

2005

### 2005 Statistics

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# 2005 GFCU SEASON 3 BESTS (MEN)

a. 1/14-15 EWU Multi's  
b. 1/15 Nampa, ID Indoor  
c. 2/18 Moscow Indoor  
d. 3/5 Willamette 4-Way  
e. 3/12 NWC South  
e! 3/16-17 Northridge Multi's and All-Comers  
f. 3/18 WU Spring Break  
g. 3/19 Cal Poly Inv.

h. 3/25 Hornet Inv.  
i. 4/2 LC & Willamette Inv.  
j. 4/9 GFCU Carnival AC  
k. 4/11-12 NWC Multi's  
l. 4/16 GFCU Tuneup  
m. 4-22-23 NWC Championships  
n. 4/29 WOU Twilight

o. 5/7 UW Shannon Inv.  
p. 5/14 SPU Foreman Inv.  
q. 5/19 WU Last Chance  
r. 5/26-28 D-3 Nationals

## A - 2004 NWC qualifying mark

## B--NCAA-III Provisional qualifying

## C--NCAA III Auto. qualifying

Personal best	Athlete	
<b>High Jump (A=5-10.75/1.80 B=6-07/2.01 C=6-11.00/2.11)</b>		
6-04.75/1.95 (6-04.00/1.93)	Ben Dillow	(2) e1
5-09.75/1.77 (5-10.75/1.80)	Josh Priester	(3) e1
5-06.00/1.68 (5-06.00/1.68)	Doug Beatty	(4) a
5-04.25/1.63 (5-04.25/1.63)	Andrew Paine	(4) n1
<b>Vault (A=12-08.75/3.88 B=15-02.25/4.63 C=16-04.75/5.00)</b>		
14-07.50/4.46 (12-10.50/3.95)	Ben Dillow	(2) p
14-01.75/4.30 (14-01.00/4.29)	Travis Laloli	(3) o
12-11.50/3.95 (14-00.00/4.27)	Josh Priester	(3) h
12-05.50/3.80 (13-00.00/3.96)	Brian See	(1) m
10-11.75/3.35 (10-11.75/3.35)	Doug Beatty	(4) a
10-08.00/3.25 (11-00.00/3.35)	Joe Chiarelli	(1) j
10-06.25/3.20 (9-00.00/2.74)	Tyler Hoskins	(1) i
9-06.25/2.90 (9-06.25/2.90)	Andrew Paine	(4) n1
<b>LJ (A=20-07.00/6.27 B=22-09.75/6.95 C=23-09.75/7.24)</b>		
21-07.25/6.58 (20-11.00/6.37)	Drew Maves	(2) m
21-05.50/6.54 (21-10.00/6.65)	Josh Priester	(3) e1
21-02.00/6.45 (20-05.25/6.23)	Ben Dillow	(2) l
20-09.25/6.33 (20-10.50/6.36)	Doug Beatty	(4) l
18-00.25/5.49 (18-00.25/5.49)	Andrew Paine	(4) n1
15-11.75/4.70 (15-05.00/4.70)	Joe Chiarelli	(1) j
<b>TJ (A=41-05.2/12.63 B=46-03.25/14.10/ C=48-10.75/14.90)</b>		
42-03.50/12.88 (42-04.25/12.91)	Doug Beatty	(4) m
39-03.25/11.97 (41-02.25/12.55)	Drew Maves	(2) j
<b>Shot (A=43-06.50/13.26 B=50-06.25/15.40 C=56-04.00/17.17)</b>		
39-10.75/12.16 (41-09.25/12.73)	Josh Priester	(3) e1
37-10.50/11.54 (36-04.00/11.07)	Ben Dillow	(2) e1
22-08.00/6.91 (22-00.25/6.71)	Doug Beatty	(4) n1
<b>Discus (A=135-03/38.17 B=155-10/47.50 C=172-03/52.50)</b>		
136-04/41.56 (137-07/41.94)	Josh Priester	(3) e1
130-10/39.67 (114-00/34.76)	Ben Dillow	(2) d
<b>Javelin (A=170-04/51.91 B=188-04/57.40 C=206-04/62.90)</b>		
202-10/61.83 (215-10/65.80)	Matt Gassaway	(4) r B
171-08/52.32 (171-05/52.26)	Ben Dillow	(2) I
169-11/51.80 (155-03/47.33)	Josh Priester	(3) e1
<b>Hammer (A=137-02/41.79 B=167-04/51.00 C=188-09/57.55)</b>		
<b>100m Dash (A=11.64 B=10.83 C=10.59)</b>		
11.07 (11.34)	Brad Bates	(4) e
11.21 (11.25)	Drew Maves	(2) m
11.29 (10.98)	Josh Priester	(3) m
11.35 (11.74)	Ben Dillow	(2) r
11.55 (11.55)	Seth Harris	(2) e1
11.76 (12.02)	Andrew Paine	(4) n1
12.09 (12.09)	Doug Beatty	(4) n1
12.35 (12.41)	Travis Laloli	(3) l
12.58 (12.58)	Tyler Hoskins	(1) f
12.63 (12.63)	Brian See	(1) e
12.91 (13.21)	Joe Chiarelli	(1) l
<b>200m Dash (A=23.61 B=21.81 C=21.31)</b>		
22.38 (22.92)	Brad Bates	(4) m
22.70 (22.66)	Seth Harris	(2) e
23.51 (23.88)	Andrew Paine	(4) g
<b>400m Dash (A=51.85 B=48.50 C=47.50)</b>		
49.26 (50.44)	Brad Bates	(4) p
50.07-I (50.03) I	Seth Harris	(2) b
50.74 (49.70)	Josh Priester	(3) e1
50.01 (52.04)	Ben Dillow	(2) r
51.30 (51.44)	Ryan Sticka	(2) i
52.12 (52.90)	Andrew Paine	(4) n1
53.93 (53.93)	Bryan Cobb	(3) l
54.00 (51.54)	Brandon Craven	(1) i
56.90 (56.90)	Doug Beatty	(4) n1

Personal best	Athlete	
<b>800m Run (A=2:00.00 B=1:53.60 C=1:51.30)</b>		
1:53.52 (2:00.82)	Brad Bates	(4) q B
1:56.96 (1:59.24)	David Mathiang	(1) m
1:57.61 (1:57.17)	Ryan Sticka	(2) j
2:00.65 (1:57.54)	Bryan Cobb	(3) d
2:02.90 (2:07.48)	Grant Finney	(1) i
2:06.26 (2:02.84)	Adam Gray	(1) l
2:06.58 (2:06.58)	Matt Burg	(4) i
2:07.15 (2:03.04)	Ben Dort	(2) i
2:08.11 (2:05.47)	Andrew Paine	(4) e
2:10.50 (2:10.50)	David Delmore	(2) e
2:05.59 (2:07.24)	Jake Moe	(2) e
2:24.17 (2:11.24)	Jeff Friesen	(1) e
<b>1500m Run (A=4:10.68 B=3:55.20 C=3:50.60)</b>		
4:03.93 (4:08.78)	Bryan Cobb	(3) p
4:04.68 (4:08.58)	Matt Burg	(4) q
4:06.55 (4:13.11)	Jake Moe	(2) l
4:07.90 (4:11.24)	David Mathiang	(1) h
4:09.25 (4:21.02)	Grant Finney	(1) h
4:18.05 (4:25.24)	David Delmore	(2) l
4:28.69 (4:34.69)	Ben Dillow	(2) r
4:32.43 (4:39.34)	Josh Priester	(3) e1
4:32.94-Ic (4:24.51)	Ben Dort	(2) c
4:38.96 (4:24.24)	Jeff Friesen	(1) l
4:39.49 (4:44.28)	Andrew Paine	(4) n1
<b>3000m Run (not contested for championships)</b>		
9:23.71-I (9:45/05)	Jake Moe	(2) c
9:24.04-I (9:33.77)	Grant Finney	(1) c
9:37.02-I (9:45.24)	David Delmore	(2) c
(9:14.24)c	David Mathiang	(1)
(9:24.24)	Jeff Friesen	(1)
<b>5000m Run (A=15:53.06 B=14:48.00 C=14:28.00)</b>		
15:31.20 (16:35.17)	Jake Moe	(2) m
15:36.43 (15:45.64)	Matt Burg	(4) p
15:46.44 (16:59.09)	David Delmore	(2) q
15:50.34 (16:42.32)	Grant Finney	(1) g
17:54.19 (18:16.25)	Jeff Friesen	(1) j
<b>10,000m Run (A=35:01.21 B=31:20.00 C=30:23.00)</b>		
33:28.47 (33:29.40)	Matt Burg	(4) d
33:32.54 (33:32.54)	Grant Finney	(1) d
33:36.56 (34:28.39)	Jake Moe	(2) d
34:07.54 (37:05.54)	David Delmore	(2) d
<b>110m High Hurdles (A=17.98 B=14.90 C=14.44)</b>		
15.13 (15.50)	Ben Dillow	(2) d
15.40 (15.32)	Seth Harris	(2) d
17.02 (18.18)	Josh Priester	(3) e1
<b>400m Intermediate Hurdles (A=63.58 B=54.00 C=52.40)</b>		
52.91 (53.08)	Seth Harris	(2) p B
58.70 (60.08)	Andrew Paine	(4) h
<b>3000m STEEPLECHASE (A=10:23.79 B=9:23.00 C=9:07.00)</b>		
9:40.51 (9:57.20)	Jake Moe	(2) m
<b>Decathlon (A=ALL B=6000 C=6550)</b>		
6992 (6410)	Ben Dillow	(2) e1 C
6690 (6442)	Josh Priester	(3) e1 C
4508 (4508)	Andrew Paine	(4) n1

# 2005 GFU SEASON'S BESTS (MEN)

a. 1/14-15 EWU Multi's	h. 3/25 Hornet Inv.	o. 5/7 UW Shannon Inv.
b. 1/15 Nampa, ID Indoor	i. 4/2 LC & Willamette Inv.	p. 5/14 SPU Foreman Inv.
c. 2/18 Moscow Indoor	j. 4/9 GFU Carnival AC	q. 5/19 WU Last Chance
d. 3/5 Willamette 4-Way	k. 4/11-12 NWC Multi's	r. 5/26-28 D-3 Nationals
e. 3/12 NWC South	l. 4/16 GFU Tuneup	
e! 3/16-17 Northridge Multi's and All-Comers	m. 4-22-23 NWC Championships	
f. 3/18 WU Spring Break	n. 4/29 WOU Twilight	
g. 3/19 Cal Poly Inv.		

A -- 2004 NWC qualifying mark

B -- NCAA-III Provisional qualifying

C -- NCAA III Auto. qualifying

## 4 x 100m Relay (A=TOP-8 B=42.00 C=41.24)

42.62	(Maves, Paine, Bates, Harris)	m
42.93	(Maves, Paine, Bates, Harris)	j
43.18	(Maves, Paine, Bates, Harris)	d
43.24	(Maves, Paine, Bates, Harris)	h
43.49	(Maves, Paine, Bates, Harris)	e

## 4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.50)

3:21.86	(Paine, Maves, Bates, Harris)	g
3:22.40	(Paine, Bates, Mathiang, Dillow)	m
3:23.43	(Paine, Bates, Sticka, Harris)	e
3:25.61	(Paine, Cobb, Sticka, Harris)	j
3:27.92	(Mathiang, Cobb, Sticka, Dillow)	i
3:33.57--B	(Paine, Cobb, Dort, Mathiang)	l
3:33.68--B	(Paine, Maves, Cobb, Moe)	h
3:34.77--B	(Maves, Mathiang, Gray, Craven)	j
3:38.64--B	(Maves, Cobb, Dort, Mathiang)	e
3:41.77--B	(Craven, Finney, Burg, Moe)	i
3:46.04--B	(Sticka, Gray, Friesen, Craven)	f

## 4 x 4 SPLITS

(LO=Leadoff leg)

51.5-LO	(51.7-LO)	Sticka	f
51.9-LO	(53.0-LO)	Paine	h
52.6-LO	(56.1-LO)	Maves	g
52.8-LO	(52.8-LO)	Mathiang	i
54.7-LO	(---)	Craven	i
	(51.3-LO)	Priester	
	(51.2-LO)	Bates	

48.1	(47.4)	Harris	ej
48.9	(49.1)	Bates	c
49.0	(52.3)	Dillow	m
50.5	(49.7)	Sticka	j
51.2	(51.5)	Paine	g
51.3	(50.0)	Mathiang	m
52.2	(52.2)	Maves	h
53.2	(53.2)	Cobb	e
54.2	(55.7)	Gray	f
54.3	(54.3)	Finney	i
54.4	(---)	Craven	j
55.6	(55.3)	Dort	el
55.9	(56.1)	Moe	h
56.5	(56.5)	Burg	i
60.3	(60.3)	Delmore	e
61.0	(---)	Friesen	f

## INDIVIDUAL SEASON SCORING--

Bates	86.75
Gassaway	83
Dillow	81.75
Beatty	67
Harris	53.25
Maves	50.25
Mathiang	46.5
Moe	45
Laloli	39
Sticka	37
Paine	33.25
Priester	29
Cobb	21
See	20
Burg	19
Finney	15
Delmore	15
Friesen	10
Dort	7
Craven	6.5
Gray	2

# 2005 GFU SEASON'S BESTS (WOMEN)

a. 1/14-15 EWU Multi's  
b. 1/15 Nampa, ID Indoor  
c. 2/18 Moscow Indoor  
d. 3/5 Willamette 4-Way  
e. 3/12 NWC South  
f. 3/18 WU Spring Break  
g. 3/19 Cal Poly Inv.

h. 3/25 Hornet Inv.  
i. 4/2 LC & Willamette Inv.  
j. 4/9 GFU Carnival AC  
k. 4/11-12 NWC Multi's  
l. 4/16 GFU Tuneup  
m. 4-22-23 NWC Championships  
n. 4/29 WOU Twilight

o. 5/7 UW Shannon Inv.  
p. 5/14 SPU Foreman Inv.  
q. 5/19 WU Last Chance  
r. 5/26-28 D-3 Nationals

## A - 2004 NWC qualifying mark

## B--NCAA-III Provisional qualifying

## C--NCAA III Auto. qualifying

Event	Personal	Athlete	Yr.	Mt	Q
Mark	Best				
<u>High Jump (A=4-08.25/1.43 B=5-04.50/1.64 C=5-07.25/1.71)</u>					
5-08/1.73	(5-06.50/1.69)	Michelle Forbes	(4)	r	C
5-02.25/1.58	(5-02.25/1.58)	Melissa Marek-Farris	(1)	i	
5-01.75/1.57-I	(5-02.00/1.57)	Katie Alaimo	(1)	h	
5-01.00/1.55	(5-02.25/1.58)	Julie Brown	(2)	k	
4-08.25/1.43	(5-02.00/1.57)	Whitney Kolb	(1)	I	

<u>Vault (A=9-05.75/2.89 B=10-11.75/3.35 C=12-02.00/3.71)</u>					
9-06.25/2.90	(9-06.00/2.89)	Tori Black	(2)	o	

<u>Long Jump (A=16-00.50/4.89 B=18-00.50/5.50 C=19-00.25/5.80)</u>					
16-10.75/5.15	(16-10.00/5.13)	Whitney Kolb	(1)	m	
16-10.50/5.14	(16-08.75/5.10)	Michelle Forbes	(4)	m	
14-08.00/4.47	(14-08.00/4.47)	Melissa Marek-Farris	(1)	p	
15-09.00/4.80	(16-07.00/5.05)	Katie Alaimo	(1)	l	
14-01.25/4.30	(14-01.25/4.30)	Julie Brown	(2)	i	
13-02.25/4.02	(13-02.25/4.02)	Tori Black	(2)	l	

<u>Triple Jump (A=32-02.00/9.80 B=36-11/11.25 C=39-04.50/12.00)</u>					
35-09.25/10.90	(35-09.50/10.91)	Whitney Kolb	(1)	m	
34-02.75/10.43	(35-06.50/10.83)	Michelle Forbes	(4)	m	
33-08.50/10.27	(32-02.00/9.50)	Katie Alaimo	(1)	e	
30-03.00/9.22	(30-02.00/9.22)	Tori Black	(2)	l	
	(33-04.00/10.16)	Kelly Bladorn	(1)		

<u>Shot Put (A=33-03.75/10.15 B=42-04.25/12.90 C=46-10.25/14.28)</u>					
32-07.00/9.93	(33-06.00/10.21)	Jenny Haskin	(1)	j	
30-03.75/9.24	(30-03.75/9.24)	Melissa Marek-Farris	(1)	p	
28-11.75/8.83	(29-04.50/8.95)	Michelle Forbes	(4)	k	
27-10.75/8.50	(28-07.75/8.73)	Lindsey Blankenship	(2)	d	

<u>Discus (A=98-08/30.08 B=136-02/41.50 C=152-07/46.50)</u>					
105-00/32.01	(109-02/33.29)	Jenny Haskin	(1)	f	
95-06/29.11	(100-02/30.54)	Lindsey Blankenship	(2)	d	

<u>Javelin (A=108-03/32.99 B=127-07/38.90 C=142-05/43.40)</u>					
117-07/35.85	(116-09/35.58)	Tori Black	(2)	m	
89-05/27.25	(89-05/27.25)	Melissa Marek-Farris	(1)	p	
88-06/26.97	(83-03/25.37)	Michelle Forbes	(4)	k	
82-05/25.13	(82-05.25.13)	Katie Alaimo	(1)	j	
74-10/22.82	(74-10/22.82)	Julie Brown	(2)	i	

<u>Hammer (A=101-10/31.03 B=150-11/46.00 C=172-07/52.60)</u>					
164-05/50.12	(145-09/44.43)	Lindsey Blankenship	(2)	m	

<u>100m Dash (A=13.73 B=12.34 C=12.01)</u>					
12.86	(13.09)	Michelle Forbes	(4)	m	
13.20	(13.20)	Kelly Bladorn	(1)	e	
13.60	(13.24)	Katie Alaimo	(1)	i	
13.99	(13.99)	Melissa Noyd	(2)	i	

<u>200m Dash (A=28.01 B=25.40 C=24.50)</u>					
26.86	(27.24)	Michelle Forbes	(4)	i	
27.17	(27.74)	Kelly Bladorn	(1)	m	
27.80	(27.80)	Melissa Marek-Farris	(1)	p	
28.08	(30.65)	Juliekay Brown	(2)	c	
28.16	(28.50)	Melissa Noyd	(2)	l	
28.80	(27.44)	Terah Laack	(1)	i	
	(26.84)	Whitney Kolb	(1)		

<u>400m Dash (A=66.09 B=57.60 C=55.90)</u>					
59.71	(59.71)	Rachel Giffey-Brohaugh	(1)	i	
60.99	(70.40)	Juliekay Brown	(2)	o	
61.06	(62.10)	Kelly Bladorn	(1)	p	
61.84	(60.16)	Anna McLain	(1)	l	
62.56	(61.97)	Bethany Adams	(1)	i	
62.82	(64.34)	Melissa Noyd	(2)	m	
63.69	(59.34)	Terah Laack	(1)	d	
	(61.94)	Melissa Marek-Farris	(1)		

<u>800m Run (A=2:30.39 B=2:15.80 C=2:12.00)</u>					
2:14.16	(2:24.27)	Rachel Giffey-Brohaugh	(1)	q	B
2:14.42	(2:18.83)	Anna McLain	(1)	o	B
2:20.73	(2:17.64)	Jessica Beach	(1)	f	
2:20.84	(2:20.14)	Bethany Adams	(1)	m	
2:23.93	(2:23.24)	Terah Laack	(1)	h	
2:31.10	(2:25.33)	Leighann Fischer	(2)	e	
2:37.01	(2:50.90)	Michelle Forbes	(3)	k	
2:38.71	(2:38.71)	Melissa Marek-Farris	(1)	p	

Event	Personal	Athlete	Yr.	Mt	Q
Mark	Best				
<u>1500m Run (A=5:05.28 B=4:41.00 C=4:34.00)</u>					
4:49.38	(4:59.75)	c Anna McLain	(1)	n	
4:51.94	(5:07.64)	c Rachel Giffey-Brohaugh	(1)	e	
4:54.78	(5:00.49)	Bethany Adams	(1)	o	
4:57.14	(4:59.11)	Leighann Fischer	(2)	e	
5:03.36	(5:00.22)	Jessica Beach	(1)	i	
	(5:24.62)	Kara Geertz	(2)		

<u>3000m Run (Not contested in championships)</u>					
	(10:50.21)	Leighann Fischer	(2)		
	(11:22.24)	Bethany Adams	(1)		
	(11:31.24)	c Rachel Giffey-Brohaugh	(1)		

<u>5000m Run (A=19:42.98 B=17:46.00 C=17:00.00)</u>					
18:38.89	(18:55.87)	Leighann Fischer	(2)	i	
20:57.53	(20:57.73)	Kara Geertz	(2)	i	

<u>10,000m Run (A=43:57.42 B=37:50.00 C=36:00.00)</u>					
45:02.10	(45:02.10)	Kara Geertz	(2)	j	

<u>100m Hurdles (A=18.09 B=15.10 C=14.43)</u>					
16.56	(16.34)	Julie Brown	(2)	i	
16.76	(16.76)	Michelle Forbes	(4)	e	
17.12	(17.12)	Melissa Marek-Farris	(1)	I	

<u>400m Hurdles (A=83.63 B=64.30 C=61.90)</u>					
65.96	(68.72)	Julie Brown	(2)	p	
67.17	(68.35)	Melissa Marek-Farris	(1)	m	

<u>3000m STEEPLECHASE (A=14:27.46 B=11:21.00 C=10:44.00)</u>					
11:59.74	(11:59.74)	Leighann Fischer	(2)	j	A

<u>Heptathlon (A=None B=4100 C=4560)</u>					
4140	(4140)	Michelle Forbes	(4)	k	B
3758	(3758)	Melissa Marek-Farris	(1)	p	

<u>4 x 100m Relay (A=TOP 8 B=49.00 C=47.50)</u>					
51.82	(Noyd, Marek-Farris, Bladorn, Alaimo)	1			
52.28	(Brown, Noyd, Bladorn, Alaimo)	e			
53.23	(Noyd, Marek-Farris, Bladorn, Alaimo)	m			
54.04	(Blankenship, Brown, Bladorn, Alaimo)	g			

<u>4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:49.20)</u>					
4:03.44	(Bladorn, McLain, Adams, Giffey-Brohaugh)	m			
4:04.24	(Brown, Giffey-Brohaugh, Bladorn, Beach)	i			
4:05.64	(Laack, McLain, Giffey-Brohaugh, Bladorn)	h			
4:08.72	(Bladorn, McLain, Beach, Giffey-Brohaugh)	l			
4:11.42	(Laack, Adams, Bladorn, Giffey-Brohaugh)	c			
4:11.57	(Noyd, Bladorn, Adams, Giffey-Brohaugh)	j			
4:14.18	(Bladorn, McLain, Adams, Giffey-Brohaugh)	g			
4:15.89--B	(Brown, Beach, Noyd, Forbes)	e			

<u>4 x 4 SPLITS (LO=Leadoff leg)</u>					
61.0	(65.9-LO)	Brown	i		
61.3	(63.3-LO)	Bladorn	m		
63.2	(63.9-LO)	Laack	h		
59.5	(62.0)	Giffey-Brohaugh	m		
60.4	(60.0)	McLain	h		
61.0	(60.4)	Bladorn	h		
61.6	(61.6)	Forbes	e		
61.9	(62.3)	Beach	i		
62.9	(61.7)	Adams	e		
63.1-I	(60.0)	Laack	c		
65.2	(61.0)	Marek-Farris	i		
65.5	(66.6)	Noyd	e		

**INDIVIDUAL SEASON SCORING--**  
Forbes (112.50); Alaimo (83.42); Bladorn (71.17); Blankenship (66.67); RGB (69.25); Marek-Farris (54.25); Black (53.50); Kolb (62); McLain (51.75); Fischer (38); Brown (43.67); Noyd (34.25); Beach (29.50); Adams (29.75); Haskin (13); Laack (12.5); Geertz (4);



Licensed to Willamette University      Hy-Tek's Meet Manager 5/19/2005 10:03 PM  
 Willamette Last Chance - 5/19/2005  
 5/19/2005  
 Results

Event 1 Women 100 Meter Dash

Name	Year School	Finals
1 May, Andrea	Willamette	13.01
2 Teeple, Monica	Lane CC	13.35
3 Nelson, Andrea	Lane CC	13.66

Event 2 Women 200 Meter Dash

Name	Year School	Finals
1 Swan, Jody	Lewis & Clark Co	26.09
2 Hanson, Mariah	Willamette	27.09
3 Bertholf, Kim	Pacific Lutheran	27.40
4 Nelson, Andrea	Lane CC	27.70

Event 3 Women 400 Meter Dash

Name	Year School	Finals
1 McMahon, Emily	Eugene Health &	56.44
2 Barker, Brooke	Pacific U.	57.94
3 Hanson, Mariah	Willamette	59.60
4 Bertholf, Kim	Pacific Lutheran	1:00.36
5 Ely-Gibson, Kristina	Lane CC	1:00.65
6 Bladorn, Kelly	George Fox	1:01.32
7 Nichols, Devin	Lane CC	1:02.90

Event 4 Women 800 Meter Run

Name	Year School	Finals
1 Giffey-Brohaugh, Rachel	George Fox	2:14.16
2 Vandehey, Stephanie	Willamette	2:19.26
3 Heinemann, Elaine	Whitworth	2:20.38
4 Garcia, Julie	Oregon State	2:20.99
5 Thompson, Liz	Bruin TC	2:21.42
6 Adams, Bethany	George Fox	2:21.55
7 Gibson, Tiffany	Lane CC	2:25.76
8 Aschwanden, Elise	Oregon State	2:26.86
9 Glenn, Cindy	Clark	2:42.30

Event 5 Women 1500 Meter Run

Name	Year School	Finals
1 Beechy, Tiffany	UO Running Club	4:45.50
2 Godfrey, Colleen	Puget Sound	4:48.68
3 Chock, Caitlin	Nike Oregon Proj	4:51.77
4 Hartling, Meriel	UO Running Club	4:56.51
5 Williams, Evelyn	Team Gfr Salem	4:56.61
6 Kuntz, Maegan	U-Oregon State	4:58.39
7 Atencio, Cynthia	U-Oregon State	4:59.40
8 Fuller, Jaime	Oregon State	4:59.73
9 Teppo, Jenny	Unattached	5:00.01
10 Stone, Shannon	UO Running Club	5:00.72
11 Larson, Ashley	Oregon State	5:29.95
12 Gaviglio, Lindsay	UO Running Club	5:31.09
13 Addison, Rachel	Oregon State	5:49.06

Event 6 Women 3000 Meter Steeplechase

Name	Year School	Finals
1 Pierce, Katie	Willamette	11:15.74



2	Peterson, Jean-Marie	Oregon State	11:25.07
3	Jamieson, Ashley	Pacific Lutheran	11:59.78

#### Event 7 Women 5000 Meter Run

Name	Year School	Finals
1 Beechy, Tiffany	UO Running Club	17:38.47
2 Zerzan, Sarah	Willamette	17:44.07
3 Quatrochi, Danielle	Unattached	17:47.22
4 Dickey, E. Kristi	Whitworth	17:52.22
5 Carmona, Jessica	Unattached	17:59.28
6 Vorres, Miranda	Unattached	19:21.28
7 Glenn, Cindy	Clark	22:13.38

#### Event 9 Women 100 Meter Hurdles

Name	Year School	Finals
1 May, Andrea	Willamette	15.30
2 Lucas, Nicole	Willamette	15.78
3 Teeple, Monica	Lane CC	17.19

#### Event 10 Women 400 Meter Hurdles

Name	Year School	Finals
1 Bernard, Riley	Linfield College	1:04.79
2 Brown, JulieKay	George Fox	1:07.28
3 Steube, Megan	Lane CC	1:13.73
4 Kassebaum, Roseann	Willamette	1:14.23

#### Event 11 Women 4x100 Meter Relay

School	Finals
1 Whitworth College 'A'	48.81
1) Marken, Sarah	2) Brown, Nicole
3) Hinson, Emily	4) Dormaier, Kristen
2 Lane Community College 'A'	50.87
1) Davis, Janey	2) Nelson, Andrea
3) Teeple, Monica	4) Ely-Gibson, Kristina

#### Event 13 Women High Jump

Name	Year School	Finals
1 Kinney, Erin	Warner Pacific	1.60m 5-03.00
2 Brogdon, Kristin	Lane CC	1.55m 5-01.00
3 Wood, Alison	Unattached	1.50m 4-11.00
4 Augustyniak, Chelsey	Lane CC	1.45m 4-09.00

#### Event 14 Women Pole Vault

Name	Year School	Finals
1 Fisher, Laura	Pacific Lutheran	3.20m 10-06.00
2 Jackson, Lori	Lane CC	2.98m 9-09.25
3 Teeple, Monica	Lane CC	2.59m 8-06.00

#### Event 15 Women Long Jump

Name	Year School	Finals
1 Patterson, Lindsey	Willamette	5.09m 16-08.50

#### Event 16 Women Triple Jump

Name	Year School	Finals
1 Kolb, Whitney	George Fox	10.73m 35-02.50





2 Augustyniak, Chelsey	Lane CC	10.03m	32-11.00
3 Brogdon, Kristin	Lane CC	9.88m	32-05.00

#### Event 17 Women Shot Put

Name	Year School	Finals	
1 Claypool, Joni	Linfield College	13.25m	43-05.75
2 Bielenberg, Danielle	Linfield College	12.33m	40-05.50
3 Helmick, Autumn	Willamette	11.67m	38-03.50
4 Whitmarsh, Ann-Erica	Warner Pacific	11.48m	37-08.00

#### Event 18 Women Discus Throw

Name	Year School	Finals	
1 Bielenberg, Danielle	Linfield College	41.49m	136-01
2 Claypool, Joni	Linfield College	38.52m	126-04
3 Foster, Cali	Unattached	37.62m	123-05
4 Wocknick, Megan	Pacific Lutheran	37.45m	122-10

#### Event 19 Women Javelin Throw

Name	Year School	Finals	
1 Arnall, Dee Dee	Pacific U.	45.86m	150-05
2 Stolz, Kelsey	Willamette	44.91m	147-04
3 Dentzel, Sophia	Willamette	41.99m	137-09
4 Mascorro, Lydia	Linfield College	34.21m	112-03

#### Event 20 Women Hammer Throw

Name	Year School	Finals	
1 Soong, Cari	Team XO	63.10m	207-00
2 Wocknick, Megan	Pacific Lutheran	49.21m	161-05
3 Blankenship, Lindsey	George Fox	44.60m	146-04
4 Paterson, Liz	Lewis & Clark Co	41.18m	135-01
5 Fahey, Melinda	Willamette	40.10m	131-07
6 Murillo, Dacia	Whitworth	39.58m	129-10
7 Helmick, Autumn	Willamette	38.00m	124-08

#### Event 31 Men 100 Meter Dash

Name	Year School	Finals
1 Kelly, Kalin	Lane CC	11.55
2 Albrecht, Andrew	Pacific Lutheran	11.83
3 Waller, Mike	U-Pacific Luther	12.27

#### Event 32 Men 200 Meter Dash

Name	Year School	Finals
1 Van Sant, Pete	Puget Sound	22.63
2 Kelly, Kalin	Lane CC	23.22
3 Dahl, Eric	Team XO	23.42
4 Crawford, Nick	Unattached	24.93

#### Event 33 Men 400 Meter Dash

Name	Year School	Finals
1 Krempley, Ross	Team XO	48.72
2 Tyner, Kirk	Unattached	49.27
3 Gillespie, Rob	Oregon	49.96
4 Casteel, A.J.	Lane CC	51.20
5 Williams, Andreas	Western Oregon	51.21
6 Paine, Andrew	George Fox	52.51
7 Lawton, Eric	Lane CC	52.58



## Event 34 Men 800 Meter Run

Name	Year School	Finals
1 Howell, Brandon	Whitworth	1:51.93
2 Decherd, Ben	Willamette	1:53.37
3 Bates, Brad	George Fox	1:53.52
4 Stupnitskiy, Anton	U-Warner Pacific	1:54.72
5 Ullman, Kevin	Team XO	1:55.44
6 McCann, Jarrod	Lewis & Clark Co	1:55.79
7 Erb, Jeff	Unattached	1:56.56
8 McCallum, Doug	Lane CC	1:56.93
9 Thomas, Everett	Willamette	1:58.75
10 Greenleaf, Cory	Clark	2:01.83
11 Santos, Manuel	Clark	2:02.89
12 Barreto, John	Lane CC	2:02.89
13 Abbott, Kalen	Warner Pacific	2:04.46
14 Brolin, Brad	W.O.A.	2:07.14
15 Reese, Nate	Unattached	2:10.72
16 Martinson, Mike	Clark	2:13.28

## Event 35 Men 1500 Meter Run

Name	Year School	Finals
1 Goucher, Adam	Nike Oregon Proj	3:47.01
2 Slattey, Steve	Nike Oregon Proj	3:47.50
3 Hemlock, Clay	Unattached	3:53.02
4 Stout, Jacob	Greater Boise Ru	3:53.17
5 Wall, Scott	Oregon	3:53.25
6 Done, Zach	Lane CC	3:53.39
7 Devenport, Michael	Unattached	3:54.65
8 Trujillo, Carlos	UO Running Club	3:55.07
9 Laurie, Steve	Team Eugene	3:55.07
10 Overby, Scott	Willamette	3:55.64
11 Vieyra, Julio	Willamette	3:57.45
12 Crawford, Nick	Unattached	3:57.72
13 Neill, Doug	Willamette	4:00.22
14 Ruiz, Carlos	Willamette	4:02.05
15 Banker, Troy	Unattached	4:04.00
16 Burg, Matt	George Fox	4:04.68
17 Standberg, Eddie	Lane CC	4:05.10
18 Samudio, Justin	UO Running Club	4:05.26
19 Trujillo, Steve	UO Running Club	4:05.47
20 Brolin, Brad	W.O.A.	4:06.34
21 Bailey, David	Bowerman AC	4:06.99
22 Drouet, Jeff	Lane CC	4:11.22
23 Edson, Josh	Willamette	4:14.77

## Event 36 Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Nebert, Lucas	Willamette	9:52.65
2 Martindale, Luke	Lane CC	10:00.55
3 Monteleone, Anthony	Lane CC	10:08.41
4 Kulvi, Trevor	Highline	10:32.64
5 Mueller, Casey	Clark	10:46.57
6 Dickson, Perry	Lane CC	11:00.86

## Event 37 Men 5000 Meter Run

Name	Year School	Finals
1 Alvarez, Veritin	Unattached	15:28.59
2 Boyd, Wyatt	Willamette	15:39.88
3 Delmore, David	George Fox	15:46.44
4 Long, Mike	UO Running Club	15:47.11
5 Sully, Kevin	UO Running Club	15:55.69
6 Cowger, Colin	Oregon St. TC	16:00.78
7 Dominguez Morales, Aleja	Unattached	16:18.29



8	Pletscher, Graeme	UO Running Club	16:23.73
9	Nicholson, Matt	UO Running Club	16:49.52
10	Banker, Troy	Unattached	17:07.07
11	Legg, Alexander	Oregon St. TC	17:16.11
12	Mellbye, Brett	Oregon St. TC	17:45.40
13	Hunnicut, Bryan	Unattached	18:19.87
--	Brolin, Brad	W.O.A.	DNF
--	Altemus, Matt	Oregon St. TC	DNF
--	Erb, Jeff	Unattached	DNF

#### Event 38 Men 10000 Meter Run

Name	Year School	Finals
1 Godwin, Craig	Unattached	33:13.20
2 Schulz, Devan	High Desert Harr	34:22.99
3 Wojcik, Dan	Unattached	35:12.53
-- Adkins, Tom	Unattached	DNF

#### Event 40 Men 400 Meter Hurdles

Name	Year School	Finals
1 Setere, Lucas	Pacific U.	54.50
2 Payne, Jon	Pacific Lutheran	54.65
3 Spaun, Benjamin	Whitworth	54.93
4 Flori, Caleb	Oregon St. TC	1:00.29

#### Event 41 Men 4x100 Meter Relay

School	Finals
1 Linfield College 'A'	42.31
1) Vanassche, Scott	2) Ragan, Drew
3) Nelson, Lance	4) Boock, Chris

#### Event 43 Men High Jump

Name	Year School	Finals
1 Boness, Jason	Team XO	2.06m 6-09.00
1 Johnson, Kiley	Team XO	2.06m 6-09.00
3 Larsen, Zach	Willamette	2.01m 6-07.00
-- Adams, Roy	U-Warner Pacific	NH

#### Event 44 Men Pole Vault

Name	Year School	Finals
1 Tiogangco, Dayson	Linfield College	4.73m 15-06.25
2 Gause, Greg	Puget Sound	4.58m 15-00.25
3 Laloli, Travis	George Fox	4.27m 14-00.00
4 West, Dan	U-Lane CC	3.81m 12-06.00
5 Hickey, Clint	Lane CC	3.66m 12-00.00
-- Burnett, Keegan	Lane CC	NH

#### Event 45 Men Long Jump

Name	Year School	Finals
1 Van Sant, Pete	Puget Sound	7.12m 23-04.50
2 Wilbon, Steve	Willamette	6.72m 22-00.75
3 Gillespie, KC	Willamette	6.65m 21-10.00
4 Tolbert, Jacob	Oregon	6.62m 21-08.75
5 Schliep, Phil	Lane CC	6.51m 21-04.25
6 Duffitt, Chris	Lane CC	6.42m 21-00.75
7 Saxman, Kirk	Unattached	6.22m 20-05.00
8 Hickey, Clint	Lane CC	5.90m 19-04.25
9 Beatty, Doug	George Fox	4.97m 16-03.75

#### Event 46 Men Triple Jump



Name	Year School	Finals	
1 Green, Steven	Oregon	13.36m	43-10.00
2 Duffitt, Chris	Lane CC	12.86m	42-02.25
3 Gillespie, KC	Willamette	12.49m	40-11.75
4 Beatty, Doug	George Fox	12.00m	39-04.50

Event 47 Men Shot Put

Name	Year School	Finals	
1 Matlock, Nate	Willamette	16.39m	53-09.25
2 May, Tyler	Willamette	12.41m	40-08.75
3 Olson, Travis	U-Linfield Colle	12.13m	39-09.75
4 Kellar, Trevor	Lane CC	12.07m	39-07.25
5 Smith, John	Bruin TC	12.00m	39-04.50

Event 48 Men Discus Throw

Name	Year School	Finals	
1 Olson, Travis	U-Linfield Colle	45.48m	149-02
2 Smith, John	Bruin TC	44.99m	147-07
3 Miles, Chris	Linfield College	43.18m	141-08
4 Wood, Jef	Unattached	41.14m	135-00
5 Shannon, Nick	Lane CC	40.80m	133-10
6 May, Tyler	Willamette	39.51m	129-07
7 Dillow, Ben	George Fox	39.08m	128-02
8 Short, Sky	Lane CC	38.68m	126-11
9 Gleason, Derrick	Linfield College	34.60m	113-06
-- Dewindt, Derrick	Whitworth	FOUL	

Event 49 Men Javelin Throw

Name	Year School	Finals	
1 Swim, Corey	U-Warner Pacific	65.06m	213-05
2 Gassaway, Matt	George Fox	60.60m	198-10
3 Smith, John	Bruin TC	57.31m	188-00
4 Liepman, Jeff	Willamette	56.77m	186-03
5 Jensen, Erik	Unattached	55.94m	183-06
6 Kellar, Trevor	Lane CC	51.37m	168-06
7 Holcomb, Aaron	Clark	47.83m	156-11
8 Foster, Tim	Pacific U.	47.08m	154-05

Event 50 Men Hammer Throw

Name	Year School	Finals	
1 Kriz, Adam	Team XO	65.24m	214-00
2 Matlock, Nate	Willamette	58.50m	191-11
3 Dewindt, Derrick	Whitworth	53.98m	177-01
4 Thron, Andrew	Linfield College	48.14m	157-11
5 Miles, Chris	Linfield College	44.18m	144-11
6 French, John	Clark	30.86m	101-03





Licensed to Great NW Classic/JO Champ. Meet  
WOU Twilight Meet - 4/29/05  
Western Oregon University  
Monmouth, OR  
Results

Hy-Tek's Meet Manager

Women 100 Meter Dash

Name	Year School	Finals	Wind	Points
1 Jenkins, Keyanna	Western Oregon	12.91	-2.3	
2 Buttrey, Lindsey	Clark	13.23	-2.3	
3 Grizzard, Brittany	Mount Hood	13.30	-2.3	
4 Skreen, Kristi	Clark	13.44	-2.3	
5 Tibbs, Alyssa	SW Oregon	13.66	-2.3	
6 Smith, Danielle	Western Oregon	13.68	-2.3	
7 Burkhalter, Joanna	SW Oregon	14.22	-2.3	

Women 200 Meter Dash

Name	Year School	Finals	Wind	H#	Points
1 Galloway, Bonnie	Western Oregon	25.81	-0.3	1	
2 Jenkins, Keyanna	Western Oregon	26.37	-0.3	1	
3 Grizzard, Brittany	Mount Hood	26.92	-0.3	1	
4 arroyo, cassondra	Unattached	27.42	-0.2	2	
5 Nelson, Andrea	Lane CC	28.11	-0.2	2	

Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Hanson, Mariah	Willamette	59.28	1	
2 Nelson, Andrea	Lane CC	59.53	1	
3 Newell, Kelsey	Linfield College	1:00.16	1	
4 Howell, Sarah	Western Oregon	1:00.24	2	
5 Johnson, Bridget	Western Oregon	1:00.77	1	
6 Odom, Megan	Clackamas CC	1:02.71	2	
7 arroyo, cassondra	Unattached	1:02.73	1	
8 Nichols, Devin	Lane CC	1:04.12	2	

Women 800 Meter Run

Name	Year School	Finals	Points
1 Harer, Noelle	Oregon State	2:22.71	
2 Garcia, Julie	Oregon State	2:23.90	
3 Wilson, Michel	Mount Hood	2:25.08	
4 Harper, Jessica	Clackamas CC	2:25.74	
5 Yancoskie, Rebekah	UO Running Club	2:26.40	
6 Frigaard, Heather	Lane CC	2:26.76	
7 Aschwanden, Elise	Oregon State	2:28.48	
8 Castaneda, Kayla	Western Oregon	2:34.93	

Women 1500 Meter Run

Name	Year School	Finals	Points
1 McHattie, Carla	Lewis & Clark Co	4:47.76	
2 McLain, Anna	George Fox	4:49.38	
3 Wilson, Michel	Mount Hood	4:50.46	
4 Atencio, Cynthia	U-Oregon State	4:59.43	
5 Stirewalt, Tara	Oregon State	4:59.66	
6 Kuntz, Maegan	U-Oregon State	5:00.15	
7 Wales, Heather	Oregon State	5:02.93	
8 Peterson, Jen	Western Oregon	5:09.43	

Women 3000 Meter Run

Name	Year School	Finals	Points
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1	Murphy, Joanna	Linfield College	10:39.20
2	Williams, Evelyn	Team Gfr Salem	10:47.83
3	Hartling, Meriel	UO Running Club	10:55.59
4	Adams, Ashley	Clackamas CC	11:00.79
5	Possi, Tiffany	Clackamas CC	11:28.30
6	Bartell, Lyndsey	Clackamas CC	11:30.30
7	Mulvaney, Ashley	Mount Hood	11:31.14
8	Mercer, Breanna	Clark	11:55.77

#### Women 10000 Meter Run

Name	Year School	Finals	Points
1 Parry, Kim	Western Oregon	41:48.34	
2 Horn, Rachael	Western Oregon	41:59.33	
3 Smith, Jennifer	Western Oregon	42:56.83	
4 Manies, Stephanie	Unattached	45:18.72	

#### Women 100 Meter Hurdles

Name	Year School	Finals	Wind	H#	Points
1 Smith, Monica	Western Oregon	15.08	NWI	1	
2 Callan, Nini	Western Oregon	15.86	NWI	1	
3 Lucas, Nicole	Willamette	16.02	NWI	1	
4 Williams, Maura	Linfield College	16.33	NWI	1	
5 Sonis, DeDe	Mount Hood	16.60	NWI	2	
6 Barker, Sarah	Western Oregon	17.18	NWI	1	
7 Teeple, Monica	Lane CC	17.44	NWI	2	
8 Nash, Natalie	Western Oregon	17.82	NWI	2	

#### Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 Kassebaum, Roseann	Willamette	1:04.50	
2 Bernard, Riley	Linfield College	1:05.22	
3 Ross, Kate	Lewis & Clark Co	1:07.14	
4 Rummell, Jennie	Western Oregon	1:07.43	
5 May, Andrea	Willamette	1:09.08	
6 Barker, Sarah	Western Oregon	1:09.10	
7 Nash, Natalie	Western Oregon	1:10.22	

#### Women 4x100 Meter Relay

School	Finals	Points
1 Lane Community College 'A'	50.71	
1) Davis, Janey	2) Nelson, Andrea	
3) Teeple, Monica	4) Ely-Gibson, Kristina	

#### Women High Jump

Name	Year School	Finals	Points
1 Forbes, Michelle	George Fox	1.68m	5-06.00
2 Wallace, Rachel Kriz	University of Or	1.63m	5-04.25
3 Johnson, Bridget	Western Oregon	1.58m	5-02.25
4 Brogdon, Kristin	Lane CC	1.53m	5-00.25
5 Augustyniak, Chelsey	Lane CC	J1.53m	5-00.25
6 Marek-Farris, Melissa	George Fox	J1.53m	5-00.25
7 Alaimo, Katie	George Fox	J1.53m	5-00.25

#### Women Pole Vault

Name	Year School	Finals	Points
1 Gallaher, Jessie	Mount Hood	3.35m	10-11.75
1 Shafer, Erin	Clackamas CC	3.35m	10-11.75
3 Smith, Danielle	Western Oregon	3.05m	10-00.00
4 Carter, Miranda	Clackamas CC	J3.05m	10-00.00



4 Jackson, Lori	Lane CC	J3.05m	10-00.00
6 Black, Victoria	George Fox	2.75m	9-00.25
6 Campbell, Joan	Western Oregon	2.75m	9-00.25

#### Women Long Jump

Name	Year School	Finals	Wind	Points
1 Skreen, Kristi	Clark	5.12m	0.7	16-09.75
2 Smith, Monica	Western Oregon	5.04m	+0.0	16-06.50
3 Kendall, Julie	Western Oregon	5.01m	0.2	16-05.25
4 Callan, Nini	Western Oregon	4.97m	1.1	16-03.75
5 Driver, Brittany	Clark	4.74m	1.2	15-06.75
6 Osban, Jaala	Lane CC	4.69m	+0.0	15-04.75

#### Women Triple Jump

Name	Year School	Finals	Wind	Points
1 Cadogan, Lakeesha	Clark	37-05.75	0.6	11.42m
2 Page, Danielle	Willamette	35-01.50	0.4	10.70m
3 Morrison, Jessica	Unattached	35-00.25	1.0	10.67m
4 Kolb, Whitney	George Fox	34-02.00	1.2	10.41m
5 Augustyniak, Chelsey	Lane CC	33-05.00	0.4	10.18m
6 Adkins, Kari	SW Oregon	32-04.75	-0.1	9.87m
7 Dunn, Jamie	SW Oregon	32-01.25	+0.0	9.78m

#### Women Shot Put

Name	Year School	Finals	Points
1 Claypool, Joni	Linfield College	12.81m	42-00.50
2 Bielenberg, Danielle	Linfield College	12.32m	40-05.00
3 Helmick, Autumn	Willamette	12.07m	39-07.25
4 Burnett, Judith	Lane CC	11.87m	38-11.50
5 Callan, Nini	Western Oregon	11.43m	37-06.00
6 Freed, Sabrina	Western Oregon	10.88m	35-08.50
7 Washington, Destinay	SW Oregon	10.29m	33-09.25
8 Huston, Cassandra	SW Oregon	10.21m	33-06.00

#### Women Discus Throw

Name	Year School	Finals	Points
1 Burton, Kate	Clark	43.34m	142-02
2 Brown, Emily	Lane CC	42.30m	138-09
3 Bielenberg, Danielle	Linfield College	41.48m	136-01
4 Paterson, Liz	Lewis & Clark Co	39.16m	128-06
5 Claypool, Joni	Linfield College	38.88m	127-07
6 Cederberg, Jaci	Western Oregon	38.00m	124-08
7 Huston, Angelica	Willamette	36.50m	119-09
8 Andrus, Caitlin	Willamette	35.55m	116-08

#### Women Hammer Throw

Name	Year School	Finals	Points
1 Burton, Kate	Clark	59.31m	194-07
2 Cederberg, Jaci	Western Oregon	52.72m	172-11
3 Freed, Sabrina	Western Oregon	46.36m	152-01
4 Paterson, Liz	Lewis & Clark Co	45.18m	148-03
5 Bielenberg, Danielle	Linfield College	41.36m	135-08
6 Sam, Heather	SW Oregon	35.52m	116-06

#### Women Javelin Throw

Name	Year School	Finals	Points
1 Wallace, Rachel Kriz	University of Or	42.98m	141-00
2 Dentzel, Sophia	Willamette	40.90m	134-02
3 Arnell, DeeDee	Unattached	39.38m	129-02



4	Osban, Jaala	Lane CC	39.00m	127-11
5	Daniels, Becky	SW Oregon	37.95m	124-06
6	Johnson, Bridget	Western Oregon	37.84m	124-02
7	Glavin, Chelsea	Clark	37.08m	121-08
8	Callan, Nini	Western Oregon	36.70m	120-05

#### Men 100 Meter Dash

Name	Year School	Finals	Wind H#	Points
1 Alexander, Phil	Lane CC	10.88	NWI 1	
2 Ramsey, Paris	Lane CC	11.30	NWI 2	
3 Maney, Bart	Lane CC	11.33	NWI 1	
3 Dahl, Eric	Team XO	11.44	NWI 1	
4 Green, Alfred	SW Oregon	11.44	NWI 1	
6 Flynn, Josias	Clark	11.58	NWI 2	
7 Gitts, Derek	Western Oregon	11.60	NWI 2	
8 Cain, Josh	Clackamas CC	11.61	NWI 2	

#### Men 200 Meter Dash

Name	Year School	Finals	Wind H#	Points
1 Vanassche, Scott	Linfield College	22.60	-0.1 1	
2 Lane, Matthew	Unattached	22.78	-0.1 1	
3 Miller, Adam	Clackamas CC	23.22	-1.8 2	
4 Gitts, Derek	Western Oregon	23.24	-0.1 1	
5 Kelly, Kalin	Lane CC	23.38	-1.8 2	
6 Jirges, Matt	Western Oregon	23.48	-0.6 3	
7 Kinney, Benjamin	Unattached	23.64	-1.8 2	
8 Gregory, Skyler	Western Oregon	23.78	-0.6 3	

#### Men 400 Meter Dash

Name	Year School	Finals	H#	Points
1 McGhee, Jason	Lane CC	48.94	1	
2 Lane, Matthew	Unattached	49.04	1	
3 Lorenzo, Santiago	Nike Argentina	50.12	1	
4 Bennett, Robert	SW Oregon	50.26	1	
5 Chambers, Chad	Clark	50.58	2	
6 Miller, Adam	Clackamas CC	50.70	2	
7 Hardy, James	Clark	51.30	2	
8 Hamblen, Jordan	Mount Hood	51.52	3	

#### Men 800 Meter Run

Name	Year School	Finals	Points
1 Decherd, Ben	Willamette	1:56.91	
2 Williams, Andres	Western Oregon	1:58.94	
3 Cobb, Josh	Clackamas CC	1:59.42	
4 Jasso, Phill	Western Oregon	1:59.48	
5 Nebert, Lucas	Willamette	1:59.81	
6 Smith, Chris	Clackamas CC	2:00.89	
7 Vrendenburg, Josh	Western Oregon	2:01.12	
8 Sagers, Dan	Linfield College	2:01.45	

#### Men 1500 Meter Run

Name	Year School	Finals	Points
1 Trujillo, Carlos	UO Running Club	3:57.62	
2 McCann, Jarrod	Lewis & Clark Co	4:01.57	
3 McGladrey, Alex	Unattached	4:05.36	
4 Barreto, John	Lane CC	4:07.14	
5 Wells, Chase	Western Oregon	4:07.97	
6 McCallum, Doug	Lane CC	4:09.34	
7 Vrendenburg, Josh	Western Oregon	4:12.67	
8 Valdez, Daniel	Unattached	4:14.13	





## Men 10000 Meter Run

Name	Year School	Finals	Points
1 Dominguez Morales, Aleja	Unattached	33:10.89	
2 Dickson, Perry	Lane CC	36:43.26	
3 Stevens, James	Clackamas CC	39:06.64	

## Men 110 Meter Hurdles

Name	Year School	Finals	Wind H#	Points
1 Hobbs, Sam	Western Oregon	15.31	NWI	1
2 Sexton, Troy	Clackamas CC	15.31	NWI	1
3 Garrelts, Brennan	Willamette	15.49	NWI	1
4 Clarkson, Lee	Western Oregon	16.02	NWI	1
5 Nelson, Jon	Clackamas CC	16.91	NWI	2
6 Davenport, Dan	Western Oregon	17.01	NWI	2
7 Hickey, Clint	Lane CC	17.25	NWI	2
8 Bentz, Paul	Western Oregon	17.58	NWI	2

## Men 400 Meter Hurdles

Name	Year School	Finals	Points
1 Law, Don	Linfield College	55.28	
2 Hoppie, Chris	Clackamas CC	56.87	
3 Lawton, Eric	Lane CC	58.39	
4 Clarkson, Lee	Western Oregon	59.64	
5 Schmidt, Tyler	Clackamas CC	1:06.56	

## Men 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Zeiger, Ben	Willamette	9:42.91	
2 Gill, Jeff	U-Portland	9:55.64	
3 Martindale, Luke	Lane CC	9:59.76	
4 LaFontaine, Ira	Clackamas CC	10:02.81	
5 Standberg, Eddie	Lane CC	10:25.01	
6 Monteleone, Anthony	Lane CC	10:33.04	

## Men 4x100 Meter Relay

School	Finals	Points
1 Linfield College 'A'	42.35	
1) Vanassche, Scott		
3) Nelson, Lance		
2) Ragan, Drew		
4) Boock, Chris		
2 Clark College 'A'	42.92	
1) Abusamha, Adam		
3) Hardy, James		
2) Velasquez, Charles		
4) Flynn, Josias		
3 Southwestern Oregon Community 'A'	43.24	
1) Credle, Deon		
3) Green, Alfred		
2) Coats, Kyle		
4) Jones, Devon		
4 Western Oregon University 'A'	43.76	
1) Jirges, Matt		
3) Herrington, Blake		
2) Samuel, Cole		
4) Gitts, Derek		
5 Clackamas Community College 'A'	44.42	
1) Cain, Josh		
3) Ellingson, Kevin		
2) Miller, Adam		
4) Ohmes, Lucas		

## Men 4x200 Meter Relay

School	Finals	Points
1 Western Oregon University 'A'	1:34.32	

## Men 4x400 Meter Relay

School	Finals	Points
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=====			
1	Clark College 'A'		3:24.35
	1) Abusamha, Adam	2) Flynn, Josias	
	3) Velasquez, Charles	4) Chambers, Chad	
2	Western Oregon University 'A'		3:28.37
	1) Banker, Troy	2) Mantalas, Jerret	
	3) Samuel, Cole	4) Williams, Andres	
3	Southwestern Oregon Community 'A'		3:30.18
	1) Credle, Deon	2) Dyer, Jesse	
	3) Moore, Jon	4) Bennett, Robert	

#### Men High Jump

=====			
	Name	Year School	Finals Points
=====			
1	Johnson, Kyley	Team XO	2.16m 7-01.00
2	LaChapelle, Brandon	SW Oregon	2.01m 6-07.00
3	Larsen, Zach	Willamette	1.96m 6-05.00
4	Parker, Jeremy	Western Oregon	J1.96m 6-05.00
5	Fleming, Cody	University of Or	1.91m 6-03.25
6	Nelson, Jon	Clackamas CC	J1.91m 6-03.25
7	Chambers, Chad	Clark	1.86m 6-01.25
8	Mellema, Eric	U-Clark	J1.86m 6-01.25

#### Men Pole Vault

=====			
	Name	Year School	Finals Points
=====			
1	Jones, Sean	Clackamas CC	4.90m 16-00.75
2	Twigg, Joseph	Western Oregon	4.60m 15-01.00
3	Carpenter, Brandon	Linfield College	4.30m 14-01.25
4	Ellingson, Kevin	Clackamas CC	4.15m 13-07.25
5	Laloli, Travis	George Fox	J4.15m 13-07.25
6	May, Tyler	Willamette	3.85m 12-07.50
7	Altendorf, John	Unattached	J3.85m 12-07.50
8	Hickey, Clint	Lane CC	3.55m 11-07.75

#### Men Long Jump

=====				
	Name	Year School	Finals Wind	Points
=====				
1	McArthur, Colin	Team XO	6.65m NWI	21-10.00
2	Coats, Kyle	SW Oregon	6.62m NWI	21-08.75
3	Wilbon, Steve	Willamette	6.56m NWI	21-06.25
4	Maves, Drew	George Fox	6.33m NWI	20-09.25
5	Herrington, Blake	Western Oregon	6.22m NWI	20-05.00
6	Schliep, Phil	Lane CC	6.10m NWI	20-00.25
7	Buckmier, Jason	Western Oregon	6.04m NWI	19-09.75
8	Duffitt, Chris	Lane CC	6.02m NWI	19-09.00

#### Men Triple Jump

=====				
	Name	Year School	Finals Wind	Points
=====				
1	Grubbs, Julian	U-Clark	14.26m NWI	46-09.50
2	Herrington, Blake	Western Oregon	13.52m NWI	44-04.25
3	Duffitt, Chris	Lane CC	12.76m NWI	41-10.50
4	Locke, Justin	SW Oregon	12.25m NWI	40-02.25
5	Buckmier, Jason	Western Oregon	12.22m NWI	40-01.25
6	Dyer, Jesse	SW Oregon	12.13m NWI	39-09.75

#### Men Shot Put

=====			
	Name	Year School	Finals Points
=====			
1	Aguilar, Carlos	Western Oregon	15.54m 51-00.00
2	Kline, Justin	Western Oregon	14.49m 47-06.50
3	Miles, Chris	Linfield College	14.16m 46-05.50
4	Hartsteen, Tyler	Mount Hood	13.83m 45-04.50
5	Fleming, Cody	University of Or	13.27m 43-06.50
6	Steele, Kyle	Clackamas CC	13.08m 42-11.00



7 Babcock, Collin	Western Oregon	12.92m	42-04.75
8 Jasmin, Brandon	Western Oregon	12.86m	42-02.25

#### Men Discus Throw

Name	Year School	Finals	Points
1 Matlock, Nate	Willamette	46.23m	151-08
2 Aguilar, Carlos	Western Oregon	45.80m	150-03
3 McDonald, Sean	Willamette	44.50m	146-00
4 Arndt, David	Clackamas CC	43.64m	143-02
5 Fleming, Cody	University of Or	43.33m	142-02
6 Bertram, Tim	Mount Hood	42.65m	139-11
7 Kline, Justin	Western Oregon	42.00m	137-09
8 Miles, Chris	Linfield College	41.80m	137-02

#### Men Hammer Throw

Name	Year School	Finals	Points
1 Matlock, Nate	Willamette	57.74m	189-05
2 Aguilar, Carlos	Western Oregon	50.96m	167-02
3 Taylor, Todd	Unattached	49.20m	161-05
4 Arndt, David	Clackamas CC	47.30m	155-02
5 Miles, Chris	Linfield College	46.93m	154-00
6 Kline, Justin	Western Oregon	46.51m	152-07
7 Jasmin, Brandon	Western Oregon	43.70m	143-04
8 Bertram, Tim	Mount Hood	42.61m	139-09

#### Men Javelin Throw

Name	Year School	Finals	Points
1 McGarry, Michael	Lane CC	63.01m	206-09
2 Gassaway, Matt	George Fox	59.80m	196-02
3 Powell, Stuart	Western Oregon	58.18m	190-10
4 Richardson, Tyler	Lane CC	58.03m	190-05
5 Hutchinson, Mat	Western Oregon	56.82m	186-05
6 Corbin, Evan	Western Oregon	56.09m	184-00
7 Carter, Eli	Mount Hood	55.97m	183-07
8 Cole, Mat	Western Oregon	54.67m	179-04



## 2005 NWC CHAMPIONSHIPS

at Linfield 4/22-23

Prelim weather-sunny warm Finals - wet, windy, cool

## WOMEN'S TEAM SCORING

1) Willamette	225.50	2) Whitworth	125
3) Linfield	117.50	4) <u>George Fox</u>	103
5) Puget Sound	71.50	6) Lewis and Clark	66.50
7) Pacific Lutheran	54	8) Pacific	53

Women 100 Meter Dash

1 May, Andrea	WU	12.92
2 Brown, Nicole	Whtw	12.98
3 Marken, Sarah	Whtw	13.13
4 Hinson, Emily	Whtw	13.14
5 <u>Forbes, Michelle</u>	George Fox	13.16
6 Dormaier, Kristen	Whtw	13.24
7 Bladorn, Kelly	George Fox	13.58
8 Morton, Jeva	Pacific Lutheran	13.73

PRELIMS -- Forbes 12.86 \*\* (#3 Senior); Bladorn 13.29

Women 200 Meter Dash

1 Barker, Brooke	Pacific	26.20
2 May, Andrea	WU	26.40
3 Swan, Jody	Lewis and Clark	26.50
4 Hanson, Mariah	WU	26.90
5 Newell, Kelsey	Linfield	27.20
6 Bertholf, Kim	Pacific Lutheran	27.30
7 Brown, Nicole	Whtw	27.90

PRELIMS -- Bladorn 27.17 \*\*

Women 400 Meter Dash

1 Barker, Brooke	Pacific	57.66
2 Swan, Jody	Lewis and Clark	58.20
3 Andrews, Alicia	WU	58.32
4 Hanson, Mariah	WU	59.39
5 Newell, Kelsey	Linfield	1:00.29
6 Bertholf, Kim	Pacific Lutheran	1:00.50
7 Schiele, Shannon	Linfield	1:00.72
8 Senescall, Stephanie	Puget Sound	1:03.00

PRELIMS -- Noyd 1:02.82 \*\*

Women 800 Meter Run

1 Andrews, Alicia	WU	2:17.8ht
2 <u>Giffey-Brohaugh, Rachel</u>	George Fox	2:19.4
3 Heinemann, Elaine	Whtw	2:20.6
4 <u>Adams, Bethany</u>	George Fox	2:20.6
5 Vandehey, Stephanie	WU	2:21.1
6 Killam, Carly	WU	2:22.2
7 McHattie, Carla	Lewis and Clark	2:23.0
8 Carnahan, Andrea	Whtw	2:24.4

PRELIMS -- RGB 2:19.37; Adams 2:21.06 ##; Laack 2:24.83;  
Beach- 2:26.53Women 1500 Meter Run

1 Killam, Carly	WU	4:51.55
2 Stepan, Casey	Linfield	4:51.95
3 McHattie, Carla	Lewis and Clark	4:52.84
4 Zerzan, Sarah	WU	4:52.96
5 Orzell, Sarah	Puget Sound	4:53.14
6 <u>McLain, Anna</u>	George Fox	4:54.06
7 Phillips, Amanda	Lewis and Clark	5:00.53
8 Hart, Elizabeth	WU	5:01.16

Women 5000 Meter Run

1 Godfrey, Colleen	Puget Sound	18:05.00
2 Dickey, E. Kristi	Whtw	18:05.70
3 Zerzan, Sarah	WU	18:06.30
4 Smith, Sarah	Pacific	18:08.00
5 Pierce, Katie	WU	18:18.30
6 Dobson, Hillary	Puget Sound	18:22.10
7 Lauterbach, Julie	Whtw	18:33.50
8 Murphy, Joanna	Linfield	18:35.80

Women 10000 Meter Run

1 Dickey, E. Kristi	Whtw	37:49.93
2 Lauterbach, Julie	Whtw	38:26.52
3 Smith, Sarah	Pacific	38:34.32
4 Dobson, Hillary	Puget Sound	39:17.67
5 DeVilbiss, Bethany	Pacific Lutheran	39:35.07
6 Burnet, Sara	Puget Sound	40:01.96
7 Jamieson, Rebecca	Whtw	40:12.44
8 Mentaberry, Whitney	Linfield	41:00.11
- Geertz, Kara	George Fox	45:07.17



**Women 100 Meter Hurdles**

1	McGrane, Shannon	WU	15.32
2	Marken, Sarah	Whtw	15.76
3	Williams, Maura	Linfield	15.97
4	Lucas, Nicole	WU	15.98
5	Mahoney, Caitlin	Linfield	16.46
6	Smith, Jordyn	WU	16.47
7	Rosson, Meagan	Linfield	16.67
8	Kassebaum, Roseann	WU	16.93

**Women 400 Meter Hurdles**

1	McGrane, Shannon	WU	1:01.20
2	Smith, Jordyn	WU	1:03.40
3	Ross, Kate	Lewis and Clark	1:04.60
4	Kassebaum, Roseann	WU	1:05.20
5	Bernard, Riley	Linfield	1:07.30
6	Marek-Farris, Melissa	George Fox	1:08.30
7	Lund, Carrie	WU	1:09.60
8	Hinson, Emily	Whtw	1:19.10
PRELIMS -- Marek-Farris 1:07.17 **			

**Women 3000 Meter Steeplechase**

1	Godfrey, Colleen	Puget Sound	11:20.28
2	Pierce, Katie	WU	11:30.04
3	Murphy, Joanna	Linfield	11:36.84
4	Pullen, Chelsea	Linfield	11:41.78
5	Sharratt, Ashley	WU	11:57.41
6	Fairbrook, Sarah	WU	11:58.66
7	Squires, Audrey	WU	12:04.90
8	Wright, Bobbi	WU	12:10.18

**Women 4x100 Meter Relay**

1	Whitworth	49.64
2	Linfield	50.97
3	Willamette	51.13
4	Lewis and Clark	51.22
5	Pacific Lutheran	52.62
6	George Fox (Noyd, Marek-Farris, Bladorn, Alaimo)	53.23
7	Puget Sound	53.69

**Women 4x400 Meter Relay**

1	Willamette	3:56.70
2	George Fox	4:03.20 **
(Bladorn-61.3**; McLain-60.5; Adams-61.9; RGB-59.5**)		
3	Lewis and Clark	4:03.50
4	Linfield	4:09.00
5	Pacific Lutheran	4:13.70
6	Puget Sound	4:14.10
7	Whitworth	4:20.00

**Women High Jump**

1	Forbes, Michelle	George Fox	1.71m	5-07.25 ** C
(NWC MEET RECORD, #2 ALL-TIME, #2 SENIOR)				
2	Groves, Monica	Puget Sound	1.56m	5-01.25
3	Vidulich, Suzy	Whtw	J1.56m	5-01.25
4	Alaimo, Katie	George Fox	1.51m	4-11.50
4	Senescall, Stephanie	Puget Sound	1.51m	4-11.50
6	Marek-Farris, Melissa	George Fox	J1.51m	4-11.50
7	Benish, Clare	Puget Sound	J1.51m	4-11.50

**Women Pole Vault**

1	Heaton, Katie	Puget Sound	3.26m	10-08.25
2	Fisher, Laura	Pacific Lutheran	J3.26m	10-08.25
3	Huddleston, Juli	Linfield	2.96m	9-08.50
4	Gerrits, Shelby	Lewis and Clark	J2.96m	9-08.50
4	Weeber, Mandy	Linfield	J2.96m	9-08.50
6	Olson, Lynn	WU	2.81m	9-02.50
6	Black, Victoria	George Fox	2.81m	9-02.50 ##
(#5 ALL-TIME, #3 SOPH)				
8	Ruhoff, Chelsea	WU	J2.81m	9-02.50

**Women Long Jump**

1	Patterson, Lindsey	WU	5.35m	17-06.75
2	Marken, Sarah	Whtw	5.27m	17-03.50
3	Ross, Kate	Lewis and Clark	5.19m	17-00.50
4	Kolb, Whitney	George Fox	5.15m	16-10.75 **
(#8 ALL-TIME)				
5	Forbes, Michelle	George Fox	5.14m	16-10.50 **
(#9 ALL-TIME, #3 SENIOR)				
6	Benish, Clare	Puget Sound	5.00m	16-05.00
7	Alaimo, Katie	George Fox	4.80m	15-09.00 ==
8	Brocard, Lisa	Linfield	4.74m	15-06.75

**Women Triple Jump**

1 Kolb, Whitney	George Fox	10.90m	35-09.25 ##
(#6 ALL-TIME)			
2 Page, Danielle	WU	10.72m	35-02.00
3 Dormaier, Kristen	Whtw	10.46m	34-04.00
4 Forbes, Michelle	George Fox	10.43m	34-02.75 ##
5 Brocard, Lisa	Linfield	10.41m	34-02.00
6 Goe, Becca	Puget Sound	10.09m	33-01.25
7 Hodges, Corinne	Whtw	9.74m	31-11.50
8 Marken, Sarah	Whtw	9.72m	31-10.75
- Alaimo, Katie	George Fox	9.55m	31-04.00

**Women Shot Put**

1 Claypool, Joni	Linfield	12.34m	40-06.00
2 Bielenberg, Danielle	Linfield	12.07m	39-07.25
3 Helmick, Autumn	WU	11.92m	39-01.25
4 Wochnick, Megan	Pacific Lutheran	10.45m	34-03.50
5 Barker, Brooke	Pacific	10.08m	33-01.00
6 Fahey, Melinda	WU	9.99m	32-09.50
7 Arnall, DeeDee	Pacific	9.94m	32-07.50
8 Marken, Sarah	Whtw	9.88m	32-05.00

**Women Discus Throw**

1 Paterson, Liz	Lewis and Clark	39.64m	130-01
2 Wochnick, Megan	Pacific Lutheran	39.28m	128-10
3 Claypool, Joni	Linfield	38.15m	125-02
4 Murillo, Dacia	Whtw	37.84m	124-02
5 Bielenberg, Danielle	Linfield	37.78m	123-11
6 Duerr, Rebecca	Linfield	36.30m	119-01
7 Fahey, Melinda	WU	36.21m	118-09
8 Andrus, Caitlin	WU	35.46m	116-04
- Haskin, Jenny	George Fox	31.43m	103-01

**Women Hammer Throw**

1 Blankenship, Lindsey	George Fox	50.12m	164-05 **B
(NWC MEET RECORD, SCHOOL AND JR. CLASS RECORD)			
2 Wochnick, Megan	Pacific Lutheran	49.10m	161-01
3 Bielenberg, Danielle	Linfield	45.02m	147-08
4 Paterson, Liz	Lewis and Clark	44.42m	145-09
5 Lewis, Stephanie	Pacific Lutheran	39.86m	130-09
6 Andrus, Caitlin	WU	37.06m	121-07
7 Murillo, Dacia	Whtw	36.90m	121-01
8 Fahey, Melinda	WU	35.60m	116-09

**Women Javelin Throw**

1 Stolz, Kelsey	WU	41.63m	136-07
2 Dentzel, Sophia	WU	40.50m	132-10
3 Arnall, DeeDee	Pacific	40.05m	131-05
4 Florence, Angela	Whtw	37.78m	123-11
5 Mascorro, Lydia	Linfield	36.34m	119-03
6 Black, Victoria	George Fox	35.85m	117-07 **
7 Rangel, Loreen	Pacific Lutheran	34.43m	112-11
8 Wingaard-Phillips, Mikae	WU	34.35m	112-08

**Women Heptathlon**

1 Barker, Brooke	Pacific	4320	
2 Forbes, Michelle	George Fox	4140 **	
(#4 ALL-TIME, #3 SENIOR)			
3 Marken, Sarah	Whtw	4122	
4 McGrane, Shannon	WU	4116	
5 Smith, Jordyn	WU	3951	
6 Kassebaum, Roseann	WU	3665	
7 Andrews, Alicia	WU	3580	
8 Hinson, Emily	Whtw	3564	
- Brown, JulieKay	GFU	dnf	

<b>INDIVIDUAL SCORING -- Forbes</b>			31
	Kolb		15
	Blankenship		10
	Giffey-Brohaugh		10
	Alaimo	7.25	
	Adams	7	
	Marek-Farris	6.75	
	Black	5.50	
	McLain	5	
	Bladorn	4.75	
	Noyd	0.75	

**MEN'S TEAM SCORING --**

1) Willamette	274	2) Linfield	130.50
3) Pacific Lutheran	98.50	4) Puget Sound	97
5) Whitworth	92	6) George Fox	88
7) Lewis and Clark	18	8) Pacific	13

**Men 100 Meter Dash**

1 Boock, Chris	Linfield	11.17
2 Vanassche, Scott	Linfield	11.29
3 Burnett, James	Pacific Lutheran	11.30
4 Gillespie, KC	WU	11.31
5 Ragan, Drew	Linfield	11.37
6 Wilbon, Steve	WU	11.46
7 Maves, Drew	George Fox	11.49
8 Nelson, Lance	Linfield	11.67

PRELIMS Maves 11.21\*\*; Preister 11.29##

**Men 200 Meter Dash**

1 Van Sant, Pete	Puget Sound	22.50
2 Vanassche, Scott	Linfield	22.70
3 Gillespie, KC	WU	23.00
4 Nelson, Lance	Linfield	23.05
5 Burnett, James	Pacific Lutheran	23.10
6 Boock, Chris	Linfield	23.20
7 Ragan, Drew	Linfield	23.23
8 Bates, Brad	George Fox	23.25

PRELIMS -- Bates 22.38\*\*

**Men 400 Meter Dash**

1 Symmonds, Nick	WU	48.41
2 Bates, Brad	George Fox	49.82
3 Van Sant, Pete	Puget Sound	49.86
4 Decherd, Ben	WU	50.10
5 Jones, Nathan	WU	50.80
6 Foote, Adam	Lewis and Clark	51.19
7 Lual, Anderia	Whtw	51.68
8 Siemieniec, Joshua	Whtw	52.04

PRELIMS -- Bates 50.61

**Men 800 Meter Run**

1 Symmonds, Nick	WU	1:52.60
2 Howell, Brandon	Whtw	1:54.10
3 McCann, Jarrod	Lewis and Clark	1:55.10
4 Thomas, Everett	WU	1:57.10
5 Mathiang, David	George Fox	1:57.40
6 Edson, Josh	WU	1:59.10
7 Neill, Doug	WU	2:00.30
8 Grahlf, Phillip	Whtw	2:01.10

PRELIMS -- Mathiang 1:56.96\*\*; Sticka-2:04.39

**Men 1500 Meter Run**

1 Vieyra, Julio	WU	4:01.42
2 Neill, Doug	WU	4:02.68
3 Brown, Ben	Pacific Lutheran	4:03.63
4 Edson, Josh	WU	4:04.07
5 Ruiz, Carlos	WU	4:04.28
6 Nebert, Lucas	WU	4:04.80
7 Nugent, Tyler	Pacific Lutheran	4:06.96
8 Burg, Matt	George Fox	4:08.12
- Cobb, Bryan	George Fox	4:08.58

**Men 5000 Meter Run**

1 Hollingshead, Aaron	WU	15:09.80
2 Prince, Frank	Puget Sound	15:12.00
3 Blackburn, Doug	Whtw	15:19.10
4 Leipzig, Ben	WU	15:29.40
5 Moe, Jake	George Fox	15:31.20 **
6 Boyd, Wyatt	WU	15:31.90
7 Ruiz, Carlos	WU	15:42.40
8 Barber, Andy	WU	15:44.50
- Burg, Matt	George Fox	16:05.10

**Men 10000 Meter Run**

1 Prince, Frank	Puget Sound	31:16.60
2 Blackburn, Doug	Whtw	32:01.44
3 Gonzales, Hipolitio	WU	32:33.68
4 Brown, Brendan	WU	32:40.34
5 Hallvik, Taylor	Puget Sound	32:54.15
6 Coe, Aaron	Whtw	33:00.03
7 Mayers, Nick	Puget Sound	33:05.09
8 Peacock, Stephen	Puget Sound	33:05.38
- Finney, Grant	George Fox	34:00.40
- Delmore, David	George Fox	34:16.83

**Men 110 Meter Hurdles**

1 May, Tyler	WU	15.07
2 Garrelts, Brennan	WU	15.64
3 Spaun, Benjamin	Whtw	15.79
4 Dillow, Ben	George Fox	16.00
5 Payne, Jon	Pacific Lutheran	16.02
6 Snow, Eric	Linfield	16.37
7 Jensen, Erik	Pacific Lutheran	16.46
- Harris, Seth	George Fox	dns
PRELIMS -- errant handtimes...		

