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Hy-Tek's Meet Manager 5/15/2004 06:02 PM
Ken Foreman Invitational - 5/14/2004 to 5/15/2004
SOUTH WEST SPORTS COMPLEX
Results

Women 100 Meter Dash

	Name	Year	School	Finals	Wind	H#	Points
1	Kisielewska, Paulina		Coq. Falcons	12.59	NWI	1	
2	Pierre, Patrice		Portland	12.60	NWI	1	
3	Vickers, Tonika		Unattached	12.77	NWI	1	
3	White, Monaka		Highline CC	12.77	NWI	1	
5	Behrens, Melissa		W. Washington	12.95	NWI	1	
6	Porter, Danaka		Vancouver Olympi	13.06	NWI	1	
7	Milam, Adrienne		Spokane CC	13.09	NWI	2	
8	Burt, Molly		Spokane CC	13.16	NWI	1	
9	Cornish, Lisa		U-British Columb	13.22	NWI	1	
10	Matheson, Nicole		St. Martin's Col	13.28	NWI	2	
11	Keppler, Amy		Spokane CC	13.41	NWI	2	

Women 200 Meter Dash

	Name	Year	School	Finals	Wind	H#	Points
1	White, Monaka		Highline CC	26.29	-2.3	1	
2	Behrens, Melissa		W. Washington	26.75	-2.3	1	
3	Porter, Danaka		Vancouver Olympi	26.77	-2.3	2	
4	Kociemba, Katy		Western Oregon	27.01	-2.3	1	
5	Olfert, Jessica		British Columbia	27.02	-2.3	1	
6	Matheson, Nicole		St. Martin's Col	27.36	-2.3	2	
7	Cornish, Lisa		U-British Columb	27.39	-2.3	1	
8	Evans, Chelsea		Unattached	27.74	-2.3	2	
9	Leonard, Sarah		Club Northwest	29.14	-2.3	2	

Women 400 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Legard, Terran		Central Washingt	55.16	1	
2	Dunnigan, Grace		Simon Fraser	56.17	1	
3	Swan, Jody		Lewis & Clark Co	56.47	1	
4	Newell, Kelsey		Linfield College	58.27	1	
5	Crotty, Erin		Portland	58.54	1	
6	Metcalfe, Kelsey		Portland	58.89	1	
7	Hingston, Katie		Central Washingt	59.79	2	
8	Duringer, Julie		Seattle Pacific	59.92	2	
9	Garasmichuk, Zori		Highline CC	1:00.11	2	
10	Evans, Chelsea		Unattached	1:00.30	1	
11	Marshall, Ashley		Seattle Pacific	1:00.39	2	
12	Wiese, Kristen		Western Oregon	1:00.46	2	
13	Howard, Heather		Spokane CC	1:03.19	2	

Women 800 Meter Run

	Name	Year	School	Finals	Points
1	Holbert, Kari		Willamette	2:12.25	
2	Andrews, Alicia		Willamette	2:12.49	
3	Marsh, Jennifer		Seattle Pacific	2:13.74	
4	Kamm, Amanda		Highline CC	2:15.00	
5	Wageman, Renee		NW College	2:15.44	
6	Ballard, Carmen		Kelowna Track CL	2:16.70	
7	Opersteny, Jessica		W. Washington	2:17.57	
8	Vandehey, Stephanie		Willamette	2:18.02	
9	Heinemann, Elaine		Whitworth	2:18.23	
10	Fox, Chloe		Simon Fraser	2:18.33	
11	McCoy, Brandi		Seattle Pacific	2:18.81	
12	Hanson, Mariah		Willamette	2:20.30	
13	Hadway, Ashley		Spokane CC	2:20.64	
14	Maclean, Celia		NW College	2:21.82	
14	Burr, Lakita		St. Martin's Col	2:21.82	
16	Lentz, Bethany		Spokane CC	2:21.92	
17	Leonard, Sarah		Club Northwest	2:22.82	
18	Killam, Carly		Willamette	2:23.84	
19	Carlson, Karinda		U-St. Martin's C	2:24.11	
20	Rummell, Jennie		Western Oregon	2:25.96	
21	Polakovic, Ashley		NW College	2:30.11	
22	Beatty, Nicole		St. Martin's Col	2:35.50	

Women 1500 Meter Run

	Name	Year	School	Finals	Points
1	Ballard, Carmen		Kelowna Track CL	4:35.93	
2	Konrad, Kari		Western Oregon	4:42.66	
3	Mark, Michelle		British Columbia	4:44.43	
4	Hadway, Ashley		Spokane CC	4:46.44	
5	Maclean, Celia		NW College	4:49.83	
6	Perkins, Teona		NW College	4:57.88	
7	Boekermann, Leah		Simon Fraser	5:01.02	
8	Ferguson, Emily		Seattle U.	5:05.11	
9	Carlson, Krissa		U-St. Martin's C	5:06.16	
10	Beatty, Nicole		St. Martin's Col	5:13.14	

Women 3000 Meter Run

	Name	Year	School	Finals	Points
1	Longmire, Danyel		NW College	9:53.41	
2	Wodak, Natasha		Simon Fraser	10:04.26	
3	Marshall, Sitges		Highline CC	10:06.17	
4	Rice, Kathy		Portland	10:18.88	
5	Proticova, Kristina		NW College	10:20.62	
6	Stilwater, Tiffany		NW College	10:24.33	
7	Campbell, Nicole		Humboldt State	10:25.78	
8	Rohde, Kristen		Portland	10:32.30	
9	Stimson, Tina		W. Washington	10:34.24	
10	Sabin, Elise		Portland	10:40.82	
11	Bailey, Kjerstein		NW College	10:41.73	
12	Anderson, Brandy		Central Washingt	10:44.44	
13	Ellingson, Amye		NW College	10:59.23	
14	Groth, Abby		Seattle Pacific	10:59.66	
15	Rice, Kristie		Seattle U.	11:07.19	
16	Pitman, Erica		Central Washingt	11:11.94	
17	Rorbacher, Phoebe		Seattle U.	11:23.42	
18	Brundige, Sarah		Seattle U.	11:40.20	
19	Jablonsky, Jami		Highline CC	11:42.31	
20	McCanick, Ann		St. Martin's Col	11:47.18	

Women 5000 Meter Run

	Name	Year	School	Finals	Points
1	Campbell, Melinda		Greater Boise RU	17:55.48	
2	Jensen, Jenny		NW College	18:03.63	
3	Barker, Jessyca		Eastern Oregon	18:05.67	
4	Kaneko, Noelani		Washington	18:17.79	
5	Wise, Molly		Washington	18:32.20	
6	Polakovic, Ashley		NW College	18:49.88	
7	Bailey, Rachel		Central Washingt	19:01.69	
8	Jamieson, Ashley		Pacific Lutheran	19:04.45	
9	Knox, Becky		Seattle Pacific	19:12.66	
10	Shiraiwa, Leila		Washington	20:24.01	

Women 10000 Meter Run

	Name	Year	School	Finals	Points
1	Dickson, Karen		Seattle Pacific	36:09.66	
2	Garcia, Alana		Seattle U.	39:13.39	
3	Suess, Rachel		Seattle U.	41:27.34	

Women 100 Meter Hurdles

	Name	Year	School	Finals	Wind	H#	Points
1	Rountree, Ashley		Central Washingt	14.85	-3.3	1	
2	Smith, Monica		Western Oregon	14.91	-3.3	1	
3	Olfert, Jessica		British Columbia	15.11	-3.3	1	
4	Stoffman, Zaria		Vancouver Olympi	15.92	-3.0	2	
5	Campbell, Tiffany		Portland	16.02	-3.3	1	
6	Burt, Molly		Spokane CC	16.17	-3.3	1	
7	Griffin, Kristina		Spokane CC	16.88	-3.0	2	
7	Wonsick, Brittany		Spokane CC	16.88	-3.0	2	
9	Milam, Adrienne		Spokane CC	17.39	-3.0	2	

Women 400 Meter Hurdles

	Name	Year	School	Finals	H#	Points
1	Fell, Corri		U-British Columb	1:01.54	1	
2	McGrane, Shannon		Willamette	1:02.37	1	
3	Larsen, Carrie		Pacific Lutheran	1:02.61	1	
4	Kassebaum, Roseann		Willamette	1:02.76	1	
5	Van der Bulk, Jeanette		Pac. Athletics	1:03.34	1	
6	Burt, Molly		Spokane CC	1:03.65	1	
7	Schaafsma, Janna		Seattle Pacific	1:05.65	1	
8	Riley, Kestle		Central Washingt	1:05.93	2	
9	Branam, Easton		Pacific Lutheran	1:06.45	2	
10	Burch, Laura		W. Washington	1:07.90	2	
11	Nash, Natalie		Western Oregon	1:09.19	2	
12	Milam, Adrienne		Spokane CC	1:09.36	3	
13	Nygard, Kara		Central Washingt	1:09.55	1	
14	Keppler, Amy		Spokane CC	1:10.22	2	
15	Griffin, Kristina		Spokane CC	1:10.68	3	
16	Wonsick, Brittany		Spokane CC	1:11.84	2	
17	Boysen, Brittney		Highline CC	1:12.15	3	

Women 3000 Meter Steeplechase

	Name	Year	School	Finals	Points
1	Butler, Margaret		Kajaks T&F	10:28.37	
2	Crowley, Tara		Team XO	10:51.71	
3	Witt, Meryl		Linfield College	11:29.65	
4	Hall, Terry		Linfield College	11:32.39	
5	Carpenter, Kristin		British Columbia	11:43.26	
6	Colkitt, Stephanie		Eastern Oregon	11:53.03	
7	McCallum, Kelsey		Washington	11:55.54	
8	Daiger, Jessica		U-Washington	11:56.00	
9	Harris, Whittney		George Fox	12:34.55	

Women 4x100 Meter Relay

	School	Finals	Points
1	Central Washington University 'A'	48.43	
	1) Rountree, Ashley 2) Legard, Terran		
	3) Schlafer, Teresa 4) Nygard, Kara		
2	Seattle Pacific University 'A'	48.65	
	1) Gleason, Kelsey 2) Schaafsma, Janna		
	3) Kolb, Jean 4) Leonhardt, Kinyatta		
3	Spokane Community College 'A'	49.45	
	1) Keppler, Amy 2) Burt, Molly		
	3) Milam, Adrienne 4) Howard, Heather		

Women 4x400 Meter Relay

	School	Finals	Points
1	Willamette University 'A'	3:52.08	
	1) Kassebaum, Roseann 2) Patterson, Lindsey		
	3) Hanson, Mariah 4) McGrane, Shannon		
2	Unattached 'A'	3:52.87	
3	Northwest College 'A'	4:00.57	
	1) Proticova, Kristina 2) Perkins, Teona		
	3) Maclean, Celia 4) Wageman, Renee		
4	Western Washington University 'A'	4:04.35	
	1) Webster, Ruth 2) Opersteny, Jessica		
	3) Fischer, Kara 4) Burch, Laura		
5	Highline Community College 'A'	4:05.80	
	1) Boysen, Brittney 2) Garasmichuk, Zori		
	3) Kamm, Amanda 4) Marshall, Sitges		
6	Spokane Community College 'A'	4:06.30	
	1) Howard, Heather 2) Burt, Molly		
	3) Keppler, Amy 4) Lentz, Bethany		

Women High Jump

	Name	Year	School	Finals	Points
1	Smith, Monica		Western Oregon	1.68m	5-06.00
2	Stoffman, Zaria		Vancouver Olympi	1.63m	5-04.25
3	Bjella, Sharon		Seattle Pacific	J1.63m	5-04.25
4	Larson, Lindsay		Linfield College	1.58m	5-02.25
5	Cox, Lindsey		W. Washington	1.53m	5-00.25
5	Pagnucco, Natalie		Simon Fraser	1.53m	5-00.25
5	Kinney, Erin		Warner Pacific	1.53m	5-00.25
--	Plypick, Taryn		Highline CC	NH	

Women Pole Vault

	Name	Year	School	Finals	Points
1	Hedges, Big Allie		Seattle Pacific	3.73m	12-02.75
2	Juarez, Danielle		W. Washington	3.43m	11-03.00
3	Hunter, Jennifer		Bellingham Track	J3.43m	11-03.00
4	Harris, Amy Lynn		Seattle Pacific	3.28m	10-09.00
5	Mangahas, Theresa		Seattle U.	3.13m	10-03.25
6	Fisher, Laura		Pacific Lutheran	J3.13m	10-03.25
7	Heaton, Katie		Puget Sound	J3.13m	10-03.25
8	Wonsick, Brittany		Spokane CC	0.83m	2-08.75
--	Perez, Kelly		W. Washington	NH	
--	Groesheck, Amy		Washington	NH	
--	Schlumpf, Alena		U-Seattle Pacifi	NH	
--	Rose, Amber		Seattle Pacific	NH	
--	Rogers, Erin		Spokane CC	NH	

Women Long Jump

	Name	Year	School	Finals	Wind	Points
1	Patterson, Lindsey		Willamette	5.55m	NWI	18-02.50
2	Kociemba, Katy		Western Oregon	5.50m	NWI	18-00.50
3	Kendall, Julie		Western Oregon	4.84m	NWI	15-10.50
4	Spear, Anjulie		Central Washingt	4.82m	NWI	15-09.75
5	Plypick, Taryn		Highline CC	4.80m	NWI	15-09.00
6	Burt, Molly		Spokane CC	4.74m	NWI	15-06.75
7	Moulton, Salala		Highline CC	3.97m	NWI	13-00.25

Women Triple Jump

	Name	Year	School	Finals	Wind	Points
1	Kociemba, Katy		Western Oregon	11.24m	NWI	36-10.50
2	Robinson, Jena		Puget Sound	11.00m	NWI	36-01.25
3	Kendall, Julie		Western Oregon	10.38m	NWI	34-00.75
4	Plypick, Taryn		Highline CC	9.85m	NWI	32-03.75
5	Marshall, Ashley		Seattle Pacific	9.77m	NWI	32-00.75
6	Rogers, Erin		Spokane CC	9.43m	NWI	30-11.25

Women Shot Put

	Name	Year	School	Finals	Points
1	Bielenberg, Danielle		Linfield College	13.16m	43-02.25
2	Bovey, Marji		Spokane CC	12.55m	41-02.25
2	Claypool, Joni		Linfield College	12.55m	41-02.25
4	Lynch, Chevonna		Western Oregon	12.51m	41-00.50
5	Vandervelden, Alicia		Western Oregon	12.18m	39-11.50
6	DeCammillis, Kelsey		British Columbia	11.87m	38-11.50
7	Zibin, Aleena		U-British Columb	11.82m	38-09.50
8	LaFever, Orejeona		Spokane CC	11.79m	38-08.25
9	Cvetkovski, Sasha		Spokane CC	11.64m	38-02.25
10	Woelk, Jen		Spokane CC	10.42m	34-02.25
11	Kooy, Lauren		Seattle Pacific	9.89m	32-05.50
12	Washington, Danika		U-St. Martin's C	0.74m	2-05.25

Women Discus Throw

	Name	Year	School	Finals	Points
1	Etter, Mary		Team XO	50.28m	164-11
2	Telleria, Jessica		W. Washington	41.11m	134-10
3	Cederberg, Jaci		Western Oregon	38.84m	127-05
4	Reardon, Amber		U-Spokane CC	37.78m	123-11
5	Locke, Julie		Pacific Lutheran	37.60m	123-04
6	VanOeveren, Ashley		W. Washington	37.38m	122-08
7	Jones, Taylor		Portland	36.71m	120-05
8	Vandervelden, Alicia		Western Oregon	35.74m	117-03
9	Cvetkovski, Sasha		Spokane CC	35.37m	116-00
10	Cruz, Bianca		Spokane CC	34.35m	112-08
11	Kooy, Lauren		Seattle Pacific	33.07m	108-06
12	Bovey, Marji		Spokane CC	29.88m	98-00

Women Hammer Throw

	Name	Year	School	Finals	Points
1	Padrinao, Jennifer		Simon Fraser	55.99m	183-08
2	Hepler, Kristin		Western Oregon	55.22m	181-02
3	Cederberg, Jaci		Western Oregon	50.87m	166-11
4	McDowell, Christin		Central Washingt	48.77m	160-00
5	Payne, Chelsea		Kajaks T&F	46.96m	154-01
6	Trygg, Carin		Washington	45.75m	150-01
7	Reardon, Amber		U-Spokane CC	44.00m	144-04
8	Wocknick, Megan		Pacific Lutheran	43.73m	143-06
9	Zibin, Aleena		U-British Columb	43.30m	142-01
10	Deutsch, Tanya		Simon Fraser	43.10m	141-05
11	Wasiela, Izahela		British Columbia	41.90m	137-06
12	Lewis, Stephanie		Pacific Lutheran	41.86m	137-04
13	Reed, Monique		Willamette	41.81m	137-02
14	Blankenship, Lindsey		George Fox	39.33m	129-00
15	Bovey, Marji		Spokane CC	37.77m	123-11
16	Gouin, Holly		Spokane CC	35.48m	116-05

Women Javelin Throw

	Name	Year	School	Finals	Points
1	Johnson, Sara		Seattle Pacific	45.41m	149-00
2	Callan, Nini		Western Oregon	43.85m	143-10
3	Hopkins, Stacey		W. Washington	42.55m	139-07
4	Rogers, Erin		Spokane CC	39.77m	130-06
5	LaFever, Orejeona		Spokane CC	39.13m	128-04
6	Hunt, Sara		Western Oregon	38.05m	124-10
7	Dentzel, Sophia		Willamette	36.53m	119-10
8	Pennington, Andrea		Seattle Pacific	36.09m	118-05
9	Hornbuckle, Molly		Seattle Pacific	35.59m	116-09
10	Stovin, Kelly		Washington	33.52m	110-00
11	Cvetkovski, Sasha		Spokane CC	32.42m	106-04
12	Cederberg, Jaci		Western Oregon	31.76m	104-02
13	Knopp, Lisa		Spokane CC	30.96m	101-07

Women Heptathlon

	Name	Year	School	Finals	Points
1	Elliott, Julie		Portland	5170	
2	Ayers-Stamper, Danielle		Seattle Pacific	4855	
3	Johnson, Bridgette		Western Oregon	4670	
4	Janney, Kristin		Seattle Pacific	4494	
5	Blake, Linda		Seattle Pacific	4373	
6	Reece, Jazzmin		Willamette	4327	
7	McCall, Jackie		W. Washington	3993	
8	Cooley, Kelesy		Unattached	3985	

Men 100 Meter Dash

	Name	Year	School	Finals	Wind	H#	Points
1	Salisbury, Ben		George Fox	11.23	NWI	2	
2	Moody, Ricky		Highline CC	11.35	NWI	1	
3	Neff, Adam		W. Washington	11.40	NWI	2	
4	Gitts, Derek		Western Oregon	11.63	NWI	2	
5	Powell, Jaymes		Spokane CC	11.64	NWI	1	
6	Gillespie, KC		Willamette	11.68	NWI	2	
7	Armstead, Jeramiah		Highline CC	11.70	NWI	2	
8	McDavid, Yves		U-British Columb	11.86	NWI	2	
9	Krings, Michael		Spokane CC	11.94	NWI	1	
10	Heninger, Mike		Treasure Valley	12.11	NWI	1	
11	Gizinski, John		Treasure Valley	12.22	NWI	2	
12	Coleman, Will		Treasure Valley	12.42	NWI	1	

Men 200 Meter Dash

	Name	Year	School	Finals	Wind	H#	Points
1	Jenkins, Melvin		Highline CC	21.96	-3.4	1	
2	Fredrick, Issac		Western Oregon	22.21	-3.4	1	
3	Harcourt, Alex		Highline CC	22.36	-3.4	1	
4	Sirmans, Jerome		Highline CC	22.47	-2.4	2	
5	Coutard, Fabien		Central Washingt	22.52	-3.4	1	
6	Neff, Adam		W. Washington	22.60	-2.4	2	
7	Watson, Cresap		Central Washingt	22.77	-2.4	2	
8	Punjani, Faruk		Seattle U.	23.26	-2.4	2	
9	Armstead, Jeramiah		Highline CC	23.42	-3.4	1	
10	Gitts, Derek		Western Oregon	23.45	-2.4	2	
11	Porter, Nelacey		Western Oregon	23.48	-3.6	3	
12	Kragt, John		Spokane CC	23.49	-2.4	2	
13	Sweeny, Brian		W. Washington	23.75	-3.6	3	
14	Betancourt, Ricardo		U-Spokane CC	23.82	-3.4	1	
15	Allen, Aaron		Seta	24.16	-3.6	3	
16	Kelley, Mike		Central Washingt	24.18	-3.4	1	
17	Bauer, Keyth		Treasure Valley	24.30	-3.6	3	
18	Albrecht, Andrew		Pacific Lutheran	24.43	-3.6	3	

Men 400 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Jenkins, Melvin		Highline CC	47.41	1	
2	Harcourt, Alex		Highline CC	47.87	1	
3	Sirmans, Jerome		Highline CC	48.30	1	
4	Sweeny, Brian		W. Washington	50.72	1	
5	Priester, Josh		George Fox	50.85	2	
6	Loreth, KJ		Seattle U.	51.06	2	
7	Rasmussen, Jesse		George Fox	51.09	1	
8	Porter, Nelacey		Western Oregon	51.60	2	
9	Kragt, John		Spokane CC	51.66	1	
10	Wilds, Trevor		Seta	51.84	2	
11	Joseph, Reuben		Seattle U.	52.14	1	
12	Betancourt, Ricardo		U-Spokane CC	52.29	2	
13	Betancourt, Angel		Spokane CC	52.75	2	

Men 800 Meter Dash

	Name	Year	School	Finals	Points
1	Brown, Ryan		U-Washington	1:52.28	
2	Freeman, Tim		Washington	1:52.39	
3	Appel, Nate		Portland	1:53.50	
4	Dickson, Mike		Highline CC	1:53.73	
5	Blaine, Matt		Seattle U.	1:53.86	
6	Thomas, Everett		Willamette	1:53.88	
7	Prentice, Andy		St. Martin's Col	1:54.47	
8	Strickler, Eddie		Seattle Pacific	1:54.56	
9	Young, Tony		Club Northwest	1:54.79	
10	Stupnitskiy, Anton		Warner Pacific	1:54.98	
11	Wilkie, Mark		British Columbia	1:55.34	
12	Dols, Nicholas		Seattle U.	1:55.55	
13	Gimenez, Tyler		Willamette	1:56.09	
14	Ayume, Asiki		Spokane CC	1:56.22	
15	Williams, Andres		Western Oregon	1:56.58	
16	Hendricks, Nate		U-Spokane CC	1:56.74	
17	Pyfer, Brian		Highline CC	1:57.15	
18	McNeil, Jessie		W. Washington	1:57.98	
19	Randall, Derrick		British Columbia	1:58.02	
20	Whitaker, Brandon		W. Washington	1:58.35	
21	Singsaas, Josh		Portland	1:58.37	
22	Mohsenian, Arman		Spokane CC	1:58.86	
23	Sauer, Kristofor		Whitworth	2:00.90	

24	Kurtz, Alex	U-Spokane CC	2:01.55
25	Easton, Curtis	U-Washington	2:01.58
26	Gardner, Erich	Spokane CC	2:03.59
27	Timmer, Caleb	St. Martin's Col	2:05.01
28	Baouya, Dannile	Unattached	2:05.04
29	Hunt, Skyler	Highline CC	2:05.16
30	Rios, Raul	Spokane CC	2:05.30

Men 1500 Meter Dash

	Name	Year	School	Finals	Points
1	Robinson, Brendan		Portland	3:56.18	
2	Axtman, Ty		Spokane CC	3:57.81	
3	Mantalas, Jerret		Western Oregon	3:57.96	
4	Epp, Jamie		Kajaks T&F	3:59.34	
5	Stevick, Jesse		Whitworth	3:59.53	
6	Abbott, Kalen		Warner Pacific	4:00.08	
7	Brancheau, Sam		W. Washington	4:00.40	
8	Boyer, Nate		Spokane CC	4:00.75	
9	Gavin, John		Spokane CC	4:01.33	
10	Carlos, Shane		British Columbia	4:03.58	
11	Brown, Ben		Pacific Lutheran	4:05.68	
12	Carpenter, Chris		St. Martin's Col	4:07.65	
13	Hamilton, Doug		Humboldt State	4:07.86	
14	Cobb, Bryan		George Fox	4:08.78	
15	Goiney, Chris		U-Washington	4:14.19	
16	Farrell, Kris		Highline CC	4:16.32	
17	Carpenter, Victor		St. Martin's Col	4:17.19	
18	Yaeger, Daniel		Unattached	4:18.92	
19	Phillips, Ryan		Seattle Pacific	4:24.12	
20	Khalif, Hassan		Highline CC	4:29.64	
21	Martindale, Robert		Evergreen State	4:53.41	

Men 5000 Meter Run

	Name	Year	School	Finals	Points
1	Hemlock, Clay		Highline CC	14:26.65	
1	Sheeks, Matt		Portland	14:26.65	
3	McCurry, Patrick		Eastside Track C	14:32.53	
4	Schuetze, Nick		Portland	14:37.04	
5	McKenzie, Chuck		Portland	14:47.94	
6	Craig, Ryan		Portland	14:49.12	
7	Liber, Brad		U-Washington	14:50.81	
8	Hartmaier, Kurt		W. Washington	14:55.76	
9	Chessar, Patrick		U-Spokane CC	14:57.59	
10	Currell, Mark		Spokane CC	15:01.03	
11	LeCount, Tim		Seattle Pacific	15:04.80	
12	Kaufman, Joe		Spokane CC	15:18.28	
13	Olinger, Chris		Portland	15:18.89	
14	Gorder, Andrew		Portland	15:31.30	
15	Bostrom, Bjorn		Seattle Pacific	15:34.92	
16	Wells, Chase		Western Oregon	15:42.06	
17	Carlos, Shane		British Columbia	15:44.51	
18	Fuller, Andrew		U-Spokane CC	15:45.96	
19	Dean, John		Spokane CC	15:49.63	
20	Griffiths, Jason		unattached runne	15:49.80	

Men 10000 Meter Run

	Name	Year	School	Finals	Points
1	Manos, Steve		Seattle U.	32:44.69	
2	Porter, Jason		Central Washingt	33:12.26	
3	Rosser, James		Seattle Pacific	34:22.25	
4	O'Connor, Lee		Seattle Pacific	35:56.94	
5	Seeley, Lane		U-Seattle Pacifi	36:09.84	

Men 110 Meter Hurdles

	Name	Year	School	Finals	Wind	H#	Points
1	Hobbs, Sam		Western Oregon	15.06	-1.8	1	
2	Garrelts, Brennan		Willamette	15.30	-1.8	1	
2	Foyston, Jershon		U-Highline CC	15.30	-1.6	2	
2	May, Tyler		Willamette	15.30	-1.8	1	
5	Foyston, Jacob		Highline CC	15.37	-1.8	1	
5	McDavid, Yves		U-British Columb	15.37	-1.8	1	
7	Thorton, Chris		Western Oregon	15.49	-1.6	2	
8	Mapp, Andrew		Spokane CC	15.65	-1.6	2	
9	Heninger, Mike		Treasure Valley	15.76	-1.6	2	
10	Clarkson, Lee		Western Oregon	15.83	-1.6	2	
10	Hutchinson, Kevin		Spokane CC	15.83	-1.6	2	
10	Woutilla, Matt		Highline CC	15.83	-1.6	2	
13	Schwabe, Justin		Spokane CC	15.88	-1.8	1	

Men 400 Meter Hurdles

	Name	Year	School	Finals	H#	Points
1	Morrison, Mike		Central Washingt	53.18	1	
2	Foyston, Jacob		Highline CC	53.95	1	
3	Hobbs, Sam		Western Oregon	54.33	1	
4	Setere, Lucas		Pacific U.	54.37	1	
5	Garrelts, Brennan		Willamette	54.40	1	
6	Payne, Jon		Pacific Lutheran	54.76	1	
7	Fipps, Jesse		Linfield College	54.78	2	
8	Bailey, Brandon		Washington	55.09	1	
9	Kelcy, Micah		Seattle Pacific	55.52	2	
10	Hutchinson, Kevin		Spokane CC	56.17	2	
11	Shimmell, Jordan		Simon Fraser	56.30	2	
12	Clarkson, Lee		Western Oregon	56.35	3	
13	Thorton, Chris		Western Oregon	57.24	3	
14	Schwabe, Justin		Spokane CC	57.41	2	
15	Penman, Todd		Warner Pacific	57.64	3	
16	Foyston, Jershon		U-Highline CC	58.14	2	
17	Mapp, Andrew		Spokane CC	59.48	2	
18	Woutilla, Matt		Highline CC	1:00.92	3	
19	Swinney, Clay		Treasure Valley	1:02.81	3	

Men 3000 Meter Steeplechase

3000 STEEPLE IS 28 METERS LONG
THE TIMES ARE ADJUSTED BY 5SEC ON FRIST TWO

	Name	Year	School	Finals	Points
1	Stout, Jacob		Willamette	9:08.42	
2	Overby, Scott		Willamette	9:09.84	
3	Jacobson, Chris		Portland	9:21.11	
4	Hartmaier, Kurt		W. Washington	9:24.60	
5	Deshazo, Matt		Humboldt State	9:26.97	
6	Hollingshead, Aaron		Willamette	9:34.76	
7	Carter, Brett		Portland	9:38.76	
8	Ault, Steven		Portland	9:42.21	
9	Bailey, Dylan		Highline CC	9:53.71	
10	Engebretsen, Dain		Seattle U.	9:57.41	
11	Fayant, Chris		Washington	10:01.61	
12	Larpentuer, David		Highline CC	10:01.83	
13	Thompson, Payton		Pacific Lutheran	10:05.52	
14	Shaw, John		Spokane CC	10:29.94	
15	Farrell, Kris		Highline CC	10:35.52	
16	Frazier, Josh		Highline CC	10:41.24	
17	Juarez, Hector		Treasure Valley	11:45.52	

Men 4x100 Meter Relay

	School	Finals	Points
1	Central Washington University 'A'	42.37	
	1) Lawrence, Justin 2) Watson, Cresap		
	3) Coutard, Fabien 4)		
2	Highline Community College 'A'	43.13	
	1) Armstead, Jeramiah 2) Foyston, Jacob		
	3) Jenkins, Melvin 4) Harcourt, Alex		
3	Treasure Valley Community Coll 'A'	44.89	
	1) Heninger, Mike 2) Bauer, Keyth		
	3) Coleman, Will 4) Gizinski, John		

Men 4x400 Meter Relay

	School	Finals	Points
1	Simon Fraser University 'A'	3:13.62	
	1) Drapula, Rob 2) Pitches, Graeme		
	3) Mason, Tim 4) Hurtubise, Neil		
2	Highline Community College 'A'	3:13.64	
	1) Harcourt, Alex 2) Jenkins, Melvin		
	3) Sirmans, Jerome 4) Dickson, Mike		
3	George Fox University 'A'	3:15.02	
	1) Bates, Brad 2) Harris, Seth		
	3) Salisbury, Ben 4) Sprunger, Ryan		
4	Central Washington University 'A'	3:18.52	
	1) Watson, Cresap 2)		
	3) Coutard, Fabien 4) Kelley, Mike		
5	Seattle University 'A'	3:23.88	
	1) Blaine, Matt 2) Dols, Nicholas		
	3) Nishida, Todd 4) Punjani, Faruk		
6	Spokane Community College 'A'	3:24.46	
	1) Ayume, Asiki 2) Boyer, Nate		
	3) Hutchinson, Kevin 4) Gavin, John		
7	Western Washington University 'A'	3:28.01	
	1) Brancheau, Sam 2) McNeil, Jessie		
	3) Skelley, Patrick 4) Whitaker, Brandon		

Men High Jump

	Name	Year	School	Finals	Points
1	Larsen, Zach		Willamette	2.01m	6-07.00
2	DeFour, Julius		W. Washington	1.96m	6-05.00
2	Word, Jeff		W. Washington	1.96m	6-05.00
2	Skiba, Jeff		Unattached	1.96m	6-05.00
5	Swim, Corey		Warner Pacific	J1.96m	6-05.00
5	Watson, Cresap		Central Washingt	J1.96m	6-05.00
7	Ross, Beau		Central Washingt	1.91m	6-03.25
8	Jones, Alvin		Highline CC	1.86m	6-01.25
9	Langhans, Brian		Seattle U.	J1.86m	6-01.25
10	Woutilla, Matt		Highline CC	J1.86m	6-01.25
--	Ernst, Zak		U-W. Washington	NH	

Men Pole Vault

	Name	Year	School	Finals	Points
1	Roberts, Sam		Washington	4.70m	15-05.00
2	Krings, Michael		Spokane CC	4.55m	14-11.00
3	Powell, Jaymes		Spokane CC	J4.55m	14-11.00
4	Tribe, Charlie		W. Washington	4.40m	14-05.25
5	Gause, Greg		Puget Sound	4.25m	13-11.25
6	Thornbrue, Tyler		W. Washington	J4.25m	13-11.25
7	Behl, Andrew		W. Washington	4.10m	13-05.25
--	McNeil, Brett		Willamette	NH	
--	Cummings, Josh		Western Oregon	NH	
--	Romney, Scott		U-W. Washington	NH	
--	James, Matthias		Willamette	NH	

Men Long Jump

	Name	Year	School	Finals	Wind	Points
1	Smith, Joe		U-Central Washin	7.15m	NWI	23-05.50
2	Kien, Mason		Highline CC	7.02m	NWI	23-00.50
3	Moody, Ricky		Highline CC	6.93m	NWI	22-09.00
4	Turner, Jermaine		Spokane CC	6.90m	NWI	22-07.75
5	Binder, Karl		U-Simon Fraser	6.30m	NWI	20-08.00
6	DeFour, Julius		W. Washington	6.22m	NWI	20-05.00
7	Gillespie, KC		Willamette	6.21m	NWI	20-04.50
8	Langhans, Brian		Seattle U.	6.05m	NWI	19-10.25
9	Dunston, Trevor		St. Martin's Col	5.93m	NWI	19-05.50
10	Eaton, Lucas		Highline CC	5.54m	NWI	18-02.25

Men Triple Jump

	Name	Year	School	Finals	Wind
1	Lawrence, Justin		Central Washingt	15.18m	NWI 49-09.75

2	Puckett, Adam	George Fox	14.25m	NWI	46-09.00
3	Ross, Beau	Central Washingt	13.92m	NWI	45-08.00
4	Mellein, Mark	W. Washington	13.73m	NWI	45-00.50
5	Dunston, Trevor	St. Martin's Col	13.12m	NWI	43-00.50
6	Turner, Jermaine	Spokane CC	13.09m	NWI	42-11.50
7	Flowers, Greg	Seattle Pacific	12.78m	NWI	41-11.25
8	Eaton, Lucas	Highline CC	12.53m	NWI	41-01.50
9	Hattingh, Tyrone	Seattle Pacific	12.15m	NWI	39-10.50

Men Shot Put

	Name	Year	School	Finals	Points
1	Holden, Andy		Pacific Lutheran	14.85m	48-08.75
2	Johnson, Kevin		Western Oregon	14.30m	46-11.00
3	Malcolm, David		George Fox	14.28m	46-10.25
4	Hayes, Aaron		U-Central Washin	14.18m	46-06.25
5	Kakaley, Quinton		Pacific Lutheran	14.15m	46-05.25
6	Barclay, Zach		Treasure Valley	14.13m	46-04.25
7	Gilmore, Kyle		Spokane CC	13.92m	45-08.00
8	Coleman, Ryan		U-Spokane CC	13.61m	44-08.00
9	Renne, Mark		Pacific Lutheran	13.51m	44-04.00
10	Walter, Cameron		Spokane CC	13.27m	43-06.50
11	Jones, Kyle		Highline CC	13.25m	43-05.75
12	Lester, Andre		Highline CC	13.03m	42-09.00
13	Moody, Ricky		Highline CC	12.74m	41-09.75
14	Mouldey, Kevin		Unattached	11.64m	38-02.25

Men Discus Throw

	Name	Year	School	Finals	Points
1	Haines, Isaiah		Western Oregon	51.24m	168-01
2	Farris, Tom		W. Washington	47.90m	157-02
3	Olson, Travis		U-Linfield Colle	46.14m	151-04
4	Jasmin, Brandon		Western Oregon	43.24m	141-10
5	Moody, Ricky		Highline CC	41.31m	135-06
6	DeWindt, Derrick		U-Spokane CC	41.11m	134-10
7	Mouldey, Kevin		Unattached	38.68m	126-11
8	Johnson, Kevin		Western Oregon	38.60m	126-08
9	Jones, Kyle		Highline CC	38.29m	125-07
10	Hayes, Aaron		U-Central Washin	38.28m	125-07
11	Gilmore, Kyle		Spokane CC	37.59m	123-04
12	Holloway, Josh		Western Oregon	35.42m	116-02
13	Walter, Cameron		Spokane CC	34.44m	113-00
14	Murray, Shae		Spokane CC	34.14m	112-00
15	Jones, Jared		Spokane CC	31.08m	102-00

Men Hammer Throw

	Name	Year	School	Finals	Points
1	Dirks, Ryan		Club Northwest	61.21m	200-10
2	Matlock, Nate		Willamette	55.64m	182-06
3	Haakinson, Dan		Pacific Lutheran	53.63m	175-11
4	Edwards, Jeremy		British Columbia	53.49m	175-06
5	Johnson, Michael		Pacific Lutheran	51.71m	169-08
6	LaForest, Sean		Valley Royals TC	51.07m	167-07
7	Gottfried, Greg		George Fox	49.51m	162-05
8	DeWindt, Derrick		U-Spokane CC	49.29m	161-08
9	Aguilar, Carlos		Western Oregon	48.39m	158-09
10	Sandbo, Bill		Willamette	47.95m	157-04
11	Jones, Kyle		Highline CC	46.24m	151-08
12	Holden, Andy		Pacific Lutheran	45.50m	149-03
13	Jasmin, Brandon		Western Oregon	43.45m	142-07
14	Walter, Cameron		Spokane CC	42.99m	141-00
15	Uberti, David		Central Washingt	42.59m	139-09
16	Holloway, Josh		Western Oregon	42.35m	138-11
17	malcoln, david		George Fox	41.98m	137-09
18	Jones, Jared		Spokane CC	40.97m	134-05

Men Javelin Throw

	Name	Year	School	Finals	Points
1	Weidman, Ryan		Unattached	63.99m	209-11
2	Swim, Corey		Warner Pacific	63.79m	209-03
3	Murray, Shae		Spokane CC	59.69m	195-10
4	Brewer, Justin		W. Washington	59.40m	194-10
5	Pankratz, Adam		Simon Fraser	58.86m	193-01
6	Shearer, Gavin		Warner Pacific	57.52m	188-08
7	Gilmore, Kyle		Spokane CC	55.27m	181-04
8	Jones, Jared		Spokane CC	53.32m	174-11
9	Cail, Rob		Highline CC	52.96m	173-09
10	Skiba, Jeff		Unattached	44.10m	144-08

Men Decathlon

	Name	Year	School	Finals	Points
1	Randolph, Chris		Seattle Pacific	6881	
2	Jensen, Erik		Pacific Lutheran	6058	
3	Wauters, Michael		Pacific Lutheran	5533	
4	Samuelu, T.J.		Cascade College	4711	
5	Freeman, Josh		W. Washington	3088	

KEN SHANNON INVITATIONAL, U. WASHINGTON

Seattle
May 8, 2004

BRUIN RESULTS

WOMEN

HIGH JUMP
1. Michelle Forbes 5-02.25 (1.58)

POLE VAULT
-- Tori Black nh

JAVELIN
2. Tori Black 115-07 (35.23)

HAMMER
4. Lindsey Blankenship 145-06 (44.36) NEW SCHOOL AND SOPH CLASS RECORD

5000M RUN
9. Whittney Harris 19:20.78 (PR)

MEN

100
4. Ben Salisbury 11.46

400
10. Jesse Rasmussen 51.01

800
-- Bryan Cobb (finished 7th, 1:57.54 (PR) but was dq'd for a "cut line violation")

3000M STEEPLE
3. Brandon Workman, BTC 9:11.64
4. Michael Owen 9:13.52 (PR) National Provisional Mark Improvement

400M HURDLES
5. Ben Eichenberger 58.80

TRIPLE JUMP
1. Adam Puckett 47-02.50 (14.39) (PR, National Provisional Mark Improvement
3. Milo Vela 43-09.25 (13.34)

SHOT PUT
11. David Malcolm 44-09.5 (13.65)

HAMMER
4. Greg Gottfried 158-06 (48.33)
8. David Malcolm 140-10 (42.93)

JAVELIN
5. Matt Gassaway 188-08 (57.51)

4 x 100
2. (Maves, Harris, Bates, Salisbury) 42.09

4 x 400
1. (Sprunger-49.5**; Salisbury-47.9; Bates-50.5; Harris-48.1) 3:16.04 (Season's Best, National Provisional Mark Improvement)

NATIONAL RANKINGS Monday, May 10, 2004

4X400 METER RELAY

1. Wisconsin La Crosse (Nate Olson, Andrew Rock, Eric Svestka, Derek Toshner)	3:07.78	5/1 Musco	Twilight
2. Wilmington College (Preston Foy, Greg Morrow, Brian Ryman, Brent Wilkerson)	3:11.83	5/7 Billy Hayes	Invitat
-- Wisconsin La Crosse (Jeremy Deterville, Tony Marcinek, Nate Olson, Eric Svestka)	3:13.23	4/23 Drake	Relays
3. Univ of St. Thomas (Carson Glad, Cassidy Glad, Jason Schwietz, P J Theisen)	3:13.44	4/23 Drake	
========== ***Automatic qualifier***	***3:13.70***		
4. Wartburg College (Steve Bubb, Brent Showalter, Alex Six, Andy Six)	3:13.97	4/23 Drake	Relays
5. Montclair State (Jerome Morgan, Paul Noel, Lance Wigfall, Travis Yancey)	3:14.12	4/18 collegiate	track c
6. Lincoln University (Keko Goldman, Maurice Hewitt, Milton Williams, Bobby Young)	3:14.52	4/23 Penn	Relays
========== ***Last 2003 qualifier***	***3:15.06***		
7. Central College (Ia) (Dj Cobler, Justin Koeppe, Matt McCombs, Tanner Whipple)	3:15.09	4/23 Drake	Relays
-- Lincoln University (Keko Goldman, Augustine Schmader, Milton Williams, Bobby Young)	3:15.44	5/9 Towson	University O
-- Wisconsin La Crosse (Jeremy Deterville, Tony Marcinek, Kevin Means, Lee Winkes)	3:15.82	5/8 WIAC	Championships
8. Wisconsin Stout (Scott Barthel, Derek Gonzenbach, Dave Hanson, Craig Kotsmith)	3:16.00	5/8 WIAC	
9. George Fox Univ (Ryan Sprunger, Brad Bates, Seth Harris, Ben Salisbury)	**3:16.04**	**5/8 U. Washington Inv.**	
-- George Fox Univ (Seth Harris, Jesse Rasmussen, Ben Salisbury, Ryan Sprunger)	3:16.14	4/10 DC All-Com	
-- Central College (Ia) (Justin Koeppe, Matt McCombs, Kevin Pitz, Tanner Whipple)	3:16.16	5/1 Forest	Rittgers Inv
-- Lincoln University (Maurice Hewitt, Augustine Schmader, Milton Williams, Bobby Young)	3:16.18	4/10 Delaware	
-- Univ of St. Thomas (Bryce Beckman, Carson Glad, Cassidy Glad, P J Theisen)	3:16.48	5/7 MIAC	Championships
-- Wartburg College (Steve Bubb, Alex Six, Andy Six, Noah Wendland)	3:16.50	5/6 Luther Dual	
10. St. John's (Minn) (Peter Allen, Steve Dalhed, Derek Johnson, Michael Marschel)	3:17.05	5/8 MIAC	Championship
11. Luther College (Erik Bies, Tim Holcomb, Tyler Sherden, John Williams)	3:17.06	5/1 Forest	
-- George Fox Univ (Brad Bates, Seth Harris, Ben Salisbury, Ryan Sticka)	3:17.15	4/25 NWC	Championships
12. Williams College (Chuck Jakobsche, Drew Raab, George Rodriquez, John Symanski)	3:17.34	5/1 NE	Division 3's
-- Wartburg College (Josh Hauser, Brent Showalter, Alex Six, Andy Six)	3:17.36	4/17 Augie Inv	
-- Univ of St. Thomas (Carson Glad, Jason Schwietz, Shaun Sharpe, P J Theisen)	3:17.48	4/18 Carleton	

400 METER HURDLES

Derek Toshner	Sr	Wisconsin La Crosse	50.92	4/16 Pomona-Pitzer Inv
Alex Gill	Sr	Anderson (Indiana)	51.71	4/10 Ind. Little State
==========		***Automatic qualifier***	***52.20***	
Dave Hanson	Sr	Wisconsin Stout	52.80	5/8 WIAC Championships
David Skiba	So	Washington (Missouri)	52.86	4/25 UAA Championships
Seth Harris	**Fr**	**George Fox Univ**	**53.04**	**4/10 DC All-Comers**
Roman Marenin	Jr	ClaremontMuddScripps	53.05	5/8 Occidental Invitati
Kevin Bright	So	Middlebury College	53.05	4/30 New England D3 Cha
Milton Williams	Sr	Lincoln University	53.10	5/1 Delaware Invitation
Chris Nehls	Sr	Emory University	53.16	4/25 UAA Championships
Lucas Setere	So	Pacific (Oregon)	53.29	4/10 GFU Distance Carni
10				
Justin Muise	So	Buffalo S U N Y	53.34	3/27 Emory invite
Will Sallee	Sr	Hamline University	53.43	5/8 MIAC Championships
Blake Boma	So	Monmouth College (Il)	53.52	4/3 Washington Universi
Eric Schmuhl	Jr	Baldwin-Wallace	53.53	5/8 Westminister Invita
Robert Pickels	Jr	Ithaca College	53.53	5/1 NYSCTC Championship
Adam Macbeth	So	Bates College	53.54	5/7 Open New England Ch

3000M STEEPLECHASE

Jacob Stout	Sr	Willamette University	9:01.11	3/13 George Fox 6-way
==========		***Automatic qualifier***	***9:06.40***	
Scott Sargrad	Sr	Haverford College	9:07.60	5/1 centennial conferen
Andy Yazzie	Jr	Calvin College	9:07.72	4/24 Gina Relays
Aaron Hollingshead	Jr	Willamette University	9:08.1	4/9 George Fox Distance
John LeRoy	Jr	Wisconsin Oshkosh	9:08.64	4/16 Mt Sac Relays
Simon Flory	Sr	De Pauw University	9:11.17	4/9 Indiana Little Stat
Jason Casey	Sr	Geneseo S U N Y	9:11.94	4/22 Penn Relays
==========		***Last 2003 qualifier***	***9:12.2***	
Michael Owen	**Sr**	**George Fox Univ**	**9:13.52**	**5/8 U. Washington Inv.**
Scott Overby	Jr	Willamette University	9:15.20	4/24 NW Conference Cham
Darius Viet	Sr	Washington (Missouri)	9:15.42	4/25 UAA Championships
10				
Macharia Yuot	So	Widener University	9:16.92	4/30 MAC Championships
Dan Bucy	Jr	Carleton College	9:18.13	5/8 MIAC Championships
Luke Peters	Sr	Otterbein College	9:18.18	4/30 Jesse Owens Inv.
Josh Ferenc	Sr	Keene State College	9:19.66	5/8 New England Open Ch
Tyler Fyock	Sr	Wisconsin Whitewater	9:20.16	4/30 WIAC Qualifier
Phil Skiba	Sr	Wisconsin La Crosse	9:20.73	5/1 Musco Twilight Meet

LONG JUMP

Eric Ray	So	Lincoln University	24-3 (7.39m)	5/9 Towson University O
Todd Gannon	Sr	Wisconsin Whitewater	23-11 3/4 (7.31m)	4/17 Meet of Champions
==========		***Automatic qualifier***	***23-10 3/4 (7.28m)***	
T J. Jennings	Sr	Emory University	23-8 (7.21m)	4/25 UAA Championships
Derek Stanley	Fr	Wisconsin Whitewater	23-7 1/4 (7.19m)	4/17 Mt. Sac Relays
Jonas Welsch	Sr	Willamette University	23-6 (7.16m) [+3.6w]	3/20 Oregon Preview
Broderick Maybank	So	McDaniel College	23-5 3/4 (7.15m)	3/27 Bridgewater Invita
Adam Puckett	**Sr**	**George Fox Univ**	**23-4 1/2 (7.12m)**	**4/10 DC All-Comers**
Josh Meckes,	Fr	Calvin College	23-2 3/4 (7.08m)	4/24 Gina Relays
Geoff Kaiser	Fr	Loras College	23-2 1/2 (7.07m)	3/27 Monmouth Invite
Dan Herms	So	Wisconsin Whitewater	23-1 3/4 (7.05m)	4/24 Loras Open
10				
Tony Salvant	So	Messiah College	23-1 1/2 (7.04m)	4/24 Dickinson Spring C
Kolade Agbaje-Williams	So	Lawrence University	23-1 1/4 (7.04m)	4/17 Elmhurst Invitatio
Blake Gulino	Jr	Springfield College	23-0 3/4 (7.03m)	5/1 NE Div. III
Mike Bauer	Fr	Elizabethtown College	23-0 3/4 (7.03m)	4/10 Bison Classic
Matt Ditch	Sr	Cornell College	23-0 3/4 (7.03m)	4/10 Cornell Relays
==========		***Last 2003 qualifier***	***23-0 3/4 (7.03m)***	
Joe Moore	Sr	Moravian College	22-11 3/4 (7.00m)	4/3 Muhlenberg Invite

TRIPLE JUMP

Adeoye Mabogunje	Sr	University Of Chicago	49-3 (15.01m)	5/8 Wisconsin Twilight
==========		***Automatic qualifier***	***48-10 3/4 (14.90m)***	
Kristian Majdik	So	New York University	48-7 1/4 (14.81m)	4/25 UAA Championships
Zach Maskin	So	Dickinson College	48-2 1/2 (14.69m)	5/2 Centennial Conferen
Pablo Callejas	So	Elizabethtown College	48-2 (14.68m)	4/24 Dickinson Spring C
Aaron Henderson	Jr	Wisconsin Whitewater	47-11 1/4 (14.61m)	4/3 Washington Universi
Fred Jones	Fr	Tufts University	47-10 1/2 (14.59m)	5/1 New England Divisio
DeAndre Bovan	Jr	University of Dubuque	47-10 (14.58m)	3/27 Wartburg Open
Jason Patterson	So	Elizabethtown College	47-8 1/2 (14.54m)	4/3 Elizabethtown Quadr
Paul Ferber	Jr	St. John's (Minn)	47-7 (14.50m)	5/8 MIAC Championship
Tim Roa	Fr	Wilmington College	47-6 1/2 (14.49m)	4/3 OAC Southern Quad
10				
Dwaine Alleyne	Sr	Rensselaer Poly Inst	47-5 3/4 (14.47m)	4/24 RPI Invite
Xavier Garcia	Jr	Colby College	47-3 3/4 (14.42m)	5/1 Div III New England
Tyler Gingery	Jr	Nebraska Wesleyan	47-3 (14.40m)	5/1 GPAC Championship
Adam Puckett	**Sr**	**George Fox Univ**	**47-2 1/2 (14.39m)**	**5/8 U Washington Inv.**
Cale VanGenderen	Jr	Central College (Ia)	47-2 1/4 (14.38m)	4/3 Central Invite
==========		***Last 2003 qualifier***	***47-1 3/4 (14.37m)***	
Ryan Holmes	Fr	Lynchburg College	47-0 1/4 (14.33m)	4/9 Lynchburg Track Cla

JAVELIN THROW

James Motzkin	Jr	Rensselaer Poly Inst	210-8 (64.21m)	4/17 Holy Cross
==========		***Automatic qualifier***	***208-0 (63.40m)***	
Scott Pine	So	Univ of Redlands	207-10 (63.35m)	4/19 SCIAC Championship
Matt Gassaway	**Jr**	**George Fox Univ**	**203-4 (61.99m)**	**3/27 Texas Arlington In**
Seth Tondreault	Sr	Fitchburg State	199-0 (60.65m)	4/10 Eric Loeschner Mem
Khristoph Becker	So	Middlebury College	197-2 (60.10m)	4/3 Middlebury Invitati
Michael Brewer	Sr	Greenville College	196-11 (60.03m)	4/17 Millikin Universit
Tom Crowley	So	Coast Guard Academy	196-7 (59.93m)	3/27 Conn College Invit
Dan Mitchell	Fr	Penn State Erie	196-7 (59.91m)	4/24 IUP Open
Cameron Turchetti	Fr	Springfield College	195-9 (59.68m)	4/17 SC Vern Cox Invit.
Tim Gaal	Sr	Wittenberg University	194-4 (59.23m)	4/17 All-Ohio Champions
10				
==========		***Last 2003 qualifier***	***193-6 (58.98m)***	
Joe Gargione	Sr	College of New Jersey	193-4 (58.93m)	4/24 Lions Invite
Justin Gruber	Jr	Occidental College	193-2 (58.87m)	3/20 Oxy Spring Break C
Bruce Zapasnik	Jr	Mass Dartmouth	192-9 (58.76m)	3/27 Connecticut Colleg
Brad Boyle	Jr	Bethel College (Mn)	192-8 (58.72m)	4/17 Carleton Relays
Tyler Ketelsen	So	Wartburg College	192-7 (58.69m)	4/17 Augie Invite
Brandon Arenas	So	Whitworth College	191-7 (58.39m)	3/13 Sasquatch Mini-Mee

DECATHLON

Doug Thomasey	Jr	Lynchburg College	6721	5/1 Liberty Multi Invit
Steve Nowak	So	Wisconsin Oshkosh	6570	5/8 WIAC Championship
==========		***Automatic qualifier***	***6550***	
Tyler May	Jr	Willamette University	6507	4/14 Northwest Conferen
Khristoph Becker	So	Middlebury College	6482	4/30 New England D3 Cha
Chad Williams	Sr	College of New Jersey	6459	4/15 Princeton Invite
Jacob Budny	Sr	Univ of Rochester	6454	4/3 Liberty Invitationa
Josh Priester	**So**	**George Fox Univ**	**6433**	**5/3 GFU Decathlon Chall**
Ben Dillow	**Fr**	**George Fox Univ**	**6410**	**5/3 GFU Decathlon Chall**
Eric Jacobson	Sr	Wisconsin Whitewater	6324	5/8 WIAC Championships
Joe Northrup	Jr	Bates College	6322	4/10 Bates Colby USM Tr
10				
==========		Last 2003 qualifier	6309	
Tanner Whipple	So	Central College (Ia)	6185	5/8 IIAC Heptathlon/Dec
Brandon Hazenberg	Fr	Linfield College	6144	4/13 NWC combined Event
John Brodowski	Jr	Muhlenberg College	6127	5/8 Muhlenberg Multi
Clinton Cooper	Sr	Albion College	6126	4/23 Hillsdale
Jon Zweiger	Sr	Wisconsin Oshkosh	6104	5/8 WIAC Championship

WOMEN'S HIGH JUMP

Emily Herring	Sr	Wilmington College	5-8 1/2 (1.74m)	4/24 Wilmington College
Kristal Grigsby	So	Univ of St. Thomas	5-8 (1.73m)	5/8 MIAC Championship
Christyn Schumann	So	Trinity U (Texas)	5-8 (1.73m)	3/27 Rice Bayou Classic
==========		***Automatic qualifier***	***5-8 (1.73m)***	
Julie Hoch	So	Wisconsin Oshkosh	5-7 (1.70m)	5/8 WIAC Championships
Joyia Chadwick	Jr	Williams College	5-7 (1.70m)	4/14 Holy Cross Multi M
Michelle Forbes	**Jr**	**George Fox Univ**	**5-6 1/2 (1.69m)**	**3/12 NWC 6 Way**
Julie Robinson	Sr	Benedictine (Ill)	5-6 1/2 (1.69m)	4/17 Millikin Classic
Jillian Crandall	So	Wisconsin River Falls	5-6 (1.68m)	4/9 Lee Krough Invitati
Lauren Colyn	Fr	Calvin College	5-6 (1.68m)	3/20 Jaguar Premier
Meghan Morningstar 10	So	Ithaca College	5-5 3/4 (1.67m)	5/1 NYSCTC
Kristin Moss	So	Williams College	5-5 3/4 (1.67m)	5/1 NE Division 3's
Sarah Bengston	Fr	Trinity College (Ct)	5-5 3/4 (1.67m)	5/1 Div. III New Englan
Suzy Viducich	Fr	Whitworth College	5-5 3/4 (1.67m)	4/3 Whitworth Invite
Karima Ummah	Sr	Colby College	5-5 3/4 (1.67m)	4/3 Colby Vs Bates
Kimberly Vanderzee	So	Calvin College	5-5 3/4 (1.67m)	3/27 Emory Classic
Danielle St. Louis	Jr	Hamline University	5-5 3/4 (1.67m)	3/20 Ben Cully Homecomi

TODAY'S NATIONAL PARTY (TEAM, COACHES, TRAINER) -- subject to change with improving marks

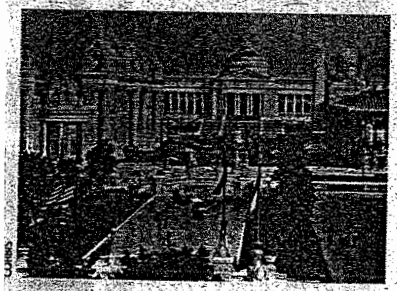
Brad Bates
Ben Dillow
Michelle Forbes
Matt Gassaway
Seth Harris
Michael Owen
Rick Priester
Adam Puckett
Ben Salisbury
Ryan Sprunger

COACHES
Wes Cook
Dave Guzman
John Mantalas
John Smith
Ty Taylor (own travel)
Liz Thompson

TRAINER
Dale Isaak

DON'T KNOW MUCH ABOUT® THE ST. LOUIS WORLD'S FAIR OF 1904

"Meet me in St. Louis, Louis / Meet me at the fair" were the famous words it inspired. Formally called the Louisiana Purchase Exposition in celebration of the centennial of the Louisiana Purchase, the legendary St. Louis World's Fair missed it by a year and opened 100 years ago this weekend. What do you know about this most monumental of all world's fairs? Try a quick quiz by **Kenneth C. Davis**, the author of *Don't Know Much About History.*



More than 20 million people attended the fair, which covered 1,200 acres and lasted seven months.

True or false? Answers below.

1. Among the items that were introduced or popularized at the fair were the **hot dog**, the hamburger, iced tea, the ice cream cone, air conditioning, automatic turnstiles and the Ferris wheel.
2. Many of the fair's 1,500 buildings are **still in use.**
3. The first Olympics in the United States were held in St. Louis **at the same time.**
4. In response to complaints about discrimination, a **Negro Day** was held.

Ken Shannon Invitational - 5/8/2004

Seattle, Wash.

Results - Ken Shannon

Women 100 Meter Dash

Pac-10: 12.04 P
NCAA Reg: 11.78 R
Stadium: 11.03 * 1990 Carlette Guidry

	Name	School	Finals	
1	Pierre, Patrice	Portland	12.46	-3.0
2	Vickers, Tonika	Unattached	12.64	-3.0
3	White, Monaka	Highline CC	12.65	-3.0
4	Soma, Kate	Washington	12.83	-3.0
5	Patterson, Lindsey	Willamette	13.07	-2.4
6	Larsen, Carrie	Pacific	13.09	-2.4
7	Wildhaber, Ashley	Washington	13.42	-2.4
8	Odom, Megan	Clackamas CC	13.54	-2.4
—	Craddock, Cheri	Washington	DQ	-3.0
—	Fuller, Chelsey	Clackamas CC	DQ	-2.4

Women 200 Meter Dash

Pac-10: 24.64 P
NCAA Reg: 23.96 R
Stadium: 22.64 * 1990 Danette Young

	Name	School	Finals	
1	Pierre, Patrice	Portland	24.69	1.7
2	Craddock, Cheri	Washington	25.06	1.7
3	Vickers, Tonika	Unattached	25.11	1.7
4	White, Monaka	Highline CC	26.29	1.7
[illegible]	[illegible]om, Megan	Clackamas CC	26.75	1.7

[illegible]men 400 Meter Dash

Pac-10: 55.44 P
NCAA Reg: 54.61 R
Stadium: 50.34 * 1990 Ana Quirot

	Name	School	Finals
1	Swan, Jody	Lewis & Clark	56.63
2	Hanson, Mariah	Willamette	57.36
3	Newell, Kelsey	Linfield	57.84
4	Garasmichuk, Zori	Highline CC	1:00.04

Women 800 Meter Run

Pac-10: 2:11.14 P
NCAA Reg: 2:10.29 R
Stadium: 1:57.52 * 1990 Ana Quirot

	Name	School	Finals
1	Prunty, Caitlin	E. Washington	2:17.42
2	Stauffer, Kelly	Greater Boise	2:18.34
3	Kamm, Amanda	Highline CC	2:19.42
4	Megale, Elise	Clackamas CC	2:19.76
5	Mullen, Lindy	Unattached	2:20.13
6	Crotty, Erin	Portland	2:20.87
7	Wishaar, Angela	Washington	2:21.11
8	Vandehey, Stephanie	Willamette	2:21.28
9	Killam, Carly	Willamette	2:21.75
10	Murphy, Joanna	Linfield	2.22.79
11	Banini, Gaelle	Washington	2:22.91
[illegible]	[illegible]ggi, Jessica	Clackamas CC	2:28.02
[illegible]	[illegible]oysen, Brittney	Highline CC	DNF

Women 1500 Meter Run

Pac-10: 4:40.14 P
NCAA Reg: 4:29.12 R
Stadium: 4:09.17 * 1993 Leah Ellis

	Name	School	Finals
1	Harrison, Kira	Washington	4:31.41P
2	Foushee, Marie	Washington	4:32.61P
3	Holbert, Kari	Willamette	4:34.92P
4	Metcalfe, Kelsey	Portland	4:35.29P
5	Andrews, Alicia	Willamette	4:35 70P
6	Vincent, Ashlee	Portland	4:36.56P
7	Leonard, Sarah	Club	4:39.02P
8	Kamm, Amanda	Highline CC	4:39.44P
9	Evans, Holly	E. Washington	4:41.16
10	Touran, Kathryn	Washington	4:42.07
11	Marshall, Sitges	Highline CC	4:42.18
12	Rohde, Kristen	Portland	4:47.61
13	Yoshinaga, Sayaka	Washington	4:51.45
14	Daiger, Jessica	U-Washington	5:02.60
15	Passi, Tiffany	Clackamas CC	5:13.43
—	Egerdahl, Lindsey	Washington	DNF

Women 5000 Meter Run

Pac-10: 17:30.14 P
NCAA Reg: 16:56.43 R
Stadium: 15:02.23 * 1990 Yelena Romnova

	Name	School	Finals
1	Rice, Kathy	Portland	18:04 83
2	Muren, Natalie	Willamette	18:19.97
3	Kaneko, Noelani	Washington	18:22.86
4	Wise, Molly	Washington	18.22.93
5	Yoshinaga, Sayaka	Washington	18:43.40
6	Jamieson, Ashley	Pacific	18:47.54
7	Woodruff, Piper	Portland	18:57.79
8	Bartell, Leslie	Clackamas CC	19:16.28
9	Harris, Whitney	George Fox	19:18.01
10	Shiraiwa, Leila	Washington	19:20 78
11	Bartell, Lyndsey	Clackamas CC	19:22.46
12	Woodruff, Ariel	Portland	19:48.78
13	Curry, Juanita	Clackamas CC	19:55.89
14	Cox, Samatha	Clackamas CC	21:02.20
15	Jablonsky, Jami	Highline CC	21:36.59

Women 100 Meter Hurdles

Pac-10: 14.34 P
NCAA Reg: 13.95 R
Stadium: 12.70 * 1990 Natalya Grigoryeva

	Name	School	Finals	
1	Steward, Brynne	Washington	14.06P	0.5
2	Campbell, Tiffany	Portland	15.10	0.5
3	Reece, Jazzmin	Willamette	15.25	0.5

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Results - Ken Shannon

Women 400 Meter Hurdles

Pac-10: 1:02.04 P
NCAA Reg: 1:00.82 R
Stadium: 55.16 * 1990 Sandra Farmer

	Name	School	Finals
1	Steward, Brynne	Washington	1:03.13
2	Jensen, Cambrielle	Washington	1:05.45
3	Bernard, Riley	Linfield	1:06.21
4	Branam, Easton	Pacific	1:06.82

Women 3000 Meter Steeplechase

Pac-10: 11:11.69 P
NCAA Reg: 10:57.18 R
Stadium: 10:45.10 * 2003 Kate Spigel

	Name	School	Finals
1	MacDonald, Kelly	Asics	10:03.68*
2	Crowley, Tara	Team XO	10:38.30*
3	Steen, Karen	Club	10:57.37P
4	Ashlock, Susan	Seattle	10:59.82P
5	Schwager, Karen	Washington	11:01.27P
6	Witt, Meryl	Linfield	11:21.57
7	Niemeziek, Whitney	Portland	11:26.73
8	Wright, Bobbi	Willamette	11:50.89
9	McCallum, Kelsey	U-Washington	12:00.21
—	Connelly, Camille	Washington	DNF

Women High Jump

Pac-10: 1.70m P
NCAA Reg: 1.73m R
Stadium: 2.02m * 1990 Yelena Yelesina

	Name	School	Finals
1	Forbes, Michelle	George Fox	1.58m
2	Plypick, Taryn	Highline CC	J1.58m
---	Fuller, Chelsey	Clackamas CC	NH
---	Larson, Lindsay	Linfield	NH

Women Pole Vault

Pac-10: 3.80m P
NCAA Reg: 3.75m R
Stadium: 3.95m * 2003 Kate Soma/Stevie Marshalek

	Name	School	Finals
1	Soma, Kate	Washington	4.02m*
2	Marshalek, Stevie	Washington	3.90mP
2	Dockendorf, Carly	Washington	3.90mP
4	Wildhaber, Ashley	Washington	J3.90mP
5	Heaton, Katie	Puget Sound	3.45m
6	Fisher, Laura	Pacific	3.15m
---	Swango, Mariah	U-Washington	NH
---	Huddleston, Julie	Linfield	NH
---	Groesbeck, Amy	Washington	NH
---	Black, Victoria	George Fox	NH
---	Roberts, Emily	Willamette	NH

Women Long Jump

Pac-10: 5.80m P
NCAA Reg: 5.93m R
Stadium: 6.93m * 1990 Inessa Kravets

	Name	School	Finals	
1	Waterhouse, Katelyn	E. Washington	5.40m	2.4
2	Patterson, Lindsey	Willamette	5.38m	-1.3
3	Larson, Lindsay	Linfield	5.02m	2.3
4	Plypick, Taryn	Highline CC	4.79m	-0.8
---	Moulton, Salala	Highline CC	FOUL	NWI

Women Triple Jump

Pac-10: 11.85m P
NCAA Reg: 12.26m R
Stadium: 13.18m * 1997 Amy Littlepage

	Name	School	Finals	
1	Robinson, Jena	Puget Sound	11.52m	2.7
---	Waterhouse, Katelyn	E. Washington	FOUL	NWI

Women Shot Put

Pac-10: 13.25m P
NCAA Reg: 14.24m R
Stadium: 20.60m * 1990 Natalya Lisovskya

	Name	School	Finals
1	Davis, Cherron	Washington	14.40mR
2	Bielenberg, Danielle	Linfield	13.14m
3	Beeman, Mary	Washington	12.95m
4	Claypool, Joni	Linfield	12.79m
5	West, Arlecier	Highline CC	11.73m
6	Sprauer, Nicole	Clackamas CC	11.25m
7	Lofting, Ashlyn	Clackamas CC	9.53m

Women Discus Throw

Pac-10: 46.00m P
NCAA Reg: 46.58m R
Stadium: 68.08m * 1990 Ilke Wyludde

	Name	School	Finals
1	Etter, Mary	Team XO	52.13mR
2	Locke, Julie	Pacific	39.68m
3	Lofting, Rachel	Clackamas CC	35.07m
4	Rosette, Cassie	Portland State	34.26m
---	Lofting, Ashlyn	Clackamas CC	FOUL

Women Hammer Throw

Pac-10: 52.00m P
NCAA Reg: 52.84m R

	Name	School	Finals
1	Trygg, Carin	Washington	47.26m
2	Rosette, Cassie	Portland State	46.35m
3	Sprauer, Nicole	Clackamas CC	44.77m
4	Blankenship, Lindsey	George Fox	44.36m
5	West, Arlecier	Highline CC	44.03m
6	Deutsch, Tanya	Simon Fraser	43.77m
7	Wocknick, Megan	Pacific	40.90m
8	Bocian, Shirley	U-Washington	40.53m
9	Lewis, Stephanie	Pacific	35.63m

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Women Javelin Throw

Pac-10: 43.32m P
NCAA Reg: 42.61m R
Stadium: 61.62m * 1990 Natalya Skikolenko

	Name	School	Finals
1	Arnall, Dee Dee	Pacific	41.72m
2	Black, Victoria	George Fox	35.23m
3	Mascorro, Lydia	Linfield	33.95m

Men 100 Meter Dash

Pac-10: 10.74 P
NCAA Reg: 10.50 R
Stadium: 10.05 * 1990 Leroy Burrell

	Name	School	Finals	
1	Davidson, Patrick	Washington	11.25	-1.2
2	Cain, Josh	Clackamas CC	11.38	-1.2
3	Moody, Ricky	Highline CC	11.41	-1.2
4	Salisbury, Ben	George Fox	11.46	-1.2
5	Glover, Travis	Highline CC	11.59	-1.2
6	Johnson, Reggie	Clackamas CC	12.08	-5.6
7	McDavid, Yves	Unattached	12.27	-5.6
8	Miller, Kenton	U-Unattached	12.34	-5.6
9	Newcome, Charles	Clackamas CC	12.73	-5.6
10	Kien, Mason	Highline CC	13.02	-5.6

Men 200 Meter Dash

Pac-10: 21.44 P
NCAA Reg: 21.19 R
Stadium: 20.54 * 1990 Michael Johnson

	Name	School	Finals	
1	Jenkins, Melvin	Highline CC	21.60	2.2
2	Sirmans, Jerome	Highline CC	22.21	2.2
3	Harcourt, Alex	Highline CC	22.22	2.2
4	Glover, Travis	Highline CC	22.79	2.2
5	Cain, Josh	Clackamas CC	23.31	2.2
6	Albrecht, Andrew	Pacific	23.53	2.2
7	Newcome, Charles	Clackamas CC	24.04	2.2
8	Miller, Kenton	U-Unattached	24.60	2.2

Men 400 Meter Dash

Pac-10: 47.84 P
NCAA Reg: 52.51 R
Stadium: 44.79 * 1990 Roberto Hernandez

	Name	School	Finals
1	Harcourt, Alex	Highline CC	47.89R
2	Adams, Cristian	Washington	47.92R
3	Jenkins, Melvin	Highline CC	48.06R
4	Williams, Nik	Washington	48.61R
5	McCary, Phillip	Washington	48.80R
6	Sirmans, Jerome	Highline CC	49.40R
7	Ellingson, Stig	Washington	50.52R
8	Richards, Ryan	Clackamas CC	50.92R
9	Peterson, Scott	Pacific	50.99R
10	Rasmussen, Jesse	George Fox	51.01R
11	Barthurst, Sam	Unattached	51.51R
12	Sexton, Troy	Clackamas CC	53.07

Men 800 Meter Run

Pac-10: 1:51.44 P
NCAA Reg: 1:50.62 R
Stadium: 1:45.10 * 1990 George Kersh

	Name	School	Finals
1	Dickson, Mike	Highline CC	1:54.33
2	Jackson, Bruce	Washington	1:54.77
3	Kellogg, Casey	E. Washington	1:55.67
4	Brown, Ryan	U-Washington	1:56.03
5	Pyfer, Brian	Highline CC	1:56.25
6	Appel, Nate	Portland	1:56.92
7	Freeman, Tim	Washington	1:58.23
8	Samudio, Justin	UO Running	1:58.50
9	Vredenburg, Josh	Clackamas CC	1:58.99
10	Nevarez, Eli	Clackamas CC	2:02.91
11	Taylor, Casey	Linfield	2:04.08
—	Cobb, Bryan	George Fox	DQ
—	Hewitt, Joe	E. Washington	DQ

Men 1500 Meter Run

Pac-10: 3:50.14 P
NCAA Reg: 3:48.21 R
Stadium: 3:38.2h * 1972 Jerome Howe

	Name	School	Finals
1	Fader, Andy	Washington	3:46.69R
2	Young, Tony	Club	3:48.82P
3	Hemlock, Clay	Highline CC	3:50.04P
4	Symmonds, Nick	Willamette	3.50.91
5	Stout, Jacob	Willamette	3:51 44
6	Hickey, Jon	Washington	3:51.63
7	Robinson, Brendan	Portland	3:52.08
8	Overby, Scott	Willamette	3:53.43
9	McKenzie, Chuck	Portland	3:55.40
10	Hollingshead, Aaron	Willamette	3:57.12
11	Fayant, Jesse	U-Washington	3:57.68
12	Peters, Kevin	Washington	3:59.10
13	Knackstedt, Scott	Portland	3:59.76
14	Liber, Brad	U-Washington	4:01.23
15	Englehart, Kevin	Unattached	4:02 08
16	Brown, Ben	Pacific	4:03.71
17	Easton, Curtis	U-Washington	4:05.68
18	Olinger, Chris	Portland	4:07.75
19	Singsaas, Josh	Portland	4:08.34
20	Nevarez, Eli	Clackamas CC	4:08.53
21	Goiney, Chris	U-Washington	4:11.40
22	Hunt, Skyler	Highline CC	4:13.94
23	Farrell, Kris	Highline CC	4:14.00
24	Bartholomew, Robert	Highline CC	4.18.30
25	Roach, James	Highline CC	5:00.25
—	Burdo, Bryan	Club	DNF
—	Russell, John	Washington	DNF

Ken Shannon Invitational - 5/8/2004
Seattle, Wash.
Results - Ken Shannon

Men 5000 Meter Run

Pac-10: 14:35.14 P
NCAA Reg: 14:18.58 R
Stadium: 13:33.52 * 1990 Paul Williams

	Name	School	Finals
1	Shimer, Adam	U-Washington	14:52.86
2	Butkey, John	Clackamas CC	14:58.47
3	Franck, Matt	Washington	15:05.92
4	Topping, Matt	Washington	15:05.97
5	Baca, Angelo	Unattached	15:13.64
6	Brown, Brendan	Willamette	15:14.83
7	Bailey, Dylan	Highline CC	15:25.84
8	Prince, Frank	Puget Sound	15:29 23
9	Bigam, Jeff	Unattached	15.41.20
10	Brown, Ben	Pacific	15:49.57
11	Sully, Kevin	UO Running	16:05.64
12	Mendoza, Eric	Gonzaga	16:06.82
13	Wright, Brent	UO Running	16:08.78
14	Larpentuer, David	Highline CC	16:09.78
15	Gonzalez, Hipolito	Clackamas CC	18:32.46
---	Peters, Kevin	Washington	DNF

Men 110 Meter Hurdles

Pac-10: 14.74 P
NCAA Reg: 14.33 R
Stadium: 13.43 * 1980 Greg Foster

	Name	School	Finals	
1	Sexton, Troy	Clackamas CC	14.94	-0.9
2	May, Tyler	Willamette	15.35	-0.9
3	James, Marc	Washington	15.43	-0.9
4	Woutilla, Matt	Highline CC	16.14	-0.9

Men 400 Meter Hurdles

Pac-10: 53.64 P
NCAA Reg: 52.51 R
Stadium: 48.78 * 1990 Winthrop Graham

	Name	School	Finals
1	Williams, Sean	Washington	54.04
2	Bailey, Brandon	Washington	54.63
3	Payne, Jon	Pacific	54.77
4	Fipps, Jesse	Linfield	55.72
5	Eichenberger, Ben	George Fox	58.80
6	Schmidt, Tyler	Clackamas CC	59.44
7	Glover, Travis	Highline CC	1:00.31
8	Woutilla, Matt	Highline CC	1:01.58

Men 3000 Meter Steeplechase

Pac-10: 9:23.54 P
NCAA Reg: 9:08.15 R
Stadium: 8:05.4h * 1978 Henry Rono

	Name	School	Finals
1	Hill, Michael	Club	8:42.54R
2	Gibson, Jonathan	Unattached	8:57.44R
3	Workman, Brandon	Bruin TC	9:11 64P
4	Owen, Michael	George Fox	9:13.52P
5	Robinson, Andrew	Washington	9:16.07P
6	Carter, Brett	Portland	9:17.96P
7	Fayant, Chris	Washington	9:26.12
8	Ault, Steven	Portland	9:39.84
9	Thompson, Payton	Pacific	9:52.68
10	Frazier, Josh	Highline CC	11:30.84
---	Khalif, Hassan	Highline CC	DNF

Men 4x100 Meter Relay

NCAA Reg: 40.66 R
Stadium: 38.45 * 1990 United States

	Team	Relay	Finals
1	Washington	A	41.44
	1) James, Marc	2) Davidson, Patrick	
	3) McCary, Phillip	4) Williams, Sean	
2	George Fox University	A	42.09
	1) Harris, Seth	2) Salisbury, Ben	
	3) Maves, Drew	4) Bates, Brad	
3	Highline CC	A	42.40
	1) Foyston, Jacob	2) Harcourt, Alex	
	3) Jenkins, Melvin	4) Sirmans, Jerome	
4	Clackamas CC	A	47.88
	1) Cain, Josh	2) Johnson, Reggie	
	3) Kauffman, Casey	4) Isfeld, Aric	

Men 4x400 Meter Relay

NCAA Reg: 3:10.84 R
Stadium: 2:59.54 * 1990 United States

	Team	Relay	Finals
1	George Fox University	A	3:16.04
	1) Bates, Brad	2) Harris, Seth	
	3) Salisbury, Ben	4) Sprunger, Ryan	
2	Washington	B	3:20.81

Men High Jump

Pac-10: 2.05m P
NCAA Reg: 2.10m R
Stadium: 2.33m * 1990 Hollis Conway

	Name	School	Finals
1	Skiba, Jeff	Unattached	1.98m
2	Eickhoff, Warren	Washington	J1.98m
3	Jones, Alvin	Highline CC	1.83m

Men Long Jump

Pac-10: 7.17m P
NCAA Reg: 7.34m R
Stadium: 8.38m * 1990 Carl Lewis

	Name	School	Finals	
1	Kien, Mason	Highline CC	6 71m	-1.6
2	Meiver, Brynnen	Highline CC	6.60m	-0.4
3	Hazenburg, Brandon	Linfield	6.32m	-1.9
4	Holland, Kreig	U-Clackamas	6.23m	-1.0
5	Jenkins, Mike	Clackamas CC	6.14m	+0.0
6	Chung, Vihn	Washington	5.94m	-1.9
7	Eaton, Lucas	Highline CC	5.85m	-0.4

Ken Shannon Invitational - 5/8/2004

Seattle, Wash.

Results - Ken Shannon

Men Triple Jump

Pac-10: 14.50m P
NCAA Reg: 15.08m R
Stadium: 17.72m * 1990 Kenny Harrison

	Name	School	Finals	
1	Puckett, Adam	George Fox	14.39m	1.2
2	Moody, Ricky	Highline CC	14.04m	-0.4
3	Vela, Milo	George Fox	13.34m	1.2
4	Chung, Vihn	Washington	12.92m	-0.4
5	Eaton, Lucas	Highline CC	12.21m	-0.4
---	Kramer, Brian	Puget Sound	FOUL	NWI

Men Shot Put

Pac-10: 17.00m P
NCAA Reg: 16.47m R
Stadium: 21.44m * 1990 Randy Barnes

	Name	School	Finals
1	Wallis, Jeffrey	Van. Is.	16.63mR
2	Straka, Shaun	U-Portland	15.77m
3	Holden, Andy	Pacific	14.85m
4	Schmidt, Jayson	Portland State	14.31m
5	Wilson, Evan	Washington	14.30m
6	Kakaley, Quinton	Pacific	14 17m
7	Argo, Gunner	U-Portland	14.03m
8	Moody, Ricky	Highline CC	13.95m
9	[illegible]nson, Michael	Pacific	13.82m
[illegible]	[illegible], Marshall	Clackamas CC	13.80m
11	Malcolm, David	George Fox	13.65m
12	Renne, Mark	Pacific	13.59m
13	Jones, Kyle	Highline CC	13.46m
---	Lester, Andre	Highline CC	FOUL

Men Discus Throw

Pac-10: 50.07m P
NCAA Reg: 51.37m R
Stadium: 67.14m * 1990 Romas Ubartas

	Name	School	Finals
1	Schwinn, Mat	Iron Wood	55.69mR
2	Rolfe, Nate	Unattached	48.82m
3	Conwell, Will	Washington	48.05m
4	Argo, Gunner	U-Portland	45.08m
5	Holloway, Andrew	Pacific	42.90m
6	Johnson, Michael	Pacific	42.47m
7	Moody, Ricky	Highline CC	41.60m
8	May, Tyler	Willamette	37.86m
9	Jones, Kyle	Highline CC	36.82m

Men Hammer Throw

Pac-10: 55.00m P
NCAA Reg: 55.63m R

	Name	School	Finals
1	Bingisser, Martin	Washington	56.51mR
2	Rolfe, Nate	Unattached	55.79mR
[illegible]	[illegible]akinson, Dan	Pacific	50.48m
[illegible]	[illegible]otdfried, Greg	George Fox	48.33m
5	Marlock, Nate	Willamette	47.79m
6	Johnson, Michael	Pacific	46.62m
7	Holloway, Andrew	Pacific	45.46m
8	Malcolm, David	George Fox	42.93m
9	Holden, Andy	Pacific	41.74m
10	Jones, Kyle	Highline CC	41.01m
---	Lester, Andre	Highline CC	FOUL

Men Javelin Throw

Pac-10: 58.05m P
NCAA Reg: 61.62m R
Stadium: 84.16m * 1990 Viktor Zaitsez

	Name	School	Finals
1	Harris, Brian	Washington	64.30mR
2	Powell, Stewart	Clackamas CC	59.13mP
3	Sparks, Thomas	Clackamas CC	57.84m
4	Romero, Juan	Washington	57.61m
5	Gassaway, Matt	George Fox	57.51m
6	Mills, Mike	Linfield	53.93m
7	Nowak, Bryan	Portland	53.86m
8	Keeler, Jason	Pacific	52.35m
9	Bednar, David	Pacific	49 43m
10	Perrins, Seth	Washington	48.33m
11	Cail, Rob	Highline CC	48.06m
12	Skiba, Jeff	Unattached	47.58m

OREGON TWILIGHT

May 1, 2004 – Eugene, Ore.

WOMEN'S RESULTS

200 - (w: 1.9) 1, Sofie Abildtrup, Oregon, 24.01. 2, Mariah Hanson, Willamette, 25.90. 3, Lindsey Patterson, Willamette, 26.36. 4, Jazzmin Reece, Willamette, 26.69.

800 - 1, Sara Schaaf, Oregon, 2:08.08. 2, Vicky Fleschner, Eugene H&P,2:08.25. 3, Eri Macdonald, Team XO, 2:09.55. 4, Kelsey Metcalfe, Portland,2:12.77. 5, Tara Crowley, Team XO, 2:20.01. --, Emily McMahon, Eugene H&P,DNF.

1500 - 1, Tara Crowley, Team XO, 4:32.79. 2, Meghan Armstrong, Unat.,4:37.27. 3, Taylor Bryant, Oregon, 4:40.48. 4, Sopagna Eap, UO Running Club,4:41.14. 5, Shelley Lorek, Unat.-W. State, 4:46.04. 6, Stephanie Carter, LaneCC, 4:57.25.

100 Hurdles - (w: 2.3) 1, Abby Andrus, Oregon, 14.16. 2, Jazzmin Reece, Willamette, 15.00. 3, Shannon McGrane, Willamette, 15.31. 4, Nicole Lucas, Willamette, 15.98. 5, Roseann Kassebaum, Willamette, 16.47.

400 Hurdles - 1, Abby Andrus, Oregon, 59.90. 2, Kayla Mellott, Oregon, 1:00.80.3, Amanda Santana, Oregon, 1:01.30. 4, Shannon McGrane, Willamette, 1:02.10.5, C'Rel McAllister, Oregon, 1:03.00. 6, Cameo Davis, Team XO, 1:04.70. 7,Roseann Kassebaum, Willamette, 1:08.00. 8, Megan Confer, Lane CC, 1:08.70.

4x100 Relay - 1, Oregon (C'Rel McAllister , Michelle Donovan , Amanda Santana ,Sofie Abildtrup), 47.97. 2, Lane CC (Janey Davis , Jamie Baynes , MonicaTeeple , Mackenzie Winkle), 49.71.

Pole Vault - 1, Becky Holliday, New Balance, 4.30m, (14-01.25). 2, Emily Enders, Oregon, 3.92m, (12-10.25). 2, Kirsten Larwin, Oregon, 3.92m,(12-10.25). 4, Hannah Moore, Unat., 3.77m, (12-04.50). 5, Chelsea Sherier,Unat., 3.47m, (11-04.50). 6, Renee Miller, Lane CC, 3.02m, (9-10.75). 7,Kelsey Pollard, Lane CC, 2.87m, (9-05). --, Emily Roberts, Will. Striders, NH.--, Niki McEwen, Team XO, NH.

Triple Jump - 1, Clarice Hayward-Lee, Oregon, 12.41m, w:1.0 (40-08.75). 2,Maegan Traver, Oregon, 11.85m, w:0.6 (38-10.50).

Shot Put - 1, Bree Fuqua, Oregon, 15.98m, (52-05.25). 2, Whitney Gum, Oregon,13.92m, (45-08). 3, Emilee Strot, Super Thrower Tr, 13.64m, (44-09). 4, JudithBurnett, Lane CC, 11.79m, (38-08.25).

Discus - 1, Mary Etter, Team XO, 53.00m, (173-11). 2, Bree Fuqua, Oregon,48.18m, (158-01). 3, Jill Hoxmeier, Oregon, 45.52m, (149-04). 4, Emilee Strot, Super Thrower Tr, 43.40m, (142-05). 5, Judith Burnett, Lane CC, 39.26m,(128-10). 6, Megan Merz, Pacific, 35.82m, (117-06).

Hammer - 1, Brittany Hinchcliffe, Unat., 60.49m, (198-05). 2, Megan Kriz, Oregon, 56.38m, (185-00). 3, Katie Kersh, Oregon, 53.04m, (174-00). 4, Whitney Gum, Oregon, 51.86m, (170-02). 5, Jill Hoxmeier, Oregon, 49.70m, (163-01). 6,Judith Burnett, Lane CC, 42.77m, (140-04). 7, Allison Ingram, Pacific, 41.91m,(137-06).

Javelin - 1, Rachael Kriz, Oregon, 42.31m, (138-10). 2, Dee Dee Arnall, Pacific, 42.17m, (138-04). 3, Jaala Osban, Lane CC, 39.18m, (128-06). 4,Katrina Conrad, Unat., 36.62m, (120-02).

*** MEN'S RESULTS***

400 - 1, Kedar Inico, Oregon, 46.92. 2, Matt Scherer, Oregon, 47.09. 3,Travis Anderson, Oregon, 47.66. 4, Ryan Chaney, Team XO, 48.12. 5, Scott Lamb,Oregon, 49.04. 6, Ryan Sprunger, George Fox, 49.39. 7, Nathan Jones,Willamette, 51.44.

100 - (w: 1.2) 1, Ryan Gilliam, Oregon, 10.70. 2, Travis Ramme, Oregon,10.90. 3, Paris Ramsey, Lane CC, 11.07. 4, Brian Paysinger, Oregon, 11.10. 5,Eric Dahl, Lane CC, 11.10. 6, Kalin Kelly, Lane CC, 11.26.

800 - 1, Simon Kimata, Nike, 1:48.33. 2, Mike McGrath, Oregon, 1:50.24.3, Everett Thomas, Willamette, 1:53.00. 4, Brendan Robinson, Portland,1:53.17. 5, Jeff DeWolf, Oregon, 1:53.55. 6, Tyler Gimenez, Willamette,1:53.98. 7, Ben Decherd, Willamette, 1:58.57. --, Santiago Lorenzo, Nike, DNF.

Bill McChesney Jr. Memorial Twilight Mile - 1, Tom Brooks, Eugene H&P, 4:07.17. 2, Ray Hughes, Nike, 4:08.53.3, Paul Kezes, Team XO, 4:09.20. 4, Chris Schaefer, Team Eugene, 4:10.34. 5,Jed Chappell, Team Eugene, 4:10.55. 6, Phillimon Hanneck, Nike Oregon Proj,4:10.63. 7, Brayce Forsha, Team XO, 4:10.81. 8, Ryan Andrus, Oregon, 4:13.25.9, Michael Kasahun, Sporthill, 4:17.71. --, Will Viviani, Team Eugene, DNF.

110 Hurdles - (w: 2.6) 1, Eric Mitchum, Oregon, 13.76. 2, AK Ikwuakor, Oregon,14.28. 3, Billy Pappas, Team XO, 14.61. 4, Tyler May, Willamette, 14.94. 5,Brennan Garrelts, Willamette, 15.04. 6, Yves McDavid, BC Thunderbirds, 15.36.7, Eric Griffith, Lane CC, 15.56. 8, Scott Sierra, Willamette, 16.23.

400 Hurdles - 1, Brandon Holliday, Oregon, 51.08. 2, AK Ikwuakor, Oregon, 52.70.3, Seth Harris, George Fox, 53.28. 4, Lucas Setere, Pacific, 53.35. 5, Brennan Garrelts, Willamette, 55.09.

High Jump - 1, Jason Boness, Team XO, 2.12m, (6-11.50). 2, Kyley Johnson, Team XO, 2.10m, (6-10.75). 2, Jeff Lindsey, Oregon, 2.10m, (6-10.75). 4, Zach Larsen, Willamette, 2.00m, (6-06.75). 5, Joe Derieux, Team XO, 1.95m,(6-04.75). --, Teddy Davis, Oregon, NH.

Pole Vault - 1, Piotr Buciarski, Nike Denmark, 5.52m, (18-01.25). 2, Tommy Skipper, Oregon, 5.42m, (17-09.25). 3, Trevor Woods, Oregon, 5.22m, (17-01.50). 4, David Moore, Oregon, 5.02m, (16-05.50). 5, Jon Derby, Oregon, 4.87m, (15-11.75). 6, Brett McNeil, Willamette, 4.72m, (15-05.75). 7, Keegan Burnett, Lane CC, 4.57m, (15-00). --, Matt Phillips, Will. Striders, NH. --, Jordan Trump, Mt. Hood CC, NH. --, Steve Hammond, Lane CC, NH.

Triple Jump - 1, Letwon Canton, Willamette, 14.15m, w:2.2 (46-05.25). 2, SteveGreen, Oregon, 13.68m, w:1.2 (44-10.75).

Shot Put - 1, Nick Shannon, Lane CC, 14.63m, (48-00). 2, Doug Sells, Team XO,14.49m, (47-06.50).

Discus - 1, Brandon Tower, Oregon, 50.76m, (166-06). 2, Brian Crawford, Unat., 43.71m, (143-05). 3, Isaiah Haines, W. Oregon, 42.45m, (139-03). 4,Nate Matlock, Willamette, 41.51m, (136-02). 5, Doug Sells, Team XO, 40.92m,(134-03). 6, Billy Pappas, Team XO, 40.64m, (133-04). 7, Seth Henson, Unat.Throwers, 37.01m, (121-05).

Hammer - 1, James Parker, US Air Force, 77.34m, (253-09). 2, Adam Kriz,Team XO, 66.55m, (218-04). 3, Justin Carvalho, Team XO, 63.45m, (208-02). 4,Ryan Dirks, Club NW, 61.26m, (201-00). 5, Paul Etter, Oregon, 60.58m,(198-09). 6, Kyle Daley, Unat., 57.41m, (188-04). 7, Greg Gottfried, George Fox, 49.69m, (163-00). 8, Brandon Tower, Oregon, 46.15m, (151-05). --, NateMatlock, Willamette, FOUL.

Javelin - 1, Adam Jenkins, Oregon, 62.56m, (205-03). 2, John Stiegeler, Team XO, 62.42m, (204-09). 3, Matt Gassaway, George Fox, 58.00m, (190-03). 4, Jason Keeler, Pacific, 57.08m, (187-03). 5, Mike Blay, Lane CC, 51.92m, (170-04). 6,Tyler Richardson, Lane CC, 51.23m, (168-01).

