	1:56.00	2	
19	Boyd, Pat	Highline CC	1:56.11	2	
20	Miller, Nate	Linfield	1:58.86	1	
21	Piper, Josh	Western Ore.	2:03.65	1	
22	Hummel, Kyle	Eastern Wash	2:11.60	2	

## Event 5 Men's 1,500 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Russell, John	Washington	3:45.56	1	
2	Kemper, Devin	Western Wash	3:46.44	1	
3	Perry, Geoff	Washington	3:48.47	1	
4	Bazzi, David	Washington	3:49.71	1	
5	Hildrum, Tom	Washington	3:53.83	1	



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Seattle Pacific Invitational  
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## COMPLETE RESULTS - FINALS

## Event 5 Men's 1,500 Meter Run (Continued)

## Event 7 Men's 5,000 Meter Run (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
6	Gaschk, Tom	Central Wash	3:54.75	1	
7	Park, Jeremy	Unattached	3:55.06	2	
8	Matthius, Aaron	NW Nazarene	3:56.27	2	
9	Hill, Mike	Washington	3:57.11	1	
10	Thompson, Morgan	Washington	3:57.45	1	
11	Garner, Eric	Unattached	3:57.99	2	
12	Rolin, Kris	Unattached	3:58.90	1	
13	Weare, Neil	Lewis&Clark	3:59.87	2	
14	Cruise, Stephen	Willamette	3:59.90	1	
15	Griek, Forrest	Pacific Luth	4:00.37	2	
16	Lindner, Aaron	Portland	4:01.09	2	
17	Backen, Kelsey	SPU	4:01.23	2	
18	Cotts, Ben	Portland	4:01.89	2	
19	Schruth, Dan	Washington	4:02.89	1	
20	Castle, Nathanael	SPU	4:05.56	2	
21	Smith, Kevin	Portland	4:05.68	1	
22	Valisto, Pat	Spokane CC	4:06.52	2	
23	Terry, Dave	Eastern Ore.	4:07.09	2	
24	Duke, Dustin	Unattached	4:12.83	2	
-	Newton, Brice	Unattached	DNF	1	

## Event 6 Men's 3,000 Meter Steeplechase

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Long, Brett	Oregon Tech	9:13.37	
2	Harkins, Paul	Washington	9:14.30	
3	Kwantes, Jeff	Simon Fraser	9:29.30	
4	Hunnicut, Mat	Willamette	9:33.61	
5	Schmitt, Fred	Central Wash	9:34.76	
6	Fayant, Todd	Spokane CC	9:41.62	
7	Boteilho, Zack	Western Wash	9:46.38	
8	Doebler, Gabe	Linfield	9:48.27	
9	White, Rick	Portland	9:54.75	
10	Manyfingers, Ian	NW Nazarene	10:01.87	
11	Hartmaier, Kurt	Western Wash	10:30.54	

## Event 7 Men's 5,000 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Franek, Dan	Club NW	14:46.39	
2	Johnston, Matt	Simon Fraser	15:02.43	
3	Lindner, Aaron	Portland	15:08.28	
4	Koss, Ben	Washington	15:15.83	
5	Workman, Brandon	George Fox	15:16.76	

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
6	Bendixen, Dagen	Eastern Wash	15:17.38	
7	Hord, Joey	Washington	15:26.03	
8	Coordes, Ryan	Spokane CC	15:28.43	
9	Henderson, Chris	Eastern Wash	15:37.10	
10	Gall, Ben	Eastern Ore.	15:41.32	
11	Little, Mike	Portland	15:42.92	
12	Kilian, Chad	Portland	15:45.88	
13	James, Steven	Unattached	15:55.23	
14	Gill, Barny	Washington	15:57.16	
15	Craig, Ryan	Unattached	16:07.89	
16	Lainchbury, Darcy	Simon Fraser	16:09.54	

## Event 9 Men's 110 Meter High Hurdles

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	P
1	Robinson, Kyle	Coquitlam	14.59	-1.5	1
2	Lewis, Colin	Coquitlam	14.89	-1.5	1
3	Renz, Josh	Washington	14.97	-1.5	1
4	Meyer, Ben	Washington	15.02	-1.5	1
5	Parker, David	Unattached	15.27	-2.1	2
6	Chroninger, Jim	Western Ore.	15.39	-1.5	1
7	Mesenbrink, Fritz	Linfield	15.52	-2.1	2
8	Wallace, Kyle	Western Wash	15.56	-1.5	1
9	Butorac, Vince	Central Wash	15.94	-2.1	2
10	Morss, Dylan	NW Coll.	15.96	-2.1	2
11	Iverson, Erik	Central Wash	15.97	-2.1	2
12	Morrison, Michael	Spokane CC	16.02	-2.1	2
13	Gill, Keith	Spokane CC	16.28	-1.5	1
13	Smith, Josh	Willamette	16.28	-2.1	2

## Event 10 Men's 400 Meter Int Hurdles

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Little, Nick	Western Wash	52.51	1	
2	Parrish, Curtis	Spokane CC	53.45	1	
3	Rager, Andrew	Linfield	54.42	1	
4	Berthof, Chris	Pacific Luth	54.48	1	
5	Renz, Josh	Washington	54.90	2	
6	Davidson, Zach	George Fox	54.92	2	
7	Cheney, Nathan	SPU	55.24	2	
8	Hall, Josh	Eastern Wash	55.29	2	
9	Swartz, Ed	Spokane CC	55.84	1	
10	Dow, Jeremy	SPU	56.12	2	
11	Morrison, Michael	Spokane CC	56.41	2	

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## COMPLETE RESULTS - FINALS

## Event 10 Men's 400 Meter Int Hurdles (Continued)

## Event 13 Men's High Jump (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
12	Baldwin, Joel	Puget Sound	56.43	2	
13	Van Tongeren, Chad	Simon Fraser	56.60	1	
14	Carothers, Shane	Western Wash	59.72	2	

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
-	Lindeman, Nathan	Western Wash	NH	
-	Mesenbrink, Fritz	Linfield	NH	

## Event 11 Men's 4x100 Meter Relay

## Event 14 Men's Pole Vault

## ----- Finals - Results - Saturday 05/13/00 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	COQ	Coquitlam Cheetahs	41.46	
2	WOU	Western Oregon	41.51	
3	CWU	Central Washington	42.27	
4	WASH	Washington	42.34	
5	WHIT	Whitworth	42.62	
6	PLU	Pacific Lutheran	43.79	

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Phillips, Matt	Washington	5.45m	17'10.50
2	Walker, Brad	Washington	4.85m	15'11.00
3	Quinn, Brian	Oregon Tech	4.70m	15'05.00
4	Alexander, Scott	Central Wash	4.55m	14'11.00
5	Alexander, Mike	Central Wash	4.55m	14'11.00
6	Costello, Regis	Pacific Luth	4.40m	14'05.25
7	Keolker, Nick	Unattached	4.40m	14'05.25
8	Fishburne, Josh	NW Nazarene	4.40m	14'05.25
9	Colyar, Matt	Spokane CC	4.40m	14'05.25
10	McGrath, Jared	Oregon Tech	4.25m	13'11.25
-	Marshalek, Steve	Unattached	NH	
-	Stroschine, Jon	Western Ore.	NH	
-	Sagnotti, Brent	Linfield	NH	

## Event 12 Men's 4x400 Meter Relay

## Event 15 Men's Long Jump

## ----- Finals - Results - Saturday 05/13/00 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	WU	Western Washington	3:15.13	1	
2	SFU	Simon Fraser	3:15.50	1	
3	GFC	George Fox College	3:16.87	1	
4	WOU	Western Oregon	3:17.71	1	
5	CWU	Central Washington	3:18.90	1	
6	SPCC	Spokane CC	3:19.60	2	
7	WHIT	Whitworth	3:20.51	1	
8	SPU	Seattle Pacific	3:20.77	1	
9	PLU	Pacific Lutheran	3:22.73	2	
10	WASH	Washington	3:23.96	1	
11	OIT	Oregon Tech	3:24.91	2	

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Dobbins, Djonovan	Highline CC	7.22m	3.3 23'08.25
2	Renz, Josh	Washington	6.96m	3.8 22'10.00
3	Thomas, James	NW Nazarene	6.80m	3.6 22'03.75
4	Wecker, Ryan	Western Ore.	6.74m	2.4 22'01.50
5	Bush, Antonio	Highline CC	6.56m	-0.5 21'06.25
5	Butorac, Tony	Central Wash	6.56m	2.9 21'06.25
7	Mensah, Michael	Simon Fraser	6.55m	2.6 21'06.00
8	Nosler, John	Linfield	6.42m	1.7 21'00.75

## Event 13 Men's High Jump

## Event 16 Men's Triple Jump

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Green, Eric	Western Wash	2.05m	6'08.75
2	Steele, Sean	Washington	2.00m	6'06.75
3	Remund, Frank	Washington	2.00m	6'06.75
4	Bush, Antonio	Highline CC	1.95m	6'04.75
5	Miller, Garrett	Pacific Luth	1.95m	6'04.75
6	Allen, Craig	Unattached	1.95m	6'04.75
6	Rushing, Chris	Unattached	1.95m	6'04.75
6	Gordon, Joel	Spokane CC	1.95m	6'04.75
9	Lerum, Karl	Falcon TC	1.90m	6'02.75
10	Steever, Jim	Western Ore.	1.90m	6'02.75

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Ross, Beau	Central Wash	14.24m	2.8 46'08.75
-	Taiwo, Joseph	Club Ballard	FOUL	NWI
-	Lee, Jesse	NW Coll.	FOUL	NWI
-	Butorac, Vince	Central Wash	FOUL	NWI
-	Lawrence, Justin	Unattached	FOUL	NWI

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Seattle Pacific Invitational  
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## COMPLETE RESULTS - FINALS

## Event 17 Men's Shot Put

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Shull, Sean	Spokane CC	14.93m 48'11.75	
2	Jackson, Doug	Washington	14.87m 48'09.50	
3	Strauss, Ian	George Fox	14.66m 48'01.25	
4	Calapp, Jason	Spokane CC	14.54m 47'08.50	
5	Roberts, Trevor	Pacific Luth	14.44m 47'04.50	
6	Atkins, Takashi	Whitworth	13.59m 44'07.00	
7	Knutzen, Erik	Western Wash	13.58m 44'06.75	
8	Reichenbach, Dan	Lewis&Clark	13.27m 43'06.50	
9	McDole, Ian	Western Wash	12.96m 42'06.25	
10	Bentley, Jeff	Oregon Tech	12.77m 41'10.75	
11	Jolin, Tim	Western Wash	12.73m 41'09.25	
12	Salas, Christian	Unattached	12.53m 41'01.50	
13	Stever, Jim	Western Ore.	12.20m 40'00.50	

## Event 18 Men's Discus Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Strauss, Ian	George Fox	45.94m 150'09.00	
2	Dirks, Ryan	Pacific Luth	45.50m 149'03.00	
3	Hunt, Brandon	Eastern Wash	45.44m 149'01.00	
4	Crawford, Brian	Western Ore.	45.10m 147'11.00	
5	Nickerson, Jake	Western Ore.	44.34m 145'06.00	
6	Cummings, Jason	Eastern Wash	44.12m 144'09.00	
7	Downey, Craig	Washington	43.14m 141'06.00	
8	Kyle, Tony	Western Wash	42.88m 140'08.00	
9	Calapp, Jason	Spokane CC	41.40m 135'10.00	
10	Smith, John	Unattached	41.36m 135'08.00	
11	Gregory, David	Western Ore.	40.18m 131'10.00	
12	Shull, Sean	Spokane CC	39.56m 129'09.00	
13	Gough, Chris	SPU	37.88m 124'03.00	

## Event 19 Men's Hammer Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Strom, Lex	Unattached	64.62m 212'00.00	
2	Shaffer, Matt	Unattached	63.48m 208'03.00	
3	Boothby, Scott	Club NW	62.12m 203'10.00	
4	Dirks, Ryan	Pacific Luth	56.32m 184'09.00	
5	Lockling, Dennis	Unattached	53.24m 174'08.00	
6	Framzke, Luke	Western Ore.	51.52m 169'00.00	
7	Halbakken, John	Eastern Wash	49.90m 163'08.00	
8	Gregory, David	Western Ore.	49.30m 161'09.00	
9	Reichenbach, Dan	Lewis&Clark	49.04m 160'11.00	
10	Downey, Craig	Washington	47.48m 155'09.00	

## Event 19 Men's Hammer Throw (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
11	Kunze, Eric	George Fox	45.56m 149'06.00	
12	Strunk, Joel	George Fox	45.32m 148'08.00	
13	Hunt, Brandon	Eastern Wash	44.30m 145'04.00	
14	Jolin, Tim	Western Wash	42.60m 139'09.00	

## Event 20 Men's Javelin Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Stelling, Craig	Unattached	62.20m 204'01.00	
2	Borland, Curt	Unattached	60.72m 199'02.00	
3	Thornton, Aaron	Linfield	57.62m 189'00.00	
4	Roberts, Jon	George Fox	55.42m 181'10.00	
5	Rismiller, Marcus	Pacific Luth	55.32m 181'06.00	
5	Robinson, Josh	Washington	55.32m 181'06.00	
7	Bentley, Jeff	Oregon Tech	55.18m 181'00.00	
8	Taylor, Ty	George Fox	55.14m 180'11.00	
9	Huntsiger, Travis	Western Wash	54.48m 178'09.00	
10	Thomas, James	NW Nazarene	52.26m 171'05.00	
11	Gough, Chris	SPU	49.66m 162'11.00	
-	McConnell, Ty	Spokane CC	FOUL	

## Event 21 Women's 100 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	P
1	Pentz, Chelsie	Washington	12.24	-1.7	1
2	Hawkins, Shavon	Washington	12.31	-1.7	1
3	Smith, Jamara	Washington	12.37	-1.7	1
4	Elijah, Udeme	Portland St.	12.46	-1.7	1
5	Axley, Sarah	Pacific Luth	12.54	-1.7	1
6	Werth, Heather	Oregon Tech	12.85	-1.6	2
7	Garrison, Marcia	Portland St.	13.01	-1.6	2
8	Simchuk, Alisha	Whitworth	13.08	-1.6	2
9	Gaymes, Yolande	Coquitlam	13.10	-1.6	2
10	Johnson, Rachel	Spokane CC	13.21	-1.6	2
11	Porter, Emily	Western Ore.	13.28	-1.6	2
12	Ehli, Becca	Pacific Luth	13.43	-1.6	2



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## COMPLETE RESULTS - FINALS

## Event 22 Women's 200 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Pentz, Chelsie	Washington	24.23 -0.7	1	
2	Bayley, Krysha	Coquitlam	24.27 -0.7	1	
3	Smith, Jamara	Washington	25.21 -0.7	1	
4	Elijah, Udemé	Portland St.	25.64 -0.7	1	
5	Werth, Heather	Oregon Tech	26.11 -1.6	2	
6	Gaymes, Yolande	Coquitlam	26.32 -1.6	2	
6	Ogarro, Zee	Washington	26.32 -0.7	1	
8	Simchuk, Alisha	Whitworth	26.40 -1.6	2	
9	Garrison, Marcia	Portland St.	26.71 -1.6	2	
10	Johnson, Rachel	Spokane CC	26.75 -1.6	2	
11	Angeline, Monica	Highline CC	27.37 -1.6	2	

## Event 23 Women's 400 Meter Dash

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Kraybill, Sarah	SPU	55.80	
2	Moore, Letesha	Washington	57.24	
3	Friedrich, Amy	Pacific Luth	57.33	
4	Morris, Sue	Portland St.	57.45	
5	Lowber, Susannah	Eastern Wash	59.12	
6	Esposito, Heather	NW Nazarene	1:00.22	
7	Miller, Amber	Spokane CC	1:03.34	

## Event 24 Women's 800 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Bledsoe, Arlene	Washington	2:13.22	1	
2	DeGeest, Heather	Simon Fraser	2:13.35	1	
3	Werner, Susan	Washington	2:14.84	1	
4	Clancy, Megan	Western Wash	2:15.15	1	
5	Fortin, Ellie	Central Wash	2:16.04	1	
6	McGrath, Mindy	Oregon Tech	2:16.37	2	
7	Belliard, Tanya	Unattached	2:16.44	1	
8	Telford, Melissa	Portland St.	2:16.94	1	
9	King, Amy	Washington	2:17.05	1	
10	Ingalls, Celina	Spokane CC	2:17.84	1	
11	Heinz, Jill	Eastern Ore.	2:18.48	2	
12	McElwain, Jamie	George Fox	2:18.97	1	
13	Salmon, Jill	Portland St.	2:19.00	2	
14	McGregor, Luci	Simon Fraser	2:19.60	2	
15	Abbey, Elizabeth	Whitworth	2:19.81	2	
16	Gomes, Meredith	Western Wash	2:20.01	1	
17	Hiss, Sarah	Western Wash	2:20.95	2	
18	Nickels, Erinn	Central Wash	2:22.30	2	

## Event 24 Women's 800 Meter Run (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
19	Chapman, Melissa	Washington	2:23.52	1	
20	Knight, Nashita	Western Wash	2:24.43	2	
21	Hurley, J.J.	Willamette	2:31.35	2	

## Event 25 Women's 1,500 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	DeGeest, Heather	Simon Fraser	4:28.02	1	
2	Butler, Margaret	Washington	4:32.83	1	
3	Maier, Alicen	Central Wash	4:35.49	1	
4	Goering, Christie	SPU	4:38.56	1	
5	Ricci, Nicole	Portland	4:39.86	1	
6	Breese, Jamie	Portland St.	4:40.60	1	
7	Harrison, Lisa	Eastern Wash	4:42.80	1	
8	Brosius, Ember	George Fox	4:44.40	1	
9	Burnett, Sharon	Portland St.	4:45.57	1	
10	Ross, Rachel	SPU	4:47.28	1	
11	Tendick, Ashley	Portland St.	4:48.72	2	
12	Woolman, Alice	NW Coll.	4:49.74	2	
13	Nickels, Linsy	Central Wash	4:51.69	1	
14	Leonard, Sarah	Unattached	4:54.72	2	
15	Lucas, Julia	Whitworth	4:56.81	2	
16	Clement, Melissa	Simon Fraser	5:03.89	1	
17	Lintner, Sage	Portland St.	5:08.80	2	
18	Flora, Lisa	Portland St.	5:15.18	2	
19	Hundley, Gwen	Sound RC	5:22.57	2	
20	Hall, Jill	Western Wash	5:27.63	2	

## Event 26 Women's 3,000 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Campbell, Melinda	Unattached	9:39.65	
2	Hillier, Jen	Unattached	9:48.19	
3	Syrdal, Kara	Washington	9:59.01	
4	Straw, Becca	Portland St.	10:06.03	
5	Brosius, Ember	George Fox	10:13.75	
6	Goering, Christie	SPU	10:21.21	
7	Wallace, Heather	SPU	10:23.43	
8	Rodgers, Jenny	Spokane CC	10:27.80	
9	Forrey, Amy	Central Wash	10:29.63	
10	Stone, Kim	NW Coll.	10:34.26	
11	Taylor, Yori	George Fox	10:37.12	
12	Campbell, Sarah	Unattached	10:47.37	
13	Michel, Samantha	Washington	10:50.28	

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## COMPLETE RESULTS - FINALS

## Event 26 Women's 3,000 Meter Run (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
14	Enos, Ellie	Western Ore.	10:58.10	

## Event 27 Women's 5,000 Meter Run

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	English, Liza	Washington	17:55.68	
2	Seana, Nicole	SPU	17:57.88	
3	Scott, Annie	Whitworth	18:06.59	
4	Bielenberg, Abby	Central Wash	18:27.02	
5	Embree, Renee	Simon Fraser	18:28.86	
6	Mullen, Emily	Washington	18:47.89	
7	Becker, Sarah	Eastern Wash	19:00.78	
8	Spigel, Kate	Washington	19:06.16	
9	Forrey, Sarah	Central Wash	19:22.16	
10	Probst, Rachae	SPU	19:35.46	
11	Dick, Lisa	Eastern Ore.	20:12.90	

## Event 29 Women's 100 Meter High Hurdles

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Sheppard, Kelsey	Washington	14.29	NWI	1
2	Pyeatt, Jennifer	SPU	14.40	NWI	1
3	Jansen, Chris	Western Ore.	14.66	NWI	1
4	Peterson, Sarah	Washington	15.07	-2.5	2
4	Nelson, Karrie	George Fox	15.07	NWI	1
6	Hesher, Kate	Western Wash	15.20	NWI	1
7	McArthur, Katie	Linfield	15.80	-2.5	2
8	Ogburn, Trina	Oregon Tech	15.97	-2.5	2
9	Nuechterlein, Katie	Whitworth	17.71	-2.5	2
10	Walker, Latasha	Eastern Wash	19.58	-2.5	2

## Event 30 Women's 400 Meter Int Hurdles

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Hawkins, Shavon	Washington	1:00.52	1	
2	Jansen, Chris	Western Ore.	1:01.47	1	
3	Summers, Karen	SPU	1:01.59	1	
4	Smith, Jackie	Simon Fraser	1:02.37	1	
5	Harder, Jawaia	SPU	1:02.53	1	
6	Szirony, Melanie	Simon Fraser	1:03.04	2	
7	Hall, Kristen	Portland St.	1:03.17	1	
8	Peterson, Sarah	Washington	1:03.41	1	

## Event 30 Women's 400 Meter Int Hurdles (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
9	Nelson, Karrie	George Fox	1:04.02	2	
10	Heuberger, Megan	George Fox	1:04.06	2	
11	Leita, Jen	Western Wash	1:04.95	2	
12	Glaze, Mary	NW Nazarene	1:06.30	2	
13	Haptonstall, Halee	Spokane CC	1:06.61	2	
14	Tremposch, Jonica	Washington	1:11.84	2	

## Event 31 Women's 4x100 Meter Relay

## ----- Finals - Results - Saturday 05/13/00 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	WASH	Washington	45.87	
2	SPU	Seattle Pacific	47.71	
3	PSU	Portland State	47.91	
4	SPU "B"	Seattle Pacific	48.57	
5	PLU	Pacific Lutheran	49.19	
6	LIN	Linfield	49.21	
7	OIT	Oregon Tech	50.53	

## Event 32 Women's 4x400 Meter Relay

## ----- Finals - Results - Saturday 05/13/00 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	WASH	Washington	3:42.75	
2	SPU	Seattle Pacific	3:45.76	
3	PLU	Pacific Lutheran	3:51.41	
4	LIN	Linfield	3:52.43	
5	PSU	Portland State	3:54.16	
6	CUW	Central Washington	4:00.20	
7	WASH "B"	Washington	4:06.04	

## Event 33 Women's High Jump

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Widman, Laura	SPU	1.61m 5'03.25	
2	Harris, Abby	SPU	1.61m 5'03.25	
3	Johnson, Erin	Highline CC	1.61m 5'03.25	
3	Cowden, Amy	SPU	1.61m 5'03.25	
5	Hellberg, Erin	NW Nazarene	1.61m 5'03.25	
6	Willis, Briana	Unattached	1.56m 5'01.25	
7	Powell, Angie	George Fox	1.56m 5'01.25	
7	Potter, Jenoa	Highline CC	1.56m 5'01.25	
7	Forbes, Amy	George Fox	1.56m 5'01.25	
10	Johnson, Rachel	Spokane CC	1.51m 4'11.50	

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## Event 34 Women's Pole Vault

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Erickson, Sandy	Washington	3.85m 12'07.50	
2	Hunt, Heather	George Fox	3.70m 12'01.50	
3	Wells, Amy	Puget Sound	3.70m 12'01.50	
4	Russell, Kristin	Linfield	3.40m 11'01.75	
5	Bendico, Mary Jane	Washington	3.25m 10'08.00	
6	Haines, Margaret	Washington	3.25m 10'08.00	
7	Withey, Christina	Washington	3.25m 10'08.00	
8	Mortensen, Amy	Spokane CC	2.95m 9'08.00	
8	Olsson, Christie	Lewis&Clark	2.95m 9'08.00	
10	Henes, Katie	Western Ore.	2.95m 9'08.00	
11	Juarez, Danielle	Western Wash	2.95m 9'08.00	
12	Polschneider, Katie	Western Ore.	2.80m 9'02.25	
13	Schlumpf, Alena	SPU	2.80m 9'02.25	
	- Moore, Leah	Linfield	NH	
	- Cole, Cathy	Shelton TC	NH	
	- Haga, Tara	Western Ore.	NH	

## Event 35 Women's Long Jump

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Bayley, Krysha	Coquitlam	6.09m 0.0 19'11.75	
2	Werth, Heather	Oregon Tech	5.55m -1.9 18'02.50	
3	Ogarro, Zee	Washington	5.39m 2.0 17'08.25	
4	Ranta, Morgan	SPU	5.27m 2.3 17'03.50	
5	Comstock, Shelley	Western Ore.	5.11m -0.5 16'09.25	
6	Sitz, Mandy	Linfield	4.82m 2.8 15'09.75	

## Event 36 Women's Triple Jump

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PT
1	Dorow, Natalie	SPU	11.78m 3.1 38'07.75	
2	Werth, Heather	Oregon Tech	11.57m 1.2 37'11.50	
3	Kennedy, Jocelyn	George Fox	11.48m 3.2 37'08.00	
4	Baron, Kelsey	George Fox	11.04m 2.0 36'02.75	
5	Donehower, Christina	Lewis&Clark	10.75m 1.8 35'03.25	
6	Miller, Amber	Spokane CC	10.70m 2.3 35'01.25	
7	Christensen, Trista	Eastern Ore.	10.65m 3.7 34'11.25	
8	Sitz, Mandy	Linfield	10.62m 2.7 34'10.25	
	- Newsom, Katrina	SPU	FOUL NWI	
	- Hendry, Robyn	Oregon Tech	FOUL NWI	
	- Comstock, Shelley	Western Ore.	FOUL NWI	
	- Johnson, Erin	Highline CC	FOUL NWI	

## Event 37 Women's Shot Put

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Thomas, Sesilia	Washington	14.72m 48'03.50	
2	Mattson, Julie	Saint Martin	12.93m 42'05.25	
3	Salibian, Searan	Washington	12.42m 40'09.00	
4	Kerr, Dorothy	Western Ore.	12.04m 39'06.00	
5	Watts, Nola	Unattached	11.96m 39'03.00	
6	Bandy, Mindy	Whitworth	11.64m 38'02.25	
7	Whitish, Emily	Washington	11.45m 37'06.75	
8	McDonald, Mary Ann	NW Nazarene	11.37m 37'03.75	
9	Bennett, Jen	Whitworth	11.20m 36'09.00	
10	Marich, Nichole	Whitworth	11.18m 36'08.25	
11	Pantages, Amber	Spokane CC	11.03m 36'02.25	
12	Borden, Shalese	Western Ore.	10.74m 35'03.00	

## Event 38 Women's Discus Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Thomas, Sesilia	Washington	41.20m 135'02.00	
2	Whitish, Emily	Washington	40.54m 133'00.00	
3	Romero, Kristina	NW Nazarene	38.58m 126'07.00	
4	Reichner, Sarah	Willamette	38.22m 125'05.00	
5	Stevens, Marian	George Fox	37.74m 123'10.00	
6	Hanna, Elysia	Whitworth	37.56m 123'03.00	
7	Oneal, Crissy	Whitworth	37.18m 122'00.00	
8	Salibian, Searan	Washington	36.50m 119'09.00	
9	Lewis, Paige	George Fox	35.58m 116'09.00	
10	McDonald, Mary Ann	NW Nazarene	35.04m 114'11.00	
11	Monta, Abby	Spokane CC	34.74m 114'00.00	
12	Wright, Megan	Western Wash	34.52m 113'03.00	
13	Collier, Criss	Eastern Ore.	34.44m 113'00.00	
14	Kerr, Dorothy	Western Ore.	33.08m 108'06.00	

## Event 39 Women's Hammer Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Holbrook, Lindsay	Linfield	49.54m 162'06.00	
2	Jackson, Kate	Western Ore.	46.38m 152'02.00	
3	Scelye, Leslie	Pacific Luth	46.10m 151'03.00	
4	Ekhoff, Candace	Western Ore.	44.78m 146'11.00	
5	Fuhrman, Heidi	Pacific (Or)	43.56m 142'11.00	
6	Neils, Stacey	Pacific Luth	43.40m 142'05.00	
7	Marich, Nichole	Whitworth	42.72m 140'02.00	
8	Collier, Criss	Eastern Ore.	41.32m 135'07.00	
9	Holloway, Kelly	Eastern Wash	41.08m 134'09.00	
10	Evey, Amanda	Western Ore.	40.66m 133'05.00	

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## Event 39 Women's Hammer Throw (Continued)

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
11	Romero, Kristina	NW Nazarene	38.98m	127'11.00
12	Dunkin, Jennifer	Western Ore.	38.92m	127'08.00
13	Stephens, Gretchen	Western Ore.	38.44m	126'01.00
14	Kerr, Dorothy	Western Ore.	38.22m	125'05.00
15	McDonald, Mary Ann	NW Nazarene	35.42m	116'02.00

## Event 40 Women's Javelin Throw

## ----- Finals - Results - Saturday 05/13/00 -----

PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Pruett, Karie	Spokane CC	42.94m	140'10.00
2	Weems, Rochelle	Pacific Luth	41.50m	136'02.00
3	Mattson, Julie	Saint Martin	39.82m	130'08.00
4	Widman, Laura	SPU	39.60m	129'11.00
5	Kathman, Kellie	Western Ore.	39.50m	129'07.00
6	Harper, Becci	Unattached	38.12m	125'01.00
7	Unger, Robin	Unattached	38.06m	124'10.00
8	Spiesterbach, Megan	Washington	37.74m	123'10.00
9	Conrad, Holly	Western Ore.	37.66m	123'07.00
10	Withey, Christina	Washington	36.88m	121'00.00
11	Oneal, Crissy	Whitworth	35.60m	116'09.00
12	Kaltwasser, Ann	Pacific (Or)	33.74m	110'08.00
13	Lewis, Becky	Western Wash	33.18m	108'10.00



## 2000 NORTHWEST CONFERENCE TRACK & FIELD CHAMPIONSHIPS

May 5-6, 2000

Colcord Field (George Fox University), Newberg, Oregon

Final Results (point totals include Decathlon & Heptathlon results of April 17-18)

Men's Standings: Pacific Lutheran University 158, Whitworth College 156, Linfield College 139.5, George Fox University 127, Willamette University 118, University of Puget Sound 62.5, Lewis & Clark College 53, Pacific University 2, Whitman College 2.

Women's Standings: George Fox University 168, Linfield College 137, Whitworth College 132, Pacific Lutheran University 120, Willamette University 104, Lewis & Clark College 52, University of Puget Sound 42, Whitman College 39, Pacific University 17.

### Women's Javelin

1. Danielle Swift, Whw, 42.60 (140-1), 2. Ann Kaltwasser, Pac, 42.18 (138-5), 3. Ann Crase, UPS, 38.12 (125-1), 4. Marika Middag, Will, 37.66 (123-7), 5. Monica Scott, Will, 37.48 (122-11), 6. Rochelle Weems, PLU, 37.44 (122-10), 7. Leah Moore, Lin, 35.96 (118-0), 8. Crissy Oneal, Whw, 35.74 (117-3), 9. Brooke Evans, Whw, 34.48 (113-1), 10. Gail Wootan, Pac, 33.56 (110-1), 11. Nikki Thompson, L&C, 33.46 (109-9), 12. Mindy Bandy, Whw, 31.46 (103-2), 13. Jessica Austin, Whw, 30.18 (99-0)

### Women's Shot Put

1. Mari Ruiz, Whm, 12.24 (40-2), 2. Mindy Bandy, Whw, 11.79 (38-8.25), 3. Sarah Cotton, Pac, 11.69 (38-4.25), 4. Nichole Marich, Whw, 11.60 (38-0.75), 5. Jennifer Bennett, Whw, 11.54 (37-10.5), 6. Kasey Sorenson, Will, 11.30 (37-1), 7. Lindsay Holbrook, Lin, 11.18 (36-8.25), 8. Leslie Seelye, PLU, 11.10 (36-5), 9. Lauri Duensing, Pac, 10.82 (35-6), 10. Jonna Vavra, Pac, 10.66 (34-11.75), 11. Marian Stevens, GFU, 10.63 (34-10.5), 12. Janelle Braun, L&C, 10.49 (34-5), 13. Kelly Bradstreet, Lin, 10.28 (33-8.75), 14. Lace Smith, UPS, 10.24 (33-7.25), 15. Angela Rosario, Pac, 9.97 (32-8.5), 16. Julie Vanni, UPS, 9.66 (31-8.5)

### Women's Discus

1. Mari Ruiz, Whm, 45.36 (148-10), 2. Marian Stevens, GFU, 39.96 (131-1), 3. Lindsay Holbrook, Lin, 39.28 (128-10), 4. Sarah Reichner, Will, 39.19 (128-7), 5. Crissy Oneal, Whw, 38.30 (125-8), 6. Stacey Roberts, Whw, 37.90 (124-4), 7. Nichole Marich, Whw, 37.10 (121-9), 8. Elysia Hanna, Whw, 35.20 (115-6), 9. Tina Lohse, PLU, 34.52 (113-3), 10. Stacey Neils, PLU, 34.06 (111-90), 11. Heidi Fuhrmann, Pac, 34.00 (111-6), 12. Sarah Cotton, Pac, 33.19 (108-11), NM – Paige Lewis, GFU

### Women's Hammer

1. Lindsay Holbrook, Lin, 48.26 (158-4), 2. Leslie Seelye, PLU, 45.50 (149-3), 3. Elysia Hanna, Whw, 43.94 (144-2), 4. Nichole Marich, Whw, 40.28 (132-2), 5. Stacey Neils, PLU, 40.16 (131-9), 6. Kasey Sorenson, Will, 37.94 (124-6), 7. Tina Lohse, PLU, 36.20 (118-9), 8. Caryn Flint, PLU, 35.54 (116-7), 9. Mindy Bandy, Whw, 33.60 (110-3), 10. Janelle Braun, L&C, 32.44 (106-5), NM – Erin Simon, GFU, Heidi Fuhrmann, Pac

### Women's Pole Vault

1. Heather Hunt, GFU, 3.67 (12-0.5), 2. Kristin Russell, Lin, 3.38 (11-1), 3. Amy Wells, UPS, 3.28 (10-9), 4. Christie Olsson, L&C, 3.03 (9-11.25), 5. Helena Telfer, GFU, 2.88 (9-5.25), 6. Erica Moen, Whw, 2.73 (8-11.5), 7. Leah Moore, Lin, 2.73 (8-11.5), 8. Fiona Lee, Will, 2.73 (8-11.5), 9. Britta Winterowd, UPS, 2.58 (8-5.5), 10. Marika Middag, Will, 2.58 (8-5.5), 11. Lisa Baumann, Lin, 2.43 (7-11.5), 12. Kelly Wright, PLU, 2.43 (7-11.5), 13. Melanie Reinmuth, Pac, 2.43 (7-11.5), 14. Erika Kuchera, UPS, 2.28 (7-5.75), 15. Elizabeth Tiegs, Whw, 2.28 (7-5.75)

### Women's High Jump

1. Amy Forbes, GFU, 1.63 (5-4.25), 2. Laura Leineweber, Will, 1.63 (5-4.25), 3. Angie Powell, GFU, 1.59 (5-2.5), 4. Sarah Dillon, UPS, 1.59 (5-2.5), 5. Karrie Nelson, GFU, 1.54 (5-2.5), 6. Jessica Austin, Whw, 1.49 (4-10.5), 7. Katie McArthur, Lin, 1.49 (4-10.5), NM - Lori Rolf, PLU, Erica Moen, Whw, Michaela Ryder, Pac

#### Women's Long Jump

1. Lindsay Bull, Whm, 5.44 (17-10.25), 2. Kelsey Baron, GFU, 5.12 (16-9.5), 3. Jamie Rydbom, Whw, 5.10 (16-8.75), 4. J.J. Hurley, Will, 5.10 (16-8.75), 5. Kirtlye Lohof, L&C, 5.10 (16-8.75), 6. Laura Leineweber, Will, 5.10 (16-8.75), 7. Jocelyn Kennedy, GFU, 5.06 (16-7.25), 8. Lindsay Ogle, Will, 4.94 (16-2.5), 9. Mandy Sitz, Lin, 4.81 (15-9.25), 10. Colleen Forbes, GFU, 4.77 (15-7.75), 11. Katie McArthur, Lin, 4.68 (15-7.75), NM - Abby Jo Hornstein, Whw

#### Women's Triple Jump

1. Jocelyn Kennedy, GFU, 11.35 (37-3), 2. Christine Donehower, L&C, 11.04 (36-2.75), 3. Kelsey Baron, GFU, 10.99 (36-0.75), 4. Lindsay Bull, Whm, 10.83 (35-6.5), 5. Mandy Sitz, Lin, 10.71 (35-1.75), 6. Heidi Smith, GFU, 10.53 (34-6.75), 7. Colleen Forbes, GFU, 10.51 (34-5.75), 8. Jamie Rydbom, Whw, 10.36 (34-0), 9. Erica Moen, Whw, 9.82 (32-2.75), 10. Angie Powell, GFU, 9.79 (32-1.5), 11. Erin Haney, UPS, 9.65 (31-8), 12. Laura Cobb, PLU, 9.50 (31-2)

#### Women's 100m Sprint Hurdles

1. Maile Barrett, L&C, 14.56, 2. Sharon Barnett, GFU, 14.63, 3. Karrie Nelson, GFU, 14.90, 4. Katie McArthur, Lin, 15.34, 5. Laura Leineweber, Will, 16.03, 6. Julie Vanni, UPS, 16.15, 7. Katie Nuechterlein, Whw, 16.25, 8. Mandy Sitz, Lin, 16.60

#### Women's 400m Hurdles

1. Amber Larsen, Lin, 1:03.59, 2. Karrie Nelson, GFU, 1:03.86, 3. Megan Heuberger, GFU, 1:04.24, 4. Jessica Austin, Whw, 1:06.03, 5. April Nelson, UPS, 1:07.41, 6. Vania Ito, L&C, 1:09.08, 7. Katie McArthur, Lin, 1:09.32, DQ – Tansy Middag, Will

#### Women's 100m Dash

1. Melody Sherman, Lin, 12.19, 2. Sarah Axley, PLU, 12.33, 3. Alisha Simchuk, Whw, 12.88, 4. Kirtlye Lohof, L&C, 12.91, 5. Maile Barrett, L&C, 12.93, 6. Colleen Forbes, GFU, 13.01, 7. Becca Ehli, PLU, 13.25, 8. April Nelson, UPS, 13.33

#### Women's 200m Dash

1. Melody Sherman, Lin, 25.06, 2. Sarah Axley, PLU, 25.17, 3. Jill Wilmovsky, PLU, 26.19, 4. Alisha Simchuk, Whw, 26.46, 5. Sharon Barnett, GFU, 26.51, 6. Kirtlye Lohof, L&C, 26.71, 7. Becca Ehli, PLU, 28.18

#### Women's 400m Dash

1. Amber Larsen, Lin, 56.68, 2. Jill Wilmovsky, PLU, 58.51, 3. Jessica Adams, GFU, 59.72, 4. Lisa Taylor, Lin, 1:00.90, 5. Lindsay Ogle, Will, 1:00.98, 6. Jessica Austin, Whw, 1:01.17, 7. Natalie Flindt, Will, 1:01.92, 8. Christina Davis, GFU, 1:02.25

#### Women's 800m Run

1. Lisa Starkey, Will, 2:13.82, 2. Amy Friedrich, PLU, 2:16.70, 3. Elizabeth Abbey, Whw, 2:17.79, 4. Jessica Sotelo, UPS, 2:18.27, 5. Leah Moore, Lin, 2:19.07, 6. Jamie McElwain, GFU, 2:20.11, 7. Buffy Morris, Will, 2:21.32

#### Women's 1500m Run

1. Maree George, PLU, 4:41.14, 2. Lisa Starkey, Will, 4:42.48, 3. Ember Brosius, GFU, 4:44.19, 4. Jamie McElwain, GFU, 4:47.91, 5. Julia Lucas, Whw, 4:49.10, 6. Kyra Patterson, UPS, 4:53.65, 7. Evelyn Williams, Will, 4:54.50, 8. Annie Mockford, Will, 4:59.26, 9. Erin Moore, Will, 5:02.80, 10. Lotus Hartley, Lin, 5:05.30, 11. Kirsten Norgaard, GFU, 5:07.40, 12. Julie Meyer, UPS, 5:10.17

#### Women's 3000m Run

1. Maree George, PLU, 10:12.91, 2. Ember Brosius, GFU, 10:23.65, 3. Tori Taylor, GFU, 10:26.07, 4. Annie Scott, Whw, 10:32.64, 5. Jennie Wood, Whm, 10:47.76, 6. Evelyn Williams, Will, 10:57.63, 7. Erin Moore, Will, 11:02.87, 8. Kirsten Norgaard, GFU, 11:04.1, 9. Julie Meyer, UPS, 11:23.43,

10. Jessica Alley, Whw, 11:25.96, 11. Elizabeth Bailey, Whw, 11:33.29, 12. Lotus Hartley, Lin, 11:40.76

#### Women's 5000m Run

1. Maree George, PLU, 17:54.72, 2. Annie Scott, Whw, 18:06.43, 3. Ember Brosius, GFU, 18:10.84, 4. Tori Taylor, GFU, 18:19.1, 5. Holly Weiler, Whw, 18:45.27, 6. Tonya Lutz, Will, 18:49.46, 7. Lisa Lindsay, PLU, 19:15.87, 8. Amber Strickler, Will, 19:20.71, 9. Sarah Gogert, PLU, 19:43.56, 10. Katie Schlotfeldt, Whw, 19:51.57, 11. Elizabeth Bailey, Whw, 20:06.97, 12. Kari Newby, Lin, 20:22.63, 13. Helen Tammela, L&C, 20:39.33

#### Women's 10,000m Run

1. Holly Weiler, Whw, 39:46.16, 2. Kari Newby, Lin, 40:03.82, 3. Lisa Lindsay, PLU, 40:09.38, 4. Amber Strickler, Will, 40:28.85, 5. Tonya Lutz, Will, 40:47.60, 6. Sarah Gogert, PLU, 41:45.48, 7. Marisa Merritt, GFU, 41:53.80, 8. Lisa Pohlit, Will, 42:56.15, 9. Jasmin Hanson, Will, 43:28.78, NM – Kim Ball, Pac

#### Women's 4x100 Relay

1. Linfield 48.75, 2. Pacific Lutheran 48.82, 3. Lewis & Clark 49.17, 4. George Fox 49.57, 5. Whitworth 50.52, 6. Willamette 50.99, 7. Pacific 52.01

#### Women's 4x400 Relay

1. Pacific Lutheran, 3:54.89, 2. Linfield, 3:57.14, 3. George Fox, 3:59.71, 4. Willamette, 4:07.67, 5. Whitworth, 4:10.12, 6. Puget Sound, 4:15.76, 7. Lewis & Clark, 4:19.32, 8. Pacific, 4:22.77

#### Men's Javelin

1. Whit Spencer, Whw, 57.98 (190-3), 2. Jon Roberts, GFU, 56.66 (185-11), 3. Jay Douglass, Will, 55.98 (183-8), 4. Ray Lions, Lin, 55.64 (182-6), 5. Aaron Thornton, Lin, 55.28 (181-4), 6. Ty Taylor, GFU, 54.86 (180-0), 7. Jimmy Watts, Will, 54.54 (178-11), 8. Fritz Mesenbrink, Lin, 51.44 (168-9), 9. Jason Hill, L&C, 51.42 (168-8), 10. Marcus Rismiller, PLU, 49.72 (163-1), Brandon Shaver, Will, 49.50 (162-5)

#### Men's Shot Put

1. Ian Strauss, GFU, 14.89 (48-10.25), 2. Adam Dittman, Will, 14.59 (47-10.5), 3. Trevor Roberts, PLU, 14.30 (46-11), 4. Takashi Atkins, Whw, 14.26 (46-9.5), 5. Jason Caponette, Lin, 13.96 (45-9.75), 6. Dan Reichenbach, L&C, 13.91 (45-7.75), 7. Ryan Dirks, PLU, 13.82 (45-4.25), 8. Joel Strunk, GFU, 13.62 (44-8.25), 9. Pat Halstead, Will, 13.58 (44-6.75), 10. Nick Sackman, Lin, 13.51 (44-4), 11. Rodney Wood, Will, 12.99 (42-7.5), 12. Jeff York, Lin, 12.96 (42-6.25)

#### Men's Discus

1. Ian Strauss, GFU, 50.48 (165-7), 2. Ryan Dirks, PLU, 49.47 (162-4), 3. Jimmy Watts, Will, 44.70 (146-8), 4. Takashi Atkins, Whw, 43.60 (143-0), 5. Nick Sackman, Lin, 42.29 (138-9), 6. Jay Douglass, Will, 42.16 (138-4), 7. Matt Zosel, Will, 42.02 (137-10), 8. Jon Abbey, Whw, 41-02 (134-7), 9. James Bank, Will, 39.37 (129-2), 10. Pat Halstead, Will, 39.22 (128-8), 11. Jason Caponette, Lin, 37.10 (121-9), Shipley Ennis, PLU, 36.10 (118-5)

#### Men's Hammer

1. Ryan Dirks, PLU, 54.52 (178-10), 2. James Banks, Will, 49.24 (161-6), 3. Dan Reichenbach, L&C, 46.18 (151-6), 4. Takashi Atkins, Whw, 45.74 (150-1), 5. Joel Strunk, GFU, 45.40 (148-11), 6. Eric Kunze, GFU, 43.52 (142-9), 7. Jason Caponette, Lin, 43.00 (141-1), 8. Jon Abbey, Whw, 42.96 (140-11), 9. Pat Halstead, Will, 38.30 (125-8), 10. Ben Dittman, Lin, 34.48 (113-1), 11. Bobby Brown, L&C, 32.54 (106-9), NM – Micah Melton, UPS

#### Men's Pole Vault

1. Brent Sagnotti, Lin, 4.63 (15-2.25), 2. Regis Costello, PLU, 4.48 (14-8.25), 3. Jimmy Watts, Will, 4.33 (14-2.5), 4. Shipley Ennis, PLU, 4.18 (13-8.5), 5. Jason Mauch, PLU, 4.03 (13-2.5), 6. Ray Lions, Lin, 4.03 (13-2.5), 7. Aaron Baldwin, Whw, 4.03 (13-2.5), 8. Fritz Mesenbrink, Lin, 3.88 (12-8.75), NM - Aaron Routon, GFU, Jesse Thomas, PLU

#### Men's High Jump

1. Jimmy Watts, Will, 2.05 (6-8.75), 2. Garrett Miller, PLU, 2.00 (6-6.75), 3. Fritz Mesenbrink, Lin, 2.00 (6-6.75), 4. John Ranheim, Whw, 1.95 (6-4.75), 5. Reid Schooler, L&C, 1.90 (6-2.75), 6.

Mike Bernatz, Will, 1.85 (6-0.75), 7. Matt Zosel, Will, 1.85 (6-0.75), 8. Jeff Jones, UPS, 1.85 (6-0.75), 9. Joe Sanchez, Lin, 1.85 (6-0.75), NM- Jason Hill, L&C, David Brown, PLU, Marques Johnson, Will

#### Men's Long Jump

1. John Nosler, Lin, 6.89 (22-7.25), 2. Tyler Gassaway, GFU, 6.80 (22-3.75), 3. Jimmy Watts, Will, 6.63 (21-9), 4. Ray Lions, Lin, 6.48 (21-3.25), 5. Shipley Ennis, PLU, 6.47 (21-2.75), 6. David Brown, PLU, 6.29 (20-7.75), 7. Terrence Wong, Will, 6.28 (20-7.25), 8. Zach Davidson, GFU, 6.18 (20-3.5), 9. Jason Hill, L&C, 6.13 (20-1.5), 10. Kei Omo, Whw, 6.10 (20-0.25), 11. Martin Cochran, UPS, 6.07 (19-11), 12. Mike Bernatz, Will, 5.72 (18-9.25)

#### Men's Triple Jump

1. Fritz Mesebrink, Lin, 13.74 (45-1), 2. Aaron Baldwin, Whw, 13.22 (43-4.5), 3. Kei Omo, Whw, 13.19 (43-3.25), 4. Jason Hill, L&C, 13.07 (42-10.75), 5. John Nosler, Lin, 12.99 (42-7.5), 6. Martin Cochran, UPS, 12.94 (42-5.5), 7. Terrence Wong, Will, 12.81 (42-0.5), 8. Mike Bernatz, Will, 12.69 (41-7.75), 9. Caleb Stewart, Whw, 12.67 (41-7), 10. Bo Bennett, Lin, 12.66 (41-6.5), 11. Spencer Stiglets, Whw, 12.51 (41-0.5), NM – Quantae Anderson, Whw

#### Men's 110m Sprint Hurdles

1. Shipley Ennis, PLU, 15.00, 2. Paul Colby, Will, 15.03, 3. Navin Fernandes, Whw, 15.12, 4. Fritz Mesebrink, Lin, 15.13, 5. Randy Rider, Lin, 15.43, 6. Josh Smith, Will, 15.67, 7. Joel Baldwin, UPS, 15.90, 8. Spencer Stiglets, Whw, 16.12

#### Men's 400m Hurdles

1. Shipley Ennis, PLU, 53.81, 2. Andrew Rager, Lin, 53.86, 3. Zach Davidson, GFU, 55.30, 4. Chris Bertholf, PLU, 55.33, 5. Joel Baldwin, UPS, 55.46, 6. Kevin Whitaker, GFU, 55.65, 7. Navin Fernandes, Whw, 55.93, DQ – Ben Bunfill, Whw

#### Men's 100m Dash

1. Joel Robnett, Whw, 10.93, 2. Bryce McDonnell, Whw, 10.95, 3. David Plotts, GFU, 11.03, 4. Andrew Rager, Lin, 11.11, 5. Marshall Ochi, Whw, 11.13, 6. Chad Miyamoto, Whw, 11.23, 7. John Nosler, Lin, 11.28, 8. Kevin Giboney, PLU, 11.30

#### Men's 200m Dash

1. Bryce McDonnell, Whw, 21.80, 2. Joel Robnett, Whw, 21.85, 3. David Plotts, GFU, 22.05, 4. Marshall Ochi, Whw, 22.42, 5. Leo Suzuki, Whw, 22.53, 6. Tyler Gassaway, GFU, 22.60, 7. Chad Miyamoto, Whw, 22.82, 8. David Austin, Will, 23.02

#### Men's 400m Dash

1. Leo Suzuki, Whw, 48.85, 2. Shipley Ennis, PLU, 49.78, 3. Josh Pasma, Whw, 49.93, 4. Tye Tolentino, UPS, 50.22, 5. Eric Costa, GFU, 50.23, 6. Tyler Gassaway, GFU, 50.33, 7. Tyson Raymond, Will, 50.82, 8. Bracan Williams, Whm, 52.10

#### Men's 800m Run

1. Nate Miller, Lin, 1:55.88, 2. Mike Houston, PLU, 1:56.03, 3. Forrest Griek, PLU, 1:56.43, 4. Campbell White, Whw, 1:56.50, 5. Ryan Austin, GFU, 1:57.27, 6. Ben Kevan, UPS, 1:57.98, 7. Michael Semenza, Will, 2:00.54, 8. John Mantalas, GFU, 2:03.54

#### Men's 1500m Run

1. Dave Davis, UPS, 3:52.98, 2. Forrest Griek, PLU, 3:56.20, 3. Brandon Workman, GFU, 3:59.33, 4. Ryan Reed, PLU, 3:59.88, 5. Stephen Cruise, Will, 4:00.02, 6. John Mantalas, GFU, 4:01.54, 7. Gabe Doeblor, Lin, 4:02.32, 8. Paul Davis, Lin, 4:03.34, 9. Adam Thornton, Whw, 4:10.06, 10. Mat Hunnicutt, Will, 4:11.31, 11. Erik Brucker, Whw, 4:12.43, 12. Neil Weare, L&C, 4:13.08, 13. Mike Houston, PLU, 4:16.38, 14. Joey Janota, Will, 4:18.72, 15. Ben Robinson, Whw, 4:20.42

#### Men's 3000m Steeplechase

1. Brandon Workman, GFU, 9:13.4, 2. Reagan Grabner, UPS, 9:32.0, 3. Mat Hunnicutt, Will, 9:32.8, 4. Ryan Reed, PLU, 9:35.0, 5. Gabe Doeblor, Lin, 9:35.4, 6. Michael Owen, GFU, 9:53.1, 7. Zach Meyers, Will, 10:03.0, 8. Peter Metcalf, Whw, 10:06.1, 9. Forrest Towne, GFU, 10:10.0, 10. Jon Houk, Whw, 10:15.0, 11. Sam Berg, UPS, 10:21.9, 12. Brian Schoeneman, L&C, 10:24.1, 13. Jarrod Larson, UPS, 10:41.0, 14. Todd Goselin, Whw, 10:48.9, 15. Russ Getchell, Pac, 10:55.8

#### Men's 5000m Run

1. Dave Davis, UPS, 15:09.22, 2. Anthony Young, L&C, 15:24.35, 3. Ryan Reed, PLU, 15:26.89, 4. Forrest Griek, PLU, 15:26.92, 5. Brandon Workman, GFU, 15:27.76, 6. Stephen Cruise, Will, 15:33.23, 7. Alan Davies, PLU, 15:35.40, 8. Andrew Cody, L&C, 15:39.41, 9. Andrew Ault, L&C, 15:40.92, 10. Paul Davis, Lin, 15:54.50, 11. Brian Mulry, UPS, 16:10.85, 12. Michael Owen, GFU, 16:38.28, DNF – Sam Berg, UPS

#### Men's 10,000m Run

1. Andrew Ault, L&C, 32:39.13, 2. Andrew Cody, L&C, 32:58.50, 3. Brian Mulry, UPS, 33:11.01, 4. Paul Davis, Lin, 33:15.17, 5. Alan Davies, PLU, 33:46.05, 6. Justin Davis, Whw, 34:05.03, 7. Brett Venn, UPS, 34:40.54, 8. Scott Oswald, GFU, 34:55.75, 9. Lars Tysver, Whm, 35:10.7, 10. Nate Gushwa, Will, 35:18.1, 11. Derek Oldham, L&C, 35:29.6, 12. Ryan Gold, Whm, 35:46.8, 13. Josh Lennox, PLU, 35:49.7, 14. Paul McClaskey, UPS, 36:42.3, 15. Darren Bowe, Pac, 36:54.4, 16. Mike Neuner, UPS, 37:20.4, 17. Karl Hoogesteger, Pac, 37:25.1, NM – John Purdy, Pac

#### Men's 4x100 Relay

1. Whitworth 41.72, 2. George Fox 42.82, 3. Linfield 42.86, 4. Willamette 43.01, 5. Pacific Lutheran 43.21, 6. Lewis & Clark 45.38, 7. Pacific 45.93, 8. Puget Sound 45.94

#### Men's 4x400 Relay

1. Whitworth 3:19.5, 2. George Fox 3:20.8, 3. Puget Sound 3:23.3, 4. Pacific Lutheran 3:23.7, 5. Willamette 3:26.0, 6. Linfield 3:28.8, 7. Lewis & Clark 3:32.7, 8. Whitman 3:36.7



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## Full Oregon Invitational Results

### Combined M&W Results from Day & Evening Sessions (11:55 PM).

April 30, 2000

#### WOMEN'S DAY RESULTS

**Oregon Invitational**  
**Hayward Field - University of Oregon**  
**Eugene, Oregon**  
**Saturday, April 29, 2000**  
**Attendance: 2,763**

Finals WOMEN'S 100 METER DASH 1. Doreen Corsun, Boise State 12.70 w:2.6; 2. Erica Kelly, Oregon 12.88 w:2.6; 3. Annie Pogue, Oregon 12.91 w:2.6; 4. Deborah Lee, Oregon 12.96 w:2.6; 5. Rachel Johnson, Spokane CC 13.02 w:2.6; 6. Sharon Barnett, George Fox 13.14 w:2.6; 7. Novelle Murray, Coquiltam Track Club 13.31 w:2.6.

\*Finals WOMEN'S 200 METER DASH\* (Results unavailable Sat. 4/29 at 11:00 PM PST)

Finals WOMEN'S 400 METER DASH 1. Sarah Kraybill, Seattle Pacific 56.74; 1. Melody Sherman, Linfield 56.74; 3. Daisy Pressley, Chemeketa CC 58.21; 4. Kristi Lund, Clark College 59.83; 5. Jill Wilmousky, Pacific Lutheran 59.86; 6. Allison Brown, Oregon 1:00.65; 7. Melissa Heckbert, Boise State 1:02.52; 8. Amber Miller, Spokane CC 1:03.85.

Finals WOMEN'S 800 METER RUN 1. Christine Gentile, Nike Farm Team 2:09.18; 2. Jenni Saling, Unattached 2:10.84; 3. Kristy Guyman, Utah State 2:11.51; 4. Sally Vail, Boise State 2:11.83; 5. Lisa Starkey, Willamette 2:11.96; 6. Venus Nguyen, Arizona State 2:12.89; 7. Kelly Squibb, Boise State 2:13.69; 8. Lindsay Roberson, Clark College 2:14.29; 9. Katie Ellison, Eastern Washington 2:14.33; 10. Sharon Burnett, Portland State 2:14.58; 11. Becca Straw, Portland State 2:14.61; 12. Crystal Glenn, Clark College 2:14.63; 13. Erinn Gulbrandsen, Oregon 2:14.80; 14. Amy Friedrich, Pacific Lutheran 2:15.04; 15. Katie Siddoway,



Weber State 2:15.26; 16. Lisa Harrison, Eastern Washington 2:15.91; 17. Megan Clancy, Western Washington 2:16.03; 18. Meredith Gomes, Western Washington 2:16.09; 19. Linnea Jaruits, Falcon Track Club 2:16.58; 20. Celina Ingalls, Spokane CC 2:16.84; 21. Ellie Fortin, Central Washington 2:17.39; 22. Tanya Belliard, Unattached 2:18.02; 23. C'Rel McAllister, Oregon 2:18.41; 24. Jill Heinz, Eastern Oregon 2:18.68; 25. Christa Draggie, Gonzaga 2:19.26; 26. Brady Lukkari, Portland State 2:20.12; 27. Eryn Sicora-Fordney, Oregon 2:20.37; 28. Erinn Nickels, Central Washington 2:20.63; 29. Marie MacCauley, Unattached 2:20.89.

Finals WOMEN'S 1,500 METER RUN 1. Danielle Blaisdell, Weber State 4:34.44; 2. Genny Minnoch, Weber State 4:34.50; 3. Candi Criscione, Arizona State 4:35.43; 4. Alicen Maier, Central Washington 4:35.78; 5. Crystal Glenn, Clark College 4:36.63; 6. Christie Goering, Seattle Pacific 4:38.81; 7. Jamie Breese, Portland State 4:40.28; 8. Nattalie Wright, Oregon 4:40.32; 9. Annie Ebner, Oregon 4:42.45; 10. Kylee Wells, Oregon 4:43.46; 11. Kirsty Smith, West Vancouver Track Club 4:44.26; 12. Sarah Becker, Eastern Washington 4:46.76; 13. Korinda Godwin, Northwest College 4:47.43; 14. Heather Miller, Boise State 4:50.79; 15. Ashley Tendick, Portland State 4:52.13; 16. Jennifer Ehrlichman, Eastern Washington 4:52.35; 17. Robyn Hill, Weber State 4:53.95; 18. Danielle Speikesmeierer, Eastern Oregon 4:56.19; 19. Jeanette Gardiner, Eastern Washington 4:56.24; 20. Alice Woolman, Northwest College 4:56.74; 21. Jenny Rodgers, Spokane CC 4:57.09; 22. Linsy Nickels, Central Washington 4:57.27; 23. Jennifer Smith, Boise State 4:57.87; 24. Kim Patton, Lane CC 4:58.82; 25. Sara Sunborg, Portland 4:59.44; 26. Alyson Barrett, Portland 4:59.46; 27. Dawnita Lia Braaten, Clark College 5:00.74; 28. Sage Lintner, Portland State 5:02.52; 29. Paula Montoya, Eastern Oregon 5:07.31.

Finals WOMEN'S 5,000 METER RUN 1. Susannah Beck, Unattached 16:31.81 **(MEET RECORD: Breaks former record of Lauri Sax Mt. West TC, 16:44.09, 1990)**; 2. Abby Peters, Boise State 16:37.36; 3. Cynthia Losee, Weber State 16:57.94; 4. Robyn Hill, Weber State 17:09.63; 5. Maree George, Pacific Lutheran 17:21.20; 6. Nicole Gurniez, Boise State 17:23.38; 7. Carrie Barlow, Weber State 17:24.65; 8. Sharlyn Maughan, Weber State 17:28.30; 9. Heather McMahon, Unattached 17:28.44; 10. Darcy Steele, Unattached 17:33.76; 11. Laura Sandoval, Portland 17:54.36; 12. Lorain Jones, Eastern Washington 17:54.91; 13. Tana Caskey, Gonzaga 17:55.72; 14. Abby Bielenberg, Central Washington 17:58.15; 15. Sarah Forrey, Central Washington 18:01.42; 16. Heather Miller, Boise State 18:04.56; 17. Amy Forrey, Central Washington 18:06.03; 18. Kathleen Harri, Unattached 18:08.56; 19. Kim Stone, Northwest College 18:13.84; 20. Carrie Mangiapane, Unattached 18:23.22; 21. Lisa Jansen, Oregon 18:23.93; 22. Katlin Lafferty, Eastern Oregon 18:26.86; 23. Tonya Lutz, Willamette 18:39.48; 24. Christina Scriven, Unattached 18:41.60; 25. Paula Link, Gonzaga 18:47.20; 26. Emily Herndon, Mt. Hood CC 18:48.96; 27. Tiffany Edwards, Mt. Hood CC 18:56.01; 28. Veronica Herrera, Gonzaga 19:17.46.

Finals WOMEN'S 10,000 METER RUN 1. Wendy Bruneau, Willamette Striders PV 36:21.20; 2. Angie Beck, Weber State 36:32.60; 3. Chrissy Ruter, Oregon 36:52.50; 4. Nicole Seana, Seattle Pacific 36:57.20; 5. Amy Maciassek, Arizona State 37:33.80; 6. Leia Giambastiani, Humboldt State 38:18.10; 7. April Franck, Eastern Washington 38:20.20; 8. Jenn Cochran, Humboldt State 39:08.30; 9. Dina Paricci, Notre Dame 39:54.60; 10. Lisa Dick, Eastern Oregon 40:00.10; 11. Katie Park, Northwest College 41:30.50; 12. Beth Gower, Humboldt State 41:36.90; - Heidi Engstrom, Lane CC DNF.

Finals WOMEN'S 100 METER HIGH HURDLES 1. Lucretia Larkin, Oregon 14.36 w:1.1; 2. Sharon Barnett, George Fox 14.86 w:1.1; 3. Karrie Nelson, George Fox 14.87 w:1.1; 4. Laura Widman, Seattle Pacific 15.13 w:1.1; 5. Mandy Samudio, Lane CC 15.43 w:1.1; 6. Sara Cunningham, Portland State 15.55 w:1.1; 7. Amber Miller, Spokane CC 16.20 w:1.1.

K.N.  
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Finals WOMEN'S 400 METER INT HURDLES 1. Cameo Davis, Lane CC 1:02.30; 2. Melanie Schrader, Boise State 1:02.38; 3. Jawa Harder, Seattle Pacific 1:03.00; 4. Cecilee Barton, Weber State 1:03.39; 5. Kristen Hall, Portland State 1:03.66; 6. Sara Cunningham, Portland State 1:05.29; 7. Jen Leita, Western Washington 1:05.33; 8. Alicia Snyder-Carlson, Oregon 1:05.36; 9. Halee Haptonstall, Spokane CC 1:07.27; 10. Farrah McCubbin, Oregon 1:07.45; 11. Carly Shuman, Spokane CC 1:10.08; - Tansy Middag, Willamette DNF; - Mariah Bowden, Oregon DNF.

Finals WOMEN'S 3,000 METER STEEPLECHASE 1. Chrissy Ruiter, Oregon 11:29.74; 2. Jill Salmon, Portland State 11:45.66; 3. Lindsay Olric, Unattached 11:52.67; 4. Sarah Becker, Eastern Washington 12:04.89; 5. DeeAnn Dougherty, Unattached 12:08.01; 6. Lisa Flora, Portland State 13:01.29.

Finals WOMEN'S 4X400 METER RELAY 1. Oregon "B" 3:57.90; 2. Oregon "C" 4:00.48; 3. Clark College 4:02.52; 4. Central Washington 4:03.85; 5. Mt. Hood CC 4:04.90.

Finals WOMEN'S HIGH JUMP 1. Sarah McDiarmid, Kajaks TC 1.69m (5-06.50); 2. Jodie Smith, Arizona State 1.69m (5-06.50); 3. Olivia Mazzaglia, Arizona State 1.69m (5-06.50); 4. Laura Leineweber, Willamette 1.64m (5-04.50); 4. Jenny Brogdon, Oregon 1.64m (5-04.50); 6. Kellie Clinger, Weber State 1.64m (5-04.50); 7. Alana Gates, Boise State 1.64m (5-04.50); 8. Erin Crapo, Weber State 1.64m (5-04.50); 9. Laura Widman, Seattle Pacific 1.59m (5-02.50); 9. Linnea Jaruits, Falcon Track Club 1.59m (5-02.50); 11. Abby Harris, Seattle Pacific 1.59m (5-02.50); 12. Amy Forbes, George Fox 1.59m (5-02.50); 13. Jenny Eggers, Oregon 1.54m (5-00.50); 13. Amy Hill, Lane CC 1.54m (5-00.50); 15. Annie Pogue, Oregon 1.54m (5-00.50); - Brooke Cottle, Weber State NH; - Jenny Kenyon, Oregon NH; - Kristie Brooks, Unattached NH; - Erika Johnson, Arizona State NH; - Amy Lowden, Seattle Pacific NH.

Finals WOMEN'S POLE VAULT 1. Kristin Russell, Linfield 3.45m (11-03.75); 2. Danielle Juarez, Western Washington 3.35m (10-11.75); 2. Cathy Cole-Dow, Shelton TC 3.35m (10-11.75); 4. Georgette Moyle, Oregon 3.20m (10-06); 5. Olivia Mazzaglia, Arizona State 3.20m (10-06); - Leah Moore, Linfield NH.

Finals WOMEN'S LONG JUMP 1. Lisa Domico, Sheffield Elite 5.85m w:1.9 (19-02.50); 2. Morgan Ranta, Seattle Pacific 5.38m w:1.8 (17-08); 3. Alana Gates, Boise State 5.24m w:2.3 (17-02.25); 4. Kristie Brooks, Unattached 5.23m w:1.5 (17-02); 5. Sarah Hiss, Western Washington 5.18m w:1.2 (17-0); 6. Stacey Fitzgerald, Mt. Hood CC 4.94m w:1.2 (16-02.50); 7. Deborah Lee, Oregon 4.76m w:3.1 (15-07.50); - Amanda Brown, Oregon FOUL w:NWI.

Finals WOMEN'S DISCUS THROW 1. Tracy Millett, Unattached 48.70m (159-09); 2. Mary Etter, Oregon 47.40m (155-06); 3. Adrienne Judie, Arizona State 47.02m (154-03); 4. Sesilia Thomas, Washington 46.32m (152-0); 5. Catey Downey, Weber State 45.08m (147-11); 6. Heather Hill, Oregon 42.82m (140-06); 7. Samantha Hall, Boise State 41.78m (137-01); 8. Jamie Burk, Unattached 40.28m (132-02); 9. Danielle Better, Clark College 38.88m (127-07); 10. Searan Salibian, Washington 38.50m (126-04); 11. Kristi Lund, Clark College 38.36m (125-10); 12. Sarah Reichner, Willamette 37.66m (123-07); 13. Kathy Romoser, Lane CC 37.52m (123-01); 14. Caitlin Firth, Unattached 37.08m (121-08); 15. Kathryn Mount, Boise State 37.02m (121-05); 16. Penny Hansen, Mt. Hood CC 35.78m (117-05).

Finals WOMEN'S HAMMER THROW 1. Jordan McDaniels, Oregon 47.70m (156-06); 2. Heather Hill, Oregon 47.54m (156-0); 3. Lindsay Holbrook, Linfield 47.50m (155-10); 4. April Haney, Eastern Oregon 45.70m (149-11); 5. Heather Carpenter, Linn-Benton CC 45.20m (148-03); 6. Abbey Elsberry, Boise State 45.14m (148-01); 7. Jamie Burk, Unattached 43.84m (143-10); 8. Penny Hansen, Mt. Hood CC 43.04m (142-04); 9. Danielle Better, Clark College 41.00m (137-05); 10.

42.04m (137-11); 9. Danielle Better, Clark College 41.90m (137-05); 10. Samantha Hall, Boise State 40.98m (134-05); 11. Lindsay Horton, Oregon 38.10m (125-0); 12. Caitlin Firth, Unattached 37.32m (122-05).

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MEN'S DAY RESULTS

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**Oregon Invitational**  
**Hayward Field - University of Oregon**  
**Eugene, Oregon**  
**Saturday, April 29, 2000**  
**Attendance: 2,763**

Finals MEN'S 100 METER DASH 1. Kenny Storkel, Boise State 11.06 w:1.6; 2. Anthony Robinson, Portland State 11.08 w:1.6; 3. David Plotts, George Fox 11.12, *Season* w:1.6; 4. Jim Satter, Portland State 11.19 w:1.6; 5. Matt Miller, Spokane CC 11.27 w:2.6; 6. Kirk Tyner, Clark College 11.28 w:2.6; 7. Nate Brissett, Mt. Hood CC 11.44 w:1.6; 8. Jake Liberty, Boise State 11.70 w:2.6; 9. Devon Stevens, Coquitlam Track Club 11.96 w:2.6.

Finals MEN'S 200 METER DASH 1. Mike Lynch, Western Washington 21.84 w:2.9; 2. Josh Delay, Central Washington 21.86 w:2.9; 3. Seth Morris, Spokane CC 22.05 w:2.9; 4. David Plotts, George Fox 22.22 w:2.9; 5. Kenny Storkel, Boise State 22.25 w:0.6; 6. Anthony Robinson, Portland State 22.62 w:0.0; 7. Larry Small, Coquitlam Track Club 22.72 w:0.0; 8. Kyle Robinson, Coquitlam Track Club 22.77 w:0.6; 9. Ed Swartz, Spokane CC 22.84 w:0.0; 10. Kirk Tyner, Clark College 22.90 w:0.6; 11. Mike Wheeler, Clackamas CC 23.25 w:0.0; 12. Ben Greenwood, Boise State 23.34 w:0.6; 13. David Swanson, Mt. Hood CC 23.48 w:0.0; 14. Mat Thompson, Boise State 23.69 w:0.6; 15. Josh Manley, Mt. Hood CC 23.82 w:0.6; 16. Collin Lewis, Coquitlam Track Club 24.06 w:0.0.

Finals MEN'S 400 METER DASH 1. Ray Ardill, Boise State 47.86; 2. Timothy Overfield, Oregon 49.63; 3. Ryan Leavengood, Western Washington 49.81; 4. Ben Greenwood, Boise State 49.94; 5. Jesse Price, Lane CC 49.96; 6. Jeff Schlecht, Unattached 50.32; 7. Ryan Bergere, Spokane CC 50.39; 8. Ron Tibaduiza, Mt. Hood CC 53.38; - Doug Bray, Mt. Hood CC FS.

Finals MEN'S 800 METER RUN 1. Ryan Chaney, Unattached 1:53.89; 2. Everado Santillan, Lane CC 1:54.27; 3. Jim Rosenberg, Eastern Oregon 1:54.29; 4. Mike Houston, Pacific Lutheran 1:54.55; 5. Will Driessen, Oregon International 1:54.64; 6. Jake Horner, Oregon 1:54.70; 7. Brick Bergeson, Utah State 1:54.94; 8. Merrit McDole, Oregon 1:55.35; 9. Brandon Ohnemus, Western Washington 1:55.39; 10. Sean Gross, Oregon 1:55.87; 11. Eric Coates, Weber State 1:56.01; 12. Manuel Robledo, Portland State 1:56.06; 13. Josh Roys, Spokane CC 1:56.48; 14. Dousi Nguerdjeoubel, Northwest Nazarene 1:57.76; 15. Kyle Hummel, Eastern Washington 1:59.25; 16. Mark Bridenstine, Gonzaga 1:59.28; 17. Glenn Sagui, Kajaks TC 2:00.77; 18. Jon Richardson, Kajaks TC 2:01.29; 19. Jason Carver, Oregon State TC 2:02.29; 20. Ryan Coleman, Clackamas CC 2:04.21; 21. Marty Tooney, Mt. Hood CC 2:05.70.

Finals MEN'S 1,500 METER RUN 1. Brick Bergeson, Utah State 3:50.95; 2. Dennis Lorenz, Weber State 3:51.27; 3. Adam Bergquist, Oregon 3:52.47; 4. Fred Carter, Nike Farm Team 3:53.28; 5. Rusty McCra, Boise State 3:53.67; 6. Rob Aubrey, Unattached 3:53.70; 7. Scott Dickey, Weber State 3:53.81; 8. Dave Terry, Eastern Oregon 3:55.25; 9. Mitch Zundel, Utah State 3:55.65; 10. Forrest Griek, Pacific Lutheran 3:56.01; 11. Aaron Matthias, Northwest Nazarene 3:56.44; 12. Nathaniel Castle, Seattle Pacific 3:56.80; 13. Jon Luckhurst, Kajaks TC 3:56.93; 14. Ben Cotts, Portland 4:00.55; 15. Trevor Dodge, Clackamas CC

4:01.27; 16. Shawn Downey, Portland 4:01.94; 17. Andrew Book, Boise State 4:03.26; 18. Stephen Cruise, Willamette 4:03.91; 19. Nathan Griffith, Lane CC 4:05.55; 20. Matt Barraeu, Unattached 4:08.36; 21. Paul Tibbot, Gonzaga 4:11.03; 22. Leighton Katsuda, Eastern Washington 4:12.52; 23. Sam Hill, Oregon 4:12.92.

Finals MEN'S 5,000 METER RUN 1. Aaron Lindner, Portland 14:49.07; 2. Chad Schact, Unattached 14:51.05; 3. Oliver Redig, Mt. Hood CC 14:54.32; 4. Jeremy Skinner, Boise State 14:57.72; 5. Jeff Driscoll, Portland 14:58.30; 6. Matt Kerr, Eastern Washington 14:59.73; 7. Jeremy Kirk, Mt. Hood CC 15:06.25; 8. Phil Olson, Northwest College 15:07.26; 9. Dagen Bendixen, Eastern Washington 15:11.32; 10. Andrew Wall, Clackamas CC 15:12.57; 11. Colden Baxter, Oregon State TC 15:14.94; 12. Morgan Thompson, Washington 15:17.90; 13. Chris Henderson, Eastern Washington 15:23.31; 14. Steve Shaefer, Portland 15:23.42; 15. Brandon Haurer, Unattached 15:26.25; 16. Ed Harri, Unattached 15:37.03; 17. Noah Megowan, Unattached 15:38.23; 18. Tim Harding, Gonzaga 15:40.90; 19. Noah Marcus, Chico TC 15:44.11; 20. Mits Bryant, Gonzaga 15:56.70; 21. Tim Riley, Eastern Oregon 15:57.49; 22. Peter Chown, Gonzaga 16:03.74; 23. Ben Rook, Eastern Washington 16:07.95; 24. Brannon Forrester, Oregon State TC 16:13.83; 25. Ryan McGuire, Gonzaga 16:35.26; - Chris Yorges, Unattached DNF; - Jed Chappel, Unattached DNF; - Eric Hautala, Portland DNF.

Finals MEN'S 10,000 METER RUN 1. Daniel Embaye, Unattached 30:15.80; 2. Ryan Craig, Unattached 30:17.10; 3. Noah Marcus, Chico TC 30:19.10; 4. Mike Little, Portland 30:32.70; 5. Ahrlin Bauman, Unattached 30:33.60; 6. Dave Schruth, Washington 30:34.10; 7. Dan Olmstead, Chico TC 30:34.60; 8. Jeremy Skinner, Boise State 30:40.80; 9. Miles Wiscombe, Boise State 30:50.20; 10. Nick Russell, Utah State 30:53.60; 11. Scott Limbach, Unattached 30:57.10; 12. Erich Reed, Unattached 31:24.10; 13. Rhy Reynolds, Portland 31:45.70; 14. Francisco Rubalcava, Humboldt TC 31:56.50; 15. Ryan Coordes, Spokane CC 32:01.10; 16. Ernesto Espinoza, Spokane CC 32:04.60; 17. Dale Londos, Unattached 32:07.60; 18. Jeff Carman, Lane CC 32:14.30; 19. Chad Kilian, Portland 32:30.50; 20. Jeff Sather, Lane CC 32:52.30; 21. James Corliss, Unattached 32:54.90; 22. Kirk Larson, Western Washington 33:02.80; 23. Matt Holcom, Clark College 34:00.10; - Todd Dietmeyer, Unattached DNF; - Ben Gall, Eastern Oregon DNF.

Finals MEN'S 110 METER HIGH HURDLES 1. Travis Greene, Boise State 15.06 w:0.0; 2. Eli Long, Weber State 15.20 w:0.0; 3. Nate Brissett, Mt. Hood CC 15.22 w:0.0; 4. Keith Gill, Spokane CC 15.23 w:0.0; 5. Karl Lerum, Falcon Track Club 15.33 w:0.0; 6. Paul Colby, Willamette 15.50 w:0.0; 7. Dylan Morss, Northwest College 15.65 w:0.0; 8. Kyle Wallace, Western Washington 15.71 w:0.0.

Finals MEN'S 400 METER INT HURDLES 1. Curtis Parrish, Spokane CC 55.23; 2. Jeremy Dow, Seattle Pacific 55.40; 3. Eli Long, Weber State 55.63; 4. Mat Thompson, Boise State 55.66; 5. Ryan Vise, Clark College 55.91; 6. Dylan Morss, Northwest College 58.95; 7. Bryan Showalter, Unattached 1:00.76.

Finals MEN'S 3,000 METER STEEPLECHASE 1. Joe Wilson, Weber State 9:06.09; 2. Chris Krantz, Boise State 9:25.93; 3. Brandon Workman, George Fox <sup>Season's</sup> 9:26.26; 4. Bill Dolan, Clark College 9:38.48; 5. Sean McLachlan, Spokane CC 9:38.68; 6. Todd Fayant, Spokane CC 9:51.22; 7. Jose Avalos, Mt. Hood CC 9:58.83; 8. Ryan Mastropietro, Clackamas CC 10:04.86; 9. Jim Marlow, Spokane CC 10:17.39.

Finals MEN'S 4X400 METER RELAY 1. Oregon 3:24.45; - Mt. Hood CC "B" DQ.

Finals MEN'S POLE VAULT 1. Karl Lerum, Falcon Track Club 4.55m (14-11); 2. Dan Steele, U.S. Army 4.55m (14-11); 3. Scott Alexander, Central Washington 4.40m (14-05.25); 3. Regis Castillo, Unattached 4.40m (14-05.25); 5. Travis

Spencer-Coye, Western Washington 4.40m (14-05.25); 6. Dan Umenhofer, Unattached 4.40m (14-05.25); 7. Nic McGhie, Boise State 4.40m (14-05.25); 8. Sam Quady, Lane CC 4.25m (13-11.25); 9. Billy Pappas, Oregon 4.10m (13-05.25); - Matt Colyar, Spokane CC NH; - Mark Vanderville, Unattached NH.

Finals MEN'S TRIPLE JUMP 1. Charles Clinger, Weber State 15.95m w:2.1 (52-04); 2. Tyrone Wilson, Mt. Hood CC 14.87m w:2.7 (48-09.50); 3. Wes Nurse, Boise State 14.16m w:2.3 (46-05.50); 4. Shane Bosch, Unattached 14.03m w:2.6 (46-00.50); 5. Kawan Martin, Unattached 14.00m w:2.3 (45-11.25); 6. Bruce McCannel, Utah State 13.83m w:1.4 (45-04.50); 7. Vince Butorac, Central Washington 13.81m w:1.8 (45-03.75); 8. Travis Elam, Clark College 13.68m w:1.7 (44-10.75); 9. Tony Butorac, Central Washington 13.57m w:1.9 (44-06.25); 10. Beau Ross, Central Washington 13.31m w:1.1 (43-08); 11. Marten Roos, Clark College 12.96m w:2.4 (42-06.25).

Finals MEN'S SHOT PUT 1. Jarred Rome, Boise State 18.90m (62-00.25) **(MEET RECORD: Breaks former mark held by Dennis Black, Montana State, 60-10 3/4, 1994)**; 2. Mark Hoxmeier, Boise State 17.82m (58-05.75); 3. Josh Sides, Utah State 16.99m (55-09); 4. James March, Oregon 15.51m (50-10.75); 5. Doug Sells, Oregon 15.34m (50-04); 6. Ryan Gunderson, Mt. Hood CC 15.09m (49-06.25); 7. Eric Logvin, Arizona State 14.74m (48-04.50); 8. Brian Strot, Mt. Hood CC 13.89m (45-07); 9. Santiago Lorenzo, Oregon 13.19m (43-03.25); 10. Joe Samuels, Lane CC 13.05m (42-09.75); 11. Billy Pappas, Oregon 12.76m (41-10.50); 12. Ben Snyder, Clark College 12.65m (41-06).

Finals MEN'S DISCUS THROW 1. Doug Reynolds, Unattached 64.14m (210-05) **(MEET RECORD: Breaks former mark held by Richard Slaney, Unattached, 199-1, 1984)**; 2. Jarred Rome, Boise State 61.18m (200-09); 3. Mark Hoxmeier, Boise State 58.02m (190-04); 4. James Parker, Utah State 56.52m (185-05); 5. Eric Logvin, Arizona State 52.30m (171-07); 6. Ian Strauss, George Fox 49.72m PR, Season's Best (163-01); 7. Mike Oien, Unattached 49.56m (162-07); 8. Josh Sides, Utah State 48.48m (159-01); 9. Brian Strot, Mt. Hood CC 47.88m (157-01); 10. Matt Ingerbritsen, Boise State 47.88m (157-01); 11. Shane Sonognini, Weber State 47.06m (154-05); 12. Ryan Dirks, Pacific Lutheran 45.58m (149-06); 13. Tony Kyle, Western Washington 45.36m (148-10); 14. James March, Oregon 45.10m (147-11); 15. Ryan Gunderson, Mt. Hood CC 42.22m (138-06); 16. Ben Snyder, Clark College 42.08m (138-01); 17. Joe Samuels, Lane CC 41.86m (137-04); 18. Doug Sells, Oregon 41.44m (135-11); 19. Billy Pappas, Oregon 39.58m (129-10); 20. Santiago Lorenzo, Oregon 39.38m (129-02).

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## WOMEN'S EVENING RESULTS

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**Oregon Invitational**  
**Hayward Field - University of Oregon**  
**Eugene, Oregon**  
**Saturday, April 29, 2000**  
**Attendance: 2,763**

Finals WOMEN'S 100 METER DASH 1. Krysha Bayley, Coquitlam Track Club 11.93 w:0.0; 2. Heather Murtaugh, Oregon 12.34 w:0.0; 3. Sarah Axley, Pacific Lutheran 12.36 w:0.0; 4. Udemé Elijah, Portland State 12.36 w:0.0; 5. Lindsey Stewart, Seattle Pacific 12.48 w:0.0; 6. Yolande Gaymes, Coquitlam Track Club 12.82 w:0.0; 7. Marcia Garrison, Portland State 12.83 w:0.0.

Finals WOMEN'S 200 METER DASH 1. Krysha Bayley, Coquitlam Track Club 24.56 w:0.0; 2. Sandra Reategui, Utah State 24.80 w:0.0; 3. Laura Widman,

Seattle Pacific 25.30 w:0.0; 4. Udemeh Elijah, Portland State 25.53 w:0.0; 5. Jenny Kenyon, Oregon 25.60 w:0.0; 6. Yolande Gaymes, Coquiltam Track Club 26.90 w:0.0; - Kristina McKinley, Weber State DQ w:NWI.

Finals WOMEN'S 400 METER DASH 1. Courtne Ratliff, Arizona State 54.87; 2. Michala Thomsen, Utah State 55.44; 3. Endia Abrante, Oregon 55.66; 4. Arlaina Davis, Arizona State 55.93; 5. Cristi Conners, Utah State 55.94; 6. Janette Martin, Oregon 56.93; 7. Venus Nguyen, Arizona State 57.18; 8. Sally Vail, Boise State 57.59.

Finals WOMEN'S 800 METER RUN 1. Eri Macdonald, Oregon 2:08.62; 2. Melissa Jensen, Utah State 2:08.85; 3. Vicky Fleschner, Unattached 2:09.56; 4. Kristy Tolman, Weber State 2:10.03; 5. Katie Crabb, Oregon 2:10.15; 6. Liz Morse, Unattached 2:10.47; 7. Angie Poulsen, Weber State 2:10.50; 8. Jennifer Nanista, Sheffield Elite 2:10.71; 9. Rachel Ross, Seattle Pacific 2:11.42; 10. Jen Bridgeman, Arizona State 2:25.30.

Finals WOMEN'S 1,500 METER RUN 1. Clare Taylor, Unattached 4:20.15; 2. Jennifer Peck, Nike Farm Team 4:21.68; 3. Cindy O'Krane, Kajaks TC 4:21.92; 4. Janet Collar, Unattached 4:22.30; 5. Marie Davis, Unattached 4:22.43; 6. Nicole Karr, New Balance 4:23.27; 7. Nikki Knapp, Kajaks TC 4:27.10; 8. Rebekah Thornley, Utah State 4:29.07; 9. Carrie Morales, Nike 4:31.40; 10. Holly Hansen-Brimhall, Utah State 4:33.29.

Finals WOMEN'S 3,000 METER RUN 1. Emily Kroshus, Calgary Spartans 9:21.69; 2. Michelle Borgert, Asics 9:32.73; 3. Jeanette Collins, Calgary Spartans 9:35.83; 4. Kelly Hansen, Weber State 9:42.08; 5. Nicole Ricci, Portland 9:49.99; 6. Erika Colin, Portland 9:52.81; 7. Angie Winkler, Utah State 9:53.24; 8. Rebecca Bennion, Weber State 9:53.44; 9. Nicole Gurniez, Boise State 9:53.75; 10. Tara Struyk, Unattached 10:03.70; 11. Cody Sohn, Arizona State 10:05.55; 12. Rebecca Moore, Oregon State TC 10:07.31; 13. Melissa Telford, Portland State 10:09.81; 14. Sylvia Hartley, Unattached 10:11.27; 15. Jessie Newton, Portland 10:11.92; 16. Adrienne Rogers, Boise State 10:14.36; 17. Sara Hannegan, Portland 10:15.78; 18. Jessica Riehle, Boise State 10:38.25; 19. Alisa Rawe, Lane CC 10:59.91.

Finals WOMEN'S 100 METER HIGH HURDLES 1. Jennifer Pyeatt, Seattle Pacific 14.20 w:2.1; 2. Kristina McKinley, Weber State 14.22 w:2.1; 3. Lucretia Larkin, Oregon 14.29 w:2.1; 4. Shennae McNairy, Oregon 14.52 w:2.1; 5. Chris Jansen, Western Oregon 14.72 w:2.1; 6. Kate Herber, Western Washington 14.99 w:2.1; 7. Kristie Brooks, Unattached 15.24 w:2.1.

Finals WOMEN'S 400 METER INT HURDLES 1. Sandra Glover, Nike 55.35; 2. Candida Coulson, Arizona State 59.94; 3. Jennifer Pyeatt, Seattle Pacific 1:00.56; 4. Kellie Clinger, Weber State 1:01.44; 5. Jackie Smith, Simon Fraser University 1:01.77; 6. Amber Larsen, Linfield 1:02.34; 7. Chris Jansen, Western Oregon 1:02.48; 8. Annie Allred, Weber State 1:03.91.

Finals WOMEN'S 4X100 METER RELAY 1. Seattle Pacific 47.95; 2. Portland State 48.26; 3. Pacific Lutheran 48.76; 4. Boise State 48.99; 5. Linfield 49.02; 6. Lane CC 49.79; 7. Mt. Hood CC 49.88; 8. Spokane CC 50.63.

Finals WOMEN'S 4X400 METER RELAY 1. Oregon 3:45.34; 2. Seattle Pacific 3:48.14; 3. Weber State 3:51.81; 4. Portland State 3:55.19; 5. Pacific Lutheran 3:55.42; 6. Western Washington 3:57.52; 7. Linfield 4:00.37.

Finals WOMEN'S POLE VAULT 1. Shae Bair, Utah State 4.20m (13-09.25); 2. Niki Reed, Oregon 4.10m (13-05.25) (**\*OREGON OUTDOOR POLE VAULT RECORD/TIES REED'S INDOOR INDOOR RECORD FROM MARCH 2000**); 3. Sandy Erickson, Washington 3.95m (12-11.50); 4. Holly Speight, Oregon 3.75m



(12-03.50); 5. Karina Elstrom, Oregon 3.50m (11-05.75); - Heather Hunt, George Fox NH.

Finals WOMEN'S TRIPLE JUMP 1. Erika Johnson, Arizona State 11.94m w:1.2 (39-02.25); 2. Natalie Dorow, Seattle Pacific 11.61m w:1.2 (38-01.25); 3. Alana Gates, Boise State 11.30m w:1.9 (37-01); 4. Deborah Lee, Oregon 11.18m w:2.5 (36-08.25); 5. Heather Phipps, Lane CC 10.92m w:2.2 (35-10); 6. Morgan Ranta, Seattle Pacific 10.77m w:2.5 (35-04); 7. Farrah McCubbin, Oregon 10.70m w:2.2 (35-01.25); 8. Regan Zachrisson, Mt. Hood CC 10.68m w:2.8 (35-00.50); 8. Trista Christensen, Eastern Oregon 10.68m w:1.2 (35-00.50); 10. Erica Kelly, Oregon 10.64m w:1.7 (34-11); 11. Rachel Johnson, Spokane CC 10.38m w:1.5 (34-00.75).

Finals WOMEN'S SHOT PUT 1. Adrienne Judie, Arizona State 15.43m (50-07.50); 2. Sesilia Thomas, Washington 15.34m (50-04); 3. Gloria Butler, Boise State 13.60m (44-07.50); 4. Mary Etter, Oregon 13.15m (43-01.75); 5. Searan Salibian, Washington 13.13m (43-01); 6. Catey Downey, Weber State 12.60m (41-04.25); 7. April Haney, Eastern Oregon 12.29m (40-04); 8. Lindsay Horton, Oregon 12.04m (39-06); 9. Kathryn Mount, Boise State 11.55m (37-10.75); 10. Nola Watts, Unattached 11.54m (37-10.50); 11. Kathy Romoser, Lane CC 11.49m (37-08.50); - Abbey Elsberry, Boise State FOUL.

Finals WOMEN'S HAMMER THROW 1. Caroline Wittrin, Kajaks TC 59.12m (193-11) (**MEET RECORD: Breaks mark held by Kiyomi Parrish, Pacific Bay TC, 192-3, 1999**); 2. Maureen Morrison, Oregon 55.78m (183-0); 3. Charlotte Wahlin, Utah State 55.24m (181-03); 4. Wendy Egbert, Unattached 54.48m (178-09); 5. Gloria Butler, Boise State 53.84m (176-08); 6. Leah Merrell, Eastern Oregon 53.44m (175-04); 7. Adrienne Judie, Arizona State 52.36m (171-09); 8. Mary Etter, Oregon 48.38m (158-09); 9. Heather Hill, Oregon 47.96m (157-04); 10. Sutton Jenkins, Weber State 46.82m (153-07); 11. Heather Allen, Weber State 46.68m (153-02); 12. Jordan McDaniels, Oregon 45.68m (149-10).

Finals WOMEN'S JAVELIN THROW 1. Katy Polansky, Unattached 49.84m (163-06) (**MEET RECORD: Breaks new implement mark set by Trina Rogers, Clackamas CC, 145-9, 1999**); 2. Trina Rogers, Clackamas CC 45.96m (150-09); 3. April Fisher, Utah State 42.86m (140-07); 4. Wendy Olson, Oregon 41.60m (136-06); 5. Sutton Jenkins, Weber State 40.70m (133-06); 6. Charyl Weingarten, Oregon 39.98m (131-02); 7. Sara Lind, Central Washington 39.08m (128-02); 8. Sarah Dinsmore, Oregon 38.80m (127-03); 9. Karisa Makaiwi, Clark College 38.56m (126-06); 10. Monica Scott, Willamette 34.88m (114-05).

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#### MEN'S EVENING RESULTS

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**Oregon Invitational**  
**Hayward Field - University of Oregon**  
**Eugene, Oregon**  
**Saturday, April 29, 2000**  
**Attendance: 2,763**

Finals MEN'S 100 METER DASH 1. Mike Hinshaw, Western Oregon 10.59 w:1.1; 2. Willem Ryan, Coquiltam Track Club 10.64 w:1.1; 3. Chris Faulconer, Central Washington 10.71 w:1.1; 4. Chason Memmott, Weber State 10.80 w:1.1; 5. Larry Small, Coquiltam Track Club 10.84 w:1.1; 6. Brandon Boone, Utah State 10.95 w:1.1; 7. Ryon Edwards, Portland State 10.99 w:1.1.

Finals MEN'S 200 METER DASH 1. Corey Nelson, Unattached 20.85 w:0.0 2

Willem Ryan, Coquitlam Track Club 21.47 w:0.0; 3. Chason Memmott, Weber State 21.54 w:0.0; 4. Howard Moore, Oregon 21.57 w:0.0; 5. Anthony Wilson, Coquitlam Track Club 21.67 w:0.0; 6. Dan Steele, U.S. Army 21.84 w:0.0; 7. Chris Faulconer, Central Washington 21.86 w:0.0; 8. Ryon Edwards, Portland State 21.88 w:0.0.

Finals MEN'S 400 METER DASH 1. Greg McKinley, Weber State 46.52; 2. Aaron Buckendorf, Chemeketa CC 47.35; 3. Lauwerence Ringwald, Utah State 47.48; 4. Todd Grunander, Weber State 48.60; 5. Ryan Hoyt, Clackamas CC 48.71; 6. Mike Becerra, Lane CC 49.23; - Corey Nelson, Unattached DQ.

Finals MEN'S 800 METER RUN 1. Ross Krempsey, Oregon 1:49.76; 2. Devin Kemper, Western Washington 1:49.84; 3. Ray Ardill, Boise State 1:50.98; 4. Lee Lorenz, Weber State 1:51.67; 5. Chris Johnson, Kajaks TC 1:52.67; 6. Erik Anderson, Clackamas CC 1:53.19; 7. Josh Piper, Western Oregon 1:53.47; 8. Christian Berkey, Seattle Pacific 1:53.62; 9. Shawn Murphy, Boise State 1:55.70.

Finals MEN'S 1,500 METER RUN 1. Mike Miller, Unattached 3:45.56; 2. Allan Klassen, Kajaks TC 3:46.44; 3. Ian Gillespie, New Balance 3:46.57; 4. Matthew Smith, Fila 3:47.36; 5. David Burke, Arizona State 3:47.76; 6. Randy Moody, Kajaks TC 3:47.82; 7. Jonathan Swanson, Fila 3:48.18; 8. John Mackay, Unattached 3:48.26; 9. Nick Rogers, Nike 3:48.42; 10. Ray McClanahan, Club Northwest 3:48.64; 11. Richard Lee, Asics 3:49.11; 12. Garrett Jensen, Arizona State 3:49.24; 13. Todd Humcke, Oregon 3:50.20; 14. Marcus Morgan, Utah State 3:50.43; 15. Cormac Smith, Asics 3:50.47; 16. David Milne, West Vancouver Track Club 3:52.81; 17. Martin McCarthy, Fila 3:55.79.

Finals MEN'S 5,000 METER RUN 1. Jeremy Deere, Calgary Spartans 13:58.54; 2. Charles Wallace, Bob Schul Racing Team 14:08.85; 3. Scott Touchette, Unattached 14:09.61; 4. Jason Schoenfeld, Weber State 14:12.54; 5. Michael Kasahun, Oregon 14:16.98; 6. Jason Hartmann, Unattached 14:22.25; 7. Thomas Carey, Boise State 14:23.16; 8. Jeremy Park, Unattached 14:26.18; 9. Joe Wilson, Weber State 14:27.45; 10. Noah Marcus, Chico TC 14:29.91; 11. Ronnie Buchanan, Arizona State 14:33.86; 12. Jed Johansen, Weber State 14:35.93; 13. Kevin Smith, Portland 14:41.61; 14. Sergio Cabada, Mt. Hood CC 14:49.63; 15. Pat McCurry, Eastern Oregon 14:51.27; 16. Rick White, Portland 15:12.06; 17. Jon Murray, Club Northwest 15:25.56; 18. David Braund, Unattached 15:45.09; - Rob Aubrey, Unattached DNF.

Finals MEN'S 110 METER HIGH HURDLES 1. Wes Davis, Weber State 14.03 w:1.7; 2. Dan Steele, U.S. Army 14.36 w:1.7; 3. Brett Guyman, Utah State 14.41 w:1.7; 4. Nic McGhie, Boise State 14.42 w:1.7; 5. Kyle Robinson, Coquitlam Track Club 14.56 w:0.3; 6. Damien Davis, Unattached 14.71 w:0.3; 7. Mat Thompson, Boise State 14.83 w:0.3; 8. Collin Lewis, Coquitlam Track Club 14.92 w:1.7; 9. Travis Greene, Boise State 15.02 w:0.3; 10. Santiago Lorenzo, Oregon 15.15 w:0.3; 11. Billy Pappas, Oregon 15.19 w:1.7; 12. Josh Peters, Portland State 15.55 w:0.3; 13. Doug Sells, Oregon 15.78 w:0.3.

Finals MEN'S 400 METER INT HURDLES 1. Brett Guyman, Utah State 50.75; 2. Sasha Cesaratto, Boise State 51.83; 3. Aaron Lacy, Unattached 52.32; 4. Nick Little, Western Washington 52.71; 5. Jared Meuser, Boise State 54.04; 6. Ed Swartz, Spokane CC 55.54; 7. Travis Greene, Boise State 55.71; 8. Nate Anderson, Mt. Hood CC 56.54.

Finals MEN'S 3,000 METER STEEPLECHASE 1. Joel Atwater, Weber State 8:45.24; 2. Jeremy Tolman, Unattached 8:45.27; 3. Rick Mestler, Asics 8:50.72; 4. Corbin Taley, Unattached 8:54.49; 5. Glen Busch, Utah State 8:56.64; 6. Mark Jolley, Weber State 8:57.28; 7. Hugh Christiansen, Weber State 9:06.81; 8. Mike Hill, Washington 9:09.96; 9. Kris Alexander, Arizona State 9:15.75; 10. Tye Van Schoiack, Oregon International 9:15.95; 11. Damin Chamberlain, Unattached



9:17.49; 12. Mike Thorniley, Unattached 9:25.89.