**Men 400 Meter Hurdles**

1 Payne, Jon	Pacific Lutheran	53.80
2 Setere, Lucas	Pacific	54.90
3 Law, Don	Linfield	55.10
4 Spaun, Benjamin	Whtw	55.20
5 Garrelts, Brennan	WU	56.20
6 Jensen, Erik	Pacific Lutheran	57.70
7 Rice, Mark	WU	58.00
2 Harris, Seth	George Fox	dns
PRELIMS -- Harris 56.00; Paine 58.68		

**Men 3000 Meter Steeplechase**

1 Hollingshead, Aaron	WU	9:01.55
2 Overby, Scott	WU	9:40.36
3 Moe, Jake	George Fox	9:40.51 **
4 Zeiger, Ben	WU	9:48.13
5 Harris, Travis	WU	9:53.69
6 Grassley, Jeff	Whtw	9:56.58
7 Olson, Peter	Linfield	9:58.61
8 Libecap, Chris	Puget Sound	10:10.61

**Men 4x100 Meter Relay**

1 Linfield	42.33
2 George Fox (Maves, Paine, Bates, Harris)	42.62 **
3 Puget Sound	43.44
4 Willamette	43.52
5 Pacific	45.37
6 Whitworth	45.60
-- Pacific Lutheran	DQ

**Men 4x400 Meter Relay**

1 Willamette	3:16.80
2 George Fox	3:22.40
(Paine-52.6; Bates-49.6; Mathiang-51.3; Dillow-49.0**)	
3 Whitworth	3:22.70
4 Linfield	3:24.40
5 Pacific Lutheran	3:28.30
6 Puget Sound	3:28.40
7 Lewis and Clark	3:35.00
8 Pacific	3:36.00

**Men High Jump**

1 Larsen, Zach	WU	2.06m	6-09.00
2 Dillow, Ben	George Fox	1.91m	6-03.25
3 Kramer, Brian	Puget Sound	J1.91m	6-03.25
4 May, Tyler	WU	1.86m	6-01.25
4 Gohl, Andrew	Linfield	1.86m	6-01.25
6 Williams, Nathan	Whtw	1.81m	5-11.25
6 Oost, Jay	WU	1.81m	5-11.25
8 Jensen, Erik	Pacific Lutheran	J1.81m	5-11.25
8 Patterson, Jordan	Whtw	J1.81m	5-11.25

**Men Pole Vault**

1 Tiogangco, Dayson	Linfield	4.40m	14-05.25
2 Gause, Greg	Puget Sound	4.25m	13-11.25
3 Dillow, Ben	George Fox	J4.25m	13-11.25
4 Greene, Burch	Puget Sound	4.10m	13-05.25
5 DePell, Jacob	Whtw	J4.10m	13-05.25
6 Curry, Richard	WU	3.95m	12-11.50
6 Liepman, Jeff	WU	3.95m	12-11.50
8 Patterson, Jordan	Whtw	3.80m	12-05.50
- Priester, Josh	George Fox	J3.80m	12-05.50
- See, Brian	George Fox	J3.80m	12-05.50 ##
-- Laloli, Travis	George Fox	NH	

**Men Long Jump**

1 Van Sant, Pete	Puget Sound	6.65m	21-10.00
2 Maves, Drew	George Fox	6.58m	21-07.25 **
3 Wilbon, Steve	WU	6.55m	21-06.00
4 Gillespie, KC	WU	J6.55m	21-06.00
5 Priester, Josh	George Fox	6.47m	21-02.75
6 Jensen, Erik	Pacific Lutheran	6.45m	21-02.00
7 Dillow, Ben	George Fox	6.42m	21-00.75
8 Ragan, Drew	Linfield	6.39m	20-11.75
- Beatty, Doug	George Fox	6.30m	20-08.00

**Men Triple Jump**

1	Kramer, Brian	Puget Sound	13.43m	44-00.75
2	Hinton, Ian	Whtw	13.29m	43-07.25
3	Bianchi, Steve	Lewis and Clark	13.05m	42-09.75
4	Nicholson, Cameron	Linfield	12.99m	42-07.50
5	Greene, Burch	Puget Sound	12.94m	42-05.50
6	Beatty, Doug	George Fox	12.88m	42-03.25 ##
7	Jensen, Erik	Pacific Lutheran	12.52m	41-01.00
8	Conrad, Mark	WU	12.45m	40-10.25

**Men Shot Put**

1	Matlock, Nate	WU	15.91m	52-02.50
2	Richard, Austin	Whtw	14.22m	46-08.00
3	Johnson, Michael	Pacific Lutheran	13.69m	44-11.00
4	Miles, Chris	Linfield	13.60m	44-07.50
5	Cam, Blake	WU	13.60m	44-07.50
6	Thron, Andrew	Linfield	13.58m	44-06.75
7	McDonald, Sean	WU	13.26m	43-06.00
8	Stanbery, Russ	Puget Sound	13.19m	43-03.25

**Men Discus Throw**

1	Matlock, Nate	WU	46.68m	153-02
2	Gleason, Derrick	Linfield	46.27m	151-10
3	Haakenson, Dan	Pacific Lutheran	43.91m	144-01
4	Johnson, Michael	Pacific Lutheran	43.66m	143-03
5	Dewindt, Derrick	Whtw	42.94m	140-10
6	McDonald, Sean	WU	42.23m	138-06
7	McCord, Matthew	Whtw	40.52m	132-11
8	May, Tyler	WU	40.44m	132-08

**Men Hammer Throw**

1	Haakenson, Dan	Pacific Lutheran	53.98m	177-01
2	Matlock, Nate	WU	52.92m	173-07
3	Dewindt, Derrick	Whtw	52.14m	171-01
4	Johnson, Michael	Pacific Lutheran	48.50m	159-01
5	Thron, Andrew	Linfield	45.52m	149-04
6	Miles, Chris	Linfield	43.38m	142-04
7	Dean, Cody	Puget Sound	40.08m	131-06
8	Hendricks, Brent	Whtw	37.62m	123-05

**Men Javelin Throw**

1	Gassaway, Matt	George Fox	61.64m	202-03 ##
(SENIOR CLASS RECORD)				
2	Liepman, Jeff	WU	58.67m	192-06
3	Zahn, Phil	Linfield	58.09m	190-07
4	Mills, Steve	Linfield	56.20m	184-04
5	Pyle, Casey	Pacific Lutheran	53.86m	176-08
6	Gohl, Andrew	Linfield	53.22m	174-07
7	Jensen, Erik	Pacific Lutheran	53.16m	174-05
8	Kaibel, Nick	Lewis and Clark	52.87m	173-05

**Men Decathlon**

1	Jensen, Erik	Pacific Lutheran	6022
2	Gillespie, KC	WU	5942
3	Gohl, Andrew	Linfield	5555
4	Rice, Mark	WU	5309
5	Haakenson, Dan	Pacific Lutheran	4152
6	Patterson, Jordan	Whtw	3126
-	Dillow, Ben	George Fox	dnf
-	Priester, Josh	George Fox	dnf

<b>INDIVIDUAL SCORING</b>	--	Dillow	23
		Bates	13
		Maves	10
		Gassaway	10
		Moe	10
		Mathiang	6
		Paine	4
		Priester	4
		Beatty	3
		Harris	2
		Burg	1

Licensed to Linfield College Hy-Tek's Meet Manager 4/23/2005 04:25 PM  
 Northwest Conference Championships - 4/22/2005 to 4/23/2005  
 McMinnville, Ore.  
 Results

## Women 100 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Brown, Nicole	Whtw	12.75Q	2
2 Marken, Sarah	Whtw	12.93Q	1
3 May, Andrea	WU	12.78q	2
4 Forbes, Michelle	George Fox	12.86q	2
5 Dormaier, Kristen	Whtw	13.02q	1
6 Hinson, Emily	Whtw	13.13q	2
7 Morton, Jeva	Pacific Lutheran	13.18q	1
8 Bladorn, Kelly	George Fox	13.29q	1
9 Stiglmeier, Caitlin	Linfield	13.32	2
10 Kimura, Erin	Whtw	13.51	1

## Women 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1 May, Andrea	WU	12.92	10
2 Brown, Nicole	Whtw	12.98	8
3 Marken, Sarah	Whtw	13.13	6
4 Hinson, Emily	Whtw	13.14	5
5 Forbes, Michelle	George Fox	13.16	4
6 Dormaier, Kristen	Whtw	13.24	3
7 Bladorn, Kelly	George Fox	13.58	2
8 Morton, Jeva	Pacific Lutheran	13.73	1

## Women 200 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Barker, Brooke	Pacific	25.94Q	2
2 Brown, Nicole	Whtw	26.17Q	1
3 Swan, Jody	Lewis and Clark	26.06q	2
4 May, Andrea	WU	26.20q	2
5 Bertholf, Kim	Pacific Lutheran	26.55q	2
6 Hanson, Mariah	WU	26.59q	1
7 Newell, Kelsey	Linfield	26.71q	2
8 Morton, Jeva	Pacific Lutheran	26.84q	1
9 Dormaier, Kristen	Whtw	27.05	1
10 Bladorn, Kelly	George Fox	27.17	1
11 Stiglmeier, Caitlin	Linfield	27.36	2
12 Schiele, Shannon	Linfield	27.43	1
13 Larson, Sarah	Pacific Lutheran	28.73	2

## Women 200 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Barker, Brooke	Pacific	26.20	10



2 May, Andrea	WU	26.40	8
3 Swan, Jody	Lewis and Clark	26.50	6
4 Hanson, Mariah	WU	26.90	5
5 Newell, Kelsey	Linfield	27.20	4
6 Bertholf, Kim	Pacific Lutheran	27.30	3
7 Brown, Nicole	Whtw	27.90	2

## Women 400 Meter Dash

Name	Year School	Prelims	H#
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## Preliminaries

1 Barker, Brooke	Pacific	58.27Q	2
2 Swan, Jody	Lewis and Clark	58.79Q	1
3 Andrews, Alicia	WU	58.89q	1
4 Hanson, Mariah	WU	58.91q	2
5 Newell, Kelsey	Linfield	59.67q	2
6 Bertholf, Kim	Pacific Lutheran	1:00.22q	1
7 Senescall, Stephanie	Puget Sound	1:01.09q	2
8 Schiele, Shannon	Linfield	1:02.12q	1
9 Blagden, Bonar	Puget Sound	1:02.58	2
10 Noyd, Melissa	George Fox	1:02.82	2
11 Larson, Sarah	Pacific Lutheran	1:03.65	1
12 Morehouse, Sara	Whtw	1:05.26	1
13 Hurd, Emily	Whtw	1:06.10	2
14 Hagney, Alana	Puget Sound	1:06.76	1
15 Schultz, Hannah	Pacific Lutheran	1:07.58	2

## Women 400 Meter Dash

Name	Year School	Finals	Points
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## Finals

1 Barker, Brooke	Pacific	57.66	10
2 Swan, Jody	Lewis and Clark	58.20	8
3 Andrews, Alicia	WU	58.32	6
4 Hanson, Mariah	WU	59.39	5
5 Newell, Kelsey	Linfield	1:00.29	4
6 Bertholf, Kim	Pacific Lutheran	1:00.50	3
7 Schiele, Shannon	Linfield	1:00.72	2
8 Senescall, Stephanie	Puget Sound	1:03.00	1

## Women 800 Meter Run

Name	Year School	Prelims	H#
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## Preliminaries

1 Killam, Carly	WU	2:19.05Q	1
2 Andrews, Alicia	WU	2:20.71Q	2
3 Heinemann, Elaine	Whtw	2:19.31Q	1
4 McHattie, Carla	Lewis and Clark	2:20.80Q	2
5 Giffey-Brohaugh, Rachel	George Fox	2:19.37q	1
6 Adams, Bethany	George Fox	2:21.06q	1
7 Vandehey, Stephanie	WU	2:21.52q	2
8 Carnahan, Andrea	Whtw	2:23.52q	2
9 Laack, Terah	George Fox	2:24.83	2
10 Beach, Jessica	George Fox	2:26.53	1
11 Kieffer, Syrah	Lewis and Clark	2:26.69	2
12 Green, Emily	Whtw	2:28.51	1
13 Rosenberg, Kendra	WU	2:29.21	1





14 Reale, Katherine	Whtw	2:30.71	2
15 Tachibana, Shauna	Pacific Lutheran	2:33.89	1

## Women 800 Meter Run

Name	Year School	Finals	Points
Finals			
1 Andrews, Alicia	WU	2:17.80	10
2 Giffey-Brohaugh, Rachel	George Fox	2:19.40	8
3 Heinemann, Elaine	Whtw	2:20.60	6
4 Adams, Bethany	George Fox	2:20.65	5
5 Vandehey, Stephanie	WU	2:21.10	4
6 Killam, Carly	WU	2:22.20	3
7 McHattie, Carla	Lewis and Clark	2:23.00	2
8 Carnahan, Andrea	Whtw	2:24.40	1

## Women 1500 Meter Run

Name	Year School	Finals	Points
1 Killam, Carly	WU	4:51.55	10
2 Stepan, Casey	Linfield	4:51.95	8
3 McHattie, Carla	Lewis and Clark	4:52.84	6
4 Zerzan, Sarah	WU	4:52.96	5
5 Orzell, Sarah	Puget Sound	4:53.14	4
6 McLain, Anna	George Fox	4:54.06	3
7 Phillips, Amanda	Lewis and Clark	5:00.53	2
8 Hart, Elizabeth	WU	5:01.16	1
9 Davignon, Kristin	Pacific Lutheran	5:03.33	
10 Rosenberg, Kendra	WU	5:05.61	
11 Walker, Juline	WU	5:08.35	

## Women 5000 Meter Run

Name	Year School	Finals	Points
1 Godfrey, Colleen	Puget Sound	18:05.00	10
2 Dickey, E. Kristi	Whtw	18:05.70	8
3 Zerzan, Sarah	WU	18:06.30	6
4 Smith, Sarah	Pacific	18:08.00	5
5 Pierce, Katie	WU	18:18.30	4
6 Dobson, Hillary	Puget Sound	18:22.10	3
7 Lauterbach, Julie	Whtw	18:33.50	2
8 Murphy, Joanna	Linfield	18:35.80	1
9 Pullen, Chelsea	Linfield	18:37.70	
10 Hart, Elizabeth	WU	18:40.20	
11 Jamieson, Ashley	Pacific Lutheran	18:52.40	
12 Jamieson, Rebecca	Whtw	18:52.45	
13 Carper, Megan	Whtw	18:58.00	
14 McCaffrey, Therese	Lewis and Clark	18:59.10	
15 Mentaberry, Whitney	Linfield	19:02.10	
16 Sharratt, Ashley	WU	19:05.40	
17 Roberts, Liana	Puget Sound	19:09.30	
18 Burnet, Sara	Puget Sound	19:13.50	
19 Weaver, Jen	Lewis and Clark	19:26.50	
20 Squires, Audrey	WU	19:33.50	
21 Wright, Bobbi	WU	19:52.40	
22 Sherwood, Lauren	WU	20:00.60	
23 Crosby, McKenzie	Whtw	20:35.60	



## Women 10000 Meter Run

Name	Year School	Finals	Points
1 Dickey, E. Kristi	Whtw	37:49.93	10
2 Lauterbach, Julie	Whtw	38:26.52	8
3 Smith, Sarah	Pacific	38:34.32	6
4 Dobson, Hillary	Puget Sound	39:17.67	5
5 DeVilbiss, Bethany	Pacific Lutheran	39:35.07	4
6 Burnet, Sara	Puget Sound	40:01.96	3
7 Jamieson, Rebecca	Whtw	40:12.44	2
8 Mentaberry, Whitney	Linfield	41:00.11	1
9 Brett, Katrina	WU	41:26.62	
10 Pfeiffer-Hoyt, Megan	Lewis and Clark	42:33.39	
11 Witt, Meryl	Linfield	43:21.90	
12 Sherwood, Lauren	WU	43:34.16	
13 Sbordone, Laura	Lewis and Clark	43:45.89	
14 Beebe, Ellen	WU	44:26.22	
15 Geertz, Kara	George Fox	45:07.17	
16 Shives, Alison	WU	46:34.43	

## Women 100 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 McGrane, Shannon	WU	15.7hq	1
2 Lucas, Nicole	WU	15.9hq	2
3 Marken, Sarah	Whtw	16.0hq	2
4 Kassebaum, Roseann	WU	16.1hq	2
5 Mahoney, Caitlin	Linfield	16.3hq	1
5 Rosson, Meagan	Linfield	16.3hq	1
5 Williams, Maura	Linfield	16.3hq	2
8 Smith, Jordyn	WU	16.6hq	1
9 Lund, Carlisle	WU	J16.6h	2
10 Benish, Clare	Puget Sound	16.7h	2
11 Funrue, Kirsten	Whtw	17.1h	2
12 Bernard, Riley	Linfield	17.3h	1
12 Hoke, Emily	Puget Sound	17.3h	1
14 Ward, Jen	Pacific	18.2h	2
-- Moore, Cassandra	Whtw	DQ	1

## Women 100 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 McGrane, Shannon	WU	15.32	10
2 Marken, Sarah	Whtw	15.76	8
3 Williams, Maura	Linfield	15.97	6
4 Lucas, Nicole	WU	15.98	5
5 Mahoney, Caitlin	Linfield	16.46	4
6 Smith, Jordyn	WU	16.47	3
7 Rosson, Meagan	Linfield	16.67	2
8 Kassebaum, Roseann	WU	16.93	1

## Women 400 Meter Hurdles

Name	Year School	Prelims	H#
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Preliminaries

1	McGrane, Shannon	WU	1:01.45Q	1
2	Smith, Jordyn	WU	1:04.20Q	2
3	Kassebaum, Roseann	WU	1:04.97Q	3
4	Ross, Kate	Lewis and Clark	1:06.73q	3
5	Bernard, Riley	Linfield	1:07.05q	2
6	Marek-Farris, Melissa	George Fox	1:07.17q	1
7	Lund, Carlie	WU	1:08.67q	1
8	Hinson, Emily	Whtw	1:10.01q	2
9	Senescall, Stephanie	Puget Sound	1:10.07	3
10	Rosson, Meagan	Linfield	1:10.16	3
11	Rohlffs, Emily	Linfield	1:11.36	2
12	Moore, Cassandra	Whtw	1:11.39	1
13	Morehouse, Sara	Whtw	1:11.87	1
14	Funrue, Kirsten	Whtw	1:14.38	3
15	Hoke, Emily	Puget Sound	1:14.91	2
16	Delvecchio, Cara	Puget Sound	1:16.95	3
17	Peterson, Kelly	Whtw	1:20.34	2

Women 400 Meter Hurdles

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Name	Year School	Finals	Points
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Finals

1	McGrane, Shannon	WU	1:01.20	10
2	Smith, Jordyn	WU	1:03.40	8
3	Ross, Kate	Lewis and Clark	1:04.60	6
4	Kassebaum, Roseann	WU	1:05.20	5
5	Bernard, Riley	Linfield	1:07.30	4
6	Marek-Farris, Melissa	George Fox	1:08.30	3
7	Lund, Carlie	WU	1:09.60	2
8	Hinson, Emily	Whtw	1:19.10	1

Women 3000 Meter Steeplechase

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Name	Year School	Finals	Points
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1	Godfrey, Colleen	Puget Sound	11:20.28	10
2	Pierce, Katie	WU	11:30.04	8
3	Murphy, Joanna	Linfield	11:36.84	6
4	Pullen, Chelsea	Linfield	11:41.78	5
5	Sharratt, Ashley	WU	11:57.41	4
6	Fairbrook, Sarah	WU	11:58.66	3
7	Squires, Audrey	WU	12:04.90	2
8	Wright, Bobbi	WU	12:10.18	1
9	Hodgson, Brittany	Puget Sound	12:17.64	
10	Crosby, McKenzie	Whtw	12:40.65	
11	Thurston, Stephanie	Whtw	12:42.20	
12	Hurd, Emily	Whtw	12:49.62	
13	Fuller, Kate	Whtw	12:50.66	
14	Newth, Shannon	Whtw	12:54.91	
15	Ostermick, Melissa	WU	12:58.52	
16	Tateishi, Caitlyn	Pacific	13:03.74	
17	Jamieson, Ashley	Pacific Lutheran	13:07.30	
18	Thomsen, Karissa	Whtw	13:10.04	
19	Ridgway, Stephanie	Whtw	13:28.30	
20	Anderson, Amy	Whtw	13:52.19	
21	Jacobson, Liz	Pacific Lutheran	14:21.91	



## Women 4x100 Meter Relay

School	Finals	Points
1 Whitworth 'A'	49.64	10
2 Linfield 'A'	50.97	8
3 Willamette 'A'	51.13	6
4 Lewis and Clark 'A'	51.22	5
1) Llanes, Becky	2) Swan, Jody	
3) Gerrits, Shelby	4) Ross, Kate	
5 Pacific Lutheran 'A'	52.62	4
6 George Fox 'A'	53.23	3
7 Puget Sound 'A'	53.69	2

## Women 4x400 Meter Relay

School	Finals	Points
1 Willamette 'A'	3:56.70	10
2 George Fox 'A'	4:03.20	8
3 Lewis and Clark 'A'	4:03.50	6
1) Ross, Kate	2) Swan, Jody	
3) Kieffer, Syrah	4) McHattie, Carla	
4 Linfield 'A'	4:09.00	5
5 Pacific Lutheran 'A'	4:13.70	4
6 Puget Sound 'A'	4:14.10	3
7 Whitworth 'A'	4:20.00	2

## Women High Jump

Name	Year School	Finals	Points
1 Forbes, Michelle	George Fox	1.71m	5-07.25 10
2 Groves, Monica	Puget Sound	1.56m	5-01.25 8
3 Viducich, Suzy	Whtw	J1.56m	5-01.25 6
4 Alaimo, Katie	George Fox	1.51m	4-11.50 4.5
4 Senescall, Stephanie	Puget Sound	1.51m	4-11.50 4.5
6 Marek-Farris, Melissa	George Fox	J1.51m	4-11.50 3
7 Benish, Clare	Puget Sound	J1.51m	4-11.50 2
8 Mahoney, Caitlin	Linfield	1.46m	4-09.50 1
9 Jamieson, Rebecca	Whtw	J1.46m	4-09.50
10 Larson, Ingrid	Pacific Lutheran	1.36m	4-05.50

## Women Pole Vault

Name	Year School	Finals	Points
1 Heaton, Katie	Puget Sound	3.26m	10-08.25 10
2 Fisher, Laura	Pacific Lutheran	J3.26m	10-08.25 8
3 Huddleston, Juli	Linfield	2.96m	9-08.50 6
4 Gerrits, Shelby	Lewis and Clark	J2.96m	9-08.50 4.5
4 Weeber, Mandy	Linfield	J2.96m	9-08.50 4.5
6 Olson, Lynn	WU	2.81m	9-02.50 2.5
6 Black, Victoria	George Fox	2.81m	9-02.50 2.5
8 Ruhoff, Chelsea	WU	J2.81m	9-02.50 1
9 Jager, Johnna	WU	J2.81m	9-02.50
10 Lane, Katherine	Whtw	J2.81m	9-02.50

## Women Long Jump

Name	Year School	Finals	Points
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Name	Year School	Finals		Points
=====				
1 Patterson, Lindsey	WU	5.35m	17-06.75	10
2 Marken, Sarah	Whtw	5.27m	17-03.50	8
3 Ross, Kate	Lewis and Clark	5.19m	17-00.50	6
4 Kolb, Whitney	George Fox	5.15m	16-10.75	5
5 Forbes, Michelle	George Fox	5.14m	16-10.50	4
6 Benish, Clare	Puget Sound	5.00m	16-05.00	3
7 Alaimo, Katie	George Fox	4.80m	15-09.00	2
8 Brocard, Lisa	Linfield	4.74m	15-06.75	1
9 Hodges, Corinne	Whtw	4.62m	15-02.00	
10 Vickers, Laura	Linfield	4.61m	15-01.50	
11 Dormaier, Kristen	Whtw	4.54m	14-10.75	
12 Llanes, Becky	Lewis and Clark	4.52m	14-10.00	
13 Kassebaum, Roseann	WU	4.21m	13-09.75	

## Women Triple Jump

Name	Year School	Finals		Points
1 Kolb, Whitney	George Fox	10.90m	35-09.25	10
2 Page, Danielle	WU	10.72m	35-02.00	8
3 Dormaier, Kristen	Whtw	10.46m	34-04.00	6
4 Forbes, Michelle	George Fox	10.43m	34-02.75	5
5 Brocard, Lisa	Linfield	10.41m	34-02.00	4
6 Goe, Becca	Puget Sound	10.09m	33-01.25	3
7 Hodges, Corinne	Whtw	9.74m	31-11.50	2
8 Marken, Sarah	Whtw	9.72m	31-10.75	1
9 Alaimo, Katie	George Fox	9.55m	31-04.00	
10 Llanes, Becky	Lewis and Clark	9.42m	30-11.00	
11 Jurgens, Jessica	Whtw	9.31m	30-06.50	
12 Viducich, Suzy	Whtw	9.17m	30-01.00	

## Women Shot Put

Name	Year School	Finals		Points
1 Claypool, Joni	Linfield	12.34m	40-06.00	10
2 Bielenberg, Danielle	Linfield	12.07m	39-07.25	8
3 Helmick, Autumn	WU	11.92m	39-01.25	6
4 Wochnick, Megan	Pacific Lutheran	10.45m	34-03.50	5
5 Barker, Brooke	Pacific	10.08m	33-01.00	4
6 Fahey, Melinda	WU	9.99m	32-09.50	3
7 Arnall, DeeDee	Pacific	9.94m	32-07.50	2
8 Marken, Sarah	Whtw	9.88m	32-05.00	1
9 Winter, Holly	WU	9.45m	31-00.00	
10 Murillo, Dacia	Whtw	9.03m	29-07.50	
-- Duerr, Rebecca	Linfield	ND		

## Women Discus Throw

Name	Year School	Finals	Points	
1 Paterson, Liz	Lewis and Clark	39.64m	130-01	10
2 Wochnick, Megan	Pacific Lutheran	39.28m	128-10	8
3 Claypool, Joni	Linfield	38.15m	125-02	6
4 Murillo, Dacia	Whtw	37.84m	124-02	5
5 Bielenberg, Danielle	Linfield	37.78m	123-11	4
6 Duerr, Rebecca	Linfield	36.30m	119-01	3
7 Fahey, Melinda	WU	36.21m	118-09	2



8 Andrus, Caitlin	WU	35.46m	116-04	1
9 Huston, Angelica	WU	35.06m	115-00	
10 Ansotigue, Danielle	Whtw	32.54m	106-09	
11 Lewis, Stephanie	Pacific Lutheran	32.47m	106-06	
12 Haskin, Jenny	George Fox	31.43m	103-01	
13 Locke, Julie	Pacific Lutheran	30.84m	101-02	
14 Helmick, Autumn	WU	30.81m	101-01	
15 Florence, Angela	Whtw	30.57m	100-03	
16 Williams, Jenna	Whtw	30.13m	98-10	
17 Taylor, Kristi	Pacific Lutheran	24.72m	81-01	

## Women Hammer Throw

Name	Year School	Finals	Points
1 Blankenship, Lindsey	George Fox	50.12m	164-05 10
2 Wochnick, Megan	Pacific Lutheran	49.10m	161-01 8
3 Bielenberg, Danielle	Linfield	45.02m	147-08 6
4 Paterson, Liz	Lewis and Clark	44.42m	145-09 5
5 Lewis, Stephanie	Pacific Lutheran	39.86m	130-09 4
6 Andrus, Caitlin	WU	37.06m	121-07 3
7 Murillo, Dacia	Whtw	36.90m	121-01 2
8 Fahey, Melinda	WU	35.60m	116-09 1
9 Horn, Tara	Puget Sound	33.34m	109-04
10 Taylor, Kristi	Pacific Lutheran	32.60m	106-11
11 Winter, Holly	WU	31.70m	104-00
12 Burger, Emilie	WU	31.20m	102-04
13 Helmick, Autumn	WU	31.00m	101-08
14 Williams, Jenna	Whtw	29.14m	95-07
15 Claypool, Joni	Linfield	27.12m	89-00

## Women Javelin Throw

Name	Year School	Finals	Points
1 Stolz, Kelsey	WU	41.63m	136-07 10
2 Dentzel, Sophia	WU	40.50m	132-10 8
3 Arnall, DeeDee	Pacific	40.05m	131-05 6
4 Florence, Angela	Whtw	37.78m	123-11 5
5 Mascorro, Lydia	Linfield	36.34m	119-03 4
6 Black, Victoria	George Fox	35.85m	117-07 3
7 Rangel, Loreen	Pacific Lutheran	34.43m	112-11 2
8 Wingaard-Phillips, Mikae	WU	34.35m	112-08 1
9 Fenn, Lauren	Puget Sound	33.81m	110-11
10 Groves, Monica	Puget Sound	31.78m	104-03
11 Barker, Brooke	Pacific	31.62m	103-09
12 Ansotigue, Danielle	Whtw	31.36m	102-11
13 Mollett, Ashley	WU	31.31m	102-09
14 Murillo, Dacia	Whtw	29.25m	95-11

## Women Heptathlon

Name	Year School	Finals	Points
1 Barker, Brooke	Pacific	4320	10
2 Forbes, Michelle	George Fox	4140	8
3 Marken, Sarah	Whtw	4122	6
4 McGrane, Shannon	WU	4116	5
5 Smith, Jordyn	WU	3951	4
6 Kassebaum, Roseann	WU	3665	3



7 Andrews, Alicia	WU	3580	2
8 Hinson, Emily	Whtw	3564	1
9 Bernard, Riley	Linfield	3390	
10 Steinruck, Alicia	Pacific Lutheran	3238	
11 Millet, Tiffany	Pacific Lutheran	3163	

## Men 100 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Burnett, James	Pacific Lutheran	10.93Q	2
2 Vanassche, Scott	Linfield	10.97Q	3
3 Boock, Chris	Linfield	11.00Q	1
4 Ragan, Drew	Linfield	11.13q	3
5 Wilbon, Steve	WU	11.15q	2
6 Gillespie, KC	WU	11.16q	3
7 Maves, Drew	George Fox	11.21q	2
8 Nelson, Lance	Linfield	11.28q	2
9 Priestester, Josh	George Fox	11.29	3
10 Donovan, Justin	Pacific	11.30	1
11 Greene, Burch	Puget Sound	J11.30	1
12 Lau, Brad	Linfield	11.43	2
13 Albrecht, Andrew	Pacific Lutheran	11.54	1
14 Randall, Wesley	WU	11.60	3
15 Bye, Brycen	Puget Sound	11.65	1
16 Zellick, Jason	WU	11.77	1
-- Allen, Casey	Linfield	DNF	3

## Men 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Boock, Chris	Linfield	11.17	10
2 Vanassche, Scott	Linfield	11.29	8
3 Burnett, James	Pacific Lutheran	11.30	6
4 Gillespie, KC	WU	11.31	5
5 Ragan, Drew	Linfield	11.37	4
6 Wilbon, Steve	WU	11.46	3
7 Maves, Drew	George Fox	11.49	2
8 Nelson, Lance	Linfield	11.67	1

## Men 200 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Van Sant, Pete	Puget Sound	21.99Q	1
2 Burnett, James	Pacific Lutheran	22.16Q	2
3 Vanassche, Scott	Linfield	22.10q	1
4 Bates, Brad	George Fox	22.38q	2
5 Boock, Chris	Linfield	22.51q	2
6 Ragan, Drew	Linfield	22.52q	2
7 Gillespie, KC	WU	22.60q	1
8 Nelson, Lance	Linfield	22.76q	1
9 Lau, Brad	Linfield	22.98	2
10 Donovan, Justin	Pacific	22.99	2
11 Jones, Nathan	WU	23.28	2
12 Albrecht, Andrew	Pacific Lutheran	23.35	1



13 Lycksell, Lucas	Pacific Lutheran	23.48	2
14 Siemieniec, Joshua	Whtw	23.67	1

## Men 200 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Van Sant, Pete	Puget Sound	22.50	10
2 Vanassche, Scott	Linfield	22.70	8
3 Gillespie, KC	WU	23.00	6
4 Nelson, Lance	Linfield	23.05	5
5 Burnett, James	Pacific Lutheran	23.10	4
6 Boock, Chris	Linfield	23.20	3
7 Ragan, Drew	Linfield	23.23	2
8 Bates, Brad	George Fox	23.25	1

## Men 400 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Symmonds, Nick	WU	49.99Q	2
2 Bates, Brad	George Fox	50.61Q	1
3 Decherd, Ben	WU	50.85q	2
4 Van Sant, Pete	Puget Sound	50.91q	1
5 Foote, Adam	Lewis and Clark	51.11q	1
6 Lual, Anderia	Whtw	51.45q	2
7 Jones, Nathan	WU	51.57q	2
8 Siemieniec, Joshua	Whtw	51.81q	1
9 Knudson, Grant	WU	52.03	2
10 Legary, Tyler	Linfield	52.35	1
11 Mellow, Zach	Pacific	52.95	1

## Men 400 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Symmonds, Nick	WU	48.41	10
2 Bates, Brad	George Fox	49.82	8
3 Van Sant, Pete	Puget Sound	49.86	6
4 Decherd, Ben	WU	50.10	5
5 Jones, Nathan	WU	50.80	4
6 Foote, Adam	Lewis and Clark	51.19	3
7 Lual, Anderia	Whtw	51.68	2
8 Siemieniec, Joshua	Whtw	52.04	1

## Men 800 Meter Run

Name	Year School	Prelims	H#
Preliminaries			
1 Howell, Brandon	Whtw	1:53.98Q	1
2 McCann, Jarrod	Lewis and Clark	1:55.68Q	2
3 Symmonds, Nick	WU	1:57.38Q	3
4 Thomas, Everett	WU	1:55.59Q	1
5 Mathiang, David	George Fox	1:56.96Q	2
6 Grahlfs, Phillip	Whtw	1:58.03Q	3
7 Neill, Doug	WU	1:57.41q	1





8	Edson, Josh	WU	1:57.78q	1
9	Brown, Ben	Pacific Lutheran	1:57.81	2
10	Savala, Travis	Pacific Lutheran	2:00.27	1
11	Killgore, Mike	Linfield	2:00.29	2
12	Brandt, Justin	Linfield	2:00.34	3
13	Cooper, Brooks	Whtw	2:01.19	1
14	Pasma, Jonathan	Whtw	2:01.32	3
15	Sagers, Dan	Linfield	2:01.86	2
16	Sticka, Ryan	George Fox	2:04.39	2
17	Sauer, Kristofor	Whtw	2:10.44	3

## Men 800 Meter Run

Name	Year School	Finals	Points
Finals			
1 Symmonds, Nick	WU	1:52.60	10
2 Howell, Brandon	Whtw	1:54.10	8
3 McCann, Jarrod	Lewis and Clark	1:55.10	6
4 Thomas, Everett	WU	1:57.10	5
5 Mathiang, David	George Fox	1:57.40	4
6 Edson, Josh	WU	1:59.10	3
7 Neill, Doug	WU	2:00.30	2
8 Grahlfs, Phillip	Whtw	2:01.10	1

## Men 1500 Meter Run

Name	Year School	Finals	Points
1 Vieyra, Julio	WU	4:01.42	10
2 Neill, Doug	WU	4:02.68	8
3 Brown, Ben	Pacific Lutheran	4:03.63	6
4 Edson, Josh	WU	4:04.07	5
5 Ruiz, Carlos	WU	4:04.28	4
6 Nebert, Lucas	WU	4:04.80	3
7 Nugent, Tyler	Pacific Lutheran	4:06.96	2
8 Burg, Matt	George Fox	4:08.12	1
9 Cobb, Bryan	George Fox	4:08.58	
10 Spofford, Fred	Linfield	4:08.62	
11 Libecap, Chris	Puget Sound	4:14.99	
12 Long, Paul	Whtw	4:15.93	

## Men 5000 Meter Run

Name	Year School	Finals	Points
1 Hollingshead, Aaron	WU	15:09.80	10
2 Prince, Frank	Puget Sound	15:12.00	8
3 Blackburn, Doug	Whtw	15:19.10	6
4 Leipzig, Ben	WU	15:29.40	5
5 Moe, Jake	George Fox	15:31.20	4
6 Boyd, Wyatt	WU	15:31.90	3
7 Ruiz, Carlos	WU	15:42.40	2
8 Barber, Andy	WU	15:44.50	1
9 Hallvik, Taylor	Puget Sound	15:47.20	
10 Gonzales, Hipolitio	WU	15:49.00	
11 Coe, Aaron	Whtw	15:50.50	
12 Brown, Brendan	WU	15:51.50	
13 Yaeger, Dan	WU	15:54.80	
14 Kaczmarek, Joseph	WU	15:55.10	



15 Grassley, Jeff	Whtw	15:58.40
16 Mayers, Nick	Puget Sound	16:01.60
17 Burg, Matt	George Fox	16:05.10
18 Wilson, Harrison	Linfield	16:10.60
19 Timbrell, Jamie	WU	16:14.00
-- Reichert, Kota	Puget Sound	DNF

## Men 10000 Meter Run

Name	Year School	Finals	Points
1 Prince, Frank	Puget Sound	31:16.60	10
2 Blackburn, Doug	Whtw	32:01.44	8
3 Gonzales, Hipolitio	WU	32:33.68	6
4 Brown, Brendan	WU	32:40.34	5
5 Hallvik, Taylor	Puget Sound	32:54.15	4
6 Coe, Aaron	Whtw	33:00.03	3
7 Mayers, Nick	Puget Sound	33:05.09	2
8 Peacock, Stephen	Puget Sound	33:05.38	1
9 Boyd, Wyatt	WU	33:07.21	
10 Yaeger, Dan	WU	33:10.21	
11 Leipzig, Ben	WU	33:24.65	
12 Reichert, Kota	Puget Sound	33:38.18	
13 Kaczmarek, Joseph	WU	33:58.29	
14 Finney, Grant	George Fox	34:00.40	
15 Millard, Steven	WU	34:06.61	
16 Delmore, David	George Fox	34:16.83	
17 Deitz, Jacob	Whtw	34:28.42	
18 Timbrell, Jamie	WU	34:31.40	
19 Stoddard, Zach	Puget Sound	34:39.21	
20 Mears, Ty	Lewis and Clark	34:41.89	
21 Chilcoat, Kenneth	Pacific Lutheran	35:03.60	
22 Foster, Nicholas	Whtw	35:06.21	
23 Sasaki, Kent	Linfield	35:44.06	

## Men 110 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 May, Tyler	WU	14.2hQ	1
2 Dillow, Ben	George Fox	14.6hQ	2
3 Garrelts, Brennan	WU	14.9hq	2
4 Harris, Seth	George Fox	15.0hq	2
5 Spaun, Benjamin	Whtw	15.2hq	1
5 Payne, Jon	Pacific Lutheran	15.2hq	1
7 Jensen, Erik	Pacific Lutheran	15.3hq	2
8 Snow, Eric	Linfield	15.4hq	1
9 Rice, Mark	WU	15.9h	2
10 Carpenter, Brandon	Linfield	16.0h	1

## Men 110 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 May, Tyler	WU	15.07	10
2 Garrelts, Brennan	WU	15.64	8
3 Spaun, Benjamin	Whtw	15.79	6
4 Dillow, Ben	George Fox	16.00	5



5	Payne, Jon	Pacific Lutheran	16.02	4
6	Snow, Eric	Linfield	16.37	3
7	Jensen, Erik	Pacific Lutheran	16.46	2

## Men 400 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 Setere, Lucas	Pacific	55.46Q	2
2 Harris, Seth	George Fox	56.00Q	1
3 Spaun, Benjamin	Whtw	56.23q	1
4 Payne, Jon	Pacific Lutheran	56.54q	2
5 Law, Don	Linfield	56.82q	1
6 Garrelts, Brennan	WU	57.13q	2
7 Rice, Mark	WU	57.89q	2
8 Jensen, Erik	Pacific Lutheran	58.47q	2
9 Wambold, Jase	Pacific	58.55	1
10 Paine, Andrew	George Fox	58.68	2
11 Snow, Eric	Linfield	58.94	1
12 Flachsbert, Joel	WU	59.00	1
13 Decker, Stewart	Puget Sound	1:01.29	2
14 Jackson, Adam	Whtw	1:01.32	1

## Men 400 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Payne, Jon	Pacific Lutheran	53.80	10
2 Setere, Lucas	Pacific	54.90	8
3 Law, Don	Linfield	55.10	6
4 Spaun, Benjamin	Whtw	55.20	5
5 Garrelts, Brennan	WU	56.20	4
6 Jensen, Erik	Pacific Lutheran	57.70	3
7 Rice, Mark	WU	58.00	2

## Men 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Hollingshead, Aaron	WU	9:01.55	10
2 Overby, Scott	WU	9:40.36	8
3 Moe, Jake	George Fox	9:40.51	6
4 Zeiger, Ben	WU	9:48.13	5
5 Harris, Travis	WU	9:53.69	4
6 Grassley, Jeff	Whtw	9:56.58	3
7 Olson, Peter	Linfield	9:58.61	2
8 Libecap, Chris	Puget Sound	10:10.61	1
9 Huskisson, Travis	Whtw	10:14.34	
10 Butler, Joshua	WU	10:19.07	
11 Watson, Austin	Lewis and Clark	10:23.58	
12 Wyatt, Jay	Puget Sound	10:25.53	
13 Barber, Andy	WU	10:29.94	
14 Henson, Josh	Pacific	10:35.75	

## Men 4x100 Meter Relay

School	Finals	Points
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1 Linfield 'A'	42.33	10
2 George Fox 'A'	42.62	8
3 Puget Sound 'A'	43.44	6
4 Willamette 'A'	43.52	5
5 Pacific 'A'	45.37	4
6 Whitworth 'A'	45.60	3
-- Pacific Lutheran 'A'	DQ	

## Men 4x400 Meter Relay

School	Finals	Points
1 Willamette 'A'	3:16.80	10
2 George Fox 'A'	3:22.40	8
3 Whitworth 'A'	3:22.70	6
4 Linfield 'A'	3:24.40	5
5 Pacific Lutheran 'A'	3:28.30	4
6 Puget Sound 'A'	3:28.40	3
7 Lewis and Clark 'A'	3:35.00	2
1) Foote, Adam	2) McCann, Jarrod	
3) Watson, Austin	4) Mercer, Logan	
8 Pacific 'A'	3:36.00	1

## Men High Jump

Name	Year School	Finals	Points
1 Larsen, Zach	WU	2.06m	6-09.00 10
2 Dillow, Ben	George Fox	1.91m	6-03.25 8
3 Kramer, Brian	Puget Sound	J1.91m	6-03.25 6
4 May, Tyler	WU	1.86m	6-01.25 4.5
4 Gohl, Andrew	Linfield	1.86m	6-01.25 4.5
6 Williams, Nathan	Whtw	1.81m	5-11.25 2.5
6 Oost, Jay	WU	1.81m	5-11.25 2.5
8 Jensen, Erik	Pacific Lutheran	J1.81m	5-11.25 0.5
8 Patterson, Jordan	Whtw	J1.81m	5-11.25 0.5
10 Mellow, Zach	Pacific	1.71m	5-07.25
-- Peach, Nick	Lewis and Clark	FAIL	

## Men Pole Vault

Name	Year School	Finals	Points
1 Tiogangco, Dayson	Linfield	4.40m	14-05.25 10
2 Gause, Greg	Puget Sound	4.25m	13-11.25 8
3 Dillow, Ben	George Fox	J4.25m	13-11.25 6
4 Greene, Burch	Puget Sound	4.10m	13-05.25 5
5 DePell, Jacob	Whtw	J4.10m	13-05.25 4
6 Curry, Richard	WU	3.95m	12-11.50 2.5
6 Liepman, Jeff	WU	3.95m	12-11.50 2.5
8 Patterson, Jordan	Whtw	3.80m	12-05.50 1
9 Priestester, Josh	George Fox	J3.80m	12-05.50
9 See, Brian	George Fox	J3.80m	12-05.50
-- Laloli, Travis	George Fox	NH	
-- Carpenter, Brandon	Linfield	NH	
-- Omlin, Joel	Whtw	NH	

## Men Long Jump

Name	Year School	Finals	Points
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1	Van Sant, Pete	Puget Sound	6.65m	21-10.00	10
2	Maves, Drew	George Fox	6.58m	21-07.25	8
3	Wilbon, Steve	WU	6.55m	21-06.00	6
4	Gillespie, KC	WU	J6.55m	21-06.00	5
5	Priester, Josh	George Fox	6.47m	21-02.75	4
6	Jensen, Erik	Pacific Lutheran	6.45m	21-02.00	3
7	Dillow, Ben	George Fox	6.42m	21-00.75	2
8	Ragan, Drew	Linfield	6.39m	20-11.75	1
9	Beatty, Doug	George Fox	6.30m	20-08.00	
10	Tanquary, Jarvis	WU	6.21m	20-04.50	
11	Randall, Wesley	WU	6.15m	20-02.25	
12	Woods, Andrew	Linfield	6.14m	20-01.75	
13	Hinton, Ian	Whtw	5.92m	19-05.25	
14	Kramer, Brian	Puget Sound	5.74m	18-10.00	
15	Petzing, Nick	Pacific	5.24m	17-02.25	
--	Nicholson, Cameron	Linfield	FOUL		

## Men Triple Jump

Name	Year School	Finals	Points
1	Kramer, Brian	Puget Sound	13.43m 44-00.75 10
2	Hinton, Ian	Whtw	13.29m 43-07.25 8
3	Bianchi, Steve	Lewis and Clark	13.05m 42-09.75 6
4	Nicholson, Cameron	Linfield	12.99m 42-07.50 5
5	Greene, Burch	Puget Sound	12.94m 42-05.50 4
6	Beatty, Doug	George Fox	12.88m 42-03.25 3
7	Jensen, Erik	Pacific Lutheran	12.52m 41-01.00 2
8	Conrad, Mark	WU	12.45m 40-10.25 1
9	Peach, Nick	Lewis and Clark	11.93m 39-01.75

## Men Shot Put

Name	Year School	Finals	Points
1	Matlock, Nate	WU	15.91m 52-02.50 10
2	Richard, Austin	Whtw	14.22m 46-08.00 8
3	Johnson, Michael	Pacific Lutheran	13.69m 44-11.00 6
4	Miles, Chris	Linfield	13.60m 44-07.50 5
5	Cam, Blake	WU	J13.60m 44-07.50 4
6	Thron, Andrew	Linfield	13.58m 44-06.75 3
7	McDonald, Sean	WU	13.26m 43-06.00 2
8	Stanbery, Russ	Puget Sound	13.19m 43-03.25 1
9	Lockhart, Bo	Linfield	13.16m 43-02.25
10	Haakenson, Dan	Pacific Lutheran	13.04m 42-09.50
11	Palmer, Steve	Puget Sound	13.02m 42-08.75

## Men Discus Throw

Name	Year School	Finals	Points
1	Matlock, Nate	WU	46.68m 153-02 10
2	Gleason, Derrick	Linfield	46.27m 151-10 8
3	Haakenson, Dan	Pacific Lutheran	43.91m 144-01 6
4	Johnson, Michael	Pacific Lutheran	43.66m 143-03 5
5	Dewindt, Derrick	Whtw	42.94m 140-10 4
6	McDonald, Sean	WU	42.23m 138-06 3
7	McCord, Matthew	Whtw	40.52m 132-11 2
8	May, Tyler	WU	40.44m 132-08 1



9 Thron, Andrew	Linfield	40.16m	131-09
10 Miles, Chris	Linfield	39.51m	129-07
11 Gohl, Andrew	Linfield	38.72m	127-00
12 Kleffner, Jake	Linfield	34.26m	112-05

## Men Hammer Throw

Name	Year School	Finals	Points
1 Haakenson, Dan	Pacific Lutheran	53.98m	177-01 10
2 Matlock, Nate	WU	52.92m	173-07 8
3 Dewindt, Derrick	Whtw	52.14m	171-01 6
4 Johnson, Michael	Pacific Lutheran	48.50m	159-01 5
5 Thron, Andrew	Linfield	45.52m	149-04 4
6 Miles, Chris	Linfield	43.38m	142-04 3
7 Dean, Cody	Puget Sound	40.08m	131-06 2
8 Hendricks, Brent	Whtw	37.62m	123-05 1
9 Vogt, Jayson	WU	37.40m	122-08
10 Richard, Austin	Whtw	35.54m	116-07

## Men Javelin Throw

Name	Year School	Finals	Points
1 Gassaway, Matt	George Fox	61.64m	202-03 10
2 Liepman, Jeff	WU	58.67m	192-06 8
3 Zahn, Phil	Linfield	58.09m	190-07 6
4 Mills, Steve	Linfield	56.20m	184-04 5
5 Pyle, Casey	Pacific Lutheran	53.86m	176-08 4
6 Gohl, Andrew	Linfield	53.22m	174-07 3
7 Jensen, Erik	Pacific Lutheran	53.16m	174-05 2
8 Kaiel, Nick	Lewis and Clark	52.87m	173-05 1
9 Hewitson, Miles	Whtw	52.77m	173-01
10 Foster, Tim	Pacific	49.17m	161-04

## Men Decathlon

Name	Year School	Finals	Points
1 Jensen, Erik	Pacific Lutheran	6022	10
2 Gillespie, KC	WU	5942	8
3 Gohl, Andrew	Linfield	5555	6
4 Rice, Mark	WU	5309	5
5 Haakenson, Dan	Pacific Lutheran	4152	4
6 Patterson, Jordan	Whtw	3126	3

## Women - Team Rankings - 21 Events Scored

1) Willamette	225.50	2) Whitworth	125
3) Linfield	117.50	4) George Fox	103
5) Puget Sound	71.50	6) Lewis and Clark	66.50
7) Pacific Lutheran	54	8) Pacific	53

## Men - Team Rankings - 21 Events Scored

1) Willamette	274	2) Linfield	130.50
3) Pacific Lutheran	98.50	4) Puget Sound	97
5) Whitworth	92	6) George Fox	88
7) Lewis and Clark	18	8) Pacific	13



Northwest Conference Championships - 4/22/2005 to 4/23/2005

Event 1 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Kimura, Erin	Whtw	13.40
3 Marken, Sarah	Whtw	13.17
4 Silverlake, Erin	Pacific	14.10
5 Morton, Jeva	Pacific Lutheran	12.93
6 Dormaier, Kristen	Whtw	12.96
7 Bladorn, Kelly	George Fox	13.20
Heat 2 Prelims		
2 May, Andrea	WU	13.20
3 Hinson, Emily	Whtw	13.15
4 Forbes, Michelle	George Fox	13.04
5 Stiglmeier, Caitlin	Linfield	13.37
6 Brown, Nicole	Whtw	12.72

Event 2 Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 Brown, Nicole	Whtw	26.30
2 Schiele, Shannon	Linfield	27.64
3 Hanson, Mariah	WU	26.46
4 Bladorn, Kelly	George Fox	27.37
5 Silverlake, Erin	Pacific	30.16
6 Dormaier, Kristen	Whtw	27.00
7 Morton, Jeva	Pacific Lutheran	26.97
Heat 2 Prelims		
1 Newell, Kelsey	Linfield	26.89
2 Stiglmeier, Caitlin	Linfield	27.87
3 Larson, Sarah	Pacific Lutheran	28.61
4 Barker, Brooke	Pacific	27.03
5 May, Andrea	WU	26.64
6 Bertholf, Kim	Pacific Lutheran	27.13
7 Swan, Jody	Lewis and Clark	26.26

Event 3 Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 Larson, Sarah	Pacific Lutheran	1:03.16
2 Andrews, Alicia	WU	1:00.31
3 Bertholf, Kim	Pacific Lutheran	59.78
4 Schiele, Shannon	Linfield	1:02.16
5 Hagney, Alana	Puget Sound	1:05.60
6 Swan, Jody	Lewis and Clark	57.88
7 Morehouse, Sara	Whtw	1:04.70
Heat 2 Prelims		
1 Noyd, Melissa	George Fox	1:04.22
2 Schultz, Hannah	Pacific Lutheran	1:06.30
3 Senescall, Stephanie	Puget Sound	1:01.74
4 Blagden, Bonar	Puget Sound	1:03.93
5 Barker, Brooke	Pacific	59.62
6 Hanson, Mariah	WU	58.77
7 Hurd, Emily	Whtw	1:05.66
8 Newell, Kelsey	Linfield	1:00.45



Event 4 Women 800 Meter Run

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8 Advance: Top 2 Each Heat plus Next 4 Best Times

Name Year School Seed relim Time

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Heat 1 Prelims

1	Green, Emily	Whtw	2:29.93
2	Adams, Bethany	George Fox	2:24.38
3	Heinemann, Elaine	Whtw	2:20.64
4	Killam, Carly	WU	2:17.14
5	Giffey-Brohaugh, Rachel	George Fox	2:19.12
6	Beach, Jessica	George Fox	2:20.73
7	Rosenberg, Kendra	WU	2:24.47
8	Tachibana, Shauna	Pacific Lutheran	2:30.27

Heat 2 Prelims

1	Reale, Katherine	Whtw	2:28.53
2	Laack, Terah	George Fox	2:23.93
3	Vandehey, Stephanie	WU	2:19.39
4	Andrews, Alicia	WU	2:15.33
5	McHattie, Carla	Lewis and Clark	2:19.17
6	Carnahan, Andrea	Whtw	2:23.65
7	Kieffer, Syrah	Lewis and Clark	2:27.25

Event 5 Women 1500 Meter Run

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Name Year School Seed Finals

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Section 1 Timed Finals

1	Killam, Carly	WU	4:49.84
2	Walker, Juline	WU	5:11.26
3	McHattie, Carla	Lewis and Clark	4:52.04
4	Davignon, Kristin	Pacific Lutheran	4:57.46
5	Rosenberg, Kendra	WU	5:01.89
6	Heinemann, Elaine	Whtw	4:49.67
7	Phillips, Amanda	Lewis and Clark	5:00.39
8	Hart, Elizabeth	WU	4:50.90
9	Orzell, Sarah	Puget Sound	4:59.03
10	McLain, Anna	George Fox	4:51.15
11	Zerzan, Sarah	WU	4:48.45
12	Stepan, Casey	Linfield	4:49.00

Event 6 Women 3000 Meter Steeplechase

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Name Year School Seed Finals

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Section 1 Timed Finals

1	Pierce, Katie	WU	11:36.70
2	Godfrey, Colleen	Puget Sound	11:37.25
3	Murphy, Joanna	Linfield	12:03.32
4	Pullen, Chelsea	Linfield	12:11.38
5	Sharratt, Ashley	WU	12:13.51
6	Wright, Bobbi	WU	12:15.30
7	Jamieson, Ashley	Pacific Lutheran	12:15.50
8	Squires, Audrey	WU	12:24.10
9	Fairbrook, Sarah	WU	12:24.68
10	Hodgson, Brittany	Puget Sound	12:34.40

Section 2 Timed Finals

1	Crosby, McKenzie	Whtw	12:47.00
2	Thurston, Stephanie	Whtw	12:52.54
3	Fuller, Kate	Whtw	12:56.30
4	Hurd, Emily	Whtw	12:57.13
5	Ostermick, Melissa	WU	12:59.94
6	Pyatt, Jessica	Pacific	13:09.30
7	Newth, Shannon	Whtw	13:09.81
8	Tateishi, Caitlyn	Pacific	13:17.10
9	Thomsen, Karissa	Whtw	13:28.48
10	Ridgway, Stephanie	Whtw	13:37.94
11	Anderson, Amy	Whtw	13:51.76
12	Jacobson, Liz	Pacific Lutheran	14:19.80





Event 7 Women 5000 Meter Run

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1 Zerzan, Sarah	WU	18:06.70	
2 Pierce, Katie	WU	18:13.70	
3 Lauterbach, Julie	Whtw	18:19.00	
4 Dickey, E. Kristi	Whtw	18:22.00	
5 Smith, Sarah	Pacific	18:29.50	
6 Fischer, Leighann	George Fox	18:38.89	
7 Hart, Elizabeth	WU	18:39.90	
8 Dobson, Hillary	Puget Sound	18:40.01	
9 DeVilbiss, Bethany	Pacific Lutheran	18:46.59	
10 Pullen, Chelsea	Linfield	18:50.72	
11 Mentaberry, Whitney	Linfield	18:52.59	
12 Godfrey, Colleen	Puget Sound	18:54.01	
13 Murphy, Joanna	Linfield	18:58.09	
Section 2 Timed Finals			
1 Jamieson, Rebecca	Whtw	19:06.00	
2 Burnet, Sara	Puget Sound	19:09.34	
3 McCaffrey, Therese	Lewis and Clark	19:16.87	
4 Wright, Bobbi	WU	19:18.18	
5 Jamieson, Ashley	Pacific Lutheran	19:23.81	
6 Sherwood, Lauren	WU	19:25.58	
7 Sharratt, Ashley	WU	19:26.30	
8 Brett, Katrina	WU	19:30.93	
9 Carper, Megan	Whtw	19:31.52	
10 Weaver, Jen	Lewis and Clark	19:37.04	
11 Squires, Audrey	WU	19:37.65	
12 Crosby, McKenzie	Whtw	19:40.30	
13 Roberts, Liana	Puget Sound	19:41.99	

Event 8 Women 10000 Meter Run

Name	Year School	Seed	Finals
1 Smith, Sarah	Pacific	38:03.69	
2 DeVilbiss, Bethany	Pacific Lutheran	38:27.80	
3 Dickey, E. Kristi	Whtw	38:54.56	
4 Lauterbach, Julie	Whtw	38:59.00	
5 Mentaberry, Whitney	Linfield	40:10.07	
6 Dobson, Hillary	Puget Sound	40:19.22	
7 Witt, Meryl	Linfield	40:23.61	
8 Jamieson, Rebecca	Whtw	40:52.24	
9 Burnet, Sara	Puget Sound	41:32.86	
10 Pfeiffer-Hoyt, Megan	Lewis and Clark	41:48.99	
11 Sbordone, Laura	Lewis and Clark	43:10.93	
12 Brett, Katrina	WU	43:26.72	
13 Sherwood, Lauren	WU	43:27.02	
14 Beebe, Ellen	WU	43:27.28	
15 Shives, Alison	WU	43:59.02	
16 Geertz, Kara	George Fox	45:02.10	

Event 9 Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times			
Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Moore, Cassandra	Whtw	16.93	
2 Mahoney, Caitlin	Linfield	16.17	
3 Rosson, Meagan	Linfield	16.44	
4 Smith, Jordyn	WU	16.53	
5 McGrane, Shannon	WU	15.36	
6 Hoke, Emily	Puget Sound	17.34	
7 Bernard, Riley	Linfield	16.17	
Heat 2 Prelims			
1 Benish, Clare	Puget Sound	16.71	
2 Marken, Sarah	Whtw	16.27	
3 Williams, Maura	Linfield	15.72	
4 Funrue, Kirsten	Whtw	18.05	
5 Lund, Charlie	WU	16.73	
6 Kassebaum, Roseann	WU	16.25	
7 Ward, Jen	Pacific	17.99	
8 Lucas, Nicole	WU	15.71	



Event 10 Women 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year School	Seed relim Time
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Heat 1 Prelims

2	Marek-Farris, Melissa	George Fox	1:08.35
3	Moore, Cassandra	Whtw	1:13.18
4	Lund, Carlie	WU	1:08.73
5	Morehouse, Sara	Whtw	1:12.89
6	McGrane, Shannon	WU	1:02.51

Heat 2 Prelims

2	Hoke, Emily	Puget Sound	1:13.50
3	Peterson, Kelly	Whtw	1:22.57
4	Bernard, Riley	Linfield	1:08.29
5	Smith, Jordyn	WU	1:04.17
6	Hinson, Emily	Whtw	1:10.37
7	Rohlffs, Emily	Linfield	1:11.29

Heat 3 Prelims

2	Rosson, Meagan	Linfield	1:10.99
3	Funrue, Kirsten	Whtw	1:15.05
4	Ross, Kate	Lewis and Clark	1:06.46
5	Kassebaum, Roseann	WU	1:04.30
6	Delvecchio, Cara	Puget Sound	1:17.05
7	Senescall, Stephanie	Puget Sound	1:11.18

Event 11 Women 4x100 Meter Relay

Section 1 Timed Finals

1	Pacific 'A'	54.41
2	George Fox 'A'	51.82
3	Linfield 'A'	50.94
4	Whitworth 'A'	49.72
5	Willamette 'A'	50.88
6	Pacific Lutheran 'A'	51.48
7	Puget Sound 'A'	53.29
8	Lewis and Clark 'A'	55.95

Event 12 Women 4x400 Meter Relay

1	Whitworth 'A'	4:17.70
2	Pacific 'A'	4:13.79
3	Lewis and Clark 'A'	4:08.41
4	Willamette 'A'	3:53.99
5	George Fox 'A'	4:04.74
6	Linfield 'A'	4:09.52
7	Pacific Lutheran 'A'	4:16.06
8	Puget Sound 'A'	4:19.88

Event 13 Women High Jump

1	Millet, Tiffany	Pacific Lutheran	1.43m
2	Larson, Ingrid	Pacific Lutheran	1.45m
3	Jamieson, Rebecca	Whtw	1.48m
4	Benish, Clare	Puget Sound	1.50m
5	Mahoney, Caitlin	Linfield	1.54m
6	Senescall, Stephanie	Puget Sound	1.55m
7	Alaimo, Katie	George Fox	1.57m
8	Viducich, Suzy	Whtw	1.58m
9	Marek-Farris, Melissa	George Fox	1.58m
10	Groves, Monica	Puget Sound	1.60m
11	Forbes, Michelle	George Fox	1.69m

Event 14 Women Pole Vault

Flight 1 Finals

1	Black, Victoria	George Fox	2.77m
2	Lane, Katherine	Whtw	2.80m
3	Ruhoff, Chelsea	WU	2.90m
4	Gerrits, Shelby	Lewis and Clark	2.90m
5	Jager, Johnna	WU	3.05m
6	Weeber, Mandy	Linfield	3.05m
7	Olson, Lynn	WU	3.07m
8	Fisher, Laura	Pacific Lutheran	3.15m
9	Huddleston, Juli	Linfield	3.20m
10	Heaton, Katie	Puget Sound	3.50m



Event 15 Women Long Jump

Flight 1 Finals

1	Stubblefield, Kaleigh	Pacific	4.24m
2	Forbes, Michelle	George Fox	4.94m
3	Hodges, Corinne	Whtw	4.85m
4	Steinruck, Alicia	Pacific Lutheran	4.38m
5	Benish, Clare	Puget Sound	4.90m
6	Alaimo, Katie	George Fox	4.80m
7	Vickers, Laura	Linfield	4.69m
8	Llanes, Becky	Lewis and Clark	4.64m

Flight 2 Finals

1	Marken, Sarah	Whtw	5.11m
2	Patterson, Lindsey	WU	5.08m
3	Kassebaum, Roseann	WU	4.95m
4	Ross, Kate	Lewis and Clark	5.29m
5	Brocard, Lisa	Linfield	5.09m
6	Dormaier, Kristen	Whtw	5.10m
7	Kolb, Whitney	George Fox	4.99m
8	Robinson, Jena	Puget Sound	5.31m

Event 16 Women Triple Jump

Flight 1 Finals

1	Alaimo, Katie	George Fox	10.27m
2	Viducich, Suzy	Whtw	9.92m
3	Llanes, Becky	Lewis and Clark	9.66m
4	Hodges, Corinne	Whtw	9.84m
5	Jurgens, Jessica	Whtw	9.82m
6	Marken, Sarah	Whtw	10.14m

Flight 2 Finals

1	Brocard, Lisa	Linfield	10.62m
2	Forbes, Michelle	George Fox	10.31m
3	Robinson, Jena	Puget Sound	11.64m
4	Page, Danielle	WU	11.12m
5	Goe, Becca	Puget Sound	10.45m
6	Dormaier, Kristen	Whtw	10.47m
7	Kolb, Whitney	George Fox	10.86m

Event 17 Women Shot Put

Flight 1 Finals

1	Fahey, Melinda	WU	10.31m
2	Wohnick, Megan	Pacific Lutheran	10.55m
3	Marken, Sarah	Whtw	10.34m
4	Duerr, Rebecca	Linfield	9.88m
5	Winter, Holly	WU	10.21m
6	Murillo, Dacia	Whtw	9.90m

Flight 2 Finals

1	Arnall, DeeDee	Pacific	10.61m
2	Barker, Brooke	Pacific	10.90m
3	Helmick, Autumn	WU	11.55m
4	Claypool, Joni	Linfield	13.53m
5	Locke, Julie	Pacific Lutheran	10.73m
6	Bielenberg, Danielle	Linfield	13.06m

Event 18 Women Discus Throw

Flight 1 Finals

1	Helmick, Autumn	WU	33.32m
2	Haskin, Jenny	George Fox	32.01m
3	Lewis, Stephanie	Pacific Lutheran	34.74m
4	Ansotigue, Danielle	Whtw	31.24m
5	Williams, Jenna	Whtw	30.47m
6	Andrus, Caitlin	WU	34.40m
7	Taylor, Kristi	Pacific Lutheran	30.04m
8	Florence, Angela	Whtw	34.14m

Flight 2 Finals

1	Locke, Julie	Pacific Lutheran	38.46m
2	Paterson, Liz	Lewis and Clark	37.83m
3	Duerr, Rebecca	Linfield	38.08m
4	Claypool, Joni	Linfield	40.06m
5	Murillo, Dacia	Whtw	35.08m
6	Bielenberg, Danielle	Linfield	38.94m
7	Huston, Angelica	WU	35.75m
8	Wohnick, Megan	Pacific Lutheran	37.54m
9	Fahey, Melinda	WU	35.74m



Event 19 Women Javelin Throw

Flight 1 Finals

1	Ansotigue, Danielle	Whtw	33.43m
2	Barker, Brooke	Pacific	34.59m
3	Black, Victoria	George Fox	35.45m
4	Groves, Monica	Puget Sound	35.71m
5	Murillo, Dacia	Whtw	33.20m
6	Mollett, Ashley	WU	32.82m
7	Fenn, Lauren	Puget Sound	34.36m

Flight 2 Finals

1	Stolz, Kelsey	WU	39.27m
2	Wingaard-Phillips, Mikaela	WU	38.74m
3	Arnall, DeeDee	Pacific	41.77m
4	Rangel, Loreen	Pacific Lutheran	36.37m
5	Dentzel, Sophia	WU	41.18m
6	Mascorro, Lydia	Linfield	37.82m
7	Steinruck, Alicia	Pacific Lutheran	35.91m
8	Florence, Angela	Whtw	36.35m

Event 20 Women Hammer Throw

Flight 1 Finals

1	Burger, Emilie	WU	32.00m
2	Taylor, Kristi	Pacific Lutheran	35.36m
3	Winter, Holly	WU	31.54m
4	Horn, Tara	Puget Sound	32.05m
5	Helmick, Autumn	WU	33.06m
6	Williams, Jenna	Whtw	34.63m
7	Claypool, Joni	Linfield	34.44m
8	Locke, Julie	Pacific Lutheran	35.11m

Flight 2 Finals

1	Fahey, Melinda	WU	38.52m
2	Lewis, Stephanie	Pacific Lutheran	37.25m
3	Blankenship, Lindsey	George Fox	47.37m
4	Wochnick, Megan	Pacific Lutheran	48.83m
5	Bielenberg, Danielle	Linfield	45.03m
6	Andrus, Caitlin	WU	36.05m
7	Murillo, Dacia	Whtw	37.39m
8	Paterson, Liz	Lewis and Clark	45.76m





Event 31 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year School	Seed relim Time
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Heat 1 Prelims

2	Greene, Burch	Puget Sound	11.23
3	Bye, Brycen	Puget Sound	11.40
4	Zellick, Jason	WU	11.24
5	Donovan, Justin	Pacific	11.34
6	Albrecht, Andrew	Pacific Lutheran	11.50
7	Boock, Chris	Linfield	10.84

Heat 2 Prelims

2	LaPlante, Christopher	Whtw	11.48
3	Nelson, Lance	Linfield	11.33
4	Burnett, James	Pacific Lutheran	10.96
5	Lau, Brad	Linfield	11.48
6	Wilbon, Steve	WU	11.15
7	Maves, Drew	George Fox	11.32

Heat 3 Prelims

2	Randall, Wesley	WU	11.48
3	Ragan, Drew	Linfield	11.27
4	Allen, Casey	Linfield	11.18
5	Vanassche, Scott	Linfield	10.90
6	Gillespie, KC	WU	11.34
7	Priester, Josh	George Fox	11.41

Event 32 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Seed relim Time
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Heat 1 Prelims

1	Siemieniec, Joshua	Whtw	23.44
2	Nelson, Lance	Linfield	23.17
3	Allen, Casey	Linfield	23.47
4	Albrecht, Andrew	Pacific Lutheran	23.63
5	Zellick, Jason	WU	23.05
6	Vanassche, Scott	Linfield	22.17
7	Van Sant, Pete	Puget Sound	22.66
8	Gillespie, KC	WU	22.52

Heat 2 Prelims

1	Jones, Nathan	WU	23.49
2	Donovan, Justin	Pacific	23.19
3	Lau, Brad	Linfield	23.31
4	Lycksell, Lucas	Pacific Lutheran	23.51
5	Bates, Brad	George Fox	22.44
6	Boock, Chris	Linfield	22.51
7	Ragan, Drew	Linfield	22.92
8	Burnett, James	Pacific Lutheran	23.04

Event 33 Men 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Seed relim Time
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Heat 1 Prelims

2	Foote, Adam	Lewis and Clark	51.56
3	Legary, Tyler	Linfield	51.82
4	Van Sant, Pete	Puget Sound	50.72
5	Bates, Brad	George Fox	49.45
6	Siemieniec, Joshua	Whtw	51.66
7	Mellow, Zach	Pacific	53.26

Heat 2 Prelims

2	Lual, Anderia	Whtw	51.67
3	Jones, Nathan	WU	50.93
4	Symmonds, Nick	WU	49.00
5	Decherd, Ben	WU	50.93
6	Knudson, Grant	WU	51.70



Event 34 Men 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Howell, Brandon	Whtw	1:55.67
3 Thomas, Everett	WU	1:55.30
4 Edson, Josh	WU	1:59.89
5 Cooper, Brooks	Whtw	1:58.75
6 Neill, Doug	WU	1:58.62
7 Savala, Travis	Pacific Lutheran	2:00.00
Heat 2 Prelims		
2 McCann, Jarrod	Lewis and Clark	1:54.22
3 Brown, Ben	Pacific Lutheran	1:58.96
4 Sagers, Dan	Linfield	2:00.03
5 Killgore, Mike	Linfield	1:59.27
6 Sticka, Ryan	George Fox	1:57.61
7 Mathiang, David	George Fox	1:58.53
Heat 3 Prelims		
2 Pasma, Jonathan	Whtw	1:59.02
3 Grahlfs, Phillip	Whtw	1:59.22
4 Symmonds, Nick	WU	1:48.92
5 Brandt, Justin	Linfield	1:58.35
6 Sauer, Kristofor	Whtw	1:57.88

Event 35 Men 1500 Meter Run

1 Libecap, Chris	Puget Sound	4:10.40
2 Edson, Josh	WU	4:01.53
3 Nugent, Tyler	Pacific Lutheran	4:10.66
4 Long, Paul	Whtw	4:17.65
5 Nebert, Lucas	WU	4:07.70
6 Brown, Ben	Pacific Lutheran	4:01.09
7 Neill, Doug	WU	4:02.00
8 Vieyra, Julio	WU	3:59.50
9 Spofford, Fred	Linfield	4:08.33
10 Cobb, Bryan	George Fox	4:08.42
11 Ruiz, Carlos	WU	4:02.05
12 Burg, Matt	George Fox	4:06.55

Event 36 Men 3000 Meter Steeplechase

1 Hollingshead, Aaron	WU	9:10.61
2 Overby, Scott	WU	9:32.38
3 Harris, Travis	WU	9:42.42
4 Zeiger, Ben	WU	9:49.84
5 Moe, Jake	George Fox	9:57.20
6 Barber, Andy	WU	10:06.70
7 Henson, Josh	Pacific	10:06.79
8 Libecap, Chris	Puget Sound	10:06.80
9 Butler, Joshua	WU	10:09.24
10 Olson, Peter	Linfield	10:10.24
11 Grassley, Jeff	Whtw	10:10.71
12 Wyatt, Jay	Puget Sound	10:12.40
13 Huskisson, Travis	Whtw	10:17.34
14 Watson, Austin	Lewis and Clark	10:19.67

Event 37 Men 5000 Meter Run

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1 Hollingshead, Aaron	WU	14:38.57	
2 Overby, Scott	WU	14:44.49	
3 Harris, Travis	WU	14:57.84	
4 Blackburn, Doug	Whtw	15:02.85	
5 Prince, Frank	Puget Sound	15:03.34	
6 Hallvik, Taylor	Puget Sound	15:10.02	
7 Boyd, Wyatt	WU	15:18.49	
8 Ruiz, Carlos	WU	15:19.99	
9 Edson, Josh	WU	15:22.42	
10 Brown, Brendan	WU	15:25.12	
11 Barber, Andy	WU	15:29.87	
12 Leipzig, Ben	WU	15:34.75	
13 Yaeger, Dan	WU	15:35.75	



# Section 2 Timed Finals

1	Pollard, Dan	Puget Sound	15:36.25
2	Gonzales, Hipolitio	WU	15:37.24
3	Mayers, Nick	Puget Sound	15:37.33
4	Moe, Jake	George Fox	15:38.35
5	Grassley, Jeff	Whtw	15:44.10
6	Kaczmarek, Joseph	WU	15:44.43
7	Reichert, Kota	Puget Sound	15:45.18
8	Wilson, Harrison	Linfield	15:45.31
9	Burg, Matt	George Fox	15:45.34
10	Finney, Grant	George Fox	15:50.34
11	Coe, Aaron	Whtw	15:52.10
12	Timbrell, Jamie	WU	15:52.27
13	Delmore, David	George Fox	16:09.15

# Event 38 Men 10000 Meter Run

1	Prince, Frank	Puget Sound	30:44.69
2	Blackburn, Doug	Whtw	31:25.00
3	Hallvik, Taylor	Puget Sound	32:42.71
4	Mayers, Nick	Puget Sound	32:55.20
5	Pollard, Dan	Puget Sound	32:55.32
6	Reichert, Kota	Puget Sound	33:00.51
7	Deitz, Jacob	Whtw	33:15.83
8	Coe, Aaron	Whtw	33:18.23
9	Finney, Grant	George Fox	33:32.54
10	Mears, Ty	Lewis and Clark	33:35.03
11	Sasaki, Kent	Linfield	33:35.19

# Section 2 Timed Finals

1	Delmore, David	George Fox	34:07.54
2	Yaeger, Dan	WU	34:07.85
3	Boyd, Wyatt	WU	34:08.13
4	Brown, Brendan	WU	34:08.43
5	Timbrell, Jamie	WU	34:08.65
6	Peacock, Stephen	Puget Sound	34:16.80
7	Kaczmarek, Joseph	WU	34:25.53
8	Gonzales, Hipolitio	WU	34:25.93
9	Millard, Steven	WU	34:26.31
10	Leipzig, Ben	WU	34:26.69
11	Stoddard, Zach	Puget Sound	34:28.50
12	Foster, Nicholas	Whtw	34:28.92
13	Stein, Kevin	Puget Sound	34:36.62
14	McQueen, Wes	Lewis and Clark	34:40.71
15	Chilcoat, Kenneth	Pacific Lutheran	34:43.80

# Event 39 Men 110 Meter Hurdles

## Heat 1 Prelims

2	Carpenter, Brandon	Linfield	16.02
3	Spaun, Benjamin	Whtw	15.60
4	May, Tyler	WU	14.68
5	Snow, Eric	Linfield	16.21
6	Payne, Jon	Pacific Lutheran	15.67

## Heat 2 Prelims

2	Harris, Seth	George Fox	15.40
3	Rice, Mark	WU	16.50
4	Jensen, Erik	Pacific Lutheran	15.91
5	Dillow, Ben	George Fox	15.13
6	Garrelts, Brennan	WU	15.90

# Event 40 Men 400 Meter Hurdles

## 8 Advance: Top 1 Each Heat plus Next 6 Best Times

=====

Name	Year School	Seed relim Time
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=====

## Heat 1 Prelims

1	Wambold, Jase	Pacific	58.86
2	Jackson, Adam	Whtw	1:00.21
3	Spaun, Benjamin	Whtw	55.37
4	Harris, Seth	George Fox	53.53
5	Flachsbart, Joel	WU	59.04
6	Law, Don	Linfield	56.82
7	Snow, Eric	Linfield	1:00.54



Heat 2 Prelims			
1	Setere, Lucas	Pacific	54.66
2	Decker, Stewart	Puget Sound	1:02.62
3	Garrelts, Brennan	WU	57.10
4	Rice, Mark	WU	59.93
5	Jensen, Erik	Pacific Lutheran	59.15
6	Paine, Andrew	George Fox	58.70
7	Payne, Jon	Pacific Lutheran	54.26

Event 41 Men 4x100 Meter Relay			
1	Pacific 'A'		46.03
2	Pacific Lutheran 'A'		44.53
3	Willamette 'A'		43.14
4	George Fox 'A'		42.93
5	Linfield 'A'		43.01
6	Puget Sound 'A'		43.81
7	Whitworth 'A'		45.04

Event 42 Men 4x400 Meter Relay			
1	Pacific 'A'		3:34.86
2	Pacific Lutheran 'A'		3:28.07
3	Whitworth 'A'		3:25.40
4	George Fox 'A'		3:21.86
5	Willamette 'A'		3:21.99
6	Linfield 'A'		3:26.61
7	Puget Sound 'A'		3:30.06
8	Lewis and Clark 'A'		3:36.85

Event 43 Men High Jump			
1	Mellow, Zach	Pacific	1.80m
2	Patterson, Jordan	Whtw	1.80m
3	Williams, Nathan	Whtw	1.85m
4	Peach, Nick	Lewis and Clark	1.85m
5	Jensen, Erik	Pacific Lutheran	1.86m
6	Gohl, Andrew	Linfield	1.87m
7	May, Tyler	WU	1.88m
8	Oost, Jay	WU	1.90m
9	Dillow, Ben	George Fox	1.95m
10	Kramer, Brian	Puget Sound	1.95m
11	Larsen, Zach	WU	2.05m

Event 44 Men Pole Vault			
1	See, Brian	George Fox	3.73m
2	Priester, Josh	George Fox	3.95m
3	Patterson, Jordan	Whtw	3.95m
4	Liepman, Jeff	WU	4.10m
5	Curry, Richard	WU	4.11m
6	Carpenter, Brandon	Linfield	4.13m
7	Laloli, Travis	George Fox	4.25m
8	Omlin, Joel	Whtw	4.33m
9	Greene, Burch	Puget Sound	4.40m
10	Dillow, Ben	George Fox	4.40m
11	DePell, Jacob	Whtw	4.48m
12	Tiogangco, Dayson	Linfield	4.63m
13	Gause, Greg	Puget Sound	4.70m

Event 45 Men Long Jump			
Flight 1 Finals			
1	Wilbon, Steve	WU	6.18m
2	Tanguary, Jarvis	WU	6.23m
3	Petzing, Nick	Pacific	5.82m
4	Woods, Andrew	Linfield	6.23m
5	Kramer, Brian	Puget Sound	6.23m
6	Hinton, Ian	Whtw	6.24m
7	Ragan, Drew	Linfield	6.27m
8	Jensen, Erik	Pacific Lutheran	6.27m
Flight 2 Finals			
1	Dillow, Ben	George Fox	6.45m
2	Priester, Josh	George Fox	6.54m
3	Gillespie, KC	WU	6.80m
4	Nicholson, Cameron	Linfield	6.55m
5	Van Sant, Pete	Puget Sound	6.53m
6	Beatty, Doug	George Fox	6.33m
7	Randall, Wesley	WU	6.29m
8	Maves, Drew	George Fox	6.31m





Event 46 Men Triple Jump

1	Jensen, Erik	Pacific Lutheran	12.57m
2	Hinton, Ian	Whtw	12.85m
3	Greene, Burch	Puget Sound	12.83m
4	Bianchi, Steve	Lewis and Clark	13.56m
5	Kramer, Brian	Puget Sound	13.42m
6	Nicholson, Cameron	Linfield	12.70m
7	Peach, Nick	Lewis and Clark	12.19m
8	Beatty, Doug	George Fox	12.64m
9	Conrad, Mark	WU	12.95m

Event 47 Men Shot Put

Flight 1 Finals

1	Lockhart, Bo	Linfield	13.14m
2	Palmer, Steve	Puget Sound	13.58m
3	Haakenson, Dan	Pacific Lutheran	12.92m
4	Miles, Chris	Linfield	13.87m
5	Stanbery, Russ	Puget Sound	13.27m

Flight 2 Finals

1	Cam, Blake	WU	13.89m
2	McDonald, Sean	WU	13.94m
3	Thron, Andrew	Linfield	14.43m
4	Johnson, Michael	Pacific Lutheran	14.22m
5	Matlock, Nate	WU	15.38m
6	Richard, Austin	Whtw	14.85m

Event 48 Men Discus Throw

Flight 1 Finals

1	May, Tyler	WU	39.24m
2	Johnson, Michael	Pacific Lutheran	42.94m
3	Thron, Andrew	Linfield	41.49m
4	Kleffner, Jake	Linfield	41.51m
5	McDonald, Sean	WU	43.01m
6	McCord, Matthew	Whtw	41.41m

Flight 2 Finals

1	Gleason, Derrick	Linfield	45.03m
2	Dewindt, Derrick	Whtw	43.19m
3	Haakenson, Dan	Pacific Lutheran	44.06m
4	Gohl, Andrew	Linfield	43.65m
5	Miles, Chris	Linfield	45.13m
6	Matlock, Nate	WU	46.60m

Event 49 Men Javelin Throw

Flight 1 Finals

1	Pyle, Casey	Pacific Lutheran	52.78m
2	Kaiel, Nick	Lewis and Clark	51.56m
3	Foster, Tim	Pacific	46.55m
4	Mills, Steve	Linfield	52.72m
5	Gohl, Andrew	Linfield	52.73m

Flight 2 Finals

1	Bednar, David	Pacific	54.74m
2	Liepman, Jeff	WU	57.62m
3	Zahn, Phil	Linfield	58.77m
4	Gassaway, Matt	George Fox	59.66m
5	Jensen, Erik	Pacific Lutheran	54.53m
6	Hewitson, Miles	Whtw	56.18m

Event 50 Men Hammer Throw

Flight 1 Finals

1	Dean, Cody	Puget Sound	37.13m
2	Hendricks, Brent	Whtw	33.85m
3	Richard, Austin	Whtw	42.64m
4	Miles, Chris	Linfield	44.71m
5	Vogt, Jayson	WU	39.04m

Flight 2 Finals

1	Johnson, Michael	Pacific Lutheran	49.34m
2	Haakenson, Dan	Pacific Lutheran	53.79m
3	Dewindt, Derrick	Whtw	53.25m
4	Matlock, Nate	WU	56.28m
5	Thron, Andrew	Linfield	47.23m



# Northwest Conference Meet Records

## Men

<b><u>EVENT</u></b>	<b><u>TIME/DISTANCE</u></b>	<b><u>NAME</u></b>	<b><u>TEAM</u></b>	<b><u>DATE</u></b>
Pole Vault	5.18/17'0"	Curt Heywood	Linfield	1994
High Jump	2.09/6'10.25"	Travis Olson	Linfield	5/2/97
Long Jump	7.31/23'11.75"	Randy Fike	Lewis & Clark	1973
Triple Jump	14.97/49'1.5"	Tommy Stewart	Whitworth	1984
Shot Put	17.36/56'11.5"	Randy Shipley	PLU	1973
Discus	53.38/175'1"	Luke Jacobson	PLU	4/30/99
Javelin (IAAF)	65.91/216'3"	Craig Stelling	PLU	1987
Hammer Throw	58.93/193'4"	Jason Thiel	PLU	1994
100m	10.65	Chris Boock	Linfield	4/26/03
		Ben Salisbury	George Fox	4/26/03
200m	21.22	Ray Fabian	Whitworth	1973
400m	47.86	Carl Shaw	Linfield	1973
800m	1:51.55	John Lier	Whitman	1974
1500m	3:49.34	Tim Williams	Linfield	1977
5000m	14:29.94	Kris Mueller	Linfield	1983
10,000m	30:28.84	Kris Mueller	Linfield	1983
110m Hurdles	14.41	Nolan Toso	PLU	1994
400m Hurdles	52.30	David Parker	George Fox	5/3/97
Steeplechase	9:08.14	Kelly Sullivan	Willamette	1979
400m Relay	41.72	Miyamoto,McDonnell,Ochi,Robnett	Whitworth	5/6/00
1600m Relay	3:15.80	Lazelle,Minors,Mundo,Shaw	Linfield	1973
Decathlon	7225 points	Karl Lerum	PLU	4/15-16/97

## Women

<b><u>EVENT</u></b>	<b><u>TIME/DISTANCE</u></b>	<b><u>NAME</u></b>	<b><u>TEAM</u></b>	<b><u>DATE</u></b>
Pole Vault	3.67/12'0.5"	Heather Hunt	George Fox	5/4/00
High Jump	1.70/5'7"	JoEllen Boatright	George Fox	4/27/02
Long Jump	5.75/18'10.25"	Stephanie Libby	Willamette	1992
Triple Jump	11.91/39'1"	Kelsey Baron	George Fox	4/28/02
Shot Put	14.59/47'10.5"	Carrie Pietig	Willamette	1989
Discus	45.36/148'10"	Mari Ruiz	Whitman	5/5/00
Javelin	43.15/141'7"	Dee Dee Arnall	Pacific	4/24/04
Javelin(pre-1999)	47.80/156'10"	Regina Norris	Pacific	1985
Hammer	48.62/159'6"	Leslie Seelye	PLU	5/4/01
100m	12.04	Melody Sherman	Linfield	5/2/98
200m	24.52	Christine Axley	PLU	5/1/99
400m	55.34	Kari Larson	Lewis & Clark	1989
800m	2:11.53	Patty Ley	PLU	1992
1500m	4:26.87	Patty Ley	PLU	1992
5000m	16:52.51	Dana Boyle	Puget Sound	5/1/99
10,000m	36:23.88	Leslie Nelson	Whitworth	4/24/04
100m Hurdles	14.38	Maile Barrett	Lewis & Clark	5/1/99
400m Hurdles	59.57	Amber Larsen	Linfield	5/4/01
3000m SC	10:59.44	Kari Holbert	Willamette	4/24/04
400m Relay	47.18	Lay,Osborne,C.Axley,S.Axley	PLU	5/4/99
1600m Relay	3:53.26	Pacific Lutheran University		1994
Heptathlon	4725 points	Kristi Osborne	PLU	4/12-13/99

\* The following times have been converted from yards to meters.

4/27/04



GFU TUNEUP-05 - 4/16/2005  
Coldord Field, Newberg, OR  
Results

Women 100 Meter Dash

Name	Year School	Finals
1 Swan, Jody	Lewis & Clark Co	12.78
2 Forbes, Michelle	George Fox	13.04
3 Barker, Brooke	Pacific U.	13.08
4 Newell, Kelsey	Linfield College	13.29
5 Stiglmeier, Caitlin	Linfield College	13.99
5 Llanes, Becky	Lewis & Clark Co	13.99
7 Housman, Lisa	Lewis & Clark Co	14.17

Women 200 Meter Dash

Name	Year School	Finals
1 Swan, Jody	Lewis & Clark Co	26.58
2 Schiele, Shannon	Linfield College	27.64
3 Noyd, Melissa	George Fox	28.16
4 Rohlfss, Emily	Linfield College	28.21
5 Reuland, Nellie	Linfield College	29.01

Women 400 Meter Dash

Name	Year School	Finals
1 McLain, Anna	George Fox	1:01.84
2 Ross, Kate	Lewis & Clark Co	1:03.96

Women 800 Meter Run

Name	Year School	Finals	H#
1 Thompson, Liz	Bruin TC	2:18.73	1
2 Giffey-Brohaugh, Rachel	George Fox	2:19.12	1
3 McHattie, Carla	Lewis & Clark Co	2:20.18	1
4 Beach, Jessica	George Fox	2:21.89	1
5 Laack, Terah	George Fox	2:25.86	1
6 Smith, Sarah	Pacific U.	2:27.24	2
7 Peterson, Jen	Western Oregon	2:30.95	1
8 Walter, Danielle	Lewis & Clark Co	2:31.45	2
9 Parady, Katelyn	Lewis & Clark Co	2:35.33	2
10 Ganser, Tara	Lewis & Clark Co	2:39.48	2
11 McNaughton, Hallie	Western Baptist	2:40.72	2
12 Tateishi, Caitlyn	Pacific U.	2:45.38	2

Women 1500 Meter Run

Name	Year School	Finals
------	-------------	--------

1	Konrad, Kari	Western Oregon	4:47.64
2	Smith, Sarah	Pacific U.	4:54.07
3	Murphy, Joanna	Linfield College	4:56.68
4	Phillips, Amanda	Lewis & Clark Co	5:00.39
5	Mentaberry, Whitney	Linfield College	5:04.93
6	Wells, Stacie	Western Oregon	5:06.25
7	Miles, Ali	Lewis & Clark Co	5:06.33
8	Pullen, Chelsea	Linfield College	5:10.34
9	McCaffrey, Therese	Lewis & Clark Co	5:19.78
10	Pfeiffer-Hoyt, Megan	Lewis & Clark Co	5:21.14
11	Weaver, Jen	Lewis & Clark Co	5:27.43
12	Sbordone, Laura	Lewis & Clark Co	5:34.06
--	Trutna, Leah	Western Oregon	DNF
--	Tateishi, Caitlyn	Pacific U.	DNF

#### Women 5000 Meter Run

Name	Year School	Finals
1 Upshaw, Stephanie	Western Oregon	19:30.32
2 Parry, Kim	Western Oregon	20:03.48
3 Gandrud, Harlan	Lewis & Clark Co	20:14.35
4 Horn, Rachael	Western Oregon	20:34.42
5 Smith, Jennifer	Western Oregon	20:52.43
6 Edwards, Lauren	Lewis & Clark Co	21:05.04
7 Nielsen, Jill	Western Baptist	21:08.16
8 Fehrenbach, Liz	Lewis & Clark Co	21:27.21
9 Manies, Steph	Unattached	22:21.78
10 Kjerulf, Lisa	Linfield College	22:35.45

#### Women 100 Meter Hurdles

Name	Year School	Finals	H#
1 Smith, Monica	Western Oregon	14.77	1
2 Callan, Nini	Western Oregon	15.34	1
3 Mahoney, Caitlin	Linfield College	16.17	1
3 Bernard, Riley	Linfield College	16.17	1
5 Barker, Sarah	Western Oregon	16.44	1
6 Rosson, Meagan	Linfield College	16.77	1
7 Barker, Brooke	Pacific U.	17.25	2
8 Ward, Jen	Pacific U.	18.02	2

#### Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 Rummell, Jennie	Western Oregon	1:07.90	
2 Nash, Natalie	Western Oregon	1:09.30	
3 Barker, Sarah	Western Oregon	1:09.38	

#### Women 4x100 Meter Relay

School	Finals	Points
1 George Fox University 'A'	51.82	
1) Noyd, Melissa	2) Marek-Farris, Melissa	

3) Bladorn, Kelly  
2 Western Oregon University 'A'

4) Alaimo, Katie  
52.22

#### Women 4x400 Meter Relay

School	Finals	Points
1 George Fox University 'A' <i>Noted, Nelson Book R GP</i>	4:08.72	
2 Western Oregon University 'A'	4:24.54	
3 Western Baptist College 'A'	4:37.56	

#### Women High Jump

Name	Year School	Finals	Points
1 Smith, Monica	Western Oregon	1.65m	5-05.00
2 Mahoney, Caitlin	Linfield College	1.54m	5-00.50
3 Marek-Farris, Melissa	George Fox	1.49m	4-10.50
4 Archibald, Mary	Western Oregon	1.44m	4-08.75
5 Aamodt, Kristin	Western Oregon	J1.44m	4-08.75

#### Women Pole Vault

Name	Year School	Finals	Points
1 Smith, Danielle	Western Oregon	3.10m	10-02.00
2 Weeber, Mandy	Linfield College	3.00m	9-10.00
3 Huddleston, Juli	Linfield College	2.90m	9-06.25
4 Gerrits, Shelby	Lewis & Clark Co	J2.90m	9-06.25
5 Campbell, Joan	Western Oregon	2.80m	9-02.25
-- Black, Victoria	George Fox	NH	

#### Women Long Jump

Name	Year School	Finals	Points
1 Ross, Kate	Lewis & Clark Co	5.28m	17-04.00
2 Kolb, Whitney	George Fox	4.99m	16-04.50
3 Kendall, Julie	Western Oregon	4.81m	15-09.50
4 Alaimo, Katie	George Fox	4.80m	15-09.00
5 Brocard, Lisa	Linfield College	4.67m	15-04.00
6 Vickers, Laura	Linfield College	4.44m	14-07.00
7 Black, Victoria	George Fox	4.02m	13-02.25

#### Women Triple Jump



Name	Year School	Finals	
Points			
=====			
=====			
1 Callan, Nini	Western Oregon	10.83m	35-06.50
2 Kendall, Julie	Western Oregon	10.04m	32-11.25
3 Black, Victoria	George Fox	9.22m	30-03.00

#### Women Shot Put

Name	Year School	Finals	
Points			
=====			
=====			
1 Claypool, Joni	Linfield College	12.61m	41-04.50
2 Bielenberg, Danielle	Linfield College	12.23m	40-01.50
3 Callan, Nini	Western Oregon	11.02m	36-02.00
4 Freed, Sabrina	Western Oregon	11.00m	36-01.25
5 Barker, Brooke	Pacific U.	10.90m	35-09.25
6 Haskin, Jenny	George Fox	9.19m	30-02.00

#### Women Discus Throw

Name	Year School	Finals	
Points			
=====			
=====			
1 Bielenberg, Danielle	Linfield College	38.50m	126-04
2 Paterson, Liz	Lewis & Clark Co	37.83m	124-01
3 Claypool, Joni	Linfield College	33.10m	108-07
4 Freed, Sabrina	Western Oregon	32.88m	107-10
5 Haskin, Jenny	George Fox	29.48m	96-09

#### Women Hammer Throw

Name	Year School	Finals	
Points			
=====			
=====			
1 Freed, Sabrina	Western Oregon	45.79m	150-03
2 Paterson, Liz	Lewis & Clark Co	45.76m	150-01
3 Bielenberg, Danielle	Linfield College	36.28m	119-00
4 Claypool, Joni	Linfield College	34.44m	113-00
-- Blankenship, Lindsey	George Fox	ND	

#### Women Javelin Throw

Name	Year School	Finals	
Points			
=====			
=====			
1 Arnall, Dee Dee	Pacific U.	39.81m	130-07
2 Mascorro, Lydia	Linfield College	37.82m	124-01

3	Callan, Nini	Western Oregon	36.56m	119-11
4	Rummell, Jennie	Western Oregon	32.46m	106-06
5	Aamodt, Kristin	Western Oregon	31.25m	102-06
6	Smith, Monica	Western Oregon	26.41m	86-08
7	Khaki, Noor	Lewis & Clark Co	22.80m	74-10
8	Zimmerman, Elizabeth	Lewis & Clark Co	16.80m	55-01

#### Men 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Vanassche, Scott	Linfield College	11.17	1	
2 Donovan, Justin	Pacific U.	11.34	2	
3 Allen, Casey	Linfield College	11.35	1	
4 Gitts, Derek	Western Oregon	11.36	1	
5 Nelson, Lance	Linfield College	11.43	1	
6 Jirges, Matt	Western Oregon	11.47	1	
7 Lau, Brad	Linfield College	11.48	2	
8 Anderson, Jason	Bruin TC	11.83	1	
9 Bentz, Paul	Western Oregon	11.91	2	
10 Petzing, Nick	Pacific U.	12.05	3	
11 Laloli, Travis	George Fox	12.35	2	
12 Cederstrom, Jared	Pacific U.	12.62	3	
13 Hoskins, Tyler	Bruin TC	12.64	2	
14 See, Brian	George Fox	12.65	2	
15 Kubrom, Aman	Lewis & Clark Co	12.84	3	
16 Chiarelli, Joseph	Bruin TC	12.91	3	

#### Men 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Gitts, Derek	Western Oregon	22.98	1	
2 Donovan, Justin	Pacific U.	23.19	1	
3 Anderson, Jason	Bruin TC	23.50	1	
4 Legary, Tyler	Linfield College	23.62	1	
5 Paine, Andrew	George Fox	23.79	1	
6 Kirchner, Brenden	Western Oregon	24.05	2	
7 Waller, michael	Western Oregon	24.25	2	
8 Bentz, Paul	Western Oregon	24.32	2	
9 Mellow, Zach	Pacific U.	24.88	2	
10 Greiss, P.J.	Pacific U.	25.06	2	
11 Whitaker, Matt	Pacific U.	25.79	2	
12 Cederstrom, Jared	Pacific U.	25.87	1	
-- Mollier, Derrek	Pacific U.	DNF	2	

#### Men 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Priester, Josh	George Fox	50.77	1	
2 Foote, Adam	Lewis & Clark Co	51.56	1	
3 Gregory, Skyler	Western Oregon	52.04	1	
4 Samuel, Cole	Western Oregon	52.34	1	
5 Davenport, Dan	Western Oregon	53.08	2	
6 Mellow, Zach	Pacific U.	53.26	2	
7 Waller, michael	Western Oregon	53.40	2	

8 Cobb, Bryan	George Fox	53.93	2
9 Whitaker, Matt	Pacific U.	55.18	2

#### Men 800 Meter Run

Name	Year School	Finals	Points
1 McCann, Jarrod	Lewis & Clark Co	1:54.22	
2 Bates, Brad	George Fox	1:55.32	
3 Mathiang, David	George Fox	1:58.53	
4 Williams, Andres	Western Oregon	2:00.11	
5 Vrendenburg, Josh	Western Oregon	2:03.64	
6 Greenman, Michael	Unattached	2:04.46	
7 Klein, Chad	Linfield College	2:04.75	
8 Gray, Adam	George Fox	2:06.26	
9 Hickey, Sergio	Pacific U.	2:09.89	
10 Dort, Ben	George Fox	2:11.13	

#### Men 1500 Meter Run

Name	Year School	Finals	Points
1 Stout, Jake	Unattached	3:55.60	
2 Workman, Brandon	Bruin TC	4:06.01	
3 Moe, Jake	George Fox	4:06.55	
4 Wells, Chase	Western Oregon	4:07.11	
5 Sasaki, Kent	Linfield College	4:09.20	
6 Bailey, David	Bowerman Athleti	4:10.01	
7 Wilson, Harrison	Linfield College	4:11.18	
8 Spofford, Fred	Linfield College	4:11.88	
9 Olson, Peter	Linfield College	4:13.85	
10 Watson, Austin	Lewis & Clark Co	4:16.54	
11 Delmore, David	George Fox	4:18.05	
12 Buswell, Andrew	Unattached	4:20.17	
13 McQueen, Wes	Lewis & Clark Co	4:20.26	
14 Cowger, Colin	Oregon St. TC	4:23.57	
15 Costa, Cary	Western Oregon	4:25.32	
16 Bullock, Leif	Lewis & Clark Co	4:27.08	
17 Ball, Scott	Bruin TC	4:27.28	
18 Altemus, Matt	Oregon St. TC	4:29.44	
19 Vrendenburg, Josh	Western Oregon	4:34.76	
20 Legg, Alexander	Oregon St. TC	4:36.50	
21 Friesen, Jeff	George Fox	4:38.96	

#### Men 5000 Meter Run

Name	Year School	Finals	Points
1 Hunsaker, Chad	Western Baptist	15:44.95	
2 Chuol, Michael	Bruin TC	15:52.34	
3 Mears, Ty	Lewis & Clark Co	16:22.86	
4 Mandsager, Paul	Lewis & Clark Co	17:26.95	
5 Mercer, Logan	Lewis & Clark Co	17:55.76	
6 Kimura, Brandon	Lewis & Clark Co	17:59.08	
7 Hunnicutt, Bryan	Unattached	18:37.26	
8 Goertz, Jon	Western Baptist	18:53.39	

# Men 110 Meter Hurdles

Name	Year School	Finals	Points
1 Davenport, Dan	Western Oregon	17.00	
2 Parker, Jeremy	Western Oregon	17.81	

# Men 400 Meter Hurdles

Name	Year School	Finals	Points
1 Harris, Seth	George Fox	53.71	
2 Setere, Lucas	Pacific U.	54.66	
3 Law, Don	Linfield College	56.82	
4 Clarkson, Lee	Western Oregon	59.54	
5 Flori, Caleb	Oregon St. TC	1:06.78	
6 Mollier, Derrek	Pacific U.	1:09.70	

# Men 4x100 Meter Relay

School	Finals	Points
1 Pacific University 'B'	48.78	
1) Cederstrom, Jared	2) Mollier, Derrek	
3) Whitaker, Matt	4) Hickey, Sergio	
-- Pacific University 'A'	DQ	
1) Mellow, Zach	2) Greiss, P.J.	
3) Petzing, Nick	4) Donovan, Justin	

# Men 4x400 Meter Relay

School	Finals	Points
1 Linfield College 'A'	3:26.61	
1) Legary, Tyler	2) Vanassche, Scott	
3) Killgore, Mike	4) Sagers, Dan	
2 George Fox University 'A'	3:33.57	
1) Paine, Andrew	2) Mathiang, David (ab)	
3) Sticka, Ryan	4) Bates, Brad Mathiang	
3 Pacific University 'A'	3:40.61	
1) Donovan, Justin	2) Mellow, Zach	
3) Whitaker, Matt	4) Setere, Lucas	
4 Oregon State Track Club 'A'	3:48.09	
1) Legg, Alexander	2) Cowger, Colin	
3) Flori, Caleb	4) Altemus, Matt	
5 Lewis & Clark College 'A'	3:53.27	
1) Kaiel, Nick	2) Watson, Austin	
3) Foote, Adam	4) McCann, Jarrod	

# Men High Jump

Name	Year School	Finals	Points
1 Johnson, Kylee	Unattached	2.09m	6-10.25

2	Parker, Jeremy	Western Oregon	1.90m	6-02.75
3	Mellow, Zach	Pacific U.	1.75m	5-08.75
4	Petzing, Nick	Pacific U.	J1.75m	5-08.75
5	Peach, Nick	Lewis & Clark Co	J1.75m	5-08.75

#### Men Pole Vault

Name	Year School	Finals
Points		
1 Twigg, Joseph	Western Oregon	4.45m 14-07.25
2 Laloli, Travis	George Fox	3.95m 12-11.50
3 Davenport, Dan	Western Oregon	3.85m 12-07.50
-- Hoskins, Tyler	Bruin TC	NH
-- Chiarelli, Joseph	Bruin TC	NH
-- Norris, Cole	Linfield College	NH
-- See, Brian	George Fox	NH
-- Carpenter, Brandon	Linfield College	NH
-- Tiogangco, Dayson	Linfield College	NH