NORTHWEST CONFERENCE

Track and Field

CHAMPIONSHIPS

2004

Hosted by the University of Puget Sound
Tacoma, Wa
April 24-25, 2004

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

Women 100 Meter Dash

NWC Record:	**12.04**	**#**	**5/2/1998**	**Melody Sherman, Linfield**
Stadium:	**12.06**	*****	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**11.95**	**A**		
NCAA Provo:	**12.34**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Shields, Kristen	Whitworth College	12.38 Q	1
2	Larsen, Carrie	Pacific Lutheran Univeristy	12.72 Q	2
3	Patterson, Lindsey	Willamette University	12.94 q	1
4	Marken, Sarah	Whitworth College	13.14 q	2
5	Reece, Jazzmin	Willamette University	13.19 q	2
6	Brown, Nicole	Whitworth College	13.30 q	1
7	Erickson, Brooke	George Fox University	13.33 q	1
8	Stiglmeier, Caitlin	Linfield College	13.49 q	2
9	Hinson, Emily	Whitworth College	13.50	1
10	Miles, Shannon	George Fox University	13.52	2
11	Fisher, Laura	Pacific Lutheran Univeristy	13.84	2
11	Barker, Brooke	Pacific University (Ore.)	13.84	1
13	Smith, Jamie	Pacific Lutheran Univeristy	13.88	1
14	Kimura, Erin	Whitworth College	13.92	2
15	Jurgens, Jessica	Whitworth College	14.03	2
16	Wilson, Erin	Pacific University (Ore.)	14.07	1

Women 100 Meter Dash

NWC Record:	**12.04**	**#**	**5/2/1998**	**Melody Sherman, Linfield**
Stadium:	**12.06**	*****	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**11.95**	**A**		
NCAA Provo:	**12.34**	**P**		

	Name	School	Finals	Points
Finals				
1	Shields, Kristen	Whitworth College	12.17 P	10
2	Patterson, Lindsey	Willamette University	12.88	8
3	Marken, Sarah	Whitworth College	13.03	6
4	Reece, Jazzmin	Willamette University	13.10	5
5	Larsen, Carrie	Pacific Lutheran Univeristy	13.19	4
6	Erickson, Brooke	George Fox University	13.22	3
7	Brown, Nicole	Whitworth College	13.25	2
8	Stiglmeier, Caitlin	Linfield College	13.34	1

Women 200 Meter Dash

NWC Record:	**24.52**	**#**	**5/1/1999**	**Christine Axley, PLU**
Stadium:	**24.75**	*****	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**24.48**	**A**		
NCAA Provo:	**25.34**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Shields, Kristen	Whitworth College	25.55 Q	1
2	Hanson, Mariah	Willamette University	25.96 Q	2
3	Swan, Jody	Lewis & Clark College	25.97 q	2
4	Newell, Kelsey	Linfield College	26.28 q	1

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

liminaries ... (Women 200 Meter Dash)

	Name	School	Prelims	H#
5	Patterson, Lindsey	Willamette University	26.41 q	1
6	Brown, Nicole	Whitworth College	27.14 q	1
7	Reece, Jazzmin	Willamette University	27.16 q	2
8	Erickson, Brooke	George Fox University	27.44 q	2
9	Bertholf, Kim	Pacific Lutheran Univeristy	27.54	1
10	Barker, Brooke	Pacific University (Ore.)	27.62	2
11	Miles, Shannon	George Fox University	27.89	2
12	Kelsey, Kathy	University Puget Sound	28.23	1
13	Kimura, Erin	Whitworth College	28.56	2
14	Wilson, Erin	Pacific University (Ore.)	28.64	1
15	Blagden, Bonar	University Puget Sound	28.74	2
16	Funrue, Kirsten	Whitworth College	30.14	1

Women 200 Meter Dash

NWC Record:	**24.52**	**#**	**5/1/1999**	**Christine Axley, PLU**
Stadium:	**24.75**	*****	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**24.48**	**A**		
NCAA Provo:	**25.34**	**P**		

	Name	School	Finals	Points
Finals				
1	Shields, Kristen	Whitworth College	25.06 P	10
2	Swan, Jody	Lewis & Clark College	26.00	8
3	Hanson, Mariah	Willamette University	26.19	6
4	Patterson, Lindsey	Willamette University	J26.19	5
5	Newell, Kelsey	Linfield College	26.66	4
6	Brown, Nicole	Whitworth College	27.02	3
7	Reece, Jazzmin	Willamette University	27.14	2
8	Erickson, Brooke	George Fox University	27.46	1

Women 400 Meter Dash

NWC Record:	**55.34**	**#**	**1989**	**Kari Larson, Lewis & Clark**
Stadium:	**55.4h**	*****	**5/3/1980**	**Rhonda Bell, BCC**
NCAA Auto:	**55.70**	**A**		
NCAA Provo:	**57.60**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Hanson, Mariah	Willamette University	57.72 Q	2
2	Andrews, Alicia	Willamette University	58.52 Q	1
3	Newell, Kelsey	Linfield College	58.84 q	2
4	Swan, Jody	Lewis & Clark College	59.29 q	1
5	Killam, Carly	Willamette University	1:00.09 q	1
6	Moore, Leah	Linfield College	1:01.35 q	2
7	Schiele, Shannon	Linfield College	1:01.84 q	1
8	Bertholf, Kim	Pacific Lutheran Univeristy	1:02.36 q	2
9	Kelsey, Kathy	University Puget Sound	1:02.65	1
10	O'Brien, Rachel	Willamette University	1:04.28	2
11	Wilson, Erin	Pacific University (Ore.)	1:04.47	2
12	Miller, Sara	George Fox University	1:04.58	2
13	Morehouse, Sara	Whitworth College	1:04.68	1
14	Blagden, Bonar	University Puget Sound	1:05.45	1

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

'reliminaries ... (Women 400 Meter Dash)

	Name	School	Prelims	H#
15	White, Rachel	Willamette University	1:05.78	2

Vomen 400 Meter Dash

NWC Record:	**55.34**	**#**	**1989**	**Kari Larson, Lewis & Clark**
Stadium:	**55.4h**	*****	**5/3/1980**	**Rhonda Bell, BCC**
NCAA Auto:	**55.70**	**A**		
NCAA Provo:	**57.60**	**P**		

	Name	School	Finals	Points
'inals				
1	Swan, Jody	Lewis & Clark College	56.72 P	10
2	Hanson, Mariah	Willamette University	57.11 P	8
3	Andrews, Alicia	Willamette University	57.14 P	6
4	Newell, Kelsey	Linfield College	58.16	5
5	Killam, Carly	Willamette University	1:00.46	4
6	Moore, Leah	Linfield College	1:01.27	3
7	Schiele, Shannon	Linfield College	1:02.32	2
8	Bertholf, Kim	Pacific Lutheran Univeristy	1:02.76	1

Vomen 800 Meter Run

NWC Record:	**2:11.53**	**#**	**1992**	**Patty Ley, PLU**
Stadium:	**2:10.9h**	*****	**4/25/1987**	**Laura Johnson, Unattached**
NCAA Auto:	**2:12.00**	**A**		
NCAA Provo:	**2:15.90**	**P**		

	Name	School	Prelims	H#
'reliminaries				
1	Andrews, Alicia	Willamette University	2:18.18 Q	2
2	Heinemann, Elaine	Whitworth College	2:19.52 Q	1
3	Vandehey, Stephanie	Willamette University	2:18.88 Q	2
4	Phimister, Molly	Willamette University	2:21.58 Q	1
5	Hagney, Alana	University Puget Sound	2:20.74 q	2
6	Killam, Carly	Willamette University	2:21.26 q	2
7	Murphy, Joanna	Linfield College	2:21.86 q	2
8	Henderson, Amber	Willamette University	2:22.35 q	1
9	Schreiner, Molly	University Puget Sound	2:22.72	1
10	Carnahan, Andrea	Whitworth College	2:24.11	1
11	Green, Emily	Whitworth College	2:25.03	2
12	Reale, Kathy	Whitworth College	2:30.16	1
13	Davignon, Kristen	Pacific Lutheran Univeristy	2:31.07	1
14	O'Brien, Rachel	Willamette University	2:31.16	2
15	White, Rachel	Willamette University	2:35.65	1
16	Van Benthuysen, Molly	University Puget Sound	2:37.68	2

Women 800 Meter Run

NWC Record:	**2:11.53**	**#**	**1992**	**Patty Ley, PLU**
Stadium:	**2:10.9h**	*****	**4/25/1987**	**Laura Johnson, Unattached**
NCAA Auto:	**2:12.00**	**A**		
NCAA Provo:	**2:15.90**	**P**		

	Name	School	Finals	Points
Finals				
1	Andrews, Alicia	Willamette University	2:18.43	10

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als ... (Women 800 Meter Run)

	Name	School	Finals	Points
2	Heinemann, Elaine	Whitworth College	2:20.88	8
3	Vandehey, Stephanie	Willamette University	2:22.01	6
4	Killam, Carly	Willamette University	2:24.42	5
5	Hagney, Alana	University Puget Sound	2:24.75	4
6	Murphy, Joanna	Linfield College	2:24.86	3
7	Henderson, Amber	Willamette University	2:26.41	2
8	Phimister, Molly	Willamette University	J2:26.41	1

Women 1500 Meter Run

NWC Record:	**4:26.87**	**#**	**1992**	**Patty Ley, PLU**
Stadium:	**4:34.3h**	*****	**4/23/1988**	**Minta Misley, PLU**
NCAA Auto:	**4:34.00**	**A**		
NCAA Provo:	**4:42.00**	**P**		

	Name	School	Finals	Points
1	Holbert, Kari	Willamette University	4:47.76	10
2	Phimister, Molly	Willamette University	4:48.04	8
3	Heinemann, Elaine	Whitworth College	4:48.29	6
4	Vandehey, Stephanie	Willamette University	4:50.40	5
5	Rumore, Danya	Willamette University	4:52.00	4
6	Henderson, Amber	Willamette University	4:53.13	3
7	Hagney, Alana	University Puget Sound	4:53.93	2
8	Orzell, Sarah	University Puget Sound	4:59.61	1
9	Jertberg, Beth	George Fox University	5:12.40	
10	Brevik, Kjirsten	University Puget Sound	5:14.92	
11	Brady, Molly	Willamette University	5:15.98	
12	Walker, Juline	Willamette University	5:16.46	
	Crosby, McKenzie	Whitworth College	5:19.45	
14	Baker, Amanda	Whitworth College	5:21.75	
15	Geertz, Kara	George Fox University	5:24.62	

Women 5000 Meter Run

NWC Record:	**16:52.51**	**#**	**5/1/1999**	**Dana Boyle, Puget Sound**
Stadium:	**16:45.5h**	*****	**4/26/1986**	**Debbie Myra, PSU**
NCAA Auto:	**17:00.00**	**A**		
NCAA Provo:	**17:48.00**	**P**		

	Name	School	Finals	Points
1	Nelson, Leslie	Whitworth College	17:57.81	10
2	Grossman, Sadie	Lewis & Clark College	18:24.16	8
3	Witt, Meryl	Linfield College	18:29.81	6
4	Jamieson, Ashley	Pacific Lutheran Univeristy	18:52.96	5
5	Dickey, Kristi	Whitworth College	18:57.37	4
6	Mearig, Breea	Pacific Lutheran Univeristy	18:59.80	3
7	Carter, Bethany	Pacific Lutheran Univeristy	18:59.86	2
8	Lauterbach, Julie	Whitworth College	19:01.98	1
9	Dobson, Hillary	University Puget Sound	19:21.89	
10	Harris, Whitney	George Fox University	19:30.70	
11	Wright, Bobbi	Willamette University	19:38.51	
12	Jamieson, Rebecca	Whitworth College	19:52.48	
13	Sherwood, Lauren	Willamette University	19:54.06	

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Women 10000 Meter Run

NWC Record:	**36:34.25**	**#**	**5/4/2001**	**Annie Scott, Whitworth**
Stadium:	**35:07.86**	*****	**4/17/1999**	**Dana Boyle, Puget Sound**
NCAA Auto:	**36:00.00**	**A**		
NCAA Provo:	**37:50.00**	**P**		

	Name	School	Finals	Points
1	Nelson, Leslie	Whitworth College	36:23.88 #	10
2	Muren, Natalie	Willamette University	37:21.41 P	8
3	Grossman, Sadie	Lewis & Clark College	38:06.80	6
4	Dickey, Kristi	Whitworth College	38:12.98	5
5	Jamieson, Ashley	Pacific Lutheran Univeristy	38:37.58	4
6	Mearig, Breea	Pacific Lutheran Univeristy	38:54.22	3
7	Lauterbach, Julie	Whitworth College	39:05.44	2
8	Dobson, Hillary	University Puget Sound	39:47.04	1
9	Weber, Odessa	Lewis & Clark College	39:49.11	
10	Jamieson, Rebecca	Whitworth College	40:02.97	
11	Shosky, Shana	Pacific University (Ore.)	40:09.43	
12	Pfeiffer-Hoyt, Megan	Lewis & Clark College	40:59.62	
13	Sbordone, Laura	Lewis & Clark College	42:23.89	
14	Enell, Jessie	Willamette University	43:57.07	
15	West, Stacy	Willamette University	44:05.04	
---	Beebe, Ellen	Willamette University	DNF	

Women 100 Meter Hurdles

NWC Record:	**14.38**	**#**	**5/1/1999**	**Maile Barrett, Lewis & Clark**
Stadium:	**14.41**	*****	**4/20/1996**	**Amy Cameron, WWU**
NCAA Auto:	**14.43**	**A**		
NCAA Provo:	**15.10**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Mahoney, Caitlin	Linfield College	15.40 Q	2
2	Lucas, Nicole	Willamette University	15.64 Q	1
3	Reece, Jazzmin	Willamette University	15.50 q	2
4	Marken, Sarah	Whitworth College	15.92 q	1
5	McGrane, Shannon	Willamette University	15.94 q	1
6	Rugani, Ana	University Puget Sound	16.24 q	2
7	Kassebaum, Roseann	Willamette University	16.27 q	1
8	Bernard, Riley	Linfield College	16.38 q	2
9	Benish, Clare	University Puget Sound	16.52	2
10	Lund, Carlie	Willamette University	16.91	1
11	Funrue, Kirsten	Whitworth College	17.40	2
12	Brown, Julie	George Fox University	17.44	1
13	Kikuchi, LesliAnn	University Puget Sound	17.55	2

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men 100 Meter Hurdles

NWC Record:	**14.38**	**#**	**5/1/1999**	**Maile Barrett, Lewis & Clark**
Stadium:	**14.41**	*****	**4/20/1996**	**Amy Cameron, WWU**
NCAA Auto:	**14.43**	**A**		
NCAA Provo:	**15.10**	**P**		

	Name	School	Finals	Points
Finals				
1	Mahoney, Caitlin	Linfield College	15.69	10
2	McGrane, Shannon	Willamette University	15.71	8
3	Reece, Jazzmin	Willamette University	15.76	6
4	Lucas, Nicole	Willamette University	15.81	5
5	Kassebaum, Roseann	Willamette University	16.33	4
6	Bernard, Riley	Linfield College	16.36	3
7	Rugani, Ana	University Puget Sound	16.85	2
8	Marken, Sarah	Whitworth College	17.00	1

Women 400 Meter Hurdles

NWC Record:	**59.57**	**#**	**5/4/2001**	**Amber Larson, Linfield**
Stadium:	**1:02.74**	*****	**4/10/2004**	**Carrie Larsen, PLU**
NCAA Auto:	**1:01.90**	**A**		
NCAA Provo:	**1:04.30**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Larsen, Carrie	Pacific Lutheran Univeristy	* 1:02.05 Q	1
2	McGrane, Shannon	Willamette University	P 1:02.99 Q	2
3	Kassebaum, Roseann	Willamette University	1:05.34 q	1
4	Bernard, Riley	Linfield College	1:06.02 q	2
	Branam, Easton	Pacific Lutheran Univeristy	1:06.78 q	2
6	Ross, Kate	Lewis & Clark College	1:07.95 q	1
7	Brown, Julie	George Fox University	1:08.72 q	2
8	Hinson, Emily	Whitworth College	1:08.89 q	2
9	Lund, Carlie	Willamette University	1:09.10	1
10	Lucas, Nicole	Willamette University	1:09.37	1
11	Funrue, Kirsten	Whitworth College	1:09.96	1
12	Rohlffs, Emily	Linfield College	1:10.07	1
13	Finney, Lindsay	George Fox University	1:12.56	2
14	Morehouse, Sara	Whitworth College	1:14.02	2
15	Kikuchi, LesliAnn	University Puget Sound	1:15.69	1

Women 400 Meter Hurdles

NWC Record:	**59.57**	**#**	**5/4/2001**	**Amber Larson, Linfield**
Stadium:	**1:02.74**	*****	**4/10/2004**	**Carrie Larsen, PLU**
NCAA Auto:	**1:01.90**	**A**		
NCAA Provo:	**1:04.30**	**P**		

	Name	School	Finals	Points
Finals				
1	Larsen, Carrie	Pacific Lutheran Univeristy	1:02.27 *	10
2	McGrane, Shannon	Willamette University	1:02.82 P	8
3	Kassebaum, Roseann	Willamette University	1:04.26 P	6
4	Branam, Easton	Pacific Lutheran Univeristy	1:05.59	5
5	Bernard, Riley	Linfield College	1:05.64	4

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	Name	School	Finals	Points
6	Ross, Kate	Lewis & Clark College	1:07.18	3
7	Brown, Julie	George Fox University	1:09.98	2
8	Hinson, Emily	Whitworth College	1:10.81	1

Women 3000 Meter Steeplechase

NWC Record: 11:18.9h # 4/25/2003 Kari Holbert, Willamette
Stadium: 11:24.80 * 4/12/2003 Kelly Fullerton, Seattle Univ.
NCAA Auto: 10:44.00 A
NCAA Provo: 11:23.00 P

	Name	School	Finals	Points
1	Holbert, Kari	Willamette University	10:59.44 #	10
2	Witt, Meryl	Linfield College	11:27.94	8
3	Hall, Tery	Linfield College	11:33.15	6
4	Wright, Bobbi	Willamette University	11:58.12	5
5	Crosby, McKenzie	Whitworth College	12:03.51	4
6	Brady, Molly	Willamette University	12:15.72	3
7	Jertberg, Beth	George Fox University	12:20.87	2
8	Peters, Jenny	Whitworth College	12:22.46	1
9	Harris, Whitney	George Fox University	12:23.70	
10	Baker, Amanda	Whitworth College	12:41.06	
11	Squires, Audrey	Willamette University	12:56.45	
12	Ridgway, Stephanie	Whitworth College	13:09.31	
13	Schor, Debbie	Linfield College	13:14.42	
14	Fuller, Kate	Whitworth College	13:15.92	
15	Lammers, Jessica	Willamette University	13:32.65	
16	Weimar, Ashlee	Linfield College	14:46.28	

Women 4x100 Meter Relay

NWC Record: 47.18 # 5/1/1999 PLU, PLU
CoriLay,Kristi Osborne,Christine Axley,Sarah Axley
Stadium: 47.50 * 4/22/1995 PLU, PLU
NCAA Auto: 47.30 A
NCAA Provo: 49.10 P

	Team	Relay			Finals	Points
1	Whitworth College	A			48.93 P	10
	1) Hinson, Emily	2) Brown, Nicole	3) Marken, Sarah	4) Shields, Kristen		
2	Lewis & Clark College	A			50.32	8
	1) Llanes, Becky	2) Levkiv, Oksana	3) Gerrits, Shelby	4) Swan, Jody		
3	Linfield College	A			50.60	6
	1) Stiglmeier, Caitlin	2) Mahoney, Caitlin	3) Bernard, Riley	4) Newell, Kelsey		
4	Pacific Lutheran Univeristy	A			J50.60	5
	1) Fisher, Laura	2) Bertholf, Kim	3) Branam, Easton	4) Larsen, Carrie		
5	Willamette University	A			52.05	4
	1) Im, Kim	2) Lund, Carlie	3) Murray, Melissa	4) Parker, Ashley		
6	University Puget Sound	A			52.27	3
	1) Benish, Clare	2) Blagden, Bonar	3) Robinson, Jena	4) Rugani, Ana		
7	George Fox University	A			52.71	2
	1) Shaw, Jillian	2) Matthews, Mona	3) Miles, Shannon	4) Erickson, Brooke		
8	Pacific University (Ore.)	A			55.61	1
	1) Barker, Brooke	2) Arnall, Dee Dee	3) McLaughlin, Kadee	4) Wilson, Erin		

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omen 4x400 Meter Relay

NWC Record: 3:53.26 # 1994 PLU, PLU
Stadium: 3:51.61 * 4/22/1995 PLU, PLU
Andrade,Keene,Saathoff,Metzger
NCAA Auto: 3:49.20 A
NCAA Provo: 3:59.40 P

	Team	Relay			Finals	Points
1	Willamette University	A			3:56.26 P	10
	1) Hanson, Mariah	2) Kassebaum, Roseann	3) McGrane, Shannon	4) Andrews, Alicia		
2	Linfield College	A			4:04.94	8
	1) Bernard, Riley	2) Newell, Kelsey	3) Moore, Leah	4) Schiele, Shannon		
3	Pacific Lutheran Univeristy	A			4:06.38	6
	1) Larsen, Carrie	2) Bertholf, Kim	3) Branam, Easton	4) Davignon, Kristen		
4	Whitworth College	A			4:08.11	5
	1) Hinson, Emily	2) Carnahan, Andrea	3) Shields, Kristen	4) Heinemann, Elaine		
5	Lewis & Clark College	A			4:13.64	4
	1) Ross, Kate	2) Swan, Jody	3) Gandrud, Harlan	4) Ganser, Tara		
6	University Puget Sound	A			4:15.15	3
	1) Benish, Clare	2) Kelsey, Kathy	3) Hagney, Alana	4) Schreiner, Molly		
7	George Fox University	A			4:19.87	2
	1) Brown, Julie	2) Erickson, Brooke	3) Jertberg, Beth	4) Miller, Sara		
8	Pacific University (Ore.)	A			4:36.75	1
	1) Barker, Brooke	2) Shosky, Shana	3) McLaughlin, Kadee	4) Wilson, Erin		

Women High Jump

NWC Record: 1.70m # 4/27/2002 JoEllen Boatright, George Fox
Stadium: 1.73m * 4/22/1995 Corrina Wolf, SFU
NCAA Auto: 1.73m A
NCAA Provo: 1.64m P

	Name	School	Finals		Points
1	Larson, Lindsay	Linfield College	1.63m	5-04.25	10
2	Viducich, Suzy	Whitworth College	J1.63m	5-04.25	8
3	Mahoney, Caitlin	Linfield College	1.58m	5-02.25	6
4	Forbes, Michelle	George Fox University	J1.58m	5-02.25	5
5	Brown, Julie	George Fox University	J1.58m	5-02.25	4
6	Truhler, Jaimi	Willamette University	1.48m	4-10.25	3
7	Rowe, Nicolette	University Puget Sound	J1.48m	4-10.25	2
8	Benish, Clare	University Puget Sound	1.43m	4-08.25	1
9	McLaughlin, Kadee	Pacific University (Ore.)	J1.43m	4-08.25	
---	Jamieson, Rebecca	Whitworth College	NH		
---	McKnight, Macie	Whitworth College	NH		

Women Pole Vault

NWC Record: 3.67m # 5/4/2000 Heather Hunt, George Fox
Stadium: 3.50m * 3/6/2004 Allison Hedges, NWC
NCAA Auto: 3.76m A
NCAA Provo: 3.30m P

	Name	School	Finals		Points
1	Heaton, Katie	University Puget Sound	3.46m P	11-04.25	10
2	Harmon, Edralyn	Whitworth College	J3.46m P	11-04.25	8
3	Huddleston, Julie	Linfield College	3.31m P	10-10.25	6
4	Gerrits, Shelby	Lewis & Clark College	3.16m	10-04.25	5

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	Name	School	Finals		Points
5	Fisher, Laura	Pacific Lutheran Univeristy	J3.16m	10-04.25	4
6	Levkiv, Oksana	Lewis & Clark College	J3.16m	10-04.25	3
7	Weeber, Amanda	Linfield College	J3.16m	10-04.25	2
8	Law, Kate	University Puget Sound	3.01m	9-10.50	.50
8	Jager, Johnna	Willamette University	3.01m	9-10.50	.50
10	Rowe, Nicolette	University Puget Sound	2.86m	9-04.50	
---	Smith, Jamie	Pacific Lutheran Univeristy	NH		
---	Bonino, Laura	Pacific Lutheran Univeristy	NH		

Women Long Jump

NWC Record:	**5.75m**	**#**	**1992**	**Stephanie Libby, Willamette**
Stadium:	**5.84m**	*****	**4/18/1992**	**Stephanie Libbyl, Willamette**
NCAA Auto:	**5.80m**	**A**		
NCAA Provo:	**5.50m**	**P**		

	Name	School	Finals		Points
1	Patterson, Lindsey	Willamette University	5.50m P	18-00.50	10
2	Robinson, Jena	University Puget Sound	5.30m	17-04.75	8
3	Marken, Sarah	Whitworth College	5.19m	17-00.50	6
4	Rugani, Ana	University Puget Sound	5.14m	16-10.50	5
5	Benish, Clare	University Puget Sound	5.12m	16-09.75	4
6	Moore, Leah	Linfield College	5.07m	16-07.75	3
7	Ross, Kate	Lewis & Clark College	5.03m	16-06.00	2
8	Forbes, Michelle	George Fox University	4.98m	16-04.25	1
9	Parker, Ashley	Willamette University	4.86m	15-11.50	
10	Goe, Becca	University Puget Sound	4.81m	15-09.50	
11	Reece, Jazzmin	Willamette University	4.75m	15-07.00	
12	Llanes, Becky	Lewis & Clark College	4.66m	15-03.50	

Women Triple Jump

NWC Record:	**11.91m**	**#**	**4/28/2002**	**Kelsey Baron, George Fox**
Stadium:	**11.89m**	*****	**4/17/1999**	**Jane Wallace, WWU**
NCAA Auto:	**12.10m**	**A**		
NCAA Provo:	**11.25m**	**P**		

	Name	School	Finals		Points
1	Robinson, Jena	University Puget Sound	11.33m P	37-02.25	10
2	Forbes, Michelle	George Fox University	10.83m	35-06.50	8
3	Russell, Liz	Willamette University	10.54m	34-07.00	6
4	Goe, Becca	University Puget Sound	10.36m	34-00.00	5
5	Ross, Kate	Lewis & Clark College	10.23m	33-06.75	4
6	Marken, Sarah	Whitworth College	10.16m	33-04.00	3
7	Llanes, Becky	Lewis & Clark College	10.13m	33-03.00	2
8	Jurgens, Jessica	Whitworth College	9.95m	32-07.75	1
9	Murray, Melissa	Willamette University	9.90m	32-05.75	
10	Harmon, Edralyn	Whitworth College	9.83m	32-03.00	
11	Parker, Ashley	Willamette University	9.74m	31-11.50	

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Women Shot Put

NWC Record:	**14.59m**	**#**	**1989**	**Carrie Pietig, Willamette**
Stadium:	**48-06.50**	*****	**3/21/1981**	**J. Luebke, WVCC**
NCAA Auto:	**14.28m**	**A**		
NCAA Provo:	**12.86m**	**P**		

	Name	School	Finals		Points
1	Bielenberg, Danielle	Linfield College	13.42m P	44-00.50	10
2	Claypool, Joni	Linfield College	12.61m	41-04.50	8
3	Locke, Julie	Pacific Lutheran Univeristy	11.04m	36-02.75	6
4	Arnall, Dee Dee	Pacific University (Ore.)	10.82m	35-06.00	5
5	DesMarais, Micki	Whitworth College	10.75m	35-03.25	4
6	Marken, Sarah	Whitworth College	10.51m	34-05.75	3
7	Moore, Leah	Linfield College	10.44m	34-03.00	2
8	Sammons, Angie	Willamette University	10.42m	34-02.25	1
9	Barker, Brooke	Pacific University (Ore.)	10.29m	33-09.25	
10	Mollett, Ashley	Willamette University	10.16m	33-04.00	
11	Reed, Monique	Willamette University	9.77m	32-00.75	

Women Discus Throw

NWC Record:	**45.36m**	**#**	**5/5/2000**	**Mari Ruiz, Whitman**
Stadium:	**47.48m**	*****	**5/2/1981**	**Marcia Mechlenberg, Unattached**
NCAA Auto:	**46.50m**	**A**		
NCAA Provo:	**41.50m**	**P**		

	Name	School	Finals		Points
1	Kellogg, Johanna	Whitworth College	41.29m	135-05	10
2	Locke, Julie	Pacific Lutheran Univeristy	37.85m	124-02	8
3	Duerr, Rebecca	Linfield College	37.01m	121-05	6
4	Reed, Monique	Willamette University	36.83m	120-10	5
5	Bielenberg, Danielle	Linfield College	36.52m	119-10	4
6	DesMarais, Micki	Whitworth College	36.31m	119-01	3
7	Merz, Meghan	Pacific University (Ore.)	35.91m	117-10	2
8	Wochnick, Megan	Pacific Lutheran Univeristy	35.21m	115-06	1
9	Florence, Angela	Whitworth College	34.64m	113-08	
10	Claypool, Joni	Linfield College	32.04m	105-01	
11	Lewis, Stephanie	Pacific Lutheran Univeristy	31.09m	102-00	
---	Paterson, Liz	Lewis & Clark College	FOUL		

Women Hammer Throw

NWC Record:	**48.62m**	**#**	**5/4/2001**	**Leslie Seeyle, PLU**
Stadium:	**46.66m**	*****	**4/17/1999**	**Leslie Seeyle, PLU**
NCAA Auto:	**52.40m**	**A**		
NCAA Provo:	**45.70m**	**P**		

	Name	School	Finals		Points
1	Wochnick, Megan	Pacific Lutheran Univeristy	42.64m	139-11	10
2	Paterson, Liz	Lewis & Clark College	42.24m	138-07	8
3	Kellogg, Johanna	Whitworth College	41.92m	137-06	6
4	Ingram, Allison	Pacific University (Ore.)	41.04m	134-08	5
5	Blankenship, Lindsey	George Fox University	39.65m	130-01	4
6	Bielenberg, Danielle	Linfield College	39.60m	129-11	3
7	Lewis, Stephanie	Pacific Lutheran Univeristy	38.28m	125-07	2
8	Reed, Monique	Willamette University	37.24m	122-02	1

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(Women Hammer Throw)

	Name	School	Finals		Points
9	Sammons, Angie	Willamette University	36.55m	119-11	

Women Javelin Throw

NWC Record:	**47.80m**	**#**	**1985**	**Regina Norris, Pacific**
Stadium:	**50.37m**	*****	**4/23/1988**	**Patricia Perry, Puget Sound**
NCAA Auto:	**43.40m**	**A**		
NCAA Provo:	**38.50m**	**P**		

	Name	School	Finals		Points
1	Arnall, Dee Dee	Pacific University (Ore.)	43.15m P	141-07	10
2	Regier, Kathryn	Whitworth College	39.14m P	128-05	8
3	Steinruck, Alicia	Pacific Lutheran Univeristy	37.65m	123-06	6
4	Beauchamp, Meghan	Whitworth College	37.14m	121-10	5
5	Mascorro, Lydia	Linfield College	35.80m	117-05	4
6	Florence, Angela	Whitworth College	35.33m	115-11	3
7	Dentzel, Sophia	Willamette University	35.00m	114-10	2
8	Moore, Leah	Linfield College	34.49m	113-02	1
9	Oehmeke, Jackie	Pacific Lutheran Univeristy	34.22m	112-03	
10	Black, Tori	George Fox University	33.88m	111-02	
11	Larson, Lindsay	Linfield College	32.78m	107-06	
12	Goselin, Lisa	Whitworth College	31.70m	104-00	

Women Heptathlon

NWC Record:	**4725**	**#**	**4/13/1999**	**Kristi Osborne, PLU**
Stadium:	**4605**	*****	**3/24/1992**	**Mindy Johnson, Univ. Montana**
NCAA Auto:	**4560**	**A**		
NCAA Provo:	**4100**	**P**		

	Name	School	Finals	Points
1	Moore, Leah	Linfield College	4419 P	10
2	Larson, Lindsay	Linfield College	4336 P	8
3	Marken, Sarah	Whitworth College	4076	6
4	Bernard, Riley	Linfield College	3658	5
5	Benish, Clare	University Puget Sound	3583	4
6	Barker, Brooke	Pacific University (Ore.)	3381	3
7	Kassebaum, Roseann	Willamette University	3378	2
8	Reece, Jazzmin	Willamette University	3179	1
9	Funrue, Kirsten	Whitworth College	3099	

Men 100 Meter Dash

NWC Record:	**10.65**	**#**	**4/26/2003**	**Boock - Salisbury, Linfield-George Fox**
Stadium:	**10.65**	*****	**4/18/1998**	**Ricardo Colon, Clackamas CC**
NCAA Auto:	**10.53**	**A**		
NCAA Provo:	**10.81**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Salisbury, Ben	George Fox University	10.99 Q	1
2	Boock, Chris	Linfield College	11.04 Q	2
3	Rorem, Benjamin	Whitworth College	11.04 q	1
4	Welsch, Jonas	Willamette University	11.24 q	2
5	Gillespie, KC	Willamette University	11.28 q	2
6	Welch, Matt	Lewis & Clark College	11.43 q	2

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Preliminaries ... (Men 100 Meter Dash)

	Name	School	Prelims	H#
7	Hazenberg, Brandon	Linfield College	11.45 q	1
7	Allen, Casey	Linfield College	11.45 q	2
9	Greene, Burch	University Puget Sound	11.49	1
10	Warren, David	Whitworth College	11.51	1
11	Maves, Drew	George Fox University	11.54	1
12	Lau, Brad	Linfield College	11.64	1
13	Piago, Peter	Pacific University (Ore.)	11.71	2
14	Carter, George	Linfield College	11.81	2

Men 100 Meter Dash

NWC Record:	**10.65**	**#**	**4/26/2003**	**Boock - Salisbury, Linfield-George Fox**
Stadium:	**10.65**	*****	**4/18/1998**	**Ricardo Colon, Clackamas CC**
NCAA Auto:	**10.53**	**A**		
NCAA Provo:	**10.81**	**P**		

	Name	School	Finals	Points
Finals				
1	Salisbury, Ben	George Fox University	10.81 P	10
2	Rorem, Benjamin	Whitworth College	10.88	8
3	Boock, Chris	Linfield College	10.93	6
4	Welsch, Jonas	Willamette University	11.28	5
5	Gillespie, KC	Willamette University	J11.28	4
6	Welch, Matt	Lewis & Clark College	11.33	3
7	Allen, Casey	Linfield College	J11.33	2

Men 200 Meter Dash

NWC Record:	**21.22**	**#**	**1973**	**Ray Fabian, Whitworth**
Stadium:	**21.5h**	*****	**5/1/1982**	**Erick Krauss, Portland**
NCAA Auto:	**21.25**	**A**		
NCAA Provo:	**21.80**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Boock, Chris	Linfield College	22.28 Q	1
2	Salisbury, Ben	George Fox University	22.71 Q	2
3	Gillespie, KC	Willamette University	22.79 q	1
4	Bates, Brad	George Fox University	22.92 q	1
5	Canton, Letwon	Willamette University	22.97 q	1
6	Peterson, Scott	Pacific Lutheran Univeristy	23.08 q	2
7	Welch, Matt	Lewis & Clark College	23.11 q	1
8	Warren, David	Whitworth College	23.36 q	2
9	Jones, Nathan	Willamette University	23.37	1
10	Lau, Brad	Linfield College	23.63	2
11	Piago, Peter	Pacific University (Ore.)	23.73	1
12	Ewens, Forrest	Whitworth College	23.74	2
13	Albrecht, Andrew	Pacific Lutheran Univeristy	23.83	2
---	Carter, George	Linfield College	FS	2
---	Rorem, Benjamin	Whitworth College	FS	2

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Men 200 Meter Dash

NWC Record:	**21.22**	**#**	**1973**	**Ray Fabian, Whitworth**
Stadium:	**21.5h**	*****	**5/1/1982**	**Erick Krauss, Portland**
NCAA Auto:	**21.25**	**A**		
NCAA Provo:	**21.80**	**P**		

	Name	School	Finals	Points
Finals				
1	Salisbury, Ben	George Fox University	21.87	10
2	Gillespie, KC	Willamette University	22.93	8
3	Warren, David	Whitworth College	23.00	6
4	Peterson, Scott	Pacific Lutheran Univeristy	23.07	5
5	Welch, Matt	Lewis & Clark College	23.14	4
6	Bates, Brad	George Fox University	23.17	3
7	Canton, Letwon	Willamette University	23.30	2
8	Boock, Chris	Linfield College	29.94	1

Men 400 Meter Dash

NWC Record:	**47.86**	**#**	**1973**	**Carl Shaw, Linfield**
Stadium:	**46.87**	*****	**4/17/1999**	**Derek Prior, Unattached**
NCAA Auto:	**47.50**	**A**		
NCAA Provo:	**48.50**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Roesler, Brian	Willamette University	49.65 Q	1
2	Sprunger, Ryan	George Fox University	49.94 Q	2
3	Thomas, Everett	Willamette University	49.90 q	1
4	Taylor, Casey	Linfield College	50.18 q	2
5	Jones, Nathan	Willamette University	50.33 q	1
6	Decherd, Ben	Willamette University	50.45 q	2
7	Priester, Josh	George Fox University	51.17 q	1
8	Ewens, Forrest	Whitworth College	51.24 q	2
9	Peterson, Scott	Pacific Lutheran Univeristy	51.46	1
10	Siemieniec, Joshua	Whitworth College	51.76	2
11	Knudson, Grant	Willamette University	51.77	1
12	Vanni, Matt	University Puget Sound	52.17	2
13	U'Ren, Ben	University Puget Sound	52.24	1
14	Legary, Tyler	Linfield College	54.31	1
15	Burke, Peter	Whitworth College	54.39	2

Men 400 Meter Dash

NWC Record:	**47.86**	**#**	**1973**	**Carl Shaw, Linfield**
Stadium:	**46.87**	*****	**4/17/1999**	**Derek Prior, Unattached**
NCAA Auto:	**47.50**	**A**		
NCAA Provo:	**48.50**	**P**		

	Name	School	Finals	Points
Finals				
1	Sprunger, Ryan	George Fox University	48.33 P	10
2	Thomas, Everett	Willamette University	49.44	8
3	Jones, Nathan	Willamette University	49.57	6
4	Decherd, Ben	Willamette University	49.82	5
5	Priester, Josh	George Fox University	50.51	4

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	Name	School	Finals	Points
6	Ewens, Forrest	Whitworth College	50.64	3
7	Taylor, Casey	Linfield College	51.06	2

Men 800 Meter Run

NWC Record:	**1:51.55**	**#**	**1974**	**John Leier, Whitman**
Stadium:	**1:50.6h**	*****	**4/20/1991**	**Ted Hamlin, SPU**
NCAA Auto:	**1:51.30**	**A**		
NCAA Provo:	**1:53.60**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Sellon, Tyler	University Puget Sound	1:56.50 Q	2
2	Gimenez, Tyler	Willamette University	J1:56.50 Q	2
3	Symmonds, Nick	Willamette University	1:57.12 Q	1
4	Stevick, Jesse	Whitworth College	1:57.36 Q	1
5	Roesler, Brian	Willamette University	1:57.02 q	2
6	Cooper, Brooks	Whitworth College	1:57.80 q	2
7	Parlee, Nick	Linfield College	1:58.20 q	1
8	Kenagy, Dan	Willamette University	1:58.71 q	1
9	McCann, Jarrod	Lewis & Clark College	1:58.97	1
10	Grassley, Jeff	Whitworth College	1:59.07	2
11	Pasma, Jonathan	Whitworth College	1:59.37	1
12	Cobb, Bryan	George Fox University	1:59.38	1
13	Foote, Adam	Lewis & Clark College	2:00.30	2
14	Sticka, Ryan	George Fox University	2:01.08	2
15	Sauer, Kristofor	Whitworth College	2:03.68	1
16	Nugent, Tyler	Pacific Lutheran Univeristy	2:06.10	2

Men 800 Meter Run

NWC Record:	**1:51.55**	**#**	**1974**	**John Leier, Whitman**
Stadium:	**1:50.6h**	*****	**4/20/1991**	**Ted Hamlin, SPU**
NCAA Auto:	**1:51.30**	**A**		
NCAA Provo:	**1:53.60**	**P**		

	Name	School	Finals	Points
Finals				
1	Symmonds, Nick	Willamette University	1:55.51	10
2	Gimenez, Tyler	Willamette University	1:56.88	8
3	Cooper, Brooks	Whitworth College	1:57.49	6
4	Sellon, Tyler	University Puget Sound	1:57.56	5
5	Parlee, Nick	Linfield College	1:58.03	4
6	Kenagy, Dan	Willamette University	1:58.28	3
7	Stevick, Jesse	Whitworth College	1:58.71	2

Men 1500 Meter Run

NWC Record:	**3:49.34**	**#**	**1977**	**Tim Williams, Linfield**
Stadium:	**3:52.10**	*****	**4/23/1988**	**Todd Bearny, Highline CC**
NCAA Auto:	**3:50.60**	**A**		
NCAA Provo:	**3:56.00**	**P**		

	Name	School	Finals	Points
1	McLean, Dan	University Puget Sound	3:58.69	10
2	Overby, Scott	Willamette University	3:59.65	8

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(Men 1500 Meter Run)

	Name	School	Finals	Points
3	Stout, Jacob	Willamette University	4:00.03	6
4	Stevick, Jesse	Whitworth College	4:01.69	5
5	Hollingshead, Aaron	Willamette University	4:01.97	4
6	Gimenez, Tyler	Willamette University	4:02.32	3
7	Ginanni, Joe	Linfield College	4:05.65	2
8	Brown, Ben	Pacific Lutheran Univeristy	4:07.40	1
9	Grassley, Jeff	Whitworth College	4:08.85	
10	Vieyra, Julio	Willamette University	4:09.31	
11	Evans, Micah	Willamette University	4:14.55	
12	Osborne, Jonathan	Willamette University	4:15.84	
13	Leipzig, Ben	Willamette University	4:19.03	
14	Moe, Jake	George Fox University	4:20.22	
15	Kaczmarek, Joseph	Willamette University	4:22.39	

Men 5000 Meter Run

NWC Record: 14:29.94 # 1983 Kris Mueller, Linfield
Stadium: 14:11.8h * 5/1/1974 Jim Johnson, CNW
NCAA Auto: 14:26.00 A
NCAA Provo: 14:50.00 P

	Name	School	Finals	Points
1	Prince, Frank	University Puget Sound	15:23.39	10
2	Owen, Michael	George Fox University	15:28.48	8
3	Brown, Brendan	Willamette University	15:31.34	6
4	Harris, Travis	Willamette University	15:38.30	5
5	Brown, Ben	Pacific Lutheran Univeristy	15:38.91	4
6	McLean, Dan	University Puget Sound	15:41.38	3
7	Young, Aaron	Willamette University	15:41.73	2
8	O'Dea, James	University Puget Sound	15:50.76	1
9	Reichert, Kota	University Puget Sound	15:55.06	
10	Blackburn, Douglas	Whitworth College	15:56.42	
11	Thompson, Payton	Pacific Lutheran Univeristy	15:56.77	
12	Sasaki, Kent	Linfield College	16:29.11	
13	Vieyra, Julio	Willamette University	16:35.85	
14	Edson, Josh	Willamette University	16:44.41	

Men 10000 Meter Run

NWC Record: 30:28.84 # 1983 Kris Mueller, Linfield
Stadium: 30:59.8h * 4/23/1988 Mike White, CNW
NCAA Auto: 30:24.00 A
NCAA Provo: 31:20.00 P

	Name	School	Finals	Points
1	Prince, Frank	University Puget Sound	31:27.20	10
2	Brown, Brendan	Willamette University	31:42.10	8
3	Reichert, Kota	University Puget Sound	32:37.54	6
4	Mayers, Nick	University Puget Sound	32:40.63	5
5	Kaczmarek, Joseph	Willamette University	32:53.67	4
6	Coe, Aaron	Whitworth College	32:55.59	3
7	O'Dea, James	University Puget Sound	32:59.63	2
8	O'Brien, Nathan	Willamette University	33:03.97	1
9	Henson, Josh	Pacific University (Ore.)	33:17.70	

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ı 10000 Meter Run)

	Name	School	Finals	Points
10	Warren, Kelly	Linfield College	33:21.88	
11	Bangerter, Floyd	Pacific Lutheran Univeristy	33:24.88	
12	Leipzig, Ben	Willamette University	33:29.48	
13	Mears, Ty	Lewis & Clark College	34:10.45	
14	Butler, Josh	Willamette University	34:17.01	
15	Moe, Jake	George Fox University	34:28.39	
16	Lucas-Roberts, Peter	Willamette University	34:31.54	
17	Palabrica, John	Willamette University	35:39.77	

Men 110 Meter Hurdles

NWC Record:	**14.41**	**#**	**1994**	**Nolan Toso, PLU**
Stadium:	**14.1h**	*****	**6/3/1967**	**Bill Roe, UW**
NCAA Auto:	**14.40**	**A**		
NCAA Provo:	**14.90**	**P**		

	Name	School	Prelims	H#
Preliminaries				
1	Garrelts, Brennan	Willamette University	14.93 Q	1
2	Dillow, Ben	George Fox University	15.77 Q	2
3	May, Tyler	Willamette University	14.95 q	1
4	Fipps, Jesse	Linfield College	15.89 q	2
5	Sierra, Scott	Willamette University	16.00 q	1
6	Jensen, Erik	Pacific Lutheran Univeristy	16.01 q	1
7	Patterson, Jordan	Whitworth College	16.24 q	1
8	Dumm, Ryan	University Puget Sound	16.54 q	1
9	Ordonez, Dylan	Willamette University	16.56	2
10	Staveland, Jovon	Lewis & Clark College	16.63	2
11	Wauters, Michael	Pacific Lutheran Univeristy	17.10	2
---	Harris, Seth	George Fox University	DQ	2

Men 110 Meter Hurdles

NWC Record:	**14.41**	**#**	**1994**	**Nolan Toso, PLU**
Stadium:	**14.1h**	*****	**6/3/1967**	**Bill Roe, UW**
NCAA Auto:	**14.40**	**A**		
NCAA Provo:	**14.90**	**P**		

	Name	School	Finals	Points
Finals				
1	Garrelts, Brennan	Willamette University	15.02	10
2	May, Tyler	Willamette University	15.04	8
3	Dillow, Ben	George Fox University	15.50	6
4	Sierra, Scott	Willamette University	15.54	5
5	Fipps, Jesse	Linfield College	15.65	4
6	Jensen, Erik	Pacific Lutheran Univeristy	16.04	3
7	Patterson, Jordan	Whitworth College	16.19	2
8	Dumm, Ryan	University Puget Sound	16.71	1

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Men 400 Meter Hurdles

NWC Record:	**52.30**	**#**	**5/3/1997**	**David Parker, George Fox**
Stadium:	**53.11**	*****	**4/20/1991**	**Goreal Hudson, CWU**
NCAA Auto:	**52.20**	**A**		
NCAA Provo:	**54.00**	**P**		

Name	School	Prelims	H#
Preliminaries			
1 Harris, Seth	George Fox University	55.62 Q	2
2 Payne, Jon	Pacific Lutheran Univeristy	56.38 Q	1
3 Garrelts, Brennan	Willamette University	56.11 q	2
4 Setere, Lucas	Pacific University (Ore.)	56.86 q	1
5 Fipps, Jesse	Linfield College	57.04 q	2
6 Eichenberger, Ben	George Fox University	57.70 q	2
7 Flachsbart, Joel	Willamette University	58.31 q	2
8 Guelfi, Eddie	George Fox University	58.33 q	1
9 Law, Don	Linfield College	58.57	1
10 Jackson, Adam	Whitworth College	1:00.87	1
11 Dumm, Ryan	University Puget Sound	1:02.11	1
12 Wall, Ryan	Whitworth College	1:03.49	2
13 Mollier, Derek	Pacific University (Ore.)	1:07.33	2

Men 400 Meter Hurdles

NWC Record:	**52.30**	**#**	**5/3/1997**	**David Parker, George Fox**
Stadium:	**53.11**	*****	**4/20/1991**	**Goreal Hudson, CWU**
NCAA Auto:	**52.20**	**A**		
NCAA Provo:	**54.00**	**P**		

Name	School	Finals	Points
Finals			
1 Harris, Seth	George Fox University	53.21 P	10
2 Fipps, Jesse	Linfield College	54.05	8
3 Setere, Lucas	Pacific University (Ore.)	54.21	6
4 Garrelts, Brennan	Willamette University	54.60	5
5 Payne, Jon	Pacific Lutheran Univeristy	55.10	4
6 Eichenberger, Ben	George Fox University	57.85	3
7 Flachsbart, Joel	Willamette University	59.25	2
8 Guelfi, Eddie	George Fox University	1:02.98	1

Men 3000 Meter Steeplechase

NWC Record:	**9:08.14**	**#**	**1979**	**Kelly Sullivan, Willamette**
Stadium:	**9:01.0h**	*****	**4/18/1998**	**Eric Tollefson, Unattached**
NCAA Auto:	**9:06.40**	**A**		
NCAA Provo:	**9:23.50**	**P**		

Name	School	Finals	Points
1 Stout, Jacob	Willamette University	9:12.86 P	10
2 Overby, Scott	Willamette University	9:15.20 P	8
3 Hollingshead, Aaron	Willamette University	9:17.83 P	6
4 Owen, Michael	George Fox University	9:26.10	5
5 Harris, Travis	Willamette University	9:33.88	4
6 Zeiger, Ben	Willamette University	9:45.77	3
7 Evans, Micah	Willamette University	9:47.94	2
8 Henry, Alex	Lewis & Clark College	9:48.29	1

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	Name	School	Finals	Points
9	Lucas-Roberts, Conor	Willamette University	9:48.57	
10	Lana, Justin	Linfield College	9:51.12	
11	Welsh, Mark	Willamette University	10:01.64	
12	Coe, Andy	Whitworth College	10:02.56	
13	Thompson, Payton	Pacific Lutheran Univeristy	10:05.48	
14	Olson, Peter	Linfield College	10:22.60	
15	Edson, Josh	Willamette University	10:23.98	
16	Harris, Kirk	Whitworth College	10:43.03	
17	Schoeneman, Brian	Lewis & Clark College	11:03.13	

Men 4x100 Meter Relay

NWC Record:	**41.72**	**#**	**5/6/2000**	**Whitworth, Whitworth**
				Miyamoto,McDonnell,Ochi,Robnett
Stadium:	**41.40**	*****	**4/17/1993**	**Western Oregon, Western Oregon State**
NCAA Auto:	**41.10**	**A**		
NCAA Provo:	**42.00**	**P**		

	Team	Relay			Finals	Points
1	George Fox University	A			42.64	10
	1) Maves, Drew	2) Harris, Seth	3) Bates, Brad	4) Salisbury, Ben		
2	Linfield College	A			42.79	8
	1) Hazenberg, Brandon	2) Carter, George	3) Allen, Casey	4) Boock, Chris		
3	Whitworth College	A			43.86	6
	1) Evans, Robert	2) Warren, David	3) Sauer, Paul	4) Ewens, Forrest		
4	Lewis & Clark College	A			44.43	5
	1) Staveland, Jovon	2) Welch, Matt	3) Bianchi, Steve	4) Kaiel, Nick		
5	Pacific Lutheran Univeristy	A			44.85	4
	1) Peterson, Scott	2) Jensen, Erik	3) Albrecht, Andrew	4) Payne, Jon		
6	University Puget Sound	A			45.07	3
	1) Greene, Burch	2) Dumm, Ryan	3) Kramer, Brian	4) Vanni, Matt		
7	Pacific University (Ore.)	A			45.46	2
	1) Setere, Lucas	2) Whitaker, Matt	3) Mellow, Zach	4) Piago, Peter		
8	Willamette University	A			46.31	1
	1) McNeil, Brett	2) Montgomery, Charles	3) Sommers, Zach	4) James, Matthias		

Men 4x400 Meter Relay

NWC Record:	**3:15.80**	**#**	**1973**	**Linfield, Linfeild**
				Keith Lazelle,Stu Minors,Taly Mundo,Carl Shaw
Stadium:	**3:16.67**	*****	**4/18/1992**	**CWU, Central Washington Univ.**
NCAA Auto:	**3:13.70**	**A**		
NCAA Provo:	**3:17.50**	**P**		

	Team	Relay			Finals	Points
1	George Fox University	A			3:17.15 P	10
	1) Bates, Brad	2) Sticka, Ryan	3) Harris, Seth	4) Salisbury, Ben		
2	Linfield College	A			3:22.18	8
	1) Taylor, Casey	2) Ginanni, Joe	3) Parlee, Nick	4) Fipps, Jesse		
3	Whitworth College	A			3:26.76	6
	1) Pasma, Jonathan	2) Siemieniec, Joshua	3) Sauer, Paul	4) Ewens, Forrest		
4	University Puget Sound	A			3:26.98	5
	1) Vanni, Matt	2) U'Ren, Ben	3) Greene, Burch	4) Sellon, Tyler		
5	Lewis & Clark College	A			3:28.02	4
	1) Welch, Matt	2) Foote, Adam	3) Bianchi, Steve	4) Staveland, Jovon		

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(Men 4x400 Meter Relay)

	Team	Relay	Finals	Points
6	Pacific University (Ore.)	A	3:33.47	3
	1) Setere, Lucas	2) Whitaker, Matt	3) Mellow, Zach	4) Hackett, Zach
---	Willamette University	A	DQ	
	1) Jones, Nathan	2) Thomas, Everett	3) Garrelts, Brennan	4) Decherd, Ben

Men High Jump

NWC Record:	**2.09m**	**#**	**5/2/1997**	**Travis Olson, Linfield**
Stadium:	**2.10m**	*****	**4/10/2004**	**jEFF sKIBA, Highline TC**
NCAA Auto:	**2.12m**	**A**		
NCAA Provo:	**2.01m**	**P**		

	Name	School	Finals		Points
1	Larsen, Zach	Willamette University	2.02m P	6-07.50	10
2	Kramer, Brian	University Puget Sound	1.92m	6-03.50	8
3	Yeager, Brett	George Fox University	1.87m	6-01.50	5
4	Hazenberg, Brandon	Linfield College	J1.87m	6-01.50	6
5	Warrick, Jesse	Linfield College	J1.87m	6-01.50	4
6	Metoyer, Kynan	Pacific University (Ore.)	1.82m	5-11.50	3
7	Gohl, Andrew	Linfield College	J1.82m	5-11.50	2
8	May, Tyler	Willamette University	J1.82m	5-11.50	.50
8	Patterson, Jordan	Whitworth College	J1.82m	5-11.50	.50
10	Dillow, Ben	George Fox University	J1.82m	5-11.50	
11	Burke, Peter	Whitworth College	J1.82m	5-11.50	
12	Williams, Nathan	Whitworth College	1.77m	5-09.75	

Men Pole Vault

NWC Record:	**5.18m**	**#**	**1994**	**Curt Heywood, Linfield**
Stadium:	**5.03m**	*****	**4/18/1992**	**Curt Heywood, Linfield**
NCAA Auto:	**5.03m**	**A**		
NCAA Provo:	**4.63m**	**P**		

	Name	School	Finals		Points
1	McNeil, Brett	Willamette University	4.58m	15-00.25	10
2	Gause, Greg	University Puget Sound	4.43m	14-06.25	8
3	Tiogangco, Dayson	Linfield College	4.28m	14-00.50	6
4	Greene, Burch	University Puget Sound	J4.28m	14-00.50	5
5	Sommers, Zach	Willamette University	4.13m	13-06.50	4
6	Patterson, Jordan	Whitworth College	3.98m	13-00.75	3
7	James, Matthias	Willamette University	J3.98m	13-00.75	2
8	May, Tyler	Willamette University	J3.98m	13-00.75	1
9	Priester, Josh	George Fox University	J3.98m	13-00.75	
10	Haehlen, Andy	George Fox University	3.83m	12-06.75	
11	Dillow, Ben	George Fox University	3.68m	12-00.75	
---	Montgomery, Charles	Willamette University	NH		

Men Long Jump

NWC Record:	**7.31m**	**#**	**1973**	**Randy Fike, Lewis & Clark**
Stadium:	**7.30m**	*****	**4/22/1995**	**Rob Rising, CWU**
NCAA Auto:	**7.28m**	**A**		
NCAA Provo:	**6.90m**	**P**		

	Name	School	Finals		Points
1	Welsch, Jonas	Willamette University	6.94m P	22-09.25	10
2	Puckett, Adam	George Fox University	6.93m P	22-09.00	8

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

en Long Jump)

	Name	School	Finals		Points
3	Hazenberg, Brandon	Linfield College	6.78m	22-03.00	6
4	Carter, Stephen	Willamette University	6.53m	21-05.25	5
5	Nicholson, Cameron	Linfield College	6.51m	21-04.25	4
6	Zimbrick, Matt	Linfield College	6.50m	21-04.00	3
7	Jensen, Erik	Pacific Lutheran Univeristy	6.39m	20-11.75	2
8	Priester, Josh	George Fox University	6.38m	20-11.25	1
9	Gillespie, KC	Willamette University	6.37m	20-10.75	
10	Wadlow, Bryan	George Fox University	6.33m	20-09.25	
11	Vela, Emilio	George Fox University	6.17m	20-03.00	
12	Kramer, Brian	University Puget Sound	5.97m	19-07.00	

Men Triple Jump

NWC Record:	**14.97m**	**#**	**1984**	**Tommy Stewart, Whitworth**
Stadium:	**50-05**	*****	**4/17/1993**	**James McCann, Western Oregon College**
NCAA Auto:	**14.90m**	**A**		
NCAA Provo:	**14.10m**	**P**		

	Name	School	Finals		Points
1	Canton, Letwon	Willamette University	13.77m	45-02.25	10
2	Kramer, Brian	University Puget Sound	13.51m	44-04.00	8
3	Staveland, Jovon	Lewis & Clark College	13.32m	43-08.50	6
4	Vela, Emilio	George Fox University	13.20m	43-03.75	5
5	Wadlow, Bryan	George Fox University	13.19m	43-03.25	4
6	Nicholson, Cameron	Linfield College	13.11m	43-00.25	3
7	Bianchi, Steve	Lewis & Clark College	13.10m	42-11.75	2
8	Beatty, Doug	George Fox University	12.77m	41-10.75	1
	Zimbrick, Matt	Linfield College	12.71m	41-08.50	
10	Siemieniec, Joshua	Whitworth College	12.30m	40-04.25	
---	Puckett, Adam	George Fox University	ND		

Men Shot Put

NWC Record:	**17.36m**	**#**	**1973**	**Randy Shipley, PLU**
Stadium:	**57-04**	*****	**6/3/1967**	**John Allamano, UW**
NCAA Auto:	**17.11m**	**A**		
NCAA Provo:	**15.45m**	**P**		

	Name	School	Finals		Points
1	Richard, Austin	Whitworth College	15.13m	49-07.75	10
2	Holden, Andy	Pacific Lutheran Univeristy	15.11m	49-07.00	8
3	Matlock, Nate	Willamette University	14.89m	48-10.25	6
4	Thron, Andrew	Linfield College	14.72m	48-03.50	5
5	Lockhart, Bo	Linfield College	14.68m	48-02.00	4
6	Johnson, Michael	Pacific Lutheran Univeristy	14.27m	46-10.00	3
7	Kakaley, Quintan	Pacific Lutheran Univeristy	14.13m	46-04.25	2
8	Holloway, Andrew	Pacific Lutheran Univeristy	14.05m	46-01.25	1
9	Neely, Tyler	Whitworth College	13.63m	44-08.75	
10	Renne, Mark	Pacific Lutheran Univeristy	13.54m	44-05.25	
11	Harden, Adam	Pacific Lutheran Univeristy	13.50m	44-03.50	
12	Gohl, Andrew	Linfield College	13.49m	44-03.25	
13	Malcolm, David	George Fox University	13.42m	44-00.50	
---	Miles, Chris	Linfield College	ND		

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

Men Discus Throw

NWC Record:	**53.38m**	**#**	**4/30/1999**	**Luke Jacobson, PLU**
Stadium:	**52.84m**	*****	**6/4/1966**	**Al Pemberton, UW**
NCAA Auto:	**53.21m**	**A**		
NCAA Provo:	**47.47m**	**P**		

	Name	School	Finals		Points
1	Matlock, Nate	Willamette University	45.07m	147-10	10
2	Johnson, Michael	Pacific Lutheran Univeristy	44.27m	145-03	8
3	Gleason, Derrick	Linfield College	42.33m	138-10	6
4	Holden, Andy	Pacific Lutheran Univeristy	42.09m	138-01	5
5	Kleffner, Jake	Linfield College	41.82m	137-02	4
6	Haakenson, Dan	Pacific Lutheran Univeristy	41.24m	135-04	3
7	Lockhart, Bo	Linfield College	40.97m	134-05	2
8	Holloway, Andrew	Pacific Lutheran Univeristy	40.65m	133-04	1
9	Priester, Josh	George Fox University	40.17m	131-09	
10	Blem, Dale	Pacific University (Ore.)	37.97m	124-07	
11	Thron, Andrew	Linfield College	36.58m	120-00	
---	Miles, Chris	Linfield College	ND		

Men Hammer Throw

NWC Record:	**58.93m**	**#**	**1994**	**Jason Thiel, PLU**
Stadium:	**64.84m**	*****	**4/23/1988**	**Neil Kneip, Unattached**
NCAA Auto:	**57.55m**	**A**		
NCAA Provo:	**50.60m**	**P**		

	Name	School	Finals			Points
1	Matlock, Nate	Willamette University	53.03m	P	174-00	10
2	Johnson, Michael	Pacific Lutheran Univeristy	49.96m		163-11	8
3	Sandbo, Bill	Willamette University	48.99m		160-09	6
4	Haakenson, Dan	Pacific Lutheran Univeristy	48.68m		159-08	5
5	Gottfried, Greg	George Fox University	48.37m		158-08	4
6	Stewart, Chris	Whitworth College	47.84m		156-11	3
7	Thron, Andrew	Linfield College	45.40m		148-11	2
8	Holloway, Andrew	Pacific Lutheran Univeristy	44.27m		145-03	1
9	Holden, Andy	Pacific Lutheran Univeristy	42.25m		138-07	
10	Hill, Mike	Linfield College	42.05m		137-11	
11	Malcolm, David	George Fox University	41.44m		135-11	
12	Boss, Dimitri	Lewis & Clark College	39.68m		130-02	

Men Javelin Throw

NWC Record:	**65.91m**	**#**	**1987**	**Craig Stelling, PLU**
Stadium:	**64.32m**	*****	**4/18/1992**	**Ken Weinberg, Linfield**
NCAA Auto:	**63.40m**	**A**		
NCAA Provo:	**57.40m**	**P**		

	Name	School	Finals			Points
1	Gassaway, Matt	George Fox University	60.00m	P	196-10	10
2	Mills, Mike	Linfield College	57.59m	P	188-11	8
3	Keeler, Jason	Pacific University (Ore.)	55.23m		181-02	6
4	Wall, Ryan	Whitworth College	54.88m		180-01	5
5	Kaiel, Nick	Lewis & Clark College	53.82m		176-07	4
6	Arenas, Brandon	Whitworth College	53.77m		176-05	3
7	Mills, Steve	Linfield College	53.15m		174-04	2

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Results

Men Javelin Throw)

	Name	School	Finals		Points
8	Gohl, Andrew	Linfield College	50.80m	166-08	1
9	Hultberg, Nick	George Fox University	48.83m	160-02	
10	Lual, Anderia	Whitworth College	48.32m	158-06	
11	Fipps, Jesse	Linfield College	47.56m	156-00	
12	Bednar, David	Pacific University (Ore.)	47.27m	155-01	

Men Decathlon

NWC Record:	**7225**	**#**	**4/15/1997**	**Karl Lerum, PLU**
Stadium:	**6649**	*****	**3/24/1992**	**Sean Harrington, Univ. Montana**
NCAA Auto:	**6550**	**A**		
NCAA Provo:	**6000**	**P**		

	Name	School	Finals		Points
1	May, Tyler	Willamette University	6507	P	10
2	Dillow, Ben	George Fox University	6247	P	8
3	Priester, Josh	George Fox University	6210	P	6
4	Hazenberg, Brandon	Linfield College	6144	P	5
5	Fipps, Jesse	Linfield College	5958		4
6	Jensen, Erik	Pacific Lutheran Univeristy	5918		3
7	Gohl, Andrew	Linfield College	5534		2
8	Stevick, Jesse	Whitworth College	5330		1
9	Gause, Greg	University Puget Sound	4966		
10	Burke, Peter	Whitworth College	4885		
11	Wall, Ryan	Whitworth College	4763		

NWC Record:	**52.30**	**#**	**5/3/1997**	**David Parker, George Fox**
Stadium:	**53.11**	*****	**4/20/1991**	**Goreal Hudson, CWU**
NCAA Auto:	**52.20**	**A**		
NCAA Provo:	**54.00**	**P**		

Women - Team Rankings - 21 Events Scored

1)	Willamette University	206.5	2)	Whitworth College	173
3)	Linfield College	157	4)	Pacific Lutheran Univeristy	85
5)	Lewis & Clark College	71	6)	University Puget Sound	65.5
7)	George Fox University	34	8)	Pacific University (Ore.)	27

NWC Record:	**52.30**	**#**	**5/3/1997**	**David Parker, George Fox**
Stadium:	**53.11**	*****	**4/20/1991**	**Goreal Hudson, CWU**
NCAA Auto:	**52.20**	**A**		
NCAA Provo:	**54.00**	**P**		

Men - Team Rankings - 21 Events Scored

1)	Willamette University	264.5	2)	George Fox University	142
3)	Linfield College	124	4)	University Puget Sound	90
5)	Whitworth College	72.5	6)	Pacific Lutheran Univeristy	71
7)	Lewis & Clark College	29	8)	Pacific University (Ore.)	20

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NWC Combined Event Championship - 4/12/2004 to 4/13/2004
Boppell Track, Whitworth College
Results - Heptathlon

Women Heptathlon

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Moore, Leah #1		16.77	1.50m	10.41m	27.36		4.98m	34.90m	2:20.80
Linfield College			4-11	34-02			16-04.25	114-06	
Team Points: 0	4419	(623)	(621)	(556)	(682)	2482	(554)	(570)	(813)
2 Larson, Lindsay #2		16.83	1.65m	10.50m	28.60		4.74m	33.70m	2:26.17
Linfield College			5-05	34-05.5			15-06.75	110-07	
Team Points: 0	4336	(616)	(795)	(562)	(584)	2557	(490)	(547)	(742)
3 Marken, Sarah #6		16.33	1.44m	10.28m	27.58		4.98m	31.55m	2:39.82
Whitworth College			4-08.75	33-08.75			16-04.25	103-06	
Team Points: 0	4076	(674)	(555)	(548)	(664)	2441	(554)	(506)	(575)
4 Bernard, Riley #3		16.26	1.32m	7.03m	27.62		4.39m	27.27m	2:27.70
Linfield College			4-04	23-00.75			14-05	89-06	
Team Points: 0	3658	(683)	(429)	(337)	(661)	2110	(401)	(425)	(722)
5 Benish, Clare #5		16.49	1.53m	7.70m	28.51		4.74m	20.94m	2:45.99
University of Puget			5-00.25	25-03.25			15-06.75	68-08	
Team Points: 0	3583	(655)	(655)	(380)	(591)	2281	(490)	(306)	(506
6 Barker, Brooke #4		20.07	1.38m	10.83m	27.43		3.81m	29.32m	2:37.21
Pacific University			4-06.25	35-06.5			12-06	96-02	
Team Points: 0	3381	(296)	(491)	(584)	(676)	2047	(265)	(464)	(605)
7 Kassebaum, Rose #9		16.17	1.35m	8.78m	27.72		4.24m	ND	2:24.97
Willamette Universi			4-05	28-09.75			13-11		
Team Points: 0	3378	(694)	(460)	(450)	(653)	2257	(364)	(0)	(757)
8 Reece, Jazzmin #8		24.10	1.29m	10.15m	27.48		4.68m	26.35m	2:34.78
Willamette Universi			4-02.75	33-03.75			15-04.25	86-05	
Team Points: 0	3179	(53)	(399)	(539)	(672)	1663	(474)	(408)	(634)
9 Funrue, Kirsten #7		18.77	1.29m	8.40m	29.01		4.21m	25.02m	2:40.25
Whitworth College			4-02.75	27-06.75			13-09.75	82-01	
Team Points: 0	3099	(412)	(399)	(425)	(553)	1789	(357)	(383)	(570)

NWC Combined Event Championship - 4/12/2004 to 4/13/2004

Boppell Track, Whitworth College

Results - Decathlon

Men Decathlon

	Points	100	LJ	SP	HJ	400	Day1	110H	DT	PV	JT	1500
1 May, Tyler #23		11.87	6.04m	12.02m	1.83m	51.20		15.64	38.97m	3.90m	47.20m	4:43.39
Willamette University			19-09.75	39-05.25	6-00				127-10	12-09.5	154-10	
Team Points: 0	6507	(677)	(595)	(608)	(653)	(760)	3293	(774)	(644)	(590)	(547)	(659)
2 Dillow, Ben #10		11.78	5.79m	10.67m	1.83m	52.20		15.98	34.39m	3.90m	48.92m	4:42.36
George Fox University			19-00	35-00.25	6-00				112-10	12-09.5	160-06	
Team Points: 0	6247	(695)	(542)	(526)	(653)	(716)	3132	(735)	(551)	(590)	(573)	(666)
3 Priester, Josh #11		11.65	6.41m	12.61m	1.68m	51.69		18.18	38.97m	4.00m	47.33m	4:55.57
George Fox University			21-00.5	41-04.5	5-06				127-10	13-01.5	155-03	
Team Points: 0	6210	(721)	(677)	(643)	(528)	(738)	3307	(507)	(644)	(617)	(549)	(586)
4 Hazenberg, Brandon #14		11.31	6.80m	11.22m	1.89m	52.03		17.59	33.20m	2.90m	58.07m	5:17.60
Linfield College			22-03.75	36-09.75	6-02.25				108-11	9-06.25	190-06	
Team Points: 0	6144	(793)	(767)	(559)	(705)	(723)	3547	(564)	(528)	(333)	(709)	(463)
5 Fipps, Jesse #12		11.54	5.92m	10.91m	1.68m	50.83		16.33	31.69m	2.90m	52.00m	4:43.99
Linfield College			19-05.25	35-09.5	5-06				104-00	9-06.25	170-07	
Team Points: 0	5958	(744)	(569)	(540)	(528)	(777)	3158	(696)	(498)	(333)	(618)	(655)
6 Jensen, Erik #15		11.88	6.19m	10.93m	1.80m	53.83		15.94	28.50m	3.70m	47.64m	5:04.28
Pacific Lutheran Universi			20-03.75	35-10.5	5-10.75				93-06	12-01.5	156-03	
Team Points: 0	5918	(675)	(628)	(542)	(627)	(647)	3119	(740)	(435)	(535)	(554)	(535)
7 Gohl, Andrew #13		11.98	5.81m	12.55m	1.83m	56.21		18.96	36.60m	3.00m	51.25m	5:11.92
Linfield College			19-00.75	41-02.25	6-00				120-01	9-10	168-02	
Team Points: 0	5534	(655)	(546)	(640)	(653)	(551)	3045	(436)	(596)	(357)	(607)	(493)
8 Stevick, Jesse #20		12.34	5.34m	8.76m	1.68m	52.69		19.13	26.17m	3.20m	46.98m	4:07.40
Whitworth College			17-06.25	28-09	5-06				85-10	10-06	154-02	
Team Points: 0	5330	(586)	(449)	(411)	(528)	(695)	2669	(421)	(390)	(406)	(544)	(900)
9 Gause, Greg #17		12.51	5.54m	8.58m	1.77m	55.33		21.33	26.67m	4.30m	38.04m	4:58.98
University of Puget Sound			18-02.25	28-01.75	5-09.75				87-06	14-01.25	124-10	
Team Points: 0	4966	(554)	(490)	(401)	(602)	(586)	2633	(252)	(399)	(702)	(414)	(566)
10 Burke, Peter #21		12.56	5.78m	9.50m	1.80m	53.46		21.92	35.36m	3.00m	26.09m	4:41.73
Whitworth College			18-11.75	31-02	5-10.75				116-00	9-10	85-07	
Team Points: 0	4885	(545)	(540)	(456)	(627)	(662)	2830	(213)	(571)	(357)	(245)	(669)
11 Wall, Ryan #18		12.55	4.89m	10.30m	1.53m	56.06		18.94	31.14m	3.30m	52.59m	5:29.77
Whitworth College			16-00.5	33-09.5	5-00.25				102-02	10-10	172-06	
Team Points: 0	4763	(547)	(361)	(504)	(411)	(557)	2380	(438)	(487)	(431)	(627)	(400)
12 Patterson, Jordan #19		11.94	5.73m	10.55m	1.83m	57.04		16.64	27.54m	3.70m	26.24m	SCR
Whitworth College			18-09.75	34-07.5	6-00				90-04	12-01.5	86-01	
Team Points: 0	4743	(663)	(529)	(519)	(653)	(519)	2883	(662)	(416)	(535)	(247)	(0)

Male Athlete of the Year – Ben Salisbury, George Fox University

Female Athlete of the Year – Kristen Shields, Whitworth College

Male Coach of the Year - Matt McGuirk, Willamete University

Female Coach of the Year – Matt McGuirk, Willamete University

NWC CHAMPIONSHIPS - 4/4/2004 to 4/5/2004
Baker Stadium, Tacoma,WA
Performance List

15-22

Event 1 Women 100 Meter Dash Prelims

NWC Record:	**12.04**	**5/2/1998**	**Melody Sherman, Linfield**
Stadium:	**12.06**	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**11.95**		
NCAA Provo:	**12.34**		

	Comp#	Name	School	Seed Time
1	281	Shields, Kristen	Whitworth College	12.11
2	146	Larsen, Carrie	Pacific Lutheran	12.93
3	368	Reece, Jazzmin	Willamette	12.98
4	365	Patterson, Lindsey	Willamette	13.00
5	5	Erickson, Brooke	George Fox	13.01
6	272	Marken, Sarah	Whitworth College	13.04
7	15	Miles, Shannon	George Fox	13.21
8	252	Brown, Nicole	Whitworth College	13.28
9	266	Hinson, Emily	Whitworth College	13.36
10	95	Stiglmeier, Caitlin	Linfield College	13.37
11	270	Kimura, Erin	Whitworth College	13.41
12	178	Barker, Brooke	Pacific	13.57
13	186	Wilson, Erin	Pacific	13.63
14	268	Jurgens, Jessica	Whitworth College	13.73
15	144	Fisher, Laura	Pacific Lutheran	13.84
16	151	Smith, Jamie	Pacific Lutheran	13.91
17	14	Matthews, Mona	George Fox	14.29

Event 2 Women 200 Meter Dash Prelims

NWC Record:	**24.52**	**5/1/1999**	**Christine Axley, PLU**
Stadium:	**24.75**	**4/17/1999**	**Christine Axley, PLU**
NCAA Auto:	**24.48**		
NCAA Provo:	**25.34**		

	Comp#	Name	School	Seed Time
1	281	Shields, Kristen	Whitworth College	25.07
2	62	Swan, Jody	Lewis & Clark	25.81
3	344	Hanson, Mariah	Willamette	25.99
4	90	Newell, Kelsey	Linfield College	26.41
5	365	Patterson, Lindsey	Willamette	26.62
6	368	Reece, Jazzmin	Willamette	26.66
7	5	Erickson, Brooke	George Fox	27.02
8	252	Brown, Nicole	Whitworth College	27.31
9	139	Bertholf, Kim	Pacific Lutheran	27.42
10	178	Barker, Brooke	Pacific	27.43
11	15	Miles, Shannon	George Fox	27.54
12	186	Wilson, Erin	Pacific	28.10
13	215	Kelsey, Kathy	Puget Sound	28.28
14	270	Kimura, Erin	Whitworth College	28.48
15	205	Blagden, Bonar	Puget Sound	28.70

16	260	Funrue, Kirsten	Whitworth College	29.01
17	14	Matthews, Mona	George Fox	29.77
18	274	Morehouse, Sara	Whitworth College	29.91

Event 3 Women 400 Meter Dash Prelims

NWC Record:	**55.34**	**1989**	**Kari Larson, Lewis & Clark**
Stadium:	**55.4h**	**5/3/1980**	**Rhonda Bell, BCC**
NCAA Auto:	**55.70**		
NCAA Provo:	**57.60**		

	Comp#	Name	School	Seed Time
1	62	Swan, Jody	Lewis & Clark	57.97
2	90	Newell, Kelsey	Linfield College	58.41
3	344	Hanson, Mariah	Willamette	58.84
4	327	Andrews, Alicia	Willamette	59.68
5	352	Killam, Carly	Willamette	1:00.93
6	88	Moore, Leah	Linfield College	1:01.17
7	139	Bertholf, Kim	Pacific Lutheran	1:01.99
8	93	Schiele, Shannon	Linfield College	1:02.00
9	215	Kelsey, Kathy	Puget Sound	1:02.76
10	16	Miller, Sara	George Fox	1:04.41
11	362	O'Brien, Rachel	Willamette	1:04.82
12	205	Blagden, Bonar	Puget Sound	1:05.32
13	274	Morehouse, Sara	Whitworth College	1:05.70
14	186	Wilson, Erin	Pacific	1:05.71
15	381	White, Rachel	Willamette	1:06.82

Event 4 Women 800 Meter Run Prelims

NWC Record:	**2:11.53**	**1992**	**Patty Ley, PLU**
Stadium:	**2:10.9h**	**4/25/1987**	**Laura Johnson, Unattached**
NCAA Auto:	**2:12.00**		
NCAA Provo:	**2:15.90**		

	Comp#	Name	School	Seed Time
1	327	Andrews, Alicia	Willamette	2:12.69
2	367	Phimister, Molly	Willamette	2:16.27
3	265	Heinemann, Elaine	Whitworth College	2:19.36
4	377	Vandehey, Stephanie	Willamette	2:21.02
5	352	Killam, Carly	Willamette	2:21.24
6	225	Schreiner, Molly	Puget Sound	2:22.42
7	254	Carnahan, Andrea	Whitworth College	2:22.51
8	89	Murphy, Joanna	Linfield College	2:23.60
9	263	Green, Emily	Whitworth College	2:23.74
10	346	Henderson, Amber	Willamette	2:25.16
11	277	Reale, Kathy	Whitworth College	2:27.53
12	362	O'Brien, Rachel	Willamette	2:27.84
13	212	Hagney, Alana	Puget Sound	2:28.73
14	143	Davignon, Kristen	Pacific Lutheran	2:28.86
15	381	White, Rachel	Willamette	2:31.25
16	226	Van Benthuysen, Molly	Puget Sound	2:40.72

Event 5 Women 1500 Meter Run

NWC Record:	**4:26.87**	**1992**	**Patty Ley, PLU**
Stadium:	**4:34.3h**	**4/23/1988**	**Minta Misley, PLU**

NCAA Auto: 4:34.00
NCAA Provo: 4:42.00

	Comp#	Name	School	Seed Time
1	370	Rumore, Danya	Willamette	4:41.97
2	347	Holbert, Kari	Willamette	4:46.55

Event 5 ... (Women 1500 Meter Run)

	Comp#	Name	School	Seed Time
3	367	Phimister, Molly	Willamette	4:47.32
4	377	Vandehey, Stephanie	Willamette	4:48.63
5	265	Heinemann, Elaine	Whitworth College	4:51.52
6	219	Orzell, Sarah	Puget Sound	4:58.48
7	212	Hagney, Alana	Puget Sound	4:59.89
8	346	Henderson, Amber	Willamette	5:00.44
9	13	Jertberg, Beth	George Fox	5:09.06
10	249	Baker, Amanda	Whitworth College	5:18.26
11	207	Brevik, Kjirsten	Puget Sound	5:19.02
12	379	Walker, Juline	Willamette	5:22.91
13	332	Brady, Molly	Willamette	5:24.40
14	9	Geertz, Kara	George Fox	5:29.79
15	255	Crosby, McKenzie	Whitworth College	5:37.08

Event 6 Women 3000 Meter Steeplechase

NWC Record: 11:18.9h 4/25/2003 Kari Holbert, Willamette
Stadium: 11:24.80 4/12/2003 Kelly Fullerton, Seattle Univ.
NCAA Auto: 10:44.00
NCAA Provo: 11:23.00

	Comp#	Name	School	Seed Time
1	347	Holbert, Kari	Willamette	11:10.60
2	99	Witt, Meryl	Linfield College	11:34.24
3	83	Hall, Tery	Linfield College	11:34.44
4	249	Baker, Amanda	Whitworth College	12:26.66
5	383	Wright, Bobbi	Willamette	12:29.64
6	255	Crosby, McKenzie	Whitworth College	12:36.50
7	11	Harris, Whitney	George Fox	12:41.84
8	332	Brady, Molly	Willamette	12:49.54
9	13	Jertberg, Beth	George Fox	12:52.14
10	276	Peters, Jenny	Whitworth College	12:54.76
11	374	Squires, Audrey	Willamette	12:59.18
12	17	Moyer, Beth	George Fox	13:13.44
13	280	Ridgway, Stephanie	Whitworth College	13:33.63
14	259	Fuller, Kate	Whitworth College	13:47.16
15	94	Schor, Debbie	Linfield College	13:54.60
16	98	Weimar, Ashlee	Linfield College	14:05.18
17	353	Lammers, Jessica	Willamette	14:17.94

Event 7 Women 5000 Meter Run

NWC Record: 16:52.51 5/1/1999 Dana Boyle, Puget Sound
Stadium: 16:45.5h 4/26/1986 Debbie Myra, PSU
NCAA Auto: 17:00.00
NCAA Provo: 17:48.00

	Comp#	Name	School	Seed Time
1	370	Rumore, Danya	Willamette	17:30.43

2	347	Holbert, Kari	Willamette	17:37.88
3	53	Grossman, Sadie	Lewis & Clark	17:50.53
4	359	Muren, Natalie	Willamette	17:59.20
5	275	Nelson, Leslie	Whitworth College	18:03.57
6	145	Jamieson, Ashley	Pacific Lutheran	18:25.23
7	149	Mearig, Breea	Pacific Lutheran	18:31.34

Event 7 ... (Women 5000 Meter Run)

	Comp#	Name	School	Seed Time
8	99	Witt, Meryl	Linfield College	18:37.32
9	257	Dickey, Kristi	Whitworth College	18:45.74
10	63	Weber, Odessa	Lewis & Clark	18:58.47
11	271	Lauterbach, Julie	Whitworth College	18:59.99
12	142	Carter, Bethany	Pacific Lutheran	19:06.14
13	373	Sherwood, Lauren	Willamette	19:09.06
14	331	Beebe, Ellen	Willamette	19:10.54
15	209	Dobson, Hillary	Puget Sound	19:11.72
16	267	Jamieson, Rebecca	Whitworth College	19:12.42
17	383	Wright, Bobbi	Willamette	19:20.52
18	11	Harris, Whitney	George Fox	19:21.60
19	255	Crosby, McKenzie	Whitworth College	19:33.59
20	185	Shosky, Shana	Pacific	19:34.61
21	276	Peters, Jenny	Whitworth College	19:47.68
22	379	Walker, Juline	Willamette	20:22.64
23	249	Baker, Amanda	Whitworth College	20:23.71

Event 8 Women 10000 Meter Run

NWC Record:36:34.25 5/4/2001 Annie Scott, Whitworth
Stadium:35:07.86 4/17/1999 Dana Boyle, Puget Sound
NCAA Auto:36:00.00
NCAA Provo:37:50.00

	Comp#	Name	School	Seed Time
1	275	Nelson, Leslie	Whitworth College	37:30.94
2	359	Muren, Natalie	Willamette	37:40.24
3	53	Grossman, Sadie	Lewis & Clark	37:43.28
4	149	Mearig, Breea	Pacific Lutheran	38:48.00
5	257	Dickey, Kristi	Whitworth College	39:31.44
6	209	Dobson, Hillary	Puget Sound	39:47.57
7	145	Jamieson, Ashley	Pacific Lutheran	40:34.44
8	63	Weber, Odessa	Lewis & Clark	40:40.34
9	271	Lauterbach, Julie	Whitworth College	40:47.14
10	185	Shosky, Shana	Pacific	40:58.84
11	60	Sbordone, Laura	Lewis & Clark	41:18.28
12	331	Beebe, Ellen	Willamette	41:19.34
13	58	Pfeiffer-Hoyt, Megan	Lewis & Clark	41:22.43
14	267	Jamieson, Rebecca	Whitworth College	42:07.14
15	338	Enell, Jessie	Willamette	42:36.37
16	380	West, Stacy	Willamette	43:11.54

Event 9 Women 100 Meter Hurdles Prelims

NWC Record: 14.38 5/1/1999 Maile Barrett, Lewis & Clark
Stadium: 14.41 4/20/1996 Amy Cameron, WWU

NCAA Auto: 14.43
NCAA Provo: 15.10

	Comp#	Name	School	Seed Time
1	368	Reece, Jazzmin	Willamette	14.94
2	356	McGrane, Shannon	Willamette	15.44
3	354	Lucas, Nicole	Willamette	15.58
4	86	Mahoney, Caitlin	Linfield College	15.59
5	78	Bernard, Riley	Linfield College	15.77

Event 9 ... (Women 100 Meter Hurdles Prelims)

	Comp#	Name	School	Seed Time
6	272	Marken, Sarah	Whitworth College	15.80
7	351	Kassebaum, Roseann	Willamette	15.91
8	224	Rugani, Ana	Puget Sound	16.08
9	204	Benish, Clare	Puget Sound	16.49
10	355	Lund, Carlie	Willamette	16.65
11	3	Brown, Julie	George Fox	17.04
12	216	Kikuchi, LesliAnn	Puget Sound	17.31
13	260	Funrue, Kirsten	Whitworth College	17.56

Event 10 Women 400 Meter Hurdles Prelims

NWC Record: 59.57 5/4/2001 Amber Larson, Linfield
Stadium: 1:02.74 4/10/2004 Carrie Larsen, PLU
NCAA Auto: 1:01.90
NCAA Provo: 1:04.30

	Comp#	Name	School	Seed Time
1	356	McGrane, Shannon	Willamette	1:02.47
2	146	Larsen, Carrie	Pacific Lutheran	1:02.74
3	351	Kassebaum, Roseann	Willamette	1:05.05
4	141	Branam, Easton	Pacific Lutheran	1:06.04
5	78	Bernard, Riley	Linfield College	1:07.61
6	59	Ross, Kate	Lewis & Clark	1:08.13
7	354	Lucas, Nicole	Willamette	1:10.14
8	3	Brown, Julie	George Fox	1:10.69
9	266	Hinson, Emily	Whitworth College	1:11.13
10	355	Lund, Carlie	Willamette	1:11.47
11	92	Rohlffs, Emily	Linfield College	1:12.43
12	274	Morehouse, Sara	Whitworth College	1:14.05
13	6	Finney, Lindsay	George Fox	1:14.12
14	260	Funrue, Kirsten	Whitworth College	1:14.80
15	216	Kikuchi, LesliAnn	Puget Sound	1:17.70

Event 11 Women 4x100 Meter Relay

NWC Record: 47.18 5/1/1999 PLU, PLU
CoriLay,Kristi Osborne,Christine Axley,Sarah Axley
Stadium: 47.50 4/22/1995 PLU, PLU
NCAA Auto: 47.30
NCAA Provo: 49.10

	Comp#	Team	Relay	Seed Time
1		Whitworth College	A	48.86
2		Linfield College	A	50.60
3		Lewis & Clark College	A	51.24
4		Pacific Lutheran Univeristy	A	51.24

5	Willamette University	A	52.26
6	George Fox University	A	52.34
7	University Puget Sound	A	53.03
8	Pacific University (Ore.)	A	56.52

Event 12 Women 4x400 Meter Relay

NWC Record: 3:53.26 1994 PLU, PLU
Stadium: 3:51.61 4/22/1995 PLU, PLU
Andrade,Keene,Saathoff,Metzger
NCAA Auto: 3:49.20
NCAA Provo: 3:59.40

Comp#	Team	Relay	Seed Time
1	Willamette University	A	3:57.82
2	Pacific Lutheran Univeristy	A	4:06.84
3	Linfield College	A	4:08.51
4	Whitworth College	A	4:11.60
5	University Puget Sound	A	4:20.25
6	Lewis & Clark College	A	4:20.27
7	George Fox University	A	4:24.53
8	Pacific University (Ore.)	A	4:44.41

Event 13 Women High Jump

NWC Record: 1.70m 4/27/2002 JoEllen Boatright, George Fox
Stadium: 1.73m 4/22/1995 Corrina Wolf, SFU
NCAA Auto: 1.73m
NCAA Provo: 1.64m

	Comp#	Name	School	Seed Mark
1	8	Forbes, Michelle	George Fox	1.69m
2	284	Viducich, Suzy	Whitworth College	1.67m
3	85	Larson, Lindsay	Linfield College	1.66m
4	86	Mahoney, Caitlin	Linfield College	1.62m
5	138	Berentson, Emily	Pacific Lutheran	1.60m
6	223	Rowe, Nicolette	Puget Sound	1.55m
7	204	Benish, Clare	Puget Sound	1.55m
8	3	Brown, Julie	George Fox	1.53m
9	273	McKnight, Macie	Whitworth College	1.51m
10	376	Truhler, Jaimi	Willamette	1.47m
11	267	Jamieson, Rebecca	Whitworth College	1.45m
12	183	McLaughlin, Kadee	Pacific	1.44m
13	178	Barker, Brooke	Pacific	1.39m

Event 14 Women Pole Vault

NWC Record: 3.67m 5/4/2000 Heather Hunt, George Fox
Stadium: 3.50m 3/6/2004 Allison Hedges, NWC
NCAA Auto: 3.76m
NCAA Provo: 3.30m

	Comp#	Name	School	Seed Mark
1	213	Heaton, Katie	Puget Sound	3.49m
2	84	Huddleston, Julie	Linfield College	3.35m
3	264	Harmon, Edralyn	Whitworth College	3.30m
4	144	Fisher, Laura	Pacific Lutheran	3.21m
5	52	Gerrits, Shelby	Lewis & Clark	3.06m
6	97	Weeber, Amanda	Linfield College	3.06m

7	140	Bonino, Laura	Pacific Lutheran	3.05m
8	223	Rowe, Nicolette	Puget Sound	3.05m
9	54	Levkiv, Oksana	Lewis & Clark	3.05m
10	350	Jager, Johnna	Willamette	3.04m
11	151	Smith, Jamie	Pacific Lutheran	2.92m

Event 14 ... (Women Pole Vault)

	Comp#	Name	School	Seed Mark
12	217	Law, Kate	Puget Sound	2.90m
13	363	Olson, Lynn	Willamette	2.89m
14	1	Black, Tori	George Fox	2.76m
15	18	Shaw, Jillian	George Fox	2.76m
16	260	Funrue, Kirsten	Whitworth College	2.60m
17	375	Stow, Jessica	Willamette	2.60m
18	328	Arquette, Christina	Willamette	2.44m

Event 15 Women Long Jump

NWC Record: 5.75m 1992 Stephanie Libby, Willamette
Stadium: 5.84m 4/18/1992 Stephanie Libbyl, Willamette
NCAA Auto: 5.80m
NCAA Provo: 5.50m

	Comp#	Name	School	Seed Mark
1	365	Patterson, Lindsey	Willamette	5.61m
2	272	Marken, Sarah	Whitworth College	5.23m
3	224	Rugani, Ana	Puget Sound	5.21m
4	222	Robinson, Jena	Puget Sound	5.13m
5	59	Ross, Kate	Lewis & Clark	5.12m
6	364	Parker, Ashley	Willamette	5.10m
7	8	Forbes, Michelle	George Fox	5.10m
8	88	Moore, Leah	Linfield College	5.10m
9	204	Benish, Clare	Puget Sound	5.08m
10	368	Reece, Jazzmin	Willamette	5.05m
11	55	Llanes, Becky	Lewis & Clark	4.97m
12	211	Goe, Becca	Puget Sound	4.96m
13	349	Im, Kim	Willamette	4.89m
14	85	Larson, Lindsay	Linfield College	4.83m
15	360	Murray, Melissa	Willamette	4.80m
16	264	Harmon, Edralyn	Whitworth College	4.72m
17	371	Russell, Liz	Willamette	4.67m
18	144	Fisher, Laura	Pacific Lutheran	4.54m
19	329	Bangaru, Sri	Willamette	4.17m

Event 16 Women Triple Jump

NWC Record: 11.91m 4/28/2002 Kelsey Baron, George Fox
Stadium: 11.89m 4/17/1999 Jane Wallace, WWU
NCAA Auto: 12.10m
NCAA Provo: 11.25m

	Comp#	Name	School	Seed Mark
1	222	Robinson, Jena	Puget Sound	11.18m
2	8	Forbes, Michelle	George Fox	10.54m
3	59	Ross, Kate	Lewis & Clark	10.35m
4	211	Goe, Becca	Puget Sound	10.32m

5	268	Jurgens, Jessica	Whitworth College	10.25m
6	371	Russell, Liz	Willamette	10.05m
7	264	Harmon, Edralyn	Whitworth College	10.04m
8	360	Murray, Melissa	Willamette	10.03m
9	55	Llanes, Becky	Lewis & Clark	10.00m
10	152	Steinruck, Alicia	Pacific Lutheran	9.94m
11	364	Parker, Ashley	Willamette	9.84m

Event 16 ... (Women Triple Jump)

	Comp#	Name	School	Seed Mark
12	272	Marken, Sarah	Whitworth College	9.77m
13	329	Bangaru, Sri	Willamette	9.74m
14	284	Viducich, Suzy	Whitworth College	9.56m
15	183	McLaughlin, Kadee	Pacific	9.31m

Event 17 Women Shot Put

NWC Record: 14.59m 1989 Carrie Pietig, Willamette
Stadium: 48-06.50 3/21/1981 J. Luebke, WVCC
NCAA Auto: 14.28m
NCAA Provo: 12.86m

	Comp#	Name	School	Seed Mark
1	79	Bielenberg, Danielle	Linfield College	12.75m
2	80	Claypool, Joni	Linfield College	12.74m
3	148	Locke, Julie	Pacific Lutheran	11.77m
4	177	Arnall, Dee Dee	Pacific	11.28m
5	88	Moore, Leah	Linfield College	10.95m
6	178	Barker, Brooke	Pacific	10.83m
7	256	DesMarais, Micki	Whitworth College	10.76m
8	372	Sammons, Angie	Willamette	10.64m
9	369	Reed, Monique	Willamette	10.51m
10	357	Mollett, Ashley	Willamette	10.50m
11	272	Marken, Sarah	Whitworth College	10.28m
12	57	Paterson, Liz	Lewis & Clark	10.00m
13	258	Florence, Angela	Whitworth College	9.75m

Event 18 Women Discus Throw

NWC Record: 45.36m 5/5/2000 Mari Ruiz, Whitman
Stadium: 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
NCAA Auto: 46.50m
NCAA Provo: 41.50m

	Comp#	Name	School	Seed Mark
1	148	Locke, Julie	Pacific Lutheran	39.48m
2	81	Duerr, Rebecca	Linfield College	37.40m
3	269	Kellogg, Johanna	Whitworth College	37.20m
4	256	DesMarais, Micki	Whitworth College	36.95m
5	79	Bielenberg, Danielle	Linfield College	36.94m
6	153	Wochnick, Megan	Pacific Lutheran	36.46m
7	80	Claypool, Joni	Linfield College	36.40m
8	369	Reed, Monique	Willamette	35.75m
9	258	Florence, Angela	Whitworth College	34.92m
10	184	Merz, Meghan	Pacific	34.57m
11	147	Lewis, Stephanie	Pacific Lutheran	33.71m

12	57	Paterson, Liz	Lewis & Clark	31.94m
13	2	Blankenship, Lindsey	George Fox	30.54m
14	357	Mollett, Ashley	Willamette	29.31m
15	182	Ingram, Allison	Pacific	28.82m

Event 19 Women Javelin Throw

NWC Record: 47.80m 1985 Regina Norris, Pacific
Stadium: 50.37m 4/23/1988 Patricia Perry, Puget Sound
NCAA Auto: 43.40m
NCAA Provo: 38.50m

	Comp#	Name	School	Seed Mark
1	177	Arnall, Dee Dee	Pacific	41.69m
2	152	Steinruck, Alicia	Pacific Lutheran	40.46m
3	87	Mascorro, Lydia	Linfield College	39.83m
4	336	Dentzel, Sophia	Willamette	39.80m
5	278	Regier, Kathryn	Whitworth College	39.30m
6	262	Goselin, Lisa	Whitworth College	37.20m
7	250	Beauchamp, Meghan	Whitworth College	36.99m
8	150	Oehmeke, Jackie	Pacific Lutheran	36.43m
9	258	Florence, Angela	Whitworth College	35.94m
10	85	Larson, Lindsay	Linfield College	35.82m
11	1	Black, Tori	George Fox	35.58m
12	88	Moore, Leah	Linfield College	35.16m
13	339	Figari, Elyssa	Willamette	34.64m
14	357	Mollett, Ashley	Willamette	32.75m
15	210	Fenn, Lauren	Puget Sound	32.32m

Event 20 Women Hammer Throw

NWC Record: 48.62m 5/4/2001 Leslie Seeyle, PLU
Stadium: 46.66m 4/17/1999 Leslie Seeyle, PLU
NCAA Auto: 52.40m
NCAA Provo: 45.70m

	Comp#	Name	School	Seed Mark
1	153	Wochnick, Megan	Pacific Lutheran	44.88m
2	269	Kellogg, Johanna	Whitworth College	43.63m
3	369	Reed, Monique	Willamette	41.79m
4	57	Paterson, Liz	Lewis & Clark	41.64m
5	182	Ingram, Allison	Pacific	40.94m
6	2	Blankenship, Lindsey	George Fox	40.29m
7	79	Bielenberg, Danielle	Linfield College	38.92m
8	147	Lewis, Stephanie	Pacific Lutheran	38.70m
9	372	Sammons, Angie	Willamette	37.71m

Event 21 Women Heptathlon

NWC Record: 4725 4/13/1999 Kristi Osborne, PLU
Stadium: 4605 3/24/1992 Mindy Johnson, Univ. Montana
NCAA Auto: 4560
NCAA Provo: 4100

	Comp#	Name	School	Points
1	178	Barker, Brooke	Pacific	NP
2	351	Kassebaum, Roseann	Willamette	NP
3	204	Benish, Clare	Puget Sound	NP

4	260	Funrue, Kirsten	Whitworth College	NP
5	368	Reece, Jazzmin	Willamette	NP
6	85	Larson, Lindsay	Linfield College	NP
7	88	Moore, Leah	Linfield College	NP
8	78	Bernard, Riley	Linfield College	NP
9	272	Marken, Sarah	Whitworth College	NP

Event 31 Men 100 Meter Dash Prelims

NWC Record: 10.65 4/26/2003 Boock - Salisbury, Linfield-George Fox
Stadium: 10.65 4/18/1998 Ricardo Colon, Clackamas CC
NCAA Auto: 10.53
NCAA Provo: 10.81

	Comp#	Name	School	Seed Time
1	102	Boock, Chris	Linfield College	10.87
2	316	Rorem, Benjamin	Whitworth College	10.91
3	42	Salisbury, Ben	George Fox	10.94
4	394	Gillespie, KC	Willamette	11.04
5	435	Welsch, Jonas	Willamette	11.15
6	35	Maves, Drew	George Fox	11.25
7	112	Hazenberg, Brandon	Linfield College	11.31
8	77	Welch, Matt	Lewis & Clark	11.40
9	103	Carter, George	Linfield College	11.43
10	232	Greene, Burch	Puget Sound	11.44
11	427	Stiles, Travis	Willamette	11.47
12	323	Warren, David	Whitworth College	11.47
13	101	Allen, Casey	Linfield College	11.48
14	117	Lau, Brad	Linfield College	11.59
15	306	Hinton, Ian	Whitworth College	11.78
16	201	Piago, Peter	Pacific	11.87
17	154	Albrecht, Andrew	Pacific Lutheran	11.90
18	168	Page, Nick	Pacific Lutheran	11.95
19	299	Evans, Robert	Whitworth College	12.10

Event 32 Men 200 Meter Dash Prelims

NWC Record: 21.22 1973 Ray Fabian, Whitworth
Stadium: 21.5h 5/1/1982 Erick Krauss, Portland
NCAA Auto: 21.25
NCAA Provo: 21.80

	Comp#	Name	School	Seed Time
1	42	Salisbury, Ben	George Fox	21.37
2	102	Boock, Chris	Linfield College	22.27
3	394	Gillespie, KC	Willamette	22.40
4	316	Rorem, Benjamin	Whitworth College	22.48
5	103	Carter, George	Linfield College	22.83
6	387	Canton, Letwon	Willamette	22.99
7	77	Welch, Matt	Lewis & Clark	23.00
8	323	Warren, David	Whitworth College	23.03
9	170	Peterson, Scott	Pacific Lutheran	23.12
10	399	Jones, Nathan	Willamette	23.24
11	20	Bates, Brad	George Fox	23.34
12	117	Lau, Brad	Linfield College	23.40
13	300	Ewens, Forrest	Whitworth College	23.50

14	418	Ordonez, Dylan	Willamette	23.67
15	201	Piago, Peter	Pacific	23.90
16	154	Albrecht, Andrew	Pacific Lutheran	23.91
17	319	Siemieniec, Joshua	Whitworth College	24.26
18	289	Baker, Derek	Whitworth College	24.42
19	299	Evans, Robert	Whitworth College	24.63
20	324	Westlund, Andrew	Whitworth College	24.69

Event 32 ... (Men 200 Meter Dash Prelims)

Comp#	Name	School	Seed Time
21	290 Bayens, Joshua	Whitworth College	25.39
22	294 Clark, Jesse	Whitworth College	25.71

Event 33 Men 400 Meter Dash Prelims

NWC Record: 47.86 1973 Carl Shaw, Linfield
Stadium: 46.87 4/17/1999 Derek Prior, Unattached
NCAA Auto: 47.50
NCAA Provo: 48.50

Comp#	Name	School	Seed Time
1	43 Sprunger, Ryan	George Fox	49.21
2	430 Thomas, Everett	Willamette	49.89
3	422 Roesler, Brian	Willamette	50.04
4	131 Taylor, Casey	Linfield College	50.17
5	41 Rasmussen, Jesse	George Fox	50.22
6	170 Peterson, Scott	Pacific Lutheran	50.59
7	399 Jones, Nathan	Willamette	50.64
8	389 Decherd, Ben	Willamette	50.72
9	300 Ewens, Forrest	Whitworth College	51.10
10	39 Priester, Josh	George Fox	51.18
11	119 Legary, Tyler	Linfield College	51.26
12	319 Siemieniec, Joshua	Whitworth College	51.33
13	402 Kenagy, Dan	Willamette	51.44
14	247 Vanni, Matt	Puget Sound	51.53
15	403 Knudson, Grant	Willamette	51.81
16	246 U'Ren, Ben	Puget Sound	52.70
17	293 Burke, Peter	Whitworth College	53.46
18	289 Baker, Derek	Whitworth College	54.21
19	294 Clark, Jesse	Whitworth College	55.63
20	290 Bayens, Joshua	Whitworth College	56.64

Event 34 Men 800 Meter Run Prelims

NWC Record: 1:51.55 1974 John Leier, Whitman
Stadium: 1:50.6h 4/20/1991 Ted Hamlin, SPU
NCAA Auto: 1:51.30
NCAA Provo: 1:53.60

Comp#	Name	School	Seed Time
1	429 Symmonds, Nick	Willamette	1:52.24
2	422 Roesler, Brian	Willamette	1:53.71
3	395 Gimenez, Tyler	Willamette	1:55.54
4	317 Sauer, Kristofor	Whitworth College	1:55.72
5	320 Stevick, Jesse	Whitworth College	1:56.42
6	44 Sticka, Ryan	George Fox	1:57.17

7	298	Cooper, Brooks	Whitworth College	1:57.34
8	72	McCann, Jarrod	Lewis & Clark	1:57.54
9	402	Kenagy, Dan	Willamette	1:57.62
10	68	Foote, Adam	Lewis & Clark	1:58.44
11	244	Sellon, Tyler	Puget Sound	1:58.87
12	311	Pasma, Jonathan	Whitworth College	1:58.96
13	22	Cobb, Bryan	George Fox	1:59.02
14	303	Grassley, Jeff	Whitworth College	1:59.06
15	166	Nugent, Tyler	Pacific Lutheran	1:59.54

Event 34 ... (Men 800 Meter Run Prelims)

Comp#	Name	School	Seed Time
16	127	Parlee, Nick	Linfield College	1:59.56
17	246	U'Ren, Ben	Puget Sound	1:59.84
18	114	Killgore, Mike	Linfield College	2:00.03
19	302	Grahlfs, Phil	Whitworth College	2:00.16
20	247	Vanni, Matt	Puget Sound	2:01.54
21	192	Hackett, Zach	Pacific	2:01.64
22	25	Dort, Ben	George Fox	2:03.04
23	38	Paine, Andrew	George Fox	2:05.47

Event 35 Men 1500 Meter Run

NWC Record: 3:49.34 1977 Tim Williams, Linfield
Stadium: 3:52.10 4/23/1988 Todd Bearny, Highline CC
NCAA Auto: 3:50.60
NCAA Provo: 3:56.00

Comp#	Name	School	Seed Time
1	428	Stout, Jacob	Willamette	3:51.94
2	397	Hollingshead, Aaron	Willamette	3:54.45
3	239	McLean, Dan	Puget Sound	3:57.47
4	420	Overby, Scott	Willamette	3:59.14
5	395	Gimenez, Tyler	Willamette	4:03.31
6	320	Stevick, Jesse	Whitworth College	4:03.52
7	109	Ginanni, Joe	Linfield College	4:03.60
8	433	Vieyra, Julio	Willamette	4:05.82
9	156	Brown, Ben	Pacific Lutheran	4:05.90
10	391	Evans, Micah	Willamette	4:06.24
11	303	Grassley, Jeff	Whitworth College	4:07.68
12	400	Kaczmarek, Joseph	Willamette	4:10.00
13	419	Osborne, Jonathan	Willamette	4:11.84
14	408	Leipzig, Ben	Willamette	4:13.04
15	36	Moe, Jake	George Fox	4:13.11
16	173	Savala, Travis	Pacific Lutheran	4:13.20
17	421	Palabrica, John	Willamette	4:16.27
18	409	Lucas-Roberts, Conor	Willamette	4:18.40
19	302	Grahlfs, Phil	Whitworth College	4:20.87

Event 36 Men 3000 Meter Steeplechase

NWC Record: 9:08.14 1979 Kelly Sullivan, Willamette
Stadium: 9:01.0h 4/18/1998 Eric Tollefson, Unattached
NCAA Auto: 9:06.40
NCAA Provo: 9:23.50

Comp#	Name	School	Seed Time

1	428	Stout, Jacob	Willamette	9:01.11
2	397	Hollingshead, Aaron	Willamette	9:08.34
3	37	Owen, Michael	George Fox	9:16.24
4	420	Overby, Scott	Willamette	9:21.75
5	396	Harris, Travis	Willamette	9:31.51
6	390	Edson, Josh	Willamette	9:47.07
7	116	Lana, Justin	Linfield College	9:51.97
8	436	Welsh, Mark	Willamette	9:53.34
9	438	Zeiger, Ben	Willamette	9:54.64
10	174	Thompson, Payton	Pacific Lutheran	9:54.90

Event 36 ... (Men 3000 Meter Steeplechase)

	Comp#	Name	School	Seed Time
11	391	Evans, Micah	Willamette	9:56.84
12	297	Coe, Andy	Whitworth College	9:57.64
13	409	Lucas-Roberts, Conor	Willamette	9:57.84
14	69	Henry, Alex	Lewis & Clark	9:58.86
15	75	Schoeneman, Brian	Lewis & Clark	10:04.39
16	126	Olson, Peter	Linfield College	10:25.20
17	71	Klein, Nile	Lewis & Clark	10:35.59
18	304	Harris, Kirk	Whitworth College	10:51.86
19	419	Osborne, Jonathan	Willamette	10:53.24
20	286	Annis, Gregory	Whitworth College	11:43.54

Event 37 Men 5000 Meter Run

NWC Record: 14:29.94 1983 Kris Mueller, Linfield
Stadium: 14:11.8h 5/1/1974 Jim Johnson, CNW
NCAA Auto: 14:26.00
NCAA Provo: 14:50.00

	Comp#	Name	School	Seed Time
1	428	Stout, Jacob	Willamette	14:22.28
2	239	McLean, Dan	Puget Sound	14:39.72
3	420	Overby, Scott	Willamette	14:43.15
4	242	Prince, Frank	Puget Sound	14:58.00
5	397	Hollingshead, Aaron	Willamette	15:00.57
6	385	Brown, Brendan	Willamette	15:17.17
7	437	Young, Aaron	Willamette	15:29.57
8	390	Edson, Josh	Willamette	15:32.83
9	155	Bangerter, Floyd	Pacific Lutheran	15:37.58
10	396	Harris, Travis	Willamette	15:39.56
11	156	Brown, Ben	Pacific Lutheran	15:39.82
12	433	Vieyra, Julio	Willamette	15:40.06
13	291	Blackburn, Douglas	Whitworth College	15:45.85
14	37	Owen, Michael	George Fox	15:48.87
15	243	Reichert, Kota	Puget Sound	15:49.02
16	128	Sasaki, Kent	Linfield College	15:50.55
17	174	Thompson, Payton	Pacific Lutheran	15:51.63
18	240	O'Dea, James	Puget Sound	15:51.73
19	194	Henson, Josh	Pacific	15:54.59
20	296	Coe, Aaron	Whitworth College	15:55.99
21	386	Butler, Josh	Willamette	15:57.54

22	400	Kaczmarek, Joseph	Willamette	15:58.45
23	238	Mayers, Nick	Puget Sound	15:59.96
24	167	Oswald, Adam	Pacific Lutheran	16:03.03
25	116	Lana, Justin	Linfield College	16:04.75
26	409	Lucas-Roberts, Conor	Willamette	16:07.13
27	384	Boyd, Wyatt	Willamette	16:08.86
28	134	Warren, Kelly	Linfield College	16:09.19
29	73	Mears, Ty	Lewis & Clark	16:14.74
30	416	O'Brien, Nathan	Willamette	16:18.70
31	419	Osborne, Jonathan	Willamette	16:19.07
32	421	Palabrica, John	Willamette	16:25.66
33	297	Coe, Andy	Whitworth College	16:27.60

Event 37 ... (Men 5000 Meter Run)

	Comp#	Name	School	Seed Time
34	36	Moe, Jake	George Fox	16:35.17
35	23	Delmore, David	George Fox	16:59.09
36	301	Foster, Nick	Whitworth College	17:00.00
37	286	Annis, Gregory	Whitworth College	17:57.86

Event 38 Men 10000 Meter Run

NWC Record: 30:28.84 1983 Kris Mueller, Linfield
Stadium: 30:59.8h 4/23/1988 Mike White, CNW
NCAA Auto: 30:24.00
NCAA Provo: 31:20.00

	Comp#	Name	School	Seed Time
1	242	Prince, Frank	Puget Sound	31:50.65
2	385	Brown, Brendan	Willamette	32:15.34
3	155	Bangerter, Floyd	Pacific Lutheran	32:59.23
4	243	Reichert, Kota	Puget Sound	33:17.43
5	194	Henson, Josh	Pacific	33:31.64
6	238	Mayers, Nick	Puget Sound	33:32.92
7	296	Coe, Aaron	Whitworth College	33:51.64
8	240	O'Dea, James	Puget Sound	33:54.14
9	400	Kaczmarek, Joseph	Willamette	33:58.44
10	408	Leipzig, Ben	Willamette	33:58.94
11	416	O'Brien, Nathan	Willamette	33:59.64
12	134	Warren, Kelly	Linfield College	34:03.44
13	386	Butler, Josh	Willamette	34:13.04
14	384	Boyd, Wyatt	Willamette	34:14.14
15	410	Lucas-Roberts, Peter	Willamette	34:27.74
16	73	Mears, Ty	Lewis & Clark	34:35.27
17	36	Moe, Jake	George Fox	34:55.84
18	421	Palabrica, John	Willamette	35:25.54
19	74	Mercer, Logan	Lewis & Clark	36:12.57
20	301	Foster, Nick	Whitworth College	36:30.54
21	286	Annis, Gregory	Whitworth College	38:36.70

Event 39 Men 110 Meter Hurdles Prelims

NWC Record: 14.41 1994 Nolan Toso, PLU
Stadium: 14.1h 6/3/1967 Bill Roe, UW
NCAA Auto: 14.40

NCAA Provo: 14.90

	Comp#	Name	School	Seed Time
1	393	Garrelts, Brennan	Willamette	15.28
2	31	Harris, Seth	George Fox	15.32
3	105	Fipps, Jesse	Linfield College	15.55
4	412	May, Tyler	Willamette	15.64
5	163	Jensen, Erik	Pacific Lutheran	15.70
6	418	Ordonez, Dylan	Willamette	15.80
7	24	Dillow, Ben	George Fox	15.98
8	229	Dumm, Ryan	Puget Sound	16.23
9	312	Patterson, Jordan	Whitworth College	16.64
10	76	Staveland, Jovon	Lewis & Clark	16.88
11	176	Wauters, Michael	Pacific Lutheran	16.93
12	425	Sierra, Scott	Willamette	17.53

Event 40 Men 400 Meter Hurdles Prelims

NWC Record: 52.30 5/3/1997 David Parker, George Fox
Stadium: 53.11 4/20/1991 Goreal Hudson, CWU
NCAA Auto: 52.20
NCAA Provo: 54.00

	Comp#	Name	School	Seed Time
1	31	Harris, Seth	George Fox	53.04
2	202	Setere, Lucas	Pacific	53.29
3	169	Payne, Jon	Pacific Lutheran	55.76
4	105	Fipps, Jesse	Linfield College	56.12
5	393	Garrelts, Brennan	Willamette	56.34
6	29	Guelfi, Eddie	George Fox	58.66
7	118	Law, Don	Linfield College	58.70
8	392	Flachsbart, Joel	Willamette	59.33
9	26	Eichenberger, Ben	George Fox	59.37
10	308	Jackson, Adam	Whitworth College	59.63
11	229	Dumm, Ryan	Puget Sound	1:01.09
12	322	Wall, Ryan	Whitworth College	1:03.84
13	200	Mollier, Derek	Pacific	1:05.54

Event 41 Men 4x100 Meter Relay

NWC Record: 41.72 5/6/2000 Whitworth, Whitworth
Miyamoto,McDonnell,Ochi,Robnett
Stadium: 41.40 4/17/1993 Western Oregon, Western Oregon State
NCAA Auto: 41.10
NCAA Provo: 42.00

	Comp#	Team	Relay	Seed Time
1		George Fox University	A	42.08
2		Linfield College	A	42.73
3		Whitworth College	A	42.80
4		Willamette University	A	43.81
5		Pacific Lutheran Univeristy	A	44.60
6		Lewis & Clark College	A	44.74
7		University Puget Sound	A	45.05
8		Pacific University (Ore.)	A	46.06

Event 42 Men 4x400 Meter Relay

Keith Lazelle,Stu Minors,Taly Mundo,Carl Shaw

Stadium: 3:16.67 4/18/1992 CWU, Central Washington Univ.
NCAA Auto: 3:13.70
NCAA Provo: 3:17.50

Comp#	Team	Relay	Seed Time
1	George Fox University	A	3:16.14
2	Willamette University	A	3:21.57
3	Linfield College	A	3:24.54
4	Whitworth College	A	3:26.37
5	University Puget Sound	A	3:28.40
6	Lewis & Clark College	A	3:28.64
7	Pacific University (Ore.)	A	3:30.23
8	Pacific Lutheran Univeristy	A	3:30.40

Event 43 Men High Jump

NWC Record: 2.09m 5/2/1997 Travis Olson, Linfield
Stadium: 2.10m 4/10/2004 jEFF sKIBA, Highline TC
NCAA Auto: 2.12m
NCAA Provo: 2.01m

Comp#	Name	School	Seed Mark
405	Larsen, Zach	Willamette	2.07m
112	Hazenberg, Brandon	Linfield College	2.03m
236	Kramer, Brian	Puget Sound	1.95m
48	Yeager, Brett	George Fox	1.90m
111	Gohl, Andrew	Linfield College	1.90m
135	Warrick, Jesse	Linfield College	1.89m
412	May, Tyler	Willamette	1.89m
199	Metoyer, Kynan	Pacific	1.88m
293	Burke, Peter	Whitworth College	1.88m
24	Dillow, Ben	George Fox	1.87m
312	Patterson, Jordan	Whitworth College	1.86m
325	Williams, Nathan	Whitworth College	1.85m
137	Zimbrick, Matt	Linfield College	1.84m
198	Mellow, Zach	Pacific	1.83m
65	Bianchi, Steve	Lewis & Clark	1.83m
417	Oost, Jay	Willamette	1.83m

Event 44 Men Pole Vault

NWC Record: 5.18m 1994 Curt Heywood, Linfield
Stadium: 5.03m 4/18/1992 Curt Heywood, Linfield
NCAA Auto: 5.03m
NCAA Provo: 4.63m

Comp#	Name	School	Seed Mark
231	Gause, Greg	Puget Sound	4.57m
414	McNeil, Brett	Willamette	4.57m
133	Tiogangco, Dayson	Linfield College	4.55m
426	Sommers, Zach	Willamette	4.26m
232	Greene, Burch	Puget Sound	4.20m
312	Patterson, Jordan	Whitworth College	4.13m
398	James, Matthias	Willamette	4.11m
415	Montgomery, Charles	Willamette	4.11m
39	Priester, Josh	George Fox	4.00m

10	24	Dillow, Ben	George Fox	3.90m
11	412	May, Tyler	Willamette	3.90m
12	30	Haehlen, Andy	George Fox	3.82m
13	47	Wymore, Nick	George Fox	3.80m
14	130	Stempel, Andrew	Linfield College	3.65m
15	322	Wall, Ryan	Whitworth College	3.53m

Event 45 Men Long Jump

NWC Record: 7.31m 1973 Randy Fike, Lewis & Clark
Stadium: 7.30m 4/22/1995 Rob Rising, CWU
NCAA Auto: 7.28m
NCAA Provo: 6.90m

Comp#	Name	School	Seed Mark
1	435 Welsch, Jonas	Willamette	7.16m
2	40 Puckett, Adam	George Fox	7.12m

Event 45 ... (Men Long Jump)

Comp#	Name	School	Seed Mark
3	112 Hazenberg, Brandon	Linfield College	6.80m
4	125 Nicholson, Cameron	Linfield College	6.74m
5	163 Jensen, Erik	Pacific Lutheran	6.63m
6	137 Zimbrick, Matt	Linfield College	6.49m
7	45 Vela, Emilio	George Fox	6.46m
8	39 Priester, Josh	George Fox	6.41m
9	236 Kramer, Brian	Puget Sound	6.39m
10	46 Wadlow, Bryan	George Fox	6.36m
11	394 Gillespie, KC	Willamette	6.32m
12	388 Carter, Stephen	Willamette	6.31m
13	387 Canton, Letwon	Willamette	6.26m
14	306 Hinton, Ian	Whitworth College	6.19m
15	293 Burke, Peter	Whitworth College	6.18m
16	121 Love, Tim	Linfield College	6.12m
17	35 Maves, Drew	George Fox	6.11m

Event 46 Men Triple Jump

NWC Record: 14.97m 1984 Tommy Stewart, Whitworth
Stadium: 50-05 4/17/1993 James McCann, Western Oregon College
NCAA Auto: 14.90m
NCAA Provo: 14.10m

