

2009

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GEORGE FOX UNIVERSITY



2009-10 BRUINS BASKETBALL

2008-09 NCAA DIVISION III WOMEN'S NATIONAL CHAMPIONS



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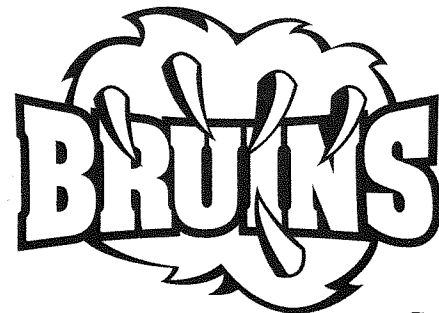
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2008-09 WOMEN'S BASKETBALL HONORS



KRISTEN SHIELEE

Most Outstanding Player (NCAA Final Four)
All-America Second Team (D3hoops)
All-America Honorable Mention (WBCA)
West Region Player of the Year (D3hoops, WBCA)
Northwest Conference Player of the Year
12.2 Ppg (NWC 9th)
9.6 Rpg (NWC 3rd)
.626 FG% (NCAA 2nd, NWC 1st, GFU record)
3.81 BSpG (NCAA 6th, NWC 1st, GFU record)
Playing professionally for Pamplona Ardoi (Spain)



SAGE INDENDI

NCAA Rookie of the Year (D3hoops)
All-West Region Third Team
All-Northwest Conference First Team
12.8 Ppg (NWC 6th)
4.1 Rpg (NWC 20th)
.428 FG% (NWC 8th)
3.25 Apg (NWC 6th)
.750 FT% (NWC 9th)
2.47 STpg (NWC 2nd)
.360 3-pt FG% (NWC 3rd)
1.53 3-pt FGpg (NWC 6th)
1.02 A/TO ratio (NWC 7th)



KEISHA GORDON

All-Northwest Conference Second Team
12.7 ppg (NWC 8th)
.417 FG% (NWC 10th)
.796 FT% (NWC 4th)
1.84 STpg (NWC 6th)
.343 3-pt FG% (NWC 7th)
1.58 3-pt FGpg (NWC 5th)



ELISE KUENZI

9.8 ppg (NWC 21st)
5.4 rpg (NWC 17th)
2.13 Apg (NWC 14th)
.790 FT% (NWC 5th)



B.B. GARDNER

3.03 Apg (NWC 8th)
1.64 A/TO ratio (NCAA 47th, NWC 1st)



ARIANNA MOHSENIAN

.319 3-pt FG% (NWC 12th)
1.41 3-pt FGpg (NWC 8th)



BREEZY RINEHART-YOUNG

0.75 BSpG (NWC 9th)

2009-10 WOMEN'S BASKETBALL PLAYERS & COACHES



2 BREEZY RINEHART-YOUNG
C 6-1 So.
Kirkland, Wash.



4 CARLY TOWNE
G 5-5 Fr.
Wilsonville, Ore.



5 LAURA SILVA
G 5-9 So.
Grants Pass, Ore.



10 HANNAH MUNGER
C 6-5 Fr.
Newberg, Ore.



11 ELISE KUENZI
F 5-10 Sr.
Silverton, Ore.



12 LINDSAY KEENER
G 5-7 Sr.
Kenai, Alaska



20 KATIE MORSE
G 5-9 Fr.
Star, Idaho



21 ARIANNA MOHSENIAN
G 5-8 So.
Yakima, Wash.



22 B.B. GARDNER
G 5-4 Sr.
Zigzag, Ore.



23 SAMANTHA SIMMONS
F 5-11 So.
Middleton, Idaho



30 KEISHA GORDON
G 5-10 So.
Vancouver, Wash.



32 M.J. SAMPLES
G 5-10 Jr.
Kennewick, Wash.



40 CARRIE MYERS
F 5-11 So.
Townsend, Mont.



MEGAN DICKERSON
Assistant Coach
4th year



SCOTT RUECK Head Coach

Scott Rueck, the 2008-09 National Coach of the Year for leading the George Fox University women's basketball team to an unexpected national championship, has established the Bruins' program as one of the finest in the nation at the small-college level. After 13 seasons, he has guided the Bruins to a 260-85 record to date (a .754 winning percentage), eight post-season playoff appearances (six in the NCAA), and regular recognition in national top 25 polls.