Finals MEN'S 4X100 METER RELAY 1. Western Oregon 41.48; 2. Boise State 41.81; 3. Central Washington 41.84; 4. Portland State 42.42; 5. Mt. Hood CC 42.71; 6. Spokane CC 43.13; 7. Clark College 44.53; - Weber State DQ.

Finals MEN'S 4X400 METER RELAY 1. Boise State 3:11.47; 2. Weber State 3:11.80; 3. Western Oregon 3:15.51; 4. Mt. Hood CC 3:15.59; 5. Clackamas CC 3:16.60; 6. Western Washington 3:16.92; 7. Portland State 3:17.05; 8. Spokane CC 3:21.37.

Finals MEN'S HIGH JUMP 1. Charles Clinger, Weber State 2.18m (7-01.75); 2. A.J. Acker, Oregon International 2.13m (6-11.75); 3. Joe DeRieux, Unattached 2.08m (6-09.75); 4. Sean Steele, Washington 2.08m (6-09.75); 5. Kyle Johnson, Unattached 2.03m (6-08); 6. Nathan Lindeman, Western Washington 2.03m (6-08); 7. Frank Remund, Washington 1.98m (6-06); 7. Eric Argo, Boise State 1.98m (6-06); 9. Ben Getusky, Boise State 1.98m (6-06); 10. Eric Green, Western Washington 1.98m (6-06); 11. Damien Davis, Unattached 1.93m (6-04); 12. Jamahl Fitzgerald, Unattached 1.93m (6-04); 13. James Holzgraf, Unattached 1.93m (6-04); - Travis Elam, Clark College NH; - Lance Thurston, Utah State NH; - Dave Hoffman, Utah State NH.

Finals MEN'S POLE VAULT 1. Piotr Buciarski, Unattached 5.50m (18-00.50); 2. Matt Phillips, Washington 5.15m (16-10.75); 3. Brad Walker, Washington 5.00m (16-04.75); 4. Jason Follett, Eastern Oregon 5.00m (16-04.75); 5. Jason Slye, Oregon 4.85m (15-11); 6. Brent Sagnotti, Linfield 4.70m (15-05); 7. Santiago Lorenzo, Oregon 4.55m (14-11); 8. Mike Alexander, Central Washington 4.55m (14-11); - Doug Sells, Oregon NH; - Mark Calvin, Utah State NH.

Finals MEN'S LONG JUMP 1. Nick Wells, Mt. Hood CC 7.09m w:NWI (23-03.25); 2. Foluso Akinradewo, Oregon 7.05m w:NWI (23-01.75); 3. Santiago Lorenzo, Oregon 6.97m w:NWI (22-10.50); 4. Karl Lerum, Falcon Track Club 6.90m w:1.5 (22-07.75); 5. Tony Butorac, Central Washington 6.78m w:1.7 (22-03); 6. Dan Steele, U.S. Army 6.74m w:0.7 (22-01.50); 7. Marten Roos, Clark College 6.43m w:2.2 (21-01.25); 8. Wes Nurse, Boise State 6.32m w:1.0 (20-09); 9. Doug Sells, Oregon 6.30m w:1.0 (20-08); 10. Eric Argo, Boise State 6.12m w:0.6 (20-01); 11. Jake Liberty, Boise State 6.10m w:2.2 (20-00.25).

Finals MEN'S HAMMER THROW 1. Lance Deal, New York Athletic Club 78.20m (256-07); 2. James Parker, Utah State 70.63m (231-09); 3. Travis Nutter, Unattached 65.42m (214-07); 4. Scott Boothby, Club Northwest 64.97m (213-02); 5. Stephen Dunbar, New Mexico 59.31m (194-07); 6. Dan Barley, Oregon International 58.47m (191-10); 7. Erik Probstfield, Unattached 57.87m (189-10); 8. Adam Kriz, Oregon 57.26m (187-10); 9. Ryan Dirks, Pacific Lutheran 55.25m (181-03); 10. Ben Snyder, Clark College 53.07m (174-01); 11. Aaron Coriell, Clark College 52.01m (170-08); 12. Shane Sonognini, Weber State 49.15m (161-03); 13. Josh Sides, Utah State 48.17m (158-0); 14. James Banks, Willamette 48.07m (157-08); 15. Matt Ingerbritsen, Boise State 47.88m (157-01); 16. Eric Loguin, Arizona State 47.73m (156-07); 17. Brian Strot, Mt. Hood CC 46.03m (151-0); 18. Ryan Bruhn, Clark College 43.19m (141-08); - Kevin Whitson, Unattached FOUL.

Finals MEN'S JAVELIN THROW 1. Dan Steele, U.S. Army 67.10m (220-02); 2. Craig Stelling, Unattached 64.74m (212-05); 3. John Stiegeler, Oregon 62.90m (206-04); 4. Chris Thomas, Unattached 62.30m (204-05); 5. Jake Horspool, Weber State 61.90m (203-01); 6. Ryan Keith, Oregon 61.60m (202-01); 7. Mike Oien, Unattached 61.38m (201-04); 8. Nick Bakke, Unattached 60.44m (198-03); 9. Joey McCain, Chemeketa CC 58.16m (190-10); 10. Niel Warr, Utah State 57.16m (187-06); 11. Dustin Ampania, Clark College 56.18m (184-04); 12. Travis Huntsinger, Western Washington 52.54m (172-04); 13. Aaron Acker, Portland State 52.18m (171-02); - Ryan Bruhn, Clark College FOUL

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## Finals WOMEN'S 100 METER DASH

1. Kiana Womack, WOU 12.64 w:NWI; 2. Emily Porter, WOU 12.84 w:NWI; 3. Coleen Forbes, George Fox U 12.94 w:NWI; 4. Jackie Bashaw, Chemeketa CC 13.04 w:NWI; 5. Lani Cooke, Linn-Benton 13.14 w:NWI; 6. Michelle Thueson, Clackamas CC 13.24 w:NWI; 7. Brigitta Christiansen, SWOCC 13.34 w:NWI; 8. Paula Campbell, SWOCC 13.54 w:NWI; 9. Kylie Hawkins, Eastern Oreg 13.64 w:NWI; 10. Danielle Booth, Eastern Oreg 13.74 w:NWI; 11. Vania Jobb, U of Port 14.04 w:NWI.

## Finals WOMEN'S 200 METER DASH

1. Kiana Womack, WOU 26.84 w:NWI; 2. Kirtlye Lohof, Lewis-Clark 26.84 w:NWI; 3. Brooke Alexander, Eastern Oreg 27.34 w:NWI; 4. Christina Davis, George Fox U 27.34 w:NWI; 5. Heather Creech, WOU 27.44 w:NWI; 6. Paula Leslie, OSU TC 27.64 w:NWI; 7. Renee Eder, Chemeketa CC 27.74 w:NWI; 8. Heather Esposito, NW Nazarene 27.84 w:NWI; 9. Lani Cooke, Linn-Benton 27.84 w:NWI; 10. Kylie Hawkins, Eastern Oreg 27.84 w:NWI; 11. Jackie Bashaw, Chemeketa CC 28.14 w:NWI; 12. Paula Campbell, SWOCC 28.24 w:NWI; 13. Kim Tiffany, SWOCC 28.64 w:NWI; 14. Vania Jobb, U of Port 28.94 w:NWI.

## Finals WOMEN'S 400 METER DASH

1. Jessica Adams, George Fox U 59.44; 2. Alisa Worley, WOU 59.84; 3. Jennifer Davidson, Chemeketa CC 1:00.14; 4. Heather Esposito, NW Nazarene 1:00.24; 5. Jenny Sharp, SWOCC 1:00.54; 6. Brooke Alexander, Eastern Oreg 1:00.74; 7. Cassie Moorhouse, Clackamas CC 1:00.94; 8. Kara Cozby, WOU 1:02.64; 9. Buffy Morris, Willamette U 1:02.94; 10. Jennifer Jacobson, Pacific Univ 1:03.74; 11. Michaela Ryder, Pacific Univ 1:03.84; 12. Rebecca Lucas, Pacific Univ 1:05.84.

## Finals WOMEN'S 800 METER RUN

1. Jamie McElwain, George Fox U 2:18.64; 2. Evelyn Willimas, Willamette U 2:24.24; 3. Jennifer Davidson, Chemeketa CC 2:24.64; 4. Theresa Lane, Unattached 2:25.04; 5. Amber Emery, Willamette U 2:25.34; 6. Mimi VanHooser, George Fox U 2:30.14; 7. Cassie Moorhouse, Clackamas CC 2:34.04; 8. Kelsey Jones, Eastern Oreg 2:34.34; 9. Kara Bentley, Cascade Coll 2:35.44; 10. Kerri Swan, Eastern Oreg 2:36.44; 11. Mandy Bates, Clackamas CC 2:37.84; 12. Carri Jones, Eastern Oreg 2:38.64; 13. Rainy Diehl, SWOCC 2:41.74; 14. Tiffany Winsor, Clackamas CC 2:44.54.

## Finals WOMEN'S 1,500 METER RUN

1. Amber Strickler, Willamette U 4:56.94; 2. Annie Mockford, Willamette U 5:04.24; 3. Debbie McClanahan, Chemeketa CC 5:10.14; 4. Lisa Pohlit, Willamette U 5:17.84; 5. Jasmin Hanson, Willamette U 5:19.74; 6. Rainy Diehl, SWOCC 5:50.64; 7. Kelly Corrigall, SWOCC 5:59.24.

## Finals WOMEN'S 3,000 METER RUN

1. Amber Brosius, George Fox U 10:27.34; 2. Kendel White, Clackamas CC 10:28.04; 3. Tori Taylor, George Fox U 10:29.94; 4. Amelia Kinney, WOU 10:57.94; 5. Kate Kaufman, U of Port 11:04.84; 6. Kirsten Norgaard, George Fox U 11:09.04; 7. Kari Newby, Linfield 11:10.74; 8. Mandy Bates, Clackamas CC 11:12.84; 9. Kelsey Jones, Eastern Oreg 11:13.64; 10. China Metzen, U of Port 11:43.84; 11. Amy Conant, Eastern Oreg 11:54.94; 12. Tiffany Winsor, Clackamas CC 12:02.14; 13. Stephanie Gorman, Lower Columb 12:30.04; 14. Ann Swearingin, Chemeketa CC 13:11.04.

## Finals WOMEN'S 5,000 METER RUN

1. Susan Reese, WOU 19:36.04; 2. Lisseth Lovelli, NW Nazarene 19:59.04; 3. Tyana Morales, Clackamas CC 20:11.64; 4. Melanie Hevel, Northwest Co 20:16.34; 5. Betsy Glenn, OSU TC 20:29.94; 6. Helen Tammela, Lewis-Clark 20:34.84; 7. Jenni Hardie, Clackamas CC 20:39.04; 8. Sarah Block, Clackamas CC 20:55.44; 9. Stephanie Gorman, Lower Columb 21:56.74.

## Finals WOMEN'S 100 METER HIGH HURDLES

1. Tiffany Prinslow, Chemeketa CC 15.84 w:NWI; 2. Shannon Bartlett, Chemeketa CC 16.44 w:NWI; 3. Meghan Roberts, U of Port 17.64 w:NWI.

## Finals WOMEN'S 400 METER INT HURDLES

1. Megan Heuberger, George Fox U 1:03.85; 2. Mary Claze, NW Nazarene 1:05.50;

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WOMEN'S 400 METER INT HURDLES (Continued)

3. Lynn Gurney, WOU 1:10.44; 4. Ania Ito, Lewis-Clark 1:10.69; 5. Julie LaBraaten, Eastern Oreg 1:11.78; 6. Meghan Roberts, U of Port 1:13.75.

Finals WOMEN'S 4X100 METER RELAY

1. WOU 48.67; 2. George Fox U 50.55; 3. Willamette U 50.78; 4. SWOCC 51.06; 5. Lewis-Clark 51.39; 6. Eastern Oreg 51.47; 7. Pacific Univ 53.00; 8. Linn-Benton 55.37.

Finals WOMEN'S 4X400 METER RELAY

1. Pacific Univ 4:29.41.

Finals WOMEN'S HIGH JUMP

1. Alison Wood, Unattached 1.55m (5-01); 2. Rikki Swanson, Unattached 1.55m (5-01); 3. Jenifer Schwab, Linn Benton 1.50m (4-11); 4. Brianna Ruttkay, U of Port 1.45m (4-09); 5. Katherine Cook, WOU 1.40m (4-07); 6. Heidi Grilley, Northwest Co 1.35m (4-05); - Julie LaBraaten, Eastern Oreg NH.

Finals WOMEN'S POLE VAULT

1. Tara Haga, WOU 3.05m (10-0); 2. Katie Dobeck, Linn-Benton 3.05m (10-0); 3. Amanda Stanko, U of Port 3.05m (10-0); 4. Christine Smith, Linn-Benton 3.05m (10-0); 5. Katey Pohlschneider, WOU 2.90m (9-06.25); 6. Helena Telfer, George Fox U 2.90m (9-06.25); 6. Katie Henes, WOU 2.90m (9-06.25); 8. Melanie Rainmuth, Pacific Univ 2.59m (8-06); 9. Lisa Baumann, Linfield 2.29m (7-06); - Kyle Kilanlang, Willamette U NH; - Maron Stilson, Willamette U NH; - Mindy Perkins, Pacific Univ NH.

Finals WOMEN'S LONG JUMP

1. Paula Leslie, OSU TC 5.00m w:NWI (16-05); 2. Shelley Comstock, WOU 4.96m w:NWI (16-03.25); 3. Natalie Flindt, Willamette U 4.78m w:NWI (15-08.25); 4. Leanne Oberrueter, U of Port 4.77m w:NWI (15-07.75); 5. Danielle Booth, Eastern Oreg 4.57m w:NWI (15-0); 6. Heidi Grilley, Northwest Co 4.55m w:NWI (14-11.25); 7. Kerri Swan, Eastern Oreg 4.52m w:NWI (14-10); 8. Rikki Swanson, Unattached 4.50m w:NWI (14-09.25); 9. Paula Campbell, SWOCC 4.31m w:NWI (14-01.75).

Finals WOMEN'S TRIPLE JUMP

1. Christina Donehower, Lewis-Clark 10.80m w:NWI (35-05.25); 2. Shelley Comstock, WOU 10.71m w:NWI (35-01.75); 3. Jocelyn Kennedy, George Fox U 10.63m w:NWI (34-10.50); 4. Kelsey Baron, George Fox U 10.62m w:NWI (34-10.25); 5. Renee Eder, Chemeketa CC 10.53m w:NWI (34-06.75); 6. Leanne Oberrueter, U of Port 10.51m w:NWI (34-05.75); 7. Coleen Forbes, George Fox U 10.44m w:NWI (34-03); 8. Brigitta Christiansen, SWOCC 9.81m w:NWI (32-02.25); 9. Heidi Grilley, Northwest Co 9.65m w:NWI (31-08); Danielle Booth, Eastern Oreg ND w:NWI.

Finals WOMEN'S SHOT PUT

1. Kathleen Ramos, Chemeketa CC 12.76m (41-10.50); 2. Shalese Borden, WOU 12.25m (40-02.25); 3. Mary Ann McDonald, NW Nazarene 12.02m (39-05.25); 4. Dorothy Kerr, WOU 12.00m (39-04.50); 5. Sarah Cotton, Pacific Univ 11.83m (38-09.75); 6. Marian Stevens, George Fox U 11.73m (38-06); 7. Amanda Lee, Clackamas CC 11.70m (38-04.75); 8. Angela Rosario, Pacific Univ 11.64m (38-02.25); 9. Janelle Braun, Lewis-Clark 11.29m (37-00.50); 10. Lauri Duensing, Pacific Univ 11.19m (36-08.50); 11. Kasey Sorenson, Willamette U 10.62m (34-10.25); 12. Paige Lewis, George Fox U 10.61m (34-09.75); 13. Pam Longman, George Fox U 10.12m (33-02.50); 14. Erin Simon, George Fox U 10.05m (32-11.75); 15. Janna Vavro, Pacific Univ 9.76m (32-00.25); 16. Brianne Barrett, SWOCC 9.47m (31-01); 17. Ann Kaltwasser, Pacific Univ 9.43m (30-11.25); 18. Jenni Dunkin, WOU 9.35m (30-08.25); 19. Janice Hollyburton, Linn-Benton 9.26m (30-04.75); 20. Amber Dietz, SWOCC 8.92m (29-03.25); 21. Sarah Dudley, SWOCC 8.57m (28-01.50); 22. Elysha Hummer, SWOCC 8.31m (27-03.25).

Finals WOMEN'S DISCUS THROW

1. Marian Stevens, George Fox U 39.26m (128-10); 2. Stephanie Reichenbach,

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## WOMEN'S DISCUS THROW (Continued)

Unattached 38.24m (125-05); 3. Lindsay Holbrook, Linfield 37.98m (124-07); 4. Paige Lewis, George Fox U 37.96m (124-06); 5. Chris Collier, Eastern Oreg 37.66m (123-07); 6. Mary Ann McDonald, NW Nazarene 37.04m (121-06); 7. Dorothy Kerr, WOU 36.86m (120-11); 8. Heidi Fuhrmann, Pacific Univ 34.04m (111-08); 9. Janelle Braun, Lewis-Clark 33.12m (108-08); 10. Brianne Barrett, SWOCC 32.86m (107-10); 11. Erin Tannock, Linfield 32.72m (107-04); 12. Ann Kaltwasser, Pacific Univ 32.48m (106-07); 13. Shalese Borden, WOU 32.42m (106-04); 14. Sarah Cotton, Pacific Univ 31.28m (102-07); 15. Kara Blagg, Eastern Oreg 31.06m (101-11); 16. Angela Rosario, Pacific Univ 30.94m (101-05); 17. Kate Jackson, WOU 29.22m (95-10); 18. Lauri Duensing, Pacific Univ 27.66m (90-09); 19. Elysha Hummer, SWOCC 26.68m (87-06); 20. Amanda Evey, WOU 26.16m (85-10); 21. Shannon Tait, Linfield 21.60m (70-10).

## Finals WOMEN'S HAMMER THROW

1. Kate Jackson, WOU 49.10m (161-01); 2. Candace Ekhoft, WOU 47.00m (154-02); 3. Heidi Fuhrmann, Pacific Univ 43.90m (144-0); 4. Chris Collier, Eastern Oreg 42.52m (139-06); 5. Jenni Dunkin, WOU 41.68m (136-09); 6. Gretchen Stephens, WOU 40.44m (132-08); 7. Dorothy Kerr, WOU 39.92m (131-0); 8. Stephanie Reichenbach, Unattached 39.06m (128-02); 9. Janelle Braun, Lewis-Clark 38.72m (127-0); 10. Janice Hollyburton, Linn-Benton 37.92m (124-05); 11. Shalese Borden, WOU 36.10m (118-05); 12. Amanda Evey, WOU 36.04m (118-03); 13. Brianne Barrett, SWOCC 35.24m (115-07); 14. Erin Simon, George Fox U 35.06m (115-0); 15. Erin Tannock, Linfield 34.28m (112-05); 16. Kasey Sorenson, Willamette U 33.16m (108-09); 17. Kara Blagg, Eastern Oreg 32.44m (106-05); 18. Kristyn Kohler, Linn-Benton 28.40m (93-02); 19. Sarah Warnock, Lewis-Clark 28.12m (92-03); 20. Heather Revis, Chemeketa CC 26.26m (86-02); - Kathleen Ramos, Chemeketa CC ND; - Lara Perez, Chemeketa CC ND.

## Finals WOMEN'S JAVELIN THROW

- Kim Courtright, SWOCC 36.48m (119-08); 1. Ann Kaltwasser, Pacific Univ 41.44m (135-11); 2. Nikki Thompson, Lewis-Clark 36.86m (120-11); 3. Melissa Barclay, Eastern Oreg 36.00m (118-01); 4. Gail Wooten, Pacific Univ 33.76m (110-09); 5. Kristyn Kohler, Linn-Benton 31.26m (102-07); 6. Jennifer Creaq, Linfield 31.16m (102-03); 7. Heather Revis, Chemeketa CC 30.12m (98-10); 8. Sukhee So, Willamette U 28.40m (93-02); 9. Tiffany Prinslow, Chemeketa CC 27.44m (90-0); 10. Heidi Grilley, Northwest Co 27.00m (88-07); 11. Amber Dietz, SWOCC 26.86m (88-01); 12. Jonna Vavro, Pacific Univ 24.74m (81-02); 13. Shannon Bartlett, Chemeketa CC 24.18m (79-04); 14. Lara Perez, Chemeketa CC 23.52m (77-02).

## Finals MEN'S 100 METER DASH

- Byron Kyle, Linn-Benton 12.04 w:NWI; 1. Tony Perkins, Unattached 11.04 w:NWI; 2. Joel Alley, WOU 11.04 w:NWI; 3. John Nosler, Linfield 11.14 w:NWI; 4. Matt Miller, Lewis-Clark 11.34 w:NWI; 4. David Austin, Willamette U 11.34 w:NWI; 6. Scott Darland, Chemeketa CC 11.44 w:NWI; 7. Jo'Shawn Douglas, Clackamas CC 11.44 w:NWI; 8. John McDowell, Willamette U 11.54 w:NWI; 8. Nick Swanegan, Unattached 11.54 w:NWI; 10. Damon Foreman, Willamette U 11.54 w:NWI; 10. Javon Allen, Unattached 11.54 w:NWI; 12. Tomi Oladele, U of Port 11.54 w:NWI; 13. Jason Rice, Unattached 11.64 w:NWI; 14. Conley Bergh, George Fox U 11.74 w:NWI; 15. Greg Dubberke, Pacific Univ 11.84 w:NWI; 16. RJ Mahoric, Lower Columb 11.94 w:NWI; 16. Joe Kirk, Linn-Benton 11.94 w:NWI; 18. Justin Cooper, Willamette U 12.04 w:NWI; 20. Ryan Anderson, Lower Columb 12.24 w:NWI; 21. Ray Castillo, Chemeketa CC 12.24 w:NWI; 22. Eduard Baba, Willamette U 12.34 w:NWI; 22. Josh Davis, Willamette U 12.34 w:NWI; 24. Kevin Barnett, Lower Columb 12.44 w:NWI; 25. Neil Cantrall, George Fox U 12.54 w:NWI.

## Finals MEN'S 200 METER DASH

1. Joel Alley, WOU 22.24 w:NWI; 2. Sedric Ashley, Unattached 22.44 w:NWI; 3. Zach Davidson, George Fox U 22.64 w:NWI; 4. John Nosler, Linfield 22.74 w:NWI; 5. Ben Baker, Eastern Oreg 22.84 w:NWI; 5. Cleveland Smith, Chemeketa CC 24.24

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## MEN'S 200 METER DASH (Continued)

w:NWI; 7. Matt Miller, Lewis-Clark 23.04 w:NWI; 8. Sean Wilkerson, Northwest Co 23.14 w:NWI; 9. Jake Young, Northwest Co 23.24 w:NWI; 10. David Austin, Willamette U 23.24 w:NWI; 11. Nick Swanegan, Unattached 23.34 w:NWI; 11. Scott Darland, Chemeketa CC 23.34 w:NWI; 13. Derrick Speere, Oregon Inter 23.44 w:NWI; 14. Jason Rice, Unattached 23.54 w:NWI; 15. Javon Allen, Unattached 23.54 w:NWI; 16. Tony Perkins, Unattached 23.64 w:NWI; 16. Josh McIntyre, WOU 23.64 w:NWI; 18. John McDowell, Willamette U 23.74 w:NWI; 19. Robert Wolf, Unattached 23.94 w:NWI; 19. Ray Dandeneau, Linn-Benton 23.94 w:NWI; 21. Nathan Boyes, Unattached 24.04 w:NWI; 22. Ray Castillo, Chemeketa CC 24.14 w:NWI; 22. Michael Jackson, Lewis-Clark 24.14 w:NWI; 24. Tyler Gossway, George Fox U 22.84 w:NWI; 25. Trent Bough, SWOCC 24.24 w:NWI; 26. Jesse Lee, Northwest Co 24.24 w:NWI; 27. Conley Bergh, George Fox U 24.44 w:NWI; 28. Brian Hartley, Eastern Oreg 24.44 w:NWI; 29. RJ Mahoric, Lower Columb 24.54 w:NWI; 30. Joe Kirk, Linn-Benton 24.84 w:NWI; 31. Ryan Anderson, Lower Columb 25.04 w:NWI; 31. Tomi Oladele, U of Port 25.04 w:NWI; 33. Eduard Baba, Willamette U 26.54 w:NWI.

## Finals MEN'S 400 METER DASH

1. Sedric Ashley, Unattached 49.34; 2. Dave Grantland, SWOCC 49.84; 3. Sean Wilkerson, Northwest Co 49.94; 4. Jacob Brown, WOU 50.24; 5. Jake Young, Northwest Co 50.64; 6. Jason Newton, WOU 50.84; 7. Ben Baker, Eastern Oreg 50.84; 8. Ray Dandeneau, Linn-Benton 51.84; 9. Robert Wolf, Unattached 52.04; 10. Derrick Speere, Oregon Inter 52.24; 11. Erik Bjornstad, WOU 52.34; 12. Pieter Vockes, Linfield 52.44; 13. Trent Bough, SWOCC 53.14; 14. Rick Voltin, Chemeketa CC 53.84; 15. Andy Monhead, Clackamas CC 54.34; 16. Ryan Oxford, SWOCC 54.44; 17. Michael Jackson, Lewis-Clark 55.54.

## Finals MEN'S 800 METER RUN

1. Stuart Chaffee, WOU 1:53.24; 2. Curt Poole, Cascade Coll 1:55.14; 3. Ryan Austin, George Fox U 1:55.24; 4. Nate Miller, Linfield 1:55.64; 5. Justin Nakamura, WOU 1:55.94; 6. Sean Williams, Unattached 1:56.44; 7. John Mantalas, George Fox U 1:57.04; 8. Andy Monhead, Clackamas CC 1:58.14; 9. Snake Ulrich, Eastern Oreg 1:59.44; 10. Nick Ryland, George Fox U 2:00.74; 11. Neil Ware, Lewis-Clark 2:00.94; 12. Billy Lee, SWOCC 2:01.14; 13. Nick Kitzerow, Lewis-Clark 2:02.34; 14. Dallas Kinch, Eastern Oreg 2:02.54; 14. Jonathan Cooper, Willamette U 2:02.54; 16. Brent Lord, Linfield 2:02.74; 17. Nathan Paisley, George Fox U 2:08.74; 18. Chris Aurea, Unattached 2:08.94; 19. Brian Potter, Linn-Benton 2:10.54; 20. Josh Rockwell, Unattached 2:13.24.

## Finals MEN'S 1,500 METER RUN

1. Eric Hautala, U of Port 4:04.64; 2. Aaron Long, WOU 4:07.54; 3. Gabe Doebler, Linfield 4:09.24; 4. Dallas Kinch, Eastern Oreg 4:09.94; 5. Paul Davis, Linfield 4:10.14; 6. Andy Wedam, U of Port 4:10.44; 7. Chris Clark, Chemeketa CC 4:19.24; 8. Scott Ball, Unattached 4:22.74; 9. Steve Mahoney, U of Port 4:23.84; 10. Matt Powell, Chemeketa CC 4:26.74; 11. Nathan Paisley, George Fox U 4:27.74; 12. Steven Sande, Lower Columb 5:17.04.

## Finals MEN'S 5,000 METER RUN

1. Aron Mathies, Unattached 15:13.24; 2. Andrew Ault, Lewis-Clark 15:46.24; 3. Anthony Young, Lewis-Clark 15:53.24; 4. Casey Jackson, WOU 15:55.24; 5. Ryan Parmenter, Linn-Benton 15:56.24; 5. Andrew Cody, Lewis-Clark 15:56.24; 7. Brian Schoenman, Lewis-Clark 15:57.24; - John Purdy, Pacific Univ NT; - Shawn Radabaugh, Cascade Coll NT; - Darren Bowe, Pacific Univ NT; - Chris Hansen, SWOCC NT; - Derek Oldham, Lewis-Clark NT; - Erik Bond, Clackamas CC NT; - Carl Hoogesteger, Pacific Univ NT; - Monty Chompoux, Clackamas CC NT.

## Finals MEN'S 110 METER HIGH HURDLES

1. Jim Chroninger, Unattached 15.04 w:NWI; 1. David Parker, Unattached 15.04 w:NWI; 3. Fritz Mesenbrink, Linfield 15.24 w:NWI; 4. MJ Canady, Chemeketa CC 15.74 w:NWI; 4. Travis Herzog, Eastern Oreg 15.74 w:NWI; 6. John Smith.

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## MEN'S 110 METER HIGH HURDLES (Continued)

Unattached 16.04 w:NWI; 7. Jeremy Fortner, Unattached 16.44 w:NWI; 7. Randy Rider, Linfield 16.44 w:NWI; 9. Loran Joseph, Lewis-Clark 16.84 w:NWI; 10. David Phillips, Cascade Coll 16.94 w:NWI; 11. Brad Dunten, SWOCC 18.24 w:NWI; 12. Robert Riley, Lower Columb 18.54 w:NWI.

## Finals MEN'S 400 METER INT HURDLES

1. Kevin Whitacker, George Fox U 55.60; 2. Brad Mandel, Unattached 56.07; 3. Keith Christiansen, George Fox U 56.62; 4. Loran Joseph, Lewis-Clark 56.90; 5. Cassidy Beaver, Linn-Benton 57.81; 6. Donnie Herneisen, WOU 58.05; 7. Ryan Powell, Linfield 59.12; 8. Doug Christ, Pacific Univ 59.60; 9. Josh Pearson, Eastern Oreg 59.66; 10. Ty Volle, Eastern Oreg 1:00.65; 11. Tom Harper, SWOCC 1:02.21.

## Finals MEN'S 3,000 METER STEEPLECHASE

1. Tomm Johnson, Unattached 9:51.74; 2. Brett Franz, WOU 10:15.34; 3. Russ Getchell, Pacific Univ 10:46.14; 4. Mike McDonald, Chemeketa CC 11:27.34; 5. Chris Hansen, SWOCC 13:52.84.

## Finals MEN'S 4X100 METER RELAY

1. Unattached-W 43.36; 2. Willamette U 43.96; 3. Eastern Oreg 44.34; 4. Linn-Benton 44.86; 5. Lewis-Clark 45.27.

## Finals MEN'S 4X400 METER RELAY

1. George Fox U 3:21.46; 2. Linfield 3:29.93; 3. Unattached 3:30.04; 4. Eastern Oreg 3:31.22; 5. WOU 3:31.33; 6. Lewis-Clark 3:31.51; 7. Linn-Benton 3:35.16; 8. Pacific Univ 3:35.64.

## Finals MEN'S HIGH JUMP

1. Pat Ferguson, WOU 1.98m (6-06); 2. Mike Bonadurer, Clackamas CC 1.98m (6-06); 3. Reid Schooler, Lewis-Clark 1.93m (6-04); 4. Mike Beenatz, Willamette U 1.83m (6-0); 5. Joe Sanchez, Linfield 1.83m (6-0); 6. Matt Zoscl, Willamette U 1.83m (6-0); 7. Brad Dunten, SWOCC 1.78m (5-10); 8. Joe Woodland, Eastern Oreg 1.78m (5-10); 9. Robert Riley, Lower Columb 1.78m (5-10); 10. Loran Joseph, Lewis-Clark 1.78m (5-10); 11. Beau West, George Fox U 1.73m (5-08); 12. Ty Volle, Eastern Oreg 1.73m (5-08); 13. Jason Hill, Lewis-Clark 1.73m (5-08); - Andy Hockema, Linfield NH; - Jeremy Crowfoot, NW Nazarene NH; - Jerome Powell, WOU NH; - Jake Kienholz, Linfield NH.

## Finals MEN'S POLE VAULT

1. Travis Olson, Unattached 4.29m (14-00.75); 1. David Phillips, Cascade Coll 4.29m (14-00.75); 1. Spike Olson, Unattached 4.29m (14-00.75); 4. Jon Stroschine, WOU 4.29m (14-00.75); 5. Matt Muravez, Clackamas CC 3.99m (13-01); 6. Fritz Mesenbrink, Linfield 3.99m (13-01); 7. Ray Lions, Linfield 3.99m (13-01); 8. Keith Christiansen, George Fox U 3.68m (12-00.75); 9. Paul Lapke, Eastern Oreg 3.68m (12-00.75); 10. Deter Boyle, Pacific Univ 3.38m (11-01); - Michael Ellingson, Chemeketa CC NH; - Josh Pearson, Eastern Oreg NH; - Tyler Eikenberry, Linn-Benton NH.

## Finals MEN'S LONG JUMP

1. John Nosler, Linfield 6.85m w:NWI (22-05.75); 2. Travis Herzog, Eastern Oreg 6.80m w:NWI (22-03.75); 3. Daniel Straw, WOU 6.51m w:NWI (21-04.25); 4. Brian Kruse, WOU 6.50m w:NWI (21-04); 5. RJ Mahoric, Lower Columb 6.41m w:NWI (21-00.50); 6. Ray Lions, Linfield 6.38m w:NWI (20-11.25); 7. Mike Beenatz, Willamette U 6.32m w:NWI (20-09); 8. Jason Hill, Lewis-Clark 6.31m w:NWI (20-08.50); 9. Wolf Rudolph, Linfield 6.25m w:NWI (20-06.25); 10. Zach Davidson, George Fox U 6.21m w:NWI (20-04.50); 11. Andy Miguel, Willamette U 6.19m w:NWI (20-03.75); 12. Joe Woodland, Eastern Oreg 6.10m w:NWI (20-00.25); 13. Tony Cassinerjo, Willamette U 5.65m w:NWI (18-06.50); 14. Paul Lapke, Eastern Oreg 5.64m w:NWI (18-06); 15. Jeff Schindler, Clackamas CC 5.61m w:NWI (18-05); 16. Eduard Baba, Willamette U 5.40m w:NWI (17-08.75); - Justin Wold, U of Port ND w:NWI.



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## Finals MEN'S TRIPLE JUMP

1. Jesse Lee, Northwest Co 12.88m w:NWI (42-03.25);
2. Bo Bennett, Linfield 12.70m w:NWI (41-08);
3. Mike Beenatz, Willamette U 12.61m w:NWI (41-04.50);
4. Jason Hill, Lewis-Clark 12.50m w:NWI (41-00.25);
5. Daniel Straw, WOU 12.33m w:NWI (40-05.50);
6. Joe Woodland, Eastern Oreg 12.25m w:NWI (40-02.25);
7. Scott Greene, George Fox U 12.13m w:NWI (39-09.75);
8. Jeff Schindler, Clackamas CC 12.10m w:NWI (39-08.50);
9. Mario LaMorticella, U of Port 12.04m w:NWI (39-06);
10. Justin Wold, U of Port 10.62m w:NWI (34-10.25);
11. Jeremy Crowfoot, NW Nazarene 9.84m w:NWI (32-03.50).

## Finals MEN'S SHOT PUT

1. Brian Crawford, WOU 14.80m (48-06.75);
2. Josh Gonzales, Cascade Coll 14.03m (46-00.50);
3. Pat Halstead, Willamette U 13.83m (45-04.50);
4. Cimeron Kormendi, Chemeketa CC 13.76m (45-01.75);
5. Rodney Wood, Willamette U 13.38m (43-10.75);
6. John Gurney, SWOCC 12.54m (41-01.75);
7. Matt Zosel, Willamette U 12.53m (41-01.50);
8. Dan Reichenbach, Lewis-Clark 12.37m (40-07);
9. Sam Vandergriff, Chemeketa CC 12.12m (39-09.25);
10. Paul Dittman, Linfield 12.10m (39-08.50);
11. Jay Douglass, Willamette U 11.75m (38-06.75);
12. Justin Buckner, Linfield 11.65m (38-02.75);
13. Luke Speckman, Lewis-Clark 11.45m (37-06.75);
14. Jordon Abbott, Chemeketa CC 11.15m (36-07);
15. Chad Juhlin, SWOCC 10.63m (34-10.50);
16. Brian Hartley, Eastern Oreg 10.38m (34-00.75);
17. John Fletcher, George Fox U 10.23m (33-06.75);
18. Ken Kozuma, Pacific Univ 9.18m (30-01.50);
19. Justin Kennedy, Linn-Benton 8.45m (27-08.75).

## Finals MEN'S DISCUS THROW

1. Brian Crawford, WOU 51.42m (168-08);
2. David Gregory, WOU 44.68m (146-07);
3. Travis Olson, Unattached 44.46m (145-10);
4. Jake Nickerson, WOU 44.42m (145-09);
5. Jeff Aichele, Unattached 43.82m (143-09);
6. Greg Gottfried, Unattached 43.18m (141-08);
7. Matt Zosel, Willamette U 42.98m (141-0);
8. Jay Douglass, Willamette U 42.88m (140-08);
9. Luke Franzke, WOU 38.76m (127-02);
10. Cimeron Kormendi, Chemeketa CC 37.70m (123-08);
11. Dan Reichenbach, Lewis-Clark 37.46m (122-11);
12. Ty Taylor, George Fox U 37.32m (122-05);
13. John Gurney, SWOCC 36.74m (120-06);
14. Joe Mason, WOU 35.86m (117-08);
15. Chad Juhlin, SWOCC 35.72m (117-02);
16. Justin Buckner, Linfield 35.70m (117-01);
17. Brian Hartley, Eastern Oreg 33.34m (109-04);
18. Joe Sanchez, Linfield 32.06m (105-02);
19. John Fletcher, George Fox U 31.62m (103-09);
20. Jason Caporette, Linfield 31.02m (101-09);
21. Luke Speckman, Lewis-Clark 30.88m (101-04);
22. Justin Kennedy, Linn-Benton 27.12m (89-0); - Justin Kline, Chemeketa CC ND.

## Finals MEN'S HAMMER THROW

1. Luke Franzke, WOU 52.26m (171-05);
2. David Gregory, WOU 50.30m (165-0);
3. Dan Reichenbach, Lewis-Clark 49.16m (161-03);
4. Todd Taylor, Unattached 48.50m (159-01);
5. Cimeron Kormendi, Chemeketa CC 45.76m (150-01);
6. Jeff King, OSU TC 45.04m (147-09);
7. Jason Caporette, Linfield 43.40m (142-05);
8. Jake Nickerson, WOU 41.86m (137-04);
9. Joe Mason, WOU 39.62m (130-0);
10. Paul Dittman, Linfield 37.18m (122-0);
11. Pat Halstead, Willamette U 37.02m (121-05);
12. Justin Kline, Chemeketa CC 36.14m (118-07);
13. Jordon Abbott, Chemeketa CC 34.52m (113-03);
14. Eric Schmitt, Chemeketa CC 34.02m (111-07);
15. Bobby Brown, Lewis-Clark 33.92m (111-03);
16. Ken Kozuma, Pacific Univ 31.14m (102-02);
17. Luke Speckman, Lewis-Clark 16.28m (53-05); - Jeff Aichele, Unattached ND.

## Finals MEN'S JAVELIN THROW

1. John Smith, Unattached 58.20m (190-11);
2. Sam Vandergriff, Chemeketa CC 54.84m (179-11);
3. Jared Tippets, Clackamas CC 54.34m (178-03);
4. Tyler Cox, WOU 53.96m (177-0);
5. Jay Douglass, Willamette U 53.44m (175-04);
6. Garrett Fergus, Linfield 51.74m (169-09);
7. Matt Greco, Linfield 50.90m (167-0);
8. Ray Henschel, Chemeketa CC 50.86m (166-10);
9. Gordon Hartung, Chemeketa CC 48.30m (158-05);
10. Aaron Thornton, Linfield 48.04m (157-07);
11. Darren Gillenwater, WOU 45.82m (150-04);
12. Justin Kennedy, Linn-Benton 44.92m

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## MEN'S JAVELIN THROW (Continued)

(147-04); 13. JP Kloninger, Linfield 44.56m (146-02); 14. Billy Alexander, Lewis-Clark 43.36m (142-03); 15. Chris Bennetto, Eastern Oreg 42.96m (140-11); 16. Brad Dunten, SWOCC 42.66m (139-11); 17. Matt Zosel, Willamette U 42.44m (139-03); 18. Josh Randolph, Lower Columb 41.32m (135-07); 19. Jeff Ridgeway, WOU 40.26m (132-01); 20. David Mewille, Eastern Oreg 38.68m (126-11); 21. Eric Schmitt, Chemeketa CC 38.08m (124-11); 22. Paul Lapke, Eastern Oreg 37.54m (123-02); 23. MJ Canady, Chemeketa CC 36.96m (121-03).

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## Finals WOMEN'S 100 METER DASH

- Paula Campbell, SWOCC 13.54 w:NWI; 1. Kiana Womack, WOU 12.64 w:NWI; 2. Emily Porter, WOU 12.84 w:NWI; 3. Coleen Forbes, George Fox U 12.94 w:NWI; 4. Jackie Bashaw, Chemeketa CC 13.04 w:NWI; 5. Lani Cooke, Linn-Benton 13.14 w:NWI; 6. Michelle Thueson, Clackamas CC 13.24 w:NWI; 7. Brigitta Christiansen, SWOCC 13.34 w:NWI; 9. Kylie Hawkins, Eastern Ore 13.64 w:NWI; 10. Danielle Booth, Eastern Ore 13.74 w:NWI; 11. Vania Jobb, U of Port 14.04 w:NWI; 8. Brianna Ruttkay, U of Port SCR w:NWI.

## Finals WOMEN'S 200 METER DASH

1. Kiana Womack, WOU 26.84 w:NWI; 2. Kirtlye Lohof, Lewis-Clark 26.84 w:NWI; 3. Brooke Alexander, Eastern Ore 27.34 w:NWI; 4. Christina Davis, George Fox U 27.34 w:NWI; 5. Heather Creech, WOU 27.44 w:NWI; 6. Paula Leslie, OSU TC 27.64 w:NWI; 7. Renee Rder, Chemeketa CC 27.74 w:NWI; 8. Heather Esposito, NW Nazarene 27.84 w:NWI; 9. Lani Cooke, Linn-Benton 27.84 w:NWI; 10. Kylie Hawkins, Eastern Ore 27.84 w:NWI; 11. Jackie Bashaw, Chemeketa CC 28.14 w:NWI; 12. Paula Campbell, SWOCC 28.24 w:NWI; 13. Kim Tiffany, SWOCC 28.64 w:NWI; 14. Vania Jobb, U of Port 28.94 w:NWI.

## Finals WOMEN'S 400 METER DASH

1. Jessica Adams, George Fox U 59.44; 2. Alisa Worley, WOU 59.84; 3. Jennifer Davidson, Chemeketa CC 1:00.14; 4. Heather Esposito, NW Nazarene 1:00.24; 5. Jenny Sharp, SWOCC 1:00.54; 6. Brooke Alexander, Eastern Ore 1:00.74; 7. Cassie Moorhouse, Clackamas CC 1:00.94; 8. Kara Cozby, WOU 1:02.64; 9. Buffy Morris, Willamette U 1:02.94; 10. Jennifer Jacobson, Pacific Univ 1:03.74; 11. Michaela Ryder, Pacific Univ 1:03.84; 12. Rebecca Lucas, Pacific Univ 1:05.84.

## Finals WOMEN'S 800 METER RUN

1. Jamie McElwain, George Fox U 2:18.64; 2. Evelyn Willimas, Willamette U 2:24.24; 3. Jennifer Davidson, Chemeketa CC 2:24.64; 4. Theresa Lane, Unattached 2:25.04; 5. Amber Emory, Willamette U 2:25.34; 6. Mimi VanHooser, George Fox U 2:30.14; 7. Cassie Moorhouse, Clackamas CC 2:34.04; 8. Kelsey Jones, Eastern Ore 2:34.34; 9. Kara Bentley, Cascade Coll 2:35.44; 10. Kerri Swan, Eastern Ore 2:36.44; 11. Mandy Bates, Clackamas CC 2:37.84; 12. Carri Jones, Eastern Ore 2:38.64; 13. Rainy Diehl, SWOCC 2:41.74; 14. Tiffany Winsor, Clackamas CC 2:44.54.

## Finals WOMEN'S 1,500 METER RUN

1. Amber Strickler, Willamette U 4:56.94; 2. Annie Mockford, Willamette U 5:04.24; 3. Debbie McClananban, Chemeketa CC 5:10.14; 4. Lisa Pohlit, Willamette U 5:17.84; 5. Jasmin Hanson, Willamette U 5:19.74; 6. Rainy Diehl, SWOCC 5:50.64; 7. Kelly Corrigan, SWOCC 5:59.24.

## Finals WOMEN'S 3,000 METER RUN

1. Amber Brosius, George Fox U 10:27.34; 2. Kendel White, Clackamas CC 10:28.04; 3. Tori Taylor, George Fox U 10:29.94; 4. Amelia Kinney, WOU 10:57.94; 5. Kate Kaufman, U of Port 11:04.84; 6. Kirsten Norgaard, George Fox U 11:09.04; 7. Kari Newby, Linfield 11:10.74; 8. Mandy Bates, Clackamas CC 11:12.84; 9. Kelsey Jones, Eastern Ore 11:13.64; 10. China Metzen, U of Port 11:43.84; 11. Amy Conant, Eastern Ore 11:54.94; 12. Tiffany Winsor, Clackamas CC 12:02.14; 13. Stephanie Gorman, Lower Columb 12:30.04; 14. Ann Swearingin, Chemeketa CC 13:11.04.

## Finals WOMEN'S 5,000 METER RUN

1. Susan Reese, WOU 19:36.04; 2. Lisseth Lovelli, NW Nazarene 19:59.04; 3. Tyana Morales, Clackamas CC 20:11.64; 4. Melanie Hevel, Northwest Co 20:16.34; 5. Betsy Glenn, OSU TC 20:29.94; 6. Helen Tammela, Lewis-Clark 20:34.84; 7. Jenni Hardie, Clackamas CC 20:39.04; 8. Sarah Block, Clackamas CC 20:55.44; 9. Stephanie Gorman, Lower Columb 21:56.74.

## Finals WOMEN'S 100 METER HIGH HURDLES

1. Tiffany Prinslow, Chemeketa CC 15.84 w:NWI; 2. Shannon Bartlett, Chemeketa CC 16.44 w:NWI; 3. Meghan Roberts, U of Port 17.64 w:NWI.

## Finals WOMEN'S 400 METER INT HURDLES

1. Megan Heuberger, George Fox U 1:05.50; 2. Mary Glazc, NW Nazarene 1:05.50; 3. Lynn Gurney, WOU 1:10.44; 4. Ania Ito, Lewis-Clark 1:10.69; 5. Julie LaBraaten, Eastern Ore 1:11.78; 6. Meghan Roberts, U of Port 1:13.75.

## Finals WOMEN'S 4X100 METER RELAY

1. WOU 48.67; 2. George Fox U 50.55; 3. Willamette U 50.78; 4. SWOCC 51.06; 5. Lewis-Clark 51.39; 6. Eastern Ore 51.47; 7. Pacific Univ 53.08; 8. Linn-Benton 55.37.

## Finals WOMEN'S HIGH JUMP

1. Alison Wood, Unattached 1.55m (5-01); 2. Rikki Swanson, Unattached 1.55m (5-01); 3. Jenifer Schwab, Linn-Benton 1.50m (4-11); 4. Brianna Ruttkay, U of Port 1.45m (4-09); 5. Katherine Cook, WOU 1.40m (4-07); 6. Heidi Grilley, Northwest Co 1.35m (4-05); - Julie LaBraaten, Eastern Ore NH.

## Finals WOMEN'S POLE VAULT

1. Tara Haga, WOU 3.05m (10-0); 2. Katie Dobeck, Linn-Benton 3.05m (10-0); 3. Amanda Stanko, U of Port 3.05m (10-0); 4. Christine Smith, Linn-Benton 3.05m (10-0); 5. Katey Pohlschneider, WOU 2.90m (9-06.25); 6. Helena Telfer, George Fox U 2.90m (9-06.25); 6. Katie Henez, WOU 2.90m (9-06.25); 8. Melanie Rainmuth, Pacific Univ 2.59m (8-06); 9. Lisa Baumann, Linfield 2.29m (7-06); - Kyla Kilantang, Willamette U NH; - Maron Stilson, Willamette U NH; - Mindy Perkins, Pacific Univ NH.

## Finals WOMEN'S LONG JUMP

1. Paula Leslie, OSU TC 5.00m w:NWI (16-05); 2. Shelley Comstock, WOU 4.96m w:NWI (16-03.25); 3. Natalie Flindt, Willamette U 4.78m w:NWI (15-08.25); 4. Jeanne Oberrueter, U of Port 4.77m w:NWI (15-07.75); 5. Danielle Booth, Eastern Ore 4.57m w:NWI



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## WOMEN'S LONG JUMP (Continued)

(15-0); 6. Heidi Grilley, Northwest Co 4.55m w:NWI (14-11.25); 7. Kerri Swan, Eastern Oreg 4.52m w:NWI (14-10); 8. Rikki Swanson, Unattached 4.50m w:NWI (14-09.25); 9. Paula Campbell, SWOCC 4.31m w:NWI (14-01.75).

## Finals WOMEN'S TRIPLE JUMP

1. Christina Donehower, Lewis-Clark 10.80m w:NWI (35-05.25); 2. Shelley Comstock, WOU 10.71m w:NWI (35-01.75); 3. Jocelyn Kennedy, George Fox U 10.63m w:NWI (34-04.50); 4. Kelsey Baron, George Fox U 10.62m w:NWI (34-10.25); 5. Renee Eder, Chemeketa CC 10.53m w:NWI (34-06.75); 6. Leanne Oberrueter, U of Port 10.51m w:NWI (34-05.75); 7. Coleen Forbes, George Fox U 10.44m w:NWI (34-03); 8. Brigitta Christiansen, SWOCC 9.81m w:NWI (32-02.25); 9. Heidi Grilley, Northwest Co 9.65m w:NWI (31-08); - Danielle Booth, Eastern Oreg ND w:NWI.

## Finals WOMEN'S SHOT PUT

1. Kathleen Ramos, Chemeketa CC 12.76m (41-10.50); 2. Shalese Borden, WOU 12.25m (40-02.25); 3. Mary Ann McDonald, NW Nazarene 12.02m (39-05.25); 4. Dorothy Kerr, WOU 12.00m (39-04.50); 5. Sarah Cotton, Pacific Univ 11.83m (38-09.75); 6. Marian Stevens, George Fox U 11.73m (38-06); 7. Amanda Lee, Clackamas CC 11.70m (38-04.75); 8. Angela Rosario, Pacific Univ 11.64m (38-02.25); 9. Janelle Braun, Lewis-Clark 11.29m (37-00.50); 10. Lauri Duensing, Pacific Univ 11.19m (36-08.50); 11. Kasey Sorenson, Willamette U 10.62m (34-10.25); 12. Paige Lewis, George Fox U 10.61m (34-09.75); 13. Pam Longman, George Fox U 10.12m (33-02.50); 14. Brin Simon, George Fox U 10.05m (32-11.75); 15. Jonna Vavro, Pacific Univ 9.76m (32-00.25); 16. Brianne Barrett, SWOCC 9.47m (31-01); 17. Ann Kaltwasser, Pacific Univ 9.43m (30-11.25); 18. Jenni Dunkin, WOU 9.35m (30-08.25); 19. Janice Hollyburton, Linn-Benton 9.26m (30-04.75); 20. Amber Dietz, SWOCC 8.92m (29-03.25); 21. Sarah Dudley, SWOCC 8.57m (28-01.50); 22. Blysha Hummer, SWOCC 8.31m (27-03.25).

## Finals WOMEN'S HAMMER THROW

1. Kate Jackson, WOU 49.10m (161-01); 2. Candace Bkhoff, WOU 47.00m (154-02); 3. Heidi Fuhrmann, Pacific Univ 43.90m (144-0); 4. Chris Collier, Eastern Oreg 42.52m (139-06); 5. Jenni Dunkin, WOU 41.68m (136-09); 6. Gretchen Stephens, WOU 40.44m (132-08); 7. Dorothy Kerr, WOU 39.92m (131-0); 8. Stephanie Reichenbach, Unattached 39.06m (128-02); 9. Janelle Braun, Lewis-Clark 38.72m (127-0); 10. Janice Hollyburton, Linn-Benton 37.92m (124-05); 11. Shalese Borden, WOU 36.10m (118-05); 12. Amanda Rvey, WOU 36.04m (118-03); 13. Brianne Barrett, SWOCC 35.24m (115-07); 14. Brin Simon, George Fox U 35.06m (115-0); 15. Brin Tannock, Linfield 34.28m (112-05); 16. Kasey Sorenson, Willamette U 33.16m (108-09); 17. Kara Blagg, Eastern Oreg 32.44m (106-05); 18. Kristyn Kohler, Linn-Benton 28.40m (93-02); 19. Sarah Warnock, Lewis-Clark 28.12m (92-03); 20. Heather Revis, Chemeketa CC 26.26m (86-02); - Kathleen Ramos, Chemeketa CC ND; - Lara Perez, Chemeketa CC ND.

## Finals WOMEN'S JAVELIN THROW

- Kim Courtright, SWOCC 36.48m (119-08); 1. Ann Kaltwasser, Pacific Univ 41.44m (135-11); 2. Nikki Thompson, Lewis-Clark 36.86m (120-11); 3. Melissa Barclay, Eastern Oreg 36.00m (118-01); 4. Gail Wooten, Pacific Univ 33.76m (110-09); 5. Kristyn Kohler, Linn-Benton 31.26m (102-07); 6. Jennifer Cregg, Linfield 31.16m (102-03); 7. Heather Revis, Chemeketa CC 30.12m (98-10); 8. Sukhee So, Willamette U 28.40m (93-02); 9. Tiffany Prinslow, Chemeketa CC 27.44m (90-0); 10. Heidi Grilley, Northwest Co 27.00m (88-07); 11. Amber Dietz, SWOCC 26.86m (88-01); 12. Jonna Vavro, Pacific Univ 24.74m (81-02); 13. Shannon Bartlett, Chemeketa CC 24.18m (79-04); 14. Lara Perez, Chemeketa CC 23.52m (77-02).

## Finals MEN'S 100 METER DASH

- Byron Kyle, Linn-Benton 12.04 w:NWI; 1. Tony Perkins, Unattached 11.04 w:NWI; 2. Joel Alley, WOU 11.04 w:NWI; 3. John Nosler, Linfield 11.14 w:NWI; 4. Matt Miller, Lewis-Clark 11.34 w:NWI; 4. David Austin, Willamette U 11.34 w:NWI; 6. Scott Darland, Chemeketa CC 11.44 w:NWI; 7. Jo'Shawn Douglas, Clackamas CC 11.44 w:NWI; 8. John McDowell, Willamette U 11.54 w:NWI; 8. Nick Swanegan, Unattached 11.54 w:NWI; 10. Damon Foreman, Willamette U 11.54 w:NWI; 10. Javon Allen, Unattached 11.54 w:NWI; 12. Tomi Oladele, U of Port 11.54 w:NWI; 13. Jason Rice, Unattached 11.64 w:NWI; 14. Conley Bergh, George Fox U 11.94 w:NWI; 15. Greg Dubberke, Pacific Univ 11.84 w:NWI; 16. RJ Mahoric, Lower Columb 11.94 w:NWI; 16. Joe Kirk, Linn-Benton 11.94 w:NWI; 18. Justin Cooper, Willamette U 12.04 w:NWI; 20. Ryan Anderson, Lower Columb 12.24 w:NWI; 21. Ray Castillo, Chemeketa CC 12.24 w:NWI; 22. Eduard Baba, Willamette U 12.34 w:NWI; 22. Josh Davis, Willamette U 12.34 w:NWI; 24. Kevin Barnett, Lower Columb 12.44 w:NWI; 25. Neil Cantrall, George Fox U 12.54 w:NWI.

## Finals MEN'S 200 METER DASH

1. Joel Alley, WOU 22.24 w:NWI; 2. Sedric Ashley, Unattached 22.44 w:NWI; 3. Zach Davidson, George Fox U 22.64 w:NWI; 4. John Nosler, Linfield 22.74 w:NWI; 5. Ben Baker, Eastern Oreg 22.84 w:NWI; 5. Cleveland Smith, Chemeketa CC 24.24 w:NWI; 7. Matt Miller, Lewis-Clark 23.04 w:NWI; 8. Sean Wilkerson, Northwest Co 23.14 w:NWI; 9. Jake Young, Northwest Co 23.24 w:NWI; 10. David Austin, Willamette U 23.24 w:NWI; 11. Nick Swanegan, Unattached 23.34 w:NWI; 11. Scott Darland, Chemeketa CC 23.34 w:NWI; 13. Derrick Speere, Oregon Inter 23.44 w:NWI; 14. Jason Rice, Unattached 23.54 w:NWI; 15. Javon Allen, Unattached 23.54 w:NWI; 16. Tony Perkins, Unattached 23.64 w:NWI; 16. Josh McIntyre, WOU 23.64 w:NWI; 18. John McDowell, Willamette U 23.74 w:NWI; 19. Robert Wolf, Unattached 23.94 w:NWI; 19. Ray Dandeneau, Linn-Benton 23.94 w:NWI; 21. Nathan Boyes, Unattached 24.04 w:NWI; 22. Ray Castillo, Chemeketa CC 24.14 w:NWI; 22. Michael Jackson, Lewis-Clark 24.14 w:NWI; 24. Tyler Gossaway, George Fox U 22.44 w:NWI; 25. Trent Bogh, SWOCC 24.24 w:NWI; 26. Jesse Lee, Northwest Co 24.24 w:NWI; 27. Conley Bergh, George Fox U 24.44 w:NWI; 28. Brian Hartley, Eastern Oreg 24.44 w:NWI; 29. RJ Mahoric, Lower Columb 24.54 w:NWI; 30. Joe Kirk, Linn-Benton 24.84 w:NWI; 31. Ryan Anderson, Lower Columb 25.04 w:NWI; 31. Tomi Oladele, U of Port 25.04 w:NWI; 33. Eduard Baba, Willamette U 26.54 w:NWI.



## Western Oregon University

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The Western Open Saturday April 29, 2000

## Finals MEN'S 400 METER DASH

1. Sedric Ashley, Unattached 49.34; 2. Dave Grantland, SWOCC 49.84; 3. Sean Wilkerson, Northwest Co 49.94; 4. Jacob Brown, WOU 50.24; 5. Jake Young, Northwest Co 50.64; 6. Jason Newton, WOU 50.84; 7. Ben Baker, Eastern Ore 50.84; 8. Ray Dandeneau, Linn-Benton 51.84; 9. Robert Wolf, Unattached 52.04; 10. Derrick Speere, Oregon Inter 52.24; 11. Erik Bjornstad, WOU 52.34; 12. Pieter Vockes, Linfield 52.44; 13. Trent Bogh, SWOCC 53.14; 14. Rick Voltin, Chemeketa CC 53.84; 15. Andy Monhead, Clackamas CC 54.34; 16. Ryan Oxford, SWOCC 54.44; 17. Michael Jackson, Lewis-Clark 55.54.

## Finals MEN'S 800 METER RUN

1. Stuart Chaffee, WOU 1:53.24; 2. Curt Poole, Cascade Coll 1:55.14; 3. Ryan Austin, George Fox U 1:55.24; 4. Nate Miller, PR Sea Reg Linfield 1:55.64; 5. Justin Nakamura, WOU 1:55.94; 6. Sean Williams, Unattached 1:56.44; 7. John Mantalas, George Fox U 1:58.54; 8. Andy Monhead, Clackamas CC 1:58.14; 9. Snake Ulrich, Eastern Ore 1:59.44; 10. Nick Ryland, George Fox U 2:00.74; 11. Neil Ware, Lewis-Clark 2:00.94; 12. Billy Lee, SWOCC 2:01.14; 13. Nick Kitzerow, Lewis-Clark 2:02.34; 14. Dallas Kinch, Eastern Ore 2:02.54; 15. Jonathan Cooper, Willamette U 2:02.54; 16. Brent Lord, Linfield 2:02.74; 17. Nathan Paisley, George Fox U 2:08.44; 18. Chris Aurea, Unattached 2:08.94; 19. Brian Potter, Linn-Benton 2:10.54; 20. Josh Rockwell, Unattached 2:13.24.

## Finals MEN'S 1,500 METER RUN

1. Eric Hautala, U of Port 4:04.64; 2. Aaron Long, WOU 4:07.54; 3. Gabe Doeblor, Linfield 4:09.24; 4. Dallas Kinch, Eastern Ore 4:09.94; 5. Paul Davis, Linfield 4:10.14; 6. Andy Wedlam, U of Port 4:10.44; 7. Chris Clark, Chemeketa CC 4:19.24; 8. Scott Ball, Unattached 4:22.74; 9. Steve Mahoney, U of Port 4:23.84; 10. Matt Powell, Chemeketa CC 4:26.74; 11. Nathan Paisley, George Fox U 4:27.74; 12. Steven Sande, Lower Columb 5:17.04.

## Finals MEN'S 110 METER HIGH HURDLES

## Finals MEN'S 110 METER HIGH HURDLES

1. Jim Chroninger, Unattached 15.04 w:NWI; 2. David Parker, Unattached 15.04 w:NWI; 3. Fritz Mesenbrink, Linfield 15.24 w:NWI; 4. MJ Canady, Chemeketa CC 15.74 w:NWI; 5. Travis Herzog, Eastern Ore 15.74 w:NWI; 6. John Smith, Unattached 16.04 w:NWI; 7. Jeremy Fortner, Unattached 16.44 w:NWI; 8. Randy Rider, Linfield 16.44 w:NWI; 9. Loran Joseph, Lewis-Clark 16.84 w:NWI; 10. David Phillips, Cascade Coll 16.94 w:NWI; 11. Brad Dunten, SWOCC 18.24 w:NWI; 12. Robert Riley, Lower Columb 18.54 w:NWI.

## Finals MEN'S 400 METER INT HURDLES

1. Kevin Whitacker, George Fox U 55.44; 2. Brad Mandel, Unattached 56.07; 3. Keith Christiansen, George Fox U 56.44; 4. Loran Joseph, Lewis-Clark 56.90; 5. Cassidy Beaver, Linn-Benton 57.81; 6. Donnie Hennesen, WOU 58.05; 7. Ryan Powell, Linfield 59.12; 8. Doug Christ, Pacific Univ 59.60; 9. Josh Pearson, Eastern Ore 59.66; 10. Ty Volle, Eastern Ore 1:00.65; 11. Tom Harper, SWOCC 1:02.21.

## Finals MEN'S 3,000 METER STEPLECHASE

1. Tom Johnson, Unattached 9:51.74; 2. Brett Franz, WOU 10:15.34; 3. Russ Gatchell, Pacific Univ 10:46.14; 4. Mike McDonald, Chemeketa CC 11:27.34; 5. Chris Hansen, SWOCC 13:52.84.

## Finals MEN'S 4X100 METER RELAY

1. Unattached-W 43.36; 2. Willamette U 43.96; 3. Eastern Ore 44.34; 4. Linn-Benton 44.86; 5. Lewis-Clark 45.27.

## Finals MEN'S HIGH JUMP

1. Pat Ferguson, WOU 1.98m (6-06); 2. Mike Bonadurer, Clackamas CC 1.98m (6-06); 3. Reid Schooler, Lewis-Clark 1.93m (6-04); 4. Mike Beenatz, Willamette U 1.83m (6-0); 5. Joe Sanchez, Linfield 1.83m (6-0); 6. Matt Bosel, Willamette U 1.83m (6-0); 7. Brad Dunten, SWOCC 1.78m (5-10); 8. Joe Woodland, Eastern Ore 1.78m (5-10); 9. Robert Riley, Lower Columb 1.78m (5-10); 10. Loran Joseph, Lewis-Clark 1.78m (5-10); 11. Beau West, George Fox U 1.73m (5-08); 12. Ty Volle, Eastern Ore 1.73m (5-08); 13. Jason Hill, Lewis-Clark 1.73m (5-08); - Andy Hockema, Linfield NH; - Jeremy Crowfoot, NW Nazarene NH; - Jerome Powell, WOU NH; - Jake Kienholz, Linfield NH.

## Finals MEN'S POLE VAULT

## Finals MEN'S POLE VAULT

## Finals MEN'S POLE VAULT

1. Travis Olson, Unattached 4.29m (14-00.75); 2. David Phillips, Cascade Coll 4.29m (14-00.75); 3. Spike Olson, Unattached 4.29m (14-00.75); 4. Jon Stroschine, WOU 4.29m (14-00.75); 5. Matt Muravez, Clackamas CC 3.99m (13-01); 6. Fritz Mesenbrink, Linfield 3.99m (13-01); 7. Ray Lions, Linfield 3.99m (13-01); 8. Keith Christiansen, George Fox U 3.68m (12-00.75); 9. Paul Lapke, Eastern Ore 3.68m (12-00.75); 10. Deter Boyle, Pacific Univ 3.38m (11-01); - Michael Ellingson, Chemeketa CC NH; - Josh Pearson, Eastern Ore NH; - Tyler Eikenberry, Linn-Benton NH.

## Finals MEN'S LONG JUMP

1. John Nosler, Linfield 6.85m w:NWI (22-05.75); 2. Travis Herzog, Eastern Ore 6.80m w:NWI (22-03.75); 3. Daniel Straw, WOU 6.51m w:NWI (21-04.25); 4. Brian Kruse, WOU 6.50m w:NWI (21-04); 5. RJ Mahoric, Lower Columb 6.41m w:NWI (21-00.50); 6. Ray Lions, Linfield 6.38m w:NWI (20-11.25); 7. Mike Beenatz, Willamette U 6.32m w:NWI (20-09); 8. Jason Hill, Lewis-Clark 6.31m w:NWI (20-08.50); 9. Wolf Rudolph, Linfield 6.25m w:NWI (20-06.25); 10. Zach Davidson, George Fox U 6.21m w:NWI (20-04.50); 11. Andy Miguel, Willamette U 6.19m w:NWI (20-03.75); 12. Joe Woodland, Eastern Ore 6.10m w:NWI (20-00.25); 13. Tony Cassinerjo, Willamette U 5.65m w:NWI (18-06.50); 14. Paul Lapke, Eastern Ore 5.64m w:NWI (18-06); 15. Jeff Schindler, Clackamas CC 5.61m w:NWI (18-05); 16. Eduard Baba, Willamette U 5.40m w:NWI (17-08.75); - Justin Wold, U of Port ND w:NWI.

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Finals MEN'S TRIPLE JUMP

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1. Jesse Lee, Northwest Co 12.88m w:NWI (42-03.25);
2. Bo Bennett, Linfield 12.70m w:NWI (41-08);
3. Mike Beenatz, Willamette U 12.61m w:NWI (41-04.50);
4. Jason Hill, Lewis-Clark 12.50m w:NWI (41-00.25);
5. Daniel Straw, WOU 12.33m w:NWI (40-05.50);
6. Joe Woodland, Eastern Oreg 12.25m w:NWI (40-02.25);
7. Scott Greene, George Fox U 12.13m w:NWI (39-09.75);
8. Jeff Schindler, Clackamas CC 12.10m w:NWI (39-08.50);
9. Mario LaMorticella, U of Port 12.04m w:NWI (39-06);
10. Justin Wold, U of Port 10.62m w:NWI (34-10.25);
11. Jeremy Crowfoot, NW Nazarene 9.64m w:NWI (32-03.50).

## Finals MEN'S SHOT PUT

1. Brian Crawford, WOU 14.80m (48-06.75);
2. Josh Gonzales, Cascade Coll 14.03m (46-00.50);
3. Pat Halstead, Willamette U 13.83m (45-04.50);
4. Cimeron Kormendi, Chemeketa CC 13.76m (45-01.75);
5. Rodney Wood, Willamette U 13.38m (43-10.75);
6. John Gurney, SWOCC 12.54m (41-01.75);
7. Matt Zosel, Willamette U 12.53m (41-01.50);
8. Dan Reichenbach, Lewis-Clark 12.37m (40-07);
9. Sam Vandergriff, Chemeketa CC 12.12m (39-09.25);
10. Paul Dittman, Linfield 12.10m (39-08.50);
11. Jay Douglass, Willamette U 11.75m (38-06.75);
12. Justin Buckner, Linfield 11.65m (38-01.75);
13. Luke Speckman, Lewis-Clark 11.45m (37-06.75);
14. Jordon Abbott, Chemeketa CC 11.15m (36-07);
15. Chad Juhlin, SWOCC 10.63m (34-10.50);
16. Brian Hartley, Eastern Oreg 10.38m (34-00.75);
17. John Fletcher, George Fox U 10.23m (33-06.75);
18. Ken Kozuma, Pacific Univ 9.18m (30-01.50);
19. Justin Kennedy, Linn-Benton 8.45m (27-08.75).

## Finals MEN'S DISCUS THROW

1. Brian Crawford, WOU 51.42m (168-08);
2. David Gregory, WOU 44.68m (146-07);
3. Travis Olson, Unattached 44.46m (145-10);
4. Jake Nickerson, WOU 44.42m (145-09);
5. Jeff Aichele, Unattached 43.82m (143-09);
6. Greg Gottfried, Unattached 43.18m (141-08);
7. Matt Zosel, Willamette U 42.98m (141-0);
8. Jay Douglass, Willamette U 42.88m (140-08);
9. Luke Franzke, WOU 38.76m (127-02);
10. Cimeron Kormendi, Chemeketa CC 37.70m (123-08);
11. Dan Reichenbach, Lewis-Clark 37.46m (122-11);
12. Ty Taylor, George Fox U 37.32m (122-05);
13. John Gurney, SWOCC 36.74m (120-16);
14. Joe Mason, WOU 35.86m (117-08);
15. Chad Juhlin, SWOCC 35.72m (117-02);
16. Justin Buckner, Linfield 35.70m (117-01);
17. Brian Hartley, Eastern Oreg 33.34m (109-04);
18. Joe Sanchez, Linfield 32.06m (105-02);
19. John Fletcher, George Fox U 31.62m (103-09);
20. Jason Caporette, Linfield 31.02m (101-09);
21. Luke Speckman, Lewis-Clark 30.88m (101-04);
22. Justin Kennedy, Linn-Benton 27.12m (89-0);
- Justin Kline, Chemeketa CC ND.

## Finals MEN'S HAMMER THROW

1. Luke Franzke, WOU 52.26m (171-05);
2. David Gregory, WOU 50.30m (165-0);
3. Dan Reichenbach, Lewis-Clark 49.16m (161-03);
4. Todd Taylor, Unattached 48.50m (159-01);
5. Cimeron Kormendi, Chemeketa CC 45.76m (150-01);
6. Jeff King, OSU TC 45.04m (147-09);
7. Jason Caporette, Linfield 43.40m (142-05);
8. Jake Nickerson, WOU 41.86m (137-04);
9. Joe Mason, WOU 39.62m (130-0);
10. Paul Dittman, Linfield 37.18m (122-0);
11. Pat Halstead, Willamette U 37.02m (121-05);
12. Justin Kline, Chemeketa CC 36.14m (118-07);
13. Jordon Abbott, Chemeketa CC 34.52m (113-03);
14. Eric Schmitt, Chemeketa CC 34.02m (111-07);
15. Bobby Brown, Lewis-Clark 33.92m (111-03);
16. Ken Kozuma, Pacific Univ 31.14m (102-02);
17. Luke Speckman, Lewis-Clark 16.28m (53-05);
- Jeff Aichele, Unattached ND.

## Finals MEN'S JAVELIN THROW

1. John Smith, Unattached 58.20m (190-11);
2. Sam Vandergriff, Chemeketa CC 54.84m (179-11);
3. Jared Tippet, Clackamas CC 54.34m (178-03);
4. Tyler Cox, WOU 53.96m (177-0);
5. Jay Douglass, Willamette U 53.44m (175-04);
6. Garrett Fergus, Linfield 51.74m (169-09);
7. Matt Greco, Linfield 50.90m (167-0);
8. Ray Henschel, Chemeketa CC 50.86m (166-10);
9. Gordon Hartung, Chemeketa CC 48.30m (158-05);
10. Aaron Thornton, Linfield 48.04m (157-07);
11. Darren Gillenwater, WOU 45.82m (150-04);
12. Justin Kennedy, Linn-Benton 44.92m (147-04);
13. JP Kloninger, Linfield 44.56m (146-02);
14. Billy Alexander, Lewis-Clark 43.36m (142-03);
15. Chris Benetto, Eastern Oreg 42.96m (140-11);
16. Brad Dunten, SWOCC 42.66m (139-11);
17. Matt Zosel, Willamette U 42.44m (139-03);
18. Josh Randolph, Lower Columb 41.32m (135-07);
19. Jeff Ridgeway, WOU 40.26m (132-01);
20. David Mewille, Eastern Oreg 38.68m (126-11);
21. Eric Schmitt, Chemeketa CC 38.08m (124-11);
22. Paul Lapke, Eastern Oreg 37.54m (123-02);
23. MJ Canady, Chemeketa CC 36.96m (121-03).

4-400 Roby

A1 3:21.94

Dundee

Tyler

Whelan

Costa



**L & C PIONEER OPEN**

AT L &amp; C Eldon Fix Track

Saturday, April 22, 2000

- Windy, wet, sunny, cool 50 degrees

**MEN****HJ**

1. AJ Acker	OI	6-11.75
2. Damian Olson	Una	6-09.75
3. Mike Bonadurer	Una	6-06
4. Field Schooler	LC	6-04
5. Travis Olson	Una	6-04
6. Jerome Powell	WOU	6-02
- Scott Greene	GF	5-10
- Beau West	GF	5-08

**VAULT**

1. Brent Sagnotti	Linfield	15-00
2. Spike Olsen	Una	14-00
3. Jim Chroninger	Una	13-05.75
4. Ryan McCracken	Clark	10-11.75
5. Ryan Wecker	WOU	10-11.75
6. Scott Brown	Alum	10-11.75

**LJ**

1. Damian Olson	Una	23-03.5
2. John Noster	Linfield	22-03.75
3. Terrance Wong	WU	21-05.5
4. Travis Olson	Una	21-04.75
5. Ryan Wecker	WOU	21-03.5
6. Marten Roos	Clark	21-02
- John Smith	Alum	20-09.75

**TJ**

1. Travis Elam	Clark	42-10.25
2. Jason Hill	LC	43-00
3. Aaron Steinke	Clark	41-11.75
4. Scott Greene	GF	40-11 **

**SHOT**

1. Adam Dittman	WU	50-08
2. Brian Crawford	WOU	48-04.75
3. Ian Strauss	GF	46-09.5
4. John Thomas	Una	46-05.25
5. Pat Halstead	WU	44-08
6. Jeff York	Linfield	43-10.75
- Joel Strunk	GF	43-08
- Ty Taylor	GF	38-06.25
- John Fletcher	GF	32-07.75

**DISCUS**

1. David Gregory	WOU	148-03
2. Jake Nickerson	WOU	144-05
3. Ben Snyder	Clark	142-06
4. Gerg Gottfried	Una	142-05
5. Luke Franzke	WOU	132-08
6. Conrad Sundholm	Una	128-06
- Joel Strunk	GF	121-05 ##
- John Fletcher	GF	100-00 **

**JAVELIN**

1. Curt Borland	Una	199-10
2. Dustin Ampania	Clark	183-09
3. John Smith	Alum	180-02
4. Jimmy Watts	WU	174-05
5. Aaron Thornton	Linfield	171-05
6. Ray Lions	Linfield	170-08
- Jon Roberts	GF	164-00
- Eric Kunze	GF	152-05

**HAMMER**

1. Ben Snyder	Clark	171-01
2. Luke Franzke	WOU	168-10
3. Ryan McNabb	Una	165-03
4. Chad Fiddle	Una	164-07
5. Aaron Coriel	Clark	162-05
6. James Banks	WU	157-09
- Joel Strunk	GF	150-09
- Eric Kunze	GF	124-10

**100**

1. Corey Sutton	WOU	11.14
2. Henri Payou	Una	11.18
3. David Plotts	GF	11.18
4. Jeremy Pell	WOU	11.25
5. John Noster	Linfield	11.34
6. Joel Alley	WOU	11.35
- Steve Martin	GF	11.65
- Conley Bergh	GF	11.97 ##
- David Lovejoy	GF	12.13 ##
- Neil Cantrall	GF	12.55

**200**

1. Dania Betha	WOU	21.95
2. Mike Hinchaw	WOU	22.15
3. David Plotts	GF	22.69
4. Corey Sutton	WOU	22.86
5. Kirk Tyner	Clark	22.87
6. Will Dreisen	Una	22.91
- Steve Martin	GF	24.11
- David Lovejoy	GF	24.30 ##
- Conley Bergh	GF	24.60 ##

**400**

1. David Richmond	WOU	49.42
2. Tyler Gassaway	GF	50.15
3. Eric Costa	GF	50.61 ##
4. Jeff Schlect	Una	51.07
5. Josh McIntyre	WOU	51.14
6. Jason Newton	WOU	51.20
- Nick Ryland	GF	52.99 ##

**800**

1. Josh Piper	WOU	1:53.82
2. Will Driesen	Una	1:54.58
3. Justin Nakamura	WOU	1:55.68
4. Neil Weare	LC	1:55.70
5. Stuart Chaffee	WOU	1:56.92
6. John Mantalas	GF	1:57.65 ##
- Nick Ryland	GF	2:03.36
- Nate Paisley	GF	2:15.77

**1500**

1. Jeremy Park	Una	3:55.57
2. Jed Chappel	Una	3:59.46
3. Tye Van Schoiack	Una	4:05.83
4. Gabe Doebler	Linfield	4:06.58
5. Matt Hinnicutt	WU	4:10.95
6. Josh Melver	Una	4:12.55
- John Mantalas	GF	4:15.38
- Nate Paisley	GF	4:28.36 **

**5000**

1. Jeremy McWilliams	Una	15:12.54
2. Bill Dolan	Clark	15:23.24
3. Andrew Ault	LC	15:38.54
4. Michael Owen	GF	14:40.74 *A
5. John Foland	Una	14:41.24
6. Noah Megowan	Una	15:42.84
- Forrest Towne	GF	16:24.34 **
- Scott Oswald	GF	16:29.14 **

**110H**

1. David Parker	GF Alum	15.67
2. Jim Chroninger	Una	14.93
3. Paul Colby	WU	15.47
4. Fritz Messenbrink	Linfield	15.58
5. Josh Smith	WU	15.66
6. Randy Fider	Linfield	16.18
- Zach Davidson	GF	16.20
- Caleb Harris	GF	16.52 **

**400H**

1. Andrew Rager	Linfield	54.00
2. Zach Davidson	GF	54.80 **
(#8 All-Time, #3 Frosh)		
3. Erin Holm	Una	55.48
4. Ryan Vise	Clark	55.82
5. Darin Olson	OSUTC	57.11
6. Josh Smith	WU	57.25
- Keith Christiansen	GF	58.47 **

**4x100**

1. WOU	41.94
2. Clark College	44.34
3. GEORGE FOX "B"	44.74
(Lovejoy, Bergh, Cantrall, Plotts)	
4. Pacific	46.14

**4x400**

1. GEORGE FOX	3:22.54
(Davidson-50.8; Gassaway-49.7; Whitaker-50.5**; Costa-51.0)	
2. WOU "B"	3:25.44
3. Clark College	3:34.04
4. Linfield	3:37.14
5. GEORGE FOX "B"	3:39.44
(Christiansen-53.4; Mantalas-54.4##; Routon-55.7##; Paisley-55.7**)	

**SPLITS**Davidson 2.5-1.2-1.4-1.3-1.4  
1.5-1.3-1.1-1.3-1.3-1.86.3-4.5-4.5-4.7-4.8  
-4.7-4.9-5.1-4.9-4.6-5.9Harris 2.8-1.2-1.3-1.3-1.2-  
1.3-1.3-1.4-1.2-1.3-1.9Christiansen 6.4-4.6-4.6-4.6-4.9  
4.9-5.2-5.4-5.5-5.8-6.6Mentalas 49-63-68-75  
56-61Paisley 51-72-75-70  
66-70

Ryland 59-64

Owen 35-73-73-74-74-75-77-76 (9:20-3k  
77-77-76-77-70)F. Towne 36-75-77-78-78-79-78-80 (9:42-3k)  
83-82-81-80-75Oz 37-76-77-78-79-78-79-80 (9:46-3k)  
81-82-81-81-74

\*\* = Personal Record (PR)

# = Season's Best

A = NW Conference Qualifying Mark

B = NW Regional Qualifying Mark

C = NCAA Automatic Qualifying Mark

D = NCAA Provisional Qualifying

# L & C PIONEER OPEN

AT L & C Eldon Fix Track

Saturday, April 22, 2000

-- Windy, wet, sunny, cool, 50 degrees

## WOMEN

### HJ

1. Laura Leinweber	WU	5-03.0
2. Amy Forbes	GF	5-03
3. Angie Powell	GF	5-01

### VAULT

1. Kristin Russell	Linfield	11-04.25
2. Heather Hunt	GF	11-04.25
3. Katie Henes	WOU	10-08
4. Leah Moore	Linfield	10-00.5
5. Helena Teller	GF	9-06.5 **D
tie-Tara Haga	WOU	9-06.5

### LJ

1. Lindsay Ogle	WU	16-05.5
2. Paula Leslie	OSUTC	16-04.75
3. Jocelyn Kennedy	GF	16-03.5
4. Kelsey Baron	GF	16-02.75
5. Shelley Comstock	WOU	16-02.5
6. Natalie Flindt	WU	15-07.75
- Colleen Forbes	GF	15-00.75
- Heidi Smith	GF	15-00.75

### TJ

1. Kelsey Baron	GF	36-00.25 ##
(#4 All-Time, #3 Frosh)		
2. Jocelyn Kennedy	GF	35-08.75
3. Christina Donehower	LC	35-00.25
4. Shelley Comstock	WOU	34-10.25
5. Heidi Smith	GF	34-08.25 ##
6. Colleen Forbes	GF	33-03

### SHOT

1. Jennifer Smith	Una	39-08.5
2. Dorothy Kerr	WOU	38-04.75
3. Kasey Sorenson	WU	37-04
4. Lauri Duensing	Pacific	36-05.75
5. Jenelle Braun	LC	35-01.25
6. Sarah Cotton	Pacific	35-00.25
- Marian Stevens	GF	34-10.5
- Paige Lewis	GF	33-07.5
- Jessica Nies	GF	33-03
- Pam Longman	GF	33-02
- Erin Simon	GF	31-08.5

### DISCUS

1. Kristi Lund	Clark	129-11
2. Marian Stevens	GF	128-08 ##
(#2 Soph)		
3. Lindsay Holbrook	Linfield	126-08
4. Danielle Better	Clark	122-05
5. Stephanie Reichenbach	Una	114-03
6. Paige Lewis	GF	108-11
- Pam Longman	GF	89-07

### JAVELIN

1. Sarah Malone	Una	150-04
2. Karisa Makaiwi	Clark	142-01
3. Becci Harper	Alum	131-11
4. Kelle Kathman	WOU	131-04
5. Ann Kaltwasser	Pacific	126-03
6. Monica Scott	WU	123-08

### HAMMER

1. Lindsay Holbrook	Linfield	157-10
2. Kate Jackson	WOU	157-00
3. Gretchen Stephens	WOU	134-08
4. Amanda Evey	WOU	134-02
5. Jenni Dunkin	WOU	130-03
6. Danielle Better	Clark	126-10
- Erin Simon	GF	104-08

### 100

1. Melody Sherman	Linfield	12.46
2. Karia Wornack	WOU	13.01
3. Kirtiye Lohof	LC	13.03
4. Sharon Barnett	GF	13.20
tie-Alisa Worley	WOU	13.20
6. Rochelle Diggins	Clark	13.23
- Heather Hunt	GF	13.76

### 200

1. Melody Sherman	Linfield	26.47
2. Sharon Barnett	GF	26.98
3. Kristi Lund	Clark	27.19
4. Kirtiye Lohof	LC	27.22
5. Lisa Taylor	Linfield	27.52
6. Rochelle Diggins	Clark	27.76
- Heather Hunt	GF	29.51

### 400

1. Kristi Lund	Clark	58.94
2. Christina Davis	GF	62.51
3. Angie Ocampo	Clark	63.49
4. Jessica Parker	WU	63.79
5. Rachel Pitchlynn	Clark	63.88
6. Kara Cozby	WOU	64.00

### 800

1. Beth Fitzgerald	WU	2:11.81
2. Jamie McElwain	GF	2:16.00 **
(#3 All-Time)		
3. Lindsay Roberson	Clark	2:17.93
4. Lisa Starkey	WU	2:17.96
5. Crystal Glenn	Clark	2:18.4
6. Ember Brosius	GF	2:20.11 **B
(#9 All-Time)		
-- Mirai VanHooser	GF	2:26.22 **

### 1500

1. Rebecca Moore	OSUTC	4:50.35
2. Evelyn Williams	WU	5:01.96
3. Kirsten Norgaard	GF	5:07.93
4. Erin Moore	WU	5:10.94
5. DeeAnn Dougherty	Una	5:13.37
6. Staci Ogoli	Una	5:53.15

### 3000

1. Ellie Enos	WOU	10:49.34
2. Dawnita LiaBraaten	Clark	10:53.54
3. Lotus Hartley	Linfield	10:59.84
4. Brooke Balston	Clark	11:39.24
5. Betsy Glenn	OSUTC	11:50.74
6. Helen Tammela	LC	11:55.54

### 5000

1. Wendy Bruneau	Apex TC	17:42.75
2. Crystal Glenn	Clark	18:07.39
3. Tori Taylor	GF	18:28.05 **
(#10 All-Time)		
4. Karl Newby	Linfield	19:16.03
5. Amelia Kinney	WOU	19:41.14
6. Marisa Merritt	GF	19:54.25 ##

### 1100H

1. Sharon Barnett	GF	15.06
2. Carrie Wales	WOU	17.58

### 400H

1. Amber Larsen	Linfield	62.82
2. Megan Heuberger	GF	64.02 **D
(#3 All-Time, Frosh Class Record)		
3. Tahnzy Middag	WU	67.41
4. Lynn Guiney	WOU	70.28
5. Carrie Wales	WOU	72.40
6. Destry Nelson	Clark	77.63

### 4x100

1. GEORGE FOX	49.61 **
(C. Forbes, Heuberger, Baron, Barnett)	
(#10 All-Time by Year, #14 All-Time race)	
2. WOU	49.81
3. Clark College	50.91
4. Willamette	51.64

### 4x400

1. Linfield	3:59.51
2. Clark College	4:08.58
3. GEORGE FOX	4:06.96
(Davis-62.7; McElwain-61.5; Brosius-63.1, Heuberger-59.5)	
4. Clark Bollege "B"	4:30.47

### SPLITS

Barnett 2.8-1.1-1.2-1.2-1.2-1.1-1.2-1.2-1.3-1.5  
Heub 7.1-5.3-5.8-4.9-5.2-5.5-6.5-5.9-6.1-6.1-7.0

Ears 59-83-86-80

McElwain 64-72  
Brosius 66-74  
VanHooser 68-77

Taylor 44-68-87-89-88-89-89-89-90-90-92-88-81  
Merritt 46-89-89-95-98-98-98-98-99-97-97-95-88

\*\* = Personal Record (PR)  
## = Season's Best  
A = NW Conference Qualifying Mark  
B = NW Regional Qualifying Mark  
C = NCAA Automatic Qualifying Mark  
D = NCAA Provisional Qualifying

# GFU T/F 2000 PERFORMANCE CHART (MEN) (4/22)

A -- NWC qualifying mark  
B -- NW Regional qualifying mark  
C -- NCAA-III National qualifying mark  
D -- NCAA III Provisional  
(...) -- Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
a2-2-12-00 Oregon City AC  
b-2/26/00 NWC Relays @ GFU  
c-3/4/00 Linfield Icebreaker  
d-3/11/00 NWC 4-Way @ L/C  
e-3/18/00 Easter Relays @ Santa Barbara  
f-3/18/00 Western Oregon Inv.  
f-1-3/20-21/00 Linfield Combined Events  
g-3/25/00 D-III Challenge at CMS, Ca  
h-4/1/00 Willamette Open  
i-4/8/99 NWC 5-Way @ GFU  
j-4/14/00 GFU Distance Carnival  
k-4/15/00 Linfield All-Corners  
l-4/17-18 '00 NWC Combined @ PLU  
m-4/22/00 L & C Open  
n-4/29/00 Linfield Open  
o-4/29/00 Oregon Invite  
p-5/5-6/00 NWC Championships @ GFU  
q-5/13/99 NW Regional Inv. @ L&C  
r-5/24-26/99 NCAA-III Nats @ Naperville, IL

**HJ** (6-2.25 / 6-8.75 / 6-10.75 / 6-7)  
5-10.5 (6-04) Scott Greene (3) i  
5-10 (6-04) Beau West (2) k  
5-03.75 (5-04.25) Ty Taylor (4) l

**PV** (13-2.25 / 14-1.25 / 15-8.25 / 15-2.25)  
13-08 (13-08) Aaron Routon (4) k A  
12-11.5 (12-06) Keith Christiansen (1) g  
11-02.5 (9-06) Ty Taylor (4) i

**LJ** (21-5.25 / 21-10 / 23-7.5 / 23-2)  
21-09 (21-01.5) Tyler Gassaway (3) i A  
20-09.75 (21-02) Zach Davidson (1) k  
18-01.25 (19-01) David Lovejoy (4) i  
16-05.25 (17-03.75) Ty Taylor (4) i  
(19-08) Keith Christiansen (1)  
(19-06) Scott Greene (3)

**TJ** (41-5.25 / 44-0 / 47-4.25 / 46-6)  
40-11 (39-11.25) Scott Greene (3) m  
40-00.75 (41-06) Keith Christiansen (1) h

**SHOT** (43-9.25 / 46-9 / 54-4.5 / 51-2.25)  
48-06.25 (47-11.50) Ian Strauss (4) d ABD  
46-0.75 (42-10) Joel Strunk (3) g A  
38-09 (41-07.25) Ty Taylor (4) i  
34-08.25 (32-10.25) John Fletcher (2) k  
30-00 (30-00) Scott Alvey d  
28-08.5 (28-08.5) Dave Kilian (2) b

**DISCUS** (134-8 / 140-0 / 167-4 / 154-7)  
162-01 (155-00) Ian Strauss (4) e ABD  
122-08 (133-05) Ty Taylor (4) d  
121-05 (121-09) Joel Strunk (3) m  
100-00 (79-10) John Fletcher (2) m

**JAVELIN** (172-9 / 180-5 / 198-8 / 187-0)  
182-02 (183-11) Jon Roberts (4) g ABD  
188-05 (196-01) Ty Taylor (4) i ABD  
163-07 (187-00) Eric Kunze (4) g  
106-11 (106-11) John Fletcher (2) h

**HAMMER** (140-0 / 160-9 / 181-10 / 164-0)  
158-07 (121-10) Joel Strunk (4) g A  
148-04 (136-02) Eric Kunze (4) h A  
88-09 (88-09) John Fletcher (2) i  
(92-11) Ian Strauss (4)

**DECATHLON** (none / none / 6291 / 6100)  
4731 (4474) Ty Taylor (4) i

**100** (11.28 / 11.04 / 10.61 / 10.76)  
11.14 (10.75) Tyler Gassaway (3) e A  
11.15 (10.75) David Plotts (4) g A  
11.24 (11.64) Zach Davidson (3) e A  
11.46 (11.90) Steve Martin (3) g  
11.97 (11.90) Conley Bergh (1) m  
12.13 (11.70) David Lovejoy (4) m  
12.22 (12.22) Kevin Whitaker (1) c  
12.34 (12.78) Neil Cantrell e  
12.90 (13.22) Beau Jacoby (1) d  
13.04 (13.19) Ty Taylor (4) fi  
(11.04) Eric Costa (2)  
(11.54) Beau West (3)

**200** (22.87 / 22.44 / 21.53 / 21.72)  
22.06 (21.63) David Plotts (4) g AB  
22.89 (23.21) Tyler Gassaway (3) i  
23.36 (23.99) Steve Martin (3) g  
24.30 (23.34) David Lovejoy (4) m  
24.41 (24.41) Scott Greene (3) a  
24.60 ( ) Conley Bergh (1) h  
24.77 ( ) Nick Ryland (3) d  
25.93 (26.65) Beau Jacoby (1) i  
(22.48) Beau West (3)  
(24.11) Dave Kilian (2)  
(24.44) Zach Davidson (1)

**400** (51.91 / 49.64 / 48.04 / 48.44)  
49.39 (50.73) David Plotts (4) d AB  
50.03 (49.84) Tyler Gassaway (3) g A  
50.81 (48.94) Eric Costa (2) m A  
51.22 (51.74) Kevin Whitaker (1) i A  
52.89 (51.48) Nick Ryland (1) m  
58.49 (58.41) Ty Taylor (4) l  
59.61 (59.61) Beau Jacoby (1) h  
(50.47) Zach Davidson (1)  
(51.06) Steve Wilmer (2)  
(52.01) Beau West (2)  
(52.24) David Lovejoy (4)  
(53.54) Keith Christiansen (1)

**800** (2:00.54 / 1:58.04 / 1:51.84 / 1:52.74)  
1:57.65 (1:55.95) John Mantalas (4) m  
A 1:58.44 (1:58:09) Ryan Austin (2) k A  
1:58.63 (1:58:29) Brandon Workman (4) d B  
2:00.92 (2:02:83) Nick Ryland (1) i  
2:05.21 (2:05:34) Michael Owen (1) c  
2:07.18 (2:02:14) Silas Towne (1) d  
2:10.47 (2:10:47) Tyler Gassaway (3) a  
2:11.91 (2:11:91) Twinn Taylor (1) i  
2:10.37 (2:17:01) Nathan Paisley (2) i  
2:13.81 (2:14:75) Kenan Butler (1) i  
(1:55:60) Steve Wilmer (2)  
(2:01:14) Zach Davidson (1)  
(2:05:84) Kevin Whitaker (1)  
(2:08:34) Forrest Towne (2)  
(2:10:24) Scott Oswald (4)

**1500** (4:00.52 / 4:00.24 / 3:51.84 / 3:56.24)  
4:00.82 (4:07:03) John Mantalas (4) g A  
4:01.10 (3:58:16) Brandon Workman (4) i A  
4:06.25 (4:21:60) Ryan Austin (2) i A  
4:13.70 (4:17:00) Michael Owen (1) c  
4:25.00 (4:21:04) Scott Oswald (4) a  
4:28.18 (4:58:14) Nathan Paisley (2) i  
4:30.64 (4:16:94) Silas Towne (1) e  
4:49.50 (4:49:50) Kenan Butler (1) d  
5:15.23 (4:52:83) Ty Taylor (4) l  
(4:06:28) Bryan Thompson (3)  
(4:25:74) Forrest Towne (2)

**3000** (not contested)  
8:40.66 (8:40:68) Steve Wilmer (2) a  
8:50.64 (8:42:35) Brandon Workman (4) a  
9:08.44 (9:07:09) John Mantalas (4) b  
9:28.24 (9:30:34) Forrest Towne (2) b  
9:29.44 (9:45:64) Scott Oswald (4) b  
10:13.24 (11:20:54) Nate Paisley (2) b  
(9:10:24) Bryan Thompson (3)  
(9:22:94) Michael Owen (1)  
(10:06:24) Silas Towne (1)  
(10:11:64) Phil Jess (3)

**5000** (15:55.67 / 15:20.24 / 14:41.74 / 14:57.04)  
14:46.24 (14:51:55) Brandon Workman (4) j ABD  
15:48.16 (15:40:80) John Mantalas (4) d A  
15:40.74 (16:20:54) Michael Owen (1) m A  
16:24.34 (16:45:29) Forrest Towne (2) m  
16:29.14 (16:44:48) Scott Oswald (4) m  
17:22.64 (18:30:34) Nathan Paisley (2) j

**10k** (33:52.64 / 33:30.24 / 31:01.04 / 31:24.74)  
34:48.57 (36:05:10) Forrest Towne (2) c  
34:58.09 (36:15:60) Scott Oswald (4) c

**110m H** (16.35 / 15.64 / 14.57 / 14.84)  
16.14 (17.77) Zach Davidson (1) e A  
16.52 (19.81) Caleb Harris (3) m  
17.51 (18.57) Keith Christiansen (1) d  
20.41 (19.51) Ty Taylor (4) i

**400m HURDLES** (58.72 / 56.04 / 53.14 / 53.84)  
54.80 (56.56) Zach Davidson (1) m AB  
57:22 (59.80) Kevin Whitaker (1) k A  
58.47 (61:32) Keith Christiansen (1) m A  
58.52 (62.62) Caleb Harris (3) k A

**3000m STPL** (9:59.85 / 9:42.24 / 8:12.44 / 9:20.64)  
9:37.24 (9:18:35) Brandon Workman (4) e AB  
9:50.87 (9:55:04) Michael Owen (1) i A  
10:05.04 (10:31:93) John Mantalas (4) e  
10:10.64 (10:48:78) Forrest Towne (2) g

**4x100** (none / none / 41.54 / 42.04)  
43.03 Martin, Davidson, Gassaway, Plotts h  
43.14 Martin, Davidson, Gassaway, Plotts e  
43.28 Martin, Davidson, Gassaway, Plotts d  
43.28 Martin, Davidson, Gassaway, Plotts i  
44.74 Lovejoy, Bergh, Cantrell, Plotts m  
45.03 Martin, Cantrell, Greene, Davidson b  
45.71 Martin, Cantrell, Gassaway, Davidson c  
46.27(B) Lovejoy, Bergh, Cantrell, Greene k

**4x400** (none / none / 3:14.84 / 3:17.64)  
3:20.37 Davidson, Gassaway, Costa, Plotts h  
3:22.27 Davidson, Whitaker, Costa, Plotts k  
3:22.54 Davidson, Gassaway, Whitaker, Costa m  
3:23.65 Plotts, Gassaway, Whitaker, Davidson c  
3:24.54 Christiansen, Gassaway, Costa, Davidson g  
3:24.58 Plotts, Costa, Davidson, Gassaway b  
3:26.15 Christiansen, Gassaway, Costa, Davidson d  
3:30.93(B) Christiansen, Austin, Harris, Ryland, k

**4x4 SPLITS**  
50.3 (49.0-LO) Plotts b  
50.5 (50.4-LO) Gassaway d  
50.5 (50.5-LO) Davidson h  
52.3 (52.3-LO) Christiansen g  
52.7 (54.5-LO) Austin i  
56.7 (66.7-LO) Harris c  
57.9 (57.9-LO) Paisley d  
55.5 (55.5-LO) Lovejoy d  
(49.6-LO) Costa  
(50.6-LO) West  
(53.5-LO) Kilian

49.3 (49.7) Gassaway h  
50.2 (50.8) Davidson c  
50.2 (52.1) Plotts h  
50.4 (48.3) Costa h  
50.5 (51.0) Whitaker m  
51.7 (52.7) Austin k  
52.0 Nick Ryland d  
52.5 (53.3) Christiansen k  
53.2 (53.8) Workman d  
54.2 (54.2) Harris k  
54.4 (50.3) Ty Taylor d  
54.4 (53.4) Mantalas m  
55.7 (55.0) Routon m  
56.0 (52.3) Lovejoy c  
58.3 (56.9) Ty Taylor c  
(51.4) West  
(51.8) Kilian  
(59.1) Paisley  
(59.3) Oswald

**GFU T/F 2000 PERFORMANCE CHART (WOMEN) (4/22)**

A -- NWC qualifying mark  
 B -- NW Regional qualifying mark  
 C -- NCAA-III National qualifying mark  
 D -- NCAA III Provisional  
 ( ) -- Personal Record

**MEETS**

a-2/5/00 Idaho Indoor, Moscow  
 a2-2/12 Oregon City AC  
 b-2/26/00 NWC Relays @ GFU  
 c-3/4/00 Linfield Icebreaker  
 d-3/11/00 NWC 4-Way @ L&C  
 e-3/18/00 Easter Relays @ Santa Barbara  
 f-3/18/00 Western Oregon Inv.  
 g-3/25/00 D-III Challenge at CMS, Ca.  
 h-4/1/00 Willamette Open  
 i-4/8/99 NWC 5-Way @ GFU  
 j-4/14/00 GFU Distance Carnival  
 k-4/15/00 Linfield All-Corners  
 l-4/17-18/00 NWC Combined @ PLU  
 m-4/22/00 L & C Open  
 n-4/29/00 WOU Open  
 o-4/29/00 Oregon Invite  
 p-5/5/00 NWC Championships @ GFU  
 q-5/13/99 NW Regional Inv. @ L&C  
 r-5/24-26/99 NCAA-III Nats @ Naperville, Ill.