Comp#	Name	School	Seed Mark
1	40 Puckett, Adam	George Fox	14.11m
2	387 Canton, Letwon	Willamette	14.01m
3	45 Vela, Emilio	George Fox	13.65m
4	236 Kramer, Brian	Puget Sound	13.52m
5	76 Staveland, Jovon	Lewis & Clark	13.26m
6	46 Wadlow, Bryan	George Fox	12.95m
7	21 Beatty, Doug	George Fox	12.89m
8	306 Hinton, Ian	Whitworth College	12.85m
9	125 Nicholson, Cameron	Linfield College	12.84m
10	65 Bianchi, Steve	Lewis & Clark	12.78m
11	137 Zimbrick, Matt	Linfield College	12.74m
12	319 Siemieniec, Joshua	Whitworth College	12.63m

13	35	Maves, Drew	George Fox	12.55m
14	135	Warrick, Jesse	Linfield College	12.52m

Event 47 Men Shot Put

NWC Record: 17.36m 1973 Randy Shipley, PLU
Stadium: 57-04 6/3/1967 John Allamano, UW
NCAA Auto: 17.11m
NCAA Provo: 15.45m

Comp#	Name	School	Seed Mark
1	132 Thron, Andrew	Linfield College	15.37m
2	160 Harden, Adam	Pacific Lutheran	15.17m
3	411 Matlock, Nate	Willamette	15.03m
4	120 Lockhart, Bo	Linfield College	15.02m
5	161 Holden, Andy	Pacific Lutheran	14.83m
6	314 Richard, Austin	Whitworth College	14.64m
7	122 Miles, Chris	Linfield College	14.38m
8	165 Kakaley, Quintan	Pacific Lutheran	14.26m

Event 47 ... (Men Shot Put)

Comp#	Name	School	Seed Mark
9	172 Renne, Mark	Pacific Lutheran	14.09m
10	34 Malcolm, David	George Fox	13.88m
11	111 Gohl, Andrew	Linfield College	13.87m
12	164 Johnson, Michael	Pacific Lutheran	13.76m
13	310 Neely, Tyler	Whitworth College	13.76m
14	162 Holloway, Andrew	Pacific Lutheran	13.75m
15	285 Anderson, Matthew	Whitworth College	13.22m
16	188 Blem, Dale	Pacific	12.62m
17	227 Clements, Rob	Puget Sound	12.53m
18	406 LaRue, Jerry	Willamette	12.06m
19	434 Vogt, Jayson	Willamette	11.38m

Event 48 Men Discus Throw

NWC Record: 53.38m 4/30/1999 Luke Jacobson, PLU
Stadium: 52.84m 6/4/1966 Al Pemberton, UW
NCAA Auto: 53.21m
NCAA Provo: 47.47m

Comp#	Name	School	Seed Mark
1	411 Matlock, Nate	Willamette	46.00m
2	158 Haakenson, Dan	Pacific Lutheran	44.66m
3	164 Johnson, Michael	Pacific Lutheran	43.56m
4	162 Holloway, Andrew	Pacific Lutheran	41.91m
5	122 Miles, Chris	Linfield College	41.67m
6	115 Kleffner, Jake	Linfield College	41.03m
7	161 Holden, Andy	Pacific Lutheran	40.92m
8	39 Priester, Josh	George Fox	40.40m
9	132 Thron, Andrew	Linfield College	39.98m
10	110 Gleason, Derrick	Linfield College	39.88m
11	120 Lockhart, Bo	Linfield College	39.59m
12	188 Blem, Dale	Pacific	39.54m
13	295 Clegern, Will	Whitworth College	39.46m
14	108 Gallop, Cameron	Linfield College	39.42m

15	285	Anderson, Matthew	Whitworth College	39.30m
16	412	May, Tyler	Willamette	39.29m
17	28	Gottfried, Greg	George Fox	38.95m
18	394	Gillespie, KC	Willamette	38.89m
19	136	Woods, Chris	Linfield College	38.20m
20	313	Pauls, Clark	Whitworth College	37.98m
21	406	LaRue, Jerry	Willamette	37.89m
22	434	Vogt, Jayson	Willamette	34.48m

Event 49 Men Javelin Throw

NWC Record: 65.91m 1987 Craig Stelling, PLU
Stadium: 64.32m 4/18/1992 Ken Weinberg, Linfield
NCAA Auto: 63.40m
NCAA Provo: 57.40m

Comp#	Name	School	Seed Mark
1	27	Gassaway, Matt	George Fox	61.99m
2	287	Arenas, Brandon	Whitworth College	58.39m
3	123	Mills, Mike	Linfield College	57.90m
4	124	Mills, Steve	Linfield College	56.85m

Event 49 ... (Men Javelin Throw)

Comp#	Name	School	Seed Mark
5	187	Bednar, David	Pacific	54.10m
6	111	Gohl, Andrew	Linfield College	53.69m
7	196	Keeler, Jason	Pacific	53.23m
8	70	Kaiel, Nick	Lewis & Clark	52.86m
9	322	Wall, Ryan	Whitworth College	52.59m
10	105	Fipps, Jesse	Linfield College	52.00m
11	309	Lual, Anderia	Whitworth College	51.86m
12	32	Hultberg, Nick	George Fox	50.24m
13	171	Pyle, Casey	Pacific Lutheran	49.27m
14	295	Clegern, Will	Whitworth College	47.44m

Event 50 Men Hammer Throw

NWC Record: 58.93m 1994 Jason Thiel, PLU
Stadium: 64.84m 4/23/1988 Neil Kneip, Unattached
NCAA Auto: 57.55m
NCAA Provo: 50.60m

Comp#	Name	School	Seed Mark
1	158	Haakenson, Dan	Pacific Lutheran	54.40m
2	411	Matlock, Nate	Willamette	53.54m
3	423	Sandbo, Bill	Willamette	51.91m
4	164	Johnson, Michael	Pacific Lutheran	51.56m
5	28	Gottfried, Greg	George Fox	49.06m
6	162	Holloway, Andrew	Pacific Lutheran	47.14m
7	161	Holden, Andy	Pacific Lutheran	45.96m
8	321	Stewart, Chris	Whitworth College	45.29m
9	132	Thron, Andrew	Linfield College	43.33m
10	34	Malcolm, David	George Fox	43.18m
11	113	Hill, Mike	Linfield College	43.18m
12	66	Boss, Dimitri	Lewis & Clark	41.04m
13	123	Mills, Mike	Linfield College	39.99m
14	314	Richard, Austin	Whitworth College	39.22m

15	313	Pauls, Clark	Whitworth College	38.80m
16	188	Blem, Dale	Pacific	36.56m
17	434	Vogt, Jayson	Willamette	31.57m

Event 51 Men Decathlon

NWC Record:	**7225**	**4/15/1997**	**Karl Lerum, PLU**
Stadium:	**6649**	**3/24/1992**	**Sean Harrington, Univ. Montana**
NCAA Auto:	**6550**		
NCAA Provo:	**6000**		

Comp#	Name	School	Points
1	320	Stevick, Jesse	Whitworth College	NP
2	231	Gause, Greg	Puget Sound	NP
3	111	Gohl, Andrew	Linfield College	NP
4	322	Wall, Ryan	Whitworth College	NP
5	312	Patterson, Jordan	Whitworth College	NP
6	293	Burke, Peter	Whitworth College	NP
7	24	Dillow, Ben	George Fox	NP
8	39	Priester, Josh	George Fox	NP
9	412	May, Tyler	Willamette	NP
10	105	Fipps, Jesse	Linfield College	NP

Event 51 ... (Men Decathlon)

Comp#	Name	School	Points
11	163	Jensen, Erik	Pacific Lutheran	NP
12	112	Hazenberg, Brandon	Linfield College	NP

9th GFU DISTANCE CARNIVAL AND ALL-COMERS
April 9-10, 2004

Colcord Field, Newberg
Ideal weather conditions

WOMEN

Women 100 Meter Dash

1	Erickson, Brooke	George Fox Unive	13.01	##
2	Bartleman, Michelle	University of Al	13.03	
3	Miles, Shannon	George Fox Unive	13.21	##
4	Harper, Shanette	University of Al	13.28	
5	Smith, Janielle	Western Oregon U	13.40	
6	Bird, Jenna	Clackamas Commun	13.51	

Women 200 Meter Dash

1	Erickson, Brooke	George Fox Unive	26.74	** A
2	Miles, Shannon	George Fox Unive	27.14	##
3	Bartleman, Michelle	University of Al	27.74	
4	Wilson, Erin	Pacific Universi	27.94	
5	Harper, Shanette	University of Al	28.44	

Women 400 Meter Dash

1	Fuller, Chelsey	Clackamas Commun	1:02.01	
2	Gordon, Diana	University of Al	1:02.18	
3	Poggi, Jessica	Clackamas Commun	1:03.85	
4	Wilson, Erin	Pacific Universi	1:05.71	
5	Cox, Samantha	Clackamas Commun	1:11.83	

Women 800 Meter Run

1	Adams, Bethany	Una. Westside Chr. HS	2:26.45	
2	Poggi, Jessica	Clackamas Commun	2:28.47	
3	Minkler, Sarah	Warner Pacific C	2:30.29	
4	Pratt, Danielle	University of Al	2:30.88	
5	Harris, Whittney	George Fox Unive	2:32.49	**
6	Miller, Sara	George Fox Unive	2:34.61	
7	Cox, Samantha	Clackamas Commun	2:52.18	

Women 1500 Meter Dash

1	Massey, Kamie Jo	University of Al	4:53.7h	
2	Miller, Sara	George Fox Unive	5:08.8h	
3	Wells, Staci	Western Oregon U	5:09.7h	
4	Minkler, Sarah	Warner Pacific C	5:10.7h	
5	Smith, Jen	Western Oregon U	5:11.1h	
6	Geertz, Kara	George Fox Unive	5:33.2h	
7	Haydu, Anjuli	University of Al	5:44.9h	

Women 3000 Meter Run

1	Boyd, Leslie	Unattached	11:14.96	
2	Jertberg, Beth	George Fox Unive	11:50.47	##
3	Myers, Stephanie	University of Al	12:13.08	
4	Haydu, Anjuli	University of Al	12:37.05	

3000 Meter Steeplechase

1	Witt, Meryl	Linfield College	11:34.24	
2	Hall, Tery	Linfield College	11:34.44	
3	Wright, Bobbi	Willamette Unive	12:29.64	
4	Harris, Whittney	George Fox Unive	12:41.84	** A
	(#3 All-Time, #2 Frosh)			
5	Brady, Molly	Willamette Unive	12:49.54	
6	Moyer, Beth	George Fox Unive	13:23.14	
7	Lammers, Jessica	Willamette Unive	14:17.94	

Women 5000 Meter Run

1	Phimister, Molly	Willamette Unive	19:05.90
2	Beebe, Ellen	Willamette Unive	19:10.30
3	Passi, Tiffany	Clackamas Commun	19:18.80
4	Lindbo, Angela	Unattached	19:19.40
5	Treger, Kasey	Linfield College	19:59.50
6	Walker, Juline	Willamette Unive	20:22.64
7	Coulter, Amy	Willamette Unive	20:53.44
8	Squires, Aubrey	Willamette Unive	21:09.00

Women 10000 Meter Run

1	Rumore, Danya	Willamette Unive	36:03.74	
	(MEET AND FIELD RECORD)			
2	Muren, Natalie	Willamette Unive	37:40.24	
3	Steinbrugger, Kendra	St. Martin's	40:54.04	
4	Shosky, Shana	Pacific Universi	40:58.84	
5	Goeres, Janelle	George Fox Unive	42:35.54	## A
6	Hatch, Natalie	Willamette Unive	43:22.04	
7	Lichtenwalter, Kat	Pacific Universi	46:00.14	

100 Meter Hurdles

1	Kinney, Erin	Warner Pacific C	16.34	
2	Harper, Shanette	University of Al	16.43	
3	Brown, Julie	George Fox Unive	17.04	##
4	Finney, Lindsay	George Fox Unive	17.45	##
5	Pitchlynn, Rachel	Cascade College	17.71	
6	Barker, Brooke	Pacific Universi	18.44	
7	Buck, Tiana	Warner Pacific C	20.42	

Women 400 Meter Hurdles

1	Bird, Jenna	Clackamas Commun	1:08.07	
2	Brown, Julie	George Fox Unive	1:10.82	
3	Pitchlynn, Rachel	Cascade College	1:11.90	
4	Finney, Lindsay	George Fox Unive	1:14.88	

Women 4x100 Meter Relay

1	Western Oregon University 'A'	51.71	
	(Run from 3 turn stagger)		

Women 4x400 Meter Relay

1	University of Alaska-Anchorage	4:19.57	
2	George Fox University	4:30.23	
	(Erickson-63.3**; Brown-66.9##; Geertz-73.4##; Miller-66.4##)		

Women High Jump

1	Forbes, Michelle	George Fox Unive	1.64m	5-04.50	
2	Kinney, Erin	Warner Pacific C	1.59m	5-02.50	
3	Fuller, Chelsey	Clackamas Commun	J1.59m	5-02.50	
4	Gillespie, Kasie	Clackamas Commun	1.49m	4-10.50	
5	Brown, Julie	George Fox Unive	1.44m	4-08.75	
6	McLaughlin, Kadee	Pacific Universi	J1.44m	4-08.75	
7	Archibald, Mary	Unattached	1.39m	4-06.75	

Women Pole Vault

1	Roberts, Emily	Unattached	3.65m	11-11.75	
2	Sasaki, Sarah	Unattached	3.50m	11-05.75	
3	Sherier, Chelsea	Unattached	J3.50m	11-05.75	
4	Black, Tori	George Fox Unive	2.75m	9-00.25	
5	Smith, Janielle	Western Oregon U	J2.75m	9-00.25	

Women Long Jump

1	Gillespie, Kasie	Clackamas Commun	5.41m	17-09.00	
2	Leslie, Paula	Oregon State TC	5.37m	17-07.50	
3	Kendall, Julie	Western Oregon U	5.17m	16-11.50	
4	Forbes, Michelle	George Fox Unive	5.10m	16-08.75	** A
5	Bartleman, Michelle	University of Al	5.05m	16-07.00	
6	Gordon, Diana	University of Al	4.89m	16-00.50	
7	Buck, Tiana	Warner Pacific C	4.14m	13-07.00	

Women Triple Jump

1	McLaughlin, Kadee	Pacific Universi	9.31m	30-06.50

Women Shot Put

1	Lynch, Chevonna	Western Oregon U	12.60m	41-04.25
2	Va ndervelden, Alicia	Western Oregon U	12.49m	40-11.75
3	Houston, Jessica	University of Al	11.54m	37-10.50
3	Smalley, Audra	Cascade College	11.54m	37-10.50
5	Boschee, Kerby	Clackamas Commun	10.85m	35-07.25
6	Sprauer, Nicole	Clackamas Commun	10.71m	35-01.75
7	Arnall, Dee Dee	Pacific Universi	10.25m	33-07.50
8	Cederberg, Jaci	Western Oregon U	10.24m	33-07.25
9	Henson, Poha	George Fox Unive	9.64m	31-07.50

Women Discus Throw

1	Boschee, Kerby	Clackamas Commun	37.48m	122-11
2	Cederberg, Jaci	Western Oregon U	36.18m	118-08
3	Houston, Jessica	University of Al	35.91m	117-10
4	Va ndervelden, Alicia	Western Oregon U	35.74m	117-03
5	Lofting, Rachael	Clackamas Commun	34.49m	113-02
6	Lynch, Chevonna	Western Oregon U	33.72m	110-07
7	Merz, Mehgan	Pacific Universi	33.21m	108-11
8	Blankenship, Lindsey	George Fox Unive	26.81m	87-11
9	Henson, Poha	George Fox Unive	26.57m	87-02

Women Javelin Throw

1	Sprauer, Nicole	Clackamas Commun	39.73m	130-04
2	Arnall, Dee Dee	Pacific Universi	39.63m	130-00
3	Hunt, Sara	Western Oregon U	38.66m	126-10
4	Cederberg, Jaci	Western Oregon U	31.70m	104-00
5	Owens, Kristi	Unattached	31.61m	103-08
6	Black, Tori	George Fox Unive	30.33m	99-06
7	Buck, Tiana	Warner Pacific C	28.92m	94-10
8	Barker, Brooke	Pacific Universi	28.75m	94-04
9	Erickson, Brooke	George Fox Unive	24.22m	79-05 ##

Women Hammer Throw

1	Dunkin, Jennifer	Unattached	51.08m	167-07
2	Hepler, Kristin	Western Oregon U	49.05m	160-11
3	Cederberg, Jaci	Western Oregon U	48.93m	160-06
4	Sprauer, Nicole	Clackamas Commun	42.84m	140-07
5	Ingram, Allison	Pacific Universi	37.94m	124-06
6	Henson, Poha	George Fox Unive	35.70m	117-01
7	Boschee, Kerby	Clackamas Commun	34.10m	111-10
8	Va ndervelden, Alicia	Western Oregon U	33.56m	110-01
-	Blankenship, Lindsey	George Fox Unive	29.84m	97-11

INDIVIDUAL SCORING:

Erickson 23, Brown 20, Forbes 15, Black, Miles and Miller 14, Jertberg, Finney and Harris 10, Geertz 5, Henson 4, Moyer 3, Blankenship 1

MEN

Men 100 Meter Dash

1	Coileman, Greg	Western Oregon U	10.91
2	Bernard, Brian	Clackamas Commun	11.01
3	Isfeld, Aric	Clackamas Commun	11.04
4	White, Tristan	Unattached	11.15
5	Cain, Josh	Clackamas Commun	11.17
6	Gitts, Derek	Western Oregon U	11.24
7	Maves, Drew	George Fox Unive	11.25 **
8	Jenkins, Mike	Clackamas Commun	11.29

Men 200 Meter Dash

1	Salisbury, Ben **(#2 Senior)**	George Fox Unive	21.37 ## B
2	Frederick, Isaac	Western Oregon U	21.80
3	Isfeld, Aric	Clackamas Commun	22.30
4	Coileman, Greg	Western Oregon U	22.46
5	White, Tristan	Unattached	22.57
6	Rasmussen, Jesse	George Fox Unive	22.84 **
7	Waller, Mike	Unattached	23.70
8	Newcomer, Charles	Clackamas Commun	23.95

Men 400 Meter Dash

1	Sprunger, Ryan	George Fox Unive	49.21	** A
2	Benson, Jeff	Western Oregon U	51.12	
3	Stupnitskiy, Anton	Warner Pacific C	51.41	
4	Wall, John	Cascade College	51.93	
5	Richards, Ryan	Clackamas Commun	52.03	
6	Vredenburg, Josh	Clackamas Commun	52.56	
7	Poorter, Nelacy	Western Oregon U	52.59	
8	Waller, Mike	Unattached	52.99	

Men 800 Meter Run

1	Sticka, Ryan	George Fox Unive	1:58.49	## A
2	Dickson, Aaron	University of Al	1:59.57	
3	Cobb, Bryan	George Fox Unive	1:59.68	**
4	Vredenburg, Josh	Clackamas Commun	1:59.88	
5	Nevarez, Eli	Clackamas Commun	2:01.58	
6	Poole, Eric	Unattached	2:02.51	
7	Dort, Ben	George Fox Unive	2:03.28	**
8	Poole, Kevin	Cascade College	2:03.78	
-	Paine, Andrew	George Fox Unive	2:06.46	

Men 1500 Meter Run

1	Abbott, Kalen	Warner Pacific C	3:58.63	10
2	Normandin, Nate	University of Al	3:59.52	8
3	Dickson, Aaron	University of Al	4:06.29	6
4	Dobra, Danny	Warner Pacific C	4:06.95	5
5	Nevarez, Eli	Clackamas Commun	4:09.86	4
6	Poole, Kevin	Cascade College	4:15.24	3
7	Fridley, Troy	Unattached	4:15.49	2
8	Walsh, Spencer	Western Oregon U	4:17.91	1

Men 3000 Meter Run

1	Loprinzi, Paul	Warner Pacific C	9:11.71	
2	Fridley, Troy	Unattached	9:28.35	
3	Clingan, Dave	Unattached	9:28.83	
4	Fasholz, Brent	Western Baptist	9:30.55	
5	Finney, Grant	Bruin Track Club	9:33.77	**
6	Delmore, David	George Fox Unive	9:50.80	##
7	Christian, David	Warner Pacific C	10:02.34	
8	Berney, Thomas	Western Baptist	10:28.81	

Men 3000 Meter Steeplechase

1	Hollingshead, Aaron	Willamette Unive	9:08.34	
	(MEET RECORD)			
2	Owen, Michael	George Fox Unive	9:16.24	** B
	(#6 All-Time, #3 Senior, better than old meet record)			
3	Workman, Brandon	Bruin Track Club	9:21.04	
4	Galeana, Miguel	Unattached	9:23.14	
5	Harris, Travis	Willamette Unive	9:35.74	
6	Welch, Mark	Willamette Unive	9:53.34	
7	Zeiger, Ben	Willamette Unive	9:54.64	
8	Evans, Micah	Willamette Unive	9:56.84	

Men 5000 Meter Run

1	Butkey, John	Clackamas Commun	15:24.00	
2	Nixon, Sean	Unattached	15:58.60	
3	Dorr, David	Western Baptist	16:09.00	
4	Lana, Justin	Linfield College	16:15.50	
5	O'Brien, Nate	Willamette Unive	16:18.70	
6	Boyd, Wyatt	Willamette Unive	16:31.70	
7	Mock, Larry	Bruin Track Club	18:37.00	

Men 10000 Meter Run

1	Brown, Brendan	Willamette Unive	32:15.10	
2	Vandervlugt, Tim	Unattached	32:24.50	
3	Dickson, Drew	University of Al	33:22.40	
4	Henson, Josh	Pacific Universi	33:31.40	
5	Klimek, Josh	Evergreen State	33:35.40	
6	Warren, Kelly	Linfield College	34:03.20	
7	Butler, Josh	Willamette Unive	34:12.80	
8	Hoogesteger, Carl	Unattached	34:35.70	
9	Moe, Jake	George Fox Unive	34:55.60	** A
--	Burg, Matt	George Fox Unive	NT	

Men 110 Meter Hurdles

1	Sexton, Troy	Clackamas Commun	14.97
2	Harris, Seth	George Fox Unive	15.32 **
	(#9 All-Time)		
3	Sameulu, TJ	Cascade College	15.41
4	Thorton, Chris	Western Oregon U	15.42
5	Hammonds, Eric	Warner Pacific C	16.45
6	Penman, Todd	Warner Pacific C	17.37

Men 400 Meter Hurdles

1	Harris, Seth	George Fox Unive	53.04 ** B
	(#5 All-Time, Frosh Class Record)		
2	Setere, Lucas	Pacific Universi	53.29
3	Ewing, Luke	Western Oregon U	56.79
4	Clarkston, Lee	Western Oregon U	57.17
5	Penman, Todd	Warner Pacific C	58.68
6	Guelfi, Eddie	George Fox Unive	58.74 **
7	McMahon, Colin	Western Oregon U	58.90
8	Sameulu, TJ	Cascade College	59.02

Men 4x100 Meter Relay

1	George Fox University	42.08 **
	(Maves, Harris, Bates, Sal	
	(#5 Fastest All-Time, Fastest in 25 years	
2	Western Oregon University	42.23
3	Warner Pacific College	45.39

Men 4x400 Meter Relay

	School	Finals	Points
1	George Fox University 'A'	3:16.14 ** B	
	(Rasmussen-49.9**; Salisbury-47.9##; Sprunger-49.7; Harris-48.7**)		
	(#7 All-Time. Only the 1996 and 1997 All-American teams have run faster and no other faster times have come before May 10th)		
2	George Fox University 'B'	3:24.20 **	
	(Guelfi-50.9; Sticka-51.0; Bates-50.1##; Paine-52.0##)		
3	Clackamas Community College 'A'	3:26.97	
4	Warner Pacific College 'A'	3:35.63	
5	Pacific University 'A'	3:37.07	
6	George Fox University 'C'	3:39.50 **	
	(Wymore-54.6**; Cobb-53.2**; Dort-55.6; Moe-56.1**)		

Men High Jump

1	Swim, Corey	Warner Pacific C	1.95m	6-04.75
2	Bodine, Brandon	Western Oregon U	1.90m	6-02.75
3	Yeager, Brett	George Fox Unive	1.85m	6-00.75
4	Mellow, Zach	Pacific Universi	1.80m	5-10.75
5	Ojala, Kai	Unattached	1.75m	5-08.75

Men Pole Vault

1	Cummings, Josh	Western Oregon U	4.70m	15-05.00
2	Bernard, Brian	Clackamas Commun	4.55m	14-11.00
3	Lohrmann, Cedric	Unattached	4.25m	13-11.25
4	Brewer, Tyrone	Western Oregon U	J4.25m	13-11.25
5	Haehlen, Andy	George Fox Unive	3.65m	11-11.75
--	Wymore, Nick	George Fox Unive	NH	

Men Long Jump

1	Puckett, Adam	George Fox Unive	7.12m	23-04.50 ** B
	(#3 All-Time, #2 Senior)			
2	Holland, Kreig	Clackamas Commun	6.81m	22-04.25
3	Hobbs, Sam	Western Oregon U	6.68m	21-11.00
4	Vela, Milo	George Fox Unive	6.46m	21-02.50 ** A
5	Bodine, Brandon	Western Oregon U	6.42m	21-00.75
6	Swim, Corey	Warner Pacific C	6.37m	20-10.75
7	Wadlow, Bryan	George Fox Unive	6.26m	20-06.50 ##
7	Sameulu, TJ	Cascade College	6.26m	20-06.50
-	Maves, Drew	George Fox Unive	5.75m	18-10.50

Men Triple Jump

1	Holland, Kreig	Clackamas Commun	13.93m	45-08.50	
2	Vela, Milo	George Fox Unive	13.65m	44-09.50	**
3	buchmeir, jason	Western Oregon U	13.09m	42-11.50	
4	Wadlow, Bryan	George Fox Unive	12.95m	42-06.00	##
5	Haga, Sean	Unattached	12.64m	41-05.75	
6	Maves, Drew	George Fox Unive	12.54m	41-01.75	**

Men Shot Put

1	Johnson, Kevin	Western Oregon U	14.41m	47-03.50
2	Utz, Marshall	Clackamas Commun	14.16m	46-05.50
3	Babcock, Collin	Western Oregon U	13.84m	45-05.00
4	Malcolm, David	George Fox Unive	13.43m	44-00.75
5	Aguilar, Carlos	Western Oregon U	13.09m	42-11.50
6	Jasmin, Brandon	Western Oregon U	13.08m	42-11.00
7	Mikolas, Alan	Western Oregon U	12.92m	42-04.75
8	Jurgis, Matt	Western Oregon U	12.78m	41-11.25

Men Discus Throw

1	Haines, Isaiah	Western Oregon U	49.28m	161-08	
2	Babcock, Collin	Western Oregon U	44.21m	145-00	
3	Jasmin, Brandon	Western Oregon U	42.18m	138-05	
4	Armdt, David	Clackamas Commun	39.82m	130-08	
5	Blem, Dale	Pacific Universi	39.54m	129-09	
6	Gottfried, Greg	George Fox Unive	37.51m	123-01	##
7	Aguilar, Carlos	Western Oregon U	37.45m	122-10	
8	Evans, Josh	University of Al	37.43m	122-10	
-	Hultberg, Nick	George Fox Unive	33.53m	110-00	
-	Malcolm, David	George Fox Unive	24.94m	81-10	##
--	Arnette, Eric	Cascade College	ND		

Men Javelin Throw

1	Powell, Stewart	Clackamas Commun	60.11m	197-02
2	Swim, Corey	Warner Pacific C	58.74m	192-08
3	Gassaway, Matt	George Fox Unive	58.63m	192-04
4	Kauffman, Casey	Clackamas Commun	57.78m	189-07
5	Sparks, Thomas	Clackamas Commun	56.80m	186-04
6	Eslinger, Colby	Western Oregon U	54.70m	179-05
7	Bednar, David	Pacific Universi	52.96m	173-09
8	Shearer, Gavin	Warner Pacific C	50.68m	166-03
-	Hultberg, Nick	George Fox Unive	46.36m	152-01

Men Hammer Throw

1	Dirks, Ryan	Unattached	58.93m	193-04
2	Howlett, Kelly	Unattached	45.60m	149-07
3	Jasmin, Brandon	Western Oregon U	44.93m	147-05
4	Aguilar, Carlos	Western Oregon U	42.40m	139-01
5	Holloway, Josh	Western Oregon U	41.30m	135-06
6	Reinhardt, Drew	Western Oregon U	38.88m	127-07
7	Armdt, David	Clackamas Commun	37.31m	122-05
8	Lewin, Casey	Western Oregon U	36.26m	118-11
-	Hultberg, Nick	George Fox Unive	36.07m	118-04
-	Malcolm, David	George Fox Unive	34.66m	113-08

INDIVIDUAL SCORING

Harris 23, Salisbury 15, Vela 13, Sprunger 12.5, Sticka 12, Puckett 10, Mayes 9.5, Owen 8, Wadlow 7, Cobb 6.75, Rasmussen 6.5, Malcolm, Gassaway, Delmore, Yeager, Guelfi and Haehlen 5, Bates 4.5, Dort 3.75, Gottfried and Paine 3, Moe 2.75, Hultberg 2, Wymore 0.75

Licensed to George Fox University Hy-Tek's Meet Manager 4/10/2004

Distance Carnival - 4/10/2004

4/10/2004

Results

Event 1 Women 100 Meter Dash

	Name	Year	School	Finals	Points
1	Erickson, Brooke		George Fox Unive	13.01	10
2	Bartleman, Michelle		University of Al	13.03	8
3	Miles, Shannon		George Fox Unive	13.21	6
4	Harper, Shanette		University of Al	13.28	5
5	Smith, Janielle		Western Oregon U	13.40	4
6	Bird, Jenna		Clackamas Commun	13.51	3

Event 2 Women 200 Meter Dash

	Name	Year	School	Finals	Points
1	Erickson, Brooke		George Fox Unive	26.5h	10
2	Miles, Shannon		George Fox Unive	26.9h	8
3	Bartleman, Michelle		University of Al	27.5h	6
4	Wilson, Erin		Pacific Universi	27.7h	5
5	Harper, Shanette		University of Al	28.2h	4
--	Galloway, Bonnie		Western Oregon U	NT	
--	Matthews, Mona		George Fox Unive	NT	

Event 3 Women 400 Meter Dash

	Name	Year	School	Finals	Points
1	Fuller, Chelsey		Clackamas Commun	1:02.01	10
2	Gordon, Diana		University of Al	1:02.18	8
3	Poggi, Jessica		Clackamas Commun	1:03.85	6
4	Wilson, Erin		Pacific Universi	1:05.71	5
5	Cox, Samantha		Clackamas Commun	1:11.83	4
--	Megale, Elise		Clackamas Commun	NT	

Event 4 Women 800 Meter Run

	Name	Year	School	Finals	Points
1	Adams, Bethany		Unattached	2:26.45	10
2	Poggi, Jessica		Clackamas Commun	2:28.47	8
3	Minkler, Sarah		Warner Pacific C	2:30.29	6
4	Pratt, Danielle		University of Al	2:30.88	5
5	Harris, Whittney		George Fox Unive	2:32.49	4
6	Miller, Sara		George Fox Unive	2:34.61	3
7	Cox, Samantha		Clackamas Commun	2:52.18	2
--	Rummell, Jennie		Western Oregon U	NT	
--	Fischer, Leighann		George Fox Unive	NT	
--	Megale, Elise		Clackamas Commun	NT	

Event 5 Women 1500 Meter Dash

	Name	Year	School	Finals	Points
1	Massey, Kamie Jo		University of Al	4:53.7h	10
2	Miller, Sara		George Fox Unive	5:08.8h	8
3	Wells, Staci		Western Oregon U	5:09.7h	6
4	Minkler, Sarah		Warner Pacific C	5:10.7h	5
5	Smith, Jen		Western Oregon U	5:11.1h	4
6	Geertz, Kara		George Fox Unive	5:33.2h	3
7	Haydu, Anjuli		University of Al	5:44.9h	2
--	Klettke, Kelsey		Unattached	NT	
--	Edwards, Stacey		University of Al	NT	
--	Harris, Whittney		George Fox Unive	NT	
--	Fischer, Leighann		George Fox Unive	NT	

Event 6 Women 3000 Meter Steeplechase

	Name	Year	School	Finals	Points
1	Witt, Meryl		Linfield College	11:34.00	10
2	Hall, Tery		Linfield College	11:34.20	8
3	Wright, Bobbi		Willamette Unive	12:29.40	6
4	Harris, Whittney		George Fox Unive	12:41.60	5
5	Brady, Molly		Willamette Unive	12:49.30	4
6	Moyer, Beth		George Fox Unive	13:22.90	3
7	Lammers, Jessica		Willamette Unive	14:17.70	2
--	Hulings, Tracy		Willamette Unive	NT	
--	Fischer, Leighann		George Fox Unive	NT	
--	Duby, Bekah		George Fox Unive	NT	

Event 7 Women 5000 Meter Run

	Name	Year	School	Finals	Points
1	Phimister, Molly		Willamette Unive	19:05.90	10
2	Beebe, Ellen		Willamette Unive	19:10.30	8
3	Passi, Tiffany		Clackamas Commun	19:18.80	6
4	Lindbo, Angela		Unattached	19:19.40	5
5	Treger, Kasey		Linfield College	19:59.50	4
6	Walker, Juline		Willamette Unive	20:01.70	3
7	Coultner, Amy		Willamette Unive	20:05.20	2
8	Squires, Aubrey		Willamette Unive	21:09.00	1
9	Tahb, Tracy		Unattached	21:40.50	
10	Schor, Debbie		Linfield College	21:45.30	
11	Plomski, Liesl		Evergreen State	22:14.20	
12	Weimar, Ashlee		Linfield College	22:26.70	
13	Fischer, Stephanie		Linfield College	22:31.40	
14	Glaubman, Jessie		Willamette Unive	23:43.50	
--	McClung, Shelan		Pacific Universi	NT	
--	Enell, Jessie		Willamette Unive	NT	
--	Ebright, Barrett		Willamette Unive	NT	
--	Adams, Ashley		Clackamas Commun	NT	

Event 8 Women 10000 Meter Run

	Name	Year	School	Finals	Points
1	Rumore, Danya		Willamette Unive	36:03.50	10
2	Muren, Natalie		Willamette Unive	37:40.00	8
3	Steinbrugger, Kendra		St. Martin's	40:53.80	6
4	Shosky, Shana		Pacific Universi	40:58.60	5
5	Goeres, Janelle		George Fox Unive	42:35.30	4
6	Hatch, Natalie		Willamette Unive	43:21.80	3
7	Lichtenwalter, Kat		Pacific Universi	45:59.90	2

Event 9 Women 100 Meter Hurdles

	Name	Year	School	Finals	Points
1	Kinney, Erin		Warner Pacific C	16.34	10
2	Harper, Shanette		University of Al	16.43	8
3	Brown, Julie		George Fox Unive	17.04	6
4	Finney, Lindsay		George Fox Unive	17.45	5
5	Pitchlynn, Rachel		Cascade College	17.71	4
6	Barker, Brooke		Pacific Universi	18.44	3
7	Buck, Tiana		Warner Pacific C	20.42	2

Event 10 Women 400 Meter Hurdles

	Name	Year	School	Finals	Points
1	Bird, Jenna		Clackamas Commun	1:08.07	10
2	Brown, Julie		George Fox Unive	1:10.82	8
3	Pitchlynn, Rachel		Cascade College	1:11.90	6
4	Finney, Lindsay		George Fox Unive	1:14.88	5

Event 11 Women 4x100 Meter Relay

	School	Finals	Points
1	Western Oregon University 'A'	51.71	10

Event 12 Women 4x400 Meter Relay

	School	Finals	Points
1	University of Alaska-Anchorage 'A'	4:19.57	10
2	George Fox University 'A'	4:30.23	8
--	Clackamas Community College 'A'	NT	

Event 13 Women High Jump

	Name	Year	School	Finals		Points
1	Forbes, Michelle		George Fox Unive	1.64m	5-04.50	10
2	Kinney, Erin		Warner Pacific C	1.59m	5-02.50	8
3	Fuller, Chelsey		Clackamas Commun	J1.59m	5-02.50	6
4	Gillespie, Kasie		Clackamas Commun	1.49m	4-10.50	5
5	Brown, Julie		George Fox Unive	1.44m	4-08.75	4
6	McLaughlin, Kadee		Pacific Universi	J1.44m	4-08.75	3
7	Archibald, Mary		Unattached	1.39m	4-06.75	2

Event 14 Women Pole Vault

	Name	Year	School	Finals		Points
1	Roberts, Emily		Unattached	3.65m	11-11.75	10
2	Sasaki, Sarah		Unattached	3.50m	11-05.75	8
3	Sherier, Chelsea		Unattached	J3.50m	11-05.75	6
4	Black, Tori		George Fox Unive	2.75m	9-00.25	5
5	Smith, Janielle		Western Oregon U	J2.75m	9-00.25	4
--	Campbell, Joan		Western Oregon U	NH		
--	Billings, Katie		Pacific Universi	NH		

Event 15 Women Long Jump

	Name	Year	School	Finals		Points
1	Gillespie, Kasie		Clackamas Commun	5.41m	17-09.00	10
2	Leslie, Paula		Oregon State TC	5.37m	17-07.50	8
3	Kendall, Julie		Western Oregon U	5.17m	16-11.50	6
4	Forbes, Michelle		George Fox Unive	5.10m	16-08.75	5
5	Bartleman, Michelle		University of Al	5.05m	16-07.00	4
6	Gordon, Diana		University of Al	4.89m	16-00.50	3
7	Buck, Tiana		Warner Pacific C	4.14m	13-07.00	2

Event 16 Women Triple Jump

	Name	Year	School	Finals		Points
1	McLaughlin, Kadee		Pacific Universi	9.31m	30-06.50	10
--	Kendall, Julie		Western Oregon U	ND		

Event 17 Women Shot Put

	Name	Year	School	Finals		Points
1	Lynch, Chevonna		Western Oregon U	12.60m	41-04.25	10
2	Va ndervelden, Alicia		Western Oregon U	12.49m	40-11.75	8
3	Houston, Jessica		University of Al	11.54m	37-10.50	5.5
3	Smalley, Audra		Cascade College	11.54m	37-10.50	5.5
5	Boschee, Kerby		Clackamas Commun	10.85m	35-07.25	4
6	Sprauer, Nicole		Clackamas Commun	10.71m	35-01.75	3
7	Arnall, Dee Dee		Pacific Universi	10.25m	33-07.50	2
8	Cederberg, Jaci		Western Oregon U	10.24m	33-07.25	1
9	Henson, Poha		George Fox Unive	9.64m	31-07.50	
10	Christenson, Melissa		Cascade College	9.31m	30-06.50	
11	Escobedo, Victoria		Unattached	8.85m	29-00.50	
--	Heavilin, Amber		Warner Pacific C	ND		
--	Blankenship, Lindsey		George Fox Unive	ND		

Event 18 Women Discus Throw

	Name	Year	School	Finals		Points
1	Boschee, Kerby		Clackamas Commun	37.48m	122-11	10
2	Cederberg, Jaci		Western Oregon U	36.18m	118-08	8
3	Houston, Jessica		University of Al	35.91m	117-10	6
4	Va ndervelden, Alicia		Western Oregon U	35.74m	117-03	5
5	Lofting, Rachael		Clackamas Commun	34.49m	113-02	4
6	Lynch, Chevonna		Western Oregon U	33.72m	110-07	3
7	Merz, Mehgan		Pacific Universi	33.21m	108-11	2
8	Blankenship, Lindsey		George Fox Unive	26.81m	87-11	1
9	Henson, Poha		George Fox Unive	26.57m	87-02	

--	Ingram, Allison	Pacific Universi	ND		
--	Loftirg, Ashlyn	Clackamas Commun	ND		
--	Heavilin, Amber	Warner Pacific C	ND		
--	Grotzke, Leah	Cascade College	DNF		

Event 19 Women Javelin Throw

	Name	Year School	Finals		Points
1	Sprauer, Nicole	Clackamas Commun	39.73m	130-04	10
2	Arnall, Dee Dee	Pacific Universi	39.63m	130-00	8
3	Hunt, Sara	Western Oregon U	38.66m	126-10	6
4	Cederberg, Jaci	Western Oregon U	31.70m	104-00	5
5	Owens, Kristi	Unattached	31.61m	103-08	4
6	Black, Tori	George Fox Unive	30.33m	99-06	3
7	Buck, Tiana	Warner Pacific C	28.92m	94-10	2
8	Barker, Brooke	Pacific Universi	28.75m	94-04	1
9	Erickson, Brooke	George Fox Unive	24.22m	79-05	

Event 20 Women Hammer Throw

	Name	Year School	Finals		Points
1	Dunkin, Jennifer	Unattached	51.08m	167-07	10
2	Hepler, Kristin	Western Oregon U	49.05m	160-11	8
3	Cederberg, Jaci	Western Oregon U	48.93m	160-06	6
4	Sprauer, Nicole	Clackamas Commun	42.84m	140-07	5
5	Ingram, Allison	Pacific Universi	37.94m	124-06	4
6	Henson, Poha	George Fox Unive	35.70m	117-01	3
7	Boschee, Kerby	Clackamas Commun	34.10m	111-10	2
8	Va ndervelden, Alicia	Western Oregon U	33.56m	110-01	1
9	Escobedo, Victoria	Unattached	31.59m	103-08	
10	Loftirg, Ashlyn	Clackamas Commun	31.17m	102-03	
11	Blankenship, Lindsey	George Fox Unive	29.84m	97-11	
--	Lynch, Chevonna	Western Oregon U	ND		

Event 22 Women 3000 Meter Run

	Name	Year School	Finals	Points
1	Boyd, Leslie	Unattached	11:14.96	10
2	Jertberg, Beth	George Fox Unive	11:50.47	8
3	Myers, Stephanie	University of Al	12:13.08	6
4	Haydu, Anjuli	University of Al	12:37.05	5
--	Brittian, Kaycee	Bruin Track Club	NT	
--	Bartell, Leslie	Clackamas Commun	NT	

Event 31 Men 100 Meter Dash

	Name	Year School	Finals	H#	Points
1	Coileman, Greg	Western Oregon U	10.91	1	10
2	Bernard, Brian	Clackamas Commun	11.01	1	8
3	Isfeld, Aric	Clackamas Commun	11.04	1	6
4	White, Tristan	Unattached	11.15	1	5
5	Cain, Josh	Clackamas Commun	11.17	1	4
6	Gitts, Derek	Western Oregon U	11.24	2	3
7	Maves, Drew	George Fox Unive	11.25	2	2
8	Jenkins, Mike	Clackamas Commun	11.29	1	1
9	Brame, Antar	Western Oregon U	11.38	1	
10	Holland, Kreig	Clackamas Commun	11.58	2	
11	Jones, Sean	Unattached	11.86	3	
12	Johnson, Javon	Cascade College	11.87	1	
13	Schmidt, Tyler	Clackamas Commun	11.91	3	
13	Hart, Danny	Western Oregon U	11.91	2	
15	Wyland, Chris	Warner Pacific C	11.93	2	
16	Mellow, Zach	Pacific Universi	12.24	3	
--	Wymore, Nick	George Fox Unive	NT	3	
--	Haehlen, Andy	George Fox Unive	NT	3	
--	Teague, Seth	Western Oregon U	NT	2	
--	Piago, Peter	Pacific Universi	NT	3	
--	Waller, Mike	Unattached	NT	2	

Event 32 Men 200 Meter Dash

	Name	Year School	Finals	H#	Points
1	Salisbury, Ben	George Fox Unive	21.37	1	10
2	Frederick, Isaac	Western Oregon U	21.80	1	8
3	Isfeld, Aric	Clackamas Commun	22.30	1	6
4	Coileman, Greg	Western Oregon U	22.46	2	5
5	White, Tristan	Unattached	22.57	1	4
6	Rasmussen, Jesse	George Fox Unive	22.84	2	3
7	Waller, Mike	Unattached	23.70	2	2
8	Newcomer, Charles	Clackamas Commun	23.95	2	1
9	Wyland, Chris	Warner Pacific C	24.27	2	
10	Mellow, Zach	Pacific Universi	24.84	1	
11	Whitaker, Matt	Pacific Universi	24.91	3	
12	Mollier, Derek	Pacific Universi	25.75	3	
--	Piago, Peter	Pacific Universi	NT	3	

Event 33 Men 400 Meter Dash

	Name	Year School	Finals	H#	Points
1	Sprunger, Ryan	George Fox Unive	49.21	1	10
2	Benson, Jeff	Western Oregon U	51.12	1	8
3	Stupnitskiy, Anton	Warner Pacific C	51.41	1	6
4	Wall, John	Cascade College	51.93	1	5
5	Richards, Ryan	Clackamas Commun	52.03	1	4
6	Vredenburg, Josh	Clackamas Commun	52.56	1	3
7	Poorter, Nelacy	Western Oregon U	52.59	2	2
8	Waller, Mike	Unattached	52.99	2	1
9	Whitaker, Matt	Pacific Universi	55.25	2	
10	D'Augostina, Jimmy	Western Baptist	56.57	2	
11	Mollier, Derek	Pacific Universi	58.62	2	

Event 34 Men 800 Meter Run

	Name	Year School	Finals	H#	Points
1	Sticka, Ryan	George Fox Unive	1:58.49	1	10
2	Dickson, Aaron	University of Al	1:59.57	1	8
3	Cobb, Bryan	George Fox Unive	1:59.68	1	6
4	Vredenburg, Josh	Clackamas Commun	1:59.88	1	5
5	Nevarez, Eli	Clackamas Commun	2:01.58	1	4
6	Poole, Eric	Unattached	2:02.51	1	3
7	Dort, Ben	George Fox Unive	2:03.28	1	2
8	Poole, Kevin	Cascade College	2:03.78	1	1
9	Schafer, Daniel	Unattached	2:04.17	1	
10	Paine, Andrew	George Fox Unive	2:06.46	2	
11	Rupert, Andy	University of Al	2:06.53	2	
12	Leady, Matthew	Pacific Universi	2:08.48	2	
13	Hackett, Zach	Pacific Universi	2:09.33	2	
14	Sexton, Troy	Clackamas Commun	2:09.40	2	
15	Merrell, Mike	Unattached	2:10.87	2	
--	Normandin, Nate	University of Al	NT	1	
--	Dobra, Danny	Warner Pacific C	NT	2	
--	Hickey, Sergio	Pacific Universi	NT	2	
--	Johnson, Reggie	Clackamas Commun	NT	2	
--	Omulokoli, Barnabas	Warner Pacific C	NT	2	

Event 35 Men 1500 Meter Run

	Name	Year School	Finals	Points
1	Abbott, Kalen	Warner Pacific C	3:58.63	10
2	Normandin, Nate	University of Al	3:59.52	8
3	Dickson, Aaron	University of Al	4:06.29	6
4	Dobra, Danny	Warner Pacific C	4:06.95	5
5	Nevarez, Eli	Clackamas Commun	4:09.86	4
6	Poole, Kevin	Cascade College	4:15.24	3
7	Fridley, Troy	Unattached	4:15.49	2
8	Walsh, Spencer	Western Oregon U	4:17.91	1
9	Loprinzi, Paul	Warner Pacific C	4:20.07	
10	Fasholz, Brent	Western Baptist	4:20.73	
11	Rupert, Andy	University of Al	4:22.77	
12	Hackett, Zach	Pacific Universi	4:28.15	
13	Ball, Scott	Bruin Track Club	4:29.54	
14	Christian, David	Warner Pacific C	4:34.05	
--	Loya, Luis	Unattached	NT	
--	Dorr, David	Western Baptist	DNF	

Event 36 Men 3000 Meter Steeplechase

	Name	Year School	Finals	Points
1	Hollingshead, Aaron	Willamette Unive	9:08.10	10
2	Owen, Michael	George Fox Unive	9:16.00	8
3	Workman, Brandon	Bruin Track Club	9:20.80	6
4	Galeana, Miguel	Unattached	9:22.90	5
5	Harris, Travis	Willamette Unive	9:35.50	4
6	Welch, Mark	Willamette Unive	9:53.10	3
7	Zeiger, Ben	Willamette Unive	9:54.40	2
8	Evans, Micah	Willamette Unive	9:56.60	1
9	Lucas-Roberts, Conor	Willamette Unive	9:57.60	
10	Chambers, Nathan	Evergreen State	10:17.80	
11	Still, Danny	Cascade College	10:47.00	
12	Pritchett, Peter	Unattached	10:50.50	
--	LaFontaine, Ira	Clackamas Commun	NT	
--	Kaczmarek, Joe	Willamette Unive	NT	
--	Logan, Chris	Western Oregon U	NT	
--	Clingan, Dave	Unattached	NT	
--	Christian, David	Warner Pacific C	NT	

Event 37 Men 5000 Meter Run

	Name	Year School	Finals	Points
1	Butkey, John	Clackamas Commun	15:24.00	10
2	Nixon, Sean	Unattached	15:58.60	8
3	Dorr, David	Western Baptist	16:09.00	6
4	Lana, Justin	Linfield College	16:15.50	5
5	O'Brien, Nate	Willamette Unive	16:18.70	4
6	Boyd, Wyatt	Willamette Unive	16:31.70	3
7	Mock, Larry	Bruin Track Club	18:37.00	2
--	May, Nathan	Unattached	NT	
--	Ney, Jim	Unattached	NT	
--	Schulz, Devan	Unattached	NT	

Event 38 Men 10000 Meter Run

	Name	Year School	Finals	Points
1	Brown, Brendan	Willamette Unive	32:15.10	10
2	Vandervlugt, Tim	Unattached	32:24.50	8
3	Dickson, Drew	University of Al	33:22.40	6
4	Henson, Josh	Pacific Universi	33:31.40	5
5	Klimek, Josh	Evergreen State	33:35.40	4
6	Warren, Kelly	Linfield College	34:03.20	3
7	Butler, Josh	Willamette Unive	34:12.80	2
8	Hoogesteger, Carl	Unattached	34:35.70	1
9	Moe, Jake	George Fox Unive	34:55.60	
10	Sasaki, Kent	Linfield College	34:58.50	
11	Wojcik, Daniel	Oregon TC Master	35:19.40	
12	Sanders, Odis	Oregon TC Master	35:20.10	
13	Mercer, Logan	Lewis and Clark	36:34.60	
14	Olson, Peter	Linfield College	37:00.30	
--	Ellis, Kyle	Cascade College	NT	
--	Dominguez, Alejandro	Unattached	NT	
--	Soots, Peter	Cascade College	NT	
--	Burg, Matt	George Fox Unive	NT	
--	Obluck, Tris	St. Martin's	NT	

Event 39 Men 110 Meter Hurdles

	Name	Year School	Finals	Points
1	Sexton, Troy	Clackamas Commun	14.97	10
2	Harris, Seth	George Fox Unive	15.32	8
3	Sameulu, TJ	Cascade College	15.41	6
4	Thorton, Chris	Western Oregon U	15.42	5
5	Hammonds, Eric	Warner Pacific C	16.45	4
6	Penman, Todd	Warner Pacific C	17.37	3

Event 40 Men 400 Meter Hurdles

	Name	Year School	Finals	H#	Points
1	Harris, Seth	George Fox Unive	53.04	1	10

2	Setere, Lucas	Pacific Universi	53.29	1	8
3	Ewing, Luke	Western Oregon U	56.79	1	6
4	Clarkston, Lee	Western Oregon U	57.17	1	5
5	Penman, Todd	Warner Pacific C	58.68	1	4
6	Guelfi, Eddie	George Fox Unive	58.74	2	3
7	McMahon, Colin	Western Oregon U	58.90	2	2
8	Sameulu, TJ	Cascade College	59.02	1	1
9	Schmidt, Tyler	Clackamas Commun	59.73	2	
10	Hammonds, Eric	Warner Pacific C	1:01.15	2	
--	Eichenberger, Ben	George Fox Unive	NT	2	

Event 41 Men 4x100 Meter Relay

	School	Finals	Points
1	George Fox University 'A'	42.08	10
2	Western Oregon University 'A'	42.23	8
3	Warner Pacific College 'A'	45.39	6

Event 42 Men 4x400 Meter Relay

	School	Finals	Points
1	George Fox University 'A'	3:16.14	10
2	George Fox University 'B'	3:24.20	8
3	Clackamas Community College 'A'	3:26.97	6
4	Warner Pacific College 'A'	3:35.63	5
5	Pacific University 'A'	3:37.07	4
6	George Fox University 'C'	3:39.50	3
--	University of Alaska-Anchorage 'A'	NT	
--	Clackamas Community College 'B'	NT	

Event 43 Men High Jump

	Name	Year	School	Finals		Points
1	Swim, Corey		Warner Pacific C	1.95m	6-04.75	10
2	Bodine, Brandon		Western Oregon U	1.90m	6-02.75	8
3	Yeager, Brett		George Fox Unive	1.85m	6-00.75	6
4	Mellow, Zach		Pacific Universi	1.80m	5-10.75	5
5	Ojala, Kai		Unattached	1.75m	5-08.75	4

Event 44 Men Pole Vault

	Name	Year	School	Finals		Points
1	Cummings, Josh		Western Oregon U	4.70m	15-05.00	10
2	Bernard, Brian		Clackamas Commun	4.55m	14-11.00	8
3	Lohrmann, Cedric		Unattached	4.25m	13-11.25	6
4	Brewer, Tyrone		Western Oregon U	J4.25m	13-11.25	5
5	Haehlen, Andy		George Fox Unive	3.65m	11-11.75	4
--	Wymore, Nick		George Fox Unive	NH		
--	Jones, Sean		Unattached	NH		
--	Laloli, Travis		Unattached	NH		
--	Fisher, Bo		Unattached	NH		
--	Verducci, Nick		Unattached	NH		

Event 45 Men Long Jump

	Name	Year	School	Finals		Points
1	Puckett, Adam		George Fox Unive	7.12m	23-04.50	10
2	Holland, Kreig		Clackamas Commun	6.81m	22-04.25	8
3	Hobbs, Sam		Western Oregon U	6.68m	21-11.00	6
4	Vela, Milo		George Fox Unive	6.46m	21-02.50	5
5	Bodine, Brandon		Western Oregon U	6.42m	21-00.75	4
6	Swim, Corey		Warner Pacific C	6.37m	20-10.75	3
7	Wadlow, Bryan		George Fox Unive	6.26m	20-06.50	1.5
7	Sameulu, TJ		Cascade College	6.26m	20-06.50	1.5
9	McCord, Scott		Western Oregon U	6.06m	19-10.75	
10	Rouse, Ryan		Cascade College	6.03m	19-09.50	
11	Hart, Danny		Western Oregon U	6.02m	19-09.00	
12	Cain, Josh		Clackamas Commun	5.93m	19-05.50	
13	Haga, Sean		Unattached	5.92m	19-05.25	
14	Maves, Drew		George Fox Unive	5.75m	18-10.50	
--	Newcomer, Charles		Clackamas Commun	ND		
--	Isfeld, Aric		Clackamas Commun	ND		
--	Merrell, Mike		Unattached	ND		
--	Rohr, Greg		Western Oregon U	ND		
--	Beatty, Doug		George Fox Unive	ND		
--	Teague, Seth		Western Oregon U	ND		
--	Christian, David		Warner Pacific C	ND		
--	Hammonds, Eric		Warner Pacific C	ND		
--	Satran, Brad		Western Oregon U	ND		

Event 46 Men Triple Jump

	Name	Year	School	Finals		Points
1	Holland, Kreig		Clackamas Commun	13.93m	45-08.50	10
2	Vela, Milo		George Fox Unive	13.65m	44-09.50	8
3	buchmeir, jason		Western Oregon U	13.09m	42-11.50	6
4	Wadlow, Bryan		George Fox Unive	12.95m	42-06.00	5
5	Haga, Sean		Unattached	12.64m	41-05.75	4
6	Maves, Drew		George Fox Unive	12.54m	41-01.75	3
--	Rohr, Greg		Western Oregon U	ND		
--	Merrell, Mike		Unattached	ND		
--	Satran, Brad		Western Oregon U	ND		
--	Beatty, Doug		George Fox Unive	ND		
--	Rouse, Ryan		Cascade College	ND		

Event 47 Men Shot Put

	Name	Year	School	Finals		Points
1	Johnson, Kevin		Western Oregon U	14.41m	47-03.50	10
2	Utz, Marshall		Clackamas Commun	14.16m	46-05.50	8
3	Babcock, Collin		Western Oregon U	13.84m	45-05.00	6
4	Malcolm, David		George Fox Unive	13.43m	44-00.75	5
5	Aguilar, Carlos		Western Oregon U	13.09m	42-11.50	4
6	Jasmin, Brandon		Western Oregon U	13.08m	42-11.00	3
7	Mikolas, Alan		Western Oregon U	12.92m	42-04.75	2
8	Jurgis, Matt		Western Oregon U	12.78m	41-11.25	1
9	Lewin, Casey		Western Oregon U	12.54m	41-01.75	
10	Evans, Josh		University of Al	J12.54m	41-01.75	
11	White, Randall		Warner Pacific C	11.12m	36-05.75	
12	Mollier, Derek		Pacific Universi	11.06m	36-03.50	
13	Echert, Doug		Cascade College	7.93m	26-00.25	
--	Armdt, David		Clackamas Commun	ND		
--	Blem, Dale		Pacific Universi	ND		

Event 48 Men Discus Throw

	Name	Year	School	Finals		Points
1	Haines, Isaiah		Western Oregon U	49.28m	161-08	10
2	Babcock, Collin		Western Oregon U	44.21m	145-00	8
3	Jasmin, Brandon		Western Oregon U	42.18m	138-05	6
4	Armdt, David		Clackamas Commun	39.82m	130-08	5
5	Blem, Dale		Pacific Universi	39.54m	129-09	4
6	Gottfried, Greg		George Fox Unive	37.51m	123-01	3
7	Aguilar, Carlos		Western Oregon U	37.45m	122-10	2
8	Evans, Josh		University of Al	37.43m	122-10	1
9	Johnson, Kevin		Western Oregon U	37.38m	122-08	
10	Utz, Marshall		Clackamas Commun	36.76m	120-07	
11	Lewin, Casey		Western Oregon U	36.72m	120-06	
12	Holloway, Josh		Western Oregon U	35.90m	117-09	
13	Hultberg, Nick		George Fox Unive	33.53m	110-00	
14	Jurgis, Matt		Western Oregon U	26.95m	88-05	
15	White, Randall		Warner Pacific C	26.20m	85-11	
16	Malcolm, David		George Fox Unive	24.94m	81-10	
--	Arnette, Eric		Cascade College	ND		

Event 49 Men Javelin Throw

	Name	Year	School	Finals		Points
1	Powell, Stewart		Clackamas Commun	60.11m	197-02	10
2	Swim, Corey		Warner Pacific C	58.74m	192-08	8
3	Gassaway, Matt		George Fox Unive	58.63m	192-04	6
4	Kauffman, Casey		Clackamas Commun	57.78m	189-07	5
5	Sparks, Thomas		Clackamas Commun	56.80m	186-04	4
6	Eslinger, Colby		Western Oregon U	54.70m	179-05	3
7	Bednar, David		Pacific Universi	52.96m	173-09	2
8	Shearer, Gavin		Warner Pacific C	50.68m	166-03	1
9	Reinhardt, Drew		Western Oregon U	50.49m	165-08	
10	Verducci, Nick		Unattached	49.63m	162-10	
11	Corbin, Evan		Western Oregon U	46.98m	154-02	
12	Hultberg, Nick		George Fox Unive	46.36m	152-01	
13	Herhurger, Drew		Western Oregon U	45.01m	147-08	
14	Bernard, Brian		Clackamas Commun	37.33m	122-06	
15	Schmidt, Tyler		Clackamas Commun	36.49m	119-09	
--	Foster, Tim		Pacific Universi	ND		
--	Jenkins, Mike		Clackamas Commun	ND		
--	Merrell, Mike		Unattached	ND		
--	Keeler, Jason		Pacific Universi	ND		
--	Sameulu, TJ		Cascade College	ND		

Event 50 Men Hammer Throw

	Name	Year	School	Finals		Points
1	Dirks, Ryan		Unattached	58.93m	193-04	10
2	Howlett, Kelly		Unattached	45.60m	149-07	8
3	Jasmin, Brandon		Western Oregon U	44.93m	147-05	6
4	Aguilar, Carlos		Western Oregon U	42.40m	139-01	5
5	Holloway, Josh		Western Oregon U	41.30m	135-06	4
6	Reinhardt, Drew		Western Oregon U	38.88m	127-07	3
7	Armdt, David		Clackamas Commun	37.31m	122-05	2
8	Lewin, Casey		Western Oregon U	36.26m	118-11	1
9	Hultberg, Nick		George Fox Unive	36.07m	118-04	
10	Malcolm, David		George Fox Unive	34.66m	113-08	
11	Blem, Dale		Pacific Universi	33.94m	111-04	
12	Foster, Tim		Pacific Universi	32.67m	107-02	
13	Utz, Marshall		Clackamas Commun	30.06m	98-07	
14	Sutton, Marcus		Western Oregon U	26.52m	87-00	
15	Bednar, David		Pacific Universi	23.31m	76-06	
--	Escobedo, Pro		Unattached	ND		
--	Johnson, Kevin		Western Oregon U	ND		

Event 52 Men 3000 Meter Run

	Name	Year	School	Finals	Points
1	Loprinzi, Paul		Warner Pacific C	9:11.71	10
2	Fridley, Troy		Unattached	9:28.35	8
3	Clingan, Dave		Unattached	9:28.83	6
4	Fasholz, Brent		Western Baptist	9:30.55	5
5	Finney, Grant		Bruin Track Club	9:33.77	4
6	Delmore, David		George Fox Unive	9:50.80	3
7	Christian, David		Warner Pacific C	10:02.34	2
8	Berney, Thomas		Western Baptist	10:28.81	1

Women - Team Rankings - 21 Events Scored

1) George Fox University	135	2) Clackamas Community Colle	108
3) University of Alaska-Ancho	95.50	4) Western Oregon University	95
5) Willamette University	57	6) Pacific University	50
7) Warner Pacific College	35	8) Linfield College	22
9) Cascade College	15.50	10) Oregon State TC	8
11) St. Martin's	6		

Men - Team Rankings - 21 Events Scored

1) Western Oregon University	176	2) George Fox University	162.50
3) Clackamas Community Colleg	132	4) Warner Pacific College	77
5) Willamette University	39	6) University of Alaska-Anch	29
7) Pacific University	28	8) Cascade College	17.50
9) Western Baptist	12	9) Bruin Track Club	12
11) Linfield College	8	12) Evergreen State College	4

Lewis & Clark Invitational - Portland, 4-3-04
Sunny, warm

Women - Team Rankings - 19 Events Scored

1) Linfield College	222.50	2) Lewis & Clark College	139.50
3) George Fox University	**122**	4) PacificUniversity	90

Women 100 Meter Dash

	Name	Year	School	Finals	H#	Points	
1	Swan, Jody		L&C	12.92	1	9	
2	Newell, Kelsey		Linfield	13.29	1	7	
3	Erickson, Brook		George Fox	13.30	2	6	##
4	Stiglmeier, Caitlin		Linfield	13.53	1	5	
5	Miles, Shannon		George Fox	13.59	1	4	
6	Wilson, Erin		Pacific	13.73	1	3	
7	Llanes, Becky		L&C	14.19	1	2	
8	Shaw, Jillian		George Fox	x14.46	2		
9	Matthews, Mona		George Fox	x14.57	1		
10	Hill, Laura		Pacific	14.83	2	1	

Women 200 Meter Dash

1	Swan, Jody		L&C	26.59	1	9
2	Newell, Kelsey		Linfield	26.97	1	7
3	Stiglmeier, Caitlin		Linfield	27.61	2	6
4	Wilson, Erin		Pacific	28.41	1	5
5	Schiele, Shannon		Linfield	x28.56	1	
6	Matthews, Mona		George Fox	30.46	1	4

Women 400 Meter Dash

1	Schiele, Shannon		Linfield	1:02.71	9	
2	Miller, Sara		George Fox	1:04.75	7	##
3	Ganser, Tara		L&C	1:08.50	6	
4	Craigie, Kim		L&C	1:16.39	5	

Women 800 Meter Run

1	Murphy, Joanna		Linfield	2:24.46	9	
2	Jertberg, Beth		George Fox	2:36.44	7	##
3	Shosky, Shana		Pacific	2:38.35	6	
4	Gandrud, Harlan		L&C	2:40.34	5	
5	Moyer, Beth		George Fox	2:47.02	4	##
6	Pickler, Stacie		Linfield	2:48.86	3	

Women 1500 Meter Run

1	Grossman, Sadie		L&C	4:50.23	9	
2	Witt, Meryl		Linfield	4:53.74	7	
3	Weber, Odessa		L&C	5:03.19	6	
4	Shosky, Shana		Pacific	5:10.14	5	
5	Jertberg, Beth		George Fox	5:21.43	4	
6	Treger, Kasey		Linfield	5:22.40	3	
7	Gandrud, Harlan		L&C	x5:27.19		
8	Moyer, Beth		George Fox	5:45.48	2	##

Women 5000 Meter Run

1	Witt, Meryl		Linfield	18:58.81	9	
2	Goeres, Janelle		George Fox	20:24.74	7	##
3	Treger, Kasey		Linfield	20:26.96	6	
4	Pfieffer-Hoyt, Megan		L&C	20:27.44	5	
5	Sbordone, Laura		L&C	20:36.87	4	
6	McCaffrey, Therese		L&C	x21:40.34		
7	Fischer, Stephanie		Linfield	x22:51.56		

Women 100 Meter Hurdles

1	Mahoney, Caitlin		Linfield	15.63	9
2	Moore, Leah		Linfield	16.12	7
3	Bernard, Riley		Linfield	x17.50	
4	Brown, Julie		George Fox	17.88	6
5	Barker, Brooke		Pacific	21.43	5

Women 400 Meter Hurdles

1	Bernard, Riley	Linfield	1:08.02	9	
2	Ross, Kate	L&C	1:10.20	7	
3	Brown, Julie	George Fox	1:10.69	6	**
4	Rohlffs, Emily	Linfield	1:12.43	5	
5	Ganser, Tara	L&C	1:24.24	4	

Women 3000 Meter Steeplechase

1	Schor, Debbie	Linfield	13:54.60	9
2	Weimar, Ashlee	Linfield	15:01.60	7

Women 4x100 Meter Relay

1	Linfield College	50.81	9	
2	Lewis & Clark College	51.78	7	
3	George Fox University	52.34	6	##
	(Shaw, Matthews, Miles, Erickson)			

Women 4x400 Meter Relay

1	Linfield College 'A'	4:10.92	9
2	Lewis & Clark College 'A'	4:26.97	7
3	George Fox University 'A'	4:36.20	6
	(Matthews-71.5##; Brown-69.2; Jertberg-68.6; Miller-66.9##)		
4	PacificUniversity 'A'	4:44.41	5

Women High Jump

1	Larson, Lindsay	Linfield	1.63m	5-04.25	9	
2	Mahoney, Caitlin	Linfield	1.58m	5-02.25	7	
3	Moore, Leah	Linfield	x1.48m	4-10.25		
4	Brown, Julie	George Fox	1.43m	4-08.25	6	
5	Barker, Brooke	Pacific	1.38m	4-06.25	5	
6	McLaughlin, Kadee	Pacific	1.33m	4-04.25	4	

Women Pole Vault

1	Huddleston, Juli	Linfield	3.21m	10-06.25	9	
2	Gerrits, Shelby	L&C	3.06m	10-00.50	6.5	
2	Weeber, Amanda	Linfield	3.06m	10-00.50	6.5	
4	Shaw, Jillian	George Fox	2.76m	9-00.50	5	**
	(#5 All-Time; #3 Soph)					
5	Black, Tori	George Fox	J2.76m	9-00.50	4	##
	(=#5 All-Time)					
6	Sommers, Kate	L&C	2.31m	7-07.00	3	

Women Long Jump

1	Moore, Leah	Linfield	5.10m	16-08.75	9
2	Llanes, Becky	L&C	4.96m	16-03.25	7
3	Ross, Kate	L&C	4.94m	16-02.50	6
4	Larson, Lindsay	Linfield	4.80m	15-09.00	5
5	Barker, Brooke	Pacific	4.47m	14-08.00	4

Women Triple Jump

1	Forbes, Michelle	George Fox	10.50m	34-05.50	9
2	Ross, Kate	L&C	10.35m	33-11.50	7
3	McLaughlin, Kadee	Pacific	9.21m	30-02.75	6

Women Shot Put

1	Bielenberg, Danielle	Linfield	12.75m	41-10.00	9	
2	Arnall, Dee Dee	Pacific	11.19m	36-08.50	7	
3	Barker, Brooke	Pacific	10.63m	34-10.50	6	
4	Paterson, Liz	L&C	10.00m	32-09.75	5	
5	Henson, Poha	George Fox	9.90m	32-05.75	4	**
6	Blankenship, Lindsey	George Fox	8.73m	28-07.75	3	**

Women Discus Throw

1	Bielenberg, Danielle	Linfield	35.46m	116-04	9	
2	Duerr, Rebecca	Linfield	32.85m	107-09	7	
3	Merz, Meghan	Pacific	32.15m	105-06	6	
4	Ingram, Allison	Pacific	28.82m	94-07	5	
5	Paterson, Liz	L&C	28.65m	94-00	4	
6	Blankenship, Lindsey	George Fox	27.49m	90-02	3	
7	Henson, Poha	George Fox	27.23m	89-04	2	**

Women Hammer Throw

1	Paterson, Liz	L&C	39.42m	129-04	9	
2	Blankenship, Lindsey (#3 All-Time; #2 Soph)	George Fox	35.70m	117-01	7	**
3	Ingram, Allison	Pacific	35.44m	116-03	6	
4	Bielenberg, Danielle	Linfield	33.22m	109-00	5	
5	Henson, Poha	George Fox	24.49m	80-04	4	

Women Javelin Throw

1	Arnall, Dee Dee	Pacific	41.69m	136-09	9	
2	Mascorro, Lydia	Linfield	38.87m	127-06	7	
3	Black, Tori	George Fox	35.58m	116-09	6	** A
4	Larson, Lindsay	Linfield	31.04m	101-10	5	
5	Llanes, Becky	L&C	24.36m	79-11	4	
6	Zimmerman, Elizabeth	L&C	20.96m	68-09	3	
7	Barker, Brooke	Pacific	15.82m	51-11	2	

SCORING -- Brown 19.5; Blankenship 13; Jertberg 12.5; Black 10; Henson 10; Forbes 9; Miller 8.5; Erickson 7.5; Shaw 7.5; Matthews 7; Goeres 7; Moyer 6; Miles 5.5;

Men - Team Rankings - 19 Events Scored

1) Linfield College	246	**2) George Fox University**	**135**
3) PacificUniversity	87.50	4) Lewis & Clark College	63.50

Men 100 Meter Dash

1	Boock, Chris	Linfield	10.87	1	9	
2	Hazenburg, Brandon	Linfield	11.42	1	7	
3	Carter, George	Linfield	x11.43	1		
4	Allen, Casey	Linfield	x11.49	1		
5	Maves, Drew	George Fox	11.52	1	6	
6	Setere, Lucas	Pacific	11.68	1	5	
7	Piago, Peter	Pacific	11.87	2	4	
8	Bianchi, Steve	L&C	12.00	1	3	
9	Yeager, Brett	George Fox	12.05	2	2	**
-	Vela, Milo	George Fox	x12.15	2		**
-	Beatty, Doug	George Fox	x13.76	2		

Men 200 Meter Dash

1	Boock, Chris	Linfield	22.47	1	9	
2	Legary, Tyler	Linfield	23.50	2	7	
3	Allen, Casey	Linfield	x23.60	1		
4	Lau, Brad	Linfield	x23.74	1		
5	Piago, Peter	Pacific	23.90	2	6	
6	Whittaker, Matt	Pacific	25.35	2	5	
7	Cruickshank, Pete	Linfield	x26.07	2		
7	Mollier, Derek	Pacific	x26.07	2		

Men 400 Meter Dash

1	Rasmussen, Jesse	George Fox	50.22	9	##
2	Puckett, Adam	George Fox	51.14	7	** A
3	Priester, Josh	George Fox	x51.18		## A
4	Foote, Adam	L&C	51.69	6	
5	Legary, Tyler	Linfield	52.13	5	
6	Guelfi, Eddie	George Fox	x53.17		##
7	Lau, Brad	Linfield	53.79	4	
8	Mellow, Zach	Pacific	53.89	3	

Men 800 Meter Run

1	Taylor, Casey	Linfield	1:56.72	1	9	
2	Bates, Brad	George Fox	2:00.82	2	7	**
3	Sticka, Ryan	George Fox	2:00.85	1	6	##
4	Ginanni, Joe	Linfield	2:01.06	1	5	
5	Killgore, Mike	Linfield	x2:01.41	1		
6	Hackett, Zach	Pacific	2:05.70	2	4	
7	Dort, Ben	George Fox	x2:06.00	1		
8	Cobb, Bryan	George Fox	x2:06.31	1		

Men 1500 Meter Run

1	Ginanni, Joe	Linfield	4:06.40	9	
2	Owen, Michael	George Fox	4:10.11	7	
3	Cobb, Bryan	George Fox	4:15.38	6	**
4	Henson, Josh	Pacific	4:17.88	5	
5	Hackett, Zach	Pacific	4:21.39	4	
6	Warren, Kelly	Linfield	4:24.69	3	
7	Delmore, David	George Fox	x4:31.23		##
8	Paine, Andrew	George Fox	x4:44.28		**

Men 5000 Meter Run

1	Warren, Kelly	Linfield	16:33.13	9	
2	Lana, Justin	Linfield	16:34.30	7	
3	Moe, Jake	George Fox	16:35.17	6	**
4	Finney, Grant	Bruin Track Club	X16:42.32		**
5	Mears, Ty	L&C	17:16.55	5	
6	Olson, Peter	Linfield	x17:32.42		

Men 110 Meter Hurdles

1	Fipps, Jesse	Linfield	16.73	9

Men 400 Meter Hurdles

1	Setere, Lucas	Pacific	54.29	9
2	Law, Don	Linfield	58.70	7
3	Fipps, Jesse	Linfield	59.13	6
4	Henry, Alex	L&C	1:03.94	5

Men 3000 Meter Steeplechase

1	Lana, Justin	Linfield	10:17.00	9
2	Henry, Alex	L&C	10:24.80	7
3	Olson, Peter	Linfield	10:25.20	6
4	Klein, Nile	L&C	10:55.00	5

Men 4x100 Meter Relay

1	Linfield College	42.73	9

Men 4x400 Meter Relay

1	George Fox University 'A'	3:25.27	9
	(Rasmussen-51.5; Sticka-50.0##; Dillow-52.6; Bates-50.9)		
2	Linfield College 'A'	3:30.48	7
3	George Fox University 'B'	3:33.07	
	(Guelfi-50.6**; Cobb-54.2; Dort-55.3**; Paine-53.0##)		

Men High Jump

1	Hazenburg, Brandon	Linfield	2.03m	6-08.00	9	
2	Metoyer, Kynan	Pacific	1.83m	6-00.00	6.5	
2	Bianchi, Steve	L&C	1.83m	6-00.00	6.5	
4	Warrick, Jesse	Linfield	J1.83m	6-00.00	5	
5	Gohl, Andrew	Linfield	x1.78m	5-10.00		
5	Zimbrick, Matt	Linfield	x1.78m	5-10.00		
7	Mellow, Zach	Pacific	1.73m	5-08.00	4	

Men Pole Vault

1	Tiogangco, Dayson	Linfield	4.42m	14-06.00	9	
2	Smith, John	Bruin Track Club	X4.27m	14-00.00		
3	Laloli, Travis	George Fox	3.97m	13-00.25	7	##
4	Haehlen, Andy	George Fox	3.82m	12-06.25	6	**
5	Dillow, Ben	George Fox	x3.67m	12-00.50		**
6	Wymore, Nick	George Fox	xJ3.67m	12-00.50		

Men Long Jump

1	Hazenburg, Brandon	Linfield	6.58m	21-07.25	9
2	Zimbrick, Matt	Linfield	6.31m	20-08.50	7
3	Beatty, Doug	George Fox	6.13m	20-01.50	6
4	Love, Tim	Linfield	x6.01m	19-08.75	
4	Vela, Milo	George Fox	6.01m	19-08.75	5
6	Warrick, Jesse	Linfield	x5.97m	19-07.00	
7	Maves, Drew	George Fox	x5.85m	19-02.50	

Men Triple Jump

1	Zimbrick, Matt	Linfield	12.74m	41-09.75	9	
2	Scheele, Andy	Linfield	12.43m	40-09.50	7	
3	Staveland, Jovon	L&C	12.42m	40-09.00	6	
4	Bianchi, Steve	L&C	12.06m	39-07.00	5	
5	Warrick, Jesse	Linfield	x11.92m	39-01.25		
6	Maves, Drew	George Fox	11.58m	38-00.00	4	**

Men Shot Put

1	Thron, Andrew	Linfield	14.22m	46-08.00	9	
2	Lockhart, Bo	Linfield	14.10m	46-03.25	7	
3	Malcolm, David (=#9 All-Time)	George Fox	13.88m	45-06.50	6	** A
4	Gohl, Andrew	Linfield	x13.75m	45-01.50		
5	Miles, Chris	Linfield	x12.98m	42-07.00		
6	Taylor, Ty	Bruin Track Club	X12.42m	40-09.00		
7	Blem, Dale	Pacific	11.77m	38-07.50	5	
8	Fisher, Don	Linfield	x11.76m	38-07.00		
9	Mollier, Derek	Pacific	11.18m	36-08.25	4	

Men Discus Throw

1	Smith, John	Bruin Track Club	X43.92m	144-01		
2	Olson, Travis	Unattached	X43.76m	143-07		
3	Priester, Josh	George Fox	40.40m	132-06	9	##
4	Lockhart, Bo	Linfield	39.59m	129-11	7	
5	Thron, Andrew	Linfield	39.35m	129-01	6	
6	Kleffner, Jake	Linfield	x39.31m	129-00		
7	Miles, Chris	Linfield	x38.99m	127-11		
8	Blem, Dale	Pacific	37.93m	124-05	5	
9	Gallop, Cameron	Linfield	x37.50m	123-00		
10	Woods, Chris	Linfield	x37.14m	121-10		

Men Hammer Throw

1	Gottfried, Greg	George Fox	44.64m	146-05	9	
2	Hill, Mike	Linfield	42.93m	140-10	7	
3	Thron, Andrew	Linfield	42.34m	138-11	6	
4	Boss, Dimitri	L&C	40.54m	133-00	5	
5	Malcolm, David	George Fox	38.40m	126-00	4	
6	Olson, Travis	Unattached	X38.33m	125-09		
7	Mills, Mike	Linfield	x35.63m	116-11		
8	Hultberg, Nick	George Fox	x33.71m	110-07		
9	Mills, Steve	Linfield	x33.67m	110-05		

Men Javelin Throw

1	Gassaway, Matt	George Fox	58.74m	192-08	9	
2	Mills, Steve	Linfield	56.85m	186-06	7	
3	Mills, Mike	Linfield	55.79m	183-00	6	
4	Gohl, Andrew	Linfield	x52.07m	170-10		
5	Hultberg, Nick	George Fox	50.24m	164-10	5	##
6	Kaiel, Nick	L&C	49.57m	162-07	4	
7	Fipps, Jesse	Linfield	x49.24m	161-06		
8	Keeler, Jason	Pacific	48.62m	159-06	3	
9	Dillow, Ben	George Fox	x47.81m	156-10		**

SCORING

Priester	15	Haehlen	6
Maves	12	Beatty	6
Rasmussen	11.25	Guelfi	4.25
Malcolm	10	Wymore	4
Bates	9.25	Vela	4
Gassaway	9	Dort	3.25
Gottfried	9	Paine	2.25
Sticka	8.25	Yeager	2
Cobb	8.25	Delmore	2
Dillow	7.25		
Puckett	7		
Owen	7		
Laloli	7		
Hultberg	7		
Moe	6		

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
fl.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-07.75/1.72)

Mark	Personal Best	Athlete	Yr.	Mt	Q
5-06.50/1.69	(5-05.75/1.67)	Michelle Forbes	(3)	c	AB
5-00.25/1.53	(5-01.00/1.55)	Julie Brown	(1)	b	f

Vault (A=10-01.25/3.08 B=10-10.00/3.30 C=12-00.75/3.68)

Mark	Personal Best	Athlete	Yr.	Mt	Q
9-00.50/2.76	(8-09.00/2.67)	Jillian Shaw	(2)	g	
9-00.50/2.76	(9-06.00/2.89)	Tori Black	(1)	g	

Long Jump (A=16-05.75/5.02 B=18-00.50/5.50 C=19-00.50/5.80)

Mark	Personal Best	Athlete	Yr.	Mt	Q
	(14-09.75/4.51)	Michelle Forbes	(3)		

Triple Jump (A=33-11.50/10.35 B=36-11/11.25 C=39-00.50/11.95)

Mark	Personal Best	Athlete	Yr.	Mt	Q
34-06.75/10.54	(33-09.75/10.30)	Michelle Forbes	(3)	d	A

Shot PUT (A=36-02.75/11.04 B=41-03/12.57 C=44-11.50/13.70)

Mark	Personal Best	Athlete	Yr.	Mt	Q
32-05.75/9.90	(30-00.00/9.14)	Poha Henson	1)	g	
28-07.75/8.73	(25-09.50/7.86)	Lindsey Blankenship	(1)	g	

Discus (A=116-00/35.36 B=136-02/41.50 C=152-07/46.50)

Mark	Personal Best	Athlete	Yr.	Mt	Q
98-06/30.03	(93-11/28.60)	Lindsey Blankenship	(1)	c	
89-04/27.23	(70-08/21.54)	Poha Henson	(1)	g	
69-03/21.10	(69-03/21.10)	Tori Black	(1)	c	

Javelin (A=116-00/35.36 B=126-04/38.50 C=137-09/42.00)

Mark	Personal Best	Athlete	Yr.	Mt	Q
116-09/35.58	(110-00.00/33.52)	Tori Black	(1)	g	A

Hammer (A=127-07/38.89 B=147-08/45.00 C=168-11/51.50)

Mark	Personal Best	Athlete	Yr.	Mt	Q
117-01/35.70	(79-11/24.36)	Lindsey Blankenship	(1)	g	
109-10/33.47	(78-05/23.90)	Poha Henson	(1)	f1	

100m Dash (A=12.96 B=12.36 C=12.05)

Mark	Personal Best	Athlete	Yr.	Mt	Q
13.30	(12.94)	Brooke Erickson	(4)	g	
13.39	(13.04)	Shannon Miles	(1)	c	
14.35	(14.42)	Jillian Shaw	(2)	d	
14.39	(13.91)	Mona Matthews	(4)	d	
	(13.09)	Michelle Forbes	(3)		
	(14.14)	Lindsay Finney	(1)		

200m Dash (A=26.95 B=25.40 C=24.55)

Mark	Personal Best	Athlete	Yr.	Mt	Q
27.54	(26.84)	Shannon Miles	(1)	c	
29.94	(29.08)	Mona Matthews	(4)	f	
30.65	(30.65)	Juliekay Brown	(1)	b	
	(27.24)	Michelle Forbes	(3)		
	(29.14)	Lindsay Finney	(1)		
	(26.76)	Brooke Erickson	(4)		

400m Dash (A=62.13 B=58.00 C=56.10)

Mark	Personal Best	Athlete	Yr.	Mt	Q
64.75	(58.35)	Sara Miller	(3)	g	
70.40	(70.40)	Juliekay Brown	(1)	b	
	(62.35)	Brooke Erickson	(4)		

800m Run (A=2:23.42 B=2:16.20 C=2:12.00)

Mark	Personal Best	Athlete	Yr.	Mt	Q
2:28.72	(2:32.18)	Sara Miller	(3)	f	
2:32.70	(2:25.)	Tessa Vergari	(1)	f	
2:35.54	(2:25.33)	Leighann Fischer	(1)	b	
2:36.44	(2:33.24)	Beth Jertberg	(2)	g	
2:47.02	(2:31.45)	Beth Moyer	(4)	g	
	(2:17.40)	Jessica Beach	(1)		

1500m Run (A=4:54.00 B=4:42.00 C=4:36.00)

Mark	Personal Best	Athlete	Yr.	Mt	Q
4:59.11	(5:04.)	Leighann Fischer	(1)	d	
5:08.39	(5:21.07)	Sara Miller	(3)	d	
5:09.06	(5:07.92)	Beth Jertberg	(2)	d	
5:10.21	(5:13.)	Whittney Harris	(1)	c	
5:21.64	(5:20.)	Tessa Vergari	(1)	b	
5:45.48	(5:01.53)	Beth Moyer	(4)	g	
5:48.89	(5:48.89)	Kara Geertz	(1)	c	
	(5:00.44)	Jessica Beach	(1)		
	(5:27.)	Rosemary Fama	(1)		

3000m Run (Not contested in championships)

Mark	Personal Best	Athlete	Yr.	Mt	Q
10:50.21	(11:15.24)	Leighann Fischer	(1)	a	
11:33.11 (i)	(11:14.)	Whittney Harris	(1)	a	
	(10:56.90)	Janelle Goeres	(4)		
	(10:59.03)	Beth Moyer	(4)		
	(11:44.06)	Beth Jertberg	(2)		

5000m Run (A=19:06.15 B=17:55.00 C=17:15.00)

Mark	Personal Best	Athlete	Yr.	Mt	Q
18:55.87	(18:37.44)	Leighann Fischer	(1)	c	A
19:21.60	(19:45.14)	Whittney Harris	(1)	d	
20:24.74	(18:50.74)	Janelle Goeres	(4)	g	
21:00.26	(19:40.70)	Beth Moyer	(4)	c	
	(19:46.82)	Beth Jertberg	(2)		
	(21:00.00)	Kara Geertz	(1)		

10,000m Run (A=TOP 18 B=37.50.00 C=37:24.00)

Mark	Personal Best	Athlete	Yr.	Mt	Q
41:19.92	(41:19.92)	Whittney Harris	(1)	b	A
	(39:12.60)	Janelle Goeres	(4)		

100m Hurdles (A=16.14 B=15.10 C=14.43)

Mark	Personal Best	Athlete	Yr.	Mt	Q
17.54	(16.74)	Lindsay Finney	(1)	d	
17.77	(16.34)	Julie Brown	(1)	d	
18.68	(17.13)	Bekah Duby	(1)	c	

400m Hurdles (A=69.01 B=64.70 C=62.40)

Mark	Personal Best	Athlete	Yr.	Mt	Q
70.69	(71.11)	Julie Brown	(1)	g	
74.12	(76.30)	Lindsay Finney	(1)	c	
74.79	(77.00)	Bekah Duby	(1)	d	

3000m STEEPLECHASE (A=TOP 18 B=11:30.00 C=Top 15)

Mark	Personal Best	Athlete	Yr.	Mt	Q
13:13.44	(12:05.11)	Elizabeth Moyer	(4)	d	

Heptathlon (A=None B=4100 C=4500)

4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)

52.34	(Shaw, Matthews, Miles, Erickson)	g

4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)

4:24.53	(Miller, Jertberg, Fischer, Brown)	d
4:35.94	(Duby, Vergari, Jertberg, Miller)	b
4:36.20	(Matthews, Brown, Jertberg, Miller)	g
4:37.94	(Miller, Jertberg, Matthews, Geertz)	c

4 x 4 SPLITS

(LO=Leadoff leg)

64.8-LO	(65.8-LO)	Miller	d
70.9-LO	(70.9-LO)	Duby	b
71.5-LO	(67.2-LO)	Matthews	g
66.0	(72.5)	Jertberg	c
66.6		Fischer	d
66.9	(58.1)	Miller	g
67.0		Brown	d
68.8	(64.0)	Vergari	b
72.0	(70.4)	Matthews	c
74.0	(74.0)	Geertz	c
	(61.9)	Erickson	
	(62.0)	Duby	
	(62.2)	Beach	
	(65.2)	Moyer	

INDIVIDUAL SEASON SCORING--2004

Forbes	36
Brown	20.5
Blankenship	20
Black	18
Jertberg	16
Miles	14.5
Shaw	14.5
Henson	14
Fischer	13
Miller	11
Matthews	8.5
Erickson	7.5
Goeres	7
Harris	6
Finney	6
Moyer	6
Duby	3
Vergari	1

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

High Jump (A=6-02.25/1.89 B=6-08/2.03 C=6-10.75/2.10

Personal best		Athlete		
6-02.75/1.90	(6-04.00/1.93)	Bret Yeager	(4)	c A
6-01.50/1.87	(6-04.00/1.93)	Ben Dillow	(1)	d
	(6-00.00/1.83)	Adam Puckett	(4)	
	(6-00.00/1.83)	Milo Vela	(2)	
	(6-00.00/1.83)	Bryan Wadlow	(4)	
	(5-10.50/1.79)	Josh Priester	(2)	

Vault (A=13-01.75/4.01 B=15-02.25/4.63 C=16-01.25/4.91)

13-00.25/3.97	(14-01.00/4.29)	Travis Laloli	(3)	g
12-06.25/3.82	(12-00.00/3.66)	Andy Haehlen	(3)	g
12-05.50/3.80	(13-00.25/3.97)	Nick Wymore	(3)	c
12-00.50/3.67	(12.00.50/3.67)	Ben Dillow	(1)	g
	(14-00.00/4.27)	Josh Priester	(2)	

LJ (A=21-01.50/6.44 B=22-11.75/7.00 C=24-00.75/7.33

21-07.75/6.58	(22-02.75/6.80)	Adam Puckett	(4)	c A
20-07.75/6.29	(21-10.00/6.65)	Josh Priester	(2)	a
20-05.25/6.23	(20-04.00/6.20)	Ben Dillow	(1)	f
20-02.25/6.15	(19-10.25/6.05)	Doug Beatty	(4)	b
20-00.50/6.11	(20-11.00/6.37)	Drew Maves	(1)	b
19-11.75/6.08	(21-04.00/6.50)	Milo Vela	(2)	f
	(21-04.00/6.50)	Bryan Wadlow	(4)	
	(20-02.50/6.16)	Bret Yeager	(4)	
	(18-01.00/5.51)	Andrew Haehlen	(3)	

TJ (A=42-06.75/12.97 B=46-03.25/14.10/ C=48-10.75/14.90)

46-03.50/14.11	(45-06.25/13.87)	Adam Puckett	(4)	c AB
43-09.50/13.35	(44-02.50/13.47)	Milo Vela	(2)	d A
42-03.50/12.66	(42-04.25/12.91)	Doug Beatty	(4)	c
41-08.25/12.71	(44-05.50/13.55)	Bryan Wadlow	(4)	d
38-00.00/11.58	(38-00.00/11.58)	Drew Maves	(1)	g

Shot(A=44-02.75/13.48 B=50-04/15.34 C=54-08.25/16.67)

45-06.50/13.88	(40-07.50/12.38)	David Malcolm	(4)	g A
41-06.50/12.66	(40-10.00/12.44)	Josh Priester	(2)	c
	(35-09.25/10.90)	Nick Hultberg	(4)	

Discus (A=135-05/41.28 B=155-00/47.25 C=171-11/52.40)

111-05/33.96	(117-10/35.91)	Nick Hultburg	(4)	c
98-10/30.12	(98-10/30.12)	Ben Dillow	(1)	b
	(143-10/43.84)	Greg Gottfried	(3)	
	(137-07/41.94)	Josh Priester	(2)	
	(109-01/33.24)	Bryan Wadlow	(4)	
	(97-04/29.67)	David Malcolm	(4)	

Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)

203-04/61.99	(202-07/61.74)	Matt Gassaway	(3)	e1 AB
164-10/50.24	(177-03/54.04)	Nick Hultberg	(4)	g
156-10/47.81	(152-11/46.62)	Ben Dillow	(1)	g
	(151-09/46.26)	Josh Priester	(2)	

Hammer (A=144-11/44.17 B=165-04/50.40 C=183-09/56.00)

153-00/46.64	(166-08/50.80)	Greg Gottfried	(3)	c A
127-11/38.99	(116-02/35.41)	David Malcolm	(4)	d1
118-09/36.21	(120-04/36.67)	Nick Hultberg	(4)	d1

100m Dash (A=11.22 B=10.81 C=10.53)

10.94	(10.65)	Ben Salisbury	(4)	c A
11.41	(11.44)	Drew Maves	(1)	d
11.84	(11.74)	Ben Dillow	(1)	c
12.05	(12.05)	Bret Yeager	(4)	g
12.15	(12.15)	Milo Vela	(2)	g
12.60	(12.50)	Nick Wymore	(3)	b
12.68	(12.57)	Andy Haehlen	(3)	b
	(10.98)	Josh Priester	(2)	
	(11.34)	Brad Bates	(3)	
	(11.59)	Jesse Rasmussen	(4)	
	(12.14)	Bryan Wadlow	(4)	

200m Dash (A=22.72 B=21.80 C=21.40)

21.62	(21.34)	Ben Salisbury	(4)	e AB
22.27 (i)	(23.39)	Ryan Sprunger	(3)	a
23.34	(22.99)	Brad Bates	(3)	c
	(23.35)	Jesse Rasmussen	(4)	
	(23.64)	Ryan Sticka	(1)	
	(23.88)	Andrew Paine	(3)	
	(24.88)	Nick Wymore	(3)	
	(24.94)	Andy Haehlen	(3)	

400m Dash (A=51.24 B=48.50 C=47.80)

50.03(i)	(50.03)	Seth Harris	(1)	a
50.22	(49.95)	Jesse Rasmussen	(4)	g A
51.14	(51.14)	Adam Puckett	(4)	g A
51.18	(49.70)	Josh Priester	(2)	g A
51.76(i)	(51.44)	Ryan Sticka	(1)	a
	(49.03)	Ben Salisbury	(4)	
	(49.54)	Eddie Guelfi	(1)	
	(50.16)	Ryan Sprunger	(3)	
	(50.44)	Brad Bates	(3)	
	(52.04)	Ben Dillow	(1)	
	(53.34)	Adam Gray	(1)	
	(53.74)	Ben Eichenberger	(2)	

800m Run (A=1:59.01 B=1:53.10 C=1:51.30)

2:00.82	(2:05.82)	Brad Bates	(3)	g
2:00.85	(1:58.04)	Ryan Sticka	(1)	g
2:01.46	(1:53.54)	Eddie Guelfi	(1)	b
2:02.35	(2:01.11)	Bryan Cobb	(2)	f
2:05.47	(2:05.92)	Andrew Paine	(3)	f
2:05.97	(2:04.04)	Ben Dort	(1)	c
	(2:01.03)	Michael Owen	(4)	
	(2:02.24)	Adam Gray	(1)	
	(2:05.81)	Matt Burg	(3)	
	(2:07.24)	Jake Moe	(1)	
	(2:12.24)	Jeff Friesen	(1)	

1500m Run (A=4:05.00 B=3:55.50 C=3:50.60)

4:07.24	(4:03.03)	Michael Owen	(4)	d
4:15.38	(4:25.34)	Bryan Cobb	(2)	g
4:17.08		Eddie Guelfi	(1)	c
4:23.59	(4:14.24c)	Jake Moe	(1)	d
4:24.51	(4:40.00)	Ben Dort	(1)	b
4:31.23	(4:25.24)	David Delmore	(1)	g
4:44.28	(4:44.28)	Andrew Paine	(3)	g
	(4:08.58)	Matt Burg	(3)	
	(4:24.24)	Jeff Friesen	(1)	
	(4:29.24)	Grant Finney	(1)	
	(4:29.24)	Adam Gray	(1)	
	(4:50.00)	Josh Priester	(2)	

3000m Run (not contested for championships)

8:58.81 (i)	(8:52.35)	Michael Owen	(4)	a
9:45.05 m(i)	(9:18.94c)	Jake Moe	(1)	a
	(9:06.07)	Matt Burg	(3)	
	(9:24.24)	Jeff Friesen	(1)	
	(9:34.24)	Grant Finney	(1)	
	(9:45.24)	David Delmore	(1)	

5000m Run (A=15:49.76 B=14:55.00 C=14:32.00)

15:48.87	(15:37.04)	Michael Owen	(4)	b A
16:35.17	(16:56.05)	Jake Moe	(1)	g
16:42.32	(16:42.32)	Grant Finney (red.)	--	g
	(15:45.64)	Matt Burg	(3)	
	(17:23.24)	David Delmore	(1)	

10,000m Run (A=TOP 18 B=31:30.00 C=30:37.00)

	(33:11.50)	Michael Owen	(4)
	(33:29.40)	Matt Burg	(3)

110m High Hurdles (A=16.13 B=14.90 C=14.45

15.60	(15.85)	Seth Harris	(1)	c A
16.09	(17.34)	Ben Dillow	(1)	d
	(16.90)	Ben Eichenberger	(2)	
	(16.98)	Josh Priester	(2)	

400m Intermediate Hurdles (A=57.89 B=54.00 C=52.40

53.59	(55.74)	Seth Harris	(1)	d AB
59.37	(59.94)	Ben Eichenberger	(2)	d
	(60.08)	Andrew Paine	(3)	

3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)

9:24.49	(9:23.57)	Michael Owen	(4)	c A

Decathlon (A=NONE B=6000 C=6500)

	(6442)	Josh Priester	(2)
	(6030hs)	Ben Dillow	(1)

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 100m Relay (A=TOP-8 B=42.00 C=41.40)

42.65	(Maves, Harris, Bates, Salisbury	c
42.91	(Maves, Harris, Bates, Salisbury	d

4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)

3:18.51	(Rassmussen, Salisbury, Bates, Harris	c
3:22.93	(Priester, Guelfi, Bates, Harris)	b
3:25.27	(Rasmussen, Sticka, Dillow, Bates)	g
3:29.45 B	(Sticka, Paine, Eichenberger, Dillow)	d
3:29.90 B	(Guelfi,Cobb, Eichenberger, Dillow)	c
3:33.07 B	(Guelfi, Cobb, Dort, Paine)	g
3:33.94	(Rasmussen, Dort, Cobb, Dillow)	b
3:40.44 C	(Maves, Wymore, Dort, Paine)	c

4 x 4 SPLITS

(LO=Leadoff leg)

50.6-LO	(50.8-LO)	Rasmussen	c
51.3-LO	(51.3-LO)	Priester	b
50.6-LO	(51.3-LO)	Guelfi	g
51.7-LO	(51.7-LO)	Sticka	f
56.1-LO	(56.1-LO)	Maves	c
	(50.7-LO)	Sprunger	
	(53.9-LO)	Dort	
	(54.4-LO)	Eichenberger	
	(53.0-LO)	Paine	

48.4	(47.8)	Salisbury	c
48.8	(49.1)	Harris	c
50.0	(49.7)	Sticka	g
50.6	(49.6)	Bates	b
51.8	(48.9)	Guelfi	b
52.0	(52.0)	Eichenberger	c
52.3	(52.3)	Dillow	b
53.0	(51.5)	Paine	g
54.0	(53.8)	Cobb	c
55.2	(55.9)	Wymore	c
55.3	(56.6)	Dort	g
	(49.6)	Rasmussen	
	(54.6)	Owen	
	(54.0)	Puckett	
	(58.0)	Haehlen	

INDIVIDUAL SCORING--2004

Salisbury	56.25
Puckett	47
Harris	39.75
Gassaway	37
Rasmussen	26.25
Vela	22
Priester	21.5
Bates	21
Dillow	18.75
Maves	18
Owen	17
Gottfried	17
Beatty	16
Yeager	15
Haehlen	11
Eichenberger	11
Cobb	10
Malcolm	10
Sticka	8.25
Guelfi	7.25
Laloli	7
Hultberg	7
Dort	6.75
Wymore	6.25
Moe	6
Wadlow	6
Paine	2.50
Delmore	2

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
f1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark B--NCAA-III Provisional qualifying C--NCAA III Auto. qualifying

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-08.00/1.73)					
5-06.50/1.69	(5-05.75/1.67)	Michelle Forbes	(3)	c	AB
5-00.25/1.53	(5-01.00/1.55)	Julie Brown	(1)	b	f
Vault (A=9-06.25/2.90 B=10-10.00/3.30 C=12-04.00/3.76)					
9-00.50/2.76	(8-09.00/2.67)	Jillian Shaw	(2)	g	
9-00.50/2.76	(9-06.00/2.89)	Tori Black	(1)	g	
Long Jump (A=16-05.75/5.02 B=18-00.50/5.50 C=19-00.50/5.80)					
16-08.75/5.10	(14-09.75/4.51)	Michelle Forbes	(3)	I	A
Triple Jump (A=33-11.50/10.35 B=36-11/11.25 C=39-08.50/12.10)					
34-06.75/10.54	(33-09.75/10.30)	Michelle Forbes	(3)	d	A
Shot PUT (A=36-02.75/11.04 B=42-02.25/12.86 \ C=46-10.25/14.28)					
32-05.75/9.90	(30-00.00/9.14)	Poha Henson	1)	g	
28-07.75/8.73	(25-09.50/7.86)	Lindsey Blankenship	(1)	g	
Discus (A=116-00/35.36 B=136-02/41.50 C=152-07/46.50)					
100-02/30.54	(93-11/28.60)	Lindsey Blankenship	(1)	k	
89-04/27.23	(70-08/21.54)	Poha Henson	(1)	g	
69-03/21.10	(69-03/21.10)	Tori Black	(1)	c	
Javelin (A=116-00/35.36 B=126-04/38.50 C=142-05/43.40)					
116-09/35.58	(110-00.00/33.52)	Tori Black	(1)	g	A
79-05/24.22	(89-11/27.42)	Brooke Erickson	(4)	i	
Hammer (A=127-07/38.89 B=149-11/45.70 C=171-11/52.40)					
132-02/40.29	(79-11/24.36)	Lindsey Blankenship	(1)	k	A
117-01/35.70	(78-05/23.90)	Poha Henson	(1)	i	
100m Dash (A=12.96 B=12.34 C=11.95)					
13.01	(12.94)	Brooke Erickson	(4)	i	
13.21	(13.04)	Shannon Miles	(1)	i	
14.35	(14.42)	Jillian Shaw	(2)	d	
14.29	(13.91)	Mona Matthews	(4)	k	
200m Dash (A=26.95 B=25.34 C=24.48)					
26.74	(26.76)	Brooke Erickson	(4)	i	A
27.14	(26.84)	Shannon Miles	(1)	i	
29.77	(29.08)	Mona Matthews	(4)	k	
30.65	(30.65)	Juliekay Brown	(1)	b	
400m Dash (A=62.13 B=57.60 C=55.70)					
64.41	(58.35)	Sara Miller	(3)	k	
70.40	(70.40)	Juliekay Brown	(1)	b	
800m Run (A=2:23.42 B=2:15.90 C=2:12.00)					
2:28.72	(2:32.18)	Sara Miller	(3)	f	
2:32.49	(2:32.49)	Whittney Harris	(1)	i	
2:32.70	(2:25.)	Tessa Vergari	(1)	f	
2:35.54	(2:25.33)	Leighann Fischer	(1)	b	
2:36.44	(2:33.24)	Beth Jertberg	(2)	g	
2:47.02	(2:31.45)	Beth Moyer	(4)	g	
2:51.97	(2:51.97)	Kara Geertz	(1)	k	
1500m Run (A=4:54.00 B=4:42.00 C=4:34.00)					
4:59.11	(5:04.)	Leighann Fischer	(1)	d	
5:08.39	(5:21.07)	Sara Miller	(3)	d	
5:09.06	(5:07.92)	Beth Jertberg	(2)	d	
5:10.21	(5:13.)	Whittney Harris	(1)	c	
5:21.64	(5:20.)	Tessa Vergari	(1)	b	
5:29.79	(5:48.89)	Kara Geertz	(1)	k	
5:45.48	(5:01.53)	Beth Moyer	(4)	g	
3000m Run (Not contested in championships)					
10:50.21	(11:15.24)	Leighann Fischer	(1)	a	
11:33.11 (i)	(11:14.)	Whittney Harris	(1)	a	
11:50.47	(11:44.06)	Beth Jertberg	(2)	i	
5000m Run (A=19:06.15 B=17:48.00 C=17:00.00)					
18:55.87	(18:37.44)	Leighann Fischer	(1)	c	A
19:21.60	(19:45.14)	Whittney Harris	(1)	d	
20:24.74	(18:50.74)	Janelle Goeres	(4)	g	
21:00.26	(19:40.70)	Beth Moyer	(4)	c	

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
10,000m Run (A=40:00.00 B=37.50.00 C=36:00.00)					
41:19.92	(41:19.92)	Whittney Harris	(1)	b	A
42:35.30	(39:12.60)	Janelle Goeres	(4)	h	A
100m Hurdles (A=16.14 B=15.10 C=14.43)					
17.04	(16.34)	Julie Brown	(1)	i	
17.45	(16.74)	Lindsay Finney	(1)	i	
18.68	(17.13)	Bekah Duby	(1)	c	
400m Hurdles (A=69.01 B=64.30 C=61.90)					
70.69	(71.11)	Julie Brown	(1)	i	
74.12	(76.30)	Lindsay Finney	(1)	i	
74.79	(77.00)	Bekah Duby	(1)	d	
3000m STEEPLECHASE (A=TOP 18 B=11:23.00 C=10:44.00)					
12:41.60	(12:41.60)	Whittney Harris	(1)	h	A
12:52.14	(12:52.14)	Beth Jertberg	(2)	k	A
13:13.44	(12:05.11)	Elizabeth Moyer	(4)	d	A
Heptathlon (A=None B=4100 C=4500)					
4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)					
52.34	(Shaw, Matthews, Miles, Erickson)			g	
52.64	(Shaw, Matthews, Miles, Erickson)			k	
4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)					
4:24.53	(Miller, Jertberg, Fischer, Brown)			d	
4:30.23	(Erickson, Brown, Geertz, Miller)			i	
4:35.94	(Duby, Vergari, Jertberg, Miller)			b	
4:36.20	(Matthews, Brown, Jertberg, Miller)			g	
4:37.94	(Miller, Jertberg, Matthews, Geertz)			c	

4 x 4 SPLITS

(LO=Leadoff leg)

63.3-LO	(63.3-LO)	Erickson	i
64.8-LO	(65.8-LO)	Miller	d
70.9-LO	(70.9-LO)	Duby	b
71.5-LO	(67.2-LO)	Matthews	g
66.0	(72.5)	Jertberg	c
66.4	(58.1)	Miller	i
66.6		Fischer	d
66.9	(67.0)	Brown	i
68.8	(64.0)	Vergari	b
72.0	(70.4)	Matthews	c
73.4	(74.0)	Geertz	i
	(61.9)	Erickson	
	(62.0)	Duby	
	(62.2)	Beach	
	(65.2)	Moyer	