#### Men Long Jump

Name	Year School	Finals
Points		
1 Dillow, Ben	George Fox	6.45m 21-02.00
2 Beatty, Doug	George Fox	6.33m 20-09.25
3 Maves, Drew	George Fox	6.31m 20-08.50
4 Nicholson, Cameron	Linfield College	6.19m 20-03.75
5 Woods, Andrew	Linfield College	6.12m 20-01.00
6 Petzing, Nick	Pacific U.	5.80m 19-00.50

#### Men Triple Jump

Name	Year School	Finals
Points		
1 Parker, Jeremy	Western Oregon	13.06m 42-10.25
2 Beatty, Doug	George Fox	12.64m 41-05.75
3 Peach, Nick	Lewis & Clark Co	12.19m 40-00.00
4 Maves, Drew	George Fox	11.53m 37-10.00

#### Men Shot Put

Name	Year School	Finals
Points		
1 Kline, Justin	Western Oregon	14.43m 47-04.25
2 Miles, Chris	Linfield College	13.87m 45-06.25

3	Jasmin, Brandon	Western Oregon	13.17m	43-02.50
4	Hermesen, Matt	Western Oregon	13.03m	42-09.00
5	Gohl, Andrew	Linfield College	12.98m	42-07.00
6	Babcock, Collin	Western Oregon	12.95m	42-06.00
7	Marin, Anthony	Unattached	12.21m	40-00.75
8	Mollier, Derrek	Pacific U.	10.86m	35-07.75

#### Men Discus Throw

Name	Year School	Finals	Points
1	Miles, Chris	Linfield College	45.13m 148-01
2	olson, travis	Unattached	44.68m 146-07
3	Smith, John	Unattached	44.32m 145-05
4	Kline, Justin	Western Oregon	41.53m 136-03
5	Jasmin, Brandon	Western Oregon	41.37m 135-09
6	Kleffner, Jake	Linfield College	40.93m 134-03
7	Marin, Anthony	Unattached	40.26m 132-01
8	Gohl, Andrew	Linfield College	40.16m 131-09
9	Babcock, Collin	Western Oregon	39.74m 130-04
10	Dillow, Ben	George Fox	36.47m 119-08
11	Holloway, Josh	Western Oregon	34.20m 112-02
12	Hermesen, Matt	Western Oregon	33.79m 110-10
--	Cole, Mat	Western Oregon	ND

#### Men Hammer Throw

Name	Year School	Finals	Points
1	Marin, Anthony	Unattached	45.07m 147-10
2	Miles, Chris	Linfield College	44.71m 146-08
3	Holloway, Josh	Western Oregon	42.42m 139-02
4	Kline, Justin	Western Oregon	40.70m 133-06
5	Jasmin, Brandon	Western Oregon	38.74m 127-01
6	Mills, Steve	Linfield College	34.62m 113-07
7	Kleffner, Jake	Linfield College	32.19m 105-07
8	Stine, Josh	Lewis & Clark Co	30.79m 101-00
9	Hermesen, Matt	Western Oregon	30.11m 98-09

#### Men Javelin Throw

Name	Year School	Finals	Points
1	Hutchinson, Mat	Western Oregon	59.05m 193-09
2	Zahn, Phil	Linfield College	56.34m 184-10
3	Gohl, Andrew	Linfield College	50.63m 166-01
4	Davenport, Dan	Western Oregon	50.27m 164-11
5	Corbin, Evan	Western Oregon	50.22m 164-09

6 Mills, Steve	Linfield College	50.05m	164-02
7 Cole, Mat	Western Oregon	49.86m	163-07
8 Dunn, Mark	Western Oregon	49.15m	161-03
9 Wood, Kris	Linfield College	46.16m	151-05
10 Lawton, Justin	Lewis & Clark Co	33.76m	110-09
-- Powell, Stuart	Western Oregon	ND	

**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005**  
**at Pacific Lutheran University**  
**Tacoma, Wash.**  
**Results - Decathlon**

**Men Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Erik Jensen		11.64	6.27m	9.69m	1.81m	54.24	16.34	28.38m	3.87m	53.64m	4:58.56
Pacific Lutheran University		w: 0.9	20-07	31-09.5	5-11.25		NWI	93-01	12-08.25	176-00	
Team Points: 10	6022	(723)	(646)	(467)	(636)	(630) 3102	(695)	(433)	(581)	(643)	(568)
2 KC Gillespie		11.14	6.57m	10.82m	1.72m	52.94	17.29	34.16m	3.37m	50.89m	5:24.28
Willamette University		w: 0.9	21-06.75	35-06	5-07.75		NWI	112-01	11-00.75	166-11	
Team Points: 8	5942	(830)	(713)	(535)	(560)	(684) 3322	(594)	(547)	(449)	(602)	(428)
3 Andrew Gohl		11.94	5.72m	12.58m	1.87m	59.14	18.57	39.85m	3.07m	50.91m	5:13.56
Linfield College		w: 0.9	18-09.25	41-03.25	6-01.5		NWI	130-09	10-00.75	167-00	
Team Points: 6	5555	(663)	(527)	(642)	(687)	(443) 2962	(471)	(662)	(374)	(602)	(484)
4 Mark Rice		11.74	6.13m	11.66m	1.69m	56.44	16.49	26.75m	2.67m	38.56m	5:02.36
Willamette University		w: 0.9	20-01.5	38-03.25	5-06.5		NWI	87-09	8-09	126-06	
Team Points: 5	5309	(703)	(615)	(586)	(536)	(542) 2982	(679)	(401)	(280)	(421)	(546)
5 Dan Haakenson		12.84	5.24m	10.97m	1.60m	1:02.84	23.20	40.84m	2.67m	41.95m	5:45.86
Pacific Lutheran University		w: 0.9	17-02.25	36-00	5-03		NWI	134-00	8-09	137-07	
Team Points: 4	4152	(495)	(429)	(544)	(464)	(322) 2254	(141)	(682)	(280)	(470)	(325)
6 Jordan Patterson		13.04	4.26m	8.80m	1.78m	1:15.64	20.92	29.65m	3.37m	20.06m	DNF
Whitworth College		w: 0.9	13-11.75	28-10.5	5-10		NWI	97-03	11-00.75	65-10	
Team Points: 3	3126	(461)	(249)	(414)	(610)	(43) 1777	(280)	(458)	(449)	(162)	(0)



**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005****at Pacific Lutheran University****Tacoma, Wash.****Results - Women's Day Two****Event 1 Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year School	Finals	Wind	Points
1 Sarah Marken	Whitworth College	4.99m	NWI 16-04.50	557
2 Michelle Forbes	George Fox	4.94m	NWI 16-02.50	543
3 Brooke Barker	Pacific University	4.86m	NWI 15-11.50	522
4 Emily Hinson	Whitworth College	4.61m	NWI 15-01.50	456
5 Jordyn Smith	Willamette	4.56m	NWI 14-11.50	443
6 Shannon McGrane	Willamette	4.47m	NWI 14-08.00	421
7 Riley Bernard	Linfield College	4.25m	NWI 13-11.50	367
8 Alicia Andrews	Willamette	4.16m	NWI 13-07.75	345
9 Tiffany Millet	Pacific Lutheran	4.12m	NWI 13-06.25	336
10 Alicia Steinruck	Pacific Lutheran	4.11m	NWI 13-06.00	333
11 Roseann Kassebaum	Willamette	3.88m	NWI 12-08.75	281

**Event 1 Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Year School	Finals	Points
1 Alicia Steinruck	Pacific Lutheran	35.42m	116-02 580
2 Brooke Barker	Pacific University	32.74m	107-05 529
3 Tiffany Millet	Pacific Lutheran	32.00m	105-00 515
4 Sarah Marken	Whitworth College	31.20m	102-04 499
5 Roseann Kassebaum	Willamette	27.08m	88-10 421
6 Michelle Forbes	George Fox	26.97m	88-06 419
7 Jordyn Smith	Willamette	23.49m	77-01 354
8 Riley Bernard	Linfield College	23.09m	75-09 347
9 Emily Hinson	Whitworth College	22.08m	72-05 328
10 Shannon McGrane	Willamette	18.37m	60-03 259
11 Alicia Andrews	Willamette	18.11m	59-05 254

**Event 1 Heptathlon: #7 Women 800 Meter Run Heptathlon**

Name	Year School	Finals	Points
1 Jordyn Smith	Willamette	2:15.82	881
2 Alicia Andrews	Willamette	2:17.20	862
3 Shannon McGrane	Willamette	2:17.33	860
4 Brooke Barker	Pacific University	2:26.38	739
5 Roseann Kassebaum	Willamette	2:26.77	734
6 Tiffany Millet	Pacific Lutheran	2:32.38	663
7 Riley Bernard	Linfield College	2:32.76	659
8 Sarah Marken	Whitworth College	2:35.64	624
9 Emily Hinson	Whitworth College	2:35.81	622
10 Michelle Forbes	George Fox	2:37.01	608
11 Alicia Steinruck	Pacific Lutheran	2:46.03	506

**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005****at Pacific Lutheran University****Tacoma, Wash.****Results - Women's Day One****Event 1 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	Year School	Finals	Wind	H#	Points
1 Shannon McGrane	Willamette	15.44	1.8	4	784
2 Sarah Marken	Whitworth College	15.94	1.3	2	722
3 Roseann Kassebaum	Willamette	16.24	1.8	4	685
4 Riley Bernard	Linfield College	16.64	2.6	1	638
5 Jordyn Smith	Willamette	16.84	1.3	2	615
6 Michelle Forbes	George Fox	16.94	2.6	1	603
7 Brooke Barker	Pacific University	17.04	1.5	3	592
7 Claire Benish	Puget Sound	17.04	2.6	1	592
9 JulieKay Brown	George Fox	17.64	1.5	3	526
10 Emily Hinson	Whitworth College	17.74	1.5	3	516
11 Alicia Andrews	Willamette	18.54	1.3	2	434
12 Alicia Steinruck	Pacific Lutheran	18.74	1.3	2	415
13 Tiffany Millet	Pacific Lutheran	20.94	1.8	4	229

**Event 1 Heptathlon: #2 Women High Jump Heptathlon**

Name	Year School	Finals	Points
1 Michelle Forbes	George Fox	1.66m	5-05.25 806
2 JulieKay Brown	George Fox	1.55m	5-01.00 678
3 Shannon McGrane	Willamette	1.52m	4-11.75 644
4 Brooke Barker	Pacific University	1.49m	4-10.50 610
4 Claire Benish	Puget Sound	1.49m	4-10.50 610
6 Jordyn Smith	Willamette	1.46m	4-09.50 577
7 Tiffany Millet	Pacific Lutheran	1.43m	4-08.25 544
8 Sarah Marken	Whitworth College	1.40m	4-07.00 512
8 Emily Hinson	Whitworth College	1.40m	4-07.00 512
10 Alicia Steinruck	Pacific Lutheran	1.37m	4-06.00 481
10 Alicia Andrews	Willamette	1.37m	4-06.00 481
12 Roseann Kassebaum	Willamette	1.34m	4-04.75 449
13 Riley Bernard	Linfield College	1.31m	4-03.50 419

**Event 1 Heptathlon: #3 Women Shot Put Heptathlon**

Name	Year School	Finals	Points
1 Brooke Barker	Pacific University	10.35m	33-11.50 552
2 Sarah Marken	Whitworth College	9.79m	32-01.50 516
3 Alicia Andrews	Willamette	9.49m	31-01.75 496
4 Alicia Steinruck	Pacific Lutheran	9.10m	29-10.25 471
5 Roseann Kassebaum	Willamette	9.04m	29-08.00 467
6 Shannon McGrane	Willamette	8.88m	29-01.75 456
7 Michelle Forbes	George Fox	8.83m	28-11.75 453
8 Emily Hinson	Whitworth College	8.35m	27-04.75 422
9 Jordyn Smith	Willamette	8.08m	26-06.25 405
10 Claire Benish	Puget Sound	7.76m	25-05.50 384
11 Tiffany Millet	Pacific Lutheran	7.41m	24-03.75 361
12 Riley Bernard	Linfield College	6.96m	22-10.00 332

**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005****at Pacific Lutheran University****Tacoma, Wash.****Results - Women's Day One****Event 1 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

=====						
Name	Year	School	Finals	Wind	H#	Points
=====						
1 Brooke Barker		Pacific University	26.24	2.0	1	776
2 Emily Hinson		Whitworth College	27.04	2.5	2	708
2 Alicia Andrews		Willamette	27.04	2.0	1	708
2 Michelle Forbes		George Fox	27.04	2.0	1	708
5 Sarah Marken		Whitworth College	27.24	2.0	1	692
5 Shannon McGrane		Willamette	27.24	2.5	2	692
7 Jordyn Smith		Willamette	27.44	2.5	2	676
8 Riley Bernard		Linfield College	28.04	2.0	1	628
8 Roseann Kassebaum		Willamette	28.04	2.5	2	628
10 Claire Benish		Puget Sound	29.14	2.0	1	544
11 Tiffany Millet		Pacific Lutheran	29.54	2.5	2	515
12 Alicia Steinruck		Pacific Lutheran	30.44	2.5	2	452

**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005**  
**at Pacific Lutheran University**  
**Tacoma, Wash.**  
**Results - Men's Day Two**

**Event 2 Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Year School	Finals	Wind	H#	Points
1 Ben Dillow	George Fox	15.44	NWI	2	797
2 Erik Jensen	Pacific Lutheran	16.34	NWI	2	695
3 Mark Rice	Willamette	16.49	NWI	2	679
4 KC Gillespie	Willamette	17.29	NWI	1	594
5 Andrew Gohl	Linfield College	18.57	NWI	1	471
6 Jordan Patterson	Whitworth College	20.92	NWI	1	280
7 Dan Haakenson	Pacific Lutheran	23.20	NWI	1	141

**Event 2 Decathlon: #7 Men Discus Throw Decathlon**

Name	Year School	Finals	Points
1 Dan Haakenson	Pacific Lutheran	40.84m	134-00 682
2 Andrew Gohl	Linfield College	39.85m	130-09 662
3 KC Gillespie	Willamette	34.16m	112-01 547
4 Jordan Patterson	Whitworth College	29.65m	97-03 458
5 Erik Jensen	Pacific Lutheran	28.38m	93-01 433
6 Mark Rice	Willamette	26.75m	87-09 401

**Event 2 Decathlon: #8 Men Pole Vault Decathlon**

Name	Year School	Finals	Points
1 Erik Jensen	Pacific Lutheran	3.87m 12-08.25	581
2 Jordan Patterson	Whitworth College	3.37m 11-00.75	449
2 KC Gillespie	Willamette	3.37m 11-00.75	449
4 Andrew Gohl	Linfield College	3.07m 10-00.75	374
5 Mark Rice	Willamette	2.67m 8-09.00	280
5 Dan Haakenson	Pacific Lutheran	2.67m 8-09.00	280

**Event 2 Decathlon: #9 Men Javelin Throw Decathlon**

Name	Year School	Finals	Points
1 Erik Jensen	Pacific Lutheran	53.64m 176-00	643
2 Andrew Gohl	Linfield College	50.91m 167-00	602
3 KC Gillespie	Willamette	50.89m 166-11	602
4 Dan Haakenson	Pacific Lutheran	41.95m 137-07	470
5 Mark Rice	Willamette	38.56m 126-06	421
6 Jordan Patterson	Whitworth College	20.06m 65-10	162

**Event 2 Decathlon: #10 Men 1500 Meter Run Decathlon**

Name	Year School	Finals	Points
1 Erik Jensen	Pacific Lutheran	4:58.56	568
2 Mark Rice	Willamette	5:02.36	546
3 Andrew Gohl	Linfield College	5:13.56	484
4 KC Gillespie	Willamette	5:24.28	428
5 Dan Haakenson	Pacific Lutheran	5:45.86	325
-- Jordan Patterson	Whitworth College	DNF	

## Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005

at Pacific Lutheran University

Tacoma, Wash.

## Results - Men's Day One

## Event 2 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	Points
1 KC Gillespie	Willamette	11.14	0.9	830
2 Ben Dillow	George Fox	11.34	0.9	786
3 Erik Jensen	Pacific Lutheran	11.64	0.9	723
4 Mark Rice	Willamette	11.74	0.9	703
4 Josh Priester	George Fox	11.74	0.9	703
6 Andrew Gohl	Linfield College	11.94	0.9	663
7 Dan Haakenson	Pacific Lutheran	12.84	0.9	495
8 Jordan Patterson	Whitworth College	13.04	0.9	461

## Event 2 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 KC Gillespie	Willamette	6.57m	NWI	21-06.75 713
2 Erik Jensen	Pacific Lutheran	6.27m	NWI	20-07.00 646
3 Ben Dillow	George Fox	6.26m	NWI	20-06.50 644
4 Mark Rice	Willamette	6.13m	NWI	20-01.50 615
5 Andrew Gohl	Linfield College	5.72m	NWI	18-09.25 527
6 Dan Haakenson	Pacific Lutheran	5.24m	NWI	17-02.25 429
7 Jordan Patterson	Whitworth College	4.26m	NWI	13-11.75 249
-- Josh Priester	George Fox	DQ	NWI	

## Event 2 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Andrew Gohl	Linfield College	12.58m	41-03.25 642
2 Mark Rice	Willamette	11.66m	38-03.25 586
3 Ben Dillow	George Fox	11.03m	36-02.25 548
4 Dan Haakenson	Pacific Lutheran	10.97m	36-00.00 544
5 KC Gillespie	Willamette	10.82m	35-06.00 535
6 Erik Jensen	Pacific Lutheran	9.69m	31-09.50 467
7 Jordan Patterson	Whitworth College	8.80m	28-10.50 414

## Event 2 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Andrew Gohl	Linfield College	1.87m	6-01.50 687
1 Ben Dillow	George Fox	1.87m	6-01.50 687
3 Erik Jensen	Pacific Lutheran	1.81m	5-11.25 636
4 Jordan Patterson	Whitworth College	1.78m	5-10.00 610
5 KC Gillespie	Willamette	1.72m	5-07.75 560
6 Mark Rice	Willamette	1.69m	5-06.50 536
7 Dan Haakenson	Pacific Lutheran	1.60m	5-03.00 464

## Event 2 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Ben Dillow	George Fox	52.14	719

**Northwest Conference Multi-Event Championship - 4/11/2005 to 4/12/2005****at Pacific Lutheran University****Tacoma, Wash.****Results - Men's Day One****....Event 2 Decathlon: #5 Men 400 Meter Dash Decathlon**

2	KC Gillespie	Willamette	52.94	684
3	Erik Jensen	Pacific Lutheran	54.24	630
4	Mark Rice	Willamette	56.44	542
5	Andrew Gohl	Linfield College	59.14	443
6	Dan Haakenson	Pacific Lutheran	1:02.84	322
7	Jordan Patterson	Whitworth College	1:15.64	43

**GEORGE FOX UNIVERSITY CARNIVAL ALL-COMERS**

April 9, 2005

Colcord Field

Sunny, mid 50's, some breezes

**Women 100 Meter Dash**

1 Brooke Barker	Pacific University	13.16
2 Kelsey Newell	Linfield College	13.36
3 Kelly Bladorn	George Fox	13.65
4 Caitlin Stiglmeier	Linfield College	13.80
5 Zinzile Maseko	Cascade College	13.84
6 Erin Siverlake	Pacific University	14.35

**Women 200 Meter Dash**

1 Kelsey Newell	Linfield College	26.89
2 Kelly Bladorn	George Fox	27.83
3 Melissa Noyd	George Fox	28.42 **
4 Nellie Reuland	Linfield College	28.78
5 Zinzile Maseko	Cascade College	28.83

**Women 400 Meter Dash**

1 Melissa Noyd	George Fox	1:04.84
2 Sara Laughlin	Western Baptist	1:11.32

**Women 1500 Meter Dash**

1 Casey Stepan	Linfield College	4:49.00
2 Rachel Giffey-Brohaugh	George Fox	4:54.42
3 Liesl Plomski	Evergreen State	6:10.54

**Women 800 Meter Run**

1 Bethany Adams	George Fox	2:25.69
2 Hallie McNaughton	Western Baptist	2:42.70
3 Liesl Plomski	Evergreen State	2:44.45
4 Kari Knutzen	Warner Pacific	2:49.30

**Women 5000 Meter Run**

1 Joanna Murphy	Linfield College	18:58.09
2 Chelsea Pullen	Linfield College	19:01.46
3 Whitney Mentaberry	Linfield College	19:37.59
4 Meryl Witt	Linfield College	19:51.90
5 Jill Nielsen	Western Baptist	19:56.33
6 Rachel Williams	Evergreen State	20:59.40

**Women 10000 Meter Run**

1 Sarah Smith	Pacific University	38:14.20
2 Briana Dunn	Warner Pacific	41:39.20
3 Meagan Mower	Evergreen State	43:45.80
4 Kara Geertz	George Fox	45:02.10 **
5 Lisa Kjerulf	Linfield College	49:51.30

**Women 100 Meter Hurdles**

1 Maura Williams	Linfield College	16.01
2 Meagan Rosson	Linfield College	17.04
3 Jen Ward	Pacific University	17.99
4 Brooke Barker	Pacific University	18.63

**Women 400 Meter Hurdles**

1 Melissa Marek-Farris	George Fox	1:08.35 ** A
2 Emily Rohlffs	Linfield College	1:11.36

**Women 3000 Meter Steeplechase**

1 Leighann Fischer (#2 ALL-TIME, #2 SOPHOMORE)	George Fox	11:59.74 ** A
2 Caitlyn Tateishi	Pacific University	13:09.54
3 Jessica Pyatt	Pacific University	13:17.34

**Women 4x100 Meter Relay**

1 Linfield College 'A'	50.94
2 Pacific University 'A'	54.41

**Women 4x400 Meter Relay**

1 Linfield College	4:11.50
2 George Fox University	4:11.57
(Noyd-66.3; Bladorn-61.8; Adams-63.9; Giffey-Brohaugh-59.7**)	

**Women High Jump**

1 Melissa Marek-Farris	George Fox	1.54m	5-00.50
-- Katie Alaimo	George Fox	NH	

**Women Pole Vault**

1 Julie Huddleston	Linfield College	3.20m	10-06.00
2 Mandy Weeber	Linfield College	2.90m	9-06.25
3 Victoria Black	George Fox	2.60m	8-06.25

**Women Long Jump**

1 Lisa Brocard	Linfield College	5.09m	16-08.50
2 Katie Alaimo	George Fox	4.74m	15-06.75 ##
3 Laura Vickers	Linfield College	4.69m	15-04.75
4 Julie Huddleston	Linfield College	4.47m	14-08.00
5 Kaleigh Stubblefield	Pacific University	4.24m	13-11.00

**Women Triple Jump**

1 Lisa Brocard	Linfield College	10.51m	34-05.75
2 Katie Alaimo	George Fox	9.63m	31-07.25

**Women Shot Put**

1 Joni Claypool	Linfield College	13.19m	43-03.25
2 Danielle Bielenberg	Linfield College	13.06m	42-10.25
3 Jenny Haskin	George Fox	9.93m	32-07.00 ##
4 Becca Duerr	Linfield College	9.88m	32-05.00

**Women Discus Throw**

1 Joni Claypool	Linfield College	40.06m	131-05
2 Danielle Bielenberg	Linfield College	38.94m	127-09
3 Becca Duerr	Linfield College	38.08m	124-11
4 Jenny Haskin	George Fox	30.97m	101-07
5 Kaylee Wilkinson	Cascade College	27.34m	89-08
6 Amber Heavilin	Warner Pacific	24.45m	80-02
7 Lindsey Blankenship	George Fox	23.10m	75-09

**Women Hammer Throw**

1 Lindsey Blankenship	George Fox	47.37m	155-05 ** B
NEW GFU and JUNIOR CLASS RECORD.... Own old, 153-01)			
2 Danielle Bielenberg	Linfield College	45.03m	147-09
3 Joni Claypool	Linfield College	33.97m	111-05

**Women Javelin Throw**

1 Dee Dee Arnall	Pacific University	38.08m	124-11
2 Lydia Mascorro	Linfield College	34.71m	113-10
3 Brooke Barker	Pacific University	34.59m	113-06
4 Victoria Black	George Fox	34.47m	113-01
5 Kristi Owens	Cascade College	26.37m	86-06
6 Katie Alaimo	George Fox	25.13m	82-05 **

**SCORDING** -- Marek-Farris-20; Noyd-18; Alaimo-17; Bladorn-16; Adams-12; Fischer, Haskins, Blankenship, Black and Giffey-Brohaugh-10; Geertz-4;



**Men 100 Meter Dash**

1	Drew Ragan	Linfield College	11.37	1
2	Javon Johnson	Cascade College	11.42	1
3	Lance Nelson	Linfield College	J11.42	1
4	Casey Allen	Linfield College	11.49	1
5	Justin Donovan	Pacific University	11.53	1
6	Jason Anderson	Bruin Track Club	11.68	1

**Men 200 Meter Dash**

1	Brad Bates	George Fox	22.76	
2	Lance Nelson	Linfield College	23.17	
3	Justin Donovan	Pacific University	23.27	
4	Jason Anderson	Bruin Track Club	23.30	
5	Javon Johnson	Cascade College	23.39	
6	Brad Lau	Linfield College	23.46	

**Men 400 Meter Dash**

1	Scott Vanassche	Linfield College	51.84	
2	Tyler Legary	Linfield College	52.74	
3	Joshua Gold	Unattached	53.64	
4	Zach Mellow	Pacific University	54.14	
5	Don Law	Linfield College	54.24	
6	Matt Whitaker	Pacific University	55.24	
7	Brandon Craven	George Fox	56.44	

**Men 800 Meter Run**

1	Ryan Sticka	George Fox	1:57.61	1 ##
2	Dan Sagers	Linfield College	2:00.03	1
3	Justin Brandt	Linfield College	2:00.06	1
4	Lucas Setere	Pacific University	2:00.85	1
5	Bryan Cobb	George Fox	2:02.05	1
6	Chad Klein	Linfield College	2:02.31	1
-	Michael Chuol	Bruin Track Club	2:02.70	2
-	Adam Gray	George Fox	2:06.54	2 ##
-	Ben Dort	George Fox	2:08.44	2
-	Scott Ball	Bruin Track Club	2:08.83	2

**Men 1500 Meter Run**

1	Chad Hunsaker	Western Baptist	4:08.41	
2	David Mathiang	George Fox	4:10.00	
3	Danny Dobra	Warner Pacific	4:12.95	
4	Harrison Wilson	Linfield College	4:13.04	
5	Peter Olson	Linfield College	4:14.12	
6	Miguel Pineda	U-Evergreen State	4:21.39	

**Men 5000 Meter Run**

1	Matt Burg	George Fox	15:56.94	
2	Grant Finney	George Fox	16:01.31	
3	Michael Chuol	Bruin Track Club	16:06.22	
4	Fred Spofford	Linfield College	16:09.19	
5	Kent Sasaki	Linfield College	16:18.00	
6	David Delmore	George Fox	16:24.81	
-	Jeff Friesen	George Fox	17:54.19	

**Men 10000 Meter Run**

1	John Riak	U-St. Martin's C	32:53.50	
2	James Hudson	Evergreen State	34:30.00	
3	Jason McConnell	Evergreen State	35:44.00	
4	Patrick Murphy	Evergreen State	40:29.10	

**Men 110 Meter Hurdles**

1	Todd Penman	Warner Pacific	17.34	
2	Roy Adams	U-Warner Pacific	J17.34	
3	Jase Wambold	Pacific University	20.74	

**Men 400 Meter Hurdles**

1	Todd Penman	Warner Pacific	58.34
2	Eric Snow	Linfield College	59.64
3	Andrew Paine	George Fox	60.04
4	Roy Adams	U-Warner Pacific	60.94
5	Derrek Mollier	Pacific University	68.24

**Men 3000 Meter Steeplechase**

1	Jake Moe	George Fox	9:57.20 ** A
2	Josh Henson	Pacific University	10:10.08

**Men 4x100 Meter Relay**

1	George Fox University (Maves, Paine, Bates, Harris)	42.93 **
2	Linfield College	43.45
3	Pacific University	46.03

**Men 4x400 Meter Relay**

1	George Fox University (Paine-53.0; Cobb-53.9; Sticka-50.5##; Harris-48.1##)	3:25.61
2	Linfield College	3:27.38
3	Linfield College	3:32.24
4	George Fox University (Maves-54.6; Mathiang-51.6##; Gray-54.2**; Craven-54.4##)	3:34.77

**Men High Jump**

1	Wes Powers	Warner Pacific	1.90m	6-02.75
2	Zach Mellow	Pacific University	1.75m	5-08.75
2	Nick Petzing	Pacific University	1.75m	5-08.75

**Men Pole Vault**

1	Travis Laloli	George Fox	3.95m	12-11.50
2	Brian See	George Fox	3.65m	11-11.75
3	Joseph Chiarelli	Bruin Track Club	3.25m	10-08.00
--	Tyler Hoskins	Bruin Track Club	NH	

**Men Long Jump**

1	Drew Ragan	Linfield College	6.23m	20-05.25
2	Doug Beatty	George Fox	6.17m	20-03.00
2	Cameron Nicholson	Linfield College	6.17m	20-03.00
4	Drew Maves	George Fox	6.10m	20-00.25
5	Andrew Woods	Linfield College	6.08m	19-11.50
6	Ryan Rouse	Cascade College	5.98m	19-07.50
-	Joseph Chiarelli	Bruin Track Club	4.87m	15-11.75 **

**Men Triple Jump**

1	Wes Powers	Warner Pacific	13.29m	43-07.25
2	Doug Beatty	George Fox	12.57m	41-03.00
3	Ryan Rouse	Cascade College	12.51m	41-00.50
4	Cameron Nicholson	Linfield College	12.47m	40-11.00
5	Drew Maves	George Fox	11.97m	39-03.25 ##
6	Kevin McElhinney	Cascade College	11.23m	36-10.25

**Men Shot Put**

1	Andrew Thron	Linfield College	14.43m	47-04.25
2	Chris Miles	Linfield College	13.60m	44-07.50
3	Scott Owens	Warner Pacific	13.15m	43-01.75
4	Bo Lockhart	Linfield College	12.56m	41-02.50
5	Randall White	Warner Pacific	11.47m	37-07.75
6	Derrek Mollier	Pacific University	11.17m	36-07.75

**Men Discus Throw**

1	Derrick Gleason	Linfield College	45.03m	147-09
2	Travis Olson	U-Linfield College	44.16m	144-10
3	Andrew Gohl	Linfield College	43.65m	143-02
4	Andrew Thron	Linfield College	41.49m	136-01
5	Chris Miles	Linfield College	41.21m	135-02
6	Scott Owens	Warner Pacific	41.05m	134-08

**Men Hammer Throw**

1	Andrew Thron	Linfield College	47.23m	154-11
2	Noah Matsumoto	Whitman College	39.31m	129-00
3	Chris Miles	Linfield College	38.52m	126-04
4	Derrick Gleason	Linfield College	37.29m	122-04
5	Steve Mills	Linfield College	35.89m	117-09
6	Jake Kleffner	Linfield College	34.80m	114-02

**Men Javelin Throw**

1	Corey Swim	U-Warner Pacific	64.60m	211-11
2	Matt Gassaway	George Fox	58.98m	193-06
3	Phil Zahn	Linfield College	55.73m	182-10
4	Kris Wood	Linfield College	49.07m	161-00
5	Steve Mills	Linfield College	48.53m	159-03
6	Andrew Gohl	Linfield College	47.17m	154-09

**SCORING** -- Beatty-16; Bates and Sticka-12.5; Paine-11; Maves-10.5; Mathiang, Burg, Laloli, Moe and Gassawy-10; Finney and See-8; Harris-5; Cobb-4.5; Craven-3; Delmore and Gray-2;

Results

Women 100 Meter Dash

Name	Year School	Finals	Points
1 Brooke Barker	Pacific University	13.16	
2 Kelsey Newell	Linfield College	13.36	
3 Kelly Bladorn	George Fox	13.65	
4 Caitlin Stiglmeier	Linfield College	13.80	
5 Zinzile Maseko	Cascade College	13.84	
6 Erin Siverlake	Pacific University	14.35	

Women 200 Meter Dash

Name	Year School	Finals	Points
1 Kelsey Newell	Linfield College	26.89	
2 Kelly Bladorn	George Fox	27.83	
3 Melissa Noyd	George Fox	28.42	
4 Nellie Reuland	Linfield College	28.78	
5 Zinzile Maseko	Cascade College	28.83	

Women 400 Meter Dash

Name	Year School	Finals	Points
1 Melissa Noyd	George Fox	1:04.84	
2 Sara Laughlin	Western Baptist	1:11.32	

Women 1500 Meter Dash

Name	Year School	Finals	Points
1 Casey Stepan	Linfield College	4:49.00	
2 Rachel Giffey-Brohaugh	George Fox	4:54.42	
3 Liesl Plomski	Evergreen State	6:10.54	

Women 800 Meter Run

Name	Year School	Finals	Points
1 Bethany Adams	George Fox	2:25.69	
2 Hallie McNaughton	Western Baptist	2:42.70	
3 Liesl Plomski	Evergreen State	2:44.45	
4 Kari Knutzen	Warner Pacific	2:49.30	

Women 5000 Meter Run

Name	Year School	Finals	Points
1 Joanna Murphy	Linfield College	18:58.09	
2 Chelsea Pullen	Linfield College	19:01.46	
3 Whitney Mentaberry	Linfield College	19:37.59	
4 Meryl Witt	Linfield College	19:51.90	
5 Jill Nielsen	Western Baptist	19:56.33	

6 Rachel Williams                      Evergreen State                      20:59.40

Women 10000 Meter Run

Name	Year School	Finals	Points
1 Sarah Smith	Pacific University	38:14.20	
2 Briana Dunn	Warner Pacific	41:39.20	
3 Meagan Mower	Evergreen State	43:45.80	
4 Kara Geertz	George Fox	45:02.10	
5 Lisa Kjerulf	Linfield College	49:51.30	

Women 100 Meter Hurdles

Name	Year School	Finals	Points
1 Maura Williams	Linfield College	16.01	
2 Meagan Rosson	Linfield College	17.04	
3 Jen Ward	Pacific University	17.99	
4 Brooke Barker	Pacific University	18.63	

Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 Melissa Marek-Farris	George Fox	1:08.35	
2 Emily Rohlffs	Linfield College	1:11.36	

Women 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Leighann Fischer	George Fox	11:59.5h	
2 Caitlyn Tateishi	Pacific University	13:09.3h	
3 Jessica Pyatt	Pacific University	13:17.1h	

Women 4x100 Meter Relay

School	Finals	Points
1 Linfield College 'A'	50.94	
1) Caitlin Stiglmeier		
2) Maura Williams		
3) Riley Bernard		
4) Kelsey Newell		
2 Pacific University 'A'	54.41	
1) Brooke Barker		
2) Erin Siverlake		
3) Kaleigh Stubblefield		
4) Meghan Fredette		

Women 4x400 Meter Relay

School	Finals	Points
1 Linfield College 'A'	4:11.50	
2 George Fox University 'A'	4:11.57	
1) Melissa Noyd		
2) Kelly Bladorn		
3) Bethany Adams		
4) Rachel Giffey-Brohaugh		

Women High Jump

Name	Year School	Finals	Points
1 Melissa Marek-Farris	George Fox	1.54m	5-00.50
-- Katie Alaimo	George Fox	NH	

# Women Pole Vault

Name	Year School	Finals	Points
1 Julie Huddleston	Linfield College	3.30m 10-10.00	
2 Mandy Weeber	Linfield College	2.90m 9-06.25	
3 Victoria Black	George Fox	2.60m 8-06.25	

# Women Long Jump

Name	Year School	Finals	Points
1 Lisa Brocard	Linfield College	5.09m 16-08.50	
2 Katie Alaimo	George Fox	4.74m 15-06.75	
3 Laura Vickers	Linfield College	4.69m 15-04.75	
4 Julie Huddleston	Linfield College	4.47m 14-08.00	
5 Kaleigh Stubblefield	Pacific University	4.24m 13-11.00	

# Women Triple Jump

Name	Year School	Finals	Points
1 Lisa Brocard	Linfield College	10.51m 34-05.75	
2 Katie Alaimo	George Fox	9.63m 31-07.25	

# Women Shot Put

Name	Year School	Finals	Points
1 Joni Claypool	Linfield College	13.19m 43-03.25	
2 Danielle Bielenberg	Linfield College	13.06m 42-10.25	
3 Jenny Haskin	George Fox	9.93m 32-07.00	
4 Becca Duerr	Linfield College	9.88m 32-05.00	

# Women Discus Throw

Name	Year School	Finals	Points
1 Joni Claypool	Linfield College	40.06m 131-05	
2 Danielle Bielenberg	Linfield College	38.94m 127-09	
3 Becca Duerr	Linfield College	38.08m 124-11	
4 Jenny Haskin	George Fox	30.97m 101-07	
5 Kaylee Wilkinson	Cascade College	27.34m 89-08	
6 Amber Heavilin	Warner Pacific	24.45m 80-02	
7 Lindsey Blankenship	George Fox	23.10m 75-09	

# Women Hammer Throw

Name	Year School	Finals	Points
1 Lindsey Blankenship	George Fox	47.37m 155-05	
2 Danielle Bielenberg	Linfield College	45.03m 147-09	
3 Joni Claypool	Linfield College	33.97m 111-05	

# Women Javelin Throw

Name	Year School	Finals	Points
1 Dee Dee Arnall	Pacific University	38.08m 124-11	
2 Lydia Mascorro	Linfield College	34.71m 113-10	
3 Brooke Barker	Pacific University	34.59m 113-06	
4 Victoria Black	George Fox	34.47m 113-01	
5 Kristi Owens	Cascade College	26.37m 86-06	

6 Katie Alaimo

George Fox

25.13m

82-05

## Men 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Drew Ragan	Linfield College	11.37	1	
2 Javon Johnson	Cascade College	11.42	1	
3 Lance Nelson	Linfield College	11.42	1	
4 Casey Allen	Linfield College	11.49	1	
5 Justin Donovan	Pacific University	11.53	1	
6 Jason Anderson	Bruin Track Club	11.68	1	
7 Anton Stupnitskiy	Warner Pacific	11.95	1	
8 Jarrett Habu	Linfield College	12.05	1	
9 Nick Petzing	Pacific University	12.38	2	
10 Jared Cederstrom	Pacific University	12.95	2	

## Men 200 Meter Dash

Name	Year School	Finals	Points
1 Brad Bates	George Fox	22.76	
2 Lance Nelson	Linfield College	23.17	
3 Justin Donovan	Pacific University	23.27	
4 Jason Anderson	Bruin Track Club	23.30	
5 Javon Johnson	Cascade College	23.39	
6 Brad Lau	Linfield College	23.46	
7 P.J. Greiss	Pacific University	25.20	
8 Derrek Mollier	Pacific University	26.80	

## Men 400 Meter Dash

Name	Year School	Finals	Points
1 Scott Vanassche	Linfield College	51.6h	
2 Tyler Legary	Linfield College	52.5h	
3 Joshua Gold	Unattached	53.4h	
4 Zach Mellow	Pacific University	53.9h	
5 Don Law	Linfield College	54.0h	
6 Matt Whitaker	Pacific University	55.0h	
7 Brandon Craven	George Fox	56.2h	

## Men 800 Meter Run

Name	Year School	Finals	H#	Points
1 Ryan Sticka	George Fox	1:57.61	1	
2 Dan Sagers	Linfield College	2:00.03	1	
3 Justin Brandt	Linfield College	2:00.06	1	
4 Lucas Setere	Pacific University	2:00.85	1	
5 Bryan Cobb	George Fox	2:02.05	1	
6 Chad Klein	Linfield College	2:02.31	1	
7 Michael Chuol	Bruin Track Club	2:02.70	2	
7 David Bailey	Bowerman Athleti	2:02.70	1	
9 Eli Asch	Whitman College	2:04.17	2	
10 Mike Killgore	Linfield College	2:04.54	1	
11 Adam Gray	George Fox	2:06.54	2	
12 Ben Dort	George Fox	2:08.44	2	
13 Scott Ball	Bruin Track Club	2:08.83	2	
14 Miguel Pineda	U-Evergreen State	2:09.40	1	
15 Sergio Hickey	Pacific University	2:11.74	2	
16 Mike Merrell	Cascade College	2:16.35	2	
17 James Stevens	Unattached	2:29.76	2	

# Men 1500 Meter Run

Name	Year School	Finals	Points
1 Chad Hunsaker	Western Baptist	4:08.41	
2 David Mathiang	George Fox	4:10.00	
3 Danny Dobra	Warner Pacific	4:12.95	
4 Harrison Wilson	Linfield College	4:13.04	
5 Peter Olson	Linfield College	4:14.12	
6 Miguel Pineda	U-Evergreen State	4:21.39	
7 Eli Asch	Whitman College	4:21.64	
8 Patrick Cade	Whitman College	4:40.43	
9 James Stevens	Clackamas CC	4:46.80	

# Men 5000 Meter Run

Name	Year School	Finals	Points
1 Matt Burg	George Fox	15:56.94	
2 Grant Finney	George Fox	16:01.31	
3 Michael Chuol	Bruin Track Club	16:06.22	
4 Fred Spofford	Linfield College	16:09.19	
5 Kent Sasaki	Linfield College	16:18.00	
6 David Delmore	George Fox	16:24.81	
7 David Christian	Warner Pacific	16:25.24	
8 Sam Carter	U-Warner Pacific	16:37.88	
9 Brent Fahsholz	Western Baptist	16:43.22	
10 Joel Pearson	Evergreen State	16:48.69	
11 Kyle Ellis	Cascade College	16:55.10	
12 James Hudson	Evergreen State	17:09.33	
13 Jeff Friesen	George Fox	17:54.19	
14 Adam Kopet	Whitman College	17:59.08	
15 Jon Goertz	Western Baptist	19:03.84	

# Men 10000 Meter Run

Name	Year School	Finals	Points
1 John Riak	U-St. Martin's C	32:53.50	
2 James Hudson	Evergreen State	34:30.00	
3 Jason McConnell	Evergreen State	35:44.00	
4 Patrick Murphy	Evergreen State	40:29.10	
-- Alejandro Dominguez Mora	Unattached	DNF	

# Men 110 Meter Hurdles

Name	Year School	Finals	Points
1 Todd Penman	Warner Pacific	17.1h	
2 Roy Adams	U-Warner Pacific	17.1h	
3 Jase Wambold	Pacific University	20.5h	

# Men 400 Meter Hurdles

Name	Year School	Finals	Points
1 Todd Penman	Warner Pacific	58.1h	
2 Eric Snow	Linfield College	59.4h	
3 Andrew Paine	George Fox	59.8h	
4 Roy Adams	U-Warner Pacific	1:00.7h	
5 Derrek Mollier	Pacific University	1:08.0h	



# Men 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Jake Moe	George Fox	9:57.20	
2 Josh Henson	Pacific University	10:10.08	

# Men 4x100 Meter Relay

School	Finals	Points
1 George Fox University 'A'	42.93	
1) Drew Maves	2) Andrew Paine	
3) Brad Bates	4) Seth Harris	
2 Linfield College 'A'	43.45	
1) Scott Vanassche	2) Drew Ragan	
3) Casey Allen	4) Lance Nelson	
3 Pacific University 'A'	46.03	
1) Jared Cederstrom	2) Justin Donovan	
3) Nick Petzing	4) P.J. Greiss	

# Men 4x400 Meter Relay

School	Finals	Points
1 George Fox University 'A'	3:25.61	
1) Andrew Paine	2) Ryan Sticka	
3) Brad Bates	4) Seth Harris	
2 Linfield College 'A'	3:27.38	
3 Linfield College 'B'	3:32.24	
4 George Fox University 'B'	3:34.77	
1) Drew Maves	2) David Mathiang	
3) Bryan Cobb	4) Brandon Craven	

# Men High Jump

Name	Year School	Finals	Points
1 Wes Powers	Warner Pacific	1.90m	6-02.75
2 Zach Mellow	Pacific University	1.75m	5-08.75
2 Nick Petzing	Pacific University	1.75m	5-08.75

# Men Pole Vault

Name	Year School	Finals	Points
1 Travis Laloli	George Fox	3.95m	12-11.50
2 Brian See	George Fox	3.65m	11-11.75
3 Joseph Chiarelli	Bruin Track Club	3.25m	10-08.00
-- Jared Cederstrom	Pacific University	NH	
-- Tyler Hoskins	Bruin Track Club	NH	

# Men Long Jump

Name	Year School	Finals	Points
1 Drew Ragan	Linfield College	6.23m	20-05.25
2 Doug Beatty	George Fox	6.17m	20-03.00
2 Cameron Nicholson	Linfield College	6.17m	20-03.00
4 Drew Maves	George Fox	6.10m	20-00.25
5 Andrew Woods	Linfield College	6.08m	19-11.50
6 Ryan Rouse	Cascade College	5.98m	19-07.50
7 Jeremy Leitz	Reed College	5.74m	18-10.00

8	Don Law	Linfield College	5.73m	18-09.75
9	Nick Petzing	Pacific University	5.54m	18-02.25
10	Roy Adams	U-Warner Pacific	5.38m	17-08.00
11	Joshua Gold	Unattached	5.33m	17-06.00
12	P.J. Greiss	Pacific University	4.89m	16-00.50
13	Joseph Chiarelli	Bruin Track Club	4.87m	15-11.75
14	Jase Wambold	Pacific University	4.50m	14-09.25

#### Men Triple Jump

Name	Year School	Finals	Points
1 Wes Powers	Warner Pacific	13.29m	43-07.25
2 Doug Beatty	George Fox	12.57m	41-03.00
3 Ryan Rouse	Cascade College	12.51m	41-00.50
4 Cameron Nicholson	Linfield College	12.47m	40-11.00
5 Drew Maves	George Fox	11.97m	39-03.25
6 Kevin McElhinney	Cascade College	11.23m	36-10.25

#### Men Shot Put

Name	Year School	Finals	Points
1 Andrew Thron	Linfield College	14.43m	47-04.25
2 Chris Miles	Linfield College	13.60m	44-07.50
3 Scott Owens	Warner Pacific	13.15m	43-01.75
4 Bo Lockhart	Linfield College	12.56m	41-02.50
5 Randall White	Warner Pacific	11.47m	37-07.75
6 Derrek Mollier	Pacific University	11.17m	36-07.75
-- Doug Eckert	Cascade College	DNF	
-- Todd Harlow	Warner Pacific	DNF	

#### Men Discus Throw

Name	Year School	Finals	Points
1 Derrick Gleason	Linfield College	45.03m	147-09
2 Travis Olson	U-Linfield College	44.16m	144-10
3 Andrew Gohl	Linfield College	43.65m	143-02
4 Andrew Thron	Linfield College	41.49m	136-01
5 Chris Miles	Linfield College	41.21m	135-02
6 Scott Owens	Warner Pacific	41.05m	134-08
7 Jake Kleffner	Linfield College	34.90m	114-06
8 Todd Harlow	Warner Pacific	27.55m	90-05
9 Gaelon Spradley	Cascade College	26.16m	85-10

#### Men Hammer Throw

Name	Year School	Finals	Points
1 Andrew Thron	Linfield College	47.23m	154-11
2 Noah Matsumoto	Whitman College	39.31m	129-00
3 Chris Miles	Linfield College	38.52m	126-04
4 Derrick Gleason	Linfield College	37.29m	122-04
5 Steve Mills	Linfield College	35.89m	117-09
6 Jake Kleffner	Linfield College	34.80m	114-02
7 Tim Foster	Pacific University	32.39m	106-03

#### Men Javelin Throw

Name	Year School	Finals	Points
1 Corey Swim	U-Warner Pacific	64.60m	211-11

2	Matt Gassaway	George Fox	58.98m	193-06
3	Phil Zahn	Linfield College	55.73m	182-10
4	Kris Wood	Linfield College	49.07m	161-00
5	Steve Mills	Linfield College	48.53m	159-03
6	Andrew Gohl	Linfield College	47.17m	154-09
7	Tim Foster	Pacific University	46.55m	152-09
8	Jase Wambold	Pacific University	39.37m	129-02

**Lewis & Clark Invitational**  
4/1-2/05

Partly sunny, mild, breezes

**WOMEN'S TEAM SCORING --**

(1) Linfield 248; (2) Lewis & Clark 111; (3) George Fox 105;  
(4) Pacific (Ore.) 24; (5) Cascade College 16

**100 Meter Dash**

1 Bladorn, Kelly	George Fox	13.57	10
2 Alaimo, Katie	George Fox	13.60 ## A	8
3 Stiglmeier, Caitli	Linfield	13.76	6
4 Maseko, Zinzile	Cascade College	13.97	4
5 Llanes, Becky	L&C	13.98	2
6 Noyd, Melissa	George Fox	13.99 **	1
7 Housman, Lisa	L&C	14.62	

**200 Meter Dash**

1 Swan, Jody	L&C	26.26	10
2 Forbes, Michelle	George Fox	26.86 **	8
3 Newell, Kelsey	Linfield	27.09	6
4 Stiglmeier, Caitli	Linfield	28.20	4
5 Laack, Terah	George Fox	28.80 ##	2
6 Maseko, Zinzile	Cascade College	28.86	1
7 Reuland, Nellie	Linfield	28.93	
8 Noyd, Melissa	George Fox	28.95	

**400 Meter Dash**

1 Swan, Jody	L&C	57.88	10
2 Barker, Brooke	Pacific	59.62	8
3 Giffey-Brohaugh, R	George Fox	59.71 ** A	6
4 Newell, Kelsey	Linfield	1:00.45	4
5 Schiele, Shannon	Linfield	1:02.16	2
6 Adams, Bethany	George Fox	1:02.56 ## A	1
7 Laack, Terah	George Fox	1:03.85	

**800 Meter Run**

1 McHattie, Carla	L&C	2:27.13	10
2 Murphy, Joanna	Linfield	2:30.29	8

**1500 Meter Run**

1 McHattie, Carla	L&C	4:56.21	10
2 Stepan, Casey	Linfield	4:56.48	8
3 Beach, Jessica	George Fox	5:03.36 ## A	6
4 Murphy, Joanna	Linfield	5:09.92	4
5 Phillips, Amanda	L&C	5:11.76	2
6 Walter, Danielle	L&C	5:17.51	1
7 Miles, Ali	L&C	5:18.16	
8 Parady, Katelyn	L&C	5:26.06	

**5000 Meter Run**

1 Mentaberry, Whitne	Linfield	19:18.54	10
2 Pullen, Chelsea	Linfield	19:21.09	8
3 Witt, Meryl	Linfield	19:34.03	6
4 McCaffrey, Therese	L&C	19:34.93	4
5 Weaver, Jen	L&C	19:37.04	2
6 Pfeiffer-Hoyt, Meg	L&C	19:57.74	1
- Geertz, Kara	George Fox	20:57.53 **	

**AT WILLAMETTE INV.**

- Fischer, Leighann	George Fox	18:38.89 **	
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**100 Meter Hurdles**

1 Williams, Maura	Linfield	16.06	10
2 Bernard, Riley	Linfield	16.45	8
3 Brown, JulieKay	George Fox	16.56 ##	6
4 Rosson, Meagan	Linfield	16.81	4
5 Forbes, Michelle	George Fox	16.96	2
6 Marek-Farris, Melissa	George Fox	17.12 ** A	1

**400 Meter Hurdles**

1 Thompson, Liz	BTC	65.27	--
2 Ross, Kate	L&C	66.46	10
2 Bernard, Riley	Linfield	68.73	8
3 Rohlfss, Emily	Linfield	71.29	6
4 Rosson, Meagan	Linfield	71.38	4

**3000 Meter Steeplechase**

1 Pullen, Chelsea	Linfield	12:11.38	10
2 Mentaberry, Whitne	Linfield	12:17.36	8
3 Tateishi, Caitlyn	Pacific	13:19.20	6

**4x100 Meter Relay**

1 Linfield	51.53	10
-- Lewis & Clark	DQ	

**4x400 Meter Relay**

1 George Fox 'A'	4:04.74 **	10
(Brown-61.0**; RGB-60.0**; Bladorn-61.6; Beach-61.9**)		
2 Lewis & Clark 'A'	4:08.41	8
3 Linfield	4:09.52	6
4 Lewis & Clark 'B'	4:34.18	-
-- George Fox 'B'	DNF	
(Adams-62.9**; Noyd-65.5**; Marek-Farris-65.2**.....)		

**High Jump**

1 Marek-Farris, Melissa	George Fox	1.58m	5-02.25	10	** A
2 Mahoney, Caitlin	Linfield	1.53m	5-00.25	8	
3 Kolb, Whitney	George Fox	1.43m	4-08.25	6	## A

**Pole Vault**

1 Weeber, Mandy	Linfield	3.06m	10-00.50	10	
2 Huddleston, Juli	Linfield	3.05m	10-00.00	8	
3 Gerrits, Shelby	L&C	2.90m	9-06.25	6	
4 Black, Victoria	George Fox	2.75m	9-00.25	4	

**Long Jump**

1 Ross, Kate	L&C	5.12m	16-09.75	10	
2 Brocard, Lisa	Linfield	4.94m	16-02.50	8	
3 Alaimo, Katie	George Fox	4.71m	15-05.50	6	##
4 Vickers, Laura	Linfield	4.48m	14-08.50	4	
5 Huddleston, Juli	Linfield	4.39m	14-05.00	2	
6 Brown, JulieKay	George Fox	4.30m	14-01.25	1	**

**Triple Jump**

1 Kolb, Whitney	George Fox	10.86m	35-07.75	10	## A
(#6 All-Time)					
2 Brocard, Lisa	Linfield	10.44m	34-03.00	8	
3 Llanes, Becky	L&C	9.66m	31-08.50	6	

**Shot Put**

1 Claypool, Joni	Linfield	13.29m	43-07.25	10	
2 Bielenberg, Daniel	Linfield	12.55m	41-02.25	8	
3 Smalley, Audra	Cascade College	11.79m	38-08.25	6	
4 Paterson, Liz	L&C	9.69m	31-09.50	4	

**Discus Throw**

1 Bielenberg, Daniel	Linfield	37.63m	123-05	10	
2 Claypool, Joni	Linfield	37.30m	122-04	8	
3 Duerr, Rebecca	Linfield	36.30m	119-01	6	
4 Paterson, Liz	L&C	34.07m	111-09	4	
5 Blankenship, Linds	George Fox	28.72m	94-03	2	
6 Wilkinson, Kaylee	Cascade College	26.88m	88-02	1	
7 Johnson, Leah	Cascade College	14.67m	48-01		

**Hammer Throw**

1 Paterson, Liz	L&C	42.40m	139-01	10	
2 Bielenberg, Daniel	Linfield	39.83m	130-08	8	
3 Claypool, Joni	Linfield	27.16m	89-01	6	
<b>AT WILLAMETTE INV.</b>					
2 Blankenship, Lindsey	George Fox	46.21	151-07	8	

**Javelin Throw**

1 Arnall, DeeDee	Pacific	41.77m	137-00	10	
2 Mascorro, Lydia	Linfield	36.96m	121-03	8	
3 Black, Victoria	George Fox	33.85m	111-01	6	
4 Owens, Kristi	Cascade College	25.85m	84-10	4	
5 Forbes, Michelle	George Fox	25.37m	83-03	2	**
6 Khaki, Noor	L&C	23.75m	77-11	1	
7 Brown, JulieKay	George Fox	22.82m	74-10		**
8 Zimmerman, Elizabe	L&C	18.76m	61-06		

**SCORING** - Kolb-16; Alaimo-14; Bladorn-12.5; Forbes-12; Marek-Farris-11; Black-10; Blankenship-2+8; Brown-9.5; RGB, Black-8.5; Laack-2; Adams, Noyd-1;

**MEN'S TEAM SCORING --**

(1) Linfield 268; (2) George Fox 84; (3) Lewis & Clark 71  
 (4) Pacific (Ore.) 56; (5) Cascade College 35

**100 Meter Dash**

1 Boock, Chris	Linfield	11.18	10
2 Vanassche, Scott	Linfield	11.28	8
3 Johnson, Javon	Cascade College	11.45	6
4 Allen, Casey	Linfield	11.57	4
5 Donovan, Justin	Pacific	11.78	2
6 Kaiel, Nick	L&C	11.80	1
- Laloli, Travis	George Fox	12.55	
- Chiarelli, Joe	Unattached	13.21	**
- Hoskins, Tyler	Unattached	13.09	

**200 Meter Dash**

1 Vanassche, Scott	Linfield	22.69	10
2 Lau, Brad	Linfield	23.31	8
3 Johnson, Javon	Cascade College	23.46	6
4 Allen, Casey	Linfield	23.47	4
5 Legary, Tyler	Linfield	23.73	2
6 Donovan, Justin	Pacific	23.76	1

**400 Meter Dash**

1 Sticka, Ryan	George Fox	51.30	** A	10
2 Legary, Tyler	Linfield	52.09		8
3 Ragan, Drew	Linfield	53.10		6
4 Nelson, Lance	Linfield	53.70		4
5 Lau, Brad	Linfield	53.81		2
6 Craven, Brandon	George Fox	54.00	##	1

**800 Meter Run**

1 McCann, Jarrod	L&C	1:56.84		10
2 Mathiang, David	George Fox	1:58.60	** A	8
3 Foote, Adam	L&C	1:59.40		6
4 Sagers, Dan	Linfield	2:00.15		4
5 Cobb, Bryan	George Fox	2:00.84		2
6 Setere, Lucas	Pacific	2:01.61		1
- Finney, Grant	George Fox	2:02.90	**	
- Chuol, Michael	Unattached	2:04.03		
- Burg, Matt	George Fox	2:06.58	**	
- Dort, Ben	George Fox	2:07.15	##	
- Gray, Adam	George Fox	2:13.88		

**1500 Meter Run**

1 McCann, Jarrod	L&C	4:03.92		10
2 Moe, Jake	George Fox	4:09.13		8
3 Brandt, Justin	Linfield	4:13.67		6
4 Killgore, Mike	Linfield	4:22.29		4
5 Friesen, Jeff	George Fox	4:47.00		2

**5000 Meter Run**

1 Mears, Ty	L&C	16:11.56		10
2 Chuol, Michael	Unattached	16:17.00		-
3 Sasaki, Kent	Linfield	16:34.18		8
4 McQueen, Wes	L&C	16:56.58		6
5 Ellis, Kyle	Cascade College	17:11.69		4
6 Kimura, Brandon	L&C	18:10.95		2

**110 Meter Hurdles**

1 Snow, Eric	Linfield	16.41		10
2 Samuelu, T.J.	Cascade College	17.81		8

**400 Meter Hurdles**

1 Law, Don	Linfield	57.67		10
2 Wambold, Jase	Pacific	58.86		8
3 Mellow, Zach	Pacific	64.12		6

**3000 Meter Steeplechase**

1 Henson, Josh	Pacific	10:06.79		10
2 Olson, Peter	Linfield	10:10.24		8
3 Watson, Austin	L&C	10:19.67		6
4 Chuol, Michael	Unattached	10:20.77		-
5 Spofford, Fred	Linfield	10:35.15		4
6 Bullock, Leif	L&C	10:59.24		2

**4x100 Meter Relay**

-- Linfield 'A'

DQ

**4x400 Meter Relay**

1 George Fox 'A'	3:27.82	10
(Mathiang-52.8**; Cobb-53.9; Sticka-51.5##; Dillow-49.7**)		
2 Linfield	3:28.18	8
3 Lewis & Clark	3:36.85	6
4 George Fox 'B'	3:41.77	-
(Craven-54.7##; Finney-54.3**; Burg-56.5**; Moe-56.1)		
-- George Fox 'C'	DNF	
(Dort-59.2; Friesen-68.8.....)		

**High Jump**

1 Mellow, Zach	Pacific	1.80m	5-10.75	10
2 Peach, Nick	L&C	1.75m	5-08.75	7
2 Gohl, Andrew	Linfield	1.75m	5-08.75	7
4 Petzing, Nick	Pacific	1.70m	5-07.00	4
5 Priester, Josh	George Fox	1.65m	5-05.00	2

**Pole Vault**

1 See, Brian	George Fox	3.73m	12-02.75	10 ##
2 Cederstrom, Jared	Pacific	3.58m	11-09.00	8
3 Hoskins, Tyler	Unattached	3.20m	10-06.00	-
- Laloli, Travis	George Fox	NH		

**Long Jump**

1 Nicholson, Cameron	Linfield	6.46m	21-02.50	10
2 Ragan, Drew	Linfield	6.27m	20-07.00	8
3 Dillow, Ben	George Fox	6.23m	20-05.25	6 ==**
4 Woods, Andrew	Linfield	6.22m	20-05.00	4
5 Priester, Josh	George Fox	6.13m	20-01.50	2
6 Beatty, Doug	George Fox	6.05m	19-10.25	1
- Maves, Drew	George Fox	5.84m	19-02.00	
- Chiarelli, Joe	Unattached	4.45m	14-07.25	

**Triple Jump**

1 Nicholson, Cameron	Linfield	12.70m	41-08.00	10
2 Rouse, Ryan	Cascade College	12.07m	39-07.25	8
3 Beatty, Doug	George Fox	12.02m	39-05.25	6
4 Peach, Nick	L&C	11.91m	39-01.00	4
5 McElhinney, Kevin	Cascade College	11.42m	37-05.75	2
6 Greiss, PJ	Pacific	11.10m	36-05.00	1

**Shot Put**

1 Miles, Chris	Linfield	13.53m	44-04.75	10
2 Thron, Andrew	Linfield	13.48m	44-02.75	8
3 Lockhart, Bo	Linfield	13.14m	43-01.50	6
4 Gohl, Andrew	Linfield	12.41m	40-08.75	4
5 Mollier, Derek	Pacific	10.92m	35-10.00	2
6 Eckert, Doug	Cascade College	8.51m	27-11.00	1

**Discus Throw**

1 Olson, Travis	Unattached	45.60m	149-07	--
2 Gleason, Derrick	Linfield	42.55m	139-07	10
3 Miles, Chris	Linfield	41.91m	137-06	8
4 Thron, Andrew	Linfield	41.20m	135-02	6
5 Kleffner, Jake	Linfield	39.16m	128-06	4
6 Dillow, Ben	George Fox	38.78m	127-03	2
7 Gohl, Andrew	Linfield	38.15m	125-02	1

**Hammer Throw**

1 Thron, Andrew	Linfield	45.96m	150-09	10
2 Miles, Chris	Linfield	37.95m	124-06	8
3 Olson, Travis	Unattached	37.32m	122-05	-
4 Gleason, Derrick	Linfield	35.92m	117-10	6
5 Mills, Steve	Linfield	35.17m	115-05	4
6 Foster, Tim	Pacific	31.75m	104-02	2
7 Kleffner, Jake	Linfield	29.53m	96-10	1

**Javelin Throw**

1 Gassaway, Matt	George Fox	59.49m	195-02	10
<b>(MEET RECORD, old 1993)</b>				
2 Smith, John	BTC	56.30m	184-08	-
3 Zahn, Phil	Linfield	54.64m	179-03	8
4 Gohl, Andrew	Linfield	52.73m	173-00	6
5 Dillow, Ben	George Fox	52.32m	171-08	4
6 Mills, Steve	Linfield	52.00m	170-07	2
7 Bednar, David	Pacific	50.30m	165-00	1
- Priester, Josh	George Fox	47.14m	154-08	

**SCORING** - Dillow-14.5; Sticka-12.5; Mathiang-10.5; See, Gassaway-10; Moe-9; Betty-7; Cobb-4.5; Priester-4; Friesen-3; Craven-2; Burg, Finney-1;



Licensed to Lewis & Clark College

Hy-Tek's Meet Manager

Lewis & Clark Invitational - 4/1/05 to 4/2/05

4/1/05 to 4/2/05

Results

Women 100 Meter Dash

L&C Invite: \* 12.24 1992 Anna Ovalle, Pacific Lutheran  
12.01 AUTO  
12.34 PROV  
13.37 NWC

Name	Year School	Finals	Points
1 Bladorn, Kelly	George Fox	13.57 NWC	10
2 Alaimo, Katie	George Fox	13.60 NWC	8
3 Stiglmeier, Caitli	Linfield	13.76	6
4 Maseko, Zinzile	Cascade College	13.97	4
5 Llanes, Becky	L&C	13.98	2
6 Noyd, Melissa	George Fox	13.99	1
7 Housman, Lisa	L&C	14.62	

Women 200 Meter Dash

L&C Invite: \* 25.24 1992 Anna Ovalle, Pacific Lutheran  
24.50 AUTO  
25.40 PROV  
28.01 NWC

Name	Year School	Finals	Points
1 Swan, Jody	L&C	26.26 NWC	10
2 Forbes, Michelle	George Fox	26.86 NWC	8
3 Newell, Kelsey	Linfield	27.09 NWC	6
4 Stiglmeier, Caitli	Linfield	28.20	4
5 Laack, Terah	George Fox	28.80	2
6 Maseko, Zinzile	Cascade College	28.86	1
7 Reuland, Nellie	Linfield	28.93	
8 Noyd, Melissa	George Fox	28.95	

Women 400 Meter Dash

L&C Invite: \* 57.14 1994 Rhoda Andrews, Puget Sound  
55.90 AUTO  
57.60 PROV  
1:06.90 NWC

Name	Year School	Finals	Points
1 Swan, Jody	L&C	57.88 NWC	10
2 Barker, Brooke	Pacific	59.62 NWC	8
3 Giffey-Brohaugh, R	George Fox	59.71 NWC	6
4 Newell, Kelsey	Linfield	1:00.45 NWC	4
5 Schiele, Shannon	Linfield	1:02.16 NWC	2
6 Adams, Bethany	George Fox	1:02.56 NWC	1
7 Laack, Terah	George Fox	1:03.85 NWC	
8 Kieffer, Syrah	L&C	1:04.62 NWC	

Women 800 Meter Run

L&C Invite: \* 2:13.35 1993 Nicole Karr, University of Portland  
2:12.00 AUTO  
2:15.80 PROV  
2:30.39 NWC

Name	Year School	Finals	Points
1 McHattie, Carla	L&C	2:27.13 NWC	10
2 Murphy, Joanna	Linfield	2:30.29 NWC	8

Women 1500 Meter Run

L&C Invite: \* 4:31.77 1999 Nicole Karr, University of Portland  
4:34.00 AUTO  
4:41.00 PROV

## 5:05.28 NWC

Name	Year School	Finals	Points
1 McHattie, Carla	L&C	4:56.21 NWC	10
2 Stepan, Casey	Linfield	4:56.48 NWC	8
3 Beach, Jessica	George Fox	5:03.36 NWC	6
4 Murphy, Joanna	Linfield	5:09.92	4
5 Phillips, Amanda	L&C	5:11.76	2
6 Walter, Danielle	L&C	5:17.51	1
7 Miles, Ali	L&C	5:18.16	
8 Parady, Katelyn	L&C	5:26.06	

## Women 5000 Meter Run

=====

L&C Invite: \* 18:37.80 2000 Kim Stone, Northwest  
 17:00.00 AUTO  
 17:46.00 PROV  
 19:42.98 NWC

Name	Year School	Finals	Points
1 Mentaberry, Whitne	Linfield	19:18.54 NWC	10
2 Pullen, Chelsea	Linfield	19:21.09 NWC	8
3 Witt, Meryl	Linfield	19:34.03 NWC	6
4 McCaffrey, Therese	L&C	19:34.93 NWC	4
5 Weaver, Jen	L&C	19:37.04 NWC	2
6 Pfeiffer-Hoyt, Meg	L&C	19:57.74	1
7 Gandrud, Harlan	L&C	20:35.97	
8 Sbordone, Laura	L&C	20:46.73	
9 Geertz, Kara	George Fox	20:57.53	
10 Edwards, Lauren	L&C	21:48.88	
11 Kjerulf, Lisa	Linfield	23:26.19	

## Women 100 Meter Hurdles

=====

L&C Invite: \* 14.66 2000 Maile Barrett, Lewis & Clark  
 14.43 AUTO  
 15.10 PROV  
 18.09 NWC

Name	Year School	Finals	H#	Points
1 Williams, Maura	Linfield	16.06 NWC	1	10
2 Bernard, Riley	Linfield	16.45 NWC	1	8
3 Brown, JulieKay	George Fox	16.56 NWC	2	6
4 Rosson, Meagan	Linfield	16.81 NWC	1	4
5 Forbes, Michelle	George Fox	16.96 NWC	2	2
6 Merek-Farris, Meli	George Fox	17.12 NWC	1	1
7 Mahoney, Caitlin	Linfield	17.72 NWC	1	
8 Ward, Jen	Pacific	17.99 NWC	2	
9 Barker, Brooke	Pacific	18.19	2	

## Women 400 Meter Hurdles

=====

L&C Invite: \* 1:02.43 1996 Robin Unger, Portland State  
 1:01.90 AUTO  
 1:04.30 PROV  
 1:23.30 NWC

Name	Year School	Finals	Points
1 Ross, Kate	L&C	1:06.46 NWC	10
2 Bernard, Riley	Linfield	1:08.73 NWC	8
3 Rohlfes, Emily	Linfield	1:11.29 NWC	6
4 Rosson, Meagan	Linfield	1:11.38 NWC	4
-- Thompson, Liz	Unattached	X1:05.27	

## Women 3000 Meter Steeplechase

=====

L&C Invite: \* 13:54.60 2004 Debbie Schor, Linfield  
 10:44.00 AUTO  
 11:21.00 PROV  
 14:27.46 NWC

Name	Year School	Finals	Points
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1	Pullen, Chelsea	Linfield	12:11.38*NWC	10
2	Mentaberry, Whitne	Linfield	12:17.36*NWC	8
3	Tateishi, Caitlyn	Pacific	13:19.20*NWC	6

#### Women 4x100 Meter Relay

L&C Invite: * 49.28 1994 , Puget Sound				
47.50 AUTO				
49.00 PROV				
School		Finals		Points
1 Linfield 'A'		51.53		10
-- Lewis & Clark 'A'		DQ		

#### Women 4x400 Meter Relay

L&C Invite: * 3:56.32 1994 , Southern Oregon				
3:49.20 AUTO				
3:58.00 PROV				
School		Finals		Points
1 George Fox 'A'		4:04.74		10
2 Lewis & Clark 'A'		4:08.41		8
3 Linfield 'A'		4:09.52		6
4 Lewis & Clark 'B'		x4:34.18		
-- George Fox 'B'		DNF		

#### Women High Jump

L&C Invite: * 1.73m 1996 Robin Unger, Portland State				
1.71m AUTO				
1.64m PROV				
1.43m NWC				
Name	Year School	Finals		Points
1 Merek-Farris, Meli	George Fox	1.58m NWC	5-02.25	10
2 Mahoney, Caitlin	Linfield	1.53m NWC	5-00.25	8
3 Kolb, Whitney	George Fox	1.43m NWC	4-08.25	6

#### Women Pole Vault

L&C Invite: * 3.50m 2000 Kristin Russell, Linfield				
3.71m AUTO				
3.35m PROV				
2.89m NWC				
Name	Year School	Finals		Points
1 Weeber, Mandy	Linfield	3.06m NWC	10-00.50	10
2 Huddleston, Juli	Linfield	3.05m NWC	10-00.00	8
3 Gerrits, Shelby	L&C	2.90m NWC	9-06.25	6
4 Black, Victoria	George Fox	2.75m	9-00.25	4

#### Women Long Jump

L&C Invite: * 5.59m 1996 Robin Unger, Portland State				
5.80m AUTO				
5.50m PROV				
4.89m NWC				
Name	Year School	Finals		Points
1 Ross, Kate	L&C	5.12m NWC	16-09.75	10
2 Brocard, Lisa	Linfield	4.94m NWC	16-02.50	8
3 Alaimo, Katie	George Fox	4.71m	15-05.50	6
4 Vickers, Laura	Linfield	4.48m	14-08.50	4
5 Huddleston, Juli	Linfield	4.39m	14-05.00	2
6 Brown, JulieKay	George Fox	4.30m	14-01.25	1

#### Women Triple Jump

L&C Invite: * 11.91m 1996 Robin Unger, Portland State				
---	--	--	--	--

12.00m AUTO

11.25m PROV

9.80m NWC

Name	Year School	Finals	Points
1 Kolb, Whitney	George Fox	10.86m NWC 35-07.75	10
2 Brocard, Lisa	Linfield	10.44m NWC 34-03.00	8
3 Llanes, Becky	L&C	9.66m 31-08.50	6
-- Stubblefield, Kale	Pacific	ND	

#### Women Shot Put

L&C Invite: \* 13.40m 1999 April Haney, Eastern Oregon  
 14.28m AUTO  
 12.90m PROV  
 10.15m NWC

Name	Year School	Finals	Points
1 Claypool, Joni	Linfield	13.29m PROV 43-07.25	10
2 Bielenberg, Daniel	Linfield	12.55m NWC 41-02.25	8
3 Smalley, Audra	Cascade College	11.79m NWC 38-08.25	6
4 Paterson, Liz	L&C	9.69m 31-09.50	4

#### Women Discus Throw

L&C Invite: \* 46.26m 1991 Carrie Pietig, Willamette  
 46.52m AUTO  
 41.50m PROV  
 30.08m NWC

Name	Year School	Finals	Points
1 Bielenberg, Daniel	Linfield	37.63m NWC 123-05	10
2 Claypool, Joni	Linfield	37.30m NWC 122-04	8
3 Duerr, Rebecca	Linfield	36.30m NWC 119-01	6
4 Paterson, Liz	L&C	34.07m NWC 111-09	4
5 Blankenship, Linds	George Fox	28.72m 94-03	2
6 Wilkinson, Kaylee	Cascade College	26.88m 88-02	1
7 Johnson, Leah	Cascade College	14.67m 48-01	

#### Women Hammer Throw

L&C Invite: \* 46.20m 1993 Mea Franz, Willamette  
 52.60m AUTO  
 46.00m PROV  
 31.04m NWC

Name	Year School	Finals	Points
1 Paterson, Liz	L&C	42.40m NWC 139-01	10
2 Bielenberg, Daniel	Linfield	39.83m NWC 130-08	8
3 Claypool, Joni	Linfield	27.16m 89-01	6

#### Women Javelin Throw

L&C Invite: \* 51.54m 2000 Leah Merrill, Eastern Oregon  
 43.42m AUTO  
 38.90m PROV  
 33.00m NWC

Name	Year School	Finals	Points
1 Arnall, DeeDee	Pacific	41.77m PROV 137-00	10
2 Mascorro, Lydia	Linfield	36.96m NWC 121-03	8
3 Black, Victoria	George Fox	33.85m NWC 111-01	6
4 Owens, Kristi	Cascade College	25.85m 84-10	4
5 Forbes, Michelle	George Fox	25.37m 83-03	2
6 Khaki, Noor	L&C	23.75m 77-11	1
7 Brown, JulieKay	George Fox	22.82m 74-10	
8 Zimmerman, Elizabe	L&C	18.76m 61-06	

#### Men 100 Meter Dash

L&C Invite: \* 10.66 1991 John Gentry, Portland State

10.59 AUTO  
10.83 PROV  
11.64 NWC

Name	Year School	Finals	H#	Points
1 Boock, Chris	Linfield	11.18 NWC	1	10
2 Vanassche, Scott	Linfield	11.28 NWC	1	8
3 Johnson, Javon	Cascade College	11.45 NWC	1	6
4 Allen, Casey	Linfield	11.57 NWC	1	4
5 Donovan, Justin	Pacific	11.78	1	2
6 Kaiel, Nick	L&C	11.80	1	1
7 Habu, Jarrett	Linfield	12.00	2	
8 Laloli, Travis	George Fox	12.55	2	
9 Cederstrom, Jared	Pacific	12.87	2	
10 Kubrom, Aman	L&C	12.97	2	
11 Chiarelli, Joe	Unattached	13.21	2	
-- Hoskins, Tyler	Unattached	X13.09	2	

#### Men 200 Meter Dash

L&C Invite: \* 21.55 1991 John Gentry, Portland State  
21.31 AUTO  
21.81 PROV  
23.61 NWC

Name	Year School	Finals	H#	Points
1 Vanassche, Scott	Linfield	22.69 NWC	1	10
2 Lau, Brad	Linfield	23.31 NWC	2	8
3 Johnson, Javon	Cascade College	23.46 NWC	1	6
4 Allen, Casey	Linfield	23.47 NWC	2	4
5 Legary, Tyler	Linfield	23.73	1	2
6 Donovan, Justin	Pacific	23.76	1	1
7 Habu, Jarrett	Linfield	24.07	2	
8 Mellow, Zach	Pacific	24.73	2	
9 Greiss, PJ	Pacific	24.75	2	
10 Kubrom, Aman	L&C	26.44	2	

#### Men 400 Meter Dash

L&C Invite: \* 47.86 1994 Jay Spears, Central Washington  
47.50 AUTO  
48.50 PROV  
51.85 NWC

Name	Year School	Finals	Points
1 Sticka, Ryan	George Fox	51.30 NWC	10
2 Legary, Tyler	Linfield	52.09	8
3 Ragan, Drew	Linfield	53.10	6
4 Nelson, Lance	Linfield	53.70	4
5 Lau, Brad	Linfield	53.81	2
6 Craven, Brandon	George Fox	54.00	1

#### Men 800 Meter Run

L&C Invite: \* 1:54.01 1996 Kirby Leufroy, Puget Sound  
1:51.30 AUTO  
1:53.60 PROV  
2:00.00 NWC

Name	Year School	Finals	Points
1 McCann, Jarrod	L&C	1:56.84 NWC	10
2 Mathiang, David	George Fox	1:58.60 NWC	8
3 Foote, Adam	L&C	1:59.40 NWC	6
4 Sagers, Dan	Linfield	2:00.15	4
5 Cobb, Bryan	George Fox	2:00.84	2
6 Setere, Lucas	Pacific	2:01.61	1
7 Klein, Chad	Linfield	2:02.61	
8 Finney, Grant	George Fox	2:02.90	
9 Burg, Matt	George Fox	2:06.58	
10 Brandt, Justin	Linfield	2:07.11	
11 Dort, Ben	George Fox	2:07.15	

12 Hickey, Sergio	Pacific	2:07.29
13 Whitaker, Matt	Pacific	2:08.13
14 Gray, Adam	George Fox	2:13.88
15 Merrell, Mike	Cascade College	2:15.85
-- Chuol, Michael	Unattached	X2:04.03

#### Men 1500 Meter Run

=====

L&C Invite: \* 3:56.45 1994 Kirby Leufroy, Puget Sound

3:50.60 AUTO

3:55.20 PROV

4:10.68 NWC

Name	Year School	Finals	Points
1 McCann, Jarrod	L&C	4:03.92 NWC	10
2 Moe, Jake	George Fox	4:09.13 NWC	8
3 Brandt, Justin	Linfield	4:13.67	6
4 Killgore, Mike	Linfield	4:22.29	4
5 Friesen, Jeff	George Fox	4:47.00	2

#### Men 5000 Meter Run

=====

L&C Invite: \* 14:39.14 1994 Andy Maris, Portland State

14:28.00 AUTO

14:48.00 PROV

15:53.06 NWC

Name	Year School	Finals	Points
1 Mears, Ty	L&C	16:11.56	10
2 Sasaki, Kent	Linfield	16:34.18	8
3 McQueen, Wes	L&C	16:56.58	6
4 Ellis, Kyle	Cascade College	17:11.69	4
5 Kimura, Brandon	L&C	18:10.95	2
-- Chuol, Michael	Unattached	X16:17.00	

#### Men 110 Meter Hurdles

=====

L&C Invite: \* 15.00 1993 Darryl Coppedge, Southern Oregon

14.44 AUTO

14.90 PROV

17.98 NWC

Name	Year School	Finals	Points
1 Snow, Eric	Linfield	16.41 NWC	10
2 Samuelu, T.J.	Cascade College	17.81 NWC	8

#### Men 400 Meter Hurdles

=====

L&C Invite: \* 54.19 1994 Keith Burgess, Puget Sound

52.40 AUTO

54.00 PROV

1:03.58 NWC

Name	Year School	Finals	Points
1 Law, Don	Linfield	57.67 NWC	10
2 Wambold, Jase	Pacific	58.86 NWC	8
3 Mellow, Zach	Pacific	1:04.12	6

#### Men 3000 Meter Steeplechase

=====

L&C Invite: \* 9:12.22 1996 Eric Tollefson, Central Washington

9:07.00 AUTO

9:23.00 PROV

10:23.79 NWC

Name	Year School	Finals	Points
1 Henson, Josh	Pacific	10:06.79 NWC	10
2 Olson, Peter	Linfield	10:10.24 NWC	8
3 Watson, Austin	L&C	10:19.67 NWC	6
4 Spofford, Fred	Linfield	10:35.15	4
5 Bullock, Leif	L&C	10:59.24	2

-- Chuol, Michael                      Unattached                      X10:20.77

#### Men 4x100 Meter Relay

=====

L&C Invite: \* 41.69 1991                      , Portland State  
                    41.24 AUTO  
                    42.00 PROV

School	Finals	Points
=====	=====	=====
-- Linfield 'A'	DQ	

#### Men 4x400 Meter Relay

=====

L&C Invite: \* 3:20.63 1993                      , Linfield  
                    3:13.50 AUTO  
                    3:17.50 PROV

School	Finals	Points
=====	=====	=====
1 George Fox 'A'	3:27.82	10
2 Linfield 'A'	3:28.18	8
3 Lewis & Clark 'A'	3:36.85	6
4 George Fox 'B'	x3:41.77	
-- George Fox 'C'	DNF	

#### Men High Jump

=====

L&C Invite: \* 2.03m 2004                      Brandon Hazenburg, Linfield  
                    2.11m AUTO  
                    2.01m PROV  
                    1.80m NWC

Name	Year School	Finals	Points
=====	=====	=====	=====
1 Mellow, Zach	Pacific	1.80m NWC      5-10.75	10
2 Peach, Nick	L&C	1.75m      5-08.75	7
2 Gohl, Andrew	Linfield	1.75m      5-08.75	7
4 Petzing, Nick	Pacific	1.70m      5-07.00	4
5 Priester, Josh	George Fox	1.65m      5-05.00	2

#### Men Pole Vault

=====

L&C Invite: \* 5.03m 1993                      Curt Heywood, Linfield  
                    5.00m AUTO  
                    4.63m PROV  
                    3.88m NWC

Name	Year School	Finals	Points
=====	=====	=====	=====
1 See, Brian	George Fox	3.73m      12-02.75	10
2 Cederstrom, Jared	Pacific	3.58m      11-09.00	8
-- Laloli, Travis	George Fox	NH	
-- Hoskins, Tyler	Unattached	X3.20m      10-06.00	

#### Men Long Jump

=====

L&C Invite: \* 7.12m 1993                      Alphonso Harris, Southern Oregon  
                    7.24m AUTO  
                    6.95m PROV  
                    6.27m NWC

Name	Year School	Finals	Points
=====	=====	=====	=====
1 Nicholson, Cameron	Linfield	6.46m NWC      21-02.50	10
2 Ragan, Drew	Linfield	6.27m NWC      20-07.00	8
3 Dillow, Ben	George Fox	6.23m      20-05.25	6
4 Woods, Andrew	Linfield	6.22m      20-05.00	4
5 Priester, Josh	George Fox	6.13m      20-01.50	2
6 Beatty, Doug	George Fox	6.05m      19-10.25	1
7 Maves, Drew	George Fox	5.84m      19-02.00	
8 Samuelu, T.J.	Cascade College	5.83m      19-01.50	
9 Petzing, Nick	Pacific	5.82m      19-01.25	
10 Law, Don	Linfield	5.76m      18-10.75	
11 Rouse, Ryan	Cascade College	5.73m      18-09.75	
12 Tiogangco, Dayson	Linfield	5.62m      18-05.25	

13 Peach, Nick	L&C	5.50m	18-00.50
14 Greiss, PJ	Pacific	5.17m	16-11.50
-- Hoskins, Tyler	Unattached	XND	
-- Chiarelli, Joe	Unattached	X4.45m	14-07.25

#### Men Triple Jump

=====

L&C Invite: \* 14.34m 1994 Peter Hawkins, Pomona-Pitzer  
 14.90m AUTO  
 14.10m PROV  
 12.63m NWC

Name	Year School	Finals	Points
1 Nicholson, Cameron	Linfield	12.70m NWC 41-08.00	10
2 Rouse, Ryan	Cascade College	12.07m 39-07.25	8
3 Beatty, Doug	George Fox	12.02m 39-05.25	6
4 Peach, Nick	L&C	11.91m 39-01.00	4
5 McElhinney, Kevin	Cascade College	11.42m 37-05.75	2
6 Greiss, PJ	Pacific	11.10m 36-05.00	1

#### Men Shot Put

=====

L&C Invite: \* 16.93m 1998 Paul Steenkolk, Southern Oegon  
 17.17m AUTO  
 15.40m PROV  
 13.26m NWC

Name	Year School	Finals	Points
1 Miles, Chris	Linfield	13.53m NWC 44-04.75	10
2 Thron, Andrew	Linfield	13.48m NWC 44-02.75	8
3 Lockhart, Bo	Linfield	13.14m 43-01.50	6
4 Gohl, Andrew	Linfield	12.41m 40-08.75	4
5 Mollier, Derek	Pacific	10.92m 35-10.00	2
6 Eckert, Doug	Cascade College	8.51m 27-11.00	1

#### Men Discus Throw

=====

L&C Invite: \* 50.78m 1999 Tony Hoiby, Central Washington  
 52.50m AUTO  
 47.50m PROV  
 38.18m NWC

Name	Year School	Finals	Points
1 Gleason, Derrick	Linfield	42.55m NWC 139-07	10
2 Miles, Chris	Linfield	41.91m NWC 137-06	8
3 Thron, Andrew	Linfield	41.20m NWC 135-02	6
4 Kleffner, Jake	Linfield	39.16m NWC 128-06	4
5 Dillow, Ben	George Fox	38.78m NWC 127-03	2
6 Gohl, Andrew	Linfield	38.15m 125-02	1
7 Mollier, Derek	Pacific	30.04m 98-07	
-- Olson, Travis	Unattached	X45.60m 149-07	

#### Men Hammer Throw

=====

L&C Invite: \* 64.84m 1998 Scott Hailey, Cascade  
 57.54m AUTO  
 51.00m PROV  
 41.82m NWC

Name	Year School	Finals	Points
1 Thron, Andrew	Linfield	45.96m NWC 150-09	10
2 Miles, Chris	Linfield	37.95m 124-06	8
3 Olson, Travis	Unattached	37.32m 122-05	6
4 Gleason, Derrick	Linfield	35.92m 117-10	4
5 Mills, Steve	Linfield	35.17m 115-05	2
6 Foster, Tim	Pacific	31.75m 104-02	1
7 Kleffner, Jake	Linfield	29.53m 96-10	
8 Stine, Josh	L&C	28.38m 93-01	

#### Men Javelin Throw

=====



L&C Invite: \* 57.76m 1993 Aaron Linerud, Pacific Lutheran  
 62.90m AUTO  
 57.40m PROV  
 51.92m NWC

Name	Year School	Finals	Points
=====			
1 Gassaway, Matt	George Fox	59.49m*PROV	195-02 10
2 Zahn, Phil	Linfield	54.64m NWC	179-03 8
3 Gohl, Andrew	Linfield	52.73m NWC	173-00 6
4 Dillow, Ben	George Fox	52.32m NWC	171-08 4
5 Mills, Steve	Linfield	52.00m NWC	170-07 2
6 Bednar, David	Pacific	50.30m	165-00 1
7 Wood, Kris	Linfield	49.10m	161-01
8 Priester, Josh	George Fox	47.14m	154-08
9 Foster, Tim	Pacific	43.55m	142-10
10 Wambold, Jase	Pacific	42.71m	140-01
11 Lawton, Justin	L&C	33.69m	110-06
-- Smith, John	Unattached	X56.30m	184-08

Women - Team Rankings - 19 Events Scored

=====			
1) Linfield	252	2) Lewis & Clark	111
3) George Fox	108	4) Pacific (Ore.)	24
5) Cascade College	16		

Men - Team Rankings - 19 Events Scored

=====			
1) Linfield	264	2) George Fox	84
3) Lewis & Clark	70	4) Pacific (Ore.)	55
5) Cascade College	35		

Licensed to Willamette University Hy-Tek's Meet Manager 4/2/2005 06:05 PM  
 Willamette Invitational - 4/1/2005 to 4/2/2005  
 4/1/2005 to 4/2/2005  
 Results

Event 1 Women 100 Meter Dash

Name	Year School	Finals	H#
1 Davis, Angel	Portland State	12.46	1
2 White, Monaka	Highline CC	12.72	1
3 Galloway, Bonnie	Western Oregon	12.93	1
4 Jenkins, Keyanna	Western Oregon	12.98	1
5 Kociemba, Katy	Western Oregon	12.99	2
6 Pugh, Ashley	Portland State	12.99	1
7 Norman, Carolyn	Highline CC	13.13	2
8 May, Andrea	Willamette	13.20	3
9 McHugh, Kerry	Highline CC	13.61	3
10 Kendall, Julie	Western Oregon	13.62	2
11 Campbell, Tiffany	Portland	13.72	2
12 Howard, Heather	Spokane CC	13.76	2
13 Gardner, Ashlee	Alaska Anchorage	13.78	3
14 Smith, Danielle	Western Oregon	13.97	3
15 Persons, Mary	Portland	14.34	3
16 Sonis, DeDe	Mount Hood	14.53	3
17 Patterson, Lindsey	Willamette	16.31	2