The 2008-09 season could only be described as the finest in Rueck's coaching career. Coming off a 25-5 season in which the Bruins had set a new school record for wins and reached the "Sweet 16" of the NCAA Tournament, the '08-09 team had lost seven seniors, including all five starters, and had only four returning letterwinners and 10 freshmen on the roster. Picked to finish only 5th in the Northwest Conference, the Bruins instead stunned the basketball world with a 32-0 record, won the NCAA Division III National Championship with a 60-53 win over Washington University-St. Louis, perhaps the most storied program in D-III women's hoops, finished with No. 1 rankings by both the Women's Basketball Coaches Association and D3hoops.com, and rewrote the George Fox record books. It was the Bruins' 16th consecutive winning season, 13 under Rueck.

Rueck was named National Coach of the Year and West Region Coach of the Year by the WBCA and D3hoops.com, as well as receiving his sixth Northwest Conference Coach of the Year award. Counting this past season, the Bruins have made six NCAA Division III Tournament appearances during Rueck's tenure (1999-2000, 2000-01, 2004-05, 2006-07, 2007-08, and 2008-09), and he has been named NWC Coach of the Year each time.

A member of the WBCA, Rueck served as the West Region rater for the coaches' poll for two seasons. He is in his ninth year running the Bruin Basketball Academy, and his fourth year as site director for the NRC Camps held each summer at George Fox. In addition to his coaching duties, he teaches courses in the university's department of health and human performance.

Rueck, 39, has 20 years of coaching experience. While still a student at Oregon State University, he began his coaching career as an assistant boys' basketball coach at Santiam Christian High School in Corvallis, working there from 1989-93. From 1993-95, he served as a women's basketball assistant under George Fox head coach Sherri Murrell, during which the Bruins went 37-23 and made two NAIA post-season appearances. In 1995-96, he coached the Bruin women's tennis team.

When Murrell left after the 1995-96 season, Rueck was named interim head coach for a year, then was made permanent head coach after a national search that yielded four finalists. During his tenure, his players have earned four NAIA All-America, four NCAA All-America, and 29 All-Northwest Conference awards.

A graduate of Glencoe High School in Hillsboro, Ore., Rueck comes from a basketball family. His sister, 1995 George Fox graduate Heidi Rueck, set the school's career, season, and single-game assist records as an NAIA All-American point guard and was voted into the GFU Sport Hall of Fame in 2005. His father, Marv Rueck, was a long-time member of the basketball coaching staffs at Hillsboro Union and Glencoe High Schools, including a season as head coach when Glencoe opened in 1980.

Rueck earned his bachelor's degree in exercise and sports science in 1991 and a master of arts degree in physical education teaching in 1992, both from Oregon State. He and his wife, the former Kerry Aillaud, who played basketball for George Fox from 1993-95 and served as the Bruins' assistant coach from 1998-2006, reside in Newberg. The Ruecks have one son, Cole Michael, age 5, and one daughter, Kate Makena, age 2.



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2009-10 WOMEN'S BASKETBALL ROSTER

No.	Name	Pos.	Ht.	Yr./El.	Hometown (HS/Previous School)
2	Breezy Rinehart-Young	P	6-1	So./So.	Kirkland, Wash. (Juanita)
4	Carly Towne	G	5-5	So./Fr.	Tualatin, Ore. (Wilsonville)
5	Laura Silva	G	5-9	So./So.	Grants Pass, Ore. (Hidden Valley)
10	Hannah Munger	P	6-5	Fr./Fr.	Newberg, Ore. (Newberg)
11	Elise Kuenzi	F	5-10	Sr./Sr.	Silverton, Ore. (Silverton)
12	Lindsay Keener	G	5-7	Sr./Sr.	Kenai, Alaska (Kenai Central)
20	Katie Morse	G	5-9	Fr./Fr.	Star, Idaho (Greenleaf Friends Academy)
21	Arianna Mohsenian	G	5-8	So./So.	Yakima, Wash. (East Valley)
22	B.B. Gardner	G	5-4	Sr./Sr.	Zigzag, Ore. (Sandy)
23	Samantha Simmons	F	5-11	So./So.	Middleton, Idaho (Middleton)
30	Keisha Gordon	G	5-10	So./So.	Vancouver, Wash. (Heritage)
31	MJ Samples	G	5-10	Sr./Jr.	Kennewick, Wash. (Kennewick)
40	Carrie Myers	F	5-11	So./So.	Townsend, Mont. (Townsend)