INDIVIDUAL SEASON SCORING--2004

Forbes	61
Brown	40.5
Erickson	38
Miller	35
Black	34
Miles	32
Blankenship	30
Finney	24
Henson	21
Shaw	17
Harris	16
Geertz	15.5
Fischer	13
Goeres	12
Matthews	11
Moyer	9
Duby	3
Vergari	1

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
fl.	3/27	UPS All-Comers						

▲ -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
f1.	3/27	UPS All-Comers						

-- 2004 NWC qualifying mark B--NCAA-III Provisional qualifying C--NCAA III Auto. qualifying

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-08.00/1.73)					
5-06.50/1.69	(5-05.75/1.67)	Michelle Forbes	(3)	c	B
5-02.25/1.58	(5-01.00/1.55)	Julie Brown	(1)	l	
Vault (A=9-06.25/2.90 B=10-10.00/3.30 C=12-04.00/3.76)					
9-00.50/2.76	(8-09.00/2.67)	Jillian Shaw	(2)	g	
9-00.50/2.76	(9-06.00/2.89)	Tori Black	(1)	g	
Long Jump (A=16-05.75/5.02 B=18-00.50/5.50 C=19-00.50/5.80)					
16-08.75/5.10	(14-09.75/4.51)	Michelle Forbes	(3)	I	
Triple Jump (A=33-11.50/10.35 B=36-11/11.25 C=39-08.50/12.10)					
35-06.50/10.83	(33-09.75/10.30)	Michelle Forbes	(3)	l	
Shot PUT (A=36-02.75/11.04 B=42-02.25/12.86 \ C=46-10.25/14.28)					
32-05.75/9.90	(30-00.00/9.14)	Poha Henson	1)	g	
28-07.75/8.73	(25-09.50/7.86)	Lindsey Blankenship	(1)	g	
Discus (A=116-00/35.36 B=136-02/41.50 C=152-07/46.50)					
100-02/30.54	(93-11/28.60)	Lindsey Blankenship	(1)	k	
89-04/27.23	(70-08/21.54)	Poha Henson	(1)	g	
69-03/21.10	(69-03/21.10)	Tori Black	(1)	c	
Javelin (A=116-00/35.36 B=126-04/38.50 C=142-05/43.40)					
116-09/35.58	(110-00.00/33.52)	Tori Black	(1)	g	
79-05/24.22	(89-11/27.42)	Brooke Erickson	(4)	i	
Hammer (A=127-07/38.89 B=149-11/45.70 C=171-11/52.40)					
132-02/40.29	(79-11/24.36)	Lindsey Blankenship	(1)	k	
117-01/35.70	(78-05/23.90)	Poha Henson	(1)	i	
100m Dash (A=12.96 B=12.34 C=11.95)					
13.01	(12.94)	Brooke Erickson	(4)	i	
13.21	(13.04)	Shannon Miles	(1)	i	
14.35	(14.42)	Jillian Shaw	(2)	d	
14.29	(13.91)	Mona Matthews	(4)	k	
200m Dash (A=26.95 B=25.34 C=24.48)					
26.74	(26.76)	Brooke Erickson	(4)	i	
27.14	(26.84)	Shannon Miles	(1)	i	
29.77	(29.08)	Mona Matthews	(4)	k	
30.65	(30.65)	Juliekay Brown	(1)	b	
400m Dash (A=62.13 B=57.60 C=55.70)					
64.41	(58.35)	Sara Miller	(3)	k	
70.40	(70.40)	Juliekay Brown	(1)	b	
800m Run (A=2:23.42 B=2:15.90 C=2:12.00)					
2:28.72	(2:32.18)	Sara Miller	(3)	f	
2:32.49	(2:32.49)	Whittney Harris	(1)	i	
2:32.70	(2:25.)	Tessa Vergari	(1)	f	
2:35.54	(2:25.33)	Leighann Fischer	(1)	b	
2:36.44	(2:33.24)	Beth Jertberg	(2)	g	
2:47.02	(2:31.45)	Beth Moyer	(4)	g	
2:51.97	(2:51.97)	Kara Geertz	(1)	k	
1500m Run (A=4:54.00 B=4:42.00 C=4:34.00)					
4:59.11	(5:04.)	Leighann Fischer	(1)	d	
5:08.39	(5:21.07)	Sara Miller	(3)	d	
5:09.06	(5:07.92)	Beth Jertberg	(2)	d	
5:10.21	(5:13.)	Whittney Harris	(1)	c	
5:21.64	(5:20.)	Tessa Vergari	(1)	b	
5:24.62	(5:48.89)	Kara Geertz	(1)	l	
5:45.48	(5:01.53)	Beth Moyer	(4)	g	
3000m Run (Not contested in championships)					
10:50.21	(11:15.24)	Leighann Fischer	(1)	a	
11:33.11 (i)	(11:14.)	Whittney Harris	(1)	a	
11:50.47	(11:44.06)	Beth Jertberg	(2)	i	
5000m Run (A=19:06.15 B=17:48.00 C=17:00.00)					
18:55.87	(18:37.44)	Leighann Fischer	(1)	c	
19:21.60	(19:45.14)	Whittney Harris	(1)	d	
20:24.74	(18:50.74)	Janelle Goeres	(4)	g	
21:00.26	(19:40.70)	Beth Moyer	(4)	c	

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
10,000m Run (A=40:00.00 B=37.50.00 C=36:00.00)					
41:19.92	(41:19.92)	Whittney Harris	(1)	b	A
42:35.30	(39:12.60)	Janelle Goeres	(4)	h	A
100m Hurdles (A=16.14 B=15.10 C=14.43)					
17.04	(16.34)	Julie Brown	(1)	i	
17.45	(16.74)	Lindsay Finney	(1)	i	
18.68	(17.13)	Bekah Duby	(1)	c	
400m Hurdles (A=69.01 B=64.30 C=61.90)					
68.72	(71.11)	Julie Brown	(1)	l	
72.56	(76.30)	Lindsay Finney	(1)	l	
74.79	(77.00)	Bekah Duby	(1)	d	
3000m STEEPLECHASE (A=TOP 18 B=11:23.00 C=10:44.00)					
12:20.87	(12:52.14)	Beth Jertberg	(2)	l	
12:28.70	(12:41.60)	Whittney Harris	(1)	l	
13:13.44	(12:05.11)	Elizabeth Moyer	(4)	d	A
Heptathlon (A=None B=4100 C=4500)					

Mark	Team	Mt
4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)		
52.34	(Shaw, Matthews, Miles, Erickson)	g
52.64	(Shaw, Matthews, Miles, Erickson)	k
52.71	(Shaw, Matthews, Miles, Erickson)	l
4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)		
4:19.87	(Brown, Erickson, Jertberg, Miller)	l
4:24.53	(Miller, Jertberg, Fischer, Brown)	d
4:30.23	(Erickson, Brown, Geertz, Miller)	i
4:35.94	(Duby, Vergari, Jertberg, Miller)	b
4:36.20	(Matthews, Brown, Jertberg, Miller)	g
4:37.94	(Miller, Jertberg, Matthews, Geertz)	c

4 x 4 SPLITS
(LO=Leadoff leg)

Split	Best	Athlete	Mt
63.3-LO	(63.3-LO)	Erickson	i
64.8-LO	(65.8-LO)	Miller	d
65.9-L)	(65.9-LO)	Brown	l
70.9-LO	(70.9-LO)	Duby	b
71.5-LO	(67.2-LO)	Matthews	g
- - - -	- - - -	- - - -	- -
64.4	(58.1)	Miller	l
64.6	(61.9)	Erickson	l
64.8	(72.5)	Jertberg	l
66.6		Fischer	d
66.9	(67.0)	Brown	i
68.8	(64.0)	Vergari	b
72.0	(70.4)	Matthews	c
73.4	(74.0)	Geertz	i
	(62.0)	Duby	
	(62.2)	Beach	

INDIVIDUAL SEASON SCORING--2004

Forbes	85
Brown	47
Erickson	43
Miller	35.5
Black	34
Blankenship	34
Miles	32.5
Finney	24
Henson	21
Shaw	17.5
Harris	16
Geertz	15.5
Fischer	13
Jertberg	12.5
Goeres	12
Matthews	11.5
Moyer	9
Duby	3
Vergari	1

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
f1.	3/27	UPS All-Comers						

-- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

NWC 2004 CHAMPIONSHIPS 4/4/2004 to 4/5/2004

Baker Stadium,UPS, Tacoma,WA

Women - Team Rankings -

1) Willamette University	206.50	2) Whitworth College	173
3) Linfield College	157	4) Pacific Lutheran Univeris	84.50
5) Lewis & Clark College	71.50	6) University Puget Sound	65.50
7) George Fox University	34	8) Pacific University (Ore.)	27

ATHLETE OF THE YEAR -- Kristin Shields, Whitworth COACH OF THE YEAR -- Matt McGuirk, Willamette

Women 100 Meter Dash

1	Shields, Kristen	Whitworth	12.17P	10
2	Patterson, Lindsey	Willamette	12.88	8
3	Marken, Sarah	Whitworth	13.03	6
4	Reece, Jazzmin	Willamette	13.10	5
5	Larsen, Carrie	Pacific Lutheran	13.19	4
6	Erickson, Brooke	George Fox	13.22	3
7	Brown, Nicole	Whitworth	13.25	2
8	Stiglmeier, Caitlin	Linfield	13.34	1

PRELIMS -- Erickson (13.33); Miles (13.52)

Women 200 Meter Dash

1	Shields, Kristen	Whitworth	25.06P	10
2	Swan, Jody	Lewis & Clark	26.00	8
3	Hanson, Mariah	Willamette	26.19	6
4	Patterson, Lindsey	Willamette	J26.19	5
5	Newell, Kelsey	Linfield	26.66	4
6	Brown, Nicole	Whitworth	27.02	3
7	Reece, Jazzmin	Willamette	27.14	2
8	Erickson, Brooke	George Fox	27.46	1

PRELIMS -- Erickson (27.44); Miles (27.89)

Women 400 Meter Dash

1	Swan, Jody	Lewis & Clark	56.72P	10
2	Hanson, Mariah	Willamette	57.11P	8
3	Andrews, Alicia	Willamette	57.14P	6
4	Newell, Kelsey	Linfield	58.16	5
5	Killam, Carly	Willamette	1:00.46	4
6	Moore, Leah	Linfield	1:01.27	3
7	Schiele, Shannon	Linfield	1:02.32	2
8	Bertholf, Kim	Pacific Lutheran	1:02.76	1

PRELIMS -- Miller (1:04.58)

Women 800 Meter Run

1	Andrews, Alicia	Willamette	2:18.43	10
2	Heinemann, Elaine	Whitworth	2:20.88	8
3	Vandehey, Stephanie	Willamette	2:22.01	6
4	Killam, Carly	Willamette	2:24.42	5
5	Hagney, Alana	Puget Sound	2:24.75	4
6	Murphy, Joanna	Linfield	2:24.86	3
7	Henderson, Amber	Willamette	2:26.41	2
8	Phimister, Molly	Willamette	J2:26.41	1

Women 1500 Meter Run

1	Holbert, Kari	Willamette	4:47.76	10
2	Phimister, Molly	Willamette	4:48.04	8
3	Heinemann, Elaine	Whitworth	4:48.29	6
4	Vandehey, Stephanie	Willamette	4:50.40	5
5	Rumore, Danya	Willamette	4:52.00	4
6	Henderson, Amber	Willamette	4:53.13	3
7	Hagney, Alana	Puget Sound	4:53.93	2
8	Orzell, Sarah	Puget Sound	4:59.61	1
9	Jertberg, Beth	George Fox	5:12.40	
15	Geertz, Kara	George Fox	5:24.62	**

Women 5000 Meter Run

1	Nelson, Leslie	Whitworth	17:57.81	10
2	Grossman, Sadie	Lewis & Clark	18:24.16	8
3	Witt, Meryl	Linfield	18:29.81	6
4	Jamieson, Ashley	Pacific Lutheran	18:52.96	5
5	Dickey, Kristi	Whitworth	18:57.37	4
6	Mearig, Breea	Pacific Lutheran	18:59.80	3
7	Carter, Bethany	Pacific Lutheran	18:59.86	2
8	Lauterbach, Julie	Whitworth	19:01.98	1
9	Dobson, Hillary	Puget Sound	19:21.89	
10	Harris, Whitney	George Fox	19:30.70	

Women 10000 Meter Run

1	Nelson, Leslie	Whitworth	36:23.88#	10
2	Muren, Natalie	Willamette	37:21.41P	8
3	Grossman, Sadie	Lewis & Clark	38:06.80	6
4	Dickey, Kristi	Whitworth	38:12.98	5
5	Jamieson, Ashley	Pacific Lutheran	38:37.58	4
6	Mearig, Breea	Pacific Lutheran	38:54.22	3
7	Lauterbach, Julie	Whitworth	39:05.44	2
8	Dobson, Hillary	Puget Sound	39:47.04	1

Women 100 Meter Hurdles

1	Mahoney, Caitlin	Linfield	15.69	10
2	McGrane, Shannon	Willamette	15.71	8
3	Reece, Jazzmin	Willamette	15.76	6
4	Lucas, Nicole	Willamette	15.81	5
5	Kassebaum, Roseann	Willamette	16.33	4
6	Bernard, Riley	Linfield	16.36	3
7	Rugani, Ana	Puget Sound	16.85	2
8	Marken, Sarah	Whitworth	17.00	1

PRELIMS -- Brown (17.44)

Women 400 Meter Hurdles

1	Larsen, Carrie	Pacific Lutheran	1:02.27*	10
2	McGrane, Shannon	Willamette	1:02.82P	8
3	Kassebaum, Roseann	Willamette	1:04.26P	6
4	Branam, Easton	Pacific Lutheran	1:05.59	5
5	Bernard, Riley	Linfield	1:05.64	4
6	Ross, Kate	Lewis & Clark	1:07.18	3
7	Brown, Julie	George Fox	1:09.98	2
8	Hinson, Emily	Whitworth	1:10.81	1

PRELIIMS -- Brown (1:08.72**); Finney (1:12.56**)

Women 3000 Meter Steeplechase

1	Holbert, Kari	Willamette	10:59.44#	10
2	Witt, Meryl	Linfield	11:27.94	8
3	Hall, Tery	Linfield	11:33.15	6
4	Wright, Bobbi	Willamette	11:58.12	5
5	Crosby, McKenzie	Whitworth	12:03.51	4
6	Brady, Molly	Willamette	12:15.72	3
7	Jertberg, Beth	George Fox	12:20.87 **	2
	(#3 All-Time; #2 Frosh)			
8	Peters, Jenny	Whitworth	12:22.46	1
9	Harris, Whitney	George Fox	12:23.70 **	
	(#4 All-Time; #3 Frosh)			

Women 4x100 Meter Relay

1	Whitworth College 'A'	48.93P	10
2	Lewis & Clark College 'A'	50.32	8
3	Linfield College 'A'	50.60	6
4	Pacific Lutheran Univeristy 'A'	J50.60	5
5	Willamette University 'A'	52.05	4
6	University Puget Sound 'A'	52.27	3
7	George Fox University 'A'	52.71	2
	(Shaw, Matthews, Miles, Erickson)		
8	Pacific University (Ore.) 'A'	55.61	1

Women 4x400 Meter Relay

1	Willamette University 'A'	3:56.26P	10	
2	Linfield College 'A'	4:04.94	8	
3	Pacific Lutheran Univeristy 'A'	4:06.38	6	
4	Whitworth College 'A'	4:08.11	5	
5	Lewis & Clark College 'A'	4:13.64	4	
6	University Puget Sound 'A'	4:15.15	3	
7	George Fox University 'A'	4:19.87	2	**
	(Brown-65.9**; Erickson-64.6##; Jertberg-64.8**' Miller-64.4#)			
8	Pacific University (Ore.) 'A'	4:36.75	1	

Women High Jump

1	Larson, Lindsay	Linfield	1.63m	5-04.25	10
2	Viducich, Suzy	Whitworth	J1.63m	5-04.25	8
3	Mahoney, Caitlin	Linfield	1.58m	5-02.25	6
4	Forbes, Michelle	George Fox	J1.58m	5-02.25	5
5	Brown, Julie	George Fox	J1.58m	5-02.25	4 **
6	Truhler, Jaimi	Willamette	1.48m	4-10.25	3
7	Rowe, Nicolette	Puget Sound	J1.48m	4-10.25	2
8	Benish, Clare	Puget Sound	1.43m	4-08.25	1

Women Pole Vault

1	Heaton, Katie	Puget Sound	3.46mP	11-04.25	10
2	Harmon, Edralyn	Whitworth	J3.46mP	11-04.25	8
3	Huddleston, Julie	Linfield	3.31mP	10-10.25	6
4	Gerrits, Shelby	Lewis & Clark	3.16m	10-04.25	5
5	Levkiv, Oksana	Lewis & Clark	J3.16m	10-04.25	3.5
5	Fisher, Laura	Pacific Lutheran	J3.16m	10-04.25	3.5

7	Weeber, Amanda	Linfield	J3.16m	10-04.25	2
8	Law, Kate	Puget Sound	3.01m	9-10.50	0.5

Women Long Jump

1	Patterson, Lindsey	Willamette	5.50mP	18-00.50	10
2	Robinson, Jena	Puget Sound	5.30m	17-04.75	8
3	Marken, Sarah	Whitworth	5.19m	17-00.50	6
4	Rugani, Ana	Puget Sound	5.14m	16-10.50	5
5	Benish, Clare	Puget Sound	5.12m	16-09.75	4
6	Moore, Leah	Linfield	5.07m	16-07.75	3
7	Ross, Kate	Lewis & Clark	5.03m	16-06.00	2
8	Forbes, Michelle	George Fox	4.98m	16-04.25	1

Women Triple Jump

1	Robinson, Jena	Puget Sound	11.33mP	37-02.25	10	
2	Forbes, Michelle	George Fox	10.83m	35-06.50	8	**
	(#6 All-Time)					
3	Russell, Liz	Willamette	10.54m	34-07.00	6	
4	Goe, Becca	Puget Sound	10.36m	34-00.00	5	
5	Ross, Kate	Lewis & Clark	10.23m	33-06.75	4	
6	Marken, Sarah	Whitworth	10.16m	33-04.00	3	
7	Llanes, Becky	Lewis & Clark	10.13m	33-03.00	2	
8	Jurgens, Jessica	Whitworth	9.95m	32-07.75	1	

Women Shot Put

1	Bielenberg, Danielle	Linfield	13.42mP	44-00.50	10
2	Claypool, Joni	Linfield	12.61m	41-04.50	8
3	Locke, Julie	Pacific Lutheran	11.04m	36-02.75	6
4	Arnall, Dee Dee	Pacific	10.82m	35-06.00	5
5	DesMarais, Micki	Whitworth	10.75m	35-03.25	4
6	Marken, Sarah	Whitworth	10.51m	34-05.75	3
7	Moore, Leah	Linfield	10.44m	34-03.00	2
8	Sammons, Angie	Willamette	10.42m	34-02.25	1

Women Discus Throw

1	Kellogg, Johanna	Whitworth	41.29m	135-05	10
2	Locke, Julie	Pacific Lutheran	37.85m	124-02	8
3	Duerr, Rebecca	Linfield	37.01m	121-05	6
4	Reed, Monique	Willamette	36.83m	120-10	5
5	Bielenberg, Danielle	Linfield	36.52m	119-10	4
6	DesMarais, Micki	Whitworth	36.31m	119-01	3
7	Merz, Meghan	Pacific	35.91m	117-10	2
8	Wochnick, Megan	Pacific Lutheran	35.21m	115-06	1

Women Hammer Throw

1	Wochnick, Megan	Pacific Lutheran	42.64m	139-11	10
2	Paterson, Liz	Lewis & Clark	42.24m	138-07	8
3	Kellogg, Johanna	Whitworth	41.92m	137-06	6
4	Ingram, Allison	Pacific	41.04m	134-08	5
5	Blankenship, Lindsey	George Fox	39.65m	130-01	4
6	Bielenberg, Danielle	Linfield	39.60m	129-11	3
7	Lewis, Stephanie	Pacific Lutheran	38.28m	125-07	2
8	Reed, Monique	Willamette	37.24m	122-02	1

Women Javelin Throw

1	Arnall, Dee Dee	Pacific	43.15mP	141-07	10
2	Regier, Kathryn	Whitworth	39.14mP	128-05	8
3	Steinruck, Alicia	Pacific Lutheran	37.65m	123-06	6
4	Beauchamp, Meghan	Whitworth	37.14m	121-10	5
5	Mascorro, Lydia	Linfield	35.80m	117-05	4
6	Florence, Angela	Whitworth	35.33m	115-11	3
7	Dentzel, Sophia	Willamette	35.00m	114-10	2
8	Moore, Leah	Linfield	34.49m	113-02	1
-	Black, Tori	George Fox	33.88m	111-02	

Women Heptathlon

1	Moore, Leah	Linfield	4419P	10
2	Larson, Lindsay	Linfield	4336P	8
3	Marken, Sarah	Whitworth	4076	6
4	Bernard, Riley	Linfield	3658	5
5	Benish, Clare	Puget Sound	3583	4
6	Barker, Brooke	Pacific	3381	3
7	Kassebaum, Roseann	Willamette	3378	2
8	Reece, Jazzmin	Willamette	3179	1

INDIVIDUAL SCORING -- Forbes 14; Brown 6.5; Erickson 5; Blankenship 4; Jertberg 2.5; Matthews, Shaw, Miles and Miller 0.5;

GFU BRUIN OPEN

April 17, 2004
Mild, dry

Event 1 Women 100 Meter Dash

1	Swan, Jody	Lewis and Clark	12.67	
2	Stiglmeier, Caitlin	Linfield College	13.37	
3	Smith, Danielle	Western Oregon U	13.58	
4	Barker, Brooke	Pacific Universi	13.62	
5	Wilson, Erin	Pacific Universi	13.63	
6	Matthews, Mona	George Fox Unive	14.29	##

Event 2 Women 200 Meter Dash

1	Swan, Jody	Lewis and Clark	25.81	1	
2	Newell, Kelsey	Linfield College	26.41	1	
3	Erickson, Brooke	George Fox Unive	27.02	1	
4	Barker, Brooke	Pacific Universi	27.57	2	
5	Miles, Shannon	George Fox Unive	27.59	1	
6	Schiele, Shanon	Linfield College	27.66	2	
7	Rohlffs, Emily	Linfield College	27.78	2	
8	Wilson, Erin	Pacific Universi	28.29	1	
9	Matthews, Mona	George Fox Unive	29.77	2	##

Event 3 Women 400 Meter Dash

1	Miller, Sara	George Fox Unive	1:04.41	##
2	Gandrud, Harlan	Lewis and Clark	1:07.15	
3	Ganser, Tara	Lewis and Clark	1:09.06	

Event 4 Women 800 Meter Run

1	Murphy, Joanna	Linfield College	2:24.10	
2	Geertz, Kara	George Fox Unive	2:51.97	**

Event 5 Women 1500 Meter Dash

1	Witt, Meryl	Linfield College	4:57.96	
2	Pfeiffer-Hoyt, Megan	Lewis and Clark	5:18.37	
3	Schor, Debbie	Linfield College	5:23.85	
4	Sbordone, Laura	Lewis and Clark	5:28.63	
5	Geertz, Kara	George Fox Unive	5:29.79	**
6	Fischer, Stephanie	Linfield College	5:46.16	

Event 6 Women 3000 Meter Steeplechase

1	Jertberg, Beth	George Fox Unive	12:52.14	** A
	(#4 All-Time; #3 Soph)			
2	Weimar, Ashlee	Linfield College	14:05.18	
--	Harris, Whittney	George Fox Unive	DNF	

Event 7 Women 5000 Meter Run

1	Shosky, Shana	Pacific Universi	19:34.61
2	McCaffrey, Therese	Lewis and Clark	21:07.23

Event 9 Women 100 Meter Hurdles

1	Bernard, Riley	Linfield College	15.77
2	Finney, Lindsay	George Fox Unive	17.50
3	Pitchlynn, Rachel	Cascade College	17.99

Event 10 Women 400 Meter Hurdles

1	Ross, Kate	Lewis and Clark	1:08.13
2	Pitchlynn, Rachel	Cascade College	1:14.74

Event 11 Women 4x100 Meter Relay

1	Linfield College 'A'	50.60
2	Lewis and Clark College 'A'	51.29
3	George Fox University 'A'	52.64
	(Miles, Matthews, Shaw, Erickson)	
4	Pacific University 'A'	56.52

Event 12 Women 4x400 Meter Relay

1	Lewis and Clark College 'A'		4:30.45

Event 13 Women High Jump

1	Forbes, Michelle	George Fox Unive	1.61m	5-03.25
2	McLaughlin, Kadee	Pacific Universi	1.41m	4-07.50

Event 14 Women Pole Vault

1	Huddleston, Julie	Linfield College	3.35m	10-11.75
2	Levkiv, Oksana	Lewis and Clark	3.05m	10-00.00
3	Weeber, Mandy	Linfield College	2.90m	9-06.25
4	Black, Tori	George Fox Unive	2.75m	9-00.25
4	Smith, Danielle	Western Oregon U	2.75m	9-00.25
6	Shaw, Jillian	George Fox Unive	2.60m	8-06.25

Event 15 Women Long Jump

1	Llanes, Becky	Lewis and Clark	4.95m	16-03.00

Event 16 Women Triple Jump

1	Llanes, Becky	Lewis and Clark	9.86m	32-04.25

Event 17 Women Shot Put

1	Bielenberg, Danielle	Linfield College	12.35m	40-06.25
2	Claypool, Joni	Linfield College	11.84m	38-10.25
3	Smalley, Audra	Cascade College	10.91m	35-09.50
4	Barker, Brooke	Pacific Universi	10.77m	35-04.00
5	Arnall, Dee Dee	Pacific Universi	10.40m	34-01.50
6	Henson, Poha	George Fox Unive	9.59m	31-05.75
7	Paterson, Liz	Lewis and Clark	9.55m	31-04.00
8	Christenson, Melissa	Cascade College	9.42m	30-11.00

Event 18 Women Discus Throw

1	Etter, Karen	Unattached	52.67m	172-10	FIELD RECORD
	(Old record 148-10, Mari Ruiz, Whitman, 2000)				
2	Duerr, Becca	Linfield College	37.40m	122-08	
3	Bielenberg, Danielle	Linfield College	36.25m	118-11	
4	Merz, Mehgan	Pacific Universi	34.57m	113-05	
5	Claypool, Joni	Linfield College	31.09m	102-00	
6	Blankenship, Lindsey	George Fox Unive	30.54m	100-02	**
7	Paterson, Liz	Lewis and Clark	25.93m	85-01	
8	Grotzke, Leah	Cascade College	21.05m	69-01	

Event 19 Women Javelin Throw

1	Arnall, Dee Dee	Pacific Universi	41.16m	135-00
2	Larson, Lindsay	Linfield College	35.13m	115-03
3	Moore, Leah	Linfield College	33.56m	110-01
4	Mascorro, Lydia	Linfield College	33.37m	109-06
5	Owens, Kristi	Unattached	30.04m	98-07
6	Barker, Brooke	Pacific Universi	25.35m	83-02
7	Zimmerman, Elizabeth	Lewis and Clark	17.58m	57-08

Event 20 Women Hammer Throw

1	Ingram, Allison	Pacific Universi	40.94m	134-04	
2	Blankenship, Lindsey	George Fox Unive	40.29m	132-02	**
	(#3 All-Time, #2 Soph)				
3	Paterson, Liz	Lewis and Clark	39.19m	128-07	
4	Bielenberg, Danielle	Linfield College	38.92m	127-08	
5	Henson, Poha	George Fox Unive	31.32m	102-09	

INDIVIDUAL SCORING

Forbes, Jertberg, Geertz, Miller 10; Blankenship 9; Finney 8; Erickson 7.5; Miles 3.5; Henson 3; Matthews and Shaw 2.5; Black 2;

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

Personal best		Athlete	
High Jump (A=6-02.25/1.88 B=6-07/2.01 C=6-11.50/2.12			
6-02.75/1.90	(6-04.00/1.93)	Bret Yeager	(4) c A
6-01.50/1.87	(6-04.00/1.93)	Ben Dillow	(1) d
5-06.00/1.68	(5-10.50/1.79)	Josh Priester	(2) j
Vault (A=13-03.50/4.05 B=15-02.25/4.63 C=16-06.00/5.03)			
13-03.50/4.05	(14-01.00/4.29)	Travis Laloli	(rs) g A
13-01.50/4.00	(14-00.00/4.27)	Josh Priester	(2) j
12-06.25/3.82	(12-00.00/3.66)	Andy Haehlen	(3) g
12-05.50/3.80	(13-00.25/3.97)	Nick Wymore	(3) c
12-00.50/3.67	(12.00.50/3.67)	Ben Dillow	(1) g
LJ (A=21-00.00/6.40 B=22-07.75/6.90 C=23-10.75/7.28			
23-04.50/7.12	(22-02.75/6.80)	Adam Puckett	(4) i AB
21-02.50/6.46	(21-04.00/6.50)	Milo Vela	(2) i A
21-00.50/6.41	(21-10.00/6.65)	Josh Priester	(2) j
20-10.50/6.36	(21-04.00/6.50)	Bryan Wadlow	(4) k
20-05.25/6.23	(20-04.00/6.20)	Ben Dillow	(1) f
20-02.25/6.15	(19-10.25/6.05)	Doug Beatty	(4) b
20-00.50/6.11	(20-11.00/6.37)	Drew Maves	(1) b
TJ (A=42-07.75/12.98 B=46-03.25/14.10/ C=48-10.75/14.90)			
46-03.50/14.11	(45-06.25/13.87)	Adam Puckett	(4) c AB
44-09.50/13.65	(44-02.50/13.47)	Milo Vela	(2) i A
42-06.00/12.95	(44-05.50/13.55)	Bryan Wadlow	(4) i
42-03.50/12.66	(42-04.25/12.91)	Doug Beatty	(4) c
41-02.25/12.55	(38-00.00/11.58)	Drew Maves	(1) k
Shot (A=44-00.50/13.42 B=50-08.25/15.45 C=56-01.75/17.11)			
45-06.50/13.88	(40-07.50/12.38)	David Malcolm	(4) g A
41-06.50/12.66	(40-10.00/12.44)	Josh Priester	(2) c
35-00.25/10.67	(35-00.25/10.67)	Ben Dillow	(1) j
Discus (A=135-06/41.30 B=155-09/47.47 C=174-06/53.21)			
132-06/40.40	(137-07/41.94)	Josh Priester	(2) g
127-09/38.95	(143-10/43.84)	Greg Gottfried	(3) k
112-10/34.39	(98-10/30.12)	Ben Dillow	(1) j
111-05/33.96	(117-10/35.91)	Nick Hultburg	(4) c
Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)			
203-04/61.99	(202-07/61.74)	Matt Gassaway	(3) e1 AB
164-10/50.24	(177-03/54.04)	Nick Hultberg	(4) g
160-06/48.92	(152-11/46.62)	Ben Dillow	(1) j
155-03/47.33	(151-09/46.26)	Josh Priester	(2) j
Hammer (A=146-02/44.56 B=166-00/50.60 C=188-10/57.55)			
160-11/49.06	(166-08/50.80)	Greg Gottfried	(3) k A
141-08/43.18	(116-02/35.41)	David Malcolm	(4) k
118-09/36.21	(120-04/36.67)	Nick Hultberg	(4) d1
100m Dash (A=11.17 B=10.81 C=10.53)			
10.94	(10.65)	Ben Salisbury	(4) c A
11.25	(11.44)	Drew Maves	(1) i
11.59	(10.98)	Josh Priester	(2) k
11.75	(11.74)	Ben Dillow	(1) k
12.05	(12.05)	Bret Yeager	(4) g
12.14	(11.34)	Brad Bates	(3) k
12.15	(12.15)	Milo Vela	(2) g
12.60	(12.50)	Nick Wymore	(3) b
12.68	(12.57)	Andy Haehlen	(3) b
200m Dash (A=22.66 B=21.80 C=21.25)			
21.37	(21.34)	Ben Salisbury	(4) i AB
22.27 (i)	(23.39)	Ryan Sprunger	(3) a
22.84	(23.35)	Jesse Rasmussen	(4) i
23.34	(22.99)	Brad Bates	(3) c
400m Dash (A=51.08 B=48.50 C=47.50)			
49.21	(50.16)	Ryan Sprunger	(3) I A
50.03(i)	(50.03)	Seth Harris	(1) a
50.22	(49.95)	Jesse Rasmussen	(4) g A
51.14	(51.14)	Adam Puckett	(4) g A
51.18	(49.70)	Josh Priester	(2) g A
51.33	(50.44)	Brad Bates	(3) k
51.76(i)	(51.44)	Ryan Sticka	(1) a
52.20	(52.04)	Ben Dillow	(1) j

Personal best		Athlete	
800m Run (A=1:59.56 B=1:53.60 C=1:51.30)			
1:57.17	(1:58.04)	Ryan Sticka	(1) k A
1:59.02	(2:01.11)	Bryan Cobb	(2) k A
2:00.82	(2:05.82)	Brad Bates	(3) g
2:01.46	(1:53.54)	Eddie Guelfi	(1) b
2:03.04	(2:04.04)	Ben Dort	(1) k
2:05.47	(2:05.92)	Andrew Paine	(3) f
2:00.74	(2:01.03)	Michael Owen	(4) k
2:07.48	(2:07.48)	Grant Finney	(rs)
2:07.54	(2:07.24)	Jake Moe	(1) k
1500m Run (A=4:05.00 B=3:56.00 C=3:50.60)			
4:07.24	(4:03.03)	Michael Owen	(4) d
4:13.11	(4:14.24c)	Jake Moe	(1) k
4:15.38	(4:25.34)	Bryan Cobb	(2) g
4:17.08		Eddie Guelfi	(1) c
4:21.02	(4:29.24)	Grant Finney	(rs)
4:24.51	(4:40.00)	Ben Dort	(1) b
4:31.23	(4:25.24)	David Delmore	(1) g
4:42.26	(4:42.26)	Ben Dillow	(1) j
4:44.28	(4:44.28)	Andrew Paine	(3) g
4:55.57	(4:50.00)	Josh Priester	(2) j
3000m Run (not contested for championships)			
8:58.81 (i)	(8:52.35)	Michael Owen	(4) a
9:33.77	(9:34.24)	Grant Finney (red.)	(1) i
9:45.05 m(i)	(9:18.94c)	Jake Moe	(1) a
9:50.80	(9:45.24)	David Delmore	(1) i
5000m Run (A=15:45.12 B=14:50.00 C=14:26.00)			
15:48.87	(15:37.04)	Michael Owen	(4) b A
16:35.17	(16:56.05)	Jake Moe	(1) g
16:42.32	(16:42.32)	Grant Finney	(rs) g
16:59.09	(17:23.24)	David Delmore	(1) k
10,000m Run (A=33:00.00 B=31:20.00 C=30:24.00)			
34:55.84	(34:55.84)	Jake Moe	(1) h A
110m High Hurdles (A=16.06 B=14.90 C=14.40			
15.32	(15.85)	Seth Harris	(1) i A
15.98	(17.34)	Ben Dillow	(1) j A
18.18	(16.98)	Josh Priester	(2) j
400m Intermediate Hurdles (A=57.41 B=54.00 C=52.20			
53.08	(55.74)	Seth Harris	(1) i AB
58.66	(58.77)	Eddie Guelfi	(1) k
59.37	(59.94)	Ben Eichenberger	(2) d
66.27	(66.27)	Nick Wymore	(3) k
3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)			
9:16.24	(9:23.57)	Michael Owen	(4) h A
Decathlon (A=NONE B=6000 C=6500)			
6247	(6247)	Ben Dillow	(1) j B
6210	(6442)	Josh Priester	(2) j B

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 100m Relay (A=TOP-8 B=42.00 C=41.10)

42.08	(Maves, Harris, Bates, Salisbury)	i
42.65	(Maves, Harris, Bates, Salisbury)	c
42.91	(Maves, Harris, Bates, Salisbury)	d

4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)

3:16.14	(Rasmussen, Salisbury, Sprunger, Harris)	i B
3:18.51	(Rassmussen, Salisbury, Bates, Harris)	c
3:22.93	(Priester, Guelfi, Bates, Harris)	b
3:24.20 B	(Guelfi, Sticka, Bates, Paine)	i
3:25.27	(Rasmussen, Sticka, Dillow, Bates)	g
3:27.72 B	(Guelfi, Coibb, Paine, Sticka)	k
3:29.45 B	(Sticka, Paine, Eichenberger, Dillow)	d
3:29.90 B	(Guelfi,Cobb, Eichenberger, Dillow)	c
3:33.07 B	(Guelfi, Cobb, Dort, Paine)	g
3:33.94	(Rasmussen, Dort, Cobb, Dillow)	b
3:39.50 C	(Wymore, Cobb, Dort, Moe)	i
3:40.44 C	(Maves, Wymore, Dort, Paine)	c

4 x 4 SPLITS

(LO=Leadoff leg)

49.9-LO	(50.8-LO)	Rasmussen	i
51.3-LO	(51.3-LO)	Priester	b
50.6-LO	(51.3-LO)	Guelfi	g
51.7-LO	(51.7-LO)	Sticka	f
54.6-LO	(54.6-LO)	Wymore	i
56.1-LO	(56.1-LO)	Maves	c
	(50.7-LO)	Sprunger	
	(53.9-LO)	Dort	
	(54.4-LO)	Eichenberger	
	(53.0-LO)	Paine	

47.9	(47.8)	Salisbury	i
48.7	(49.1)	Harris	i
49.7	(49.7)	Sprunger	i
50.0	(49.7)	Sticka	g
50.1	(49.6)	Bates	i
51.8	(48.9)	Guelfi	b
52.0	(52.0)	Eichenberger	c
52.0	(51.5)	Paine	i
52.3	(52.3)	Dillow	b
53.2	(53.8)	Cobb	i
55.2	(55.9)	Wymore	c
55.3	(56.6)	Dort	g
56.1	(56.1)	Moe	i
	(49.6)	Rasmussen	
	(54.6)	Owen	
	(54.0)	Puckett	
	(58.0)	Haehlen	

INDIVIDUAL SCORING--2004

Salisbury	71.25
Harris	62.75
Puckett	57
Gassaway	53
Vela	35
Bates	33.5
Rasmussen	32.75
Sticka	32.75
Priester	32.5
Malcolm	32
Maves	31.5
Yeager	31
Gottfried	31
Dillow	28.75
Owen	27
Cobb	25.25
Wadlow	23
Guelfi	22.25
Wymore	17
Beatty	16
Haehlen	16
Moe	14.75
Delmore	12
Dort	10.75
Eichenberger	11
Hultberg	11
Paine	7.75
Laloli	7

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

Personal best		Athlete	
High Jump (A=6-02.25/1.88 B=6-07/2.01 C=6-11.50/2.12			
6-02.75/1.90	(6-04.00/1.93)	Bret Yeager	(4) c
6-01.50/1.87	(6-04.00/1.93)	Ben Dillow	(1) d
5-06.00/1.68	(5-10.50/1.79)	Josh Priester	(2) j
Vault (A=13-03.50/4.05 B=15-02.25/4.63 C=16-06.00/5.03)			
13-03.50/4.05	(14-01.00/4.29)	Travis Laloli	(rs) g
13-01.50/4.00	(14-00.00/4.27)	Josh Priester	(2) j
12-09.50/3.90	(12.00.50/3.67)	Ben Dillow	(1) j
12-06.75/3.83	(12-00.00/3.66)	Andy Haehlen	(3) l
12-05.50/3.80	(13-00.25/3.97)	Nick Wymore	(3) c
LJ (A=21-00.00/6.40 B=22-07.75/6.90 C=23-10.75/7.28			
23-04.50/7.12	(22-02.75/6.80)	Adam Puckett	(4) i B
21-02.50/6.46	(21-04.00/6.50)	Milo Vela	(2) i
21-00.50/6.41	(21-10.00/6.65)	Josh Priester	(2) j
20-10.50/6.36	(21-04.00/6.50)	Bryan Wadlow	(4) k
20-05.25/6.23	(20-04.00/6.20)	Ben Dillow	(1) f
20-02.25/6.15	(19-10.25/6.05)	Doug Beatty	(4) b
20-00.50/6.11	(20-11.00/6.37)	Drew Maves	(1) b
TJ (A=42-07.75/12.98 B=46-03.25/14.10/ C=48-10.75/14.90)			
46-03.50/14.11	(45-06.25/13.87)	Adam Puckett	(4) c B
44-09.50/13.65	(44-02.50/13.47)	Milo Vela	(2) i
43-03.25/13.19	(44-05.50/13.55)	Bryan Wadlow	(4) l
42-03.50/12.66	(42-04.25/12.91)	Doug Beatty	(4) c
41-02.25/12.55	(38-00.00/11.58)	Drew Maves	(1) k
Shot (A=44-00.50/13.42 B=50-08.25/15.45 C=56-01.75/17.11)			
45-06.50/13.88	(40-07.50/12.38)	David Malcolm	(4) g
41-06.50/12.66	(40-10.00/12.44)	Josh Priester	(2) c
35-00.25/10.67	(35-00.25/10.67)	Ben Dillow	(1) j
Discus (A=135-06/41.30 B=155-09/47.47 C=174-06/53.21)			
132-06/40.40	(137-07/41.94)	Josh Priester	(2) g
127-09/38.95	(143-10/43.84)	Greg Gottfried	(3) k
112-10/34.39	(98-10/30.12)	Ben Dillow	(1) j
111-05/33.96	(117-10/35.91)	Nick Hultburg	(4) c
Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)			
203-04/61.99	(202-07/61.74)	Matt Gassaway	(3) e1 B
164-10/50.24	(177-03/54.04)	Nick Hultberg	(4) g
160-06/48.92	(152-11/46.62)	Ben Dillow	(1) j
155-03/47.33	(151-09/46.26)	Josh Priester	(2) j
Hammer (A=146-02/44.56 B=166-00/50.60 C=188-10/57.55)			
160-11/49.06	(166-08/50.80)	Greg Gottfried	(3) k
141-08/43.18	(116-02/35.41)	David Malcolm	(4) k
118-09/36.21	(120-04/36.67)	Nick Hultberg	(4) d1
100m Dash (A=11.17 B=10.81 C=10.53)			
10.81	(10.65)	Ben Salisbury	(4) l B
11.25	(11.44)	Drew Maves	(1) i
11.59	(10.98)	Josh Priester	(2) k
11.75	(11.74)	Ben Dillow	(1) k
12.05	(12.05)	Bret Yeager	(4) g
12.14	(11.34)	Brad Bates	(3) k
12.15	(12.15)	Milo Vela	(2) g
12.60	(12.50)	Nick Wymore	(3) b
12.68	(12.57)	Andy Haehlen	(3) b
200m Dash (A=22.66 B=21.80 C=21.25)			
21.37	(21.34)	Ben Salisbury	(4) i B
22.27 (i)	(23.39)	Ryan Sprunger	(3) a
22.84	(23.35)	Jesse Rasmussen	(4) i
22.92	(22.99)	Brad Bates	(3) l
400m Dash (A=51.08 B=48.50 C=47.50)			
48.33	(50.16)	Ryan Sprunger	(3) l B
50.03(i)	(50.03)	Seth Harris	(1) a
50.22	(49.95)	Jesse Rasmussen	(4) g
50.51	(49.70)	Josh Priester	(2) l
51.14	(51.14)	Adam Puckett	(4) g
51.33	(50.44)	Brad Bates	(3) k
51.76(i)	(51.44)	Ryan Sticka	(1) a
52.20	(52.04)	Ben Dillow	(1) j

Personal best		Athlete	
800m Run (A=1:59.56 B=1:53.60 C=1:51.30)			
1:57.17	(1:58.04)	Ryan Sticka	(1) k
1:59.02	(2:01.11)	Bryan Cobb	(2) k
2:00.82	(2:05.82)	Brad Bates	(3) g
2:01.46	(1:53.54)	Eddie Guelfi	(1) b
2:03.04	(2:04.04)	Ben Dort	(1) k
2:05.47	(2:05.92)	Andrew Paine	(3) f
2:00.74	(2:01.03)	Michael Owen	(4) k
2:07.48	(2:07.48)	Grant Finney	(rs)
2:07.54	(2:07.24)	Jake Moe	(1) k
1500m Run (A=4:05.00 B=3:56.00 C=3:50.60)			
4:07.24	(4:03.03)	Michael Owen	(4) d
4:13.11	(4:14.24c)	Jake Moe	(1) k
4:15.38	(4:25.34)	Bryan Cobb	(2) g
4:17.08		Eddie Guelfi	(1) c
4:21.02	(4:29.24)	Grant Finney	(rs)
4:24.51	(4:40.00)	Ben Dort	(1) b
4:31.23	(4:25.24)	David Delmore	(1) g
4:42.26	(4:42.26)	Ben Dillow	(1) j
4:44.28	(4:44.28)	Andrew Paine	(3) g
4:55.57	(4:50.00)	Josh Priester	(2) j
3000m Run (not contested for championships)			
8:58.81 (i)	(8:52.35)	Michael Owen	(4) a
9:33.77	(9:34.24)	Grant Finney (red.)	(1) i
9:45.05 m(i)	(9:18.94c)	Jake Moe	(1) a
9:50.80	(9:45.24)	David Delmore	(1) i
5000m Run (A=15:45.12 B=14:50.00 C=14:26.00)			
15:28.48	(15:37.04)	Michael Owen	(4) l
16:35.17	(16:56.05)	Jake Moe	(1) g
16:42.32	(16:42.32)	Grant Finney	(rs) g
16:59.09	(17:23.24)	David Delmore	(1) k
10,000m Run (A=33:00.00 B=31:20.00 C=30:24.00)			
34:28.39	(34:55.84)	Jake Moe	(1) l
110m High Hurdles (A=16.06 B=14.90 C=14.40			
15.32	(15.85)	Seth Harris	(1) i
15.50	(17.34)	Ben Dillow	(1) l
18.18	(16.98)	Josh Priester	(2) j
400m Intermediate Hurdles (A=57.41 B=54.00 C=52.20			
53.08	(55.74)	Seth Harris	(1) i B
57.70	(59.94)	Ben Eichenberger	(2) l
58.33	(58.77)	Eddie Guelfi	(1) l
66.27	(66.27)	Nick Wymore	(3) k
3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)			
9:16.24	(9:23.57)	Michael Owen	(4) h A
Decathlon (A=NONE B=6000 C=6500)			
6247	(6247)	Ben Dillow	(1) j B
6210	(6442)	Josh Priester	(2) j B

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 100m Relay (A=TOP-8 B=42.00 C=41.10)

42.08	(Maves, Harris, Bates, Salisbury)	i
42.64	(Maves, Harris, Bates, Salisbury)	l
42.65	(Maves, Harris, Bates, Salisbury)	c
42.91	(Maves, Harris, Bates, Salisbury)	d

4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)

3:16.14	(Rasmussen, Salisbury, Sprunger, Harris)	i B
3:17.15	(Bates, Sticka, Harris, Salisbury)	l B
3:18.51	(Rassmussen, Salisbury, Bates, Harris)	c
3:22.93	(Priester, Guelfi, Bates, Harris)	b
3:24.20 B	(Guelfi, Sticka, Bates, Paine)	i
3:25.27	(Rasmussen, Sticka, Dillow, Bates)	g
3:27.72 B	(Guelfi, Coibb, Paine, Sticka)	k
3:29.45 B	(Sticka, Paine, Eichenberger, Dillow)	d
3:29.90 B	(Guelfi,Cobb, Eichenberger, Dillow)	c
3:33.07 B	(Guelfi, Cobb, Dort, Paine)	g
3:33.94	(Rasmussen, Dort, Cobb, Dillow)	b
3:39.50 C	(Wymore, Cobb, Dort, Moe)	i
3:40.44 C	(Maves, Wymore, Dort, Paine)	c

4 x 4 SPLITS

(LO=Leadoff leg)

49.9-LO	(50.8-LO)	Rasmussen	i
51.3-LO	(51.3-LO)	Priester	b
50.6-LO	(51.3-LO)	Guelfi	g
51.2-LO	(51.2-LO)	Bates	l
51.7-LO	(51.7-LO)	Sticka	f
54.6-LO	(54.6-LO)	Wymore	i
56.1-LO	(56.1-LO)	Maves	c
	(50.7-LO)	Sprunger	
	(53.9-LO)	Dort	
	(54.4-LO)	Eichenberger	
	(53.0-LO)	Paine	

47.9	(47.8)	Salisbury	i
47.9	(49.1)	Harris	l
49.7	(49.7)	Sprunger	i
49.9	(49.7)	Sticka	l
50.1	(49.6)	Bates	i
51.8	(48.9)	Guelfi	b
52.0	(52.0)	Eichenberger	c
52.0	(51.5)	Paine	i
52.3	(52.3)	Dillow	b
53.2	(53.8)	Cobb	i
55.2	(55.9)	Wymore	c
55.3	(56.6)	Dort	g
56.1	(56.1)	Moe	i
	(49.6)	Rasmussen	
	(54.6)	Owen	
	(54.0)	Puckett	
	(58.0)	Haehlen	

INDIVIDUAL SCORING--2004

Salisbury	96.25
Harris	77.75
Puckett	65
Gassaway	56
Bates	41.5
Owen	40
Vela	40
Priester	37.5
Yeager	37
Sticka	35.25
Gottfried	35
Dillow	34.75
Maves	34
Rasmussen	32.75
Malcolm	32
Wadlow	27
Cobb	25.25
Guelfi	23.25
Wymore	17
Beatty	17
Haehlen	16
Moe	14.75
Eichenberger	14
Hultberg	11
Delmore	12
Dort	10.75
Paine	7.75
Laloli	7

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark

B--NCAA-III Provisional qualifying

C--NCAA III Auto. qualifying

Men - Team Rankings

1) Willamette University	264.50	**2) George Fox University**	**142**
3) Linfield College	124	4) University Puget Sound	90
5) Whitworth College	72.50	6) Pacific Lutheran Univeris	71
7) Lewis & Clark College	29	8) Pacific University (Ore.)	20

ATHLETE OF THE YEAR -- Ben Salisbury, GFU **COACH OF THE YEAR -- Matt McGuirk, Willamette**

Men 100 Meter Dash

1	Salisbury, Ben	George Fox	10.81P	10
2	Rorem, Benjamin	Whitworth	10.88	8
3	Boock, Chris	Linfield	10.93	6
4	Welsch, Jonas	Willamette	11.28	5
5	Gillespie, KC	Willamette	J11.28	4
6	Welch, Matt	Lewis & Clark	11.33	3
7	Allen, Casey	Linfield	J11.33	2

PRELIMS -- Salisbury (10.99); Maves (10.54)

Men 200 Meter Dash

1	Salisbury, Ben	George Fox	21.87	10
2	Gillespie, KC	Willamette	22.93	8
3	Warren, David	Whitworth	23.00	6
4	Peterson, Scott	Pacific Lutheran	23.07	5
5	Welch, Matt	Lewis & Clark	23.14	4
6	Bates, Brad	George Fox	23.17	3
7	Canton, Letwon	Willamette	23.30	2
8	Boock, Chris	Linfield	29.94	1

PRELIMS -- Salisbury(22.71); Bates (22.92**)

Men 400 Meter Dash

1	Sprunger, Ryan	George Fox	48.33 **#	10
	(#3 All-Time; #2 Junior)			
2	Thomas, Everett	Willamette	49.44	8
3	Jones, Nathan	Willamette	49.57	6
4	Decherd, Ben	Willamette	49.82	5
5	Priester, Josh	George Fox	50.51 ##	4
6	Ewens, Forrest	Whitworth	50.64	3
7	Taylor, Casey	Linfield	51.06	2

PRELIMS -- Sprunger (49.94); Priester (51.17)

Men 800 Meter Run

1	Symmonds, Nick	Willamette	1:55.51	10
2	Gimenez, Tyler	Willamette	1:56.88	8
3	Cooper, Brooks	Whitworth	1:57.49	6
4	Sellon, Tyler	Puget Sound	1:57.56	5
5	Parlee, Nick	Linfield	1:58.03	4
6	Kenagy, Dan	Willamette	1:58.28	3
7	Stevick, Jesse	Whitworth	1:58.71	2

PRELIMS -- Cobb (1:59.38); Sticka (2:01.08)

Men 1500 Meter Run

1	McLean, Dan	Puget Sound	3:58.69	10
2	Overby, Scott	Willamette	3:59.65	8
3	Stout, Jacob	Willamette	4:00.03	6
4	Stevick, Jesse	Whitworth	4:01.69	5
5	Hollingshead, Aaron	Willamette	4:01.97	4
6	Gimenez, Tyler	Willamette	4:02.32	3
7	Ginanni, Joe	Linfield	4:05.65	2
8	Brown, Ben	Pacific Lutheran	4:07.40	1
-	Moe, Jake	George Fox	4:20.22	

Men 5000 Meter Run

1	Prince, Frank	Puget Sound	15:23.39	10
2	Owen, Michael	George Fox	15:28.48 **	8
3	Brown, Brendan	Willamette	15:31.34	6
4	Harris, Travis	Willamette	15:38.30	5
5	Brown, Ben	Pacific Lutheran	15:38.91	4
6	McLean, Dan	Puget Sound	15:41.38	3
7	Young, Aaron	Willamette	15:41.73	2
8	O'Dea, James	Puget Sound	15:50.76	1

Men 10000 Meter Run

1	Prince, Frank	Puget Sound	31:27.20	10
2	Brown, Brendan	Willamette	31:42.10	8
3	Reichert, Kota	Puget Sound	32:37.54	6
4	Mayers, Nick	Puget Sound	32:40.63	5
5	Kaczmarek, Joseph	Willamette	32:53.67	4
6	Coe, Aaron	Whitworth	32:55.59	3
7	O'Dea, James	Puget Sound	32:59.63	2
8	O'Brien, Nathan	Willamette	33:03.97	1
-	Moe, Jake	George Fox	34:28.39 **	

Men 110 Meter Hurdles

1	Garrelts, Brennan	Willamette	15.02	10
2	May, Tyler	Willamette	15.04	8
3	Dillow, Ben	George Fox	15.50 **	6
4	Sierra, Scott	Willamette	15.54	5
5	Fipps, Jesse	Linfield	15.65	4
6	Jensen, Erik	Pacific Lutheran	16.04	3
7	Patterson, Jordan	Whitworth	16.19	2
8	Dumm, Ryan	Puget Sound	16.71	1

PRELIMS -- Dillow (15.77**); Harris (DQ-false start)

Men 400 Meter Hurdles

1	Harris, Seth	George Fox	53.21	10
2	Fipps, Jesse	Linfield	54.05	8
3	Setere, Lucas	Pacific	54.21	6
4	Garrelts, Brennan	Willamette	54.60	5
5	Payne, Jon	Pacific Lutheran	55.10	4
6	Eichenberger, Ben	George Fox	57.85	3
7	Flachsbart, Joel	Willamette	59.25	2
8	Guelfi, Eddie	George Fox	1:02.98	1

PRELIMS -- Harris (55.62); Eichenberger (57.70**); Guelfi (58.33**)

Men 3000 Meter Steeplechase

1	Stout, Jacob	Willamette	9:12.86P	10
2	Overby, Scott	Willamette	9:15.20P	8
3	Hollingshead, Aaron	Willamette	9:17.83P	6
4	Owen, Michael	George Fox	9:26.10	5
5	Harris, Travis	Willamette	9:33.88	4
6	Zeiger, Ben	Willamette	9:45.77	3
7	Evans, Micah	Willamette	9:47.94	2
8	Henry, Alex	Lewis & Clark	9:48.29	1

Men 4x100 Meter Relay

1	George Fox University	42.64	10
	(Maves, Harris, Bates, Salisbury)		
2	Linfield College	42.79	8
3	Whitworth College	43.86	6
4	Lewis & Clark College	44.43	5
5	Pacific Lutheran Univeristy	44.85	4
6	University Puget Sound	45.07	3
7	Pacific University	45.46	2
8	Willamette University	46.31	1

Men 4x400 Meter Relay

1	George Fox University	3:17.15 ##	10
	(Bates-51.2**; Sticka-49.9##; Harris-47.9**; Salisbury-48.0)		
2	Linfield College	3:22.18	8
3	Whitworth College	3:26.76	6
4	University Puget Sound	3:26.98	5
5	Lewis & Clark College	3:28.02	4
6	Pacific University (Ore.)	3:33.47	3
--	Willamette University	DQ	

Men High Jump

1	Larsen, Zach	Willamette	2.02mP	6-07.50	10
2	Kramer, Brian	Puget Sound	1.92m	6-03.50	8
3	Yeager, Brett	George Fox	1.87m	6-01.50	5
4	Hazenberg, Brandon	Linfield	J1.87m	6-01.50	6
5	Warrick, Jesse	Linfield	J1.87m	6-01.50	4
6	Metoyer, Kynan	Pacific	1.82m	5-11.50	3
7	Gohl, Andrew	Linfield	J1.82m	5-11.50	2
8	May, Tyler	Willamette	J1.82m	5-11.50	0.5
8	Patterson, Jordan	Whitworth	J1.82m	5-11.50	0.5
-	Dillow, Ben	George Fox	J1.82m	5-11.50	

Men Pole Vault

1	McNeil, Brett	Willamette	4.58m	15-00.25	10
2	Gause, Greg	Puget Sound	4.43m	14-06.25	8
3	Tiogangco, Dayson	Linfield	4.28m	14-00.50	6
4	Greene, Burch	Puget Sound	J4.28m	14-00.50	5
5	Sommers, Zach	Willamette	4.13m	13-06.50	4
6	Patterson, Jordan	Whitworth	3.98m	13-00.75	3
7	James, Matthias	Willamette	J3.98m	13-00.75	2
8	May, Tyler	Willamette	J3.98m	13-00.75	1
9	Priester, Josh	George Fox	J3.98m	13-00.75	
10	Haehlen, Andy	George Fox	3.83m	12-06.75 **	
11	Dillow, Ben	George Fox	3.68m	12-00.75	

Men Long Jump

1	Welsch, Jonas	Willamette	6.94mP	22-09.25	10
2	Puckett, Adam	George Fox	6.93mP	22-09.00	8
3	Hazenberg, Brandon	Linfield	6.78m	22-03.00	6
4	Carter, Stephen	Willamette	6.53m	21-05.25	5
5	Nicholson, Cameron	Linfield	6.51m	21-04.25	4
6	Zimbrick, Matt	Linfield	6.50m	21-04.00	3
7	Jensen, Erik	Pacific Lutheran	6.39m	20-11.75	2
8	Priester, Josh	George Fox	6.38m	20-11.25	1
-	Wadlow, Bryan	George Fox	6.33m	20-09.25	
-	Vela, Emilio	George Fox	6.17m	20-03.00	

Men Triple Jump

1	Canton, Letwon	Willamette	13.77m	45-02.25	10
2	Kramer, Brian	Puget Sound	13.51m	44-04.00	8
3	Staveland, Jovon	Lewis & Clark	13.32m	43-08.50	6
4	Vela, Emilio	George Fox	13.20m	43-03.75	5
5	Wadlow, Bryan	George Fox	13.19m	43-03.25 ##	4
6	Nicholson, Cameron	Linfield	13.11m	43-00.25	3
7	Bianchi, Steve	Lewis & Clark	13.10m	42-11.75	2
8	Beatty, Doug	George Fox	12.77m	41-10.75	1
--	Puckett, Adam	George Fox	ND		

Men Shot Put

1	Richard, Austin	Whitworth	15.13m	49-07.75	10
2	Holden, Andy	Pacific Lutheran	15.11m	49-07.00	8
3	Matlock, Nate	Willamette	14.89m	48-10.25	6
4	Thron, Andrew	Linfield	14.72m	48-03.50	5
5	Lockhart, Bo	Linfield	14.68m	48-02.00	4
6	Johnson, Michael	Pacific Lutheran	14.27m	46-10.00	3
7	Kakaley, Quintan	Pacific Lutheran	14.13m	46-04.25	2
8	Holloway, Andrew	Pacific Lutheran	14.05m	46-01.25	1
-	Malcolm, David	George Fox	13.42m	44-00.50	

Men Discus Throw

1	Matlock, Nate	Willamette	45.07m	147-10	10
2	Johnson, Michael	Pacific Lutheran	44.27m	145-03	8
3	Gleason, Derrick	Linfield	42.33m	138-10	6
4	Holden, Andy	Pacific Lutheran	42.09m	138-01	5
5	Kleffner, Jake	Linfield	41.82m	137-02	4
6	Haakenson, Dan	Pacific Lutheran	41.24m	135-04	3
7	Lockhart, Bo	Linfield	40.97m	134-05	2
8	Holloway, Andrew	Pacific Lutheran	40.65m	133-04	1
9	Priester, Josh	George Fox	40.17m	131-09	

Men Hammer Throw

1	Matlock, Nate	Willamette	53.03mP	174-00	10
2	Johnson, Michael	Pacific Lutheran	49.96m	163-11	8
3	Sandbo, Bill	Willamette	48.99m	160-09	6
4	Haakenson, Dan	Pacific Lutheran	48.68m	159-08	5
5	Gottfried, Greg	George Fox	48.37m	158-08	4
6	Stewart, Chris	Whitworth	47.84m	156-11	3
7	Thron, Andrew	Linfield	45.40m	148-11	2
8	Holloway, Andrew	Pacific Lutheran	44.27m	145-03	1
-	Malcolm, David	George Fox	41.44m	135-11	

Men Javelin Throw

1	Gassaway, Matt	George Fox	60.00mP	196-10	10
2	Mills, Mike	Linfield	57.59mP	188-11	8
3	Keeler, Jason	Pacific	55.23m	181-02	6
4	Wall, Ryan	Whitworth	54.88m	180-01	5
5	Kaiel, Nick	Lewis & Clark	53.82m	176-07	4
6	Arenas, Brandon	Whitworth	53.77m	176-05	3
7	Mills, Steve	Linfield	53.15m	174-04	2
8	Gohl, Andrew	Linfield	50.80m	166-08	1
9	Hultberg, Nick	George Fox	48.83m	160-02	

Men Decathlon

1	May, Tyler	Willamette	6507P	10
2	Dillow, Ben	George Fox	6247P	8
3	Priester, Josh	George Fox	6210P	6
4	Hazenberg, Brandon	Linfield	6144P	5
5	Fipps, Jesse	Linfield	5958	4
6	Jensen, Erik	Pacific Lutheran	5918	3
7	Gohl, Andrew	Linfield	5534	2
8	Stevick, Jesse	Whitworth	5330	1

INDIVIDUAL SCORING -- Salisbury 25; Harris 15; Dillow 14; Owen 13; Priester 11; Gassaway and Sprunger 10; Puckett and Bates 8; Yeager 6; Vela 5; Wadlow and Gottfried 4; Eichenberger 3; Maves And Sticka 2.5; Guelfi and Beatty 1;

Event 31 Men 100 Meter Dash

1	Johnson, Javon	Cascade College	11.32	1
2	Welch, Matt	Lewis and Clark	11.48	1
3	Lau, Brad	Linfield College	11.59	1
3	Priester, Josh	George Fox Unive	11.59	1 ##
5	Dillow, Ben	George Fox Unive	11.75	1
6	Kaiel, Nick	Lewis and Clark	12.01	2
6	Aldridge, Sunder	Linfield College	12.01	2
8	Cruickshank, Pete	Linfield College	12.06	2
9	Bates, Brad	George Fox Unive	12.14	1 ##
--	Rasmussen, Jesse	George Fox Unive	DNF	1

Event 32 Men 200 Meter Dash

1	Welch, Matt	Lewis and Clark	23.00
2	Setere, Lucas	Pacific Universi	23.16
3	Law, Don	Linfield College	23.73
4	Gold, Josh	Unattached	24.61
5	Hickey, Sergio	Pacific Universi	25.56
--	Legary, Tyler	Linfield College	DNF

Event 33 Men 400 Meter Dash

1	Becerra, Mike	Unattached	49.10	1
2	Bailey, Adam	Unattached	49.44	1
3	Legary, Tyler	Linfield College	51.26	1
4	Bates, Brad	George Fox Unive	51.33	1 ##
5	Foote, Adam	Lewis and Clark	51.53	1
6	Taylor, Casey	Linfield College	51.81	1

Event 34 Men 800 Meter Run

1	Knight, Bryce	Unattached	1:52.97	1
2	Sticka, Ryan	George Fox Unive	1:57.17	1 **
3	Ginanni, Joe	Linfield College	1:57.80	1
4	Cobb, Bryan	George Fox Unive	1:59.02	1 ** A
5	Killgore, Mike	Linfield College	2:00.57	1
6	Owen, Michael	George Fox Unive	2:00.74	1 **
7	Hackett, Zach	Pacific Universi	2:01.64	1
8	Dort, Ben	George Fox Unive	2:03.04	1 **
9	Paine, Andrew	George Fox Unive	2:05.52	1
10	Finney, Grant	Bruin Track Club	2:07.48	2 **
11	Moe, Jake	George Fox Unive	2:07.54	2 ##
12	Ball, Scott	Bruin Track Club	2:09.21	2

Event 35 Men 1500 Meter Run

1	Sasaki, Kent	Linfield College	4:11.54	
2	Lana, Justin	Linfield College	4:12.85	
3	Moe, Jake	George Fox Unive	4:13.11	**
4	Mantalas, John	Bruin Track Club	4:15.36	
5	Warren, Kelly	Linfield College	4:17.83	
6	Mears, Ty	Lewis and Clark	4:20.27	
7	Finney, Grant	Bruin Track Club	4:21.02	**

Event 36 Men 3000 Meter Steeplechase

1	Henry, Alex	Lewis and Clark	10:05.13
2	Olson, Peter	Linfield College	10:36.98
3	Stift, Danny	Cascade College	10:56.37

Event 37 Men 5000 Meter Run

1	Johnson, Destry	Unattached	15:35.52	
2	Walsh, Spencer	Western Oregon U	15:59.32	
3	Henson, Josh	Pacific Universi	16:02.23	
4	Fasholz, Brent	Western Baptist	16:42.84	
5	Delmore, David	George Fox Unive	16:59.09	**

Event 39 Men 110 Meter Hurdles

1	Sameulu, TJ	Cascade College	15.45
2	Staveland, Jovon	Lewis and Clark	16.88
--	Keeler, Jason	Pacific Universi	DQ

Event 40 Men 400 Meter Hurdles

1	Ewing, Luke	Western Oregon U	57.21	
2	Guelfi, Eddie	George Fox Unive	58.66	**
3	Beardsly, Steven	Bruin Track Club	1:00.07	
4	Mollier, Derek	Pacific Universi	1:05.54	
5	Wymore, Nick	George Fox Unive	1:06.27	**

Event 41 Men 4x100 Meter Relay

	School	Finals	Points
1	Lewis and Clark College 'A'	45.07	
2	Pacific University 'A'	46.01	

Event 42 Men 4x400 Meter Relay

	School	Finals	Points
1	George Fox University 'A'	3:27.72	
	Guelfi-51.1; Cobb-53.7; Paine-52.8; Sticka-50.1)		
2	Pacific University 'A'	3:30.23	
3	Lewis and Clark College 'A'	3:33.29	
4	Pacific University 'B'	3:49.49	

Event 43 Men High Jump

1	Yeager, Brett	George Fox Unive	1.88m	6-02.00	
2	Metoyer, Kynan	Pacific Universi	1.83m	6-00.00	
2	Bianchi, Steve	Lewis and Clark	1.83m	6-00.00	
4	Zimbrick, Matt	Linfield College	J1.83m	6-00.00	
5	Mellow, Zach	Pacific Universi	J1.83m	6-00.00	

Event 44 Men Pole Vault

	Name	Year	School	Finals		Points
1	Laloli, Travis		Bruin Track Club	4.05m	13-03.50	
2	Wymore, Nick		George Fox Unive	3.60m	11-09.75	
--	Tiogangco, Dayson		Linfield College	NH		
--	Haehlen, Andy		George Fox Unive	NH		
--	Stempel, Andrew		Linfield College	NH		

Event 45 Men Long Jump

1	Wadlow, Bryan	George Fox Unive	6.36m	20-10.50	##
2	Nicholson, Cameron	Linfield College	6.33m	20-09.25	
3	Zimbrick, Matt	Linfield College	6.30m	20-08.00	
4	Hart, Danny	Western Oregon U	6.24m	20-05.75	
5	McCord, Scott	Western Oregon U	6.23m	20-05.25	
6	Rouse, Ryan	Cascade College	6.04m	19-09.75	
7	Love, Tim	Linfield College	5.94m	19-06.00	
7	Maves, Drew	George Fox Unive	5.94m	19-06.00	
9	Gold, Josh	Unattached	5.36m	17-07.00	

Event 46 Men Triple Jump

1	Satran, Brad	Western Oregon U	13.13m	43-01.00	
2	Staveland, Jovon	Lewis and Clark	13.06m	42-10.25	
3	Nicholson, Cameron	Linfield College	12.73m	41-09.25	
4	Maves, Drew	George Fox Unive	12.55m	41-02.25	**
5	Zimbrick, Matt	Linfield College	12.52m	41-01.00	
6	Rouse, Ryan	Cascade College	12.17m	39-11.25	

Event 47 Men Shot Put

1	Lockhart, Bo	Linfield College	15.02m	49-03.50
2	Malcolm, David	George Fox Unive	13.82m	45-04.25
3	Miles, Chris	Linfield College	13.65m	44-09.50
4	Gohl, Andrew	Linfield College	13.58m	44-06.75
5	Thron, Andrew	Linfield College	13.01m	42-08.25
6	Hill, J.D.	Western Baptist	12.92m	42-04.75
7	Mikolas, Allan	Western Oregon U	12.06m	39-07.00
8	Blem, Dale	Pacific Universi	12.03m	39-05.75

Event 48 Men Discus Throw

1	Olsen, Travis	Unattached	44.65m	146-06	
2	Miles, Chris	Linfield College	40.89m	134-02	
3	Hill, J.D.	Western Baptist	40.51m	132-11	
4	Kleffner, Jake	Linfield College	40.23m	132-00	
5	Thron, Andrew	Linfield College	39.98m	131-02	
6	Gleason, Derrick	Linfield College	39.88m	130-10	
7	Gottfried, Greg	George Fox Unive	38.95m	127-09	##
8	Priester, Josh	George Fox Unive	38.74m	127-01	
9	Blem, Dale	Pacific Universi	38.10m	125-00	
10	Gallop, Cameron	Linfield College	37.75m	123-10	
11	Fisher, Don	Linfield College	36.50m	119-09	
12	Woods, Chris	Linfield College	36.07m	118-04	
13	Hultberg, Nick	George Fox Unive	33.40m	109-07	
14	Dillow, Ben	George Fox Unive	32.40m	106-03	
15	Arnette, Eric	Cascade College	26.72m	87-08	
--	Lockhart, Bo	Linfield College	ND		

Event 49 Men Javelin Throw

1	Gassaway, Matt	George Fox Unive	61.84m	202-11
2	Mills, Mike	Linfield College	57.30m	188-00
3	Mills, Steve	Linfield College	56.53m	185-05
4	Corbin, Evan	Western Oregon U	53.95m	177-00
5	Gohl, Andrew	Linfield College	53.69m	176-02
6	Keeler, Jason	Pacific Universi	53.23m	174-08
7	Fipps, Jesse	Linfield College	52.00m	170-07
8	Bednar, David	Pacific Universi	51.44m	168-09
9	Hultberg, Nick	George Fox Unive	47.81m	156-10
10	Dillow, Ben	George Fox Unive	46.58m	152-10
11	Priester, Josh	George Fox Unive	44.69m	146-07

Event 50 Men Hammer Throw

1	Carvalho, Justin	Unattached	64.71m	212-04	
2	Gottfried, Greg	George Fox Unive	49.06m	160-11	##
	(#4 All-Time, Junior Class Record)				
3	Malcolm, David	George Fox Unive	43.18m	141-08	**
4	Hill, Mike	Linfield College	42.59m	139-09	
5	Boss, Dimitri	Lewis and Clark	39.62m	130-00	
6	Hultberg, Nick	George Fox Unive	35.99m	118-01	
7	Mills, Mike	Linfield College	35.18m	115-05	
8	Foster, Tim	Pacific Universi	33.95m	111-05	

INDIVIDUAL SCORING

Malcolm 16; Sticka 12.5; Gottfried, Priester 11; Gassaway, Yeager, Wadlow, Wymore, Dillow 10; Guelfi 10.5; Cobb 8.5; Bates 8; Moe 6; Hultberg, Delmore, Maves 4; Paine 2.5; Owen 2;

Lewis & Clark Invitational - Portland, 4-3-04
Sunny, warm

Women - Team Rankings - 19 Events Scored

1) Linfield College	222.50	2) Lewis & Clark College	139.50
3) George Fox University	122	4) PacificUniversity	90

Women 100 Meter Dash

	Name	Year	School	Finals	H#	Points	
1	Swan, Jody		L&C	12.92	1	9	
2	Newell, Kelsey		Linfield	13.29	1	7	
3	Erickson, Brook		George Fox	13.30	2	6	##
4	Stiglmeier, Caitlin		Linfield	13.53	1	5	
5	Miles, Shannon		George Fox	13.59	1	4	
6	Wilson, Erin		Pacific	13.73	1	3	
7	Llanes, Becky		L&C	14.19	1	2	
8	Shaw, Jillian		George Fox	x14.46	2		
9	Matthews, Mona		George Fox	x14.57	1		
10	Hill, Laura		Pacific	14.83	2	1	

Women 200 Meter Dash

1	Swan, Jody		L&C	26.59	1	9
2	Newell, Kelsey		Linfield	26.97	1	7
3	Stiglmeier, Caitlin		Linfield	27.61	2	6
4	Wilson, Erin		Pacific	28.41	1	5
5	Schiele, Shannon		Linfield	x28.56	1	
6	Matthews, Mona		George Fox	30.46	1	4

Women 400 Meter Dash

1	Schiele, Shannon		Linfield	1:02.71	9	
2	Miller, Sara		George Fox	1:04.75	7	##
3	Ganser, Tara		L&C	1:08.50	6	
4	Craigie, Kim		L&C	1:16.39	5	

Women 800 Meter Run

1	Murphy, Joanna		Linfield	2:24.46	9	
2	Jertberg, Beth		George Fox	2:36.44	7	##
3	Shosky, Shana		Pacific	2:38.35	6	
4	Gandrud, Harlan		L&C	2:40.34	5	
5	Moyer, Beth		George Fox	2:47.02	4	##
6	Pickler, Stacie		Linfield	2:48.86	3	

Women 1500 Meter Run

1	Grossman, Sadie		L&C	4:50.23	9	
2	Witt, Meryl		Linfield	4:53.74	7	
3	Weber, Odessa		L&C	5:03.19	6	
4	Shosky, Shana		Pacific	5:10.14	5	
5	Jertberg, Beth		George Fox	5:21.43	4	
6	Treger, Kasey		Linfield	5:22.40	3	
7	Gandrud, Harlan		L&C	x5:27.19		
8	Moyer, Beth		George Fox	5:45.48	2	##

Women 5000 Meter Run

1	Witt, Meryl		Linfield	18:58.81	9	
2	Goeres, Janelle		George Fox	20:24.74	7	##
3	Treger, Kasey		Linfield	20:26.96	6	
4	Pfieffer-Hoyt, Megan		L&C	20:27.44	5	
5	Sbordone, Laura		L&C	20:36.87	4	
6	McCaffrey, Therese		L&C	x21:40.34		
7	Fischer, Stephanie		Linfield	x22:51.56		

Women 100 Meter Hurdles

1	Mahoney, Caitlin		Linfield	15.63	9	
2	Moore, Leah		Linfield	16.12	7	
3	Bernard, Riley		Linfield	x17.50		
4	Brown, Julie		George Fox	17.88	6	
5	Barker, Brooke		Pacific	21.43	5	

Women 400 Meter Hurdles

1	Bernard, Riley	Linfield	1:08.02	9	
2	Ross, Kate	L&C	1:10.20	7	
3	Brown, Julie	George Fox	1:10.69	6	**
4	Rohlffs, Emily	Linfield	1:12.43	5	
5	Ganser, Tara	L&C	1:24.24	4	

Women 3000 Meter Steeplechase

1	Schor, Debbie	Linfield	13:54.60	9
2	Weimar, Ashlee	Linfield	15:01.60	7

Women 4x100 Meter Relay

1	Linfield College	50.81	9	
2	Lewis & Clark College	51.78	7	
3	George Fox University	52.34	6	##
	(Shaw, Matthews, Miles, Erickson)			

Women 4x400 Meter Relay

1	Linfield College 'A'	4:10.92	9
2	Lewis & Clark College 'A'	4:26.97	7
3	George Fox University 'A'	4:36.20	6
	(Matthews-71.5##; Brown-69.2; Jertberg-68.6; Miller-66.9##)		
4	PacificUniversity 'A'	4:44.41	5

Women High Jump

1	Larson, Lindsay	Linfield	1.63m	5-04.25	9	
2	Mahoney, Caitlin	Linfield	1.58m	5-02.25	7	
3	Moore, Leah	Linfield	x1.48m	4-10.25		
4	Brown, Julie	George Fox	1.43m	4-08.25	6	
5	Barker, Brooke	Pacific	1.38m	4-06.25	5	
6	McLaughlin, Kadee	Pacific	1.33m	4-04.25	4	

Women Pole Vault

1	Huddleston, Juli	Linfield	3.21m	10-06.25	9	
2	Gerrits, Shelby	L&C	3.06m	10-00.50	6.5	
2	Weeber, Amanda	Linfield	3.06m	10-00.50	6.5	
4	Shaw, Jillian	George Fox	2.76m	9-00.50	5	**
	(#5 All-Time; #3 Soph)					
5	Black, Tori	George Fox	J2.76m	9-00.50	4	##
	(=#5 All-Time)					
6	Sommers, Kate	L&C	2.31m	7-07.00	3	

Women Long Jump

1	Moore, Leah	Linfield	5.10m	16-08.75	9
2	Llanes, Becky	L&C	4.96m	16-03.25	7
3	Ross, Kate	L&C	4.94m	16-02.50	6
4	Larson, Lindsay	Linfield	4.80m	15-09.00	5
5	Barker, Brooke	Pacific	4.47m	14-08.00	4

Women Triple Jump

1	Forbes, Michelle	George Fox	10.50m	34-05.50	9
2	Ross, Kate	L&C	10.35m	33-11.50	7
3	McLaughlin, Kadee	Pacific	9.21m	30-02.75	6

Women Shot Put

1	Bielenberg, Danielle	Linfield	12.75m	41-10.00	9	
2	Arnall, Dee Dee	Pacific	11.19m	36-08.50	7	
3	Barker, Brooke	Pacific	10.63m	34-10.50	6	
4	Paterson, Liz	L&C	10.00m	32-09.75	5	
5	Henson, Poha	George Fox	9.90m	32-05.75	4	**
6	Blankenship, Lindsey	George Fox	8.73m	28-07.75	3	**

Women Discus Throw

1	Bielenberg, Danielle	Linfield	35.46m	116-04	9	
2	Duerr, Rebecca	Linfield	32.85m	107-09	7	
3	Merz, Meghan	Pacific	32.15m	105-06	6	
4	Ingram, Allison	Pacific	28.82m	94-07	5	
5	Paterson, Liz	L&C	28.65m	94-00	4	
6	Blankenship, Lindsey	George Fox	27.49m	90-02	3	
7	Henson, Poha	George Fox	27.23m	89-04	2	**

Women Hammer Throw

1	Paterson, Liz	L&C	39.42m	129-04	9	
2	Blankenship, Lindsey (#3 All-Time; #2 Soph)	George Fox	35.70m	117-01	7	**
3	Ingram, Allison	Pacific	35.44m	116-03	6	
4	Bielenberg, Danielle	Linfield	33.22m	109-00	5	
5	Henson, Poha	George Fox	24.49m	80-04	4	

Women Javelin Throw

1	Arnall, Dee Dee	Pacific	41.69m	136-09	9	
2	Mascorro, Lydia	Linfield	38.87m	127-06	7	
3	Black, Tori	George Fox	35.58m	116-09	6	** A
4	Larson, Lindsay	Linfield	31.04m	101-10	5	
5	Llanes, Becky	L&C	24.36m	79-11	4	
6	Zimmerman, Elizabeth	L&C	20.96m	68-09	3	
7	Barker, Brooke	Pacific	15.82m	51-11	2	

SCORING -- Brown 19.5; Blankenship 13; Jertberg 12.5; Black 10; Henson 10; Forbes 9; Miller 8.5; Erickson 7.5; Shaw 7.5; Matthews 7; Goeres 7; Moyer 6; Miles 5.5;

Men - Team Rankings - 19 Events Scored

1) Linfield College	246	2) George Fox University	135
3) PacificUniversity	87.50	4) Lewis & Clark College	63.50

Men 100 Meter Dash

1	Boock, Chris	Linfield	10.87	1	9		
2	Hazenburg, Brandon	Linfield	11.42	1	7		
3	Carter, George	Linfield	x11.43	1			
4	Allen, Casey	Linfield	x11.49	1			
5	Maves, Drew	George Fox	11.52	1	6		
6	Setere, Lucas	Pacific	11.68	1	5		
7	Piago, Peter	Pacific	11.87	2	4		
8	Bianchi, Steve	L&C	12.00	1	3		
9	Yeager, Brett	George Fox	12.05	2	2	**	
-	Vela, Milo	George Fox	x12.15	2			**
-	Beatty, Doug	George Fox	x13.76	2			

Men 200 Meter Dash

1	Boock, Chris	Linfield	22.47	1	9		
2	Legary, Tyler	Linfield	23.50	2	7		
3	Allen, Casey	Linfield	x23.60	1			
4	Lau, Brad	Linfield	x23.74	1			
5	Piago, Peter	Pacific	23.90	2	6		
6	Whittaker, Matt	Pacific	25.35	2	5		
7	Cruickshank, Pete	Linfield	x26.07	2			
7	Mollier, Derek	Pacific	x26.07	2			

Men 400 Meter Dash

1	Rasmussen, Jesse	George Fox	50.22	9		##
2	Puckett, Adam	George Fox	51.14	7		** A
3	Priester, Josh	George Fox	x51.18			## A
4	Foote, Adam	L&C	51.69	6		
5	Legary, Tyler	Linfield	52.13	5		
6	Guelfi, Eddie	George Fox	x53.17			##
7	Lau, Brad	Linfield	53.79	4		
8	Mellow, Zach	Pacific	53.89	3		

Men 800 Meter Run

1	Taylor, Casey	Linfield	1:56.72	1	9	
2	Bates, Brad	George Fox	2:00.82	2	7	**
3	Sticka, Ryan	George Fox	2:00.85	1	6	##
4	Ginanni, Joe	Linfield	2:01.06	1	5	
5	Killgore, Mike	Linfield	x2:01.41	1		
6	Hackett, Zach	Pacific	2:05.70	2	4	
7	Dort, Ben	George Fox	x2:06.00	1		
8	Cobb, Bryan	George Fox	x2:06.31	1		

Men 1500 Meter Run

1	Ginanni, Joe	Linfield	4:06.40	9	
2	Owen, Michael	George Fox	4:10.11	7	
3	Cobb, Bryan	George Fox	4:15.38	6	**
4	Henson, Josh	Pacific	4:17.88	5	
5	Hackett, Zach	Pacific	4:21.39	4	
6	Warren, Kelly	Linfield	4:24.69	3	
7	Delmore, David	George Fox	x4:31.23		##
8	Paine, Andrew	George Fox	x4:44.28		**

Men 5000 Meter Run

1	Warren, Kelly	Linfield	16:33.13	9	
2	Lana, Justin	Linfield	16:34.30	7	
3	Moe, Jake	George Fox	16:35.17	6	**
4	Finney, Grant	Bruin Track Club	X16:42.32		**
5	Mears, Ty	L&C	17:16.55	5	
6	Olson, Peter	Linfield	x17:32.42		

Men 110 Meter Hurdles

1	Fipps, Jesse	Linfield	16.73	9

Men 400 Meter Hurdles

1	Setere, Lucas	Pacific	54.29	9
2	Law, Don	Linfield	58.70	7
3	Fipps, Jesse	Linfield	59.13	6
4	Henry, Alex	L&C	1:03.94	5

Men 3000 Meter Steeplechase

1	Lana, Justin	Linfield	10:17.00	9
2	Henry, Alex	L&C	10:24.80	7
3	Olson, Peter	Linfield	10:25.20	6
4	Klein, Nile	L&C	10:55.00	5

Men 4x100 Meter Relay

1	Linfield College		42.73	9

Men 4x400 Meter Relay

1	George Fox University 'A'		3:25.27	9
	(Rasmussen-51.5; Sticka-50.0##; Dillow-52.6; Bates-50.9)			
2	Linfield College 'A'		3:30.48	7
3	George Fox University 'B'		3:33.07	
	(Guelfi-50.6**; Cobb-54.2; Dort-55.3**; Paine-53.0##)			

Men High Jump

1	Hazenburg, Brandon	Linfield	2.03m	6-08.00	9
2	Metoyer, Kynan	Pacific	1.83m	6-00.00	6.5
2	Bianchi, Steve	L&C	1.83m	6-00.00	6.5
4	Warrick, Jesse	Linfield	J1.83m	6-00.00	5
5	Gohl, Andrew	Linfield	x1.78m	5-10.00	
5	Zimbrick, Matt	Linfield	x1.78m	5-10.00	
7	Mellow, Zach	Pacific	1.73m	5-08.00	4

Men Pole Vault

1	Tiogangco, Dayson	Linfield	4.42m	14-06.00	9	
2	Smith, John	Bruin Track Club	X4.27m	14-00.00		
3	Laloli, Travis	George Fox	3.97m	13-00.25	7	##
4	Haehlen, Andy	George Fox	3.82m	12-06.25	6	**
5	Dillow, Ben	George Fox	x3.67m	12-00.50		**
6	Wymore, Nick	George Fox	xJ3.67m	12-00.50		

Men Long Jump

1	Hazenburg, Brandon	Linfield	6.58m	21-07.25	9
2	Zimbrick, Matt	Linfield	6.31m	20-08.50	7
3	Beatty, Doug	George Fox	6.13m	20-01.50	6
4	Love, Tim	Linfield	x6.01m	19-08.75	
4	Vela, Milo	George Fox	6.01m	19-08.75	5
6	Warrick, Jesse	Linfield	x5.97m	19-07.00	
7	Maves, Drew	George Fox	x5.85m	19-02.50	

Men Triple Jump

1	Zimbrick, Matt	Linfield	12.74m	41-09.75	9	
2	Scheele, Andy	Linfield	12.43m	40-09.50	7	
3	Staveland, Jovon	L&C	12.42m	40-09.00	6	
4	Bianchi, Steve	L&C	12.06m	39-07.00	5	
5	Warrick, Jesse	Linfield	x11.92m	39-01.25		
6	Maves, Drew	George Fox	11.58m	38-00.00	4	**

Men Shot Put

1	Thron, Andrew	Linfield	14.22m	46-08.00	9	
2	Lockhart, Bo	Linfield	14.10m	46-03.25	7	
3	Malcolm, David (=#9 All-Time)	George Fox	13.88m	45-06.50	6	** A
4	Gohl, Andrew	Linfield	x13.75m	45-01.50		
5	Miles, Chris	Linfield	x12.98m	42-07.00		
6	Taylor, Ty	Bruin Track Club	X12.42m	40-09.00		
7	Blem, Dale	Pacific	11.77m	38-07.50	5	
8	Fisher, Don	Linfield	x11.76m	38-07.00		
9	Mollier, Derek	Pacific	11.18m	36-08.25	4	

Men Discus Throw

1	Smith, John	Bruin Track Club	X43.92m	144-01		
2	Olson, Travis	Unattached	X43.76m	143-07		
3	Priester, Josh	George Fox	40.40m	132-06	9	##
4	Lockhart, Bo	Linfield	39.59m	129-11	7	
5	Thron, Andrew	Linfield	39.35m	129-01	6	
6	Kleffner, Jake	Linfield	x39.31m	129-00		
7	Miles, Chris	Linfield	x38.99m	127-11		
8	Blem, Dale	Pacific	37.93m	124-05	5	
9	Gallop, Cameron	Linfield	x37.50m	123-00		
10	Woods, Chris	Linfield	x37.14m	121-10		

Men Hammer Throw

1	Gottfried, Greg	George Fox	44.64m	146-05	9	
2	Hill, Mike	Linfield	42.93m	140-10	7	
3	Thron, Andrew	Linfield	42.34m	138-11	6	
4	Boss, Dimitri	L&C	40.54m	133-00	5	
5	Malcolm, David	George Fox	38.40m	126-00	4	
6	Olson, Travis	Unattached	X38.33m	125-09		
7	Mills, Mike	Linfield	x35.63m	116-11		
8	Hultberg, Nick	George Fox	x33.71m	110-07		
9	Mills, Steve	Linfield	x33.67m	110-05		

Men Javelin Throw

1	Gassaway, Matt	George Fox	58.74m	192-08	9	
2	Mills, Steve	Linfield	56.85m	186-06	7	
3	Mills, Mike	Linfield	55.79m	183-00	6	
4	Gohl, Andrew	Linfield	x52.07m	170-10		
5	Hultberg, Nick	George Fox	50.24m	164-10	5	##
6	Kaiel, Nick	L&C	49.57m	162-07	4	
7	Fipps, Jesse	Linfield	x49.24m	161-06		
8	Keeler, Jason	Pacific	48.62m	159-06	3	
9	Dillow, Ben	George Fox	x47.81m	156-10		**

SCORING

Priester	15	Haehlen	6
Maves	12	Beatty	6
Rasmussen	11.25	Guelfi	4.25
Malcolm	10	Wymore	4
Bates	9.25	Vela	4
Gassaway	9	Dort	3.25
Gottfried	9	Paine	2.25
Sticka	8.25	Yeager	2
Cobb	8.25	Delmore	2
Dillow	7.25		
Puckett	7		
Owen	7		
Laloli	7		
Hultberg	7		
Moe	6		

Licensed to Lewis & Clark College Hy-Tek's Meet Manager 4/3/04 04:52 PM

Lewis & Clark Invitational - 3/3/04

Portland, Oregon

Results

Women 100 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Swan, Jody		L&C	12.92	1	9
2	Newell, Kelsey		Linfield	13.29	1	7
3	Erickson, Brook		George Fox	13.30	2	6
4	Stiglmeier, Caitlin		Linfield	13.53	1	5
5	Miles, Shannon		George Fox	13.59	1	4
6	Wilson, Erin		Pacific	13.73	1	3
7	Llanes, Becky		L&C	14.19	1	2
8	Shaw, Jillian		George Fox	x14.46	2	
9	Matthews, Mona		George Fox	x14.57	1	
10	Hill, Laura		Pacific	14.83	2	1

Women 200 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Swan, Jody		L&C	26.59	1	9
2	Newell, Kelsey		Linfield	26.97	1	7
3	Stiglmeier, Caitlin		Linfield	27.61	2	6
4	Wilson, Erin		Pacific	28.41	1	5
5	Schiele, Shannon		Linfield	x28.56	1	
6	Matthews, Mona		George Fox	30.46	1	4

Women 400 Meter Dash

	Name	Year	School	Finals	Points
1	Schiele, Shannon		Linfield	1:02.71	9
2	Miller, Sara		George Fox	1:04.75	7
3	Ganser, Tara		L&C	1:08.50	6
4	Craigie, Kim		L&C	1:16.39	5

Women 800 Meter Run

	Name	Year	School	Finals	Points
1	Murphy, Joanna		Linfield	2:24.46	9
2	Jertberg, Beth		George Fox	2:36.44	7
3	Shosky, Shana		Pacific	2:38.35	6
4	Gandrud, Harlan		L&C	2:40.34	5
5	Moyer, Beth		George Fox	2:47.02	4
6	Pickler, Stacie		Linfield	2:48.86	3

Women 1500 Meter Run

	Name	Year	School	Finals	Points
1	Grossman, Sadie		L&C	4:50.23	9
2	Witt, Meryl		Linfield	4:53.74	7
3	Weber, Odessa		L&C	5:03.19	6
4	Shosky, Shana		Pacific	5:10.14	5
5	Jertberg, Beth		George Fox	5:21.43	4
6	Treger, Kasey		Linfield	5:22.40	3
7	Gandrud, Harlan		L&C	x5:27.19	
8	Moyer, Beth		George Fox	5:45.48	2

Women 5000 Meter Run

	Name	Year	School	Finals	Points
1	Witt, Meryl		Linfield	18:58.81	9
2	Goeres, Janelle		George Fox	20:24.74	7
3	Treger, Kasey		Linfield	20:26.96	6
4	Pfieffer-Hoyt, Megan		L&C	20:27.44	5
5	Sbordone, Laura		L&C	20:36.87	4
6	McCaffrey, Therese		L&C	x21:40.34	
7	Fischer, Stephanie		Linfield	x22:51.56	

Women 100 Meter Hurdles

	Name	Year	School	Finals	Points
1	Mahoney, Caitlin		Linfield	15.63	9
2	Moore, Leah		Linfield	16.12	7
3	Bernard, Riley		Linfield	x17.50	
4	Brown, Julie		George Fox	17.88	6
5	Barker, Brooke		Pacific	21.43	5

Women 400 Meter Hurdles

	Name	Year	School	Finals	Points
1	Bernard, Riley		Linfield	1:08.02	9
2	Ross, Kate		L&C	1:10.20	7
3	Brown, Julie		George Fox	1:10.69	6
4	Rohlffs, Emily		Linfield	1:12.43	5
5	Ganser, Tara		L&C	1:24.24	4

Women 3000 Meter Steeplechase

	Name	Year	School	Finals	Points
1	Schor, Debbie		Linfield	13:54.60	9
2	Weimar, Ashlee		Linfield	15:01.60	7

Women 4x100 Meter Relay

	School	Finals	Points
1	Linfield College 'A'	50.81	9
2	Lewis & Clark College 'A'	51.78	7
3	George Fox University 'A'	52.34	6

Women 4x400 Meter Relay

	School	Finals	Points
1	Linfield College 'A'	4:10.92	9
2	Lewis & Clark College 'A'	4:26.97	7
3	George Fox University 'A'	4:36.20	6
4	PacificUniversity 'A'	4:44.41	5

Women High Jump

	Name	Year	School	Finals		Points
1	Larson, Lindsay		Linfield	1.63m	5-04.25	9
2	Mahoney, Caitlin		Linfield	1.58m	5-02.25	7
3	Moore, Leah		Linfield	x1.48m	4-10.25	
4	Brown, Julie		George Fox	1.43m	4-08.25	6
5	Barker, Brooke		Pacific	1.38m	4-06.25	5
6	McLaughlin, Kadee		Pacific	1.33m	4-04.25	4

Women Pole Vault

	Name	Year	School	Finals		Points
1	Huddleston, Juli		Linfield	3.21m	10-06.25	9
2	Gerrits, Shelby		L&C	3.06m	10-00.50	6.5
2	Weeber, Amanda		Linfield	3.06m	10-00.50	6.5
4	Shaw, Jillian		George Fox	2.76m	9-00.50	5
5	Black, Tori		George Fox	J2.76m	9-00.50	4
6	Sommers, Kate		L&C	2.31m	7-07.00	3

Women Long Jump

	Name	Year	School	Finals		Points
1	Moore, Leah		Linfield	5.10m	16-08.75	9
2	Llanes, Becky		L&C	4.96m	16-03.25	7
3	Ross, Kate		L&C	4.94m	16-02.50	6
4	Larson, Lindsay		Linfield	4.80m	15-09.00	5
5	Barker, Brooke		Pacific	4.47m	14-08.00	4

Women Triple Jump

	Name	Year	School	Finals		Points
1	Forbes, Michelle		George Fox	10.50m	34-05.50	9
2	Ross, Kate		L&C	10.35m	33-11.50	7
3	McLaughlin, Kadee		Pacific	9.21m	30-02.75	6

Women Shot Put

	Name	Year	School	Finals		Points
1	Bielenberg, Danielle		Linfield	12.75m	41-10.00	9
2	Arnall, Dee Dee		Pacific	11.19m	36-08.50	7
3	Barker, Brooke		Pacific	10.63m	34-10.50	6
4	Paterson, Liz		L&C	10.00m	32-09.75	5
5	Henson, Poha		George Fox	9.90m	32-05.75	4
6	Blankenship, Lindsey		George Fox	8.73m	28-07.75	3

Women Discus Throw

	Name	Year	School	Finals		Points
1	Bielenberg, Danielle		Linfield	35.46m	116-04	9
2	Duerr, Rebecca		Linfield	32.85m	107-09	7
3	Merz, Meghan		Pacific	32.15m	105-06	6
4	Ingram, Allison		Pacific	28.82m	94-07	5
5	Paterson, Liz		L&C	28.65m	94-00	4
6	Blankenship, Lindsey		George Fox	27.49m	90-02	3
7	Henson, Poha		George Fox	27.23m	89-04	2

Women Hammer Throw

	Name	Year	School	Finals		Points
1	Paterson, Liz		L&C	39.42m	129-04	9
2	Blankenship, Lindsey		George Fox	35.70m	117-01	7
3	Ingram, Allison		Pacific	35.44m	116-03	6
4	Bielenberg, Danielle		Linfield	33.22m	109-00	5
5	Henson, Poha		George Fox	24.49m	80-04	4

Women Javelin Throw

	Name	Year	School	Finals		Points
1	Arnall, Dee Dee		Pacific	41.69m	136-09	9
2	Mascorro, Lydia		Linfield	38.87m	127-06	7
3	Black, Tori		George Fox	35.58m	116-09	6
4	Larson, Lindsay		Linfield	31.04m	101-10	5
5	Llanes, Becky		L&C	24.36m	79-11	4
6	Zimmerman, Elizabeth		L&C	20.96m	68-09	3
7	Barker, Brooke		Pacific	15.82m	51-11	2

Men 100 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Boock, Chris		Linfield	10.87	1	9
2	Hazenburg, Brandon		Linfield	11.42	1	7
3	Carter, George		Linfield	x11.43	1	
4	Allen, Casey		Linfield	x11.49	1	
5	Maves, Drew		George Fox	11.52	1	6
6	Setere, Lucas		Pacific	11.68	1	5
7	Piago, Peter		Pacific	11.87	2	4
8	Bianchi, Steve		L&C	12.00	1	3
9	Yeager, Brett		George Fox	12.05	2	2
10	Vela, Milo		George Fox	x12.15	2	
11	Kaiel, Nick		L&C	12.23	1	1
12	Cruickshank, Pete		Linfield	x12.28	2	
13	Whittaker, Matt		Pacific	x12.78	2	
14	Mollier, Derek		Pacific	x12.83	2	
15	Beatty, Doug		George Fox	x13.76	2	

Men 200 Meter Dash

	Name	Year	School	Finals	H#	Points
1	Boock, Chris		Linfield	22.47	1	9

2	Legary, Tyler	Linfield	23.50	2	7
3	Allen, Casey	Linfield	x23.60	1	
4	Lau, Brad	Linfield	x23.74	1	
5	Piago, Peter	Pacific	23.90	2	6
6	Whittaker, Matt	Pacific	25.35	2	5
7	Cruickshank, Pete	Linfield	x26.07	2	
7	Mollier, Derek	Pacific	x26.07	2	

Men 400 Meter Dash

	Name	Year School	Finals	Points
1	Rasmussen, Jesse	George Fox	50.22	9
2	Puckett, Adam	George Fox	51.14	7
3	Priester, Josh	George Fox	x51.18	
4	Foote, Adam	L&C	51.69	6
5	Legary, Tyler	Linfield	52.13	5
6	Guelfi, Eddie	George Fox	x53.17	
7	Lau, Brad	Linfield	53.79	4
8	Mellow, Zach	Pacific	53.89	3

Men 800 Meter Run

	Name	Year School	Finals	H#	Points
1	Taylor, Casey	Linfield	1:56.72	1	9
2	Bates, Brad	George Fox	2:00.82	2	7
3	Sticka, Ryan	George Fox	2:00.85	1	6
4	Ginanni, Joe	Linfield	2:01.06	1	5
5	Killgore, Mike	Linfield	x2:01.41	1	
6	Hackett, Zach	Pacific	2:05.70	2	4
7	Dort, Ben	George Fox	x2:06.00	1	
8	Cobb, Bryan	George Fox	x2:06.31	1	
9	Henson, Josh	Pacific	2:08.56	2	3
10	Hickey, Sergio	Pacific	x2:10.83	2	
11	Leady, Matt	Pacific	x2:11.57	2	

Men 1500 Meter Run

	Name	Year School	Finals	Points
1	Ginanni, Joe	Linfield	4:06.40	9
2	Owen, Michael	George Fox	4:10.11	7
3	Cobb, Bryan	George Fox	4:15.38	6
4	Henson, Josh	Pacific	4:17.88	5
5	Hackett, Zach	Pacific	4:21.39	4
6	Warren, Kelly	Linfield	4:24.69	3
7	Delmore, David	George Fox	x4:31.23	
8	Paine, Andrew	George Fox	x4:44.28	

Men 5000 Meter Run

	Name	Year School	Finals	Points
1	Warren, Kelly	Linfield	16:33.13	9
2	Lana, Justin	Linfield	16:34.30	7
3	Moe, Jake	George Fox	16:35.17	6
4	Mears, Ty	L&C	17:16.55	5
5	Olson, Peter	Linfield	x17:32.42	
--	Finney, Grant	Bruin Track Club	X16:42.32	

Men 110 Meter Hurdles

	Name	Year School	Finals	Points
1	Fipps, Jesse	Linfield	16.73	9

Men 400 Meter Hurdles

	Name	Year School	Finals	Points
1	Setere, Lucas	Pacific	54.29	9
2	Law, Don	Linfield	58.70	7
3	Fipps, Jesse	Linfield	59.13	6
4	Henry, Alex	L&C	1:03.94	5

Men 3000 Meter Steeplechase

	Name	Year School	Finals	Points
1	Lana, Justin	Linfield	10:17.00	9
2	Henry, Alex	L&C	10:24.80	7
3	Olson, Peter	Linfield	10:25.20	6
4	Klein, Nile	L&C	10:55.00	5

Men 4x100 Meter Relay

	School	Finals	Points
1	Linfield College 'A'	42.73	9

Men 4x400 Meter Relay

	School	Finals	Points
1	George Fox University 'A'	3:25.27	9
2	Linfield College 'A'	3:30.48	7
3	PacificUniversity 'A'	3:33.07	6

Men High Jump

	Name	Year School	Finals		Points
1	Hazenburg, Brandon	Linfield	2.03m	6-08.00	9
2	Metoyer, Kynan	Pacific	1.83m	6-00.00	6.5
2	Bianchi, Steve	L&C	1.83m	6-00.00	6.5
4	Warrick, Jesse	Linfield	J1.83m	6-00.00	5
5	Gohl, Andrew	Linfield	x1.78m	5-10.00	
5	Zimbrick, Matt	Linfield	x1.78m	5-10.00	
7	Mellow, Zach	Pacific	1.73m	5-08.00	4

Men Pole Vault

	Name	Year School	Finals		Points
1	Tiogangco, Dayson	Linfield	4.42m	14-06.00	9
2	Laloli, Travis	George Fox	3.97m	13-00.25	7
3	Haehlen, Andy	George Fox	3.82m	12-06.25	6
4	Dillow, Ben	George Fox	x3.67m	12-00.50	
6	Wymore, Nick	George Fox	xJ3.67m	12-00.50	
--	Smith, John	Bruin Track Club	X4.27m	14-00.00	

Men Long Jump

	Name	Year School	Finals		Points
1	Hazenburg, Brandon	Linfield	6.58m	21-07.25	9
2	Zimbrick, Matt	Linfield	6.31m	20-08.50	7
3	Beatty, Doug	George Fox	6.13m	20-01.50	6
4	Love, Tim	Linfield	x6.01m	19-08.75	
4	Vela, Milo	George Fox	6.01m	19-08.75	5
6	Warrick, Jesse	Linfield	x5.97m	19-07.00	
7	Maves, Drew	George Fox	x5.85m	19-02.50	

Men Triple Jump

	Name	Year School	Finals		Points
1	Zimbrick, Matt	Linfield	12.74m	41-09.75	9
2	Scheele, Andy	Linfield	12.43m	40-09.50	7
3	Staveland, Jovon	L&C	12.42m	40-09.00	6
4	Bianchi, Steve	L&C	12.06m	39-07.00	5
5	Warrick, Jesse	Linfield	x11.92m	39-01.25	
6	Maves, Drew	George Fox	11.58m	38-00.00	4

Men Shot Put

	Name	Year School	Finals		Points
1	Thron, Andrew	Linfield	14.22m	46-08.00	9
2	Lockhart, Bo	Linfield	14.10m	46-03.25	7
3	Malcolm, David	George Fox	13.88m	45-06.50	6
4	Gohl, Andrew	Linfield	x13.75m	45-01.50	
5	Miles, Chris	Linfield	x12.98m	42-07.00	
6	Blem, Dale	Pacific	11.77m	38-07.50	5
7	Fisher, Don	Linfield	x11.76m	38-07.00	
8	Mollier, Derek	Pacific	11.18m	36-08.25	4
9	Boss, Dimitri	L&C	10.42m	34-02.25	3
--	Taylor, Ty	Bruin Track Club	X12.42m	40-09.00	

Men Discus Throw

	Name	Year School	Finals		Points
1	Priester, Josh	George Fox	40.40m	132-06	9
2	Lockhart, Bo	Linfield	39.59m	129-11	7
3	Thron, Andrew	Linfield	39.35m	129-01	6
4	Kleffner, Jake	Linfield	x39.31m	129-00	
5	Miles, Chris	Linfield	x38.99m	127-11	
6	Blem, Dale	Pacific	37.93m	124-05	5
7	Gallop, Cameron	Linfield	x37.50m	123-00	
8	Woods, Chris	Linfield	x37.14m	121-10	
--	Olson, Travis	Unattached	X43.76m	143-07	
--	Smith, John	Bruin Track Club	X43.92m	144-01	