**HJ** A B C D  
5-04.5 (5-04.25) Amy Forbes (3) h ABD  
5-02.5 (5-05) Angie Powell (4) dh A  
4-11 (5-01.75) Karrie Nelson (4) g

**PV** 7-6.5 (9-0.25) / (9-5.25)  
12-00 (11-09.75) Heather Hunt (3) h ABC  
9-06.5 (9-06) Helena Telfer (1) m ABD

**LJ** 18-5.5 (17-0) / 18-7.5 (18-1)  
16-08 (17-08.25) Kelsey Baron (1) g A  
16-05 (16-08.50) Jocelyn Kennedy (4) g  
16-00.75 (15-04.25) Colleen Forbes (2) h  
15-02.5 (16-00.5) Heidi Smith (2) b  
(14-11.75) Amy Forbes (3)  
(14-11.5) Sarah Powell (2)  
(14-09.75) Karrie Nelson (4)

**TJ** 34-3 (36-0) / 38-2 (36-11)  
37-00.25 (37-04.75) Jocelyn Kennedy (4) g ABD  
36-00.25 (37-02.25) Kelsey Baron (1) m AB  
34-05.25 (36-05) Heidi Smith (2) m A  
33-08.75 (33-07.75) Colleen Forbes (2) k  
32-05.5 (35-00) Angie Powell (4)  
(32-11) Amy Forbes (3)

**SHOT** 34-11 (33-4) / 43-5 (42-1.5)  
34-00.75 (37-11.25) Marian Stevens (2) h A  
34-00.75 (26-08.25) Paige Lewis (2) e  
33-09.25 (33-08.5) Erin Simon (1) i  
33-09.25 (32-04.5) Jessica Nies (3) k  
33-06 (31-10) Pam Longman (3) g  
(28-07.5) Heidi Smith (2)  
(30-08) Sharon Barnett (4)  
(21-11.5) Karrie Nelson (4)

**DISCUS** 112-5 (124-0) / 144-10 (136-3)  
128-08 (131-07) Marian Stevens (2) m A B  
117-03 (133-03) Paige Lewis (2) k A  
101-08 (92-05) Pam Longman (3) d  
81-05.5 (91-00) Erin Simon (1) d  
(76-03) Jessica Nies (3)

**HAMMER** 124-10 (130-0) / 156-3 (146-0)  
109-10 (70-11) Erin Simon (1) h  
(100-05) Marian Stevens (2)

**JAVELIN** 111-10 (124-9) / 140-9 (128-0)  
131-03 (123-07) Lori Miller (2) ABD  
88-01 (105-08) Heidi Smith (2)  
88-10 (98-02) Pam Longman (3) e  
66-01.5 (82-01) Jessica Nies (3) i  
(108-02) Tori Taylor (2)  
(111-06) Angie Powell (4)  
(88-00) Erin Simon (1)

**A B C D**  
100 (12.98/12.84/12.16/12.36)  
13.08 (12.55) Sharon Barnett (4) h  
13.85 (13.44) Kelsey Baron (1) h  
13.87 (13.43) Colleen Forbes (2) h  
13.51 (13.51) Karrie Nelson (4) h  
13.54 (13.91) Heather Hunt (3) e  
13.84 (13.82) Jocelyn Kennedy (4) e  
14.14 (13.81) Sarah Powell (2) h  
14.71 (13.91) Heidi Smith (2) k  
(14.76) Lori Miller (2)

**200 (28.88/28.54/25.11/25.37)**  
28.86 (28.14) Sharon Barnett (4) h  
27.54 (27.54) Megan Heuberger (1) k  
27.56 (27.44) Christina Davis (2) l  
28.33 (28.64) Heather Hunt (3) l  
28.85 (28.24) Jessica Adams (2) i  
28.91 (28.40) Karrie Nelson (4) h  
28.51 (28.75) Sarah Powell (2) i  
(28.35) Amy Forbes (3)  
(28.42) Heidi Smith (2)  
(28.68) Jocelyn Kennedy (3)  
(29.08) Tori Taylor (2)  
(29.45) Colleen Forbes (2)

**400 (68.28/61.14/57.04/57.84)**  
58.57 (60.34) Jessica Adams (2) k AB  
61.94 (61.94) Jamie McElwain (3) k A  
62.24 (60.34) Christina Davis (2) h A  
65.14 (55.14) Heidi Smith (2) h  
(60.24) Ember Brosius (3)  
(62.14) Mimi VanHooser (1)  
(61.34) Megan Heuberger (1)  
(62.44) Heather Hunt (3)  
(62.74) Kelsey Baron (1)  
(63.24) Shannon Larson (3)

**800 (2:22.91/2:20.54/2:19.94/2:15.84)**  
2:18.00 (2:17.86) Jamie McElwain (3) m AB  
2:20.11 (2:28.24) Ember Brosius (3) m A B  
2:25.22 (2:26.24) Mimi VanHooser (1) m  
2:27.86 (2:21.24) Tori Taylor (2) d  
2:38.03 (2:40.24) Kirsten Norgaard (2) g  
2:37.25 (2:37.25) Jessica Adams (3) a  
(2:27.29) Marisa Merritt (3)  
(2:30.77) Karrie Nelson (4)  
(2:22.84) Megan Heuberger (1) e

**1500 (4:54.42/4:50.24/4:38.74/4:43.34)**  
4:44.71 (5:04.94) Ember Brosius (3) g AB  
4:47.54 (4:53.26) Jamie McElwain (3) g AB  
4:57.29 (4:54.24) Tori Taylor (2) h  
5:07.64 (5:15.32) Kirsten Norgaard (2) g  
5:19.35 (5:00.04) Marisa Merritt (3) g  
(5:33.24) Rosie Ostie (2)

**3000 (10:42.74/10:35.24/10:08.54/10:15.24)**  
10:31.29 (10:31.29) Ember Brosius (3) d AB  
10:34.84 (10:48.24) Tori Taylor (2) k AB  
11:16.43 (11:19.25) Kirsten Norgaard (2) h  
12:34.34 (11:58.84) Rosie Ostie (2) b  
(10:35.96) Marisa Merritt (3)  
(11:11.80) Jamie McElwain (2)

**5000 (19:19.49/18:45.24/17:37.54/18:05.54)**  
18:04.64 (18:04.64) Ember Brosius (3) k ABD  
18:28.05 (18:43.96) Tori Taylor (2) m AB  
22:28.29 (21:18.21) Rosie Ostie (2) g  
19:54.25 (18:50.44) Marisa Merritt (3) m  
(20:11.78) Jamie McElwain (3)

**10K (42:40.30/42:00.24/37:10.74/38:07.44)**  
42:44.84 (42:44.84) Marisa Merritt (3) k  
47:24.64 (47:04.90) Rosie Ostie (2) c

**100m HURDLES (16:20/16:24/14:58/15:20)**  
14.76 (14.57) Sharon Barnett (4) g ABD  
15.03 (14.89) Karrie Nelson (4) g ABD  
(16.74) Megan Heuberger (1)  
(16.99) Tori Taylor (2)  
(17.57) Heidi Smith (2)

**400m HURDLES (68:11/67.54/63.24/64.89)**  
64.02 (67.74) Megan Heuberger (1) m ABD  
65.45 (64.13) Karrie Nelson (4) i AB  
(65.41) Sharon Barnett (4)  
(68.88) Tori Taylor (2)  
(48.5hs) Kelsey Baron (1)

**3000m STEEPLECHASE (not contested)**  
11:39.25 (11:51.20) Tori Taylor (2) k

**HEPTATHLON (none/none/4250/4050)**  
(3582) Tori Taylor (2)  
(3445) Heidi Smith (2)

**4x100 (TOP 8/none/48.04/48.24)**  
48.81 C. Forbes, Heuberger, Baron, Barnett m  
50.66 Davis, Heuberger, Baron, Barnett l  
50.94 C. Forbes, Heuberger, Baron, Barnett k  
51.06 Barnett, Heuberger, Davis, Baron e  
51.24 Davis, Heuberger, Baron, Barnett h  
51.41 C. Forbes, Heuberger, Davis, Baron c  
51.87 Barnett, Heuberger, Davis, Baron g  
52.49 C. Forbes, Heuberger, Davis, Baron d  
52.85 C. Forbes, Heuberger, Davis, Baron b  
53.59 "B" S. Powell, Nelson, Smith, Kennedy d

**4x400 (TOP 8/none/3:53.44/3:56.84)**  
4:04.27 Adams, McElwain, Brosius, Heuberger k  
4:05.00 Adams, Davis, Brosius, Heuberger g  
4:06.96 Davis, McElwain, Brosius, Heuberger m  
4:08.42 McElwain, Brosius, Davis, Heuberger e  
4:10.34 Adams, Nelson, McElwain, Heuberger l  
4:10.57 Adams, Heuberger, McElwain, Baron d  
4:13.17 Adams, Heuberger, McElwain, Baron c  
4:14.14 Nelson, Heuberger, McElwain, Adams b  
4:17.04(B) Nelson, Taylor, Kennedy, Smith e

**4x4 SPLITS**  
59.7 (61.7-LO) Adams k  
61.4 (60.1-LO) Davis g  
62.5 (69.5-LO) McElwain e  
64.8 (63.8-LO) Nelson e  
(63.9-LO) A. Forbes  
(63.2-LO) Hunt  
(65.8-LO) Barnett

**58.6 (59.5) Heuberger** g  
**61.5 (60.3) McElwain** k  
**61.9 (61.0) Brosius** e  
**62.5 (60.2) Davis** e  
**62.6 (62.2) Adams** b  
**63.5 (61.8) Baron** d  
**63.5 (63.5) Kennedy** e  
**63.7 (63.4) Smith** d  
**64.7 (61.5) Nelson** d  
**65.0 (62.3) Taylor** d  
(59.5) Barnett  
(61.9) Hunt  
(63.4) A. Forbes  
(66.1) Merritt  
(66.9) C. Forbes  
(70.5) S. Powell

A = NWC Qualifying Mark  
 B = NW Regional Qualifying Mark  
 C = NCAA Automatic Qualifying Mark  
 D = NCAA Provisional Qualifying Mark

## Championships

Pacific Lutheran University / Tacoma, Wash. - Mon 04/17/00 to Tue 04/18/00

## Event 1 Decathlon Men Results

## 1 7102 Jimmy Watts - Willamette

100	11.6h	683		110HH	16.21	709
LJ	6.40m	675	21'00.00	DT	41.82m	702137'02.00
SP	11.29m	563	37'00.50	PV	4.40m	731 14'05.25
HJ	2.10m	896	6'10.75	JT	57.22m	696187'09.00
400	51.05	767		1500	4:40.03	680

## 2 6774 Shipley Ennis - Pacific Lutheran

100	11.2h	765		110HH	15.74	762
LJ	6.15m	619	20'02.25	DT	39.78m	660130'06.00
SP	12.34m	627	40'06.00	PV	4.30m	702 14'01.25
HJ	1.86m	679	6'01.25	JT	43.16m	488141'07.00
400	50.61	787		1500	4:39.30	685

## 3 6305 Fritz Mesenbrink - Linfield

100	11.7h	663		110HH	15.96	737
LJ	6.17m	624	20'03.00	DT	34.54m	554113'04.00
SP	10.88m	539	35'08.50	PV	3.80m	562 12'05.50
HJ	1.95m	758	6'04.75	JT	45.66m	525149'10.00
400	52.05	723		1500	4:49.84	620

## 4 5791 Ryan Boatsman - Linfield

100	11.5h	703		110HH	17.73	550
LJ	6.35m	664	20'10.00	DT	28.74m	440 94'03.00
SP	11.12m	553	36'05.75	PV	3.60m	509 11'09.75
HJ	1.86m	679	6'01.25	JT	42.24m	475138'07.00
400	53.78	649		1500	4:58.45	569

## 5 5514 Ray Lions - Linfield

100	11.9h	624		110HH	19.37	401
LJ	6.43m	682	21'01.25	DT	28.06m	426 92'01.00
SP	11.02m	547	36'02.00	PV	3.80m	562 12'05.50
HJ	1.80m	627	5'10.75	JT	53.14m	635174'04.00
400	54.92	602		1500	5:28.31	408

## 6 5308 Jason Hill - Lewis &amp; Clark

100	12.1h	586		110HH	20.37	321
LJ	6.22m	635	20'05.00	DT	31.80m	500104'04.00
SP	10.14m	494	33'03.25	PV	3.10m	381 10'02.00
HJ	1.83m	653	6'00.00	JT	51.90m	617170'03.00
400	55.18	592		1500	5:05.39	529

## 7 5224 Dan Gargas - Puget Sound

100	12.0h	605		110HH	18.84	447
LJ	5.67m	516	18'07.25	DT	25.66m	380 84'02.00
SP	10.10m	492	33'01.75	PV	3.80m	562 12'05.50
HJ	1.71m	552	5'07.25	JT	36.40m	390119'05.00
400	54.22	631		1500	4:45.10	649

8 5178 Matt Zosel - Willamette

100	12.1h	586	110HH	20.01	348
LJ	5.31m	443 17'05.25	DT	40.66m	678133'05.00
SP	12.54m	639 41'01.75	PV	2.60m	264 8'06.25
HJ	1.83m	653 6'00.00	JT	43.86m	498143'11.00
400	55.85	565	1500	5:09.83	504

9 5106 Loran Joseph - Lewis & Clark

100	12.3h	549	110HH	17.67	556
LJ	5.63m	508 18'05.75	DT	22.84m	326 74'11.00
SP	9.69m	467 31'09.50	PV	3.00m	357 9'10.00
HJ	1.83m	653 6'00.00	JT	35.10m	372115'02.00
400	54.88	604	1500	4:34.69	714

10 4731 Ty Taylor - George Fox

100	13.0h	428	110HH	20.41	318
LJ	5.01m	384 16'05.25	DT	35.68m	577117'01.00
SP	11.81m	595 38'09.00	PV	2.80m	309 9'02.25
HJ	1.62m	480 5'03.75	JT	57.42m	699188'05.00
400	58.49	466	1500	5:15.23	475



Pacific Lutheran University / Tacoma, Wash. - Mon 04/17/00 to Tue 04/18/00

## Event 2 Heptathlon Women Results

## 1 4092 Katie McArthur - Linfield

100LH	15.72	749		LJ	4.64m	464	15'02.75
HJ	1.55m	678	5'01.00	JT	27.38m	427	89'10.00
SP	8.52m	433	27'11.50	800	2:28.00	718	
200	28.10	623					

## 2 4028 Laura Leineweber - Willamette

100LH	16.52	652		LJ	4.81m	508	15'09.50
HJ	1.61m	747	5'03.25	JT	25.46m	391	83'06.00
SP	8.20m	412	26'11.00	800	2:28.10	717	
200	28.38	601					

## 3 3986 Julie Vanni - Puget Sound

100LH	16.87	611		LJ	4.75m	492	15'07.00
HJ	1.43m	544	4'08.25	JT	32.52m	524	106'08.00
SP	10.61m	569	34'09.75	800	2:36.14	618	
200	28.04	628					

## 4 3871 Jessica Austin - Whitworth

100LH	17.44	548		LJ	4.66m	469	15'03.50
HJ	1.49m	610	4'10.50	JT	30.66m	489	100'07.00
SP	8.50m	432	27'10.75	800	2:21.53	803	
200	29.47	520					

## 5 3801 Mandy Sitz - Linfield

100LH	16.88	610		LJ	4.83m	514	15'10.25
HJ	1.46m	577	4'09.50	JT	26.46m	410	86'10.00
SP	8.97m	462	29'05.25	800	2:37.08	607	
200	28.12	621					

## 6 3725 Leah Moore - Linfield

100LH	19.14	377		LJ	4.31m	381	14'01.75
HJ	1.37m	481	4'06.00	JT	34.18m	556	112'02.00
SP	9.09m	470	29'10.00	800	2:20.93	811	
200	27.77	649					

## 7 3705 Kirtlye Lohof - Lewis &amp; Clark

100LH	16.92	606		LJ	4.79m	503	15'08.75
HJ	1.31m	419	4'03.50	JT	28.94m	457	94'11.00
SP	8.98m	463	29'05.50	800	2:42.52	544	
200	26.98	713					

## 8 3555 Abby Jo Hornstein - Whitworth

100LH	17.89	500		LJ	4.36m	393	14'03.75
HJ	1.46m	577	4'09.50	JT	22.90m	343	75'01.00
SP	9.78m	515	32'01.00	800	2:39.21	582	
200	27.82	645					

## 9 3236 Sarah Dillon - Puget Sound

100LH	18.00	488		LJ	4.40m	403	14'05.25
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HJ	1.61m	747	5'03.25	JT	12.80m	157	42'00.00
SP	6.89m	328	22'07.25	800	2:43.12	538	
200	28.72	575					

10 3098 Erin Haney - Puget Sound

100LH	18.72	417		LJ	4.20m	355	13'09.50
HJ	1.34m	449	4'04.75	JT	21.64m	319	71'00.00
SP	7.72m	381	25'04.00	800	2:34.68	635	
200	29.17	542					

11 3090 Janna Vavra - Pacific

100LH	19.59	337		LJ	3.99m	306	13'01.25
HJ	1.40m	512	4'07.00	JT	24.72m	377	81'01.00
SP	9.98m	528	32'09.00	800	2:43.35	535	
200	29.82	495					

12 2155 Michaela Ryder - Pacific

100LH	21.97	159		LJ	4.24m	364	13'11.00
HJ	NH	0		JT	22.34m	332	73'03.00
SP	7.43m	363	24'04.50	800	2:51.73	446	
200	29.88	491					

## Championships

Pacific Lutheran University / Tacoma, Wash. - Monday Apr 17, 2000 to Tuesday Apr 18, 2000

## Event 1 Decathlon Men Results

Name	Points	100	LJ	SP	HJ	400	Day 1	110HH	DT	PV	JT	1500
1 Jimmy Watts Willamette	3584	11.6h (683)	6.40m (675)	11.29m (563)	2.10m (896)	51.05 (767)	3584	(0)	(0)	(0)	(0)	(0)
2 Shipley Ennis Pacific Lutheran	3477	11.2h (765)	6.15m (619)	12.34m (627)	1.86m (679)	50.61 (787)	3477	(0)	(0)	(0)	(0)	(0)
3 Fritz Mesenbrink Linfield	3307	11.7h (663)	6.17m (624)	10.88m (539)	1.95m (758)	52.05 (723)	3307	(0)	(0)	(0)	(0)	(0)
4 Ryan Boatsman Linfield	3248	11.5h (703)	6.35m (664)	11.12m (553)	1.86m (679)	53.78 (649)	3248	(0)	(0)	(0)	(0)	(0)
5 Ray Lions Linfield	3082	11.9h (624)	6.43m (682)	11.02m (547)	1.80m (627)	54.92 (602)	3082	(0)	(0)	(0)	(0)	(0)
6 Jason Hill Lewis & Clark	2960	12.1h (586)	6.22m (635)	10.14m (494)	1.83m (653)	55.18 (592)	2960	(0)	(0)	(0)	(0)	(0)
7 Matt Zosel Willamette	2886	12.1h (586)	5.31m (443)	12.54m (639)	1.83m (653)	55.85 (565)	2886	(0)	(0)	(0)	(0)	(0)
8 Dan Gargas Puget Sound	2796	12.0h (605)	5.67m (516)	10.10m (492)	1.71m (552)	54.22 (631)	2796	(0)	(0)	(0)	(0)	(0)
9 Loran Joseph Lewis & Clark	2781	12.3h (549)	5.63m (508)	9.69m (467)	1.83m (653)	54.88 (604)	2781	(0)	(0)	(0)	(0)	(0)
10 Ty Taylor George Fox	2253	13.0h (428)	5.01m (384)	11.81m (595)	1.62m (480)	58.49 (466)	2253	(0)	(0)	(0)	(0)	(0)



Northwest Conference Multi-Events  
Championships

Pacific Lutheran University / Tacoma, Wash. - Monday Apr 17, 2000 to Tuesday Apr 18, 2000

## Event 2 Heptathlon Women Results

Name	Points	100LH	HJ	SP	200	Day 1	LJ	JT	800
1 Katie McArthur Linfield	2483	15.72 (749)	1.55m (678)	8.52m (433)	28.10 (623)	2483	(0)	(0)	(0)
2 Laura Leineweber Willamette	2412	16.52 (552)	1.61m (747)	8.20m (412)	28.38 (601)	2412	(0)	(0)	(0)
3 Julie Vanni Puget Sound	2352	16.87 (611)	1.43m (544)	10.61m (569)	28.04 (628)	2352	(0)	(0)	(0)
4 Mandy Sitz Linfield	2270	16.88 (610)	1.46m (577)	8.97m (462)	28.12 (621)	2270	(0)	(0)	(0)
5 Abby Jo Hornstein Whitworth	2237	17.89 (500)	1.46m (577)	9.78m (515)	27.82 (645)	2237	(0)	(0)	(0)
6 Kirtlye Lohof Lewis & Clark	2201	16.92 (606)	1.31m (419)	8.98m (463)	26.98 (713)	2201	(0)	(0)	(0)
7 Sarah Dillon Puget Sound	2138	18.00 (488)	1.61m (747)	6.89m (328)	28.72 (575)	2138	(0)	(0)	(0)
8 JJ Hurley Willamette	2137	17.49 (542)	1.37m (481)	9.65m (507)	28.31 (607)	2137	(0)	(0)	(0)
9 Jessica Austin Whitworth	2110	17.44 (548)	1.49m (610)	8.50m (432)	29.47 (520)	2110	(0)	(0)	(0)
10 Leah Moore Linfield	1977	19.14 (377)	1.37m (401)	9.09m (470)	27.77 (649)	1977	(0)	(0)	(0)
11 Janna Vavra Pacific	1872	19.59 (337)	1.40m (512)	9.98m (528)	29.82 (495)	1872	(0)	(0)	(0)
12 Erin Haney Puget Sound	1789	18.72 (417)	1.34m (449)	7.72m (381)	29.17 (542)	1789	(0)	(0)	(0)
13 Michaela Ryder Pacific	1013	21.97 (159)	NH (0)	7.43m (363)	29.88 (491)	1013	(0)	(0)	(0)

Linfield Open

Linfield College

4/15/2000

## Men's 100 meters, 1

## FINAL RESULTS

1. Mike Hinshaw (Western Oregon University) 10.93; 2. Dean Wise (Unattached) 11.13; 3. Jeremy Peil (Western Oregon University) 11.30; 4. Joel Alley (Western Oregon University) 11.47; 5. John Nosler (Linfield College) 11.50; 6. Nick Swanegan (Unattached) 11.50; 7. Andrew Rager (Linfield College) 11.53; 8. Brian Kurland (Unattached) 11.62; 9. Mark Drelling (Western Oregon University) 11.72; 11. Russ Meeuf (Pacific University) 11.94; 12. John McDowell (Willamette University) 11.95; 12. Steve Martin (George Fox University) 11.95; 12. Nate Bell (Willamette University) 11.95; 15. Josh Davis (Willamette University) 11.99; 16. Andy Miguel (Willamette University) 12.05; 17. Greg Dubberke (Pacific University) 12.15; 18. Conley Bergh (George Fox University) 12.19; 19. Tony Cassinero (Willamette University) 12.35; 20. Terrance Wong (Willamette University) 12.44; 20. Neil Cantrall (George Fox University) 12.44; 22. Justin Cooper (Willamette University) 12.45; 23. Jerome Kim (Willamette University) 12.52; 24. David Inman (Cascade College) 12.94; 25. Eduard Baba (Willamette University) 13.24;

## Men's 200 meters, 1

## FINAL RESULTS

1. Dante Betha (Western Oregon University) 22.13; 2. Joel Alley (Western Oregon University) 22.87; 3. Nick Swanegan (Unattached) 22.93; 4. Sedric Ashley (Unattached) 23.20; 5. Will Driessen (Unattached) 23.33; 6. Brian Kurland (Unattached) 23.40; 7. Keoni McHone (Unattached) 23.53; 7. Evan Robbins (Unattached) 23.53; 9. John Nosler (Linfield College) 23.73; 10. Dustin Sackett (Pacific University) 23.80; 11. John McDowell (Willamette University) 24.07; 12. Josh Davis (Willamette University) 24.11; 13. Josh McIntyre (Western Oregon University) 24.23; 14. Steve Martin (George Fox University) 24.77; 15. David Lovejoy (George Fox University) 24.91; 17. Bobby Plotts (Linfield College) 26.08;

## Men's 400 meters, 1

## FINAL RESULTS

1. Dante Betha (Western Oregon University) 48.51; 2. David Richmond (Western Oregon University) 49.42; 3. David Plotts (George Fox University) 49.58; 4. Jake Horner (Unattached) 49.62; 5. Evan Robbins (Unattached) 50.95; 6. Merritt McDole (Unattached) 51.19; 7. Josh McIntyre (Western Oregon University) 51.52; 8. Jason Newton (Western Oregon University) 52.53; 9. Sean Gross (Unattached) 52.93; 10. Erik Bjornstad (Western Oregon University) 52.97; 10. Robert Wolf (Unattached) 52.97; 12. Bobby Plotts (Linfield College) 59.75;

## Men's 800 meters, 1

## FINAL RESULTS

1. Josh Piper (Western Oregon University) 1:57.38; 2. Stuart Chaffee (Western Oregon University) 1:57.88; 3. Justin Nakamura (Western Oregon University) 1:58.31; 4. Ryan Austin (George Fox University) 1:58.44; 4. Will Driessen (Unattached) 1:58.44; 6. Curt Poole (Cascade College) 1:59.18; 7. Nate Miller (Linfield College) 1:59.38; 8. Joey Janota (Willamette University) 2:00.47; 9. Michael Simenza (Willamette University) 2:00.77; 10. Nicholas Ryland (George Fox University) 2:01.04; 11. Pieter Voskes (Linfield College) 2:01.28; 12. Zach Meyers (Willamette University) 2:02.44; 13. Jonathan Cooper (Willamette University) 2:03.11; 14. Kenan Butler (George Fox University) 2:08.16;

## Men's 1500 Meters, 1

## FINAL RESULTS

1. Jeremy Park (Unattached) 3:56.94; 2. Ryan Craig (Unattached) 3:57.47; 3. Jed Chappel (Unattached) 4:01.74; 4. Chris Hollin (Unattached) 4:07.95; 5. Aaron Long (Western Oregon University) 4:11.00; 6. Michael Kennedy (Unattached) 4:24.26; 7. Brent Lord (Linfield College) 4:29.74; 8. Silas Towne (George Fox University) 4:38.81; 9. Russ Getchell (Pacific University) 4:46.29;

## Men's 3000, 1

## FINAL RESULTS

1. Brandon Workman (George Fox University) 9:02.85; 2. John Mantalas (George Fox University) 9:10.73; 3. Scott Oswald (George Fox University) 9:39.49; 4. Coach Ball (Pacific University) 9:42.93; 5. Forrest Towne (George Fox University) 9:44.33; 6. Jeremy Weddell (Unattached) 9:51.07;

## Men's 110 Hurdles, 1

## FINAL RESULTS

1. David Parker (Unattached) 15.67; 2. Josh Smith (Willamette University) 16.27; 3. Zach Davidson (George Fox University) 16.30; 4. Toby Dean (Willamette University) 17.50; 5. Caleb Harris (George Fox University) 17.57; 6. Ryan Boatsman (Linfield College) 17.60;

## Men's 400 Hurdles, 1

## FINAL RESULTS

1. David Parker (Unattached) 54.39; 2. Zach Davidson (George Fox University) 55.13; 3. Andrew Rager (Linfield College) 56.93; 4. Kevin Whittaker (George Fox University) 57.22; 5. Darrin Olson (Oregon State Track Club) 57.93; 6. Caleb Harris (George Fox University) 58.52; 7. Josh Smith (Willamette University) 59.20; 8. Doug Christ (Pacific University) 1:01.05; 9. Toby Dean (Willamette University) 1:04.12;

## Men's 4x100 Relay, 1

## FINAL RESULTS

1. 4 x 100 "A" (Western Oregon University) 41.94; 2. Men's 4 x 100 Relay (Linfield College) 43.50; 3. 4 x 100 "B" (Western Oregon University) 45.10; 4. Men's 4 x 100 "B" (George Fox University) 46.27;

## Men's 4 x 400 Relay, 1

## FINAL RESULTS

1. Men's 4 x 400 "A" (George Fox University) 3:22.27; 2. 4 x 400 "A" (Western Oregon University) 3:23.53; 3. Men's 4 x 400 (Willamette University) 3:30.94; 4. Men's 4 x 400 "B" (George Fox University) 3:30.98;

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## Men's High Jump, 1

## FINAL RESULTS

1. Pat Ferguson (Western Oregon University) 6-04.0; 2. Joe Sanchez (Linfield College) 6-02.0; 3. Marques Johnson (Willamette University) 6-02.0; 4. Jerome Powell (Western Oregon University) 6-02.0; 5. Mike Bernatz (Willamette University) 6-00.0; 6. Beau West (George Fox University) 5-10.0;

## Men's Pole vault, 1

## FINAL RESULTS

1. Jon Stroschine (Western Oregon University) 15-00.0; 1. Brent Sagnotti (Linfield College) 15-00.0; 3. Jim Chroninger (Unattached) 14-06.0; 4. Aaron Routon (George Fox University) 13-06.0; 5. David Phillips (Cascade College) 13-00.0;

## Men's Long Jump, 1

## FINAL RESULTS

1. John Nosler (Linfield College) 6.55 (21-06.0); 3. Zach Davidson (George Fox University) 6.34 (20-09.75); 3. Terrance Wong (Willamette University) 6.32 (20-09.0); 4. Brian Kruse (Western Oregon University) 6.29 (20-07.75); 5. Andy Miguel (Willamette University) 6.15 (20-02.25); 6. Daniel Straw (Western Oregon University) 6.03 (19-09.5); 7. Wolfgang Rudolph (Linfield College) 5.02 (19-09.0); 8. Tony Cassinerio (Willamette University) 5.74 (18-10.0); 9. David Lovejoy (George Fox University) 5.35 (17-06.5); 10. Eduard Baba (Willamette University) 4.30 (14-04.75);

## Men's Triple Jump, 1

## FINAL RESULTS

1. Shane Bosch (Unattached) 14.19 (46-06.75); 2. Mike Bernatz (Willamette University) 12.89 (42-03.5); 3. Terrance Wong (Willamette University) 12.81 (42-00.5); 4. John Nosler (Linfield College) 12.71 (41-08.5); 5. Steve Groff (Unattached) 12.70 (41-08.0); 6. Scott Greene (George Fox University) 12.20 (40-00.5); 7. Bo Bennett (Linfield College) 12.15 (39-10.5);

## Men's Shot Put, 1

## FINAL RESULTS

1. Brian Crawford (Western Oregon University) 14.38 (47-02.25); 2. Adam Dittman (Willamette University) 14.25 (46-09.0); 3. Nick Sackman (Linfield College) 14.22 (46-08.0); 4. Ian Strauss (George Fox University) 13.98 (45-10.5); 5. Pat Halstead (Willamette University) 13.81 (45-03.75); 6. Joel Strunk (George Fox University) 13.76 (45-01.75); 7. Josh Gonzales (Cascade College) 13.74 (45-01.0); 8. Jeff York (Linfield College) 13.11 (43-00.25); 9. Ben Dittman (Linfield College) 12.38 (40-07.5); 10. John Smith (Unattached) 12.28 (40-03.5); 11. Justin Buckner (Linfield College) 11.51 (37-09.25); 12. Joe Sanchez (Linfield College) 11.36 (37-03.25); 13. John Fletcher (George Fox University) 10.57 (34-08.25); 14. Ken Kozuma (Pacific University) 9.15 (30-00.25);

## Men's Discus, 1

## FINAL RESULTS

1. Ian Strauss (George Fox University) 46.28 (151-10.0); 2. David Gregory (Western Oregon University) 44.74 (146-09.0); 3. Nick Sackman (Linfield College) 44.64 (146-05.0); 4. Jake Nickerson (Western Oregon University) 43.86 (143-11.0); 5. John Smith (Unattached) 43.00 (141-01.0); 6. Jeff Aichele (Unattached) 42.15 (138-03.0); 7. Luke Franzke (Western Oregon University) 40.68 (133-05.0); 8. James Banks (Willamette University) 39.99 (131-02.0); 9. Jason Caponette (Linfield College) 38.54 (126-05.0); 10. Pat Halstead (Willamette University) 38.08 (124-11.0); 11. Joe Mason (Western Oregon University) 36.00 (118-01.0); 12. Adam Dittman (Willamette University) 35.36 (116-00.0); 13. Justin Buckner (Linfield College) 34.18 (112-02.0); 14. John Fletcher (George Fox University) 25.55 (83-10.0);

## Men's Hammer, 1

## FINAL RESULTS

1. Luke Franzke (Western Oregon University) 50.84 (166-09.0); 2. David Gregory (Western Oregon University) 49.07 (161-00.0); 3. James Banks (Willamette University) 45.25 (148-05.0); 4. Joel Strunk (George Fox University) 44.39 (145-08.0); 5. Jason Caponette (Linfield College) 41.53 (136-03.0); 6. Jake Nickerson (Western Oregon University) 39.94 (131-00.0); 7. Jeff York (Linfield College) 38.79 (127-03.0); 8. Pat Halstead (Willamette University) 38.08 (124-11.0); 9. Eric Kunze (George Fox University) 37.84 (124-02.0); 10. Joe Mason (Western Oregon University) 35.39 (116-01.0); 11. Ben Dittman (Linfield College) 35.25 (115-08.0);

## Men's javelin, 1

## FINAL RESULTS

1. Brandon Shaver (Willamette University) 58.59 (192-03.0); 2. Aaron Thornton (Linfield College) 53.99 (177-01.0); 3. Jonathan Roberts (George Fox University) 52.28 (171-06.0); 4. Tyler Cox (Western Oregon University) 52.26 (171-05.0); 5. Jimmy Adamak (Linfield College) 46.83 (153-08.0); 6. Matt Greco (Linfield College) 46.82 (153-07.0); 7. JP Kloninger (Linfield College) 46.33 (152-00.0); 8. Darren Gillenwater (Western Oregon University) 46.20 (151-07.0); 9. Garrett Fergus (Linfield College) 45.98 (150-10.0); 10. Eric Kunze (George Fox University) 44.50 (146-00.0);

## Women's 100 meters, 1

## FINAL RESULTS

1. Teresa Soles (Unattached) 13.11; 2. Kiana Womack (Western Oregon University) 13.31; 3. Sharon Barnett (George Fox University) 13.44; 4. Emily Porter (Western Oregon University) 13.51; 5. Jennifer Jacobson (Pacific University) 13.91; 6. Jessica Parker (Willamette University) 13.94; 6. Michelle Forbes (Unattached) 13.94; 8. Jocelyn Kennedy (George Fox University) 14.07; 9. Kila Kilantang (Willamette University) 14.17; 10. Jessica Nyes (George Fox University) 14.51; 11. Heidi Smith (George Fox University) 14.71;

## Women's 200 meters, 1

## FINAL RESULTS

1. Melody Sherman (Linfield College) 25.89; 2. Teresa Soles (Unattached) 27.02; 3. Erica Kelly (University of Oregon) 27.06; 4. Sharon Barnett (George Fox University) 27.09; 4. Alisa Worley (Western Oregon University) 27.09; 6. Megan Heuberger (George Fox University) 27.54; 7. Kiana Womack (Western Oregon University) 27.65; 8. Annie Pogue (University of Oregon) 28.69; 9. Rebecca Lucas (Pacific University) 28.81; 10. Jessica Parker (Willamette University) 28.98; 11. Jennifer Jacobson (Pacific University) 29.11;



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## Women's 400 meters, 1

## FINAL RESULTS

1. Melody Sherman (Linfield College) 57.03; 2. Jessica Adams (George Fox University) 59.57; 3. Alisa Worley (Western Oregon University) 1:00.77; 4. Farrah McCubbin (Unattached) 1:01.51; 5. Lindsay Ogle (Willamette University) 1:01.71; 6. Jamie McElwain (George Fox University) 1:01.94; 7. Kate Burke (Willamette University) 1:02.37; 8. Buffy Morris (Willamette University) 1:03.28; 9. Lisa Taylor (Linfield College) 1:03.47; 10. Kara Cozby (Western Oregon University) 1:03.94; 11. Katie Krall (Willamette University) 1:08.65;

## Women's 800 meters, 1

## FINAL RESULTS

1. Beth Fitzgerald (Willamette University) 2:15.59; 2. Lisa Starkey (Willamette University) 2:18.20; 3. Alicia Carlson (University of Oregon) 2:22.0; 4. Eryn Fordney (University of Oregon) 2:22.37; 5. Amber Emory (Willamette University) 2:25.24; 6. Camille VanHooser (George Fox University) 2:31.68; 7. Ann Patten (Panther Sports) 2:32.14; 8. Kara Bentley (Cascade College) 2:33.55;

## Women's 1500 meters, 1

## FINAL RESULTS

1. Erin Moore (Willamette University) 5:07.26; 2. Ann Patten (Panther Sports) 5:10.66;

## Women's 3000 Steeple, 1

## FINAL RESULTS

1. Tori Taylor (George Fox University) 11:39.25; 2. Annie Fogue (Unattached) 12:36.64; 3. Deehan Dougherty (Unattached) 12:39.71; 4. Robin Vesey (Unattached) 13:29.26; Staci Ogoli (Unattached) DID NOT FINISH;

## Women's 100 Hurdles, 1

## FINAL RESULTS

1. Chris Jansen (Western Oregon University) 15.29; 2. Karrie Nelson (George Fox University) 16.22; 3. Lynn Gurney (Western Oregon University) 18.46; 4. Leah Moore (Linfield College) 19.12;

## Women's 400 Hurdles, 1

## FINAL RESULTS

1. Chris Jansen (Western Oregon University) 1:02.19; 2. Amber Larsen (Linfield College) 1:02.82; 3. Karrie Nelson (George Fox University) 1:05.06; 4. Tany Middelag (Willamette University) 1:08.16; 5. Lynn Gurney (Western Oregon University) 1:12.73; 6. Heather Creech (Western Oregon University) 1:15.34;

## Women's 4 x 100 R, 1

## FINAL RESULTS

1. Women's 4 x 100 (Western Oregon University) 50.01; 2. Women's 4 x 100 (George Fox University) 50.94;

## Women's 4 x 400 R, 1

## FINAL RESULTS

1. Women's 4 x 400 "A" (George Fox University) 4:04.27; 2. Women's 4 x 400 (Pacific University) 4:31.17;

## Women's High Jump, 1

## FINAL RESULTS

1. Amy Forbes (George Fox University) 1.59 (5-02.5); 2. Angela Powell (George Fox University) 1.54 (5-00.5); 3. Annie Fogue (University of Oregon) 1.49 (4-10.5);

## Women's Pole Vault, 1

## FINAL RESULTS

1. Holly Speight (University of Oregon) 12-00.0; 2. Kristin Russell (Linfield College) 11-00.0; 3. Georgette Moyle (University of Oregon) 10-00.0; 4. Tara Haga (Western Oregon University) 10-00.0; 5. Helena Telfer (George Fox University) 9-00.0; 6. Melanie Reinmuth (Pacific University) 8-00.0; 7. Fiona Lee (Willamette University) 8-00.0; 8. Lisa Baumann (Linfield College) 7-06.0; 9. Mindy Perkins (Pacific University) 7-06.0; 10. Marika Middag (Willamette University) 7-00.0;

## Women's Long Jump, 1

## FINAL RESULTS

1. Amanda Brown (University of Oregon) 5.59 (18-04.0); 2. Farrah McCubbin (Unattached) 5.45 (17-10.5); 3. Deborah Lee (University of Oregon) 5.23 (17-01.75); 4. Kara Erickson (Unattached) 4.92 (16-01.75); 5. Katie McArthur (Linfield College) 4.88 (16-00.0); 6. Michaela Ryder (Pacific University) 3.68 (12-00.75); 7. Janna Vavra (Pacific University) 3.54 (11-07.25);

## Women's Triple Jump, 1

## FINAL RESULTS

1. Jocelyn Kennedy (George Fox University) 11.00 (36-01.25); 2. Deborah Lee (University of Oregon) 10.97 (36-00.0); 3. Kelsey Barron (George Fox University) 10.88 (35-08.5); 4. Kara Erickson (Unattached) 10.28 (33-08.75); 5. Colleen Forbes (George Fox University) 10.28 (33-08.75); 6. Heidi Smith (George Fox University) 10.24 (33-07.25); 7. Lisa Taylor (Linfield College) 9.60 (31-06.0); 8. Michelle Forbes (Unattached) 9.44 (30-11.75);

## Women's Shot Put, 1

## FINAL RESULTS

1. Nola Watts (Unattached) 12.58 (41-03.25); 2. Dorothy Kerr (Western Oregon University) 12.03 (39-05.75); 3. Lindsay Horton (University of Oregon) 11.77 (38-07.5); 4. Angela Rosario (Pacific University) 11.06 (36-03.5); 5. Shalese Borden (Western Oregon University) 11.06 (36-03.5); 6. Kasey Sorenson (Willamette University) 11.04 (36-03.75); 7. Sarah Cotton (Pacific University) 10.05 (33-07.25); 8. Kelly Bradstreet (Linfield College) 10.68 (35-00.5); 9. Janna Vavra (Pacific University) 10.43 (34-02.75); 10. Jessica Nyes (George Fox University) 10.29 (33-09.25); 11. Paige Lewis (George Fox University) 10.27 (33-08.5); 12. Marian Stevens (George Fox University) 10.24 (33-07.25); 13. Pamela Longman (George Fox University) 10.16 (33-04.0); 14. Erin Simond (George Fox University) 9.94 (32-07.5);

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## Women's Discus, 1

## FINAL RESULTS

1. Jamie Burk (Unattached) 43.55 (142-10.0); 2. Jordan McDaniels (University of Oregon) 43.52 (142-09.0); 3. Sarah Richner (Willamette University) 40.79 (133-10.0); 4. Heather Hill (University of Oregon) 39.52 (129-08.0); 5. Marian Stevens (George Fox University) 37.47 (122-11.0); 6. Dorothy Kerr (Western Oregon University) 37.34 (122-06.0); 7. Caitlin Firth (Unattached) 37.27 (122-03.0); 8. Paige Lewis (George Fox University) 35.75 (117-03.0); 9. Lindsay Holbrook (Linfield College) 34.96 (114-08.0); 10. Angela Rosario (Pacific University) 32.38 (106-03.0); 11. Ann Kaltwasser (Pacific University) 31.56 (103-06.0); 12. Sarah Cotton (Pacific University) 31.32 (102-09.0); 13. Ruth Ann Heim (Pacific University) 30.98 (101-08.0); 14. Leann Price (Willamette University) 29.52 (96-10.0); 15. Pamela Longman (George Fox University) 29.22 (95-10.0); 16. Kasey Sorenson (Willamette University) 27.72 (90-11.0); 17. Shannon Tait (Linfield College) 17.05 (55-11.25);

## Women's Hammer, 1

## FINAL RESULTS

1. Jordan McDaniels (University of Oregon) 47.30 (155-02.0); 2. Lindsey Holbrook (Linfield College) 47.02 (154-03.0); 3. Heather Hill (University of Oregon) 46.52 (152-07.0); 4. Candace Ekhooff (Western Oregon University) 45.97 (150-10.0); 5. Kate Jackson (Western Oregon University) 45.40 (148-11.0); 6. Jamie Burk (Unattached) 40.80 (133-10.0); 7. Jennifer Dunkin (Western Oregon University) 39.80 (130-07.0); 8. Lindsay Norton (University of Oregon) 39.42 (129-04.0); 9. Gretchen Stephens (Western Oregon University) 39.40 (129-03.0); 10. Amanda Evey (Western Oregon University) 38.27 (125-07.0); 11. Kasey Sorenson (Willamette University) 36.12 (118-06.0); 12. Shalese Borden (Western Oregon University) 35.46 (116-04.0); 13. Dorothy Kerr (Western Oregon University) 35.00 (114-10.0); 14. Erin Tannock (Linfield College) 27.08 (88-10.0);

## Women's Javelin, 1

## FINAL RESULTS

1. Beccy Harper (Unattached) 44.98 (147-07.0); 2. Wendy Olson (University of Oregon) 41.15 (135-00.0); 3. Charyl Weingarten (University of Oregon) 41.00 (134-06.0); 4. Kellie Kathman (Western Oregon University) 40.52 (132-11.0); 5. Sara Dinmore (University of Oregon) 39.72 (130-04.0); 6. Ann Kaltwasser (Pacific University) 38.42 (126-00.0); 7. Lori Miller (George Fox University) 37.07 (121-07.0); 8. Holly Conrad (Western Oregon University) 36.36 (119-03.0); 9. Monica Scott (Willamette University) 36.16 (118-08.0); 10. Gail Wootan (Pacific University) 33.00 (108-03.0); 11. Jennifer Cregg (Linfield College) 30.10 (98-09.0); 12. Haley Ronningen (Pacific University) 28.98 (95-01.0); 13. Jennifer Dunkin (Western Oregon University) 25.64 (84-01.0); 14. Sukhee So (Willamette University) 25.39 (83-04.0); 15. Michaela Ryder (Pacific University) 21.61 (70-10.75);

**GEORGE FOX UNIVERSITY DISTANCE CARNIVAL**  
**Friday, April 14, 2000 – Colcord Field, Newberg, Oregon**

(All races hand-timed)

4 x 800 Relay (Men's)

- |  |        |
|--|--------|
| 1. Western Oregon  | 7:47.9 |
| (Stuart Chaffee, Aaron Long,<br>Justin Nakamura, Josh Piper) |        |

3000m Steeplechase (Men's)

- |                  |                |         |
|------------------|----------------|---------|
| 1. Tom Johnson   | unattached     | 9:52.1  |
| 2. Brett Franz   | Western Oregon | 10:07.1 |
| 3. Forrest Towne | George Fox     | 10:17.2 |

3000m Run (Women's)

- |                  |            |         |
|------------------|------------|---------|
| 1. Rebecca Moore | OSU TC     | 10:22.4 |
| 2. Tori Taylor   | George Fox | 10:34.6 |
| 3. Erin Gray     | unattached | 10:52.8 |

5000m Run (Men's)

- |                     |            |         |
|---------------------|------------|---------|
| 1. Jeremy Park      | unattached | 14:39.7 |
| 2. Brandon Workman  | George Fox | 14:46.0 |
| 3. Ahrlin Bauman    | unattached | 14:56.6 |
| 4. Greg Mitchell    | unattached | 15:01.2 |
| 5. Colden Baxter    | OSU TC     | 15:10.3 |
| 6. Jed Chappel      | unattached | 15:17.3 |
| 7. Oscar Bauman     | unattached | 15:41.3 |
| 8. Kirk Fisher      | OSU TC     | 15:45.1 |
| 9. Noah McGowan     | unattached | 15:48.8 |
| 10. Jason Pyatt     | unattached | 16:02.2 |
| 11. Andy Wedam      | Portland   | 16:13.3 |
| 12. John Foland     | unattached | 16:14.7 |
| 13. John Moore      | OSU TC     | 16:17.4 |
| 14. Jim Sweeney     | unattached | 16:18.9 |
| 15. Michael Owen    | George Fox | 16:20.3 |
| 16. Perry Scandon   | OSU TC     | 16:58.3 |
| 17. Nathan Paisley  | George Fox | 17:22.6 |
| 18. Shaun Radabaugh | Cascade    | 17:52.3 |

5000m Run (Women's)

- |                  |                |         |
|------------------|----------------|---------|
| 1. Ember Brosius | George Fox     | 18:04.4 |
| 2. Wendy Bruneau | Apex           | 18:19.3 |
| 3. Ellie Enos    | Western Oregon | 19:06.2 |

10,000m Run (Men's)

- |                     |            |         |
|---------------------|------------|---------|
| 1. Tom Moritz       | unattached | 32:33.1 |
| 2. Nathan Gushwa    | Willamette | 32:54.3 |
| 3. Russell Grechell | Pacific    | 36:27.3 |
| 4. Richard Biy      | unattached | 36:45.0 |
| 5. John Purdy       | Pacific    | 36:48.0 |
| 6. Darren Bowe      | Pacific    | 37:12.5 |
| 7. Gideon Kippotich | Cascade    | dnf     |

10,000m Run (Women's)

- |                    |                |         |
|--------------------|----------------|---------|
| 1. Tonya Lutz      | Willamette     | 38:50.1 |
| 2. Amber Strickler | Willamette     | 39:30.9 |
| 3. Susan Reese     | Western Oregon | 40:49.5 |
| 4. Kari Newbey     | Linfield       | 41:03.8 |
| 5. Lisa Pohlit     | Willamette     | 42:08.1 |
| 6. Marisa Merrit   | George Fox     | 42:44.6 |
| 7. Jasmin Hanson   | Willamette     | 43:09.6 |
| 8. Jami Mickelson  | Willamette     | 43:25.7 |



## Shot Put, Women

## FINAL RESULTS

1. Rosario, Angela (Pacific University) 11.25 (36-11.0); 2. Vanni, Julie (University of Puget Sound) 11.10 (36-05.0); 3. Sorenson, Kasey (Willamette University) 10.85 (35-07.25); 4. Stevens, Marian (George Fox University) 10.73 (35-02.5); 5. Cotton, Sarah (Pacific University) 10.60 (34-09.5); 6. Simon, Erin (George Fox University) 10.29 (33-09.25); 7. Lewis, Paige (George Fox University) 10.23 (33-06.75); 8. Duensing, Lauri (Pacific University) 10.01 (32-10.25); 9. Smith, Lace (University of Puget Sound) 9.97 (32-08.5); 10. Vavra, Janna (Pacific University) 9.91 (32-06.25); 11. Hurley, J.J. (Willamette University) 9.83 (32-03.0); 12. Longman, Pamela (George Fox University) 9.66 (31-08.5); 13. Nies, Jessica (George Fox University) 8.92 (29-03.25); 14. Haney, Erin (University of Puget Sound) 6.95 (22-09.75);

## Shot Put, Men

## FINAL RESULTS

1. Dittman, Adam (Willamette University) 14.50 (47-07.0); 2. Strauss, Ian (George Fox University) 13.83 (45-04.5); 3. Wood, Rodney (Willamette University) 12.95 (42-06.0); 4. Halstead, Pat (Willamette University) 12.89 (42-03.5); 5. Zosel, Matt (Willamette University) 12.49 (40-11.75); 6. Reichenbach, Dan (Lewis & Clark College) 11.94 (39-02.25); 7. Speckman, Luke (Lewis & Clark College) 10.81 (35-05.75); 8. Taylor, Ty (George Fox University) 10.72 (35-02.0); 9. Fletcher, John (George Fox University) 10.00 (32-09.75); 10. Gargas, Dan (University of Puget Sound) 9.91 (32-06.25); 11. Joseph, Loran (Lewis & Clark College) 9.06 (29-08.75); Chaput, Eric (University of Puget Sound) NO MARK;

## Discus, Women

## FINAL RESULTS

1. Reichner, Sarah (Willamette University) 39.52 (129-08.0); 2. Fuhrmann, Heidi (Pacific University) 35.32 (115-10.0); 3. Lewis, Paige (George Fox University) 34.77 (114-01.0); 4. Cotton, Sarah (Pacific University) 34.73 (113-11.0); 5. Heim, Ruth Ann (Pacific University) 32.74 (107-05.0); 6. Kaltwasser, Ann (Pacific University) 32.57 (106-10.0); 7. Stevens, Marian (George Fox University) 32.42 (106-04.0); 8. Price, LeeAnn (Willamette University) 32.03 (105-01.0); 9. Henderson, Marika (University of Puget Sound) 30.33 (99-06.0); 10. Sorenson, Kasey (Willamette University) 30.06 (98-07.0); 11. Rosario, Angela (Pacific University) 29.73 (97-06.0); 12. Duensing, Lauri (Pacific University) 28.41 (93-02.0); 13. Longman, Pamela (George Fox University) 27.86 (91-05.0); 14. Emura, Kristen (University of Puget Sound) 25.07 (82-03.0); 15. Simon, Erin (George Fox University) 22.26 (73-00.5);

## Discus, Men

## FINAL RESULTS

1. Strauss, Ian (George Fox University) 48.99 (160-09.0); 2. Watts, Jimmy (Willamette University) 42.82 (140-06.0); 3. Halstead, Pat (Willamette University) 40.88 (134-01.0); 4. Banks, James (Willamette University) 38.62 (126-08.0); 5. Zosel, Matt (Willamette University) 38.36 (125-10.0); 6. Dittman, Adam (Willamette University) 36.81 (120-09.0); 7. Reichenbach, Dan (Lewis & Clark College) 33.20 (108-11.0); 8. Speckman, Luke (Lewis & Clark College) 28.00 (91-10.0); 9. Fletcher, John (George Fox University) 27.84 (91-04.0); 10. Hill, Jason (Lewis & Clark College) 25.39 (83-04.0); 11. Joseph, Loran (Lewis & Clark College) 24.33 (79-10.0);

## Javelin, Women

## FINAL RESULTS

1. Miller, Lori (George Fox University) 40.02 (131-03.0); 2. Scott, Monica (Willamette University) 39.58 (129-10.0); 3. Kaltwasser, Ann (Pacific University) 37.75 (123-10.0); 4. Wootan, Gail (Pacific University) 36.85 (120-11.0); 5. Crase, Anne (University of Puget Sound) 36.67 (120-04.0); 7. Thompson, Nikki (Lewis & Clark College) 33.74 (110-08.0); 8. Lohof, Kirtlye (Lewis & Clark College) 29.44 (96-07.0); 9. Vanni, Julie (University of Puget Sound) 28.85 (94-08.0); 10. Smith, Heidi (George Fox University) 27.15 (89-01.0); 11. Ronningen, Hayley (Pacific University) 26.67 (87-06.0); 12. Longman, Pamela (George Fox University) 25.98 (85-03.0); 13. Gross, Sarah (University of Puget Sound) 25.87 (84-10.0); 14. Nies, Jessica (George Fox University) 20.15 (66-01.5); Becky Harper (Unattached) 38.91 (127-08.0);



## Pole Vault, Women

## FINAL RESULTS

1. Wells, Amy (University of Puget Sound) 3.66 (12-00.0); 2. Hunt, Heather (George Fox University) 3.51 (11-06.25); 3. Olsson, Christie (Lewis & Clark College) 2.91 (9-06.5); 4. Telfer, Helena (George Fox University) 2.61 (8-06.75); Stilson, Maren (Willamette University) NO MARK; Kuchera, Erica (University of Puget Sound) NO MARK; Lee, Fiona (Willamette University) NO MARK; Kilantang, Kyla (Willamette University) NO MARK;

## Pole Vault, Men

## FINAL RESULTS

1. DeLury, Kevin (University of Puget Sound) 4.02 (13-02.25); 2. Watts, Jimmy (Willamette University) 4.02 (13-02.25); 3. Routon, Aaron (George Fox University) 4.02 (13-02.25); 4. Perry, Matthew (University of Puget Sound) 3.87 (12-08.25); 5. Chapman, Jacob (University of Puget Sound) 3.72 (12-02.5); 6. Gargas, Dan (University of Puget Sound) 3.57 (11-08.5); 7. Taylor, Ty (George Fox University) 3.42 (11-02.5); Boyle, Peter (Pacific University) NO MARK; Joseph, Loran (Lewis & Clark College) NO MARK; Hill, Jason (Lewis & Clark College) NO MARK; John Smith (Unattached) NO MARK;

## Long Jump, Women

## FINAL RESULTS

1. Baron, Kelsey (George Fox University) 5.05 (16-06.75); 2. Lohof, Kirtlye (Lewis & Clark College) 5.04 (16-06.5); 3. Kennedy, Jocelyn (George Fox University) 4.91 (16-01.25); 4. Leineweber, Laura (Willamette University) 4.81 (15-09.25); 5. Vanni, Julie (University of Puget Sound) 4.73 (15-06.25); 6. Dillon, Sarah (University of Puget Sound) 4.72 (15-05.75); 7. Flindt, Natalie (Willamette University) 4.68 (15-04.25); 8. Smith, Heidi (George Fox University) 4.61 (15-01.5); 9. Ogle, Lindsay (Willamette University) 4.57 (15-00.0); 10. Haney, Erin (University of Puget Sound) 4.44 (14-06.75); 11. Forbes, Colleen (George Fox University) 4.43 (14-06.25); 12. Scott, Monica (Willamette University) 4.25 (13-11.25); Vavra, Janna (Pacific University) NO MARK;

## Long Jump, Men

## FINAL RESULTS

1. Watts, Jimmy (Willamette University) 6.70 (21-11.75); 2. Gassaway, Tyler (George Fox University) 6.63 (21-09.0); 3. Hill, Jason (Lewis & Clark College) 6.50 (21-04.0); 4. Cochran, Martin (University of Puget Sound) 6.35 (20-10.0); 5. Miguel, Andy (Willamette University) 6.26 (20-06.5); 6. Wong, Terrence (Willamette University) 6.09 (19-11.75); 7. Cassinerio, Tony (Willamette University) 5.70 (18-08.25); 8. Douglass, Jay (Willamette University) 5.56 (18-02.75); 9. Lovejoy, David (George Fox University) 5.52 (18-01.25); 10. Taylor, Ty (George Fox University) 4.82 (15-09.75); 11. Baba, Eduard (Willamette University) 4.72 (15-05.75);

## Triple Jump, Women

## FINAL RESULTS

1. Baron, Kelsey (George Fox University) 10.82 (35-06.0); 2. Forbes, Colleen (George Fox University) 10.21 (33-06.0); 3. Powell, Angie (George Fox University) 9.89 (32-05.5);

## Triple Jump, Men

## FINAL RESULTS

1. Cochran, Martin (University of Puget Sound) 13.20 (43-03.75); 2. Bernatz, Mike (Willamette University) 12.82 (42-00.75); 3. Greene, Scott (George Fox University) 12.17 (39-11.25); 4. Wong, Terrence (Willamette University) 11.93 (39-01.75); 5. Christiansen, Keith (George Fox University) 11.60 (38-00.75);

## 4 x 100 Relay, Women

## FINAL RESULTS

1. A (George Fox University) 50.66; 2. A (Willamette University) 51.68;

## 4 x 100 Relay, Men

## FINAL RESULTS

1. #1 (George Fox University) 43.28; 2. #1 (Willamette University) 44.09; 3. #1 (University of Puget Sound) 46.45; #2 (George Fox University) 46.00;



## 1500, Women

## FINAL RESULTS

1. Starkey, Lisa (Willamette University) 4:49.14;
2. McElwain, Jamie (George Fox University) 4:52.38;
3. Patterson, Kyra (University of Puget Sound) 4:55.68;
4. Williams, Evelyn (Willamette University) 4:56.49;
5. Taylor, Tori (George Fox University) 4:58.07;
6. Moore, Erin (Willamette University) 5:04.88;
7. Mockford, Annie (Willamette University) 5:06.41;
8. Norgaard, Kirsten (George Fox University) 5:14.72;
9. Page, Carissa (Willamette University) 5:18.59;

## 1500, Men

## FINAL RESULTS

1. Davis, Dave (University of Puget Sound) 3:56.68;
2. Workman, Brandon (George Fox University) 4:01.10;
3. Mantalas, John (George Fox University) 4:02.95;
4. Austin, Ryan (George Fox University) 4:06.25;
5. Grabner, Reagan (University of Puget Sound) 4:06.29;
6. Young, Anthony (Lewis & Clark College) 4:07.75;
7. Berg, Sam (University of Puget Sound) 4:09.72;
8. Floweree, J.R. (University of Puget Sound) 4:10.06;
9. Janota, Joey (Willamette University) 4:15.18;
10. Ault, Andrew (Lewis & Clark College) 4:15.54;
11. Cody, Andrew (Lewis & Clark College) 4:17.17;
12. Schoeneman, Brian (Lewis & Clark College) 4:18.48;
13. Venn, Brett (University of Puget Sound) 4:21.96;
14. Kitzerow, Nick (Lewis & Clark College) 4:25.09;
15. McClaskey, Paul (University of Puget Sound) 4:25.85;
16. Larson, Jarrod (University of Puget Sound) 4:26.17;
17. Paisley, Nathan (George Fox University) 4:28.18;
18. Neuner, Michael (University of Puget Sound) 4:34.96;
19. Getchell, Russ (Pacific University) 4:36.84;

## 100 Sprint Hurdles, Women

## FINAL RESULTS

1. Barrett, Maile (Lewis & Clark College) 15.00;
2. Nelson, Karrie (George Fox University) 15.52;
3. Barnett, Sharon (George Fox University) 16.17;
4. Leineweber, Laura (Willamette University) 16.50;
5. Vanni, Julie (University of Puget Sound) 17.22;
6. Ito, Vania (Lewis & Clark College) 17.48;
7. Elasky, Emily (University of Puget Sound) 18.31;
8. Lohof, Kirtlye (Lewis & Clark College) 18.70;
9. Vavra, Janna (Pacific University) 19.55;
10. Dillon, Sarah (University of Puget Sound) 19.61;
11. Haney, Erin (University of Puget Sound) 19.90;

## 110 Sprint Hurdles, Men

## FINAL RESULTS

1. Smith, Josh (Willamette University) 16.05;
2. Davidson, Zach (George Fox University) 16.47;
3. Baldwin, Joel (University of Puget Sound) 16.57;
4. Cochran, Martin (University of Puget Sound) 17.02;
5. Dean, Toby (Willamette University) 17.18;
6. Harris, Caleb (George Fox University) 17.65;
7. Gargas, Dan (University of Puget Sound) 18.97;

## 400, Women

## FINAL RESULTS

1. Adams, Jessica (George Fox University) 1:01.72;
2. Davis, Christina (George Fox University) 1:02.36;
3. Flindt, Natalie (Willamette University) 1:02.52;
4. Burke, Kate (Willamette University) 1:02.86;
5. Ryder, Michaela (Pacific University) 1:05.29;
6. Parker, Jessica (Willamette University) 1:05.68;
7. Krall, Katie (Willamette University) 1:08.54;

## 400, Men

## FINAL RESULTS

1. Tolentino, Tye (University of Puget Sound) 50.52;
2. Costa, Eric (George Fox University) 51.20;
3. Whitaker, Kevin (George Fox University) 51.22;
4. Raymond, Tyson (Willamette University) 51.52;
5. Semenza, Michael (Willamette University) 52.34;
6. Jackson, Michael (Lewis & Clark College) 53.84;
7. Biglen, Dave (Pacific University) 55.02;
8. Reilly, Tim (Pacific University) 55.23;
9. Jacoby, Beau (George Fox University) 1:01.37;

## 100, Women

## FINAL RESULTS

1. Forbes, Colleen (George Fox University) 13.44;
2. Barnett, Sharon (George Fox University) 13.49;
3. Ogle, Lindsay (Willamette University) 13.53;
4. Nelson, April (University of Puget Sound) 13.66;
5. Hunt, Heather (George Fox University) 14.16;
6. Lucas, Rebecca (Pacific University) 14.31;
7. Kilantang, Kyla (Willamette University) 14.51;
8. DeChabert, Kamaria (University of Puget Sound) 15.80;



## 400m Hurdles, Women

## FINAL RESULTS

1. Nelson, Karrie (George Fox University) 1:05.45; 2. Heuberger, Megan (George Fox University) 1:05.89; 3. Middag, Tansy (Willamette University) 1:07.09; 4. Barrett, Maile (Lewis & Clark College) 1:07.47; 5. Nelson, April (University of Puget Sound) 1:07.54; 6. Ito, Vania (Lewis & Clark College) 1:11.42; 7. Elasky, Emily (University of Puget Sound) 1:15.28;
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## 400m Hurdles, Men

## FINAL RESULTS

1. Davidson, Zach (George Fox University) 55.42; 2. Baldwin, Joel (University of Puget Sound) 56.00; 3. Smith, Josh (Willamette University) 58.27; 4. Harris, Caleb (George Fox University) 59.15; 5. Christiansen, Keith (George Fox University) 59.44; 6. Whitaker, Kevin (George Fox University) 1:00.00; 7. Dinkins, Jonathan (University of Puget Sound) 1:03.54; 8. Odell, David (University of Puget Sound) 1:08.60;
- 

## Javelin, Men

## FINAL RESULTS

1. Watts, Jimmy (Willamette University) 58.31 (191-04.0); 2. Shaver, Brandon (Willamette University) 57.07 (187-03.0); 3. Roberts, Jonathan (George Fox University) 54.41 (178-06.0); 4. Taylor, Ty (George Fox University) 53.60 (175-10.0); 5. Graham, Matt (Willamette University) 52.84 (173-04.0); 6. Kunze, Eric (George Fox University) 49.67 (162-11.0); 7. Alexander, Billy (Lewis & Clark College) 47.01 (154-03.0); Fletcher, John (George Fox University) NO MARK;
- 

## Hammer, Women

## FINAL RESULTS

1. Fuhrmann, Heidi (Pacific University) 39.15 (128-05.0); 2. Sorenson, Kasey (Willamette University) 33.08 (108-06.0); 3. Smith, Lace (University of Puget Sound) 32.16 (105-06.0); 4. Simon, Erin (George Fox University) 28.39 (93-02.0); 5. Warnock, Sarah (Lewis & Clark College) 26.10 (85-07.0); 6. Henderson, Marika (University of Puget Sound) 24.41 (80-01.0); 7. Emura, Kristen (University of Puget Sound) 22.94 (75-03.25);
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## Hammer, Men

## FINAL RESULTS

1. Reichenbach, Dan (Lewis & Clark College) 47.27 (155-01.0); 2. Banks, James (Willamette University) 44.28 (145-03.0); 3. Kunze, Eric (George Fox University) 41.95 (137-07.0); 4. Halstead, Pat (Willamette University) 37.25 (122-02.0); 5. Speckman, Luke (Lewis & Clark College) 32.16 (105-06.0); 6. Chaput, Eric (University of Puget Sound) 31.85 (104-06.0); 7. Fletcher, John (George Fox University) 27.06 (88-09.0);
- 

## High Jump, Women

## FINAL RESULTS

1. Leineweber, Laura (Willamette University) 1.64 (5-04.5); 2. Forbes, Amy (George Fox University) 1.59 (5-02.5); 3. Powell, Angie (George Fox University) 1.59 (5-02.5); 4. Dillon, Sarah (University of Puget Sound) 1.54 (5-00.5); 5. Vanni, Julie (University of Puget Sound) 1.39 (4-06.75); 6. Ryder, Michaela (Pacific University) 1.34 (4-04.75); 7. Lohof, Kirtlye (Lewis & Clark College) 1.34 (4-04.75); 8. Haney, Erin (University of Puget Sound) 1.27 (4-02.0);
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## High Jump, Men

## FINAL RESULTS

1. Watts, Jimmy (Willamette University) 2.07 (6-09.5); 2. Johnson, Marques (Willamette University) 1.89 (6-02.25); 3. Hill, Jason (Lewis & Clark College) 1.89 (6-02.25); 4. Schooler, Reid (Lewis & Clark College) 1.89 (6-02.25); 5. Bernatz, Mike (Willamette University) 1.84 (6-00.5); 6. Jones, Jeff (University of Puget Sound) 1.84 (6-00.5); 7. Zosel, Matt (Willamette University) 1.84 (6-00.5); 8. Douglass, Jay (Willamette University) 1.79 (5-10.5); 9. Greene, Scott (George Fox University) 1.79 (5-10.5); 10. Gargas, Dan (University of Puget Sound) 1.69 (5-06.5);
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## ✓ 100, Men

## FINAL RESULTS

1. Plotts, David (George Fox University) 11.34; 2. Gassaway, Tyler (George Fox University) 11.40; 3. Foreman, Damon (Willamette University) 11.55; 4. Bell, Nate (Willamette University) 11.74; 5. Martin, Steve (George Fox University) 11.77; 6. Davis, Josh (Willamette University) 11.83; 7. Miguel, Andy (Willamette University) 11.88; 8. McDowell, John (Willamette University) 11.92; 9. Meeuf, John (Pacific University) 12.19; 10. Lovejoy, David (George Fox University) 12.26; 11. Cooper, Justin (Willamette University) 12.44; 12. Perry, Matthew (University of Puget Sound) 12.45; 13. Baba, Eduard (Willamette University) 12.46; 14. Kim, Jerome (Willamette University) 12.98; Cassinerio, Tony (Willamette University) NO MARK;

## 800, Women

## FINAL RESULTS

1. Sotelo, Jessica (University of Puget Sound) 2:15.88; 2. McElwain, Jamie (George Fox University) 2:19.22; 3. Racine, Kim (University of Puget Sound) 2:20.02; 4. Morris, Buffy (Willamette University) 2:24.32; 5. Emery, Amber (Willamette University) 2:32.63; 6. Norgaard, Kirsten (George Fox University) 2:40.82;

## 800, Men

## FINAL RESULTS

1. Mantalas, John (George Fox University) 2:00.25; 2. Austin, Ryan (George Fox University) 2:00.41; 3. Kevan, Ben (University of Puget Sound) 2:00.44; 4. Janota, Joey (Willamette University) 2:00.81; 5. Ryland, Nicholas (George Fox University) 2:00.92; 6. Cooper, Jonathan (Willamette University) 2:01.74; 7. Grabner, Reagan (University of Puget Sound) 2:02.61; 8. Young, Anthony (Lewis & Clark College) 2:03.25; 9. Ball, Scott (Unattached) 2:04.90; 10. Christ, Doug (Pacific University) 2:04.92; 11. Ault, Andrew (Lewis & Clark College) 2:07.20; 12. Paisley, Nathan (George Fox University) 2:10.37; 13. Butler, Kenan (George Fox University) 2:13.81; 14. Getchell, Russ (Pacific University) 2:22.03;

## 200, Women

## FINAL RESULTS

1. Barnett, Sharon (George Fox University) 26.97; 2. Davis, Christina (George Fox University) 27.56; 3. Ogle, Lindsay (Willamette University) 27.76; 4. Hunt, Heather (George Fox University) 28.53; 5. Lucas, Rebecca (Pacific University) 28.58; 6. Adams, Jessica (George Fox University) 28.65; 7. Vanni, Julie (University of Puget Sound) 28.67; 8. Leineweber, Laura (Willamette University) 28.72; 9. Dillon, Sarah (University of Puget Sound) 28.91; 10. Powell, Sarah (George Fox University) 29.61; 11. Ryder, Michaela (Pacific University) 29.69; 12. DeChabert, Kamaria (University of Puget Sound) 32.65;

## ✓ 200, Men

## FINAL RESULTS

1. Plotts, David (George Fox University) 22.63; 2. Gassaway, Tyler (George Fox University) 22.89; 3. Tolentino, Tye (University of Puget Sound) 23.13; 4. Raymond, Tyson (Willamette University) 23.68; 5. Foreman, Damon (Willamette University) 23.78; 6. Martin, Steve (George Fox University) 23.80; 7. Davis, Josh (Willamette University) 23.90; 8. Jackson, Michael (Lewis & Clark College) 24.23; 9. Gargas, Dan (University of Puget Sound) 24.28; 10. Bergh, Conley (George Fox University) 24.57; 11. Meeuf, John (Pacific University) 24.60; 12. Jacoby, Beau (George Fox University) 25.93;

## 3000, Women

## FINAL RESULTS

1. Taylor, Tori (George Fox University) 10:50.10; 2. Williams, Evelyn (Willamette University) 11:16.93; 3. Meyer, Julie (University of Puget Sound) 11:40.00; 4. Hickel, Breanne (University of Puget Sound) 11:50.53;

## ✓ 3000m Steeple, Men

## FINAL RESULTS

1. Hunnicutt, Matt (Willamette University) 9:46.04; 2. Owen, Michael (George Fox University) 9:50.97;

## 4 x 400 Relay, Women

## FINAL RESULTS

1. A (George Fox University) 4:10.1; 2. A (University of Puget Sound) 4:29.3;

## 4 x 400 Relay, Men

## FINAL RESULTS

1. #1 (George Fox University) 3:26.21; 2. #1 (University of Puget Sound) 3:28.09; 3. #1 (Lewis & Clark College) 3:45.16; #2 (George Fox University) 3:34.93; #2 (University of Puget Sound) 3:51.23;

## 5000, Women

## FINAL RESULTS

1. Ball, Kim (Pacific University) 18:46.01; 2. Strickler, Amber (Willamette University) 19:16.44; 3. Pohlit, Lisa (Willamette University) 20:17.20; 4. Tammela, Helen (Lewis & Clark College) 21:21.17;

## 5000, Men

## FINAL RESULTS

1. Weare, Neil (Lewis & Clark College) 15:50.3; 2. Schoeneman, Brian (Lewis & Clark College) 16:09.1; 3. Graham, Robert (University of Puget Sound) 16:09.9; 4. Cody, Andrew (Lewis & Clark College) 16:33.6; 5. Towne, Forrest (George Fox University) 16:52.4; 6. Oswald, Scott (George Fox University) 16:57.3; 7. Oldham, Derek (Lewis & Clark College) 17:35.0; 8. Purdy, John (Pacific University) 18:02.0;

## NWC 5-Way

Newberg, Ore.

4/8/2000

Division: Women -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
1	George Fox University	125
2	Willamette University	67
3	University of Puget Sound	43
4	Pacific University	33
5	Lewis & Clark College	18

## NWC 5-Way

Newberg, Ore.

4/8/2000

Division: Men -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
1	George Fox University	107
2	Willamette University	100
3	University of Puget Sound	55
4	Lewis & Clark College	30
	PACIFIC	0

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
305	Rosario, Angela		Pacific University	1	11.25 (36-11.0)
355	Vanni, Julie		University of Puget Sound	2	11.10 (36-05.0)
428	Sorenson, Kasey		Willamette University	3	10.85 (35-07.25)
262	Stevens, Marian		George Fox University	4	10.73 (35-02.5)
294	Cotton, Sarah		Pacific University	5	10.60 (34-09.5)
260	Simon, Erin		George Fox University	6	10.29 (33-09.25)
248	Lewis, Paige		George Fox University	7	10.23 (33-06.75)
295	Duensing, Lauri		Pacific University	8	10.01 (32-10.25)
352	Smith, Lace		University of Puget Sound	9	9.97 (32-08.5)
307	Vavra, Janna		Pacific University	10	9.91 (32-06.25)
404	Hurley, J.J.		Willamette University	11	9.83 (32-03.0)
249	Longman, Pamela		George Fox University	12	9.66 (31-08.5)
255	Nies, Jessica		George Fox University	13	8.92 (29-03.25)
340	Haney, Erin		University of Puget Sound	14	6.95 (22-09.75)

Shot Put		Division: Men		Event # 2	
-----					
FINAL RESULTS					
206	Dittman, Adam	Willamette University	1	14.50	(47-07.0)
26	Strauss, Ian	George Fox University	2	13.83	(45-04.5)
236	Wood, Rodney	Willamette University	3	12.95	(42-06.0)
214	Halstead, Pat	Willamette University	4	12.89	(42-03.5)
237	Zosel, Matt	Willamette University	5	12.49	(40-11.75)
48	Reichenbach, Dan	Lewis & Clark College	6	11.94	(39-02.25)
51	Speckman, Luke	Lewis & Clark College	7	10.81	(35-05.75)
29	Taylor, Ty	George Fox University	8	10.72	(35-02.0)
1	Fletcher, John	George Fox University	9	10.00	(32-09.75)
132	Gargas, Dan	University of Puget Sound	10	9.91	(32-06.25)
43	Joseph, Loran	Lewis & Clark College	11	9.06	(29-08.75)
124	Chaput, Eric	University of Puget Sound		NO MARK	

Discus		Division: Women		Event # 3	
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FINAL RESULTS					
423	Reichner, Sarah	Willamette University	1	39.52	(129-08.0)
296	Fuhrmann, Heidi	Pacific University	2	35.32	(115-10.0)
248	Lewis, Paige	George Fox University	3	34.77	(114-01.0)
294	Cotton, Sarah	Pacific University	4	34.73	(113-11.0)
297	Heim, Ruth Ann	Pacific University	5	32.74	(107-05.0)
299	Kaltwasser, Ann	Pacific University	6	32.57	(106-10.0)
262	Stevens, Marian	George Fox University	7	32.42	(106-04.0)
421	Price, LeeAnn	Willamette University	8	32.03	(105-01.0)
341	Henderson, Marika	University of Puget Sound	9	30.33	(99-06.0)
428	Sorenson, Kasey	Willamette University	10	30.06	(98-07.0)
305	Rosario, Angela	Pacific University	11	29.73	(97-06.0)
295	Duensing, Lauri	Pacific University	12	28.41	(93-02.0)
249	Longman, Pamela	George Fox University	13	27.86	(91-05.0)
338	Emura, Kristen	University of Puget Sound	14	25.07	(82-03.0)
260	Simon, Erin	George Fox University	15	22.26	(73-00.5)



## Clerk of the Course™ (c)1993 Tournament Specialists

Entrant #	Name	GR	Affiliation	Place	Mark	
FINAL RESULTS						
26	Strauss, Ian		George Fox University	1	48.99	(160-09.0)
232	Watts, Jimmy		Willamette University	2	42.82	(140-06.0)
214	Halstead, Pat		Willamette University	3	40.88	(134-01.0)
197	Banks, James		Willamette University	4	38.62	(126-08.0)
237	Zosel, Matt		Willamette University	5	38.36	(125-10.0)
206	Dittman, Adam		Willamette University	6	36.81	(120-09.0)
48	Reichenbach, Dan		Lewis & Clark College	7	33.20	(108-11.0)
51	Speckman, Luke		Lewis & Clark College	8	28.00	(91-10.0)
1	Fletcher, John		George Fox University	9	27.84	(91-04.0)
41	Hill, Jason		Lewis & Clark College	10	25.39	(83-04.0)
43	Joseph, Loran		Lewis & Clark College	11	24.33	(79-10.0)

## Javelin

## Division: Women

## Event # 5

FINAL RESULTS						
252	Miller, Lori		George Fox University	1	40.02	(131-03.0)
427	Scott, Monica		Willamette University	2	39.58	(129-10.0)
299	Kaltwasser, Ann		Pacific University	3	37.75	(123-10.0)
308	Wootan, Gail		Pacific University	4	36.85	(120-11.0)
334	Cruse, Anne		University of Puget Sound	5	36.67	(120-04.0)
278	Thompson, Nikki		Lewis & Clark College	7	33.74	(110-08.0)
273	Lohof, Kirtlye		Lewis & Clark College	8	29.44	(96-07.0)
355	Vanni, Julie		University of Puget Sound	9	28.85	(94-08.0)
261	Smith, Heidi		George Fox University	10	27.15	(89-01.0)
304	Ronningen, Hayley		Pacific University	11	26.67	(87-06.0)
249	Longman, Pamela		George Fox University	12	25.98	(85-03.0)
339	Gross, Sarah		University of Puget Sound	13	25.87	(84-10.0)
255	Nies, Jessica		George Fox University	14	20.15	(66-01.5)
475	Becky Harper		Unattached		38.91	(127-08.0)

## 400m Hurdles

## Division: Women

## Event # 29

FINAL RESULTS				
254	Nelson, Karrie	George Fox University	1	1:05.45
245	Heuberger, Megan	George Fox University	2	1:05.89
411	Middag, Tansy	Willamette University	3	1:07.09
266	Barrett, Maile	Lewis & Clark College	4	1:07.47
346	Nelson, April	University of Puget Sound	5	1:07.54
272	Ito, Vania	Lewis & Clark College	6	1:11.42
337	Elasky, Emily	University of Puget Sound	7	1:15.28

## 400m Hurdles

## Division: Men

## Event # 30

FINAL RESULTS				
8	Davidson, Zach	George Fox University	1	55.42
120	Baldwin, Joel	University of Puget Sound	2	56.00
229	Smith, Josh	Willamette University	3	58.27
11	Harris, Caleb	George Fox University	4	59.15
6	Christiansen, Keith	George Fox University	5	59.44
33	Whitaker, Kevin	George Fox University	6	1:00.00
129	Dinkins, Jonathan	University of Puget Sound	7	1:03.54
144	Odell, David	University of Puget Sound	8	1:08.60

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	58.31 (191-04.0)
228	Shaver, Brandon		Willamette University	2	57.07 (187-03.0)
23	Roberts, Jonathan		George Fox University	3	54.41 (178-06.0)
29	Taylor, Ty		George Fox University	4	53.60 (175-10.0)
211	Graham, Matt		Willamette University	5	52.84 (173-04.0)
15	Kunze, Eric		George Fox University	6	49.67 (162-11.0)
36	Alexander, Billy		Lewis & Clark College	7	47.01 (154-03.0)
1	Fletcher, John		George Fox University		NO MARK

Hammer Division: Women Event # 7

FINAL RESULTS					
296	Fuhrmann, Heidi		Pacific University	1	39.15 (128-05.0)
428	Sorenson, Kasey		Willamette University	2	33.08 (108-06.0)
352	Smith, Lace		University of Puget Sound	3	32.16 (105-06.0)
260	Simon, Erin		George Fox University	4	28.39 (93-02.0)
279	Warnock, Sarah		Lewis & Clark College	5	26.10 (85-07.0)
341	Henderson, Marika		University of Puget Sound	6	24.41 (80-01.0)
338	Emura, Kristen		University of Puget Sound	7	22.94 (75-03.25)

Hammer Division: Men Event # 8

FINAL RESULTS					
48	Reichenbach, Dan		Lewis & Clark College	1	47.27 (155-01.0)
197	Banks, James		Willamette University	2	44.28 (145-03.0)
15	Kunze, Eric		George Fox University	3	41.95 (137-07.0)
214	Halstead, Pat		Willamette University	4	37.25 (122-02.0)
51	Speckman, Luke		Lewis & Clark College	5	32.16 (105-06.0)
124	Chaput, Eric		University of Puget Sound	6	31.85 (104-06.0)
1	Fletcher, John		George Fox University	7	27.06 (88-09.0)

High Jump Division: Women Event # 9

FINAL RESULTS					
408	Leineweber, Laura		Willamette University	1	1.64 (5-04.5)
243	Forbes, Amy		George Fox University	2	1.59 (5-02.5)
258	Powell, Angie		George Fox University	3	1.59 (5-02.5)
336	Dillon, Sarah		University of Puget Sound	4	1.54 (5-00.5)
355	Vanni, Julie		University of Puget Sound	5	1.39 (4-06.75)
306	Ryder, Michaela		Pacific University	6	1.34 (4-04.75)
273	Lohof, Kirtlye		Lewis & Clark College	6	1.34 (4-04.75)
340	Haney, Erin		University of Puget Sound	8	1.27 (4-02.0)

High Jump Division: Men Event # 10

FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	2.07 (6-09.5)
219	Johnson, Marques		Willamette University	2	1.89 (6-02.25)
41	Hill, Jason		Lewis & Clark College	3	1.89 (6-02.25)
50	Schooler, Reid		Lewis & Clark College	4	1.89 (6-02.25)
198	Bernatz, Mike		Willamette University	5	1.84 (6-00.5)
135	Jones, Jeff		University of Puget Sound	6	1.84 (6-00.5)
237	Zosel, Matt		Willamette University	7	1.84 (6-00.5)
207	Douglass, Jay		Willamette University	8	1.79 (5-10.5)
10	Greene, Scott		George Fox University	8	1.79 (5-10.5)
132	Gargas, Dan		University of Puget Sound	10	1.69 (5-06.5)



NWC 5-Way  
Pole Vault

Newberg, Ore.  
Division: Women

4/8/2000  
Event # 11

Clerk of the Course™ (c)1993 Tournament Specialists					
Entrant #	Name	GR	Affiliation	Place	Mark
FINAL RESULTS					
357	Wells, Amy		University of Puget Sound	1	3.66 (12-00.0)
246	Hunt, Heather		George Fox University	2	3.51 (11-06.25)
275	Olsson, Christie		Lewis & Clark College	3	2.91 (9-06.5)
264	Telfer, Helena		George Fox University	4	2.61 (8-06.75)
430	Stilson, Maren		Willamette University		NO MARK
344	Kuchera, Erica		University of Puget Sound		NO MARK
407	Lee, Fiona		Willamette University		NO MARK
405	Kilantang, Kyla		Willamette University		NO MARK

Pole Vault

Division: Men

Event # 12

FINAL RESULTS					
128	DeLury, Kevin		University of Puget Sound	1	4.02 (13-02.25)
232	Watts, Jimmy		Willamette University	2	4.02 (13-02.25)
24	Routon, Aaron		George Fox University	3	4.02 (13-02.25)
145	Perry, Matthew		University of Puget Sound	4	3.87 (12-08.25)
123	Chapman, Jacob		University of Puget Sound	5	3.72 (12-02.5)
132	Gargas, Dan		University of Puget Sound	6	3.57 (11-08.5)
29	Taylor, Ty		George Fox University	7	3.42 (11-02.5)
80	Boyle, Peter		Pacific University		NO MARK
43	Joseph, Loran		Lewis & Clark College		NO MARK
41	Hill, Jason		Lewis & Clark College		NO MARK
474	John Smith		Unattached		NO MARK

Long Jump

Division: Women

Event # 13

FINAL RESULTS					
240	Baron, Kelsey		George Fox University	1	5.05 (16-06.75)
273	Lohof, Kirtlye		Lewis & Clark College	2	5.04 (16-06.5)
247	Kennedy, Jocelyn		George Fox University	3	4.91 (16-01.25)
408	Leineweber, Laura		Willamette University	4	4.81 (15-09.25)
355	Vanni, Julie		University of Puget Sound	5	4.73 (15-06.25)
336	Dillon, Sarah		University of Puget Sound	6	4.72 (15-05.75)
398	Flindt, Natalie		Willamette University	7	4.68 (15-04.25)
261	Smith, Heidi		George Fox University	8	4.61 (15-01.5)
417	Ogle, Lindsay		Willamette University	9	4.57 (15-00.0)
340	Haney, Erin		University of Puget Sound	10	4.44 (14-06.75)
244	Forbes, Colleen		George Fox University	11	4.43 (14-06.25)
427	Scott, Monica		Willamette University	12	4.25 (13-11.25)
307	Vavra, Janna		Pacific University		NO MARK

Long Jump

Division: Men

Event # 14

FINAL RESULTS					
232	Watts, Jimmy		Willamette University	1	6.70 (21-11.75)
9	Gassaway, Tyler		George Fox University	2	6.63 (21-09.0)
41	Hill, Jason		Lewis & Clark College	3	6.50 (21-04.0)
126	Cochran, Martin		University of Puget Sound	4	6.35 (20-10.0)
224	Miguel, Andy		Willamette University	5	6.26 (20-06.5)
235	Wong, Terrence		Willamette University	6	6.09 (19-11.75)
200	Cassinero, Tony		Willamette University	7	5.70 (18-08.25)
207	Douglass, Jay		Willamette University	8	5.56 (18-02.75)
16	Lovejoy, David		George Fox University	9	5.52 (18-01.25)
29	Taylor, Ty		George Fox University	10	4.82 (15-09.75)
195	Baba, Eduard		Willamette University	11	4.72 (15-05.75)

NWC 5-Way  
Triple Jump

Newberg, Ore.  
Division: Women

4/8/2000  
Event # 15

Clerk of the Course™ (c)1993 Tournament Specialists

Entrant #	Name	GR	Affiliation	Place	Mark	
FINAL RESULTS						
240	Baron, Kelsey		George Fox University	1	10.82	(35-06.0)
244	Forbes, Colleen		George Fox University	2	10.21	(33-06.0)
258	Powell, Angie		George Fox University	3	9.89	(32-05.5)

Triple Jump Division: Men Event # 16

FINAL RESULTS						
126	Cochran, Martin		University of Puget Sound	1	13.20	(43-03.75)
198	Bernatz, Mike		Willamette University	2	12.82	(42-00.75)
10	Greene, Scott		George Fox University	3	12.17	(39-11.25)
235	Wong, Terrence		Willamette University	4	11.93	(39-01.75)
6	Christiansen, Keith		George Fox University	5	11.60	(38-00.75)

4 x 100 Relay Division: Women Event # 17

FINAL RESULTS					
458	A		George Fox University	1	50.66
462	A		Willamette University	2	51.68

4 x 100 Relay Division: Men Event # 18

FINAL RESULTS					
464	#1		George Fox University	1	43.28
472	#1		Willamette University	2	44.09
469	#1		University of Puget Sound	3	46.45
465	#2		George Fox University		46.00

1500 Division: Women Event # 19

FINAL RESULTS					
429	Starkey, Lisa		Willamette University	1	4:49.14
250	McElwain, Jamie		George Fox University	2	4:52.38
347	Patterson, Kyra		University of Puget Sound	3	4:55.68
434	Williams, Evelyn		Willamette University	4	4:56.49
263	Taylor, Tori		George Fox University	5	4:58.07
413	Moore, Erin		Willamette University	6	5:04.88
412	Mockford, Annie		Willamette University	7	5:06.41
256	Norgaard, Kirsten		George Fox University	8	5:14.72
418	Page, Carissa		Willamette University	9	5:18.59

1500 Division: Men Event # 20

FINAL RESULTS					
127	Davis, Dave		University of Puget Sound	1	3:56.68
35	Workman, Brandon		George Fox University	2	4:01.10
17	Mantallas, John		George Fox University	3	4:02.95
2	Austin, Ryan		George Fox University	4	4:06.25
133	Grabner, Reagan		University of Puget Sound	5	4:06.29
53	Young, Anthony		Lewis & Clark College	6	4:07.75
121	Berg, Sam		University of Puget Sound	7	4:09.72
131	Flowerree, J.R.		University of Puget Sound	8	4:10.06
218	Janota, Joey		Willamette University	9	4:15.18
37	Ault, Andrew		Lewis & Clark College	10	4:15.54
39	Cody, Andrew		Lewis & Clark College	11	4:17.17
49	Schoeneman, Brian		Lewis & Clark College	12	4:18.48
149	Venn, Brett		University of Puget Sound	13	4:21.96
44	Kitzerow, Nick		Lewis & Clark College	14	4:25.09
140	McClaskey, Paul		University of Puget Sound	15	4:25.85

NWC 5-Way  
1500

Newberg, Ore.  
Division: Men

4/8/2000  
Event # 20

Clerk of the Course™ (c)1993 Tournament Specialists				
Entrant #	Name	GR Affiliation	Place	Mark
138	Larson, Jarrod	University of Puget Sound	16	4:26.17
21	Paisley, Nathan	George Fox University	17	4:28.18
143	Neuner, Michael	University of Puget Sound	18	4:34.96
83	Getchell, Russ	Pacific University	19	4:36.84

100 Sprint Hurdles Division: Women Event # 21

FINAL RESULTS

266	Barrett, Maile	Lewis & Clark College	1	15.00
254	Nelson, Karrie	George Fox University	2	15.52
239	Barnett, Sharon	George Fox University	3	16.17
408	Leineweber, Laura	Willamette University	4	16.50
355	Vanni, Julie	University of Puget Sound	5	17.22
272	Ito, Vania	Lewis & Clark College	6	17.48
337	Elasky, Emily	University of Puget Sound	7	18.31
273	Lohof, Kirtlye	Lewis & Clark College	8	18.70
307	Vavra, Janna	Pacific University	9	19.55
336	Dillon, Sarah	University of Puget Sound	10	19.61
340	Haney, Erin	University of Puget Sound	11	19.90

110 Sprint Hurdles Division: Men Event # 22

FINAL RESULTS

229	Smith, Josh	Willamette University	1	16.05
8	Davidson, Zach	George Fox University	2	16.47
120	Baldwin, Joel	University of Puget Sound	3	16.57
126	Cochran, Martin	University of Puget Sound	4	17.02
205	Dean, Toby	Willamette University	5	17.18
11	Harris, Caleb	George Fox University	6	17.65
132	Gargas, Dan	University of Puget Sound	7	18.97

400 Division: Women Event # 23

FINAL RESULTS

238	Adams, Jessica	George Fox University	1	1:01.72
242	Davis, Christina	George Fox University	2	1:02.36
398	Flindt, Natalie	Willamette University	3	1:02.52
395	Burke, Kate	Willamette University	4	1:02.86
306	Ryder, Michaela	Pacific University	5	1:05.29
419	Parker, Jessica	Willamette University	6	1:05.68
406	Krall, Katie	Willamette University	7	1:08.54

400 Division: Men Event # 24

FINAL RESULTS

148	Tolentino, Tye	University of Puget Sound	1	50.52
7	Costa, Eric	George Fox University	2	51.20
33	Whitaker, Kevin	George Fox University	3	51.22
225	Raymond, Tyson	Willamette University	4	51.52
227	Semenza, Michael	Willamette University	5	52.34
42	Jackson, Michael	Lewis & Clark College	6	53.84
78	Biglen, Dave	Pacific University	7	55.02
88	Reilly, Tim	Pacific University	8	55.23
12	Jacoby, Beau	George Fox University	9	1:01.37

Clerk of the Course™ (c)1993 Tournament Specialists

Entrant #	Name	GR	Affiliation	Place	Mark
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FINAL RESULTS

244	Forbes, Colleen		George Fox University	1	13.44
239	Barnett, Sharon		George Fox University	2	13.49
417	Ogle, Lindsay		Willamette University	3	13.53
346	Nelson, April		University of Puget Sound	4	13.66
246	Hunt, Heather		George Fox University	5	14.16
300	Lucas, Rebecca		Pacific University	6	14.31
405	Kilantang, Kyla		Willamette University	7	14.51
335	DeChabert, Kamaria		University of Puget Sound	8	15.80

100 Division: Men

Event # 26

FINAL RESULTS

22	Plotts, David		George Fox University	1	11.34
9	Gassaway, Tyler		George Fox University	2	11.40
208	Foreman, Damon		Willamette University	3	11.55
452	Bell, Nate		Willamette University	4	11.74
18	Martin, Steve		George Fox University	5	11.77
204	Davis, Josh		Willamette University	6	11.83
224	Miguel, Andy		Willamette University	7	11.88
222	McDowell, John		Willamette University	8	11.92
86	Meeuf, John		Pacific University	9	12.19
16	Lovejoy, David		George Fox University	10	12.26
202	Cooper, Justin		Willamette University	11	12.44
145	Perry, Matthew		University of Puget Sound	12	12.45
195	Baba, Eduard		Willamette University	13	12.46
220	Kim, Jerome		Willamette University	14	12.98
200	Cassinerio, Tony		Willamette University		NO MARK

800 Division: Women

Event # 27

FINAL RESULTS

353	Sotelo, Jessica		University of Puget Sound	1	2:15.88
250	McElwain, Jamie		George Fox University	2	2:19.22
348	Racine, Kim		University of Puget Sound	3	2:20.02
414	Morris, Buffy		Willamette University	4	2:24.32
396	Emery, Amber		Willamette University	5	2:32.63
256	Norgaard, Kirsten		George Fox University	6	2:40.82

800 Division: Men

Event # 28

FINAL RESULTS

17	Mantallas, John		George Fox University	1	2:00.25
2	Austin, Ryan		George Fox University	2	2:00.41
137	Kevan, Ben		University of Puget Sound	3	2:00.44
218	Janota, Joey		Willamette University	4	2:00.81
25	Ryland, Nicholas		George Fox University	5	2:00.92
201	Cooper, Jonathan		Willamette University	6	2:01.74
133	Grabner, Reagan		University of Puget Sound	7	2:02.61
53	Young, Anthony		Lewis & Clark College	8	2:03.25
436	Ball, Scott		Unattached	9	2:04.90
81	Christ, Doug		Pacific University	10	2:04.92
37	Ault, Andrew		Lewis & Clark College	11	2:07.20
21	Paisley, Nathan		George Fox University	12	2:10.37
4	Butler, Kenan		George Fox University	13	2:13.81
83	Getchell, Russ		Pacific University	14	2:22.03

----- Clerk of the Course™ (c)1993 Tournament Specialists -----					
Entrant #	Name	GR	Affiliation	Place	Mark
-----					
FINAL RESULTS					
239	Barnett, Sharon		George Fox University	1	26.97
242	Davis, Christina		George Fox University	2	27.56
417	Ogle, Lindsay		Willamette University	3	27.76
246	Hunt, Heather		George Fox University	4	28.53
300	Lucas, Rebecca		Pacific University	5	28.58
238	Adams, Jessica		George Fox University	6	28.65
355	Vanni, Julie		University of Puget Sound	7	28.67
408	Leineweber, Laura		Willamette University	8	28.72
336	Dillon, Sarah		University of Puget Sound	9	28.91
259	Powell, Sarah		George Fox University	10	29.61
306	Ryder, Michaela		Pacific University	11	29.69
335	DeChabert, Kamaria		University of Puget Sound	12	32.65

## 200 Division: Men

Event # 32

-----					
FINAL RESULTS					
22	Plotts, David		George Fox University	1	22.63
9	Gassaway, Tyler		George Fox University	2	22.89
148	Tolentino, Tye		University of Puget Sound	3	23.13
225	Raymond, Tyson		Willamette University	4	23.68
208	Foreman, Damon		Willamette University	5	23.78
18	Martin, Steve		George Fox University	6	23.80
204	Davis, Josh		Willamette University	7	23.90
42	Jackson, Michael		Lewis & Clark College	8	24.23
132	Gargas, Dan		University of Puget Sound	9	24.28
3	Bergh, Conley		George Fox University	10	24.57
86	Meeuf, John		Pacific University	11	24.60
12	Jacoby, Beau		George Fox University	12	25.93

## 3000 Division: Women

Event # 33

-----					
FINAL RESULTS					
263	Taylor, Tori		George Fox University	1	10:50.10
434	Williams, Evelyn		Willamette University	2	11:16.93
345	Meyer, Julie		University of Puget Sound	3	11:40.00
342	Hickel, Breanne		University of Puget Sound	4	11:50.53

## 3000m Steeple Division: Men

Event # 34

-----					
FINAL RESULTS					
217	Hunnicut, Matt		Willamette University	1	9:46.04
20	Owen, Michael		George Fox University	2	9:50.97

## 4 x 400 Relay Division: Women

Event # 35

-----					
FINAL RESULTS					
458	A		George Fox University	1	4:10.1
461	A		University of Puget Sound	2	4:29.3

NWC 5-Way  
4 x 400 Relay

Newberg, Ore.  
Division: Men

4/8/2000  
Event # 36

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Entrant #	Name	GR	Affiliation	Place	Mark
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FINAL RESULTS

464	#1		George Fox University	1	3:26.21
469	#1		University of Puget Sound	2	3:28.09
466	#1		Lewis & Clark College	3	3:45.16
465	#2		George Fox University		3:34.93
470	#2		University of Puget Sound		3:51.23

5000

Division: Women

Event # 37

FINAL RESULTS

293	Ball, Kim		Pacific University	1	18:46.01
431	Strickler, Amber		Willamette University	2	19:16.44
455	Pohlit, Lisa		Willamette University	3	20:17.20
454	Tammela, Helen		Lewis & Clark College	4	21:21.17

5000

Division: Men

Event # 38

FINAL RESULTS

52	Weare, Neil		Lewis & Clark College	1	15:50.3
49	Schoeneman, Brian		Lewis & Clark College	2	16:09.1
134	Graham, Robert		University of Puget Sound	3	16:09.9
39	Cody, Andrew		Lewis & Clark College	4	16:33.6
30	Towne, Forrest		George Fox University	5	16:52.4
19	Oswald, Scott		George Fox University	6	16:57.3
47	Oldham, Derek		Lewis & Clark College	7	17:35.0
87	Purdy, John		Pacific University	8	18:02.0

NWC 5-Way

Newberg, Ore.