Head Coach: Scott Rueck (Oregon State '91 - 260-85 in 14th year)

Assistant Coach: Megan Dickerson (Montana State-Billings '98 - 4th yr)

TEAM INFO

2008-09 Overall Record: 32-0 (1.000)

2008-09 NWC Record: 16-0 (1.000), 1st

2008-09 Post-Season: 5-0 (NCAA Division III National Champions)

2008-09 Rankings: #1 (D3hoops, WBCA)

Players Back/Lost: 9/5

Starters Back/Lost: 3/2

DO-IT-YOURSELF STATS

[illegible]

2009-10 MEN'S BASKETBALL ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr./El.	Hometown (HS/Previous School)
3	Stephen Wiseley	PG	5-9	170	Jr./Jr.	Kirkland, Wash. (Lake Washington/Bellevue CC)
5	Cam Rier	W	6-4	195	So./So.	Beaverton, Ore. (Beaverton)
20	Dan Lingenfelder	W	6-3	195	Sr./Sr.	Longview, Wash. (Mark Morris)
21	Jon Adrian	W	6-2	165	Fr./Fr.	Wilsonville, Ore. (Wilsonville)
24	Evan Atwater	W	6-3	200	Sr./Sr.	Port Orchard, Wash. (South Kitsap)
25	Cole Whitehurst	W/PG	6-4	185	So./So.	Portland, Ore. (Central Catholic)
30	Grant Vahalla	W	6-4	205	Sr./Sr.	San Diego, Calif. (La Costa Canyon)
31	Alex Stockner	P	6-5	200	Sr./Sr.	Monmouth, Ore. (Central/Linn-Benton/WOU)
33	Travis Toedtemeier	P/W	6-4	205	Sr./Sr.	Beaverton, Ore. (Faith Bible/Cascade C)
34	David Griffiths	W	6-1	165	Sr./Jr.	Arlington, Wash. (Arlington/Everett CC)
40	Rich Smith	P	6-7	250	Jr./Jr.	Bremerton, Wash. (Olympic/Concordia (Ore.))
42	Chris Reimer	W	6-1	180	So./Fr.	Mill Creek, Wash. (Jackson)
44	Matt Zandbergen	P	6-5	220	Fr./Fr.	Spokane, Wash. (Northwest Christian)
55	Ethan Brown	PG	5-11	175	So./So.	Sedro-Woolley, Wash. (Sedro-Woolley)

Head Coach: Mark Sundquist (Seattle Pacific '89 - 90-134 in 10th yr)

Assistant Coach: Brad Crosby (Western Baptist '92 - 7th yr)

TEAM INFO

2008-09 Overall Record: 8-17 (.320)

2008-09 NWC Record: 4-12 (.250), 7th T

2008-09 Post-Season:	none
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Players Back/Lost: 8/6

Starters Back/Lost: 2/3

DO-IT-YOURSELF STATS

[illegible]

2009-10 MEN'S BASKETBALL PLAYERS & COACHES



3 STEPHEN WISELEY
PG 5-9 170 Jr.
Kirkland, Wash.



5 CAM RIER
W 6-4 195 So.
Beaverton, Ore.



20 DAN LINGENFELDER
W 6-3 195 Sr.
Longview, Wash.



21 JON ADRIAN
W 6-2 165 Fr.
Wilsonville, Ore.



24 EVAN ATWATER
W 6-3 200 Sr.
Port Orchard, Wash.



25 COLE WHITEHURST
W/PG 6-4 185 So.
Portland, Ore.



30 GRANT VAHALLA
W 6-4 205 Sr.
San Diego, Calif.



31 ALEX STOCKNER
P 6-5 200 Sr.
Monmouth, Ore.



33 TRAVIS TOEDTEMEIER
P/W 6-4 205 Sr.
Beaverton, Ore.



34 DAVID GRIFFITHS
W 6-1 165 Jr.
Arlington, Wash.



40 RICH SMITH
P 6-7 250 Jr.
Bremerton, Wash.



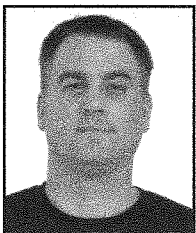
42 CHRIS REIMER
W 6-1 180 Fr.
Mill Creek, Wash.