Event 2 Women 200 Meter Dash

Name	Year School	Finals	H#
1 Shemi, Ena	Portland State	25.57	1
2 Winkle, Mackenzie	Portland State	25.87	1
3 Imran, Gayle	Portland State	26.01	1
4 Garasmichuk, Zori	Highline CC	26.55	2
5 Blackwood, Kerry-Ann	Portland State	26.62	1
5 White, Monaka	Highline CC	26.62	1
7 May, Andrea	Willamette	26.64	3
8 Grizzard, Brittany	Mount Hood	26.67	2
9 Sims, Caressa	Portland State	26.71	1
10 Hanson, Mariah	Willamette	27.05	2
11 Gardner, Ashlee	Alaska Anchorage	27.66	3
12 Nemetz, Kate	Portland	27.77	2
13 Sandau, Amanda	Portland	27.88	2
14 Howard, Heather	Spokane CC	28.07	2
15 Lucas, Nicole	Willamette	28.74	3
16 Bogdaniec, Nicole	Albertson Colleg	28.77	4
17 Tran, Genie	Alaska Anchorage	29.10	3
18 Gilikson, Erin	Eastern Oregon	29.15	4
19 Stein, Courtney	Alaska Anchorage	29.65	3
20 Moran, Tara	Eastern Oregon	30.02	4
21 Crow, Nicole	Eastern Oregon	30.14	4
22 Cavalieri, Ashley	Highline CC	31.17	4
23 kim, Christine	Highline CC	31.35	4

Event 3 Women 400 Meter Dash

Name	Year School	Finals	H#
1 Quay, Ashley	Portland State	58.33	1
2 Hanson, Mariah	Willamette	58.77	1
3 Garasmichuk, Zori	Highline CC	59.00	1
4 Grizzard, Brittany	Mount Hood	59.66	2
5 Palermo, Olivia	Portland State	1:00.50	1
6 Sandau, Amanda	Portland	1:02.12	1
7 Garcia, Julie	Oregon State	1:02.23	1
8 Gubler, Crystal	Spokane CC	1:02.39	1
9 Gordon, Diana	Alaska Anchorage	1:03.49	1
10 Chavallo, Silka	Spokane CC	1:04.14	2
11 Ward, Emma	Clackamas CC	1:07.30	2

## Event 4 Women 800 Meter Run

Name	Year School	Finals
1 Metcalfe, Kelsey	U-Portland	2:13.16
2 Bielenberg, Staci	Portland State	2:14.76
3 Andrews, Alicia	Willamette	2:15.33
4 Perkins, Teona	Spokane CC	2:16.51
5 Crotty, Erin	Portland	2:16.78
6 Killam, Carly	Willamette	2:17.81
7 Vandehey, Stephanie	Willamette	2:19.39
8 Gaitan, Stephene	Portland	2:19.65
9 Mosey, Annette	Portland	2:20.20
10 Krishnek, Bobeya	Portland State	2:20.44
11 Rasmussen, Cara	Gonzaga	2:20.98
12 Peterson, Jean-Marie	Oregon State	2:21.82
13 Howell, Sarah	Western Oregon	2:22.54
14 Calkins, Naomi	Gonzaga	2:23.92
15 Pratt, Danielle	Alaska Anchorage	2:24.26
16 Lundahl, Crystal	Highline CC	2:24.79
17 Ball, Katie	Albertson Colleg	2:26.37
18 Pulley, Trista	Portland	2:26.68
19 Rummell, Jennie	Western Oregon	2:27.02
20 Myers, Stephanie	Alaska Anchorage	2:27.18
21 Harper, Jessica	Clackamas CC	2:27.69
22 Megale, Elise	Clackamas CC	2:27.71
23 Krusen, Mary	Alaska Anchorage	2:29.00
24 Anderberg, Stephanie	Portland	2:31.13
25 Woitovitch, Nicole	Eastern Oregon	2:31.34
26 Strachen, Kaley	Alaska Anchorage	2:31.82
27 Wilson, Michel	Mount Hood	2:31.94
28 Clayton, Laura	Eastern Oregon	2:31.98
29 White, Rachel	Willamette	2:33.31
30 Mitchell, Jenny	Alaska Anchorage	2:33.64
31 Wilson, Mailee	Spokane CC	2:33.67
32 Mielke, Becca	Eastern Oregon	2:34.01
33 Bates, Sara	Eastern Oregon	2:34.15
34 Castaneda, Kayla	Western Oregon	2:35.91
35 Haydu, Anjuli	Alaska Anchorage	2:45.80
36 McIntyre, Heather	Alaska Anchorage	2:56.12

## Event 5 Women 1500 Meter Run

Name	Year School	Finals
1 Bielenberg, Staci	Portland State	4:41.24
2 Poggi, Kaitlin	Oregon State	4:43.44
3 Krishnek, Bobeya	Portland State	4:47.35
4 Denfeld, Lauren	Oregon State	4:48.95
5 Buck, Emily	Gonzaga	4:49.59
6 Jones, Kelsey	Eastside Track C	4:51.14
7 Konrad, Kari	Western Oregon	4:55.51
8 Dubay, Maria	Mount Hood	4:56.47
9 Megale, Elise	Clackamas CC	4:58.46
10 Myers, Stephanie	Alaska Anchorage	5:00.13
11 Kuntz, Maegan	Unattached	5:00.52
12 Stephenson, Tylar	Portland State	5:00.75
13 McKenzie, Shannon	Lewis-Clark	5:00.93
14 Harer, Noelle	Oregon State	5:01.11
15 Trutna, Leah	Western Oregon	5:01.78
16 Edwards, Shannon	Albertson Colleg	5:02.78
17 Wales, Heather	Oregon State	5:03.82
18 Hartling, Meriel	UO Running Club	5:03.96
19 Wells, Stacie	Western Oregon	5:04.26
20 Fuller, Jaime	Oregon State	5:04.30
21 Squires, Audrey	Willamette	5:04.32
22 Bates, Sara	Eastern Oregon	5:06.26
23 Johnson, Erica	Unattached	5:07.00
24 Stone, Shannon	UO Running Club	5:07.82
25 Stirewalt, Tara	Oregon State	5:08.64
26 Passi, Tiffany	Clackamas CC	5:09.63

27	Aschwanden, Elise	Oregon State	5:10.17
28	Brands, Libby	Gonzaga	5:13.69
29	Rosenberg, Kendra	Willamette	5:17.62
30	Harper, Jessica	Clackamas CC	5:21.64
31	Parry, Kim	Western Oregon	5:21.66
32	Mielke, Becca	Eastern Oregon	5:23.58
33	Larson, Ashley	Oregon State	5:31.15
34	Hatch, Natalie	Albertson Colleg	5:33.17
35	Twohy, Lucy	Oregon State	5:37.32
36	Jablonsky, Jami	Highline CC	5:49.03
37	Gillman, Amanda	Gonzaga	6:37.86

#### Event 6 Women 3000 Meter Steeplechase

Name	Year School	Finals
1 Sharratt, Ashley	Willamette	12:13.51
2 Fairbrook, Sarah	Willamette	12:24.68
3 Swan, Mallory	Oregon Tech	12:27.32
4 Strachen, Kaley	Alaska Anchorage	12:42.63
5 Ostermick, Melissa	Willamette	13:23.01

#### Event 7 Women 5000 Meter Run

Name	Year School	Finals
1 Vincent, Ashlee	U-Portland	17:04.2h
2 Younce, Ashley	Oregon State	17:19.8h
3 Beechy, Tiffany	UO Running Club	17:23.9h
4 Palmer, Neoma	Oregon State	17:38.6h
5 Quatrochi, Danielle	Unattached	17:39.3h
6 Rohde, Kristen	Portland	17:49.6h
7 Bergmann, Dolores	Unattached	17:53.3h
8 Sabin, Elise	Portland	17:54.7h
9 Francis, Ashley	Oregon State	18:01.5h
10 Edwards, Shannon	Albertson Colleg	18:02.6h
11 Cole, Molly	Portland State	18:06.3h
12 Zerzan, Sarah	Willamette	18:06.7h
13 Pierce, Katie	Willamette	18:13.7h
14 Crawford, Nicole	Oregon State	18:16.5h
15 Devlin, Julie	Portland	18:18.2h
16 Kuhlman, Lih	Portland	18:24.9h
17 Smith, Sarah	Pacific U.	18:29.5h
18 Dye, Katie	Clark	18:35.88
19 Fischer, Leighann	George Fox	18:38.89
20 Hart, Elizabeth	Willamette	18:39.9h
21 Rice, Kathy	Portland	18:40.07
22 Nations, Andrea	Oregon Tech	18:40.77
23 Cotterill, Holly	Portland State	18:41.7h
24 Yoder, Sara	Unattached	18:42.05
25 Woodruff, Ariel	Portland	18:48.60
26 Williams, Evelyn	Team Gfr Salem	18:49.69
27 Magnuson, Katie	Oregon State	18:54.3h
28 Friend, Danielle	Portland	19:02.37
29 McKenzie, Shannon	Lewis-Clark	19:08.19
30 Finney, Rian	Eastern Oregon	19:13.55
31 Becker, Ruth	Spokane CC	19:16.05
32 Wright, Bobbi	Willamette	19:18.18
33 Sherwood, Lauren	Willamette	19:26.52
34 Adams, Ashley	Clackamas CC	19:27.69
35 Brett, Katrina	Willamette	19:30.93
36 McNally, Audra	Clark	19:35.93
37 Hatch, Natalie	Albertson Colleg	19:42.71
38 Perrozi, Megan	Oregon Tech	19:43.97
39 Johnston, Jessica	Eastern Oregon	19:44.55
40 Krusen, Mary	Alaska Anchorage	19:46.8h
41 Iams, Leanne	Portland	19:53.05
42 Bartell, Lyndsey	Clackamas CC	19:53.49
43 Gerke, Genny	Albertson Colleg	19:59.15
44 Dilley, Melissa	Albertson Colleg	20:01.83
45 Beebe, Ellen	Willamette	20:02.57

46 Walker, Juline	Willamette	20:03.39
47 Haydu, Anjuli	Alaska Anchorage	20:03.93
48 Jensen, Jenny	Lewis-Clark	20:06.69
49 Mercer, Breanna	Clark	20:11.26
50 Glick, Rikki	Lewis-Clark	20:14.88
51 Shives, Alison	Willamette	20:17.06
52 Robertson, Lisa	Oregon State	20:17.93
53 Hallvik, Lindsay	Gonzaga	20:18.64
54 Nielsen, Jill	Western Baptist	20:19.20
55 Hermens, Jessica	Gonzaga	20:23.87
56 Quam, Diana	Portland	20:31.51
57 Pelzer, Kelsi	Team Gfr Salem	20:50.72
58 Jablonsky, Jami	Highline CC	21:45.09

Event 8 Women 10000 Meter Run

Name	Year School	Finals
1 Semenza, Jill	Gonzaga	36:11.21
2 Kuzmic, Tausha	Lewis-Clark	37:07.20
3 Edwards, Stacy	Alaska Anchorage	37:08.54
4 Follen, Molly	Gonzaga	37:53.30
5 Bricco, Amy	Oregon Tech	38:18.85
6 Mullen, Marcie	Central Washingt	38:53.23
7 Johnson, Erica	Unattached	38:54.35
8 Muchow, Shawna	Unattached	39:33.05
9 Edwards, Tiffany	Unattached	39:48.22
10 Baker, Davya	Alaska Anchorage	39:48.70
11 Gordon, Mallory	Southern Oregon	39:48.86
12 Green, Amber	Central Washingt	39:49.27
13 Colkitt, Stephanie	Eastern Oregon	40:16.50
14 Ring, Andrea	Central Washingt	41:26.43
15 Flor, Cherilynn	Highline CC	43:28.28
16 Mulvaney, Ashley	Mount Hood	44:11.06
17 Dubay, Maria	Mount Hood	46:41.82

Event 9 Women 100 Meter Hurdles

Name	Year School	Finals	H#
1 Blackwood, Kerry-Ann	Portland State	14.88	1
2 Winkle, Mackenzie	Portland State	15.11	1
3 Campbell, Tiffany	Portland	15.75	1
4 Nash, Amber	Spokane CC	15.83	1
5 Quinn, Meghann	Portland State	15.83	2
6 Burt, Molly	Spokane CC	15.84	1
7 McGrane, Shannon	Willamette	16.10	1
8 Callan, Nini	Western Oregon	16.38	2
9 Lucas, Nicole	Willamette	16.57	1
10 Tran, Genie	Alaska Anchorage	16.70	3
11 Sonis, DeDe	Mount Hood	16.98	2
12 Kinney, Erin	Warner Pacific	17.14	2
13 Wonsick, Brittany	Spokane CC	17.27	2
14 Barker, Sarah	Western Oregon	17.30	3
15 Ward, Emma	Clackamas CC	17.33	2
16 Lund, Carlie	Willamette	17.40	2
17 Persons, Mary	Portland	18.10	3
18 Griffin, Kristina	Spokane CC	18.21	2
19 kim, Christine	Highline CC	18.44	3
20 Sonnenberg, Leah	Portland	19.01	3

Event 10 Women 400 Meter Hurdles

Name	Year School	Finals	H#
1 McGrane, Shannon	Willamette	1:02.78	1
2 Smith, Jordyn	Willamette	1:04.17	1
3 Burt, Molly	Spokane CC	1:04.54	1
4 Nash, Amber	Spokane CC	1:06.47	2
5 Wonsick, Brittany	Spokane CC	1:06.86	2
6 Quinn, Meghann	Portland State	1:06.87	1

7	Hansberry, Jenny	Portland State	1:07.13	1
8	Kassebaum, Roseann	Willamette	1:07.32	1
9	Lund, Carlie	Willamette	1:08.73	2
10	Jackson, Kara	Portland	1:09.70	2
11	Nash, Natalie	Western Oregon	1:10.81	1
12	Griffin, Kristina	Spokane CC	1:12.23	2

#### Event 11 Women 4x100 Meter Relay

School	Finals
1 Portland State University 'A'	47.04
1) Blackwood, Kerry-Ann	2) Shemi, Ena
3) Imran, Gayle	4) Winkle, Mackenzie
2 Western Oregon University 'A'	48.67
1) Jenkins, Keyanna	2) Kociemba, Katy
3) Galloway, Bonnie	4) Smith, Monica
3 Highline Community College 'A'	49.61
1) White, Monaka	2) Norman, Carolyn
3) McHugh, Kerry	4) Garasmichuk, Zori
4 University of Portland 'A'	50.58
1) Nemetz, Kate	2) Sandau, Amanda
3) Campbell, Tiffany	4) Pulley, Trista
5 Willamette University 'A'	50.88
6 Spokane Community College 'A'	51.42
1) Nash, Amber	2) Fordjour, Akousa
3) Burt, Molly	4) Long, Shannon

#### Event 12 Women 4x400 Meter Relay

School	Finals	H#
1 Willamette University 'A'	3:53.99	1
2 Portland State University 'A'	3:56.89	1
1) Bielenberg, Staci	2) Hansberry, Jenny	
3) Stephenson, Tylar	4)	
3 Western Oregon University 'A'	3:57.30	1
1) Galloway, Bonnie	2) Smith, Monica	
3) Johnson, Bridget	4) Kociemba, Katy	
4 Highline Community College 'A'	4:07.31	1
1) Garasmichuk, Zori	2) Lundahl, Crystal	
3) McHugh, Kerry	4) Marshall, Sitges	
5 Spokane Community College 'A'	4:08.81	1
1) Perkins, Teona	2) Burt, Molly	
3) Nash, Amber	4) Gubler, Crystal	
6 University of Portland 'A'	4:12.77	1
1) Crotty, Erin	2) Nemetz, Kate	
3) Pulley, Trista	4) Sandau, Amanda	
7 University of Portland 'B'	4:15.52	1
1) Anderberg, Stephanie	2) Mosey, Annette	
3) Gaitan, Stephene	4) Jackson, Kara	
8 Western Oregon University 'C'	4:18.04	2
1) Jenkins, Keyanna	2) Peterson, Jen	
3) Barker, Sarah	4) Castaneda, Kayla	
9 Western Oregon University 'B'	4:18.61	1
1) Nash, Natalie	2) Howell, Sarah	
3) Konrad, Kari	4) Rummell, Jennie	
10 University of Alaska Anchorage 'A'	4:26.75	2
1) Gordon, Diana	2) Mitchell, Jenny	
3) Myers, Stephanie	4) Pratt, Danielle	
11 Eastern Oregon University 'A'	4:27.66	2
1) Woitovitch, Nicole	2) Finney, Rian	
3)	4) Gilikson, Erin	
12 Eastern Oregon University 'B'	4:31.64	2
1) Bates, Sara	2) Clayton, Laura	
3) Johnston, Jessica	4) Mielke, Becca	
13 Western Baptist College 'A'	4:36.16	2

#### Event 13 Women High Jump

Name	Year School	Finals
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1	Smith, Monica	Western Oregon	1.60m	5-03.00
2	Moran, Tara	Eastern Oregon	1.55m	5-01.00
2	Gallaher, Jessie	Mount Hood	1.55m	5-01.00
2	Plypick, Taryn	Highline CC	1.55m	5-01.00
2	Kinney, Erin	Warner Pacific	1.55m	5-01.00
6	Archibald, Mary	Unattached	1.45m	4-09.00
7	Orchard, Jacquelyn	Spokane CC	1.30m	4-03.25

#### Event 14 Women Pole Vault

Name	Year School	Finals
1	Shafer, Erin	Clackamas CC 3.23m 10-07.00
1	Carter, Miranda	Clackamas CC 3.23m 10-07.00
1	Gallaher, Jessie	Mount Hood 3.23m 10-07.00
4	Smith, Danielle	Western Oregon 3.08m 10-01.25
5	Olson, Lynn	Willamette 2.77m 9-01.00
5	Ruhoff, Chelsea	Willamette 2.77m 9-01.00
--	Campbell, Joan	Western Oregon NH
--	Fuller, Jessica	Spokane CC NH
--	Jager, Johnna	Willamette NH
--	Reynolds, Afton	Spokane CC NH

#### Event 15 Women Long Jump

Name	Year School	Finals
1	Johnson, Bridget	Western Oregon 5.18m 17-00.00
2	Kendall, Julie	Western Oregon 5.13m 16-10.00
3	Callan, Nini	Western Oregon 5.08m 16-08.00
3	Patterson, Lindsey	Willamette 5.08m 16-08.00
5	Kociemba, Katy	Western Oregon 4.98m 16-04.25
6	Kassebaum, Roseann	Willamette 4.95m 16-03.00
7	Shafer, Erin	Clackamas CC 4.94m 16-02.50
8	Plypick, Taryn	Highline CC 4.85m 15-11.00
9	Gilikson, Erin	Eastern Oregon 4.82m 15-09.75
10	Smith, Jordyn	Willamette 4.60m 15-01.25
11	Wonsick, Brittany	Spokane CC 4.57m 15-00.00
12	Sampson, Nicole	Spokane CC 4.49m 14-08.75
13	Burt, Molly	Spokane CC 4.36m 14-03.75
14	Griffin, Kristina	Spokane CC 3.89m 12-09.25
--	Page, Danielle	Willamette FOUL

#### Event 16 Women Triple Jump

Name	Year School	Finals
1	Imran, Gayle	Portland State 12.19m 40-00.00
2	Page, Danielle	Willamette 10.71m 35-01.75
3	Callan, Nini	Western Oregon 10.69m 35-01.00
4	Plypick, Taryn	Highline CC 10.07m 33-00.50
5	Sampson, Nicole	Spokane CC 9.97m 32-08.50
6	Sonnenberg, Leah	Portland 9.73m 31-11.25
7	Cavalieri, Ashley	Highline CC 8.84m 29-00.00
8	Kim, Christine	Highline CC 8.45m 27-08.75
9	Orchard, Jacquelyn	Spokane CC 8.30m 27-02.75
--	Attieburger, Christa	Mount Hood ND
--	Kendall, Julie	Western Oregon ND
--	Green, Kim	Spokane CC ND
--	Monda, Elizabeth	Mount Hood ND

#### Event 17 Women Shot Put

Name	Year School	Finals
1	Whitemarsh, Ann-Erica	Warner Pacific 12.15m 39-10.50
2	Johnson, Bridget	Western Oregon 11.92m 39-01.25
3	Houston, Jessica	Alaska Anchorage 11.43m 37-06.00
4	Helmick, Autumn	Willamette 11.40m 37-05.00
5	Linguist, Mindy	Alaska Anchorage 11.10m 36-05.00

6	Freed, Sabrina	Western Oregon	10.80m	35-05.25
7	Coleman, Ronni	Spokane CC	10.79m	35-05.00
8	Winter, Holly	Willamette	10.15m	33-03.75
9	Sims, Caressa	Portland State	10.04m	32-11.25
10	Neuman, Missy	Spokane CC	9.78m	32-01.00
11	Dixon, Renee	Alaska Anchorage	9.73m	31-11.25
12	Mollet, Ashley	Willamette	9.60m	31-06.00
13	Dryden, Cassie	Spokane CC	9.21m	30-02.75
14	Quay, Ashley	Portland State	9.18m	30-01.50
15	Eskeberg, Jackie	Portland	8.90m	29-02.50
16	Voise, Mahki	Spokane CC	8.80m	28-10.50
17	Burger, Emilie	Willamette	8.68m	28-05.75
18	Rossos, Beth	Clackamas CC	8.54m	28-00.25

#### Event 18 Women Discus Throw

Name	Year School	Finals	
1	Houston, Jessica	Alaska Anchorage	50.52m 165-09
2	Reichner, Sarah	Unattached	40.00m 131-03
3	Gilikson, Erin	Eastern Oregon	39.21m 128-08
4	Rosette, Cassie	Portland State	37.54m 123-02
5	Cederberg, Jaci	Western Oregon	36.54m 119-10
6	Huston, Angelica	Willamette	35.75m 117-03
7	Fahey, Melinda	Willamette	35.74m 117-03
8	Coleman, Ronni	Spokane CC	35.20m 115-06
9	Jones, Taylor	Portland	33.80m 110-11
10	Andrus, Caitlin	Willamette	33.50m 109-11
11	Neuman, Missy	Spokane CC	32.00m 105-00
12	Helnick, Autumn	Willamette	29.68m 97-04
13	Eskeberg, Jackie	Portland	28.60m 93-10
14	Mollet, Ashley	Willamette	28.26m 92-08
15	Winter, Holly	Willamette	27.09m 88-10
16	Dixon, Renee	Alaska Anchorage	26.00m 85-04
17	Burger, Emilie	Willamette	25.30m 83-00
18	Whitemarsh, Ann-Erica	Warner Pacific	24.79m 81-04
19	Heavilin, Amber	Warner Pacific	22.43m 73-07

#### Event 19 Women Javelin Throw

Name	Year School	Finals	
1	Arnall, Dee Dee	Pacific U.	41.07m 134-09
2	Williamson, Ashley	Spokane CC	38.93m 127-09
3	Clevish, Korissa	Spokane CC	38.58m 126-07
4	Dryden, Cassie	Spokane CC	38.05m 124-10
5	Jones, Taylor	Portland	36.10m 118-05
5	Oveson, Lynique	Portland	36.10m 118-05
7	Wingard-Phillips, Mikae	Willamette	35.59m 116-09
8	Neuman, Missy	Spokane CC	35.45m 116-04
9	Aamodt, Kristen	Western Oregon	35.21m 115-06
10	Voise, Mahki	Spokane CC	34.79m 114-02
11	Callan, Nini	Western Oregon	33.07m 108-06
12	Mollet, Ashley	Willamette	32.21m 105-08
13	Rossos, Beth	Clackamas CC	30.66m 100-07
14	Gilikson, Erin	Eastern Oregon	29.28m 96-01
15	Figari, Elyssa	Willamette	26.20m 85-11
16	Cavalieri, Ashley	Highline CC	23.18m 76-00

#### Event 20 Women Hammer Throw

Name	Year School	Finals	
1	Cederberg, Jaci	Western Oregon	53.25m 174-08
2	Blankenship, Lindsey	George Fox	46.21m 151-07
3	Freed, Sabrina	Western Oregon	41.93m 137-07
4	Schwartz, Becky	Oregon Tech	39.04m 128-01
5	Coleman, Ronni	Spokane CC	38.90m 127-07
6	Sims, Caressa	Portland State	38.82m 127-04
7	Andrus, Caitlin	Willamette	36.05m 118-03
8	Fahey, Melinda	Willamette	34.75m 114-00



9	Burger, Emilie	Willamette	28.90m	94-10
10	Helmick, Autumn	Willamette	28.70m	94-02
11	Winter, Holly	Willamette	27.72m	90-11
--	Rosette, Cassie	Portland State	ND	
--	Huston, Angelica	Willamette	ND	

#### Event 31 Men 100 Meter Dash

Name	Year School	Finals	H#
1 Hubbard, Bruce	Highline CC	11.08	1
2 Garry, Tasheen	Spokane CC	11.34	1
3 Dahl, Eric	Team XO	11.45	1
4 Madrid, Michael	Alaska Anchorage	11.50	2
5 Gillespie, KC	Willamette	11.51	1
6 Brewster, Dwayne	Spokane CC	11.57	1
7 Zellick, Jason	Willamette	11.58	2
8 Moore, Cody	Spokane CC	11.59	1
9 Jayo, Talon	Eastern Oregon	11.60	1
10 Gitts, Derek	Western Oregon	11.62	2
11 Cain, Josh	Clackamas CC	11.71	3
12 Ohmes, Lucas	Clackamas CC	11.76	4
13 Ellingson, Kevin	Clackamas CC	11.91	5
14 Wade, Kyle	Spokane CC	11.92	3
15 Howard, Sterling	Highline CC	11.94	2
16 Tanquary, Jarvis	Willamette	11.94	3
17 Henson, Seth	Portland State	11.97	5
18 Mays, Larry	Highline CC	12.02	2
19 Herrington, Blake	Western Oregon	12.07	4
20 Randall, Wesley	Willamette	12.10	3
21 Parker, Jeremy	Western Oregon	12.13	3
22 Bentz, Paul	Western Oregon	12.23	4
23 Wilbon, Steve	Willamette	12.23	2
24 Edens, Paul	Unattached	12.76	5
25 Marazi, Farai	Reed	13.18	5

#### Event 32 Men 200 Meter Dash

Name	Year School	Finals	H#
1 Hubbard, Bruce	Highline CC	22.45	1
2 Rollinger, Trevor	Portland State	22.57	1
3 Gitts, Derek	Western Oregon	23.02	1
4 Zellick, Jason	Willamette	23.05	2
5 Madrid, Michael	Alaska Anchorage	23.10	1
6 Dahl, Eric	Team XO	23.15	1
7 Redmond, Adam	Highline CC	23.27	2
8 Brewster, Dwayne	Spokane CC	23.44	1
9 Howard, Sterling	Highline CC	23.74	2
9 Bruce, Matt	Clackamas CC	23.74	3
11 Bode, Justin	Alaska Anchorage	23.74	2
12 Gregory, Skyler	Western Oregon	23.87	4
13 Samuel, Cole	Western Oregon	23.89	3
14 Jones, Alvin	Highline CC	24.29	3
15 Gallardo, Kevin	Western Oregon	24.30	3
16 Bentz, Paul	Western Oregon	24.42	3
17 Cain, Josh	Clackamas CC	24.55	3
18 Waller, michael	Western Oregon	24.70	3

#### Event 33 Men 400 Meter Dash

Name	Year School	Finals	H#
1 Harcourt, Alex	U-Highline CC	48.00	1
2 Rollinger, Trevor	Portland State	48.75	1
3 Stevens, Jason	Eastern Oregon	50.63	2
4 Jones, Nathan	Willamette	50.93	1
5 Gehl, Josh	Clackamas CC	51.06	1
6 Richards, Ryan	Clackamas CC	51.34	1
7 Jones, Alvin	Highline CC	51.62	2
8 Glover, Travis	Highline CC	51.69	2

**HORNET INVITATIONAL**

March 26, 2005

Sacramento State

Partly Sunny, mild

**Women 100 Meter Dash**

1 Ned, Terica	So Cal State LA	12.15
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**Women 200 Meter Dash**

1 McMillan, Ciara	So Nevada	24.89	
31 Forbes, Michelle	George Fox U	27.21	** A
43 Bladorn, Kelly	George Fox U	27.94	

**Women 400 Meter Dash**

1 Reese, Deidre	Sr Sacramento S	57.13
25 Bladorn, Kelly	George Fox U	1:02.57

**Women 800 Meter Run**

1 Steele, Jill	Jr Utah State U	2:12.20	
2 Ruby, Christine	Sr Cal State Fu	2:14.07	
3 McLain, Anna	George Fox U	2:17.37	** A (#4 All-Time, Frosh Class Record)
7 Giffey-Brohaugh, Rachel	George Fox U	2:19.24	** (#10 All-Time, #3 Frosh)
24 Laack, Terah	George Fox U	2:23.93	## A

**Women 1500 Meter Run**

1 Egan, Amy	Fr Utah State U	4:30.66
23 Adams, Bethany	George Fox U	4:59.02

**Women 5000 Meter Run**

1 Bostwick, Becki	Fr Utah State U	17:52.12
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**Women 10000 Meter Run**

1 Gramly, Amanda	Fr Nevada	39:00.76
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**Women 100 Meter Hurdles**

1 Cisco, Willimena	So Cal Poly	14.07
25 Brown, Julie	George Fox U	17.41 ## A

**Women 400 Meter Hurdles**

1 Thatcher, Katie	So Utah State U	1:01.53
4 Thompson, Liz	Bruin Track	1:02.78
13 Brown, Julie	George Fox U	1:05.98 ** A (#8 All-Time)

**Women 3000 Meter Steeplechase**

1 Friend, Jessica	Sr University o	11:43.93
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**Women 4x100 Meter Relay**

1 Cal Poly	46.88
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**Women 4x400 Meter Relay**

1 Utah State University	3:53.00
12 George Fox University	4:05.64 **

(Laack (63.2\*\*); McLain (60.4##); Giffey-Brohaugh (60.8\*\*); Bladorn (61.0##))

**Women High Jump**

1 Day, Sharon	Fr Cal Poly	1.84m	6-00.50
1 Wagner, Kaylene	So Cal Poly	1.84m	6-00.50
3 Forbes, Michelle	George Fox U	1.69m	5-06.50 ## (#3 Senior)
T-9 Alaimo, Katie	George Fox U	1.57m	5-01.75 =##
19 Brown, Julie	George Fox U	1.52m	4-11.75

**Women Pole Vault**

1 Mitchell, Chaunte	Jr Csu Stanisla	3.97m	13-00.25
24 Black, Tori	George Fox U	2.60m	8-06.25

**Women Long Jump**

1 Adeagbo, Simidele	en Unattached	5.98m	19-07.50
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**Women Triple Jump**

1 Adeagbo, Simidele	en Unattached	12.88m	42-03.25
18 Forbes, Michelle	George Fox U	10.31m	33-10 ## A
22 Alaimo, Katie	George Fox U	9.81m	32-02.25

**Women Shot Put**

1 Clinkenbeard, Sara	Jr Una	13.77m	45-02.25
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**Women Discus Throw**

1 Demme, Jane	Fr University o	43.77m	143-07
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**Men Pole Vault**

1 Chappell, Eldwin	Sr Csus Stanisla	5.05m	16-06.75
<b>T-8 Dillow, Ben</b>	<b>George Fox U</b>	<b>4.40m</b>	<b>14-05.25 ** #5 All-Time)</b>
15 Laloli, Travis	George Fox U	4.25m	13-11.25 ##
22 Priester, Josh	George Fox U	3.95m	12-11.50 ## A
28 See, Brian	George Fox U	3.50m	

**Men Long Jump**

1 Billing, Jeff	en Unattached	7.63m	25-00.50
20 Maves, Drew	George Fox U	6.24m	20-05.75 ##
28 Beatty, Doug	George Fox U	6.01m	19-08.75

**Men Triple Jump**

1 Richmond, Stuart	Sr Cal State LA	15.22m	49-11.25
20 Beatty, Doug	George Fox U	12.32m	40-05

**Men Shot Put**

1 Lloyd, Zack	Fr Utah State U	17.69m	58-00.50
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**Men Discus Throw**

1 Bortz, Dirk	Sr Eastern Oreg	52.09m	171-10
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**Men Hammer Throw**

1 Sprague, Cole	Sr Csus Stanisla	60.60m	198-10
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**Men Javelin Throw**

1 Rozborski, Jon	Jr Chico State	65.59m	215-02
<b>3 Gassaway, Matt</b>	<b>George Fox U</b>	<b>59.66m</b>	<b>195-09 ## (IMPROVES ON OWN SENIOR RECORD)</b>
4 Smith, John	Bruin Track	59.65m	195-08

**SCORING (10-8-6-5-4-3-2-1)**

Gassaway	6
Harris	3.5
Bates	1.5
Maves	0.5
Paine	0.5
Dillow	0.25

**Northridge Spring Break Open - 3/16/2005 to 3/17/2005**  
**CSU-Northridge**  
**Results - Decathlon**

**Men Decathlon Group A**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	FV	JT	1500
1 Roberson, Matt		11.76	6.90m	12.62m	1.89m	49.82	16.12	40.75m	3.96m	52.12m	4:28.34
Claremont Mudd Scripps		w: -0.6	w: 1.3	41-05	6-02.25		w: 0.7	133-08	12-11.75	171-00	
	7042	(699)	(790)	(644)	(705)	(823) 3661	(719)	(680)	(606)	(620)	(756)
2 Dillow, Ben	<i>#2 AT</i>	11.43	<i>20-24</i> 6.16m	11.54m	1.95m	50.89 A	15.31	37.73m	4.36m	50.57m	4:29.76 *
George Fox University		w: -0.6	w: 2.1	37-10.5	6-04.75		w: 0.7	123-09	14-03.5	165-11	
	6992	(767)	(621)	(579)	(758)	(774) 3499	(812)	(619)	(719)	(597)	(746)
3 Priester, Josh	<i>50PH CR</i> <i>#4 AT</i> <i>#2 JR</i>	11.41	<i>21-54</i> 6.54m	12.16m	1.77m	50.74 A	17.02	41.56m	3.76m	51.80m	4:32.43 *
George Fox University		w: +0.0	NWI	39-10.75	5-09.75		w: 0.7	136-04	12-04	169-11	
	6690	(771)	(707)	(616)	(602)	(781) 3477	(622)	(696)	(551)	(615)	(729)
4 Benjamin, Brad		11.64	6.52m	10.79m	2.01m	50.01	16.34	34.40m	3.76m	40.39m	4:25.73
Montana State University		w: +0.0	w: 1.0	35-05	6-07		w: 0.3	112-10	12-04	132-06	
	6604	(723)	(702)	(533)	(813)	(814) 3585	(695)	(552)	(551)	(448)	(773)
5 Bettis, Phillip		11.46	6.61m	10.05m	1.83m	52.02	15.22	30.66m	4.46m	36.57m	4:59.92
Idaho State University		w: -0.6	w: +0.0	32-11.75	6-00		w: -0.6	100-07	14-07.5	120-00	
	6351	(761)	(723)	(489)	(653)	(724) 3350	(823)	(477)	(748)	(393)	(560)

# 2005 GFU SEASON'S BESTS (MEN)

a. 1/14-15 EWU Multi's	h. 3/25 Hornet Inv.
b. 1/15 Nampa, ID Indoor	i. 4/2 Willamette Inv.
c. 2/18 Moscow Indoor	j. 4/9 Bruin Open
d. 3/5 Willamette 4-Way	k. 4/11-12 NWC Multi's
e. 3/12 NWC South	l. 4/16 Linfield Tuneup
e! 3/16-17 Northridge Multi's and All-Comers	m. 4-22-23 NWC Championships
f. 3/18 WU Spring Break	n. 4/29 WOU Twilight
g. 3/19 Cal Poly Inv.	

o. 5/7 UW Shannon Inv.
p. 5/14 SPU Foreman Inv.
q. 5/19 WU Last Chance
r. 5/26-28 D-3 Nationals

A -- 2004 NWC qualifying mark

B -- NCAA-III Provisional qualifying

C -- NCAA III Auto. qualifying

## Personal best Athlete

### High Jump (A=5-10.75/1.80 B=6-07/2.01 C=6-11.00/2.11)

6-04.75/1.95	(6-04.00/1.93)	Ben Dillow	(2)	e1 A
5-06.00/1.68	(5-06.00/1.68)	Doug Beatty	(4)	a
5-09.75/1.77	(5-10.75/1.80)	Josh Priester	(3)	e1

### Vault (A=12-08.75/3.88 B=15-02.25/4.63 C=16-04.75/5.00)

14-05.25/4.40	(12-10.50/3.95)	Ben Dillow	(2)	h A
13-11.50/4.25	(14-01.00/4.29)	Travis Laloli	(3)	h A
12-11.50/3.95	(14-00.00/4.27)	Josh Priester	(3)	h A
11-11.75/3.65	(13-00.00/3.96)	Brian See	(1)	e
10-11.75/3.35	(10-11.75/3.35)	Doug Beatty	(4)	a
9-06.25/2.90	(9-00.00/2.74)	Tyler Hoskins	(1)	f
	(11-00.00/3.35)	Joe Chiarelli	(1)	

### LJ (A=20-07.00/6.27 B=22-09.75/6.95 C=23-09.75/7.24)

21-05.50/6.54	(21-10.00/6.65)	Josh Priester	(3)	e1 A
20-03.75/6.19	(20-10.50/6.36)	Doug Beatty	(4)	d
20-05.75/6.54	(20-11.00/6.37)	Drew Maves	(2)	h
20-02.50/6.16	(20-05.25/6.23)	Ben Dillow	(2)	e1
15-05.00/4.70	(15-05.00/4.70)	Joe Chiarelli	(1)	e

### TJ (A=41-05.2/12.63 B=46-03.25/14.10/ C=48-10.75/14.90)

42-02.75/12.57i	(42-04.25/12.91)	Doug Beatty	(4)	c
38-06.25/11.74	(41-02.25/12.55)	Drew Maves	(2)	e

### Shot (A=43-06.50/13.26 B=50-06.25/15.40 C=56-04.00/17.17)

39-10.75/12.16	(41-09.25/12.73)	Josh Priester	(3)	e1
37-10.50/11.54	(36-04.00/11.07)	Ben Dillow	(2)	e1
22-00.25/6.71	(22-00.25/6.71)	Doug Beatty	(4)	a

### Discus (A=135-03/38.17 B=155-10/47.50 C=172-03/52.50)

136-04/41.56	(137-07/41.94)	Josh Priester	(3)	e1 A
130-10/39.67	(114-00/34.76)	Ben Dillow	(2)	d

### Javelin (A=170-04/51.91 B=188-04/57.40 C=206-04/62.90)

195-09/59.66	(215-10/65.80)	Matt Gassaway	(4)	h AB
169-11/51.80	(155-03/47.33)	Josh Priester	(3)	e1
165-11/50.57	(171-05/52.26)	Ben Dillow	(2)	e1

### Hammer (A=137-02/41.79 B=167-04/51.00 C=188-09/57.55)

### 100m Dash (A=11.64 B=10.83 C=10.59)

11.07	(11.34)	Brad Bates	(4)	e A
11.32	(11.25)	Drew Maves	(2)	e A
11.41	(10.98)	Josh Priester	(3)	e1 A
11.43	(11.74)	Ben Dillow	(2)	e1 A
11.55	(11.55)	Seth Harris	(2)	e1 A
12.41	(12.41)	Travis Laloli	(3)	d
12.58	(12.58)	Tyler Hoskins	(1)	f
12.63	(12.63)	Brian See	(1)	e
	(12.02)	Andrew Paine	(4)	

### 200m Dash (A=23.61 B=21.81 C=21.31)

22.44	(22.92)	Brad Bates	(4)	e A
22.70	(22.66)	Seth Harris	(2)	e A
23.51	(23.88)	Andrew Paine	(4)	g A

### 400m Dash (A=51.85 B=48.50 C=47.50)

49.45	(50.44)	Brad Bates	(4)	g A
50.07-I	(50.03) I	Seth Harris	(2)	b A
50.74	(49.70)	Josh Priester	(3)	e1 A
50.89	(52.04)	Ben Dillow	(2)	e1 A
	(51.44)	Ryan Sticka	(2)	
	(51.54)	Brandon Craven	(1)	
	(52.99)	Andrew Paine	(4)	
	(53.04)	Adam Gray	(1)	

### 800m Run (A=2:00.00 B=1:53.60 C=1:51.30)

1:59.24	(1:57.17)	Ryan Sticka	(2)	f
2:00.46	(1:59.24)	David Mathiang	(1)	e
2:00.65	(1:57.54)	Bryan Cobb	(3)	d
2:07.63	(2:03.04)	Ben Dort	(2)	d
2:07.79	(2:02.84)	Adam Gray	(1)	e
2:08.11	(2:05.47)	Andrew Paine	(4)	e
2:10.50	(2:10.50)	David Delmore	(2)	e
2:04.35	(2:07.48)	Grant Finney	(1)	e

2:05.59	(2:07.24)	Jake Moe	(2)	e
2:24.17	(2:11.24)	Jeff Friesen	(1)	e
	(2:00.82)	Brad Bates	(4)	

## Personal best Athlete

### 1500m Run (A=4:10.68 B=3:55.20 C=3:50.60)

4:06.55	(4:08.58)	Matt Burg	(4)	h A
4:07.90	(4:11.24)c	David Mathiang	(1)	h A
4:08.42	(4:08.78)	Bryan Cobb	(3)	h A
4:08.44	(4:13.11)	Jake Moe	(2)	h A
4:09.25	(4:21.02)	Grant Finney	(1)	h A
4:26.30	(4:25.24)	David Delmore	(2)	e
4:29.76	(4:34.69)	Ben Dillow	(2)	e1
4:32.43	(4:39.34)	Josh Priester	(3)	e1
4:32.94-Ic	(4:24.51)	Ben Dort	(2)	c
4:39.32	(4:24.24)	Jeff Friesen	(1)	f
	(4:26.0c)	Brandon Craven	(1)	
	(4:44.28)	Andrew Paine	(4)	

### 3000m Run (not contested for championships)

9:23.71-I	(9:45/05)	Jake Moe	(2)	c
9:24.04-I	(9:33.77)	Grant Finney	(1)	c
9:37.02-I	(9:45.24)	David Delmore	(2)	c
	(9:14.24)c	David Mathiang	(1)	
	(9:17.24)c	Troy Fridley	(1)	
	(9:24.24)	Jeff Friesen	(1)	

### 5000m Run (A=15:53.06 B=14:48.00 C=14:28.00)

15:45.09	(15:45.64)	Matt Burg	(4)	g A
15:38.35	(16:35.17)	Jake Moe	(2)	g A
15:50.34	(16:42.32)	Grant Finney	(1)	g A
16:09.15	(16:59.09)	David Delmore	(2)	f
18:16.25	(18:16.25)	Jeff Friesen	(1)	d

### 10,000m Run (A=35:01.21 B=31:20.00 C=30:23.00)

33:28.47	(33:29.40)	Matt Burg	(4)	d A
33:32.54	(33:32.54)	Grant Finney	(1)	d A
33:36.56	(34:28.39)	Jake Moe	(2)	d A
34:05.54	(37:05.54)	David Delmore	(2)	d A

### 110m High Hurdles (A=17.98 B=14.90 C=14.44)

15.13	(15.50)	Ben Dillow	(2)	d A
15.40	(15.32)	Seth Harris	(2)	d A
17.02	(18.18)	Josh Priester	(3)	e1 A

### 400m Intermediate Hurdles (A=63.58 B=54.00 C=52.40)

53.53	(53.08)	Seth Harris	(2)	h AB
58.70	(60.08)	Andrew Paine	(4)	h A

### 3000m STEEPLECHASE (A=10:23.79 B=9:23.00 C=9:07.00)

### Decathlon (A=ALL B=6000 C=6550)

6992	(6410)	Ben Dillow	(2)	e1 AC
6690	(6442)	Josh Priester	(3)	e1 AC

### 4 x 100m Relay (A=TOP-8 B=42.00 C=41.24)

43.18	(Maves, Paine, Bates, Harris)	d
43.24	(Maves, Paine, Bates, Harris)	h
43.49	(Maves, Paine, Bates, Harris)	e

### 4 x 400m Relay (A=TOP-8 B=3:17.50 C=3:13.50)

3:21.86	(Paine, Maves, Bates, Harris)	g
3:23.43	(Paine, Bates, Sticka, Harris)	e
3:33.68--B	(Paine, Maves, Cobb, Moe)	h
3:38.64--B	(Maves, Cobb, Dort, Mathiang)	e

Women 100 Meter Dash

Name	Year School	Seed	Finals	Wind H#	Points
1 Ned, Terica	So Cal State LA	11.70	12.15	-2.0 1	
2 Shemi, Ena	Sr Portland Sta	11.76	12.35	-2.0 1	
3 Davis, Angel	Jr Portland Sta	11.93	12.45	-2.0 1	
4 Wilson, Jerita	Jr University o	12.10	12.51	-2.0 1	
5 Stilson, Tina Cecilie	en Unattached	12.08	12.55	-2.0 1	
6 Venable, Jocelyn	So Csu Stanisla	12.32	12.58	-0.8 2	
6 Vega, Antonia	So Modesto JC	12.26	12.58	-0.8 2	
8 Norton, Keara	Jr Cal State LA	12.00	12.62	-2.0 1	
9 Chase, Nikki	Fr Cal Poly	12.33	12.68	-0.8 2	
10 Wright, Shaina	Fr University o	12.20	12.71	-2.0 1	
11 Baer, Corrie	Fr Cal Poly	12.19	12.78	-2.0 1	
12 Tezeno, Latita	Jr Sacramento S	12.21	12.80	-0.8 2	
13 King, Melissa	Fr Diablo Valle	12.42	12.82	-0.8 2	
13 Stroem, Ellen	en Unattached	12.41	12.82	-0.8 2	
15 Garcia, Meagan	Fr University o	12.29	12.87	-0.8 2	
16 Tavui, Talava	Fr Unattached	12.80	12.93	-0.9 3	
16 Grant, Mashari	Jr Csu Stanisla	12.76	12.93	-0.9 3	
18 Oliver, LaTangia	So Cal State Fu	12.20	12.95	-2.0 1	
19 Webb, Cachet	So Utah State U	12.34	12.97	-0.8 2	
20 Jenkins, Keyanna	Western Oreg	12.76	12.98	-0.9 3	
21 Wagner, Catrina	Sr Sonoma St. U	12.57	12.99	-0.9 3	
22 Pugh, Ashley	So Portland Sta	12.45	13.00	-0.8 2	
23 Arnold, Kara	en Unattached/T	12.81	13.08	-3.1 4	
24 Fuller, Chelsey	Jr Sacramento S	12.80	13.14	-0.9 3	
25 Swan, Amanda	Fr Cal State LA	12.80	13.18	-0.9 3	
26 Schlenker, Jill	So San Joaquin	12.97	13.20	-3.1 4	
27 Johnson, Bridget	Jr Western Oreg	12.70	13.29	-0.9 3	
28 Kotey, Omonike	Jr Cal State LA	12.50	13.31	-0.9 3	
29 Cearley, Destany	Jr Cal State Fu	12.90	13.32	-3.1 4	
30 Figueira, Kelly	So Cal State Fu	12.85	13.45	-3.1 4	
31 Azevedo, Amber	Sr Chico State	12.98	13.48	-3.1 4	
32 Jones, Jennifer	Fr Cal State Fu	12.95	13.63	-3.1 4	
33 Harrington, Joyanne	Fr Santa Rosa J	13.80	13.73	-0.8 5	
34 Landry, Jamie	Fr Modesto JC	13.10	13.76	-3.1 4	
35 Fisher, Tiffany	Fr Modesto JC	13.24	13.91	-3.1 4	
36 Bosque, Veronica	Fr Santa Rosa J	14.22	14.35	-0.8 5	
37 Pino, Desirae	Fr Modesto JC	13.56	14.36	-0.8 5	
38 Wang, Mei	en Unattached	12.92	14.65	-3.1 4	
39 Scott, Kiyomi	Jr Cal State LA	14.00	14.91	-0.8 5	
-- Galloway, Bonnie	Western Oreg	12.47	FS	-0.9 3	

Women 200 Meter Dash

Name	Year School	Seed	Finals	Wind H#	Points
1 McMillan, Clara	So University o	24.20	24.89	NWI 1	
2 Wilson, Jerita	Jr University o	24.80	25.15	NWI 1	
3 Shemi, Ena	Sr Portland Sta	24.65	25.32	NWI 1	
4 Venable, Jocelyn	So Csu Stanisla	25.17	25.35	NWI 2	
5 Stilson, Tina Cecilie	en Unattached	25.03	25.40	NWI 1	
6 Spears, Charissa	So Csu Stanisla	25.28	25.62	NWI 2	
7 Galloway, Bonnie	Western Oreg	25.73	25.73	NWI 3	
8 Cisco, Willimena	So Cal Poly	24.87	25.85	NWI 1	
9 Day, Sharon	Fr Cal Poly	24.66	25.88	NWI 1	
10 Stroem, Ellen	en Unattached	24.93	25.90	NWI 1	
11 Chase, Nikki	Fr Cal Poly	25.66	25.91	NWI 3	
12 Wright, Shaina	Fr University o	25.20	25.98	NWI 2	
13 Vega, Antonia	So Modesto JC	25.30	26.03	NWI 6	
14 Sims, Caressa	Fr Portland Sta	25.20	26.09	NWI 2	
15 Kociemba, Katy	Sr Western Oreg	26.03	26.23	NWI 3	
16 Tavui, Talava	Fr Unattached	26.86	26.48	NWI 4	
16 Webb, Cachet	So Utah State U	25.69	26.48	NWI 3	
18 McCall, Rebekah	Fr Cal State LA	25.50	26.54	NWI 2	
19 Pugh, Ashley	So Portland Sta	25.43	26.56	NWI 2	
20 Wagner, Catrina	Sr Sonoma St. U	26.05	26.64	NWI 4	
21 Reed, Lalondra	Fr American Riv	27.46	26.66	NWI 5	
22 Oliver, LaTangia	So Cal State Fu	25.55	26.75	NWI 2	
23 Savage, Shameka	en Auc Elite	26.78	26.76	NWI 4	
24 Anderson, Terri	Sr Cal State Fu	25.85	26.81	NWI 3	
25 Loftin, Erin	Jr Chico State	27.11	26.86	NWI 5	
26 Smith, Ryana	Jr Chico State	26.90	26.88	NWI 4	
27 Smith, Ja'nell	en Unattached	26.72	26.96	NWI 4	
28 Barker, Brooke	Pacific Univ	26.12	27.14	NWI 7	
29 Grant, Mashari	Jr Csu Stanisla	26.30	27.16	NWI 4	
30 Arnold, Kara	en Unattached/T	27.65	27.17	NWI 6	
31 Forbes, Michelle	George Fox U	27.50	27.21	NWI 6	
32 Jenkins, Keyanna	Western Oreg	27.06	27.26	NWI 5	
33 Heagney, Christina	Fr Sacramento S	26.90	27.29	NWI 4	
34 Singleton, Kristen	So University o	26.20	27.41	NWI 4	
35 Norton, Keara	Jr Cal State LA	24.90	27.43	NWI 1	
36 Schlenker, Jill	So San Joaquin	26.99	27.52	NWI 5	
37 Figueira, Kelly	So Cal State Fu	25.75	27.55	NWI 3	
38 Kendall, Julie	Jr Western Oreg	28.00	27.65	NWI 6	
39 Sandelin, Neicy	Jr Chico State	27.42	27.66	NWI 5	
40 Barnette, Latasha	American Riv	27.57	27.71	NWI 6	
41 Tezeno, Latita	Jr Sacramento S	25.30	27.72	NWI 2	
42 Jones, Jennifer	Fr Cal State Fu	26.85	27.81	NWI 4	

43	Bladorn, Kelly	George Fox U	27.37	27.94	NWI	5
44	Rojas, Mia	en Unattached/T	27.97	28.18	NWI	6
45	Fisher, Tiffany	Fr Modesto JC	28.25	28.23	NWI	7
46	Match, Elyssa	San Francisc	30.20	28.35	NWI	7
47	Turner, Gina	So San Joaquin	27.50	28.89	NWI	5
48	Harrington, Joyanne	Fr Santa Rosa J	28.33	28.94	NWI	6
49	Bosque, Veronica	Fr Santa Rosa J	29.26	29.27	NWI	7
50	White, Ronnell	Fr Modesto JC	28.57	29.49	NWI	7
51	Flowers, Janette	Sr University o	25.91	29.55	NWI	3
52	Bird, Jenna	Jr Cal State Fu	27.05	29.69	NWI	5
53	Miller, Suzanne	San Francisc	29.10	29.70	NWI	6
54	Wagner, Kaylena	So Cal Poly	29.88	29.89	NWI	7
55	Chambers, Crystal	San Francisc	30.40	29.90	NWI	7

#### Women 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Reese, Deidre	Sr Sacramento S	56.90	57.13	1	
2	Patten, Jamie	So University o	56.20	57.25	1	
3	Barrow, Caitlin	Jr Cal State LA	57.00	57.75	1	
4	Matthias, Nicole	So Sacramento C	59.36	58.58	3	
5	Spears, Charissa	So Csu Stanisla	57.90	58.66	1	
6	Loftin, Erin	Jr Chico State	59.50	58.90	3	
7	Palmero, Olivia	Sr Portland Sta	57.90	58.92	1	
8	Bauer, Jennifer	So University o	59.10	59.11	3	
9	Hodges, Brittany	Fr University o	57.80	59.21	1	
10	Bryant, Shanita	Sr Sacramento S	1:00.00	59.42	4	
11	Heagney, Christina	Fr Sacramento S	59.00	59.58	2	
12	Sandelin, Neicy	Jr Chico State	1:00.10	59.66	4	
13	Skabelund, Diana	Fr Utah State U	57.91	59.80	2	
14	Chase, Nikki	Fr Cal Poly	57.98	59.87	2	
15	Smith, Ryana	Jr Chico State	59.88	59.96	4	
16	Smith, Ja'nell	en Unattached	58.72	1:00.11	2	
17	Sechler, Roxanne	So Sonoma St. U	58.60	1:00.38	2	
18	Barker, Brooke	Pacific Univ	57.60	1:00.58	1	
19	Rudolph, Kelly	Butte CC	59.58	1:00.69	3	
20	Anderson, Terri	Sr Cal State Fu	58.75	1:00.97	2	
21	Savage, Shameka	en Auc Elite	59.97	1:01.39	4	
22	Preston, Virginia	Fr Cal State Fu	59.97	1:01.54	4	
23	Solomon, Brooklyn	Jr Sacramento S	1:00.53	1:01.74	4	
24	Hammons, Natalie	Fr University o	58.20	1:02.29	2	
25	Bladorn, Kelly	George Fox U	1:01.32	1:02.57	5	
26	Ikp, Nkechi	So Modesto JC	1:02.15	1:04.17	5	
27	Miller, Suzanne	San Francisc	1:05.10	1:04.77	5	
28	Chambers, Crystal	San Francisc	1:08.50	1:06.61	5	
29	Bird, Jenna	Jr Cal State Fu	1:02.35	1:07.15	5	
30	Manhart, Caitlyn	NDNU	59.00	1:09.02	3	
31	White, Ronnell	Fr Modesto JC	1:04.24	1:09.24	5	

#### Women 800 Meter Run

Name	Year	School	Seed	Finals	Points
1	Steele, Jill	Jr Utah State U	2:11.74	2:12.20	
2	Ruby, Christine	Sr Cal State Fu	2:11.00	2:14.07	
3	McLain, Anna	George Fox U	2:18.00	2:17.37	
4	Bagwell, Katherine	So Chico State	2:17.90	2:18.57	
5	Sinclair, Danielle	Fr Diablo Valle	2:22.48	2:18.99	
6	Wattree, LaNaya	Fr University o	2:16.00	2:19.18	
7	Giffey-Brohaugh, Rachel	George Fox U	2:19.29	2:19.24	
8	Stephenson, Tylar	Sr Portland Sta	2:17.67	2:19.76	
9	McClellan, Brittany	Fr Cal State Fu	2:19.00	2:19.90	
10	Sinclair, Melissa	Jr Chico State	2:18.80	2:20.04	
11	Garcia, Melissa	Fr Sacramento C	2:22.64	2:20.16	
12	Mendez, Cynthia	Fr Cal State Fu	2:17.00	2:20.44	
13	Guerreiro, Patty	Fr Csu Stanisla	2:18.12	2:21.07	
14	Castillo-Springer, Ace	Jr Sacramento S	2:22.00	2:21.22	
15	Silva, Kayla	Fr Chico State	2:19.10	2:21.96	
16	Solomon, Brooklyn	Jr Sacramento S	2:22.00	2:23.09	
17	Rheingold, Christina	Jr Chico State	2:20.30	2:23.12	
18	Garcia, Michelle	Jr Sacramento S	2:23.00	2:23.28	
19	Mc Coy, Erin	So Modesto JC	2:19.00	2:23.40	
20	Pena, Hailey	Fr Chico State	2:19.80	2:23.41	
21	Baxter, Sara	Fr Sacramento S	2:23.00	2:23.42	
22	Peterson, Jen	So Western Oreg	2:22.00	2:23.49	
23	Daum, Allison	So Sonoma St. U	2:27.56	2:23.63	
24	Laack, Terah	George Fox U	2:25.00	2:23.93	
25	Howell, Sarah	Western Oreg	2:23.00	2:24.19	
26	Abbott, Jennifer	Sr University o	2:24.00	2:24.34	
27	Glenn, Michelle	Fr University o	2:20.00	2:24.87	
28	Dvorak, Desiree	Jr Csu Stanisla	2:23.45	2:24.88	
29	Nelson, Kari	So American Riv	2:29.61	2:25.13	
30	Lordi, Vanessa	en Unattached	2:15.00	2:25.68	
31	Otto, Karen	Fr American Riv	2:29.85	2:26.12	
32	Van Zant, Linsey	So Modesto JC	2:20.00	2:27.26	
33	Kirby, Leslie	Fr Cal State Fu	2:20.00	2:27.64	
34	Nelson, Alana	Fr Sacramento C	2:28.61	2:27.94	
35	Cuellar, Monique	NDNU	2:30.00	2:28.63	
36	Baldwin, Alisha	So Northwest Un	2:27.00	2:29.29	
37	Garcia, Geraldina	So Csu Stanisla	2:30.70	2:29.69	
38	Rudolph, Kelly	Butte CC	2:19.00	2:29.79	
39	Draper, Samantha	Fr Modesto JC	2:30.00	2:29.97	
40	Frier, Erin	Fr Csu Stanisla	2:29.78	2:30.95	
41	Kantola, Ingrid	Fr Unattached	2:26.00	2:31.30	

42	Garrett, Caroline	So San Joaquin	2:35.50	2:32.22
43	Robinson, Staci	en Unattached	2:34.00	2:33.06
44	Armendariz, Queriza	Fr Modesto JC	2:30.00	2:37.05
45	Ramirez, Hilda	Jr Csu Stanisla	2:38.21	2:37.67
46	Frier, Kelly	Fr Csu Stanisla	2:38.11	2:37.96
47	Lindberg, Annarose	en Unattached	2:35.00	2:38.67
48	Hinton, Julie	Sr University o	2:18.00	2:39.39
49	Lund, Britney	Butte CC	2:35.00	2:39.71
50	Cook, April	Fr American Riv	2:49.74	2:51.61

#### Women 1500 Meter Run

Name	Year	School	Seed	Finals	Points
1 Egan, Amy	Fr	Utah State U	4:30.00	4:30.66	
2 Dimmick, Sara	Sr	Utah State U	4:42.00	4:36.92	
3 Lifferth, Stacie	Fr	Utah State U	4:34.00	4:37.57	
4 Johnson, Virginia	Sr	University o	4:44.00	4:41.13	
5 Frank, Sara	Sr	University o	4:44.00	4:46.04	
6 Barr, Emmy		Unattached	4:45.00	4:46.50	
7 Johnson, Ashley	So	Utah State U	4:32.00	4:48.07	
8 Holt, Ashley	Jr	University o	4:48.00	4:49.48	
9 Masciana, Juliana	Fr	Cal State Fu	4:49.00	4:49.67	
10 Mendez, Cynthia	Fr	Cal State Fu	4:45.00	4:50.75	
11 Avena, Christa	Fr	University o	4:52.00	4:51.39	
12 Kelly, Sara		Christian Te	5:02.54	4:51.59	
13 Thomson, Heather	Fr	University o	4:42.00	4:54.12	
14 Andrus, Carolyn	So	Utah State U	4:54.00	4:54.43	
15 Ouwerkerk, Melinda	So	University o	4:43.32	4:54.80	
16 McClellan, Brittany	Fr	Cal State Fu	4:50.00	4:54.98	
17 Sinclair, Danielle	Fr	Diablo Valle	5:02.41	4:56.39	
18 Van Zant, Linsey	So	Modesto JC	5:03.00	4:56.58	
19 Kuehn, Lyndsey	Jr	Chico State	4:50.98	4:56.88	
20 Dvorak, Desiree	Jr	Csu Stanisla	4:52.34	4:57.29	
21 Cole, Molly	Fr	Portland Sta	4:50.10	4:57.53	
22 Oppido, Hilary	Jr	Chico State	4:47.45	4:58.51	
23 Adams, Bethany		George Fox U	4:57.00	4:59.02	
24 Marchini, Lisa	So	Diablo Valle	5:07.32	5:00.24	
25 Williams, Megan	Fr	Chico State	4:53.32	5:01.22	
26 Kirby, Leslie	Fr	Cal State Fu	4:55.00	5:01.92	
27 Frier, Erin	Fr	Csu Stanisla	5:05.21	5:01.95	
28 Trutna, Leah	Jr	Western Oreg	4:58.00	5:02.00	
29 Garcia, Michelle	Jr	Sacramento S	5:00.00	5:02.75	
30 Nelson, Alana	Fr	Sacramento C	5:05.42	5:02.77	
31 Trenkwalder, Jacqui	Fr	Sonoma St. U	5:06.33	5:03.00	
32 Bolsta, Shanel	Fr	University o	5:08.00	5:03.59	
33 Garcia, Geraldina	So	Csu Stanisla	5:08.34	5:03.65	
34 Roessler, Krista	Fr	Chico State	4:53.60	5:03.79	
35 Baxter, Sara	Fr	Sacramento S	5:00.00	5:04.37	
36 Lugo, Elizabeth	Jr	Cal State LA	4:50.00	5:04.48	
37 Zibblatt, Shoshana		Unattached	4:57.00	5:05.12	
38 Cotterill, Holly	Fr	Portland Sta	4:55.31	5:05.61	
39 Nelson, Kari	So	American Riv	5:13.53	5:07.01	
40 Draper, Samantha	Fr	Modesto JC	5:10.00	5:12.97	
41 Garrett, Caroline	So	San Joaquin	5:19.10	5:13.45	
42 Chaffin, Renee	Fr	Sonoma St. U	5:09.65	5:13.88	
43 Scholtes, Jennifer	Fr	Chico State	5:28.00	5:16.85	
44 Castro, Caria	Fr	Cal State LA	5:10.00	5:16.94	
45 Enfield, Katie	en	Unattached/T	5:09.50	5:18.44	
46 Armendariz, Queriza	Fr	Modesto JC	5:20.00	5:19.91	
47 Gonzalez, Elizabeth	Jr	Cal State LA	5:10.00	5:20.28	
48 Lugo, Flora	Jr	Cal State LA	5:10.00	5:22.91	
49 Roesinger, Erin	en	Unattached/T		5:24.18	
50 Ramirez, Hilda	Jr	Csu Stanisla	5:18.90	5:34.53	
51 Lund, Britney		Butte CC	5:30.00	5:37.09	
52 Cook, April	Fr	American Riv	5:55.81	5:54.09	
53 Mathis, Kim	Fr	American Riv	6:04.71	6:04.61	

#### Women 5000 Meter Run

Name	Year	School	Seed	Finals	Points
1 Bostwick, Becki	Fr	Utah State U	17:48.00	17:52.12	
2 Berry, Caroline	So	Utah State U	18:42.00	18:20.11	
3 Grillo, Virginia	Jr	Sacramento S	18:50.00	18:42.00	
4 Hernandez, Gabrielle	Fr	Sacramento S	18:50.00	18:44.92	
5 Johnson, Megan	Fr	Santa Rosa J	18:56.59	19:05.88	
6 Rohde, Maija	So	Cal State LA	18:00.00	19:09.19	
7 Perez, Christine		San Francisc	19:29.00	19:14.40	
8 Nelson, Lindsay		Butte CC	18:52.00	19:18.02	
9 Lugo, Elizabeth	Jr	Cal State LA	19:00.00	19:24.88	
10 Smith, Sarah		Pacific Univ	18:00.00	19:37.44	
10 Ballin, Brittaney		NDNU	19:20.00	19:37.44	
12 Starkey, Melissa	Sr	Csu Stanisla	21:23.00	20:02.13	
13 Hernandez, Juanita	Fr	Cal State LA	19:30.00	20:06.30	
14 Lugo, Flora	Jr	Cal State LA	19:30.00	20:32.99	
15 Elwan, Deena	Fr	American Riv	23:05.68	21:35.37	

#### Women 10000 Meter Run

Name	Year	School	Seed	Finals	Points
1 Gramly, Amanda	Fr	University o	39:30.00	39:00.76	
2 Anderson, Brandy	Jr	Central Wash	39:00.00	39:50.16	
3 Knowles, Kendall	Jr	University o	39:30.00	40:17.59	

-- Rohm, Brittany	So University o	39:30.00	DNF
-- Smith, Sarah	Pacific Univ	38:00.00	DNF
-- Gardner, Tara	Jr High Sierra		DNF

#### Women 100 Meter Hurdles

Name	Year School	Seed	Finals	Wind H#	Points
1 Cisco, Willimena	So Cal Poly	13.66	14.07	-1.7	1
2 Blackwood, Kerry Ann	Jr Portland Sta	14.25	14.78	-1.7	1
3 Dahl, Emily	Fr Portland Sta	14.35	14.86	-1.7	1
4 Butler, Abbey	Sr Chico State	14.09	14.94	-1.7	1
5 Smith, Monica	Sr Western Oreg	14.67	15.10	-1.7	1
6 Judd, Amber	So Utah State U	14.16	15.20	-1.7	1
7 Jones, Jennifer	Fr Cal State Pu	15.05	15.22	-1.6	2
8 Kuklovsky, Corinne	Jr University o	14.80	15.43	-1.6	2
9 Cook, Alena	Jr Sonoma St. U	15.81	15.71	-1.4	3
10 Quinn, Meghann	Jr Portland Sta	15.55	15.80	-1.6	2
11 White, Brianna	Sr Chico State	15.18	15.83	-1.6	2
12 Kantola, Ingrid	Fr Unattached	15.50	15.84	-1.6	2
13 Shabazz, Keshia	Fr Portland Sta	15.85	16.01	-1.4	3
14 Land, Ashley	Fr University o	15.35	16.03	-1.6	2
15 Fix, Alise	Fr Santa Rosa J	15.59	16.23	-1.6	2
16 Quay, Ashley	So Portland Sta	15.80	16.41	-1.4	3
17 Callan, Nini	Jr Western Oreg	15.30	16.49	-1.6	2
17 Tracey, Melissa	So Modesto JC	16.14	16.49	-1.4	3
19 Turner, Gina	So San Joaquin	16.47	16.67	-1.4	4
20 Rawlins, Ashley	Jr Chico State	16.79	16.96	-1.4	4
21 Volosin, Kim	Fr Sonoma St. U	16.84	16.97	-1.4	4
22 Glidden, Jenna	So University o	14.80	16.98	-1.6	2
23 Burton, Darci	Jr Chico State	16.61	17.14	-1.4	4
24 Leta-Pombo, Halley	en Unattached/T	15.99	17.39	-1.4	3
25 Brown, Julie	George Fox U	16.34	17.41	-1.4	3
26 Peterait, Julia	Fr University o	15.91	17.55	-1.4	3
27 Thompson, Hollie	Fr San Joaquin	17.10	17.58	-1.4	4
28 McKinney, Loretta	So Csu Stanisla	16.80	17.77	-1.4	4
29 McComas, Jamie	So American Riv	17.92	17.83	NWI	5
30 Barker, Sarah	Fr Western Oreg	16.00	18.08	-1.4	3
31 Hoekstra, Anne	Jr Csu Stanisla	17.90	18.26	NWI	5
32 Mitchell, Chaunte	Jr Csu Stanisla	16.40	18.32	-1.4	4
33 Azevedo, Amber	Sr Chico State	16.90	18.55	-1.4	4
34 Bermudez, Haley	Fr Csu Stanisla	18.00	19.12	NWI	5
35 Law, Denise	Fr Diablo Valle		19.37	NWI	5

#### Women 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Thatcher, Katie	So Utah State U	1:00.15	1:01.53	1	
2 Hunt, Erin	Sr Csu Stanisla	1:03.00	1:01.54	1	
3 Judd, Amber	So Utah State U	1:00.66	1:02.03	1	
4 Thompson, Liz	Bruin Track	1:02.00	1:02.78	1	
5 Dahl, Emily	Fr Portland Sta	1:02.95	1:02.91	1	
6 Cearley, Destany	Jr Cal State Pu	1:02.15	1:03.18	1	
7 Tracey, Melissa	So Modesto JC	1:03.24	1:03.94	2	
8 Hillam, Emily	Sr Utah State U	1:02.32	1:04.24	1	
9 Griffin, Emily	Jr Sacramento S	1:03.00	1:04.44	1	
10 Cook, Alena	Jr Sonoma St. U	1:03.34	1:04.45	2	
11 Horn-Nelson, Venetia	Sr University o	1:04.30	1:04.66	2	
12 Glidden, Jenna	So University o	1:04.30	1:04.67	2	
13 Brown, Julie	George Fox U	1:08.72	1:05.98	3	
14 Medina, Rosana	So University o	1:05.10	1:06.67	2	
15 Smith, Teri	So Sonoma St. U	1:06.16	1:06.68	3	
16 Rummel, Jennie	Jr Western Oreg	1:06.10	1:06.83	3	
17 Klinger, Angela	Fr Sacramento C	1:05.35	1:07.02	2	
18 Shabazz, Keshia	Fr Portland Sta	1:08.25	1:07.91	3	
19 Tamen, Dalya	Fr Cal State Pu	1:07.00	1:08.16	3	
20 Nunes, Ashley	Jr Csu Stanisla	1:06.00	1:08.38	3	
21 Fuller, Chelsey	Jr Sacramento S	1:06.00	1:09.04	2	
22 Woodard, Kristin	Jr Sonoma St. U	1:08.94	1:09.17	4	
23 Volosin, Kim	Fr Sonoma St. U	1:11.08	1:10.06	4	
24 Nash, Natalie	So Western Oreg	1:07.80	1:10.29	3	
25 Turner, Gina	So San Joaquin	1:11.10	1:11.19	4	
26 Nemes, Sierra	So American Riv	1:15.35	1:13.00	4	
27 Lassu, Reka	en Unattached/T	1:09.90	1:13.32	4	
28 Middleton, Beth	So Sonoma St. U	1:13.76	1:14.25	4	
29 Pino, Desirae	Fr Modesto JC	1:08.22	1:16.66	3	
30 Law, Denise	Fr Diablo Valle	1:18.56	1:17.49	5	
31 Condrashoff, Christine	So Diablo Valle	1:17.40	1:18.68	5	
32 Thompson, Hollie	Fr San Joaquin	1:15.50	1:22.16	4	

#### Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Friend, Jessica	Sr University o	11:20.23	11:43.93	
2 Ciraulo, Danielle	Jr Csu Stanisla	12:35.00	11:49.05	
3 Stephens, Kellie	Fr Chico State		12:20.83	
4 Greene, Kara	So Sacramento S	12:00.00	12:22.85	
5 Vitrakis, Lindsey	Fr Csu Stanisla	12:30.00	12:31.69	
6 Foster, Ondi	en Unattached/T	12:30.00	13:37.82	
7 Tafolla, Dennice	Fr Modesto JC	14:30.00	14:24.97	

#### Women 4x100 Meter Relay



School	Seed	Finals	H#	Points
1 Cal Poly 'A'	46.77	46.88	1	
1) Baer, Corrie Fr				
2) Chase, Nikki Fr				
3) Cisco, Willimena So				
4) Cortney, Stafford Jr				
2 University of Nevada 'A'	47.00	46.90	1	
3 Portland State Univ 'A'	45.76	47.24	1	
4 Sacramento State 'A'	47.00	47.30	1	
5 Cal State LA 'A'	47.25	47.33	1	
6 Csu Stanislaus 'A'	48.09	47.94	1	
1) Grant, Mashari Jr				
2) Hunt, Erin Sr				
3) Spears, Charissa So				
4) Venable, Jocelyn So				
7 Western Oregon Univ. 'A'	48.40	47.96	2	
1) Galloway, Bonnie				
2) Jenkins, Keyanna				
3) Kociemba, Katy Sr				
4) Smith, Monica Sr				
8 Cal State Fullerton 'A'	47.00	48.47	1	
1) Anderson, Terri Sr				
2) Cearley, Destany Jr				
3) Oliver, LaTangia So				
4) Welborn, Lacey Jr				
9 Chico State 'A'	49.79	49.18	2	
10 University of Nevada 'B'	49.20	49.34	2	
11 Diablo Valley College 'A'	51.04	51.46	2	
1) Condrashoff, Christine So				
2) Frankel, Jennifer So				
3) King, Melissa Fr				
4) Mitchell, Sharday Fr				
12 Unattached/Trevino 'A'	50.89	52.79	2	
13 University of Idaho 'A'	47.90	55.84	1	
1) Abo, Linsey Fr				
2) Garcia, Meagan Fr				
3) Hammons, Natalie Fr				
4) Patten, Jamie So				

#### Women 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Utah State University 'A'	3:52.00	3:53.00	1	
2 Csu Stanislaus 'A'	3:20.78	3:54.54	1	
1) Guerrero, Patty Fr				
2) Hunt, Erin Sr				
3) Spears, Charissa So				
4) Venable, Jocelyn So				
3 Cal State Fullerton 'A'	3:52.00	3:56.54	1	
1) Anderson, Terri Sr				
2) Cearley, Destany Jr				
3) Oliver, LaTangia So				
4) Ruby, Christine Sr				
4 Portland State Univ 'A'	3:51.25	3:59.24	1	
5 University of Nevada 'A'	3:48.00	4:00.39	1	
6 University of Nevada 'B'	3:58.00	4:00.44	2	
7 Chico State 'A'	3:53.23	4:01.14	1	
8 Sonoma St. Univ. 'A'	4:01.55	4:01.40	2	
9 Sacramento City College 'A'	4:02.98	4:03.26	2	
10 Chico State 'B'	3:59.79	4:03.91	2	
11 Modesto JC 'A'	4:04.25	4:05.32	2	
12 George Fox University 'A'	4:06.00	4:05.64	2	
13 Diablo Valley College 'A'	4:24.00	4:15.41	3	
1) Frankel, Jennifer So				
2) King, Melissa Fr				
3) Marchini, Lisa So				
4) Sinclair, Danielle Fr				
14 Wolverine Track Club 'A'	4:25.00	4:45.79	3	
1) Jones, Lisa				
2) Jones, Kala				
3) Lindberg, Annarose				
4) Pineda, Annel				

#### Women High Jump

Name	Year School	Seed	Finals	Points
1 Day, Sharon	Fr Cal Poly	1.90m	1.84m	
1 Wagner, Kaylene	So Cal Poly	1.90m	1.84m	
3 Forbes, Michelle	George Fox U	1.69m	1.69m	
4 Souhrada, Tassie	Sr University o	1.80m	1.62m	
4 Brownson, Maranda	Sr University o	1.67m	1.62m	
4 Quay, Ashley	So Portland Sta	1.63m	1.62m	
4 Thiselle, Crystal	Sr Utah State U	1.65m	1.62m	
4 White, Brianna	Sr Chico State	1.62m	1.62m	
9 Welborn, Lacey	Jr Cal State Fu	1.70m	1.57m	
9 Lightsey, Lindsay	en Unattached/T	1.57m	1.57m	
9 Smart, Katrina	Fr Utah State U	1.67m	1.57m	
9 Smith, Monica	Sr Western Oreg	1.73m	1.57m	
9 Boice, Amanda	Fr University o	1.65m	1.57m	
9 Burton, Darci	Jr Chico State	1.57m	1.57m	
9 Stevens, Johanna	Fr University o	1.62m	1.57m	
9 Alaimo, Katie	George Fox U	1.57m	1.57m	
9 Fontenot, LaKischa	So Sacramento C	1.65m	1.57m	
9 Farr, Chalise	Sr Utah State U	1.60m	1.57m	
19 Adams, Antionette	Sacramento S	1.57m	1.52m	
19 Rawlins, Ashley	Jr Chico State	1.57m	1.52m	
19 Guinn, Kristin	en Unattached/T	1.57m	1.52m	
19 Brown, Julie	George Fox U	1.58m	1.52m	
19 Barrow, Caitlin	Jr Cal State LA	1.65m	1.52m	
19 Paulissen, Marci	Sr Chico State	1.47m	1.52m	
25 White, Christina	San Francisc	1.49m	1.47m	
25 Adams, Lisa	Fr Modesto JC	1.47m	1.47m	
25 Klinger, Angela	Fr Sacramento C	1.57m	1.47m	
28 Hoekstra, Anne	Jr Csu Stanisla	1.39m	1.42m	
28 Rosenthal, Bria	en Unattached/T	1.52m	1.42m	
30 Gallagher, Kayla	en Unattached/T	1.42m	1.37m	
30 Bermudez, Haley	Fr Csu Stanisla	1.39m	1.37m	
-- Peterreit, Julia	Fr University o	1.42m	DNF	

#### Women Pole Vault

Name	Year School	Seed	Finals	Points
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1	Mitchell, Chaunte	Jr	Csu Stanisla	4.07m	3.97m
2	Dahl, Kelly	So	Cal Poly	3.90m	3.70m
3	Piva, Bree Ann	Jr	University o	3.72m	3.60m
3	Kantola, Ingrid	Fr	Unattached	3.69m	3.60m
5	Neely, Tamara	Jr	Sara Clinken	3.70m	3.50m
5	Geisler, Alana	Jr	Utah State U	3.50m	3.50m
5	Adams, Melissa	So	Sacramento S	3.35m	3.50m
5	Taman, Dalya	Fr	Cal State Fu		3.50m
9	Schlenker, Jill	So	San Joaquin	3.35m	3.35m
9	Moyer, Janna	So	University o	3.52m	3.35m
9	Odle, Stevie	Fr	Chico State	3.35m	3.35m
9	Clarke, Jennifer	Sr	Cal State Fu		3.35m
13	Sabo, Rachelle	Sr	Chico State	3.65m	3.20m
13	Kassis, Saheer	Jr	Chico State	3.04m	3.20m
13	Weiss, Sarah	Jr	Chico State	3.25m	3.20m
16	Leta-Pombo, Halley	en	Unattached/T	3.12m	3.05m
16	Greenough, Gayle	Fr	Santa Rosa J	3.04m	3.05m
16	Likens, Jocelyn	Jr	Chico State	3.04m	3.05m
16	Cummings, Hillary	Fr	University o	2.85m	3.05m
20	Aderson, Suzanne	Fr	Modesto JC	2.89m	2.90m
20	Condrashoff, Christine	So	Diablo Valle	3.04m	2.90m
20	Brown, Kaitlyn	Fr	University o	2.75m	2.90m
20	Landry, Jamie	Fr	Modesto JC	2.74m	2.90m
24	Scott, Kiyomi	Jr	Cal State LA	2.74m	2.60m
24	Sugai, Jaymie		San Francisc	2.79m	2.60m
24	Lassu, Reka	en	Unattached/T	3.04m	2.60m
24	Allen, Jackie	Fr	Csu Stanisla	2.74m	2.60m
24	Black, Tori		George Fox U	2.89m	2.60m
24	Allen, Corinne		Sacramento S	2.71m	2.60m
24	McGeorge, Kelli	Fr	San Joaquin	2.74m	2.60m
--	Costa, Kira		Cal Poly	4.00m	DQ
--	Leyvas, Liz	en	Unattached/T	3.37m	DQ
--	Moore, Melissa	Sr	Chico State	3.04m	DQ
--	Duhadway, Kathryn	Fr	Utah State U	3.27m	DQ
--	Kassis, Shireen	Fr	Santa Rosa J	2.59m	DQ

#### Women Long Jump

Name	Year	School	Seed	Finals	Wind	Points
1	Adeagbo, Simidele	en	Unattached	6.20m	5.98m	-1.0
2	Blackwood, Kerry Ann	Jr	Portland Sta	6.10m	5.82m	-0.8
3	Kenley-Henderson, Tyreln	Jr	Sacramento S	5.79m	5.74m	-2.5
4	Imran, Gayle	Jr	Portland Sta	6.00m	5.71m	-0.5
5	McMillan, Ciara	So	University o	5.74m	5.70m	0.7
6	Vaught, Lori	Fr	Cal State LA	5.68m	5.67m	0.3
7	Norton, Keara	Jr	Cal State LA	5.84m	5.61m	+0.0
8	Bryant, Shanita	Sr	Sacramento S	5.79m	5.58m	-0.1
9	Kuklovsky, Corinne	Jr	University o	5.71m	5.51m	-1.0
10	Kotey, Omonike	Jr	Cal State LA	5.66m	5.47m	-0.7
11	Kociamba, Katy	Sr	Western Oreg	5.66m	5.45m	+0.0
12	Smith, Sherena	So	University o	5.43m	5.43m	-0.7
13	Nunnally, LaTrise	So	Cal State LA	5.48m	5.32m	-0.3
13	White, Jimia	So	Sacramento C	5.63m	5.32m	-1.0
15	Johnson, Kourteney	Fr	Sacramento C	5.08m	5.26m	-1.0
16	Nelson, Kim	Fr	University o	5.35m	5.23m	-0.4
17	Welborn, Lacey	Jr	Cal State Fu	5.63m	5.22m	-1.0
18	Johnson, Bridget	Jr	Western Oreg	5.36m	5.14m	-1.6
19	Payne, Antoinette	Fr	Portland Sta	5.80m	5.11m	-1.6
20	Singleton, Kristen	So	University o	5.13m	5.10m	-0.9
21	Land, Ashley	Fr	University o	5.13m	5.09m	+0.0
22	McKinney, Loretta	So	Csu Stanisla	4.97m	5.05m	-1.4
23	Reed, Lalondra	Fr	American Riv		5.01m	-1.7
24	Kendall, Julie	Jr	Western Oreg	5.30m	4.99m	-1.1
25	Elerick, Jenna	So	Chico State	5.30m	4.97m	-2.0
26	Petereit, Julia	Fr	University o	4.92m	4.94m	-0.7
26	Altman, Suezana	Fr	Siskiyou	4.97m	4.94m	-0.5
28	Abo, Linsey	Fr	University o		4.88m	-0.1
29	Preston, Virginia	Fr	Cal State Fu	5.20m	4.79m	+0.0
30	Taylor, Patina	Fr	Siskiyou	4.82m	4.77m	-0.9
31	Vega, Antonia	So	Modesto JC	5.02m	4.65m	+0.0
32	Serrano, Samantha	Fr	Cal State Fu	4.90m	4.53m	-0.5
33	Hamilton, Sabrina	Fr	Cal State LA	4.69m	4.49m	-0.8
34	Hoekstra, Anne	Jr	Csu Stanisla	4.31m	4.36m	-1.3
35	Bermudez, Haley	Fr	Csu Stanisla	4.31m	4.14m	-1.5
--	Ned, Terica	So	Cal State LA	5.61m	DQ	NWI

#### Women Triple Jump

Name	Year	School	Seed	Finals	Wind	Points
1	Adeagbo, Simidele	en	Unattached	13.57m	12.88m	-0.7
2	Cortney, Stafford	Jr	Cal Poly	13.09m	12.70m	-0.8
3	Mathis, Ashley	So	University o	12.32m	12.15m	-2.7
4	Smith, Sherena	So	University o	11.99m	12.06m	-1.0
5	Baer, Corrie	Fr	Cal Poly	12.22m	11.79m	-1.4
6	Vaught, Lori	Fr	Cal State LA	11.63m	11.72m	-0.8
7	Welborn, Lacey	Jr	Cal State Fu		11.59m	-1.0
8	Bryant, Shanita	Sr	Sacramento S	10.97m	11.45m	-1.1
9	McKinney, Loretta	So	Csu Stanisla	11.98m	11.30m	-1.6
10	Kotey, Omonike	Jr	Cal State LA	11.17m	11.26m	-1.3
11	Kling, Emily	So	University o	11.60m	11.01m	-1.2
11	Johnson, Kourteney	Fr	Sacramento C	10.79m	11.01m	-0.6
13	Young, Christina		San Francisc	10.54m	10.92m	-0.9

14 Nelson, Kim	Fr University o	11.40m	10.85m	-0.8
15 Ruiz, Sophia	en Unattached/T	10.99m	10.57m	-1.7
16 Kendall, Julie	Jr Western Oreg	10.50m	10.53m	-1.0
17 Callan, Nini	Jr Western Oreg	10.70m	10.45m	-1.2
18 Forbes, Michelle	George Fox U	10.83m	10.31m	+0.0
19 Taylor, Patina	Fr Siskiyou	11.09m	10.21m	-1.3
20 Serrano, Samantha	Fr Cal State Fu	11.07m	10.16m	+0.0
21 Youboty, Sanni	Fr Chico State	10.38m	10.12m	-1.4
22 Alaimo, Katie	George Fox U	10.27m	9.81m	-0.7
23 Hamilton, Sabrina	Fr Cal State LA	10.36m	9.53m	-1.4
24 Altman, Suezana	Fr Siskiyou	9.79m	9.46m	-1.4
-- Booth, Kerry	Sr Chico State	10.00m	DQ	NWI

#### Women Shot Put

Name	Year School	Seed	Finals	Points
1 Clinkenbeard, Sara	Jr Sara Clinken		13.77m	
2 Appanaitis, Inger	Fr University o	12.29m	13.12m	
3 Ferris, Brianne	Sr Chico State	12.72m	12.90m	
4 Martino, Jamie	Jr University o	13.84m	12.79m	
5 Glennen, Melanie	Sr Chico State	13.00m	12.64m	
6 Van Paris, Melissa	Fr Santa Rosa J	13.33m	12.62m	
7 Parsley, Liz	So Sacramento C	12.75m	12.55m	
8 Birkmaier, Kathryn	Sr Sacramento S	12.19m	12.36m	
9 Leano, Eliza-Mae	Sr Cal State LA	12.49m	12.23m	
10 Musia, Lisa	San Francisc		12.10m	
11 Borck, Keely	Sr Sonoma St. U	12.70m	12.05m	
12 Ellsberg, Kristin	Fr University o	11.63m	11.85m	
13 Onyeagbako, Jennifer	Fr Sacramento S	12.49m	11.83m	
14 Salmela, Jessica	Jr University o	11.96m	11.73m	
15 Grubb, Trisha	Sr Csu Stanisla	11.98m	11.62m	
16 Demme, Jane	Fr University o	12.19m	11.37m	
17 Freed, Sabrina	Fr Western Oreg	10.89m	11.27m	
18 Sims, Caressa	Fr Portland Sta	12.03m	11.06m	
19 Ketchum, Dominique	Fr American Riv	10.23m	10.97m	
20 Broncheau, Jen	Jr University o	13.20m	10.82m	
21 Eneh, Ej	San Francisc	11.58m	10.35m	
22 Sargent, Heather	Jr Csu Stanisla	10.59m	10.31m	
23 Peterreit, Julia	Fr University o	9.75m	9.94m	
24 Arnall, Dee Dee	Pacific Univ	11.58m	9.88m	
25 Bixel, Amy	Fr Modesto JC	9.75m	9.43m	
26 MacDonald, Heather	So Cal State Fu	10.05m	8.60m	
27 Wells, Krystle	Fr Cal State LA	11.58m	8.53m	
28 Vaterlaus, Lauren	San Francisc	8.83m	8.50m	
29 Summit, Laura	So Santa Rosa J	9.02m	8.26m	
30 Kirk, Tassia	San Francisc	9.14m	8.21m	
31 Ikpo, Nkechi	So Modesto JC	8.83m	7.65m	
32 White, Ronnell	Fr Modesto JC	8.53m	6.67m	

#### Women Discus Throw

Name	Year School	Seed	Finals	Points
1 Demme, Jane	Fr University o	41.14m	43.77m	
2 Appanaitis, Inger	Fr University o	41.47m	42.21m	
3 Glennen, Melanie	Sr Chico State	43.48m	41.11m	
4 Kennedy, Allison	Sr Chico State	41.14m	40.74m	
5 Benson, Christine	Sr Csu Stanisla	43.30m	40.13m	
6 Martino, Jamie	Jr University o	39.94m	39.96m	
7 Grubb, Trisha	Sr Csu Stanisla	40.28m	39.43m	
8 Broncheau, Jen	Jr University o	39.67m	38.34m	
9 Rossette, Cassie	Jr Portland Sta	40.53m	37.32m	
10 Ellsberg, Kristin	Fr University o	33.38m	37.07m	
11 Dukes, Emily	Sr University o	45.11m	36.92m	
12 Van Paris, Melissa	Fr Santa Rosa J	39.87m	31.20m	

#### Women Hammer Throw

Name	Year School	Seed	Finals	Points
1 Benson, Christine	Sr Csu Stanisla	55.47m	55.60m	
2 DeSoto, Tia	en Unattached	56.99m	52.24m	
3 Broncheau, Jen	Jr University o	51.15m	52.06m	
4 Cadzanel, Laura	Jr Sacramento S	47.54m	49.46m	
5 Cederberg, Jaci	Sr Western Oreg	50.92m	48.10m	
6 Grubb, Trisha	Sr Csu Stanisla	46.99m	47.16m	
7 Borck, Keely	Sr Sonoma St. U	50.21m	46.90m	
8 Glennen, Melanie	Sr Chico State	47.70m	46.16m	
9 Blankenship, Lindsey	George Fox U	46.65m	46.00m	
10 Zachau, Becky	Sonoma TC	51.00m	45.90m	
11 Pino, Emily	Sr Csu Stanisla	45.36m	45.34m	
12 Kennedy, Allison	Sr Chico State	45.41m	45.16m	
13 Schultz, Theresa	So Sacramento S	43.89m	43.00m	
14 Salmela, Jessica	Jr University o	48.41m	42.42m	
15 Reyes, Stacie	Sr Csu Stanisla	43.12m	41.74m	
16 Barnett, Sarah	Jr Csu Stanisla	42.01m	41.70m	
17 Clinkenbeard, Sara	Jr Sara Clinken		40.82m	
18 Musia, Lisa	San Francisc		40.20m	
19 Eneh, Ej	San Francisc	36.57m	39.93m	
20 MacDonald, Heather	So Cal State Fu	42.44m	39.74m	
21 Martino, Jamie	Jr University o	43.68m	38.70m	
22 Rossette, Cassie	Jr Portland Sta	45.87m	38.40m	
23 Appanaitis, Inger	Fr University o		37.76m	
24 Freed, Sabrina	Fr Western Oreg	39.30m	35.66m	