4/8/2000

Division: Women -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
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1	George Fox University	125
2	Willamette University	67
3	University of Puget Sound	43
4	Pacific University	33
5	Lewis & Clark College	18

NWC 5-Way

Newberg, Ore.

4/8/2000

Division: Men -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
-------	-------------	--------

1	George Fox University	107
2	Willamette University	100
3	University of Puget Sound	55
4	Lewis & Clark College	30

Pacific 0



Shot Put, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
132	Gargas, Dan	UPS		1		
48	Reichenbach, Dan	L&C		2		
236	Wood, Rodney	Will		3		
206	Dittman, Adam	Will		4		
				5		
124	Chaput, Eric	UPS		6		
237	Zosel, Matt	Will		7		
26	Strauss, Ian <i>Sr</i>	GFU		1		
29	Taylor, Ty <i>Sr</i>	GFU		2		
				3		
1	Fletcher, John	GFU		4		
214	Halstead, Pat	Will		5		
51	Speckman, Luke	L&C		6		

Discus, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
26	Strauss, Ian <i>Sr</i>	GFU		1		
207	Douglass, Jay	Will		2		
232	Watts, Jimmy	Will		3		
				4		
				5		
43	Joseph, Loran	L&C		6		
51	Speckman, Luke	L&C		7		
206	Dittman, Adam	Will		1		
214	Halstead, Pat	Will		2		
1	Fletcher, John	GFU		3		
48	Reichenbach, Dan	L&C		4		
41	Hill, Jason	L&C		5		
197	Banks, James	Will		6		
237	Zosel, Matt	Will		7		

Javelin, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
1	Fletcher, John	GFU		1		
211	Graham, Matt	Will		2		
15	Kunze, Eric <i>Sr</i>	GFU		3		
23	Roberts, Jonathan <i>Sr</i>	GFU		4		
232	Watts, Jimmy	Will		5		
51	Speckman, Luke	L&C		6		
29	Taylor, Ty <i>Sr</i>	GFU		7		
207	Douglass, Jay	Will		8		
228	Shaver, Brandon	Will		9		
36	Alexander, Billy	L&C		10		

Hammer, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
1	Fletcher, John	GFU		1		
214	Halstead, Pat	Will		2		
141	Melton, Micah	UPS		3		
97	Banks, James	Will		4		
5	Kunze, Eric <i>Sr</i>	GFU		5		
8	Reichenbach, Dan	L&C		6		
24	Chaput, Eric	UPS		7		

High Jump, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
232	Watts, Jimmy	Will		1		
10	Greene, Scott <i>Jr</i>	GFU		2		
219	Johnson, Marques	Will		3		
237	Zosel, Matt	Will		4		
207	Douglass, Jay	Will		5		
41	Hill, Jason	L&C		6		
135	Jones, Jeff	UPS		7		
50	Schooler, Reid	L&C		8		
198	Bernatz, Mike	Will		9		
132	Gargas, Dan	UPS		10		

Pole Vault, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
232	Watts, Jimmy	Will		1		
29	Taylor, Ty	GFU		2		
41	Hill, Jason	L&C		3		
132	Gargas, Dan	UPS		4		
80	Boyle, Peter	Pac		5		
128	Delury, Kevin	UPS		6		
145	Perry, Matthew	UPS		7		
123	Chapman, Jacob	UPS		8		
43	Joseph, Loran	L&C		9		
6	Christiansen, Keith <i>Fr</i>	GFU		10		
24	Routon, Aaron <i>Sr</i>	GFU		11		

Long Jump, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
224	Miguel, Andy	Will		1		
29	Taylor, Ty	GFU		2		
10	Greene, Scott <i>Fr</i>	GFU		3		
235	Wong, Terrence	Will		4		
9	Gassaway, Tyler <i>Jr</i>	GFU		5		
207	Douglass, Jay	Will		6		
126	Cochran, Martin	UPS		7		
232	Watts, Jimmy	Will		8		
41	Hill, Jason	L&C		9		
200	Cassinerio, Tony	Will		10		
16	Lovejoy, David	GFU		11		

Triple Jump, Men  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
135	Jones, Jeff	UPS		1		
6	Christiansen, Keith <i>Fr</i>	GFU		2		
235	Wong, Terrence	Will		3		
126	Cochran, Martin	UPS		4		
198	Bernatz, Mike	Will		5		

Event # 10  
4/8/2000

Event # 12  
4/8/2000

Event # 14  
4/8/2000

Event # 16  
4/8/2000

## 4 x 100 Relay, Men

NWC 5-Way

Entr # Name

Prelims  
Newberg, Ore.

GR Affil

PSN

Place

## Event # 18

4/8/2000

Mark

				1		
				2		
469	#1	Martin Jr	UPS	3		
464	#1	Davidson Jr	GFU	4		
472	#1	Cassaway Jr	Will	5		
467	#1	Plotts Sr	Pac	6		
466	#1		L&C	7		
				8		

## 1500, Men

NWC 5-Way

Entr # Name

Prelims  
Newberg, Ore.

GR Affil

PSN

Place

## Event # 20

4/8/2000

Mark

451	Miller, Geoffrey	UPS	1		
216	Holman, Steve	Will	2		
44	Kitzerow, Nick	L&C	3		
2	Austin, Ryan	GFU	4		
218	Janota, Joey	Will	5		
53	Young, Anthony	L&C	6		
121	Berg, Sam	UPS	7		
35	Workman, Brandon	GFU	8		
133	Grabner, Reagan	UPS	9		
131	Flowerree, J.R.	UPS	10		
17	Mantalas, John	GFU	11		
203	Cruise, Stephen	Will	12		
127	Davis, Dave	UPS	13		

84	Hoogesteger, Carl	Pac	1		
39	Cody, Andrew	L&C	2		
37	Ault, Andrew	L&C	3		
49	Schoeneman, Brian	L&C	4		
150	Yarkosky, Matt	UPS	5		
21	Paisley, Nathan	GFU	6		
435	Wedell, Jeremy	Unattached	7		
138	Larson, Jarrod	UPS	8		
149	Venn, Brett	UPS	9		
143	Neuner, Michael	UPS	10		
140	McClaskey, Paul	UPS	11		
83	Getchell, Russ	Pac	12		

## 110 Sprint Hurdles, Men

NWC 5-Way

Entr # Name

Prelims  
Newberg, Ore.

GR Affil

PSN

Place

## Event # 22

4/8/2000

Mark

				1		
				2		
229	Smith, Josh	Will	3			
453	Colby, Paul	Will	4			
232	Watts, Jimmy	Will	5			
8	Davidson, Zach	GFU	6			
120	Baldwin, Joel	UPS	7			
			8			

				1		
				2		
132	Gargas, Dan	UPS	3			
126	Cochran, Martin	UPS	4			
205	Dean, Toby	Will	5			
11	Harris, Caleb	GFU	6			
			7			
			8			

## 400, Men

NWC 5-Way

Entr # Name

Prelims  
Newberg, Ore.

GR Affil

PSN

Place

## Event # 24

4/8/2000

Mark

				1		
				2		
7	Costa, Eric	GFU	3			
33	Whitaker, Kevin	GFU	4			
148	Tolentino, Iye	UPS	5			
227	Semenza, Michael	Will	6			
225	Raymond, Tyson	Will	7			
215	Heidelberger, Adhem	Will	8			
42	Jackson, Michael	L&C				

12	Jacoby, Beau	GFU	1		
88	Reilly, Tim	Pac	2		
78	Biglen, Dave	Pac	3		
			4		
			5		
			6		

## 100, Men

NWC 5-Way

Entr # Name

Prelims  
Newberg, Ore.

GR Affil

PSN

Place

## Event # 26

4/8/2000

Mark

46	Miller, Matthew	L&C	1		
18	Martin, Steve	GFU	2		
136	Jonick, Sean	UPS	3		
9	Cassaway, Tyler	GFU	4		
22	Plotts, David	GFU	5		
208	Foreman, Damon	Will	6		
194	Austin, David	Will	7		
222	McDowell, John	Will	8		

				1		
				2		
86	Meeuf, John	Pac	3			
452	Bell, Nate	Will	4			
204	Davis, Josh	Will	5			
16	Lovejoy, David	GFU	6			
202	Cooper, Justin	Will	7			
123	Chapman, Jacob	UPS	8			
145	Perry, Matthew	UPS				

				1		
				2		
80	Boyle, Peter	Pac	3			
220	Kim, Jerome	Will	4			
3	Bergh, Conley	GFU	5			
128	DeLury, Kevin	UPS	6			
200	Cassinario, Tony	Will	7			
82	Dubberke, Greg	Pac	8			
195	Baba, Eduard	Will				
224	Miguel, Andy	Will				

800, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 28 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
146	Roe, T.C.		UPS	1	
218	Janota, Joey		Will	2	
201	Cooper, Jonathan		Will	3	
133	Grabner, Reagan		UPS	4	
2	Austin, Ryan	So	GFU	5	
25	Ryland, Nicholas	Fr	GFU	6	
17	Manitalas, John	So	GFU	6	
137	Kevan, Ben		UPS	7	
140	McClaskey, Paul		UPS	7	
203	Cruise, Stephen		Will	8	
37	Ault, Andrew		L&C	1	
4	Butler, Kenan		GFU	2	
21	Paisley, Nathan		GFU	3	
83	Getchell, Russ		Pac	4	
84	Hoogesteger, Carl		Pac	5	
85	Klimek, John		Pac	5	
436	Ball, Scott		Unattached	6	
81	Christ, Doug		Pac	7	
31	Towne, Silas	Fr	GFU	8	

400m Hurdles, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 30 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
129	Dinkins, Jonathan		UPS	1	
33	Whitaker, Kevin	Fr	GFU	2	
229	Smith, Josh		Will	3	
120	Baldwin, Joel		UPS	4	
8	Davidson, Zach	Fr	GFU	5	
6	Christiansen, Keith	Fr	GFU	6	
11	Harris, Caleb	Fr	GFU	7	
144	Odell, David		UPS	8	

200, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 32 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
18	Martin, Steve	Jr.	GFU	1	
222	McDowell, John		Will	2	
148	Tolentino, Tye		UPS	3	
22	Plotts, David	So	GFU	4	
9	Gassaway, Tyler	Jr.	GFU	5	
208	Foreman, Damon		Will	6	
225	Raymond, Tyson		Will	7	
194	Austin, David		Will	8	
16	Lovejoy, David		GFU	1	
204	Davis, Josh		Will	2	
46	Miller, Matthew		L&C	3	
136	Jonick, Sean		UPS	4	
132	Gargas, Dan		UPS	5	
42	Jackson, Michael		L&C	6	
5	Cantrall, Neil		GFU	7	
36	Meeuf, John		Pac	8	
202	Cooper, Justin		Will	1	
3	Bergh, Conley		GFU	2	
12	Jacoby, Beau		GFU	3	
32	Dubberke, Greg		Pac	4	

3000m Steeple, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 34 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
217	Hunnicut, Matt		Will	1	
223	Meyers, Zach		Will	2	
20	Owen, Michael	Fr	GFU	3	

5000, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 38 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
79	Bowe, Darren		Pac	1	
87	Purdy, John		Pac	2	
30	Towne, Forrest		GFU	3	
49	Schoeneman, Brian		L&C	4	
134	Graham, Robert		UPS	5	
39	Cody, Andrew		L&C	6	
19	Oswald, Scott		GFU	7	
47	Oldham, Derek		L&C	8	
52	Weare, Neil		L&C	9	
53	Young, Anthony		L&C	10	
35	Workman, Brandon	So	GFU	11	

4 x 400 Relay, Men NWC 5-Way		Prelims Newberg, Ore.		Event # 36 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
467	#1		Pac	1	
469	#1		UPS	2	
464	#1		GFU	3	
472	#1		Will	4	
466	#1		L&C	5	
473	#2		Will	6	
				7	
				8	
				1	
				2	
471	#3		UPS	3	
465	#2		GFU	4	
470	#2		UPS	5	
468	#2		Pac	6	
				7	
				8	

Shot Put, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 1 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
355	Vanni, Julie	UPS	1		
262	Stevens, Marian <i>So</i>	GFU	2		
404	Hurley, J.J.	Will	3		
423	Reichner, Sarah	Will	4		
294	Cotton, Sarah	Pac	5		
336	Dillon, Sarah	UPS	6		
307	Vavra, Janna	Pac	7		

305	Rosario, Angela	Pac	1		
260	Simon, Erin	GFU	2		
295	Duensing, Lauri	Pac	3		
255	Nies, Jessica	GFU	4		
428	Sorenson, Kasey	Will	5		
352	Smith, Lace	UPS	6		
340	Haney, Erin	UPS	7		

Discus, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 3 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
296	Fuhrmann, Heidi	Pac	1		
297	Heim, Ruth Ann	Pac	2		
421	Price, LeeAnn	Will	3		
299	Kaltwasser, Ann	Pac	4		
305	Rosario, Angela	Pac	5		
295	Duensing, Lauri	Pac	6		

338	Emura, Kristen	UPS	1		
428	Sorenson, Kasey	Will	2		
341	Henderson, Marika	UPS	3		
262	Stevens, Marian <i>So</i>	GFU	4		
423	Reichner, Sarah	Will	5		
294	Cotton, Sarah	Pac	6		
260	Simon, Erin	GFU	7		

Javelin, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 5 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
457	So, Sukhee	Will	1		
427	Scott, Monica	Will	2		
304	Ranningen, Hayley	Pac	3		
339	Gross, Sarah	UPS	4		
261	Smith, Heidi	GFU	5		
299	Kaltwasser, Ann	Pac	6		
308	Wootan, Gail	Pac	7		
273	Lohof, Kirtlye	L&C	8		

301	Merrill, Kristen	Pac	1		
252	Miller, Lori <i>So</i>	GFU	2		
278	Thompson, Nikki	L&C	3		
255	Nies, Jessica	GFU	4		
300	Lucas, Rebecca	Pac	5		
355	Vanni, Julie	UPS	6		
334	Crase, Anne	UPS	7		

Hammer, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 7 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
260	Simon, Erin <i>Fr</i>	GFU	1		
338	Emura, Kristen	UPS	2		
279	Warnock, Sarah	L&C	3		
341	Henderson, Marika	UPS	4		
352	Smith, Lace	UPS	5		
296	Fuhrmann, Heidi	Pac	6		
428	Sorenson, Kasey	Will	7		

High Jump, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 9 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
243	Forbes, Amy <i>Jr</i>	GFU	1		
258	Powell, Angie <i>So</i>	GFU	2		
340	Haney, Erin	UPS	3		
306	Ryder, Michaela	Pac	4		
336	Dillon, Sarah	UPS	5		
273	Lohof, Kirtlye	L&C	6		
408	Leineweber, Laura	Will	7		
355	Vanni, Julie	UPS	8		

Pole Vault, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 11 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
405	Kilantang, Kyla	Will	1		
344	Kuchera, Erica	UPS	2		
430	Stilson, Maren	Will	3		
303	Reinmuth, Melanie	Pac	4		
358	Winterowd, Britta	UPS	5		
407	Lee, Fiona	Will	6		
275	Olsson, Christie	L&C	7		
264	Telfer, Helena <i>Fr</i>	GFU	8		
357	Wells, Amy	UPS	9		
246	Hunt, Heather <i>So</i>	GFU	10		

Long Jump, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 14 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
307	Vavra, Janna	Pac	1		
240	Baron, Kelsey <i>Fr</i>	GFU	2		
340	Haney, Erin	UPS	3		
427	Scott, Monica	Will	4		
273	Lohof, Kirtlye	L&C	5		
261	Smith, Heidi	GFU	6		
398	Flindt, Natalie	Will	7		

336	Dillon, Sarah	UPS	1		
355	Vanni, Julie	UPS	2		
404	Hurley, J.J.	Will	3		
244	Forbes, Colleen <i>So</i>	GFU	4		
247	Kennedy, Jocelyn <i>So</i>	GFU	5		
408	Leineweber, Laura	Will	6		

Triple Jump, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 17 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
247	Kennedy, Jocelyn <i>So</i>	GFU	1		
244	Forbes, Colleen <i>So</i>	GFU	2		
240	Baron, Kelsey <i>Fr</i>	GFU	3		

4 x 100 Relay, Women  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
				1		
				2		
459	B. Bazzell Jr		GFU	3		
458	A. Heuberg Jr		GFU	4		
462	A. Davis Jr		Will	5		
	Brown Jr			6		
				7		
				8		

Entr #	Name	GR	Affil	PSN	Place	Mark
418	Page, Carissa		Will	1		
348	Racine, Kim		UPS	2		
413	Moore, Erin		Will	3		
256	Norgaard, Kirsten		GFU	4		
434	Williams, Evelyn		Will	5		
412	Mockford, Annie		Will	6		
263	Taylor, Tori So		GFU	7		
429	Starkey, Lisa		Will	8		
347	Patterson, Kyra		UPS	9		
250	McElwain, Jamie Jr		GFU	10		
399	Fitzgerald, Beth		Will	11		

Entr #	Name	GR	Affil	PSN	Place	Mark
355	Vanni, Julie		UPS	1		
254	Nelson, Karrie S		GFU	2		
266	Barrett, Maile		L&C	3		
239	Barnett, Sharon Jr		GFU	4		
408	Leineweber, Laura		Will	5		
404	Hurley, J.J.		Will	6		
				7		
				8		

Entr #	Name	GR	Affil	PSN	Place	Mark
336	Dillon, Sarah		UPS	1		
337	Elasky, Emily		UPS	2		
273	Lohof, Kirtlye		L&C	3		
272	Ito, Vania		L&C	4		
307	Vavra, Janna		Pac	5		
340	Haney, Erin		UPS	6		
				7		
				8		

Entr #	Name	GR	Affil	PSN	Place	Mark
398	Flindt, Natalie		Will	1		
238	Adams, Jessica So		GFU	2		
242	Davis, Christina So		GFU	3		
414	Morris, Buffy		Will	4		
419	Parker, Jessica		Will	5		
				6		
				7		
				8		

Entr #	Name	GR	Affil	PSN	Place	Mark
406	Krall, Katie		Will	1		
395	Burke, Kate		Will	2		
397	Field, Brianna		Will	3		
306	Ryder, Michaela		Pac	4		
				5		
				6		
				7		
				8		

100, Women  
NWC 5-Way

Entr #	Name	GR	Affil	PSN	Place	Mark
405	Kilantang, Kyla		Will	1		
246	Hunt, Heather		GFU	2		
244	Forbes, Colleen So		GFU	3		
417	Ogle, Lindsay		Will	4		
239	Barnett, Sharon Jr		GFU	5		
346	Nelson, April		UPS	6		
247	Kennedy, Jocelyn		GFU	7		
335	DeChabert, Kamaria		UPS	8		

Entr #	Name	GR	Affil	PSN	Place	Mark
395	Burke, Kate		Will	1		
396	Emery, Amber		Will	2		
347	Patterson, Kyra		UPS	3		
414	Morris, Buffy		Will	4		
250	McElwain, Jamie Jr		GFU	5		
256	Norgaard, Kirsten		GFU	6		
348	Racine, Kim		UPS	7		
353	Sotelo, Jessica		UPS	8		
429	Starkey, Lisa		Will	9		
399	Fitzgerald, Beth		Will	10		

Entr #	Name	GR	Affil	PSN	Place	Mark
396	Emery, Amber		Will	1		
346	Nelson, April		UPS	2		
254	Nelson, Karrie		GFU	3		
245	Heuberg, Megan Jr		GFU	4		
266	Barrett, Maile		L&C	5		
411	Middag, Tansy		Will	6		
272	Ito, Vania		L&C	7		
337	Elasky, Emily		UPS	8		

Entr #	Name	GR	Affil	PSN	Place	Mark
238	Adams, Jessica		GFU	1		
242	Davis, Christina So		GFU	2		
239	Barnett, Sharon Jr		GFU	3		
417	Ogle, Lindsay		Will	4		
273	Lohof, Kirtlye		L&C	5		
355	Vanni, Julie		UPS	6		
408	Leineweber, Laura		Will	7		
				8		

Entr #	Name	GR	Affil	PSN	Place	Mark
259	Powell, Sarah		GFU	1		
336	Dillon, Sarah		UPS	2		
419	Parker, Jessica		Will	3		
246	Hunt, Heather Jr		GFU	4		
306	Ryder, Michaela		Pac	5		
335	DeChabert, Kamaria		UPS	6		
405	Kilantang, Kyla		Will	7		
				8		

3000, Women NWC 5-Way		Prelims Newberg, Ore.			Event # 33 4/8/2000
Entr #	Name	GR Affil	PSN	Place	Mark
251	Merritt, Marisa Jr	GFU	1	_____	_____
455	Pohlitt, Lisa	Will	2	_____	_____
412	Mockford, Annie	Will	3	_____	_____
342	Hickel, Breanne	UPS	4	_____	_____
345	Meyer, Julie	UPS	5	_____	_____
434	Williams, Evelyn	Will	6	_____	_____
263	Taylor, Tori So	GFU	7	_____	_____
431	Strickler, Amber	Will	8	_____	_____
456	Lutz, Tonya	Will	9	_____	_____

5000, Women NWC 5-Way		Prelims Newberg, Ore.			Event # 37 4/8/2000
Entr #	Name	GR Affil	PSN	Place	Mark
431	Strickler, Amber	Will	1	_____	_____
454	Tammela, Helen	L&C	2	_____	_____
455	Pohlitt, Lisa	Will	3	_____	_____
401	Hanson, Jasmin	Will	4	_____	_____
434	Williams, Evelyn	Will	5	_____	_____
456	Lutz, Tonya	Will	6	_____	_____
293	Ball, Kim	Pac	7	_____	_____

4 x 400 Relay, Women NWC 5-Way		Prelims Newberg, Ore.			Event # 35 4/8/2000
Entr #	Name	GR Affil	PSN	Place	Mark
459	B	GFU	1	_____	_____
461	A	UPS	2	_____	_____
458	A	GFU	3	_____	_____
462	A	Will	4	_____	_____
460	A	Pac	5	_____	_____
463	B	Will	6	_____	_____
			7	_____	_____
			8	_____	_____

# **GEORGE FOX -NWC 5-WAY** (L & C, UPS, Pacific, Willamette, GFU)

**April 8, 2000**

**\*\* REVISED -- READ CAREFULLY \*\***

**\*\* 9:00--9:45 IMPLEMENT WEIGH-IN at the "vault house"**

10:30 SOUTH--(W) Hammer, Men to follow

11:15 (W) Shot, Men to follow

**\*\* --- -- FOLLOWING HAMMER -- (M) Javelin, Women to follow**

**\*\* 11:30 (W) High Jump, Men to follow**

11:30 (W) Vault, Men to follow

11:30 (M) Long Jump, Women to follow

**\*\* 12:30 NORTH -- (W) Discus, Men to follow**

--- (M) Triple Jump following Long Jump

--- (W) Triple Jump following (M)

**\*\* 11:45 (M) 3k Steeplechase**

**\*\* 12:05 (W) 5k**

**\*\* 12:25 (W) 4 x 100**

12:30 (M)

12:35 (W) 1500

12:45 (M)

12:55 (W) Sprint Hurdles

1:05 (M)

1:15 (W) 400

1:25 (M)

1:40 (W) 100

1:50 (M)

2:05 (W) 800

2:15 (M)

2:25 (W) 400 Hurdles

2:35 (M)

2:45 (W) 200

2:55 (M)

**\*\* 3:05 (W) 3k**

**\*\* 3:25 (M) 5k**

3:45 (W) 4 x 400

(M)

**\*\* Six to finals in the field events**

**\*\* Any athletes entered may impact scoring**  
Individual events scored 6-4-3-2-1  
Relays (one per school scored) 6-4-3-2

**DECIDED TO REVERSE →  
ORDER ON H. J.  
BECAUSE OF CONFLICT  
FOR SOME MEN WITH  
L. J.**



Shot Put, Men		Prelims Newberg, Ore.		Event # 2 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
132	Gargas, Dan	UPS	1	_____	_____
48	Reichenbach, Dan	L&C	2	_____	_____
236	Wood, Rodney	Will	3	_____	_____
206	Dittman, Adam	Will	4	_____	_____
			5	_____	_____
124	Chaput, Eric	UPS	6	_____	_____
237	Zosel, Matt	Will	7	_____	_____
				_____	_____
26	Strauss, Ian	GFU	1	_____	_____
29	Taylor, Ty	GFU	2	_____	_____
			3	_____	_____
1	Fletcher, John	GFU	4	_____	_____
214	Halstead, Pat	Will	5	_____	_____
51	Speckman, Luke	L&C	6	_____	_____

Discus, Men		Prelims Newberg, Ore.		Event # 4 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
26	Strauss, Ian	GFU	1	_____	_____
207	Douglass, Jay	Will	2	_____	_____
232	Watts, Jimmy	Will	3	_____	_____
			4	_____	_____
			5	_____	_____
43	Joseph, Loran	L&C	6	_____	_____
51	Speckman, Luke	L&C	7	_____	_____

206	Dittman, Adam	Will	1	_____	_____
214	Halstead, Pat	Will	2	_____	_____
1	Fletcher, John	GFU	3	_____	_____
48	Reichenbach, Dan	L&C	4	_____	_____
41	Hill, Jason	L&C	5	_____	_____
197	Banks, James	Will	6	_____	_____
237	Zosel, Matt	Will	7	_____	_____

Javelin, Men		Prelims Newberg, Ore.		Event # 6 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
1	Fletcher, John	GFU	1	_____	_____
211	Graham, Matt	Will	2	_____	_____
15	Kunze, Eric	GFU	3	_____	_____
23	Roberts, Jonathan	GFU	4	_____	_____
232	Watts, Jimmy	Will	5	_____	_____
51	Speckman, Luke	L&C	6	_____	_____
29	Taylor, Ty	GFU	7	_____	_____
207	Douglass, Jay	Will	8	_____	_____
228	Shaver, Brandon	Will	9	_____	_____
36	Alexander, Billy	L&C	10	_____	_____

Hammer, Men		Prelims Newberg, Ore.		Event # 8 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
1	Fletcher, John	GFU	1	_____	_____
214	Halstead, Pat	Will	2	_____	_____
141	Melton, Micah	UPS	3	_____	_____
197	Banks, James	Will	4	_____	_____
15	Kunze, Eric	GFU	5	_____	_____
48	Reichenbach, Dan	L&C	6	_____	_____
124	Chaput, Eric	UPS	7	_____	_____

High Jump, Men		Prelims Newberg, Ore.		Event # 10 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
232	Watts, Jimmy	Will	1	_____	_____
10	Greene, Scott	GFU	2	_____	_____
219	Johnson, Marques	Will	3	_____	_____
237	Zosel, Matt	Will	4	_____	_____
207	Douglass, Jay	Will	5	_____	_____
41	Hill, Jason	L&C	6	_____	_____
135	Jones, Jeff	UPS	7	_____	_____
50	Schooler, Reid	L&C	8	_____	_____
198	Bernatz, Mike	Will	9	_____	_____
132	Gargas, Dan	UPS	10	_____	_____

Pole Vault, Men		Prelims Newberg, Ore.		Event # 12 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
232	Watts, Jimmy	Will	1	_____	_____
29	Taylor, Ty	GFU	2	_____	_____
41	Hill, Jason	L&C	3	_____	_____
132	Gargas, Dan	UPS	4	_____	_____
80	Boyle, Peter	Pac	5	_____	_____
128	DeLury, Kevin	UPS	6	_____	_____
145	Perry, Matthew	UPS	7	_____	_____
123	Chapman, Jacob	UPS	8	_____	_____
43	Joseph, Loran	L&C	9	_____	_____
6	Christiansen, Keith	GFU	10	_____	_____
24	Routon, Aaron	GFU	11	_____	_____

Long Jump, Men		Prelims Newberg, Ore.		Event # 14 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
224	Miguel, Andy	Will	1	_____	_____
29	Taylor, Ty	GFU	2	_____	_____
10	Greene, Scott	GFU	3	_____	_____
235	Wong, Terrence	Will	4	_____	_____
9	Gassaway, Tyler	GFU	5	_____	_____
207	Douglass, Jay	Will	6	_____	_____
126	Cochran, Martin	UPS	7	_____	_____
232	Watts, Jimmy	Will	8	_____	_____
41	Hill, Jason	L&C	9	_____	_____
200	Cassinario, Tony	Will	10	_____	_____
16	Lovejoy, David	GFU	11	_____	_____

Triple Jump, Men		Prelims Newberg, Ore.		Event # 16 4/8/2000	
Entr #	Name	GR Affil	PSN	Place	Mark
135	Jones, Jeff	UPS	1	_____	_____
6	Christiansen, Keith	GFU	2	_____	_____
235	Wong, Terrence	Will	3	_____	_____
126	Cochran, Martin	UPS	4	_____	_____
198	Bernatz, Mike	Will	5	_____	_____

4 x 100 Relay, Men					
NWC 5-Way					
Entr #	Name	GR	Affil	PSN	Place
				1	
				2	
469	#1		UPS	3	
464	#1		GFU	4	
472	#1		Will	5	
467	#1		Pac	6	
466	#1		L&C	7	
				8	

1500, Men					
NWC 5-Way					
Entr #	Name	GR	Affil	PSN	Place
451	Miller, Geoffrey		UPS	1	
216	Holman, Steve		Will	2	
44	Kitzerow, Nick		L&C	3	
2	Austin, Ryan		GFU	4	
218	Janota, Joey		Will	5	
53	Young, Anthony		L&C	6	
121	Berg, Sam		UPS	7	
35	Workman, Brandon		GFU	8	
133	Grabner, Reagan		UPS	9	
131	Flowerree, J.R.		UPS	10	
17	Mantallas, John		GFU	11	
203	Cruise, Stephen		Will	12	
127	Davis, Dave		UPS	13	

84	Hoogesteger, Carl		Pac	1	
39	Cody, Andrew		L&C	2	
37	Ault, Andrew		L&C	3	
49	Schoeneman, Brian		L&C	4	
150	Yarkosky, Matt		UPS	5	
21	Paisley, Nathan		GFU	6	
435	Wedell, Jeremy		Unattached	7	
138	Larson, Jarrod		UPS	8	
149	Venn, Brett		UPS	9	
143	Neuner, Michael		UPS	10	
140	McClaskey, Paul		UPS	11	
83	Getchell, Russ		Pac	12	

110 Sprint Hurdles, Men					
NWC 5-Way					
Entr #	Name	GR	Affil	PSN	Place
				1	
				2	
229	Smith, Josh		Will	3	
453	Colby, Paul		Will	4	
232	Watts, Jimmy		Will	5	
8	Davidson, Zach		GFU	6	
120	Baldwin, Joel		UPS	7	
				8	

				1	
				2	
132	Gargas, Dan		UPS	3	
126	Cochran, Martin		UPS	4	
205	Dean, Toby		Will	5	
11	Harris, Caleb		GFU	6	
				7	
				8	

400, Men					
NWC 5-Way					
Entr #	Name	GR	Affil	PSN	Place
				1	
				2	
7	Costa, Eric		GFU	2	
33	Whitaker, Kevin		GFU	3	
148	Tolentino, Tye		UPS	4	
227	Semenza, Michael		Will	5	
225	Raymond, Tyson		Will	6	
215	Heidelberger, Adhem		Will	7	
42	Jackson, Michael		L&C	8	

				1	
				2	
12	Jacoby, Beau		GFU	3	
88	Reilly, Tim		Pac	4	
78	Biglen, Dave		Pac	5	
				6	

100, Men					
NWC 5-Way					
Entr #	Name	GR	Affil	PSN	Place
46	Miller, Matthew		L&C	1	
18	Martin, Steve		GFU	2	
136	Jonick, Sean		UPS	3	
9	Gassaway, Tyler		GFU	4	
22	Plotts, David		GFU	5	
208	Foreman, Damon		Will	6	
194	Austin, David		Will	7	
222	McDowell, John		Will	8	

				1	
				2	
86	Meeuf, John		Pac	2	
452	Bell, Nate		Will	3	
204	Davis, Josh		Will	4	
16	Lovejoy, David		GFU	5	
202	Cooper, Justin		Will	6	
123	Chapman, Jacob		UPS	7	
145	Perry, Matthew		UPS	8	
80	Boyle, Peter		Pac	1	
220	Kim, Jerome		Will	2	
3	Bergh, Conley		GFU	3	
128	DeLury, Kevin		UPS	4	
200	Cassinario, Tony		Will	5	
82	Dubberke, Greg		Pac	6	
195	Baba, Eduard		Will	7	
224	Miguel, Andy		Will	8	

800, Men		Prelims		Event # 28	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
146	Roe, T.C.		UPS	1	
218	Janota, Joey		Will	2	
201	Cooper, Jonathan		Will	3	
133	Grabner, Reagan		UPS	4	
2	Austin, Ryan		GFU	5	
25	Ryland, Nicholas		GFU	6	
17	Mantallas, John		GFU	6	
137	Kevan, Ben		UPS	7	
140	McClaskey, Paul		UPS	7	
203	Cruise, Stephen		Will	8	

37	Ault, Andrew		L&C	1	
4	Butler, Kenan		GFU	2	
21	Paisley, Nathan		GFU	3	
83	Getchell, Russ		Pac	4	
84	Hoogesteger, Carl		Pac	5	
85	Klimek, John		Pac	5	
436	Ball, Scott		Unattached	6	
81	Christ, Doug		Pac	7	
31	Towne, Silas		GFU	8	

400m Hurdles, Men		Prelims		Event # 30	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
129	Dinkins, Jonathan		UPS	1	
33	Whitaker, Kevin		GFU	2	
229	Smith, Josh		Will	3	
120	Baldwin, Joel		UPS	4	
8	Davidson, Zach		GFU	5	
6	Christiansen, Keith		GFU	6	
11	Harris, Caleb		GFU	7	
144	Odell, David		UPS	8	

200, Men		Prelims		Event # 32	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
18	Martin, Steve		GFU	1	
222	McDowell, John		Will	2	
148	Tolentino, Tye		UPS	3	
22	Plotts, David		GFU	4	
9	Gassaway, Tyler		GFU	5	
208	Foreman, Damon		Will	6	
225	Raymond, Tyson		Will	7	
194	Austin, David		Will	8	

16	Lovejoy, David		GFU	1	
204	Davis, Josh		Will	2	
46	Miller, Matthew		L&C	3	
136	Jonick, Sean		UPS	4	
132	Gargas, Dan		UPS	5	
42	Jackson, Michael		L&C	6	
				7	
				8	

5	Cantrall, Neil		GFU	1	
86	Meeuf, John		Pac	2	
202	Cooper, Justin		Will	3	
3	Bergh, Conley		GFU	4	
12	Jacoby, Beau		GFU	5	
82	Dubberke, Greg		Pac	6	
				7	
				8	

3000m Steeple, Men		Prelims		Event # 34	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
217	Hunnicut, Matt		Will	1	
223	Meyers, Zach		Will	2	
20	Owen, Michael		GFU	3	

5000, Men		Prelims		Event # 38	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
79	Bowe, Darren		Pac	1	
87	Purdy, John		Pac	2	
30	Towne, Forrest		GFU	3	
49	Schoeneman, Brian		L&C	4	
134	Graham, Robert		UPS	5	
39	Cody, Andrew		L&C	6	
19	Oswald, Scott		GFU	7	
47	Oldham, Derek		L&C	8	
52	Weare, Neil		L&C	9	
53	Young, Anthony		L&C	10	
35	Workman, Brandon		GFU	11	

4 x 400 Relay, Men		Prelims		Event # 36	
NWC 5-Way		Newberg, Ore.		4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
467	#1		Pac	1	
469	#1		UPS	2	
464	#1		GFU	3	
472	#1		Will	4	
466	#1		L&C	5	
473	#2		Will	6	
				7	
				8	

471	#3		UPS	1	
465	#2		GFU	2	
470	#2		UPS	3	
468	#2		Pac	4	
				5	
				6	
				7	
				8	

Shot Put, Women		Prelims Newberg, Ore.		Event # 1 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
355	Vanni, Julie		UPS	1	_____
262	Stevens, Marian		GFU	2	_____
404	Hurley, J.J.		Will	3	_____
423	Reichner, Sarah		Will	4	_____
294	Cotton, Sarah		Pac	5	_____
336	Dillon, Sarah		UPS	6	_____
307	Vavra, Janna		Pac	7	_____

305	Rosario, Angela		Pac	1	_____
260	Simon, Erin		GFU	2	_____
295	Duensing, Lauri		Pac	3	_____
255	Nies, Jessica		GFU	4	_____
428	Sorenson, Kasey		Will	5	_____
352	Smith, Lace		UPS	6	_____
340	Haney, Erin		UPS	7	_____

Discus, Women		Prelims Newberg, Ore.		Event # 3 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
296	Fuhrmann, Heidi		Pac	1	_____
297	Heim, Ruth Ann		Pac	2	_____
421	Price, LeeAnn		Will	3	_____
299	Kaltwasser, Ann		Pac	4	_____
305	Rosario, Angela		Pac	5	_____
295	Duensing, Lauri		Pac	6	_____

338	Emura, Kristen		UPS	1	_____
428	Sorenson, Kasey		Will	2	_____
341	Henderson, Marika		UPS	3	_____
262	Stevens, Marian		GFU	4	_____
423	Reichner, Sarah		Will	5	_____
294	Cotton, Sarah		Pac	6	_____
260	Simon, Erin		GFU	7	_____

Javelin, Women		Prelims Newberg, Ore.		Event # 5 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
457	So, Sukhee		Will	1	_____
427	Scott, Monica		Will	2	_____
304	Ronningen, Hayley		Pac	3	_____
339	Gross, Sarah		UPS	4	_____
261	Smith, Heidi		GFU	5	_____
299	Kaltwasser, Ann		Pac	6	_____
308	Wootan, Gail		Pac	7	_____
273	Lohof, Kirtlye		L&C	8	_____

301	Merrill, Kristen		Pac	1	_____
252	Miller, Lori		GFU	2	_____
278	Thompson, Nikki		L&C	3	_____
255	Nies, Jessica		GFU	4	_____
300	Lucas, Rebecca		Pac	5	_____
355	Vanni, Julie		UPS	6	_____
334	Crase, Anne		UPS	7	_____

Hammer, Women		Prelims Newberg, Ore.		Event # 7 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
260	Simon, Erin		GFU	1	_____
338	Emura, Kristen		UPS	2	_____
279	Warnock, Sarah		L&C	3	_____
341	Henderson, Marika		UPS	4	_____
352	Smith, Lace		UPS	5	_____
296	Fuhrmann, Heidi		Pac	6	_____
428	Sorenson, Kasey		Will	7	_____

High Jump, Women		Prelims Newberg, Ore.		Event # 9 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
243	Forbes, Amy		GFU	1	_____
258	Powell, Angie		GFU	2	_____
340	Haney, Erin		UPS	3	_____
306	Ryder, Michaela		Pac	4	_____
336	Dillon, Sarah		UPS	5	_____
273	Lohof, Kirtlye		L&C	6	_____
408	Leineweber, Laura		Will	7	_____
355	Vanni, Julie		UPS	8	_____

Pole Vault, Women		Prelims Newberg, Ore.		Event # 1' 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
405	Kilantang, Kyla		Will	1	_____
344	Kuchera, Erica		UPS	2	_____
430	Stilson, Maren		Will	3	_____
303	Reinmuth, Melanie		Pac	4	_____
358	Winterowd, Britta		UPS	5	_____
407	Lee, Fiona		Will	6	_____
275	Olsson, Christie		L&C	7	_____
264	Telfer, Helena		GFU	8	_____
357	Wells, Amy		UPS	9	_____
246	Hunt, Heather		GFU	10	_____

Long Jump, Women		Prelims Newberg, Ore.		Event # 1 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
307	Vavra, Janna		Pac	1	_____
240	Baron, Kelsey		GFU	2	_____
340	Haney, Erin		UPS	3	_____
427	Scott, Monica		Will	4	_____
273	Lohof, Kirtlye		L&C	5	_____
261	Smith, Heidi		GFU	6	_____
398	Flindt, Natalie		Will	7	_____

336	Dillon, Sarah		UPS	1	_____
355	Vanni, Julie		UPS	2	_____
404	Hurley, J.J.		Will	3	_____
244	Forbes, Colleen		GFU	4	_____
247	Kennedy, Jocelyn		GFU	5	_____
408	Leineweber, Laura		Will	6	_____

Triple Jump, Women		Prelims Newberg, Ore.		Event # : 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
247	Kennedy, Jocelyn		GFU	1	_____
244	Forbes, Colleen		GFU	2	_____
240	Baron, Kelsey		GFU	3	_____

4 x 100 Relay, Women		Prelims Newberg, Ore.		Event # 17 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
				1	_____
				2	_____
459	B		GFU	3	_____
458	A		GFU	4	_____
462	A		Will	5	_____
				6	_____
				7	_____
				8	_____

1500, Women		Prelims Newberg, Ore.		Event # 19 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
418	Page, Carissa		Will	1	_____
348	Racine, Kim		UPS	2	_____
413	Moore, Erin		Will	3	_____
256	Norgaard, Kirsten		GFU	4	_____
434	Williams, Evelyn		Will	5	_____
412	Mockford, Annie		Will	6	_____
263	Taylor, Tori		GFU	7	_____
429	Starkey, Lisa		Will	8	_____
347	Patterson, Kyra		UPS	9	_____
250	McElwain, Jamie		GFU	10	_____
399	Fitzgerald, Beth		Will	11	_____

100 Sprint Hurdles, Women		Prelims Newberg, Ore.		Event # 21 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
				1	_____
				2	_____
355	Vanni, Julie		UPS	3	_____
254	Nelson, Karrie		GFU	4	_____
266	Barrett, Maile		L&C	5	_____
239	Barnett, Sharon		GFU	6	_____
408	Leineweber, Laura		Will	7	_____
404	Hurley, J.J.		Will	8	_____

				1	_____
				2	_____
336	Dillon, Sarah		UPS	3	_____
337	Elasky, Emily		UPS	4	_____
273	Lohof, Kirtlye		L&C	5	_____
272	Ito, Vania		L&C	6	_____
307	Vavra, Janna		Pac	7	_____
340	Haney, Erin		UPS	8	_____

400, Women		Prelims Newberg, Ore.		Event # 23 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
				1	_____
				2	_____
398	Flindt, Natalie		Will	3	_____
238	Adams, Jessica		GFU	4	_____
242	Davis, Christina		GFU	5	_____
414	Morris, Buffy		Will	6	_____
419	Parker, Jessica		Will	7	_____
				8	_____

				1	_____
				2	_____
406	Krall, Katie		Will	3	_____
395	Burke, Kate		Will	4	_____
397	Field, Brianna		Will	5	_____
306	Ryder, Michaela		Pac	6	_____
				7	_____
				8	_____

100, Women		Prelims Newberg, Ore.		Event # 25 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
405	Kilantang, Kyla		Will	1	_____
246	Hunt, Heather		GFU	2	_____
244	Forbes, Colleen		GFU	3	_____
417	Ogle, Lindsay		Will	4	_____
239	Barnett, Sharon		GFU	5	_____
346	Nelson, April		UPS	6	_____
247	Kennedy, Jocelyn		GFU	7	_____
335	DeChabert, Kamaria		UPS	8	_____

800, Women		Prelims Newberg, Ore.		Event # 27 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
395	Burke, Kate		Will	1	_____
396	Emery, Amber		Will	2	_____
347	Patterson, Kyra		UPS	3	_____
414	Morris, Buffy		Will	4	_____
250	McElwain, Jamie		GFU	5	_____
256	Norgaard, Kirsten		GFU	6	_____
348	Racine, Kim		UPS	7	_____
353	Sotelo, Jessica		UPS	8	_____
429	Starkey, Lisa		Will	9	_____
399	Fitzgerald, Beth		Will	10	_____

400m Hurdles, Women		Prelims Newberg, Ore.		Event # 29 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
396	Emery, Amber		Will	1	_____
346	Nelson, April		UPS	2	_____
254	Nelson, Karrie		GFU	3	_____
245	Heuberger, Megan		GFU	4	_____
266	Barrett, Maile		L&C	5	_____
411	Middag, Tansy		Will	6	_____
272	Ito, Vania		L&C	7	_____
337	Elasky, Emily		UPS	8	_____

200, Women		Prelims Newberg, Ore.		Event # 31 4/8/2000	
NWC 5-Way		GR	Affil	PSN	Place
Entr #	Name				Mark
				1	_____
				2	_____
238	Adams, Jessica		GFU	3	_____
242	Davis, Christina		GFU	4	_____
239	Barnett, Sharon		GFU	5	_____
417	Ogle, Lindsay		Will	6	_____
273	Lohof, Kirtlye		L&C	7	_____
355	Vanni, Julie		UPS	8	_____
408	Leineweber, Laura		Will		_____

				1	_____
				2	_____
259	Powell, Sarah		GFU	3	_____
336	Dillon, Sarah		UPS	4	_____
419	Parker, Jessica		Will	5	_____
246	Hunt, Heather		GFU	6	_____
306	Ryder, Michaela		Pac	7	_____
335	DeChabert, Kamaria		UPS	8	_____
405	Kilantang, Kyla		Will		_____

3000, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 33 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
251	Merritt, Marisa		GFU	1	_____
455	Pohlit, Lisa		Will	2	_____
412	Mockford, Annie		Will	3	_____
342	Hickel, Breanne		UPS	4	_____
345	Meyer, Julie		UPS	5	_____
434	Williams, Evelyn		Will	6	_____
263	Taylor, Tori		GFU	7	_____
431	Strickler, Amber		Will	8	_____
456	Lutz, Tonya		Will	9	_____

5000, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 37 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
431	Strickler, Amber		Will	1	_____
454	Tammela, Helen		L&C	2	_____
455	Pohlit, Lisa		Will	3	_____
401	Hanson, Jasmin		Will	4	_____
434	Williams, Evelyn		Will	5	_____
456	Lutz, Tonya		Will	6	_____
293	Ball, Kim		Pac	7	_____

4 x 400 Relay, Women NWC 5-Way		Prelims Newberg, Ore.		Event # 35 4/8/2000	
Entr #	Name	GR	Affil	PSN	Place
459	B		GFU	1	_____
461	A		UPS	2	_____
458	A		GFU	3	_____
462	A		Will	4	_____
460	A		Pac	5	_____
463	B		Will	6	_____
				7	_____
				8	_____

# **GEORGE FOX -NWC 5-WAY** (L & C, UPS, Pacific, Willamette, GFU)

**April 8, 2000**

**\*\* REVISED -- READ CAREFULLY \*\***

**\*\* 9:00--9:45 IMPLEMENT WEIGH-IN at the "vault house" \*\***

10:30 SOUTH--(W) Hammer, Men to follow

11:15 (W) Shot, Men to follow

**\*\* --- -- FOLLOWING HAMMER -- (M) Javelin, Women to follow**

**\*\* 11:30 (W) High Jump, Men to follow**

11:30 (W) Vault, Men to follow

11:30 (M) Long Jump, Women to follow

**\*\* 12:30 NORTH -- (W) Discus, Men to follow**

--- (M) Triple Jump following Long Jump

--- (W) Triple Jump following (M)

**\*\* 11:45 (M) 3k Steeplechase**

**\*\* 12:05 (W) 5k**

**\*\* 12:25 (W) 4 x 100**

12:30 (M)

12:35 (W) 1500

12:45 (M)

12:55 (W) Sprint Hurdles

1:05 (M)

1:15 (W) 400

1:25 (M)

1:40 (W) 100

1:50 (M)

2:05 (W) 800

2:15 (M)

2:25 (W) 400 Hurdles

2:35 (M)

2:45 (W) 200

2:55 (M)

3:05 (W) 3k

**\*\* 3:25 (M) 5k**

3:45 (W) 4 x 400

(M)

**\*\* Six to finals in the field events**

**\*\* Any athletes entered may impact scoring**  
Individual events scored 6-4-3-2-1  
Relays (one per school scored) 6-4-3-2

**DECIDED TO REVERSE →  
ORDER ON H. J.  
BECAUSE OF CONFLICT  
FOR SOME MEN WITH  
L. J.**



## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
238	Adams, Jessica		George Fox University	400 200	Women Women
239	Barnett, Sharon		George Fox University	100 Sprint Hurdles 100 200	Women Women Women
240	Baron, Kelsey		George Fox University	Long Jump Triple Jump	Women Women
241	Brosius, Ember		George Fox University		
242	Davis, Christina		George Fox University	400 200	Women Women
243	Forbes, Amy		George Fox University	High Jump	Women
244	Forbes, Colleen		George Fox University	Long Jump Triple Jump 100	Women Women Women
245	Heuberger, Megan		George Fox University	400m Hurdles	Women
246	Hunt, Heather		George Fox University	Pole Vault 100 200	Women Women Women
247	Kennedy, Jocelyn		George Fox University	Long Jump Triple Jump 100	Women Women Women
248	Lewis, Paige		George Fox University	Shot Put Discus	Women Women
249	Longman, Pamela		George Fox University	Shot Put Discus Javelin	Women Women Women
250	McElwain, Jamie		George Fox University	1500 800	Women Women
251	Merritt, Marisa		George Fox University	3000	Women
252	Miller, Lori		George Fox University	Javelin	Women
254	Nelson, Karrie		George Fox University	100 Sprint Hurdles 400m Hurdles	Women Women
255	Nies, Jessica		George Fox University	Shot Put Javelin	Women Women
256	Norgaard, Kirsten		George Fox University	1500 800	Women Women
257	Ofstie, Rosie		George Fox University		
258	Powell, Angie		George Fox University	High Jump Triple Jump	Women Women
259	Powell, Sarah		George Fox University	200	Women
260	Simon, Erin		George Fox University	Shot Put Discus Hammer	Women Women Women
261	Smith, Heidi		George Fox University	Javelin Long Jump	Women Women
262	Stevens, Marian		George Fox University	Shot Put Discus	Women Women
263	Taylor, Tori		George Fox University	1500 3000	Women Women
264	Telfer, Helena		George Fox University	Pole Vault	Women
265	Van Hooser, Camille		George Fox University		
266	Barrett, Maile		Lewis & Clark College	100 Sprint Hurdles 400m Hurdles	Women Women
267	Braun, Jenelle		Lewis & Clark College		
268	Crandall, Kristin		Lewis & Clark College		
269	Donehower, Christina		Lewis & Clark College		
270	Epstein, Talia		Lewis & Clark College		
271	Gildner, Rienna		Lewis & Clark College		
272	Ito, Vania		Lewis & Clark College	100 Sprint Hurdles 400m Hurdles	Women Women

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
273	Lohof, Kirtlye		Lewis & Clark College	Javelin High Jump Long Jump 100 Sprint Hurdles 200	Women Women Women Women Women
274	Martin, Elizabeth		Lewis & Clark College		
275	Olsson, Christie		Lewis & Clark College	Pole Vault	Women
276	Prucher, Jenny		Lewis & Clark College		
277	Sivam, Kumari Devi		Lewis & Clark College		
278	Thompson, Nikki		Lewis & Clark College	Javelin	Women
279	Warnock, Sarah		Lewis & Clark College	Hammer	Women

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
293	Ball, Kim		Pacific University	5000	Women
294	Cotton, Sarah		Pacific University	Shot Put	Women
				Discus	Women
295	Duensing, Lauri		Pacific University	Shot Put	Women
				Discus	Women
296	Fuhrmann, Heidi		Pacific University	Discus	Women
				Hammer	Women
297	Heim, Ruth Ann		Pacific University	Discus	Women
298	Jacobson, Jennifer		Pacific University		
299	Kaltwasser, Ann		Pacific University	Discus	Women
				Javelin	Women
300	Lucas, Rebecca		Pacific University	Javelin	Women
301	Merrill, Kristen		Pacific University	Javelin	Women
302	Perkins, Mindy		Pacific University		
303	Reinmuth, Melanie		Pacific University	Pole Vault	Women
304	Ronningen, Hayley		Pacific University	Javelin	Women
305	Rosario, Angela		Pacific University	Shot Put	Women
				Discus	Women
306	Ryder, Michaela		Pacific University	High Jump	Women
				400	Women
				200	Women
307	Vavra, Janna		Pacific University	Shot Put	Women
				Long Jump	Women
				100 Sprint Hurdles	Women
308	Wootan, Gail		Pacific University	Javelin	Women

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
332	Boyle, Dana		University of Puget Sound		
333	Brown, Elizabeth		University of Puget Sound		
334	Cruse, Anne		University of Puget Sound	Javelin	Women
335	DeChabert, Kamaria		University of Puget Sound	100	Women
				200	Women
336	Dillon, Sarah		University of Puget Sound	Shot Put	Women
				High Jump	Women
				Long Jump	Women
				100 Sprint Hurdles	Women
				200	Women
337	Elasky, Emily		University of Puget Sound	100 Sprint Hurdles	Women
				400m Hurdles	Women
338	Emura, Kristen		University of Puget Sound	Discus	Women
				Hammer	Women
339	Gross, Sarah		University of Puget Sound	Javelin	Women
340	Haney, Erin		University of Puget Sound	Shot Put	Women
				High Jump	Women
				Long Jump	Women
				100 Sprint Hurdles	Women
341	Henderson, Marika		University of Puget Sound	Discus	Women
				Hammer	Women
342	Hickel, Breanne		University of Puget Sound	3000	Women
343	Jurgensen, Erika		University of Puget Sound		
344	Kuchera, Erica		University of Puget Sound	Pole Vault	Women
345	Meyer, Julie		University of Puget Sound	3000	Women
346	Nelson, April		University of Puget Sound	100	Women
				400m Hurdles	Women
347	Patterson, Kyra		University of Puget Sound	1500	Women
				800	Women
348	Racine, Kim		University of Puget Sound	1500	Women
				800	Women
349	Saiki, Jenni		University of Puget Sound		
350	Schneider, Jessica		University of Puget Sound		
351	Shelton, Tessa		University of Puget Sound		
352	Smith, Lace		University of Puget Sound	Shot Put	Women
				Hammer	Women
353	Sotelo, Jessica		University of Puget Sound	800	Women
354	Starr, Bree		University of Puget Sound		
355	Vanni, Julie		University of Puget Sound	Shot Put	Women
				Javelin	Women
				High Jump	Women
				Long Jump	Women
				100 Sprint Hurdles	Women
				200	Women
356	Webber, Lindsay		University of Puget Sound		
357	Wells, Amy		University of Puget Sound	Pole Vault	Women
358	Winterowd, Britta		University of Puget Sound	Pole Vault	Women

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
395	Burke, Kate		Willamette University	400 800	Women Women
396	Emery, Amber		Willamette University	800 400m Hurdles	Women Women
397	Field, Brianna		Willamette University	400	Women
398	Flindt, Natalie		Willamette University	Long Jump 400	Women Women
399	Fitzgerald, Beth		Willamette University	1500 800	Women Women
400	Hammons, Kim		Willamette University		
401	Hanson, Jasmin		Willamette University	5000	Women
402	Hightower, Megan		Willamette University		
403	Hourigan, Julie		Willamette University		
404	Hurley, J.J.		Willamette University	Shot Put Long Jump 100 Sprint Hurdles	Women Women Women
405	Kilantang, Kyla		Willamette University	100 200 Pole Vault	Women Women Women
406	Krall, Katie		Willamette University	400	Women
407	Lee, Fiona		Willamette University	Pole Vault	Women
408	Leineweber, Laura		Willamette University	High Jump Long Jump 100 Sprint Hurdles 200	Women Women Women Women
409	Mickelson, Jami		Willamette University		
410	Middag, Marika		Willamette University		
411	Middag, Tansy		Willamette University	400m Hurdles	Women
412	Mockford, Annie		Willamette University	1500 3000	Women Women
413	Moore, Erin		Willamette University	1500	Women
414	Morris, Buffy		Willamette University	400 800	Women Women
415	Muhs, Amy		Willamette University		
416	Nelson, Amanda		Willamette University		
417	Ogle, Lindsay		Willamette University	100 200	Women Women
418	Page, Carissa		Willamette University	1500	Women
419	Parker, Jessica		Willamette University	400 200	Women Women
420	Pieretti, Gina		Willamette University		
421	Price, LeeAnn		Willamette University	Discus	Women
422	Ramsey, Carolyn		Willamette University		
423	Reichner, Sarah		Willamette University	Shot Put Discus	Women Women
424	Ris, Lauren		Willamette University		
425	Sanders, Tonya		Willamette University		
426	Schaefer, Sara		Willamette University		
427	Scott, Monica		Willamette University	Javelin Long Jump	Women Women
428	Sorenson, Kasey		Willamette University	Shot Put Discus Hammer	Women Women Women
429	Starkey, Lisa		Willamette University	1500 800	Women Women
430	Stilson, Maren		Willamette University	Pole Vault	Women
431	Strickler, Amber		Willamette University	3000 5000	Women Women
432	Truax, Kelli		Willamette University		
433	Underwood, Kelly		Willamette University		

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
434	Williams, Evelyn		Willamette University	1500 3000 5000	Women Women Women
435	Wedell, Jeremy		Unattached	1500	Men
436	Ball, Scott		Unattached	800	Men
437	Schoeneman, Brian		Linfield College		3
438	Wenner, Mike		Pacific Lutheran Univ.		3
451	Miller, Geoffrey		University of Puget Sound	1500	Men
452	Bell, Nate		Willamette University	100	Men
453	Colby, Paul		Willamette University	110 Sprint Hurdles	Men
454	Tammela, Helen		Lewis & Clark College	5000	Women
455	Pohlit, Lisa		Willamette University	3000 5000	Women Women
456	Lutz, Tonya		Willamette University	3000 5000	Women Women
457	So, Sukhee		Willamette University	Javelin	Women
458	A		George Fox University	4 x 100 Relay	Women
				4 x 400 Relay	Women
459	B		George Fox University	4 x 100 Relay	Women
				4 x 400 Relay	Women
460	A		Pacific University	4 x 400 Relay	Women
461	A		University of Puget Sound	4 x 400 Relay	Women
462	A		Willamette University	4 x 100 Relay 4 x 400 Relay	Women Women
463	B		Willamette University	4 x 400 Relay	Women
464	#1		George Fox University	4 x 100 Relay 4 x 400 Relay	Men Men
465	#2		George Fox University	4 x 400 Relay 4 x 100 Relay	Men Men
466	#1		Lewis & Clark College	4 x 100 Relay 4 x 400 Relay	Men Men
467	#1		Pacific University	4 x 100 Relay 4 x 400 Relay	Men Men
468	#2		Pacific University	4 x 400 Relay	Men
469	#1		University of Puget Sound	4 x 100 Relay 4 x 400 Relay	Men Men
470	#2		University of Puget Sound	4 x 400 Relay	Men
471	#3		University of Puget Sound	4 x 400 Relay	Men
472	#1		Willamette University	4 x 100 Relay 4 x 400 Relay	Men Men
473	#2		Willamette University	4 x 400 Relay	Men
474	John Smith		Unattached	Pole Vault	Men



## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
1	Fletcher, John		George Fox University	Shot Put Discus Javelin Hammer	Men Men Men Men
2	Austin, Ryan		George Fox University	1500 800	Men Men
3	Bergh, Conley		George Fox University	100 200	Men Men
4	Butler, Kenan		George Fox University	800	Men
5	Cantrall, Neil		George Fox University	200	Men
6	Christiansen, Keith		George Fox University	Pole Vault Triple Jump 400m Hurdles	Men Men Men
7	Costa, Eric		George Fox University	400	Men
8	Davidson, Zach		George Fox University	110 Sprint Hurdles 400m Hurdles	Men Men
9	Gassaway, Tyler		George Fox University	Long Jump 100 200	Men Men Men
10	Greene, Scott		George Fox University	High Jump Triple Jump Triple Jump	Men Men Men
11	Harris, Caleb		George Fox University	110 Sprint Hurdles 400m Hurdles	Men Men
12	Jacoby, Beau		George Fox University	400 200	Men Men
15	Kunze, Eric		George Fox University	Javelin Hammer	Men Men
16	Lovejoy, David		George Fox University	Long Jump 100 200	Men Men Men
17	Mantallas, John		George Fox University	1500 800	Men Men
18	Martin, Steve		George Fox University	100 200	Men Men
19	Oswald, Scott		George Fox University	5000	Men
20	Owen, Michael		George Fox University	3000m Steeple	Men
21	Paisley, Nathan		George Fox University	1500 800	Men Men
22	Plotts, David		George Fox University	100 200	Men Men
23	Roberts, Jonathan		George Fox University	Javelin	Men
24	Routon, Aaron		George Fox University	Pole Vault	Men
25	Ryland, Nicholas		George Fox University	800	Men
26	Strauss, Ian		George Fox University	Shot Put Discus	Men Men
27	Strunk, Joel		George Fox University		
29	Taylor, Ty		George Fox University	Shot Put Javelin Long Jump Pole Vault	Men Men Men Men
30	Towne, Forrest		George Fox University	5000	Men
31	Towne, Silas		George Fox University	800	Men
32	West, Beau		George Fox University		
33	Whitaker, Kevin		George Fox University	400 400m Hurdles	Men Men
35	Workman, Brandon		George Fox University	1500 5000	Men Men
36	Alexander, Billy		Lewis & Clark College	Javelin	Men
37	Ault, Andrew		Lewis & Clark College	1500 800	Men Men
38	Brown, Bobby		Lewis & Clark College		

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
39	Cody, Andrew		Lewis & Clark College	1500 5000	Men Men
40	Hamlett, Tanner		Lewis & Clark College		
41	Hill, Jason		Lewis & Clark College	Discus High Jump Pole Vault Long Jump	Men Men Men Men
42	Jackson, Michael		Lewis & Clark College	400 200	Men Men
43	Joseph, Loran		Lewis & Clark College	Discus Pole Vault	Men Men
44	Kitzerow, Nick		Lewis & Clark College	1500	Men
45	Martinez, Javier		Lewis & Clark College		
46	Miller, Matthew		Lewis & Clark College	100 200	Men Men
47	Oldham, Derek		Lewis & Clark College	5000	Men
48	Reichenbach, Dan		Lewis & Clark College	Shot Put Discus Hammer	Men Men Men
49	Schoeneman, Brian		Lewis & Clark College	1500 5000	Men Men
50	Schooler, Reid		Lewis & Clark College	High Jump	Men
51	Speckman, Luke		Lewis & Clark College	Shot Put Discus Javelin	Men Men Men
52	Weare, Neil		Lewis & Clark College	5000	Men
53	Young, Anthony		Lewis & Clark College	1500 5000	Men Men

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
78	Biglen, Dave		Pacific University	400	Men
79	Bowe, Darren		Pacific University	5000	Men
80	Boyle, Peter		Pacific University	Pole Vault	Men
				100	Men
81	Christ, Doug		Pacific University	800	Men
82	Dubberke, Greg		Pacific University	100	Men
				200	Men
83	Getchell, Russ		Pacific University	1500	Men
				800	Men
84	Hoogesteger, Carl		Pacific University	1500	Men
				800	Men
85	Klimek, John		Pacific University	800	Men
86	Meeuf, John		Pacific University	100	Men
				200	Men
87	Purdy, John		Pacific University	5000	Men
88	Reilly, Tim		Pacific University	400	Men
89	Sackett, Duston		Pacific University		
90	Terranova, Gary		Pacific University		
91	Walker, Jesse		Pacific University		

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
120	Baldwin, Joel		University of Puget Sound	110 Sprint Hurdles	Men
121	Berg, Sam		University of Puget Sound	400m Hurdles	Men
122	Cantwell, Sol		University of Puget Sound	1500	Men
123	Chapman, Jacob		University of Puget Sound	Pole Vault	Men
124	Chaput, Eric		University of Puget Sound	100	Men
125	Churchill, Mark		University of Puget Sound	Shot Put	Men
126	Cochran, Martin		University of Puget Sound	Hammer	Men
				Long Jump	Men
				Triple Jump	Men
127	Davis, Dave		University of Puget Sound	110 Sprint Hurdles	Men
128	DeLury, Kevin		University of Puget Sound	1500	Men
				Pole Vault	Men
				100	Men
129	Dinkins, Jonathan		University of Puget Sound	400m Hurdles	Men
130	Flichtbeil, Scott		University of Puget Sound		
131	Flowerree, J.R.		University of Puget Sound	1500	Men
132	Gargas, Dan		University of Puget Sound	Shot Put	Men
				High Jump	Men
				Pole Vault	Men
				110 Sprint Hurdles	Men
				200	Men
133	Grabner, Reagan		University of Puget Sound	1500	Men
				800	Men
134	Graham, Robert		University of Puget Sound	5000	Men
135	Jones, Jeff		University of Puget Sound	High Jump	Men
				Triple Jump	Men
136	Jonick, Sean		University of Puget Sound	100	Men
				200	Men
137	Kevan, Ben		University of Puget Sound	800	Men
138	Larson, Jarrod		University of Puget Sound	1500	Men
139	Leary, Cody		University of Puget Sound		
140	McClaskey, Paul		University of Puget Sound	1500	Men
				800	Men
141	Melton, Micah		University of Puget Sound	Hammer	Men
142	Mulry, Brian		University of Puget Sound		3
143	Neuner, Michael		University of Puget Sound	1500	Men
144	Odell, David		University of Puget Sound	400m Hurdles	Men
145	Perry, Matthew		University of Puget Sound	Pole Vault	Men
				100	Men
146	Roe, T.C.		University of Puget Sound	800	Men
147	Rogers, Todd		University of Puget Sound		
148	Tolentino, Tye		University of Puget Sound	400	Men
				200	Men
149	Venn, Brett		University of Puget Sound	1500	Men
150	Yarkosky, Matt		University of Puget Sound	1500	Men

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
194	Austin, David		Willamette University	100 200	Men Men
195	Baba, Eduard		Willamette University	100	Men
196	Bagley, Shawn		Willamette University		
197	Banks, James		Willamette University	Discus Hammer	Men Men
198	Bernatz, Mike		Willamette University	High Jump Triple Jump	Men Men
199	Capper, Patrick		Willamette University		
200	Cassinerio, Tony		Willamette University	Long Jump 100	Men Men
201	Cooper, Jonathan		Willamette University	800	Men
202	Cooper, Justin		Willamette University	100 200	Men Men
203	Cruise, Stephen		Willamette University	1500 800	Men Men
204	Davis, Josh		Willamette University	100 200	Men Men
205	Dean, Toby		Willamette University	110 Sprint Hurdles	Men
206	Dittman, Adam		Willamette University	Shot Put Discus	Men Men
207	Douglass, Jay		Willamette University	Discus Javelin High Jump Long Jump	Men Men Men Men
208	Foreman, Damon		Willamette University	100 200	Men Men
209	Forster, Andy		Willamette University		
210	Gomez, Ruben		Willamette University		
211	Graham, Matt		Willamette University	Javelin	Men
212	Gushwa, Nate		Willamette University		
213	Hager, Anthony		Willamette University		
214	Halstead, Pat		Willamette University	Shot Put Discus Hammer	Men Men Men
215	Heidelberger, Adhem		Willamette University	400	Men
216	Holman, Steve		Willamette University	1500	Men
217	Hunnicut, Matt		Willamette University	3000m Steeple	Men
218	Janota, Joey		Willamette University	1500 800	Men Men
219	Johnson, Marques		Willamette University	High Jump	Men
220	Kim, Jerome		Willamette University	100	Men
221	Lecky, Alex		Willamette University		
222	McDowell, John		Willamette University	100 200	Men Men
223	Meyers, Zach		Willamette University	3000m Steeple	Men
224	Miguel, Andy		Willamette University	Long Jump 100	Men Men
225	Raymond, Tyson		Willamette University	400 200	Men Men
226	Reed, Greg		Willamette University		
227	Semenza, Michael		Willamette University	400	Men
228	Shaver, Brandon		Willamette University	Javelin	Men
229	Smith, Josh		Willamette University	110 Sprint Hurdles 400m Hurdles	Men Men
230	Staten, Jeremy		Willamette University		
231	Thomson, Eric		Willamette University		

NWC 5-Way

Newberg, Ore.

4/8/2000

4/7/2000

## \*\*\*\*\* PARTICIPANT LIST BY NUMBER \*\*\*\*\*

Entrant #	Name	GR	Affiliation	Events Entered	Division
232	Watts, Jimmy		Willamette University	Discus	Men
				Javelin	Men
				High Jump	Men
				Pole Vault	Men
				Long Jump	Men
				110 Sprint Hurdles	Men
233	Wells, Kelvin		Willamette University		
234	Wilmot, Matt		Willamette University		
235	Wong, Terrence		Willamette University	Long Jump	Men
				Triple Jump	Men
236	Wood, Rodney		Willamette University	Shot Put	Men
237	Zosel, Matt		Willamette University	Shot Put	Men
				Discus	Men
				High Jump	Men



## GFU T/F 2000 PERFORMANCE CHART (MEN) (4/2)

A - NWC qualifying mark  
 B - NW Regional qualifying mark  
 C - NCAA-III National qualifying mark  
 D - NCAA III Provisional  
 (...) - Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
 a2-2-12-00 Oregon City AC  
 b-2/26/00 NWC Relays @ GFU  
 c-3/4/00 Linfield Icebreaker  
 d-3/11/00 NWC 4-Way @ L/C  
 e-3/18/00 Easter Relays @ Santa Barbara  
 f-3/18/00 Western Oregon Inv.  
 f-1-3/20-21/00 Linfield Combined Events  
 g-3/25/00 D-III Challenge at CMS, Ca  
 h-4/1/00 Willamette Open  
 i-4/8/99 NWC 5-Way @ GFU  
 j-4/14/00 GFU Distance Carnival  
 k-4/15/00 Linfield All-Corners  
 l-4/17-18 '00 NWC Combined @ PLU  
 m-4/22/00 L & C Open  
 n-4/29/00 Linfield Open  
 o-4/29/00 Oregon Invite  
 p-5/5-6/00 NWC Championships @ GFU  
 q-5/13/99 NW Regional Inv. @ L&C  
 r-5/24-26/99 NCAA-III Nats @ Naperville, IL

**HJ** A B C D  
 5-01.75 (6-2.25 / 6-6.75 / 6-10.75 / 6-7)  
 (5-04.25) Ty Taylor (4) fi  
 (6-04) Scott Greene (3)

**PV** (13-2.25 / 14-1.25 / 15-8.25 / 15-2.25)  
 12-11.75 (13-06) Aaron Routon (4) h  
 12-11.5 (12-06) Keith Christiansen (1) g  
 10-05.5 (9-06) Ty Taylor (4) h

**LJ** (21-5.25 / 21-10 / 23-7.5 / 23-2)  
 20-09.5 (21-01.5) Tyler Gassaway (3)  
 19-11 (21-02) Zach Davidson (1) h  
 15-10.5 (17-03.75) Ty Taylor (4) fi  
 (19-06) Keith Christiansen (1)  
 (19-06) Scott Greene (3)

**TJ** (41-5.25 / 44-0 / 47-4.25 / 46-6)  
 40-00.75 (41-06) Keith Christiansen (1) h

**SHOT** (43-9.25 / 46-9.54 / 45-51.25)  
 48-06.25 (47-11.50) Ian Strauss (4) d AB  
 46-0.75 (42-10) Joel Strunk (3) g A  
 38-05 (41-07.25) Ty Taylor (4) d  
 33-10.25 (32-10.25) John Fletcher (2) d  
 30-00 (30-00) Scott Alvey d  
 28-08.5 (28-08.5) Dave Kilian (2) b

**DISCUS** (134-8 / 140-0 / 167-4 / 154-7)  
 162-01 (155-00) Ian Strauss (4) e ABD  
 122-06 (133-05) Ty Taylor (4) d  
 120-06 (121-09) Joel Strunk (3) g  
 79-10 (79-10) John Fletcher (2) h

**JAVELIN** 172-9 / 180-5 / 198-8 / 187-0)  
 192-02 (183-11) Jon Roberts (4) g AB  
 178-05 (196-01) Ty Taylor (4) c A  
 163-07 (187-00) Eric Kunze (4) g  
 106-11 (106-11) John Fletcher (2) h

**HAMMER** (140-0 / 160-9 / 181-10 / 164-0)  
 158-07 (121-10) Joel Strunk (4) g A  
 148-04 (136-02) Eric Kunze (4) h A  
 (92-11) Ian Strauss (4)

**DECATHLON** (none / none / 6291 / 6100)  
 4439 Ty Taylor (4) fi

**100** (11.25 / 11.04 / 10.61 / 10.76)  
 11.14 (10.75) Tyler Gassaway (3) e A  
 11.15 (10.75) David Plotts (4) g A  
 11.24 (11.64) Zach Davidson g A  
 11.46 (11.90) Steve Martin (3) g h  
 12.01 Conley Bergh (1) h  
 12.22 (12.22) Kevin Whitaker (1) c  
 12.34 (12.78) Neil Cantrall e d  
 12.90 (13.22) Beau Jacoby (1) d  
 13.04 (13.19) Ty Taylor (4) fi  
 (11.04) Eric Costa (2)  
 (11.54) Beau West (3)  
 (11.70) David Lovejoy (4)  
 (12.03) David Kilian (2)

**200** (22.87 / 22.44 / 21.53 / 21.72)  
 22.06 (21.63) David Plotts (4) g AB  
 23.36 (23.99) Steve Martin (3) g A  
 24.41 (24.41) Scott Greene (3) a  
 24.41 (23.34) David Lovejoy (4) d  
 ( ) Conley Bergh (1) h  
 24.77 ( ) Nick Ryland (1) d  
 26.26 (26.65) Beau Jacoby (1) c  
 (22.48) Beau West (3)  
 (23.21) Tyler Gassaway (3)  
 (24.11) Dave Kilian (2)  
 (24.44) Zach Davidson (1)

**400** (51.91 / 49.64 / 48.04 / 48.44)  
 49.39 (50.73) David Plotts (4) d AB  
 50.03 (49.84) Tyler Gassaway (3) g A  
 51.78 (51.74) Kevin Whitaker (1) g A  
 52.43 (48.94) Eric Costa (2) g  
 54.25 (51.48) Nick Ryland (1) d  
 58.25 (58.41) Ty Taylor (4) fi  
 59.61 (59.61) Beau Jacoby (1) h  
 50.47 Zach Davidson (1)  
 (51.06) Steve Willmer (2)  
 (52.01) Beau West (2)  
 (52.24) David Lovejoy (4)  
 (53.54) Keith Christiansen (1)

**800** (2:00.54 / 1:56.04 / 1:51.84 / 1:52.74)  
 1:58.63 (1:58.29) Brandon Workman (4) d B  
 1:59.45 (1:55.95) John Mantalas (4) h A  
 1:59.95 (1:58.09) Ryan Austin (2) g A  
 2:03.72 (2:02.83) Nick Ryland (1) h  
 2:05.21 (2:05.34) Michael Owen (1) c  
 2:07.18 (2:02.14) Silas Towne (1) d  
 2:10.47 (2:10.47) Tyler Gassaway (3) a  
 2:11.91 (2:11.91) Tevin Taylor (1) c  
 2:12.72 (2:17.01) Nathan Paisley (2) h  
 (1:55.60) Steve Willmer (2)  
 (2:00.19) Bryan Thompson (3)  
 (2:01.14) Zach Davidson (1)  
 (2:05.84) Kevin Whitaker (1)  
 (2:08.34) Forrest Towne (2)  
 (2:10.24) Scott Oswald (4)  
 (2:19.82) Phil Jess (3)

**1500** (4:09.52 / 4:00.24 / 3:51.84 / 3:56.24)  
 4:00.62 (4:07.03) John Mantalas (4) g A  
 4:06.60 (3:58.16) Brandon Workman (4) d  
 4:13.70 (4:17.00) Michael Owen (1) c  
 4:25.00 (4:21.04) Scott Oswald (4) a  
 4:30.64 (4:16.94) Silas Towne (1) e  
 4:39.80 (4:58.14) Nathan Paisley (2) d  
 4:49.50 (4:49.50) Kenan Butler (1) d  
 5:18.92 (4:52.83) Ty Taylor (4) fi  
 (4:06.28) Bryan Thompson (3)  
 (4:25.74) Forrest Towne (2)

**3000** (not contested)  
 8:40.68 (8:40.68) Steve Willmer (2) a  
 8:50.64 (8:42.35) Brandon Workman (4) a  
 9:08.44 (9:07.09) John Mantalas (4) b  
 9:28.24 (9:30.34) Forrest Towne (2) b  
 9:29.44 (9:45.64) Scott Oswald (4) b  
 10:13.24 (11:20.54) Nate Paisley (2) b  
 (9:10.24) Bryan Thompson (3)  
 (9:22.94) Michael Owen (1)  
 (10:06.24) Silas Towne (1)  
 (10:11.64) Phil Jess (3)

**5000** (15:55.67 / 15:20.24 / 14:41.74 / 14:57.04)  
 15:05.44 (14:51.55) Brandon Workman (4) c AB  
 15:48.16 (15:40.80) John Mantalas (4) d A  
 16:40.39 (16:44.48) Scott Oswald (4) g  
 17:27.91 (18:30.34) Nathan Paisley (2) c  
 (15:33.61) Bryan Thompson (3)  
 (16:45.29) Forrest Towne (2)  
 (17:42.54) Phil Jess (3)

**10K** (33:52.64 / 33:30.24 / 31:01.04 / 31:24.74)  
 34:48.57 (36:05.10) Forrest Towne (2) c  
 34:58.09 (36:15.60) Scott Oswald (4) c

**110m H** (16.35 / 15.64 / 14.57 / 14.84)  
 16.14 (17.77) Zach Davidson (1) e A  
 17.11 (19.61) Caleb Harris (3) h  
 17.51 (18.57) Keith Christiansen (1) d  
 21.03 (19.51) Ty Taylor (4) d

**400m HURDLES** (58.72 / 56.04 / 53.14 / 53.84)  
 56.56 (58.58) Zach Davidson (1) c A  
 58.58 (61.32) Keith Christiansen (1) h A  
 58.78 (59.80) Kevin Whitaker (1) d  
 59.68 (62.62) Caleb Harris (3) h  
 (57.31) David Kilian (2)

**3000m STPL** (9:59.85 / 9:42.24 / 9:12.44 / 9:20.64)  
 9:37.24 (9:18.35) Brandon Workman (4) e AB  
 9:55.04 (9:55.04) Michael Owen (1) e A  
 10:05.04 (10:31.93) John Mantalas (4) e  
 10:10.64 (10:48.78) Forrest Towne (2) g

**4x100** (none / none / 41.54 / 42.04)  
 43.03 Martin, Davidson, Gassaway, Plotts h  
 43.14 Martin, Davidson, Gassaway, Plotts e  
 43.28 Martin, Davidson, Gassaway, Plotts d  
 45.03 Martin, Cantrall, Greene, Davidson b  
 45.71 Martin, Cantrall, Gassaway, Davidson c  
 48.46(B)

**4x400** (none / none / 3:14.84 / 3:17.64)  
 3:20.37 (Davidson, Gassaway, Costa, Plotts) h  
 3:23.65 Plotts, Gassaway, Whitaker, Davidson c  
 3:24.54 Christiansen, Gassaway, Costa, Davidson g  
 3:24.56 Plotts, Costa, Davidson, Gassaway b  
 3:26.15 Christiansen, Gassaway, Costa, Davidson d  
 3:39.94(B) Lovejoy, S. Towne, Ryland, Workman d  
 3:44.55(B) Harris, Christiansen, Taylor, Lovejoy c

**4x4 SPLITS**  
 50.3 (49.0-LO) Plotts b  
 50.5 (50.4-LO) Gassaway d  
 50.5 (50.5-LO) Davidson h  
 52.3 (52.3-LO) Christiansen g  
 56.7 (56.7-LO) Harris c  
 57.9 (57.9-LO) Paisley d  
 55.5 (55.5-LO) Lovejoy d  
 (49.6-LO) Costa  
 (50.6-LO) West  
 (53.5-LO) Kilian  
 (54.5-LO) Austin

49.3 (49.7) Gassaway h  
 50.2 (50.6) Davidson c  
 50.2 (52.1) Plotts h  
 50.4 (48.3) Costa h  
 52.0 (51.0) Whitaker c  
 52.5 (53.3) Christiansen d  
 53.2 (53.8) Workman d  
 58.0 (52.3) Lovejoy c  
 54.4 (50.3) Te. Taylor d  
 54.5 Nick Ryland d  
 58.3 (56.9) Ty. Taylor c  
 (49.7) Willmer  
 (51.4) West  
 (51.8) Kilian  
 (52.7) Austin  
 (53.4) Mantalas  
 (55.0) Routon  
 (55.2) Thompson  
 (59.1) Paisley  
 (59.3) Oswald

**GFU T/F 2000 PERFORMANCE CHART (WOMEN) (4/2)**

A - NWC qualifying mark  
 B - NW Regional qualifying mark  
 C - NCAA-III National qualifying mark  
 D - NCAA III Provisional  
 (...) - Personal Record

**MEETS**

a-2/5/00 Idaho Indoor, Moscow  
 a2-2/12 Oregon City AC  
 b-2/28/00 NWC Relays @ GFU  
 c-3/4/00 Unfield Icebreaker  
 d-3/11/00 NWC 4-Way @ L/C  
 e-3/18/00 Easter Relays @ Santa Barbara  
 f-3/18/00 Western Oregon Inv.  
 g-3/25/00 D-III Challenge at CMS, Ca  
 h-4/1/00 Willamette Open  
 i-4/8/99 NWC 5-Way @ GFU  
 j-4/14/00 GFU Distance Carnival  
 k-4/15/00 Linfield All-Corners  
 l-4/17-18/00 NWC Combined @ PLU  
 m-4/22/00 L & C Open  
 n-4/29/00 Linfield Open  
 o-4/29/00 Oregon Invite  
 p-5/5-6/00 NWC Championships @ GFU  
 q-5/13/99 NW Regional Inv. @ L&C  
 r-5/24-26/99 NCAA-III Nats @ Naperville, Ill.

**HJ** (5-0.5/5.3/5-6.5/5-4.5)  
 5-04.5 (5-04.25) Amy Forbes (3) h ABD  
 5-02.5 (5-05) Angie Powell (4) dh A  
 4-11 (5-01.75) Karrie Nelson (4) g

**PV** (7-6.5/9-0.25/—/9-5.25)  
 12-00 (11-09.75) Heather Hunt (3) h ABC  
 9-06 (9-08) Helena Telfer (1) e ABC

**LJ** (16-5.5/17-0/18-7.75/18-1)  
 16-08 (17-08.25) Kelsey Baron (1) g A  
 16-05 (16-09.50) Jocelyn Kennedy (4) g  
 16-00.75 (15-04.25) Colleen Forbes (2) h  
 15-02.5 (16-00.5) Heidi Smith (2) b  
 (14-11.75) Amy Forbes (3)  
 (14-11.5) Sarah Powell (2)  
 (14-09.75) Karrie Nelson (4)

**TJ** (34-3/36-0/38-2/36-11)  
 37-00.25 (37-04.75) Jocelyn Kennedy (4) g ABD  
 35-11.25 (37-02.25) Kelsey Baron (1) g A  
 34-00.25 (36-05) Heidi Smith (2) g  
 32-06.5 (33-07.75) Colleen Forbes (2) h  
 32-02 (32-02) Angie Powell (4) d  
 (32-11) Amy Forbes (3)

**SHOT** (34-11/38-4/43-5/42-1.5)  
 36-00.75 (37-11.25) Marian Stevens (2) h A  
 34-00.75 (26-08.25) Paige Lewis (2) e  
 33-06 (31-10) Pam Longman (3) g  
 32-06.5 (33-08.5) Erin Simon (1) g  
 32-06.5 (32-04.5) Jessica Nies (3) e  
 (28-07.5) Heidi Smith (2)  
 (30-08) Sharon Barnett (4)  
 (21-11.5) Karrie Nelson (4)

**DISCUS** (112-5/124-0/144-10/136-3)  
 117-10 (131-07) Marian Stevens (2) h A  
 112-11 (133-03) Paige Lewis (2) d A  
 101-08 (92-05) Pam Longman (3) d  
 81-05.5 (91-00) Erin Simon (1) d  
 (76-03) Jessica Nies (3)

**HAMMER** (124-10/130-0/156-8/146-4)  
 109-10 (70-11.25) Erin Simon (1) h  
 (100-05) Marian Stevens (2)

**JAVELIN** (111-10/124-8/140-9/128-0)  
 125-06 (123-07) Lori Miller (2) d AB  
 88-10 (98-02) Pam Longman (3) e  
 62-01 (62-01) Jessica Nies (3) h  
 (105-08) Heidi Smith (2)  
 (106-02) Tori Taylor (2)  
 (111-06) Angie Powell (4)  
 (88-00) Erin Simon (1)

**100** (12.96/12.84/12.18/12.36)  
 13.08 (12.55) Sharon Barnett (4) h  
 13.35 (13.44) Kelsey Baron (1) h  
 13.37 (13.43) Colleen Forbes (2) h  
 13.51 (13.51) Karrie Nelson (4) h  
 13.64 (13.91) Heather Hunt (3) e  
 13.84 (13.82) Jocelyn Kennedy (4) e  
 14.14 (13.81) Sarah Powell (2) h  
 (13.91) Heidi Smith (2)  
 (14.76) Lori Miller (2)

**200** (26.86/28.54/25.11/25.37)  
 26.95 (28.14) Sharon Barnett (4) h  
 27.81 (27.44) Christina Davis (2) d  
 28.64 (28.64) Heather Hunt (3) h  
 28.91 (28.40) Karrie Nelson (4) h  
 30.46 (28.75) Sarah Powell (2) a  
 (28.24) Jessica Adams (2)  
 (28.35) Amy Forbes (3)  
 (28.42) Heidi Smith (2)  
 (28.68) Jocelyn Kennedy (3)  
 (29.08) Tori Taylor (2)  
 (29.45) Colleen Forbes (2)

**400** (63.28/61.14/57.04/57.84)  
 60.66 (60.34) Jessica Adams (2) d A  
 62.24 (60.34) Christina Davis (2) h A  
 65.14 (65.14) Heidi Smith (2) h  
 (60.24) Ember Brosius (3)  
 (62.14) Mimi VanHooser (1)  
 (61.34) Megan Heuberger (1)  
 (62.44) Heather Hunt (3)  
 (62.74) Kelsey Baron (1)  
 (63.24) Shannon Larson (1)

**800** (2:22.91/2:20.54/2:13.94/2:15.84)  
 2:20.36 (2:17.86) Jamie McElwain (3) h AB  
 2:20.75 (2:26.24) Ember Brosius (3) h A  
 2:27.86 (2:21.24) Tori Taylor (2) d  
 2:30.16 (2:26.24) Mimi VanHooser (1) g  
 2:33.03 (2:40.24) Kirsten Norgaard (2) g  
 2:37.25 (2:37.25) Jessica Adams (2) a  
 (2:27.29) Marisa Merritt (3)  
 (2:30.77) Karrie Nelson (4)  
 2:21.67 (2:22.84) Megan Heuberger (1) e

**1500** (4:54.42/4:50.24/4:38.74/4:43.34)  
 4:44.71 (5:04.94) Ember Brosius (3) g AB  
 4:47.54 (4:53.26) Jamie McElwain (3) g AB  
 4:57.29 (4:54.24) Tori Taylor (2) h  
 5:07.64 (5:15.32) Kirsten Norgaard (2) g  
 5:19.35 (5:00.04) Marisa Merritt (3) g  
 (5:33.24) Rosie Ofstie (2)

**3000** (10:42.74/10:35.24/10:08.54/10:15.24)  
 10:31.29 (10:31.29) Ember Brosius (3) d  
 10:59.54 (10:48.24) Tori Taylor (2) b  
 11:16.43 (11:19.25) Kirsten Norgaard (2) h  
 12:34.34 (11:58.84) Rosie Ofstie (2) b  
 (10:35.96) Marisa Merritt (3)  
 (11:11.80) Jamie McElwain (2)

**5000** (19:19.49/18:45.24/17:37.54/18:05.54)  
 18:43.96 (18:43.96) Tori Taylor (2) g  
 22:28.29 (21:18.21) Rosie Ofstie (2) g  
 (18:50.44) Marisa Merritt (3)  
 (20:11.78) Jamie McElwain (3)

**10k** (42:40.30/42:00.24/37:10.74/38:07.44)  
 47:24.64 (47:04.90) Rosie Ofstie (2) c

**100m HURDLES** (16.20/16.24/14.68/15.20)  
 14.76 (14.57) Sharon Barnett (4) g ABD  
 15.03 (14.89) Karrie Nelson (4) g ABD  
 (16.74) Megan Heuberger (1)  
 (16.99) Tori Taylor (2)  
 (17.57) Heidi Smith (2)

**400m HURDLES** (69.11/67.54/63.34/64.84)  
 64.92 (67.74) Megan Heuberger (1) h AB  
 66.26 (64.13) Karrie Nelson (4) e AB  
 (65.41) Sharon Barnett (4)  
 (68.98) Tori Taylor (2)  
 (48.5hs) Kelsey Baron (1)

**HEPTATHLON** (none/none/4250/4050)  
 (3562) Tori Taylor (2)  
 (3445) Heidi Smith (2)

**4x100 (TOP 8 / none / 48.04 / 48.24)**

51.06 Barnett, Heuberger, Davis, Baron e  
 51.24 Davis, Heuberger, Baron, Barnett h  
 51.41 C. Forbes, Heuberger, Davis, Baron c  
 51.67 Barnett, Heuberger, Davis, Baron g  
 52.49 C. Forbes, Heuberger, Davis, Baron d  
 52.85 C. Forbes, Heuberger, Davis, Baron b  
 53.59 "B" S. Powell, Nelson, Smith, Kennedy d

**4x400 (TOP 8 / none / 3:53.44 / 3:56.94)**

4:05.00 Adams, Davis, Brosius, Heuberger g  
 4:08.42 McElwain, Brosius, Davis, Heuberger e  
 4:10.57 Adams, Heuberger, McElwain, Baron d  
 4:13.17 Adams, Heuberger, McElwain, Baron c  
 4:14.14 Nelson, Heuberger, McElwain, Adams b  
 4:17.04(B) Nelson, Taylor, Kennedy, Smith e

**4x4 SPLITS**

60.3 (61.7-LO) Davis g  
 61.4 (60.1-LO) Adams g  
 62.5 (69.5-LO) McElwain e  
 64.8 (63.8-LO) Nelson e  
 (63.9-LO) A. Forbes  
 (63.2-LO) Hunt  
 (65.8-LO) Barnett

58.6 (69.5) Heuberger g  
 61.9 (61.0) Brosius e  
 62.5 (60.2) Davis e  
 62.6 (62.2) Adams b  
 63.0 (60.3) McElwain b  
 63.5 (61.8) Baron d  
 63.5 (63.5) Kennedy e  
 63.7 (63.4) Smith d  
 64.7 (61.5) Nelson d  
 65.0 (62.3) Taylor d  
 (59.5) Barnett  
 (61.9) Hunt  
 (63.4) A. Forbes  
 (66.1) Merritt  
 (66.9) C. Forbes  
 (70.5) S. Powell

A = NWC Qualifying Mark  
 B = NW Regional Qualifying Mark  
 C = NCAA Automatic Qualifying Mark  
 D = NCAA Provisional Qualifying Mark



# WILLAMETTE OPEN

## Men's Results

Chuck Bowles Track, Salem

April 1, 2000

Sunny, warm, 70°

**High Jump**

1. A. J. Acker	Una	7-00.25
2. Curtis Bird	Una	6-10.25
3. Jimmy Watts	WU	6-08.25
4. Antonio Bush	Highline	6-06.25
5. Pat Ferguson	WOU	6-2.25
6. Jerome Powell	WOU	6-02.25
- Scott Greene	GFU	nh

**Pole Vault**

1. John Stroschne	WOU	15-01
2. Spike Olson	Una	14-05.5
3. Brian Quinn	OTI	13-11.75
4. Ray Nitsche	Highline	13-11.75
5. Jared McGrath	OTI	13-11.75
6. Brian Davi	Highline	12-11.75
7. Aaron Routon	GFU	12-11.75 **
- Ty Taylor	GFU	10-05.5 **
- Keith Christiansen	GFU	nh

**Long Jump**

1. Go Go Peters	Una	23-01.75
2. Antonio Bush	Highline	22-04.25
3. Donovan Dobbins	Highline	22-02.5
4. Ryan Wecker	WOU	21-11.75
5. Jeremy Vogel	Una	20-09
6. Anthony Sizer	OTI	20-02.75
8. Zach Davidson	GFU	19-11 **

**Triple Jump**

1. Chris Peterson	Highline	43-03.75
2. Eli Bergeruin	Una	40-06.25
3. Keith Christiansen	GFU	40-00.75 **
4. Paul Ogawa	OTI	35-11.5
5. Hans Christenson	Una	35-09.5
6. Justin Wold	UP	34-02.5

**Shot**

1. Cory Lobel	Una	48-05.25
2. Adam Dittman	WU	48-04.75
3. Brian Crawford	WOU	44-03.50
4. Pat Halstead	WU	42-09.75
5. Jeff Bentley	OTI	42-05.25
6. Rodney Wood	WU	41-10.75
7. John Smith	Una	41-06.5
- Chad Riddle	Una	38-09.75
- John Fletcher	GFU	32-10.25

**Discus**

1. Kevin Carr	Una	162-08
2. Brian Crawford	WOU	156-07
3. Cory Lobel	Una	151-05
4. John Smith	Una	140-10
5. David Gregory	WOU	139-11
6. Greg Gottfried	Una	131-07
7. Chad Riddle	Una	131-00
- Ty Taylor	GFU	115-08
- John Fletcher	GFU	79-10 **

**Javelin**

1. Jeff Bentley	OTI	191-11
2. Brandon Shaver	WU	188-01
3. Jeremy Gabel	Una	182-07
4. Jimmy Watts	WU	181-11
5. Matt Graham	WU	177-11
6. Tyler Cox	WOU	175-02
7. John Smith	Una	172-05
8. Jon Roberts	GFU	170-07
- John Fletcher	GFU	106-11 **

**Hammer**

1. Dennis Locking	Una	174-06
2. Chad Riddle	Una	170-01
3. David Gregory	WOU	167-04
4. Luke Franzke	WOU	166-04
5. Eric Kunze	GFU	148-04 **A
(#9 All-Time)		
6. Cory Lobel	Una	143-05
- John Fletcher	GFU	nm

**100m**

1. Mike Hinshaw	WOU	10.88
2. Go Go Peters	Una	11.06
3. Joel Alley	WOU	11.07
4. Sydney Brathwaite	Highline	11.27
5. David Austin	WU	11.27
6. Donovan Dobbins	Highline	11.28
- Steve Martin	GFU	11.56
- Conley Bergh	GFU	12.01 **
- Neil Cantrall	GFU	12.59
- Ty Taylor	GFU	13.04 **

**200m**

1. Mike Hinshaw	WOU	22.21
2. Paul Ogawa	OTI	22.54
3. Joel Alley	WOU	22.55
4. Mark Drieling	WOU	22.74
5. Sydney Brathwaite	Highline	22.92
6. Branford Brown	Highline	23.04
- Steve Martin	GFU	23.76
- Conley Bergh	GFU	24.60 **

**400m**

1. Dante Betha	WOU	49.86
2. David Richmond	WOU	49.98
3. Manzall Blakeley	Highline	51.65
4. Josh McIntyre	WOU	51.96
5. Tyson Raymond	WU	51.98
6. Erik Bjornstead	WOU	53.34
- Beau Jacoby	GFU	59.61 **

**800m**

1. Jon Swanson	Una	1:53.95
2. Jeremy Park	Una	1:56.66
3. Stuart Cheffee	WOU	1:57.53
4. Pat Boyd	Highline	1:57.72
5. Justin Nakamura	WOU	1:58.27
6. Will Driesen	Una	1:58.80
7. John Mantalas	GFU	1:59.45 **A
8. Ryan Chaney	Una	1:59.51
9. Ryan Austin	GFU	2:00.30
- Nick Ryland	GFU	2:03.72
- Nate Paisley	GFU	2:12.72 **
- Kenan Butler	GFU	2:14.75 **

**1500m**

1. Ahman Dirks	Una	3:53.25
2. Jeremy Park	Una	3:54.72
3. Corey Ihmels	Una	4:01.53
4. Arlin Bauman	Una	4:02.40
5. Josh Piper	WOU	4:14.07
6. Joey Janota	WU	4:15.05
7. Michael Owen	GFU	4:15.51
- Scott Oswald	GFU	4:28.40
- Forrest Towne	GFU	4:33.37
- Nate Paisley	GFU	4:42.62

**5000m**

1. Ryan Craig	Una	15:04.61
2. Mike Ciampini	CSI	15:08.68
3. Dan Olmstead	Una	15:20.09
4. Arlin Bauman	Una	15:21.51
5. Colleen Baxter	OSU	15:23.40
6. Kris Rolin	Una	15:29.16

**10,000**

1. Grant Woodman	Una	34:28.53
2. Ame Cavey	OTI	35:00.46
3. Darren Bowe	PU	39:03.05

**110m HH**

1. Caleb Buchanan	OTI	15.09
2. David Parker	Una	15.19
3. Paul Colby	WU	15.29
4. Curtis Bird	Una	15.52
5. Jimmy Watts	WU	15.58
6. Jeremy Vogel	Una	15.65
- Caleb Harris	GFU	17.11 **

**400m LH**

1. Dan Olson	OSU	57.59
2. Caleb Buchanan	OTI	58.11
3. Chris Peterson	Highline	58.12
4. Keith Christiansen	GFU	58.58 **A
5. Kevin Whitaker	GFU	59.13
6. Caleb Harris	GFU	59.68 **

**3000m STEEPLECHASE**

1. B. J. Christenson	CSI	9:12.83
2. Brett Long	OTI	9:16.55
3. Mat Hunicutt	WU	9:40.52
4. John Burkey	CSI	9:47.47
5. Jeremy Vins	Una	10:13.85
6. Aaron Long	WOU	10:20.89

**4x100**

1. WOU	42.05
2. Highline	42.91
3. George Fox	43.03 **
(#22 ALL-TIME)	
(Martin, Davidson, Gassaway, Plotts)	
4. Willamette	43.60
5. George Fox "B"	48.46

**4x400**

1. George Fox	3:20.37 **
(Davidson-50.5**; Gassaway-49.3**;	
Costa-50.4**; Plotts-50.2**)	
2. Highline	3:22.41
3. Western Oregon	3:24.29
4. Western Oregon "B"	3:25.09
5. Willamette	3:26.45
6. Western Oregon "D"	3:42.01

**	Personal Record
**	Season's Best
A	NWC Qualifying Mark
B	NW Regional Qualifying Mark
C	NCAA-III National Qualifying Mark
D	NCA D-III Provisional

**SPLITS**

Mantalas	60-59
Austin	60-60
Ryland	61-62
Paisley	65-68
Owen	67-69-70-49
Oswald	72-72-73-51
F. Towne	71-73-73-56
Paisley	77-78-75-52
Harris	2.6-1.4-1.4-1.4-1.3
	1.3-1.4-1.4-1.4-1.4
Christiansen	6.8-4.5-5.0-5.0-5.1
	5.2-5.2-25.4-5.1-5.1
Whitaker	6.4-4.8-4.7-5.2-5.2
	5.2-5.4-5.4-5.4-5.3
Harris	none available



# WILLAMETTE OPEN

## Women's Results

Chuck Bowles Track, Salem

April 1, 2000

Sunny, warm, 70°

**High Jump**

1. Amy Forbes	GFU	5-04.5 **BD
(#4 All-Time, #3 Junior)		
2. Laura Leinweber	WU	5-02.5
3. Erin Johnson	Highline	5-02.5
4. Angie Powell	GFU	5-02.5 ##
5. Jenny Eggers	UO	5-02.5
6. Charlene Postelwaite	WOU	5-00.5
- Karrie Nelson	GFU	4-10.5

**Pole Vault**

1. Heather Hunt	GFU	12-00 **
(New School and Junior Class Record)		
2. Holly Speight	UO	12-00
3. Katie Henes	WOU	10-00
4. Katey Polischneider	WOU	9-06.25
5. Tara Haga	WOU	9-06.25
6. Helena Telfer	GFU	8-11.75
(#3 All-Time, #2 Fresh)		

**Long Jump**

1. Deborah Lee	UO	17-03.5
2. Heather Werth	OTI	16-09.5
3. Shelley Cornstock	WOU	16-06.25
4. Charlene Postelwaite	WOU	16-04.75
5. J. J. Hurley	WU	16-04
6. Colleen Forbes	GFU	16-00.75 **

**Triple Jump**

1. Heather Werth	OTI	35-01.25
2. Shelley Cornstock	WOU	34-04.75
3. Erin Johnson	Highline	32-10.5
4. Leanne Oberreuter	UP	32-10.25
5. Colleen Forbes	GFU	32-06.5 ##
6. Robyn Hendry	OTI	32-3.5

**Shot**

1. Lindsay Horton	UO	38-09
2. Holly Conrad	WOU	38-07.5
3. Lorna Defreese	Una	38-06.25
4. Sarah Cotton	P	37-06.75
5. Dorothy Kerr	WOU	37-00.25
6. Angela Rosario	P	36-05
7. Marian Stevens	GFU	36-00.75 ##A
- Jessica Nles	GFU	31-08.5
- Paige Lewis	GFU	28-11

**Discus**

1. Jamie Burk	Una	133-05
2. Sarah Reichner	WU	119-07
3. Marian Stevens	GFU	117-10 ##
4. Callin Firth	Una	115-03
5. Dorothy Kerr	WOU	114-07
6. Paige Lewis	GFU	111-03
- Erin Simon	GFU	81-05.25 **

**Javelin**

1. Holly Conrad	WOU	143-11
2. Wendy Olson	UO	139-04
3. Becci Harper	Una	135-05
4. Kellie Bathman	WOU	133-05
5. Monica Scott	WU	130-08
6. Lori Miller	GFU	122-08
- Jessica Nles	GFU	62-01.75 **

**Hammer**

1. Heather Hill	UO	154-09
2. Kate Jackson	WOU	145-03
3. Candace Ekhoft	WOU	144-10
4. Heidi Fuhrmann	P	138-01
5. Lindsay Horton	UO	137-06
6. Lorna Defreese	Una	135-00
- Erin Simon	GFU	109-10 **
(New School and Fresh Class Record)		

**100m**

1. Emily Porter	WOU	12.82
2. Kiana Womack	WOU	13.05
3. Sharon Barnett	GFU	13.08 ##
4. Heather Werth	OTI	13.09
5. Kelsay Baron	GFU	13.35 **
6. Juanita Agaro	Highline	13.37
7. Colleen Forbes	GFU	13.37 **
8. Karrie Nelson	GFU	13.51 **
- Sarah Powell	GFU	14.14 ##

**200m**

1. Erica Kelly	UO	25.66
2. Allison Brown	UO	26.70
3. Alisa Worley	WOU	26.72
4. Teresa Soles	Una	26.77
5. Annie Pogue	UO	26.94
6. Sharon Barnett	GFU	26.95 ##
- Karrie Nelson	GFU	28.41 ##
- Heather Hunt	GFU	28.64 **

**400m**

1. Erica Kelly	UO	61.39
2. Alisa Worley	WOU	61.48
3. Allison Brown	UO	61.58
4. Jessica Adams	GFU	61.91
5. Eryn Sicora-Fordney	UO	62.23
6. Christina Davis	GFU	62.24 ##A
- Heidi Smith	GFU	65.14 **

**800m**

1. Vicky Fleschner	Una	2:14.45
2. Lisa Starkey	WU	2:16.89
3. Janette Martin	UO	2:18.22
4. Annie Davis	Una	2:19.28
5. Jamie McElwain	GFU	2:20.36 ##AB
6. Ember Brosius	GFU	2:20.75 **A
- Tori Taylor	GFU	2:29.91

**1500m**

1. Clare Taylor	Una	4:27.32
2. Nicole Karr	Una	4:28.93
3. Michelle Borgert	Una	4:32.71
4. Carrie Morales	Una	4:35.14
5. Natalie Wright	UO	4:39.07
6. Eri MacDonald	UO	4:40.31
- Tori Taylor	GFU	4:57.29 ##

**3000m**

1. Wendy Bruneau	Una	10:22.90
2. Rebecca Moore	OSU	10:39.49
3. Kim Ball	P	10:52.22
4. Kirsten Norgaard	GFU	11:16.43 **
5. Christina Scriven	Una	11:17.10
6. Courtney Coppenhaver	CSI	11:16.43
- Rosie Ostie	GFU	12:59.57

**100m HH**

1. Shennae McNairy	UO	14.73
2. Chris Jansen	WOU	14.82
3. Sharon Barnett	GFU	14.85
4. Karrie Nelson	GFU	15.54
5. Trina Ogburn	OTI	16.24
6. Laura Leinweber	WU	16.30

**400m LH**

1. Chris Jansen	WOU	64.67
2. Megan Heuberger	GFU	64.92 **
(#4 All-Time, Fresh Class Record)		
3. Tansy Middag	WU	68.13
4. Alicia Snyder-Carlson	UO	69.13
5. Mindy McGrath	OTI	71.00
6. Carrie Wales	WOU	71.78

**4x100**

1. WOU	50.98
2. George Fox	51.24
(Davis, Heuberger, Baron, Barnett)	
3. Willamette	52.44
4. Highline	52.82
5. Oregon Tech	53.38

**4x400**

1. Willamette	4:15.74
2. WOU	4:17.22
3. Oregon Tech	4:18.35
4. Highline	4:53.30

**	Personal Record
#	Season's Best
A	NWC Qualifying Mark
B	NW Regional Qualifying Mark
C	NCAA-III National Qualifying Mark
D	NCA D-III Provisional

**SPLITS**

McElwain	70-70
Brosius	70-71
Taylor	73-77
Taylor	76-80-82-60
Norgaard	86-90-92-93 (6:03)
	92-95-91-40
Ostie	92-1:41-1:50-1:45 (6:48)
	1:49-1:50-1:44-50
Barnett	2:7-1:2-1:2-1:1-1.1+
	1.1+-1.1+-1.1+-1.2-1.3
Nelson	2.4-1.2-1.2-1.2-1.2+
	1.2-1.2-1.4-1.2-1.4
Heuberger	7.1-14.9-5.4-5.0-5.7
	5.9-5.8-6.1-6.1-6.1



## WILLAMETTE OPEN TRACK MEET 04/01/00

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## Finals WOMEN'S 100 METER DASH

1. Emily Porter, WESTERN OREG 12.82; 2. Kiana Womack, WESTERN OREG 13.05; (3) Sharon Barnett, GEORGE FOX 13.08; 4. Heather Werth, OREGON TECH 13.09; (5) Kelsey Baron, GEORGE FOX 13.35; 6. Juanita Agaro, HIGHLINE CC 13.37; (6) Colleen Forbes, GEORGE FOX 13.37; (8) Karrie Nelson, GEORGE FOX 13.51; 9. Trina Ogburn, OREGON TECH 13.62; 10. Rebecca Lucas, PACIFIC 13.85; 11. Trinity Smith, OREGON TECH 14.11; 11. Vania Jobb, U OF PORTLAN 14.11; (13) Sarah Powell, GEORGE FOX 14.14; 14. Kyla Kilangtang, WILLAMETTE 14.23; 15. Leanne Oberreuter, U OF PORTLAN 14.31.