Men Hammer Throw

	Name	Year School	Finals		Points
1	Gottfried, Greg	George Fox	44.64m	146-05	9
2	Hill, Mike	Linfield	42.93m	140-10	7
3	Thron, Andrew	Linfield	42.34m	138-11	6
4	Boss, Dimitri	L&C	40.54m	133-00	5
5	Malcolm, David	George Fox	38.40m	126-00	4
6	Mills, Mike	Linfield	x35.63m	116-11	
7	Hultberg, Nick	George Fox	x33.71m	110-07	
8	Mills, Steve	Linfield	x33.67m	110-05	
9	Foster, Tim	Pacific	32.62m	107-00	3
10	Gleason, Derrick	Linfield	x29.06m	95-04	
11	Kleffner, Jake	Linfield	x27.88m	91-06	
12	Bednar, David	Pacific	26.49m	86-11	2
--	Olson, Travis	Unattached	X38.33m	125-09	

Men Javelin Throw

	Name	Year School	Finals		Points
1	Gassaway, Matt	George Fox	58.74m	192-08	9
2	Mills, Steve	Linfield	56.85m	186-06	7
3	Mills, Mike	Linfield	55.79m	183-00	6
4	Gohl, Andrew	Linfield	x52.07m	170-10	
5	Hultberg, Nick	George Fox	50.24m	164-10	5
6	Kaiel, Nick	L&C	49.57m	162-07	4
7	Fipps, Jesse	Linfield	x49.24m	161-06	
8	Keeler, Jason	Pacific	48.62m	159-06	3
9	Dillow, Ben	George Fox	x47.81m	156-10	
10	Boss, Dimitri	L&C	41.43m	135-11	2
11	Bednar, David	Pacific	40.87m	134-01	1

Women - Team Rankings - 19 Events Scored

1) Linfield College	222.50	2) Lewis & Clark College	139.50
3) George Fox University	122	4) PacificUniversity	90

Men - Team Rankings - 19 Events Scored

1) Linfield College	246	2) George Fox University	135
3) PacificUniversity	87.50	4) Lewis & Clark College	63.50

U.T. Arlington

Arlington Invitational - 3/26/2004 to 3/27/2004

Maverick Stadium, Arlington, Texas

Event 8 Men Javelin Throw

	Name	Year	School	Finals	
Flight 1					
1	Eck, Lance		Wichita State Un	55.00m	180-05
2	Wartick, Matt		Wichita State Un	48.62m	159-06
3	Durmright, Cale		University of Ok	44.22m	145-01
4	Strong, Dan		University of Ok	43.76m	143-07
5	Heape, Austin		Baylor University	41.95m	137-07
6	Conley, Jason		Wichita State Un	37.26m	122-03
--	Dacuhna, Jeff		Unattached	XDNS	
--	Blocker, Brian		Unattached	X30.06m	98-07
Flight 2					
1	Mies, Brandon		Wichita State Un	54.52m	178-10
2	Speer, Paul		Wichita State Un	53.25m	174-08
3	Stroud, Jon		Tarleton State U	53.04m	174-00
4	Baker, Nick		Wichita State Un	48.49m	159-01
5	Truelove, Justin		Texas A&M Commerce	43.09m	141-04
--	Gassaway, Matt		George Fox Unive	X61.99m	203-04
--	Lukoschat, Jens		Unattached	X53.46m	175-05
--	Teinert, Paul		Unattached	XDNS	

	Name	Year	School	Finals	
Finals					
1	Eck, Lance		Wichita State Un	55.00m	180-05
2	Mies, Brandon		Wichita State Un	54.52m	178-10
3	Speer, Paul		Wichita State Un	53.25m	174-08
4	Stroud, Jon		Tarleton State U	53.04m	174-00
5	Wartick, Matt		Wichita State Un	48.62m	159-06
6	Baker, Nick		Wichita State Un	48.49m	159-01
7	Durmright, Cale		University of Ok	44.22m	145-01
8	Strong, Dan		University of Ok	43.76m	143-07
9	Truelove, Justin		Texas A&M Commerce	43.09m	141-04
10	Heape, Austin		Baylor University	41.95m	137-07
11	Conley, Jason		Wichita State Un	37.26m	122-03
--	Teinert, Paul		Unattached	XDNS	
--	Dacuhna, Jeff		Unattached	XDNS	
--	Blocker, Brian		Unattached	X30.06m	98-07
--	Lukoschat, Jens		Unattached	X53.46m	175-05
--	Gassaway, Matt		George Fox Unive	X61.99m	203-04

Licensed to California State Univ.- Sacramento Hy-Tek's Meet Manager
3/27/2004

Sacramento State - 3/27/2004
Hornet Invitational
Sacramento, California
Results

Women 100 Meter Dash

	Name	Year	School	Finals	Wind	H#
1	Jennifer Rockwell		Byu	11.91	3.4	1
2	Danielle Green		Davis	12.28	3.4	1
3	Jessica Thomas		Sac State	12.32	3.4	1
4	Charissa Spears		Stanislaus	12.33	1.8	2
5	Amaya Greenwood		Davis	12.35	3.4	1
6	Angela Jensen		Davis	12.44	3.4	1
7	Roshena Duree		Sac State	12.47	1.8	2
8	Jocelyn Venable		Stanislaus	12.48	1.8	2
9	Amanda Feigt		Utah	12.53	3.6	3
10	Stephanie Byrd		Sac State	12.57	3.4	1
11	Tracy Hamblin		Utah	12.64	3.6	3
12	Jimia White		Sac City	12.65	3.6	3
13	Faunn Davis		Sac City	12.73	1.8	2
14	Laura Rombach		Davis	12.75	3.6	3
15	Maka Agbo		Davis	12.76	3.6	3
16	Nicole Evans		Split Second	12.78	3.4	1
17	Sheryl Garner		Byu	12.84	1.8	2
18	Yewande Findley		Sac City	12.86	1.6	4
19	Jean Kolb		Sea. Pacific	12.90	1.8	2
20	Kelsey Gleason		Sea. Pacific	12.95	1.8	2
21	Marian Fisher		Byu	13.03	3.4	1
22	Aishatu Yusuf		Utah	13.05	3.6	3
23	Trisha Wagner		Utah	13.07	1.6	4
24	Jennifer Kaplar		Utah	13.08	1.6	4
25	Ashley Nunes		Sac City	13.15	1.6	4
26	Catrina Wagner		Sonoma St.	13.19	1.8	2
27	Meagan Anderson		Utah	13.20	3.6	3
28	Katy Barton		Utah	13.21	3.6	3
29	Liddy Steele		Utah	13.65	1.6	4
30	Morgan Scott		Chico State	13.80	3.6	3
31	Melanie Henderson		Sac City	14.17	1.6	4
32	Mona Matthews		George Fox	14.45	1.6	4
33	Jillian Shaw		George Fox	14.64	1.6	4

Women 200 Meter Dash

	Name	Year	School	Finals	Wind	H#
1	Lasadies McClain		Sac City	23.80	1.5	1
2	Natalia Gaerlan		Buffalo Chip	24.24	1.5	1
3	Amy Menlove		Byu	24.77	1.5	1
4	Tyreina Henley-Henderso		Sac State	25.13	3.3	2
5	Charissa Spears		Stanislaus	25.15	3.3	2
6	Candice Mills		Sac State	25.21	1.5	1
7	Mary Bennion		Byu	25.34	1.5	1
8	Jocelyn Venable		Stanislaus	25.50	3.3	2
9	Laura Evans		Byu	25.60	3.3	2
10	Hillary Enloe		Byu	25.61	3.3	2
11	Monica Smith		W. Oregon	25.62	3.3	2
12	Stephanie Byrd		Sac State	25.66	1.5	1
13	Nicole Evans		Split Second	25.85	1.5	1
14	Katy Kociemba		W. Oregon	25.87	3.3	2
15	Anais Castillo-Spring		Sac State	25.89	3.3	2
16	Amanda Feigt		Utah	25.92	1.5	1
17	Yewande Findley		Sac City	26.23	2.5	4
18	Tracy Hamblin		Utah	26.35	3.6	3
19	Jean Kolb		Sea. Pacific	26.37	3.6	3
20	Trisha Wagner		Utah	26.43	2.5	4
21	Sheryl Garner		Byu	26.49	3.3	2
22	Ryana Smith		Chico State	26.60	2.5	4
23	Shameka Savage		Sac State	26.62	3.6	3
24	Candice Mannion		Utah	26.97	3.6	3
25	Aishatu Yusuf		Utah	27.22	3.6	3
26	Meagan Anderson		Utah	27.58	2.5	4
27	Katy Barton		Utah	27.96	3.6	3
28	Megan Helms		Butte	28.11	2.5	4
29	Liddy Steele		Utah	28.16	2.5	4
30	Melanie Henderson		Sac City	29.18	2.5	4
31	Mona Matthews		George Fox	29.94	2.5	4

Women 400 Meter Dash

	Name	Year	School	Finals	H#
1	Nicole Evans		Split Second	56.74	1
2	Mary Bennion		Byu	57.01	1
3	Nellie Hammons		Utah	58.24	1
4	Erica Porter		Sac State	58.32	2
5	Marisha Dixon		Davis	59.25	2
6	Molly Stinson		Davis	59.53	1
7	Anais Castillo-Spring		Sac State	59.54	2
8	Shameka Savage		Sac State	59.83	2
9	Ryana Smith		Chico State	60.28	3
10	Toni Adair		W. Oregon	60.29	1
11	Kristen Wiese		W. Oregon	60.64	2
12	Pam Robertson		Sac City	60.80	3
13	Nicole Matthias		Sac City	60.85	3
14	Candice Mannion		Utah	61.03	3
15	Roxanne Sechler		Sonoma St.	61.30	2
16	Alison Peterson		Butte	61.84	3
17	Christiane Kragel		Chico State	62.21	3

Women 800 Meter Run

	Name	Year	School	Finals
1	Jennifer Marsh		Sea. Pacific	2:13.41
2	Vanessa Hanen		Chico State	2:16.66
3	Angela Mercado		Sac State	2:16.92
4	Andrea Davidson		Utah	2:18.03
5	Jennifer Stief		Stanislaus	2:18.54
6	Kari Konrad		W. Oregon	2:19.46
7	Katherine Bagwell		Chico State	2:20.34
8	Sara Ingebretsen		Byu	2:21.37
9	Vanessa Lordi		Aggies RC	2:22.03
10	Brandi McCoy		Sea. Pacific	2:22.75
11	Caroline Menard		Davis	2:23.26
12	Christina Rheingold		Chico State	2:23.80
13	Jasmine McMahon		Sac State	2:24.85
14	Annie Branco		Sonoma St.	2:26.54
15	Brooklynn Solomon		Sac State	2:26.73
16	Nicki Hugie		Utah	2:26.74
17	Abby Groth		Sea. Pacific	2:27.71
18	Christina Buck		Stanislaus	2:28.15
19	Elise Greenwood		Utah	2:28.32
20	Leah Trutna		W. Oregon	2:30.62
21	Neicy Sandelin		Butte	2:31.43
22	Michelle Bell		Chico State	2:31.46
23	Tessa Vergari		George Fox	2:32.70
24	Jennifer Brusch		Utah	2:32.73
25	Jenny Gustavson		Utah	2:34.18
26	Beth Middleton		Sonoma St.	2:42.08

Women 1500 Meter Run

	Name	Year	School	Finals
1	Trina Cox		Unattached	4:38.44
2	Caitlin Chock		OPEN	4:38.63
3	Jennifer Stief		Stanislaus	4:39.61
4	Katie Fontana		OPEN	4:40.36
5	Jennie Haertel		Utah	4:41.96
6	Kari Konrad		W. Oregon	4:41.99
7	Nellie Hammons		Utah	4:42.64
8	Nicole Graham		Air Force	4:43.83
9	Angela Mercado		Sac State	4:47.16
10	Melinda Ouwerkerk		Idaho	4:49.74
11	Elise Greenwood		Utah	4:50.36
12	Nicki Hugie		Utah	4:51.70
13	Abby Galloway		Davis	4:54.26
14	Eva Gut		Davis	4:54.41
15	Jasmine McMahon		Sac State	4:55.02
16	Abby Groth		Sea. Pacific	4:57.77
17	Alicia Wiley		Chico State	4:58.39
18	Sara Wolf		Sac State	5:01.10
19	Ilea Eskildsen		Air Force	5:01.60
20	Jenny Gustavson		Utah	5:04.51
21	Christina Buck		Stanislaus	5:07.62
22	Ashlee Warnick		Utah	5:08.09
23	Sara Miller		George Fox	5:08.39
24	Brandi McCoy		Sea. Pacific	5:09.28
25	Jenny Wilson		Davis	5:09.81
26	Christy Wilhems		Chico State	5:12.12
27	Erica Gallegos		Davis	5:18.39
28	Chisano Takeuchi		Butte	5:31.76

Women 3000 Meter Run

	Name	Year	School	Finals
1	Marcie Silva		Sonoma St.	10:56.01
2	Amy Yonan		Stanislaus	10:59.11
3	Janee Montelongo		Stanislaus	11:18.74

Women 5000 Meter Run

	Name	Year	School	Finals
1	Laura Trevellyan		West Wash.	17:59.25
2	Mandy Macalister		Idaho	18:00.40
3	Karen Dickson		Sea. Pacific	18:26.01
4	Andrea Pinchak		Air Force	18:38.99
5	Tina Stimson		West Wash.	18:42.60
6	Leighann Fischer		George Fox	19:20.46
7	Charity Vernon		Utah	19:25.67
8	Ruth Harbaugh		Sea. Pacific	19:33.44
9	Whittney Harris		George Fox	19:35.25
10	Virginia Grillo		Sac State	19:46.51

Women 100 Meter Hurdles

	Name	Year	School	Finals	Wind	H#
1	Amy Menlove		Byu	14.01	3.3	1
2	Missy Vanek		Unattached	14.10	3.5	3
3	Faunn Davis		Sac City	14.57	1.5	2
4	Emily Azevedo		Davis	14.60	3.3	1
5	Hillary Enloe		Byu	14.64	3.3	1
6	Natalia Gaerlan		Buffalo Chip	14.70	1.5	2
7	Taylor Teerlink		Byu	14.77	1.5	2
8	Lindsay Sommers		Byu	14.81	3.5	3
9	Jennifer Kaplar		Utah	14.92	1.5	2
10	Monica Smith		W. Oregon	15.03	1.5	2
11	Melissa Ferguson		Davis	15.08	3.3	1
12	Janna Schaafsma		Sea. Pacific	15.12	1.5	2
13	Nini Callan		W. Oregon	15.39	3.5	3
14	Lakischa Fontenot		Sac City	15.40	1.5	2
15	Aubry Startin		Utah	15.54	3.3	1
16	Amy Purtle		Davis	15.83	1.5	2

17	Katie McCanless	Davis	15.94	1.5	2
18	McKinzie Hobbs	Byu	16.35	1.1	4
19	Alicia Burton	Davis	16.41	3.5	3
20	Alena Cook	Sonoma St.	16.54	3.5	3
21	Chaunte Mitchell	Stanislaus	16.83	1.1	4
22	Lauren Browning	Utah	16.86	3.5	3
23	Lindsay Finney	George Fox	17.65	1.1	4
24	Rebecca Rankin	Chico State	17.94	1.1	4
25	Juliekay Brown	George Fox	18.01	1.1	4
26	Jennifer Jackman	Utah	18.44	3.3	1
27	Becca Duby	George Fox	18.66	1.1	4
28	Bridget Johnson	W. Oregon	19.29	3.5	3
29	Liis Berendsen	Byu	20.98	3.5	3

Women 400 Meter Hurdles

	Name	Year	School	Finals	H#
1	Jennifer Jackman		Utah	61.07	1
2	Jennifer Rockwell		Byu	61.77	1
3	Anita Nygard		Byu	62.15	1
4	Taylor Teerlink		Byu	63.62	1
5	Veronica Opazo		Unattached	64.10	1
6	Janna Schaafsma		Sea. Pacific	65.32	2
7	Melissa Ferguson		Davis	65.48	3
8	Mary Jo Alexander		Davis	65.54	1
9	Amy Purtle		Davis	65.82	3
10	Tiffany Krainik		Byu	65.93	2
11	Ashley Nunes		Sac City	66.33	2
12	Victoria Perkins		Sea. Pacific	66.49	2
13	Kelsey Gleason		Sea. Pacific	66.62	2
14	Jennifer Kaplar		Utah	66.70	1
15	Jennie Rummel		W. Oregon	67.97	2
16	Natalie Nash		W. Oregon	68.60	3
17	Teri Smith		Sonoma St.	68.87	3
18	Lauren Browning		Utah	69.05	2
19	Dana Barbieri		Davis	69.53	3
20	Alena Cook		Sonoma St.	70.82	2
21	Juliekay Brown		George Fox	72.18	4
22	Alicia Burton		Davis	73.10	3
23	Lindsay Finney		George Fox	74.52	4
24	Becca Duby		George Fox	75.01	4

Women 3000 Meter Steeplechase

	Name	Year	School	Finals
1	Jennie Haertel		Utah	11:38.49
2	Ashlee Warnick		Utah	11:59.10

Women 4x100 Meter Relay

	School	Finals	H#
1	UC Davis 'A'	46.95	1
2	Sacramento City College 'A'	47.46	1
3	Sacramento State 'A'	47.54	1
4	Brigham Young University 'B'	47.74	1
5	Brigham Young University 'A'	48.00	1
6	UC Davis 'B'	48.83	1
7	University of Utah 'A'	48.87	1
	1) Trisha Wagner 2) Amanda Feigt		
	3) Jennifer Jackman 4) Tracy Hamblin		
8	Western Oregon University 'A'	50.37	2
9	Chico State 'A'	51.01	2
10	UC Davis 'C'	51.18	2
11	University of Utah 'B'	51.53	2
	1) Aishatu Yusuf 2) Katy Barton		
	3) Meagan Anderson 4) Jennifer Kaplar		
--	Seattle Pacific Univ. 'A'	FS	1

Women 4x400 Meter Relay

	School	Finals	H#
1	Brigham Young University 'A'	3:47.15	1
2	University of Utah 'A'	3:51.40	1
	1) Jennifer Jackman 2) Amanda Feigt		
	3) Andrea Davidson 4) Nellie Hammons		
3	Sacramento City College 'A'	3:53.55	1
4	Chico State 'B'	3:55.54	
5	Chico State 'A'	4:03.45	1
6	Brigham Young University 'B'	4:04.01	1
7	Western Oregon University 'A'	4:04.86	2
8	University of Utah 'B'	4:06.32	2
	1) Lauren Browning 2) Candice Mannion		
	3) Jennie Haertel 4) Jennifer Kaplar		
9	Sonoma State University 'A'	4:07.37	2
10	Butte College 'A'	4:16.40	2
11	University of Utah 'C'	4:17.48	2
	1) Meagan Anderson 2) Aishatu Yusuf		
	3) Nicki Nugie 4) Ashlee Warnick		
--	Sonoma State University 'B'	DQ	2

Women High Jump

	Name	Year	School	Finals	
1	Lakischa Fontenot		Sac City	1.63m	5-04.25
2	Stephanie Marks		Davis	J1.63m	5-04.25
3	Katie Decker		Utah	J1.63m	5-04.25
4	Anna Lee Walcott		Byu	J1.63m	5-04.25
5	Aubry Startin		Utah	J1.63m	5-04.25
6	Monica Smith		W. Oregon	J1.63m	5-04.25
7	Kirstin Hirst		Byu	1.58m	5-02.25
7	Jessica Jones		Sac State	1.58m	5-02.25
9	Amanda Oliver		Stanislaus	J1.58m	5-02.25
9	Samantha Rogers		Davis	J1.58m	5-02.25
11	Dianna Grossglass		Sea. Pacific	1.53m	5-00.25
11	Chelsey Mauck		Davis	1.53m	5-00.25
11	Bridget Johnson		W. Oregon	1.53m	5-00.25
11	Nikki Mancinelli		Utah	1.53m	5-00.25
11	Juliekay Brown		George Fox	1.53m	5-00.25
11	Rebecca Rankin		Chico State	1.53m	5-00.25
17	Jamie Munns		Utah	1.48m	4-10.25
17	Sharon Bjella		Sea. Pacific	1.48m	4-10.25
--	Val Fergesen		W. Oregon	NH	
--	Emily Griffin		Unattached	NH	

Women Pole Vault

	Name	Year	School	Finals	
1	Tracy Hamblin		Utah	3.80m	12-05.50
2	Kira Costa		Unattached	3.65m	11-11.75
3	Chaunte Mitchell		Stanislaus	3.50m	11-05.75
4	Kristin McGregor		Byu	J3.50m	11-05.75
5	Alisha Thompson		Byu	J3.50m	11-05.75
5	Trisha Wagner		Utah	J3.50m	11-05.75
7	Allie Hedges		Sea. Pacific	3.35m	10-11.75
8	Erin Richardson		Air Force	J3.35m	10-11.75
8	McKinzie Hobbs		Byu	J3.35m	10-11.75
10	Rachelle Sabo		Chico State	J3.35m	10-11.75
10	Amy Harris		Sea. Pacific	J3.35m	10-11.75
12	Saheer Kassis		Unatt	3.20m	10-06.00
12	Meliss Adams		Unattached	3.20m	10-06.00
12	Emily Franks		Byu	3.20m	10-06.00
12	Amber Rose		Sea. Pacific	3.20m	10-06.00
12	Sarah Weiss		Chico State	3.20m	10-06.00
17	Melissa Moore		Chico State	3.05m	10-00.00
17	Amy Erdos		Unatt	3.05m	10-00.00
17	Liddy Steele		Utah	3.05m	10-00.00
17	Becky Stone		Air Force	3.05m	10-00.00
17	Jocelyn Likens		Chico State	3.05m	10-00.00
--	Angela Pinocchio		Unattached	NH	
--	Mandie Rowell		Utah	NH	
--	Lisa Shafer		Utah	NH	
--	Jillian Shaw		George Fox	NH	
--	Chelsea McGinnis		Chico State	NH	
--	Destiny Ruegg		Butte	NH	

Women Long Jump

	Name	Year	School	Finals	Wind	
1	Bounmi Canales		Unattached	6.10m	2.2	20-00.25
2	Amy Menlove		Byu	J6.10m	3.6	20-00.25
3	Amanda Feigt		Utah	6.02m	2.2	19-09.00
4	Candice Mills		Sac State	5.98m	3.2	19-07.50
5	Jade Myles		Unattached	5.80m	2.5	19-00.50
6	Lindsay Sommers		Byu	5.73m	1.4	18-09.75
7	Missy Vanek		Unattached	5.63m	0.7	18-05.75
8	Liis Berendsen		Byu	5.62m	2.5	18-05.25
9	Quiianna Starr		Chico State	5.47m	NWI	17-11.50
10	Rosbena Duree		Sac State	5.45m	NWI	17-10.75
11	Laura Rombach		Davis	5.37m	NWI	17-07.50
12	Katy Kociemba		W. Oregon	5.30m	NWI	17-04.75
13	Jimia White		Sac City	5.15m	NWI	16-10.75
14	Bridget Johnson		W. Oregon	5.14m	NWI	16-10.50
15	Amanda Oliver		Stanislaus	5.08m	NWI	16-08.00
16	Kirstin McGregor		Byu	4.90m	NWI	16-01.00
17	Jenna Elerick		Chico State	4.85m	NWI	15-11.00
18	Loretta McKinney		Stanislaus	4.82m	NWI	15-09.75
19	Katy Barton		Utah	4.79m	NWI	15-08.75
20	Beth Griffin		West Wash.	4.40m	NWI	14-05.25
--	Julie Kendall		W. Oregon	ND	NWI	
--	Mandie Rowell		Utah	ND	NWI	
--	Khara Covington		Unattached	ND	NWI	

Women Triple Jump

	Name	Year	School	Finals	Wind	
1	Kamila Rywelska		Byu	13.10m	1.7	42-11.75

2 Lindsay Sommers	Byu	12.31m	3.2	40-04.75
3 Amanda Feigt	Utah	12.20m	4.9	40-00.50
4 Jade Myles	Unattached	11.98m	3.7	39-03.75
5 Tyreina Henley-Henderso	Sac State	11.87m	0.6	38-11.50
6 Regina Ollison	Sac State	11.59m	2.3	38-00.25
7 Loretta McKinney	Stanislaus	11.50m	1.9	37-08.75
8 Casey Kelley	CCK	11.28m	3.1	37-00.25
-- Jenna Elerick	Chico State	ND	NWI	
-- Kerry Booth	Chico State	ND	NWI	
-- Roshena Duree	Sac State	ND	NWI	
-- Quiianna Starr	Chico State	ND	NWI	
-- Katy Barton	Utah	ND	NWI	
-- Mandie Rowell	Utah	ND	NWI	
-- Beth Griffin	West Wash.	ND	NWI	
-- Amber Rose	Sea. Pacific	ND	NWI	
-- Katy Kociemba	W. Oregon	ND	NWI	
-- Kimberly Betty	Butte	ND	NWI	
-- Julie Kendall	W. Oregon	ND	NWI	

Women Shot Put

	Name	Year	School	Finals	
1	Sabrina Kirkwood		Sac State	13.46m	44-02.00
2	Brianne Ferris		Chico State	13.38m	43-10.75
3	Chelsea Forsythe		Byu	12.83m	42-01.25
4	Kathryn Birkmaier		Sac State	12.44m	40-09.75
5	Shana Lytle		Idaho	12.38m	40-07.50
6	Alicia VanderVelden		W. Oregon	12.14m	39-10.00
7	Keely Borck		Sonoma St.	12.13m	39-09.75
8	Stephanie Gustus		Chico State	J12.13m	39-09.75
9	Chevonna Lynch		W. Oregon	11.69m	38-04.25
10	Candace Jones		Byu	11.63m	38-02.00
--	Melanie Glennen		Chico State	ND	
--	Malia Prentice		Chico State	ND	
--	Jen Broncheau		Idaho	ND	
--	Emily Griffin		Unattached	ND	
--	Anna Lee Walcott		Byu	ND	
--	Judy Sheldon		Unattached	ND	
--	Becky Riddle		Utah	ND	
--	Trisha Grubb		Unattached	ND	
--	Sidni Taylor		Utah	ND	
--	Katie Lodato		Unattached	ND	
--	Sarah Barnett		Stanislaus	ND	
--	Rebecca Hart		Sac City	ND	
--	Verrottica Young		Sac City	ND	
--	Sarah Romig		Utah	ND	
--	Akilah Witherspoon		Butte	ND	

Women Discus Throw

	Name	Year	School	Finals	
1	Melanie Glennen		Chico State	48.05m	157-08
2	Kathryn Birkmaier		Sac State	43.91m	144-01
3	Sabrina Kirkwood		Sac State	42.44m	139-03
4	Aspen Marshall		Sac City	42.25m	138-07
5	Becky Riddle		Utah	40.41m	132-07
6	Brianne Ferris		Chico State	40.14m	131-08
7	Stephanie Gustus		Chico State	39.98m	131-02
8	Malita Bingham		Byu	39.37m	129-02
9	Christine Benson		Stanislaus	39.30m	128-11
10	Allison Kennedy		Chico State	39.03m	128-01
11	Taneya Davis		Davis	38.43m	126-01
12	Chelsea Forsythe		Byu	36.89m	121-00
13	Katie Lodato		Unattached	35.74m	117-03
14	Lauren Kooy		Sea. Pacific	35.29m	115-09
15	Vanessa Mortensen		Utah	35.18m	115-05
16	Sarah Barnett		Stanislaus	34.71m	113-10
17	Candace Jones		Byu	34.27m	112-05
18	Rebecca Hart		Sac City	33.81m	110-11
19	Andrea Pennington		Sea. Pacific	33.68m	110-06
20	Judy Sheldon		Unattached	31.79m	104-03
21	Verrottica Young		Sac City	31.10m	102-00
22	Natasha Sua		Byu	28.69m	94-01
23	Theresa Schultz		Sac State	26.78m	87-10

Women Hammer Throw

	Name	Year	School	Finals	
1	Vanessa Mortensen		Utah	53.18m	174-06
2	Kristin Hepler		W. Oregon	52.62m	172-08
3	Chelsea Forsythe		Byu	50.72m	166-05
4	Heidi Lambley		Idaho	50.71m	166-04
5	Jennifer Dunkin		Unattached	50.06m	164-03
6	Christine Benson		Stanislaus	49.49m	162-04
7	Laura Cadranel		Sac State	49.31m	161-09
8	Natasha Eldridge		Utah	49.15m	161-03
9	Jaci Cederberg		W. Oregon	48.87m	160-04
10	Trisha Grubb		Unattached	47.30m	155-02
11	Malita Bingham		Byu	46.97m	154-01
12	Bernadette Purtle		Davis	45.58m	149-06
13	Keely Borck		Sonoma St.	44.72m	146-09
14	Jen Broncheau		Idaho	44.05m	144-06
15	Candace Jones		Byu	43.07m	141-04
16	Theresa Schultz		Sac State	42.91m	140-09
17	Stacie Reyes		Unattached	42.74m	140-03
18	Melanie Glennen		Chico State	41.96m	137-08
19	Stephanie Gustus		Chico State	41.64m	136-07
20	Sarah Barnett		Stanislaus	39.86m	130-09
21	Tiffany Rasmussen		Byu	39.12m	128-04
22	Ceci Hinojosa		Stanislaus	38.62m	126-08
23	Natasha Sua		Byu	37.62m	123-05
24	Chevonna Lynch		W. Oregon	37.25m	122-02
25	Lauren Kooy		Sea. Pacific	36.96m	121-03
26	Jennifer Sturm		Chico State	36.31m	119-01
27	Marisa Parker		Butte	34.42m	112-11
28	Alicia VanderVelden		W. Oregon	33.62m	110-04
29	Verrottica Young		Sac City	31.68m	103-11
30	Judy Sheldon		Unattached	31.65m	103-10
--	Amber DeVries		Utah	ND	

Women Javelin Throw

	Name	Year	School	Finals	
1	Sara Johnson		Sea. Pacific	42.80m	140-05
2	Missy Vanek		Unattached	42.27m	138-08
3	Tiffany Rasmussen		Byu	41.85m	137-04
4	Lorea Jones		Sac State	41.33m	135-07
5	Stacey Hopkins		West Wash.	41.06m	134-08
6	Molly Hornbuckle		Sea. Pacific	38.41m	126-00
7	Caitie Holliday		Air Force	38.22m	125-05
8	Andrea Pennington		Sea. Pacific	38.14m	125-01
9	Sarah Romig		Utah	37.28m	122-04
10	Tori Black		George Fox	33.07m	108-06
11	Amber DeVries		Utah	33.06m	108-05
12	Maret Kamarova		Byu	31.81m	104-04
13	Liis Berendsen		Byu	30.88m	101-04
14	Taneya Davis		Davis	30.65m	100-07
15	Lindsay Ford		Byu	30.42m	99-10
16	Carrie Pon		Davis	29.64m	97-03
17	Destiny Ruegg		Butte	29.42m	96-06
18	Kristina Wooten		Davis	29.10m	95-06
19	Malia Prentice		Chico State	29.00m	95-02
20	Rebecca Hart		Sac City	28.44m	93-04
21	Laura Cadranel		Sac State	26.47m	86-10
22	Morgan Scott		Chico State	26.22m	86-00
23	Nicole Matthias		Sac City	26.10m	85-07
--	Emily Griffin		Unattached	ND	
--	Aspen Marshall		Sac City	ND	
--	Sidni Taylor		Utah	ND	

Men 100 Meter Dash

	Name	Year	School	Finals	Wind	H#
1	EJ Jackson		WC Elite	10.44	1.1	1
2	Jorge Richardson		IE	10.46	1.1	1
3	Lorenzo Hathorne		UNOR	10.47	1.1	1
4	Patrick Ray		Idaho	10.61	5.7	2
5	Mahasse Cornelius		Split Second	10.62	5.7	2
6	Jeff Billing		Unattached	10.68	3.2	3
7	JR Ruffin		Idaho	10.75	1.1	1
8	Kenta Fukui		Unattached	10.81	5.7	2
8	Roland Chu		Davis	10.81	5.7	2
10	Brandon Parker		Sac State	10.83	5.7	2
11	Will Montgomery		UNOR	10.92	1.1	1
12	Chris Brown		Sac State	11.01	3.2	3
13	Billy White		Sac State	11.03	3.2	3
13	Sean Breshnahan		W. Oregon	11.03	3.2	3
13	Louis Foy		IE	11.03	3.2	3
16	Tremayne Cantey		Stanislaus	11.04	2.1	5
17	Michael Sanders		Sac State	11.06	3.2	3
18	Ron Randhawa		Unattached	11.08	1.1	1
19	Adam Neff		West Wash.	11.10	3.2	3
20	Harwell Lang		Chico State	11.11	1.5	4
21	Cedric Thompson		Idaho	11.12	5.7	2
22	Jacob Petz		West Wash.	11.18	3.2	3
23	Theotis Daniels		Unattached	11.21	1.9	6
24	Scott Lee		Davis	11.24	1.5	4
25	Bryan Babcock		Chico State	11.25	1.5	4
25	Tom Fitzpatrick		Chico State	11.25	2.1	5
27	Alphonso Peterson		Unattached	11.27	1.5	4
28	Matt Omelagah		Stanislaus	11.28	2.1	5
28	Andre Wright		Sac State	11.28	1.5	4
30	Michael Taylor		Davis	11.29	2.1	5
31	Billy Ellington		Butte	11.32	1.9	6
32	Chris Williams		Unattached	11.36	2.1	5
33	Derek Gitts		W. Oregon	11.37	1.5	4
34	Ross Green		Stanislaus	11.41	1.9	6
35	Eddie Kaeka		West Wash.	11.48	1.5	4
36	Patrick Domek		Chico State	11.49	2.1	5
37	Colby Eslinger		W. Oregon	11.50	2.1	5
38	Matt Illarina		Davis	11.60	1.9	6
39	Michael Butler		Davis	11.63	-3.7	7
39	Kino Carson		Unattached	11.63	1.5	4
41	Boloy Lokumbo		Butte	11.67	-3.7	7
42	J.J. Dunbar		Chico State	11.72	2.1	5
43	Zach Hall		Butte	11.87	1.9	6
44	Cody Herbst		Unatt	11.89	-3.7	7
45	Rob Stark		Utah	11.97	1.9	6
46	Sterling Brown		SF State	12.01	-3.7	7
47	Mike Plum		Utah	12.10	1.9	6
48	Lorin Jenkins		Utah	12.11	-3.7	7
--	Ayo Olabode		Stanislaus	DQ	1.9	6

Men 200 Meter Dash

	Name	Year	School	Finals	Wind	H#
1	EJ Jackson		WC Elite	21.18	2.0	1

2	Patrick Ray	Idaho	21.40	4.4	2
3	Jorge Richardson	IE	21.48	2.0	1
4	JR Ruffin	Idaho	21.57	4.4	2
5	Will Montgomery	UNOR	21.66	2.0	1
6	Kajari Burns	Unattached	21.68	4.4	2
7	Josh Flexman	Unattached	21.77	4.4	2
8	Ryan Fitzpatrick	Chico State	21.81	2.7	3
9	Obi Osuji	Sac State	22.02	2.7	3
10	Jared Coleman	Stanislaus	22.21	3.5	4
10	Harwell Lang	Chico State	22.21	2.7	3
12	Alphonso Peterson	Unattached	22.35	2.0	1
13	Bryan Babcock	Chico State	22.37	2.7	3
14	Thomas Wilson	Butte	22.40	3.5	5
15	Chris Brown	Sac State	22.42	2.7	3
16	Louis Foy	IE	22.44	3.5	4
17	Michael Sanders	Sac State	22.57	3.5	5
18	Chris Hernandez	Stanislaus	22.65	3.5	5
19	Brent Sims	Sac State	22.83	3.5	4
20	Matt Omelagah	Stanislaus	22.93	3.5	4
21	Richard Duhaime	Sac State	22.96	1.7	6
22	Andre Wright	Sac State	23.02	3.5	5
22	Colby Eslinger	W. Oregon	23.02	3.5	4
24	Chris McClung	West Wash.	23.05	3.5	4
25	Hudie Hawkins	Stanislaus	23.09	3.5	5
26	Tyler Thournir	Chico State	23.12	3.5	5
27	Dustin Wilson`	West Wash.	23.15	3.5	4
28	Billy Ellington	Butte	23.27	1.7	6
29	Chris Williams	Unattached	23.32	1.7	6
30	Sean Breshnahan	W. Oregon	23.51	2.5	7
31	Eddie Kaeka	West Wash.	23.65	1.7	6
32	Michael Butler	Davis	23.73	1.7	6
33	Boloy Lokumbo	Butte	24.02	2.5	7
34	Gabe Velasquez	Chico State	24.09	1.7	6
35	Cody Herbst	Unatt	24.20	2.7	3
36	Mollen Ngirablosch	Lassen	24.40	2.5	7
37	Jay Elidechedong	Lassen	24.59	2.5	7
38	Oliver Sparks	UNOR	24.69	2.5	7
39	Edward Ossome	Lassen	24.70	1.7	6
40	Billy White	Sac State	25.38	2.7	3

Men 400 Meter Dash

	Name	Year School	Finals	H#
1	Tim Brown	Unattached	48.16	1
2	Ryan Fitzpatrick	Chico State	48.88	2
3	Ryder Heidelberger	Davis	49.03	2
4	Kajari Burns	Unattached	49.05	1
5	Obi Osuji	Sac State	49.17	1
6	Brent Sims	Sac State	49.39	1
7	Alfred Gibbs	Davis	50.39	3
8	Jared Coleman	Stanislaus	50.43	3
9	Chris Hernandez	Stanislaus	50.44	2
10	Chris McClung	West Wash.	50.93	2
11	Ace Niederberger	Unattached	51.17	3
12	Matt Diaz	Chico State	51.61	4
13	Tyler Thournir	Chico State	51.77	3
14	Thomas Wilson	Butte	52.47	3
15	Farhad Zarif	Unattached	52.61	3
16	Scott Lemmon	W. Oregon	52.85	2
17	Danny Pyatt	UNOR	53.04	1
— 18	Eddie Guelfi	George Fox	53.59	4
19	Nelacy Porter	W. Oregon	53.71	4
20	Zach Hall	Butte	54.39	3
21	Hudie Hawkins	Stanislaus	54.70	4

Men 800 Meter Run

	Name	Year School	Finals	H#
1	Ryan Locklin	Unattached	1:54.07	1
2	Jerrett Mantalas	W. Oregon	1:56.43	1
3	Andres Williams	W. Oregon	1:57.50	1
4	Ron DiMaggio	Unattached	1:57.58	1
5	Juan Vazquez	Sac State	1:58.09	1
6	Josh Rau	Davis	1:58.29	2
7	Jim Shrimp	Chico State	1:58.60	2
8	Damian Mora	Utah	1:59.14	2
9	Juan Ceja	Chico State	1:59.25	1
10	Mike McFarland	Air Force	1:59.36	2
11	Troy Banker	W. Oregon	1:59.68	1
12	Ryan O'Connell	Sac State	1:59.99	2
13	Ryan Green	Air Force	2:00.21	2
14	Tim Goldhart	Utah	2:01.52	2
15	Aaron Weispfenning	Utah	2:02.01	3
16	Chase Wells	W. Oregon	2:02.21	4
— 17	Bryan Cobb	George Fox	2:02.35	3
18	Phillip Jenkins	Sac State	2:03.55	3
19	Blaine Ashley	Chico State	2:04.98	2
20	Kevin Potter	Idaho	2:05.04	1
21	David Blue	Sac State	2:05.25	2
— 22	Andrew Paine	George Fox	2:05.47	4
23	Robby Ellis	Stanislaus	2:05.86	3
24	Dave Daum	Chico State	2:06.74	3
25	Tim Tollefson	Unattached	2:06.83	3
26	Rene Dubon	Unattached	2:07.17	3
27	Jesse McAlman	Hoy's	2:07.62	4
28	Peter Alexander	Butte	2:08.36	4
29	Justin Freyermuth	Stanislaus	2:09.28	4
30	Nick Clinton	Unattached	2:09.46	3
31	George Silviera	Butte	2:15.49	4
32	Stephen Peacock	Butte	2:26.52	4

Men 1500 Meter Run

	Name	Year School	Finals
1	Nephi Tyler	Utah	3:57.34
2	Delfino Arevalo	Utah	3:58.54
3	Chris Feren-Cirino	Davis	3:58.92
4	Andy Prentice	St. Martin's	3:59.42
5	Richard Elmore	Air Force	3:59.45
6	Juan Vazquez	Sac State	4:00.34
7	Chase Wells	W. Oregon	4:01.08
8	Tony Ahr	Davis	4:01.94
9	Colby Frazier	Utah	4:02.06
10	David Blue	Sac State	4:02.73
11	Nick Crawford	W. Oregon	4:03.33
12	Felipe Jasso	W. Oregon	4:05.05
13	Joel Martinez	Chico State	4:05.86
14	Kurt Michels	Utah	4:07.09
15	Brad Brolin	W. Oregon	4:07.38
16	Antonio Miramontes	Chico State	4:08.07
17	Phillip Jenkins	Sac State	4:08.41
18	Kevin Potter	Idaho	4:08.94
19	Blaine Ashley	Chico State	4:09.84
20	Ernesto Hrnandez	Chico State	4:10.41
21	Tim Tollefson	Unattached	4:10.73
22	Damian Mora	Utah	4:13.26
23	Dave Daum	Chico State	4:14.81
24	Aaron Weispfenning	Utah	4:15.88
25	Preston Stone	Unattached	4:18.47
26	Nick Clinton	Unattached	4:20.83
27	Chris Doerhoff	SC	4:21.56
28	Peter Alexander	Butte	4:24.03
29	Justin Freyermuth	Stanislaus	4:27.61
30	Matt Gray	Unattached	4:32.30
31	Stephen Peacock	Butte	4:36.58
--	Juan Ceja	Chico State	DNF

Men 5000 Meter Run

	Name	Year School	Finals
1	Delfino Arevalo	Utah	14:33.19
2	Matt Hellier	Air Force	15:15.65
3	Dale Kitt	Butte	15:20.04
4	Abe Wengel	Air Force	15:22.54
5	Colby Frazier	Utah	15:23.36
6	Jeff Davidson	Utah	15:31.71
7	Matt Hansen	Utah	15:33.58
8	Tom Getchell	Sac State	16:02.92
9	Chikara Omine	SF State	16:25.11
10	Neil Robertson	Lassen	16:42.41
— 11	Jake Moe	George Fox	16:56.05

Men 110 Meter Hurdles

	Name	Year School	Finals	Wind	H#
1	Rod Jett	Unatt	14.38	1.5	1
2	Byron Talley	Unattached	14.39	1.5	1
3	Micah Kemp	Sac State	14.53	1.5	1
4	Ron Randhawa	Unattached	14.62	1.5	1
5	Andre Wright	Sac State	14.72	4.0	2
6	Nick Santana	Sac State	14.76	4.0	2
7	George Garcia	IE	14.80	1.5	1
8	Arsenio Corbin	Unattached	14.81	4.0	2
9	Chris Santana	Sac State	14.87	1.5	1
10	Jeff Santana	Sac State	15.06	4.0	2
11	Jeff Luckstead	Idaho	15.08	4.0	2
12	Colin McMahon	W. Oregon	15.44	4.0	2
13	Josh Freeman	West Wash.	15.70	2.4	3
14	Lee Clarckston	W. Oregon	15.94	2.4	3
— 15	Ben Dillow	George Fox	16.23	2.4	3
16	Frank Cedeno	Unatt	16.35	2.4	3
17	Gabe Velasquez	Chico State	16.62	4.0	2
18	Zack Buchanan	Chico State	16.86	1.5	1
19	Steve Bjork	Chico State	16.98	2.4	3
20	Kris Shaw	Stanislaus	17.00	2.4	3
21	Dustin Wilson`	West Wash.	21.12	2.4	3

Men 400 Meter Hurdles

	Name	Year School	Finals	H#
1	Nick Santana	Sac State	53.37	1
2	Chris Santana	Sac State	53.51	1
3	Patrick Domek	Chico State	53.87	1
4	Jeff Santana	Sac State	53.96	1
5	Sam Hobbs	W. Oregon	54.24	1
6	Micah Kelley	Sea. Pacific	56.28	2
7	Tyler Clinton	Stanislaus	56.65	1
8	Ryan Los	West Wash.	57.32	2
9	Luke Ewing	W. Oregon	57.54	2
10	Alan Fleming	Butte	57.60	2
11	Frank Cedeno	Unatt	57.61	2
12	Lee Clarckston	W. Oregon	59.45	2
— 13	Ben Eichenberger	George Fox	59.74	2
14	Steve Bjork	Chico State	61.61	3
15	Kjell Davila	Butte	63.72	3
16	Mike Plum	Utah	63.73	3

Men 3000 Meter Steeplechase

	Name	Year School	Finals
1	Jeff Davidson	Utah	9:32.95
2	Micah Parker	Lassen	9:36.26

Men 4x100 Meter Relay

	School	Finals
1	Sacramento State 'A'	41.62
2	UC Davis 'A'	41.98
3	Cal State Stanislaus 'A'	42.37
4	Western Washington Univ. 'A'	43.38
5	University of Utah 'A'	45.81

1) Rob Stark 2) Lorin Jenkins
3) Dustin Cutrer 4) Mike Plum

Men 4x400 Meter Relay

	School	Finals
1	Unattached 'A'	3:19.76
2	Chico State 'A'	3:21.13
3	Cal State Stanislaus 'A'	3:21.51
4	Chico State 'B'	3:28.50
5	Western Washington Univ. 'A'	3:28.58
6	George Fox Univ. 'A'	3:29.45
7	University of Utah 'A'	3:36.45
8	Lassen College 'A'	3:39.41

1) Rob Stark 2) Dustin Cutrer
3) Mike Plum 4) Damian Mora

Men High Jump

	Name	Year	School	Finals	
1	Justin May		Chico State	2.08m	6-09.75
2	Scott Lemmon		W. Oregon	1.78m	5-10.00
2	Danny Arrow		Chico State	1.78m	5-10.00
--	Ron Randhawa		Unattached	NH	
--	Cody Herbst		Unatt	NH	
--	Zach Hall		Butte	NH	

Men Pole Vault

	Name	Year	School	Finals	
1	Michael Comorato		Davis	4.85m	15-11.00
2	Paul Sinatra		BDTC	4.70m	15-05.00
2	Aaron Weiss		Chico State	4.70m	15-05.00
4	Theotis Daniels		Unattached	4.40m	14-05.25
5	Lorin Jenkins		Utah	4.25m	13-11.25
6	Andrew Haehlen		George Fox	3.65m	11-11.75
--	Trevor Boler		Unattached	NH	
--	Forrest Wells		Unattached	NH	
--	Chris Lewis		Unattached	NH	
--	Kris Shaw		Stanislaus	NH	
--	Josh Cummings		W. Oregon	NH	
--	Eldwin Chappell		Stanislaus	NH	
--	Mike Plum		Utah	NH	
--	Craig Henderson		Chico State	NH	
--	Zack Buchanan		Chico State	NH	

Men Long Jump

	Name	Year	School	Finals	Wind	
1	Jeff Billing		Unattached	7.75m	1.9	25-05.25
2	Kyle Auclair		Unattached	7.41m	2.3	24-03.75
3	Brandon Parker		Sac State	7.25m	3.2	23-09.50
4	Michael Butler		Davis	6.91m	3.6	22-08.00
5	Justin May		Chico State	6.69m	3.0	21-11.50
6	Ross Green		Stanislaus	6.61m	1.5	21-08.25
7	Robert Johnson		Unatt	6.58m	2.6	21-07.25
8	Alan Fleming		Butte	6.51m	2.6	21-04.25
9	Michael Davies		Chico State	6.46m	NWI	21-02.50
10	Cody Herbst		Unatt	6.36m	NWI	20-10.50
11	Richard Duhaime		Sac State	6.30m	NWI	20-08.00
12	Ben Dillow		George Fox	6.23m	NWI	20-05.25
13	Peter Francis		Chico State	6.22m	NWI	20-05.00
14	Renado Cooks		Butte	6.16m	NWI	20-02.50
15	Emilio Vela		George Fox	6.09m	NWI	19-11.75
16	Travis Garside		Chico State	6.04m	NWI	19-09.75
17	Bryan Wadlow		George Fox	5.97m	NWI	19-07.00
18	Mike Plum		Utah	5.81m	NWI	19-00.75
19	Sterling Brown		SF State	5.59m	NWI	18-04.25
--	Dustin Cutrer		Utah	ND	NWI	
--	Ayo Olabode		Stanislaus	ND	NWI	

Men Triple Jump

	Name	Year	School	Finals	Wind	
1	Peter Francis		Chico State	14.75m	3.3	48-04.75
2	Michael Davies		Chico State	14.47m	4.5	47-05.75
3	Richard Duhaime		Sac State	13.97m	5.7	45-10.00
4	Matt Lesenyie		Davis	13.41m	3.1	44-00.00
5	Emilio Vela		George Fox	13.19m	4.7	43-03.25
6	Travis Garside		Chico State	12.80m	3.5	42-00.00
7	Kjell Davila		Butte	12.51m	3.6	41-00.50
8	Renado Cooks		Butte	12.29m	2.9	40-04.00
9	Doug Beatty		George Fox	J12.29m	2.6	40-04.00

Men Shot Put

	Name	Year	School	Finals	
1	Brendan Page		Chico State	17.38m	57-00.25
2	Ryan Frank		Davis	16.24m	53-03.50
3	Geoffrey Fong		Sac State	15.79m	51-09.75
4	Russ Winger		Idaho	15.48m	50-09.50
5	Kevin Johnson		W. Oregon	14.90m	48-10.75
6	Ronald Tilton		Sac State	14.44m	47-04.50
7	Bryan Thurnborg		Chico State	14.02m	46-00.00
8	Collin Babcock		W. Oregon	13.57m	44-06.25
9	Tom Farris		West Wash.	13.51m	44-04.00
10	Zach Hall		Butte	11.26m	36-11.50
--	Carlos Aguilar		W. Oregon	ND	
--	Tyler Porter		Unattached	ND	
--	Jeff Scott		Stanislaus	ND	
--	Dustin Cutrer		Utah	ND	
--	David Nichols		Sac State	ND	
--	Ranbir Johal		Stanislaus	ND	
--	Brent Hawker		Utah	ND	
--	Sterling Brown		SF State	ND	
--	Mike Plum		Utah	ND	

Men Discus Throw

	Name	Year	School	Finals	
1	Andy Bloom		Team Nike	59.09m	193-10
2	Anton Alves		Unattached	52.00m	170-07
3	Brendan Page		Chico State	50.56m	165-10
4	Ryan Frank		Davis	49.82m	163-05
5	John Cunnie		Davis	49.43m	162-02
6	David Nichols		Sac State	48.88m	160-04
7	Bryan Thurnborg		Chico State	48.34m	158-07
7	Russ Winger		Idaho	48.34m	158-07
9	Chris Chisam		Unattached	47.57m	156-01
10	Isaiah Haines		W. Oregon	46.56m	152-09
11	Mike Thompson		Davis	46.29m	151-10
12	Joel Johnson		Sac State	44.77m	146-10
13	Ranbir Johal		Stanislaus	44.41m	145-08
14	Tom Farris		West Wash.	43.84m	143-10
15	Jordan Zamora		Idaho	43.67m	143-03
16	Jason Myers		Stanislaus	43.48m	142-08
17	Brian Corcoran		Unattached	41.83m	137-03
18	Buddy Lizzol		Air Force	41.20m	135-02
19	Brandon Jasmin		W. Oregon	40.52m	132-11
20	Brent Hawker		Utah	40.20m	131-11
21	Josh Holloway		W. Oregon	38.64m	126-09
22	Geoffrey Fong		Sac State	38.37m	125-11
23	Josh Freeman		West Wash.	37.57m	123-03
24	Kevin Johnson		W. Oregon	37.56m	123-03
25	Jag Bal		Butte	36.84m	120-10
26	Daniel Ledda		Lassen	35.99m	118-01
27	Carlos Aguilar		W. Oregon	35.33m	115-11
28	Zach Hall		Butte	26.42m	86-08
--	Collin Babcock		W. Oregon	FOUL	
--	Ronald Tilton		Sac State	FOUL	

Men Hammer Throw

	Name	Year	School	Finals	
1	Jason Crawford		Unattached	63.56m	208-06
2	Justin Carvalho		Team XO	61.52m	201-10
3	Cole Sprague		Unattached	60.02m	196-11
4	Ryan Dirks		Unattached	59.82m	196-03
5	Robert Linkul		Sac State	59.00m	193-07
6	John Cunnie		Davis	55.32m	181-06
7	Geoffrey Fong		Sac State	54.00m	177-02
8	Joel Johnson		Sac State	52.94m	173-08
9	Brendan Page		Chico State	52.24m	171-05
10	Robert Rubio		Davis	50.83m	166-09
11	Jason Myers		Stanislaus	48.56m	159-04
12	Mike Thompson		Davis	44.38m	145-07
13	Buddy Lizzol		Air Force	44.36m	145-06
14	Brent Hawker		Utah	41.96m	137-08
15	Brandon Jasmin		W. Oregon	41.78m	137-01
16	Josh Holloway		W. Oregon	41.52m	136-03
17	David Nichols		Sac State	41.14m	135-00

18	Carlos Aguilar	W. Oregon	40.78m	133-09
19	Ranbir Johal	Stanislaus	38.72m	127-00
20	Tom Farris	West Wash.	38.24m	125-05
21	Brian Corcoran	Unattached	37.17m	121-11
22	Tyler Porter	Unattached	32.36m	106-02
--	Kevin Johnson	W. Oregon	ND	
--	Jordan Zamora	Idaho	ND	
--	Jeff Scott	Stanislaus	ND	
--	Daniel Ledda	Lassen	ND	

Men Javelin Throw

	Name	Year	School	Finals	
1	Troy Lalaguna		Chico State	61.15m	200-07
2	Jeff Dougherty		Sac State	55.38m	181-08
3	Jacob Sanderson		Chico State	55.09m	180-09
4	Andrew Reinhart		W. Oregon	55.04m	180-07
5	Doug Hewlett		Chico State	55.02m	180-06
6	Dustin Cutrer		Utah	50.83m	166-09
7	Marcus Wells		Air Force	50.69m	166-04
8	Brian Willis		Air Force	50.33m	165-01
--	Gianpaolo Lacata		Unattached	ND	
--	Robert Mace		Chico State	ND	
--	John Sherman		Lassen	ND	
--	Sterling Brown		SF State	ND	
--	Ben Dillow		George Fox	ND	

Stanford University Invitational - 3/26/2004 to 3/27/2004
Stanford University, California
Results

Women 200 Meter Dash "B" Sections

Name	Year	School	Finals
Section 1 Wind: -2.5			
6 Shannan Hawes	SO	California	25.75
7 Cristina Pebley	SR	Weber State	26.45
8 Jamila Carter	SR	Nevada	26.58
9 Rashaida Coleman	SR	San Francisc	27.00
Section 2 Wind: -1.0			
1 Christine Moschella	JR	Stanford	25.29
2 Grace Vela	JR	Washington	25.51
3 Ena Shemi	JR	Portland Sta	25.52
4 Elise Geiger	SO	UC Santa Bar	25.60
5 Terran Legard	SO	Central Wash	25.78
6 Olivia Palermo	JR	Portland Sta	26.26
Section 3 Wind: -1.0			
1 Jessica Branker	FR	Long Beach S	25.71
2 Shehara Chitty	JR	San Francisc	26.05
3 Patrice Pierre	FR	Portland	26.06
4 Megan Irey	JR	Long Beach S	26.08
5 Aqueelah Tillman	SR	Unattached	26.26
6 Pam Kyeremetang	FR	N. Iowa	26.57
7 LaTangia Oliver	SO	Cal State Fu	26.80
8 Ahimsa Hodari	JR	Stanford	28.22
Section 4 Wind: -0.8			
1 Jami Hodge	JR	Air Force Ac	25.58
2 Myeshia Kirtman		Eoydc	25.95
3 Michelle Donovan	JR	Oregon	26.18
4 Sandra Anane	FR	New Mexico S	26.27
5 Aziza Bledsoe	JR	San Francisc	26.37
6 Jill Sinnwell	JR	N. Iowa	26.66

Women 400 Meter Dash "B" Sections

Name	Year	School	Finals
Section 1			
1 Ashley Freeman	FR	Stanford	54.37
2 Chinny Offor	SO	Stanford	54.67
3 Whittney Stuart	JR	Missouri	56.69
4 Shehara Chitty	JR	San Francisc	57.17
5 Jami Hodge	JR	Air Force Ac	57.66
6 Krystle Cordes	SO	N. Iowa	58.54
7 Amy Calvo	JR	Bucknell	58.75
Section 2			
1 Terran Legard	SO	Central Wash	55.89
2 Janette Flowers	JR	Nevada	57.22
3 Laura Brandt	SO	Missouri	58.06
4 Shanille Fairweather	SO	Long Beach S	59.10

Women 200 Meter Dash "B" Sections

Name	Year	School	Finals
Section 1 Wind: -2.5			
1 Nashonme Johnson	SO	Stanford	24.75
2 Keisba Gaines	FR	Stanford	25.04
3 Kim Sonognini	SR	Weber State	25.52
4 Angela Lindsey	JR	UC Riverside	25.60
5 Whittney Stuart	JR	Missouri	25.67

Women 400 Meter Dash "B" Sections

Name	Year	School	Finals
Section 2			
5 Cherise Thompson	SO	Stanford	59.56
6 Bethany Ross	FR	Long Beach S	60.42
Section 3			
1 Amber Nefas	JR	UC Irvine	58.01
2 Teresa Weaks	FR	San Francisc	59.01
3 Lynnette Wilson	FR	N. Iowa	60.10
4 Micole Dale	SO	Long Beach S	60.26
5 Janell Smith	JR	San Francisc	60.90
6 Kinyatta Leonhardt	FR	Seattle Paci	61.33

Women 800 Meter Run "B" Sections

Name	Year	School	Finals
Section 1			
1 Shantae McKinney	FR	Usc	2:12.54
2 Allison Werner	FR	Missouri	2:13.50
3 Pippa MacDonald	FR	California	2:14.21
4 Lindsay Christman	SO	UC Santa Bar	2:14.53
5 Janelle Del Soldato	SR	UC Irvine	2:14.87
6 Sarah Leonard		Club Northwe	2:15.41
7 Christine Ruby	JR	Cal State Fu	2:16.19
8 Annaliese Chapa		Unattached	2:16.33
9 Renee Wageman	JR	Northwest	2:19.54
Section 2			
1 Amada Chavez	SO	Weber State	2:13.19
2 Jennifer Marsh	FR	Seattle Paci	2:13.82
3 Adralyn Wendel		Wake Forest Univ	2:14.80
4 Staci Bielenberg	FR	Portland Sta	2:15.25
5 Erin Crotty	FR	Portland	2:15.77
6 Ashley Groth	JR	Indiana	2:16.29
7 Emily Mathis	FR	Boise State	2:16.89
8 Emily Rust	JR	Portland	2:16.89
9 Marlene Avitia	SO	UC Davis	2:17.25
10 Crystal Becker	JR	Usc	2:17.56
11 Maja Ruznic	SO	California	2:17.70
12 Lindsey Barnes	FR	Boise State	2:18.74
Section 3			
1 Ayishetu Inusah	SO	Utah Valley	2:12.53
2 Cindy Dawson	JR	Air Force Ac	2:13.29
3 Dee Olson	FR	Idaho	2:14.80
4 Jennifer Esser	SO	Ucla	2:15.31
5 Allison Passey	FR	Brigham Youn	2:15.96
6 Kelly McPherson	SR	Air Force Ac	2:16.59
7 Dallase Scott	JR	Chico State	2:18.29
8 Amy Calvo	JR	Bucknell	2:20.93
9 Elise Megale	FR	Clackamas	2:22.25
10 Christina Wilhelmi	FR	New Mexico S	2:22.97
11 Ori Farley	FR	Brown	2:23.38
12 Cristy Woodruff	SO	New Mexico S	2:23.97

Women 1500 Meter Run "B" Sections

Name	Year	School	Finals
Section 1			
1 Kelsey Metcalfe	JR	Portland	4:34.97
2 Kim Ramirez	JR	UC Irvine	4:34.99
3 Danielle Blaisdell	SR	Weber State	4:36.59
4 Emily Haigh	SO	Ucla	4:37.14
5 Anne Heiner	FR	Brigham Youn	4:38.94
6 Erinn Gulbrandsen	SR	Oregon	4:39.22
7 Margaret Pridgen	SR	Chico State	4:39.48
8 Amanda Armstrong	SR	UC Irvine	4:41.03
9 Penny Splichal	JR	Arkansas	4:44.43
10 Hanna Haavikko		Unattached	4:45.52
11 Sarah West	SO	Ucla	4:45.94
12 Maria Rodriguez	SR	UC Davis	5:00.17
Section 2			
1 Stephanie Hart	SR	Southern Uta	4:30.78
2 Kira Harrison	FR	Washington	4:33.50
3 Kristy Barrus	SO	Brigham Youn	4:35.59
4 Wendy Fortino		Aggie Runnin	4:36.50
5 April FitzGerald	JR	Nevada	4:36.80
6 Caitlin Prunty	JR	Eastern Wash	4:39.23
7 Roseann Peters	SO	UC Santa Bar	4:40.80
8 Mary Reeves	SR	Butler	4:41.47
9 Molly Bull	JR	Washington S	4:41.93
10 Ashley Johnson	FR	Utah State	4:42.58
11 Alison Smith	JR	Portland	4:45.67
12 Kristin Whitezell	FR	Indiana	4:48.77
13 Laci Jackson	SR	New Mexico S	4:49.63
14 Trine Jobe	JR	New Mexico S	4:52.25
15 Anna Hinterschied	SO	Loyola	4:56.32
16 Nicole Blalock	FR	Long Beach S	4:58.30
Section 3			
1 Amy Egan	FR	Utah State	4:37.32
2 Jennifer Stief	SR	Cal State St	4:41.65
3 Breanne Siebol	FR	Portland	4:46.91
4 Sara Frank	JR	Nevada	4:48.25
5 Annie Kawasaki	JR	Portland Sta	4:48.29
6 Nicole Campbell	JR	Humboldt Sta	4:48.96
7 Maria Blazquez	SO	Cal State Fu	4:49.71
8 Melinda Ouwerkerk	FR	Idaho	4:50.20
9 Crystal Roethlisberger	JR	Long Beach S	4:50.31
10 Christina Wilhelmi	FR	New Mexico S	4:50.37
11 Catie Garrett	JR	Cal State Fu	4:51.61
12 Kim Handel	FR	UC Irvine	4:53.88
13 Maja Ruznic	SO	California	4:53.89
14 Courtney Tumpach	JR	Loyola	4:58.85
15 Ann Gagliardi	FR	New Mexico S	4:59.53
16 Lauren Barbieri	SO	California	5:09.74
17 Lisa Sandoval	SO	California	5:21.98
Section 4			
1 Katie Troy	FR	Washington S	4:41.53
2 Erna Forgo	SO	UC Davis	4:41.99
3 Jean Taylor	SR	Air Force Ac	4:42.47
4 Sharon Burnett	SR	Long Beach S	4:44.62
5 Tiffanie Marley	JR	San Diego	4:45.88
6 Beth Catherwood	FR	Air Force Ac	4:46.65
7 Sarah Montez	FR	Chico State	4:48.06
8 Heather Meler	SO	Clark	4:48.41
9 Melis Garner	SO	Nevada	4:49.57
10 Elly Glass	SR	N. Iowa	4:50.26
11 Hilary Oppido	SO	Chico State	4:50.67
12 Ashley Pierce	SO	Unlv	4:50.84
13 Kathleen Loughlin	FR	Brown	4:52.34
14 Whitney Russell	FR	California	4:53.01
15 Carolyn Penner	FR	Stanford	4:53.63
16 Melissa Barrett	JR	UC Davis	4:58.39
17 Katie Dye	FR	Clark	4:58.66

Women 100 Meter Dash -

Name	Year	School	Prelims
Heat 1 Preliminaries Wind: 0.5			
1 Inger Miller		Hsi	11.75q
2 Virginia Powell	SO	Usc	11.79q
3 LaSadies McClain	FR	Sacramento C	12.08q
4 Zikarra Beverly	JR	UC Riverside	12.18
5 Aziza Bledsoe	JR	San Francisc	12.56
6 Patrice Pierre	FR	Portland	12.66
7 Pam Kyeremetang	FR	N. Iowa	12.80
8 Ashley Mathis	FR	Nevada	13.15
9 Maryann Erigha	FR	Notre Dame	13.20

Heat 2 Preliminaries Wind: -2.3

1	Halima Decree	JR Unlv	12.16
2	Tara Davis-Quarrie	FR Usc	12.51
3	Undine Becker	JR Stanford	12.60
4	Jessica Branker	FR Long Beach S	12.60
5	Rashaida Coleman	SR San Francisc	12.72
6	Katie Miller	SO Clark	13.06
7	Kristin Singleton	FR Nevada	13.17
8	Erica Austin	SR Speed Zone T	14.05
--	Stacia Edmond	JR Nevada	FS

Heat 3 Preliminaries Wind: -1.6

1	Althea Johnson	Unattached	12.17
2	Mariama Salifu	FR Utah Valley	12.55
3	Kim Sonognini	SR Weber State	12.61
4	Lauren Dignam	SO Washington	12.66
5	Elise Geiger	SO UC Santa Bar	12.69
6	Shannan Hawes	SO California	12.71
7	Jerita Wilson	SO Nevada	12.77
8	Leticia Pulido	SO UC Santa Bar	13.22
9	Jessie Crow	SR UC Irvine	13.27

Heat 4 Preliminaries Wind: 0.6

1	Janice Davis	FR Stanford	11.94q
2	Felicia Stone	D. Sports	12.23
3	Ashley Purnell	FR Stanford	12.31
4	Tamara Gulley	SR Washington S	12.37
5	Erin Curtis	JR UC Irvine	12.45
6	Randi Houston	SO UC Irvine	12.52
7	Orlisha Henlon	FR UC Irvine	12.80
8	Ayana Floyd-James	FR Air Force Ac	13.22

Heat 5 Preliminaries Wind: -1.0

1	Kima Wells	SR Wyoming	11.90q
2	Kristen Dodd	SR Notre Dame	12.14q
3	Miya Edmondson	SR Usc	12.15q
4	Nicole Hatcher	SO Washington S	12.35
5	Celeste Robillard	SR New Mexico S	12.37
6	Jessica Stockard	SO Missouri	12.52
7	Terri Tiongson	JR UC Riverside	12.61
8	Erin Williams	SR Usc	12.75
9	Veronique Richardson	FR California	12.90

Heat 6 Preliminaries Wind: -0.5

1	LaKiesha Givens	McDaniel TC	11.84q
2	Antonette Carter	SO California	11.96q
3	Ena Shemi	JR Portland Sta	12.21
4	Ayesha Boyd	SR Notre Dame	12.35
5	Jamila Carter	SR Nevada	12.45
6	Miesha McClendon	JR Unlv	12.76
7	LaTangia Oliver	SO Cal State Fu	12.86
8	Courtney Shires	SO Cal State Fu	13.29

Women 5000 Meter Run -

	Name	Year School	Finals
Section 1			
1	Genevieve Graff-Ermeling	PuroPro	15:56.30
2	Bethany Brewster	Wrrt	15:59.09
3	Carrie Messner	Asics-Messne	16:01.95
4	Michelle Prowse	JR Oklahoma Sta	16:20.99
5	Annie Bersagel	Wake Forest Univ	16:24.57
6	Maureen Scott	SO Arkansas	16:26.64
7	Shannon Wommack	SO Tennessee Ch	16:28.86
8	Rebecca Donaghue	Reebok Bosto	16:29.73
9	Colleen Kelly	SR Georgetown	16:30.68
10	Dallon Williams	FR Washington	16:41.19
11	Clara Horowitz	SO Duke	16:44.98
12	Jenny Rodgers	Unattached	16:46.34
13	Amanda Pape	SR Georgetown	16:47.69
14	Alison Tubbs	FR Washington	16:49.51
15	Adeh Mwamba	JR Abilene Chri	16:49.92
16	Valentina Medina	JR Oklahoma Sta	16:55.11
17	Lindsay Van Alstine	FR Duke	16:58.21
18	Erin Nehus	Track West	16:59.29
19	Brianna McLeod	FR Washington	16:59.50
20	Angela Bestwick	Rebel TC	17:00.23
21	Cassandra Henkiel	Unattached	17:00.85
22	Danyel Longmire	SR Northwest	17:02.64
23	Sarah Saffa	FR Arkansas	17:05.02
24	Ann Gaffigan	SR Nebraska	17:08.17
25	Sally Meyerhoff	SO Duke	17:18.89
26	Sopagna Eap	UO Running C	17:19.06
27	Letiwe Marakurwa	SR Idaho	17:24.49
28	Elle Pishny	FR Duke	17:27.23
29	Erin Franklin	Wake Forest Univ	17:31.08
30	Jessie Gordon	SO Arkansas	17:45.21
31	Michelle Sikes	Wake Forest Univ	18:05.75
Section 2			
1	Ruth Graham	FR Brigham Youn	16:32.96
2	Jill Petersen	JR Missouri	16:38.68
3	Jenna Huber	SO Nevada	16:41.96
4	Laura Harmon	JR Oregon	16:46.97
5	Alisha Bezanson	JR Southern Uta	16:53.20
6	Katherine Bonugli	SR Missouri	16:53.45
7	Kathleen Turchin	FR Tennessee Ch	16:53.67
8	Nicole Feest	SO Colorado Sta	16:54.60
9	Jessica Schmidt	SO North Texas	16:57.13
10	Mindy Peterson	JR Indiana	17:03.47
11	Ava Jones	SO Orange Coast	17:03.79
12	Colleen Blair	JR Colorado Sta	17:09.48
13	Abby Parker	JR California	17:12.69
14	Rachael Cuellar	JR New Mexico S	17:14.83
15	Celia Smalls	FR Stanford	17:15.77
16	Jennifer Thompson	JR Wyoming	17:16.19
17	Stephanie Hart	SR Southern Uta	17:17.32
18	Christy Borak	SO California	17:19.96
19	Virginia Johnson	JR Nevada	17:21.45
20	Amanda Domich	FR Loyola	17:28.39
21	Ana Cabrera	SR Washington S	17:29.50
22	Kim Wiedman	SR Loyola	17:30.01
23	Liz Wort	SO Duke	17:30.73
24	Kristin Hansen	FR Missouri	17:31.37
25	Emerald Reid	SO Wyoming	17:32.18
26	Michelle Kvernmo	SO Wyoming	17:33.26
27	Amy Chipman	SR Missouri	17:38.43
28	Bobeya Krishnek	FR Portland Sta	17:40.29
29	Tiffany Stilwater	JR Northwest	17:42.12
30	Natalie Rasmussen	JR Tulsa	17:42.55
31	Lindsay Hattendorf	SO Indiana	17:43.79
32	Kate Greer	FR Missouri	17:44.83
33	Natalie Kean	JR Wyoming	17:45.58
34	Julie Allen	FR Stanford	17:53.88
35	Christi Howell	JR Utah State	17:56.50
36	Marie Foushee	FR Washington	18:04.82
37	Kayle Peterson	FR Washington S	18:09.82
38	Grace Thomson	SO New Mexico S	18:13.65
39	Kristyne McGuinn	SR Loyola	18:18.14
40	Ashley Hadway	SO CC of Spokan	18:23.24
41	Celia Maclean	SO Northwest	18:23.64
Section 3			
1	Valerie Flores	JR Ucla	17:14.78
2	Tiffany Armel	SR UC Santa Bar	17:33.56
3	Katie Pfiefer	JR Bucknell	17:36.69
4	Haripurkh Khalsa	SO Oregon	17:38.18
5	Laura Cherdack	SR UC Davis	17:39.59
6	Carmen Winant	JR Ucla	17:39.81
7	Cathrine Clifford	JR Oklahoma Sta	17:41.54
8	Anne Chumlea	SR Air Force Ac	17:49.22
9	Stephanie Holley	SR Cal State St	17:49.81
10	Cheryl Jolley	SO Weber State	17:50.13
11	Kelli Vanderburg	JR UC Irvine	17:52.10
12	Michelle Solone	SO UC Davis	17:55.49
13	Quinn Vermie	FR N. Iowa	17:56.93
14	Vivien Aspden	SO Air Force Ac	18:08.72
15	Randi Burns	SO N. Iowa	18:19.34
16	Kelsey Jones	SR Eastern Oreg	18:20.04
17	Desiree Dvorak	SO Cal State St	18:20.09
18	Sandra Montoya	SO Orange Coast	18:30.58
19	Chelsey Traylor	FR UC Irvine	18:32.53
20	Laura Hodgson	SO Washington	18:43.27
21	Kendall Knowles	SO Nevada	18:57.15
22	Jia Hou	FR Stanford	19:06.36
23	Leah Sawyer	FR Stanford	19:11.66

Women 10000 Meter Run -

	Name	Year School	Finals
Section 1			
1	Vicky Gill	SR Florida Stat	32:48.63
2	Jamie Krzyminski	JR Michigan Sta	32:52.81
3	Melissa Gulli	SR Texas A&M	33:03.29
4	Laura Turner	JR Brigham Youn	33:43.27
5	Karin Van Rooyen	JR Smu	33:54.82
6	Rachel Evjen	SR Florida Stat	34:01.41
7	Christine Bolf	SO Colorado	34:13.72
8	Tara Struyk	JR West Virgini	34:14.93
9	Kalin Toedebusch	SO Colorado	34:22.84
10	Beth Van Alstine	SO Usc	34:29.62
11	Heidi Hullinger	SR Duke	34:29.88
12	Natasha Roetter	FR Duke	34:43.15
13	Serena Ramsey	JR Missouri	34:44.63
14	Laura Stanley	SO Duke	34:50.09
15	Shannon Saunders	SO James Madiso	34:51.39
16	Valerie Lauver	SO Missouri	34:55.64
17	Alison Zeinner	JR Arkansas	34:56.63
18	Ashlee Vincent	JR Portland	34:59.06
19	Emily Raymond	SR Brigham Youn	35:01.05
20	Jennifer Lapetoda	SR James Madiso	35:12.61
21	Jessica Gall	SO Indiana	35:14.87
22	Christa Benton	JR South Florida	35:17.27
23	Phebe Ko	JR Duke	35:23.34
24	Katie Lee	JR Chico State	35:23.43
25	Laura Jakosky	JR Arkansas	35:26.37
26	Kayte Tranel	JR Nebraska	35:37.97
27	Whitney McDonald	FR Brigham Youn	35:39.88
28	Amy Gouchnour	SO Southern Uta	36:13.68
29	Jean Marinangeli	SO Notre Dame	36:14.66
30	Anita Siraki	SO Stanford	36:23.95
31	Janae Johnson	SR Weber State	36:24.07
32	Carol Cabanillas	SR Utah State	36:25.26
33	Desiree DeJesus	SR UC Santa Bar	36:29.34
34	Michele Suszek	JR Unlv	36:35.57
35	Julie Shields	JR Indiana	36:52.67
36	Stacy Edwards	JR Alaska	37:07.15

Women 100 Meter Hurdles -

	Name	Year School	Prelims
Heat 1 Preliminaries Wind: 1.4			
1	Candice Davis	FR Usc	14.37
2	Dierra Poland	SO Air Force Ac	14.80
3	Myeshia Kirtman	Eoydc	14.93
4	Lacey Welborn	SO Cal State Fu	15.45
5	Sarah Rountree	SO Air Force Ac	15.70
6	Liz Young	SO Missouri	15.75
Heat 2 Preliminaries Wind: 1.4			
1	Shauna Smith	JR Wyoming	13.73q
2	Virginia Powell	SO Usc	13.74q
3	Jill Sinnwell	JR N. Iowa	14.48
4	Tamara Gulley	SR Washington S	14.52

5	Annmarie Turpin	SR	UC Irvine	14.89
6	Franchelle Smith	JR	Long Beach S	15.33
7	Nina Grubbs	JR	Long Beach S	15.58
Heat 3 Preliminaries	Wind: 1.0			
1	Felicia Stone		D. Sports	13.82q
2	Kiyota Reed	JR	Unlv	14.28
3	Tunisia Johnson	SO	Usc	14.69
4	Genelle Chapman	SO	Air Force Ac	15.02
5	Ashley Rountree	SO	Central Wash	15.53
--	Gina Londono	SR	Long Beach S	DNF
--	Valencia Augustine	SO	UC Riverside	DNF
Heat 4 Preliminaries	Wind: 0.9			
1	Lindsey Johnson	SR	Stanford	14.01q
2	Beyonka McDowell		Arkansas	14.04q
3	Miesha McClendon	JR	Unlv	14.17
4	Mary Meyman		Unattached	14.61
5	Maranda Brownson	JR	Nevada	14.61
6	Mary Ann Graves	JR	Idaho	15.42
7	Jenna Glidden	FR	Nevada	15.63
8	Najma Nuriddin	SO	San Francisc	15.72
Heat 5 Preliminaries	Wind: 1.2			
1	Ashley Lodree	FR	Washington	13.78q
2	Fiona Asigbee		Unattached	13.91q
3	Christine Spence	SR	Unlv	14.35
4	Michelle Moran		Unattached	14.47
5	Stokes Danielle		Eoydc	14.74
6	Gretchen Haussler	FR	UC Davis	15.09
7	Mary Timm	JR	UC Riverside	15.10
8	Jessica Stockard	SO	Missouri	15.20
9	Genea Long	SR	New Mexico S	16.35
Heat 6 Preliminaries	Wind: 1.2			
1	Kaisa Williams		Arkansas	13.58q
2	Osarhiemen Omwanghe	SO	California	14.13q
3	Brynne Steward	SO	Washington	14.19
4	Kelly Schoney	SO	Southern Uta	14.41
5	Sarah Prout	FR	Nevada	15.27
6	Tiffany Jones	JR	Usc	15.71

Women 400 Meter Hurdles -

	Name	Year	School	Finals
Section 1				
1	Shauna Smith	JR	Wyoming	57.24
2	Ellannee Richardson		Unattached	58.57
3	Deanna Slaton	SR	California	59.09
4	LeBren Martin	SR	Cal Poly Slo	60.45
5	Monique Jessie	SR	Washington S	61.48
6	Tunisia Johnson	SO	Usc	61.92
7	Lindsey Johnson	SR	Stanford	63.54
8	Christine Spence	SR	Unlv	64.54
9	Kelly Schoney	SO	Southern Uta	67.31
Section 2				
1	Tiffany Gunn	JR	Notre Dame	60.52
2	Cambrielle Jensen	JR	Washington	61.80
3	Stephanie Cowling	SR	California	61.81
4	Skye Green		Beach TC	62.15
5	Sara Olrdoyd	SR	Southern Uta	62.20
6	Angie German	JR	N. Iowa	62.25
7	Danielle Hobson		Unattached	64.51
8	Brynne Steward	SO	Washington	65.05
9	Okechi Ogbuokiri	FR	Notre Dame	68.11
Section 3				
1	Kayla Mellott	JR	Oregon	62.41
2	Margaret Ibe	JR	Missouri	63.54
3	Lina Pimentel	SR	UC Irvine	64.32
4	Jen Neville	SO	Air Force Ac	64.37
5	Sarah Prout	FR	Nevada	64.41
6	Amanda Santana	FR	Oregon	65.19
7	Janeshia Adams-Ginyard	SO	California	65.39
8	Kelly Ostrow	SO	UC Riverside	72.08
--	Taletha Calhoun	FR	College of S	FS
Section 4				
1	C'Rel McAllister	SR	Oregon	63.86
2	Maranda Brownson	JR	Nevada	64.40
3	Venetia Horn	JR	Nevada	65.56
4	Paula Maffey	JR	Air Force Ac	65.69
5	Asley Nunes	SO	Sacramento C	67.74
6	Yana Kruglikova	FR	N. Iowa	67.84
7	Jenna Bird	SO	Clackamas	68.26
8	Cristy Woodruff	SO	New Mexico S	71.94
9	Miesha McClendon	JR	Unlv	72.31
Section 5				
1	Genelle Chapman	SO	Air Force Ac	65.69
2	Rosana Medina	FR	Nevada	65.87
3	Comfort Ibe	SR	Missouri	66.21
4	Kelly Thomson	JR	Cal State Fu	66.62
5	Stellamarie Hall	FR	UC Santa Bar	66.73
6	Darla Severe	JR	Utah Valley	67.09
7	Jenna Glidden	FR	Nevada	69.00
8	Lauri Schakett	FR	UC Santa Bar	69.92
9	Najma Nuriddin	SO	San Francisc	71.74

Women 3000 Meter Steeplechase -

	Name	Year	School	Finals
Section 1				
1	Kelly MacDonald		Asics-McDona	10:26.79
2	Ali Mann		Track West	10:27.97
3	Kelly Siefker	SO	Indiana	10:28.86
4	Caroline Pebley	SR	Weber State	10:28.93
5	Jessa Chance	JR	Baylor	10:31.38
6	Kristina Proticova	SR	Northwest	10:35.34
7	Audrey Giesler	SR	Indiana	10:36.18
8	Tania Vander Meulen	JR	Idaho	10:39.47
9	Shiloh Whiting	JR	Arkansas	10:40.05
10	Katie Murphy	JR	Cal Poly Slo	10:43.75
11	Heidi Bouwhuis	JR	Weber State	10:47.57
12	Londa Bevins	SR	Arkansas	10:50.87
13	Michelle Ishio		Track West	10:57.13
14	Carma Barnett	SR	Southern Uta	10:58.04
15	Natalie Quilter	SR	Southern Uta	11:18.75
16	Meagen Schmutz	JR	Southern Uta	11:23.10

Men 200 Meter Dash "B" Sections

	Name	Year	School	Finals
Section 1	Wind: -1.8			
1	Jason Heard	SO	San Francisc	21.66
2	Patrick Ray	JR	Idaho	21.67
3	Michael Lawrence	SO	Minnesota St	21.88
4	Nick Sebes	JR	Stanford	21.91
5	Dante Washington	SO	College of S	22.03
6	Curtis Goehring	JR	Stanford	22.11
7	Aaron Thigpen		Unattached	22.19
8	J.R. Ruffin	SR	Idaho	22.30
9	Terry Guthrie	SO	Clark	22.45
Section 2	Wind: -1.3			
1	James McSwain	SO	Washington S	21.62
2	Carlos Alexander	SO	Michigan Sta	21.79
3	Jerome Milner	SR	Weber State	22.12
4	Patrick Davidson	JR	Washington	22.21
5	Antony Robinson	SR	Portland Sta	22.32
6	Greg Bracey	FR	Missouri	22.36
7	Ben Karl	FR	California	22.56
8	Brenton Laws	SO	Washington	22.86
Section 3	Wind: -1.8			
1	Ryan Postel	SO	Notre Dame	22.01
2	Nick Cunnigham	FR	UC Santa Bar	22.23
3	Martin Boston	SO	Washington S	22.43
4	Ajani Byrd	SR	San Francisc	22.53
5	Maurice Williams	SR	Idaho	22.60
6	Ryan Kroll	SO	Long Beach S	22.81
7	Nick Mazur	SR	California	22.98
8	Scoot Norby-Cedillo	SR	California	24.62
Section 4	Wind: -0.5			
1	Dane Endly	FR	UC Riverside	22.12
2	Jarrell Nelson	FR	Washington S	22.42
3	Troy Jensen	SO	Air Force Ac	22.56
4	Steve Heberly	FR	Montana Stat	22.83
5	Matt Pebley	SR	Weber State	23.23
--	Selim Nurudeen	JR	Notre Dame	FS

Men 400 Meter Dash "B" Sections

	Name	Year	School	Finals
Section 1				
1	Brian Vernon		Liberia	47.64
2	Trevor McClain-Duer	JR	Notre Dame	48.21
3	Raheem Barnes		Long Beach A	48.69
4	Cristian Adams	SR	Washington	48.87
5	Matthew Erickson	JR	Idaho	49.35
6	Daryl Terrell	SO	San Francisc	49.40
7	Sherman Clayton	SR	Humboldt Sta	49.60
8	Josh Guggenheimer	SO	Idaho	49.67
9	Jeff Jacobs	FR	Ucla	49.92
Section 2				
1	Qieed Ishmael	SR	Washington S	48.35
2	Everrett Savoy	SO	San Francisc	48.39
3	Maurice Williams	SR	Idaho	48.81
4	Nik Williams	JR	Washington	49.19
5	Jeff Conkey	JR	Stanford	49.52
6	Ryan Kroll	SO	Long Beach S	50.19
7	Jay West	FR	Clark	50.76
8	Toby Atawo	JR	California	51.40
9	Dominique Higgins	FR	Stanford	53.75
Section 3				
1	Dennis Bishop	SO	San Francisc	48.98
2	Jason Giuffre	SO	Idaho	49.03
3	Nestor Solis	SO	San Francisc	49.49
4	Eric Utes	SO	Minnesota St	49.76
5	Michael McRachron	JR	UC Irvine	49.92
6	Thomas Mack	FR	California	50.62
7	Lenoris Jones		McDaniel TC	50.78
Section 4				
1	Anthony Daniels	SO	San Francisc	48.92
2	Troy Jensen	SO	Air Force Ac	49.35
3	Mike Elbogen	FR	Ucla	49.59
4	Jordan Powell	FR	Notre Dame	49.62
5	Ricco Roby	JR	Michigan Sta	50.52
6	Kj Loreth	SR	Seattle	50.81

Men 800 Meter Run "B" Sections

	Name	Year	School	Finals
Section 1				
1	Phil Marlatt	FR	Montana	1:52.83
2	Andy Prentice	JR	St. Martin	1:52.93
3	Kyle Dunst	SR	UC Davis	1:53.61
4	Che Banjoko	SR	Stanford	1:53.95
5	Seth Hejny	SR	Stanford	1:54.05
6	Randy Fair	JR	California	1:55.10
7	Dj Ozan	SR	UC Santa Bar	1:55.31
8	Evan Fox	SO	Stanford	1:55.45
9	Clement Iddrisu	FR	Utah Valley	1:59.64
Section 2				

1	Jon Ortloff	JR Minnesota St	1:53.14
2	Curtis Lehmann	JR UC Irvine	1:54.26
3	Ryan McGinnis	JR UC Santa Bar	1:54.47
4	Andres Perezchica	FR California	1:54.59
5	Travis Floeck	SR Unattached	1:54.92
6	Josh Campbell	JR Long Beach S	1:55.38
7	Chris Woods	FR UC Irvine	1:56.19
8	John Peschelt	JR Usc	1:56.61
9	Stewart Kimball	SR Missouri	1:57.06
Section 3			
1	Tim Freeman	FR Washington	1:53.54
2	Brent Cunningham	FR Loyola	1:54.45
3	Evan Garich	JR Portland Sta	1:55.19
4	Isaac Jimenez	JR Idaho	1:55.28
5	Chris Morris	JR Loyola	1:55.42
6	Jeff Hoeft	JR Usc	1:55.94
7	Steve Shephard	FR Weber State	1:56.23
8	Chris Bedrossian	FR Clark	1:56.47
9	Bruce Jackson	SO Washington	1:57.44
Section 4			
1	Chris Gausepohl	JR Air Force Ac	1:53.84
2	Mike Dickran	SR Long Beach S	1:54.11
3	Dustin Russell	SO UC Riverside	1:55.75
4	Phillip Watson	FR Missouri	1:55.85
5	Brandon Christoffersen	FR Boise State	1:55.99
6	Erik Torguson	JR Air Force Ac	1:57.36
7	Kevin Potter	SO Idaho	1:58.64
8	Lucas Botello	FR Stanford	1:59.56
9	Justin Carey	JR UC Davis	2:01.05
Section 5			
1	Josh Kauke	SR Princeton	1:52.04
2	Jeffrey Taylor	FR San Francisc	1:54.39
3	Drew Nelson	SO College of S	1:55.48
4	Robert Lee	SO College of S	1:57.31
5	Michael Bordoni	FR Stanford	1:57.76
6	John Cuaron	SO Stanford	1:59.33
7	Chris Covert	SR Cal State Fu	1:59.34
8	Ryan Davis	SO UC Riverside	2:00.88

Men 1500 Meter Run "B" Sections

	Name	Year School	Finals
Section 1			
1	Timothy Dunne	Unattached	3:48.68
2	Sean Ricketts	SR Cal Poly Slo	3:48.99
3	Tom Whelan	SO UC Irvine	3:49.30
4	Amerigo Rossi	Central Park	3:49.56
5	Ricky Barnes	SO UC Irvine	3:50.03
6	Phillip West	JR Stanford	3:50.42
7	Sean McCabe	SO Oklahoma Sta	3:51.28
8	Steve Barrus	SR Washington S	3:51.34
9	Matt Johnsrud	FR Cal Poly Slo	3:53.68
10	Justin Romaniuk	JR Stanford	4:01.22
Section 2			
1	Brayce Forsha	Team XO	3:51.44
2	Tyler Campbell	FR Oklahoma Sta	3:53.33
3	Scott McConville	SO UC Santa Bar	3:53.71
4	Nick Kruse	FR Indiana	3:53.83
5	Alec Wall	Unattached	3:54.28
6	Phillip Reid	FR Cal Poly Slo	3:54.48
7	Roosevelt Cook	Aggie Runnin	3:54.61
8	Nathan Purcell	SR Indiana	3:54.67
9	Sean Drake	FR Stanford	3:55.14
10	Mike Chavez	FR UC Santa Bar	3:59.23
11	Derek Storbeck	JR Air Force Ac	4:01.69
Section 3			
1	Tipper O'Brien	FR Missouri	3:52.19
2	Russell Brown	FR Unattached	3:52.27
2	Scott Fiksdal	JR Minnesota St	3:52.27
4	Roberto Moreno	JR N. Iowa	3:52.73
5	Brad Parker	JR Southern Uta	3:52.95
6	Andrew Garratt	JR UC Irvine	3:53.06
7	Shawn Lucas	SO Loyola	3:53.25
8	Vinnie Ambrico	SO Notre Dame	3:53.75
9	Nathan Franz	JR Air Force Ac	3:53.76
10	Casey Kellogg	JR Eastern Wash	3:54.49
11	Ozzie Pina	Unattached	3:57.60
12	Doug Hamilton	SR Humboldt Sta	3:59.06
Section 4			
1	Will Viviani	JR Team Eugene	3:52.47
2	Brendan Robinson	FR Portland	3:53.13
3	Tom Allen	SR California	3:54.19
4	Micky Cobrin	FR Ucla	3:54.74
5	David Torrence	FR California	3:55.21
6	Eduardo Borjon	SO Loyola	3:55.64
7	Sean Peterson	JR Southern Ore	3:55.89
8	Steven DeWitt	FR Stanford	3:56.14
9	Justin Rau	JR UC Davis	3:56.23
10	Nick Arciniaga	JR Cal State Fu	3:56.25
11	Nate Houle	FR Southern Uta	3:56.99
12	Steve Loughlin	Unattached	3:57.24
Section 5			
1	Joel Bosserman	SO UC Davis	3:55.50
2	Travis Patterson	SO Air Force Ac	3:55.82
3	Jim Pancoast	FR Michigan Sta	3:56.00
4	Ian Schroeder	JR Eastern Oreg	3:56.04
5	Chris Concha	FR Washington S	3:56.75
6	Tom Phelps	Unattached	3:57.77
7	Daniel Seddiqui	JR Usc	3:58.79
8	Nate Appel	FR Portland	3:59.06
9	Beau Bettinger	FR Chico State	4:00.08
10	Kyle Ivie	FR Chico State	4:02.79
11	Aaron Dickson	FR Alaska	4:04.08
12	Kevin Bickham	FR Stanford	4:10.92
13	Matt Doll	JR Vanderbilt	4:11.87

Men 100 Meter Dash -

	Name	Year School	Prelims
Heat 1 Preliminaries	Wind: -2.0		
1	Jeff Laynes	Unattached	10.83q
2	Davaon Spense	JR Washington	10.89
3	Antwaun Sherman	SO San Francisc	11.00
4	Aaron Thigpen	Unattached	11.07
5	Torrance Chaplin	High Perform	11.10
6	Jarrell Nelson	FR Washington S	11.15
7	Greg Bracey	FR Missouri	11.19
8	Ben Karl	FR California	11.42
9	Zach Ring	SR UC Santa Bar	11.47
Heat 2 Preliminaries	Wind: -0.5		
1	Greg Saddler	D. Sports	10.62q
2	Rubin Williams	Heritage TC	10.62q
3	Jason Heard	SO San Francisc	10.74q
4	Zach Digney	SR Iowa	10.89
5	Nick Mazur	SR California	10.90
6	Nick Cunnigham	FR UC Santa Bar	11.09
7	Jeremy Torres	JR UC Irvine	11.17
8	Maurice Williams	SR Idaho	11.22
9	Steve Heberly	FR Montana Stat	11.31
Heat 3 Preliminaries	Wind: -0.2		
1	Kaaron Conwright	Hsi	10.69q
2	James McSwain	SO Washington S	10.74q
3	Carlos Alexander	SO Michigan Sta	10.93
4	Dane Endly	FR UC Riverside	11.01
Heat 4 Preliminaries	Wind: -2.1		
1	Jerome Avery	High Perform	10.64q
2	Rolando Blanco	New Era TC	10.74q
3	Patrick Ray	JR Idaho	11.02
4	Patrick Davidson	JR Washington	11.19
5	Nick Bromberek	SR Air Force Ac	11.36
6	Brenton Laws	SO Washington	11.38
7	Akintunde Maiyegun	Unattached	11.77
Heat 5 Preliminaries	Wind: -1.7		
1	Andre Summers	JR Boise State	10.86
2	Ricci Dula	JR California	11.00
3	J.R. Ruffin	SR Idaho	11.04
4	Fred Williams	SR Cal State Fu	11.05
A — 5	Ben Salisbury	SR George Fox	11.11
6	Martin Boston	SO Washington S	11.18
7	Jamal Liggin	SO San Francisc	11.38
8	Fabien Coutard	JR Central Wash	11.43
Heat 6 Preliminaries	Wind: -1.5		
1	Tom Green	High Perform	10.76q
2	Elias Moreno	JR UC Irvine	11.08
3	Paul Smith	SO Brigham Youn	11.13
4	Chris Johnson	Heritage TC	11.15
5	Cedric Thompson	SR Idaho	11.31

Men 5000 Meter Run -

	Name	Year School	Finals
Section 1			
1	Jason Woolhouse	SR Oklahoma Sta	13:37.36
2	Matt Lane	Nike Farm Te	13:38.21
3	Jeff Schiebler	Kajaks TF	13:41.03
4	Chris Graff	Nike Farm Te	13:44.03
5	Thomas Morgan	SR Kentucky	13:45.57
6	Joep Tigchelaar	SR Florida Stat	13:46.01
7	Ryan Bak	Team Usa Mon	13:46.23
8	David Cullum	Nike Farm Te	13:47.12
9	Jordan Desilets	SR Eastern Mich	13:52.71
10	Gary Blackman	SR Butler	13:56.61
11	Brendan Rogers	Nike Farm Te	13:58.01
12	Chris Powers	SR Indiana	14:00.43
13	Kyle King	SR Baylor	14:00.94
14	Louis Luchini	SR Stanford	14:03.92
15	Danny Wolf	JR Washington S	14:05.34
16	Aaron Aguayo	FR Arizona Stat	14:06.88
17	Benson Chesang	SO Kansas	14:07.55
18	Jerry Ziak	SR BC	14:07.89
19	Ian Hornabrook	JR Florida Stat	14:11.82
20	Soeren Lindner	SO Smu	14:12.23
20	Tim Ross	SO Missouri	14:12.23
22	Roger Cahill	SO Arizona Stat	14:14.51
23	Chris Emme	JR Stanford	14:15.13
24	Matt Esche	SO Iowa	14:15.73
25	Eric Gans	Aggies Rc-Ga	14:31.12
26	Tony Rakaric	SO Iowa	14:42.87
Section 2			
1	Jacob Gomez	FR Stanford	13:56.77
2	Velibor Radajevic	FR N. Iowa	13:58.28
3	Ryan Moorcroft	JR Cal Poly Slo	14:01.88
4	Tom Frazer	JR Butler	14:02.23
5	Jason Rexing	Nike Farm Te	14:02.92
6	Antonio Arce	Nike-Arce	14:05.29
7	Aaron Davis	Team Eugene	14:06.55
8	Chris Acs	SR Air Force Ac	14:07.06
9	Derek Tate	Oklahoma Sta	14:09.36
10	David Vidal	SO Stanford	14:10.03
11	Josh Muxen	Nike Farm Te	14:10.85
12	Jed Chappell	Team Eugene	14:11.85
13	Jonathan Pierce	FR Stanford	14:13.72
14	Jon Hickey	SO Washington	14:14.24
15	Nick Goodliffe	JR Butler	14:15.53
16	Steven Kocsis	JR Tennessee Ch	14:15.75
17	Tristen Perlberg	JR Central Mich	14:18.02
18	Sean Graham	Nike Farm Te	14:18.65

19	Jim Nielson		Nike Farm Te	14:25.12
20	Andy Fader	JR	Washington	14:29.69
21	Karl Dusen	JR	Columbia	14:34.78
22	Brian Ehlis	FR	Oklahoma Sta	14:34.96
23	Chris Bennett		Nike Farm Te	14:35.34
24	Jordan Horn	SO	Cal State Fu	14:37.23
25	Bart Phariss	SR	Butler	14:39.90
26	Ken Richardson	JR	Weber State	14:40.04
27	Andrew Jones	FR	Washington S	14:42.31
28	Robert Smitson	SO	Stanford	14:46.66
29	Chris Esselborn	SO	Georgetown	14:47.84
30	Kevin Cook	SO	Florida Stat	14:48.36
31	Brian Dalpiaz	FR	Georgetown	14:52.31
32	Josphat Waweru	SO	Alabama	14:55.30
33	Rob Morrow	SO	Baylor	14:57.94
34	Josh Davis	JR	Missouri	15:09.72
Section 3				
1	Peter Gilmore		Nike Farm Te	14:13.98
2	Sergio Reyes		Aggie Runnin	14:14.27
3	Tibor Vegh	FR	N. Iowa	14:14.83
4	Jon Kieliszak	SR	Princeton	14:17.89
5	Josh Crain	SR	N. Iowa	14:21.11
6	Greg Jimmerson		Nike Farm Te	14:21.99
7	Jacob Stout	SR	Willamette	14:22.28
8	Brian Rae	SO	Iowa	14:22.83
9	Bruno Mazzotta		Unattached	14:23.84
10	Mike Wallace		Nike Farm Te	14:24.04
11	David Woodbury	SR	Brigham Youn	14:24.09
12	Charlie Serrano	FR	Chico State	14:25.36
13	Sean O'Donnell	JR	Notre Dame	14:25.66
14	Trever Ball	JR	Utah State	14:26.19
15	David Jankowski	FR	Oklahoma Sta	14:26.94
16	Mike Devenport	SO	Portland Sta	14:27.00
17	Sean Stevens		Wake Forest Univ	14:27.64
18	Noah Marcus		Adidas-Trans	14:29.42
19	Carlos Carballo	JR	California	14:31.98
20	Ben Stern	SO	Princeton	14:32.23
21	Rolf Steir	FR	Stanford	14:33.69
22	Brian Smith		Wake Forest Univ	14:37.92
23	Dan McLean	JR	Puget Sound	14:39.72
24	Nick Schuetze	JR	Portland	14:40.27
25	Ian Johnson	SR	Washington S	14:40.81
26	Ryan Freimuth	JR	Washington S	14:41.74
27	Alex Grant	FR	Washington S	14:42.68
28	Nathan Egger	SO	Michigan Sta	14:43.82
29	Brian Bennett		Nike Farm Te	14:44.56
30	Josh Simpson		West Virgini	14:47.00
31	Russ Martin	SO	Stanford	14:47.28
32	David Lopez		Unattached	14:48.78
33	Daniel Cobian	SR	Cal State Fu	14:49.42
34	Chris Layman	JR	Chico State	14:50.07
35	Cody Moat	SR	Southern Uta	15:02.47
36	Justin Motkowicz	SR	Loyola	15:03.50
37	David Mertens	JR	Missouri	15:16.53
Section 4				
1	Matt Levassiur		Unattached	14:28.12
2	Pablo Gallegos	SR	UC Santa Bar	14:32.58
3	Chad Galbreath	SO	Ucla	14:32.92
4	Chuck McKenzie	FR	Portland	14:37.24
5	Brandon Reiff	JR	Idaho	14:41.29
6	Tony D'Amato	SO	Air Force Ac	14:42.49
7	Matt Sheeks	FR	Portland	14:46.79
8	Ben Orozco	SR	Tulsa	14:49.96
9	Jeff Gosselin	SO	Air Force Ac	14:50.15
10	Eric Griffitbs	JR	Eastern Oreg	14:50.72
11	Antonio Lopez		Adidas Movin	14:51.26
12	David Monico	SR	UC Santa Bar	14:51.60
13	Tim Riley	SR	Eastern Oreg	14:51.85
14	Matt Owen	FR	Washington	14:52.87
15	Steve Schaefer	SR	Portland	14:54.88
16	Humberto Rojas	FR	Orange Coast	14:56.04
17	Sam Romanoski	FR	Loyola	14:57.71
18	Blake Flanders	SO	Portland Sta	14:58.73
19	Martin Pennell		Santiago Can	14:59.86
20	Kalen Abbott	SO	Warner Pacif	15:06.31
21	Brian Crowl	SR	Eastern Oreg	15:12.37
22	J.D. Krawczyk	SO	Santiago Can	15:14.55
23	Chris Jacobson	FR	Portland	15:14.78
24	Ryan Ketcham	FR	UC Irvine	15:19.26
25	John Cote	SR	Vanderbilt	15:20.01
26	Damien Nieves	FR	Cal State Fu	15:29.68
27	Tyler Harlan	SO	Vanderbilt	15:36.60
28	Drew Dickson	FR	Alaska	15:38.13
29	Kevin Curley	SO	Orange Coast	15:42.20
30	Todd List	SR	Alaska	15:47.92
31	Eric Walle	SO	Vanderbilt	16:31.40

Men 10000 Meter Run -

	Name	Year	School	Finals
Section 1				
1	Robert Cheseret	SO	Arizona	28:25.62
2	Simon Bairu	SO	Wisconsin	28:28.69
3	Jason Sandfort	JR	Arkansas	28:29.58
4	James Carney		Team Usa Mon	28:31.16
5	Mark Menefee		Hansons-Broo	28:32.71
6	Richie Brinker		Hansons-Broo	28:38.94
7	Chad Pearson	SR	North Caroli	28:46.39
8	Kevin Castille		Team Eugene	28:49.11
9	Kyle Goklish		Arizona	28:59.49
10	Tim Keller	JR	Wisconsin	29:09.93
11	Andrew Cook	SR	Texas A&M	29:10.35
12	Brett Gotcher	SO	Stanford	29:11.07
13	Tim Nelson	FR	Wisconsin	29:11.33
14	Olly Laws	JR	Butler	29:12.99
15	Jason Bill	SO	Illinois	29:17.01
16	Don Wilkins	JR	Central Mich	29:17.40
17	Jeff Gardina	JR	UC Santa Bar	29:19.32
18	Scott Rantall	SR	Oklahoma Sta	29:24.69
19	Ben Payne	SR	Air Force Ac	29:25.34
20	Luke Humphery	SR	Central Mich	29:33.81
21	Eddie Rodriguez	SO	Florida Stat	29:35.53
22	Ryan Craig	SR	Portland	29:46.72
23	Mark Mandi	SO	Washington	29:48.92
24	Casey Burchill	SO	Arizona Stat	29:50.19
25	Greg Darbyshire	SR	South Dakota	29:50.65
26	Avery Blackwell		Nike Farm Te	29:54.68
27	Jacob Frey	SR	William and	30:23.01
28	Fleet Hower	SO	Georgetown	30:26.10
29	Marty Rosendahl		Hansons-Broo	30:34.34
--	Steve Greenwell	SR	Oklahoma Sta	DNF
Section 2				
1	Austin Vigil	SR	Colorado Sta	29:13.97
2	Mario Macias	JR	Cal Poly Slo	29:22.78
3	Chris White	SR	UC Santa Bar	29:26.03
4	Dylan Olchin	SR	Colorado Sta	29:27.41
5	Chase Hall	SO	Missouri	29:29.18
6	Aaron Carrizales		Team Nebrask	29:31.36
7	Andrew Hill	SR	Stanford	29:32.76
8	Josh Glaab	SO	Colorado Sta	29:32.77
9	Chad Durham	JR	Brigham Youn	29:34.20
10	Brian Dumm	JR	Air Force Ac	29:35.14
11	Casey Jermyn	JR	Montana Stat	29:35.52
12	Kaleb Van Ort	SO	Notre Dame	29:40.85
13	Frank McCreery	SO	Princeton	29:48.15
14	Dale Dexter	SR	Fort Hays	29:51.20
15	Tom Maxton		Chicago	29:52.95
16	Nathan Wadsworth	JR	Wichita Stat	29:54.69
17	Austin Smith	JR	Princeton	29:58.49
18	David Danley	JR	Utah State	30:00.27
19	Steve Laurie	SR	UC Davis	30:03.99
20	Costello Greg	SR	Bucknell	30:09.80
21	Travis Boyd	SO	Washington	30:11.99
22	Mike Sayenko	FR	Washington	30:12.42
23	Joe Eckerly	SR	Wisconsin	30:15.98
24	Andy Hahn		Windsor	30:22.41
25	Eric Bohn		Arizona	30:24.94
26	Branden Fuller	SR	Eastern Wash	30:31.56
27	Brad Bennett	SR	Butler	30:35.32
28	Kevin McDonough	JR	Alabama	30:35.78
29	Clark Bryner	SO	Utah State	30:37.12
30	Steve Crane	SR	Eastern Mich	30:38.29
31	Nick Wilson	SO	Air Force Ac	30:38.81
32	Jj Duke	SO	Arizona Stat	30:39.81
33	Tyler Graff	SR	Chico State	30:41.28
34	Dan Lounsbury	JR	Bucknell	30:43.08
35	Eric Rasmussen	JR	Nebraska	30:45.78
36	Kyle Meyers	SO	Loyola	30:46.92
37	Andy Sbertoli	SO	Loyola	30:51.62
38	Matt McCue	JR	Colorado	31:14.66
39	Andrew McQuillan	SO	Loyola	31:17.34
40	Marcos Campos	JR	Cal State Fu	31:31.04
41	Adam Chumbley	SR	South Florida	32:02.77