44 MATT ZANDBERGEN
P 6-5 220 Fr.
Spokane, Wash.



55 ETHAN BROWN
PG 5-11 175 So.
Sedro-Woolley, Wash.



BRAD CROSBY
Assistant Coach
7th yr



MARK SUNDQUIST
Head Coach

Mark Sundquist, the second-longest tenured coach in George Fox men's basketball history, enters his 10th season as the Bruins' head coach after re-establishing the Bruins as one of the most competitive teams in the rugged Northwest Conference.

Sundquist was named to the George Fox post on August 1, 2000, replacing 18-year veteran Mark Vernon, the winningest coach in school history, after a national search that ended ironically in the Bruins' backyard! During the 1999-2000 season, he had served as the boys'

basketball coach at Newberg High School, only eight blocks from George Fox. Prior to that, he had spent two seasons as the boys' basketball coach at Woodburn (Ore.) High School.

After four rebuilding seasons, Sundquist's efforts paid off in 2004-05 as the Bruins posted their best season in 14 years. With an 18-7 record, their first winning season in six years, the Bruins won the most games since the 1991-92 team went 24-11, and posted the best winning percentage (.720) since an .800 mark (24-6) in 1990-91. They were second in the conference at 13-3, their highest finish since joining the NWC in 1995, equaled their record for NWC wins, and had the best winning percentage (.813). George Fox led the league in attendance, averaging 1,145 per home game, and set a single-game crowd record with 2,400 for a Homecoming win over Whitworth on Feb. 5. Sundquist was named NWC Coach of the Year for the Bruins' incredible turnaround.

The success continued in 2005-06 as the Bruins went 16-9 record and finished fourth in the conference at 9-7. Led by Second Team All-West Region guard Aaron Schmick, George Fox ranked third nationally in free throw percentage (.782), 15th in three-point field goal percentage (.407), 37th in scoring (81.1

ppg), and 38th in field goal percentage (.484). They led the NWC in three-point and free throw shooting and blocked shots per game (3.24).

Although their combined record the past three seasons has been only 29-46, the Bruins have remained a team that cannot be counted out of any game. In 2006-07, the Bruins scored a stunning upset of #13 Puget Sound in which the Bruins out-scored the Loggers 34-5 over the last 13 minutes of the game. In 2007-08, the Bruins posted another upset of Puget Sound, then ranked #7, with a one-point win on the road. Last year, the Bruins knocked off three NAIA teams, defeated NWC Tournament-bound Linfield, and ended a 12-game losing streak at Willamette. At 90-134 (.402), Sundquist is the third-winningest coach in Bruin history behind Vernon's 318-218 record (1982-2000) and Lorin Miller's 99-72 (1970-76).

Sundquist grew up in Hillsboro, Oregon, and attended Glencoe High School. He earned four letters from 1984-88 at Seattle Pacific University, , playing shooting guard for three seasons alongside point guard Ritchie McKay, the ex-Oregon State University coach. He led the Falcons in free throw percentage as a junior (.818) and a senior (.817), with his career mark of .819 ranking 7th all-time at SPU. He was team captain and MVP as a senior, averaging 14.1 points a game while shooting a team-best .514 from the field and .482 from three-point range, a school record at the time. In an 83-78 overtime loss at Division I Stanford that season, he scored a career-high 33 points while setting new records, since broken, for three-pointers made (7) and attempted (12) in a game. He was named All-Great Northwest Conference and All-NCAA Division II District VIII as a senior.

Sundquist graduated in 1989 with a bachelor's degree in social sciences/secondary education. During his last year at SPU, he served as assistant women's basketball coach. After three years in the junior high ranks, he spent the 1992-97 seasons as an assistant for the boys' program at Glencoe before taking the Woodburn job.

Sundquist, 44, is married to the former Sara Thompson of Bellevue, Wash., and they have one son, Jake, age 12 1/2, and a daughter, Kaitlyn, age 9. The Sundquists attend Countryside Community Church in Sherwood.