## Finals WOMEN'S 200 METER DASH

1. Erica Kelly, U OF OREGON 26.66; 2. Allison Brown, U OF OREGON 26.70; 3. Alisa Worley, WESTERN OREG 26.72; 4. Teresa Soles, Unattached 26.77; 5. Annie Pogue, U OF OREGON 26.94; (6) Sharon Barnett, GEORGE FOX 26.95; 7. Lindsay Ogle, WILLAMETTE 27.23; 8. J.J. Hurley, WILLAMETTE 27.89; 9. Jennifer Jacobson, PACIFIC 28.15; 10. Rebecca Lucas, PACIFIC 28.27; 11. Laura Leineweber, WILLAMETTE 28.30; 12. Charlene Postelwaite, WESTERN OREG 28.40; (13) Karrie Nelson, GEORGE FOX 28.41; 14. Sarah Cook, OREGON TECH 28.58; (15) Heather Hunt, GEORGE FOX 28.64; 16. Juanita Agaro, HIGHLINE CC 28.81; 17. Susan Hansen, HIGHLINE CC 28.86; 18. Leah McLane, OREGON TECH 29.33; 19. Vania Jobb, U OF PORTLAN 29.38; 20. Rachael Schwartz, HIGHLINE CC 29.90.

## Finals WOMEN'S 400 METER DASH

1. Erica Kelly, U OF OREGON 1:01.39; 2. Alisa Worley, WESTERN OREG 1:01.48; 3. Allison Brown, U OF OREGON 1:01.58; (4) Jessica Adams, GEORGE FOX 1:01.91; 5. Eryn Sicora-Fordney, U OF OREGON 1:02.23; (6) Christina Davis, GEORGE FOX 1:02.24; 7. Annie Pogue, U OF OREGON 1:02.37; 8. Mindy McGrath, OREGON TECH 1:03.03; 9. Jessica Parker, WILLAMETTE 1:03.61; 10. Kara Cozby, WESTERN OREG 1:04.23; 11. Jennifer Jacobson, PACIFIC 1:04.49; (12) Heidi Smith, GEORGE FOX 1:05.14; 13. Sarah Cook, OREGON TECH 1:05.52; 14. Susan Hansen, HIGHLINE CC 1:06.57; 15. Leah McLane, OREGON TECH 1:06.61.

## Finals WOMEN'S 800 METER RUN

1. Vicky Fleschner, Unattached 2:14.45; 2. Lisa Starkey, WILLAMETTE 2:16.89; 3. Janette Martin, U OF OREGON 2:19.22; 4. Annie Davis, Unattached 2:19.28; (5) Jamie McElwain, GEORGE FOX 2:20.36; (6) Ember Brosius, GEORGE FOX 2:20.75; 7. Buffy Morris, WILLAMETTE 2:22.52; 8. C'Rel McAllister, U OF OREGON 2:24.37; 9. Laura Hernandez, SOUTHERN IDA 2:26.91; 10. Amber Emery, WILLAMETTE 2:27.36; (11) Tori Taylor, GEORGE FOX 2:29.91; 12. Vickie Upchurch, HIGHLINE CC 2:38.81; 13. Karrie Allen, OREGON TECH 2:40.18; 14. Suzanne Bowdoin, OREGON TECH 2:44.12.

## Finals WOMEN'S 1,500 METER RUN

1. Clare Taylor, Unattached 4:27.32; 2. Nicole Karr, Unattached 4:28.93; 3. Michelle Borgert, Unattached 4:32.71; 4. Carrie Morales, Unattached 4:35.14; 5. Nattalie Wright, U OF OREGON 4:39.07; 6. Eri MACDONALD, U OF OREGON 4:40.31; 7. Wendy Brunaue, Unattached 4:44.39; 8. Erinn Gulbrandsen, U OF OREGON 4:48.40; 9. Tonya Lutz, WILLAMETTE 4:54.62; 10. Annie Ebner, U OF OREGON 4:55.37; (11) Tori Taylor, GEORGE FOX 4:57.29; 12. Courtney Barlow, SOUTHERN IDA 5:03.96; 13. Amber Strickler, WILLAMETTE 5:09.66; 14. Evelyn Williams, WILLAMETTE 5:10.49; 15. Amelia Kinney, WESTERN OREG 5:11.23; 16. Annie Mockford, WILLAMETTE 5:12.89; 17. Brandee Shoemaker, OREGON TECH 5:12.96; 18. Lisa Pohlit, WILLAMETTE 5:16.91; 19. Kristen Hart, Unattached 5:30.80; 20. Suzanne Bowdoin, OREGON TECH 5:35.22; 21. Angie Upchurch, HIGHLINE CC 6:03.64; 22. Karla Booth, HIGHLINE CC 6:08.87; 23. Teresa Moreau, HIGHLINE CC 7:04.89.

## Finals WOMEN'S 3,000 METER RUN

1. Wendy Brunaue, Unattached 10:22.90; 2. Rebecca Moore, OREGON STATE 10:39.49; 3. Kim P Hall, PACIFIC 10:52.22; (4) Kirsten Norgaard, GEORGE FOX 11:16.43; 5. Christina Scriven, Unattached 11:17.10; 6. Courtney Coppenhaver, SOUTHERN IDA 11:20.85; 7. Joane Ratlo, SOUTHERN IDA 11:34.80; 8. Erin Moore, WILLAMETTE 11:40.41; 9. Jen Crumley, SOUTHERN IDA 11:43.10; 10. Amelia Kinney,



## WILLAMETTE OPEN TRACK MEET 04/01/00

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## WOMEN'S 3,000 METER RUN (Continued)

WESTERN OREG 12:03.47; 11. Krissy Warner, SOUTHERN IDA 12:07.07; 12. Jami Michelson, WILLAMETTE 12:10.99; 13. Jasmin Hanson, WILLAMETTE 12:17.33; 14. Amber Carroll, SOUTHERN IDA 12:31.55; 15. Rosie Ofstie, GEORGE FOX 12:59.57; 16. Karla Booth, HIGHLINE CC 13:35.08.

## Finals WOMEN'S 100 METER HIGH HURDLES

1. Shennae McNairy, U OF OREGON 14.73; 2. Chris Jansen, WESTERN OREG 14.82; 3. Sharon Barnett, GEORGE FOX 14.85; 4. Karrie Nelson, GEORGE FOX 15.54; 5. Trina Ogburn, OREGON TECH 16.24; 6. Laura Leineweber, WILLAMETTE 16.30; 7. Katherine Cook, WESTERN OREG 16.54; 8. J.J. Hurley, WILLAMETTE 17.27; 9. Carrie Wales, WESTERN OREG 17.44; 10. Meghan Roberts, U OF PORTLAN 17.92; 11. Janna Vavra, PACIFIC 19.18.

## Finals WOMEN'S 400 METER INT HURDLES

1. Chris Jansen, WESTERN OREG 1:04.67; 2. Megan Heuberger, GEORGE FOX 1:04.92; 3. Tansy Middag, WILLAMETTE 1:08.13; 4. Alicia Snyder-Carlson, U OF OREGON 1:09.13; 5. Mindy McGrath, OREGON TECH 1:11.00; 6. Carrie Wales, WESTERN OREG 1:11.78; 7. Meghan Roberts, U OF PORTLAN 1:14.24; 8. Shennae McNairy, U OF OREGON 1:14.84; 9. Heather Creech, WESTERN OREG 1:18.32.

## Finals WOMEN'S 4X100 METER RELAY

1. WESTERN OREG 50.98; 2. GEORGE FOX 51.24; 3. WILLAMETTE 52.44; 4. HIGHLINE CC 52.82; 5. OREGON TECH 53.38.

## Finals WOMEN'S 4X400 METER RELAY

1. WILLAMETTE 4:15.74; 2. WESTERN OREG 4:17.22; 3. OREGON TECH 4:18.35; 4. HIGHLINE CC 4:53.30.

## Finals WOMEN'S HIGH JUMP

1. Amy Forbes, GEORGE FOX 1.64m; 2. Laura Leineweber, WILLAMETTE 1.59m; 3. Erin Johnson, HIGHLINE CC 1.59m; 4. Angela Powell, GEORGE FOX 1.59m; 5. Jenny Eggers, U OF OREGON 1.59m; 6. Charlene Postelwaite, WESTERN OREG 1.54m; 7. Jenoa Potter, HIGHLINE CC 1.49m; 8. Karrie Nelson, GEORGE FOX 1.49m; 9. Karrie Allen, OREGON TECH 1.44m; 10. Holly Conrad, WESTERN OREG 1.39m; 11. Trina Ogburn, OREGON TECH 1.34m; - Ann Kaltwasser, PACIFIC NH.

## Finals WOMEN'S POLE VAULT

1. Heather Hunt, GEORGE FOX 3.66m; 2. Holly Speight, U OF OREGON 3.66m; 3. Katie Henes, WESTERN OREG 3.05m; 4. Katey Pohlschneider, WESTERN OREG 2.90m; 5. Tara Haga, WESTERN OREG 2.90m; 6. Helena Telfer, GEORGE FOX 2.74m; 7. Rachael Schwartz, HIGHLINE CC 2.59m; 8. Sarah Hills, OREGON TECH 2.59m; 9. Trinity Smith, OREGON TECH 2.59m; 10. Melanie Reinmuth, PACIFIC 2.44m; 10. Fiona Lee, WILLAMETTE 2.44m; 12. Mindy Perkins, PACIFIC 1.98m.

## Finals WOMEN'S LONG JUMP

1. Deborah Lee, U OF OREGON 5.27m; 2. Heather Werth, OREGON TECH 5.12m; 3. Shelley Comstock, WESTERN OREG 5.04m; 4. Charlene Postelwaite, WESTERN OREG 5.00m; 5. J.J. Hurley, WILLAMETTE 4.98m; 6. Colleen Forbes, GEORGE FOX 4.90m; 7. Natalie Flindt, WILLAMETTE 4.85m; 8. Juanita Agaro, HIGHLINE CC 4.60m; 9. Robyn Hendry, OREGON TECH 4.45m; 10. Jenoa Potter, HIGHLINE CC 4.44m; 11. Lindsay Ogle, WILLAMETTE 4.33m; - Shennae McNairy, U OF OREGON FOUL.

## Finals WOMEN'S TRIPLE JUMP

1. Heather Werth, OREGON TECH 10.70m; 2. Shelley Comstock, WESTERN OREG 10.48m; 3. Erin Johnson, HIGHLINE CC 10.02m; 4. Leanne Oberreuter, U OF PORTLAN 10.01m; 5. Colleen Forbes, GEORGE FOX 9.92m; 6. Robyn Hendry, OREGON TECH 9.84m; - Angela Powell, GEORGE FOX ND.

## Finals WOMEN'S SHOT PUT

1. Lindsay Horton, U OF OREGON 11.81m; 2. Holly Conrad, WESTERN OREG 11.77m; 3. Lorna Defrest, Unattached 11.74m; 4. Sarah Cotton, PACIFIC 11.45m; 5. Dorothy Kerr, WESTERN OREG 11.28m; 6. Angie Rosario, PACIFIC 11.10m; 7. Marian Stovcna, GEORGE FOX 10.99m; 8. Shalese Borden, WESTERN OREG 10.90m; 9. Kasey Sorenson, WILLAMETTE 10.70m; 10. Brooke Case, OREGON TECH 10.63m; 11. Janna Vavra, PACIFIC 10.57m; 12. Jennifer Hickethier, OREGON TECH 9.70m; 13. Jessica Nies, GEORGE FOX 9.66m; 14. Lauri Duensing, PACIFIC 9.15m; 15. Paige Lewis,



## WILLAMETTE OPEN TRACK MEET 04/01/00

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## WOMEN'S SHOT PUT (Continued)

GEORGE FOX 8.81m; 16. Lianna Brown, OREGON TECH 7.90m.

## Finals WOMEN'S DISCUS THROW

1. Jamie Burk, Unattached 40.66m; 2. Sarah Reichner, WILLAMETTE 36.44m; 3. Marian Stevens, GEORGE FOX 35.92m; 4. Catlin Firth, Unattached 35.14m; 5. Dorothy Kerr, WESTERN OREG 34.92m; 6. Paige Lewis, GEORGE FOX 33.92m; 7. Ruthann Heim, PACIFIC 32.96m; 8. Heidi Fuhrmann, PACIFIC 31.10m; 9. Kasey Sorenson, WILLAMETTE 30.48m; 10. Sarah Cotton, PACIFIC 30.26m; 11. Lauri Duensing, PACIFIC 29.90m; 12. Ann Kaltwasser, PACIFIC 29.52m; 13. Angie Rosario, PACIFIC 29.40m; 14. Leeann Price, WILLAMETTE 29.04m; 15. Erin Simon, GEORGE FOX 24.82m; - Erica Wood, HIGHLINE CC FOUL; - Brooke Case, OREGON TECH FOUL.

## Finals WOMEN'S HAMMER THROW

1. Heather Hill, U OF OREGON 47.16m; 2. Kate Jackson, WESTERN OREG 44.28m; 3. Candace Ekhoft, WESTERN OREG 44.14m; 4. Heidi Fuhrmann, PACIFIC 42.10m; 5. Lindsay Horton, U OF OREGON 41.92m; 6. Lorna Defrest, Unattached 41.16m; 7. Jennifer Dunkin, WESTERN OREG 40.46m; 8. Amanda Evey, WESTERN OREG 40.08m; 9. Jamie Burk, Unattached 39.82m; 10. Shalese Borden, WESTERN OREG 36.78m; 11. Catlin Firth, Unattached 35.72m; 12. Erin Simon, GEORGE FOX 33.48m; 13. Kasey Sorenson, WILLAMETTE 33.02m; 14. Jennifer Hickethier, OREGON TECH 28.66m.

## Finals WOMEN'S JAVELIN THROW

1. Holly Conrad, WESTERN OREG 43.88m; 2. Wendy Olson, U OF OREGON 42.46m; 3. Becki Harper, Unattached 41.28m; 4. Kellie Kathman, WESTERN OREG 40.68m; 5. Monica Scott, WILLAMETTE 39.82m; 6. Lori Miller, GEORGE FOX 37.40m; 7. Jennifer Gardner, Unattached 37.38m; 8. Ann Kaltwasser, PACIFIC 36.62m; 9. Gail Wootan, PACIFIC 34.50m; 10. Lianna Brown, OREGON TECH 32.68m; 11. Brooke Case, OREGON TECH 32.50m; 12. Sukhee SO, WILLAMETTE 32.20m; 13. Hayley Ronningen, PACIFIC 29.64m; 14. Kristin Merrill, PACIFIC 25.58m; 15. Jessica Nies, GEORGE FOX 18.94m.

## Finals MEN'S 100 METER DASH

1. Mike Hinshaw, WESTERN OREG 10.88; 2. GO GO Peters, Unattached 11.06; 3. Joel Alley, WESTERN OREG 11.07; 4. Sydney Brathwaite, HIGHLINE CC 11.27; 4. David Austin, WILLAMETTE 11.27; 6. Djonovan Dobbins, HIGHLINE CC 11.28; 7. Jeremy Peil, WESTERN OREG 11.32; 8. Evan Robbins, Unattached 11.35; 8. Jacob Brown, WESTERN OREG 11.35; 10. Aaron Reader, HIGHLINE CC 11.36; 11. Paul Ogawa, OREGON TECH 11.37; 12. Branford Brown, HIGHLINE CC 11.40; 13. Damon Foreman, WILLAMETTE 11.43; 14. John McDowell, WILLAMETTE 11.51; 15. Jason Rice, Unattached 11.53; 16. Dustin West, HIGHLINE CC 11.54; 17. Steve Martin, GEORGE FOX 11.56; 18. Javon Allen, Unattached 11.59; 19. Josh Davis, WILLAMETTE 11.65; 19. Trevor Edd, WESTERN OREG 11.65; 21. Nate Bell, WILLAMETTE 11.73; 22. Mark Drieling, WESTERN OREG 11.78; 23. Russ Meeuf, PACIFIC 11.90; 24. Tony Cassinerio, WILLAMETTE 12.00; 25. Connley Bergh, GEORGE FOX 12.01; 26. Jerome Kim, WILLAMETTE 12.05; 27. Tomi Oladela, U OF PORTLAN 12.08; 28. Micky Roberts, WESTERN OREG 12.09; 29. Rich McMahon, U OF PORTLAN 12.10; 30. Justin Cooper, WILLAMETTE 12.21; 31. Terrence Wong, WILLAMETTE 12.23; 32. Justin Wold, U OF PORTLAN 12.59; 32. Neil Cantrall, GEORGE FOX 12.59; 34. Eduard Baba, WILLAMETTE 12.83; 35. TY Taylor, GEORGE FOX 13.04.

## Finals MEN'S 200 METER DASH

1. Mike Hinshaw, WESTERN OREG 22.21; 2. Paul Ogawa, OREGON TECH 22.54; 3. Joel Alley, WESTERN OREG 22.55; 4. Mark Drieling, WESTERN OREG 22.74; 5. Sydney Brathwaite, HIGHLINE CC 22.92; 6. Branford Brown, HIGHLINE CC 23.04; 7. David Austin, WILLAMETTE 23.07; 8. Evan Robbins, Unattached 23.12; 9. Manzell Blakeley, HIGHLINE CC 23.14; 9. Aaron Reader, HIGHLINE CC 23.14; 11. Will Driesen, Unattached 23.15; 12. Djonovan Dobbins, HIGHLINE CC 23.17; 13. Jason Newton, WESTERN OREG 23.27; 13. Kione McHone, Unattached 23.27; 15. David Parker, Unattached 23.35; 16. Josh McIntyre, WESTERN OREG 23.56; 17. Javon Allen, Unattached 23.57; 18. Steve Martin, GEORGE FOX 23.76; 19. Trevor Edd,



## WILLAMETTE OPEN TRACK MEET 04/01/00

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## MEN'S 200 METER DASH (Continued)

WESTERN OREG 23.79; 20. Erik Bjornstead, WESTERN OREG 23.84; 21. Tomi Oladele, U OF PORTLAN 24.58; 22. Connley Bergh, GEORGE FOX 24.60; 23. Russ Mocuf, PACIFIC 24.64; 24. Jason Holland, OREGON TECH 24.81; 25. Dustin West, HIGHLINE CC 25.23; 26. Sandero Dugale, HIGHLINE CC 25.51.

## Finals MEN'S 400 METER DASH

1. Dante Betha, WESTERN OREG 49.86; 2. David Richmond, WESTERN OREG 49.98; 3. Manzell Blakeley, HIGHLINE CC 51.65; 4. Josh McIntyre, WESTERN OREG 51.96; 5. Tyson Raymond, WILLAMETTE 51.98; 6. Erik Bjornstead, WESTERN OREG 53.34; 7. Anu Oladele, U OF PORTLAN 54.07; 8. Anthoney Sizer, OREGON TECH 54.70; 9. Joey Phillips, HIGHLINE CC 55.18; 10. Doug Christ, PACIFIC 55.32; 11. Tim Reilly, PACIFIC 56.11; 12. Beau Jacoby, GEORGE FOX 59.61.

## Finals MEN'S 800 METER RUN

1. Jonathon Swanson, Unattached 1:53.95; 2. Jeremy Park, Unattached 1:56.66; 3. Stuart Chaffee, WESTERN OREG 1:57.53; 4. Pat Boyd, HIGHLINE CC 1:57.72; 5. Justin Nakamura, WESTERN OREG 1:58.27; 6. Will Driesen, Unattached 1:58.80; 7. John Mantalas, GEORGE FOX 1:59.45; 8. Ryan Cheney, Unattached 1:59.51; 9. Ryan Austin, GEORGE FOX 2:00.30; 10. Josh Piper, WESTERN OREG 2:00.58; 11. Michael Semenza, WILLAMETTE 2:00.88; 12. Aaron Long, WESTERN OREG 2:01.56; 13. Jonathon Cooper, WILLAMETTE 2:01.81; 14. Jeremy Long, Unattached 2:02.04; 15. Brian Pasero, OREGON TECH 2:02.54; 16. Nicholas Ryland, GEORGE FOX 2:03.72; 17. Jason Carver, OREGON STATE 2:03.88; 18. Tim Richart, HIGHLINE CC 2:04.47; 19. David Bowdoin, OREGON TECH 2:05.18; 20. Justin Gillen, OREGON TECH 2:05.85; 21. Peter Rutter, HIGHLINE CC 2:08.99; 22. Perry Scanlon, OREGON STATE 2:10.21; 23. Chriss Curry, OREGON TECH 2:11.69; 24. Nathan Paisley, GEORGE FOX 2:12.72; 25. Kenan Butler, GEORGE FOX 2:14.75; 26. Buck Dabill, OREGON TECH 2:21.09.

## Finals MEN'S 1,500 METER RUN

1. Ahman Dirks, Unattached 3:53.25; 2. Jeremy Park, Unattached 3:54.72; 3. Corey Ihmels, Unattached 4:01.53; 4. Arlin Bauman, Unattached 4:02.40; 5. Josh Piper, WESTERN OREG 4:14.07; 6. Joey Janota, WILLAMETTE 4:15.05; 7. Michael Owen, GEORGE FOX 4:15.51; 8. David Bowdoin, OREGON TECH 4:19.08; 9. Scott Ball, Unattached 4:19.23; 10. Andy Sherwood, U OF PORTLAN 4:21.21; 11. Steve Holman, WILLAMETTE 4:23.07; 12. Scott Oswald, GEORGE FOX 4:28.40; 13. Chriss Curry, OREGON TECH 4:29.34; 14. Jason Young, Unattached 4:31.24; 15. Forrest Towne, GEORGE FOX 4:33.37; 16. Nathan Paisley, GEORGE FOX 4:42.62; 17. Buck Dabill, OREGON TECH 5:12.23; 18. Sean Christopher, HIGHLINE CC 5:24.98.

## Finals MEN'S 5,000 METER RUN

1. Ryan Craig, Unattached 15:04.61; 2. Mike Ciampini, SOUTHERN IDA 15:08.68; 3. Dan Olmstead, Unattached 15:20.09; 4. Arlin Bauman, Unattached 15:21.51; 5. Colden Baxter, OREGON STATE 15:23.40; 6. Kris Rolin, Unattached 15:29.16; 7. Stephen Cruise, WILLAMETTE 15:32.93; 8. Brett Long, OREGON TECH 15:38.52; 9. Dale Londos, Unattached 15:42.50; 10. Amlesom Teklai, SOUTHERN IDA 15:49.77; 11. Nathan Gushwa, WILLAMETTE 15:55.25; 12. Chris Clark, Unattached 15:56.90; 13. Campbell Kness, Unattached 16:24.26; 14. Brannon Forester, OREGON STATE 16:24.56; 15. Brett Franz, WESTERN OREG 16:33.13; 16. Casey Jackson, WESTERN OREG 16:44.75; 17. Tim Brown, Unattached 16:47.03; 18. Shawn Thayer, HIGHLINE CC 16:59.48; 19. Matt Reddington, SOUTHERN IDA 17:01.50; 20. Matt Barreau, Unattached 17:01.80; - John Moore, OREGON STATE NT; - Russ Gatchell, PACIFIC NT; - Brian Reed, HIGHLINE CC NT; - Carl Hoogesteger, PACIFIC NT; - Noah Megowan, Unattached NT; - Jim Sweeny, Unattached NT; - Scott Buttingham, Unattached NT; - Todd Braje, Unattached NT; - Anthony Hager, WILLAMETTE NT; - Tom Johnson, Unattached NT; - Erich Reed, Unattached NT; - Kirk Fisher, OREGON STATE NT.

## Finals MEN'S 10,000 METER RUN

1. Grant Woodman, Unattached 34:28.53; 2. Arne Cavey, OREGON TECH 35:00.46; 3. Darren Bowe, PACIFIC 39:03.05.

## Finals MEN'S 110 METER HIGH HURDLES



## WILLAMETTE OPEN TRACK MEET 04/01/00

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## MEN'S 110 METER HIGH HURDLES (Continued)

1. Caleb Buchanan, OREGON TECH 15.09;
2. David Parker, Unattached 15.19;
3. Paul Colby, WILLAMETTE 15.29;
4. Curtis Bird, Unattached 15.52;
5. Jimmy Watts, WILLAMETTE 15.58;
6. Jeremy Vogel, Unattached 15.65;
7. Justin Broughton, HIGHLINE CC 15.69;
8. Ryan Wecker, WESTERN OREG 15.73;
9. Josh Smith, WILLAMETTE 15.78;
10. Danny Murphy, HIGHLINE CC 15.91;
11. Jeremy Fortner, Unattached 16.25;
12. Caleb Harris, GEORGE FOX 17.11;
13. Toby Dean, WILLAMETTE 17.14;
14. Sean Gabe, WESTERN OREG 18.07;
15. Dustin Larson, WESTERN OREG 18.75.

## Finals MEN'S 400 METER INT HURDLES

1. Darin Olson, OREGON STATE 57.59;
2. Caleb Buchanan, OREGON TECH 58.11;
3. Chris Peterson, HIGHLINE CC 58.12;
4. Keith Christiansen, GEORGE FOX 58.58;
5. Kevin Whitaker, GEORGE FOX 59.13;
6. Caleb Harris, GEORGE FOX 59.68;
7. Ryan Wecker, WESTERN OREG 59.79;
8. Jeremy Vogel, Unattached 59.92;
9. Justin Broughton, HIGHLINE CC 1:00.43;
10. Jacob Brown, WESTERN OREG 1:01.55;
11. Joey Phillips, HIGHLINE CC 1:03.31.

## Finals MEN'S 3,000 METER STEEPLECHASE

1. BJ Christenson, SOUTHERN IDA 9:12.83;
2. Brett Long, OREGON TECH 9:16.55;
3. Mat Hunicutt, WILLAMETTE 9:40.52;
4. John Burkey, SOUTHERN IDA 9:47.47;
5. Jeremy Ivins, Unattached 10:13.85;
6. Aaron Long, WESTERN OREG 10:20.89;
7. Johan Dana, SOUTHERN IDA 10:22.41;
8. Justin Gillen, OREGON TECH 10:29.87;
9. Peter Rutter, HIGHLINE CC 10:50.76.

## Finals MEN'S 4X100 METER RELAY

1. WESTERN OREG 42.05;
2. HIGHLINE CC 42.91;
3. GEORGE FOX 43.03;
4. WILLAMETTE 43.60;
5. GEORGE FOX "B" 48.46;
- OREGON TECH DNF.

## Finals MEN'S 4X400 METER RELAY

1. GEORGE FOX 3:20.37;
2. HIGHLINE CC 3:22.41;
3. WESTERN OREG 3:24.29;
4. WESTERN OREG "B" 3:25.09;
5. WILLAMETTE 3:26.45;
6. WESTERN OREG "D" 3:42.01;
7. PACIFIC 3:52.39;
- WESTERN OREG "C" NT.

## Finals MEN'S HIGH JUMP

1. A.J. Acker, Unattached 2.14m;
2. Curtis Bird, Unattached 2.09m;
3. Jimmy Watts, WILLAMETTE 2.04m;
4. Antonio Bush, HIGHLINE CC 1.99m;
5. Pat Ferguson, WESTERN OREG 1.89m;
6. Jerome Powell, WESTERN OREG 1.89m;
6. Marques Johnson, WILLAMETTE 1.89m;
8. Hans Christenson, Unattached 1.89m;
9. Jared McGrath, OREGON TECH 1.89m;
10. Matt Zosel, WILLAMETTE 1.84m;
11. James Stever, WESTERN OREG 1.84m;
12. Mike Bernatz, WILLAMETTE 1.84m;
13. Brian Quinn, OREGON TECH 1.79m;
14. Joe Derieux, Unattached 1.54m;
- Scott Greene, GEORGE FOX NH;
- Sean Gabe, WESTERN OREG NH.

## Finals MEN'S POLE VAULT

1. John Stroshine, WESTERN OREG 4.60m;
2. Spike Olson, Unattached 4.41m;
3. Brian Quinn, OREGON TECH 4.26m;
3. Ray Nitsche, HIGHLINE CC 4.26m;
5. Jared McGrath, OREGON TECH 4.26m;
6. Brian Davi, HIGHLINE CC 3.96m;
7. Aaron Routon, GEORGE FOX 3.96m;
8. John Fox, HIGHLINE CC 3.96m;
9. Scott Brown, OREGON TECH 3.80m;
10. Duston Sockett, PACIFIC 3.65m;
11. Jamie Jansen, WESTERN OREG 3.50m;
12. TY Taylor, GEORGE FOX 3.19m;
13. Jeremy Vogel, Unattached 3.04m;
- Sean Gabe, WESTERN OREG NH;
- Brady McGarry, OREGON TECH NH;
- Keith Christiansen, GEORGE FOX NH;
- Peter Boyle, PACIFIC NH.

## Finals MEN'S LONG JUMP

1. GO GO Peters, Unattached 7.05m;
2. Antonio Bush, HIGHLINE CC 6.81m;
3. Djonovan Dobbins, HIGHLINE CC 6.77m;
4. Ryan Wecker, WESTERN OREG 6.70m;
5. Jeremy Vogel, Unattached 6.33m;
6. Anthoney Sizer, OREGON TECH 6.19m;
7. Daniel Straw, WESTERN OREG 6.10m;
8. Zach Davidson, GEORGE FOX 6.07m;
9. Eli Bergeruin, Unattached 6.03m;
10. Andy Miguel, WILLAMETTE 6.00m;
11. Terrence Wong, WILLAMETTE 6.00m;
12. Jared McGrath, OREGON TECH 5.74m;
13. Hans Christenson, Unattached 5.50m;
14. Sandero Dugale, HIGHLINE CC 5.28m;
15. Tony Cassinerio, WILLAMETTE 5.04m;
16. Justin Wold, U OF PORTLAN 4.98m;
17. Eduard Baba, WILLAMETTE 4.86m;
- Dustin Larson, WESTERN OREG ND.

## Finals MEN'S TRIPLE JUMP

## WILLAMETTE OPEN TRACK MEET 04/01/00

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## MEN'S TRIPLE JUMP (Continued)

1. Chris Peterson, HIGHLINE CC 13.20m; 2. Eli Bergeruin, Unattached 12.35m; 3. Keith Christiansen, GEORGE FOX 12.21m; 4. Paul Ogawa, OREGON TECH 10.96m; 5. Hans Christenson, Unattached 10.91m; 6. Justin Wold, U OF PORTLAN 10.42m; 7. Jared McGrath, OREGON TECH 10.37m.

## Finals MEN'S SHOT PUT

1. Cory Lobel, Unattached 14.76m; 2. Adam Dittman, WILLAMETTE 14.75m; 3. Brian Crawford, WESTERN OREG 13.50m; 4. Pat Halstead, WILLAMETTE 13.05m; 5. Jeff Bentley, OREGON TECH 12.94m; 6. Rodney Wood, WILLAMETTE 12.77m; 7. John Smith, Unattached 12.66m; 8. Matt Zosel, WILLAMETTE 12.56m; 9. Pat Jarman, OREGON TECH 12.18m; 10. James Stever, WESTERN OREG 11.98m; 11. Chad Riddle, Unattached 11.83m; 12. Mark Adelman, OREGON TECH 11.56m; 13. Dustin Larson, WESTERN OREG 10.48m; 14. Brandon Conroy, Unattached 10.14m; 15. John Fletcher, GEORGE FOX 10.01m; 16. Mel Frank, HIGHLINE CC 9.47m; 17. Bryan Sharick, HIGHLINE CC 9.42m.

## Finals MEN'S DISCUS THROW

1. Kevin Carr, Unattached 49.58m; 2. Brian Crawford, WESTERN OREG 47.72m; 3. Cory Lobel, Unattached 46.16m; 4. John Smith, Unattached 42.92m; 5. David Gregory, WESTERN OREG 42.66m; 6. Greg Gottfried, Unattached 40.10m; 7. Chad Riddle, Unattached 39.92m; 8. Luke Franzke, WESTERN OREG 39.64m; 9. Jake Nickerson, WESTERN OREG 39.56m; 10. Matt Zosel, WILLAMETTE 38.14m; 11. Pat Halstead, WILLAMETTE 37.62m; 12. Mark Adelman, OREGON TECH 37.52m; 13. Jared Paxton, HIGHLINE CC 35.76m; 14. TY Taylor, GEORGE FOX 35.26m; 15. Joe Mason, WESTERN OREG 34.32m; 16. Mel Frank, HIGHLINE CC 34.24m; 17. James Banks, WILLAMETTE 33.76m; 18. Bryan Sharick, HIGHLINE CC 28.76m; 19. Pat Jarman, OREGON TECH 27.46m; 20. Simron Grewal, U OF PORTLAN 26.80m; 21. John Fletcher, GEORGE FOX 24.34m.

## Finals MEN'S HAMMER THROW

1. Dennis Locking, Unattached 53.20m; 2. Chad Riddle, Unattached 51.84m; 3. David Gregory, WESTERN OREG 51.00m; 4. Luke Franzke, WESTERN OREG 50.70m; 5. Eric Kunze, GEORGE FOX 45.22m; 6. Cory Lobel, Unattached 43.72m; 7. Jeff King, OREGON STATE 43.64m; 8. James Banks, WILLAMETTE 41.26m; 9. Jake Nickerson, WESTERN OREG 40.26m; 10. Jeff Bentley, OREGON TECH 39.62m; 11. Pat Halstead, WILLAMETTE 36.42m; 12. Joe Mason, WESTERN OREG 33.64m; 13. Pat Jarman, OREGON TECH 31.26m; 14. Mark Adelman, OREGON TECH 27.56m.

## Finals MEN'S JAVELIN THROW

1. Jeff Bentley, OREGON TECH 58.50m; 2. Brandon Shaver, WILLAMETTE 55.80m; 3. Jeremy Gabel, Unattached 55.66m; 4. Jimmy Watts, WILLAMETTE 55.46m; 5. Matt Graham, WILLAMETTE 54.24m; 6. Tyler Cox, WESTERN OREG 53.40m; 7. John Smith, Unattached 52.56m; 8. Jonathan Roberts, GEORGE FOX 52.00m; 9. Caleb Buchanan, OREGON TECH 49.90m; 10. Jamie Jansen, WESTERN OREG 46.40m; 11. Mark Adelman, OREGON TECH 46.22m; 12. Darren Gillenwater, WESTERN OREG 45.76m; 13. Russ Badgley, OREGON TECH 44.58m; 14. Jared Paxton, HIGHLINE CC 43.30m; 15. Simron Grewal, U OF PORTLAN 38.34m; 16. Chris Long, Unattached 37.78m; 17. John Fletcher, GEORGE FOX 32.60m; 18. Hans Christenson, Unattached 0.38m.



Claremont Mudd Scripps

Hy-Tek's MEET MANAGER

APU/George Fox/Trinity/Williams/UW-BC/CMS

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USTCA Meet

Fritz B Burns Stadium - Saturday March 25, 2000

## COMPLETE RESULTS FOR FINALS

WOMEN'S TEAM SCORES: 1. Claremont-Mudd-Scripps, 155; 2. Williams College, 123.50; 3. Azusa Pacific University, 122; 4. George Fox University, 118; 5. Trinity University, 27.50; 6. UW-Bau Claire, 10.

WOMEN'S TEAM SCORES: 1. Claremont-Mudd-Scripps, 162; 2. George Fox University, 110; 3. UW-Bau Claire, 108; 4. Trinity University, 9; 5. Azusa Pacific University, 66; 6. Williams College, 46.

## Men's 100 Meter Dash

## Women's 400 Meter Dash

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Indira Odamtten	Claremont-MS	12.58	1	10
2	Shannon Buckley	Claremont-MS	12.64	1	8
3	Jamie Greene	Claremont-MS	12.68	1	
4	Anne Overly	Claremont-MS	12.91	1	
5	Xiao Hui Zhang	AzusaPacific	12.99	1	6
6	Lisa Labnow	AzusaPacific	13.30	2	4
7	Emily Goodwin	Trinity	13.37	2	2
8	Maggie Popkin	Williams	13.59	1	1
9	Heather Hunt	George Fox	13.72	2	
10	Sarah Bullock	Claremont-MS	13.76	2	
11	Andrea Hornok	AzusaPacific	13.86	2	
12	Lee Albrecht	UW-BauClaire	14.88	2	

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Colleen Doody	Williams	58.37	1	10
2	Danielle Neff	Claremont-MS	58.78	1	8
3	Adrienne Crunican	AzusaPacific	60.62	1	6
4	Janna Rearick	Williams	60.70	1	4
5	Jessica Adams	George Fox	61.48	1	2
6	Christina Davis	George Fox	62.98	1	1
7	Rachel Ban	Claremont-MS	63.53	1	
8	Rheata Bauer	UW-BauClaire	64.73	2	
9	Katie Hammel	Trinity	65.60	1	
10	Emily Smith	Williams	66.47	2	
11	Kate Blake	UW-BauClaire	66.98	1	
12	Linda Lau	Williams	69.18	2	

## Men's 200 Meter Dash

## Women's 800 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Indira Odamtten	Claremont-MS	25.74	1	10
2	Shannon Buckley	Claremont-MS	26.24	1	8
3	Xiao Hui Zhang	AzusaPacific	26.44	1	6
4	Danielle Neff	Claremont-MS	26.70	1	
5	Adrienne Crunican	AzusaPacific	26.82	2	4
6	Sharon Barnett	George Fox	27.02	1	2
7	Emily Goodwin	Trinity	27.10	2	1
8	Maggie Popkin	Williams	27.94	2	
9	Teresa Niewolny	UW-BauClaire	28.13	1	
10	Andrea Hornok	AzusaPacific	28.21	2	
11	Sarah Bullock	Claremont-MS	28.36	1	
12	Melissa Murphy	Williams	28.39	1	
13	Katie Hammel	Trinity	28.68	2	
14	Monica Miyamoto	UW-BauClaire	29.61	2	
15	Lee Albrecht	UW-BauClaire	31.53	2	

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Tara Crowley	Williams	2:21.55	1	10
2	Joey Kimball	Claremont-MS	2:22.72	1	8
3	Ember Brosius	George Fox	2:22.94	1	6
4	Jamie McElwain	George Fox	2:22.97	1	4
5	Laurie Ramirez	AzusaPacific	2:23.35	1	2
6	Terri O'Brien	Williams	2:24.67	1	1
7	Sarah Longh	Trinity	2:26.14	1	
8	Jen Hahn	Williams	2:26.35	2	
9	Hagan McCurdy	Williams	2:28.57	2	
10	Mimi Vanhooser	George Fox	2:30.16	1	
11	Betsy Coy	UW-BauClaire	2:32.20	2	
12	Kristen Norgaard	George Fox	2:33.03	2	
13	Kelly McKinnon	UW-BauClaire	2:33.67	2	
14	Kathleen Smith	Williams	2:34.65	2	
15	Danae Wright	Claremont-MS	2:35.95	2	
16	Carly Bolson	Claremont-MS	2:36.34	2	
17	Emily Siegel	Williams	2:38.03	2	
18	Nikki Day	UW-BauClaire	2:51.71	2	
19	Karri Shore	UW-BauClaire	2:52.88	2	

Claremont Mudd Scripps

Hy-Tek's MEET MANAGER

APU/George Fox/Trinity/Williams/UW-BC/CMS

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USTCA Meet

Fritz B Burns Stadium - Saturday March 25, 2000

## COMPLETE RESULTS FOR FINALS

## Women's 1,500 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Tara Crowley	Williams	4:40.07	10
2	Chrystall DeNaeyer	AzusaPacific	4:40.50	8
3	Ember Brosius	George Fox	4:44.71	6
4	Jamie McBlawain	George Fox	4:47.54	4
5	Lauren Krisko	Williams	4:48.19	2
6	Rebecca Atkinson	Williams	4:49.87	
7	Briana Horton	AzusaPacific	4:54.09	1
8	Joey Kimball	Claremont-MS	4:54.11	
9	Soames Boyle	Claremont-MS	4:57.82	
10	Brandi Page	Claremont-MS	5:00.64	
11	Kristen Norgaard	George Fox	5:07.64	
12	Kim Gauron	UW-BauClaire	5:08.22	
13	Tiffany Chartier	UW-BauClaire	5:09.91	
14	Alicia Mein	Trinity	5:13.08	
15	Marisa Merritt	George Fox	5:19.35	
16	Janet Taylor	Claremont-MS	5:32.46	
17	Shelby Johnson	Claremont-MS	5:36.84	

## Women's 5,000 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Deb Prisone	Williams	18:31.98	10
2	Tori Taylor	George Fox	18:43.96	8
3	Joey Shapiro	Williams	18:50.90	6
4	Andrea Haver	Claremont-MS	18:50.93	4
5	Julia Bensen	Williams	19:12.48	
6	Kristin Patterson	UW-BauClaire	19:17.05	2
7	Elizabeth Roller	Williams	19:22.70	
8	Angie Jacquez	Claremont-MS	19:35.28	1
9	Megan Olson	Claremont-MS	19:40.14	
10	Alicia Mein	Trinity	19:47.51	
11	Sarah McAleer	Claremont-MS	22:17.09	
12	Rosie Ofstie	George Fox	22:26.29	

## Women's 100 Meter Int Hurdles

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Rita Forte	Williams	14.70	1	10
2	Sharon Barnett	George Fox	14.76	1	8
3	Karrie Nelson	George Fox	15.03	1	6
4	Katie Ray	Claremont-MS	15.56	1	4
5	Nicole Decker	AzusaPacific	15.61	2	2
6	Lindsay Meskimen	Claremont-MS	16.09	1	1

## Women's 100 Meter Int Hurdles (Continued)

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
7	Beth Szwearingen	Trinity	16.21	2	
8	Katie Rhody	UW-BauClaire	16.26	1	
9	Emily Goodwin	Trinity	16.79	2	
10	Anne Massey	UW-BauClaire	16.88	1	
11	Carolyn Shank	Williams	17.53	1	
12	Rachel Horwitz	Williams	17.71	2	
13	Johanna Heinrichs	Williams	18.69	1	
14	Monica Miyamoto	UW-BauClaire	18.73	2	

## Women's 400 Meter Low Hurdles

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Stephanie McCann	AzusaPacific	63.31	1	10
2	Megan Heuberger	George Fox	65.07	1	8
3	Lindsay Meskimen	Claremont-MS	65.82	1	6
4	Karrie Nelson	George Fox	66.26	1	4
5	Rachel Ban	Claremont-MS	69.59	1	2
6	Johanna Heinrichs	Williams	70.01	1	1
7	Katie Brown	Trinity	70.60	1	
8	Carolyn Shank	Williams	71.10	1	
9	Anne Massey	UW-BauClaire	75.51	2	
10	Heather May	Williams	76.35	2	

## Women's 4x100 Meter Relay

## ----- Finals Results - Saturday 03/25/00 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CMS	Claremont-Mudd-Scripps	48.55	10
2	APU	Azusa Pacific University	50.07	8
3	GPU	George Fox University	51.06	6
4	UWBC	UW-Bau Claire	51.65	4
5	TU	Trinity University	52.33	2
6	WC	Williams College	52.75	

## Women's 4x400 Meter Relay

## ----- Finals Results - Saturday 03/25/00 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CMS	Claremont-Mudd-Scripps	3:58.49	10
2	WC	Williams College	4:04.50	8
3	GPU	George Fox University	4:05.00	6
4	TU	Trinity University	4:12.21	4
5	UWBC	UW-Bau Claire	4:26.70	2



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## COMPLETE RESULTS FOR FINALS

## men's 4x400 Meter Relay (Continued)

----- Finals Results - Saturday 03/25/00 -----			
PLACE RELAY	AFFILIATION	TIME	PTS
6 WC	A Williams College	4:30.40	

## men's High Jump

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
1 Nicole Decker	AzusaPacific	1.70m 5'07.00	10
2 Elaine Kearney	Trinity	1.60m 5'03.00	8
3 Elena Popovskaya	Claremont-MS	1.60m 5'03.00	6
4 Katie Ray	Claremont-MS	1.60m 5'03.00	4
5 Karrie Nelson	George Fox	1.50m 4'11.00	2
6 Alicia Peoples	Trinity	1.45m 4'09.00	0.50
6 Melissa Purdy	Williams	1.45m 4'09.00	0.50
8 Tricia Yeo	Claremont-MS	1.45m 4'09.00	
- Monica Miyamoto	UW-BauClaire	NH	

## omen's Pole Vault

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
1 Stephanie McCann	AzusaPacific	4.00m 13'01.50	10
2 Kyna Powers	Claremont-MS	3.50m 11'05.75	8
3 Kim Carlson	AzusaPacific	3.35m 10'11.75	6
4 Beth Swearingen	Trinity	3.05m 10'00.00	4
5 Helena Teifer	George Fox	2.60m 8'06.25	2
6 Melissa Purdy	Williams	2.60m 8'06.25	1
7 Jessica Dowling	Claremont-MS	2.45m 8'00.50	
8 Elaine Kearney	Trinity	2.45m 8'00.50	
9 Sophie Donnelly	Claremont-MS	2.45m 8'00.50	
10 Saba Ahmad	Claremont-MS	2.30m 7'06.50	
- Heather Hunt	George Fox	NH	

## omen's Long Jump

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
1 Rita Forte	Williams	17'08.00" 5.38m	10
2 Kelsey Baron	George Fox	16'08.00" 5.08m	8
3 Jocelyn Kennedy	George Fox	16'05.00" 5.00m	6
4 Elena Popovskaya	Claremont-MS	16'03.00" 4.95m	4
5 Teresa Niewolny	UW-BauClaire	16'02.00" 4.93m	2
6 Nicole Decker	AzusaPacific	15'11.00" 4.85m	1
7 Anne Overly	Claremont-MS	15'10.00" 4.83m	
8 Abby Swenson	AzusaPacific	15'04.00" 4.67m	

## Women's Long Jump (Continued)

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
9 Heidi Smith	George Fox	15'01.00" 4.60m	
10 Abby Vogler	UW-BauClaire	14'10.00" 4.52m	
10 Melissa Murphy	Williams	14'10.00" 4.52m	
10 Amanda Brooks	Claremont-MS	14'10.00" 4.52m	
13 Alicia Peoples	Trinity	14'03.00" 4.34m	
14 Melissa Daly	Williams	13'02.00" 4.01m	

## Women's Triple Jump

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
1 Jocelyn Kennedy	George Fox	11.28m 37'00.25	10
2 Kelsey Baron	George Fox	10.95m 35'11.25	8
3 Elena Popovskaya	Claremont-MS	10.58m 34'08.50	6
4 Heidi Smith	George Fox	10.37m 34'00.25	
5 Amanda Brooks	Claremont-MS	9.98m 32'09.00	4
6 Melissa Daly	Williams	9.87m 32'04.75	2
7 Rachel Horwitz	Williams	9.43m 30'11.25	1
8 Amy Grant	Williams	8.80m 28'10.50	
- Anne Overly	Claremont-MS	FOUL	

## Women's Shot Put

----- Finals Results - Saturday 03/25/00 -----			
PL ATHLETE NAME	SCHOOL	MARK	PTS
1 Rebecca Brooks	Williams	13.55m 44'05.50	10
2 Sarah DeGraw	Claremont-MS	12.74m 41'09.75	8
3 Diane Williams	Williams	12.60m 41'04.25	6
4 Nealy Thompson	Williams	12.52m 41'01.00	
5 Julie Roberts	AzusaPacific	11.80m 38'08.75	4
6 Jovana Spiva	Claremont-MS	10.53m 34'06.75	2
7 Pam Longman	George Fox	10.21m 33'05.00	1
8 Erin Harriqan	Trinity	10.12m 33'02.50	
9 Erin Simon	George Fox	9.92m 32'06.50	
10 Jessica Nies	George Fox	9.65m 31'08.00	
11 Amy Grant	Williams	8.78m 28'09.75	
12 Melissa Featherston	Trinity	8.40m 27'06.75	
13 Paige Lewis	George Fox	7.99m 26'02.75	

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## COMPLETE RESULTS FOR FINALS

## Women's Discus Throw

Finals Results - Saturday 03/25/00				
PL	ATHLETE NAME	SCHOOL	MARK	PTS
==	=====	=====	=====	==
1	Diane Williams	Williams	40.82m 133'11.00	10
2	Sarah DeGraw	Claremont-MS	38.38m 125'11.00	8
3	Julie Roberts	AzusaPacific	36.70m 120'05.00	6
4	Paige Lewis	George Fox	32.68m 107'03.00	4
5	Erin Harrigan	Trinity	31.98m 104'11.00	2
6	Amy Grant	Williams	31.40m 103'00.00	1
7	Elizabeth Jones	Claremont-MS	28.36m 93'00.00	
8	Pam Longman	George Fox	27.86m 91'05.00	
9	Realy Thompson	Williams	23.16m 76'00.00	
10	Alexa Racioppo	Claremont-MS	23.14m 75'11.00	
11	Melissa Featherston	Trinity	22.60m 74'02.00	
12	Stephanie Ross	Trinity	22.50m 73'10.00	
13	Kay Dolan	Claremont-MS	20.98m 68'10.00	

## Women's Hammer Throw

Finals Results - Saturday 03/25/00				
PL	ATHLETE NAME	SCHOOL	MARK	PTS
1	Sarah DeGraw	Claremont-MS	48.30m 158'05.00	10
2	Rebecca Brooks	Williams	44.36m 145'06.00	8
3	Vanessa Wilhelm	AzusaPacific	43.86m 143'11.00	6
4	Sarah Roberts	AzusaPacific	40.18m 131'10.00	4
5	Jovana Spiva	Claremont-MS	38.56m 126'06.00	2
6	Healy Thompson	Williams	34.42m 112'11.00	1
7	Erin Simon	George Fox	33.06m 108'05.00	
8	Erin Harrigan	Trinity	31.16m 102'03.00	
9	Diane Williams	Williams	30.68m 100'08.00	
10	Elizabeth Jones	Claremont-MS	30.32m 99'06.00	
11	Alexa Racioppo	Claremont-MS	25.82m 84'08.00	
12	Amy Grant	Williams	23.58m 77'04.00	
13	Melissa Featherston	Trinity	20.46m 67'01.00	

## Women's Javelin Throw

----- Finals Results - Saturday 03/25/00 -----				
PL	ATHLETE NAME	SCHOOL	MARK	PTS
==	=====	=====	=====	==
1	Vanessa Wilhelm	AzusaPacific	43.38m 142'04.00	10
2	Sarah Roberts	AzusaPacific	41.80m 137'02.00	8
3	Lori Miller	George Fox	35.38m 115'01.00	5
4	Sarah Smith	AzusaPacific	33.56m 110'01.00	
5	Stephanie Ross	Trinity	32.82m 107'08.00	4
6	Kristin Jorge	Claremont-MS	31.54m 103'06.00	2
7	Xiao Hui Zhang	AzusaPacific	29.70m 97'05.00	
8	Lindsay Meskimen	Claremont-MS	28.72m 94'03.00	1
9	Kay Dolan	Claremont-MS	28.04m 92'00.00	

## Women's Javelin Throw (Continued)

----- Finals Results - Saturday 03/25/00 -----				
PL	ATHLETE NAME	SCHOOL	MARK	PTS
---	-----	-----	-----	---
10	Melissa Purdy	Williams	27.86m 91'05.00	
11	Pam Longman	George Fox	27.08m 88'10.00	
12	Lara Lovelace-Maron	Claremont-MS	23.26m 76'04.00	
13	Erin Harrigan	Trinity	22.04m 72'04.00	
14	Healy Thompson	Williams	21.10m 69'03.00	
15	Melissa Featherston	Trinity	19.94m 65'05.00	

## Men's 100 Meter Dash

Finals Results - Saturday 03/25/00					
PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Bryan Clay	AzusaPacific	10.69	1	10
2	Kendall Grant	Claremont-MS	10.81	1	8
3	David Plotts	George Fox	11.15	1	6 <i>EQ</i>
4	Aaron Long	Trinity	11.16	2	4
5	Brian Leonhard	UN-BauClaire	11.25	1	2
6	David Hanson	UN-BauClaire	11.28	1	1
7	Damon Garza	Trinity	11.34	2	
8	Steve Martin	George Fox	11.46	2	<i>PR</i>
9	Jason Dunn	UN-BauClaire	11.46	2	
10	Anthony Tarne	Claremont-MS	11.46	2	
11	Chris Olmo	Trinity	11.58	2	
12	Jeremy Bodenhammer	AzusaPacific	11.66	2	
13	Jeff Baker	UN-BauClaire	11.70	2	
14	Clif Covington	Williams	11.77	1	
15	Jared Ulrich	AzusaPacific	11.91	2	
16	Matt Norquist	AzusaPacific	11.93	1	
17	Neil Cantrell	George Fox	12.56	1	

## Men's 200 Meter Dash

Finals Results - Saturday 03/25/00					
PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	David Plotts	George Fox	22.06	1	10
2	Kendall Grant	Claremont-MS	22.08	1	8
-	Scott Whirry	Unattached	22.23	1	Bxh
3	Jereme Urban	Trinity	22.45	2	6
4	Steve Hefferenen	AzusaPacific	22.56	2	4
5	David Hanson	UN-BauClaire	22.75	1	2
6	Graham Phillips	UN-BauClaire	22.86	1	1
7	Mike Sheehan	Williams	22.97	2	
8	Niguel Fernandez	Williams	23.15	2	
9	Mike Schlont	Williams	23.27	2	
10	Steve Martin	George Fox	23.36	3	
10	Clif Covington	Williams	23.36	2	



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## COMPLETE RESULTS FOR FINALS

## Men's 200 Meter Dash (Continued)

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Jason Dunn	UW-BauClaire	23.51	3	
2	Jeff Baker	UW-BauClaire	23.61	3	
3	Chris Ulmo	Trinity	24.08	3	
4	Jesse Aust	AzusaPacific	24.35	3	
5	Unknown Runner	Unattached	24.39	2	
-	Anthony Tarne	Claremont-MS	DNF	3	
-	Aaron Long	Trinity	FS	2	

## Men's 400 Meter Dash

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Tyler Cassaway	George Fox	50.03	1 10	50
2	Jordan Kindiger	Trinity	50.19	1 8	
3	Anthony Ramirez	Claremont-MS	50.76	1 6	
4	Mike Mascitti	UW-BauClaire	51.32	1 4	
5	Miguel Fernandez	Williams	51.35	2 2	
6	Eric Costa	George Fox	52.43	1 1	
7	Steve Hefferenen	AzusaPacific	52.70	1	
8	John Berry	Williams	53.08	1	
9	Mike Schlont	Williams	53.76	2	
10	Joe Ciardelli	UW-BauClaire	55.30	2	
-	Jeff Hill	AzusaPacific	DNF	1	

## Men's 800 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	David Juliano	Claremont-MS	1:53.27	1 10	
2	Sean Kenna	Claremont-MS	1:55.06	1 8	
3	Terris Tiller	Trinity	1:56.10	1 6	
4	Kevin Larson	UW-BauClaire	1:56.74	1 4	
5	Scott Bowen	Claremont-MS	1:57.11	1	
6	Jay Slowik	Williams	1:57.38	1 2	
7	Chad McCartney	UW-BauClaire	1:57.45	1 1	
8	Joe Haas	UW-BauClaire	1:59.82	2	
9	Ryan Austin	George Fox	1:59.95	2	
10	Ben Scott	Claremont-MS	1:59.96	2	
11	Sean Gavigan	UW-BauClaire	2:00.30	2	
12	Rich Maleniak	UW-BauClaire	2:00.57	2	
13	Greg Geiser	UW-BauClaire	2:01.85	2	
14	Ryan Ogliore	Claremont-MS	2:04.45	2	
15	Shad Miller	Williams	2:04.97	2	
16	John Mantalas	George Fox	2:05.63	1	
17	Reed Harlow	Williams	2:08.58	2	

## Men's 1,500 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	David Juliano	Claremont-MS	3:59.29	10
2	John Mantalas	George Fox	4:00.62	8
3	Rich Maleniak	UW-BauClaire	4:01.28	6
4	Reed Harlow	Williams	4:02.82	4
5	Steve Sinclair	UW-BauClaire	4:02.96	2
6	Tom Pillow	Trinity	4:03.26	1
7	Kevin Larson	UW-BauClaire	4:03.90	
8	Chris Ramirez	AzusaPacific	4:05.32	
9	Shad Miller	Williams	4:09.98	
10	Nathan Kurtz	Claremont-MS	4:13.55	
11	Ryan Austin	George Fox	4:15.15	
12	Greg Geiser	UW-BauClaire	4:16.09	
13	Matt MacLeod	Claremont-MS	4:17.52	
14	Larry Kim	Claremont-MS	4:19.84	
15	Eddie Espanol	Claremont-MS	4:21.63	
16	Rich Hossfeld	Claremont-MS	4:32.47	
17	Scott Lerner	Claremont-MS	4:37.01	

## Men's 5,000 Meter Run

## ----- Finals Results - Saturday 03/25/00 -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Brandon Workman	George Fox	15:17.79	10
2	Kyle Hansen	UW-BauClaire	15:20.77	8
3	Dusty Lopez	Williams	15:29.18	6
4	Wes Reutimann	Williams	15:32.93	4
5	Cliff Ruehl	Trinity	15:40.20	2
6	Ryan Aeschbrenner	UW-BauClaire	15:42.40	1
7	Steve Alves	Claremont-MS	15:47.41	
8	Bert Wenzel	UW-BauClaire	15:50.44	
9	Will Ronco	Williams	15:51.25	
10	Jason Rogers	Claremont-MS	16:01.82	
11	Tom Pillow	Trinity	16:08.07	
12	Will Berriel	Claremont-MS	16:11.21	
13	Andy Golden	Williams	16:17.82	
14	Neal Hannan	Williams	16:24.19	
15	Ben Chaffee	Williams	16:33.67	
16	Karl Wahlburg	Claremont-MS	16:35.17	
17	Scott Oswald	George Fox	16:40.39	
18	Pat McGrail	Claremont-MS	16:48.05	
19	Fred Rines	Williams	17:16.35	
20	Doug Thunen	Williams	17:33.54	
21	Nathan Paisley	George Fox	18:32.76	

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## COMPLETE RESULTS FOR FINALS

## Men's 110 Meter High Hurdles

Finals Results - Saturday 03/25/00				
PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Travis Naguast	Claremont-MS	16.09	10
2	Andy Steuernagel	UW-BauClaire	16.12	8
3	Zach Davidson	George Fox	16.18	6
4	Ian Haag	Trinity	16.61	4
5	Justin Arnett	Claremont-MS	16.90	2
6	Keith Christiansen	George Fox	17.54	1
7	Caleb Harris	George Fox	18.10	

## Men's 400 Meter Int Hurdles

Finals Results - Saturday 03/25/00				
PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Carl Russell	Claremont-MS	54.73	10
2	John Brumund-Smith	UW-BauClaire	55.39	8
3	Ian Haag	Trinity	56.30	6
4	Steve Grove	Claremont-MS	56.42	4
5	Zach Davidson	George Fox	57.66	2
6	Justin Arnett	Claremont-MS	59.15	1
7	Caleb Harris	George Fox	60.12	1
8	Andy Steuernagel	UW-BauClaire	61.80	1
9	Chris Zarzana	Claremont-MS	64.98	2
10	Chris Harrell	AzusaPacific	67.14	2

## Men's 3,000 Meter Steeplechase

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	PTS
1	Rob Voss	UW-BauClaire	9:43.9h 10
2	Elisha Peterson	Claremont-MS	9:50.6h 8
3	Dave Boland	Claremont-MS	9:56.4h 6
4	Zach Blume	Williams	10:05.3h 4
5	Forrest Towne	George Fox	10:10.4h 2
6	John Staroba	Claremont-MS	10:35.2h 1
7	Kyran Hammill	UW-BauClaire	10:42.9h 1
8	Dan Beutel	Claremont-MS	10:44.6h
-	Andy Gabrysik	UW-BauClaire	DQ

## Men's 4x100 Meter Relay

Finals Results - Saturday 03/25/00			
PLACE	RELAY	AFFILIATION	TIME PTS
1	CMS	Claremont-Mudd-Scripps	42.82 10
2	TU	Trinity University	43.05 8
3	GPU	George Fox University	43.14 6

## Men's 4x100 Meter Relay (Continued)

Finals Results - Saturday 03/25/00			
PLACE	RELAY	AFFILIATION	TIME PTS
4	APU	Azusa Pacific University	43.31 4
5	UNBC	UW-Bau Claire	43.40 2

## Men's 4x400 Meter Relay

Finals Results - Saturday 03/25/00			
PLACE	RELAY	AFFILIATION	TIME PTS
1	TU	Trinity University	3:18.75 10
2	CMS	Claremont-Mudd-Scripps	3:22.45 8
3	GPU	George Fox University	3:24.54 6
4	UNBC	UW-Bau Claire	3:25.16 4
5	WC	Williams College	3:25.17 2

## Men's High Jump

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK PTS
1	Kurt Heilman	UW-BauClaire	2.00m 6'06.75 10
2	Pat Rifeit	Claremont-MS	1.90m 6'02.75 8
3	Cole Erickson	UW-BauClaire	1.80m 5'10.75 6
4	Lincoln Wildgrube	Claremont-MS	1.75m 5'08.75
4	Eric McIlmore	Claremont-MS	1.75m 5'08.75 4
4	Brandon Jaeger	UW-BauClaire	1.75m 5'08.75
7	Saleem Blevins	Claremont-MS	1.65m 5'05.00

## Men's Pole Vault

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK PTS
1	Tony Hawkins	Claremont-MS	4.65m 15'03.00 10
2	Benton Ward	UW-BauClaire	4.25m 13'11.25 8
3	Aaron Routon	George Fox	3.95m 12'11.50 6
4	Keith Christiansen	George Fox	3.95m 12'11.50 4
5	Dan Bshleman	UW-BauClaire	3.80m 12'05.50 2
6	Ryan Frisbee	Trinity	3.50m 11'05.75 1
-	Matt Burnett	Claremont-MS	NH

Score kept  
on video, photo  
Gos 5 + photo



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## COMPLETE RESULTS FOR FINALS

## Men's Long Jump

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
1	Mike Cory	AzusaPacific	7.10m 23'03.50 10
-	Scott Whirry	Unattached	6.90m 22'07.75 Exh
2	Bryan Clay	AzusaPacific	6.73m 22'01.00 8
3	Mike Sullivan	Claremont-MS	6.62m 21'08.75 6
4	Jeremy Bodenhammer	AzusaPacific	6.54m 21'05.50
5	Kurt Weilman	UW-BauClaire	6.45m 21'02.00 4
6	Brandon Jaeger	UW-BauClaire	6.31m 20'08.50 2
7	Tom Kirby	UW-BauClaire	6.24m 20'05.75
8	Jereheme Urban	Trinity	6.19m 20'03.75 1
9	Jason Stanley	Williams	6.15m 20'02.25
10	Tyler Cassaway	George Fox	6.13m 20'01.50
11	Dwight Ho-Sang	Williams	6.01m 19'08.75
12	Zach Davidson	George Fox	5.98m 19'07.50
13	Nate Obenhoffer	UW-BauClaire	5.89m 19'04.00
14	Chris Ulmo	Trinity	5.83m 19'01.50
15	Matt Norquist	AzusaPacific	5.79m 19'00.00
16	Chris Harrell	AzusaPacific	4.69m 15'04.75

## Men's Triple Jump

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
1	Jeff Bergstrom	UW-BauClaire	13.34m 43'09.25 10
2	Pat Rlfelt	Claremont-MS	13.33m 43'09.00 8
3	Travis Nagunst	Claremont-MS	12.87m 42'02.75 6
4	Dwight Ho-Sang	Williams	12.52m 41'01.00 4
5	Mike Sullivan	Claremont-MS	12.34m 40'06.00

## Men's Shot Put

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
1	Jesse Roberge	AzusaPacific	17.53m 57'06.25 10
2	Kels Farmer	Trinity	15.89m 52'01.75 8
3	Bob Blackstone	Williams	14.27m 46'10.00 6
4	Joel Strunk	George Fox	14.04m 46'00.75
5	John Dillard	Trinity	13.68m 44'10.75 2
6	Dave Pontes	Williams	13.67m 44'10.25 1
7	Ian Strauss	George Fox	13.55m 44'05.50
8	Aaron Rubin	Claremont-MS	13.43m 44'00.75
9	Bryan Clay	AzusaPacific	12.34m 40'06.00
10	Phil Martin	Claremont-MS	11.46m 37'07.25
11	Matt Norquist	AzusaPacific	11.45m 37'06.75
12	Mike Bioake	Williams	11.22m 36'09.75
13	Wyatt France	UW-BauClaire	11.13m 36'06.25

## Men's Shot Put (Continued)

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
14	Steve Wadleigh	Claremont-MS	9.78m 32'01.00

## Men's Discus Throw

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
1	John Dillard	Trinity	48.66m 159'08.00 10
2	Ian Strauss	George Fox	48.40m 158'09.00 8
3	Kels Farmer	Trinity	46.78m 153'06.00 6
4	Sam McMullen	AzusaPacific	45.88m 150'06.00 4
5	Aaron Rubin	Claremont-MS	43.64m 143'02.00 2
6	Bob Blackstone	Williams	40.60m 133'02.00 1
7	Dave Pontes	Williams	39.30m 128'11.00
8	Ryan Dawson	AzusaPacific	38.42m 126'00.00
9	Joel Strunk	George Fox	36.72m 120'06.00
10	Richard Chan	Williams	36.24m 118'11.00
11	Phil Martin	Claremont-MS	35.76m 117'04.00
12	Dan Riley	AzusaPacific	33.26m 109'01.00
-	Jesse Roberge	AzusaPacific	FOUL

## Men's Hammer Throw

Finals Results - Saturday 03/25/00			
PL	ATHLETE NAME	SCHOOL	MARK
1	Matt Campanelli	Williams	53.26m 174'09.00 10
2	Jesse Roberge	AzusaPacific	49.38m 162'00.00 8
3	Aaron Rubin	Claremont-MS	49.34m 161'10.00 6
4	Joel Strunk	George Fox	48.34m 158'07.00 4
5	Phil Martin	Claremont-MS	44.06m 144'07.00 2
6	Eric Kunze	George Fox	41.76m 137'00.00 1
7	Dan Riley	AzusaPacific	39.26m 128'10.00
8	Kels Farmer	Trinity	37.58m 123'03.00
9	Wyatt France	UW-BauClaire	37.48m 122'11.00
10	Ryan Dawson	AzusaPacific	33.14m 108'09.00
11	Steve Wadleigh	Claremont-MS	32.94m 108'01.00
12	Richard Chan	Williams	30.70m 100'09.00
13	Mike Bioake	Williams	30.26m 99'03.00
14	John Dillard	Trinity	29.94m 98'03.00

Claremont Mudd Scripps

Hy-Tek's MEET MANAGER

APU/George Fox/Trinity/Williams/UW-EC/CMS

Page 3

USTCA Meet

Fritz B Burns Stadium - Saturday March 25, 2000

## COMPLETE RESULTS FOR FINALS

Men's Javelin Throw

----- Finals Results - Saturday 03/25/00 -----

ATHLETE NAME	SCHOOL	MARK	PTS
1 Jonathon Roberts	George Fox	58.58m 192'02.00	10
2 Jim Orendorff	AzusaPacific	58.20m 190'11.00	8
3 Kels Farmer	Trinity	51.90m 170'03.00	6
4 Eric Kunze	George Fox	51.64m 169'05.00	4
5 Ryan Gibson	Claremont-MS	48.18m 158'01.00	2
6 Andy Steuernagel	UW-EauClaire	39.92m 131'00.00	1
7 Brandon Jaeger	UW-EauClaire	34.40m 112'10.00	
8 Dan Riley	AzusaPacific	34.12m 111'11.00	
9 Scott Carroll	AzusaPacific	34.08m 111'10.00	

\* PR to N.W. S. C. H. 2 N.P.W. Q

S. C. H. 2 N.P.W. Q



# SANTA BARBARA EASTER RELAYS - March 18, 2000

## WOMEN'S RESULTS

**KEY:**

Unatt: Unattached Competitor  
 CMS: Claremont-Mudd-Scripps  
 CHP: Chapman University  
 CU: Concordia University  
 GF: George Fox College  
 ND: College of Notre Dame  
 UR: University of Redlands  
 UCSB: U.C. Santa Barbara  
 VU: Vanguard University  
 WC: Westmont College

9. Susan Solley (CU)	6:01.20
10. Kimber Tolar (WC)	6:02.26
11. Jennifer Jones (CHP)	6:07.36
12. Amy Foss (CMS)	6:10.90
13. Marisa Merritt (GF)	5:56.80 6:13.18 5:32
14. Liz Cresio (UR)	6:13.52
15. Katie DeFriesc (CHP)	6:18.76
16. Enica Rogers (UR)	6:23.32
17. Renee Jordan (UR)	6:28.16
18. Jenny Kucera (CU)	6:33.67

**JAVELIN**

1. Lori Miller (GF)	124-2
2. Anna Koza (UR)	108-1
3. Lyndsay Meskimen (CMS)	97-6
4. Kristen Jorge (CMS)	88-7
5. Perla Sanchez (UR)	85-10
6. Jennifer Rodgers (WC)	74-10
7. Annita Reuben (UCSB)	70-8
8. Lara Lovelace-Makin (CMS)	54-0

**LONG JUMP**

1. Jody Bailey (Unatt.)	17-10
2. Indurc Odamtten (CMS)	17-7 1/2
3. Janay Ramos (WC)	16-9 1/2
4. Adrienne Farrington (WC)	16-9
5. Amber Breck (WC)	16-2
6. Debroah Samson (UCSB)	15-11
7. Jocelyn Kennedy (GF)	15-11
8. Kelsey Baron (GF)	15-10 #
9. Elana Popovsky (CMS)	15-5 1/2
10. Tanya Hanson (VU)	15-4
11. Amanda Brooks (CMS)	14-6 1/4
12. Wendy Rapp (UR)	14-0
13. Felicia Curry (UR)	13-6 3/4
14. Cristina Romero (UR)	13-3

**HAMMER**

1. Sarah DeGraw (CMS)	160-0
2. Jenna Endress (Unatt.)	159-5
3. Mary Kailihiwa (UCSB)	152-1
4. Larissa Godkin (UR)	147-4
5. Beth Foster (Unatt.)	136-10
6. Beckie White (WC)	105-6
7. Tammy Vavken (VU)	101-9
8. Meghan Medlin (UR)	86-1
9. Erin Simon (GF)	86-0 *

# 7 All-time

**MILE - EASTERN TRACK**

1. Tricia Mattson (CU)	4:57.92
2. Ali Pearson (UCSB)	5:01.32
3. Christa Fitzgerald (Unatt.)	5:16.22
4. Becca Baisch (WC)	5:19.77
5. Amanda Necochca (UCSB)	5:25.98
6. Karin Wisc (UCSB)	5:36.02
7. Angie Jacquez (CMS)	5:46.01
8. Kirsten Norgaard (GF)	5:57.97

5:29.80

5:47.10 For 1500 5:07.10 1500 PR

**SHOT PUT**

1. Beth Foster (Unatt.)	42-7
2. Sarah DeGraw (CMS)	38-8 1/4
3. Larissa Godkin (UR)	37-7 1/4
4. Sarah Roberts (CU)	35-0 1/2
5. Paige Lewis (GF)	34-0 3/4 *PR
6. Azar Khoshkbarie (UCSB)	33-1
Annita Reuben (UCSB)	33-1
8. Pam Longman (GF)	32-10 1/2 *PR
9. Jessica Nies (GF)	32-6 1/2 *PR
10. Beckie White (WC)	32-5 3/4
11. Tamy Vavken (VU)	31-2
12. Erin Simon (GF)	31-1
13. Jennifer Rodgers (WC)	27-6 3/4

**4 x 100 RELAY**

1. UCSB	48.94
2. Westmont	50.90
3. George Fox	51.67
4. CMS	51.71
5. Vanguard	53.06
6. Chapman	53.58

**TRIPLE JUMP**

1. Kim Scarfe (CMS)	36-10 1/2
2. Yana Shaw (Unatt.)	36-3
3. Janay Ramos (WC)	34-11
4. Elana Popsuskaya (CMS)	33-3 3/4
5. Tanya Hanson (VU)	32-8
6. Wendy Ruff (UR)	32-5
7. Melody Strauss (VU)	31-11 3/4
8. Cristina Romero (UR)	30-6 1/2
9. Felicia Curry (UR)	30-1 3/4
10. Heather Brizzi (VU)	28-7
11. Liz Di Nello (UR)	27-9

**POLE VAULT**

1. Deborah Samson (UCSB)	12-0
2. Heather Hunt (GF)	11-6 New
3. Allison Knode (WC)	11-0 Ck
4. Kyna Powers (CMS)	11-0 Record
5. Robyn Peverrell (UCSB)	10-0
6. Helena Telfer (GF)	9-6 tie PR
7. Sophie Donnelly (CMS)	8-6 H3 QIL
Darriann Baeder (VU)	8-6 time
Becky Freeman (UCSB)	8-6
Lacey Bivings (UR)	8-6

# SANTA BARBARA EASTER RELAYS - March 18, 2000

## WOMEN'S RESULTS

**POLE VAULT, cont.**

11. Heather Brizzi (VU)	8-0
12. Sarah Check (UR)	7-6
13. Liz Dincello (UR)	7-0
14. Monica Miller (UR)	6-6

**100 HURDLES**

1. Karrie Nelson (GF)	15.0
2. Sharon Barnett (GF)	15.0
3. Kyna Powers (CMS)	16.7
4. Nicole Garcia (WC)	16.7
5. Melody Strause (VU)	18.0
6. Darriann Baeder (VU)	18.2

**100**

1. Indira Odamttee (CMS) (+1.85)	12.4
2. Jodi Bailey (UCSB) (+2.41)	12.7
3. Jasmin Gokbilgin (CHP) (+1.85)	12.8
4. Jessica Francisco (ND) (+2.41)	13.1
5. Hillary Gallacher (WC) (+2.41)	13.1
6. Kelsey Baran (GF) (+1.85)	13.2
7. Heather Hunt (GF) (+2.41)	13.4
8. Alexie Hopkins (WC) (+2.41)	13.5
9. Mayali Arthur (CU) (+1.85)	13.6
10. Kennedy (GF) (+2.41)	13.6
Robyn Pererill (UCSB) (+2.41)	13.6
12. Cecilia Berggren (CHP) (+1.85)	13.7
13. MacKenzie (CHP) (+2.41)	13.7
14. Heidi Smith (GF) (+2.41)	14.0

**4 x 800 RELAY**

1. George Fox	9:30.83
2. UCSB	9:35.85
3. CMS	9:42.72
4. Concordia	10:03.42
5. Redlands	10:07.27

**400 HURDLES**

1. Lindsay Meskimen (CMS)	1:06.40
2. Nicole Garcia (WC)	1:12.24
3. Darriann Baeder (VU)	1:17.96

**HIGH JUMP**

1. Suzanne Smith (Unatt.)	5-6
2. Staci Nichols (UR)	5-4
3. Tanya Hanson (VU)	5-2
4. Amber Breck (WC)	5-0
5. Elena Popovskaya (CMS)	5-0
6. Melody Strauss (VU)	4-6

**5,000**

1. Rachel Lafady (CU)	18:01.3
2. Cristy Ide (CU)	18:31.4
3. Rebecca Paratte (WC)	19:04.6
4. Dina Panicci (ND)	20:13.7
5. Caitlin Elliot (UR)	20:22.5
6. Carrie Mooneyham (UCSB)	20:39.2
7. Betsy Peterson (CU)	21:11.5

8. Erin Kitt (CHP)	21:41.1
9. Rosie Ofstle (GF)	22:45.1
10. Kim Salehi (UR)	23:21.9

**DISTANCE MEDLEY RELAY**

1. George Fox	12:43.8
2. CMS	12:51.7
3. Westmont	13:00.7
4. UCSB	13:03.5
5. Redlands	13:31.7

**SPRINT MEDLEY RELAY**

1. CMS	1:50.1
2. Vanguard	1:54.1
3. Notre Dame	1:56.5
4. Westmont	1:59.3
5. George Fox	2:00.0
6. Chapman	2:02.3

**DISCUS**

1. Perla Sanchez (UR)	119-7
2. Sarah DeGraw (CMS)	119-4
3. Sarah Roberts (CU)	105-7
4. Tannay Vavken (VU)	101-3
5. Beckie White (WC)	99-11
6. Paige Lewis (GF)	97-11
7. Pam Longman (GF)	97-2
8. Larissa Godkin (UR)	95-7
9. Meghan Medlin (UR)	94-10
10. Judilee Marrow (WC)	94-8

**4 x 400 RELAY**

1. George Fox	4:08.42
2. Vanguard	4:09.05
3. George Fox "B"	4:17.04
4. Notre Dame	4:20.68
5. CMS	4:22.39
6. Westmont	4:24.69

AMERICAN	63.8*	NEISON	64.8 #
BARBICUS	64.2 #	TAYLOR	65.0 #
DAVIS	61.9 #	KENNEDY	65.3 *
HEURIGER	61.4	SMITH	63.1 #

## SANTA BARBARA EASTER RELAYS

MARCH 18<sup>TH</sup> 2000

## SANTA BARBARA CITY COLLEGE

## MEN'S RESULTS

**KEY:**

Unatt: Unattached Competitor  
 MS: Master's Division  
 CMS: Claremont-Mudd-Scripps  
 CU: Concordia University - Irvine  
 GF: George Fox College  
 ND: College of Notre Dame  
 UR: University of Redlands  
 UCSB: U.C. Santa Barbara  
 VU: Vanguard University  
 WC: Westmont College

**LONG JUMP**

1. Eric Kinnaird (ND)	22-1 1/2
2. Tyler Gassaway (GF)	20-9 1/2 # Season
3. Mike Sullivan (CMS)	20-8
4. Jeff Statumers (Unatt.)	19-9 3/4
5. Jason Grayeb (UR)	19-6
6. Ricky Higa (UR)	19-3 1/4
7. Anish Patel (UCSB)	19-1
8. Zach Davidson (GF)	19-0 1/Season
9. Matt Bessmer (UCSB)	18-2 1/2
10. Joel Ingraham (WC)	17-10 1/4

**HAMMER**

1. Chad Riddle (Unatt.)	163-9
2. Adam Cretti (Unatt.)	162-5
3. Aaron Rubin (CMS)	158-2
4. Joel Strunk (GF)	155-4 20 ft improvement
5. Paul Anderson (UCSB)	153-2
6. Nate Traxler (UCSB)	146-7
7. Luke Fendrick (UR)	141-5
8. Erick Kunze (GF)	137-8 PR
9. Phil Martin (CMS)	130-8
10. Mike Fleming (UR)	125-11
11. Andy Johnson (WC)	121-5

**TRIPLE JUMP**

1. Steve Miller (CMS)	45-6
2. Travis Nagunst (CMS)	41-6 1/2
3. Pat Elfelt (CMS)	41-2 3/4
4. Quiyon Verner (Unatt.)	40-8
5. Jason Grayeb (UR)	40-1 1/4
6. Anish Patel (UCSB)	39-11 3/4
7. Mike Sullivan (CMS)	39-11
8. Sean Lipscomb (UR)	38-1 1/4

**MILE**

1. Christien Hesch (Unatt.)	4:17.0
2. Kent Roberts (UCSB)	4:23.9
3. Darren Salmi (UCSB)	4:24.3
4. JT Service (UCSB)	4:26.5
5. Alix Taylor (Unatt.)	4:26.7
6. Mike Avellan (CU)	4:27.0

7. Pat Longhini (UCSB)	4:27.8
8. Noel Meador (WC)	4:28.3
9. Booker Tynes (UCSB)	4:31.3
10. Matt Barrcau (Unatt.)	4:35.5
11. Josh Nordell (UR)	4:38.95
12. Brandon Ruis (WC)	4:40.81
13. Ryan Austin (GF)	4:41.19
14. Scott Oswald (GF)	4:42.23
15. David Rodriguez (ND)	4:46.6
16. Silas Towne (GF)	4:48.4
17. Josh Nordell (UR)	4:48.81
18. Chris Guild (CU)	4:52.34
19. Greg Kenzter (ND)	4:47.02
20. Nathan Paisley (GF)	5:05.43
21. Zuck Henry (RU)	5:13.41
22. Bobby Callaway (ND)	5:50.17

**4 x 100 RELAY**

1. UCSB	42.86
2. Redlands "A"	45.30
3. Redlands "B"	47.31

**3,000 STEEPLECHASE**

1. Brandon Workman (GF)	9:37.0
2. Michael Owen (GF)	9:54.8
3. John Mantalas (GF)	10:04.8
4. Forrest Towne (GF)	10:34.0
5. David Lee (WC)	10:47.7

**4 x 800 RELAY**

1. CMS	7:49.11
2. UCSB	7:50.87
3. Westmont	8:08.69
4. UCSB "B"	8:26.10
5. CMS "B"	8:43.64
6. UCSB "C"	9:07.8

**JAVELIN**

1. Dustin Emter (UCSB)	203-0
2. John Smith (Unatt.)	197-4
3. George Wheeler (WC)	181-10
4. Jonathon Roberts (GF)	177-4
5. Erick Kunze (GF)	163-7
6. Aaron Shires (UR)	156-9
7. Ryan Gibson (CMS)	151-4
8. Andy Johnson (WC)	149-7
9. David Afman (W)	145-8
10. Casey Apao (UR)	144-9
11. Tim Mahoney (UCSB)	143-10
12. Randy Smith (VU)	142-2
13. Chase Schaeffer (UR)	133-3
14. Brian Daly (CU)	127-2
15. Tim Horning (UR)	120-9
16. Tobias Brace (UR)	120-6



**110 HIGH HURDLES**

1. Rich Benoy (Unatt.)	13.6
2. Travis Nagunst (CMS)	15.2
3. Ryan Gibson (CMS)	15.8
4. Zach Davidson (GF)	CQ + PR 15.9 * A
5. Jeff Stanners (Unatt.)	16.4
6. Caleb Harris (GF)	PR 17.2 *
7. Chris Gordon (VU)	17.3

**HIGH JUMP**

1. Kevin Weaver (UCSB)	7-0
2. Eric Kinnaird (ND)	6-8
3. Jayson Grayeb (UR)	6-2
4. Pat Elfelt (CMS)	6-0
5. Jeff Stanners (Unatt.)	6-0
6. Brandon Little (UR)	6-0
7. Mike Galindo (UR)	5-10
8. Quiyon Verner (Unatt.)	5-8

**SHOT PUT**

1. Bruce Hockliss (CU)	50-1 1/4
2. Ian Strauss (GF)	48-6
3. Nate Traxler (UCSB)	47-9 1/4
4. Joel Strunk (GF)	PR 49 all-time 45-3 1/2 * A
5. Aaron Rubin (CMS)	44-9 3/4
6. Luke Fendrick (UR)	43-1
7. Andy Johnson (WC)	42-10 3/4
8. Juan Navarro (UR)	39-9 3/4
9. Geoff Bradshaw (Unatt.)	39-4
10. Mike Fleming (UR)	38-5 1/2
11. Phil Martin (CMS)	35-4 1/4
12. Simon Herrera (ND)	31-10 3/4

**100 (all times wind aided)**

1. Joe Wright (Unatt.)	10.5
2. Damien Dawson (UCSB)	10.6
3. Kendall Grant (CMS)	10.8
4. Tyler Cassaway (GF)	PR CO 10.9 * A
5. Steve Miller (CMS)	10.9
6. Zach Davidson (GF)	PR CO 11.0 * A
7. Steve Grove (CMS)	11.3
8. Steve Martin (GF)	PR 11.3 *
9. Brian Schreiber (UR)	11.3
10. Casey Apao (UR)	11.4
11. Phil Rupprecht (Unatt.)	11.5
Jeff Stanners (Unatt.)	
13. Justin Brousears (CU)	11.6
14. Mike Sullivan (CMS)	11.6
15. Ronnie Smithey (UR)	11.9
16. Neil Cantrall (GF)	12.1
Chase Schater (UR)	12.1
18. Ricky Higa (UR)	12.2
19. Scott Neumann (Unatt.)	12.4
20. Chris McCombs (CU)	13.6

**400 HURDLES**

1. Baruti Armstrong (UCSB)	55.51
2. Steve Grove (CMS)	55.80
3. Bryan Bartlett (UR)	59.16
4. Caleb Harris (GF)	PR 1:01.94 *

5. Chris Gordon (VU)	1:02.78
6. Ryan Gibson (CMS)	1:04.90

**SPRINT MEDLEY RELAY**

1. Mike Miller Club	3:31.6
2. George Fox (Cantrall)	3:49.7
3. Redlands	4:07.4

**DISCUS**

1. Ian Straus (GF)	162.1 * A
2. John Smith (Unatt.)	142-3
3. Chad Riddle (Unatt.)	137-2
4. Aaron Rubin (CMS)	134-8
5. Chris Chirgwin (Unatt.)	133-1
6. Kevin Howard (UCSB)	130-0
7. Tobias Brace (UR)	128-3
8. Tim Horning (UR)	121-1
9. Joel Strunk (GF)	119-7
10. Andy Johnson (WC)	115-4
11. Bruce Hockliss (CU)	109-4
12. Luke Fendrick (UR)	108-1
13. Phil Martin (CMS)	107-0
14. Jeff Stanners (Unatt.)	94-1

**DISTANCE MEDLEY RELAY**

1. UCSB	10:18.04
2. CMS	10:28.57
3. Westmont	10:36.65
4. Unattached	10:37.09
5. CMS "B"	10:58.74
6. George Fox (Cantrall)	11:05.72
7. CMS "C"	11:08.04

**5000**

1. Dan Gaston (UCSB)	15:46.31
2. Frank Paclacios (ND)	15:58.72
3. Dave Saunders (Unatt.)	16:37.77
4. Berrie Mahlberg (CMS)	16:54.25

**4 x 400 RELAY**

1. CMS	3:25.11
2. Westmont	3:26.02
3. Redlands	3:36.03
4. UCSB	3:40.31

**POLE VAULT**

1. Creed Stary (Surfside A.C.)	16-6
2. Pat Turner (UCSB)	15-0
3. Matt Burnett (CMS)	14-6
4. Matt Bessmer (UCSB)	14-6
5. Mike Hogan (Unatt.)	14-6
6. Brooks Morris (Unatt.)	14-0
7. Max Lishansky (UCSB)	14-0
8. Geoff Bradshaw (Unatt.)	14-0
9. Warren Lanier (Surfside A.C.)	13-4
10. Joel Ingraham (WC)	13-4
11. Brandon Drake (UR)	12-8
12. Aaron Routon (GF)	12-0
13. Jeff Stanners (Unatt.)	12-0

# GFU T/F 2000 PERFORMANCE CHART (WOMEN)

A -- NWC qualifying mark  
 B -- NW Regional qualifying mark  
 C -- NCAA-III National qualifying mark  
 D -- NCAA III Provisional  
 (....) -- Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
 a2-2/12 Oregon City AC  
 b-2/26/00 NWC Relays @ GFU  
 c-3/4/00 Linfield Icebreaker  
 d-3/11/00 NWC 4-Way @ L/C  
 e-3/18/00 Easter Relays @ Santa Barbara  
 f-3/18/00 Western Oregon Inv.  
 g-3/25/00 D-III Challenge at CMS, Ca  
 h-4/1/00 Willamette Open  
 i-4/8/99 NWC 5-Way @ GFU  
 j-4/14/00 GFU Distance Carnival  
 k-4/15/00 Linfield All-Corners  
 l-4/17-18/00 NWC Combined @ PLU  
 m-4/22/00 L & C Open  
 n-4/29/00 Linfield Open  
 o-4/29/00 Oregon Invite  
 p-5/5-6/00 NWC Championhips @ GFU  
 q-5/13/99 NW Regional Inv. @ L&C  
 r-5/24-26/99 NCAA-III Nats @ Naperville, Ill.