Men 110 Meter Hurdles -

	Name	Year	School	Prelims
Heat 1 Preliminaries		Wind: 1.2		
1	Larry Wade		Hsi	13.45q
2	William Erese		Unattached	14.03q
3	Brandon Brown		Long Beach A	14.37
4	Russell Peterson	SR	Iowa	14.85
5	Jon Myers	JR	Air Force Ac	14.88
6	Jereme Richardson	JR	Idaho	15.01
7	Daymon Visser	SR	Brigham Youn	15.04
8	Adam Bork		Montana	15.30
9	Charlie Smith	SR	Michigan Sta	17.14
Heat 2 Preliminaries		Wind: -0.2		
1	Wiley King	JR	Weber State	13.97q
2	Micah Harris		High Perform	14.06q
3	Sean Temple	SR	Air Force Ac	14.37
4	Troy Sexton	FR	Clackamas	15.26
5	Jeff Luckstead	SO	Idaho	15.36
6	Erik Michon		Unattached	15.38
7	Paul Terek		World's Grea	16.07
--	Tim Bogdanof		Unattached	FS
Heat 3 Preliminaries		Wind: 1.5		
1	Adrian Stuart	JR	Minnesota St	14.39
2	Shingo Suzumura	SR	Long Beach S	14.44
3	Ransom Minyard	JR	Southern Uta	14.99
4	Mike Morrison	SR	Central Wash	15.15
5	Keith Gill	SR	Portland Sta	15.17
6	Daniel Knickerbocker	SO	Stanford	15.42
7	Josh Leyk	SO	Washington S	15.62
Heat 4 Preliminaries		Wind: -0.8		
1	Bashir Ramzy		High Perform	13.87q
2	Jonathan Williams	JR	Ucla	14.17q
3	Rod Jett		Unattached	14.79
4	Kenny Vinh	JR	UC Irvine	14.83
5	Jarrett Bush	SO	American Riv	14.90
6	Kenneth Thomas	SO	Usc	14.91
7	Bjorn Sommerfeldt	FR	Missouri	15.33
Heat 5 Preliminaries		Wind: -0.2		
1	Tony Golston	JR	Ucla	13.88q
2	Ben Gardner	SO	Brigham Youn	14.73
3	Marc James	SR	Washington	15.10
4	Jason Bolden-Anderson	FR	UC Riverside	15.22
5	Tony Leick	SR	Iowa	15.34

6	Stig Robertson	SO Utah Valley	15.38
7	Hans Uldal	SO Missouri	15.42
--	Hugh Henry	SR Idaho	DNF

Heat 6 Preliminaries Wind: -0.8

1	Matt Mason	JR Washington S	13.81q
2	Selim Nurudeen	JR Notre Dame	14.11q
3	Luke Marker	SR Air Force Ac	14.33
4	John Childress	FR Michigan Sta	14.91
5	Michael Hoffer	Unattached	15.03
6	Barry Leavitt	FR Washington S	15.08
7	Steve Hansen	SO Southern Uta	15.08
8	Ryan Lang	JR Idaho	15.37
9	Chastin McKeel	FR Cal State Fu	15.70

Men 400 Meter Hurdles -

	Name	Year	School	Finals
Section 1				
1	Orentheus Hutcherson		New Era TC	51.39
2	Sean Temple	SR	Air Force Ac	52.73
3	Kyle Grossarth		Unattached	52.87
4	Micah Harris		High Perform	53.40
5	Tony Golston	JR	Ucla	53.57
6	Jonathan Williams	JR	Ucla	54.58
--	Gerren Crochet	JR	Stanford	DNF
Section 2				
1	Matt Willis	SO	Ucla	52.62
2	Kansas Whitear	JR	Brigham Youn	52.72
3	Rico Hatter	SR	AC TC	53.21
4	Robert Price		V-Town TC	53.30
5	Jim Campbell	SR	Air Force Ac	53.90
6	Scott Jarvis	JR	UC Irvine	53.95
7	Josh Guggenheimer	SO	Idaho	54.95
8	Kenneth Thomas	SO	Usc	54.98
Section 3				
1	Ben Gardner	SO	Brigham Youn	53.26
2	Perry Mc Bride		Montgomery T	53.30
3	Dayne Comrie	FR	UC Irvine	54.00
4	Tony Leick	SR	Iowa	54.50
5	Barry Leavitt	FR	Washington S	55.29
6	Mike Morrison	SR	Central Wash	55.42
7	Russell Peterson	SR	Iowa	59.14
Section 4				
1	Stig Robertson	SO	Utah Valley	52.81
2	Eric Nygard	JR	Washington S	53.23
3	Nathan Enriquez	SO	Long Beach S	54.75
4	Daymon Visser	SR	Brigham Youn	55.31
5	Matt Blaine	JR	Seattle	55.50
6	Brian Andrews	FR	Usc	55.65
7	Daniel Knickerbocker	SO	Stanford	56.62
8	Bjorgvin Vikingsson	FR	California	57.01
Section 5				
1	Josh Leyk	SO	Washington S	53.83
2	Kory Pearson	SO	Air Force Ac	53.84
3	Stephan Brooks	FR	San Francisc	54.85
4	Erik Michon		Unattached	54.98
5	Ryan Lang	JR	Idaho	55.79
6	Ransom Minyard	JR	Southern Uta	57.30

Men 3000 Meter Steeplechase -

	Name	Year	School	Finals
Section 1				
1	Jeff Davis		Central Mich	8:43.21
2	Michael Spence		Unattached	8:44.88
3	Ken Richardson	JR	Weber State	8:48.35
4	Jan Eitel	SR	Idaho	8:48.94
5	Brett Holts	JR	Oregon	8:49.66
6	Jason Gibbons		Nike Farm Te	8:54.64
7	Owain Matthews	SR	Tulsa	8:55.44
8	Josh Ludwig	JR	Arizona	8:57.52
9	Matt Adams	JR	Brigham Youn	8:58.44
10	Jon Lewis	JR	Texas A&M	9:00.68
11	Tristan Colangelo	SR	Princeton	9:01.36
12	Fred Carter		Nike Farm Te	9:02.38
13	Matt McLeod	JR	Texas A&M	9:06.94
14	Drew Hohensee	SR	Wisconsin	9:16.03
Section 2				
1	Josh McAdams	SO	Brigham Youn	8:51.23
2	Luke Llamas	SO	Cal Poly Slo	8:55.79
3	Jace Nye	FR	Weber State	8:57.99
4	Kevin Davis	SO	California	8:58.78
4	Mickael Colin	SR	Wichita Stat	8:58.78
6	Todd Fayant	SR	Alabama	8:58.87
7	Rich Evanson	SR	Brigham Youn	8:59.70
8	Sean Knapp	SR	Stanford	9:06.13
9	Trent Hooper	SR	Weber State	9:11.21
10	Sean McLachlin	SR	Southern Uta	9:12.33
11	Jason Walker		Team Eugene	9:25.48
12	Thomas Beckum		Track West	9:43.82
--	Jon Houseworth	SO	Illinois	DNF

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Women Pole Vault "B" Sections

	Name	Year	School	Finals
Flight 1				
1	Megan Ries	SR	Nevada	3.90m 12-09.50
2	Leila Ben-Youssef	SR	Stanford	3.75m 12-03.50
2	Jackie Nguyen	SO	Ucla	3.75m 12-03.50
2	Ashley Wildhaber	SO	Washington	3.75m 12-03.50
5	Jodi Driggers	FR	Arkansas	3.60m 11-09.75
5	Danielle Navarre	JR	California	3.60m 11-09.75
5	Dana Huesby	SR	Nevada	3.60m 11-09.75
5	Amy Chow		Unattached	3.60m 11-09.75
5	Karla McGee	JR	Washington S	3.60m 11-09.75
10	Jana Moyer	FR	Nevada	3.45m 11-03.75
10	Milessa Muchmore	FR	Stanford	3.45m 11-03.75
10	Kirsten Loftin	FR	UC Irvine	3.45m 11-03.75
10	Kristen Hambaroff	JR	Long Beach S	3.45m 11-03.75
--	Liz Young	SO	Missouri	NH
--	Kayleen Popp	JR	N. Iowa	NH
--	Shannon McIntyre	FR	California	NH
--	Stephanie Starritt	FR	California	NH
--	Melinda Owen	FR	Idaho	NH
--	Bree-Ann Piva	FR	Nevada	NH

Women Long Jump "B" Sections

	Name	Year	School	Finals	Wind	
1	Grace Vela	JR	Washington	5.72m	-1.5	18-09.25
2	Ciara McMillan	FR	Nevada	5.66m	1.4	18-07.00
3	Kerry Ann Blackwood	SO	Portland Sta	5.60m	1.5	18-04.50
4	Leah Tapscott	SO	Stanford	5.59m	1.2	18-04.25 2nd...5.52
4	Kat Dawkins	FR	UC Irvine	5.59m	-0.5	18-04.25 2nd...5.46
6	Mary Meyman		Unattached	5.52m	-0.9	18-01.50 2nd...5.35
6	Michelle Moran		Unattached	5.52m	-1.4	18-01.50 2nd...5.36
8	Holly Lipscomb	JR	Long Beach S	5.50m	-1.8	18-00.50
9	Gayle Imran	SO	Portland Sta	5.47m	-1.5	17-11.50
10	Tiffany Johnson	SO	California	5.44m	-1.7	17-10.25
11	Veronique Richardson	FR	California	5.43m	-2.3	17-09.75
12	Maranda Brownson	JR	Nevada	5.38m	-2.9	17-08.00
13	Samantha Stanley	SO	Missouri	5.37m	-1.7	17-07.50
14	Abby Andrus	SR	Oregon	5.36m	-0.9	17-07.00
15	Celeste Robillard	SR	New Mexico S	5.33m	-0.6	17-06.00
16	Tiffany Jones	JR	Usc	5.25m	-1.8	17-02.75
16	Qadriyah Abdullah	SO	California	5.25m	-2.3	17-02.75
18	Mary Ann Graves	JR	Idaho	5.23m	-1.0	17-02.00
19	Zikarra Beverly	JR	UC Riverside	5.19m	-0.6	17-00.50
20	Kimberly Harper	JR	UC Irvine	5.15m	-1.6	16-10.75
21	Aroline Neal	JR	Long Beach S	5.07m	-3.5	16-07.75 2nd...F
21	Lacey Welborn	SO	Cal State Fu	5.07m	-1.5	16-07.75 2nd...F
23	Aziza Bledsoe	JR	San Francisc	5.04m	-1.7	16-06.50
24	Amy Walton	SO	UC Riverside	5.03m	-2.2	16-06.00
25	Jennifer Lint	SO	Stanford	4.99m	-1.1	16-04.50
26	Lakeshia Cockrell	FR	Clark	4.96m	-2.8	16-03.25 2nd...F
26	Jamila Carter	SR	Nevada	4.96m	-3.3	16-03.25 2nd...F
28	Genea Long	SR	New Mexico S	4.94m	-1.7	16-02.50
29	Kasie Gillespie	SO	Clackamas	4.90m	-1.8	16-01.00
30	Trinety White	SO	California	4.88m	-1.0	16-00.25
31	Emily Kling	FR	Idaho	4.63m	-1.0	15-02.25

Women Shot Put "B" Sections

	Name	Year	School	Finals
1	Serena Boykin	SR	Long Beach S	14.58m 47-10.00
2	Jenna Johnson	JR	California	14.56m 47-09.25
3	Lindsey Markworth	JR	Missouri	14.41m 47-03.50
4	Bree Fuqua	JR	Oregon	14.28m 46-10.25
5	Evangela Dixon	SR	Unattached	14.06m 46-01.50
6	Kassandra Harrell	SR	Southern Uta	13.97m 45-10.00
7	Hannah Furlong	SO	Montana Stat	13.86m 45-05.75
8	Cherron Davis	SO	Washington	13.61m 44-08.00
9	Erin Streater	SO	New Mexico S	13.53m 44-04.75
10	Kelechi Anyanwu	FR	California	13.40m 43-11.75
11	Sara Clinkenbeard	SO	Sacramento C	13.32m 43-08.50

12	Shanna Lytle	JR	Idaho	13.27m	43-06.50
13	Aspen Marshall	SO	Sacramento C	13.21m	43-04.25
14	Sarah Behrens	JR	N. Iowa	13.20m	43-03.75
15	Rachel Jansen	FR	N. Iowa	13.17m	43-02.50
16	Dominique Boivin	SR	Air Force Ac	13.16m	43-02.25
17	Mary Beeman	SR	Washington	13.15m	43-01.75
18	Olivia Korte	FR	Air Force Ac	13.13m	43-01.00
19	Jamie Martino	SO	Nevada	13.05m	42-09.75
20	Sarah Woydziak	JR	Nevada	12.96m	42-06.25
21	Ina Reiber	JR	Idaho	12.81m	42-00.50
22	Charlene Heaston	FR	UC Santa Bar	12.66m	41-06.50
23	Kristina Price	FR	Long Beach S	12.65m	41-06.00
24	Katie Tuttle	SR	Idaho	12.53m	41-01.50
25	Ivana Barsic	SO	N. Iowa	12.50m	41-00.25
26	Morgan Edwards	SO	N. Iowa	12.37m	40-07.00
27	Vanessa Wynne	SR	Weber State	12.33m	40-05.50
28	Angie Turner	SO	Unlv	12.29m	40-04.00
29	Bethany Frink	FR	Clark	12.04m	39-06.00
30	Whitney Gum	SO	Oregon	12.02m	39-05.25
31	Heather Quinn	SO	UC Santa Bar	11.96m	39-03.00
32	Jessica Stockard	SO	Missouri	11.61m	38-01.25
33	Amanisha Murray	FR	Butte CC	11.52m	37-09.50
34	Jennifer Broncheau	JR	Idaho	11.46m	37-07.25
--	Jessica Houston	FR	Alaska	FOUL	
--	Janine Bodo	JR	Nevada	FOUL	

Women Discus Throw "B" Sections

	Name	Year	School	Finals	
1	Andrea Thornton		Unattached	51.34m	168-05
2	Amy Haapanen	SO	UC Santa Bar	49.04m	160-11
3	Bree Fuqua	JR	Oregon	48.40m	158-09
4	Rachel Jansen	FR	N. Iowa	48.38m	158-09
5	Evangela Dixon	SR	Unattached	47.23m	154-11
6	Kim Gleeson	FR	UC Davis	46.40m	152-03
7	Jennnifer Allen	SR	Montana Stat	46.23m	151-08
8	Syreeta Waller	SR	UC Riverside	46.12m	151-04
9	Stephanie Sampson	SR	Long Beach S	45.08m	147-11
10	Jill Hoxmeier	SR	Oregon	45.02m	147-08
11	Dominique Boivin	SR	Air Force Ac	44.75m	146-10
12	Kristen Thompson	SR	UC Riverside	44.61m	146-04
13	Kitty Currier	SR	Stanford	44.48m	145-11
14	Lindsey Markworth	JR	Missouri	44.37m	145-07
15	Erin Streater	SO	New Mexico S	43.72m	143-05
16	Melanie Uher	FR	Missouri	43.61m	143-01
17	Katelyn Ciarelli	FR	Long Beach S	43.52m	142-09
18	Vanessa Wynne	SR	Weber State	43.32m	142-01
19	Morgan Edwards	SO	N. Iowa	42.65m	139-11
20	Stephanie Benight	SR	Stanford	42.55m	139-07
21	Michelle Pequignot	SO	Long Beach S	42.17m	138-04
22	Olivia Korte	FR	Air Force Ac	42.10m	138-01
23	Danielle Smith		Unattached	41.09m	134-10
24	Kelechi Anyanwu	FR	California	40.74m	133-08
25	Jessica Perez	SR	Air Force Ac	39.21m	128-08
26	Andrea McBride	SO	Usc	39.18m	128-06
27	Kristine Muth	SO	Air Force Ac	38.15m	125-02
28	Lindsay Brisbin	JR	Stanford	36.72m	120-06
29	Katie Kersh	JR	Oregon	36.45m	119-07
30	Katie Elizondo	SR	New Mexico S	34.50m	113-02
--	Serena Boykin	SR	Long Beach S	FOUL	
--	Kelly Bowman	SR	Nevada	FOUL	
--	Kamaiya Warren	FR	Ucla	FOUL	

Women Hammer Throw "B" Sections

	Name	Year	School	Finals	
1	Caira Hane	JR	Nevada	57.43m	188-05
2	Amy Haapanen	SO	UC Santa Bar	54.18m	177-09
3	Marie Muai	JR	Washington S	52.81m	173-03
4	Carrie Johnson	FR	California	52.45m	172-01
5	Sarah Woydziak	JR	Nevada	52.29m	171-07
6	Audrey Oswald	FR	Portland Sta	51.38m	168-07
7	Kate Burton	FR	Clark	51.23m	168-01
8	Alexandra Hunnings	FR	California	50.94m	167-01
9	Sammy Joe Missel	SO	Washington S	50.64m	166-02
10	Evangela Dixon	SR	Unattached	50.60m	166-00
11	Ann Snider	SR	Missouri	50.54m	165-10
12	Katie Kersh	JR	Oregon	50.39m	165-04
13	Megan Kriz	SO	Oregon	50.36m	165-03
14	Sara Clinkenbeard	SO	Sacramento C	50.22m	164-09
15	Heidi Lambley	SR	Idaho	50.05m	164-02
16	Brooke Ennen		Unattached	49.82m	163-05
17	Kelly Bowman	SR	Nevada	49.00m	160-09
18	Erin Streater	SO	New Mexico S	47.83m	156-11
19	Samantha Meredith	SR	Long Beach S	47.35m	155-04
20	Jill Hoxmeier	SR	Oregon	47.04m	154-04
21	Aspen Marshall	SO	Sacramento C	45.92m	150-08
22	Michelle Pequignot	SO	Long Beach S	45.74m	150-01
23	Lauren Dorsey	FR	California	44.89m	147-03
24	Amanda Garcia	SR	Cal Poly Slo	44.85m	147-02
25	Kassandra Harrell	SR	Southern Uta	44.32m	145-05
26	Heather Quinn	SO	UC Santa Bar	44.09m	144-08
27	Lindsay Brisbin	JR	Stanford	43.76m	143-07
28	Jennifer Broncheau	JR	Idaho	43.71m	143-05
29	Kate Hutchensen	SO	Usc	43.53m	142-10
30	Charlene Heaston	FR	UC Santa Bar	43.43m	142-06
31	Shanna Lytle	JR	Idaho	43.06m	141-03
32	Rachel Jansen	FR	N. Iowa	43.02m	141-02
33	Dominique Boivin	SR	Air Force Ac	42.87m	140-08
34	Janine Bodo	JR	Nevada	42.81m	140-05
35	Nicole Sprauer	SO	Clackamas	42.40m	139-01
36	Rebecca Richey	JR	UC Santa Bar	42.36m	139-00
37	Kristine Muth	SO	Air Force Ac	41.95m	137-07
38	Andrea McBride	SO	Usc	41.66m	136-08
39	Whitney Gum	SO	Oregon	40.35m	132-04
40	Tiffany Ligtenberg	JR	New Mexico S	39.91m	130-11
41	Ivana Barsic	SO	N. Iowa	39.88m	130-10
42	Katie Elizondo	SR	New Mexico S	37.98m	124-07
--	Cammie Carroll	SR	San Francisc	FOUL	

Women Long Jump Top Section -

	Name	Year	School	Finals	Wind	
1	Jackie Edwards		Unattached	6.39m	1.4	20-
	11.75					
	FOUL(-2.6) 6.19m(+0.0) 6.27m(-0.9) FOUL(0.6) 6.39m(1.4) FOUL(-2.1)					
2	Brianna Glenn		Unattached	6.35m	1.0	20-
	10.00					
	FOUL(0.7) FOUL(-2.4) 6.10m(1.3) FOUL(1.6) 6.35m(1.0) FOUL(0.9)					
3	Jernae Wright		Unattached	6.22m	0.6	20-
	05.00					
	6.22m(0.6) FOUL(-0.5) 6.04m(+0.0) FOUL(1.2) FOUL(1.2) 6.01m(-0.8)					
4	Ola Sesay		Unattached	6.17m	+0.0	20-
	03.00					
	6.17m(+0.0) 5.91m(-2.9) FOUL(-0.9) FOUL(-0.6) FOUL(-0.5) FOUL(-1.1)					
5	Akiba McKinney		High Perform	6.08m	-0.5	19-
	11.50					
	FOUL(1.4) FOUL(-2.0) 5.97m(1.0) FOUL(0.8) FOUL(+0.0) 6.08m(-0.5)					
6	Michelle Sanford	FR	Usc	5.99m	0.8	19-
	08.00					
	5.69m(-2.1) 5.99m(0.8) FOUL(0.8) FOUL(-1.5) FOUL(2.4) 5.99m(0.6)					
7	Beyonka McDowell		Arkansas	5.75m	-1.9	18-
	10.50					
	5.75m(-1.9) 5.55m(-0.9) 5.68m(1.9) 5.69m(0.6) 5.57m(-0.8) 5.65m(1.6)					
8	Antonette Carter	SO	California	5.68m	-2.2	18-
	07.75					
	5.45m(-1.2) 5.46m(-1.4) 5.68m(-2.2) 5.53m(+0.0) 5.68m(-0.7)					
	5.28m(1.9)					
9	Fiona Asigbee		Unattached	5.65m	-0.5	18-
	06.50					
	5.65m(-0.5) FOUL(-0.8) 5.48m(-1.0)					
10	Halima Decree	JR	Unlv	5.22m	-1.0	17-
	01.50					
	FOUL(-1.4) 5.22m(-1.0) 5.12m(1.1)					
11	Erin Williams	SR	Usc	4.99m	-2.5	16-
	04.50					
	FOUL(-1.5) 4.99m(-2.5) ND(-2.7)					

Women Javelin Throw -

	Name	Year	School	Finals	
1	Erica Wheeler		Unattached	53.34m	175-00
2	Sara Malone	JR	Oregon	51.13m	167-09
3	Dana Pounds	SO	Air Force Ac	50.98m	167-03
4	Megan Spriesterbach	SR	Washington	50.05m	164-02
5	Tiffany Zahn	SO	Washington	47.18m	154-09
6	Johnson Sara	JR	Seattle Paci	43.72m	143-05
7	Samantha Young	SO	Nevada	43.62m	143-01
8	Rachel Kriz	JR	Oregon	41.81m	137-02
9	Tia Parsons	SO	Clark	41.40m	135-10
10	Jenna Dean	SO	Washington S	41.35m	135-08
11	Kim Heinz	FR	Long Beach S	41.31m	135-06
12	Rachel Bertholf	SO	Washington S	40.92m	134-03
13	Caira Hane	JR	Nevada	40.85m	134-00
14	Caitie Holliday	FR	Air Force Ac	39.76m	130-05
15	Sara Coleman	SR	Nevada	39.18m	128-06
16	Karina Powell	SR	Ucla	39.14m	128-05
17	Ami Goldhammer	JR	Long Beach S	38.44m	126-01
18	Melinda Owen	FR	Idaho	38.28m	125-07
19	Julie Pickler	SO	Washington S	38.21m	125-04
20	Sarah Willette	JR	Idaho	37.60m	123-04
21	Erin Merriman	SR	Stanford	37.51m	123-01
22	Jamie Martino	SO	Nevada	37.27m	122-03
23	Trinety White	SO	California	35.43m	116-03
24	Kristen Thompson	SR	UC Riverside	34.33m	112-07
25	Lacy DeWall	JR	Air Force Ac	32.81m	107-08
26	Jennifer Lee	SR	Stanford	31.95m	104-10
27	Rebecca Richey	JR	UC Santa Bar	31.53m	103-05
28	Ahimsa Hodari	JR	Stanford	25.81m	84-08
--	Crystal Richardson	FR	New Mexico S	FOUL	
--	Andrea Clark	FR	Portland Sta	FOUL	

Men Pole Vault "B" Sections

	Name	Year	School	Finals	
1	Erik Rasmussen		Unattached	5.15m	16-10.75
2	Jason Jones	SO	Air Force Ac	5.00m	16-04.75
2	Mike Landers	SO	Ucla	5.00m	16-04.75
4	Christian Morgan	SR	Air Force Ac	4.80m	15-09.00
4	Shane Hackett	JR	Ucla	4.80m	15-09.00
4	Brad Gebauer	SO	Michigan Sta	4.80m	15-09.00
4	Paul Nicoletti	SR	Washington S	4.80m	15-09.00
4	Brooks Morris		Unattached	4.80m	15-09.00
9	Sean Jones	FR	Clackamas	4.60m	15-01.00
9	Chad Smith		High Perform	4.60m	15-01.00
9	Dave Murphy	SO	Ucla	4.60m	15-01.00
9	Mark Martello	SR	UC Santa Bar	4.60m	15-01.00
9	Eric Nyberg	FR	UC Irvine	4.60m	15-01.00
9	Mark Langlois	FR	Michigan Sta	4.60m	15-01.00
--	Quinn Miller-Beddell	FR	Stanford	NH	
--	John Besmer		Unattached	NH	
--	Andrew Petersen	JR	Minnesota St	NH	
--	Sam Roberts	SO	Washington	NH	

--	Seth Perrins	SO	Washington	NH
--	Dan O'Brien		Unattached	NH
--	David Lindenberg	SR	San Francisc	NH
--	Brad Slinkard	JR	Usc	NH
--	Brad Luko	JR	Cal State Fu	NH
--	Zack Miller	FR	Ucla	NH
--	Paul Lim	JR	San Francisc	NH
--	McKane Lee	FR	Washington	NH
--	Chris Hohn	SO	Michigan Sta	NH
--	Brad Seberhagen	JR	Cal State Fu	NH
--	Alex Green	FR	Brigham Youn	NH

Men Long Jump "B" Sections

	Name	Year	School	Finals	Wind	
1	Matt Anderson	SO	Brigham Youn	6.91m	-1.5	22-08.00
2	Chris Banks	SR	Air Force Ac	6.89m	-2.5	22-07.25
3	Jamil Smith	SR	Washington S	6.87m	-1.7	22-06.50
4	Chris Johnson		Heritage TC	6.78m	-0.5	22-03.00
5	Vincent Ibia		Unattached	6.77m	-1.4	22-02.50
6	Jereme Richardson	JR	Idaho	6.72m	-2.1	22-00.75
7	Chris Horn	SO	Missouri	6.70m	-1.1	21-11.75 2nd...6.57
7	Robbie Friendt	SO	Weber State	6.70m	-1.1	21-11.75 2nd...nm
9	Jason Baird	SO	Utah Valley	6.69m	-1.2	21-11.50
10	Hans Uldal	SO	Missouri	6.60m	-1.7	21-08.00
11	Adam Bork		Montana	6.56m	-1.2	21-06.25
12	Brandon Williams	JR	California	6.54m	-1.6	21-05.50
13	Nick Bromberek	SR	Air Force Ac	6.48m	-2.5	21-03.25
14	Justin Lawrence	SR	Central Wash	6.47m	-1.1	21-02.75
15	Jacob Tolbert		Unattached	6.45m	-1.8	21-02.00
16	Joe Thomas	SR	Cal State Fu	6.39m	-3.8	20-11.75
17	Isaac Herrera	SO	UC Santa Bar	6.30m	-3.3	20-08.00 2nd...F
17	Eric Nyberg	FR	UC Irvine	6.30m	-2.3	20-08.00 2nd...F
19	Bjorn Sommerfeldt	FR	Missouri	6.28m	-1.5	20-07.25
--	Robert Nelson	FR	Long Beach S	ND	NWI	

Men Shot Put "B" Sections

	Name	Year	School	Finals	
1	Scott Denbo		Unattached	17.99m	59-00.25
2	Will Denbo	SO	Usc	17.66m	57-11.25
3	Bill Hobson	SO	Missouri	17.20m	56-05.25
4	Brian Ruziecki	FR	Ucla	17.18m	56-04.50
5	Tanner Rauk	SO	Montana Stat	16.97m	55-08.25
6	John Caulfield		Unattached	16.54m	54-03.25
7	Brian Moon	SO	UC Irvine	16.35m	53-07.75
8	Ryan Lockner	JR	UC Santa Bar	16.09m	52-09.50 2nd...16.04
8	Craig Kent		Unattached	16.09m	52-09.50 2nd...15.97
10	Mike Rainis		Throw Far	16.06m	52-08.25
11	Eugene Bradley	SO	UC Santa Bar	16.05m	52-08.00
12	Mike Macellari	FR	Unattached	15.61m	51-02.75
13	William O'Neil	SR	Stanford	15.57m	51-01.00
14	Derek Kingrey	SR	UC Irvine	15.39m	50-06.00
15	Evan Wilson	FR	Washington	15.10m	49-06.50
16	Russ Winger	FR	Idaho	15.05m	49-04.50
17	John Ludden		Unattached	15.04m	49-04.25
18	Bryan Jones	FR	Air Force Ac	14.71m	48-03.25
19	Adam Hamilton	SO	Iowa	14.47m	47-05.75
20	Jens Kujacznski	FR	West Valley	14.15m	46-05.25
21	Derek Strittmatter	JR	Michigan Sta	14.13m	46-04.25
22	Jake Hobert		Weber State	13.95m	45-09.25
23	Andrew Julius	FR	Long Beach S	13.72m	45-00.25
24	Jose Gallo	FR	American Riv	13.66m	44-09.75
25	Mike Cruishank	JR	Cal State Fu	13.46m	44-02.00
--	Greg Garza		Unattached	FOUL	
--	Shaun Straka	JR	Portland Sta	FOUL	

Men Discus Throw "B" Sections

	Name	Year	School	Finals	
1	Jens Kujacznski	FR	West Valley	52.44m	172-00
2	Craig Kent		Unattached	52.17m	171-02
3	Greg Garza		Unattached	51.13m	167-09
4	Derek Kingrey	SR	UC Irvine	50.62m	166-01
5	Brian Ruziecki	FR	Ucla	49.30m	161-09
6	Cameron Neel	JR	Washington S	48.98m	160-08
7	Russ Winger	FR	Idaho	48.97m	160-08
8	Drew Ulrick	FR	Washington S	48.89m	160-05
9	Bobby Lugo	SR	Long Beach S	48.60m	159-05
10	Matt Karsevar		Unattached	48.54m	159-03
11	Will Conwell	JR	Washington	48.15m	158-00
12	Bobby Musil	FR	Missouri	47.83m	156-11
13	John Ludden		Unattached	47.49m	155-10
14	Ken Kemeny	JR	Iowa	47.43m	155-07
15	William O'Neil	SR	Stanford	46.50m	152-07
16	Steve Manz	SR	Michigan Sta	46.45m	152-05
17	Mike Macellari	FR	Unattached	46.17m	151-06
18	Blake Jackson	SR	Montana Stat	44.33m	145-05
19	Brian Moon	SO	UC Irvine	44.09m	144-08
20	Adam Bork		Montana	43.84m	143-10
21	Jordan Zamora	SR	Idaho	43.41m	142-05
22	Shaun Straka	JR	Portland Sta	43.30m	142-01
23	Derek Strittmatter	JR	Michigan Sta	42.82m	140-06
24	Craig Wood	SO	UC Riverside	41.75m	137-00
25	Joe Perkins		Unattached	41.05m	134-08
26	Mike Cruishank	JR	Cal State Fu	40.16m	131-09
27	Nick Longo	FR	Cal State Fu	35.96m	118-00
--	Joe Gatewood	SO	Washington	ND	

Men Hammer Throw "B" Sections

	Name	Year	School	Finals	
1	Dan Ames	SR	Ucla	61.61m	202-01
2	Brad Daufeldt	SR	Iowa	60.37m	198-01
3	Martin Bingisser	FR	Washington	57.85m	189-09
4	Zak Thomas	FR	California	54.97m	180-04
5	Jake Knight	SO	Ucla	54.52m	178-10
6	Michael Beerer	SO	UC Irvine	54.24m	177-11
7	Andrew Ninow	SO	American Riv	54.18m	177-09
8	Blake Jackson	SR	Montana Stat	52.28m	171-06
9	Brian Ruziecki	FR	Ucla	50.81m	166-08
10	Steve Holland	SO	Long Beach S	50.56m	165-10
11	Thad Cullinan	JR	Washington S	50.55m	165-10
12	Bobby Lugo	SR	Long Beach S	50.21m	164-09
13	Eugene Bradley	SO	UC Santa Bar	48.58m	159-04
14	Travis MacKenzie	SO	Butte CC	48.48m	159-01
15	John Ludden		Unattached	48.40m	158-09
16	Will Denbo	SO	Usc	47.92m	157-03
17	Marcus Mattox	FR	Idaho	47.90m	157-02
18	Jordan Zamora	SR	Idaho	44.20m	145-00
19	Matt Mettler	SO	UC Santa Bar	44.12m	144-09
20	Steven Lizzol	SR	Air Force Ac	43.85m	143-10
--	Jason McNeal	SR	Air Force Ac	ND	

Men Long Jump Top Section -

	Name	Year	School	Finals	Wind	
1	Milton Little		Unattached	7.92m	-2.5	26-00.00
	7.21m(-1.8) FOUL(+0.0) FOUL(-4.2) 7.43m(-1.3) FOUL(+0.0) 7.92m(-2.5)					
2	Andre Serrette	SR	Usc	7.26m	1.0	23-10.00
	FOUL(+0.0) 6.82m(-1.4) 6.85m(-2.0) FOUL(2.4) 7.20m(+0.0) 7.26m(1.0)					
3	Anthony Park	SR	Air Force Ac	7.06m	1.4	23-02.00
	6.74m(-0.8) ND(0.8) ND(-1.2) 6.76m(+0.0) 6.80m(0.7) 7.06m(1.4)					
4	Solomon Welch	SO	Stanford	6.84m	-0.5	22-05.25
	6.80m(-0.7) FOUL(1.2) FOUL(-2.7) FOUL(0.6) FOUL(+0.0) 6.84m(-0.5)					
5	Tabu McKnight		Unattached	6.69m	0.8	21-11.50
	6.26m(0.6) 6.30m(-2.8) FOUL(-4.5) 4.94m(-1.2) 6.56m(+0.0) 6.69m(0.8)					
6	Feranmi Okanlami	FR	Stanford	6.56m	0.9	21-06.25
	6.25m(-0.7) 6.43m(1.0) FOUL(0.8) 6.47m(-1.4) FOUL(-3.2) 6.56m(0.9)					
7	Wiley King	JR	Weber State	6.50m	+0.0	21-04.00
	FOUL(1.7) 6.50m(+0.0) ND(-0.6) FOUL(-1.8) PASS(NWI) PASS(NWI)					
8	Joe Lourenco	JR	UC Irvine	6.15m	-1.1	20-02.25
	5.22m(-2.8) FOUL(0.7) FOUL(+0.0) FOUL(1.3) FOUL(1.1) 6.15m(-1.1)					
--	Aaron Williams	JR	Cal State Fu	FOUL	NWI	
	FOUL(-0.5) FOUL(1.5) FOUL(-1.7)					
--	Bashir Ramzy		High Perform	FOUL	NWI	
	FOUL(-1.3) FOUL(-1.6) FOUL(NWI)					

Men Javelin Throw -

	Name	Year	School	Finals	
1	Doug Lefler	SR	Long Beach S	69.49m	228-00
2	Ryan James		Athletes in	66.20m	217-02
3	Gary File	SR	Missouri	64.81m	212-07
4	Jason Goff	SR	Stanford	64.08m	210-03
5	Dane Brubaker	JR	Montana	62.73m	205-10
6	Durdam Rocherolle		Cruz Elite	61.40m	201-05
7	Rigel Wise	JR	Washington	60.95m	200-00
8	Brandon Folk	JR	Idaho	60.29m	197-10
9	Adam Burgh	FR	California	59.75m	196-00
10	Curt Borland	SR	Washington S	59.53m	195-04
11	Brian Harris	FR	Washington	58.83m	193-00
12	Juan Romero	JR	Washington	57.98m	190-03
13	Sean Blanford	SR	Long Beach S	57.92m	190-00
14	McKnight Justin	SR	Bucknell	57.65m	189-02
15	Matthew Johnston	FR	Brigham Youn	57.37m	188-03
16	Tyler McCoy	SO	Clark	56.78m	186-03
17	Brad Wyatt	SO	Southern Uta	56.51m	185-05
18	Matt Hickman	JR	Brigham Youn	55.79m	183-00
19	Casey Kauffman	FR	Clackamas	54.74m	179-07
20	Brett Ortgiesen	SO	Washington S	53.77m	176-05

21	Ryan Richards	FR	Clackamas	52.51m	172-03
22	Brian Kelley	SO	Stanford	52.42m	172-00
23	Jon Stewart	SR	UC Irvine	51.74m	169-09
24	Paul Terek		World's Grea	51.41m	168-08
25	David Hoffecker	SR	Air Force Ac	50.65m	166-02
--	Jj Stein	SR	UC Irvine	ND	
--	Keith Avila	FR	Stanford	ND	
--	Knut Sommerfeldt		Unattached	ND	

Licensed to University of Puget Sound Hy-Tek's Meet Manager

Puget Sound Open - 3/26/2004
Baker Stadium, Tacoma,WA
Results

Women 200 Meter Dash

Baker Stadiu: 24.75 4/17/1999 Christine Axley, PLW
NCAA /Auto: 24.48
NCAA Provo: 25.34

	Name	Year School	Finals	Points
1	Matheson, Nikki	St. Martin's	27.52	10
2	Boysen, Brittney	Highline	28.49	8
3	Burr, Lakita	St. Martin's	28.50	6
4	Blagden, Bonar	Ups	29.41	5

Women 800 Meter Run

Baker Stadiu: 2:10.9h 4/25/1987 Laura Johnson, Unattached
NCAA /Auto: 2:12.00
NCAA Provo: 2:15.90

	Name	Year School	Finals	Points
1	Schreiner, Molly	Ups	2:28.78	10
2	Kelsey, Kathy	Ups	2:36.98	8

Women 3000 Meter Run

	Name	Year School	Finals	Points
1	Kamin, Amanda	Highline	10:35.77	10
2	Marshall, Sitges	Highline	10:42.16	8
3	Steinbrugger, Kendra	St. Martin's	10:59.17	6
4	Hagney, Alana	Ups	11:05.51	5
5	Beatty, Nicole	St. Martin's	11:14.16	4
6	Klettke, Kelsey	Unattached	11:14.30	3
7	Dobson, Hillary	Ups	11:14.50	2
8	McCanick, Ann	St. Martin's	11:34.05	1
9	Brevik, Kjirsten	Ups	11:49.40	
10	Glen, Jacki	St. Martin's	12:06.42	
11	Robins, Hillary	Ups	12:06.63	
12	Jablonski, Jami	Highline	12:10.36	
13	Blume, Katelynn	St. Martin's	12:41.61	
14	Brabeck, Sarah	Ups	12:49.98	

Women 100 Meter Hurdles

Baker Stadiu: 14.41 4/20/1996 Amy Cameron, WWU
NCAA /Auto: 14.43
NCAA Provo: 15.10

	Name	Year School	Finals	Points
1	Benish, Clare	Ups	16.73	10
2	Rugani, Ana	Ups	17.12	8
3	Kikuchi, LesliAnn	Ups	17.31	6

Women 4x100 Meter Relay

Baker Stadiu: 47.50 4/22/1995 PLU
NCAA /Auto: 47.30
NCAA Provo: 49.10

	School	Finals	Points
1	University of Puget Sound 'A'	53.69	10
	1) Benish, Clare 2) Robinson, Jena		
	3) Kikuchi, LesliAnn 4) Rugani, Ana		

Women 4x400 Meter Relay

Baker Stadiu: 3:51.61 4/22/1995 PLU
NCAA /Auto: 3:49.20
NCAA Provo: 3:59.40

	School	Finals	Points
1	University of Puget Sound 'A'	4:26.23	10
	1) Kelsey, Kathy 2) Schreiner, Molly		
	3) Benish, Clare 4) Rugani, Ana		
2	Saint Martin's University 'A'	4:33.78	8
3	University of Puget Sound 'B'	4:58.75	6
	1) Torgerson-Bell, Chelsea 2) Kikuchi, LesliAnn		
	3) Seisler, Kali 4) Morton, Megan		

Women 4x1600 Meter Relay

	School	Finals	Points
1	University of Puget Sound 'A'	22:53.36	10
	1) Hagney, Alana 2) Orzell, Sarah		
	3) Brevik, Kjirsten 4) Dobson, Hillary		

Women High Jump

Baker Stadiu: 1.73m 4/22/1995 Corrina Wolf, SFU
NCAA /Auto: 1.73m
NCAA Provo: 1.64m

	Name	Year School	Finals	Points
1	Rowe, Nicolette	Ups	1.53m	5-00.25 9
1	Williams, Juliana13	Whitman	1.53m	5-00.25 9
3	Plypick, Taryn	Highline	1.48m	4-10.25 5.5
3	Benish, Clare	Ups	1.48m	4-10.25 5.5

Women Pole Vault

Baker Stadiu: 3.50m 3/6/2004 Allison Hedges, Seattle Pacific Universi
NCAA /Auto: 3.76m
NCAA Provo: 3.30m

	Name	Year School	Finals	Points
1	Heaton, Katie	Ups	3.20m	10-06.00 10
2	Law, Kate	Ups	2.90m	9-06.256.33333
2	Schreiner, Molly	Ups	2.90m	9-06.256.33333
2	Rowe, Nicolette	Ups	2.90m	9-06.256.33333
5	Kajko, Liz	Ups	2.15m	7-00.50 4
--	Randall, Marilee	Ups	NH	
--	Brilley, Joan	Ups	NH	

Women Long Jump

Baker Stadiu: 5.84m 4/18/1992 Stephanie Libbyl, Willamette
NCAA /Auto: 5.80m
NCAA Provo: 5.50m

	Name	Year School	Finals	Points
1	Rugani, Ana	Ups	5.21m	17-01.25 10
2	Robinson, Jena	Ups	5.13m	16-10.00 8
3	Benish, Clare	Ups	5.08m	16-08.00 6
4	Kajko, Liz	Ups	3.97m	13-00.25 5
--	Goe, Becca	Ups	ND	

Women Triple Jump

Baker Stadiu: 11.89m 4/17/1999 Jane Wallace, WWU
NCAA /Auto: 12.10m
NCAA Provo: 11.25m

	Name	Year School	Finals	Points
1	Robinson, Jena	Ups	10.94m	35-10.75 10

Women Shot Put

Baker Stadiu: 48-06.50 3/21/1981 J. Luebke, WVCC
NCAA /Auto: 14.28m
NCAA Provo: 12.86m

	Name	Year School	Finals	Points
1	Locke, Julie	Plu	11.46m	37-07.25 10
2	Henson, Poha	George Fox	8.77m	28-09.25 8
3	Washington, Danika	St. Martin's	6.90m	22-07.75 6
4	Rogers, CoCo	St. Martin's	6.69m	21-11.50 5
--	Steinruck, Alicia	Plu	ND	
--	Benish, Clare	Ups	ND	
--	Rockwell, Cortney	St. Martin's	ND	

Women Discus Throw

Baker Stadiu: 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
NCAA /Auto: 46.50m
NCAA Provo: 41.50m

	Name	Year School	Finals	Points
1	Locke, Julie	Plu	30.40m	99-09 10
2	Lewis, Stephanie	Plu	26.68m	87-06 8

Women Hammer Throw

Baker Stadiu: 46.66m 4/17/1999 Leslie Seeyle, PLU

NCAA /Auto: 52.40m
NCAA Provo: 45.70m

Name	Year	School	Finals	Points
1 Trygg, Carin		UW	46.35m	152-01 10
2 Bocian, Shirley		UW	40.46m	132-09 8
3 Wochnick, Megan		Plu	38.35m	125-10 6
4 Lewis, Stephanie		Plu	36.69m	120-04 5
5 Locke, Julie		Plu	34.92m	114-07 4
6 Henson, Poha		George Fox	33.47m	109-10 3

Women Javelin Throw

Baker Stadiu: 50.37m 4/23/1988 Patricia Perry, Puget Sound
NCAA /Auto: 43.40m
NCAA Provo: 38.50m

Name	Year	School	Finals	Points
1 Rockwell, Cortney		St. Martin's	30.42m	99-10 10
2 Fenn, Lauren		Ups	29.28m	96-01 8
3 Benish, Clare		Ups	18.87m	61-11 6
-- Steinruck, Alicia		Plu	ND	

Men 200 Meter Dash

Baker Stadiu: 21.5h 5/1/1982 Erick Krauss, Portland
NCAA /Auto: 21.25
NCAA Provo: 21.80

Name	Year	School	Finals	Points
1 Brown, Rex		Unattached	23.43	10
2 Cherry, Jarel		St. Martin's	23.92	8
3 Dunston, Trevor		St. Martin's	25.22	6
4 Phan, Ly		Bcc	25.75	5
5 Sawyer, Dale		Fwtc	34.21	4

Men 800 Meter Run

aker Stadiu: 1:50.6h 4/20/1991 Ted Hamlin, SPU
NCAA /Auto: 1:51.30
NCAA Provo: 1:53.60

Name	Year	School	Finals	Points
1 Hemlock, Clay		Highline	1:57.60	10
2 Dickson, Mike		Highline	1:58.13	8
3 Sellon, Tyler		Ups	2:00.30	6
4 Timmer, Caleb		St. Martin's	2:01.05	5
5 Brown, Ben		Plu	2:02.14	4
6 Vanni, Matt		Ups	2:02.17	3
7 Mohoric, Tyler		St. Martin's	2:02.76	2
8 U'Ren, Benjamin		Ups	2:03.79	1
9 Hunt, Skyler		Highline	2:04.34	
10 Carpenter, Chris		St. Martin's	2:04.41	
11 Nugent, Tyler		Plu	2:05.86	
12 Libecap, Chris		Ups	2:07.50	
13 Wilbur, Robbie		St. Martin's	2:08.22	
14 Vawter, Zac		St. Martin's	2:08.67	
15 Gately, Jon		Ups	2:10.08	
16 Kashiwa, Charles		Ups	2:16.58	

Men 3000 Meter Run

Name	Year	School	Finals	Points
1 Carlson, Nathan		Unattached	8:49.23	10
2 Prince, Frank		Ups	8:54.47	8
3 Brown, Ben		Plu	9:01.56	6
4 Obluck, Tris		St. Martin's	9:04.03	5
5 Bailey, Dylan		Highline	9:07.71	4
6 Triggs, Alan		Club Northwest	9:18.68	3
7 Reichert, Kota		Ups	9:19.70	2
8 O'Dea, James		Ups	9:26.24	1
9 Mayers, Nick		Ups	9:56.61	
10 Carpenter, Vic		St. Martin's	10:03.75	
11 Stein, Kevin		Ups	10:07.05	
12 Weimert, Dan		Ups	10:24.12	

Men 110 Meter Hurdles

Baker Stadiu: 14.1h 6/3/1967 Bill Roe, UW
NCAA /Auto: 14.40
NCAA Provo: 14.90

Name	Year	School	Finals	Points
1 Foyston, Jake		Highline	15.25	10
2 Dumm, Ryan		Ups	16.70	8
3 Gause, Greg		Ups	16.92	6
4 Wauters, Michael		Plu	16.93	5

Men 4x100 Meter Relay

Baker Stadiu: 41.40 4/17/1993 Western Oregon
NCAA /Auto: 41.10
NCAA Provo: 42.00

School	Finals	Points
1 University of Puget Sound 'A'	46.49	10
1) Dumm, Ryan 2) Greene, Burch 3) Kramer, Brian 4) Gause, Greg		

Men 4x400 Meter Relay

Baker Stadiu: 3:16.67 4/18/1992 CWU Central Washington University
NCAA /Auto: 3:13.70
NCAA Provo: 3:17.50

School	Finals	Points
1 Saint Martin's University 'A'	3:30.10	10
2 University of Puget Sound 'A'	3:30.79	8
1) U'Ren, Benjamin 2) Vanni, Matt 3) Greene, Burch 4) Sellon, Tyler		
3 Saint Martin's University 'B'	3:42.87	6
4 University of Puget Sound 'B'	3:47.01	5
1) Libecap, Chris 2) Kashiwa, Charles 3) Dumm, Ryan 4) Weimert, Dan		

Men 4x1600 Meter Relay

School	Finals	Points
1 University of Puget Sound 'A'	18:31.40	10
1) Mayers, Nick 2) O'Dea, James 3) Reichert, Kota 4) Prince, Frank		
2 Highline Community College 'A'	19:22.78	8
-- Bellevue Community College 'A'	DNF	

Men High Jump

Baker Stadiu: 6-10.50 6/3/1967 Phil Kastens, Highline CC
NCAA /Auto: 2.12m
NCAA Provo: 2.01m

Name	Year	School	Finals	Points
1 Jones, Kyle		Highline	1.83m	6-00.00 10
2 Turner, James		Highline	1.78m	5-10.006.33333
2 McKiver, Brynew		Highline	1.78m	5-10.006.33333
2 Kramer, Brian		Ups	1.78m	5-10.006.33333
5 Wauters, Michael		Plu	1.60m	5-03.00 4
-- Jensen, Erik		Plu	DNF	

Men Pole Vault

Baker Stadiu: 5.03m 4/18/1992 Curt Heywood, Linfield
NCAA /Auto: 5.03m
NCAA Provo: 4.63m

Name	Year	School	Finals	Points
1 Greene, Burch		Ups	4.11m	13-05.75 10
2 Gause, Greg		Ups	3.93m	12-10.75 8
3 Marshalek, Seth		Clackamus	3.51m	11-06.25 6
4 Marshalek, Steve		Plu	3.36m	11-00.25 5

Men Long Jump

Baker Stadiu: 7.30m 4/22/1995 Rob Rising, CWU
NCAA /Auto: 7.28m
NCAA Provo: 6.90m

Name	Year	School	Finals	Points
1 McKiver, Brynew		Highline	6.76m	22-02.25 10
2 Kramer, Brian		Ups	6.39m	20-11.75 8
3 Timmer, Josh		St. Martin's	6.26m	20-06.50 6
4 Turner, James		Highline	6.22m	20-05.00 5
5 Dunston, Trevor		St. Martin's	5.86m	19-02.75 4
-- Henderson, Justin		Plu	ND	
-- Cherry, Jarel		St. Martin's	ND	

Men Triple Jump

Baker Stadiu: 50-05 4/17/1993 James McCann, Western Oregon College
NCAA /Auto: 14.90m

NCAA Provo: 14.10m

Name	Year	School	Finals		Points
1 Kramer, Brian		Ups	13.20m	43-03.75	10
2 Henderson, Justin		Plu	12.40m	40-08.25	8

Men Shot Put

Baker Stadiu: 57-04 6/3/1967 John Allamano, UW
NCAA /Auto: 17.11m
NCAA Provo: 15.45m

Name	Year	School	Finals		Points
1 Renne, Mark		Plu	14.90m	48-10.75	10
2 Harden, Adam		Plu	14.40m	47-03.00	8
3 Kakaley, Quinton		Plu	14.26m	46-09.50	6
4 Holden, Andy		Plu	14.18m	46-06.25	5
5 Malcolm, David		George Fox	13.11m	43-00.25	4
6 Clements, Rob		Ups	11.83m	38-09.75	3
7 Timmer, Josh		St. Martin's	11.20m	36-09.00	2
8 Davis, Jeremy		St. Martin's	10.93m	35-10.50	1
9 Justham, Drew		Ups	10.66m	34-11.75	
10 Martin, Evan		St. Martin's	9.60m	31-06.00	
-- Moody, Ricky		Highline	ND		
-- Rapaglia, Tony		Unattached	ND		
-- Felotoi, Ponce		St. Martin's	ND		
-- Jensen, Erik		Plu	ND		
-- Johnson, Michael		Plu	ND		
-- Holloway, Andrew		Plu	ND		
-- Jones, Kyle		Highline	ND		
-- Lester, Andre		Highline	ND		
-- Gause, Greg		Ups	ND		

Men Discus Throw

Baker Stadiu: 52.84m 6/4/1966 Al Pemberton, UW
NCAA /Auto: 53.21m
NCAA Provo: 47.47m

Name	Year	School	Finals		Points
1 Wauters, Michael		Plu	32.50m	106-07	10
2 Davis, Jeremy		St. Martin's	28.46m	93-04	8

Men Hammer Throw

Baker Stadiu: 64.84m 4/23/1988 Neil Kneip, Unattached
NCAA /Auto: 57.55m
NCAA Provo: 50.60m

Name	Year	School	Finals		Points
1 Holden, Andy		Plu	37.29m	122-04	10
2 Malcolm, David		George Fox	35.37m	116-00	8
3 Hill, Sam		Ups	28.85m	94-08	6

Men Javelin Throw

Baker Stadiu: 64.32m 4/18/1992 Ken Weinberg, Linfield
NCAA /Auto: 63.40m
NCAA Provo: 57.40m

Name	Year	School	Finals		Points
1 Arenas, Brandon		Whitworth	57.22m	187-09	10
2 Bare, Jeff		Unattached	55.91m	183-05	8
3 Pyle, Casey		Plu	45.04m	147-09	6
4 Lembrecht, Matt		St. Martin's	44.93m	147-05	5
5 Cail, Rob		Highline	43.69m	143-04	4
6 Albertson, Andrew		St. Martin's	41.16m	135-00	3
7 Wauters, Michael		Plu	36.47m	119-08	2
8 Gause, Greg		Ups	31.94m	104-09	1
-- Jensen, Erik		Plu	ND		
-- Rapaglia, Tony		Unattached	ND		

Women - Team Rankings - 15 Events Scored

1) University of Puget Sound	190.50	2) Saint Martin's University	56
3) Pacific Lutheran Universit	43	4) Highline Community Colleg	31.50
5) Univeristy of Washington	18	6) George Fox Univeristy	11
7) Whitman College	9		

Men - Team Rankings - 15 Events Scored

1) University of Puget Sound	120.33	2) Pacific Lutheran Universi	89
3) Highline Community College	81.66	4) Saint Martin's University	71
5) George Fox Univeristy	12	6) Whitworth College	10
7) Clackamas CC	6	8) Bellevue Community Colleg	5
9) Federal Way Track Club	4	10) Club Northwest	3

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Event # 1 WOMENS Hammer Throw

			MEET
1 KELI BURTON	Utah State	162'01.50"	49.42
2 AMANDA GARCIA	Cal Poly	159'05.25"	48.60
3 C. FORSYTHE	BYU	156'09.75"	47.80
4 MAILIA BINGHAM	BYU	156'05.50"	47.69
5 CHERON DAVIS	Washington	146'07.25"	44.69
6 LASHA HILL	Fresno State	136'08.75"	41.68
7 CANDACE JONES	BYU	129'07.50"	39.51
8 K. RICHARDSON	Fresno State	121'11.75"	37.18
9 T. RASMUSSEN	BYU	113'10.00"	34.70
NATASHA SUA	BYU		SCR

Event # 2 MENS Hammer Throw

			MEET
1 JOE VASQUEZ	Fresno State	199'10.00"	60.91
2 JASON CRAWFORD	Unattached	198'06.25"	60.51
3 RYAN BRUHN	Utah State	191'00.75"	58.24
4 COLE SPRAGUE	Unattached	188'11.50"	57.60
5 M. BINGISSER	Washington	185'02.75"	56.46
6 JOSH SIDES	Utah State	178'08.00"	54.46
7 MATT METTLER	UC Santa Barbara	155'07.25"	47.43
8 MIKE PONCETTA	Fresno State	153'08.25"	46.85
9 LEO CHAVEZ	Bakersfield College	150'03.75"	45.82
10 MARK BURTON	Utah State	145'06.00"	44.35
11 DAVE ENDLER	Fresno State	142'08.00"	43.49
12 SHAUN TOLNAY	Unattached	140'09.75"	42.92
13 JON HOWARD	Cal Poly	138'05.00"	42.19
14 LEIGHTON HEAPE	Cal Poly	134'04.75"	40.97
15 MATT STUDWELL	Fresno State	133'06.25"	40.70
16 JOE GUERIN	Fresno State	127'11.75"	39.01
17 TYLER ELLIS	Fresno State	125'10.00"	38.36
18 KENNETH ATKINS	Bakersfield College	119'03.75"	36.37
19 KYLE GALLEMORE	Bakersfield College	112'02.75"	34.21
20 LEO MUNOZ	Bakersfield College	96'04.50"	29.38

Event # 3 WOMENS Pole Vault

				MEET
1 S. MARSHALEK	Washington	12'10.25"	J	3.92
2 KATE SOMA	Washington	12'06.25"	J	3.82
3 M. LENNOX	Fresno State	12'06.25"	J	3.82
4 JILL STARKEY	Shore AC	12'06.25"	J	3.82
5 A. MALAYTHONG	Fresno State	12'06.25"	J	3.82
6 A. WILDHABER	Washington	12'02.25"	J	3.72
7 MYRRIAH SWANGO	Unattached	11'10.50"		3.62
7 A. MCGREGOR	Unattached	11'10.50"	J	3.62
8 LEXINE LESSER	Fresno State	11'10.50"	J	3.62
10 K. MCGREGOR	BYU	11'04.50"		3.47
10 ALSHA THOMPSON	BYU	11'04.50"		3.47
12 MCKENZIE HOBBS	BYU	10'10.50"		3.32
12 ALANA GEISLER	Utah State	10'10.50"		3.32
14 SAM MODEST	Fresno State	10'04.75"		3.17
14 STACI HUNT	Fresno State	10'04.75"		3.17
M. MANSUETTI	Unattached			SCR
JILLIAN SHAW	George Fox			NM
SARAH ROBINSON	Fresno State			NM
TORIA MCMULLEN	BYU			NM
EMILY FRANKS	BYU			NM
KELLY DAHL	Cal Poly			NM
JESSICA HORN	UC Santa Barbara			NM
BETH KESSEY	UC Santa Barbara			NM
AMA NAVIDI	Unattached			NM

Event # 4 MENS Pole Vault

				MEET
1 JON TAKAHASHI	Cal Poly	18'01.25"	J	5.52
2 JUSTIN NORBERG	Shore AC	18'01.25"	J	5.52
3 S SLOVER	Unattached	17'09.25"	J	5.42
4 DEAN STARKEY	Shore AC	17'05.25"	J	5.32
5 PAUL TEREK	WGADC	16'05.50"	J	5.02
6 CHRISTIAN LEE	Utah State	16'05.50"	J	5.02
7 MARK MORTELLO	UC Santa Barbara	16'05.50"	J	5.02
8 JOHN BESMER	Shore AC	16'05.50"	J	5.02
9 MCKANE LEE	Washington	16'01.50"	J	4.92
10 ROY PHELPS	Fresno State	15'09.75"	J	4.82
11 SETH PERRINS	Washington	15'09.75"	J	4.82
12 MATT SHEEHAN	Unattached	15'03.75"	J	4.67
13 ADAM ANDERSEN	Fresno State	15'03.75"	J	4.67
14 LEIF MCMURRAY	Fresno State	14'09.75"	J	4.52
15 EUGENE TUZKOU	UC Santa Barbara	14'04.00"	J	4.37
16 DAVID LOOMIS	Utah State	14'04.00"	J	4.37
17 ANDREW ZAMARA	UC Santa Barbara	13'04.00"	J	4.07
18 CLARK HATCHET	UC Santa Barbara	13'04.00"	J	4.07
18 DARYL PHOEN	Fresno State	13'04.00"	J	4.07
MARK UNZUETA	Unattached			SCR
KYLE WOLF	Shore AC			SCR
JOEL KRIWINSKI	Unattached			SCR
SEAN BIGNOMI	UC Santa Barbara			SCR
SEAN BROWN	Unattached			NM
BRAD PICKETT	Shore AC			NM
MATHEW TOONE	Utah State			NM
DAVE POMFRET	Unattached			NM
ANDY HAEHLEN	George Fox			NM
TRAVIS LALOCI	George Fox			NM
STEVE MORRIS	Unattached			NM
SAM ROBERTS	Washington			NM

Event # 5 WOMENS Long Jump

			MEET
1 GRACE VELA	Washington	19'06.50"	5.96
2 C. STAFFORD	Cal Poly	18'06.25"	5.65
3 LIIS BERENDSEN	BYU	18'04.25"	5.60
4 L. SOMMERS	BYU	17'10.00"	5.44
5 K. RYWELSKA	BYU	17'07.25"	5.37
6 CACHET WEBB	Utah State	17'03.75"	5.28
7 ASHLEY COELHO	UC Santa Barbara	17'02.25"	5.24
8 K. MCGREGOR	BYU	16'09.50"	5.12
9 W. FLETCHER	Fresno State	16'07.00"	5.06
10 KATIE KRAMER	UC Santa Barbara	16'03.50"	4.97
11 K. MONTGOMERY	BYU	15'09.25"	4.81
TONISHA HENSON	Fresno State		FOUL

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Event # 6 MENS Long Jump

				MEET
1 TYRONE WARD	CCSD	24'06.25"		7.48
2 T. CHATTERTON	Fresno State	22'05.25"		6.84
3 JOEY HAUSER	Cal Poly	21'10.50"		6.67
4 ROY PHELPS	Fresno State	21'07.00"		6.58
A 5 ADAM PUCKETT	George Fox	21'06.50"		6.57
6 MATT ANDERSON	BYU	21'05.25"		6.54
7 CHRIS BOYLES	WGADC	21'03.75"		6.50
8 MONTRELL DUNN	BYU	20'08.00"		6.30
9 DREW MAVES	George Fox	19'11.75"		6.09
10 BRYAN WADLOW	George Fox	19'11.25"	J	6.08
11 EMILIO VELA	George Fox	19'05.25"		5.93
12 SAMMY SUMLIN	Bakersfield College	17'07.75"		5.38
MARIO MELEVA	Bakersfield College			SCR
DWIGHT GUPTON	Bakersfield College			SCR

Event # 7 WOMENS Javelin Throw

			MEET
1 MALLORY WEBB	Fresno State	154'09.75"	47.19
2 M. SPRIESTERBACH	Washington	153'03.75"	46.73
3 TIFFANY ZAHN	Washington	146'08.00"	44.71
4 T. RASMUSSEN	BYU	133'06.25"	40.70
5 MARET KOMAROVA	BYU	131'06.50"	40.10
6 D. DEBEAUBIEN	UC Santa Barbara	123'04.50"	37.61
7 LINDSEY FORD	BYU	122'06.00"	37.34
8 DANYA BARRETT	Utah State	116'09.00"	35.59
9 TORI BLACK	George Fox	109'06.75"	33.40
10 K. MEMMOTT	Utah State	104'07.75"	31.90
11 A. WALCOTT	BYU	102'08.25"	31.30
12 LIIS BERENDSEN	BYU	98'00.25"	29.88
13 K. RICHARDSON	Fresno State	95'10.25"	29.22
14 TONISHA HENSON	Fresno State	95'07.00"	29.14
15 SARAH CASWELL	Fresno State	95'02.50"	29.02
16 L. PFEFFER	Unattached	55'08.50"	16.98

Event # 8 MENS Javelin Throw

			MEET
1 BRIAN HARRIS	Washington	219'10.50"	67.02
2 RIGEL WISE	Washington	215'00.25"	65.54
3 RYAN JAMES	Unattached	214'10.50"	65.50
4 MATT JOHNSTON	BYU	206'11.75"	63.09
5 MATT HICKMAN	BYU	200'01.50"	61.00
6 JUAN ROMERO	Washington	185'07.75"	56.59
7 PAUL WALKER	Utah State	165'04.50"	50.41
8 DEVIN HOWE	BYU	160'09.50"	49.01
9 ROSS SPRAGUE	Fresno State	160'06.75"	48.94
10 K. VAN HOUTEN	Cal Poly	160'02.75"	48.84
11 JOHN RUDER	Bakersfield College	160'00.00"	48.77
12 CURTIS PUGSLEY	BYU	157'10.75"	48.13
13 BEN DILLOW	George Fox	152'11.75"	46.63
14 DEVIN SCORESBY	BYU	145'05.50"	44.34
15 JOSH QUIAMBAO	Fresno State	131'02.25"	39.99
16 G. LICATA	UC Santa Barbara	127'11.75"	39.01
17 CHRIS WEIRICH	BYU	95'03.25"	29.04
JOE VASQUEZ	Fresno State		SCR

Event # 9 WOMENS Shot Put

			MEET
1 AMANDA GARCIA	Cal Poly	49'09.50"	15.18
2 KELI BURTON	Utah State	48'11.00"	14.91
3 LASHA HILL	Fresno State	43'04.75"	13.23
4 MARET KOMAROVA	BYU	43'01.25"	13.14
5 C. FORSYTHE	BYU	42'10.50"	13.07
6 CHERON DAVIS	Washington	42'07.75"	13.00
7 CLAIRE MILLER	Cal Poly	41'10.75"	12.77
8 MARY BEEMAN	Washington	41'03.25"	12.58
9 CANDACE JONES	BYU	38'03.75"	11.68
10 K. RICHARDSON	Fresno State	37'11.50"	11.57
11 A. WALCOTT	BYU	37'10.25"	11.54
12 TONISHA HENSON	Fresno State	29'08.25"	9.05
13 K. MONTGOMERY	BYU	28'10.75"	8.81
S. BROWN	Unattached		SCR

Event # 10 MENS Shot Put

			MEET
1 D. ARRHENIUS	BYU	55'01.25"	16.80
2 LEIGHTON HEAPE	Cal Poly	53'10.00"	16.41
3 JON HOWARD	Cal Poly	53'05.25"	16.29
4 CHRIS WHITE	Cal Poly	52'07.75"	16.05
5 DAVE ENDLER	Fresno State	49'08.25"	15.15
6 JOE VASQUEZ	Fresno State	49'05.25"	15.07
7 JOE GATEWOOD	Washington	47'02.50"	14.39
8 EVAN WILSON	Washington	47'00.75"	14.35
9 TYLER ELLIS	Fresno State	45'07.00"	13.90
10 LEO CHAVEZ	Bakersfield College	44'03.75"	13.51
11 JOE GUERIN	Fresno State	41'04.00"	12.60
12 KENNETH ATKINS	Bakersfield College	39'02.25"	11.95
JOSH SIDES	Utah State		SCR
MARK BURTON	Utah State		FOUL

Event # 11 WOMENS High Jump

				MEET
1 SHARON DAY	Cal Poly	6'00.25"	J	1.84
2 KAYLENE WAGNER	Cal Poly	6'00.25"	J	1.84
3 KAYLA PETITT	UC Santa Barbara	5'04.50"	J	1.64
3 JENNY MOORE	Fresno State	5'04.50"	J	1.64
AB 5 M. FORBES	George Fox	5'04.50"	J	1.64
6 L. SCHROEDER	Utah State	5'04.50"	J	1.64
7 H. HERNANDEZ	UC Santa Barbara	5'04.50"	J	1.64
8 KRISTIN HIRST	BYU	5'02.50"	J	1.59
9 A. WALCOTT	BYU	5'02.50"	J	1.59
9 LIIS BERENDSEN	BYU	5'02.50"	J	1.59
11 MISTY BREWSTER	UC Santa Barbara	5'00.50"	J	1.54
12 C. THISSELLE	Utah State	5'00.50"	J	1.54
13 H. WALBERG	Fresno State	5'00.50"	J	1.54
SYDNEY BROWN	Washington			SCR
GRACE VELA	Washington			NM
SARAH ROBINSON	Fresno State			NM

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Event # 12 MENS High Jump

				MEET
1 JAMES OMAN	BYU	6'07.50"	J	2.02
2 D. HOLLOWAY	Fresno State	6'03.50"	J	1.92
3 AARON FORMELLA	Cal Poly	6'03.50"	J	1.92
4 BRETT YEAGER	George Fox	6'01.50"	J	1.87
5 REECE HULBERT	Utah State	6'01.50"	J	1.87
6 BEN DILLOW	George Fox	6'01.50"	J	1.87
MARIO MELEVA	Bakersfield College			SCR
CHRIS BOYLES	WGADC			SCR
CHAD HITCHCOCK	Bakersfield College			NM
JAMAAL DABBS	Bakersfield College			NM

Event # 13 WOMENS Discus Throw

			MEET
1 KELI BURTON	Utah State	165'07.00"	50.47
2 K. RICHARDSON	Fresno State	151'10.75"	46.30
3 LASHA HILL	Fresno State	140'09.75"	42.92
4 MAILIA BINGHAM	BYU	125'03.00"	38.18
5 C. FORSYTHE	BYU	122'04.75"	37.31
6 CLAIRE MILLER	Cal Poly	117'11.25"	35.95
7 CANDACE JONES	BYU	110'08.50"	33.75
8 MARET KOMAROVA	BYU	110'03.00"	33.61
9 MALLORY WEBB	Fresno State	95'03.50"	29.05
NATASHA SUA	BYU		SCR
S. BROWN	Unattached		SCR

Event # 14 MENS Discus Throw

			MEET
1 N. ARRHENIUS	BYU	193'00.00"	58.83
2 D. ARRHENIUS	BYU	173'04.25"	52.84
3 JOE VASQUEZ	Fresno State	168'09.00"	51.44
4 WILL CONWELL	Washington	168'07.50"	51.40
5 CHRIS WHITE	Cal Poly	158'09.50"	48.40
6 RYAN BRUHN	Utah State	153'02.50"	46.70
7 DAVE ENDLER	Fresno State	150'09.00"	45.95
8 PAUL TEREK	WGADC	146'03.50"	44.59
9 JOE GUERIN	Fresno State	144'08.00"	44.10
10 MARK BURTON	Utah State	142'05.25"	43.42
11 TYLER ELLIS	Fresno State	141'09.00"	43.21
12 JOE GATEWOOD	Washington	140'04.50"	42.79
13 K. VAN HOUTEN	Cal Poly	140'03.75"	42.77
14 LEO CHAVEZ	Bakersfield College	136'03.25"	41.54
15 MATT METTLER	UC Santa Barbara	136'00.25"	41.46
16 MATT STUDWELL	Fresno State	131'07.50"	40.12
17 MIKE PONCETTA	Fresno State	129'10.50"	39.59
18 CURTIS PUGSLEY	BYU	124'08.75"	38.02
19 DEVIN HOWE	BYU	122'10.25"	37.45
20 DEVIN SCORESBY	BYU	115'02.50"	35.12
21 CHRIS WEIRICH	BYU	103'02.00"	31.45
JOSH SIDES	Utah State		SCR
KYLE GALLEMORE	Bakersfield College		FOUL
CHRIS BOYLES	WGADC		FOUL

Event # 15 WOMENS Triple Jump

				MEET
1 K. RYWELSKA	BYU	42'01.00"		12.83
2 JENNY MOORE	Fresno State	39'00.00"		11.89
3 L. SOMMERS	BYU	38'11.50"		11.88
4 B. ROBERTS	Washington	38'05.25"	J	11.72
5 CORRIE BAER	Cal Poly	38'05.25"	J	11.72
6 TONISHA HENSON	Fresno State	37'05.00"		11.41
7 D. HARPER	Fresno State	36'11.50"		11.27
8 JACKIE SALAMON	Unattached	36'00.25"		10.98
9 ASHLEY COELHO	UC Santa Barbara	35'09.00"		10.90
10 M. FORBES	George Fox	34'06.75"		10.54
C. STAFFORD	Cal Poly			SCR

Event # 16 MENS Triple Jump

			MEET
1 MATT ANDERSON	BYU	49'06.25"	15.10
2 JOEY HAUSER	Cal Poly	46'02.25"	14.08
3 EMILIO VELA	George Fox	43'09.50"	13.35
4 BRYAN WADLOW	George Fox	41'08.25"	12.71
CHAD HITCHCOCK	Bakersfield College		SCR
JAMAAL DABBS	Bakersfield College		SCR
SAMMY SUMLIN	Bakersfield College		SCR
MONTRELL DUNN	BYU		SCR
ADAM PUCKETT	George Fox		SCR

Event # 17 WOMENS 3000M Steeple

1 T. STRICKLAND	Utah State	11:06.13
2 ASHLEY JOHNSON	Utah State	11:13.07
3 LIDA CLAPIER	Utah State	11:14.00
4 E. PRESTWICH	Utah State	11:16.63
5 C. STEWART	Fresno State	11:32.83
6 CHRISTI HOWELL	Utah State	11:37.78
7 ANDREA BUCKNER	Fresno State	11:39.64
8 NICOLIN NEAL	Fresno State	11:49.25
9 D. RAMIREZ	Fresno State	11:59.62
10 ALISON MASSETI	Cal Poly	12:09.79
11 BETH MOYER	George Fox	13:13.44

Event # 18 MENS 3000M Steeple

1 JOSH MCADAMS	BYU	9:05.26
2 C. CAMPBELL	Utah State	9:46.13
3 NICK ZOETEWAY	Cal Poly	9:47.51
4 K. CIRRINCIONE	Fresno State	9:48.20
5 CARTER PHELPS	UC Santa Barbara	9:56.62
6 DAVID BEALS	UNAT	10:30.71
7 J. CARRILLO	Bakersfield College	10:33.50
8 CURTIS BARELA	Unattached	10:35.18
9 JUSTIN ZWEIG	Santiago Canyon Coll	10:59.48
10 F. AREOLA	Bakersfield College	11:06.96
11 RICH EVANSON	BYU	11:06.98

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Event # 19 WOMENS 4x100M Relay

1 CAL POLY A	Cal Poly	47.11
2 WASHINGTON A	Washington	47.65
3 BYU A	BYU	47.78
4 FRESNO STATE A	Fresno State	47.94
5 UTAH STATE A	Utah State	47.97
6 BYU B	BYU	48.47

Event # 20 MENS 4x100M Relay

1 BYU A	BYU	41.25
2 WASHINGTON A	Washington	41.43
3 UTAH STATE A	Utah State	42.08
4 GEORGE FOX A	George Fox	42.91
5 FRESNO STATE A	Fresno State	43.35
CAL POLY A	Cal Poly	DNF

Event # 21 WOMENS 100M Hurdles

3 AMY MENLOVE	BYU	14.00
4 BRYNNE STEWARD	Washington	14.64
5 GRACE VELA	Washington	14.68
6 HARPER DOMO	Fresno State	14.77
7 AMBER JUDD	Utah State	14.90
8 JANA YOUNG	Utah State	14.99
9 T. TEERLINK	BYU	15.06
10 AMBER HANSON	Utah State	15.08
11 LIIS BERENDSEN	BYU	15.40
12 TONISHA HENSON	Fresno State	15.56
13 L. SOMMERS	BYU	15.59
14 DANYA BARRETT	Utah State	15.75
15 MIRIAM FISHER	BYU	16.03
16 K. MONTGOMERY	BYU	16.44
17 LINDSAY FINNEY	George Fox	17.54
18 JULIEKAY BROWN	George Fox	17.77

Event # 22 MENS 110M Hurdles

1 JEROME MILLER	Bakersfield College	14.05
2 BEN GARDNER	BYU	14.46
3 MARC JAMES	Washington	14.49
4 CHASE RICHINS	Utah State	14.99
5 PAUL ADAMS	Cal Poly	15.07
5 MIKE CARAWAY	Cal Poly	15.07
7 DAYMON VISSER	BYU	15.08
8 JESSE WHITE	Fresno State	15.17
9 CURTIS PUGSLEY	BYU	15.24
10 JOSH MACH	Fresno State	15.62
11 PAUL TEREK	WGADC	15.67
12 JEREMY MILLER	Bakersfield College	15.93
13 BEN DILLOW	George Fox	16.09
14 DEVIN HOWE	BYU	16.13
15 KENNY MURDOCK	Utah State	16.15
16 SETH HARBIS	George Fox	16.17
17 DEVIN SCORESBY	BYU	16.24
18 CHRIS WEIRICH	BYU	16.71
19 ALAN FLORESCA	Fresno State	16.78
20 ERIC WELCH	Fresno State	17.05
21 H. HERNANDEZ	Fresno State	17.47

Event # 23 WOMENS 400M Dash

1 LEBREN MARTIN	Cal Poly	56.80
2 R. TUELLER	Utah State	57.25
3 LAURA EVANS	BYU	58.40
4 JCIE PARKS	Fresno State	59.24
5 SAMANTHA SARPY	Fresno State	1:00.11
6 AERON ARLIN	Aggies	1:00.25
7 WENDY FORTINO	Aggies	1:00.25
8 B. GILBERT	Fresno State	1:00.97

Event # 24 MENS 400M Dash

1 DAVID CHESSER	BYU	47.96
2 JOE PAPPALARDO	Cal Poly	48.36
3 CRISTIAN ADAMS	Washington	48.75
4 RICO MORALES	Fresno State	48.79
5 NICK WILLIAMS	Washington	48.85
6 TRACI SESSION	Cal Poly	49.78
7 KANSAS WHITEAR	BYU	49.94
8 PAUL SMITH	BYU	50.09
9 CURTIS KILLJOY	Unattached	50.24
10 JOSHUA STOKES	Utah State	50.48
11 B. MARTIN	Utah State	50.49
12 WES ERVIN	Cal Poly	51.10
13 JUSTIN MORGAN	UC Santa Barbara	51.15
14 BRANDON JONES	Fresno State	51.31
15 TERRY BOWEN	Unattached	51.33
16 GREG JENESS	Fresno State	51.59
17 RYAN STICKA	George Fox	52.44
18 P. DAWKINS	UC Santa Barbara	53.10
19 MARC JAMES	Washington	53.11
20 ADAM ARRIALA	Bakersfield College	53.44
21 PAT GURIN	Aggies	54.64

Event # 25 WOMENS 1500M Run

1 KIRSTY BARRUS	BYU	4:33.10
2 ANGELA WISHAAR	Washington	4:33.66
3 ANNE HEINER	BYU	4:33.75
4 KARA JUNE	Fresno State	4:34.11
5 K. SCHLEGEL	Cal Poly	4:34.72
6 C. CONNELLY	Washington	4:34.80
7 AMY EGAN	Utah State	4:40.05
8 KATIE MURPHY	Cal Poly	4:40.07
9 D. DEJESUS	UC Santa Barbara	4:40.59
10 MARIE FOUSHEE	Washington	4:41.08
11 RACHEL PETERS	Cal Poly	4:43.93
12 KRISTEN COOMBS	Utah State	4:46.50
13 L. HALVERSON	Washington	4:46.64

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14 D. ZELINSKI	UC Santa Cruz	4:51.55
15 TIFFANY ARMEL	UC Santa Barbara	4:52.75
16 C. FARSON	UC Santa Barbara	4:56.75
17 L. FISCHER	George Fox	4:59.11
18 L. SEVERINO	Unattached	5:03.13
19 BETH JERTBERG	George Fox	5:09.06
20 ARIANE BURWELL	UC Santa Barbara	5:11.50
21 ANNE SHULTZ	UC Santa Cruz	5:12.75
22 SYLVIA MEDRANO	Fresno State	5:13.69
23 OLIVIA VEGH	UC Santa Cruz	5:32.89

Event # 26 MENS 1500M Run

1 MATT JOHNSRUD	Cal Poly	3:47.93
2 RYAN MOORCROFT	Cal Poly	3:48.27
3 ANDY FADER	Washington	3:48.34
4 PHILLIP REID	Cal Poly	3:48.62
5 DUSTIN TRAIL	BYU	3:49.16
6 SEAN RICKETTS	Cal Poly	3:49.46
7 ALEX MASON	Unattached	3:49.59
8 DOUG HALL	BYU	3:51.20
9 JON HICKEY	Washington	3:51.67
10 MARIO MACIAS	Cal Poly	3:52.17
11 LUKE LLAMAS	Cal Poly	3:53.94
12 TROY SWIER	Unattached	3:55.22
13 RICH EVANSON	BYU	3:56.87
14 LOREN BLAND	UC Santa Barbara	4:00.71
15 KIETH HANKINS	Cal Poly	4:02.20
16 TIM FREEMAN	Washington	4:02.86
17 JOSH RODDY	Fresno State	4:03.50
18 STIG ELLINGSEN	Washington	4:03.85
19 J.D. KRAWCZYK	Santiago Canyon Coll	4:05.07
20 MATT ADAMS	BYU	4:05.86
21 Micheal Owen	George Fox	4:07.24
22 JASON BOYCE	UC Santa Barbara	4:13.56
23 BRETT UDY	Utah State	4:15.68
24 BRUCE JACKSON	Washington	4:16.91
25 SEAN HANNING	Fresno State	4:18.25
26 JAKE MOE	George Fox	4:23.59
27 ART GONZALEZ	Bakersfield College	4:40.51
28 R. HERNANDEZ	Bakersfield College	4:57.64

Event # 27 WOMENS 100M Dash

1 C. PHILLIPS	Fresno State	11.95
2 LAUREN DIGNAM	Washington	12.09
3 AMY MENLOVE	BYU	12.20
4 NIKKI CHASE	Cal Poly	12.28
5 J. ROCKWELL	BYU	12.29
6 K. HIRASHIMA	Cal Poly	12.55
7 SHERYL GARNER	BYU	12.82
8 KATHLEEN HOBBS	Utah State	12.94
9 C. NICHOLSON	Fresno State	13.19
10 JILLIAN SHAW	George Fox	14.35
11 MONA MATHEWS	George Fox	14.39

Event # 28 MENS 100M Dash

1 DAVAON SPENSE	Washington	10.55
2 E.J. JACKSON	Unattached	10.58
3 TRAVIS MORSE	Cal Poly	10.59
4 DEJUAN SMITH	Utah State	10.91
A 5 BEN SALISBURY	George Fox	10.94
6 JESSIE SMITH	Fresno State	10.98
7 KEIKEI CASTEEL	Bakersfield College	11.02
8 RANDY SAMUELS	Cal Poly	11.03
9 DAVID GILES	Cal Poly	11.05
10 T. CHATTERTON	Fresno State	11.08
11 BRENTON LAWS	Washington	11.16
12 MONTRELL DUNN	BYU	11.17
13 DREW MAVES	George Fox	11.41
14 BRAD PICKETT	Shore AC	11.44
15 JOSH QUIAMBAO	Fresno State	11.57
16 JOSE LOERD	Fresno State	11.66

Event # 29 WOMENS 400M Hurdles

1 C. JENSEN	Washington	1:02.51
2 T. TEERLINK	BYU	1:03.52
3 AMBER JUDD	Utah State	1:03.87
4 S. HALL	UC Santa Barbara	1:05.14
5 BRYNNE STEWARD	Washington	1:05.96
6 AMBER HANSON	Utah State	1:06.15
7 LAURIE SHAKETT	UC Santa Barbara	1:06.46
8 L. MCMANUS	Unattached	1:07.84
9 ASHLEY COELHO	UC Santa Barbara	1:09.05
10 JULIEKAY BROWN	George Fox	1:11.11
11 DIANA JOYNER	UC Santa Barbara	1:13.45
12 BECCA DUBY	George Fox	1:14.79
13 LINDSAY FINNEY	George Fox	1:15.39
14 EMILY PEGAN	Fresno State	1:15.87

Event # 30 MENS 400M Hurdles

1 JEROME MILLER	Bakersfield College	52.53
2 BEN GARDNER	BYU	52.57
3 RYAN MOORE	Fresno State	53.39
AB 4 SETH HARBIS	George Fox	53.89
5 KANSAS WHITEAR	BYU	54.60
6 SEAN WILLIAMS	Washington	54.62
7 DEVIN HOWE	BYU	55.01
8 CHASE RICHINS	Utah State	55.32
9 ROBERT GOMEZ	Bakersfield College	55.53
10 PHIL MCCARY	Washington	55.59
11 MIKE BOULTON	Cal Poly	56.29
12 JEREMY MILLER	Bakersfield College	57.65
13 BEN EICHENBERG	George Fox	59.37
14 ERIC WELCH	Fresno State	1:01.25
15 ALAN FLORESCA	Fresno State	1:01.50
16 H. HERNANDEZ	Fresno State	1:03.67

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Event # 31 WOMENS 800M Run

1 L. EGERDAHL	Washington	2:09.70
2 AERON ARLIN	Aggies	2:10.01
3 JULIE CAMERION	BYU	2:10.56
4 KIRA HARRISON	Washington	2:10.58
5 NZI EVANS	Fresno State	2:13.10
6 WENDY FORTINO	Aggies	2:13.22
7 BRIANNA MCLEOD	Washington	2:13.33
8 AMY LIA	Washington	2:14.74
9 JILL STEELE	Utah State	2:15.58
10 CHRISTINE OLIN	Aggies	2:16.93
11 JENNIFER TYLER	Fresno State	2:17.13
12 ALLISON PASSEY	BYU	2:17.14
13 K. SCHLEGEL	Cal Poly	2:17.28
14 R. PETERS	UC Santa Barbara	2:17.36
15 SARAH DIMICK	Utah State	2:18.53
16 S. INGEBRETSEN	BYU	2:20.05
17 ASHLEE DRADY	UC Santa Barbara	2:22.24
18 OLIVIA VEGH	UC Santa Cruz	2:23.00
19 KRISTEN CHADEZ	UC Santa Barbara	2:23.63
20 RACHEL PETERS	Cal Poly	2:24.14
21 KACIE FISCHER	Unattached	2:25.36
22 HADAS MOSER	UC Santa Barbara	2:26.39
23 SARA MILLER	George Fox	2:28.72
24 S. SPACKMAN	Utah State	2:29.40

Event # 32 MENS 800M Run

1 L. KJERENGTROEN	BYU	1:51.27
2 CHAD SIMKINS	BYU	1:51.31
3 CARL MOE	Washington	1:51.84
4 JOHN RUSSELL	Washington	1:52.48
5 JEFF TAYLOR	BYU	1:52.82
6 TODD ARNOLD	Washington	1:53.63
7 JEFF HOPKINSON	BYU	1:53.92
8 ROOSEVELT COOK	Aggies	1:54.36
9 KIETH HANKINS	Cal Poly	1:55.12
10 LEON SMITH	Cal Poly	1:55.61
11 KEVIN HOLLOWAY	Fresno State	1:55.81
12 K. SUNDERLUND	Unattached	1:55.95
13 CRAIG BOWN	Utah State	1:56.54
14 NICK CRAMER	Bakersfield College	1:56.91
15 AARON BERRY	Fresno State	1:57.10
16 SEAN MARZOLF	Fresno State	1:57.16
17 JUSTIN COBURN	UC Santa Barbara	1:58.90
18 PATRICK DERRY	UC Santa Barbara	2:00.00
19 YANCE FAWCETT	Utah State	2:00.74
20 BRYAN COBB	George Fox	2:03.79
21 EDDIE GUELFI	George Fox	2:05.37
22 ANDREW PAINE	George Fox	2:06.99
23 NAVIE SEKHON	Bakersfield College	2:08.61
24 ART GONZALEZ	Bakersfield College	2:13.58

Event # 33 WOMENS 200M Dash

1 C. PHILLIPS	Fresno State	24.71
2 J. ROCKWELL	BYU	24.83
3 LAUREN DIGNAM	Washington	24.91
4 LEBREN MARTIN	Cal Poly	24.92
5 AMY MENLOVE	BYU	25.15
6 NIKKI CHASE	Cal Poly	25.81
7 LAURA EVANS	BYU	26.00
8 JCIE PARKS	Fresno State	26.17
9 CORRIE BAER	Cal Poly	26.33
10 CACHET WEBB	Utah State	26.48
11 MARY BENNION	BYU	26.97
12 KATHLEEN HOBBS	Utah State	26.98
13 SAMANTHA SARPY	Fresno State	27.22
14 B. GILBERT	Fresno State	27.25
15 C. NICHOLSON	Fresno State	28.11
16 MIRIAM FISHER	BYU	30.24

Event # 34 MENS 200M Dash

1 DAVAON SPENSE	Washington	21.92
2 PAUL SMITH	BYU	21.99
A 3 BEN SALISBURY	George Fox	22.04
4 JOE OKAFOR	Cal Poly	22.35
5 KEIKEI CASTEEL	Bakersfield College	22.53
6 BRENTON LAWS	Washington	22.55
7 DAVID GILES	Cal Poly	22.56
8 PAUL ADAMS	Cal Poly	22.58
9 P. Davidson	Washington	22.61
10 JUSTIN MORGAN	UC Santa Barbara	22.80
11 ACHEBE HOPE	GBTC	23.01
12 GREG JENNERS	Fresno State	23.08
13 R. Carpenter	AIR FORCE	23.28
14 P. DAWKINS	UC Santa Barbara	23.47
15 ADAM ARRIALA	Bakersfield College	23.49
16 Daniel Barrera	AIR FORCE	27.38

Event # 35 WOMENS 5KM Run

1 R. VALLIERE	Cal Poly	17:36.66
2 KARA JUNE	Fresno State	17:46.12
3 AMBER SIMMONS	Cal Poly	17:49.32
4 C. CABINILLAS	Utah State	17:57.88
5 ANDREA BUCKNER	Fresno State	18:10.61
6 K. BROWNING	Unattached	18:21.61
7 REBECCA MEIER	Utah State	18:33.46
8 KATIE MACMANUS	Cal Poly	18:53.84
9 ALISA GAMMON	UC Santa Barbara	19:00.86
10 D. RAMIREZ	Fresno State	19:17.90
11 WHITNEY HARRIS	George Fox	19:21.60
12 SYLVIA MEDRANO	Fresno State	19:54.95

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Event # 36 MENS 5KM Run

1 RYAN HAYES	Addidas Transports	14:35.46
2 TREVOR BALL	Utah State	14:38.03
3 N. BRASSMASSERY	Cal Poly	14:42.93
4 DAVID DANLEY	Utah State	14:43.56
5 JEFF PORTO	Cal Poly	14:43.66
6 BLAKE SWIER	Cal Poly	14:43.95
7 CLARK BRYNER	Utah State	14:53.15
8 IAN MASON	Fresno State	15:06.85
9 STEW HARWELL	UC Santa Barbara	15:11.18
10 RICH NELSON	BYU	15:13.17
11 G. PEREZCHICA	Bakersfield College	15:13.75
12 MATT SWANEY	Cal Poly	15:14.93
13 MARTIN PENNELL	Unattached	15:18.18
14 TOM PHELPS	Unattached	15:27.95
15 JOHN MANTALAS	Unattached	15:32.76

Event # 37 WOMENS 4x400M Relay

1 WASHINGTON A	Washington	3:48.41
2 BYU A	BYU	3:48.78
3 FRESNO STATE A	Fresno State	3:51.57
4 UTAH STATE A	Utah State	3:58.37
5 BYU B	BYU	4:05.56
6 Washington B	Washington	4:06.73
7 UC Santa Barbara A	UC Santa Barbara	4:06.81
8 GEORGE FOX A	George Fox	4:24.53

Event # 38 MENS 4x400M Relay

1 WASHINGTON A	Washington	3:11.56
2 FRESNO STATE A	Fresno State	3:12.87
3 BYU A	BYU	3:15.31
4 Washington B	Washington	3:17.43
5 CAL POLY B	Cal Poly	3:18.58
6 BYU B	BYU	3:18.70
7 UTAH STATE A	Utah State	3:21.39
8 BYU C	BYU	3:22.21
9 FRESNO STATE B	Fresno State	3:24.45
10 BAKERSFIELD	Bakersfield College	3:27.73
11 UNAT A	UNAT	3:31.77
12 GEORGE FOX B	George Fox	3:35.17

NWC 6way - 3/13/2004

Colcord Field, Newberg, OR
Sunny, warm, slight breezes

WOMEN'S Results

Team Scoring

1) Willamette University	250.50	2) Linfield College	165.50
3) University of Puget Sound	92	4) Lewis & Clark College	74
5) George Fox University	**55**	6) Pacific University	46

Event 1 Women 100 Meter Dash

1	Reece, Jazzmin	Willamette	12.98	1	10
2	Patterson, Lindsey	Willamette	13.00	1	8
3	Miles, Shannon	George Fox Unive	13.39	1	6 ##
4	Stiglmeier, Caitlin	Linfield College	13.44	1	5
5	Wilson, Erin	Pacific U.	13.74	1	4
6	Barker, Brooke	Pacific U.	13.80	1	3
7	Shaw, Jillian	George Fox Unive	14.42	2	2 **
8	Matthews, Mona	George Fox Unive	14.65	2	1 ##

Event 2 Women 200 Meter Dash

1	Hanson, Mariah	Willamette	25.99	1	10
2	Swan, Jody	Lewis & Clark Co	J25.99	1	8
3	Newell, Kelsey	Linfield College	26.57	1	6
4	Patterson, Lindsey	Willamette	26.62	1	5
5	Reece, Jazzmin	Willamette	26.66	1	4
6	Miles, Shannon	George Fox Unive	27.54	2	3 ##
7	Wilson, Erin	Pacific U.	28.10	1	2
-	Matthews, Mona	George Fox Unive	30.34		##

Event 3 Women 400 Meter Dash

1	Swan, Jody	Lewis & Clark Co	57.97	10
2	Hanson, Mariah	Willamette	58.96	8
3	Newell, Kelsey	Linfield College	59.02	6
4	Moore, Leah	Linfield College	1:01.17	5
5	Kelsey, Kathy	Puget Sound	1:04.71	4
6	Williams, Ashleigh	Willamette	1:06.71	3
7	Blagden, Bonar	Puget Sound	1:07.11	2

Event 4 Women 800 Meter Run

1	Andrews, Alicia	Willamette	2:18.83	1	10
2	Killam, Carly	Willamette	2:21.88	1	8
3	Vandehey, Stephanie	Willamette	2:22.20	1	6
4	Murphy, Joanna	Linfield College	2:23.82	1	5
5	Grossman, Sadie	Lewis & Clark Co	2:25.36	2	4
6	Schreiner, Molly	Puget Sound	2:26.65	2	3
7	Orzell, Sarah	Puget Sound	2:31.13	2	2
8	Miller, Sara	George Fox Unive	2:32.18	1	1 **

Event 5 Women 1500 Meter Run

1	Grossman, Sadie	Lewis & Clark Co	4:50.21	10
2	Phimister, Molly	Willamette	4:52.68	8
3	Witt, Meryl	Linfield College	4:53.88	6
4	Hagney, Alana	Puget Sound	4:59.89	5
5	Orzell, Sarah	Puget Sound	5:02.25	4
6	Wright, Bobbi	Willamette	5:04.66	3
-	Brittian, Kaycee	Bruin Track Club	5:08.06	2 **
7	Beebe, Ellen	Willamette	5:09.17	2
8	Harris, Whittney	George Fox Unive	5:10.21	1 **
-	Jertberg, Beth	George Fox Unive	5:18.46	##
-	Geertz, Kara	George Fox Unive	5:48.89	**

Event 6 Women 5000 Meter Run

1	Muren, Natalie	Willamette	18:25.74	10
2	Witt, Meryl	Linfield College	18:37.32	8
3	Fischer, Leighann	George Fox Unive	18:55.87	6 **A
4	Dobson, Hillary	Puget Sound	19:11.72	5
5	Weber, Odessa	Lewis & Clark Co	19:17.88	4
6	Shosky, Shana	Pacific U.	19:36.24	3
7	Treger, Kasey	Linfield College	19:51.27	2

8	Sbordone, Laura	Lewis & Clark Co	20:03.53	1	
--	Moyer, Beth	George Fox Unive	21:00.26		#

Event 10 Women 100 Meter Hurdles

1	Reece, Jazzmin	Willamette	15.41	1	10	
2	Mahoney, Caitlin	Linfield College	15.59	1	8	
3	McGrane, Shannon	Willamette	15.80	1	6	
4	Lucas, Nicole	Willamette	15.85	1	5	
5	Kassebaum, Roseann	Willamette	16.37	1	4	
6	Bernard, Riley	Linfield College	16.62	1	3	
7	Bensih, Clare	Puget Sound	17.01	1	2	
8	Larson, Lindsay	Linfield College	17.02	2	1	
11	Finney, Lindsay	George Fox Unive	17.76	2		##
12	Brown, Julie	George Fox Unive	18.21	2		##
13	Duby, Bekah	George Fox Unive	18.68	2		##

Event 11 Women 400 Meter Hurdles

1	McGrane, Shannon	Willamette	1:03.11	1	10	
-	Thompson, Liz	Bruin Track Club	1:04.69	1		
2	Kassebaum, Roseann	Willamette	1:06.78	1	8	
3	Bernard, Riley	Linfield College	1:07.61	1	6	
4	Ross, Kate	Lewis & Clark Co	1:11.93	2	5	
5	Lucas, Nicole	Willamette	1:13.43	1	4	
6	Finney, Lindsay	George Fox Unive	1:14.12	1	3	**
7	Rohlffs, Emily	Linfield College	1:14.57	1	2	
8	Duby, Bekah	George Fox Unive	1:15.19	1	1	**

Event 12 Women 3000 Meter Steeplechase

1	Holbert, Kari	Willamette	11:17.04	10
2	Squires, Audrey	Willamette	13:24.74	8
3	Brabeck, Sarah	Puget Sound	13:59.22	6

Event 13 Women 4x100 Meter Relay

1	Linfield College 'A'	50.96	10
	(Stiglmeier, Mahoney, Bernard, Newell)		
2	University of Puget Sound 'A'	55.78	8
-	Willamette University 'A'	DQ	

Event 14 Women 4x400 Meter Relay

1	Willamette University	4:04.90	10
	(McGrane, Andrews, Kassebaum, Vandehey)		
2	Linfield College	4:08.51	8
3	Lewis & Clark College	4:20.27	6
4	University of Puget Sound	4:21.59	4
5	George Fox University	4:37.94	2
	(Miller-65.8; Jertberg-66.0**; Matthews-72.-0; Geertz-74.0**)		

Event 15 Women High Jump

1	Forbes, Michelle	George Fox Unive	1.69m	5-06.50	10	##B
2	Larson, Lindsay	Linfield College	1.59m	5-02.50	8	
3	Bensih, Clare	Puget Sound	1.54m	5-00.50	5.5	
3	Mahoney, Caitlin	Linfield College	1.54m	5-00.50	5.5	
5	Rowe, Nicolette	Puget Sound	1.49m	4-10.50	4	
6	Barnett, Caitlin	Willamette	1.44m	4-08.75	3	
7	Barker, Brooke	Pacific U.	1.39m	4-06.75	2	
--	Brown, Julie	George Fox Unive	NH			

Event 16 Women Pole Vault

1	Heaton, Katie	Puget Sound	3.35m	10-11.75	10	
2	Huddleston, Julie	Linfield College	3.20m	10-06.00	8	
3	Gerrits, Shelby	Lewis & Clark Co	3.05m	10-00.00	5.5	
3	Levkiv, Oksana	Lewis & Clark Co	3.05m	10-00.00	5.5	
5	Weeber, Mandy	Linfield College	2.90m	9-06.25	4	
6	Jager, Johnna	Willamette	J2.90m	9-06.25	2.5	
6	Rowe, Nicolette	Puget Sound	J2.90m	9-06.25	2.5	
8	Olson, Lynn	Willamette	2.75m	9-00.25	1	
9	Shaw, Jillian	George Fox Unive	J2.75m	9-00.25		=**

Event 17 Women Long Jump

1	Patterson, Lindsey	Willamette	5.38m	17-08.00	10
2	Reece, Jazzmin	Willamette	4.74m	15-06.75	8
3	Ross, Kate	Lewis & Clark Co	4.71m	15-05.50	6
4	Robinson, Jena	Puget Sound	4.69m	15-04.75	5
5	Im, Kimberly	Willamette	4.68m	15-04.25	4
6	Russell, Liz	Willamette	4.67m	15-04.00	3
7	Parker, Ashley	Willamette	4.59m	15-00.75	2
8	Bensih, Clare	Puget Sound	4.57m	15-00.00	1

Event 18 Women Triple Jump

1	Robinson, Jena	Puget Sound	11.18m	36-08.25	10	
2	Forbes, Michelle	George Fox Unive	10.19m	33-05.25	8	##
3	Goe, Becca	Puget Sound	10.18m	33-04.75	6	
4	Parker, Ashley	Willamette	9.84m	32-03.50	5	

Event 19 Women Shot Put

1	Bielenberg, Danielle	Linfield College	12.43m	40-09.50	10	
2	Claypool, Joni	Linfield College	12.30m	40-04.25	8	
3	Arnall, Dee Dee	Pacific U.	11.28m	37-00.25	6	
4	Mollett, Ashley	Willamette	10.50m	34-05.50	5	
5	Barker, Brooke	Pacific U.	10.36m	34-00.00	4	
6	Sammons, Angie	Willamette	9.88m	32-05.00	3	
7	Reed, Monique	Willamette	9.22m	30-03.00	2	
8	Henson, Poha	George Fox Unive	8.54m	28-00.25	1	
9	Merz, Mehgan	Pacific U.	8.48m	27-10.00		
10	Blankenship, Lindsey	George Fox Unive	8.38m	27-06.00		**

Event 20 Women Discus Throw

1	Bielenberg, Danielle	Linfield College	35.70m	117-01	10	
2	Reed, Monique	Willamette	35.58m	116-09	8	
3	Duerr, Becca	Linfield College	35.24m	115-07	6	
4	Merz, Mehgan	Pacific U.	32.10m	105-04	5	
5	Claypool, Joni	Linfield College	31.98m	104-11	4	
6	Paterson, Liz	Lewis & Clark Co	31.57m	103-07	3	
7	Blankenship, Lindsey	George Fox Unive	30.03m	98-06	2	**
8	Ingram, Allison	Pacific U.	28.82m	94-07	1	
--	Henson, Poha	George Fox Unive	21.54m	70-08		**
--	Black, Tori	George Fox Unive	21.10m	69-03		**

Event 21 Women Hammer Throw

1	Ingram, Allison	Pacific U.	40.63m	133-04	10
2	Sammons, Angie	Willamette	35.87m	117-08	8
3	Paterson, Liz	Lewis & Clark Co	35.52m	116-06	6
4	Reed, Monique	Willamette	35.10m	115-02	5
5	Bielenberg, Danielle	Linfield College	28.90m	94-10	4
6	Henson, Poha	George Fox Unive	21.90m	71-10	3
7	Blankenship, Lindsey	George Fox Unive	16.09m	52-09	2

Event 22 Women Javelin Throw

1	Dentzel, Sophia	Willamette	39.80m	130-07	10
2	Mascorro, Lydia	Linfield College	36.40m	119-05	8
3	Arnall, Dee Dee	Pacific U.	34.91m	114-06	6
4	Moore, Leah	Linfield College	32.12m	105-04	5
5	Larson, Lindsay	Linfield College	31.33m	102-09	4
6	Black, Tori	George Fox Unive	30.64m	100-06	3
7	Fenn, Lauren	Puget Sound	28.54m	93-08	2
8	Figari, Elyssa	Willamette	28.32m	92-11	1

INDIVIDUAL SCORING

Forbes 18; Miles 9; Fischer 6; Blankenship and Henson 4; Black and Finney 3; Shaw 2; Miller and Matthews 1.5; Harris and Duby 1; Geertz and Jertberg 0.5;

** 13 ## 11 A - 1 B - 1

MEN'S Results

Team Scoring

1) Willamette University	243.50	2) Linfield College	205.50
3) George Fox University	**131.50**	4) University of Puget Sound	69.50
5) Pacific University	41	6) Lewis & Clark College	27

Event 23 Men 100 Meter Dash

1	Salisbury, Ben **(=#3 SENIOR)**	George Fox Unive	10.94	1	10 ##A
2	Gillespie, KC	Willamette	11.04	1	8
3	Boock, Chris	Linfield College	11.05	1	6
4	Welch, Matt	Lewis & Clark Co	11.40	3	5
5	Hazenburg, Brandon	Linfield College	11.42	1	4
6	Carter, George	Linfield College	11.50	1	3
7	Allen, Casey	Linfield College	11.52	2	2
8	Donovan, Justin	Pacific U.	11.53	2	1
-	Dillow, Ben	George Fox Unive	11.84	2	##

Event 24 Men 200 Meter Dash

1	Salisbury, Ben **(#3 SENIOR)**	George Fox Unive	21.77	1	10 ##B
2	Gillespie, KC	Willamette	22.40	1	8
3	Boock, Chris	Linfield College	22.50	1	6
4	Carter, George	Linfield College	22.83	1	5
5	Welch, Matt	Lewis & Clark Co	23.01	2	4
6	Donovan, Justin	Pacific U.	23.20	2	3
7	Bates, Brad	George Fox Unive	23.34	1	2 ##
8	Canton, Letwon	Willamette	23.38	1	1

Event 25 Men 400 Meter Dash

1	Thomas, Everett	Willamette	49.89	1	10
2	Roesler, Brian	Willamette	50.04	1	8
3	Taylor, Casey	Linfield College	50.53	1	6
4	Rasmussen, Jesse	George Fox Unive	51.00	1	5 ##a
5	Jones, Nathan	Willamette	51.93	1	4
6	Kenagy, Dan	Willamette	52.64	1	3
7	Vanni, Matt	Puget Sound	52.70	2	2
8	Legary, Tyler	Linfield College	53.01	2	1
9	Sticka, Ryan	George Fox Unive	53.29	2	

Event 26 Men 800 Meter Run

1	Decherd, Ben	Willamette	1:57.40	1	10
2	Evans, Micah	Willamette	1:58.40	1	8
3	Sellon, Tyler	Puget Sound	1:58.87	1	6
4	Ginanni, Joe	Linfield College	1:59.37	1	5
5	Parlee, Nick	Linfield College	1:59.56	1	4
6	Roesler, Brian	Willamette	2:00.03	1	3
7	McCann, Jarrod	Lewis & Clark Co	2:01.60	2	2
8	Dort, Ben	George Fox Unive	2:05.97	2	1 ##
--	Paine, Andrew	George Fox Unive	2:07.67	1	##

Event 27 Men 1500 Meter Run

1	Ginanni, Joe	Linfield College	4:05.64	10
2	Gimenez, Tyler	Willamette	4:06.73	8
3	Prince, Frank	Puget Sound	4:07.20	6
4	Evans, Micah	Willamette	4:09.58	5
5	McCann, Jarrod	Lewis & Clark Co	4:10.76	4
6	Reichert, Kota	Puget Sound	4:12.24	3
7	Leipzig, Ben	Willamette	4:13.37	2
8	Kaczmarek, Joseph	Willamette	4:14.02	1
--	Mantalas, John	Bruin Track Club	4:14.81	
--	Cobb, Bryan	George Fox Unive	4:16.37	**
--	Guelfi, Eddie	George Fox Unive	4:17.08	##

Event 28 Men 5000 Meter Run

1	Prince, Frank	Puget Sound	15:28.44	10
2	Brown, Brendan	Willamette	15:36.41	8
3	Harris, Travis	Willamette	15:39.56	6
4	Vieyra, Julio	Willamette	15:40.06	5
5	Pollard, Dan	Puget Sound	15:52.13	4
6	Henson, Josh	Pacific U.	15:54.59	3
7	Mayers, Nick	Puget Sound	15:59.96	2
8	O'Dea, Jimmy	Puget Sound	16:03.23	1

Event 30 Men 110 Meter Hurdles

1	Garrelts, Brennan	Willamette	15.28	10	
2	Fipps, Jesse	Linfield College	15.55	8	
3	Harris, Seth	George Fox Unive	15.60	6	**A
4	Ordonez, Dylan	Willamette	15.80	5	
5	May, Tyler	Willamette	16.61	4	
6	Gohl, Andrew	Linfield College	17.46	3	
7	Staveland, Jovon	Lewis & Clark Co	17.47	2	

Event 31 Men 400 Meter Hurdles

1	Setere, Lucas	Pacific U.	55.17	10	
2	Fipps, Jesse	Linfield College	56.12	8	
3	Garrelts, Brennan	Willamette	57.05	6	
4	Schmidt, Greg	Willamette	1:00.14	5	
5	Eichenberger, Ben	George Fox Unive	1:00.29	4	##
6	Flachsbart, Joel	Willamette	1:02.63	3	

Event 32 Men 3000 Meter Steeplechase

1	Stout, Jacob	Willamette	9:01.11	10	
	FIELD RECORD--9:13.54, Brandon Workman, George Fox 5/5/2000				
2	Hollingshead, Aaron	Willamette	9:20.16	8	
3	Overby, Scott	Willamette	9:21.75	6	
4	Owen, Michael	George Fox Unive	9:24.49	5	##A
5	Edson, Josh	Willamette	9:47.07	4	
6	Lana, Justin	Linfield College	9:51.97	3	
7	Olson, Peter	Linfield College	10:32.54	2	
--	Kashiwa, Charlie	Puget Sound	DQ		

Event 33 Men 4x100 Meter Relay

1	George Fox University	42.65	10 **
	(Maves, Harris, Bates, Salisbury)		
	FASTEST GFU MARCH TIME EVER		
2	Linfield College	42.96	8
3	Willamette University	43.81	6
4	University of Puget Sound	45.25	4
5	Pacific University 'A'	46.06	2

Event 34 Men 4x400 Meter Relay

1	George Fox University 'A'	3:18.51	1	10	**
	(Rasmussen-51.0, Salisbury-48.8##, Bates-50.3##, Harris-48.4**)				
	BEST EVER GFU EARLY SEASON TIME				
2	Willamette University	3:21.57	1	8	
3	Linfield College	3:27.48	1	6	
4	George Fox University 'B'	3:29.90	1		**
	(Guelfi-51.3##; Cobb-54.0##; Eichenberger-52.0**; Dillow-52.5)				
5	Willamette University 'B'	3:32.48	1		
6	Pacific University 'A'	3:33.44	1	4	
7	University of Puget Sound 'A'	3:34.02	1	2	
8	George Fox University 'C'	3:40.44	2		**
	(Maves-56.1**; Weymore-55.2**; Dort-55.5**; Paine-53.6)				
9	Pacific University 'B'	3:52.32	2		

Event 35 Men High Jump

1	Larsen, Zach	Willamette	2.00m	6-06.75	10	
2	Yeager, Brett	George Fox Unive	1.90m	6-02.75	8	##A
3	Gohl, Andrew	Linfield College	J1.90m	6-02.75	6	
4	Kramer, Brian	Puget Sound	1.85m	6-00.75	4.5	
4	Warrick, Jesse	Linfield College	1.85m	6-00.75	4.5	
6	Metoyer, Kynan	Pacific U.	1.80m	5-10.75	3	

7	Oost, Jay	Willamette	J1.80m	5-10.75	2	
8	Mellow, Zach	Pacific U.	1.75m	5-08.75	1	

Event 36 Men Pole Vault

1	Tiogangco, Dayson	Linfield College	4.55m	14-11.00	10	
2	McNeil, Brett	Willamette	4.25m	13-11.25	8	
3	Gause, Greg	Puget Sound	4.10m	13-05.25	6	
4	Greene, Burch	Puget Sound	J4.10m	13-05.25	5	
5	James, Matthias	Willamette	J4.10m	13-05.25	4	
6	Sommers, Zach	Willamette	J4.10m	13-05.25	3	
7	Wymore, Nick	George Fox Unive	3.80m	12-05.50	2	##
8	Haehlen, Andy	George Fox Unive	3.65m	11-11.75	0.5	=##
8	May, Tyler	Willamette	3.65m	11-11.75	0.5	

Event 37 Men Long Jump

1	Puckett, Adam	George Fox Unive	6.58m	21-07.25	10	**A
2	Hazenburg, Brandon	Linfield College	6.49m	21-03.50	8	
3	Welsch, Jonas	Willamette	6.46m	21-02.50	6	
4	Nicholson, Cameron	Linfield College	6.34m	20-09.75	5	
5	Kramer, Brian	Puget Sound	6.12m	20-01.00	4	
6	Zimbrick, Matt	Linfield College	5.99m	19-08.00	3	
7	Greene, Burch	Puget Sound	5.95m	19-06.25	2	
8	Wadlow, Bryan	George Fox Unive	J5.95m	19-06.25	1	
9	Beatty, Doug	George Fox Unive	5.94m	19-06.00		
10	Vela, Milo	George Fox Unive	5.81m	19-00.75		
--	Maves, Drew	George Fox Unive	5.74m	18-10.00		
--	Dillow, Ben	George Fox Unive	5.73m	18-09.75		

Event 38 Men Triple Jump

1	Puckett, Adam	George Fox Unive	14.11m	46-03.50	10	**B
	#6 GFU ALL-TIME					
2	Canton, Letwon	Willamette	14.01m	45-11.75	8	
3	Kramer, Brian	Puget Sound	13.02m	42-08.75	6	
4	Vela, Milo	George Fox Unive	13.00m	42-08.00	5	
5	Beatty, Doug	George Fox Unive	12.89m	42-03.50	4	##
6	Nicholson, Cameron	Linfield College	12.76m	41-10.50	3	
7	Staveland, Jovon	Lewis & Clark Co	12.74m	41-09.75	2	
8	Warrick, Jesse	Linfield College	12.52m	41-01.00	1	

Event 39 Men Shot Put

1	Matlock, Nate	Willamette	14.42m	47-03.75	10	
2	Miles, Chris	Linfield College	13.96m	45-09.75	8	
3	Thron, Andrew	Linfield College	13.37m	43-10.50	6	
4	Malcolm, David	George Fox Unive	13.10m	42-11.75	5	**
5	Priester, Josh	George Fox Unive	12.66m	41-06.50	4	**
-	Smith, John	Bruin Track Club	12.55m	41-02.25		
6	Blem, Dale	Pacific U.	12.39m	40-07.75	3	
7	Clements, Rob	Puget Sound	12.22m	40-01.25	2	
-	Taylor, Ty	Bruin Track Club	X12.20m	40-00.50		
8	Gohl, Andrew	Linfield College	12.12m	39-09.25	1	

Event 40 Men Discus Throw

-	Smith, John	Bruin Track Club	44.52m	146-01		
-	Olson, Travis	Unattached	44.40m	145-08		
1	Kleffner, Jake	Linfield College	40.11m	131-07	10	
2	Gallop, Cameron	Linfield College	39.42m	129-04	8	
3	Blem, Dale	Pacific U.	39.11m	128-04	6	
4	Lockhart, Bo	Linfield College	38.80m	127-03	5	
5	Miles, Chris	Linfield College	38.17m	125-03	4	
6	May, Tyler	Willamette	37.40m	122-08	3	
7	Woods, Chris	Linfield College	36.30m	119-01	2	
8	Gleason, Derrick	Linfield College	35.37m	116-00	1	
--	Hultberg, Nick	George Fox Unive	33.96m	111-05		##
--	Dillow, Ben	George Fox Unive	27.84m	91-04		

Event 41 Men Hammer Throw

1	Matlock, Nate	Willamette	49.46m	162-03	10	
2	Gottfried, Greg	George Fox Unive	46.64m	153-00	8	##A
	#6 GFU ALL-TIME					
3	Sandbo, Bill	Willamette	44.05m	144-06	6	
4	Thron, Andrew	Linfield College	41.56m	136-04	5	
5	Boss, Dimitri	Lewis & Clark Co	41.04m	134-08	4	
6	Mills, Mike	Linfield College	39.99m	131-02	3	
7	Hill, Mike	Linfield College	39.23m	128-08	2	
8	Malcolm, David	George Fox Unive	38.88m	127-07	1	**
9	Hultberg, Nick	George Fox Unive	35.44m	116-03		##

Event 42 Men Javelin Throw

1	Gassaway, Matt	George Fox Unive	58.12m	190-08	10	##
	(JUNIOR CLASS RECORD)					
2	Hazenburg, Brandon	Linfield College	55.22m	181-02	8	
3	Mills, Mike	Linfield College	54.49m	178-09	6	
4	Mills, Steve	Linfield College	52.59m	172-06	5	
5	Kaiel, Nick	Lewis & Clark Co	52.02m	170-08	4	
6	Bednar, David	Pacific U.	50.77m	166-07	3	
7	Keeler, Jason	Pacific U.	49.26m	161-07	2	
8	Gohl, Andrew	Linfield College	48.29m	158-05	1	
--	Dillow, Ben	George Fox Unive	46.62m	152-11		**
--	Hultberg, Nick	George Fox Unive	46.31m	151-11		##

INDIVIDUAL SCORING

Salisbury 25; Puckett 20; Harris 11; Gasssaway 10; Yeager and Gottfried 8; Rasmussen 7.5; Malcolm 6; Vela, Owen, Eichenberger and Bates 5; Preister and Beatty 4; Maves 2.75; Wymore 2.5; Dort 2; Guelfi, Wadlow, Haehlen and Dillow 1; Paine and Cobb 0.25;

** 9 ## 20 A - 7 B - 3

Licensed to George Fox University Hy-Tek's Meet Manager
3/13/2004

NWC6way2004 - 3/13/2004
GFU's Colcord Field, Newberg, OR
Results

Event 1 Women 100 Meter Dash

Colcord: 12.19 5/6/2000 Melody Sherman, Linfield

	Name	Year	School	Finals	H#	Points
1	Reece, Jazzmin		Willamette	12.98	1	10
2	Patterson, Lindsey		Willamette	13.00	1	8
3	Miles, Shannon		George Fox Unive	13.39	1	6
4	Stiglmeier, Caitlin		Linfield College	13.44	1	5
5	Wilson, Erin		Pacific U.	13.74	1	4
6	Barker, Brooke		Pacific U.	13.80	1	3
7	Shaw, Jillian		George Fox Unive	14.42	2	2
8	Matthews, Mona		George Fox Unive	14.65	2	1
9	Hill, Laura		Pacific U.	14.71	2	
10	Billings, Katie		Pacific U.	16.24	2	

Event 2 Women 200 Meter Dash

Colcord: 25.06 5/6/2000 Melody Sherman, Linfield

	Name	Year	School	Finals	H#	Points
1	Hanson, Mariah		Willamette	25.99	1	10
2	Swan, Jody		Lewis & Clark Co	J25.99	1	8
3	Newell, Kelsey		Linfield College	26.57	1	6
4	Patterson, Lindsey		Willamette	26.62	1	5
5	Reece, Jazzmin		Willamette	26.66	1	4
6	Miles, Shannon		George Fox Unive	27.54	2	3
7	Wilson, Erin		Pacific U.	28.10	1	2
8	Blagden, Bonar		Puget Sound	29.36	2	1
9	Barker, Brooke		Pacific U.	29.49	1	
10	Matthews, Mona		George Fox Unive	30.34	2	
11	Hill, Laura		Pacific U.	30.46	2	

Event 3 Women 400 Meter Dash

Colcord: 56.68 5/6/2000 Amber Larsen, Linfield

	Name	Year	School	Finals	Points
1	Swan, Jody		Lewis & Clark Co	57.97	10
2	Hanson, Mariah		Willamette	58.96	8
3	Newell, Kelsey		Linfield College	59.02	6
4	Moore, Leah		Linfield College	1:01.17	5
5	Kelsey, Kathy		Puget Sound	1:04.71	4
6	Williams, Ashleigh		Willamette	1:06.71	3
7	Blagden, Bonar		Puget Sound	1:07.11	2

Event 4 Women 800 Meter Run

Colcord: 2:09.48 4/17/1999 Beth Fitzgerald, Willamette

	Name	Year	School	Finals	H#	Points
1	Andrews, Alicia		Willamette	2:18.83	1	10
2	Killam, Carly		Willamette	2:21.88	1	8
3	Vandehey, Stephanie		Willamette	2:22.20	1	6
4	Murphy, Joanna		Linfield College	2:23.82	1	5
5	Grossman, Sadie		Lewis & Clark Co	2:25.36	2	4
6	Schreiner, Molly		Puget Sound	2:26.65	2	3
7	Orzell, Sarah		Puget Sound	2:31.13	2	2
8	Miller, Sara		George Fox Unive	2:32.18	1	1
9	Hagney, Alana		Puget Sound	2:32.34	1	
10	Gandrud, Harlan		Lewis & Clark Co	2:35.82	2	

Event 5 Women 1500 Meter Run

Colcord: 4:28.00 4/17/1999 Clare Taylor, Una.