2008-09 MEN'S BASKETBALL HONORS



ALEX STOCKNER

All-Northwest Conference Honorable Mention
14.9 Ppg (NWC 10th)
5.1 Rpg (NWC 10th)
.562 FG% (NWC 4th)



JACK MARTIN

5.20 Apg (NCAA 37th, NWC 2nd)
13.3 Ppg (NWC 14th)
2.68 3-pt FGpg (NWC 3rd)
.383 3-pt FG% (NWC 12th)
1.08 STpg (NWC 14th)



EVAN ATWATER

12.3 Ppg (NWC 20th)
4.2 Rpg (NWC 17th)
1.76 3-pt FGpg (NWC 8th)
.747 FT% (NWC 12th)



TRAVIS TOEDTEMEIR

4.1 Rpg (NWC 19th)



BRYAN O'CONNELL

4.1 Rpg (NWC 20th)



2009-10 GEORGE FOX ATHLETIC TRAINERS. (Front row, L-R) - Kaylin Greene, Jr., Spokane, Wash.; Amber Willingham, So., Grants Pass, Ore.; Katie Anderson, Jr., East Wenatchee, Wash.; Cassie Martin, So, Waldport, Ore.; Chelsea Renner, Sr., Norfolk, Neb.; Chris Brown, Sr., Plains, Mont.; Tristan Squires, Sr., Port Orchard, Wash.; Jessica Pryor, Jr., Beaverton, Ore.; Rachel Loo, Sr., Mililani, Hawai'i; Kayla Corn, Sr., Garden Grove, Calif.; Saiko Mair, MS, ATC, Assistant Athletic Trainer. (Back row, L-R) - Bethany Goldman, MS, ATC Athletic Training Education Program Director; Melissa Kristovich, So., Chewelah, Wash.; Anthony Saviola, So., Dallas, Ore.; Alex Wilkins, So., Warrenton, Ore.; Rebecca Barnick, So., Salem, Ore.; Jeff Hull, So., Gresham, Ore.; Mike Maerzluff, Jr., Hesperia, Calif.; Brian Davis, Jr., Renton, Wash.; John Geise, Jr., Sumner, Wash.; Nick Metz, Sr., Tacoma, Wash.; Carley Johnson, Jr., Gladstone, Ore.; Lyndsay Hovee, Sr., Belfair, Wash.; Dale Isaak, MS, MEd, ATC Head Athletic Trainer. Not pictured: Byron Shenk, EdD, ATC Assistant Athletic Trainer.

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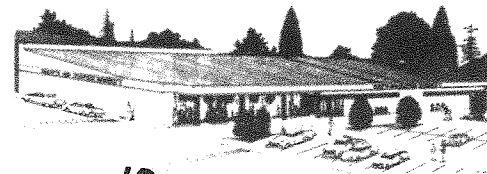
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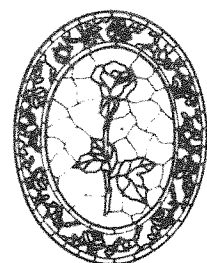


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2009-10 GEORGE FOX CHEER SQUAD. (Back row, L-R) - Mariel Odland, Fr., Seattle, Wash.; Kaa Mona Roland-Browne, Fr., Los Angeles, Calif.; Jessica Schatz, Fr., Eagle, Idaho; Christa Worley, So., Newberg, Ore.; Shané Gill, Fr., Portland, Ore.; Lexie Burke, Fr., Salem, Ore. (Front row, L-R) - Kris Hotchkiss, Fr., Redmond, Ore.; Kate Shepherdson, Jr., Meridian, Idaho (Captain); Victoria Pekkola, Jr., Carlton, Ore.; Emily Johnson, Fr., Medford, Ore.; Shelby Klein, Fr., Seattle, Wash.

The George Fox University Cheer Team is comprised of student volunteers who fundraise for uniforms and training. Please remember them in your contributions to the Bruin Athletic Association. Questions can be addressed to their volunteer advisor, Adina Briggs McConaughy, at amcconau@georgefox.edu.



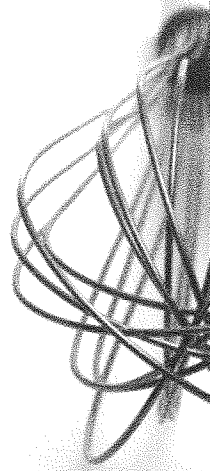
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and spirit*