	A	B	C	D
<b>HJ</b>	<b>(5-0.5 / 5-3 / 5-6.5 / 5-4.5)</b>			
5-00	(5-05)	Angie Powell (4)		b
4-10	(5-04.25)	Amy Forbes (3)		b
	(4-06)	Heidi Smith (2)		
	(5-01.75)	Karrie Nelson (4)		

	A	B	C	D
<b>PV</b>	<b>(7-6.5 / 9-0.25 / --- / 9-5.25)</b>			
10-08	(11-09.75)	Heather Hunt (3)	b	ABC
8-00	(9-06)	Helena Telfer (1)	b	A

	A	B	C	D
<b>LJ</b>	<b>(16-5.5 / 17-0 / 18-7.75 / 18-1)</b>			
15-06.5	(17-08.25)	Kelsey Baron (1)	b	
15-02.5	(16-00.5)	Heidi Smith (2)	b	
14-10.5	(16-09.50)	Jocelyn Kennedy (4)	b	
12-07.5	(12-07.5)	Nicola Murphy (3)	b	
	(15-04.25)	Colleen Forbes (2)		
	(14-11.75)	Amy Forbes (3)		
	(14-11.5)	Sarah Powell (2)		
	(14-09.75)	Kerrie Nelson (4)		

	A	B	C	D
<b>TJ</b>	<b>(34-3 / 36-0 / 38-2 / 36-11)</b>			
	(37-04.75)	Jocelyn Kennedy (4)		
	(37-02.25)	Kelsey Baron (1)		
	(36-05)	Heidi Smith (2)		
	(33-07.75)	Colleen Forbes (2)		
	(32-11)	Amy Forbes (3)		

	A	B	C	D
<b>SHOT</b>	<b>(34-11 / 38-4 / 43-5 / 42-1.5)</b>			
32-07.75	(31-10)	Pam Longman (3)	b	
31-11.5	(33-08.5)	Erin Simon (1)	b	
31-02	(32-04.5)	Jessica Nies (3)	b	
26-08.25	(26-08.25)	Paige Lewis (2)	b	
	(37-11.25)	Marian Stevens (2)		
	(28-07.5)	Heidi Smith (2)		
	(30-08)	Sharon Barnett (4)		
	(21-11.5)	Karrie Nelson (4)		

	A	B	C	D
<b>DISCUS</b>	<b>(112-5 / 124-0 / 144-10 / 136-3)</b>			
106-10	(133-03)	Paige Lewis (2)	a	
104-11	(131-07)	Marian Stevens (2)	a	
87-10	(92-05)	Pam Longman (3)	b	
	(91-00)	Erin Simon (1)		
	(76-03)	Jessica Nies (3)		

	A	B	C	D
<b>HAMMER</b>	<b>(124-10 / 130-0 / 156-8 / 146-4)</b>			
	(100-05)	Marian Stevens (2)		

	A	B	C	D
<b>JAVELIN</b>	<b>(111-10 / 124-8 / 140-9 / 128-0)</b>			
110-06	(123-07)	Lori Miller (2)	b	
82-06	(98-02)	Pam Longman (3)	b	
	(105-08)	Heidi Smith (2)		
	(106-02)	Tori Taylor (2)		
	(111-06)	Angie Powell (4)		
	(88-00)	Erin Simon (1)		

	A	B	C	D
<b>100</b>	<b>(12.96 / 12.84 / 12.16 / 12.36)</b>			
	(12.55)	Sharon Barnett (4)		
	(13.43)	Colleen Forbes (2)		
	(13.81)	Sarah Powell (2)		
	(13.82)	Jocelyn Kennedy (4)		
	(13.91)	Heidi Smith (2)		
	(14.76)	Lori Miller (2)		

	A	B	C	D
<b>200</b>	<b>(26.86 / 26.54 / 25.11 / 25.37)</b>			
30.46i	(28.75)	Sarah Powell (2)	a	
	(26.14)	Sharon Barnett (4)		
	(27.44)	Christina Davis (2)		
	(28.24)	Jessica Adams (2)		
	(28.35)	Amy Forbes (3)		
	(28.40)	Karrie Nelson (4)		
	(28.42)	Heidi Smith (2)		
	(28.68)	Jocelyn Kennedy (3)		
	(29.09)	Tori Taylor (2)		
	(29.45)	Colleen Forbes (2)		

	A	B	C	D
<b>400</b>	<b>(63.28 / 61.14 / 57.04 / 57.84)</b>			
	(60.24)	Ember Brosius (3)		
	(60.34)	Christina Davis (2)		
	(60.34)	Jessica Adams (2)		
	(62.14)	Mimi VanHooser (1)		
	(61.34)	Megan Heuberger (1)		
	(62.44)	Heather Hunt (3)		
	(62.74)	Kelsey Baron (1)		
	(63.24)	Shannon Larson (1)		

	A	B	C	D
<b>800</b>	<b>(2:22.91 / 2:20.54 / 2:13.94 / 2:15.84)</b>			
2:37.25i	(2:37.25)	Jessica Adams (2)	a	
	(2:17.86)	Jamie McElwain (3)		
	(2:21.24)	Tori Taylor (2)		
	(2:22.84)	Megan Heuberger (1)		
	(2:23.24)	Shannon Larson (1)		
	(2:26.24)	Ember Brosius (3)		
	(2:26.24)	Mimi VanHooser (1)		
	(2:27.29)	Marisa Merritt (3)		
	(2:30.77)	Karrie Nelson (4)		
	(2:40.24)	Kirsten Norgaard (2)		

	A	B	C	D
<b>1500</b>	<b>(4:54.42 / 4:50.24 / 4:38.74 / 4:43.34)</b>			
4:55.24i	(5:04.94)	Ember Brosius (3)	a	
5:17.24i	(5:15.32)	Kirsten Norgaard (2)	a	
	(4:53.26)	Jamie McElwain (3)		
	(4:55.24)	Shannon Larson (1)		
	(4:54.24)	Tori Taylor (1)		
	(5:00.04)	Marisa Merritt (3)		
	(5:33.24)	Rosie Ofstie (2)		

	A	B	C	D
<b>3000</b>	<b>(10:42.74 / 10:35.24 / 10:208.54 / 10:15.24)</b>			
10:59.54	(10:48.24)	Tori Taylor (2)	b	
12:34.34	(11:58.84)	Rosie Ofstie (2)	b	
	(10:35.96)	Marisa Merritt (3)		
	(10:58.24)	Shannon Larson (1)		
	(11:11.80)	Jamie McElwain (2)		
	(11:19.25)	Kirsten Norgaard (2)		

	A	B	C	D
<b>5000</b>	<b>(19:19.49 / 18:45.24 / 17:37.54 / 18:05.54)</b>			
	(18:50.44)	Marisa Merritt (3)		
	(20:11.78)	Jamie McElwain (3)		
	(21:18.21)	Rosie Ofstie (2)		

	A	B	C	D
<b>10k</b>	<b>(42:40.30 / 42:00.24 / 37:10.74 / 38:07.44)</b>			
	(47:04.90)	Rosie Ofstie (2)		

	A	B	C	D
<b>100m HURDLES</b>	<b>(16.20 / 16.24 / 14.68 / 15.20)</b>			
	(14.57)	Sharon Barnett (4)		
	(14.89)	Karrie Nelson (4)		
	(16.74)	Megan Heuberger (1)		
	(16.99)	Tori Taylor (2)		
	(17.57)	Heidi Smith (2)		

	A	B	C	D
<b>400m HURDLES</b>	<b>(69.11 / 67.54 / 63.34 / 64.84)</b>			
	(64.13)	Karrie Nelson (4)		
	(65.41)	Sharon Barnett (4)		
	(67.74)	Megan Heuberger (1)		
	(68.98)	Tori Taylor (2)		
	(46.5hs)	Kelsey Baron (1)		

	A	B	C	D
<b>HEPTATHLON</b>	<b>(none / none / 4250 / 4050)</b>			
	(3562)	Tori Taylor (2)		
	(3445)	Heidi Smith (2)		

	A	B	C	D
<b>4 x 100</b>	<b>(TOP 8 / none / 48.04 / 49.24)</b>			
52.85		C. Forbes, Heuberger, Davis,		b

	A	B	C	D
<b>4 x 400</b>	<b>(TOP 8 / none / 3:53.44 / 3:56.94)</b>			
4:14.14		Nelson, Heuberger, McElwain, Adams		b

	A	B	C	D
<b>4 x 4 SPLITS</b>				
66.2	(63.8-LO)	Nelson		b
	(60.1-LO)	Adams		
	(61.7-LO)	Davis		
	(63.9-LO)	A. Forbes		
	(63.2-LO)	Hunt		
	(65.8-LO)	Barnett		
	(69.5-LO)	McElwain		

	A	B	C	D
62.1	(59.5)	Heuberger		b
62.6	(62.2)	Adams		b
63.0	(60.3)	McElwain		b
-	(59.5)	Barnett		
	(60.2)	Davis		
	(61.5)	Nelson		
	(61.8)	Baron		
	(61.9)	Hunt		
	(62.3)	Taylor		
	(63.4)	A. Forbes		
	(63.4)	Smith		
	(66.1)	Merritt		
	(66.9)	C. Forbes		
	(70.5)	S. Powell		

<b>A = NWC Qualifying Mark</b>
<b>B = NW Regionals Qualifying Mark</b>
<b>C = NCAA Automatic Qualifying Mark</b>
<b>D = NCAA Provisional Qualifying Mark</b>

# GFU T/F 2000 PERFORMANCE CHART (MEN)

A -- NWC qualifying mark  
 B -- NW Regional qualifying mark  
 C -- NCAA-III National qualifying mark  
 D -- NCAA III Provisional  
 (....) -- Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
 a2-2-12-00 Oregon City AC  
 b-2/26/00 NWC Relays @ GFU  
 c-3/4/00 Linfield Icebreaker  
 d-3/11/00 NWC 4-Way @ L/C  
 e-3/18/00 Easter Relays @ Santa Barbara  
 f-3/18/00 Western Oregon Inv.  
 g-3/25/00 D-III Challenge at CMS, Ca  
 h-4/1/00 Willamette Open  
 i-4/8/99 NWC 5-Way @ GFU  
 j-4/14/00 GFU Distance Carnival  
 k-4/15/00 Linfield All-Corners  
 l-4/17-18/00 NWC Combined @ PLU  
 m-4/22/00 L & C Open  
 n-4/29/00 Linfield Open  
 o-4/29/00 Oregon Invite  
 p-5/5-6/00 NWC Championhips @ GFU  
 q-5/13/99 NW Regional Inv. @ L&C  
 r-5/24-26/99 NCAA-III Nats @ Naperville, Il

**HJ** A B C D  
(6-2.25 / 6-6.75 / 6-10.75 / 6-7)  
 (6-04) Scott Greene (3)  
 5-00 (5-04.25) Ty Taylor (4) b

**PV** (13-2.25 / 14-1.25 / 15-8.25 / 15-2.25)  
 11-00 (13-06) Aaron Routon (4) b  
 11-00 (12-06) Keith Christiansen (1) b  
 (9-06) Ty Taylor (4)

**LJ** (21-5.25 / 21-10 / 23-7.5 / 23-2)  
 (21-02) Zach Davidson (1)  
 (21-01.5) Tyler Gassaway (3)  
 (19-06) Keith Christiansen (1)  
 (19-06) Scott Greene (3)  
 (17-03.75) Ty Taylor (4)

**TJ** (41-5.25 / 44-0 / 47-4.25 / 46-6)  
 (41-06) Keith Christiansen (1)

**SHOT** (43-9.25 / 46-9 / 54-4.5 / 51-2.25)  
 44-09.5 (42-10) Joel Strunk (3) b A  
 43-04 (47-11.50) Ian Strauss (4) a2  
 37-02.75 (41-07.25) Ty Taylor (4) b  
 28-08.5 (28-08.5) Dave Kilian (2) b

**DISCUS** (134-8 / 140-0 / 167-4 / 154-7)  
 141-00 (155-00) Ian Strauss (4) a2 AB  
 106-02 (133-05) Ty Taylor (4) c  
 (121-09) Joel Strunk (3)

**JAVELIN** 172-9 / 180-5 / 198-8 / 187-0  
 178-05 (196-11) Ty Taylor (4) c A  
 171-11 (183-11) Jon Roberts (4) c A  
 (187-00) Eric Kunze (4)  
 (182-0hs) Tevin Taylor (1)

**HAMMER** (140-0 / 160-9 / 181-10 / 164-0)  
 138-08 (121-10) Joel Strunk (4) c  
 125-08 (136-02) Eric Kunze (4) c  
 (92-11) Ian Strauss (4)

**DECATHLON** (none / none / 6291 / 6100)  
 (5300-hs) Tevin Taylor (1)

**100** (11.25 / 11.04 / 10.61 / 10.76)  
 11.90 (11.90) Steve Martin (3) c  
 12.22 (12.22) Kevin Whitaker (1) c  
 13.22 (13.22) Beau Jacoby (1) c  
 (10.75) David Plotts (4)  
 (11.04) Eric Costa (2)  
 (11.54) Beau West (3)  
 (11.64) Zach Davidson (1)  
 (11.70) David Lovejoy (4)  
 (12.03) David Kilian (2)  
 (13.19) Ty Taylor (4)

**200** (22.87 / 22.44 / 21.53 / 21.72)  
 23.99 (23.99) Steve Martin (3) c  
 24.41 i (24.41) Scott Greene (3) a  
 24.61 (23.34) David Lovejoy (4) c  
 26.65 (26.65) Beau Jacoby (1) c  
 (21.63) David Plotts (4)  
 (22.48) Beau West (3)  
 (23.21) Tyler Gassaway (3)  
 (24.11) Dave Kilian (2)  
 (24.44) Zach Davidson (1)

**400** (51.91 / 49.64 / 48.04 / 48.44)  
 50.71 (50.73) David Plotts (4) c A  
 (48.94) Eric Costa (2)  
 (49.84) Tyler Gassaway (3)  
 (50.47) Zach Davidson (1)  
 (51.06) Steve Willmer (2)  
 (51.48) Nick Ryland (1)  
 (51.74) Kevin Whitaker (1)  
 (52.01) Beau West (2)  
 (52.24) David Lovejoy (4)  
 (53.54) Keith Christiansen (1)  
 (58.41) Ty Taylor (4)

**800** (2:00.54 / 1:56.04 / 1:51.84 / 1:52.74)  
 2:05.21 (2:05.34) Michael Owen (1) c  
 2:06.58 (2:02.83) Nick Ryland (1) c  
 2:10.47 i (2:10.47) Tyler Gassaway (3) a  
 2:11.91 (2:11.91) Tevin Taylor (1) c  
 (1:55.60) Steve Willmer (2)  
 (1:55.95) John Mantalas (4)  
 (1:58.09) Ryan Austin (2)  
 (1:58.29) Brandon Workman (4)  
 (2:00.19) Bryan Thompson (3)  
 (2:01.14) Zach Davidson (1)  
 (2:02.14) Silas Towne (1)  
 (2:05.84) Kevin Whitaker (1)  
 (2:08.34) Forrest Towne (2)  
 (2:10.24) Scott Oswald (4)  
 (2:17.01) Nathan Paisley (2)  
 (2:19.82) Phil Jess (3)

**1500** (4:09.52 / 4:00.24 / 3:51.84 / 3:56.24)  
 4:13.70 (4:17.00) Michael Owen (1) c  
 4:26.24 i (4:07.03) John Mantalas (4) a  
 4:34.60 (4:16.94) Silas Towne (1) c  
 (3:58.16) Brandon Workman (4)  
 (4:06.28) Bryan Thompson (3)  
 (4:21.04) Scott Oswald (4)  
 (4:25.74) Forrest Towne (2)  
 (4:52.83) Ty Taylor (4)  
 (4:58.14) Nathan Paisley (2)

**3000** (not contested)  
 8:40.68 i (8:40.68) Steve Wilmer (2) a  
 8:50.64 i (8:42.35) Brandon Workman (4) a  
 9:08.44 (9:07.09) John Mantalas (4) b  
 9:28.24 (9:30.34) Forrest Towne (2) b  
 9:29.44 (9:45.64) Scott Oswald (4) b  
 10:13.24 (11:20.54) Nate Paisley (2) b  
 (9:10.24) Bryan Thompson (3)  
 (9:22.94) Michael Owen (1)  
 (10:06.24) Silas Towne (1)  
 (10:11.64) Phil Jess (3)

**5000** (15:55.67 / 15:20.24 / 14:41.74 / 14:57.04)  
 15:05.44 (14:51.55) Brandon Workman (4) c AB  
 17:27.91 (18:30.34) Nathan Paisley (2) c  
 (15:33.61) Bryan Thompson (3)  
 (15:40.80) John Mantalas (4)  
 (16:45.29) Forrest Towne (2)  
 (16:44.48) Scott Oswald (4)  
 (17:42.54) Phil Jess (3)

**10k** (33:52.64 / 33:30.24 / 31:01.04 / 31:24.74)  
 34:48.57 (36:05.10) Forrest Towne (2) c  
 34:58.09 (36:15.60) Scott Oswald (4) c

**110m HURDLES** (16.35 / 15.64 / 14.57 / 14.84)  
 17.77 (17.77) Zach Davidson (1) c  
 18.57 (18.57) Keith Christiansen (1) c  
 19.61 (19.61) Caleb Harris (3) c  
 (15.15-hs) Tevin Taylor (1)  
 (19.51) Ty Taylor (4)

**400m HURDLES** (58.72 / 56.04 / 53.14 / 53.84)  
 56.56 (56.56) Zach Davidson (1) c A  
 59.80 (59.80) Kevin Whitaker (1) c  
 61.32 (61.32) Keith Christiansen (1) c  
 62.62 (62.62) Caleb Harris (3) c  
 (57.31) David Kilian (2)  
 (39.91-hs) Tevin Taylor (1)

**3000m STPL** (9:59.85 / 9:42.24 / 9:12.44 / 9:20.64)  
 10:15.24 (10:31.93) John Mantalas (4) c  
 (9:18.35) Brandon Workman (4)  
 (9:26.20) Bryan Thompson (3)  
 (10:48.78) Forrest Towne (2)

**4 x 100** (none / none / 41.54 / 42.04)  
 45.03 Martin, Cantrall, Greene, Davidson b  
 45.71 Martin, Cantrall, Gassaway, Davidson c

**4 x 400** (none / none / 3:14.84 / 3:17.64)  
 3:23.65 Plotts, Gassaway, Whitaker, Davidson c  
 3:24.56 Plotts, Costa, Davidson, Gassaway b  
 3:44.55(B) Harris, Christiansen, Taylor, Lovejoy c

**4 x 4 SPLITS**  
 50.3 (49.0-LO) Plotts b  
 56.7 (56.7-LO) Harris c  
 (49.6-LO) Costa  
 (50.4-LO) Gassaway  
 (50.6-LO) West  
 (53.5-LO) Kilian  
 (54.5-LO) Austin

49.8 (49.7) Gassaway c  
 50.2 (50.6) Davidson c  
 52.0 (51.0) Whitaker c  
 52.8 (48.3) Costa b  
 53.3 (53.3) Christiansen c  
 56.0 (52.3) Lovejoy c  
 58.3 (56.9) Ty Taylor c  
 (49.7) Willmer  
 (50.3) Te Taylor  
 (51.4) West  
 (51.8) Kilian  
 (52.1) Plotts  
 (52.7) Austin  
 (53.4) Mantalas  
 (53.8) Workman  
 (55.0) Routon  
 (55.2) Thompson  
 (59.1) Paisley  
 (59.3) Oswald



NWC 6-Way Track Meet      Lewis & Clark College      March 11, 2000

Division: Men -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
1	Whitworth	203
2	George Fox	154.75
3	Linfield	150.5
4	Willamette	100
5	Lewis & Clark	82
6	Pacific	17.75

NWC 6-Way Track Meet      Lewis & Clark College      March 11, 2000

Division: Women -- Scoring after 19 of 19 events

----- Clerk of the Course™ (c)1993 Tournament Specialists -----

Place	Affiliation	Points
1	George Fox	193
2	Whitworth	185
3	Linfield	148
4	Lewis & Clark	69.5
5	Willamette	55
6	Pacific	46.5

At Eldon Fix Track  
Griswold Stadium  
Portland, Oregon  
Hosted by Lewis & Clark College



## 100m Dash, Women

## FINAL RESULTS

1. Melody Sherman (Linfield) 12.58; 2. Maile Barrett (Lewis & Clark) 12.71; 3. Alisha Simchuk (Whitworth) 13.13; 4. Kirtlye Lohof (Lewis & Clark) 13.40; 5. Sharon Barnett (George Fox) 13.47; 6. Lindsay Ogle (Willamette) 13.48; 7. Holly Knoll (Whitworth) 13.62; 8. Jamie Rydbom (Whitworth) 13.66; 9. Karen Robnett (Whitworth) 13.81; 10. Jessica Parker (Willamette) 13.82; 11. Corleen Forbes (George Fox) 13.91; 12. Vania Ito (Lewis & Clark) 13.95; 13. Rebecca Lucas (Pacific) 14.2; 14. Sarah Powell (George Fox) 14.35; 15. Kyla Kilantang (Willamette) 14.43; 16. Jessica Austin (Whitworth) 14.74;

## 200m Dash, Women

## FINAL RESULTS

1. Melody Sherman (Linfield) 26.00; 2. Maile Barrett (Lewis & Clark) 26.28; 3. Alisha Simchuk (Whitworth) 27.28; 4. Lindsay Ogle (Willamette) 27.61; 5. Christina Davis (George Fox) 27.81; 6. Kirtlye Lohof (Lewis & Clark) 27.90; 7. Leah Moore (Linfield) 28.21; 8. Lisa Taylor (Linfield) 28.42; 9. Jessica Parker (Willamette) 28.44; 9. Abby Jo Hornstein (Whitworth) 28.44; 11. Rebecca Lucas (Pacific) 28.89; 12. Holly Knoll (Whitworth) 29.00; 13. Karen Robnett (Whitworth) 29.17; 14. Jessica Austin (Whitworth) 30.24;

## 400m Dash, Women

## FINAL RESULTS

1. Amber Larsen (Linfield) 58.82; 2. Jessica Adams (George Fox) 1:00.66; 3. Natalie Flindt (Willamette) 1:03.57; 4. Lisa Taylor (Linfield) 1:04.96; 5. Abby Jo Hornstein (Whitworth) 1:05.45;

## 800m Run, Women

## FINAL RESULTS

1. Evelyn Williams (Willamette) 2:27.31; 2. Tori Taylor (George Fox) 2:27.86; 3. Elizabeth Abbey (Whitworth) 2:28.56; 4. Diana Huey (Whitworth) 2:29.80; 5. Julia Lucas (Whitworth) 2:32.72; 6. Laura Zenke (Whitworth) 2:35.20; 7. Jessica Alley (Whitworth) 2:43.55;

## 1500m Run, Women

## FINAL RESULTS

1. Jamie McElwain (George Fox) 4:59.27; 2. Tori Taylor (George Fox) 5:01.57; 3. Elizabeth Abbey (Whitworth) 5:02.45; 4. Julia Lucas (Whitworth) 5:04.04; 5. Anne Mockford (Willamette) 5:05.22; 6. Kirsten Norgaard (George Fox) 5:13.54; 7. Jessica Alley (Whitworth) 5:22.46;

## 3000m Run, Women

## FINAL RESULTS

1. Ember Brosius (George Fox) 10:31.29; 2. Annie Scott (Whitworth) 10:57.48; 3. Holly Weiler (Whitworth) 11:07.97; 4. Katie Scholtfeldt (Whitworth) 11:11.85; 5. Kari Newby (Linfield) 11:26.01; 6. Lisa Pohlit (Willamette) 11:40.27;

## 5000m Run, Women

## FINAL RESULTS

1. Annie Scott (Whitworth) 18:07.80; 2. Kim Ball (Pacific) 18:32.22; 3. Katie Scholtfeldt (Whitworth) 18:45.28; 4. Holly Weiler (Whitworth) 19:01.96; 5. Erin Moore (Willamette) 19:16.85; 6. Kari Newby (Linfield) 19:30.28; 7. Talia Epstein (Lewis & Clark) 20:13.57; 8. Kristin Crandall (Lewis & Clark) 20:30.80; 9. Rosie Ofstie (George Fox) 22:58.00;

## 100m Hurdles, Women

## FINAL RESULTS

1. Maile Barrett (Lewis & Clark) 14.97; 2. Karrie Nelson (George Fox) 15.76; 3. Katie McArthur (Linfield) 15.99; 4. Mandy Sitz (Linfield) 16.67; 5. Katie Nuechterlein (Whitworth) 17.18;

## 400m Hurdles, Women

## FINAL RESULTS

1. Amber Larsen (Linfield) 1:03.99; 2. Karrie Nelson (George Fox) 1:06.85; 3. Megan Heuberger (George Fox) 1:07.14; 4. Tansy Middag (Willamette) 1:08.94; 5. Katie McArthur (Linfield) 1:09.57; 6. Vania Ito (Lewis & Clark) 1:10.08; 7. Katie Nuechterlein (Whitworth) 1:14.86;



## 4x100m Relay, Women

## FINAL RESULTS

1. (Linfield) 49.86; 2. (Whitworth) 50.57; 3. (George Fox) 52.49; 4. (Lewis & Clark) 55.80;

## 4x400m Relay, Women

## FINAL RESULTS

1. (Linfield) 4:03.88; 2. (George Fox) 4:10.57; 3. (Whitworth) 4:26.83;

## High Jump, Women

## FINAL RESULTS

1. Laura Gibson (Linfield) 1.54 (5-00.5); 2. Amy Forbes (George Fox) 1.54 (5-00.5); 3. Angela Powell (George Fox) 1.54 (5-00.5); 4. Jessica Austin (Whitworth) 1.49 (4-10.5); 5. Karrie Nelson (George Fox) 1.44 (4-08.75); 6. Abby Jo Hornstein (Whitworth) 1.39 (4-06.75); 7. JJ Hurley (Willamette) 1.39 (4-06.75);

## Pole Vault, Women

## FINAL RESULTS

1. Heather Hunt (George Fox) 3.35 (10-11.75); 2. Kristin Russell (Linfield) 3.35 (10-11.75); 3. Helena Teller (George Fox) 2.89 (9-05.75); 4. Fiona Lee (Willamette) 2.74 (8-11.75); 5. Melanie Reinmuth (Pacific) 2.43 (7-11.5); 5. Christie Olsson (Lewis & Clark) 2.43 (7-11.5); 7. Erica Moen (Whitworth) 2.28 (7-05.75); 8. Mindy Perkins (Pacific) 2.13 (6-11.75); 9. Elizabeth Tiegs (Whitworth) 2.13 (6-11.75); 10. Lisa Bauman (Linfield) 1.98 (6-06.0);

## Long Jump, Women

## FINAL RESULTS

1. Jocelyn Kennedy (George Fox) 5.00 (16-04.75); 2. Mandy Sitz (Linfield) 4.87 (15-11.75); 3. Kelsey Baron (George Fox) 4.76 (15-07.25); 4. Christina Donehower (Lewis & Clark) 4.72 (15-05.75); 5. Colleen Forbes (George Fox) 4.64 (15-02.75); 6. Heidi Smith (George Fox) 4.58 (15-00.25); 7. Jessica Austin (Whitworth) 4.41 (14-05.5); 8. Jamie Rydbom (Whitworth) 4.34 (14-02.75); 9. Erica Moen (Whitworth) 4.30 (14-01.25); 10. Carolyn DeVries (Whitworth) 4.13 (13-06.5);

## Triple Jump, Women

## FINAL RESULTS

1. Jocelyn Kennedy (George Fox) 10.46 (34-04.0); 2. Mandy Sitz (Linfield) 10.39 (34-01.25); 3. Christina Donehower (Lewis & Clark) 10.38 (34-00.75); 4. Kelsey Baron (George Fox) 10.27 (33-08.5); 5. Heidi Smith (George Fox) 9.93 (32-07.0); 6. Colleen Forbes (George Fox) 9.86 (32-04.25); 7. Angela Powell (George Fox) 9.83 (32-03.0); 8. Jamie Rydbom (Whitworth) 9.64 (31-07.5); 9. Erica Moen (Whitworth) 9.21 (30-02.75);

## Shot Put, Women

## FINAL RESULTS

1. Angela Rosario (Pacific) 11.56 (37-11.25); 2. Mindy Bandy (Whitworth) 11.18 (36-08.25); 3. Nicole Marich (Whitworth) 10.92 (35-10.0); 4. Kasey Sorenson (Willamette) 10.88 (35-08.5); 5. Sarah Cotton (Pacific) 10.32 (33-10.25); 6. Lindsay Holbrook (Linfield) 10.21 (33-06.0); 7. Marian Stevens (George Fox) 10.18 (33-04.75); 8. Janna Vavra (Pacific) 10.07 (33-00.5); 9. Pamela Longman (George Fox) 9.86 (32-04.25); 10. Kelly Bradstreet (Linfield) 9.73 (31-11.25); 11. JJ Hurley (Willamette) 9.72 (31-10.75); 12. Erin Simon (George Fox) 9.26 (30-04.75); 13. Erin Tannock (Linfield) 9.13 (29-11.5); 14. Janelle Braun (Lewis & Clark) 9.11 (29-10.75); 15. Elysia Hanna (Whitworth) 8.93 (29-03.75); 16. Paige Lewis (George Fox) 8.26 (27-01.25); 17. Brooke Evans (Whitworth) 8.23 (27-00.0);

## Discus Throw, Women

## FINAL RESULTS

1. Elysia Hanna (Whitworth) 37.98 (124-07.0); 2. Lindsay Holbrook (Linfield) 36.58 (120-00.0); 3. Stacey Roberts (Whitworth) 35.92 (117-10.0); 4. Paige Lewis (George Fox) 34.42 (112-11.0); 5. Marian Stevens (George Fox) 33.78 (110-10.0); 6. Nicole Marich (Whitworth) 33.40 (109-07.0); 7. Sarah Cotton (Pacific) 32.46 (106-06.0); 8. Ruth Ann Heim (Pacific) 32.30 (106-00.0); 9. Angela Rosario (Pacific) 31.80 (104-04.0); 10. Pamela Longman (George Fox) 31.00 (101-08.0); 11. Heidi Fuhrmann (Pacific) 30.96 (101-07.0); 12. Danielle Swift (Whitworth) 30.74 (100-10.0); 13. Kasey Sorenson (Willamette) 29.52 (96-10.0); 14. Ann Kaltwasser (Pacific) 28.20 (92-06.0); 15. Erin Tannock (Linfield) 25.54 (83-09.0); 16. Shannon Tait (Linfield) 16.23 (53-03.0);



## Javelin Throw, Women

## FINAL RESULTS

1. Lori Miller (George Fox) 38.26 (125-06.0); 2. Danielle Swift (Whitworth) 36.02 (118-02.0); 3. Ann Kaltwasser (Pacific) 35.58 (116-09.0); 4. Nikki Thompson (Lewis & Clark) 32.72 (107-04.0); 5. Gail Wooten (Pacific) 32.20 (105-08.0); 6. Sukhee So (Willamette) 30.60 (100-05.0); 7. Brooke Evans (Whitworth) 30.36 (99-07.0); 8. Hayley Ronningen (Pacific) 29.10 (95-06.0); 9. Jennifer Cregg (Linfield) 27.76 (91-01.0); 10. Kirtlye Lohof (Lewis & Clark) 25.86 (84-10.0); 11. Kristen Merrill (Pacific) 25.86 (84-10.0); 12. Janna Vavra (Pacific) 23.52 (77-02.0); 13. Rebecca Lucas (Pacific) 18.61 (61-00.75);

## Hammer Throw, Women

## FINAL RESULTS

1. Lindsay Holbrook (Linfield) 45.64 (149-09.0); 2. Elysia Hanna (Whitworth) 39.38 (129-02.0); 3. Nicole Marich (Whitworth) 38.95 (127-09.0); 4. Heidi Fuhrmann (Pacific) 38.94 (127-09.0); 5. Janelle Braun (Lewis & Clark) 36.10 (118-05.0); 6. Erin Tannock (Linfield) 32.73 (107-04.0); 7. Stacey Roberts (Whitworth) 31.45 (103-02.0); 8. Sarah Warnock (Lewis & Clark) 26.49 (86-11.0); 9. Erin Simon (George Fox) 21.62 (70-11.25);

## 100m Dash, Men

## FINAL RESULTS

1. Bryce McDonnell (Whitworth) 11.16; 2. Joel Robnett (Whitworth) 11.19; 3. Chad Miyamoto (Whitworth) 11.27; 4. David Austin (Willamette) 11.42; 5. Andrew Rager (Linfield) 11.53; 6. Damon Foreman (Willamette) 11.56; 7. Dustin Sackett (Pacific) 11.57; 8. Matt Miller (Lewis & Clark) 11.57; 9. Marshall Ochi (Whitworth) 11.58; 10. John McDonald (Willamette) 11.74; 11. Steve Martin (George Fox) 11.86; 12. Tyson Raymond (Willamette) 11.90; 13. Greg Dubberke (Pacific) 12.02; 14. Josh Davis (Willamette) 12.03; 15. Russ Mecuf (Pacific) 12.09; 16. Justin Cooper (Willamette) 12.31; 17. Ruben Gomez (Willamette) 12.58; 18. Neil Cantrall (George Fox) 12.78; 19. Beau Jacoby (George Fox) 12.90; 20. Eduard Baba (Willamette) 13.04;

## 200m Dash, Men

## FINAL RESULTS

1. Joel Robnett (Whitworth) 22.60; 2. Chad Miyamoto (Whitworth) 22.90; 3. David Austin (Willamette) 23.23; 4. Dustin Sackett (Pacific) 23.36; 5. Marshall Ochi (Whitworth) 23.46; 6. Matt Miller (Lewis & Clark) 23.52; 7. Tyson Raymond (Willamette) 23.92; 8. Ryan Boatsman (Linfield) 24.34; 9. David Lovejoy (George Fox) 24.41; 10. Josh Davis (Willamette) 24.83; 11. Russ Mecuf (Pacific) 24.86; 12. Michael Jackson (Lewis & Clark) 24.88; 13. Nicholas Ryland (George Fox) 24.89; 14. Danny Kezele (Whitworth) 25.28; 15. Peter Boyle (Pacific) 25.38; 16. Tanner Hamlett (Lewis & Clark) 25.57; 17. Robert Plotts (Linfield) 25.62; 18. Beau Jacoby (George Fox) 26.26;

## 400m Dash, Men

## FINAL RESULTS

1. David Plotts (George Fox) 49.39; 2. Leo Suzuki (Whitworth) 49.45; 3. Tyler Gassaway (George Fox) 50.21; 4. Josh Pasma (Whitworth) 51.39; 5. Eric Costa (George Fox) 53.00; 6. Adhem Heidelberger (Willamette) 53.42; 7. Michael Jackson (Lewis & Clark) 53.93; 8. Nicholas Ryland (George Fox) 54.25; 9. Nate Miller (Linfield) 54.58; 10. Jonathan Cooper (Willamette) 54.92; 11. Tim Reilly (Pacific) 55.46; 12. Dave Biglen (Pacific) 56.46; 13. Tanner Hamlett (Lewis & Clark) 57.01; 14. Jesse Walker (Pacific) 57.6; 15. Danny Kezele (Whitworth) 57.64;

## 800m Run, Men

## FINAL RESULTS

1. Brandon Workman (George Fox) 1:58.63; 2. Campbell White (Whitworth) 1:59.65; 3. Michael Semenza (Willamette) 1:59.79; 4. Pieter Voskes (Linfield) 1:59.93; 5. Joey Janota (Willamette) 2:01.13; 6. Neil Weare (Lewis & Clark) 2:02.30; 7. Adam Hoesly (Whitworth) 2:04.33; 8. Brent Lord (Linfield) 2:04.48; 9. Todd Goselin (Whitworth) 2:05.34; 10. Doug Christ (Pacific) 2:06.26; 11. Jon Houk (Whitworth) 2:06.53; 12. Nick Kitzerow (Lewis & Clark) 2:06.62; 13. Silas Towne (George Fox) 2:07.18; 14. Adam Thornton (Whitworth) 2:10.52; 15. KC Dameron (Whitworth) 2:10.55; 16. Javier Martinez (Lewis & Clark) 2:11.78; 17. Erik Brucker (Whitworth) 2:12.17; 18. Ben Robinson (Whitworth) 2:15.23; 19. Nathan Paisley (George Fox) 2:16.10;

## 1500m Run, Men

## FINAL RESULTS

1. Brandon Workman (George Fox) 4:06.6; 2. Neil Wearre (Lewis & Clark) 4:06.8; 3. Anthony Hager (Willamette) 4:15.8; 4. Adam Thornton (Whitworth) 4:19.3; 5. Nick Kitzerow (Lewis & Clark) 4:21.2; 6. Ben Robinson (Whitworth) 4:22.0; 7. Russ Cutchell (Pacific) 4:24.0; 8. Erik Brucker (Whitworth) 4:24.7; 9. Steve Holman (Willamette) 4:25.7; 10. Nathan Paisley (George Fox) 4:39.8; 11. Kenan Butler (George Fox) 4:49.5;

## Steeplechase, Men

## FINAL RESULTS

1. Gabe Doebler (Linfield) 9:36.15; 2. Brian Schoeneman (Lewis & Clark) 10:10.46; 3. Todd Goselin (Whitworth) 10:16.76; 4. Jon Houk (Whitworth) 10:22.31; 5. Peter Metcalf (Whitworth) 10:23.93; 6. Andrew Cody (Lewis & Clark) 10:42.74;

## 5000m Run, Men

## FINAL RESULTS

1. Anthony Young (Lewis & Clark) 15:42.66; 2. John Mantalas (George Fox) 15:48.16; 3. Josh Sherven (Whitworth) 15:49.91; 4. Nate Gushwa (Willamette) 15:50.78; 5. Gabe Doebler (Linfield) 15:54.11; 6. Andrew Ault (Lewis & Clark) 15:55.82; 7. Justin Davis (Whitworth) 16:22.24; 8. Derek Oldham (Lewis & Clark) 16:27.59; 9. Peter Metcalf (Whitworth) 16:40.23; 10. Andrew Cody (Lewis & Clark) 16:47.62; 11. Clark Hoogesteger (Pacific) 17:00.19; 12. John Purdy (Pacific) 17:48.19;

## 110m Hurdles, Men

## FINAL RESULTS

1. Navin Fernandes (Whitworth) 15.29; 2. Paul Colby (Willamette) 15.50; 3. Fritz Mesenbrink (Linfield) 16.03; 4. Randy Rider (Linfield) 16.07; 5. Josh Smith (Willamette) 16.20; 6. Toby Dean (Willamette) 16.92; 7. Spencer Stiglets (Whitworth) 16.97; 8. Zach Davidson (George Fox) 17.22; 9. Loran Joseph (Lewis & Clark) 17.23; 10. Keith Christiansen (George Fox) 17.51; 11. Matt Kaemingk (Whitworth) 18.37; 12. Ty Taylor (George Fox) 21.03;

## 400m Hurdles, Men

## FINAL RESULTS

1. Zach Davidson (George Fox) 56.75; 2. Navin Fernandes (Whitworth) 56.99; 3. Andrew Rager (Linfield) 58.47; 4. Kevin Whitaker (George Fox) 58.78; 5. Ben Bunfill (Whitworth) 59.48; 6. Ryan Powell (Linfield) 59.59; 7. Keith Christiansen (George Fox) 59.91; 8. Spencer Stiglets (Whitworth) 1:01.55; 9. Loran Joseph (Lewis & Clark) 1:02.02; 10. Aaron Cloud (Whitworth) 1:02.97;

## 4x100m Relay, Men

## 43.28 FINAL RESULTS

1. (Whitworth) 42.23; 2. (George Fox) 42.28; 3. (Linfield) 44.19; 4. (Lewis & Clark) 46.21;

## 4x400m Relay, Men

## FINAL RESULTS

1. (Whitworth) 3:22.79; 2. (George Fox) 3:26.15; 3. (Linfield) 3:33.50; 4. (Willamette) 3:33.88; 5. (Lewis & Clark) 3:42.01; 6. (Pacific) 3:49.20;

## High Jump, Men

## FINAL RESULTS

1. Reid Schooler (Lewis & Clark) 1.89 (6-02.25); 2. Fritz Mesenbrink (Linfield) 1.89 (6-02.25); 3. Marques Johnson (Willamette) 1.89 (6-02.25); 4. Mike Bernatz (Willamette) 1.84 (6-00.5); 5. Matt Zosel (Willamette) 1.79 (5-10.5);

## Pole Vault, Men

## FINAL RESULTS

1. Brent Sagnotti (Linfield) 4.58 (15-00.25); 2. Ray Lions (Linfield) 3.66 (12-00.0); 2. Fritz Mesenbrink (Linfield) 3.66 (12-00.0); 2. Peter Boyle (Pacific) 3.66 (12-00.0); 2. Keith Christiansen (George Fox) 3.66 (12-00.0); 6. Aaron Baldwin (Whitworth) 3.66 (12-00.0); 7. Loran Joseph (Lewis & Clark) 2.74 (8-11.75);



## Long Jump, Men

## FINAL RESULTS

1. John Nosler (Linfield) 6.57 (21-06.75); 2. Kie Qmo (Whitworth) 6.40 (21-00.0); 3. Tyler Gassaway (George Fox) 6.29 (20-07.75); 4. Ray Lions (Linfield) 6.28 (20-07.25); 5. Quante Anderson (Whitworth) 6.08 (19-11.5); 6. Ryan Boatsman (Linfield) 5.97 (19-07.0); 7. Aaron Baldwin (Whitworth) 5.81 (19-00.75); 8. Zach Davidson (George Fox) 5.70 (18-08.25); 9. Jake Kienholz (Linfield) 5.52 (18-01.25); 10. Terrence Wong (Willamette) 4.76 (15-07.25); 11. Tony Cassinerio (Willamette) 4.63 (15-02.25);

## Triple Jump, Men

## FINAL RESULTS

1. Ryan Boatsman (Linfield) 13.35 (43-09.75); 2. Bo Bennett (Linfield) 13.03 (42-09.0); 3. Aaron Baldwin (Whitworth) 12.61 (41-04.5); 4. Fritz Mesenbrink (Linfield) 12.55 (41-02.25);

## Shot Put, Men

## FINAL RESULTS

1. Ian Strauss (George Fox) 14.79 (48-06.25); 2. Adam Dittman (Willamette) 14.08 (46-02.5); 3. Joel Strunk (George Fox) 13.78 (45-02.5); 4. Pat Halstead (Willamette) 13.67 (44-10.25); 5. Takashi Atkins (Whitworth) 13.48 (44-02.75); 6. Jeff York (Linfield) 13.15 (43-01.75); 7. Dan Reichenbach (Lewis & Clark) 12.64 (41-05.75); 8. Jason Caponette (Linfield) 12.50 (41-00.25); 9. Jon Abbey (Whitworth) 12.30 (40-04.25); 10. Justin Buckner (Linfield) 11.95 (39-02.5); 11. Ty Taylor (George Fox) 11.71 (38-05.0); 12. Ben Dittman (Linfield) 11.65 (38-02.75); 13. Clint Lacaden (Whitworth) 10.61 (34-09.75); 14. John Fletcher (George Fox) 10.32 (33-10.25); 15. Luke Speckman (Lewis & Clark) 9.93 (32-07.0); 16. Scott Avery (George Fox) 9.14 (30-00.0); 17. Ken Kozuma (Pacific) 8.37 (27-05.5); 18. Rodney Wood (Willamette) 12.47 (40-11.0);

## Discus Throw, Men

## FINAL RESULTS

1. Ian Strauss (George Fox) 42.80 (140-05.0); 2. Jon Abbey (Whitworth) 41.28 (135-05.0); 3. Matt Zosel (Willamette) 37.82 (124-01.0); 4. Ty Taylor (George Fox) 37.34 (122-06.0); 5. Pat Halstead (Willamette) 35.82 (117-06.0); 6. Dan Reichenbach (Lewis & Clark) 35.20 (115-06.0); 7. Jason Caponette (Linfield) 35.10 (115-02.0); 8. Justin Buckner (Linfield) 33.12 (108-08.0); 9. Joel Strunk (George Fox) 31.96 (104-10.0); 10. Jeff York (Linfield) 31.78 (104-03.0); 11. Clint Lacaden (Whitworth) 30.28 (99-04.0); 12. Luke Speckman (Lewis & Clark) 27.22 (89-04.0);

## Javelin Throw, Men

## FINAL RESULTS

1. Josh Mauer (Whitworth) 55.82 (183-02.0); 2. Jonathan Roberts (George Fox) 55.18 (181-00.0); 3. Ty Taylor (George Fox) 50.52 (165-09.0); 4. Ray Lions (Linfield) 48.40 (158-09.0); 5. Matt Greco (Linfield) 48.08 (157-09.0); 6. Eric Kunze (George Fox) 47.60 (156-02.0); 7. Aaron Thornton (Linfield) 46.80 (153-06.0); 8. Wolf Rudolph (Linfield) 44.32 (145-05.0); 9. Billy Alexander (Lewis & Clark) 43.82 (143-09.0); 10. JP Kloninger (Linfield) 42.44 (139-03.0); 11. Matt Kaemingk (Whitworth) 42.30 (138-09.0); 12. Carrett Fergus (Linfield) 41.78 (137-01.0);

## Hammer Throw, Men

## FINAL RESULTS

1. Dan Reichenbach (Lewis & Clark) 45.50 (149-03.0); 2. Takashi Atkins (Whitworth) 43.69 (143-04.0); 3. Joel Strunk (George Fox) 41.82 (137-02.0); 4. Eric Kunze (George Fox) 40.25 (132-01.0); 5. Jon Abbey (Whitworth) 38.36 (125-10.0); 6. Jeff York (Linfield) 34.72 (113-11.0); 7. Pat Halstead (Willamette) 34.40 (112-10.0); 8. Ben Dittman (Linfield) 34.28 (112-06.0); 9. Bobby Brown (Lewis & Clark) 34.18 (112-02.0); 10. Luke Speckman (Lewis & Clark) 24.33 (79-10.0);



## LINFIELD COLLEGE ICEBREAKER

Maxwell Field, McMinnville, Ore.

March 4, 2000

## MEN

## 100 -

Heat 1: 1. Mike Hinshaw, WOU, 10.81; 2. Tony Perkins, UNAT, 11.08; 3. Jeremy Peil, WOU, 11.25; 4. Nate Brissett, MHCC, 11.31; 5. Corey Sutton, WOU, 11.35; (tie) Mike Wheeler, UNAT, 11.35; 7. Jaye Wilder, Clack, 11.48.

Heat 2: 1. Aaron Buckendorf, Chem, 11.23; 2. Joel Alley, WOU, 11.33; 3. John Pickett, UNAT, 11.53; 4. Nick Swanegan, UNAT, 11.59; (tie) Jason Rice, WOU, 11.59; 6. Jerome Kingston, UNAT, 11.76; (tie) Luke Ehlis, CCS, 11.76.

Heat 3: 1. Reggie Kerney, MS, 11.51; 2. Evan Robbins, UNAT, 11.54; 3. Matt Miller, CCS, 11.61; 4. Trevor Edd, WOU, 11.67; 5. Kirk Tyner, Clark, 11.71; 6. David Stoddard, UNAT, 11.71; 7. Josh Manley, MHCC, 12.11.

Heat 4: 1. Antwaun Sherman, MS, 11.33; 2. Dana Navarro-Arias, UNAT, 11.49; 3. Mark Dreiling, WOU, 11.86; 4. Tony Valdez, UNAT, 11.89; 5. R.J. Mohoric, LCCC, 12.23; 6. Ian Long, Clark, 12.29; 7. Ryan Berry, CCS, 12.43.

Heat 5: 1. Madison Ceaser, MS, 11.60; 2. Steve Martin, GFU, 11.90; 3. Chad Peck, EOU, 12.07; 4. Joseph Kirk, LBCC, 12.14; 5. Aron Steinke, Clark, 12.17; 6. Robert Plotts, LIN, 12.57; 7. Jason Griffith, MHCC, 12.90.

Heat 6: 1. Trinh Le, LBCC, 12.15; 2. Kevin Whitaker, GFU, 12.22; 3. Paul Shkarovskiy, Clark, 12.75; 4. David Phillips, Cas, 12.85; 5. David Inman, Cas, 12.99; 6. Beau Jaccoby, GFU, 13.22. DNP: Dan Miller, NIC, DQ.

## 200 -

Heat 1: 1. Dante Betha, WOU, 22.45; 2. Joel Alley, WOU, 23.09; 3. David Lemen, Clack, 23.09; 4. Antwaun Sherman, MS, 23.12; 5. Evan Robbins, UNAT, 23.62; 6. Jaye Wilder, Clack, 23.86. DNP: Seth Morris, CCS.

Heat 2: 1. Ryan Hoyt, Clack, 23.17; 2. Reggie Kerney, MS, 23.37; 3. Madison Ceaser, MS, 23.44; 4. Ben Baker, EOU, 23.47; 5. Steve West, MHCC, 23.57; 6. Luke Ehlis, CCS, 23.94; 7. Chris Livermore, LBCC, 23.97.

Heat 3: 1. Kirk Tyner, Clark, 23.61; 2. Matt Miller, CCS, 23.85; 3. Scott Darland, UNAT, 24.11; 4. Joseph Kirk, LBCC, 24.31; 5. David Lovejoy, GFU, 24.61; 6. Ray Dandeneau, LBCC, 24.65; 7. Eric Konzelman, LBCC, 24.81.

Heat 4: 1. Shaun Michael, NIC, 24.29; 2. Josh McIntyre, WOU, 24.29; 3. Jesse Glessner, NIC, 24.52; 4. Jason Jurick, Clack, 24.59; 5. Shane Therrian, NIC, 25.06; 6. Devin O'Neal, MS, 25.19; 7. Ian Long, Clark, 25.29.

Heat 5: 1. Steve Martin, GFU, 23.99; 2. Javon Allen, WOU, 24.25; 3. Donie Joseph, EOU, 24.35; 4. Mike Bonadurer, Clack, 24.42; 5. Erik Bjornstad, WOU, 24.55; 6. Justin Kennedy, LBCC, 24.62; 7. John Davis, Clark, 25.32; 8. Paul Schkarovskiy, Clark, 25.85.

Heat 6: 1. Erik Anderson, Clack, 23.74; 2. Duston Sackett, PAC, 23.76; 3. Brian Hartley, EOU, 25.18; 4. Peter Boyle, PAC, 25.75; 5. Jason Griffith, MHCC, 26.11; 6. Beau Jaccoby, GFU, 26.65; 7. David Inman, Cas, 26.95; 8. Dan Miller, NIC, 27.35.

## 400 -

Heat 1: 1. David Richmond, WOU, 49.24; 2. Ryan Hoyt, Clack, 49.44; 3. Seth Morris, CCS, 50.61; 4. David Plotts, GFU, 50.71; 5. Ryan Bergere, CCS, 51.11; 6. Mike Lundsford, CCS, 51.51; 7. Jeff Schlecht, UNAT, 52.14.

Heat 2: 1. Jason Newton, WOU, 51.36; 2. Andy Kessinger, Clack, 51.79; 3. Ben Baker, EOU, 51.86; 4. Chris Livermore, LBCC, 52.22; 5. Ray Dandeneau, LBCC, 53.26; 6. Ray Castillo, Chem, 53.39.

**LINFIELD COLLEGE ICEBREAKER      Maxwell Field, McMinnville, Ore.      March 4, 2000****400 (Continued)**

Heat 3: 1. Chris McIntosh, WOU, 52.09; 2. Scott Darland, UNAT, 52.55; 3. Jesse Glessner, NIC, 53.15; 4. Erik Bjornstad, WOU, 53.56; 5. Bracan Williams, WC, 53.89; 6. Josh Lane, WC, 54.59; 7. Devin O'Neal, MS, 56.26.

**800 -**

Heat 1: 1. Stuart Chaffee, WOU, 1:57.95; 2. Kelan McKiernan, CCS, 1:58.38; 3. Erik Anderson, Clack, 1:58.65; 4. Will Driessen, UNAT, 1:59.35; 5. Josh Roys, CCS, 1:59.95; 6. Justin Nakamura, WOU, 2:00.29; 7. Pieter Voskes, LIN, 2:00.95; 8. Trevor Dodge, UNAT, 2:02.95; 9. Ryan Coleman, UNAT, 2:03.76.

Heat 2: 1. Paul Kezes, CCS, 1:58.74; 2. Dave Terry, EOU, 1:59.28; 3. Sean McLachlan, CCS, 2:02.45; 4. Nathaniel Shulz, Clark, 2:04.01; 5. Ryan Green, CCS, 2:04.62; 6. Dustin Waugh, MHCC, 2:04.68; 7. Jason Ostrowski, UNAT, 2:06.32; 8. Nick Faunce, UNAT, 2:07.32; 9. Marty Toohey, MHCC, 2:07.92.

Heat 3: 1. Andy Monhead, Clack, 1:59.97; 2. Curt Poole, Cas, 2:01.34; 3. Gary Nickelson, WOU, 2:03.31; 4. Mike Barbero, CCS, 2:04.88; 5. Todd Fayant, CCS, 2:06.45; 6. Will Vollstedt, UNAT, 2:06.75; 7. Dallas Kinch, EOU, 2:06.91; 8. John Klimek, PAC, 2:07.58; 9. Brian Potter, LBCC, 2:09.32. DNP: Kenny Wood, DNF.

Heat 4: 1. Michael Owen, GFU, 2:05.21; 2. Shawn Edgerly, NIC, 2:05.78; 3. Nicholas Ryland, GFU, 2:06.58; 4. James Shepard, NIC, 2:11.05; 5. Tevin Taylor, GFU, 2:11.91; 6. Kyle Hart, NIC, 2:12.08; 7. Mike McDonald, UNAT, 2:13.38; 8. Erik Kjall, CCS, 2:13.85; 9. Rick Engstrom, NIC, 2:16.32; 10. Eric Aleskus, MHCC, 2:22.19.

**1,500 -**

Heat 1: 1. Paul Kezes, Clack, 3:59.63; 2. Pat Valisto, UNAT, 4:02.24; 3. Scott Limbach, UNAT, 4:06.14; 4. Josh Piper, WOU, 4:06.47; 5. Andy Monhead, Clack, 4:06.61; 6. Jose Avalos, MIICC, 4:09.64; 7. Trevor Dodge, UNAT, 4:10.31; 8. Kenny Wood, UNAT, 4:13.01; 9. Dave Terry, EOU, 4:13.15; 10. Hector Osuna, Clack, 4:13.31; 11. Will Vollstedt, UNAT, 4:15.62; 12. Rosario Blanco, UNAT, 4:21.42.

Heat 2: 1. Jason Kunz, NIC, 4:13.50; 2. Michael Owen, UNAT, 4:13.70; 3. Dallas Kinch, EOU, 4:18.20; 4. Curt Poole, Cas, 4:18.40; 5. Shawn Edgerly, NIC, 4:20.70; 6. Scott Ball, BTC, 4:23.90; 7. James Shepard, NIC, 4:24.10; 8. Brent Lord, LIN, 4:25.0; 9. Jeremy Wedell, BTC, 4:27.70; 10. Arlo de Leon, Clark, 4:33.80; 11. Silas Towne, UNAT, 4:34.60; 12. Brian Hartley, EOU, 4:54.20.

**3,000 Steeplechase -**

1. Paul Low, 3KS, 9:32.0; 2. Todd Fayant, CCS, 9:46.0; 3. Tomm Johnson, Clack, 9:50.0; 4. Sean McLachlan, CCS, 9:55.0; 5. Ryan Mastropietro, Clack, 10:12.0; 6. John Mantalas, GFU, 10:15.0; 7. Iain Hunter, OSU, 10:30.0; 8. Aaron Long, WOU, 10:32.0; 9. Matthew Barreau, 3KS, 10:33.0; 10. Mike Barbero, CCS, 10:36.0;

11. Jim Satterfield, ATC, 12:28.0.

**5,000 -**

1. Brandon Workman, GFU, 15:05.44; 2. Paul Low, UNAT, 15:08.98; 3. Oliver Redig, MHCC, 15:15.16; 4. Jeremy Kirk, MHCC, 15:18.47; 5. Colden Baxter, OSU, 15:29.89; 6. Gabe Doebler, LIN, 15:32.73; 7. Jeremy Park, UNAT, 15:34.51; 8. Bill Dolan, Clark, 15:40.81; 9. Tim Riley, EOU, 15:42.18; 10. Andrew Wall, Clack, 15:43.15;

**LINFIELD COLLEGE ICEBREAKER      Maxwell Field, McMinnville, Ore.      March 4, 2000****5,000 (Continued)**

11. Noah Megowan, UNAT, 15:49.20; 12. James Corliss, UNAT, 15:59.06; 13. Jim Marlow, CCS, 16:05.01; 14. Lars Tysver, WC, 16:07.48; 15. Tim Brown, Clack, 16:10.66; 16. Brannon Forrester, OSU, 16:11.13; 17. Brett Franz, WOU, 16:11.82; 18. Chris Deulen, CCS, 16:20.81; 19. Jason Kunz, NIC, 16:42.57; 20. Monty Champoux, UNAT, 16:42.87;

21. Erik Bond, Clack, 16:43.99; 22. Carl Hoogesteger, PAC, 16:46.52; 23. David Moorhouse, UNAT, 16:51.29; 24. Russ Getchell, PAC, 16:57.11; 25. Matt Powell, Chem, 17:20.06; 26. Randy Faddis, UNAT, 17:21.25; 27. Nathan Paisley, GFU, 17:27.91.

DNF: Darren Bowe, PAC; Bill Raitter, UNAT; Todd Dietmeyer, UNAT.

**10,000 -**

1. Sergio Cabada, UNAT, 31:03.71; 2. Bill Raitter, 10K, 31:59.57.; 3. Greg Mitchell, 10K, 32:02.40; 4. Ahrlin Bauman, 10K, 32:24.75; (tie) Casey Jackson, WOU, 32:24.75; 6. Ryan Coordes, CCS, 33:00.22; 7. Ernesto Espinoza, CCS, 33:04.97; 8. Paul Davis, LIN, 33:17.16; (tie) Ben Gall, EOU, 33:17.16; 10. Matt Holcom, Clark, 33:53.84;

11. Ryan Parmenter, LBCC, 34:00.97; 12. Lars Tysver, WC, 34:26.95; 13. Forrest Towne, GFU, 34:48.57; 14. Chris Black, NIC, 34:56.64; 15. Scott Oswald, GFU, 34:58.09; 16. Jason Griffiths, Chem, 35:26.23; 17. Gideon Kiprotich, Cas, 35:26.41; 18. Richard Biy, UNAT, 36:17.34; 19. David Harding, UNAT, 36:51.72; 20. Ryan Gold, WC, 36:52.96;

21. Vince Rinehart, LIN, 39:46.40.

**110 Hurdles -**

Heat 1: 1. David Lemen, Clack, 15.44; 2. Randy Rider, LIN, 16.28; 3. Jeremy Fortner, WOU, 16.34; 4. M.J. Canady, Chem, 16.44; 5. Michael Morrison, CCS, 16.91; 6. Keith Gill, CCS, 18.05.

Heat 2: 1. Jim Chroninger, UNAT, 15.27; 2. David Stoddard, UNAT, 15.91; 3. Nate Brissett, MHCC, 15.94; 4. Curtis Parrish, CCS, 17.74; 5. Donie Joseph, EOU, 23.11. DNP: Brandon Conroy, WOU, DQ.

Heat 3: 1. Fritz Mesenbrink, LIN, 16.05; 2. Dana Navarro-Arias, UNAT, 16.42; 3. Ryan Wecker, WOU, 16.95; 4. David Michael, MHCC, 17.55; 5. David Phillips, Cas, 17.95; 6. Josh Pearson, EOU, 18.02; 7. Chad Peck, EOU, 18.42.

Heat 4: 1. Justin Kennedy, LBCC, 16.97; 2. Zach Davidson, GFU, 17.77; 3. Ty Volle, EOU, 18.24; 4. Sean Gabe, WOU, 18.47; 5. Keith Christiansen, GFU, 18.57; 6. Ray Lion, LIN, 19.51; 7. Caleb Harris, GFU, 19.61.

**400 Hurdles -**

Heat 1: 1. Ed Swartz, CCS, 54.73; 2. Curtis Parrish, CCS, 55.06; 3. Zach Davidson, GFU, 56.56; 4. David Stoddard, UNAT, 56.97; 5. Andrew Rager, LIN, 58.07; 6. Shane Scroggie, CCS, 59.83.

Heat 2: 1. Nathan Anderson, MHCC, 55.71; 2. Darrin Olson, OSU, 58.75; 3. David Michael, MHCC, 59.75; 4. Tyler Nitzke, MHCC, 59.85; 5. Keith Christiansen, GFU, 1:01.32.

Heat 3: 1. Michael Morrison, CCS, 57.80; 2. Leonard Ulrich, EOU, 59.73; 3. Ryan Vise, Clark, 59.77; 4. Kevin Whitaker, GFU, 59.80; 5. Ryan Powell, LIN, 1:00.97.

Heat 4: 1. Cassidy Beaver, LBCC, 1:00.52; 2. Caleb Harris, GFU, 1:02.62; 3. Ryan Anderson, LCCC, 1:03.22; 4. David Prins, WC, 1:05.56.

**Shot Put -**

1. Cory Loebel, UNAT, 47-7; 2. Chuck Chapin, UNAT, 47-6 1/2; Jesse Middleton, CCS, 43-7; 4. Brian Crawford, WOU, 43-5 1/2; 5. Sean Shull, CCS, 42-4 1/2; 6. Sam Vandagriff, UNAT, 41-3 1/2; 7. Jason Caponette, LIN, 41-3; 8. Cimeron Kormendi, Chem, 40-0; 9. Ryan Bruhn, Clark, 39-4.

**LINFIELD COLLEGE ICEBREAKER****Maxwell Field, McMinnville, Ore.****March 4, 2000****Discus -**

1. Brian Crawford, WOU, 156-7; 2. Cory Loeb, UNAT, 148-7; 3. David Gregory, WOU, 141-9; 4. Ben Snyder, UNAT, 140-3; 5. Ryan Bruhn, Clark, 139-3; 6. Brad Thompson, UNAT, 133-11; 7. Bryant Strot, MHCC, 133-5; 8. Cimeron Kormendi, Chem, 130-2; 9. Jason Calapp, CCS, 129-0; 10. Greg Gottfried, UNAT, 127-2;

11. Luke Franzke, WOU, 126-1; 12. Jake Nickerson, WOU, 124-7; 13. Chuck Chaplin, UNAT, 124-2; 14. Sean Shull, CCS, 122-9; 15. Joe Mason, WOU, 118-9; 16. Erik Kjall, CCS, 113-11; 17. Justin Buckner, LIN, 113-9; 18. Sam Vandagriff, UNAT, 110-6; 19. Jason Caponette, LIN, 106-5; 20. Ty Taylor, GFU, 106-2;

21. Dustin Ampania, Clark, 105-11; 22. Brian Hartley, EOU, 105-2; 23. Jesse Pierce, MHCC, 104-9; 24. Ryan Berry, CCS, 99-5; 25. Justin Kline, UNAT, 93-9; 26. James Stever, WOU, 90-1; 27. Jeff York, LIN, 89-8; 28. Jordon Abbott, Chem, 80-0; 29. Michael Morrison, CCS, 70-3.

**Javelin -**

Finals: 1. Charlie Beck, NIC, 201-3; 2. Joey McCain, Chem, 194-4; 3. Michael Rivers, UNAT, 191-6; 4. John Smith, BTC, 186-2; 5. Ty Taylor, GFU, 178-5.

Preliminaries: Travis Olson, UNAT, 186-5; Justin Scott, MHCC, 147-4; Jonathan Roberts, GFU, 171-11; John Sohlman, WOU, 168-11; J.P. Kloninger, LIN, 127-6; Gordon Hartung, UNAT, 155-8; Fritz Mesenbrink, LIN, 152-10; Dustin Ampania, Clark, 164-10; Jimmy Adamek, LIN, 149-3; Eric Schmitt, Chem, 134-11; Jared Tippets, UNAT, 168-7; Tyler Cox, WOU, 174-11; Ray Lions, LIN, 160-1; Ray Henschel, Chem, 170-7; Darren Gillenwater, WOU, 153-7; Garrett Fergus, LIN, 136-6; Chris Switzer, UNAT, 152-11; Ryan Bruhn, Clark, 163-10; Brent Sagnotti, LIN, 152-3; Eric Kjall, CCS, 104-2; Ryan McCracken, Clark, 119-7; Jeremy Vogel, UNAT, 125-9; Wolfgang Rudolf, LIN, 155-5; Matt Greco, LIN, 157-8; Dustin Larson, WOU, 141-5; Brad Thompson, UNAT, 182-7; Ryan Wecker, WOU, 148-8; Sam Vandagriff, UNAT, 139-0; Josh Randolph, LCCC, 133-2; Kenyon Elliot, UNAT, 126-11; Travis Elam, Clark, 146-8; Marten Roos, Clark, 133-4.

No Mark: Jamie Jansen, UNAT; Brandon Conroy, WOU; Luke Ehlis, CCS.

**Hammer -**

Finals: 1. Todd Taylor, UNAT, 176-3; 2. Luke Franzke, WOU, 164-11; 3. Aaron Coriell, Clark, 141-3; 4. Chuck Chapin, UNAT, 161-10; 5. David Gregory, WOU, 159-5; 6. Chad Riddle, UNAT, 159-4; 7. Ben Snyder, UNAT, 149-5; 8. Sean Shull, UNAT, 141-7; 9. Joel Strunk, UNAT, 138-8.

Preliminaries: Eric Kunze, GFU, 125-8; Bryant Strot, MHCC, 116-3; Nathaniel Grandle, UNAT, 131-7; Ryan Bruhn, Clark, 136-4; Eric Schmitt, Chem, 94-0; Joe Mason, WOU, 114-3; Jeff York, LIN, 98-4; Cory Loeb, UNAT, 104-5; Ben Dittman, LIN, 116-0; Jason Calapp, CCS, 121-7; Jake Nickerson, UNAT, 125-10; Jason Caponette, LIN, 121-5; Jesse Pierce, MHCC, 100-7.

NM: Cimeron Kormendi, Chem.

**High Jump -**

Finals: 1. Mike Bonadurer, Clark, 6-8; 2. Travis Olson, UNAT, 6-6; 3. David Lemen, Clark, 6-4; 4. Ryan Berry, CCS, 6-2; 5. Brandon Neff, NIC, 6-0; (tie) Fritz Mesenbrink, LIN, 6-0; (tie) Pat Ferguson, WOU, 6-0; 8. Travis Elam, Clark, 6-0; 9. Marten Roos, Clark, 6-0.

Preliminaries: Mike Jaqua, UNAT, 5-6; M.J. Canaday, Chem, 5-8; Robert Riley, LCCC, 5-6.

No Mark: Jerrad Ely, CCS; Peter Rockerfeller, CCS; Jerome Powell, WOU.

**LINFIELD COLLEGE ICEBREAKER      Maxwell Field, McMinnville, Ore.      March 4, 2000****Long Jump -**

1. Cory Wells, MHCC, 22-0 1/2; 2. Eric Konzelman, LBCC, 21-11 1/4; 3. Ryan Wecker, WOU, 21-9; 4. Wiley King Jr., MS, 21-8 1/2; 5. Jeremy Vogel, UNAT, 21-6 1/4; 6. Jamie Jansen, UNAT, 21-3 1/4; 7. John Nosler, LIN, 21-2 1/2; 8. Nate Anderson, MHCC, 20-9 1/2; 9. Ray Lions, LIN, 20-7; 10. Brian Kruse, WOU, 20-1 3/4;

11. Marten Roos, Clark, 20-1 1/4; 12. Joe Woodland, EOU, 19-10; 13. Ryan Boatsman, LIN, 19-9 3/4; 14. Aron Steinke, Clark, 19-0 3/4; 15. Tony Valdez, UNAT, 18-8 1/2; (tie) James Stever, WOU, 18-8 1/2; 17. Daniel Straw, WOU, 18-8; 18. Jason Jurick, Clack, 18-6 3/4; 19. Linn Syravong, UNAT, 18-5 1/4; 20. Josh Pearson, EOU, 17-11 1/2;

21. R.J. Mohoric, LCCC, 17-10 1/4; 22. Ryan McCracken, Clark, 17-8; 23. Ty Volle, EOU, 17-7 1/2; 24. Shane Therrian, NIC, 17-5; 25. Ty Taylor, GFU, 15-7 1/2; 26. Brandon Conroy, WOU, 15-7 1/4; 27. Brandon Neff, NIC, NM; 28. Dustin Larson, WOU, 18-4 1/2; 29. DNP: Jake Keinholtz, LIN, NM.

**Triple Jump -**

1. Kawan Martin, UNAT, 47-1; 2. Tyrone Wilson, MHCC, 45-11 1/2; 3. Travis Elam, Clark, 43-5 1/4; 4. Thomas Porter, Clack, 42-5; 5. Aron Steinke, Clark, 41-4 1/2; 6. Jeff Schindler, Clack, 40-1 1/2; 7. Joe Woodland, EOU, 39-10 3/4; 8. Daniel Straw, WOU, 38-9 1/2.

No Mark: Ryan Boatsman, LIN.

**Pole Vault -**

1. Brent Sagnotti, LIN, 16-0; 2. Curtis Heywood, UNAT, 16-0; 3. Matt Colyar, CCS, 14-6; 4. Greg Jordan, UNAT, 14-0; 5. Jim Chroninger, UNAT, 14-0; 6. Joe Getchius, NIC, 14-0; 7. Josh Cummings, Clack, 13-6.

NH: Paul Lapke, EOU; Josef Pfister, UNAT; Jon Stroschine, WOU; David Cross, UNAT; Aaron Routon, GFU; Ben White, MHCC; Chris Cockrell, NIC; John Stypa, NIC; Matt Muravez, Clack; Tyler Eikenberry, UNAT; Duston Sackett, PAC; Peter Boyle, PAC; Michael Ellingson, Chem; Richard Olsen, UNAT.

**4 X 100 Relay -**

Heat 1: 1. WOU A, 41.87; 2. WOU B, 42.94; 3. MHCC A, 42.97; 4. CCS, 44.11; 5. MHCC B, 44.24; 6. MTC, 44.91; DQ, Clack.

Heat 2: 1. MHCC C, 44.84; 2. UNAT, 44.88; 3. Clark, 45.38; 4. EOU, 45.68; 5. GFU, 45.71; 6. LIN, 45.88, DQ, Chem.

**4 X 400 Relay -**

Heat 1: 1. WOU A, 3:18.65; 2. WOU B, 3:22.95; 3. GFU A, 3:23.65; 4. CCS A, 3:24.25; 5. MHCC A, 3:26.25; 6. Clark A, 3:38.64.

Heat 2: 1. WOU C, 3:28.35; 2. CCS B, 3:29.38; 3. LIN, 3:31.92; 4. WOU D, 3:32.69; 5. MHCC B, 3:33.42; 6. MHCC C, 3:37.96; 7. CCS C, 3:38.69.

Heat 3: 1. EOU, 3:34.84; 2. WOU E, 3:42.28; 3. NIC, 3:42.55; 4. GFU B, 3:44.55; WC, 3:46.65; 6. Clark B, 3:48.95.

## LINFIELD COLLEGE ICEBREAKER

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## WOMEN

## 100 -

Heat 1: 1. Hilary Holly, UO, 12.64; 2. Heather Murtaugh, UO, 12.65; 3. Debra Jones, MS, 12.94; 4. Alexis Yeater, UO, 13.17; 5. Stacey Fitzgerald, MHCC, 13.44; 6. Rachel Austin, Clack, DQ.

Heat 2: 1. Daisy Pressley, CHEM, 13.17; 2. Teresa Soles, WOU, 13.34; 3. Amber Peck, MHCC, 13.47; (tie) Kiana Womack, WOU, 13.47; 5. Lisa Cortez, WOU, 13.54; 6. Dasha Wakefield, Clack, 13.71; 7. Jackie Bashaw, Chem, 13.91.

Heat 3: 1. Jennifer Swanstrom, NIC, 13.49; 2. Rochelle Diggins, Clark, 13.79; 3. Teresa Garner, Clark, 13.96; 4. Tenile McAlister, MHCC, 14.02; 5. Jaimee Brown, MHCC, 14.09; 6. Renee Smith, MHCC, 14.62.

Heat 4: 1. Cassie Moorhouse, Clack, 13.76; 2. Jennifer Jacobson, PAC, 13.86; 3. Rebecca Lucas, PAC, 14.16; 4. Heather Hunt, GFU, 14.30; 5. Sarah Powell, GFU, 14.53; 6. Ana Brooks, LCCC, 14.73.

## 200 -

Heat 1: 1. Melody Sherman, LIN, 26.04; 2. Debra Jones, MS, NT; 3. Rachel Johnson, CCS, 26.54; 4. Annie Poguc, UO, 27.34; 5. Erica Kelly, UO, 27.44; 6. Kiana Womack, WOU, 28.04.

Heat 2: 1. Daisy Pressley, CHEM, 26.91; 2. Jennifer Swanstrom, NIC, 27.27; 3. Kabbiba Wincher, MHCC, 27.57; 4. Rachel Austin, Clack, 27.64; 5. Cassie Moorhouse, Clack, 28.24; 6. Brooke Alexander, EOU, 28.27.

Heat 3: 1. Bernice Penn, UNAT, 27.40; 2. Jennifer Jacobson, PAC, 28.74; 3. Becky Holliday, UNAT, 28.80; 4. Tiffany Prinslow, CHEM, 28.90; 5. Kara Bentley, CAS, 28.97; Rebecca Lucas, PAC, 29.04; 7. Michaela Ryder, PAC, 29.60; 8. Jazzmin Reece, Clack, 29.61.

## 400 -

Heat 1: 1. Endia Abrante, UO, 58.26; 2. Melody Sherman, LIN, 59.26; 3. Alisa Worley, WOU, 1:01.30; 4. Allison Brown, UO, 1:03.67; 5. Kara Bentley, CAS, 1:06.34.

Heat 2: 1. Brooke Alexander, EOU, 1:01.30; 2. Renee Eder, CHEM, 1:02.14; 3. Kara Cozby, WOU, 1:04.27; 4. Amy Brima, MS, 1:04.41; 5. Rachel Pitchlynn, Clark, 1:05.77; 6. Lisa Taylor, LIN, 1:06.21.

## 800 -

Heat 1: 1. Alicia Carlson, UO, 2:20.40; 2. Taylor Stevenson, UO, 2:23.72; 3. Jamie McElwain, GFU, 2:24.18; 4. Celina Ingalls, CCS, 2:24.28; 5. Ember Brosius, GFU, 2:25.39; 6. Eryn Fordney, UO, 2:25.75; 7. Kendel White, UNAT, 2:26.69.

Heat 2: 1. Lindsay Roberson, Clark, 2:29.40; 2. Camille Van Hoozer, GFU, 2:31.39; 3. Jill Heinz, EOU, 2:33.09; 4. Sarah Meyer, NIC, 2:34.79; 5. Ellie Enos, WOU, 2:34.96; 6. Ashley Wisheart, NIC, 2:37.99; 7. Carri Jones, EOU, 2:45.94.

## 1,500 -

1. Nattalie Wright, UO, 4:47.31; 2. Ember Brosius, GFU, 4:51.84; 3. Kendel White, Clack, 4:55.25; 4. Amanda Sherland, UO, 5:00.29; 5. Ellie Enos, WOU, 5:04.09; 6. Paula Montoya, EOU, 5:14.63; 7. Amy King, UNAT, 5:15.10; 8. Jill Heinz, EOU, 5:16.90; 9. Andrea Galluzzo, OSU, 5:17.00; 10. Christina Scriven, UNAT, 5:18.64;

11. Carrie Lacey-Krietz, UNAT, 5:19.64; 12. Ashley Wisheart, NIC, 5:25.28; 13. Ariel Andrews, UNAT, 5:28.68; 14. Carri Jones, EOU, 5:36.02; 15. Michelle Parker, NIC, 5:36.59; 16. Tiffany Windsor, Clack, 5:40.73; 17. Kate Stockert, UNAT, 5:51.20.



## LINFIELD COLLEGE ICEBREAKER

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**3,000 -**

1. Sarah Raitter, UNAT, 10:21.42; 2. Wendy Bruneau, WS, 10:23.52; 3. Rebecca Moore, OSU, 10:34.76; 4. Ann Patten, UNAT, 10:46.31; 5. Jennie Wood, WC, 10:58.99; 6. Erin Gray, TCTC, 11:05.43; 7. Amelia Kinney, WOU, 11:08.73; 8. Katlin Lafferty, EOU, 11:10.10; 9. Emily Herndon, UNAT, 11:13.10; 10. Elisa Bobnes, WC, 10:13.90

11. Mandy Bates, Clack, 11:14.47; 12. Deann Dougherty, UNAT, 11:14.67; 13. Debbie McClanahan, UNAT, 11:21.04; 14. Stacy St. John, WC, 11:32.84; 15. Tyana Morales, Clack, 11:41.74; 16. Sarah Block, Clack, 11:43.24; 17. Kelsey Jones, EOU, 11:43.54; 18. Jessika Sill, CCS, 11:47.14; 19. Robin Vesey, UNAT, 11:47.04; 20. Amy Conant, EOU, 11:48.44; 21. Brooke Ralston, Clark, 12:01.64; 22. Michelle Parker, NIC, 12:19.34; 23. Rosalia Ramirez, MHCC, 12:21.54; 24. Mary Beth New, Clark, 12:23.84; 25. Cristy Campbell, UNAT, 12:26.34; 26. Michelle McNulty, NIC, 12:39.44; 27. Michelle Peck, Clark, 13:18.54; 28. Amander Wager, Clark, 14:09.74

**3,000 Steeplechase**

1. Tori Taylor, GFU, 11:51.20; 2. Wendy Bruneau, WS, 12:05.5; 3. Crystal Glenn, Clark, 12:19.1; 4. Lynn Gurney, WOU, 13:06.5.

**10,000 -**

1. Jennifer Rea, UNAT, 38:29.0; 2. Kim Ball, PAC, 38:39.0; 3. Lisa Dick, EOU, 39:45.0; 4. Kari Newby, LIN, 40:57.0; 5. Janel Falk, NIC, 41:35.0; 6. Jenni Hardie, Clack, 43:04.0; 7. Lotus Hartley, LIN, 43:18.0; 8. Kelly Bean, NIC, 44:28.0; 9. Destry Nelson, Clark, 46:23.0; 10. Rosie Ofstie, UNAT, 47:26.0;

11. Susan Holland, NIC, 47:58.0.

**100 Hurdles -**

Heat 1: 1. Chris Jansen, WOU, 15.58; 2. Katie McArthur, LIN, 16.31; 3. Karrie Nelson, GFU, 16.58; 4. Tiffany Prinslow, CHEM, 16.82; 5. Katherine L. Cook, WOU, 16.95; 6. Mandy Sitz, LIN, 17.08; 7. Carrie Hoburg, CCS, 17.48.

Heat 2: 1. Amy Henderson, NIC, 17.40; 2. Kati Knutson, NIC, 17.47; 3. Shannan Bartlett, CHEM, 18.10; 4. Jenifer Schwab, LBCC, 18.44; 5. Carrie Wales, WOU, 18.74; 6. Carly Shuman, CCS, 18.90; 7. Julie Lia Bratten, EOU, 19.44.

**400 Hurdles -**

Heat 1: 1. Amber Larsen, LIN, 1:04.96; 2. Megan Heuberger, GFU, 1:07.90; 3. Karrie Nelson, GFU, 1:09.94; 4. Carly Shuman, CCS, 1:13.61.

Heat 2: 1. Kati Knutson, NIC, 1:09.21; 2. Amanda Razey, CHEM, 1:12.25; 3. Heather Creech, WOU, 1:12.82; 4. Amy Henderson, NIC, 1:16.25; 5. Trina Resari, WC, 1:19.39.

**Shot Put -**

1. Mary Etter, UO, 47-7; 2. Nola Watts, UNAT, 40-9 1/2; 3. Rachelle Schultz, CCS, 38-0 1/2; 4. Dorthy Kerr, WOU, 37-8; 5. Holly Conrad, WOU, 37-6; 6. Lorna Defreest, UNAT, 37-3; 7. Rachel Haataja, LCCC, 37-2 1/2; 8. Krystal Schneider, 36-9; 9. Lindsay Horton, UNAT, 36-4 1/2.

**LINFIELD COLLEGE ICEBREAKER****Maxwell Field, McMinnville, Ore.****March 4, 2000****Discus -**

Finalists: 1. Mary Etter, UO, 159-5; 2. Jordan McDaniels, UO, 132-10; 3. Dorothy Kerr, WOU, 132-3; 4. Mari Ruiz, WC, 129-10; 5. Krystal Schneider, Clack, 119-3; 6. Criss Collier, EOU, 116-4; 7. Lindsay Holbrook, LIN, 116-0; 8. Rachel Haataja, LCCC, 113-9; 9. Danielle Better, Clark, 112-10.

Preliminaries: Kelly Webb, Clark, 99-7; Ruth Ann Heim, PAC, 107-3; Kathleen Hewitt, WOU, 97-6; Paige Lewis, GFU, 96-3; Kara Blagg, EOU, 94-7; Amber Pantages, CCS, 91-5; Kristie Bell, UNAT, 69-4; Kim Takeuchi, NIC, 97-2; Jaimi Lambert, CCS, 101-9; Stephanie Robertson, Clack, 74-6; Ann Kaltwasser, PAC, 93-10; Sarah Cotton, PAC, 94-4; Angela Rosario, PAC, 85-4; Erin Tannock, LIN, 71-9; Katie Dye, CCS, 105-10; Caitlyn Firth, UNAT, 107-9; Heidi Fuhrmann, PAC, 105-3; Lindsay Horton, UO, 102-7.

**Javelin -**

Finalists: 1. Cheryl Weingaiten, UO, 142-2; 2. Wendy Olson, UO, 136-0; 3. Jennifer Gardener, UNAT, 135-6; 4. Sara Dingmore, UO, 128-7; 5. Julie De Marni, NIC, 123-6; 6. Kellie Kathman, WOU, 119-9; 7. Kathleen Bigelow, MHCC, 112-7; 8. Gail Wootan, PAC, 112-3; 9. Holly Conrad, WOU, 107-11.

Preliminaries: Heather Revis, CHEM, 93-3; Chris Shively, CCS, 100-9; Kellie Kathman, WOU, 119-9; Jennifer Cregg, LIN, 96-0; Ann Kaaltwasser, PAC, 106-3; Kristyn Kholer, LBCC, 103-1; Pamela Longman, GFU, 72-6; Hayley Ronningen, PAC, 100-8; Jessica Fuqua, NIC, 97-0; Karina Elstrom, UO, 63-3; Tiffany Prinslow, CHEM, 76-7; Michaela Ryder, PAC, 53-2.

NM: Kristen Merrill, PAC.

**Pole Vault -**

1. Karina Elstrom, UO, 12-0; 2. Becky Holliday, UNAT, 10-6; 3. Dasha Wakefield, Clack, 10-0; 4. Heather Hunt, GFU, 10-0; 5. Tara Haga, WOU, 9-6; 6. Amy Mortensen, CCS, 9-6; 7. Helena Telfer, GFU, 8-6; 8. Katie Henes, WOU, 8-0; 9. Renee Smith, MHCC, 8-0; 10. Samantha Neal, CCS, 8-0;

11. Kathleen Bigelow, MHCC, 7-6; 12. Jaimi Lambert, CCS, 7-6; 13. Katie Dobek, LBCC, 7-6; 14. Katey Pohlschneider, WOU, NH; Holly Speight, UO, NH.

**Hammer**

Finalists: 1. Jordan McDaniels, UO, 157-0; 2. Heather Carpenter, LBCC, 156-6; 3. Leah Merrell, EOU, 155-9; 4. Mary Etter, UNAT, 149-7; 5. Heather Hill, UO, 153-3; 6. Lindsay Holbrook, LIN, 149-9; 7. Candace Ekhoff, WOU, 148-8; 8. Kate Jackson, WOU, 147-9; 9.

Preliminaries: Rachelle Schultz, CCS, 117-0; Heidi Fuhrmann, PU, 126-6; Lorna Defreest, UNAT, 143-3; Amanda Evey, WOU, 123-6; Criss Collier, EOU, 122-11; Anati Neiffer, WOU, 96-10; Kelly Webb, Clark, 103-8; Katelin Firth, UNAT, 104-0; Katie Dye, CCS, 88-8; Danielle Better, Clark, 121-0; Janice Hallyburton, UNAT, 123-3; Dawn Lauzon, Clark, 118-9; Jennifer Dunkin, WOU, 96-3; Kathleen Hewitt, WOU, 95-2; Kara Blagg, EOU, 85-3; Erin Tannock, LIN, 84-11; Shalese Borden, WOU, 113-1; Amber Pantages, CCS, 109-9; Kim Takeuchi, NIC, 111-6; Jessica Fuqua, NIC, 113-4; Lindsay Brisbin, UNAT, 107-6; Heather Revis, UNAT, 89-0.

**High Jump -**

1. Amy Forbes, GFU, 5-2; 2. Bernice Penn, UNAT, 5-0; 3. Angie Powell, GFU, 5-0; 4. Laura Gibson, LIN, 5-0; 5. Shannan Bartlett, CHEM, 4-10; 6. Jenny Eggers, UO, 4-10; (tie) Jennifer Schwab, LBCC, 4-10.

**LINFIELD COLLEGE ICEBREAKER      Maxwell Field, McMinnville, Ore.      March 4, 2000****Long Jump -**

1. Farrah McCubbin, WOU, 18-0 3/4; 2. Bernice Penn, UNAT, 17-9 1/4; 3. Lindsay Bull, WC, 17-3; 4. Stacey Fitzgerald, MHCC, 17-0; 5. Mandy Sitz, LIN, 16-6 1/2; 6. Charlene Postlewait, WOU, 16-4 3/4; 7. Erica Kelly, UO, 16-1 1/4; 8. Tenile McAlister, MHCC, 16-1; 9. Regan Zachrichsson, MHCC, 15-11 3/4; 10. Trista Christensen, EOU, 14-11 1/2; 11. Melissa Osbourn, WOU, 14-10 3/4; 12. Michelle Magnuson, LCCC, 14-10 1/4; 13. Whitney Bond, Clack, 14-7 1/2; 14. Danielle Booth, EOU, 14-6; (tie) Carrie Wales, WOU, 14-6.

**Triple Jump -**

Finalists: 1. Farrah McCubbin, UNAT, 36-2 1/2; 2. Kelsey Baron, GFU, 35-3; 3. Mandy Sitz, LIN, 34-4; 4. Rachel Johnson, CCS, 34-1; 5. Trista Christensen, EOU, 33-10 1/2; 6. Erica Kelly, OU, 33-7; 7. Michelle Magnuson, LCCC, 33-4; 8. Jocelyn Kennedy, GFU, 32 6 1/4; 9. Colleen Forbes, GFU, 32-3 1/2.

Preliminaries: Tiffany Leder, ITC, 32-0; Danielle Booth, EOU, 31-5;

**4 X 100 Relay -**

Heat 1: 1. UO, 48.37; 2. LIN, 50.04; 3. WOU, 50.67; 4. CHEM, 50.74; 5. GFU, 51.91; 6. EOU, 54.34.

Heat 2: 1. MHCC, 50.62; 2. Clark, 52.65; 3. CCS, 52.82; 4. GFU, 53.92; 5. Clack, DQ.

**4 X 400 Relay -**

Heat 1: 1. LIN, 4:04.70; 2. WOU, 4:08.67; 3. GFU, 4:13.17; 4. MHCC, 4:22.65; 5. NIC, 4:28.26

Heat 2: 1. Clark, 4:23.53; 2. EOU, 4:29.67; 3. WOU, 4:31.24; 4. WC, 4:46.96; DNF: PAC.