	Name	Year	School	Finals	Points
1	Grossman, Sadie		Lewis & Clark Co	4:50.21	10
2	Phimister, Molly		Willamette	4:52.68	8
3	Witt, Meryl		Linfield College	4:53.88	6
4	Hagney, Alana		Puget Sound	4:59.89	5
5	Orzell, Sarah		Puget Sound	5:02.25	4
6	Wright, Bobbi		Willamette	5:04.66	3
7	Brittian, Kaycee		Bruin Track Club	5:08.06	2
8	Beebe, Ellen		Willamette	5:09.17	1
9	Harris, Whittney		George Fox Unive	5:10.21	
10	Sherwood, Lauren		Willamette	5:11.71	
11	Dobson, Hillary		Puget Sound	5:12.15	
12	Jertberg, Beth		George Fox Unive	5:18.46	
13	Gandrud, Harlan		Lewis & Clark Co	5:24.21	
14	Northcraft, Lori		Willamette	5:29.35	
15	Hager, Ericha		Willamette	5:31.19	
16	Coulter, Amy		Willamette	5:35.34	
17	McCaffrey, Therese		Lewis & Clark Co	5:35.53	
18	Geertz, Kara		George Fox Unive	5:48.89	

Event 6 Women 5000 Meter Run

Colcord: 17:34.34 4/1/1989 Jill Jamison Beals, George Fox

	Name	Year	School	Finals	Points
1	Muren, Natalie		Willamette	18:25.74	10
2	Witt, Meryl		Linfield College	18:37.32	8
3	Fischer, Leighann		George Fox Unive	18:55.87	6
4	Dobson, Hillary		Puget Sound	19:11.72	5
5	Weber, Odessa		Lewis & Clark Co	19:17.88	4
6	Shosky, Shana		Pacific U.	19:36.24	3
7	Treger, Kasey		Linfield College	19:51.27	2
8	Sbordone, Laura		Lewis & Clark Co	20:03.53	1
9	Enell, Jessie		Willamette	20:08.49	
10	Pfeiffer-Hoyt, Megan		Lewis & Clark Co	20:16.90	
11	Moyer, Beth		George Fox Unive	21:00.26	
12	Hulings, Tracy		Willamette	21:27.03	
13	Fischer, Stephanie		Linfield College	22:46.59	

Event 10 Women 100 Meter Hurdles

Colcord: 14.56 5/6/2000 Maile Barrett, Lewis & Clark

	Name	Year	School	Finals	H#	Points
1	Reece, Jazzmin		Willamette	15.41	1	10
2	Mahoney, Caitlin		Linfield College	15.59	1	8
3	McGrane, Shannon		Willamette	15.80	1	6
4	Lucas, Nicole		Willamette	15.85	1	5
5	Kassebaum, Roseann		Willamette	16.37	1	4
6	Bernard, Riley		Linfield College	16.62	1	3
7	Bensih, Clare		Puget Sound	17.01	1	2
8	Larson, Lindsay		Linfield College	17.02	2	1
9	Barnett, Caitlin		Willamette	17.35	2	
10	Kikuchi, LesliAnn		Puget Sound	17.58	2	
11	Finney, Lindsay		George Fox Unive	17.76	2	
12	Brown, Julie		George Fox Unive	18.21	2	
13	Duby, Bekah		George Fox Unive	18.68	2	

Event 11 Women 400 Meter Hurdles

Colcord: 1:02.04 4/13/1996 Liz Stephens, George Fox

	Name	Year	School	Finals	H#	Points
1	McGrane, Shannon		Willamette	1:03.11	1	10
2	Kassebaum, Roseann		Willamette	1:06.78	1	8
3	Bernard, Riley		Linfield College	1:07.61	1	6
4	Ross, Kate		Lewis & Clark Co	1:11.93	2	5
5	Lucas, Nicole		Willamette	1:13.43	1	4
6	Finney, Lindsay		George Fox Unive	1:14.12	1	3
7	Rohlffs, Emily		Linfield College	1:14.57	1	2
8	Duby, Bekah		George Fox Unive	1:15.19	1	1
9	Kikuchi, LesliAnn		Puget Sound	1:20.04	2	
10	Ganser, Tara		Lewis & Clark Co	1:23.41	2	
--	Thompson, Liz		Bruin Track Club	X1:04.69	1	

Event 12 Women 3000 Meter Steeplechase

Colcord: 10:05.50 4/12/2003 Lisa Nye, Nike

	Name	Year	School	Finals	Points
1	Holbert, Kari		Willamette	11:17.04	10
2	Squires, Audrey		Willamette	13:24.74	8
3	Brabeck, Sarah		Puget Sound	13:59.22	6

Event 13 Women 4x100 Meter Relay

Colcord: 48.13 4/8/1995 , Pacific Lutheran
Grimes, Andrade, Metzger, Lukenbill

	School	Finals	Points
1	Linfield College 'A'	50.96	10
	1) Stiglmeier, Caitlin 2) Mahoney, Caitlin		
	3) Bernard, Riley 4) Newell, Kelsey		
2	University of Puget Sound 'A'	55.78	8
	1) Robinson, Jena 2) Kikuchi, LesliAnn		
	3) Bensih, Clare 4) Rugani, Ana		
--	Willamette University 'A'	DQ	
	1) Barnett, Caitlin 2) Lund, Carlie		
	3) Hanson, Mariah 4) Lucas, Nicole		

Event 14 Women 4x400 Meter Relay

Colcord: 3:53.44 4/25/1998 , Linfield
Larson, Warnecke, Sherman, Baker

	School	Finals	Points
1	Willamette University 'A'	4:04.90	10
	1) McGrane, Shannon 2) Andrews, Alicia		
	3) Kassebaum, Roseann 4) Vandehey, Stephanie		
2	Linfield College 'A'	4:08.51	8
	1) Bernard, Riley 2) Newell, Kelsey		
	3) Moore, Leah 4) Murphy, Joanna		
3	Lewis & Clark College 'A'	4:20.27	6
	1) Swan, Jody 2) Ross, Kate		
	3) Ganser, Tara 4) Craigie, Kim		
4	University of Puget Sound 'A'	4:21.59	4
	1) Hagney, Alana 2) Schreiner, Molly		
	3) Robinson, Jena 4) Bensih, Clare		
5	George Fox University 'A'	4:37.94	2

Event 15 Women High Jump

Colcord: 5-08.75 4/18/1998 Nancy Rissmiller, George Fox

Name	Year	School	Finals	Points
1 Forbes, Michelle		George Fox Unive	1.69m	5-06.50 10
2 Larson, Lindsay		Linfield College	1.59m	5-02.50 8
3 Bensih, Clare		Puget Sound	1.54m	5-00.50 5.5
3 Mahoney, Caitlin		Linfield College	1.54m	5-00.50 5.5
5 Rowe, Nicolette		Puget Sound	1.49m	4-10.50 4
6 Barnett, Caitlin		Willamette	1.44m	4-08.75 3
7 Barker, Brooke		Pacific U.	1.39m	4-06.75 2
-- McLaughlin, Kadee		Pacific U.	NH	
-- Brown, Julie		George Fox Unive	NH	

Event 16 Women Pole Vault

Colcord: 12-00.50 5/5/2000 Heather Hunt, George Fox

Name	Year	School	Finals	Points
1 Heaton, Katie		Puget Sound	3.35m	10-11.75 10
2 Huddleston, Julie		Linfield College	3.20m	10-06.00 8
3 Gerrits, Shelby		Lewis & Clark Co	3.05m	10-00.00 5.5
3 Levkiv, Oksana		Lewis & Clark Co	3.05m	10-00.00 5.5
5 Weeber, Mandy		Linfield College	2.90m	9-06.25 4
6 Jager, Johnna		Willamette	J2.90m	9-06.25 2.5
6 Rowe, Nicolette		Puget Sound	J2.90m	9-06.25 2.5
8 Olson, Lynn		Willamette	2.75m	9-00.25 1
9 Shaw, Jillian		George Fox Unive	J2.75m	9-00.25
9 Schreiner, Molly		Puget Sound	J2.75m	9-00.25
9 Law, Kate		Puget Sound	J2.75m	9-00.25
12 Stow, Jessica		Willamette	2.60m	8-06.25
-- Dentzel, Sophia		Willamette	NH	
-- Sommers, Kate		Lewis & Clark Co	NH	
-- Gray, Kelsey		Willamette	NH	
-- Paterson, Liz		Lewis & Clark Co	NH	

Event 17 Women Long Jump

Colcord: 18-08.25 2/21/1998 Linnea Jarvits, Seattle Pacific

Name	Year	School	Finals	Points
1 Patterson, Lindsey		Willamette	5.38m	17-08.00 10
2 Reece, Jazzmin		Willamette	4.74m	15-06.75 8
3 Ross, Kate		Lewis & Clark Co	4.71m	15-05.50 6
4 Robinson, Jena		Puget Sound	4.69m	15-04.75 5
5 Im, Kimberly		Willamette	4.68m	15-04.25 4
6 Russell, Liz		Willamette	4.67m	15-04.00 3
7 Parker, Ashley		Willamette	4.59m	15-00.75 2
8 Bensih, Clare		Puget Sound	4.57m	15-00.00 1
9 Goe, Becca		Puget Sound	4.39m	14-05.00
10 Bangaru, Sridevi		Willamette	4.17m	13-08.25
11 Kajko, Liz		Puget Sound	3.99m	13-01.25
12 Barker, Brooke		Pacific U.	3.93m	12-10.75

Event 18 Women Triple Jump

Colcord: 38-11 4/12/2003 Kelsey Baron, George Fox

Name	Year	School	Finals	Points
1 Robinson, Jena		Puget Sound	11.18m	36-08.25 10
2 Forbes, Michelle		George Fox Unive	10.19m	33-05.25 8
3 Goe, Becca		Puget Sound	10.18m	33-04.75 6
4 Parker, Ashley		Willamette	9.84m	32-03.50 5
-- Bangaru, Sridevi		Willamette	ND	

Event 19 Women Shot Put

Colcord: 45-01.50 3/31/1990 Carrie Pietig, Willamette

Name	Year	School	Finals	Points
1 Bielenberg, Danielle		Linfield College	12.43m	40-09.50 10
2 Claypool, Joni		Linfield College	12.30m	40-04.25 8
3 Arnall, Dee Dee		Pacific U.	11.28m	37-00.25 6
4 Mollett, Ashley		Willamette	10.50m	34-05.50 5
5 Barker, Brooke		Pacific U.	10.36m	34-00.00 4
6 Sammons, Angie		Willamette	9.88m	32-05.00 3
7 Reed, Monique		Willamette	9.22m	30-03.00 2
8 Henson, Poha		George Fox Unive	8.54m	28-00.25 1
9 Merz, Mehgan		Pacific U.	8.48m	27-10.00
10 Blankenship, Lindsey		George Fox Unive	8.38m	27-06.00

Event 20 Women Discus Throw

Colcord: 148-10 5/6/2000 Mari Ruiz, Whitman

Name	Year	School	Finals	Points
1 Bielenberg, Danielle		Linfield College	35.70m	117-01 10
2 Reed, Monique		Willamette	35.58m	116-09 8
3 Duerr, Becca		Linfield College	35.24m	115-07 6
4 Merz, Mehgan		Pacific U.	32.10m	105-04 5
5 Claypool, Joni		Linfield College	31.98m	104-11 4
6 Paterson, Liz		Lewis & Clark Co	31.57m	103-07 3
7 Blankenship, Lindsey		George Fox Unive	30.03m	98-06 2
8 Ingram, Allison		Pacific U.	28.82m	94-07 1
9 Dentzel, Sophia		Willamette	24.80m	81-04
10 Henson, Poha		George Fox Unive	21.54m	70-08
11 Black, Tori		George Fox Unive	21.10m	69-03

Event 21 Women Hammer Throw

Colcord: 193-00 6/10/1999 Kyoomi Parris, Una.

Name	Year	School	Finals	Points
1 Ingram, Allison		Pacific U.	40.63m	133-04 10
2 Sammons, Angie		Willamette	35.87m	117-08 8
3 Paterson, Liz		Lewis & Clark Co	35.52m	116-06 6
4 Reed, Monique		Willamette	35.10m	115-02 5
5 Bielenberg, Danielle		Linfield College	28.90m	94-10 4
6 Henson, Poha		George Fox Unive	21.90m	71-10 3
7 Blankenship, Lindsey		George Fox Unive	16.09m	52-09 2

Event 22 Women Javelin Throw

Colcord: 161-03 2/10/1999 Sara Malone, Newberg HS

Name	Year	School	Finals	Points
1 Dentzel, Sophia		Willamette	39.80m	130-07 10
2 Mascorro, Lydia		Linfield College	36.40m	119-05 8
3 Arnall, Dee Dee		Pacific U.	34.91m	114-06 6

4	Moore, Leah	Linfield College	32.12m	105-04 5
5	Larson, Lindsay	Linfield College	31.33m	102-09 4
6	Black, Tori	George Fox Unive	30.64m	100-06 3
7	Fenn, Lauren	Puget Sound	28.54m	93-08 2
8	Figari, Elyssa	Willamette	28.32m	92-11 1
9	Mollett, Ashley	Willamette	25.64m	84-01
10	Barker, Brooke	Pacific U.	17.24m	56-07

Event 23 Men 100 Meter Dash

Colcord: 10.81 4/17/1999 Mike Chapin, Western Oregon

	Name	Year School	Finals	H#	Points
1	Salisbury, Ben	George Fox Unive	10.94	1	10
2	Gillespie, KC	Willamette	11.04	1	8
3	Boock, Chris	Linfield College	11.05	1	6
4	Welch, Matt	Lewis & Clark Co	11.40	3	5
5	Hazenburg, Brandon	Linfield College	11.42	1	4
6	Carter, George	Linfield College	11.50	1	3
7	Allen, Casey	Linfield College	11.52	2	2
8	Donovan, Justin	Pacific U.	11.53	2	1
9	Setere, Lucas	Pacific U.	11.69	2	
10	Dillow, Ben	George Fox Unive	11.84	2	
11	Cruickshank, Pete	Linfield College	12.05	3	
12	Piago, Peter	Pacific U.	12.06	2	
13	Whitaker, Matt	Pacific U.	12.31	3	
14	Eastman, Jesse	Lewis & Clark Co	12.57	3	
15	Mollier, Derrek	Pacific U.	12.72	3	
--	Ford, Thomas	Linfield College	NT	1	

Event 24 Men 200 Meter Dash

Colcord: 21.64 4/13/1996 Ryan Chaney, George Fox

	Name	Year School	Finals	H#	Points
1	Salisbury, Ben	George Fox Unive	21.77	1	10
2	Gillespie, KC	Willamette	22.40	1	8
3	Boock, Chris	Linfield College	22.50	1	6
4	Carter, George	Linfield College	22.83	1	5
5	Welch, Matt	Lewis & Clark Co	23.01	2	4
6	Donovan, Justin	Pacific U.	23.20	2	3
7	Bates, Brad	George Fox Unive	23.34	1	2
8	Canton, Letwon	Willamette	23.38	1	1
9	Lau, Brad	Linfield College	23.40	2	
10	Jones, Nathan	Willamette	23.53	1	
11	Legary, Tyler	Linfield College	23.62	2	
12	Ordonez, Dylan	Willamette	23.67	3	
13	Kenagy, Dan	Willamette	24.12	2	
14	Knudson, Grant	Willamette	24.15	3	
15	Piago, Peter	Pacific U.	24.63	2	
16	Whitaker, Matt	Pacific U.	25.24	3	
17	Mollier, Derrek	Pacific U.	26.33	3	

Event 25 Men 400 Meter Dash

Colcord: 47.89 2/22/1997 Ryan Chaney, George Fox

	Name	Year School	Finals	H#	Points
1	Thomas, Everett	Willamette	49.89	1	10
2	Roesler, Brian	Willamette	50.04	1	8
3	Taylor, Casey	Linfield College	50.53	1	6
4	Rasmussen, Jesse	George Fox Unive	51.00	1	5
5	Jones, Nathan	Willamette	51.93	1	4
6	Kenagy, Dan	Willamette	52.64	1	3
7	Vanni, Matt	Puget Sound	52.70	2	2
8	Legary, Tyler	Linfield College	53.01	2	1
9	Sticka, Ryan	George Fox Unive	53.29	2	
10	Knudson, Grant	Willamette	53.36	2	
11	Killgore, Mike	Linfield College	53.66	1	
12	U'Ren, Ben	Puget Sound	53.81	2	
13	Mellow, Zach	Pacific U.	54.49	2	
14	Lau, Brad	Linfield College	54.82	2	

Event 26 Men 800 Meter Run

Colcord: 1:52.45 4/26/1997 Jon Swanson, Una.

	Name	Year School	Finals	H#	Points
1	Decherd, Ben	Willamette	1:57.40	1	10
2	Evans, Micah	Willamette	1:58.40	1	8
3	Sellon, Tyler	Puget Sound	1:58.87	1	6
4	Ginanni, Joe	Linfield College	1:59.37	1	5
5	Parlee, Nick	Linfield College	1:59.56	1	4
6	Roesler, Brian	Willamette	2:00.03	1	3
7	McCann, Jarrod	Lewis & Clark Co	2:01.60	2	2
8	Dort, Ben	George Fox Unive	2:05.97	2	1
9	Vanni, Matt	Puget Sound	2:06.70	2	
10	Paine, Andrew	George Fox Unive	2:07.67	1	
11	Hackett, Zach	Pacific U.	2:07.95	2	
12	Lihecap, Chris	Puget Sound	2:08.32	2	
13	Lavery, Shaun	Willamette	2:09.30	2	
14	Gately, Jon	Puget Sound	2:09.43	2	
15	U'Ren, Ben	Puget Sound	2:10.19	1	
16	Hickey, Sergio	Pacific U.	2:13.61	2	

Event 27 Men 1500 Meter Run

Colcord: 3:50.74 4/4/1987 Wes Tilgner, Western Oregon

	Name	Year School	Finals	Points
1	Ginanni, Joe	Linfield College	4:05.64	10
2	Gimenez, Tyler	Willamette	4:06.73	8
3	Prince, Frank	Puget Sound	4:07.20	6
4	Evans, Micah	Willamette	4:09.58	5
5	McCann, Jarrod	Lewis & Clark Co	4:10.76	4
6	Reichert, Kota	Puget Sound	4:12.24	3
7	Leipzig, Ben	Willamette	4:13.37	2
8	Kaczmarek, Joseph	Willamette	4:14.02	1
9	Pollard, Dan	Puget Sound	4:14.73	
10	Palabrica, John	Willamette	4:16.27	
11	Cobb, Bryan	George Fox Unive	4:16.37	
12	O'Brien, Nathan	Willamette	4:16.87	
13	Guelfi, Eddie	George Fox Unive	4:17.08	
14	Henry, Alex	Lewis & Clark Co	4:17.25	
15	Boyd, Wyatt	Willamette	4:19.17	
16	Mayers, Nick	Puget Sound	4:20.00	
16	Zeiger, Ben	Willamette	4:20.00	
18	O'Dea, Jimmy	Puget Sound	4:22.82	
19	Libecap, Chris	Puget Sound	4:25.85	
20	Lucas-Roberts, Peter	Willamette	4:33.72	
--	Mantalas, John	Bruin Track Club	X4:14.81	

Event 28 Men 5000 Meter Run

Colcord: 14:33.54 5/9/1981 Don Stearns, Eastern Oregon

	Name	Year School	Finals	Points
1	Prince, Frank	Puget Sound	15:28.44	10
2	Brown, Brendan	Willamette	15:36.41	8
3	Harris, Travis	Willamette	15:39.56	6
4	Vieyra, Julio	Willamette	15:40.06	5
5	Pollard, Dan	Puget Sound	15:52.13	4
6	Henson, Josh	Pacific U.	15:54.59	3
7	Mayers, Nick	Puget Sound	15:59.96	2
8	O'Dea, Jimmy	Puget Sound	16:03.23	1
9	Reichert, Kota	Puget Sound	16:04.74	
10	Konrad, John	Willamette	16:05.37	
11	Lucas-Roberts, Conor	Willamette	16:07.13	
12	Mears, Ty	Lewis & Clark Co	16:14.74	
13	Sasaki, Kent	Linfield College	16:18.10	
14	Butler, Joshua	Willamette	16:18.42	
15	Warren, Kelly	Linfield College	16:19.40	
16	Henry, Alex	Lewis & Clark Co	16:28.01	
17	Welsh, Mark	Willamette	16:39.98	
18	Osborne, Jonathan	Willamette	16:51.38	
--	Stein, Kevin	Puget Sound	NT	
--	Love, Nathan	Unattached	X16:06.41	

Event 30 Men 110 Meter Hurdles

Colcord: 13.94 4/13/1985 Adolphus Onua, George Fox

	Name	Year School	Finals	Points
1	Garrelts, Brennan	Willamette	15.28	10
2	Fipps, Jesse	Linfield College	15.55	8
3	Harris, Seth	George Fox Unive	15.60	6
4	Ordonez, Dylan	Willamette	15.80	5
5	May, Tyler	Willamette	16.61	4
6	Gohl, Andrew	Linfield College	17.46	3
7	Staveland, Jovon	Lewis & Clark Co	17.47	2
--	Dumm, Ryan	Puget Sound	DQ	

Event 31 Men 400 Meter Hurdles

Colcord: 52.94 4/17/1999 David Parker, George Fox

	Name	Year School	Finals	Points
1	Setere, Lucas	Pacific U.	55.17	10
2	Fipps, Jesse	Linfield College	56.12	8
3	Garrelts, Brennan	Willamette	57.05	6
4	Schmidt, Greg	Willamette	1:00.14	5
5	Eichenberger, Ben	George Fox Unive	1:00.29	4
6	Flachsbart, Joel	Willamette	1:02.63	3
--	Dumm, Ryan	Puget Sound	NT	

Event 32 Men 3000 Meter Steeplechase

Colcord: 9:13.54 5/5/2000 Brandon Workman, George Fox

	Name	Year School	Finals	Points
1	Stout, Jacob	Willamette	9:01.11	10
2	Hollingshead, Aaron	Willamette	9:20.16	8
3	Overby, Scott	Willamette	9:21.75	6
4	Owen, Michael	George Fox Unive	9:24.49	5
5	Edson, Josh	Willamette	9:47.07	4
6	Lana, Justin	Linfield College	9:51.97	3
7	Olson, Peter	Linfield College	10:32.54	2
--	Kashiwa, Charlie	Puget Sound	DQ	

Event 33 Men 4x100 Meter Relay

Colcord: 41.34 3/6/1999 , Portland State
Evans, Wise, Storkel, Edwards

School	Finals	Points
1 George Fox University 'A'	42.65	10
2 Linfield College 'A'	42.96	8
1) Hazenburg, Brandon 2) Carter, George		
3) Ford, Thomas 4) Boock, Chris		
3 Willamette University 'A'	43.81	6
1) Lavery, Shaun 2) Gillespie, KC		
3) Jones, Nathan 4) Ordonez, Dylan		
4 University of Puget Sound 'A'	45.25	4
1) Vanni, Matt 2) Sellon, Tyler		
3) Kramer, Brian 4) Dumm, Ryan		
5 Pacific University 'A'	46.06	2
1) Mellow, Zach 2)		
3) Whitaker, Matt 4) Donovan, Justin		

Event 34 Men 4x400 Meter Relay

Colcord: 3:17.03 4/26/1997 , George Fox
Edinger, Haley, Parker, Chaney

School	Finals	H#	Points
1 George Fox University 'A'	3:18.51	1	10
2 Willamette University 'A'	3:21.57	1	8
1) Roesler, Brian 2) Thomas, Everett			
3) Dacherd, Ben 4) Jones, Nathan			
3 Linfield College 'A'	3:27.48	1	6
1) Fipps, Jesse 2) Ginanni, Joe			
3) Parlee, Nick 4) Taylor, Casey			
4 George Fox University 'B'	3:29.90	1	4
5 Willamette University 'B'	3:32.48	1	2
1) Knudson, Grant 2) Kenagy, Dan			
3) Flachsbart, Joel 4) Garrelts, Brennan			
6 Pacific University 'A'	3:33.44	1	
1) Donovan, Justin 2) Setere, Lucas			
3) Mellow, Zach 4) Whitaker, Matt			
7 University of Puget Sound 'A'	3:34.02	1	
1) Gately, Jon 2) Vanni, Matt			
3) U'Ren, Ben 4) Sellon, Tyler			
8 George Fox University 'C'	3:40.44	2	
9 Pacific University 'B'	3:52.32	2	

Event 35 Men High Jump

Colcord: 6-11.25 4/14/1990 Tim Hagen, George Fox

Name	Year	School	Finals	Points
1 Larsen, Zach		Willamette	2.00m	6-06.75 10
2 Yeager, Brett		George Fox Unive	1.90m	6-02.75 8
3 Gohl, Andrew		Linfield College	J1.90m	6-02.75 6
4 Kramer, Brian		Puget Sound	1.85m	6-00.75 4.5
4 Warrick, Jesse		Linfield College	1.85m	6-00.75 4.5
6 Metoyer, Kynan		Pacific U.	1.80m	5-10.75 3
7 Oost, Jay		Willamette	J1.80m	5-10.75 2
8 Mellow, Zach		Pacific U.	1.75m	5-08.75 1
9 May, Tyler		Willamette	J1.75m	5-08.75
10 Zimbrick, Matt		Linfield College	J1.75m	5-08.75
11 Staveland, Jovon		Lewis & Clark Co	1.70m	5-07.00

Event 36 Men Pole Vault

Colcord: 16-00 2/24/1996 Curt Haywood, Una.

Name	Year	School	Finals	Points
1 Tiogangco, Dayson		Linfield College	4.55m	14-11.00 10
2 McNeil, Brett		Willamette	4.25m	13-11.25 8
3 Gause, Greg		Puget Sound	4.10m	13-05.25 6
4 Greene, Burch		Puget Sound	J4.10m	13-05.25 5
5 James, Matthias		Willamette	J4.10m	13-05.25 4
6 Sommers, Zach		Willamette	J4.10m	13-05.25 3
7 Wymore, Nick		George Fox Unive	3.80m	12-05.50 2
8 Haehlen, Andy		George Fox Unive	3.65m	11-11.75 0.5
8 May, Tyler		Willamette	3.65m	11-11.75 0.5
10 Costello, Cody		Puget Sound	J3.65m	11-11.75
10 Stempel, Andrew		Linfield College	J3.65m	11-11.75
-- Kehr, Brad		Willamette	NH	

Event 37 Men Long Jump

Colcord: 23-06.75 5/9/1987 Gareth Pooleon, Willamette

Name	Year	School	Finals	Points
1 Puckett, Adam		George Fox Unive	6.58m	21-07.25 10
2 Hazenburg, Brandon		Linfield College	6.49m	21-03.50 8
3 Welsch, Jonas		Willamette	6.46m	21-02.50 6
4 Nicholson, Cameron		Linfield College	6.34m	20-09.75 5
5 Kramer, Brian		Puget Sound	6.12m	20-01.00 4
6 Zimbrick, Matt		Linfield College	5.99m	19-08.00 3
7 Greene, Burch		Puget Sound	5.95m	19-06.25 2
8 Wadlow, Bryan		George Fox Unive	J5.95m	19-06.25 1
9 Beatty, Doug		George Fox Unive	5.94m	19-06.00
10 Vela, Milo		George Fox Unive	5.81m	19-00.75
10 Carter, Stephen		Willamette	5.81m	19-00.75
12 Love, Tim		Linfield College	5.80m	19-00.50
13 Maves, Drew		George Fox Unive	5.74m	18-10.00
14 Dillow, Ben		George Fox Unive	5.73m	18-09.75
15 Gause, Greg		Puget Sound	5.60m	18-04.50
16 Eastman, Jesse		Lewis & Clark Co	4.74m	15-06.75

Event 38 Men Triple Jump

Colcord: 50-08 2/21/1998 Jim McCann, Oregon Int'l

Name	Year	School	Finals	Points
1 Puckett, Adam		George Fox Unive	14.11m	46-03.50 10
2 Canton, Letwon		Willamette	14.01m	45-11.75 8
3 Kramer, Brian		Puget Sound	13.02m	42-08.75 6
4 Vela, Milo		George Fox Unive	13.00m	42-08.00 5
5 Beatty, Doug		George Fox Unive	12.89m	42-03.50 4
6 Nicholson, Cameron		Linfield College	12.76m	41-10.50 3
7 Staveland, Jovon		Lewis & Clark Co	12.74m	41-09.75 2
8 Warrick, Jesse		Linfield College	12.52m	41-01.00 1
9 Scheele, Andy		Linfield College	12.50m	41-00.25

Event 39 Men Shot Put

Colcord: 62-01.25 6/7/2001 Ian Waltz, Una.

Name	Year	School	Finals	Points
1 Matlock, Nate		Willamette	14.42m	47-03.75 10
2 Miles, Chris		Linfield College	13.96m	45-09.75 8
3 Thron, Andrew		Linfield College	13.37m	43-10.50 6
4 Malcolm, David		George Fox Unive	13.10m	42-11.75 5
5 Priester, Josh		George Fox Unive	12.66m	41-06.50 4
6 Blem, Dale		Pacific U.	12.39m	40-07.75 3
7 Clements, Rob		Puget Sound	12.22m	40-01.25 2
8 Gohl, Andrew		Linfield College	12.12m	39-09.25 1
9 Fisher, Don		Linfield College	11.28m	37-00.25
10 Vogt, Jayson		Willamette	11.12m	36-05.75
11 Mollier, Derrek		Pacific U.	10.78m	35-04.50

12 Justham, Drew	Puget Sound	10.14m	33-	03.25
-- Lockhart, Bo	Linfield College	DQ		
-- Taylor, Ty	Bruin Track Club	X12.20m	40-	00.50
-- Smith, John	Bruin Track Club	X12.55m	41-	02.25

Event 40 Men Discus Throw

Colcord: 206-11 5/29/2001 Jason Tunks, Una.

Name	Year	School	Finals	Points
1 Kleffner, Jake		Linfield College	40.11m	131- 07 10
2 Gallop, Cameron		Linfield College	39.42m	129- 04 8
3 Blem, Dale		Pacific U.	39.11m	128- 04 6
4 Lockhart, Bo		Linfield College	38.80m	127- 03 5
5 Miles, Chris		Linfield College	38.17m	125- 03 4
6 May, Tyler		Willamette	37.40m	122- 08 3
7 Woods, Chris		Linfield College	36.30m	119- 01 2
8 Gleason, Derrick		Linfield College	35.37m	116- 00 1
9 Vogt, Jayson		Willamette	34.48m	113- 01
10 Hultberg, Nick		George Fox Unive	33.96m	111- 05
11 Fisher, Don		Linfield College	32.86m	107- 10
12 Dillow, Ben		George Fox Unive	27.84m	91- 04
13 Hill, Sam		Puget Sound	25.26m	82- 10
-- Thron, Andrew		Linfield College	ND	
-- Olson, Travis		Unattached	X44.40m	145- 08
-- Smith, John		Bruin Track Club	X44.52m	146- 01

Event 41 Men Hammer Throw

Colcord: 220-03 6/15/2000 Travis Nutter, Una.

Name	Year	School	Finals	Points
1 Matlock, Nate		Willamette	49.46m	162- 03 10
2 Gottfried, Greg		George Fox Unive	46.64m	153- 00 8
3 Sandbo, Bill		Willamette	44.05m	144- 06 6
4 Thron, Andrew		Linfield College	41.56m	136- 04 5
5 Boss, Dimitri		Lewis & Clark Co	41.04m	134- 08 4
6 Mills, Mike		Linfield College	39.99m	131- 02 3
7 Hill, Mike		Linfield College	39.23m	128- 08 2
8 Malcolm, David		George Fox Unive	38.88m	127- 07 1
9 Hultberg, Nick		George Fox Unive	35.44m	116- 03
10 Hill, Sam		Puget Sound	32.62m	107- 00
11 Blem, Dale		Pacific U.	30.79m	101- 00
12 Foster, Tim		Pacific U.	29.16m	95- 08
13 Justham, Drew		Puget Sound	25.18m	82- 07

Event 42 Men Javelin Throw

Colcord: 220-02 6/7/2001 Justin St. Clair, Una.

Name	Year	School	Finals	Points
1 Gassaway, Matt		George Fox Unive	58.12m	190- 08 10
2 Hazenburg, Brandon		Linfield College	55.22m	181- 02 8
3 Mills, Mike		Linfield College	54.49m	178- 09 6
4 Mills, Steve		Linfield College	52.59m	172- 06 5
5 Kaiel, Nick		Lewis & Clark Co	52.02m	170- 08 4
6 Bednar, David		Pacific U.	50.77m	166- 07 3
7 Keeler, Jason		Pacific U.	49.26m	161- 07 2
8 Gohl, Andrew		Linfield College	48.29m	158- 05 1
9 Fipps, Jesse		Linfield College	46.74m	153- 04
10 Dillow, Ben		George Fox Unive	46.62m	152- 11
11 Hultberg, Nick		George Fox Unive	46.31m	151- 11
12 Carter, Stephen		Willamette	45.77m	150- 02
13 Miles, Chris		Linfield College	45.63m	149- 08
14 Warrick, Jesse		Linfield College	45.26m	148- 06
15 Boss, Dimitri		Lewis & Clark Co	42.04m	137- 11
16 Foster, Tim		Pacific U.	42.02m	137- 10
17 McCoy, Kevin		Willamette	39.51m	129- 07
18 Clements, Rob		Puget Sound	38.00m	124- 08

Women - Team Rankings - 19 Events Scored

1) Willamette University	249.50	2) Linfield College	165.50
3) University of Puget Sound	92	4) Lewis & Clark College	74
5) George Fox University	54	6) Pacific University	46
7) Bruin Track Club	2		

Men - Team Rankings - 19 Events Scored

1) Willamette University	~~245.50~~ 250	2) Linfield College	205.50
3) George Fox University	135.50	4) University of Puget Sound	67.50
5) Pacific University	37	6) Lewis & Clark College	27

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

Personal best	Athlete	
High Jump (A=6-02.75/1.90 B=6-08/2.03 C=6-10.75/2.10		
(6-04.00/1.93)	Bret Yeager	(4)
(6-04.00/1.93)	Ben Dillow	(1)
(6-00.00/1.83)	Adam Puckett	(4)
(6-00.00/1.83)	Milo Vela	(2)
(6-00.00/1.83)	Bryan Wadlow	(4)
Vault (A=13-01.75/4.01 B=15-02.25/4.63 C=16-01.25/4.91)		
(14-01.00/4.29)	Travis Laloli	(3)
(14-00.00/4.27)	Josh Priester	(2)
(13-00.25/3.97)	Nick Wymore	(3)
(12-00.00/3.66)	Andy Haehlen	(3)
LJ (A=21-02.50/6.44 B=22-11.75/7.00 C=24-00.75/7.33		
(22-02.75/6.80)	Adam Puckett	(4)
(21-10.00/6.65)	Josh Priester	(2)
(21-04.00/6.50)	Milo Vela	(2)
(21-04.00/6.50)	Bryan Wadlow	(4)
(20-11.00/6.37)	Drew Maves	(1)
(20-04.006.20)	Ben Dillow	(1)
(20-02.50/6.16)	Bret Yeager	(4)
(19-10.25/6.05)	Doug Beatty	(4)
(18-01.00/5.51)	Andrew Haehlen	(3)
TJ (A=42-06.75/12.97 B=46-03.25/14.10/ C=48-10.75/14.90)		
(45-06.50/13.87)	Adam Puckett	(4)
(44-02.50/13.47)	Milo Vela	(2)
(44-05.50/13.55)	Bryan Wadlow	(4)
(42-04.25/12.91)	Doug Beatty	(4)
Shot (A=44-02.75/13.48 B=50-04/15.34 C=54-08.25/16.67)		
(40-10.00/12.44)	Josh Priester	(2)
(40-07.50/12.38)	David Malcolm	(4)
(35-09.25/10.90)	Nick Hultberg	(4)
Discus (A=135-05/41.28 B=155-00/47.25 C=171-11/52.40)		
(143-10/43.84)	Greg Gottfried	(3)
(137-07/41.94)	Josh Priester	(2)
(116-05/35.48)	Nick Hultburg	(4)
(109-01/33.24)	Bryan Wadlow	(4)
(97-04/29.67)	David Malcolm	(4)
Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)		
(202-07/61.74)	Matt Gassaway	(3)
(172-02/52.47)	Nick Hultberg	(4)
Hammer (A=144-11/44.17 B=165-04/50.40 C=183-09/56.00)		
(166-08/50.80)	Greg Gottfried	(3)
(120-04/36.67)	Nick Hultberg	(4)
(116-02/35.41)	David Malcolm	(4)
100m Dash (A=11.22 B=10.81 C=10.53)		
(10.65)	Ben Salisbury	(4)
(10.98)	Josh Priester	(2)
(11.34)	Brad Bates	(3)
(11.44)	Drew Maves	(1)
(11.59)	Jesse Rasmussen	(4)
(11.74)	Ben Dillow	(1)
(12.50)	Nick Wymore	(3)
(12.57)	Andy Haehlen	(3)
(12.02)	Andrew Paine	(3)
(12.14)	Bryan Wadlow	(4)
200m Dash (A=22.72 B=21.80 C=21.40)		
(21.34)	Ben Salisbury	(4)
(22.99)	Brad Bates	(3)
(23.35)	Jesse Rasmussen	(4)
(23.39)	Ryan Sprunger	(3)
(23.64)	Ryan Sticka	(1)
(23.88)	Andrew Paine	(3)
(24.88)	Nick Wymore	(3)
(24.94)	Andy Haehlen	(3)

Personal best	Athlete	
400m Dash (A=51.24 B=48.50 C=47.80)		
(49.03)	Ben Salisbury	(4)
(49.50)	Josh Priester	(2)
(49.54)	Eddie Guelfi	(1)
(49.95)	Jesse Rasmussen	(4)
(50.16)	Ryan Sprunger	(3)
(50.44)	Brad Bates	(3)
(51.44)	Ryan Sticka	(1)
(52.04)	Ben Dillow	(1)
(53.34)	Adam Gray	(1)
(53.74)	Ben Eichenberger	(2)
800m Run (A=1:58.00 B=1:53.10 C=1:51.30)		
(1:53.54)	Eddie Guelfi	(1)
(1:58.04)	Ryan Sticka	(1)
(2:01.11)	Bryan Cobb	(2)
(2:01.03)	Michael Owen	(4)
(2:02.24)	Adam Gray	(1)
(2:04.04)	Ben Dort	(1)
(2:05.81)	Matt Burg	(3)
(2:05.82)	Brad Bates	(3)
(2:05.92)	Andrew Paine	(3)
(2:07.24)	Jake Moe	(1)
(2:12.24)	Jeff Friesen	(1)
1500m Run (A=4:05.00 B=3:55.50 C=3:50.60)		
(4:03.03)	Michael Owen	(4)
(4:08.58)	Matt Burg	(3)
(4:14.24c)	Jake Moe	(1)
(4:24.24)	Jeff Friesen	(1)
(4:25.24)	David Delmore	(1)
(4:25.34)	Bryan Cobb	(2)
(4:29.24)	Grant Finney	(1)
(4:29.24)	Adam Gray	(1)
3000m Run (not contested for championships)		
(8:52.35)	Michael Owen	(4)
(9:06.07)	Matt Burg	(3)
(9:18.94c)	Jake Moe	(1)
(9:24.24)	Jeff Friesen	(1)
(9:34.24)	Grant Finney	(1)
(9:45.24)	David Delmore	(1)
5000m Run (A=15:49.76 B=14:55.00 C=14:32.00)		
(15:37.04)	Michael Owen	(4)
(15:45.64)	Matt Burg	(3)
(17:23.24)	David Delmore	(1)
10,000m Run (A=TOP 18 B=31:30.00 C=30:37.00)		
(33:11.50)	Michael Owen	(4)
(33:29.40)	Matt Burg	(3)
110m High Hurdles (A=16.13 B=14.90 C=14.45		
(16.90)	Ben Eichenberger	(2)
400m Intermediate Hurdles (A=57.89 B=54.00 C=52.40		
(59.94)	Ben Eichenberger	(2)
(60.08)	Andrew Paine	(3)
3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)		
(9:23.57)	Michael Owen	(4)
Decathlon (A=NONE B=6000 C=6500)		
(6442)	Josh Priester	(2)
(6030hs)	Ben Dillow	(1)
4 x 100m Relay (A=TOP-8 B=42.00 C=41.40)		
43.39	(Eichenberger, Rasmussen, Beardsley, Salisbury)	'03
4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)		
3:26.72	(Rassmussen, Coppini, Beardsley, Salisbury)	'03

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 4 SPLITS

(LO=Leadoff leg)

(50.7-LO)	Sprunger
(50.8-LO)	Rasmussen
(53.9-LO)	Dort
(54.4-LO)	Eichenberger
(53.0-LO)	Paine

(47.8)	Salisbury
(48.9)	Guelfi
(49.6)	Rasmussen
(49.6)	Bates
(49.7)	Sticka
(51.5)	Paine
(53.8)	Cobb
(54.6)	Owen
(55.9)	Wymore
(54.0)	Puckett
(58.0)	Haehlen

INDIVIDUAL SCORING--2003 SEASON

Salisbury	135
Rasmussen	69.50
Vela	68
Puckett	67
Wymore	61.50
Wadlow	55.75
Hultberg	43
Owen	41.25
Gassaway	36
Yeager	35
Burg	31
Malcolm	26.50
Eichenberger	24.25
Haehlen	21.50
Beatty	14
Paine	11.25
Bates	5

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

~ 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-07.75/1.72)					
	(5-05.75/1.67)	Michelle Forbes	(3)		
	(5-01.00/1.55)	Julie Brown	(1)		
Vault (A=10-01.25/3.08 B=10-10.00/3.30 C=12-00.75/3.68)					
	(9-06.00/2.89)	Tori Black	(1)		
	(8-09.00/2.67)	Jillian Shaw	(2)		
Long Jump (A=16-05.25/5.01 B=18-00.50/5.50 C=19-00.50/5.80)					
	(14-09.75/4.51)	Michelle Forbes	(3)		
Triple Jump (A=33-10.25/10.32 B=36-11/11.25 C=39-00.50/11.95)					
	(33-09.75/10.30)	Michelle Forbes	(3)		
Shot PUT (A=356-00.75/10.99 B=41-03/12.57 C=44-11.50/13.70)					
Discus (A=116-05/35.48 B=136-02/41.50 C=152-07/46.50)					
Javelin (A=115-10/35.31 B=126-04/38.50 C=137-09/42.00)					
	(110-00.00/33.52)	Tori Black	(1)		
Hammer (A=127-07/38.90 B=147-08/45.00 C=168-11/51.50)					
100m Dash (A=12.97 B=12.36 C=12.05)					
	(12.94)	Brooke Erickson	(4)		
	(13.04)	Shannon Miles	(1)		
	(13.09)	Michelle Forbes	(3)		
	(13.91)	Mona Matthews	(4)		
	(14.14)	Lindsay Finney	(1)		
200m Dash (A=26.97 B=25.40 C=24.55)					
	(26.76)	Brooke Erickson	(4)		
	(26.84)	Shannon Miles	(1)		
	(29.08)	Mona Matthews	(4)		
	(27.24)	Michelle Forbes	(3)		
	(29.14)	Lindsay Finney	(1)		
400m Dash (A=62.17 B=58.00 C=56.10)					
	(58.35)	Sara Miller	(3)		
	(62.35)	Brooke Erickson	(4)		
800m Run (A=2:22.96 B=2:16.20 C=2:12.00)					
	(2:17.40)	Jessica Beach	(1)		
	(2:25.33)	Leighann Fischer	(1)		
	(2:25.)	Tessa Vergari	(1)		
	(2:31.45)	Beth Moyer	(4)		
	(2:33.24)	Beth Jertberg	(2)		
1500m Run (A=4:52.00 B=4:42.00 C=4:36.00)					
	(4:51.73)	Beth Jertberg	(2)		
	(5:01.53)	Beth Moyer	(4)		
	(5:00.44)	Jessica Beach	(1)		
	(5:04.)	Leighann Fischer	(1)		
	(5:13.)	Whittney Harris	(1)		
	(5:20.)	Tessa Vergari	(1)		
	(5:27.)	Rosemary Fama	(1)		

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
3000m Run (Not contested in championships)					
	(10:56.90)	Janelle Goeres	(4)		
	(10:59.03)	Beth Moyer	(4)		
	(11:14.)	Whittney Harris	(1)		
	(11:44.06)	Beth Jertberg	(2)		
5000m Run (A=19:07.87 B=17:55.00 C=17:15.00)					
	(18:37.44)	Leighann Fischer	(1)		
	(18:50.74)	Janelle Goeres	(4)		
	(19:40.70)	Beth Moyer	(4)		
	(19:45.14)	Whittney Harris	(1)		
	(19:46.82)	Beth Jertberg	(2)		
	(21:00.00)	Kara Geertz	(1)		
10,000m Run (A=TOP 18 B=37.50.00 C=37:24.00)					
	(39:12.60)	Janelle Goeres	(4)		
100m Hurdles (A=16.30 B=15.10 C=14.43)					
	(16.34)	Julie Brown	(1)		
	(16.74)	Lindsay Finney	(1)		
	(17.13)	Bekah Duby	(1)		
400m Hurdles (A=68.66 B=64.70 C=62.40)					
3000m STEEPLECHASE (A=TOP 18 B=11:30.00 C=Top 15)					
	(12:05.11)	Elizabeth Moyer	(4)		
Heptathlon (A=None B=4100 C=4500)					
4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)					
50.83	(Williamson, Forbes, Baron, Boatright)		'03		
4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)					

4 x 4 SPLITS

(LO=Leadoff leg)

(67.2-LO)	Matthews
(58.1)	Miller
(61.9)	Erickson
(62.0)	Duby
(62.2)	Beach
(64.0)	Vergari
(65.2)	Moyer
(70.4)	Matthews
(72.5)	Jertberg

INDIVIDUAL SEASON SCORING -- 2003

Forbes	68.75
Jertberg	47
Matthews	32
Moyer	29

2004 LINFIELD ICEBREAKER 6 March
Cool, windy, dry

WOMEN

100

1. Sara Callier	McKenzie Striders	12.72
2. Ashley Taylor	McKenzie Striders	12.75
3. Alyssa Tibbs	SWOCC	13.05
4. Brittany Grizzard	MHCC	13.12
5. Keyanna Jenkins	Una.	13.27
6. Katy Kociemba	WOU	13.29
-- Shannon Miles	GFU	13.87
-- Mona Matthews	GFU	14.91

200

1. Alyssa Tibbs	SWOCC	26.89
2. Kelsey Newell	Linfield	26.94
3. Keyanna Jenkins	Una.	27.15
4. Bianca Mathabaine	McKenzie Striders	27.50
5. Becky Horace	Molalla TC	27.64
6. Nicole D'Abreau	Una.	27.88
-- Juliekay Brown	GFU	30.65 **
-- Mona Matthews	GFU	31.06

400

1. BNrittney Anderson	Una.	58.96
2. Becky Horace	Molalla TC	60.51
3. Alex Jones	McKenzie Striders	60.60
4. Kristen Wiese	WOU	61.99
5. Elisheba Barnard	SWOCC	62.68
6. Michelle LaBounty	SWOCC	62.72
-- Juliekay Brown	GFU	70.40 **

800

1. Tara Crowley	Team XO	2:19.34
2. Liz Thompson	Bruin TC	2:20.25
3. Joanna Murphy	Linfield	2:23.60
4. Beth Lentz	CCSpokane	2:24.80
5. Heather Meier	Clark CC	2:28.17
6. Alex Jones	McKenzie Striders	2:31.33
8. Leighann Fischer	GFU	2:35.54

1500

1. Tara Crowley	Team XO	4:46.30
2. Lindsay Krous	Alaska Anchorage	5:01.88
3. Leighann Fischer	GFU	5:06.22
4. Stephanie Carter	Lane CC	5:09.98
5. Erin Gerhardt	Lane CC	5:16.14
6. Danielle Pratt	Alaska Anchorage	5:19.76
7. Beth Jertberg	GFU	5:20.52
9. Sara Miller	GFU	5:21.07 **
10. Tessa Vergari	GFU	5:21.64

5000

1. Liane Rae	Una.	18:02.15
2. Yesewzer Kebede	Una.	18:05.76
3. Robyn Wangberg	OSU TC	18:10.83
4. Katie Dye	Clark CC	19:48.41
5. Crystal Dennis	Una.	19:59.03
6. Kasey Treger	Linfield	20:02.26
9. Beth Moyer	GFU	21:01.84

10,000

1. Stacy Edwards	Alaska Anchorage	37:23.87
2. Ashley Hadaway	CCSpokane	37:24.16
3. Meryl Witt	Linfield	38:47.78
4. Whittney Harris	GFU	41:19.92 ** A

100H

1. De De Sonis	MHCC	16.44
2. Bianca Mathabaine	McKenzie Striders	16.48
3. Caitlin Mahoney	Lnfield	16.82
4. Jessie Gallagher	MHCC	16.96
5. Tiffany Ellison	MHCC	16.98
6. Leese Morehead	Clark CC	17.32
-- Lindsay Finney	GFU	17.99
-- Becca Duby	GFU	19.37

400H

1. Jennie Rummell	WOU	67.04c
2. Riley Bernard	Linfield	69.14c
3. Krista Schaefer	MHCC	72.07c
4. Molly Carlson	Lane CC	73.05
5. Megan Confer	Lane CC	73.74c
6. Emily Rohlffs	Linfield	75.95
7. Lindsay Finney	GFU	76.30 **
8. Becca Duby	GFU	77.00 **

3000m Steeplechase

1. Lindsay Jorgensen	OSU TC	12:07.14
2. Ashley Weimer	Linfield	14:44.67

4 x 100

1. SWOCC	51.11
2. McKenzie Striders	51.45
3. Linfield	51.71
4. Clark CC	51.80
5. Unattached (McKay HS)	53.46

4 x 400

1. Linfield	4:12.82
2. SWOCC	4:16.84
3. Alaska Anchorage	4:26.20
4. Unattached (McKay HS)	4:29.39
5. GEORGE FOX	4:35.94

(Duby-70.9; Vergari-68.8; Jertberg-67.7**; Miller-68.9)

HIGH JUMP

1. Caitlin Mahoney	Linfield	5-04/1.62
2. Kristin Brogdon	Lane CC	5-04/1.62
3. Lindsay Larson	Linfield	5-04/1.62
4. Michelle Forbes	GFU	5-02/1.57 A
5. Jessie Gallagher	MHCC	5-00/1.52
6. Chelsia Challis	SWOCC	4-10/1.47
8. Juliekay Brown	GFU	4-10/1.47

POLE VAULT

1. Julie Huddleston	Linfield	10-06/3.20
2. Jessie Gallagher	MHC	10-00/3.05
3. Miranda Carter	Molalla TC	10-00/3.05
4. Jillian Shaw	GFU	9-00.25/2.75 **
(#5 All-Time; #3 Soph)		
5. Danelle Smith	WOU	8-06.25/2.60
6. Joan Campbell	WOU	8-06.25/2.60

LONG JUMP

1. Lakeshia Cockrell	Clark CC	18-04.25/5.59
2. Sara Callier	McKenzie Striders	18-00.50/5.50
3. Katy Kociemba	WOU	17-02.00/5.23
4. Antoinette Payne	McKenzie Striders	16-11.50/5.17
5. Tiffany Ellison	MHCC	16-08.75/5.10
6. Desiri Mason	McKenzie Striders	16-03.25/4.96

TRIPLE JUMP

1. Sara Callier	McKenzie Striders	37-02.50/11.34
2. Antoinette Payne	McKenzie Striders	35-05.75/10.81
3. Precious Lapuz	Clark CC	33-10.00/10.31
4. Kristin Brogdon	Lane CC	33-06.50/10.22
5. Julie Kendall	WOU	32-09.50/9.99
6. Rebekah Shaw	Lane CC	32-07.75/9.95

SHOT PUT

1. Danielle Bielenberg	Linfield	42-03.25/12.58
2. Judith Burnett	Lane CC	41-02.50/12.56
3. Joni Claypool	Linfield	40-04.75/12.31
4. Alicia Vandervelden	WOU	38-11.75/11.88
5. Chevonna Lynch	WOU	38-09.75/11.83
6. Bethany Frink	Clark CC	38-02.00/11.63
-- Poha Henson	Una.-GFU	39-00.00/9.15 **
-- Lindsey Blankenship	GFU	25-09.50/7.86 **

DISCUS

1. Jessica Houston	Alaska Anchorage	134-02/40.90
2. Judith Burnett	Lane CC	130-00/39.62
3. Jaci Cederberg	WOU	126-02/38.45
4. Alicia Vandervelden	WOU	122-04/37.28
5. Joni Claypool	Linfield	119-05/36.40
6. Danielle Bielenberg	Linfield	117-00/35.66
-- Lindsay Blankenship	GFU	93-11/28.63 **
-- Poha Henson	Una.-GFU	nm

HAMMER

1. Jennifer Dunkin	Una.	163-01/49.71
2. Jaci Cederberg	WOU	160-09/49.01
3. Kate Burton	Clark CC	158-04/48.26
4. Kristin Hepler	WOU	158-02/48.21
5. Allison Ingram	Pacific	134-02/40.90
6. Christina Hebert	Clark CC	128-06/39.18
-- Lindsey Blankenship	GFU	79-11/24.36 **
-- Poha Henson	Una-GFU	78-05/23.90 **

JAVELIN

1. Tia Parsons	Una.	140-10/42.94
2. Kate Buehler	Una.	127-11/39.00
3. Becky Daniels	SWOCC	120-00/36.58
4. Tori Black	GFU	111-08/34.04 **
5. Leah Moore	Linfield	111-02/33.88
6. Lindsay Larson	Linfield	106-10/32.56

INDIVIDUAL SCORING (10-8-6-5-4-3-2-1)

Fischer	7
Forbes	5
Black	5
Harris	5
Shaw	5
Jertberg	3
Duby	2
Finney	2
Brown	1
Miller	1
Vergari	1

MEN

100

1. Chris Boock	Linfield	11.22
2. Javon Johnson	Cascade	11.27
3. Brian Parris	Una.	11.32
4. Ben Salisbury	GFU	11.35
5. Steve Keith	Clark CC	11.44
6. Terry Guthrie	Clark CC	11.45
-- Nick Wymore	GFU	12.60
-- Andy Haehlen	GFU	12.68

200

1. Ben Salisbury	GFU	22.24 A
2. Terry Guthrie	Clark CC	22.51
3. Nathan Ingrao	Una.	22.77
4. Chris Boock	Linfield	22.80
5. Bruce Brandon	MHCC	23.08
6. Steve Keith	Clark CC	23.13
-- Brad Bates	GFU	23.72

400

1. Marcus Whitehead	SWOCC	49.05
2. Mike Becerra	Una.	49.77
3. Adam Bailey	Una.	50.77
4. Jay West	Clark CC	50.78
5. Chris March	Una-McKay HS	51.28
6. Jesse Rasmussen	GFU	51.46

800

1. Adam Demmings	SETA	1:55.03
2. Nate Boyer	CCSpokane	1:55.55
3. Chris Bedrossian	Clark CC	1:56.41
4. Asiki Ayume	CCSpokane	1:56.85
5. Casey Taylor	Linfield	1:57.03
6. Joe Ginanni	Linfield	1:57.91
-- Eddie Guelfi	GFU	2:01.04
-- Bryan Cobb	GFU	2:03.65
-- Ben Dort	GFU	2:12.11

1500

1. Ty Axtman	CCSpokane	4:02.56
2. Joe Kaufman	CCSpokane	4:06.18
3. Aaron Dickson	Alaska Anchorage	4:06.79
4. Danny Dobra	Warner Pacific	4:07.86
5. Devin McDaniel	Una.	4:09.38
6. Nick Martin	Una.	4:12.88
-- Ben Dort	GFU	4:24.51 **

5000

1. Brett Carter	U Portland	15:08.82
2. Drew Dickson	Alaska Anchorage	15:31.51
3. Todd List	Alaska Anchorage	15:32.37
4. John King	Una.	15:35.51
5. John Mantalas	Bruin TC	15:37.17
6. Vertin Alvarez	Una-Newberg HS	15:37.50
7. Michael Owen	GFU	15:48.87 A

10,000

1. Justin Lana	Linfield	343:32.03
2. Kelly Warren	Linfield	34:36.07
3. Hector Juarez	TVCC	35:51.10
4. Kyle Ellis	Cascade	36☺6.50
5. Danny Still	Cascade	36:29.97

110H

1. Seth Harris	GFU	15.85 ** A
2. Eric Griffith	Una.	16.10
3. TJ Samuels	Cascade	16.45
4. Ben Dillow	GFU	17.34 **
5. Luke Ewing	WOU	17.50
6. Joe Borda	SWOCC	17.90

400H

1. Seth Harris	GFU	55.74 ** A
2. Jesse Fipps	Linfield	56.94
3. Ben Eichenberger	GFU	60.37
4. Don Law	Linfield	60.44
5. Eric Griffith	Una.	61.39
6. TDodd Penman	Warner Pacific	62.34

3000m STEEPLECHASE

1. Nate Normandin	Alaska Anchorage	9:24.33
2. David Christian	Warner Pacific	11:08.62

4 x 100

1. SWOCC	43.95
2. Una.-McKay HS	45.47
3. Linfield "B"	46.40
-- Linfield "A"	DQ

4 x 400

1. GEORGE FOX	3:22.93
(Priester-51.3; Guelfi-51.8; Bates-50.6; Harris-49.0**)	
2. Clark CC	3:23.33
3. Linfield	3:24.54
4. Lane CC	3:27.96
5. Linfield "C"	3:33.63
6. GEORGE FOX "B"	3:33.94
(Rasmussen-50.9; Dort-56.6; Cobb-54.2; Dillow-52.3**)	

HIGH JUMP

1. Greg Langley	SWOCC	6-06/1.98
2. Eric Mallema	Clark CC	6-04/1.93
T3. Ryan Thomas	Clark CC	6-04/1.93
T3. Cole Parmalee	Una.	6-02/1.87
5. Corey Swim	Warner Pacific	6-02/1.93
T6. Brandon Bodine	WOU	6-00/1.82
T6. Matt Zimbrick	Linfield	6-00/1.82

POLE VAULT

1. Josh Cummings	WOU	15-05.00/4.70
2. Jordan Trump	MHCC	14-11.00/4.55
3. David Hunt	SWOCC	13-05.25/4.10
4. Joe Borda	SWOCC	13-05.25/4.10
5. Andy Haehlen	GFU	11-11.75/3.65
6. Andrew Stempel	Linfield	11-11.75/3.65
-- Josh Priester	GFU	nh
-- Nick Wymore	GFU	hn

LONG JUMP

1. Cameron Nicholson	Linfield	22-01.50/6.74
2. Adam Puckett	GFU	20-11.25/6.38
3. Brandon Hazenberg	Linfield	20-11.25/6.38
4. Cole Parmalee	Una.	20-10.00/6.35
5. Joe Antonowicz	Clark CC	20-07.25/6.28
6. Doug Beatty	GFU	20-02.25/6.15 **
8. Drew Maves	GFU	20-00.50/6.11
9. Milo Vela	GFU	19-10.75/6.06 ##
10. Ben Dillow	GFU	19-08.25

TRIPLE JUMP

1. Ryan Thomas	Clark CC	45-02.50/13.78
2. Adam Puckett	GFU	45-00.50/13.73 A
3. Milo Vela	GFU	43-00.50/13.12 A
4. Sean Haga	Una.	42-03.25/12.88
5. Cameron Nicholson	Linfield	42-01.50/12.84
6. Greg Rohr	WOU	41-08.75/12.72
8. Doug Beatty	GFU	40-04.25/12.30

SHOT PUT

1. Andrew Thron	Linfield	50-05.25/15.37
2. Kevin Johnson	WOU	49-03.50/15.02
3. Nick Shannon	Lane CC	48-09.50/14.87
4. Chris Squires	Una.	48-08.00/14.83
5. Evan Lybarger	Una.	48-01.25/14.66
6. Tyler Hartsteen	MHCC	47-01.00/14.35
-- David Malcolm	GFU	42-06.75/12.97 **

DISCUS

1. Travis Olson	Una.	150-02/45.77
2. John Smith	Bruin TC	146-01/44.53
3. Matt Ohman	Una.	143-01/43.61
4. Brandon Jasmin	WOU	139-11/42.64
5. Chris Squires	Una.	139-02/42.42
6. Josh Holloway	WOU	133-01/40.56
-- Nick Hultberg	GFU	111-04/33.94
-- Ben Dillow	GFU	98-10/30.12 **

HAMMER

1. Justin Carvalho	Team XO	197-02/60.10
2. Chad Riddle	Bruin TC	159-06/48.62
3. Evan Lybarger	Una.	152-02/46.38
4. Andrew Thron	Linfield	140-00/42.67
5. Brandon Jasmin	WOU	138-08/42.28
6. Josh Holloway	WOU	133-04/40.64
-- David Malcolm	GFU	124-06/37.95 **
-- Nick Hultberg	GFU	88-07/27.00

JAVELIN

1. Ryan Weidman	Una.	198-05/60.48
2. Corey Swim	Warner Pacific	196-04/59.84
3. Matt Gassaway	GFU	190-00/57.92 AB
(Junior Class Record, old 186-00, Dixon '02)		
4. Tyler Richardson	Lane CC	180-06/55.02
5. Brandon Hazenberg	Linfield	180-05/55.00
6. Mike Mills	Linfield	178-07/54.44
-- Nick Hultberg	GFU	143-00/43.60

INDIVIDUAL SCORING (10-8-6-5-4-3-2-1)

Haris	22.5
Salilsbury	16
Puckett	16
Gassaway	8
Rasmussen	7.5
Dillow	7.5
Vela	7
Eichenberger	6
Beatty	6
Owen	5
Haehlen	4
Guelfi	2.5
Priester	2.5
Bates	2.5
Maves	2
Malcolm	2
Dort	1.5
Cobb	1.5

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-07.75/1.72)					
5-07/1.70 (i)	(5-05.75/1.67)	Michelle Forbes	(3)	a	
4-10/1.47	(5-01.00/1.55)	Julie Brown	(1)	b	
Vault (A=10-01.25/3.08 B=10-10.00/3.30 C=12-00.75/3.68)					
9-00.25/2.75	(8-09.00/2.67)	Jillian Shaw	(2)	b	
	(9-06.00/2.89)	Tori Black	(1)		
Long Jump (A=16-05.75/5.02 B=18-00.50/5.50 C=19-00.50/5.80)					
	(14-09.75/4.51)	Michelle Forbes	(3)		
Triple Jump (A=33-11.50/10.35 B=36-11/11.25 C=39-00.50/11.95)					
	(33-09.75/10.30)	Michelle Forbes	(3)		
Shot PUT (A=36-02.75/11.04 B=41-03/12.57 C=44-11.50/13.70)					
30-00.00/9.14	(30-00.00/9.14)	Poha Henson	1)	b	
25-09.50/7.86	(25-09.50/7.86)	Lindsey Blankenship	(1)	b	
Discus (A=116-00/35.36 B=136-02/41.50 C=152-07/46.50)					
93-11/28.60	(93-11/28.60)	Lindsey Blankenship	(1)	b	
Javelin (A=116-00/35.36 B=126-04/38.50 C=137-09/42.00)					
111-08/34.04	(110-00.00/33.52)	Tori Black	(1)	b	
Hammer (A=127-07/38.89 B=147-08/45.00 C=168-11/51.50)					
79-11/24.36	(79-11/24.36)	Lindsey Blankenship	(1)	b	
78-05/23.90	(78-05/23.90)	Poha Henson	(1)	b	
100m Dash (A=12.96 B=12.36 C=12.05)					
13.87	(13.04)	Shannon Miles	(1)	b	
14.91	(13.91)	Mona Matthews	(4)	b	
	(13.09)	Michelle Forbes	(3)		
	(14.14)	Lindsay Finney	(1)		
	(12.94)	Brooke Erickson	(4)		
200m Dash (A=26.95 B=25.40 C=24.55)					
30.65	(30.65)	Juliekay Brown	(1)	b	
31.06	(29.08)	Mona Matthews	(4)	b	
	(27.24)	Michelle Forbes	(3)		
	(29.14)	Lindsay Finney	(1)		
	(26.76)	Brooke Erickson	(4)		
	(26.84)	Shannon Miles	(1)		
400m Dash (A=62.13 B=58.00 C=56.10)					
70.40	(70.40)	Juliekay Brown	(1)	b	
	(58.35)	Sara Miller	(3)		
	(62.35)	Brooke Erickson	(4)		
800m Run (A=2:23.42 B=2:16.20 C=2:12.00)					
2:35.54	(2:25.33)	Leighann Fischer	(1)	b	
	(2:17.40)	Jessica Beach	(1)		
	(2:25.)	Tessa Vergari	(1)		
	(2:31.45)	Beth Moyer	(4)		
	(2:33.24)	Beth Jertberg	(2)		
1500m Run (A=4:54.00 B=4:42.00 C=4:36.00)					
5:06.24	(5:04.)	Leighann Fischer	(1)	b	
5:20.52	(4:51.73)	Beth Jertberg	(2)	b	
5:21.07	(5:21.07)	Sara Miller	(3)	b	
5:21.64	(5:20.)	Tessa Vergari	(1)	b	
	(5:01.53)	Beth Moyer	(4)		
	(5:00.44)	Jessica Beach	(1)		
	(5:13.)	Whittney Harris	(1)		
	(5:27.)	Rosemary Fama	(1)		
3000m Run (Not contested in championships)					
10:50.21	(11:15.24)	Leighann Fischer	(1)	a	
11:33.11 (i)	(11:14.)	Whittney Harris	(1)	a	
	(10:56.90)	Janelle Goeres	(4)		
	(10:59.03)	Beth Moyer	(4)		
	(11:44.06)	Beth Jertberg	(2)		

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
5000m Run (A=19:06.15 B=17:55.00 C=17:15.00)					
21:01.84	(19:40.70)	Beth Moyer	(4)	b	
	(18:37.44)	Leighann Fischer	(1)		
	(18:50.74)	Janelle Goeres	(4)		
	(19:45.14)	Whittney Harris	(1)		
	(19:46.82)	Beth Jertberg	(2)		
	(21:00.00)	Kara Geertz	(1)		
10,000m Run (A=TOP 18 B=37.50.00 C=37:24.00)					
41:19.92	(41:19.92)	Whittney Harris	(1)	b	A
	(39:12.60)	Janelle Goeres	(4)		
100m Hurdles (A=16.14 B=15.10 C=14.43)					
17.99	(16.74)	Lindsay Finney	(1)	b	
19.37	(17.13)	Bekah Duby	(1)	b	
	(16.34)	Julie Brown	(1)		
400m Hurdles (A=69.01 B=64.70 C=62.40)					
76.30	(76.30)	Lindsay Finney	(1)	b	
77.00	(77.00)	Bekah Duby	(1)	b	
3000m STEEPLECHASE (A=TOP 18 B=11:30.00 C=Top 15)					
	(12:05.11)	Elizabeth Moyer	(4)		
Heptathlon (A=None B=4100 C=4500)					
4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)					
4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)					
4:35.94	(Duby, Vergari, Jertberg, Miller)			b	

4 x 4 SPLITS

(LO=Leadoff leg)

70.9-LO	(70.9-LO)	Duby	b
	(67.2-LO)	Matthews	
67.7	(72.5)	Jertberg	b
68.4	(58.1)	Miller	b
68.8	(64.0)	Vergari	b
	(61.9)	Erickson	
	(62.0)	Duby	
	(62.2)	Beach	
	(65.2)	Moyer	
	(70.4)	Matthews	

INDIVIDUAL SEASON SCORING--2004

Fischer	7
Forbes	5
Black	5
Shaw	5
Harris	5
Jertberg	3
Duby	2
Finney	2
Brown	1
Miller	1
Vergari	1

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

High Jump (A=6-02.25/1.89 B=6-08/2.03 C=6-10.75/2.10

Personal best		Athlete		
	(6-04.00/1.93)	Bret Yeager	(4)	
	(6-04.00/1.93)	Ben Dillow	(1)	
	(6-00.00/1.83)	Adam Puckett	(4)	
	(6-00.00/1.83)	Milo Vela	(2)	
	(6-00.00/1.83)	Bryan Wadlow	(4)	
	(5-10.50/1.79)	Josh Priester	(2)	

Vault (A=13-01.75/4.01 B=15-02.25/4.63 C=16-01.25/4.91)

11-11.75/3.65	(12-00.00/3.66)	Andy Haehlen	(3)	b
	(14-01.00/4.29)	Travis Laloli	(3)	
	(14-00.00/4.27)	Josh Priester	(2)	
	(13-00.25/3.97)	Nick Wymore	(3)	

LJ (A=21-01.50/6.44 B=22-11.75/7.00 C=24-00.75/7.33

20-11.25/6.38	(22-02.75/6.80)	Adam Puckett	(4)	b
20-07.75/6.29	(21-10.00/6.65)	Josh Priester	(2)	a
20-02.25/6.15	(19-10.25/6.05)	Doug Beatty	(4)	b
20-00.50/6.11	(20-11.00/6.37)	Drew Maves	(1)	b
19-10.75/6.06	(20-04.00/6.20)	Ben Dillow	(1)	a
19-10.75/6.06	(21-04.00/6.50)	Milo Vela	(2)	b
	(21-04.00/6.50)	Bryan Wadlow	(4)	
	(20-02.50/6.16)	Bret Yeager	(4)	
	(18-01.00/5.51)	Andrew Haehlen	(3)	

TJ (A=42-06.75/12.97 B=46-03.25/14.10/ C=48-10.75/14.90)

45-05.75/13.86	(45-06.25/13.87)	Adam Puckett	(4)	a	A
43-00.50/13.12	(44-02.50/13.47)	Milo Vela	(2)	b	A
40-04.25/12.30	(42-04.25/12.91)	Doug Beatty	(4)	b	
	(44-05.50/13.55)	Bryan Wadlow	(4)		

Shot(A=44-02.75/13.48 B=50-04/15.34 C=54-08.25/16.67)

42-06.75/12.97	(40-07.50/12.38)	David Malcolm	(4)	b
	(40-10.00/12.44)	Josh Priester	(2)	
	(35-09.25/10.90)	Nick Hultberg	(4)	

Discus (A=135-05/41.28 B=155-00/47.25 C=171-11/52.40)

111-04/33.94	(116-05/35.48)	Nick Hultburg	(4)	b
98-10/30.12	(98-10/30.12)	Ben Dillow	(1)	b
	(143-10/43.84)	Greg Gottfried	(3)	
	(137-07/41.94)	Josh Priester	(2)	
	(109-01/33.24)	Bryan Wadlow	(4)	
	(97-04/29.67)	David Malcolm	(4)	

Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)

190-00/57.92	(202-07/61.74)	Matt Gassaway	(3)	b	AB
143-00/43.60	(172-02/52.47)	Nick Hultberg	(4)	b	
	(151-09/46.26)	Josh Priester	(2)		

Hammer (A=144-11/44.17 B=165-04/50.40 C=183-09/56.00)

124-06/37.95	(116-02/35.41)	David Malcolm	(4)	b
88-07/27.00	(120-04/36.67)	Nick Hultberg	(4)	b
	(166-08/50.80)	Greg Gottfried	(3)	

100m Dash (A=11.22 B=10.81 C=10.53)

11.34	(10.65)	Ben Salisbury	(4)	b
12.60	(12.50)	Nick Wymore	(3)	b
12.68	(12.57)	Andy Haehlen	(3)	b
	(10.98)	Josh Priester	(2)	
	(11.34)	Brad Bates	(3)	
	(11.44)	Drew Maves	(1)	
	(11.59)	Jesse Rasmussen	(4)	
	(11.74)	Ben Dillow	(1)	
	(12.02)	Andrew Paine	(3)	
	(12.14)	Bryan Wadlow	(4)	

200m Dash (A=22.72 B=21.80 C=21.40)

22.24	(21.34)	Ben Salisbury	(4)	b	A
22.27 (i)	(23.39)	Ryan Sprunger	(3)	a	
23.72	(22.99)	Brad Bates	(3)	b	
	(23.35)	Jesse Rasmussen	(4)		
	(23.64)	Ryan Sticka	(1)		
	(23.88)	Andrew Paine	(3)		
	(24.88)	Nick Wymore	(3)		
	(24.94)	Andy Haehlen	(3)		

400m Dash (A=51.24 B=48.50 C=47.80)

50.03(i)	(50.03)	Seth Harris	(1)	a	
51.46	(49.95)	Jesse Rasmussen	(4)	b	
51.76(i)	(51.44)	Ryan Sticka	(1)	a	
	(49.03)	Ben Salisbury	(4)		
	(49.70)	Josh Priester	(2)		
	(49.54)	Eddie Guelfi	(1)		
	(50.16)	Ryan Sprunger	(3)		
	(50.44)	Brad Bates	(3)		
	(52.04)	Ben Dillow	(1)		
	(53.34)	Adam Gray	(1)		
	(53.74)	Ben Eichenberger	(2)		

800m Run (A=1:59.01 B=1:53.10 C=1:51.30)

2:01.46	(1:53.54)	Eddie Guelfi	(1)	b
2:03.65	(2:01.11)	Bryan Cobb	(2)	b
2:12.11	(2:04.04)	Ben Dort	(1)	b
	(1:58.04)	Ryan Sticka	(1)	
	(2:01.03)	Michael Owen	(4)	
	(2:02.24)	Adam Gray	(1)	
	(2:05.81)	Matt Burg	(3)	
	(2:05.82)	Brad Bates	(3)	
	(2:05.92)	Andrew Paine	(3)	
	(2:07.24)	Jake Moe	(1)	
	(2:12.24)	Jeff Friesen	(1)	

1500m Run (A=4:05.00 B=3:55.50 C=3:50.60)

4:24.51	(4:40.00)	Ben Dort	(1)	b
	(4:03.03)	Michael Owen	(4)	
	(4:08.58)	Matt Burg	(3)	
	(4:14.24c)	Jake Moe	(1)	
	(4:24.24)	Jeff Friesen	(1)	
	(4:25.24)	David Delmore	(1)	
	(4:25.34)	Bryan Cobb	(2)	
	(4:29.24)	Grant Finney	(1)	
	(4:29.24)	Adam Gray	(1)	
	(4:50.00)	Josh Priester	(2)	

3000m Run (not contested for championships)

8:58.81 (i)	(8:52.35)	Michael Owen	(4)	a
9:45.05 m(i)	(9:18.94c)	Jake Moe	(1)	a
	(9:06.07)	Matt Burg	(3)	
	(9:24.24)	Jeff Friesen	(1)	
	(9:34.24)	Grant Finney	(1)	
	(9:45.24)	David Delmore	(1)	

5000m Run (A=15:49.76 B=14:55.00 C=14:32.00)

15:48.87	(15:37.04)	Michael Owen	(4)	b	A
	(15:45.64)	Matt Burg	(3)		
	(17:23.24)	David Delmore	(1)		

10,000m Run (A=TOP 18 B=31:30.00 C=30:37.00)

	(33:11.50)	Michael Owen	(4)
	(33:29.40)	Matt Burg	(3)

110m High Hurdles (A=16.13 B=14.90 C=14.45

15.85	(15.85)	Seth Harris	(1)	b	A
17.34	(17.34)	Ben Dillow	(1)	b	
	(16.90)	Ben Eichenberger	(2)		
	(16.98)	Josh Priester	(2)		

400m Intermediate Hurdles (A=57.89 B=54.00 C=52.40

55.74	(55.74)	Seth Harris	(1)	b	A
60.37	(59.94)	Ben Eichenberger	(2)	b	
	(60.08)	Andrew Paine	(3)		

3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)

	(9:23.57)	Michael Owen	(4)

Decathlon (A=NONE B=6000 C=6500)

	(6442)	Josh Priester	(2)
	(6030hs)	Ben Dillow	(1)

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/24-25	UC Berkeley Multi's	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/26-27	Stanford Inv.	l.	4/24-25	NWC Championships, Tacoma			

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 100m Relay (A=TOP-8 B=42.00 C=41.40)

4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)

3:22.93	(Priester, Guelfi, Bates, Harris)	b
3:33.94	(Rasmussen, Dort, Cobb, Dillow)	b

4 x 4 SPLITS

(LO=Leadoff leg)

50.9-LO	(50.8-LO)	Rasmussen	b
51.3-LO	(51.3-LO)	Priester	b
	(50.7-LO)	Sprunger	
	(53.9-LO)	Dort	
	(54.4-LO)	Eichenberger	
	(53.0-LO)	Paine	
---	---	---	
49.1	(49.1)	Harris	b
50.6	(49.6)	Bates	b
51.8	(48.9)	Guelfi	b
52.3	(52.3)	Dillow	b
54.2	(53.8)	Cobb	b
56.6	(56.6)	Dort	b
	(47.8)	Salisbury	
	(49.6)	Rasmussen	
	(49.7)	Sticka	
	(51.5)	Paine	
	(54.6)	Owen	
	(55.9)	Wymore	
	(54.0)	Puckett	
	(58.0)	Haehlen	

INDIVIDUAL SCORING--2004

Harris	22.5
Salisbury	16
Puckett	16
Gassaway	8
Rasmussen	7.5
Dillow	7.5
Vela	7
Eichenberger	6
Beatty	6
Owen	5
Haehlen	4
Bates	2.5
Priester	2.5
Guelfi	2.5
Malcolm	2
Maves	2
Dort	1.5
Cobb	1.5

Licensed to Linfield College Hy-Tek's Meet Manager 3/6/2004
06:16 PM

Linfield Icebreaker - 3/6/2004
McMinnville, OR
Results

Women 100 Meter Dash

	Name	Year	School	Finals	H#
1	Callier, Sara		McKenzie Strider	12.72	1
2	Taylor, Ashley		McKenzie Strider	12.75	1
3	Tibbs, Alyssa		Southwestern Ore	13.05	1
4	Grizzard, Brittany		Mt. Hood CC	13.12	1
5	Jenkins, Keyanna		Unattached	13.27	1
6	Kociemba, Katy		Western Oregon	13.29	1
7	Burkhalter, Joanna		Southwestern Ore	13.38	1
8	D'Abreau, Nicole		Unattached	13.44	2
9	Mathabaine, Bianca		McKenzie Strider	13.52	2
10	Miller, Licia		Treasure Valley	13.69	2
11	Parker, Gabrielle		McKenzie Strider	13.75	2
12	Bartleman, Michelle		Alaska Anchorage	13.78	3
13	Miles, Shannon		George Fox	13.87	3
14	Stiglmeier, Caitlin		Linfield	13.89	2
15	Pittman, Tiara		McKenzie Strider	13.94	2
16	Leslie, Paula		Osu TC	14.04	2
17	Mathews, Mona		George Fox	14.91	2
18	Hill, Laura		Pacific	14.94	3

Women 200 Meter Dash

	Name	Year	School	Finals	H#
1	Tibbs, Alyssa		Southwestern Ore	26.89	2
2	Newell, Kelsey		Linfield	26.94	1
3	Jenkins, Keyanna		Unattached	27.15	1
4	Mathabaine, Bianca		McKenzie Strider	27.50	2
5	Horace, Becky		Molalla TC	27.64	2
6	D'Abreau, Nicole		Unattached	27.88	2
7	Moore, Leah		Linfield	28.14	1
7	Anderson, Brittney		Unattached	28.14	3
9	Ellison, Tiffany		Mt. Hood CC	28.27	2
10	Parker, Gabrielle		McKenzie Strider	28.45	1
11	Gallager, Katie		Unattached	28.51	4
12	Harper, Shanette		Alaska Anchorage	28.56	2
13	Pittman, Tiara		McKenzie Strider	28.65	2
14	Bartleman, Michelle		Alaska Anchorage	29.23	3
15	Mumm, Monique		Molalla TC	29.33	4
16	Schlosser, Breanna		Clark	29.77	3
17	Leslie, Paula		Osu TC	29.84	3
18	Sonis, De De		Mt. Hood CC	29.98	4
19	Brown, Juliekay		George Fox	30.65	4
20	Hill, Laura		Pacific	30.86	3
21	Mathews, Mona		George Fox	31.06	4

Women 400 Meter Dash

	Name	Year	School	Finals	H#
1	Anderson, Brittney		Unattached	58.96	1
2	Horace, Becky		Molalla TC	1:00.51	1
3	Jones, Alex		McKenzie Strider	1:00.60	1
4	Wiese, Kristen		Western Oregon	1:01.99	2
5	Barnard, Elisheba		Southwestern Ore	1:02.68	1
6	LaBounty, Michelle		Southwestern Ore	1:02.72	1
7	Fennimon, Stephonie		McKay Una	1:05.27	2
8	Gordon, Diana		Alaska Anchorage	1:05.88	1
9	Schlosser, Breanna		Clark	1:06.13	2
10	Brown, Juliekay		George Fox	1:10.40	2

Women 800 Meter Run

	Name	Year	School	Finals
1	Crowley, Tara		Team XO	2:19.34
2	Thompson, Liz		Bruin TC	2:20.25
3	Murphy, Joanna		Linfield	2:23.60
4	Lentz, Beth		CC of Spokane	2:24.80
5	Meler, Heather		Clark	2:28.17
6	Jones, Alex		McKenzie Strider	2:31.33
7	Browning, Taylor		Unattached	2:34.16
8	Fischer, Leighann		George Fox	2:35.54
9	Perletti, Angela		Clark	2:39.51
10	Driver, Brittany		Clark	2:41.95
11	Polanco, Edith		McKay Una	2:42.61
12	Buys, Kindra		Molalla TC	2:43.84
13	Faggard, Amanda		Molalla TC	2:43.94
14	Fine, Shalene		Clark	2:44.73

Women 1500 Meter Run

	Name	Year	School	Finals
1	Crowley, Tara		Team XO	4:46.30
2	Krous, Lindsay		Alaska Anchorage	5:01.88
3	Fischer, Leighann		George Fox	5:06.22
4	Carter, Stephanie		Lane CC	5:09.98
5	Gerhardt, Erin		Lane CC	5:16.14
6	Pratt, Danielle		Alaska Anchorage	5:19.76
7	Jertberg, Beth		George Fox	5:20.52
8	Buys, Kindra		Molalla TC	5:20.92
9	Miller, Sara		George Fox	5:21.07
10	Vergari, Tessa		George Fox	5:21.64
11	Wells, Stacie		Western Oregon	5:23.87
12	Petersen, Jen		Unattached	5:24.35
13	Fine, Shalene		Clark	5:31.39
14	Holmes, Nikki		Alaska Anchorage	5:33.45
15	Perletti, Angela		Clark	5:37.40
16	Fischer, Stephanie		Linfield	5:45.31
17	Faggard, Amanda		Molalla TC	6:01.60
18	Walters, Michelle		Treasure Valley	6:23.68
19	Hayden, Anna		Treasure Valley	6:30.67
20	Reed, Sara		Treasure Valley	6:33.68

Women 5000 Meter Run

	Name	Year	School	Finals
1	Rae, Liane		Unattached	18:02.15
2	Kebede, Yesewzer		Unattached	18:05.76
3	Wangberg, Robyn		Osu TC	18:10.83
4	Dye, Katie		Clark	19:48.41
5	Dennis, Crystal		Unattached	19:59.03
6	Treger, Kasey		Linfield	20:02.26
7	Wilson, Michelle		Osu TC	20:04.03
8	Shosky, Shana		Pacific	20:11.66
9	Moyer, Beth		George Fox	21:01.84
10	Haydu, Anjuli		Alaska Anchorage	21:36.23
11	Fisher, Genevieve		Unattached	22:08.22
12	Pidgeon, Jessica		Southwestern Ore	23:06.96

Women 10000 Meter Run

	Name	Year	School	Finals
1	Edwards, Stacy		Alaska Anchorage	37:23.87
2	Hadaway, Ashley		CC of Spokane	37:24.16
3	Witt, Meryl		Linfield	38:47.78
4	Harris, Whitney		George Fox	41:19.92

Women 100 Meter Hurdles

	Name	Year	School	Finals	H#
1	Sonis, De De		Mt. Hood CC	16.44	3
2	Mathabaine, Bianca		McKenzie Strider	16.48	1
3	Mahoney, Caitlin		Linfield	16.82	1
4	Gallagher, Jessie		Mt. Hood CC	16.96	3
5	Ellison, Tiffany		Mt. Hood CC	16.98	3
6	Morehead, Leesa		Clark	17.32	1
7	Harper, Shanette		Alaska Anchorage	17.40	1
8	Schaefer, Krista		Mt. Hood CC	17.53	2
9	Carlson, Molly		Lane CC	17.93	2
10	Finney, Lindsay		George Fox	17.99	1
11	Pitchlynn, Rachel		Cascade	18.81	1
12	Chapman, Amy		Southwestern Ore	19.32	2
13	Duby, Becca		George Fox	19.37	2
14	Loeber, Sheeba		Southwestern Ore	19.81	3

Women 400 Meter Hurdles

	Name	Year	School	Finals	H#
1	Rummell, Jennie		Western Oregon	1:06.8h	1
2	Bernard, Riley		Linfield	1:08.9h	1
3	Schaefer, Krista		Mt. Hood CC	1:11.83	2
4	Carlson, Molly		Lane CC	1:13.05	2
5	Confer, Megan		Lane CC	1:13.5h	1
6	Rohlffs, Emily		Linfield	1:15.95	2
7	Finney, Lindsay		George Fox	1:16.30	2
8	Duby, Becca		George Fox	1:17.00	2
9	Pitchlynn, Rachel		Cascade	1:18.0h	1

Women 3000 Meter Steeplechase

	Name	Year	School	Finals
1	Jorgensen, Lindsay		Osu TC	12:07.14
2	Weimer, Ashley		Linfield	14:44.67

Women 4x100 Meter Relay

	School	Finals
1	Southwestern Oregon CC 'A'	51.11
2	McKenzie Striders TC 'A'	51.45
3	Linfield College 'A'	51.71
4	Clark Community College 'A'	51.80
5	McKay Unattached 'A'	53.46

Women 4x400 Meter Relay

	School	Finals
1	Linfield College 'A'	4:12.82
2	Southwestern Oregon CC 'A'	4:16.84
3	University of Alaska Anchorage 'A'	4:26.20
4	McKay Unattached 'A'	4:29.39
5	George Fox University 'A'	4:35.94

Women High Jump

	Name	Year	School	Finals
1	Mahoney, Caitlin		Linfield	5-04.00
1.62m				
2	Brogdon, Kristin		Lane CC	J5-04.00
1.62m				

3 Larson, Lindsay	Linfield	J5-04.00	1.62m
4 Forbes, Michelle	George Fox	5-02.00	1.57m
5 Gallagher, Jessie	Mt. Hood CC	5-00.00	1.52m
6 Challis, Chelsia	Southwestern Ore	4-10.00	1.47m
7 Grizzard, Brittany	Mt. Hood CC	J4-10.00	1.47m
8 Brown, Juliekay	George Fox	J4-10.00	1.47m
9 Gilkison, Erin	Southwestern Ore	4-08.00	1.42m
9 Strelow, Amy	Unattached	4-08.00	1.42m
11 Payne, Antoinette	McKenzie Strider	J4-08.00	1.42m
-- Loeber, Sheeha	Southwestern Ore	NH	

Women Pole Vault

Name	Year School	Finals	
1 Huddleston, Julie	Linfield	3.20m	10-06.00
2 Gallagher, Jessie	Mt. Hood CC	3.05m	10-00.00
3 Carter, Miranda	Molalla TC	J3.05m	10-00.00
4 Shaw, Jillian	George Fox	2.75m	9-00.25
5 Smith, Danelle	Western Oregon	2.60m	8-06.25
6 Campbell, Joan	Western Oregon	J2.60m	8-06.25

Women Long Jump

Name	Year School	Finals	
1 Cockrell, Lakeshia	Clark	5.59m	18-04.25
2 Callier, Sara	McKenzie Strider	5.50m	18-00.50
3 Kociemba, Katy	Western Oregon	5.23m	17-02.00
4 Payne, Antoinette	McKenzie Strider	5.17m	16-11.50
5 Ellison, Tiffany	Mt. Hood CC	5.10m	16-08.75
6 Mason, Desiri	McKenzie Strider	4.96m	16-03.25
7 Grizzard, Brittany	Mt. Hood CC	4.90m	16-01.00
8 Roberts, Nicole	Clark	4.64m	15-02.75
9 Kendall, Julie	Western Oregon	4.60m	15-01.25
10 Sonis, De De	Mt. Hood CC	4.59m	15-00.75
11 Gilkison, Erin	Southwestern Ore	4.58m	15-00.50
12 Shaw, Rebekah	Lane CC	4.54m	14-10.75
13 Krugle, Andrea	Clark	4.43m	14-06.50
14 Lapuz, Precious	Clark	4.40m	14-05.25
-- Wyant, Valerie	Unattached	ND	

Women Triple Jump

Name	Year School	Finals	
1 Callier, Sara	McKenzie Strider	11.34m	37-02.50
2 Payne, Antoinette	McKenzie Strider	10.81m	35-05.75
3 Lapuz, Precious	Clark	10.31m	33-10.00
4 Brogdon, Kristin	Lane CC	10.22m	33-06.50
5 Kendall, Julie	Western Oregon	9.99m	32-09.50
6 Shaw, Rebekah	Lane CC	9.95m	32-07.75
7 Roberts, Nicole	Clark	9.84m	32-03.50
8 Krugle, Andrea	Clark	9.65m	31-08.00

Women Shot Put

Name	Year School	Finals	
1 Bielenberg, Danielle	Linfield	12.58m	41-03.25
2 Burnett, Judith	Lane CC	12.56m	41-02.50
3 Claypool, Joni	Linfield	12.31m	40-04.75
4 Vandervelden, Alicia	Western Oregon	11.88m	38-11.75
5 Lynch, Chevonna	Western Oregon	11.83m	38-09.75
6 Frink, Bethany	Clark	11.63m	38-02.00
7 Houston, Jessica	Alaska Anchorage	11.29m	37-00.50
8 Smalley, Audra	Cascade	11.18m	36-08.25
9 Hebert, Christina	Clark	10.93m	35-10.50
10 Gilkison, Erin	Southwestern Ore	10.45m	34-03.50
11 Barker, Brooke	Pacific	10.41m	34-02.00
12 Sonis, De De	Mt. Hood CC	10.26m	33-08.00
12 Ellison, Tiffany	Mt. Hood CC	10.26m	33-08.00
14 Christensen, Melissa	Cascade	10.14m	33-03.25
15 Sam, Heather	Southwestern Ore	9.79m	32-01.50
16 Henson, Poha	George Fox	9.14m	30-00.00
17 Blankenship, Lindsey	George Fox	7.86m	25-09.50
-- Merz, Meghan	Pacific	ND	

Women Discus Throw

Name	Year School	Finals	
1 Houston, Jessica	Alaska Anchorage	40.90m	134-02
2 Burnett, Judith	Lane CC	39.62m	130-00
3 Cederberg, Jaci	Western Oregon	38.45m	126-02
4 Vandervelden, Alicia	Western Oregon	37.28m	122-04
5 Claypool, Joni	Linfield	36.40m	119-05
6 Bielenberg, Danielle	Linfield	35.66m	117-00
7 Klingback, Tami	Unattached	35.54m	116-07
8 Duerr, Becca	Linfield	34.74m	114-00
9 Frink, Bethany	Clark	34.69m	113-10
10 Hebert, Christina	Clark	34.43m	112-11
11 Jones, Christina	Mt. Hood CC	34.40m	112-10
12 McCree, Krystal	Treasure Valley	32.97m	108-02
13 Lynch, Chevonna	Western Oregon	32.85m	107-09
14 Burton, Kate	Clark	32.37m	106-02
15 Daniels, Becky	Southwestern Ore	29.80m	97-09
16 Merz, Meghan	Pacific	29.47m	96-08
17 Blankenship, Lindsey	George Fox	28.63m	93-11
18 Sam, Heather	Southwestern Ore	28.36m	93-00
19 Ingram, Allison	Pacific	27.65m	90-08
20 Grotzke, Leah	Cascade	18.71m	61-05
21 Heavilin, Amber	Warner Pacific	16.51m	54-02
-- Henson, Poha	George Fox	ND	

Women Hammer Throw

Name	Year School	Finals	
1 Dunkin, Jennifer	Unattached	49.71m	163-01
2 Cederberg, Jaci	Western Oregon	49.01m	160-09
3 Burton, Kate	Clark	48.26m	158-04
4 Hepler, Kristin	Western Oregon	48.21m	158-02
5 Ingram, Allison	Pacific	40.90m	134-02
6 Hebert, Christina	Clark	39.18m	128-06

7	Burnett, Judith	Lane CC	38.82m	127-04
8	Vandervelden, Alicia	Western Oregon	34.61m	113-06
9	Andreeff, Tiana	Unattached	34.36m	112-09
10	Lynch, Chevonna	Western Oregon	34.29m	112-06
11	Jones, Christina	Mt. Hood CC	29.70m	97-05
12	Blankenship, Lindsey	George Fox	24.36m	79-11
13	Henson, Poha	George Fox	23.90m	78-05
--	Klingback, Tami	Unattached	ND	