25	Knuths, Candace	Fr University o		34.48m
26	Ketchum, Dominique	Fr American Riv	30.22m	32.98m
27	Sargent, Heather	Jr Csu Stanisla	29.61m	30.52m
28	Bixel, Amy	Fr Modesto JC	30.17m	30.44m
29	Sims, Caressa	Fr Portland Sta	39.62m	30.06m
30	Ellsberg, Kristin	Fr University o		29.88m
31	Summit, Laura	So Santa Rosa J	28.29m	29.20m
32	Vaterlaus, Lauren	San Francisc	28.65m	28.90m
33	Bloomgold, Kc	Fr American Riv	30.22m	26.82m
34	Kirk, Tassia	San Francisc	30.48m	22.22m

#### Women Javelin Throw

Name	Year	School	Seed	Finals	Points
1	Ast, Ashley	Sacramento S	43.00m	44.31m	
2	Parasley, Liz	So Sacramento C	44.65m	42.62m	
3	Leano, Eliza-Mae	Sr Cal State LA	42.36m	40.11m	
4	Arnall, Dee Dee	Pacific Univ	45.72m	39.57m	
5	Appanaitis, Inger	Fr University o	38.04m	38.44m	
6	Lytle, Megan	Fr University o	37.98m	37.93m	
7	Burton, Darci	Jr Chico State		37.50m	
8	Knuths, Candace	Fr University o	39.01m	37.30m	
9	Matthias, Nicole	So Sacramento C	36.22m	36.47m	
10	Black, Tori	George Fox U	35.58m	35.45m	
11	Callan, Nini	Jr Western Oreg	43.85m	34.69m	
12	Dudley, Michelle	Fr Portland Sta	36.57m	34.47m	
13	Aamodt, Kristen	Fr Western Oreg	37.36m	34.03m	
14	Dukes, Emily	Sr University o	39.62m	33.67m	
15	Pino, Emily	Sr Csu Stanisla	36.95m	33.48m	
16	Martino, Jamie	Jr University o	39.50m	32.06m	
17	Adams, Antionette	Sacramento S	30.48m	29.95m	
18	Taylor, Patina	Fr Siskiyou	30.04m	29.72m	
19	Ehde, Yannika	Fr Csu Stanisla	27.88m	28.13m	
20	Petereit, Julia	Fr University o		28.11m	
21	Kantola, Ingrid	Fr Unattached	28.04m	27.70m	
22	Paulissen, Marci	Sr Chico State	32.00m	27.33m	
23	Lightsy, Lindsay	en Unattached/T	30.48m	27.00m	
24	Flowers, Debra	So American Riv	24.94m	25.03m	
25	Pino, Desirae	Fr Modesto JC	24.99m	23.79m	
26	Fisher, Tiffany	Fr Modesto JC	25.95m	22.75m	
27	Adams, Lisa	Fr Modesto JC	26.82m	20.23m	
28	Spencer, Allyson	en Unattached/T	33.83m	19.98m	
29	Guinn, Kristin	en Unattached/T	21.33m	18.67m	
30	Ikpo, Nkechi	So Modesto JC	22.86m	18.13m	
31	Rosenthal, Bria	en Unattached/T	21.33m	15.71m	
32	White, Ronnell	Fr Modesto JC	24.07m	15.47m	

#### Men 100 Meter Dash

Name	Year	School	Seed	Finals	Wind H#	Points
1	Billing, Jeff	en Unattached	10.64	10.83	-1.9	1
2	Morse, Travis	Cal Poly	10.39	10.85	-1.9	1
3	Smith, Dj	So Utah State U	10.55	10.96	-1.9	1
4	Barosso, Marques	So Modesto JC	10.70	10.97	-0.8	2
4	Gilbert, Brant	So Modesto JC	10.74	10.97	-0.8	2
6	Cunningham, Nick	So Sara Clinken	10.78	11.02	-0.8	2
7	Ray, Pat	Sr University o	10.57	11.03	-1.9	1
8	Corbin, Arsenio	Jr Sacramento S	10.80	11.04	-0.8	2
9	Bates, Del	en Unattached	10.32	11.05	-1.9	1
10	Weber, Kurt	Sr Cal State Fu	10.60	11.06	-1.9	1
11	White, Billy	So Sacramento S	10.90	11.07	NWI	3
12	Samuels, Randy	Cal Poly	10.99	11.10	-1.3	4
13	Ross, Donnell	Jr Cal State LA	10.90	11.11	NWI	3
14	Giles, David	Cal Poly	10.88	11.16	NWI	3
15	Burruss, Louis	Fr Sacramento S	11.00	11.18	-1.3	4
15	Gaston, Alex	Fr Siskiyou	10.81	11.18	-0.8	2
17	Lewis, Joseph	Fr Cal State LA	10.70	11.26	-0.8	2
18	Cash, Herb	So University o	10.86	11.27	NWI	3
19	Jayo, Talon	Fr Eastern Oreg	10.91	11.31	-1.3	4
20	Nambhard, Robert	Jr University o	10.87	11.32	NWI	3
20	Simpson, Brandon	So Santa Rosa J	11.05	11.32	-0.8	5
22	Markstrom, Elijah	Jr Chico State	10.95	11.35	-1.3	4
23	Hannibal, David	Sr Cal State LA	10.80	11.38	-0.8	2
24	Gitts, Dereck	Sr Western Oreg	11.12	11.39	-0.8	5
25	Hill, Jon	So Portland Sta	10.98	11.40	-1.3	4
26	LeBeauf, Travis	Fr Sacramento S	11.05	11.41	-0.8	5
27	McNeal, Shaka	So Cal State LA	11.10	11.42	-0.8	5
28	Lang, Harwell	Sr Chico State	10.97	11.44	-1.3	4
29	Tyson, Darryl	Fr Modesto JC	11.10	11.45	-0.8	5
30	Williams, Chris	Sr Chico State	11.00	11.51	-1.3	4
31	Sprein, Adam	Cal Poly	11.38	11.53	-1.4	7
32	Combs, Stanley	Fr Diablo Valle	11.14	11.54	-0.8	5
33	Peterson, Alfonso	en Unattached	10.75	11.55	-0.8	2
34	McGee, Eron	Fr Diablo Valle	11.18	11.58	-0.8	5
35	Brayboy, Martez	Fr Siskiyou	11.43	11.59	-1.4	7
36	Farr, Paris	Fr Butte CC	11.67	11.65	-1.1	8
37	Maves, Drew	George Fox U	11.32	11.71	-1.6	6
38	Taylor, Jerome	Fr Modesto JC	11.59	11.72	-1.1	8
39	Clift, David	Fr Diablo Valle	11.21	11.76	-1.6	6
40	Priester, Josh	George Fox U	11.25	11.78	-1.6	6
40	Adams, John	So Siskiyou	11.42	11.78	-1.4	7
42	Dacar, Steve	American Riv	12.23	11.79	-1.2	10
43	Dillow, Ben	George Fox U	11.43	11.80	-1.4	7

44	Thomas, Maurice	American Riv	11.54	11.81	-1.1	8
45	Albericci, Anthony	Fr Sacramento C	11.50	11.84	-1.1	8
46	Mancine, Daniel	Fr Modesto JC	11.49	11.85	-1.4	7
47	Stock, Jared	Sr Cal State LA	11.10	11.87	-0.8	5
48	Garcia, Obed	So Cal State Fu	11.65	11.89	-1.1	8
49	Bianchini, Mike	So Santa Rosa J	12.09	11.96	-1.2	10
50	Donovan, Justin	Pacific Univ	11.28	12.00	-1.6	6
50	Williams, Garsha	Fr Sacramento C	11.45	12.00	-1.4	7
52	Hernandez, Victor	So Modesto JC	11.61	12.03	-1.1	8
53	McKeel, Chastin	Fr Cal State Fu	11.45	12.05	-1.4	7
53	Danners, Michael	Fr Cal State LA	11.50	12.05	-1.1	8
55	Ford, Terrence	American Riv	11.85	12.12	-1.9	9
56	Breaw, Kyle	Fr Santa Rosa J	11.53	12.13	-1.1	8
57	Cortese, John	Fr Santa Rosa J	11.85	12.15	-1.9	9
58	Rindels, Ryan	Fr San Joaquin	11.70	12.17	-1.9	9
59	George, Trevell	Butte CC	11.71	12.18	-1.9	9
60	McCrimmon, Andrew	So Csu Stanisla	12.00	12.20	-1.9	9
61	Cox, Marcus	Fr Butte CC	11.35	12.61	-1.6	6
62	Tripp, Ryan	Butte CC	11.89	12.85	-1.9	9
62	Cedarstrom, Jerad	Pacific Univ	12.10	12.85	-1.2	10
64	Evans, Coke	Unattached		13.52	-1.2	10

#### Men 200 Meter Dash

Name	Year	School	Seed	Finals	Wind H#	Points
1	Ray, Pat	Sr University o	20.94	21.68	NWI 1	
2	Cunningham, Nick	So Sara Clinken	21.37	21.73	NWI 1	
3	Gilbert, Brant	So Modesto JC	21.61	21.89	NWI 1	
4	Barosso, Marques	So Modesto JC	22.08	21.96	NWI 2	
5	Horn, Marquis	en Long Beach A	21.00	22.01	NWI 1	
6	Morse, Travis	Cal Poly	21.22	22.13	NWI 1	
7	Weber, Kurt	Sr Cal State Fu	22.05	22.36	NWI 2	
8	Lewis, Joseph	Fr Cal State LA	22.00	22.38	NWI 1	
9	White, Billy	So Sacramento S	22.01	22.39	NWI 2	
10	Samuels, Randy	Cal Poly	22.36	22.49	NWI 2	
11	Ross, Donnell	Jr Cal State LA	22.50	22.52	NWI 3	
12	Simpson, Brandon	So Santa Rosa J	22.71	22.56	NWI 4	
13	Peterson, Alfonso	en Unattached	21.80	22.74	NWI 1	
14	LeBeauf, Travis	Fr Sacramento S	22.05	22.81	NWI 2	
15	Hinkle, Gerald	Fr Diablo Valle	22.47	22.83	NWI 3	
15	Sprein, Adam	Cal Poly	22.46	22.83	NWI 3	
17	Caddle, Nicholas	Fr Cal State LA	22.90	22.89	NWI 4	
18	Burruss, Louis	Fr Sacramento S	23.20	22.91	NWI 6	
18	Bates, Brad	George Fox U	22.44	22.91	NWI 3	
20	Lovell, Brandon	Fr Utah State U	22.13	23.00	NWI 2	
21	Keetch, Robert	Sr Chico State	22.70	23.01	NWI 4	
22	Markstrom, Elijah	Jr Chico State	22.37	23.03	NWI 3	
23	Gitts, Dereck	Sr Western Oreg	23.05	23.04	NWI 5	
24	Tyson, Darryl	Fr Modesto JC	22.56	23.05	NWI 3	
24	McNeal, Shaka	So Cal State LA	22.80	23.05	NWI 4	
26	Holmes, Jason	Cal Poly	21.97	23.09	NWI 1	
27	Combs, Stanley	Fr Diablo Valle	22.30	23.12	NWI 2	
28	Hartwell, Lang	Chico State		23.15	NWI 8	
29	Garcia, Juan	Sara Clinken	23.00	23.19	NWI 5	
30	Nembhard, Robert	Jr University o	21.74	23.25	NWI 8	
31	Luckstead, Jeff	So University o	22.51	23.27	NWI 3	
32	Coleman, Jared	Jr Csu Stanisla	22.00	23.29	NWI 2	
33	Albericci, Anthony	Fr Sacramento C	23.10	23.31	NWI 5	
34	Eng, Syna	Fr Siskiyou	23.03	23.37	NWI 5	
35	Jackson, Jawan	Unattached	23.35	23.43	NWI 6	
36	Williams, Chris	Sr Chico State	22.80	23.50	NWI 4	
37	Houston, Erby	Jr Cal State Fu	23.35	23.53	NWI 6	
38	Breaw, Kyle	Fr Santa Rosa J		23.54	NWI 7	
39	Woodson, Antoine	American Riv	23.50	23.55	NWI 6	
40	Rios, Aaron	American Riv	23.45	23.57	NWI 8	
41	Bradley, Taft	en Auc Elite	22.65	23.62	NWI 3	
42	Green, David	Sacramento S	23.00	23.63	NWI 5	
43	Donovan, Justin	Pacific Univ	23.20	23.76	NWI 6	
44	Freitas, Dean	Fr Modesto JC	22.97	23.77	NWI 4	
45	Kinney, Ben	en Unattached	22.97	23.78	NWI 4	
46	Kyubwa, Amani	American Riv	23.95	23.90	NWI 7	
47	Pearson, Phillip	High Sierra	23.20	23.97	NWI 8	
48	Smith, Reggie	Butte CC	22.98	23.98	NWI 4	
49	Lathan, Sean	So Modesto JC	23.04	23.99	NWI 5	
50	McKeel, Chastin	Fr Cal State Fu	23.25	24.01	NWI 6	
51	Sanderson, Jake	Sr Chico State	22.80	24.04	NWI 4	
52	Cortese, John	Fr Santa Rosa J	24.14	24.13	NWI 7	
53	Dragoo, Chad	Fr Modesto JC	23.42	24.19	NWI 6	
54	Taylor, Jerome	Fr Modesto JC	23.25	24.29	NWI 6	
55	Beswick, Mark	Butte CC	22.98	24.42	NWI 5	
56	Garcia, Obed	So Cal State Fu	23.85	24.43	NWI 7	
57	Williams, Garsha	Fr Sacramento C	23.15	24.61	NWI 6	
58	Ford, Terrence	American Riv		24.69	NWI 8	
59	Rindels, Ryan	Fr San Joaquin	23.90	24.91	NWI 7	
60	Northon, Benjamin	Fr Modesto JC	22.98	25.13	NWI 5	
61	Etingoff, Mike	Sr Unattached	22.98	25.38	NWI 5	
62	Cedarstrom, Jerad	Pacific Univ	25.60	26.13	NWI 7	

#### Men 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Giuffre, Jason	Jr University o	47.86	49.00	1	
2	Knighton, Brett	Fr Utah State U	49.67	49.12	2	

3	Osuji, Obi	Sr Sacramento S	47.80	49.40	1
4	Erickson, Matthew	Sr University o	47.98	49.49	1
5	Coleman, Jared	Jr Csu Stanisla	49.70	49.50	2
6	Bland, Neal	en Unattached	49.75	49.66	2
7	Hogges, Jguwon	Fr Modesto JC	50.57	49.79	3
8	Bates, Brad	George Fox U	49.44	49.83	2
9	Bradley, Taft	en Auc Elite	50.22	49.89	3
10	Young, Terron	en Long Beach A	48.50	50.52	1
11	Keetch, Robert	Sr Chico State	49.40	50.62	2
12	Storey, Henry	Jr Cal State LA	49.00	50.75	2
13	Green, David	Sacramento S	51.20	50.88	3
14	Lewis, Brian	Unattached	47.40	51.15	1
15	Garcia, Juan	Sara Clinken	52.50	51.42	5
16	Rios, Aaron	American Riv	50.50	51.44	3
17	Kinney, Ben	en Unattached	49.89	51.99	2
18	Espinoza, Justin	So Diablo Valle	52.22	52.00	4
19	Marchbanks, Daniel	Fr Santa Rosa J	53.97	52.41	6
20	Woodson, Antoine	American Riv	52.25	52.55	4
21	Gwaltney, Ben	Sr Chico State	51.80	52.71	4
22	Samuel, Cole	Fr Western Oreg	50.86	52.76	3
23	Seaver, Josh	Fr Cal State Fu	52.75	52.94	5
24	Freitas, Dean	Fr Modesto JC	53.25	52.99	6
25	Dragoo, Chad	Fr Modesto JC	52.58	53.09	5
26	Eng, Syna	Fr Siskiyous	54.56	53.34	6
27	Langton, Jonathan	en Unattached	52.90	53.51	5
28	Millar, Trevor	Jr Northwest Un	53.00	53.55	6
29	Lathan, Sean	So Modesto JC	52.45	53.67	4
30	Mellow, Zach	Pacific Univ	52.50	54.02	5
31	Kelly, Tyler	Fr Chico State	51.80	54.06	4
32	Whitaker, Matt	Pacific Univ	52.95	54.68	6
33	Northon, Benjamin	Fr Modesto JC	52.91	56.81	6
34	Jackson, Jawan	Unattached	51.55	58.50	4
--	Lugo, Luis	Sr Chico State	49.87	DNF	2

# Men 800 Meter Run

Name	Year	School	Seed	Finals	Points
1	Graney, Jason	Jr Cal State Fu	1:53.90	1:52.90	
2	Lopez, Brandon	Fr Portland Sta	1:53.30	1:53.30	
3	Boyer, Nate	Jr Portland Sta	1:52.97	1:53.38	
4	Wellman, David	Fr Chico State	1:53.90	1:53.40	
5	Garcia, Arturo	Jr Csu Stanisla	1:54.22	1:54.09	
6	Mantallas, Jerret	Jr Western Oreg	1:54.33	1:55.02	
7	Gray, David	So Utah State U	1:55.93	1:55.28	
8	Houston, Erby	Jr Cal State Fu	1:54.50	1:55.31	
9	Dexter, Ross	en Unattached	1:53.05	1:55.82	
10	Paneda, Jeffrey	Fr Modesto JC	1:56.00	1:56.00	
11	Hendricks, Nate	So Eastern Oreg	1:54.63	1:56.17	
12	Potter, Kevin	Jr University o	1:54.46	1:56.53	
13	Beverly, Robert	Fr Sacramento C	1:55.00	1:56.56	
14	Fawcett, Yance	Jr Utah State U	1:56.13	1:56.57	
15	Stone, Preston	Sr Chico State	1:54.90	1:57.07	
16	Jimenez, Isaac	Sr University o	1:52.72	1:57.14	
17	Seborer, Jeff	Jr Chico State	1:55.80	1:57.50	
18	Williams, Andres	Jr Western Oreg	1:56.30	1:57.60	
19	Galindo, Chris	So High Sierra	1:56.00	1:57.86	
20	Martin, Tim	American Riv	1:56.65	1:58.30	
21	Stief, Christopher	So Modesto JC	1:59.50	1:58.34	
22	Ribel, Jonathan	So Diablo Valle	1:58.22	1:58.89	
23	Domek, Patrick	en Unattached/T	1:57.00	1:58.93	
24	Maldonado, Eric	NDNU	1:56.00	1:59.33	
25	Bardet, Tim	Fr Unattached	1:54.39	1:59.34	
26	Strazzarino, Robert	Jr Chico State	1:58.50	1:59.48	
27	Uribe, Oscar	Butte CC	2:00.89	1:59.77	
28	Ramos, Martin	Fr Csu Stanisla	1:59.12	1:59.98	
29	Lewis, Shane	en Sal	1:58.00	2:00.19	
30	Setere, Lucas	Pacific Univ	1:56.00	2:00.31	
31	D'Onofrio, Vince	Fr Sacramento S	1:58.00	2:00.58	
32	Fill, Nick	Jr Csu Stanisla	1:58.61	2:01.02	
33	Smith, Lancer	Fr Diablo Valle	2:03.18	2:01.41	
34	Gray, Matt	en Unattached	2:02.17	2:01.59	
35	Steele, Tim	Christian Te	2:03.67	2:01.64	
36	Brown, Matt	Sr Chico State	1:57.20	2:01.72	
37	Maritz, Francois	NDNU	1:58.00	2:01.83	
38	Rydman, Jacob	Christian Te	2:02.41	2:01.98	
39	Scansen, Danny	Fr Northwest Un	2:00.00	2:02.30	
40	Daniels, Landry	Fr Sacramento C	2:01.00	2:02.49	
41	Von Stade, Lance	So Modesto JC	2:00.00	2:02.87	
42	Hicks, Austin	Fr High Sierra	1:59.00	2:03.42	
43	Martin, Brad	So Utah State U	2:00.00	2:03.51	
44	Vaselenko, Cory	So Cal State Fu	1:59.90	2:03.73	
45	Freyermuth, Justin	Jr Csu Stanisla	2:05.10	2:04.27	
46	Johnston, Stephan	Fr Diablo Valle	2:02.14	2:04.52	
47	Finney, Jonathan	So Diablo Valle	2:03.11	2:04.62	
48	Miller, Ben	Fr Siskiyous		2:04.64	
49	Cuevas, Ricardo	So Modesto JC	2:05.00	2:05.09	
50	Texara, Jake	Fr Chico State	2:03.20	2:05.83	
51	Yungert, Christian	Fr Santa Rosa J	2:04.70	2:06.11	
52	Avila, Trent	Fr Csu Stanisla	2:07.00	2:06.60	
53	Tejeda, Pedro	Fr Sacramento C	2:10.00	2:07.69	
54	Wortman, Mike	Santa Rosa J	2:06.93	2:09.08	
55	Hundt, Steve	Fr Santa Rosa J		2:12.83	
56	Silveira, George	Butte CC	2:10.50	2:13.15	
57	Gottardi, Mike	Unattached	2:08.00	2:13.21	

58 Sarmiento, Sergio Fr Modesto JC 2:12.00 2:17.90

# Men 1500 Meter Run

Name	Year	School	Seed	Finals	Points
1 Dexter, Ross	en	Unattached	3:57.40	3:55.93	
2 Barrons, Ethan	Jr	Western Oreg	3:55.00	3:57.08	
3 Blanshan, Evan	Fr	Portland Sta	3:56.85	3:58.19	
4 Carnegie, Joe	en	West Valley	4:05.00	3:59.30	
5 Napieralski, Dan		American Riv	4:04.00	3:59.94	
6 Kessen, Ben	Fr	Utah State U	4:02.00	4:00.22	
7 Uribe, Oscar		Butte CC	4:00.00	4:01.65	
8 Jasso, Phillipie	So	Western Oreg	3:57.00	4:01.86	
9 Banker, Troy	So	Western Oreg	4:03.00	4:03.69	
10 Gomez, Fred	Fr	University o	3:57.23	4:04.05	
11 D'Onofrio, Vince	Fr	Sacramento S	4:03.00	4:04.55	
12 Brolin, Brad	Sr	Western Oreg	4:05.30	4:05.15	
13 Fill, Nick	Jr	Csu Stanisla	4:06.25	4:05.93	
14 Rihel, Jonathan	So	Diablo Valle	4:08.32	4:06.23	
15 Burg, Matt		George Fox U	4:08.58	4:06.55	
16 Tollefson, Tim	Fr	Chico State	4:01.10	4:06.80	
17 Mathiang, David		George Fox U	4:11.24	4:07.90	
18 Cobb, Bryan		George Fox U	4:08.78	4:08.42	
19 Moe, Jake		George Fox U	4:13.11	4:08.44	
20 Badley, Tim	So	Portland Sta	4:02.15	4:08.68	
21 Finney, Grant		George Fox U	4:12.00	4:09.25	
22 Hawkins, Cory	en	Unattached	4:20.00	4:10.67	
23 Valdez, Daniel	Fr	Portland Sta	4:13.00	4:10.80	
24 Vargas, Steve		American Riv	4:09.00	4:10.83	
25 Hicks, Austin	Fr	High Sierra	4:05.00	4:11.33	
26 Steele, Tim		Christian Te	4:17.87	4:11.42	
27 Clinton, Nick	Fr	Chico State	4:00.53	4:11.49	
28 Gilchrist, Jake	en	Unattached	4:10.00	4:11.62	
29 Morinico, Cristian		American Riv	4:14.00	4:11.94	
30 Wambugu, Sam		American Riv	4:06.00	4:12.28	
31 Smith, Lancer	Fr	Diablo Valle	4:09.40	4:12.40	
32 Ramos, Martin	Fr	Csu Stanisla	4:13.42	4:12.57	
33 DiMeo, Danny	en	Unattached/T	4:10.10	4:12.71	
34 Omine, Chikara		Gator TC	4:12.00	4:13.97	
35 Lemons, Cody		American Riv	4:20.00	4:14.19	
36 Bor, Batbileg		Gator TC	4:17.00	4:14.38	
37 Rydman, Jacob		Christian Te	4:12.49	4:14.55	
38 Miller, Ben	Fr	Siskiyou		4:15.09	
39 Padilla, Alex	--	Unattached	4:20.60	4:16.42	
40 Mantalas, John		Bruin Track	4:10.00	4:16.57	
41 Gonzalez, Humberto	Fr	Modesto JC	4:11.00	4:17.19	
42 Kuykendall, Rory	Fr	Chico State	4:09.50	4:17.25	
43 Cuevas, Ricardo	So	Modesto JC	4:11.30	4:18.33	
44 Boedecker, Josh		American Riv	4:13.00	4:19.41	
45 Daniels, Landry	Fr	Sacramento C	4:15.00	4:20.33	
46 Alvarez, Vertin	Fr	Portland Sta	4:06.20	4:20.74	
47 Yungert, Christian	Fr	Santa Rosa J	4:16.48	4:20.87	
48 Tejada, Pedro	Fr	Sacramento C	4:25.00	4:21.11	
49 Avila, Trent	Fr	Csu Stanisla	4:15.23	4:22.15	
50 Crawford, Isaac	Fr	Csu Stanisla	4:15.21	4:23.19	
51 Grinstead, Jesse		American Riv	4:22.00	4:23.29	
52 Prado, Jason		American Riv	4:20.00	4:23.75	
53 Freyermuth, Justin	Jr	Csu Stanisla	4:21.00	4:24.03	
54 Harrer, Tom		Christian Te	4:18.26	4:24.94	
55 Gottardi, Mike		Unattached	4:22.50	4:25.56	
56 Mynear, Brandon	Fr	Modesto JC	4:20.10	4:30.60	
57 Wilson, Jeff	en	Unattached/T	4:06.50	4:32.68	
58 Brandt, Kirk	Fr	Santa Rosa J	4:33.00	4:33.72	
59 Lubratich, Brent	en	Unattached		4:42.16	
60 Knoepfle, Jeff	So	Modesto JC	4:38.00	4:43.25	
61 Sarmiento, Sergio	Fr	Modesto JC	4:25.50	4:44.97	
62 Burto, Ian	So	Siskiyou		4:45.57	
63 Sulonen, Kris		American Riv	4:55.00	4:52.44	
64 Kavanaugh, Scott		American Riv	4:50.00	4:59.58	

# Men 5000 Meter Run

Name	Year	School	Seed	Finals	Points
1 Babiak, Josh		Gator TC	15:26.00	14:59.28	
2 Miller, Dan	Jr	Cal State Fu	14:59.00	15:05.46	
3 Holt, Jason	Fr	Utah State U	15:03.00	15:13.48	
4 Mora, Ruben		NDNU	15:30.00	15:16.81	
5 Randall, Leonard	So	Northwest Un	15:14.00	15:43.94	
6 Henson, Josh		Pacific Univ	15:50.00	16:08.72	
7 Padilla, Alex	--	Unattached	17:00.00	16:28.53	
8 Taleb-Brahim, Mehdi		NDNU	15:30.00	16:31.58	
9 Craig, Ian	en	Unattached	16:00.00	16:33.83	
10 Bettencourt, Dale	Fr	Sacramento S	16:00.00	16:42.73	
11 Gonzalez, Humberto	Fr	Modesto JC	16:52.00	16:46.32	
12 Price, Orian		Butte CC	17:23.00	17:07.83	
13 Younnie, Nathan		Butte CC	17:57.00	17:12.73	
14 Mynear, Brandon	Fr	Modesto JC	17:43.03	17:16.93	
15 Brandt, Kirk	Fr	Santa Rosa J	17:15.68	17:33.65	
16 Knoepfle, Jeff	So	Modesto JC	18:02.23	18:17.68	

# Men 10000 Meter Run

Name	Year	School	Seed	Finals	Points
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 1 Fink, Brandon So Diablo Valle 33:23.60 34:37.53  
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Men 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind	H#	Points
1 Wickard, Justin	Jr Utah State U	13.91	14.25	-1.4	1	
2 Vetica, Dustin	Jr Utah State U	14.50	14.58	-1.4	1	
3 Sprein, Adam	Cal Poly	14.41	14.91	-1.4	1	
4 Corbin, Arsenio	Jr Sacramento S	14.40	14.99	-1.4	1	
5 Bell, Scott	So Utah State U	14.60	15.05	-1.3	2	
6 Santana, Chris	Sr Sacramento S	14.50	15.18	-1.4	1	
7 Santana, Nick	Sr Sacramento S	14.51	15.19	-1.3	2	
7 Turner, Matt	Fr Cal State Fu	14.84	15.19	-1.3	2	
9 Bush, Jarrett	Jr Utah State U	14.40	15.26	-1.4	1	
10 Richardson, Jerome	Sr University o	14.39	15.39	-1.4	1	
11 Seberhagen, Brad	Sr Cal State Fu	14.94	15.42	-1.3	2	
12 Clinton, Tyler	Jr Csu Stanisla	15.05	15.54	-1.4	3	
13 Luckstead, Jeff	So University o	14.74	15.78	-1.3	2	
14 Caris, Ryan	en Unattached	14.65	15.82	-1.3	2	
15 Santana, Jeff	Sr Sacramento S	14.60	15.83	-1.3	2	
16 Burt, Desmond	Fr Cal State LA	15.50	15.92	-1.4	3	
17 Luckstead, Marcus	Jr University o	15.23	16.26	-1.4	3	
18 Kwong, Eric	Fr Cal State Fu	16.75	16.39	-1.6	4	
19 Sanderson, Jake	Sr Chico State	15.55	16.40	-1.4	3	
20 Buchanan, Zack	Fr Chico State	15.70	16.44	-1.4	3	
21 Robbins, Bryan	So Modesto JC	16.51	16.48	-1.6	4	
22 Velazquez, Gaba	Sr Chico State	15.60	16.51	-1.4	3	
23 Shaw, Kris	Jr Csu Stanisla	16.20	17.16	-1.4	3	
24 Balasek, Mike	So Chico State	16.00	17.30	-1.4	3	
25 Taylor, Skylohr	Fr Santa Rosa J	16.79	17.44	-1.6	4	
26 Eason, Desmond	Fr Csu Stanisla	17.60	17.80	-1.6	4	
27 Granillo, Solomon	Sara Clinken	16.50	19.51	-1.6	4	

Men 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Hutcherson, Orentheus	an New Era Trac	50.14	51.05	1	
2 Vetica, Dustin	Jr Utah State U	52.26	52.47	1	
3 Rollinger, Trevor	Fr Portland Sta	52.83	53.01	1	
4 Clinton, Tyler	Jr Csu Stanisla	52.00	53.31	1	
5 Guggenheimer, Josh	Sr University o	51.98	53.33	1	
6 Harris, Seth	George Fox U	53.08	53.53	2	
7 Whalen, Mitch	Fr Portland Sta	52.94	53.67	1	
8 Santana, Nick	Sr Sacramento S	53.00	54.42	1	
9 Bell, Scott	So Utah State U	54.00	54.44	2	
10 Wickard, Justin	Jr Utah State U		54.53	5	
11 Dunbar-Atkins, J.J.	Jr Chico State	54.50	54.75	2	
12 Santana, Jeff	Sr Sacramento S	53.50	54.92	2	
13 Stevenson, Jordan	Fr Sacramento S	53.90	55.14	2	
14 Hernandez, Richard	Fr Cal State Fu	54.50	55.17	2	
15 Santana, Chris	Sr Sacramento S	52.90	55.80	1	
16 Kwong, Eric	Fr Cal State Fu	57.20	56.85	4	
17 Josephson, Brett	So University o	54.91	57.36	2	
18 Giles, David	Cal Poly	55.75	57.43	3	
19 Enrici, Brian	Fr Chico State	55.90	57.98	3	
20 Degischer, Kyle	Fr Butte CC	58.14	58.12	4	
21 Dilworth, Drew	Jr Cal State Fu	56.65	58.21	3	
22 Paine, Andrew	George Fox U	59.18	58.70	5	
23 Eason, Desmond	Fr Csu Stanisla	1:00.00	59.09	5	
24 Hager, Matt	Fr Sacramento C	58.99	59.13	4	
25 Powell, Tristan	Jr Chico State	56.50	59.21	3	
26 Taylor, Skylohr	Fr Santa Rosa J	58.69	59.35	4	
27 Balasek, Mike	So Chico State	57.10	59.56	3	
28 Adams, Jeremy	Fr Chico State	56.90	59.69	3	
29 Frazier, Eric	Fr Siskiyou	59.92	59.90	5	
30 Aguirre, John	Fr Eastern Oreg	58.21	1:00.65	4	
31 Vaughan, Eric	Fr Santa Rosa J	1:02.93	1:02.82	5	
32 Torrence, Walter	So Sacramento C	59.00	1:03.01	4	
33 Bjork, Steve	Sr Chico State	58.15	1:03.61	4	

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Strickland, Steve	Fr Utah State U	9:20.00	9:18.80	
2 Campbell, Carsen	Jr Utah State U	9:27.00	9:32.66	
3 Vogl, Dominic	Fr High Sierra	9:35.00	9:53.08	
4 Schenck, Steven	Jr Sacramento S	9:35.00	10:05.15	
5 Wortman, Mike	Santa Rosa J	10:15.10	10:19.58	

Men 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Modesto JC 'A'	42.15	41.87	1	
1) Barosso, Marques So				
3) Hogges, Jguwon Fr				
2 Sacramento State 'A'	41.00	42.13	1	
3 Cal State LA 'A'	42.30	42.30	1	
4 Csu Stanislaus 'A'	43.11	42.68	2	
1) Clinton, Tyler Jr				
3) Green, Ross So				
2) Gilbert, Brant So				
4) Tyson, Darryl Fr				
2) Coleman, Jared Jr				
4) Wiley, Adal Fr				



5 Chico State 'A'	41.90	42.79	1
6 Diablo Valley College 'A'	42.69	42.86	1
1) Cassell, Nicholas Fr	2) Combs, Stanley Fr		
3) Hinkle, Gerald Fr	4) McGee, Eron Fr		
7 George Fox University 'A'	43.20	43.24	2
8 Western Oregon Univ. 'A'	43.00	43.71	2
1) Gitts, Dereck Sr	2) Harrington, Blake Fr		
3) Jirges, Matt So	4) Twigg, Joe Fr		
9 Modesto JC 'B'	43.91	44.39	2
1) Freitas, Dean Fr	2) Hernandez, Victor So		
3) Jackson, Steven Fr	4) Taylor, Jerome Fr		
-- University of Idaho 'A'	40.79	DQ	1
1) Cash, Herb So	2) Nembhard, Robert Jr		
3) Ray, Pat Sr	4) Sherman, Antwan So		
-- Santa Rosa JC Men 'A'	43.56	DQ	2

#### Men 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 University of Idaho 'A'	3:10.53	3:14.78	1	
1) Erickson, Matthew Sr	2) Giuffre, Jason Jr			
3) Guggenheimer, Josh Sr	4) Ray, Pat Sr			
2 Sacramento State 'A'	3:16.00	3:18.84	1	
3 Modesto JC 'A'	3:22.50	3:19.58	2	
1) Barosso, Marques So	2) Gilbert, Brant So			
3) Hogges, Jguwon Fr	4) Paneda, Jeffrey Fr			
4 Cal State LA 'A'	3:15.00	3:19.84	1	
5 Utah State University 'A'	3:18.00	3:21.73	1	
6 Chico State 'A'	3:20.00	3:22.36	1	
7 Portland State Univ 'A'	3:14.67	3:24.11	1	
8 Csu Stanislaus 'A'	3:20.13	3:24.49	1	
1) Clinton, Tyler Jr	2) Coleman, Jared Jr			
3) Green, Ross So	4) Simmons, Jamal Jr			
9 Cal State Fullerton 'A'	3:22.00	3:25.94	1	
1) Hernandez, Richard Fr	2) Houston, Erby Jr			
3) Kwong, Eric Fr	4) Seaver, Josh Fr			
10 American River College 'A'	3:28.00	3:26.39	2	
11 Diablo Valley College 'A'	3:26.20	3:27.03	2	
1) Cassell, Nicholas Fr	2) Combs, Stanley Fr			
3) Espinoza, Justin So	4) Johnston, Stephan Fr			
12 Chico State 'C'	3:26.00	3:30.55	2	
13 Sacramento City College 'A'	3:26.00	3:31.88	2	
14 Chico State 'B'	3:23.00	3:32.19	2	
15 Modesto JC 'B'	3:31.20	3:32.67	3	
1) Dragoo, Chad Fr	2) Freitas, Dean Fr			
3) Lathan, Sean So	4) Northon, Benjamin Fr			
16 Santa Rosa JC Men 'A'	3:31.70	3:33.18	3	
17 George Fox University 'B'	3:40.00	3:33.68	3	
18 Butte CC 'A'	3:33.00	3:40.35	3	
19 Wolverine Track Club 'A'	3:35.00	3:49.72	3	
1) Arellano, Jorge	2) Gray, Matt			
3) Mabray, Miles	4) Pineda, Ed			

#### Men High Jump

Name	Year School	Seed	Finals	Points
1 Golden, Jonathon	Fr Cal State Fu		2.10m	
2 Turner, Matt	Fr Cal State Fu		2.04m	
3 Hutchinson, Eugene	Jr Cal State LA	2.15m	2.01m	
4 Burt, Desmond	Fr Cal State LA	1.93m	1.95m	
4 Richardson, Jerome	Sr University o	2.03m	1.95m	
6 Strang, John	Fr Utah State U	2.00m	1.92m	
6 Edwards, Michael	So Diablo Valle	1.98m	1.92m	
8 Parker, Jeremy	Fr Western Oreg	1.95m	1.87m	
9 Mitchell, Braden	Butte CC	1.87m	1.82m	
9 Robbins, Bryan	So Modesto JC	1.82m	1.82m	
9 Younnie, Nathan	Butte CC	1.95m	1.82m	
9 Mildren, Mark	Sr Portland Sta	1.82m	1.82m	
13 Luckstead, Marcus	Jr University o	1.90m	1.77m	
13 Dragoo, Chad	Fr Modesto JC	1.82m	1.77m	
13 Oliver, Darnel	So Diablo Valle	1.82m	1.77m	
16 Tripp, Ryan	Butte CC	1.77m	1.72m	
16 Mellow, Zach	Pacific Univ	1.87m	1.72m	
16 Bain, Micheal	Fr Siskiyou	1.77m	1.72m	
-- Price, Matt	Jr Utah State U	1.97m	DQ	
-- Ibbetson, Nick	Jr Chico State	1.77m	DQ	

#### Men Long Jump

Name	Year School	Seed	Finals	Wind	Points
1 Billing, Jeff	en Unattached	7.62m	7.63m	-0.5	
2 Finney, Kevin	So Cal State LA	7.34m	6.83m	-1.6	
3 Green, Ross	So Csu Stanisla	6.47m	6.81m	NWI	
4 Wiley, Adal	Fr Csu Stanisla	6.42m	6.79m	NWI	
4 Clift, David	Fr Diablo Valle	6.74m	6.79m	NWI	
6 Green, LaShaun	Jr Cal State LA	7.26m	6.77m	-0.3	
6 Gaston, Alex	Fr Siskiyou	6.95m	6.77m	-0.4	
8 Parker, Bryan	Fr Sacramento S	6.85m	6.61m	1.1	
9 Strang, John	Fr Utah State U	6.81m	6.60m	-0.5	
10 Hannibal, David	Sr Cal State LA	6.88m	6.58m	NWI	
11 Harrington, Blake	Fr Western Oreg	6.63m	6.56m	-1.1	
11 Francis, Peter	Sr Chico State	6.50m	6.56m	NWI	

13	Walls, Jerrad	Fr Sacramento S	6.55m	6.55m	-0.6
14	Danners, Michael	Fr Cal State LA	6.32m	6.54m	-2.0
15	Holmes, Jason	Cal Poly	7.34m	6.51m	-0.7
16	Poe, Greg	Fr Siskiyou	6.35m	6.44m	+0.0
17	Stock, Jared	Sr Cal State LA	6.29m	6.37m	NWI
18	Richardson, Jerome	Sr University o	7.30m	6.36m	+0.0
19	Pierce, Marcus	Unattached	6.55m	6.35m	-1.5
20	Maves, Drew	George Fox U	6.37m	6.24m	NWI
20	Brayboy, Martez	Fr Siskiyou	6.17m	6.24m	NWI
22	LeBeauf, Travis	Fr Sacramento S	6.55m	6.20m	+0.0
23	Jones, Derek	en Unattached	6.70m	6.19m	-0.8
24	Eng, Syna	Fr Siskiyou	5.74m	6.17m	NWI
25	Blanchini, Miike	So Santa Rosa J		6.12m	NWI
26	Simmons, Jamal	Jr Csu Stanisla	6.40m	6.08m	NWI
27	Robbins, Bryan	So Modesto JC	5.96m	6.02m	NWI
28	Freitas, Dean	Fr Modesto JC	5.99m	6.01m	NWI
28	Beatty, Doug	George Fox U	6.36m	6.01m	NWI
30	Burt, Desmond	Fr Cal State LA	6.40m	5.99m	NWI
31	Lewis, Ramon	Butte CC	5.99m	5.92m	NWI
31	Adams, John	So Siskiyou	6.20m	5.92m	-1.4
33	Mancine, Daniel	Fr Modesto JC	5.84m	5.85m	NWI
34	Garside, Travis	So Chico State	5.99m	5.84m	NWI
35	Tyson, Darryl	Fr Modesto JC	5.61m	5.80m	NWI
36	Beswick, Mark	Butte CC	6.40m	5.76m	NWI
37	Bain, Micheal	Fr Siskiyou	6.19m	5.75m	NWI
38	Farr, Paris	Fr Butte CC	6.07m	5.72m	NWI
39	Smith, Reggie	Butte CC	6.60m	5.11m	-0.2
40	Mitchell, Braden	Butte CC	6.04m	5.09m	NWI
--	Simpson, Brandon	So Santa Rosa J	6.81m	DQ	NWI
--	Hutchinson, Eugene	Jr Cal State LA	7.23m	DQ	NWI
--	Hampton, Genesis	en Auc Elite	6.37m	DQ	NWI

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#### Men Triple Jump

Name	Year School	Seed	Finals	Wind Points
1	Richmond, Stuart	Sr Cal State LA	15.01m	15.22m -0.6
2	Kapofu, Allen	University o	15.69m	14.92m -2.0
3	Francis, Peter	Sr Chico State	14.47m	14.59m +0.0
4	Weatherall, Jason	So Cal State LA	14.55m	14.28m -1.7
5	Walls, Jerrad	Fr Sacramento S	14.17m	14.19m -0.8
6	Jones, Derek	en Unattached	14.32m	14.15m -1.6
7	Pierce, Marcus	Unattached	14.12m	14.07m -1.1
8	Finney, Kevin	So Cal State LA	14.45m	14.02m -1.5
9	Davies, Mike	Jr Chico State	14.14m	13.98m -0.5
10	Harrington, Blake	Fr Western Oreg	13.79m	13.96m -1.3
11	Randolph, Anthony	Cal Poly	14.19m	13.68m -1.1
12	Green, LaShaun	Jr Cal State LA	14.24m	13.66m -1.2
13	Parker, Bryan	Fr Sacramento S	14.22m	13.33m -0.3
14	Wiley, Adal	Fr Csu Stanisla	13.48m	13.15m -0.4
15	Poe, Greg	Fr Siskiyou	12.75m	12.85m -1.1
16	Garside, Travis	So Chico State	12.75m	12.79m -1.1
17	Gaston, Alex	Fr Siskiyou	13.23m	12.78m -0.9
18	Edwards, Michael	So Diablo Valle	12.52m	12.71m 0.2
19	Hampton, Genesis	en Auc Elite	13.46m	12.56m -0.4
20	Beatty, Doug	George Fox U	12.91m	12.32m -0.4
--	Cassell, Nicholas	Fr Diablo Valle	13.81m	FOUL NWI
--	Silverman, Brett	So Unattached	13.76m	FOUL NWI

#### Men Shot Put

Name	Year School	Seed	Finals	Points
1	Lloyd, Zack	Fr Utah State U	17.20m	17.69m
2	Nichols, David	So Sacramento S	17.67m	17.44m
3	Winger, Russ	So University o	17.78m	17.42m
4	Sprague, Cole	Sr Csu Stanisla	17.34m	17.18m
5	Page, Brendan	en Unattached/T	17.44m	16.74m
6	Wauters, Matthew	Fr University o	17.32m	16.33m
7	Aguilar, Carlos	So Western Oreg	15.29m	15.42m
8	Latiker, Brandon	en Unattached	12.80m	15.09m
9	Johal, Ranbir	So Csu Stanisla	14.85m	14.85m
10	Cooper, Adam	Jr Eastern Oreg	14.57m	14.53m
11	Kline, Justin	So Western Oreg	14.66m	14.15m
12	Gunnink, Eric	Fr Santa Rosa J	13.92m	13.42m
13	Henson, Seth	Jr Portland Sta	14.63m	13.33m
14	McGallian, Tim	en Unattached	13.71m	13.04m
15	Ames, Bryan	Fr Sacramento C	13.71m	13.03m
16	Vaioleti, David	American Riv	13.10m	12.52m
17	Swanson, John	So Cal State Fu	12.06m	12.41m
18	Garcia, Steve	So Diablo Valle	12.76m	12.21m
19	Green, Chris	Unattached		11.83m
20	Gambino, Andrew	Jr Chico State	11.58m	11.55m
21	Nelson, Steve	Fr Cal State Fu	12.21m	11.52m
22	Manuel, Justin	American Riv	10.97m	11.09m
23	Mollier, Derek	Sr Pacific Univ	11.27m	10.82m
24	Sanchez, Michael	So Cal State LA	11.88m	10.63m
25	Knipe, Nick	Unattached		10.50m
26	Norris, Michael	Fr Modesto JC	11.27m	10.45m
27	Alameda, Titus	Fr Modesto JC	8.82m	9.65m
28	Nguyen, Nam	Fr Cal State LA	10.66m	6.52m

#### Men Discus Throw

Name	Year School	Seed	Finals	Points
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1	Bortz, Dirk	Sr Eastern Oreg	51.05m	52.09m
2	Winger, Russ	So University o	55.57m	51.59m
3	Lloyd, Zack	Fr Utah State U		49.43m
4	Page, Brendan	en Unattached/T	51.51m	48.61m
5	Nichols, David	So Sacramento S	53.64m	47.86m
6	Wauters, Matthew	Fr University o	51.20m	46.75m
7	Johnson, Joel	en Unattached	48.76m	45.91m
8	Mattox, Marcus	So University o	48.59m	45.13m
9	Johal, Ranbir	So Csu Stanisla	45.36m	44.97m
10	Gunnink, Eric	Fr Santa Rosa J	45.31m	42.47m
11	Swanson, John	So Cal State Fu	42.74m	41.44m
12	Liu, Kevin	So Utah State U		41.16m
12	Cooper, Adam	Jr Eastern Oreg	43.23m	41.16m
14	Luckstead, Marcus	Jr University o	42.72m	41.09m
15	Henson, Seth	Jr Portland Sta	41.14m	39.50m
16	Ames, Bryan	Fr Sacramento C	44.19m	39.26m
17	Morilla, Nick	So Santa Rosa J	39.49m	39.19m
18	McGallian, Tim	en Unattached	41.75m	39.12m
19	Norris, Michael	Fr Modesto JC	37.39m	37.67m
20	Kline, Justin	So Western Oreg	42.71m	37.33m
21	Nelson, Steve	Fr Cal State Fu	40.53m	36.71m
22	Knipe, Nick	Unattached		36.12m
23	Garcia, Steve	So Diablo Valle	37.38m	34.88m
24	Manuel, Justin	American Riv	35.96m	33.71m
25	Boczanowski, Tim	Fr Diablo Valle	33.02m	33.56m
26	Vaioleti, David	American Riv	37.18m	33.22m
26	Green, Chris	Unattached		33.22m
28	Longo, Nick	So Cal State Fu	39.03m	33.05m
29	Hopkins, Ryan	Unattached	35.96m	31.71m
30	Sanchez, Michael	So Cal State LA	39.62m	30.69m
--	Alameda, Titus	Fr Modesto JC		DQ
--	Scott, Jeff	Sr Csu Stanisla	31.80m	DQ

#### Men Hammer Throw

Name	Year	School	Seed	Finals	Points
1	Sprague, Cole	Sr Csu Stanisla	62.96m	60.60m	
2	Fong, Geoffrey	Sr Sacramento S	59.43m	60.58m	
3	Linkul, Robert	en Team Reebok	63.00m	60.16m	
4	Bortz, Dirk	Sr Eastern Oreg	57.45m	55.22m	
5	Mattox, Marcus	So University o	55.19m	53.42m	
6	Wauters, Matthew	Fr University o	58.26m	53.12m	
7	Harrison, Dee	ch Unattached	56.81m	52.86m	
8	Liu, Kevin	So Utah State U		51.46m	
9	Cooper, Adam	Jr Eastern Oreg	53.08m	51.06m	
10	Aguilar, Carlos	So Western Oreg	53.61m	50.78m	
11	Page, Brendan	en Unattached/T	54.94m	49.88m	
12	Reyes, Isias	Sr Cal State Fu	49.04m	47.64m	
13	Lloyd, Zack	Fr Utah State U		44.14m	
14	Virgin, Jonathan	So Diablo Valle	46.76m	43.38m	
15	Kline, Justin	So Western Oreg	43.73m	43.20m	
16	Milsap, Travis	So Eastern Oreg	45.36m	42.68m	
17	Longo, Nick	So Cal State Fu	45.72m	42.00m	
18	Swanson, John	So Cal State Fu	41.17m	38.54m	
19	Boczanowski, Tim	Fr Diablo Valle	37.41m	37.52m	
20	Nelson, Steve	Fr Cal State Fu	42.67m	36.98m	
21	Smith, Phil	So Diablo Valle	37.43m	36.86m	
22	Gunnink, Eric	Fr Santa Rosa J	36.16m	36.10m	
23	Hopkins, Ryan	Unattached	36.57m	36.00m	
24	Garcia, Steve	So Diablo Valle	35.78m	35.24m	
25	Vaioleti, David	American Riv	36.57m	34.14m	
26	Henson, Seth	Jr Portland Sta	36.57m	33.74m	
27	Teague, Jay	Fr Siskiyou	30.63m	30.98m	
28	Norris, Michael	Fr Modesto JC	31.47m	30.96m	
29	Foster, Tim	Pacific Univ	39.62m	29.20m	
30	Lee, Michael	Fr Cal State Fu	33.52m	27.36m	

#### Men Javelin Throw

Name	Year	School	Seed	Finals	Points
1	Rozborski, Jon	Jr Chico State	67.05m	65.59m	
2	Lalaguna, Troy	Jr Chico State	59.74m	60.85m	
3	Gassaway, Matt	George Fox U	65.80m	59.66m	
4	Smith, John	Bruin Track	61.00m	59.65m	
5	Torgison, Eamonn	So University o	61.01m	59.49m	
6	Brandel, Ryan	Jr Sacramento S	62.78m	58.49m	
7	Smith, Brian	Sr Portland Sta	62.48m	57.99m	
8	Stock, Jared	Sr Cal State LA	58.82m	57.17m	
9	Rozborski, Tim	Unattached		55.47m	
10	Cole, Mat	Fr Western Oreg	48.74m	55.00m	
11	Miller, Mike	Sacramento S	49.98m	54.73m	
12	Jeske, Michael	Jr University o	60.83m	53.63m	
13	Hansen, John	an Unattached	55.47m	53.09m	
14	Sanderson, Jake	Sr Chico State	53.34m	51.43m	
15	Hutchinson, Matt	Unattached		49.96m	
16	Dunn, Mark	Fr Western Oreg	48.75m	49.50m	
17	Sanchez, Michael	So Cal State LA	53.64m	48.92m	
18	Graney, Jason	Jr Cal State Fu	53.34m	48.56m	
19	McCabe, Duane	Jr Cal State Fu	46.07m	48.20m	
20	Hassabe, Kyle	Jr Sacramento S	49.37m	48.16m	
21	Richardson, Jereme	Sr University o	52.52m	47.23m	
22	Foster, Tim	Pacific Univ	45.72m	46.16m	

23 Teague, Jay	Fr Siskiyou	44.34m	43.45m
24 Morgan, Andy	Fr Csu Stanisla	44.55m	43.16m
25 Gambino, Andrew	Jr Chico State	45.72m	42.49m
26 Smith, Phil	So Diablo Valle	43.96m	41.98m
27 Hagen, Dustin	Fr Santa Rosa J	45.38m	41.93m
28 Ames, Bryan	Fr Sacramento C	44.19m	40.76m
29 Kujola, Blake	Unattached		38.65m
30 Gutierrez, Sebastian	Fr Modesto JC	43.33m	38.33m
31 Robbins, Bryan	So Modesto JC	45.64m	38.16m
32 Wheeler, Andrew	Fr Santa Rosa J	38.22m	35.97m
33 Reyes, Isias	Sr Cal State Fu	42.67m	35.86m
34 Lee, Michael	Fr Cal State Fu	41.93m	35.74m

**Cal Poly Invitational**  
**March 19, 2005**

**San Luis Obispo**  
**Very wet, mild**

Event 1 WOMENS Hammer Throw

RECORD IN METRIC

1	Jamie Farley	FS	49.63	162'09.75"
12	Lindsey Blankenship	GFOX	19.93	65'04.50"

Event 2 MENS Hammer Throw

RECORD IN METRIC

1	Geoffrey Fong	SAC	59.29	194'06.25"
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Event 4 MENS Pole Vault

RECORD IN METRIC

1	Adrian Ruark	CP	4.90	16'00.75"
10	Travis Laloli	GFOX	4.00	13'01.25" ##
	Brian See	GFOX	NM	

Event 5 WOMENS Long Jump

RECORD IN METRIC

1	Courtney Stafford	CP	5.63	18'05.50"
11	Michelle Forbes	GFOX	4.81	15'09.25"
15	Whitney Kolb	GFOX	4.50	14'09.00" ##
16	Katie Alaimo	GFOX	4.48	14'08.25"

Event 6 MENS Long Jump

RECORD IN METRIC

1	Okie Giwaagbomeire	UNAT	7.43	24'04.50"
17	Doug Beatty	GFOX	5.81	19'00.50"
19	Drew Maves	GFOX	5.74	18'09.75"

Event 7 WOMENS Javelin Throw

RECORD IN METRIC

1	Mallory Webb	FS	47.75	156'07.75"
6	Tori Black	GFOX	35.14	115'03.25" ##

Event 8 MENS Javelin Throw

RECORD IN METRIC

1	John Goldsmith	WS	59.74	195'11.75"
2	Matt Gassaway	GFOX	58.91	193'03.25"

Event 9 WOMENS Shot Put

RECORD IN METRIC

1	Lasha Hill	FS	13.67	44'10.00"
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Event 10 MENS Shot Put

RECORD IN METRIC

1	David Nichols	SAC	17.55	57'06.75"
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Event 11 WOMENS High Jump

RECORD IN METRIC

1	Kaylene Wagner	CP	1.79	5'10.25"
2	Michelle Forbes	GFOX	1.67	5'05.75"
4	Juliekay Brown	GFOX	1.51	4'11.25"
6	Katie Alaimo	GFOX	1.47	4'09.75"

Event 12 MENS High Jump

RECORD IN METRIC

1	Zach Woods	WS	2.05	6'08.50"
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Event 13 WOMENS Discus Throw

RECORD IN METRIC

1	Lasha Hill	FS	43.29	142'00.25"
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Event 14 MENS Discus Throw  
RECORD IN METRIC

1	David Nichols	SAC	46.73	153'03.75"
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Event 15 WOMENS Triple Jump  
RECORD IN METRIC

1	Stephanie Miller	WS	11.22	36'09.50"
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Event 16 MENS Triple Jump  
RECORD IN METRIC

1	Kyle Montgomery	FS	14.32	46'11.75"
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Event 17 WOMENS 3000 Steeple

1	Andrea Buckner	FS	10:47.89	
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Event 18 MENS 3000 Steeple

1	Steven Schenck	SAC	10:00.47	
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Event 19 WOMENS 4x100 Relay

1	WICHITA STATE	WS	47.09	
7	GEORGE FOX	GFOX	54.04	
	(Brown, Blankenship, Bladorn, Alaimo)			

Event 20 MENS 4x100 Relay

1	WICHITA STATE A	WS	40.99	
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Event 21 WOMENS 100 Hurdles

Heat 1

1	Lindsay Eck	WS	14.13	
9	Michelle Forbes	GFOX	17.40	

Event 22 MENS 110 Hurdles

Heat 1

1	Jordan Kitchen	WS	14.59	
7	Seth Harris	GFOX	15.82	

Event 23 WOMENS 400 Dash

Heat 1

1	Inese Petrvina	WS	56.34	
10	Kelly Bladorn	GFOX	1:01.75	
12	Terrah Laack	GFOX	1:04.69	

Event 24 MENS 400 Dash

1	Justin Chandler	WS	47.79	
4	Brad Bates	GFOX	49.45	**

Event 25 WOMENS 1500 Run

1	Courtney Allen	CP	4:34.26	
10	Rachel Giffy-Brohaug	GFOX	4:57.64	

Event 26 MENS 1500 Run

1	Ben Bruce	CP	3:46.09	
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Event 27 WOMENS 100 Dash

Heat 1

1	Quanzia Menton	WS	12.37
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Event 28 MENS 100 Dash

1	Travis Morse	CP	10.66
--	Drew Maves	GFOX	11.79

Event 29 WOMENS 400 Hurdles

1

1	Tasha Gallegos	WS	1:02.93
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Event 30 MENS 400 Hurdles

Heat 1

1	Jordan Kitchen	WS	52.55
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Event 31 WOMENS 800 Run

1	Lauren Mulkey	CP	2:14.85
3	Anna McLain	GFOX	2:19.83 ## A
	(#10 All-Time, #3 Frosh)		
7	Bethany Adams	GFOX	2:24.38 ##

Event 32 MENS 800 Run

Heat 1

1	Sean Marzolf	FS	1:54.64
5	Bryan Cobb	GFOX	2:00.84
6	David Mathiang	GFOX	2:02.14

Event 33 WOMENS 200 Dash

Heat 1

1	Christina Lopez	FS	25.24
-	Julie Brown	GFOX	28.19

Event 34 MENS 200 Dash

Heat 1

1	Mark Paige	AUC	21.81
-	Andrew Paine	GFOX	23.51 ** A

Event 35 WOMENS 5K Run

1	Kara June	UNAT	17:08.59
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Event 36 MENS 5K Run

1	Blake Swier	CP	14:44.67
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Event 37 WOMENS 4x400 Relay

1	FRESNO STATE	FS	3:51.37
4	GEORGE FOX	GFOX	4:14.18
	(Bladorn (61.7**), Adams (66.6); Giffy-Brohaugh (64.4), McLain (61.3##)		

Event 38 MENS 4x400 Relay

1	WICHITA STATE A	WS	3:13.78
2	FRESNO STATE A	FS	3:15.70
3	GEORGE FOX A	GFOX	3:21.86 **

(Maves (52.6\*\*), Paine (51.2\*\*), Bates (49.5), Haris (48.3##)



**2005 Cal Poly Invitational**  
**Results online at phototiming.com**

03/19/05 - 03/19/05

**Event # 1 WOMENS Hammer Throw**

RECORD IN METRIC				
1	Jamie Farley	FS	162'09.75"	49.63
2	Laura Cadranell	SAC	155'10.75"	47.52
3	Mickel Love	WS	152'05.00"	46.46
4	Lasha Hill	FS	145'08.75"	44.42
5	Aspin Marshall	FS	145'06.75"	44.37
6	Theresa Schultz	SAC	143'11.00"	43.87
7	Chandra Andrews	WS	136'11.25"	41.74
8	Katie Richardson	FS	133'04.25"	40.65
9	Whitney DeWeese	CP	114'09.50"	34.99
10	Greta Tjaden	WS	111'08.00"	34.04
11	Jessie Pauze	CUES	108'05.50"	33.06
12	Lindsey Blankenship	GFOX	65'04.50"	19.93
	Leslie Flores	FS		SCR
	Jennifer Onyeagbako	SAC		SCR
	Kellie Krahn	WS		FOUL

**Event # 2 MENS Hammer Throw**

RECORD IN METRIC				
1	Geoffrey Fong	SAC	194'06.25"	59.29
2	Bobby Spexarth	WS	178'10.75"	54.53
3	Mike Poncetta	FS	160'10.50"	49.04
4	Brian Vasquez	FS	147'07.50"	45.00
5	Dave Endlor	FS	147'07.25"	44.99
6	Matt Standwall	FS	140'03.25"	42.76
7	Chris Witscher	FS	128'04.50"	39.13
8	Matthew Wartick	WS	126'08.75"	38.63
	DePaul Brewer	WS		SCR
	Joe Guerin	FS		SCR
	Oscar Rodriguez	FS		SCR

**Event # 4 MENS Pole Vault**

RECORD IN METRIC				
1	Adrian Ruark	CP	16'00.75"	4.90
2	Russell Weaver	FS	15'07.00"	4.75
2	Roy Phelps	FS	15'07.00"	4.75
4	Beau Morris	WS	15'01.00"	4.60
5	Casey Buislingham	CUES	14'07.00"	4.45
5	Dan Poyner	CP	14'07.00"	4.45
7	Jimmy Williamson	SAC	13'07.25"	4.15
7	Paul Lim	FS	13'07.25"	4.15
7	Buddy Williams	FS	13'07.25"	4.15
10	Travis Laloli	GFOX	13'01.25"	4.00
10	Robert Brazier	SAC	13'01.25"	4.00
10	Paul Speer	WS	13'01.25"	4.00
	Mike Yurcho	VS		SCR
	Paul Schnitt	SKY		SCR
	Dylan Schmidt	WS		SCR
	Sean Brown	UNAT		SCR
	Jon Takahashi	UNAT		SCR
	Justin Norberg	UNAT		SCR
	Mark Unzueta	UNAT		SCR
	John Besmer	UNAT		SCR
	Adam Andresen	FS		SCR
	Clay Johnson	UNAT		SCR
	Nick Downs	CUES		SCR
	Brian See	GFOX		NM

**2005 Cal Poly Invitational**  
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03/19/05 - 03/19/05

Mike King	UNAT	NM
James Nunno	UNAT	NM
Mike Ortega	CUES	NM
Leif McMurray	FS	NM

**Event # 5 WOMENS Long Jump**

**RECORD IN METRIC**

1	Courtney Stafford	CP	+1.3m/s	18'05.50"	5.63
2	Jelena Petrovic	WS	+0.3m/s	18'04.00"	5.59
3	Lindsay Eck	WS	0m/s	18'03.25"	5.57
4	Katie Christianson	FS	0m/s	17'10.75"	5.46
5	Tyreina Henley-Henderson	SAC	+0.5m/s	17'05.00"	5.31
5	Shanita Bryant	SAC	+0.7m/s	17'05.00"	5.31
7	Stephanie Miller	WS	+0.7m/s	17'01.50"	5.22
8	Emily Griffin	SAC	+0.4m/s	16'08.75"	5.10
9	Kristina Beinarovira	WS	+0.2m/s	16'06.00"	5.03
10	Willimena Cisco	CP	0m/s	16'00.75"	4.90
11	Michelle Forbes	GFOX	0m/s	15'09.25"	4.81
12	Antionette Adams	SAC	-0.1m/s	15'06.50"	4.74
13	Tonisha Henson	FS	0m/s	14'11.75"	4.57
14	Laura McGailey	CUES	0m/s	14'09.50"	4.51
15	Whitney Kolb	GFOX	-0.6m/s	14'09.00"	4.50
16	Katie Alaimo	GFOX	+1.8m/s	14'08.25"	4.48
	Regina Ollison	FS	m/s		SCR
	Chelsea Fuller	SAC	m/s		SCR
	Winnie Fletcher	FS	m/s		SCR

**Event # 6 MENS Long Jump**

**RECORD IN METRIC**

1	Okie Giwaagbomeire	UNAT	-0.4m/s	24'04.50"	7.43
2	Girts Lienins	WS	-0.3m/s	22'04.00"	6.81
3	Jason Johns	UNAT	0m/s	22'01.75"	6.75
4	Robert Calzadilla	FS	+1.5m/s	21'07.00"	6.58
5	Ian Lindstrom	WS	+1.5m/s	21'06.25"	6.56
6	Jason Holmes	CP	+1.5m/s	20'11.75"	6.40
7	Dan Poyner	CP	-0.4m/s	20'10.00"	6.35
8	Bryan Parker	SAC	-0.6m/s	20'08.75"	6.32
9	Paul Speer	WS	+0.7m/s	20'08.00"	6.30
10	Alex Jones	FS	+2.8m/s	20'06.75"	6.27
11	Kyle Montgomery	FS	+0.8m/s	20'02.50"	6.16
12	Travis LeBeauf	SAC	+1.8m/s	19'09.00"	6.02
12	Anthony Randolph	CP	+0.8m/s	19'09.00"	6.02
14	Jerrad Walls	SAC	0m/s	19'07.25"	5.98
15	James Nunno	UNAT	+1.7m/s	19'06.25"	5.95
16	Robert Brazier	SAC	+1.8m/s	19'05.00"	5.92
17	Doug Beatty	GFOX	-0.1m/s	19'00.50"	5.81
18	Richard Duahime	SAC	+1.4m/s	18'10.75"	5.76
19	Drew Maves	GFOX	+0.2m/s	18'09.75"	5.74
20	Sammy Sumlin	BAKE	+1.5m/s	18'00.00"	5.49
21	Michael Amey	BAKE	+2m/s	17'05.25"	5.32
	Marcus Sheppard	AUC	m/s		SCR
	Ryan Hansen	CUES	m/s		SCR
	Brandon Parker	SAC	m/s		SCR
	Jarom Ricks	BAKE	m/s		SCR
	DeAnte Brauns	FS	m/s		FOUL
	Roy Phelps	FS	m/s		FOUL

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**Event # 7 WOMENS Javelin Throw**

## RECORD IN METRIC

1	Mallory Webb	FS	156'07.75"	47.75
2	Jenna Fast	WS	143'04.00"	43.69
3	Krystal Bowes	UNAT	138'10.50"	42.33
4	Ashley Ast	SAC	125'02.25"	38.16
5	Katie Richardson	FS	119'04.50"	36.39
6	Tori Black	GFOX	115'03.25"	35.14
7	Chandra Andrews	WS	113'11.50"	34.74
8	Antionette Adams	SAC	100'03.75"	30.58
9	Katrina Vingen	FS	100'00.25"	30.49
10	Emily Griffin	SAC	72'07.25"	22.13
	Chelsea Fuller	SAC		SCR
	Greta Tjaden	WS		SCR

**Event # 8 MENS Javelin Throw**

## RECORD IN METRIC

1	John Goldsmith	WS	195'11.75"	59.74
2	Matt Gassaway	GFOX	193'03.25"	58.91
3	Ryan Brandel	SAC	183'05.00"	55.91
4	Brandon Mies	WS	177'01.50"	53.99
5	Bobby Spexarth	WS	161'09.50"	49.32
6	Mike Miller	SAC	158'03.00"	48.24
7	Ross Sprange	FS	158'00.00"	48.16
8	Kyle Hasapes	SAC	154'01.50"	46.98
9	Evan Wahl	BAKE	150'00.00"	45.72
10	Nick Baker	WS	148'07.25"	45.30
11	Josh Quiambao	FS	139'00.75"	42.39
12	Jarom Ricks	BAKE	136'06.75"	41.63
13	Alex Howze	CUES	128'07.50"	39.21
14	Adam Nesbitt	BAKE	125'03.50"	38.19
15	Bryan Romero	BAKE	91'02.25"	27.80
	Jeremiah Kratz	WS		SCR
	Matthew Wartick	WS		SCR

**Event # 9 WOMENS Shot Put**

## RECORD IN METRIC

1	Lasha Hill	FS	44'10.00"	13.67
2	Bobbie Patton	HAN	43'05.50"	13.25
3	Kellie Krahn	WS	42'00.25"	12.81
4	Aspin Marshall	FS	41'06.25"	12.66
5	Kathryn Birkmaier	SAC	39'06.75"	12.06
6	Whitney DeWeese	CP	39'06.25"	12.05
7	Katie Richardson	FS	38'01.75"	11.63
8	Jamie Farley	FS	36'04.00"	11.08
	Leslie Flores	FS		SCR
	Chandra Andrews	WS		SCR
	Breanne Pere	HAN		FOUL
	Jennifer Onyeagbako	SAC		FOUL

**Event # 10 MENS Shot Put**

## RECORD IN METRIC

1	David Nichols	SAC	57'06.75"	17.55
2	Oscar Rodriguez	FS	52'03.75"	15.95
3	Nick Baker	WS	52'02.75"	15.92
4	Dave Endlor	FS	50'03.75"	15.34
5	D.J. Haynes	FS	48'11.25"	14.92

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6	Shannon Odom	BAKE	43'09.00"	13.34
7	Paul Speer	WS	43'08.75"	13.33
8	Jon Jordan	CUES	42'02.25"	12.86
9	Collin Clark	BAKE	41'07.00"	12.68
10	Tyler Work	BAKE	41'04.75"	12.62
11	Adam Nesbitt	BAKE	39'00.75"	11.91
12	Richard Gianelli	BAKE	38'11.50"	11.88
13	Jeremiah Kratz	WS	38'10.00"	11.84
14	Will Chandler	BAKE	35'11.00"	10.95
	Steve Fields	UNAT		SCR
	Jarred Morgan	UNAT		SCR
	Kyle Gallemore	BAKE		FOUL
	Kenneth Atkins	BAKE		FOUL

**Event # 11 WOMENS High Jump**

RECORD IN METRIC				
1	Kaylene Wagner	CP	5'10.25"	1.79
2	Michelle Forbes	GFOX	5'05.75"	1.67
3	Sarah Robinson	FS	5'01.00"	1.55
4	Juliekay Brown	GFOX	4'11.25"	1.51
5	Lauren Archie	FS	4'11.25"	1.51
6	Katie Alaimo	GFOX	4'09.75"	1.47
7	Lashea Dorsey	FS	4'09.75"	1.47
	Chelsea Fuller	SAC		SCR
	Iveta Frunte	WS		SCR
	Sharon Day	CP		SCR
	Whitney Kolb	GFOX		NM
	Antionette Adams	SAC		NM

**Event # 12 MENS High Jump**

RECORD IN METRIC				
1	Zach Woods	WS	6'08.50"	2.05
2	Jason Johns	UNAT	6'00.75"	1.85
2	Jarom Ricks	BAKE	6'00.75"	1.85
4	James Nunno	UNAT	5'10.75"	1.80
4	Dan Poyner	CP	5'10.75"	1.80
	Lee Foreman	BAKE		SCR
	Jason Holmes	CP		SCR
	Daniel Gonzalez	BAKE		NM
	Ryan Rupcich	FS		NM

**Event # 13 WOMENS Discus Throw**

RECORD IN METRIC				
1	Lasha Hill	FS	142'00.25"	43.29
2	Whitney DeWeese	CP	141'10.25"	43.24
3	Katie Richardson	FS	132'10.25"	40.50
4	Aspin Marshall	FS	128'11.50"	39.31
5	Jamie Farley	FS	127'06.25"	38.87
6	Miekel Love	WS	119'10.50"	36.54
7	Kathryn Birkmaier	SAC	117'05.00"	35.79
8	Kathleen Lodato	SAC	115'01.75"	35.10
9	Chandra Andrews	WS	105'10.00"	32.26
10	Jennifer Onyeagbako	SAC	96'03.50"	29.35
	Krystal Bowes	UNAT		SCR

**Event # 14 MENS Discus Throw**

RECORD IN METRIC				
1	David Nichols	SAC	153'03.75"	46.73

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2	D.J. Haynes	FS	144'09.25"	44.13
3	Dave Endlor	FS	142'00.25"	43.29
4	DePaul Brewer	WS	137'03.50"	41.85
5	Matthew Wartick	WS	135'05.75"	41.30
6	Chris Witscher	FS	133'06.25"	40.70
7	Paul Speer	WS	128'06.00"	39.17
8	Adam Nesbitt	BAKE	123'08.50"	37.71
9	Kyle Gallemore	BAKE	107'01.25"	32.65
10	Tyler Work	BAKE	102'08.25"	31.30
	Bryan Romero	BAKE		SCR
	Keith Arnold	BAKE		SCR
	Shannon Odom	BAKE		SCR
	Evan Wahl	BAKE		SCR
	Jarered Morgan	UNAT		SCR
	Joe Guerin	FS		NM
	Will Chandler	BAKE		FOUL

**Event # 15 WOMENS Triple Jump**

RECORD IN METRIC				
1	Stephanie Miller	WS	36'09.50"	11.22
2	Corrie Baer	CP	36'05.75"	11.12
3	Kristina Beinarovira	WS	36'01.25"	11.01
4	Lauren Archie	FS	35'04.75"	10.79
5	Regina Ollison	FS	35'01.25"	10.70
	Sarah Robinson	FS		SCR
	Tyreina Henley-Henderson	SAC		SCR
	Amy Weis	WS		FOUL

**Event # 16 MENS Triple Jump**

RECORD IN METRIC				
1	Kyle Montgomery	FS	m/s 46'11.75"	14.32
2	Girts Lienins	WS	m/s 46'10.75"	14.30
3	Ian Lindstrom	WS	m/s 44'11.25"	13.70
3	Anthony Randolph	CP	m/s 44'11.25"	13.70
5	Sam Stevenson	FS	m/s 43'06.75"	13.28
	Sammy Sumlin	BAKE	m/s	SCR
	Doug Beatty	GFOX	m/s	SCR
	Ryan Hansen	CUES	m/s	SCR
	Robert Calzadilla	FS	m/s	SCR
	Alex Jones	FS	m/s	SCR
	Jerrad Walls	SAC	m/s	SCR
	Richard Duahime	SAC	m/s	SCR
	DeAnte Brausn	FS	m/s	SCR
	Bryan Parker	SAC	m/s	SCR

**Event # 17 WOMENS 3000M Steeple**

1	Andrea Buckner	FS	10:47.89
2	Kimber Lemon	WS	11:23.13
3	Ashley Dere	CP	11:24.22
4	Virginia Grillo	SAC	11:43.63
5	Claire Nowel	CUES	11:48.57
6	Alison Massetti	CP	11:57.01
7	Marina Santana	FS	12:09.39
8	Kara Greene	SAC	12:52.30
	Courtney Stewart	FS	SCR

**Event # 18 MENS 3000M Steeple**

1	Steven Schenck	SAC	10:00.47
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2	Jon George	CUES	10:13.76
3	Abe Gibson	CUES	10:28.63
4	Joseph Carvillo	BAKE	10:58.11
5	Mike Gerald	FS	11:08.87

**Event # 19 WOMENS 4x100M Relay**

1	WICHITA STATE A	WS	47.09
2	CAL POLY A	CP	47.18
3	FRESNO STATE A	FS	47.29
4	SAC STATE A	SAC	47.68
5	WICHITA STATE B	WS	48.91
6	WICHITA STATE C	WS	50.51
7	GEORGE FOX A	GFOX	54.04

**Event # 20 MENS 4x100M Relay**

1	WICHITA STATE A	WS	40.99
2	FRESNO STATE A	FS	41.09
3	SAC STATE A	SAC	41.96
4	WICHITA STATE B	WS	42.64
	GEORGE FOX A	GFOX	SCR
	FRESNO STATE B	FS	SCR
	BAKERSFIELD JC A	BAKE	DNF
	CAL POLY A	CP	DNF

**Event # 21 WOMENS 100M Hurdles****Heat 1**

1	Lindsay Eck	WS	-1.3m/s	14.13
2	Willimena Cisco	CP	-1.3m/s	14.38
3	Katie Christianson	FS	-1.3m/s	14.65
4	Jelena Petrovis	WS	-1.3m/s	15.17
5	Jennifer Snyder	WS	-1.3m/s	15.91
6	Tanisha Henson	FS	-1.3m/s	15.94
7	Emily Griffin	SAC	-1.3m/s	16.96
8	Stephanie Miller	WS	-1.3m/s	16.97
	Iveta Grunte	WS	-1.3m/s	SCR

**Heat 2**

1	Michelle Forbes	GFOX	-1.1m/s	17.40
2	Marquita Stamps	FS	-1.1m/s	17.84
3	Cassie Wilson	CUES	-1.1m/s	19.04
	Jessica Law	FS	-1.1m/s	SCR
	Chelsea Fuller	SAC	-1.1m/s	SCR
	Antionette Adams	SAC	-1.1m/s	SCR

**Event # 22 MENS 110M Hurdles****Heat 1**

1	Jordan Kitchen	WS	-1.3m/s	14.59
2	Shannon Armstrong	WS	-1.3m/s	14.82
3	Jeremy Miller	BAKE	-1.3m/s	15.22
4	Arsenia Corbin	SAC	-1.3m/s	15.30
5	Adam Sprein	CP	-1.3m/s	15.37
6	Nick Santana	SAC	-1.3m/s	15.63
7	Seth Harris	GFOX	-1.3m/s	15.82
8	Jeff Santana	SAC	-1.3m/s	15.94
9	Chris Santana	SAC	-1.3m/s	15.96

**Heat 2**

1	Evan Young	FS	-1.4m/s	16.04
2	Mike Wimberly	FS	-1.4m/s	16.05
3	Juan Valdez	FS	-1.4m/s	16.19

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4	Andrew McCoy	FS	-1.4m/s	16.78
5	Roy Phelps	FS	-1.4m/s	17.09
6	Robert Brazier	SAC	-1.4m/s	18.91
7	Buddy Williams	FS	-1.4m/s	21.08
	Paul Speer	WS	-1.4m/s	SCR
	Ricky Sims	BAKE	-1.4m/s	SCR
<b>Heat 3</b>				
1	Humberto Hernandez	FS	-2.5m/s	17.76
2	Eric Weleh	FS	-2.5m/s	17.89
3	Roger LeGault	CUES	-2.5m/s	17.92
	Caulen Lauria	CUES	-2.5m/s	SCR

**Event # 23 WOMENS 400M Dash**

<b>Heat 1</b>				
1	Inese Petrvina	WS		56.34
2	Renee Winston	FS		58.37
3	Krista Hacman	WS		58.62
4	Sharon Day	CP		59.31
5	Jennifer Tyler	FS		1:00.12
6	Brittney Gilbert	FS		1:00.52
7	Christina Heagney	SAC		1:00.81
8	Shanita Bryant	SAC		1:02.54
	Deidre Reese	SAC		SCR
<b>Heat 2</b>				
1	Sunny Arada	FS		59.18
2	Kaylene Wagner	CP		1:00.21
3	Kelly Bladorn	GFOX		1:01.75
4	Lindsay Chirdon	UNAT		1:03.74
5	Terrah Laack	GFOX		1:04.69
6	Alarcio Lauren	UNAT		1:06.01
	Corina Hendricks	UCSC		SCR
<b>Heat 3</b>				
1	Danielle Sanzari	CP		1:00.23
	Shameka Savage	AUC		SCR
	Marina Santana	FS		SCR
	Carley Wooten	CUES		SCR

**Event # 24 MENS 400M Dash**

<b>Heat 1</b>				
1	Justin Chandler	WS		47.79
2	Ken Moon	FS		48.87
3	Keith Blanding	WS		48.95
4	Brad Bates	GFOX		49.45
5	Juan Valdez	FS		49.82
6	Obi Osuji	SAC		49.96
7	Rico Morales	FS		50.17
8	Jared Foley	WS		51.18
	Joe Pappalardo	CP		SCR
<b>Heat 2</b>				
1	Paul Diaz	CUES		50.34
2	David Green	SAC		51.24
3	Buddy Williams	FS		51.75
4	James Nunno	UNAT		52.66
5	Joseph Ugues	BAKE		53.51
6	Evan Miller	CUES		54.40
7	Kevin Long	UNAT		55.17
8	Humberto Hernandez	FS		55.92
	Brandon Jones	FS		SCR

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**Event # 25 WOMENS 1500M Run**

1	Courtney Allen	CP	4:34.26
2	Cassie Atkinson	CP	4:42.46
3	Sarah Becker	WS	4:43.92
4	Zinzi Evans	FS	4:44.25
5	Rachel Peters	CP	4:46.27
6	Danielle Zelinski	UCSC	4:46.70
7	Wendy Fortino	AGGI	4:49.55
8	Amy Matthews	WS	4:49.59
9	Valeria Delgado	FS	4:52.98
10	Rachel Giffy-Brohaug	GFOX	4:57.64
11	Michelle Garcia	SAC	5:04.76
12	Eve Tobar	WS	5:06.60
13	Sara Baxler	SAC	5:10.60
14	Olivia Vegh	UCSC	5:11.00
15	Lindsay Severino	AGGI	5:11.70
16	Holly Shisler	UCSC	5:30.91
17	Sandi Short	CUES	6:21.87
	Chelsie Baldwin	WS	SCR

**Event # 26 MENS 1500M Run****Heat 1**

1	Ben Bruce	CP	3:46.09
2	Ryan Moorcroft	CP	3:47.78
3	Alex Dunn	CP	3:48.10
4	Paulo Carvalho	AGGI	3:50.39
5	Sean Ricketts	AGGI	3:50.77
6	Matt Johnsrud	CP	3:52.82
7	Troy Swier	CP	3:55.26
8	Phillip Reid	CP	3:55.97
9	Tom Phelps	CP	3:56.13
10	Sean Marzolf	FS	3:57.28
11	Jak Kuehn	AGGI	3:59.19
12	Kevin McDougal	WS	4:04.28
	Luke Llamas	CP	SCR
	Brandon Collins	CP	SCR
	Ryan McGinnis	UNAT	SCR

**Heat 2**

1	Keith Hankins	CP	4:00.58
2	Nathan Wadsworth	WS	4:01.01
3	Chris Stehula	CUES	4:04.45
4	Zach Taylor	WS	4:06.15
5	David Mathiang	GFOX	4:06.45
6	Kevin Holloway	FS	4:06.46
7	Jon Rivera	UNAT	4:08.11
8	Vincent D'Onofrio	SAC	4:09.38
9	Caleb Teague	WS	4:12.76
10	Steven Cavazos	BAKE	4:13.56
11	Augustin Hernandez	BAKE	4:21.91
12	Benny Flores	BAKE	4:26.25
13	Matthew Coughlin	UNAT	4:26.47
14	Abe Gibson	CUES	4:35.38
15	Cal Anderson	CUES	4:38.18
16	David Guerrero	BAKE	4:53.12
	Mike Gerald	FS	SCR
	Philippe Midelson	CUES	SCR
	Joseph Guerrero	BAKE	SCR
	Kyle Lundgren	CUES	SCR
	Jon George	CUES	SCR



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**Event # 27 WOMENS 100M Dash**

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**Heat 1**

1	Quanzia Menton	WS	-2m/s	12.37
2	Christina Lopez	FS	-2m/s	12.39
3	Tyreina Henley-Henderson	SAC	-2m/s	12.52
4	Nikki Chase	CP	-2m/s	12.59
5	Sarah Abraham	WS	-2m/s	12.61
6	Corrie Baer	CP	-2m/s	12.68
7	Inese Petrvin	WS	-2m/s	12.82
8	Shannon Pila	CUES	-2m/s	13.26
9	Corrie Stranzl	UNAT	-2m/s	13.36

**Heat 2**

	Chelsea Fuller	SAC	0m/s	SCR
	Renee Winston	FS	0m/s	SCR
	Crystal Philios	FS	0m/s	SCR
	Cherella Nicholson	FS	0m/s	SCR

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**Event # 28 MENS 100M Dash**

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**Heat 1**

1	Travis Morse	CP	-1.7m/s	10.66
2	Mark Paige	AUC	-1.7m/s	10.72
3	Jesse Smith	FS	-1.7m/s	11.02
4	Jesse Grove	WS	-1.7m/s	11.09
5	Alex Jones	FS	-1.7m/s	11.18
	Chris Berrian	FS	-1.7m/s	SCR
	Anthony Barnes	UNAT	-1.7m/s	SCR
	Arsenia Corbin	SAC	-1.7m/s	SCR
	Nick Cunningham	UNAT	-1.7m/s	SCR

**Heat 2**

1	Randy Samuels	CP	-2.4m/s	11.36
2	Jeremiah Kratz	WS	-2.4m/s	11.53
3	Billy White	SAC	-2.4m/s	11.58
4	Louis Burrese	SAC	-2.4m/s	11.62
5	Matt Bradford	FS	-2.4m/s	11.67
6	Tomas Munduram	FS	-2.4m/s	11.68
	Brandon Parker	SAC	-2.4m/s	SCR
	Ian Lindstrom	WS	-2.4m/s	SCR
	Taj Smith	BAKE	-2.4m/s	SCR

**Heat 3**

1	Travis LeBeauf	SAC	-2.4m/s	11.63
2	Richard Duahime	SAC	-2.4m/s	11.89
3	Robert Brazier	SAC	-2.4m/s	11.99
	Jason Holmes	CP	-2.4m/s	SCR
	Jordan Beck	UNAT	-2.4m/s	SCR
	Jimmy Jenkins	BAKE	-2.4m/s	SCR
	Gary Evans	BAKE	-2.4m/s	SCR
	Packi Gordon	UNAT	-2.4m/s	SCR
	Darrell Jones	UNAT	-2.4m/s	SCR

**Heat 4**

1	Adam Sprein	CP	-4.2m/s	11.60
2	Anthony Randolph	CP	-4.2m/s	11.78
3	Drew Maves	GFOX	-4.2m/s	11.79
4	Ray Jones	CUES	-4.2m/s	12.01
5	Sammy Sumlin	BAKE	-4.2m/s	12.14
6	Omar Hill	BAKE	-4.2m/s	12.38
	Michael Amey	BAKE	-4.2m/s	SCR
	Dwight Gupton	BAKE	-4.2m/s	SCR
	Jonathon Nunez	BAKE	-4.2m/s	SCR

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**Event # 29 WOMENS 400M Hurdles**

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**Heat 1**

1	Tasha Gallegos	WS	1:02.93
2	Emily Griffin	SAC	1:03.48
3	Lindsay McManus	CP	1:06.00
4	Erica McCoy	FS	1:08.29
5	Kacie Fisher	UNAT	1:08.32
6	Ashley Hauser	UNAT	1:10.39
7	Arielle Kann	UNAT	1:12.90
8	Amanda Howell	FS	1:16.57
	Jessica Law	FS	SCR

**Heat 2**

1	Jordan Anderson	FS	1:14.81
2	emily pegan	FS	1:16.61
3	Alla Doe	FS	1:20.04
4	Marquita Stamps	FS	1:23.17

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**Event # 30 MENS 400M Hurdles**

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**Heat 1**

1	Jordan Kitchen	WS	52.55
2	Ryan Moore	FS	53.96
3	Jeff Santana	SAC	55.23
4	Nick Santana	SAC	55.40
5	Matt Baker	WS	55.59
6	Jordan Stevenson	SAC	56.71
7	Chris Santana	SAC	56.84
8	David Giles	CP	57.71

**Heat 2**

1	Robert Gomez	BAKE	55.07
2	Kregg Kregal	FS	56.12
3	Mike Wimberly	FS	57.58
4	Tyler Buwalde	CUES	59.86
5	Roger LeGault	CUES	1:00.71
6	Andrew McCoy	FS	1:01.20
	Ricky Sims	BAKE	SCR

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**Event # 31 WOMENS 800M Run**

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1	Lauren Mulkey	CP	2:14.85
2	Zinzi Evans	FS	2:16.10
3	Anna McLain	GFOX	2:19.83
4	Amy Matthews	WS	2:19.86
5	Valeria Delgado	FS	2:21.76
6	Jennifer Tyler	FS	2:24.21
7	Bethany Adams	GFOX	2:24.38
8	Anais Castillo-Springer	SAC	2:27.17
9	Danielle Zelinski	UCSC	2:28.03
10	Corina Hendricks	UCSC	2:28.65
11	Brooklyn Solomon	SAC	2:29.42
12	Laura McGualey	CUES	2:30.51
13	Dina McPhail	CUES	2:34.59

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**Event # 32 MENS 800M Run**

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**Heat 1**

1	Sean Marzolf	FS	1:54.64
2	Sean Lopez	CP	1:54.89
3	Kyle Sunderland	FS	1:55.09
4	Willie Jones	CUES	1:58.19

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5	Bryan Cobb	GFOX	2:00.84
6	Aaron Berry	FS	2:07.55
	Kevin McDougal	WS	SCR
	Joe Carnegie	UNAT	SCR
	Kevin Holloway	FS	SCR
<b>Heat 2</b>			
1	Chris Stehula	CUES	2:01.10
2	David Mathiang	GFOX	2:02.14
3	Ben Shuck	CUES	2:03.17
4	Pat Gurin	AGGI	2:05.60
5	Kyle Bast	CUES	2:09.26
	Jose Magana	BAKE	SCR
	Augustin Hernandez	BAKE	SCR
	Cal Anderson	CUES	SCR