**TEAM ABBREVIATIONS**

Apex Track Club	ATC
Boxer Track Club	RTC
Bruin Track Club	BRTC
Cascade College	Cas
Chemeketa CC	Chem
Clackamas CC	Clack
Clark CC	Clark
CC of Spokane	CCS
Eastern Oregon	EOU
George Fox	GFU
Leder Track Club	ITC
Linfield College	LIN
Linn-Benton CC	LCCC
Lower Columbia CC	LCCC
McKenzie Striders	MS
Mt. Hood CC	MHCC
North Idaho College	NIC
Oregon International	OI
Oregon State	OSU
Oregon	UO
Pacific	PAC
Unattached	UNAT
Western Oregon	WOU
Whitman	WC
Willamette Striders	WS
3,000 Steeplechase Club	3KS
10,000 Track Club	10K

**2nd ANNUAL NORTHWEST CONFERENCE RELAYS**

at George Fox University

Saturday, Feb. 26, 2000, very wet, 43 degrees

**RESULTS****WOMEN****4x100 (PLU 48.52, 1999)**

1. PLU	50.82
(Ell, Willmovsky, Friedrich, Axley)	
2. L & C	51.28
3. Linfield	51.50
4. GFU "A"	52.89
5. Whitworth	52.89
6. GFU "B"	53.75
7. Pacific	53.79
8. GFU "C"	55.01

**4x400 1. PLU 4:03.67, 1999)**

1. Linfield	4:09.67
2. PLU "A"	4:11.24
3. GFU "A"	4:14.14
4. UPS	4:28.42
5. L & C	4:32.28
6. PLU "B"	4:37.12

**4x1600 (UPS 21:43.29, 1999)**

1. Whitworth	23:01.7
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**SMR (2-2-4-800) (PLU 4:18.81, 1999)**

1. Linfield	4:18.89
2. PLU	4:24.61
3. GFU	4:34.01

**DMR (1200-400-800-1600) (Willamette 12:42.25, 1999)**

1. UPS	12:39.50
(Patterson, Nelson, Sotelo, Boyle)	
2. GFU	12:55.43
3. PLU	13:08.61
4. Whitworth	13:32.30

**CO-ED 4 X 200 (GFU 1:39.28, 1999)**

1. Whitworth "A"	1:40.47
2. GFU "A"	1:40.49
3. PLU	1:42.32
4. GFU "B"	1:46.86
5. Pacific	1:47.01
6. Whitworth "B"	1:50.42

**THROWER'S 4x100**

1. Pacific	1:03.38
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**100 H (TEAM-PLU 32.41; IND-Osborne, PLU 15.17, 1999)**

1. Linfield	32.27
2. PLU	38.19

**Individuals**

1. Katie McArthur	Linfield	15.87
2. Kristie Brooks	Una	15.83
3. Mandy Sitz	Linfield	16.40
4. Emily Elasky	UPS	17.77
5. Anna Goodsell	Linfield	18.47
6. Lacy Helm	PLU	19.72

**3000M RUN (new event)**

1. Whitworth	22:44.7
2. Linfield	23:16.2
3. GFU	23:33.4
4. L & C	23:53.3

**Individuals**

1. Toli Taylor	GFU	10:59.3
2. Katie Schlotfeldt	Whitworth	11:08.8
3. Kari Newby	Linfield	11:29.1
4. Lisa Lindsay	PLU	11:29.8
5. Elizabeth Bailey	Whitworth	11:35.9
6. Andrea Prebys	Linfield	11:47.1
7. Talia Epstein	L & C	11:48.4
8. Kristin Crandall	L & C	12:05.2
9. Rosie Ofstie	GFU	12:34.1
10. Julie Meyer	UPS	13:11.9

**HJ (TEAM-Whitworth, 8-08.25, IND-Dillon, UPS, 5-03, 1999)**

1. GFU	9-10 MR
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**Individuals**

1. Sarah Dillon	UPS	5-00
2. Angie Powell	GFU	5-00
3. Kristie Brooks	PLU	4-10
4. Amy Forbes	GFU	4-10
5. Lori Rolf	PLU	4-08
6. Erica Moen	Whitworth	4-08
7. Michelle Ryder	Pacific	4-06

**VAULT (TEAM-UPS 17-07 IND-Wells, UPS, 10-01, 1999)**

1. GFU	18-08 MR
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**Individuals**

1. Kristin Russell	Linfield	11-04 MR
2. Heather Hunt	GFU	10-08
3. Helena Telfer	GFU	8-00
4. Erica Moen	Whitworth	7-08
5. Kelly Wright	PLU	7-08

**LJ (TEAM-PLU 32-03; IND-Osborne, PLU 17-05.25, 1999)**

1. GFU	30-09.75
2. Whitworth	27-11
3. PLU	26-02.75

**Individuals**

1. Kristie Brooks	Una	17-03.5
2. Mandy Sitz	Linfield	15-08.5
3. Kelsey Baron	GFU	15-06.5
4. Heidi Smith	GFU	15-02.5
5. Jocelyn Kennedy	GFU	14-10.5
6. Erin Haney	UPS	14-07
7. Laura Cobb	PLU	14-03.5
8. Abby Jo Hornstein	Whitworth	14-03
9. Caroline Davies	Whitworth	13-08
10. Nicola Murphy	GFU	12-07.5
11. Julie Miller	PLU	11-11.5

**TJ (TEAM-UPS 68-05; IND-Wells, UPS 34-05.75, 1999)**

1. PLU	57-02.5
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**Individuals**

1. Christina Donehower	L & C	34-03.5
2. Erin Haney	UPS	30-11
3. Laura Cobb	PLU	30-02
4. Nikki Sharp	PLU	27-00.5

**SHOT (TEAM-Whitworth, 66-01.75; IND-Stevens, GFU, Seelye, PLU and Gallagher, Ww, 33-08 '99)**

1. Pacific	66-06.75
2. GFU	64-07.25
3. Whitworth	62-01.25
4. Willamette	54-05.25

**Individuals**

1. Nichole Marich	Whitworth	34-04.25
2. Sarah Cotton	Pacific	34-01.50
3. Pam Longman	GFU	32-07.75
4. Lauri Duensing	Pacific	32-05.25
5. J.J. Hurley	Willamette	32-00.25
6. Lace Smit	UPS	32-00
7. Erin Simon	GFU	31-11.50
8. Jessica Nies	GFU	31-02
9. Tina Lohse	PLU	30-05.25
10. Kirstye Lohof	L & C	28-11.75
11. Abby Jo Hornstein	Whitworth	27-09
12. Paige Lewis	GFU	26-08.25
13. Laura Leineweber	Willamette	22-04.75

**2nd ANNUAL NORTHWEST CONFERENCE RELAYS**

at George Fox University

Saturday, Feb. 26, 2000, very wet, 43 degrees

**RESULTS****WOMEN****DISCUS (TEAM-Pacific, 211-08; IND-Stevens, GFU, 118-02, 1999)**

1. Whitworth	204-10	
2. Pacific	194-07	
3. GFU	177-09	
4. UPS	173-05	

**Individuals**

1. Elysa Hanna	Whitworth	111-08
2. Lindsey Holbrook	Linfield	104-07
3. Sara Cotton	Pacific	98-06
4. Ruth Ann Heim	Pacific	96-01
5. Marika Henderson	UPS	83-11
6. Nichole Marich	Whitworth	83-04
7. Heidi Fuhrmann	Pacific	92-11
8. Ann Kaltwasser	Pacific	82-07
9. Paige Lewis	GFU	89-11
10. Pam Longman	GFU	87-10
11. Lauri Duensing	Pacific	87-04
12. Kristen Emura	UPS	79-06

**JAVELIN (TEAM-Pacific, 235-03; IND-Kaltwasser, PU, 120-09, 1999)**

1. Whitworth	209-10	
2. Pacific	208-02	
3. UPS	201-01	
4. GFU	193-00	
5. Willamette	153-06	

**Individuals**

1. Danielle Swift	Whitworth	130-04
2. Anne Crace	UPS	114-09
3. Nikki Thompson	L & C	110-07
4. Lori Miller	GFU	110-06
5. Rochelle Weens	PLU	107-02
6. Ann Kaltwasser	Pacific	106-06
7. Gail Wooten	Pacific	101-08
8. Kristie Brooks	Una	100-05
9. Jennifer Clegg	Linfield	95-06
10. Hayley Ronningen	Pacific	89-04
11. Sarah Gross	UPS	88-04
12. Pam Longman	GFU	82-06
13. J.J. Hurley	Willamette	81-09
14. Abby Jo Hornstein	Whitworth	79-06
15. Laura Leinweber	Willamette	71-08
16. Kristen Merrill	Pacific	64-07
17. Kirtye Lohof	L & C	63-04
18. Michaela Ryder	Pacific	47-07

**HAMMER (TEAM-PLU, 292-04; IND-Seelye, PLU, 148-05, 1999)**

1. PLU	236-00	
2. Whitworth	233-10	
3. UPS	179-01	

**Individuals**

1. Lindsey Holbrook	Linfield	139-11
2. Heidi Fuhrmann	Pacific	128-01
3. Stacey Neils	PLU	123-07
4. Elysa Hanna	Whitworth	121-07
5. Caryn Flint	PLU	112-05
6. Nichole Marich	Whitworth	112-03
7. Tina Lohse	PLU	111-03
8. Lace Smith	UPS	99-03
9. Marika Henderson	UPS	79-10
10. Sarah Wamock	L & C	76-05



**2nd Annual NORTHWEST CONFERENCE RELAYS**

at George Fox University

Saturday, Feb. 26, 2000 - Very wet, 45 degrees

**RESULTS****MEN****4 x 100 (Whitworth, 43.43, 1999)**

1. Whitworth "A"	42.81 MR
(Miyamoto, McDonnell, Ochi, Robnett)	
2. PLU	43.82
3. GFU	45.03
4. Linfield	45.37
5. Whitworth "B"	46.02
6. Pacific	46.16
7. L&C	46.48
8. UPS	46.60

**4 x 400 (GFU, 3:22.44, 1999)**

1. Whitworth "A"	3:24.11
(Pasma, McDonnell, White, Suzuki)	
2. GFU	3:24.86
3. UPS "A"	3:30.32
4. PLU "A"	3:31.05
5. PLU "B"	3:34.22
6. Whitworth "B"	3:35.06
7. Linfield	3:35.96
8. Whitworth "C"	3:42.83
9. L&C	3:42.91
10. Pacific "A"	3:43.00
11. UPS "B"	4:00.61
12. Pacific "B"	4:05.90

**4 x 1600 (Willamette, 18:07.64, 1999)**

1. UPS "A"	18:22.62
2. PLU	18:54.05
3. GFU	19:06.86
4. Whitworth "A"	19:20.11
5. UPS "B"	19:43.93
6. Whitworth "B"	20:05.25

**5MR (2-2-4-800) (GFU, 3:34.31, 1999)**

1. Whitworth	3:36.54
(Miyamoto, Ochi, Suzuki, White)	
2. UPS "A"	3:45.65
3. PLU	3:48.35
4. GFU	3:50.44
5. L&C	3:51.82
6. Pacific	3:55.54
7. UPS "B"	4:18.20

**DMR (1200-400-800-1600) (GFU, 10:28.1 ht, 1999)**

1. UPS "A"	10:22.89 MR
(Grabner, Baldwin, Graham, Davis)	
2. PLU	10:23.79
3. GFU	10:31.23
4. Linfield	10:38.20
5. UPS "B"	10:55.35
6. Whitworth "A"	11:02.61
7. Whitworth "B"	11:29.25

**CO-ED 4 X 200 (GFU, 1:39.28, 1999)**

1. Whitworth "A"	1:40.47
(Simchuk, Knoll, Robnett, McDonnell)	
2. GFU "A"	1:40.49
3. PLU	1:42.32
4. GFU "B"	1:46.86
5. Pacific	1:47.01
6. Whitworth "B"	1:50.42

**THROWER'S 4x100**

1. Linfield	49.82
2. L&C	50.73
3. Whitworth	53.80

**110 H (TEAM-PLU, 31.14; IND-Ennis, PLU, 15.52, 1999)**

1. Whitworth	31.62		
2. PLU	32.08		
3. Linfield	32.24		
<b>Individuals</b>			
1. Navin Fernandes	Whitworth	15.27	MR
2. Shipley Ennis	PLU	15.84	
3. Randy Rider	Linfield	15.92	
4. Chris Bertholf	PLU	16.24	
5. Fritz Mesenbrink	Linfield	16.32	
6. Spencer Stiglets	Whitworth	16.35	
7. Garry Terranova	Pacific	16.82	
8. Carl Strong	PLU	17.03	
9. Ben Bunfill	Whitworth	17.42	
10. Matt Kaemington	Whitworth	17.68	
11. Martin Cochran	UPS	17.81	
12. Ray Lions	Linfield	19.08	

**3000M RUN (new event)**

1. L&C	18:16.6	
2. Whitworth	18:33.2	
3. GFU	18:36.2	
4. UPS	19:09.1	
5. Pacific	19:28.2	
<b>Individuals</b>		
1. Neil Weare	L&C	8:58.4
2. John Mantalas	GFU	9:08.2
3. Josh Sherven	Whitworth	9:12.5
4. Brian Mulry	UPS	9:15.9
5. Anthony Young	L&C	9:18.2
6. Andrew Ault	L&C	9:18.5
7. Peter Metcalf	Whitworth	9:21.7
8. Brian Schoeneman	Linfield	9:27.4
9. Derek Oldham	L&C	9:27.7
10. Forrest Towne	GFU	9:28.0
11. Scott Oswald	GFU	9:29.2
12. Justin Davis	Whitworth	9:34.9
13. Russ Gotchell	Pacific	9:37.7
14. Scott Ball	Unattached	9:42.7
15. Darren Bowe	Pacific	9:50.5
16. Carl Hoogersteger	Pacific	9:52.4
17. Jared Larson	UPS	9:53.2
18. Mike Wenner	PLU	9:57.0
19. Nathan Paisley	GFU	10:13.0

**HJ (TEAM-L&C, 11-05.75; IND-Gibbs, Lewis & Clark, 5-10.75, 1999)**

1. L&C	11-11 MR	
2. GFU	10-09	
<b>Individuals</b>		
1. Travis Olson	Unattached,	6-06 MR
2. Reid Schooler	L&C	6-03
3. Fritz Mesenbrink	Linfield	6-00
4. Garry Terranova	Pacific	5-09
5. Loran Joseph	L&C	5-09
6. Scott Greene	GFU	5-09 (not legal)
7. Ty Taylor	GFU	5-00

**VAULT (TEAM-GFU, 25-00; IND-Parker, GFU, 13-00, 1999)**

1. GFU	22-00	
<b>Individuals</b>		
1. Brent Sagnotti	Linfield	14-00 MR
2. Jason Mauch	PLU	13-06
3. Keith Christiansen	GFU	11-00
4. Aaron Roulton	GFU	11-00
5. Dan Gargas	UPS	11-00 (not legal)
-- Peter Boyle	Pacific	nh
-- Dusten Sackett	Pacific	nh
-- Aaron Baldwin	Whitworth	nh
-- Jesse Thomas	PLU	nh

# 2nd Annual NORTHWEST CONFERENCE RELAYS

## at George Fox University

Saturday, Feb. 26, 2000 -- Very wet, 45 degrees

RESULTS

## MEN

LJ (TEAM-Whitworth, 41-07.25; IND-Omo, Ww, 22-03.75, 1999)

1. Whitworth	38-07.5	
<u>Individuals</u>		
1. Ray Lions,	Linfield	21-00.5
2. Martin Cochran	UPS	19-06
3. Kai Omo,	Whitworth	19-05
4. Aaron Baldwin,	Whitworth	19-02.5
5. Quante Anderson	Whitworth	16-01
-- Ryan Boatsman	PLU	nm

TJ (TEAM-Whitworth, 75-03.5; IND-Omo, Ww, 37-09.5, 1999)

1. Whitworth,	81-05 MR	
<u>Individuals</u>		
1. Aaron Baldwin	Whitworth	41-03 MR
2. Quante Anderson	Whitworth	40-02
3. Kai Omo	Whitworth	39-09.5
4. Martin Cochran	UPS	38-09

SHOT (TEAM-Whitworth, 87-03; IND-Jacobson, PLU, 48-07.25, '99)

1. Linfield	83-07.75	
2. GFU	82-00.25	
3. Whitworth	80-09.50	
4. L&C	74-04	
<u>Individuals</u>		
1. Joel Strunk	GFU	44-09.50
2. Jeff York	Linfield	43-08.50
3. Takashi Atkins	Whitworth	43-03
4. Dan Reichenbach	L&C	41-03
5. Travis Olson	Unattached	40-06.50
6. Jason Caponette	Linfield	39-11.25
7. Ben Dittman	Linfield	38-02.25
8. Justin Buckner	Linfield	37-07.50
9. Jon Abbey	Whitworth	37-06.50
10. Ty Taylor	GFU	37-02.75
11. Eric Chaput	UPS	33-09.75
12. Luke Speckman	L&C	33-01
13. David Kilian	GFU	28-06.50
14. Ken Kozuma	Pacific	26-11.50

DISCUS (TEAM-PLU, 284-09; IND-Jacobson, PLU, 160-05, 1999)

1. Linfield	205' 9	
2. L&C	194' 10	
<u>Individuals</u>		
1. Ryan Dirks	PLU	138-01
2. Jon Abbey	Whitworth	124-02
3. Dan Reichenbach	L&C	111-10
4. Jason Caponette	Linfield	104-02
5. Justin Buckner	Linfield	101-07
6. Luke Speckman	L&C	83-00
7. Jeff York	Linfield	82-09

JAVELIN (TEAM-PLU, 394-03; IND-Logue, PLU, 197-06, 1999)

1. Linfield	322-09	
2. PLU	301-06	
3. Whitworth	231-03	
4. UPS	202-08	
<u>Individuals</u>		
1. Travis Olson	Unattached	182-03
2. Matt Greco	Linfield	163-01
3. Aaron Thorton	Linfield	159-08
4. Ray Lions	Linfield	156-00
5. Marcus Rismiller	PLU	153-10
6. Gary Terranova	Pacific	151-08
7. Jon Catandella	PLU	147-08
8. Walt Rudolph	Linfield	146-07
9. Jimmy Adamek	Linfield	141-09
10. Billy Alexander	L&C	135-03
11. Matt Kaemingk	Whitworth	126-06
12. Garrett Fergus	Linfield	113-05
13. Elliott Edwards	Whitworth	104-09
14. Sean Jonick	UPS	101-08
15. Eric Chaput	UPS	101-00

HAMMER (TEAM-PLU, 297-11; IND-Jacobson, PLU, 170-04, 1999)

1. Whitworth	289-00	
2. GFU	259-00	
3. L&C	253-06	
4. Linfield	236-07	
<u>Individuals</u>		
1. Ryan Dirks	PLU	175-00
2. Dan Reichenbach	L&C	146-00
3. Takashi Atkins	Whitworth	138-11
4. Joel Strunk	GFU	132-00
5. Jon Abbey	Whitworth	130-01
6. Eric Kunze	GFU	127-00
7. Jason Caponette	Linfield	125-07
8. Micah Melton	UPS	117-01
9. Jeff York	Linfield	111-00
10. Bobby Brown	L&C	107-08
11. Ben Dittman	Linfield	106-06
12. Luke Speckman	L&C	89-06

# NORTHWEST CONFERENCE RELAYS

at George Fox University

P-1

Saturday, Feb. 26, 2000

RECORDS

## MEN

### 4 x 100 (Whitworth, 43.43, 1999)

1. Whitworth "A," 42.81 #
2. PLU, 43.82
3. GFU, 45.03
4. Linfield, 45.37
5. Whitworth "B," 46.02
6. Pacific, 46.16
7. L&C, 46.48
8. UPS, 46.60

### 4 x 400 (GFU, 3:22.44, 1999)

1. Whitworth "A," 3:24.11
2. GFU "A," 3:24.86
3. UPS "A," 3:30.32
4. PLU "A," 3:31.05
5. PLU "B," 3:34.22
6. Whitworth "B," 3:35.06
7. Linfield, 3:35.96
8. Whitworth "C," 3:42.83
9. L&C, 3:42.91
10. Pacific "A," 3:43.0
11. UPS "B," 4:00.61
12. Pacific "B," 4:05.90

### 4 x 1600 (Willamette, 18:07.64, 1999)

1. UPS "A," 18:22.62
2. PLU, 18:54.05
3. GFU, 19:06.86
4. Whitworth "A," 19:20.11
5. UPS "B," 19:43.93
6. Whitworth "B," 20:05.25

### SMR (2-2-4-800) (GFU, 3:34.31, 1999)

1. Whitworth, 3:36.54
2. UPS "A," 3:45.65
3. PLU, 3:48.35
4. GFU, 3:50.44
5. L&C, 3:51.82
6. Pacific, 3:55.54
7. UPS "B," 4:18.20

### DMR (1200-400-800-1600) (GFU, 10:28.1 ht, 1999)

1. UPS "A," 10:22.89 #  
Reagan Grabner  
Joel Baldwin  
Robert Graham  
Dave Davis
2. PLU, 10:23.79
3. GFU, 10:31.23
4. Linfield, 10:38.20
5. UPS "B," 10:55.35
6. Whitworth "A," 11:02.61
7. Whitworth "B," 11:29.25

### CO-ED 4 X 200 (GFU, 1:39.28, 1999)

1. Whitworth "A," 1:40.47
2. GFU "A," 1:40.49
3. PLU, 1:42.32
4. GFU "B," 1:46.86
5. Pacific, 1:47.01
6. Whitworth "B," 1:50.42

### 110 H (TEAM-PLU, 31.14; IND-Ennis, PLU, 15.52, 1999)

#### Teams

1. Whitworth, 31.62
2. PLU, 32.08
3. Linfield, 32.24

#### Individual

1. Navin Fernandes, Whitworth, 15.27 #
2. Shipley Ennis, PLU, 15.84
3. Randy Rider, Linfield, 15.92
4. Chris Bertholf, PLU, 16.24
5. Fritz Mesenbrink, Linfield, 16.32
6. Spencer Stiglets, Whitworth, 16.35
7. Gary Terranova, Pacific, 16.82
8. Carl Strong, PLU, 17.03

## WOMEN

### 4 x 100 (PLU, 48.52, 1999)

1. PLU (Ell, Willmovsky, Friedrich, Axley), 50.82
2. L & C 51.28
3. Linfield 51.50
4. GFU "A" 52.89
5. Whitworth 52.89
6. GFU "B" 53.75
7. Pacific 53.79
8. GFU "C" 55.01

### 4 x 400 1. PLU, 4:03.67, 1999)

1. Linfield 4:09.67
2. PLU "A" 4:11.24
3. GFU "A" 4:14.14
4. UPS 4:28.42
5. L & C 4:32.28
6. PLU "B" 4:37.12

### 4 x 1600 (UPS, 21:43.29, 1999)

1. Whitworth 23:01.7

### SMR (2-2-4-800) (PLU, 4:18.81, 1999)

1. Linfield 4:18.89
2. PLU 4:24.61
3. GFU 4:34.01

### DMR (1200-400-800-1600) (Willamette, 12:42.25, 1999)

1. UPS (Patterson, Nelson, Sotelo, Boyle), 12:39.50
2. GFU 12:55.43
3. PLU 13:08.61
4. Whitworth 13:32.30

### CO-ED 4 X 200 (GFU, 1:39.28, 1999)

1. Whitworth "A," 1:40.47
2. GFU "A," 1:40.49
3. PLU, 1:42.32
4. GFU "B," 1:46.86
5. Pacific, 1:47.01
6. Whitworth "B," 1:50.42

### 100 H (TEAM-PLU, 32.41; IND-Osborne, PLU, 15.17, 1999)

#### Team

1. Linfield, 32.27
2. PLU, 38.19

#### Individual

1. Katie McArthur, Linfield, 15.87
2. Kristie Brooks, Una, 15.93
3. Mandy Sitz, Linfield, 16.40
4. Emily Elasky, UPS, 17.77
5. Anna Goodsell, Linfield, 18.47
6. Lacy Helm, PLU, 19.72

### 3000M RUN (new event)

#### Team

1. Whitworth, 22:44.7 #
2. Linfield, 23:16.2
3. GFU, 23:33.4
4. L & C, 23:53.3

#### Individual

1. Tori Taylor, GFU, 10:59.3 #
2. Katie Schlotfeldt, Whitworth, 11:08.8
3. Kari Newby, Linfield, 11:29.1
4. Lisa Lindsay, PLU, 11:29.6
5. Elizabeth Bailey, Whitworth, 11:35.9
6. Andrea Prebys, Linfield, 11:47.1
7. Talia Epstein, L & C, 11:48.4
8. Kristin Crandall, L & C, 12:05.2
9. Rosie Ofstie, GFU, 12:34.1
10. Julie Meyer, UPS, 13:11.9

### HJ (TEAM-Whitworth, 8-08.25, IND-Dillon, UPS, 5-03, 1999)

#### Team

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## MEN

9. Ben Bunfill, Whitworth, 17.42
10. Matt Kaemington, Whitworth, 17.68
11. Martin Cochran, UPS, 17.81
12. Ray Lions, ?, 19.08

### 3000M RUN (new event)

- Team
1. L&C, 18:16.62 #
  2. Whitworth, 18:33.2
  3. GFU, 18:36.02
  4. UPS, 19:09.1
  5. Pacific, 19:28.2
- Individual
1. Neil Weare, L&C, 8:58.4
  2. John Mantalas, GFU, 9:08.2
  3. Josh Sherven, Whitworth, 9:12.5
  4. Brian Mulry, UPS, 9:15.9
  5. Anthony Young, L&C, 9:18.22
  6. Andrew Ault, L&C, 9:18.5
  7. Peter Metcalf, Whitworth, 9:21.7
  8. Brian Schoeneman, Linfield, 9:27.4
  9. Derek Oldham, L&C, 9:27.7
  10. Forrest Towne, GFU, 9:28.0
  11. Scott Oswald, GFU, 9:29.2
  12. Justin Davis, Whitworth, 9:34.9
  13. Russ Gotchell, Pacific, 9:37.7
  14. Scott Ball, Unattached, 9:42.7
  15. Darren Bowe, Pacific, 9:50.5
  16. Carl Hoogerstege, Pacific, 9:52.4
  17. Jared Larson, UPS, 9:53.2
  18. Mike Wenner, PLU, 9:57.0
  19. Nathan Paisley, GFU, 10:13.0

### VAULT (TEAM-GFU, 25-00; IND-Parker, GFU, 13-00, 1999)

- Team
1. GFU, 22'
- Individual
1. Brent Sagnotti, Linfield, 14' #
  2. Jason Mauch, PLU, 13' 6"
  3. Keith Christiansen, GFU, 11'
  4. Aaron Routon, GFU, 11'
  5. Dan Gargas, UPS, 11' \*
- Peter Boyle, Pacific, --  
Dusten Sackett, Pacific, --  
Aaron Baldwin, Whitworth, --  
Jesse Thomas, PLU, --

### LJ (TEAM-Whitworth, 41-07.25; IND-Omo, Ww, 22-03.75, 1999)

- Team
1. Whitworth, 38' 7.5"
  2. Linfield, 21' 0.5"
- Individual
1. Ray Lions, Linfield, 21' 0.5"
  2. Martin Cochran, UPS, 19' 6"
  3. Kei Omo, Whitworth, 19' 5"
  4. Aaron Baldwin, Whitworth, 19' 2.5"
  5. Quante Anderson, Whitworth, 16' 1"
- Ryan Boatsman, PLU, --

### TJ (TEAM-Whitworth, 75-03.5; IND-Omo, Ww, 37-09.5, 1999)

- Team
1. Whitworth, 81' 5" #
- Individual
1. Aaron Baldwin, Whitworth, 41' 3" #
  2. Quante Anderson, Whitworth, 40' 2"
  3. Kei Omo, Whitworth, 39' 9.5"
  4. Martin Cochran, UPS, 38' 9"

### HJ (TEAM-L&C, 11-05.75, IND-Gibbs, Lewis & Clark, 5-10.75, 1999)

- Team
1. L&C, 11' 11" #
  2. GFU, 10' 9"
- Individual
1. Travis Olson, Unattached, 6' 6" #
  2. Reid Schooler, L&C, 6' 3"
  3. Fritz Mesenbrink, Linfield, 6'

## WOMEN

### VAULT (TEAM-UPS, 17-07 IND-Wells, UPS, 10-01, 1999)

- Team
1. GFU, 18'8" #
- Individual
1. Kristin Russell, Linfield, 11'4" #
  2. Heather Hunt, GFU, 10'8"
  3. Helena Tefler, GFU, 8'0"
  4. Erica Moen, Whitworth, 7'8"
  5. Kelly Wright, PLU, 7'8"

### LJ (TEAM-PLU, 32-03; IND-Osborne, PLU, 17-05.25 1999)

- Team
1. GFU, 30' 9" 3/4
  2. Whitworth, 27' 11"
  3. PLU, 26' 2" 3/4
- Individual
1. Kristie Brooks, Una, 17' 3" 1/2
  2. Mandy Sitz, Linfield, 15' 8" 1/2
  3. Kelsey Baron, GFU, 15' 6" 1/2
  4. Heidi Smith, GFU, 15' 2" 1/2
  5. Jocelyn Kennedy, GFU, 14' 10" 1/2
  6. Erin Haney, UPS, 14' 7"
  7. Laura Cobb, PLU, 14' 3" 1/2
  8. Abby Jo Hornstein, Whitworth, 14' 3"
  9. Caroline Devries, Whitworth, 13' 8"
  10. Nicola Murphy, GFU, 12' 7" 1/2
  11. Julie Miller, PLU, 11' 11" 1/2

### TJ (TEAM-UPS, 68-05; IND-Wells, UPS, 34-05.75, 1999)

- Team
1. PLU, 57' 2" 1/2
- Individual
1. Christina Donehower, L & C, 34' 3" 1/2
  2. Erin Haney, UPS, 30' 11"
  3. Laura Cobb, PLU, 30' 2"
  4. Nikki Sharp, PLU, 27' 1/2"

### HJ (TEAM-Whitworth, 8-08.25, IND-Dillon, UPS, 5-03, 1999)

- Team
1. GFU, 9' 10"
- Individual
1. Sarah Dillon, UPS, 5'0"
  - Angie Powell, GFU, 5'0"
  3. Kristie Brooks, PLU, 4' 10"
  4. Amy Forbes, GFU, 4' 10"
  5. Lori Rolf, PLU, 4' 8"
  6. Erica Moen, Whitworth, 4' 8"
  7. Michelle Ryder, Pacific, 4' 6"

### SHOT (TEAM-Whitworth, 66-01.75; IND-Stevens, GFU, Seelye, PLU and Gallagher, Ww, 33-08 '99)

- Team
1. Pacific, 66' 6" 3/4
  2. GFU, 64' 7" 1/4
  3. Whitworth, 62' 1" 1/4
  4. Willamette, 54' 5" 1/4
- Individual
1. Nichole Marich, Whitworth, 34' 4" 1/4
  2. Sarah Cotton, Pacific, 34' 1" 1/2
  3. Pam Longman, GFU, 32' 7" 3/4
  4. Lauri Duensing, Pacific, 32' 5" 1/4
  5. J.J. Hurley, Willamette, 32' 0" 1/4
  6. Lace Smith, UPS, 32' 0"
  7. Erin Simon, GFU, 31' 11" 1/2
  8. Jessica Nies, GFU, 31' 2"
  9. Tina Lohse, PLU, 30' 5" 1/4
  10. Kirtye Lohof, L & C, 28' 11" 3/4
  11. Abby Jo Hornstein, Whitworth, 27' 9"
  12. Paige Lewis, GFU, 26' 8" 1/4
  13. Laura Leineweber, Willamette, 22' 4" 3/4

### DISCUS (TEAM-Pacific, 211-08; IND-Stevens, GFU, 118-02, 1999)

- Team
1. Whitworth, 206' 4"
  2. Pacific, 196'

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## MEN

4. Scott Greene, GFU, 5' 9" \*
5. Gary Terranova, Pacific, 5' 9"
6. Loran Joseph, L&C, 5' 9"
7. Ty Taylor, GFU, 5'

### SHOT (TEAM-Whitworth, 87-03; IND-Jacobson, PLU, 48-07.25, '99)

#### Team

1. Linfield, 83' 7.75"
2. GFU, 82' 0.25"
3. Whitworth, 80' 9.5"
4. L&C, 74' 4"

#### Individual

1. Joel Strunk, GFU, 44' 9.5"
2. Jeff York, Linfield, 43' 8.5"
3. Takashi Atkins, Whitworth, 43' 3"
4. Dan Reichenbach, L&C, 41' 3"
5. Travis Olson, Unattached, 40' 8.5"
6. Jason Caponette, Linfield, 39' 11.25"
7. Ben Dittman, Linfield, 38' 2.25"
8. Justin Buckner, Linfield, 37' 7.5"
9. Jon Abbey, Whitworth, 37' 6.5"
10. Ty Taylor, GFU, 37' 2.75"
11. Eric Chaput, UPS, 33' 9.75"
12. Luke Speckman, L&C, 33' 1"
13. David Kilian, GFU, 28' 8.5"
14. Ken Kozuma, Pacific, 26' 11.5"

### DISCUS (TEAM-PLU, 284-09; IND-Jacobson, PLU, 160-05, 1999)

#### Team

1. Linfield, 205' 9"
2. L&C, 194' 10"

#### Individual

1. Ryan Dirks, PLU, 138' 1"
2. Jon Abbey, Whitworth, 124' 1"
3. Dan Reichenbach, L&C, 111' 10"
4. Jason Caponette, Linfield, 104' 2"
5. Justin Buckmon, Linfield, 101' 7"
6. Luke Speckman, L&C, 83'
7. Jeff York, Linfield, 82' 9"

### JAVELIN (TEAM-PLU, 394-03; IND-Loque, PLU, 197-06, 1999)

#### Team

1. Linfield, 319'
2. PLU, 301' 5"
3. Whitworth, 231' 1"
4. UPS, 202' 7"

#### Individual

1. Travis Olson, Unattached, 182' 2"
2. Matt Greco, Linfield, 163'
3. Aaron Thorton, ?, 159' 7"
4. Ray Lions, Linfield, 156'
5. Marcus Rismiller, PLU, 153' 9"
6. Gary Terranova, Pacific, 151' 8"
7. Jon Catandella, PLU, 147' 8"
8. Walt Rudolph, Linfield, 146' 6"
9. Jimmy Adamek, Linfield, 141' 8"
10. Billy Alexander, L&C, 135' 2"
11. Matt Kaemingk, Whitworth, 126' 5"
12. Garrett Fergus, Linfield, 113' 5"
13. Elliott Edwards, Whitworth, 104' 8"
14. Sean Jonick, UPS, 101' 8"
15. Eric Chaput, UPS, 100' 11"

### HAMMER (TEAM-PLU, 297-11; IND-Jacobson, PLU, 170-04, 1999)

#### Team

1. Whitworth, 268' 11"
2. GFU, 259'
3. L&C, 253' 5"
4. Linfield, 236' 7"

#### Individual

1. Ryan Dirks, PLU, 175'
2. Dan Reichenbach, L&C, 145' 11"
3. Takashi Atkins, Whitworth, 138' 10"
4. Joel Strunk, GFU, 132"
5. Jon Abbey, Whitworth, 130' 1"
6. Eric Kunze, GFU, 127'

## WOMEN

3. GFU, 179' 2"
4. UPS, 174' 11"

#### Individual

1. Elysia Hanna, Whitworth, 112' 3"
2. Lindsay Holbrook, Linfield, 110' 4"
3. Sara Cotton, Pacific, 99' 2"
4. Ruth Ann Heim, Pacific, 96' 10"
5. Marika Henderson, UPS, 94' 8"
6. Nichole Marich, Whitworth, 94' 1"
7. Heidi Fuhmann, Pacific, 93' 8"
8. Ann Kaltwasser, Pacific, 93' 4"
9. Paige Lewis, GFU, 90' 7"
10. Pam Longman, GFU, 88' 7"
11. Lauri Duensing, Pacific, 88' 1"
12. Kristen Emura, UPS, 80' 3"

### JAVELIN (TEAM-Pacific, 335-03; IND-Kaltwasser, PU, 120-09, 1999)

1. Whitworth, 209' 10"

2. UPS, 201'

3. GFU, 192' 10"

4. Pacific, 208'

5. Willamette, 153' 6"

#### Individual

1. Danielle Swift, Whitworth, 130' 4"
2. Anne Crace, UPS, 114' 8"
3. Nikki Thompson, L & C, 110' 6"
4. Lori Miller, GFU, 110' 5"
5. Rochelle Weens, PLU, 107' 1"
6. Ann Kaltwasser, Pacific, 106' 5"
7. Gail Wooten, Pacific, 101' 7"
8. Kristie Brooks, Una, 100' 4"
9. Jennifer Cregg, 95' 6"
10. Hayley Ronningen, Pacific, 89' 3"
11. Sarah Gross, UPS, 86' 4"
12. Pam Longman, GFU, 82' 5"
13. J.J. Hurley, Willamette, 81' 9"
14. Abby Jo Homstein, Whitworth, 79' 6"
15. Laura Leinweber, Willamette, 71' 9"
16. Kristen Merrill, Pacific, 64' 7"
17. Kirtye Lohof, L & C, 63' 2"
18. Michaela Ryder, Pacific, 47' 6"

### HAMMER (TEAM-PLU, 292-04; IND-Seelye, PLU, 148-05, 1999)

#### Team

1. PLU, 235' 11"
2. Whitworth 234' 6"
3. UPS 179' 5"

#### Individual

1. Lindsay Holbrook, Linfield, 139' 10"
2. Heidi Fuhmann, Pacific, 128'
3. Stacey Neils, PLU, 123' 6"
4. Elysia Hanna, Whitworth, 121' 7"
5. Nichole Marich, Whitworth, 112' 11"
6. Caryn Flint, PLU, 112' 5"
7. Tina Lohse, PLU, 111' 3"
8. Lace Smith, UPS, 99' 3"
9. Marika Henderson, UPS, 80' 2"
10. Sarah Warnock, L & C, 77' 3"

#### Throwers 4x100.

1. Pacific 1:03.38



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## WOMEN

7. Jason Caponette, Linfield, 125' 7"
8. Micah Melton, UPS, 117' 1"
9. Jeff York, Linfield, 111'
10. Bobby Brown, L&C, 107' 6"
11. Ben Dittman, Linfield, 106' 5"
12. Luke Speckman, L&C, 89' 6"

### Thrower's 4x100

1. Linfield, 49.82
2. L&C, 50.73
3. Whitworth, 53.80



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## WOMEN'S SPORTS

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## 2000 Division III Women's Outdoor Entry Lists

5/23/2000

Click on the "event" links to move about the results. Use the Find option of your browser to find someone's name or team.

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[4X100](#) | [4X400](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#) | [PV](#)  
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## 100 METER DASH

Camille Ross	Sr Wisconsin Whitewater	11.90
Talitha Belcher	So McMurry University	11.95
Jocelyn Loe	Fr Wisconsin La Crosse	12.01
Candace Brown	Fr Loras College	12.04
Rhondale Jones	So Lincoln University	12.06
Jamie Falcone	Jr Western Maryland	12.12
Ayama Nwa	So Baldwin-Wallace	12.12
Maria Ferguson	Fr Frostburg State	12.12
Deshawnda Williams	Sr Wheaton College (Ma)	12.16
=====	Automatic Qualifier	12.16
Denita Eason	Jr Christopher Newport	12.17

## 10

Sarah Axley	Sr Pacific Lutheran	12.17
Jackie James	Sr Coast Guard Academy	12.18
Dejuana Satchell	Fr University Of LaVerne	12.20
Lori Abbott	So Eastern Mennonite	12.21
Jill Ylonen	Fr St. Thomas (Minn)	12.23
Jenny McConkey	Sr Wisconsin Oshkosh	12.23
Amanda Olson	Sr St. Olaf College	12.27
Muneerah Maalik	Sr Illinois Wesleyan	12.27
Luyre Hupfer	Fr Coe College	12.27
=====	Last Qualifier	12.27
Courtney Stackhouse	Fr Oberlin College	12.28

## 20

Erica Stone	Sr Gustavus Adolphus	12.30
Carey Weise	Sr Wisconsin La Crosse	12.30
Constance Jackson	Jr Monmouth (Ill)	12.33
Susie Reinhardt	So Wartburg College	12.34

24 entrants

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## 200 METER DASH

Jamie Falcone	Jr Western Maryland	24.02
Rhondale Jones	So Lincoln University	24.15
Talitha Belcher	So McMurry University	24.47
Camille Ross	Sr Wisconsin Whitewater	24.48
Constance Jackson	Jr Monmouth (Ill)	24.51
Jocelyn Loe	Fr Wisconsin La Crosse	24.70
Deshawnda Williams	Sr Wheaton College (Ma)	24.77
Maria Ferguson	Fr Frostburg State	24.91
Candace Brown	Fr Loras College	24.93
Luyre Hupfer	Fr Coe College	24.94
10		
Stephanie Andrews	Fr Christopher Newport	24.99
Claudine Rigaud	Sr Washington (Mo)	25.04
Liz Jaben	So Wartburg College	25.08
Vernick Smith	So Lincoln University	25.08
Amanda Olson	Sr St. Olaf College	25.09
=====	Automatic Qualifier	25.11
Sarah Axley	Sr Pacific Lutheran	25.17
Kim Alvis	Sr Mary Washington	25.18
Althia Phillips	Jr Medgar Evers College	25.24
Amanda Beck	Fr Coe College	25.24
Erica Stone	Sr Gustavus Adolphus	25.27
20		
Carey Weise	Sr Wisconsin La Crosse	25.29
Ayama Nwa	So Baldwin-Wallace	25.30
=====	Last Qualifier	25.30
22 entrants		

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## 400 METER DASH

Megan Pierce	Jr Calvin College	54.93
Deshawnda Williams	Sr Wheaton College (Ma)	55.70
Vernick Smith	So Lincoln University	56.01
Beth Haley	So Nebraska Wesleyan	56.05
Marilyn Cochran	Fr Christopher Newport	56.38
Kim Alvis	Sr Mary Washington	56.49
Jessica Shugart	Sr California San Diego	56.57
Imo Akpan	So Swarthmore College	56.66
Melody Sherman	Sr Linfield College	56.74
Lisa Mickelson	So Wisconsin La Crosse	56.86
10		
Brianne Schoonover	So Wartburg College	57.03
=====	Automatic Qualifier	57.04
Holly Harris	Sr Macalester College	57.11
Lauren Dutra	Sr Springfield College	57.24
Sarah Deeb	Jr Tufts University	57.27
Kristin Bodenburs	So Wisconsin River Falls	57.29
Noye Nwosa	Sr Hartwick College	57.53
Lacretia Carroll	Fr North Park University	57.64
Latrice Powell	Fr Carthage College	57.67
=====	Last Qualifier	57.67
18 entrants		

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## 800 METER RUN

Heather Stone	Sr University Of South	2:11.60
Kara Krumenauer	Jr Wisconsin Whitewater	2:11.66
Annah Heitkamp	Sr Middlebury College	2:11.87
Lisa Starkey	Jr Willamette University	2:11.96
Leah Juno	Jr Wisconsin Stevens Pt	2:12.62
Morgen Ellerbusch	Sr Luther College	2:13.60
Jessica Dober	So Wisconsin La Crosse	2:13.62
Sherry Esposito	Sr Salisbury State	2:13.87
=====	Automatic Qualifier	2:13.94
Maegan Harris	Sr Augustana College	2:13.98
Kate Irvin	Jr Middlebury College	2:14.18

10

Stephanie Moss	Jr Ohio Wesleyan	2:14.50
Emily Korot	Fr Middlebury College	2:14.72
Maggie Dwire	Sr California San Diego	2:14.86
Sarah Weide	So Wittenberg University	2:14.8
Amy Friedrich	Sr Pacific Lutheran	2:15.04
Megan Daymont	Fr St. Olaf College	2:15.05
Kathryn Worth	So Williams College	2:15.34
=====	Last Qualifier	2:15.34
Camerin Bailey	Jr Grinnell College	2:15.67
Dar Amelse	Jr Wisconsin Oshkosh	2:15.67
Bridget Raisbeck	Jr Wisconsin La Crosse	2:15.76

20

Lauren Byler	Jr Ithaca College	2:15.84
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21 entrants

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## 1500 METER RUN

Heather Stone	Sr University Of South	4:29.21
Sarah Gritter	Sr Calvin College	4:35.32
Tara Crowley	Sr Williams College	4:36.89
Kara Krumenauer	Jr Wisconsin Whitewater	4:37.27
Suzanne Custer	Sr Springfield College	4:37.97
Marni Lynn	Jr Carroll College	4:37.97
Emily Korot	Fr Middlebury College	4:38.07
Kate Irvin	Jr Middlebury College	4:38.26
Anastasia Brewster	Sr Pomona Pitzer	4:38.27
Heidi Wolfsberger	So Moravian College	4:38.2

10

=====	Automatic Qualifier	4:38.74
Erin Van Zee	So Wartburg College	4:38.92
Yarrow Moench	Sr Macalester College	4:39.03
Jay Walsh	Jr Augustana College	4:39.30
Dinella Pineda	Sr Amherst College	4:39.74
Nicole Neault	Sr Colby College	4:40.04
Teresa Olson	Jr Hamline University	4:40.51
Amy Kleinheksel	Jr North Central College	4:40.85
Jen Rettke	Fr Geneseo S U N Y	4:41.20
=====	Last Qualifier	4:41.20
Sarah Byrd	So Emory University	4:42.84
Molly Schmitt	Sr Denison University	4:43.30

20

20 entrants

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400  
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## 3000 METER RUN

Rhaina Echols	Sr University Of Chicago	9:36.08
Sarah Toland	Sr Colby College	9:45.37
Carolyn Jones	Fr California San Diego	9:50.53
Noel Whitall	Sr College Of New Jersey	9:51.1
Sarah Gritter	Sr Calvin College	9:53.0
Maggie Hanson	So Hamilton College	10:01.03
Becky Lebak	Fr Wisconsin Stevens Pt	10:02.14
Heather Stone	Sr University Of South	10:02.46
Erin Ries	Sr Wartburg College	10:03.06
Lauren Krisko	Sr Williams College	10:03.22

10

Michela Adrian	Fr Middlebury College	10:03.26
Michelle Kelly	Jr Cortland S U N Y	10:04.69
Jenni Markanich	Jr Elmhurst College	10:04.94
Heidi Wolfsberger	So Moravian College	10:05.8
Rebecca Atkinson	Sr Williams College	10:06.78
Liz Conners	Sr Macalester College	10:06.83
Erin Van Zee	So Wartburg College	10:07.1
=====	Automatic Qualifier	10:08.54
Kelly Faris	Jr St. Thomas (Minn)	10:08.65
=====	Last Qualifier	10:08.65
Ember Brosius	So George Fox University	10:13.75

19 entrants

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400  
4X100 | 4X400 | LJ | TJ | SP | DT | HT | JT | HJ | PV  
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## 5000 METER RUN

Rhaina Echols	Sr University Of Chicago	16:23.67
Noel Whitall	Sr College Of New Jersey	16:52.59
Casey Smith	Jr Roanoke College	17:07.33
Sarah Toland	Sr Colby College	17:15.77
Maggie Hanson	So Hamilton College	17:20.6
Maree George	Sr Pacific Lutheran	17:21.20
Barbara Swallow	Jr Springfield College	17:21.30
Mary Proulx	Fr Keene State	17:29.59
Jenni Markanich	Jr Elmhurst College	17:30.24
Michelle Kelly	Jr Cortland S U N Y	17:32.78

10

Heather Davidson	So Brandeis University	17:32.87
Leslie Crofton	Jr Tufts University	17:34.24
=====	Automatic Qualifier	17:37.54
Stephanie Greiber	Sr Wisconsin Whitewater	17:37.80
Mary Speer	Sr Wisconsin Oshkosh	17:38.51
Cara Devlin	Sr Ithaca College	17:38.92
Michela Adrian	Fr Middlebury College	17:39.79
Anne Marie Toth	So Hamilton College	17:41.98
Andrea Byrnes	Sr Carnegie Mellon	17:44.13
=====	Last Qualifier	17:44.13
Liz Kuipers	Sr Calvin College	17:45.64
Susan Chou	Jr Washington (Mo)	17:45.95

20

Lindsay Peakman	Sr Wheaton College (Il)	17:46.29
Amy Edwards	Jr Loras College	17:47.88
Erin Boshe	Fr Ithaca College	17:48.67



Becky Lebak	Fr Wisconsin Stevens Pt	17:51.57
Christina Vetter	Jr St. Olaf College	17:55.10
Laura Fuduric	Jr Baldwin-Wallace	17:57.34
Lee Ann Rheame	Trinity College (Ct)	18:01.81
Jen Stieg	So Lynchburg College	18:01.86
Ember Brosius	So George Fox University	18:04.4

29 entrants

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## 10000 METER RUN

Barbara Swallow	Jr Springfield College	35:09.94
Stephanie Greiber	Sr Wisconsin Whitewater	36:42.9
Casey Smith	Jr Roanoke College	36:44.11
Cara Devlin	Sr Ithaca College	37:01.59
Maree George	Sr Pacific Lutheran	37:02.02
Erin Boshe	Fr Ithaca College	37:02.5
=====	Automatic Qualifier	37:10.74
Kristen Wilson	Fr Haverford College	37:20.83
Emily Shertzer	So Moravian College	37:21.44
Abigail Anthony	Fr Bates College	37:26.75
Maria Mensching	So Colby College	37:35.15

10

Sara Bailie	So Wisconsin Oshkosh	37:37.0
Sara Holewinski	Jr Wisconsin Oshkosh	37:39.0
Katie Roden	Jr Rensselaer Poly Inst	37:43.7
Joko Aginloye	Jr Swarthmore College	37:47.2
Kelly Faris	Jr St. Thomas (Minn)	37:47.46
Christina Vetter	Jr St. Olaf College	37:52.37
Shannan Rieder	Jr Earlham College	37:56.00
Emily Lohsinz	So Amherst College	38:00.08
=====	Last Qualifier	38:00.08

18 entrants

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## 100M HIGH HURDLES

Casey Taylor	Sr Christopher Newport	14.12
Sara Grineski	Jr Concordia (Moorhead)	14.27
Paulette Baldwin	Fr Lehman College	14.31
Katie Bestul	Jr St. Thomas (Minn)	14.39
Rhondale Jones	So Lincoln University	14.42
Erica DiStefano	So College Of New Jersey	14.51
Laura Janesch	Jr Nebraska Wesleyan	14.52
Janice Brenner	Sr Montclair State	14.53
Tenille Johnson	Jr Wheaton College (Ma)	14.53
Chisa Perry	Jr Lincoln University	14.54

10

Carolyn Stuart	So Carleton College	14.55
Maile Barrett	Sr Lewis & Clark College	14.56
Claudine Rigaud	Sr Washington (Mo)	14.57
Crystal Bullion	Jr Wisconsin Oshkosh	14.59
Kelly Tan	Sr Carleton College	14.60
Kendra Peters	Sr Anderson University	14.63
Sharon Barnett	Sr George Fox University	14.63

Kiara Eisner	Sr Wisconsin La Crosse	14.64
Emily Menden	Jr St. Thomas (Minn)	14.65
Deb Hanson	Fr Wisconsin La Crosse	14.67

20

=====	Last Qualifier	14.68
=====	Automatic Qualifier	14.68
Rita Forte	Fr Williams College	14.70
Shari Hayden	Sr North Park University	14.73
Kara Hedin	Jr St. Thomas (Minn)	14.77
Kelly Triplett	Jr Loras College	14.81
Erin Simon	Sr Baldwin-Wallace	14.82
Karrie Nelson	Sr George Fox University	14.87
Jackie Dight	Fr Ohio Northern	14.90
Jennifer Donahue	Jr Wartburg College	14.90
Keya Willis	Fr Carthage College	14.92
Hilary Hulse	Sr Fredonia S U N Y	14.95

30

Denise Reinhard	So Wilmington College	14.96
Kristina Maksinski	So North Central College	14.97
Yvonne Silva	So McMurry University	14.97
Abby Gonzales	So Central College (Ia)	14.98
Libby Nelson	So Baldwin-Wallace	14.99
Erin Boyd	So Otterbein College	15.04
Molly Miller	Fr St. Benedict	15.09

37 entrants

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## 400 METER HURDLES

Zanora Berry	Jr Lincoln University	59.77
Amber Larsen	Jr Linfield College	61.74
Jeanette Olson	Sr Wartburg College	62.30
Jill Hoops	Fr Monmouth (Ill)	62.41
Tina Moran	Jr Carthage College	62.55
Jennifer White	So Cortland S U N Y	62.69
Amy Buhl	Sr University Of Chicago	62.75
Alyssa Thorvaldsen	Sr Mass Inst Technology	62.77
Shannon Hardy	So Carroll College	62.97
Melissa Purswell	So Brandeis University	63.01

10

Nicole Rodriguez	Jr California San Diego	63.15
Carolyn Stuart	So Carleton College	63.23
Casey Taylor	Sr Christopher Newport	63.29
=====	Automatic Qualifier	63.34
Deb Hanson	Fr Wisconsin La Crosse	63.40
Jill Theobald	Jr Carthage College	63.42
Tenille Johnson	Jr Wheaton College (Ma)	63.49
Sara Grineski	Jr Concordia (Moorhead)	63.52
Shari Hayden	Sr North Park University	63.54
=====	Last Qualifier	63.54
Lindsay Meskimen	ClaremontMuddScripps	63.57
Jill Hoffman	Jr Loras College	63.66

20

Andrea Clason	Jr Ohio Wesleyan	63.74
Christine Hufenbecher	So Dickinson College	63.74
Amy Allen	So Loras College	63.80
Jackie Dight	Fr Ohio Northern	63.85
Tish Dusich	Fr St. Thomas (Minn)	63.85
Karrie Nelson	Sr George Fox University	63.86
Sarah Smith	Sr St. Lawrence	64.02
Vanessa Rieder	So Wisconsin Whitewater	64.37

Emily Menden Jr St. Thomas (Minn) 64.84  
29 entrants

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## 4X100 METER RELAY

Wheaton College (Ma) (Colleen Burch, Tenille Johnson, Angela Mullins, Deshawnda Williams)	47.33
Christopher Newport (Marilyn Cochran, Denita Eason, Tamika Lomax, Casey Taylor)	47.43
Wisconsin La Crosse (Kiara Eisner, Jocelyn Loe, Lisa Mickelson, Carey Weise)	47.49
Western Maryland (Thea Bayley, Jamie Falcone, Aleya Horn, Stephanie McPherson)	47.57
ClaremontMuddScripps (Shannon Buckley, Jamie Greene, Indira Odammatten, Anne Overly)	47.59
Lincoln University (Carla Cunningham, Rhondale Jones, Chisa Perry, Mea Williams)	47.81
Loras College (Amy Allen, Candace Brown, Theresa Kelly, Kelly Triplett)	47.95
Wartburg College (Jennifer Donahue, Liz Jaben, Susie Reinhardt, Brianne Schoonover)	48.04
===== Automatic Qualifier	48.04
McMurry University (Talitha Belcher, Sabrina Griffin, Cheyenne Oldham, Takasha Ragsdale)	48.14
Wisconsin Oshkosh (Crystal Bullion, Jill Kincaid, Jenny McConkey, Mary Kay Pfeiffer)	48.26

10

University Of LaVerne (Amber Clayton, Liz Lucsko, Maxine Mitchell, Dejuana Satchell)	48.26
North Central College (Sue DeNigris, Kelly Janssen, Rachel Martin, Nancy Ntim)	48.31
Coe College (Amanda Beck, Desiree Flickenger, Luyre Hupfer, Marisol Santana)	48.33
Frostburg State (Sheri Dozier, Maria Ferguson, Keshia Frisby, Cheronda Lee)	48.46
Nebraska Wesleyan (Gina Carriker, Amy Fries, Beth Haley, Michelle Niewohner)	48.49
===== Last Qualifier	48.49
Medgar Evers College (Jamilla Dick, Krista Gowan, Dahlia Irons, Althia Phillips)	48.3
Baldwin-Wallace (Casey Heimerl, Mary LaSalvia, Libby Nelson, Ayama Nwa)	48.55
St. Thomas (Minn) (Katie Bestul, Emily Haley, Heidi Vogel, Jill Ylonen)	48.57
Calvin College (Megan Fathbruckner, Lindsay Mulder, Megan Pierce, Anne Vanderlann)	48.63
Linfield College (Amber Larsen, Kate McArthur, Melody Sherman, Lisa Taylor)	48.75

20

Pacific Lutheran (Sarah Axley, Becca Ehli, Amy Friedrich, Jill Willmovsky)	48.76
Monmouth (Ill) (Elise Estes, Jill Hoops, Constance Jackson, Philicia Moredock)	48.87
Wisconsin Eau Claire (Lataya Banks, Jonaka Gaier, Susan St Clair, Abby Vogler)	49.10
Wilmington College (Rose Bataille, Susan Cluxton, Dana Crow, Denise Reinhard)	49.20

24 entrants

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## 4X400 METER RELAY

Calvin College (Lindsay Mulder, Megan Pierce, Sara Veltkamp, Mindy Worst)	3:47.06
Wartburg College (Liz Jaben, Jeanette Olson, Susie Reinhardt, Brianne Schoonover)	3:48.97
Monmouth (Ill) (Elise Estes, Jill Hoops, Constance Jackson, Philicia Moredock)	3:50.89
Lincoln University (Zanora Berry, Rhondale Jones, Sherale Miller, Vernick Smith)	3:51.36
Pacific Lutheran (Sarah Axley, Becca Ehli, Amy Friedrich, Jill Willmovsky)	3:51.41
Wheaton College (Ma) (Jacqui Martinelli, Angela Mullins, Deshawnda Williams, Niara Woods)	3:51.58
Wisconsin La Crosse (Deb Hanson, Jocelyn Loe, Kristy Marvin, Lisa Mickelson)	3:51.98
McMurry University (Talitha Belcher, Sabrina Griffin, Cheyenne Oldham, Yvonne Silva)	3:52.22
Carthage College (Kim Deaton, Tina Moran, Natalie Peterson, Latrice Powell)	3:52.36
Linfield College (Amber Larsen, Leah Moore, Melody Sherman, Lisa Taylor)	3:52.43

10

Gustavus Adolphus (Laura Carlson, Stacy Horner, Kajsa Larson, Erica Stone)	3:52.57
Loras College (Amy Allen, Candace Brown, Jill Hoffman, Theresa Kelly)	3:52.77
===== Automatic Qualifier	3:53.44
Wisconsin Whitewater (Kara Krumenauer, Vanessa Rieder, Camille Ross, Julie Stenberg)	3:53.55
ClaremontMuddScripps (Shannon Buckley, Danielle Neff, Indira Odammten, Anne Overly)	3:53.57
Nebraska Wesleyan (Gina Carriker, Amy Fries, Shelley Glause, Beth Haley)	3:54.54
Christopher Newport (Stephanie Andrews, Marilyn Cochran, Denita Eason, Allison Kelly)	3:54.55
===== Last Qualifier	3:54.55
Wisconsin Oshkosh (Jessy Marx, Beccy Moyer, Mary Kay Pfeiffer, Lisa Zimmermann)	3:54.74
St. Thomas (Minn) (Tish Dusich, Emily Haley, Kara Hedin, Heidi Vogel)	3:54.80
California San Diego (Maggie Dwire, Allison McGrane, Nicole Rodriguez, Jessica Shugart)	3:55.84
Wisconsin Stevens Pt (Leah Juno, Missy Kraemer, Lanea Lacroise, Julie Stamper)	3:55.94

20

Gettysburg College (Courtney Hurd, Keri Hymen, Joanna Silver, Andrea Therit)	3:56.55
Allegheny College (Patricia Clark, Jennifer McGuire, Carolyn Sikora, Erin Switzer)	3:56.74

22 entrants

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## LONG JUMP

Katie Brees	So Central College (Ia)	19-9 3/4 (6.0)
Casey Taylor	Sr Christopher Newport	19-8 (5.99m)
Sandy Hoying	Sr Ohio Northern	19-4 (5.89m)
Tamika Lomax	Jr Christopher Newport	19-0 1/2 (5.8)
Lindsay Mulder	So Calvin College	18-11 3/4 (5.7)
Jill Osenbaugh	Jr Central College (Ia)	18-8 1/2 (5.7)
=====	Automatic Qualifier	18-7 3/4 (5.6)
Indira Odammatten	Sr ClaremontMuddScripps	18-7 1/4 (5.6)
Desiree Peterkin	Sr Swarthmore College	18-6 1/2 (5.6)
Muneerah Maalik	Sr Illinois Wesleyan	18-6 1/2 (5.6)
Nicole Pronschinske	So Wisconsin River Falls	18-6 (5.64m)
10		
Anne Habbena	Jr Bethel College	18-5 3/4 (5.6)
Kate Depuy	Fr St. Lawrence	18-5 (5.61m)
Shimera Daniels	So Wheaton College (Ma)	18-4 1/2 (5.6)
Megan Draper	Ripon College	18-3 1/4 (5.5)
Kim Alvis	Sr Mary Washington	18-3 1/4 (5.5)
Tara Strawderman	Sr Bridgewater (Va)	18-3 (5.56m)
Abby Gonzales	So Central College (Ia)	18-2 1/2 (5.5)
Denita Eason	Jr Christopher Newport	18-2 1/4 (5.5)
=====	Last Qualifier	18-2 1/4 (5.5)
Denise Short	Sr Illinois Wesleyan	18-1 3/4 (5.5)
Tricia Clark	So Wisconsin La Crosse	18-1 1/2 (5.5)
20		
Chiara Davis Fuller	Fr Mount Holyoke College	18-1 (5.51m)
Tammie Beasley	So Augustana College	18-1 (5.51m)
22 entrants		

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## TRIPLE JUMP

Nicole Campbell	Sr Amherst College	40-4 3/4 (12.0)
Casey Taylor	Sr Christopher Newport	40-4 3/4 (12.0)
Mary Jo Kuntz	Jr Wisconsin La Crosse	39-0 1/4 (11.0)
Shimera Daniels	So Wheaton College (Ma)	39-0 1/4 (11.0)
LaNeatra Johnson	Fr Christopher Newport	38-9 (11.81m)
Tammie Beasley	So Augustana College	38-3 1/4 (11.0)
Stacey Hornickel	Sr Wisconsin Whitewater	38-2 1/4 (11.0)
=====	Automatic Qualifier	38-2 (11.63m)
Lisa Zimmermann	Jr Wisconsin Oshkosh	38-0 (11.58m)
Jill Kincaid	So Wisconsin Oshkosh	37-11 1/2 (11.0)
Denita Eason	Jr Christopher Newport	37-11 1/4 (11.0)
10		
Desiree Peterkin	Sr Swarthmore College	37-10 3/4 (11.0)
Yurissa Mitchell	Sr Mary Washington	37-8 1/2 (11.0)
Jocelyn Kennedy	Sr George Fox University	37-8 (11.48m)
Anne Moore	Sr California San Diego	37-7 3/4 (11.0)
Kara Hedin	Jr St. Thomas (Minn)	37-6 1/2 (11.0)
Lilian Liu	Sr California San Diego	37-6 1/2 (11.0)
Julie Korish	So Wisconsin Platteville	37-6 (11.43m)
Kristin Meade	Sr Washington (Mo)	37-5 3/4 (11.0)
Kim Alvis	Sr Mary Washington	37-4 1/2 (11.0)
=====	Last Qualifier	37-4 1/2 (11.0)
Jody Butkowski	Fr Wisconsin Stevens Pt	37-4 (11.38m)
20		
Amy Tirmenstein	Jr Augustana College	37-3 1/4 (11.0)
Lacretia Carroll	Fr North Park University	37-1 3/4 (11.0)
Bridgette McCann	Jr Geneseo S U N Y	37-1 3/4 (11.0)
Lina Hagman	Fr Luther College	37-0 1/4 (11.0)
Kate Getz	So Wheaton College (Ma)	37-0 1/4 (11.0)



Bria Lovelace Sr Methodist College 36-11 (11.25n)  
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4X100 | 4X400 | LJ | TJ | SP | DT | HT | JT | HJ | PV  
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## SHOT PUT

Rebecca Brooks	Sr Williams College	46-7 1/4 (14.
Amy Sullivan	Sr Wartburg College	45-4 1/4 (13.
Melissa Stensland	Jr Wartburg College	45-1 3/4 (13.
Healy Thompson	Fr Williams College	45-1 1/2 (13.
Tabitha Fendrick	So Wisconsin Whitewater	44-10 3/4 (13.
Jenny Lange	So Buena Vista	44-8 (13.61m)
Claire DeChant	Jr Baldwin-Wallace	44-5 1/2 (13.
April Haney	Jr Eastern Oregon	44-1 1/4 (13.
Barb Bruce	So Luther College	43-10 3/4 (13.
April Felt	Sr Hamline University	43-7 3/4 (13.
10		
Sara Nauman	So Loras College	43-7 3/4 (13.
Diane Williams	So Williams College	43-6 1/2 (13.
Genesis Fisher	Sr Smith College	43-3 (13.18m)
Sara Pivec	So Wisconsin Stout	43-2 1/2 (13.
=====	Automatic Qualifier	43-0 1/2 (13.
Maria DeBoer	Sr Concordia (Moorhead)	42-9 1/2 (13.
Jana Bromell	Fr Wheaton College (Ma)	42-8 1/4 (13.
Sonja Peterson	Fr Wisconsin La Crosse	42-8 (13.00m)
Tiffany Higgins	Sr Frostburg State	42-5 1/2 (12.
=====	Last Qualifier	42-5 1/2 (12.
Lauren Donohue	Fr Rowan University	42-4 3/4 (12.
Stephanie Muller	Jr Beloit College	42-2 3/4 (12.
20		
Sarah Shoffstall	Jr Baldwin-Wallace	42-2 1/4 (12.
21 entrants		

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## DISCUS THROW

Erin Coffey	So Loras College	153-2 (46.68n)
Tabitha Fendrick	So Wisconsin Whitewater	151-8 (46.24n)
Claire DeChant	Jr Baldwin-Wallace	150-1 (45.74n)
Diane Williams	So Williams College	149-10 (45.68n)
Emily Somers	Jr Hope College	148-11 (45.38n)
Mari Ruiz	Fr Whitman College	148-10 (45.36n)
Jenn Hansen	Fr Central College (Ia)	147-3 (44.88n)
Kathleen Darling	Fr Rowan University	146-10 (44.76n)
Lynn Dalhed	So Luther College	145-8 (44.40n)
=====	Automatic Qualifier	144-10 (44.14n)
April Felt	Sr Hamline University	144-8 (44.10n)
10		
Jessica Kohlman	So Wisconsin Whitewater	143-10 (43.84n)
Lisa Eidenschink	Fr St. Olaf College	143-4 (43.68n)
Becki Schmitz	So Carthage College	143-3 (43.66n)
Maria DeBoer	Sr Concordia (Moorhead)	141-8 (43.18n)
Barb Bruce	So Luther College	140-0 (42.68n)
Mariah Mougey	Fr Concordia (Moorhead)	139-1 (42.40n)
Sara Nauman	So Loras College	139-0 (42.36n)

Gretta Pems1	So University Of Dubuque	137-9 (41.98n
=====	Last Qualifier	137-9 (41.98n
Shari Wilkins	Jr Ithaca College	136-11 (41.74
Angie Horman	Jr University Of Dubuque	136-3 (41.54n
20		
20 entrants		

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## HAMMER THROW

Leah Merrell	So Eastern Oregon	175-4 (53.44n
April Felt	Sr Hamline University	173-3 (52.82n
Ilana Garbowit	Sr Springfield College	168-0 (51.20n
Katharine Hill	Sr Pomona Pitzer	167-2 (50.96n
April Haney	Jr Eastern Oregon	164-4 (50.10n
Bobbi Erickson	Jr Wisconsin Platteville	164-0 (50.00n
Sarah DeGraw	So ClaremontMuddScripps	163-0 (49.68n
Kim McCarron	Sr Colby College	162-8 (49.58n
Lindsay Holbrook	Sr Linfield College	162-6 (49.54n
Larissa Godkin	Sr Univ Of Redlands	161-6 (49.22n
10		
Leslie Seelye	Jr Pacific Lutheran	157-9 (48.08n
Becki Schmitz	So Carthage College	157-9 (48.08n
Beth Jzyk	Sr Springfield College	157-5 (47.98n
=====	Automatic Qualifier	156-8 (47.76n
Princess Imoukhuede	So Mass Inst Technology	156-2 (47.60n
Rebecca Brooks	Sr Williams College	155-11 (47.52
Lisa Moore	Sr Wisconsin River Falls	155-8 (47.44n
Tina Summers	So California San Diego	155-2 (47.30n
Jessica Kohlman	So Wisconsin Whitewater	154-2 (47.00n
Carrie Lind	Jr Augsburg College	154-2 (47.00n
=====	Last Qualifier	154-2 (47.00n
Tara Kibrick	Jr Brockport S U N Y	153-8 (46.84n
20		
Karyn Senst	Sr Concordia (Moorhead)	150-6 (45.88n
Karen Hoch	Sr Colby College	150-3 (45.80n
Misty Smoot	Sr St. Benedict	150-0 (45.72n
Tiffany VanBrackel	So Wilmington College	149-5 (45.54n
Erika Bristol	Sr Bates College	148-7 (45.30n
Agatha Vastakis	Sr Rensselaer Poly Inst	148-7 (45.28n
Stephanie Muller	Jr Beloit College	146-9 (44.74n

27 entrants

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400](#)  
[4X100](#) | [4X400](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#) | [PV](#)  
[HEP](#) | [Top](#)

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## JAVELIN THROW

=====	Automatic Qualifier	140-9 (42.90n
Danielle Swift	Sr Whitworth College	140-4 (42.78n
Amy Calderone	Jr Augustana College	139-5 (42.50n
Ann Kaltwasser	Jr Pacific University	138-5 (42.18n
Kim Deaton	Sr Carthage College	137-6 (41.92n
Monica Scott	Jr Willamette University	136-7 (41.64n
Rochelle Weems	Fr Pacific Lutheran	136-2 (41.50n
Johanna Dotts	So Albright College	134-4 (40.96n
Kendra Robbins	Jr Emory University	133-4 (40.64n

Jen Eckert	Jr Otterbein College	133-2 (40.60n
Heather Langlois	Sr Middlebury College	133-1 (40.56n
10		
Kathleen Darling	Fr Rowan University	132-11 (40.52
Carrie McCaffrey	So Moravian College	132-8 (40.44n
Sarah Shoffstall	Jr Baldwin-Wallace	132-3 (40.30n
Andrea Rip	Jr Calvin College	131-3 (40.00n
Catherine Nolan	So California San Diego	130-9 (39.85n
Melanie Hagen	Jr Baldwin-Wallace	129-5 (39.46n
Stephanie Roy	So Colby-Sawyer	128-8 (39.22n
=====	Last Qualifier	128-8 (39.22n
Emily Enderle	Fr Wittenberg University	128-6 (39.16n
Elissa Burnell	Jr Middlebury College	128-6 (39.16n
Kerri Coleman	Fr Worcester Poly Inst	128-2 (39.08n
20		
20 entrants		

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400](#)  
[4X100](#) | [4X400](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#) | [PV](#)  
[HEP](#) | [Top](#)

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## HIGH JUMP

Casey Taylor	Sr Christopher Newport	5-10 (1.78m)
Beth Castagno	Sr Wheaton College (Ma)	5-8 1/2 (1.74
Vicki Osinga	Sr Lynchburg College	5-8 1/2 (1.74
Kristy Laramée	Jr Middlebury College	5-7 1/4 (1.71
Kate Getz	So Wheaton College (Ma)	5-7 (1.70m)
Beth Grzybowski	Fr John Carroll	5-7 (1.70m)
Stacy Nichols	Jr Univ Of Redlands	5-7 (1.70m)
Tina Moran	Jr Carthage College	5-6 1/2 (1.69
=====	Automatic Qualifier	5-6 1/2 (1.69
Keva Glovier	Fr McMurry University	5-6 (1.68m)
Julie Bargaen	So Nebraska Wesleyan	5-5 3/4 (1.67
10		
Katie Arnes	Jr St. Thomas (Minn)	5-5 3/4 (1.67
Alex Yajl	Fr Montclair State	5-5 3/4 (1.67
Erica DiStefano	So College Of New Jersey	5-5 3/4 (1.67
Beth Broering	Jr DePauw University	5-5 3/4 (1.67
Tina Masek	Sr Nebraska Wesleyan	5-5 1/4 (1.66
Carrie Danielewicz	Jr Wisconsin Oshkosh	5-5 1/4 (1.66
Tori Bonnett	Sr Wisconsin Oshkosh	5-5 1/4 (1.66
Kathy Thompson	Jr Wisconsin Eau Claire	5-5 (1.65m)
=====	Last Qualifier	5-5 (1.65m)
Jackie Kaup	So Ohio Northern	5-5 (1.65m)
Alison Meier	Sr Cortland S U N Y	5-5 (1.65m)
Megan June	Jr Macalester College	5-5 (1.65m)
20		
Katie Ray	So ClaremontMuddScripps	5-5 (1.65m)
Emmalisa Brown	Fr Hiram College	5-4 1/2 (1.64
Katherine Kralia	Jr Denison University	5-4 1/2 (1.64
Dorice Hankemeier	Jr Central College (Ia)	5-4 1/2 (1.64
Julie Jellings	Sr Coe College	5-4 1/2 (1.64
Angie Strom	Jr Concordia (Moorhead)	5-4 1/2 (1.64
Katrina Beck	Jr Muhlenberg College	5-4 1/2 (1.64
Bridget Schletty	So St. Benedict	5-4 1/2 (1.64
Laura Leineweber	So Willamette University	5-4 1/2 (1.64
30		
30 entrants		

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400](#)

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4X100 | 4X400 | LJ | TJ | SP | DT | HT | JT | HJ | PV  
HEP | Top

## POLE VAULT

Laura Rosenberger	Fr Eastern Mennonite	12-5 1/2 (3.6)
Amy Wells	Sr Univ Of Puget Sound	12-1 1/2 (3.7)
Heather Hunt	Jr George Fox University	12-1 1/2 (3.7)
Ellen Findlay	So Wisconsin La Crosse	12-0 (3.66m)
Niki Riemer	So Wisconsin Oshkosh	12-0 (3.66m)
Marnie Holley	Sr Principia College	12-0 (3.66m)
Kyna Powers	Sr ClaremontMuddScripps	11-9 3/4 (3.6)
Kim Baier	Jr Augustana College	11-7 3/4 (3.5)
Jodi Waltz	Fr California San Diego	11-6 1/2 (3.5)
Kerry Teamey	So Wheaton College (Ma)	11-5 3/4 (3.5)
10		
Kristin Russell	Fr Linfield College	11-5 3/4 (3.5)
Janet Hengel	Jr St. Olaf College	11-1 (3.38m)
Juliana Mittino	Fr California San Diego	11-0 3/4 (3.3)
Jackie Vu	Fr California San Diego	11-0 3/4 (3.3)
Katie Eiring	Sr Wisconsin Stevens Pt	11-0 1/4 (3.3)
Marisa Omori	Fr Occidental College	11-0 1/4 (3.3)
Rachel Veltkamp	So Calvin College	10-11 3/4 (3.3)
Anna Van Drie	Fr Calvin College	10-10 (3.30m)
=====	Automatic Qualifier	10-10 (3.30m)
Angela Parks	So McMurry University	10-9 (3.28m)
Caroline Boatz	Jr St. Benedict	10-8 1/4 (3.2)
20		
Idelle Cooper	Jr Grinnell College	10-8 (3.25m)
Nikki Tuma	Jr St. Benedict	10-7 (3.23m)
Amy Swanberg	Fr Southern Maine	10-7 (3.23m)
Jill Newlin	Sr Wisconsin La Crosse	10-6 1/4 (3.2)
Jen Fettig	Jr Concordia (Moorhead)	10-6 (3.20m)
Kelly Bowen	So Nebraska Wesleyan	10-6 (3.20m)
Stephanie Norris	So Mass Inst Technology	10-6 (3.20m)
Kelli Jo Hrdina	Jr Wisconsin La Crosse	10-4 1/4 (3.1)
Sueann Teal	Jr Hartwick College	10-3 1/4 (3.1)
Bria Lovelace	Sr Methodist College	10-2 (3.10m)
30		
Tamra Thayer	So Carleton College	10-2 (3.10m)
Heidi Fryer	So Gustavus Adolphus	10-2 (3.10m)
Vanessa Li	So Mass Inst Technology	10-1 1/4 (3.0)
Kelly Mimnaugh	Fr California San Diego	10-1 1/4 (3.0)
Tara Sjostrom	Sr Luther College	10-0 3/4 (3.0)
Marika Decyk	So Bowdoin College	10-0 (3.05m)
Stephanie Dubois	So Southern Maine	10-0 (3.05m)
Nicole Freeman	Fr Southern Maine	10-0 (3.05m)
Melanie Hagen	Jr Baldwin-Wallace	10-0 (3.05m)
Kristi Branam	Fr John Carroll	9-10 1/2 (3.0)
40		
Katie Joyce	Fr St. Thomas (Minn)	9-10 (3.00m)
Ashley Wiser	So North Central College	9-10 (3.00m)
Trish Blanchard	Jr Central College (Ia)	9-9 1/4 (2.98)
Kate Strand	Jr Elmhurst College	9-8 (2.95m)
Megan Tarr	Sr Denison University	9-7 (2.92m)
Amy Jacobs	So Salisbury State	9-6 1/4 (2.90)
Cheyenne Oldham	So McMurry University	9-6 1/4 (2.90)
Vicky Monti	So Augustana College	9-6 1/4 (2.90)
Amy Stafford	Jr Ohio Wesleyan	9-6 1/4 (2.90)
Lisa Hodapp	Jr Concordia (Moorhead)	9-6 1/4 (2.90)
50		
Laura Young	Fr Emory University	9-5 1/4 (2.88)
51 entrants		

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400](#)  
[4X100](#) | [4X400](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#) | [PV](#)  
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## HEPTATHLON

Heather Pancake	Sr Wheaton College (Il)	4705
Jill Osenbaugh	Jr Central College (Ia)	4546
Mandy Rival	Jr Trinity College (Ct)	4404
Kelly Triplett	Jr Loras College	4369
Sandra Helquist	Sr Carleton College	4365
Kim Deaton	Sr Carthage College	4344
Catherine Mullen	Jr College Of New Jersey	4337
Tina Moran	Jr Carthage College	4332
Faith Anderson	Sr Colby College	4328
Kelly Tan	Sr Carleton College	4284

10

Amy Calderone	Jr Augustana College	4283
Kathy Thompson	Jr Wisconsin Eau Claire	4251
Sabrina Griffin	Jr McMurry University	4251
=====	Automatic Qualifier	4250
Jen Hawk	Sr Wisconsin Platteville	4247
Alisa Dentinger	Jr Ohio Northern	4203
Beccy Moyer	Jr Wisconsin Oshkosh	4134
Jill Jefferson	Sr Luther College	4123
Erica Torgerson	Jr Hope College	4102
=====	Last Qualifier	4102
Becca Casey	Jr Simpson College	4098
Kate McArthur	Sr Linfield College	4092

20

Cindy Withington	Sr Middlebury College	4073
Christy Pallardy	So Loras College	4072
Melissa Purdy	So Williams College	4066

23 entrants



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Northwest Conference  
Women's Cross County Championships  
McIver Park, Estacada, OR  
October 30, 1999  
5,000

\*\*\*\*\* WOMEN'S TEAM SCORING SUMMARY \*\*\*\*\*

Place	Affiliation	Total	1	2	3	4	5	( 6	7 )
1	Whitman	49 =	4	6	7	11	21	25	27
2	Whitworth	67 =	5	8	12	18	24	28	51
2	Willamette	67 =	1	9	14	17	26	33	35
4	Pacific Lutheran	75 =	2	15	16	20	22	29	36
5	George Fox	167 =	19	31	34	38	45	46	47
6	Puget Sound	170 =	10	37	39	40	44	48	52
7	Linfield	182 =	13	23	41	50	55		
8	Lewis & Clark	196 =	30	32	42	43	49	53	54
9	Pacific	233 =	3	56	57	58	59		

\*\*\*\*\* RESULTS BY ORDER OF FINISH \*\*\*\*\*

Pos	Entrant #	Name	GR	Affiliation	Score	Time
1	303	Beth Fitzgerald	4	Willamette	1	18:29.6
2	200	Lia Ossiander	2	Pacific Lutheran	2	18:42.6
3	178	Kim Ball	1	Pacific	3	18:50.6
4	253	Heather Koertje	3	Whitman	4	18:51.3
5	284	Annie Scott	3	Whitworth	5	18:56.0
6	255	Karin Pfeiffer-Hoyt	1	Whitman	6	18:58.1
7	244	Elisa Bobnes	4	Whitman	7	19:01.6
8	287	Holly Weiler	3	Whitworth	8	19:03.1
9	312	Tonya Sanders	4	Willamette	9	19:05.2
10	220	Kyra Patterson	2	Puget Sound	10	19:10.5
11	252	Megan Hunter	4	Whitman	11	19:17.9
12	279	Julia Lucas	3	Whitworth	12	19:21.0
13	167	Susan Hyde	4	Linfield	13	19:26.6
14	315	Evelyn Williams	1	Willamette	14	19:27.0
15	199	Serena Magnussen	3	Pacific Lutheran	15	19:29.9
16	201	Wendi Steele	1	Pacific Lutheran	16	19:32.0
17	314	Lisa Starkey	3	Willamette	17	19:34.1
18	269	Elizabeth Abbey	1	Whitworth	18	19:34.7
19	105	Jamie McElwain	3	George Fox	19	19:40.5
20	198	Lisa Lindsay	2	Pacific Lutheran	20	19:44.3
21	251	Amanda Havens	4	Whitman	21	19:46.0
22	195	Tesia Forbes	2	Pacific Lutheran	22	19:47.3
23	168	Maegan Jossy	3	Linfield	23	19:49.4
24	283	Katie Schlotfeldt	3	Whitworth	24	19:51.8
25	247	Taylor Dale	4	Whitman	25	19:52.6
26	302	Amber Emery	1	Willamette	26	19:53.8
27	256	Kitty Rasmussen	4	Whitman	27	20:01.1
28	270	Jessica Alley	3	Whitworth	28	20:05.9
29	197	Leigha Lemon	2	Pacific Lutheran	29	20:06.5
30	145	Helen Tammela	3	Lewis & Clark	30	20:08.8
31	108	Kirsten Norgaard	2	George Fox	31	20:11.3
32	133	Talia Epstein	2	Lewis & Clark	32	20:15.9
33	313	Courtney Smith	1	Willamette	33	20:16.4
34	111	Rebecca Rising	2	George Fox	34	20:17.5
35	309	Lisa Pohlit	1	Willamette	35	20:18.4
36	308	Jamie Mickelson	3	Willamette		20:18.5
37	196	Sarah Gogert	2	Pacific Lutheran	36	20:22.8
38	218	Julie Meyer	1	Puget Sound	37	20:23.0

Northwest Conference  
MEN'S Cross County Championships  
McIver Park, Estacada, OR  
October 30, 1999  
8,000

\*\*\*\*\* MEN'S TEAM SCORING SUMMARY \*\*\*\*\*

Place	Affiliation	Total	1	2	3	4	5	( 6	7 )
1	Puget Sound	41 =	1	5	10	12	13	20	21
(2)	George Fox	66 =	4	6	11	15	30	32	36
3	Pacific Lutheran	70 =	3	8	18	19	22	24	39
4	Willamette	75 =	7	9	16	17	26	29	34
5	Lewis & Clark	94 =	2	14	23	27	28	33	35
6	Whitworth	190 =	31	37	38	40	44	45	46
7	Whitman	214 =	25	43	47	48	51	53	54
8	Pacific	234 =	41	42	49	50	52	55	56
9	Linfield	inc.							

\*\*\*\*\* MEN'S RESULTS BY ORDER OF FINISH \*\*\*\*\*

Pos	Entrant #	Name	GR	Affiliation	Score	Time
1	227	Dave Davis	4	Puget Sound	1	24:51.9
2	158	Chris Mayer	3	Lewis & Clark	2	25:15.2
3	205	Forrest Griek	4	Pacific Lutheran	3	25:48.1
(4)	129	Steve Willmer	2	George Fox	4	25:56.6
5	231	Reagan Grabner	1	Puget Sound	5	26:01.8
(6)	130	Brandon Workman	4	George Fox	6	26:02.8
7	317	Stephen Cruise	4	Willamette	7	26:07.2
8	209	Ryan Reed	2	Pacific Lutheran	8	26:19.3
9	322	Adam Holbrook	1	Willamette	9	26:25.9
10	232	Robert Graham	4	Puget Sound	10	26:33.2
(11)	121	John Mantalas	4	George Fox	11	26:44.5
12	239	Brian Mulry	3	Puget Sound	12	26:47.9
13	230	J.R. Flowerree	1	Puget Sound	13	26:48.8
14	164	Neil Weare	2	Lewis & Clark	14	26:50.7
(15)	118	James Eubank	1	George Fox	15	26:52.8
16	173	Paul Davis	3	Linfield		26:53.2
17	323	Mat Hunnicut	3	Willamette	16	26:56.0
18	320	Nathan Gushwa	3	Willamette	17	26:57.8
19	203	Floyd Bangerter	1	Pacific Lutheran	18	27:01.0
20	204	Alan Davies	3	Pacific Lutheran	19	27:01.5
21	226	Sam Berg	4	Puget Sound	20	27:01.8
22	174	Gabe Doeblor	4	Linfield		27:04.1
23	234	Micah Grigonis	4	Puget Sound	21	27:07.1
24	238	Ben Mangrum	4	Puget Sound		27:11.1
25	210	Ryan Warren	3	Pacific Lutheran	22	27:18.0
26	166	Anthony Young	1	Lewis & Clark	23	27:23.2
27	208	Aaron Miller	2	Pacific Lutheran	24	27:27.0
28	267	Lars Tysver	3	Whitman	25	27:27.8
29	325	Zach Meyers	3	Willamette	26	27:29.1
30	153	Andrew Cody	2	Lewis & Clark	27	27:30.4
31	154	Rickey Gates	1	Lewis & Clark	28	27:32.0
32	319	Taylor Groth	1	Willamette	29	27:33.1
33	176	Nate Miller	3	Linfield		27:35.4
(34)	126	Bryan Thompson	3	George Fox	30	27:39.1
35	296	Ben Robinson	1	Whitworth	31	27:41.3
(36)	117	Jackson Esselman	2	George Fox	32	27:43.5
37	150	Theron Brown	3	Lewis & Clark	33	27:51.4
38	316	Shawn Bagley	3	Willamette	34	27:58.5

**NCAA-III West Region  
McIver Park, Estacada, OR  
November 13, 1999  
5,000m**

**Hosted by Lewis & Clark College**

**\*\*\*\*\* WOMEN'S TEAM SCORING SUMMARY \*\*\*\*\*  
Top 2 Teams Advance to Nationals**

Place	Affiliation	Total	1	2	3	4	5	( 6	7 )
1	UC San Diego	57 =	1	9	12	13	22	33	41
2	Claremont-Mudd-Scripps	74 =	6	11	14	19	24	26	34
3	Willamette	115 =	7	15	23	30	40	61	80
4	Colorado College	131 =	3	27	28	35	38	48	51
5	Whitman	138 =	17	18	21	37	45	50	63
6	Pomona-Pitzer	151 =	4	16	36	43	52	69	
7	Pacific Lutheran	186 =	5	31	47	49	54	58	70
8	Whitworth	192 =	20	29	42	44	57	66	
9	Redlands	210 =	10	32	39	64	65	72	75
10	Puget Sound	262 =	2	25	76	77	82	85	88
11	Lewis & Clark	292 =	46	56	60	62	68	71	83
12	George Fox	333 =	55	59	67	74	78	79	84
13	Pacific	376 =	8	89	92	93	94		
14	Cal Lutheran	380 =	53	73	81	86	87	90	91

**\*\*\*\*\* WOMEN'S RESULTS BY ORDER OF FINISH \*\*\*\*\***

Pos	Entrant #	Name	GR	Affiliation	Score	Time
1	187	Carolyn Jones	1	UC San Diego	1	18:02.7
2	203	Dana Boyle	2	Puget Sound	2	18:35.2
3	129	Gretchen Grindle	4	Colorado College	3	18:42.8
4	181	Anastasia Finnegan	4	Pomona-Pitzer	4	18:43.9
5	174	Lia Osslander	2	Pacific Lutheran	5	18:44.5
6	120	Andrea Haver	2	Claremont-Mudd-Scripps	6	18:49.1
7	243	Beth Fitzgerald	4	Willamette	7	18:51.5
8	163	Kim Ball	1	Pacific	8	18:53.4
9	294	Amie Wu	3	UC San Diego	9	19:03.1
10	218	Liz Irvine	3	Redlands	10	19:04.0
11	125	Brandi Page	4	Claremont-Mudd-Scripps	11	19:04.7
12	185	Laura Cherdack	1	UC San Diego	12	19:14.4
13	189	Sarah Leonard	1	UC San Diego	13	19:15.4
14	119	Amy Foss	1	Claremont-Mudd-Scripps	14	19:16.0
15	248	Tonya Sanders	4	Willamette	15	19:16.5
16	177	Leah Barnes	4	Pomona-Pitzer	16	19:20.5
17	229	Karin Pfeiffer-Hoyt	1	Whitman	17	19:22.0
18	224	Elisa Bobnes	4	Whitman	18	19:27.7
19	123	Danielle Neff	2	Claremont-Mudd-Scripps	19	19:28.8
20	240	Annie Scott	3	Whitworth	20	19:29.8
21	228	Heather Koertje	3	Whitman	21	19:31.3
22	188	Caren Jordan	1	UC San Diego	22	19:33.2
23	251	Evelyn Williams	1	Willamette	23	19:33.4
24	126	Rhiannon Woods	3	Claremont-Mudd-Scripps	24	19:35.0

88	249	Courtney Smith	1	Willamette	80	21:32.3
89	108	Jamie Pearcy	1	Cal Lutheran	81	21:40.9
90	208	Julie Meyer	1	Puget Sound	82	21:48.9
91	112	Gina Segura	4	Chapman		21:49.2
92	156	Jauna Williams	2	Lewis & Clark	83	21:52.6
93	146	Camile VanHooser	1	George Fox	84	22:02.4
94	210	Brooke Pfeifle	2	Puget Sound	85	22:05.4
95	103	Cindy Ham	3	Cal Lutheran	86	22:15.2
96	100	Katie Bashw	1	Cal Lutheran	87	22:23.4
97	204	Katie Danielson	2	Puget Sound	88	22:52.6
98	113	Erin Kitt	4	Chapman		22:52.9
99	166	Jennifer Jacobson	1	Pacific	89	23:03.3
100	105	Nicole Montee	3	Cal Lutheran	90	23:09.3
101	104	Kate James	2	Cal Lutheran	91	23:15.7
102	168	Janna Vavra	1	Pacific	92	26:26.7
103	167	Marie Scott	1	Pacific	93	27:12.3
104	165	Dawn Hopper	1	Pacific	94	29:32.8

# **WOMEN**

			<u>Behind #1</u>	<u>PQA / Av. Mile</u>	<u>Per K</u>	<u>M1 - M2 - M3+</u>	<u>Mile Variance</u>
59.	McElwain	19:40.5 / 20:32.0	--	98.6 / 6:34	4:06	5:54--7:08--7:30	74
64.	Rising	20:17.5 / 20:34.8	3	98.8 / 6:35	4:07	6:12--6:50--7:35	43
72.	Norgaard	20:11.3 / 20:55.3	33	1:40.4 / 6:42	4:11	6:11--7:10--7:34	59
80.	Starr	20:23.4 / 21:11.6	40	1:42 / 6:48	4:14	6:16--7:10--7:46	54
86.	St. Lwrnce	20:28.1 / 21:26.4	54	1:43 / 6:52	4:17	6:16--7:22--7:48	76
87.	Lilagan	20:33.1 / 21:29.3	57	1:43 / 6:53	4:18	6:20--7:25--7:44	65
93.	VanHooser	20:31.3 / 22:02.4	90	1:46 / 7:04	4:24	6:19--7:26--8:17	82
104							

<b><u>TEAM TIME</u></b>	<b><u>NWC</u></b>	<b><u>101:00.8</u></b>	<b>(McIver Course Record by 36 seconds)</b>
	<b><u>Regionals</u></b>	<b><u>103:40.1</u></b>	

27	402	Sam Berg	4	Puget Sound	26	27:16.7
28	374	Ryan Reed	2	Pacific Lutheran	27	27:17.7
29	317	Will Berriel	1	Claremont-Mudd-Scripps	28	27:19.3
30	369	Alan Davies	3	Pacific Lutheran	29	27:20.1
31	406	Robert Graham	4	Puget Sound	30	27:24.0
32	355	Anthony Young	3	Lewis & Clark	31	27:28.3
33	445	Zach Meyers	3	Willamette	32	27:30.9
34	345	Brandon Workman	4	George Fox	33	27:34.3
35	392	Mike Wangler	4	UC San Diego	34	27:36.1
36	337	James Eubank	1	George Fox	35	27:40.1
37	358	Gabe Doebler	4	Linfield		27:41.6
38	359	Nate Miller	3	Linfield		27:43.4
39	348	Andrew Cody	2	Lewis & Clark	36	27:48.2
40	368	Floyd Bangerter	1	Pacific Lutheran	37	27:49.3
41	377	Paul Miser	1	Pomona-Pitzer	38	27:51.6
42	332	Patrick Shannon	2	Colorado College	39	27:54.1
43	410	Brian Mulry	3	Puget Sound	40	27:54.6
44	307	Justin Coffeen	2	Cal State Hayward	41	27:56.1
45	346	Andrew Ault	3	Lewis & Clark	42	27:58.3
46	422	Jhalister Corona	2	Whittier	43	28:03.0
47	426	Christopher Lahti	3	Whittier	44	28:03.4
48	443	Mat Hunnicutt	3	Willamette	45	28:06.3
49	441	Nathan Gushwa	3	Willamette	46	28:06.9
50	338	John Mantalas	4	George Fox	47	28:08.5
51	386	Damian Garcia	4	UC San Diego	48	28:10.6
52	425	Jamaal Jackson	2	Whittier	49	28:11.7
53	440	Taylor Groth	1	Willamette	50	28:16.0
54	326	Sean Corrigan	1	Colorado College	51	28:16.9
55	420	Lars Tyser	3	Whitman	52	28:18.9
56	336	Jaskson Esselman	2	George Fox	53	28:21.3
57	388	Kevin Harley	4	UC San Diego	54	28:25.4
58	363	Carl Hoogesteger	1	Pacific	55	28:26.0
59	373	Aaron Miller	2	Pacific Lutheran	56	28:26.7
60	330	Eric Martin	2	Colorado College	57	28:27.2
61	399	Ryan Scott-Acosta	1	La Verne		28:31.2
62	416	Kelii Kotubetey	4	Whitman	58	28:31.8
63	383	John Snape	2	Pomona-Pitzer	59	28:33.3
64	329	Carl Leivers	1	Colorado College	60	28:36.3
65	372	Josh Lennox	1	Pacific Lutheran	61	28:37.3
66	353	Ian Townley	3	Lewis & Clark	62	28:38.2
67	360	Darren Bowe	1	Pacific	63	28:39.1
68	318	David Boland	3	Claremont-Mudd-Scripps	64	28:40.4
69	435	Ben Robinson	1	Whitworth	65	28:43.6
70	333	Brian Stone	4	Colorado College	66	28:49.3
71	378	Jake Oken-Berg	2	Pomona-Pitzer	67	28:52.6
72	431	Justin Davis	3	Whitworth	68	29:00.0
73	334	Carlos Valverde	4	Colorado College	69	29:03.3
74	300	Arnie Camp	4	Cal Lutheran	70	29:05.6
75	303	Tom Ham	1	Cal Lutheran	71	29:05.8
76	433	Jonathan Houk	1	Whitworth	72	29:09.2
77	428	Sean Riordan	4	Whittier	73	29:13.0
78	310	Joe Schmelzinger	4	Cal State Hayward	74	29:15.0
79	375	Ryan Warren	3	Pacific Lutheran	75	29:16.0
80	430	Erik Brucker	3	Whitworth	76	29:22.9
81	341	Bryan Thompson	3	George Fox	77	29:27.1
82	339	Scott Oswald	4	George Fox	78	29:29.2
83	436	Adam Thornton	2	Whitworth	79	29:36.2
84	444	Joey Janota	2	Willamette	80	29:45.6
85	381	Mike Rostkowski	2	Pomona-Pitzer	81	29:54.5
86	306	Karl Stutleburg	3	Cal Lutheran	82	29:58.7
87	417	Andrew Moore	1	Whitman	83	30:04.3
88	415	Ryan Gold	1	Whitman	84	30:08.1
89	419	Jerome Schwartz	1	Whitman	85	30:11.2



Coach Cook,

Here are T+F records  
for the media guide.

I am missing the members  
of Portland State's  
4x100 team from

3/6/99. They set a  
field record, so it might  
be nice to include names.

Also, I cannot find the  
exact date from one  
of the women's 4x800  
relay teams. If you  
could get those to me,  
I'd be most appreciative.

Please check through the  
rest of the stuff, and if  
there are more changes,  
let me know. I'll be  
sending more of the KC  
stuff for proofing once  
that has been updated.

Thanks,

- Brian Dunek  
SID Assistant

## MEN

## 100m

10.25	Gregg Griffin	SR	5-18-79
10.65	Ryan Chaney	JR	5-04-96
10.75	David Plotts	JR	4-31-99
10.84	John Koroma	SO	3-30-74
10.84	Tony Nagle	SO	4-22-89
10.94	Amadu Koroma	FR	4-23-75
11.04	Werner Siebert	SO	3-12-77
11.04	Mark Reynolds	JR	5-10-80
11.04	Mark Young	JR	4-14-84
11.04	Adolphus Onua	SO	4-13-85

## 200m

21.31	Ryan Chaney	SR	5-11-97
21.44	Gregg Griffin	SR	4-27-79
21.63	David Plotts	JR	4-31-99
22.04	John Koroma	SO	3-16-74
22.04	Bruce Ponder	JR	4-12-75
22.04	Tim Conley	SR	4-14-90
22.04	Werner Seibert	SR	3-17-79
22.05	Jim Haley	SR	4-31-99
22.34	Mark Reynolds	SO	4-27-79
22.34	Tony Nagle	SO	4-15-89

## 400m

45.98	Ryan Chaney	SR	5-23-97
48.15	Tim Conley	SR	5-12-90
48.34	Werner Seibert	SR	5-12-79
48.44	Chad Neeley	SR	5-13-78
48.64	Monte Anders	SR	5-10-80
48.74	Jim Haley	SR	5-08-99
48.74	Bruce Ponder	JR	4-28-75
48.94	Eric Costa	SO	5-01-99
48.97	Jason Lewis	JR	5-08-93
49.34	Josh Howery	SR	4-18-98

## 800m

1:50.00	Todd Bos	SR	5-25-91
1:52.51	Ron Marsh	SR	5-16-92
1:52.82	Jonathan Morse	FR	5-04-91
1:52.94	Wendell Otto	SO	4-14-79
1:53.69	Curt Rosen	SR	4-26-97
1:53.94	Randy Ware	JR	3-05-77
1:54.73	Torrey Lindbo	SO	5-15-93
1:54.74	Keith Pearson	SO	5-10-80
1:54.84	John Cole	FR	4-26-80
1:54.84	Cliff McCurdy	SR	4-10-77

## 1,500m

3:46.25	Jonathan Morse	SO	4-25-92
3:49.94	Wendell Otto	SO	4-14-79
3:50.97	Steve Stuart	SR	5-22-80
3:52.74	Todd Bos	SR	4-20-91
3:52.74	Bruce Greene	FR	5-14-76
3:53.36	Ron Marsh	SR	5-09-92
3:53.94	Steve Blikstad	SO	4-30-77
3:54.86	Rolf Potts	JR	4-25-92
3:55.94	Vanni Tilzey	SO	5-13-89

KEVIN BULL - ON NEXT PAGE

3:56.19 Kevin Ball FR 5-05-84  
 3,000m

8:25.34 Jonathan Morse JR 1993  
 8:33.74 Steve Blikstad SO 1977  
 8:40.74 Erik Gibson JR 1995  
 8:42.35 Brandon Workman SO 1998  
 8:44.64 Mark Mohnen JR 1990  
 8:45.04 Ken Bell SO 1972  
 8:45.14 Steve Stuart FR 1977  
 8:45.74 Curt Ankeny SR 1974  
 8:47.04 Jon Wright SO 1991  
 8:47.94 Vanni Tilzey JR 1990

### 5,000m

14:22.64 Steve Blikstad SR 5-12-79  
 14:28.44 Jonathan Morse SO 4-16-92  
 14:45.64 Steve Stuart SR 5-02-80  
 14:51.55 Brandon Workman JR 3-28-99  
 14:53.14 Mark Mohnen JR 4-28-90  
 14:53.39 Erik Gibson JR 3-24-95  
 14:53.54 Jerred Gildehaus FR 3-02-85  
 14:56.04 Lyndel Smith JR 5-12-79  
 14:57.14 Aaron Howard JR 3-23-91  
 14:58.24 Jon Wright SR 11-14-92

### 10,000m

30:42.74 Mark Mohnen SR 4-27-91  
 30:46.84 Jon Wright SO 4-05-91  
 30:58.44 Dave Molstad JR 5-12-78  
 31:41.04 Matt Kirkpatrick SO 4-05-91  
 31:51.79 Jerred Gildehaus SO 5-09-86  
 31:57.24 Tim Rochholz SR 5-09-80  
 32:04.02 Aaron Howard JR 5-10-91  
 32:06.54 Lyndal Smith JR 4-07-79  
 32:09.71 Jim Brewer FR 5-07-93  
 32:16.54 Mike Murphy JR 3-07-92

### Marathon

2:25:19 Curt Ankeny JR 2-24-73  
 2:31:26 Larry Mock SO 11-26-88  
 2:31:36 Mark Adamson SO 2-28-76  
 2:32:29 Jim Bright JR 2-27-82  
 2:34:24 Tim Rochholz JR 2-24-79  
 2:37:26 Dwight Larabee JR 2-23-85  
 2:41:55 Jack Winter SR 2-28-81  
 2:46:55 Dave Hamilton SO 2-21-74  
 2:51:17 Dan Price FR 2-23-85  
 2:52:56 Dean Gadd FR 2-25-78

### 110m High Hurdles

13.94 Adolphus Onua SO 4-13-85  
 14.54 David Parker SR 5-01-92  
 14.84 Mark Reynolds FR 4-22-78  
 14.84 Rick Frisk SO 5-09-81  
 14.84 Scott Cummins FR 4-25-87  
 14.94 Duane Swafford JR 4-27-79  
 15.19 Aaron Young JR 4-01-95  
 15.33 John Smith JR 4-01-95  
 15.34 Keith Wigley SR 4-10-86  
 15.34 Steve Shattuck FR 4-07-90

### 400m Intermediate Hurdles

52.30 David Parker SO 5-03-97  
 52.34 Chad Neeley SR 5-20-78

THIS YEAR -  
 STEVE WILKINER - 8:40.68 i

14.47

5-25-99

52.75	Brian Hartenstein	SR	4-25-92
53.24	Rick Frisk	SO	4-24-81
53.96	Scott Edinger	SR	<del>5-08-99</del> 5-15-99
54.24	Duane Swafford	JR	4-26-80
54.54	Scott Brown	SR	4-20-91
55.14	James Oshiro	SO	4-20-91
55.24	Tim Weaver	FR	5-05-73
55.24	Bruce Ponder	JR	5-18-74

### 3,000m Steeplechase

8:50.14	Steve Blikstad	SR	4-27-79
9:03.88	Erik Gibson	JR	5-27-95
9:10.34	Mike Murphy	JR	5-21-92
9:11.54	Ed Sloan	SO	<del>4-25-92</del>
9:18.35	Brandon Workman	SO	5-09-98
9:22.44	Scott Ball	SO	<del>5-11-84</del>
9:22.63	Phil Hughes	FR	5-08-92
9:22.74	Wendell Outo	JR	5-09-80
9:24.09	Eli Lane	SO	<del>5-25-95</del>
9:24.94	Lyndal Smith	JR	5-11-79

### High Jump

7-0.25	Tim Hagen	SR	6-01-90
6-10.25	Aaron Young	FR	5-16-92
6-9	Owen James	FR	5-09-81
6-7	Bob Quiring	FR	5-12-79
6-6.75	Scott Murphy	JR	4-25-92
6-6.75	John Smith	JR	5-06-95
6-6.25	Keith Wigley	SR	3-28-86
6-6	Lon Austin	SO	3-26-77

6-6 Four others

*CAN WE LIST THEM?!*

### Pole Vault

15-8	Dave McDonald	SO	6-07-69
15-7	John Smith	JR	5-06-95
15-1	Jason Strait	JR	5-08-93
15-0	Brent Heydel	FR	3-18-80
14-1.75	David Parker	JK	4-25-98
14-0.5	J.J. Arthur	JR	4-10-99
14-0	Bruce Oberst	SR	5-10-80
14-0	Keith Wigley	SR	4-26-86
14-0	Rod Eakin	FR	3-07-87
13-9	Ken Lillis	JR	5-04-74

### Long Jump

23-9	Amadu Koroma	SR	5-20-76
23-7.25	Rob Rising	SO	5-20-93
23-5.25	Shane Covelli	FR	5-05-90
22-10.5	Andrew Stave	JR	5-02-97
22-9.5	David Parker	SO	5-02-97
22-4.5	Mark Halland	SR	4-28-73
22-4.5	John Smith	JR	2-25-95
22-3	Aaron Young	SR	3-30-96
22-1.5	Randy Winston	SR	4-28-73
22-1	Dave Varnon	FR	4-29-78

### Triple Jump

48-7.5	Aaron Young	SR	5-24-96
48-5.5	Mark Halland	JR	6-02-72
47-11.5	Cal Ferguson	SR	1968
47-6.25	Randy Winston	SR	3-24-73
46-6	Andrew Stave	SO	5-11-96
45-11.25	John Smith	FR	3-06-93
45-8.75	Fred Cummings	FR	3-12-77

45-4.5	David Parker	FR	3-30-96
45-3.5	Dave Varnon	FR	4-29-78
44-11.5	Wendell Otto	FR	4-08-78
44-11.5	Rob Rising	SO	5-08-93

**Shot Put**

55-3	Bob Hadlock	JR	1968
48-2	Allan Morrow	SO	3-05-77
48-0	Larry Benson	FR	1967
47-11.5	Ian Strauss	SO	5-01-98
46-5.5	Jeff Votaw	JR	4-24-99
45-11	Matt Marlow	SR	4-25-70
45-10.5	Mike Watts	SR	3-21-87
45-6.5	Steve Curtis	SR	4-24-82
45-0.5	Shane Bentley	FR	5-01-98
43-9.5	Jonathan Huwe	SR	5-17-94

WANT TO ADD THIS SEASON'S  
ADDITIONS?