Women Javelin Throw

	Name	Year	School	Finals	
1	Parsons, Tia		Unattached	42.94m	140-10
2	Buehler, Kate		Unattached	39.00m	127-11
3	Daniels, Becky		Southwestern Ore	36.58m	120-00
4	Black, Tori		George Fox	34.04m	111-08
5	Moore, Leah		Linfield	33.88m	111-02
6	Larson, Lindsay		Linfield	32.56m	106-10
7	Mascorro, Lydia		Linfield	32.38m	106-03
8	Cederberg, Jaci		Western Oregon	31.82m	104-05
9	Owens, Kristi		Unattached	28.84m	94-07
10	Buck, Tiana		Warner Pacific	26.90m	88-03
11	Gilkison, Erin		Southwestern Ore	26.86m	88-01
12	Loeber, Sheeba		Southwestern Ore	20.46m	67-01

Men 100 Meter Dash

	Name	Year	School	Finals	H#
1	Boock, Chris		Linfield	11.22	1
2	Johnson, Javon		Cascade	11.27	2
3	Parris, Brian		Unattached	11.32	2
4	Salisbury, Ben		George Fox	11.35	1
5	Keith, Steve		Clark	11.44	3
6	Guthrie, Terry		Clark	11.45	1
7	Coleman, Greg		Western Oregon	11.46	1
8	Brandon, Bruce		Mt. Hood CC	11.49	1
9	Elinger, Colby		Western Oregon	11.51	3
10	Huggins, Matt		Clark	11.52	3
11	Mullins, Josh		Southwestern Ore	11.55	1
12	Khabibulin, Mike		Unattached	11.56	2
13	Gitts, Derek		Western Oregon	11.57	2
14	Kelley, Kalin		Lane CC	11.59	4
15	Ramsey, Paris		Lane CC	11.63	1
16	Carter, George		Linfield	11.65	2
17	Lawerence, Jerome		McKenzie Strider	11.70	4
18	Jurgis, Matt		Unattached	11.71	6
19	Hazenberg, Brandon		Linfield	11.75	2
20	Thorpe, Chris		Unattached	11.78	3
21	Credle, Deon		Southwestern Ore	11.79	3
22	Ford, Thomas		Linfield	11.81	3
22	Brown, Jesse		McKenzie Strider	11.81	4
24	Allen, Casey		Linfield	11.87	4
25	Kuenzi, Ben		McKay Una	12.00	5
26	Emerich, Sam		Southwestern Ore	12.03	2
27	Roberts, Danny		McKay Una	12.08	5
28	Redeau, DaMarcus		Osu TC	12.10	5
29	Praher, Jake		Southwestern Ore	12.11	4
30	Chebbi, Elyes		Warner Pacific	12.12	6
31	Lewis, Eli		McKenzie Strider	12.13	5
32	Perkins, JD		Southwestern Ore	12.15	1
33	Cruickshank, Pete		Linfield	12.21	5
34	Bernard, John		McKenzie Strider	12.28	7
35	Piago, Peter		Pacific	12.38	6
36	Brown, Mike		McKay Una	12.42	6
37	Aldridge, Sunder		Linfield	12.48	7
38	Leverich, Jeremy		Clark	12.49	5
39	Nelson, Anthony		Osu TC	12.58	7
40	Wymore, Nick		George Fox	12.60	7
41	Draper, Robert		Treasure Valley	12.62	6
42	Haehlen, Andy		George Fox	12.68	7
43	Gizinski, John		Unattached	12.69	6
44	Mollier, Derek		Pacific	12.93	7
45	Fluvog, John		Pacific	13.09	7
46	Coleman, Will		Treasure Valley	13.24	6

Men 200 Meter Dash

	Name	Year	School	Finals	H#
1	Salisbury, Ben		George Fox	22.24	1
2	Guthrie, Terry		Clark	22.51	1
3	Ingrao, Nathan		Unattached	22.77	1
4	Boock, Chris		Linfield	22.80	1
5	Brandon, Bruce		Mt. Hood CC	23.08	3
6	Keith, Steve		Clark	23.13	3
7	Carter, George		Linfield	23.20	1
8	Machado, Whitney		Unattached	23.22	4
9	Parris, Brian		Unattached	23.32	3
10	Jay, West		Clark	23.33	2
11	Anderson, Nate		McKenzie Strider	23.37	3
12	Huggins, Matt		Clark	23.54	4
12	Khabibulin, Mike		Unattached	23.54	3
14	Williams, Curran		McKenzie Strider	23.56	4
15	Gitts, Derek		Western Oregon	23.71	2
16	Bates, Brad		George Fox	23.72	3
17	Lawerence, Jerome		McKenzie Strider	23.84	4
18	Lau, Bradley		Linfield	23.99	3
18	Brown, Jesse		McKenzie Strider	23.99	4
20	March, Chris		McKay Una	24.17	2
21	Tweedy, Matt		Molalla TC	24.37	7
22	Chebbi, Elyes		Warner Pacific	24.41	5
23	Roberts, Danny		McKay Una	24.42	5
24	Gonzalez, Miquel		McKay Una	24.49	5
25	Redeau, DaMarcus		Osu TC	24.52	4
26	Moore, Josh		Unattached	24.55	7
27	Kirchner, Brenden		McKay Una	24.99	5
28	Buckmier, Jason		Western Oregon	25.00	5
29	Nelson, Anthony		Osu TC	25.16	3
30	Jones-Bernard, John		McKenzie Strider	25.31	6
31	Leverich, Jeremy		Clark	25.47	6
32	Draper, Robert		Treasure Valley	26.23	5
33	Gibson, James		Unattached	26.29	7
34	Mollier, Derek		Pacific	26.46	6
35	King, Kyle		Unattached	27.56	7
--	Mellow, Zach		Pacific	DQ	7

Men 400 Meter Dash

	Name	Year	School	Finals	H#
1	Whitehead, Marcus		Southwestern Ore	49.05	1
2	Becerra, Mike		Unattached	49.77	1
3	Bailey, Adam		Unattached	50.77	1
4	Jay, West		Clark	50.78	1
5	March, Chris		McKay Una	51.28	2
6	Rasmussen, Jesse		George Fox	51.46	1
7	Machado, Whitney		Unattached	51.51	3
7	Tweedy, Matt		Molalla TC	51.51	2
9	Lemmon, Scott		Western Oregon	51.87	2
10	Williams, Curran		McKenzie Strider	52.88	2
11	Wall, John		Cascade	52.98	2
12	Donovan, Justin		Pacific	53.65	3
13	Nelson, Anthony		Osu TC	53.94	3
14	Sweeney, Clay		Treasure Valley	54.69	3
15	Legary, Tyler		Linfield	55.05	2
16	LaCoste, Jon		Alaska Anchorage	55.31	1
17	Kirchner, Brenden		McKay Una	55.63	3
18	Whitaker, Matt		Pacific	55.66	2
19	Kirchner, Ben		Unattached	1:00.55	3
20	Noble, Narvie		McKenzie Strider	1:03.48	3

Men 800 Meter Run

	Name	Year	School	Finals
1	Demmings, Adam		Seta	1:55.03
2	Boyer, Nate		CC of Spokane	1:55.55
3	Bedrossian, Chris		Clark	1:56.41
4	Ayuma, Asiki		CC of Spokane	1:56.85
5	Taylor, Casey		Linfield	1:57.03
6	Ginanni, Joe		Linfield	1:57.91
7	Gavin, John		CC of Spokane	1:58.55
8	Stupnitsky, Anton		Warner Pacific	1:59.24
9	Parlee, Nick		Linfield	1:59.68
10	Goulet, Adam		CC of Spokane	1:59.89
11	Dickson, Aaron		Alaska Anchorage	2:00.35
12	Romero-Clark, Martin		McKenzie Strider	2:01.04
13	Guelfi, Eddie		George Fox	2:01.46
14	Mohsenian, Arman		CC of Spokane	2:02.47
15	Setere, Lucas		Pacific	2:02.80
16	Cobb, Bryan		George Fox	2:03.65
17	Dolan, Bill		Unattached	2:05.00
18	Rupert, Andy		Alaska Anchorage	2:07.14
19	Baker, Ben		Molalla TC	2:07.18
20	Yarbrough, Ben		Clark	2:07.39
21	Henson, Josh		Pacific	2:08.76
22	Dobra, Danny		Warner Pacific	2:09.55
23	Dick, Isaac		Osu TC	2:10.39
24	Garcia, Pedro		Treasure Valley	2:11.33
25	Dort, Ben		George Fox	2:12.11
26	Bowles, Austin		Clark	2:12.83
27	Johns, Chris		Treasure Valley	2:14.62
28	Roses, Marshal		Molalla TC	2:15.48
29	Anderson, Nate		McKenzie Strider	2:15.60
30	Cosmi, Chris		Mt. Hood CC	2:15.63
31	Westerguard, Jacob		Molalla TC	2:20.73
32	Omulokoli, Barnabas		Warner Pacific	2:26.87
33	Smith, Brett		Molalla TC	2:28.64

Men 1500 Meter Run

	Name	Year	School	Finals
1	Axtman, Ty		CC of Spokane	4:02.56
2	Kaufman, Joe		CC of Spokane	4:06.18
3	Dickson, Aaron		Alaska Anchorage	4:06.79
4	Dobra, Danny		Warner Pacific	4:07.86

5	McDaniel, Devin	Unattached	4:09.38
6	Martin, Nick	Unattached	4:12.88
7	Romero-Clark, Martin	McKenzie Strider	4:13.46
8	Singsaas, Josh	U of Portland	4:15.32
9	Baker, Ben	Molalla TC	4:15.79
10	Dolan, Bill	Unattached	4:16.91
11	Takano, Masa	Osu TC	4:17.17
12	Henson, Josh	Pacific	4:17.52
13	Brandt, Justin	Unattached	4:20.36
14	Rupert, Andy	Alaska Anchorage	4:20.71
15	Yarbrough, Ben	Clark	4:20.82
16	Poole, Kevin	Cascade	4:21.23
17	Ziemer, Jarrett	Molalla TC	4:23.36
18	Dort, Ben	George Fox	4:24.51
19	Bowles, Austin	Clark	4:25.44
20	Logan, Chris	Western Oregon	4:26.94
21	McCallum, Doug	Lane CC	4:27.81
22	Byerly, Josh	Lane CC	4:28.64
23	Browning, Richard	Unattached	4:30.28
24	Fischer, Richard	Molalla TC	4:34.65
25	Cosmi, Chris	Mt. Hood CC	4:38.27
26	Smith, Brett	Molalla TC	4:50.31
27	Partlow, Alex	Cascade	5:01.94
28	Ferrick, Mike	Molalla TC	5:03.10

Men 5000 Meter Run

	Name	Year School	Finals
1	Carter, Brett	U of Portland	15:08.82
2	Dickson, Drew	Alaska Anchorage	15:31.51
3	List, Todd	Alaska Anchorage	15:32.37
4	King, John	Unattached	15:35.51
5	Mantalas, John	Bruin TC	15:37.17
6	Alvarez, Vertin	Unattached	15:37.50
7	Owen, Michael	George Fox	15:48.87
8	Sasaki, Kent	Linfield	15:50.55
9	Lehman, JT	U of Portland	16:02.47
10	Wilson, Sean	U of Portland	16:03.97
11	Pyatt, Jaysun	Unattached	16:19.17
12	Cowher, Colin	Osu TC	16:55.15
13	Cornwell, Ryan	Mt. Hood CC	16:57.12
14	Jon, Wangen	Mt. Hood CC	17:36.84
15	Crawford, Trevor	Osu TC	17:47.87
16	Mock, Larry	Bruin TC	17:58.21

Men 10000 Meter Run

	Name	Year School	Finals
1	Lana, Justin	Linfield	34:32.03
2	Warren, Kelly	Linfield	34:36.07
3	Juarez, Hector	Treasure Valley	35:51.10
4	Ellis, Kyle	Cascade	36:06.50
5	Still, Danny	Cascade	36:29.97

Men 110 Meter Hurdles

	Name	Year School	Finals	H#
1	Harris, Seth	George Fox	15.85	1
2	Griffith, Eric	Unattached	16.10	1
3	Samuels, TJ	Cascade	16.45	1
4	Dillow, Ben	George Fox	17.34	2
5	Ewing, Luke	Western Oregon	17.50	2
6	Borda, Joe	Southwestern Ore	17.90	1
7	Heninger, Mike	Treasure Valley	18.44	2
8	Lowary, Craig	Southwestern Ore	20.19	1
9	DeSousa, Anthony	Treasure Valley	22.36	1
10	Altemus, Joe	Lane CC	24.19	2

Men 400 Meter Hurdles

	Name	Year School	Finals	H#
1	Harris, Seth	George Fox	55.74	1
2	Fipps, Jesse	Linfield	56.94	1
3	Eichenberger, Ben	George Fox	1:00.37	2
4	Law, Don	Linfield	1:00.44	1
5	Griffith, Eric	Unattached	1:01.39	1
6	Penman, Todd	Warner Pacific	1:02.34	2
7	Altemus, Joe	Lane CC	1:02.73	2
8	DeSousa, Anthony	Treasure Valley	1:06.74	2
--	Velasquez, Charles	Clark	DQ	1

Men 3000 Meter Steeplechase

	Name	Year School	Finals
1	Normandin, Nate	Alaska Anchorage	9:24.33
2	Christian, David	Warner Pacific	11:08.62

Men 4x100 Meter Relay

	School	Finals
1	Southwestern Oregon CC 'A'	43.95
2	McKay Unattached 'A'	45.47
3	Linfield College 'B'	46.40
--	Unattached 'A'	DQ
--	Linfield College 'A'	DQ

Men 4x400 Meter Relay

	School	Finals	H#
1	George Fox University 'A'	3:22.93	1
2	Clark Community College 'A'	3:23.33	1
3	Linfield College 'A'	3:24.54	1
4	Lane CC 'A'	3:27.96	1
5	Linfield College 'C'	3:33.63	2
6	George Fox University 'B'	3:33.94	1
7	McKay Unattached 'A'	3:34.17	2
8	Linfield College 'B'	3:34.26	1
9	Pacific University 'A'	3:40.41	2
10	University of Alaska Anchorage 'A'	3:41.14	2
11	Oregon State Track Club 'A'	3:51.04	2

Men High Jump

	Name	Year School	Finals
1	Langley, Greg	Southwestern Ore	6-06.00 1.98m
2	Mellema, Eric	Clark	6-04.00 1.93m
3	Thomas, Ryan	Clark	6-02.00 1.87m
3	Parmalee, Cole	Unattached	6-02.00 1.87m
4	Swim, Corey	Warner Pacific	J6-02.00 1.87m
6	Bodine, Brandon	Western Oregon	6-00.00 1.82m
6	Zimbrick, Matt	Linfield	6-00.00 1.82m
8	Metoyer, Kynan	Pacific	5-10.00 1.77m
9	Gohl, Andrew	Linfield	J5-10.00 1.77m
10	Lemmon, Scott	Western Oregon	J5-10.00 1.77m
11	Mellow, Zach	Pacific	5-08.00 1.72m
12	Fipps, Jesse	Linfield	J5-08.00 1.72m
--	Hooiman, Eric	Southwestern Ore	NH

Men Pole Vault

	Name	Year School	Finals
1	Cummings, Josh	Western Oregon	4.70m 15-05.00
2	Trump, Jordan	Mt. Hood CC	4.55m 14-11.00
3	Hunt, David	Southwestern Ore	4.10m 13-05.25
4	Borda, Joe	Southwestern Ore	J4.10m 13-05.25
5	Haehlen, Andy	George Fox	3.65m 11-11.75
6	Stempel, Andrew	Linfield	J3.65m 11-11.75
--	Priester, Josh	George Fox	NH
--	Wymore, Nick	George Fox	NH
--	Matthews, Tom	Western Oregon	NH

Men Long Jump

	Name	Year School	Finals
1	Nicholson, Cameron	Linfield	6.74m 22-01.50
2	Puckett, Adam	George Fox	6.38m 20-11.25
3	Hazenberg, Brandon	Linfield	J6.38m 20-11.25
4	Parmalee, Cole	Unattached	6.35m 20-10.00
5	Antonowicz, Joe	Clark	6.28m 20-07.25
6	Beatty, Doug	George Fox	6.15m 20-02.25
7	Duffitt, Chris	Lane CC	6.14m 20-01.75
8	Maves, Drew	George Fox	6.11m 20-00.50
9	Vela, Milo	George Fox	6.06m 19-10.75
10	Dillow, Ben	George Fox	6.00m 19-08.25
11	Roose, Ryan	Cascade	5.97m 19-07.00
12	Lewis, Eli	McKenzie Strider	5.87m 19-03.25
13	Faller, Brian	Unattached	5.70m 18-08.50
14	Lowary, Craig	Southwestern Ore	5.66m 18-07.00
15	Emerich, Sam	Southwestern Ore	5.61m 18-05.00
16	Christian, David	Warner Pacific	5.37m 17-07.50

17	Hooiman, Eric	Southwestern Ore	5.21m	17-01.25
18	Brown, Jesse	McKenzie Strider	5.12m	16-09.75
--	Swim, Corey	Warner Pacific	ND	
--	Langley, Greg	Southwestern Ore	ND	

Men Triple Jump

	Name	Year	School	Finals	
1	Thomas, Ryan		Clark	13.78m	45-02.50
2	Puckett, Adam		George Fox	13.73m	45-00.50
3	Vela, Milo		George Fox	13.12m	43-00.50
4	Haga, Sean		Unattached	12.88m	42-03.25
5	Nicholson, Cameron		Linfield	12.84m	42-01.50
6	Rohr, Greg		Western Oregon	12.72m	41-08.75
7	Duffitt, Chris		Lane CC	12.47m	40-11.00
8	Beatty, Doug		George Fox	12.30m	40-04.25
9	Buckmier, Jason		Western Oregon	12.20m	40-00.50
--	Gonzalez, Miquel		McKay Una	ND	
--	Antonowicz, Joe		Clark	ND	

Men Shot Put

	Name	Year	School	Finals	
1	Thron, Andrew		Linfield	15.37m	50-05.25
2	Johnson, Kevin		Western Oregon	15.02m	49-03.50
3	Shannon, Nick		Lane CC	14.87m	48-09.50
4	Squires, Chris		Unattached	14.83m	48-08.00
5	Lybarger, Evan		Unattached	14.66m	48-01.25
6	Hartsteen, Tyler		Mt. Hood CC	14.35m	47-01.00
7	Babcock, Collin		Western Oregon	14.33m	47-00.25
8	Lockhart, Bo		Linfield	14.07m	46-02.00
9	Jasmin, Brandon		Western Oregon	13.17m	43-02.50
10	Barclay, Zach		Treasure Valley	13.13m	43-01.00
11	Gohl, Andrew		Linfield	13.07m	42-10.75
12	Wagner, Dane		Western Oregon	13.05m	42-09.75
13	Malcolm, David		George Fox	12.97m	42-06.75
14	Mikolas, Allan		Western Oregon	12.85m	42-02.00
15	Aquilar, Carlos		Western Oregon	12.82m	42-00.75
16	Lewin, Casey		Western Oregon	12.71m	41-08.50
17	Miles, Chris		Linfield	12.64m	41-05.75
18	Hooper, Jared		Southwestern Ore	12.38m	40-07.50
19	Lowary, Craig		Southwestern Ore	12.34m	40-06.00
20	Jurgis, Matt		Unattached	12.28m	40-03.50
21	Dealy, Sean		Clark	12.12m	39-09.25
22	Dunten, Jason		Treasure Valley	11.48m	37-08.00
23	Fisher, Don		Linfield	11.06m	36-03.50
24	Mollier, Derek		Pacific	11.04m	36-02.75

Men Discus Throw

	Name	Year	School	Finals	
1	Olson, Travis		Unattached	45.77m	150-02
2	Smith, John		Bruin TC	44.53m	146-01
3	Ohman, Matt		Unattached	43.61m	143-01
4	Jasmin, Brandon		Western Oregon	42.64m	139-11
5	Squires, Chris		Unattached	42.42m	139-02
6	Holloway, Josh		Western Oregon	40.56m	133-01
7	Dealy, Sean		Clark	40.04m	131-04
8	Hooper, Jared		Southwestern Ore	39.50m	129-07
9	Lowary, Craig		Southwestern Ore	39.16m	128-06
10	Miles, Chris		Linfield	38.60m	126-08
11	Johnson, Kevin		Western Oregon	38.07m	124-11
12	Gleason, Derrick		Linfield	37.89m	124-04
13	Lewin, Casey		Western Oregon	37.85m	124-02
14	Shannon, Nick		Lane CC	37.10m	121-09
15	Blem, Dale		Pacific	37.07m	121-07
16	Woods, Chris		Linfield	36.66m	120-03
17	Fisher, Don		Linfield	36.34m	119-03
18	Kleffner, Jake		Linfield	35.29m	115-09
19	Hartsteen, Tyler		Mt. Hood CC	34.86m	114-04
20	Hultberg, Nick		George Fox	33.94m	111-04
21	Dunten, Jason		Treasure Valley	32.73m	107-04
22	Dillow, Ben		George Fox	30.12m	98-10
23	North, Justin		Southwestern Ore	30.05m	98-07
--	Lockhart, Bo		Linfield	ND	
--	Gallop, Cameron		Linfield	ND	
--	Babcock, Collin		Western Oregon	ND	
--	Thron, Andrew		Linfield	ND	

Men Hammer Throw

	Name	Year	School	Finals	
1	Carvalho, Justin		Team XO	60.10m	197-02
2	Riddle, Chad		Unattached	48.62m	159-06
3	Lybarger, Evan		Unattached	46.38m	152-02
4	Thron, Andrew		Linfield	42.67m	140-00
5	Jasmin, Brandon		Western Oregon	42.28m	138-08
6	Holloway, Josh		Western Oregon	40.64m	133-04
7	Aquilar, Carlos		Western Oregon	40.22m	131-11
8	Ohman, Matt		Unattached	39.42m	129-04
9	Hartsteen, Tyler		Mt. Hood CC	38.00m	124-08
10	Malcolm, David		George Fox	37.95m	124-06
11	Reinhardt, Drew		Western Oregon	37.13m	121-10
12	Lewin, Casey		Western Oregon	36.81m	120-09
13	Mills, Mike		Linfield	36.25m	118-11
14	Shannon, Nick		Lane CC	35.34m	115-11
15	Matsumoto, Noah		Whitman College	35.29m	115-09
16	Johnson, Kevin		Western Oregon	34.22m	112-03
17	Jones, Jared		CC of Spokane	33.01m	108-04
18	Squires, Chris		Unattached	31.60m	103-08
19	Sutton, Marcus		Western Oregon	31.43m	103-01
20	Blem, Dale		Pacific	30.47m	100-00
21	North, Justin		Southwestern Ore	28.61m	93-10
22	Hultberg, Nick		George Fox	27.00m	88-07
--	Hill, Mike		Linfield	ND	

Men Javelin Throw

	Name	Year	School	Finals	
1	Weidman, Ryan		Unattached	60.48m	198-05
2	Swim, Corey		Warner Pacific	59.84m	196-04
3	Gassaway, Matt		George Fox	57.92m	190-00

4	Richardson, Tyler	Lane CC	55.02m	180-06
5	Hazenberg, Brandon	Linfield	55.00m	180-05
6	Mills, Mike	Linfield	54.44m	178-07
7	Blay, Mike	Unattached	53.26m	174-09
8	McCoy, Tyler	Clark	53.10m	174-02
9	Mills, Steve	Linfield	51.56m	169-02
10	Wagner, Dane	Western Oregon	51.30m	168-04
11	Covell, Austin	Mt. Hood CC	50.98m	167-03
12	Jones, Jared	CC of Spokane	50.24m	164-10
13	Bednar, David	Pacific	50.16m	164-07
14	Reinhardt, Drew	Western Oregon	49.58m	162-08
15	Corbin, Evan	Western Oregon	48.52m	159-02
16	Cross, Georeko	McKenzie Strider	45.60m	149-07
17	Foster, Tim	Pacific	44.14m	144-10
18	Hultberg, Nick	George Fox	43.60m	143-00
19	Rodriguez, Jason	Treasure Valley	36.78m	120-08
20	Hooiman, Eric	Southwestern Ore	34.26m	112-05
21	Borda, Joe	Southwestern Ore	32.76m	107-06

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Women 60 Meter Dash
1, Shields, Kristen, Whitworth, 7.94.
Matthews, Mona, George Fox, 8.97

Women 200 Meter Dash
1, Hatcher, Nicole, Washington State, 24.84.
8, Shields, Kristen, Whitworth, 26.40.
Matthews, Mona, George Fox, 30.24

Women 400 Meter Dash
1, Griffith, Jaime, Eastern Wash, 58.38.

Women 1 Mile Run
1, Olson, Dee, University of Id, 5:05.51.

Women 800 Meter Run
1, Thomas, Jennifer, Unattached, 2:18.15. 2
8, Carnahan, Andrea, Whitworth, 2:25.28.

Women 3000 Meter Run
1, Hunt, Nicole, Unattached, 10:15.44
3, Fischer, Leighann, George Fox, 10:50.21 **.
11, Harris, Whittney, George Fox, 11:33.11.

Women 60 Meter Hurdles Finals
1, Burt, Molly, Community College of Spokane, 9.60
3, Mahoney, Caitlin, Linfield, 9.78.

Women High Jump
1, Jaross, Stephanie, Army Rotc, 1.70m, (5-07
3, Forbes, Michelle, George Fox, 1.70m, (5-07 **
(=#2 All-Time, #2 Junior)
8, Viducich, Suzy, Whitworth, 1.55m, (5-01).

Women Pole Vault
1, Owen, Melinda, University of Id, 3.50m, (11-05.75).

Women Long Jump
1, Huffman, Chelsea, University of Id, 5.66m, (18-07).

Women Shot Put Finals
1, Rance, Shannon, Washington State, 14.17m, (46-06).
4, Claypool, Joni, Linfield College, 12.41m, (40-08.75).
5, Bielenberg, Danielle, Linfield College, 12.38m, (40-07.50).

Women Weight Throw Finals
1, Broncheau, Jennifer, University of Id, 15.42m, (50-07.25).

Men 60 Meter Dash
1, Buchanan, Anthony, Unattached, 6.87.
10, Springer, Ryan, George Fox, 7.17 ** (#2 All-Time)
11, Salisbury, Ben, George Fox, 7.18.
17, Carter, George, Linfield, 7.34.
26, Patterson, Jordan, Whitworth, 7.57.

Men 200 Meter Dash
1, Ray, Patrick, University of Id, 21.66.
5, Salisbury, Ben, George Fox, 22.14.
8, Springer, Ryan, George Fox, 22.27. ** (#10 All-Time)
16, Boock, Chris, Linfield, 22.90.

Men 400 Meter Dash
1, Harris, Seth, George Fox, 50.03 **.
11, Sticka, Ryan, George Fox, 51.76.

Men 1 Mile Run
1, Griffiths, Eric, Eastern Oregon U, 4:25.02.
11, Dort, Ben, George Fox, 4:48.97. **

Men 800 Meter Rn
1, Coucha, Chris, Washington State, 1:58.01.
6, Parlee, Nick, Linfield, 1:59.44.
10, Ginanni, Joe, Linfield, 2:00.24.
12, Taylor, Casey, Linfield, 2:00.44.
21, Lual, Anderia, Whitworth, 2:04.73.
24, Guelfi, Ed, George Fox, 2:06.54.

Men 1000 Meter Run
1, Moore, Patrick, University of Id, 2:46.24

Men 3000 Meter Run
1, Normandin, Nate, Unattached, 8:47.13.
5, Workman, Brandon, Team XO, 8:55.80.
6, Owen, Michael, George Fox, 8:58.81.
10, Mantalas, John, Team XO, 9:13.55.
15, Moe, Jake, George Fox, 9:45.05 **
26, Coe, Andy, Whitworth, 9:48.77. 27,

Men 60 Meter Hurdles
1, Henry, Hugh, University of Id, 8.43.
8, Harris, Seth, George Fox, 8.70. ** (**School Record, old 8.74 by Mark Reynolds, 1978**)
15, Dillow, Ben, George Fox, 8.95. **
Priester, Josh, George Fox, 10.25.

Men High Jump
1, Gill, Jas, University of Mo, 2.03m, (6-08).

Men Pole Vault
1, Trimble, Shawm, Eastern Oregon U, 4.80m, (15-09).

Men Long Jump
1, Drake, Justin, Eastern Wash, 6.82m, (22-04.50).
5, Priester, Josh, George Fox, 6.29m, (20-07.75).
10, Dillow, Ben, George Fox, 6.06m, (19-10.75).
12, Vela, Milo, George Fox, 5.92m, (19-05.25).

Men Shot Put
1, Paul, David, Eastern Wash, 15.88mq, (52-01.25).
4, Thron, Andrew, Linfield, 15.26m, (50-00.75)
10, Lockheart, Bo, Linfield, 13.99m, (45-10.75).
17, Honeyman, Steve, Whitworth, 13.51m, (44-04).
22, Miles, Chris, Linfield, 12.96m, (42-06.25).
23, Malcom, David, George Fox, 12.94m, (42-05.50). **

Men Weight Throw Preliminaries
1, Sherer, Brad, Unattached, 17.77m, (58-03.75)
10, Gottfried, Gregg, George Fox, 14.12m, (46-04)
(School Record, old 43-05.5 by Darin Krueger, 2002)
15, Thron, Andrew, Linfield, 12.71m, (41-08.50).
16, Malcom, David, George Fox, 12.39m, (40-07.75). **

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Women 60 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Shields, Kristen		Whitworth College	7.94	1	
2	Heater, Haley		Eastern Washingt	7.95	1	
3	Patten, Stefani		Moscow High School	8.20	3	
4	Brown, Nicole		Whitworth College	8.21	1	
5	Hoeck, Heather		University of Idaho	8.22	1	
6	Rosenberg, Sarajane		Unattached	8.31	2	
6	Olson, Neleigh		Eastern Washingt	8.31	1	
8	Graves, Mary Ann		University of Idaho	8.33	1	
9	Walters, Anna		North Central	8.46	3	
10	Marken, Sarah		Whitworth College	8.47	1	
10	Milam, Adrienne		Community Colleg	8.47	2	
12	Griffin, Kristina		Community Colleg	8.52	2	
13	Kimura, Erin		Whitworth College	8.71	2	
14	Meagley, Josselyn		Wvhs	8.82	3	
15	Matthews, Mona		George Fox Unive	8.97	2	
16	Flint, Christina		Wvhs	9.05	3	
17	Flint, Andrea		Wvhs	9.23	3	
18	Crecelius, Elena		Orofino T&F	9.46	3	
19	Perez, Anita		Shs	9.62	3	

Women 200 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Hatcher, Nicole		Washington State	24.84	1	
2	Richardson, Ellannee		Unattached	24.85	1	
3	McClendon, Nicole		Washington State	25.28	1	
4	Jessie, Monique		Washington State	25.32	1	
5	Heater, Haley		Eastern Washingt	25.99	2	
6	Hannah, Emily		Eastern Washingt	26.05	2	
7	Wilson, Kameko		Washington State	26.39	1	
8	Shields, Kristen		Whitworth College	26.40	3	
9	Patten, Jamie		University of Idaho	26.65	2	
10	Brooks, Teresa		Washington State	26.72	6	
11	Selby, Shannon		University of Mo	26.84	2	
12	Olson, Neleigh		Eastern Washingt	27.01	3	
13	Burt, Molly		Community Colleg	27.06	8	
14	Gillespie, Kasie		Clackamas Commun	27.19	5	
15	Poffenroth, Megan		University of Idaho	27.22	2	
16	Lentz, Bethany		Community Colleg	27.28	3	
17	Newell, Kelsey		Linfield College	27.30	4	
18	Brown, Nicole		Whitworth College	27.37	3	
19	Keppler, Amy		Community Colleg	27.56	7	
20	Milam, Adrienne		Community Colleg	27.80	3	
21	Nichols, Jessica		Unattached	27.81	8	
22	Nell, Candace		Eastern Washingt	27.85	4	
23	Walters, Anna		North Central	27.92	5	
24	Howard, Heather		Community Colleg	28.16	5	
25	Hinson, Emily		Whitworth College	28.49	4	
26	Griffin, Kristina		Community Colleg	28.69	7	
27	Wonsick, Brittany		Community Colleg	28.71	5	
28	Marken, Sarah		Whitworth College	29.02	4	

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....Women 200 Meter Dash

29	Meagley, Josselyn	Wvhs	29.19	7
30	DeBoer, Sarah	Unattached	29.62	8
31	Morehouse, Sara	Whitworth College	29.87	4
32	Kimura, Erin	Whitworth College	30.04	5
33	Holzer, Katelyn	Orofino T&F	30.17	6
34	Matthews, Mona	George Fox Unive	30.24	6
35	Pitchlynn, Rachel	Cascade	30.28	7
36	Struhs, Aliesha	Orofino T&F	30.83	6
37	Buck, Tiana	Unattached	31.26	6
38	Flint, Andrea	Wvhs	31.82	7

Women 400 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Griffith, Jaime		Eastern Washingt	58.38	1	
2	Brooks, Teresa		Washington State	59.15	1	
3	Hannah, Emily		Eastern Washingt	59.21	1	
4	Bronson, Mara		University of Mo	1:00.06	1	
5	Newell, Kelsey		Linfield College	1:00.49	1	
6	Luther, Megan		University of Mo	1:00.82	2	
7	Radke, Stephanie		University of Mo	1:01.32	2	
7	Lentz, Bethany		Community Colleg	1:01.32	2	
9	Lemke, Jeslyn		Eastern Washingt	1:01.49	2	
10	Nell, Candace		Eastern Washingt	1:01.66	2	
11	Roche, Clare		University of Mo	1:03.22	3	
12	Hinson, Emily		Whitworth College	1:05.85	3	
13	Morehouse, Sara		Whitworth College	1:07.21	3	
14	Struhs, Aliesha		Orofino T&F	1:08.28	3	
15	Holzer, Katelyn		Orofino T&F	1:10.08	3	

Women 1 Mile Run

	Name	Year	Team	Finals	Points
1	Olson, Dee		University of Idaho	5:05.51	
2	Dahnke, Amie		Unattached	5:13.05	
3	Aunt, Nicole		Moving Comfort	5:14.66	
4	Ramirez, Kelly		Unattached	5:30.64	
5	Jewett, Julie		Washington State	5:31.54	
6	Stewart, Nicole		Unattached	5:43.89	
7	Colkitt, Stephanie		Eastern Oregon U	5:44.15	
8	Finney, Rian		Eastern Oregon U	5:44.72	
9	Woodward, Tasha		Unattached	5:45.43	
10	Dietz, Shiloh		Unattached	5:50.79	
11	Johnston, Jessica		Eastern Oregon U	5:51.99	
12	Jones, Meagan		Eastern Washingt	5:54.36	
13	Donaldson, Carrie		Unattached	5:54.60	
14	Clayton, Laura		Eastern Oregon U	5:56.53	
15	Hevel, Melanie		Eastern Washingt	6:03.24	

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Women 800 Meter Run

	Name	Year	Team	Finals	Points
1	Thomas, Jennifer		Unattached	2:18.15	
2	Vander Meulen, Tania		University of Idaho	2:20.18	
3	Godwin, Korinda		Eastern Oregon U	2:21.01	
4	Troy, Katie		Washington State	2:21.38	
5	Olson, Dee		University of Idaho	2:23.45	
6	Pickler, Diana		Washington State	2:23.55	
7	Flesher, Sarah		Eastern Oregon U	2:24.27	
8	Carnahan, Andrea		Whitworth College	2:25.28	
9	Flood, Katherine		Eastern Washingt	2:27.27	
10	Martin, Karly		Eastern Washingt	2:29.92	
11	Macalister, Mandy		University of Idaho	2:31.79	
12	Bates, Jessica		Ferris High	2:34.26	

Women 3000 Meter Run

	Name	Year	Team	Finals	Points
1	Hunt, Nicole		Unattached	10:15.44	
2	Jones, Kelsey		Unattached	10:45.37	
3	Fischer, Leighann		George Fox Unive	10:50.21	
4	Barker, Jessyca		Eastern Oregon U	10:52.63	
5	Thomas, Jennifer		Unattached	11:00.11	
6	Colyar, Kendra		University of Idaho	11:01.15	
7	Cole, Molly		Unattached	11:05.10	
8	Johnson, Shannon		Unattached	11:06.58	
9	Friend, Jessica		University of Idaho	11:13.12	
10	Murray, Ellen		Northwest College	11:24.15	
11	Harris, Whittney		George Fox Unive	11:33.11	
12	Gaffur, Saba		Unattached	11:37.95	
13	Redfern, Lindsey		Unattached	11:57.73	
14	Newby, Kari		Unattached	12:07.48	
15	Coulter, Grace		Washington State	12:17.25	
16	Crawford, Kim		Unattached	13:21.85	

Women 60 Meter Hurdles

	Name	Year	Team	Finals	H#	Points
Finals						
1	Burt, Molly		Community Colleg	9.60	1	
2	Lemke, Jeslyn		Eastern Washingt	9.68	1	
3	Mahoney, Caitlin		Linfield College	9.78	1	
4	Gillespie, Kasie		Clackamas Commun	9.88	1	
5	Zimmerman, Lyndsay		Unattached	9.89	1	
6	Griffin, Kristina		Community Colleg	10.40	1	
7	Wonsick, Brittany		Community Colleg	10.50	2	
8	Milam, Adrienne		Community Colleg	10.60	1	
9	Nawras, Desarae		Eastern Oregon U	10.93	2	
10	Keppler, Amy		Community Colleg	12.97	1	

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Women High Jump

	Name	Year	Team	Finals	Points
1	Jaross, Stephanie		Army Rotc	1.70m	5-07.00
2	Souhrada, Tassie		University of Idaho	J1.70m	5-07.00
3	Forbes, Michelle		George Fox Unive	J1.70m	5-07.00
4	DeBoer, Sarah		Unattached	1.65m	5-05.00
5	Crawford, Lindsey		University of Mo	1.60m	5-03.00
5	Mainer, Kayla		Unattached	1.60m	5-03.00
6	Nichols, Jessica		Unattached	J1.60m	5-03.00
7	Sheehy, Anne		University of Mo	J1.55m	5-01.00
7	Mahoney, Caitlin		Linfield College	J1.55m	5-01.00
8	Viducich, Suzy		Whitworth College	1.55m	5-01.00
8	Hines, Shannon		University of Idaho	1.55m	5-01.00
12	Mickle, Traci		Eastern Washingt	J1.55m	5-01.00
12	Kramer, Wiyanna		Eastern Washingt	J1.55m	5-01.00
14	Harris, Latoya		Washington State	1.50m	4-11.00
15	Graeme, Jordan		Eastern Washingt	1.45m	4-09.00
--	Zimmerman, Lindsay		Unattached	NH	
--	Hale, Tara		Eastern Washingt	NH	
--	Burt, Molly		Community Colleg	NH	
--	Murphy, Helen		Community Colleg	NH	

Women Pole Vault

	Name	Year	Team	Finals	Points
1	Owen, Melinda		University of Idaho	3.50m	11-05.75
2	Wilson, Kari		University of Mo	3.35m	10-11.75
3	Kaatz, Carmen		Unattached	3.05m	10-00.00
4	Brooks, Lasa		University of Mo	J3.05m	10-00.00
5	Reynods, Afton		Eureka Montana	2.90m	9-06.25
6	Rysdam, Ashley		Eastern Oregon U	J2.90m	9-06.25
7	Booth, Crystal		Unattached	2.75m	9-00.25
--	Nolan, Audrea		Washington State	NH	

Women Long Jump

	Name	Year	Team	Finals	Points
1	Huffman, Chelsea		University of Idaho	5.66m	18-07.00
2	Kramer, Wiyanna		Eastern Washingt	5.65m	18-06.50
3	Selby, Shannon		University of Mo	5.56m	18-03.00
4	Rohrbacher, Cassie		University of Idaho	5.32m	17-05.50
5	Graves, Mary Ann		University of Idaho	5.31m	17-05.25
6	Merk, Hanna		Eastern Washingt	5.19m	17-00.50
7	Stowe, Tammy		University of Idaho	5.10m	16-08.75
8	Kling, Emily		University of Idaho	5.07m	16-07.75
9	Cox, Baily		University of Mo	5.01m	16-05.25
10	Meinhold, Teanna		Eastern Washingt	4.99m	16-04.50
11	Rosenberg, Sarajane		Unattached	4.98m	16-04.25
12	Murphy, Helen		Community Colleg	4.83m	15-10.25
13	Maurer, Phoebe		University of Mo	4.74m	15-06.75
14	Nawras, Desarae		Eastern Oregon U	4.43m	14-06.50
15	Wonsick, Brittany		Community Colleg	4.28m	14-00.50

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....Women Long Jump

16	Wurum, Jesse	Unattached	4.27m	14-00.25

Women Shot Put

	Name	Year Team	Prelims	
Preliminaries				
--	Reiber, Ina	University of Idaho	SCR	
1	Rance, Shannon	Washington State	14.17mq	46-06.00
2	Tuttle, Katie	University of Idaho	13.15mq	43-01.75
3	Claypool, Joni	Linfield College	12.41mq	40-08.75
4	Bielenberg, Danielle	Linfield College	12.38mq	40-07.50
5	Faire, Amanda	Unattached	12.21mq	40-00.75
6	Jones, Kristina	Community Colleg	11.95mq	39-02.50
7	Anderson, Teddie	University of Mo	11.83mq	38-09.75
8	Woelk, Anna	Eastern Washingt	11.79mq	38-08.25
9	Breuer, Carla	University of Mo	11.68m	38-04.00
10	Bovey, Margie	Community Colleg	11.62m	38-01.50
11	Jewell, Rachael	Eastern Washingt	11.46m	37-07.25
12	Smalley, Audra	Cascade	11.36m	37-03.25
12	Bortz, Stephanie	University of Mo	11.36m	37-03.25
14	Sprauer, Nicole	Clackamas Commun	11.19m	36-08.50
15	Pickler, Diana	Washington State	11.12m	36-05.75
16	Worth, Jena	Community Colleg	10.71m	35-01.75
16	Wheelhouse, Chelsea	Eastern Oregon U	10.71m	35-01.75
18	Cox, Baily	University of Mo	10.68m	35-00.50
19	Fahey, Melinda	Royal Scot Track	10.54m	34-07.00
20	Selby, Shannon	University of Mo	10.46m	34-04.00
21	Cvetkovski, Sasha	Community Colleg	10.19m	33-05.25
22	Pence, Sam	Eastern Oregon U	10.16m	33-04.00
23	Marken, Sarah	Whitworth College	9.25m	30-04.25
24	Jacobson, Melissa	Unattached	8.64m	28-04.25
25	Cruz, Bianca	Community Colleg	8.50m	27-10.75
26	Kuppenbender, Sarah	Eastern Oregon U	8.34m	27-04.50
27	Buck, Tiana	Unattached	6.59m	21-07.50
--	Broncheau, Jennifer	University of Idaho	FOUL	

Women Shot Put

	Name	Year Team	Finals	Points
Finals				
1	Rance, Shannon	Washington State	14.17m	46-06.00
2	Tuttle, Katie	University of Idaho	13.62m	44-08.25
3	Woelk, Anna	Eastern Washingt	12.58m	41-03.25
4	Claypool, Joni	Linfield College	12.41m	40-08.75
5	Bielenberg, Danielle	Linfield College	12.38m	40-07.50
6	Jones, Kristina	Community Colleg	12.34m	40-06.00
7	Faire, Amanda	Unattached	12.21m	40-00.75
8	Anderson, Teddie	University of Mo	11.83m	38-09.75

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Women Weight Throw

Name	Year	Team	Prelims	
Preliminaries				
-- Muai, Marie		Washington State	SCR	
1 Broncheau, Jennifer		University of Idaho	15.42mq	50-07.25
2 Lambley, Heidi		University of Idaho	15.33mq	50-03.50
3 Woelk, Anna		Eastern Washingt	15.32mq	50-03.25
4 Hineline, Sarah		Washington State	14.77mq	48-05.50
5 Kirley, Erika		Unattached	14.43mq	47-04.25
6 Groh, Shannon		Eastern Washingt	13.76mq	45-01.75
7 Bower, Amanda		Eastern Washingt	13.57mq	44-06.25
8 Jones, Kristina		Community Colleg	13.47mq	44-02.50
9 Sprauer, Nicole		Clackamas Commun	13.39m	43-11.25
10 Falcon, Jessica		University of Mo	13.00m	42-08.00
11 Bortz, Stephanie		University of Mo	12.67m	41-07.00
12 Wheelhouse, Chelsea		Eastern Oregon U	12.40m	40-08.25
13 Jewell, Rachael		Eastern Washingt	11.77m	38-07.50
14 Bertsch, Valerie		Eastern Washingt	11.70m	38-04.75
15 Bovey, Margie		Community Colleg	10.61m	34-09.75
16 Pence, Sam		Eastern Oregon U	10.36m	34-00.00
17 Bulenberg, Danielle		Linfield College	10.15m	33-03.75
18 Kuppenbender, Sarah		Eastern Oregon U	10.14m	33-03.25

Women Weight Throw

Name	Year	Team	Finals		Points
Finals					
1 Broncheau, Jennifer		University of Idaho	15.42m	50-07.25	
2 Lambley, Heidi		University of Idaho	15.33m	50-03.50	
3 Woelk, Anna		Eastern Washingt	15.32m	50-03.25	
4 Hineline, Sarah		Washington State	14.77m	48-05.50	
5 Kirley, Erika		Unattached	14.43m	47-04.25	
6 Jones, Kristina		Community Colleg	14.39m	47-02.50	
7 Groh, Shannon		Eastern Washingt	14.22m	46-08.00	
8 Bower, Amanda		Eastern Washingt	13.70m	44-11.50	

Boys 60 Meter Hurdles

Name	Year	Team	Finals	Points
1 Brown, Mike		Unattached	8.95	
2 Owen, Justin		Unattached	8.98	
3 Wiens, Daniel		Unattached	9.41	
4 Emel, Justin		Unattached	J9.41	
5 Gillis, Tom		Unattached	10.45	

Boys Shot Put

Name	Year	Team	Finals		Points
1 Flint, Ryan		Unattached	15.57m	51-01.00	
2 Elisara, Cameron		Unattached	14.35m	47-01.00	
3 Dolny, Greg		Unattached	14.07m	46-02.00	

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....Boys Shot Put

4	Coats, Ben	Unattached	13.82m	45-04.25
5	Wheeler, Dallon	Unattached	11.02m	36-02.00
--	Thurman, Caleb	Unattached	FOUL	

Men 60 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Buchanan, Anthony		Unattached	6.87	1	
2	Chatman, Bennie		Unattached	6.88	1	
3	McSwain, James		Washington State	6.90	1	
4	Nelson, Jarrell		Washington State	7.03	1	
5	Brink, Dan		Washington State	7.05	1	
6	Williams, Maurice		Unattached	7.09	1	
7	Robertson, Ronald		Unattached	7.11	3	
8	Carr, Philip		Eastern Washingt	7.12	2	
9	Kirk, Lamarr		Washington State	7.16	1	
10	Sprauger, Ryan		George Fox Unive	7.17	3	
11	Miller, Matt		Eastern Washingt	7.18	2	
11	Salisbury, Ben		George Fox Unive	7.18	2	
13	Green, Aaron		University of Mo	7.20	1	
14	Osborne, Zach		University of Mo	7.21	3	
15	Moore, Cody		Community Colleg	7.22	2	
16	White, Everette		Community Colleg	7.31	2	
17	Carter, George		Linfield College	7.34	2	
18	Stewart, Simeon		University of Idaho	7.38	2	
19	Seavey, Erik		Eastern Oregon U	7.41	3	
20	Yeaw, Tony		Unattached	7.44	3	
21	Pluciak, Tom		Eastern Oregon U	7.45	3	
22	Johnson, Josh		Eastern Oregon U	7.50	4	
23	Kvenzi, Ben		Unattached	7.51	4	
24	Hagen, Spencer		Unattached	7.55	3	
25	Brom, Mike		Unattached	7.56	4	
26	Patterson, Jordan		Whitworth College	7.57	3	
27	Chebbi, Elyes		Unattached	7.61	2	
28	Stoker, Steven		Unattached	7.63	4	
29	Truman, Gary		Eastern Oregon U	7.64	4	
30	Burton, Casey		Community Colleg	7.65	4	
30	Gonzolez, Miguel		Unattached	7.65	6	
32	Roberts, Danny		Unattached	7.66	4	
33	Focter, Terrance		Eurcka Montana	7.68	5	
34	Sexton, Troy		Clackamas Commun	7.70	4	
35	Moore, Jacob		Unattached	7.71	5	
36	Jones, Chris		Orofino T&F	7.72	5	
37	Wiens, Daniel		Unattached	7.80	6	
38	Daugherty, Derek		Khs	7.88	6	
39	Tousley, Jack		Kam	7.90	6	
40	Kramer, Brian		Touchet	7.92	5	
41	Velazo, Sahl		Touchet	8.09	5	
42	Weever, Darin		Touchet	8.12	5	

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Men 200 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Ray, Patrick		University of Idaho	21.66	1	
2	Williams, Maurice		Unattached	21.88	2	
3	Nelson, Jarrell		Washington State	22.02	1	
4	McSwain, James		Washington State	22.13	2	
5	Salisbury, Ben		George Fox Unive	22.14	2	
6	Drake, Justin		Eastern Washingt	22.23	3	
7	Kirk, Lamarr		Washington State	22.24	1	
8	Sprauger, Ryan		George Fox Unive	22.27	4	
9	Carr, Philip		Eastern Washingt	22.32	3	
10	Nygard, Eric		Washington State	22.38	4	
11	Henry, Hugh		University of Idaho	22.52	1	
12	Bernard, Brian		Clackamas Commun	22.56	5	
13	Reppe, Drew		University of Mo	22.73	5	
14	Osborne, Zach		University of Mo	22.83	4	
15	Thompson, Cedric		University of Idaho	22.85	2	
16	Boock, Chris		Linfield College	22.90	3	
17	Green, Aaron		University of Mo	22.95	5	
18	Crabtree, Nathan		Unattached	22.98	4	
19	Artis, Josh		Eastern Washingt	23.07	3	
20	Moore, Cody		Community Colleg	23.22	3	
21	Josephson, Brett		University of Idaho	23.23	2	
21	Kauffman, Casey		Clackamas Commun	23.23	5	
23	Fields, Will		Eastern Washingt	23.33	6	
24	Boston, Martin		Washington State	23.39	1	
25	Kragt, John		Community Colleg	23.54	10	
26	Cuddeback, Brian		Eastern Oregon U	23.57	7	
27	Seavey, Erik		Eastern Oregon U	23.61	7	
28	Schwabe, Justin		Community Colleg	23.98	7	
29	Roberts, Danny		Unattached	23.99	9	
30	Egelus, Pat		Eastern Oregon U	24.09	8	
31	Yeaw, Tony		Unattached	24.10	9	
32	Chebbi, Elyes		Unattached	24.16	4	
33	Larson, Jake		University of Mo	24.21	6	
34	Gonzolez, Miguel		Unattached	24.22	10	
35	Betancourt, Angel		Community Colleg	24.24	6	
36	Pluciak, Tom		Eastern Oregon U	24.44	7	
37	Brown, Mike		Unattached	24.61	9	
38	Sexton, Troy		Clackamas Commun	24.62	5	
39	Truman, Gary		Eastern Oregon U	24.65	8	
40	Lamoreau, Garron		Eastern Oregon U	24.67	8	
41	Focter, Terrance		Eurcka Montana	24.87	6	
42	Kramer, Brian		Touchet	25.17	9	
43	Jones, Chris		Orofino T&F	25.23	8	
44	Wiens, Daniel		Unattached	25.26	10	
45	Emel, Justin		Unattached	25.27	10	
46	Clark, Jesse		Whitworth College	25.92	10	
47	Weever, Darin		Touchet	26.24	9	
48	Taylor, Freddy		Newport High School	26.69	10	
--	Sticka, Ryan		George Fox Unive	DNF	8	
--	Burton, Casey		Community Colleg	DNF	6	
--	Johnson, Josh		Eastern Oregon U	DNF	7	

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Men 400 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Harris, Seth		George Fox Unive	50.03	5	
2	Leavitt, Barry		Washington State	50.46	2	
3	Boyer, Nate		Community Colleg	50.62	1	
4	Ayume, Asiki		Community Colleg	50.63	2	
5	Leyk, Josh		Washington State	50.76	1	
6	Crabtree, Nathan		Unattached	51.13	3	
7	Edwards, John		University of Mo	51.30	1	
8	Fischback, Tyler		Washington State	51.49	3	
8	Josephson, Brett		University of Idaho	51.49	1	
10	March, Chris		Unattached	51.50	2	
11	Sticka, Ryan		George Fox Unive	51.76	4	
12	Gavin, John		Community Colleg	51.89	3	
13	Kragt, John		Community Colleg	52.29	3	
14	Stuffle, Keith		Orofino T&F	52.47	5	
15	Kelsey, Pat		Eastern Oregon U	52.73	2	
16	Lamoreau, Garron		Eastern Oregon U	53.27	4	
17	Betancourt, Angel		Community Colleg	53.34	2	
18	Cuddeback, Brian		Eastern Oregon U	53.35	4	
19	Wall, John		Cascade	53.53	3	
20	Fields, Will		Eastern Washingt	55.10	5	
21	Merrell, Michael		Unattached	56.13	5	
22	Clark, Jesse		Whitworth College	58.17	4	
23	Taylor, Freddy		Newport High School	58.90	5	
--	Carlson, Kyle		University of Mo	DNF	1	

Men 1 Mile Run

	Name	Year	Team	Finals	Points
1	Griffiths, Eric		Eastern Oregon U	4:25.02	
2	Riley, Tim		Eastern Oregon U	4:29.29	
3	Fuller, Andrew		Community Colleg	4:29.60	
4	Crowl, Brian		Eastern Oregon U	4:31.69	
5	Nevarez, Elias		Clackamas Commun	4:33.27	
6	Tensed, Karl		Unattached	4:33.97	
7	Laughlin, Derek		University of Idaho	4:37.01	
8	Reed, Kevin		Eastern Washingt	4:37.78	
9	LaFontaine, Ira		Clackamas Commun	4:45.57	
10	Deitz, Jake		Mt. Spokane	4:46.29	
11	Dort, Ben		George Fox Unive	4:48.97	
12	Miller, Peter		Unattached	4:49.57	
13	Moeller, Mark		Unattached	4:50.97	
14	Judge, Patrick		Unattached	4:51.14	
15	Scott, Andrew		Unattached	4:56.95	
16	Saltenberger, Morgan		Unattached	4:58.64	
17	Platz, Ryan		Mt. Spokane	5:01.54	
18	Farris, Justin		Mt. Spokane	5:02.72	
19	Weldon, Daniel		Unattached	5:12.23	
20	Nuehs, Kenny		Unattached	5:12.39	
21	Taylor, Freddy		Newport High School	5:14.22	
22	Sanders, Jacob		Unattached	5:17.57	
23	Gillies, Tom		Unattached	5:18.60	
24	Bourgard, Eli		Unattached	5:19.37	

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....Men 1 Mile Run

25	Clark, James	Unattached	5:29.82
26	Sevier, Dallace	Unattached	5:41.60

Men 800 Meter Run

	Name	Year	Team	Finals	Points
1	Coucha, Chris		Washington State	1:58.01	
2	Fuller, Branden		Eastern Washingt	1:58.44	
3	Abbott, Kalen		Unattached	1:58.60	
4	Hendricks, Nate		Unattached	1:58.99	
5	Stupnitsky, Anton		Unattached	1:59.30	
6	Parlee, Nick		Linfield College	1:59.44	
7	Goulet, Adam		Unattached	1:59.48	
8	Burfeind, Greg		University of Mo	1:59.68	
9	Moon, Alex		Eastern Washingt	1:59.72	
10	Ginanni, Joe		Linfield College	2:00.24	
11	Schroeder, Ian		Eastern Oregon U	2:00.36	
12	Taylor, Casey		Linfield College	2:00.44	
13	Conrick, James		Eastern Washingt	2:00.46	
14	Fuller, Andrew		Community Colleg	2:00.57	
15	Thompson, Michael		University of Idaho	2:00.81	
16	Gardner, Erich		Community Colleg	2:01.66	
17	Kurtz, Alex		Community Colleg	2:02.25	
18	Mohsenian, Arman		Community Colleg	2:02.87	
19	Leyk, Josh		Washington State	2:03.48	
20	Nevarez, Elias		Clackamas Commun	2:03.62	
21	Lual, Anderia		Whitworth College	2:04.73	
22	Poole, Kevin		Cascade	2:05.53	
23	Jimews, John		Eastern Washingt	2:05.77	
24	Guclfi, Ed		George Fox Unive	2:06.54	
25	Miller, Joe		Mt. Spokane	2:06.94	
26	Roberts, Joey		Unattached	2:07.65	
26	Rhein, Tony		Unattached	2:07.65	
28	Fischback, Tyler		Washington State	2:08.83	
29	Schafer, Daniel		Unattached	2:09.43	
30	Hurhinon, Kevin		Community Colleg	2:09.83	
31	Reed, Kevin		Eastern Washingt	2:10.41	
32	Stratton, Jack		Unattached	2:10.87	
33	Morales, Santiago		Unattached	2:11.55	
34	Peters, Ryan		Community Colleg	2:11.81	
35	Finley, Steve		Unattached	2:11.84	
36	Vennum, Chris		Wvhs	2:12.51	
37	Pete, Jake		Mt. Spokane	2:12.68	
38	Merrell, Michael		Unattached	2:14.95	
39	Farris, Justin		Mt. Spokane	2:16.38	
40	Velasco, Saul		Touchet	2:20.19	
41	Houkker, T.J.		Vnn	2:21.55	
42	Young, Brad		Kam	2:34.54	

Men 1000 Meter Run

	Name	Year	Team	Finals	Points
1	Moore, Patrick		University of Idaho	2:46.24	

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....Men 1000 Meter Run

2	Egelus, Pat	Eastern Oregon U	2:47.46
3	Johnson, Damien	Eastern Oregon U	2:49.98
4	Riley, Tim	Eastern Oregon U	2:53.52
5	Young, Matt	Eastern Oregon U	2:53.58
6	Dean, Justin	Hermiston	2:59.57
7	Samaniego, Sergio	Hermiston	3:11.00

Men 3000 Meter Run

	Name	Year	Team	Finals	Points
1	Normandin, Nate		Unattached	8:47.13	
2	Reiff, Brandon		University of Idaho	8:47.50	
3	Quakenbush, Mike		Ferris High	8:50.00	
4	Winter, Matt		Yrr	8:53.46	
5	Workman, Brandon		Team XO	8:55.80	
6	Owen, Michael		George Fox Unive	8:58.81	
7	Ross, Dave		Unattached	9:09.08	
8	Dean, John		Community Colleg	9:10.74	
9	Griffiths, Eric		Eastern Oregon U	9:11.03	
10	Mantalas, John		Team XO	9:13.55	
11	Crowl, Brian		Eastern Oregon U	9:13.97	
12	Graesser, Luke		Unattached	9:18.64	
13	Ego, Joshua		Eastern Oregon U	9:22.65	
14	Gonzalez, Lorenzo		Hermiston	9:24.82	
15	Moe, Jake		George Fox Unive	9:27.93	
16	Chestnut, Brendan		Unattached	9:28.69	
17	Mendez, Ricky		Unattached	9:32.07	
18	Degner, Peter		Unattached	9:37.72	
19	Bergquist, Micheal		Air Force	9:38.90	
20	Gustafson, Ryan		Rogers	9:40.31	
21	Jahay, Caleb		Unattached	9:40.64	
22	Moeller, Mark		Unattached	9:41.77	
23	Hot, Carl		Unattached	9:43.13	
24	Cosby, Robert		Ferris High	9:45.05	
25	Judge, Patrick		Unattached	9:46.20	
26	Coe, Andy		Whitworth College	9:48.77	
27	Tylock, Cody		Wvhs	9:49.78	
28	Finley, Steve		Unattached	9:52.69	
29	Martin, Mana		Eastern Oregon U	9:53.54	
30	Tylock, Ross		Wvhs	9:54.49	
31	Miller, Peter		Unattached	9:56.79	
32	Deitz, Craig		Unattached	9:59.33	
33	Dean, Justin		Hermiston	10:02.42	
34	Peterson, Jake		Eastern Oregon U	10:07.36	
35	Sanders, Brian		Hermiston	10:10.49	
36	Gardner, Josh		Wvhs	10:27.85	
37	Huehs, Kenny		Unattached	10:28.75	
38	Stratton, Jack		Unattached	10:34.35	
39	Houkker, T.J.		Vnn	10:52.71	
40	VanHaverreke, Thomas		Rogers	10:59.62	

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Men 60 Meter Hurdles

	Name	Year	Team	Finals	H#	Points
Finals						
1	Henry, Hugh		University of Idaho	8.43	1	
2	Johnson, Damien		Eastern Oregon U	8.51	2	
3	Leavitt, Barry		Washington State	8.53	1	
4	Funk, Logan		University of Mo	8.63	2	
5	Young, Matt		Eastern Oregon U	8.66	3	
6	Bernard, Brian		Clackamas Commun	8.67	1	
6	Sexton, Troy		Clackamas Commun	8.67	2	
8	Harris, Seth		George Fox Unive	8.70	2	
9	Larson, Matt		University of Mo	8.74	2	
10	Schwabe, Justin		Community Colleg	8.75	2	
10	Funk, Milo		University of Mo	8.75	2	
12	Leyk, Josh		Washington State	8.87	1	
13	Luckstead, Jeff		University of Idaho	8.88	1	
14	Hutchinson, Kevin		Community Colleg	8.92	2	
15	Dillow, Ben		George Fox Unive	8.95	3	
16	Stuffle, Keith		Orofino T&F	8.98	3	
17	Eberle, Jayvan		Community Colleg	8.99	3	
18	Frey, Bob		Washington State	9.08	1	
19	Turpin, David		Washington State	9.15	3	
20	Milani, Aidin		University of Mo	9.24	1	
21	Patterson, Jordan		Whitworth College	9.25	3	
22	Mapp, Andrew		Community Colleg	9.56	3	
23	Priester, Josh		George Fox Unive	10.25	3	

Men High Jump

	Name	Year	Team	Finals		Points
1	Gill, Jas		University of Mo	2.03m	6-08.00	
2	Eaton, Kyle		Unattached	1.98m	6-06.00	
2	Madinger, Abe		University of Mo	1.98m	6-06.00	
4	Ely, Jarred		Eastern Washingt	1.93m	6-04.00	
5	Hyndman, Jeff		Eastern Washingt	J1.93m	6-04.00	
6	Young, Matt		Eastern Oregon U	1.88m	6-02.00	
7	Clemmens, Luke		Eastern Washingt	J1.88m	6-02.00	
8	Ludwigson, Matt		Eastern Washingt	J1.78m	5-10.00	
9	Brownell, Brandon		Washington State	1.78m	5-10.00	
10	McIntyre, Tyler		University of Mo	J1.83m	6-00.00	
11	Johnson, Damien		Eastern Oregon U	1.73m	5-08.00	

Men Pole Vault

	Name	Year	Team	Finals		Points
1	Trimble, Shawm		Eastern Oregon U	4.80m	15-09.00	
2	Rogers, Hank		University of Mo	4.65m	15-03.00	
3	Butterfield, Eric		University of Idaho	4.20m	13-09.25	
4	Levin, Andrew		University of Mo	J4.20m	13-09.25	
5	McNab, Keith		University of Idaho	J4.20m	13-09.25	
6	Lang, Ryan		University of Idaho	4.05m	13-03.50	
7	Briggs, Mike		Unattached	3.90m	12-09.50	

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....Men Pole Vault

8	Lapke, Paul	Unattached	J3.90m	12-09.50
9	Tousley, Jack	Kam	3.60m	11-09.75
--	Gardner, Eli	Unattached	NH	
--	Shrack, Justin	Eastern Washingt	NH	

Men Long Jump

	Name	Year	Team	Finals		Points
1	Drake, Justin		Eastern Washingt	6.82m	22-04.50	
2	Kauffman, Casey		Clackamas Commun	6.62m	21-08.75	
3	Johnson, Damien		Eastern Oregon U	6.35m	20-10.00	
3	Lang, Ryan		University of Idaho	6.35m	20-10.00	
5	Priester, Josh		George Fox Unive	6.29m	20-07.75	
5	White, Everette		Community Colleg	6.29m	20-07.75	
5	Stephens, Jacob		University of Mo	6.29m	20-07.75	
8	Turnbull, Dave		Central Oregon TC	6.14m	20-01.75	
9	Stevens, Jason		Eastern Oregon U	6.12m	20-01.00	
10	Dillow, Ben		George Fox Unive	6.06m	19-10.75	
10	VanAtta, John		University of Mo	6.06m	19-10.75	
12	Vela, Milo		George Fox Unive	5.92m	19-05.25	
13	Young, Matt		Eastern Oregon U	5.91m	19-04.75	
14	Ludwigson, Matt		Eastern Washingt	5.89m	19-04.00	
15	Gonzolez, Miguel		Unattached	5.85m	19-02.50	
16	Truman, Gary		Eastern Oregon U	5.83m	19-01.50	
17	Moore, Jacob		Unattached	5.06m	16-07.25	

Men Shot Put

	Name	Year	Team	Prelims	
Preliminaries					
1	Paul, David		Eastern Washingt	15.88mq	52-01.25
2	Neel, Cameron		Washington State	15.84mq	51-11.75
3	Babcock, Brian		Unattached	15.26mq	50-00.75
4	Hunt, Brandon		Eastern Washingt	15.15mq	49-08.50
5	Winger, Russ		University of Idaho	15.11mq	49-07.00
6	Thron, Andrew		Linfield College	15.10mq	49-06.50
7	Gebhardt, Derin		University of Mo	15.02mq	49-03.50
8	Schramm, Mike		Washington State	14.37mq	47-01.75
9	Dixon, Jason		Unattached	14.04m	46-00.75
10	Lockheart, Bo		Linfield College	13.99m	45-10.75
11	Stanton, Jimmy		University of Mo	13.94m	45-09.00
11	Perlman, Dana		Unattached	13.94m	45-09.00
13	O'Brien, Dan		Unattached	13.90m	45-07.25
14	Moore, Frank		Unattached	13.85m	45-05.25
15	Orlando, Luke		Unattached	13.60m	44-07.50
16	Whitney, Corey		Eastern Oregon U	13.53m	44-04.75
17	Honeyman, Steve		Whitworth College	13.51m	44-04.00
18	Cooper, Adam		Eastern Oregon U	13.49m	44-03.25
19	Powell, Darion		Unattached	13.47m	44-02.50
20	Corneoiusen, Blake		Unattached	13.40m	43-11.75
21	Ulrick, Drew		Washington State	13.38m	43-10.75
22	Miles, Chris		Linfield College	12.96m	42-06.25
23	Malcom, David		George Fox Unive	12.94m	42-05.50

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....**Men Shot Put**

24	Schmoeger, Eli	University of Idaho	12.52m	41-01.00
25	Brownell, Brandon	Washington State	12.50m	41-00.25
26	Hunt, Zach	Eastern Washingt	12.44m	40-09.75
27	Walter, Cameron	Community Colleg	11.95m	39-02.50
28	Young, Matt	Eastern Oregon U	11.69m	38-04.25
29	Turpin, David	Washington State	11.67m	38-03.50
30	Jones, Jerred	Community Colleg	11.63m	38-02.00
31	Priester, Josh	George Fox Unive	11.62m	38-01.50
32	Johnson, Damien	Eastern Oregon U	10.87m	35-08.00
33	Kragt, John	Community Colleg	9.60m	31-06.00

Men Shot Put

Name	Year Team	Finals	Points
Finals			
1 Paul, David	Eastern Washingt	15.88m	52-01.25
2 Neel, Cameron	Washington State	15.84m	51-11.75
3 Babcock, Brian	Unattached	15.68m	51-05.50
4 Thron, Andrew	Linfield College	15.26m	50-00.75
5 Hunt, Brandon	Eastern Washingt	15.15m	49-08.50
6 Winger, Russ	University of Idaho	15.11m	49-07.00
7 Gebhardt, Derin	University of Mo	15.02m	49-03.50
8 Schramm, Mike	Washington State	14.37m	47-01.75

Men Weight Throw

Name	Year Team	Prelims	
Preliminaries			
-- Harrison, Dee	Unattached	SCR	
-- Cullinan, Thad	Washington State	SCR	
-- Snyder, Ben	Unattached	SCR	
-- Quinn, Mike	Unattached	SCR	
-- Paul, David	Eastern Washingt	SCR	
1 Sherer, Brad	Unattached	17.13mq	56-02.50
2 Zamora, Jordan	University of Idaho	16.11mq	52-10.25
3 Tyler, Keith	Unattached	15.34mq	50-04.00
4 Gebhardt, Derin	University of Mo	15.32mq	50-03.25
5 Bortz, Dirk	Eastern Oregon U	15.31mq	50-02.75
6 Winger, Russ	University of Idaho	14.93mq	48-11.75
7 Mattoxx, Marcus	University of Idaho	14.79mq	48-06.25
8 Schmoeger, Eli	University of Idaho	14.49mq	47-06.50
9 Corneoiusen, Blake	Unattached	14.48m	47-06.25
10 Gottfried, Gregg	George Fox Unive	14.12m	46-04.00
11 Cooper, Adam	Eastern Oregon U	13.81m	45-03.75
12 Whitney, Corey	Eastern Oregon U	12.97m	42-06.75
13 Mills, Mike	Unattached	12.85m	42-02.00
13 Stanton, Jimmy	University of Mo	12.85m	42-02.00
15 Thron, Andrew	Linfield College	12.71m	41-08.50
16 Malcom, David	George Fox Unive	12.39m	40-07.75
17 Hendricks, Wes	University of Idaho	12.36m	40-06.75
18 Girdner, Don	Eastern Oregon U	12.26m	40-02.75
19 Millsap, Travis	Eastern Oregon U	12.06m	39-07.00
20 Thew, Rick	Eastern Oregon U	11.64m	38-02.25

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....Men Weight Throw

21 Kaupp, John Unattached 11.14m 36-06.75

Men Weight Throw

Name	Year	Team	Finals		Points
Finals					
1 Sherer, Brad		Unattached	17.77m	58-03.75	
2 Zamora, Jordan		University of Idaho	16.11m	52-10.25	
3 Tyler, Keith		Unattached	15.56m	51-00.75	
4 Winger, Russ		University of Idaho	15.37m	50-05.25	
5 Gebhardt, Derin		University of Mo	15.32m	50-03.25	
6 Bortz, Dirk		Eastern Oregon U	15.31m	50-02.75	
7 Mattoxx, Marcus		University of Idaho	14.79m	48-06.25	
8 Schmoeger, Eli		University of Idaho	14.69m	48-02.50	

Licensed to University of Idaho Hy-Tek's Meet Manager 2/20/2004 09:55 PM

Vandal Indoor - 2/20/2004

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Women 60 Meter Dash

	Name	Year	Team	Finals	Points
Finals					
1	Whyte, Angela		Unattached	7.39	
2	Hatcher, Nicole		Washington State	7.65	
3	Pater, Tanya		University of Id	7.66	
4	McClendon, Nicole		Washington State	7.85	
5	Shields, Kristen		Whitworth Colleg	7.99	
6	Patten, Jamie		University of Id	8.19	
7	Brown, Nicole		Whitworth Colleg	8.25	
8	Hannah, Emily		Eastern Washingt	8.28	

Women 400 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Richardson, Ellannee		Unattached	53.53	1	
2	Probasco-Canda, Brandi		Washington State	55.49	1	
3	Jessie, Monique		Washington State	56.73	1	
4	Wilson, Kameko		Washington State	57.99	2	
5	Hoeck, Heather		University of Id	58.12	1	
6	Heater, Haley		Eastern Washingt	58.38	2	
7	Griffith, Jaime		Eastern Washingt	58.46	2	
8	Samuel, Vernee		University of Id	59.06	1	
9	Hannah, Emily		Eastern Washingt	59.21	2	
10	Nell, Candace		Eastern Washingt	1:01.19	2	

Women 1 Mile Run

	Name	Year	Team	Finals	Points
1	Marakurwa, Letiwe		University of Id	5:01.74	
2	Godwin, Korinda		Eastern Oregon U	5:07.42	
3	Vander Meulen, Tania		University of Id	5:09.99	
4	Thomas, Jennifer		Unattached	5:16.93	
5	Gibb, Camille		Eastern Washingt	5:21.60	
6	Young, Hailey		Washington State	5:22.83	
7	Perreault, Amy Jo		Eastern Washingt	5:24.87	
8	Ouwerkerk, Melinda		University of Id	5:28.00	
9	Evans, Holly		Eastern Washingt	5:29.54	
--	Olson, Dee		University of Id	DNF	

Women 800 Meter Run

	Name	Year	Team	Finals	Points
1	Murdoch, Alisha		University of Id	2:16.57	
2	Prunty, Caitlin		Eastern Washingt	2:16.94	
3	Roche, Clare		University of Mo	2:18.39	
4	Bronson, Mara		University of Mo	2:18.86	
5	Kamau, Mary		University of Id	2:19.13	

Women 3000 Meter Run

	Name	Year	Team	Finals	Points
1	Marakurwa, Letiwe		University of Id	10:06.91	
2	O'Reilly, Megan		Unattached	10:13.11	
3	Hadway, Ashley		Community Colleg	10:29.67	
4	Ham, Julie		University of Mo	10:36.44	
5	Macalister, Mandy		University of Id	10:36.50	
6	Jones, Kelsey		Unattached	10:42.58	
7	Colyar, Kendra		University of Id	11:00.89	
8	Barker, Jessyca		Eastern Oregon U	11:05.80	
9	Smith, Natalie		Washington State	11:18.25	
10	Colkitt, Stephanie		Eastern Oregon U	11:22.00	

Women 60 Meter Hurdles

	Name	Year	Team	Finals	Points
Finals					
1	Whyte, Angela		Unattached	8.09	
2	Graves, Mary Ann		University of Id	9.16	
3	Kramer, Wiyanna		Eastern Washingt	9.17	
4	Burt, Molly		Community Colleg	9.27	
5	Selby, Shannon		University of Mo	9.84	
6	Zimmerman, Lyndsay		Unattached	10.23	
Preliminaries					
4	Breuer, Carla		University of Mo		

Women 4x400 Meter Relay

	Team	Finals	Points
1	University of Montana 'B'	3:59.96	
2	Eastern Washington University 'A'	4:00.33	
3	University of Montana 'A'	4:03.96	
4	Community Colleges of Spokane 'A'	4:05.70	

Women High Jump

	Name	Year	Team	Finals	Points
1	Mikesh, Robin		Washington State	1.70m	5-07.00
2	Souhrada, Tassie		University of Id	1.65m	5-05.00
3	Jaross, Stephanie		Army Rotc	J1.65m	5-05.00
4	Crawford, Lindsey		University of Mo	J1.65m	5-05.00
5	Fouts, Sara		Eastern Washingt	1.60m	5-03.00
6	Hines, Shannon		University of Id	1.55m	5-01.00

Women Pole Vault

	Name	Year	Team	Finals	Points
1	Diles, Tamara		Washington State	3.80m	12-05.50
1	McGee, Karla		Washington State	3.80m	12-05.50
3	Hegna, Sarah		Eastern Washingt	3.65m	11-11.75
4	Lenoch, Sarah		University of Mo	J3.65m	11-11.75
5	Wilson, Kari		University of Mo	3.50m	11-05.75
5	Wedell, Amy		University of Mo	3.50m	11-05.75
7	Owen, Melinda		University of Id	3.35m	10-11.75
8	Nolan, Audrea		Washington State	3.20m	10-06.00

Women Triple Jump

	Name	Year	Team	Finals		Points
Finals						
1	Stowe, Tammy		University of Id	11.80m	38-08.75	
2	Sheehy, Anne		University of Mo	11.57m	37-11.50	
3	Kramer, Wiyanna		Eastern Washingt	11.48m	37-08.00	
4	Meinhold, Teanna		Eastern Washingt	11.31m	37-01.25	
5	Selby, Shannon		University of Mo	J11.31m	37-01.25	
6	Huffman, Chelsea		University of Id	11.26m	36-11.50	
7	Maurer, Phoebe		University of Mo	11.22m	36-09.75	
8	Cox, Baily		University of Mo	11.07m	36-04.00	
Preliminaries						
9	Rohrbacher, Cassie		University of Id			
10	Rosenberg, Sarajane		Unattached			
--	Wurum, Jesse		Unattached			
--	Graeme, Jordan		Eastern Washingt			
--	Kling, Emily		University of Id			

Women Shot Put

	Name	Year	Team	Finals		Points
Finals						
1	Reiber, Ina		University of Id	14.35m	47-01.00	
2	Rance, Shannon		Washington State	13.54m	44-05.25	
3	Tuttle, Katie		University of Id	13.44m	44-01.25	
4	Faire, Amanda		Unattached	12.70m	41-08.00	
5	Anderson, Teddie		University of Mo	12.30m	40-04.25	

Women Discus Throw

	Name	Year	Team	Finals		Points
1	Reiber, Ina		University of Id	52.00m	170-07	
2	Tuttle, Katie		University of Id	49.81m	163-05	
3	Thornton, Andrea		Unattached	47.86m	157-00	
4	Muai, Marie		Washington State	47.29m	155-02	
5	Rance, Shannon		Washington State	42.27m	138-08	
6	Broncheau, Jennifer		University of Id	39.12m	128-04	
7	Jones, Kristina		Community Colleg	38.57m	126-06	
8	Kellogg, Johanna		Whitworth Colleg	38.35m	125-10	
Preliminaries						
9	Bertsch, Valerie		Eastern Washingt			
10	Fahey, Melinda		Royal Scot Track			
11	Bortz, Stephanie		University of Mo			
12	Falcon, Jessica		University of Mo			
13	Faire, Amanda		Unattached			

Women Weight Throw

	Name	Year	Team	Finals		Points
Finals						
1	Muai, Marie		Washington State	18.31m	60-01.00	
2	Lambley, Heidi		University of Id	16.11m	52-10.25	
3	Broncheau, Jennifer		University of Id	15.86m	52-00.50	
4	Jones, Kristina		Community Colleg	15.28m	50-01.75	

5	Groh, Shannon	Eastern Washingt	14.88m	48-10.00
6	Bower, Amanda	Eastern Washingt	13.51m	44-04.00

Men 60 Meter Dash

	Name	Year	Team	Finals	Points
1	James, Sherwin		Unattached	6.73	
2	Buchanan, Anthony		Unattached	6.79	
3	Boston, Martin		Washington State	6.83	
4	Nelson, Jarrell		Washington State	6.89	
5	Boock, Chris		Linfield College	7.02	
6	Ruffin, J.R.		University of Id	7.04	
7	Brink, Dan		Washington State	8.33	
Preliminaries					
8	Watkins, Arend		Nike		
9	Williams, Maurice		Unattached		
10	Green, Aaron		University of Mo		
11	Artis, Josh		Eastern Washingt		
12	Henry, Hugh		University of Id		
13	Osborne, Zach		University of Mo		
14	White, Everette		Community Colleg		
15	Thompson, Cedric		University of Id		
16	Miller, Matt		Eastern Washingt		
17	Jones, Alex		Washington State		
18	Crabtree, Nathan		Unattached		
19	Larson, Jake		University of Mo		
20	Ludwigson, Matt		Eastern Washingt		
--	Ray, Patrick		University of Id		
--	Chatman, Bennie		Unattached		

Men 400 Meter Dash

	Name	Year	Team	Finals	H#	Points
1	Chaney, Ryan		Team XO	48.26	1	
2	Moon, Alex		Eastern Washingt	48.83	2	
3	Williams, Maurice		Unattached	49.26	1	
4	Guggenheimer, Josh		Unattached	49.33	1	
5	Reppe, Drew		University of Mo	49.66	1	
6	Carr, Philip		Eastern Washingt	50.10	2	
7	Carlson, Kyle		University of Mo	50.67	2	
8	Manthey, Jon		Washington State	51.40	2	

Men 1 Mile Run

	Name	Year	Team	Finals	Points
1	Fuller, Branden		Eastern Washingt	4:18.63	
2	Normandin, Nate		Unattached	4:20.77	
3	Kellogg, Casey		Eastern Washingt	4:22.97	
4	Frederick, Daniel		Washington State	4:24.10	
5	Timeus, John		Eastern Washingt	4:24.64	
6	Axtman, Ty		Community Colleg	4:25.78	
7	Taylor, Blake		University of Id	4:34.32	

Men 800 Meter Run

	Name	Year	Team	Finals	Points

1	Marlett, Phil	University of Mo	1:55.01
2	Boyer, Nate	Community Colleg	1:55.28
3	Gavin, John	Community Colleg	1:57.61
4	Ceparano, Mike	Eastern Washingt	1:58.90
5	Ayume, Asiki	Community Colleg	1:58.92
6	Potter, Kevin	University of Id	2:02.59

Men 3000 Meter Run

	Name	Year	Team	Finals	Points
1	Riley, Tim		Eastern Oregon U	8:42.87	
2	Griffiths, Eric		Eastern Oregon U	8:46.46	
3	Kaufman, Joe		Community Colleg	8:50.10	
4	Reiff, Brandon		University of Id	8:51.34	
5	Currell, Mark		Community Colleg	8:54.90	
6	Crowl, Brian		Eastern Oregon U	8:57.36	
7	Moore, Patrick		University of Id	8:59.98	
8	Thompson, Michael		University of Id	9:06.51	
9	Laughlin, Derek		University of Id	9:07.91	

Men 60 Meter Hurdles

	Name	Year	Team	Finals	Points
Finals					
1	Watkins, Arend		Nike	7.67	
2	Mason, Matt		Washington State	7.93	
3	O'Brien, Dan		Unattached	8.03	
4	Henry, Hugh		University of Id	8.13	
5	Levin, Andrew		University of Mo	8.40	
6	Powell, Darion		Unattached	8.43	
7	Larson, Matt		University of Mo	J8.43	
8	Johnson, Damien		Eastern Oregon U	8.50	
Preliminaries					
9	Frey, Bob		Washington State		
10	Luckstead, Jeff		University of Id		
10	Wells, Aaron		Community Colleg		
12	Brownell, Brandon		Washington State		
13	Leavitt, Barry		Washington State		
14	Leyk, Josh		Washington State		
15	Lang, Ryan		University of Id		
16	Schwabe, Justin		Community Colleg		

Men 4x400 Meter Relay

	Team	Finals	Points
1	University of Idaho 'A'	3:12.62	
2	Washington State University 'A'	3:12.79	
3	University of Montana 'A'	3:21.47	

Men Distance Medley

	Team	Finals	Points
1	Eastern Oregon University 'A'	10:29.90	
2	Whitworth College 'A'	10:47.98	
3	Royal Scot Track Club 'A'	11:11.70	

Men High Jump

	Name	Year	Team	Finals	Points
1	Gill, Jas		University of Mo	2.10m	6-10.75
2	Johnson, Josh		Eastern Oregon U	2.05m	6-08.75
3	Hyndman, Jeff		Eastern Washingt	1.90m	6-02.75
3	Forth, Jeff		University of Id	1.90m	6-02.75
3	Alverson, Matt		Washington State	1.90m	6-02.75
6	Turpin, David		Washington State	J1.90m	6-02.75
7	Ely, Jarred		Eastern Washingt	1.80m	5-10.75
8	Clemmens, Luke		Eastern Washingt	J1.80m	5-10.75

Men Pole Vault

	Name	Year	Team	Finals	Points
1	O'Brien, Dan		Unattached	4.70m	15-05.00
2	Clifford, Matt		University of Mo	4.55m	14-11.00
--	Nicoletti, Paul		Washington State	NH	
--	Rogers, Hank		University of Mo	NH	
--	Erickson, Mike		Eastern Washingt	NH	
--	Levin, Andrew		University of Mo	NH	

Men Triple Jump

	Name	Year	Team	Finals	Points
Finals					
1	Harvey, Trandon		Washington State	14.27m	46-10.00
2	Kapofu, Allen		University of Id	14.23m	46-08.25
3	Grubbs, Billy		Eastern Washingt	14.12m	46-04.00
4	McIntyre, Tyler		University of Mo	13.98m	45-10.50
5	Rizzardi, Peter		Washington State	13.93m	45-08.50
6	Puckett, Adam		George Fox Unive	13.86m	45-05.75
7	Bailey, Tom		University of Id	13.69m	44-11.00
8	VanAtta, John		University of Mo	13.48m	44-02.75
Preliminaries					
9	Gabriel, Shawn		Eastern Washingt		
10	Sargent, David		Eastern Washingt		
--	Stephens, Jacob		University of Mo		
--	Brady, Matt		University of Id		
--	Beatty, Doug		George Fox Unive		
--	Gunlock, Trevor		University of Mo		

Men Shot Put

	Name	Year	Team	Finals	Points
Finals					
1	Gehring, Tim		Washington State	18.15m	59-06.75
2	Paul, David		Eastern Washingt	16.35m	53-07.75
3	Neel, Cameron		Washington State	16.26m	53-04.25
4	Harrison, Dee		Unattached	15.84m	51-11.75
5	Hunt, Brandon		Eastern Washingt	15.68m	51-05.50
6	Dixon, Jason		Unattached	15.26m	50-00.75
7	Winger, Russ		University of Id	15.22m	49-11.25
8	Ulrick, Drew		Washington State	14.72m	48-03.50
9	Schramm, Mike		Washington State	14.64m	48-00.50

Men Discus Throw

	Name	Year	Team	Finals	Points
1	Dixon, Jason		Unattached	53.20m	174-06
2	Ulrick, Drew		Washington State	51.58m	169-03
3	Winger, Russ		University of Id	50.37m	165-03
4	O'Brien, Dan		Unattached	49.95m	163-10
5	Paul, David		Eastern Washingt	49.81m	163-05
6	Bortz, Dirk		Eastern Oregon U	46.82m	153-07
7	Stanton, Jimmy		University of Mo	46.77m	153-05
8	Moore, Frank		Unattached	46.63m	153-00
Preliminaries					
9	Demeroutis, Jason		Eastern Washingt		
10	Martell, Chris		University of Id		
11	Hunt, Brandon		Eastern Washingt		
12	Gebhardt, Derin		University of Mo		
13	Schramm, Mike		Washington State		
14	Powell, Darion		Unattached		
15	Zamora, Jordan		University of Id		
16	Neel, Cameron		Washington State		
17	Mattoxx, Marcus		University of Id		
18	Brownell, Brandon		Washington State		
19	Dolny, Greg		Unattached		
20	Levin, Andrew		University of Mo		
21	Schmoeger, Eli		University of Id		
22	Turpin, David		Washington State		
23	Anderson, Matt		Whitworth Colleg		
24	Hunt, Zach		Eastern Washingt		
25	Honeyman, Steve		Whitworth Colleg		

Men Weight Throw

	Name	Year	Team	Finals	Points
Finals					
1	Harrison, Dee		Unattached	17.45m	57-03.00
2	Paul, David		Eastern Washingt	17.38m	57-00.25
3	Zamora, Jordan		University of Id	16.98m	55-08.50
4	Quinn, Mike		Unattached	16.80m	55-01.50
5	Cullinan, Thad		Washington State	16.64m	54-07.25
6	Snyder, Ben		Unattached	16.17m	53-00.75
7	Winger, Russ		University of Id	15.69m	51-05.75
8	Mattoxx, Marcus		University of Id	15.62m	51-03.00
Preliminaries					
9	Dixon, Jason		Unattached		

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight / GFU Decathlon
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A – 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

High Jump (A=6-02.25/1.88 B=6-07/2.01 C=6-11.50/2.12

Personal best		Athlete	
6-02.75/1.90	(6-04.00/1.93)	Bret Yeager	(4) c
6-02.25/1.89	(6-04.00/1.93)	Ben Dillow	(1) m
5-10.75/1.80	(5-10.50/1.79)	Josh Priester	(2) m

Vault (A=13-03.50/4.05 B=15-02.25/4.63 C=16-06.00/5.03)

13-07.25/4.15	(14-00.00/4.27)	Josh Priester	(2) q
13-03.50/4.05	(14-01.00/4.29)	Travis Laloli	(rs) g
12-11.00/3.95	(12.00.50/3.67)	Ben Dillow	(1) q
12-06.75/3.83	(12-00.00/3.66)	Andy Haehlen	(3) l
12-05.50/3.80	(13-00.25/3.97)	Nick Wymore	(3) c

LJ (A=21-00.00/6.40 B=22-07.75/6.90 C=23-10.75/7.28

23-04.50/7.12	(22-02.75/6.80)	Adam Puckett	(4) i B
21-02.75/6.47	(21-10.00/6.65)	Josh Priester	(2) m
21-02.50/6.46	(21-04.00/6.50)	Milo Vela	(2) i
20-10.50/6.36	(21-04.00/6.50)	Bryan Wadlow	(4) k
20-10.50/6.36	(19-10.25/6.05)	Doug Beatty	(4) p
20-09.00/6.32	(20-11.00/6.37)	Drew Maves	(1) p
20-05.25/6.23	(20-04.00/6.20)	Ben Dillow	(1) f

TJ (A=42-07.75/12.98 B=46-03.25/14.10/ C=48-10.75/14.90)

47-08.50/14.54	(45-06.25/13.87)	Adam Puckett	(4) p B
44-09.50/13.65	(44-02.50/13.47)	Milo Vela	(2) i
43-03.25/13.19	(44-05.50/13.55)	Bryan Wadlow	(4) l
42-03.50/12.66	(42-04.25/12.91)	Doug Beatty	(4) c
41-02.25/12.55	(38-00.00/11.58)	Drew Maves	(1) k

Shot (A=44-00.50/13.42 B=50-08.25/15.45 C=56-01.75/17.11)

47-06.25/14.48	(40-07.50/12.38)	David Malcolm	(4) p
41-09.25/12.73	(40-10.00/12.44)	Josh Priester	(2) q
36-04.00/11.07	(35-00.25/10.67)	Ben Dillow	(1) q

Discus (A=135-06/41.30 B=155-09/47.47 C=174-06/53.21)

134-06/41.00	(137-07/41.94)	Josh Priester	(2) m
127-09/38.95	(143-10/43.84)	Greg Gottfried	(3) k
114-00/34.76	(98-10/30.12)	Ben Dillow	(1) m
111-05/33.96	(117-10/35.91)	Nick Hultburg	(4) c

Javelin (A=176-02/53.69 B=188-04/57.40 C=204-09/62.40)

215-10/65.80	(202-07/61.74)	Matt Gassaway	(3) q B
171-05/52.26	(152-11/46.62)	Ben Dillow	(1) m
164-10/50.24	(177-03/54.04)	Nick Hultberg	(4) g
155-03/47.33	(151-09/46.26)	Josh Priester	(2) j

Hammer (A=146-02/44.56 B=166-00/50.60 C=188-10/57.55)

171-11/52.41	(166-08/50.80)	Greg Gottfried	(3) p
144-01/43.92	(116-02/35.41)	David Malcolm	(4) p
118-09/36.21	(120-04/36.67)	Nick Hultberg	(4) dl

100m Dash (A=11.17 B=10.81 C=10.53)

10.81	(10.65)	Ben Salisbury	(4) l B
11.25	(11.44)	Drew Maves	(1) i
11.45	(10.98)	Josh Priester	(2) q
11.75	(11.74)	Ben Dillow	(1) k
12.05	(12.05)	Bret Yeager	(4) g
12.14	(11.34)	Brad Bates	(3) k
12.15	(12.15)	Milo Vela	(2) g
12.60	(12.50)	Nick Wymore	(3) b
12.68	(12.57)	Andy Haehlen	(3) b

200m Dash (A=22.66 B=21.80 C=21.25)

21.37	(21.34)	Ben Salisbury	(4) i B
22.27 (i)	(23.39)	Ryan Sprunger	(3) a
22.84	(23.35)	Jesse Rasmussen	(4) i
22.92	(22.99)	Brad Bates	(3) l

400m Dash (A=51.08 B=48.50 C=47.50)

48.33	(50.16)	Ryan Sprunger	(3) l B
50.03(i)	(50.03)	Seth Harris	(1) a
50.22	(49.95)	Jesse Rasmussen	(4) g
50.51	(49.70)	Josh Priester	(2) l
51.14	(51.14)	Adam Puckett	(4) g
51.33	(50.44)	Brad Bates	(3) k
51.76(i)	(51.44)	Ryan Sticka	(1) a
52.20	(52.04)	Ben Dillow	(1) j

800m Run (A=1:59.56 B=1:53.60 C=1:51.30)

Personal best		Athlete	
1:57.17	(1:58.04)	Ryan Sticka	(1) k
1:57.55	(2:01.11)	Bryan Cobb	(2) p
2:00.82	(2:05.82)	Brad Bates	(3) g
2:01.46	(1:53.54)	Eddie Guelfi	(1) b
2:03.04	(2:04.04)	Ben Dort	(1) k
2:05.47	(2:05.92)	Andrew Paine	(3) f
2:00.74	(2:01.03)	Michael Owen	(4) k
2:07.48	(2:07.48)	Grant Finney	(rs)
2:07.54	(2:07.24)	Jake Moe	(1) k

1500m Run (A=4:05.00 B=3:56.00 C=3:50.60)

4:07.24	(4:03.03)	Michael Owen	(4) d
4:08.78	(4:25.34)	Bryan Cobb	(2) o
4:13.11	(4:14.24c)	Jake Moe	(1) k
4:17.08		Eddie Guelfi	(1) c
4:21.02	(4:29.24)	Grant Finney	(rs)
4:24.51	(4:40.00)	Ben Dort	(1) b
4:31.23	(4:25.24)	David Delmore	(1) g
4:34.69	(4:42.26)	Ben Dillow	(1) q
4:39.34	(4:50.00)	Josh Priester	(2) m
4:44.28	(4:44.28)	Andrew Paine	(3) g

3000m Run (not contested for championships)

8:58.81 (i)	(8:52.35)	Michael Owen	(4) a
9:33.77	(9:34.24)	Grant Finney (red.)	(1) i
9:45.05 m(i)	(9:18.94c)	Jake Moe	(1) a
9:50.80	(9:45.24)	David Delmore	(1) i

5000m Run (A=15:45.12 B=14:50.00 C=14:26.00)

15:28.48	(15:37.04)	Michael Owen	(4) l
16:35.17	(16:56.05)	Jake Moe	(1) g
16:42.32	(16:42.32)	Grant Finney	(rs) g
16:59.09	(17:23.24)	David Delmore	(1) k

10,000m Run (A=33:00.00 B=31:20.00 C=30:24.00)

34:28.39	(34:55.84)	Jake Moe	(1) l

110m High Hurdles (A=16.06 B=14.90 C=14.40

15.32	(15.85)	Seth Harris	(1) i
15.50	(17.34)	Ben Dillow	(1) l
17.62	(16.98)	Josh Priester	(2) q

400m Intermediate Hurdles (A=57.41 B=54.00 C=52.20

53.08	(55.74)	Seth Harris	(1) i B
57.70	(59.94)	Ben Eichenberger	(2) l
58.33	(58.77)	Eddie Guelfi	(1) l
66.27	(66.27)	Nick Wymore	(3) k

3000m STEEPLECHASE (A=9:55.80 B=9:23.50 C=9:06.40)

9:13.52	(9:23.57)	Michael Owen	(4) n B

Decathlon (A=NONE B=6000 C=6500)

6432	(6442)	Josh Priester	(2) q B
6410	(6247)	Ben Dillow	(1) m B

2004 GFU SEASON'S BESTS (MEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight / GFU Decathlon
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/26-27	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento Sate Inv.	l.	4/24-25	NWC Championships, Tacoma			
f-1.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

4 x 100m Relay (A=TOP-8 B=42.00 C=41.10)

42.08	(Maves, Harris, Bates, Salisbury)	i
42.09	(Maves, Harris, Bates, Salisbury)	n
42.64	(Maves, Harris, Bates, Salisbury)	l
42.65	(Maves, Harris, Bates, Salisbury)	c
42.91	(Maves, Harris, Bates, Salisbury)	d

4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.70)

3:13.92	(Sprunger, Bates, Salisbury, Harris)	q
3:15.02	(Sprunger, Bates, Salisbury, Harris)	o B
3:16.04	(Sprunger, Salisbury, Bates, Harris)	n B
3:16.14	(Rasmussen, Salisbury, Sprunger, Harris)	i B
3:17.15	(Bates, Sticka, Harris, Salisbury)	l B
3:18.51	(Rassmussen, Salisbury, Bates, Harris)	c
3:22.93	(Priester, Guelfi, Bates, Harris)	b
3:24.20 B	(Guelfi, Sticka, Bates, Paine)	i
3:25.27	(Rasmussen, Sticka, Dillow, Bates)	g
3:27.72 B	(Guelfi, Cobb, Paine, Sticka)	k
3:29.45 B	(Sticka, Paine, Eichenberger, Dillow)	d
3:29.90 B	(Guelfi,Cobb, Eichenberger, Dillow)	c
3:33.07 B	(Guelfi, Cobb, Dort, Paine)	g
3:33.94	(Rasmussen, Dort, Cobb, Dillow)	b
3:39.50 C	(Wymore, Cobb, Dort, Moe)	i
3:40.44 C	(Maves, Wymore, Dort, Paine)	c

4 x 4 SPLITS

(LO=Leadoff leg)

48.8-LO	(50.7-LO)	Sprunger	o
49.9-LO	(50.8-LO)	Rasmussen	i
51.3-LO	(51.3-LO)	Priester	b
50.6-LO	(51.3-LO)	Guelfi	g
51.2-LO	(51.2-LO)	Bates	l
51.7-LO	(51.7-LO)	Sticka	f
54.6-LO	(54.6-LO)	Wymore	i
56.1-LO	(56.1-LO)	Maves	c
	(53.9-LO)	Dort	
	(54.4-LO)	Eichenberger	
	(53.0-LO)	Paine	

47.4	(47.8)	Salisbury	q
47.4	(49.1)	Harris	q
49.1	(49.6)	Bates	q
49.7	(49.7)	Sprunger	i
49.9	(49.7)	Sticka	l
51.8	(48.9)	Guelfi	b
52.0	(52.0)	Eichenberger	c
52.0	(51.5)	Paine	i
52.3	(52.3)	Dillow	b
53.2	(53.8)	Cobb	i
55.2	(55.9)	Wymore	c
55.3	(56.6)	Dort	g
56.1	(56.1)	Moe	i

2004 GFU SEASON'S BESTS (WOMEN)

a.	2/20-21	Idaho Indoor	g.	4/3	L&C Inv.	m.	5/1	Oregon Twilight
b.	3/6	Linfield Icebreaker	h.	4/9	GFU Distance Carnival	n.	5/7	Ken Shannon Inv, SeattleSPU Inv.
c.	3/13	GFU NWC 6-Way	i.	4/10	GFU Carnival All-Comers	o.	5/15	SPU Inv, Seattle
d.	3/20	Cal Poly Inv.	j.	4/12-13	NWC Multi Events, Whitworth	p.	5/22	Willamette Last Chance
e.	3/25-26	Stanford Inv.	k.	4/17	Bruin Open	q.	5/27-29	NCAA III Nationals, Illinois
f.	3/27	Sacramento State Inv.	l.	4/24-25	NWC Championships, Tacoma			
fl.	3/27	UPS All-Comers						

A -- 2004 NWC qualifying mark **B**--NCAA-III Provisional qualifying **C**--NCAA III Auto. qualifying

High Jump (A=5-00.50/1.54 B=5-04.50/1.64 C=5-08.00/1.73)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
5-07.00/1.70i	(5-05.75/1.67)	Michelle Forbes	(3)	a	B
5-02.25/1.58	(5-01.00/1.55)	Julie Brown	(1)	l	

Vault (A=9-06.25/2.90 B=10-10.00/3.30 C=12-04.00/3.76)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
9-00.50/2.76	(8-09.00/2.67)	Jillian Shaw	(2)	g	
9-00.50/2.76	(9-06.00/2.89)	Tori Black	(1)	g	

Long Jump (A=16-05.75/5.02 B=18-00.50/5.50 C=19-00.50/5.80)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
16-08.75/5.10	(14-09.75/4.51)	Michelle Forbes	(3)	I	

Triple Jump (A=33-11.50/10.35 B=36-11/11.25 C=39-08.50/12.10)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
35-06.50/10.83	(33-09.75/10.30)	Michelle Forbes	(3)	l	

Shot PUT (A=36-02.75/11.04 B=42-02.25/12.86 \ C=46-10.25/14.28)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
32-05.75/9.90	(30-00.00/9.14)	Poha Henson	1)	g	
28-07.75/8.73	(25-09.50/7.86)	Lindsey Blankenship	(1)	g	

Discus (A=116-00/35.36 B=136-02/41.50 C=152-07/46.50)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
100-02/30.54	(93-11/28.60)	Lindsey Blankenship	(1)	k	
89-04/27.23	(70-08/21.54)	Poha Henson	(1)	g	
69-03/21.10	(69-03/21.10)	Tori Black	(1)	c	

Javelin (A=116-00/35.36 B=126-04/38.50 C=142-05/43.40)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
116-09/35.58	(110-00.00/33.52)	Tori Black	(1)	g	
79-05/24.22	(89-11/27.42)	Brooke Erickson	(4)	i	

Hammer (A=127-07/38.89 B=149-11/45.70 C=171-11/52.40)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
145-09/44.43	(79-11/24.36)	Lindsey Blankenship	(1)	p	
117-01/35.70	(78-05/23.90)	Poha Henson	(1)	i	

100m Dash (A=12.96 B=12.34 C=11.95)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
13.01	(12.94)	Brooke Erickson	(4)	i	
13.21	(13.04)	Shannon Miles	(1)	i	
14.35	(14.42)	Jillian Shaw	(2)	d	
14.29	(13.91)	Mona Matthews	(4)	k	

200m Dash (A=26.95 B=25.34 C=24.48)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
26.74	(26.76)	Brooke Erickson	(4)	i	
27.14	(26.84)	Shannon Miles	(1)	i	
29.77	(29.08)	Mona Matthews	(4)	k	
30.65	(30.65)	Juliekay Brown	(1)	b	

400m Dash (A=62.13 B=57.60 C=55.70)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
64.41	(58.35)	Sara Miller	(3)	k	
70.40	(70.40)	Juliekay Brown	(1)	b	

800m Run (A=2:23.42 B=2:15.90 C=2:12.00)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
2:28.72	(2:32.18)	Sara Miller	(3)	f	
2:32.49	(2:32.49)	Whittney Harris	(1)	i	
2:32.70	(2:25.)	Tessa Vergari	(1)	f	
2:35.54	(2:25.33)	Leighann Fischer	(1)	b	
2:36.44	(2:33.24)	Beth Jertberg	(2)	g	
2:47.02	(2:31.45)	Beth Moyer	(4)	g	
2:51.97	(2:51.97)	Kara Geertz	(1)	k	

1500m Run (A=4:54.00 B=4:42.00 C=4:34.00)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
4:59.11	(5:04.)	Leighann Fischer	(1)	d	
5:08.39	(5:21.07)	Sara Miller	(3)	d	
5:09.06	(5;07.92)	Beth Jertberg	(2)	d	
5:10.21	(5:13.)	Whittney Harris	(1)	c	
5:21.64	(5:20.)	Tessa Vergari	(1)	b	
5:24.62	(5:48.89)	Kara Geertz	(1)	l	
5:45.48	(5:01.53)	Beth Moyer	(4)	g	

3000m Run (Not contested in championships)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
10:50.21	(11:15.24)	Leighann Fischer	(1)	a	
11:33.11 (i)	(11:14.)	Whittney Harris	(1)	a	
11:50.47	(11:44.06)	Beth Jertberg	(2)	i	

5000m Run (A=19:06.15 B=17:48.00 C=17:00.00)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
18:55.87	(18:37.44)	Leighann Fischer	(1)	c	
19:13.83	(19:45.14)	Whittney Harris	(1)	p	
20:24.74	(18:50.74)	Janelle Goeres	(4)	g	
21:00.26	(19:40.70)	Beth Moyer	(4)	c	

10,000m Run (A=40:00.00 B=37.50.00 C=36:00.00)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
41:19.92	(41:19.92)	Whittney Harris	(1)	b	A
42:35.30	(39:12.60)	Janelle Goeres	(4)	h	A

100m Hurdles (A=16.14 B=15.10 C=14.43)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
17.04	(16.34)	Julie Brown	(1)	i	
17.45	(16.74)	Lindsay Finney	(1)	i	
18.68	(17.13)	Bekah Duby	(1)	c	

400m Hurdles (A=69.01 B=64.30 C=61.90)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
68.72	(71.11)	Julie Brown	(1)	l	
72.56	(76.30)	Lindsay Finney	(1)	l	
74.79	(77.00)	Bekah Duby	(1)	d	

3000m STEEPLECHASE (A=TOP 18 B=11:23.00 C=10:44.00)

Event Mark	Personal Best	Athlete	Yr.	Mt	Q
12:20.87	(12:52.14)	Beth Jertberg	(2)	l	
12:23.70	(12:41.60)	Whittney Harris	(1)	l	
13:13.44	(12:05.11)	Elizabeth Moyer	(4)	d	A

Heptathlon (A=None B=4100 C=4500)

4 x 100m Relay (A=TOP 8 B=49.20 C=47.70)

Event Mark	Personal Best	Athlete	Mt
52.34	(Shaw, Matthews, Miles, Erickson)		g
52.64	(Shaw, Matthews, Miles, Erickson)		k
52.71	(Shaw, Matthews, Miles, Erickson)		l

4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:51.00)

Event Mark	Personal Best	Athlete	Mt
4:19.87	(Brown, Erickson, Jertberg, Miller)		l
4:24.53	(Miller, Jertberg, Fischer, Brown)		d
4:30.23	(Erickson, Brown, Geertz, Miller)		i
4:35.94	(Duby, Vergari, Jertberg, Miller)		b
4:36.20	(Matthews, Brown, Jertberg, Miller)		g
4:37.94	(Miller, Jertberg, Matthews, Geertz)		c

4 x 4 SPLITS

(LO=Leadoff leg)

Event Mark	Personal Best	Athlete	Mt
63.3-LO	(63.3-LO)	Erickson	i
64.8-LO	(65.8-LO)	Miller	d
65.9-L)	(65.9-LO)	Brown	l
70.9-LO	(70.9-LO)	Duby	b
71.5-LO	(67.2-LO)	Matthews	g
- - -	- - -	- - -	- - -
64.4	(58.1)	Miller	l
64.6	(61.9)	Erickson	l
64.8	(72.5)	Jertberg	l
66.6		Fischer	d
66.9	(67.0)	Brown	i
68.8	(64.0)	Vergari	b
72.0	(70.4)	Matthews	c
73.4	(74.0)	Geertz	i
	(62.0)	Duby	
	(62.2)	Beach	