**Event # 33 WOMENS 200M Dash**

<b>Heat 1</b>			
1	Christina Lopez	FS	-1.8m/s 25.24
2	Sarah Abraham	WS	-1.8m/s 26.11
3	Quanzia Menton	WS	-1.8m/s 26.14
4	Nikki Chase	CP	-1.8m/s 26.21
5	Krista Hacman	WS	-1.8m/s 26.96
6	Sunny Arada	FS	-1.8m/s 27.04
7	Julie Brown	GFOX	-1.8m/s 28.19
	Brittney Gilbert	FS	-1.8m/s SCR
	Emily Griffin	SAC	-1.8m/s SCR
<b>Heat 2</b>			
1	Corrie Stranzl	UNAT	-1.2m/s 27.11
2	Christina Heagney	SAC	-1.2m/s 27.16
3	Shannon Pila	CUES	-1.2m/s 27.39
4	Shameka Savage	AUC	-1.2m/s 27.42
5	Alarcio Lauren	UNAT	-1.2m/s 27.54
6	Antionette Adams	SAC	-1.2m/s 28.03
	Tiffany Hooks	FS	-1.2m/s SCR
<b>Heat 3</b>			
	Iveta Grunte	WS	0m/s SCR
	Cherella Nicholson	FS	0m/s SCR
	Crystal Philios	FS	0m/s SCR

**Event # 34 MENS 200M Dash**

<b>Heat 1</b>			
1	Mark Paige	AUC	-1.9m/s 21.81
2	Arsenia Corbin	SAC	-1.9m/s 22.61
	Justin Chandler	WS	-1.9m/s SCR
	Marcus Sheppard	AUC	-1.9m/s SCR
	Chris Berrian	FS	-1.9m/s SCR
	Nick Cunningham	UNAT	-1.9m/s SCR
	Jesse Grove	WS	-1.9m/s SCR
	Travis Morse	CP	-1.9m/s SCR
	Anthony Barnes	UNAT	-1.9m/s SCR
<b>Heat 2</b>			
1	Jesse Smith	FS	-2.4m/s 22.39
2	Joey Woolridge	CUES	-2.4m/s 22.49
3	Billy White	SAC	-2.4m/s 22.91
4	Obi Osuji	SAC	-2.4m/s 23.03
5	Okie Giwaagbomeire	UNAT	-2.4m/s 23.13
	Keith Blanding	WS	-2.4m/s SCR
	Joe Pappalardo	CP	-2.4m/s SCR
	Randy Samuels	CP	-2.4m/s SCR
	Travis LeBeauf	SAC	-2.4m/s SCR

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**Heat 3**

1	Jared Foley	WS	-1.4m/s	22.89
2	Robert Calzadilla	FS	-1.4m/s	23.03
3	Evan Young	FS	-1.4m/s	23.13
4	DeAnte Brown	FS	-1.4m/s	23.36
5	Matt Bradford	FS	-1.4m/s	23.43
	David Giles	CP	-1.4m/s	SCR
	Jason Holmes	CP	-1.4m/s	SCR
	Brandon Parker	SAC	-1.4m/s	SCR
	Brad Bates	GFOX	-1.4m/s	SCR

**Heat 4**

1	Andrew Paine	GFOX	+1.4m/s	23.51
2	Louis Burress	SAC	+1.4m/s	23.61
3	Ray Jones	CUES	+1.4m/s	23.98
	Taj Smith	BAKE	+1.4m/s	SCR
	Joseph Ugues	BAKE	+1.4m/s	SCR
	Daniel Gonzalez	BAKE	+1.4m/s	SCR
	David Green	SAC	+1.4m/s	SCR
	Omar Hill	BAKE	+1.4m/s	SCR
	Jeremy Miller	BAKE	+1.4m/s	SCR

**Heat 5**

	Evan Miller	CUES	0m/s	SCR
	Michael Amey	BAKE	0m/s	SCR
	Paul Diaz	CUES	0m/s	SCR

**Event # 35 WOMENS 5KM Run**

1	Kara June	UNAT	17:08.59
2	Jill Boaz	AGGI	17:30.97
3	Andrea Buckner	FS	17:31.82
4	Rachel Valliere	CP	17:44.59
5	Rachel Lange	CP	17:50.64
6	Lauren Magdaleno	CP	17:53.23
7	Stacey Tabuena	CP	17:56.95
8	Mica Land	WS	17:57.98
9	Rachel Peters	CP	18:17.50
10	Amber Simmons	CP	18:31.79
11	Julie Hancock	CP	19:07.96
12	Gabrielle Hernandez	SAC	19:18.11
13	Courtney Stewart	FS	19:19.00
	Linda Feldberga	WS	SCR
	Lisa Tatsuno	AGGI	SCR
	Alison VanBearden	CUES	SCR

**Event # 36 MENS 5KM Run**

1	Blake Swier	CP	14:44.67
2	Ian Mason	FS	14:56.66
3	Jameson Mora	CP	14:58.21
4	Nate Brassmassery	UNAT	15:06.42
5	Shane Dougherty	CP	15:10.64
6	Matt Blanchard	UNAT	15:11.01
7	Jeff Lease	UNAT	15:12.80
8	Ben Berkowitz	UNAT	15:14.07
9	Jeff Porto	CP	15:15.36
10	Richard Carrick	UNAT	15:25.59
11	Jake Moe	GFOX	15:38.35
12	John Palacios	WS	15:44.73
13	Matt Burg	GFOX	15:45.09
14	Jimmy Swogger	WS	15:46.55
15	Grant Finney	GFOX	15:50.34
16	Chris Azis	WS	15:56.41

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17	Fermin Torres	BAKE	16:03.42
18	Jason Lewis	BAKE	16:04.68
19	Josh Hamilton	BAKE	16:13.40
20	Martin Hernandez	CUES	16:40.65
21	Jaun Gonzalez	BAKE	17:11.14
22	Aaron Guerrero	UNAT	18:16.99
	Matt Ruane	AGGI	SCR
	Andy Coughlin	CP	SCR
	Jay Montes	FS	SCR
	Hunter Hoffman	CUES	SCR
	Steven Cavazos	BAKE	SCR
	Francisco Mejia	BAKE	SCR
	Kyle Cirrincione	FS	SCR

**Event # 37 WOMENS 4x400M Relay**

1	FRESNO STATE A	FS	3:51.37
2	WICHITA STATE A	WS	3:53.07
3	CAL POLY A	CP	4:00.10
4	FRESNO STATE B	FS	4:03.07
5	WICHITA STATE B	WS	4:11.69
6	GEORGE FOX A	GFOX	4:14.18
7	UNATT A	UNAT	4:14.32
8	CUESTA JC A	CUES	4:24.84
	WICHITA STATE C	WS	SCR
	CAL POLY B	CP	SCR
	SAC STATE A	SAC	SCR

**Event # 38 MENS 4x400M Relay**

**Heat 1**

1	WICHITA STATE A	WS	3:13.78
2	FRESNO STATE A	FS	3:15.70
3	GEORGE FOX A	GFOX	3:21.86
4	FRESNO STATE B	FS	3:23.18
5	SAC STATE A	SAC	3:24.12
6	CAL POLY A	CP	3:29.95
7	WICHITA STATE B	WS	3:34.88
	CUESTA JC A	CUES	SCR
	BAKERSFIELD JC A	BAKE	SCR

**Heat 2**

	FRESNO STATE C	FS	SCR
	BAKERSFIELD JC B	BAKE	SCR
	GEORGE FOX B	GFOX	SCR
	WICHITA STATE C	WS	SCR
	CAL POLY B	CP	SCR

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 Chuck Bowles Spring Break Classic - 3/18/05  
 3/18/05  
 Results

Event 1 Women 100 Meter Dash

=====

Bowles Track: \* 12.04 1986 Sheren Wegner, Western Oregon  
 12.01 AUTO  
 12.34 PROV  
 13.37 NWC

Name	Year	School	Finals
1	Jenkins, Keyanna	Western Oregon	12.76 NWC
2	Swan, Jody	Lewis & Clark Co	12.95 NWC
3	Stiglmeier, Caitli	Linfield College	13.54
4	Figari, Elyssa	Willamette	14.46

Event 2 Women 200 Meter Dash

=====

Bowles Track: \* 25.05 1979 Lorin Barnes, Flathead Valley  
 24.50 AUTO  
 25.40 PROV  
 28.01 NWC

Name	Year	School	Finals	H#
1	Swan, Jody	Lewis & Clark Co	26.61 NWC	1
2	Jenkins, Keyanna	Western Oregon	27.28 NWC	1
3	Killam, Carly	Willamette	27.49 NWC	1
4	Wiese, Kristen	Western Oregon	27.69 NWC	1
5	Patterson, Lindsey	Willamette	27.77 NWC	1
6	Kendall, Julie	Western Oregon	28.00 NWC	2
7	Schiele, Shannon	Linfield College	28.04	2
8	Barker, Sarah	Western Oregon	28.07	2
9	Page, Danielle	Willamette	28.09	1
10	Noyd, Melissa	George Fox	28.50	2
11	Maseko, Zinzile	Cascade College	29.23	1
12	Ward, Jen	Pacific U.	32.36	2

Event 3 Women 400 Meter Dash

=====

Bowles Track: \* 55.34 2004 Althea Johnson, Unattached  
 55.90 AUTO  
 57.60 PROV  
 1:06.90 NWC

Name	Year	School	Finals
1	Killam, Carly	Willamette	59.84 NWC
2	Newell, Kelsey	Linfield College	1:00.85 NWC
3	Wiese, Kristen	Western Oregon	1:02.30 NWC
4	May, Andrea	Willamette	1:03.71 NWC
5	Noyd, Melissa	George Fox	1:04.84 NWC

Event 4 Women 800 Meter Run

=====

Bowles Track: \* 2:10.04 1998 Rachel Sauder, Unattached  
 2:12.00 AUTO  
 2:15.80 PROV  
 2:30.39 NWC

Name	Year	School	Finals	H#
1	243 Stepan, Casey	Linfield College	2:18.62 NWC	1
2	245 McHattie, Carla	Lewis & Clark Co	2:19.17 NWC	1
3	240 Beach, Jessica	George Fox	2:20.73 NWC	1
4	241 Rummell, Jennie	Western Oregon	2:26.60 NWC	1
5	247 Phillips, Amanda	Lewis & Clark Co	2:26.69 NWC	2
6	246 Howell, Sarah	Western Oregon	2:27.06 NWC	1
7	251 Kieffer, Syrah	Lewis & Clark Co	2:27.25 NWC	2
8	242 Wells, Stacie	Western Oregon	2:27.80 NWC	2
9	239 Peterson, Jen	Western Oregon	2:28.47 NWC	1
10	244 Wilson, Erin	Pacific U.	2:29.40 NWC	1

11	238 Wright, Bobbi	Willamette	2:29.46 NWC	1
12	254 White, Rachel	Willamette	2:30.92	2
13	249 Castaneda, Kayla	Western Oregon	2:32.32	2
14	253 Walter, Danielle	Lewis & Clark Co	2:37.39	2

Event 5 Women 1500 Meter Run

=====  
Bowles Track: \* 4:24.13 1999 Marla Runyan, Unattached  
4:34.00 AUTO  
4:41.00 PROV  
5:05.28 NWC

Name	Year	School	Finals
1	258	Fischer, Leighann	George Fox 4:57.30 NWC
2	267	Fairbrook, Sarah	Willamette 5:00.45 NWC
3	261	Hartling, Meriel	UO Running Club 5:00.67 NWC
4	260	Rosenberg, Kendra	Willamette 5:01.89 NWC
5	238	Wright, Bobbi	Willamette 5:03.82 NWC
6	268	Sharratt, Ashley	Willamette 5:06.47
7	270	Brett, Katrina	Willamette 5:09.69
8	239	Peterson, Jen	Western Oregon 5:09.92
9	262	Beebe, Ellen	Willamette 5:14.27
10	265	Miles, Ali	Lewis & Clark Co 5:14.59
11	253	Walter, Danielle	Lewis & Clark Co 5:15.02
12	269	Walker, Juline	Willamette 5:20.07
13	263	Gandrud, Harlan	Lewis & Clark Co 5:27.50
14	328	Shives, Alison	Willamette 5:32.07
15	272	Ostermick, Melissa	Willamette 5:34.76
16	264	Edwards, Lauren	Lewis & Clark Co 5:43.83

Event 6 Women 3000 Meter Steeplechase

=====  
Bowles Track: \* 10:50.84 2002 Kristina Proticova, Northwest College  
10:44.00 AUTO  
11:21.00 PROV  
14:27.46 NWC

Name	Year	School	Finals
1	359	Collkit, Stephanie	Eastern Oregon 11:27.11 NWC
2	275	Pierce, Katie	Willamette 11:36.70 NWC
3	276	Murphy, Joanna	Linfield College 12:03.32 NWC
4	273	Witt, Meryl	Linfield College 12:28.95 NWC
5	349	Buys, Kindra	Southern Oregon 13:05.01 NWC
6	277	Tateishi, Caitlyn	Pacific U. 13:36.00 NWC

Event 7 Women 5000 Meter Run

=====  
Bowles Track: \* 16:50.29 2002 Melody Fairchild, Unattached  
17:00.00 AUTO  
17:46.00 PROV  
19:42.98 NWC

Name	Year	School	Finals
1	326	Pullen, Chelsea	Linfield College 18:50.72 NWC
2	274	Mentaberry, Whitne	Linfield College 18:52.59 NWC
3	325	Shosky, Shana	Pacific U. 18:55.22 NWC
4	315	McCaffrey, Therese	Lewis & Clark Co 19:16.87 NWC
5	329	Sherwood, Lauren	Willamette 19:25.58 NWC
6	324	Williams, Evelyn	Team Gfr 19:35.96 NWC
7	314	Parry, Kim	Western Oregon 19:37.59 NWC
8	322	Squires, Audrey	Willamette 19:37.65 NWC
9	320	West, Stacy	Willamette 20:21.05
10	318	Sbordone, Laura	Lewis & Clark Co 20:56.37

Event 9 Women 100 Meter Hurdles

=====  
Bowles Track: \* 14.27 2002 Kerine Harvey, Portland State  
14.43 AUTO  
15.10 PROV  
18.09 NWC

Name	Year	School	Finals	H#
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1	Johnson, Bridget	Western Oregon	15.57 NWC	1
2	Williams, Maura	Linfield College	15.72 NWC	1
3	Rosson, Meagan	Linfield College	16.44 NWC	2
4	Barker, Sarah	Western Oregon	16.71 NWC	2
5	Lund, Charlie	Willamette	16.73 NWC	2
6	Bernard, Riley	Linfield College	16.81 NWC	2
7	Ward, Jen	Pacific U.	18.51	2

#### Event 10 Women 400 Meter Hurdles

Bowles Track: \* 59.57 2001 Amber Larsen, Linfield  
 1:01.90 AUTO  
 1:04.30 PROV  
 1:23.30 NWC

Name	Year	School	Finals
1	arroyo, cassondra	Unattached	1:08.29 NWC
2	Ross, Kate	Lewis & Clark Co	1:09.28 NWC
3	Nash, Natalie	Unattached	1:09.32 NWC
4	Rosson, Meagan	Linfield College	1:10.99 NWC

#### Event 11 Women 4x100 Meter Relay

Bowles Track: \* 48.54 2002 , Western Oregon  
 47.50 AUTO  
 49.00 PROV

School	Finals
1 Linfield College 'A'	51.43

#### Event 12 Women 4x400 Meter Relay

Bowles Track: \* 3:55.71 1996 , George Fox  
 3:49.20 AUTO  
 3:58.00 PROV

School	Finals
1 Lewis & Clark College 'A'	4:10.43
1) Ross, Kate	2) Swan, Jody
3) 251 Kieffer, Syrah	4) 245 McHattie, Carla
2 Linfield College 'A'	4:14.02
1) Stiglmeier, Caitlin	2) Newell, Kelsey
3) Schiele, Shannon	4) 243 Stepan, Casey

#### Event 13 Women High Jump

Bowles Track: \* 5-10 1983 Carina Westover, Unattached  
 5-07.25 AUTO  
 5-04.50 PROV  
 4-08.25 NWC

Name	Year	School	Finals
1 Mahoney, Caitlin		Linfield College	1.45m 4-09.00

#### Event 14 Women Pole Vault

Bowles Track: \* 12-00 2002 Sara Rowse, Clackamas  
 12-02.00 AUTO  
 10-11.75 PROV  
 9-05.75 NWC

Name	Year	School	Finals
1 Huddleston, Julie		Linfield College	3.20m 10-06.00
2 Olson, Lynn		Willamette	2.90m 9-06.25
2 Gerrits, Shelby		Lewis & Clark Co	2.90m 9-06.25
2 Weeber, Mandy		Linfield College	2.90m 9-06.25
5 Ruhoff, Chelsea		Willamette	2.59m 8-06.00
-- Campbell, Joan		Western Oregon	NH
-- Smith, Danielle		Western Oregon	NH
-- Arquette, Christin		Willamette	NH



--           Huston, Angelica           Willamette           NH

Event 15 Women Long Jump

=====  
Bowles Track: \* 19-04.25 1996           Saran Patillo, Willamette  
                  19-00.25 AUTO  
                  18-00.50 PROV  
                  16-00.50 NWC

	Name	Year	School	Finals	
1	Ross, Kate		Lewis & Clark Co	4.99m	16-04.50
2	Sharratt, Katy		Boise State Univ	4.84m	15-10.50
3	Kendall, Julie		Western Oregon	4.75m	15-07.00
4	Russell, Liz		Willamette	4.69m	15-04.75
5	Brocard, Lisa		Linfield College	4.64m	15-02.75

Event 16 Women Triple Jump

=====  
Bowles Track: \* 38-04 2003           Clarice Hayward-Lee, Oregon  
                  39-04.50 AUTO  
                  36-11.00 PROV  
                  32-02.00 NWC

	Name	Year	School	Finals	
1	Sharratt, Katy		Boise State Univ	10.21m	33-06.00
2	Brocard, Lisa		Linfield College	10.04m	32-11.25
3	Russell, Liz		Willamette	9.17m	30-01.00
--	Kendall, Julie		Western Oregon	FOUL	

Event 17 Women Shot Put

=====  
Bowles Track: \* 48-01.50 1990           Carrie Pietig, Willamette  
                  46-10.25 AUTO  
                  42-04.00 PROV  
                  33-03.75 NWC

	Name	Year	School	Finals	
1	Claypool, Joni		Linfield College	13.53m	44-04.75
2	Bielenberg, Daniel		Linfield College	12.56m	41-02.50
3	Smalley, Audra		Cascade College	11.81m	38-09.00
4	Helmick, Autumn		Willamette	11.20m	36-09.00
5	Freed, Sabrina		Western Oregon	10.89m	35-08.75
6	Winter, Holly		Willamette	10.21m	33-06.00
7	Burger, Emilie		Willamette	9.95m	32-07.75
8	Wohnick, Megan		Pacific Lutheran	9.93m	32-07.00
9	Haskin, Jenny		George Fox	9.76m	32-00.25
10	Maseko, Zinzile		Cascade College	7.87m	25-10.00

Event 18 Women Discus Throw

=====  
Bowles Track: \* 179-05 2004           Mary Etter, Team XO  
                  152-07 AUTO  
                  136-02 PROV  
                  98-08 NWC

	Name	Year	School	Finals	
1	Bielenberg, Daniel		Linfield College	38.27m	125-07
2	Claypool, Joni		Linfield College	37.01m	121-05
3	Paterson, Liz		Lewis & Clark Co	36.57m	120-00
4	Cederberg, Jaci		Western Oregon	36.51m	119-09
5	Duerr, Becca		Linfield College	36.44m	119-07
6	Andrus, Caitlin		Willamette	34.40m	112-10
7	Huston, Angelica		Willamette	34.27m	112-05
8	Wohnick, Megan		Pacific Lutheran	33.18m	108-10
9	Haskin, Jenny		George Fox	32.01m	105-00
10	Helmick, Autumn		Willamette	31.81m	104-04
11	Heavilin, Amber		Warner Pacific	24.44m	80-02
12	Winter, Holly		Willamette	23.73m	77-10
13	Smalley, Audra		Cascade College	23.40m	76-09
14	Burger, Emilie		Willamette	23.23m	76-02

Event 19 Women Javelin Throw

Bowles Track: \* 148-03 2004 Tia Parsons, Unattached  
 142-05 AUTO  
 127-07 PROV  
 108-03 NWC

Name	Year	School	Finals	
1	Stolz, Kelsey	Willamette	39.27m	128-10
2	Dentzel, Sophia	Willamette	37.92m	124-05
3	Mascorro, Lydia	Linfield College	37.33m	122-06
4	Johnson, Bridget	Western Oregon	36.43m	119-06
5	Callan, Nini	Western Oregon	34.60m	113-06
6	Mollet, Ashley	Willamette	32.82m	107-08
7	Aamodt, Kristen	Western Oregon	32.79m	107-07
8	Figari, Elyssa	Willamette	29.49m	96-09
9	Owens, Kristi	Cascade College	25.07m	82-03
10	Khaki, Noor	Lewis & Clark Co	24.37m	79-11

Event 20 Women Hammer Throw

Bowles Track: \* 197-06 2004 Andrea Thornton, Palouse Hills TC  
 172-07 AUTO  
 150-11 PROV  
 101-10 NWC

Name	Year	School	Finals	
1	Wohnick, Megan	Pacific Lutheran	44.30m	145-04
2	Paterson, Liz	Lewis & Clark Co	42.98m	141-00
3	Freed, Sabrina	Western Oregon	39.30m	128-11
4	Bielenberg, Daniel	Linfield College	39.20m	128-07
5	Andrus, Caitlin	Willamette	35.71m	117-02
6	Claypool, Joni	Linfield College	29.03m	95-03
7	Winter, Holly	Willamette	28.59m	93-09
8	Burger, Emilie	Willamette	27.61m	90-07
9	Helmick, Autumn	Willamette	26.77m	87-10

Event 31 Men 100 Meter Dash

Bowles Track: \* 10.64 1983 Terry Hendrix, Southern Oregon  
 10.59 AUTO  
 10.83 PROV  
 11.64 NWC

Name	Year	School	Finals	H#
1	Boock, Chris	Linfield College	11.23 NWC	1
2	Gitts, Derek	Western Oregon	11.32 NWC	1
3	Wilbon, Steve	Willamette	11.40 NWC	1
4	Zellick, Jason	Willamette	11.45 NWC	1
5	Allen, Casey	Linfield College	11.45 NWC	1
6	Ragan, Drew	Linfield College	11.51 NWC	1
7	Nelson, Lance	Linfield College	11.64 NWC	1
8	Twigg, Joseph	Western Oregon	11.72	1
9	Parker, Jeremy	Western Oregon	11.83	2
10	Habu, Jarrett	Linfield College	11.86	3
11	Hoskins, Tyler	George Fox	12.58	3
12	Mollier, Derrek	Pacific U.	12.84	2
13	Bednar, David	Pacific U.	13.01	3
14	Kubrom, Aman	Lewis & Clark Co	13.17	2

Event 32 Men 200 Meter Dash

Bowles Track: \* 21.44 1979 Greg Griffin, George Fox  
 21.31 AUTO  
 21.81 PROV  
 23.61 NWC

Name	Year	School	Finals	H#
1	Vanassche, Scott	Linfield College	22.67 NWC	1
2	Gitts, Derek	Western Oregon	22.96 NWC	1
3	Boock, Chris	Linfield College	22.98 NWC	1

4	Zellick, Jason	Willamette	23.20 NWC	1
5	Ragan, Drew	Linfield College	23.31 NWC	1
6	Decherd, Ben	Willamette	23.39 NWC	1
7	Nelson, Lance	Linfield College	23.45 NWC	2
8	Legary, Tyler	Linfield College	23.46 NWC	2
9	Lau, Brad	Linfield College	23.83	2
10	Parker, Jeremy	Western Oregon	23.84	2
11	Conrad, Mark	Willamette	23.90	3
12	Foote, Adam	Lewis & Clark Co	24.14	3
13	Gold, Joshua	Unattached	24.31	2
14	Habu, Jarrett	Linfield College	24.42	2
15	Davenport, Dan	Western Oregon	25.08	2
16	Leitz, Jeremy	Reed	25.26	3
17	Kubrom, Aman	Lewis & Clark Co	26.58	3
18	Marazi, Farai	Reed	35.88	3

#### Event 33 Men 400 Meter Dash

=====

Bowles Track: \* 47.44 1976 Carl Shaw, Linfield

47.50 AUTO

48.50 PROV

51.85 NWC

Name	Year	School	Finals	H#
=====				
1		Decherd, Ben	Willamette 50.96 NWC	1
2		Jones, Nathan	Willamette 51.54 NWC	1
3		Foote, Adam	Lewis & Clark Co 52.00	2
4		Knudson, Grant	Willamette 52.79	1
5		Gold, Joshua	Unattached 52.86	2
6		Lavery, Shaun	Willamette 53.57	2
7		Kirschner, Brandon	Western Oregon 54.14	2
8	313	Williams, Andres	Western Oregon 54.44	1
9		Adams, Roy	U-Warner Pacific 56.04	2

#### Event 34 Men 800 Meter Run

=====

Bowles Track: \* 1:48.04 1982 Mark Fricker, Oregon State

1:51.30 AUTO

1:53.60 PROV

2:00.00 NWC

Name	Year	School	Finals	H#
=====				
1	280	Stupnitskiy, Anton	Warner Pacific 1:55.10 NWC	1
2	278	Banker, Troy	Western Oregon 1:55.85 NWC	1
3	284	Barrons, Ethan	Western Oregon 1:56.27 NWC	1
4	286	Brandt, Justin	Linfield College 1:58.35 NWC	1
5	283	Sticka, Ryan	George Fox 1:59.24 NWC	1
6	281	Killgore, Mike	Linfield College 1:59.27 NWC	1
7	361	Wells, Chase	Western Oregon 2:00.95	1
8	293	Crawford, Nick	Western Oregon 2:01.33	2
9	282	Dobra, Danny	Warner Pacific 2:01.65	1
10	290	Henson, Josh	Pacific U. 2:09.09	2
11	295	Bullock, Leif	Lewis & Clark Co 2:09.21	2
12	296	Gray, Adam	George Fox 2:09.25	2
13	288	Hickey, Sergio	Pacific U. 2:11.40	2
14	292	Merrell, Mike	Cascade College 2:17.53	2
15	279	Sagers, Dan	Linfield College 2:17.56	1
16	294	Cornwell, Ryan	Warner Pacific 2:18.00	2

#### Event 35 Men 1500 Meter Run

=====

Bowles Track: \* 3:40.24 1966 Dyrol Burleson, Unattached

3:50.60 AUTO

3:55.20 PROV

4:10.68 NWC

Name	Year	School	Finals
=====			
1	334	Dexter, Ross	Unattached 4:01.71 NWC
2	307	Neill, Doug	Willamette 4:07.21 NWC
3	300	Wilson, Harrison	Linfield College 4:07.85 NWC
4	298	Spofford, Fred	Linfield College 4:08.33 NWC

5	306 Kaczmarek, Joseph	Willamette	4:08.65 NWC
6	305 Zeiger, Ben	Willamette	4:08.80 NWC
7	309 Brown, Brendan	Willamette	4:09.39 NWC
8	360 Walsh, Spencer	Western Oregon	4:10.31 NWC
9	304 Boyd, Wyatt	Willamette	4:11.94
10	290 Henson, Josh	Pacific U.	4:14.73
11	302 Timbrell, Jamie	Willamette	4:15.38
12	336 Moffitt, Jed	Southern Oregon	4:15.98
13	308 Yaeger, Dan	Willamette	4:17.11
14	313 Williams, Andres	Western Oregon	4:17.32
15	291 Watson, Austin	Lewis & Clark Co	4:18.18
16	312 Millard, Steven	Willamette	4:19.95
17	331 Fulton, Leland	Southern Oregon	4:20.90
18	310 Tkebuchava, Daniel	UO Running Club	4:21.36
19	295 Bullock, Leif	Lewis & Clark Co	4:21.53
20	335 Rhein, Tony	Unattached	4:27.51
21	311 Ellis, Kyle	Cascade College	4:34.73
22	332 Friesen, Jeff	George Fox	4:39.32

#### Event 36 Men 3000 Meter Steeplechase

=====

Bowles Track: \* 8:50.04 1979 Steve Blikstad, George Fox

9:07.00 AUTO

9:23.00 PROV

10:23.79 NWC

Name	Year	School	Finals
=====			
1	338 Stout, Jacob	Greater Boise Ru	9:03.34 AUTO
2	340 Hollingshead, Aaro	Willamette	9:10.61 PROV
3	341 Overby, Scott	Willamette	9:32.38 NWC
4	343 Harris, Travis	Willamette	9:48.50 NWC
5	337 Abbott, Kalen	Warner Pacific	9:56.05 NWC
6	342 Butler, Joshua	Willamette	10:19.06 NWC

#### Event 37 Men 5000 Meter Run

=====

Bowles Track: \* 13:54.54 2004 Nolan Swanson, Asics

14:28.00 AUTO

14:48.00 PROV

15:53.06 NWC

Name	Year	School	Finals
=====			
1	358 Gonzales, Hipoliti	Willamette	15:37.24 NWC
2	357 Leipzig, Ben	Willamette	15:38.74 NWC
3	351 Barber, Andy	Willamette	15:47.50 NWC
4	347 Sasaki, Kent	Linfield College	16:08.80
5	352 Delmore, David	George Fox	16:09.15
6	344 McQueen, Wes	Lewis & Clark Co	16:20.75
7	353 Moses, JJ	Southern Oregon	16:38.13
8	350 Olson, Peter	Linfield College	16:42.79
9	354 Mandsager, Paul	Lewis & Clark Co	17:14.21
10	356 Legg, Alexander	Oregon St. TC	17:41.80

#### Event 39 Men 110 Meter Hurdles

=====

Bowles Track: \* 14.44 1968 Don Parrish, Oregon State

14.44 AUTO

14.90 PROV

17.98 NWC

Name	Year	School	Finals
=====			
1	Snow, Eric	Linfield College	16.21 NWC
2	Rice, Mark	Willamette	16.50 NWC
3	Carpenter, Brandon	Linfield College	18.67

#### Event 40 Men 400 Meter Hurdles

=====

Bowles Track: \* 52.34 1978 Tim Gilbert, Northwest Nazarene

52.40 AUTO

54.00 PROV

1:03.58 NWC

Name	Year	School	Finals
1	Samuelu, T.J.	Cascade College	58.25 NWC
2	Wambold, Jase	Pacific U.	58.98 NWC
3	Flachsbart, Joel	Willamette	59.04 NWC
4	Rice, Mark	Willamette	59.93 NWC

#### Event 41 Men 4x100 Meter Relay

Bowles Track: \* 41.37 2001 , Western Oregon  
 41.24 AUTO  
 42.00 PROV

School	Finals
1 Linfield College 'A'	43.06
1) Vanassche, Scott	2) Ragan, Drew
3) Allen, Casey	4) Boock, Chris

#### Event 42 Men 4x400 Meter Relay

Bowles Track: \* 3:17.44 1974 , Linfield  
 3:13.50 AUTO  
 3:17.50 PROV

School	Finals
1 Linfield College 'A'	3:27.90
1) Vanassche, Scott	2) 281 Killgore, Mike
3) 286 Brandt, Justin	4) Legary, Tyler
2 Linfield College 'B'	3:35.23
1) Snow, Eric	2) 279 Sagers, Dan
3) Lau, Brad	4) 298 Spofford, Fred
3 George Fox 'A'	3:46.04

#### Event 43 Men High Jump

Bowles Track: \* 7-02 1996 Scott Radetich, Linfield  
 6-11.00 AUTO  
 6-07.00 PROV  
 5-10.75 NWC

Name	Year	School	Finals
1	Larsen, Zach	Willamette	2.02m 6-07.50
2	Oost, Jay	Willamette	1.90m 6-02.75
2	Powers, Wes	Warner Pacific	1.90m 6-02.75
4	Gohl, Andrew	Linfield College	1.85m 6-00.75
5	Peach, Nick	Lewis & Clark Co	1.80m 5-10.75
6	Adams, Roy	U-Warner Pacific	1.70m 5-07.00

#### Event 44 Men Pole Vault

Bowles Track: \* 16-06 1994 Curt Heywood, Linfield  
 16-04.75 AUTO  
 15-02.25 PROV  
 12-08.75 NWC

Name	Year	School	Finals
1	Carpenter, Brandon	Linfield College	4.12m 13-06.25
2	James, Matthias	Willamette	3.97m 13-00.25
3	Curry, Richard	Willamette	3.66m 12-00.00
4	Toutain, Christoph	Willamette	3.36m 11-00.25
4	Cederstrom, Jared	Pacific U.	3.36m 11-00.25
6	Hoskins, Tyler	George Fox	2.90m 9-06.25
--	Twigg, Joseph	Western Oregon	NH

#### Event 45 Men Long Jump

Bowles Track: \* 25-00 2002 Go Go Peters, Oregon International  
 23-09.00 AUTO  
 22-09.75 PROV  
 20-07.00 NWC

Name	Year	School	Finals
------	------	--------	--------

1	Powers, Wes	Warner Pacific	6.11m	20-00.50
2	Randall, Wesley	Willamette	6.04m	19-09.75
3	Tanquary, Jarvis	Willamette	6.03m	19-09.50
4	Leitz, Jeremy	Reed	5.98m	19-07.50
5	Rouse, Ryan	Cascade College	5.67m	18-07.25
6	Gold, Joshua	Unattached	5.19m	17-00.50
7	McElhinney, Kevin	Cascade College	4.80m	15-09.00
8	Nicholson, Cameron	Linfield College	4.52m	14-10.00
9	Chiarelli, Joe	George Fox	4.31m	14-01.75
--	Carter, Stephen	Willamette	FOUL	

#### Event 46 Men Triple Jump

Bowles Track: \* 51-03 2002 Go Go Peters, Oregon International  
 48-10.75 AUTO  
 46-03.25 PROV  
 41-05.25 NWC

Name	Year	School	Finals	
1	Conrad, Mark	Willamette	12.12m	39-09.25
2	Peach, Nick	Lewis & Clark Co	11.81m	38-09.00
3	McElhinney, Kevin	Cascade College	10.21m	33-06.00

#### Event 47 Men Shot Put

Bowles Track: \* 60-09.50 1968 Ken Patera, Portland TC  
 56-04.00 AUTO  
 50-06.25 PROV  
 43-06.00 NWC

Name	Year	School	Finals	
1	Matlock, Nate	Willamette	15.19m	49-10.00
2	Kline, Justin	Western Oregon	14.72m	48-03.50
3	Babcock, Collin	Western Oregon	13.47m	44-02.50
4	Owens, Scott	Warner Pacific	13.29m	43-07.25
5	McDonald, Sean	Willamette	13.09m	42-11.50
6	Cam, Blake	Willamette	13.05m	42-09.75
7	Hermesen, Matt	Western Oregon	12.58m	41-03.25
8	Gohl, Andrew	Linfield College	12.57m	41-03.00
9	Vogt, Jayson	Willamette	12.22m	40-01.25
10	May, Tyler	Willamette	11.91m	39-01.00
11	Mollier, Derrek	Pacific U.	10.59m	34-09.00
12	Gleason, Derrick	Linfield College	10.57m	34-08.25
13	Samuelu, T.J.	Cascade College	9.83m	32-03.00
14	Eckert, Doug	Cascade College	8.96m	29-04.75

#### Event 48 Men Discus Throw

Bowles Track: \* 184-10 1983 Brad Boland, Unattached  
 172-03 AUTO  
 155-10 PROV  
 125-03 NWC

Name	Year	School	Finals	
1	Matlock, Nate	Willamette	46.60m	152-11
2	Olson, Travis	U-Linfield Colle	44.96m	147-06
3	Miles, Chris	Linfield College	43.33m	142-02
4	Kline, Justin	Western Oregon	42.72m	140-02
5	Kleffner, Jake	Linfield College	41.51m	136-02
6	Thron, Andrew	Linfield College	40.08m	131-06
7	Gleason, Derrick	Linfield College	39.46m	129-05
8	May, Tyler	Willamette	39.05m	128-01
9	McDonald, Sean	Willamette	37.64m	123-06
10	Owens, Scott	Warner Pacific	36.82m	120-10
11	Vogt, Jayson	Willamette	35.45m	116-04
12	Spradley, Gaelon	Cascade College	27.70m	90-10

#### Event 49 Men Javelin Throw

Bowles Track: \* 213-11 2004 Ryan Wiedman, Bogfoot TC

206-04 AUTO  
188-04 PROV  
170-04 NWC

Name	Year	School	Finals	
1	Zahn, Phil	Linfield College	58.77m	192-10
2	Hutchinson, Mat	Western Oregon	51.77m	169-10
3	Mills, Steve	Linfield College	51.40m	168-08
4	Vander Weerd, Dust	Willamette	51.16m	167-10
5	Cole, Mat	Western Oregon	48.74m	159-11
6	Bednar, David	Pacific U.	47.40m	155-06
7	Woods, Kris	Linfield College	45.96m	150-09
8	Foster, Tim	Pacific U.	45.59m	149-07
9	Dunn, Mark	Western Oregon	45.10m	147-11
10	Wambold, Jase	Pacific U.	39.78m	130-06

Event 50 Men Hammer Throw

Bowles Track: \* 229-00 1985 John McArdle, Oregon International  
188-09 AUTO  
167-04 PROV  
137-02 NWC

Name	Year	School	Finals	
1	Thron, Andrew	Linfield College	46.19m	151-06
2	Kline, Justin	Western Oregon	41.55m	136-04
3	McDonald, Sean	Willamette	36.86m	120-11
4	Miles, Chris	Linfield College	36.40m	119-05
5	Kleffner, Jake	Linfield College	33.48m	109-10
6	Gleason, Derrick	Linfield College	32.79m	107-07
7	Foster, Tim	Pacific U.	32.01m	105-00
8	Stine, Josh	Lewis & Clark Co	29.23m	95-11
--	Vogt, Jayson	Willamette	FOUL	

Licensed to Cal State Northridge Hy-Tek's Meet Manager 3/17/2005 05:38 PM  
 Northridge Spring Break Open - 3/16/2005 to 3/17/2005  
 CSU-Northridge  
 Results

Women 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Davis, Angela	Montgomery Track	11.80	12.20	-1.9
2 Jones, Kim	Csu-Northridge	11.98	12.64	-1.9
3 Gauthier, Patricia	University of Ha	12.80	13.02	-1.9
4 Olear, Laura	Csu-Northridge	12.40	13.02	-1.9
5 Karrati, Ku'ulei	University of Ha	12.54	13.14	-1.9
6 Brown, Christina	Idaho State Univ	12.60	13.27	-1.9
7 Lee, Kira	University of Ha	13.32	14.40	-1.9

Women 200 Meter Dash

Name	Year School	Seed	Finals	Wind	H#
1 Goodwin, Deanna	Csu-Northridge	24.18	24.54	-1.0	1
2 Hackett, Shauna	Csu-Northridge	24.35	24.69	-1.0	1
3 Monroe, Tasha	University of Ha	24.35	24.71	-1.0	1
4 Steen, Cristal	Csu-Northridge	24.75	25.34	-1.0	1
5 Woods, Natoya	Csu-Northridge	25.00	25.71	-1.0	1
6 Eze, Julie	Csu-Northridge	25.09	25.76	-1.0	1
7 Cooper, Tanisha	Csu-Northridge	25.50	25.91	-1.5	2
8 Baab, Candyce	Csu-Northridge	25.80	26.24	-1.5	2
9 McGrew, Ashleigh	Csu-Northridge	25.98	26.59	-1.5	2
10 Andersen, Tiffany	Idaho State Univ	25.10	26.60	-1.0	1
11 Olear, Laura	Csu-Northridge	25.50	26.65	-1.5	2
12 Smith, Toni	Csu-Northridge	25.20	26.71	-1.5	2
13 Railback, Michele	Idaho State Univ	25.80	27.05	-1.5	2
14 Karrati, Ku'ulei	University of Ha	26.32	28.28	-1.5	2
15 Jentzsch, Shannon	Csu-Northridge	28.50	30.99	-2.7	3
16 Dawson, Brooke	Csu-Northridge	27.50	32.48	-2.7	3

Women 400 Meter Dash

Name	Year School	Seed	Finals
1 Andersen, Tiffany	Idaho State Univ	55.50	56.59
2 Derren, Aleksandra	Montgomery Track	54.80	56.90
3 Downey, Jenny	Idaho State Univ	1:00.00	1:02.58

Women 800 Meter Run

Name	Year School	Seed	Finals	H#
1 Buchanan, Dana	University of Ha	2:09.45	2:10.45	1
2 McPherson, Cherie	Csu-Northridge	2:13.00	2:14.83	1
3 Maini, Gema	Idaho State Univ	2:13.00	2:16.96	1
4 Monfort, Ashley	University of Ha	2:15.00	2:17.00	1
5 Reeve, Sabrina	University of Ha	2:14.00	2:18.75	1
6 Scott, Heather	University of Ha	2:18.00	2:20.53	1
7 Ziser, Michelle	Csu-Northridge	2:22.00	2:20.99	1
8 Laan, Chantelle	University of Ha	2:20.00	2:22.15	1
9 Cogdill, Jessica	Idaho State Univ	2:25.00	2:24.90	2
10 Morales, Xenaida	Unattached	2:32.00	2:31.96	2
11 Reid, Kayla	Idaho State Univ	2:25.00	2:32.02	2
12 Tellez, Pam	Csu-Northridge	2:28.00	2:33.31	2
13 Rosette, Diana	Csu-Northridge	2:32.00	2:39.06	2
14 Tupper, Dawn	Unattached	2:36.00	2:39.45	2

Women 1500 Meter Run

Name	Year School	Seed	Finals
1 Spencer, Sasha	Nike	4:24.00	4:31.26
2 Young, Kelly	University of Ha	4:29.53	4:33.99



3	Reeve, Sabrina	University of Ha	4:35.00	4:35.58
4	Scott, Heather	University of Ha	4:39.24	4:40.62
5	Laan, Chantelle	University of Ha	4:48.00	4:57.39
6	Downey, Jenny	Idaho State Univ	5:00.00	4:59.97

#### Women 100 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Railback, Michele	Idaho State Univ	14.50	16.10	-1.1
2 Hahn, Courtney	Idaho State Univ	15.30	16.12	-1.1

#### Women 400 Meter Hurdles

Name	Year School	Seed	Finals
1 Steele, Melissa	University of Mi	1:00.60	1:03.01
2 Schutz, Shari	University of Mi	1:01.80	1:03.62
3 Dare, Gina	University of Mi	1:02.70	1:04.35
4 Rohr, Jessica	University of Ha	1:03.01	1:04.76
5 Merkley, Amanda	Idaho State Univ		1:09.40
6 Schwanke, Vanessa	University of Mi	1:03.50	1:09.51

#### Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Riccardi, Lois	Idaho State Univ	12:00.00	11:57.01
2 Podany, Lisa	Idaho State Univ	12:00.00	12:30.97

#### Women 4x100 Meter Relay

School	Seed	Finals
1 Idaho State University 'A'		50.57
2 Idaho State University 'B'		52.70

#### Women 4x400 Meter Relay

School	Seed	Finals
1 University of Hawaii 'A'	3:48.00	3:54.10
1) Monroe, Tasha		
2) Monfort, Ashley		
3) Young, Kelly		
4) Rohr, Jessica		
2 Idaho State University 'A'		4:07.87
3 University of Hawaii 'B'	4:13.00	4:17.17
1) Rosenthal, Candace		
2) Buchanan, Dana		
3) Lee, Kira		
4) Scott, Heather		
4 Idaho State University 'B'		4:21.17

#### Women High Jump

Name	Year School	Seed	Finals
1 Wilson, Tiffany	Idaho State Univ	1.54m	1.52m 4-11.75
2 Merkley, Amanda	Idaho State Univ	1.54m	1.47m 4-09.75

#### Women Pole Vault

Name	Year School	Seed	Finals
1 Taylor, Lindsay	Pocatello Track	4.41m	4.00m 13-01.50
2 Bernhard, Brittany	Usc	3.65m	3.65m 11-11.75
2 Gauthier, Patricia	University of Ha	3.70m	3.65m 11-11.75
2 Lewallen, Shannon	Usc	3.65m	3.65m 11-11.75
5 Korth, Emmi	Idaho State Univ	3.68m	3.50m 11-05.75
5 Astete, Melissa	Usc	3.65m	3.50m 11-05.75
5 Railback, Michele	Idaho State Univ	3.81m	3.50m 11-05.75
5 Griffiths, Melissa	Idaho State Univ	3.65m	3.50m 11-05.75
5 Kline, Solana	Idaho State Univ	3.81m	3.50m 11-05.75
5 Williams, Katie	Idaho State Univ	3.65m	3.50m 11-05.75

11 Luna, Jessica	Usc	3.50m	3.35m	10-11.75
12 Szweda, Natalie	Cal Tech		3.05m	10-00.00
12 Lee, Kira	University of Ha	3.30m	3.05m	10-00.00

#### Women Long Jump

Name	Year School	Seed	Finals	Wind
1 Monroe, Tasha	University of Ha	5.80m	5.88m	0.8 19-03.50
2 Brown, Christina	Idaho State Univ	5.41m	5.29m	1.8 17-04.25
3 Carol, Scalice	Rpi	5.46m	5.18m	1.5 17-00.00

#### Women Triple Jump

Name	Year School	Seed	Finals	Wind
1 Griffiths, Melissa	Idaho State Univ	10.97m	10.92m	3.1 35-10.00
2 Hahn, Courtney	Idaho State Univ	10.66m	10.52m	2.2 34-06.25
3 Brown, Christina	Idaho State Univ	10.36m	10.50m	3.1 34-05.50

#### Women Shot Put

Name	Year School	Seed	Finals
1 Weaver, Meghan	University of Ha	13.99m	13.35m 43-09.75
2 Arbuckle, Ashley	Csu-Northridge	12.97m	13.20m 43-03.75
3 Murray, Novelle	University of Ha	12.43m	13.04m 42-09.50
4 Cornia, Jessica	Idaho State Univ	14.02m	12.68m 41-07.25
5 Contreras, Sharen	Idaho State Univ	12.95m	12.29m 40-04.00
6 Fredrick, Alexis	University of Ha	11.60m	11.29m 37-00.50
7 Lyman, Jessica	Idaho State Univ	10.66m	10.43m 34-02.75
8 Morgan, Trenna	Idaho State Univ	11.27m	10.11m 33-02.00

#### Women Discus Throw

Name	Year School	Seed	Finals
1 Murray, Novelle	University of Ha	50.32m	48.47m 159-00
2 Weaver, Meghan	University of Ha	44.68m	46.08m 151-02
3 Arbuckle, Ashley	Csu-Northridge	36.57m	43.09m 141-04
4 Cornia, Jessica	Idaho State Univ	36.57m	38.83m 127-05
5 Foster, Kali	Idaho State Univ	35.05m	36.17m 118-08
6 Lyman, Jessica	Idaho State Univ	34.13m	35.96m 118-00
7 Fredrick, Alexis	University of Ha	38.50m	35.42m 116-02
8 Contreras, Sharen	Idaho State Univ	35.05m	31.60m 103-08
9 Morgan, Trenna	Idaho State Univ	33.52m	31.23m 102-05

#### Women Javelin Throw

Name	Year School	Seed	Finals
1 DeBartolo, Bianca	University of Ha		38.44m 126-01
2 Merkley, Amanda	Idaho State Univ	36.57m	37.14m 121-10
3 Wilson, Tiffany	Idaho State Univ	36.57m	36.18m 118-08

#### Women Heptathlon Group A

Name	Year School	Seed	Finals
1 Poulson, Jackie	Pocatello Track	5600	5530
2 Verdon, Lashana	Csu-Northridge	4716	5084
3 Spandl, Jacenta	University of Mi	4900	4929
4 Roehrig, Liz	University of Mi	4950	4737
5 Jones, Erin	Montana State Un	5043	4701
6 Kingsley, Christin	University of Mi	4550	4642
7 Jenson, Monica	Idaho State Univ	4600	4627
8 Jaunich, Maggie	University of Mi	4750	4612
9 Ricketts, Brittany	Csu-Northridge	4350	4561
10 Miller, Allison	Ucla		4206
11 Kantola, Ingrid	Ucla		4149
12 Moss, Lana	Idaho State Univ	4200	4066

# Women Heptathlon Group B

Name	Year School	Seed	Finals
1 Souvageau, Ameer	Idaho State Univ	4100	4122
2 Janowitz, Mandie	Idaho State Univ	3900	4080
3 Bell, Erin	Idaho State Univ	4000	3812
4 Curtis, Tori	Csu-Northridge	3785	3427
5 Tai, Helen	Cal Tech	3121	3312
6 Willmore, Kristin	Idaho State Univ		3298
7 Phifer, Brandi	Csu-Northridge	3850	3185
8 Wasylyshen, Jerrilyn	Pocatello Track	3500	3106
9 Zartman, Kristen	Cal Tech		3105
10 Flanagan, Erin	Cal Poly Pomona	2950	2425
11 Cavanaugh, Kristen	Cal Poly Pomona		2325

## Men 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Davis, Jerome	Montgomery Track	10.60	11.00	-0.4
2 Lai, Dan	Pocatello Track	10.70	11.03	-0.4
3 Taylor, Matt	Idaho State Univ	10.90	11.24	-0.4
4 Harris, Seth	George Fox Unive	11.10	11.55	-0.4
5 Gillespie, Octavious	Montgomery Track	11.30	11.72	-0.4
6 Stanners, Jeff	University of Re	12.00	12.40	-0.4

## Men 200 Meter Dash

Name	Year School	Seed	Finals	Wind	H#
1 Fahie, Kevin	Csu-Northridge	21.50	21.81	-2.6	1
2 Fredrickson, James	Csu-Northridge	21.66	21.89	-2.6	1
3 Davis, Jerome	Montgomery Track	21.30	21.99	-2.6	1
4 Lindsay, Allen	Csu-Northridge	21.50	22.15	-2.6	1
5 Savoy, Everett	Csu-Northridge	21.70	22.23	-2.6	1
6 Brown, Anthony	Csu-Northridge	21.55	22.32	-2.6	1
7 Ruffin, Brandon	Csu-Northridge	21.90	22.42	-1.3	2
8 Teodorodick, Branko	Idaho State Univ	22.40	22.56	-1.4	3
9 Lai, Dan	Pocatello Track	21.80	22.66	-2.6	1
10 Andrews, Dashalle	Csu-Northridge	22.00	22.90	-1.3	2
11 Taylor, Matt	Idaho State Univ	22.20	22.99	-1.3	2
12 Brown, Matt	Idaho State Univ	22.10	23.03	-1.3	2
13 Taka, Hiroki	Unattached	24.00	23.13	-1.4	3
14 Connett, Dean	Idaho State Univ	22.40	23.36	-1.3	2
15 Llamas, Landen	Csu-Northridge	22.30	23.41	-1.3	2
16 Ballek, Sean	Csu-Northridge	22.50	23.62	-1.4	3
17 felizola, Rolando	Csu-Northridge	22.80	23.74	-1.4	3
18 DelBosque, Jon	Idaho State Univ	23.00	24.17	-1.4	3
19 Mosely, Matt	Csu-Northridge	24.00	24.65	-1.4	3
20 Moore, Jonathan	Csu-Northridge	23.50	24.79	-1.4	3
-- Harris, Seth	George Fox Unive	22.40	DQ	-1.3	2

## Men 400 Meter Dash

Name	Year School	Seed	Finals
1 Teodorodick, Branko	Idaho State Univ	48.50	48.39
2 Brown, Matt	Idaho State Univ	48.00	48.43
3 Connett, Dean	Idaho State Univ	48.50	49.92
4 DelBosque, Jon	Idaho State Univ	50.00	51.56
5 Fast, Michael	Unattached		1:19.54

## Men 800 Meter Run

Name	Year School	Seed	Finals
1 Rickards, Tyson	Idaho State Univ	1:55.00	1:55.50
2 Henrickson, Kole	Idaho State Univ	1:55.00	1:56.18
3 Alfaro, Nelson	Csu-Northridge	1:58.00	1:58.82

4 Garcia, Jacinto                      Csu-Northridge                      1:57.00                      2:02.78

#### Men 1500 Meter Run

Name	Year School	Seed	Finals
1 Hoffman, Paul	Idaho State Univ	3:50.00	3:48.75
2 Kahn, Saheed	Idaho State Univ	3:50.00	3:53.10
3 Tyrell, Matt	Idaho State Univ	3:55.00	4:00.09
4 Knight, Trevor	Idaho State Univ	3:55.00	4:13.88

#### Men 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Garcia, Jeremy	Csu-Northridge	14.69	15.01	-2.1
2 Gillespie, Octavious	Montgomery Track	15.14	15.67	-2.1

#### Men 400 Meter Hurdles

Name	Year School	Seed	Finals
1 Tosta, Joey	Montgomery Track	53.38	57.49

#### Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Purdue, Joe	Idaho State Univ	9:40.00	9:30.47
2 Nelson, Matt	Idaho State Univ	9:40.00	9:49.70

#### Men 4x100 Meter Relay

School	Seed	Finals
1 Idaho State University 'A'		42.95
2 Idaho State University 'B'		46.46

#### Men 4x400 Meter Relay

School	Seed	Finals
1 Idaho State University 'A'		3:38.32

#### Men High Jump

Name	Year School	Seed	Finals
1 Wiley, Johnny	Csu-Northridge	2.00m	1.93m 6-04.00
2 Wassink, Troy	Idaho State Univ	1.93m	1.88m 6-02.00
2 Keller, Jacob	Idaho State Univ	2.03m	1.88m 6-02.00

#### Men Pole Vault

Name	Year School	Seed	Finals
1 Corbett, Aaron	UC Irvine		4.45m 14-07.25
2 Slinkard, Brad	Usc		4.15m 13-07.25
3 Bell, Landen	Idaho State Univ	3.65m	3.85m 12-07.50
3 Silvers, Joe	Idaho State Univ	4.26m	3.85m 12-07.50

#### Men Long Jump

Name	Year School	Seed	Finals	Wind
1 Daily, John	Plattsburgh Stae	6.70m	6.73m	NWI 22-01.00
2 Komendant, Peter	Idaho State Univ	6.95m	6.63m	NWI 21-09.00
3 Keller, Jacob	Idaho State Univ	6.40m	6.25m	NWI 20-06.25

#### Men Triple Jump

Name	Year School	Seed	Finals	Wind
1 Keller, Jacob	Idaho State Univ	13.86m	13.38m	1.7 43-10.75

#### Men Shot Put

Name	Year School	Seed	Finals
1 Garcia, Nick	Unattached	18.29m	17.05m 55-11.25
2 Whittsit, Erik	Idaho State Univ	17.67m	16.02m 52-06.75
3 Pearce, Cody	Unattached	15.00m	15.56m 51-00.75
4 Danielson, John	Unattached		14.92m 48-11.50
5 Sion, Jed	Idaho State Univ	15.24m	14.20m 46-07.25
6 Briles, Jake	Idaho State Univ	14.63m	13.70m 44-11.50
7 Schiess, Kurt	Idaho State Univ	13.71m	13.31m 43-08.00

#### Men Discus Throw

Name	Year School	Seed	Finals
1 Schiess, Kurt	Idaho State Univ	42.67m	46.75m 153-04
2 Sion, Jed	Idaho State Univ	50.29m	45.76m 150-01
3 Danielson, John	Unattached		45.16m 148-02
4 Briles, Jake	Idaho State Univ	45.72m	41.92m 137-06
5 Gillespie, Octavious	Montgomery Track	40.84m	39.73m 130-04
6 Parisi, Joey	Csu-Northridge	41.14m	38.76m 127-02

#### Men Javelin Throw

Name	Year School	Seed	Finals
1 Wassink, Troy	Idaho State Univ	60.96m	55.04m 180-07
2 Keller, Jacob	Idaho State Univ		46.25m 151-09

#### Men Decathlon Group A

Name	Year School	Seed	Finals
1 Roberson, Matt	Claremont Mudd S	7171	7042
2 Dillow, Ben	George Fox Unive	6750	6992
3 Priester, Josh	George Fox Unive	6442	6690
4 Benjamin, Brad	Montana State Un	6697	6604
5 Bettis, Phillip	Idaho State Univ	6600	6351
6 Keller, Levi	Idaho State Univ	6200	5342

#### Men Decathlon Group B

Name	Year School	Seed	Finals
1 Nyberg, Eric	UC Irvine	6300	6410
2 Nugent, Fritz	University of Re		6336
3 Lehigh, James	UC Irvine	6010	6081
4 Komar, Jay	Csu-Northridge	5400	5876
5 Schorzman, Jake	Idaho State Univ	6000	5868
6 Richert, Trent	UC Irvine	5800	5739
7 Boyle, Davin	Cal Poly Pomona		5620
8 Tehemi, Bobback	Claremont Mudd S	5314	5425
9 St Clair, Will	Claremont Mudd S	5872	4897
10 Boehler, Josh	Idaho State Univ	5500	4878

Licensed to Linfield College      Hy-Tek's Meet Manager 3/12/2005 03:00 PM  
 Linfield NWC South - 3/12/2005  
 McMinnville, OR  
 Results

Women 100 Meter Dash

Name	Year School	Finals	Points
1 Bladorn, Kelly	George Fox	13.20	10
2 Stiglmeier, Caitlin	Linfield College	13.37	8
3 Lucas, Nicole	Willamette	13.38	6
4 Siverlake, Erin	Pacific	14.10	4
5 Llanes, Becky	Lewis & Clark	14.29	2
6 Huddleston, Juli	Linfield College	14.51	1

Women 200 Meter Dash

Name	Year School	Finals	Points
1 Hanson, Mariah	Willamette	26.46	10
2 Swan, Jody	Lewis & Clark	26.65	8
3 Bladorn, Kelly	George Fox	27.37	6
4 Stiglmeier, Caitlin	Linfield College	27.87	4
5 Fredette, Meghan	Pacific	28.54	2
6 Siverlake, Erin	Pacific	30.16	1

Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Andrews, Alicia	Willamette	1:00.31	1	10
2 Hanson, Mariah	Willamette	1:00.66	1	8
3 Barker, Brooke	Pacific	1:00.93	1	6
4 Wilson, Erin	Pacific	1:01.58	1	4
5 Newell, Kelsey	Linfield College	1:01.58	1	2
6 Schiele, Shannon	Linfield College	1:03.25	1	1
7 Noyd, Melissa	George Fox	1:04.68	2	
8 Ganser, Tara	Lewis & Clark	1:08.71	2	
9 Tateishi, Caitlyn	Pacific	1:12.41	2	

Women 800 Meter Run

Name	Year School	Finals	Points
1 Vandehey, Stephanie	Willamette	2:22.76	10
2 Adams, Bethany	George Fox	2:25.53	8
3 McHattie, Carla	Lewis & Clark	2:27.09	6
4 Beach, Jessica	George Fox	2:30.30	4
5 Fischer, Leighann	George Fox	2:31.10	2
6 Laack, Terah	George Fox	2:31.40	1
7 Giffey-Brohaugh, Rachel	George Fox	2:32.43	
8 Kieffer, Syrah	Lewis & Clark	2:33.69	
9 Phillips, Amanda	Lewis & Clark	2:35.32	
10 Walter, Danielle	Lewis & Clark	2:39.81	
11 Rohlfs, Emily	Linfield College	2:40.47	

Women 1500 Meter Run

Name	Year School	Finals	Points
1 Killam, Carly	Willamette	4:49.6h	10
2 Phimister, Molly	Willamette	4:50.0h	8
3 Giffey-Brohaugh, Rachel	George Fox	4:51.7h	6
4 McHattie, Carla	Lewis & Clark	4:54.1h	4
5 Fischer, Leighann	George Fox	4:56.9h	2
6 Murphy, Joanna	Linfield College	4:58.1h	1
7 Smith, Sarah	Pacific	5:01.2h	
8 Phillips, Amanda	Lewis & Clark	5:07.7h	
9 Sherwood, Lauren	Willamette	5:12.9h	
10 Walter, Danielle	Lewis & Clark	5:19.2h	

11 White, Rachel	Willamette	5:22.30
12 Parady, Katelyn	Lewis & Clark	5:22.50
13 McCaffrey, Therese	Lewis & Clark	5:23.20
14 Pfeiffer-Hoyt, Megan	Lewis & Clark	5:23.40

#### Women 5000 Meter Run

Name	Year School	Finals	Points
1 Zerzan, Sarah	Willamette	19:04.69	10
2 Mentaberry, Whitney	Linfield College	19:51.28	8
3 Brett, Katrina	Willamette	19:53.76	6
4 Rosenberg, Kendra	Willamette	20:25.22	4
5 Beebe, Ellen	Willamette	20:38.82	2
6 Walker, Juline	Willamette	20:40.78	1
7 Weaver, Jen	Lewis & Clark	20:47.12	
8 Fehrenbach, Liz	Lewis & Clark	21:10.60	
9 Gandrud, Harlan	Lewis & Clark	21:17.38	
10 Sbordone, Laura	Lewis & Clark	21:20.45	
11 Edwards, Lauren	Lewis & Clark	21:30.11	
12 Shives, Alison	Willamette	21:49.07	

#### Women 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Lucas, Nicole	Willamette	15.71	1	10
2 McGrane, Shannon	Willamette	15.72	1	8
3 Williams, Maura	Linfield College	16.05	1	6
4 Kassebaum, Roseann	Willamette	16.39	1	4
5 Smith, Jordyn	Willamette	16.53	2	2
6 Bernard, Riley	Linfield College	16.58	1	1
7 Forbes, Michelle	George Fox	16.76	2	
8 Mahoney, Caitlin	Linfield College	18.37	1	
9 Lund, Carlie	Willamette	18.49	1	

#### Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 McGrane, Shannon	Willamette	1:04.66	10
2 Smith, Jordyn	Willamette	1:05.25	8
3 Kassebaum, Roseann	Willamette	1:05.73	6
4 Ross, Kate	Lewis & Clark	1:09.56	4
5 Bernard, Riley	Linfield College	1:10.37	2
6 Lund, Carlie	Willamette	1:14.02	1
-- Thompson, Liz	Btc	DQ	

#### Women 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Sharratt, Ashley	Willamette	12:17.83	10
2 Pullen, Chelsea	Linfield College	12:22.22	8
3 Wright, Bobbi	Willamette	12:33.91	6
4 Squires, Audrey	Willamette	12:41.74	4
5 Fairbrook, Sarah	Willamette	12:42.15	2
6 Ostermick, Melissa	Willamette	12:59.94	1

#### Women 4x100 Meter Relay

School	Finals	Points
1 Linfield College 'A'	51.75	10
2 George Fox 'A'	52.28	8
1) Brown, JulieKay	2) Noyd, Melissa	
3) Bladorn, Kelly	4) Black, Victoria	

#### Women 4x400 Meter Relay

School	Finals	Points
--------	--------	--------

=====				
1	Willamette 'A'	4:05.93	10	
	1) Hanson, Mariah	2) Vandehey, Stephanie		
	3) Kassebaum, Roseann	4) McGrane, Shannon		
2	Lewis & Clark 'A'	4:10.44	8	
	1) Ross, Kate	2) Swan, Jody		
	3) Kieffer, Syrah	4) McHattie, Carla		
3	George Fox 'A'	4:11.42	6	
	1) Bladorn, Kelly	2)		
	3) Adams, Bethany	4) Giffey-Brohaugh, Rachel		
4	Linfield College 'A'	4:13.63	4	
5	George Fox 'B'	4:15.89	2	
	1) Laack, Terah	2) Beach, Jessica		
	3) Brown, JulieKay	4) Forbes, Michelle		
6	Pacific 'A'	4:16.95		
	1) Wilson, Erin	2) Siverlake, Erin		
	3) Fredette, Meghan	4) Barker, Brooke		

#### Women High Jump

=====				
Name	Year School	Finals	Points	
=====				
1	Forbes, Michelle	George Fox	1.68m	5-06.00 10
2	Brown, JulieKay	George Fox	1.53m	5-00.25 8
3	Mahoney, Caitlin	Linfield College	1.43m	4-08.25 5
3	Alaimo, Katie	George Fox	1.43m	4-08.25 5
--	Kolb, Whitney	George Fox	NH	

#### Women Pole Vault

=====				
Name	Year School	Finals	Points	
=====				
1	Arquette, Christina	Willamette	3.04m	9-11.75 10
2	Gerrits, Shelby	Lewis & Clark	2.89m	9-05.75 8
3	Huddleston, Juli	Linfield College	J2.89m	9-05.75 6
4	Weeber, Mandy	Linfield College	J2.89m	9-05.75 4
5	Olson, Lynn	Willamette	J2.89m	9-05.75 2
6	Ruhoff, Chelsea	Willamette	2.59m	8-06.00 1
7	Jager, Johnna	Willamette	2.44m	8-00.00
7	Hedberg, Stephanie	Willamette	2.44m	8-00.00
--	Huston, Angelica	Willamette	NH	

#### Women Long Jump

=====				
Name	Year School	Finals	Points	
=====				
1	Ross, Kate	Lewis & Clark	5.26m	17-03.25 10
2	Brocard, Lisa	Linfield College	4.92m	16-01.75 8
3	Llanes, Becky	Lewis & Clark	4.64m	15-02.75 6
--	Russell, Liz	Willamette	ND	
--	Page, Danielle	Willamette	ND	

#### Women Triple Jump

=====				
Name	Year School	Finals	Points	
=====				
1	Page, Danielle	Willamette	11.12m	36-05.75 10
2	Brocard, Lisa	Linfield College	10.62m	34-10.25 8
3	Alaimo, Katie	George Fox	10.27m	33-08.50 6
--	Llanes, Becky	Lewis & Clark	ND	
--	Russell, Liz	Willamette	ND	

#### Women Shot Put

=====				
Name	Year School	Finals	Points	
=====				
1	Claypool, Joni	Linfield College	12.92m	42-04.75 10
2	Bielenberg, Danielle	Linfield College	11.72m	38-05.50 8
3	Helmick, Autumn	Willamette	11.27m	36-11.75 6
4	Barker, Brooke	Pacific	10.59m	34-09.00 4
5	Arnall, Dee Dee	Pacific	10.04m	32-11.25 2



6 Haskin, Jenny	George Fox	9.83m	32-03.00	1
7 Winter, Holly	Willamette	9.47m	31-01.00	
8 Burger, Emilie	Willamette	9.22m	30-03.00	
9 Brown, JulieKay	George Fox	7.08m	23-02.75	
10 Forbes, Michelle	George Fox	3.52m	11-06.75	

#### Women Discus Throw

Name	Year School	Finals	Points
1 Bielenberg, Danielle	Linfield College	36.78m	120-08 10
2 Claypool, Joni	Linfield College	34.32m	112-07 8
3 Paterson, Liz	Lewis & Clark	33.70m	110-07 6
4 Huston, Angelica	Willamette	33.54m	110-00 4
5 Andrus, Caitlin	Willamette	32.44m	106-05 2
6 Haskin, Jenny	George Fox	31.02m	101-09 1
7 Winter, Holly	Willamette	28.84m	94-07
8 Burger, Emilie	Willamette	25.16m	82-06
9 Blankenship, Lindsey	George Fox	24.12m	79-02

#### Women Hammer Throw

Name	Year School	Finals	Points
1 Blankenship, Lindsey	George Fox	45.14m	148-01 10
2 Bielenberg, Danielle	Linfield College	38.04m	124-10 8
3 Paterson, Liz	Lewis & Clark	37.03m	121-06 6
4 Andrus, Caitlin	Willamette	34.11m	111-11 4
5 Claypool, Joni	Linfield College	30.85m	101-02 2
6 Winter, Holly	Willamette	29.93m	98-02 1
7 Helmick, Autumn	Willamette	28.65m	94-00
8 Burger, Emilie	Willamette	26.10m	85-07
9 Huston, Angelica	Willamette	25.35m	83-02

#### Women Javelin Throw

Name	Year School	Finals	Points
1 Arnall, Dee Dee	Pacific	133-07	40.71m 10
2 Dentzel, Sophia	Willamette	128-00	39.01m 8
3 Mascorro, Lydia	Linfield College	120-02	36.62m 6
4 Figari, Elyssa	Willamette	89-11	27.40m 4
5 Khaki, Noor	Lewis & Clark	70-06	21.48m 2
6 Zimmerman, Elizabeth	Lewis & Clark	58-05	17.80m 1

#### Men 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Boock, Chris	Linfield College	10.84	1	10
2 Vanassche, Scott	Linfield College	10.90	1	8
3 Bates, Brad	George Fox	11.07	1	6
4 Wilbon, Steve	Willamette	11.15	1	4
5 Nelson, Lance	Linfield College	11.18	1	2
6 Zellick, Jason	Willamette	11.24	2	1
7 Ragan, Drew	Linfield College	11.27	1	
8 Maves, Drew	George Fox	11.32	1	
9 Allen, Casey	Linfield College	11.33	1	
10 Bianchi, Steve	Lewis & Clark	11.33	3	
11 Kaiel, Nick	Lewis & Clark	11.43	2	
12 Randall, Wesley	Willamette	11.48	2	
13 Donovan, Justin	Pacific	11.57	2	
14 Tanquary, Jarvis	Willamette	11.69	2	
15 Hoskins, Tyler	Unattached	12.59	3	
16 See, Brian	George Fox	12.63	3	
17 Chiarelli, Joe	Unattached	12.70	3	
18 Lawton, Justin	Lewis & Clark	13.31	3	

#### Men 200 Meter Dash

Name	Year School	Finals	H#	Points
------	-------------	--------	----	--------

1	Vanassche, Scott	Linfield College	22.17	1	10
2	Bates, Brad	George Fox	22.44	1	8
3	Boock, Chris	Linfield College	22.51	1	6
4	Harris, Seth	George Fox	22.70	1	4
5	Ragan, Drew	Linfield College	22.92	1	2
6	Zellick, Jason	Willamette	23.06	2	1
7	Wilbon, Steve	Willamette	23.26	1	
8	Jones, Nathan	Willamette	23.49	2	
9	Donovan, Justin	Pacific	23.51	2	
10	Allen, Casey	Linfield College	23.52	1	
11	Nelson, Lance	Linfield College	23.59	2	
12	Lavery, Shaun	Willamette	24.30	2	
13	Habu, Jarrett	Linfield College	24.43	2	
14	Petzing, Nick	Pacific	25.10	2	

#### Men 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Thomas, Everett	Willamette	51.22	1 10
2	Jones, Nathan	Willamette	51.75	1 8
3	Legary, Tyler	Linfield College	51.82	1 6
4	Knudson, Grant	Willamette	53.43	1 4
5	Lavery, Shaun	Willamette	54.33	1 2
6	Mellow, Zach	Pacific	54.50	1 1
7	Whitaker, Matt	Pacific	54.72	2
8	Lau, Brad	Linfield College	54.73	1
9	Hickey, Sergio	Pacific	55.38	2
10	Greiss, P.J.	Pacific	56.38	2
11	Habu, Jarrett	Linfield College	58.15	2

#### Men 800 Meter Run

Name	Year School	Finals	Points
1	McCann, Jarrod	Lewis & Clark	1:56.73 10
2	Edson, Josh	Willamette	1:59.89 8
3	Sticka, Ryan	George Fox	2:00.16 6
4	Neill, Doug	Willamette	2:00.46 4
5	Mathiang, David	George Fox	2:00.81 2
6	Decherd, Ben	Willamette	2:01.57 1
7	Killgore, Mike	Linfield College	2:02.11
8	Sagers, Dan	Linfield College	2:02.55
9	Finney, Grant	George Fox	2:04.35
10	Foote, Adam	Lewis & Clark	2:04.46
11	Leipzig, Ben	Willamette	2:05.49
12	Moe, Jake	George Fox	2:05.59
13	Barber, Andy	Willamette	2:06.36
14	Cobb, Bryan	George Fox	2:06.71
15	Klein, Chad	Linfield College	2:07.65
16	Paine, Andrew	George Fox	2:08.11
17	Watson, Austin	Lewis & Clark	2:09.90
18	Delmore, David	George Fox	2:10.50
19	Gray, Adam	George Fox	2:12.54
20	Friesen, Jeff	George Fox	2:24.17

#### Men 1500 Meter Run

Name	Year School	Finals	Points
1	Overby, Scott	Willamette	4:04.37 10
2	Gimenez, Tyler	Willamette	4:08.88 8
3	Leipzig, Ben	Willamette	4:12.68 6
4	Barber, Andy	Willamette	4:14.05 4
5	Moe, Jake	George Fox	4:14.34 2
6	Finney, Grant	George Fox	4:14.78 1
7	Cobb, Bryan	George Fox	4:15.72
8	Burg, Matt	George Fox	4:17.68
9	McQueen, Wes	Lewis & Clark	4:18.92
10	Brandt, Justin	Linfield College	4:20.40

11 Watson, Austin	Lewis & Clark	4:24.99
12 Delmore, David	George Fox	4:26.30
13 Bullock, Leif	Lewis & Clark	4:27.55
14 Dort, Ben	George Fox	4:36.28
15 Friesen, Jeff	George Fox	4:45.63

#### Men 5000 Meter Run

Name	Year School	Finals	Points
1 Brown, Brendan	Willamette	15:42.36	10
2 Wilson, Harrison	Linfield College	15:45.31	8
3 Ruiz, Carlos	Willamette	15:50.34	6
4 Boyd, Wyatt	Willamette	15:51.59	4
5 Kaczmarek, Joseph	Willamette	16:05.36	2
6 Yaeger, Dan	Willamette	16:05.39	1
7 Chuol, Michael	Unattached	16:16.43	
8 Timbrell, Jamie	Willamette	16:18.87	
9 Mears, Ty	Lewis & Clark	16:20.78	
10 Henson, Josh	Pacific	16:31.39	
11 Millard, Steven	Willamette	16:39.84	
12 Butler, Joshua	Willamette	16:50.48	
13 Spofford, Fred	Linfield College	16:56.26	
14 Warren, Kelly	Linfield College	17:02.70	
15 Sanderman, Dan	Lewis & Clark	17:24.38	
16 Kimura, Brandon	Lewis & Clark	18:26.77	

#### Men 110 Meter Hurdles

Name	Year School	Finals	Points
1 May, Tyler	Willamette	14.68	10
2 Carpenter, Brandon	Linfield College	16.02	8
3 Snow, Eric	Linfield College	16.23	6

#### Men 400 Meter Hurdles

Name	Year School	Finals	Points
1 Law, Don	Linfield College	58.93	10
2 Snow, Eric	Linfield College	1:00.54	8
3 Flachsbart, Joel	Willamette	1:00.90	6

#### Men 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Harris, Travis	Willamette	9:42.42	10
2 Zeiger, Ben	Willamette	9:51.66	8
3 Vieyra, Julio	Willamette	10:11.47	6
4 Olson, Peter	Linfield College	10:36.30	4

#### Men 4x100 Meter Relay

School	Finals	Points
1 Linfield College 'A'	43.01	10
2 George Fox 'A'	43.49	8
1) Harris, Seth	2) Bates, Brad	
3) Paine, Andrew	4) Maves, Drew	
3 Willamette 'A'	43.63	6
1) Wilbon, Steve	2) Gillespie, KC	
3) Zellick, Jason	4) Jones, Nathan	
4 Pacific 'A'	47.45	4
1) Cederstrom, Jared	2) Greiss, P.J.	
3) Wambold, Jase	4) Donovan, Justin	
-- Lewis & Clark 'A'	DNF	
1) Kael, Nick	2) Bianchi, Steve	
3) Foote, Adam	4) Lawton, Justin	

#### Men 4x400 Meter Relay

School	Finals	Points
1 George Fox 'A'	3:23.43	10
1) Paine, Andrew		
3) Sticka, Ryan		
2) Bates, Brad		
4) Harris, Seth		
2 Linfield College 'A'	3:31.87	8
3 Willamette 'A'	3:33.96	6
1) Knudson, Grant		
3) Jones, Nathan		
2) Flachsbart, Joel		
4) Thomas, Everett		
4 George Fox 'B'	3:38.64	4
1) Maves, Drew		
3) Dort, Ben		
2) Cobb, Bryan		
4) Mathiang, David		
5 Lewis & Clark 'A'	3:40.74	2
1) Bianchi, Steve		
3) Bullock, Leif		
2) McCann, Jarrod		
4) Foote, Adam		
6 George Fox 'C'	3:43.98	
1) Craven, Brandon		
3) Moe, Jake		
2) Gray, Adam		
4) Delmore, David		
7 Pacific 'A'	3:51.94	
1) Mellow, Zach		
3) Donovan, Justin		
2) Setere, Lucas		
4) Whitaker, Matt		
-- Pacific 'B'	DNF	
1) Wambold, Jase		
3) Hickey, Sergio		
2) Greiss, P.J.		
4) Henson, Josh		

#### Men High Jump

Name	Year School	Finals	Points
1 Larsen, Zach	Willamette	2.01m	6-07.00 10
2 Oost, Jay	Willamette	1.85m	6-00.75 8
3 Gohl, Andrew	Linfield College	1.80m	5-10.75 6
4 Mellow, Zach	Pacific	1.75m	5-08.75 3
4 Peach, Nick	Lewis & Clark	1.75m	5-08.75 3
-- Petzing, Nick	Pacific	NH	

#### Men Pole Vault

Name	Year School	Finals	Points
1 Tiogangco, Dayson	Linfield College	4.63m	15-02.25 10
2 Laloli, Travis	George Fox	4.10m	13-05.25 8
3 Liepman, Jeff	Willamette	4.10m	13-05.25 6
4 May, Tyler	Willamette	3.80m	12-05.50 4
5 See, Brian	George Fox	3.65m	11-11.75 2
6 Cederstrom, Jared	Pacific	3.35m	10-11.75 1
7 Gohl, Andrew	Linfield College	3.05m	10-00.00
-- James, Matthias	Willamette	NH	
-- Curry, Richard	Willamette	NH	
-- Carpenter, Brandon	Linfield College	NH	
-- Mellow, Zach	Pacific	NH	
-- Hoskins, Tyler	Unattached	NH	

#### Men Long Jump

Name	Year School	Finals	Points
1 Gillespie, KC	Willamette	6.58m	21-07.25 10
2 Nicholson, Cameron	Linfield College	6.55m	21-06.00 8
3 Tanquary, Jarvis	Willamette	6.23m	20-05.25 6
4 Randall, Wesley	Willamette	6.20m	20-04.25 4
5 Beatty, Doug	George Fox	6.17m	20-03.00 2
6 Maves, Drew	George Fox	6.17m	20-03.00 1
7 May, Tyler	Willamette	5.94m	19-06.00
8 Peach, Nick	Lewis & Clark	5.45m	17-10.75
9 Mellow, Zach	Pacific	4.93m	16-02.25
10 Greiss, P.J.	Pacific	4.89m	16-00.50
11 Bednar, David	Pacific	4.73m	15-06.25
12 Chiarelli, Joe	Unattached	4.70m	15-05.00
-- Woods, Andrew	Linfield College	ND	

-- Bianchi, Steve	Lewis & Clark	ND
-- Petzing, Nick	Pacific	ND
-- Carter, Stephen	Willamette	ND

#### Men Triple Jump

Name	Year School	Finals	Points
1 Bianchi, Steve	Lewis & Clark	13.56m 44-06.00	10
2 Conrad, Mark	Willamette	12.50m 41-00.25	8
3 Nicholson, Cameron	Linfield College	12.32m 40-05.00	6
4 Peach, Nick	Lewis & Clark	12.18m 39-11.50	4
5 Maves, Drew	George Fox	11.74m 38-06.25	2

#### Men Shot Put

Name	Year School	Finals	Points
1 Matlock, Nate	Willamette	14.96m 49-01.00	10
2 Cam, Blake	Willamette	13.89m 45-07.00	8
3 Miles, Chris	Linfield College	13.51m 44-04.00	6
4 McDonald, Sean	Willamette	12.87m 42-02.75	4
5 Thron, Andrew	Linfield College	12.72m 41-08.75	2
6 Vogt, Jayson	Willamette	12.23m 40-01.50	1
7 Mollier, Derrek	Pacific	10.71m 35-01.75	
8 Bednar, David	Pacific	9.77m 32-00.75	

#### Men Discus Throw

Name	Year School	Finals	Points
1 Matlock, Nate	Willamette	46.30m 151-11	10
2 Miles, Chris	Linfield College	40.72m 133-07	8
3 Gleason, Derrick	Linfield College	39.48m 129-06	6
4 McDonald, Sean	Willamette	39.22m 128-08	4
5 Thron, Andrew	Linfield College	39.00m 127-11	2
6 Kleffner, Jake	Linfield College	38.44m 126-01	1
7 Vogt, Jayson	Willamette	36.30m 119-01	
8 Mollier, Derrek	Pacific	31.18m 102-03	
9 Mellow, Zach	Pacific	25.74m 84-05	

#### Men Hammer Throw

Name	Year School	Finals	Points
1 Matlock, Nate	Willamette	54.20m 177-10	10
2 Thron, Andrew	Linfield College	45.03m 147-09	8
3 Miles, Chris	Linfield College	37.55m 123-02	6
4 Kleffner, Jake	Linfield College	35.92m 117-10	4
5 Vogt, Jayson	Willamette	34.97m 114-09	2
6 Foster, Tim	Pacific	33.08m 108-06	1
7 McDonald, Sean	Willamette	31.66m 103-10	
8 Zahn, Phil	Linfield College	31.08m 102-00	
9 Gleason, Derrick	Linfield College	30.65m 100-07	
10 Stine, Josh	Lewis & Clark	24.08m 79-00	

#### Men Javelin Throw

Name	Year School	Finals	Points
1 Gassaway, Matt	George Fox	193-09 59.05m	10
2 Zahn, Phil	Linfield College	184-00 56.08m	8
3 Liepman, Jeff	Willamette	178-07 54.43m	6
4 Mills, Steve	Linfield College	170-07 51.99m	4
5 Gohl, Andrew	Linfield College	168-03 51.28m	2
6 Wood, Kris	Linfield College	165-00 50.29m	1
7 Bednar, David	Pacific	157-03 47.92m	
8 Foster, Tim	Pacific	152-05 46.45m	
9 Wambold, Jase	Pacific	129-04 39.42m	
10 Mellow, Zach	Pacific	89-02 27.17m	

Women - Team Rankings - 19 Events Scored

1) Willamette	219	2) Linfield College	139
3) George Fox	96	4) Lewis & Clark	71
5) Pacific	33		

Men - Team Rankings - 19 Events Scored

1) Willamette	257	2) Linfield College	194
3) George Fox	76	4) Lewis & Clark	29
5) Pacific	10		

# WILLAMETTE OPENER

March 5, 2005

Salem, Oregon

Sunny, warm, mild

\*\* = PR

## = Season's Best

A = NWC Qualifier

B = National Provisional

## WOMEN

### NOT CONTESTED (Steeple, HJ, both relays)

#### 100

1. Miranda Carter CCC 15.07

#### 200

1. Sharee Beckham UORC 28.60

#### 400

1. Kelly Bladorn GFU 61.32 \*\* A  
4. Terah Laack GFU 63.69 A  
5. Melissa Noyd GFU 64.22 \*\* A

#### 800

1. Carly Killam Willamette 2:17.14  
4. Rachel Giffey-Brohaugh GFU 2:19.29 \*\* A  
(#9 ALL-TIME; #2 Frosh)

#### 1500

1. Jean-Marie Peterson OSU 4:46.22  
4. Anna McLain GFU 4:51.15 \*\* A  
9. Bethany Adams GFU 4:57.34 \*\* A

#### 5000

1. Leighann Fischer GFU 18:48.66 \*\* A

#### 10,000

1. Stacy West WU 43:26.43

#### Sprint Hurdles

1. Nicole Lucas WU 15.94

#### 400 Hurdles

1. Liz Thompson BTC 64.79

#### POLE VAULT

1. Erin Shafer CCC 3.23 / 10-07

#### LONG JUMP

1. Michelle Forbes GFU 4.83 / 15-10.25 ##  
4. Katie Alaimo GFU 4.58 / 15-00.50

#### TRIPLE JUMP

1. Katie Alaimo GFU 10.05 / 32-11.75 \*\* A

#### SHOT PUT

1. Autumn Helmick WU 11.48 / 37-08  
6. Lindsey Blankenship GFU 8.50 / 27-10.75

#### DISCUS

1. Caitlin Andrus WU 31.89 / 104-07  
3. Lindsey Blankenship GFU 29.11 / 95-06

#### JAVELIN

1. Sophia Dentzel WU 41.18 / 135-01

#### HAMMER

1. Lindsey Blankenship GFU 46.65 / 153-01 \*\* AB  
(NEW SCHOOL AND JUNIOR CLASS RECORD, old school  
Record, 145-09 Blankenship, '04; old CR, 129-08, Paisely, '03)

## MEN

#### 100

1. KC Gillespie WU 11.34  
4. Drew Maves GFU 11.61 A  
6. Jason Anderson BTC 11.73  
11. Travis Laloli GFU 12.41

#### 200

1. Steve Wilbon WU 23.54  
2. Jason Anderson BTC 23.58

#### 400

1. Brad Bates GFU 49.47 \*\* A

#### 800

1. Brayce Forsha Team XO 1:55.22  
5. Bryan Cobb GFU 2:00.65  
6. David Mathiang GFU 2:04.12  
7. Ben Dort GFU 2:07.63  
8. Adam Gray GFU 2:07.79

#### 1500

1. Nick Symmonds WU 3:52.77  
10. David Mathiang GFU 4:16.35 ##

#### 3000M STEEPLECHASE

1. Josh Butler WU 10:09.24

#### 5000

1. Brandon Michael UORC 15:29.74  
6. Jeff Friesen GFU 18:16.25

#### 10,000

1. Matt Burg GFU 33:28.47 \*\* A  
2. Grant Finney GFU 33:32.54 \*\* A  
3. Jake Moe GFU 33:36.56 \*\* A  
4. David Delmore GFU 34:07.54 \*\* A

#### SPRINT HURDLES

1. Tyler May WU 14.75  
3. Ben Dillow GFU 15.13 \*\* A  
(#7 ALL-TIME)  
4. Seth Harris GFU 15.40 A

#### 400 HURDLES

1. Troy Sexton WU 56.50  
3. Andrew Paine GFU 59.18 \*\* A

#### HIGH JUMP

1. Kyle Johnson Team XO 2.05 / 6-08.75

#### POLE VAULT

1. Ben Dillow GFU 4.12 / 13-06.50 \*\* A  
— Travis Laloli, Brian See GFU NH

#### LONG JUMP

1. Colin McArthur Team XO 6.95 / 22-09.75  
4. Doug Beatty GFU 6.19 / 20-03.75 ##  
7. Drew Maves GFU 5.93 / 19-05.50

#### TRIPLE JUMP

1. Kreig Holland CCC 13.72 / 45-00.25  
3. Doug Beatty GFU 12.38 / 40-07.50

#### SHOT PUT

1. Nate Matlock WU 13.92 / 45-08

#### DISCUS

1. Nate Matlock WU 43.82 / 143-09  
2. John Smith BTC 42.50 / 139-05  
3. Josh Priester GFU 40.56 / 133-01  
5. Ben Dillow GFU 39.67 / 130-02 \*\*

#### JAVELIN

1. Matt Gassaway GFU 59.30 / 194-07 AB  
(SENIOR CLASS RECORD, old 192-02, Roberts '00)

#### HAMMER

1. Nate Matlock WU 51.28 / 168-03

#### 4 x 100 RELAY

1. Willamette 43.14  
2. GFU 43.18  
(Maves, Paine, Bates, Harris)

#### 4 x 400 RELAY – not contested

#### SCORING (7-5-4-3-2-1 .... Collegians only)

#### WOMEN

Blankenship (15); Alaimo (14); Black (10); Forbes, Bladorn and Fischer (9);  
Laack, RGB and McLain (6); Noyd (5)

#### MEN

Dillow (14); Bates (8.25); Beatty (8); Gassaway, Friesen and Burg (7);  
Paine (5.25); Finney and Priester (5); Harris and Maves (4.25); Cobb and  
Moe (4); Mathiang and Delmore (3); Dort (2);

Licensed to Willamette University  
05:13 PM

Hy-Tek's Meet Manager 3/5/2005

Willamette Opener - 3/5/2005  
3/5/2005  
Results

Event 1 Women 100 Meter Dash

Name	Year School	Finals
1 Carter, Miranda	Clackamas CC	15.07

Event 2 Women 200 Meter Dash

Name	Year School	Finals
1 Beckham, Sharee	UO Running Club	28.60

Event 3 Women 400 Meter Dash

Name	Year School	Finals
1 Bladorn, Kelly	George Fox	1:01.32
2 Odom, Megan	Clackamas CC	1:02.78
3 Beckham, Sharee	UO Running Club	1:03.02
4 Laack, Terah	George Fox	1:03.69
5 Noyd, Melissa	George Fox	1:04.22

Event 4 Women 800 Meter Run

Name	Year School	Finals
1 Killam, Carly	Willamette	2:17.14
2 Smith, Jordyn	Willamette	2:17.49
3 Bryant, Taylor	Oregon State	2:17.89
4 Giffey-Brohaugh, Rachel	George Fox	2:19.29
5 Denfeld, Lauren	Oregon State	2:20.03
6 Poggi, Kaitlin	Oregon State	2:20.04
7 McGrane, Shannon	Willamette	2:21.31
8 Harer, Noelle	Oregon State	2:23.02
9 Kassebaum, Roseann	Willamette	2:25.01
10 Wales, Heather	Oregon State	2:25.28
11 Stirewalt, Tara	Oregon State	2:26.55
12 Hanson, Mariah	Willamette	2:26.71

Event 5 Women 1500 Meter Run

Name	Year School	Finals
1 Peterson, Jean-Marie	Oregon State	4:46.22
2 Beechy, Tiffany	UO Running Club	4:46.96
3 Palmer, Neoma	Oregon State	4:50.08
4 McLain, Anna	George Fox	4:51.15
5 Younce, Ashley	Oregon State	4:51.76
6 Heinonen, Liisa	UO Running Club	4:53.16
7 Zerzan, Sarah	Willamette	4:54.53