48-6 1/4 STRAUSS 3/11  
45-2 1/2 STRUNK 3/11

**Discus**

168-6	Charlie Keeran	SR	5-23-80
158-5	Jonathan Huwe	SO	3-27-92
155-3	Nathan Whitham	SR	4-11-85
155-0	Ian Strauss	JR	5-01-99
153-1	Mike Watts	SR	4-25-87
152-10	Paul Maddox	JR	4-10-86
151-6	Dell Dittus	SR	4-19-75
144-9	Jeff Votaw	JR	5-01-99
144-6	Steve Curtis	SR	5-08-82
144-6	John Smith	SR	5-03-96

**Hammer**

170-3	Allan Morrow	SR	4-14-79
165-6	Nathan Whitham	SR	4-25-85
164-10	Steve Curtis	SR	4-16-82
152-2	Mike Watts	SR	4-26-86
151-4	Nate Grandle	SR	3-02-90
147-0	Dave Elkins	JR	3-14-86
144-11	Nolan Smith	SR	4-16-82
144-8	Sam Morrow	SR	3-18-95
136-2	Eric Kunze	JR	4-10-99
132-2	Steve Huisenga	SR	4-24-82

138-8  
STRUNK 3/4

**Javelin**

204-10	David Nickell	SO	5-14-88
196-1	Ty Taylor	SO	4-11-98
187-5	Trevor Lewis	FR	3-31-90
185-8	Mike Watts	SR	5-02-87
183-11	Jon Roberts	JR	4-31-99
182-5	John Smith	SR	4-13-96
179-0	Rob Flanagan	JR	3-15-91
177-10	Rich Blanchette	FR	3-01-86
175-2	Jason Bingham	SR	3-19-94
173-7	David Mueller	SO	4-10-86

**Decathlon**

7138	John Smith	JR	5/25-26/95
6800	David Parker	SO	4/14-15/97
6451	Keith Wigley	SR	5/22-23/86
6226	David Nickell	SO	4/18-19/88
6203	Aaron Young	JR	4/17-18/95
6138	Jon Hirota	FR	5/04-05/94
6112	Scott Brown	JR	4/26-27/90
5853	Scott Edinger	FR	4/15-16/96
5789	Rob Flanagan	FR	4/17-18/89
5693	Shane Covelli	FR	4/16-17/90

**5,000m Racewalk**

21:51.2	Vance Godfrey	SR	4-13-91
22:23.5	David Thomas	SR	5-21-93
24:46.1	Travis Johnson	SO	4-07-90
25:35.7	Alin Ifrim	FR	5-08-93

**10,000m Racewalk**

45:40.5	Vance Godfrey	SR	3-15-91
47:10.2	David Thomas	JR	4-18-92
51:27.2	Travis Johnson	SO	4-21-90
59:40.8	Dan Price	FR	5-11-85
59:49.0	Jack Winter	JR	5-10-80
60:37.0	Dave Wilkinson	SO	5-10-80
61:09.2	Dwight Larabee	FR	5-08-82
62:03.5	Duane Smiley	SO	5-09-81
63:28.2	Kevin Ball	SO	5-11-85
66:56.4	Nolan Smith	FR	5-12-79

**4x100m Relay**

41.24	Koroma, Neeley Reynolds, Griffin	4-22-78
41.84	Reynolds, Seibert Anders, Griffin	5-19-79
41.94	Karoma, Seibert Griffin, Mitchell	4-01-77
42.33	Parker, Gassaway Costa, Plotts	4-17-99
42.33	Parker, Gassaway, West, Plotts	<del>4-21-99</del> 5-1-99
42.34	A. Koroma, Neeley Ponder, J. Koroma	5-17-75
42.44	A. Koroma, Neeley Mitchell, Griffin	5-1977
42.44	Howery, Carmack Ankeny, Chaney	4-27-96
42.78	Costa, Gassaway, West, Plotts	3-06-99
42.96	Parker, Howery Edinger, Chaney	5-03-97

**4x400m Relay**

3:11.10	Carmack, Chaney Haley, Parker	5-23-97
3:13.05	Howery, Chaney Parker, Carmack	5-25-96
3:16.54	Plotts, Haley, Costa, Parker	<del>5-25-99</del> 5-08-99
3:16.84	Parker, Haley, Gassaway, Willmer	5-01-99
3:17.03	Edinger, Haley Parker, Chaney	4-26-97
3:17.56	Carmack, Schaffeld Lindbo, Chaney	5-13-95
3:18.16	Reynolds, Chaney Parker, Haley	3-29-97
3:18.17	Lewis, Robinson Rising, Lindbo	5-08-93
3:18.32	Oshiro, Marsh Hartenstein, Bos	4-27-91
3:18.34	Olds, Van Winkle Frisk, Anders	5-10-80

**4x800m Relay**

*Let's go with 10 fastest  
RACES OVERALL*

*attached*

*COSTA, ~~FRISK~~ HALEY, GASSAWAY, PARKER*

*3:16-26*



7:42.0	Mwaura, Bales	4-22-78
	Otto, Ware	
7:45.64	Thompson, Nichols,	5-08-99
	Mantallas, Willmer	
7:46.4	Mwaura, Bales	4-26-77
	McCurdy, Stuart	
7:49.32	Marsh, Potts	3-27-92
	Kneeshaw, Morse	
7:50.4	Potts, Bos, Marsh, Morse	3-09-91
7:51.18	Autrey, Workman	5-09-98
	Mantallas, Edinger	
7:52.90	Mantallas, Autrey	4-05-98
	Nichols, Edinger	
7:54.72	Esselman, Willmer,	3-20-99
	Mantallas, Edinger	
7:55.2	McCurdy, Bales	4-24-76
	Ware, Greene	
7:55.5	Mantallas, Autrey	4-18-95
	Nichols, Edinger	

*E. THOMPSON, NICHOLS, MANTALLAS, WILLMER*  
*5-23-99*

## Women

### 100m

12.05	Jackie Jackson	FR	1981
12.25	Jacque Davis	SO	1981
12.34	Janet Johnson	SR	1965
12.50	Amy Redenius	FR	1996
12.54	Joyce Yates	FR	1979
12.54	Tiffani Coston	FR	1988
12.56	Kristin Oelrich	SO	1996
12.64	Denise Carlson	JR	1990
12.64	Billie Bentley	FR	1993
12.64	Marta Shields	FR	1987
12.64	Joy Butler	FR	1994

### 200m

24.60	Joyce Yates	FR	1979
24.98	Jackie Jackson	FR	1981
25.04	Janet Johnson	SR	1965
25.31	Amy Redenius	FR	1996
25.46	Shavon Dennis	FR	1980
25.94	Laurie Sparks	FR	1979
26.02	Kelly Scrutton	SO	1995
26.10	Stephanie Castillo	FR	1995
26.11	Kristin Oelrich	SO	1996
26.22	Ginean Lewis	JR	1992

### 400m

56.22	Shavon Dennis	FR	1980
57.51	Heidi Haley	SR	1997
57.70	Kristin Oelrich	SO	1996
57.97	Nancy Rissmiller	SR	1998
58.21	Amy Redenius	FR	1996
58.23	Ginean Lewis	JR	1992
58.41	Liz Stephens	SR	1996
58.87	Stephanie Castillo	FR	1995
59.46	Kelly Scrutton	FR	1994
59.76	Karen Baltz	SR	1997

### 800m

2:13.44	Debbie Kintrea	JR	1992
2:14.56	Nancy Rissmiller	SO	1996
2:17.44	Liz Stephens	SR	1996

2:17.63 Melanie Springer JR 1989  
 2:18.14 Marne VanSise SO 1991  
~~2:18.36~~ Jamie McElwain SO 1999  
 2:18.65 Melissa Conley SR 1992  
 2:18.99 Karen Baltz SR 1997  
 2:20.34 Kay Mattson SO 1983  
 2:20.34 Hannah Smith JR 1993

2:17.86

ALSO 2:20.34 REBEKAH ULMER, JR, 1996

**1,500m**

4:36.24 Juli Cyrus JR 1993  
 4:40.92 Jill (Jamison) Beals FR 1989  
 4:41.28 Dawn Hartwig SR 1996  
 4:42.29 Debbie Kintrea JR 1992  
 4:42.58 Melissa Conley SR 1992  
 4:43.66 Rebekah Ulmer SO 1996  
 4:45.92 Phaydra Newport SO 1991  
 4:48.14 Brooke Barton FR 1994  
 4:49.12 Jenny Campbell SO 1994  
 4:49.34 Stephanie Morrow SR 1995

**3,000m**

9:46.30 Juli Cyrus SO 1992  
 9:53.94 Jill (Jamison) Beals JR 1991  
 10:05.03 Dawn Hartwig SR 1996  
 10:09.94 Michelle Brown JR 1992  
 10:11.06 Brooke Barton FR 1994  
 10:12.45 Phaydra Newport JR 1992  
 10:19.34 Rebekah Ulmer SO 1996  
 10:26.44 Dianne Petersen SR 1991  
 10:29.77 Kristin Potts FR 1988  
 10:34.49 Jenny Campbell SO 1994

10:31.29 EMER BRODINS JR 2000

**5,000m**

16:45.75 Jill (Jamison) Beals SR 1992  
 17:01.87 Juli Cyrus JR 1993  
 17:24.84 Michelle Brown SO 1992  
 17:31.84 Phaydra Newport JR 1992  
 17:40.91 Dawn Hartwig SR 1996  
 17:46.44 Brooke Barton FR 1994  
 17:59.24 Dianne Petersen SR 1991  
 18:20.00 Angela Murrell JR 1992  
 18:28.44 Kristin Potts FR 1988  
 18:34.04 Nancy Roley SR 1986

**10,000m**

34:25.74 Jill (Jamison) Beals SR 1992  
 36:59.24 Dianne Petersen SR 1991  
 37:55.87 Stephanie Morrow SR 1995  
 38:15.14 Michelle Brown FR 1991  
 38:34.34 Kristin Potts FR 1988  
 38:41.54 Phaydra Newport SO 1991  
 40:01.72 Angela Linder SR 1996  
 40:03.84 Mindy Fox FR 1992  
 40:29.14 Melody McCart SO 1998  
 40:33.94 Nancy Roley SR 1986

**Half Marathon**

1:23:25 Jill (Jamison) Beals JR 1991  
 1:39:44 Anita Linhart FR 1991

**Marathon**

3:51:07 Kali Haverstock FR 1987

**Heptathlon**

4556 Mariyss Stenberg SR 1993

4362	Liz Stephens	SR	1996
3834	Tina Stauffer	SO	1993
3631	Cheryl Shepherd	JR	1992
3562	Tori Taylor	FR	1999
3528	Karrie Kiester	FR	1997
3454	Keelie Keown	FR	1994
3445	Heidi Smith	FR	1999
3445	Jennifer Christiansen	JR	1996
3323	Kelli Hagen	JR	1988

### 100m High Hurdles

14.57	Sharon Barnett	JR	1999
14.88	Liz Stephens	JR	1995
14.89	Karrie Kiester	JR	1999
15.17	Karen Maxwell	JR	1980
15.29	Marlyss Stenberg	SR	1993
15.54	Jacquie Williams	SR	1983
15.54	Holly Irvine	FR	1994
15.64	Sandra Burns	SO	1980
15.80	Julie Puckett	FR	1996
16.14	Karen Wilkinson	FR	1986

### 400m Low Hurdles

61.29	Liz Stephens	SR	1996
62.78	Marlyss Stenberg	SR	1993
64.13	Karrie Kiester	JR	1999
65.24	Karen Maxwell	JR	1980
65.41	Sharon Barnett	JR	1999
65.84	Nora Thompson	SR	1984
66.07	Holly Irvine	FR	1994
67.07	Eva Crawford	SO	1993
67.34	Sandra Burns	SO	1980
67.54	Lois Thomas	SR	1982

67.14 MEGAN HEUBERGER, SR/H 2070

### High Jump

5-10	Nancy Rissmiller	FR	1995
5-7	Kathy Brown	JR	1994
5-5	Tina Golden	FR	1991
5-4.25	Amy Forbes	SO	1999
5-4	Sue Woolsey	SR	1987
5-4	Rachel Powell	FR	1996
5-3.75	Melody Groeneveld	SO	1983
5-3	Maryann Mason	JR	1979
5-3	Keelie Keown	FR	1994
5-3	Angie Powell	FR	1997

### Long Jump

17-11.25	Marlyss Stenberg	JR	1992
17-5	Jacquie Williams	FR	1980
17-2.25	Kara Erickson	JR	1998
16-11.75	Julie Lang	SO	1977
16-10	Sue Banta	FR	1977
16-9.75	Celeste Wallwork	FR	1999
16-9.75	Sharla Rhoades	SO	1997
16-9.5	Jocelyn Kennedy	SO	1998
16-3.25	Liz Stephens	SR	1996
16-3	Bobbi Sloan	FR	1991
16-3	Karen Maxwell	JR	1980

also [16-3 TINA STAUFFER - SO - 1993

### Triple Jump

37-3	Sharla Rhoades	SR	1999
36-5.75	Jocelyn Kennedy	FR	1997
36-5	Heidi Smith	FR	1999

35-3

35-4.5	Kara Erickson	JR	1998
34-6.25	Celeste Wallwork	FR	1999
34-04.5	Keili Hagen	SR	1991
33-7.75	Colleen Forbes	FR	1999
33-06	Tina Stauffer	FR	1992
33-02	Debbie Sitz	FR	1990
32-11	Amy Forbes	FR	1998

KELSEY BARON (2000)

## Shot Put

42-3.5	Karen Gurske	FR	1981
40-4	Danielle Wilson	FR	1988
39-10.5	Paula Wittenburg	JR	1985
39-10	Nancy Katus	JR	1989
39-4.5	Leah Johanson	SO	1994
39-1.5	Gina Cross	FR	1989
38-7	Cheryl Funk	SO	1986
38-5	Melanie Johnson	FR	1982
38-0	Cheryl Shepherd	JR	1992
37-11.25	Marian Stevens	FR	1999

## Discus

151-1	Paula Wittenburg	SR	1986
143-7.5	Nancy Katus	JR	1989
131-7	Marian Stevens	FR	1999
126-3	Leah Johanson	JR	1995
125-1	Sarah Norum	FR	1998
121-11	Danielle Wilson	FR	1988
121-7	Cheryl Funk	SO	1986
120-1	Rachel Lewis	JR	1995
119-9	Karen Gurske	FR	1981
114-11	Rachel Hampton	FR	1984

## Javelin

156-11	Becci Harper	JR	1996
155-0	Denise Fox	SR	1989
154-10	Sue Banta	FR	1977
149-4	Leah Johanson	JR	1995
145-7	Cheryl Shepherd	JR	1992
136-4	Kristy Fleming	SO	1993
<del>123-7</del>	<del>Lori Miller</del>	<del>SO JR</del>	<del>1999</del>
122-1	Eva Pattee	FR	1991
117-3	Tonya Smith	FR	1989
114-11	Marina Kiecpinski	FR	1996
113-6	Melanie Johnson	FR	1982

125-6

2000

## 4x100m Relay

48.56	Bentley, Butler	5-25-94
	Burrus, Scrutton	
48.86	Baltz, Oelrich	4-27-96
	Rissmiller, Redenius	
49.08	Oelrich, Burrus	5-26-95
	Rissmiller, Scrutton	
49.23	Oelrich, Haley	5-04-96
	Rissmiller, Redenius	
49.42	Chaney, Fromdahl	4-25-98
	Rhoades, Barnett	
49.44	Bentley, Stenberg	4-24-93
	Ti. Golden, Gortler	
49.54	Davis, Maxwell	4-19-80
	Williams, Dennis	
49.54	Baltz, Oelrich	4-13-96
	Haley, Redenius	
49.63	Castillo, Rissmiller	4-08-95
	Burrus, Scrutton	

USE 10 BEST RACES

49.63 Baltz, Haley 3-22-97  
Barnett, Redenius

### 4x400m Relay

3:46.06 Oelrich, Stephens 5-28-96  
Rissmiller, Redenius  
3:47.50 Oelrich, Haley 5-24-96  
Rissmiller, Redenius  
3:49.04 Oelrich, Haley 5-22-97  
Rissmiller, Redenius  
3:51.62 Oelrich, Scrutton 4-29-95  
Stephens, Rissmiller  
3:52.80 Baltz, Oelrich 5-10-97  
Rissmiller, Haley  
3:53.55 Rhoades, Chaney 4-25-98  
Barnett, Rissmiller  
3:53.93 Oelrich, Scrutton 1995  
Castillo, Rissmiller  
3:55.41 Oelrich, Castillo 5-15-95  
Stephens, Rissmiller  
3:57.33 Baltz, Stephens 4-15-95  
Castillo, Scrutton  
3:58.98 Baltz, Castillo 4-08-95  
Stephens, Rissmiller

### 4x800m Relay

9:24.26 Cyrus, VanSise 3-27-92  
Conley, Kintrea  
9:28.21 Rissmiller, McElwain 5-21-98  
Butler, Peterson  
9:29.9 Rissmiller, Butler 4-18-98  
McElwain, Peterson  
9:30.44 Butler, Hartwig 3-18-95  
Morrow, Rissmiller  
9:35.87 Van Tassel, Campbell 3-20-93  
Smith, Kintrea  
9:51.98 Burk, Merritt, 5-08-99  
Taylor, McElwain  
9:51.99 Butler, Merritt 5-09-98  
McElwain, Peterson  
9:55.7 Newport, Jamison 3-10-93  
Morgan, Kintrea  
\* 9:59.70 McElwain, Burk, 1999 3-20-99  
Hyde, Taylor  
10:00.3 Devries, Hurliman 1983  
Peterson, Maitson

### Pole Vault

11-9.75 Heather Hunt FR 1998  
9-6.25 Jen Christiansen SR 1997  
7-6 Sarah Bain FR 1996  
7-0 Cherish Carroll FR 1996

### Hammer

109-8 Lindsay Walker FR 1999  
107-1 Leah Johanson SR 1996  
100-5 Marian Stevens FR 1999  
98-7 Jenny Bonnell FR 1997  
97-11.5 Jennifer Adams FR 1998  
94-5 Trisha Rathka FR 1998  
76-10 Becci Harper JR 1996  
67-8.75 Sarah Norum FR 1998  
53-11 Rachel Lewis SR 1996

9-5 3/4 - HELENA DELPHE FR 2000

ERIN SIMONS FR 2000

70-11.25



**1,500m Racewalk**

8:38.14 Liz Evon SO 1994  
 9:30.34 Liz Hunt FR 1994  
 9:39.54 Jennifer Knutson FR 1994

**3,000m Racewalk**

16:50.00 Kristin Thomas JR 1993  
 17:42.64 Liz Evon FR 1993  
 19:13.74 Debbie Driesner JR 1982

**George Fox Men's Class Records**

*MISSING  
FIRST*

SENIORS	JUNIORS	SOPHOMORES	FRESHMEN
<b>100m</b>			
10.43 Gregg Griffin '79	10.25w Gregg Griffin '78	10.58 Gregg Griffin '77	
10.84 Gregg Griffin	'76		
<b>200m</b>			
21.31 Ryan Chaney '97	21.48 Ryan Chaney '96	21.64 Gregg Griffin '77	
21.64 Gregg Griffin	'76		
<b>400m</b>			
45.98 Ryan Chaney '97	46.58 Ryan Chaney '96	47.14 Ryan Chaney '95	
47.63 Ryan Chaney	'94		
<b>800m</b>			
1:50.00 Todd Bos '91	1:53.45 Todd Bos '90	1:52.94 Wendell Otto '79	1:52.82 Jonathan Morse '91
<b>1,500m</b>			
3:50.97 Steve Stuart '80	3:51.44 Jonathan Morse '93	3:46.25 Jonathan Morse '92	
3:50.54 Jonathan Morse	'91		
<b>3,000m</b>			
8:39.14 Steve Blikstad '79	8:25.34 Jonathan Morse '93	8:33.74 Steve Blikstad '77	
8:45.14 Steve Stuart	'77		
<b>5,000m</b>			
14:22.64 Steve Blikstad '79	14:31.17 Jonathan Morse '93	14:28.44 Jonathan Morse '92	
14:53.54 Jerred Gildehaus	'85		
<b>10,000m</b>			
30:42.74 Mark Mohnen '91	30:58.44 Dave Molstad '78	30:46.84 Jon Wright '91	
32:09.71 Jim Brewer	'93		
<b>110 Hurdles</b>			
14.28 Adolphus Onua '87	13.94 Adolphus Onua '85	14.84 Rick Frisk '81	
14.84 Mark Reynolds	'78		
'87		14.84 Scott Cummins	
<b>400 Hurdles</b>			
52.34 Chad Neeley '78	53.25 David Parker '98	52.30 David Parker '97	
53.43 David Parker	'96		
<b>Steeplechase</b>			
8:50.04 Steve Blikstad '79	9:03.88 Erik Gibson '95	8:50.16 Steve Blikstad '77	
9:13.51 Erik Gibson	'92		
<b>Marathon</b>			
2:27.27 Curt Ankeny '74	2:25.19 Curt Ankeny '72	2:30.51 Curt Ankeny '73	
2:30.28 Curt Ankeny	'71		
<b>High Jump</b>			
7-0.5 Tim Hagen '90	6-10.75 Tim Hagen '89	6-10.75 Tim Hagen '88	
6-10.25 Aaron Young	'92		
<b>Long Jump</b>			
23-9 Amadu Koroma '78	22-10.5 Andrew Stave '97	23-7.25 Rob Rising '93	
23-5.25 Shane Covelli	'90		

**Triple Jump**

48-7.5	Aaron Young '96	48-5.5	Mark Halland '72	47-7	Aaron Young '93
47-10.5	Aaron Young	'92			

**Pole Vault**

15-8	Dave McDonald '71	15-7	John Smith '95	15-8	Dave McDonald '69
15-0	John Smith	'93			

**Shot Put**

54-10	Bob Hadlock '69	55-3	Bob Hadlock '68	53-9	Bob Hadlock '67
52-1.5	Bob Hadlock	'66			

**Discus**

168-6	Charlie Keeran '80	155-6	Jonathan Huwe '93	158-5	Jonathan Huwe '92
148-11	Mike Watts	'83			

**Javelin**

185-8	Mike Watts '87	183-11	Jon Roberts '99	204-10	David Nickell '88
190-6	David Nickell	'87			

**Hammer**

170-3	Allan Morrow '79	159-0	Steve Curtis '81	156-11	Steve Curtis '79
141-4	Steve Curtis	'78			

**Decathlon**

6,451	Keith Wigley '86	7,138	John Smith '95	6,800	David Parker '97
6,176	David Parker	'96			

**5,000 Walk**

21:51.2	Vance Godfrey '91	22:23.5	David Thomas '93	23:43.2	David Thomas '91
24:47.1	David Thomas	'90			

**10,000 Walk**

45:40.5	Vance Godfrey '91	47:10.24	David Thomas '92	49:10.6	Vance Godfrey '89
51:13.3	David Thomas	'90			

**1,500 Walk**

6:07.0	Vance Godfrey '90
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**3,000 Walk**

12:42.1	Vance Godfrey '91
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**George Fox Women's Class Records**

SENIORS	JUNIORS	SOPHOMORES	FRESHMEN	
<b>100m</b>				
12.70	Kristin Chaney '98	12.34	Janet Johnson '65	
12.05	Jackie Jackson	'81	12.25	Jacque Davis '81
<b>200m</b>				
26.39	Kristin Chaney '98	25.64	Janet Johnson '65	
24.84	Joyce Yates	'79	26.02	Kelly Scrutton '95
<b>400m</b>				
57.51	Heidi Haley '97	58.23	Ginean Lewis '92	
56.22	Shavon Davis	'80	57.70	Kristin Oelrich '96
<b>800m</b>				
2:14.74	Debbie Kintrea '93	2:13.44	Debbie Kintrea '92	
2:19.12	Nancy Rissmiller	'95	2:14.54	Debbie Kintrea '90
<b>1,500m</b>				
4:41.28	Dawn Hartwig '96	4:36.24	Juli Cyrus '93	
4:40.92	Jill Jamison	'89	4:38.78	Juli Cyrus '92
<b>3,000m</b>				
9:59.39	Jill (Jamison) Beals '92	9:46.42	Juli Cyrus '93	
9:54.24	Jill Jamison	'89	9:46.30	Juli Cyrus '92
<b>5,000m</b>				
16:45.75	Jill (Jamison) Beals '92	16:53.39	Jill (Jamison) Beals '91	
17:12.42	Jill Jamison	'89	17:06.64	Juli Cyrus '92

<b>10,000m</b>							
34:25.74	Jill (Jamison) Beals '92	35:13.54	Jill (Jamison) Beals '91	36:21.04	Jill Jamison	'90	
36:08.71	Jill Jamison	'89					
<b>High Hurdles</b>							
15.13	Liz Stephens '96	14.57	Sharon Barnett '99	14.73	Sharon Barnett	'98	
14.68	Sharon Barnett	'97					
<b>Low Hurdles</b>							
61.29	Liz Stephens '96	63.11	Liz Stephens '95	63.07	Liz Stephens	'94	
65.63	Liz Stephens	'93					
<b>Heptathlon</b>							
4,556	Marlyss Stenberg '93	4,318	Marlyss Stenberg '92	4,179	Marlyss Stenberg	'91	
3,937	Marlyss Stenberg	'90					
<b>Pole Vault</b>							
9-6.25	Jen Christiansen '97	7-8	Jen Christiansen '96	11-6	Heather Hunt	'99	
11-9.75	Heather Hunt	'98					
<b>High Jump</b>							
5-8.75	Nancy Rissmiller '98	5-9	Nancy Rissmiller '97	5-9.75	Nancy Rissmiller	'96	
5-10	Nancy Rissmiller	'95					
<b>Long Jump</b>							
17-11	Marlyss Stenberg '93	17-11.25	Marlyss Stenberg '92	17-5	Marlyss Stenberg	'91	
17-5	Jacque Williams	'80					
<b>Triple Jump</b>							
37-3	Sharla Rhoades '99	36-2.25	Jocelyn Kenndy '99	36-2.25	Sharla Rhoades	'97	
36-5.75	Jocelyn Kennedy	'97					
<b>Shot Put</b>							
38-10	Paula Wittenburg '86	39-10.5	Paula Wittenburg '85	42-1	Karen Gurske	'82	
42-3.5	Karen Gurske	'81					
<b>Discus</b>							
151-1	Paula Wittenburg '86	145-3	Paula Wittenburg '85	146-9	Paula Wittenburg	'84	
138-7	Paula Wittenburg	'83					
<b>Javelin</b>							
155-0	Denise Fox '89	156-11	Becci Harper '96	142-9	Leah Johanson	'94	
154-10	Sue Banta	'77					
<b>Hammer</b>							
107-1	Leah Johanson '96	76-10	Becci Harper '96			109-8	
	Lindsay Walker '99						
<b>1,500 Walk</b>							
		8:37.9	Liz Evon '94	8:59.2	Liz Evon	'93	
<b>3,000 Walk</b>							
		19:13.5	Debbie Driesner '82	16:50.0	Kristin Thomas '93	17:42.64	
	Liz Evon '92						

### Colcord Field Records—Women

100m	12.33	Melody Sherman	Linfield	4/25/98	
200m	25.34	Alicia Marshall	Western Oregon	4/02/94	
400m	57.24	Petra Johnson	Linfield	4/01/85	
800m	2:09.48	Beth Fitzgerald	Willamette	4/17/99	
1,500m	4:28.00	Claire Taylor	Unattached	4/17/99	
3,000m	9:33.84	Ann Manning	U. Portland	5/11/85	
5,000m	17:34.34	Jill Jamison Beals	George Fox	4/01/89	
10,000m	37:41.34	Moly Ostlund	U. Portland	5/10/85	
100 H	14.87	Sarah LeVellar	Seattle Pacific	2/20/99	
400 H	1:02.04	Liz Stephens	George Fox	4/13/96	
4x100	48.13	Grimes, Andrade	Pacific Lutheran	4/08/95	
		Metzger, Lukenbill			
4x400	3:53.44	Larson, Warnecke, Sherman, Baker	Linfield	4/25/98	
4x800	9:29.9	Rissmiller, Butler, McElwain, Peterson	George Fox	4/18/98	

High Jump 5-8.75	Nancy Rissmiller	George Fox	4/18/98
Long Jump	18-08.25	Linnea Jarvits	Seattle Pacific 2/21/98
Triple Jump	38-07	Tiffany Duff	Linfield 4/25/98
Shot Put 45-1.5	Carrie Pietig	Willamette	3/31/90
Discus 145-3	Paula Wittenberg	George Fox	4/01/85
Javelin 161-3	Sarah Malone	Unattached	2/20/99
Hammer 177-5	Molly Gehley	Oregon International	4/17/99
Pole Vault 11-6.25	Heather Hunt	George Fox	4/17/99
Heptathlon 4,818	Jill Carrier	Southern Oregon	4/17-18/95

### Colcord Field Records—Men

100m	10.82	Michael Chapin	Western Oregon	4/17/99
200m	21.64	Ryan Chaney	George Fox	4/13/96
400m	47.89	Ryan Chaney	George Fox	2/22/97
800m	1:52.45	Jon Swanson	Unattached	4/26/97
1,500m	3:50.5	Wes Tilgner	Western Oregon	4/04/87
3,000m	8:33.6	Sean Messiter	Nike	3/31/90
5,000m	14:33.3	Don Stearns	Eastern Oregon	5/09/81
10,000m	30:25.3	Don Stearns	Eastern Oregon	4/08/81
5,000 Racewalk	21:51.2	Vance Godfrey	George Fox	4/13/91
10,000 Racewalk	43:47.5	Vance Godfrey	Athletes in Action	4/02/94
20,000 Racewalk	1:28:32.3	Vance Godfrey	Athletes in Action	4/02/94
110m HH	13.7	Adolphus Onua	George Fox	4/13/85
400m HH	52.70	David Parker	George Fox	4/17/99
Steeplechase	9:16.4	Steve Blikstad	George Fox Alum	4/18/81
High Jump 6-11.25		Tim Hagen	George Fox	4/14/90
Pole Vault 16-0		Curt Heywood	Unattached	2/24/96
		Greg Jordan	Linfield	2/24/96
Long Jump	23-6.75	Gareth Pooleon	Willamette	5/09/87
Triple Jump	50-8	Jim McCann	Oregon International	2/21/98
Shot Put 59-8.5		Randy Settell	Southern Oregon	5/10/87
Discus 186-1		Kevin Carr	Bruin TC	4/17/99
Hammer 190-10		Dan Nelson	Western Oregon	2/22/97
Javelin 216-6		Tony Alvarez	Linfield	4/26/97
4x100 relay	41.34		Portland State	3/06/99
4x400 relay	3:17.03	Edinger, Haley, Parker, Chaney	George Fox	4/26/97
4x800 relay	7:55.5	Mantallas, Aubrey, Nichols, Edinger	George Fox	4/18/98
Decathlon 6,368		Ross Kennedy	Southern Oregon	4/17-18/95

EVANS, <sup>WISE</sup>~~STARK~~, STORKLE, EDWARDS.

In checking on <sup>both</sup> hammer marks —  
thrown this <sup>past</sup> Summer —

Coach Cook,

Here are T+F records  
for the media guide.

I am missing the members  
of Portland State's  
4x100 team from

3/6/99. They set a  
field record, so it might  
be nice to include names.

Also, I cannot find the  
exact date from one  
of the women's 4x800  
relay teams. If you  
could get those to me,  
I'd be most appreciative.

Please check through the  
rest of the stuff, and if  
there are more changes,  
let me know. I'll be  
sending more of the KC  
stuff for proofing once  
that has been updated.

Thanks,

- Brian Durck  
SID Assistant

## MEN

### 100m

10.25	Gregg Griffin	SR	5-18-79
10.65	Ryan Chaney	JR	5-04-96
10.75	David Plotts	JR	4-31-99
10.84	John Koroma	SO	3-30-74
10.84	Tony Nagle	SO	4-22-89
10.94	Amadu Koroma	FR	4-23-75
11.04	Werner Siebert	SO	3-12-77
11.04	Mark Reynolds	JR	5-10-80
11.04	Mark Young	JR	4-14-84
11.04	Adolphus Onua	SO	4-13-85

### 200m

21.31	Ryan Chaney	SR	5-11-97
21.44	Gregg Griffin	SR	4-27-79
21.63	David Plotts	JR	4-31-99
22.04	John Koroma	SO	3-16-74
22.04	Bruce Ponder	JR	4-12-75
22.04	Tim Conley	SR	4-14-90
22.04	Werner Seibert	SR	3-17-79
22.05	Jim Haley	SR	4-31-99
22.34	Mark Reynolds	SO	4-27-79
22.34	Tony Nagle	SO	4-15-89

### 400m

45.98	Ryan Chaney	SR	5-23-97
48.15	Tim Conley	SR	5-12-90
48.34	Werner Seibert	SR	5-12-79
48.44	Chad Neeley	SR	5-13-78
48.64	Monte Anders	SR	5-10-80
48.74	Jim Haley	SR	5-08-99
48.74	Bruce Ponder	JR	4-28-75
48.94	Eric Costa	SO	5-01-99
48.97	Jason Lewis	JR	5-08-93
49.34	Josh Howery	SR	4-18-98

### 800m

1:50.00	Todd Bos	SR	5-25-91
1:52.51	Ron Marsh	SR	5-16-92
1:52.82	Jonathan Morse	FR	5-04-91
1:52.94	Wendell Otto	SO	4-14-79
1:53.69	Curt Rosen	SR	4-26-97
1:53.94	Randy Ware	JR	3-05-77
1:54.73	Torrey Lindbo	SO	5-15-93
1:54.74	Keith Pearson	SO	5-10-80
1:54.84	John Cole	FR	4-26-80
1:54.84	Cliff McCurdy	SR	4-10-77

### 1,500m

3:46.25	Jonathan Morse	SO	4-25-92
3:49.94	Wendell Otto	SO	4-14-79
3:50.97	Steve Stuart	SR	5-22-80
3:52.74	Todd Bos	SR	4-20-91
3:52.74	Bruce Greene	FR	5-14-76
3:53.36	Ron Marsh	SR	5-09-92
3:53.94	Steve Blikstad	SO	4-30-77
3:54.86	Rolf Potts	JR	4-25-92
3:55.94	Vanni Tilzey	SO	5-13-89



3:56.19	Kevin Ball	FR	5-05-84
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### 3,000m

8:25.34	Jonathan Morse	JR	1993
8:33.74	Steve Blikstad	SO	1977
8:40.74	Erik Gibson	JR	1995
8:42.35	Brandon Workman	SO	1998
8:44.64	Mark Mohnen	JR	1990
8:45.04	Ken Bell	SO	1972
8:45.14	Steve Stuart	FR	1977
8:45.74	Curt Ankeny	SR	1974
8:47.04	Jon Wright	SO	1991
8:47.94	Vanni Tilzey	JR	1990

### 5,000m

14:22.64	Steve Blikstad	SR	5-12-79
14:28.44	Jonathan Morse	SO	4-16-92
14:45.64	Steve Stuart	SR	5-02-80
14:51.55	Brandon Workman	JR	3-28-99
14:53.14	Mark Mohnen	JR	4-28-90
14:53.39	Erik Gibson	JR	3-24-95
14:53.54	Jerred Gildehaus	FR	3-02-85
14:56.04	Lyndel Smith	JR	5-12-79
14:57.14	Aaron Howard	JR	3-23-91
14:58.24	Jon Wright	SR	11-14-92

### 10,000m

30:42.74	Mark Mohnen	SR	4-27-91
30:46.84	Jon Wright	SO	4-05-91
30:58.44	Dave Molstad	JR	5-12-78
31:41.04	Matt Kirkpatrick	SO	4-05-91
31:51.79	Jerred Gildehaus	SO	5-09-86
31:57.24	Tim Rochholz	SR	5-09-80
32:04.02	Aaron Howard	JR	5-10-91
32:06.54	Lyndal Smith	JR	4-07-79
32:09.71	Jim Brewer	FR	5-07-93
32:16.54	Mike Murphy	JR	3-07-92

### Marathon

2:25:19	Curt Ankeny	JR	2-24-73
2:31:26	Larry Mock	SO	11-26-88
2:31:36	Mark Adamson	SO	2-28-76
2:32:29	Jim Bright	JR	2-27-82
2:34:24	Tim Rochholz	JR	2-24-79
2:37:26	Dwight Larabee	JR	2-23-85
2:41:55	Jack Winter	SR	2-28-81
2:46:55	Dave Hamilton	SO	2-21-74
2:51:17	Dan Price	FR	2-23-85
2:52:56	Dean Gadd	FR	2-25-78

### 110m High Hurdles

13.94	Adolphus Onua	SO	4-13-85
14.64	David Parker	SR	5-01-99
14.84	Mark Reynolds	FR	4-22-78
14.84	Rick Frisk	SO	5-09-81
14.84	Scott Cummins	FR	4-25-87
14.94	Duane Swafford	JR	4-27-79
15.19	Aaron Young	JR	4-01-95
15.33	John Smith	JR	4-01-95
15.34	Keith Wigley	SR	4-10-86
15.34	Steve Shattuck	FR	4-07-90

### 400m Intermediate Hurdles

52.30	David Parker	SO	5-03-97
52.34	Chad Neeley	SR	5-20-78

52.75	Brian Hartenstein	SR	4-25-92
53.24	Rick Frisk	SO	4-24-81
53.36	Scott Edinger	SR	5-08-99
54.24	Duane Swafford	JR	4-26-80
54.54	Scott Brown	SR	4-20-91
55.14	James Oshiro	SO	4-20-91
55.24	Tim Weaver	FR	5-05-73
55.24	Bruce Ponder	JR	5-18-74

### 3,000m Steeplechase

8:50.14	Steve Blikstad	SR	4-27-79
9:03.88	Erik Gibson	JR	5-27-95
9:10.34	Mike Murphy	JR	5-21-92
9:11.54	Ed Sloan	SO	4-25-92
9:18.35	Brandon Workman	SO	5-09-98
9:22.44	Scott Ball	SO	5-11-84
9:22.63	Phil Hughes	FR	5-08-92
9:22.74	Wendell Otto	JR	5-09-80
9:24.09	Eli Lane	SO	5-25-95
9:24.94	Lyndal Smith	JR	5-11-79

### High Jump

7-0.25	Tim Hagen	SR	6-01-90
6-10.25	Aaron Young	FR	5-16-92
6-9	Owen James	FR	5-09-81
6-7	Bob Quiring	FR	5-12-79
6-6.75	Scott Murphy	JR	4-25-92
6-6.75	John Smith	JR	5-06-95
6-6.25	Keith Wigley	SR	3-28-86
6-6	Lon Austin	SO	3-26-77
6-6	Four others		

### Pole Vault

15-8	Dave McDonald	SO	6-07-69
15-7	John Smith	JR	5-06-95
15-1	Jason Strait	JR	5-08-93
15-0	Brent Heydel	FR	3-18-80
14-1.75	David Parker	JR	4-25-98
14-0.5	J.J. Arthur	JR	4-10-99
14-0	Bruce Oberst	SR	5-10-80
14-0	Keith Wigley	SR	4-26-86
14-0	Rod Eakin	FR	3-07-87
13-9	Ken Lillis	JR	5-04-74

### Long Jump

23-9	Amadu Koroma	SR	5-20-78
23-7.25	Rob Rising	SO	5-20-93
23-5.25	Shane Covelli	FR	5-05-90
22-10.5	Andrew Stave	JR	5-02-97
22-9.5	David Parker	SO	5-02-97
22-4.5	Mark Halland	SR	4-28-73
22-4.5	John Smith	JR	2-25-95
22-3	Aaron Young	SR	3-30-96
22-1.5	Randy Winston	SR	4-28-73
22-1	Dave Vamon	FR	4-29-78

### Triple Jump

48-7.5	Aaron Young	SR	5-24-96
48-5.5	Mark Halland	JR	6-02-72
47-11.5	Cal Ferguson	SR	1968
47-6.25	Randy Winston	SR	3-24-73
46-6	Andrew Stave	SO	5-11-96
45-11.25	John Smith	FR	3-06-93
45-8.75	Fred Cummings	FR	3-12-77

45-4.5	David Parker	FR	3-30-96
45-3.5	Dave Varnon	FR	4-29-78
44-11.5	Wendell Otto	FR	4-08-78
44-11.5	Rob Rising	SO	5-08-93

### Shot Put

55-3	Bob Hadlock	JR	1968
48-2	Allan Morrow	SO	3-05-77
48-0	Larry Benson	FR	1967
47-11.5	Ian Strauss	SO	5-01-98
46-5.5	Jeff Votaw	JR	4-24-99
45-11	Matt Marlow	SR	4-25-70
45-10.5	Mike Watts	SR	3-21-87
45-6.5	Steve Curtis	SR	4-24-82
45-0.5	Shane Bentley	FR	5-01-98
43-9.5	Jonathan Huwe	SR	5-17-94

### Discus

168-6	Charlie Keeran	SR	5-23-80
158-5	Jonathan Huwe	SO	3-27-92
155-3	Nathan Whitham	SR	4-11-85
155-0	Ian Strauss	JR	5-01-99
153-1	Mike Watts	SR	4-25-87
152-10	Paul Maddox	JR	4-10-86
151-6	Dell Dittus	SR	4-19-75
144-9	Jeff Votaw	JR	5-01-99
144-6	Steve Curtis	SR	5-08-82
144-6	John Smith	SR	5-03-96

### Hammer

170-3	Allan Morrow	SR	4-14-79
165-6	Nathan Whitham	SR	4-25-85
164-10	Steve Curtis	SR	4-16-82
152-2	Mike Watts	SR	4-26-86
151-4	Nate Grandle	SR	3-02-90
147-0	Dave Elkins	JR	3-14-86
144-11	Nolan Smith	SR	4-16-82
144-8	Sam Morrow	SR	3-18-95
136-2	Eric Kunze	JR	4-10-99
132-2	Steve Huisenga	SR	4-24-82

### Javelin

204-10	David Nickell	SO	5-14-88
196-1	Ty Taylor	SO	4-11-98
187-5	Trevor Lewis	FR	3-31-90
185-8	Mike Watts	SR	5-02-87
183-11	Jon Roberts	JR	4-31-99
182-5	John Smith	SR	4-13-96
179-0	Rob Flanagan	JR	3-15-91
177-10	Rich Blanchette	FR	3-01-86
175-2	Jason Bingham	SR	3-19-94
173-7	David Mueller	SO	4-10-86

### Decathlon

7138	John Smith	JR	5/25-26/95
6800	David Parker	SO	4/14-15/97
6451	Keith Wigley	SR	5/22-23/86
6226	David Nickell	SO	4/18-19/88
6203	Aaron Young	JR	4/17-18/95
6138	Jon Hirota	FR	5/04-05/94
6112	Scott Brown	JR	4/26-27/90
5853	Scott Edinger	FR	4/15-16/96
5789	Rob Flanagan	FR	4/17-18/89
5693	Shane Covelli	FR	4/16-17/90

### 5,000m Racewalk

21:51.2	Vance Godfrey	SR	4-13-91
22:23.5	David Thomas	SR	5-21-93
24:46.1	Travis Johnson	SO	4-07-90
25:35.7	Alin Ifrim	FR	5-08-93

### 10,000m Racewalk

45:40.5	Vance Godfrey	SR	3-15-91
47:10.2	David Thomas	JR	4-18-92
51:27.2	Travis Johnson	SO	4-21-90
59:40.8	Dan Price	FR	5-11-85
59:49.0	Jack Winter	JR	5-10-80
60:37.0	Dave Wilkinson	SO	5-10-80
61:09.2	Dwight Larabee	FR	5-08-82
62:03.5	Duane Smiley	SO	5-09-81
63:28.2	Kevin Ball	SO	5-11-85
66:56.4	Nolan Smith	FR	5-12-79

### 4x100m Relay

41.24	Koroma, Neeley Reynolds, Griffin	4-22-78
41.84	Reynolds, Seibert Anders, Griffin	5-19-79
41.94	Karoma, Seibert Griffin, Mitchell	4-01-77
42.33	Parker, Gassaway Costa, Plotts	4-17-99
42.33	Parker, Gassaway, West, Plotts	4-31-99
42.34	A. Koroma, Neeley Ponder, J. Koroma	5-17-75
42.44	A. Koroma, Neeley Mitchell, Griffin	5-19-77
42.44	Howery, Carmack Ankeny, Chaney	4-27-96
42.78	Costa, Gassaway, West, Plotts	3-06-99
42.96	Parker, Howery Edinger, Chaney	5-03-97

### 4x400m Relay

3:11.10	Carmack, Chaney Haley, Parker	5-23-97
3:13.05	Howery, Chaney Parker, Carmack	5-25-96
3:16.54	Plotts, Haley, Costa, Parker	5-08-99
3:16.84	Parker, Haley, Gassaway, Willmer	5-01-99
3:17.03	Edinger, Haley Parker, Chaney	4-26-97
3:17.56	Carmack, Schaffeld Lindbo, Chaney	5-13-95
3:18.16	Reynolds, Chaney Parker, Haley	3-29-97
3:18.17	Lewis, Robinson Rising, Lindbo	5-08-93
3:18.32	Oshiro, Marsh Hartenstein, Bos	4-27-91
3:18.34	Olds, Van Winkle Frisk, Anders	5-10-80

### 4x800m Relay

7:42.0	Mwaura, Bales	4-22-78
	Otto, Ware	
7:45.64	Thompson, Nichols,	5-08-99
	Mantallas, Willmer	
7:46.4	Mwaura, Bales	4-26-77
	McCurdy, Stuart	
7:49.32	Marsh, Potts	3-27-92
	Kneeshaw, Morse	
7:50.4	Potts, Bos, Marsh, Morse	3-09-91
7:51.18	Autrey, Workman	5-09-98
	Mantallas, Edinger	
7:52.90	Mantallas, Autrey	4-05-98
	Nichols, Edinger	
7:54.72	Esselman, Willmer,	3-20-99
	Mantallas, Edinger	
7:55.2	McCurdy, Bales	4-24-76
	Ware, Greene	
7:55.5	Mantallas, Autrey	4-18-95
	Nichols, Edinger	

## Women

### 100m

12.05	Jackie Jackson	FR	1981
12.25	Jacque Davis	SO	1981
12.34	Janet Johnson	SR	1965
12.50	Amy Redenius	FR	1996
12.54	Joyce Yates	FR	1979
12.54	Tiffani Coston	FR	1988
12.56	Kristin Oelrich	SO	1996
12.64	Denise Carlson	JR	1990
12.64	Billie Bentley	FR	1993
12.64	Marta Shields	FR	1987
12.64	Joy Butler	FR	1994

### 200m

24.60	Joyce Yates	FR	1979
24.98	Jackie Jackson	FR	1981
25.04	Janet Johnson	SR	1965
25.31	Amy Redenius	FR	1996
25.46	Shavon Dennis	FR	1980
25.94	Laurie Sparks	FR	1979
26.02	Kelly Scrutton	SO	1995
26.10	Stephanie Castillo	FR	1995
26.11	Kristin Oelrich	SO	1996
26.22	Ginean Lewis	JR	1992

### 400m

56.22	Shavon Dennis	FR	1980
57.51	Heidi Haley	SR	1997
57.70	Kristin Oelrich	SO	1996
57.97	Nancy Rissmiller	SR	1998
58.21	Amy Redenius	FR	1996
58.23	Ginean Lewis	JR	1992
58.41	Liz Stephens	SR	1996
58.87	Stephanie Castillo	FR	1995
59.46	Kelly Scrutton	FR	1994
59.76	Karen Baltz	SR	1997

### 800m

2:13.44	Debbie Kintrea	JR	1992
2:14.56	Nancy Rissmiller	SO	1996
2:17.44	Liz Stephens	SR	1996



2:17.63	Melanie Springer	JR	1989
2:18.14	Marne VanSise	SO	1991
2:18.36	Jamie McElwain	SO	1999
2:18.65	Melissa Conley	SR	1992
2:18.99	Karen Baltz	SR	1997
2:20.34	Kay Mattson	SO	1983
2:20.34	Hannah Smith	JR	1993

### 1,500m

4:36.24	Juli Cyrus	JR	1993
4:40.92	Jill (Jamison) Beals	FR	1989
4:41.28	Dawn Hartwig	SR	1996
4:42.29	Debbie Kintrea	JR	1992
4:42.58	Melissa Conley	SR	1992
4:43.66	Rebekah Ulmer	SO	1996
4:45.92	Phaydra Newport	SO	1991
4:48.14	Brooke Barton	FR	1994
4:49.12	Jenny Campbell	SO	1994
4:49.34	Stephanie Morrow	SR	1995

### 3,000m

9:46.30	Juli Cyrus	SO	1992
9:53.94	Jill (Jamison) Beals	JR	1991
10:05.03	Dawn Hartwig	SR	1996
10:09.94	Michelle Brown	JR	1992
10:11.06	Brooke Barton	FR	1994
10:12.45	Phaydra Newport	JR	1992
10:19.34	Rebekah Ulmer	SO	1996
10:26.44	Dianne Petersen	SR	1991
10:29.77	Kristin Potts	FR	1988
10:34.49	Jenny Campbell	SO	1994

### 5,000m

16:45.75	Jill (Jamison) Beals	SR	1992
17:01.87	Juli Cyrus	JR	1993
17:24.84	Michelle Brown	SO	1992
17:31.84	Phaydra Newport	JR	1992
17:40.91	Dawn Hartwig	SR	1996
17:46.44	Brooke Barton	FR	1994
17:59.24	Dianne Petersen	SR	1991
18:20.00	Angela Murrell	JR	1992
18:28.44	Kristin Potts	FR	1988
18:34.04	Nancy Roley	SR	1986

### 10,000m

34:25.74	Jill (Jamison) Beals	SR	1992
36:59.24	Dianne Petersen	SR	1991
37:55.87	Stephanie Morrow	SR	1995
38:15.14	Michelle Brown	FR	1991
38:34.34	Kristin Potts	FR	1988
38:41.54	Phaydra Newport	SO	1991
40:01.72	Angela Linder	SR	1996
40:03.84	Mindy Fox	FR	1992
40:29.14	Melody McCart	SO	1998
40:33.94	Nancy Roley	SR	1986

### Half Marathon

1:23:25	Jill (Jamison) Beals	JR	1991
1:39:44	Anita Linhart	FR	1991

### Marathon

3:51:07	Kali Haverstock	FR	1987
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### Heptathlon

4556	Marlyss Stenberg	SR	1993
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4362	Liz Stephens	SR	1996	
3834	Tina Stauffer	SO	1993	
3631	Cheryl Shepherd	JR	1992	
3562	Tori Taylor	FR	1999	
3528	Karrie Kiester	FR	1997	
3454	Keelie Keown	FR	1994	
3445	Heidi Smith	FR	1999	
3445	Jennifer Christiansen	JR	1996	
3323	Kelli Hagen	JR	1988	

### 100m High Hurdles

14.57	Sharon Barnett	JR	1999	
14.88	Liz Stephens	JR	1995	
14.89	Karrie Kiester	JR	1999	
15.17	Karen Maxwell	JR	1980	
15.29	Marlyss Stenberg	SR	1993	
15.54	Jacquie Williams	SR	1983	
15.54	Holly Irvine	FR	1994	
15.64	Saundra Burns	SO	1980	
15.80	Julie Puckett	FR	1996	
16.14	Karen Wilkinson	FR	1986	

### 400m Low Hurdles

61.29	Liz Stephens	SR	1996	
62.78	Marlyss Stenberg	SR	1993	
64.13	Karrie Kiester	JR	1999	
65.24	Karen Maxwell	JR	1980	
65.41	Sharon Barnett	JR	1999	
65.84	Nora Thompson	SR	1984	
66.07	Holly Irvine	FR	1994	
67.07	Eva Crawford	SO	1993	
67.34	Saundra Burns	SO	1980	
67.54	Lois Thomas	SR	1982	

### High Jump

5-10	Nancy Rissmiller	FR	1995	
5-7	Kathy Brown	JR	1994	
5-5	Tina Golden	FR	1991	
5-4.25	Amy Forbes	SO	1999	
5-4	Sue Woolsey	SR	1987	
5-4	Rachel Powell	FR	1996	
5-3.75	Melody Groeneveld	SO	1983	
5-3	Maryann Mason	JR	1979	
5-3	Keelie Keown	FR	1994	
5-3	Angie Powell	FR	1997	

### Long Jump

17-11.25	Marlyss Stenberg	JR	1992	
17-5	Jacquie Williams	FR	1980	
17-2.25	Kara Erickson	JR	1998	
16-11.75	Julie Lang	SO	1977	
16-10	Sue Banta	FR	1977	
16-9.75	Celeste Wallwork	FR	1999	
16-9.75	Sharla Rhoades	SO	1997	
16-9.5	Jocelyn Kennedy	SO	1998	
16-3.25	Liz Stephens	SR	1996	
16-3	Bobbi Sloan	FR	1991	
16-3	Karen Maxwell	JR	1980	

### Triple Jump

37-3	Sharla Rhoades	SR	1999	
36-5.75	Jocelyn Kennedy	FR	1997	
36-5	Heidi Smith	FR	1999	

35-4.5	Kara Erickson	JR	1998
34-6.25	Celeste Wallwork	FR	1999
34-04.5	Kelli Hagen	SR	1991
33-7.75	Colleen Forbes	FR	1999
33-06	Tina Stauffer	FR	1992
33-02	Debbie Sitz	FR	1990
32-11	Amy Forbes	FR	1998

## Shot Put

42-3.5	Karen Gurske	FR	1981
40-4	Danielle Wilson	FR	1988
39-10.5	Paula Wittenburg	JR	1985
39-10	Nancy Katus	JR	1989
39-4.5	Leah Johanson	SO	1994
39-1.5	Gina Cross	FR	1989
38-7	Cheryl Funk	SO	1986
38-5	Melanie Johnson	FR	1982
38-0	Cheryl Shepherd	JR	1992
37-11.25	Marian Stevens	FR	1999

## Discus

151-1	Paula Wittenburg	SR	1986
143-7.5	Nancy Katus	JR	1989
131-7	Marian Stevens	FR	1999
126-3	Leah Johanson	JR	1995
125-1	Sarah Norum	FR	1998
121-11	Danielle Wilson	FR	1988
121-7	Cheryl Funk	SO	1986
120-1	Rachel Lewis	JR	1995
119-9	Karen Gurske	FR	1981
114-11	Rachel Hampton	FR	1984

## Javelin

156-11	Becci Harper	JR	1996
155-0	Denise Fox	SR	1989
154-10	Sue Banta	FR	1977
149-4	Leah Johanson	JR	1995
145-7	Cheryl Shepherd	JR	1992
136-4	Kristy Fleming	SO	1993
123-7	Lori Miller	SO	1999
122-1	Eva Pattee	FR	1991
117-3	Tonya Smith	FR	1989
114-11	Marina Kielpinski	FR	1998
113-6	Melanie Johnson	FR	1982

## 4x100m Relay

48.56	Bentley, Butler Burrus, Scrutton	5-25-94
48.86	Baltz, Oelrich Rissmiller, Redenius	4-27-96
49.08	Oelrich, Burrus Rissmiller, Scrutton	5-26-95
49.23	Oelrich, Haley Rissmiller, Redenius	5-04-96
49.42	Chaney, Fromdahl Rhoades, Barnett	4-25-98
49.44	Bentley, Stenberg Ti. Golden, Gortler	4-24-93
49.54	Davis, Maxwell Williams, Dennis	4-19-80
49.54	Baltz, Oelrich Haley, Redenius	4-13-96
49.63	Castillo, Rissmiller Burrus, Scrutton	4-08-95

49.63	Baltz, Haley	3-22-97
	Barnett, Redenius	

### 4x400m Relay

3:46.06	Oelrich, Stephens	5-28-96
	Rissmiller, Redenius	
3:47.50	Oelrich, Haley	5-24-96
	Rissmiller, Redenius	
3:49.04	Oelrich, Haley	5-22-97
	Rissmiller, Redenius	
3:51.62	Oelrich, Scrutton	4-29-95
	Stephens, Rissmiller	
3:52.80	Baltz, Oelrich	5-10-97
	Rissmiller, Haley	
3:53.55	Rhoades, Chaney	4-25-98
	Barnett, Rissmiller	
3:53.93	Oelrich, Scrutton	1995
	Castillo, Rissmiller	
3:55.41	Oelrich, Castillo	5-15-95
	Stephens, Rissmiller	
3:57.33	Baltz, Stephens	4-15-95
	Castillo, Scrutton	
3:58.98	Baltz, Castillo	4-08-95
	Stephens, Rissmiller	

### 4x800m Relay

9:24.26	Cyrus, VanSise	3-27-92
	Conley, Kintrea	
9:28.21	Rissmiller, McElwain	5-21-98
	Butler, Peterson	
9:29.9	Rissmiller, Butler	4-18-98
	McElwain, Peterson	
9:30.44	Butler, Hartwig	3-18-95
	Morrow, Rissmiller	
9:35.87	Van Tassel, Campbell	3-20-93
	Smith, Kintrea	
9:51.98	Burk, Merritt,	5-08-99
	Taylor, McElwain	
9:51.99	Butler, Merritt	5-09-98
	McElwain, Peterson	
9:55.7	Newport, Jamison	3-10-93
	Morgan, Kintrea	
✕ 9:59.70	McElwain, Burk,	1999
	Hyde, Taylor	
10:00.3	Devries, Hurliman	1983
	Peters, Mattson	

### Pole Vault

11-9.75	Heather Hunt	FR	1998
9-6.25	Jen Christiansen	SR	1997
7-6	Sarah Bain	FR	1996
7-0	Cherish Carroll	FR	1996

### Hammer

109-8	Lindsay Walker	FR	1999
107-1	Leah Johanson	SR	1996
100-5	Marian Stevens	FR	1999
98-7	Jenny Bonnell	FR	1997
97-11.5	Jennifer Adams	FR	1998
94-5	Trisha Rathka	FR	1998
76-10	Becci Harper	JR	1996
67-8.75	Sarah Norum	FR	1998
53-11	Rachel Lewis	SR	1996

## 1,500m Racewalk

8:38.14	Liz Evon	SO	1994
9:30.34	Liz Hunt	FR	1994
9:39.54	Jennifer Knutson	FR	1994

## 3,000m Racewalk

16:50.00	Kristin Thomas	JR	1993
17:42.64	Liz Evon	FR	1993
19:13.74	Debbie Driesner	JR	1982

## George Fox Men's Class Records

SENIORS	JUNIORS	SOPHOMORES	FRESHMEN
<b>100m</b>			
10.43	Gregg Griffin '79	10.25w	Gregg Griffin '78
	10.84 Gregg Griffin	'76	10.58 Gregg Griffin '77
<b>200m</b>			
21.31	Ryan Chaney '97	21.48	Ryan Chaney '96
	21.64 Gregg Griffin	'76	21.64 Gregg Griffin '77
<b>400m</b>			
45.98	Ryan Chaney '97	46.58	Ryan Chaney '96
	47.63 Ryan Chaney	'94	47.14 Ryan Chaney '95
<b>800m</b>			
1:50.00	Todd Bos '91	1:53.45	Todd Bos '90
	'91	1:52.94	Wendell Otto '79
			1:52.82 Jonathan Morse
<b>1,500m</b>			
3:50.97	Steve Stuart '80	3:51.44	Jonathan Morse '93
	3:50.54 Jonathan Morse	'91	3:46.25 Jonathan Morse '92
<b>3,000m</b>			
8:39.14	Steve Blikstad '79	8:25.34	Jonathan Morse '93
	8:45.14 Steve Stuart	'77	8:33.74 Steve Blikstad '77
<b>5,000m</b>			
14:22.64	Steve Blikstad '79	14:31.17	Jonathan Morse '93
	14:53.54 Jerred Gildehaus	'85	14:28.44 Jonathan Morse '92
<b>10,000m</b>			
30:42.74	Mark Mohnen '91	30:58.44	Dave Molstad '78
	32:09.71 Jim Brewer	'93	30:46.84 Jon Wright '91
<b>110 Hurdles</b>			
14.28	Adolphus Onua '87	13.94	Adolphus Onua '85
	14.84 Mark Reynolds	'78	14.84 Rick Frisk '81
	'87		14.84 Scott Cummins
<b>400 Hurdles</b>			
52.34	Chad Neeley '78	53.25	David Parker '98
	53.43 David Parker	'96	52.30 David Parker '97
<b>Steeplechase</b>			
8:50.04	Steve Blikstad '79	9:03.88	Erik Gibson '95
	9:13.51 Erik Gibson	'92	8:50.16 Steve Blikstad '77
<b>Marathon</b>			
2:27:27	Curt Ankeny '74	2:25:19	Curt Ankeny '72
	2:30:28 Curt Ankeny	'71	2:30:51 Curt Ankeny '73
<b>High Jump</b>			
7-0.5	Tim Hagen '90	6-10.75	Tim Hagen '89
	6-10.25 Aaron Young	'92	6-10.75 Tim Hagen '88
<b>Long Jump</b>			
23-9	Amadu Koroma '78	22-10.5	Andrew Stave '97
	23-5.25 Shane Covelli	'90	23-7.25 Rob Rising '93



**Triple Jump**

48-7.5	Aaron Young	'96	48-5.5	Mark Halland	'72	47-7	Aaron Young	'93
47-10.5	Aaron Young		'92					

**Pole Vault**

15-8	Dave McDonald	'71	15-7	John Smith	'95	15-8	Dave McDonald	'69
15-0	John Smith		'93					

**Shot Put**

54-10	Bob Hadlock	'69	55-3	Bob Hadlock	'68	53-9	Bob Hadlock	'67
52-1.5	Bob Hadlock		'66					

**Discus**

168-6	Charlie Keeran	'80	155-6	Jonathan Huwe	'93	158-5	Jonathan Huwe	'92
148-11	Mike Watts		'83					

**Javelin**

185-8	Mike Watts	'87	183-11	Jon Roberts	'99	204-10	David Nickell	'88
190-6	David Nickell		'87					

**Hammer**

170-3	Allan Morrow	'79	159-0	Steve Curtis	'81	156-11	Steve Curtis	'79
141-4	Steve Curtis		'78					

**Decathlon**

6,451	Keith Wigley	'86	7,138	John Smith	'95	6,800	David Parker	'97
6,176	David Parker		'96					

**5,000 Walk**

21:51.2	Vance Godfrey	'91	22:23.5	David Thomas	'93	23:43.2	David Thomas	'91
24:47.1	David Thomas		'90					

**10,000 Walk**

45:40.5	Vance Godfrey	'91	47:10.24	David Thomas	'92	49:10.6	Vance Godfrey	'89
51:13.3	David Thomas		'90					

**1,500 Walk**

6:07.0	Vance Godfrey	'90
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**3,000 Walk**

12:42.1	Vance Godfrey	'91
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**George Fox Women's Class Records**

SENIORS	JUNIORS	SOPHOMORES	FRESHMEN
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**100m**

12.70	Kristin Chaney	'98	12.34	Janet Johnson	'65	12.25	Jacque Davis	'81
12.05	Jackie Jackson		'81					

**200m**

26.39	Kristin Chaney	'98	25.64	Janet Johnson	'65	26.02	Kelly Scrutton	'95
24.84	Joyce Yates		'79					

**400m**

57.51	Heidi Haley	'97	58.23	Ginean Lewis	'92	57.70	Kristin Oelrich	'96
56.22	Shavon Davis		'80					

**800m**

2:14.74	Debbie Kintrea	'93	2:13.44	Debbie Kintrea	'92	2:14.54	Debbie Kintrea	'90
2:19.12	Nancy Rissmiller		'95					

**1,500m**

4:41.28	Dawn Hartwig	'96	4:36.24	Juli Cyrus	'93	4:38.78	Juli Cyrus	'92
4:40.92	Jill Jamison		'89					

**3,000m**

9:59.39	Jill (Jamison) Beals	'92	9:46.42	Juli Cyrus	'93	9:46.30	Juli Cyrus	'92
9:54.24	Jill Jamison		'89					

**5,000m**

16:45.75	Jill (Jamison) Beals	'92	16:53.39	Jill (Jamison) Beals	'91	17:06.64	Juli Cyrus	'92
17:12.42	Jill Jamison		'89					

# 10,000m

34:25.74 Jill (Jamison) Beals '92 35:13.54 Jill (Jamison) Beals '91 36:21.04 Jill Jamison '90  
36:08.71 Jill Jamison '89

## High Hurdles

15.13 Liz Stephens '96 14.57 Sharon Barnett '99 14.73 Sharon Barnett '98  
14.68 Sharon Barnett '97

## Low Hurdles

61.29 Liz Stephens '96 63.11 Liz Stephens '95 63.07 Liz Stephens '94  
65.63 Liz Stephens '93

## Heptathlon

4,556 Marlyss Stenberg '93 4,318 Marlyss Stenberg '92 4,179 Marlyss Stenberg '91  
3,937 Marlyss Stenberg '90

## Pole Vault

9-6.25 Jen Christiansen '97 7-8 Jen Christiansen '96 11-6 Heather Hunt '99  
11-9.75 Heather Hunt '98

## High Jump

5-8.75 Nancy Rissmiller '98 5-9 Nancy Rissmiller '97 5-9.75 Nancy Rissmiller '96  
5-10 Nancy Rissmiller '95

## Long Jump

17-11 Marlyss Stenberg '93 17-11.25 Marlyss Stenberg '92 17-5 Marlyss Stenberg '91  
17-5 Jacquie Williams '80

## Triple Jump

37-3 Sharla Rhoades '99 36-2.25 Jocelyn Kenndy '99 36-2.25 Sharla Rhodes '97  
36-5.75 Jocelyn Kennedy '97

## Shot Put

38-10 Paula Wittenburg '86 39-10.5 Paula Wittenburg '85 42-1 Karen Gurske '82  
42-3.5 Karen Gurske '81

## Discus

151-1 Paula Wittenburg '86 145-3 Paula Wittenburg '85 146-9 Paula Wittenburg '84  
138-7 Paula Wittenburg '83

## Javelin

155-0 Denise Fox '89 156-11 Becci Harper '96 142-9 Leah Johanson '94  
154-10 Sue Banta '77

## Hammer

107-1 Leah Johanson '96 76-10 Becci Harper '96 109-8  
Lindsay Walker '99

## 1,500 Walk

8:37.9 Liz Evon '94 8:59.2 Liz Evon '93

## 3,000 Walk

19:13.5 Debbie Driesner '82 16:50.0 Kristin Thomas '93 17:42.64  
Liz Evon '92

## Colcord Field Records—Women

100m	12.33	Melody Sherman	Linfield	4/25/98
200m	25.34	Alicia Marshall	Western Oregon	4/02/94
400m	57.24	Petra Johnson	Linfield	4/01/85
800m	2:09.48	Beth Fitzgerald	Willamette	4/17/99
1,500m	4:28.00	Claire Taylor	Unattached	4/17/99
3,000m	9:33.84	Ann Manning	U. Portland	5/11/85
5,000m	17:34.34	Jill Jamison Beals	George Fox	4/01/89
10,000m	37:41.34	Moly Ostlund	U. Portland	5/10/85
100 H	14.87	Sarah LeVellar	Seattle Pacific	2/20/99
400 H	1:02.04	Liz Stephens	George Fox	4/13/96
4x100	48.13	Grimes, Andrade	Pacific Lutheran	4/08/95
		Metzger, Lukenbill		
4x400	3:53.44	Larson, Warnecke, Sherman, Baker	Linfield	4/25/98
4x800	9:29.9	Rissmiller, Butler, McElwain, Peterson	George Fox	4/18/98

High Jump	5-8.75	Nancy Rissmiller	George Fox	4/18/98	
Long Jump		18-08.25	Linnea Jarvits	Seattle Pacific	2/21/98
Triple Jump		38-07	Tiffany Duff	Linfield	4/25/98
Shot Put	45-1.5	Carrie Pietig	Willamette	3/31/90	
Discus	145-3	Paula Wittenberg	George Fox	4/01/85	
Javelin	161-3	Sarah Malone	Unattached	2/20/99	
Hammer	177-5	Molly Gehley	Oregon International	4/17/99	
Pole Vault	11-6.25	Heather Hunt	George Fox	4/17/99	
Heptathlon	4,818	Jill Carrier	Southern Oregon	4/17-18/95	

## Colcord Field Records—Men

100m	10.82	Micheal Chapin	Western Oregon	4/17/99	
200m	21.64	Ryan Chaney	George Fox	4/13/96	
400m	47.89	Ryan Chaney	George Fox	2/22/97	
800m	1:52.45	Jon Swanson	Unattached	4/26/97	
1,500m	3:50.5	Wes Tilgner	Western Oregon	4/04/87	
3,000m	8:33.6	Sean Messiter	Nike	3/31/90	
5,000m	14:33.3	Don Stearns	Eastern Oregon	5/09/81	
10,000m	30:25.3	Don Stearns	Eastern Oregon	4/08/81	
5,000 Racewalk	21:51.2	Vance Godfrey	George Fox	4/13/91	
10,000 Racewalk	43:47.5	Vance Godfrey	Athletes in Action	4/02/94	
20,000 Racewalk	1:28:32.3	Vance Godfrey	Athletes in Action	4/02/94	
110m HH	13.7	Adolphus Onua	George Fox	4/13/85	
400m IH	52.70	David Parker	George Fox	4/17/99	
Steeplechase	9:16.4	Steve Blikstad	George Fox Alum	4/18/81	
High Jump	6-11.25	Tim Hagen	George Fox	4/14/90	
Pole Vault	16-0	Curt Heywood	Unattached	2/24/96	
		Greg Jordan	Linfield	2/24/96	
Long Jump	23-6.75	Gareth Pooleon	Willamette	5/09/87	
Triple Jump	50-8	Jim McCann	Oregon International	2/21/98	
Shot Put	59-8.5	Randy Settell	Southern Oregon	5/10/87	
Discus	186-1	Kevin Carr	Bruin TC	4/17/99	
Hammer	190-10	Dan Nelson	Western Oregon	2/22/97	
Javelin	216-6	Tony Alvarez	Linfield	4/26/97	
4x100 relay	41.34		Portland State	3/06/99	
4x400 relay	3:17.03	Edinger, Haley, Parker, Chaney	George Fox	4/26/97	
4x800 relay	7:55.5	Mantallas, Autrey, Nichols, Edinger	George Fox	4/18/98	
Decathlon	6,368	Ross Kennedy	Southern Oregon	4/17-18/95	

# **GEORGE FOX** **TRACK & FIELD** **RELAYS (TOP 30)**

(10-05-99)

## **4 x 100**

### **MEN**

41.3y (c. 41.24)	Koroma, Neeley, Reynolds, Griffin	4-22-78
41.7y (c. 41.64)	Koroma, Neeley, Reynolds, Griffin	4-13-78
41.84	Reynolds, Seibert, Anders, Griffin	5-19-79
41.94	Koroma, Seibert, Griffin, Mitchell	4-01-77
42.4y (c. 42.34)	A. Koroma, Neeley, Ponder, J. Koroma	5-17-75
42.4y (c. 42.34)	Koroma, Seibert, Mitchell, Griffin	4-30-77
42.5y (c. 42.44)	A. Koroma, Neeley, Mitchell, Griffin	5- -77
42.33	D. Parker, Gassaway, Costa, Plotts	4-17-99
42.33	D. Parker, Gassaway, West, Plotts	5-01-99
42.44	Howery, Carmack, Ankeny, Chaney	4-27-96
42.52	D. Parker, Gassaway, West, Plotts	4-10-99
42.54	A. Koroma, Mitchell, Seibert, Griffin	5-21-77
42.53	Howery, Carmack, Ankeny, Chaney	5-11-96
42.54	Howery, Carmack, Ankeny, Chaney	4-13-96
42.69	D. Parker, Gassaway, West, Plotts	4-24-99
42.73	D. Parker, Gassaway, West, Plotts	4-03-99
42.78	Howery, Carmack, Ankeny, Chaney	5-04-96
42.78	Costa, Gassaway, West, Plott	3-08-99
42.88	Howery, Carmack, Ankeny, Chaney	4-08-96
43.0y (c. 42.94)	Heathco, Keele, Ponder, Kordma	4-24-74
42.96	D. Parker, Howery, Edinger, Chaney	5-03-97
43.01	Howery, Carmack, Lindbo, Chaney	4-15-95
43.04	Sherman, Frank, Reynolds, Van Winkle	5-09-91
43.08	Howery, Carmack, Lindbo, Chaney	5-06-95
43.14	Oshiro, Cummins, Hartenstein, Conley	4-14-90
43.14	Howery, Carmack, Ankeny, Chaney	3-02-96
43.22	Howery, Carmack, Ankeny, Chaney	4-20-96
43.23	D. Parker, Gassaway, West, Plotts	3-28-99
43.24	Sherman, Frisk, Reynolds, Anders	-----80
43.24	Olds, Frisk, Reynolds, Anders	-----80

### **WOMEN**

48.58	Bentley, Butler, Burrus, Scrutton	5-25-94
48.74	Bentley, Butler, Burrus, Scrutton	5-14-94
48.88	Baltz, Oelrich, Rissmiller, Redenius	4-27-96
49.08	Burrus, Oelrich, Rissmiller, Scrutton	5-28-95
49.23	Oelrich, Haley, Rissmiller, Redenius	5-04-96
49.32	Oelrich, Burrus, Rissmiller, Scrutton	5-08-95
49.42	Chaney, Fromdahl, Rhoades, Barnett	4-25-98
49.44	Bentley, Stenberg, Ti. Golden, Gortler	4-24-93
49.46	Oelrich, Burrus, Rissmiller, Scrutton	4-29-95
49.49	Oelrich, Haley, Rissmiller, Redenius	4-08-96
49.54	Davis, Maxwell, Williams, Dennis	4-19-90
49.54	Baltz, Oelrich, Haley, Redenius	4-13-96
49.60	Chaney, Fromdahl, Rhoades, Barnett	5-02-98
49.61	Baltz, Oelrich, Haley, Redenius	4-20-96
49.63	Castillo, Rissmiller, Burrus, Scrutton	4-08-95
49.63	Baltz, Haley, Barnett, Redenius	3-22-97
49.64	Davis, Maxwell, Williams, Dennis	4-16-90
49.65	Baltz, Oelrich, Haley, Barnett	5-10-97
49.65	Chaney, Fromdahl, Rhoades, Barnett	5-09-98
49.73	Bailey, Carlson, Coston, Lewis	5-13-89
49.74	Davis, Maxwell, Williams, Dennis	5-09-90
49.77	Davis, C. Forbes, Rhoades, Barnett	4-17-99
49.78	Baltz, Oelrich, Haley, Redenius	5-11-98
49.84	Davis, Maxwell, Williams, Dennis	4-12-90
49.84	Davis, Maxwell, Williams, Jackson	-----81
49.89	Yates, Sparks, Hatfield, Bedder	5-11-79
49.94	Davis, Maxwell, Williams, Dennis	3-08-90
49.98	Baltz, Oelrich, Haley, Barnett	5-03-97
50.04	Oelrich, Burrus, Rissmiller, Scrutton	4-22-95
50.13	Crawford, Dahl, Ti. Golden, Stenberg	5-08-93

## **4 x 400**

### **MEN**

3:11.10	Carmack, Chaney, Haley, Parker	5-23-97
3:12.43	Carmack, Chaney, Haley, Parker	5-22-97
3:13.05	Howery, Chaney, Parker, Carmack	5-25-96
3:13.69	Howery, Chaney, Parker, Carmack	5-24-96
3:14.29	Carmack, Chaney, Parker, Haley	5-10-97
3:15.14	Howery, Chaney, Parker, Carmack	5-11-98
3:16.26	Costa, Haley, Gassaway, D. Parker	5-25-99
3:16.54	Plotts, Haley, Costa, D. Parker	5-08-99
3:16.84	D. Parker, Haley, Gassaway, Willmer	4-24-99
3:17.03	Edinger, Haley, Parker, Chaney	4-26-97
3:17.56	Carmack, Schaffeld, Lindbo, Chaney	5-13-95
3:18.16	Reynolds, Chaney, Parker, Haley	3-29-97
3:18.17	Lewis, Robinson, Rising, Lindbo	5-08-93
3:18.32	Oshiro, Marsh, Hartenstein, Bos	4-27-91
3:19.2y (c. 3:18.34)	Olds, Van Winkle, Frisk, Anders	5-10-80
3:18.54	Parker, Howery, Carmack, Chaney	4-27-96
3:18.62	Howery, Haley, Gassaway, Parker	5-09-98
3:18.64	Howery, Haley, Gassaway, Parker	4-20-96
3:18.69	Edinger, Haley, Parker, Chaney	5-03-97
3:18.71	Howery, Edinger, Carmack, Chaney	5-04-96
3:18.89	Lewis, Rising, Lindbo, Hartenstein	5-09-92
3:19.00	Parker, C. Rosen, Haley, Chaney	3-22-97
3:19.04	Stuart, Van Winkle, Seibert, Anders	5-12-79
3:20.1y (c. 3:19.24)	Stuart, Driesner, Neeley, Seibert	5-13-78
3:19.34	Carmack, Schaffeld, Lindbo, Chaney	4-29-95
3:20.3y (c. 3:19.44)	Neeley, Bales, Heathco, Ponder	5-17-75
3:19.83	Edinger, Reynolds, Haley, Chaney	4-12-97
3:19.90	D. Parker, Haley, Gassaway, Willmer	3-28-99
3:20.00	Gassaway, Haley, Edinger, Parker	5-02-98
3:20.08	Gassaway, Haley, Willmer, D. Parker	4-16-99

### **WOMEN**

3:46.06	Oelrich, Stephens, Rissmiller, Redenius	5-28-96
3:47.50	Oelrich, Haley, Rissmiller, Redenius	5-24-96
3:48.57	Oelrich, Haley, Rissmiller, Redenius	5-11-96
3:49.04	Oelrich, Haley, Rissmiller, Redenius	5-22-97
3:51.62	Oelrich, Scrutton, Stephens, Rissmiller	4-29-95
3:52.80	Baltz, Oelrich, Rissmiller, Haley	5-10-97
3:52.81	Oelrich, Haley, Rissmiller, Redenius	5-23-97
3:52.94	Oelrich, Redenius, Stephens, Rissmiller	4-27-96
3:53.55	Rhoades, Chaney, Barnett, Rissmiller	4-25-98
3:53.81	Oelrich, Scrutton, Castillo, Rissmiller	5-27-95
3:53.93	Oelrich, Scrutton, Castillo, Rissmiller	5-28-95
3:54.04	Oelrich, Haley, Rissmiller, Redenius	4-12-97
3:54.19	Baltz, Oelrich, Rissmiller, Haley	5-03-97
3:55.41	Oelrich, Castillo, Stephens, Rissmiller	5-15-95
3:54.54	Rhoades, Chaney, Barnett, Rissmiller	5-09-98
3:55.27	Oelrich, Stephens, Rissmiller, Redenius	4-08-96
3:55.71	Oelrich, Rissmiller, Stephens, Redenius	5-04-96
3:56.28	Oelrich, Haley, Rissmiller, Redenius	4-05-97
3:56.31	Baltz, Oelrich, Rissmiller, Haley	4-26-97
3:56.43	Oelrich, Stephens, Rissmiller, Redenius	3-30-96
3:56.94	Oelrich, Haley, Rissmiller, Redenius	4-13-96
3:57.33	Baltz, Stephens, Castillo, Scrutton	4-15-95
3:57.97	Oelrich, Haley, Rissmiller, Redenius	4-20-96
3:58.55	Chaney, Rhoades, Barnett, Rissmiller	4-04-98
3:58.98	Baltz, Castillo, Stephens, Rissmiller	4-08-95
3:59.59	Baltz, Redenius, Van Landingham, Haley	3-29-97
3:59.62	Baltz, Castillo, Stephens, Rissmiller	3-18-95
3:59.74	Oelrich, Haley, Castillo, Redenius	3-02-96
4:00.06	Baltz, Van Landingham, Oelrich, Haley	4-19-97
4:00.67	Chaney, Barnett, Peterson, Rissmiller	3-14-98

# GFU T/F 2000 PERFORMANCE CHART (MEN) (6/1)

A - NWC qualifying mark  
B - NW Regional qualifying mark  
C - NCAA-III National qualifying mark  
D - NCAA III Provisional  
(....) - Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
a2-2-12-00 Oregon City AC  
b-2/26/00 NWC Relays @ GFU  
c-3/4/00 Linfield Icebreaker  
d-3/11/00 NWC 4-Way @ LJC  
e-3/18/00 Easter Relays @ Santa Barbara  
f-3/18/00 Western Oregon Inv.  
f-1-3/20-21/00 Linfield Combined Events  
g-3/25/00 D-III Challenge at CMS, Ca  
h-4/1/00 Willamette Open  
i-4/8/00 NWC 5-Way @ GFU  
j-4/14/00 GFU Distance Carnival  
k-4/15/00 Linfield All-Corners  
l-4/17-18 '00 NWC Combined @ PLU  
m-4/22/00 L & C Open  
n-4/29/00 WOU Open  
o-4/29/00 Oregon Invite  
p-5/5-6/00 NWC Championships @ GFU  
q-5/13/00 SPU Invitational @ Seattle  
r-5/24-26/00 NCAA-III Nats @ Naperville, IL

	A	B	C	D
HJ	(6-2.25 / 6-6.75 / 6-10.75 / 6-7)			
5-10.5	(6-04) Scott Greene (3)	i		
5-10	(6-04) Beau West (2)	k		
5-03.75	(5-04.25) Ty Taylor (4)	i		

PV	(13-2.25 / 14-1.25 / 15-8.25 / 15-2.25)	
13-06	(13-06) Aaron Routon (4)	k
12-11.5	(12-06) Keith Christiansen (1)	g
11-02.5	(9-06) Ty Taylor (4)	i

LJ	(21-5.25 / 21-10 / 23-7.5 / 23-2)	
22-03.75	(21-01.5) Tyler Gassaway (3)	p
20-09.75	(21-02) Zach Davidson (1)	k
18-01.25	(19-01) David Lovejoy (4)	i
16-05.25	(17-03.75) Ty Taylor (4)	i
	(19-06) Keith Christiansen (1)	
	(19-06) Scott Greene (3)	

TJ	(41-5.25/44-0/47-4.25/46-6)	
40-11	(39-11.25) Scott Greene (3)	m
40-00.75	(41-06) Keith Christiansen (1)	h

<u>SHOT (43-9.25/46-9/54-4.5/51-2.25</u>			
48-10.25	(47-11.50)	Ian Strauss (4)	p
46-0.75	(42-10)	Joel Strunk (3)	g
38-09	(41-07.25)	Ty Taylor (4)	i
34-08.25	(32-10.25)	John Fletcher (2)	k
30-00	(30-00)	Scott Alvey	d
28-08.5	(28-08.5)	Dave Kilian (2)	b

<b>DISCUS</b>	<b>(134-8 / 140-0 / 167-4 / 154-7)</b>	
165-07	(155-00) Ian Strauss (4)	
	<b>** ALL-AMERICAN</b>	
122-06	(133-05) Ty Taylor (4)	
121-05	(121-09) Joel Strunk (3)	
103-09	(79-10) John Fletcher (2)	

<b>JAVELIN</b>	<b>172-9/180-5/198-8/187-0</b>	
192-02	(183-11) Jon Roberts (4)	g
188-05	(196-01) Ty Taylor (4)	i
163-07	(187-00) Eric Kunze (4)	g
106-11	(106-11) John Fletcher (2)	h

HAMMER (140-0 / 160-9 / 181-10 / 164-0)			
58-07	(121-10)	Joel Strunk (4)	g
49-06	(136-02)	Eric Kunze (4)	q
88-09	(88-09)	John Fletcher (2)	i

<u>DECATHLON (none / none / 6291 / 6100)</u>			
4731	(4474)	Ty Taylor (4)	1

100	(11.25 / 11.04 / 10.61 / 10.76)	
11.03	(10.75) David Plotts (4)	p
11.14	( ) Tyler Gassaway (3)	e
11.24	(11.64) Zach Davidson	e
11.46	(11.90) Steve Martin (3)	g
11.94	( ) Conley Bergh (1)	n
12.13	(11.70) David Lovejoy (4)	m
12.22	(12.22) Kevin Whitaker (1)	c
12.34	(12.78) Neil Cantrall	e
12.90	(13.22) Beau Jacoby (1)	d
13.04	(13.19) Ty Taylor (4)	fi
	(11.04) Eric Costa (2)	

200	(22.87 / 22.44 / 21.53 / 21.72)	
22.05	(21.63) David Plotts (4)	p
22.60	(23.21) Tyler Gassaway (3)	p
22.64	(24.44) Zach Davidson (1)	n
23.36	(23.99) Steve Martin (3)	g
24.30	(23.34) David Lovejoy (4)	m
24.41 i	(24.41) Scott Greene (3)	a
24.44	( ) Conley Bergh (1)	h
24.77	( ) Nick Ryland (1)	d
25.93	(26.65) Beau Jacoby (1)	i

400	(51.91 / 49.64 / 48.04 / 48.44)	
49.39	(50.73) David Plotts (4)	d
50.03	(49.84) Tyler Gassaway (3)	g
50.23	(48.94) Eric Costa (2)	p
51.22	(51.74) Kevin Whitaker (1)	i
52.99	(51.48) Nick Ryland (1)	m
58.49	(58.41) Ty Taylor (4)	i
59.61	(59.61) Beau Jacoby (1)	h
	(50.47) Zach Davidson (1)	
	(51.06) Steve Willmer (2)	
	(52.01) Beau West (2)	
	(52.24) David Lovejoy (4)	
	(53.54) Keith Christiansen (1)	

800	(2:00.54 / 1:56.04 / 1:51.84 / 1:52.74)	
1:56.74	(1:58.09) Ryan Austin (2)	n
1:57.65	(1:55.95) John Mantalas (4)	m
1:58.63	(1:58.29) Brandon Workman (4)	d
2:00.40	(2:02.83) Nick Ryland (1)	p
2:05.21	(2:05.34) Michael Owen (1)	c
2:07.18	(2:02.14) Silas Towne (1)	d
2:08.44	(2:17.01) Nathan Paisley (2)	n
2:10.47 i	(2:10.47) Tyler Gassaway (3)	a
2:11.91	(2:11.91) Tevin Taylor (1)	c
2:13.81	(2:14.75) Kenan Butler (1)	i
	(1:55.60) Steve Willmer (2)	
	(2:01.14) Zach Davidson (1)	
	(2:05.84) Kevin Whitaker (1)	
	(2:08.34) Forrest Towne (2)	
	(2:10.24) Scott Oswald (4)	

1500	(4:09.52 / 4:00.24 / 3:51.84 / 3:56.24)	
3:59.33	(3:58.16) Brandon Workman (4)	p
4:00.62	(4:07.03) John Mantalas (4)	g
4:06.25	(4:21.60) Ryan Austin (2)	i
4:13.70	(4:17.00) Michael Owen (1)	c
4:25.00	(4:21.04) Scott Oswald (4)	a
4:27.74	(4:58.14) Nathan Paisley (2)	n
4:30.64	(4:16.94) Silas Towne (1)	e
4:49.50	(4:49.50) Kenan Butler (1)	d
5:15.23	(4:52.83) Ty Taylor (4)	i
	(4:25.74) Forrest Towne (2)	

3000	(not contested)	
8:40.68 i	(8:40.68) Steve Willmer (2)	a
8:50.64 i	(8:42.35) Brandon Workman (4)	a
9:08.44	(9:07.09) John Mantalas (4)	b
9:28.24	(9:30.34) Forrest Towne (2)	b
9:29.44	(9:45.64) Scott Oswald (4)	b
10:13.24	(11:20.54) Nate Paisley (2)	b
	(9:10.24) Bryan Thompson (3)	
	(9:22.94) Michael Owen (1)	
	(10:06.24) Silas Towne (1)	

5000	(15:55.67 / 15:20.24 / 14:41.74 / 14:57.04)	
14:46.24	(14:51.55) Brandon Workman (4)	j
15:48.16	(15:40.80) John Mantalas (4)	d
15:40.74	(16:20.54) Michael Owen (1)	m
16:24.34	(16:45.29) Forrest Towne (2)	m
16:29.14	(16:44.48) Scott Oswald (4)	m
17:22.84	(18:30.34) Nathan Paisley (2)	j

10k	(33:52.64 / 33:30.24 / 31:01.04 / 31:24.74)	
34:48.57	(36:05.10) Forrest Towne (2)	c
34:55.75	(36:15.60) Scott Oswald (4)	p

## 110m H (16.35 / 15.64 / 14.57 / 14.84)

16.14	(17.77) Zach Davidson (1)	e
16.52	(19.61) Caleb Harris (3)	m
17.51	(18.57) Keith Christiansen (1)	d
20.41	(19.51) Ty Taylor (4)	i

## 400m HURDLES (58.72 / 56.04 / 53.14 / 53.84)

54.80	(56.56) Zach Davidson (1)	m
55.65	(59.80) Kevin Whitaker (1)	p
56.84	(61.32) Keith Christiansen (1)	n
58.52	(62.62) Caleb Harris (3)	k

## 3000m STPL (9:59.85 / 9:42.24 / 9:12.44 / 9:20.64)

9:05.40	(9:18.35) Brandon Workman (4)	r
	<b>** ALL-AMERICAN</b>	
9:50.97	(9:55.04) Michael Owen (1)	i
10:05.04	(10:31.93) John Mantalas (4)	e
10:10.24	(10:48.78) Forrest Towne (2)	p

## 4 x 100 (none / none / 41.54 / 42.04)

42.82	Martin, Davidson, Gassaway, Plotts	p
43.03	Martin, Davidson, Gassaway, Plotts	h
43.14	Martin, Davidson, Gassaway, Plotts	e
43.28	Martin, Davidson, Gassaway, Plotts	d
43.28	Martin, Davidson, Gassaway, Plotts	i
44.74	Lovejoy, Bergh, Cantrall, Plotts	m
45.03	Martin, Cantrall, Greene, Davidson	b
45.71	Martin, Cantrall, Gassaway, Davidson	c
46.27(B)	Lovejoy, Bergh, Cantrall, Greene	k

## 4 x 400 (none / none / 3:14.84 / 3:17.64)

3:16.87	Costa, Gassaway, Whitaker, Plotts	q
3:20.37	Davidson, Gassaway, Costa, Plotts	h
3:21.04	Davidson, Whitaker, Costa, Plotts	p
3:21.94	Davidson, Gassaway, Whitaker, Costa	n
3:22.27	Davidson, Whitaker, Costa, Plotts	k
3:22.54	Davidson, Gassaway, Whitaker, Costa	m
3:23.65	Plotts, Gassaway, Whitaker, Davidson	c
3:24.54	Christiansen, Gassaway, Costa, Davidson	g
3:24.56	Plotts, Costa, Davidson, Gassaway	
3:26.15	Christiansen, Gassaway, Costa, Davidson	d
3:30.93(B)	Christiansen, Austin, Harris, Ryland,	k

## 4 x 4 SPLITS

49.5	(49.6-LO) Costa	q
50.3	(49.0-LO) Plotts	b
50.5	(50.4-LO) Gassaway	d
50.4	(50.5-LO) Davidson	n
52.3	(52.3-LO) Christiansen	g
52.7	(54.5-LO) Austin	i
56.7	(56.7-LO) Harris	c
57.9	(57.9-LO) Paisley	d
55.5	(55.5-LO) Lovejoy	d
	(50.6-LO) West	
	(53.5-LO) Kilian	

48.3	(52.1) Plotts	q
49.0	(49.7) Gassaway	q
49.9	(51.0) Whitaker	q
50.2	(50.6) Davidson	c
50.2	(48.3) Costa	n
51.7	(52.7) Austin	k
52.0	( ) Nick Ryland	k
52.5	(53.3) Christiansen	d
53.2	(53.8) Workman	d
54.2	(54.2) Harris	k
54.4	(50.3) Te. Taylor	d
54.4	(53.4) Mantalas	m
55.7	(55.0) Routon	m
55.8	(59.1) Paisley	
56.0	(52.3) Lovejoy	c
58.3	(56.9) Ty Taylor	c



# GFU T/F 2000 PERFORMANCE CHART (WOMEN) (6/1)

A - NWC qualifying mark  
B - NW Regional qualifying mark  
C - NCAA-III National qualifying mark  
D - NCAA III Provisional  
(....) - Personal Record

## MEETS

a-2/5/00 Idaho Indoor, Moscow  
a2-2/12 Oregon City AC  
b-2/26/00 NWC Relays @ GFU  
c-3/4/00 Linfield Icebreaker  
d-3/11/00 NWC 4-Way @ L/C  
e-3/18/00 Easter Relays @ Santa Barbara  
f-3/18/00 Western Oregon Inv.  
g-3/25/00 D-III Challenge at CMS, Ca  
h-4/1/00 Willamette Open  
i-4/8/00 NWC 5-Way @ GFU  
j-4/14/00 GFU Distance Carnival  
k-4/15/00 Linfield All-Corners  
l-4/17-18/00 NWC Combined @ PLU  
m-4/22/00 L & C Open  
n-4/29/00 WOU Open  
o-4/29/00 Oregon Invite  
p-5/5-6/00 NWC Championships @ GFU  
q-5/13/00 SPU Invitational @ Seattle  
r-5/24-26/00 NCAA-III Nats @ Naperville, Ill.

**HJ** (5-0.5/5-3/5-6.5/5-4.5)  
5-04.5 (5-04.25) Amy Forbes (3) h  
5-02.5 (5-05) Angie Powell (4) dh  
5-00.5 (5-01.75) Karrie Nelson (4) p  
**PV** (7-6.5/9-0.25/—/9-5.25)  
12-01.5 (11-09.75) Heather Hunt (3) q  
**\*\* ALL-AMERICAN**  
**\*\* ACADEMIC ALL-AMERICAN**  
9-06.5 (9-06) Helena Telfer (1) m

**LJ** (16-5.5/17-0/18-7.75/18-1)  
16-09.5 (17-08.25) Kelsey Baron (1) p  
16-07.25 (16-09.50) Jocelyn Kennedy (4) p  
16-00.75 (15-04.25) Colleen Forbes (2) h  
15-02.5 (16-00.5) Heidi Smith (2) b  
14-11.75 (14-11.75) Amy Forbes (3)  
14-11.5 (14-11.5) Sarah Powell (2)  
14-09.75 (14-09.75) Karrie Nelson (4)

**TJ** (34-3/36-0/38-2/36-11)  
37-08 (37-04.75) Jocelyn Kennedy (4) q  
**\*\* ACADEMIC ALL-AMERICAN**  
36-02.75 (37-02.25) Kelsey Baron (1) q  
34-06.75 (36-05) Heidi Smith (2) p  
34-05.75 (33-07.75) Colleen Forbes (2) p  
32-05.5 (35-00) Angie Powell (4) i  
(32-11) Amy Forbes (3)

**SHOT** (34-11/38-4/43-5/42-1.5)  
36-00.75 (37-11.25) Marian Stevens (2) h  
34-09.75 (26-08.25) Paige Lewis (2) n  
33-09.25 (33-08.5) Erin Simon (1) i  
33-09.25 (32-04.5) Jessica Nies (3) k  
33-06 (31-10) Pam Longman (3) g  
(28-07.5) Heidi Smith (2)  
(30-08) Sharon Barnett (4)  
(21-11.5) Karrie Nelson (4)

**DISCUS** (112-5/124-0/144-10/136-3)  
131-01 (131-07) Marian Stevens (2) p  
124-07 (133-03) Paige Lewis (2) n  
101-08 (92-05) Pam Longman (3) d  
81-05.5 (91-00) Erin Simon (1) d  
(76-03) Jessica Nies (3)

**HAMMER** (124-10/130-0/156-8/146-4)  
115-00 (70-11) Erin Simon (1) n  
(100-05) Marian Stevens (2)

**JAVELIN** (111-10/124-8/140-9/128-0)  
131-03 (123-07) Lori Miller (2) i  
89-01 (105-08) Heidi Smith (2) i  
88-10 (98-02) Pam Longman (3) e  
66-01.5 (62-01) Jessica Nies (3) i  
(106-02) Tori Taylor (2)  
(111-06) Angie Powell (4)  
(88-00) Erin Simon (1)

**100** (12.96/12.84/12.16/12.36)  
13.01 (13.43) Colleen Forbes (2) p  
13.08 (12.55) Sharon Barnett (4) h  
13.35 (13.44) Kelsey Baron (1) h  
13.51 (13.51) Karrie Nelson (4) h  
13.64 (13.91) Heather Hunt (3) e  
13.84 (13.82) Jocelyn Kennedy (4) e  
14.14 (13.81) Sarah Powell (2) h  
14.71 (13.91) Heidi Smith (2) k  
(14.76) Lori Miller (2)

**200** (26.86/26.54/25.11/25.37)  
26.51 (26.14) Sharon Barnett (4) p  
27.34 (27.44) Christina Davis (2) n  
27.54 (27.54) Megan Heuberger k  
28.53 (28.64) Heather Hunt (3) i  
28.65 (28.24) Jessica Adams (2) i  
28.91 (28.40) Karrie Nelson (4) h  
29.61 (28.75) Sarah Powell (2) i  
(28.35) Amy Forbes (3)  
(28.42) Heidi Smith (2)  
(28.68) Jocelyn Kennedy (3)  
(29.09) Tori Taylor (2)  
(29.45) Colleen Forbes (2)

**400** (63.28/61.14/57.04/57.84)  
59.48 (60.34) Jessica Adams (2) p  
61.94 (61.94) Jamie McElwain (3) k  
62.24 (60.34) Christina Davis (2) h  
65.14 (65.14) Heidi Smith (2) h  
(60.24) Ember Brosius (3)  
(62.14) Mimi VanHooser (1)  
(61.34) Megan Heuberger (1)  
(62.44) Heather Hunt (3)  
(62.74) Kelsey Baron (1)  
(63.24) Shannon Larson (1)

**800** (2:22.91/2:20.54/2:13.94/2:15.84)  
2:16.00 (2:17.86) Jamie McElwain (3) m  
2:20.11 (2:26.24) Ember Brosius (3) m  
2:26.22 (2:26.24) Mimi VanHooser (1) m  
2:27.86 (2:21.24) Tori Taylor (2) d  
2:33.03 (2:40.24) Kirsten Norgaard (2) g  
2:37.25 (2:37.25) Jessica Adams (2) a  
(2:27.29) Marisa Merritt (3)  
(2:30.77) Karrie Nelson (4)  
2:21.6 r (2:22.84) Megan Heuberger (1) e

**1500** (4:54.42/4:50.24/4:38.74/4:43.34)  
4:44.19 (5:04.94) Ember Brosius (3) p  
4:47.54 (4:53.26) Jamie McElwain (3) g  
4:57.29 (4:54.24) Tori Taylor (2) h  
5:07.64 (5:15.32) Kirsten Norgaard (2) g  
5:19.35 (5:00.04) Marisa Merritt (3) g  
(5:33.24) Rosie Ofstie (2)

**3000** (10:42.74/10:35.24/10:08.54/10:15.24)  
10:13.75 (10:31.29) Ember Brosius (3) q  
10:26.07 (10:48.24) Tori Taylor (2) p  
11:04.10 (11:19.25) Kirsten Norgaard (2) p  
12:34.34 (11:58.84) Rosie Ofstie (2) b  
(10:35.96) Marisa Merritt (3)  
(11:11.80) Jamie McElwain (2)

**5000** (19:19.49/18:45.24/17:37.54/18:05.54)  
18:04.64 (18:04.64) Ember Brosius (3) k  
18:19.10 (18:43.96) Tori Taylor (2) p  
19:54.25 (18:50.44) Marisa Merritt (3) m  
22:26.29 (21:18.21) Rosie Ofstie (2) g  
(20:11.78) Jamie McElwain (3)

**10k** (42:40.30/42:00.24/37:10.74/38:07.44)  
41:53.80 (42:44.84) Marisa Merritt (3) p  
47:24.64 (47:04.90) Rosie Ofstie (2) c

**100m HURDLES** (16.20/16.24/14.68/15.20)  
14.63 (14.57) Sharon Barnett (4) p  
**\*\* ACADEMIC ALL-AMERICAN**  
14.87 (14.89) Karrie Nelson (4) 0  
(16.74) Megan Heuberger (1)  
(16.99) Tori Taylor (2)  
(17.57) Heidi Smith (2)

**400m HURDLES** (69.11/67.54/63.34/64.84)  
63.86 (64.13) Karrie Nelson (4) p  
64.02 (67.74) Megan Heuberger (1) m  
(65.41) Sharon Barnett (4)  
(68.98) Tori Taylor (2)  
(46.5hs) Kelsey Baron (1)

**3000m STEEPLECHASE (not contested)**  
11:39.25 (11:51.20) Tori Taylor (2) k

**HEPTATHLON (none/none/4250/4050)**  
(3562) Tori Taylor (2)  
(3445) Heidi Smith (2)

**4x100 (TOP 8/none/48.04/49.24)**  
49.57 C. Forbes, Heuberger, Baron, Barnett p  
49.61 C. Forbes, Heuberger, Baron, Barnett m  
50.55 C. Forbes, Heuberger, Baron, Adams, n  
50.66 Davis, Heuberger, Baron, Barnett i  
50.94 C. Forbes, Heuberger, Baron, Barnett k  
51.06 Barnett, Heuberger, Davis, Baron e  
51.24 Davis, Heuberger, Baron, Barnett h  
51.41 C. Forbes, Heuberger, Davis, Baron c  
51.67 Barnett, Heuberger, Davis, Baron g  
52.49 C. Forbes, Heuberger, Davis, Baron d  
52.85 C. Forbes, Heuberger, Davis, Baron b  
53.59 "B" S. Powell, Nelson, Smith, Kennedy d

**4x400 (TOP 8/none/3:53.44/3:56.94)**  
3:59.71 Adams, McElwain, Barnett, Heuberger p  
4:04.27 Adams, McElwain, Brosius, Heuberger k  
4:05.00 Adams, Davis, Brosius, Heuberger g  
4:06.96 Davis, McElwain, Brosius, Heuberger m  
4:08.42 McElwain, Brosius, Davis, Heuberger e  
4:10.34 Adams, Nelson, McElwain, Heuberger i  
4:10.57 Adams, Heuberger, McElwain, Baron d  
4:13.17 Adams, Heuberger, McElwain, Baron c  
4:14.14 Nelson, Heuberger, McElwain, Adams b  
4:17.04(B) Nelson, Taylor, Kennedy, Smith e

**4x4 SPLITS**  
59.7 (61.7-LO) Adams k  
61.4 (60.1-LO) Davis g  
62.5 (69.5-LO) McElwain e  
64.8 (63.8-LO) Nelson e  
(63.9-LO) A. Forbes  
(63.2-LO) Hunt  
(65.8-LO) Barnett

58.6 (59.5) Heuberger g  
60.5 (60.3) McElwain p  
60.6 (59.5) Barnett p  
61.9 (61.0) Brosius e  
62.5 (60.2) Davis e  
62.6 (62.2) Adams b  
63.5 (61.8) Baron d  
63.5 (63.5) Kennedy e  
63.7 (63.4) Smith d  
64.7 (61.5) Nelson d  
65.0 (62.3) Taylor d  
(61.9) Hunt  
(63.4) A. Forbes  
(66.1) Merritt  
(66.9) C. Forbes  
(70.5) S. Powell