BON APPETIT
MANAGEMENT COMPANY
And smiles for a seriously good

2009-10 WOMEN'S SCHEDULE

DATE	DAY	OPPONENT	TIME
November			
17	Tue.	at Corban	7:30 p.m.
20	Fri.	CONCORDIA-PORTLAND (dh)	6:00 p.m.
22	Sun.	OREGON TECH	3:00 p.m.
27	Fri.	# vs. Chapman	6:00 p.m.
29	Sun.	at California Lutheran	4:00 p.m.
December			
5	Sat.	LEWIS-CLARK STATE	7:00 p.m.
19	Sat.	+ vs. William Carey	8:00 p.m.
20	Sun.	+ vs. Chaminade	8:00 p.m.
29	Tue.	at Western Oregon	7:00 p.m.
January			
2	Sat.	* PUGET SOUND (dh)	4:00 p.m.
4	Mon.	* PACIFIC (ORE.) (dh)	6:00 p.m.
8	Fri.	* at Whitman (dh)	6:00 p.m.
9	Sat.	* at Whitworth (dh)	6:00 p.m.
15	Fri.	* WILLAMETTE (dh)	8:00 p.m.
16	Sat.	* LINFIELD (dh)	8:00 p.m.
22	Fri.	* at Lewis & Clark (dh)	6:00 p.m.
23	Sat.	* PACIFIC LUTHERAN (dh) - Hall of Fame	6:00 p.m.
26	Tue.	* at Pacific (Ore.) (dh)	6:00 p.m.
29	Fri.	* at Puget Sound (dh)	6:00 p.m.
February			
5	Fri.	* WHITMAN (dh)	6:00 p.m.
6	Sat.	* WHITWORTH (dh) - Homecoming	6:00 p.m.
12	Fri.	* at Willamette (dh)	8:00 p.m.
13	Sat.	* at Linfield (dh)	8:00 p.m.
19	Fri.	* LEWIS & CLARK (dh)	6:00 p.m.
20	Sat.	* at Pacific Lutheran (dh)	6:00 p.m.
25	Thur.	NWC Tournament Semifinals	TBA
27	Sat.	NWC Tournament Finals	TBA
March			
4-6	Thur.-Sat.	NCAA D-III First-Second Rounds	TBA
12-13	Fri.-Sat.	NCAA D-III III Sectionals	TBA
19-20	Fri.-Sat.	NCAA D-III Final Four (at Bloomington, Ill.)	TBA

- at California Lutheran University, Thousand Oaks, Calif.

+ - Hoop N Surf Classic at Kilauea Rec Center, Honolulu, Hawai'i
(games at 6:00 p.m. Hawai'i time)

* - Northwest Conference game

(dh) - doubleheader with GFU men's team

Home games in **BOLD CAPS** at Wheeler Sports Center/Miller Gym

All times Pacific and subject to change

2009-10 MEN'S SCHEDULE

DATE	DAY	OPPONENT	TIME
November			
20	Fri.	CLAREMONT-MUDD-SCRIPPS (dh)	8:00 p.m.
24	Tue.	CORBAN	7:30 p.m.
December			
3	Thur.	# vs. Menlo	5:30 p.m.
4	Fri.	# vs. TBA	TBA
5	Sat.	# vs. TBA	TBA
8	Tue.	at Corban	7:30 p.m.
11	Fri.	at Northwest (Wash.)	7:30 p.m.
28	Mon.	at Augsburg	11:00 a.m.
29	Tue.	at Wisconsin-River Falls	5:00 p.m.
January			
2	Sat.	* PUGET SOUND (dh)	6:00 p.m.
4	Mon.	* PACIFIC (ORE.) (dh)	8:00 p.m.
8	Fri.	* at Whitman (dh)	8:00 p.m.
9	Sat.	* at Whitworth (dh)	8:00 p.m.
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27	Sat.	NWC Tournament Finals	TBA
March			
4-6	Thur.-Sat.	NCAA D-III First-Second Rounds	TBA
12-13	Fri.-Sat.	NCAA D-III Sectionals	TBA
19-20	Fri.-Sat.	NCAA D-III Final Four (at Salem, Va.)	TBA

- 62nd Annual Lee Fulmer Basketball Tournament, Redlands, Calif.

(Redlands, West Coast Baptist, George Fox, Menlo, Chapman,
Willamette, California-Santa Cruz, California Lutheran)

* - Northwest Conference game

(dh) - doubleheader with GFU women's team

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THE FANS' CODE OF CONDUCT

The NCAA, the Northwest Conference, and George Fox University promote good sportsmanship by student-athletes, coaches, and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Please refrain from all use of profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches, or team representatives. Public intoxication, the consumption or possession of alcoholic beverages, and the use of tobacco products in this venue are grounds for removal from the site of competition and possible other disciplinary actions.

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up ..."

--- Ephesians 4:29