8 Francis, Ashley	Oregon State	4:55.21
9 Adams, Bethany	George Fox	4:57.34
10 Crawford, Nicole	Oregon State	4:58.67
11 Megale, Elise	Clackamas CC	5:03.06
12 Yancoskie, Rebekah	UO Running Club	5:04.64
13 Harper, Jessica	Clackamas CC	5:05.71
14 Squires, Audrey	Willamette	5:06.23
15 Fairbrook, Sarah	Willamette	5:07.80
16 Rosenberg, Kendra	Willamette	5:07.86
17 Fuller, Jaime	Oregon State	5:08.87
18 Wilson, Michelle	Oregon State	5:09.48
19 Magnuson, Katie	Oregon State	5:10.21
20 Aker, Marcie	Oregon State	5:18.10
21 White, Rachel	Willamette	5:20.70
22 Walker, Juline	Willamette	5:22.41
23 Larson, Ashley	Oregon State	5:42.59
24 Sabuco, Angela	Oregon State	6:40.75

Event 7 Women 5000 Meter Run

Name	Year School	Finals
1 Fischer, Leighann	George Fox	18:48.66
2 Pierce, Katie	Willamette	18:54.80
3 Hart, Elizabeth	Willamette	18:56.64
4 Phimister, Molly	Willamette	19:03.84
5 Lindsay, Lisa	Oregon St. TC	19:04.36
6 Sharratt, Ashley	Willamette	19:26.30
7 Bartell, Lyndsey	Clackamas CC	20:41.67
8 Ostermick, Melissa	Willamette	20:46.98
9 Pelzer, Kelsi	Team Gfr	20:47.85
10 Bartell, Leslie	Clackamas CC	20:51.20

Event 8 Women 10000 Meter Run

Name	Year School	Finals
1 West, Stacy	Willamette	43:26.43
2 Brett, Katrina	Willamette	43:26.72
3 Sherwood, Lauren	Willamette	43:27.02
4 Beebe, Ellen	Willamette	43:27.28
5 Shives, Alison	Willamette	43:59.02

Event 9 Women 100 Meter Hurdles

Name	Year School	Finals
1 Lucas, Nicole	Willamette	15.7h
2 McGrane, Shannon	Willamette	15.8h
3 Kassebaum, Roseann	Willamette	16.5h
4 Smith, Jordyn	Willamette	16.7h
5 Lund, Carlisle	Willamette	17.1h
6 Bollier, LaTrica	Clackamas CC	18.4h

Event 10 Women 400 Meter Hurdles

Name	Year School	Finals
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=====		
1 Thompson, Liz	Bruin TC	1:04.79
2 Lund, Carlie	Willamette	1:12.18
3 Bollier, LaTrica	Clackamas CC	1:20.89

Event 14 Women Pole Vault

=====				
===				
Name		Year School	Finals	
=====				
===				
1	Shafer, Erin	Clackamas CC	3.23m	10-
07.00				
2	Olson, Lynn	Willamette	3.07m	10-
00.75				
2	Arquette, Christina	Willamette	3.07m	10-
00.75				
4	Carter, Miranda	Clackamas CC	2.92m	9-
07.00				
5	Black, Victoria	George Fox	2.77m	9-
01.00				
5	Bollier, LaTrica	Clackamas CC	2.77m	9-
01.00				
7	Jager, Johnna	Willamette	2.61m	8-
06.75				
8	Ruhoff, Chelsea	Willamette	2.46m	8-
00.75				
8	Hedberg, Stephanie	Willamette	2.46m	8-
00.75				
--	Dentzel, Sophia	Willamette	NH	

Event 15 Women Long Jump

=====			
===			
Name		Year School	Finals
=====			
===			
1 Forbes, Michelle	George Fox	4.83m	15-
10.25			
2 Shafer, Erin	Clackamas CC	4.71m	15-
05.50			
3 Russell, Liz	Willamette	4.62m	15-
02.00			
4 Alaimo, Katie	George Fox	4.58m	15-
00.50			

Event 16 Women Triple Jump

=====			
===			
Name	Year School	Finals	
=====			
===			
1 Alaimo, Katie	George Fox	10.05m	32-
11.75			
2 Russell, Liz	Willamette	9.89m	32-
05.50			
-- Page, Danielle	Willamette	ND	

Event 17 Women Shot Put

=====				
===				
Name		Year School	Finals	
=====				
===				
1	Helmick, Autumn	Willamette	11.48m	37-
08.00				
2	Shuening, Carly	Clackamas CC	11.43m	37-
06.00				
3	Winter, Holly	Willamette	9.82m	32-
02.75				
4	Mollett, Ashley	Willamette	9.40m	30-
10.25				
5	Burger, Emilie	Willamette	9.15m	30-
00.25				
6	Blankenship, Lindsey	George Fox	8.50m	27-
10.75				
--	Forbes, Michelle	George Fox	ND	

Event 18 Women Discus Throw

=====			
===			
Name	Year	School	Finals
=====			
===			
1	Andrus, Caitlin	Willamette	31.89m
104-07			
2	Winter, Holly	Willamette	29.22m
95-10			
3	Blankenship, Lindsey	George Fox	29.11m
95-06			
4	Burger, Emilie	Willamette	26.79m
87-11			
--	Mollett, Ashley	Willamette	ND
--	Reichner, Sarah	Unattached	ND

Event 19 Women Javelin Throw

=====			
===			
Name		Year School	Finals
=====			
===			
1	Dentzel, Sophia	Willamette	41.18m
135-01			
2	Wingaard-Phillips, Mikae	Willamette	38.74m
127-01			
3	Black, Victoria	George Fox	33.62m
110-04			
4	Shuening, Carly	Clackamas CC	32.40m
106-03			
5	Figari, Elyssa	Willamette	29.27m
96-00			

Event 20 Women Hammer Throw

Name	Year School	Finals
1 Blankenship, Lindsey 46.65m	George Fox	153-01
2 Andrus, Caitlin 35.02m	Willamette	114-11
3 Shuening, Carly 31.59m	Clackamas CC	103-08
4 Winter, Holly 27.99m	Willamette	91-10
5 Helmick, Autumn 27.12m	Willamette	89-00
6 Burger, Emilie 24.48m	Willamette	80-04

Event 31 Men 100 Meter Dash

Name	Year School	Finals	H#
1 Gillespie, KC	Willamette	11.34	1
2 Cain, Josh	Clackamas CC	11.50	1
3 Zellick, Jason	Willamette	11.51	1
4 Maves, Drew	George Fox	11.61	1
5 Holland, Kreig	Clackamas CC	11.65	1
6 Anderson, Jason	Bruin TC	11.73	1
7 Tanquary, Jarvis	Willamette	11.76	2
8 Randall, Wesley	Willamette	11.97	2
9 Washington, CJ	Willamette	12.04	2
10 Yandall, Eki	Willamette	12.21	2
11 Laloli, Travis	George Fox	12.41	2
-- Wilbon, Steve	Willamette	FS	1

Event 32 Men 200 Meter Dash

Name	Year School	Finals	H#
1 Wilbon, Steve	Willamette	23.54	2
2 Anderson, Jason	Bruin TC	23.58	1
3 Richards, Ryan	Clackamas CC	23.59	1
4 Cain, Josh	Clackamas CC	24.23	1
5 Conrad, Mark	Willamette	24.37	2
6 Lavery, Shaun	Willamette	24.51	2
7 Knudson, Grant	Willamette	24.64	2

Event 33 Men 400 Meter Dash

Name	Year School	Finals
1 Bates, Brad	George Fox	49.47
2 Decherd, Ben	Willamette	50.93
3 Jones, Nathan	Willamette	51.11
4 Richards, Ryan	Clackamas CC	51.24
5 Knudson, Grant	Willamette	53.67
6 Lavery, Shaun	Willamette	53.85

Event 34 Men 800 Meter Run

Name	Year School	Finals
1 Forsha, Brayce	Team XO	1:55.22
2 Thomas, Everett	Willamette	1:55.30
3 Gimenez, Tyler	Willamette	1:58.10
4 Samudio, Justin	UO Running Club	1:59.46
5 Cobb, Bryan	George Fox	2:00.65
6 Mathiang, David	George Fox	2:04.12
7 Dort, Ben	George Fox	2:07.63
8 Gray, Adam	George Fox	2:07.79
9 Tkebuchava, Daniel	UO Running Club	2:08.79

Event 35 Men 1500 Meter Run

Name	Year School	Finals
1 Symmonds, Nick	Willamette	3:52.77
2 Stout, Jacob	Greater Boise Ru	3:53.67
3 Hollingshead, Aaron	Willamette	3:58.04
4 Trujillo, Carlos	UO Running Club	3:58.10
5 Edson, Josh	Willamette	4:01.53
6 Ruiz, Carlos	Willamette	4:02.05
7 Vieyra, Julio	Willamette	4:05.72
8 Trujillo, Esteban	UO Running Club	4:08.42
9 Harris, Travis	Willamette	4:14.20
10 Mathiang, David	George Fox	4:16.35
11 Snook, Trevor	Clackamas CC	4:16.37
12 Tkebuchava, Daniel	UO Running Club	4:30.32
13 Smith, Chris	Clackamas CC	4:31.17
14 Stevens, James	Clackamas CC	4:52.26

Event 36 Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Butler, Joshua	Willamette	10:09.24
2 Cobb, Josh	Clackamas CC	10:11.54

Event 37 Men 5000 Meter Run

Name	Year School	Finals
1 Michael, Brandon	UO Running Club	15:29.74
2 Pletscher, Graeme	UO Running Club	16:16.68
3 Sully, Kevin	UO Running Club	16:18.31
4 Nicholson, Matt	UO Running Club	16:56.78
5 Cowger, Colin	Oregon St. TC	17:09.00
6 Friesen, Jeff	George Fox	18:16.25

Event 38 Men 10000 Meter Run

Name	Year School	Finals
1 Burg, Matt	George Fox	33:28.47

2	Finney, Grant	George Fox	33:32.54
3	Moe, Jake	George Fox	33:36.56
4	Delmore, David	George Fox	34:07.54
5	Yaeger, Dan	Willamette	34:07.85
6	Boyd, Wyatt	Willamette	34:08.13
7	Brown, Brendan	Willamette	34:08.43
8	Timbrell, Jamie	Willamette	34:08.65
9	Kaczmarek, Joseph	Willamette	34:25.53
10	Gonzales, Hipolitio	Willamette	34:25.93
11	Millard, Steven	Willamette	34:26.31
12	Leipzig, Ben	Willamette	34:26.69
13	Barber, Andy	Willamette	34:26.98

#### Event 39 Men 110 Meter Hurdles

Name	Year School	Finals
1 May, Tyler	Willamette	14.75
2 Sexton, Troy	Clackamas CC	15.11
3 Dillow, Ben	George Fox	15.13
4 Harris, Seth	George Fox	15.40
5 Nelson, Jon	Clackamas CC	17.33

#### Event 40 Men 400 Meter Hurdles

Name	Year School	Finals
1 Sexton, Troy	Clackamas CC	56.50
2 Miller, Adam	Clackamas CC	57.30
3 Paine, Andrew	George Fox	59.18
4 Flachsbart, Joel	Willamette	1:01.57

#### Event 41 Men 4x100 Meter Relay

School	Finals
1 Willamette University 'A'	43.14
2 George Fox University 'A'	43.18
1) Bates, Brad	2) Maves, Drew
3) Paine, Andrew	4) Harris, Seth

#### Event 43 Men High Jump

Name	Year School	Finals
1 Johnson, Kyley	Team XO	2.05m 6-
08.75		
2 Larsen, Zach	Willamette	2.00m 6-
06.75		
3 Oost, Jay	Willamette	1.85m 6-
00.75		
4 Nelson, Jon	Clackamas CC	1.80m 5-
10.75		
-- Pirtle, David	Clackamas CC	NH
-- Ferguson, Matt	Clackamas CC	NH

Event 44 Men Pole Vault

Name	Year School	Finals
1 Dillow, Ben	George Fox	13-06.50
4.12m		
2 Curry, Richard	Willamette	12-07.00
3.83m		
3 Kehr, Brad	Willamette	11-01.00
3.37m		
-- Laloli, Travis	George Fox	NH
-- See, Brian	George Fox	NH
-- Hoskins, Tyler	Bruin TC	NH
-- Toutain, Christopher	Willamette	NH
-- Dean, Jesse	Clackamas CC	NH

Event 45 Men Long Jump

Name	Year School	Finals
1 McArthur, Colin	Team XO	6.95m 22-
09.75		
2 Holland, Kreig	Clackamas CC	6.40m 21-
00.00		
3 Randall, Wesley	Willamette	6.27m 20-
07.00		
4 Beatty, Doug	George Fox	6.19m 20-
03.75		
5 Nolen, Julian	Willamette	6.01m 19-
08.75		
5 Tanquary, Jarvis	Willamette	6.01m 19-
08.75		
7 Maves, Drew	George Fox	5.93m 19-
05.50		
-- Kauffman, Casey	Clackamas CC	ND
-- Bruce, Matt	Clackamas CC	ND
-- Carter, Stephen	Willamette	ND

Event 46 Men Triple Jump

Name	Year School	Finals
1 Holland, Kreig	Clackamas CC	13.72m 45-
00.25		
2 Conrad, Mark	Willamette	12.80m 42-
00.00		
3 Beatty, Doug	George Fox	12.38m 40-
07.50		
-- Nolen, Julian	Willamette	ND

Event 47 Men Shot Put

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===				
Name		Year School	Finals	
=====				
===				
1	Matlock, Nate	Willamette	13.92m	45-
08.00	r			
2	Steele, Kyle	Clackamas CC	13.15m	43-
01.75				
3	Cam, Blake	Willamette	12.98m	42-
07.00				
4	McDonald, Sean	Willamette	12.10m	39-
08.50				
5	May, Tyler	Willamette	11.83m	38-
09.75				
6	Vogt, Jayson	Willamette	11.48m	37-
08.00				

Event 48 Men Discus Throw

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===			
Name	Year	School	Finals
=====			
===			
1	Matlock, Nate	Willamette	43.82m
143-09			
2	Smith, John	Bruin TC	42.50m
139-05			
3	Priester, Josh	George Fox	40.56m
133-01			
4	McDonald, Sean	Willamette	39.86m
130-09			
5	Dillow, Ben	George Fox	39.67m
130-02			
6	May, Tyler	Willamette	38.97m
127-10			
7	Vogt, Jayson	Willamette	36.53m
119-10			
--	Arndt, David	Clackamas CC	ND

Event 49 Men Javelin Throw

=====			
===			
Name		Year School	Finals
=====			
===			
1	Gassaway, Matt	George Fox	59.30m
194-07			
2	Liepman, Jeff	Willamette	57.62m
189-00			

Event 50 Men Hammer Throw

=====				
===				
Name		Year School	Finals	



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1 Matlock, Nate	Willamette	168-03
51.28m		
2 Vogt, Jayson	Willamette	105-09
32.23m		
3 Steele, Kyle	Clackamas CC	96-04
29.36m		
4 McDonald, Sean	Willamette	91-04
27.83m		

McDonald's Open - 2/19/2005  
Moscow, ID  
Results

Men 60 Meter Dash

Name	Year School	Finals	H#
1 Robertson, Jaycee	Washington State	6.98	1
2 Nelson, Jarrell	Washington State	7.03	1
3 Nembhard, Robert	University of Id	7.13	1
4 Thomas, Tyan	Washington State	7.14	1
5 Reineke, Matt	Eastern Washingt	7.17	4
6 Jayo, Talon	Eastern Oregon U	7.20	1
6 Suchocki, Steven	Eastern Washingt	7.20	2
8 Brewster, Dwayne	Community Colleg	7.26	3
9 Velasco, Adrian	Undisclosed	7.27	2
10 Bates, Brad	George Fox Unive	7.28	3
10 Braman, Bryan	Shadle High Scho	7.28	4
12 Hearn, Dan	Shadle High Scho	7.31	4
13 Maves, Drew	George Fox Unive	7.32	3
13 LaPlante, Chris	Whitworth	7.32	4
15 Irving, Thomas	Eastern Washingt	7.33	3
15 Burnett, James	Plu	7.33	2
17 Carr, Phil	Eastern Washingt	7.34	1
17 Yeaw, Tony	Newport High Sch	7.34	2
19 Wicks, Andre	Unattached	7.35	3
20 Mapp, Andrew	Community Colleg	7.38	3
21 Ludwigson, Matt	Eastern Washingt	7.42	3
22 Schauble, Kyle	Kamiakin High Sc	7.51	5
23 Schmidt, Nathan	Eastern Oregon U	7.52	4
24 Washington, J.T.	Nchs	7.61	4
25 Lewis, Apollo	Community Colleg	7.74	5
26 Moore, Jacob	Unattached	7.77	2
27 Goforth, Tanner	Undisclosed	7.80	2
28 Finney, Michael	Eastern Oregon U	7.81	5
29 Evans, Robert	Whitworth	7.83	4
30 Smith, Jonathan	Unattached	7.84	5
31 Park, Matt	Whitworth	7.86	4
32 Adams, Roy	Unattached	7.87	2
33 Lesiniak, Mark	Unattached	7.92	5
34 Stewart, Matthew	Mac Hi	8.20	5
35 Lara, Ricardo	Mac Hi	8.28	5
36 Thompson, Brendan	Unattached	8.34	5
37 Ashley, Josh	Mac Hi	8.88	3

Men 200 Meter Dash

Name	Year School	Finals	H#
1 Ray, Pat	University of Id	21.60	1
2 Nelson, Jarrell	Washington State	22.26	1
3 Nygard, Eric	Washington State	22.28	2
4 Suzuki, Ryosuke	Unattached	22.44	2
5 Vanassche, Scott	Linfield	22.52	2

6 Harris, Seth	George Fox Unive	22.66	6
7 Boock, Chris	Linfield	22.77	3
8 Bates, Brad	George Fox Unive	22.78	3
9 Gunn, Aaron	Eastern Washingt	22.89	3
10 Nembhard, Robert	University of Id	23.03	1
10 Brewster, Dwayne	Community Colleg	23.03	4
10 Wilson, Brandon	Eastern Washingt	23.03	3
13 Bates, Tony	University of Id	23.07	1
14 Suchacki, Steve	Eastern Washingt	23.16	4
15 Burnett, James	Plu	23.20	5
16 Yeaw, Tony	Newport High Sch	23.30	5
17 Spaun, Ben	Whitworth	23.39	5
18 Williams, Elvie	Community Colleg	23.40	4
18 Gonzalez, Miguel	Unattached	23.40	5
20 Manthey, Jon	Washington State	23.50	4
21 Paine, Andrew	George Fox Unive	23.54	6
22 Legary, Tyler	Linfield	23.63	3
23 Maves, Drew	George Fox Unive	23.66	6
24 LaPlante, Chris	Whitworth	23.72	7
25 Schmidt, Nathan	Eastern Oregon U	23.73	6
26 Stevens, Jason	Eastern Oregon U	23.74	5
27 Schauble, Kyle	Kamiakin High Sc	24.54	7
28 Jones, Chris	Orofino Track an	24.80	7
29 Park, Matt	Whitworth	24.86	7
30 Siemieniec, Josh	Whitworth	24.93	8
31 Truman, Gary	Eastern Oregon U	25.03	6
32 Moore, Jacob	Unattached	25.18	9
33 Evans, Robert	Whitworth	25.51	8
34 Lesniak, Mark	Unattached	25.55	9
35 Morgan, Jesse	Community Colleg	25.80	8
36 Bodda, Chris	Unattached	25.95	9
37 Allen, Kelton	Lchs	26.01	8
38 Thompson, Brendan	Unattached	26.12	9

#### Men 1 Mile Run

Name	Year School	Finals
1 Hewitt, Joe	Eastern Washingt	4:28.01
2 Siebert, Nick	Community Colleg	4:28.65
3 Gavin, John	Community Colleg	4:30.45
4 Grausser, Luke	Unattached	4:30.92
5 Jahay, Caleb	Unattached	4:36.22
6 Sipko, Dan	Eastern Oregon U	4:36.76
7 Culver, Justin	Community Colleg	4:40.53
8 Mathians, David	George Fox Unive	4:42.60
9 Dalton, Josh	Deary High Schoo	4:43.34
10 Cobb, Bryan	George Fox Unive	4:43.50
11 Gahlfs, Phil	Whitworth	4:44.37
12 Scott, Andrew	Unattached	4:44.43
13 Sanders, Jake	Unattached	4:46.14
14 Huskisson, Travis	Whitworth	4:46.93
15 Fitzhugh, Curtis	Unattached	4:46.99
16 Dale, Jake	Whitworth	4:47.13
17 Finley, Steve	M42	4:48.05
18 Dort, Ben	George Fox Unive	4:51.11
19 Holt, Keith	Evhs	4:51.34

20	Chestnut, Ian	University of Id	4:51.57
21	Lehman, Steve	Unattached	4:53.18
22	Jones, Bryan	Whitworth	4:56.62
23	Borden, Nic	Community Colleg	4:56.68
24	Degenhardt, Jeff	Unattached	4:56.84
25	Clark, James	Unattached	4:57.78
26	Dalton, Jon	Deary High Schoo	5:01.05
27	Keroack, Richard	Unattached	5:01.37
28	Hamdan, Justin	Unattached	5:12.74
29	Hecks, Stephen	Unattached	5:13.99
30	Hopks, Justin	Unattached	5:26.49
--	Goulet, Adam	Community Colleg	DNF

#### Men 400 Meter Run

Name	Year School	Finals	H#
1 Moon, Alex	Unattached	48.32	1
2 Suzuki, Ryosuke	Unattached	48.92	1
3 Guggenheimer, Josh	University of Id	49.19	1
4 Giuffre, Jason	University of Id	49.42	1
5 Fischback, Tyler	Washington State	50.54	4
6 Helgath, Matthew	Community Colleg	50.73	2
7 Dillow, Ben	George Fox Unive	50.87	3
8 Priester, Josh	George Fox Unive	50.94	2
9 Seely, Brian	Eastern Washingt	51.13	2
10 Spaun, Ben	Whitworth	51.33	3
11 Gunn, Aaron	Eastern Washingt	51.38	3
12 Stevens, Jason	Eastern Oregon U	51.45	3
13 Vanassche, Scott	Linfield	51.67	2
14 Duncan, Chris	Community Colleg	52.08	4
15 Gonzalez, Miguel	Unattached	52.25	4
16 Legary, Tyler	Linfield	52.67	2
17 Fitts, John	Connell High Sch	53.33	5
18 Siemieniec, Josh	Whitworth	53.68	3
19 Bates, Tony	University of Id	54.16	1
20 Holt, Keith	Unattached	54.36	6
21 Jensen, Guy	Plu	54.59	5
22 Bullock, Johnny	Eastern Washingt	54.80	7
23 Jones, Chris	Unattached	55.15	6
24 Block, Jon	Unattached	55.35	5
25 Silver, Grant	Community Colleg	55.63	7
26 Vennum, Chris	West Valley High	55.84	5
27 Jennings, Ben	Whitworth	56.03	5
28 Hull, Isaac	Orofino Track an	56.31	7
29 Thompson, Brendan	Unattached	57.89	6
30 Degenhardt, Jeff	Unattached	58.32	6
31 Bodda, Chris	Unattached	58.39	6
32 Lara, Ricardo	Mac Hi	1:03.82	4
33 Ashley, Josh	Mac Hi	1:06.89	4

#### Men 800 Meter Run

Name	Year School	Finals
1 Howell, Brandon	Whitworth	1:57.69
2 Poffenroth, Ben	Ferris High Scho	1:58.04

3	Conrick, James	Eastern Washingt	1:58.55
4	Helgath, Matthew	Community Colleg	1:59.55
5	Taylor, Blake	University of Id	1:59.95
6	Miller, Matt	Unattached	2:00.37
7	Sagers, Dan	Linfield	2:00.54
8	Killgore, Mike	Linfield	2:01.52
9	Williams, Roy	Unattached	2:02.70
10	Roberts, Joey	Ferris High Scho	2:03.94
11	Topping, Matt	Eagle TC	2:04.00
12	Quinn, Colin	Unattached	2:05.50
13	Dalton, Josh	Deary High Schoo	2:05.66
14	Aguirre, John	Eastern Oregon U	2:06.75
15	Bush, Jason	Unattached	2:07.67
16	Stratton, Jack	Unattached	2:07.75
17	Riehle, Wes	Unattached	2:08.03
18	Holt, Keith	Evhs	2:10.94
19	Culver, Justin	Community Colleg	2:11.42
20	Higa, Peter	Community Colleg	2:12.85
21	Jones, Bryan	Whitworth	2:13.72
22	Fitts, John	Connell High Sch	2:16.84
23	Warner, Drew	Kamiakin High Sc	2:18.48
24	Dalton, Jonathan	Deary High Schoo	2:18.85
25	Whitmore, Dan	Mac Hi	2:43.71
26	Bales-Potter, Walter	Unattached	3:11.74

#### Men 1000 Meter Run

Name	Year School	Finals
1 Stupnitskiy, Anton	Warner Pacific	2:29.38
2 Flueckiger, David	Unattached	2:30.18
3 Schroeder, Ian	Eastern Oregon U	2:31.98
4 Egelus, Pat	Eastside TC	2:33.04
5 Hendricks, Nate	Eastern Oregon U	2:34.59
6 Sipko, Dan	Eastern Oregon U	2:41.23
7 Rhein, Tony	Unattached	2:48.23
8 Abbott, Kalen	Unattached	2:49.50
9 Griffith, Eric	Eastern Oregon U	2:53.50
10 Aguirre, John	Eastern Oregon U	2:53.71
11 Sigley, Dan	Unattached	3:00.41
12 Block, Jon	Unattached	3:15.06
-- Swim, Corey	Warner Pacific	DNF

#### Men 3000 Meter Run

Name	Year School	Finals
1 Cosby, Robert	Ferris Track and	8:58.76
2 Fuller, Andrew	Community Colleg	9:08.17
3 Grassley, Jeff	Whitworth	9:10.21
4 Ego, Joshua	Eastern Oregon U	9:15.82
5 Mantalas, John	Team XO	9:15.98
6 Ogwel, Mike	Unattached	9:18.30
7 Blackburn, Ty	Eastern Oregon U	9:18.44
8 Gonzalez, Lorenzo	Hermiston	9:22.92
9 Moe, Jake	George Fox Unive	9:23.71
10 Finney, Grant	George Fox Unive	9:24.04

11 Dale, Jake	Whitworth	9:25.99
12 Dean, Justin	Hermiston	9:26.46
13 Tschida, Nate	Community Colleg	9:31.80
14 Ramirez, Carlos	Unattached	9:36.85
15 Delmore, David	George Fox Unive	9:37.02
16 Fitzhugh, Curtis	Unattached	9:40.56
17 Huskisson, Travis	Whitworth	9:41.39
18 Stephenson, Corey	Community Colleg	9:41.74
19 Tobey, Matt	Unattached	9:50.50
20 Degner, Peter	University of Id	9:52.45
21 Gardner, Josh	Unattached	10:07.08
22 Lehman, Steve	Unattached	10:15.06
23 Keroack, Richard	Unattached	10:37.58
24 Howard, Kevin	Unattached	10:48.83
25 Foster, Steve	Unattached	11:24.46
26 Hettinger, Dillon	Unattached	11:38.74
-- Culver, Justin	Community Colleg	DNF

#### Men 60 Meter Hurdles

Name	Year School	Finals	H#
1 Bjerkestrand, Jared	Washington State	8.55	1
2 Luckstead, Jeff	University of Id	8.73	1
3 Griffith, Eric	Eastern Oregon U	8.76	1
4 Smith, John	Btc	8.80	2
5 Bullock, Johnny	Eastern Washingt	8.82	1
6 Williams, Elvie	Community Colleg	8.83	2
7 Samuelu, T.J.	Cascade College	8.89	1
7 Thomas, Ryan	Washington State	8.89	2
9 Dennis, L'Shawn	Eastern Washingt	8.92	1
10 Fischback, Tyler	Washington State	8.99	2
11 Swim, Corey	Warner Pacific	9.10	2
12 Mapp, Andrew	Community Colleg	9.18	1
13 Silver, Grant	Community Colleg	9.44	3
14 Adams, Roy	Unattached	9.46	3
15 Shields, Kaleb	Community Colleg	10.11	3
16 Egelus, Pat	Eastside TC	11.24	3

#### Men High Jump

Name	Year School	Finals	
1 Braman, Bryan	Shadle High Scho	2.02m	6-07.50
2 Thomas, Ryan	Washington State	1.97m	6-05.50
3 Swim, Corey	Warner Pacific	1.92m	6-03.50
4 Ludwigson, Matt	Eastern Washingt	J1.88m	6-02.00
5 Williams, Elvie	Community Colleg	J1.92m	6-03.50
6 Stewart, Daimino	Community Colleg	J1.88m	6-02.00
7 Griffith, Eric	Eastern Oregon U	1.83m	6-00.00
8 Samuelu, T.J.	Cascade College	1.78m	5-10.00
8 Higa, Peter	Community Colleg	1.78m	5-10.00
10 Tonani, Matt	Evhs	1.68m	5-06.00
11 Egelus, Pat	Eastside TC	1.63m	5-04.25
12 Morgan, Jesse	Community Colleg	1.58m	5-02.25
13 Stewart, Matt	Milton Freewater	1.37m	4-06.00
-- Pflugerton, Brett	Northwest Univer	NH	

# Men Long Jump

Name	Year School	Finals
1 Richardson, Jereme	Unattached	6.46m 21-02.50
2 Moon, Alex	Unattached	6.31m 20-08.50
3 Tonani, Matt	Evhs	J6.31m 20-08.50
4 Williams, Elvie	Community Colleg	6.21m 20-04.50
5 Beatty, Doug	George Fox Unive	6.18m 20-03.50
6 Cox, Devon	Eastern Washingt	6.10m 20-00.25
7 Swim, Corey	Warner Pacific	6.07m 19-11.00
8 Velasco, Adrian	Unattached	6.06m 19-10.75
9 Stewart, Daimino	Community Colleg	J6.06m 19-10.75
10 Luckstead, Marcus	University of Id	6.05m 19-10.25
11 Weber, Ian	Newport High Sch	6.02m 19-09.00
12 Kelton, Allen	Lchs	5.92m 19-05.25
13 Griffith, Eric	Eastern Oregon U	5.87m 19-03.25
14 Samuelu, T.J.	Cascade College	5.78m 18-11.75
15 Truman, Gary	Eastern Oregon U	5.58m 18-03.75
16 Egelus, Pat	Eastside TC	5.36m 17-07.00
17 Jensen, Guy	Plu	5.26m 17-03.25
18 More, Jacob	Unattached	5.12m 16-09.75
-- Morgan, Jesse	Community Colleg	FOUL
-- Stewart, Matt	Mac Hi	FOUL
-- Yeaw, Tony	Newport High Sch	FOUL

# Men Shot Put

Name	Year School	Finals
1 Wilson, Evan	University of Wa	15.89m 52-01.75
2 Lehosky, Corey	Eastern Washingt	15.77m 51-09.00
3 Schramm, Mike	Washington State	14.83m 48-08.00
4 Ulrick, Drew	Washington State	14.78m 48-06.00
5 Gebhardt, Derin	University of Mo	14.69m 48-02.50
6 Cooper, Adam	Eastern Oregon U	14.44m 47-04.50
7 Dixon, Jason	Community Colleg	14.24m 46-08.75
8 Olson, Travis	Unattached	14.10m 46-03.25
9 Dolny, Greg	Community Colleg	13.54m 44-05.25
10 Banning, Scott	Eastern Washingt	13.46m 44-02.00
11 Brownell, Brandon	Unattached	12.96m 42-06.25
12 Shanklin, Jacob	Community Colleg	12.95m 42-06.00
13 Perkins, Rhys	Eastern Oregon U	12.67m 41-07.00
14 Nave, John	Community Colleg	11.90m 39-00.50
15 Griffith, Eric	Eastern Oregon U	11.79m 38-08.25
16 Swim, Corey	Warner Pacific	10.95m 35-11.25
17 Ludwigson, Matt	Eastern Washingt	10.64m 34-11.00
18 Samuelu, T.J.	Cascade College	10.44m 34-03.00
19 Egelus, Pat	Eastside TC	8.63m 28-03.75
-- Stevens, Jake	University of Mo	FOUL

# Men Weight Throw

Name	Year School	Finals
1 Bortz, Dick	Eastern Oregon U	17.05m 55-11.25

2	Lehosky, Corey	Eastern Washingt	15.92m	52-02.75
3	Dewindt, Derrick	Whitworth	15.87m	52-01.00
4	Cooper, Adam	Eastern Oregon U	15.67m	51-05.00
5	Tyler, Keith	Washington State	15.56m	51-00.75
6	Shanklin, Jacob	Community Colleg	15.19m	49-10.00
7	Dixon, Jason	Community Colleg	15.00m	49-02.50
8	Bolling, Jake	Unattached	14.42m	47-03.75
9	Gebhardt, Derin	University of Mo	13.95m	45-09.25
10	Schramm, Mike	Washington State	13.40m	43-11.75
11	Millsap, Travis	Eastern Oregon U	12.96m	42-06.25
12	Dolny, Greg	Community Colleg	12.48m	40-11.50
13	Demeroutis, Jason	Eastern Oregon U	12.39m	40-07.75
14	Nave, John	Community Colleg	12.37m	40-07.00
15	Perkins, Rhys	Plu	11.56m	37-11.25
--	Smith, J.	Connell High Sch	FOUL	

#### Men Weight Throw Masters

Name	Year School	Finals
1 Mathews, George	Unattached	19.74m 64-09.25

#### Mixed 5000 Meter Run

Name	Year School	Finals
1 Abbott, Kalen	Warner Pacific	15:21.72
2 McCurry, Patrick	Eastside TC	15:42.91
3 Riley, Tim	Eastside TC	15:50.28
4 Randall, Leonard	Northwest Univer	16:10.72
5 Haas, Jacob	Albertsons	16:18.31
6 Stilwater, Tiffany	Northwest Univer	18:17.59
7 Collkitt, Stephanie	Eastern Oregon U	19:15.37
8 Bailey, Kjerstein	Northwest Univer	19:34.99
9 Dunn, Briana	Warner Pacific	21:06.71



**\*\* Personal Record    ## Season's Best    A = NWC Qualifying Mark**

**Women 4x400 Meter Relay**

1	Eastern Washington University	3:58.50
2	Community Colleges of Spokane	4:08.14
3	George Fox University	4:11.78 A
(#3 All-Time GFU Indoors)		
(Bladorn-63.3; Adams-63.2; Laack-63.1; Giffey-Brohaugh-62.0=**)		

**Women High Jump**

1	Sourhada, Tassie	Idaho	1.67m	5-05.75
2	Forbes, Michelle	George Fox	1.67m	5-05.75 ## A
3	Fouts, Sara	Ewu	1.67m	5-05.75
4	Mickle, Traci	Ewu	1.62m	5-03.75
5	Viducich, Suzy	Whitworth	1.57m	5-01.75
6	Larson, Lindsay	Linfield	1.57m	5-01.75
6	Mainer, Kayla	Ewu	1.57m	5-01.75

**Men 4x400 Meter Relay**

1	University of Idaho	3:15.23
2	Eastern Washington University	3:18.43
3	Washington State University	3:19.47
4	Community Colleges of Spokane	3:27.05
-	George Fox University	DNF
(Maves-53.5**; Bates-48.9**; Paine-51.6; Harris-dnf)		

**Men Triple Jump**

1	Kapofu, Allen	Unattached	14.32m	46-11.75
2	Lawrence, Justin	Cnw	14.18m	46-06.25
3	Snook, Ian	Unattached	12.97m	42-06.75
4	Beatty, Doug	George Fox	12.87m	42-02.75 A
5	Jarmon, Ira	Ewu	12.73m	41-09.25

**McDonald's Open****2/19/2005****Women 60 Meter Dash**

1	Heater, Haley	Eastern Washingt	7.82	1
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**Women 200 Meter Dash**

1	Heater, Haley	Eastern Washingt	25.33	1
12	Dormaier, Kristen	Whitworth	27.46	2
15	Bertholf, Kim	Plu	27.61	4
16	Hinson, Emily	Whitworth	27.62	4
18	Newell, Kelsey	Linfield	27.83	4
18	Bladorn, Kelly	George Fox Unive	27.83	5 A
(#5 All-Time GFU Indoors)				
24	Brown, Julie Kay	George Fox Unive	28.08	6 **
(#6 All-Time)				

**Women 1 Mile Run**

1	Teron, Ashley	Northwest Univer	5:25.53
2	Ouwkerk, Melinda	University of Id	5:27.57
3	Heinemann, Elaine	Whitworth	5:28.32
4	Giffey-Brohaugh, Rachel	George Fox Unive	5:30.27 A
(Converts to 5:09. for 1500)			
5	Carnahan, Andrea	Whitworth	5:33.94

**Women 400 Meter Run**

1	Wilson, Kameko	Washington State	59.26	1
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**Women 60 Meter Hurdles**

1	Burt, Molly	Community Colleg	9.44
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**Men 3000 Meter Run**

1	Cosby, Robert	Ferris Track and	8:58.76	
2	Fuller, Andrew	Community Colleg	9:08.17	
3	Grassley, Jeff	Whitworth	9:10.21	
4	Ego, Joshua	Eastern Oregon U	9:15.82	
5	Mantallas, John	Team XO	9:15.98	
9	Moe, Jake	George Fox Unive	9:23.71	**
	(#10 All-Time)			
10	Finney, Grant	George Fox Unive	9:24.04	**
11	Dale, Jake	Whitworth	9:25.99	
15	Delmore, David	George Fox Unive	9:37.02	**

**Men 60 Meter Hurdles**

1	Bjerkestrand, Jared	Washington State	8.55	1
4	Smith, John	Bruin TC	8.80	2

**Men High Jump**

1	Braman, Bryan	Shadle High Scho	2.02m	6-07.50
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**Men Long Jump**

1	Richardson, Jereme	Unattached	6.46m	21-02.50
2	Moon, Alex	Unattached	6.31m	20-08.50
3	Tonani, Matt	Evhs	J6.31m	20-08.50
4	Williams, Elvie	Community Colleg	6.21m	20-04.50
5	Beatty, Doug	George Fox Unive	6.18m	20-03.50 ##

**SPLITS**

RGB 31-58-60-62-62-57

Adams 69-77 (36-53-56)

Laack 71-76 (37-55-56)

Mathiang 30-49-49-51-54-50

Cobb 28-50-48-51-53-53

Dort 28-51-54-54-54-49

Moe 18-57-55-54-52-54-55-56-57-56

Finney 19-56-56-55-52-53-55-56-55-57

Delmore 19-57-57-56-56-57-56-56-58-57

# 2005 GFU SEASON'S BESTS (WOMEN)

a. 1/14-15 EWU Multi's  
b. 1/15 Nampa, ID Indoor  
c. 2/18 Moscow Indoor  
d. 3/5 Willamette 4-Way  
e. 3/12 NWC South  
f. 3/18 WU Spring Break  
g. 3/19 Cal Poly Inv.

h. 3/25 UPS Open  
i. 4/2 Willamette Inv.  
j. 4/9 Bruin Open  
k. 4/11-12 NWC Multi's  
l. 4/16 Linfield Tuneup  
m. 4-22-23 NWC Championships  
n. 4/29 WOU Twilight

o. 5/7 UW Shannon Inv.  
p. 5/14 SPU Foreman Inv.  
q. 5/19 WU Last Chance  
r. 5/26-28 D-3 Nationals

--2004 NWC qualifying mark

B--NCAA-III Provisional qualifying

C--NCAA III Auto. qualifying

Event	Personal	Athlete	Yr.	Mt	Q
Mark	Best				
<u>High Jump (A=4-08.25/1.43 B=5-04.50/1.64 C=5-07.25/1.71)</u>					
5-05.75/1.67-I	(5-07.00/1.70)	Michelle Forbes	(4)	c	A
	(5-06.50/1.69)	Michelle Forbes	(4)		
5-01.75/1.57	(5-02.00/1.57)	Katie Alaïmo	(1)	c	A
4-11.75/1.52	(5-02.25/1.58)	Julie Brown	(2)	c	A
	(5-02.00/1.57)	Whitney Kolb	(1)		
<u>Vault (A=9-05.75/2.89 B=10-11.75/3.35 C=12-02.00/3.71)</u>					
	(9-06.00/2.89)	Tori Black	(2)		
<u>Long Jump (A=16-00.50/4.89 B=18-00.50/5.50 C=19-00.25/5.80)</u>					
15-09.5/4.81	(16-08.75/5.10)	Michelle Forbes	(4)	a	
	(16-10.00/5.13)	Whitney Kolb	(1)		
	(16-07.00/5.05)	Katie Alaïmo	(1)		
<u>Triple Jump (A=32-02.00/9.80 B=36-11/11.25 C=39-04.50/12.00)</u>					
	(35-09.50/10.91)	Whitney Kolb	(1)		
	(35-06.50/10.83)	Michelle Forbes	(4)		
	(33-04.00/10.16)	Kelly Bladorn	(1)		
	(32-02.00/9.50)	Katie Alaïmo	(1)		
<u>Shot Put (A=33-03.75/10.15 B=42-04.25/12.90 C=46-10.25/14.28)</u>					
	(33-06.00/10.21)	Jenny Haskin	(1)		
	(29-04.50/8.95)	Michelle Forbes	(4)		
	(28-07.75/8.73)	Lindsey Blankenship	(2)		
<u>Discus (A=98-08/30.08 B=136-02/41.50 C=152-07/46.50)</u>					
	(109-02/33.29)	Jenny Haskin	(1)		
	(100-02/30.54)	Lindsey Blankenship	(2)		
	(69-03/21.10)	Tori Black	(2)		
<u>Javelin (A=108-03/32.99 B=127-07/38.90 C=142-05/43.40)</u>					
	(116-09/35.58)	Tori Black	(2)		
	(89-00/27.14)	Jenny Haskin	(1)		
<u>Hammer (A=101-10/31.03 B=150-11/46.00 C=172-07/52.60)</u>					
	(145-09/44.43)	Lindsey Blankenship	(2)		
	(68-00/20.72)	Jenny Haskin	(1)		
<u>100m Dash (A=13.73 B=12.34 C=12.01)</u>					
<u>200m Dash (A=28.01 B=25.40 C=24.50)</u>					
27.83	(27.74)	Kelly Bladorn	(1)	c	A
28.08	(30.65)	Juliekay Brown	(2)	c	A
	(26.84)	Whitney Kolb	(1)		
	(27.44)	Terah Laack	(1)		
<u>400m Dash (A=66.09 B=57.60 C=55.90)</u>					
	(59.34)	Terah Laack	(1)		
	(60.24)	Anna McLain	(1)		
	(61.94)	Melissa Marek-Farris	(1)		
	(61.97)	Bethany Adams	(1)		
	(64.34)	Melissa Noyd	(2)		
	(70.40)	Juliekay Brown	(2)		
<u>800m Run (A=2:30.39 B=2:15.80 C=2:12.00)</u>					
2:26.21-I	(2:20.14)	Bethany Adams	(1)	c	A
2:27.48-I	(2:23.24)	Terah Laack	(1)	c	A
2:50.90-I	(2:50.90)	Michelle Forbes	(3)	a	
	(2:17.64)	Jessica Beach	(1)		
	(2:18.83)	Anna McLain	(1)		
	(2:24.24)	Rachel Giffey-Brohaugh	(1)		
	(2:25.33)	Leighann Fischer	(2)		
	(2:51.97)	Kara Geertz	(2)		
<u>1500m Run (A=5:05.28 B=4:41.00 C=4:34.00)</u>					
5:09.65-Ic	(5:07.24)c	Rachel Giffey-Brohaugh	(1)	c	A
	(4:59.11)	Leighann Fischer	(2)		
	(4:59.24)c	Anna McLain	(1)		
	(5:00.22)	Jessica Beach	(1)		
	(5:00.49)	Bethany Adams	(1)		
	(5:24.62)	Kara Geertz	(2)		

Event	Personal	Athlete	Yr.	Mt	Q
Mark	Best				
<u>3000m Run (Not contested in championships)</u>					
	(10:50.21)	Leighann Fischer	(2)		
	(11:22.24)	Bethany Adams	(1)		
	(11:31.24)c	Rachel Giffey-Brohaugh	(1)		
<u>5000m Run (A=19:42.98 B=17:46.00 C=17:00.00)</u>					
	(18:47.04)	Anna McLain	(1)		
	(18:55.87)	Leighann Fischer	(2)		
	(19:22.64)	Rachel Giffey-Brohaugh	(1)		
<u>10,000m Run (A=43:57.42 B=37.50.00 C=36:00.00)</u>					
<u>100m Hurdles (A=18.09 B=15.10 C=14.43)</u>					
	(16.34)	Julie Brown	(2)		
<u>400m Hurdles (A=83.63 B=64.30 C=61.90)</u>					
	(68.72)	Julie Brown	(2)		
	(46.74)	Melissa Marek-Farris	(1)		
<u>3000m STEEPLECHASE (A=14:27.46 B=11:21.00 C=10:44.00)</u>					
<u>Heptathlon (A=None B=4100 C=4560)</u>					
<u>4 x 100m Relay (A=TOP 8 B=49.00 C=47.50)</u>					
<u>2004 BEST -- 52.34</u>					
<u>4 x 400m Relay (A=TOP-8 B=3:58.0 C=3:49.20)</u>					
<u>2004 BEST -- 4:19.87</u>					
<u>4:11.78 (Bladorn, Adams, Laack, Giffey-Brohaugh) c A</u>					
<u>4 x 4 SPLITS</u>					
<u>(LO=Leadoff leg)</u>					
63.3-I	(63.3-LO)	Bladorn	c		
	(65.9-LO)	Brown			
63.2-I	(61.7)	Adams	c		
62.0-I	(62.0)	Giffey-Brohaugh	c		
63.1-I	(---)	Laack	c		
	(60.0)	McLain			
	(60.4)	Bladorn			
	(62.3)	Beach			
	(64.0)	Fischer			
	(66.9)	Brown			
	(73.4)	Geertz			
<u>INDIVIDUAL SEASON SCORING--2004</u>					
<u>2004 LEADER -- Forbes 85</u>					

McDonald's Open - 2/19/2005  
Moscow, ID  
Results

Women 60 Meter Dash

Name	Year School	Finals	H#
1 Heater, Haley	Eastern Washingt	7.82	1
2 Schuetzle, Catie	Unattached	7.92	1
3 Garcia, Meagan	University of Id	8.00	1
4 McClenden, Nicole	Washington State	8.10	1
5 Long, Shannon	Community Colleg	8.18	1
5 Brown, Teresa	Washington State	8.18	2
5 Williams, Crystal	Eastern Washingt	8.18	1
8 Rouse, Ellen	Orofino Track an	8.28	3
9 Fordjocr, Akosua	Community Colleg	8.29	2
10 Dormaier, Kristen	Whitworth	8.33	1
11 Brown, Nicole	Whitworth	8.36	1
12 Barnes, Britney	Sport of the God	8.44	2
13 Gates, Brittany	Sport of the God	8.51	2
14 Swenson, Amanda	Connell High Sch	8.54	3
15 Olson, Neleigh	Eastern Washingt	8.55	2
16 Schrader, Staci	Cerhs	8.68	2
17 Boateng, Deborah	Eastern Washingt	8.88	3
18 Cheatum, Erin	Sport of the God	8.97	3
19 Scott, Mercedes	Unattached	9.13	3
20 Swenson, Anna	Cms	9.31	3

Women 200 Meter Dash

Name	Year School	Finals	H#
1 Heater, Haley	Eastern Washingt	25.33	1
2 McClenden, Nicole	Washington State	25.40	1
3 Griffith, Jamie	Eastern Washingt	25.59	1
4 Galaviz, Selena	Washington State	25.97	1
5 Williams, Crystal	Eastern Washingt	26.09	2
6 Johnson-Cooper, Lyndsey	Eastern Washingt	26.29	2
7 Brooks, Teresa	Washington State	26.36	2
8 Long, Shannon	Community Colleg	26.55	2
9 Clark, Alisyn	Eastern Washingt	26.76	1
10 Fordjocr, Akosua	Community Colleg	26.78	3
11 Nash, Amber	Community Colleg	27.01	3
12 Dormaier, Kristen	Whitworth	27.46	2
13 Brown, Nicole	Whitworth	27.51	3
14 Gates, Brittany	Sport of the God	27.59	5
15 Bertholf, Kim	Plu	27.61	4
16 Hinson, Emily	Whitworth	27.62	4
16 Wageman, Renee	Northwest Univer	27.62	4
18 Newell, Kelsey	Linfield	27.83	4
18 Bladorn, Kelly	George Fox Unive	27.83	5
20 Rouse, Ellen	Orofino Track an	27.92	4
20 Barnes, Britney	Sport of the God	27.92	5

22	Keller, Amy	University of Id	27.93	7
23	Wonsick, Brittany	Community Colleg	28.06	6
24	Brown, Julie Kay	George Fox Unive	28.08	6
24	Olson, Neleigh	Eastern Washingt	28.08	3
26	Bernard, Riley	Linfield	28.42	6
27	Huffman, Amy	Orofino Track an	28.89	5
28	Schrader, Staci	Cerhs	28.96	5
29	Swenson, Amanda	Connell High Sch	29.33	7
30	Boateng, Deborah	Eastern Washingt	29.39	3
31	Larson, Sarah	Plu	29.42	6
32	Harmon, Chelsee	Eastern Oregon U	29.60	7
33	Schultz, Sierra	Unattached	29.80	7
34	Cheatum, Erin	Sport of the God	30.01	6
35	Sexton, Fionna	Unattached	30.74	7

#### Women 1 Mile Run

Name	Year School	Finals
1 Teron, Ashley	Northwest Univer	5:25.53
2 Ouwerkerk, Melinda	University of Id	5:27.57
3 Heinemann, Elaine	Whitworth	5:28.32
4 Giffey-Brohaugh, Rachel	George Fox Unive	5:30.27
5 Carnahan, Andrea	Whitworth	5:33.94
6 Edwards, Shannon	Albertsons	5:35.61
7 Finney, Rian	Eastern Oregon U	5:40.69
8 Agee, Larsen	Unattached	5:46.43
9 Becker, Ruth	Community Colleg	5:47.03
10 Bates, Sara	Eastern Oregon U	5:51.40
11 Everetts, Megan	Unattached	6:00.48
12 Polanco, Edith	Unattached	6:04.38
13 Carmody, Molly	Unattached	6:12.28
14 Junkins, Katie	Unattached	6:45.45
15 Britton, Janelle	Unattached	7:00.16
16 Parkin, Veronica	Nchs	7:02.97
-- Evans, Holly	Eastern Washingt	DNF

#### Women 400 Meter Run

Name	Year School	Finals	H#
1 Wilson, Kameko	Washington State	59.26	1
2 Prunty, Caitlin	Eastern Washingt	59.28	1
3 Johnson-Cooper, Lyndsey	Eastern Washingt	59.83	1
4 Wageman, Renee	Northwest Univer	1:00.47	2
5 Keller, Amy	University of Id	1:00.69	1
6 Clark, Alisyn	Eastern Washingt	1:00.72	1
7 Errecart, Marie	University of Id	1:01.16	2
8 Newell, Kelsey	Linfield	1:01.55	2
9 Hodges, Heather	Eastern Washingt	1:03.21	2
10 Bertholf, Kim	Plu	1:03.57	2
11 Bernard, Riley	Linfield	1:03.87	3
12 Hinson, Emily	Whitworth	1:04.27	3
13 Larson, Sarah	Plu	1:04.74	4
14 Schultz, Sierra	Unattached	1:05.74	4
15 Reuland, Danielle	Linfield	1:05.95	3
16 Harmon, Chelsee	Eastern Oregon U	1:06.21	4

17 Huffman, Amy

Orofino Track an

1:07.86

4

## Women 800 Meter Run

Name	Year School	Finals
1 Gibb, Camille	Eastern Washingt	2:17.83
2 Evans, Holly	Eastern Washingt	2:25.54
3 Adams, Bethany	George Fox Unive	2:26.21
4 Laack, Terah	George Fox Unive	2:27.48
5 Woitovitch, Nicole	Eastern Oregon U	2:30.45
6 Hurd, Emily	Whitworth	2:34.28
7 Redmond, Brittany	Sport of the God	2:40.42
8 Clayton, Laura	Eastern Oregon U	2:40.48
9 Gilkison, Erin	Eastern Oregon U	2:41.12
10 Finney, Rian	Eastern Oregon U	2:41.35
11 Everetts, Janelle	McKay	2:42.79
12 Flesner, Sarah	Eastern Oregon U	2:45.05
13 Bates, Sara	Eastern Oregon U	2:45.32
14 Dobos, Marika	Eastern Oregon U	2:47.16

## Women 3000 Meter Run

Name	Year School	Finals
1 Smith, Natalie	Unattached	10:52.31
2 Colyar, Kendra	University of Id	11:09.79
3 Morley, Eileen	Washington State	11:26.25
4 Johnston, Jessica	Eastern Oregon U	11:29.42
5 Heinemann, Elaine	Whitworth	11:29.88
6 Newth, Shannon	Whitworth	12:06.29
7 Mielke, Becca	Eastern Oregon U	12:24.40

## Women 60 Meter Hurdles

Name	Year School	Finals
1 Burt, Molly	Community Colleg	9.44
2 Kinney, Erin	Warner Pacific	9.51
3 Hodges, Heather	Eastern Washingt	10.08
4 Wonsick, Brittany	Community Colleg	10.31
5 Griffin, Kristina	Community Colleg	10.44
6 Perkins, Teona	Community Colleg	10.61
7 Swenson, Anna	Cms	11.85
8 Gilkison, Erin	Eastern Oregon U	12.15

## Women High Jump

Name	Year School	Finals
1 Larson, Lindsay	Linfield	1.67m 5-05.75
2 Kinney, Erin	Warner Pacific	1.57m 5-01.75
2 Booth, Emily	Eastern Oregon U	1.57m 5-01.75
4 Mainer, Kayla	Eastern Washingt	J1.57m 5-01.75
5 Alaimo, Katie	George Fox Unive	J1.57m 5-01.75
6 Perkins, Teona	Community Colleg	J1.57m 5-01.75
7 Moran, Tara	Eastern Oregon U	1.52m 4-11.75

8	Burt, Molly	Community Colleg	J1.47m	4-09.75
8	Brown, Julie Kay	George Fox Unive	J1.52m	4-11.75
10	Wonsick, Brittany	Community Colleg	1.42m	4-07.75
10	Sampson, Nicole	Community Colleg	1.42m	4-07.75
11	Gilkison, Erin	Eastern Oregon U	J1.37m	4-06.00
12	Green, Kim	Unattached	1.37m	4-06.00

#### Women Long Jump

Name	Year School	Finals
1 Schuetzle, Catie	Unattached	5.43m 17-09.75
2 Waterhouse, Katelyn	Eastern Washingt	5.33m 17-06.00
3 Stowe, Tammy	Unattached	5.10m 16-08.75
4 Abo, Linsey	University of Id	4.99m 16-04.50
5 Nell, Candice	Eastern Washingt	4.95m 16-03.00
6 Brocard, Lisa	Unattached	4.93m 16-02.25
7 Sampson, Nicole	Unattached	4.68m 15-04.25
8 Gilkison, Erin	Eastern Oregon U	4.63m 15-02.25
9 Scott, Mercedes	Unattached	4.15m 13-07.50
10 Green, Kim	Unattached	3.79m 12-05.25

#### Women Shot Put

Name	Year School	Finals
1 Burgess, McKenzie	Washington State	13.37m 43-10.50
2 Zita, Jessica	Washington State	13.31m 43-08.00
3 Claypool, Joni	Linfield	12.96m 42-06.25
4 Lytle, Shanna	University of Id	12.88m 42-03.25
5 Woelk, Anna	Eastern Washingt	12.77m 41-10.75
6 Faire, Amanda	Eastern Washingt	12.38m 40-07.50
7 Broncheau, Jennifer	University of Id	12.35m 40-06.25
8 Bielenberg, Danielle	Linfield	11.85m 38-10.50
9 Geaudreau, Carolee	Eastern Washingt	11.58m 38-00.00
10 Jacobson, Melissa	Eastern Oregon U	11.04m 36-02.75
11 Coleman, Ronni	Community Colleg	10.33m 33-10.75
12 Wheelhouse, Chelsy	Eastern Oregon U	9.97m 32-08.50
13 Griffin, Kristina	Community Colleg	9.05m 29-08.25
14 Neuman, Missy	Community Colleg	9.01m 29-06.75
15 Gilkison, Erin	Eastern Oregon U	8.92m 29-03.25
16 Biechler, Sara	Eastern Oregon U	8.20m 26-11.00
17 Gublei, Crystal	Community Colleg	7.61m 24-11.75
18 Flesher, Sarah	Eastern Oregon U	7.17m 23-06.25
19 Nash, Amber	Community Colleg	6.68m 21-11.00

#### Women Weight Throw

Name	Year School	Finals
1 Broncheau, Jennifer	University of Id	16.62m 54-06.50
2 Wochnick, Megan	Plu	15.68m 51-05.50
3 Rosette, Cassie	Psu	15.64m 51-03.75
4 Woelk, Anna	Eastern Washingt	15.49m 50-10.00
5 Geaudreau, Carolee	Eastern Washingt	15.17m 49-09.25
6 Bertsch, Valerie	Unattached	14.46m 47-05.25
7 Bower, Amanda	Eastern Washingt	14.02m 46-00.00

8 Zita, Jessica	Washington State	13.93m	45-08.50
9 Hineline, Sarah	Washington State	13.67m	44-10.25
10 Kirley, Erika	Eastern Washingt	13.54m	44-05.25
11 Robinson, Kelcie	University of Id	13.47m	44-02.50
12 Blankenship, Lindsey	George Fox Unive	13.44m	44-01.25
13 Faire, Amanda	Eastern Washingt	12.98m	42-07.00
14 Wheelhouse, Chelsy	Eastern Oregon U	12.59m	41-03.75
15 Jacobson, Melissa	Eastern Oregon U	10.97m	36-00.00
16 Parker, Mackenzie	Unattached	10.93m	35-10.50
17 Coleman, Ronni	Community Colleg	10.77m	35-04.00
18 Carroll, Aimee	Unattached	10.55m	34-07.50
19 cruz, Bianca	Community Colleg	9.39m	30-09.75
20 Neuman, Missy	Community Colleg	8.93m	29-03.75



30th Annual Vandal Indoor - 2/18/2005  
Moscow, ID  
Results

Women 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Whyte, Angela	Unattached	7.55q	1
2 Pater, Tanya	Unattached	7.72q	2
3 Heater, Haley	Ewu	7.75q	1
4 Garcia, Megan	Idaho	7.85q	2
5 Samuel, Vernee	Idaho	7.86q	1
6 McClendon, Nicole	Wsu	7.91q	2
7 Long, Shannon	Ccs	8.06q	1
8 Williams, Crystal	Ewu	8.07q	1
9 Fordjour, Akousua	Ccs	8.23	1
10 Dormaier, Kristen	Whitworth	8.28	2
11 Brown, Nicole	Whitworth	8.41	2

Women 60 Meter Dash

Name	Year School	Finals
Finals		
1 Whyte, Angela	Unattached	7.52
2 Pater, Tanya	Unattached	7.66
3 Garcia, Megan	Idaho	7.83
4 McClendon, Nicole	Wsu	7.83
5 Long, Shannon	Ccs	8.05
6 Williams, Crystal	Ewu	8.09
-- Samuel, Vernee	Idaho	FS

Women 1 Mile Run

Name	Year School	Finals
1 Vander Meulen, Tania	Unattached	5:09.08
2 Gibb, Camille	Ewu	5:15.33
3 Evans, Holly	Ewu	5:22.04
4 Teran, Ashley	Northwest	5:24.54
5 Heinemann, Elaine	Whitworth	5:32.65

Women 400 Meter Run

Name	Year School	Finals	H#
1 Hoeck, Heather	Idaho	56.73	1
2 Probasco-Canda, Brandi	Wsu	56.74	1
3 Heater, Haley	Ewu	57.26	1
4 Patten, Jamie	Idaho	57.46	1
5 Galaviz, Selena	Wsu	57.70	2
6 Griffith, Jamie	Ewu	57.72	2
7 Wilson, Kameko	Wsu	58.94	2

8	Hammons, Natalie	Idaho	59.10	2
9	Hodges, Brittany	Idaho	59.37	1
10	Johnson-Cooper, Lyndsey	Ewu	59.51	2

#### Women 800 Meter Run

Name	Year	School	Finals
1 Metcalfe, Kelsey		Portland	2:12.27
2 Prunty, Caitlin		Ewu	2:12.48
3 Murdoch, Alisha		Idaho	2:15.36
4 Wageman, Renee		Northwest	2:17.80
5 Werther, Christina		Ccs	2:17.81
6 Perkins, Teona		Ccs	2:21.64

#### Women 3000 Meter Run

Name	Year	School	Finals
1 O'Reilly, Megan		Unattached	10:24.24
2 Clutter, Nicolle		Ewu	10:50.79
3 Edwards, Shannon		Albertson	10:51.35
4 Friend, Jessica		Idaho	10:54.46
5 Colkitt, Stephanie		Eou	11:07.64
6 Perreault, Amy		Ewu	11:08.24
7 Garruto, Kiri		Ewu	11:13.95
8 Buchholtz, Nicole		Ewu	11:16.31
9 Wittwer, Sally		Ewu	11:20.72
10 Barker, Jessyca		Eou	11:39.90

#### Women 60 Meter Hurdles

Name	Year	School	Finals
1 Whyte, Angela		Unattached	8.16
2 Kurrat, Manuela		Idaho	8.99
3 Burt, Molly		Ccs	9.33
4 Nash, Amber		Ccs	9.59
5 Griffin, Kristina		Ccs	10.19
6 Wonick, Brittany		Ccs	10.20

#### Women 4x400 Meter Relay

School	Finals
1 Eastern Washington University 'A'	3:58.50
2 Community Colleges of Spokane 'A'	4:08.14
3 George Fox University 'A'	4:11.78

#### Women High Jump

Name	Year	School	Finals
1 Sourhada, Tassie		Idaho	1.67m 5-05.75
2 Forbes, Michelle		George Fox	J1.67m 5-05.75
3 Fouts, Sara		Ewu	J1.67m 5-05.75
4 Mickle, Traci		Ewu	1.62m 5-03.75

5	Viducich, Suzy	Whitworth	1.57m	5-01.75
6	Larson, Lindsay	Linfield	J1.57m	5-01.75
6	Mainer, Kayla	Ewu	J1.57m	5-01.75

#### Women Pole Vault

Name	Year School	Finals
1 Owen, Melinda	Idaho	3.65m 11-11.75
2 Hegna, Sarah	Ewu	J3.65m 11-11.75
-- Bunday, Shelley	Wsu	NH
-- Heaton, Katie	Ups	NH

#### Women Triple Jump

Name	Year School	Prelims
Preliminaries		
1 Stowe, Tammy	Unattached	11.96mq 39-03.00
2 Meinhold, Teanna	Ewu	11.64mq 38-02.25
3 Waterhouse, Katelyn	Ewu	11.39mq 37-04.50
4 Nell, Candice	Ewu	10.83mq 35-06.50
5 Kling, Emily	Idaho	10.70mq 35-01.25
-- Biagi, Stephanie	Ewu	FOUL

#### Women Triple Jump

Name	Year School	Finals
Finals		
1 Stowe, Tammy	Unattached	11.96m 39-03.00
2 Meinhold, Teanna	Ewu	11.77m 38-07.50
3 Waterhouse, Katelyn	Ewu	11.39m 37-04.50
4 Kling, Emily	Idaho	10.98m 36-00.25
5 Nell, Candice	Ewu	10.83m 35-06.50
6 Biagi, Stephanie	Ewu	10.29m 33-09.25

#### Women Shot Put

Name	Year School	Prelims
Preliminaries		
1 Lytle, Shana	Idaho	13.41mq 44-00.00
2 Woelk, Anna	Ewu	13.37mq 43-10.50
3 Burgess, McKenzie	Wsu	13.29mq 43-07.25
4 Faire, Amanda	Ewu	13.22mq 43-04.50
5 Broncheau, Jennifer	Idaho	13.19mq 43-03.25
6 Kurrat, Manuela	Idaho	12.67mq 41-07.00
7 Geaudreau, Carolee	Ewu	11.92mq 39-01.25

#### Women Shot Put

Name	Year School	Finals
Finals		
1 Burgess, McKenzie	Wsu	13.62m 44-08.25
2 Lytle, Shana	Idaho	13.55m 44-05.50

3	Woelk, Anna	Ewu	13.37m	43-10.50
4	Faire, Amanda	Ewu	13.22m	43-04.50
5	Broncheau, Jennifer	Idaho	13.19m	43-03.25
6	Kurrat, Manuela	Idaho	12.81m	42-00.50
7	Geaudreau, Carolee	Ewu	12.52m	41-01.00

#### Women Discus Throw

Name	Year School	Prelims	
Preliminaries			
1	Thornton, Andrea	Unattached	49.83mq 163-06
2	Geaudreau, Carolee	Ewu	44.01mq 144-05
3	Burgess, McKenzie	Wsu	43.39mq 142-04
4	Woelk, Anna	Ewu	41.71mq 136-10
5	Kirley, Erica	Ewu	40.32mq 132-03
6	Zita, Jessica	Wsu	39.69mq 130-02
7	Bertsch, Valerie	Unattached	38.89mq 127-07
8	Dukes, Emily	Idaho	36.47mq 119-08
9	Demme, Jane	Unattached	36.04m 118-03
10	Faire, Amanda	Ewu	35.06m 115-00
11	LaPlante, Mallory	Unattached	34.50m 113-02
12	Robinson, Kelsie	Idaho	34.45m 113-00
13	Murillo, Dacia	Whitworth	31.15m 102-02

#### Women Discus Throw

Name	Year School	Finals	
Finals			
1	Thornton, Andrea	Unattached	50.43m 165-05
2	Burgess, McKenzie	Wsu	44.13m 144-09
3	Geaudreau, Carolee	Ewu	44.01m 144-05
4	Woelk, Anna	Ewu	41.71m 136-10
5	Dukes, Emily	Idaho	40.37m 132-05
6	Kirley, Erica	Ewu	40.32m 132-03
7	Zita, Jessica	Wsu	39.99m 131-02
8	Bertsch, Valerie	Unattached	38.89m 127-07

#### Women Weight Throw

Name	Year School	Prelims	
Preliminaries			
1	Thornton, Andrea	Unattached	17.35mq 56-11.25
2	Broncheau, Jennifer	Idaho	16.46mq 54-00.00
3	Lytle, Shana	Idaho	15.09mq 49-06.25
4	Woelk, Anna	Ewu	15.05mq 49-04.50
5	Geaudreau, Carolee	Ewu	14.85mq 48-08.75
6	Wochineck, Megan	Plu	14.48mq 47-06.25
7	Rosette, Cassie	Psu	13.58mq 44-06.75

#### Women Weight Throw

Name	Year School	Finals	
Finals			

1 Thornton, Andrea	Unattached	17.35m	56-11.25
2 Broncheau, Jennifer	Idaho	16.46m	54-00.00
3 Geaudreau, Carolee	Ewu	15.66m	51-04.50
4 Lytle, Shana	Idaho	15.52m	50-11.00
5 Rosette, Cassie	Psu	15.28m	50-01.75
6 Woelk, Anna	Ewu	15.05m	49-04.50
7 Wochineck, Megan	Plu	14.48m	47-06.25

30th Annual Vandal Indoor - 2/18/2005  
Moscow, ID  
Results

Men 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Robertson, Ronald	Wsu	6.91q	2
2 James, Sherwin	Unattached	6.94q	1
3 Carr, Phil	Ewu	6.97q	1
4 Ray, Pat	Idaho	7.00q	1
5 Cash, Herb	Idaho	7.03q	2
6 Garry, Tasheen	Ccs	7.09q	1
7 Nelson, Jarrell	Wsu	7.10q	1
8 Jayo, Talon	Eou	7.15q	2
9 Nembhard, Robert	Idaho	7.18	2
10 Brewster, Dwayne	Ccs	7.25	2
11 Johnson, Javon	Cascade	7.37	1
12 Witherspoon, Reggie	Ewu	8.42	2
-- Ruffin, J.R.	Unattached	FS	1

Men 60 Meter Dash

Name	Year School	Finals
Finals		
1 Robertson, Ronald	Wsu	6.86
2 James, Sherwin	Unattached	6.87
3 Ray, Pat	Idaho	6.95
4 Cash, Herb	Idaho	7.02
5 Nelson, Jarrell	Wsu	7.03
6 Garry, Tasheen	Ccs	7.20
7 Jayo, Talon	Eou	7.21
8 Carr, Phil	Ewu	7.60

Men 1 Mile Run

Name	Year School	Finals
1 Fluckiger, David	Albertson	4:15.09
2 Fuller, Brandon	Ewu	4:16.48
3 Engler, Dale	Idaho	4:17.91
4 Timeus, John	Ewu	4:19.08
5 Gomez, Fred	Idaho	4:21.18
6 Conrick, James	Ewu	4:21.19
7 Thompson, Mike	Idaho	4:22.78
8 Schroeder, Ian	Eou	4:24.42
9 Ceparano, Mike	Ewu	4:25.35
10 Kincaid, Curtis	Ewu	4:45.98

Men 400 Meter Run

Name	Year School	Finals	H#
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1	Cassleman, John	Wsu	49.08	1
2	Carr, Phil	Ewu	49.11	1
3	Nygard, Eric	Wsu	49.54	1
4	Wilson, Brandon	Ewu	49.89	2
5	Manthey, Jon	Wsu	50.69	2
6	Dennis, L'Shawn	Ewu	51.34	2
7	Seeley, Brian	Ewu	51.50	2
--	Whitehead, Marcus	Ewu	DNF	1

#### Men 800 Meter Run

Name	Year School	Finals
1	Gavin, John	Ccs
2	Lee, Robert	Wsu
3	Goulet, Adam	Ccs
4	Potter, Kevin	Idaho
5	Hewitt, Joe	Ewu
6	Sauer, Kris	Whitworth

#### Men 3000 Meter Run

Name	Year School	Finals
1	Riley, Tim	East Side
2	McCormick, Gerald	Ewu
3	Kohler, Leif	Wsu
4	Chestnut, Ian	Idaho
5	Kellogg, Casey	Unattached
6	Reed, Kevin	Ewu

#### Men 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Richardson, Jereme	Unattached	8.33q 1
2	Luckstead, Jeff	Idaho	8.41q 2
3	Bjerkstrand, Jared	Wsu	8.42q 2
4	Lang, Ryan	Idaho	8.49q 1
5	Dennis, L'Shawn	Ewu	8.67q 1
6	Luckstead, Marcus	Idaho	8.81q 2
7	Millar, Trevor	Northwest	9.10q 2
8	Samuleu, T.J.	Cascade	9.36q 1
9	Mapp, Andrew	Ccs	9.92 1

#### Men 60 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1	Richardson, Jereme	Unattached	8.24
2	Bjerkstrand, Jared	Wsu	8.34
3	Luckstead, Jeff	Idaho	8.51
4	Dennis, L'Shawn	Ewu	8.56
5	Samuleu, T.J.	Cascade	8.92

6 Luckstead, Marcus	Idaho	8.94
7 Millar, Trevor	Northwest	9.08
-- Lang, Ryan	Idaho	FS

#### Men 4x400 Meter Relay

School	Finals
1 University of Idaho 'A'	3:15.23
2 Eastern Washington University 'A'	3:18.43
3 Washington State University 'A'	3:19.47
4 Community Colleges of Spokane 'A'	3:27.05
-- George Fox University 'A'	DNF

#### Men High Jump

Name	Year School	Prelims
Preliminaries		
1 Clemmens, Luke	Ewu	1.93mq 6-04.00
2 Pflugrath, Brett	Northwest	1.88mq 6-02.00
3 Sargent, David	Ewu	1.83mq 6-00.00
-- Ludwigson, Matt	Ewu	NH

#### Men Pole Vault

Name	Year School	Finals
1 Trimble, Shawn	Eou	4.95m 16-02.75
2 Richardson, Jereme	Unattached	4.65m 15-03.00
3 Tioganagco, Dayson	Linfield	J4.65m 15-03.00
4 Powell, Jaymes	Ccs	J4.65m 15-03.00
5 Uhlenkott, Mike	Unattached	4.50m 14-09.00
6 Taylor, Vance	Ccs	J4.50m 14-09.00
7 Gause, Greg	Ups	J4.50m 14-09.00
8 Krings, Mike	Ewu	4.35m 14-03.25
9 Brown, DJ	Wsu	J4.35m 14-03.25
-- Smith, John	Bruin	NH
-- Gumke, Shawn	Unattached	NH
-- Shrak, Justin	Ewu	NH

#### Men Triple Jump

Name	Year School	Finals
1 Kapofu, Allen	Unattached	14.32m 46-11.75
2 Lawrence, Justin	Cnw	14.18m 46-06.25
3 Snook, Ian	Unattached	12.97m 42-06.75
4 Beatty, Doug	George Fox	12.87m 42-02.75
5 Jarmon, Ira	Ewu	12.73m 41-09.25

#### Men Shot Put

Name	Year School	Prelims
Preliminaries		
1 Winger, Russ	Unattached	17.11mq 56-01.75



2	Gehring, Tim	Unattached	16.87mq	55-04.25
3	Weingard, Ty	Ewu	15.85mq	52-00.00
4	Paul, David	Unattached	15.50mq	50-10.25
5	Wilson, Evan	Washington	15.45mq	50-08.25
6	Lehosky, Corey	Ewu	15.33mq	50-03.50
7	Ulrick, Andrew	Wsu	15.22mq	49-11.25
8	Dixon, Jason	Ccs	15.13mq	49-07.75
9	Schramm, Michael	Wsu	14.85m	48-08.75

#### Men Shot Put

Name	Year School	Finals
Finals		
1	Gehring, Tim	Unattached 17.16m 56-03.75
2	Winger, Russ	Unattached 17.11m 56-01.75
3	Paul, David	Unattached 16.16m 53-00.25
4	Wilson, Evan	Washington 16.04m 52-07.50
5	Weingard, Ty	Ewu 15.85m 52-00.00
6	Lehosky, Corey	Ewu 15.33m 50-03.50
7	Ulrick, Andrew	Wsu 15.22m 49-11.25
8	Dixon, Jason	Ccs 15.13m 49-07.75
9	Schramm, Michael	Wsu 14.85m 48-08.75

#### Men Discus Throw

Name	Year School	Prelims
Preliminaries		
1	Schwinn, Mat	Iron Wood 57.51mq 188-08
2	Conwell, Will	Washington 57.42mq 188-05
3	Winger, Russ	Unattached 51.77mq 169-10
4	Bortz, Dirk	Eou 51.12mq 167-08
5	Lehosky, Corey	Ewu 48.74mq 159-11
6	Ulrick, Andrew	Wsu 48.43mq 158-11
7	Dixon, Jason	Ccs 47.63mq 156-03
8	Paul, David	Unattached 47.56mq 156-00
9	Wauters, Matthew	Unattached 47.40m 155-06
10	Demeroutis, Jason	Ewu 46.30m 151-11
11	Schramm, Michael	Wsu 44.05m 144-06
12	Quinn, Mike	Ewu 43.74m 143-06
13	Gebhardt, Darren	University of Mo 42.75m 140-03
14	Cooper, Adam	Eou 41.71m 136-10
15	Dolny, Greg	Ccs 41.39m 135-09
16	Shankling, Jacob	Ccs 40.61m 133-03
17	Mattox, Marcus	Unattached 40.28m 132-02
--	Stevens, Jake	University of Mo FOUL

#### Men Discus Throw

Name	Year School	Finals
Finals		
1	Schwinn, Mat	Iron Wood 57.51m 188-08
2	Conwell, Will	Washington 57.42m 188-05
3	Winger, Russ	Unattached 54.34m 178-03
4	Dixon, Jason	Ccs 52.24m 171-05

5	Bortz, Dirk	Eou	51.12m	167-08
6	Paul, David	Unattached	50.23m	164-09
7	Lehosky, Corey	Ewu	48.74m	159-11
8	Ulrick, Andrew	Wsu	48.43m	158-11

#### Men Weight Throw

Name	Year School	Prelims
Preliminaries		
1 Wauters, Matthew	Unattached	18.89mq 61-11.75
2 Bortz, Dirk	Eou	16.85mq 55-03.50
3 Quinn, Mike	Ewu	16.82mq 55-02.25
4 Paul, David	Unattached	16.53mq 54-02.75
5 Mattox, Marcus	Unattached	16.14mq 52-11.50
5 Hendricks, Wes	Idaho	16.14mq 52-11.50
7 Cooper, Adam	Eou	15.76mq 51-08.50
8 Dewindt, Derrick	Whitworth	14.59mq 47-10.50
9 Tyler, Keith	Wsu	14.39m 47-02.50
10 Dixon, Jason	Ccs	14.33m 47-00.25
11 Lehosky, Corey	Ewu	14.15m 46-05.25
12 Weingard, Ty	Ewu	13.31m 43-08.00

#### Men Weight Throw

=====				
Name		Year School	Finals	
=====				
Finals				
1	Wauters, Matthew	Unattached	18.89m	61-11.75
2	Bortz, Dirk	Eou	17.07m	56-00.00
3	Quinn, Mike	Ewu	16.82m	55-02.25
4	Paul, David	Unattached	16.59m	54-05.25
5	Mattox, Marcus	Unattached	16.14m	52-11.50
6	Hendricks, Wes	Idaho	J16.14m	52-11.50
7	Cooper, Adam	Eou	15.76m	51-08.50
8	Dewindt, Derrick	Whitworth	14.59m	47-10.50

**GEORGE FOX UNIVERSITY  
TRACK and FIELD  
MEN'S RECORDS**

<b>100</b>	10.43	Gregg Griffin	3 - 4	1978-79
<b>200</b>	21.31	Ryan Chaney	4	1997
<b>400</b>	45.98	Ryan Chaney	4	1997
<b>800</b>	1:50.00	Todd Boss	4	1991
<b>1500</b>	3:46.25	Jonathan Morse	2	1992
<b>3000</b>	8:25.34	Jonathan Morse	3	1993
<b>3000 STPL</b>	8:49.8	Steve Blikstad	4	1979
<b>5000</b>	14:22.4	Steve Blikstad	4	1979
<b>10000</b>	30:42.74	Mark Mohnen	4	1991
<b>110 H</b>	13.7	Adolphus Onua	2	1985
<b>400 H</b>	52.30.	David Parker	2	1997
<b>4 x 100</b>	41.5c	Amadu Karoma Chad Neeley	Mark Reynolds Gregg Griffin	1978
<b>4 x 400</b>	3:11.10	Peter Carmack David Parker	Ryan Chaney Jim Haley	1997
<b>HJ</b>	7-00.5 (2.15)	Tim Hagen	4	1990
<b>PV</b>	15-08 (4.77)	Dave McDonald	2 - 4	1969-71
<b>LJ</b>	23-09 (7.24)	Amadu Karoma	4	1978
<b>TJ</b>	48-07.5 (14.82)	Aaron Young	4	1996
<b>SHOT</b>	55-03 (16.84)	Bob Hadlock	3	1968
<b>DISCUS</b>	168-06 (51.36)	Charlie Keeran	4	1980
<b>JAVELIN</b>	204-10 (62.44)	David Nickell	2	1988
<b>HAMMER</b>	170-03 (51.90)	Allan Morrow	4	1979
<b>DECATHLON</b>	7138	John Smith	3	1995

**GEORGE FOX UNIVERSITY  
TRACK and FIELD  
WOMEN'S RECORDS**

<b>100</b>	12.05	Jackie Jackson	1	1981
<b>200</b>	24.60.	Joyce Yates	1	1979
<b>400</b>	56.22	Shavon Dennis	1	1980
<b>800</b>	2:13.44	Debbie Kintrea	3	1992
<b>1500</b>	4:36.24	Juli Cyrus	3	1992
<b>3000</b>	9:46.30	Juli Cyrus	2	1992
<b>3000 STPL</b>	11:24.3	Tori Taylor	4	2002
<b>5000</b>	16:45.75	Jill Beals	4	1992
<b>10000</b>	34:25.5	Jill Beals	4	1992
<b>100 H</b>	14.63	Sharon Barnett	4	2000
<b>400 H</b>	1:01.29	Liz Stephens	4	1996
<b>4 x 100</b>	48.56	Billie Bentley Amanda Burrus	Joy Butler Kelly Scrutton	1994
<b>4 x 400</b>	3:46.06	Kristin Oelrich Nancy Rissmiller	Liz Stephens Amy Redenius	1996
<b>HJ</b>	5-10 (1.78)	Nancy Rissmiller	1	1995
<b>PV</b>	12-05.5 (3.80)	Heather Hunt	4	2001
<b>LJ</b>	18-08.75 (5.71)	Kelsey Baron	4	2003
<b>TJ</b>	39-01.25 (11.92)	Kelsey Baron	3	2002
<b>SHOT</b>	43-04.25 (13.21)	Sarah Zempel	1	2001
<b>DISCUS</b>	151-01 (46.06)	Paula Wittenburg	4	1986
<b>JAVELIN</b>	156-11 (47.84)	Becci Harper	3	1996
<b>HAMMER</b>	141-09 (43.20)	Erin Paisley	2	2002
<b>HEPTATHLON</b>	4556	Marlyss Stenberg	4	1993

## TEAM SCORES

1	Lincoln University	69.0
2	Wisconsin La Crosse	66.5
3	Nebraska Wesleyan	54.0
4	Willamette University	43.0
5	North Central College	31.5
6	Calvin College	30.0
7	Wartburg College	29.0
8	New Jersey City U	28.5
9=	Richard Stockton	24.0
9=	Wisconsin Oshkosh	24.0
11	Williams College	22.0
12	Mass Inst Technology	21.0
13	Monmouth College (IL)	20.0
14=	Middlebury College	18.0
14=	Loras College	18.0
14=	Widener University	18.0
17=	George Fox Univ	16.0
17=	Howard Payne	16.0
19=	Central College (Ia)	14.0
19=	McMurry University	14.0
55=	Pacific Lutheran	2.0

## 100

1	Augustine Schmader, Sr, Lincoln	10.53
2	John Biacofsky, Sr, Mount Union	10.63
3	Greg Nixon, Fr, Howard Payne	10.66
4	Bret Blake, Sr, Nebraska Wesleyan	10.79
5	Tom O'Neill, Sr, Oneonta S U N Y	10.80
6	Matt Turman, Jr, Nebraska Wesleyan	10.81
7	Brandon Tripp, Jr, Greenville	10.83
8	Anthony Miles, Fr, New Jersey City	11.92

## 200

1	Greg Nixon, Fr, Howard Payne	20.96w
2	Bobby Young, So, Lincoln U	21.09w
3	Nate Olson, Jr, Wisc. La Crosse	21.14w
4	Bret Blake, Sr, Nebraska Wesleyan	21.37w
5	John Symanski, Jr, Williams	21.45w
6	Matthew Harden, Fr, Ill. Wesleyan	21.55w
7	Jeremy Webster, So, E. Mennonite	21.90w
8	Nick Wetherby, So, Cortland SUNY	22.20w

## 400

1	Bobby Young, So, Lincoln U	45.95
2	Nate Olson, Jr, Wisc. La Crosse	46.28
3	Josh Hauser, Jr, Wartburg College	47.28
4	Anthony Campbell, Fr, NJ City U	47.38
5	Nik Bonaddio, Sr, Carnegie Mellon	47.68
6	Adam Pennington, Fr, North Central	48.15
7	Mike Schmidt, Fr, Widener	48.61
8	Louis Corominas, Jr, DeSales	54.75

## 800

1	Nick Symmonds, Jr, Willamette	1:49.87
2	Jeff Zodda, Jr, College of NJ	1:51.35
3	Eddie Papalia, Sr, Haverford	1:52.04
4	Julius White, So, North Central	1:52.10
5	Blake Henning, Jr, Neb. Wesleyan	1:52.20
6	Evan Knight, Fr, Neb. Wesleyan	1:52.80
7	Patrick Donovan, So, Eliz.town	1:54.96
8	Colin McKean, Sr, St. Norbert	1:56.47

## 1500

1	Nick Symmonds, Jr, Willamette	3:54.20
2	Aaron Dye, Jr, Neb. Wesleyan	3:54.61
3	Dave Bridgewater, Sr, Keene St	3:55.66
4	Bobby Cannon, Sr, Haverford	3:56.02
5	Andy Hubner, Jr, North Central	3:57.01
6	Jeff Engbers, Sr, Calvin College	3:57.19
7	Ryan TerLouw, So, Hope College	3:57.57
8	Matt DeShane, Jr, Plattsburgh	3:58.87

## 5000 Meter Run

1	Josh Moen, Sr, Wartburg	14:36.22
2	Macharia Yuot, Jr, Widener	14:37.83
3	Ted Turner, Sr, Geneseo S U N Y	14:44.16
4	Kris Koster, Sr, Calvin	14:44.82
5	Graham Wellman, Sr, DePauw	14:46.56
6	Mark Lalonde, Sr, Wisc. Stevens Pt	14:47.70
7	Neal Holtschulte, Jr, Williams	14:48.66
8	Tim Finnegan, Fr, Calvin	14:49.66

## 10000 Meter Run

1	Josh Moen, Sr, Wartburg	30:31.45
2	Macharia Yuot, Jr, Widener	30:45.55
4	Ted Turner, Sr, Geneseo S U N Y	30:46.90
		30:47.60
5	Kris Koster, Sr, Calvin	30:47.96
6	Tim Finnegan, Fr, Calvin	30:50.99
7	Jeff Metzдорff, Sr, Hamline	30:51.94
8	Mike Sawicki, Jr, Otterbein	30:54.21

## 110 Meter Hurdles

1	Richard Harris, Sr, Buffalo State	14.12
2	Paul Klemic, Jr, Richard Stockton	14.22
3	Greg Bolton, Jr, Christopher Newport	14.42
4	Pierre Chapman, Sr, Lincoln U	14.43
5	Kelvin Figgs, Fr, McMurry	14.56
6	Jonathan Garcia, So, Mass Dartmouth	14.58
7	Johnnie Taylor, Jr, NJ City U	14.61
8	John Fudge, Jr, Lincoln U	15.00

## 400 Meter Hurdles

1	Blake Boma, Jr, Monmouth (IL)	51.78
2	Jeff Jasmin, Sr, Lincoln U.	52.26
3	Darren DeAngelis, Jr, Eliz.town	53.04
4	Geoff Kaiser, So, Loras College	53.36
5	Kevin Bright, Jr, Middlebury	53.45
6	Seth Harris, So, George Fox Univ	53.68
7	Nolan Hietpas, Jr, Wisc. La Crosse	54.13
8	Brad Peterson, Fr, Wisc. La Crosse	54.91

## 4x400 Meter Relay

1	Wisconsin La Crosse	3:08.71
2	Lincoln University	3:09.86
3	Nebraska Wesleyan	3:12.24
4	New Jersey City U	3:12.25
5	Central College (IA)	3:12.49
6	Wartburg College,	3:12.86
7	Carnegie Mellon	3:14.03
8	Wilmington College	3:14.69

## Long Jump

1	Paul Klemic, Jr, Richard Stockton	25-2 [-0.7w] (7.67m)
2	Greg Tyson, Fr, Heidelberg College	24-3 1/2 (7.40m)
3	Jed Droge, Fr, Nebraska Wesleyan	23-11 3/4 [+1.6w] (7.31m)
4	Herc Hyland, Sr, Wisconsin La Crosse	23-9 1/2w (7.25m)
5	Geoff Kaiser, So, Loras College	23-6 1/4 (7.17m)
6	Broderick Maybank, Jr, McDaniel College	23-6 1/4 (7.17m)
7	Fred Jones, So, Tufts University	23-6 (7.16m)
8	Hyron Griffith, So, New Jersey City U	23-5 1/2 (7.15m)

## Triple Jump

- 1 Yudehweh Gbaa, Fr, Lincoln University  
49-6 1/4 (15.09m)
- 2 Fred Jones, So, Tufts University  
49-1 3/4 (14.98m)
- 3 Bryson Taylor, Sr, Greenville College  
48-11 (14.91m)
- 4 DeAndre Bovan, Sr, University of Dubuque  
48-10 1/4 (14.89m)
- 5 Augustine Schmader, Sr, Lincoln U  
48-6 3/4 (14.80m)
- 6 Xavier Garcia, Sr, Colby College  
48-6 3/4 (14.80m)
- 7 Aaron Henderson, Sr, Wisc. Whitewater  
48-0 3/4w (14.65m)
- 8 Nick Fix, Jr, Wisconsin Platteville  
47-8w (14.53m)

## Shot Put

- 1 Cody Brotherton, Sr, McMurry  
60-4 3/4 (18.41m)
- 2 Uzoma Orji, Jr, MIT  
58-3 (17.75m)
- 3 Brandon Houle, So, Wisc. Oshkosh  
58-2 1/2 (17.74m)
- 4 Nate Meckes, Jr, Calvin  
57-9 (17.60m)
- 5 John Schuna, Sr, Wisc. Eau Claire  
56-0 1/2 (17.08m)
- 6 Robert Godfrey, Jr, Rowan  
55-2 (16.81m)
- 7 Ross Parker, Sr, Simpson College  
54-0 (16.46m)
- 8 John Reilly, Sr, Loras College  
53-8 1/4 (16.36m)

## Discus Throw

- 1 Dan Austin, Jr, Williams College  
196-1 (59.76m)  
NCAA Championships record
- 2 Nate Meckes, Jr, Calvin  
194-10 (59.38m)
- 3 Pete Ringquist, Jr, Wisc. Whitewater  
184-8 (56.30m)
- 4 James Eberhardt, Sr, Mary Washington  
179-9 (54.79m)
- 5 Ryan Tietjen, Sr, Nebraska Wesleyan  
179-1 (54.58m)
- 6 Marcus Matyas, Jr, Cortland S U N Y  
177-7 (54.14m)
- 7 Dan Hytinen, Fr, Wisc. Whitewater  
173-6 (52.89m)
- 8 Justin Grasmeyer, Jr, Calvin  
172-10 (52.68m)

## Hammer Throw

- 1 Kevin Becker, So, Wisc. La Crosse  
208-10 (63.66m)
- 2 Uzoma Orji, Jr, MIT  
189-2 (57.67m)
- 3 Nate Matlock, Sr, Willamette  
188-4 (57.41m)
- 4 Tom McIntire, Jr, Augustana (IL)  
185-7 (56.58m)
- 5 Steve Pratt, Sr, Wisc. Oshkosh  
185-5 (56.52m)
- 6 Brandon Houle, So, Wisc. Oshkosh  
182-1 (55.50m)
- 7 Dan Haakenson, Sr, PLU  
180-4 (54.98m)
- 8 Dwayne Lockridge, Jr, Anderson (IN)  
180-0 (54.86m)
- 9 Scott Cooper, Sr, Bates College  
179-4 (54.66m)

## Javelin Throw

- 1 Christoph Becker, Jr, Middlebury  
205-7 (62.67m)
- 2 Bruce Zapasnik, Sr, Mass Dartmouth  
205-1 (62.51m)
- 3 Jim Roy, Fr, Baldwin-Wallace  
204-6 (62.33m)
- 4 Matt Gassaway, Sr, George Fox  
202-10 (61.83m)
- 5 Steve Atkinson, Jr, Middlebury  
196-1 (59.76m)
- 6 David Bergeron, Jr, Westfield State  
195-9 (59.67m)
- 7 Corey White, Fr, Univ of Redlands  
194-7 (59.32m)
- 8 Tim Robinson, Sr, Salisbury University  
192-4 (58.63m)

## High Jump

- 1 Cale VanGenderen, Sr, Central College (Ia)  
6-11 1/2 (2.12m)
- 2 Andy Stoecken, Jr, Loras College  
-11 1/2 (2.12m)
- 3 Paul Klemic, Jr, Richard Stockton  
6-11 1/2 (2.12m)
- 4 Johnnie Taylor, Jr, New Jersey City U  
6-9 (2.06m)
- 4 Tim Bowser, So, Rowan University  
6-9 (2.06m)
- 6 Zach Larsen, Sr, Willamette  
6-8 (2.03m)
- 7 Rick Easterling, Sr, Bridgewater (VA)  
6-8 (2.03m)
- 8 Tom Roszak, Sr, Wisc. Oshkosh  
6-8 (2.03m)

## Pole Vault

- 1 Brian DeLorica, Sr, North Central  
16-11 (5.16m)
- 2 Nick Pergande, Jr, Wisc. La Crosse  
16-11 (5.16m)
- 3 Matt Novak, So, Wisc. La Crosse  
16-7 1/4 (5.06m)
- 4 Nathan Ball, Sr, MIT  
16-7 1/4 (5.06m)
- 5 Chris Swanson, Sr, Otterbein College  
16-3 1/4 (4.96m)
- 6 Kyle Stumpfenhorst, Sr, North Central  
15-9 1/4 (4.81m)
- 6 Jon Heinz, Jr, Wisc. La Crosse  
15-9 1/4 (4.81m)
- 8 Jacob Bremer, Sr, North Central  
15-9 1/4 (4.81m)

## Decathlon

- 1 Kevin Deering, Sr, Wisc. Oshkosh 7104
- 2 Ben Dillow, So, George Fox Univ 6932  
11.35, 20'0.5" (6.11m), 37'7.25" (11.46),  
6'2.75" (1.90m), 50.01\*\*  
15.57, 122'1" (37.21m), 14'1.25" (4.30m),  
164'7" (50.18m), 4:28.69\*\*
- 3 Tyler May, Sr, Willame 6841
- 4 John Brodowski, Sr, Muhlenberg 6818
- 5 Trevor Tersmette, Sr, Rensselaer 6750
- 6 Doug Thomasey, Sr, Lynchburg 6749
- 7 Joe Northrup, Sr, Bates College 6721
- 8 Lewis Howes, Sr, Principia College 6671

## TEAM SCORES

Scored 10-8-6-5-4-3-2-1

1	Wartburg College	43.0
2=	Wisconsin Oshkosh	42.0
2=	Calvin College	42.0
4	College of New Jersey	41.0
5=	Amherst College	32.0
5=	Univ of St. Thomas	32.0
7	Williams College	29.0
8=	Bates College	26.0
8=	Wisconsin Eau Claire	26.0
10	New Jersey City U	25.0
11=	Willamette University	24.0
11=	Carthage College	24.0
13=	Luther College	22.0
13=	Washington (Missouri)	22.0
15	Wisconsin Stevens Pt	19.0
16	Wisconsin La Crosse	18.0
17	Lincoln University	16.0
18	City College of N Y	15.0
19=	Westfield State	13.0
19=	Concordia (Wisconsin)	13.0
19=	Wisconsin Platteville	13.0
32=	George Fox Univ	8.0
32=	Wisconsin Whitewater	8.0
38	Linfield College	7.0
55=	Pacific (Oregon)	3.0

## 100

1	Diana Lawson, Sr, NJ City U	11.82w
2	Precious Macklin, Fr, Lincoln U	11.85w
3	Mechelle Barnwell, So, CCNY	11.90w
4	Brittney Boyd, Jr, College of N	12.06w
5	Muffy Israel, Sr, Carthage	12.09w
6	Happy Darcus, Sr, Christopher Newport	12.11w
7	Lauren Deas, Fr, Cabrini	12.17w
8	Tameka Jackson, Sr, Rutgers Camden	12.18w

## 200

1	Diana Lawson, Sr, N City U	24.10
2	Precious Macklin, Fr, Lincoln U	24.27
3	Sue Abbring, Sr, Calvin	24.38
4	Musu Jackson-Buckner, Jr, Oneonta SUNY	24.53
5	Mechelle Barnwell, So, CCNY	24.55
6	Tiffany Clark, Jr, College of NJ	24.81
7	Happy Darcus, Sr, Christopher Newport	24.87
8	Brittney Boyd, Jr, College of NJ	24.88

## 400

1	Tiffany Clark, Jr, College of NJ	54.59
2	Sue Abbring, Sr, Calvin College	55.10
3	Ashlee Robertson, Jr, Oneonta SUNY	55.16
4	Bridget Burns, So, Wartburg	55.84
5	Rachel Anderson, Fr, Ill. Wesleyan	55.86
6	Melissa Marvin, Sr, Wisc. La Crosse	56.48
7	Lindsay Lange, Fr, Hope College	56.86
8	Gena Rawlins, Sr, Ill. Wesleyan	58.52

## 800

## Prelims

5	Anna McLain, Fr, George Fox Univ	2:16.78
6	Rachel Giffey-Brohaugh, Fr, GFU	2:20.37

## Final

1	Marcia Taddy, So, Wisc Platteville	2:11.54
2	Alicia Andrews, Sr, Willamette	2:12.62
3	Heidi Porter, Fr, Wartburg	2:13.68
4	Joanna Simonis, Sr, Bryn Mawr	2:13.77
5	Laura Ehret, Jr, Washington (MO)	2:14.43
6	Megan Kielar, Jr, Wisc. Whitewater	2:14.80
7	Angela Tecco, So, College of NJ	2:15.01
8	Amber Druien, So, North Central	2:17.17

## 1500

1	Missy Buttry, Sr, Wartburg	4:27.27
2	Brigid Power, Sr, St. Thomas	4:32.41
3	Jenna Mitchler, Jr, Wisc. Stevens Pt	4:33.25
4	Gina Lucrezi, Sr, DeSales	4:33.41
5	Megan Craig, Sr, Wisc. Stevens Pt	4:33.66
6	Marcia Taddy, So, Wisc. Platteville	4:34.18
7	Shauneen Garrahan, So, Amherst	4:34.19
8	Leah Shouey, Sr, Allegheny College	4:36.91

## 5000 Meter Run

1	Missy Buttry, Sr, Wartburg	16:11.90
2	Carter Hamill, Sr, Amherst	16:39.02
3	Natalie Retrum, Sr, Luther College	17:06.93
4	Amanda Kuca, Jr, Concordia-Wisc	17:07.69
5	Shannon McConville, Sr, John Carroll	17:08.27
6	Maggie Grabow, Sr, Washington (MO)	17:12.69
7	Keidra Anderson, Jr, Hamline	17:14.78
8	Melissa St. Clair, Sr, Elizabethtown	17:14.78

## 10000

1	Carter Hamill, Sr, Amherst	34:00.43
2	Caroline Cretti, Jr, Williams	35:09.34
3	Natalie Retrum, Sr, Luther	35:25.73
4	Leah Peelman, Jr, Hanover	35:27.43
5	Maggie Grabow, Sr, Washington (MO)	35:46.95
6	Keidra Anderson, Jr, Hamline	36:13.54
7	Melissa St. Clair, Sr, Elizabethtown	36:16.96
8	Erin Claxton, Sr, Grove City	36:18.74

## 100M Hurdles

1	Sheana Grigsby, Jr, Carthage	14.08
2	Aislinn Sowash, So, Haverford	14.36
3	Liz Goergen, Sr, Wisc. Stevens Pt	14.42
4	Denay Caldwell, Sr, NJ City U	14.42
5	Jennifer Stafslie, Sr, Wisc. Eau Claire	14.50
6	Hallie Hutchens, Sr, Washington (MO)	14.54
7	Christina Acquaviva, So, Cortland SUNY	14.56
8	Breanna Mc Mullen, Sr, Wisc. Eau Claire	14.56

## 400M Hurdles

1 Emily Lepley, So, Susquehanna	61.20
2 Shannon McGrane, Sr, Willamette	61.30
3 Stephanie Arey, So, Wartburg	62.37
4 Jen Dias, So, Rensselaer Poly Inst	62.39
5 Jordyn Smith, Fr, Willamette	62.74
6 Ashley Palmer, Sr, Lynchburg	63.33
7 Sheana Grigsby, Jr, Carthage	66.11
8 Laura Hamilton, Sr, Calvin	85.39

## 3000m Steeplechase

1 Shauneen Garrahan, So, Amherst	10:33.21
2 Amanda Kuca, Jr, Concordia (Wisc)	10:36.78
3 Julia Rudd, Sr, Wisc. La Crosse	10:41.92
4 Gina Lucrezi, Sr, DeSales	10:50.69
5 Ellie Fernandez, Sr, John Carroll	10:55.76
6 Julie Coats, Jr, Hendrix	10:56.32
7 Anna King, Fr, Colby College	10:58.83
8 Caitlin Bradley, Fr, Dickinson	11:01.06

## 4x100 Meter Relay

1 College of New Jersey	47.04
2 Carthage College	47.26
3 St. Benedict	47.55
4 City College of N Y	47.62
5 Univ of La Verne	47.73
6 Texas Lutheran	48.20
Lincoln University	DQ
New Jersey City U	DNF

## 4x400 Meter Relay

1 College of New Jersey	3:45.58
2 Washington (Missouri)	3:46.13
3 Wartburg College	3:46.14
4 Calvin College	3:47.82
5 Wisconsin La Crosse	3:48.70
6 Univ of St. Thomas	3:50.42
7 Wisconsin Eau Claire	3:51.48
8 Willamette University	3:54.19

## Long Jump

1 Andretta Colley, Sr, St. Thomas	19-5 1/4 (5.92m)
2 Jennifer Stafslie, Sr, Wisc. Eau Claire	19-0 1/2 (5.80m)
3 Kristal Grigsby, Jr, St. Thomas	18-11 3/4 (5.78m)
4 Tessa Donoghue, Sr, Westfield State	18-9 3/4 (5.73m)
5 Marquita Mines, Sr, Christopher Newport	18-8 3/4 (5.71m)
6 Katie Walker, Jr, Kenyon College	18-5 1/4 (5.62m)
7 Abby Vanderah, Sr, Loras College	18-3 1/4 (5.57m)
8 Laura Verdegan, Sr, Wisconsin Stout	18-3 1/4 (5.57m)

## Triple Jump

1 Doreen Nagawa, So, Wilmington	41-1 3/4 (12.54m)
2 Tessa Donoghue, Sr, Westfield	39-9 1/4 (12.12m)
3 Katie Pettigrew, Sr, Luther	39-3 3/4 (11.98m)
4 Caroline Doctor, So, Williams	39-2 1/2 (11.95m)
5 Andretta Colley, Sr, St. Thomas	39-1 1/4 (11.92m)
6 Angie Hawk, Jr, Millikin	39-0 1/4 (11.89m)
7 Lee-Jay Henry, Sr, Amherst College	38-8 1/4 (11.79m)
8 Kristal Grigsby, Jr, St. Thomas	38-6 1/4 (11.74m)

## Shot Put

1 Robyn Jarocki, Jr, Wisconsin Oshkosh	48-0 1/2 (14.64m)
2 Kelly Godsey, Jr, Bates College	47-2 1/4 (14.38m)
3 Megann VanderVliet, So, Calvin	46-4 3/4 (14.14m)
4 Joni Claypool, Jr, Linfield	46-4 (14.12m)
5 Jamie Eastham, Sr, Muskingum	45-5 3/4 (13.86m)
6 Lisa Nanninga, Sr, Calvin	45-4 1/2 (13.83m)
7 Danielle Rankin, Jr, Wisc. Oshkosh	44-6 3/4 (13.58m)
8 Lynn Schneider, Sr, Cornell College	44-0 1/2 (13.42m)

## Discus Throw

1 Robyn Jarocki, Jr, Wisc. Oshkosh	171-9 (52.34m)
2 Kelly Godsey, Jr, Bates College	154-2 (46.99m)
3 Anna Morrison, So, Williams	144-4 (44.01m)
4 Christina Niehaus, Fr, Greenville College	142-7 (43.47m)
5 Jess Jewell, Fr, Luther	142-5 (43.40m)
6 Julia Slabosheski, Sr, Wisc. Stevens Pt	139-5 (42.51m)
7 Danielle Bielenberg, Jr, Linfield	138-8 (42.27m)
8 Rachel Rothermel, So, McMurry	138-1 (42.09m)

## Hammer Throw

PRELIMS	
Lindsey Blankenship, Jr, George Fox Univ	154-5 (47.07m)
1 Kelly Godsey, Jr, Bates College	195-4 (59.55m)
NCAA Championships record	
2 Robyn Jarocki, Jr, Wisc. Oshkosh	184-10 (56.35m)
3 Anne Baker, Sr, Univ of Rochester	175-2 (53.41m)
4 Beth Proeber, Sr, Wisc. Whitewater	172-9 (52.65m)
5 Terri Schwamb, So, Wisc. Oshkosh	170-10 (52.08m)
6 Danielle Rankin, Jr, Wisc. Oshkosh	168-5 (51.34m)
7 Caroline Capper, Jr, Simpson College	165-10 (50.55m)
8 Rachel Charlston, Sr, Principia College	165-0 (50.31m)



## Javelin Throw

- 1 Tiffany Masuhr, Sr, Richard Stockton  
148-10 (45.37m)
- 2 Brittini Stewart, So, Colby-Sawyer College  
144-5 (44.02m)
- 3 Kristen Sinclair, Sr, Southern Maine  
139-8 (42.58m)
- 4 Kirsten Larsen, Sr, Wheaton College (Ma)  
139-7 (42.54m)
- 5 Alicia Whisner, So, Central College (Ia)  
139-0 (42.37m)
- 6 Kelsey Stolz, Fr, Willamette 137-2 (41.81m)
- 7 Ellen Thys, Fr, Loras College 133-9 (40.78m)
- 8 Nicole Plante, Sr, Concordia Moorhead  
131-6 (40.08m)

## High Jump

- 1 Christyn Schumann, Jr, Trinity U (Texas)  
5-9 1/4 (1/76)
- 2 Michelle Forbes, Sr, George Fox  
5-8 (1.73m) \*\*  
(#2 All-TIME, #2 SENIOR)
- 3 Amanda Haney, Fr, Geneseo Suny  
5-8 (1.73m)
- 4 Ashley Dingels, Sr, St. Mary's (Minn)  
5-7 (1.70m)
- 5 Kim Deprez, Jr, Geneseo SUNY  
5-5 (1.65m)
- 5 Samantha Miller, So, Wisc. Superior  
5-5 (1.65m)
- 5 Kimberly Vanderzee, Jr, Calvin  
5-5 (1.65m)
- 8 Jessica Owens, Fr, Wisc. Eau Claire  
5-5 (1.65m)

## Pole Vault

- 1 Stephanie Barnes, Jr, Wisc. Eau Claire  
12-2 1/2 (3.72m)
- 2 Jen VanderMeer, So, Hope College  
12-2 1/2 (3.72m)
- 2 Chelsea Sherier, So, Univ of La Verne  
12-2 1/2 (3.72m)
- 4 Kelly Rehn, So, Wisc. Oshkosh  
12-2 1/2 (3.72m)
- 5 Missy Smith, Jr, Calvin  
12-2 1/2 (3.72m)
- 6 Bethany Renner, Sr, Wisc. La Crosse  
12-2 1/2 (3.72m)
- 7 Angela Hilgers, Sr, Wisconsin La Crosse  
11-10 1/2 (3.62m)  
(3.52[2], 3.62)
- 8 Meghan Voiland, So, Augustana (Illinois)  
11-10 1/2 (3.62m)

## Heptathlon

- 1 Joyia Chadwick, Sr, WiCo 4931
- 2 Jillian Crandall, Jr, WRF 4894
- 3 Christine Hendricks, Jr, CaCo 4818
- 4 Laura Verdegan, Sr, WiSt 4811
- 5 Christina Acquaviva, So, CSUNY 4757
- 6 Brooke Barker, So, PaOr 4647
- 7 Nicole Plante, Sr, CoMo 4640
- 8 Jasmine Jones-Green, Fr, CoCo 4585



## TEAM SCORES

1	Lincoln University	69.0
2	Wisconsin La Crosse	66.5
3	Nebraska Wesleyan	54.0
4	Willamette University	43.0
5	North Central College	31.5
6	Calvin College	30.0
7	Wartburg College	29.0
8	New Jersey City U	28.5
9=	Richard Stockton	24.0
9=	Wisconsin Oshkosh	24.0
11	Williams College	22.0
12	Mass Inst Technology	21.0
13	Monmouth College (IL)	20.0
14=	Middlebury College	18.0
14=	Loras College	18.0
14=	Widener University	18.0
17=	George Fox Univ	16.0
17=	Howard Payne	16.0
19=	Central College (Ia)	14.0
19=	McMurry University	14.0
55=	Pacific Lutheran	2.0

## 100

1	Augustine Schmader, Sr, Lincoln	10.53
2	John Biacofsky, Sr, Mount Union	10.63
3	Greg Nixon, Fr, Howard Payne	10.66
4	Bret Blake, Sr, Nebraska Wesleyan	10.79
5	Tom O'Neill, Sr, Oneonta S U N Y	10.80
6	Matt Turman, Jr, Nebraska Wesleyan	10.81
7	Brandon Tripp, Jr, Greenville	10.83
8	Anthony Miles, Fr, New Jersey City	11.92

## 200

1	Greg Nixon, Fr, Howard Payne	20.96w
2	Bobby Young, So, Lincoln U	21.09w
3	Nate Olson, Jr, Wisc. La Crosse	21.14w
4	Bret Blake, Sr, Nebraska Wesleyan	21.37w
5	John Symanski, Jr, Williams	21.45w
6	Matthew Harden, Fr, Ill. Wesleyan	21.55w
7	Jeremy Webster, So, E. Mennonite	21.90w
8	Nick Wetherby, So, Cortland SUNY	22.20w

## 400

1	Bobby Young, So, Lincoln U	45.95
2	Nate Olson, Jr, Wisc. La Crosse	46.28
3	Josh Hauser, Jr, Wartburg College	47.28
4	Anthony Campbell, Fr, NJ City U	47.38
5	Nik Bonaddio, Sr, Carnegie Mellon	47.68
6	Adam Pennington, Fr, North Central	48.15
7	Mike Schmidt, Fr, Widener	48.61
8	Louis Corominas, Jr, DeSales	54.75

## 800

1	Nick Symmonds, Jr, Willamette	1:49.87
2	Jeff Zodda, Jr, College of NJ	1:51.35
3	Eddie Papalia, Sr, Haverford	1:52.04
4	Julius White, So, North Central	1:52.10
5	Blake Henning, Jr, Neb. Wesleyan	1:52.20
6	Evan Knight, Fr, Neb. Wesleyan	1:52.80
7	Patrick Donovan, So, Eliz.town	1:54.96
8	Colin McKean, Sr, St. Norbert	1:56.47

## 1500

1	Nick Symmonds, Jr, Willamette	3:54.20
2	Aaron Dye, Jr, Neb. Wesleyan	3:54.61
3	Dave Bridgewater, Sr, Keene St	3:55.66
4	Bobby Cannon, Sr, Haverford	3:56.02
5	Andy Hubner, Jr, North Central	3:57.01
6	Jeff Engbers, Sr, Calvin College	3:57.19
7	Ryan TerLouw, So, Hope College	3:57.57
8	Matt DeShane, Jr, Plattsburgh	3:58.87

## 5000 Meter Run

1	Josh Moen, Sr, Wartburg	14:36.22
2	Macharia Yuot, Jr, Widener	14:37.83
3	Ted Turner, Sr, Geneseo S U N Y	14:44.16
4	Kris Koster, Sr, Calvin	14:44.82
5	Graham Wellman, Sr, DePauw	14:46.56
6	Mark Lalonde, Sr, Wisc. Stevens Pt	14:47.70
7	Neal Holtschulte, Jr, Williams	14:48.66
8	Tim Finnegan, Fr, Calvin	14:49.66

## 10000 Meter Run

1	Josh Moen, Sr, Wartburg	30:31.45
2	Macharia Yuot, Jr, Widener	30:45.55
4	Ted Turner, Sr, Geneseo S U N Y	30:46.90
		30:47.60
5	Kris Koster, Sr, Calvin	30:47.96
6	Tim Finnegan, Fr, Calvin	30:50.99
7	Jeff Metzдорff, Sr, Hamline	30:51.94
8	Mike Sawicki, Jr, Otterbein	30:54.21

## 110 Meter Hurdles

1	Richard Harris, Sr, Buffalo State	14.12
2	Paul Klemic, Jr, Richard Stockton	14.22
3	Greg Bolton, Jr, Christopher Newport	14.42
4	Pierre Chapman, Sr, Lincoln U	14.43
5	Kelvin Figgis, Fr, McMurry	14.56
6	Jonathan Garcia, So, Mass Dartmouth	14.58
7	Johnnie Taylor, Jr, NJ City U	14.61
8	John Fudge, Jr, Lincoln U	15.00

## 400 Meter Hurdles

1	Blake Boma, Jr, Monmouth (IL)	51.78
2	Jeff Jasmin, Sr, Lincoln U.	52.26
3	Darren DeAngelis, Jr, Eliz.town	53.04
4	Geoff Kaiser, So, Loras College	53.36
5	Kevin Bright, Jr, Middlebury	53.45
6	Seth Harris, So, George Fox Univ	53.68
7	Nolan Hietpas, Jr, Wisc. La Crosse	54.13
8	Brad Peterson, Fr, Wisc. La Crosse	54.91

## 4x400 Meter Relay

1	Wisconsin La Crosse	3:08.71
2	Lincoln University	3:09.86
3	Nebraska Wesleyan	3:12.24
4	New Jersey City U	3:12.25
5	Central College (IA)	3:12.49
6	Wartburg College,	3:12.86
7	Carnegie Mellon	3:14.03
8	Wilmington College	3:14.69

## Long Jump

1	Paul Klemic, Jr, Richard Stockton	25-2 [-0.7w] (7.67m)
2	Greg Tyson, Fr, Heidelberg College	24-3 1/2 (7.40m)
3	Jed Droge, Fr, Nebraska Wesleyan	23-11 3/4 [+1.6w] (7.31m)
4	Herc Hyland, Sr, Wisconsin La Crosse	23-9 1/2w (7.25m)
5	Geoff Kaiser, So, Loras College	23-6 1/4 (7.17m)
6	Broderick Maybank, Jr, McDaniel College	23-6 1/4 (7.17m)
7	Fred Jones, So, Tufts University	23-6 (7.16m)
8	Hyron Griffith, So, New Jersey City U	23-5 1/2 (7.15m)

## Triple Jump

- 1 Yudehweh Gbaa, Fr, Lincoln University  
49-6 1/4 (15.09m)
- 2 Fred Jones, So, Tufts University  
49-1 3/4 (14.98m)
- 3 Bryson Taylor, Sr, Greenville College  
48-11 (14.91m)
- 4 DeAndre Bovann, Sr, University of Dubuque  
48-10 1/4 (14.89m)
- 5 Augustine Schmader, Sr, Lincoln U  
48-6 3/4 (14.80m)
- 6 Xavier Garcia, Sr, Colby College  
48-6 3/4 (14.80m)
- 7 Aaron Henderson, Sr, Wisc. Whitewater  
48-0 3/4w (14.65m)
- 8 Nick Fix, Jr, Wisconsin Platteville  
47-8w (14.53m)

## Shot Put

- 1 Cody Brotherton, Sr, McMurry  
60-4 3/4 (18.41m)
- 2 Uzoma Orji, Jr, MIT  
58-3 (17.75m)
- 3 Brandon Houle, So, Wisc. Oshkosh  
58-2 1/2 (17.74m)
- 4 Nate Meckes, Jr, Calvin  
57-9 (17.60m)
- 5 John Schuna, Sr, Wisc. Eau Claire  
56-0 1/2 (17.08m)
- 6 Robert Godfrey, Jr, Rowan  
55-2 (16.81m)
- 7 Ross Parker, Sr, Simpson College  
54-0 (16.46m)
- 8 John Reilly, Sr, Loras College  
53-8 1/4 (16.36m)

## Discus Throw

- 1 Dan Austin, Jr, Williams College  
196-1 (59.76m)  
NCAA Championships record
- 2 Nate Meckes, Jr, Calvin  
194-10 (59.38m)
- 3 Pete Ringquist, Jr, Wisc. Whitewater  
184-8 (56.30m)
- 4 James Eberhardt, Sr, Mary Washington  
179-9 (54.79m)
- 5 Ryan Tietjen, Sr, Nebraska Wesleyan  
179-1 (54.58m)
- 6 Marcus Matyas, Jr, Cortland S U N Y  
177-7 (54.14m)
- 7 Dan Hytinen, Fr, Wisc. Whitewater  
173-6 (52.89m)
- 8 Justin Grasmeyer, Jr, Calvin  
172-10 (52.68m)

## Hammer Throw

- 1 Kevin Becker, So, Wisc. La Crosse  
208-10 (63.66m)
- 2 Uzoma Orji, Jr, MIT  
189-2 (57.67m)
- 3 Nate Matlock, Sr, Willamette  
188-4 (57.41m)
- 4 Tom McIntire, Jr, Augustana (IL)  
185-7 (56.58m)
- 5 Steve Pratt, Sr, Wisc. Oshkosh  
185-5 (56.52m)
- 6 Brandon Houle, So, Wisc. Oshkosh  
182-1 (55.50m)
- 7 Dan Haakenson, Sr, PLU  
180-4 (54.98m)
- 8 Dewayne Lockridge, Jr, Anderson (IN)  
180-0 (54.86m)
- 9 Scott Cooper, Sr, Bates College  
179-4 (54.66m)

## Javelin Throw

- 1 Khristoph Becker, Jr, Middlebury  
205-7 (62.67m)
- 2 Bruce Zapasnik, Sr, Mass Dartmouth  
205-1 (62.51m)
- 3 Jim Roy, Fr, Baldwin-Wallace  
204-6 (62.33m)
- 4 Matt Gassaway, Sr, George Fox  
202-10 (61.83m)
- 5 Steve Atkinson, Jr, Middlebury  
196-1 (59.76m)
- 6 David Bergeron, Jr, Westfield State  
195-9 (59.67m)
- 7 Corey White, Fr, Univ of Redlands  
194-7 (59.32m)
- 8 Tim Robinson, Sr, Salisbury University  
192-4 (58.63m)

## High Jump

- 1 Cale VanGenderen, Sr, Central College (Ia)  
6-11 1/2 (2.12m)
- 2 Andy Stoecken, Jr, Loras College  
-11 1/2 (2.12m)
- 3 Paul Klemic, Jr, Richard Stockton  
6-11 1/2 (2.12m)
- 4 Johnnie Taylor, Jr, New Jersey City U  
6-9 (2.06m)
- 4 Tim Bowser, So, Rowan University  
6-9 (2.06m)
- 6 Zach Larsen, Sr, Willamette  
6-8 (2.03m)
- 7 Rick Easterling, Sr, Bridgewater (VA)  
6-8 (2.03m)
- 8 Tom Roszak, Sr, Wisc. Oshkosh  
6-8 (2.03m)

## Pole Vault

- 1 Brian DeLorica, Sr, North Central  
16-11 (5.16m)
- 2 Nick Pergande, Jr, Wisc. La Crosse  
16-11 (5.16m)
- 3 Matt Novak, So, Wisc. La Crosse  
16-7 1/4 (5.06m)
- 4 Nathan Ball, Sr, MIT  
16-7 1/4 (5.06m)
- 5 Chris Swanson, Sr, Otterbein College  
16-3 1/4 (4.96m)
- 6 Kyle Stumpfenhorst, Sr, North Central  
15-9 1/4 (4.81m)
- 6 Jon Heinz, Jr, Wisc. La Crosse  
15-9 1/4 (4.81m)
- 8 Jacob Bremer, Sr, North Central  
15-9 1/4 (4.81m)

## Decathlon

- 1 Kevin Deering, Sr, Wisc. Oshkosh 7104
- 2 Ben Dillow, So, George Fox Univ 6932  
11.35, 20'0.5" (6.11m), 37'7.25" (11.46),  
6'2.75" (1.90m), 50.01\*\*  
15.57, 122'1" (37.21m), 14'1.25" (4.30m),  
164'7" (50.18m), 4:28.69\*\*
- 3 Tyler May, Sr, Willame 6841
- 4 John Brodowski, Sr, Muhlenberg 6818
- 5 Trevor Tersmette, Sr, Rensselaer 6750
- 6 Doug Thomasey, Sr, Lynchburg 6749
- 7 Joe Northrup, Sr, Bates College 6721
- 8 Lewis Howes, Sr, Principia College 6671

## TEAM SCORES

Scored 10-8-6-5-4-3-2-1

1	Wartburg College	43.0
2=	Wisconsin Oshkosh	42.0
2=	Calvin College	42.0
4	College of New Jersey	41.0
5=	Amherst College	32.0
5=	Univ of St. Thomas	32.0
7	Williams College	29.0
8=	Bates College	26.0
8=	Wisconsin Eau Claire	26.0
10	New Jersey City U	25.0
11=	Willamette University	24.0
11=	Carthage College	24.0
13=	Luther College	22.0
13=	Washington (Missouri)	22.0
15	Wisconsin Stevens Pt	19.0
16	Wisconsin La Crosse	18.0
17	Lincoln University	16.0
18	City College of N Y	15.0
19=	Westfield State	13.0
19=	Concordia (Wisconsin)	13.0
19=	Wisconsin Platteville	13.0
32=	George Fox Univ	8.0
32=	Wisconsin Whitewater	8.0
38	Linfield College	7.0
55=	Pacific (Oregon)	3.0

## 100

1	Diana Lawson, Sr, NJ City U	11.82w
2	Precious Macklin, Fr, Lincoln U	11.85w
3	Mechelle Barnwell, So, CCNY	11.90w
4	Brittney Boyd, Jr, College of N	12.06w
5	Muffy Israel, Sr, Carthage	12.09w
6	Happy Darcus, Sr, Christopher Newport	12.11w
7	Lauren Deas, Fr, Cabrini	12.17w
8	Tameka Jackson, Sr, Rutgers Camden	12.18w

## 200

1	Diana Lawson, Sr, N City U	24.10
2	Precious Macklin, Fr, Lincoln U	24.27
3	Sue Abbring, Sr, Calvin	24.38
4	Musu Jackson-Buckner, Jr, Oneonta SUNY	24.53
5	Mechelle Barnwell, So, CCNY	24.55
6	Tiffany Clark, Jr, College of NJ	24.81
7	Happy Darcus, Sr, Christopher Newport	24.87
8	Brittney Boyd, Jr, College of NJ	24.88

## 400

1	Tiffany Clark, Jr, College of NJ	54.59
2	Sue Abbring, Sr, Calvin College	55.10
3	Ashlee Robertson, Jr, Oneonta SUNY	55.16
4	Bridget Burns, So, Wartburg	55.84
5	Rachel Anderson, Fr, Ill. Wesleyan	55.86
6	Melissa Marvin, Sr, Wisc. La Crosse	56.48
7	Lindsay Lange, Fr, Hope College	56.86
8	Gena Rawlins, Sr, Ill. Wesleyan	58.52

## 800

## Prelims

5	Anna McLain, Fr, George Fox Univ	2:16.78
6	Rachel Giffey-Brohaugh, Fr, GFU	2:20.37

## Final

1	Marcia Taddy, So, Wisc Platteville	2:11.54
2	Alicia Andrews, Sr, Willamette	2:12.62
3	Heidi Porter, Fr, Wartburg	2:13.68
4	Joanna Simonis, Sr, Bryn Mawr	2:13.77
5	Laura Ehret, Jr, Washington (MO)	2:14.43
6	Megan Kielar, Jr, Wisc. Whitewater	2:14.80
7	Angela Tecco, So, College of NJ	2:15.01
8	Amber Druien, So, North Central	2:17.17

## 1500

1	Missy Buttry, Sr, Wartburg	4:27.27
2	Brigid Power, Sr, St. Thomas	4:32.41
3	Jenna Mitchler, Jr, Wisc. Stevens Pt	4:33.25
4	Gina Lucrezi, Sr, DeSales	4:33.41
5	Megan Craig, Sr, Wisc. Stevens Pt	4:33.66
6	Marcia Taddy, So, Wisc. Platteville	4:34.18
7	Shauneen Garrahan, So, Amherst	4:34.19
8	Leah Shouey, Sr, Allegheny College	4:36.91

## 5000 Meter Run

1	Missy Buttry, Sr, Wartburg	16:11.90
2	Carter Hamill, Sr, Amherst	16:39.02
3	Natalie Retrum, Sr, Luther College	17:06.93
4	Amanda Kuca, Jr, Concordia-Wisc	17:07.69
5	Shannon McConville, Sr, John Carroll	17:08.27
6	Maggie Grabow, Sr, Washington (MO)	17:12.69
7	Keidra Anderson, Jr, Hamline	17:14.78
8	Melissa St. Clair, Sr, Elizabethtown	

## 10000

1	Carter Hamill, Sr, Amherst	34:00.43
2	Caroline Cretti, Jr, Williams	35:09.34
3	Natalie Retrum, Sr, Luther	35:25.73
4	Leah Peelman, Jr, Hanover	35:27.43
5	Maggie Grabow, Sr, Washington (MO)	35:46.95
6	Keidra Anderson, Jr, Hamline	36:13.54
7	Melissa St. Clair, Sr, Elizabethtown	36:16.96
8	Erin Claxton, Sr, Grove City	36:18.74

## 100M Hurdles

1	Sheana Grigsby, Jr, Carthage	14.08
2	Aislinn Sowash, So, Haverford	14.36
3	Liz Goergen, Sr, Wisc. Stevens Pt	14.42
4	Denay Caldwell, Sr, NJ City U	14.42
5	Jennifer Stafslie, Sr, Wisc. Eau Claire	14.50
6	Hallie Hutchens, Sr, Washington (MO)	14.54
7	Christina Acquaviva, So, Cortland SUNY	14.56
8	Breanna Mc Mullen, Sr, Wisc. Eau Claire	14.56

## 400M Hurdles

1 Emily Lepley, So, Susquehanna	61.20
2 Shannon McGrane, Sr, Willamette	61.30
3 Stephanie Arey, So, Wartburg	62.37
4 Jen Dias, So, Rensselaer Poly Inst	62.39
5 Jordyn Smith, Fr, Willamette	62.74
6 Ashley Palmer, Sr, Lynchburg	63.33
7 Sheana Grigsby, Jr, Carthage	66.11
8 Laura Hamilton, Sr, Calvin	85.39

## 3000m Steeplechase

1 Shauneen Garrahan, So, Amherst	10:33.21
2 Amanda Kuca, Jr, Concordia (Wisc)	10:36.78
3 Julia Rudd, Sr, Wisc. La Crosse	10:41.92
4 Gina Lucrezi, Sr, DeSales	10:50.69
5 Ellie Fernandez, Sr, John Carroll	10:55.76
6 Julie Coats, Jr, Hendrix	10:56.32
7 Anna King, Fr, Colby College	10:58.83
8 Caitlin Bradley, Fr, Dickinson	11:01.06

## 4x100 Meter Relay

1 College of New Jersey	47.04
2 Carthage College	47.26
3 St. Benedict	47.55
4 City College of N Y	47.62
5 Univ of La Verne	47.73
6 Texas Lutheran	48.20
Lincoln University	DQ
New Jersey City U	DNF

## 4x400 Meter Relay

1 College of New Jersey	3:45.58
2 Washington (Missouri)	3:46.13
3 Wartburg College	3:46.14
4 Calvin College	3:47.82
5 Wisconsin La Crosse	3:48.70
6 Univ of St. Thomas	3:50.42
7 Wisconsin Eau Claire	3:51.48
8 Willamette University	3:54.19

## Long Jump

1 Andretta Colley, Sr, St. Thomas	19-5 1/4 (5.92m)
2 Jennifer Stafslie, Sr, Wisc. Eau Claire	19-0 1/2 (5.80m)
3 Kristal Grigsby, Jr, St. Thomas	18-11 3/4 (5.78m)
4 Tessa Donoghue, Sr, Westfield State	18-9 3/4 (5.73m)
5 Marquita Mines, Sr, Christopher Newport	18-8 3/4 (5.71m)
6 Katie Walker, Jr, Kenyon College	18-5 1/4 (5.62m)
7 Abby Vanderah, Sr, Loras College	18-3 1/4 (5.57m)
8 Laura Verdegan, Sr, Wisconsin Stout	18-3 1/4 (5.57m)

## Triple Jump

1 Doreen Nagawa, So, Wilmington	41-1 3/4 (12.54m)
2 Tessa Donoghue, Sr, Westfield	39-9 1/4 (12.12m)
3 Katie Pettigrew, Sr, Luther	39-3 3/4 (11.98m)
4 Caroline Doctor, So, Williams	39-2 1/2 (11.95m)
5 Andretta Colley, Sr, St. Thomas	39-1 1/4 (11.92m)
6 Angie Hawk, Jr, Millikin	39-0 1/4 (11.89m)
7 Lee-Jay Henry, Sr, Amherst College	38-8 1/4 (11.79m)
8 Kristal Grigsby, Jr, St. Thomas	38-6 1/4 (11.74m)

## Shot Put

1 Robyn Jarocki, Jr, Wisconsin Oshkosh	48-0 1/2 (14.64m)
2 Kelly Godsey, Jr, Bates College	47-2 1/4 (14.38m)
3 Megann VanderVliet, So, Calvin	46-4 3/4 (14.14m)
4 Joni Claypool, Jr, Linfield	46-4 (14.12m)
5 Jamie Eastham, Sr, Muskingum	45-5 3/4 (13.86m)
6 Lisa Nanninga, Sr, Calvin	45-4 1/2 (13.83m)
7 Danielle Rankin, Jr, Wisc. Oshkosh	44-6 3/4 (13.58m)
8 Lynn Schneider, Sr, Cornell College	44-0 1/2 (13.42m)

## Discus Throw

1 Robyn Jarocki, Jr, Wisc. Oshkosh	171-9 (52.34m)
2 Kelly Godsey, Jr, Bates College	154-2 (46.99m)
3 Anna Morrison, So, Williams	144-4 (44.01m)
4 Christina Niehaus, Fr, Greenville College	142-7 (43.47m)
5 Jess Jewell, Fr, Luther	142-5 (43.40m)
6 Julia Slabosheski, Sr, Wisc. Stevens Pt	139-5 (42.51m)
7 Danielle Bielenberg, Jr, Linfield	138-8 (42.27m)
8 Rachel Rothermel, So, McMurry	138-1 (42.09m)

## Hammer Throw

PRELIMS	
<u>Lindsey Blankenship, Jr, George Fox Univ</u>	<u>154-5 (47.07m)</u>
1 Kelly Godsey, Jr, Bates College	195-4 (59.55m)
NCAA Championships record	
2 Robyn Jarocki, Jr, Wisc. Oshkosh	184-10 (56.35m)
3 Anne Baker, Sr, Univ of Rochester	175-2 (53.41m)
4 Beth Proeber, Sr, Wisc. Whitewater	172-9 (52.65m)
5 Terri Schwamb, So, Wisc. Oshkosh	170-10 (52.08m)
6 Danielle Rankin, Jr, Wisc. Oshkosh	168-5 (51.34m)
7 Caroline Capper, Jr, Simpson College	165-10 (50.55m)
8 Rachel Charlston, Sr, Principia College	165-0 (50.31m)

## Javelin Throw

1 Tiffany Masuhr, Sr, Richard Stockton	148-10 (45.37m)
2 Brittni Stewart, So, Colby-Sawyer College	144-5 (44.02m)
3 Kristen Sinclair, Sr, Southern Maine	139-8 (42.58m)
4 Kirsten Larsen, Sr, Wheaton College (Ma)	139-7 (42.54m)
5 Alicia Whisner, So, Central College (Ia)	139-0 (42.37m)
6 Kelsey Stolz, Fr, Willamette	137-2 (41.81m)
7 Ellen Thys, Fr, Loras College	133-9 (40.78m)
8 Nicole Plante, Sr, Concordia Moorhead	131-6 (40.08m)

## High Jump

1 Christyn Schumann, Jr, Trinity U (Texas)	5-9 1/4 (1/76)
<u>2 Michelle Forbes, Sr, George Fox</u>	<u>5-8 (1.73m) **</u>
(#2 All-TIME, #2 SENIOR)	
3 Amanda Haney, Fr, Geneseo Suny	5-8 (1.73m)
4 Ashley Dingels, Sr, St. Mary's (Minn)	5-7 (1.70m)
5 Kim Deprez, Jr, Geneseo SUNY	5-5 (1.65m)
5 Samantha Miller, So, Wisc. Superior	5-5 (1.65m)
5 Kimberly Vanderzee, Jr, Calvin	5-5 (1.65m)
8 Jessica Owens, Fr, Wisc. Eau Claire	5-5 (1.65m)

## Pole Vault

1 Stephanie Barnes, Jr, Wisc. Eau Claire	12-2 1/2 (3.72m)
2 Jen VanderMeer, So, Hope College	12-2 1/2 (3.72m)
2 Chelsea Sherier, So, Univ of La Verne	12-2 1/2 (3.72m)
4 Kelly Rehn, So, Wisc. Oshkosh	12-2 1/2 (3.72m)
5 Missy Smith, Jr, Calvin	12-2 1/2 (3.72m)
6 Bethany Renner, Sr, Wisc. La Crosse	12-2 1/2 (3.72m)
7 Angela Hilgers, Sr, Wisconsin La Crosse	11-10 1/2 (3.62m)
	(3.52[2], 3.62)
8 Meghan Voiland, So, Augustana (Illinois)	11-10 1/2 (3.62m)

## Heptathlon

1 Joyia Chadwick, Sr, WiCo	4931
2 Jillian Crandall, Jr, WRF	4894
3 Christine Hendricks, Jr, CaCo	4818
4 Laura Verdegan, Sr, WiSt	4811
5 Christina Acquaviva, So, CSUNY	4757
6 Brooke Barker, So, PaOr	4647
7 Nicole Plante, Sr, CoMo	4640
8 Jasmine Jones-Green, Fr, CoCo	4585





## 2005 NWC CHAMPIONSHIPS

at Linfield 4/22-23

Prelim weather-sunny warm Finals - wet, windy, cool

## WOMEN'S TEAM SCORING

1) Willamette	225.50	2) Whitworth	125
3) Linfield	117.50	4) <u>George Fox</u>	103
5) Puget Sound	71.50	6) Lewis and Clark	66.50
7) Pacific Lutheran	54	8) Pacific	53

Women 100 Meter Dash

1 May, Andrea	WU	12.92
2 Brown, Nicole	Whtw	12.98
3 Marken, Sarah	Whtw	13.13
4 Hinson, Emily	Whtw	13.14
5 Forbes, Michelle	George Fox	13.16
6 Dormaier, Kristen	Whtw	13.24
7 Bladorn, Kelly	George Fox	13.58
8 Morton, Jeva	Pacific Lutheran	13.73

PRELIMS -- Forbes 12.86 \*\* (#3 Senior); Bladorn 13.29

Women 200 Meter Dash

1 Barker, Brooke	Pacific	26.20
2 May, Andrea	WU	26.40
3 Swan, Jody	Lewis and Clark	26.50
4 Hanson, Mariah	WU	26.90
5 Newell, Kelsey	Linfield	27.20
6 Bertholf, Kim	Pacific Lutheran	27.30
7 Brown, Nicole	Whtw	27.90

PRELIMS -- Bladorn 27.17 \*\*

Women 400 Meter Dash

1 Barker, Brooke	Pacific	57.66
2 Swan, Jody	Lewis and Clark	58.20
3 Andrews, Alicia	WU	58.32
4 Hanson, Mariah	WU	59.39
5 Newell, Kelsey	Linfield	1:00.29
6 Bertholf, Kim	Pacific Lutheran	1:00.50
7 Schiele, Shannon	Linfield	1:00.72
8 Senescall, Stephanie	Puget Sound	1:03.00

PRELIMS -- Noyd 1:02.82 \*\*

Women 800 Meter Run

1 Andrews, Alicia	WU	2:17.8ht
2 Giffey-Brohaugh, Rachel	George Fox	2:19.4
3 Heinemann, Elaine	Whtw	2:20.6
4 Adams, Bethany	George Fox	2:20.6
5 Vandehey, Stephanie	WU	2:21.1
6 Killam, Carly	WU	2:22.2
7 McHattie, Carla	Lewis and Clark	2:23.0
8 Carnahan, Andrea	Whtw	2:24.4

PRELIMS -- RGB 2:19.37; Adams 2:21.06 ##; Laack 2:24.83;  
Beach- 2:26.53

Women 1500 Meter Run

1 Killam, Carly	WU	4:51.55
2 Stepan, Casey	Linfield	4:51.95
3 McHattie, Carla	Lewis and Clark	4:52.84
4 Zerzan, Sarah	WU	4:52.96
5 Orzell, Sarah	Puget Sound	4:53.14
6 McLain, Anna	George Fox	4:54.06
7 Phillips, Amanda	Lewis and Clark	5:00.53
8 Hart, Elizabeth	WU	5:01.16

Women 5000 Meter Run

1 Godfrey, Colleen	Puget Sound	18:05.00
2 Dickey, E. Kristi	Whtw	18:05.70
3 Zerzan, Sarah	WU	18:06.30
4 Smith, Sarah	Pacific	18:08.00
5 Pierce, Katie	WU	18:18.30
6 Dobson, Hillary	Puget Sound	18:22.10
7 Lauterbach, Julie	Whtw	18:33.50
8 Murphy, Joanna	Linfield	18:35.80

Women 10000 Meter Run

1 Dickey, E. Kristi	Whtw	37:49.93
2 Lauterbach, Julie	Whtw	38:26.52
3 Smith, Sarah	Pacific	38:34.32
4 Dobson, Hillary	Puget Sound	39:17.67
5 DeVilbiss, Bethany	Pacific Lutheran	39:35.07
6 Burnet, Sara	Puget Sound	40:01.96
7 Jamieson, Rebecca	Whtw	40:12.44
8 Mentaberry, Whitney	Linfield	41:00.11
- Geertz, Kara	George Fox	45:07.17

**Women 100 Meter Hurdles**

1 McGrane, Shannon	WU	15.32
2 Marken, Sarah	Whtw	15.76
3 Williams, Maura	Linfield	15.97
4 Lucas, Nicole	WU	15.98
5 Mahoney, Caitlin	Linfield	16.46
6 Smith, Jordyn	WU	16.47
7 Rosson, Meagan	Linfield	16.67
8 Kassebaum, Roseann	WU	16.93

**Women 400 Meter Hurdles**

1 McGrane, Shannon	WU	1:01.20
2 Smith, Jordyn	WU	1:03.40
3 Ross, Kate	Lewis and Clark	1:04.60
4 Kassebaum, Roseann	WU	1:05.20
5 Bernard, Riley	Linfield	1:07.30
6 Marek-Farris, Melissa	George Fox	1:08.30
7 Lund, Carlie	WU	1:09.60
8 Hinson, Emily	Whtw	1:19.10

PRELIMS -- Marek-Farris 1:07.17 \*\*

**Women 3000 Meter Steeplechase**

1 Godfrey, Colleen	Puget Sound	11:20.28
2 Pierce, Katie	WU	11:30.04
3 Murphy, Joanna	Linfield	11:36.84
4 Pullen, Chelsea	Linfield	11:41.78
5 Sharratt, Ashley	WU	11:57.41
6 Fairbrook, Sarah	WU	11:58.66
7 Squires, Audrey	WU	12:04.90
8 Wright, Bobbi	WU	12:10.18

**Women 4x100 Meter Relay**

1 Whitworth	49.64
2 Linfield	50.97
3 Willamette	51.13
4 Lewis and Clark	51.22
5 Pacific Lutheran	52.62
6 George Fox (Noyd, Marek-Farris, Bladorn, Alaimo)	53.23
7 Puget Sound	53.69

**Women 4x400 Meter Relay**

1 Willamette	3:56.70
2 George Fox	4:03.20 **
(Bladorn-61.3**; McLain-60.5; Adams-61.9; RGB-59.5**)	
3 Lewis and Clark	4:03.50
4 Linfield	4:09.00
5 Pacific Lutheran	4:13.70
6 Puget Sound	4:14.10
7 Whitworth	4:20.00

**Women High Jump**

1 Forbes, Michelle	George Fox	1.71m	5-07.25 ** C
(NWC MEET RECORD, #2 ALL-TIME, #2 SENIOR)			
2 Groves, Monica	Puget Sound	1.56m	5-01.25
3 Vidulich, Suzy	Whtw	J1.56m	5-01.25
4 Alaimo, Katie	George Fox	1.51m	4-11.50
4 Senescall, Stephanie	Puget Sound	1.51m	4-11.50
6 Marek-Farris, Melissa	George Fox	J1.51m	4-11.50
7 Benish, Clare	Puget Sound	J1.51m	4-11.50

**Women Pole Vault**

1 Heaton, Katie	Puget Sound	3.26m	10-08.25
2 Fisher, Laura	Pacific Lutheran	J3.26m	10-08.25
3 Huddleston, Juli	Linfield	2.96m	9-08.50
4 Gerrits, Shelby	Lewis and Clark	J2.96m	9-08.50
4 Weeber, Mandy	Linfield	J2.96m	9-08.50
6 Olson, Lynn	WU	2.81m	9-02.50
6 Black, Victoria	George Fox	2.81m	9-02.50 ##
(#5 ALL-TIME, #3 SOPH)			
8 Ruhoff, Chelsea	WU	J2.81m	9-02.50

**Women Long Jump**

1 Patterson, Lindsey	WU	5.35m	17-06.75
2 Marken, Sarah	Whtw	5.27m	17-03.50
3 Ross, Kate	Lewis and Clark	5.19m	17-00.50
4 Kolb, Whitney	George Fox	5.15m	16-10.75 **
(#8 ALL-TIME)			
5 Forbes, Michelle	George Fox	5.14m	16-10.50 **
(#9 ALL-TIME, #3 SENIOR)			
6 Benish, Clare	Puget Sound	5.00m	16-05.00
7 Alaimo, Katie	George Fox	4.80m	15-09.00 =##
8 Brocard, Lisa	Linfield	4.74m	15-06.75

**Women Triple Jump**

1 Kolb, Whitney	George Fox	10.90m	35-09.25 ##
(#6 ALL-TIME)			
2 Page, Danielle	WU	10.72m	35-02.00
3 Dormaier, Kristen	Whtw	10.46m	34-04.00
4 Forbes, Michelle	George Fox	10.43m	34-02.75 ##
5 Brocard, Lisa	Linfield	10.41m	34-02.00
6 Goe, Becca	Puget Sound	10.09m	33-01.25
7 Hodges, Corinne	Whtw	9.74m	31-11.50
8 Marken, Sarah	Whtw	9.72m	31-10.75
- Alaimo, Katie	George Fox	9.55m	31-04.00

**Women Shot Put**

1 Claypool, Joni	Linfield	12.34m	40-06.00
2 Bielenberg, Danielle	Linfield	12.07m	39-07.25
3 Helmick, Autumn	WU	11.92m	39-01.25
4 Wochnick, Megan	Pacific Lutheran	10.45m	34-03.50
5 Barker, Brooke	Pacific	10.08m	33-01.00
6 Fahey, Melinda	WU	9.99m	32-09.50
7 Arnall, DeeDee	Pacific	9.94m	32-07.50
8 Marken, Sarah	Whtw	9.88m	32-05.00

**Women Discus Throw**

1 Paterson, Liz	Lewis and Clark	39.64m	130-01
2 Wochnick, Megan	Pacific Lutheran	39.28m	128-10
3 Claypool, Joni	Linfield	38.15m	125-02
4 Murillo, Dacia	Whtw	37.84m	124-02
5 Bielenberg, Danielle	Linfield	37.78m	123-11
6 Duerr, Rebecca	Linfield	36.30m	119-01
7 Fahey, Melinda	WU	36.21m	118-09
8 Andrus, Caitlin	WU	35.46m	116-04
- Haskin, Jenny	George Fox	31.43m	103-01

**Women Hammer Throw**

1 Blankenship, Lindsey	George Fox	50.12m	164-05 **B
(NWC MEET RECORD, SCHOOL AND JR. CLASS RECORD)			
2 Wochnick, Megan	Pacific Lutheran	49.10m	161-01
3 Bielenberg, Danielle	Linfield	45.02m	147-08
4 Paterson, Liz	Lewis and Clark	44.42m	145-09
5 Lewis, Stephanie	Pacific Lutheran	39.86m	130-09
6 Andrus, Caitlin	WU	37.06m	121-07
7 Murillo, Dacia	Whtw	36.90m	121-01
8 Fahey, Melinda	WU	35.60m	116-09

**Women Javelin Throw**

1 Stolz, Kelsey	WU	41.63m	136-07
2 Dentzel, Sophia	WU	40.50m	132-10
3 Arnall, DeeDee	Pacific	40.05m	131-05
4 Florence, Angela	Whtw	37.78m	123-11
5 Mascorro, Lydia	Linfield	36.34m	119-03
6 Black, Victoria	George Fox	35.85m	117-07 **
7 Rangel, Loreen	Pacific Lutheran	34.43m	112-11
8 Wingaard-Phillips, Mikae	WU	34.35m	112-08

**Women Heptathlon**

1 Barker, Brooke	Pacific	4320
2 Forbes, Michelle	George Fox	4140 **
(#4 ALL-TIME, #3 SENIOR)		
3 Marken, Sarah	Whtw	4122
4 McGrane, Shannon	WU	4116
5 Smith, Jordyn	WU	3951
6 Kassebaum, Roseann	WU	3665
7 Andrews, Alicia	WU	3580
8 Hinson, Emily	Whtw	3564
- Brown, JulieKay	GFU	dnf

<b>INDIVIDUAL SCORING -- Forbes</b>			31
	Kolb		15
	Blankenship		10
	Giffey-Brohaugh		10
	Alaimo	7.25	
	Adams	7	
	Marek-Farris	6.75	
	Black	5.50	
	McLain	5	
	Bladorn	4.75	
	Noyd	0.75	

**MEN'S TEAM SCORING --**

1) Willamette	274	2) Linfield	130.50
3) Pacific Lutheran	98.50	4) Puget Sound	97
5) Whitworth	92	6) <u>George Fox</u>	<u>88</u>
7) Lewis and Clark	18	8) Pacific	13

**Men 100 Meter Dash**

1 Boock, Chris	Linfield	11.17
2 Vanassche, Scott	Linfield	11.29
3 Burnett, James	Pacific Lutheran	11.30
4 Gillespie, KC	WU	11.31
5 Ragan, Drew	Linfield	11.37
6 Wilbon, Steve	WU	11.46
7 Maves, Drew	George Fox	11.49
8 Nelson, Lance	Linfield	11.67

PRELIMS Maves 11.21\*\*; Preister 11.29##

**Men 200 Meter Dash**

1 Van Sant, Pete	Puget Sound	22.50
2 Vanassche, Scott	Linfield	22.70
3 Gillespie, KC	WU	23.00
4 Nelson, Lance	Linfield	23.05
5 Burnett, James	Pacific Lutheran	23.10
6 Boock, Chris	Linfield	23.20
7 Ragan, Drew	Linfield	23.23
8 Bates, Brad	George Fox	23.25

PRELIMS -- Bates 22.38\*\*

**Men 400 Meter Dash**

1 Symmonds, Nick	WU	48.41
2 Bates, Brad	George Fox	49.82
3 Van Sant, Pete	Puget Sound	49.86
4 Decherd, Ben	WU	50.10
5 Jones, Nathan	WU	50.80
6 Foote, Adam	Lewis and Clark	51.19
7 Lual, Anderia	Whtw	51.68
8 Siemieniec, Joshua	Whtw	52.04

PRELIMS -- Bates 50.61

**Men 800 Meter Run**

1 Symmonds, Nick	WU	1:52.60
2 Howell, Brandon	Whtw	1:54.10
3 McCann, Jarrod	Lewis and Clark	1:55.10
4 Thomas, Everett	WU	1:57.10
5 Mathiang, David	George Fox	1:57.40
6 Edson, Josh	WU	1:59.10
7 Neill, Doug	WU	2:00.30
8 Grahlf, Phillip	Whtw	2:01.10

PRELIMS -- Mathiang 1:56.96\*\*; Sticka-2:04.39

**Men 1500 Meter Run**

1 Vieyra, Julio	WU	4:01.42
2 Neill, Doug	WU	4:02.68
3 Brown, Ben	Pacific Lutheran	4:03.63
4 Edson, Josh	WU	4:04.07
5 Ruiz, Carlos	WU	4:04.28
6 Nebert, Lucas	WU	4:04.80
7 Nugent, Tyler	Pacific Lutheran	4:06.96
8 Burg, Matt	George Fox	4:08.12
- Cobb, Bryan	George Fox	4:08.58

**Men 5000 Meter Run**

1 Hollingshead, Aaron	WU	15:09.80
2 Prince, Frank	Puget Sound	15:12.00
3 Blackburn, Doug	Whtw	15:19.10
4 Leipzig, Ben	WU	15:29.40
5 Moe, Jake	George Fox	15:31.20 **
6 Boyd, Wyatt	WU	15:31.90
7 Ruiz, Carlos	WU	15:42.40
8 Barber, Andy	WU	15:44.50
- Burg, Matt	George Fox	16:05.10

**Men 10000 Meter Run**

1 Prince, Frank	Puget Sound	31:16.60
2 Blackburn, Doug	Whtw	32:01.44
3 Gonzales, Hipolitio	WU	32:33.68
4 Brown, Brendan	WU	32:40.34
5 Hallvik, Taylor	Puget Sound	32:54.15
6 Coe, Aaron	Whtw	33:00.03
7 Mayers, Nick	Puget Sound	33:05.09
8 Peacock, Stephen	Puget Sound	33:05.38
- Finney, Grant	George Fox	34:00.40
- Delmore, David	George Fox	34:16.83

**Men 110 Meter Hurdles**

1 May, Tyler	WU	15.07
2 Garrelts, Brennan	WU	15.64
3 Spaun, Benjamin	Whtw	15.79
4 Dillow, Ben	George Fox	16.00
5 Payne, Jon	Pacific Lutheran	16.02
6 Snow, Eric	Linfield	16.37
7 Jensen, Erik	Pacific Lutheran	16.46
- Harris, Seth	George Fox	dns

PRELIMS -- errant handtimes...

**Men 400 Meter Hurdles**

1 Payne, Jon	Pacific Lutheran	53.80
2 Setere, Lucas	Pacific	54.90
3 Law, Don	Linfield	55.10
4 Spaun, Benjamin	Whtw	55.20
5 Garrelts, Brennan	WU	56.20
6 Jensen, Erik	Pacific Lutheran	57.70
7 Rice, Mark	WU	58.00
2 Harris, Seth	George Fox	dns

PRELIMS -- Harris 56.00; Paine 58.68

**Men 3000 Meter Steeplechase**

1 Hollingshead, Aaron	WU	9:01.55
2 Overby, Scott	WU	9:40.36
3 Moe, Jake	George Fox	9:40.51 **
4 Zeiger, Ben	WU	9:48.13
5 Harris, Travis	WU	9:53.69
6 Grassley, Jeff	Whtw	9:56.58
7 Olson, Peter	Linfield	9:58.61
8 Libecap, Chris	Puget Sound	10:10.61

**Men 4x100 Meter Relay**

1 Linfield	42.33
2 George Fox (Maves, Paine, Bates, Harris)	42.62 **
3 Puget Sound	43.44
4 Willamette	43.52
5 Pacific	45.37
6 Whitworth	45.60
-- Pacific Lutheran	DQ

**Men 4x400 Meter Relay**

1 Willamette	3:16.80
2 George Fox	3:22.40
(Paine-52.6; Bates-49.6; Mathiang-51.3; Dillow-49.0**)	
3 Whitworth	3:22.70
4 Linfield	3:24.40
5 Pacific Lutheran	3:28.30
6 Puget Sound	3:28.40
7 Lewis and Clark	3:35.00
8 Pacific	3:36.00

**Men High Jump**

1 Larsen, Zach	WU	2.06m	6-09.00
2 Dillow, Ben	George Fox	1.91m	6-03.25
3 Kramer, Brian	Puget Sound	J1.91m	6-03.25
4 May, Tyler	WU	1.86m	6-01.25
4 Gohl, Andrew	Linfield	1.86m	6-01.25
6 Williams, Nathan	Whtw	1.81m	5-11.25
6 Oost, Jay	WU	1.81m	5-11.25
8 Jensen, Erik	Pacific Lutheran	J1.81m	5-11.25
8 Patterson, Jordan	Whtw	J1.81m	5-11.25

**Men Pole Vault**

1 Tiogangco, Dayson	Linfield	4.40m	14-05.25
2 Gause, Greg	Puget Sound	4.25m	13-11.25
3 Dillow, Ben	George Fox	J4.25m	13-11.25
4 Greene, Burch	Puget Sound	4.10m	13-05.25
5 DePell, Jacob	Whtw	J4.10m	13-05.25
6 Curry, Richard	WU	3.95m	12-11.50
6 Liepman, Jeff	WU	3.95m	12-11.50
8 Patterson, Jordan	Whtw	3.80m	12-05.50
- Priester, Josh	George Fox	J3.80m	12-05.50
- See, Brian	George Fox	J3.80m	12-05.50 ##
-- Laloli, Travis	George Fox	NH	

**Men Long Jump**

1 Van Sant, Pete	Puget Sound	6.65m	21-10.00
2 Maves, Drew	George Fox	6.58m	21-07.25 **
3 Wilbon, Steve	WU	6.55m	21-06.00
4 Gillespie, KC	WU	J6.55m	21-06.00
5 Priester, Josh	George Fox	6.47m	21-02.75
6 Jensen, Erik	Pacific Lutheran	6.45m	21-02.00
7 Dillow, Ben	George Fox	6.42m	21-00.75
8 Ragan, Drew	Linfield	6.39m	20-11.75
- Beatty, Doug	George Fox	6.30m	20-08.00

**Men Triple Jump**

1 Kramer, Brian	Puget Sound	13.43m	44-00.75
2 Hinton, Ian	Whtw	13.29m	43-07.25
3 Bianchi, Steve	Lewis and Clark	13.05m	42-09.75
4 Nicholson, Cameron	Linfield	12.99m	42-07.50
5 Greene, Burch	Puget Sound	12.94m	42-05.50
6 Beatty, Doug	George Fox	12.88m	42-03.25 ##
7 Jensen, Erik	Pacific Lutheran	12.52m	41-01.00
8 Conrad, Mark	WU	12.45m	40-10.25

**Men Shot Put**

1 Matlock, Nate	WU	15.91m	52-02.50
2 Richard, Austin	Whtw	14.22m	46-08.00
3 Johnson, Michael	Pacific Lutheran	13.69m	44-11.00
4 Miles, Chris	Linfield	13.60m	44-07.50
5 Cam, Blake	WU	13.60m	44-07.50
6 Thron, Andrew	Linfield	13.58m	44-06.75
7 McDonald, Sean	WU	13.26m	43-06.00
8 Stanbery, Russ	Puget Sound	13.19m	43-03.25

**Men Discus Throw**

1 Matlock, Nate	WU	46.68m	153-02
2 Gleason, Derrick	Linfield	46.27m	151-10
3 Haakenson, Dan	Pacific Lutheran	43.91m	144-01
4 Johnson, Michael	Pacific Lutheran	43.66m	143-03
5 Dewindt, Derrick	Whtw	42.94m	140-10
6 McDonald, Sean	WU	42.23m	138-06
7 McCord, Matthew	Whtw	40.52m	132-11
8 May, Tyler	WU	40.44m	132-08

**Men Hammer Throw**

1 Haakenson, Dan	Pacific Lutheran	53.98m	177-01
2 Matlock, Nate	WU	52.92m	173-07
3 Dewindt, Derrick	Whtw	52.14m	171-01
4 Johnson, Michael	Pacific Lutheran	48.50m	159-01
5 Thron, Andrew	Linfield	45.52m	149-04
6 Miles, Chris	Linfield	43.38m	142-04
7 Dean, Cody	Puget Sound	40.08m	131-06
8 Hendricks, Brent	Whtw	37.62m	123-05

**Men Javelin Throw**

1 Gassaway, Matt	George Fox	61.64m	202-03 ##
(SENIOR CLASS RECORD)			
2 Liepman, Jeff	WU	58.67m	192-06
3 Zahn, Phil	Linfield	58.09m	190-07
4 Mills, Steve	Linfield	56.20m	184-04
5 Pyle, Casey	Pacific Lutheran	53.86m	176-08
6 Gohl, Andrew	Linfield	53.22m	174-07
7 Jensen, Erik	Pacific Lutheran	53.16m	174-05
8 Kaiel, Nick	Lewis and Clark	52.87m	173-05

**Men Decathlon**

1 Jensen, Erik	Pacific Lutheran	6022
2 Gillespie, KC	WU	5942
3 Gohl, Andrew	Linfield	5555
4 Rice, Mark	WU	5309
5 Haakenson, Dan	Pacific Lutheran	4152
6 Patterson, Jordan	Whtw	3126
- Dillow, Ben	George Fox	dnf
- Priester, Josh	George Fox	dnf

<b>INDIVIDUAL SCORING</b>	-- Dillow	23
	Bates	13
	Maves	10
	Gassaway	10
	Moe	10
	Mathiang	6
	Paine	4
	Priester	4
	Beatty	3
	Harris	2
	Burg	1

## 2005 NWC CHAMPIONSHIPS

at Linfield 4/22-23

Prelim weather-sunny warm Finals - wet, windy, cool

## WOMEN'S TEAM SCORING

1) Willamette	225.50	2) Whitworth	125
3) Linfield	117.50	4) <u>George Fox</u>	103
5) Puget Sound	71.50	6) Lewis and Clark	66.50
7) Pacific Lutheran	54	8) Pacific	53

Women 100 Meter Dash

1 May, Andrea	WU	12.92
2 Brown, Nicole	Whtw	12.98
3 Marken, Sarah	Whtw	13.13
4 Hinson, Emily	Whtw	13.14
5 Forbes, Michelle	George Fox	13.16
6 Dormaier, Kristen	Whtw	13.24
7 Bladorn, Kelly	George Fox	13.58
8 Morton, Jeva	Pacific Lutheran	13.73

PRELIMS -- Forbes 12.86 \*\* (#3 Senior); Bladorn 13.29

Women 200 Meter Dash

1 Barker, Brooke	Pacific	26.20
2 May, Andrea	WU	26.40
3 Swan, Jody	Lewis and Clark	26.50
4 Hanson, Mariah	WU	26.90
5 Newell, Kelsey	Linfield	27.20
6 Bertholf, Kim	Pacific Lutheran	27.30
7 Brown, Nicole	Whtw	27.90

PRELIMS -- Bladorn 27.17 \*\*

Women 400 Meter Dash

1 Barker, Brooke	Pacific	57.66
2 Swan, Jody	Lewis and Clark	58.20
3 Andrews, Alicia	WU	58.32
4 Hanson, Mariah	WU	59.39
5 Newell, Kelsey	Linfield	1:00.29
6 Bertholf, Kim	Pacific Lutheran	1:00.50
7 Schiele, Shannon	Linfield	1:00.72
8 Senescall, Stephanie	Puget Sound	1:03.00

PRELIMS -- Noyd 1:02.82 \*\*

Women 800 Meter Run

1 Andrews, Alicia	WU	2:17.8ht
2 Giffey-Brohaugh, Rachel	George Fox	2:19.4
3 Heinemann, Elaine	Whtw	2:20.6
4 Adams, Bethany	George Fox	2:20.6
5 Vandehey, Stephanie	WU	2:21.1
6 Killam, Carly	WU	2:22.2
7 McHattie, Carla	Lewis and Clark	2:23.0
8 Carnahan, Andrea	Whtw	2:24.4

PRELIMS -- RGB 2:19.37; Adams 2:21.06 ##; Laack 2:24.83;  
Beach- 2:26.53Women 1500 Meter Run

1 Killam, Carly	WU	4:51.55
2 Stepan, Casey	Linfield	4:51.95
3 McHattie, Carla	Lewis and Clark	4:52.84
4 Zerzan, Sarah	WU	4:52.96
5 Orzell, Sarah	Puget Sound	4:53.14
6 McLain, Anna	George Fox	4:54.06
7 Phillips, Amanda	Lewis and Clark	5:00.53
8 Hart, Elizabeth	WU	5:01.16

Women 5000 Meter Run

1 Godfrey, Colleen	Puget Sound	18:05.00
2 Dickey, E. Kristi	Whtw	18:05.70
3 Zerzan, Sarah	WU	18:06.30
4 Smith, Sarah	Pacific	18:08.00
5 Pierce, Katie	WU	18:18.30
6 Dobson, Hillary	Puget Sound	18:22.10
7 Lauterbach, Julie	Whtw	18:33.50
8 Murphy, Joanna	Linfield	18:35.80

Women 10000 Meter Run

1 Dickey, E. Kristi	Whtw	37:49.93
2 Lauterbach, Julie	Whtw	38:26.52
3 Smith, Sarah	Pacific	38:34.32
4 Dobson, Hillary	Puget Sound	39:17.67
5 DeVilbiss, Bethany	Pacific Lutheran	39:35.07
6 Burnet, Sara	Puget Sound	40:01.96
7 Jamieson, Rebecca	Whtw	40:12.44
8 Mentaberry, Whitney	Linfield	41:00.11
- Geertz, Kara	George Fox	45:07.17

**Women 100 Meter Hurdles**

1 McGrane, Shannon	WU	15.32
2 Marken, Sarah	Whtw	15.76
3 Williams, Maura	Linfield	15.97
4 Lucas, Nicole	WU	15.98
5 Mahoney, Caitlin	Linfield	16.46
6 Smith, Jordyn	WU	16.47
7 Rosson, Meagan	Linfield	16.67
8 Kassebaum, Roseann	WU	16.93

**Women 400 Meter Hurdles**

1 McGrane, Shannon	WU	1:01.20
2 Smith, Jordyn	WU	1:03.40
3 Ross, Kate	Lewis and Clark	1:04.60
4 Kassebaum, Roseann	WU	1:05.20
5 Bernard, Riley	Linfield	1:07.30
6 Marek-Farris, Melissa	George Fox	1:08.30
7 Lund, Carlie	WU	1:09.60
8 Hinson, Emily	Whtw	1:19.10

PRELIMS -- Marek-Farris 1:07.17 \*\*

**Women 3000 Meter Steeplechase**

1 Godfrey, Colleen	Puget Sound	11:20.28
2 Pierce, Katie	WU	11:30.04
3 Murphy, Joanna	Linfield	11:36.84
4 Pullen, Chelsea	Linfield	11:41.78
5 Sharratt, Ashley	WU	11:57.41
6 Fairbrook, Sarah	WU	11:58.66
7 Squires, Audrey	WU	12:04.90
8 Wright, Bobbi	WU	12:10.18

**Women 4x100 Meter Relay**

1 Whitworth	49.64
2 Linfield	50.97
3 Willamette	51.13
4 Lewis and Clark	51.22
5 Pacific Lutheran	52.62
6 George Fox (Noyd, Marek-Farris, Bladorn, Alaimo)	53.23
7 Puget Sound	53.69

**Women 4x400 Meter Relay**

1 Willamette	3:56.70
2 George Fox	4:03.20 **
(Bladorn-61.3**; McLain-60.5; Adams-61.9; RGB-59.5**)	
3 Lewis and Clark	4:03.50
4 Linfield	4:09.00
5 Pacific Lutheran	4:13.70
6 Puget Sound	4:14.10
7 Whitworth	4:20.00

**Women High Jump**

1 Forbes, Michelle	George Fox	1.71m	5-07.25 ** C
(NWC MEET RECORD, #2 ALL-TIME, #2 SENIOR)			
2 Groves, Monica	Puget Sound	1.56m	5-01.25
3 Vidulich, Suzy	Whtw	J1.56m	5-01.25
4 Alaimo, Katie	George Fox	1.51m	4-11.50
4 Senescall, Stephanie	Puget Sound	1.51m	4-11.50
6 Marek-Farris, Melissa	George Fox	J1.51m	4-11.50
7 Benish, Clare	Puget Sound	J1.51m	4-11.50

**Women Pole Vault**

1 Heaton, Katie	Puget Sound	3.26m	10-08.25
2 Fisher, Laura	Pacific Lutheran	J3.26m	10-08.25
3 Huddleston, Juli	Linfield	2.96m	9-08.50
4 Gerrits, Shelby	Lewis and Clark	J2.96m	9-08.50
4 Weeber, Mandy	Linfield	J2.96m	9-08.50
6 Olson, Lynn	WU	2.81m	9-02.50
6 Black, Victoria	George Fox	2.81m	9-02.50 ##
(#5 ALL-TIME, #3 SOPH)			
8 Ruhoff, Chelsea	WU	J2.81m	9-02.50

**Women Long Jump**

1 Patterson, Lindsey	WU	5.35m	17-06.75
2 Marken, Sarah	Whtw	5.27m	17-03.50
3 Ross, Kate	Lewis and Clark	5.19m	17-00.50
4 Kolb, Whitney	George Fox	5.15m	16-10.75 **
(#8 ALL-TIME)			
5 Forbes, Michelle	George Fox	5.14m	16-10.50 **
(#9 ALL-TIME, #3 SENIOR)			
6 Benish, Clare	Puget Sound	5.00m	16-05.00
7 Alaimo, Katie	George Fox	4.80m	15-09.00 =##
8 Brocard, Lisa	Linfield	4.74m	15-06.75



**Women Triple Jump**

1 Kolb, Whitney	George Fox	10.90m	35-09.25 ##
(#6 ALL-TIME)			
2 Page, Danielle	WU	10.72m	35-02.00
3 Dormaier, Kristen	Whtw	10.46m	34-04.00
4 Forbes, Michelle	George Fox	10.43m	34-02.75 ##
5 Brocard, Lisa	Linfield	10.41m	34-02.00
6 Goe, Becca	Puget Sound	10.09m	33-01.25
7 Hodges, Corinne	Whtw	9.74m	31-11.50
8 Marken, Sarah	Whtw	9.72m	31-10.75
- Alaimo, Katie	George Fox	9.55m	31-04.00

**Women Shot Put**

1 Claypool, Joni	Linfield	12.34m	40-06.00
2 Bielenberg, Danielle	Linfield	12.07m	39-07.25
3 Helmick, Autumn	WU	11.92m	39-01.25
4 Wochnick, Megan	Pacific Lutheran	10.45m	34-03.50
5 Barker, Brooke	Pacific	10.08m	33-01.00
6 Fahey, Melinda	WU	9.99m	32-09.50
7 Arnall, DeeDee	Pacific	9.94m	32-07.50
8 Marken, Sarah	Whtw	9.88m	32-05.00

**Women Discus Throw**

1 Paterson, Liz	Lewis and Clark	39.64m	130-01
2 Wochnick, Megan	Pacific Lutheran	39.28m	128-10
3 Claypool, Joni	Linfield	38.15m	125-02
4 Murillo, Dacia	Whtw	37.84m	124-02
5 Bielenberg, Danielle	Linfield	37.78m	123-11
6 Duerr, Rebecca	Linfield	36.30m	119-01
7 Fahey, Melinda	WU	36.21m	118-09
8 Andrus, Caitlin	WU	35.46m	116-04
- Haskin, Jenny	George Fox	31.43m	103-01

**Women Hammer Throw**

1 Blankenship, Lindsey	George Fox	50.12m	164-05 **B
(NWC MEET RECORD, SCHOOL AND JR. CLASS RECORD)			
2 Wochnick, Megan	Pacific Lutheran	49.10m	161-01
3 Bielenberg, Danielle	Linfield	45.02m	147-08
4 Paterson, Liz	Lewis and Clark	44.42m	145-09
5 Lewis, Stephanie	Pacific Lutheran	39.86m	130-09
6 Andrus, Caitlin	WU	37.06m	121-07
7 Murillo, Dacia	Whtw	36.90m	121-01
8 Fahey, Melinda	WU	35.60m	116-09

**Women Javelin Throw**

1 Stolz, Kelsey	WU	41.63m	136-07
2 Dentzel, Sophia	WU	40.50m	132-10
3 Arnall, DeeDee	Pacific	40.05m	131-05
4 Florence, Angela	Whtw	37.78m	123-11
5 Mascorro, Lydia	Linfield	36.34m	119-03
6 Black, Victoria	George Fox	35.85m	117-07 **
7 Rangel, Loreen	Pacific Lutheran	34.43m	112-11
8 Wingaard-Phillips, Mikae	WU	34.35m	112-08

**Women Heptathlon**

1 Barker, Brooke	Pacific	4320	
2 Forbes, Michelle	George Fox	4140	**
(#4 ALL-TIME, #3 SENIOR)			
3 Marken, Sarah	Whtw	4122	
4 McGrane, Shannon	WU	4116	
5 Smith, Jordyn	WU	3951	
6 Kassebaum, Roseann	WU	3665	
7 Andrews, Alicia	WU	3580	
8 Hinson, Emily	Whtw	3564	
- Brown, JulieKay	GFU	dnf	

<b>INDIVIDUAL SCORING -- Forbes</b>			31
	Kolb		15
	Blankenship		10
	Giffey-Brohaugh		10
	Alaimo	7.25	
	Adams	7	
	Marek-Farris	6.75	
	Black	5.50	
	McLain	5	
	Bladorn	4.75	
	Noyd	0.75	

**MEN'S TEAM SCORING --**

1) Willamette	274	2) Linfield	130.50
3) Pacific Lutheran	98.50	4) Puget Sound	97
5) Whitworth	92	6) George Fox	88
7) Lewis and Clark	18	8) Pacific	13

**Men 100 Meter Dash**

1 Boock, Chris	Linfield	11.17
2 Vanassche, Scott	Linfield	11.29
3 Burnett, James	Pacific Lutheran	11.30
4 Gillespie, KC	WU	11.31
5 Ragan, Drew	Linfield	11.37
6 Wilbon, Steve	WU	11.46
7 Maves, Drew	George Fox	11.49
8 Nelson, Lance	Linfield	11.67

PRELIMS Maves 11.21\*\*; Preister 11.29##

**Men 200 Meter Dash**

1 Van Sant, Pete	Puget Sound	22.50
2 Vanassche, Scott	Linfield	22.70
3 Gillespie, KC	WU	23.00
4 Nelson, Lance	Linfield	23.05
5 Burnett, James	Pacific Lutheran	23.10
6 Boock, Chris	Linfield	23.20
7 Ragan, Drew	Linfield	23.23
8 Bates, Brad	George Fox	23.25

PRELIMS -- Bates 22.38\*\*

**Men 400 Meter Dash**

1 Symmonds, Nick	WU	48.41
2 Bates, Brad	George Fox	49.82
3 Van Sant, Pete	Puget Sound	49.86
4 Decherd, Ben	WU	50.10
5 Jones, Nathan	WU	50.80
6 Foote, Adam	Lewis and Clark	51.19
7 Lual, Anderia	Whtw	51.68
8 Siemieniec, Joshua	Whtw	52.04

PRELIMS -- Bates 50.61

**Men 800 Meter Run**

1 Symmonds, Nick	WU	1:52.60
2 Howell, Brandon	Whtw	1:54.10
3 McCann, Jarrod	Lewis and Clark	1:55.10
4 Thomas, Everett	WU	1:57.10
5 Mathiang, David	George Fox	1:57.40
6 Edson, Josh	WU	1:59.10
7 Neill, Doug	WU	2:00.30
8 Grahlfs, Phillip	Whtw	2:01.10

PRELIMS -- Mathiang 1:56.96\*\*; Sticka-2:04.39

**Men 1500 Meter Run**

1 Vieyra, Julio	WU	4:01.42
2 Neill, Doug	WU	4:02.68
3 Brown, Ben	Pacific Lutheran	4:03.63
4 Edson, Josh	WU	4:04.07
5 Ruiz, Carlos	WU	4:04.28
6 Nebert, Lucas	WU	4:04.80
7 Nugent, Tyler	Pacific Lutheran	4:06.96
8 Burg, Matt	George Fox	4:08.12
- Cobb, Bryan	George Fox	4:08.58

**Men 5000 Meter Run**

1 Hollingshead, Aaron	WU	15:09.80
2 Prince, Frank	Puget Sound	15:12.00
3 Blackburn, Doug	Whtw	15:19.10
4 Leipzig, Ben	WU	15:29.40
5 Moe, Jake	George Fox	15:31.20 **
6 Boyd, Wyatt	WU	15:31.90
7 Ruiz, Carlos	WU	15:42.40
8 Barber, Andy	WU	15:44.50
- Burg, Matt	George Fox	16:05.10

**Men 10000 Meter Run**

1 Prince, Frank	Puget Sound	31:16.60
2 Blackburn, Doug	Whtw	32:01.44
3 Gonzales, Hipolitio	WU	32:33.68
4 Brown, Brendan	WU	32:40.34
5 Hallvik, Taylor	Puget Sound	32:54.15
6 Coe, Aaron	Whtw	33:00.03
7 Mayers, Nick	Puget Sound	33:05.09
8 Peacock, Stephen	Puget Sound	33:05.38
- Finney, Grant	George Fox	34:00.40
- Delmore, David	George Fox	34:16.83

**Men 110 Meter Hurdles**

1 May, Tyler	WU	15.07
2 Garrelts, Brennan	WU	15.64
3 Spaun, Benjamin	Whtw	15.79
4 Dillow, Ben	George Fox	16.00
5 Payne, Jon	Pacific Lutheran	16.02
6 Snow, Eric	Linfield	16.37
7 Jensen, Erik	Pacific Lutheran	16.46
- Harris, Seth	George Fox	dns

PRELIMS -- errant handtimes...

**Men 400 Meter Hurdles**

1 Payne, Jon	Pacific Lutheran	53.80
2 Setere, Lucas	Pacific	54.90
3 Law, Don	Linfield	55.10
4 Spaun, Benjamin	Whtw	55.20
5 Garrelts, Brennan	WU	56.20
6 Jensen, Erik	Pacific Lutheran	57.70
7 Rice, Mark	WU	58.00
2 Harris, Seth	George Fox	dns

PRELIMS -- Harris 56.00; Paine 58.68

**Men 3000 Meter Steeplechase**

1 Hollingshead, Aaron	WU	9:01.55
2 Overby, Scott	WU	9:40.36
3 Moe, Jake	George Fox	9:40.51 **
4 Zeiger, Ben	WU	9:48.13
5 Harris, Travis	WU	9:53.69
6 Grassley, Jeff	Whtw	9:56.58
7 Olson, Peter	Linfield	9:58.61
8 Libecap, Chris	Puget Sound	10:10.61

**Men 4x100 Meter Relay**

1 Linfield	42.33
2 George Fox (Maves, Paine, Bates, Harris)	42.62 **
3 Puget Sound	43.44
4 Willamette	43.52
5 Pacific	45.37
6 Whitworth	45.60
-- Pacific Lutheran	DQ

**Men 4x400 Meter Relay**

1 Willamette	3:16.80
2 George Fox	3:22.40
(Paine-52.6; Bates-49.6; Mathiang-51.3; Dillow-49.0**)	
3 Whitworth	3:22.70
4 Linfield	3:24.40
5 Pacific Lutheran	3:28.30
6 Puget Sound	3:28.40
7 Lewis and Clark	3:35.00
8 Pacific	3:36.00

**Men High Jump**

1 Larsen, Zach	WU	2.06m	6-09.00
2 Dillow, Ben	George Fox	1.91m	6-03.25
3 Kramer, Brian	Puget Sound	J1.91m	6-03.25
4 May, Tyler	WU	1.86m	6-01.25
4 Gohl, Andrew	Linfield	1.86m	6-01.25
6 Williams, Nathan	Whtw	1.81m	5-11.25
6 Oost, Jay	WU	1.81m	5-11.25
8 Jensen, Erik	Pacific Lutheran	J1.81m	5-11.25
8 Patterson, Jordan	Whtw	J1.81m	5-11.25

**Men Pole Vault**

1 Tiogangco, Dayson	Linfield	4.40m	14-05.25
2 Gause, Greg	Puget Sound	4.25m	13-11.25
3 Dillow, Ben	George Fox	J4.25m	13-11.25
4 Greene, Burch	Puget Sound	4.10m	13-05.25
5 DePell, Jacob	Whtw	J4.10m	13-05.25
6 Curry, Richard	WU	3.95m	12-11.50
6 Liepman, Jeff	WU	3.95m	12-11.50
8 Patterson, Jordan	Whtw	3.80m	12-05.50
- Priester, Josh	George Fox	J3.80m	12-05.50
- See, Brian	George Fox	J3.80m	12-05.50 ##
-- Laloli, Travis	George Fox	NH	

**Men Long Jump**

1 Van Sant, Pete	Puget Sound	6.65m	21-10.00
2 Maves, Drew	George Fox	6.58m	21-07.25 **
3 Wilbon, Steve	WU	6.55m	21-06.00
4 Gillespie, KC	WU	J6.55m	21-06.00
5 Priester, Josh	George Fox	6.47m	21-02.75
6 Jensen, Erik	Pacific Lutheran	6.45m	21-02.00
7 Dillow, Ben	George Fox	6.42m	21-00.75
8 Ragan, Drew	Linfield	6.39m	20-11.75
- Beatty, Doug	George Fox	6.30m	20-08.00

**Men Triple Jump**

1 Kramer, Brian	Puget Sound	13.43m	44-00.75
2 Hinton, Ian	Whtw	13.29m	43-07.25
3 Bianchi, Steve	Lewis and Clark	13.05m	42-09.75
4 Nicholson, Cameron	Linfield	12.99m	42-07.50
5 Greene, Burch	Puget Sound	12.94m	42-05.50
6 Beatty, Doug	George Fox	12.88m	42-03.25 ##
7 Jensen, Erik	Pacific Lutheran	12.52m	41-01.00
8 Conrad, Mark	WU	12.45m	40-10.25

**Men Shot Put**

1 Matlock, Nate	WU	15.91m	52-02.50
2 Richard, Austin	Whtw	14.22m	46-08.00
3 Johnson, Michael	Pacific Lutheran	13.69m	44-11.00
4 Miles, Chris	Linfield	13.60m	44-07.50
5 Cam, Blake	WU	13.60m	44-07.50
6 Thron, Andrew	Linfield	13.58m	44-06.75
7 McDonald, Sean	WU	13.26m	43-06.00
8 Stanbery, Russ	Puget Sound	13.19m	43-03.25

**Men Discus Throw**

1 Matlock, Nate	WU	46.68m	153-02
2 Gleason, Derrick	Linfield	46.27m	151-10
3 Haakenson, Dan	Pacific Lutheran	43.91m	144-01
4 Johnson, Michael	Pacific Lutheran	43.66m	143-03
5 Dewindt, Derrick	Whtw	42.94m	140-10
6 McDonald, Sean	WU	42.23m	138-06
7 McCord, Matthew	Whtw	40.52m	132-11
8 May, Tyler	WU	40.44m	132-08

**Men Hammer Throw**

1 Haakenson, Dan	Pacific Lutheran	53.98m	177-01
2 Matlock, Nate	WU	52.92m	173-07
3 Dewindt, Derrick	Whtw	52.14m	171-01
4 Johnson, Michael	Pacific Lutheran	48.50m	159-01
5 Thron, Andrew	Linfield	45.52m	149-04
6 Miles, Chris	Linfield	43.38m	142-04
7 Dean, Cody	Puget Sound	40.08m	131-06
8 Hendricks, Brent	Whtw	37.62m	123-05

**Men Javelin Throw**

1 Gassaway, Matt	George Fox	61.64m	202-03 ##
(SENIOR CLASS RECORD)			
2 Liepman, Jeff	WU	58.67m	192-06
3 Zahn, Phil	Linfield	58.09m	190-07
4 Mills, Steve	Linfield	56.20m	184-04
5 Pyle, Casey	Pacific Lutheran	53.86m	176-08
6 Gohl, Andrew	Linfield	53.22m	174-07
7 Jensen, Erik	Pacific Lutheran	53.16m	174-05
8 Kaibel, Nick	Lewis and Clark	52.87m	173-05

**Men Decathlon**

1 Jensen, Erik	Pacific Lutheran	6022
2 Gillespie, KC	WU	5942
3 Gohl, Andrew	Linfield	5555
4 Rice, Mark	WU	5309
5 Haakenson, Dan	Pacific Lutheran	4152
6 Patterson, Jordan	Whtw	3126
- Dillow, Ben	George Fox	dnf
- Priester, Josh	George Fox	dnf

<b>INDIVIDUAL SCORING</b>	-- Dillow	23
	Bates	13
	Maves	10
	Gassaway	10
	Moe	10
	Mathiang	6
	Paine	4
	Priester	4
	Beatty	3
	Harris	2
	Burg	1